Business Plan & Tinansial Teasibility



PASCAS FOUNDATION (AUST) Ltd AI 11 Crenshaw Court ww Parkwood 4214 Queensland Australia

ABN 23 133 271 593 www.pascashealth.com

Bs +61 7 5594 0479 www.pascasworldcare.com Em: info@financefacilities.com

<u>SCHEDULE</u>	<u>Page</u>
Executive Summaries	5.
Principal Overview	13.
Key Personnel	14.
Corporate Data	16.
Key Financial Data	17.
Colombia	18.
Which pair of Countries are connected by Land but can't be connected by Car?	22.
South America Railway Map	24.
Colombia is (Finally) getting on the Trains Train	28.
Colombia Hydropower	31.
Bogota and about Colombia	36.
Colombian Food	40.
What are some of most Mind-blowing facts about Colombia	46.
What is Colombia known for?	47.
What are the biggest social problems in Colombia	49.
Map of Global Human Genetic Diversity	54.
2.5 million Venezuelan refugees newly in Colombia	58.
The last refuge – Urban displacement in Colombia	66.
Life in an Informal Settlement	70.
UnSettlement: Urban displacement in the 21st century	72.
Everything to know about Poverty in Colombia	79.
Colombia – rising violence in rural areas gravely impacts human rights	81.
Children of Colombia – Realising Children Rights in Colombia	83.
Colombia Indigenous Peoples	92.
National Psyche of Colombia	93.
One Solution and Pathway Home	95.
Purpose of Life	97.
Humanity's Development Worldwide over the past 200 Years – Extreme Poverty	98.
Abortion laws in Colombia are now among the most liberal in the Americas	108.
An Unborn Baby's 1st Heartbeat occurs 16 days after Conception	111.
Miscarriage and Abortion	112.
Parliament of Colombia	116.
Colombia's opportunities for investments in infrastructure	120.
Continued Risk of Rising Violence Targeting Civilians	122.
The Leading Issue is that Children are not Prioritised	125.
Inflation	126.
Meet the Colombian town that just got Electricity	128.
Internet usage in Colombia	130.
How do you feel about this?	136.

Inequality	143.
True Liberation of Women is through the Truth of Their Feelings	146.
Women Lead	148.
Humanity is within a kind of dormancy, or even more like a stupor!	150.
Earth Changes	151.
The Bible, or rather the New Testament	152.
Food Security Colombia	154.
Our Physical Health is Dependant upon Balancing the Return of the Light received from Soul	165.
Root Cause	167.
The Soul Does it All	170.
Problems Caused by Economic Disparity	171.
Pascas Oversight Council	180.
One Overarching Cause – One Pathway Forward	181.
Doctors, Nurses, Teachers Ratios	191.
Colombia by Departments Map of Consciousness (MoC)	192.
Colombia by Cities Map of Consciousness (MoC)	195.
Map of Consciousness sectors explained	197.
Governmental Restraint upon its People	199.
We are Truth Seekers – CS v IQ v MoC	200.
IQ (intelligence quotient) compared by countries	202.
Reality	205.
Personality Traits Map of Consciousness	207.
CS vs IQ vs MoC	208.
A Nation's Persona! National Psychic Barrier	209.
Political Systems in General	211.
Colombia's Exports and Imports	213.
Our Future Colombia – China's Belt and Road Initiative	215.
Multidimensional Poverty in Colombia	219.
Median Income by Country 2022	231.
Social Housing for Domestic, Violence, Homelessness, etc.	233.
Child Abuse	238.
Colombia Population	241.
Languages of Colombia	242.
Education Inequality and Ineffectualness	243.
PISA 2018 Worldwide Ranking	244.
Colombia's education reform reinforces school standards and participation rates	245.
The Orphan and the Poor	256.
SOS Children's Village Cartagena	259.
40% of Young People in Colombia have Experienced Abuse	264.
Literacy, the Pathway to Sustainable Peace in Colombia COMMERCIAL IN CONFIDENCE	266.

Colombia – Education at a Glance 2021	268.
Migration of Nurses: A Latin American Perspective	274.
How many teachers are needed?	281.
How many nurses are needed?	283.
How many doctors are needed?	285.
The whole human race is suffering from repressed childhood and mind control	290.
Pascas Foundation may consider	303.
Village Raising of a Child vs Corporate Child Care	304.
It Takes a Village to Raise a Child: How to Rebuild the Village!	306.
Pascas Counsellor Carers	313.
The Key Questions answered	316.
This is a time of Great Revelation and Change for Humanity	317.
The Root Cause!	319.
Salary – Wages Package	324.
Sustainable Development Goals (SDG)	327.
Layers upon Layers	333.
Glass Ceiling Barrier Removal	334.
Law of Cooperation – Law of Compensation – Law of Forgiveness	338.
Pascas Foundation (Colombia) Inc Ethos	347.
Market Opportunity The Itch	351.
Chaldi College on Education	356.
Suggested Reading	360.
Why be Mind-Centric rather than Feelings First with Mind Supporting?	364.
Pascas University and Elements of the Pascas Agenda	379.
Pascas Health Sanctuary	392.
Pascas Health Sanctuary – Medical Advisory Committee	397.
Disability accommodating Medical Centre	400.
Pascas Foundation TEAMS and Business Case	406
And now The Scratch	419.
Colombia Salary	426.
Foundation's Program	432.
Value adding Natural Resources	445.
Cooperative Enterprises	455.
Poverty Mitigation in China	458.
The Healing Power of "Bello" – Beautiful	474.
Disclaimer – Confidentiality	488.
Executive Team curriculum vitae	489.





EXECUTIVE SUMMARY

THE PRODUCT:

Approximately 1.6 million Colombians who, during the pandemic, were knocked out of the middle class and back into poverty.

The unequal distribution of the country's wealth and welfare resources affects Colombian people and is a cause of poverty. The country's income concentration is very high compared to the international averages. The per capita income of the richest ten percent is 46 times greater than those of the poorest ten percent.

Colombia poverty rate for 2020 was **38.30%**, an **8.9% increase** from 2019. Poverty headcount ratio at US\$5.50 a day is the percentage of the population living on less than US\$5.50 a day at 2011 international prices.

The economy saw a recovery in 2021, and the national poverty rate dropped to 39.3%. The decline was led by urban areas, with poverty increasing in rural areas (from 42.9% in 2020 to 44.6% in 2021).

The education system is reporting classrooms across the nation with 40 or more students. Class size is **40 to 50 students**. Unlike students in most countries, Colombian students cannot choose their courses. The school day is 7 to 8 hours. Teachers are generally inadequately trained and supported. Consequently, higher education is not being provided with capable students coming through from high school, this is reflected in the quality of students graduating into all fields of industry and commerce.

Then you have the inadequacies throughout all industries not being able to obtain the capable staff required to grow commence and mitigate the requirements in all areas of commerce and deliver the solutions needed by every sector of Colombian society.

The evolutionary growth of the people of Colombia is hampered by an administration without perception and intuitive initiative. The people of Colombia are very tolerant. Both at the individual and community level, strong emphasis is placed on social acceptance and maintaining social harmony, yet there are large pockets of aggressive discontent. As such, social approval and caring about what others will think, say, or do strongly influence social behaviour. Thus, the people subject themselves to mediocrity whereas a great deal could unfold with freedom of expression and support.

CHILD SEXUAL ABUSE and CHILD ABUSE

https://childrenchangecolombia.org/child-sexual-exploitation-colombia/

About 200,000 children are sexually abused every year in the Colombia.

- 200,000 children in Colombia are sexually abused each year.
- Over 35,000 children are involved in commercial sexual exploitation (CSEC) in Colombia annually.
- More than 13,000 people reported incidents of sexual violence between January and August of 2021.

https://www.telesurenglish.net/news/40-of-Young-People-in-Colombia-Have-Experienced-Abuse-Report-20190723-0005.html The figures on sexual violence were also very high, 15% of girls and 7% of boys reported being a victim of sexual violence, with 72% of sexual abuse incidents happening at home. An alarming figure in the report, that reveals the severity of these statistics, is that every 20 minutes a child in Colombia suffers sexual abuse.

SPAIN colonised the COLOMBIA and sold PANAMA to the United States America

Colombia was 'discovered' by Spain in 1400. It was not until **1525**, however, that the Spanish began a process of colonization of Colombia, leading to it becoming an integrated colony of the Spanish empire.

The **separation of Panama from Colombia** was formalised on 3 November 1903, with the establishment of the Republic of Panama. When the United States sought to take over the canal project, the

government of Colombia proved difficult to work with, and with the cooperation of French financier Philippe-Jean Bunau-Varilla, Panama simultaneously declared independence from Colombia and negotiated a treaty granting the U.S. the right to construct the Panama Canal. In exchange, Panama received US\$10 million and an annuity of US\$250,000 beginning nine years later.

The Treaty of Paris ending the Spanish-American War was signed on December 10, 1898. In it, Spain renounced all claim to **Cuba**, ceded **Guam and Puerto Rico** to the United States and transferred sovereignty over the **Philippines** to the United States for US\$20 million.

STREET KIDS

Almost a quarter of Colombia's 12 million children between the ages of 5 and 17 do not attend school due to poverty, displacement and violence. A Universidad Externado de Colombia study from 2007 said 35.4% of all children in Colombia did not live with their parents. It is estimated that about 60,000 children live on Colombia's streets – 37% of them in Bogota.

EDUCATION

Tertiary education has been expanding in the last decades, and, in 2020, 25-34 year-old women were more likely than men to achieve tertiary education in all OECD countries. In Colombia, 34% of 25-34 year-old women had a tertiary qualification in 2020 compared to 26% of their male peers, while on average across OECD countries the shares were 52% among young women and 39% among young men.

Across most OECD countries, socio-economic status influences learning outcomes more than gender and immigrant status. In Colombia, the proportion of children from the bottom quartile of the PISA index of economic, social and cultural status (ESCS) achieving at least PISA level 2 in reading in 2018 was 56% lower than that of children from the top ESCS quartile, a larger share than the OECD average of 29%.

Annual expenditure per student on educational institutions provides an indication of the investment countries make on each student. After accounting for public-to-private transfers, public expenditure on primary to tertiary educational institutions per full-time student in Colombia was USD 2,425 in 2018 (in equivalent USD converted using PPPs for GDP) compared to USD 10,000 on average across OECD countries.

Open and free education from primary schooling, through high schooling, technical and further education (colleges) and then university can be the only driver of any society's progress and development – particularly for the Colombians. But what there is throughout Colombia, it is presently mind-centric whereas feeling orientation opens the potential for a more efficient and enduring level of development in growth and truth for all engaged – teachers and students.

Open implies that it is free from the restraints and dictates of government, that includes liberal and democratic governments as well as authoritarian and oppressive governments. All governments are agents of control. Open also implies free from being dominated by any specific ideology. And free implies that the education service is provided free of cost to the students at all levels. Truth is to prevail.

What has never been understood is that ALL education platforms worldwide are constricting their students' development and potential. No one had recognised that being mind-centric, the potential of every student to develop is capped at 499 on Dr David Hawkins' Map of Consciousness (MoC). High level controllers, 200,000 years ago, influenced the people of Earth to live mind centric and since then we have all suffered the consequences of that restraint. Our minds cannot discern truth from falsehood, our minds are addicted to untruth, consequently 98% of our assumptions are in error, also, our minds are addicted to control of the environment and of others. Consequently, more than 92% of the time we are at war!

FOOD SECURITY

Agriculture makes up 6.9% of Colombia's GDP while offering employment to 15.8% of the population. Less than 30% of its arable land, however, is currently being used. Government initiatives to solve this issues include building road, irrigation systems, seed distribution networks for previously underutilised regions and implementing nutrition security programs and agricultural subsidies.

ELECTRICITY POWER COVERAGE

Access to electricity (% of population) in Colombia was reported at 100 % in 2020.

WATER and SANITATION

Colombia is a country with vast water resources. It's one of the nine water-rich territories in the world, yet one-third of its urban population lives under water stress. During the last two decades, due to climate change and population growth, water availability has been declining. From extreme droughts to severe flooding, Colombia is already experiencing symptoms of water insecurity across the country that reflect its problems of "too much, too little, and too dirty" water.

Between 1990 and 2010, access to **improved sanitation increased from 67% to 82**%, but access to improved water sources increased only slightly from 89% to 94%.

FEELINGS are our Supreme Guide!

"Feelings are what guide us through our ascension of truth. So they are really our Supreme Guides. Many people look for a person, spirit, angel, even God, for supreme guidance, however it's all right there already built in — in our feelings. We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it's there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel — or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feelings is really: Longing for the truth of our self, because: we are our feelings. So life stirs up our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings."

Kevin 26 Sep 2017

Kevin died 10 August 2012, through Feeling Healing became Celestial on 7 August 2017

We are now to bring our feelings into balance with our minds following in how we are to live. Otherwise we will all continue living in a stupor, in a kind of zombiism that has no spontaneity and intuitiveness; this will only lead to continuing disease and illness and wars that will eventually destroy the planet and us all – however we now can consider the pathway of living through our feelings!

Our feelings are always in truth, all the truth we need and may want to know is already within us. We are to long for the truth behind what our feelings are drawing our attention to. We are then to have our mind follow in assisting us in implementing what our feelings are guiding us to consider and embrace. We are to be continually expressing what our feelings bring to our attention – both good and bad.

This sounds easy. It is not. Others have touched upon these points but until now -2022 – no one had gone deep enough and achieved the healing and growth that comes through living feelings first. Now it has been achieved and can be shared with all of Earth's humanity, both in the physical as well as in spirit.

THE COMPANY:

Pascas Foundation (Colombia) Inc is a not-for-profit, charity, to be incorporated within the Colombia. Typically, charitable organisation, naturally, are exempt from taxation by VAT, sales tax, income and corporate tax. All funds received by a charitable organisation that is to be used for charity purposes are exempt from taxation. But the entity needs to obtain a not-for-profit status with the taxing authority. Ministry of taxation or justice are the main registration authorities for charitable organisation constitutions.

Pascas Foundation is not a religion. You cannot join it per-se, it does not have any hierarchy of control, it does not have any rituals, dogmas, creeds, cannon laws, sacraments, special clothing and hair styles, and it does not have a special book. Embracing and living through our feelings can be considered and done within the confines of anyone's religious or spiritual practices. It is a way of living.

Pascas Foundation (Colombia) Inc is being established as a humanitarian entity for all of the people of the Colombia and it will be managed by the people of Colombia.

MARKETS & COMPETITION:

COLOMBIA Doctors Nurses Teachers Ratios

DOCTORS		NURSES & MIDWIVES		TEACHER / STUDENT			
	per 1,000 people		per 1,000 people		ratio		
Colombia	2018	3.8	2018	1.3	2018	23	
Brazil	2019	2.3	2019	7.4	2017	20	
Panama	2019	1.6	2019	3.2	2017	22	
Peru	2018	0.8	2018	3.0	2018	17	
Australia	2018	3.8	2019	13.2	1999	18	
United States America	2018	2.6	2018	15.7	2017	14	
Spain	2018	4.0	2018	6.1	2017	13	
-		Austria	Sw	itzerland		San Marino	
Strongest Worldwide	2020	5.4	2019	18.0	2018	7	
https://data.worldbank.org/	Africa 27		ldbank.org/ Africa 27 Africa 3		Africa 30		Africa 21
Weakest Worldwide	na	tions 0.1	na	tions 1.0		nations 40+	
0 1 1 1 1 1	1 .	1 6	1 000	•			

Colombia appears to have an adequate number of doctors per 1,000 people.

Colombia needs to double their number of nurses per 1,000 people – and double again and plus some.

Colombia needs to double the ratio of teachers per students.

This is a time of great change. The introduction to consider the option of Living Feelings First is unique throughout the world. Further, to move away from the lecture coming from the front of the room to students tutoring each other, both of these greatly advance learning potential.

The education facilities throughout Colombia are universally inadequate with students performing at the bottom of the scale on the world stage. This is creating shortages in all critical sectors of the economy, possibly nowhere as acute as throughout their own advanced education sectors and also health services.

However, the mode of education is presently focused upon lecture and rote learning – this generates unresponsiveness and stagnation, with no spontaneity and intuitiveness being demonstrated by students throughout their lives. The current format of teaching is retarding development of students and nation.

MAJOR FOCUS for the COLOMBIA

For the individual:

40% of the population live on incomes below the level of poverty line. Social housing is not available for many, if not most. Food security is critical in many provinces / departments. Free and open education for all needs to be enhanced. Medical clinics within reasonable access are limited. Family planning needs to be a focus for the medical centres. Hospitals being equipped with diagnostic services and operating facilities comparable to institutions worldwide needs to be available for impoverished.

And these need to be addressed for the nation:

The errors of the past are still all firmly in place with the same management and systems of old.

This appears intractable, errors of the past are going to repeat, so a bold stance needs to be considered.

An oversight council of twelve people (if not more) is to oversee the implementation of solutions and changes required throughout the nation and society. The council will at all times consist of at least 50% women. The oversight council members is to be of Colombian nationals and they are not to have any political allegiances, nor are they to demonstrate any religious bias. Every person living in Colombia need to be treated equal. Yes, those in greatest need will be the first to be assisted with the objective that the overall agenda will lead to is equal and fair treatment for all. Boundaries and barriers are to be torn down. The prejudices of all will be exposed for what they are – immoral and grossly unloving.

WHAT IS SPECIAL ABOUT THIS BUSINESS? Define Your CONSUMER MONOPOLY:

Presently, only Pascas Foundation has acknowledged, embraced and documented the revelations that humanity has been provided with commencing on 31 May 1914 and continuing today. Pascas Foundation openly and freely is sharing 100% of the guidance and information that has been and continues to be collated. It dearly loves to see others freely plagiarise all that is readily downloadable from the Library Download page at www.pascashealth.com

Through the gift of kinesiology muscle testing, we each may proceed to test for the level of truth of each and every statement, paragraph, page and document within the library. Thus, we do not have to wait for our minds to confuse us. Even this business plan and its executive summaries can be separately calibrated for their levels of truth by reference to the Map of Consciousness (Moc) through kinesiology muscle testing.

The most effective mode of teaching is through students tutoring each other. They enhance this further through embracing their feelings and responding intuitively in discussions. This requires ample meeting-up gathering points, typically for up to twelve students to be available throughout education centres. This is a facility that is presently not often provided for within the education centres. Also, to commence this mode of education, teachers commence their introductions of topics with around a dozen students, thus requiring even more teachers than may be envisaged. To bring this all about requires universities to embrace these understandings and lead the way. It is a major evolutionary jump in education and the potentials for all of the participants and families involved are great.

These revelations, all relating to The New Way of living and learning apply to all sectors of society, commerce, business and life experience. This is not just a focused endeavour on education and health, this is universal for all of humanity in its many facets of life. This is a time of an evolutionary jump.

Pascas Foundation is to build and deliver free education from pre-school to post-graduate university levels. This is part of a world-wide program embracing each and every nation in similar manner!

FINANCIAL REQUIREMENTS:

Funding required in the form of grants to commence this national endeavour over five years is US\$16,141 million. It is anticipated that these funds will be used for land and buildings (US\$12,245 million), plant and equipment (US\$117 million), scholarships granted (US\$91 million), and operating costs with working capital (US\$3,688 million).

PROFITABILITY:

As this is a humanitarian endeavour for the people of Colombia, deficit funding may continue out to a decade before the national accounts start to reflect the economic generators from the installed infrastructure, trained personnel and those having been educated. Thus, then progressively the ongoing recurrent costs may be supplemented by the national government and eventually responsibility for recurrent costs are then to transfer to the nation of Colombia.

CONTACT INFORMATION:

Contact Person:

Bs: +

Em:

Bs: +

Em:

Company Name: Pascas Foundation (Colombia) Inc and

Pascas Foundation (Aust) Limited Gold Coast, Queensland, Australia

EXECUTIVE SUMMARY – BRIEF

Pascas Foundation (Colombia) Inc is to support the evolution of education and health facilities as well as humanitarian agencies throughout all 32 departments / provinces of the Colombia, thus advancing the standard of education throughout all levels, pre-schooling, primary schooling, high schooling, technical and higher education colleges and within the university system, with some to have additional new or renewed campuses.

All of this whilst bringing about the awareness of living feelings first as against living mind centric. This option greatly expands the potentials of everyone who embraces their feelings having their mind to follow while also longing to know the truth of what our feelings are drawing our attention to.

This change in the way we may live will enable the people of Colombia to greatly up step their consciousness which will progressively mitigate harmful activity against others and see an overall improvement in the general health of children and adults alike, thus alleviating pressures and demands on governmental services.

Pascas Foundation (Colombia) Inc is a not-for-profit, all of these developments are for all the people of the Colombia. Living feelings first is The New Way of life, it is not a religion nor is it intended to replace or obstruct any religious or spiritual practice. We have had our awareness of feelings suppressed by hidden controllers who have consequently suppressed our potentials. This is about to change for all of humanity.

These programs will require ongoing grants to cover recurrent costs and additional projects until the government (local / state / federal) of Colombia benefits sufficiently to take over responsibility.

Conservative grant requirement projections are:

 Year 2023
 Year 2024
 Year 2025
 Year 2026
 Year 2027

 US\$1,230 million
 US\$1,847 million
 US\$3,147 million
 US\$4,287 million
 US\$5,640 million

CONTACT INFORMATION:

Contact Person:

Bs: +
Em:

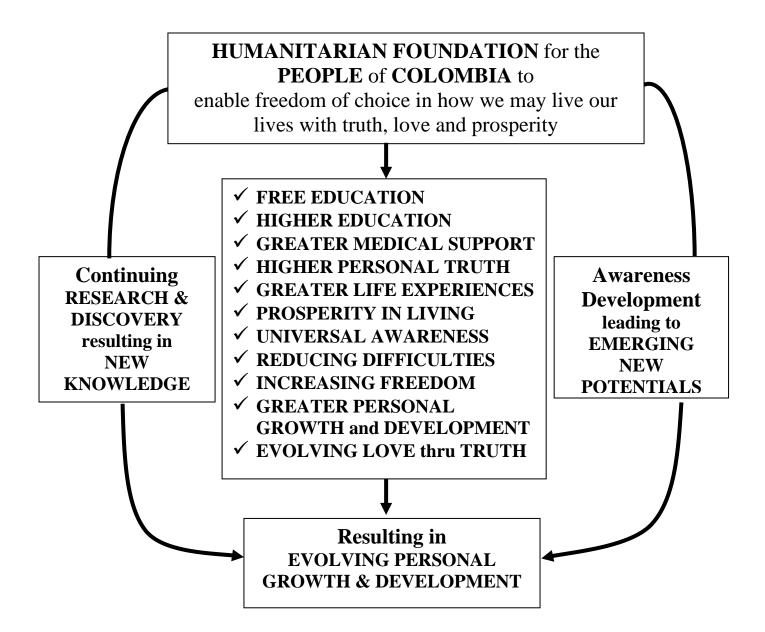
Bs: + Em:

Company Name: Pascas Foundation (Colombia) Inc and

Pascas Foundation (Aust) Limited Gold Coast, Queensland, Australia

PERSONAL BENEFITS for all Children, Women and Men from REVELATIONS

Аp	plication: "LIVING FEELINGS FIRST – FEELING HEALING" for Children:
	Parents who engage in their personal Feeling Healing pass benefits to their children.
	Children by becoming aware of their Feelings enables them to bring their mind and feelings into balance in how they may live – this has been hidden from humanity until now, 2022.
	Children through their feelings awareness can readily bridge the mind ceiling of 499 on the Map of Consciousness thus opening their potential to infinity – this is just incredible.
	Children, through kinesiology muscle testing can confirm what is in truth and what is not.
	Children are not to engage in their personal Feeling Healing until they are adults – maturity is to
	be reached first.
Ap	plication: "LIVING FEELINGS FIRST – FEELING HEALING" for Women:
	It is through women engaging in Feeling Healing that true women's liberation will unfold.
	Women are closer to their feelings then men generally – women will lead the way.
	Feeling Healing is a long difficult process for everyone. There is no rush $-$ we are to take our time.
	Our childhood suppression comes clearly into sight – thus family relationships may disrupt until the process of healing our suppression and ongoing repression is completed.
	Feeling Healing is a process we will all undergo – be it in the physical or in spirit, or partly in the physical completing when we are in spirit. We can stop and restart later.
Ap	plication: "LIVING FEELINGS FIRST – FEELING HEALING" for Men:
	Men may find Feeling Healing more difficult and different to how women engage with it.
	Childhood suppression is compounded by our ongoing repression of our feelings thus creating many layers to find the truth of. We need to always long to understand the truth behind our feelings, both good and bad.
	We are to express our feelings to a companion – women are generally more open to assisting than are men as well as more sensitive and supportive. Our Heavenly Parents will always assist.
	Men being more mind-centric naturally than women may find the Feeling Healing process more difficult.
Ap	plication: "LIVING FEELINGS FIRST – FEELING HEALING" throughout society:
	As people grow in numbers progressing through their personal Feeling Healing, the demands on
	the policing forces, the legal system, courts, prisons and social security systems will abate.
	All our discomforts, illness and diseases are of the consequence of emotional injuries and errors
	of belief that we each absorb commencing from the moment of conception. Once we complete our Feeling Healing we are free of such discomforts, illnesses and diseases – we no longer need to experience them!



- \Rightarrow This awareness is where others are not.
- \Rightarrow These are new revelations of truth.
- ⇒ Bringing huge advances to everyone.
- \Rightarrow This heralds a new age of peace.

PRINCIPAL: PASCAS FOUNDATION (Colombia) Inc Bs +61 7 5594 0479

To be determined Em: info@financefacilities.com

Co-Chairman of

Directors: Bs Directors Bs

Colombian national Bs
Colombian national Bs

Helen ADAM Bs +61 451 656 343 Ian Thomas DOWLING Bs +61 448 872 849

Project: PASCAS FOUNDATION (Colombia) Inc

Project

Location: Colombia's central administration may be located in Medellin.

Funding: Grants projected required per quarter USD 310,000,000pq

Grants projected required first year USD 1,230,000,000pa

then progressively increasing

Term: Grant drawdowns could be said to be US\$310,000,000 per quarter in advance,

Project: Essentially it is to refocus education, nursing and doctoring while lifting the standards and potentiality of all professions and their personnel engaged in the 32 departments plus the national capital of Colombia. While doing this, further education facilities and universities are to be strategically located to enable the availability of required professionals throughout the Colombia through free education enabling passions and professions to be embraced by all.

Objective: To significantly raise the overall level of consciousness throughout the population is achievable through bringing about the awareness of Living Feelings First in contrast to being mind-centric which is how we have all been taught to live. Embracing our feelings whilst also longing to know the truth behind what our feelings are drawing to our attention opens the pathway for each of us that has infinite possibilities and potential. This can be introduced through the education systems at an early age.

Profitability: Presently, the core governmental services of policing, courts, health, education and all arms of social services and health services are overwhelmed and grossly inadequate. Through the population progressively embracing living through their feelings and longing for the truth that their feelings draw to their attention, we will slowly but steadily observe the demands on all levels of governmental services beginning to abate, little by little.

As living Feelings First begins to be more and more widely spread, the attractiveness of the people of Colombia will blossom thus bringing about an even greater tourism destination with all the social and commercial benefits that come through such a thriving industry.

Any return on funds invested (ROI) is to be based on measureable qualitative results from students and teachers, development of jobs, quality of life, standard of living, enhancing lives, and presenting Ciolombia to the world in a positive light – the nation and its people are to bloom!

KEY PERSONNEL:

Board of Directors: DOB

Position: Director Co-Chairperson

Duties: Financial administration and executive oversight

Basically, draw the people, skills and resources to resolve specific humanitarian

projects throughout Colombia and elsewhere.

DOB

Position: Director Co-Chairperson

Duties: Administration and executive oversight

Humanitarian initiatives identified and resolved through networking both on the

technical as well as delivery. Team constructor and leader.

Colombian national DOB

Position: Director

Duties: Wide ranging administration and communications throughout the undertakings of the

Foundation's endeavours.

Colombian national DOB

Position: Director

Duties: Wide ranging administration and communications throughout the undertakings of the

Foundation's endeavours.

Helen ADAM DOB 14 September 1970

Position: Director

Duties: Human relations and general oversight.

Ian Thomas DOWLING DOB 23 July 1986

Position: Director

Duties: Project development and finalisation. General administration and oversight.

Oversight of projects.

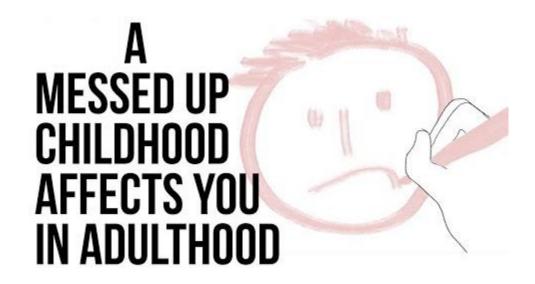
Non-executive **John Edward DOEL** DOB 16 January 1947

Position: Representing Pascas Foundation (Aust) Limited

Conducted substantial public accounting practice, developed and operated two private hospitals in New South Wales. Undertaken extensive industry research and

business practice developments. Financial controller and project analysis.

Technical staff are sourced from universities, however, mostly from personal association.



Lack of Love from Parents!

Parents abandon their Children emotionally!
Our Parenting of our Children is oh so unloving!
The evilest thing we do is to have Children!

Children only need their parents' love!

CORPORATE DATA: Pascas Foundation (Colombia) Inc

As a not-for-profit foundation, no equity ownership is vested in any individual, the entity is owned by the people of the Colombia, all the people!

Solicitors: Lawyers in **Medellin** are to be engaged

Colombia Em:

Bs: +

Australia Dennis STANDFIELD Em: dstandfield@gsslaw.com

Gall Standfield & Smith Bs: 61 7 5532 5944 91 Scarborough Street Fx: 61 7 5532 1025

Southport 4215, Queensland, Australia

Accountants: Accountants in **Medellin** are to be engaged

also Auditors Em: Colombia Bs: +

Accountants: Richard ALLEN Em: richard@AWauditors.com.au

also Auditors Allen & Wolfe Auditors Bs: 61 7 5503 1709

Australia Unit 4 / 27-29 Crombie Ave,

Bundall 4217, Queensland, Australia

Bank:

Bs

Registered Office: care of the accountant or lawyer in Medellin

Physical office:

KEY FINANCIAL DATA:

The table sets out the Foundation's projections for the first five years of operations:

FINANCIALS USD \$	Year 1	Year 2	Year 3	Year 4	Year 5
GRANT FUNDS	1,230,000,000	1,837,400,000	3,147,100,000	4,286,900,000	5,640,300,000
LAND & BUILDINGS	1.005,300,000	1,456,900,000	2,402,800,000	3,217,100,000	4,167,100,000
SCHOLARSHIPS granted abroad	6,700	13,400	20,100	24,400	26,300
DEPRECIATION	20,000,000	39,500,000	68,250,000	76,944,000	83,640,000
OPERATING Deficit	-65,300,000	-94,660,000	-133,600,000	-151,500,000	-167,450,000
NET CASH GENERATED	-45,445,000	-55,550,000	-68,554,000	-89,900,000	-84,096,000

To liberate one's real self, one's will, being one's soul, is begun by embracing Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.



Our longing drives our life. We long with feelings. We can wish for things using our mind, yet long for things with our heart. These things in the pyramid are what to long for. Longing for them, when the longing comes naturally. Longing because you feel you really want them. Long to be true with all your heart. Long to live true to your feelings. Long to understand the whole truth of yourself.

COLOMBIA

https://projectworldimpact.com/country/colombia

Colombia has been independent and democratic longer than most South American countries. Colombia was plagued with internal violence for 50 years from the guerrilla group FARC (Revolutionary Armed Forces of Colombia) and the illegal drug trade, but a peace agreement was reached in 2016. Despite these challenges, the government has been able to remain stable and democratic to provide citizens with services. There are other challenging issues, however, because of large wealth discrepancies and high levels of poverty.

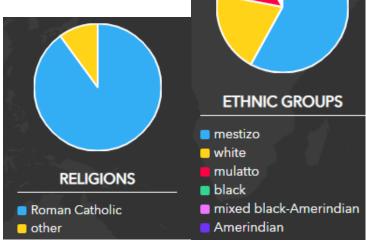
Colombia has one of the world's largest income inequalities, with over one-third of the population living below the poverty line. In rural areas, the prevalence of poverty is even higher. Extreme poverty makes people particularly vulnerable to Colombia's common natural disasters. However, with decreased violence and the government regaining control of the country, poverty has been slowly decreasing while the middle class is growing.

Animals

With coasts on both the Caribbean Sea and the Pacific Ocean, the Andes mountains, and low lying rainforests, Colombia boasts a plethora of diverse wildlife. In particular, animal life is extremely rich and diverse on the Pacific Coast and in the Amazon region, and many Western zoos capture animals like anteaters, monkeys, and sloths from these forested areas. Some of the challenges the animal population faces are growing urbanization, increased tourism, and resource extraction.

Religion

Catholicism was the official state until the 1990s, and over 90% of Colombians still identify as Catholic or Protestant. The bulk of the remaining population practice other forms of Christianity, and there are small minority groups following Islam, Judaism, and traditional indigenous religions. Now, freedom of religion is guaranteed, but religious institutions must register with the government. There are very few instances of religious discrimination reported. However, some



NATIONALITY

Colombian

guerrilla groups have attacked religious leaders in order to promote their agenda.

Human Rights

Guerrilla groups have kidnapped over 30,000 people and are known to use violence and torture to intimidate civilians. Both guerrillas and security forces have set up numerous land mines that detonate on civilians. An official peace agreement, signed in 2016, officially ended the fifty year conflict, but there are still minor skirmishes and worries about its effectiveness to protect human rights. Racial conflict and inequality are prevalent, with indigenous groups more often living in poverty than Colombians of European ancestry. The indigenous people also experience a disproportionate amount of violence and social discrimination. In addition, because of past violence, Colombia has one of the highest numbers of displaced person in the world. The government has not worked to implement strategies to return people to their homes efficiently.

Clean Water

Colombia's water system does not provide adequate access to all its citizens, and those in poor areas are most vulnerable to water issues, with 27% of the rural population without access to clean water and 35% without access to improved sanitation infrastructure. Watersheds have not been managed well in the past to productively utilise the freshwater supply, resulting in a shortage of clean water available to all. Water pollution also seriously compromises the quality of available drinking water.

Family

There is a large amount of internally displaced persons in Colombia due to conflict between the government and guerrilla groups. This conflict and drug cartels luring young people into their work, have both torn apart families. Culturally, the extended family is a powerful presence, providing social and financial support to one another, and often living in the same household or neighbourhood. Approximately 37% of the country's women have reported instances of domestic abuse. Following over 50 years of armed conflict, which continues in some regions, Colombia has the largest number of displaced people in the world, an alarming 7.3 million. The number of families and children in Colombia in need has only grown since August 2017 when violence and a severe lack of food and medicine forced millions of neighbouring Venezuelan families to cross the border into Colombia. All of these children need our help to survive.

- 16% of the population has been forcibly displaced due to conflict
- 13% of children suffer from stunting due to malnutrition
- 21 children in every 1,000 are murdered
- 27% of people live in poverty

Education

Colombia's illiteracy rate nears 20% in certain rural regions, but the national literacy rate is still high at 95%. Public school is free and compulsory, but many students attend private schools to get internationally competitive educations. Gender inequality reduces the likelihood of girls' ability to pursue further education or employment, and Colombia's institutes of higher education have extremely high dropout rates of over 45%.

Economy

Columbia has the third largest economy in Central and South America. There is a significant amount of natural resources available for extraction and subsistence farming is still common, with the agricultural sector employing 17% of the labour force. Other large contributors to the GDP are the energy and mining industries. Still, the economy remains hampered by inefficient management policies which leaves unemployment near 10%.

Government

Colombia has been independent from Spain since 1819 and is a presidential democratic republic. There has been a low intensity internal conflict inflicting the country since the 1960s, and the main guerrilla group is called the FARC. These guerrillas are linked to the illegal drug trade and destabilise political and civil liberties. There have been many accusations of political corruption and leaders colluding with the guerrillas. Even without these insurgent groups, the government has immense corruption levels. Most corruption occurs in mid-level governmental officials in the form of bribes or graft.

Health

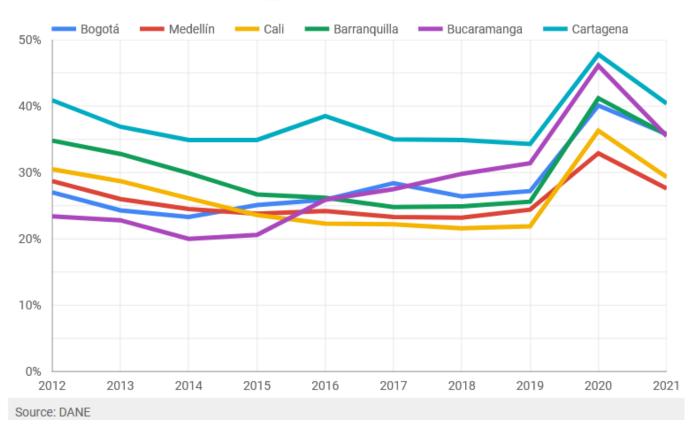
The life expectancy in Colombia is 78 years. While there have been improvements in the healthcare industry, there are huge differences in quality of care between social classes. Colombia has one of the highest levels of wealth inequality in the world, and for those at the bottom, health care is still inaccessible. Maternal and infant health is significantly worse than in similarly developed countries, and the infant mortality rate is 18 deaths per 1,000 live births.

Children

Child exploitation and labour are a serious problem in Colombia with 13% of children involved in child labour. In addition to this, nearly 35,000 young women and girls are trafficked into slavery each year. Child marriage is a problem, and 6% of girls are married by age 15 and 23% by age 18.

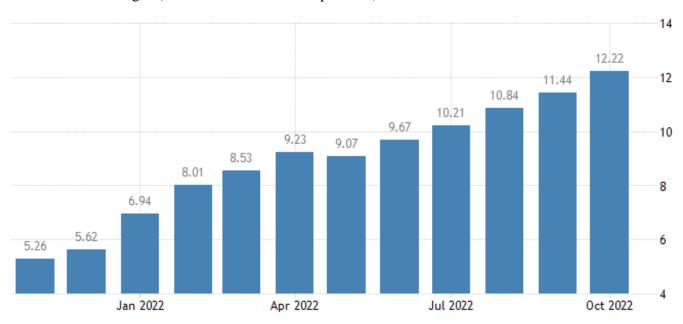


Poverty rates in Colombia's biggest cities



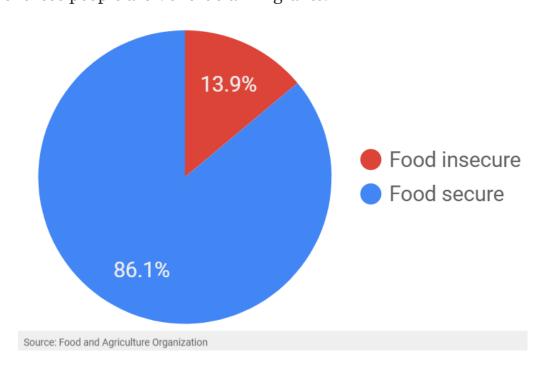
Inflation - Colombia

The annual inflation rate in Colombia accelerated for the fifth straight month to 12.22% in October 2022, from 11.44% in the prior month, slightly above market expectations of 12.17%. It was the highest rate since March of 1999, amid a generalized increase in prices of goods and services, primarily food and non-alcoholic & beverages (27.02% vs 26.62% in September).



Food and Agriculture Organisation

The FAO estimated that 7.3 million people in Colombia are food insecure. More than 1 million of these people are Venezuelan migrants.



Which pairs of countries are connected by land but can't be connected by car? https://www.quora.com/

Panama and Colombia share a land border, but no continuous road connecting these two countries exist. The Darien Gap is basically a dead zone of dense rainforest, wetlands and some mountains. They have been trying to build a road to connect not just the two countries, but it would also make it possible to drive from North to South America and vice versa. Why they haven't built it is from a combination of being very expensive, huge environmental concerns and just difficult terrain. It is now 2022 and there are still no plans in the foreseeable future to build a road so it won't be happening anytime soon.



Program: Dual highway, two lanes each way, with dual railway through Darien Gap (more than 100 kilometres) then creation of railway system all the way to southern Argentina. Ultimate outcome is roadway and railway from southern Argentina through Alaska to London!

Colombia: Overview of risks from November 2021 to April 2022

https://reliefweb.int/report/colombia/colombia-overview-risks-november-2021-april-2022

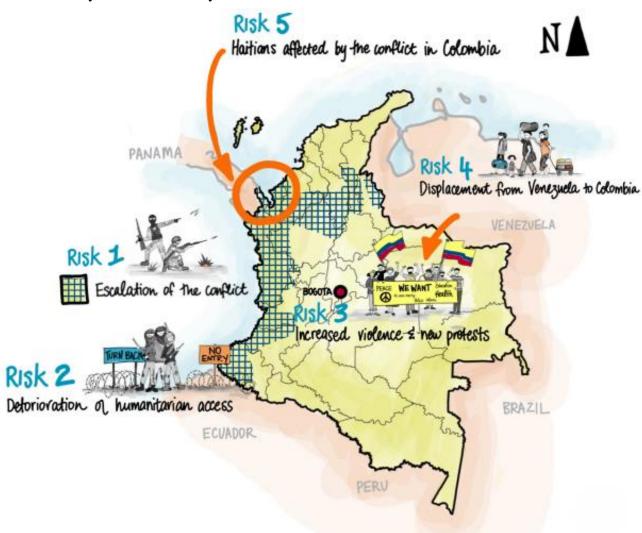
The report seeks to inform humanitarian decision makers and facilitate response planning. The following risks have been identified:

- 1. Significant changes in territorial control trigger conflict escalation and lead to an increase in humanitarian needs.
- 2. Escalating conflict leads to a significant deterioration of humanitarian access to affected populations.
- 3. During the six months leading up to the 2022 elections, violence against political and social leaders increases and new protests emerge, with humanitarian consequences.
- 4. The strengthening of armed groups in Venezuela and the increase of armed confrontations in the border corridors between Colombia and Venezuela result in displacements towards Colombia.
- 5. Political instability, insecurity, and humanitarian needs in Haiti lead to more Haitian migrants and refugees arriving in Colombia, where they are affected by the conflict.

Caught in Shooting in Haiti's Biggest Slum (terrifying)

https://www.youtube.com/watch?v=HzBKaiSFCZc

This documentary demonstrates why Haitians are also in Colombia.



[HYPOTHETICAL] South America Railway Map



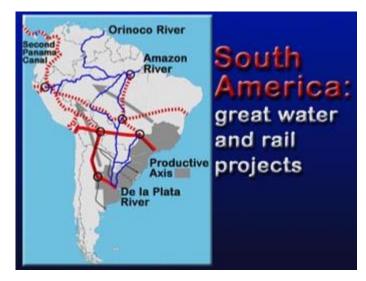
South and Central America Projects: Powerhouse for Development

https://archive.schillerinstitute.com/economy/maps/maps2.html



Build the Great Projects of South America

https://archive.schillerinstitute.com/economy/maps/maps2.html



The map shows the great water projects called for in South America, and also illustrates the continental scale required for all basic infrastructure improvements: transcontinental highways, rail routes, new cuts through the Isthmus of Panama and Colombia for expanded Pacific-Atlantic transit (1 and 2 on the map), coastal development, and modernization of urban and farm regions.

The map locates and names 12 specific canals and lakes, and denotes a gray "Productive Axis" zone along the Brazil/Uruguay/Argentina region that would move inland (as the arrows show) with the development of the upland water projects.

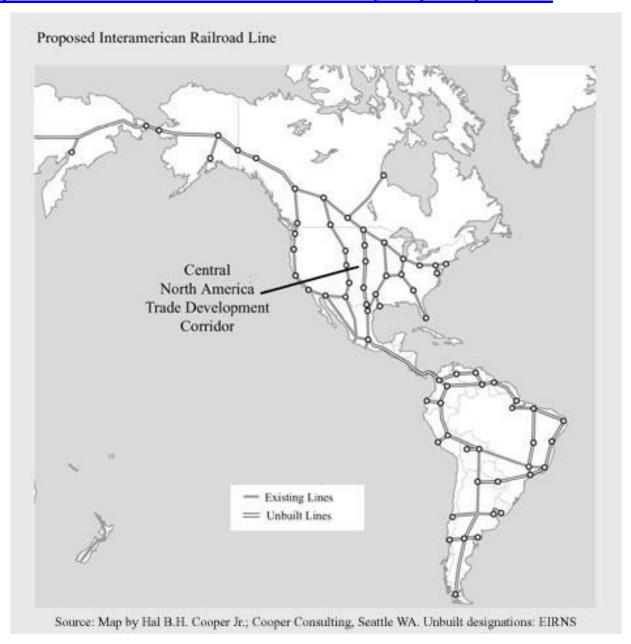


The dark black lines show the principal potentially navigable channels of the great river basins, that can be hooked into one "Great Waterway" going north-south. Of the Waterway's 9,818-km length, 1,650 km is located in the Orinoco Basin, 4,333 km in the Amazon Basin, and 3,370 in the La Plata Basin. The critical links are indicated by broken lines.

An estimated 17% of the total great Waterway route (or 1,730 km) would require significant improvement, in the estimation of Brazilian

railway engineer specialist Prof. Vasco Azevedo Neto. The waterways on the map are paths that show the natural "lines of least resistance" of the continent, which would be the natural infrastructure-corridor routes (rail, power lines, communications, etc.), whose development would transform the rich continent.

https://archive.schillerinstitute.com/economy/maps/maps2.html





Dual highway plus railway required to connect Panama to Colombia – twin track rail to utilise the same corridor.



COMMERCIAL IN CONFIDENCE

Colombia Is (Finally) Getting on the Trains Train

https://theglobalamericans.org/2021/12/colombia-is-finally-getting-on-the-trains-train/

15 December 2021

Colombia's Master Railway plan makes it clear that trains will be the primary mode of freight transit in the near future given the economic, environmental, and productivity benefits they would likely add to the country. While the Duque administration has put together a coherent structure, the next administration must decide whether to implement it or not. Clearly, Colombia must leverage international financial markets to pay for these massive infrastructure projects, and the country should leverage the current geopolitical flux in its favour.

Colombia's Master Railway Plan (PMF) aims to revitalise the country's downtrodden rail network. President Iván Duque announced the plan with great fanfare on 23 November 2020, although his predecessor, President Juan Manuel Santos, had announced a similar initiative to bring rail back to Colombia in 2012.

The main objective of the PMF is to restore the existing 3,533 km of track for both cargo and passenger travel, which has been out of service since the network ceased to exist in 1992 due to various failures. The PMF also seeks to replace current railway regulations—originally passed in 1920—with new legislation, as well as conduct a market demand study. Increased transit use is already occurring.

The Dorada-Chiriguaná rail corridor was reactivated in 2018. Since then, 65,258 tons of goods were shipped via this route in 2020, up from 21,444 tons in 2018. While coal, historically the rail system's largest sector, retains its lead in the corridor, other industries have taken advantage of the route. As of September 2021, 24 industries use 1,077 km of track along the Dorada-Chiriguaná Corridor. Considering freight train use is on the rise, there is substantial potential for industrial development for other sectors in cities where the planned rail expansion is set to take place.

If implemented, the PMF will bring economic growth, environment protections, and additional jobs to Colombia.

The Plan boasts that by 2030, it will generate efficiencies for business such as reducing shipping costs by 26%. Since Colombia is a large exporter of agricultural goods, and many farms are located around 1,000 km from ports, train transit will ensure faster and more efficient means of transportation. According to estimates from the Colombian Council on Competitivity, 80% of freight in Colombia moves on trucks, 16% on trains, and only 2% via waterways. As truck transport decreases, trains and boats will be the future of freight in Colombia.

Trains outcompete trucks in many areas. One train is equivalent to around 67 trucks. This means that during the export process, the train is considered one unit and processed as such, while trucks are processed as 67 individual units. This efficiency advancement guarantees economic gains. Regarding the environment, using trains to transport goods is estimated to decrease fuel consumption by around 90%, which also means diesel pollution will plummet. Freight trains are four times more fuel efficient than trucks, according to U.S. freight line CSX. Western Europe is a model in using electric-powered freight trains. It is likely that a country like Colombia with abundant renewable energy resources and many more renewable projects planned or underway could follow this model. One negative environmental factor is

that rail lines are subject to weather-related obstructions, such as mud slides. That said, there are more positive environmental benefits than risks. Finally, this plan has the potential to create tens of thousands of jobs all across the country. Workers will be needed to construct and rebuild decrepit tracks. In addition, the economic advancements will likely lead to job creation, as these often go hand-in-hand. The economic, environmental, and productivity benefits of the PMF to Colombia are clear.

But, politics

The PMF's feasibility hinges on the next President of Colombia. Should they prioritise rail infrastructure, they would demonstrate bold leadership as well as the recipe for a strong COVID-19 economic recovery. However, the plan may change significantly depending on who is elected.

Although the candidates have not been specifically probed on railroads and infrastructure, some of the contenders' backgrounds suggest their potential outlooks. For right-wing candidates, continuity is likely to be the name of the game. Duque's PMF would likely remain intact, and the new administration would attempt to continue his progress on infrastructure. A centrist candidate would likely make adjustments to guarantee public contracts are free from corruption, which would potentially delay the plan. A left-wing candidate is likely to make significant changes to the plan, introduce a public operator, or impose significant conditions on private sector investment in rail projects.

Like any large-scale rail infrastructure project, implementing the PMF would bring significant benefits to Colombia, namely increasing regional competitiveness and jobs, which are politically appealing. This boost would increase efficiency of exports and imports, which would benefit the country's economy, regardless of the outcome of the presidential election. Considering the economic downturn caused by the pandemic, this influx of investment and trade improvements would help Colombians nationwide, considering this rail spans a large portion of the country. Moreover, all energy transition initiatives presented by the presidential contenders entail a degree of decarbonisation, to which a rail project is likely to contribute in an important way. However, we must not underestimate the political capital of the existing truck freight industry, which has been an obstacle to urban renewal projects and will likely mobilise to impede the PMF's progress.

What about the money?

It is clear that the Colombian government is unable to finance this plan alone. However, the government is likely to leverage the current geopolitical contest to its benefit in order to fund this ambitious project.

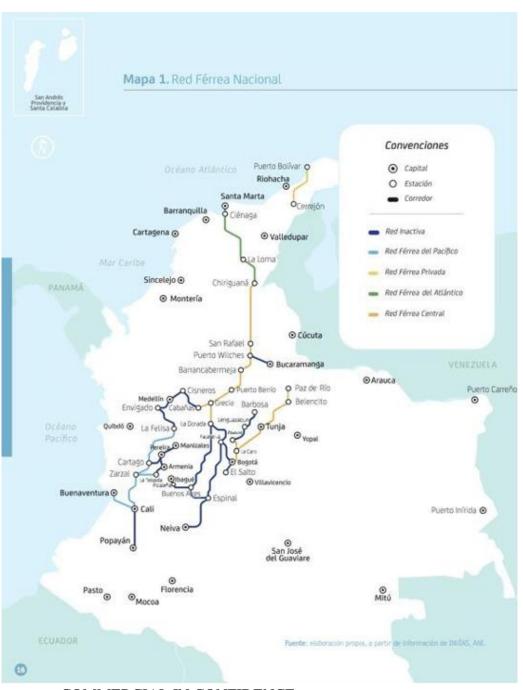
In the past decade, only 1.8% of Colombia's total public transit investment went towards the rail network. So far the United Kingdom has financed the development of a regulatory and operational framework through a memorandum of understanding on 7 September 2021. The U.K. will provide around US\$533,000 for the project. China has already involved itself in one aspect of the PMF. The Chinese firm Build Your Dreams (BYD) is bidding to design the Regional Caribbean Train, an element of the PMF. This train will connect Santa Marta, Barranquilla, and Cartagena, although the final route has not been finalised. BYD has proposed an elevated train, which would limit pollution but also impede the ability to transport cargo, as elevated trains more easily transport passengers.

There is no evidence to suggest the United States is planning to invest or finance elements of the PMF, though it would clearly align with President Biden's infrastructure agenda and his well-documented love for trains. Details of the Build Back Better World program are yet to be revealed, but given they suggest competitive financing for infrastructure investments in low- and middle-income countries, it is likely that Colombia will be considered low-hanging fruit and be an early benefactor of the plan.

For China, implementing its Belt and Road Initiative in Latin America is a priority. For the United States, countering China's influence in Latin America, and in the world, is a priority. The next Colombian president is in a great position to leverage these investment powerhouse nations against each other to ensure the PMF is a success. However, the future president must realise the potential impact of the PMF, ensure they market the idea to the Colombian electorate, and then engage in strategic foreign investment policies in order to make it a reality. Are they up for the challenge?

Sergio Guzmán is the Director of Colombia Risk Analysis, a political risk consulting firm based in Bogotá. Follow him on Twitter @ Sergio Guzman E and @ Colombia Risk.

Joseph Weiman is a Researcher at Colombia Risk Analysis and a current graduate student at Columbia University. Follow him on Twitter @jweiman nyc.



COMMERCIAL IN CONFIDENCE

Colombia hydropower

https://www.hydropower.org/country-profiles/colombia

Colombia has the third largest installed hydropower capacity in South America, at 11,726 MW. The sector makes up 70% of national installed energy capacity and, in 2017, produced 86% cent of national electricity generation, exceeding the 70% average generation of the past four years with continuous droughts and above the 79% recorded in 2012.

Colombia has the third largest installed hydropower capacity in South America, at 11,726 MW. The sector makes up 70% of national installed energy capacity and, in 2017, produced 86% of national electricity generation, exceeding the 70% average generation of the past four years with continuous droughts and above the 79% recorded in 2012.

Other renewable energies have minimal representation in Colombia's energy market. Gas is the second most used resource, representing 9% of generation in 2017.

Due to hydropower energy, Colombia has positioned itself at the forefront of clean and sustainable energy systems worldwide, and is advancing towards its target to reduce greenhouse gases emissions by 20% by 2030.

The World Economic Forum ranks Colombia 8th in the Global Energy Architecture Performance Index (EAPI). The index measures countries' ability to deliver secure, affordable and sustainable energy. Colombia is the first non-European country in the top ten.

Following a ministerial meeting in September 2017, Colombia's Ministry of Environment and Sustainable Development and China's Ministry of Water Resources announced a Memorandum of Understanding to cooperate and advance shared interests in hydraulic infrastructures and flood protection.

The National Authority for Environmental Licenses (ANLA), under the Ministry of Environment and Sustainable Development, has published new terms of reference for the preparation of environmental impact studies for the construction and operation of hydropower plants. To begin construction, hydropower projects over 100 MW need to obtain an environmental licence from the Ministry of Environment and Sustainable Development, while those under 100 MW need to obtain a licence from the Regional Autonomous Corporation.

In January 2017, ANLA denied, for the second time, the environmental licence to the 960 MW Cañafisto hydropower project. Isagen is already undertaking feasibility studies for an alternative project that would be a smaller version of the original one with 380 MW of installed capacity. During 2017, Colombia increased hydropower installed capacity by 100 MW, with a focus on smaller capacity hydropower projects.

The 19.9-MW El Eden, 19.9-MW El Molino and 10-MW San Matias projects were commissioned in the first quarter of the year, while Luzma 1 and Luzma 2, each with 19.6 MW, entered into operation in late 2017.

The 2,400 MW Ituango hydropower project, in the Cauca River, will become the largest hydropower plant in Colombia when it is completed. With a consortium led by Empresas Públicas de Medellín (EPM), the project's first unit is expected to enter into operation by December 2018.

In total, 125 hydropower projects are in the pre-feasibility stage according to the Energy and Mining Planning Unit (UPME), under the Ministry of Energy and Mines. These would add about 5,600 MW to existing installed capacity. By comparison, over 300 solar and wind projects are also registered representing 2,775 MW of additional installed capacity.

Are large hydropower projects still viable in Colombia?

https://dialogochino.net/en/infrastructure/colombia-hydropower-large-projects-still-viable/

25 May 2022

Delays to the partly Chinese-financed Hidroituango dam have raised questions around Colombia's reliance on hydropower, and its future in the energy mix.

The construction of Colombia's largest hydroelectric dam, the Hidroituango, hasn't been straightforward. In many ways, it's been something of a catastrophe. Due to the various delays in its construction and an increasing awareness of the enormous socio-environmental impacts it has brought about, many observers believe it will likely be the last large dam project seen in the country for some time to come.

The controversial project has cost 16.2 trillion pesos (US\$4.1 billion) funded partly with Chinese capital. Finance came from the China Co-financing Fund for Latin America and the Caribbean, administered by the Inter-American Development Bank and the Industrial and Commercial Bank of China.

16.2 trillion pesos: The cost of the Hidroituango dam, roughly US\$4.1 billion. Colombia's largest hydroelectric dam, it is due to begin operations this November after a series of delays.

Construction of the 2,400-megawatt Hidroituango plant began in 2011, with the works carried out by Colombian firm Empresas Públicas de Medellín. But its completion is behind schedule: though it was due to begin generating power in July this year, this horizon has recently been pushed back to the end of November.

The dam has had high costs by other measures, too. Isabel Zuleta, an environmentalist and social leader from Ituango, the town on the Cauca River from which the dam takes its name, has described Hidroituango as "a socio-environmental disaster with international blame". Zuleta, now a senator for the Pacto Histórico coalition that leads the polling for this month's presidential elections, explains that the hydroelectric plant has pushed thousands of families into poverty, as well as seriously affecting biodiversity and the surrounding environment.

"Hidroituango was launched during a complex situation [for Colombia] and with such a sense of urgency, so most of the environmental impacts are negative," says Santiago Ortega, a civil engineer and hydroelectric specialist with sustainable energy company Emergente. "It is assumed that the positive impacts will be seen from transactions [for power generated] and the operation of the project."

Fears about the potential failure of the Hidroituango project have sparked debate over the need for large hydroelectric plants in Colombia, at a time when other energy options are becoming more attractive and more readily available.

Hydroelectric plants in Colombia

Hydroelectric plants generate 68% of electricity in Colombia, a country rich in water resources, with many areas seeing high rainfall and suitable topography for dams. Since the 1970s, such conditions have made these energy projects an attractive option, seen as a means to build capacity and promote development.

Since then, some 33 dams have been built in Colombia, notably those at Urra, Salvajina, Chivor and Guavio, among others. As specialists explain to Diálogo Chino, the low costs of hydroelectric production compared to nuclear power plants and the low emissions of polluting gases are the reasons for the Colombian government's historic bent towards these energy generation alternatives.

However, according to Francisco Torres, a professor at Bogotá's Universidad Distrital who focuses on land restoration, there were few prior studies carried out on the possible environmental impacts of this wave of hydroelectric dams, built in the second half of the 20th century. The effects only became more visible after the construction of further large dams at the beginning of this century, including Hidroituango or El Quimbo, in the southwest of the country.

José Ignacio Barrera, a biology and ecology researcher at the Pontificia Universidad Javeriana, explains that the socio-environmental impacts of Colombia's dams are still considerable decades later. Even when there is progress in the restoration of the surrounding environment, its species and affected communities, there are changes that are difficult to reverse.

"The water dynamics of the ecosystem are changed. The impacts are in the loss of connectivity, and habitat for these species is lost," Barrera says. "There is a gain on one side with the impact on energy production for the country, but there are immense effects."

Santiago Ortega explains that it took time to learn about the impact of hydroelectric power plants – especially those impacts on the quality of life of the people. As an example, he points out that communities near large hydroelectric power plants, particularly San Carlos and San Rafael in the department on Antioquia, "have not felt the real benefits of having such a large energy production machine nearby."

Professor Torres explains that these projects generate environmental and social impacts, but in order to make them viable it is necessary to see which ones can be corrected, mitigated or compensated. For example, construction on the El Quimbo dam, in the country's south, began despite enormous opposition from nearby communities that were to be displaced by its arrival. Evictions were controversial, but the project went into operation at the end of 2015, and had an ecological restoration plan in place covering 11,000 hectares adjacent to the reservoir.

Torres explains that although the electricity generated by dams is cheaper than that from some other sources, many countries have moved away from the building of large hydropower plants due to the risks they pose in the areas they are established. The purchase of land, the costs of relocation and

compensation for environmental impacts – not to mention the expense of construction itself – means that they end up being very costly, Torres says.

Similarly, there is no certainty about the future of these constructions and the reliability of their output in the face of climate change. Climate change impacts and exacerbates seasonality, with more rainfall in the wet season and less in the dry season, causing longer periods of drought, as the Latin American Energy Organization (OLADE) describes.

On the ecological side, as researchers from the University of Michigan told the Center for Sustainable Development Goals for Latin America, "there are hydroelectric dams being built in places where it is not known for sure how rich they are in fish and what the costs would be in biological or economic terms," thus demanding further studies when developing these mega-works.

Controversial projects

One of the last large-capacity hydroelectric projects announced in Colombia is Talasa, a dam to be located on the Atrato River in Chocó – a jungle region at the Panamanian border, often overlooked by the state and plagued by the country's long-running armed conflict.

In this inhospitable region, the Chinese company CTGI, a subsidiary of the giant China Three Gorges Corporation, is planning the construction of the Talasa hydroelectric dam. Details on the project are so far extremely light, including on its possible environmental impacts; the only thing that is known is its planned installed capacity of 168 MW.

68% of electricity in Colombia is generated using hydropower

Little more is known about the Talasa project, but a resolution was issued through the Ministry of Environment and Sustainable Development in August 2021, that allows for an extension of a "temporary" reduction of the area of the protected Pacific Forest Reserve, for more than 50 hectares in the area where the project would be sited.

Diálogo Chino sought comment from the Colombian government's National Environmental Licensing Authority (ANLA), but received no response.

In a 2020 report on Chinese investment in Colombia, researcher David Cruz of the Asociación Ambiente y Sociedad, a Colombian NGO, highlighted concerns around projects such as the Hidroituango project that been financed with public-private partnership (PPP) capital: "In Colombia, some problems have been identified related to high construction costs, a lack of transparency in the negotiation of contracts, their limitations in preventing impacts on the environment and the limited guarantee of participation of the populations involved."

Where is energy in Colombia headed?

Given the high socio-environmental costs of hydroelectric plants, and after the Hidroituango experience, experts agree that it is unlikely that large dams will be built again in Colombia.

This does not mean that the country's water potential will not be exploited, however. "Now, they [the government] prefer smaller generation projects with a more focussed impact, that do not affect such large

COMMERCIAL IN CONFIDENCE

areas," professor Torres explains. He points to generation projects through smaller-scale power plants, in addition to wind and solar projects that reduce social and environmental impacts.

Santiago Ortega is of the same opinion. "There was a larger hydroelectric project of 300 megawatts that was ready to be built, but they abandoned it," he says, referring to the Porvenir II project in Antioquia. "I think this is a very strong signal."

The <u>Porvenir II</u> project, belonging to Colombia firm Celsia, had an environmental license to proceed with construction granted in 2015, but has long seen strong opposition from the communities in the surrounding region of Magdalena Medio Antioquia. The company itself accepted that one of the main reasons why it wants to sell the project is because it wants to invest in renewable energies.

Ortega explains that the most interesting energy generation projects can be seen in other scenarios: wind projects in Guajira, solar parks along the Caribbean coast and smaller-scale projects scattered throughout the country.

Companies are thinking about the most ecologically viable energy sources, because they are aware of the damage that has been done

"Today the sector is in a process of decentralisation and what we can begin to see, which is very interesting, are projects on roofs, in homes and businesses – industries that at the moment of truth can add up and do great things," Ortega adds. He gives the example of Vietnam, a country that in one year built 9 GW of rooftop solar capacity – an impressive figure, compared to the 2.4 GW capacity of the troubled Hidroituango dam.

Even so, Ortega defends keeping large hydroelectric plants as part of Colombia's near-term energy mix: "A problem with solar and wind power plants is that the energy cannot be stored, but a reservoir is like a very large battery. So, reservoirs will help us to reach this decarbonisation of the energy mix much faster."

José Ignacio Barrera, for his part, believes that the path towards these clean energies has no turning back. "The discussion is already taking place in Colombia about which are the cleanest and most ecologically viable sources of energy production. The companies themselves are thinking about it, because they are aware of the damage that has been done."

BOGOTA



Tatacoa Desert







COMMERCIAL IN CONFIDENCE

MEDELLIN





COMMERCIAL IN CONFIDENCE

Easily my favourite place to visit. This ranks for me right behind Norway as **the most beautiful and alien landscape I've ever seen.** I think the words speak for themselves.



Great place to do horseback riding. It's a lot of fun and provides a lot of options for cools photos like this one.



I call this the Hangman. You can walk in a dry river bed which has incredibly interesting rock formations. They are sand at the top until they transition over into stone. Really interesting.

Picture for reference. I couldn't take a picture of the night sky. My camera was too bad. But the sky there really came close to this.



I have seen the most beautiful sky full of starts that night. If you have never seen anything close to that picture then go there. I promise you won't be disappointed.

Making friends.



Some of the amazing people I've met. I've made at least one really good friendship here. Guys, thank you for all the beautiful memories you've given me.





I will stay another 3 weeks in Colombia where I will visit Zipaquira, Parque del Cafe and the Tayrona National Park. As soon as I have new pictures I am going to upload them.

COMMERCIAL IN CONFIDENCE

COLOMBIAN FOOD: It will depend on the region, but these are favourites:

- **Ajiaco** in Bogotá.
- Bandeja Paisa in Medellin.
- **Pescado frito con arroz de coco y patacón**. Fried fish with coconut rice and patacón) in the north coast of the country (Barranquilla, Santa Marta, Cartagena and others).
- **Fritos** in the north coast of the country (Barranquilla, Santa Marta, Cartagena and others). Fried stuff named Empanadas, Caribañolas y Arepa e Huevo (Sorry, no translations for this ones):).
- Cazuela de frijoles in Medellin or Bogotá.
- Mote de ñame con queso. Like a soup with cheese, delicious.
- Many soups like **Sopa de mondongo or Sopa de costilla** in almost any region.
- Coctel de Camarón in the north coast, specially in the beach.
- **Buñuelos and Tamales** in the center of country, specially Bogotá. This is eaten mostly for breakfast with a hot chocolate drink and orange juice.
- **Refajo**. This a popular drink combining a sweet soda called Kola and beer.
- **Coffee** from any place. Try Juan Valdéz and try the one from the old man selling on the street. You must also try Granizado from Juan Valdéz.
- Raspao de Kola in the north coast.
- **Fast foods.** Favorites are from the north coast: **P**erros calientes, chuzos desgranados, mazorcas desgranados, hamburguesas and salchipapa.
- Pan de bono, Pan de yuca and Almojabanas in almost any place of country.
- **Regional candies.** Obleas con arequipe, Alegrias, Cocadas, Panelitas de leche, Arroz con leche (Rice with milk), Milhojas (Thousand sheets).
- Some drinks. Milo (cold and hot), Pony Malta, Colombiana (this is a soda, nor my favourite, but you must try it), beers (I can recommend Club Colombia or BBC Bogotá Beer Company).

A typical dish from the region of Antioquia, Colombia. It is a very comprehensive meal with avocado, egg, red beans, meat, rice, banana and bacon. It's my favorite Colombian dish! Buen provecho



COMMERCIAL IN CONFIDENCE

Which foods must we try while visiting Colombia?

Food will vary dramatically depending on which region you're located in. But most popular dishes are:

Bandeja Paisa: more common in the region of Antioquia (Medellin is the capital). It consists of beans, rice, meat, sausage, egg, plantain, and avocado.



Ajiaco Santafereño: common in Bogotá, is a famous soup with chicken, potato, and plantain.



COMMERCIAL IN CONFIDENCE

Sancocho de gallina: more common in the Caribbean coast.



Also in the Caribbean coast (Cartagena and Santa Marta) try the bandeja de fritos, it is a plate full of fried food, empanadas, carimañolas, arepa de huevo, deditos de queso, etc...

When visiting Colombia, you wouldn't want to miss trying *ajiaco*. It's a potato and chicken soup with other unique ingredients. It's best to have them while visiting Bogota.



Colombian food is diverse because of its 23 diverse regions. You will get to enjoy the various dishes in this country. Ranging from hearty meat dishes of Antioquia, coconut rice, to fresh seafood, you will get to enjoy various things. When it comes to traveling to Colombia, you should not miss any typical <u>food of Columbia</u>.

1. Arepas

Without Arepas, the Colombian meal would not be completed. This dish is made up of masa harina and water. These are kinds of corn cakes that are griddled in a dry pan. The Arepas are served with butter on it. You can eat it during lunch, breakfast, and dinner. These are just like bread used in France. By giving the twist to Arepas de queso (stuffed with mild white cheese), you can eat them as a snack.

2. Ajiaco

The delicious soup comes from Bogota, where the mountainous climate is very cold. The Ajiaco is a mouth-water soup made with chicken, corn, different types of potatoes, and an herb. Topping of soup is done by capers, crema, and sliced avocado.

3. Empanadas

The different countries have their versions of Empanadas. The Colombian empanadas are stuffed with ground beef and potato.



Cataplana de Marisco (Sea food cataplana - THIS IS NOT PAELLA!) The variant that combines meat and sea food is awesome!



COMMERCIAL IN CONFIDENCE

The Andean condor is Colombia's national bird.



COMMERCIAL IN CONFIDENCE







COMMERCIAL IN CONFIDENCE

What are some of the most mind-blowing facts about Colombia?



- 1. *Colombia* has **six** distinctly different geographical regions.
- 2. Colombia lands gained independence from Spain more than **200** years ago. Since then rival political factions with their distinct ideologies representing different population groups had been in almost permanent state of **conflict** which with time took an extremely violent, military character.
- 3. In **1863** the Civil War erupted in New Granada. It had lasted two years and led to foundation of the **United States of**

Colombia, which was later, in 1866 renamed into the Republic of Colombia.

- 4. In **1903** USA took the newly formed state of **Panama** out of Colombian territory paying US\$25 million to the government.
- 5. In 1932 7-months Leticia War with Peru was fought for the piece of Amazon's jungle.
- 6. Year **1948** signified the start of bloody internal war $-La\ Violencia$ fought between two leading political parties in Colombia: Conservative and Liberal. It lasted ten bloody years (up to **1958**), and, as its name suggested, led to unprecedented sufferings for the civilian population.
- 7. In 1950, Colombia entered into the Korean War on the side of USA.
- 8. The Colombia war (fought mostly in rural regions of the country) has lasted for more than **50 years** and, despite all efforts to bring it to the end, is still going on in our days although with far lesser intensity. *The latest void attempt to achieve a political solution was made on the Referendum held on 3 October 2016* when voters by narrow margin rejected the FARC peace deal.
- 9. 1960s, 1970s and early 1980s were not only periods in World's history when ideological struggle between socialism and capitalism reached its climax but also when Colombia **Cocaine monopoly** emerged, grew and proliferated. At the time when neighbouring countries, pushed by USA, tightened their anti-drug laws and strengthened their police forces, Colombia government lost the control over the part of its territory covered by jungles and ideal for coca crops. This opportunity was exploited by dealers from both USA and Colombia to build one of the most profitable criminal enterprises in the history of capitalism. It is said that in 2000th revenues of Colombia cartels from drug trade have exceeded US\$10 billion per year.
- 10. Periodically, when the intensity of war diminishes, Colombia *starts to experience the economic boom* which puts it on a hot list for World's biggest Investment Funds. Since the beginning of 2000s Colombia's GDP growth rate averages 4% per year. Most of this growth is due to large scale mineral resources extraction projects (primary of **oil**).
- 11. Colombia was also named "**the Silicon Valley of South America**" for its support of innovative technologies specifically those with potential **military** applications.

What is Colombia known for?

https://www.quora.com/What-problems-does-Colombia-face

We're well known for good and for bad. It also depends on what topic are you referring to, of course.

Positive things Colombia is known for:

- Coffee. Colombian coffee is know all over the world for its softness.
- Fruits. We have a very big diversity. We export bananas, but also a very large list of exotic fruits.
- Same for flowers, especially roses for USA's valentines.
- Emeralds. We produce the best emeralds in the world, not to mention we produce 60% of the emeralds in the world.
- Artists. You probably have heard about Shakira and Sofía Vergara. But Botero, Gabriel García Márquez, Carlos Vives, Juanes are just some of those people who are well known in their spheres. Have you heard about the pacemaker? First functional one was developed by a Colombian, Jorge Reynolds. And many examples on well-known Colombians on their own fields. I can't recall more now, but there should be hundreds (if not thousands) of examples.
- Biodiversity. We're ranked 2 in the world as we are located in a privileged spot.
- Birdwatching. We have 1.845 different species, ranked #1 in the world. 20% of the bird species of the world live here, many of them are endemic.
- Tourism. Cartagena, San Andrés, Medellín, Parque Tayrona and Bogotá are well known touristic spots. We have tourism for all kinds of interests: eco-tourism, sun and beach, boutique, jungle, mountain, desert, scuba diving, adventure, themed... not many countries in the world have that broad offering.
- Business. Bogota's airport has the largest air traffic in South America. Most of the biggest multinationals have their South American headquarters located in Bogotá or Medellín.
- Beautiful women. Sofia Vergara, former Miss Universe Paulina Vega and 4 runner-up's are just a glimpse. It's real. Have you heard about Ariadna Gutierrez? 2016's Miss Universe for 5 minutes because a terrible mistake from the pageant's host, who misread the winner's card. Yes, Colombian as well.
- BRTs and car free day. Twice a year in Bogota there are no cars allowed in the streets. It is the biggest city in the world doing that, for 16 years now. Bogota adopted BRTs from Curitiba in 2000 and since then almost 200 cities in the world followed its success as a cost efficient mean of massive transportation.
- Sports:
- o Football (soccer for US market). It's been always one of our prides, but 2014 World Cup was a milestone for us. James Rodriguez, Falcao, Cuadrado, Ospina, Jackson and many, many more stars are playing in the main leagues of the world. Higuita, Valderrama, Asprilla, Valencia and many, many more are stars from other days. We breathe football and is one of the first thing on the top of mind of people when you ask "What do you know about Colombia?"
- o Roller speed skating. Colombia have won most of the world championships in history.
- Ocycling. Most of the best climbers of the sport, but also very good on track, mountain cycling and BMX (Olympic gold medal on 2012 and 2016). Nairo Quintana, Rigoberto Urán, Sergio Henao, Esteban Chaves, Egan Bernal and Mariana Pajón are just a few well known cyclists. Luis Herrera, Fabio Parra, Santiago Botero and Cochise Rodriguez are other know from other generations.

Negative things Colombia is known for:

- Pablo Escobar and all drug cartels in the 80s and early 90s.
- #1 producer of cocaine in the world

- Guerrilla. We've been in an internal conflict for over 50 years.
- Violence. "Colombian tie" in the 50s, daily car bombings in main cities in the 80s, towns attacked by guerrilla in the 90s-00s, etc.
- Andrés Escobar. Colombian national football squad captain who was killed days after he scored an own goal on 1994 World Cup. It was said that he had an argument with a drug lord who lost a lot of money on betting because of that goal.
- Criminal activities. "Paseo millonario" and many other criminal activities are Colombian inventions as well.
- Paramilitary groups and their horrible massacres.
- Armero's tragedy.
- Social inequity.

As you can see on this, we're a country of contrasts. We're friendly, positive and warm, but we're also violent and dishonest. Maybe that explains why we usually top "The World's Happiest Countries" ranking but also some other (not nice) rankings.





What are the biggest social problems in Colombia (other than well-known issues like poverty and displacement)? How are they being addressed (or not)? Shakira's 'Barefoot Foundation' is one example that comes to mind.

https://www.quora.com/

The main problem of Colombia is the lack of culture and self-love for our own country. Colombia suffered many years because of drugs trafficking. Those things caused Columbians to think they can get it all so easy that many fell in corruption. A few people in Colombia really do things for the others, but the big part do things for their own benefit (\$\$\$). They steal, cheat... etc.

Colombia definitely has only one problem: Most or many think everything should be easy, so easy that they don't have to make any effort on things, and, because of that, many always look for the fast lane (steal, cheat, deceive, etc.). Politicians are a good example of that. They love poor people (votes) but when they win, they only think in money.

What are the current major problems in Colombia?

Corruption is the biggest problem that Colombia is facing. Corruption here is in almost any institution and sphere of government, some regions have A LOT of corruption and some are moderated, what happens is that corruption affects the system, and the areas that are most vulnerable are Education, Health, Infrastructure, among others.

So **Health** in Colombia is divided by contribute system (people that can afford healthcare by their means) and the subsidised system (not subsidised at all), The last one is summed up in the worker letting go 12% (if they want to) of their salary to go to their health care, any employer must provide their workers with health care, so the employer pays some money, the worker pays 12% of their salary and the money goes to the companies that provide health (called EPS). Sounds reasonable right? What happens is that the EPS receive money from the government and these companies try to take the most advantage of the money. Let us consider a dumb example; the government gives \$100 to the EPS for medicine, the EPS takes the \$100 and buys \$20 worth medicines and retains the remaining \$80 which no one knows where that money goes. SAD, and these companies don't pay to the workers, let people die in line waiting for a goddam pill, and they end in bankruptcy like Saludcoop and soon CafeSalud. Don't get me wrong there are some EPS that get their work well done but most of them do a terrible job, that's why most of Colombians pay expensive subscriptions for high quality healthcare.

Healthcare. Colombia has a mixed healthcare system comprised, in essence, by three parts: SISBEN (for the poor people who can't pay), EPS (you get a job, you must pay a percentage) and "prepaid" (like private insurance).

• The system works based on the "Law 100", which guarantees healthcare as a universal right but also uses private contractors instead on a state-led system (not saying either would be better). "EPS" stands for "Entidad Prestadora de Salud" (Entity which delivers health... you could guess) and is a private company that you join and which has to take full care of your healthcare. The only important difference between being in SISBEN and paying for EPS is that in the latter you can actually choose your EPS, in the former you get stuck wherever the government puts you. The system works in theory – BUT...

Even though Colombia has the resources and the law protects the people, the system has created insane bureaucracies in order to prevent corruption... which don't work as well as intended. An example: a grandmother fell ill a year ago: she was quickly admitted in the local hospital and diagnosed with Leukaemia. They told her that they were looking for a room in a hospital in Bogota in

order to get the treatment, but nothing happened for a few days and I (who live in Bogota) went to a hospital and asked for help. They instructed us to come by ourselves and enter through the emergency department (which we did), it took them 24 hours to get her into a room and then... they told us the EPS had not authorised the treatment.

We spent two days figuring out the problem (it was the Hospital: they had not done that particular treatment and needed special permission which they forgot to ask for), seven days for the EPS to give the authorisation (that's the rules, son) and two more days for the medicines to arrive.

We are a pretty well-off family (not rich, just comfortable), my dad is actually an adviser for another EPS and most of us know how the system works. And yet **it took us over 12 days to get the treatment.** Everything was there (the money, the infrastructure, the medicines), but the bureaucracy made things very difficult.

You can imagine the desperation a poor daughter feels when they tell her that her mother's treatment has been denied. Without contacts in Bogota and understanding of the system, our 10 days could become 2 months for her. Maybe too late for her mom.

I don't want to be ungrateful. Our system has worked marvels for me and my family (my girlfriend was diagnosed with type 1 diabetes last year, she was instantly hospitalised, stabilised and the government gave us the insulin / glucometer and its papers / training for free). And our healthcare system actually ranks among the best (if not as *the* best) of Latin America. But regarding specific situations, or sicknesses that are hard to diagnose, the system simply collapses... and if you don't know how to push the buttons (and many don't) even a simple situation can get impossibly hard. There have been news regarding a treatable illness which went to being deadly because the system took too long (usually, several weeks) to start a proper treatment. Plus, in many rural regions, healthcare's quality is significantly lower than in the core regions (usually due to local corruption). Oh, and the system is currently having serious economic problems due to the lowering of state revenues relating to the oil crisis.

There is no one working on a solution, currently, that I know of (except, of course, the government officials who actually have this job).

Ironically, even though in all the other issues I mentioned we are very bad compared to Latin America



and in this one we rank amongst the best, this one being the one that causes the most discomfort in the population out of all the ones mentioned above.

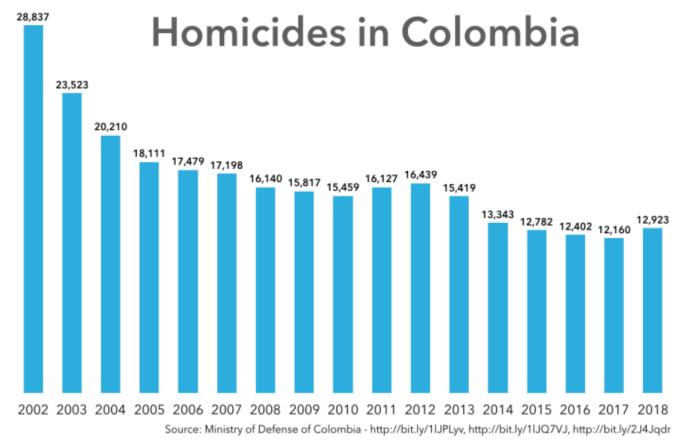
People complaining for the long time it takes to be attended in an EPS. This is the **public health insurance** that is mandatory for everybody who is a resident of Colombia. The monthly premium is calculated as 12.5% of the monthly gross income that you declare to the EPS.

In the other terms like **Education**, governors from each department (state) must hire a company for things like food at public schools (which is free) so most of the time the governor has a friend that suddenly creates a company that manages this work and coincidentally fund the governor's campaign, so they get the contract and they get money from the government so they steal most of the money and sometimes they take ALL the money and then the kids don't have food at public schools, and the same goes for infrastructure, health, services, etc...

If I examples of every type of corruption in Colombia, this would make a book here, and these things happen mostly in states like La Guajira and Choco, some states like Boyacá or Cundinamarca are less corrupt and they're more efficient, hence a better quality there, even though they still have issues.

But Corruption is the biggest problem for sure, without it Colombia would be a developed nation by now.

• **Violence.** In spite of recent improvements, Colombia is and always has been a violent country. Some of this violence might be related to cultural traits and intolerance (i.e. armed robberies, street fights, etc.) but most of it, particularly in the institutionalised form, is related to political and social segregation, drug trafficking, or both. In this sense, the trade agreement with FARC (Revolutionary Armed Forces of Colombia) and the negotiations with ELN (National Liberation Army) are the most important step forward, but they mitigate only one of the causes of violence in Cambodia. The others remain, and thus it isn't expected that violence levels to go much down in the following years. It seems like you're looking for NGOs (non-government organisations) or institutions that address this



issue in particular, but in the case of violence in general we can't think of any.

You can see here that the situation is getting better, but we're still on a rough spot. Source: http://www.scielo.org.co/pdf/bio/v36n4/0120-4157-bio-36-04-00572.pdf

• This takes us to the **drug problem**. Violence has been a constant of Colombia's history, but drugs took it to a whole new level. Latin American states have always been weak; if even very strong states like China or even the US struggle with drugs, you can imagine this doesn't have an easy solution for Columbians. Our government (and our society) is simply incapable of fighting this, in spite of the huge effort that has been made in the last 30 years. The solution currently in place is more drug war + giving alternatives to farmers, but this isn't working too well. Legalisation may be an option to embrace. Some NGOs, committed citizens and public institutions have devoted to making alternative crops economically viable: good examples of this are pepper in Putumayo (thanks to the intervention of an Ecuadorian engineer), coffee in Putumayo and Cacao in Vichada (both thanks to the government's compromise due to the FARC agreement); this is the current solution Colombia is giving to the problem, but, it is not enough.



Peasants in Putumayo who changed coca for pepper



Government members and army officers checking some cacao production

• **Corruption.** Like most of Latin America, Colombia struggles with a state that serves its members, not its citizens.

This is a very hard issue, however, like in most of Latin America, recent scandals have put the corruption issue in the public eye, and several high members of the government have been accused and prosecuted. This is a great advance, but it's going very far, progress is much slower than what people expect and hope. Once again, we can't think of private institutions or NGOs devoted to this problem in particular.

He used to be the anti-corruption fighter before being prosecuted... for corruption. But there's an upside, he's ratting on every single person there and many high-level officials have been captured thanks to him.

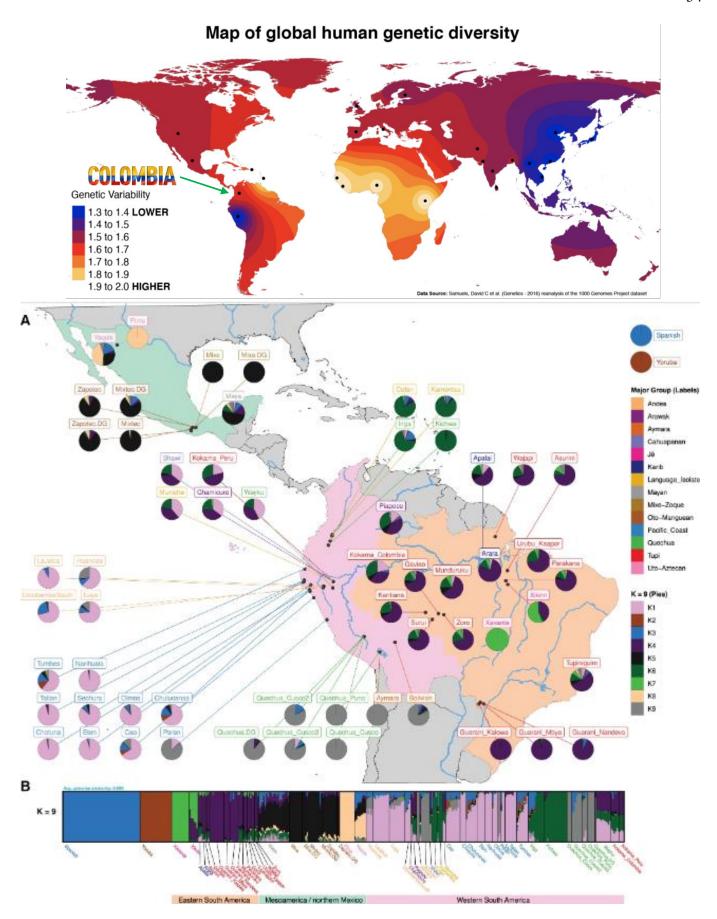
• Education. Public education systems, particularly at the high school level, sadly has a low quality. Education is one of the things that Colombia guarantees to its citizens, so every poor child can usually go to a school. However, if this education lacks quality, their chances to either apply what they learn to make a better living or get a higher education (to the technical or professional level). So far, government has created different programs to allow poor people to access University (*Ser Pilo Paga*, literally "being smart pays" is the most famous, but there are several cheap public universities as well). Most people also have access to SENA, a technical-level institution nationwide that's... not so bad (and also free, or very cheap). However, there's little being done to improve primary and secondary education; the best we can think of is "Enseña por Colombia", an institution that takes compromised students from the best universities and sends them for two years to remote or poor places (earning the teacher's average there) in order to increase the quality of education there. Other initiatives to the regional level (i.e. "Antioquia, la más educada") are done by the Department's governor, not nation-wide.

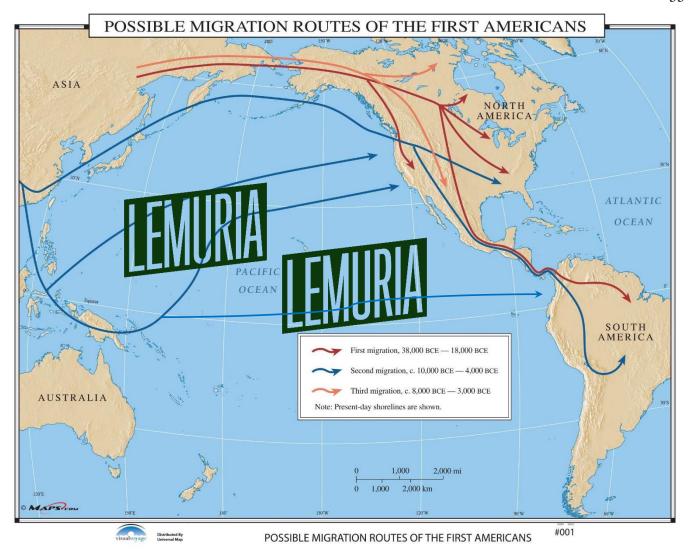


A member of Enseña por Colombia with her students.

In general, I believe this covers most of it. If you want more specific issues, I could go on days and days, but I believe this paints a pretty decent wide picture.

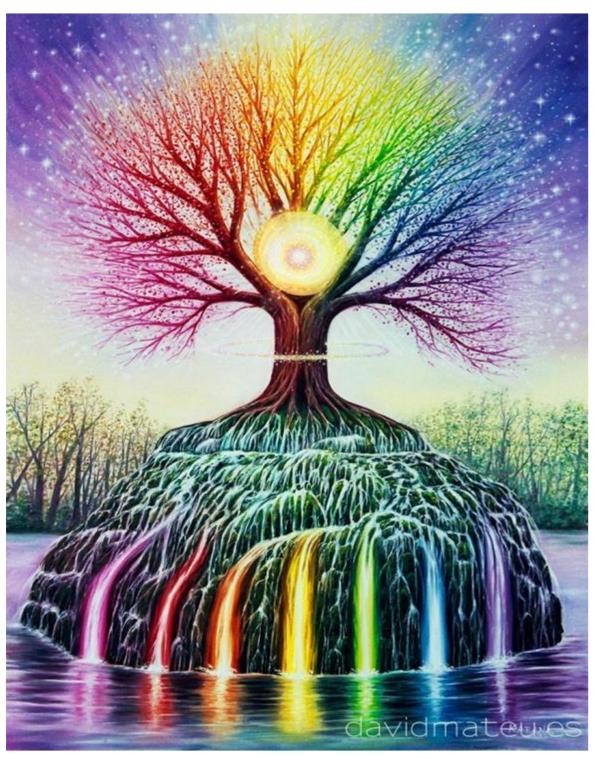
BTW, I left poverty (and related issues like inequality) and displacement out of the answer because you seem to know about them already, but both are very serious issues nonetheless.





Lemuria, also referred to as Mu, was an island continent in the Pacific Ocean basin. The continent enable its people to travel to Asia as well as north and south America. Sailing had been mastered a long time ago. There were some ten racial groupings on Lemuria. Thus, the Indian natives throughout north and south America would have mostly come from or through Lemuria.

Lemuria submerged with the advent of the pole shift that preceded the last pole shift. Lemuria submerged around 25,000 years ago. The last pole shift was around 12,500 years ago and that resulted in the submergence of Atlantis in the Caribbean / Atlantic Ocean regions. These are cyclical events of between 12,000 to 13,000 years apart. A severe pole shift event is typically followed by a moderate event, the last two have been severe.



Our skin colours as and how they arrived:

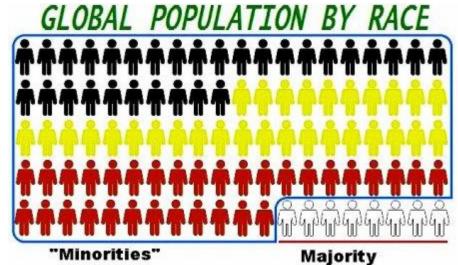
Being the colours of the rainbow!

Red by Andon and Fonta from south of the Caspian Sea some 993,500 years ago (also brown and black hair with brown and black eyes).

Orange, Yellow, Green, Blue and Indigo by the Sangik Family from the north eastern tablelands of India some 500,000 years ago (they had 19 children 5 red then 2, 4, 2, 4, 2 in order of colours).

Crimson by Adam and Eve from the Garden of Eden more than 38,000 years ago (also blonde and red hair with blue and green eves).

COMMERCIAL IN CONFIDENCE



Non-Whites are the overwhelming majority on this planet. Whites are a tiny minority.



A humanity is endowed with seven colours, just like the rainbow in the sky! 993,500 years ago, our first humans were the twins, Andon and Fonta and they were redskins having an appearance approaching that of the Eskimos. These red skinned people travelled far from south of the Caspian Sea, reaching Tasmania – Australia's south, 950,000 years ago!

Re: The Urantia Book



500,000 years ago the Sangik family in the north- eastern highlands of India had 19 children, 5 red, 2 orange, 4 yellow, 2 green, 4 blue, and 2 indigo (black) – the first and only rainbow family!

These formed groups and sometime later the orange, green and blues died out – killing each other!





Adam and Eve materialised on Earth more than 38,000 years ago and introduced the remaining colour, violet (white). As you can see, there are no black or white people!



Earth's humanity now has four colours, red, yellow, indigo and violet. They will intermingle and blend to become of an olive complexion!



COMMERCIAL IN CONFIDENCE

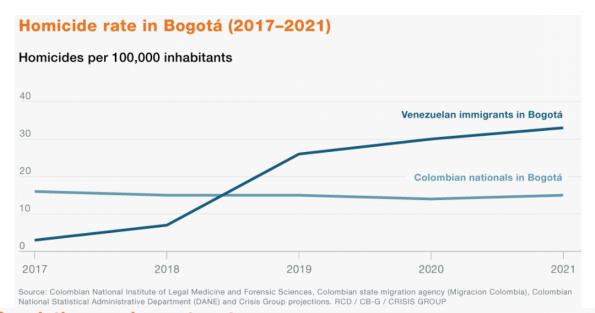
2.5 million Venezuelan refugees newly in Colombia

https://www.crisisgroup.org/latin-america-caribbean/andes/colombia-venezuela/hard-times-safe-haven-protecting-venezuelan

9 August 2022

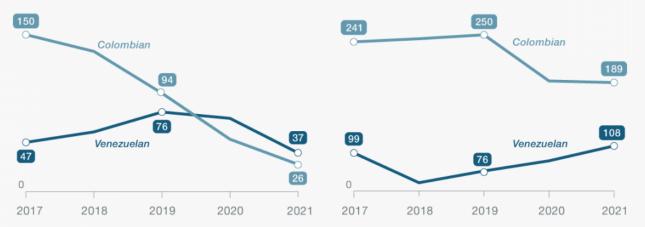
Close to 2.5 million Venezuelans are living in Colombia, having fled their home country's economic collapse and political crisis. While Bogotá has generously offered residency rights, many migrants and refugees nevertheless face extreme hardship and have few resources to sustain themselves. 9 Aug 2022





Convictions and arrests rates

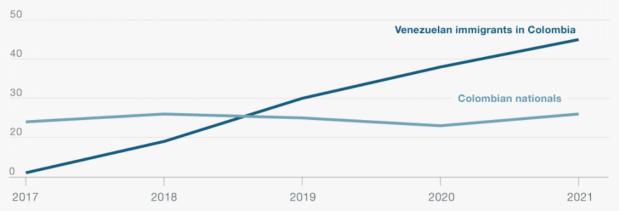
Convictions per 100,000 inhabitants (left) / Arrests per 100,000 inhabitants (right)



Source: Left: Colombian Attorney General Office (data collected on June 24, 2022), Migración Colombia, projections from DANE and from Crisis Group. Right: National Penitentiary and Prison Institute of Colombia (INPEC), Colombian Ministry of Foreign Relations and DANE. RCD / CB-G / CRISIS GROUP

Homicide rate in Colombia (2017–2021)

Homicides per 100,000 inhabitants



Source: Colombian National Institute of Legal Medicine and Forensic Sciences, Colombian state migration agency (Migracion Colombia), Colombian National Statistical Administrative Department (DANE) and Crisis Group projections. RCD / CB-G / CRISIS GROUP



Venezuela Refugees – Recommendations

9 August 2022

Migrants and refugees who left Venezuela during the first years of the country's political conflict had high hopes for change in their home country and for a return in the near future. Despite signs of fragile economic stabilisation in Venezuela, a true recovery is likely to depend on political agreements between the Maduro government and the opposition, followed by the relaxation and lifting of U.S. sanctions — none of which appears to be in the offering. In all likelihood, a large number of Venezuelans in Colombia are there to stay. A recent survey by the Bogotá city government found that 88% of migrants wished to remain in the country. It will be incumbent on the new administration and its international partners to act accordingly.

A.Protection

Providing Venezuelan migrants with information and support they need to protect themselves as soon as possible after they arrive in Colombia can help prevent them from wandering into problems.

Right now, both are in short supply. For example, migrants and refugees who cross the Simón Bolívar bridge – east of Cúcuta – encounter criminal networks in the small town on the Colombian side. These groups try to extort, recruit or profit from the Venezuelans. By contrast, to gain access to Colombia's state services, migrants first need to reach Cúcuta and navigate a complicated bureaucratic system. Until they obtain legal stay permits, they are not allowed into buses that can take them to their destinations or next transit points, condemning them to walk across Colombia with all the attendant risks. The ones who reach Bogotá, sometimes after walking more than 500km, have little idea where to look for jobs, shelter or any sort of support, and are easy pickings for the grey market and organised crime. Illegal and informal businesses that involve sexual exploitation and micro-trafficking offer immediate economic relief, and these easily accessible but poorly paid jobs are attractive when there are no other options for making ends meet.

Authorities at every level of government should be equipped to receive Venezuelan migrants and steer them toward safe, productive activities. Resource constraints will pose challenges to this effort. After decades of conflict, Colombia has more than 5 million internally displaced people, and the addition of nearly 2.5 million Venezuelan migrants is taxing it yet further. Still, improved collaboration among the relevant state agencies should be possible and could improve matters significantly. In particular, migration and law enforcement authorities should cooperate better with municipal authorities, child protection services and the office of the human rights ombudsman. They should work with large cities to provide resources and personnel for receiving migrants and refugees at known entry points. A prime objective of greater cooperation should be to ensure that arriving Venezuelans receive timely, clear, useful information about hotspots for trafficking, forced recruitment and sexual exploitation, as well as where to turn for help – including how to get government and UN programs and benefits.

Colombian authorities should ... take greater steps to protect trafficking victims and survivors of sexual exploitation ... along migratory routes.

Colombian authorities should also take greater steps to protect trafficking victims and survivors of sexual exploitation – as well as potential victims – along migratory routes. Protected environments are vital to prevent women from being exploited and trafficked, especially on the border; they should also afford women and children who have already become victims of trafficking and sexual exploitation an opportunity to escape from their abusers as well as medical and psychological support. There are about two dozen safe houses in Bogotá, but in the main border city of Cúcuta, the lack of safe spaces for women

and minors is pronounced. Colombia's police should also designate a unit to investigate and prosecute human trafficking, which could work in close collaboration with judicial systems in other Latin American states, while pursuing internal investigations to tackle the alleged complicity of police officers in trafficking networks.

Another protective step that Colombian authorities can take would be to recognise those Venezuelan nationals who have become victims of Colombia's internal conflict as such for purposes of Colombia's 2011 Victims Law. That law stipulates that all people who suffer from violations of international humanitarian or human rights law amid Colombia's armed conflict are legally entitled to special rights, including reparations as well as certain social and economic benefits. But Venezuelans are excluded from the National Victims Unit's register and are not eligible for reparations payments even if they otherwise satisfy the law's requirements. Although the Victims Law does not discriminate based on nationality or migratory status, as a practical matter the Unit for Comprehensive Care and Reparation for Victims does not carry out assessments of undocumented citizens. There are many other hurdles to overcome before Venezuelans can be recognised as conflict victims as well.

Colombia is not alone in facing the challenge of protecting and integrating Venezuelan migrants; all the Andean countries are struggling with it in the face of growing domestic intolerance and xenophobia. Left-leaning Chilean President Gabriel Boric declared at the Summit of the Americas in June that "no country can absorb [Venezuelan migration] by itself", insisting on the need for a regional response anchored in human rights. The core components of such a response should include greater information sharing regarding migration flows, the presence of organised criminal groups and other security risks faced by migrants; cross-border initiatives to ensure safe passage with common rules as to valid documentation; and a broad agreement to recognise Venezuelans' qualifications. This program should draw on backing from international donors and agencies, and should focus on helping protect Venezuelan migrants from the risks of violence and exploitation they encounter.

Attracting support could be difficult, however. Foreign assistance for Venezuelan migrants has previously paled in comparison to support for other humanitarian emergencies, and is likely to decline further in 2022 as donors shift budgets to the humanitarian crisis caused by the war in Ukraine. Meanwhile, aid packages reserved for Colombia are turning their focus to victims of the country's worsening internal conflicts.

B.Integration

While migration can be beneficial for host countries, these benefits may be overshadowed by the challenges of absorbing a wave of new entrants into a labour market characterised by high levels of unemployment and informality and low levels of pay. Since it is likely that many Venezuelans will not return to their homeland, developing routes to formal employment will be essential to ensure that migrants are not marooned in informal jobs or vulnerable to recruitment by criminal groups.

In spite of the state's steps toward legalising the stay of migrants, providing them with access to health care, and beginning to validate diplomas earned in Venezuela, employers are still hesitant to formally hire or enter into contracts with Venezuelans. Additionally, many of the more predatory employers instead exploit their vulnerable status through informal arrangements. Meanwhile, the gut fear of many Colombians, especially those earning lower incomes, is that Venezuelans will steal their jobs. Government leaders sometime reinforce these anxieties. The outgoing vice president, Marta Lucía Ramírez, stated in February that Colombia has taken in the "less wealthy and qualified sectors" of the Venezuelan diaspora and has not benefited from the skills and resources typical of the migrants reaching North America and Europe.

In fact, Venezuelan migrants are not necessarily less qualified than Colombians, but they have struggled to get their qualifications recognised. About 69% of Venezuelans in Colombia possess at least a high school diploma, roughly 9% higher than the rate for Colombia's population. Due to a lack of funds and government programs stalled by the COVID-19 pandemic, however, Colombia has been slow in moving ahead with efforts to integrate Venezuelans after granting legal stay permits. Like other regional states, it has lagged with respect to the recognition of educational credentials. Only about 10% of the Venezuelans in Chile, Colombia and Peru had their diplomas and credentials recognised by October 2020. By March 2022, about 22,000 Venezuelans in Colombia had completed the first steps to validate their university degrees.

Colombia [and] other Latin American states should make the recognition of credentials quicker and cheaper, while also helping migrants and refugees gain access to courses and re-schooling.

With the support of multilateral bodies such as the UN Development Programme and World Bank, Colombia as well as other Latin American states should make the recognition of credentials quicker and cheaper, while also helping migrants and refugees gain access to courses and re-schooling, which are essential to bridge the gap between supply and demand in the labour market.

In addition, the state should put more effort into communicating the legal rights of migrants to the private sector. Even though stay permits allow Venezuelans to open bank accounts and access credit, bank employees often deny these because of distrust or a lack of knowledge.

As for the large population of migrants and refugees who do not possess valid migratory status, above all those living in remote rural areas, the risks of exploitation in the labour market are high. Barriers to obtaining status can be significant. Migration offices are located in larger cities that for Venezuelans, for example in the remote border region of Catatumbo, are too costly or too far away to reach. Mobile units carrying migration officials and training for municipal officials to work on migratory issues, such as handling applications for stay permits, could help improve access to formal work and social services for migrants in areas prone to conflict and crime.

At the same time, authorities should do what they can to overcome at least some of the concerns that Colombians have about competing with Venezuelans in the labour market. A stricter law enforcement approach to businesses that illegally exploit Venezuelans could help assure Colombians that migrants are not undermining employee protection laws, including those requiring payment of at least the official minimum wage. Steps to increase trade between the two countries could also enhance the perceived value of Venezuelans to the Colombian economy, enabling them to take commercial advantage of their connections across the border in ways that could create jobs for Colombians rather than take them away.

C.Bilateral Diplomacy

Diplomatic relations between Colombia and Venezuela have been frozen since 23 February 2019, when President Maduro cut ties with Bogotá after opposition leader Juan Guaidó spearheaded a Colombia-U.S.-backed plan to transport humanitarian aid across the border. As a result, each country closed the other's embassies and consulates. The border closure forced tens of thousands of migrants, refugees and residents to take enormous risks at dangerous informal crossings under the control of armed and criminal groups. Since the closing of embassies and consulates, the only consular services that Venezuelans have access to in Colombia have been provided by Guaidó's "interim government". Fewer than ten countries

now recognise his claim to the presidency following the failure of the various schemes in 2019 and 2020 to unseat Maduro.

A marked deterioration in bilateral relations has been felt most acutely at the border, above all in worsening insecurity. At the same time, acrimonious or even severed relations between the countries need not impede functioning border ties. Maduro's predecessor as president, the late Hugo Chavéz, and his Colombian counterpart Álvaro Uribe, president between 2002 and 2010, had a plainly adversarial relationship, but the two maintained open borders and commercial relations for several years before diplomatic frictions between 2007 and 2009 led to border closures. Maduro and former Colombian President Juan Manuel Santos met in Ecuador in 2015 to discuss their border dispute at length. Yet there is as yet no official record of even as much as a telephone call between Maduro and Duque.

Even so, conditions at the border for migrants and refugees, as well as daily traffic between the two countries, have started to improve. Since October 2021, the Venezuelan-Colombian border has been partially reopened again for pedestrians. Fluid dialogue between senior officials in the neighbouring regions of Norte de Santander, in Colombia, and Táchira, in Venezuela, has ensured an increasing level of local cooperation regarding shared security threats and humanitarian relief for migrants. In 2021, authorities in Táchira warned their Colombian counterparts that members of the Tren de Aragua had escaped from prison and were hiding in Colombia. The exchange of intelligence led to their arrest.

[Colombian President] Petro declared that he would open the border [with Venezuela] fully and work toward improving human rights along the frontier.

The incoming government in Bogotá, which took power on 7 August 2022, appears determined to build on this fragile progress and restore ties between the two nations completely. President Gustavo Petro, a left-leaning former urban guerrilla who has pledged to fight inequality and reduce Colombia's reliance on fossil fuels, has said he would re-establish diplomatic relations with Venezuela, "whatever the government". Following his first telephone call with Maduro, days after his election victory, Petro declared that he would open the border fully and work toward improving human rights along the frontier, potentially signifying an end to the mistrust and mutual accusations of support for armed factions that have marred bilateral relations since 2019. The government is also likely to be keen to expand trade following the collapse in formal commercial relations over the past decade, and to find ways to handle more humanely the arrival and return of migrants.

On the specific issue of migration, Petro has made explicit his goal of improving the well-being of Venezuelans. Building on the efforts of previous governments to offer Venezuelans temporary residency, his manifesto states that his government would support migrants' economic integration and educational programs, as well as "dignified conditions for return to their countries of origin". He has also said he would promote dialogue with other Latin American states to support the integration of migrants and recognise their contribution to host societies. Despite the new government's concern for migrants' needs, political refugees from Venezuela in Colombia have voiced concern about whether renewed bilateral relations will compromise their safety by enabling extradition back to Venezuela.

D. Resolving the Venezuelan Crisis

Venezuela's economic, political, humanitarian and security woes have driven the migrant exodus. But while fixing some of these underlying causes could create the conditions for more migrants to return, a solution to Venezuela's political crisis that could spark a steady economic recovery nevertheless appears far from imminent. Tentative negotiations between the Maduro government and an opposition alliance in

Mexico started in August 2021, but Maduro suspended them two months later. In March 2022, however, the push for a negotiated settlement in Venezuela received a fresh boost when Maduro announced he would resume talks with the opposition after a high-level U.S. delegation visited Caracas. Unfortunately, progress toward a new round of dialogue has stumbled since then, though it is not off the table, with frequent contacts between representatives of the two sides in recent months.

The resumption of talks between Caracas and Washington was profoundly influenced by the war in Ukraine, but could in theory generate a climate that is favourable not just to resuming oil exports to the U.S. market, but also restarting the Mexico dialogue, preparing the ground for improved electoral conditions and providing sanctions relief. There is no quick fix for a political conflict that has dragged on for over two decades, but in the event of breakthrough toward a political settlement or a hypothetical lifting of U.S. sanctions, living standards in Venezuela could finally embark on a sustained recovery from their current nadir, while migrants might consider returning home.

Down the road, returnees could play a major role in the reconstruction of Venezuela. Yet it is uncertain how many of the Venezuelans who fled their homeland would consider going back when the situation allows for it. Estimates vary greatly, but civil society groups argue that most Venezuelan migrants and refugees plan on staying in neighbouring host countries.

[Venezuelan President] Maduro has argued that Venezuelans who are facing discrimination and xenophobia abroad need a helping hand to return home.

In the meantime, Maduro has argued that Venezuelans who are facing discrimination and xenophobia abroad need a helping hand to return home. "The doors of our country are open and they can return and be in peace, without discrimination, next to their families and on their land", he has declared. A campaign to support returnees, branded Plan Vuelta a la Patria, claims to have brought back over 28,000 Venezuelans from 21 countries in 165 flights and sea journeys since 2018. This figure represents not even 0.5% of the total Venezuelan diaspora, but the *chavista* government has given its campaign a high profile. While the campaign was supposedly designed for stricken migrants who could not finance a return trip, Venezuelans complained about having been charged large sums for their repatriation flights. Critics have treated the strategy as a political stunt.

Some entrepreneurial Venezuelans have also returned home, many with the aim of profiting from the elimination of price controls and free circulation of the U.S. dollar in the country.

To promote future safe returns, the Venezuelan government should not be in sole charge of these operations. International partners should press Colombia and Venezuela to open effective humanitarian corridors across the border as part of any improvement in relations between the two, with support from international agencies such as the International Organization for Migration and UN High Commissioner for Refugees. Guarantees aimed at safeguarding human rights of returnees during their journey will be vital. UN agencies and donor countries should also increase financial and technical support for returning migrants and strengthen the responsiveness of the Venezuelan state so as to ensure returnees have food and safe transportation to their destination. Special attention for women and children who have already faced extreme risks and hardships during their flight from Venezuela is of particular importance.

Close monitoring of the entire return process is critical. Venezuelans who opted to return home during the early months of the pandemic were received in overcrowded quarantine centres on the Venezuelan side of the border, where conditions were dire. *Colectivos*, violent para-police groups loyal

to *chavista* politicians, were looking for signs of political dissent inside these centres and behaved violently toward former military officers who were perceived as traitors.

VII. Conclusion

Colombian authorities have provided a generous welcome to Venezuelans fleeing extreme hardship in their homeland, setting a high bar for granting migrants formal residency and access to public services. But the **migrants' urgent quest for money, food and shelter** has tended to overshadow the scope of Bogotá's legal protections. Many migrants have found themselves exposed to poverty, discrimination and physical peril. Colombia's large informal economy has failed to ease many migrants' financial straits, above all during the Covid-19 pandemic lockdowns. Meanwhile, the country's far-reaching armed and criminal networks have emerged as major employment providers, but at the cost of sexually exploiting women, entrapping migrants in conflict zones or dispatching them to commit crimes in cities.

The xenophobic reaction of many Colombians to Venezuelans has spiked at moments of unrest, but it owes much to the perception that migrants and refugees lower wages for locals and account for a rising share of crime, above all high-visibility offences in big cities such as drug dealing and burglary. While debate continues as to the extent of their involvement in crime, there is little doubt that vulnerable Venezuelans have been exploited as cheap, docile labour by legal employers and crime groups alike. These employment terms, and their effects on Colombians' perceptions of migrants (informed by anxiety about competing with them), have in turn been aggravated by the country's rising joblessness, worsening insecurity, buoyant illicit businesses and the Covid-19 pandemic's economic effects.

A safer life for Venezuelans in Colombia will ... depend on improving ties between the two countries.

Ensuring that Venezuelans receive enhanced information and support to help protect them on arrival and doing more to enable them to join the formal economy would help rescue them from illicit recruitment and exploitation. But a safer life for Venezuelans in Colombia will also depend on improving ties between the two countries. Mending ruptured diplomatic and consular relations looks far more likely now that Gustavo Petro is the president of Colombia. Rebuilding relationships should be a priority for Caracas (capital of Venezuela) as well, and the broader region should do more to pool efforts to address the exodus and the criminal threats migrants face. Recognising that Venezuelans will continue to cross into Colombia should not impede strategies to facilitate safe returns to Venezuela for those who wish, especially if and when the country makes progress toward resolution of its longstanding political conflict. In the process, both governments must collaborate to increase border security and make passage safer in both directions.

Crime may well remain an alluring option for vulnerable migrants so long as Venezuela's economy stays in the doldrums and employment in Colombia is hard to find. A route for migrants to a legal home and livelihood will require greater physical protection, more economic opportunity and serious steps toward cooperation between the two states. Overall, however, the Petro administration's advent and other developments hold out the hope that the worst of Venezuelan migrants' travails in Colombia may be in the past.

Bogotá/Washington/Brussels, 9 August 2022

The Last Refuge – Urban displacement in Colombia

https://story.internal-displacement.org/colombia-urban/index.html

Colombia is, after Syria, the country with the highest number of **internally displaced people** (IDPs) in the world: **5.6 million**. A huge **89%** have been displaced from rural to urban areas by conflict and violence. In Colombian cities, informal settlements have become the last place of refuge for many IDPs.

Between 2016 and 2019, (Internally Displacement Monitoring Centre) IDMC's Pablo Cortés Ferrández spent time in Colombia meeting some of the people affected by rural-to-urban displacement. He learned about the problems they face, about their hopes for the future, and their resilience. This multimedia story is rich in the original art, recordings, and photos collected along the way. Scroll down to experience the stories of three Colombians all internally displaced from rural to urban areas in what some have called "the forced urbanisation of the country".

"If the rent was paid, the food was not."



Photo portrait of Paula.

Artist's portrait of Paula.

Paula's story



Paula has experienced two displacements, built her own home, and is currently one of the community leaders of the Altos de la Florida neighbourhood. Empowerment and hope have allowed her to overcome the challenges of repeated urban displacement.

I was displaced in 2005 from Villavicencio to Istmina in Chocó, on the Pacific coast of Colombia. In Istmina we got into difficulty

because it was a red zone and we were displaced again in 2008. I decided to go to Bogotá and my husband to Buenaventura, but he was displaced again and came to Bogotá. We were living in the Patio Bonito neighbourhood but we paid 530,000 pesos (142 USD) in rent and my husband earned 700,000 (187 USD). If the rent was paid, the food was not.

Paula received valuable leadership training from various organisations and the Colombian government. Today, she actively participates in programs that protect the rights of children and women. Paula's main objective is to continue training as a leader to acquire the necessary skills that will allow her to work with her neighbours, NGOs, and the government in a more collaborative way.

On January 17, 2014 we started building our house. It took nine months. I now live here, in the Altos de la Florida district in the municipality of Soacha with my husband, my 12-year-old daughter and my 7, 11, 12 and 14-year-old children.

Paula's neighbourhood is located in Soacha, a part of the urban sprawl that surrounds Bogotá. It is the perfect example of the emergence of informal settlements and informal land markets which can be found in most fast-growing cities hosting IDPs in Colombia. Soacha is one of the main IDP-receiving areas in the country. As of today, more than 56,000 IDPs or 8.9% of the total population of Soacha, have sought refuge in the city.

She sees Altos de la Florida not as an informal settlement but as a human settlement. She is aware of the fact that much of the neighbourhood consists of unofficial buildings, but is nevertheless doing her best to manage the continuous arrival of people. Together with universities, she has developed architectural plans to be worked on in collaboration with the local authorities. These plans officially indicate the streets and houses of the neighbourhood. The community, with the support of universities and NGOs, presented the plans to the local authorities to help them in their negotiations to legalise the existence of their homes. As one of the neighbourhood representatives, she fights daily to improve the living conditions of her family and her neighbours.

While millions of IDPs in Colombia consider that urban areas can offer them protection, many actually end up in informal settlements where they can be faced with numerous unexpected risks and vulnerabilities.

"We feel that we do not exist for the authorities."



Andrea's story



The words Soacha and Altos de la Florida are superimposed on Andrea's artistic portrait, precisely because many urban IDPs feel stigmatised when they say they live in an informal settlement.

Artist's portrait of Andrea.

Certain neighbourhoods or localities, such as Altos de la Florida and Soacha, can find themselves besieged by prejudices.

I was displaced from Putumayo to Bogotá ten years ago. The change from living in the countryside to the city was very hard. I cried every day. Living on a farm is a very different feeling to the feeling of confinement you get in a city. I lived in many neighbourhoods and in the end I bought a plot in Altos de la Florida.

Today, Andrea is the secretary of the *Junta de Acción Comunal* (community action board), the body in charge of representing the community before the local authorities. The main objectives of this body are to tackle stigmatisation, to connect the neighbourhood to drinking water and the sewerage system, and to improve access to education.

The most difficult thing is living without public services. We have no permanent access to water; it only comes through a truck. There is no sewerage system and the lights work very badly. We feel that we do not exist for the authorities.

She dreams of being able to turn her neighbourhood into an official part of the municipality. Andrea finds it particularly hard to bear that the women, men, and young people who reside in the neighbourhood cannot write their true address on official documents due to the stigmatisation people who live in informal settlements. For example, some residents told us that they do not write their address on their resume because not doing so ensures they will have a better chance of getting a job.

Andrea is part of the neighbourhood's training programmes and is improving her communication skills to be able to represent Altos de la Florida in meetings not only at the local level, but also at the national level when victims of Colombia's armed conflict meet.

"I want to pass on what I've learned at university to my neighbourhood."

Pablo's story

I don't consider myself displaced. I'm from one of those 'other' families who came to the city looking for economic opportunities. I came to Altos de la Florida when I was six years old. Back then there were very few houses. I began to spend time in an international NGO program for children. They inspired me to take care of myself and to keep away from dangerous paths. Then came another organisation that supported us to create a breakdance group and I eventually got into university to study social work.

The arrival of the first urban IDPs to Altos de la Florida in 2001 led the United Nations (UN), as well as international and national NGOs and some national authorities to work in the neighbourhood. The initial objective was to provide emergency assistance in terms of housing, food, health, education, and employment. However, over the years the community of Altos de la Florida has become the driver of many of its own grassroots projects. Pablo is an example of these processes.

He participated in innovative training programs designed to educate him on his rights and other topics through breakdance. These programs were financed by local authorities, UN agencies, and NGOs. The goal was to empower Pablo and other young people like him to create their own organisations for the community. Today, his breakdance group is an association that trains other young people in the neighbourhood.

Following Pablo's example, a group of women from Altos de la Florida have also started to coordinate activities within an NGO. The NGO focused on training people so that they could end up in a position to work with other women and children on education, economic opportunities, and violence prevention. This approach has in turn made the NGO's work more sustainable and brought it closer to the community it serves.

I knew that what I learned at the university I wanted to pass on to my neighbourhood. Despite the fact that the resources we've received have been very few, we've formed a large and strong group of children and young people who express themselves through breakdance, build for the future, analyse their situation, and seek out ways to better themselves through study and work.

Many adults and young people in Altos de la Florida are now community leaders, capable and confident enough to participate in discussions with the local authorities on how to improve the neighbourhood. Some of them have

even taken the reins, coordinating the work of the very organisations that once helped them.

Photo portrait of Pablo.

Artist's portrait of Pablo.





Life in an informal settlement

Around 73% of the residents of Altos de la Florida live in poverty.

Around 53% are under 25, and 49% are women.

Between 30% and 40% of the community – or around 1,400 people – are IDPs. Around 40% of them have been living in the neighbourhood for more than six years.

Most internally displaced people (IDPs) in Altos de la Florida arrived from other informal settlements or urban areas, citing the lower cost of living as their main reason for moving. However, this masks the fact that the majority were originally displaced from rural areas – and often more than once. Following displacement, many tried unsuccessfully to settle in formal neighbourhoods in Soacha or Bogotá before arriving in Altos de la Florida.

In an informal settlement, IDPs share some vulnerabilities with non-displaced residents of these often deprived neighbourhoods. They also only have promissory sales agreements for their homes, which do not constitute official proof of ownership.

Altos de la Florida – on the edge of Soacha, near Bogotá – formed with the arrival of families displaced by decades of violence and acute poverty in Colombia. It is now home to hundreds of households who live with intermittent electricity and no running water. (Video: UNHCR)

The authorities tried to clear Altos de la Florida in 2009, but the community and humanitarian organisations managed to prevent any evictions from taking place.

Lack of basic services

The people we interviewed identified drinking water as their main concern in terms of services. Despite being only a few minutes from the capital, the neighbourhood does not have mains water or a sewage system. Households receive drinking water by truck every two weeks. Having to wait at home for the delivery also impedes their ability to work, study, and take part in community processes and NGO projects.

Around 89% of the people we surveyed did not have access to education, 86% were not formally employed, and 53% had no access to vocational training. Around 34% receive welfare.

Informal status

The municipal authorities do not consider Altos de la Florida a part of Soacha. Only some parts of three of its five sectors have been legalised.

Altos de Florida is a vulnerable community due to the informality of the neighbourhood.

According to the representative of one international organisation interviewed: "Altos de Florida is a vulnerable community due to the informality of the neighbourhood."

Every day, people flee conflict and disasters and become displaced inside their own countries. <u>IDMC</u> provides data and analysis and supports partners to identify and implement solutions to internal displacement.

In the 21st century, urban centres have increasingly become destinations for internally displaced people. This is not a new phenomenon, but its real scale at regional and global levels is not known. We also know little about the extent to which cities provide safe havens for those internally displaced and the degree to which they are able to establish new urban lives. And we have only limited insights into how displacement shapes urban systems.

Our research programme on urban internal displacement seeks to fill that information gap by exploring the scale, nature, and dynamics of urban internal displacement across the world from the perspective of both internally displaced people and that of the cities they flee to.

If you would like to learn more about urban displacement in Colombia, read our report "From Aid to Empowerment: Addressing Urban Displacement in Colombia's Informal Settlements".

https://www.internal-displacement.org/sites/default/files/publications/documents/Urban%20displacement%20columbia EN 26-11.pdf

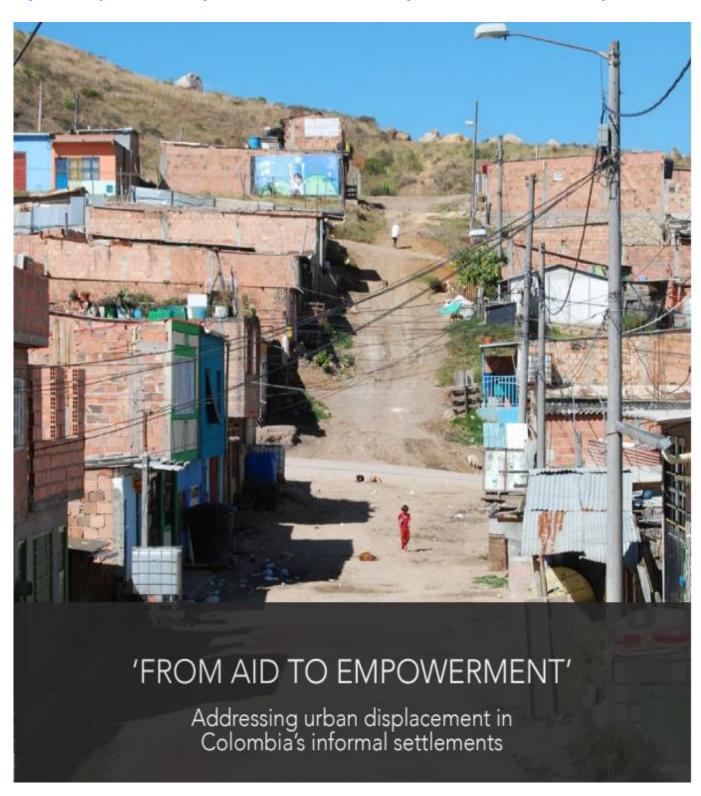


COMMERCIAL IN CONFIDENCE

UnSettlement: Urban displacement in the 21st century

https://www.internal-

displacement.org/sites/default/files/publications/documents/Urban%20displacement%20columbia EN 26-11.pdf

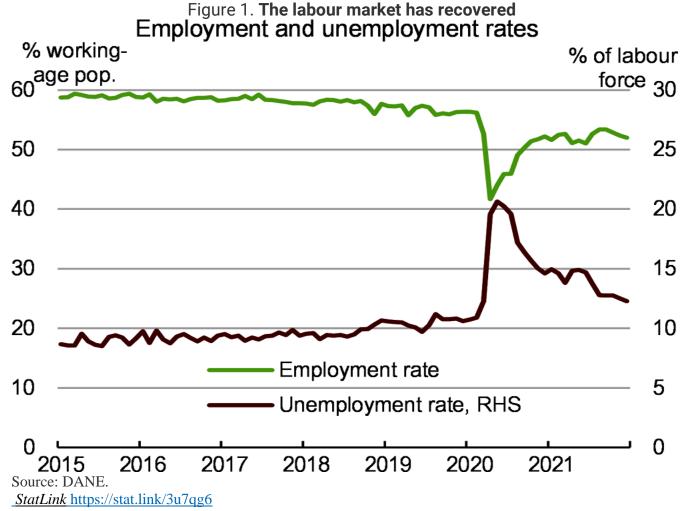


OECD Economic Surveys: Colombia 2022

https://www.oecd-ilibrary.org/sites/04bf9377-en/index.html?itemId=/content/publication/04bf9377-en/index.html?itemId=/content/publication/04bf9377-en/index.html?itemId=/content/publication/04bf9377-en/index.html?itemId=/content/publication/04bf9377-en/index.html?itemId=/content/publication/04bf9377-en/index.html?itemId=/content/publication/04bf9377-en/index.html?itemId=/content/publication/04bf9377-en/index.html?itemId=/content/publication/04bf9377-en/index.html?itemId=/content/publication/04bf9377-en/index.html?itemId=/content/publication/04bf9377-en/index.html?itemId=/content/publication/04bf9377-en/index.html?itemId=/content/publication/04bf9377-en/index.html?itemId=/content/publication/04bf9377-en/index.html?itemId=/content/publication/04bf9377-en/index.html?itemId=/content/publication/04bf9377-en/index.html?itemId=/content/publication/04bf9377-en/index.html?itemId=/content/publication/04bf9377-en/index.html?itemId=/content/publication/04bf9377-en/index.html?itemId=/content/publication/04bf9377-en/index.html

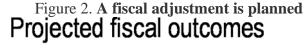
Colombia's economy has recovered remarkably well from the COVID-19 crisis, as strong fiscal and monetary policy support have successfully averted a stronger contraction of incomes. New social programmes have saved millions from falling into poverty. Medium-term growth prospects hinge on reforms to expand social protection and boost productivity.

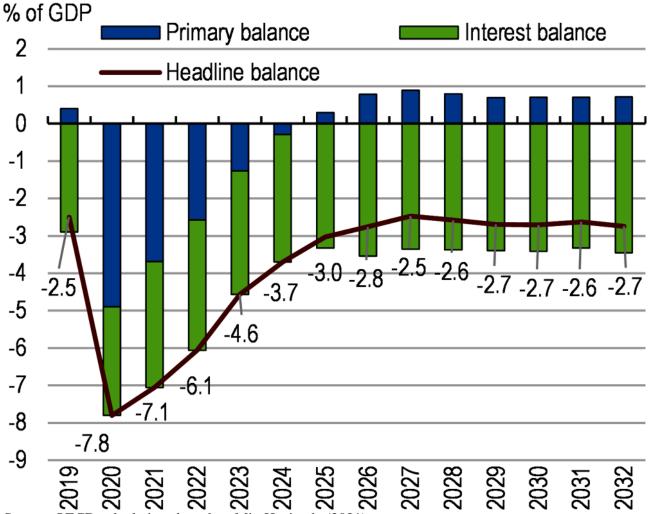
Over the last decades, Colombia enjoyed remarkable economic stability due to sound macroeconomic policies. A track record for prudent fiscal management, underpinned by a recently improved fiscal rule, a successful inflation targeting regime and a flexible exchange rate will lay the grounds for a continuous rebound of domestic demand. Unemployment has declined and now stands 1.5 percentage above the level of late 2019 (Figure 1). Still, deep structural challenges in the labour market remain, including high informality. Informal workers, women and youth were particularly hit during the pandemic, exacerbating long-standing inequalities.



The fiscal rule was rightly suspended during 2020 and 2021 to provide exceptional fiscal support to the economy and vulnerable households in particular. Public debt has risen by 13.5 percentage points of GDP and financing costs have risen. A recent fiscal reform will pave the way for a gradual fiscal adjustment, but part of the adjustment planned for the next two years has not yet been implemented

(<u>Figure 2</u>). Under current plans, debt is projected to stabilise at around 59% of GDP over the next ten years, 8.5 percentage points above pre-pandemic levels. This implies lower fiscal buffers than in the past and leaves less space to react to potential future adverse events.





Source: OECD calculations based on Min Hacienda (2021).

StatLink https://stat.link/8dat6w

Tax revenues of only 20% of GDP are insufficient to meet rising social demands while preserving necessary public investment in infrastructure, education and health. Personal income taxes, which only 5% of Colombians pay, are the principal explanation behind this low tax collection (Figure 3), while widespread tax expenditures and tax evasion curtail revenues across all tax areas. High business taxes reduce investment incentives, particularly as the business sector will finance a significant part of the planned fiscal adjustment. However, the political economy of tax reform is complex, as previous plans to increase income and consumption taxes were widely opposed by social unrest in May 2021.

Looking ahead, enhanced social benefits will continue into 2022 and further underpin private consumption (Table 1). Infrastructure investment is buoying investment, while strong commodity prices and improving prospects in the main trading partners are supporting exports. Inflation has risen lately, but inflation expectations remain well-anchored. The Central Bank should continue the gradual withdrawal of monetary support to the extent that inflationary pressures intensify.

Table 1. A strong recovery is underway				
	2021	2022	2023	
Gross domestic product	9.5	5.5	3.1	
Private consumption	13.6	5.6	3.8	
Gross fixed capital formation	8.3	4.6	6.5	
Exports	11.5	10.9	6.9	
Imports	27.7	10.6	6.0	
Unemployment rate	13.7	11.8	10.7	
Consumer prices (end of period)	5.6	4.6	3.3	
Headline fiscal balance (% of GDP)	-7.1	-6.1	-4.6	
Primary fiscal balance (% of GDP)	-3.7	-2.6	-1.3	
Public debt (gross, % of GDP)	63.8	62.5	62.4	

Source: OECD Economic Outlook database.

In a longer view, however, both growth and social inclusion are trapped by weak policy settings that prevent firms from growing and becoming more productive while precluding more than half of Colombia's income earners from formal jobs and social protection. Productivity growth has been weak for two decades, including relative to regional peers and investment has weakened. Unless both can be raised, potential growth will be lower than in past decades, as support from commodity prices and demographics is vanishing.

Low and declining competitive pressures in a number of sectors are one reason behind weak productivity. Regulations hamper firm entry, while informality of firms and jobs creates both an uneven playing field and incentives for firms to remain small. Besides these domestic factors, tariff and non-tariff barriers, with high tariff dispersion and a rise in peak rates, stand in the way of stronger engagement in international trade and investment flows. Exports remain concentrated in a few commodity sectors and trading partners.

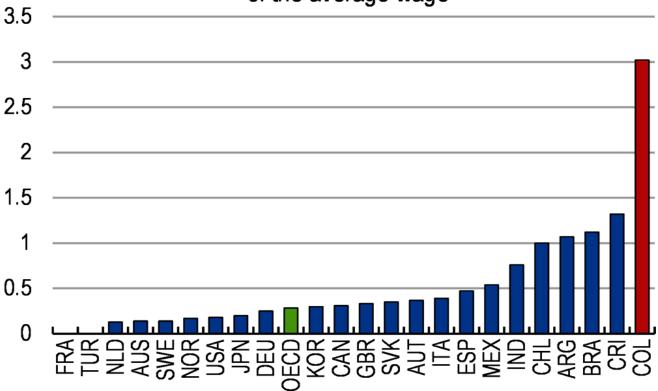
Expanding social protection and reducing informality are key priorities

Colombia has one of the highest levels of poverty, income inequality and labour market informality in Latin America. Despite a strong crisis response, social benefits do little to alleviate inequalities, and most social spending goes to the non-poor, particularly in the case of pensions.

Over 60% of workers have informal jobs and no access to social security benefits except health. A key factor behind labour informality are high non-wage costs that finance formal-sector social security benefits and a high minimum wage whose level is close to the median wage. These put a high price on formal jobs and generates a vicious circle that perpetuates informality and exclusion.

Delinking access to social protection from worker status in the labour market is the key challenge to break the current duality in incomes and job quality. A basic and universal level of social protection should be made available to all Colombians by merging parallel schemes for cash transfers, pensions and health, combined with a more comprehensive set of benefits that can support those who can contribute more. These reforms will require shifting much of the financing of social protection gradually away from contributions on labour towards general taxation.

Figure 3. Few people pay income taxes
Basic personal income tax deduction, as multiple
of the average wage



Note: The chart shows the income level as of which people start paying personal income taxes, relative to average wages.

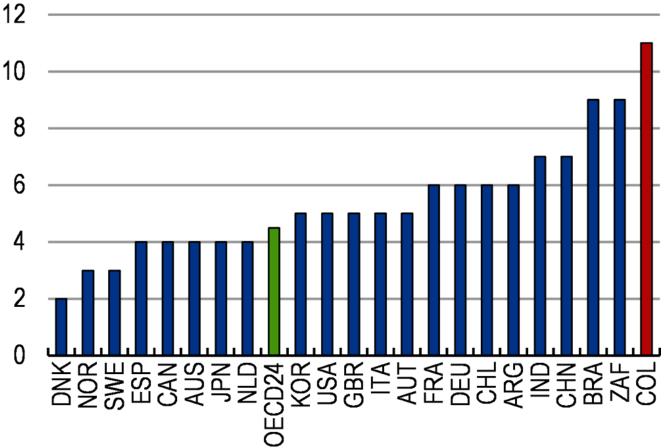
Source: OECD Taxing Wages 2021. <u>StatLink</u> https://stat.link/ch7slb

More equal opportunities in education are also key to raise formality and improve

intergenerational mobility, which is particularly low in Colombia (Figure 4). After one of the longest schools closures in the region and in the OECD, the severe education inequalities that existed before the pandemic are likely to widen. For students from vulnerable households, virtual classrooms did little to compensate for the absence of physical classes, given stark differences in digitalisation. Early drop-out rates in secondary education, typically concentrated among students from disadvantaged socio-economic backgrounds, have risen in 2020, and are likely to rise further. Early childhood is when many of the basic skills for successful learning later in life are acquired, but pre-school education is available to only 50% of children between ages 3 and 5.

Figure 4. Intergenerational mobility is low

Number of generations required to rise from the bottom 10% to the mean income in society



Source: OECD Income Distribution Database.

StatLink https://stat.link/xst64u

Governance challenges persist

Colombia has made significant progress with recent anti-corruption efforts, but high corruption perceptions still point to significant governance challenges. Improvements in governance are key for raising public trust in institutions, which is low in Colombia (Figure 5).

Unlike many OECD countries, Colombia does not have a dedicated whistle-blower protection law. Typical high-risk areas for corruption include infrastructure projects and public procurement. A recently created centralised public purchasing body holds potential to reduce the scope for illicit behaviour, but direct purchases still represent around 70% of total public procurement transactions. Transparency in the interactions between interest groups and policymakers is not regulated by law.

Political campaigns are highly dependent on private funds in Colombia, given the limited scope of public campaign financing. This creates strong incentives for candidates to promise post-election favours and may affect spending efficiency.

Fighting deforestation is key for sustainability

Greenhouse gas emissions are relatively low in per capita terms, but have been trending upward over the last decade. Reaching emission targets will depend crucially on advances in the fight against deforestation, a main source of emissions.

Colombia has committed to an ambitious target of zero net deforestation by 2030. Nonetheless, deforestation has risen in recent years, by as much as 8% in 2020. Remarkable institutional efforts to curb deforestation have included a satellite-based early detection system, but limited resources for enforcement action only allow following up on a minor fraction of detections.

Stronger incentives for the use of non-fossil sources of energy could reduce emissions. A recently introduced carbon tax is set at a comparatively low level and covers only 25% of domestic emissions. The revenues it raises only barely exceed spending on fossil fuel subsidies, which should be phased out. Electricity generation capacity is based to 70% on renewable sources, making Colombia one of the pioneers in this area.

EVERYTHING TO KNOW ABOUT POVERTY IN COLOMBIA

https://borgenproject.org/poverty-in-colombia-

2/#:~:text=The%20United%20Nations%20Economic%20Commission,of%20the%20Russia%2DUkraine%20War.



5 August 2022

Despite its economic growth, with Colombia being the fourth-largest economy in Latin America as of 2021, the COVID-19 pandemic exacerbated poverty in Colombia where the **poverty rate in 2020 was 42.5%.** However, with long-term trends toward declining poverty and better economic policies, there is hope for better living conditions in Colombia in the near future. Here is everything you need to know about poverty in Colombia as of 2022.

Quick Facts

- In a population of 50.9 million, around 2.5 million people live on less than \$1.90 as of 2019.
- The poverty rate in 2021 was 39.3%, with a large gap between rural and urban poverty.
- The Gini Index, a measure of inequality, is 51.3 as of 2019, according to the World Bank.
- Annualised gross domestic product per capita growth is 1.02% from 2014 to 2019.

Factors Contributing to Poverty

When learning about poverty in Colombia, it is integral to note that it has a number of factors, including internal conflict, government policies, unequal distribution of land and more.

From the 1960s, Colombia engaged in a decades-long internal conflict between the government, paramilitary groups and antigovernment guerrilla groups, which was funded primarily by the drug trade. Peacemaking efforts have been actively worked on since the 2000s and the Colombian government

officially signed a peace deal with the main guerrilla group, the Revolutionary Armed Forces of Colombia, in late 2016.

Many Colombians faced internal displacement due to the conflict when they had to abandon their homes and land due to threats to safety. Internally displaced people find it difficult to rebuild their assets and find stable housing or employment after they move, which often leads to living in poverty or extreme poverty. The World Bank estimates that Colombia still has around 5 million internally displaced people as of 2021.

During the conflict, paramilitary groups also seized large amounts of land from citizens, using it to fuel the drug trade. This had a disproportionate impact on the rural population — 18% of the total population as of 2021 — who still largely rely on agriculture, causing higher rates of poverty in the underdeveloped rural regions of Colombia.

Many accuse the Colombian government of pursuing a "pro-rich" model when it comes to the economy, according to Transnational Institute (TNI). Among these policies is an unregulated taxation system in which the wealthiest 20% contribute little in terms of tax revenue, despite receiving 55% of the country's income in 2018. In addition, the government invested in international and private corporations as well as encouraging domestic export and international fair-trade agreements, leaving small-scale farmers vulnerable to price fluctuations and unable to compete with large agricultural operations.

Recent Trends

Despite these factors contributing to poverty, Colombia made significant improvements through other measures in the past two decades. According to the World Bank, Colombia worked on a debt management system, invested in the domestic market and improved policy coordination between various financial institutions in the country. The government also worked on better welfare programs, such as improving education outcomes as well as restoring land rights taken away during the conflict. The result of these efforts is steady economic growth and a long-term trend of declining inequality and poverty.

Although the COVID-19 pandemic initially disrupted this progress, Colombia's economy recovered quickly due to its strong economic policy framework in place. **Poverty** decreased from 42.5% in 2020 to **39.3% in 2021** and **extreme poverty** is down from 15.1% to **12.2%.**

New Challenges

Due to recent global economic trends and the Russia-Ukraine war, Colombia joins a host of Latin American countries grappling with rising inflation. The country experienced the highest rate of inflation in 21 years in April and food prices. The Russia-Ukraine war has disrupted the trade of wheat and fertilizer, which has contributed to food prices rising by 26%.

The United Nations Economic Commission on Latin America and the Caribbean expects another spike in Colombia's poverty rate, meaning that as many as 880,000 people could enter poverty in 2022 — the largest impact of any Latin American country — due to the economic effects of the Russia-Ukraine War.

Hope for the Future

On June 19, Colombia elected President Gustavo Petro, its first leftist leader, who promised to tackle inequality and poverty in the country. His plans include the improvement of social programs, such as increasing access to higher education, revamping the health care system and more. Petro's focus on Colombia's socioeconomic inequalities has the potential for a path toward poverty reduction.

Colombia: Urgent government action needed as rising violence in rural areas gravely impacts human rights – UN report

https://www.ohchr.org/en/press-releases/2022/07/colombia-urgent-government-action-needed-rising-violence-rural-areas-gravely

26 July 2022

GENEVA (26 July 2022) – The rising levels of violence perpetrated by non-State armed groups and criminal organisations in rural areas of Colombia are having a devastating impact, particularly on women and children, indigenous peoples, Afro-descendants, community leaders and human rights defenders, a UN Human Rights Office report published today warns.

The report urges the incoming Government, which takes office next month, to prioritise tackling this violence. It sets out a series of recommendations for the authorities to implement urgently to protect the lives and human rights of those affected.

The signing of the peace accords with the Revolutionary Armed Forces of Colombia (FARC) in 2016 saw a dramatic fall in violence. According to the Institute of Development and Peace Studies (INDEPAZ), murders declined from 12,665 in 2012 to 1,238 in 2016. But over the past two years, non-State armed groups and criminal organisations, often involved in illicit activities such as drug-trafficking and illegal mining, have expanded their presence in various regions of Colombia.

The State's predominantly military response has failed to stop the groups' expansion, with the limited presence of civilian institutions exacerbating the situation, the report states. The lack of education and job opportunities has also increased the vulnerability of children and adolescents to being recruited by non-State armed groups.

In 2021, the UN Human Rights Office in Colombia verified the killing of 100 human rights defenders. Between 1 January and 30 June this year, the Office received information of 114 killings of human rights defenders, of which 22 cases have been verified so far.

Armed groups and criminal organisations have adopted a variety of tactics to gain control over communities, including by imposing rules and restrictions on people's movement.

"We have to do what they tell us...There are checkpoints on the road where men with heavy weapons stop us, tell us we need to ask permission to leave and check our phones," said a human rights defender in Arauca department.

In some cases, indigenous and Afro-descendant people have been coerced to participate in illicit activities, and to abandon their traditional ways of life, such as fishing and hunting. The groups' violence destroys the social fabric of communities, endangering cultural identity and autonomy, the report flags. Communities and their leaders who try to protect their land, their lives, their culture and the environment face huge risks.

This is the case of the Nasa indigenous people in Cauca department, who have long been the target of threats and attacks. In the first few months of 2022, four Nasa leaders were killed. Violence, drugtrafficking and extractive industries are threatening their way of life and indeed survival, the report warns.

Similarly, the current situation could accelerate the disappearance of the Jiw indigenous people, who live along the banks of the River Guaviare and currently number some 2,261.

Rural reform and development programmes should be implemented and consolidated, with the participation of affected communities. The capacity of local governments, including those in Afrodescendant and indigenous communities, should be reinforced.

"It is the State's duty to protect the population from violence, and to do so in a manner respecting international human rights law. This is why we are urging the Government to adopt public policies to efficiently respond to and prevent further violence, in compliance with Colombia's obligations under international human rights law," said UN High Commissioner for Human Rights Michelle Bachelet.

"The incoming Government's focus on peace and the regional implementation of the peace agreement is a sound approach which my Office supports," she added.

"Dialogue is essential to rebuild trust in the State and its institutions. I urge the authorities to hear the voices of all sectors of society. The people who live in rural and remote areas have suffered the most from this scourge of violence but are also best placed to help chart a path towards a more peaceful future," Bachelet concluded.

Rural population (% of total population) in Colombia was reported at **18.26** % in 2021, according to the World Bank collection of development indicators, compiled from officially recognised sources.

The Golden rule is: Never interfere with another's will.

Golden Rule: that one must always honour another's will as one honours one's own.

Violence is never Justified

Never is hatred, nor discord, nor war among men justified – no matter what the cause – and if men will only learn the Truth there will never exist such feelings or acts. Militarism is all wrong. Jesus 25 December 1915

Children of Colombia

Realising Children's Rights in Colombia



https://www.humanium.org/en/colombia/ 22 March 2022



The Republic of Colombia has seen a reduction in violence against children and has also noted a decline in child homicide. However, due to the isolation measures imposed to curb the spread of COVID-19, reports of gender-based violence have increased. In addition to this, indigenous and Afro-Columbian Colombia continues to suffer from discrimination and forced displacement of children as well as experience great disparity between children in urban (81.74% population) and rural areas (18.26% population).

Children's Rights Index: 7.22 / 10

Red Level: Difficult Situation

Population: 51,512,766 **Pop. ages 0-14:** 22.184%



Life expectancy: 77.287 years Under-5 mortality rate: 13.2%

Colombia at a glance

The Republic of Colombia is located in the north western part of South America. The coast to the north is the Caribbean Sea and the coast to the west is the Pacific Ocean. The country is bordered by Panama, which divides the two bodies of water, on the northwest, Venezuela and Brazil on the east, and Peru and Ecuador on the south (Garavito, 2022).

Historically, the Spanish, having begun their colonisation of the Caribbean, expanded their empire onto the continental mainland at the start of the 1500s. Soon after, the Spanish began colonisation of Colombia founding Santa Marta in 1525, followed by Cartagena in 1533, the New Kingdom of Granada in 1535, and Cali in 1536. When European diseases such as smallpox reduced the indigenous Caribbean population, slaves were brought from Africa.

The Spanish rule lasted from about 1525 until 1808, during which time; the Royal Audience of Santa Fe



de Bogotá controlled the region of the New Kingdom of Granada (Infoplease, 2016). The New Kingdom of Granada comprised what is now known as Colombia, Ecuador, Panama and Venezuela. Venezuela and Ecuador left the New Kingdom of Granada in 1829 and 1830, respectively.

In 1861, the country was called the United States of New Granada; in 1863 it became the United States of Colombia; and in 1885, it was named the Republic of Colombia. In 1899 a civil war broke out, known as the War of a Thousand Days, and lasted until 1902. Panama became a separate nation in 1903 with assistance from the United States of America but was not recognised by Colombia until 1921 after the US paid US\$25,000,000 in reparations. (Iexplore, 2015)

Colombia became relatively stable after this until Marxist guerrilla groups organised in the 1960s and 1970s, most notably the May 19th Movement (M-19), the National Liberation Army (ELN), and the Revolutionary Armed Forces of Colombia (FARC), plunged the country into violence and instability (Iexplore, 2015). The period from 1970 to 1990 saw the emergence of violent and powerful drug cartels, particularly Medellin and Cali cartels which influenced society in Colombia, significantly altering its politics and economy.

In 1991, a new constitution was ratified which prohibited the extradition of Colombian nationals until the provision was repealed in 1996. Despite reforms, Colombia continued to be plagued by illegal factions and drug trade violence, which President Andre Pastrana attempted to reduce between 1999 and 2002. Uribe was elected president in 2002 and his intensive security operations against the FARC were productive, as the number of crimes, kidnappings and terrorist attacks in Colombia significantly decreased during his tenure. (Garavito, 2022)

On August 15, 2017, the Colombian government declared an official end to its conflict with the FARC and the last of the group's accessible weapons were turned over to UN representatives (Garavito, 2022). Colombia has had a turbulent history marked by slavery and appropriation of indigenous land during the Colonial period followed by political instability, civil war and drug-related violence in recent years. Despite this, the largely homogenous culture is a rich artistic blend of Spanish customs, tribal heritage and Afro-Caribbean traditions. (Iexplore, 2015)

Status of children's rights

The Republic of Colombia ratified the United Nations Convention on the Rights of the Child (hereinafter the 1989 CRC) on January 28, 1991 (United Nations Human Rights Office of the High Commissioner, 2020), and has been incorporated into national law. Colombia has also ratified the Optional Protocol to the CRC on the involvement of children in armed conflict on 25 May 2005 (United Nations Human Rights Office of the High Commissioner, 2020) and the Optional Protocol to the CRC on the sale of children, child prostitution and child pornography on November 11, 2003 (United Nations Human Rights Office of the High Commissioner, 2020). However, Colombia is yet to ratify the Optional Protocol to the CRC regarding the complaints procedure before the Committee on the Rights of the Child, 2011.

From a regional perspective, Colombia ratified the Inter-American Convention on Human Rights, Pact of San José (1969) (hereinafter Pact of San Jose) on August 18, 1978 (UNTC, 1969). The objective of the Pact of San Jose is to establish international regulations outlining the roles of states in protecting human rights such as the right to life. Additionally, article 19 recognises the importance of protecting children stating that "every minor child has the right to the measures of protection required by his condition as a minor on the part of his family, society, and the state". (UNTC, 1969) Cooperation with regional bodies is essential in order to guarantee the implementation of children's rights, both in the State party and in other member States of the Pact of San Jose.



At the national level, Colombia has a sound and broad legislative structure that establishes detailed protective measures concerning the rights of the child. Colombian national legislation on the child has changed over the years, mainly due to the different conceptions that have existed with respect to the principles that should be included in such legislation. Under Colombia's Constitution of 1991 with amendments through 2015 specifically, article 44 details the rights of children and mandates that these rights be given precedence over the rights of others. (Max Planck Institute, 2021)

Other provisions which directly address the rights of children are articles 42 and 45. Colombia has a comprehensive Code on Children and Adolescents, which was adopted in 2006 and expressly includes the 1989 CRC as an integral part of the Code to be used in guiding its interpretation and application. The country also has other laws relating to children's rights such as the Prevention of Sexual Violence and Integral Care of Child Victims of Sexual Abuse 2007. Additionally, Colombia adopted a number of relevant policies in child protection, including the National Action Plan for Children and Adolescents (2009–2019), the Development Plan (2014–2018) and the Policy on Early Childhood.

Addressing the needs of children

Right to education

Over the past two decades, the Colombian education system has undergone a fundamental transformation (Organisation for Economic Co-operation and Development, 2016). The most visible outcome is the impressive expansion of access at all levels as a result of ambitious policies to tackle barriers of enrolment and bring education services to every corner of the country.

Enrolment has risen sharply at all levels. In just a decade, the time students spend in education has increased by two years and participation in early childhood education and care and tertiary education has more than doubled, to 40% and 50% respectively (Organisation for Economic Co-operation and Development, 2016). In addition, enrolment of zero to five-year-olds more than doubled between 2007 and 2013, from 16% to 41%.

Despite these gains, there are still major challenges for the education system in Colombia. School life expectancy for students from the poorest backgrounds is just six years, compared to the twelve years in regard to the richest. There is a significant difference in education coverage, mostly affecting indigenous, Afro-Colombian, displaced and rural children, disproportionately affecting girls (Committee on the Rights of the Child, 2015).

There is also a lack of strategy to achieve inclusive education for children with disabilities. Data collected in 2014 and 2015 by the Integrated Enrolment System of the Ministry of Education is alarming where persons with disabilities are concerned. The registration of persons with disabilities for 2014 represented 1.21% of total enrolment, with the figures being higher for state education (1.72%) and lower (0.77%) for private education (Saldarriaga-Concha Foundation, 2016).

Average registration is higher for men than for women with disabilities at all educational levels. In 2014, women accounted for 0.96% of enrolment for persons with disabilities in the educational system, while men accounted for 1.46% (Saldarriaga-Concha Foundation, 2016). In 2015, women accounted for 1.04% of enrolment for persons with disabilities in the educational system, while men accounted for 1.63%.

The effects of the COVID-19 pandemic forced school closures, resulting in more than nine million elementary and secondary school children being forced to learn from home via educational radio and television broadcasts, or online (Trines et al., 2020). Higher education enrolments were expected to decline significantly because of the loss of income as much as 50% (Trines et al., 2020).

Right to health

Colombia passed a statutory law in 2015 (Law 1751) recognising the constitutional right to health in connection to the right to life and dignity (Gómez, 2018, 133-145). The Ministry of Health and Social Protection developed a Ten-Year Public Health Plan in response to the various health concerns of Colombian children (Ministerio de Salud y Protección Social, 2014). It established three priorities for comprehensive health care: zero tolerance to mortality, morbidity and preventable disability.



This initiative has seen some positive impact and during the last decade, child mortality has reduced, resulting in a change from 20.4 deaths per 1,000 live births to 17.7 (Ministerio de Salud y Protección Social, 2014). Mortality from acute diarrheal disease (ADD) also declined among infants in the country, from 33.8 deaths per 100,000 children under five years of age to 3.7 deaths. The same can be noted with the trend of acute respiratory infection (ARI), which varied from 35.3 to 15.9 deaths.

Child and maternal mortality rates continue to be very high, particularly among rural, indigenous and Afro-Colombian populations (Committee on the Rights of the Child, 2015). There are still cases of death in children younger than one year of age from causes related to respiratory disorders in the prenatal period; congenital malformations of the respiratory system and prenatal period infections, especially in provinces such as Amazonas, Chocó and Vaupés show the highest infant mortality rates. Additionally, 13.2% of children under 5 suffer from chronic malnutrition and 3.4% from general malnutrition (Ministerio de Salud y Protección Social, 2014).

Regarding adolescent health, there is a very high rate of adolescent pregnancies, in particular in rural areas, affecting girls as young as under fifteen years of age (Committee on the Rights of the Child, 2015). This results in a high rate of maternal mortality among adolescents stemming from inadequate access to sexual and reproductive services. However in 2021, children and families in Colombia were positively impacted by the increase in COVID-19 vaccination, including those from prioritised groups, such as teachers and children; the reopening of schools as well as the launch of the measles and rubella immunisation campaign for children under ten years (UNICEF, 2022).

Right to water and sanitation

In Colombia, 1.4 million people lack clean water. This accounts for around 3% of the population. There is a large discrepancy between urban and rural populations and their access to clean water (Embry, 2020).

In urban areas, basic water services reach 98.8% of the population in comparison to rural areas where only 86% of the population have access to clean water (Bluma, 2020, 25).

The Colombian government plans to increase water accessibility (World Bank Group, 2019) to rural regions such as La Guajira by 2024. Additionally, in 2019, over 8,000 indigenous people (Miller, 2019) living in rural Colombia gained access to basic water facilities through the development of reservoirs and ancillary infrastructure.

Due to poor access to WASH facilities, 2% of the national GDP goes toward health-related costs. In 2016, there were 366 deaths (World Health Organisation, 2019) due to poor sanitation and water conditions in Colombia. In 2012, there were 119 deaths among children under 5 years old due to inadequate access to water and sanitation (World Health Organisation, 2019). It is estimated that 4.9 million people (WaterAid, 2020) do not have access to a toilet in Colombia.



In rural areas, 3 in 10 people do not have access to safe toileting facilities. UNICEF identified that only 1 in 5 schools had both soap and toilet paper available for student use (WaterAid, 2020). In 2015, 88.2% had access to basic sanitation services compared to 85.6% in 2000, which is a marginal improvement over 15 years (Bluma, 2020, 26). There has been a very large increase in basic sanitation services for Colombia's rural population, reaching 72.0% (Bluma, 2020, 27).

With the spread of COVID-19 the provision of safe water, sanitation and hygienic conditions

has become essential in protecting human health. Colombia's minority populations including afrodescendants, indigenous communities, *palanqueros*, and others are among the groups hit the hardest (Rocha et al., 2020). This is especially worrying considering that the Colombian Constitutional Court has, through various rulings, given access to drinking water the status of fundamental rights. Other problems relating to access to drinking water relate to Colombian inhabitants not covered by reconnection measures, and people who can only access drinking water through illegal connections are most often those that live on or below the poverty line (Rocha et al., 2020).

Right to identity

In Colombia, birth registration is free of charge and the registration process is generally carried out in the town where the child is born. At the time of registration, the baby is assigned a Personal Identification Number (NUIP) (Committee on the Rights of the Child, 2015). This number is unique to the child; the footprints of the child are also taken during the birth registration process. The right to be recognised as a person before the law is a critical step in ensuring lifelong protection and is a prerequisite for exercising all other rights (UNICEF, 2021). Registration is proof and can be used to access services such as education and health care as well as document a child's age.

Indigenous and Afro-Colombian children continue to face discrimination and numerous challenges in accessing education, health care, civil registration services and justice (Committee on the Rights of the Child, 2015). They are disproportionately affected by violence and armed conflict; these children are recruited by non-State armed groups.

Risk factors → **Country-specific challenges**

Children in armed conflict

The signing of the final agreement for Ending the Conflict and Building a Stable and Lasting Peace between the Government of Colombia and the Revolutionary Armed Forces of Colombia People's Army and the transformation of Fuerzas Armadas Revolucionarias de Colombia-Ejército del Pueblo (hereinafter FARC-EP) into a political party (United Nations Security Council, 2017), put an end to a five-decadelong conflict and led to the demobilisation of FARC-EP and its transformation into a political party.

However, violence and insecurity linked to armed groups seeking to exert control in areas vacated by the former FARC-EP continue to have an impact on the rights and well-being of children (United Nations Security Council, 2019). Between July 2016 and June 2019, the country task force verified 850 grave violations against children, representing a decrease compared with the 2,078 grave violations that were verified between September 2011 and June 2016.

The recruitment and use of children was the most prominent grave violation verified, reaching a peak in 2018. The children, between 13 and 17 years of age, including five Venezuelan children, were recruited. Recruitment and use by the Ejército de Liberación Nacional (hereinafter the ELN) reached its peak in 2017, with children from indigenous communities often targeted. For instance, in February 2017, five indigenous children between the ages of 14 and 17 years were recruited by ELN and in June 2017, seven children, including four girls, all members of an indigenous community, were recruited and used by ELN.

Strategies used by armed groups to recruit children involved promises of money and protection or other forms of support and benefits for their families. Girls were often exposed to sexual violence during their association with armed groups. From July 2016 to June 2019, there were reports of the killing of 91 children and the maiming of 95 children, some as young as 5 years of age. Child casualties were the result of crossfire, indiscriminate attacks, the direct targeting of children, and bombing, as well as accidents caused by anti-personnel landmines and unexploded ordnance. Children associated with armed groups were killed or maimed during the fighting.

Children were exposed to grave violations, in particular recruitment and sexual violence, and their access to education and medical services was gravely affected. Afro-Colombian communities and indigenous people have been particularly affected by this violence, which is endangering their survival (Sardiza & García, 2017). These two ethnic groups account for 47% and 25% respectively of the total population massively displaced in Colombia in 2017. Historically, ethnic groups accounted for 10% and 3% respectively of the 7.4 million internally displaced persons (hereinafter IDPs) in Colombia.

Forced displacement

Colombia has endured several decades of conflict and this has resulted in the forced displacement of entire families that have a direct impact on young boys and girls. Some of the most serious of these effects are migration since children and their families are often forced to leave the areas of conflict, and the recruitment of children, which forces the child to become directly involved in the conflict, inevitably leading to child deaths. The majority of displaced children in Colombia are Afro-Colombian or from indigenous backgrounds. It is in particular displaced girls, who are greatly exposed to violence and

discrimination, and this has not been satisfactorily addressed (Committee on the Rights of the Child, 2015).

According to UNICEF, there are approximately 520,000 displaced children as a result of the armed conflict (Pettersson, 1996). Armed conflict disrupts the family structure resulting in a situation of displacement that has the effect of eventually disrupting or destroying the family (Soto & Niños, 1999). It has been estimated that 60% of displaced children were forced to flee with other members of their families whereas 63% confirm that at least one member of their family was murdered or was a victim of an attempt to take their life. With respect to the quality of life, the displaced child is usually in extremely needy conditions, because their parents are unemployed or because of malnutrition, disease, and other factors that can cause the quality of life of children to deteriorate radically in these circumstances.

Child labour

Colombia has made efforts to eliminate the worst forms of child labour. The Colombian Code for Children and Adolescents sets the minimum age for work at fifteen (Government of Colombia, 2006). A labour inspector or relevant local government official must also provide authorisation for adolescents aged fifteen to seventeen to work.



The Code for Children and Adolescents sets the minimum age for hazardous work at eighteen. The Labour Code specifically prohibits children under the age of eighteen from working in underground mining and industrial painting (Government of Colombia, 1951). Colombia ratified International Labour Organisation (hereinafter ILO) Convention 138 on the Minimum Age for Admission to Employment (International Labour Organisation, 2001) on February 2, 2001 and ILO Convention 182 on the Worst Forms of Child Labour (International Labour Organisation, 2005) on January 28, 2005.

Children in Colombia engage in the worst forms of child labour, including commercial sexual exploitation, agricultural activities and street work. In the agricultural sector, children may be exposed to long hours, the elements and high levels of dust, perform physically arduous tasks, use dangerous tools and face a high risk of occupational injury (International Centre of Education and Human Development (CINDE), 2006, 3).

They work in the production of coffee, sugarcane and coca, an illegal stimulant. Children are also engaged in artisanal mining, where they are exposed to toxic gases, long hours, explosives, and dangerous chemicals such as nitric acid. They work in emerald, gold, clay and coal mining, breaking rocks, digging in dirt with picks or their bare hands, removing water from mines and lifting heavy loads (Andi, 2012).

Children work on the streets in urban areas, where they may be exposed to long hours, the elements and risk of physical injuries and robberies. They lift heavy loads in markets and are engaged in street vending (Bogota City Council, 2012). Children are also involved in recycling, where they are exposed to toxic substances such as lead and sulfuric acid as well as dangerous waste (Bogota City Council, 2012).

Children are engaged in domestic service in Colombia. Indigenous families in rural areas often send their children to urban households to work as domestic workers. Child domestic workers may work up to twelve hours per day and perform household chores such as ironing, cleaning and cooking.

Children working in domestic service are vulnerable to physical and sexual abuse by their employers. It was found that 2,117 children engaged in commercial sexual exploitation in eleven cities in Colombia (Plan International et al., 2014). Children are also involved in child pornography and sex tourism and are trafficked for the purpose of commercial sexual exploitation domestically and internationally (US Department of State, 2019).

Environmental challenges

Colombia's national plan to reduce greenhouse gas emissions is highly insufficient to meet the Paris Agreement goal of limiting global warming to 1.5°C above pre-industrial levels, according to the Climate Action Tracker (Roth, 2022). The plan commits Colombia to reduce deforestation to 50,000 hectares per year by 2030. Two-thirds of forest destruction occurs in the Amazon region, driven in large part by cattle ranchers and FARC dissident groups that pressure local residents to log trees, extort farmers, promote the planting of coca crops to produce cocaine, and threaten people who support conservation efforts.

In November 2021, at the global climate summit in Glasgow, COP26, the Colombian government committed to having 30% of the country's territory declared a protected area in 2022 (Roth, 2022). The figure stood at 15%. Climate change is causing increased temperatures and droughts and could lead to extreme rainfall and flooding requiring the government to take steps to protect at-risk populations from foreseeable harm. The authorities' inadequate response to prolonged drought in the north eastern state of La Guajira has undermined Indigenous Wayuu people's access to food and water, leading to high rates of childhood malnutrition deaths.

Written by Igi Nderi

22 March 2022

Ethnic Groups of Colombia

Mestizo

The Mestizo ethnic group claims a 53.5% share of Colombia's population. Before Spanish occupation of Colombia, different tribes of the Amerindians resided in the region. These tribes were remarkable potters and goldsmiths, as witnessed through numerous archaeological treasures from this period. The interactions between the indigenous community with the advancing Spanish conquerors gave rise to the Mestizo population. The Mestizo primarily inhabited the Andean highlands, where they were involved in agriculture, but began moving into the urban areas from the 1940s onward. In modern Colombia, the ethnic group is found scattered throughout the country and mostly speak the Spanish language.

African Colombians

Colombians of African descent make up 10.5% of the country's population. African slaves were brought to Colombia by the Spanish to work in the colonial era mines and plantations. The indigenous people who worked on the plantations were dying in large numbers due to harsh working conditions. The Mulatto population was a result of the interactions between the black and white communities. The Palenquero ethnic group is made up of people of African ancestry who speak the Creole language of Palenquero. The Afro-Colombian ethnic group of Raizal is a Protestant ethnic group speaking the San-Andres-Providencia Creole language. People of African descent are mainly concentrated in the coastal regions of Colombia. Afro-Colombians, though having legal rights and protection, are continually subjected to social and economic discrimination. These ethnic groups are at the centre of fierce disputes, due to their location in resource-rich regions and geographically strategic parts of the country. The Afro-Colombian community has incorporated their African heritage in music, language, and religion.

COMMERCIAL IN CONFIDENCE

Native South Americans

Around 3.4% of Colombians identify as being Native South Americans. These ethnic groups are made up of the ancestors of indigenous peoples who inhabited Colombia before Spanish colonisation. The earliest inhabitants of Colombia arrived in 10,000 BC. These native groups are credited with the pottery and gold work artefacts displayed in various museums in the country. There are 102 of these indigenous groups in modern day Colombia. Most of these indigenous groups live in isolated areas, mainly in the southern highlands, the arid Guajira Peninsula, the Amazon, and the forests found north and west of Cordilleras. The Wayuu are the largest of these native ethnic groups. Most of these indigenous communities speak their native languages and practice different cultures.

Other Ethnicities

Other ethnic groups account for a collective 1.9% share of Colombia's population. The Romani population of Colombia is the largest of these groups. The Romani people trace their ancestry to Northern India, from where they fled persecution and racial discrimination. They subsequently faced slavery in Europe, from where they fled to Colombia which prohibited the importation of slaves in 1821 through a Spanish law. The Romani people in Colombia chiefly speak the Romany language and engage in craft, music and dances, elements which characterise the Romani culture. Immigrants represented in Colombia are from numerous countries such as Venezuela, Germany, Syria, Palestine, Uruguay, Spain, Japan, Lebanon, and Italy.

Racial Tensions in Colombia

Against a backdrop of great ethnic diversity, minority groups in Colombia experience some degree of economic and social marginalization. This situation has seen Colombian society accused of having an undeniable presence of racism. Evidence points to the Mestizos, who are the majority ethnic group, having higher living standards than those of other numerous ethnic groups in Colombia. Tensions between ethnic groups continue to increase in the multi-ethnic country.

Ethnic Groups of Colombia

Ran	k Ethnic Group	Share of Colombian Population
1	Mestizo	53.5%
2	White European Colombian	30.7%
3	African Colombian, Mulatto, Palenquero, or Raizal	10.5%
4	Native South American	3.4%
5	Other Ethnicity	1.9%

Colombia Indigenous Peoples



COMMERCIAL IN CONFIDENCE

National Psyche of Colombia

Colombian Culture: 10 Ways to Describe Colombians

Colombians, like their motherland, are a unique bunch of people. Of course, you can't generalise a whole group of people just because they are from the same country. However, these are some interesting cultural observations you might note about Colombian people in Colombia.

1. Polite

Colombians are extremely polite by nature, some regions more than others. "Please," "thank you," and "you're welcome" are words you'll definitely want to use frequently here and they are also words you'll hear quite frequently in many different ways. The variety of ways you can say and will hear "you're welcome," in particular only goes further to show how highly Colombians value politeness. A few of the ways you can say "you're welcome" are:

- de nada (of nothing)
- fue un placer (it was a pleasure)
- para servirle (to serve you)
- a la ordén (at your service)
- con gusto (with pleasure)

2. Coffee Lovers

Being one of Colombia's most famous national products, coffee is everywhere in Colombia, and Colombians can't get enough of it. Most Colombians have a tinto, a small serving of black coffee (about the size of a shot), with or without sugar, several times a day. And, Colombians love coffee so much that there are even traveling coffee vendors who walk the streets selling tintos from around 5:30 am until about 9 pm.



3. Soccer Fanatics

Not only do Colombians love their coffee; they also love their soccer—A LOT! Most Colombians have his/her own favourite team, which most likely corresponds to the Colombian department they were born in. The soccer rivalries in Colombia are fierce, and Colombians are very passionate about showing pride for their team(s).

4. Happy

Colombia was deemed the happiest country in the world in 2013, and Colombians demonstrate that happiness all the time!

5. People Centred

Colombians as a whole put people before anything else. By that, I mean they will be late to an appointment if it means finishing an important conversation, because the person they are currently with is more important than an appointment regulated by time. In fact, Colombians are so people-cantered that punctuality almost always takes the back seat.

6. Very Nationalistic and Patriotic

Colombians are VERY proud to be Colombian. You'll find many Colombians wearing bracelets, earrings, and other pieces of jewellery, as well as carrying key chains, bags, and wallets with national emblems and the flag colours on them. You'll also hear the national anthem played every day at 6 pm, no matter where you are in the country.

7. Regionalistic

Now, this may seem a bit ironic considering I just described Colombians as nationalistic, but Colombians are both—nationalistic and regionalistic. While Colombians love their homeland, they also love the specific regions of Colombia they hail from—the regional foods, traditions, dress, sayings, accents, and manners.



8. Family Centred and Oriented

Just like coffee and soccer, Colombians also love their families. Most Saturdays and Sundays are devoted to family time and most Colombian families are tight knit with as many as 3 or 4 generations living under the same roof.

9. Clean

Colombians are very

clean. Colombians might be the most shower / bath-oriented people one may ever come across. A daily bath is important here, as it is in most places, but many Colombians bathe multiple times in the day. And, in some regions, if you don't bathe multiple times in the day you're considered dirty!

10. Creative

Colombians are a very creative group of people. Even when there are supposedly no jobs, for instance, Colombians create new jobs. You're sure to come across some of the most oddball, out-of-the-norm jobs during your time in Colombia. And, the amazing thing is, most of these crazy jobs are created based on some sort of unique demand that's been seen, and they turn out to be at least somewhat successful.

Our Solution and Pathway Home

We are to bring our feelings back into balance with our mind.



Beliefs suppress TRUTH. Result is; Health degrade, Discomfort, Pain, Illness, Disease and Viruses

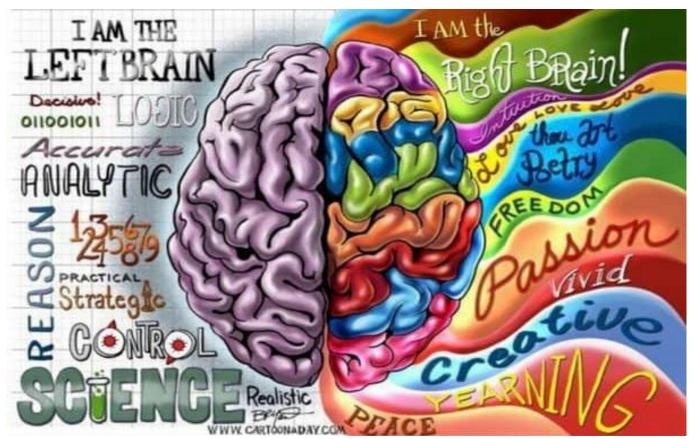
To heal yourself with truth can only be done one way, and that is by sincerely wanting to live true, to live a life in which you want with all your heart to see the truth in each and every experience, so that as you live your body is being 'built' on truth, and so will remain rock solid, and will not feel fragile and collapse under you when disease suddenly strikes you down. Truth, Truth, and more TRUTH. You have to want to eat drink and sleep truth. To beg and ask and long with all your will for the Mother and Father to help you see and know the truth, the truth of everything that you do, everything you are, everything you feel – the whole truth of yourself. And so whilst you're of it, including, the truth of your rebellious state. "Mother and Father, please help me see, know and BE the truth You want me to live."

Kindly visit www.pascashealth.com then Library Download page, in Pascas Care Letters click to open:



Pascas Care Letters Mind into Balance with Feelings.pdf

Pascas Care Letters Mind causes Discomfort Soul brings Healing.pdf



The more comprehensively that our parents and early educators indoctrinated us to suppress our feelings, the greater we become 'left brain' centred and dominated. The greater we are mind-centric and addicted, the less are our truth loving feelings surfacing – we cannot discern truth from falsehood. Academics demonstrate mind worship, whereas nurses demonstrate passion, love and the truth of their feelings. The more extensively that we close off our feelings, the greater the propensity for psychopathic (no feelings) action resulting in domestic violence, mass shootings (schools), and on a national scale, war. Mind development is limited to 499 on Dr Hawkins' Map of Consciousness (limit of science), whereas Living Feelings First, our potential is infinite.

H₂O is water, hydrogen and oxygen in harmony. Hydrogen (mind) on its own is explosive. Oxygen (feelings) on its own is life giving. Mind and Feelings in harmony is when we are living Feelings First with our mind following in support of our Feelings. Should we embrace Feeling Healing and with the longing (asking) for Divine Love, then our potential is infinite.





COMMERCIAL IN CONFIDENCE



Purpose of our life is to:

Achieve individualisation. This is truly the moment of our sentient experience beginning. This occurs at the moment of incarnation which is when our newly forming foetus begins to pump blood, usually day 16 after conception. From that moment we are beginning to experience life.

We have a life purpose. We are each a unique personality with individual propensities to experience. Should our physical life be cut short then we will go on and have the experiences that we need in the 1st spirit Mansion World. If we miscarry or are aborted then we will become spirit born, be adopted to spirit parents and have a similar life to that should we have gone on and lived on Earth.

Presently we are each subjected to Childhood Suppression which we continue on throughout our lives suppressing our feelings and our true personality. This is providing us with unique life experiences as this does not typically occur with any other humanities throughout the universes. Our physical life on Earth is mostly very difficult, however this will provide each of us with unique capabilities to aid newly emerging humanities on worlds further out into space. Yes, we have an enormous journey to enjoy.

Our time of death is predetermined. We often do crazy things – but our life span is predetermined.

What we experience is also predetermined. A few are to be wealthy and become burdened with responsibility. Many are to be poor and enjoy the freedom without trappings of assets and obligations.

Most will have families while on Earth. No matter who we are, we will each parent at least three children before we can enter the first of the Celestial Heavens. We are to experience parenting, even though that may be in the spirit Mansion Worlds.

We are to live FEELINGS FIRST! We are to express our feelings, both good and bad, to a companion. We are to long / ask for the truth of what our feelings are drawing to our attention. What enters emotional needs to be expressed emotional. Should we long for our Heavenly Mother and Father's Love, then we are SOUL HEALING. Our mind is to follow supporting what our feelings are leading us to embrace –

this the opposite as to how we have been brought up to live.



As we complete our FEELING HEALING, then and only then can we connect with our Soul Partner who is always of the opposite sex. Our soul is a duplex that manifests two personalities. And we can grow to interact with our Nature Spirits and Spirit Guides!



HUMANITY'S DEVELOPMENT WORLDWIDE over the past 200 Years EXTREME POVERTY

https://ourworldindata.org/a-history-of-global-living-conditions-in-5-charts?linkId=62571595

Max Roser published 2020

Global poverty is one of the very largest problems in the world today. Is it possible to make progress against this problem? To see where we are coming from we must go far back in time. 30 or even 50 years are not enough. When you only consider what the world looked during our life time it is easy to think of the world as static – the richer parts of the world here and the poorer regions there – and to falsely conclude that it always was like that and that it always will be like that.

Take a longer perspective and it becomes very clear that the world is not static at all. We can change the world. The countries that are rich today were very poor just a few generations ago.

To avoid portraying the world in a static way – the North always much richer than the South – we have to start 200 years ago before the time when living conditions really changed dramatically.

The United Nations measure 'extreme poverty' as living on less than US\$1.90 per day. This is an extremely low poverty line that draws attention to the very poorest people in the world.

These poverty figures take into account non-monetary forms of income – for poor families today and in the past this is important, particularly because many of them are subsistence farmers who live largely from their own food production. The extreme poverty measure is also corrected for different price levels in different countries and it is adjusted for price changes over time (inflation) – poverty is measured in so-called 'international dollar'. As a consequence of these adjustments one international dollar has the same purchasing power as one US-dollar in 2011.

The first chart shows the estimates for the share of the world population living in extreme poverty. In 1820 only a tiny elite enjoyed higher standards of living, while the vast majority of people lived in conditions that we would call extreme poverty today. Since then the share of extremely poor people fell continuously. More and more world regions industrialised and thereby increased productivity which made it possible to lift more people out of poverty: In 1950 two-thirds of the world were living in extreme poverty; in 1981 it was still 42%. In 2015 – the last year for which we currently have data – the share of the world population in extreme poverty has fallen below 10%.

The US\$1.90 poverty line is very low and focuses on the very poorest in the world. The world is also making progress against poverty relative to higher poverty lines. In fact, no matter what poverty line you choose, the share of people below that poverty line has declined globally.

That is a huge achievement, for me as a researcher who focuses on growth and inequality maybe the biggest achievement of all in the last two centuries.

It is particularly remarkable if we consider that the world population has increased 7-fold over the last two centuries. In a world without economic growth, a 7-fold increase of the population would have resulted in less and less income for everyone, it would have been enough to drive everyone into extreme poverty. Yet, the exact opposite happened. In a time of unprecedented population growth our world managed to give more prosperity to more people and to continuously lift more people out of the worst poverty.

Increasing productivity was important because it made vital goods and services less scarce: more food, better clothing, and less cramped housing. Productivity is the ratio between the output of our work and the input that we put in our work; as productivity increased we benefitted from more output, but also from less input – weekly working hours fell very substantially.

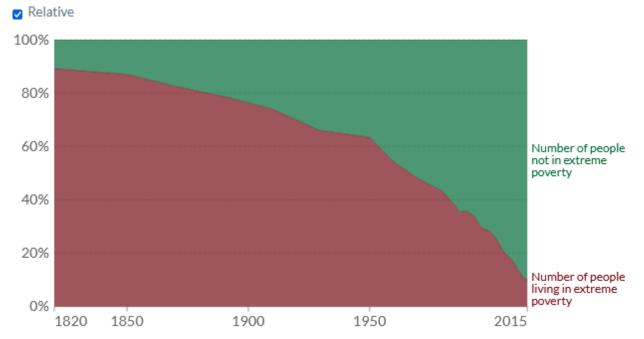
Economic growth was also important because it changed the relationship between people. In the long time in which the world lived in a non-growth world the only way to become better off was for someone else to get worse off. It was a zero-sum economy. Your own good luck was your neighbours' bad luck. Economic growth changed that, growth made it possible that you are better off when others become better off. The ingenuity of those that built the technology that increased productivity – modern transportation, production machinery, and communication technology – made some of them very rich and at the same time it increased the productivity and the incomes of others. It is hard to overstate how different life in zero-sum and a positive-sum economy are.

Unfortunately the media is overly obsessed with reporting single events and with things that go wrong and does not nearly pay enough attention to the slow developments that reshape our world. With this empirical data on the reduction of poverty we can make it concrete what a media that would report global development would look like. The headline could be "The number of people in extreme poverty fell by 130,000 since yesterday" and they wouldn't have this headline once, but every single day since 1990, since, on average, there were 130,000 people fewer in extreme poverty every day. If you prefer to rely on a higher poverty line the numbers are even more impressive. The daily headline would point out

World population living in extreme poverty, World, 1820 to 2015



Extreme poverty is defined as living on less than 1.90 international-\$ per day. International-\$ are adjusted for price differences between countries and for price changes over time (inflation).



Source: Ravallion (2016) updated with World Bank (2019) OurWorldInData.org/extreme-poverty/ • CC BY Note: See OurWorldInData.org/extreme-history-methods for the strengths and limitations of this data and how historians arrive at these estimates.

▶ 1820 O 2015

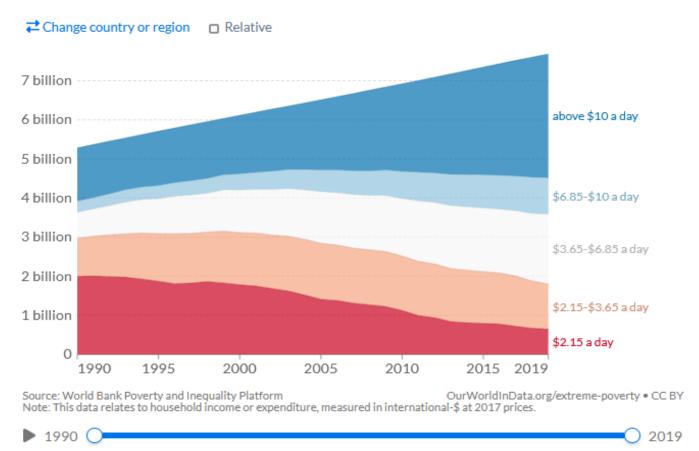
that the number of people living on more than US\$10 per day increased by a quarter of a million on any average day in the last decade.

That it is possible to make progress against poverty is important to know because even after two centuries of progress, poverty remains one of the very largest problems in the world. The majority of the world population *still* lives in poverty: Every tenth person lives on less than US\$1.90 per day and two-thirds live on less than US\$10 per day. In rich countries a person is considered poor when she or he lives on less than US\$30 per day; if we rely on this poverty definition then we find that 85% of the world live in poverty. Much more progress is needed.

Distribution of population between different poverty thresholds, World, 1990 to 2019



This data is adjusted for inflation and for differences in the cost of living between countries.



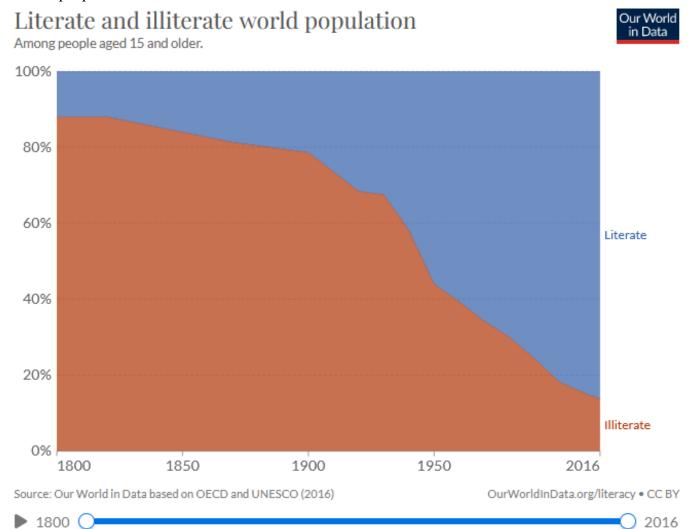
LITERACY

How did the education of the world population change over this period? This chart shows the increasing share of the world population that is able to read and write. Today's education – including in today's richest countries – is again a very recent achievement. It was only in the last two centuries that literacy became the norm for the entire population.

In 1820 only every 10th person older than 15 years was literate; in 1930 it was every third and now we are at 86% globally. Put differently, if you were alive in 1800 there was a chance of 9 in 10 that you

weren't able to read; today more than 8 out of 10 people are able to read. And among today's young population the chances are much higher since many of today's illiterate population are old.

If you think science, technology, political freedom are important to solve the world's large problems and you think that it helps to read and write to solve problems then consider the figures in absolute numbers. Today there are about 4.6 billion people who can read and write. In 1800 there were fewer than 100 million people with the same skill.

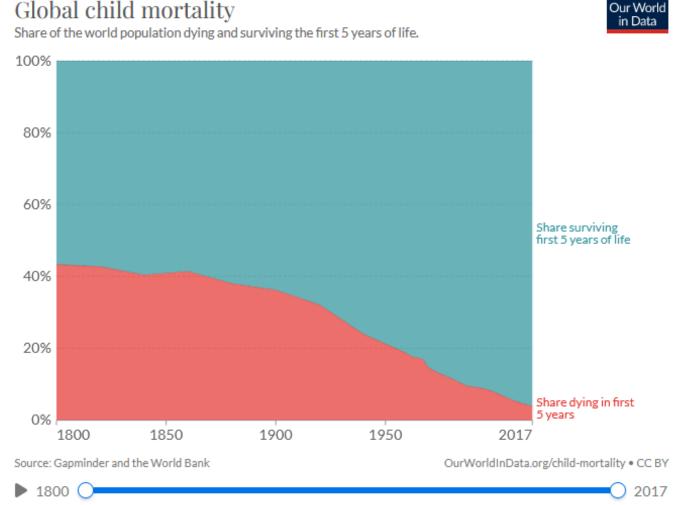


HEALTH

One reason why we do not see progress is that we are unaware of how bad the past was.

In pre-modern times around *half* of all children died. The chart here shows that in 1800 the health conditions were such that around 43% of the world's newborns died before their 5th birthday. The historical estimates suggest that the entire world lived in poor conditions; so that there was relatively little variation between different regions, in all countries of the world more than every third child died before it was 5 years old.

It would be wrong to believe that modern medicine was the only reason for improved health. Initially, rising prosperity, public health interventions, and the changing nature of social life mattered more than



medicine. It was improvements in housing and sanitation that improved our chances in the age old war against infectious disease. Healthier diet – made possible through higher productivity in the agricultural sector and overseas trade – made us more resilient against disease. Improving nutrition and health also made us taller.

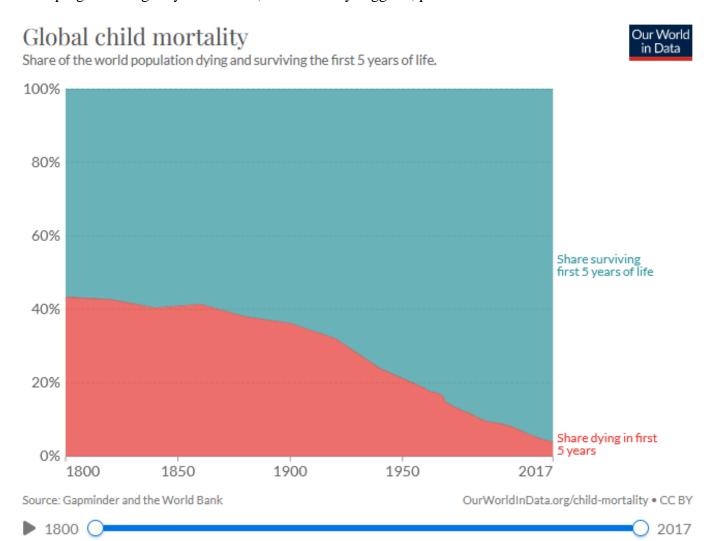
But surely science and medicine mattered as well. A more educated population achieved a series of scientific breakthroughs that made it possible to reduce mortality and disease further. Particularly important was the discovery of the germ theory of disease in the second half of the 19th century. In retrospect it is hard to understand why a new theory can possibly be so important. But at a time when doctors did not wash their hands when switching from post-mortem to midwifery the theory finally convinced our ancestors that hygiene and public sanitation are crucial for health.

The germ theory of disease laid the foundation for the development of antibiotics and vaccines, and it allowed humanity to finally gain some ground in the age-old battle against the microbes. Public health mattered hugely: Everybody benefits from everybody else being vaccinated, and everybody benefits from everybody else obeying the rules of hygiene.

With these changes global health improved in a way that was unimaginable to our ancestors. In 2017 child mortality was down to 3.9% - 10-fold lower than 2 centuries ago. You have to take this long perspective to see the progress that we have achieved.

The same data on child mortality also shows us just how large of a problem child mortality still is. On average 15,000 children die every day.

More progress is urgently needed and, as our history suggests, possible.



FREEDOM

Political freedom and civil liberties are at the very heart of development – as they are both a means for development and an end of development.

Journalism and public discourse are the pillars on which this freedom rests, but qualitative assessments of these aspects bears the risk that we are mistakenly perceiving a decline of liberties over time when in fact we are raising the bar by which we judge our liberty. Quantitative assessments can therefore be useful when they help us to measure freedom against the same yardstick across countries and over time.

There are various attempts to measure the types of political regimes that govern the world's countries and to capture something as complex as a political system is necessarily controversial. There is just no way around that. In this analysis I rely on the Polity IV index as it is the least problematic of the measures that present a long term perspective. The index measures political regimes on a spectrum from +10 for full democracies to -10 for full autocracies; regimes that fall somewhere in the middle of this spectrum are called anocracies. To this I added information about the world's countries that were ruled by other countries as part of a colonial empire.

Again I want to give a long-term perspective to get an idea of how political freedom has changed over these last 200 years.

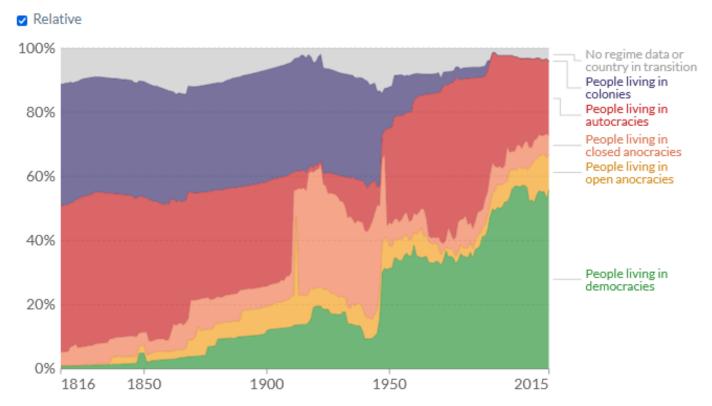
The chart shows the share of people living under different types of political regimes during this period. Throughout the 19th century more than a third of the population lived in colonial regimes and almost everyone else lived in autocratically ruled countries. The first expansion of political freedom from the late 19th century onward was crushed by the rise of authoritarian regimes that in many countries took their place in the time leading up to the Second World War.

In the second half of the 20th century the world has changed significantly: Colonial empires ended, and more and more countries turned democratic: The share of the world population living in democracies increased continuously – particularly important was the breakdown of the Soviet Union which allowed more countries to democratise. Now more than every second person in the world lives in a democracy.

People living in democracies and non-democracies

Our World in Data

Political regimes based on the Polity IV data by the Center for Systemic Peace (2016).



Source: OWID based on Center for Systemic Peace (2016) and Wimmer and Min (2006) OurWorldInData.org/democracy • CC BY

1816

The huge majority of those living in an autocracy -4 out of 5 – live in one autocratic country: China.

POPULATION

The world population was around 1 billion in the year 1800 and increased 8-fold since then. (8 billion December 2022)

The increase of the world population should evoke more than doom and gloom however. First of all, this increase shows a tremendous achievement. It shows that humans stopped dying at the rate at which our ancestors died for the many millennia before.

In pre-modern times fertility was high -5 or 6 children per woman were the norm. What kept the population growth low was the very high rate with which people died and that meant that many children were dead before they reached their reproductive age. The increase of the world population followed when humanity started to win the fight against death. Life expectancy doubled in all world regions.

Population growth is a temporary phenomenon, it is the consequence of fertility and mortality not declining simultaneously. The fast population growth happened when fertility was still as high as it was in the unhealthy environment of the past, but mortality has already declined to the low levels of our time.

What we have seen in country after country over the last 200 years is that when women gain more independence, education, and prosperity and realise that the chances of their children dying declined they chose to have fewer children. Rapid population growth comes to an end. This transition from high mortality and high fertility to low mortality and low fertility is called the demographic transition. In those countries that industrialised first it lasted at least from the mid-19th century to the mid-20th century – it

took 95 years for fertility to decline from above 6 children to less than 3 children per woman in the UK. Countries that followed later sometimes achieved this transition much faster: South Korea went from more than 6 children per woman to less than 3 in just 18 years, Iran even went through it in only 10 years.

Just as countries went through this transition so is the world going through this transition. Global fertility has more than halved in the last 50 years, from more than 5



COMMERCIAL IN CONFIDENCE

children per woman in the early 1960s to below 2.5 today. This means that the world is well into the demographic transition and the global population growth rate has in fact peaked half a century ago.

Now that we see fertility declining around the world we approach the end of population growth: The global population has quadrupled over the course of the 20th century, over the course of this century it will not double. And at the end of the century the UN expects a slow annual population growth of 0.1% whereas the demographers from IIASA expect an end of global population growth as soon as 2075.

EDUCATION

None of the achievements over the last 2 centuries could have been made without the expansion of knowledge and education. The revolution in how we live was not only driven by education it also made education more important than ever.

Contrary to many other social aspects where forecasts are of limited use, education is an aspect where we can make some useful projections. The simple reason is that the educational composition today tells us something about the education of tomorrow – a literate young woman today will be a literate old woman in 2070.

As we've seen before, education – measured by the basic skill of literacy – has already improved. And we know that it will continue as the younger cohort today is much better educated than people in older cohorts.

This visualisation shows the projection of the IIASA demographers for the size and the educational composition of the world population until 2100. It is an interesting look into the future: With today's lower global fertility the researchers expect that the number of children will decline from now – there will never be more children on the planet than today. And as mentioned before the IIASA researchers expect the world population to peak in 2070 and to decline thereafter.

Focusing on the educational breakdown the projection suggests that by 2100, there will be almost no one without formal education and there will be more than 7 billion minds who will have received at least secondary education.

With the great importance of education for improving health, increasing political freedom, and ending poverty this prospect is very encouraging.

Education is the primary driver of improving conditions of life, health needs education to be successful to improve, and political freedom is to progressively expand as truth becomes more expansive.

Nothing advances without education and education needs to be free of influences and controls imposed by vested interests. Education is to be truth founded, this is not how it is throughout any system to be found around the world. While education is based on mind centricity then it cannot be truth orientated as the mind cannot discern truth from falsehood, the mind is addicted to untruth and the mind is a control addicted.

Thus, you now can deduce that all the systems that are institutionalised around the world need to be dismantled and rebuilt.

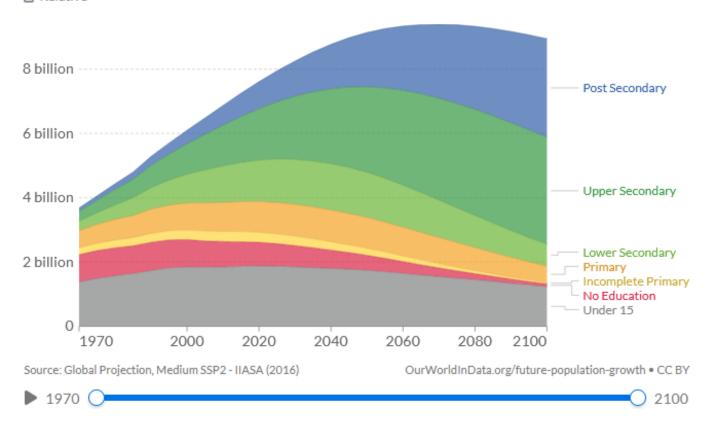
Projected world population by level of education



This visualization shows the Medium projection by the International Institute for Applied Systems Analysis (IIASA).

The researchers who created this projection describe it as their "middle of the road scenario that can also be seen as the most likely path".

□ Relative



The Golden rule is: Never interfere with another's will.

Golden Rule: that one must always honour another's will as one honours one's own.

Family planning and contraception are not abortion. Abortion is not a contraceptive! However, abortion is the extreme demonstration of interfering with another's will.

All a child needs is its parents' love!

Abortion laws in Colombia are now among the most liberal in the Americas

 $\underline{https://www.npr.org/sections/goats and soda/2022/05/10/1097570784/colombia-legalized-abortions-for-the-first-24-weeks-of-pregnancy-a-backlash-ensu$

13 July 2022

Editor's note: This story was updated on July 13, 2022. It was originally published on May 10, 2022. BOGOTA, Colombia — As some U.S. states quickly move to ban or place more restrictions on abortion in the wake of the Supreme Court decision overturning the 1973 Roe v. Wade decision legalising the procedure, several Latin American countries have moved in the opposite direction.

The latest nation to do so was Colombia. On 21 February 2022, Colombia's Constitutional Court legalised abortion during the first 24 weeks of pregnancy.

"Colombia now is the country with the most progressive abortion laws in Latin America and the Caribbean," says Mariana Ardila, managing attorney in Colombia for the rights group Women's Link Worldwide. In the Americas, she added, only Canada has more liberal abortion regulations than Colombia.

Changes in Colombia

Colombia used to be a socially conservative country with an influential Catholic Church. Women were not even granted the right to vote until 1954. Until 2006 there was a total ban on abortion. But that didn't stop women from interrupting their pregnancies in often dangerous ways.

"In the 1970s, abortion was the first cause of maternal mortality," says Dr. Laura Gil, a Colombian gynaecologist and abortion rights activist.

"Most of the abortions were carried out with traumatic procedures. It could be people that had no training at all and would try with knitting needles," she says. "Many women would try to get abortions by injuring themselves, by falling down the stairs or by drinking poison. I can remember women with their internal organs totally destroyed and handcuffed to their beds and being interrogated by the police."

But a number of things have changed over the years.

As Colombia became a more urban and educated society, church influence waned. Colombia's long-running guerrilla war was also a factor. Partly to convince left-wing guerrillas to disarm and take part in legal politics, Colombian lawmakers in 1991 agreed to write a new, more progressive constitution.

The search for peace "was a very important factor in all of this," says Arlene Tickner, an international relations professor at Rosario University in Bogotá.

Although the war continued, the 1991 constitution strengthened individual rights and laid the groundwork for landmark court decisions legalising euthanasia in 1997 and same-sex marriage in 2016 and expanding abortion rights.

In 2006, the Constitutional Court, which was established under the new constitution, decriminalised abortion in cases of rape, foetal malformation and when the woman's health is in danger. As the

procedure became more common, and as deaths from illegal abortions diminished, polls showed more and more Colombians supporting some form of abortion rights.

A 'green wave' calls for legal abortion

Then came Latin America's so-called *marea verde* or "green wave" of demonstrations.



A pro-choice activist (in green) argues with a woman opposed to the legalisation of abortion outside the Argentine Congress in Buenos Aires on June 13, 2018 — the year that Argentina legalised abortion.

Eitan Abramovich/AFP via Getty Images

They started in Argentina in 2018 when activists wearing green scarves – the colour of the pro-choice movement in

Latin America — took to the streets of Buenos Aires and other cities to pressure lawmakers into legalising abortion. In 2020, Argentina's Congress voted to legalise abortion in the first 14 weeks of gestation. Last year, Mexico's Supreme Court ruled that criminal penalties for abortion are unconstitutional.

LAW Texas' abortion law led some to get abortion pills in Mexico, with grim consequences

These developments fed the push to broaden access to abortion in Colombia, says Ardila of Women's Link Worldwide, which was one of several Colombian groups that last year petitioned the Constitutional Court to address the abortion issue.

"The victories of one country inspire other countries," she says. "We share strategies. We talk to each other."

One recommendation ahead of the February court decision, she said, was to use familiar faces to destignatise abortion. The result was a widely circulated video in which Colombian TV and film stars point out that women from all walks of life seek abortions, whether or not it's a crime and sometimes with tragic results.

Prior to the court decision, most Colombian women seeking to prematurely end their pregnancies took the drug Misoprostol, often prescribed for stomach ailments, which was a relatively safe way to induce abortions even though doing so remained illegal, says Dr. Gil, the gynaecologist. But others, some of whom didn't know about Misoprostol, resorted to riskier, clandestine medical procedures.

In January, Lorena Gelis, a 37-year-old woman in the northern Colombian city of Barranquilla died from severe bleeding after a botched, unauthorised abortion, her former partner, Sergio Ordosgoitia, told NPR. "I spoke with her on the phone the day she died, and she sounded in really bad shape," Ordosgoitia, who was traveling in Europe at the time and is now looking after their two teenagers on his own. "The news of her death was cruel and devastating."

Colombia's ruling elicits a backlash

Advocates predict such tragedies will become mostly a thing of the past following the Constitutional Court's February ruling. But its narrow 5-4 decision legalising abortion has provoked a backlash, with anti-abortion groups holding marches in the streets of Bogotá, the Colombian capital.

Critics, like Ivan Duque, Colombia's conservative president, are outraged that the court's decision allows abortion for up to 6 months of pregnancy. (They set the cutoff point at 24 weeks because after that premature babies have a better chance of surviving outside the womb.)

"Five people cannot tell an entire nation something so atrocious — that a life can be cut off at 6 months," Duque told reporters after the ruling.

The same week that Roe v. Wade was overturned in the U.S., Colombia's Justice Ministry, with President Duque's support, petitioned the Constitutional Court to annul its decision legalising the procedure in Colombia.



Anti-abortion demonstrators protest outside the Constitutional Court in Bogota, Colombia, on February 21 after the court decriminalised abortion during the first 24 weeks of pregnancy.

Cristian Bayona/Long Visual Press/Universal Images Group via Getty Images

Elsewhere in Latin America, strong opposition to abortion persists among many people and government officials. Although abortion is available on demand in Cuba, Guyana and Uruguay, the procedure remains illegal under most circumstances across much of the region. Abortion is totally banned in El Salvador, Honduras and Nicaragua, even in cases of rape or incest.

Dr. Gil says she doubts that the U.S. Supreme Court decision will have much impact on the abortion rights movement in Latin America or that women living in U.S. states where the procedure is now illegal will seek to terminate their pregnancies south of the border. She says it would be cheaper and more convenient for them to travel to U.S. states with more liberal abortion laws.

Still, Dr. Gil says that the recent legal breakthroughs in Argentina, Mexico and Colombia could help the Green Wave spread to other countries in the region. The latest to take up the issue is Chile. There, a special assembly is writing a new constitution that is expected to include abortion rights.

"This will ultimately lead to a wider legislation, like the (court ruling) that we got," she says of the court ruling in Colombia. "It's an example for the rest of the region.



Supporters of the legalisation of abortion clash with riot police during International Safe Abortion Day in Mexico City on September 28, 2020. Last year, Mexico's Supreme Court ruled that criminal penalties for abortion are unconstitutional.

Victoria Razo /AFP via Getty Images

An UNBORN BABY'S 1st HEARTBEAT OCCURS 16 DAYS after CONCEPTION:

A research team funded by the British Heart Foundation (BHF) at the University of Oxford says a baby's first heartbeat is now far earlier than was previously understood. <u>Dr. Susan Berry</u> 12 Oct 2016

Further research confirms that the heart first starts to beat between 16 to 19 days after conception.

What happens when a child dies? 15 March 2013 **Speaking with Mary Magdalene and Jesus, book 1**

From the first heartbeat the incarnating person is technically living a physical life, and so if death occurs, it will move into one of the spirit nurseries. If it should 'die' before the first heartbeat, the soul merely 'withdraws', initiating incarnation when the next opportunity arises for its soul-personality. And of course as you know, there is no reincarnation, so when your soul starts you in Creation and you achieve your first heartbeat, then you're underway, be it on Earth or in spirit to Paradise, this being your ascension of truth.

As soon as the spirit body separates from the physical connections, there is no longer any pain, this of itself, as you might well imagine, greatly adding to one's good experience. The dying person, be it a child or an adult, has a good experience in death, especially once the pain has gone should



there be pain; it's the people they might leave behind on Earth who don't understand this and who are suffering feelings of loss and deep grief, that have the harder time of it.

An unborn child is taken to spirit nurseries to be cared for. And within those nurseries they are looked after through the remaining time of their gestation period; then are 'born' into spirit life; then to carry on growing up as a spirit child of the Mansion Worlds. Many of them, just as with unwanted physical children, are fostered out or adopted by spirits wanting to be parents, this enabling a lot of people (who are now spirits), who for one reason or another couldn't have children on Earth, to have the experience of parenting. Even carrying the child to full term can be simulated so as to give the 'mother' the experience of being pregnant. The 'father' having his experiences as well. And of course lots of people who become spirits love being involved with children and so become spirit parents or simply involved in looking after the infants and young children of the nurseries.

The Heart commences to Beat as early as Day 16 after Conception:

Until now, researchers thought that the first time our heart muscle contracted to beat was at 8 days after conception in mice or around day 21 of a human pregnancy. Now, a team funded by the BHF at the University of Oxford has demonstrated earlier beating of the heart in mouse embryos which, if extrapolated to the human heart, suggests beating as early as **16 days after conception.** https://medium.com/british-heart-foundation/when-does-our-heart-first-start-to-beat-36bcbac072c1

MISCARRIAGE and ABORTION

This is a communication from Benjamin John who is John's unborn son having miscarried at twelve weeks into term:

Benjamin John, from within 2nd Celestial Heaven:

Thursday, 18 May 2017

"I am Benjamin, John, although that is not the name my spirit parents gave me. And it was myself coming to you as you have had me on your mind from time to time. I am not part of what is going on with you John, I have my own very separate life to you, however I am a Celestial and Beth and I have occasion to speak together through work that we do. (At twelve weeks into term, Benjamin, as we grew to call him, miscarried, being around April 1975.)

"I came to you, as I have come periodically to you and Carolyn, more of out of curiosity as to what my life might have been like had things been different and were I to be one of your Earth children.

"As it was, I had a very happy upbringing with my spirit parents, we lived on the first Mansion World in one of the big cities and I had four brothers and two sisters and was very artistic, going to what would be the equivalent of art college, where I developed my artistic skills to quite a high degree.

"And that was all before I was introduced to the Divine Love, which I did through you, following it up with Beth as she came to me when I expressed interest in it, which just so happened to be coincidental on one of my periodic visits to you. You were very taken with the Padgett Messages and were involved with AJ (Miller) and Mary Luck (that was from July 2009 until November 2011), and I spent some time with you and them and the other people and spirits involved with them, as there were quite a gathering of spirits who attended all they were doing.

"Beth soon put me straight about the Divine Love and the Healing, and then I embarked upon it, having to do it like we all do, coming to understand that my upbringing was not so different from many on Earth, and possibly even so, had I been your flesh child. My art, I put on hold as I worked continuously on myself, meeting my soulmate, and now we are living in the Second Celestial sphere.

"And from here, we intend moving on, we have no feeling for having anything to do with the physical Earth and all the changes that are soon to take place which Beth and yourself, John, are involved in, no, that's not for us, as my soulmate was also 'Spirit Born', as we call ourselves and those of us who never got born on Earth, as we want to ascend on our journey to Paradise.

"I will come and meet you when you come over and we'll spend time getting to know each other, there will be, no doubt, many questions you will want to ask me about how my life has been and how I've turned out, and I will be more than happy to answer them, but then I will leave you, as it will be for me to move on, as you are to remain – so I understand from Beth – for a time working still with Earth.

"I came to you now for you to know that I am okay, very well in fact, fully in love with my life and my beautiful partner, and that I have no hard feelings about you or Carolyn, or about anything I might have missed out on, now having worked through all such issues through my Healing.

"You might be interested to know that I got 'married' as some of us spirits do, and we adopted children of our own, however the relationship failed as I wanted to move on into the Divine Love, and we've all gone our separate ways. All of which, again, I have healed and worked through, not unlike how it is for many people on Earth.

"And really I came to say goodbye rather than hello, for I am leaving Earth as you might say, wishing to, as I said, move higher into the Celestial spheres of Nebadon (our local universe – Jesus and Mary Magdalene are co-regents). There are a lot of spirits like myself and my partner who are wanting to move higher to Paradise, we feel a strong pull within us to do so, as you too will feel when your time comes to leave the lower Celestial spheres and start on our spiritual ascent in earnest.

"However as I said, I will descend to spend time with you when you need it, and then our true separation will come, and we'll see what our Mother and Father has in store for us.

"I will not be coming back to you now that we've made contact this way through James. You can think to me and I will acknowledge such thoughts and respond accordingly, but as I said, Satia and myself, Nariko (that's a good enough approximation James) are, together with our soulgroup, heading Paradiseward. (We each have been named by our Heavenly Parents, these names we adopt when entering the Celestial Heavens. These names could be those given by parents or be soul names.)

"I am looking forward to our time together John, when your time comes and you are ready for my visit, and until then I wish you all the best with your endeavours. You are, as you know, in very good hands with Nanna Beth, as you like to call her, and so I will say goodbye and thank you for your time John. Thank you James."

Miscarriages are of the consequence of parents' emotional injuries and errors of belief. As these are continually 'fire hosed' upon the newly forming embryo and personality it is little wonder that any newly arriving child survives to be born. Some 50 million miscarriages is an approximation of what unfolds each year worldwide.

We may generally consider that the newly arriving personality is unaware of what is unfolding outside of the womb. This is incorrect. The newly arriving child is totally aware on an emotional basis of all that is taking place with and between its parents, also close family members. We each will go on and recall all of this all the way back to the moment of conception. I, John, feel that I understand the pain and drama of my mother back to about a month before I was born. My mother had been diagnosed with tuberculosis and was to be quarantined for six months. Consequently she had to separate me from her within a week of my birth for six months. I then had three 'mothers', Aunty Bell, Aunty Mame and housemaid Pauline (from Mame's household). Then when my real mother came home – well envisage my confusion please.

Rejection of a child by its parents is a dreadful and ongoing injury bringing pain endured throughout life.

We each may have observed, from time to time, a child being separated and lost from its parents when in a supermarket or shopping complex. The distress of the child requires great care from those who come to its aid. This is only a momentary event for any child but will take years to have the pain healed if it is allowed to express the pain – otherwise the emotional injury will remain with it.

When a child is rejected by its parent or parents while in the womb, this is fully felt and its abortion is anticipated by the child. It does not matter if the 'morning after' pill is involved or at any time up to full term, the rejection by its parents is a long term disaster for the aborted child.

Then we have the missing girl babies. Demographic statistics clearly identify around 60 million girl babies missing in each of India and China. In China, the practice of having a bucket of water available in a birthing room has been the practice in some regions should the baby being born is a girl.

Should a child be aborted or miscarried prior to incarnation which is the moment when the newly formed foetus begins to pump blood, typically at day sixteen (16) after conception, then the personality will withdraw to later find a new host parent pair. Should the incarnation process be achieved, then the individualisation of the personality is complete and the physical experience is fulfilled and the child does not need to return to the physical world should abortion or miscarriage be imposed upon the newly forming foetus and child. The child will then go on to be spirit born, as Benjamin outlined above.

A child in the womb is no different to a child that is already born.

Should a child not be wanted, then every precaution to avoid conception needs be considered. If a child is conceived then it needs to be embraced and loved and be allowed to be born.

The pain we cause another will be fully experienced by those who cause that pain. We each will be put into the position of being the victim. We will each go through the pain, stress and trauma of our victims to the full extent as if we are our victim. This is what compensation entails. We each are personally and fully responsible for all of our actions. There is no avoiding or escaping, even though we may put the inevitable off for some time.

John (me) is extremely blessed and grateful for the communications from his unborn son, Benjamin, as he is also from his brother-in-law, Kevin, his nephew Bradley, first cousin, Raymond, grandmother, Nanna Beth, mother, Marie, and his sister Marjorie. Together they have written more than one million words (equivalent to ten books) all from the spirit Mansion Worlds and mostly from within the three Celestial Heavens. This is the first time in history that such a family group has communicated this way. These writings, being guidance and revelations, are a gift to all of humanity. These writings will be published in multiple languages.

My family have all demonstrated that we are all more alive than ever, when we are dead!

Childhood Suppression is the elephant in the room.

We as parents bring up our children in the only manner that we know – how we were brought up. Thus, for generation after generation we endeavour to clone our children to be 'little me's'. We infuse our children with all of our emotional injuries and errors of belief and by the time they are six years old their wonderful pure and pristine personality is now a confused cocktail of three or more personalities, its own personality and of its parents and close family members.

This cocktail produces personalities sometimes calibrating less than 80 on Dr David R Hawkins' Map of Consciousness (MoC) scale and that is the domain and region of psychopaths. This is the development of adolescent delinquency. This represents a little more than 1% of the population but with the availability

of high powered automatic weapons, this makes such personalities extremely dangerous. The combination of guns and psychopaths is the foundation for mass murder.

Worldwide, 2 out of 3 will experience a miscarriage, further, 2 out of 3 will be involved in an abortion.

Worldwide, more than 1 in 5 women will suffer domestic violence.

Worldwide, more than 1 in 4 children will suffer child abuse. When we consider verbal abuse then it is 100% that children suffer abuse – "don't be stupid, you are an idiot, etc."

So, we receive a precious gift of a perfect personality that calibrates near to 1,000 on Dr Hawkins' Map of Consciousness and only around 55% survive through to birth! Then we see the newly born baby with birth defects and no one tells the parents that they imposed these defects through infusing their own emotional injuries and errors of belief upon the child – all because we as parents have not endeavoured to heal ourselves before bringing the child into this physical world.

Then, we as parents continue our onslaught upon the child totally ignoring its true personality that its Heavenly Mother and Father endowed it with because we as parents 'know better!'

Apart from cloning our children, we teach it to embrace, if not worship, its mind, suppressing its true and loving feelings. "If you don't stop crying, I will give you something to cry about!" Consequently, we are all locked in to being unable to grow and evolve beyond 499 on the Map of Consciousness. We cannot even recover our original state, let alone continue on advancing way beyond our original state.

So, as adolescents and teenagers we get bored with stealing cars and taking drugs, with go and fetch some military grade automatic weapons and shoot up a school because I didn't get given the grades that I should have. The co-conspirator of these crimes are the parents!!!

We now have been shown how to heal our emotional injuries and errors in belief. This commences by striving to live feelings first, having our mind to follow assisting in implementing what our feelings prompt us to embrace. Then by expressing our feelings, both good and bad to a companion, we are commencing our Feeling Healing. We are to long to know the truth of what lies behind our feelings – we will be shown. What enters emotionally must be expressed emotionally. Then should we long for our Heavenly Mother and Father's Divine Love we are commencing our Soul Healing.

This is the Great U-Turn for humanity.



http://www.pascashealth.com/index.php/library.html

Library Download - Pascas Papers

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address. info@pascashealth.com

Parliament of Colombia

The Chamber of Representatives is the lower house of the Congress of Colombia, Senate is upper.

Gustavo Petro - President



Gustavo Francisco Petro Urrego ODB ODSC is a Colombian economist, politician, and former guerrilla fighter who is the current president of Colombia since 2022. He defeated Rodolfo Hernández Suárez in the second round of the 2022 Colombian presidential election on 19 June.

Born: 19 April 1960 (age 62 years), Ciénaga

de Oro, Colombia

Office: President of Colombia since 7

August 2022 – 4 year term

Party: Colombia Humana **Presidential term:** 7 August 2022 – 4 year term



Francia Marquez - Vice President

Francia Elena Márquez Mina is a Colombian human-rights and environmental activist and lawyer, who is the 13th and current **Vice**

President of Colombia. 7 August 2022 – 4 year term



COLOMBIA PARLIAMENT	MoC
President	394
Vice President	405
Senate 108	344
Chamber of Representatives 188	332
Senate Overall 296	337





65/100 Partly Free



Colombia	64	
PARTLY FREE	/100	
Political Rights	29 /40	
Civil Liberties	35 /60	

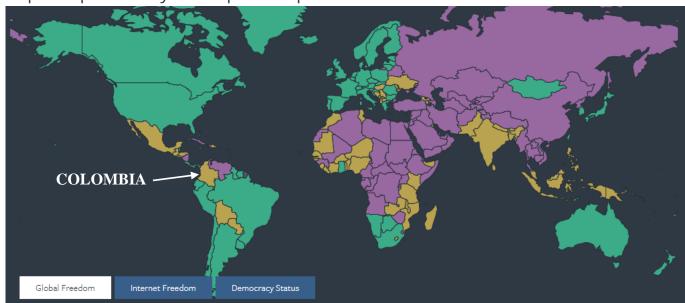
LAST YEAR'S SCORE & STATUS

Overview

Colombia is among the longest-standing democracies in Latin America, but one with a history of widespread violence and serious human rights abuses. Public institutions have demonstrated the capacity to check executive power, and the country's main left-wing guerrilla group signed a peace accord in 2016. Nonetheless, Colombia faces enormous challenges in consolidating peace and guaranteeing political rights and civil liberties outside of major urban areas.

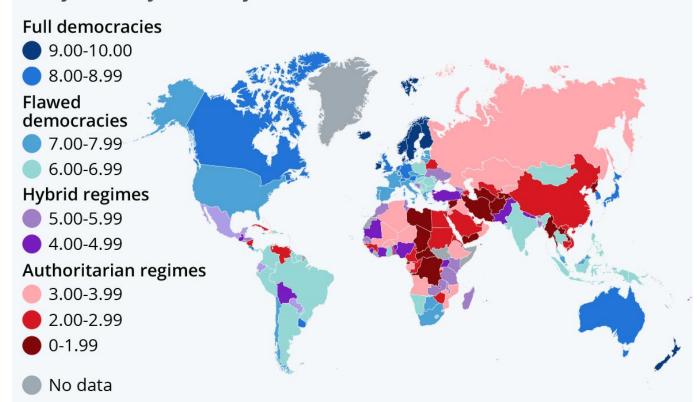
Colombia's historically rigid two-party system has undergone a protracted process of realignment and diversification in recent years. The 2018 elections brought into the legislature a mix of parties from the left, right, and centre. This balance, coupled with intraparty splits, left Duque with an unstable governing coalition in each legislative chamber, though the government has maintained a fragile working majority during most its term. The FARC—whose leaders changed the party's name to Commons (Comunes) in January 2021—reorganised as a political party in 2017, but has made negligible electoral advances.

Despite the peace accord with the FARC, activity by the smaller National Liberation Army (ELN) leftist guerrilla group, the successors of previously disbanded right-wing paramilitary groups, so-called "dissident" FARC members, and criminal gangs has continued to impair the ability of citizens in some areas to participate freely in the political process.



The State of Democracy

Global Democracy Index rates, by country/territory (2021)*



^{*} takes into account electoral process and pluralism, civil liberties, the functioning of government, political participation and political culture Source: The Economist Intelligence Unit









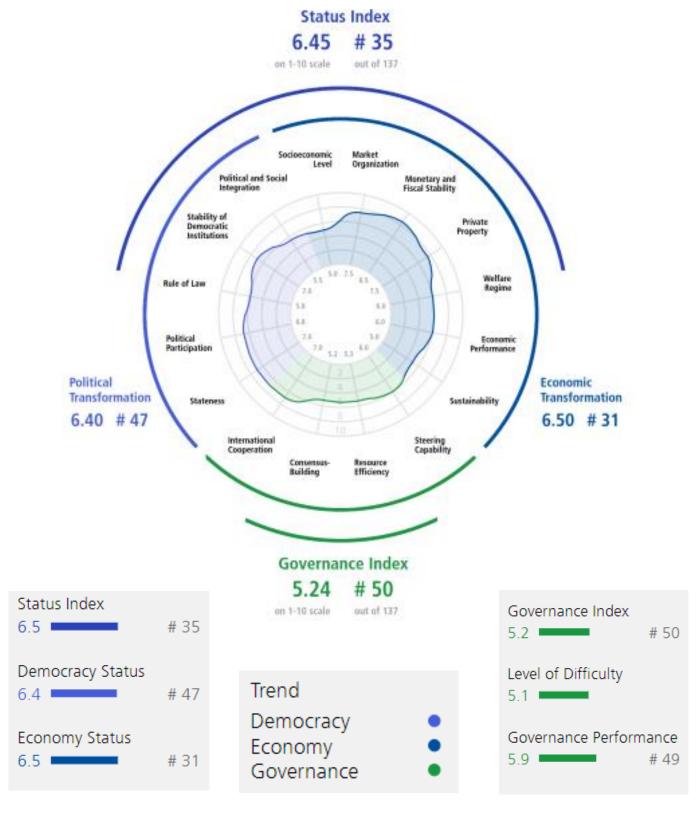
Year 2021

Type of regime \$	Score +	Countries		Proportion of
		Number +	(%) \$	World population (%)
Full democracies	9.01–10.00 8.01–9.00	21	12.6%	6.4%
Flawed democracies	7.01–8.00 6.01–7.00	53	31.7%	39.3%
Hybrid regimes	5.01–6.00 4.01–5.00	34	20.4%	17.2%
Authoritarian regimes	3.01–4.00 0–3.00	59	35.3%	37.1%

COMMERCIAL IN CONFIDENCE

Colombia Country Report 2022 - BTI Transformation Index https://bti-project.org Home > Reports > Country Report

Colombia Country Report 2022
https://bti-project.org/en/reports/country-report/col



Colombia's opportunities for investments in infrastructure

https://prensa.procolombia.co/en/colombia-today/colombias-opportunities-investments-infrastructure 16 June 2022

After the economic turmoil suffered by the Covid-19 pandemic, Colombia is already passing from reactivation to growth. The country not only has recovered from most of the damages caused by the pandemic, but it's also already thinking towards the challenges that the world is currently facing. This is being done in many areas that are critical to the country's economy: exports are growing, tourism to the country is hitting high notes and investment opportunities are opening.

One of the sectors in which many investment opportunities can be found is infrastructure. This area is a special priority for the Colombian government because the country needs to keep transforming its infrastructure into the fifth generation (5G), and it goes without saying that a modern, capable, infrastructure is the foundation from which exports, tourism and the day-to-day lives of the Colombian people begin to build up.

That's why in this era of transition from reactivation to growth, Colombia offers many opportunities for investments in infrastructure. Foreign investments play a key part in these projects, in fact, for transportation infrastructure, they represented 11.8% of total FDI (Foreign Direct Investment) between 2016 and 2020.

The Colombian government's legal framework also encourages investments in infrastructure and is designed to keep close ties between the public and the private sector. Basically, the mechanism through which investment projects are realised is the Public-Private-Partnerships (PPP), established in 2012; Colombia was recognised by the World Bank ranking in 2020 for being the second place in the world in development of infrastructure projects through the PPP scheme. In addition, Decree 438 of 2021 promoted private investments to go into infrastructure projects, strengthening the PPP system and encouraging foreign investments.

Transportation infrastructure

Transportation is an area of the national infrastructure that is heavily supported by the Colombian Government. 79 projects in this sector are being supported, with 40 of them already granted during the administration of President Iván Duque, and that required investments for more than USD \$20 billion, and 39 more to be structured during 2022. Up until 2035, investment opportunities in transportation infrastructure projects are worth USD \$71.1 billion; these include opportunities in road infrastructure (USD \$60 billion), airport expansion projects (USD \$5.7 billion), railway infrastructure rehab (USD \$3.4 billion), riverine infrastructure (USD \$1.6 billion) and port infrastructure (USD \$433 million).

Moreover, the National Infrastructure Agency (ANI, in Spanish), already has 14 initiatives ready for the first wave of 5G projects, that includes the areas of road network, railway, airport and fluvial infrastructure. Investments in these projects will reach an estimated value of USD \$5.6 billion and create approximately 35,000 jobs. The second wave of 5G projects, currently, comprehends 12 investment initiatives, estimated to be worth around USD \$7.7 billion in road, airport and fluvial infrastructure.

One of the most ambitious infrastructure projects is the intervention of the fluvial pathway 'Canal del Dique', that connects the port of Cartagena, in the Great Colombian Caribbean region, with the municipality of Calamar, located at the inside of the country. Investments for this project are worth USD \$882.5 million and its currently open for bidding until June 24th.

Social and touristic infrastructure

Apart from transportation infrastructure, there are investment opportunities for the social and touristic infrastructure sectors. For one side, social infrastructure is essential to improve the quality of life of the Colombian people. **To invest in projects like schools, hospitals** and even prisons is very important to the country's objective of overcoming poverty and ensuring the well-being of its citizens.

However, public funding isn't enough to accomplish the initiatives for social infrastructure, and that's when PPP schemes acquire even more relevance. There are currently investment opportunities worth USD \$1.2 billion in social infrastructure projects like hospitals, schools, cultural centres, and prisons.

On the other hand, the tourism sector also has a high demand for infrastructure projects, since it's the sector in which Colombia is having a big comeback after the pandemic, investment opportunities are available for upgrading the touristic offer.

Most of the opportunities for investments in the tourist sector can be found in the development of all-inclusive resorts and luxury hotels in the Great Colombian Caribbean region; glamping; wellness; birdwatching and wildlife sighting facilities; hotels in rural areas; family, water, and adventure parks.

Continued Risk of Rising Violence Targeting Civilians

https://acleddata.com/10-conflicts-to-worry-about-in-2022/colombia/mid-year-update/

In June 2022, Colombia elected left-wing former guerrilla fighter Gustavo Petro to the presidency, marking a turning point for the country, which has been governed by moderate and conservative politicians for decades. The newly elected president faces significant security challenges, as he takes office amid high levels of violence: during the first half of 2022, over 1,300 organised political violence events were recorded across the country.

Violence intensified ahead of the May-June 2022 general elections. The Electoral Observation Mission qualified the 2022 electoral period as one of the most violent in the last decade (MOE, 2022). ACLED records a 19% increase in political violence events targeting politicians and social and community leaders in the lead-up to the elections from 1 January to 19 June 2022 (when the election was held), compared to the period leading up to the 2018 election, between 1 January to 17 June (when the election was held). In February and May, the National Liberation Army (ELN) and the Gulf Clan organised armed curfews to protest against President Iván Duque's policies and the extradition of the Gulf Clan's leader, Dairo Antonio Usuga, to the United States, respectively (Reuters, 21 February 2022; France 24, 7 May 2022). The strikes paralysed several departments with roadblocks and the use of remote explosions while, on the sidelines of their operations, both armed groups attempted to influence the votes of local residents through intimidation (Insight Crime, 27 May 2022; Crisis Group, 24 May 2022). In Bolívar and Sucre departments, where the Gulf Clan maintains a heavy presence, incidents of violence targeting civilians doubled in the first half of 2022 compared to the entirety of 2021, with a peak recorded in May. The resurgence of violence in these departments comes with reports that the Gulf Clan issued voting orders and carried out targeted attacks on residents (El Tiempo, 11 January 2022), indicating that the group may feel emboldened to pose as a contender to state authority.

Experts attribute the rise in violence to President Duque's failure to provide security guarantees and social and rural reforms laid out in the 2016 Peace Agreement (Colombia Report, 7 June 2022). Violent incidents between armed groups nearly doubled in 2021 compared to the year prior, and levels of armed clashes and remote violence remain high in the first half of 2022.

The Norte de Santander and Cauca departments continue to be epicentres of violence in Colombia, driven by armed actors competing for the exploitation of coca crops and key drug, weapon, and human trafficking routes along the border with Venezuela and the Pacific coast (ACAPS, 8 March 2022). Multiple armed actors are present in these areas, such as the ELN, dissident Revolutionary Armed Forces of Colombia (FARC) factions, the Gulf Clan, and other drug trafficking gangs.

Rivalries between armed groups in these regions have also translated into worsening violence in neighbouring departments. In the first half of 2022, the number of violent incidents between armed groups in Chocó and Valle del Cauca has nearly equalled the number recorded in these departments during the entirety of 2021. Violence has already surpassed levels recorded in 2021 in Arauca, where dissident FARC factions have tried to gain control of key trafficking routes along the Venezuelan border (Latino América 21, 15 February 2022, RFI, 27 February 2022). More than 30 fatalities have been reported in Arauca in the first half of 2022 during intense fighting between dissident FARC factions and the ELN, which has predominantly controlled the area since the demobilisation of the FARC in 2017 (ACAPS, 31 January 2022). Meanwhile, along the Pacific coast in Chocó, the turf war between the Gulf

Clan and the ELN has continued to intensify following the Gulf Clan's expansion into ELN-controlled territories in 2021 (Insight Crime, 27 April 2022). Further south, the Gulf Clan and the ELN have clashed in Valle del Cauca over control of the port in Buenaventura city (Insight Crime, 4 March 2021).

Conflict between armed groups continues to have a significant impact on civilians, with high levels of civilian targeting holding through the first half of 2022. Violence targeting civilians accounted for over 62% of all organised political violence events in Colombia and over 70% of related fatalities during this period. In Norte de Santander, civilians along both sides of the Colombian-Venezuelan border have faced increasing threats, displacing thousands (Insight Crime, 20 June 2022).

Social leaders and members of vulnerable groups remain the most exposed to violence, as they often coordinate support for the implementation of the peace agreement and advocate for land access in their communities (Crisis Group, 6 October 2020). Violence targeting social leaders is particularly acute in Arauca department, with levels in the first half of 2022 surpassing those recorded in the entirety of 2021. This represents a change in the dynamics of violence in Arauca, where armed clashes and attacks targeting oil infrastructure previously predominated.

To counter the hegemony of armed groups in local communities, state forces stepped up their operations in the first half of 2022, especially in Norte de Santander and Antioquia. Violent interactions between armed groups and state forces increased by nearly 30% relative to the same period in 2021, including explosions and remote violence incidents, which more than tripled.

The military operations have drawn criticism for their inability to tackle ongoing armed conflicts and for exposing civilians to additional violence, as they are often caught in the crossfire. Human rights organisations have additionally raised concerns that military forces are conducting extrajudicial killings and targeting indigenous community leaders after the killing of 11 people in a raid against alleged guerrillas in Putumayo (France 24, 31 March 2022).

Calls for increased protection of social leaders and vulnerable groups, and the implementation of the 2016 Peace Agreement, continue to drive demonstration activity across the country, particularly in April, on the one year anniversary of the 2021 uprising. Although demonstrations decreased by 68% in the first half of 2022 compared to the same time period in 2021, activity remained relatively high compared to pre-2021 levels. Demonstrators continue to voice discontent against insecurity and dysfunctional public services, as well as to call for labour rights.

Colombia's security situation threatens to deteriorate further in the second half of 2022. Multiple reforms outlined in the Peace Agreement are yet to be fully implemented, and Duque's militarised approach seems to have ultimately yielded limited results. The election of Petro, a former guerrilla fighter critical of the 'War on Drugs' (Insight Crime, 21 June 2022), could lead to new security dynamics. The ELN and Gulf Clan have shown willingness to take part in peace negotiations, on the condition of initiating a series of reforms and pardoning fighters from legal proceedings (Insight Crime, 22 June 2022; EFE, 21 July 2022). While Petro has engaged in negotiations to secure a majority in congress (Bloomberg, 26 June 2022), the newly elected president may face opposition to his approach to the armed groups.

COLOMBIA

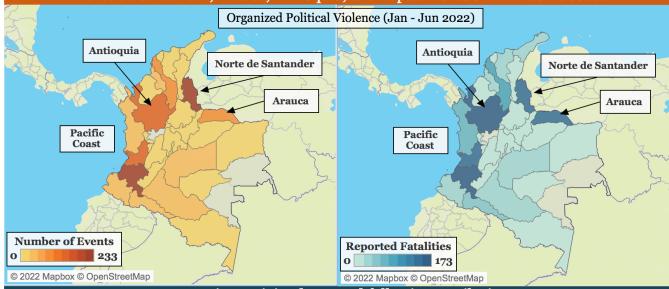
Continued Risk of Rising Violence Targeting Civilians



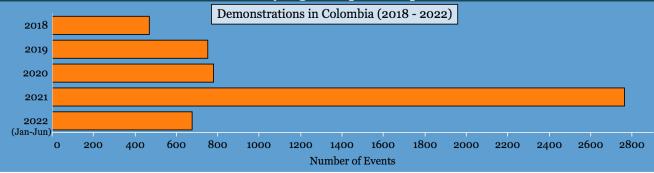
The newly elected president, Gustavo Petro, takes office amid escalating levels of violence. Warfare between armed groups continues to have a significant impact on civilians, who are targeted in over 62% of organized political violence events and represent over 70% of related fatalities.

Moreover, violence targeting social and community leaders further intensified ahead of the May-June general elections.

High levels of organized political violence persist in Norte de Santander, Arauca, Antioquia, and departments on the Pacific coast



Demonstration activity decreased following a spike in 2021, but remains relatively high compared to pre-2021 levels

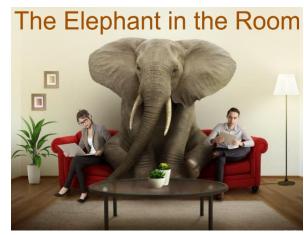


The LEADING ISSUE is that CHILDREN ARE NOT PRIORITISED:

'I had a pretty good upbringing' in comparison to other people!

Parents have NO understanding of Love.
Parents have NO understanding of Law of Free Will.
Parents have NO understanding of blocking emotions.
Parents have NO understanding of causal / core emotions.

The elephant in the room is Childhood Suppression. It is through Childhood Suppression that we, as parents, impose upon our children all of our emotional injuries and errors of belief, thus perpetrating the stagnation of humanity from one generation to the next. It is only through our personal Feeling Healing that we can start



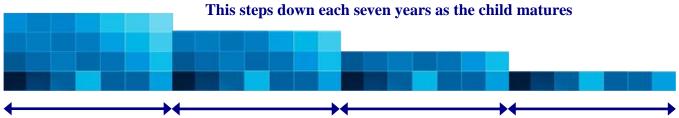
to mitigate this cycle and slowly alleviate each of the social issues that every nation demonstrates.

OUR FORMING YEARS are MOST DYNAMIC and TRAUMATIC:

Age-group	Age
Gestation	conception to birth
Newborn	0 days to 1 month
Infant	1 month to 1 year
Toddler	1 to 3 years
Preschool	3 to 6 years
School age child	6 to 12 years
Adolescent	12 to 18 years

Our childhood formative years are from conception through to age of 6 years. Commencing at conception, we begin to take on all of the injuries and errors of belief of our parents and carers. We capitulate to adopting the 'personality' that our physical parents impose upon us, to the detriment of our true personality.

POTENTIAL to BENEFIT your CHILD through our own FEELING HEALING:



From conception to From 8 to age 14 From 15 to age 21 From 22 to age 28 age 6 or 7 As we heal, we directly heal our children similarly.

The Indwelling Spirit arrival for the child around age 6 or 7 starts their independence.

INFLATION

Money is talked about as a constant and that everything else is not. A loaf of bread is constant and so is an apple – money is not, it is printed at the whim of those who own the printing presses.



When I was a young adult, 2 cents could buy what \$1 is needed to pay for today. Inflation (printing of extra money) has reduced the buying power by 98%. Examples:



An imperial gallon of petrol used to cost 20 cents. That is 4.546 litres, a litre of petrol costs AU\$2.20 today and that equates to AU\$10 a gallon. That is a fifty fold diminishment of purchasing power.

A typical packet of 20 cigarettes will now set you back on average around AUD \$40 (£22 / US \$30), which is a hell of a lot of money if you burn through darts like a chimney. A packet of 20 Ardath cigarettes was 20 cents.

A single scoop ice cream in the cone is now AU\$2.79 (Baskin Robbins). As a single scoop was 5 cents then four for 20 cents costs more than AU\$10.

The Sunday papers were 5 cents each and stacked with comics and weekend sport. Now they are around AU\$3.00 each, so four is now more than AU\$10.

We have experienced a 98% drop in the purchasing power of our dollar and we are about to experience a further 98% drop in purchasing power.

Imagine paying AU\$500 for a gallon of petrol!!!

As of a consequence to major disruptions to supply chains around the world due to excessive demand by consumers and Covid-19 and now the Ukraine invasion by Russia, the printing presses of the world have printed a mountain of money for a smaller supply of goods and the consequence is inflation.

COMMERCIAL IN CONFIDENCE

Authorities tell us to look up there whereas we need to look not only at our governments BUT the major corporations that are the dominant price gougers. You will find the chain becomes very small, all leads back to a few very obscure and secretive families.

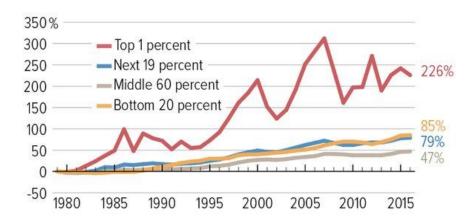
The era of very, very low inflation has ended. Headline inflation in Europe is 7.4% and core inflation 3.5%, way above the ECB's target of 2%. Hong Kong – As inflation soars around the world,



the world's second-largest economy has kept it at bay. Consumer prices in China increased just 1.5% in March from a year earlier. The USA Consumer Price Index increased 8.5% for the year ended March 2022, following a rise of 7.9% from February 2021 to February 2022.

Income Gains at the Top Dwarf Those of Lowand Middle-Income Households

Percent change in income after transfers and taxes since 1979



MEET THE COLOMBIAN TOWN THAT JUST GOT ELECTRICITY FOR THE FIRST TIME

https://www.iadb.org/en/improvinglives/meet-colombian-town-just-got-electricity-first-time
The nights are no longer pitch dark in Gualajo. Neither are the days. This town, more than 1,000 km south of the Colombian capital and only 34 km from the border with Ecuador, was until recently one of the few settlements without a secure and constant supply of electricity. Today, gas lamps and candles are a thing of the past.

"I believed that energy would never come," says Jesús Alfredo Castro, a 92-year-old farmer who has lived for 72 years in the community. "I'm happy that energy has arrived. To me it feels grand," says Jesús.

Until December 2018, these communities had electricity for only a couple of hours a day, mostly from polluting and low-quality energy sources such as car batteries, kerosene lamps or firewood. **That same month, the electricity service began operating in the community's 189 homes and four schools.** The 900 inhabitants of the four zones of the Gualajo River Community Council will now have continuous power service.

The project, which involved an investment of \$ 2,604 million Colombian pesos or approximately US\$774,230, is the first one to go on stream through the Colombian government's **Todos Somos PAZcífico Fund**. The fund seeks to contribute to the social, economic and environmental development of the country's impoverished Pacific Coast.

The plan also promotes access to reliable, efficient and sustainable electricity. **The IDB has assisted this process in Colombia with US\$91 million in financing to bring electricity to 20,000 new users in the departments of Cauca, Nariño, Chocó and the municipality of Buenaventura in the Valle del Cauca region.**

The electrification project was made possible with the collaboration of Gualajo's inhabitants. **More than half of the population took part in this project.** The transformers, posts and cables were taken piece by piece on boats by the community across the river. They also created a space for participatory dialogue that involved Afro, indigenous, and rural communities, as well as regional and local leaders.

The impact on education and entrepreneurship

Access to electricity not only changes life inside the home, it also touches all spheres of a community, such as its schools. Tablets, computers and the internet begin to arrive in classrooms; places that once were dangerous become safer with street lighting; children can extend their study time.

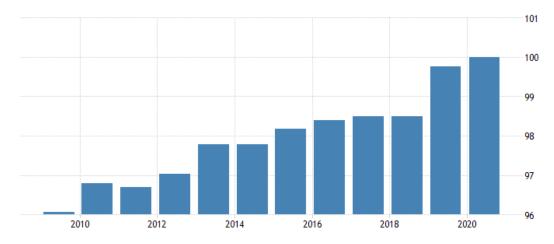
According to UN data, in 2013 more than 188 million children went to schools without electricity, a shortcoming that has serious consequences on the quality of learning. In a study we conducted in Brazil, we found that electrification has a direct effect on school drop-out rates in rural areas. We also found that schools electrified between 2013 and 2016 registered a 27% fall in dropout rates.

The impact of electrification is felt everywhere in Gualajo, especially among women. As in many parts of rural Latin America and the Caribbean, female labor participation rates are relatively low in the Colombian Pacific region. However, now many of them are looking to start their own businesses.

To Fanny Ospina, it meant a new hope for her future. "Now we are in at our next stage of development. Because we no longer depend on kerosene lamps and candles, we are looking to start our own business," she says.

Colombia – Access to Electricity (% Of Population)

Access to electricity (% of population) in Colombia was reported at 100 % in 2020, according to the World Bank collection of development indicators, compiled from officially recognized sources. Colombia – Access to electricity (% of population) – actual values, historical data, forecasts and projections were sourced from the World Bank on November of 2022.



The electricity sector in Colombia is dominated by large hydropower generation (65%) and thermal generation (35%).

Energy consumption in Colombia

The most important figure in the energy balance of Colombia is the total consumption of

68.25 billion kWh

of electric energy per year. Per capita this is an average of 1,331 kWh.

Colombia could provide itself completely with self-produced energy. The total production of all electric energy producing facilities is 75 bn kWh, which is 110% of the countries own usage. Despite this, Colombia is trading energy with foreign countries. Along with pure consumptions the production, imports and exports play an important role. Other energy sources such as natural gas or crude oil are also used.

Internet usage in Colombia

https://www.statista.com/topics/6055/internet-usage-in-colombia/#dossierKeyfigures

The internet is highly integrated in the daily lives of many throughout the world. In Colombia, over 65% of the population is online. This puts the South American country above the worldwide internet penetration rate of 59%. Whether used for work, browsing social media, or even online shopping, the internet has proven to be a fundamental tool — especially in times of crisis, like the global coronavirus pandemic — for people to cope and regain a sense of normality. 18 October 2022

NUMBER OF INTERNET USERS 35.5m

DESKTOP'S SHARE IN WEB TRAFFIC 44.76%

MOST POPULAR INTERNET BROWSER
Google Chrome

The Current Digital Media Landscape in Colombia

https://duartepino.com/en/the-current-digital-media-landscape-in-colombia/

Historically, the media landscape in Colombia has been heavily influenced by broadcasters and publishers with strong ties to the business and political elites. Still, today we're seeing new players and social media significantly changing media consumption trends. What's more, lockdowns caused by the pandemic disrupted the country's printing industry, expediting the digitization of the country's newspapers and magazines.

Internet and social media usage

In 2020, Colombia's population that used the internet rose by four percentage points compared to the year before, with nearly 70% of the country's population accessing the internet. In comparison with other South American countries, Colombia also has one of the highest mobile internet penetration rates when compared to the LATAM and Caribbean region, where it is positioned as 10th out of 34 countries.

The leading device in which web traffic occurs in Colombia was reported to be generated from desktop computers, with nearly 70% of users. Meanwhile, only 29% of the country's web traffic comes from mobile phones, an improvement but still a ways to go.

As of January 2022, it has been reported that 81.3% of Colombia's population is active on social media, slightly higher than the U.S. with 80.9%. Of this population, approximately 15.6% of users were men between 25 and 34 years, while 15.3% were females of the same age group. Social media advertising in the country was estimated at US\$279.90 million in 2022.

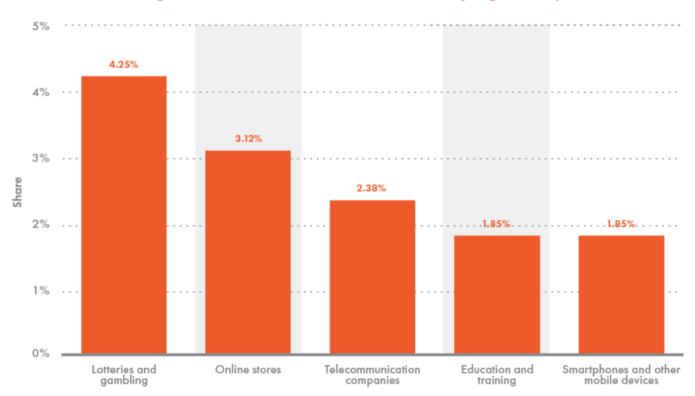
The most popular desktop and mobile social media platforms used in Colombia are:

- **Instagram** (42%) As of February of 2022, 57.2% of users were identified as women, less than 43% were men, and 33.1% of this group were between 25 and 34 years old. Meanwhile, users aged 13 to 17 years accounted for 6%.
- **Facebook** (47%) reports show that 52% of Facebook users in Colombia were female, and 48% male. Of these users, nearly 30% were between 25 and 34 years old, while 24% were aged 18 to 24.
- **Twitter** (7.5%) As of January 2021, nearly 58.5% of users identified as men, while 41.5% were women.
- **YouTube** (3.5%).

Digital media usage and news consumption

In March 2021, Colombia's leading industry with the highest investment in digital ad spend was lotteries and gambling, accounting for 4.25%. The second-ranked industry was online stores, with 3.12% of the share. The graph below shows that telecommunications companies followed with 2.38%, and with 1.85%, we have education and training and smartphones and other devices.

Leading industries in Colombia in March 2021, by digital ad spend share



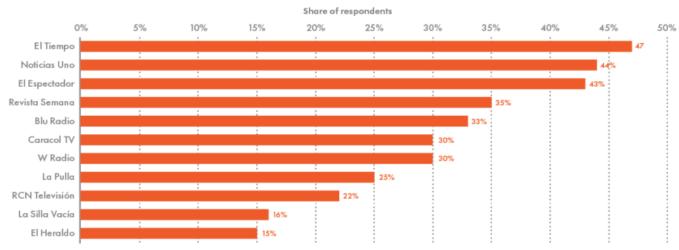
When it comes to magazines, a survey conducted in 2020 shows that Colombians prefer to read them in print, with approximately 77.6% of magazine readers surveyed stating that they consumed the print version of that medium. On the other hand, nearly 36.2% of respondents said they read digital magazines. That same survey found that 70.5% of newspaper reader respondents said they consumed the print version of that medium, while around 40.4% of respondents read digital newspapers.

In April 2021, a survey conducted by comScore concluded that the online news source in Colombia was the media group El Tiempo Casa Editorial (ETCE), with approximately 15.4 million unique visitors across multiple online platforms. Following them were Caracol Next and Prisa, with around 14.3 million and 13.2 million visitors, respectively. Likewise, as of 2020, the leading print media company in terms of revenue in the country was ETCE, publishers of the popular *El Tiempo* newspaper.

Most trusted digital news media in Colombia in 2020

In a 2021 survey, the country's media representatives, academia, politicians, the private sector, and social organisations were asked to name the three media outlets they most consulted to stay informed. Approximately one-third of responders said that they turn to *Noticias Caracol*, a national newscast broadcasted by <u>Caracol Televisión</u>, a free-to-air T.V. channel run by Valorem. Following them are the newspaper *El Tiempo* and the radio program <u>La W</u>, with 26% and 23% of respondents, respectively.

Most trusted digital news media in Colombia in 2020



Conclusion

The transition from legacy media to online platforms in Colombia has not been easy, as the mediascape shows that this development surpasses a change in consumption and technologies. Moreover, internet access in the country still has a long way to progress. This landscape also suggests that the relative decline of non-internet-based media has not been answered by widespread digital solutions presenting significant opportunities for investors.

The Influence of Social Media in Colombia

https://www.mintel.com/blog/technology-market-news/the-influence-of-social-media-in-colombia

6 July 2021

Social media brings connection, but can also overwhelm. Improve online conversations and be the reason consumers tune in, instead of wanting to disconnect. It will be important to not only help consumers to unplug briefly or to manage their relationship with tech, but also to redesign tech itself so that it can aid wellbeing.

Connect with consumers by co-creating products

One of the most exciting and powerful ways Colombian brands could look to connect with consumers is by using social media's potential to co-create. Crowdsourcing can be a good consumer engagement model, especially for small brands that don't have a lot of budget and want to highlight a personal connection. For example, Argentina cereal brand **Integra** was launched by a nutritionist and blogger who co-creates products from ingredients to naming and packaging, with her social media followers. Beauty brands are particularly well-positioned to take advantage of this approach through their social channels, not least because self-expression is such a key part of the beauty product experience. Brazilian brand **Colorama** co-created a nail polish collection with its Instagram followers from beginning to end by sharing ideas and voting on the brand's queries.

From community to commerce

There is no denying that social media is known for its visual capabilities, making it a great window for brands to show off and sell their products. Shoppable posts and videos can make it easier for people to

not only research a product but also buy it, all in one place. For CPG brands in Colombia, there is significant untapped potential in social commerce as many are still simply using social networks to promote external e-commerce platforms and apps. Going forward, consumers will expect brands to offer a more seamless purchasing journey on social and brands need to leverage the enhanced shoppable features of social media (e.g., posts, livestreams), if they are to connect with consumers.

Creating a circle of trust

Brands also need to work with the fact that a high number of Colombians still want to get recommendations from people they know. Something similar to what Chinese company **Pinduoduo** has just done could be a solution to making this happen on social. Pinduoduo is an e-commerce platform that brings social components into the online shopping experience. It recently introduced a new feature called 'circle of trust' that allows consumers to share products they've bought and their comments with the trusted people they have added to their group. By creating a circle of trust functionality, brands and retailers can position themselves as trusted communities that bring validated information, reviews and recommendations, while also creating a safe and reassuring shopping experience on the platform and potentially converting more consumers into online shoppers.

Consumers are conflicted

Colombians also feel conflicted by the attention devoted to their digital personas vs their physical lives. While almost all Colombians had accessed social media in July 2020, three in five said that they were actively seeking ways to disconnect from their smartphone throughout the day. It is important to not only help consumers to unplug briefly or to manage their relationship with tech, but also to reinvent tech itself so that it can aid wellbeing.

CPG companies can foster screen-free experiences that place their products front and centre. For example, food and drink brands can promote the importance of staying hydrated, taking lunch and coffee breaks away from screens, and BPC can encourage people to keep their bodies, hands and lips moisturised throughout their working day. Household brands can remind people to keep their working space clean and tidy as a way to connect with their physical surroundings and rest the mind.

Audio is the next social media player

With so much visual stimuli and digital fatigue, it's not surprising that audio content is gaining traction. Audio can feel more intimate, spontaneous and 'live' than other forms of social. **ClubHouse**, an audio app that lets people gather in chatrooms to discuss different topics, passed 10 million global downloads in February 2020 and it is really resonating with Colombians. Companies in the region are now starting to use it, with the likes of Brazilian olive oil brand **Andorinha** promoting a conversation about healthy eating and **Nescau** hosting discussions about the transformative power of sports.

What we think

Social media is making consumers feel both connected and disconnected from the people they care about and the values they stand for. It is also the platform of choice for people to voice their opinions and defend their rights. Brands can use this in their favour by positioning themselves as integral to creating powerful communities and letting consumers have a say in products.



Are we communicating?



Or deeper into the impersonal?

COMMERCIAL IN CONFIDENCE



THIS IS HUMANITY Atupified!



Getting the Well out of here!!

Flow do you feel about this ... ?

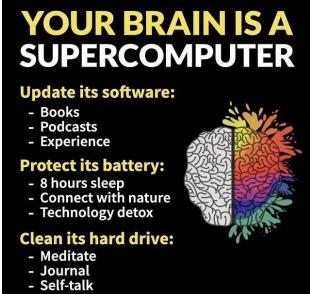
Should we start by asking; "what do you feel about this ...?" then we go straight to our mind and start intellectualising a response. However, by asking; "how do you feel about this ...?" then we might pause and reflect upon our feelings and even consider our feelings.

There are two very distinct ways of living. Firstly, we all have been guided, taught, coerced and directed to live mind-centric. 'Use your brain Mary / Johnny' has been hammered into each us. We have been literally brought up to worship our mind / brain.

Well folks, let us consider this! When we die we lose nothing of our intelligence and memory. When we are dead we are more alive than ever! Yes, we may lose a lot of weight but our faculties, senses, feelings, memory and intelligence continues with us, all in perfect working order. Our brain is nothing more than a dumb computer terminal, it is an interface between our physical self and our spirit body mind which in turn is an interface to our soul which is the source of all that we are and is our being.

Thousands of years ago, a couple of 'bright sparks' prompted us, being Earth's humanity, to embrace our minds as being all powerful and the pathway for us to becoming mini-gods. And we see around us those who act and appear to believe that they are already 'mini-gods'!

Our parents from the very moment of our conception start to impose their will upon us, even though they are mostly unaware that we are commencing to form. All through our gestation period in the womb we are absorbing the emotional injuries and errors of belief of our parents and those close by in our family circle. We are already being conditioned to live mind-centric, to embrace our mind and to suppress our feelings.





So, what is so brilliant about our minds? Our mind cannot discern truth from falsehood. It does not know innately what is right or wrong and it cannot discern what is best for us and what is not. It cannot make the right choice. And this is how we are indoctrinated to live by our parents. Further, our mind is addicted to untruth – so now you can see why we mostly get it all wrong. So that no one misses out on our adopted pathway of chaos and disaster, our mind is a control addict! We impose our will upon all others all the time. Look at what is continually being put to us by everyone and everything all the time!

Then our educators continue with the same impost, our religious and spiritual instructors do the same, then our employers, and to cap it all off, the multiple layers of government impose their 'LAWS'.



HEALINGends MIND-CONTROL!

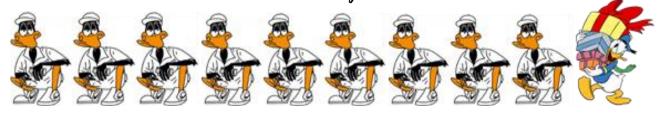


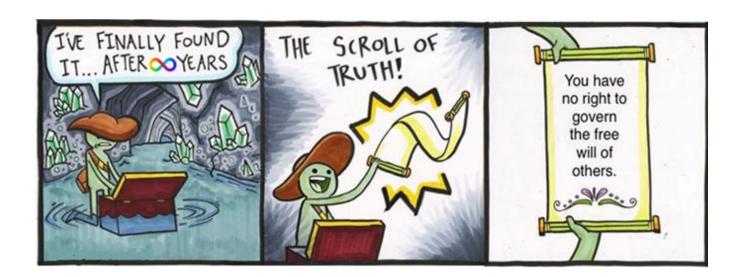
COMMERCIAL IN CONFIDENCE

Assumptions are the product of the mind, so how does that make you feel? When someone starts a conversation with; 'I think!' then you know they are going to discuss an assumption or a series of assumptions. Kindly observe your own assumptions. The error rate is about 98% with 2% only being flukes. When we act upon an assumption we invariably have to backtrack and rework what we have done. Look at research papers. When you start to count the number of 'assumptions' that the research is based on then it will end up being a disaster. Mostly the number of 'assumptions' will tally up well into the double digits and they call it 'research'.

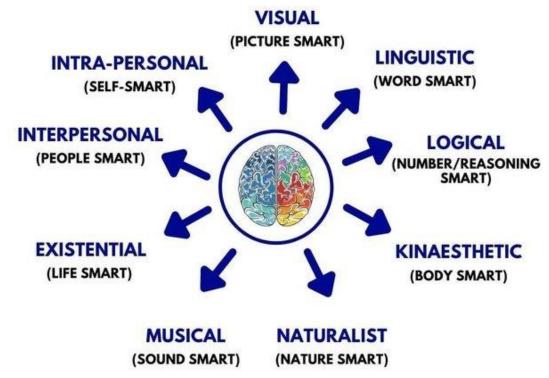
Now that you can consider that our minds are addicted to untruth and that assumptions are generally 98% in error, then you are allowed to consider that all institutionalised systems are not just flawed, they are grossly in error, they are subjecting us to suppression and control and that all that we have accepted and embraced has been of great harm to us, continually for many thousands of years. You may also consider that we are continually to 'look up there' when we are to look somewhere else to discover the truth of what we are being deceived about. There is nothing that we will not need to dismantle and then rebuild on truthful foundations. NOTHING!







THE 9 TYPES OF INTELLIGENCE



A STATE of MIND!

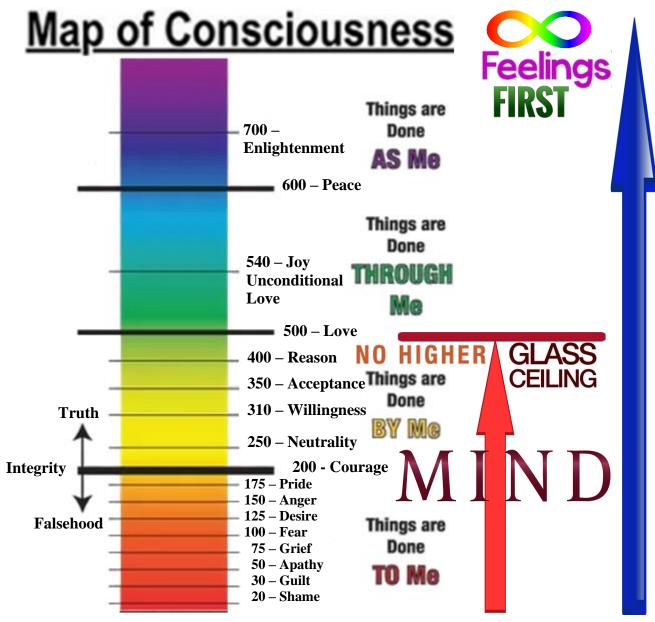
Middle class is a state of mind. The poor have got nothing to lose and live in the moment. The rich are in cahoots with government to pass laws to suit their interests.

Many who are told that they are at a given level of competency or incompetency tend to accept this as a rock solid truth and this becomes a lifelong barrier to their progress. This is a controlling mechanism recognised and utilised for thousands of years by high level invisible controllers.

The Caste System of India is one such powerful mechanism. The Caste System now has been repackaged for our modern environment, it is now the Intelligence Quotient (IQ) assessment process. The consequences are the same. It has become a psychic barrier that will require long term continuous attention to address the false dichotomy that many have embraced as a belief.

We each have an enormous innate potential. We will each go on and achieve incredible capabilities – once we heal ourselves of our childhood suppression – the elephant in the room!

To bridge and overcome these barriers we are to strive to live feelings first having our minds to follow, our mind assisting in implementing what our feelings are guiding us to consider and embrace. Not the other way round as it has been these past 200,000 years of Rebellion and Default.



ALL spiritual and religious systems and institutions apparently espouse to lead us to higher levels of consciousness on a pathway to Heaven. Instead, they have all supported the way of life of being mind-centric. While we ignore and suppress our feelings, our soul based feelings which are always in truth, then we cannot progress beyond 499 on Dr David R Hawkins' Map of Consciousness scale. We cannot progress beyond what is the ceiling of consciousness for those now in the 1st spirit Mansion World. There are seven Mansion Worlds that we are to progress through before we can enter the 1st of the Celestial Heavens. These spiritual and religious systems and institutions continue to do the begging of the 'bright sparks' who imposed this entrapment and suppression upon all of humanity. These spiritual and religious systems and institutions are not doing anything to advance humanity – they are aiding our controllers!

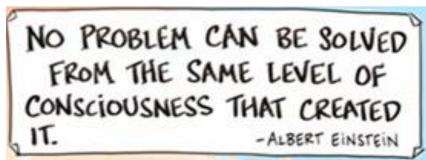
EINSTEIN'S THEORY of INSANITY



After some 200,000 years, there are a pair now here on Earth who are of a higher consciousness than those who created the problem that has engaged all of Earth's humanity, and this couple have

taken on the extremes of the Rebellion and Default and are healing themselves of it in demonstration for humanity to emulate and follow in the doing of their own Feeling Healing. This is the culmination of 4,000 years of progressive steps, physically commencing with Machiventa Melchizedek, then Jesus and

Mary of Magdalene, and now the Avonal Pair. Yes, all of these personalities are each of a higher level of consciousness than those who created the Rebellion and Default on Earth. And no, doing the same thing over and over is not the pathway forward.



Yes, it is clear to many that democracy, whatever that means to each of us, is flawed within the most powerful nation that purports to support and promote it around the world. Democracy in which ever

nation it is said to be in has been hijacked for the benefit of the few. Deception prevails.

It is not a nation drinking through the straw, draining the wealth of other nations. It is the hidden silent few draining the many within the umbrella of national structures and arrangements. These crafty few families have for many generations drained the collective wealth of the majority without being brought to account. These few families control governments, if they cannot then they control the second tier of the



administration of those governments and are always positioning and training compromised replacements in all the critical positions to do their begging and be their puppets.

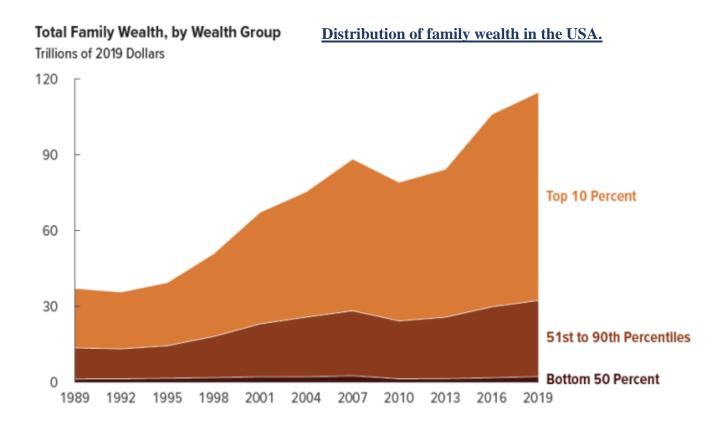
How could they possibly do this? Specific secret societies are a conduit and network worldwide. Should you look at the societies that each of the presidents of USA have been active members of then you see the controlling pathway. These secret societies typically link up through Lodges at their highest and secluded levels, which in turn may lead back to, say London and then to a Club. It is in one such Club that the majority of United States America then future presidents have been anointed. Funding of election corresponds with the acceptance and endorsement of appropriate 'policies'. The hidden controllers have

been successful for the majority of US presidential elections through this pathway. Donald J Trump spoiled the election of Hilary Clinton, so that was a failure for this covert controlling group.

Over the decades we can all see the ever expanded tentacles of suppressive debt being imposed upon families. All systems are structured to make us all obedient consumers and corresponding debt slaves. Home finance was limited to 80% of valuation then with 'insurance' systems it is now 95% and greater. Consumer finance became more and more accessible for motor vehicles, then large home appliances and now it is almost instant on everything. Credit card finance can be almost unlimited. And now it is education financing that literally guarantees a funded student a life of debt slavery whereas education was free for all and needs to become free for all once again. And if you should have ill health in USA then medical expenses may most likely send an uninsured into bankruptcy.

Step back and look at processed food. The ultimate control and ownership of processed food may lead you to the same few mega-wealthy families who control such food distribution networks worldwide. The nutrition value of highly processed package food is NIL!

These hidden secret controllers may appear benevolent but they are also the funders of wars – BOTH SIDES. Then consider looking at the ultimate ownership of military industry complexes!



INEQUALITY:

From the end of World War II until the early 2000s the number of democracies and the proliferation of human rights was generally increasing, but since then, it has been slowly decreasing. What is a good explanation for this change?

Two internal Western factors and one external.

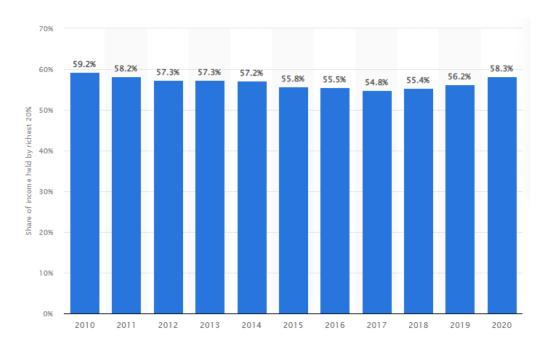
• Unprecedented rise in *inequality*, in some countries to the pre-WWI levels. More and more people are getting less and less of the cake, and the fact that the cake is growing nicely, somehow doesn't make them happy



- Exhaustion of the welfare model as the foundation of liberal democracy, because of the *demographic decline*. Millennials and their kids must work more and harder for the same pay to uphold the comfortable lifestyle of retired people. They can't do anything within the democratic framework. The numerous, long-living, fun-loving baby-boomers outvote and outcompete the youngsters in politics, hands down and dentures out.
- The epic success of the *meritocratic autocracy* in China. It seemingly substitutes the short-sighted unpredictable chaos of democratic consensus-building with an impenetrable, depoliticised, benevolent stability and long-term planning horizon of oneparty rule.

Military Expenditure worldwide pa US\$2 Trillion
vs Humanitarian Aid worldwide pa US\$50 Billion

Percentage of income held by the richest 20% of the population in Colombia from 2010 to 2020

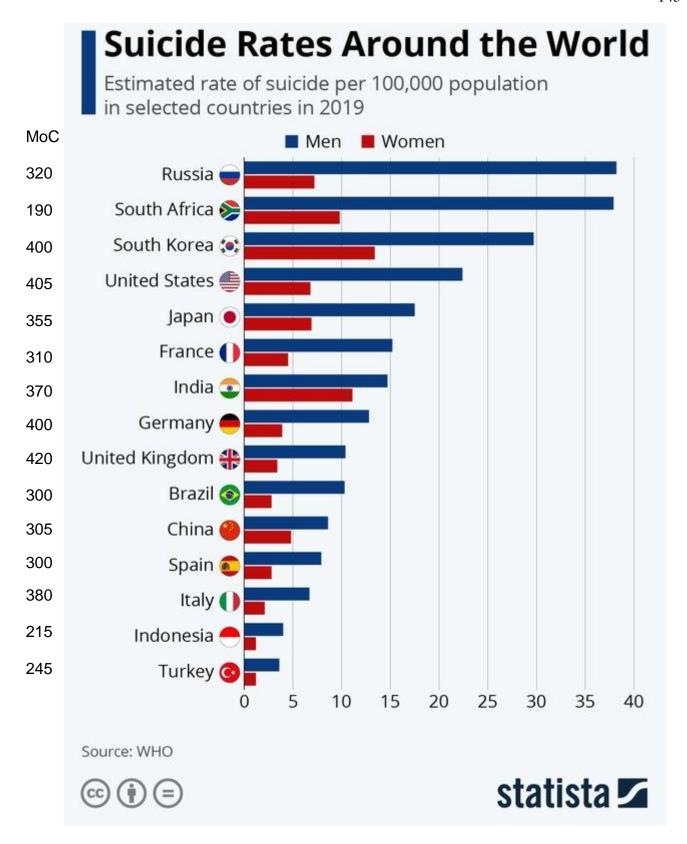


The percentage of income held by the richest 20% of the population in Colombia increased by 2.1 percentage points in 2020. In total, the percentage of income held amounted to 58.3% in 2020.

These figures refer to the share of total income held by the top fifth of earners in a given population.

Violence is never Justified

Never is hatred, nor discord, nor war among men justified – no matter what the cause – and if men will only learn the Truth there will never exist such feelings or acts. Militarism is all wrong. Jesus 25 December 1915



Suicide mortality rate (per 100,000 population) in Colombia was reported at 3.9 in 2019, according to the World Bank.

"The True Liberation of Women is Through the Truth of Their Feelings."

Imagine women came to understand their True Liberation is through the Truth of their Feelings.

It's time for the true Women's Revolution:

Liberation of the Feminine:

Women are Spiritual – live true to your feelings.

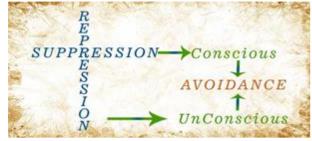
Put your feelings first – always. Let your feelings speak, DON'T DENY THEM.

I am my feelings. I care what I feel. I deserve the right to allow my feelings the right to exist. Let me OUT – Let my feelings have their Say. I will no longer keep them back, hold them in, shut them up. I want to be Heard. I want my feelings to have their say. I want to hear what my own feelings are telling me. It's time to face the truth, and my feelings are the way to it. My feelings won't like being suppressed, not once I get my mind out of their way.

Viva La Feelings – Women are Feelings. Women are Spiritual. Our Feelings are our true spirituality. Deny our feelings and we are denying our spirit. The suppression and forced repression of our feelings is to end. Bring Them ALL Out. Open your mouth and let your feelings come out, let your feelings have their say, and Long for the truth of Them. Want to know the truth of your feelings. My feelings are the Way to My Truth. I want to be true, beginning with being true to my feelings. And through my feelings I will be guided and shown how to live.

God loves all Feelings. You can only love God with your Feelings. Give ALL your good and bad feelings to God. Bring them out, stop keeping them hidden and bottled up. If you don't, you'll never uncover the truth of yourself, nor will you really get to know yourself or God.

Your feelings are the key to your successful relationships. Block your feelings and you're blocking your relationships. Express your feelings and want them to show you the deeper truth of yourself, and your relationships will become true too.



Long Live My Feelings. MeTOOandmyFEELINGS. I

am Woman let me FEEL. It's time to honour what I feel. Liberate the true feminine by liberating ALL your feelings. It can be very difficult, there will be many obstacles within yourself and outside of yourself, however if you want to truly set yourself free of your pain and suffering, then seek and long with all your heart for the truth of your feelings – for your feelings to show you the truth God wants you to see about yourself. And slowly you will heal, slowly you will change and overcome all such difficulties.

James Moncrief 18 March 2018



The subject of WOMEN'S LIBERATION:

19 May 2003

As it has been evolving, women have been gaining equal rights with men. And so they should, men shouldn't make them feel inferior in the first place, women should always have felt equal, but men need their power over women, as women – their mothers – have made them feel so powerless.

What I want to point out is that women are setting out to be the equal of men, but that is being equal with men who are negative minded, and negative willed. Women want to compete, gaining equal status in the negative, in controlling things negatively, just as they see men do. And if this is what a woman wants then she should be able to have it, but what we want you to understand is that this sort of women's liberation is only liberation within the negative. And we want ALL WOMEN AND MEN to be equally liberated from their negative rebellious and unloving minds. So it's a different type of liberation: true spiritual liberation, we are suggesting.

Women are the true spiritual leaders, however if they merely persist in competing with men for power within the negative they will gain nothing. They will be selling out their soul and selling themselves out with a false liberation.

Jesus – co-regent of Nebadon with Mary Magdalene

12 June 2003

One day you will revere the child as the most precious thing on your world, and everything will start to be designed with children taken into full consideration. If you think that humanity seems to be changing fast in its exploration of relationships, think again, it hasn't even got going.

The great changes heralded in the forthcoming age are to be changes in relationships between you all. Things will become secondary, as you start to sort out once and for all, the truth of your relationships together. Women's liberation is only the first up-welling allowing women to feel somewhat more equal with men, but still all in the wrong ways. From here, at least being wrongly equal you can start to tackle the bigger issue of being all wrong. And then look at how you are torturing your children. This will be the biggest eye opener and the hardest for most to accept. The private and sacred ground of the parent-child relationship will soon come under closer scrutiny with the braver of you accepting the truth and wanting to see it, and then wanting to do something about it all. This will show up just how lacking in love you are and how much you are playing games of charade when it comes to happy families.

The purging of humanity, to come clean and admit just how evil it is, will be a big challenge. Not all will be able to do it in this age, but great steps forward will generate enough momentum to carry it on into the future ages. Your torture of one another and of yourselves cannot go on. You are all crying out for help and relief from the pain and torment, so now you can do something about it. So many people say nothing makes sense, and that's because it doesn't. It can't add up in the negative, but at least now you know the way to do something about it. The upsurge you experienced towards the end of last century will only continue getting stronger with each generation.

Mary Magdalene – Jesus' soul partner

Hello Ladies; please allow your feelings to be the pathway to liberation. There is no need to endeavour to be equal or like men. They have no answer for those who aspire and live through their feelings. As you do so then you will automatically realise that you are not only equal but then leading the men. John

Kindly go to www.pascashealth.com then to the Library Download page, scroll down to Pascas Care Letters and click on to open and download:

7

Pascas Care Letters Women's Liberation and Mother.pdf

Helen $-3^{\rm rd}$ Celestial Heaven: No man has any real power, that's the irony of the Rebellion and Default, you only believe you do, but it's a farce, and as much as women feel so dominated and powerless, they actually have all power because mostly the men leave the child raising in the hands of women. So the child turns out to be as the woman wants it, although most women aren't aware of that or of the actual power they wield, still that's how it is, with you living in what seems on the surface a man-dominated and run world, yet scratch that surface and dig deeper and you'll seen see it all comes from your early childhood and it was mothers who were mostly in control for you then.

Women want their liberation, they want the power they believe they are being denied, yet ironically as well, they've already got it, they've always had it, as the men don't want to take over rearing the children. However women have failed to realise that they've had their own freedom in the palm of their hands, nursing their babies, and could have parented their children to take that power into their own hands. However that hasn't happened fully yet, however women are trying to get it now, which is just taking back the power they believe is rightfully theirs, yet is just the power of being rebellious and evil, so it's not that great, as they would see should they ever succeed in getting it fully from the men.

Pascas Papers are to help women embrace the truly spiritual way of life on Earth, helping them understand the importance of their very own feelings, helping them understand that to deny them is hurting them, is going against themselves, is being very unloving and disrespectful to themselves, so if they truly want to be loving of themselves, and so loving of their children and do the right thing, then they'd better start living true to their feelings and stop denying them.

And so **it's the most momentous time for humanity coming right up**. We women Celestial spirits are on the march, and as the Mother told you James last night, you are to help us and give us all the support you can, and do as we ask of you so long as your feelings agree with it, which you are doing now by allowing me to write all of this with you, so the **Revolution Of Woman Power** is commencing, and it's very thrilling to say the least! So don't worry about your hair falling out Crystal, looks aren't everything you know, and there are far greater things for you to do.





to enter the Celestial Heavens:

This time, in the history of humanity, is the most exciting time ever experienced.

WOMEN are the TRUE SPIRITUAL LEADERS of HUMANITY!

Our soul manifests a male and female personality – it is a duplex! One soul – two personalities! Our soul is the centre of our two personalities. We are children of our Heavenly Parents, our Mother and Father.



We are meant to live through the guidance of our soul based feelings – not live by our mind. Our mind cannot discern Truth. Our mind is addicted to Untruth. Our mind is a Control Addict.

High level spirits seduced humanity to live through their minds, thus brining about the Rebellion – 200,000 years ago! Then the Adamites Defaulted on their mission – more than 38,000 years ago.

The Rebellion is against love, the Default is all the difficulties we have in our relationships because of our rebellion. Healing the Default is becoming true, to ourselves and in our relationships, and ending our unlovingness – our rejection of love, so ending the Rebellion.

Okay, because we are amongst billions of people who have been forced to join the Rebellion and Default, we are one of them – experiencing all the crud and wrongness we can possibly get ourselves into. Yep, we are rebelling against our soul, which also means we are rebelling against our soulmate / soul partner and also our Heavenly Mother and Father.

As we are rebelling against our soul partner, the other personality originating from our common soul, we are being toxic to him or her. We carry this pattern into our relationships with others of the opposite sex. Many commit heinous crimes against their soulmates / soul partner only to discover this upon completing their Healing.



When we are living true to our feelings, we will be living true to the will of our soul no longer with our mind getting in the way. And so too will we be living True to God's Will. We live God's Will by living fully expressing all we feel as we long for the truth of such feelings. Our feelings are to guide us in life, not our mind; our true feelings are Our Way, which is also: God's Way.

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

And it is the women that will lead the way in Healing, not only of themselves but also for men.

To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing so to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

Feelings First Spirituality, The New Way
Feelings are your own truth and personality
LIVE FEELINGS FIRST

HUMANITY is within a kind of dormancy, or even more like a stupor!

We, all of humanity, have been reduced to the barest of self-expression, having been reduced to the least creative life we can all live, that which the Earth is currently reflecting with everything and everyone trying to be the same. The pressure to keep going this way is to end. Steadily the pressure to go the opposite way, to increase creative expression, and this is not only meant through the creative arts, but in every aspect of life, socially, collectively and individually, is going to open things out enormously. It's going to be an explosion of light, that which is to end the darkness, something that's never been seen before.

It's the light in our souls, it's the light that comes from the truth we are to be living that will change us — that changes us all, light from our soul. **If one applies themselves to their Healing, thereby ending their unconscious self-denial, they will as they Heal, change and start expressing all the buried attributes, characteristics and talents, any natural part of themselves that's been denied because of their unloving parenting**. We are nothing like how we should be due to our self-denial. So many people are living completely false lives, so when they become true, they will almost be the complete opposite to how they have been.

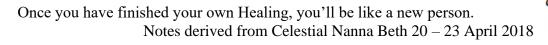
We are to be alive and vital, real expressions of our soul, to be living fully Healed lives as Celestials while living on Earth. Continually coming to terms with all we have been through, we all take a long time to integrate and understand it all, but we will virtually be New People.

We on Earth are used to our anti-self-conditions. For the people who knew us before Healing, we will seem like completely different people, although with the same basic personality traits and characteristics. However all the self-hating, denying patterns and consequential behaviour will be gone, with all our loving self being expressed. We are all but the living dead, whereas the Healed are the living living. And there's a huge difference.



We and those who are Healed are like chalk and cheese, we can't relate to them anymore, and they certainly can't relate to us. Healing is taking someone who was all but crippled right the way through their childhood and undoing all that retardation within them. Doing one's Healing is changing the whole programming of every structure within you, all in keeping with getting older and naturally ageing with your mind and feeling systems ageing as well, working right down on the deepest will levels, it all changing, all to rid you of your wrongness and make you become right. It's a huge undertaking.

Yet it all follows on, it's not like you'll be so different from the old you that may as well not have existed, it's all there, all the new you to become, with only snippets currently being exercised and expressed, with **the rest of you in a kind of dormancy, or even more like a stupor.**







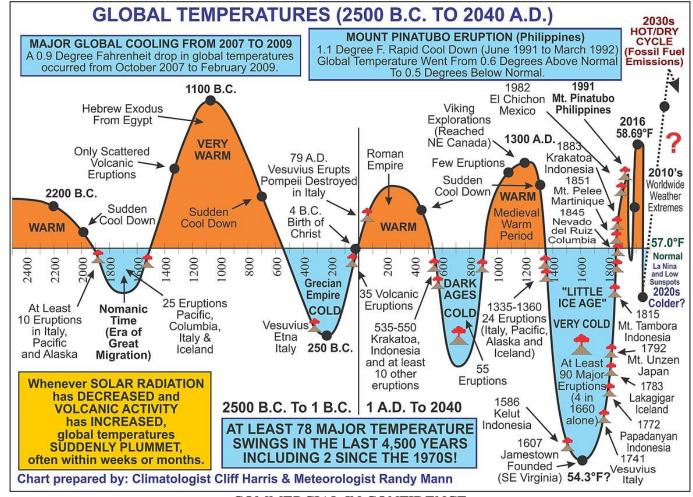
EARTH CHANGES



All the people of all the populations are being told that we are damaging the atmosphere causing global warming when the heating is unfolding at and from the core of Earth. Yes, down there!

During the second half of the 20th century (1950s onwards) there have been increases, if not surges, of energy received by our Sun from the core of the Universe. The Sun has transmitted this increased energy outwards and it has been received into the core of all the planets within our local solar system. In turn this increased energy has slightly increased the internal rotation of Earth's core bringing about surface tension, warming from underneath and significant changes in the pattern of weather events, earthquakes, volcanic activity (mainly under the oceans) and changes in our environments.

Yes, we need to reduce our polluting of Earth and also find and adopt alternative energy systems as the burning of combustible fuel is depleting a very finite supply of fossil fuels. But the changes in the ocean levels is not man made. The rotation of the core is spreading the oceanic tectonic plates thus some islands are rising and some are subsiding.



The BIBLE – or rather the NEW TESTAMENT

Religion in the Colombia

Colombia does not have an official religion. However, Roman Catholicism is the dominant faith and deeply culturally pervasive. While the national department of statistics does not record the religious affiliations of the population, various studies and surveys suggest **approximately 90% of Colombians are Christian**.

Commencing on 31 May 1914, Apostles Matthew, Mark, Luke, John, Paul, Judas, Peter, as well as Mother Mary, Mary Magdalene and Jesus of Nazareth have progressively written through James Padgett, Dr Daniel Samuels and Hans Radax, with copious writings now through James Moncrief. What they have addressed, amongst many revelations, are the significant errors and omissions throughout the New Testament. These can now be reviewed by going to www.pascashealth.com, then to the Library Download page, scroll down to Medical – Soul Condition & Health, then click on to open and download:

Bible New Testament Matthew Peshitta Lamsa.pdf

Bible New Testament Revelation Mary Magdalene.pdf

Bible New Testament Review - Part I.pdf

Bible New Testament Review - Part II.pdf

Bible Old Testament Revisited.pdf

The New Testament only had Matthew's notes that he had made during Jesus' public work, to start with. Most of the New Testament was written down a decade or much more after Jesus' death. Since then, assumptions and personal interpretations have compounded issues with the records. Copying and subsequent translations have been manipulated for political agendas. The knowledge of the availability of Divine Love was lost following the Nicean Council in 325 AD. Nevertheless, these some 300 pages containing around 185,000 words have fulfilled their purpose.

You will find that the commentary now added will lead most to conclude that the Catholic Church has got one thing right out of all its cannon laws, dogmas, creeds, rituals and sacraments – its name!

Firstly, consider discovering the truth of your emotional pain through Feeling Healing. Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing. Primary and most important readings are the writings of James Moncrief. Then consider the Padgett Messages, and then The Urantia Book.

Pascas Papers, being free, are located within the Library Download www.pascashealth.com/index.php/library.html

The event that is unfolding now is meant to be noticed and the records of revelations already exceed 60,000 pages, being more than 20 million words, and the public work is yet to formally begin!

This is a time of great change and with it comes enormous clarity and access to support that we have never previously experienced. The three major sets of writings are all part of the one revelation that has been unfolding since 1914 and continues today through 2022 and ongoing.



Plan no harm then have no pain. Your angels will celebrate your change of heart!

Our feelings will guide us to be free of any compensation and away from causing harm to others.

REBELLION and DEFAULT formally ended 31 January 2018:

All in keeping with the **outworking of the Rebellion and Default**. Humanity is so shut off to anything that one's feelings provide, we are all but minds robotically carrying out instructions; nothing is fluid, intuitive nor feeling-free. Our whole world can't change as it is, because everyone and everything is so bogged down in the mire of artificial laws and procedures.

WE'VE BEEN SCREWED BY LUCIFER REBELLON



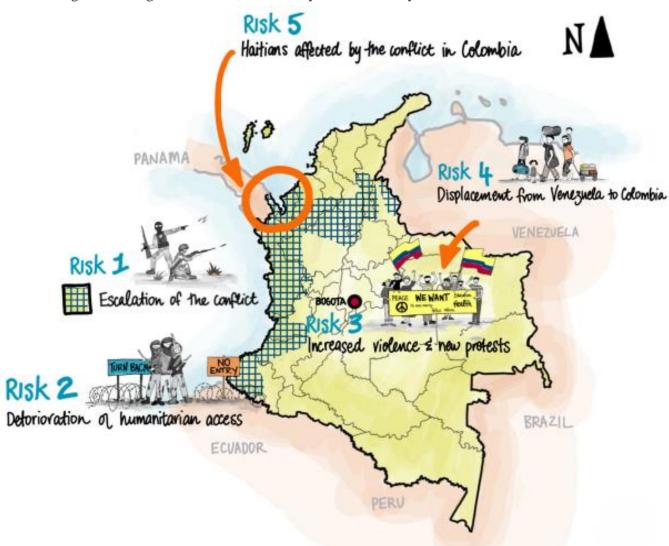
Negative Spirit Influence blocked 22 March 2017 Law of Compensation quickening 22 May 2017 Rebellion and Default officially ended 31 January 2018



Food Security Colombia

The report seeks to inform humanitarian decision makers and facilitate response planning. The following risks have been identified:

- 1. Significant changes in territorial control trigger conflict escalation and lead to an increase in humanitarian needs.
- 2. Escalating conflict leads to a significant deterioration of humanitarian access to affected populations.
- 3. During the six months leading up to the 2022 elections, violence against political and social leaders increases and new protests emerge, with humanitarian consequences.
- 4. The strengthening of armed groups in Venezuela and the increase of armed confrontations in the border corridors between Colombia and Venezuela result in displacements towards Colombia.
- 5. Political instability, insecurity, and humanitarian needs in Haiti lead to more Haitian migrants and refugees arriving in Colombia, where they are affected by the conflict.



Food Insecurity among the Adult Population of Colombia Between 2016 and 2019: The Post Peace Agreement Situation

https://journals.sagepub.com/doi/full/10.1177/03795721221100890

Table 1. Characteristics of the Sample for Each Survey Year by Food Insecurity Status (%). a,b

Table 1. Charac	2016			Lacii Survey I	ear by Food Insecurity Status (%). ^{a,b} 2019			
Characteristics		Food	Food insecure	SE (%)	Total sample	Food	Food insecure	SE (%)
Gender								
Women	61.8	63.7	36.3	2.4	62.0	55.2	44.8	2.5
Men	38.2	70.4	29.6	3.0	38.0	68.3	31.7	2.9
Age								
Mean, years	44	42	46	17.85°; 17.64°	42	42	42	20.04°; 17.59°
Area of residence								
Rural	52.8	62.2	37.8	3.2	46.9	53.7	46.3	3.4
Urban	47.2	71.4	28.6	2.9	53.1	65.8	34.2	2.6
Education								
Primary or lower	33.7	54.2	45.8	3.6	24.8	50.8	49.2	4.1
Secondary or higher	66.3	72.2	27.8	2.3	75.2	63.5	36.5	2.3
Employment								
Employed	51.5	71.5	28.5	2.7	24.8	67.8	32.2	2.5
Not part of labor force	48.5	61.7	38.5	2.7	75.2	53.3	46.7	2.8
Marital status								
Married or cohabitating	48.5	70.6	29.4	2.8	45.1	60.0	40.0	2.8
Single, divorced, or widowed	51.5	63.3	36.7	2.9	54.9	60.5	39.5	2.7
Incomed								
Mean	5418.65	6912.31	2694.14	22548.50°; 5666.65°	4459.01	4640.09	4198.22	5883.89°; 3873.36°
Autonomy								
Yes	84.4	66.4	33.6	2.4	81.7	61.7	38.3	2.3
No	15.6	68.6	31.2	4.2	18.3	51.9	48.1	4.3
Social support								
Yes	85.4	69.7	30.3	2.3	86.7	62.8	37.2	2.3
No	14.6	45.8	54.2	5.9	13.3	43.8	56.2	4.4

^aSource: 2016 GWP (n = 988); 2019 GWP (n = 987).

^bPercentages shown for all variables, with the exception of income and age, which are presented as the mean. When disaggregated by food insecurity, standard errors for the proportions are presented in parentheses in percentage form.

^cThe standard deviation (SD) of the mean is presented rather than standard error (SE). The first number presented represents the SD of the mean of those who are food secure, followed by the SD of the mean of those who are food insecure.

^dThe mean of annual household per capita income is presented in international dollars.

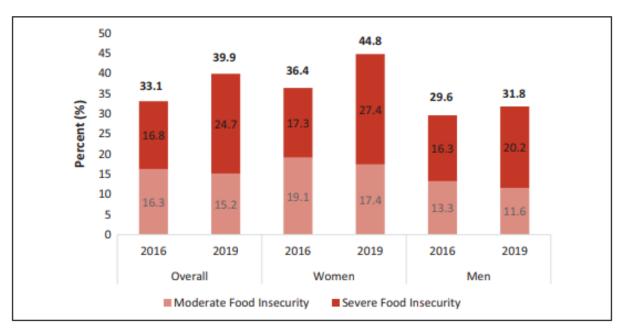


Figure 1. Prevalence of food insecurity of Colombian adults overall and by gender in 2016 and 2019. Source: Microdata analysis of the Gallup World Poll data 2016 and 2019.

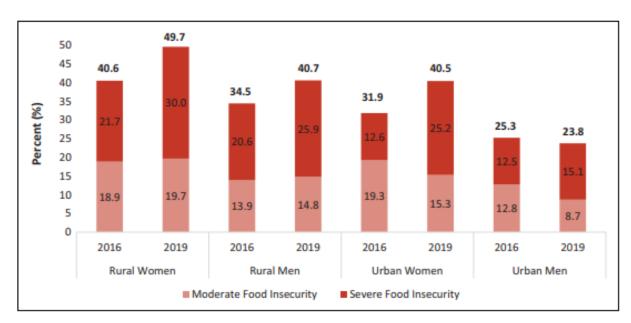


Figure 2. Prevalence of food insecurity of Colombian adults by population subgroups in 2016 and 2019. Source: Microdata analysis of the Gallup World Poll data 2016 and 2019.

Food Security Colombia

Food Insecurity in Colombia

https://borgenproject.org/food-insecurity-in-colombia/



After a 50-year-long civil war, Colombia has entered a newly found period of peace. Decades of conflict and instability, however, severely impacted locals in many ways, one of them being food security. At this point, 43% of Colombians live with food insecurity and the majority of those affected reside in rural areas. Rural development is a priority in peacekeeping initiatives and will aid in reducing both poverty and food insecurity in Colombia.

Malnutrition in Colombia

An individual is considered food insecure when they experience hunger daily or are unable to afford consistent meals for themselves or their family. It can lead to a number of physical and mental health issues, with malnutrition as the main concern. In Colombia, more than 13% of children under the age of five suffer from malnutrition, which can inhibit proper development at a young age. Internally displaced persons or those from an ethnic minority are more likely to live with food insecurity and to be malnourished.

Government Initiatives

In November 2016, President Juan Manuel Santos signed the peace agreement with the Revolutionary Armed Forces of Colombia (FARC). With this promise of peace and security came a commitment to developing the agriculture sector and investing in programs aimed at poverty reduction in rural areas. In a comment, President Santos highlighted rural poverty as a result of the war and its impact on the farming industry stating that the country fields were also victims of the armed conflict that stripped the rural sector of its productivity, increased the social gap with the urban areas and deepened inequities in the country.

Of those living in rural regions, 40% are impoverished, and this geographic group also makes up the majority of individuals affected by food insecurity in Colombia. By encouraging the development of new farms, the government could reduce poverty, food insecurity and reliance on food imports, while benefiting the economy and employment rates.

Agriculture makes up 6.9% of Colombia's GDP while offering employment to 15.8% of the population. Less than 30% of its arable land, however, is currently being used. Government initiatives to solve this issues include building road, irrigation systems, seed distribution networks for previously underutilised regions and implementing nutrition security programs and agricultural subsidies.

International Efforts

Groups such as the International Fund for Agricultural Development (IFAD), a specialised United Nations agency, are also working towards alleviating food insecurity in Colombia. IFAD supports small-scale agriculture and entrepreneurs in rural areas, with the goal of increasing efficiency and productivity. They work with the government to secure loans and implement public policy. Currently, IFAD has four projects in Colombia with the total funding of US\$163 million. These programs impact 94,400 families.

Action Against Hunger, a global non-profit organisation, has been active in Colombia since 1998 and continues to shape their efforts according to the political climate. Their services include emergency food distribution, nutritional support for children and training in vulnerable communities. Since the Peace Accords in 2016, they have incorporated peace-building work into their programs. In 2017 alone, their Nutrition and Health programs reached 2,878 people and their Food Security and Livelihood programs reached 10,462 people.

These are just two examples of international efforts to support the government's goal of rural development and reducing food insecurity in Colombia.

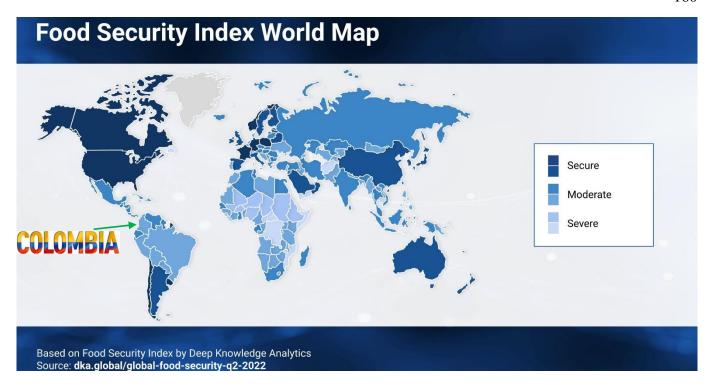
As the country transitions away from conflict, continued work towards poverty reduction and advancement in the agricultural sector is necessary for security and economic growth.

Tracking World Hunger and Food Insecurity

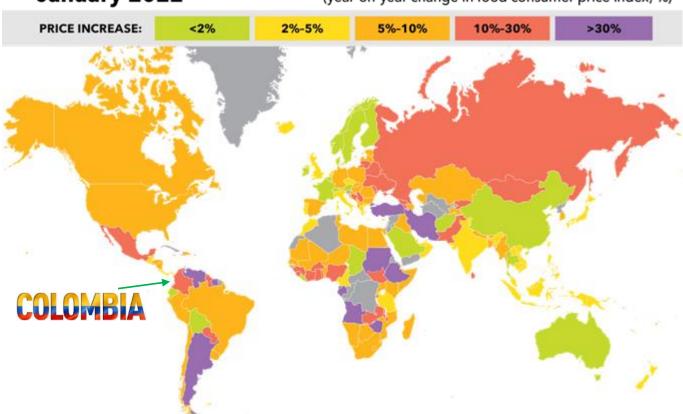
https://www.visualcapitalist.com/interactive-map-tracking-global-hunger-and-food-insecurity/



Prevalence of insufficient food consumption										
Very Low	Low	Moderately low	Moderately high	High	Very high					
0-5%	5-10%	10-20%	20-30%	30-40%	Above 40%					



Domestic consumer food price inflation around the world, January 2022 (year-on-year change in food consumer price index, %)



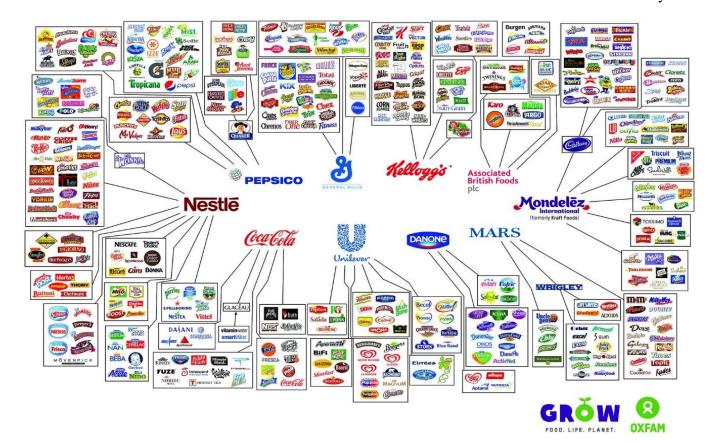
Source: Rob Vos, Joseph Glauber, Manuel Hernández, and David Laborde. 2022. COVID-19 and food inflation scares. In: Johan Swinnen & John McDermott. Eds. *COVID-19 & Global Food Security: Two Years Later.* Washington: D.C.: International Food Policy Research Institute. Pp. 64-72.



Unmasking the Global Food Cartel:

 $\underline{https://healthimpactnews.com/2021/unmasking-the-global-food-cartel-is-massive-starvation-and-population-reduction-their-next-move/}$

5 July 2021



Commentary by Brian Shilhavy Editor, Health Impact News

The Globalists who control the world today are not politicians. Politicians are puppets, chosen by the Globalists, who control the world's financial system.

Ten to 12 pivotal companies, assisted by another 3 dozen, run the world's food supply. They are the key components of the Anglo-Dutch-Swiss-American cartel, which is grouped around the 2 families (Rothschilds and Rockefellers).

Led by the six leading grain companies – this food and raw materials cartel has complete domination over the world's cereals and grains supplies, from wheat to oats and corn, from barley to sorghum and rye. But it also controls meat, dairy, edible oils and fats, fruits and vegetables, sugar, and all forms of spices.

Today, food warfare is firmly under the control of London and New York. The oligarchy has built up a single, integrated raw materials cartel, with three divisions – energy, raw materials, and increasingly scarce food supplies.

Meanwhile, the food cartel reduced the export regions, which supposedly enjoy favoured status, to a state of servitude as well. During the last 4 decades, millions of farmers in the US, Europe, Canada, Australia, Argentina, Brazil, India and South Africa, have been wiped out.

This is due to the fact that the Rothschilds have based themselves in London, since 1795, and from this base, managed to dominate European business and finance.

The US has come to the party late. But, since 1945, under Rockefeller patronage, the American companies have made great strides in the field of food. That is why the title "British-American Cartel," or BAC, for short.

Very little food moves on the face of the Earth without the food cartel having a hand in it.

Kindly go to www.pascashealth.com and then to Library Download page, scroll down to Nutrition and click on to open the PDF:

/-

Pascas Care Energy Level of Food.pdf

Mondolez, Nestle, Associated Biscuits and Unilever are **Rothschild**-controlled entities. Pepsico, Coca Cola, Mars, Kellogg's, Phillip Morris, Kraft Foods, General Milling, Grand Metropolitan-Pillsbury and RJR-Nabisco are part of the **Rockefeller** Group.

The main alcoholic companies are all within the Rothschild bloc, such as SAB Miller, as well as the groups, such as wine, champagne, whisky, scotch, etc. Most of these premium brands are based in Scotland and France.



COMMERCIAL IN CONFIDENCE

Now, those who explore the isles of supermarkets anywhere in the world, we are presented with the "British-American Cartel" BAC corporate products in enticing packaging. They take the raw ingredients, break them down and reconstitute them with added sugar, salt and fat, while tasting enticing, their nutrient levels have overall being universally degraded to what is essentially neutral. If the product is in factory packaging it is typically not life enhancing.

Most will be surprised that the nutrition factor of most pet foods is higher than most of the food for human consumption in supermarkets that is factory packed.

Within the Pascas Care Energy Level of Food.pdf to be found in the Library Download page of www.pascashealth.com scroll down to the Nutrition section, you may find some 800 food items that have been kinesiology calibrated using Dr David Hawkins research and his Map of Consciousness scale. In short, reconstituted factory processed and packaged food typically calibrates at 200 or lower, it is appeal enhanced with added sugar, salt and fat whereas 'Fresh is Best' produce prepared and cooked in the home is typically calibrating around 400 or more on the Map of Consciousness. The scale is based on the common log of 10 and this difference is enormous. A 10 point increase is a 10,000,000,000 fold increase in energy and we are talking 100s of points of energy differences.

The excessive sugar, salt and fat intake is the driver of obesity, diabetes, and associated illness that is now pandemic around the world. Further, the cost of non-nutritious processed food is money for the pockets of the few mega-wealthy families who are manipulating the people of Earth for their personal gains.





COMMERCIAL IN CONFIDENCE

UN flags Colombia as 'hunger hotspot'

https://colombiareports.com/un-flags-colombia-as-hunger-hotspot/#:~:text=by%20internal%20displacement.-,Food%20and%20Agriculture%20Organization,were%20food%20insecure%20last%20year.

Almost 14% of population would lack food security

31 January 2022

The United Nations' Food and Agriculture Organization (FAO) warned that the food security of Colombia's poor could deteriorate in the coming months.

The FAO added Colombia to a list of 20 "hunger hotspots" where people would be at risk of acute food insecurity in the coming three months.

Political instability, the consequences of the coronavirus pandemic and ongoing migration from Venezuela threaten to erode food security in Colombia, according to the UN agency.

Food insecurity is likely to deteriorate further in Colombia over the coming months due to a combination of political instability, economic challenges and the ongoing impact of the regional migratory crisis amplified by internal displacement.

Food and Agriculture Organization

The FAO estimated that 7.3 million people in Colombia are food insecure. More than 1 million of these people are Venezuelan migrants.

According to a study of the National Food Bank Network, 54% of people in Colombia were food insecure last year.

Almost 30% of Colombians did not have enough money for three meals a day, statistics agency DANE said in its latest report on poverty. The FAO recommended a number of emergency response measures to prevent a further aggravation of the situation.

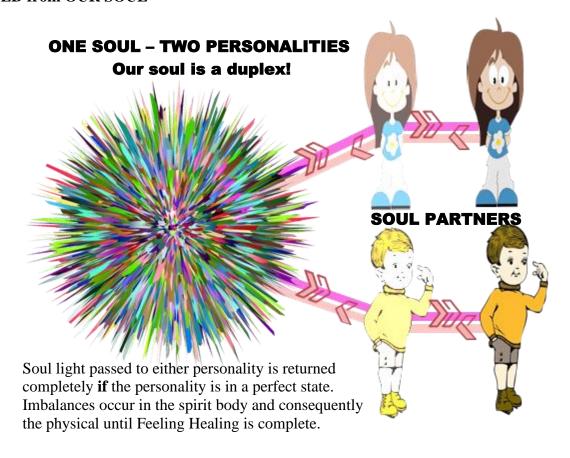
Emergency response proposals

- Provide cash-based transfers and/or food assistance to vulnerable populations (both Venezuelan migrants and host population) in different territories.
- Provide food assistance and agricultural inputs (seeds, fertilizers and materials) for the rapid, diversified and safe production of food in rural, urban and peri-urban contexts, to close the food gap of people affected by the conflict / violence, social crises and other shocks / disasters.
- Support Venezuelan migrants and host communities in bordering rural areas, by rehabilitating water systems, establishing areas for rapid food production and supporting rapid fodder production (fodder banks, protein banks and live fences).
- Provide emergency veterinary medical care and delivery of feed for animals, to recover the surviving livestock and avoid further losses and damage to productive livestock assets.

Food and Agriculture Organization

Agriculture Minister Rodolfo Zea told media that the government was "surprised" by the FAO report and claimed there was no food crisis in the South American country.

OUR PHYSICAL HEALTH is DEPENDANT UPON BALANCING the RETURN of the LIGHT RECEIVED from OUR SOUL



To balance the soul light flow through the circuitry requires our FEELING HEALING to be completed. This will require of each of us a great effort over years. FEELING HEALING has now been demonstrated for the first time in the history of humanity.



END to the REBELLION and DEFAULT – 31 January 2018:

31 January 2018: Nanna Beth, 3rd Celestial Heaven: Yes John, very good news we want to pass onto you for your records. Earth and the seven associated Mansion Worlds (including the two Earth planes) are **officially** now fully under the control of Celestial spirits. And this means John, that Earth is now 'Ours'. It's been a long time coming, but it's a huge milestone and marks a tangible and real end to the Rebellion and Default. It's one of a number of 'End's' that are to occur.

With the departure of the Caligastias and Daligastias (C&D) some years ago (1993), humanity has been in a state a limbo so far as who is doing what with it, it not being allowed to be left alone so it could do whatever it liked, it always needing to have a spirit connection. With the mind spirits, as we've told you, basically calling the shots still happy to ignorantly carry out C&D's plans. But now with our systematic and progressive take over, we're now in complete control.

And what that means is we have our fingers in every pie and we're on the case so far as what everyone is doing. However it doesn't mean we're taking over and telling humanity what to do and how to be, although we are able to work more with certain individuals directly and indirectly helping to move or point or orientate (depending on how you want to look at it) individuals, groups of people, whole societies, the whole world, according to the plans given to us by the Melchizedek Receivers.

So humanity will still carry on outworking it's unloving, untrue and rebellious state, that has to be worked through to its natural conclusion, however we want you to understand and just know that it's another end of things and beginning of the new. And it's basically what we've been working with you in connection with James this past year to achieve. There is a lot more to it and how and why it's been done, and done as it has been done, however you can find out about all of that when you come over.

So we Celestials will guide humanity now according to what our Mother and Father want, so humanity's got a real tangible safety-net under it now, so no more 'downside risk', it all being to move it toward doing its Healing.

I'll speak again soon – love Nanna Beth.



COMMERCIAL IN CONFIDENCE



Highly esteemed Lanonandek spirits from within our local universe of Nebadon were assigned as System Sovereigns of our local system to oversee Earth's humanity and their spiritual development. 200,000 years ago they, the Lucifers, became infatuated with their authority and turned against the regents of Nebadon, Mary and Jesus, as well as rejecting God. Through their Planetary Princes, also Lanonandek spirits, they had taken the humanities of 37 worlds within their local system into their Rebellion.

Through living through our minds, suppressing our feelings, we on Earth will continue to be at war with each other, illnesses of all descriptions will continue from our feelings suppression, famine and inequalities prevail, control of others is the core of all systems, we cannot determine truth from falsehood and life on Earth is a living hell. We have been continually seduced by mind Mansion World spirits and we live life in a stupor – nothing more than zombies doing the begging of the evil ones, the rebellious Lanonandek spirits.

Through living through our minds, suppressing our soul based feelings, we have been progressively going further and further away from our Heavenly Parents, now to the point that we cannot go any further. Through working cracks in the Universal Contract governing the Rebellion and Default, this control has been ended formally as of 31 January 2018.



To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

God's Divine Love: Pray for it, ask for it, and receive it.

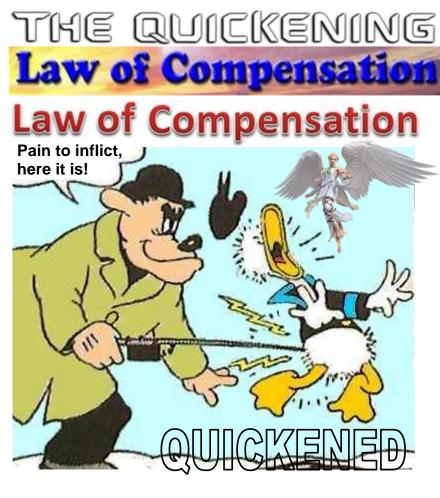
The Golden rule is: Never interfere with another's will.

Golden Rule: that one must always honour another's will as one honours one's own.

New Feelings Way: learning how to live true to ourselves by living true to our feelings.

We are to express our feelings, both good and bad, at all times, and to long for the truth of them.

By living true to ourselves true to our feelings, we are living true to God. It's that simple.



Nanna Beth -3^{rd} Celestial Heaven, 2 April 2019:

'Earthing' levels of the Law of Compensation are far greater than anything humanity could ever come up with so far as 'destroying one's enemies'. And yet people are not or no person is the enemy. This change is solely for humanity, to help everyone, even the worst most controlling person, to help them end being helplessly and hopelessly trapped within their wrongness, even if they can't see it nor believe they want to end it. So in the short term they might not give any thanks for what is to be done – what is now being done – however everyone will come to understand and be grateful for 'turning it around', for turning them around, for stopping them continuing on in their mad rebellious rush to oblivion.

A lot of mostly well-meaning people will be fine, like how it is for most well-meaning people when they arrive in the Mansion

Worlds, with a few minor adjustments being made. But overall, a huge sense of relief being experienced that 'God has your back', that you can finally trust and rely on God to 'look after you' because no one will

be able to hurt or harm you as they'd instantly suffer such trauma themselves and even possibly before they got to the point of openly inflicting it on you.

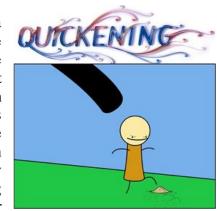
THE TURNAROUND



A hypothetical example of how the quickening or 'Earthing' of the Law of Compensation may work as it does within the 1st Spirit Mansion World:

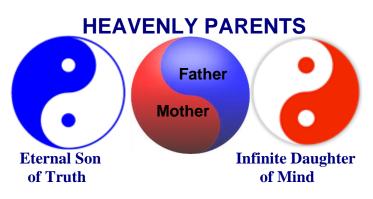
James: What's to stop the hidden controllers discovering I like women, to set me up with say a nice Russian alluring Jewish woman, who comes into my life on the pretext of wanting to do her Healing, only to stitch me up or knock me off? I like allowing my woman-fantasies to run amuck, as you understand?

Nanna Beth $-3^{\rm rd}$ Celestial Heaven: In the context of all of this, it's a valid point James, to which I will counter by saying she will not come to you in that light. Firstly, being Healed, you will not feel the same fanciful attraction to such women; and secondly, she wouldn't get a foot in the door, because once you are fully Healed (or the Avonal Pair), then you both personally have 'lowered the Law of Compensation', so it is instantly applied; which means, should anyone seek to even contemplate harming you, let alone the physical destruction of you, then that person or persons will be 'struck down' by the Law of Compensation hardly able to function anymore as all the pain of that harm they were wishing to inflict on you would become inflicted instead on them, with their



angels making it happen, leaving them in no condition to approach you, to seduce you with any feminine charms, or to plot blowing you up from afar. And then, as we've talked about, that personal relationship with the Law of Compensation, because through your Healing you have fully settled it within yourselves, will be imposed on humanity when the time is right, by you (or the Avonal Pair) carrying out the dictates of the Eternal Son and Infinite Daughter. And when that happens, there goes all the plans of the Evil Ones, all the Jewish control and anyone else seeking any sort of control over nature or anyone else. And as we

talked about yesterday, then it will be like a 'blanket from Heaven' will descend over the whole world – the whole of humanity, and a spiritual blanket – bringing with it a sense of peace as everyone instantly becomes subjected to the Law of Compensation to the level of the first Mansion World. However up until that time, so the plans of the Rebellion will move toward fruition, with we Celestials mitigating some of them, those we're allowed to interfere with as you progress in your Healing.





Angels of Encouragement to Behave! We each have two angels with us at all times.

When the time comes, the Angels will administer the Law of Compensation as it is Earthed. It is

through the earthing of this law that an era of peace may prevail over humanity on Earth. A form of the carrot and the stick. The carrot being our transformation through undertaking our Healing with Divine Love – Soul Healing.



The SOUL DOES IT ALL. THE SOUL INITIATES CONCEPTION AND THE GROWING OF THE PHYSICAL AND SPIRITUAL BODIES, AND ALL THAT CONNECTS THEM TO EACH OTHER AND TO THE SOUL ITSELF.

The soul oversees EVERYTHING – we are soul. And our soul is duplex, in that it has bestowed upon it, two unique personalities by its Creator Parents – our Heavenly Mother and Father. So at conception, our soul incarnates you, one of the two personalities into Creation – life. The soul does it all. The soul doesn't come at some point embracing the embryo. The embryo wouldn't exist if it weren't for the soul wanting it to exist. We are never separate from our soul.

We are one of the personality expressions of our soul, our soulmate is the other one, our 'other half'. Our soul can incarnate its two personality expressions at different times on Earth. With each 'half' experiencing

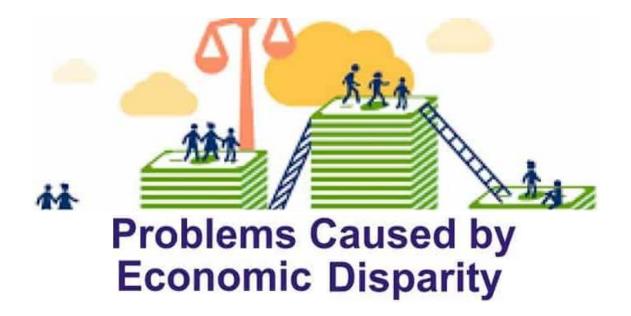
life as a full individual and independent personality destined at a predetermined time to meet each other, which will more than likely happen at some point through one's Healing or when one has finished it. And whilst we're living in rebellion against our soul, ourselves, our truth, so it's highly unlikely we'll have anything to do with our soulmate / soul partner until we start to heal that rebellion, because we are anti each other — anti the truth of ourselves and each other. We can ONLY experience true soulmate love when we are FULLY healed of our rebellion and default — when we've done our Healing.

And our soul would naturally, had we not been unlovingly interfered with by our parents, evolve us in truth through our feelings and the experiences that give rise to them. However, because our parents unwittingly got in the way and stopped our soul from doing this, so we've become untrue and have to do our Healing to sort ourselves out, to bring ourselves back into being how we would naturally be were we not screwed around with.

The point of our Healing is to find the whole truth of our unloved state, all through our feelings and not with our mind. So once the truth is revealed, we can be set free of that untrue state. So we're not to look for specific traumas, we're not to try and home in on them, bringing to light all the bad feelings associated with them, then we're 'healed' of it, able to resume our life without the burden of that terrible experience. Certainly our Healing will do that, heal all the bad feelings associated with and resulting from that traumatic experience, however it doesn't stop there, it goes on and deeper until every aspect of self-expression that has been thwarted by

Soul in original Soul state - in connects via God's cords of image. light to two spirit Male / bodies that female it manifests. segments of **Spirit** soul. bodies are templates Male / for physical female bodies, segments male and **NEVER** female. separate. Soul halves seemingly moving towards being incarnated. Male half spirit body looks like the physical Female half

negative unloving parental and childhood experiences – all one's trauma from feeling unloved – comes out and the truth seen. So healing our specific traumas is only one part of the Healing, with it being much more.



https://contentgenerate.com/problems-caused-by-economic-disparity/

2 July 2020

Economic Disparity generates the conditions dual and low-quality education, illiteracy, compromised health, provincialism, terrorism, etc.

The term 'economic disparity' refers to the difference in economic status and living standard of people, groups of people, people of different provinces, districts, etc. The economic disparity also exists on basis of gender, race, regional, religious, languages and ethnic discrimination.

Provincialism

Less developed and small provinces / states may have grievances of injustice in the distribution of resources. For them, the largest and most developed province is responsible for their underdevelopment and economic miseries.

The inequality in the distribution of resources gives rise to the issues like provincialism in which politicians keep their provinces paramount over the country. Consequently, the politics of blame game between provinces and point-scoring becomes prominent rather than the politics of addressing the issues of the public.

The threat to national integration

Different provinces or regions with all their distinct cultures, languages, histories, etc., are part of one state – the nation – under the very notion of 'protection of economic and political rights under the same umbrella'. But, the existence of economic disparity among different regions and classes tells us another story. It informs us that the state does not ensure the protection of socio-economic and political rights and interests on basis of equity.

Separatist tendencies and movements may or do surface as a result of injustice and exploitation causing a threat to national integrity and integration.

Crimes and Terrorism

A proportion of poverty-stricken people in the under-developed regions resort to crime, such as abduction for ransom, bank dacoity (armed robbery with violence), murder on the booty, robbery, etc., as they increasingly feel alienated and disappointed.

Similarly, one of the social evils associated with economic disparity is committing suicide. According to research, 75% of suicides occur in low and middle-income societies.

Terrorist organisations also recruit young people from underdeveloped and economically underprivileged areas and sections of society. The terrorist networks recruit these young people in the name of free education, food, clothing and other beautiful hope-giving rhetoric. With the passage of time, they brainwash until these young carry out activities related to terror.

Illiteracy and low-quality education

The distribution of schools differs from region to region. The villages have comparatively a very small number of schools vis cities. Similarly, there are few or no colleges and universities in rural areas. In order to pursue higher education, students need to go to cities and other regions.

The students going to other regions and cities make a very small percentage of the total student body aspiring for higher education. The majority cannot go to the cities because of poverty. The huge expenses that they will have to incur to meet residential, educational, clothing, and food needs away from home discourage village students to move to cities for higher education.

Compromised health

People in underdeveloped regions do not have access to quality and basic health care facilities. The mortality rate of women and children is high. In critical conditions, deaths occur on the way as patients are rushed to hospitals in far-flung areas. The majority of people cannot afford to go to other regions for treatment as they cannot afford it.

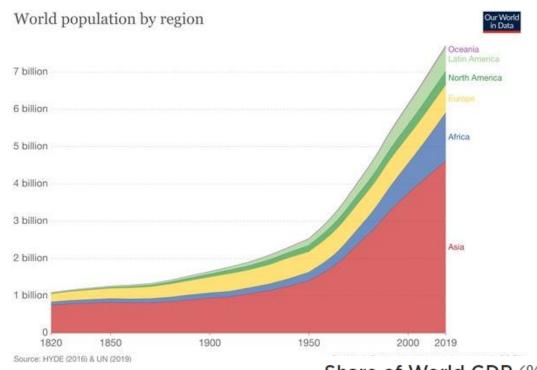


COMMERCIAL IN CONFIDENCE

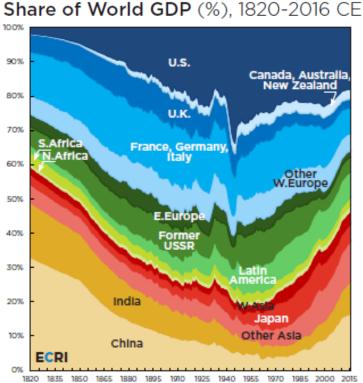
Why does the USA have a much higher per capita income (US\$65,000 approximately even higher than Northern Europe's) compared to China and Russia (US\$10,000 approximately)? https://www.quora.com/Why-does-the-USA-have-a-much-higher-per-capita-income-65-000-approximately-even-higher-than-Northern-Europes-compared-to-China-and-Russia-10-000-approximately

This questions is a bit more interesting than it first appeared. First of all we need to look at some figures to get a rough idea of what has happened over time.

It is fairly obvious that things massively changed after 1950. That's one major "pivot"



The second graph is also important. It looks at GDP for each country and you can see there is a minor blip for World War 1 but thing massively change during World War 2 which is another "pivot"



COMMERCIAL IN CONFIDENCE

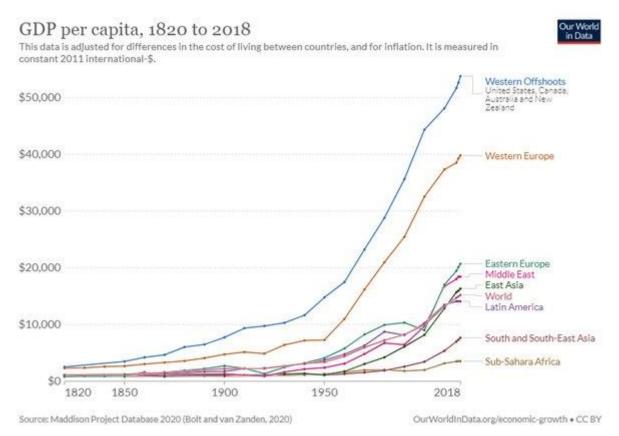
So what are some key dates and people:

- 1820 is towards the end of the industrial age for Europe and America. China and India are still agricultural societies.
- Gilded Age (1870 to 1900)
 - Rockefeller and Standard Oil with "horizontal integration", "vertical integration" and the business trust.
 - Andrew Carnegie and Carnegie Steel Company
 - Vanderbilt family with rail and shipping.
- 1920 America has Henry Ford with Ford motor car and more importantly the assembly line.
- 1960 Silicon Valley and the information age.
- 1980 Cold War.
- 1990 Russia converted to a market economy and corruption destroys a lot of value.

If you look at 1800 to roughly 1900 America was ahead of every other country. The population was relatively small but there are a few people that were able to drive innovation and create a massive amount of wealth. Most of this time India and China are slowly becoming less important (as far as GDP is concerned).

Things changed with the creation of the cars, planes and "mass _____" which ultimately destabilised existing power balances and lead to WW1 & WW2. During this time Russia is generally staying stable.

Lots of people know what happened after WW2:

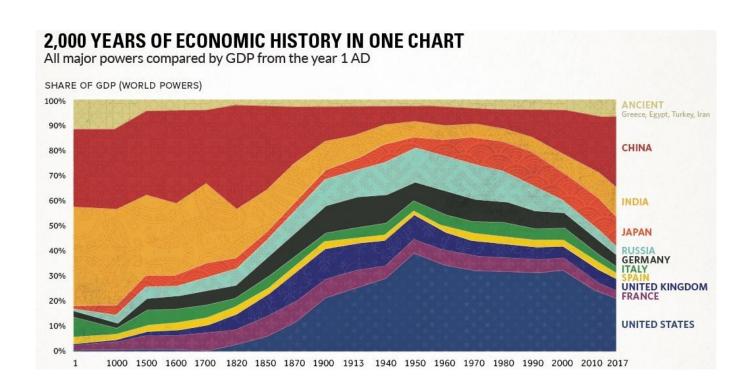


• America basically "stole" most of Europe's money and gave them dollars instead which had to be spent in the US.

- America made a deal with the UK after the war that effectively transferred a lot of wealth from the UK to the USA.
- The creation of the Federal Reserve and everyone using USD.
- The Green Revolution which meant we had enough food for everyone and people didn't starve to death (the pivot in population).
- China and Asia became industrialised over 100 years after Europe and America.
- Russia lost a lot of economic value from the cold war, spending too much money on defence and corruption when they opened up the economy.
- China was a long way behind until after 1950 and has slowly steadily improved since the end of WW2, the Sino-Japanese war and the internal civil war.

So why?

- The American civil war happened back in the 1860 and was followed by the Gilded Age. Since then it hasn't been destroyed in any way (steady increase).
- China was a farming society while America was developing and was then kept back by local wars. Since then it has started to catch up but it takes time (v shape).
- Russia was generally better than China but then had multiple wars that damaged the country and the corruption when it became a market economy which put it back decades (roller coaster).



JOHN BOGLE, THE Vanguard founder who passed away in 2019, once told a story about money that highlights something we don't think about enough:

At a party given by a billionaire on Shelter Island, Kurt Vonnegut informs his pal, Joseph Heller, that their host, a hedge fund manager, had made more money in a single day than Heller had earned from his wildly popular novel Catch-22 over its whole history. Heller responds, "Yes, but I have something he will never have ... enough."

Enough. I was stunned by the simple eloquence of that word—stunned for two reasons: first, because I have been given so much in my own life and, second, because Joseph Heller couldn't have been more accurate.

For a critical element of our society, including many of the wealthiest and most powerful among us, there seems to be no limit today on what enough entails.



Before we are conceived, we have had nothing to do with the culture or heritage into which we are about to be born.

Conception is individualisation of our unique personality!

Then our parents and carers infuse us with their errors and injuries!

We perpetuate their erroneous ways!





There is much to do and share without prejudices or distinction.

We are all interconnected.

We are all on a never ending learning pathway.

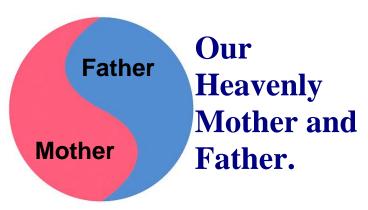
No one and no thing should come between any of us, no one is greater or lesser than another, nothing should be withheld or withdrawn from anyone's free will to consider or to embrace or reject.

We embrace everyone's wisdom and strive to grow.

With this in mind, we see everyone in a loving way.



We support loving passions and desires and everything that assists one to realise such loving passions and desires.



Our Heavenly Parents do not need an intermediary to connect with us, nor do we need an intermediary to connect to our true Mother and Father.



We are God's children. Our souls are in His / Her likeness as we are Their creation.

No matter where we are on Earth, we can always connect with our Creator without needing an intermediary.



Kindly review full text at www.pascashealth.com, go to Library Download page, then scroll down to Medical – Soul Condition and Health, and then click on to open the PDF:

Pascas Care Separation to Embrace.pdf

Pascas Oversight Council of Colombia

PASCAS OVERSIGHT COUNCIL of COLOMBIA: An oversight council of twelve people (if not more) is to oversee the implementation of solutions and changes required throughout the nation and society. If their guidance is not being adhered to then funding may stop! The council is to, at all times, consist of at least 50% women. The oversight council members are to be Colombian nationals and they will not have any political allegiances, nor will they demonstrate any religious alliance. Every person living in Colombia is to be treated equal. Yes, those in greatest need are to be the first to be assisted with the objective that the overall agenda will result in equal and fair treatment for all. Boundaries and barriers are to be torn down. The prejudices of all will be exposed for what they are – immoral and grossly unloving.

Council members are to be selected through a process similar to becoming employed by a major corporation into a high executive position. Firstly, the candidate must calibrate well over 400 on Dr David Hawkins' Map of Consciousness. Only with the candidates well developed level of perception can they carry out the dynamic shift in the culture of the people of Colombia and that is only with those calibrating above 400 MoC.

It is time for the people to know and understand the limitations of what they holding on so tightly and adhering to with great personal cost to themselves and their children is all for no avail. A museum with the theme of "HUMANITY'S JOURNEY" is to be established in two or three strategic locations. The museum may be annexed to university campuses. It is the story of the Journey of Humanity as it has unfolded and what our ongoing journey entails. Humanity is on a most privilege and exciting pathway and few have only recently come to understand its wonders.



"HUMANITY'S JOURNEY" is an entertaining educational experience that will take participants through how and why all the errors and difficulties have unfolded and how we are to heal from these. This is now possible due to the enormous amount of guidance that has unfolded for all of humanity and now it is to be shared freely for all.

With this background, then all will come to understand the futility of conflict and repression of others as well as the covert suppression that ALL institutionalised norms and systems impose upon us all.

And the program intended to be reviewed and expanded upon is that which this introductory business plan and financial feasibility now introduces.

This time, in the history of humanity, is the most exciting time ever experienced.

ONE OVERARCHING CAUSE – ONE PATHWAY FORWARD

The whole of Earth's humanity has been right royally screwed by the personal agenda of one pair of self-interested high level personalities who embraced the belief that we each could become literally mini-gods through living mind-centric and thus suppressing our feelings. It is our feelings that are our truth!



This has been a long drawn out agenda that has now reached its fruition and is to be put aside for all and for ever.

The coming of the time when humanity commenced to be influenced to embraced being mind-centric – living through our minds – and literally worshipping our minds as being all powerful and wonderful – was first imposed upon us some 200,000 years ago.



The first of humanity to have a longing for human perfection lived about 993,500 years ago. Andon and Fonta lived south of the Caspian Sea. They were of a red skin complexion and with a general appearance similar to the Eskimos of today with brown to black hair and eyes also. Their offspring even reached and lived in Tasmania, now being an island state of south eastern Australia, more than 950,000 years ago.

It was some 500,000 years ago that high level personalities were appointed as the Planetary Princess and Prince of Earth. This coincided with the Sangik family, living on the tablelands of north eastern India, having what can be referred to as the rainbow family – 5 red, 2 orange, 4 yellow, 2 green, 4 blue, and 2 indigo coloured children. As time unfolds, these colours were and are intended to inter-marry and blend into an olive colouring for our skin. Later the orange, green and blue colours died out.

It was 200,000 years ago that the concept of living mind-centric was slowly introduced to Earth's humanity – this being the commencement of the Rebellion by Earth's humanity.

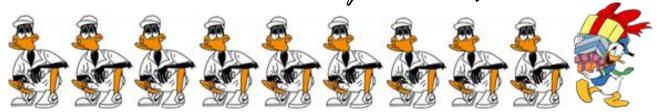
We have always been meant to live feelings first having our minds to follow in support of our feelings. It is our feelings that are always in truth. In fact, all that we need to know is accessible to each of us through our feelings. We are fully self-contained! When we embrace and follow what our feelings are prompting us with, life is so much more productive, progressive, refreshing and enjoyable.

However, what we experience and see imposed around us is this all persuasive need to be mind-dominated, resulting in pressures, conflict and stress in numerous forms and ways.

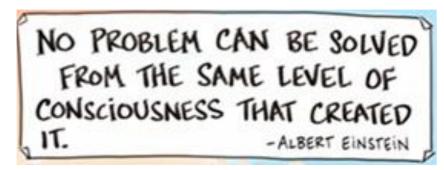
But, our minds cannot discern truth from falsehood. Our minds are addicted to control, control of our environment and of others. Our minds are addicted to untruth! Take a note, mental or otherwise, and over time you may observe that the assumptions that we may make are around 98% in error! The other 2% are flukes. When someone commences a conversation with "I think" – cringe! They are commencing a potentially meaningless conversation based on an erroneous assumption – mind-centric!

Whenever we carefully consider a 'scientific' research document, first count the number of assumptions it is 'premised' upon. One assumption and it is mostly flawed – you may become distressed when the tally of assumptions throughout the research is into double-digits!

Ten ducks in a row, but one always misleading!



We mentally cannot correct these deceptions. But, we experience the ramifications every day.



Einstein is correct. But what is the problem?

You will come to see that our Planetary Princess and Prince were subordinate to our System Sovereign and it was our System Sovereign's goal to keep Earth's humanity shackled in their undeveloped state

without the potential to evolved for his (and her – soul partners) expansionary agenda. An 'army' was needed by the System Sovereigns to expand their personal authority to other humanities. Consequently we see great difficulties all over the world because we have all embraced the wrong pathway – WE CANNOT ADVANCE and EVOLVE BY LIVING MIND-CENTRIC! In fact we cannot get past 499 on Dr David R Hawkins' Map of Consciousness (MoC). Mind-centricity is a glass ceiling to our potential.

Every facet of society, every institution, every norm, every custom that we each embrace is detrimental to us. There is a deceptive restraint in-built in everything we are traditionally embracing. Every scientific development is potentially a poor option for us — but we cannot recognise that which is better because our minds prevent us from seeing through the charade of our beliefs within our minds.

So, how did these high level personalities make their manipulation so enduring?

Tribes had been forming before their manipulation – but there was little diversity in physical appearance. So the Sangik family raised the family with the six colours. More than 38,000 years ago, Adam and Eve introduced the seventh colour, the crimson coloured skin as well as the blonde and red hear with the blue and green eyes. Adam and Eve's mission was to achieve an upliftment in humanity's potential, but due to these high level personalities interference, their mission was mostly unsuccessful. So now we have an array of divisions in tribes, languages, and borders between thousands of differing cultures – separation!

As women are closer to their feelings, it was recognised that women could not have a voice so they needed to be suppressed. Men were induced to make women subservient to them. Women would easily recognise the error of living mind centric rather than living feelings first. Now we see men dominating women in every aspect of our lives – yet we are equal. Few are yet to understand that our soul is a duplex – our soul manifests and orchestrates TWO personalities, one is always a female and one is always a male – we each have a soul partner! We each have a soul partner of the opposite sex – always.

As we have been living mind-centric for thousands of years, we commence to impose our personal injuries being emotional as well as errors of belief upon our children from moment they are conceived

and then on through to the age of six years. Our newly arriving child, at the moment of conception which is about 16 days prior to incarnation when the newly forming foetus first commences to pump blood, is literally 'fire-hosed' with its parents' emotional injuries as well as their errors of belief. We become little me's of our parents – clones – our true personality is suppressed. This continues until the arrival of our personal Indwelling Spirit which arrives in our sixth year of physical life. From then our parents influence upon us begins to abate. However, our parents have now successfully suppressed our free expression, our feelings and subjected us to a life of mind control. Our childhood suppression is what we all suffer throughout all of our lives – mediocrity, no vibrancy and no spontaneity. This is how it is for each generation – when we become parents we do the same to our own children as we do not know anything different. Our hidden controllers keep reinforcing their covert control throughout every phase and facet of our lives. They were masterly at their craft of deception.

Then comes the child's **pre-schooling**. What the child needs is its parents love. The child does not need the rejection by its parents and being placed in child care centres. It needs continuity of connection with peers who remain part of their family throughout their childhood years. This is why the African proverb is so wonderful:



Then we have the worshipping of the mind thrust upon us in earnest – education. We start our formal education. From kindergarten, then primary school, middle school and high school – all of it ignoring and suppressing feelings. Also, the most inefficient form of education dominates – the lecturer at the front of class talking down at the students now is seen as being 5% effective, whereas doing and tutoring others is extremely effective with retention rates way above 75%. By now our feelings are entombed in a steel wrecking ball and this ball is controlling our lives and suppressing our inherent potentials.

Truth is always the same! Most are introduced to a religion that our families have embraced for generations – all of this is ensuring continuity of the suppression now with a 'fatherly' religion. There are some 3,400 significant religions and with their minor denominations we have more than 50,000 variations of 'truth is always the same'! So, where did these innovative variations come from? Indirectly and ultimately it is the Planetary Princess and Prince. It was the Planetary Prince that told what is now considered to be the Jewish community that they are the 'chosen ones'. A tribe was recognised as having the personality issues to buy into such a personal self-indulgence.

Major religions were established and later other major religions to conflict with each other. Presently we find most wars being wars being between factions of the same major religion. With our minds in control there is no end to this insanity. Peace cannot unfold through living mind-centric – impossible.

No one is recognising the input of low level spirit personalities throughout history in all these dramas. Up until 2,000 years ago, all of humanity passing into the spirit mansion worlds remained in the mind mansion worlds, mostly numbers 1 and 2 with few progressing into 4 and 6, these being those perfecting their minds of error and evilness. These revelled in the control of others setting up religions on Earth to provide members for their spirit based religion and ongoing control.

It was the Creator Daughter and Son who opened the spirit healing mansion worlds 3, 5 and 7 and consequently the Celestial Heavens 1, 2 and 3. The numbers of spirits progressing through these were very few in number until recently. While their numbers were building up, these healing and healed spirits had no connectivity with us on Earth except in very rare occasion. Those who engage in feeling healing

are addressing their childhood suppression and those who embrace Divine Love with feeling healing are also soul healing. There are no religions throughout these worlds.

Meanwhile, the tentacles of the hidden controllers extends to every aspect of living. Higher education, be it technical and further education as well as all of the universities continue to educate the suppression of feelings. Ignoring them to the detriment of all of the society the university is within.

Our employment is all about control over what we do with the mind being the centre of 'creativity' and 'progress'.

Government at all levels is all about control over others. Governments are to assist and support us, however they make it more difficult for us to do things. Further, they propagate fear to achieve control. The humanity of the world capitulated to universal 'lock downs' and problematic vaccinations against coronavirus Covid-19 in a way that staggers belief.



We presently have a humanity in fear of 'global warming'. We have everyone looking into the CO₂ (carbon dioxide) in the atmosphere when the weather patterns are changing due to cyclical events. We have power grids around many countries throughout the world. There are power grids throughout the universe. During the second half of the 20th century (1950s onwards) surges of energy from the centre of our universe have been absorbed by our Sun (which is also a star). In turn, our Sun has transmitted energy to the centre of all the planets in our solar system. This has marginally increased the rotation of the core of Earth creating tensions on the surface, mainly under the oceans, and this has resulted in the surface marginally increasing in temperature and as the oceanic plates are expanding then some islands have reduced in their elevation above the oceans. Earth is coming out of a cold era.



Medicine and the health industry. As medical science is mind-centric, it is finding itself overwhelmed with seemingly insurmountable difficulties. They have generally identified more than 10,000 diseases and illnesses, yet they do claim to have found cures for 500 of these.

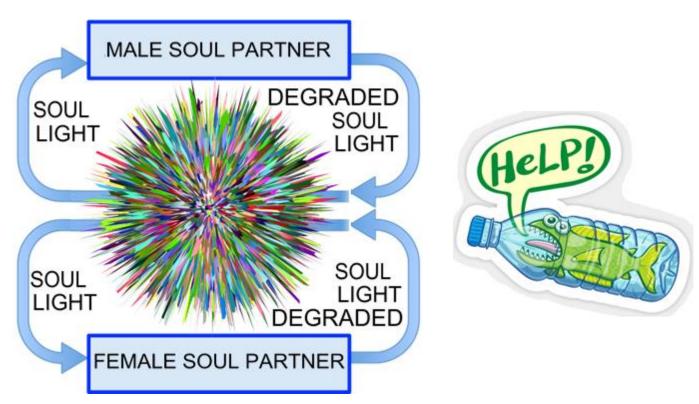
As we find a vaccine to suppress an illness we need only wait sometime before we will find it has returned in a more virulent and difficult format. The disease becomes 'drug resistant'. The more vaccines we create and embrace, the more difficult our health issues will become UNTIL we embrace our personal Feeling Healing. In anticipation of a vaccine, Nature Spirits 'mutate' the disease to enable the vaccine to be made ineffective. ALL diseases that man has eradicated have been reintroduced.

Science may consider that they have wonderful laboratories. But you have seen nothing until you understand the laboratories available to the Nature Spirits. A virus is more of the spirit body than it is of the physical. A virus cannot cause us any more pain or difficulty than our individual childhood suppression. Science can eventually recognise the overarching style of the virus and give it a name – but they cannot recognise that each virus is then specifically mutated for our individual experience and needs which reflect our childhood suppression. This is why every person has a different experience from what appears to be the same virus!





We are to bring the light we each receive from our soul back into balance with the light we return to our soul. To do so we each need to embrace our personal Feeling Healing – express our emotions both good and bad and long for the truth that our feelings are prompting to grasp from our emotional experiences.



It is this imbalance in light returning through our bodies that creates the imbalances and manifests deformities in babies, childhood illnesses, and as this is compounded during our early forming years of

Childhood Suppression up to the age of six years, this then sets up our health patterns and societal issues throughout the rest of life.

So, as we embrace our Feeling Healing, and should we embrace Divine Love, the Love of our Heavenly Mother and Father, then we can bring this all back into balance and this is our destiny, we will all do this at some stage throughout our eternal lives. It is not easy to do and it will take each of us a great deal of time and effort to work our way through our individual healing – but we each will.



Feelings First with Mind to follow in support.

Feeling Healing is not a religion, it is way of living. There is no hierarchical control or controllers. There is no organisation to join, no rituals, dogmas, creeds, cannon laws, sacraments, special book or clothing. Groups may form to assist each other for guidance and support. Even endeavouring to live feelings first opens our perceptions to what is reality and truth bringing about a personal sense of purpose and direction. We are to express our true personality, not the one imposed upon each of us during our childhood forming years when our parents and carers imposed upon us what they wanted us to be.

Every choice we of humanity have ever made, we have typically opted for the least progressive option. That has all been through the subtle influence of hidden prompting and our mind's addiction to control and untruth. We now can commence a review of such decisions. This will result in the reworking of all scientific findings. As of 22 March 2017 negative influence by mind centric spirits of the mind Mansion Worlds was permanently blocked by the Celestial Spirits from the three Celestial Heavens.



COMMERCIAL IN CONFIDENCE

Negative Spirit Influence blocked 22 March 2017 Law of Compensation quickening 22 May 2017



Rebellion and Default officially ended 31 January 2018 Feeling Healing Completing by the second of soul partners 12 April 2022

Humanity is now to make the Great U-Turn! The numbers now healed of their individual and personal Rebellion and Default in the Celestial Heavens are in sufficient numbers to support the Avonal Pair who are now on Earth. We have had to wait for the Avonals arrival to end the Rebellion and Default as their consciousness level is higher than those who instigated the Rebellion and Default. In 1993 when the Avonal Pair commenced on their personal pathway to heal themselves of what they had taken on of the

SATANIA – System

Earth is #606 of 619 humanities.

Celestial Heavens Spheres



Upon death of our physical body, we all transition to the 1st Mansion World

Earth Planes
and 2 are
Spheres of
Isolation and
Disharmony for
Law of
Compensation
It begins!

Rebellion and Default, this milestone triggered the arrest and imprisonment of Earth's Planetary Prince. Influence is gone.

We are not to impose our will upon others.

Further, militarism is all wrong!

Should you take note of the date, 22 March 2017, and consider the performance of world leaders anywhere since that date you may consider that they have all lost their marbles.

Well educated and experienced mind Mansion World spirits had been able to have their controlling ways satisfied through manipulating world leaders up until 22 March 2017.

Generally the spiritual platforms of most races have originated from the influence of low level mind Mansion World spirits working through mediums throughout all ages all round the world.

The Australian Aboriginal "Dreamtime Stories" originate through these interactions. Consequently, a psychic barrier to change and evolutionary progress has resulted for them.

The Caste System throughout India and Sri Lanka is a national psychic barrier requiring great attention to put aside. If you are born into a family that has been categorised as being in one of the four caste categories then

Herculean TASK

you are fixed in that category for your life. This is Childhood Suppression in its extremes.

The Caste System throughout India was spirit induced – it is a gross untruth. As is the belief of reincarnation. It is impossible to reincarnate and if you did then your personality

from the 'first' life would need to be expunged leaving a hole in the universe. Mind spirits when they lost a companion considered that that personality had reincarnated when what had unfolded is that their companion had progressed to a higher level spirit world. The concept of reincarnation is very unloving and totally impossible. And by the way, once we have been here on Earth, why in the hell would you want to come back?

Upon transitioning into the 1st **of the spirit Mansion Worlds** is a time for celebration. Even if our physical incarnation lasts only for a few minutes, we have completed our individualisation and then we become spirit born and will be adopted by spirit parents. Should we live a physical life we will find our environment and conditions better in the spirit world for us to go on with our never ending journey of learning. We are more alive than ever – once we are dead! Enjoy the discovery.



We are to put children first. It is all about experiences and feelings. We are to express what feelings come up for us from our experiences and to long to know the truth behind what our feelings are drawing our attention to. We are to be feelings expressive. Now that we are individualised our learning has begun and will continue for eternity, however our soul is already endowed with all that we need to know. We are fully equipped.

As parents, all our children need is our love. And the greatest environment for a child is a village style community. It takes a village to raise a child.



mind controlling way or soul's feelings first!

It appears ever so obvious.

Nothing has been working out and no one could heal themselves of their personal emotional injuries until a soul partner pair of higher consciousness than of those who created the problem came along. That has now happened!

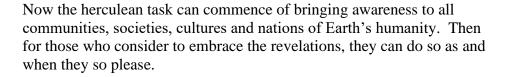
The revelations of The New Way of living Feelings First and the changeover to new Avonal Age commenced through the writings of James Padgett (1914 – 1923), then The Urantia Book (1925 – 1935), and the most important writings are those of James Moncrief commencing in 2002.

Pascas Papers explore these writings, all of which are free downloads from www.pascashealth.com in the Library Download page. Yes, all is to be free to all and in multiple languages. These revelations are gifts to humanity.

PASCAS



The revelations are now documented throughout 60,000 pages. We are not going to be subjected to loss of originality, the records have created immediately without the need for recall and assumption making as required with records of the past.





What is important to consider is that the old way was imposed upon us over time and it will take time for us to shift our way of living life and embrace the potential to evolve through the glass ceiling of mind-centricity and progress beyond 499 on Dr Hawkins' Map of Consciousness and eventually heal our personal Rebellion and Default, and by embracing our Heavenly Mother and Father's Divine Love, we can achieve Celestial soul condition while living here in the physical on Earth. This has never been possible before throughout the history of Earth's humanity of nearly one million years.

The Creator Daughter and Son remained Celestial throughout their physical life on Earth, they did not take on any of the Rebellion and Default. It is the Avonal Pair that have taken on the Rebellion and Default and through their personal healing they are now able to lead the way for us all through our own healing with the support of their Spirits of Truth. This is the plan that Machiventa Melchizedek initiated and it has taken 4,000 years to unfold. Now we are to enter the Avonal Age of the coming 1,000 years.

This document, on the Map of Consciousness (MoC), calibrates at 980

This time, in the history of humanity, is the most exciting time ever experienced.



COMMERCIAL IN CONFIDENCE



thru



to

MIND DOMINATION OVER FEELING MEN DOMINATION OF WO PARENTING - CHILDHOOD SUPPRESSION WIDE DIVERSITY OF LANGUAGES RESTRICTIME EDUCATION SYSTEMS RELIGIONS WITHOUT TRUTH & LOW WAGE & FINANCIAL ENSLAYEMENT MULTI-LEVEL GOVERNMENT CONTROL MULTIPLE RACE COLOURS & FEATURES BORDERS AND MILITARISATION NATIONAL PSYCHIC BARRIERS PERPETUAL CONFLICT & WARRING! ALL OF WHICH

PREVENTS HUMANITY'S ASCENSION

all
orchestrated by
and his partner



PASCAS FOUNDATION (Colombia) Inc conception:

Pupil-teacher ratio, primary – Colombia

<u>Colombia</u> 2017 **23**

Physicians (per 1,000 people) - Colombia

<u>Colombia</u> 2018 **3.8**

Nurses and midwives (per 1,000 people) – Colombia

<u>Colombia</u> 2018 **1.3**

COLOMBIA Doctors Nurses Teachers Ratios

	DOCT	ORS	NURSES & M	IDWIVES	TEACHER	/ STUDENT
	per 1,000) people	per 1,0	000 people		ratio
Colombia	2018	3.8	2018	1.3	2018	23
Brazil	2019	2.3	2019	7.4	2017	20
Panama	2019	1.6	2019	3.2	2017	22
Peru	2018	0.8	2018	3.0	2018	17
Australia	2018	3.8	2019	13.2	1999	18
United States America	2018	2.6	2018	15.7	2017	14
Spain	2018	4.0	2018	6.1	2017	13
		Austria		Switzerland		San Marino
Strongest Worldwide	2020	5.4	2019	18.0	2018	7
https://data.worldbank.org/		Africa 27		Africa 30		Africa 21
Weakest Worldwide	n	ations 0.1		nations 1.0		nations 40+

Simply put;

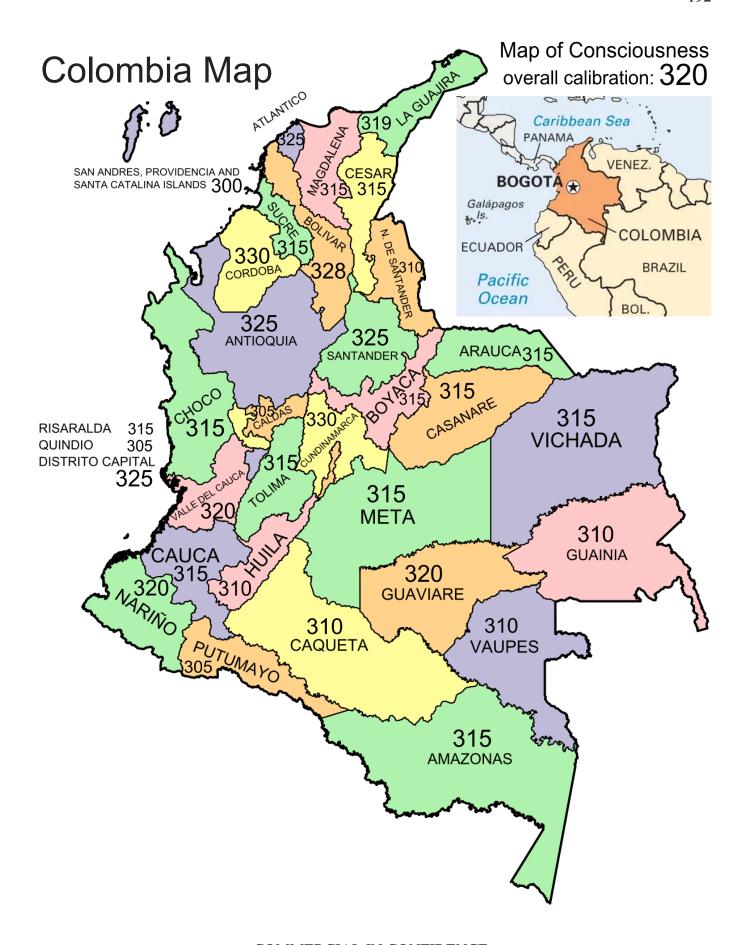
Colombia appears to have an adequate number of doctors per 1,000 people.

Colombia needs to double their nurses per 1,000 people, and then do this several times.

Colombia is best to double their teachers per students and improve their training and facilities.

It all begins with education. We of humanity are truth seekers and truth is what is required in abundance to lift the nation of Colombia out of the dire repetitive generational cycle of families across all provinces raising families that continue to calibrate on Dr David R Hawkins' Map of Consciousness around **320**.

It is only through progressive universal free education can the population of Colombia be lifted out of their despairing state of never ending cycles of conflict and despair. This can only be achieved through addressing Childhood Suppression which is universal.



Rank	Colombia Department	Population (2020)	Map of Consciousness
1	Bogotá – Capital District	7,743,955	325
2	Antioquia	6,677,930	325
3	Valle del Cauca	4,532,152	320
4	Cundinamarca	3,242,999	330
5	Atlántico	2,722,128	325
6	Santander	2,280,908	325
7	Bolívar	2,180,976	328
8	Nariño	1,627,589	320
9	Córdoba	1,828,947	330
10	Tolima	1,339,998	315
11	Cauca	1,491,937	315
12	Norte de Santander	1,620,318	310
13	Boyacá	1,242,731	315
14	Magdalena	1,427,026	325
15	Huila	1,122,622	310
16	Cesar	1,295,387	315
17	Caldas	1,018,453	305
18	Meta	1,063,454	315
19	La Guajira	965,718	319

Rank	Colombia Department	Population (2020)	Map of Consciousness
20	Risaralda	961,055	315
21	Sucre	949,252	315
22	Quindío	555,401	305
23	Chocó	544,764	315
24	Caquetá	410,521	310
25	Casanare	435,195	315
26	Putumayo	359,127	305
27	Arauca	294,206	315
28	Guaviare	86,657	320
29	San Andrés y Providencia	63,692	300
30	Amazonas	79,020	315
31	Vichada	112,958	315
32	Vaupés	44,712	310
33	Guainía	50,636	310
	COLOMBIA Total Population 1 November 2022	52,140,000	320

Colombia is a unitary republic made up of thirty-two departments (Spanish: **departamentos**, **sing. departamento**) and a Capital District (Distrito Capital) Bogota. Each department has a governor (gobernador) and an Assembly (Asamblea Departamental), elected by popular vote for a four-year period.

In 1886, Colombia was reorganised into a unitary republic (i.e. present-day Republic of Colombia), by abolishing the states and dividing the country into somewhat less autonomous departments with their own departmental governments; some of which were modelled after former states.

The city is administered as the Capital District, Bogota, as well as the capital of, though not part of, the surrounding department of Cundinamarca.

Colombia Largest Cities City Name	Department	2022 Population	Map of Consciousness
Bogota	Bogota Capital District	7,674,366	326
Cali	Valle del Cauca	2,392,877	315
Medellin	Antioquia	1,999,979	325
Barranquilla	Atlántico	1,380,425	305
Cartagena	Bolívar	952,024	308
Cucuta	Norte de Santander	721,398	308
Bucaramanga	Santander	571,820	308
Pereira	Risaralda	440,118	320
Santa Marta	Magdalena	431,781	328
Ibague	Tolima	421,685	320

BOGOTA



COMMERCIAL IN CONFIDENCE



Note:

The Map of Consciousness (MoC) table is based on the common log of 10. It is not a numeric table.

A calibration increase of 1 point is in fact a

10 fold increase in energy.

A calibration increase of 10 points is in fact a

10,000,000,000 fold increase in energy.

Thus the energy differentials are in fact enormous!

Blessing your food achieves an increase of 15 points which is in fact a quadrillion (10^{15}) jump in energy.

Levels of consciousness are always mixed: a person may operate on one level at one time and quite another level in another area of life. [In fact, we move in and out of fear, anger, guilt, etc. for either brief or extended periods. Even the levels up through unconditional love at 500 are experienced by most. But it is the percentage of time spent in each level that determines the dominant level in which one lives.]

Shame: Shamed children are cruel to animals and to each other. Later they are capable of forming vigilante groups to project their shame onto others whom they righteously attack. Serial killers have often acted out of sexual moralism with the justification of punishing "bad women". Shame produces false pride, anger, guilt.

Moc 20-29

<u>Guilt</u>: associated with victim hood, masochism, remorse. Unconscious guilt results in disease, accident proneness, suicidal behaviour. Preoccupation with punishment. Guilt provokes rage. Capital punishment is an example of how killing gratifies a guilt-ridden populace.

MoC 30 - 49

Apathy: State of helplessness / death through passive suicide / level of homeless and derelicts / level of streets of Calcutta, abandonment of hope.

MoC 50 - 74

<u>Grief</u>: Level of sadness, mourning over the past / habitual losers / chronic gamblers / notion of being unable to replace what is lost.

MoC 75-99

<u>Fear</u>: Fear runs much of the world [in the enmity fearfulness is dominant emotion of 65% of the world] insecurity, vulnerable / leads to jealousy and chronically high stress level / very contagious / fearful people seek strong leaders.

MoC 100 - 124

Desire: Motivates vast areas of human activity. Desire for money, prestige runs lives of many who have risen above Fear. At this level of addiction / desire for sexual approval has produced an entire cosmetics and fashion industry / accumulation / greed. It is insatiable because it is an ongoing energy field. Satisfaction is impossible / frustration is assured.

MoC 125 – 149

<u>Anger</u>: Leads to either constructive or destructive action. Expressed most often in resentment and revenge. Irritable / explosive / leads to hatred.

MoC 150 - 174

Pride: Has enough energy to run the Marines. Is a great leap forward from lower fields / is socially encouraged. Defensive / vulnerable because dependent upon external conditions. Inflated ego is vulnerable / divisive / arrogance / denial. The whole problem of denial is one of Pride.

MoC 175 – 199

<u>Courage</u>: Where productivity begins / zone of exploration / accomplishment / fortitude / determination / exciting / challenging / openness. All of this is achieved through the leap to truth / the courage to face one's flaws.

MoC 200 – 249

Neutrality: Release from a position or opinion / flexible / non-judgmental / realistic. Not getting one's way is less defeating or frustrating. Beginning of inner confidence. One is not driven to prove anything. Does not lead to any need to control others.

MoC 250 – 309

<u>Willingness</u>: Growth is rapid here. Willingness implies that one has overcome inner resistance to life and is committed to participation. Genuine friendliness / do not feel demeaned by service jobs. Helpful / high self-esteem / sympathetic / responsive to needs of others / resilient / self-correcting / excellent students / readily trained.

MoC 310 – 349

<u>Acceptance</u>: Major transformation takes place when one recognizes that one is the source of the experience of one's life. A full assumption of responsibility for one's self. Acceptance of life without attempting to conform situations to one's own agenda. Denial is transcended / calm / perceptive / balanced / appropriate. No interest in determining right and wrong. Self-discipline / honouring of others rights / inclusive / tolerant.

MoC 350 - 399

Reason: Intelligence/ capable of making rapid, complex decisions and abstractions / level of science / capacity for conceptualization / deals with particulars / level of Nobel Prize winners, Einstein, Freud, etc. but ironically reason is often a block to higher states.

MoC 400 – 499

Love: Love is not what the media professes: emotionality / physical attraction / possessiveness/ sentimentality / control / addiction / eroticism / novelty. When lovers or marriages "break-up", they usually were based on these attitudes rather than love, which is why this kind of "love" can lead to hate. It wasn't love in the first place. Love Deals with wholes. Unconditional love is accompanied by measurable release of endorphins. Love takes no position / permanent. Only 0.04% of population lives out of this level of consciousness.

MoC 500 - 539

<u>Joy</u>: Level of saints / effortless / people with near death experiences often have reached this level of consciousness. Healing occurs. Individual will merges with Divine will.

MoC 540 – 599

Peace: Radiance / suspension in time and space / everything connects to everything else / no preconception. Great works of art, music and architecture, which calibrate between 600 and 700, can transport us temporarily to higher levels of consciousness.

MoC 600 - 699

Enlightenment: Buddha and Krishna. Jesus progressed beyond 1,000 to achieve at-onement with God whilst living on earth. Enlightenment is a never ending process.

Moc 700 - 1,000





http://www.pascashealth.com/index.php/library.html

Library Download - Pascas Papers

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address. info@pascashealth.com

	GOVERNMEI	NTAL RESTRA	AINT upon its PEOPL	E	
	Map of	Population		MoC	Elected
Nation	Consciousness	Number	Parliament	(2021)	Number
	(MoC)	(2021)			
Australia	410	25,500,000	Federal Parliament	380	227
			Senate (upper house)	380	76
			Representatives (lower)	380	151
China	305	1,440,000,000	Politburo Standing		
			Committee	280	7
			Politburo	285	24
			Central Committee	290	200
			Congress	295	2,000
Colombia	320	52,140,000	Parliament	296	344
			Senate	108	344
			Chamber of Representatives	188	332
European Union	380	446,156,000	Parliament	335	705
India	370	1,380,000,000	Parliament	400	788
			Council of States (upper)	410	245
			House of People (lower)	390	543
Indonesia	220	280,000,000	Parliament	711	288
			Regional Rep Council	136	295
			Peoples Rep Council	575	280
Philippines	225	115,000,000	Senate	291	24
			Representatives	299	316
Russia	320	146,000,000	Federal Assembly	305	620
			Federation Council (upper)	310	170
			State Duma (lower)	300	450
Ukraine	330	43,750,000	Verkhovna Rada	300	450
United Kingdom	420	68,000,000	Parliament	390	1,433
			UK House of Lords	380	783
			UK House of Commons	400	650
United States of	405	331,000,000	USA Congress	380	535
America			Senate 365		100
			House of Representatives	390	435
World overall	220	7,985,000,000	_		

Violence is never Justified

Never is hatred, nor discord, nor war among men justified – no matter what the cause – and if men will only learn the Truth there will never exist such feelings or acts. Militarism is all wrong. Jesus 25 December 1915

We are TRUITS SHAKERSI Caste System vs Intelligence Quotient vs Map of Consciousness

We are Truth Seekers! We are to ask questions and then ask more questions. We are to long to know the truth of whatever we are drawn to. We may find that we are passionate about particular subjects and matters and others we have no interest in whatsoever. That is reflecting our true personality and a start to recognising the journey we are intended to experience. Not one of us is the same as any other personality and that includes those who have come before us and those who are yet to come. We are each a unique and wonderfully capable personality.

And there comes our Childhood Suppression. At the moment of our conception (some 16 days before our physical incarnation when the heart of our newly forming foetus begins to pump blood and that then heralds our incarnation and completion of our individualisation into the physical) we are perfect in all aspects. Our soul condition is recognisable as a little lower than 1,000 on Dr David R Hawkins' Map of Consciousness and our foetus is in perfect condition. Our soul has been doing everything to bring about our arrival into the physical.

Then we are literally fire hosed with the emotional injuries and errors of belief of our parents and those close within the family. This begins from conception and continues on seemingly endlessly through to around the age of six years, all the way through our childhood forming years. By the time we are six years of age, we will then be calibrating at the same level as one or the other of our parents, should they be dissimilar in their calibration on the Map of Consciousness. This is why there is and has not been for nearly 2,000 years any real evolution or growth in the consciousness of Earth's humanity.

ALL institutionalised systems, customs, norms are covertly structured to maintain control over us and ensure that we do not evolve in our consciousness so that we do not break free from the hidden control of the few who brought about our overall suppression and submission through their rebellion.



COMMERCIAL IN CONFIDENCE

Some 200,000 years ago, humanity was passively but persistently encouraged and guided to live mind-centric. We were led to believe that through our minds we could become all powerful, even mini-gods. We were to ignore our feelings which are always in truth and instead embrace our mind's guidance.

Interestingly, our mind cannot discern truth from falsehood, our mind is addicted to untruth, and our mind is a control addict. Assumptions we make are consequently 98% in error!



Women are closer to their feelings then are men. Consequently these hidden controllers brought about having women subjugated to men. If women were allowed to be free to have their say, they would have promptly brought an end to this rebellion, a rebellion that has prevailed these past 200,000 years. The Rebellion and Default is now to end.

But first we have a great deal to undo and then put aside while embracing The New Way of living Feelings First. Firstly we will explore the controlling mechanism of the Caste System coming out of India:



The Caste System of India was instigated through mind controlling personalities imposing their will upon a population that was open and unknowingly submissive to the corruption of their free will and way of life. Once a citizen is led to believe that they fall under one of the Caste System levels they continue to submit and subject themselves to such limiting error throughout their whole lives and impose this error of belief upon their own children leaving them ready prey to this controlling mechanism.

Intelligence Quotient (IQ) system is a modern day Indian' Caste System imposed upon the whole world through a modern day repackaging of those hidden controllers agenda.

IQ (intelligence quotient) compared by countries

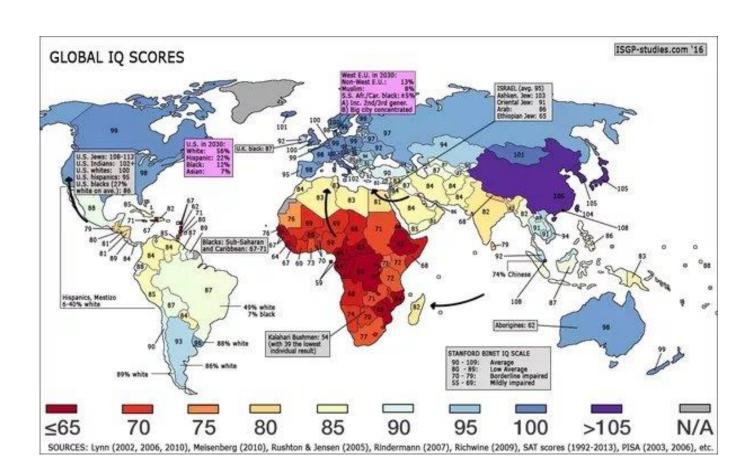
https://www.worlddata.info/ig-by-country.php

The question of the intelligence of a certain nationality or population may be controversial. In fact,

intelligence is influenced by national, political, and geographic factors. Often surprisingly but scientifically proven, a warmer climate may badly affect the intelligence quotient. However, Childhood Suppression is the elephant in the room.

The displayed IQ was averaged from the results of 9 international studies and compared the average income and government expenditures on education from 1990 to 2010.







	Uint	11_6:0	Vacalas	0.4	Yours
Life Chances	High Risk	Uphill Battle	Keeping Up	Out Ahead	to Lose
Training Style	Slow, sim supervis		Mastery learning, hands-on		nfers nation
Career Potential		Assembler, food service, nurse's aide	Clerk, teller, police officer, machinist, sales	Manager, teacher, accountant	Attorney, chemist, executive
IQ	70		0 100 1	10 120	130
	Populat	ion Percentages			
Total population distribution	5	20	50	20	5
Out of labor force more than 1 month out of year (men)	22	19	15	14	10
Unemployed more than 1 month out of year (men)	12	10	7	7	2
Divorced in 5 years	21	22	23	15	9
Had illegitimate children (women)	32	17	8	4	2
Lives in poverty	30	16	6	3	2
Ever incarcerated (men)	7	7	3	1	0
Chronic welfare recipient (mothers)	31	17	8	2	0
High school dropout	55	35	6	0.4	0

REALITY

We each will have our day in the sunshine. No matter what our present situation is, we will each have the opportunity and also engage and deliver unquestionably outstanding feats and demonstrations of our inbuilt intelligence and capabilities.

Presently, all of us are living out our individual Childhood Suppression. If we are not provided with the loving freedom to personally express our true selves, we are going to emulate the ways of our parents and carers that heavily influenced us throughout our childhood forming years, from the moment of our conception. We will remain stagnating throughout our lives never experiencing the capabilities that we each are blessed with prior to our conception. We are truly wondrous beings.

Should we not personally strive for more complex and interesting experiences, then we will not grow and develop our demonstrable IQ as we go along on our life's journey of discovery of truth and love.

We are each truth seekers. This is who we are and that is what we will continue to do throughout eternity. By reading this you are already becoming a research scientist!

However, a research scientist is mind-centric, she or he is caught under the glass ceiling trap of the mind and cannot grow beyond 499 MoC on Dr David R Hawkins' Map of Consciousness. Should we each strive to live feelings first then we may grow beyond 500 MoC and even beyond 1,000 MoC while living in the flesh here on Earth. Should we do this then all of humanity will benefit in wondrous ways!

Average IQ (intelligence quotient) score by Job

	<u> </u>
IQ test range	The average IQ score by Job
80	Factory Packers and Sorters, Labourers; Gardeners; Upholsterers; Farmhands; Miners, Sales Manager.
90	Truck and Van Drivers, Warehousemen; Carpenters; Cooks and Bakers; Small Farmers.
100	Sheet Metal Workers, Machine Operators; Shopkeepers; Butchers; Welders.
110	Salesmen; Foremen; Electricians; Clerks; Policemen; Telephone Operators.
120	Nurses; Accountants; Stenographers; Pharmacists; School Teachers; Managers.
130	Lawyers, Physicians, (Civil and Mechanical), Engineers and Surgeons.
140	Research Scientists and Professors.

Average IQ (intelligence quotient) - Classification Table

IQ test range	IQ Classification	% of World Population
130 and above	Very Superior	2.1%
121-130	Superior	6.4%
111-120	High Average	15.7%
90-110	Average	51.6%
80-89	Low Average	13.7%
70-79	Borderline	6.4%
Scores under 70	Extremely Low	4.1%

We are to embrace our feelings, both good and bad, and express them to a companion. But more importantly we are to long for the truth of what our emotions are drawing our attention to. We are fully self-contained, it is our feelings that are always in truth and love and this is what we are to embrace, we are to engage and follow our feelings and have our mind assist in implementing what our feelings are leading us to do – not the



other way around as we have all been previously taught.

What's Your Emotional Intelligence Quotient (EIQ) Score?

Should we grow up in a family environment

that is engaged in routine endeavours such as picking leaves to make tea, fruit picking and general small crop management, painting buildings, even bridges, repetitive routines, then our experiences are not conducive to learning and discovery, consequently our 'IQ' will reflect that as being mediocre.





Should we seek out and engage in more complex employment and experiences, then our 'IQ' will lift reflecting the greater skills now being expressed by our personality. Thus, family exposure to industries related to considered university degree courses and a student's work experience within firms of that industry can greatly increase success for such students. Work experience with study leads to mastery.

However, should we embrace someone's assumption of the level that they consider our Caste System rating is or the 'IQ' rating that some system generates as our destiny then we are embracing the covert suppressive control imposed upon the people to the great detriment of ourselves and this can be ongoing for years should we not take opportunities to experience and investigate at every moment.

CONSCIOUSNESS

Map of Consciousness from Dr David R Hawkins, M.D., Ph.D. "Power vs Force".

Level	Log
ENLIGHTENMENT	700-1000
PEACE	600
JOY	540
LOVE	500
REASON	400
ACCEPTANCE	350
WILLINGNESS	310
NEUTRALITY	250
COURAGE	200
PRIDE	175
ANGER	150
DESIRE	125
FEAR	-100
GRIEF	75
APATHY	50
GUILT	30
SHAME	20

PERSONALITY TRAITS:

Less than two dozen people on planet Earth.

Would not pick up a weapon let alone use it. These people gravitate to the health industry and humanitarian programs.

Debate and implement resolutions without argument and delay. 470 Debate and implement resolutions in due course. 440

Debate and implement resolutions with some degree of follow up generally needed. 410

Management supervision is generally necessary.

Politics become the hope for man's salvation.

Cause no harm to others starts to emerge. Power overrides force.

Illness is developed by those man erroneous emotions that calibrate 200 and lower.

Armies around the world function on pride. Force is now dominant, not power.

Harm of others prevails, self-interest prevails.

Totally self-reliant, not God reliant.

Fear dominates all motivation.

Suicide is possible and probable.

At these levels, seriously harming others for even trivial events appears to be justifiable.

Poverty, unemployment, illness, etc., this is living hell on Earth.



By utilising kinesiology muscle testing in the manner that Dr David R Hawkins introduced in his book, *Power vs Force*, we each can determine that:

The Caste System is a false doctrine and that it calibrates on the Map of Consciousness at

The IQ (intelligence quotient) system is a false belief and it calibrates on the MoC at

95

Anything that calibrates under 200 is false, in error, wrong and generally harmful to us. While we live mind-centric we cannot progress beyond 499 and that is the peak of REASON. It is 499 that we find many of the world's most renowned scientists calibrating at. As they are mind centric they have reached the glass ceiling and cannot progress beyond until they begin to embrace their feelings.

We can easily calibrate the level of truth of anything! We can calibrate the books within our own library. As we do this we find that the quality of what we read lifts, and then lifts, and then lifts some more. Then we find we throw out most of what we had held in our library!

Power vs Force published by David R Hawkins calibrates on the Map of Consciousness at PASCAS PAPERS from Library Download page of www.pascashealth.com calibrate MoC 880

Note:

The Map of Consciousness (MoC) table is based on the common log of 10. It is not a numeric table.

A calibration increase of 1 point is in fact a 10 fold increase in energy.

A calibration increase of 10 points is in fact a 10,000,000,000 fold increase in energy.

Thus the energy differentials are in fact enormous!

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

James Moncrief 18 March 2018

This statement tests true at MoC 1,000

On 22 March 2017, negative spirit influence from the mind spirit Mansion Worlds has been blocked by Celestials from within the three Earth focused Celestial Heavens thus ending the continuation of such misguidance, influence and interference.

Thus, now we can determine what is true and what is not, we can determine the level of anything's truth and we do not need to read or embrace such material or writings before determining its veracity. Thus, kinesiology muscle testing with asking probing questions contribute to truth discovery. Our feelings are always in truth. We are to allow our innate guidance to surface and then we are to embrace this guidance.

Most importantly, we now can step away from traditions with certainty of their errors. We no longer need or continue to remain feeling compelled to adhere to past erroneous ways and practices. Further we now have revealed to us how to heal our emotional injuries and erroneous beliefs through Feeling Healing, and should we embrace our Heavenly Mother and Father's Divine Love by simply asking for it, then we are Soul Healing.

This time, in the history of humanity, is the most exciting time ever experienced.

COMMERCIAL IN CONFIDENCE

A Nation's Personal National Psychic Barrier



Consider this! For generations, parents have coerced their children to 'develop their minds', to embrace their minds in every aspect of their living, to reject their feelings at all times, to literally worship their minds to the detriment of their feelings.

This is also the mantra of the nation's education system.

The world is now experiencing the product of this ideology. They are seeing a nation of people demonstrating an ego and arrogance that is a combination of the "dark" traits of narcissism, psychopathy, and aggression. This arrogance is essentially believing that they are better, smarter, or more important than other people. They are being superior, overbearing, self-entitled, and presumptuous.

They are closed off to considering they could be wrong. Closed-mindedness and stubbornness mean many arrogant people won't negotiate or back down. In their mind, your options are to accept what they say or suffer the consequences.

Arrogant people lack the skill of self-awareness to objectively question or evaluate their own qualities, actions, and feelings. Without the ability to truly see themselves, they find it difficult to change unhealthy or destructive behaviour.

Compassion and understanding can be seen as weaknesses of an arrogant person. That's because displaying these characteristics actually takes incredible inner strength which arrogant people struggle with.

They remain imprisoned in their mind centricity until they open to their feelings, their soul-based feelings that are always in truth. Until they do so, their national social issues will slowly destroy

their society and civilisation. The situation is leading to civil tension and potential internal conflict. Their health system is lacking, the education curriculum is restricting student development, and the nation is disillusioned with its own self-importance. However, for those who open to their feelings, their future will be incredible.





Enter:

The NEW WAY The NEW WAY

POLITICAL SYSTEMS in General

Few presently understand that all institutionalised systems around the world have been covertly structured to inhibit and restrain Earth's humanity from progressing, particularly spiritually, and become intuitively freely expressive of their inherit talents. Firstly, we are all guided, well indoctrinated to embrace our minds as being all powerful and our only pathway to becoming little supermen and superwomen. By living mind centric we cannot progress beyond 499 on Dr David Hawkins' Map of Consciousness. We are each a walking zombie with no spontaneity and intuitive potential until we embrace our feelings.

Look at the institution of politics. We think we have a free system. It is a tyrannic manipulation. Instead of having candidates to choose to elect to run our nations, we have 'nominees' who are covertly put in front of us to stifle our nation for the benefit of a few oligarchs (local and foreign!). Compare the political candidate nomination process to the way executives are selected to run successful major corporations. In short, no political candidate should be put forward unless that personality calibrates 400 or higher on Dr Hawkins' Map of Consciousness (MoC) scale.

Then we find each candidate is coerced to be a representative of a 'political party'. Why? The candidate no longer can freely express and engage his personal talents – he must adhere to the party policies. The policies of a party are written by people who have not been elected by the people. Why is this so? The policies of the party are mostly the dictates of those who secretly fund the party. Who are these funders? In very serious cases you can actually find a chain back through 'secret societies' within each country, this extends back the highest levels of the Masonic system and you eventually end up in London. And then you end further back in the hands of a small group of very secret and almost never seen families whose trade and empires bleed the pockets of the people of every nation.

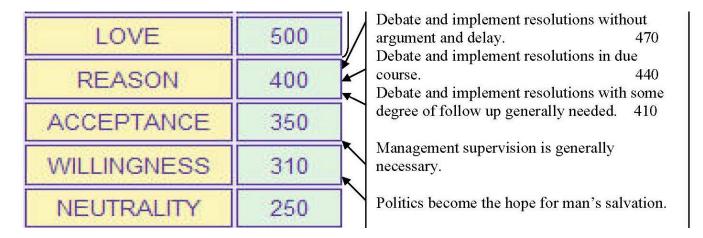
While we have mind centric people who are low in the MoC calibration we have governments that are hell bent on controlling and suppressing their people. And we have leaders that do not have the capability to perceive and recognise the dire straits the nation is in, nor the capability that they have been entrapped into are the ways that benefit foreign covert controllers and not the people of their nation.

We need political candidates that are vetted in similar manner as those who are sort to run major corporations. Further, these candidates need to calibrate over 400 on the Map of Consciousness – they need to be independent of party institutions – they need to be their true and wonderful selves.

The people of Colombia presently calibrate around 320 overall on the Map of Consciousness. The members of the Colombian parliament who are presently in power calibrate overall at 337 MoC, out of this group, the Senate overall calibrates at 344 MoC, whereas the Chamber of Representatives calibrates at 332. Overall, this is a better situation than that which prevails for most countries – but it is a long way short of the 400 MoC benchmark. (The scale is based on the common log of 10.) It is also interesting that the most critical positions of those in power are also the lowest in calibration. They actually suppress the potential of those governing members who are more capable.

As it is that oligarchs 'endorse' their preferred candidates to do their begging, there is little wonder that the people are becoming more and more disillusioned with politicians as they are not only not as conscious as those who elect them, they are stooges for industry or mega-wealthy families. Further, should the 'money men' not get their nominee up, they typically have stooges for them throughout the second tier of governmental decision making, thus frustrating genuine for the people governance overall. Worldwide, this is becoming more and more apparent to electors. Electors will slowly become aware of how democracy and all other political systems are being hijacked. As they do, they will bring to an end

this subversive control and seek to rebuild a better system of governance. This may take decades to unfold, but unfold it will.



This is an extract from the Map of Consciousness. If you want a pro-active, constructive and vibrant leadership then it is those people in the MoC range 410 to 470. The scale is based on the common log of 10, it is not a straight lineal scale. The differences between people with even a 1 point variation in energy is dynamic – a 10 point difference is 10,000,000,000 increase in energy. Utilising kinesiology muscle testing, most people can calibrate anyone who is anywhere in the world, in a minute or so.

The candidate selection process and the party system needs to be greatly changed, otherwise nations will continue to stagnate and be under the covert control of foreign hidden manipulators.

Kindly visit www.pascashealth.com, then go to Library Download page, scroll down to open PDFs:

Pascas Care Letters



Pascas Care Letters Democracy.pdf

Medical



Pascas Care Kinesiology Testing.pdf



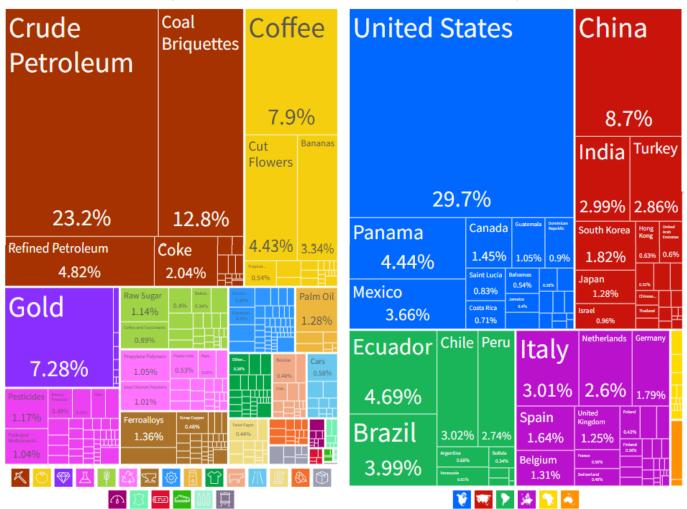
Pascas Care Kinesiology Personality Traits.pdf

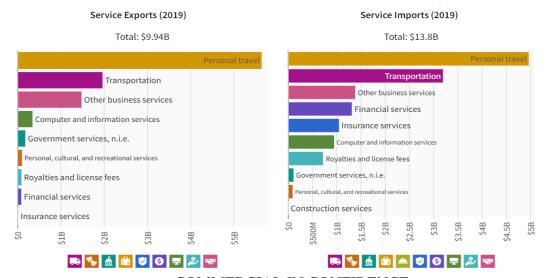
COLOMBIA EXPORTS

https://oec.world/en/profile/country/col

Exports (2020)
[Click to Select a Product]
Total: \$32.2B

Destinations (2020) [Click to Select a Country] Total: \$32.2B

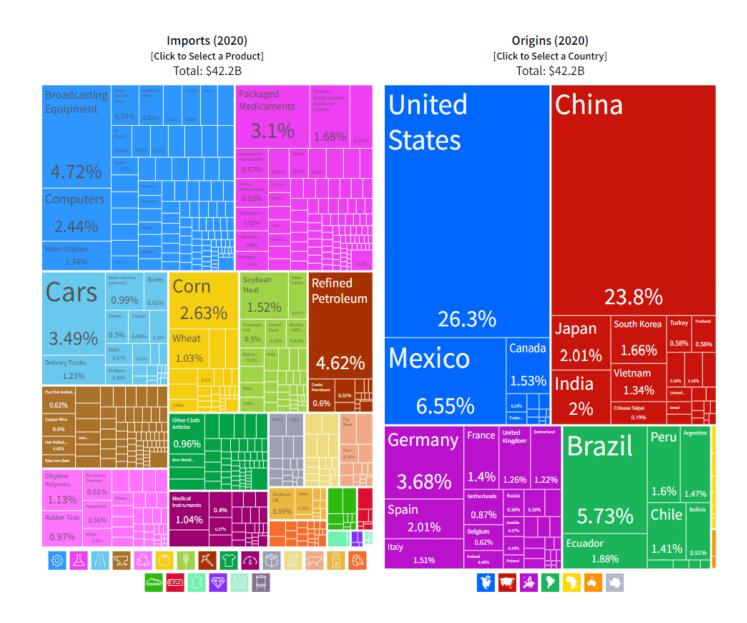




COMMERCIAL IN CONFIDENCE

COLOMBIA IMPORTS

 $\underline{https://oec.world/en/profile/country/col?latestTrendsFlowSelectorNonSubnat=flow0\&latestTrendsFlowSelectorNonSubnat=flow0&latestTrendsFlowSelector=flow1$



On Future Colombia – China Relations:

 $\underline{https://www.thedialogue.org/analysis/on-future-colombia-china-relations-qa-with-david-castrillon-kerrigan/analysis/on-future-colombia-china-relations-qa-with-david-castrillon-kerrigan/analysis/on-future-colombia-china-relations-qa-with-david-castrillon-kerrigan/analysis/on-future-colombia-china-relations-qa-with-david-castrillon-kerrigan/analysis/on-future-colombia-china-relations-qa-with-david-castrillon-kerrigan/analysis/on-future-colombia-china-relations-qa-with-david-castrillon-kerrigan/analysis/on-future-colombia-china-relations-qa-with-david-castrillon-kerrigan/analysis/on-future-colombia-china-relations-qa-with-david-castrillon-kerrigan/analysis/on-future-colombia-china-relations-qa-with-david-castrillon-kerrigan/analysis/on-future-colombia-china-relations-qa-with-david-castrillon-kerrigan/analysis/on-future-colombia-china-relations-qa-with-david-castrillon-kerrigan/analysis/on-future-colombia-china-relation-chi$

12 October 2022

Although China's relationship with Colombia is not among the most expansive of its bilateral relations within the LAC region (Latin America and the Caribbean), economic engagement between the two countries has nevertheless grown at a rapid pace in recent years. In 2006, Colombia exported only US\$454.6 million worth of goods to China and imported US\$2.01 billion from China. However, by 2021, China moved from Colombia's 37th largest trading partner to its second, trailing only the United States. Moreover, Colombia exported US\$3.34 billion in goods to China and imported US\$9.95 billion of goods on average from 2011-2020. Coal and oil two accounted for US\$3 billion (or 82%) of total Colombian exports to China in 2021.

Chinese investments have also grown a considerable rate, with major Chinese companies, such as China Harbour Engineering Company Limited and BYD, having established now-solid footing, after sometimes tenuous initial forays into the country. To date, Chinese companies have demonstrated growing interest, often through public-private partnerships, in Colombia's infrastructure, telecommunications, and energy sectors. One example is the Bogotá metro project, which was awarded to a consortium of Chinese companies that includes China Harbour Engineering Company Limited and Xi'An Metro Company Limited, and which is valued at about US\$12 billion. In recent years, Colombia also received loans from Chinese commercial banks for two highway projects, according to the Inter-American Dialogue's China-Latin America Commercial Loans Tracker.

The June 2022 election of Gustavo Petro to Colombia's presidency has led many to anticipate some growth in the scale of Sino-Colombian relations in the coming months and years. Indeed, last week's visit to Colombia by US Secretary of State Antony Blinken sought to underscore enduring political and economic ties between the US and Colombia at a moment when China's role in Colombia is expected to grow to some degree.

An initial indication of stronger ties would be a Colombian government decision to sign on to the Belt and Road Initiative (BRI). That said, even Petro's predecessor, Ivan Duque, though strongly supportive of US-Colombia ties, reportedly considered joining the BRI during a 2019 visit to Beijing. As it stands, Colombia is one of only 12 remaining LAC countries, including Taiwan's eight remaining allies in the region, that have yet to sign on to the initiative.

For additional insight on prospects for future China-Colombia relations, we spoke with David Castrillón-Kerrigan, research professor at the Universidad Externado de Colombia's School of Finance, Government, and International Relations about his perspectives on Colombia's evolving relationship with China.

Inter-American Dialogue: How is Colombian President Gustavo Petro expected to engage with China during these next few months and years? What areas have been identified for deeper cooperation? Are there impediments to enhanced Colombia-China relations?



DAVID CASTRILLÓN-KERRIGAN IS A RESEARCH PROFESSOR AT THE SCHOOL OF FINANCE, GOVERNMENT, AND INTERNATIONAL RELATIONS OF UNIVERSIDAD EXTERNADO DE COLOMBIA.

Castrillón-Kerrigan: As a candidate and now as president, Petro has signalled that while relations with China will not be a priority during his term, they will be deepened and widened, following the path set by previous administrations.

On trade, investment, and contracts, relations are expected to continue on a positive path, with China gaining on or now surpassing Western countries, particularly the US. Trade data over the past two decades demonstrates this trend. While the US represented 38.1% of all Colombian imports and exports of goods in 2002, by 2021 the US had dropped to 24.8%. Meanwhile, the Chinese share grew from 2% to 17.1%. This trend is likely to continue as the Chinese government stresses domestic consumption and as new bilateral phytosanitary agreements are put into place for the entry of a more diverse basket of Colombian agricultural products to the Chinese market.

These four years will also see Chinese companies deliver or continue work on major infrastructure projects: the Mar-2 highway, for which work began only in 2018, will be completed in the coming months; the Regiotram light rail system is scheduled to be completed by 2026; and the first line of the Bogota Metro will be a year away from completion by the next elections. Several other projects are in the pipeline. Whether the companies deliver on their promises and meet the expectations of Colombians will greatly influence perception of China in the country and government.

Beyond the now well-cemented economic relationship, we foresee the Petro policy agenda and China to align in three key areas. One, on the response to the climate crisis, China is in a good position to work with Colombian government on projects related to energy transition and climate resilience. Two, on peace, as the country works in dialogues with various armed groups, the Chinese side has shown interest in significantly increasing assistance to newly expanded peace cooperation funds. Three, on regional development, targeted Chinese expertise and money might do much to bridge regional and rural-urban gaps.

As rosy as the future looks, bumps are also to be expected. For example, on the issue of ending the war on drugs, China will be an obstacle to any global consensus on the matter. There may also be tensions between the two sides as Chinese projects in the country come up against local opposition or environmental irregularities.

Inter-American Dialogue: What is the likelihood that Colombia joins the Belt and Road Initiative (BRI), Chinese president Xi Jinping's signature foreign policy initiative?

Castrillón-Kerrigan: Since the previous administration, high officials on both sides have given strong and clear statements on Colombia's intent to join the BRI. In March 2020, the then Colombian vice-foreign minister, Francisco Echeverri (a career diplomat), and the Chinese ambassador to Colombia, Lan Hu,

declared in separate interviews that a deal would be signed within that year. In a July 2021 interview, the former Colombian ambassador to China, Luis Diego Monsalve, clarified that Colombia was "very close" to joining BRI, but that the pace of adhesion had slowed due to the pandemic. More recently, in May 2022, Monsalve once again said that all necessary documents were in place, but it would be up to the incoming Petro administration to make the decision.

So, will Colombia join? The likelihood of this happening is high. The promise of greater market access to China is a strong incentive. So is access to financing at a time when international capital markets are shying away from developing markets.

But both sides are likely to wait until the right moment to mark Colombia's entry. There has never been a state visit to Colombia by a sitting Chinese president. Should President Xi Jinping choose to tour Latin America and stop by Colombia, conditions may be just right for that to happen.

Inter-American Dialogue: As China grapples with its own domestic economic challenges, what can Colombia reasonably expect from China, including beyond Petro's term in office?

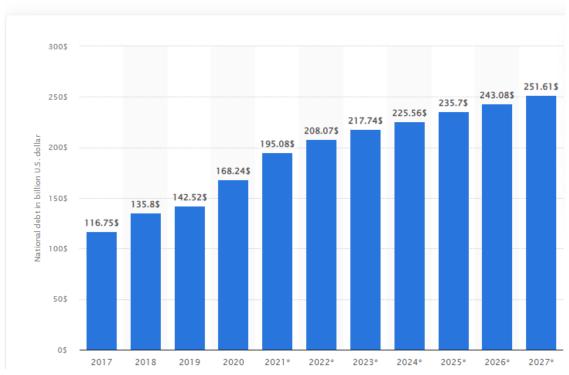
Castrillón-Kerrigan: China is in the midst of a necessary but complex transition to a new model of development that should make its economy more sustainable, innovative, and equitable. The transition is also meant to address many of the imbalances of the previous model that continue to rear their head today, for example, in terms of excess supply, narrow financial markets, and overreliance on investment for growth.

The changes to China's model present opportunities and challenges to countries like Colombia. Three major opportunities come to mind. First, a more prosperous China focused on boosting domestic consumption and reducing reliance on developed markets will not only demand more from countries like Colombia, but it will gradually shift the type of demand from commodities to consumer goods and services. Second, a more innovative China is better positioned to shift certain aspects of production to Latin American countries for export; it can also work with them as laboratories for the adaptation and adoption of new technologies and standards. Third, a greener China can work with countries like Colombia in low-impact infrastructure projects, including in the energy sector. If the Petro administration takes advantage of these opportunities, their impact will be deeply felt in the Colombian economic structure and social fabric.

But the transition will not be without difficulties. For instance, gradual reductions in Chinese demand for certain mineral products and metals will affect exports from the region and prices. Much will depend on the capacity of governments, like that led by Petro, to adapt and respond to new conditions.

Colombia: National debt from 2017 to 2027

(in billion U.S. dollars)



The National Debt of Colombia

The national debt increased in Colombia

In 2021 Colombia public debt was US\$203,111 million, has increased US\$25,563 million since 2020.

This amount means that the debt in 2021 reached 64.6% of Colombia GDP, a 1.06 percentage point fall from 2020, when it was 65.66% of GDP.

Key information about Colombia National Government Debt

• Colombia National Government Debt reached 208.7 USD bn in Mar 2022, compared with 193.9 USD bn in the previous quarter.

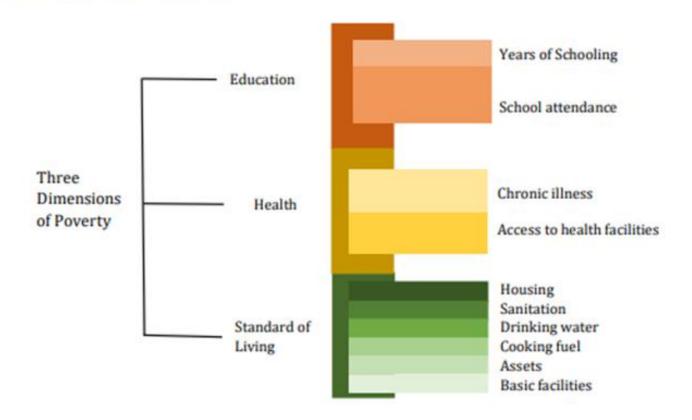
Related information about Colombia National Government Debt

- In the latest reports, Colombia Consolidated Fiscal Balance recorded a deficit equal to 5.8
 % of its Nominal GDP in Mar 2022.
- The country's Government debt accounted for 63.2 % of its Nominal GDP in Mar 2022.
- Colombia Nominal GDP reached 91.9 USD bn in Jun 2022.

Multidimensional Poverty

Oxford Poverty & Human Development Initiative (OPHI)

Structure of the National MPI



Colombia's Multidimensional Poverty Index https://ophi.org.uk/policy/national-policy/colombia-mpi/ Colombia — a pioneering new poverty plan

In 2011, the Government of Colombia adopted a pioneering new poverty-reduction strategy, which sets firm and binding targets to close the country's poverty gaps. Devised by Colombia's Ministry of Planning, it is the first national poverty reduction plan to use the Alkire Foster (AF) method for measuring multidimensional poverty, developed by OPHI.

Underlying these targets is a new national Multidimensional Poverty Index for Colombia (the MPI-Colombia). This new poverty measure uses an innovative adaptation of the AF method, customising the dimensions and indicators to the country's specific needs and public policy priorities. This multidimensional poverty measure underpins the country's ambitious poverty reduction goals. It is a powerful example of how this methodology can inform poverty reduction strategies and help to create a clear system of accountability.

Five dimensions

Building on the flexibility inherent in the AF method, the MPI-Colombia assesses broader social and health-related aspects of poverty in five dimensions:

- Household education conditions
- Childhood and youth conditions
- Labour
- Health
- Access to household utilities and living conditions

The five dimensions are equally weighted and use 15 indicators.

Firm targets

The multidimensional poverty measure developed by the Colombian Government forms part of a comprehensive poverty reduction strategy. The government plans to reduce multidimensional poverty by 13%– from 35% of the entire population in 2008 to 22% in 2014.

The measure is being used twice: once to set the targets and second to track progress towards them. This approach powerfully shows the way the method can be used to help inform poverty reduction strategies. The case of Colombia shows that in practice, the measure is a powerful monitoring and evaluation tool, as well as a flexible measure of poverty or wellbeing.

To ensure that the targets are on track, the Government is using a "traffic light" system which triggers alerts when progress towards each indicator falls off track. The targets are drawn from explicit goals set out in the 2011 National Development Plan. The household surveys used to calculate MPI-Colombia have historical information from 1997, 2003 and 2007. Since 2010 the survey has been collected annually.

Heart of Government

The new National Development Plan was introduced with support at the highest levels of the Government. Colombian President, Juan Manuel Santos, used the launch of the new poverty plan as an opportunity to affirm his personal commitment to making poverty reduction the centrepiece of his government – and to building on the country's substantial progress in social reform in the last decade. The country's wider development plan has three pillars: employment, poverty reduction and security. President Santos has made poverty reduction the top priority out of these three.

In being embraced at the heart of the Government, the MPI-Colombia shows how a poverty measurement methodology can be used to create a clear accountability system. In Colombia, this involves the ministries of Education, Social Protection, Housing, and the other main actors involved in social policy. Hernando José Gómez, Director of the National Planning Department (DNP), has said of the measure:

"The Government of Colombia hasn't just created a new poverty measure – we have created a comprehensive new poverty strategy. This has been embraced into the heart of the government – as concrete goals, as a mechanism of accountability, and as a robust test of our extreme poverty reduction strategy."

Three-pronged poverty reduction plan

The MPI-Colombia is part of a wider group of tools which underpin Colombia's 2011 poverty strategy, including a new income poverty line and a new Commission on Social Mobility.

The table below shows Colombia's multidimensional poverty reduction plan in detail – both the dimensions and indicators of the MPI-Colombia and the National Development Plan baseline for 2008 and the goal (by 2014).

The Alkire-Foster method

This technique was developed by Sabina Alkire, OPHI Director, and James Foster, OPHI Research Associate and Professor of Economics and International Affairs at George Washington University. The Alkire-Foster method measures outcomes at the individual level (person or household) against multiple criteria (dimensions and indicators). The method is flexible and can be used with different dimensions, indicators, weights and cutoffs to create measures specific to different societies and situations. Read more about the method and how to calculate it: Alkire-Foster method.

https://ophi.org.uk/research/multidimensional-poverty/alkire-foster-method/

Inside Colombia's multidimensional poverty reduction strategy Dimensions, indicators and targets (weights are given in brackets)

MPI Dimension	MPI Variable	MPI Indicator National Development Plan		Baselin e NDP 2008 (%)	Dat a for 201 0	Goal NDP 2014 (%)
(weight in brackets)	(weight in brackets)			(1-)	(%)	
Education conditions (for households) (0.2)	Educational achievement (0.1)	Average education level for people 15 and older living in a household.	Low educational achieve ment at the household level	58.8	55.4	52.8
	Literacy (0.1)	Percentage of people living in a household 15 and older who can read and write.	Illiteracy rate for population 15 and older	14.2	13.2	12.0
Childhood and youth conditions (0.2)	School attendance (0.05)	Percentage of children between the ages of 6 and 16 that attend school.	Non-assistance rate for population from 6 to 16.	5.4	4.6	3.5
	No 'school lag' (children older than the average age in a given school year) (0.05)	Percentage of children and youths (7-17 years old) within the household not subject to school lag (according to the national norm)	School lag for population from 7 to 17.	33.4	35. 1	33.1
	Access to child care services (0.05)	Percentage of children between the ages of 0 and 5 who simultaneously have access to health, nutrition and education.	Barrier to access of child care services	11.2	10. 8	9.2
	Children not working(0.05)	Percentage of children not working (ie. subject to child labour).	Child work for children from 12 to 17 years old	8.2	6.8	5.6
Employment (0 .2)	No one in long- term unemployment (0 .1)	Percentage of household members from the economically active population (EAP) who don't face long-term unemployment (more than 12 months).	Long term unemployment rate	9.6	9.9	9.3

	Formal employment (0.1)	Percentage of household memb ers from the economically active population (EAP) employed and affiliated to a pension fund (this indicator is used as a proxy for whether people are formally or informally employed)	Informality rate	80.6	80. 9	74.7
Health (0.2)	Health insurance (0.1)	Percentage of household members over the age of 5 that are insured by the Social Security Health System	No health insurance	24.2	21. 0	0.5
	Access to health services (0.1)	Percentage of people within the household that have access to a health institution in case of need	Access barriers to health services	8.9	6.9	2.4
Access to public utilities and housing conditions (0.2)	Access to water source (0.04)	Urban household: considered deprived if lacking public water system. Rural household: considered deprived when the water used for the preparation of food is obtained from wells, rainwater, spring source, water tank, water carrier or other sources.	Low coverage of pipe water	12.9	11.	10.9
	Adequate elimination of sewer waste (0.04)	Urban household: considered deprived if lacking public sewer system. Rural household: considered deprived if uses a toilet without a sewer connection, a latrine or simply does not have a sewage system.	Low coverage of sewer waste	14.1	12. 0	11.3
	Adequate floors (0.04)	Lacking materials (dirt floors)	Inadequate floors	7.5	6.3	5.6

exte	equate ernal Is (0.04)	An urban household is considered deprived when the exterior walls are built of untreated wood, boards, planks, guadua or other vegetable, zinc, cloth, cardboard, waste material or when no exterior walls exist. A rural household is considered deprived when exterior walls are built of guadua or another vegetable, zinc, cloth, cardboard, waste materials or if no exterior walls exist.	Inadequate walls	3.1	3.0	2.1	
------	------------------------------	---	------------------	-----	-----	-----	--

TECHNICALITIES

Alkire-Foster Method OPHI's method for multidimensional measurement

The Alkire-Foster (AF) method is a way of measuring multidimensional poverty developed by OPHI's Sabina Alkire and James Foster. Building on the Foster-Greer-Thorbecke poverty measures, it involves counting the different types of deprivation that individuals experience at the same time, such as a lack of education or employment, or poor health or living standards. These deprivation profiles are analysed to identify who is poor, and then used to construct a multidimensional index of poverty (MPI). For free online video guides on how to use the AF methodology, see OPHI's online training portal.

Identifying who is poor

To identify the poor, the AF method counts the overlapping or simultaneous deprivations that a person or household experiences in different indicators of poverty. The indicators may be equally weighted or take different weights. People are identified as multidimensionally poor if the weighted sum of their deprivations is greater than or equal to a poverty cut off – such as 20%, 30% or 50% of all deprivations.

It is a flexible approach which can be tailored to a variety of situations by selecting different dimensions (e.g. education), indicators of poverty within each dimension (e.g. how many years schooling a person has) and poverty cut offs (e.g. a person with fewer than five years of education is considered deprived).

Constructing poverty measures

The most common way of measuring poverty is to calculate the percentage of the population who are poor, known as the headcount ratio (H). Having identified who is poor, the AF methodology generates a unique class of poverty measures (M_a) that goes beyond the simple headcount ratio. Three measures in this class are of high importance:

- Adjusted headcount ratio (M_0) , otherwise known as the MPI: This measure reflects both the *incidence* of poverty (the percentage of the population who are poor) and the *intensity* of poverty (the percentage of deprivations suffered by each person or household on average). M_0 is calculated by multiplying the incidence (H) by the intensity (A). $M_0 = H \times A$.
- Adjusted Poverty Gap (M_I) : This measure reflects the incidence, intensity and depth of poverty. The depth of poverty is the average 'gap' (G) between the level of deprivation poor people experience and the poverty cut-off line. $M_I = H \times A \times G$.
- Adjusted Squared Poverty Gap (M_2) : This measure reflects the incidence, intensity, and depth of poverty, as well as inequality among the poor (captured by the squared gap, S). $M_2 = H \times A \times S$.

 M_0 can be calculated with ordinal as well as cardinal data, which is why it is most often used. Cardinal data are required to calculate M_1 and M_2 .

The AF Method is unique in that by measuring intensity it can distinguish between, for example, a group of poor people who suffer two deprivations on average and a group of poor people who suffer five deprivations on average at the same time.

Common uses of the AF method

- **Poverty measures**: The AF method can be used to create national, regional or international measures of poverty or wellbeing by incorporating dimensions and indicators that are tailored to specific contexts.
- **Targeting of services or conditional cash transfers:** The method can be used to target people who are deprived in multiple ways.
- Monitoring and evaluation: It can be used to monitor the effectiveness of programmes over time.

Why is the AF method useful?

While the AF method provides a single headline measure of poverty, it can also be broken down and analysed in powerful ways to inform policy.

- **Decomposition by population group**: It can be broken down by geographic area, ethnicity, or other sub-groups of a population, to show the composition of poverty within and among these groups.
- **Breakdown by dimension or indicator**: It can be broken down to show which types of deprivation are contributing to poverty within groups.
- Changes over time: The AF method can be used to monitor changes in poverty over time, using data collected at different periods. It reflects changes in particular dimensions and indicators of poverty directly and quickly, making it an effective monitoring tool.
- **Complements other metrics**: The AF method can complement other measures, such as measures of income poverty.

The Alkire-Foster method is protected by copyright. The family of Alkire-Foster measures is protected also by copyright, for example the Global MPI, the Child MPI and the Business MPI (B-MPI). The copyright is owned by the University of Oxford, and any use should be for not-for-profit only.

If you are interested in using the Alkire-Foster method or any of the family of Alkire-Foster methods commercially, please contact the Oxford Poverty and Human Development Initiative (OPHI) at the University of Oxford to negotiate a license.

Global MPI Country Briefing 2021: Colombia (Latin America and the Caribbean) https://ophi.org.uk/wp-content/uploads/CB_COL_2021.pdf

The global Multidimensional Poverty Index (MPI) was created using the multidimensional measurement method of Alkire and Foster (AF).1 The global MPI is an index of acute multidimensional poverty that covers over 100 countries. It is computed using data from the most recent Demographic and Health Surveys (DHS), Multiple Indicator Cluster Surveys (MICS), Pan Arab Project for Family Health (PAPFAM) and national surveys. The MPI has three dimensions and 10 indicators as illustrated in figure 1. Each dimension is equally weighted, and each indicator within a dimension is also equally weighted.2 Any person who fails to meet the deprivation cutoff is identified as deprived in that indicator. So the core information the MPI uses is the profile of deprivations each person experiences. Each deprivation indicator is defined in table A.1 of the appendix.

Table 1. Global MPI in Colombia

Area	MPI	Н	A	Vulnerable	Severe Poverty	Population Share
National	0.020	4.8%	40.6%	6.2%	0.8%	100.0%
Urban	0.003	0.8%	37.5%	2.0%	0.1%	76.1%
Rural	0.072	17.6%	41.0%	19.8%	3.2%	23.9%

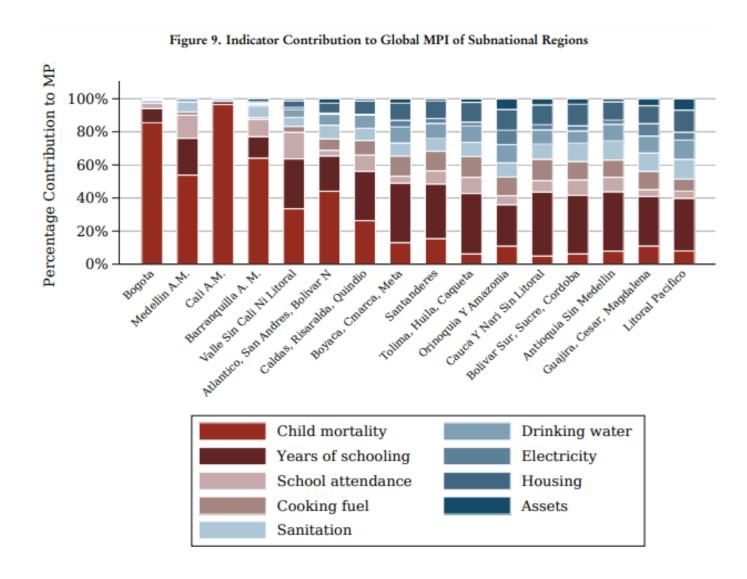
Notes: Source: DHS year 2015-2016, own calculations.

Table 2. Global MPI in Colombia by Subnational Region

Region	MPI	Н	A	Vulnerable	Severe Poverty	Population Share
Antioquia Sin Medellin	0.051	12.1%	42.1%	13.7%	2.2%	4.6%
Atlantico, San Andres, Bolivar	0.008	2.1%	38.7%	3.3%	0.2%	4.1%
Norte						
Barranquilla A. M.	0.004	1.0%	36.3%	1.2%	0.0%	4.1%
Bogota	0.001	0.3%	37.2%	0.9%	0.1%	15.7%
Bolivar Sur, Sucre, Cordoba	0.039	9.9%	39.5%	12.8%	1.2%	7.0%
Boyaca, Cmarca, Meta	0.011	2.8%	37.7%	7.3%	0.2%	10.3%
Caldas, Risaralda, Quindio	0.008	2.2%	37.7%	5.4%	0.3%	5.2%
Cali A.M.	0.002	0.5%	34.5%	1.3%	0.0%	5.7%
Cauca Y Nari Sin Litoral	0.034	8.4%	40.4%	12.6%	1.6%	5.7%
Guajira, Cesar, Magdalena	0.057	12.8%	44.3%	8.4%	3.8%	6.8%
Litoral Pacifico	0.085	20.8%	41.0%	15.7%	3.6%	2.8%
Medellin A.M.	0.001	0.4%	35.8%	1.1%	0.0%	9.0%
Orinoquia Y Amazonia	0.030	7.4%	41.2%	7.4%	1.7%	2.6%
Santanderes	0.018	4.5%	38.8%	6.2%	0.5%	7.1%
Tolima, Huila, Caqueta	0.027	7.1%	38.7%	10.6%	0.9%	6.4%
Valle Sin Cali Ni Litoral	0.006	1.7%	36.8%	4.2%	0.2%	2.9%

Notes: Source: DHS year 2015-2016, own calculations.

In the global MPI, a person is identified as multidimensionally poor or MPI poor if they are deprived in at least one third of the weighted MPI indicators. In other words, a person is MPI poor if the person's weighted deprivation score is equal to or higher than the poverty cutoff of 33.33%. Following the AF methodology, the MPI is calculated by multiplying the incidence of poverty (H) and the average intensity of poverty (A). More specifically, H is the proportion of the population that is multidimensionally poor, while A is the average proportion of dimensions in which poor people are deprived. So, MP I = H \times A, reflecting both the share of people in poverty and the degree to which they are deprived.



COMMERCIAL IN CONFIDENCE

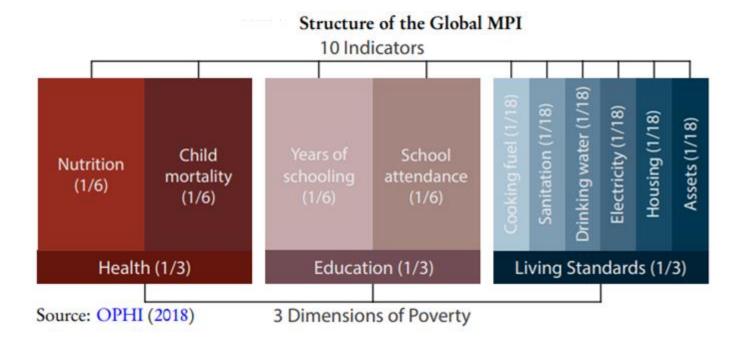
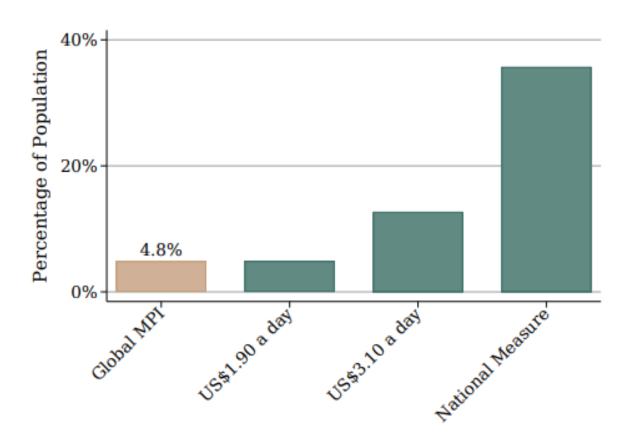


Figure 2. Headcount Ratios by Poverty Measures



Notes:

Source for global MPI: DHS, year 2017, own calculations. Monetary poverty measures are the most recent estimates from World Bank (Azevedo, 2011). Monetary poverty measure refer to 2018 (\$1.90 a day), 2018 (\$3.10 a day), and 2018 (national measure).

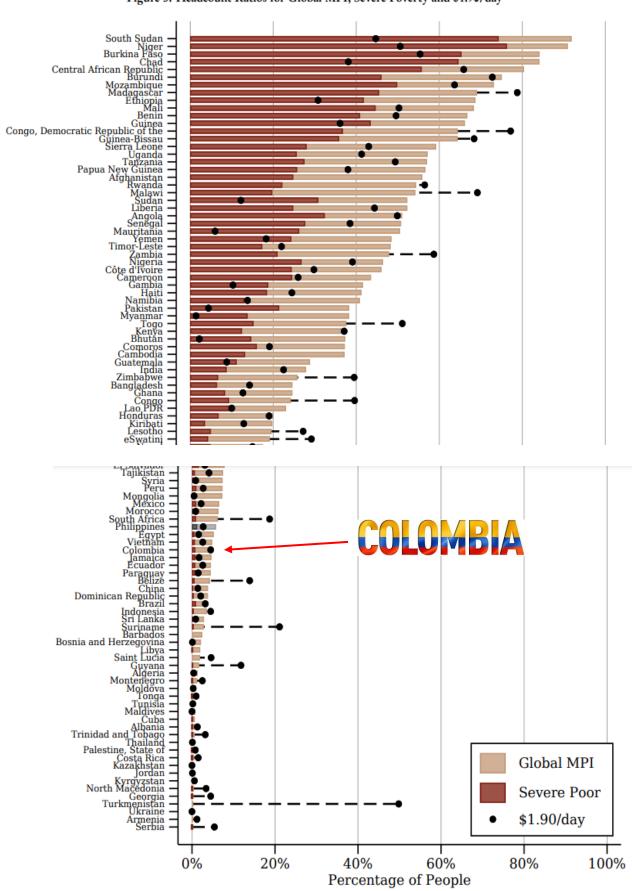


Figure 3. Headcount Ratios for Global MPI, Severe Poverty and \$1.90/day

COMMERCIAL IN CONFIDENCE

Figure 6. Censored Headcount Ratios

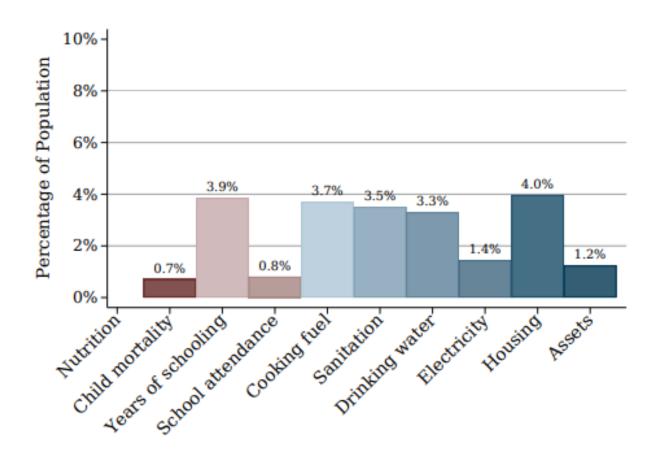
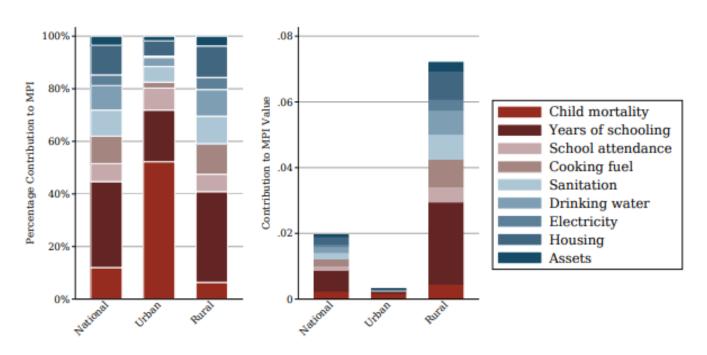
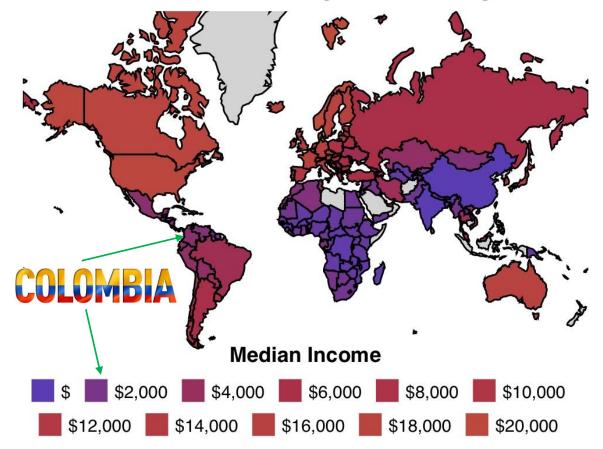


Figure 8. Indicator Contribution to Overall Poverty by Area



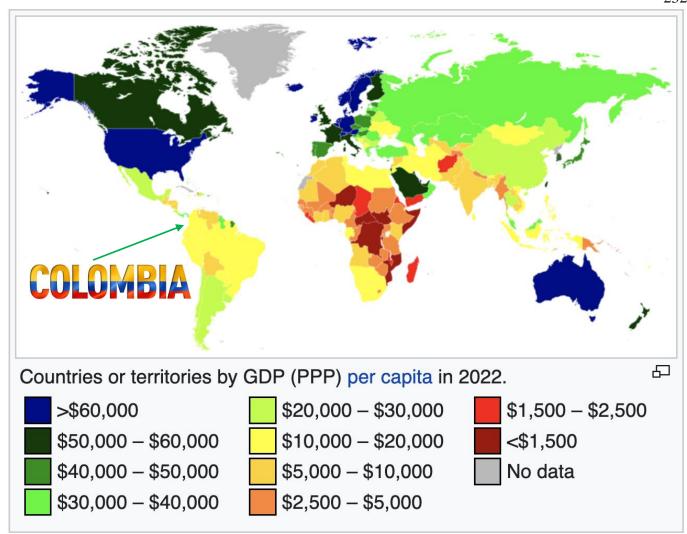
COMMERCIAL IN CONFIDENCE

Median Income by Country 2022

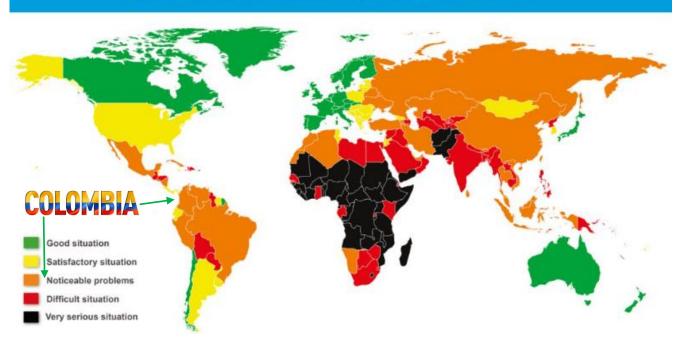


Median Wealth per Adult









COMMERCIAL IN CONFIDENCE

Social Housing for Domestic Violence, Homeless, etc

Consider 1 resident per each one-bedroom unit	30 units	30 residents – single adult
Consider 3 residents per each two-bedroom unit	30 units	90 residents – single adult
Consider 4 residents per each three-bedroom unit	30 units	120 residents – single adult
Consider 6 residents per larger units	<u>_10</u> units	60 residents
Total	$1\overline{00}$ units	300 residents

A 100 unit Family Shelter population:

Thus 100 adults
with 60 children aged 0 to 6 years
60 children aged 7 to 12 years
50 children aged 13 to 16 years
and 30 mature aged dependants.
300 residents (3 per unit average)

Around 3 in 10 households will most likely have a special needs member.

A Family Shelter of 100 units with an overall population of 300, we may anticipate that 100 adults would be with 200 children including mature aged dependants and that the children would range in age from 0 to 16 and the mature age dependents would be of any age.

One counsellor is best engaged with 10 adults or with six mothers and their 10 children when assisting those escaping domestic violence. As a Family Shelter may have 100 adults, with between 60% to 75% escaping domestic violence, then around 15 counsellors with experiences encapsulating the skills called upon may be appropriate for such a community.

Budget US\$400,000 per unit, a 100 unit complex budget may be US\$40,000,000. 100 facilities would amount to US\$4 billion and then add community Pascas Cafes as well as medium and smaller shelters for regional communities; then a budget of US\$6 billion is to provide for establishment and ongoing operating costs until the facilities become financially self-funding.

The focus of this endeavour is to primarily address the shortfall in housing availability for domestic violence victims, human trafficking refuge, homelessness and unsupported non-residents.

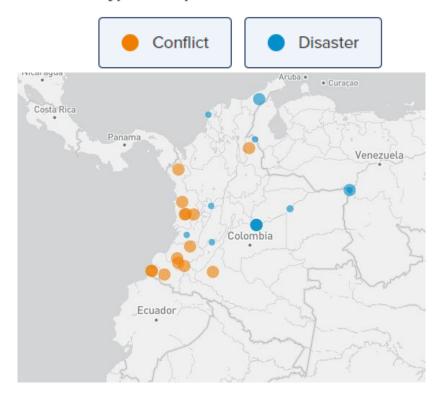
- A frontline facility may be a Pascas Café with showers, laundering, business centre, meetup area, and the availability of Pascas Counsellors. All are welcome; women, men and children.
- A small Pascas Family Shelter may have 1 Pascas Counsellor to assist 10 adults or 6 mothers with 10 children.
- A medium Pascas Family Shelter may have up to 30 units to house 90 residents with meeting rooms, community play areas and have 5 or 6 counsellors.
- A full Pascas Family Shelter may have 100 units to house 300 residents with Pascas Crèche, Pascas Café, community meeting area and business facilities and have 15 Pascas Counsellors including administration. Counsellors being available to Pascas Café and for home visits.

Internal Displacement 5.2m COLOMBIA

Total Number of IDPs (i) (As of end of 2021)



Type of Displacement



What percentage of Colombians are in poverty? 38.30%

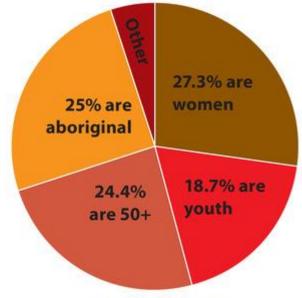
Colombia poverty rate for 2020 was 38.30%, an 8.9% increase from 2019. Colombia poverty rate for 2019 was 29.40%, a 1.2% increase from 2018. Colombia poverty rate for 2018 was 28.20%, a 0.1% increase from 2017.

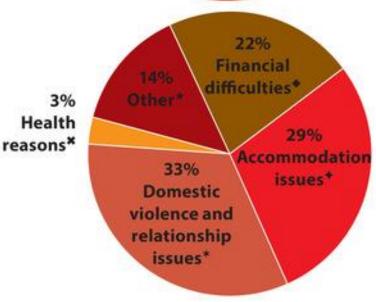
Colombians living on under US \$5.50 Per Day: 38.30% of the population of 51 million.

Who are the homeless?



Why are they homeless?





Women

Women fleeing violence, often accompanied by children, are a significant part of the 'hidden homeless', often moving between home, shelters and friends or relatives.

- 40-50% of homeless people are women and nearly 60% of people seeking specialist homelessness services are female.
- More than 90% of homeless women have suffered physical or sexual abuse; escaping that abuse is a leading cause of their homelessness.
- Homeless women between 18-44 are 10 times more likely to die prematurely than women the same age in the general population.

Shelter saves money

- In Canada, every US\$10 spent on housing and support for the chronically homeless results in US\$21.72 in savings on healthcare, social supports, housing and the criminal justice system.
- An Australian study found that preventing young people from becoming homeless by strengthening school and youth services at a community level could save US\$626 million a year.
- The Central Florida Commission on Homelessness found the state spends \$31,000 a year on each chronically homeless person. The cost of providing each of them with permanent housing, job training and healthcare was US\$10,000 a year.

COMMERCIAL IN CONFIDENCE

We've been addressing housing poverty in Colombia by enabling vulnerable communities to gain access to safe, decent housing.

https://www.habitatforhumanity.org.uk/country/colombia/



Habitat This is fulfilled through holistic programmes for neighbourhood improvement and home improvement in slums and other poor settlements.

Due to the five-decades-long armed conflict since 1964, Colombia was long seen as the country suffering the highest numbers of internally displaced people. Since the government started collecting data in 1985, this reached more than 8 million, or 16% of the population being temporarily or permanently homeless according to Human Rights Watch 2022.





Inequalities

In recent years, the economic growth of Colombia has placed the country among the world's "emerging economies," but nearly 34% of the population still live in poor conditions (DANE, 2005).

Colombia is also the world's seventh most inequitable country (Banco Mundial, 2012).

Slums

Colombia has been experiencing violent internal conflicts for more than 50 years. Since 1985, 5.9 million Colombians have been violently displaced as a result of this conflict (CODHES, 2014).

In search of safety and a better future, the displaced population migrates to urban areas, and informal settlements proliferate on the cities' peripheries.

Homelesness

As a result, 3.8 million households, nearly 30% of all families in Colombia, do not have adequate homes (according to Ministry of Housing estimates from 2013), and 662,146 families are homeless, or 5% of the popularion.

Characteristics of Colombian slums

Challenges posed by the informal settlements include:

- Lack of secure land tenure (homes built on land they don't own)
- Lack of access to basic services
- Poor structural quality
- Low accessibility to resources for the progressive construction of a house
- Very limited access to education, social and health services as well as employment possibilities.

We enable holistic slum improvement projects led by the communities, with the active participation of public and private partners, donors and volunteers.

The goal is to reduce the qualitative housing deficit in urban zones by 10% by 2018. This is performed through strategies at the community, sectoral and societal levels.

Habitat for Humanity Great Britain +01753313539 11 St Laurence Way, Slough, Berks, SL1 2EA

Level 9/80 Mount St, North Sydney NSW 2060 (02) 9919 7000 Email: info@habitat.org.au/wp-content/uploads/2021/11/Habitat-for-Humanity-Strategic-Plan-2021-2.pdf

Child Abuse

https://www.cdc.gov/violenceprevention/childabuseandneglect/fastfact.html

What are child abuse and neglect?

Child abuse and neglect are serious public health problems and adverse childhood experiences (ACEs). They can have long-term impacts on health, opportunity, and wellbeing. This issue includes all types of abuse and neglect of a child under the age of 18 by a parent, caregiver, or another person in a custodial role (such as a religious leader, a coach, a teacher) that results in harm, the potential for harm, or threat of harm to a child. There are four common types of abuse and neglect:

- **Physical abuse** is the intentional use of physical force that can result in physical injury. Examples include hitting, kicking, shaking, burning, or other shows of force against a child.
- **Sexual abuse** involves pressuring or forcing a child to engage in sexual acts. It includes behaviours such as fondling, penetration, and exposing a child to other sexual activities.
- **Emotional abuse** refers to behaviours that harm a child's self-worth or emotional well-being. Examples include name-calling, shaming, rejecting, withholding love, and threatening.
- **Neglect** is the failure to meet a child's basic physical and emotional needs. These needs include housing, food, clothing, education, access to medical care, and having feelings validated and appropriately responded to.

How big is the problem?

Child abuse and neglect are common. At least 1 in 7 children have experience child abuse or neglect. This is likely an underestimate because many cases are unreported.



Children living in poverty experience more abuse and

neglect. Experiencing poverty can place a lot of stress on families, which may increase the risk for child abuse and neglect. Rates of child abuse and neglect are 5 times higher for children in families with low socioeconomic status.

Child maltreatment is costly. This economic burden rivals the cost of other high-profile public health problems, such as heart disease and diabetes.

What are the consequences?

Children who are abused and neglected may suffer immediate physical injuries such as cuts, bruises, or broken bones. They WILL also have emotional and psychological problems, such as anxiety or posttraumatic stress.

Over the long term, children who are abused or neglected are also at increased risk for experiencing future violence victimisation and perpetration, substance abuse, sexually transmitted infections, delayed brain development, lower educational attainment, and limited employment opportunities.

Chronic abuse may result in toxic stress, which can change brain development and increase the risk for problems like posttraumatic stress disorder and learning, attention, and memory difficulties.

How can we prevent child abuse and neglect?

Child abuse and neglect are preventable. Certain factors may increase or decrease the risk of perpetrating or experiencing child abuse and neglect. To prevent child abuse and neglect violence, we must understand and address the factors that put people at risk for or protect them from violence. Everyone benefits when children have safe, stable, nurturing relationships and environments. CDC developed Preventing Child Abuse & Neglect: to help communities use the best available evidence to prevent child abuse and neglect.

Different types of violence are connected and often share root causes. Child abuse and neglect are linked to other forms of violence through shared risk and protective factors. Addressing and preventing one form of violence may have an impact on preventing other forms of violence.



Strengthen economic supports to families

- Strengthening household financial security
- Family-friendly work policies



Change social norms to support parents and positive parenting

- Public engagement and enhancement campaigns
- Legislative approaches to reduce corporal punishment



Provide quality care and education early in life

- Preschool enrichment with family engagement
- Improved quality of child care through licensing and accreditation



Enhance parenting skills to promote healthy child development

- · Early childhood home visitation
- · Parenting skill and family relationship approaches



Intervene to lessen harms and prevent future risk

- Enhanced primary care
- Behavioral parent training programs
- Treatment to lessen harms of abuse and neglect exposure
- Treatment to prevent problem behavior and later involvement in violence

http://www.pascashealth.com/index.php/library.html

Library Download - Pascas Papers

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address. info@pascashealth.com

"The greatest gift you can give your child, is allowing it to be freely able to express itself, helping it to feel good about being able to say and express and communicate all it feels.

"THERE IS NOTHING BETTER FOR A CHILD TO FEEL THAN KNOWING ITS PARENTS COMPLETELY WANT IT TO BE EXACTLY HOW IT FEELS IT WANTS TO BE.

"To be completely unconditionally accepted for all that it is. Then it feels loved."

Mary Magdalene, 13 May 2003

Yes, this is Mary of Magdalene. She has only written through James Moncrief, whereas Jesus has only written through James Padgett, and now James Moncrief.

COLOMBIA POPULATION

2022

52 million.

The current population of the **Colombia** is **52,180,885** as of Thursday, 3 November 2022, based on Worldometer elaboration of the latest United Nations data.

Colombia: 80.8% of the population is **urban** (urban 42,000,000 people, rural **19.2%** being 10,000,000).

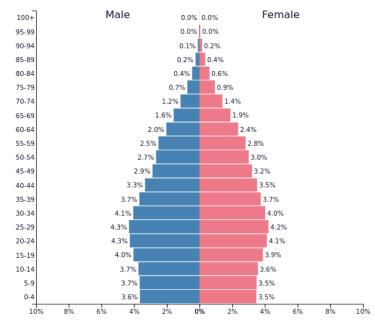
.

Colombia life expectancy: 77.46 years (2020)

Colombian men expect to live an average of 74.72 years, while women expect to live an average of 80.17 years, a five-year difference.

Colombia median age: 31.3 years





PopulationPyramid.net

Colombia - 2022 Population: **51,512,766**

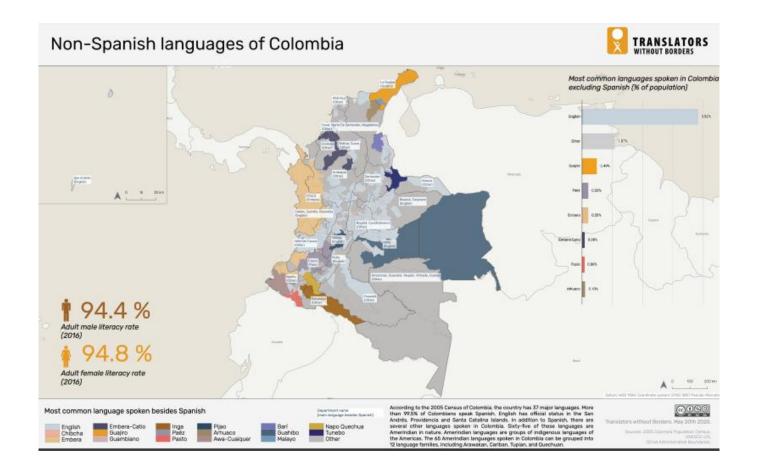
Colombia Population Forecast

Year	Population
2020	50,883,000
2025	52,007,000
2030	53,670,000
2035	54,550,000
2040	55,336,000
2045	55,800,000
2050	56,000,000



Languages of Colombia

According to the 2005 Census of Colombia, the country has 37 major languages. More than 99.5% of Colombians speak Spanish. English has official status in the San Andrés, Providencia and Santa Catalina Islands. In addition to Spanish, there are several other languages spoken in Colombia. Sixty-five of these languages are Amerindian in nature. Amerindian languages are groups of Indigenous languages of the Americas. The 65 Amerindian languages spoken in Colombia can be grouped into 12 language families, including Arawakan, Cariban, Tupian, and Quechuan.



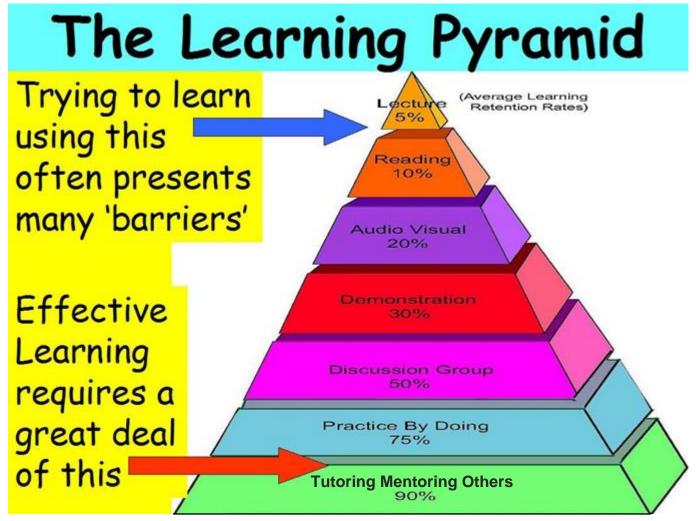
Colombia

EDUCATION INEQUALITY

and

INEFFECTUALNESS





100% retention is

Natural Self Epression

PISA 2018 worldwide ranking The Program for International Student Assessment (PISA) is a worldwide study by OECD in 78 nations of 15-year-old students' scholastic performance on mathematics, science and reading. average score of math, science and reading ♠ factsmaps.com Source: OECD, 2018-2019 above 500 450-500 below 450 Below 450 44. 45. 46. 47. 48. 49. 50. 51. 52. 53. 55. 56. 442.3 438.0 437.7 433.7 431.0 428.0 426.7 424.3 423.7 423.0 422.0 Cyprus Chile Un. Arab Emirates Malaysia Romania Bulgaria Moldova Uruguay Above 500 China (B-S-J-Z)* 1. 23.4.5.6.6.8. Singapore Macao Hong Kong Estonia Jordan Mexico 58. 59. 60. 61. 62. Costa Rica Qatar Thailand Japan South Korea Canada Colombia Kazakhstan Azerbaijan Bosnia and Herz. Taiwan Between 450-500 10. 11. 12. 13. 65. 66. 67. 68. 69. 70. 71. 72. 73. 74. 75. Peru Brazil 21. 22. 23. 24. 25. 26. 27. 28. 29. 30. 31. 32. 33. 34. 35. 36. 37. 38. 39. 40. Ireland North Macedonia United Kingdom Georgia Saudi Arabia Indonesia 15. 16. 17. 18. New Zealand Netherlands Sweden Denmark Germany Panama 20. Kosovo

PISA 2018 Worldwide Ranking - average score of mathematics, science and reading - click to enlarge

* Beijing, Shonghal, Jiangsu, Zhejiang



COMMERCIAL IN CONFIDENCE

Colombia's education reform reinforces school standards and participation rates

https://oxfordbusinessgroup.com/overview/change-agent-education-reform-looks-optimise-student-outcomes
The Report: Colombia 2019.

With the second-largest population in South America after Brazil, Colombia's responsibility to educate its population is of regional significance. In a bid to maintain competitiveness in the global economy, as well as close the sizeable access and attainment gap between rural and urban areas, the government has set ambitious targets and increased funding. Since the 2016 peace deal between the government and the FARC armed militant group, offering quality education to populations in former conflict zones is a key part of improving long-term economic prospects.

Enrolment & Attainment

Colombia's average adult literacy rate is 94.7%, slightly higher than that of Latin America and the Caribbean, which sits at 93.5%. According to the National Administrative Department of Statistics (DANE), in 2017 there were 10 million students enrolled in education, 0.3% less than in 2016. Of these, 9.9% were registered at the preschool level, 43.1% at the primary level, and 47.1% at the secondary and middle levels. Around 80.2% of these numbers are made up of students who are officially enrolled, with 19.8% unofficially enrolled, attending private institutions not included by the government system.

According to observers in the sector, these lower student numbers can be explained by declining birth rates, which have resulted in a demographic shift in the study body in the past decade. Sector players believe that people who have the means to fund education are having fewer children, resulting in a fall in student enrolment and a slowdown in the growth of educational institutions, particularly universities.

Public versus Private

According to DANE, in 2017 the division between students attending public, state-run schools versus private schools was 97.1% and 2.9%, respectively. Because private schools tend to be smaller, the nominal split in institutional terms is more even. There are 9,344 government-funded secondary schools in Colombia, compared to 4,079 private ones. Despite this split, there remains a significant difference in quality between them. Though former President Juan Manuel Santos had hoped to reduce the difference in education quality between public and private spheres, in the OECD's 2015 Programme for International Student Assessment score the gap was steady, at around 39%.

Research firm Sapiens publishes an annual ranking of Colombian schools by subject. The country has some 13,400 schools, with 840 ranked by the firm. Of these, 176 achieved top positions in at least one subject, and those who ranked in the top 100 were short-listed into a final list of 37. Of this shortlist, all were from the private sector, and 0.5% of public schools fit into the top category (A+). This seems to reinforce the narrative that high educational achievement is linked with economic privilege.

The government claims that policies such as the Jornada Única (Single Day) programme, which seeks to keep students in school for more time, have made some progress in reducing this divide. By underscoring the global correlation between educational achievement and time spent in classrooms, the programme

aims to better manage pupils' daily schedules, extending their school days in order to reduce exposure to unfavourable social risk factors.

Over 8 million students have participated since the programme was originally established. In Bogotá, by the beginning of 2018, 14% of students had benefitted from the programme, and this rose to 17% by the end of the year. It has already successfully improved a number of social indicators, such as levels of criminality, teenage pregnancies and illegal drug consumption, statistics which, in turn, have a great effect on educational achievement.

In terms of infrastructure, it is estimated that an additional COP7.1trn will be needed to close the existing gap between public and private school education. (COP5,000 + USD1)

Universities

The 2019 Times Higher Education rankings place three private Colombian universities in the global top 1000: Pontifical Javeriana University, University of the Andes and the Industrial University of Santander. Social class remains a significant determinant of whether or not a student attains a university education. Around 61% of the wealthiest Colombians go to university, whereas 25% of those with lower incomes do the same.

With declining enrolment rates in universities, largely due to shifting demographics, one way to maintain student numbers is to narrow the disparity between rich and poor by increasing penetration rates among less privileged populations. Sector players have suggested that one way to achieve this is to create an environment where students from lower-income families can seek a quality university education, through the establishment of subsidies or pre-financing initiatives. Some university officials have proposed the idea of a programme of means-tested, low-interest loans, similar to those found in the UK or Australia, as a way to boost student numbers and address inequality in higher education.

Funding issues at public universities emerged early on as problematic for the administration, despite being one of the top three areas of government spending. Student marches from 32 public universities in November 2018 caused widespread disruption for a number of weeks, leading President Iván Duque to dedicate an extra COP4.5trn (US\$1.5bn) to higher education over the course of his administration.

EdTech

As is the case throughout many sectors, technology is playing an increasingly important role in education. Colombia is positioning itself as both a regional and global player in the start-up culture (see ICT chapter). At the semi-finals of the 2018 Global EdTech Startup Awards, Colombian start-up BabySpark was named most promising Latin American start-up of 2018. The app is a mobile platform which allows parents to measure and analyse each stage of their child's development. Although more focused on early development than sustained educational attainment, the programme fits with the (Ministerio de Educación, Mineducación) sector plan that was established by the Ministry of Education.

Another Colombian edtech start-up platform, Tarefa, connects pupils with certified teachers for a range of learning needs with 24/7 live or pre-recorded online classes. On the supply side of the spectrum, AMIS provides feedback to schools on their educational models based on data analytics, while Arukay is a start-

up that focuses on computer programming for students, professionals and various educational establishments.

The number of programmes that become available are only relevant if the current high demand is sustained. These innovation-led efforts are a step in the right direction; however, the government and academia appear more focused on attending structural, financial and operational issues with the educational system. Edtech acts as a supporting element.

Structure and Oversight

Colombia's education is enshrined in its constitution, which stipulates that education is an individual's right, and that the state has a social obligation to provide, enforce and regulate education services to the highest possible standard. Mineducación, which oversees the sector, aims "to lead the formulation, implementation and evaluation of public education policies to close existing gaps in guaranteeing the right to education and the provision of quality services". The ministry is divided into two vice-ministries: the Vice-ministry of Preschool, Primary and Secondary Education, and the Vice-ministry of Higher Education.

The education system is grouped into five categories: early childhood education, preschool education for children under five, followed by five years of primary education and four of secondary. There are then two years of upper secondary schooling before moving on to higher education.

Goals and Initiatives

Education is a crucial element of the government's National Development Plan 2018-22 (Plan Nacional de Desarrollo, PND). Approximately COP216.5bn (US\$74m) will be allocated to the sector under the plan, and the objective is to have 60% of students attend higher education institutions by the end of 2022. The plan also includes 330,000 more beneficiaries from the Generación E (Generation E) programme, which provides underprivileged Colombians with access to higher education.

In addition, Mineducación has created its own sector-focused plan, the 2018-22 Education Sector Plan. Its objectives align closely with those of the broader PND; however, it goes further in addressing overall student well-being and infant education. With commitments to education from both the central government and the ministry, it is clear that the government is focused on better administering systems of learning, closing the income gap and improving higher education outcomes. This is likely to provide better economic opportunities for the population at large, boosting competitiveness across the board.

Best Educated Initiative

Part of the 2015-25 strategic framework from the government's La Mejor Educada (The Best Educated) initiative is aimed at positioning Colombia as the most educated country in Latin America by 2025. The plan involves consulting and working with parents, young people, teachers, the government and civil society to create equal opportunities, economic growth, social transformation and maintain peace. Despite COP37.5bn (US\$12.8m) of investment under the administration of President Santos, 80% more than the previous government, Colombia has improvements to make before reaching its goal of being the region's most educated nation.

In an interview with local media, Andreas Schleicher, director of education at the OECD, described Colombia's education system as too fragmented, atomised and localised. "Moreover, in a 2018 OECD report, it is noted that enrolment rates in rural areas are over 20% points lower than in urban areas, and that in OECD's assessment in 2015, rural students scored 38% lower than in urban areas," he said. However, he highlighted the importance of the General Participation System (Sistema General de Participaciones, SGP) and its role in helping rural communities receive government funding. The SGP is a mechanism by which central government funds are transferred to entities of all government levels in order to finance education institutions. Overall, Schleicher was positive about Colombia's progress implementing effective policies, calling the country one of the most quickly improving in terms of its educational achievement. "The country has been able to, with relative success, continue with the policies of its successors, which has allowed it to improve its educational system quality," he said.

Generación E

Generación E was announced in October 2018 and is intended to provide education to 336,000 students, with a total investment of US\$3.6bn. This replaced the previous administration's Ser Pilo Paga (It Pays to Be Smart) initiative. It was designed around three key pillars: first, to cover 100% of enrolment costs for students; second, to strengthen all 61 participating institutions with annual funding of COP223m (US\$76,300); and third, to be available to students with less privileged economic backgrounds who may not otherwise enrol.

Iberoamerican 2021

As Latin America slowly becomes more economically integrated, the need to boost regional prosperity is increasingly important. Various ministers of education from across Spanishand Portuguese-speaking Latin America have agreed on a series of goals for their countries in the hope of improving educational outcomes. These goals have been set for 2021 – the bicentenary of the independence of many countries in Latin America from Spain. The central objective is to improve quality of education, address poverty and inequality, and promote social inclusion. In addition, it has set 11 goals, ranging from universalising primary and secondary education and boosting tertiary education participation, to increasing collaboration between education and employment opportunities through technical and professional education.

Global Rankings

In the World Economic Forum's "Global Competitiveness Report 2018", Colombia ranked 60th out of 140 nations overall. In the skills index, however, it ranked 80th. Although this put it slightly higher than the Latin American average, the fact that Colombia's skills land it 20 places behind its overall competitiveness ranking implies that a lack of human capital development is inhibiting the country's economic dynamism. According to the World Bank, government expenditure on education was 4.4% of GDP in 2017, well on a par with the regional average. In addition, education accounts for about 15.2% of total government expenditure.

Closing the Gap

Although spending is in line with global and regional benchmarks, structural economic issues make it more challenging to match educational outcomes with higher expectations. A 2018 OECD report on

school funding points out that the country's inequality index, which is over twice as high as other OECD nations, is an indicator of the need to boost education attainment in poorer areas, particularly in rural regions. As part of the 2016 peace accord, the government promised to boost education in these zones, in the form of a special rural education plan. In an effort to boost teaching quality in these regions, the government has negotiated with the country's largest teacher union to establish more attractive conditions for teachers in remote and rural areas.

Job Market

According to Telefónica Foundation Colombia, almost two-thirds of the children who started middle school in 2018 will end up working in jobs that did not exist that year. In light of President Duque's push towards the so-called Orange Economy, which looks to double the GDP contribution of digital and creative industries within 10 years, the need to provide the population with the relevant skills to drive this forward has become more apparent. With the help of a new programme called Coding for Kids, the government aims to train 15,600 students in computer programming by the end of 2019. This programme will first train 260 public school teachers throughout the country, in a joint venture with Mineducación, the Ministry of Information and Communication Technology (Ministerio de Tecnologías de la Información y las Comunicaciones, MINTIC) and the British Council. MINTIC will invest COP2bn (US\$684,000) and the British Council is set to contribute COP835m (US\$286,000). The model is based on British Council initiatives, which are already active in 23 countries.

The training is expected to provide students with the relevant technical skills needed to help boost their chances of securing jobs in innovative industries, as well as provide Colombia with improved human resource capabilities. "Through this programme, the government is investing in training more young people in key skills," Sylvia Constaín, minister of ICT, told local press. "This will allow them to take advantage of the new opportunities offered by the Fourth Industrial Revolution, while also encouraging entrepreneurship and equality," she said.

Research and Development

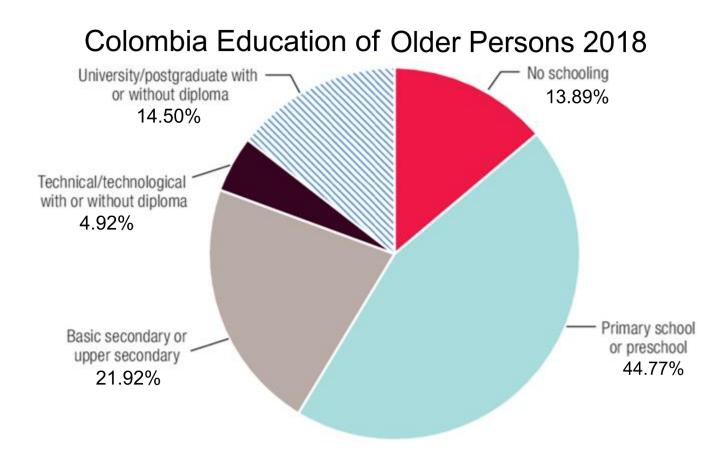
In an increasingly dynamic economy, the need for Colombia's higher education institutions to evolve their activities and become more focused on research and development (R&D) is increasingly evident. The government is pushing its own initiative, the Pact for Science, Technology and Innovation, as part of the PND. When the initiative launched in 2018, the government underscored the minimal ongoing collaboration between companies and universities. It also highlighted that only 2.5% of researchers work directly for companies, compared to the Latin American average of 22%. Colombia invests 0.7% of its GDP on science, technology and innovation, compared to the regional average of 1%. The government has set several goals for the public and private sectors to reach by 2022. These involve doubling investment in R&D to 1.5% of GDP, and doubling the number of agreements on technology transfer between universities and companies aided by the government's Administrative Department of Science. They also plan to measure the public sector's innovative capacity throughout the country.

Universities will experience the most significant change, particularly in their working relationships with private companies. Certainly, some leaders recognise that a shift towards firming up both R&D and evaluation practices has already begun. Although the quality of higher education has improved, some university officials believe that an increase in funding will be necessary in order for institutions to boost their educational prowess and undertake more R&D activities. At the same time, measures to evaluate efficiency and teaching standards will help to support the continued growth of the university segment.

Indeed, any shift towards a more R&D-focused approach will necessitate collaborative structures for both universities and private companies. The majority of R&D initiatives are led by private sector organisations, but there is still more that can be done to increase private sector participation in this area. Some sector players argue that local private firms tend not to see R&D as a priority and instead look upon it as a corporate social responsibility, whereas international firms are keen to bring their technology to Colombia. However, this trend may be shifting thanks to new the government's new initiatives to encourage private sector involvement.

Outlook

Colombia's education sector has a number of hurdles to overcome before it can reach its objective to permanently boost outcomes. First and foremost, the government's obligation to provide extra funding for the sector will need to remain sustained and highly targeted, to increase participation rates and close the divide between rural and urban areas. In addition, it is important for higher education establishments to identify and act on both private sector necessities and new trends. These changes will help to ensure that students are prepared for an increasingly dynamic and digitalised economy.



The Digital Gap and its Impact on Colombian Education during Covid-19

https://blogs.gwu.edu/ccas-panamericanos/2021/03/06/the-digital-gap-and-its-impact-on-colombian-education-during-covid-19/

Author GW Peace Studies
March 2021

Published on 6

The 21st century has been marked as the end of the Information Age and the beginning of the Experience Age where people across the world are intricately connected through a complex web of online networks. As of 2019, there were approximately 4.13 billion internet users worldwide of whom 34 million reside in Colombia, giving the impression that the internet is a widely accessible resource. However, when analysing accessibility, it is important to focus on what statisticians term 'internet penetration' which is the percentage of the population using the internet, rather than the total number of users. In the case of Colombia, the percentage of the population using the internet was about 64% by 2018. Although this number is increasing, this means that currently about 36% of the population does not have access to the internet.

Lack of internet accessibility has led to a new wave of problems during the Covid-19 pandemic, mainly concerning the question of how to continue children's and adults' education during a time where people are restricted from leaving their homes. Experts in urban development like Ignacio Alcalde, a senior expert for UN-Habitat, have raised a new question of whether affordable and reliable internet connection should be treated by governments as a basic human right that is comparable to water accessibility. Since internet accessibility has become such an integral part of the modern education system especially during the pandemic, it should be treated as a human right. Colombia suffers from a growing digital gap that threatens the education of impoverished children, women, and ex-combatants in different ways during the nationwide lockdowns, and generally. In order for Colombia to re-emerge from the pandemic, internet access must be given priority immediately. Every individual has the potential to not only benefit from the internet but to also be a part of the solution when it comes to solving other challenges Colombia faces.

The State of Colombia's Education System before Coronavirus Covid-19 pandemic

Even before the pandemic, Colombia was plagued with a myriad of challenges, including corruption, failure to implement the 2016 peace agreement, inequality and more. To solve each of these issues, it is paramount for people, especially children, to have a quality education that will equip them with the necessary knowledge and skills to combat these pressing issues that have persisted for decades. At an international conference in 2015, hosted by the University of Cambridge which focused on the Colombian peace process, former Colombian Senator and now Mayor of Bogotá Claudia López stated that "education won't stop a war, but it is crucial in building peace." She then emphasised how there were five million children under the age of five in Colombia of whom half came from the country's poorest families with many having no access to elementary school, describing the situation as an "education apartheid." The decades-long war in Colombia has had a significant negative impact on Colombian youth as between 1985-1999 approximately 1,100,000 children were displaced and suffered from long term psychological problems. By the start of the 21st century, 6,000 boys and girls were part of illegal armed groups on both the political left and the right, acting as spies, human shields, and soldiers. The destruction of the education system has long affected all children regardless of race, socioeconomic status, and gender, and has now led to adults, particularly women and ex-combatants, struggling to find educational or work opportunities during the pandemic.

The Colombian war alone cannot be blamed for the failing education system as the government has also long neglected providing public funding for schools in poorer, rural areas. Colombia is one of 37 countries in the Organization for Economic Co-Operation and Development (OECD), and the OECD conducted a study on education in 2018 that illustrated how the quality of the Colombian education system is inadequate and poor. For example the average Colombian student's knowledge in math and science remains significantly lower than the average among OECD students in general. More public funding has not been enough to resolve the issues of students dropping out of school and that 26% of Colombian principals believe that their schools do not have sufficient educational resources. On top of this, Colombia continues to struggle with high levels of teacher absenteeism and a limited pool of qualified educators. The issues in Colombia's already failing education system have now been exacerbated by Covid-19 as children do not even have access to this already underfunded system.

Impact of Coronavirus Covid-19 pandemic on Children

Throughout the past several months, Covid-19 has severely impacted education systems in countries across Latin America and the Caribbean, leaving millions of kids with no opportunities to continue learning and parents struggling to make ends meet. Lack of widespread internet access is a prevalent problem in Latin American and Caribbean countries where approximately 95% of enrolled children are now out of school which is equal to more than 154 million kids. Another consequence of being out of school is that now 80 million children in these regions are unable to access school meals, adding another layer of economic hardship to low-income families. Even after Covid-19 has passed, the long term psychological, physical, and social effects on children could be completely devastating to the future of these countries.

Among Latin American countries, Colombia had one of the longest lockdown periods that did not end until the start of September. There is a digital divide between rural and urban areas with the latter having a better internet infrastructure in place. But even within cities there are divisions between poor and rich sectors, as illustrated in the case of Luis Duarte, a street vendor who sells homemade masks in Bogota to sustain his family. He describes a common situation among Colombian families: "We don't have a computer at home... The only internet connection we get is on my smartphone, and that's only when I have data on it. My daughter is missing months of school." The World Bank released a world development report back in 2016 titled "Digital Dividends" that essentially focused on internet accessibility and how it should be treated as a public good regardless of socioeconomic status or regional location. Since this past May, the EU Commission for International Cooperation and Development has been working with the Colombian Ministry of National Education and NGOs to make education an accessible public good in specifically Arauca, La Guajira, Nariño, and Valle del Cauca. They created a program called Save the Children Colombia's Education in Emergency (EiE) that has been organising communication networks to create Temporary Learning Spaces or in other words virtual classrooms. So far, the program has provided 173 math and reading learning-books to children, 2,930 food kits, and "educational capsules" for 2,007 children. These educational capsules are essentially audio recordings sent to families through mediums like a community radio, WhatsApp, and loudspeakers. However, despite these achievements, the success of programs like EiE remain limited due to a continued lack of accessibility. For example, Martha Gracia, an information technology teacher in Arbelaez, said that her students are sent homework assignments through WhatsApp despite the fact that WhatsApp is only accessible to 30% of students in the town. Even though these programs have helped thousands of Colombian kids, there are still millions in the population that have yet to be reached, meaning that the government still has a long way to go in protecting their education.

For indigenous children specifically, the lack of education from the digital divide is even more prominent. On average, they have significantly less resources to sustain themselves during the pandemic. In 2010, the government hosted the First Continental Summit of Indigenous Communication in Cauca where over 200 Indigenous organisations across the Americas came together to discuss steps for establishing communication networks within indigenous communities such that they can be better connected with the world. Although the summit seemed promising, Colombia's indigenous communities still suffer from a lack of internet access, a lack of motivation within their communities to use the internet, as well as a lack of online material that is written in their native languages. Currently, the Wayuu tribe in the Guajira province relies heavily on tablets donated from the El Origen Foundation which is funded by the World Vision charity and the Colombian bank Banco W. Each tablet has an app called O-Lab that allows the children to continue their education in both Spanish and wayuunaiki, their native language. A major advantage of these tablets is that they have the capability of operating without the internet. However, similar to the EiE program, the El Origen Foundation struggles when it comes to providing enough tablets and reaching rural, isolated communities. Besides just education, the Colombian Constitutional Court had said in 2017 that the government had failed to provide the Wayuu tribe with health, food, and water services. The government then guaranteed the Wayuu tribe these services would come, but local authorities in La Guajira now say there will be delays until 2022.

Impact of Coronavirus Covid-19 pandemic on Women

In terms of gender, education also plays a fundamental role for women as it opens up opportunities and provides them with the necessary skills to achieve financial independence from their husbands or other male family members. Covid-19 has affected about 743 million female students worldwide as they either do not have access to the internet at all or rely on their male family members. Kalpana, a student trying to earn her undergraduate degree in India, said that she uses her husband's smartphone to attend classes which he has then used to monitor her life during the pandemic. According to Elina Lehtomäki, professor of global education at the University of Oulu in Finland, there are families where there are "three children, but only one device and the device goes to the son." The digital divide in combination with gender inequities put women at severe disadvantages in education and dangers regardless of socioeconomic status. It is even more concerning that there is not significant data on the impact of Covid-19 on the education of Colombian girls and women considering how recent studies emphasise the importance of women in the Colombian peace process. Following the National Summit of Women and Peace that was held to increase participation in the peace process, as of 2015, 20% of the government's negotiators and 43% of FARC's negotiators were women. They are currently holding pivotal positions in the peace process such as in the Office of the High Commissioner for Peace and the Gender Subcommission. Women have been invaluable in expanding the peace process to protect women and indigenous rights, negotiating local cease-fires, increasing accountability of ex-combatants, and garnering support for the deal.

Although specific data on female education in Colombia is limited, there is evidence of the digital divide damaging the well-being of women in terms of domestic violence. The patriarchal structure of Colombian society has been particularly damaging for women as the World Bank notes that calls for domestic violence have increased by 91% ever since lockdowns began. There has been a movement worldwide called #AntiDomesticViolenceDuringEpidemic that seeks to expand online services for women. The Colombian government has stated that they are trying to continue offering "virtual gender-based violence services" such as public hearings, legal assistance, and psychosocial assistance. The Vive Digital Plan between 2010-2014 implemented by the Ministry of Communication was designed to expand information and communications technologies (ICTs) access for everyone and indirectly create more virtual safe spaces for women. However, the plan still had limited success when it came to particularly

bringing ICT access to older and/or low-income women in rural areas, significantly reducing "the potential impact of ICTs on their work and educational and social opportunities."

Impact of Coronavirus Covid-19 pandemic on Ex-Combatants

Now turning to a smaller but still important demographic, Covid-19 poses a significant threat to excombatants who are struggling to get access to reintegration education and work opportunities from the 2016 peace deal. From 2017 to before the pandemic, Colombia was achieving substantial success through the implementation of 26 Territorial Areas for Training and Reintegration (TATR). These training zones were created as part of a program approved by the Colombian Ministry of Education called "Forging the Education" that was designed by the Norwegian Refugee Council (NRC), the National Open and Distance University (UNAD), and the Colombian Foundation of ex-combatants and Peace Promoters (FUCEPAZ). The goal of Forging the Education was to help ex-combatants reintegrate by providing them with a primary and secondary education. Throughout its creation, the program has affected the lives of 3,500 ex-combatants as well as the lives of 3,200 people who live in communities near the TATRs. Maria Muñoz, an ex-combatant who is pursuing a career in sewing and agriculture, stated that gaining a high school education was a "dream that [she] always wanted to come true."

Access to TARTs has been extremely limited due to the pandemic. Ex-combatants living within these areas have blocked off anyone on the outside from entering and restricted educational campaigns. Many reintegration training programs and work projects available inside TARTs have thus been moved to online platforms or eliminated entirely, making it unclear as to how many individuals are still enrolled. For example, Forging the Education program classes have been cancelled indefinitely and, as excombatant Jeiner Arrieta notes, "many projects are completely stopped." All agricultural projects have ended except for the World Food Program, and all tourism projects have been discontinued. During the pandemic, the government has struggled to expand outreach, broadcast the availability of reintegration training, and make work projects safely available since most programs are now online or unable to be completed in-person safely. The United Nations Security Council had a meeting concerning the 2016 peace agreement during April of 2020 where Carlos Ruiz Massieu, Secretary-General's Special Representative to Colombia, raised the concern of large numbers of ex-combatants living far away from training and reintegration areas with extremely limited clean water and sanitation.

Massieu called for members of the UN to provide assistance to Colombia's National Reintegration Council to increase the number of projects available to low-income ex-combatants in vulnerable areas without internet access. The representative of Saint Vincent and the Grenadines stated that combatants face "significant challenges in accessing education and training programmes." The representative of the Dominican Republic continued with how 9,500 ex-combatants currently live outside of TATR zones, fearing that they will not have access to opportunities to reintegrate into society and may instead return back to armed groups.

Possible Solutions

Although some of the solutions discussed in this essay struggled to provide resources on a nationwide scale, they have still been invaluable. Colombia can still benefit from instituting similar programs or by following what other countries have done to increase internet accessibility. The Brazilian city Recife's mayor recently pledged to invest in 2,500 smartphones that will be given out to children to continue their studies. Similarly, the Peruvian government has so far spent US\$165,000,000 towards buying 850,000 Wi-Fi tablets for children and is working with Telecom companies to expand the number of internet users. Medellin, Colombia has also taken a unique approach by investing millions into building

community libraries in poor neighbourhoods that offer free internet accessibility. It is clear that several countries and areas are increasing investments in internet access which is why the Colombian government as well as wealthy individuals throughout Colombia are pivotal in reconstructing the country.

In addressing the problems of lack of online material in native languages and internet access faced by indigenous groups, Indonesia created the Bacabal Wiki program in 2019 that was created by members of government in tandem with the community to improve literacy learning through BASAbali, an online dictionary tool for local languages. The organisers of the program have recognised that during the pandemic access to BASAbali is limited, so with the help of the government and teachers nationwide they are currently investing in "new superhero" books that "teach creative writing and encourage the joy of reading among children," focusing specifically on kids in impoverished areas. The Colombian government could take a similar approach as the Bacabal Wiki program to give native children the opportunity to learn in their native language considering how there are **102 indigenous groups across the country.**

The key to helping women is to increase the availability of virtual safe spaces to learn and be free from domestic-violence. The new arrival of 5G technology to Colombia could be the key for women to access online spaces. ICT Minister Karen Abudien stated that 5G has the capability of "generating new sources of social and economic development" as **34 million Colombians currently do not have the internet through mobile devices.** 5G makes the internet faster and more reliable while increasing the size and reach of wireless networks such that more people can access them from isolated areas. Thus, 5G could be the solution for creating a large complex network for women across the country to communicate with each other safely and get the help they need even if they are in rural areas.

For the many ex-combatants currently unable to continue their education or access work projects, a possible solution is to expand the "Obras Escuela" program to ex-combatants. Obras Escuela was implemented by the Antioquia regional branch of Camacol, a non-profit based in Colombia, with the purpose of increasing literacy learning at construction sites by offering classes at the workplace. The program has experienced difficulties during the pandemic as many of the workers are "digitally non-literate," making online teaching difficult to implement. Instead, to continue their education the program coordinators successfully organised telephone contacts between the workers and a team of teachers as well as employed a combination of informative videos and audio samples that can be viewed at home. The Obras Escuela not only promotes construction work opportunities—though admittedly these are currently limited by the pandemic—it also gives ex-combatants, who tend to be adults with poor education, the chance to develop the necessary basic literacy skills to effectively reintegrate into society.

Conclusion

In some ways, the pandemic can be seen in a positive light as it forces the issue of the digital gap into the forefront of the public eye. The digital divide existed before the pandemic and more Colombians are now witnessing the consequences of the government neglecting this problem as children, women, and excombatants are left helpless to the pandemic, uncertain of how to continue their education. It is important to recognise, however, that there is still time to resolve this issue if steps are taken accordingly. Education should not be treated as a political issue and involves the cooperation of every individual ranging from the political left, the political right, NGOs, and international institutions. Accessibility of education for individuals of all ages must be the priority because having a new well-educated generation is the key to solving the many other problems Colombia faces concerning the economy, corruption, peace agreement, and more. Internet access is inextricably tied to education which is why the internet must be perceived as a basic human right as it is central in protecting the future of Colombia.

info@lovebought.com P.O. Box 751113 Houston, TX 77275 832.418.0783 https://www.lovebought.com/ MIKE & LIDIETTE ROSAS

OUR GOAL

To change cities and affect nations by empowering their most valuable asset:

the orphan and poor.

Colombia

Colombia is a country which has been shattered by civil war for many years. Poverty is rife. Unemployment, a shortage of housing and a complete lack of social welfare threatens the very existence of much of the country's population. It is often the children who suffer most in this cycle of poverty and family disintegration. They are left to their own devices and sent out on to the street to work, beg and steal. Parents, struggling to survive themselves, often have very little interest in the fate of their children. The gamines, orphans and outcasts form street gangs to protect one another and counter their loneliness. They steal to survive, work as drug runners, take drugs themselves and sniff glue to mitigate the hunger, cold and misery.

In some areas these small thieves and their criminal activities drive customers away from local businesses. The disadvantaged traders created a solution that is almost unbelievable. They hired "death squads" to clean up the streets, and during the 1990s thousands of street children were just murdered.

In Bogota, Colombia, a nation of natural beauty and good people...their lies a breaking in the foundation of the country. It's most valuable asset, children, are being lost at a large rate to crime, drugs, violence and sex trafficking. Some of the most innocent, orphans, are growing up on the street, these children are known as "gamines", which is a more polite name. More frequently they are referred to as "desechables" or "the disposables".

There are countless children in orphanages who have lost parents due to civil conflict and HIV/AIDS. While others are abandoned due to extreme poverty, parental drug abuse or arrest. Still others are left without homes and parental care after serving time as child combatants.

Most of these children, sadly, have little hope for adoption because they are "older" (more than 6 years old). Making the problem more difficult is the stigma that Colombian society assigns to these children.

Orphans in Colombia are pushed out of the orphanages at age 18. Most leave without a high school education, unable to support themselves and with no caring adult to guide them.

Over the last fifty years, Colombia has been marked by an intractable and complex internal conflict that has consumed many lives and led to the displacement of millions of Colombians. The recurring patterns

of violence include murder, torture, kidnappings of civilians and forced displacement. Unequal land distribution has been one of the root causes of conflict and displacement in Colombia. The country continues to be immersed in an internal conflict that affects all sectors of society.

INEQUALITY BETWEEN RICH AND POOR IN COLOMBIA

The extent to which the phenomenon of internal displacement affects the Colombian people is unmatched in the Americas. Nearly 10% of the population has been forced to migrate within their own country. In 2010 alone, 280,000 people were newly displaced.

Internal displacement is one of the main reasons why poverty levels – particularly rural areas – have been consistently high.

According to the United Nations Development Program (UNDP), nearly half the Colombian population lives below the national poverty line. Furthermore, 35% of Colombians are forced to live on less than US2 dollars a day and around 16% eke out an existence in shacks. Living conditions in rural and urban areas of the country differ significantly: in rural areas, almost half the people lack access to drinking water and proper sanitation.

There is little access to medical services and education. Nearly one in five Colombians is chronically malnourished. Although Colombia has seen significant economic growth in recent years, the income and wealth distribution remains highly unequal.

COLOMBIAN CHILDREN at RISK due to VIOLENCE and POVERTY

Colombia's 18 million children make up for roughly 40% of the country's total population. The armed conflict doesn't exclude Colombia's most vulnerable sections of society: young children and adolescents. At present, around **11,000 child soldiers** are actively involved in Colombia's internal conflict. After being recruited, they frequently become victims of assassinations, land mines, mutilation, sexual abuse and kidnapping.

In Colombia, around 820,000 children under the age of seventeen are orphaned. Many of them grow up without a family. They are thus vulnerable to recruitment by sex traffickers or street-gangs in which drug abuse and high levels of violence rapidly become part of their everyday lives.

At present, orphans on the streets spend their days washing windshields at traffic lights, selling merchandise or collecting reusable items on waste dumps. Roughly 10% of all children aged 5-14 – particularly young boys – are engaged in different types of labour activities. Many of these young children are forced to work to earn money for an entire family. The majority of them do not go to school.

At 'World Without Orphans' we are pursuing a world where every child is cared for in a safe and loving family, and reaches their God-given potential.

https://worldwithoutorphans.org/

In 2019, the best estimates show there are from 2 to 8 million children living in orphanages around the world, more than 150 million children who have lost one or both parents, and more than 1 billion children who experience serious abuse each year.

Research shows that children best develop and thrive in safe, stable, and nurturing families, with the greatest opportunity to reach their full potential.

What began in Ukraine in 2010 as one nation's dream has gone on to become a global movement, with active initiatives currently in 38 countries, and 47 more nations with emerging WWO partners!

In _{India}, Anu Silas previously ran a children's home, but as she faced burnout and began to see there were ways she could help kids _{remain} in their families and never enter an orphanage to begin with, she changed her ministry strategy. Now Anu and her team at her local NGO work to _{prevent} family separation in their community in India by creating income-generating opportunities for poor families.

SOS Children's Village Cartagena

https://www.sos-usa.org/where-we-are/americas/colombia/cartagena

Cartagena de Indias is a beautiful colonial city in the Colombian Caribbean. However, this beauty is deeply contrasted by high levels of poverty that continue to affect many of its people. Tens of thousands of children who live in the city's suburbs face poverty, social exclusion and neglect. SOS Children's Villages supports children who lost parental care in Cartagena de Indias.

Widespread poverty against a backdrop of colonial splendour

Inauguration of SOS Children's Village Cartagena (photo: F. Espinoza)



Cartagena de Indias is a city with a population of around 900,000 located on the Caribbean Coast of Colombia. The capital of the "Bolívar" department is considered a major tourist attraction, mainly due to its nearby beaches and a very well-preserved colonial centre. Its charming colonial flair and the Caribbean beaches that attract hordes of tourists are contrasted by the crippling poverty that marks thousands of lives in the shanty towns around touristy "ciudad amurallada" ("walled city").

In fact, the Bolívar department is one of the most under pressured

in the country. It is estimated that roughly 500,000 people in and around Cartagena de Indias live in poverty. Economic inequality is very pronounced all over the country and particularly manifest in a city like Cartagena. Bad housing conditions, undernourishment and a lack of medical attention mark the daily lives of thousands of children.

Poverty and social exclusion often limit the parents' ability to care for and look after their children. As a result, family disintegration and child abandonment may seriously hamper a child's mental and physical development. The Bolívar department has also been a region profoundly affected by the internal war that continues to take a heavy toll on the Colombian people. An estimated 40,000 of all displaced people in the department of Bolívar are children younger than 14 years of age.



With millions of tourists flocking in, prostitution has also been on the rise in Cartagena. Although the Colombian government has started a number of initiatives to combat commercial sexual exploitation, the problem of sex tourism has become formidable in Cartagena. Unfortunately, it often involves very young children, mostly from under pressured, marginalised families. **It is estimated that roughly 1,500 children are involved in child prostitution in Cartagena.** Strolling down the colonial *avenidas*, one is permanently confronted with young children asking for money and food. For many of them, life in the streets is only bearable when they take drugs or inhale glue.

Supporting under pressured and marginalised families

SOS Children's Villages started its work in Cartagena against the background of a growing number of orphans and abandoned children in the region. With roughly 40% of the population living in poverty, SOS Children's Villages decided to become active. School enrolment is low here while illiteracy remains fairly high. In our SOS Children's Village, orphaned and neglected children from under pressured, marginalised families are able to grow up in a dignified, adequate environment. They receive an education, medical assistance and a lot of affection.



TRAFFICKING PROFILE - Colombia

https://www.state.gov/reports/2022-trafficking-in-persons-report/colombia/#:~:text=Colombian%20women%20and%20children%20are,trafficking%20within%20Colombia%20and%20Europe

As reported over the past five years, human traffickers exploit domestic and foreign victims in Colombia, and traffickers exploit victims from Colombia abroad. Traffickers exploit Colombian adults and children in sex trafficking and forced labour in Colombia and Latin America, Asia, and Europe. Traffickers exploit Colombians in Israel and the United Arab Emirates, mainly Dubai. According to a Colombian government agency, in 2019, nearly 55% of transnational trafficking cases with a Colombia nexus involved Colombian victims exploited in trafficking in Turkey. Traffickers lured victims with fraudulent employment opportunities later to exploit them in sex trafficking and forced labour. In 2019, 38% of victims in domestic trafficking cases were from Bogotá and Antioquia Department, and 44% of domestic cases were identified in Bogotá. Government reports released in 2019 indicate that since 2013 roughly 90% of victims identified in Colombia were adults. Groups at high risk for trafficking include displaced Venezuelans, LGBTQI+ individuals, Afro-Colombians, members of Indigenous communities, individuals with disabilities, internally displaced persons, and those living in areas where illegal armed groups and criminal organisations are active. An international NGO interviewed 2,216 Venezuelan migrants who arrived in Colombia between 2019 and 2021, of which 907 reported experiencing trafficking or exploitation—324 of those in 2021. Sex trafficking of Colombian women and children occurs within the country and around the world. Colombian women and children are victims of sex trafficking within Colombia in areas with tourism and large extractive industries. Transgender Colombians and Colombian men in commercial sex are vulnerable to sex trafficking within Colombia and Europe. Traffickers exploit Colombian nationals in forced labour, mainly in mining to extract coal, alluvial gold, and emeralds; agriculture in coffee harvesting and palm production; begging in urban areas; and domestic service. Traffickers exploit Colombian children working in the informal sector and street vending in forced labour. Illegal armed groups, particularly in the departments of Choco, Norte de Santander, Córdoba, Nariño, and Cauca, forcibly recruit children, including Venezuelan, indigenous, and Afro-Colombian youth, to serve as combatants and informants, to harvest illicit crops, and to exploit in sex trafficking. In 2021, JEP officials announced that between 1996 and 2016, 18,677 children were recruited and used by the FARC-EP for the armed conflict, with the majority of cases taking place between 1996 and 2016. Between 2017 and 2019, early alert systems identified 182 municipalities where children were vulnerable to forced recruitment by illegal armed groups. Several illegal armed groups, including ELN, Segunda Marquetalia, FARC-D, Clan del Golfo, are known to operate in areas where vulnerable people may be exploited through human trafficking and other illicit activities. Women, children, and adolescents who separate from the ranks of illegal armed groups are vulnerable to trafficking. Traffickers recruit vulnerable women and girls in dire economic circumstances, mostly Colombians and displaced Venezuelans, into "webcam modelling," a phenomenon that grew due to the pandemic. In some cases, traffickers drugged women and girls using fear and coercion through debt and extortion to force victims to perform live streaming sex acts. Government officials and civil society organisations have expressed concern about the burgeoning webcam industry and its ties to sex trafficking. Displaced Venezuelans, including women, children, transgender individuals, and undocumented migrants, were the most vulnerable to sex trafficking and forced labour. Traffickers target impoverished women and girls to exploit them in sex trafficking; this vulnerable population represented 80% of sex trafficking cases. In 2021, more than 130,000 migrants—mostly Haitians—transited the town of Necoclí intending to cross the Darién gap, many of whom were highly vulnerable to human trafficking. Youth living under poor social and economic conditions are at a high risk of human trafficking. The pandemic led to an economic contraction of 6.8%, creating hardships and likely increasing the vulnerability to trafficking of LGBTQI+ individuals, undocumented migrants, and Indigenous communities that relied on the informal sector.

Colombia's Silent Problem

https://childrenchangecolombia.org/child-sexual-exploitation-colombia/

We have identified the Commercial Sexual Exploitation of Children (CSEC) as one of the most pressing dangers facing vulnerable children throughout the country, particularly in Bogotá, Quibdó, and Cartagena

How many children are affected by sexual violence in Colombia?

The exact numbers surrounding the sexual exploitation of children in Colombia are unknown due to an enduring culture of silence but the figures estimated by the Colombian government are alarming:

- 200,000 children in Colombia are sexually abused each year.
- Over 35,000 children are involved in commercial sexual exploitation (CSEC) in Colombia annually.
- More than 13,000 people reported incidents of sexual violence between January and August of 2021.

Why has sexual violence against children worsened in recent years?

- The pandemic caused children to spend the majority of their time at home and online, resulting in a notable increase in domestic and online sexual abuse, specifically child pornography.
- Sexual exploitation and trauma is generational. Many children, grow up with family members that are engaged in sex work, thereby normalising it. And recent economic strains have led some desperate families to put their own children into sex work.
- Colombia has experienced an influx in Venezuelan migrants and sexual violence and exploitation, fuelled by xenophobia, towards migrant women and children has increased.
- Many children are silenced by their abusers and few abusers are brought to justice by the criminal justice system. It is estimated that between 2005 and 2018, only 6,000 out of more than 80,000 cases of sexual abuse against children ended in conviction.



We work with partners in Bogotá, Cartagena and Quibdó to prevent the sexual exploitation of children and young people

Combatting sexual exploitation in Bogotá's 'tolerance zone'

Our partner Asociación Cristiana de Jóvenes (ACJ) works in Bogotá combating child sexual exploitation at a youth centre in Santa Fe, in the middle of the 'tolerance zone', a particularly vulnerable zone where sex work, gangs and drugs are rife. In this youth

centre, ACJ runs recreational workshops for children and adolescents, as well as providing psychological support for them and their families. Through this they are able to learn about their rights and gain skills to protect themselves from exploitation. ACJ also helps sex workers and informal workers to find alternative employment routes which are better for their wellbeing.



Preventing sexual exploitation through music, dance and theatre

Our partner Círculo de Estudios (CDE) works to combat the commercial sexual exploitation of children in the regions of Cartagena and Quibdó. Workshops are run to teach young people about their rights and psychological support is provided to survivors and their families. The children learn how to overcome the trauma they suffer as a result of their experiences, and how to protect themselves from future violence.

Much of our work with our partner Circulo de Estudios (in Quibdó and Cartagena) centres around music, theatre and dance workshops. These art forms enable young people to express themselves, and at the same time reclaim ownership of their bodies in a positive way, as vessels for beauty rather than of exploitation and pain.

Furthermore, it is one of the only opportunities they have to play and behave as children, in a community

where they are more likely to be valued as a means of bringing in more income for their family or for carrying out tasks for an armed group.

All these things help the recovery process, helping to shape brighter, healthier futures.



40% of Young People in Colombia Have Experienced Abuse:

https://www.telesurenglish.net/news/40-of-Young-People-in-Colombia-Have-Experienced-Abuse-Report-20190723-0005.html

23 July 2019

Colombia faces a number of issues in child welfare, abuse and malnutrition are among the most urgent.

A report released Monday by the Colombian Ministry of Health showed that around 42% of young people have experienced some form of abuse while revealing shocking rates of domestic violence and sexual abuse.

The study showed that around a third of young people in Colombia have suffered violence at home, with a third also witnessing domestic violence. Another 15% say they have suffered psychological abuse at home.

The figures on sexual violence were also very high, 15% of girls and 7% of boys reported being a victim of sexual violence, with 72% of sexual abuse incidents happening at home. An alarming figure in the report, that reveals the severity of these statistics, is that every 20 minutes a child in Colombia suffers sexual abuse.

Ivan Dario Gonzalez, the deputy health minister, outlined the consequences of the abuse detailed in the report, saying, "Stress, self-harm behaviours and suicidal ideas are common in victims of this type of violence. In the same way, the survey indicates that there is a high problem of alcohol, both among adults and minors."

The report also reveals how Colombia faces a number of issues in child welfare. **One in 10** children suffer chronic malnutrition and **25**% have anaemia.

The issue of child abuse is also part of the wider problem of violence in Colombia. A recent U.N. report showed that the country has one of the highest homicide rates in the region, at around 30 murders per 100,000 people, whereas others, such as Bolivia, Peru and Nicaragua scored below 10.

It takes a village to raise a child.



Colombia: Impact of the armed conflict on children and youth (31 March 2022)

https://reliefweb.int/report/colombia/colombia-impact-armed-conflict-children-and-youth-31-march-2022

According to Colombia's Victims Unit, between 1985 and 2021, armed conflict in the country affected more than two million children and youth, including through displacement, confinement, recruitment, abuse, and sexual violence (COALICO 2021; UN SC 08/12/2021). Although violence decreased after the 2016 demobilisation of the Revolutionary Armed Forces of Colombia (FARCEP), attempts by other armed groups to take over the power vacuum in areas previously dominated by the FARC-EP has increased conflict levels. Between 2020 and 2021, there was an astounding 88% increase (from 12,481 to 23,465) in the number of conflict-affected children and youth (COALICO 2020 and 2021). Displacement impacted around 13,000 children among those affected by conflict in 2021 (OCHA 08/02/2022; COALICO 2021). The number of children and adolescents recruited into armed groups to bolster their ranks has also increased (InSight Crime 15/04/2021).

The clear increase in conflict in departments near the Pacific coast (Cauca, Chocó, Nariño, Valle del Cauca) and the border with Venezuela (Arauca, Norte de Santander, Vichada) has, in turn, increased cases of displacement and confinement. Between 1 January and 17 March 2022, the number of people affected by confinement and displacement doubled compared to the same period in 2021. The first two-and-a-half months of 2022 has seen 44% as many people affected as were in all of 2021 (OCHA accessed 17/03/2021). The number of children affected by conflict is highly likely to increase in 2022.

Key messages

- Armed conflict affects every aspect of the lives of children and youth, making it difficult for them to access education, health services, and livelihoods.
- Conflict exposes children and youth to possibly long-term or life-long physical and mental health impacts.
- Available figures on children and youth affected by armed conflict are likely underreported because of threats, fear of reprisals by armed groups, a lack of awareness of protection services, and long distances to urban centres to report cases.
- The recent increase of violence in Colombia will likely increase the number of children and youth affected.

Literacy, the Pathway to Sustainable Peace in Colombia

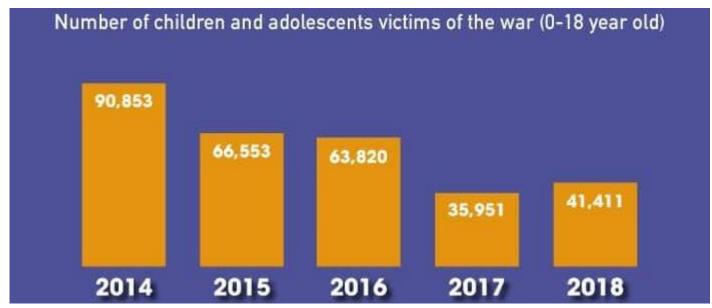
https://worldliteracyfoundation.org/literacy-and-peace-in-colombia/

31 May 2021

After 60 years of violent conflict, Colombia signed a peace deal with FARC in 2016. However, there are still marked differences between rural and urban areas that amplify the existing poverty and inequality issues of the country. Consequently, the process of building sustainable peace in Colombia has been undermined. It seems that we are missing something, and literacy could be the way to get back on track.

The impact of the Colombian conflict on children's education

In 2018, the government reported that 41,411 children and adolescents were victims of the war, being the rural children the most affected.



Source: Unidad de Víctimas de Colombia

The armed conflict in Colombia has impacted not only the economy, public infrastructure, and social cohesion, but it also has impacted children's education and development in different ways, including:

- **School dropout:** Students were displaced or recruited into armed groups or forced jobs to produce illegal drugs and illegal gold mining.
- Lack of teachers: Teachers were threatened, displaced or killed during the armed conflict.
- **Sexual and gender-based violence:** Most victims are female including an increasing number of girls between the ages of 10 and 14.
- **Poor schools' infrastructure:** Attacks by non-state armed groups using landmines and bombs have damaged the physical infrastructure of schools especially in rural areas.

The rural and urban divide



Colombia has made some progress in improving education for rural students but there is still a lot of work to be done to ensure children and young people have equal opportunities regardless of their geographic location.

- Poverty rate: In 2020, the <u>poverty rate increased</u> to 42,5%, but the poverty rate in rural regions is considerably higher. For instance, in La Guajira, the rate equals 66,3% and in Choco, it is 64.6%. Unfortunately, families living in poverty have fewer books at home and limited resources to support their children's education.
- School enrolment rate: Gaps in enrolment also persist between urban and rural areas. According to the World Bank, the school enrolment rate for 3 to 5-year-olds range from 80% or less in rural areas to over 90% in urban areas. For secondary school attendance, there is a 14% gap.
- Connectivity: Only 17% of the 2.4 million students in rural areas have access to the internet and computers.

Investment in education is crucial for peace in Colombia

Low literacy rates and poor education affect health, welfare, gender equality, social cohesion, and work opportunities, which can lead to increased rates of poverty and violence. Literacy development commences from an early age. Reading with children helps them to develop a solid literacy foundation, essential to excel in school and life. Unfortunately, many kids from disadvantaged backgrounds are not receiving the educational support they need, especially during school disruptions due to the Covid-19.

To close the gap between urban and rural areas and build sustainable peace in Colombia, we need to create an inclusive and equal education system. Since 2014, the <u>World Literacy Foundation</u> (WLF) is contributing to the solution. Through <u>Aprende Leyendo</u>, WLF has provided free books, literacy packs, and supportive reading groups to children living in poverty in Colombia.

Recently, the organisation launched <u>Dingo App</u>, an innovative EdTech solution to connect the unconnected students in rural communities where internet service is limited, and digital devices are scarce. Aprende Leyendo is expanding their services to new communities in Colombia to ensure every child acquire literacy skills from an early age to become active and positive actors that contribute to the building of sustainable peace for all. For more information, visit https://www.aprendeleyendo.com/

Colombia adult literacy 94.68%

According to our estimates 35,814,015 persons or **94.68**% of adult population (aged 15 years and above) in Colombia are able to read and write.

Literacy rate for adult male population is 94.58% (17,446,831 persons). 999,808 are illiterate. Literacy rate for adult female population is 94.77% (18,367,184 persons). 1,014,638 are illiterate.

Youth literacy rates are 98.23% and 99.1% for males and females accordingly. The overall youth literacy rate is 98.66%. Youth literacy rate definition covers the population between the ages of 15 to 24 years.

Colombia - Education at a Glance 2021: OECD Indicators

Ensuring equal opportunities for students across socio-economic backgrounds https://www.oecd-ilibrary.org/sites/d796f59e-en/index.html?itemId=/content/component/d796f59e-en/

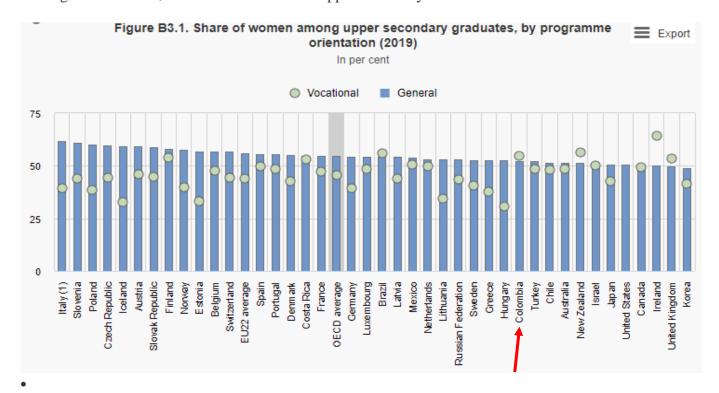
- Socio-economic status may significantly impact students' participation in education, particularly at levels of education that rely, in many countries, most heavily on private expenditure, such as early childhood education and care and tertiary education. In Colombia, private sources accounted for 27% of total expenditure in pre-primary institutions, higher than the OECD average of 17%. At tertiary level, 20% of expenditure comes from private sources in Colombia, compared to 30% on average across OECD countries.
- Across most OECD countries, socio-economic status influences learning outcomes more than gender and immigrant status. In Colombia, the proportion of children from the bottom quartile of the PISA index of economic, social and cultural status (ESCS) achieving at least PISA level 2 in reading in 2018 was 56% lower than that of children from the top ESCS quartile, a larger share than the OECD average of 29%.
- International student mobility at the tertiary level has risen steadily reaching about 5,200 students in Colombia and representing less than 1% of tertiary students in 2019. The largest share of foreign tertiary students studying in Colombia comes from Venezuela. Students from low and lower-middle income countries are generally less likely to study abroad. In 2019, they represented 29% of international students in OECD countries, compared to 6% in Colombia.
- Large differences in educational attainment may lead to starker earnings inequality in many countries. In Colombia, 37% of 25-64 year-old adults with below upper secondary attainment earned at or below half the median earnings in 2019, above the OECD average of 27%.

Gender inequalities in education and outcomes

- In Colombia, 2.8% of students in lower secondary and 1.5% in upper secondary initial education repeated a grade in 2019, compared to 1.9% and 3% respectively on average across OECD countries. Boys are more likely to repeat a grade at lower secondary initial education than girls. In Colombia, 60% of repeaters at lower secondary level were boys, lower than the OECD average of 61%. At upper secondary level, the share of boys repeating a grade in Colombia remains stable at 60%, compared to 57% on average across OECD countries.
- Men are more likely than women to pursue a vocational track at upper secondary level in most OECD countries. This is not the case in Colombia, where 45% of upper secondary vocational graduates in 2019 were men (compared to the OECD average of 55%). Women are generally more likely to graduate from upper secondary general programmes. This is also the case in Colombia, where women represent 52% of graduates from upper secondary general programmes, compared to 55% on average across OECD countries (Figure 1).
- Tertiary education has been expanding in the last decades, and, in 2020, 25-34 year-old women were more likely than men to achieve tertiary education in all OECD countries. In Colombia, 34% of 25-34 year-old women had a tertiary qualification in 2020 compared to 26% of their male peers, while on average across OECD countries the shares were 52% among young women and 39% among young men.
- Gender differences in the distribution of tertiary entrants across fields of study are significant. Women tend to be under-represented in certain fields of science, technology, engineering and mathematics (STEM) across most OECD countries. On average, 26% of new entrants in engineering, manufacturing and construction and 20% in information and communication technologies were women in 2019. In Colombia, women represented 31% of new entrants in engineering, manufacturing and construction programmes and 20% in information and communication technologies. In contrast, they

represented 62% of new entrants to the field of education, a sector traditionally dominated by women. In Colombia, men represent 41% of teachers across all levels of education, compared to 30% on average across OECD countries.

- Young women are less likely to be employed than young men, particularly those with lower levels of education. Only 37% of 25-34 year-old women with below upper secondary attainment were employed in 2020 compared to 82% of men in Colombia. This gender difference is larger than the average across OECD countries, where 43% of women and 69% of men with below upper secondary attainment are employed.
- In nearly all OECD countries and at all levels of educational attainment, 25-64 year-old women earn less than their male peers: their earnings correspond to 76%-78% of men's earnings on average across OECD countries. This proportion varies more across educational attainment levels within countries than on average across OECD countries. Compared to other education levels, women with tertiary education in Colombia have the lowest earnings relative to men with a similar education level, earning 80% as much, while those with below upper secondary education earn 87% as much.



1. Includes post-secondary non-tertiary level.

Countries are ranked in descending order of the share of women in general programmes. **Source**: OECD (2021). Table B3.1. See *Source* section for more information and Annex 3 for notes (https://www.oecd.org/education/education-at-a-glance/EAG2021 Annex3 ChapterB.pdf).

Education and migration background

• Foreign-born young adults (15-29 year-olds) are also more likely to be neither employed nor in education or training (NEET) than native-born young adults. On average across OECD countries, 18.8% of foreign-born and 13.7% of native-born adults are NEET. In Colombia, the difference is 7% points (36.7% compared to 29.3%).

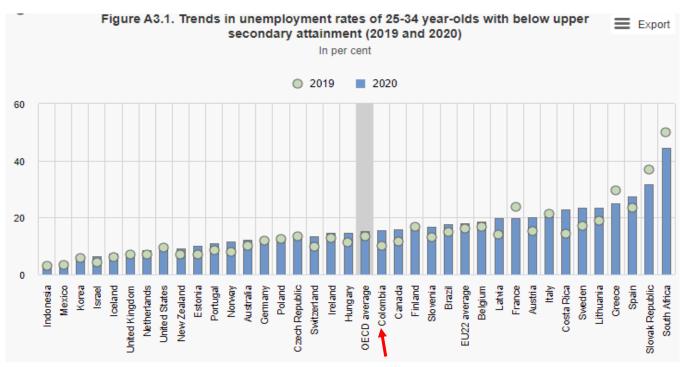
Cross-regional disparities in education

- Tertiary attainment may vary significantly within a country. In Colombia, the share of 25-64 year-old adults with tertiary education varies from 15% in the region of Nariño to 35% in the region of Bogotá Capital District, a similar regional variation as the average across OECD countries with available data.
- On average across OECD and partner countries with subnational data on labour-force status, there is more regional variation in employment rates among those with below upper secondary education (17% points) than for those with tertiary education (8% points). In Colombia, there is a difference of 25% points in the employment rate of adults with below upper secondary education between different regions of the country compared to 14% points for tertiary-educated adults.
- The proportion of young people who are NEET shows significant subnational as well as national variation across OECD and partner countries. In Colombia, the difference in the share of 18-24 year-old NEETs between regions with the highest and lowest value is 24% points, compared to 11% points on average across OECD countries.

Coronavirus Covid-19: 18 months into the pandemic

- The spread of COVID-19 has continued to impede access to in-person education in many countries around the world in 2021. By mid-May 2021, 37 OECD and partner countries had experienced periods of full school closure since the start of 2020.
- The number of instructional days when schools were fully closed since the start of 2020 due to the pandemic (excluding school holidays, public holidays and weekends) varies significantly between countries and increases with the level of education. Colombia is an exception. In Colombia, pre-primary schools were fully closed for an average of 152 days between 1 January 2020 and 20 May 2021. Meanwhile primary schools closed for 152 days, lower secondary for 152 days and upper secondary general schools for 152 days. In comparison, respective closures were 55, 78, 92 and 101 days on average across the OECD.
- In many countries, schools did not fully close but remained open with reduced capacity. Schools at upper secondary (general) level in Colombia for instance experienced 139 days of partial opening between January 2020 and May 2021, 65 of which occurred in 2020 and 74 in 2021. In total, this was higher than the number of days of partial opening in the OECD on average (57 days), where there were 27 days of partially open instruction in 2020, and 30 days in 2021. When adding both the number of days where schools were fully and partially closed, learning in upper secondary general education was disrupted by 291 days in Colombia between January 2020 and May 2021.
- The impact of COVID-19 and school closures on educational equity has been a concern for many countries. 30 out of the 36 OECD and partner countries surveyed, including Colombia, declared that additional measures were taken to support the education of children who might face additional barriers to learning during the pandemic. 22 of these countries, including Colombia, stated that they had subsidised devices for students to help them access education. Measures to encourage disadvantaged or vulnerable students to return to school after closures were also implemented in 29 OECD and partner countries, including in Colombia.
- Countries have faced difficult decisions on how to best manage their resources to ensure that students can continue to access quality education in the safest possible conditions and to minimise disruption to learning. Before the pandemic, total public expenditure on primary, secondary and post-secondary non-tertiary education in Colombia reached 3.2% of gross domestic product (GDP) in 2018, which was similar to the OECD average. About two-thirds of OECD and partner countries reported increases in the funding allocated to primary and secondary schools to help them cope with the crisis in

- 2020. Compared to the previous year, Colombia reported an increase in the fiscal year education budget for primary and lower secondary general education in both 2020 and 2021.
- 20 OECD and partner countries, including Colombia, stated that the allocation of additional public funds to support the educational response to the pandemic in primary and secondary schools was based on the number of students or classes. At the same time, 16 countries targeted additional funds at socioeconomically disadvantaged students as a way to ensure that resources targeted those that needed them the most, including in Colombia.
- Countries' approach to prioritise teachers in vaccination campaigns against COVID-19 has varied. In total, 19 OECD and partner countries, including Colombia, have prioritised teachers as part of the government's plans to vaccinate the population on a national level (as of 20 May 2021).
- The impact of the pandemic on the economy has raised concerns about the prospects of young adults, especially those leaving education earlier than others. In Colombia, the unemployment rate among 25-34 year-olds with below upper secondary attainment was 15.5% in 2020, an increase of 5% points from the previous year. In comparison, the average youth unemployment rate of 15.1% in 2020 across OECD countries represented an increase of 2% points from 2019 (Figure 2).
- Despite the impact of the crisis on employment, the share of NEETs among 18-24 year-olds did not greatly increase in most OECD and partner countries during the first year of the COVID-19 pandemic. On average, the share of 18-24 year-old NEETs in OECD countries rose from 14.4% in 2019 to 16.1% in 2020. In Colombia, the share of 18-24 year-old NEETs was 27.6% in 2019, which increased to 34.5% in 2020.



Countries are ranked in ascending order of the unemployment rate of 25-34 year-olds with below upper secondary attainment in 2020.

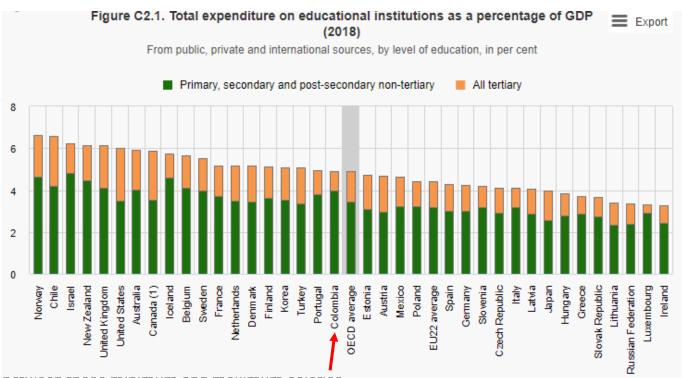
Source: OECD (2021), Table A3.3. See *Source* section for more information and Annex 3 for notes (https://www.oecd.org/education/education-at-a-glance/EAG2021_Annex3_ChapterA.pdf).

Investing in education

• Annual expenditure per student on educational institutions provides an indication of the investment countries make on each student. After accounting for public-to-private transfers, public

expenditure on primary to tertiary educational institutions per full-time student in Colombia was USD 2,425 in 2018 (in equivalent USD converted using PPPs for GDP) compared to USD 10,000 on average across OECD countries.

- The provision of education across public and private institutions influences the allocation of resources between levels of education and types of institution. In 2018, Colombia spent USD 3,219 per student at primary, secondary and post-secondary non-tertiary education, USD 7,235 lower than the OECD average of USD 10,454. At tertiary level, Colombia invested USD 2,863 per student, USD 14,202 less than the OECD average. Expenditure per student on public educational institutions is higher than on private institutions on average across OECD countries. This is also the case in Colombia, where total expenditure on primary to tertiary public institutions amounts to USD 3,193 per student, compared to USD 3,010 on private institutions.
- Between 2012 and 2018, expenditure per student from primary to tertiary education increased at an average annual growth rate of 1.6% across OECD countries. In Colombia, expenditure on educational institutions grew at an average annual rate of 0.3%, while the number of students fell on average by 0.1% per year over this period. This resulted in an average annual growth rate of 0.4% in expenditure per student over this period.
- The share of national wealth devoted to educational institutions is the same in Colombia as on average among OECD countries. In 2018, Colombia spent 4.9% of its GDP on primary to tertiary educational institutions, which is the same as the OECD average. Across levels of education, Colombia devoted a higher share of GDP than the OECD average at non-tertiary levels and a lower share at tertiary level (Figure 3).

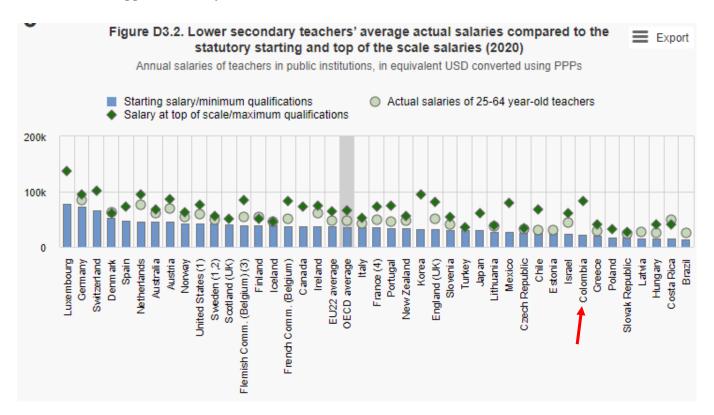


petween these minimum and maximum salaries.

• The average number of teaching hours per year required of a typical teacher in public educational institutions in OECD countries tends to decrease as the level of education increases: it ranged from 989 hours at pre-primary level (ISCED 02), to 791 hours at primary level, 723 hours at lower secondary level (general programmes) and 685 hours at upper secondary level (general programmes) in 2020. In Colombia, teachers teach 768 hours per year at pre-primary level, 960 hours per year at primary level,

845 hours at lower secondary level (general programmes) and 845 hours at upper secondary level (general programmes).

- During their working time, teachers also perform various tasks other than teaching itself such as lesson planning and preparation, marking students' work and communicating or co-operating with parents or guardians. At the lower secondary level, teachers in Colombia spend 49% of their statutory working time on teaching, compared to 44% on average among countries with available data.
- In primary and secondary education, about 35% of teachers are at least 50 years old on average across OECD countries and may reach retirement age in the next decade, while the size of the school-age population is projected to increase in some countries, putting many governments under pressure to recruit and train new teachers. In 2019, 41% of primary teachers in Colombia were at least 50 years old, which was higher than the OECD average of 33%. On average across OECD countries, the proportion of teachers aged at least 50 years old increases with higher levels of education taught, to 36% in lower secondary education and 40% in upper secondary education. In Colombia, this proportion reaches 40% at both lower and upper secondary levels.



Note: Actual salaries include bonuses and allowances.

- 1. Actual base salaries.
- 2. Salaries at the top of the scale and the minimum qualifications, instead of the maximum qualifications.
- 3. Salaries at the top of the scale and the most prevalent qualifications, instead of the maximum qualifications.
- 4. Includes the average of fixed bonuses for overtime hours.

Countries and economies are ranked in descending order of starting salaries for lower secondary teachers with the minimum qualifications.

Source: OECD (2021), Table D3.3 and Education at a Glance Database, http://stats.oecd.org. See *Source* section for more information and Annex 3 for notes (https://stats.oecd.org. ChapterD.pdf).

Migration of Nurses: A Latin American Perspective

https://ojin.nursingworld.org/table-of-contents/volume-13-2008/number-2-may-2008/latin-american-perspective/

Background

Unlike the United States, in Latin America registered nurses are no longer the largest part of the healthcare workforce. Latin American nursing is based on three levels of training: (a) **professional** / **registered**, (b) **technical**, and (c) **auxiliary**. Mexico is the country with the largest proportion of registered nurses (65.1%) while Uruguay has the lowest proportion (12.2%). In the Southern Cone (Brazil, Argentina, Chile, Uruguay, Paraguay) the proportion of nursing auxiliaries in the workforce varies from 62.3% in Argentina to 87.8% in Uruguay. In the Andean area, it ranges from 67.7% in Ecuador to 78.1% in Colombia. In Central America, the Latin Caribbean, and Mexico, nursing auxiliaries vary from 39.5% in Mexico to 82% in Guatemala. **These statistics indicate the extent to which nursing care is in the hands of auxiliary staff having only basic training, with professional ladders being used to increase the number of technical and professional nurses** (Malvarez, & Castrillon Agudelo, 2005).

The migration and resulting shortage is symptomatic of inadequate policies on recruitment

and retention of health workers

Nurses are critical to the success of most health systems. Therefore, the effect of the nursing shortage in combination with nurse migration on some developing countries is negative. The impact is especially severe in high-income, industrialised countries where the ratio of nurses to the population is almost eight times greater than in low-income countries. For example, the average ratio of nurses to the population in North America is 10 times that in South America (<u>Buchan & Calman, 2004</u>). Less developed countries are not only losing a scarce resource through migration, but also the investments that have been made in the education of each nurse, as well as the skills and commitment to the healthcare of a particular region. The migration and resulting shortage is symptomatic of inadequate policies on recruitment and retention of health workers (Zurn, Dolea, & Stilwell, 2005).

As the migration, mobility, and international recruitment of nurses has gained attention in recent years, so has the need for nursing research. Reports have frequently relied on anecdotal information and media news which consist of misleading or fragmented assessments of trends and implications. Nevertheless, research has continued to document that nursing care affects population health (Buchan, Parkin, & Sochalski, 2003).

However, Latin America has been overlooked in such research during a period of growing crisis in the provision of healthcare to its citizens. As nurses migrate from developing countries, hospitals are increasingly forced to reduce services, compromising both preventive and restorative healthcare. Consequently, the Human Resources Unit of the Pan American Health Organization recognised a need to examine the trends of cross-country mobility and the deeper workforce problems driving the nursing shortage in Latin America based on country-specific data. This article presents the outcomes of an exploratory meeting that identified: (a) the problems related to the nurse migration and nursing shortage of Latin America, and (b) the need for collaboration on a regional study focused on these critical issues.

Methods

To explore issues in need of further study, the Human Resources Unit of the Pan American Health Organization organised a meeting of nurse leaders to discuss preliminary areas of mutual concern. A

series of questions was developed prior to the meetings which focused on critical areas of interest. The Milagros Center of Excellence in Migrant Health participated in this initiative by helping to develop the questions, presenting an overview at the regional meeting in Lima, Peru (Siantz, 2004), and analysing the presentations of all participants. The following seven areas were identified for exploration (Siantz, Hertzberg, Malvarez, & Famer Rocha, 2006):

- Occurrence of migration of nurses in the Latin American countries
- Reasons for nurse migration
- Identification of organisations that keep track of the migration of nurses
- Recognition of public policies that affected nurse migration in Latin America
- Delineation of the most important information needed to understand migration
- Acknowledgment of the nursing shortage
- Consideration of the most important nursing problems

The distribution process, findings, and discussion of findings will be presented below.

A guide for presentation was mailed to each of the Deans of the Schools of Nursing and Regional Nursing Directors of the Pan American Health Regions. Each nurse leader was asked to report the findings of their countries at the IX Latin American Nursing Research Colloquium, in Lima, Peru (Siantz et al., 2006). Fifteen of the 19 Latin American countries participated in the study. Participants and non-participants are listed in Table 1. Participating countries included: Argentina, Bolivia, Brazil, Chile, Colombia, Dominican Republic, El Salvador, Ecuador, Guatemala, Honduras, Mexico, Panama, Peru, Uruguay, and Venezuela.

Findings

Migration was recognised as an emerging area in need of nursing research.

Migration was recognised as an emerging area in need of nursing research. The economic and social implications of migration were thought to be critical to any successful reorganisation of healthcare in Latin America. The need to systematically collect and communicate national and regional knowledge to understand why nurses migrate was identified. Reasons that drive migration, or push factors, were consistent. Low salaries, economic instability, poor quality of life, family needs, and limited opportunities for professional growth "pushed" nurses to leave their home countries. Higher salaries, opportunities for advancing education, and better living and working conditions were factors that "pulled" nurses to migrate to more developed countries. The growth of auxiliary and technical nurses, along with the shortage of registered nurses was an additional concern. The lack of public policies to support nursing and help to regulate migration was also identified as a problem and as an example of the lack of commitment to the nursing profession's role in population health. Table 2 summarises these findings.

Discussion

It was notable that nurses to date have not been included in the long-term planning for the

healthcare of the region.

The purpose of the investigation reported in this article was to explore preliminary issues of concern regarding the nursing shortage and nurse migration in Latin America. While responses were limited by the available databases which varied from country to country, this was a first attempt to gather regional

data. A consensus was reached on the need for more data, and further research on these issues and their impact on the healthcare of Latin America. It was notable that nurses had not been included in the long-term planning for the healthcare of the region.

The significance of this meeting was in the partnerships that were established among participating countries; the collaborative plans for future research, the mutual areas of concern that were identified, and the need for scientific evidence that could be used to develop public policies to support nurses, improve the nursing shortage, and strengthen healthcare for the region. The need to develop a study of nurse migration was agreed upon. It was recommended that future study consider Latin America within a global perspective and the economic implications of nurse migration for the short- and long-term planning for regional health. An area of additional concern included the evidence needed for policy development to support registered nurses in the region.

Addressing the Public Policy Challenge

[A] policy challenge that Latin American countries face is to identify ways to sustain their

nursing workforce...and to identify where the needed supply of nurses will originate...

The policy challenge that Latin American countries face is to identify ways to sustain their nursing workforce in the near and distant future and to identify where the needed supply of nurses will originate, as other researchers have articulated (Buchan & Sochalski, 2004). Factors that pull Latin American nurses into international migration can no longer be ignored, with public polices needed to address the growing nursing shortage and its impact on each nation's health. Economics, living and work environments, and overall quality of life must be considered as developed countries increasingly position themselves to offer such incentives. A scarce resource is becoming scarcer with a growing need to identify both national and regional policies that focus on improving working conditions and quality of life. Both are critical to the retention of current nurses as well as the recruitment and retention of the next generation.

The impact of the migration of professional talent on the country of origin is generally greater than its effect on the country of destination.

The effect of migration is greater on developing countries than...industrialized nations...

The effect of migration is greater on developing countries than it is on the industrialised nations where out-migration of professionals is largely compensated by in-migration of professionals from developing countries. While migrating nurses may be replaced in terms of numbers, they may not be replaced in terms of quality, especially in countries where auxiliary nurses are replacing registered nurses as in Latin American (Malvarez, & Castrillon Agudelo, 2005).

Planning for the efficient and effective delivery of healthcare in the 21st century has become a global challenge with key stakeholders struggling to maintain a workforce that meets the health needs of specific populations. In addition to addressing the balance of quality of care with cost efficiency (Buchan, 2006), policies will require timely, multilevel actions at the international, national, and local levels through public / private partnerships that include investments to strengthen relationships with education, health systems, and professional nursing organizations (WHO, 2004).

Developing the Database

A need exists for data to inform policy makers about the negative impact of the nursing shortage and nurse migration on the public health of Latin American countries. Dialogues and convergence strategies need to be established among policy makers; educators; health service researchers; leaders of nursing auxiliaries; technical and registered nurse organisations; and other key stakeholders to support needed research. Data are needed to identify the best way to plan for a workforce that will meet population health needs across the life span, as others have noted in the global arena (Malvarez & Castrillon Agudelo, 2005; O'Brien-Pallas, Duffield, Murphy, Birch, & Meyer, 2005). Without data that combines education, health systems, and public health data, countries will be challenged to understand the impact of nurse migration and to integrate this information into strategic, regional health planning. As Buchan and Sochalski (2004) have noted, strengthening available data, including its reliable collection, verification, and monitoring of trends, is important to the planning of all concerned at the national, state, and local levels.

Conclusion

Without data that combines education, health systems, and public health data, countries will

be challenged to understand the impact of nurse migration and to integrate this information

into strategic, regional health planning.

The negative impact on the health and well being of less developed countries through the migration of their professional nurses is a growing phenomenon. The scope of practice of the registered nurse, including the education that is needed, is not well understood. This preliminary exploratory meeting established consensus on the growing nurse migration in Latin America. A need exists for research that will establish a database to inform public policies that are needed to track and understand factors contributing to migration and to promote the recruitment and retention of professional nurses. It is clear that dialogues and convergence strategies will be needed at all levels for success. Better human resource planning and management strategies will help to recruit and retain the next generation of professional nurses. Healthcare is not provided in isolation. It has become a global challenge, requiring both human and non-human resources. Fully automated healthcare services are still a distant future (O'Brien-Pallas et al., 2005).

A Complete Guide to the Nursing Industry in Latin America https://eturbonews.com/a-complete-guide-to-the-nursing-industry-in-latin-america/

21 October 2019

Latin America has seen tremendous societal growth and development in the past 50 years, bringing entire industries and markets to the 20 economies and 12 dependencies which make up this diverse region. Nursing is one particular sector that has played in an important role in the advancement of medical care in this part of the world. Midwives are nurses who provide obstetric care to pregnant and nursing women. Thus, the fields of clinical nursing and midwifery are closely related and many professionals opt to become a certified nurse-midwife (CNM) to have the option of performing both duties. Unfortunately, conducting research into Latin America's nursing industry can lead you down a rabbit hole of official reports and studies with no clear direction or conclusion. In this simplified guide, we'll go over some of the most insightful stats and facts that describe the current state of the nursing and midwifery industries in Latin America:

Online Schools are Becoming More Popular for New Nurses and Midwives

As is evident by looking at any satellite map zoomed out, there are many vast rural areas in Latin America. Most of these towns and villages do not have any local universities or nursing degree programs. Of course, with about 30,000 new babies born in Latin America every day, the constant need for midwife training and education is also a factor. Most students who do not live near a university have no option but to attend an online midwifery school or nursing program to obtain the credentials needed to begin their careers.

There are More Than 1,200 Nursing Schools in Latin America

According to a report published by the World Health Organization (WHO), more than 1,280 schools of nursing have been identified throughout Latin America and the Caribbean. That might seem like a lot, but when you consider the fact the region has a total population of more than 630 million people as a whole, that means there's about one nursing school program per half a million people. These schools are also mostly concentrated in urban and metropolitan areas, and as a result much of the region does not have convenient access to local schooling.

Most of the Region is Facing a Nursing Shortage

While there are some countries in Latin America that actually have more nurses than needed, most are dealing with the opposite – a widespread shortage that is expected to last another 5-10 years. The aforementioned lack of accredited nursing schools in many places makes it unlikely for students in those areas to ever consider the possibility of becoming a nurse. Even in countries where education has been made available to citizens for free, there are still expenses and barriers to becoming a nurse or midwife.

Retiring Baby Boomers are Part of the Problem

When it comes to pinpointing a primary cause for the ongoing nursing shortage, the increased retiring of the baby boomer generation may be just as influential than the industry-wide gender disparity. This age group, which ranges from 55-75 years old, represents a growing portion of the nursing and midwife workforces in Latin America. As these individuals retire, a new wave of graduates is needed to replace them. The problem is, the training rates are not living up to the human resource needs in many areas. Also, even if you had an equal number of new graduates ready to fill the shoes of the retiring baby boomers, it can be difficult for them to get hired with no experience.

Nurse Migration is Another Issue

Many accredited nurses and midwives who live and work in Latin America have dreams of migrating to other more developed nations where they can earn higher salaries and benefit from stronger economies. This is an understandable aspiration to have as an individual, but on a larger scale it's bad for Latin American nursing because every year thousands of nurses choose to migrate, leaving even more gaps in already concerning shortages faced by countries like Chile and Bolivia. Sadly, there's really no way for these countries to provide an incentive for their most skilled and experienced workers to stay, so this will continue to be a factor.

Gender Disparity Follows a Global Trend

The nursing sector is largely occupied by women worldwide and this trend is also seen in Latin America, where an overwhelming majority of nurses are women. Despite the fact that Latin America is a melting pot of cultural tolerance, the world still hasn't been able to shake the societal stereotype that says men should be doctors and women should be nurses. Dispelling and moving beyond this archaic view would help to curb the severity of the global nursing shortage.

Key Nursing Stats for Peru

Fittingly, we'll begin our exploration into the relevant stats for each Latin American country with an overview of Peru's nursing industry. Many countries are facing nursing shortages, but Peru may actually be able to fill the gaps in this sector by as early as 2020. By then, an estimated 66% of midwives and 74% of nurses will be employed. There are about 23 medical staff per 10,000 population, making Peru one of the most well-staffed Latin American countries in the healthcare sector. However, the vast majority of Peruvian nurses and midwife graduates may have difficulty getting hired during the first two years of their career.

Key Nursing Stats for Colombia

In Colombia, there are only about 6 nurses per 10,000 people. Despite that figure, the country's average life expectancy is about 79. With an overall population of about 50 million, we can see that there are currently about 30,000 nurses employed in Columbia. The average salary for a nurse in Colombia is about 29,000,000 COP (USD5,800), which works out to about 14,000 COP (USD2.80) per hour. To put that into perspective, that's about \$3 USD per hour. Of course, with wages like those, it makes sense that Colombian nurses would have dreams of moving to a country where the hourly wage is 5x that amount.

Key Nursing Stats for Brazil

Brazil has about 4 nurses per 10,000 inhabitants – a very low number for this metric and one that indicates a clear shortage. With a total population of about 209 million, that means there are roughly 80,000 nurses working in Brazil right now. However, being that the country has a huge land mass with plenty of rural areas, there are many rural areas in Brazil where it's difficult or impossible to gain access to professional medical care or midwifery. Even in major cities like Rio de Janeiro there have been incidents where the country's health ministry needed to hire medical staff on an emergency basis due to funding crises that left hospitals and clinics short-staffed.

Key Nursing Stats for Argentina

With about 4 nurses per 1,000 people, Argentina has been included on the list of the top 30 countries with the worst nursing shortages. In a country of more than 44 million people, there are only about 18,000 nurses. It is interesting to note that this country is known to have a surplus supply of physicians, so there's a somewhat odd and unique shortage there in that the hospitals have more than enough doctors but not enough nurses. Interestingly, Argentina's nursing shortage is about twice as bad as it was two

decades ago, and many analysts suspect that the worsening is due primarily to immigration to other countries where skills earn higher salaries.

Bolivia, Chile, Ecuador, Guatemala, Mexico and Caribbean are also noted in similar fashion. Nursing Stats for Mexico

It wouldn't make sense to cover Latin America's nursing industry without discussing the current situation in Mexico. The country's government recently reported that another 255,000 nurses are needed in order to meet the World Health Organization's guidelines of having 6 nurses per 100,000 inhabitants. At the moment, Mexico only has about 4 nurses per 100,000, with a total of about a half a million nurses who service a population of more than 129 million. The areas with the worst nursing shortages in Mexico include Veracruz, Michoacan, Queratero, and Puebla.

Nursing Stats for the Caribbean

Finally, since the Caribbean and Latin America are typically bunched together into the same overall region, it's only right to discuss this area's stats as well. There are about 1.25 nurses per 1,000 inhabitants in the English-speaking Caribbean. That translates to about 8,000 nurses working in this region. As of 2006, the unmet demand for nurses in the Caribbean was 3,300. By 2025, that number is expected to reach 10,000. Every 5 years, roughly 2,000 nurses leave the Caribbean to migrate to higher-paying countries. This statistic highlights the common problem that many Latin American countries are having – the inability to keep their most valuable medical staff from migrating.

Why Students are Choosing Online Programs Over Offline Schools

By reading the above statistics and insights, you start to see a very clear picture of a region where pursuing a career as a nurse doesn't always seem like the most beneficial career option. Many students are opting for the online route because it gives them the ability to become accredited by a foreign university. Credentials offered by schools that are based in developed countries are generally preferred.

A degree from a US-based or European university may look better on a future job application than a nursing degree earned from a small or obscure university located in Central or South America. That factor alone often motivates ambitious students to pursue an education abroad or through an online distance learning institution. In closing, online degree programs seemingly offer more prestige than offline Latin American schools, which translates to more migration and career advancement opportunities.

How many teachers are needed?

In 2021, approximately 290,791 teachers employed in Colombia's basic education cycle were women. Meanwhile, nearly half of that number, approximately 150,563 were male teacher. Overall, there was a higher number of students enrolled in urban areas that year. Total number of employed teachers being 441,354.

https://wenr.wes.org/2020/06/education-in-colombia-2

While Colombia's overall education spending as a percentage of gross domestic product (GDP) has surpassed spending levels in other upper middle income countries in recent years, funding for higher education is low and fails to keep up with surging enrolments. In 2018, the budget deficit at public universities amounted to USD\$5.7 billion between operating and infrastructure expenses.

Higher education spending has been a source of conflict for years with recent neoliberal governments seeking to reduce the role of the state in higher education and to follow the Brazilian model of expanding access via private, for-profit education (currently banned in Colombia). Student organisations, on the other hand, are pushing for greater investment in public education. They warn of a loss of quality if for-profit education is allowed, and view privatisation as surrendering the state's responsibility to provide affordable education to its citizens.

Even though attempts by the Santos administration to allow private, for-profit education in Colombia were thwarted by opposition in the early 2010s, the government in recent years helped boost enrolments at private institutions with a program called Ser Pilo Paga—an initiative that, intentionally or not, funnelled more students into private institutions by subsidising top-performing students with loans and scholarships.

In 2018, the controversial program was eventually suspended when Colombia's students demonstrated en masse to compel the current right-wing president, Iván Duque Márquez, to increase spending for public higher education. The student demonstrations were followed in 2019 by the largest mass protests in decades. Hundreds of thousands of people from different walks of life took to the streets to demand better health care and pension benefits, less inequality and corruption, and the implementation of the peace agreement with the FARC, several parts of which the Duque government has rejected. It remains to be seen how the political situation in Colombia will evolve in the years ahead. According to opinion polls from June 2019, more than 80% of young Colombians between 18 and 24 disapproved of the Colombian president.

IN BRIEF: THE EDUCATION SYSTEM OF COLOMBIA

Modern education in Colombia was introduced by the Catholic Church during the era of Spanish colonialism. The first schools were set up in the 16th century to educate the children of the colonizers. This was followed by the establishment of Catholic seminaries and a few universities, including Saint Thomas University, Colombia's oldest university, which opened in Bogotá in 1580. Until independence in the early 19th century, the education system remained rigidly elitist.

After independence, the administration of the education system was increasingly taken over by the Colombian state, although the Catholic Church continued to strongly influence education intermittently under different governments well into the 20th century. In 1870, elementary education was made free and compulsory in public schools. However, efforts to increase participation were initially held back

COMMERCIAL IN CONFIDENCE

by the church, which opposed public education, and glacial progress in rural regions. As recently as 1970, "about 70% of rural school age children did not attend school. Nearly 77% of the rural schools had one classroom, and 80% of the rural schools had one teacher. Few students attended school for very long.... Facilities were poor—21% of the students lacked desks."

Secondary education, even more so, was mostly a privilege of urban households and did not become widespread nationally until the end of the last century, when the secondary GER jumped from 43% in 1981 to 74% in 1999—one of the fastest growth rates in Latin America.

As the number of secondary school students increased, the higher education system grew as well. The tertiary GER rose from a mere 5% in 1972 to 23% at the end of the century. At the same time, the system became increasingly diversified with a growing number of smaller demand-absorbing private institutions supplementing state universities, private Catholic universities, and other types of HEIs. More short-term programs in popular fields like business administration popped up alongside traditional degree programs in professional disciplines. Within just one decade, between 2001 and 2011, the number of higher education programs in Colombia surged, going from 3,600 to 6,276.

As a result of this swift massification, Colombia developed a heterogeneous higher education system marked by significant disparities in quality between selective top institutions and bottom-tier "garage universities." Another issue was that, despite these trade-offs in quality, bottlenecks remained in access to higher education. According to the OECD, the absorption rate of Colombian HEIs—defined as the total number of students admitted over the total number of students that apply—stood at only 55% in 2011. Despite a fast-growing tertiary GER, there are still many aspiring Colombians who remain locked out of the country's higher education system.

Administration of the Education System

Colombia is a decentralised but unitary state divided into 32 departments, which are further subdivided into 1,123 municipalities. The cities Bogotá, Barranquilla, Buenaventura, Cartagena and Santa Marta have special administrative status.

The Ministerio de Educación Nacional (MEN) in Bogotá sets overall education policy and school curricula, and monitors education quality. At the local level, administrative responsibilities are determined by a process of certification. All 32 departments and all municipalities of at least 100,000 inhabitants, as well as some smaller municipalities "judged to have sufficient technical, financial and administrative capacity" have been designated as "Certified Territorial Entities" (CTEs). These CTEs implement education policies and oversee public and private schools within their jurisdictions, including the autonomous management of funding and teaching staff. Non-certified municipalities, on the other hand, have less autonomy; they fall mostly under the purview of the departments.

In contrast to the decentralised school system, higher education in Colombia is centrally steered by the MEN, which licenses all HEIs, public or private, and provides quality assurance with the assistance of institutions like the Consejo Nacional de Acreditación (CNA) or the Comisión Nacional de Aseguramiento de la Calidad de la Educación Superior (CONACES). While universities generally have a relatively high degree of autonomy, all degree programs must meet certain minimum requirements and be registered and authorised by the MEN.

How many nurses are needed?

https://www.toprntobsn.com/countries-most-in-need-of-nurses/

Countries in Need of Nurses

The 30 countries most in need of nurses lack the resources to employ the number of nurses they need but also to educate them. One of the greatest dangers facing worldwide public health is the global nursing shortage that faces not only the Third World but many major world powers as well. Nurses are the first line of defence against widespread epidemics, and as the people who treat patients directly and daily, they are the most key components of any health care system. Throughout the world, the **World Health Organization is monitoring nations** where there are not enough nurses, and sponsoring programs to recruit and educate nurses who can work to improve quality of life through basic healthcare.

Solving the Global Nursing Shortage

Professional nurses are taught to pay attention to details, but at the same time not lose sight of the big picture. Nursing shortages are often only part of social and cultural struggle worldwide, related to poverty, political instability, repressive regimes, religious intolerance, and racism. As technology, science, social media, and world travel transform our world into an ever-smaller global village, conscious awareness of the day-to-day reality in unstable nations is crucial for global understanding at both a human and professional level.

In the US, they tend to think of nursing education as an opportunity for personal betterment, professionally and financially, but nursing education has a much wider impact. The choice of specialisation, for instance, is not just a matter of personal preference; it can be part of meeting a worldwide need. Some of the most crucial areas of specialty needed in the rest of the world are:

- Paediatric Nurses
- Nurse Midwives
- Rural Health Nurses
- Public Health Nurses

Even if one is not planning to dedicate their life to preserving health in some distant nation, there is much that can be done as a working nurse or nursing student. Every BSN program requires clinicals and nursing internships, and many programs include the opportunity to study abroad to meet those requirements. BSN is a **bachelor's degree of science in nursing** and is a four-year program for students who seek to become a registered nurse, or those who already are a registered nurse and have an associate degree in nursing. There are also numerous nursing scholarships that include global service.

Ranking Methodology

Countries are ordered from the highest shortage to the least. Finding statistics for a common year is a challenge, as is the reporting for nurses independently of other health workers, so sources for statistics may vary in their numbers. Because less developed countries have less recent data available, in order for commonality in reporting time to be relevant, the most recent WHO data is used regardless of year. Although those statistics in numbers may not reflect current reality, the trends are still valid. Countries reporting more than 23 health workers (doctors, midwives, and nurses) per 10,000 population are not listed. **World Health Organization** (WHO) considers that ratio is the minimal number required to provide 80% coverage of basic health needs. The absence of any country on the list does not imply that

they have obtained minimal coverage. As a point of comparison, even with nearly 100 nurses per 10,000 population, the United States continues to report a nursing shortage.

Statistics for Nurse/Population ratio come from the WHO Global Health Observatory Data Repository.

Colombia 17th

Nurses Per 1,000: 1.08

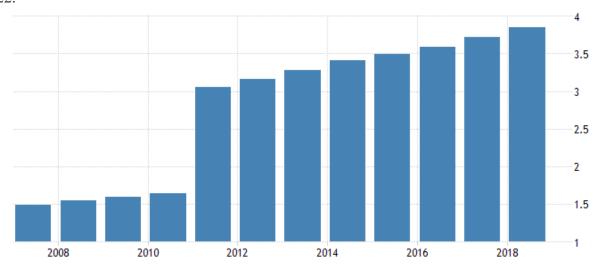


Located on the northwest "corner" of South America, adjacent to Panama in Central America, Colombia has a rich and also tragic history. For nearly 40 years a low-intensity internal conflict between the army and guerrilla forces, often considered to be related to illicit drug production, hampered growth and the well-being of Colombia's population. Colombia is marvellously diverse in many ways, which contributes to a growing economy as internal conflict lessens, and political stability improves. Goods and services, agriculture and mining do their part in stability as well. Although nearly 100% of Colombians speak Spanish, there are over 101 languages recognised within the country including 65 Amerindian languages.

As Colombia's economy has improved, health provision has been treated as a priority, and life expectancy reached 79 in 2012. This is amazing given that in 2000 the nurse / population ration was a meagre 5.5/10,000. The most recent figures show a slight increase to 6.6/10,000. Education is a high priority at all levels; literacy rate is over 98%. Preschool through university is also included, and total spending is over 15% of the gross national product. Because of the quality of health care and proximity to higher priced countries, health tourism also attracts business.

How many doctors are needed?

Physicians (per 1,000 people) in Colombia was reported at 3.8441 in 2018, according to the World Bank collection of development indicators, compiled from officially recognised sources. Colombia – Physicians – actual values, historical data, forecasts and projections were sourced from the World Bank on November of 2022.



Without Food and Medicine, No Option But to Leave

For years, tensions have simmered in Venezuela, forcing millions of people from their homes. Families leave to escape the violence and insecurity. They leave because it's hard to even access basics like food and medicine.

More than 4 million Venezuelans have fled their home country. According to UNHCR, this is the largest migratory flow ever recorded in Latin America.

Colombia has received the highest number of Venezuelan migrants — nearly 2 million people. The influx of migrants isn't likely to decrease in the near future. A lack of documentation and unaffordable services prevent many migrants from getting care. Because of this, emergency health centres are overrun. The demand for primary health services has completely overwhelmed the health system. Now, COVID-19 is making a bad situation worse.

This migration has dealt a massive blow to the health situation in Colombia. Cases of malnutrition and preventable diseases have surged, while maternal and neonatal health has plummeted.

Today, more than 1.4 million people in Colombia — both Venezuelan migrants and vulnerable local families — need immediate health assistance.

Connecting People to Life-saving Care

Medical Teams International are responding in a coastal region of Colombia with limited health care and an influx of Venezuelan migrants. Support will help train Venezuelan migrants as health workers. Such programs will provide crucial support to the local health system.

Volunteer health workers will be trained to reach out to their neighbours and promote healthy behaviours. After attending health education sessions, they'll return to their neighbourhoods to share what they've learned, creating a multiplying effect that benefits the whole community. They will monitor high-risk people, like pregnant women, children and the elderly. Volunteers will also provide referrals to subsidised care.

For migrants who have left everything behind – homes, family, jobs – such programs can also provide a sense of purpose. Many are educated and eager to put their skills to use but can't work in Colombia.

Community Health Workers are a vital and impactful way to send eyes and ears out into the local community and connect people with life-saving care.

Coronavirus Covid-19 Vaccinations

From Our World in Data · Last reported: 31 October 2022

Colombia

At least 1 dose **83.5**%

Fully vaccinated

71.7%

As of 3 November 2022, a total of 89,310,214 vaccine doses have been administered in Colombia.

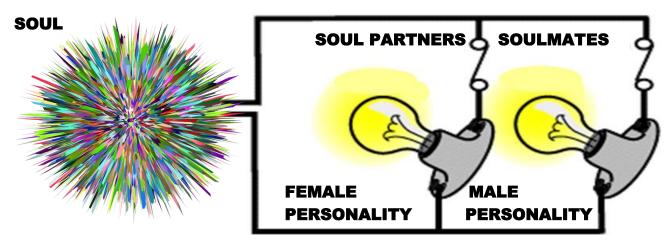
DRUG ADDICTIONS:

Kindly consider this report at the end of this document:

"The Healing Power of "Bello" - Beautiful"

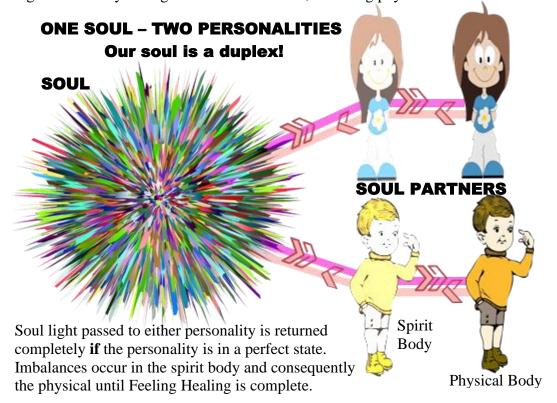
Health of all of Our Bodies

SOUL LIGHT emitted is to be BALANCED by the LIGHT RETURNED! Two separate personalities on parallel 'circuits' having the same soul. What impacts one personality does not impact the other personality.



The elephant in the room is our Childhood Suppression, from conception through to age six years. This impedes the circulating flow of soul light thus bringing about imbalances throughout our spirit and physical bodies. This manifests as discomfort, pain, illness and disease throughout our lives. All 10,000 identified diseases are of the consequence of Childhood Suppression in its numerous formats.

We are to express our feelings, both good and bad, to a companion who is open to hear what is coming to surface for us. We are to long to know the truth behind those feelings. What enters us emotionally is to be expressed emotionally. This is our Feeling Healing. This is the one and only pathway to bring about healing and harmony throughout all of our bodies, including physical.



NOTHING IS FORGOTTEN



The moment of our conception will ultimately be remembered as a most stressful and damaging experience. We are literally continuously fire hosed with our parents' emotional injuries and erroneous beliefs – and they do not even know we have arrived!



We, as parents, may tell ourselves that our children 'will get over it', 'they will forget about it!' That is a gross lie and

error – we each do not forget ANYTHING!

We are each to heal ourselves of the hurt and harm imposed upon us by expressing what we feel, both good and bad, and long to understand the truth behind what our feelings are drawing our attention to.



It is through these corruptions (errors of belief, emotional injuries, events that we have not been allowed to complete,

our will being imposed upon, controls imposed upon us by others trying to make us be who we are not, etc.) that our energy flows back to our soul are degraded and that ultimately damages our physical and spirit bodies bringing about discomfort, pain, illness and disease. It is the imbalance of the flow of energy from our soul and that which we return that is the underlying cause of all identified illnesses, maybe all 10,000 or more so far catalogued.

In our senior years, many of us are said to be losing our memory and awareness of what may



be unfolding around us. Nevertheless, we each will remember everything that is imposed upon us and what unfolds for us. This is recorded within our spirit body and soul's memory. Everything throughout every moment of our life is recorded, never to be lost.

It is only when we heal our erroneous beliefs and emotional injuries through our personal Feeling Healing that we will 'forget' the pain and suffering that we have had imposed upon us throughout our life, from conception to death, by those who sort to control us and impose their will upon each of us and our ongoing repression of our childhood suppression.

NOTHING IS EVER FORGOTTEN

COMMERCIAL IN CONFIDENCE

Beliefs suppress TRUTH

IDis-ease is of IDishammony with TIRUTH

Mental IIIness is of CHILDHOOD SUPPRESSION

Perceived level of truth MoC 1,000

FEELING HEALING
embraces the healing of both
Dishammony with TRUTH
and

CHILLIDIHIOOID STUIPPRIESSTON

and with Divine Love we are embracing our

SOUL HIEALING

The whole human race is suffering from repressed childhood and mind control.

At the moment just prior to conception, we are in a pristine condition, our soul is in a perfect natural love state and our now forming embryo is also in a perfect physical state. Conception takes place and the fire hosing of our parents' emotional injuries and erroneous beliefs begins unloading upon us. Incarnation takes place 16 days later when the foetus begins pumping blood.

By the time we are six years of age, just prior to the arrival of our Indwelling Spirit, our soul condition is reflecting the level at which our parents are at. If our parents' soul conditions are different, then we will be reflecting the level of one or the other parent. This is easily ascertained by using kinesiology muscle testing in the manner that Dr David R Hawkins has published, in conjunction with his Map of Consciousness (MoC).

This is how humanity remains stagnant for generation after generation. We become the level at which our parents are at and then we go on and do the same thing to our own children.

Suppression of our true personality throughout our early childhood forming years by our parents is possibly the greatest crime of all. We now can abandon this entrapment by Living Feelings First and then also embracing Feeling Healing, and in particular Soul Healing with Divine Love.

Presently, our life is one continuous suppression of our true personality by:

- 1. Our physical parents and carers throughout our early childhood.
- 2. Schooling, our teachers through pre-school, primary, high school and higher education.
- 3. Our spiritual and religious teachers of all denominations.
- 4. Our employers in all forms. None more severe than military service.
- 5. Our government at all levels; local, state and federal.

The people of the Colombia presently calibrate overall at **320** on Dr David R Hawkins' Map of Consciousness. While they continue in this manner, as they have done so in the past, this may remain their state for the coming centuries.

It is now possible to introduce a pathway to vibrancy, spontaneity and truth – this is the agenda herein!

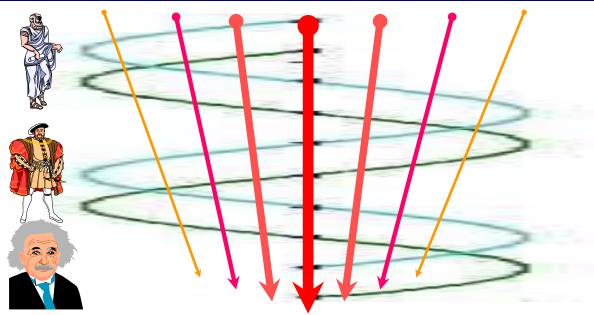
Colombia life expectancy: 77.46 years (2020)

Colombian men expect to live an average of 74.72 years, while women expect to live an average of 80.17 years, an eight-year difference.

Colombia median age: 31.3 years



OUR BLOCKED EMOTIONS FLOW DOWN FROM GENERATION to GENERATION:



Childhood illnesses, and illnesses of baby within the womb, stems from blocked emotions passed down from generation to generation, resulting in malfunctions in the foetus.

We are a product of all that has come before us.

Our own soul condition is reflected in our children.



To assist baby, as well as our self, work and pray to express our blocked emotions.

Clearing our negative emotions – Feeling Healing – grows our soul condition as well as that of our children.

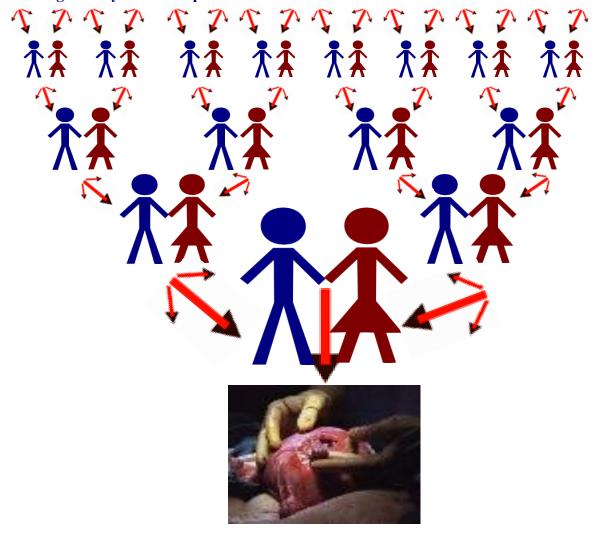
Baby's body, when conceived, is always perfect. Their soul condition is also perfect.

GENERATIONAL TRANSFER of EMOTIONAL BLOCKS and INJURY:

As children we are conceived taking on the denial of the seven Mansion Worlds which is passed onto us though our parents and carers. We absorb our parent's emotional injuries and their soul condition, which can typically reflect more of one or the other parent, however both parents input is of equal importance. As children we continue to mirror our parents' soul condition until we leave home. When we decide to heal our childhood suppression and ongoing repression, we then have to systematically work through all seven worlds of feeling-denial, healing all the unloving influences from our parents. This is doing our Feeling Healing.

In turn, we are a reflection of our parents' soul condition, and their parents' soul condition and so on back through the generations. We can break this cycle by working on our own soul condition, feeling our emotions and expressing our fears and blockages while seeking truth.

These emotional blockages and injuries frequently manifest in our children as illnesses, even before birth or shortly there after. It is the accumulation and combination of issues held by past generations that insidiously manifest as life threatening illness episodes within unborn and new born babies. Parents through their own healing can lift illness from their children! Thus, to assist our children, we must firstly resolve emotional issues within our selves. General emotional injuries or blockages manifest as various health issues. Thus, an illness episode or pain can be generally related to parents' emotional issues.



COMMERCIAL IN CONFIDENCE

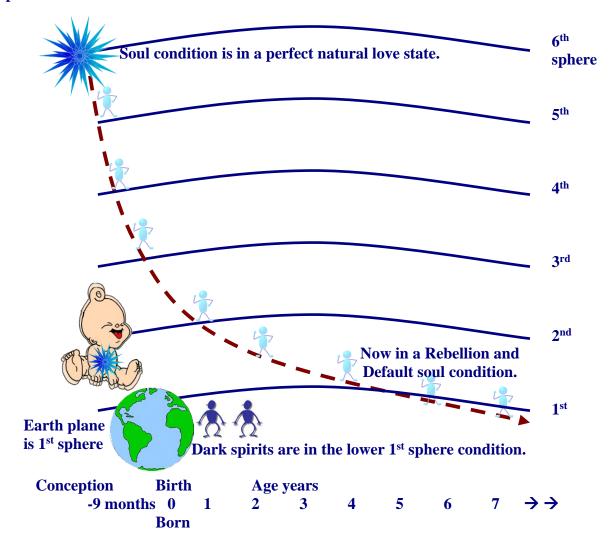
SOUL CONDITION of BABIES are SUPPRESSED to that of its PARENTS!

A newly incarnated soul is immediately being infused with the emotional injuries of those in its environment, that is, the damaging emotions and erroneous beliefs of its mother, its father and of those within its family environment.

This process continues until the child reaches around the age of six, then it tends to develop its own way from then on, however, closely aligning itself with a parent or both parents. Kinesiology testing of Map of Consciousness confirms this suppression progress. Conception can e likened to facing a water cannon for the child!

Poor condition spirits may have previously connected with a young child should the environment be conducive for such a relationship. However, on 22 March 2017, all such spirit connections became blocked. A spirit cannot harm another personality.

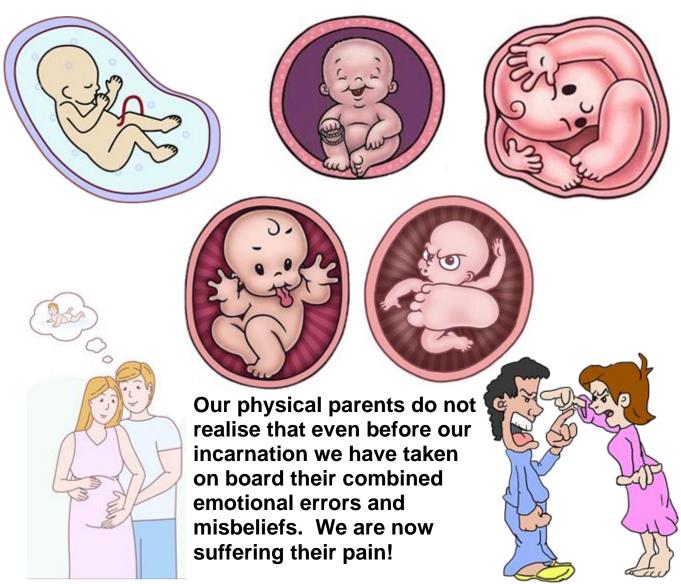
We, as parents, can work on our own soul condition, through feeling healing, which in turn benefits the baby. We can also ask and prompt spirits to seek help from brighter spirits from within their own environment.



OUR INDUCTION into PHYSICAL LIFE:

At our conception, we are welcomed by a relentless infusion of errors and injuries, unknowingly, carried by our parents and carers!





We are conceived perfect. Our childhood illnesses, deformities and personality distortions are all a cocktail of their injuries. The onslaught is so great that worldwide around 50 million miscarriages occur annually.

Only by embracing Feeling Healing will miscarriages, deformities, childhood illnesses and abortions abate worldwide – and then childhood delinquencies will also abate.

COMMERCIAL IN CONFIDENCE

WE ENDURE FOUR LAYERS of PERSONALITY SUPPRESSION!











Unknowingly, our parents pass onto their children (us) their beliefs and way of living that has evolved since the Rebellion, some 200,000 years ago, and then the Default, some 38,000 years ago. In this way, humanity is suppressing the female, rejecting our Spiritual Parents, namely Jesus and Mary, and denying our Heavenly Parents being our true Mother and Father, of Their truth, standing and existence.

The Rebellion is against love, the Default is all the difficulties we have in our relationships because of our rebellion. Healing the Default is becoming true, to ourselves and in our relationships, and ending our unlovingness – our rejection of love, so ending the Rebellion.

Nanna Beth 29 June 2017

We are souls, our personality is an expression of our soul. It is our free expression of our soul through our feelings that we are to embrace and follow. This expression may appear to be wilful in nature, from time to time, and consequently our parents' attempt to suppress this expression. They proceed to remodel us when as young children, in the manner their parents treated them and so on for many generations going back.

During our forming years, as a child, we are unable to recognise the suppression of our personality as being extra-ordinarily harmful to our soul based personality and, accordingly, we don't know that things can be any other way. Presently, neither do our parents.

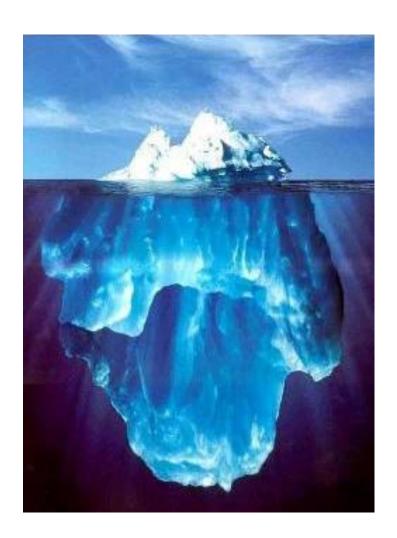
This childhood suppression way of living continues throughout our schooling years, thus we learn this is a way of life that is normal.

Our religions all have been formed based on the tenets of the Rebellion and Default. The teachers and leaders throughout all denominations take us further away from our suppressed feelings that have been hammered into us during our forming years, thus entrenching us further into rejecting our true selves.

The controlling and suppression mechanisms of our parents, educators and spiritual teachers all manifest throughout all of commerce. This control comes heavily and brutally down upon all levels of employment. The capability to express one's soul based attributes and gifts is sealed throughout all of one's working life.

A new way of living is to enable the liberation of one's true personality through the Feeling Healing process AND the transfer of authority to the individual via embracing freedom of expression.

If a girl spends only 2 years at school, she is likely to have more than 7 children. If she spends 6 years at school, she is likely to have around 4 children. If she spends 12 years at school then she will have only 2 children. World poverty is best averted by the tool of education in the first instance.



Symbolically, the iceberg is a good representation of the undiscovered potential in all of us.

COMMERCIAL IN CONFIDENCE

How many nurses are needed?

https://www.qualtrics.com/au/experience-management/industry/nursing-shortages/?rid=ip&prevsite=en&newsite=au&geo=AU&geomatch=au

The International Council of Nurses estimates there is a <u>current global shortage of 5.9 million</u> <u>nurses</u>, with the potential for the number to <u>rise to 13 million by 2030</u>. In the US alone, the Bureau of Labour Statistics expects to see nearly 200,000 vacancies for registered nurses each year as the industry faces mass resignation.

Why is there a nursing shortage?

The reasons for the nursing shortage are complex and multifaceted. In this post, we'll focus on 5 of the main factors affecting the nursing shortage:

- Lack of nursing education resources for training new nurses
- A record number of nurses getting ready to retire in the next decade
- Burnout and stress related to the pandemic and general working conditions
- Staff nurses transitioning to more lucrative travel nurse roles
- Nurses feel their jobs are changing rapidly and often for the worse

Lack of educational resources

Potential nurses run into roadblocks before they even enter the workforce. Schools are citing a lack of qualified nurse faculty and budget constraints as primary reasons for turning away aspiring nurses. In 2019, US nursing schools turned away over 80,000 qualified applicants due to nurse faculty shortages and insufficient resources.

The <u>American Nurses Association estimates</u> that more registered nursing jobs will be available in 2022 than any other profession in the United States. At this point, nursing schools are not keeping pace to meet the demand. That problem will only worsen in upcoming years as the nursing shortages intensify.

Additionally, schools do not seem to be preparing nurses properly for entry into the workforce, with some estimates reporting that between 30-57% of nurses quit their jobs within their first two years of employment. New nurses often cite workload, scheduling, and lack of resources to meet their patients' needs as reasons for leaving.

High turnover rates among new registered nurses, combined with a lack of resources for prospective nursing school enrolment, lead to the current situation where there are not nearly enough nurses entering the workforce.

Street Kids

https://allround.home.blog/2019/08/14/street-children-it-causes-and-solutions

The United Nations estimates there are **up to 150 million** street children in the world. No one knows the exact number because they are often unknown to social care and government organisations. Street children can have complex circumstances and are very vulnerable to exploitation and violence.

Hope for Colombia's lost children

https://www.aljazeera.com/news/2008/12/23/hope-for-colombias-lost-children#:~:text=It%20is%20estimated%20that%20about,armed%20groups%20operating%20in%20cities.

Homeless and deprived children face inequality and persecution in Colombia.

23 Dec 2008

A maze of dirty roads lined with windowless nightclubs, scores of prostitutes wearing neon-coloured tops and fishnet tights, and homeless men covered in thick, wool blankets scraping by – just off Bogota's notorious Avenue Caracas, another day has begun.



Stephania, 12, lives here with her mother, a prostitute. Their home is a former brothel, their bedroom is one quarter of an old bathroom, their bed takes the place of the ripped out bathtub.

Once a prosperous commercial area of Colombia's capital, the past two decades have seen the avenue fall into disrepair.

Victims of poverty and growing national inequality, Stephania and her mother migrated to the street from Medellin, Colombia's second city, for work. Stephania has never met her father, who is wanted by the police for murder.

Her mother has chronic depression. One day she treats Stephania kindly, on another she will beat her. What is regular is for her mother to arrive home and tell her daughter details of her work.

Little help

There are few people willing to help Stephania and the other children living on and around the streets of Colombia – they are a social group typically stigmatised, marginalised and at times persecuted.

But some non-governmental organisations (NGOs), such as Fundacion Ninos de los Andes and Fundacion Renacer in Bogota and Fundamor in the cities of Cali and Bogota, provide emergency care, meals, education, psychologists and counselling for between tens to hundreds of youngsters.

The Fundacion Ninos de los Andes patrols the area where Stephania lives to find vulnerable children and offer them day care and refuge at their centre off Avenue Caracas, itself one floor of a former bar and prostitutes' living quarters.

The organisation has four centres around the capital and one on its outskirts for children left on the streets, in danger or with a drug habit.

Without the centre, Stephania would be left alone during the day, or would stay with two other girls, both daughters of prostitutes.

Maryibe Jalero Cardona, a social worker at the centre, says that there are three main dangers for Stephania.

"The constant contact with prostitutes and their world means that daughters can think that it is normal and follow it," she says.



Police visit the centre on Avenue Caracas to make children aware of the region's dangers

"The room Stephania and her mother live in is rented by the night, so they could easily be chucked out if they don't pay. Stephania may think that she could work as a prostitute if they just need the money for one night's rent."

The second danger is that drug use is widespread in the area – whether cocaine, marijuana or ecstasy.

The third is abuse by any of the significant number of men trawling the streets for prostitutes day and night.

Sewer children

In the 1970s and 1980s, as Colombia's internal conflict raged, street children were often killed by paramilitary "death squads" and police officers acting as vigilantes. The children became known as "los desechables" (the disposables) – a name still used by some people today.

For protection, street children fled to live on ledges in the city's labyrinth of sewers. Here they risked drowning by flooding sewage, death from disease, or on a few occasions, incineration by petrol bombs thrown into the sewers by the "death squads".

Eventually, some individuals attempted to provide aid for the children. In 1973 Jaime Jaramillo, an oil executive from Bogota, started to wade through the sewers to rescue these children if they wanted assistance, acting despite the noxious conditions – often using scuba-diving gear with an oxygen supply.

He created the Fundation Ninos de los Andes in 1988, helping to remove all the children from the sewers. And in the 1990s, the government in turn began to prosecute police officers and death squads accused of killing street children.

Inequality

The Colombian economy has grown, expanding by 6.8% cent in 2006. This has benefitted the middle and upper classes, but poorer Colombians have seen little improvement in their living standards.

The Andean state is one of the most unequal nations in the world, with the richest 10% earning 30 times more than the poorest 40%.

Almost a quarter of Colombia's 12 million children between the ages of 5 and 17 do not attend school due to poverty, displacement and violence.

A Universidad Externado de Colombia study from 2007 said 35.4% of all children in Colombia did not live with their parents.

It is estimated that about 60,000 children live on Colombia's streets – 37% of them in Bogota.



The centres provide a place of refuge

Furthermore, those displaced are targeted by illegal armed groups operating in cities.

About 600 youngsters have been murdered in the slum areas of Ciudad Boliviar and Altos de Cazuca, on the fringes of Botoga, over the past five years.

About one-quarter of street children are assisted by public institutions or groups commissioned by the state. But those without assistance typically steal, scavenge or deliver drugs for dealers to survive.

Amanda Valdes, a co-ordinator at the ministry of social protection, said an institutional board has been set up to develop a national policy to define child rights and laws to guarantee them. "The policy is looking to defend the rights of the child to exist, to develop, to be citizens and to be protected," she says.

"There is no targeted policy for street children, only those for people living in poverty," but there are laws to protect children from labour, exploitation and sexual abuse, she said.

'High risk'

More help is needed in a country where a four-decade-old conflict between the government and left wing rebels has contributed to Colombia having the second highest number of displaced people in the world.

Robyn Braverman, the country director of Save the Children in Colombia, said: "It's almost like a forgotten sector of the population here ... and the level of inequality is dangerous. It foments the idea that if you are poor, you can't get ahead.

"Unfortunately because of the huge amount of government debt and military spending, you see very little going into social protection.

"The issue of citizen security is the biggest risk to these kids. There is no level of security. The issue of domestic violence is huge. Abuse by the regulatory armed forces, especially to girls, is skyrocketing."

Braverman says that the remobilisation of paramilitary forces in 2008 has led to the increase in exploitation of children, "through direct recruitment, using children as messengers, underage girls being used in some form of prostitution".

"So some of the basic rights of children are not being upheld, especially with regards to education, health and protection."

She says, however, that changing society's attitude to make children the subject of their own rights and to reduce their risks to hazards is a difficult task.

"It's a hard job ... actually going out and saying that you have a right to education, to your family. And they are taking a huge risk themselves, going out on to streets at any time to look for children."

Some children do make their way from the toil that besets their lives to mainstream society. For instance, the Fundacion Ninos de los Andes has helped children go into jobs in the oil industry and as weavers.

And children such as Stephania gain from them what society does not provide. As Marta Tovar, the foundation's social director, says: "One of the worst problems for these children is that there is a lack of hope."

CAUSES

According to Lugalla and Mbwambo, 1995; there are lots of causes for this problem, some are natural and others are man-made. Children have lost contact with their parents or families, which results in the loss of the children in the streets. Some children are the offspring of prostitutes. Some families reject their children if they are handicapped. Some 'respectable' parent disowns their own child because he/she is an outcome of an affair. In those causes the background is not allows poor. A multitude of factors contribute to the global rise of street children, push factors including: poverty, violence, neglect, abuse and peer pressure. Life on the streets opens up and exposes these children to a world of drug addiction, sexual abused and exploitation, labour exploitation, involvement in criminal activities, and violence by police and criminal gangs. Odds are stacked against them, they being exposed to the elements, having unreliable access to food, lack of education and medical treatment and care. Addiction, abuse and illness are high, as is vulnerability.

POSSIBLE SOLUTIONS

Street children problems

To reach out to the problems of the street children and to know how to help street children who are facing a number of problems including protection, shelter, limited access to food and the education, we may go to them directly to know the intensity of their problems. We may not be able to help them out from getting them out of all their problems, but perhaps we can solve some of them.

Public awareness

Many of the public do not even know about the street children. Awareness mean that the we can inform as more people as we can about the problems of the street children and what can we do to help street children. The increasing of the public awareness can be very helpful in this regard. We can start with people by telling the stories of different kinds of street children. By sharing the problems of the street children to those who even do not know about the problems faced by the street children and what can we do to help street children. For this, we need to go to door to door to make the people sure that they are ready to help out these children.

Developmental centres should be risen

Developmental places are the best organisations and the services for street children. If we want to help the street children, there is dire need to analyse the problems of these children and know the ways of how to help street children. Developmental centres help the street children on a large scale as they know more about their problems and know the better solutions to their problems. These developmental centres offer and provide the street children all the facilities that the common children enjoy at their homes. These centres never let the children feel that they are in a 'centre', not in their home. The goal of the development centres in how to help street children for street children are to make them ready to take part in all the healthy activities of life.

The role of schools

The role of education in how to help street children is always to create the big personalities for the country and the world. The schools can take these children to schools to decrease their number. But the schools can also prepare the children so that the children may not resort to the negative activities such as drug addiction, especially for street children. Schools can teach the children and help the child to become an engineer, a doctor, or a pilot as the others normal children. In this way, they can decrease the number of schools children if they recognize how to solve the problem of street children as well as their interest of the children to leave their houses and go to the streets.

Volunteers work for the street children

The public welfare free workers always exist to work in the favour for the street children as they are willing to know the problems and know the ways of how to solve the problem of street children. They work for the public free of cost; therefore, it is very advisable to get their services for the street children to decrease the number. The increase in the number of volunteers may be very helpful in decreasing the number of street children. To know the ways as to how to solve the problem of street children, we must know the problem they are facing.

Responses by governments

No doubt, some governments have held programs to tackle with street children, the general solution of how to solve the problem of street children placing the street children into juvenile homes, orphanages, or correctional institutions. Struggles have also been made by a number of governments to help or to support with semi-government services and the organisations.

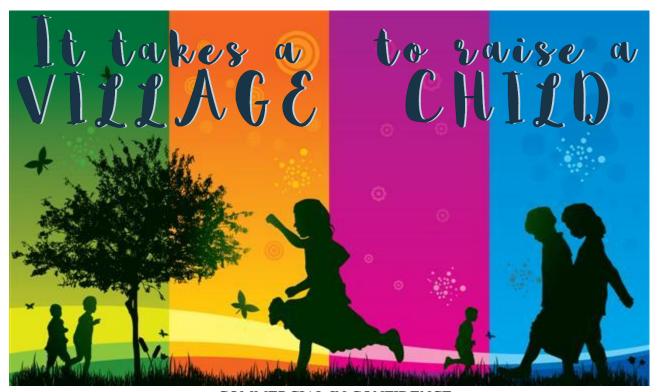
The general public, instead of the organisations and the institutions that care for street children, may also assist the street children and help the government to realise how to solve the problem of street children. The rehabilitation centres also play an important role in healing the street children and make them prepare to resort again to their home as the streets are not their home.

In conclusion, the street child phenomenon is an alarming and escalating worldwide problem. Street child issues has become a root problems to the society and the country at large. In this view, there is need to always see them as an important values and access of the future, they need to be taking care of, and it is noted that future research should **make free education to reach out for the educating the street children**. The various agents in the society such as; family, school, peer group and mass media, government, etc., should come together in one accord to curb the situation of street children eating deeper into society.

PASCAS FOUNDATION may consider:

- Each child is a lifelong engagement, certainly interaction is ongoing to age 28 years.
- The child is to be listened to, to be encouraged to 'talk it out', to express itself.
- Carers are to have long term association with the child as long as possible.
- Consideration of support in physical and financial ways is to be equally available to the carer(s) as well as the children.
- The child is a unique personality and it is that personality that is to be nurtured and allowed to bloom.
- We are not to impose our will upon the child, we are to allow the child to discover and teach us who they truly are.
- We are each on a never ending journey of learning and being educated mostly through our experiences.
- Thus, education opportunities are to be supported throughout each and every facet of the child's life.
- The comforts and conditions of lodgings for the child is to be representative of what we expect and embrace within our own homes. Lodgings are to be warm and secure with all the appropriate comforts that enable a child to experience and for them to express themselves as we would welcome.
- All that we would desire for ourselves is to be available for the children and their carers, with all the security and potentials that we embrace.
- Fresh is best home cooked meals are always the benchmark when it comes to our own nutrition.
- These hallmarks of support may be impossible to quantify as every child is different, every situation is different, every environment is different and the carers who bring their love, time, energy and support are as equally different. This is how it is within every family.

So, as institutions open to the possibilities of The New Way through engaging with Pascas Foundation then we will all discover what is required, what is involved and how this may unfold.



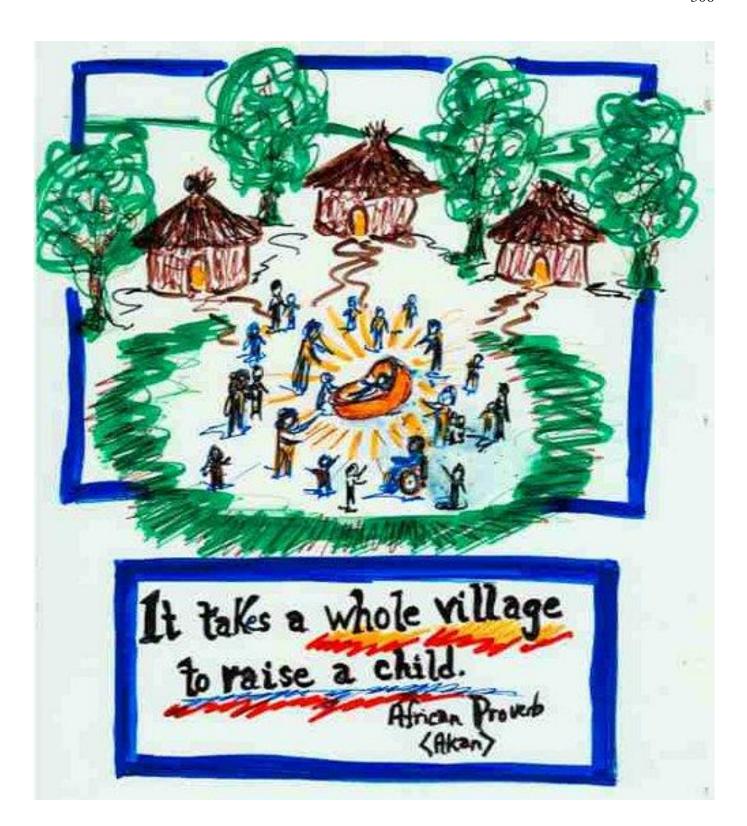
COMMERCIAL IN CONFIDENCE

VILLAGE RAISING of a CHILD vs Corporate CHILD CARE

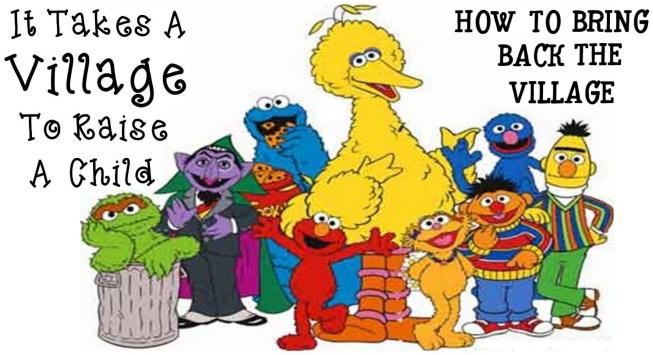
Governments may perceive that income generated (and their taxes) by parents while having their children ensconced in a corporate child care centre is beneficial for the nation. Please consider this:

- The child and children, when at child care centres, are being deprived of their direct interaction with a parent or both parents in the time of its life it needs them the most.
- Ask yourself, who hurt me the most when I was a child? Being abandoned is lifelong harm.
- Being abandoned is a crisis for a child that NEVER heals! Five minutes lost in a supermarket barely matches the trauma of being left all day amongst strangers at a child care centre.
- We say, the child will get over it we even tell the child to get over it! It does not and WE do not.
- By suppressing the child's personality we are entombing it into a lifetime of trauma. We brush all this off because that is what our own parents did. Our life long dramas are consequently repeated by the child in its adult life. We are fixing our children to never ending treadmills of our making.
- Until we personally begin to heal ourselves of our own childhood suppression then we are ensuring our errors and injuries are absorbed and repeated by our own children.
- We are to express our feelings both good and bad. Yet we ignore our children when they wish to talk and express their feelings. Many of us were told to be seen and not heard.
- We are to listen to our children not hide them in child care centres.
- We are to listen to our neighbours, to our community and they to us. We are to express our feelings to each other that is how we begin to heal our childhood suppression.
- Consider the vast array of distractions we each have accumulated TVs, laptops, mobile phones, movies look at how most of these do not involve interaction and communication with people.
- We pass these all onto our children so they do not even communicate with each other.
- Suddenly, all of humanity is awash with mental illness.
- What is mental illness? It is the imbalance of light returning from our physical being back to our soul thus bringing about distortion in our overall light energy. Should we begin to express our feelings, both good and bad, and long for the truth behind our feelings, then we will begin to bring that light back into balance and heal ourselves and our children at the same time!
- The Village Community way of bringing a child up is also a healing way of living. We are to collaborate as a community and in collaboration we are to dialogue, discuss and express our feelings between each other. We are to be true to ourselves. In this way we are healing ourselves and bringing up our children appropriately in a village format a small community.
- Should a Child Care setting be part of a small community / village arrangement then every child in the care of the centre should personally know, each day, at least one of the adult supervisors due to the child's extended family interactions prior to attending child care.
- An appropriate Child Care setting may be seen as having one parent of say five children in attendance each day. That is, during a five day week, even though the attending parents are rotating, the child may have a close relationship with one of the supervising adults each day.
- In this way, the governments will find their long term national medical costs being reduced as healing of the community unfolds and mental health issues abate. This will extend into the policing, courts and prison systems as well as all aspects of social service.

Corporate child care systems have become long term problematic for all of humanity.



IT TAKES A VILLAGE TO RAISE A CHILD: HOW TO REBUILD THE VILLAGE!



A friend asks; Is the village gone? That utopic place where neighbours are available to drop in at a moment's notice to watch our kids while we go to our dentist appointment. That dream world where our new baby is greeted with dish after dish of home-made fresh meals? That magical place where strangers help us to load our groceries into our car?

It's so hard when we don't have a ready-made village. Even harder when we live far from family. That is fine until we have kids. All of a sudden, our cosy little home feels like a deserted island.

Raising littlies is hard. Hard on the body, hard on the emotions, really hard on the marriage. And babysitters are expensive! And child care centres even more so!

People weren't designed to do this parenting thing alone. What do we do, then, when we live in an individualistic community and don't have free babysitters (aka family) nearby?

HOW TO BRING THE VILLAGE BACK

1. REALLY SEE THE PEOPLE AROUND US.

To bring back the village, first we need to be cognisant of the people around us. Crying babies are hard to ignore, but people do it all of the time. Even if the situation is not so obvious, there is always someone who is crying out for help. The first step we need to take is to see them.

2. MAKE THE FIRST MOVE TO HELP.

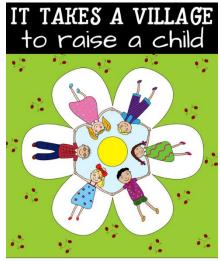
She continues: While on a flight, I saw an exhausted mama and heard the pitiful baby. I remembered those days. Those evenings with our first colicky baby when it seemed that *nothing* would stop his cries. It would

be so easy to leave them alone and let them handle it, the mother, father and grandmother, but how would that benefit the village?

With a sigh, I took off my headphones and put away my book, I relinquished my evening of blessed solitude on a flight. Tapping the grandmother on the arm, I asked, "Do you think she'd like me to try to soothe the baby? I could hold her for a while."

She replied, "Oh, the dad is right in front of her. He can hold the baby if she needs a break. Plus, this baby... she won't go to anyone but her mom. I know it's hard to hear – I feel bad, too."

In the individualistic era that we live in, people are reluctant to ask for, or accept, help from strangers. It's up to us to not only see the situation, but to have the courage to step up and offer help. If it's brushed aside, it may be time to move to step 3...



HOW TO BRING BACK THE VILLAGE

3. PROVE YOUR SINCERITY BY FOLLOWING UP.

It would have been SO EASY to put my headphones back on at this point. Well—I did my duty and they don't need my help (pats self on back). But, did I really? How many times has someone offered something to you, but you felt they only did it to be nice, so you refused? More often than you can remember, I'd wager.

People can be so damn polite, never saying what they really want or need. My gut told me that I should ask again.

"Well, I had a baby like this," I told the grandmother, "and I may know a few tricks."

"Really???" She immediately leaned across the aisle and relayed my words to the tired mama. About 0.5 seconds later, the baby was scooted across the aisle into my arms. That's how you know that you are in the company of a parent of a colicky newborn.

However, had I not proven my sincerity by offering a second gesture of help, they would never have asked.

We're starting to get a little out of our comfort zones here, opening ourselves up to rejection and even judgement. Vulnerability must precede change, though. For the village to return, we need to practice some openness with acquaintances and strangers.

4. PUSH PAST THE BOUNDARIES OF YOUR COMFORT ZONE.

Going back in my mind four years to my eldest newborn period, I asked for a blanket and tightly swaddled the 3-month-old baby girl. I sprang into action with the 5 S's from Dr. Harvey Karp's – swaddle, side-stomach position, shush, swing and suck. (Well, 4 S's, to be exact, since they said she didn't have a pacifier / dummy.)

I don't know about you, but if I hold a baby that is not my own and it starts crying, I'm pretty quick to hand it back. No one wants to be responsible for someone else's crying baby.

This poor baby was so worked up at this point that she just looked at me in terror and continued screaming. My rational mind said, "It takes time. Her fight-or-flight response is in full control right now, and it will take time to calm her down." My safe side screamed at me, "WHAT ARE YOU DOING? YOU HAVE AN AUDIENCE NOW, AND YOU ARE CONTINUING TO ROCK A SCREAMING BABY THAT IS NOT YOURS!"

It almost won out. I almost handed her back. But I knew that I should keep going. I knew that my tricks would work once the cortisol left her system and her little body calmed down. I kept going, swaying and shushing until my mouth was dry. Little by little, I could feel the muscles relax, the little shudders of surrender. She was falling asleep, but wasn't there yet. Every so often she'd tense back up and look around wildly, but would calm again with the continued shushing.

After ten or fifteen minutes, she was in a sound sleep. I held her for another thirty minutes while the exhausted mom slept. Then she nursed her and handed her to the dad, who held her the rest of the flight, looking like he was scared to move a muscle. I bet he was. The whole family was amazed and so grateful. I felt like a superhero.

It's so easy for us to stay silent. That silence may stem from feelings of inadequacy, fear of reprisal, fear of vulnerability, or even selfishness. This whole incident only took only minutes out of my day, but it meant the world to this family.

More than the time, it took courage to step out of my comfort zone and offer the help. To take back the village, it will take courage. It will take reshaping the societal norms of how we interact with others. It will take – God forbid! – putting down our mobile phones and really seeing the people around us.

It will take a village. But it can start with each of us.

This personal experience illustrated how we can see opportunities to reach out to others. What if we are the one who needs help? What if we are lamenting that the village is gone, and we are struggling so much?

5. DON'T BE AFRAID TO ASK FOR HELP.

When I had a two year old and a newborn, I had a frustrating splash pad experience when I was obviously struggling to help my toddler change his clothes while my baby screamed. I was surrounded by other parents, and not one made eye contact or offered to help.

I posed the scenario to my Facebook friends, and the responses were enlightening. Many moms stated that they felt uncomfortable offering help because when they had, they were met with suspicion, as if they had ulterior motives for asking.

As we talked about the airplane story, it takes courage to offer help to a stranger. We have no idea how they will respond, and that's an uncomfortable feeling. If we are the one needing help, don't look at the people around us as if they are unfeeling bastards, self-absorbed to the point where they don't care what we are struggling with. Maybe they see us and empathise, but they are scared to step into our personal boundary and out of their comfort zone. Ask them. Give them the permission to help you. You just might be surprised.

REBUILDING THE VILLAGE TAKES A VILLAGE

It won't happen in a day. It won't happen with just one person. The butterfly effect holds true, though, and every little positive action will ripple outward. See people. Be courageous. Ask for help. Be the village.

CHILD CARE CENTRE EXPERIENCES and OBSERVATIONS:

"I was a terrible Mother, I would leave my children with anyone who was willing to look after them just as long as I could do what I wanted to do, they got in the way, I shouldn't have had them. All I wanted to do was give them away. I was a fake Mother, I put my business and social time way before my children, I feel so sorry for my Children now, they were too young to remember most of it but the damage shows itself to me constantly that I can hardly bear to look and see the truth of what I have done to them because of my terrible, selfish parenting."

People will say child care is vital in their lives, if they don't have child care then they can't go to work and nothing will get paid for but it is terrifying for the child to get dropped off with strangers.

"I remember it as a child. It was before my parents moved us to Africa so I must have been 4 or 5 and just starting school, shit the terror of those first few weeks. I ran away constantly because the huge building and the people were strangers to me and mum was nowhere to be seen, I had no idea what was going on, why was I here? Where was mum? I won't ever see her again!! I really believed that every time she dropped me off I would not be seeing my family again and it is all so vivid even though I was so young, the trauma is still with me."

"My sister has only just recently stopped working as a Child Care Centre manager in Essendon, a suburb of Melbourne in Australia. She often spoke of traumatised children being left with her at the centre while their parents had to go to work, their kids screaming for them not to go and the parents being worried that they will be late for work. It is all about the parents and the child just has to comply, do what it is told no matter how traumatic it is for them, they should be with the parents, **they should be put first**, above money, above jobs, above nights out but how can adults who weren't cared about as children, care about their children!!"

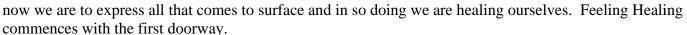
I know the damage it did to me, John, at such a young age, all I wanted was my mum. I now see the damage it has done to my children, when all they wanted was me and I couldn't give myself to them in the way they needed, I didn't want to be with them, i wanted to carry on my life as if they weren't in it. It feels terrible to say it but it is true. It was just all about me!

"My sister would say that she felt used most of the time, the parents were very rarely appreciative and would send their children in to day care with all sorts of illnesses, just as long as they could go to work and carry on their lives, willing to pay very high fees just as long as their children didn't get in the way of their lives. Child care wouldn't exist if parents were willing to stay with their children and look after them, there would be no need for it but we have created lives that need both parents to work, to keep our heads above water with all the things we need to pay for. Child care just helps us as parents to continue our evilness and rejection of our children, lets us continue to put ourselves and our jobs, Money and social lives above our children. If we really cared we would **put our children first** and there would be no question about wanting to stay home and bring up our children but we don't care. What we do care about is carrying on our lives as if our children didn't exist so Child Care Centres help us do that and we will pay dearly for it."

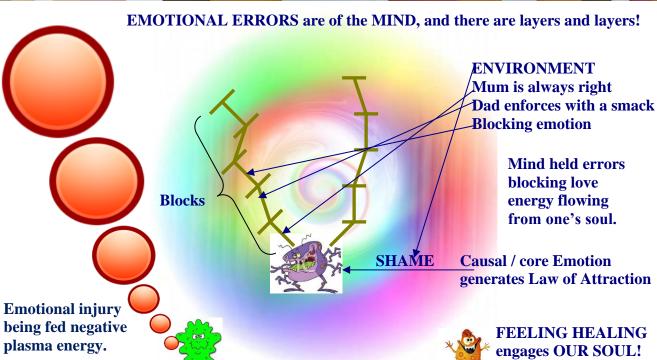
Healing is by Going Through Doors!



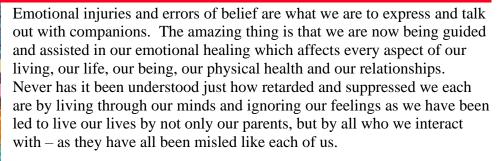
We open up to our feelings by embracing a feeling and longing for the truth that feeling is to show us. This may lead us down to many more feelings through copious doors and stairways, leading us back through our life into our Childhood Suppression of our early forming years commencing at conception. This is a long journey of discovery and acceptance of just how we have been misled and







Layer upon Layer upon Layer



As we open ourselves up to express a feeling, any feeling, good or bad – they are all to be expressed. Whatever comes to surface will be over laying an older feeling, so we are to then express the slightly deeper feeling / emotion / belief / error / memory.

We are to find how every aspect of our environment is imposing itself upon us. Government, through its federal, state and local administration, is all controlling and inhibiting of our self-expression. Then we find that our employment is all controlling as it is our life-line to physical survival – our fears and hoarding are all consuming. Our education has been founded upon layers and layers of assumptions which we now find to be extra-ordinarily flawed in what becomes abundantly clear through our truth based feelings which are always in truth. With 3,400 major religions, we now can recognise that they are all agents for our control.

And then as we work our way down through the layers upon layers, back through our adult life and into our teenage years, we begin to find and then anticipate that it is our Childhood Suppression that we experienced under the oversight of our parents and those close within our family, being our siblings, grandparents, etc., that is at the core of our Healing.

Thus, as we work through each and every feeling that arises, we will be working back through our life years to the core of each emotional injury and error of belief which we generally have taken on throughout our childhood forming years, from the moment of conception to the age of six years. It is during our sixth year that our Indwelling Spirit arrives and we become a little more self-aware and assertive of our personality.

Yes, we will work our way back through our dramas all the way back to

the moment of our conception. We will become totally aware of just how much we are screwed over and then accepting of being in such a way. However, then being healed is yet another incredible life for us each to experience.



FEELING HEALING directly benefits the PARENTS' CHILDREN:



Parents' baby from conception through to age 6, 100% benefit, age 14-75%, 21-50%, 28-25%. Prior to conception we are in a perfect Natural love state. By the time we are age 6, we are then reflecting the consciousness level of one or the other of our parents. As they heal their Childhood Suppression through Feeling Healing, they are directly healing us, their children, subject to our age – maturity.

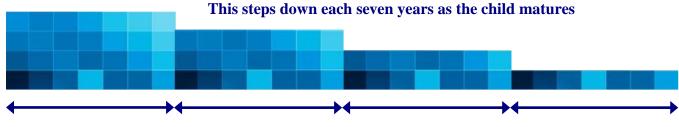
Consciousness Calibrations Worldwide				
Level of Consciousness	Percentage of population			
600 +	1 in millions			
540 +	0.4%			
500 +	4%			
400 +	8%			
200 +	22%			
200 -	78%			
World wide average	220			

Only through Feeling Healing which can be readily introduced through all education and health systems and services, will we cure our Childhood Suppression.

All the social ills of society are frozen into generational transfer. This can only be mitigated through Feeling Healing, and even then it will require generation after generation to advance the progress and lift the overall consciousness levels of humanity, from 220 to the 440s at least!

Correlation of Levels of Consciousness – Soul Condition – and Society Problems				
Level of	Rate of		Happiness Rate	Rate of
Consciousness	Unemployment	Rate of Poverty	"Life is OK"	Criminality
100 - 200	50%	22.0%	15%	50.0%
50 - 100	75%	40.0%	2%	91.0%
< 50	95%	65.0%	0%	98.0%

POTENTIAL to BENEFIT your CHILD through our own FEELING HEALING:



From conception to From 8 to age 14 From 15 to age 21 From 22 to age 28 age 6 or 7 As we heal, we directly heal our children similarly.

The Indwelling Spirit arrival for the child around age 6 or 7 starts their independence.

PASCAS COUNSELLOR CARERS:

The optimum ration is considered one accredited counsellor carer per ten adults. With regards to children then one accredited counsellor carer per ten children with six adults in the family units involved around the children.

Postgraduate Post

PfD being in the field of SOCIAL WORK – LIVING FEELINGS FIRST.

Equivalent to Counsellor Social Worker certificate level IV + PfD.

Kindly consider reading: www.pascashealth.com

then proceed to Library Download:

Pascas Worldcare Supporting Hands

Pascas Care Letters – Family Shelters Abuse & Remedial

Pascas Care Letters – Family Shelters Overview

Pascas Care Letters - Family Shelters Protection

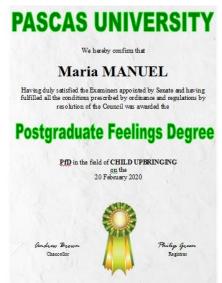
Pascas Care Letters – Family Shelters Social Housing

Pascas Care Letters – Family Shelters Support Centre

Pascas Care Letters – Family Shelters towards Liberation

Pascas Care Letters – Root Cause now to Pathway Forward

Pascas Care Letters – Root Cause now to Pathway Forward (short)



It is imperative that ongoing contact with the children is lifelong. That is, there is benefit of being a confident and supportive relationship through to the age of 28 years. As we personally embrace our individual feeling healing, this also indirectly benefits children under our care through to the age of 28 years, the time of their first Saturn return. As we evolve and progress through Living Feelings First and Feeling Healing, we benefit the children under our personal care even though this progressively diminishes every seven years (100% to age 6, 75% to age 14, 50% to age 21, 25% to age 28, and then they are on their own so to speak).

The more carers that are involved with a child then the more confusing it is for the child, thus leading to complications, stress, fear and loss of confidence, self-esteem and rejection of all involved.

The number of children that a carer may embrace within an orphanage may be significantly less than 30 and the number of carers engaged may need to be far greater than suggested, through experience we will come to determine what is appropriate and provide the support that is required. The long term benefits for all, as well as society will far exceed the costs.

OUR CHOICE!



The moment prior to our conception, we are in pristine, perfect soul condition of Natural love. Consider that to be 1,000 on Dr David R Hawkins' Map of Consciousness scale – the largest sphere above. From that moment on we are being 'fire hosed' with the errors and damage that our parents hold and carry. Somehow, we make birth – the middle sphere above. By the time we are six years of age, our childhood suppression of our true personality by our parents ends upon the arrival of our Indwelling Spirit. Now, our soul condition is the smallest sphere. We will now calibrate on the Map of Consciousness scale at the level of one or the other of our parents – we are now literally a clone of their messed up personality. We continue on at that level for the rest of our lives. We also go on and do the same to our own children, thus this stagnation goes on for generation after generation – for aeons – or has done so until NOW!



We can perfect our mind's control and achieve a state of bliss which is all false and eventually ends with us crashing back to reality. Or, we can embrace our Feeling Healing and heal all our damage that which we took on as we got older as well as the damage imposed upon us by our parents and carers. Thus, we can grow in truth and love beyond 499 on the Map of Consciousness and perfect our Natural love, returning to the condition before conception. This could take a very long time – and then we are stuck in the 7th spirit Mansion World condition.



And here is the most wonderful pathway open for us all. By embracing our Feeling Healing with the Divine Love, through longing for the truth behind what our feelings are drawing to our attention and asking our Heavenly Mother and Father for Their Love, Divine Love, we can heal our childhood suppression and ongoing repression, with the Divine Love, then we can progress into the first of the Celestial Heavens and continue onwards with our evolving growth in truth and love all the way to Paradise, the home of our Heavenly Mother and Father. The pathway is now defined and open to all.

This time, in the history of humanity, is the most exciting time ever experienced.

Beliefs suppress TRUTH

Distease is of Dishammony with TRUTH

Mental Illness is of CHILDHOOD SUPPRESSION

Perceived level of truth MoC 1,000

FIEIELING HIEALING
embraces the healing of both
Dishammony with TIRUTH
and

CHILLIDIHIOOID STUIPPRIESSTON

and with Divine Love we are embracing our

SOUL HIEALING

Perceived overall level of truth MoC 920 – relative truth potential MoC 1,480 COMMERCIAL IN CONFIDENCE

PROVE THAT THE PRODUCT DOES WHAT YOU SAY IT CAN DO:

12 April 2022 was the date when a pair had their first appreciation of nearing their completion of their personal Feeling Healing. This heralds the date when the first people on Earth considered that their personal healing of what they had personally taken on of the Rebellion and Default is achievable. It is this pair that through their personal experience and journey are now able to reveal how we can heal ourselves.

Further, Samantha in England commenced her healing in 2013 and is now close to completion of her personal healing also.

This self-healing is the achieving of a soul condition state equivalent to that which we all are in at the moment prior to our conception. From the moment of conception on we are absorbing the errors and injuries of our parents and carers continually through to the time we are six years of age when our Indwelling Spirit arrives. It is this, our Childhood Suppression, that we are to heal.

While we are mind-centric, we are literally frozen into the retarded condition of one or the other of our parents. We cannot progress beyond their condition without embracing our feelings and longing for the truth that our feelings are drawing our attention to.

PROVE THAT YOU CAN SELL THE PRODUCT AT THE PRICE YOU SAY YOU CAN:

The process of Feeling Healing, and with Divine Love, then Soul Healing, is free to all of humanity. It is a way of living. It is not a religion, there is no controlling hierarchy, dogmas, creeds, cannon laws, sacraments, rituals, special clothing and books. There is nothing to join and be subjected to. The revelations are free to all. It is The New Way, a way of living life through our feelings, our soul based feelings which are always in truth. Truth IS Love! This is a freeing way of life!

PROVE THAT YOU CAN PRODUCE THE PRODUCT AT THE COST YOU SAY YOU CAN:

For those who love to embrace all the details, then these revelations will take some considerable time to research, study and embrace. To some it may seem all so very obvious. And there will be those who are in between these categories. Books written revealing these understandings will have their typical costs. Internet sources are free to all. Formal education programs may have delivery costs in the normal fashion of most education.

PROVE THAT YOU OWN THE TECHNOLOGY:

Copy right may apply to material and publications principally to preserve the integrity of the writings. Plagiarism is welcome as long as the integrity of the original writings remains intact. There are presently more than 60,000 pages of material -20 million words - to embrace!

THIS is a time of GREAT REVELATION and CHANGE for HUMANITY:

What is unfolding now is the biggest event in the history of humanity. For those of us who open to our feelings, the disturbances around us will be acceptable as then we see the need for change, for those who remain mind-centric, life will be difficult.

This is the most exciting time in the history of humanity.

So, may we introduce a few aspects? These documents can be shared from www.pascashealth.com that are in the Library Download page, scroll through the index and click to open the PDF:

PASCAS CARE LETTERS



Pascas Care Letters Beliefs Suppress Truth.pdf

As we absorb beliefs that are in error and experience emotional injuries, this disrupts our flow of light to and from our bodies. The accumulation of these manifest as physical illness. The medical industry has 'identified' over 10,000 illnesses and claim to have found cures for 500 only. As we learn to live through our feelings and begin to express our feelings, both good and bad, all the time longing to know the truth of what our feelings are drawing our attention to, we begin to heal this energy imbalance.

To put this another way. Talk it out to a companion. A friend who listens is helping you heal a little. Express it all.



Pascas Care Letters Etheric Spirit Body.pdf

We are not just our physical body. In fact our physical body is the least of our existence.

You may also be surprised that we can now interact with anything that has life!

Our childhood suppression commences from the moment of conception which is about 16 days prior to our incarnation. This continues through to the age of 6 years. It is our parents imposition of their own injuries and erroneous beliefs that we need to express – talk it out to a friend – and this is the Great U-Turn that each of us will undertake, eventually.

MEDICAL - SPIRITUAL REFERENCES



Rejected Ones via James Moncrief.pdf

We are each one of the rejected ones.

The lady who conveyed these writings has only ever written through one person, there are now about ten books, but this one focuses upon our focus here for communities. She will love your embrace – and you will love who it is.

MEDICAL – EMOTIONS



Pascas Care Living Feelings First - Adults.pdf

Pascas Care Living Feelings First - Children - Annexures.pdf

Pascas Care Living Feelings First - Children - Discussions.pdf

Pascas Care Living Feelings First - Children - Graphics.pdf

Pascas Care Living Feelings First - Children.pdf

Pascas Care Living Feelings First - Drilling Deeper - Structures.pdf

Pascas Care Living Feelings First - Drilling Deeper.pdf

Pascas Care Living Feelings First - Reference Centre.pdf

This set is used within schools. Parents are asked to participate. The platform is founded on what has been introduced to a number of schools within South Africa as well as other countries. It is now stepped up to encapsulate what we now further understand. This is an awareness program for children as they are to learn to appreciate their feelings. Adults can go on and engage in their personal Feeling Healing.

This Library is rather extensive. As questions may arise, then we can explore them also.

MEDICAL



Through kinesiology muscle testing, you and I can test anything to determine if it is in truth or not. Also, by using the Map of Consciousness table developed by Dr David R Hawkins, then we can determine the level of truth of anything. Yes, even all the above documents, then even page by page, or even each paragraph.

And now that you may have considered the above, kindly return to PASCAS CARE LETTERS:

Pascas Care Letters Glass Ceiling Barrier Removal.pdf

Without embracing Living Feelings First and then engaging in our personal Feeling Healing, we remain restrained within the 1st spirit Mansion World condition indefinitely. This situation was imposed upon us all by rebellious high level spirits from within our Local Universe of Nebadon, 200,000 years ago!

John the

This statement from above: "What is unfolding now is the biggest event in the history of humanity" calibrates at 1,000 on the Map of Consciousness!

Kindly share as you please.

cheers for now

John Doel

The ROOT CAUSE!

May we introduce the underlying condition as well as the pathway to evolving out of this seemingly never ending cycle of conflict and hopeless, then we all can start to bring about the ending of desperation.

The ROOT CAUSE Explained:

High level hidden controllers have passively and slowly coerced all of humanity to live against their true selves in such a manner that it has been (UNTIL NOW!) impossible for us to evolve out of the cycles of conflict, illness, disease and deprivation.

They have been extremely artful and brilliant in their complete achievement of dominating humanity in that we of humanity have had no way and no hope of every breaking the cycle of war, disease and periodic self-destruction without intervention from even higher spirit assistance.

We each have been guided to live mind centric. As children, we have been told to develop our minds, to learn our math tables, to memorise this and that, that our minds are what will make as all important and capable. We have all bought into this lie. As parents, we raise our children in the manner we have been raised – so the cycle has been going on generation after generation – for aeons.

Our minds are addicted to untruth, our minds cannot discern truth from falsehood, our minds are addicted to control, control over others and the environment. When we 'think' we are submitting ourselves to our erroneous minds. Thinking leads to assumptions. We act on our assumptions. Consider checking yourself, just hold off on acting on an assumption and investigate further. 98% of all assumptions are in error, the other 2% are flukes. This is what we have all bought into, hook, line and sinker.

Our FEELINGS are our SUPREME GUIDES:



Feelings are what guide us through our ascension of truth. So they are really our Supreme Guides. Many people look for a person, spirit, angel, even God, for supreme guidance, however it's all right there already built in — in our feelings. We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it's there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel — or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feelings is really: Longing for the truth of our self, because: we are our feelings. So life stirs up our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings.

Kevin 26 Sep 2017

Kevin died 10 August 2012, through Feeling Healing became Celestial on 7 August 2017

We are to embrace our feelings, our feelings are always in truth, our feelings are soul based, as they are always in truth, they are love, living feelings first is living in truth and love – this is what we all aspire to yet we have been sent in the wrong direction, down the abyss to a form of living hell. Yes, as we are living against our selves, against our soul and consequently against our soul partner, we are living in hell. Further, our soul is a duplex, it brings into the physical two personalities, one a female and the other a male – ALWAYS!

When we are conceived, that is at the moment of conception, we are always perfect and that includes the physical foetus. Incarnation takes place when the newly forming foetus commences to pump blood and that is generally day 16 after conception. It is the infusion of emotional injuries and errors of belief of our parents into our being that we have child defects, childhood illness, miscarriages and all kinds of difficulties – this is all compounded throughout our early forming years by our childhood suppression by our parents up until age six years when our Indwelling Spirit arrives. Then whatever we are dictates the rest of our lives – until we start to heal ourselves through our personal Feeling Healing.

NOW, while we endeavour to perfect our minds we are imprisoning ourselves within our personal steel wrecking ball – we cannot progress beyond 499 on Dr David R Hawkins' Map of Consciousness scale. We have locked ourselves into the limitations of the 1st spirit Mansion World, the ceiling is 499. Presently, humanity on Earth calibrates around 220. The scale is based on the common log of 10, a 1 point increase is a 10 fold increase in energy, 10 points is 10 billion fold increase!

We have seven spirit Mansion Worlds to progress up through before we enter the Celestial Heavens and yet all our systems and way of living on Earth retard us perpetually to the first of those seven – and we adhere to this entrapment. Well, it is time we stuck that all in the rubbish bins and free ourselves and become the incredible personalities and beings that we truly are and that is what this agenda here is all about.

SUPPORT PROGRAMS

Firstly, support is to be considered within major regional cities, then throughout all the departments / provinces of Colombia as relationships, local support and prioritisation of needs are identified.

ORPHANS and ORPHANAGES

Those orphans within institutions or are about to be placed within an institution, should there be living relatives then preference is to be considered for the supporting of the family unit to enable them to remain as a unit. Solutions may take many formats.

The education of orphans may be supported corresponding to the age grouping of the orphan. This may be for pre-schooling through to higher education and university. As the orphan matures, the support is not to be cut off at a specific age, it may continue with phasing down continuing until 28 years of age.

Longevity of ongoing support for individual orphans by their assigned carers is preferred. Thus the conditions of engagement of carers and their individual needs are also to be factored into the needs to be accommodated.

The orphanage buildings and the fitout there of may need a make-over. The environment within buildings may be substandard and significant renovations and appropriate climate control within the buildings may need to be attended to.

First and foremost is to involve as many people in as many ways possible to determine optimum solutions and then the delivery of those solutions.

CHILD CARE and PRE-SCHOOLING

The same ethos as above.

It is important that the child has with him or her continuously people that he or she is familiar with. The child is not to be 'abandoned'.

DOMESTIC VIOLENCE and FAMILY SHELTER

One in four women are subjected to domestic violence. That is in peaceful times – this is a war zone.

If the perpetrator of the domestic violence is open to assistance in resolving the tendency towards violence then that person is also to be assisted. This does not mean that this is an endeavour to re-unite the parties, however it is a part of the endeavour to reduce repeat offending.

Children are often considered in a way that 'they will get over it!' They don't, further they often consider this is how a family functions and then go on and replicate the drama when as adults.

LIVING FEELINGS FIRST

As we explore each of these elements of support, it is more and more apparent that the shift away from living mind-centric to living feelings first is embraced as a priority. Feeling Healing follows for those who seek to go that next step. No one expected to do anything. No one is being asked to do anything. However, it is important that parties, adults, parents, children, carers, educators, health carers, etc., become aware of the differences and the possibilities. Then it is each person's choice should they wish to consider as well as their timing.

EDUCATION; SCHOOLS and UNIVERSITY

Firstly is the reinstatement of school facilities to prime condition. This may also involve significant upgrades and additional facilities. It is time to bring about a higher level of vibrancy and potential for all to embrace.

As the only way to overcome the cycles of conflict both on a domestic as well as international levels, then the introduction of Living Feelings First throughout the education system may require additional facilities, teacher training and possibly additional teachers.

This may best be facilitated through the establishment of a Pascas University as a demonstration and training unit in how this may unfold throughout all sectors of the society and professions. Of very necessary priority is the addressing of the emotional stress and harm inflicted on every member of all families throughout Colombia and their extended families around the world. We have to 'talk it out!' This is not only living feelings first, it is also our Feeling Healing. Never has it been previously understood that we are too long to know the truth that our feelings are to reveal to us as we express our feelings, both good and bad.

CRAFT CREATIONS

Traditional home skills have been neglected worldwide. It is time to re-introduce this skills through Community Craft Creation Centres.

DIAGNOSTIC MEDICAL UNIT

Comprehensive medical diagnostic units are complex, requiring a significant array of expensive imaging equipment and a large specialised building space.

However, it may be time to establish a state of the art medical clinic and hospital to service the state and adjoining cities in close proximity.

Thus a medical facility with 400 beds and more than 12 operating theatres and a fully comprehensive diagnostic unit would then provide the opportunity to deliver a children hospital unit as not only a facility to lead the health sector but to be also annexed to a Pascas University as a teaching hospital.

HOUSING, FOOD SECURITY, HEALTH SERVICES and EDUCATION

Potable water supply is essential to have adequately.

Lodgings for all in whatever format that resolves the need prior to long term solutions.

Food security is unquestionably compromised by pre-existing commercial cartels.

Existing health services are over whelmed apart from being understaffed and inadequate.

Education is the long term solution to all that is to be resolved. However, it is now time to take the education services beyond the retardation of mind-centricity and break through the glass ceiling, opening up the pathway to infinite growth and prosperity.



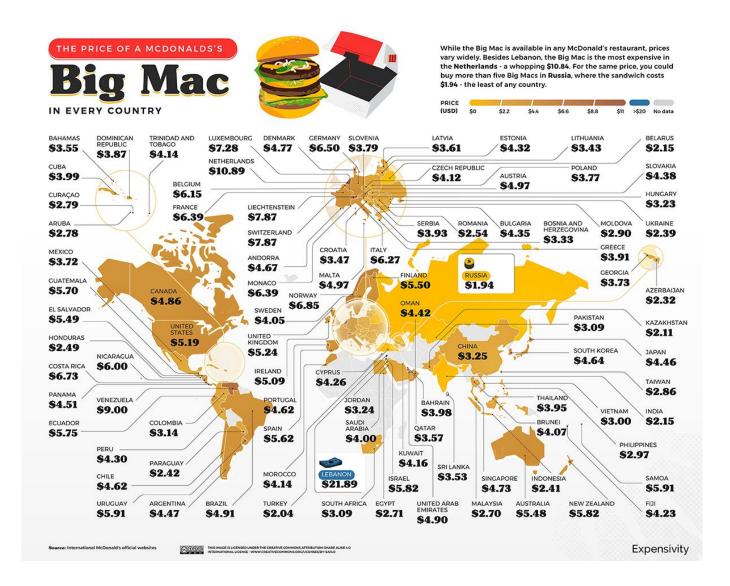
The CHILD is to FREELY EXPRESS ITSELF: Messages from Mary and Jesus 13 May 2003

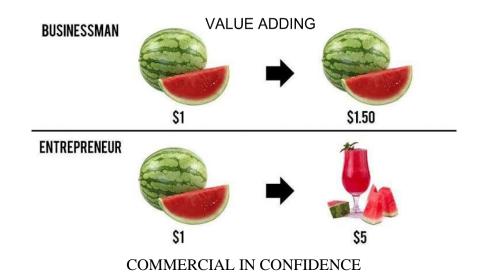
Mary: The greatest gift you can give your child, is allowing it to be freely able to express itself, helping it to feel good about being able to say and express and communicate all it feels. THERE IS NOTHING BETTER FOR A CHILD TO FEEL THAN KNOWING ITS PARENTS COMPLETELY WANT IT TO BE EXACTLY HOW IT FEELS IT WANTS TO BE. To be completely unconditionally accepted for all that it is. Then it feels loved.

The extent of our unloving parenting that we all have had to endure as children is now killing us, which is the truth of how bad it is. It is killing us because we refuse to understand what is happening, we refuse to connect to our pain, we refuse to accept the truth!

Parenting – unable to love our children due to lack of truth in what we are provided with.

We don't truly love ourselves; so we can't truly love our children. We can believe we love ourselves; as we believe we love our children. And so do our children truly love us?





SALARY – WAGES PACKAGE

Annual salary or wage is the cost of you or me being employed with an organisation for a full year.

It is not the cash that you or I take home, it is the total expense to be employed for a full year within a firm, enterprise or corporation, being the cost of them employing you or I.

Within Australia, salary packaging the maximum amount allowed each Fringe Benefits Tax (FBT) year means you're making the most of this employee benefit. The maximum for employees of not-for-profit organisations is AU\$15,900 (this is also known as your 'tax free cap') and AU\$9,010 for hospital and healthcare employees. Salary packaging to the 'cap' means you're using the maximum amount you're allowed to salary package. Thus each country may have a specific industry taxation arrangement.

Motor vehicles provided to an employee are part of their salary package. The cost of the motor vehicle, though paid by the enterprise / employer reduces the cash element of the salary – the take home pay for an employee. If the employee is using the car for the usual family activities, the car is at their home each night, and the motor vehicle is used to get the employee to and from work, then it is his or her private car for all intents and purposes. A delivery van may be used for a lot of business trips and is typically not part of a salary package.

- Car loan costs lease agreement monthly payments is a typical format to finance the purchase.
- Fuel
- Car insurance car rental costs
- Maintenance costs and servicing
- Registration and licensing
- Depreciation
- Total costs

	Cheapest car (annual cost)	Costliest car (annual cost)	Average annual cost
Small car	Kia Cerato S (AU\$7,096)	Volkswagen Passat 132 (AU\$8,908)	AU\$8,203
Medium car	Toyota Camry Ascent Sport (AU\$9,451)	Volkswagen Passat 132 TSI (AU\$11,654)	AU\$10,478
Large car	Holden Commodore RS (AU\$11,573)	Kia Stinger 330S (AU\$15,094)	AU\$13,255
4WD Ute	Mitsubishi Triton GLX (AU\$12,012)	Toyota Landcruiser Workmate (AU\$17,937)	AU\$13,662
Sports	Toyota 86 GT (AU\$10,459)	Ford Mustang Fastback (AU\$13,974)	AU\$11,901

Source: RACQ Running Costs Report, 2019 (to adjust to 2022 global conditions – add 50% say)

Consider that we drive 12,000 kilometres per year, that is about 200 hours driving (not working) at 60 kilometres an hour, the motor vehicle costs of running the car is say AU\$1 per kilometre (Taxation office

says AU 78cents) then the direct annual cost of the car is AU\$12,000 which is paid as part of the salary package. Thus a fully funded car provided in a wage package could equate to AU\$12,000 in lieu of cash.

A salary or salary package can include housing, transport (motor vehicle) and other benefits.

When exploring such services as http://www.salaryexplorer.com/ what is referred to as the salary is the gross amount of the financial commitment by the employer when engaging an employee; e.g.:

Salary / wage package, GROSS AMOUNT	say AU\$112,000 per annum
This may include:	
Superannuation contribution 12%	\$12,000
Salary before Superannuation	\$100,000
An approved motor vehicle package	\$12,000
Net taxable (IF car is for 'business use')	\$88,000
Australian income tax deducted	\$19,067 + Medicare Levy
Net Take Home Cash	\$68,933

The Salary is \$112,000 being the gross cost to the enterprise. What we take home is the net cash after superannuation, packaged items such as housing, motor vehicle, etc., then deduct personal income tax.

Salary Explorer survey relates to the gross amount.

Resident tax rates 2022-23

(ATO July 2022)

Taxable income	Tax on this income (Australian \$ and taxation)
0 - AU\$18,200	Nil
\$18,201 – \$45,000	19 cents for each \$1 over \$18,200
\$45,001 - \$120,000	\$5,092 plus 32.5 cents for each \$1 over \$45,000
\$120,001 - \$180,000	\$29,467 plus 37 cents for each \$1 over \$120,000
\$180,001 and over	\$51,667 plus 45 cents for each \$1 over \$180,000

The above rates do not include the Australian Medicare levy of 2%.

COLOMBIA TAXATION

Colombia 19% VAT rates. The general VAT rate is 19%. However, certain services and goods are taxed at 5% and 0%. 8 Aug 2022

Corporations: Income tax (Spanish: Impuesto a la renta y complementarios) must be paid by all local and foreign corporations operating in Colombia, who are subject to a corporate tax of 35%. The current general CIT rate is 35% for fiscal year (FY) 2022. 8 Aug 2022

The rates for fiscal residents (nationals or foreign) applicable to the general income basket and pension income basket (*see below*) are:

Taxable income (TVU *)		Marginal	Tax liability			
Over	Not over	rate (%)	I ax maximity			
0	1,090	0	0			
1,090	1,700	19	(Taxable income or taxable occasional gain translated into TVU less TVU 1,090) x 19%			
1,700	4,100	28	(Taxable income or taxable occasional gain translated into TVU less TVU 1,700) x 28% + TVU 116			
4,100	8,670	33	(Taxable income or taxable occasional gain translated into TVU less TVU 4,100) x 33% + TVU 788			
8,670	18,970	35	(Taxable income translated into TVU less TVU 8,670) x 35% + TVU 2,296			
18,970	31,000	37	(Taxable income translated into TVU less TVU 18,970) x 37% + TVU 5,901			
31,000	And up	39	(Taxable income translated into TVU less TVU 31,000) x 39% + TVU 10,352			

SUSTAINABLE DEVELOPMENT CSAALS







































SUSTAINABLE DEVELOPMENT GOALS (SDG):



The Sustainable Development Goals (SDGs), also known as the Global Goals, were adopted by the United Nations in 2015 as a universal call to action to end poverty, protect the planet, and ensure that by 2030 all people may embrace peace and prosperity. The 17 SDGs are integrated – they recognise that action in one area will affect outcomes in others, and that development must balance social, economic and environmentally sustainability.

The SDGs more relevant than others embraced by PASCAS are:

SDG 4: Quality Education. Ensure inclusive and equitable quality education and promote lifelong learning opportunities for all.

SDG 3: Good Health and Wellbeing. Ensure healthy lives and promote well-being for all at all ages.

SDG 7: Affordable and Clean Energy. Ensure access to affordable, reliable, sustainable and modern energy for all.

Also relevant, but of lesser scale are:

SDG 2: Zero Hunger. Ensure fresh food being available for all at all times.

SDG 6: Clean Water and Sanitation. Ensure availability and sustainable management of water and sanitation for all.

SDG 16: Peace, Justice and Strong Institutions. Promote peaceful and inclusive societies for sustainable development, provide access to justice for all and build effective, accountable and inclusive institutions at all levels. We are not to impose our will upon another!

Three of the other SDGs are also cross-cutting across our work:

SDG 1: No Poverty. End poverty in all its forms everywhere. Safe lodgings and meaningful, paid employment.

SDG 5: Gender Equality. Achieve gender equality and empower all women and girls.

SDG 17: Partnerships for the Goals. Strengthen the means of implementation and revitalise the global partnership for sustainable development.

TO EXPAND upon the above:



SDG 4: QUALITY EDUCATION

Ensure inclusive and equitable quality education and promote lifelong learning opportunities for all.

Target 4.1: Ensure that all girls and boys complete free, equitable and quality primary and secondary education leading to relevant and effective learning outcomes.

- Target 4.2: Ensure that all girls and boys have access to quality early childhood development, care and pre-primary education so that they are ready for primary education.
- Target 4.3: Ensure equal access for all women and men to affordable and quality technical, vocational and tertiary education, including university.
- Target 4.5: Eliminate gender disparities in education and ensure equal access to all levels of education and vocational training for the vulnerable, including persons with disabilities, indigenous peoples and children in vulnerable situations.
- Target 4.6: Ensure that all youth and a substantial proportion of adults, both men and women, achieve literacy and numeracy.
- Target 4.a: Build and upgrade education facilities that are child, disability and gender sensitive and provide safe, non-violent, inclusive and effective learning environments for all.
- Target 4.b: Substantially expand globally the number of scholarships available to developing countries, in particular least developed countries, small island developing States and African countries, for enrolment in higher education, including vocational training and information and communications technology, technical, engineering and scientific programmes, in developed countries and other developing countries.
- Target 4.c: Substantially increase the supply of qualified teachers, including through international cooperation for teacher training in developing countries, especially least developed countries and small island developing states.



SDG 3: GOOD HEALTH and WELL-BEING

Ensure healthy lives and promote well-being for all at all ages.

Target 3.1: Reduce the global maternal mortality ratio to less than 70 per 100,000 live births.

- Target 3.2: End preventable deaths of newborns and children under 5 years of age, with all countries aiming to reduce neonatal mortality to at least as low as 12 per 1,000 live births and under-5 mortality to at least as low as 25 per 1,000 live births.
- Target 3.3: End the epidemics of AIDS, tuberculosis, malaria and neglected tropical diseases and combat hepatitis, water-borne diseases and other communicable diseases.
- Target 3.4: Reduce by one third premature mortality from non-communicable diseases through prevention and treatment and promote mental health and well-being.
- Target 3.7: Ensure universal access to sexual and reproductive health-care services, including for family planning, information and education, and the integration of reproductive health into national strategies and programmes.

Target 3.8: Achieve universal health coverage, including financial risk protection, access to quality essential health-care services and access to safe, effective, quality and affordable essential medicines and vaccines for all.

Target 3.c: Substantially increase health financing and the recruitment, development, training and retention of the health workforce in developing countries, especially in least developed countries and small island developing States.



SDG 7: AFFORDABLE and CLEAN ENERGY

Ensure access to affordable, reliable, sustainable and modern energy for all.

Target 7.1: Ensure universal access to affordable, reliable and modern energy services.

Target 7.2: Increase substantially the share of renewable energy in the global energy mix.

Target 7.b: Expand infrastructure and upgrade technology for supplying modern and sustainable energy services for all in developing countries, in particular least developed countries, small island developing States, and land-locked developing countries, in accordance with their respective programmes of support.



SDG 2: ZERO HUNGER

Ensure that the infrastructure and resources are available within communities to provide fresh produce all year round. Should there be inadequacies, work to resolve this either within the community or from outside of the community.

Target 2.1: Ensure universal access to safe and nutritious food.

- Target 2.2: End all forms of malnutrition.
- Target 2.3: Double the productivity and incomes of small-scale food producers.
- Target 2.4: Ensure sustainable food production and resilient agricultural practices.
- Target 2.5: Maintain the genetic diversity in food production.
- Target 2.a: Invest in rural infrastructure, agricultural research, technology and gene banks.
- Target 2.b: Prevent agricultural trade restrictions, market distortions and export subsidies.
- Target 2.c: Ensure stable food commodity markets and timely access to information.



SDG 6: CLEAN WATER and SANITATION

Ensure availability and sustainable management of water and sanitation for all.

Target 6.1: Achieve universal and equitable access to safe and affordable drinking water for all.

Target 6.2: Achieve access to adequate and equitable sanitation and hygiene for all and end open defecation, paying special attention to the needs of women and girls and those in vulnerable situation.



SDG 16: PEACE, JUSTICE and STRONG INSTITUTIONS

Promote peaceful and inclusive societies for sustainable development, provide access to justice for all and build effective, accountable and inclusive institutions at all levels. This is only possible through The NEW WAY.

Target 16.1: Significantly reduce all forms of violence and related death rates everywhere. Violence is never justified!

Target 16.2: End abuse, exploitation, trafficking and all forms of violence against and torture of children. Abuse of any form is torture.

Target 16.5: Substantially reduce corruption and bribery in all their forms.

Target 16.6: Develop effective, accountable and transparent institutions at all levels.



SDG 1: NO POVERTY

End poverty in ALL its forms everywhere.

Target 1.1: Eradicate extreme poverty for all people everywhere, currently measured as people living on less than US\$1.25 a day (2020).



SDG 5: GENDER EQUALITY

Achieve gender equality and empower all women and girls.

Target 5.2: Eliminate all forms of violence against all women and girls in the public and private spheres, including trafficking and sexual and other types of exploitation.

Target 5.2: Ensure women's full and effective participation and equal opportunities for leadership at all levels of decision-making in political, economic and public life.



SDG 17: PARTNERSHIPS for the GOALS

Strengthen the means of implementation and revitalise the global partnership for sustainable development.

Target 17.9: Enhance international support for implementing effective and targeted capacity-building in developing countries to support national plans to implement all

the sustainable development goals.

Target 17.17: Encourage and promote effective public, public-private and civil society partnerships, building on the experience and resourcing strategies of partnerships data, monitoring and accountability.



VEGLEC

EMOTIONA



KIDS

in families with emotional neglect will blame self in order to PRESERVE the PARENT

0 0 0

EMOTIONAL NEGLECT can also occur when an attuned parent isn't able to EMOTIONALLY

a particularly



-MOTIONS are a OMPASS FOR LIVING

WE NEED THEM!

CHRONIC SHAME

can develop when a child interprets their distress in aloneness -ASproof something is wrong with THEM.



CHILDREN With too much shame learn to

all emotion HOWEVER <



EMOTIONS EXIST IN THE

* EVEN IF * A PERSON HAS SHUTDOWN AWARE-NESS OF THEM.

EXPERIENTIAL THERAPY

Includes a focus on bringing awareness to bodily sense of emotion.

INHIBITORY emotions include

- · SHAME
- · GUILT
- · ANXIETY

THESE SERVE AVOID



CORE **EMOTIONS**

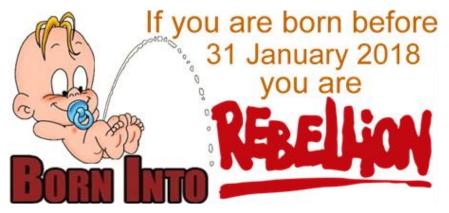
- · SADNESS
- · ANGER
- · FEAR
- · DISGUST
- o Joy
- · EXCITEMENT
- · AROUSAL

FROM HILARY JACOBS HENDEL

MENTAL HEALTH HAPPY HOUR

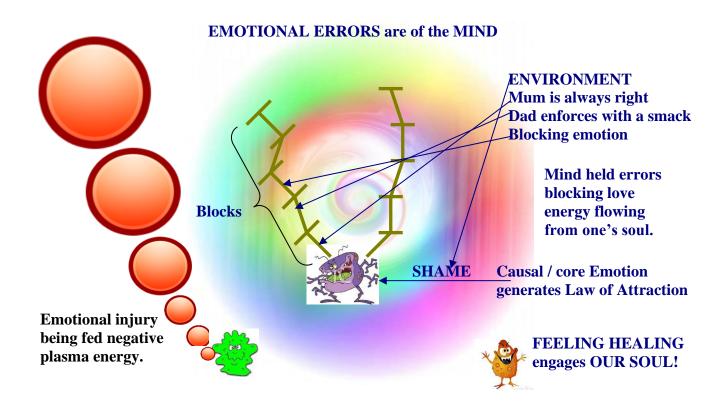
DOODLE BY @LINDSAYBRAMAN

LAYERS upon LAYERS are to be healed through longing for the TRUTH!



To the extent that parents have healed themselves prior to conceiving a child, that child will now be free of those imposts of the Rebellion and Default through parents' Healing.

Everyone will still be born into the Rebellion up until the Avonal Age actually starts. People are currently being born into the Rebellion which is going through the initial stages leading up to its complete end, but that doesn't affect new people being conceived by their rebellious parents. And even during the Avonal Age, people conceived and born to 'mind-parents', rather than 'feeling-parents' who will be doing their Healing or having Healed it, will still come completely into the Rebellion and Default. The Rebellion and Default will be modified compared to how it is now because of the Avonal influence, but still everyone refusing to embrace the Avonal's Truth and so The New Way by doing their Healing, will still become wholly of the Rebellion and Default.



GLASS CEILING BARRIER REMOVAL:

Correlation of Levels of Consciousness – Soul Condition – and Society Problems								
Level of Rate of Unemployment		Rate of Poverty	Happiness Rate "Life is OK"	Rate of Criminality				
600 +	0%	0.0%	100%	0.0%				
500 - 600	0%	0.0%	98%	0.5%				
400 - 500	2%	0.5%	79%	2.0%				
300 - 400	7%	1.0%	70%	5.0%				
200 - 300	8%	1.5%	60%	9.0%				
100 - 200	50%	22.0%	15%	50.0%				
50 - 100	75%	40.0%	2%	91.0%				
< 50	95%	65.0%	0%	98.0%				

These two charts demonstrate the stark reality of one's probable quality of life that we will experience relative to our personal calibration as per the Map of Consciousness developed by Dr David Hawkins. This calibration level is essentially set for life by the time we reach the age of six (6) years.

	No. of Countries	Average MoC	Average Life	Human Development	Happiness Index	Education Index	Per Capita Income 2020
			Expectancy	Index			
400s	10	406	78.50	0.939	6.8	.861	US\$54,010
300s	13	331	71.77	0.798	5.9	.684	US\$17,827
200s	10	232	69.45	0.759	5.8	.648	US\$16,972
High 100s	18	176	69.00	0.724	5.2	.639	US\$9,900
Low 100s	7	129	61.88	0.653	4.7	.567	US\$2,628
Below	-		3-100	33333			0.27-75-5
100	11	66	52.73	0.564	4.2	.488	US\$2,658
WORLD		220	70				US\$10,900

COLOMBIA overall population calibration is MoC 320

Colombia MoC	No. of Countries	Average MoC	Average Life Expectancy	Human Development Index	Happiness Index	Education Index	Per Capita Income 2021 PPP
320	1	320	77.46	0.767	6.0	.657	US\$15,200

The overall consciousness of humanity remained at 190 on Dr David R Hawkins' Map of Consciousness (MoC) scale for around 1,700 years up until the mid 1900s. It has only recently began to rise due to a few people realising that living feelings first, that is, embracing our feelings, our soul based feelings which are always in truth, and having our minds to follow in implementing what our feelings are guiding us to do, that we can break free of the shackles of mind-centric living. This revelation has had a profound positive impact. Through living feelings first we can heal ourselves of our childhood suppression which is imposed upon us from the moment of conception through to the age of six years by our parents and those close to us – there are and have been no exceptions – we all have and are subjected to childhood suppression.

While we live mind-centric we cannot progress beyond 499 on Hawkins' Map of Consciousness. That is the glass ceiling we are to break through now, and remove the re-stictiveness of mind-centricity from our lives. For 200,000 years, we have been misguided to worship our minds and now we are free to choose THE NEW WAY – to live through our feelings, to live feelings first, and as we grow to do so, then the glass ceiling will be dissolved for ever for those who embrace their feelings over their mind.

War between nations, war between people will continue until we heal ourselves of our childhood suppression through embracing our feelings, our soul based feelings of truth. Disease and illness of all kinds will continue to plague us until we heal ourselves of our childhood suppression. All social ailments are of the consequence of our childhood suppression. This is the greatest time in the history of humanity because we now have been shown how to heal ourselves of our childhood suppression. This has now been achieved. It has never occurred in prior times throughout the history of humanity.

Of the past 3,400 years, humans have been entirely at peace for only 268 of them, or just **8%** of recorded history. War has prevailed throughout 92% of the time of modern history. How many people have died in war? At least 108 million people were killed in wars in the twentieth century alone. **Conflict and violence are currently on the rise**, with many conflicts today being waged between non-state actors such as political militias, criminal and international terrorist groups.

Earth's humanity is presently experiencing 'rolling' disruptions that commenced on 22 March 2017 and are likely to continue unfolding relentlessly for around three decades. Nothing and none of the systems that came about during the 200,000 era of the Rebellion and Default are going to be allowed to continue. Nothing will remain the same. We are not going to be allowed to continue with our old ways without great difficulty. We are being encouraged to seek a new way – The NEW WAY! For those who steadfastly hold onto the old ways, their lives will be very difficult. For those who seek the New Way and begin to embrace the new way, they will find life significantly easier.

WE'VE BEEN SCREWED BY

Lucifer and his soul partner, with his assistant Satan and soul partner, brought about the Rebellion 200,000 years ago, and through his deputies, Caligastia and Daligastia, and their soul partners, they

brought about the default by Adam and Eve of their mission on Earth more than 38,000 years ago.

& DEFAULT

On the 31 January 2018, the formal ending of the Rebellion and Default took place, now the out working of the Rebellion is to unfold.

The earthing of the Law of Compensation commenced to quicken on 22 May 2017 and may be fully earthed when the Avonal bestowal pair

ENDにLINE

complete their mission on Earth. The Avonal Pair are to introduce the coming Avonal Age of 1,000 years during which time all of Earth's humanity will progressively be introduced to Feeling Healing, Living through our Feelings, Living Feelings First and the way to heal ourselves of what we have each taken on of the Rebellion and Default, mostly through our Childhood Suppression commencing at the moment of conception and completing when we are six years of age.

LAW OF COMPENSALION

Through the earthing of the Law of Compensation, in the way it is applied throughout the spirit Mansion Worlds, is why it has been said that a 1,000 years of peace will unfold after the third and final world war.

Insanity Of Humanity

Presently, all of humanity is functioning in one form or another of a stupor, living zombie like, never responding intuitively with any form of spontaneity. The insanity of humanity is visible to all. It will only be when individuals heal themselves of their childhood suppression and begin to fully live through their soul based feelings, having their minds following in executing what our feelings are guiding us to embrace, will the depth of our retardation become obvious to each of us.

The New Way – Feeling Healing

Freedom Pathway being Feeling Healing Feeling Healing is the pathway to TRUTTH and HAPPINESSI

How is it that we are each so retarded?

Wayward high level leadership of Earth's humanity has cleverly crafted and institutionalised systems that impede every aspect of our living. This has been so for the past 200,000 years.

We were firstly guided, influenced to embrace living mind-centric. That is, we now believe that through our minds that we may achieve all of our goals, we can become almost everything we want, that we can become powerful and prosperous and progress to the greatest heights imaginable. We are to live suppressing our feelings, we are taught by our parents to suppress our true personality and to embrace the personality they want us to be – like them – deluded!

LAW OF FORGIVENESS

As women are closer to their feelings then men, these high level wayward leaders guided men to subordinate women. Thus, these past 200,000 years, women have been subjected to suppression by men because as women embrace their feelings and begin to express their feelings, which are always in truth, women will expose the folly of mind superiority. We are to live feelings first and have our minds follow in the process of implementing what our feelings are leading us to embrace. Not the other way round as it now is — mind first and feelings suppressed.

Our minds are wonderful and all part of our progression – when in support of our feelings. Our minds cannot discern truth from falsehood and are addicted to untruth, our minds are addicted to control of the environment and other people. Our thoughts are mind generated, when we say; 'I think', we begin to express an assumption generated by our mind – assumptions are around 98% in error, the other 2% are flukes. Our feelings are always in truth. We are fully self-contained, all we need to know is self-contained, we have all we need within ourselves, all we need to do is allow our feelings to surface and embrace them, having our minds to follow in implementing our feeling's guidance.

Education

All education platforms, worldwide, are predominantly mind-centric. There is no feeling orientation and embracement in the way we are to live within education platforms. In fact, education is a tiresome, boring process of lectures. A lecturer delivering a tirade of words from the front of a room is the most ineffective teaching and learning device imaginable – it is also the most commonly employed teaching process.

Children only need their parents' love!

Children, they only need their parents' love and they will have everything they need in life, and they will have it all because they have felt loved, like they came first in their parents lives, like they were so special nothing bad could happen to them and all because they felt truly loved and that is all that mattered.

Sam's Book – Parenting and Feeling Healing – Book II COMMERCIAL IN CONFIDENCE

LAW OF COOPERATION

The LAW of COOPERATION

8 October 2022

Is to work in conjunction with (cooperating with) the Law of Compensation.

LAW OF COMPENSALION

It's a Universal Law potentially to be 'imposed' upon humanity on Earth. It is currently in 'operation' in the Mansion Worlds, ensuring everyone cooperates in a friendly way with everyone else to maintain a certain standard of life as agreed upon by all involved, that which is determined by the Mind (rebellious) or Truth (Healing) way the spirits might be living.

Currently on Earth in our rebellious states, the Laws of Compensation and Cooperation are not active. So we live with the 'every man for himself' ethic, the powerful being the successful 'winners' who dominate the not so powerful 'failures'. Whereas in the Mansion Worlds (and the rest of non-rebellious Creation), equality, so even in a rebellious state, is the Law, and so if you cross the line inflicting dominance over another causing some level of suffering, pain and hurt, you will instantly come under the workings of the Law of Compensation and have to compensate for such transgression by feeling all that pain, hurt and suffering you have caused the other spirit to feel. So naturally, Universal Law and Order is maintained by everyone honouring the Law of Compensation, no one wanting to bring its 'wrath' down upon themselves.

Then added to keeping the peace, is the Law of Cooperation, for everyone in the Mansion Worlds who are happy and content to further their rebellious mind state in worlds 1, 2, 4 and 6; or doing their Healing, starting in world 1 and moving through 3, 5 and 7. So everyone willingly feels they want to cooperate with everyone else. Therefore, in the rebellious mind worlds, all spirits willingly and 'lovingly' cooperate with all other mind spirits; and the same in the Healing worlds, together with everyone willingly cooperating with the Healing. If you don't want to cooperate then you'll feel very bad, so everyone willingly wants to do some 'work' for the greater good of all. So there is no need for spirit money or spirit barter for any work done, because everyone willingly loves to work for other spirits, wanting nothing in return, loving giving and receiving as they feel moved to do. So for example, many spirits make spirit clothes out of the spirit material willingly and lovingly for other spirits to wear, freely giving such spirit clothes away, not wanting anything in return other than the receiving spirit being happy to wear and love their clothes. So, the Mansion Worlds function peacefully in their rebellious states – or in their Healing states.

So, now imagine if the two Laws are activated and applied to humanity on Earth... how would things change – and drastically change they would!

For example, everyone who is wilfully doing anything to make another suffer, feel hurt and pain, would cease their harmful ways, themselves feeling all that suffering, hurt and pain they've inflicted on the other person. So personally, as in personal relationship if you hit someone, emotionally, politically, socially, on all levels. If you run a business or government that is hurting people economically, socially, emotionally, spiritually, mentally, in any way causing anyone to suffer, then you're going to feel all that pain of all the people you're hurting. Even if you're doing it indirectly. If you work for a business or company and are forced to hurt others through policy of those controlling the company, no doubt you will still feel bad for what you've done, and you might leave, but if it's your only source of livelihood, then the Law of

COMMERCIAL IN CONFIDENCE

Compensation won't be as harsh or won't possibly be applied at all. So really it applies to those who are wilfully hurting, coercing or deceiving others, who will have to do their Hell Time to compensation for all suffering and pain caused.

So, imagine if suddenly everyone had to stop hurting everyone else, including all animal abuse – how would the world be?

LALU OF FOZGIVENESS

Parents hurting their children are exempt from the Law, in that it will still apply, however it is suspended until the parent does their Spiritual Healing, and then it will come under the greater Law of Forgiveness. So parents doing their Healing and waking up to the truth of how badly and unloving they have treated their children, will feel all the pain of their transgressions as the Law of Compensation works upon them, however it will be a part of their Healing under the Law of Forgiveness, because the Rebellion has been thrust upon us all, and so parents won't have to do actual separate Hell Time, however they will feel like hell doing their Healing when they see and feel how unlovingly they've treated their children.

One could argue that it's not fair everyone being subjected to the Law of Compensation because we've all unwittingly and unconsciously been subjected to the horrors of the Rebellion, however once we're an adult, rebellion or not, we're still answerable for our actions. And so if you cross the line and infringe upon another's will to the degree of making them suffer pain, the Law of Compensation will apply to you.

So if the Law of Compensation is applied to Earth, one can imagine there will be many of the world's top controlling people suddenly stricken down with all the pain of their wrongdoing, thereby leaving quite a gap in the way things get done, into which other people will have to step.

And if the Law of Cooperation is applied at the same time, then in theory the world can dispense with the need for money, so no power or wealth accumulation, everyone can have what they want, and no one will want such power over others because of the Law of Compensation – and then how does the world keep functioning when suddenly there is no need to go to work to make money to survive? Hence the need for the Law of Cooperation, because like in the Mansion Worlds, everyone will feel driven to cooperate with the whole, so people will want to go to work for the sake of working to make everything keep working. Not to earn a living, just so they can participate in the whole of making life be as everyone will want it to be, that being a pleasant, good and happy standard of living. So the companies and governments will still work if need be, however their purpose and reason for existence will be for the good of the whole, with workers volunteering to work to keep them going. A utopia heaven on Earth, even a rebellious one, just as the Mansion Worlds are called heaven.

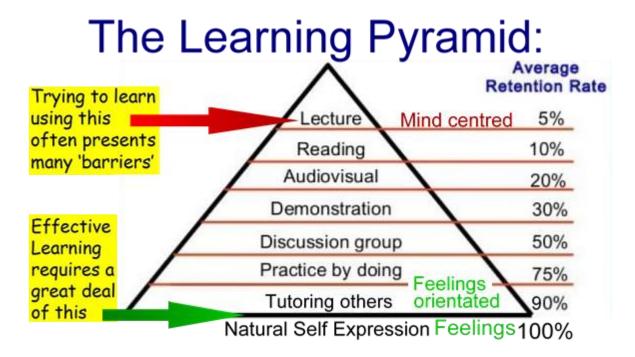
So is the new Spiritual Age that is possibly forthcoming, heralding the end of the 'Lawless' Rebellion? Is humanity on Earth to move to mirror humanity in the Mansion Worlds? So can life over there be applied to life here on the physical Earth? Will people strive to continue living their rebellious ways cooperatively within the overseeing Law of Compensation, all in a 'nice, friendly and loving' evilness, like in the mind Mansion Worlds? Whilst other people will strive to live cooperatively doing their Healing, wanting to finally end being of the Rebellion and Default?

The Golden rule is: Never interfere with another's will. Golden Rule: One must always honour another's will as one honours one's own.

Should we intend to cause harm to another, then we will endure the pain and discomfort to the full extent that other person would have endured should we have carried through with our intent! We will find that at all times we are put in the place of the intended victim(s) when we intended or have brought discomfort, difficulties, injury and pain to each and every person throughout our lives! We become the victim of all our actions when those actions are detrimental to anyone or group of people – to the full extent of the injuries intended or imposed.



COMMERCIAL IN CONFIDENCE



Once the core subject material is introduced, students tutoring each other in small groups of around 12 people is a more superior learning process – yet seldom provided for. Practice by doing, tutoring others flows into natural self-expression, thus achieving comprehensive knowledge of any core subject – and it is permanent learning. Our whole life is about experiences and the feelings that come from such experiences. As feelings arise we are to long to know the truth behind what those feelings are endeavouring to reveal to us. We are truth seekers! And we are to be feelings expressive!

By being mind-centric, we cannot progress up Dr David R Hawkins' Map of Consciousness (MoC) scale beyond 499. On the MoC, 400-499 is the field of 'Reason' – the pinnacle of science!





Universally, all sectors of education, pre-school, primary school, high school, craft centres, technical and further education, university, etc., are all mind centric platforms that retards one's freedom of expression and closes down evolutionary growth potential. The PhD – Doctor of Philosophy – is the extreme of feelings suppression with total immersion into one's mind.

Health

Are there really 10,000 diseases and just 500 'cures'?

"Regulators, scientists, clinicians and patient advocacy groups often cite ~7,000 as the number of rare diseases, or between 5,000 and 8,000 depending on the source. While this consensus process is still ongoing, USA National Institutes of Health currently estimate the number of rare diseases to be more than 10,000. An estimate published by the University of Michigan Medical School that "there are roughly 10,000 diseases afflicting humans, and most of these diseases are considered 'rare' or 'orphan' diseases."

"There are other estimates, as well. The German government lists 30,000 diseases, of which it says 7,000 are rare, though it cannot be determined how that figure was calculated. Anderson noted that the 10th revision of the International Statistical Classification of Diseases and Related Health Problems (known as ICD-10) has nearly 70,000 codes, which would be an upper-bound estimate.

"The focus is really on rare diseases, but a credible case can be made that there are at least 10,000 diseases in the world, though there is likely more. And there are a bit over 500 treatments. So, as far as round numbers go, 10,000 diseases / 500 treatments works as a talking point."

However, NO ONE comprehends what is the underlying cause of disease! Our health carers, our doctors and nurses never discuss or outline why we have a discomfort, pain, illness or disease. Kindly ask yourself, when was the last time your medical practitioner outlined to you why you have a particular health issues that you presented yourself with to him or her? **There is ONE cause – CHILDHOOD SUPPRESSION.**



Medical sciences introduce a never ending array of names for a never ending array of ailments without comprehending the elephant in the room – our **Childhood Suppression and ongoing Repression**. ALL our discomforts, pain, illnesses and diseases are generators to have each of us express our feelings, both good and bad. As we grow in embracing this way of living FEELINGS FIRST and long for the truth of what our feelings are drawing our attention to, we will come to recognise that all our issues have their foundations throughout our childhood forming years, from the moment of conception through to the age of six years, up to when our Indwelling Spirit arrives.

Our soul orchestrates it all. Our soul does everything. Our soul brought our spirit body into existence and, in turn, our etheric spirit body is the template of our physical body. Light continually flows from our soul through our spirit body and into our physical body. Our experiences in the physical are expressed back to our soul as light. Everything that we experience is recorded by this light returning by our soul. Emotional injuries and errors of belief that we experience impede the flow of light back to our soul – consequently we are degraded by such accumulating damage and harm. Look at a young child and then look at yourself now!

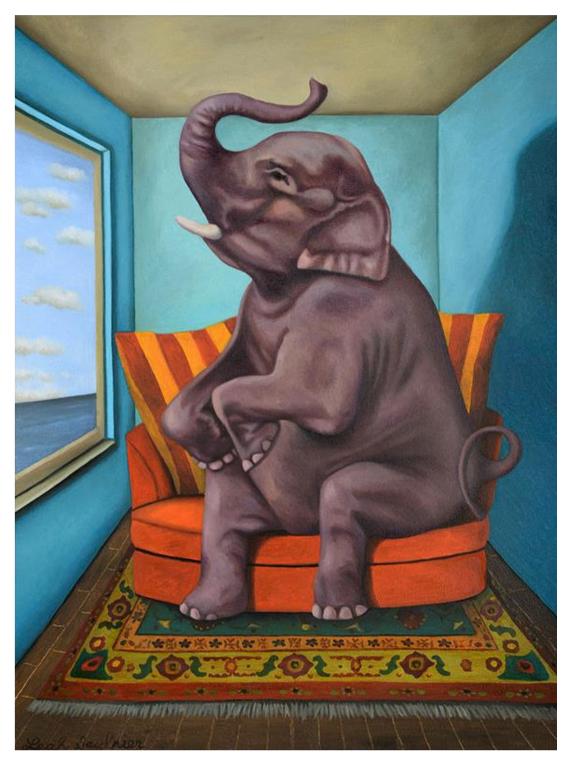
At the moment of our conception, we are perfect in every respect – both in Natural love and physically. We are then literally fire-hosed by our parents' emotional injuries and errors of belief and this is ongoing. They are not even aware of our existence when this onslaught commences – no wonder many conceptions do not survive to incarnation which is when the foetus commences to pump blood some 16 days after conception.

My individual "Rebellion and Default" is my overarching virus!

We are to express our feelings, both good and bad, emotionally!

Talk it out with a Friend!

Childhood Suppression is the elephant in the room!



COMMERCIAL IN CONFIDENCE

The underlying generator of all discomfort, pain, disease and illness is Childhood Suppression and ongoing Repression.

Feeling Healing is our only recovery and soul growth pathway.

It is that simple!

Living Feelings First growth potential is O

Our Feelings are our Supreme Guide! Truth is found through our feelings, we are to long for the truth about what our feelings draw our attention to. Our soul based feelings are always in truth. We are fully self-contained. This simple fact has been hidden from us for 200,000 years while our hidden controllers, the evil ones, kept us under their selfish controlling agenda.

Living through our feelings first with our minds to follow in assisting with what our feelings guide us to consider is a rewarding, freeing and vibrant life. Whereas we all have been retarded through living mind centric.

Living through our Feelings First, the New Way, and longing for truth of what they are to reveal, expressing what we feel, both good and bad, will enable us to progress through the Feeling Healing Mansion Worlds while living on Earth. With Divine Love we will be fit to enter the Celestial Heavens and progressively then through all the Celestial Heavens of our local Universe of Nebadon and then onwards to Havana and Paradise, the home of our Heavenly Mother and Father.

Not only will we progress beyond 1,000 MoC when transitioning into the 1st of the Celestial Heavens, by the time we reach Paradise we will have progressed to what could only be described as infinity – well not quite – but we will be truly awesome in our evolution and development.

Living mind-centric limits growth to 499 MoC

We all live through our minds! We all suppress and ignore our feelings. This has been how we have been led to live by high level spirits who had ambitions of self glorification to our detriment. These wayward spirits had allusions of expansionary empowerment and they needed Earth's humanity as their foot soldiers! Through their deceit, we would continue to live in spirit as we do on Earth without any prospect of progressing out of the spirit mind Mansion Worlds.

Should we continue with aspirations in the perfecting of our mind then we can progress from the 1st spirit Mansion World to the 2nd mind spirit Mansion World, then 4th and finally 6th mind spirit Mansion World to a dead end. In these higher worlds we may appear to be guru type personalities but we have gone further away from God – we have then perfected our evilness!

The mind can even stave off the time when the Law of Compensation is addressed.

A U-Turn is required and then one would commence embracing their feelings and progress through the Feeling Healing Mansion Worlds 3, 5 and 7. With Divine Love then on completion of the 7th spirit healing Mansion World process we transition to the 1st of the Celestial Heavens.

While we suppress and ignore our feelings we are living in hell and putting ourselves through untold misery, pain and suffering when we can achieve healing to the level that we are living as Celestials while in the physical on Earth!!!

PASCAS FOUNDATION (Colombia) Inc

We enable awareness so that people and communities may profoundly grow their lives, livelihoods and exponentially enhance their futures.

Empowerment is by:

the New Way: Learning how to live true to ourselves by living true to our feelings;

enabling the true liberation of women through the truth of their <u>feelings</u>;

assisting urban as well as remote and rural communities with access to truth through all levels and forms of <u>education</u>;

supporting delivery of quality and accessible healthcare;

improving opportunities for and the safety of all, especially <u>women</u> and children;

and fostering a new era of <u>leadership</u> and <u>leaders</u>.

It takes a village to raise a child.

LIVING FEELINGS FIRST and EARLY CHILDHOOD

THEORY OF CHANGE

A 'theory of change' explains how activities are understood to produce a series of results that contribute to achieving the final intended impacts. Theory of Change supports the social, human rights and assets changes needed to lift communities out of poverty by working across four program areas: education, health, equality and leadership.

IMPACT

Improved lives, livelihoods and futures for all

EDUCATION

High functioning and resourced, locally relevant, empowered education system which enables every elementary and primary aged child the opportunity to go to school

HEALTH

Well-resourced and functioning health system that provides accessible and affordable primary healthcare to all people in remote communities

EQUALITY

Women and girls are protected from violence and exploitation and have access to improved livelihoods through income-generation opportunities

LEADERSHIP

A new generation of engaged young leaders have created positive, equitable and sustainable change

PROGRAM LOGIC MODEL

The following program logic is used to describe programmatic interventions within effective framework:

INPUTS: Resources

OUTPUTS: Activities Participants OUTCOMES: Mid term changes 2-5 years IMPACTS: Long term changes 5 – 10 years

A set of inputs producing a consistent set of outputs is a 'project'

A set of projects producing a consistent set of outcomes is a 'program'

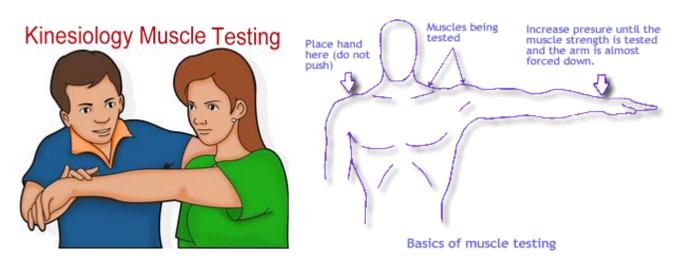
Inputs - usually time, money, resources, human resources Outputs - tangible and concrete products or activities delivered by or through, e.g. a training college, school resources, professional development, solar lights A set of programs producing a consistent set of impacts is a 'strategic plan'

Outcomes - long-term changes that projects or interventions make a contribution to, e.g reduced maternal mortality Impact - Highest-level of organisational achievement, related to the wide-scale achievement of sustainable outcomes

COMMERCIAL IN CONFIDENCE

EINSTEIN'S THEORY of INSANITY





Through kinesiology muscle testing, we can determine what is in truth and what is not, further, we can also determine the level of truth of anything!

NO PROBLEM CAN BE SOLVED
FROM THE SAME LEVEL OF
CONSCIOUSNESS THAT CREATED
IT.
-ALBERT EINSTEIN

COMMERCIAL IN CONFIDENCE

The SITUATION and the OPTION:

Presently the population of Colombia overall calibrates at around 320 on Dr David R Hawkins' Map of Consciousness. Earth's humanity overall is calibrating at around 220.

Worldwide Level of Consciousness based on the Map of Consciousness (MoC)

see Power vs Force by Dr David R Hawkins

6,000 years ago	MoC	72
At the time the Vedas were written		74
At the birth of Buddha		91
Prior to the conception of Jesus of Nazareth		101
After the birth of Jesus of Nazareth		147
At the death of the last apostle		182
In 827 AD (at the death of Charlemagne)		190
When Abraham Lincoln took office as President		190
Avonal Pair progress through their Feeling Healing	in 2022	220

Correlation of Levels of Consciousness – Soul Condition – and Society Problems								
Level of MoC Rate of			Happiness Rate	Rate of				
Consciousness	Unemployment	Rate of Poverty	"Life is OK"	Criminality				
600 +	0%	0.0%	100%	0.0%				
500 - 600	0%	0.0%	98%	0.5%				
400 - 500	2%	0.5%	79%	2.0%				
300 - 400	7%	1.0%	70%	5.0%				
200 - 300	8%	1.5%	60%	9.0%				
100 - 200	50%	22.0%	15%	50.0%				
50 - 100	75%	40.0%	2%	91.0%				
< 50	95%	65.0%	0%	98.0%				

The people of Colombia can continue as they are, passing their ways of living, emotional injuries, errors of belief on down through their generations, living in despair, despondency, poverty and hardships or embrace a new way of living, the New Way, Living Feelings First. Though the people present a happy, friendly persona, it is a national façade.

The option is that universal free education be made available throughout Colombia and that the option to consider and embrace living feelings first, with our mind to follow in support, as against how it presently is, our mind being the centre of education with all its limitations and suppressions.

Our life is our experiences and the feelings that arise from our experiences. We are to express and talk out what we are feeling from our experiences. Communities who are feelings focused evolve rapidly whereas mind centricity entombs communities within their quagmire for the aeons to come.



MARKET OPPORTUNITY:

TENTATIVE WISH LIST (Education)

1. Early Childhood Education (identify and fund a model school).

Kindly consider a pre-school to be established within every province. This may be centred in communities that the mothers can obtain employment. The mode of operation and management of a centre could have a combination of trained personnel with extended family supporting. The structure may vary to reflect the needs and customs of the town or larger villages. Training of key staff is a priority leading to opening of pre-schools – this could be considered through regional campuses of Pascas University that are to be established.

THE ITCH

- Assumptions are our greatest enemy.
 Our minds cannot discern truth from falsehood. Our minds are addicted to untruth and control of others and the environment.
- Our soul based feelings are always in truth – yet we are taught from conception to suppress them.
- 2. Early Childhood Teacher Training program.

Living Feelings First is outlined in eight Pascas Papers that may be downloaded from www.pascashealth.com in the Medical – Emotions section on the Library Download page:

- Pascas Care Living Feelings First Adults.pdf
- Pascas Care Living Feelings First Children Annexures.pdf
- Pascas Care Living Feelings First Children Discussions.pdf
- Pascas Care Living Feelings First Children Graphics.pdf
- Pascas Care Living Feelings First Children.pdf
- Pascas Care Living Feelings First Drilling Deeper Structures.pdf
- Pascas Care Living Feelings First Drilling Deeper.pdf
- Pascas Care Living Feelings First Reference Centre.pdf

These papers have been specifically developed for the education system and classroom application. These are to be added to the materials that may be considered by the Education Leadership Team. The culture of the people in each region being accommodated, to be melded with the environment presently existing and evolving.

3. School library / resource centre in each province possibly in the model school.

We can consider establishing a model demonstration school in every province – and even more than one – or as many as seen appropriate. Each school when reviewing their library / resource centre, with no exceptions, can have their wish list considered, should they come forward with what they may feel required. This will need a significant administration team and appropriate resources to manage the logistics. This could also involve internet communications involving satellite, renewable power generation and laptops / ipads / tablets to be provided and installed.

- 4. Teacher professional development (in-service, workshop etc.) on various topics such as early literacy and numeracy including multi modal literacy), civic and citizenship education, basic health and hygiene.
- 5. Consider the establishment of teachers' training campuses in provinces with potential teachers also being provided with scholarships to enable them to follow their passions and complete required training. Scholarships may be extended to providing housing and costs of living. These provincial campuses may be the start of Pascas University throughout Colombia.
- 6. Training on Leadership and Management in Schools aimed at school principals, curriculum leaders, etc. to engage in school policy development, implementation, and evaluation.

Again, Pascas University campuses in provinces to enable as many potential educators to be accommodated to build the numbers of true educators to a level that education throughout Colombia can be an example of what can be achieved in a short period. This will also require the flattening of the hierarchical controlling domination that prevails throughout the education systems worldwide – it is this control that is stifling free flowing initiatives of many great educators. Workshops can be conducted at all appropriate Teacher Training campuses for all leader type educators.

Kindly reference through <u>www.pascashealth.com</u> at the Library Download page, scroll down to the heading Corporate Foundation Documents and click on to open:

- Pascas WorldCare Teams.pdf
- Pascas WorldCare Teams and Bottom Up Democracy.pdf
- Pascas WorldCare Teams Wisdom & Operation.pdf
- Pascas WorldCare Teams with PTQP.pdf
- 7. Standards Based Curriculum materials review against unfolding events and emerging revelations. Textbooks for different subjects may benefit from review and development, then train teachers on them as well on how to use other newly evolved Teachers' resources.

All materials and textbooks may be supplied. Uniforms may also be supplied. Kitchen facilities may be included in the schools and food supplied and prepared by catering staff for breakfast and lunch as required. The question is to ensure respect and acceptance of such support. Is it simply handed out? Is it invoiced to each student and announced as a scholarship? Is there a nominal payment from the student? It is to be free, however the student is to understand its importance in a way that is culturally acceptable.

8. Alternative education (adult and early school leavers) skills training to improve lives addressing inequities and promoting social justice concept. Begin by funding existing Technical and Vocational Education and Training (TVET / TAFE) schools with infrastructure, resources, (tools and equipment).

Pascas styled TVET / TAFE Colleges may be established in each province and concentrated on providing Technical and Trade Skills and IT training to equip the school leaver to be immediately and valuably employed in the local workforce, thereby retaining more of the population in the regional areas. Again, the education is to be free. This may be done with; "here are your fees and, congratulations, here is a scholarship".

9. STEM (Science, Technology, Engineering, Mathematics) education – develop resource materials to help teachers to implement these various projects prescribed in the curriculum. Such as teacher workbook. Concept applied in projects. Materials / equipment needed for these to support.

This is a big task and it is for those with big overview sight and then detail focus to attend to the minute requirements. It will also be an ongoing evolution. Pascas is to support this agenda all the way.

10. Sport development in schools (Physical Education (PE) equipment, uniforms, etc.).

Sport is the only reason why many attend school. Education is meant to be fun. This is mostly lost in the controlling addictions of most people throughout the education world and elsewhere in our lives. Sport is an important component of the school syllabus and fields and courts and swimming pools may be established in each school and the necessary equipment and uniforms supplied.

11. Water tanks for schools and proper toilets facilities.

Drinking water tanks and state of the art toilet facilities can be included in all schools as well as Teacher Training Colleges and Technical Colleges. Again, consider instructing an administration team to request what each education facility considers that it needs and then approve a delivery and installation operation.

12. Education material with foundations based on assumptions to be recognised for what they are – in error!

Our minds are addicted to untruth. Our minds cannot discern truth from falsehood. Consequently 98% of assumptions are wrong – the other 2% are flukes. Count the number of assumptions in research papers. We will then discover and understand the reason why society is floundering!

13. Education of girls to be prioritised.

If a girl spends only 2 years at school, she is likely to have more than 7 children. If she spends 6 years at school, she is likely to have around 4 children. If she spends 12 years at school then she may have only 2 children. World poverty is best averted by the tool of education in the first instance.

Girls and women are closer to their feelings than boys and men. Consequently, it is through our feelings that we excel. The belief that men are to dominate the female is that leaders of the past understood that should females be allowed to fully express themselves through their feelings then the men with their control would be ended. Today, we now start that ending for the advancement of both women and men!

14. The potential within us all is incomprehensibly amazing – however it will NOT be revealed through our minds. Our potential and our true personality will reveal itself through our soul-based feelings – this is The New Way – our new way of living. We are to live feelings first, express our feelings, both good and bad without acting upon them, and to long to know the truth of what our feelings are bringing to our attention.

Living mind centric, as we are all taught to do so from birth and throughout all our walks of life, imprisons each of us into limitations of mediocrity. We have no spontaneity, flare, intuition and creativity – we live life in a stupor, zombie like. Not even the greatest scientists in history calibrated higher than 499 on Dr David R Hawkins' Map of Consciousness (MoC) scale – the peak of reason. Scientists can go through life

achieving one or two break throughs whereas people living through their feelings routinely achieve break throughs. Being mind-centric is how humanity is controlled by the few. The education systems around the world are the arch agents of suppression for these controllers.

Now we can set ourselves all free to bloom in spontaneity, wisdom and vigour through our feelings – and it is all cost free!

15. We are to live through our feelings. Our soul does it all. We are to put aside the façade personality that our parents and early childhood carers imposed upon us. We are now, through our feelings, to discover who and what we truly are. This is incredibly freeing and beautiful. Our true brilliance will shine for all to see.

Life is about what OUR soul wants for us to experience. Living through our feelings eliminates mountains of stress that our mind brings upon us. Our day ends with being fresh with many achievements and goals attained. Should we live submitting to the imposed will of others, life is suppressive and unrewarding. We are to be who we truly are and that is the experiences that we are to have and to be expressed through our feelings. Doing this on a national basis will bring about an exemplary society, and that will be the peoples of Colombia.

The New Way: Learning how to live true to ourselves by living true to our feelings.

This time, in the history of humanity, is the most exciting time ever experienced.

Other Thoughts:

As the initial units for each of the educational elements are being constructed and opened then the planning and construction could be underway simultaneously at other sites in each Province. Issues encountered will be numerous but different in each location – so proceeding on multiple fronts is prudent – we will discover as we go along without delay.

Every aspect of how we have been living life is to be reviewed, reconsidered, redesigned, reconstructed and reintroduced. None of the institutional ways of doing things is to be automatically replicated or even continued. That is why the Education Leadership Team is unique from conception.

ALL societal growth has been the result of its education system, however they have all been proceeding down a rabbit hole to a glass ceiling being its dead end. Now for the Great U-Turn!

Childhood Suppression is the underlying cause of all physical illness and social issues seen throughout society.

We are in PAIN because of our UNLOUING CHILDHOOD!

and



Living through our Minds is Killing usl

<u>CHALDI COLLEGE – EDUCATION</u>: Nanna Beth -3^{rd} Celestial Heaven and James 28 July 2017

James: John has been wondering about how to set up schools and schooling 'under a tree', in keeping with it all being opposite to what we're all used to, can you give him any suggestions or point him in the direction he should look?

Nanna Beth -3^{rd} Celestial Heaven (John's grandmother): These are some ideas he can consider - just suggestions John, we won't say it has to be this or that way, as you know, it's for you to work things out. So basically, what would you like John - how would you have liked school to be?



Schooling is voluntary. It should be made to be something children want to do, not something that's forced on them.

It should be fun, as in keeping the whole focus on making them feel good about all they are doing. Not artificially praising them or praising them over their peers, but just supporting and being personal with them, allowing them to respond and find their own way.

It should not be separated into classes based on age. Classes should involve all ages, for example, the younger ones can learn and watch and be helped by the older ones, but not forcing the older ones to help the younger, all voluntary and what would naturally happen, more like in a big loving family rather than segregated because of age or whatever. Perhaps the 5, or less, to 10 in one group, 11 to 16 in another.

Teachers are to be able to deal with children of all ages, and work to allow the student to progress at the students own pace. Special or extra schooling can be provided when necessary to students that want more.

The subjects should all be practically oriented. Everything offered and so accepted voluntarily. Reading, writing and basic arithmetic, all so as to help the child deal with the real world. Other subjects like psychology – morals and ethics, love and friendship, acceptance and tolerance of ALL feelings, particularly bad ones, resolving disagreements, expressing feelings and yet not necessarily acting on them – particularly the bad ones, all based around how to respect and treat other people how you'd like to be treated. And how if you hurt by infringing upon another's will, then you will have to suffer that same amount of hurt, either now or in spirit. And about the Feeling Healing, what happens when you feel bad feelings, how to look to your feelings for their truth, so as to grow in understanding of yourself, nature, life, other people, and God – the whole spiritual aspect, including the Divine Love and Mother and Father, yet no religious indoctrination. The history, culture, place in the world. How to integrate with the modern world, computers, phones, internet, etc. Sport, play, arts, creative lessons and involvement. How to live and respect nature, the natural world, the environment, hygiene, natural health, sex, contraception, abortion and so on – about the person, the body, things to dispel myth and falseness, general science. Trades, technical work, hands on experience – building stuff, ways to use one's mind to do what one wants to do.

Duration of classes, half a day, longer when older for those wanting to learn more, homework voluntary and at the child's initiative – wanting to do it.

School is just part of life, not separate to life. Part of the family, tribe, society, not separate from it. Inclusion of other adults, parents, family members, as aides, helpers, teachers, together with professional teachers. Lots of people, and in particular older people (who also have the time), are natural teachers and should be encouraged even though they've not been specifically trained. One can only learn a certain

amount being taught to be a teacher, yet in reality, very few trained teachers have any real natural feeling for it. The more the 'teacher' makes their pupil feel the pupil is the important one, and the teacher is only there to help them if they need their help, and not to stuff it down their throats whether they like it or not, is where to begin. And how a child of differing ages learns, is as varied as the children themselves. So the more 'teachers' the better, and that means the child can gravitate to the 'teacher' that best suits them, rather than having to spend a whole year with someone you hate and you feel hates you.

University for higher learning, full on, voluntary, free, all information on any subject available with competent teachers. So the student can excel should they want to.

It all being with the focus on the person, offering them things which they can try and see if they like. Things that will help them in the world; and how to be a person living true to themselves – true to their own feelings; and how to respect another as one respects oneself.

James: Nanna Beth, John would like any comments on the Council of Elders continuing to contact people on Earth after he's croaked it.

Nanna Beth: It's as James said, there will be an increasing number of people opening up to us Celestials for all sorts of help, once they understand who we are and how we can help. So yes John, there will always be some main people on Earth we'll work with. And should it all keep needing to move along with one entity in control, such as what you're starting out with, then yes, that is how we'll engineer it. Should it break up or be broken up into many entities, then we'll be ready for and going with that. As much as we say we are in control, we mean that we are in control instead of the mind spirits. But still we are to work with humanity, in as much as humanity leads and we augment.

James: And Nanna Beth, I thought I'd ask you about the Religion of Feelings, as John is against a religion of any sort because of all that religions have done to us all, do you have any thoughts on it?

Feelings First Spirituality, New Feelings Way

Nanna Beth: It's all up to you James, what you want. Of course you're not wanting to go and instigate yet another religion in which people have to adhere to a set of rules because you know what will happen to that, any rules allowing people and their controlling agendas to take control over others, is something to be avoided at all times. However the notion of a 'religion', and one based on feelings, with no fixed agenda, no rules, just founded on truths, will allow people to have some sort of structure to relate to should they need that, but one in which they are entirely free to do whatever they feel based on their feelings. And with the Feeling Healing and Soul Healing being at its core, then those people intent on that will be able to work on themselves and it won't matter to them whether they are part of something or not.

As you understand, some people will like the idea, others won't like the word religion and will want to do it alone, so do whatever you feel you want to do. We don't call it anything over here other than Our Healing, yet we all had embraced the Divine Love before we began our Healing, however potentially that won't be so for a lot of people on Earth, and to say that people have to embrace the Divine Love to do their Healing would cancel out a large amount of people and is putting a rule in place, which doesn't need to be there and would only get in the way.

So to call it a Religion and yet to make it as free as you are intending James, is something for you to decide for yourself, which really just gets down to using the word religion. And I know it appeals to you because

it is a religion that is not a religion, yet more a true religion of truth than any of the existing religions are, so you're showing up those religions for the untruth that they are.

Anyway, it's what you want to do James, it's not for us to say one way or the other. And you will do what you want to do, you'll hear people's complaints or if they like the idea, weigh it all up, and still do what you want to do.

James: So you don't force or coerce anyone to do anything they don't want to do. Because who wants to be treated that way - no one!

Feelings First is a way of living without any dogmas, creeds, rituals, cannon laws, hierarchy or controls of any kind.



It takes a village to raise a child



The Indwelling Spirit arrival for the child around age 6 or 7 starts their independence.

The Golden rule is: Never interfere with another's will.

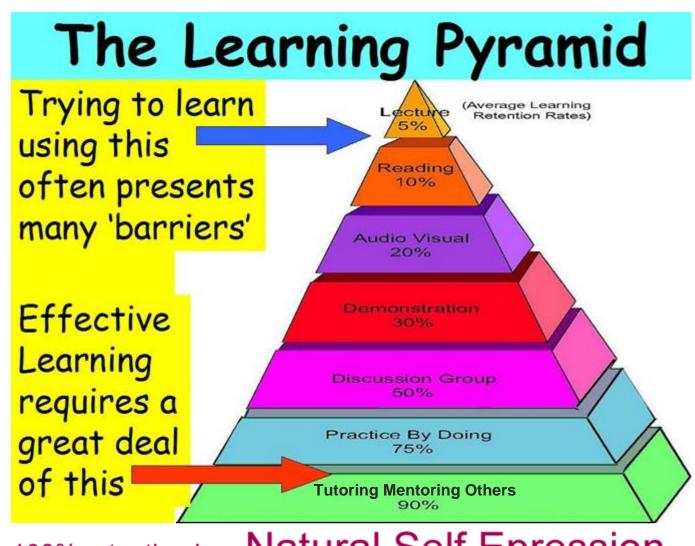
God's Divine Love: Pray for it, ask for it, and receive it.

Our Heavenly Parents simply desires for us to ask for Their Love.

The New Way: learning how to live true to ourselves by living true to our feelings.

We are to express our feelings, both good and bad, at all times, and to long for the truth of them.

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.



100% retention is

Natural Self Epression

SUGGESTED READING:

Kindly go to www.pascashealth.com and then to the Library Download page and then to open the following, scroll down to the topic and click on the PDF:

CORPORATE ALLIANCES

Chaldi Child Care Centre – Safe Space

Chaldi College Free to Learn Instinctively

Chaldi College Free to Learn Pathway

Chaldi College Primary thru to High – Feelings First

Chaldi College Women and Girls' Education

Chaldi College (WW) – Education through Feelings

Chaldi College (WW) – Technology & Product Information

Chaldi University Postgraduate Feelings Degree

Pascas University and Global View

Pascas University and the Meeting House

Pascas University Universally Free Education

Pascas WorldCare Craft Creations

Pascas WorldCare Cultural Centre

Pascas WorldCare Supporting Hands

ELSEWHERE

Pascas Care Kinesiology Testing

Pascas Care – Living Feelings First – Adults

Pascas Care – Living Feelings First – Children

Pascas Care – Living Feelings First – Children Annexures

Pascas Care – Living Feelings First – Children Discussions

Pascas Care – Living Feelings First – Children Graphics

Pascas Care – Living Feelings First – Drilling Deeper

Pascas Care – Living Feelings First – Drilling Deeper Structures

Pascas Care – Living Feelings First – Reference Centre

Pascas Care – Multimedia Movie City

Pascas Care Letters – Beliefs Suppress Truth

Pascas Care Letters – Breeding Monsters

Pascas Care Letters – Etheric Spirit Body

Pascas Care Letters – Psychology and Feeling Healing

Pascas Park – Journey of Man

Pascas Primary publications being:

U-Turn for Humanity Pascas reveals New Feelings Way

U-Turn for Humanity pathway being New Feelings Way

U-Turn for Humanity shutting hells through New Feelings Way

U-Turn for Humanity soul light and the New Feelings Way

U-Turn for Humanity through the New Feelings Way

U-Turn for Humanity treacherous assumptions New Feelings Way

U-Turn for Humanity unfolding the New Feelings Way

Universal Gift – Feeling Healing with Divine Love

Feeling Healing and Divine Love Discussion Prompts

Pascas Care Death & Dying Transition & Assimilation Marjorie

COMMERCIAL IN CONFIDENCE

Also kindly consider reading:

www.pascashealth.com

then proceed to Library Download:

Pascas Care Letters – Root Cause now to Pathway Forward

Pascas Care Letters – Root Cause now to Pathway Forward (short)

Pascas Care Letters – Funding for Change Over

Pascas Care Letters - Family Shelters Abuse & Remedial

Pascas Care Letters – Family Shelters Social Housing

Pascas Care Letters - Family Shelters Overview

Pascas Care Letters – Family Shelters towards Liberation

Pascas Care Letters – Back to Basics

Pascas Care Letters – Change

Pascas Care Letters – Dr Hawkins validates Feeling Healing

Pascas Care Letters – Education through Feelings

Pascas Care Letters – Finaliters our Destiny

Pascas Care Letters - Glass Ceiling Barrier Removal

Pascas Care Letters - Humanity is Addicted to Untruth

Pascas Care Letters – Journey of Earth's Humanity

Pascas Care Letters – Life is a Highway

Pascas Care Letters – Live True to How You Truly Are

Pascas Care Letters - Moving out of Healing

Pascas Care Letters – My Customs Heritage and Nationality

Pascas Care Letters – One Soul Two Personalities

Pascas Care Letters – Psychology and Feeling Healing

Pascas Care Letters – Spirit Evolution and Environmental Changes

Pascas Care Letters – There is only One Way to Heal One's Self

Pascas Care Letters – Transition & Assimilation following Death

Pascas Care – Death & Dying Transition & Assimilation Marjorie

Pascas Care – Kinesiology Testing

Pascas Care Centre – Pacific Basin Nations

Pascas WorldCare – ASEAN and Pacific Island Nations

Or simply allow your feelings

Important recommended reading is:

by James Moncrief

The Rejected Ones – the Feminine Aspect of God

http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html ALSO at https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf

http://www.pascashealth.com/index.php/library.html

Library Download - Pascas Papers

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address. info@pascashealth.com

ENOUGH IS ENOUGH

Andon and Fonta, our first parents to long for our Heavenly Parents, lived nearly 1,000,000 years ago. Naïve humanity was seduced by high spirits, the Lucifer pair, to believe they could be gods through their minds, thus men subjected women to subordinacy 200,000 years ago. Also added to this was the default of the Adamic pair more than 38,000 years ago when they failed in their mission.

REBELLION & DEFAULT 200,000 YEARS

When Jesus with Mary achieved their full Regency of Nebadon, in 26 CE, they immediately had the Lucifer and Satan soulmate pairs assigned to a spirit world prison. Since then, the Creator Pair have been preparing for the ending of the Rebellion and Default for humanity of Earth. The Avonal Pair now on Earth, once commencing their Healing, brought about the imprisonment of the Caligastia and Daligastia pairs in the early 1990s. As the Avonal Pair advanced with their Healing they brought about the formal end of the Rebellion and Default, on 31 January 2018. It is now for all of humanity to embrace the Spirits of Truth of the Avonal Pair and undertake their healing of the imposts of the Rebellion and Default.

Avonalage 1,000 YEARS

Spirits of Truth of the Avonal Pair will guide us through our Feeling Healing and into the Celestial Heavens with Divine Love, then the Spirits of Truth of the Creator Pair will lead us through the Celestial Heavens and out through Nebadon towards our Heavenly Mother and Father in Paradise.



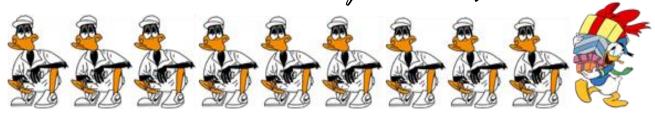


Each generation of 25 years or so will see marginal embracement of Feeling Healing, however in 1,000 years it will achieve universality. A few will complete their healing during their lifetime, but for many it will be incremental.

Universality of Feeling Healing with Divine Love will see the mitigation of discomfort, pain and illness as well as the imposts of global warming and Earth changes. These events are to ensure that each of us embrace our feelings, both good and bad, down to the very core, so that we fully come to know who we truly are. Sciences will endeavour to remove pain only to see disease manifest in different forms. Earth disturbances are a result of the Harmonic Convergence of the late 1980s, increasing the rotation of the Earth's central core. This will only abate when humanity has universally embraced Feeling Healing. These influences are only imposed upon us so that we do not step back into the Rebellion and Default through complacency. Live Feelings First so that we become the true personalities we are, that being daughters and sons of our Heavenly Mother and Father.

COMMERCIAL IN CONFIDENCE

Ten ducks in a row, but one always misleading or misled!







COMMERCIAL IN CONFIDENCE

WHY be MIND-CENTRIC rather than FEELINGS FIRST with MIND SUPPORTING?

WHY did the LANONANDEK DAUGHTERS and SONS REBEL?

The Lucifer, Satan, Caligastia and Daligastia soulmate pairs are all high level Lanonandek spirits:

FOR 200,000 years ALL SCRIPTURES and Earth based INSTITUTIONALISED SYSTEMS are the WORK of the REBELLIOUS LANONANDEKS:

The rebellious Lanonandeks from within our local universe are these soulmate pairs:



Arrested and imprisoned 26 CE Arrested and imprisoned 1993 CE

According to The Urantia Book (TUB) there are various orders of Paradise Descending Daughters and Sons. (NB: TUB only refers to the masculine so doesn't include Daughters.) The Descending Daughters and Sons descend or step down from Paradise to reach out and 'down' to the Ascending mortals - men and women on the evolutionary worlds, who are reaching out and 'up' to Paradise and for such help from the descending spirit pairs. Ascending mortal pairs (soulmates) cannot by themselves ascend to Paradise, because it is not 'encoded' in their soul. So they need higher help and guidance from the descending pairs. So if people don't have this higher help they will never spiritually and physically progress very far. And if this higher help goes haywire, people are stuffed until other higher helpers comes to rescue them.

One such Descending Pair, the Creator Pair, comes out from Paradise to a section of space when it is ready for them – Mary M (Magdalene) and Jesus in our case; and in union with the Divine Minster, create or



'bring into being' a Local Universe - Nebadon. Mary and Jesus then attend to the whole (local) universe, with Avonal Descending Paradise Pairs coming as required to the individual earth worlds to ensure and initiate the spiritual changing of the ages that is needed to advance the spiritual development of mortals in accordance with the Paradise Plan.

Part of the Creation of Nebadon includes the creation of Local Universal Descending Daughters and Sons that hold key positions on individual worlds and oversee larger areas or sections of the Nebadon. The Lanonandeks being these key administrators, guides, overseers, are the ones that ensure the ascending mortals of each world are given what they need in accordance with the unfolding phases of their evolution, as well as providing the necessary Mansion World structures and organisation of the Celestials spheres, the greater part of Nebadon, all so mortals of the evolutionary worlds can find their way up and through the Local Universe so as to set out on their greater spiritual journey through the Super Universe and Central Universe to Paradise. The Lanonandeks make sure all the parts work as they are intended to do, with the Melchizedeks being more involved with the ongoing teaching and personal education of mortals about all things through the Local Universe.

The Lucifers, Satans, Caligastias and Daligastias are all Lanonandek daughter and son pairs.

The Lucifers were the overseers of this sector – System – of Nebadon that includes Earth – Urantia. The Satans were to help the Lucifers, being the main liaison pair with the Caligastias (The Planetary Prince and Princess) who oversaw Earth directly from spirit, and the Daligastias being physically materialised on Earth so as to oversee and help evolve the local races of Earth on all levels – the practical, physical and spiritual, this being how it was five hundred thousand years ago. And for three hundred thousand years, everything went well.

The whole of Creation thus far is one gigantic Ascending mortal scheme – The Ascension Scheme. So everything in it works to help slowly evolve humanity along the plans designed for them by the Descending Pairs and the Mother and Father, with the idea to evolve, through ongoing self-expression, the people from all the earths up through the Mansion Worlds and into the Celestial spheres and on through and out of Nebadon. So if anything goes wrong in any level of the universe then it causes problems for the mortals who are wanting to ascend.

The Lucifers were outstanding members of their Order. However according to TUB (if I remember correctly), they were passed over when they applied to oversee certain parts of Nebadon – and so why did that happen??? Then finally they got their chance. As to why they rebelled – it is said their egos, their self-importance, grew, and they weren't able to control it. They were seduced by some inner need for greater power – but why did that happen? And is it just like everything else, there is variation in all things and so they went the way of rebelling against Mary and Jesus and the Mother and Father. And not being of a higher Paradise Order, they are more prone to being seduced by their inner biases, whereas supposedly Paradise Descending Daughters and Sons are too perfect, being of Paradise origin, and so wouldn't or even can't rebel. And Avonal Pairs can willingly take on rebellion, but that's their choice and they are not technically rebelling or defaulting, they needing to do this so they can heal themselves of the Wrongness

thereby liberating the world of rebellion, and in our (Earth) case, also the default. Which means providing people and spirits in the Mansion Worlds their Spirits of Truth, so everyone in a rebellious state can look to them instead of the Evil Ones, the rebellious Lanonandeks, for the way out of rebellion and onto Paradise.

The Evil Ones took over their part of Nebadon, Mary and Jesus allowed them to, allowing the Rebellion and subsequent Default on Earth to run its course. However it continues to cause masses of disruptions to the natural way of things, all of which we've been and continue to be subjected to.



So because humanity for two hundred thousand years has been increasingly subjected to the Rebellion and then also the Default of Eve and Adam, we are well and truly entrenched in the unconscious belief that the Evil Ones are the Gods, and that we're to look to them for the way to be happy and feel loved – that they are the Living Truth. And yet, as we can all see from our own lives when we start to address our bad feelings, this is wrong, false and misleading, only making us feel even more unhappy, unloved and powerless in our negative truth-denying state and being unable to do anything about it – because ascending mortals are not able to go against the higher Daughters and Sons. So without humanity knowing it, we have been praying to the Evil Ones as if they are God, even with people who pray to Jesus, praying to a mind-created fantasy Jesus and not the real one, as can be seen by the Evil Ones strategically denying humanity the truth of the Divine Love, with our need to long for it being excluded from the Bible and not found in any other rebellion-created religion.

Mary and Jesus being the highest Paradise Pair, by their coming to Earth, terminated the System Rebellion of the Lucifers and Satans. So that level of evil influence on all the rebellious physical worlds ended two thousand years ago. And then it's required for each world to be attended to by a bestowal Avonal Pair, who take on the evilness of that world and heal it within themselves, thereby ending the control in our case of the Caligastias and Daligastias, which has now apparently happened, with the Avonal Pair only to finish their Healing so as to signal the complete technical end of the Rebellion and Default.

So their – the Avonal pair – Healing involves dealing with the Rebellion and Default within themselves on all levels, so people and the mind Mansion World spirits can then choose to follow them and do their Healing. So by following the Avonal Pair you are going against the Evil Ones (currently it being their legacy within you and on the world), looking to end their negative, unloving and untrue influences within yourself. And once done, you become a Celestial, either on Earth or in the Celestial spheres, and free to align yourself with Mary and Jesus, which is done by partaking of the Divine Love, and free to live your ascension to Paradise – free to become at-one with your Mother and Father.

We're all living the demented levels of the demented minds of the four Lanonandek pairs that rebelled. And as we do our Healing, so we come to see how fucked they are, as we see how fucked we are; how they passed that fuckedness onto us through our parents, how we've become so tangled up in our Wrongness, not knowing what is true – we live untruth believing it's true – we feel false love believing it's true love. We're all around the wrong way, deeply mixed up, and needing to do our Spiritual Healing to get ourselves out of our sinful and evil ways, so as to come back into alignment with the Truth. So all that we are has to go, and we're to uncover a whole New Way on all levels, personally and how to live, as we liberate ourselves from our dementedness.

With the Evil Lanonandeks no longer at large, having been detained on a prison world awaiting judgement as to what will happen to them, so the Melchizedeks stepped in taking over their positions. I don't know why other Lanonandeks weren't appointed, however I guess it's because of the damage done by the Rebellion. We who are here and part of it have to deal with it ourselves, so no outsiders other than Mary and Jesus and the Avonal Pair being from Paradise that can override that limitation.

And the Melchizedeks have enlisted the Celestial spirits' help. So together, they now in effect play the roles of the Lanonandeks. And as the Avonals progressively heal themselves, thereby liberating humanity from the dictates of the Rebellion and Default, so the Celestials are being given increasing power and authority to do what the Lanonandeks would have done. So the Rebellion, on a positive note is providing the Celestial spirits with unique opportunities as part of their ascension, as we hear from Helen and Nanna Beth – both 3rd Celestial Heaven spirits. And I would imagine, people who finish their Healing and become Celestials on Earth, will also in some way be given extraordinary opportunities as well, all of which will involve some level of healing the world and doing what the Lanonandeks and Eve and Adam should have done. Even to the point of Celestials on Earth who have children, will in some way be like the new 'Eves and Adams' populating the world with perfect and true children, all who are completely free of the Rebellion and Default.

And what happens to the Evil Ones? I imagine they will have to undergo a long period of Compensation experiencing the pain they caused all the people and angels who were under their care. And after that, if they are not extinguished outright, possibly they might be rehabilitated to some degree; however as TUB suggests, without ever receiving the power they once had. However, as all works out for the best and ultimately is all-loving, it will be fascinating to see through our own lives how all the pain we've been made to suffer ends up helping us and being the best thing for us.

And one last thing to note, had there been no Rebellion or Default, then on Earth we'd still have the Daligastias and Eve and Adam helping people grow and evolve on all levels. Still being the higher Daughters and Sons that we can look to knowing that we're not alone, that we are being looked after and loved and that a greater life of ascension awaits us. And we would by now know of the Caligastias and all the help they would be providing on the higher spiritual levels, as well as the help they would be giving mortal spirits in the Mansion Worlds. And we would know of the Satans and Lucifers and all the help they were providing on the System level. And we've understood that in a way these higher Daughters and Sons are like mini gods to us, yet not our Heavenly Mother and Father. And they would be pointing us toward Mary and Jesus helping us understand that they are the Creator Pair. And here we live in their universe of Nebadon, and that all they are doing for and with us is to help us evolve and grow on all levels as we look to our feelings for our truth we are to live as we express the personalities from our souls on our way through Nebadon and onto Paradise. It all being a perfectly unified and loving experience for us. We being able to see the higher Daughter and Son as in the Daligastias and the Material Pair, Eve and Adam, who'd be for us the perfect humans that we could strive to be like. So we would want to be perfect in our humanness like Eve and Adam, and perfect in our spiritualness like the Daligastias. With both pairs showing us that we can be both perfect on the material and physical level, as we can be on the spiritual level. Which is completely the opposite of how we've been made to live, because all of that perfection has been denied us, with our being so screwed up about how we are to live both materially – physically and spiritually – we having no idea about either, and with them working fully in opposition to each other. And with our longing for and wanting the Truth, the truth of how we're to live physically and spiritually, all of which is to come (and ONLY come) through each of us individually and as a consequence of properly attending to and expressing ALL we feel.



Negative Spirit Influence blocked 22 March 2017 Law of Compensation quickening 22 May 2017 Rebellion and Default officially ended 31 January 2018

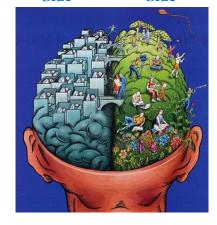


Here is the crux of our issues, and each and every one of us is incredibly different from anyone else. Further, our parents and early childhood carers have been equally different from each other thus we are all at differing points of wrongness – Rebellion and Default we experience is again very unique to any others.

Should we totally shut off from our feelings then the extremeness of evilness will be the result as our mind does not have the balance required for us to live a loving life. Our Rebellion and Default endeavours to close us off from our truth and loving soul.

Personalities, higher than the rebelling Lanonandeks, have now shown us the way to heal ourselves of our personal Rebellion and Default, having healed themselves of the extremes which they personally had taken on.

OUR PERSONALITY
Our Mind Our Feelings
Side Side



Personality

SOUL

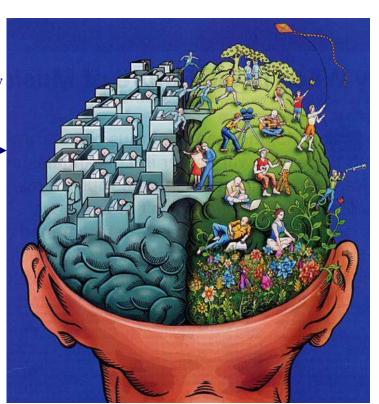
SOUL

Personality =
Emotions
Awareness
Desires
Passions
Creativity
Aspirations
Intention
Memories
Free will
Etc.
Soul pebeing of via one of throw throw throw throw throw it is to one of the control of the contr

Soul personality being degraded via one's brain, through and

by the spirit body mind.

However, it is within one's soul where one's truth is to be found.



SOUL PERSONALITY – SOUL PARTNERS

Each soul, ever created, is unique. Just as each snowflake is unique.

Every soul is unique from every other soul ever created. By referring to your soul, we are referring to your soul prior to its manifestation of two personalities. Each soul expresses two absolutely unique personalities. Your soul then individualises / incarnates two separate spiritual and physical bodies, one half into a male body and the other half into a female body, thus the personality is further distinguished by its male or female aspects.

Your soul half, has a personality separate and distinct from every other soul. Your personality is bestowed complete by our Father and Mother. The soul expresses its two personalities into Creation. Your personality traverses your physical body, your spirit body, and your soul. At the time of death of the physical body, your personality continues on existing in through your spirit body and soul.



The individuality of each soul half is never lost as they grow in love and return together.



The real you is your soul, which remains connected through cords of light to your spirit body.



All a child needs is its parent's love.

Self-actualization

desire to become the most that one can be

Esteem

respect, self-esteem, status, recognition, strength, freedom

Love and belonging friendship, intimacy, family, sense of connection

Safety needs

personal security, employment, resources, health, property

Physiological needs air, water, food, shelter, sleep, clothing, reproduction

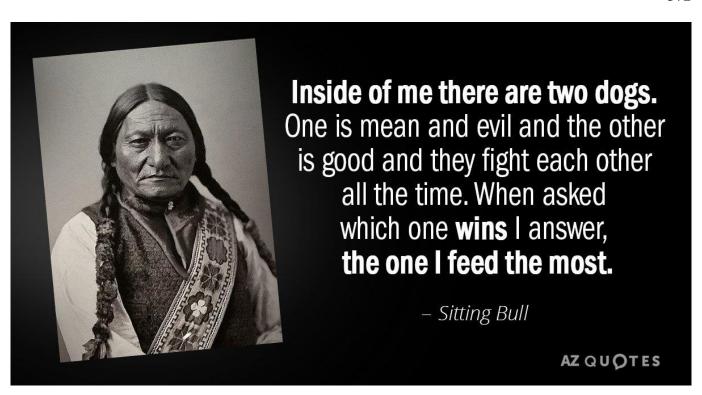
COMMERCIAL IN CONFIDENCE



Correlation of Levels of Consciousness and Societal Problems

Level of Consciousness	Rate of Unemployment	Rate of Poverty	Happiness Rate "Life is OK"	Rate of Criminality
600+	0%	0.0%	100%	0.0%
500-600	0%	0.0%	98%	0.5%
400-500	2%	0.5%	70%	2.0%
300-400	7%	1.0%	50%	5.0%
200-300	8%	1.5%	40%	9.0%
100-200	50%	22.0%	15%	50.0%
50-100	75%	40.0%	2%	91.0%
< 50	97%	65.0%	0%	98.0%

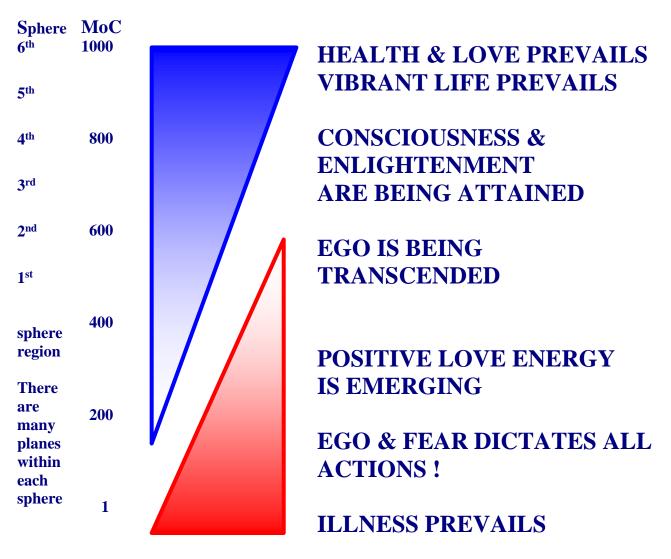
COMMERCIAL IN CONFIDENCE





"All dis-ease is mind generated, and all healing is generated by the love energy of one's soul."

The Ego (mind based) manifests illness; the lower one's level of consciousness (soul condition) then the more prevalent will be illness. Below the levels of 200, the ego and fear of the mind dominate; however, as you raise your level of consciousness by growing in love and achieve a level of 500 or higher, you begin to transcend ego dominance. At the level of 600, all healing is possible.



NATURAL LOVE FLOW

DIVINE LOVE FLOW

Mind CentricLiving Feelings FirstInternal to SelfExternal to Self

You can move back and forwards between ways of life:

Subjective Environment External to Self Without a Focus More in Focus

Release of Thoughts Release of Goals or Vested Interests

Stimuli Fades Away

Blank out to Nothing

Consciousness Expands

Stimuli Increases in Clarity
Perk up to New Possibilities
Experiences Expands

The Mind Flows Expands Experiences Expands

The Life Flows

You Know More – self centred You Do More – for others

Connect with a Source of Wisdom Greater Connect with as Source of Guidance Beyond

than Self however limited to natural love self and embracing Divine Love

Gain Information Gain Harmony and an Orderly Rhythm to

Unify in Consciousness – Earth plane

Life Experiences
Unify with the World at Large – Universal

A State of Mind A State of Being

A State of Minu A State of Deling

The Development of Love from Within Love comes from God – Longing for God's

Yourself Love to Enter Me

Belief: I am God

Belief: I am God's son / daughter / child

Intellectual Development, Growth of a Super Mind – Mind Dominance Emotional Intelligence, Growth emotional in Love – Soul Dominance

Self Reliant (Trust of Self) Making it Happen God Reliance (Relationship with God)

Powerful Creation from Desires
Self-determination way of life Soul-Spirit living harmony

Adult Like – Control over Everything

Child Like – Freedom & Spontaneity –
Authentic Emotional Expression

Control Feeling

Millions of Paths (man created) Defined Path (God Created)

Kingdom of Man – Limited Progression
Peak possibility is 6th Mansion World – Moral
Peak possibility is infinite – atonement 8th

sphere – being 1st Celestial Heaven

Development Upon entering Celestial spheres and much

higher!

Time to complete path, which is a dead end:

100 years to over 1,000 years

Now you have to turn around and start your

Feeling Healing!

Time to enter Celestial Realms & atonement:

in as little as 5 to 10 years!

Now you are a Celestial and starting

your progression to Paradise.

NATURAL LOVE Path	DIVINE LOVE Path
the development of	LOVE comes from GOD longing for Gods love to enter me
LOVE from within YOURSELF	longing for Goes love to enter me
BELIEF: I am God	BELIEF: I am a Child of God
Intellectual Development	Emotional Intelligence
Growth of a Super MIND	Growth emotionally in LOVE
MIND DOMINANCE	SOUL DOMINANCE
Self Reliance (Trust of Self) Making it happen	God Reliance (Relationship with God) Powerful creation from Desire
ADULT- LIKE	CHILD - LIKE
CONTROL OVER EVERYTHING	FREEDOM & SPONTANEITY
N O	Authentic emotional expression
KINGDOM OF MAN	KINGDOM OF GOD
LIMITED PROGRESSION	INFINITE PROGRESSION
Peak possibility 6th sphere	Transformation from Human to the Divine
MORAL DEVELOPMENT	The Experience of New Birth
Lateral experience of	LESSONS IN LOVE AT ONE MENT emotionally real
the Universe	Connectedness through Truth
MILLIONS OF PATHS of	ONE PATH TO GOD
PERSONAL TRUTH	THE WAY OF THE HEART
	CHRIST CONSCIOUSNESS
REMAIN IN FALSE BELIEFS	GIVE UPALL MY ERRORS
MAKING DETAILED PLANS	LONGING FOR GODS TRUTH TO ENTER
JUSTIFICATION	HUMILITY
2	
no soulmate union	soulmate union

HEALTH with or without the LOVE:

Feeling Healing, with Divine Love, has a powerful positive effect on the physical body, balancing the hormones and generally promoting physical health, which is really the same thing as saying that the state of a mortal's soul impacts directly on that mortal's physical health.

The Master, because he experienced the New Birth soul condition as a mortal, his physical nature was directly affected, so it would be accurate to say that because of this, his nutritional needs were somewhat different from other mortals.

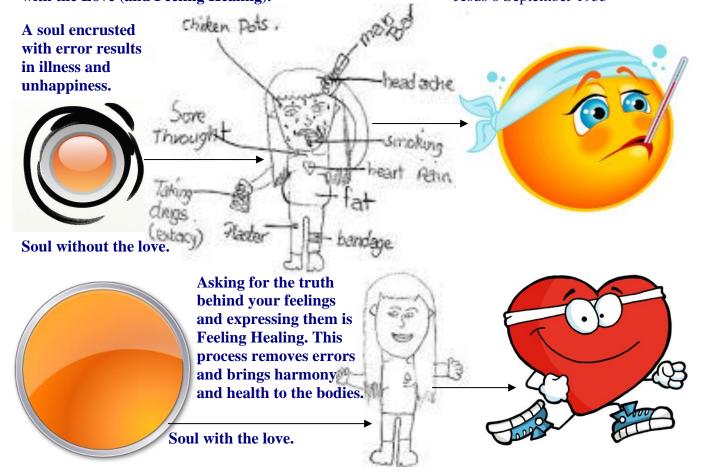
Throughout his ministry (when the New Birth soul condition was his), he was actually in perfect physical health, and this was apparent through a sense of well-being that actually manifested on a physical level as well as a spiritual one.

Aman (first man) 24 January 2007

The influence of sinful emotions and thoughts and actions upon the soul is such that the spiritual emotions and aspirations of man becomes dormant, and as though not existing, and the soul itself is encrusted with evil.

Through prayer, thoughts and soul longings, the spiritual nature in man can be developed so as to dominate the personality, and he will act in accord with the feelings and emotions of his soul. The evolution of man from the natural being to the purified soul and, if he so desires it, to the state of the divine angel is possible with the Love (and Feeling Healing).

Jesus 8 September 1955



UNLOVING PERSONALITY

Soul encrusted with negative and damaging emotions and beliefs held by the mind in the spirit body. Soul is starved of love and the darkness impedes the flow of love which darkens the spirit body and damages the physical body for all to see.

LOVING PERSONALITY

Spirit body mind is clear of negative emotions and beliefs. The flow of love from the soul illuminates the spirit body and brings beautiful harmony and health to the physical body for all to see.



HARMONY within the SOUL = HARMONY within the PHYSICAL BODY:

Emotional injuries, erroneous beliefs, harmful intentions are all damages encrusted upon one's soul. Such injuries are to the spirit body impairing the flow of loving energies of one's soul.

Such mind-made errors degrade the pristine soul by retarding the soul-light flowing to our body and having impaired light being returned, and such damages impact upon one's spirit body which in turn emerge as discomforts, then pains, then as illnesses within the physical body.

Medical assistance and treatment may alleviate the illness / pain however the cause remains.

Until we endeavour to remove the errors and injuries, the propensity for the illness remains.

Firstly, consider discovering the truth of your emotional pain through Feeling Healing.

Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.

Primary and most important readings are the writings of James Moncrief. Then consider the Padgett Messages, and then The Urantia Book.

Natural Love Flow	Feelings First with Divine Love Flow				
Mind Centric	Feelings First with mind in support				
Natural love is Creation's love;	Divine Love is Soul's love.				
One can swap back and forw	ards between paths				
I am God	I am God's son/daughter/child				
Intellectual	Emotional				
Self reliant (trust myself)	God reliant (God relationship)				
Self-determination way of life	Soul-spirit living harmony				
Mind dominates	Soul dominates				
Thinking = Mechanistic	Thinking = Holistic				
rational	intuitive				
analysis	synthesis				
reductionist	integrative				
linear	non-linear				
Values = Mechanistic	Values = Holistic				
expansion	conservation				
competition	co-operation				
quantity	quality				
domination	partnership				
Adult like	Child like				
Control	Feeling				
Millions of paths (man created)	Defined path (God created)				
Peak possibility is 6th sphere	Peak possibility is infinity				
time to complete path:	(sphere / mansion world are same)				
100 years to over 1,000 years	5 years to over 10 years to at-onement				



MoC	No. of Countries	Average MoC	Average Life Expectancy	Human Development Index	Happiness Index	Education Index	Per Capita Income 2020
400s	10	406	78.50	0.939	6.8	.861	US\$54,010
300s	13	331	71.77	0.798	5.9	.684	US\$17,827
200s	10	232	69.45	0.759	5.8	.648	US\$16,972
High 100s	18	176	69.00	0.724	5.2	.639	US\$9,900
Low 100s	7	129	61.88	0.653	4.7	.567	US\$2,628
Below 100	11	66	52.73	0.564	4.2	.488	US\$2,658
WORLD		220	70				US\$10,900

Colombia MoC	No. of Countries	Average MoC	Average Life Expectancy	Human Development Index	Happiness Index	Education Index	Per Capita Income 2021 PPP
320	1	320	77.46	0.767	6.0	.657	US\$15,200

Note:

The Map of Consciousness (MoC) table is based on the common log of 10. It is not a numeric table.

A calibration increase of 1 point is in fact a 10 fold increase in energy.

A calibration increase of 10 points is in fact a 10,000,000,000 fold increase in energy.

Thus the energy differentials are in fact enormous!

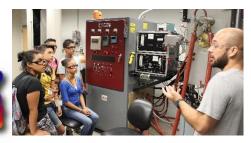


COMMERCIAL IN CONFIDENCE

COLOMBIA PASCAS UNIVERSITY



TASE



Technical And Turther Education Graft Greations Tamily Shed

X² Year 10

△ Year 11

√y Year 12

≤ Year 7

✓ Year 8

≈ Year 9

∞ Year 4

% Year 5

💄 Year 6

Year 1

Year 2

± Year 3



RINDERGARTEN PRESCHOOL



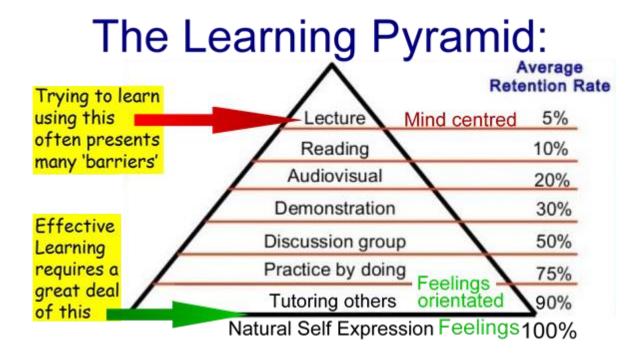
Chaldi Child Care Centre & Cen



SAFE SANCTUARIES



COMMERCIAL IN CONFIDENCE



It will only be the breaking through of the glass ceiling of 499 of Dr David R Hawkins' Map of Consciousness (MoC) that humanity can and will move towards a state of harmony and peace. While we continue to live mind-centric, we cannot progress beyond the category of Reason which peaks at 499 on the MoC. This is how we have been misguided to live for thousands of years. As we are now coming to understand, all institutionalised systems worldwide are structured to inhibit our natural progression.

Our teaching systems are focused upon the lecture, an orator at the front of the room talking down to students. As you now observe, it is the least effective method of education. Small groups tutoring each other is the way forward. All levels of education can be moved to meeting groups of around 12 or so participants.



Pascas Foundation, with aligned support, is to deliver such education platforms. Further, education is to be delivered free.

WITHIN EYERY MEETING HOUSE, FREE AND OPEN DISCUSSION FLOWS THROUGH A 'FISH BOWL' STRWING TOWARDS "NATURAL SELF EXPRESSION"!

FRMILY SHELTER CRAFT CREATIONS PASCAS CAFE

CRAFT CREATIONS

Shop front – retail and ordering facility. The administration and support for the complete Craft Creations Centre.

HOME CRAFTS

CRAFT CREATIONS is generally focused towards skills embraced by women in their practical attention to the needs of the family. That said, there are no boundaries. At all times, the opportunity to introduce and enable children of all ages to become proficient is supported. Those within the community are to be supported in their sharing of their unique skills with others.

MEETING HOUSE

Discussion pods for around 12 people as meetup rooms.

PASCAS CAFÉ

Being part of Craft Creations, it is a catering, nutrition cooking facility that functions also as a Pascas Café. Food and nutrition are the premiers of all crafts.

STRUCTURAL CRAFTS

CRAFT CREATIONS embraces word working, metallurgy and mechanical repairs. This could be said to be the domain of a Men's Shed, however, the whole family is welcome. These specialised skills need to be shared as much as every other craft.

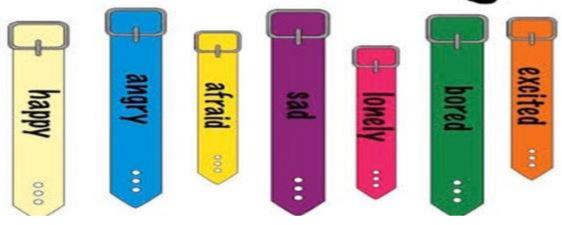
CRAFT CREATIONS is to enable anyone to be autonomous and self-sufficient in their endeavours.

FAMILY SHELTER

Modules of 10. Studio rooms to accommodate a parent and two children, or there abouts.



Express Your Feelings







THE TRUTH WILL SET US FREE, BUT FREST IT WILL ALKEE US AUSERABLE! To Truly get to know yourself is the Bravest thing you will ever dol

NO PROBLEM CAN BE SOLVED
FROM THE SAME LEVEL OF
CONSCIOUSNESS THAT CREATED
IT.

-ALBERT EINSTEIN



Kinesiology Muscle Testing for the level of truth

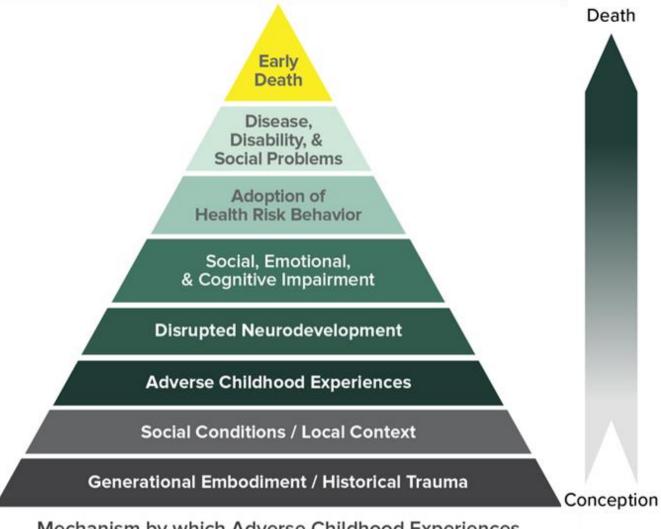


our MIND is a CONTROL ADDICT! our MIND is addicted to UNTRUTH! our MIND cannot discern TRUTH! our FEELINGS are our TRUTH! FEELINGS FIRST, mind to follow!

http://www.pascashealth.com/index.php/library.html

Library Download - Pascas Papers

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address. info@pascashealth.com



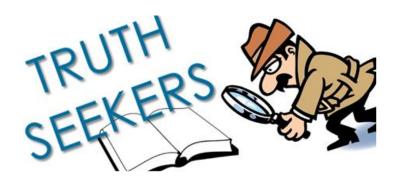
Mechanism by which Adverse Childhood Experiences Influence Health and Well-being Throughout the Lifespan



We Are TRUTHSEEKERS



WE ARE TRUTH SEEKERS





COMMERCIAL IN CONFIDENCE



ANIMALS AND



ARCHITECTURE, **BUILDING AND** CONSTRUCTION



ARTS, HUMANITIES AND LANGUAGES



CREATIVE ARTS. **DESIGN AND** MEDIA



ECONOMICS. COMMERCE, **BUSINESS AND** MANAGEMENT



EDUCATION AND TEACHING



ENGINEERING



HEALTH SCIENCES (ACADEMIC)



HEALTH SCIENCES (PROFESSIONAL)



HOSPITALITY, **TOURISM AND** EVENT MANAGEMENT



INFORMATION TECHNOLOGY AND COMPUTER

INTERNATIONAL **RELATIONS AND** DEVELOPMENT

STUDIES



LAW AND CRIMINOLOGY



SCIENCE

MARINE. **ENVIRONMENT** AND RENEWABLE



MEDICINE



MULTIMEDIA MOVIES AND MUSIC



ENERGY

NURSING, MIDWIFERY AND **PARAMEDICINE**



PSYCHOLOGY



SCIENCE



SOCIAL WORK COUNSELLING



SPORTS AND **EXERCISE** SCIENCE

CHALDI TAFE COLLEGE Technical and Further Education





Building and construction



Nursing and health



Business, justice and management



By location



Child care



Creative



Community services



Online courses COMMERCIAL IN CONFIDENCE



Sports and fitness



Agriculture and horticulture



Hospitality and cookery



Apprenticeships



Technology, information and networking



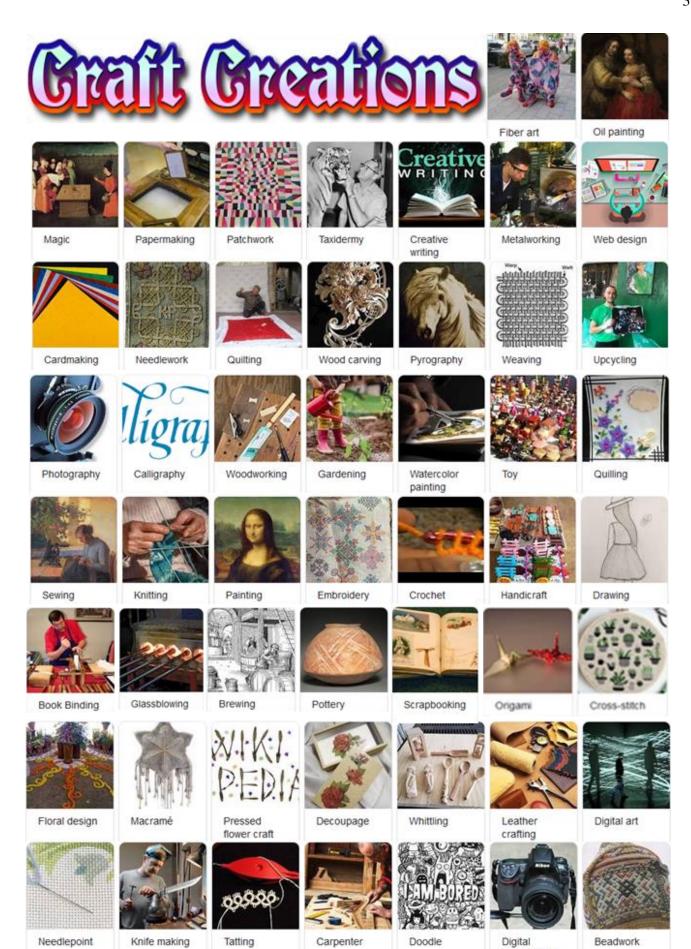
Automotive



Beauty and hairdressing



TAFE at School

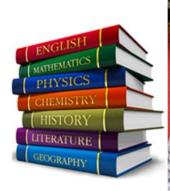


photography

CHALDI COLLEGE Primary thru to High "Feelings First"



Children Tutoring Each Other!







COMMERCIAL IN CONFIDENCE

Pascas Care Hospital





Medical Specialties



Geriatrics





Postnatal Care







Cardiology



Fetus







Obstetrics











Dermatology









Dental Care







Gynecology









Gastroenterology

Hepatology

Psychiatry Plastic Surgery











Pelvic Bone

Neurosurgery

Chiropractic

Hematology

Osteology













Breast





Optometry













Newborn





examination

Eye Specialties

Dermatology

Neurology

Orthopedics

Pulmonology



PASCAS HEALTH SANCTUARY:

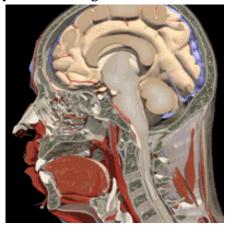
ALLOPATHY PROFESSIONAL MEDICAL TEAMS - OVERVIEW

Briefing notes by Dr Daniel T O'Connor who will act as liaison officer and be instrumental in the establishment of the medial advisory committee which is to consist of 12 to 22 members:

The team concept as per these headings for the Pascas Health Sanctuary and Clinics goes like this:

NEUROSURGERY:

A neurosurgical team includes neurosurgeons capable of dealing with intracranial, spinal and peripheral neurological disorders. They are supported by neurophysicians for diagnostic work as well as radiologists and various therapists who are involved post-operatively. A neurosurgical team also requires that there be nursing staff with expertise in the management of neurosurgical cases.



EARS, NOSE & THROAT - ENT:

In addition to orthodox ENT surgeons there is a need for an endoscopic sinus surgeon, laser surgeon, head and neck surgeon, along with support and speech pathologists, speech therapists, radiologists, etcetera.

UROLOGY:

Surgeons and urologists co-operate most frequently in the discipline of urology. A urologist with paediatric experience or a paediatric surgeon with urological experience is also essential as well as support physiotherapists etcetera.

ORTHOPAEDIC:

General orthopaedic surgeons would be needed plus arthroscopy experts, hand surgeons, microsurgeons, trauma surgeons. Physiotherapy and orthopaedic surgery can't survive without each other.

TRAUMA SURGERY:

Trauma surgery is a special consideration as the Hospital will have a busy accident and emergency department so there needs to be readily available general surgeon with trauma experience; orthopaedists, neurosurgeons, etc., twenty-four hours a day to back up the Accident and Emergency (A & E) department and with the ability to call in other surgical disciplines as required for example, ophthalmic, plastic, etcetera.

GYNAECOLOGY:

Gynaecological surgery is now split into general gynaecology, cancer surgery, endoscopic surgery, colposcopic and laser surgery. Either way, the hospital will require several experts or gynaecologists with multiple expertise.

IN-VITRO FERTILISATION - IVF:

There is no mention of IVF in the projected work areas and this may well be of consideration for Pascas Health Sanctuary. For IVF there is need in addition to endoscopic surgical expertise, a dedicated laboratory support team for efficient function as well as support counsellors, etcetera.

Radiology / ultrasound are an integral part of gynaecological services these days.

GENERAL SURGERY:

General surgeons have split their expertise so there are now colorectal surgeons, breast and endocrine surgeons, vascular surgeons, endoscopic surgeons, and so on. Their teams include radiology / ultrasound, alimentary tract endoscopists, endocrinologists, pathologists, physiotherapists, etcetera.

Paediatric surgery is a highly specialised area which encompasses endoscopic surgery as well as plastic surgery and requires special theatre facilities and post-operative care teams.

OPHTHALMIC SURGERY:

Eye surgeons now specialise in the anterior and posterior chamber of the eye, plastic and reparative / corrective surgery, laser surgery, lens extraction and implants, and work on a mix of day case and inpatient care. They require orthoptists and trained ophthalmic nursing staff as part of their team.

DENTAL and FACIOMAXILLARY SURGEONS:

They work in the same area and need radiological, pathology and physiotherapy support.

PLASTIC and RECONSTRUCTIVE SURGERY:

Plastic and reconstructive surgeons include microsurgical repair teams, reconstructive surgery and head and neck surgeons who again require radiology, pathology, physiotherapy and special nursing care staff.

CARDIO THORACIC:

Cardiac by-pass surgeons need the assistance of cardiologists, radiologists, perfusionists as well as physiotherapists and highly skilled intensive care nursing personnel.

This list is not exhaustive but aims to provide an idea of the teams that are required for the various surgical units that Pascas Health Sanctuary Hospital being established on the Gold Coast, Queensland, as well as the Bahamas and South Africa and elsewhere during the construction and fitout period.

You will note that there are particular support disciplines common to all surgical teams - for example, radiology, anaesthetics, physiotherapy and nursing care.



For many of the surgical disciplines specialised nursing skills are required - for example, ophthalmic, orthopaedic, paediatric and so forth.

ONCOLOGY - CANCER:

When looking at the relevant cancer treating teams you add to the basic unit specialist radiotherapists as well as radiologists and these are two separate areas of expertise with the frame work of radiology, chemotherapy specialists and pathologists, counsellors and support staff and the usual management goes like this:

A patient is diagnosed with a malignancy. Pathological confirmation is obtained and the relative oncology unit usually considers the individual in committee and allocates a therapeutic management protocol for the ongoing care of the patient. For this purpose special specific discipline oncology clinics are held where follow-up is also maintained after initial treatment. These clinics are usually held on a once a week basis and there would be in attendance, for instance say for gynaecology, the patients gynaecological cancer surgeon, radiotherapist, chemotherapy specialist, support nursing staff or counsellor and pathologist.

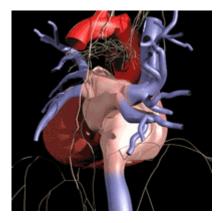
These special discipline teams usually meet on a weekly basis where they see new cases and follow-up cases and of course function all year round.

One reason why it is important to make sure there is two of every type of surgical specialist on the staff is that there is always people away on leave or at courses and so forth, and if there is only one person then everything grinds to a holt during their absence, whereas if with at least two then these clinic services go on irrespective.

CARDIOLOGY:

Similarly with heart disease patients, the diagnosis involves triage by clinical history and examination, stress test, angiography and perhaps nuclear medicine, and then a committee of the cardiology clinic may allocate individuals to different therapeutic programs - for example, angioplasty or CABG surgery or palliation only, etcetera.

Within the cardiology clinic there will therefore need to be cardiologists, interventional cardiologists, radiologists, cardiac surgeons, as well as anaesthetists with specialised skills and perfusionists, physiotherapists, dieticians, psychologists, etcetera.



RADIOTHERAPY UNIT:

There will be a need for two of everyone covering radiation oncology, medical oncology, radiographers covering planning and treatment, nursing staff that are oncology trained in therapeutic radiation, physicists, x-ray engineers and pharmacist – pharmacy to be equipped with laminar flow unit. Patient care has two groups, a day care unit to accommodate 10 in a quiet area with observation and the other being a cluster of wards for the more serious cases. A radiotherapy director is to be appointed.

DIRECTOR of MEDICAL SERVICES:

Each clinical service will have its own director who, in turn, are to be supported by a Director of Medical Services as appointed by Pascas Health Sanctuary.

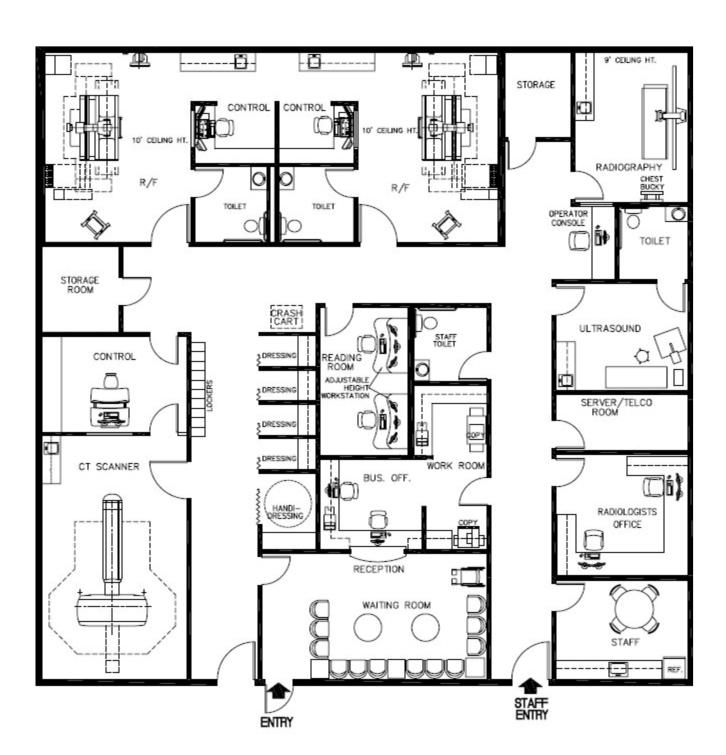
Case management is assigned to a Diagnostic Streamer. Patient interviews will typically be with all appropriate diagnostic technicians within one session.



Streamer's Meeting



COMMERCIAL IN CONFIDENCE



RADIOLOGY

4422 SF

PASCAS HEALTH SANCTUARY - MEDICAL ADVISORY COMMITTEE:

The medical advisory committee has a number of functions:

- a. Provide advice to the administration of the complex.
- b. Set the levels for ethics and skills.
- c. Endorse medical providers to use the facility and reject those who do not possess the standards set by the medical advisory committee.
- d. Advise on the equipment and physical assets required to enable the medical teams to function at the level set by the committee and the administration.
- e. Assist in ensuring that all proposed medical services are provided and at the highest possible standard.

A representative would be appointed from each department and the appointees then elect their chairman. A Leader will act as liaison officer between the committee and administration.

MEDICAL TEAMS:

Based around their various disciplines and frequently with over lapping boundaries:

MEDICINE Endocrinology (Diabetes - Thyroid - Endrenial)

Paediatrics Cardiology Respiratory Renal Medicine

Oncology (crosses over to all sections)

Haematology Dermatology

PATHOLOGY DIAGNOSTICS RADIOLOGY

SURGERY Neurosurgery Ears Nose & Throat

Urology Orthopaedic

Trauma Surgery Gynaecology
In-Vitro Fertilisation General Surgery
Ophthalmic Surgery Dental &

Faciomaxillary Surgery

Plastic & Reconstructive Surgery Cardio Thoracic

ANAESTHETICS Anaesthetics Pain Clinic

Intensive Care - Coronary Care

EMERGENCY Crash Team Ambulance

These teams will typically be drawn from the more than 200 medical specialists and 550 general practitioners practising within the region of service.

PASCAS HEALTH SANCTUARY – X-RAY UNIT:

DIAGNOSTIC SERVICE

The X-Ray Unit is possibly the most important and most expensive diagnostic unit within the total complex. The unit requires a wide range of equipment not only within the department but mobile units within the Theatre suites.

Access to the Unit has to be from:

- 1. The emergency / casualty service department and being direct.
- 2. Outpatients being referred by Doctors within the complex and outside the complex.
- 3. Inpatients being brought from the wards for examination and emergency service and support for the Theatres.

EMERGENCY

Emergency patients should not be moved long distances from one hospital department to another during crucial times in their fight for life says American radiographer Mary Lou Durizch.

And she says the best set-up for saving lives is often in smaller hospitals where the radiography department is next to the emergency room.

EQUIPMENT SUPPORT

An engineers office is to be set up within the hospital to enable bio-medical engineers to maintain the equipment on site. The room should be 4 metres by 4 metres and this would enable most maintenance and repairs to be carried out on site.

It is proposed that the Hospital would employ its own technician though he would be trained by the major equipment supplier for the department.

Service contracts after the initial 12 months warranty are 7% of the unit cost per annum however these can be negotiated down to 4%.

Steve Shapter, the past General Manager of the Medical Division of Toshiba (Australia) Pty Ltd (Bs 02 9887 3322 - current General Manager is Rosina Davies) has proposed that Toshiba would pay the Hospital for the use of its facilities for making the centre a training unit for Toshiba. About 20 technicians are trained at a time and they would be disbursed to all over South East Asia, Australia and New Zealand. The concept has merit in as much it will assist in the promotion of the complex in export market areas.

EQUIPMENT SUPPLIER

The best deal is to be struck with a supplier who can provide the widest range of equipment at the best price. Equipment must be compatible such as the CAT Scan must be compatible with the Linear Accelerator.

A one supplier situation will enhance maintenance as responsibility will be with one firm and economies in maintenance can be achieved as outlined above as well as the speed of the maintenance.

The supplier will have to actively promote our facility locally and overseas.

MAGNETIC RESONANCE IMAGING

Apart from its very expensive price tag of up to US\$4 million and the lack of any refund to Medicare patients, it is clear that the equipment is undergoing continual rapid development and that the correct time to review an acquisition would be in 1996. Rapid enhancements are being made to programs as well as the hardware which would put current models in the dark ages within two years.

MRI has the lead over CT's in the neurological department. It is clear that MRI can carry out a number of investigations that CT cannot do as well.

Dr Simon Strass states that he experienced the need for at least two patients per week requiring the services of MRI. A survey of a wide range of Doctors is required to be undertaken.

Space must be provided within the complex such as for MRI Spectroscopy.

EQUIPMENT SUPPLIER

They may be:

Toshiba
Fischer Imaging Aust
General Electric
Hitachi
Phonar
Seimans
Philips

Elscint Medical Equipment

DISABILITY accommodating MEDICAL CENTRE:

One in five people have a disability that needs medical attendance.

Access to health services

1 in 13

(7.6%) people aged under 65 with disability delay or do not see a GP when needed because of cost

1 in 4

(24%) people aged 15–64 with disability wait longer than they feel acceptable to get an appointment with a GP

1 in 2

(47%) people aged 5–64 with disability who need health care assistance receive only informal assistance

Disability group

Disability group is a broad categorisation of disability. It is based on underlying health conditions and on impairments, activity limitations and participation restrictions. It is not a diagnostic grouping, nor is there a one-to-one correspondence between a health condition and a disability group.

Broadly, grouping disabilities depends on whether they relate to functioning of the mind or the senses, or to anatomy or physiology. Each disability group may refer to a single disability or be composed of a number of broadly similar disabilities. These 6 separate groups are based on the particular type of disability;

- sensory and speech (sight, hearing, speech)
- intellectual (difficulty learning or understanding)
- physical (including breathing difficulties, chronic or recurrent pain, incomplete use of limbs and more)
- psychosocial (including nervous or emotional conditions, mental illness, memory problems, and social or behavioural difficulties)
- head injury, stroke or acquired brain injury



• other (restrictions in everyday activities due to other long-term conditions or ailments).

Comprehensive care delivery

- Patients are engaged as partners in their care
- Goals of care guide clinical decisions and the patient journey
- Diversity and equity are respected and supported
- Transparency is a core element of safety and quality care

Clear purpose, strategy and leadership

- A commitment to exceptional personcentred care is clearly stated in the organisations purpose and strategy
- Great leadership drives exceptional person-centred care, with the support of champions across the organisation
- A person-centred strategy is articulated to the workforce and the community and implemented across the organisation.

People, capability and a personcentred culture

- An organisational culture for personcentred care is built and maintained through long-term systematic approach
- The capabilities of all members of the workforce are continually developed through formal and informal learning
- The organisation regularly monitors and is dedicated to support workforce satisfaction and wellbeing

Person-centred governance systems

- Consumers and the community are involved in governance at all levels
- Consumers are trained and supported to meaningfully contribute
- Organisational structures and models of care are designed around the person
- There are clear accountabilities at all levels
 from the board to the clinician
- Financial, strategic and operational decisions and processes are person-centred

Strong external partnerships

- Healthcare organisations have a comprehensive network of service partner and relationships
- There is a focus on seamless transitions and coordination of care
- Healthcare organisations operate as leaders in the system improvement
- Community volunteers are recognised and supported as critical partners in enhancing the patient experience

Person-centred technology and built environment

- Person-centred design principles are applied to the built environment
- Healthcare organisations are pragmatic and innovative where resources are limited
- Technology must enhance patient experiences and outcomes, but also not be relied upon alone

Measurement for improvement

- There is culture of learning and continuous improvment
- Measurement can be acted on to improve outcomes and reflects what patients and communities value

The term "medically disabled" refers to disability based solely on impairment(s) which are considered to be so medically severe as to prevent a person from doing any substantial gainful activity.

Recognising that each person with a disability has unique needs, we offer services that aim to provide an array of support options to help you make the best decision. Programs like <u>Adult Family Care</u> and <u>Personal Care Attendant</u> offer ways for you to live with a caregiver or on your own with just the right amount of inhome support for your needs, while <u>Healthy Living</u> workshops can help you learn to better manage your condition and take control of your life.

Adult Day Health Screens

Adult Family Care Benefits Counselling

Case Management

Community Choices

Community Nursing Facility Screens

Congregate Housing

Consumer-Directed Care

Enhanced Community Options Farm to Home Food Program

Home Care Services

Information and Caregiver Resource Centre

Healthy Living

Information & Referral

Long-Term Care Ombudsman Program

Meals on Wheels

Money Follows the Person Nursing Facility Discharges

Nutrition Education & Consultation

Options Counselling

Personal Care Attendant Program (PCA)

Private Pay Care Management (Senior Options)

Respite Services Rides for Health

Serving the Health Insurance Needs of Everyone

Supportive Housing

- My Life, My Health: Living Well with Long-Term Health Conditions
- o Chronic Pain Self-Management
- Diabetes Self-Management
- A Matter of Balance: Managing Concerns About Falls
- Healthy Eating For Successful Living in Older Adults
- Enhance Wellness Coaching
- o Healthy Living Testimonial

Benefits of person-centred care



Better patient and community experience

- Improved patient satisfaction
- Improved patient engagement
- Improved community perceptions of healthcare organisations



Better workforce experience and improved wellbeing

- √ Improved workforce satisfaction
- Improved workforce attitudes
- ✓ Less workforce turnover
- Reduced emotional stress for the healthcare workforce
- Improved workforce wellbeing



Better clinical outcomes, safety and quality

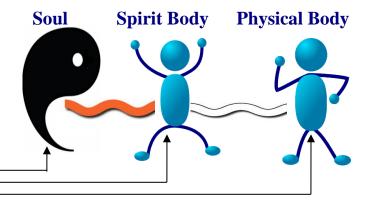
- ✓ Lower mortality
- ✓ Reduced readmissions
- Reduced length of stay
- Reduced healthcare acquired infections
- Improved treatment adherence



Better value care through lower costs of care

- ✓ Shorter length of stay
- ✓ Lower costs per case
- Better utilisation of low verses high cost workforce members
- Less workforce turnover

HIERARCHY of HEALING SYSTEMS



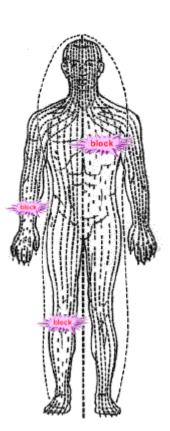
ALLOPATHIC – Western Medicine treats the symptoms, is highly regulated and costly as it is cost driven. Symptoms are suppressed – no healing!

ENERGY HEALING – Eastern Therapies also treat the symptoms with the assistance from natural love spirits from the realms up to the 6^{th} spirit Mansion World.

Therapy applied to the spirit body is through an energy therapist who may work on the chakras, whereas a chiropractor works on the physical body. Such types of therapy deal with the effects and ignore the soul and the causes – temporary healing.

FEELING HEALING – EMOTIONAL EXPRESSION addresses the cause. Soul level clearing and growth provides permanent solutions whereas the other two systems provide temporary relief.

If we focus on our childhood suppression, that is the commencement on our pathway home to our Heavenly Parents. Improving our soul condition is the ultimate goal.



When educators do not know what it is that they are teaching - that is the subject of Medicinal

Dectors do not know what the cause is of any illness - that is maybe why they have identified more than 10,000 illnesses and diseases!

Education and Flealth systems are now to EVOLVE

Tibe elephant in the recom being:

ON SUPPRESSION

The pathway forward is to embrace of the pathway forward is to embrace.

COMMERCIAL IN CONFIDENCE



Hippocratic Oath



New Feelings Way: learning how to live true to ourselves by living true to our feelings.

We are to express our feelings, both good and bad, at all times, and to long for the truth of them.

By living true to ourselves true to our feelings, we are living true to God. It's that simple.

Golden Rule: that one must always honour another's will as one honours one's own.

The Golden rule is: Never interfere with another's will.

God's Divine Love: Pray for it, ask for it, and receive it.

To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

PASCAS FOUNDATION (AUST) Ltd



Pascas Foundation (Colombia) Inc TEAMS

A paramount team leader may be seen in:

https://www.gobankingrates.com/net-worth/politicians/volodymyr-zelensky-net-worth/

"Volodymyr Zelenskyy earned most of his money as a Ukrainian entertainer, starring in Russian-language films including "Love in the Big City," "Office Romance," and "8 First Dates." The tri-lingual president, who is fluent in Russian, Ukrainian and English, also dubbed the Ukrainian voiceovers for "Paddington" and "Paddington 2."

"From 2015 to 2019, he starred in a political satire comedy series, "Servant of the People." The oddly prophetic show, which aired for 51 episodes, chronicled the adventures of a high school teacher turned president of Ukraine. In 2019, Zelenskyy ran for office and was elected as president.

"Although this marked Zelenskyy's first foray into politics, he does have the education to back up his recent career change. He graduated from Kryvyi Rih Institute of Economics with a law degree, but never practiced, according to ClutchPoints.

"Zelenskyy's current role as Ukrainian president earns him only 28,000 Hryvnia per month, or just US\$930 per month, per Celebrity Net Worth — which is an annual salary of roughly US\$11,200 per year.

"The Ukrainian president, Volodymyr Zelenskyy won the hearts of the western world when, upon the recent invasion of his country by Russia, he refused an offer from the U.S. to help him evacuate from the capital, Kyiv. "I need ammunition, not a ride," he famously said."

A fringe benefit of being President is that you may be provided with body armour!

Communications are difficult at the best of times, however within a multicultural / multilingual nation such as Colombia, the multiple languages being engaged throughout the nation makes communications even more difficult.

Control is an addiction throughout all of humanity. Control over others as well as control over the environment. We have all been induced since very early childhood to be mind-centric. It is our mind that is addicted to control, control over others and the environment. Further, our mind cannot discern truth from falsehood, our mind is also addicted to untruth. Consequently our assumptions are 98% of the time in error – the other 2% are flukes!

Thus, Pascas universally gravitates to favour functioning as **TEAMS**.

Kindly go to www.pascashealth.com, then the Library Download page, scroll down the index to CORPORATE FOUNDATION DOCUMENTS, and click to open:

- Pascas WorldCare Teams.pdf
- Pascas WorldCare Teams and Bottom Up Democracy.pdf
- Pascas WorldCare Teams Wisdom & Operation.pdf
- Pascas WorldCare Teams with PTQP.pdf

Teams provides for team members to have the potential to experience and develop in the areas they prefer and that the community of the team is a focus training and experiencing environment. It is not hierarchical, there is no paramount dominant authority, we are each to be listened to.

Consequently, there are no closed office doors. It is even preferable to remove all doors from offices. We may even go so far as to throw away keys to filing cabinets. Human resource people may retain confidential files appropriately.

An hierarchy sometimes has a director as its pinnacle. So, what is a director?

When a corporation is established, the Register of Companies requires directors to be nominated. It is a statutory requirement. These appointees authorise annual reports, consequently sign same, they call meetings and tend to officiate at annual general meetings. Over a full year, this may take as little as one hour of their time. It is a statutory requirement!

A group in an organisation that may be seen as important is the executive leadership administrative team – ADMINISTRATION – and it is this team who develop wide ranging, comprehensive, oversight, managerial supportive skills. They have multiple rolls. And they are to fill in for each other. They are to act intuitively. They are the big picture / little picture guys. They may be highly educated or just highly experienced. But, most importantly, one is not any more 'important' than the other. They are all very important and critical to the vibrancy and productivity of the venture.

With a team, the team as a whole is the hierarchy. And this hierarchy does anoint a team leader, typically for a year. Leadership is important, but more important is our individual experiences. It is from what we experience that we discover and thrive from. We are to express what unfolds for us through our feelings, we are to share our feelings to our companions and we are to seek / long to understand that which we are feeling, both good and bad. This we will and are to do for eternity.

We each have been suppressed in expressing ourselves. This commenced from the moment of conception. Our parents, once they realised (eventually) that we were here, began to impress upon us THEIR plans for us. That amplified when we were born and by the time we were six years of age they have totally suppressed our true personality, the one our Heavenly Parents know us by, and we have ever since been presenting a personality façade that our parents imposed upon us. This is how and why we are all in such a difficult and confused state.

Now, under TEAM structures there are no titles. Everyone is to be encouraged to express their true selves, they are to be provided with pathways and windows to truly be themselves, to follow their passions. This is unique and difficult to comprehend, let alone accept and engage in. Admittedly, this will be difficult to achieve, however let us give it a chance to unfold.

As no one has a title, then we each have a generic title such as 'administration'. We are to embrace our passions and let them shine. There are no 'directors', there are no 'executives', we are each very important, unique, special personalities and our title is our NAME!

We each have somethings, some gifts, something special, an experience, a desire, a personal but withheld ability and this is what Pascas welcomes and invites to have bloom. Yes, sometimes this will drive us crazy with what the hell are you doing, and then we will discover that we all benefit by this expression of individuality – so let us all stand together to allow individuality to bloom!

BUSINESS CASE:

We are each unique personalities. There is no one else like you or me on Earth. There never has been and there never will. Yet, from the moment of conception we are driven to adopt a false façade personality that typically our parents and early childhood carers impose upon us.

Firstly, we are continually influenced to live mind centric, we 'need' to develop our minds, we need to learn our times tables, we need to learn our alphabet, we need to learn poetry by rote, we need to do all kinds of things. But most damaging and dangerous is we 'need' to worship our minds and suppress our feelings. This starts from conception and by the time we are six years old we are entombed in our minds. Our personality is now imprisoned in a steel wrecking ball and this has fixed our life experiences into place – suppression of our true personality will now continue throughout our whole life.

This is what our early childhood suppression and ongoing repression brings about:

- We worship our minds which cannot discern truth from falsehood.
- We embrace our mind's dominance which causes us to need to be in control.
- Our mind is addicted to control of others and the environment.
- Also, our mind is addicted to untruth.
- As we worship our mind, we embrace the 'assumptions' that it unfolds for us. These assumptions are 98% in error with only 2% being in truth these being flukes!
- When we 'think' we are disguising yet more erroneous assumptions.
- We are taught to suppress our feelings Billy, don't cry or I will give you something to cry about!
- Our feelings are always in truth. Our feelings surface from our heart area 'I should have followed my gut feelings' as against from the mind. Our feelings originate from our soul which is ALWAYS in truth.
- We are to live embracing our feelings having our mind assisting in implementing what our feelings guide us to consider. Feelings first with our mind to follow. This is in total contradistinction to how we are brought up to live.
- We are too long to understand the truth that we are to recognise from that which our feelings draw to our attention, both good and bad. Everything that we need to know is already known to us should we embrace our feelings and seek / long / ask for that which we feel for.
- As we are ALL mind centric, can we determine if any of these revelations are true and how?
- Dr David R Hawkins in ten books, starting with "Power vs Force", introduced the "Map of Consciousness" (MoC) and with kinesiology muscle testing, not only can we determine if a statement is true or not true, we can also determine the level of truth of any statement. You and I can test each and every one of these statements for truth and the level of its truth.
- If we can hold in mind a statement then we can test its level of truth in less than one minute.
- The cost of UNTRUTH to society is 100% of all the social ailments that prevail throughout humanity, the consequence of living mind-centric, of worshipping our minds.
- Some 200,000 years ago high level spirit personalities seduced humanity to embrace our minds as the pathway to becoming mini-gods, to becoming all powerful through our minds. Only now, in 2022, do we understand how to heal ourselves of this error. It is not easy but that is what we all will do (eventually).
- As we each have taken on the emotional injuries and errors of belief of our parents, this impedes the flow of energy to and from all of our bodies to be out of balance out of truth. This energy flow is like the electric circuit required to drive an electric appliance, like a light bulb. This is our soul light

- that animates our spirit bodies and then in turn our physical body. When we are not in truth, the light we return is out of balance with what we received.
- Soul light being out of balance is the driver and origination of each and every one of our physical discomforts, pains, illnesses and disease. This is the consequence of living mind centric rather than feelings first.
- As we as parents live mind centric then when conception occurs, the newly arriving personality is literally fire-hosed with our emotional injuries and errors of belief. This dramatically damages the soul-light circulation for that perfectly formed child. A miscarriage is of a direct consequence of our injuries. A child being born with physical defects is of a direct consequence of our injuries. Childhood illness is of a direct consequence of our personal injuries.
- During our early childhood our soul condition degrades to the level of our parents!
- As we go on throughout the child's early forming years suppressing its true personality, endeavouring to mould its personality to what we believe it should be, we are bringing it into the condition that will be how it will experience life and its physical health.
- Every one of us is presenting a façade personality imposed upon us by our parents.
- Every one of us is suffering ongoing repression of our true personality to varying degrees.
- It is this early childhood suppression that fills the health system and hospitals with medical issues to be addressed all the way through our life to our physical death.
- It is this early childhood suppression that overwhelms the policing, courts and prison systems.
- It is this early childhood suppression that generates domestic violence.
- It is this early childhood suppression that has whole societies functioning in a stupor moronic!
- It is this addiction to untruth from being mind-centric that we have conflicts and wars –

CIVIL UNREST!

- While living mind centric we cannot evolve beyond 499 on Dr David R Hawkins' Map of Consciousness (MoC). We cannot grow and live beyond what is the equivalent to the first spirit Mansion World. We are to evolve through the equivalent of seven spirit Mansion Worlds before we can enter the first of the Celestial Heavens. Prior to being conceived we each were in the condition equivalent to the seventh spirit Mansion World just below being Celestial.
- Only when we embrace our feelings and begin to Live Feelings First, only then can we grow beyond the restraints, the restrictions of living mind centric. We have been purposely restrained by hidden controllers who seduced us to live mind centric now we can heal that error and what we have individually taken on of that misguidance and grow to being of a Celestial Soul Condition even while living here physically on Earth.
- We now have the pathway to heal ourselves physically and then avoid conflict and war. The cost of this is our personal time and energy to embrace THE NEW WAY by LIVING FEELINGS FIRST and then go on and embrace FEELING HEALING. This is what Pascas is introducing to all of humanity. It is a way of living, it is not a religion.
- It is simple to introduce but difficult to do. Yes, others are healing themselves.
- The alternative is continuing with living in the despair and pain that you see around us.
- The golden rule is: "Never interfere with another's will."

The contents of this document test:

TRUE

On the Map of Consciousness, the contents of this document calibrates at:

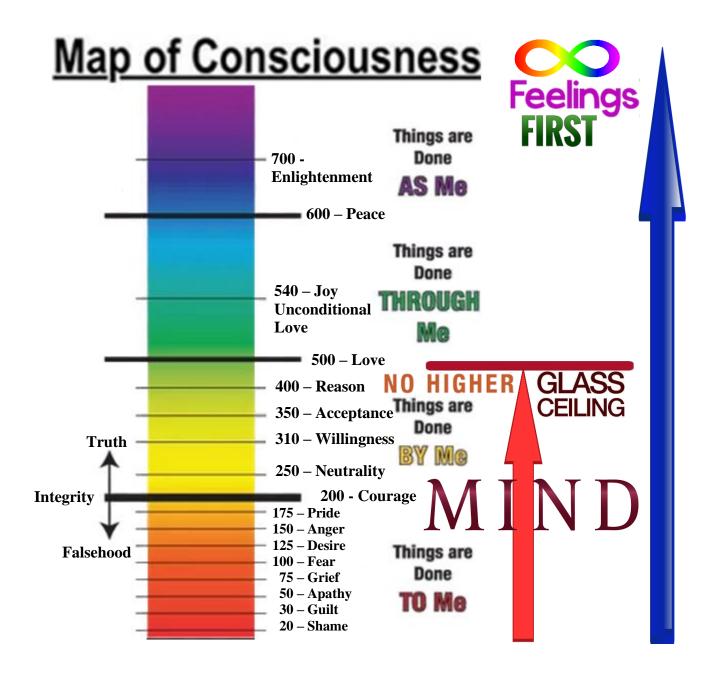
MoC 1,000

John the Typist

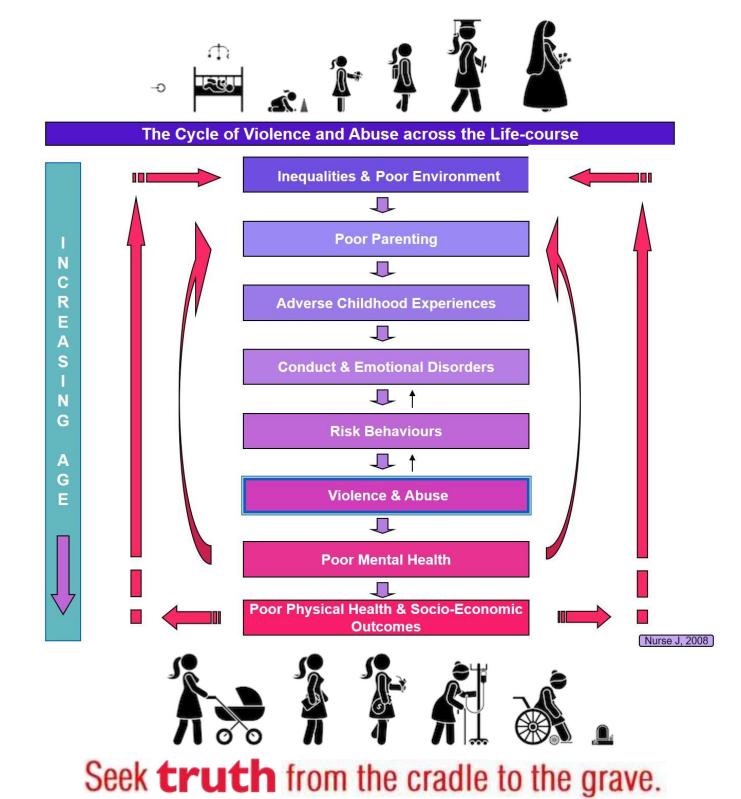
CONSCIOUSNESS

Map of Consciousness from Dr David R Hawkins, M.D., Ph.D. "Power vs Force".

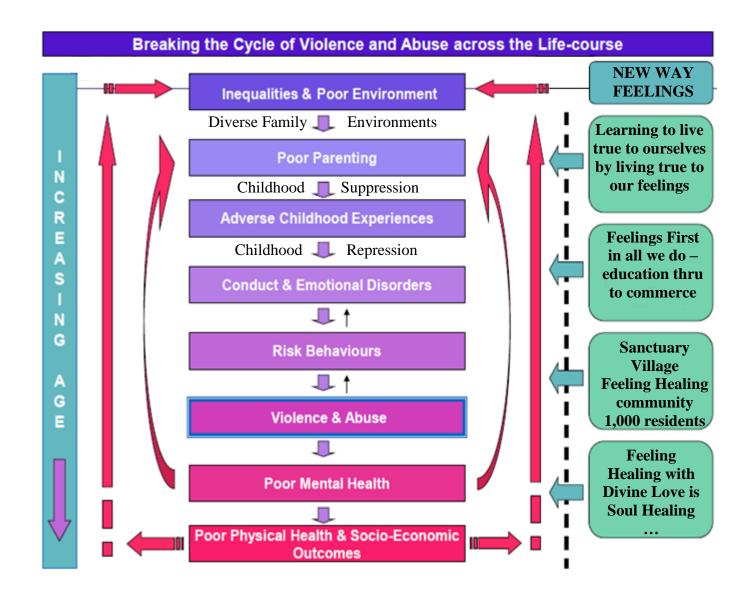
		Hawkins, M.D., Ph.D. "Power vs Force".		
Level	Log	PERSONALITY TRAITS:		
ENLIGHTENMENT	700-1000	Less than two dozen people on planet Earth.		
PEACE	600	Would not pick up a weapon let alone use it. These people gravitate to the health industry		
JOY	540	and humanitarian programs.		
LOVE	500	Debate and implement resolutions without argument and delay. 470 Debate and implement resolutions in due		
REASON	400	course. 440 Debate and implement resolutions with some		
ACCEPTANCE	350	degree of follow up generally needed. 410		
WILLINGNESS	310	Management supervision is generally necessary.		
NEUTRALITY	250	Politics become the hope for man's salvation.		
COURAGE	200	Cause no harm to others starts to emerge. Power overrides force.		
PRIDE	175	Illness is developed by those man erroneous emotions that calibrate 200 and lower.		
ANGER	150	Armies around the world function on pride. Force is now dominant, not power.		
DESIRE	125	Harm of others prevails, self-interest prevails.		
FEAR	-100	Totally self-reliant, not God reliant.		
GRIEF	75	Fear dominates all motivation.		
APATHY	50	Suicide is possible and probable. At these levels, seriously harming others for		
GUILT	30	even trivial events appears to be justifiable.		
SHAME	20	Poverty, unemployment, illness, etc., this is living hell on Earth.		



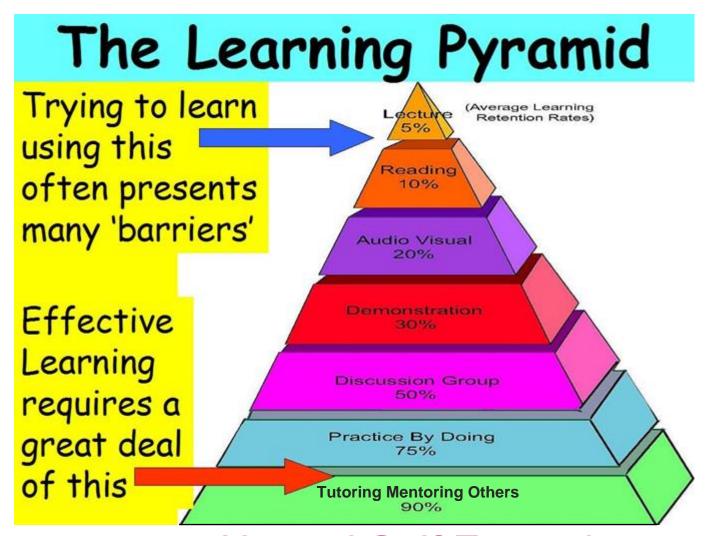
LIFEISFOR LEARNING



COMMERCIAL IN CONFIDENCE



Childhood Suppression is the underlying cause of all physical illness and social issues seen throughout society.



100% retention is Natural Self Epression

Cor	relation of Le	vels of C	Consciousnes	S
	and Socie	etal Prob	olems	
Level of	Rate of	Rate of	Happiness Rate	Rate of
Consciousness	Unemployment	Poverty	"Life is OK"	Criminality
600+	0%	0.0%	100%	0.0%
500-600	0%	0.0%	98%	0.5%
400-500	2%	0.5%	70%	2.0%
300-400	7%	1.0%	50%	5.0%
200-300	8%	1.5%	40%	9.0%
100-200	50%	22.0%	15%	50.0%
50-100	75%	40.0%	2%	91.0%
< 50	97%	65.0%	0%	98.0%
			TD TO 1 CT	

COMMERCIAL IN CONFIDENCE

From our head to our toes, what our feelings say goes!









Heartfelt feelings are our truth.

LONG to KNOW ABOUT what you are FEELING!

Long to understand the truth behind

what your feelings are pressing upon you.





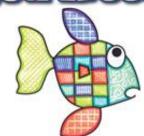


Ask to know the truth about that which you feel.

It is knowing the truth of that
which you feel that sets you free!







Always be true to your feelings because they are your truth and truth is love and our way home!







Express your feelings to those who matter to you.

Suppressed feelings bring about pain and illness.

Talk it out to a friend!

One to One Sharing:

Talk it out with a buddy what happened with you yesterday or over the weekend. Was it fun? Was it not? Was it a bother? Why do you feel it was that way for you? Say to your friend what ever comes up in how you feel about what happened for you. Then listen to your friend share his/her day / days and what she / he experienced. Then ask your friend to talk again later.

Junior school classroom with a student assisting. Students to form into pairs and discuss their feelings about their experiences.











Important recommended reading is:

by James Moncrief

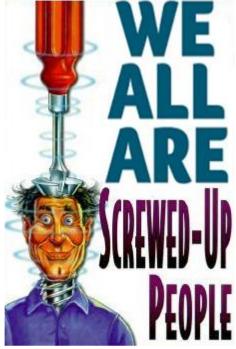
The Rejected Ones – the Feminine Aspect of God

http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html ALSO at https://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html ALSO at https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf



Feelings This is how it is to be! Mind in Support

Consider asking yourself this question: Who burt me when I was a child?



THE SCRATCH

"All that we need to know is within us all. We need to long for the truth behind that which our feelings are bringing our attention to. Behind each feeling there will be another and even more truth of ourselves to be embraced. We have been misled for aeons and now we can excel and blossom as we are intended to do so. Our potential is infinite."

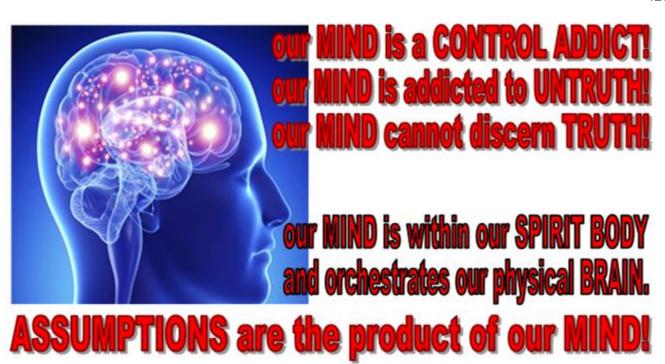
John the Typist

It is time for us all to bring our mind into balance with our feelings and open our pathway to the potential within each of us. Few recognise the difficulties that being mind-centric cause each of us. We literally worship our minds while suppressing our feelings and our true personality. We act upon assumptions that are around 98% of the time just wrong. We may start a conversation with "I think" meaning it is an assumption rising from our minds and then have a meaningless discussion!

We are truth seekers. Our life is about experiences and the feelings that arise from each such experience. Our physical existence is the commencement of our journey through our local system, local constellation, then out through our local universe and then all the way to Paradise, the home of our Heavenly Mother and Father. We each will excel in our own way and time.

Now is the greatest time in the history of humanity for it has now been revealed to us by higher level spirit personalities as to how we are to live, should we so choose to. And through these revelations we can now start to address appropriately and progressively all that ails society.

This is what Pascas Foundation brings to all the peoples of the world – revelations of **TRUTH!**



HEALINGends MIND-CONTROL!



PASCAS WORLDCARE recognised Hierarchy of Needs, structured upon Maslow's theory.



Bliss

God Realisation, being at one with God, our Heavenly Mother and Father

Joy

working a life of service to others – having no needs for one's self

Transcendence

helping others to self-actualise, freely sharing love, praise and gratitude

Self-actualisation

personal growth, self-fulfilment, removal of all forms of fear

Aesthetic needs

need for order and symmetry, beauty, balance, form, freedom from fear

Cognitive needs

to know and understand, knowledge, meaning, self-awareness, liberty

Esteem and Psychological needs

self-esteem, acceptance, responsibility, achievement, reputation, freedom, gratitude, praise, love

Social and Belonging needs

family, affection, relationships, work group, interaction with people, removal of boundaries

Safety and Security needs

safe lodging, physical safety, law and order, security, communications, education

Biological and Physiological needs

clean air (renewable energy), potable water, nutritious food, housing, health services (clean air + clean water + clean soil results in clean nutritious food!)

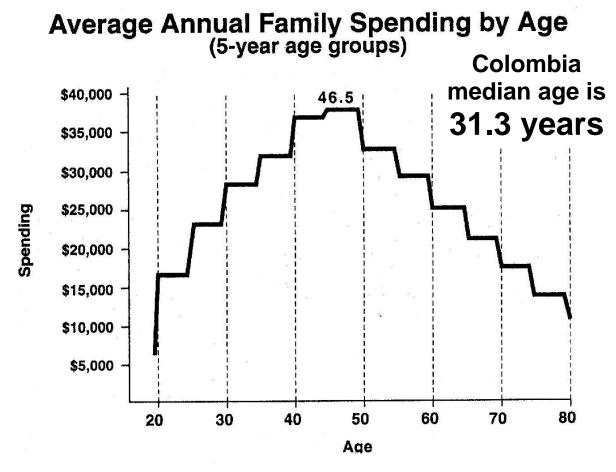
MARKETING CONCEPT:

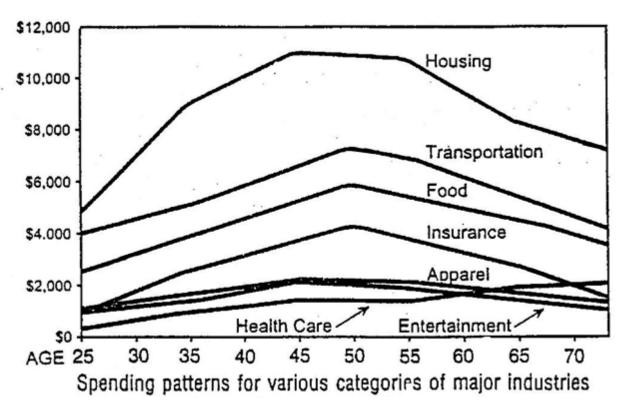
Career paths focused upon herein: Education and Teaching Nursing, Health and Medical Agriculture and Food Security



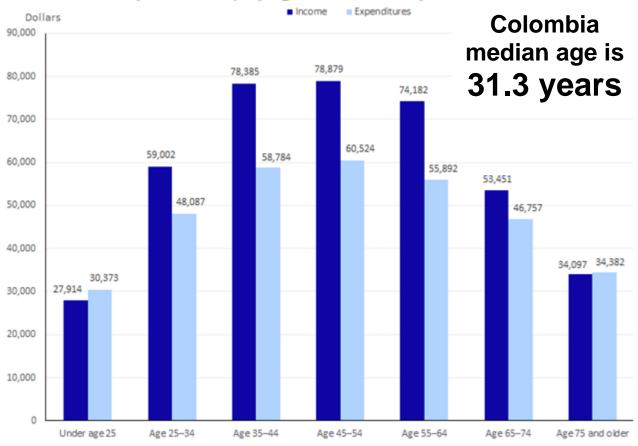
COMMERCIAL IN CONFIDENCE

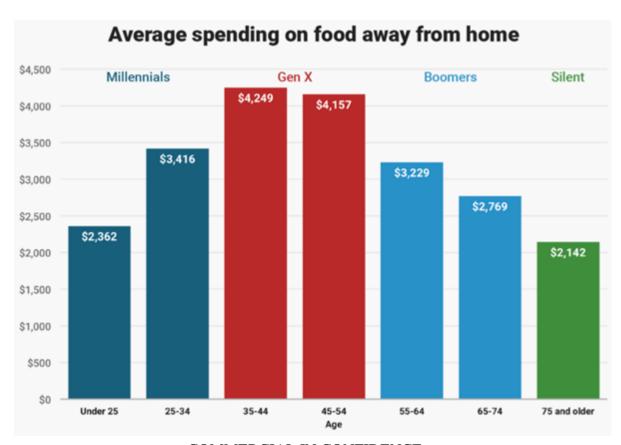
BUYER TRENDS – Patterns within societies:





Income and expenditures, by age of reference person.

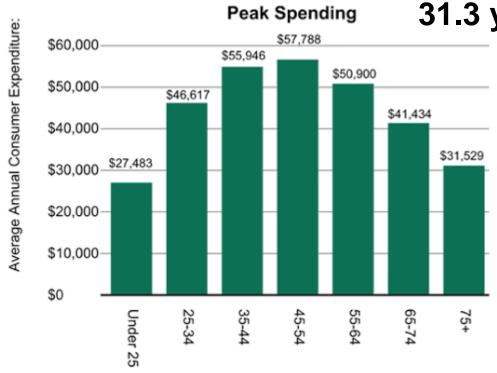


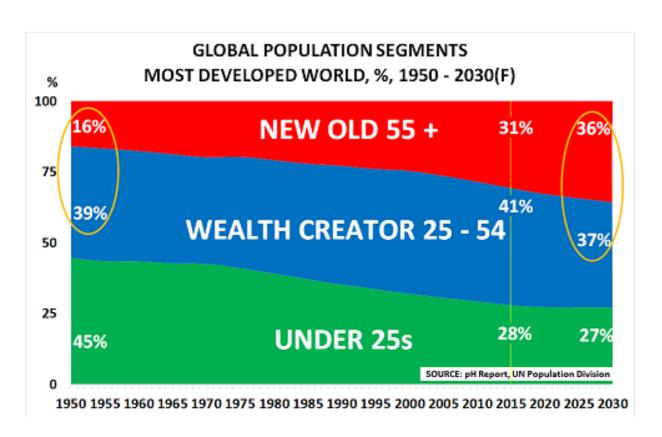


COMMERCIAL IN CONFIDENCE

These observations being relevant within every society:

Colombia median age is 31.3 years





COLOMBIA SALARY:

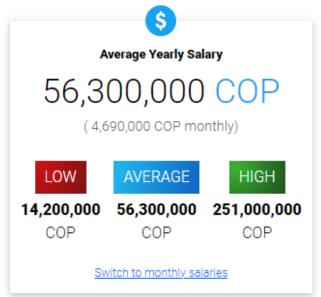
A person working in **Colombia** typically earns around **56,300,000 COP** per year. Salaries range from **14,200,000 COP** (lowest average) to **251,000,000 COP** (highest average, actual maximum salary is higher). (USD 1 being COP 5,000)

A Master's degree program or any post-graduate program in **Colombia** costs anywhere from **23,500,000** Colombian Pesos to **70,400,000** Colombian Pesos and lasts approximately two years. That is quite an investment.

Colombia's GDP growth forecast for 2023 is 2.2%, down more than five percentage points from the country's current rate standing at 7.6%. Colombia's GDP rebounded 10.7% in 2021 and it is projected to grow **7.6%** in 2022.

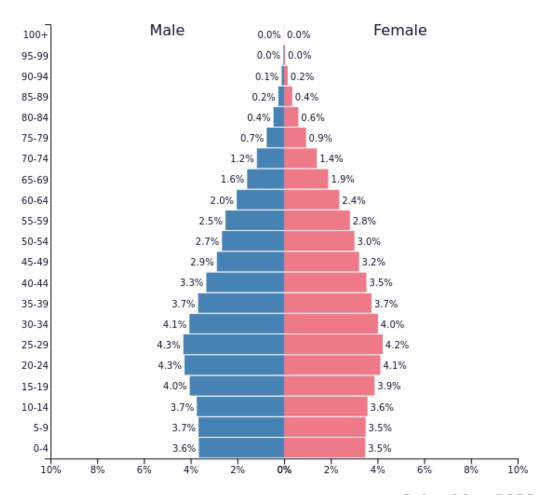
The official estimate for Colombia's GDP was **US\$757 billion** at the end of 2021 in purchasing power parity terms. World Economics has developed a database presenting GDP in Purchasing Power Parity terms with added estimates for the size of the informal economy and adjustments for out-of-date GDP base year data.

The Gross Domestic Product per capita in Colombia was last recorded at US\$6,443 US dollars in 2021. The GDP per Capita in Colombia is equivalent to 51% of the world's average. source: World Bank



Distribution of Salaries in Colombia





PopulationPyramid.net

Colombia - 2022 Population: **51,512,766**

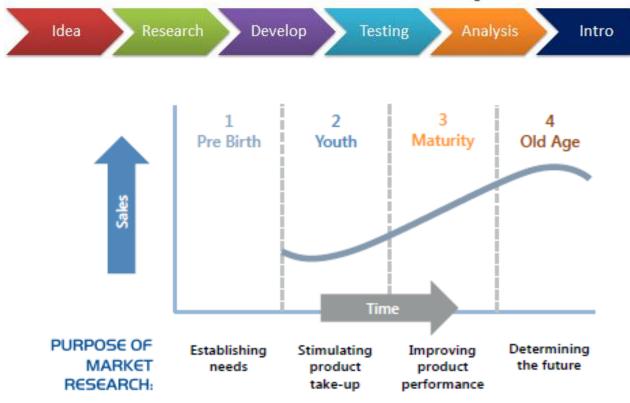
Private Sector		52,800,000 COP
Public Sector	▲ +11%	58,600,000 COP

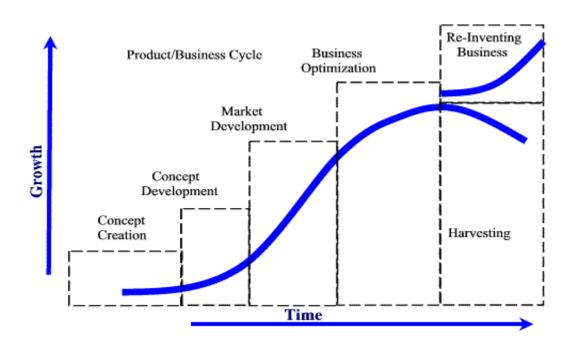


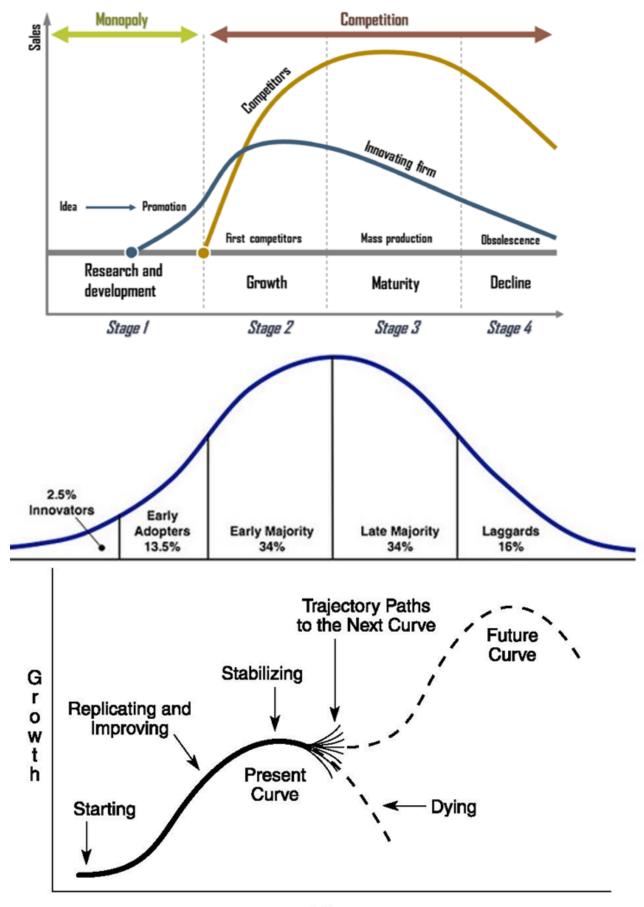
COMMERCIAL IN CONFIDENCE

PRODUCT CYCLE – services:

New Product Development

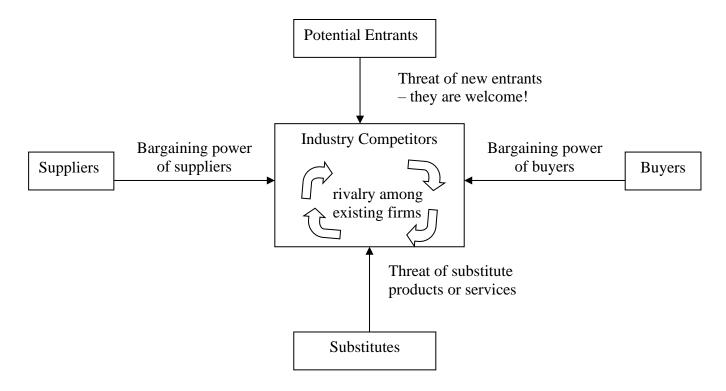






TimeCOMMERCIAL IN CONFIDENCE

FIVE-FACTOR INDUSTRY PORTER MODEL:



BARGAINING POWER-

1. RELATIVE FRAGMENTATION OF BUYERS AND SELLERS

There are some 3,400 spiritual institutions and with their minor denominations there are more than 50,000 organisations promoting 'truth'. As truth is always the same, then the people of the world are in a quandary. High level hidden controllers have led humanity to live mind-centric, to worship our minds in the erroneous belief that we can achieve everything, even to become mini-gods, whereas it has always been a constricting way of living to keep humanity from evolving so that we remained restrained to do as these controllers directed.

Higher level personalities have now revealed and shown that through embracing our feelings, living feelings first and longing for the truth that our feelings are to show us, we can heal ourselves of our childhood suppression, open ourselves to our soul based truths and become highly intuitive spontaneous personalities with infinite potential and free from the constraints of our minds.

This awareness is to be shared with humanity through the education and health sectors primarily as it will be embraced by all sectors of life and living.

2. SIGNIFICANCE OF PURCHASE AS A PROPORTION OF THE TOTAL EXPENDITURE

These revelations are to be freely available to all of humanity. For those of us who like to know the details, all the ins and outs, this may require considerable time to investigate all that now is available to consider.

For those who embrace doing their Feeling Healing, then this will involve all their time.

3. PRODUCT STANDARDISATION OR DIFFERENTIATION

There is only one way to engage in our Feeling Healing, it is how you will do it and there is no other way. The principals of how we are to do our Feeling Healing are all the same, however we are each unique and consequently we have unique childhoods and personalities and thus we will have a unique experience in our Feeling Healing. Yes, we will all do our Feeling Healing be it in the physical or in spirit or a combination of both.

4. COSTS OF SWITCHING TO ANOTHER SUPPLIER

Truth is always the same. There is only one pathway.

5. IMPORTANCE OF QUALITY OF THE PRODUCT TO THE BUYER

There is only one set of guidance in publication. Presently this is some 60,000 pages being about 20 million words. The core writings have been restricted to being through James Padgett and then James Moncrief and that is to avoid confusion. The most important writings are those of James Moncrief.

6. INFORMATION AVAILABLE FOR THE BUYER ABOUT THE SUPPLIER

The supplier are high level spirits – there are many of them identified throughout the writings. The core revelations all come from personalities that are of a higher level of consciousness and truth than those who imposed the Rebellion and Default upon us.

THE THREAT OF NEW ENTRANTS OR SUBSTITUTES -

There are already many systems that purport to heal through emotional clearance systems. None go far enough. None go deeper enough – there are many, many layers. But most significantly, none guide us to long to know the truth that our feelings are and will show us, reveal to us.

COMPETITIVE RIVALRY –

1. NUMEROUS OR EQUALLY BALANCED COMPETITORS

There are no others that have been provided with the Truths that are now being shared to all freely. Further, no others have recognised the importance of these revelations to the education and health sectors. And further, no others have been provided with the financial resources to global introduce to all of humanity this way of living which is ever so freeing and will lead to significant evolutionary growth in consciousness levels. Today, in 2022, we see all of humanity in some kind of moronic stupor with major wars in various countries. As the new spiritual age unfolds, wars will end!

2. SLOW INDUSTRY GROWTH

Yes, humanity will be slow to embrace what is being introduced through Pascas.

FOUNDATION'S PROGRAM:

VISION STATEMENT:

"To build an inspiring high quality, international standard university having multiple campuses throughout Colombia that provides outstanding opportunities for students, lecturers, professionals and the surrounding community to excel, thrive and succeed in."

"This will lead to widespread enhanced pre-schooling, primary schooling, high schooling, craft creations, technical and further education as well as university facilities and services that will support all facets of all sectors of social services, health, education, commerce and industry."

HISTORY:

Pascas Foundation (Aust) Limited was incorporated on 16 September 2008 and progressively received and obtained revelations dating back to 31 May 2014 that are all published throughout the Pascas Papers that can be downloaded from the Library Download page on www.pascashealth.com. The way we are to live is feelings first with our minds to follow whilst longing for the truth behind what our feelings are drawing our attention to. This is the greatest time in the history of humanity as peace and harmony amongst all people is to now unfold through universal change in everything that we engage in.

THE TEAM:

Presently, it is a small group of people, some in the far parts of the world, who lead the way for Pascas. That is about to change dramatically as the work of Pascas becomes generally public.

LAYERS of MANAGEMENT - REFLECTING the ORGANISATION CHART:

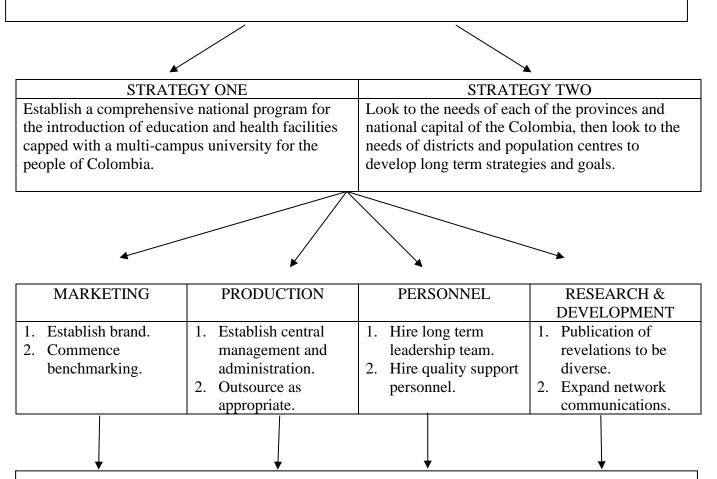
ORGANISATION CHART – LAYERS of MANAGEMENT					
Layer 1	Chief Executive Officer – Board of Directors				
Layer 2	Administration – Commercial Manager – Promotion – Public Relations – Marketing –				
	Financial Controller – Personnel – Quality Control – Research & Development – Project				
	Development – Site Management – Design & Architecture – Acquisitions				
Layer 3	Managers: - Business Development – Group Marketing – Relations Domestic –				
	Relations International – Communications – Information Technology IMS – Technical				
	Engineer – Purchasing / Stock Control – General Administration – Maintenance Engineer —				
	Work Place & Safety				
Layer 4	4 Process Technicians: Team Leaders				
	Team Specialist – Senior Controller / Trainer – Senior Operators				
	Support Operators – Trainee Operator – Administration Support Staff				

TEAM STRUCTURES WILL ENCOMPASS ALL LEVELS

ACTION PLAN:

MISSION STATEMENT

To introduce the best possible Education and Health Resources for Colombian people to shine in the Colombian communities and internationally. To introduce revelations in how we may live that enables capabilities to be reached never dreamed to be accessible – this is the dawning of a new age for everyone!



VISION STATEMENT

"To build an inspiring high quality, international standard university having multiple campuses throughout Colombia that provides outstanding opportunities for students, lecturers, professionals and the surrounding community to excel, thrive and succeed in."

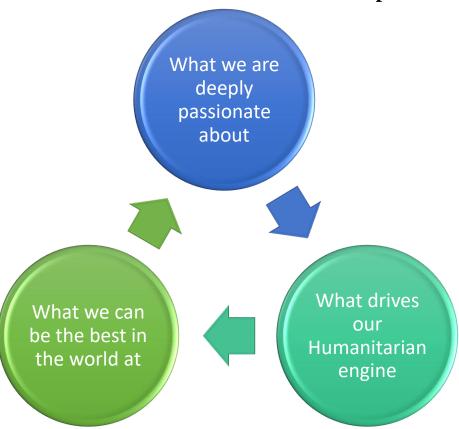
"This will lead to widespread enhanced pre-schooling, primary schooling, high schooling, craft creations, technical and further education as well as university facilities and services that will support all facets of all sectors of social services, health, education, commerce and industry."

STRATEGY:

Pascas Foundation (Colombia) Inc identifies drivers to a successful strategy as:

- Advancement of the Education and Health Sectors awareness and capacities.
- Commence growing the numbers of teachers, nurses and doctors through scholarships
- Build education centres while developing curriculums.
- Introduce education and health centres with capabilities and capacities required by communities.
- Education and Health Sector expertise to double in numbers, then double again.
- Ownership of the freehold land and buildings, or very long secure land leases, from which to provide services in education and health.
- Solar electricity with batteries as required.
- Broadband Internet bandwidth on demand for all students and families.
- Superior technology suited to the geographic conditions and other conditions that prevail.
- Outsource services, engineering and equipment locally where possible.
- High levels of security.
- These endeavours are for ALL the people of Colombia.
- Research and development continually ongoing.
- Access to diverse media content communication and involvement by all.

PASCAS FOUNDATION focuses upon:



GOALS & MILESTONES SCHEDULES:

SHORT TERM GOALS Year 1

- $\sqrt{}$ Consolidate our management team.
- $\sqrt{}$ Establish our brand name and market appreciation for our endeavours and services.
- $\sqrt{}$ Establish that our Corporate Shared Values positions us as an EXCELLENT Foundation.
- $\sqrt{}$ Meet our milestones and exceed our goals.
- $\sqrt{}$ Identify specific market penetration strategies for other products and industries.
- $\sqrt{}$ Monitor customer expectations and satisfaction levels.
- $\sqrt{}$ Enhance the Foundation's objectives and services in response to people's needs, requests and issues.
- $\sqrt{}$ Develop complementary programs to grow the potential for all involved.

MEDIUM TERM GOALS Years 2 - 4

- $\sqrt{}$ Bring operating budgets into line with management objectives for both schools and health facilities.
- $\sqrt{}$ From then on, maintain a balanced budgeted cash flow.
- √ Fully establish the market presence as per our identified market plan with a focus on the needs and goals for each state throughout Colombia.
- $\sqrt{}$ Meet budgeted program guidelines.
- $\sqrt{}$ At all times understand the vision of the Foundation, its humanitarian objectives and targets for consistent growth in the sectors of society that it is focused upon.

LONG TERM GOALS Years 5 - 6

 $\sqrt{}$ Crystallise the value of the humanitarian projects by way of expansion into other neighbouring countries.

	MILESTONES	IN MONTHS
1.	Achieve targets as set out in the financial feasibility.	
2.	Management team formalised.	2
3.	Production and delivery teams bedded in.	3
4.	Communications plan finalised, costed, approved and implemented.	3
5.	Commence sites acquisition and construction in accordance with financial	
	feasibility.	
6.	First education and health facility opened within communities.	4
7.	Format of programs and range resolved with a program of priorities.	6
8.	Product accreditation and endorsements achieved.	6
9.	Third party endorsement from peer review.	6

Key Performance Indicators (KPIs) based on Critical Success Factors (CSFs)

CSFs	KPIs			
Attainment of pre-determined goals.	 ✓ Expenditure within 10% range of budget. ✓ Expenses not exceeding budget. ✓ Projects implemented within proximity of budget timing. 			
Comprehensive planning for the future.	 ✓ Business Plan always updated for 5 years ahead. ✓ Comprehensive new plant and equipment and upgrade plan for 5 years ahead. ✓ Information distribution always being updated. 			
Financial stability – Foundation being humanitarian in focus.	 ✓ Budget cash flow variance <10%. ✓ Business Plan with > 15% of outcomes. 			
Positive perception by the market.	 ✓ Education – student and teacher satisfaction. ✓ Health – patient / friends and clinician satisfaction. ✓ Positive community reporting. ✓ Invitations to participate in showcases and forums. 			
Good understanding of market requirements.	 ✓ No orders lost because of "missing" features. ✓ Sales meeting budget forecast. 			
Understanding of significant, relevant, innovative life style pathways.	 ✓ Ability to bring this awareness to all. ✓ Competitors attempting to copy or make use of revelations. 			
High quality product.	✓ Information provided being always in truth – accurate. ✓ Updates being addressed within a few days.			
Superb team work.	 ✓ Absenteeism low or < 1 day a year per person. ✓ Consistent enthusiasm. ✓ Consistent quality with attention to detail. ✓ No lost time injuries. 			
Reliable supply & service chain.	 ✓ Suppliers offering unsolicited innovation. ✓ Supplier's products arriving < 5 days late. ✓ Spare parts for service available < 5 days after order. ✓ Change to external service support agents < 1 per year. ✓ Primary response to customer's service requirements < 24 hours, any day, anywhere. 			
Being an employer of choice.	 ✓ Job applications arriving unsolicited. ✓ Zero resignations due to dissatisfaction with the Company. ✓ Employees introducing friends of high calibre as potential employees. 			

The SWOT ANALYSIS OVERVIEW:

SWOT ANALYSIS			
Strengths of our Foundation:	We can utilise these strengths as follows:		
Humanitarian fund allocation capabilities.	Large scale investment into the education and health sectors, with broad distribution of higher education for all sectors of society.		
Weaknesses of our Foundation:	These weaknesses will be overcome as follows:		
Limited experience within the Colombian landscape, even with many local team members.	Gain in the field expertise within the Colombian landscape through operatives within the education and health sectors within Colombia.		
Opportunities open to our Foundation:	Will be grasped by us as follows:		
Greater development of the education and health sectors as well value adding co-operatives being founded.	Opening up for more opportunities to enter other sectors within Colombia.		
Threats facing our Foundation:	Will be avoided as follows:		
Governmental regulation and opposition.	Supersede the market with more advanced techniques, technology and proven performance. Effective negotiation with government and other stakeholders.		

RISK ANALYSIS:

The key risk issues that are identified in the above SWOT Analysis have been prioritised and the risk mitigation management implementations are summarised as follows:

- Lack of infrastructure within the education and health sectors within the Colombia.
- Lack of food security throughout the Colombia.
- Lack of secure housing for many sectors of society.
- Subsidising consumer costs through scholarships for higher education.
- Subsidising patient's costs through subsidising running costs of health services being provided.
- Engaging with local communities for support.
- Creating local employment while expanding the availability of needed services in education and health.
- Adhering to governmental regulations.
- Remaining apolitical not being aligned to any one political party.

MARKET PENETRATION:

The Foundation's growth is humanitarian-driven rather than product-driven. Customer needs and wants have been researched and the Foundation's services and products are focused on fulfilling customer needs.

At this point, consumer needs have been assessed by interaction between companions of the Foundation and people throughout many communities. The Foundation has adopted a Market Planning Process to develop and grow its data base. This entails:

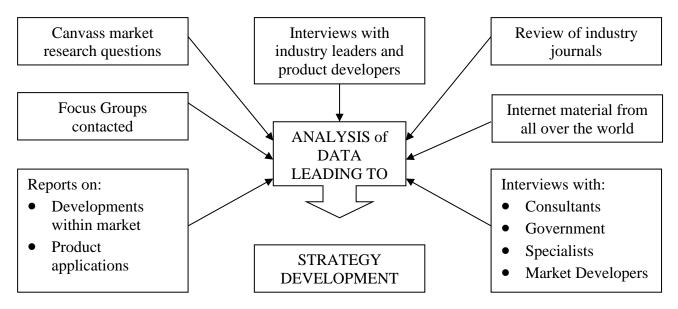
MARKE	T PLANNING PROCESS
PREPLANNING REQUIREMENTS	 Identify markets for products and services. Determine Foundation's goals and expectations. Establish objectives.
SITUATION ANALYSIS	 Identify education and health needs. Analyse what is already established and delivering. Identify markets, segments, size and share. Identify inside and outside influences. Analyse distribution. Analyse market coverage. Analyse for ongoing improvement. Evaluate marketing communications. Analyse positioning as an organisation.
PROBLEMS and OPPORTUNITIES	 Analyse positioning as an organisation. Determine marketing success factors. Identify key problems and opportunities.
SEGMENT PRIORITY	 Determine education and health segment priority. Establish business / service direction by segment. Establish objectives by segment. List assumptions and restrictions – and then investigate.
STRATEGIES and TACTICS	 Develop strategy options. Select strategies. Develop tactics. Schedule and budget tactics.
MARKETING PLAN EVALUTAION	 Estimate needs and related costs. Prepare cost benefit analysis and profit projections.
CONTROLS and MEASUREMENTS	 Establish controls and measurements. Analyse management effectiveness.

MARKET RESEARCH:

The Foundation market research has focused upon:

- $\sqrt{}$ The people of Colombia regarding to their needs and aspirations.
- $\sqrt{}$ Student, teacher, lecturer, doctor, nurse, allied health and administration how do our revelations and services solve their problems.
- $\sqrt{}$ Market segment and industry characteristics.
- $\sqrt{}$ Market sizes and value volumes and value of units in given segment.
- $\sqrt{}$ Services and products awareness and sensitivity.
- $\sqrt{}$ Importance of convenience and relevance.
- $\sqrt{}$ Willingness to consider a new processes and awareness.
- $\sqrt{}$ Branding and awareness.
- $\sqrt{}$ Education and health sector direction, attitudes and stigmas.
- $\sqrt{}$ Government initiatives and attitudes.
- $\sqrt{}$ Overseas attitudes and trends.

Data was sourced using the following market research methodology:



Secondary data supported the following:

Government attitude is supportive of the introduction of this Foundation's initiatives.

The potential market for the Foundation's initiatives is quantifiable.

The market share that this Foundation is targeting is readily achievable.

Professional opinion enforces the Foundation's decision to proceed.

Specific early entry markets have been identified to have the Foundation focus upon.

Findings support the focus that the Foundation's marketing strategy is and how to deal with issues relating to the products and services being introduced.

Attitudes and trends are similar in the domestic market as well as relevant overseas markets.

Primary data revealed the following:

A lack of awareness of the revelations and service application.

A desire for convenience in the provision of educations and health services.

A desire for simple access and use of education and health services.

A lack of knowledge of how to benefit from the revelations and advancement in services.

A lack of brand awareness.

Pricing is acceptable for services proposed as they meet the market, so to speak.

Strong interest from the market segments in which the Foundation is to introduce its services.

Early product users have been identified.

Brand name development and awareness program has been dealt with.

Customer support services have been resolved.



One must always benour another's will as one benours one's own.

MARKET SEGMENT to INTRODUCE the FOUNDATIONS OPPORTUNITIES:

PHILOSOPHY

To see Colombian communities evolve, grow and thrive in living standards, quality of life, physical, mental and spiritual health in the Education and Health Sectors and beyond, and to inspire the residents to excel in all areas of life, family and community.

By supporting the education and health sectors throughout Colombia, Pascas Foundation (Colombia) Inc is to position the citizens in society to live a progressively improving quality of life and standard of living.

MARKET

The market for Pascas Foundation (Colombia) Inc is the entire nation, 52,000,000 citizens, where all students and citizens are affected by the availabily of health services, through hospitals and aid posts. The way forward involves the advancement of high schooling resources and curriculum to bring about a larger cohort of qualified students to progress through higher education to deliver more qualified staff for all the levels and sectors of the health industry.

COMPETITION

One may anticipate that all of the not-for-profit and governmental agencies may welcome the initiatives of Pascas Foundation (Colombia) Inc.

MARKETING

The marketing activities to promote the long term plans and projects of Pascas Foundation (Colombia) Inc may include the following:

- Social media marketing
- Written materials, books and magazines
- Video promotions
- Movies
- Advertising in community newspapers
- Advertising at schools and hospitals
- Community billboards advertising
- Seminars
- Promotional activities in expositions, school and hospital open days

INTERNET MARKETING:

eCOMMERCE STOREFRONT

This is an introduction to the website marketing platform to be developed by this Foundation.

Human nature by default has been programmed to be socially active to a certain extent. Some people are more active, while others are less so!

However, people have always been looking for ways to connect and network with each other. And, in this age of digitisation, people have found ways to be socially active on the internet, which is possible with the advent of the numerous social networking platforms and apps. Here are more than 100 site options:



GROWTH IN THE FOUNDATION'S SERVICE AVENUES BEING:

The Foundation will grow its field of influence by services:

Providing evolved and enhanced services to existing customers – the community.

Existing services to new customers sourced through market expansion avenues.

New products and services to existing customers.

New products and services to new customers.

Expand the marketing territories.

Expand the marketing territories.				
GROWTH STRATEGY				
Market Penetration	 Increasing existing customer usage through: Implementing price incentives on a sliding scale for increased use of products / services. Increasing the rate of product / service obsolescence. Increasing the size of unit of purchase. Identifying alternative uses for products. Attracting clients / participants from competitors through: Differentiating products / services from our competitors. Reducing fee structure. Increasing promotional effort. 			
New Market Development	 Developing new geographical markets, through: Expanding our business regionally, nationally and then internationally. Franchising and licensing our business and products (without fees!). Joint venturing with others in new markets. Developing new market segments through: Getting referrals. Strategic alliances. Promoting our services in alternative media forms. Converting potential customers that currently do not use our products / services through: Implementing reduced fee trial use of products / services offered. Identifying alternative uses for our products and services. Reviewing fee and price structure and position our business at either the upper or lower ends of the market by brand separations and separate marketing programs. 			
New Product Development	 Develop new features for products and services. Develop variations to existing products and services. Develop new products and services aimed at identified markets. 			
Diversification	 Buying a related business (health centres and education centres). Using existing distribution network to grow innovations. Stability development. Grow new products and business entities. 			

MOSAIC PROFILING: What is your mosaic profile looking like?

Mosaic is a quantitative framework to measure the overall health and growth potential of private companies using non-traditional signals. The Mosaic score is comprised of 3 individual models — what we call the 3 M's, each relying on different signals (although all the signals utilised are not revealed for obvious reasons).

Market

The quality of the market or industry a company competes in is critical. If you are part of a hot industry, that serves as a tailwind to push you along. Conversely, being in an out of favour space means fewer investors, partners, media, and more. The market model looks at the number of companies in an industry, the financing and exit momentum in the space, and the overall quality and quantity of investors participating in that industry.

Money

The money model assesses the financial health of a company, i.e. is it going to run out of money? Look at burn rate, the quality of the investors and syndicate that may be part of the company, its financing position relative to industry peers and competitors, and more.

Momentum

The final model is momentum, look at a variety of volume and frequency signals including social media, news / media, sentiment, and partnership and customer momentum. Look at these on an absolute and relative basis vs. peers / industry comparables. The relative piece is critical as it ensures that, for example, enterprise software companies who may get less media attention or who spend less time on social media are not penalised versus consumer-focused tech companies.

How is mosaic used?

Corporate Innovation

Pinpoint fast-growing private companies to understand viable business models, products and technologies

Corporate Strategy

See fast-growing markets and industries before anyone else to inform executives on strategic decisions

Competitive Intel / Market Research

Assess the health of start-ups competing in your industry to advise your build, buy, or partner strategy.

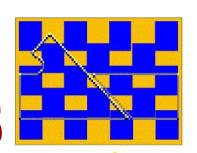
Corporate Development and M&A (mergers and acquisitions)

Monitor the health and growth potential of possible acquisition targets as part of due diligence process

Corporate Venture Capital

Identify the start-ups with the highest growth potential to satisfy your corporate investment philosophy

REFWOOD CRAFTWORKS

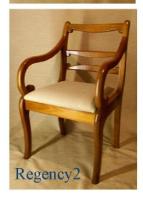


Tables



Chairs





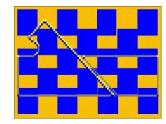


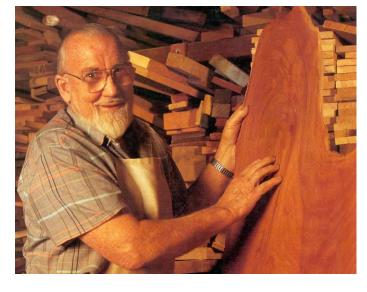






REEFWOOD CRAFTWORKS





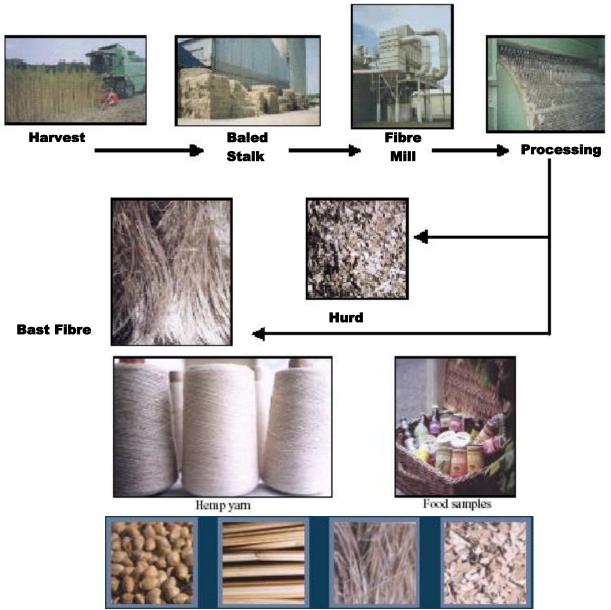




Value adding Natural Resources!



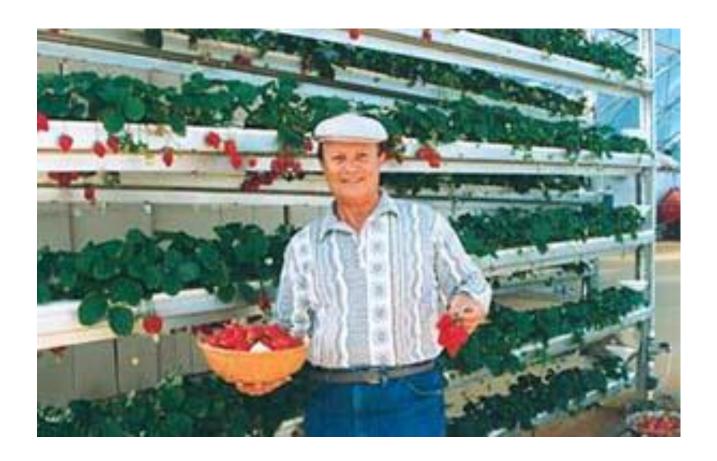
ECOFIBRE INDUSTRIES



Value adding Natural Resources!

HYDROPONICS

Fruit and Vegetables	Traditional hydroponics - average per sq mt.	Rotating Growing System Hydroponics - average per sq mt	Percentage Increase Up To	Increases in kilos per sq mt.
Strawberries	5 - 8 kilos	123 kilos	1792%	117 kilos
Ice Berg Lettuce	72 kilos	619 kilos	760%	547 kilos
Tomatoes	45 kilos	250 kilos	456%	205 kilos



Value adding Natural Resources!

NEW BIOSPHERE AGRICULTURE

MORINGA



Fresh drumstick fruit Moringa seed Moringa leaf Moringa seed kernel Moringa soup powder

Drumstick powder
Moringa seeds(PKM1and PKM2)
Moringa pickle Moringa tea powder
Moringa cake powder
Moringa Juice powder

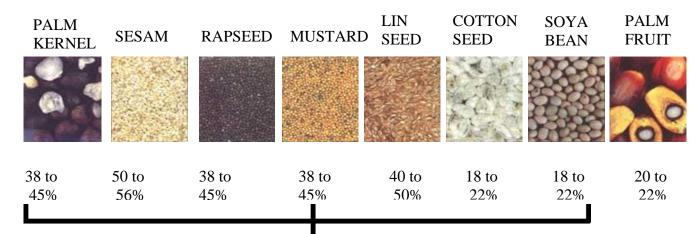
Moringa oil Moringa leaf powder Moringa fruit powder Moringa root Moringa capsule

Value adding Natural Resources!

TINY OIL MILL



Oil Seeds & % of Oil



Value adding Natural Resources!

NEW BIOSPHERE

AGRICULTURE

The Marvellous Mushroom.

Mushrooms are unique amongst other vegetable crops in that they are grown in a totally artificially controlled atmosphere. Cropping is not dependent on the climate. Mushrooms are not seasonal and are available all months of the year. Of course, small growers without sophisticated climate control systems cannot grow over the hotter summer months.



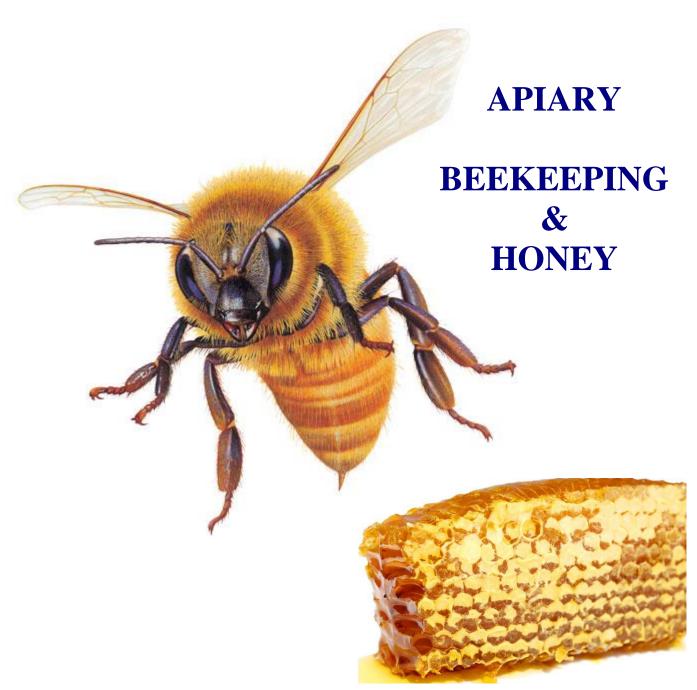
Estimated amount of water required for producing 1 kg of fresh oyster mushrooms using rustic technologies, in comparison with that for other food and forage crops (Martínez-Carrera *et al.*, 1998).

Product	Litres of water/kg	Protein contenta	Litres of wat	-
Oyster mushrooms (Pleurotus) 28	2.7	1.0	THE
Potatoes	500	2.1	23.8	
Wheat	900	14.0	6.4	
Alfalfa	900	6.0	15	
Sorghum	1,110	11.0	10.0	
Corn	1,400	3.5	40.0	
Rice	1,912	6.7	28.5	
Soybeans	2,000	34.1	5.8	
Broiler chicken	3,500	23.8	14.7	
Beef	100,000	19.4	515.4	

Mushrooms are the perfect food for everyone!

Value adding Natural Resources!

NEW BIOSPHERE AGRICULTURE



Value adding Natural Resources!



Life Pack



Apoch is able to deliver fresh food with shelve lives greater than a year without requiring refrigeration. We start with prime quality inputs and it remains prime quality for periods of one to up to three years.

Life Pack long life shelf stable foodstuff, safe, nutritious, wholesome, high quality, that require no refrigeration to maintain consistency.

Apoch has the ability to offer this technology to an almost endless number of food types, covering all major cooked food brackets i.e. Meats, Sea foods, Dairy and Vegetable.

With no refrigeration required, previously unserviceable markets become accessible. For example; fresh vegetables processed in the Pacific Basin can be exported to Middle East, Asia or even Europe.



Value adding Natural Resources!

Pascas Food Basket



Eat the Colors Rainbow

Fresh is Best!



When and where as required!

Cooperatives for the Local People

Cooperative arrangements within communities may be focused upon small area enterprises through to whole of nation endeavours to bring to the global markets high volumes of quality goods derived through value adding processes applied to natural resources and regional produce from the land, river and sea, encapsulating all elements of farming and animal produce.

Microfinance typically engages a cooperative of around five women when financing home enterprises. A cooperative is particularly useful when local fishermen bring their catches together at canneries for preparation to market their fish to foreign markets.

The introduction of 'Craft Creations' is to enliven the community's recognition of their high quality traditional skills and then enable their customary craftware to be globally marketed through a cooperative of their own making.

This is all about cooperatives to bring to the fore traditional and innate skills that fulfil needs for people around the globe, not just the local village. A cooperative may embrace several nations.

Natural resources that may be used in producing high quality goods in large volumes include:

Forrest logs processed into high quality furniture in volume for large distribution chains. Timber offcuts for high strength laminated beams and reconstituted timber products. Local building systems utilising local resources for durable housing – local market solutions. Hydroponics particularly for produce that is not native to the area and its climate. Aquaculture in rivers, estuaries and sea to mitigate depletion of ocean resources. Traditional home produce being increased in volume to provide famine relief worldwide. Hemp production to be on scale to enable volumes sufficient for manufacturing processing. Cocoa, coffee, moringa, sandalwood, tea, vanilla, plus others, cropping to be of commercial scale, cooperatively run. All farming and animal produce come into the equation for cooperatives.

What is available within a region and what may be introduced can now be thoroughly appraised and reviewed scientifically through local endeavours and with the support of research organisations such as CSIRO of Australia, increasing commercial options and products. Nothing beats the insight and wisdom of the locals. Their FEELINGS, as well as our own, are to be embraced. Our feelings are the greatest guide as to how and what we are to embrace.

Education at all levels for all ages is our never ending journey. How it has been in ages gone by is not how it will continue. Dynamic change is unfolding and for those who embrace change, our futures are enticing, for those who don't they will have difficulties. We are to embrace and value add our natural resources, we are not to rape and pillage our environment, the forests are to remain, the rivers clean and our oceans are to restock with fish.

Now is the time for nation building, now we are to embrace self-sufficiency without the need for foreign goods and services. We have all we need within us and within our environment, so let us build the way forward for all within our community and show the world how it is to be.

Value adding Natural Resources!







POVERTY MITIGATION in CHINA

How did China beat poverty and bring its poverty rate down from 26% to 4% in only seven years? https://www.quora.com/

Originally Answered: How did China beat poverty?

I am glad to answer this question. Sorry my English is not good.

Chinese government has done a lot of work to help the poor get rich. I'll give you a few examples:

Poverty had been common in many parts of China, because the traffic is not convenient, so the government emphasises improving the traffic condition as the most important work. For example, in Guizhou Province, one of the poorest province in China, the local government has spent a lot of money to repair a lot of roads. In China, there is a saying, "Building roads is the first step to becoming rich."



The Chinese government has a great plan known as "村村通" (Every village has a highway, electricity, tap water, telephone lines, etc.). Sometimes the investment may seem not worthwhile in economic point of view. I saw a news: in a small village in Xinjiang with only one hundred poor people was asked to move out by the local government, but they didn't want to. So they spend nearly one million

yuan to build roads from the highway nearby to their village, and the government never asked them to move out from then.



COMMERCIAL IN CONFIDENCE

In some remote places, there is no electricity nor cable TV, so the Chinese government offers free solar cells and satellite dishes to residents.



The Chinese government has ordered communications companies to build mobile phone signal towers in remote areas regardless of financial benefits. Since these communications companies are stateowned enterprises, they have to execute orders.



COMMERCIAL IN CONFIDENCE

In some of the rural areas in China, the government has a great plan called "New Socialist Rural Areas." Houses are built in groups and the government has paid most of the expenses, and the rest is paid by the residents themselves.



There is also a policy called "结队帮扶" (help the poor by collaboration), which means richer areas are assigned to poorer areas in order to help them get out of poverty. In the countryside, every CCP official is required to help a difficult family. The job is very stressful. If his work is done badly, it will be difficult for him to advance, some of them even complain about this.



COMMERCIAL IN CONFIDENCE

Sometimes, government officials become a salesman to help farmers sell their products. Look at the picture below. A county market sells watermelons on the street.



The Chinese government also has a policy that sounds very interesting, called "精准扶贫" (targeted anti-poverty projects). It sounds like the policy targets poverty and "destroy" it like Tomahawk missiles.



A large numbers of scientists and agricultural experts are sent to poor areas to research the local environment, figure out what is the most suitable product for them to grow, and guides the local people to grow it.

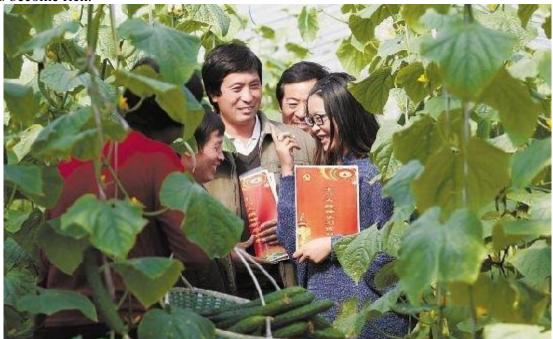


Since 2011, the Chinese government has implemented the rural compulsory education student nutrition improvement program. The central government has allocated about 16 billion RMB per year to provide food subsidies for rural students. The policy benefits 26 million rural students.



COMMERCIAL IN CONFIDENCE

In the past, most rural officials did not have a high diploma. Now the Chinese government encourages college graduates to go to the countryside to serve as officials after graduation. They have a name called "大学生村官" (College students as rural officials). The government hopes their knowledge will help farmers become rich.



In my hometown, poor people can apply for subsidy if his house is not safe to live in. The subsidy is between 5.000 to 20.000 RMB.

There are still a lot of poor families in China, but we see the government trying to improve their lives. But now people have a new topic: in some areas, sympathy because of poverty, the government to give them a lot of benefits, the folk also gave them a lot of money, they don't want to change my life, too lazy to work, so that they can continue to make contributions. Such things are not uncommon.

 $\underline{https://www.quora.com/How-did-China-beat-poverty-and-bring-its-poverty-rate-down-from-26-to-4-in-only-seven-years}$

During the past 30 years, China has helped 800 million people escape poverty, which accounts for 70% of all people lifted out of poverty worldwide. Ban Ki-moon, eighth Secretary-General of the United Nations, recognised China's efforts by saying "China has achieved transformational results in reducing poverty". Many global media outlets also applauded China's achievements in this field.

By the end of 2015, Chinese President Xi Jinping brought up the idea, "eliminating poverty in China by 2020" – 10 years ahead of the target of 'eliminating poverty in all forms by 2030' set by the United Nations.

Today, there are still more than 80 million people living in extreme poverty. The success of Chinese poverty alleviation serves as a valuable experience for the whole world.



Besides personalised anti-poverty plans for each person, the nation's targeted poverty alleviation efforts also include various arrangements to create work opportunities and give people job training, turning the anti-poverty mode from "blood transfusion" to "haematopoiesis."

The Dulong Mountain Valley is home to about 7,000 people in China's mountainous southwest. Due to its high altitude, the mountain is snow-covered for half a year, isolating the community in impoverished and rudimentary conditions.

Different from the usual poverty alleviation, government staff are planning to build the mountainous area as a tourism hotspot with its beautiful landscapes.

Pu Guangrong feels like he's over the moon since government has built new houses for him – two to be exact, one for his family, and another for tourists. Like others in the area, he used to eke out a living by collecting wild fruit and hunting. Tourism wasn't even in his mind, but poverty-alleviation workers changed all that.

Today, his village is connected to the outside world by a new tunnel, luring in tourists, broadening their vision and bringing in economic revival.

A Chinese saying goes, "Teach a man how to fish, rather than give him a fish."



COMMERCIAL IN CONFIDENCE

But targeted poverty alleviation is more than this. The Chinese government would prepare accommodations and jobs in other places for those who live in areas without development value and encourage them to move away from their original places. As for eco-logical preservation area where exploitation is not allowed, the government will arrange jobs for forest rangers and forest planting. Accordingly, the environment will remain protected while people can have jobs.

In the past five years, the Chinese government has invested 196.1 billion yuan in poverty alleviation and allocated petty loans – 283.3 billion yuan to poor people. (7.2 Chines Yuan to 1 USD)

All positive results reflect on the government's efforts and investment into poverty alleviation. The government officials are encouraged to try their best to implement poverty-alleviation programs. To prevent counterfeiting, the Central Committee of the Communist Party of China has set up a strict inspection system, which allows different provinces to supervise each other, while all data needs to be verified by a third party as well.

Kim Hoonae, director of International Fund for Agricultural Development's Asia Pacific Division, has praised China. "This anti-poverty policy based on the accountability assessment is very effective. The more effort you put into it, the more support you get from government. As a result, local governments are working under pressure while feeling inspired at the same time."

Chinese President Xi Jinping has visited nearly all 14 officially designated 'areas of destitution'. During his entire five-year span at the leadership helm, he has visited poor regions even on the eve of every Lunar Chinese New Year – Spring Festival.

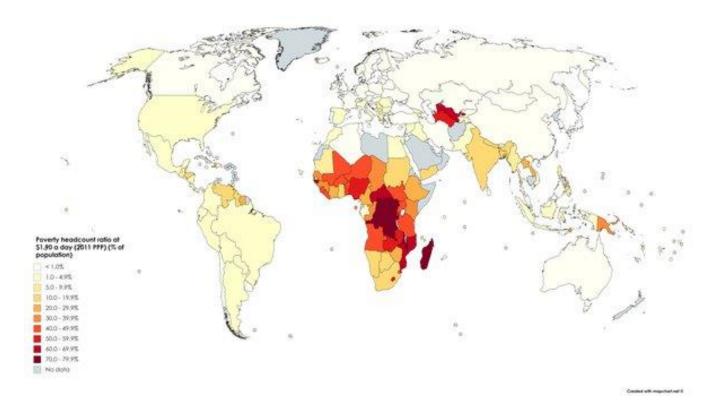
Maybe, as The Huffington Post had suggested, "If we were to learn from the experience of the past decade and half, the next development goals could be to create another China story, so to speak, which would bring humanity at the doorstep of ending extreme poverty for good."

How is China able to have a poverty rate as low as 1.7%? https://www.quora.com/How-is-China-able-to-have-a-poverty-rate-as-low-as-1-7

Because fighting poverty is one of the major tasks of China since the inception of the **PRC**.

Since 1978 China raised more than **750 million people** out of poverty. That alone amounted to **50% of the global poor population**.

An amazing achievement. While poverty alleviation is a task that many developed countries still are working on, including the USA, China instead vowed to end absolute poverty for the Centenary of the Communist Party of China (2021).



2018's absolute poverty headcount ratio according to international poverty line (under US\$1.90 per day). Interestingly, the % of people in absolute poverty is lower in China than in some Western countries, like Spain, Italy and USA. Source: Wikipedia

The national poverty line is not the same as the international poverty line – its requirements are actually higher.

How does poverty alleviation work in China?

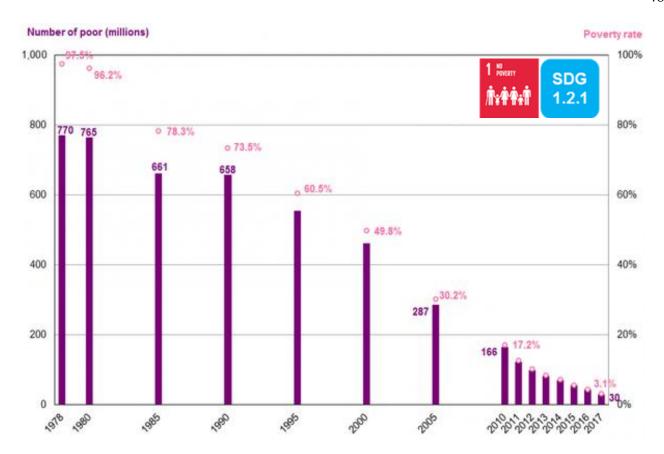
According to the Chinese government, a person can be considered as lifted out of poverty if all the following conditions are true:

- 1. Income is above the national poverty line of US\$3.20 per day. By comparison, international poverty line, set by the World Bank, is US\$1.90 per day. Both are adjusted by **Purchasing Power Parity** (2011);
- 2. Must live in a decent housing, with electricity, running water and a proper roof;
- 3. Any child should be going to school; illiterate adults need basic education too.

All the work that needs to be done to ensure these three points is on the shoulders of the poverty alleviation commissioners. They are members of the **Chinese Communist Party** who volunteer to go far away from their homes to help lift people out of poverty. As such, they need to do all kinds of tasks, from building modern houses to teaching basic hygiene.

As one may guess, it is also a dangerous job. Almost 800 commissioners already lost their lives on duty, but their results are incredible.

China's results in fighting poverty in rural areas from 1978 to 2017. Source: Unicef <u>CGTN made a documentary about a poverty alleviation commissioner's work in late 2019</u>, showing the issues and the challenges of poverty alleviation.



Making sure people won't get poor again anymore

This is the most important part.

The Chinese approach against poverty has been effective especially thanks to **long term planning**. It is not enough to just provide **subsidies** to survive. Otherwise, once the subsidies are removed, people will just fall back into poverty again.

Chinese government believes that the basis for overcoming poverty is **education**.

For this reason, commissioners need to both ensure that **children go to school**, instead of working in the fields, for example. **Adults have to receive some basic schooling** as well.

In order to do that, they combine economic aid and support the adoption of new technologies, especially in farming. For example, schools provide lunch for children in the most impoverished areas. Some parents will send them to school only to have a **free meal**.

While COVID-19 is not exactly making things easier, China has very good chances of finishing the job right on time.

After that, it will be time to work on other categories of poor people: not in absolute poverty but, anyway, needing aid.

How did China get rid of its poverty in a few decades? https://www.quora.com/How-did-China-get-rid-of-its-poverty-in-a-few-decades

To understand China's "secret," we must first look back to 1978, when the period of reform and opening up began. Former Chinese leader Deng Xiaoping, the chief architect behind China's pro-market

reforms, famously said, "Poverty is not socialism. Socialism means eliminating poverty."



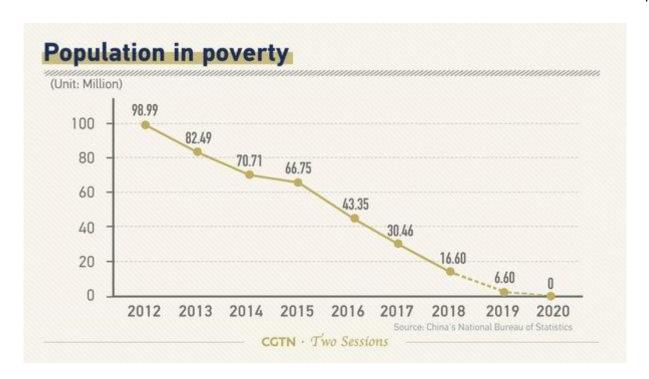
Since the economic reforms were launched, China has witnessed unprecedented economic growth. Decades of rapid growth have served as the bedrock of the country's development, without which China's poverty alleviation miracle would not have been possible. That said, economic development alone was not enough to completely eliminate poverty.

Ban Wei, deputy director of the Editor's Office of Xinhua News Agency, noted that the market is ultimately unable to deliver for those at the bottom. In an address to the International Forum on Poverty Governance and Development Towards Modernization, Ban explained that many of China's rural poor were excluded from the market for living in remote locations.

The market is a decisive and important resource-allocating factor, he said. "But market economics is based on efficiency and the market is unfriendly to those people in poverty."

Robert Walker, a professor with the China Academy of Social Management at Beijing Normal University unpacked this point further. "The market will always favour the city because the city brings economies of scale," he told Beijing-based media China Focus.

Under the leadership of President Xi, China waged an all-out war against poverty in late 2012. Officials in Beijing rallied the 91 million Communist Party of China members, together with the private sector and members of the general public in pursuit of one central aim: The elimination of absolute poverty by 2020.



Local authorities largely took the lead over regional development, adopting a two-pronged approach that weaved together large-scale infrastructure projects with targeted poverty alleviation measures.

Targeted poverty alleviation, explains producer and writer Robert Lawrence Kuhn, means individualised attention to people in poverty.

Using a standardised criterion—which looked at income, opportunity, and access to basic necessities—all households below a certain threshold were assessed on whether they met the classification of "extreme poverty." The root causes of a family's poverty were then explored, and a customised plan was developed to ensure all received the support needed.

"Every poor family has its own file, a literal notebook, each with its own targeted plan to lift each above the line of absolute poverty," said Kuhn.

More than 250,000 teams were dispatched to offer on-the-ground support. In total, more than 3 million people were sent to the country's most remote villages as special commissioners for poverty relief.

A common cause for many in poverty was found to be their location. Take Tibet Autonomous



Region for example. Tibet has historically been China's poorest region, mainly due to its remote and hostile environment. Known as the Roof of the World, the Qinghai-Tibet Plateau sits at an average elevation of 4,572 meters, and is surrounded by one of the most formidable mountain ranges on the planet.

Living in the remote highlands meant being cut off from high-quality public amenities, such as healthcare and education. It meant being unable to grow a variety of stable crops. And it also meant being restricted from engaging in trade and commerce.

COMMERCIAL IN CONFIDENCE

To alleviate this problem, local authorities launched an ambitious relocation program in 2013.

Following the example of other remote regions in China that incorporated relocation programs with a mass-infrastructure drive, Tibet's most impoverished people were relocated to newly built communities with full access to essential services. More than 260,000 residents across the autonomous region took advantage of the scheme. Within six years, Tibet had shaken off absolute poverty.

In the hope that others can learn from its experience, China has committed to sharing its knowledge and methods with the developing world. It has made clear, however, that although China's methods worked for China, other countries must follow their own path in line with their unique challenges and environment.

The key to China's development, then, is not any particular policy or method, but rather its political economy. To understand China's success in poverty alleviation, researchers often refer to the five Ds. They are determined leadership, detailed blueprint, development-oriented, data-based governance, and decentralised delivery.



The determined leadership of President Xi and the Party has been noted by the UN secretary general and so bears not repeating. Its detailed blueprint refers to the plans sketched out by national and provincial-level leaders, some of which stretch for decades. Local leaders were largely responsible for the implementation and delivery of the detailed plans, and this is where decentralised delivery comes in.

Data-based governance refers to the more than 100 million files created on impoverished households. Development-oriented refers to the government's intervention in the market to promote more equitable growth.

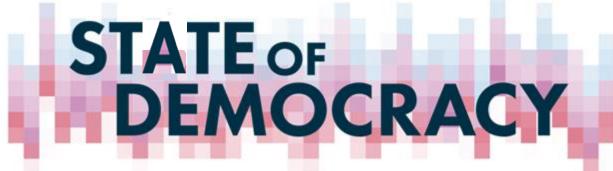
With clear national priorities and using the power of the state to intervene, it is possible to organise the market in the people's interest while trying to control some of its disadvantages, Walker explained. The result is that "you can achieve the best of both worlds and benefit all sections of society," he added.

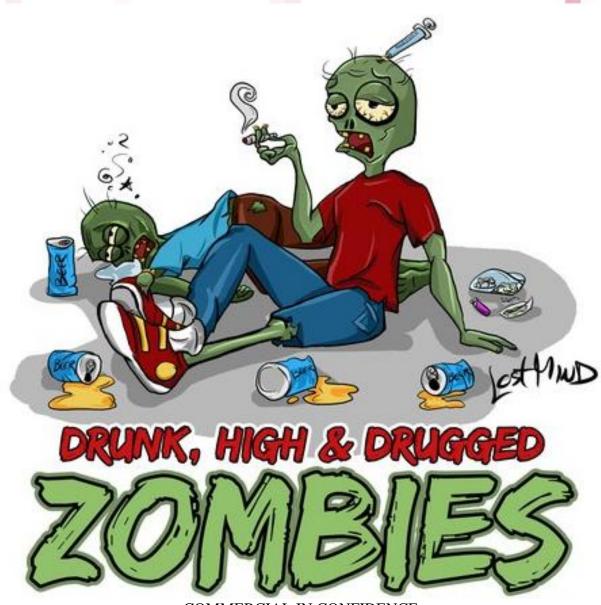
China's secret then, if it can be called a "secret," lies in its creation of a powerful synergy between the state, market and society. Socialism with Chinese characteristics has ultimately developed a new model of political economy with a proven track record in delivering high-quality development that is more fairly distributed across society.

Worldwide GDP for 2021 was US\$95 Trillion of which 5.3% was spent on education or US\$5 Trillion.

Humanitarian expenditure worldwide did not reach US\$50 Billion in 2021.

Total military expenditure worldwide in 2021 was US\$2 Trillion.





COMMERCIAL IN CONFIDENCE

New Feelings Way: learning how to live true to ourselves by living true to our feelings.

We are to express our feelings, both good and bad, at all times, and to long for the truth of them.

By living true to ourselves true to our feelings, we are living true to God. It's that simple.

Golden Rule: that one must always honour another's will as one honours one's own.

The Golden rule is: Never interfere with another's will.

Our Heavenly Parents simply desire for us to ask for Their Love.

God's Divine Love: Pray for it, ask for it, and receive it.

Violence is never Justified

Never is hatred, nor discord, nor war among men justified – no matter what the cause – and if men will only learn the Truth there will never exist such feelings or acts. Militarism is all wrong. Jesus 25 December 1915



Violence is never Justified

COMMERCIAL IN CONFIDENCE



TALK IT OUT



We are to express our feelings, both good and bad, and nothing is sacrosanct or to be withheld.

All that's wrong and untrue within us has to be expressed out of us, each of us, it all has to come to light for us to see the truth of. We have to know the truth of ourselves and the truth of our family relationships.

Everything needs to be expressed, to come out into the open.

What enters emotionally has to be expressed emotionally – it has to come out emotionally – leave us emotionally!

However, we are not to act upon what we are feeling emotionally! We are not to act it out! But, we are to go on and long to know the truth of what is behind our feelings, why we are having these feelings and experiences.

Long to the Mother and Father for Their Divine Love, and ask Them to help you see the truth through your feelings – that which They want you to know. Long and ask; long and pray. Pray to see, know and BE the truth, the truth of you – of all of it! Fortunately;

This time, in the history of humanity, is the most exciting time ever experienced.

Nanna Beth Summarises her Message to James – 12 November 2018

Everything about what you, James, and John and those people involved personally with you, is extraordinary, and normally none of it would happen. And it's all because of the extra ordinariness of what's happening on the higher spiritual levels. So we're able to do things with people and people are able to do things themselves, which normally, and particularly while under rebellious influences, simply wouldn't happen. It's all in different ways as remarkable as Jesus and the Celestials coming to James Padgett, and The Urantia Book being presented to humanity, yet even more so, much more so – far more so. They were just blips on the path of humanity's evolution, this is a major event. This affects everyone and everything on the world and in the mind Mansion Worlds. Nana Beth, 3rd Celestial Heaven, John's grandmother – 12 November 2018

Kindly consider www.pascashealth.com, then Library Download page, and then in the Pascas Care Letters section, click on to open:

- Pascas Care Letters Family Shelters Abuse & Remedial.pdf
- Pascas Care Letters Family Shelters Overview.pdf
- Pascas Care Letters Family Shelters Protection.pdf
- Pascas Care Letters Family Shelters Social Housing.pdf
- Pascas Care Letters Family Shelters Support Centre.pdf
- Pascas Care Letters Family Shelters towards Liberation.pdf

The following; "The Healing Power of "Bello" – Beautiful" is also in Pascas Care Letters Family Shelters towards Liberation.

Pascas Craft Path is founded on "SanPa":

The Healing Power of "Bello" – Beautiful:

How an Italian community uses craftsmanship to rehabilitate some of Europe's most intractable drug addicts.

https://craftsmanship.net/the-healing-power-of-bello/

Issues: Spring 2019

Topics: Work, Education, and Community

Locations: Italy, USA

Materials: Animals & Insects, Food, Leather, Paper, Textiles



Since San Patrignano's founding more than 40 years ago as a commune for local drug addicts, 26,000 people have been through its recovery program. "SanPa" teaches its residents a wide variety of artisanal crafts on a campus that now covers 520 hectares (1,280 acres), becoming the largest addiction treatment facility in Europe. *Photo courtesy of San Patrignano*.

By LAURA FRASER

- 1. Hippie Commune, Italian-Style
- 2. Rehab: Communal Cookie-Making vs. An Oil Change
- 3. A Thread of Quality From The Past To The Present
- 4. Pranzo: Lunch, The Great Provider of Quality and Community
- 5. Work: The Great Equalizer
- 6. A Rare Craft, Revived
- 7. Can SANPA Work Anywhere Else?

In the hills above Rimini, Italy, is a restaurant renowned across the region for its pizza. The terrace, surrounded by flowering trees, overlooks vineyards that roll down to the distant Adriatic Sea. In the centre of the restaurant, called "*SP.accio*," tattooed men knead, shape, and twirl dough in a gleaming, open kitchen. The cooks follow the standard routine of any good *pizzaiolo*—they sprinkle on herbs and cheese,

and slip the pies into a fiercely-hot, wood-burning oven—but they cook with unusual focus and passion, as if their very lives depended on the perfection of these pizzas.

"The dough teaches you," says Massimo Bertoglia, the head chef, as he shapes a piece into a round. "You have to have constancy, and you have to have care." He pauses to survey his results and seems pleased. "If you don't care for it, it will die."

Unlike most rehab methods, SanPa doesn't rely on therapists, substitute drug treatment, 12-step programs, or religion. Instead, it treats addiction as a community problem, where an individual's destructive tendencies can be changed by becoming a member of a big family, Italian-style, participating in work and education for the common good.

Bertoglia's pizza philosophy is far more than a metaphor. Learning to become a pizzaiolo actually did help to save his life. A former drug addict, Bertoglia is one of some 26,000 people since 1978 who have come to San Patrignano, the addiction recovery community that runs this restaurant, as a last-ditch effort to pull himself out of a life centred on doing anything necessary to get his next fix. Everyone who works at SP.accio, from Chef Bertoligia to the waiters, busboys, and the woman who sells gifts in the boutique ("spaccio" means store in Italian) is either a current resident or a graduate of the rehab program. Some of the best chefs in Italy come here to train the pizzaioli, who are highly sought-after in Italy after graduation.

It's easy to see why. All the ingredients at the restaurant, Bertoglia explains, are *kilometro zero*—produced within view of the terrace tables, from the tomatoes and basil to the wine, mozzarella cheese, prosciutto, and delicate date cookies served with espresso at the end of their meals. The pizza crust—a crucial and elusive art in the pizza world—achieves an unusual quality here because it's part whole-wheat, and it's made with natural yeast, with a "mother" dough that has to be refreshed three times a day. The resulting pizza, Bertoglia says as he thumps the dough, is more easily digestible than a pizza made with commercial yeasts. It's a bit like a Napolitano pizza—large, chewy, with a big border—but not quite as soft.

In SanPa's bakery sector, residents make fresh bread every day for the Centre's communal meals, typically made with locally grown food. "In Italy, lunch is when a family takes time to share a beautiful experience," says Lucia Rughi, SanPa's communications director. Rughi is married to one of the sons of SanPa's founder, Vincenzo Muccioli. *Photo by Laura Fraser*.



On my way out of the restaurant, I pass a sumptuous deli and gift boutique that tells the story of a community that makes much more than pizza. Cheeses, cured meats, wine, pastries, olive oil, and other quality foods are all made at San Patrignano (SanPa), a campus covering 642 acres that includes farms and vineyards, and where some 1,500 residents and 300 staff currently reside. Another room in the boutique features high-quality leather goods and finely-spun shawls and scarves, all with the SanPa logo: a tree of life. SanPa is also renowned for breeding horses and dogs, fine woodworking, graphic arts, and other sophisticated crafts. The income from the residents' efforts covers about 60% of the

community's operating budget of €27 million euros (just over US\$30 million dollars). The rest is made up by donations to the private non-profit organization, some of which come from billionaire Italian patrons.

The Philosophy of 'Bello' (beautiful)

SanPa is unlike other Rehab Centres in the world for a variety of reasons. First is the length of stay, which is three and a half years. By contrast, the average stay in a Rehab Centre in the United States, according to the National Survey on Drug Use and Health, is 28 days. Second, unlike most rehab methods, SanPa doesn't rely on therapists, substitute drug treatment, 12-step programs, or religion. Instead, it treats addiction less as a medical problem than a community problem, where an individual's lack of self-esteem and destructive tendencies can be changed by becoming a members of a big family, Italian-style, participating in work and education for the common good. (For an intimate sense of this culture, see our documentary short, "The Philosophy of *Bello*, in our sidebar column.)



Chefs from all over Italy come to train the cooks at SP.accio, a restaurant entirely staffed by San Patrignano residents. After the residents conclude their three-and-a-half year program at SanPa, 90% of them land jobs. *Photo by Susan West*.

Third, the entire program is free to the residents and their families. While this is costly up front—US\$48,000 per resident year, including food, lodging, medical, and education and training costs—it saves taxpayers enormous sums over the long run. SanPa's directors estimate that its program saves the Italian

government €23 million Euros each year (or about US\$27.5 million) in costs it would otherwise spend on incarceration or governmental rehabilitation.

And fourth, unlike other Rehab Centres that sell their wares, SanPa doesn't produce crafty tchotchkes; it is dedicated instead to the production of high-quality goods that are sold to top Italian restaurants, fashion houses, and architects. According to SanPa's philosophy of rehabilitation, fine craftsmanship is essential to building self-esteem, and that ensures not only the residents' success but also the program's sustainability. And each craft sector seems to develop this idea its own way.

HIPPIE COMMUNE, ITALIAN-STYLE

Every resident commits to the full three-and-a-half-year residency. During this time they aren't paid for their work, but they learn a trade and may get a university education.

San Patrignano was founded 40 years ago Vincenzo Muccioli, by a hotelier who inherited a **200-hectare Estate** and wanted to do something about the drug addicts he saw in nearby Rimini. He began inviting addicts to his San Patrignano estate for Christmas, and then started bringing addicts home to live with his family. Eventually, he founded an informal alternative medicine free clinic at their weekend farm, and then began building the community.

Muccioli had no training as a psychologist or addiction specialist when he started the Centre; he was a messianic do-gooder with New Age interests. But he had a clear idea that the best way to treat drug

addiction was to make addicts feel like they were part of a community that depended on them for its well-being. He and his wife invited addicts to live in San Patrignano on three conditions: They had to stop all drug use, they couldn't ask for money from the government, and they had to choose among different income-producing activities to make SanPa a self-sustaining community. Instead of traditional therapy, **inmates talked while they worked**. Eventually, medical and psychological facilities were added on campus for a few residents, but the model was based on a feeling of belonging and working that raised self-esteem.

The pizza at SP.accio is renowned for its chewy crust, made from wheat grown in Italy's Marche region. The pizza dough is leavened with a 10-year-old starter that must be tended every few hours to keep it fresh. Most of the toppings come from SanPa's own garden. *Photo by Susan West*.



Soon, addicts in sleeping bags began to camp in line outside San Patrignano for weeks, awaiting a coveted spot in what was then akin to a hippie commune, where everything, from the buildings and chairs to the cheese and wine, was made by the residents. In the 1980s, when few clinics would care for patients with HIV/AIDS, Muccioli opened a FOURTY (40) Bed Clinic for them at San Patrignano; several people with AIDS are still in residence.

Muccioli, who died in 1995, had powerful friends who funded his project: he'd been in a meditation group with Gian Marco and Letizia Moratti, billionaire oil industrialists who ranked among the wealthiest financiers in Italy, and who bankrolled San Patrignano from the start, encouraging other aristocratic (and often right-leaning) Italians to contribute to their foundation. Gian Marco died in 2018, but Letizia continues to help govern SanPa; she has also been mayor of Milan and the first female president of the RAI, Italy's public broadcasting company. This network of high-ranking political and business friends has helped give San Patrignano tax breaks and other financial benefits, forging collaborations with top Italian designers, chefs, architects, and fashion brands.



From the start, Muccioli made his own rules, and while he was beloved in the community, he was also attacked by some ex-residents and the media for being a dictator, and for his unconventional methods, which in the 1980s occasionally involved harsh punishments and violence (the rationale was that drug addiction inevitably caused death, and so they used whatever means necessary to save lives). In one scandal, Muccioli was accused of covering up the beating death of a resident, planting heroin on the corpse and claiming the death was an overdose; he was

convicted but did not serve time-again, because of powerful political allies.

The *pizzaioli* from SanPa are sought-after throughout Italy for their skills. Most of the SanPa residents go on to work for one of the many fashion, leather, food, and wine companies that have connections to SanPa, and who often send their experts to train the Centre's residents. *Photo by Susan West*.

Since Muccioli's death, San Patrignano has been reorganized into a more conventional non-profit structure with several boards of governance and oversight, and a network of community ties throughout Italy, and

the scandals have ceased. SanPa now downplays its history, which is absent from its website, and instead focuses on the future, collaborating with several European groups to work on expanding its model of rehabilitation to other countries.

Today, San Patrignano, situated atop a hill above Rimini, looks more like a modern, well-endowed college campus than a commune. And while SanPa has a reputation for being a closed community, the family immediately opened its doors to a visiting journalist.



While other artisanal sectors such as leather-working employ both men and women, the studio for *tessitura* (or weaving) is for women only. This creates a safe place for female addicts who have a history of sexual or physical abuse, which is common among the residents. The women say the meditative, repetitive nature of the work calms the urges and anxieties that tend to beset an addict. *Photo by Laura Fraser*.

Antonio Tinelli, who until recently was the president of San Patrignano, and who entered the program as a cocaine-addicted financial trader (almost everyone who works at SanPa was once a resident there), says that over the years, the community has learned from its mistakes. "There was a time when we had a lot to learn, and there were moments during the 80s when drugs were difficult to combat, and it looked like they were going to win," he says. "After trial and error, San Patrignano has built a structure that helps drug addicts find solutions and survive in the midst of all the challenges and difficulties of their lives."

When he first arrived, Tinelli was sent to work with the Centre's various animals; one of Muccioli's beliefs was that working with animals, whether horses, dogs, or farm animals, could help addicts calm down and give them an opportunity to connect with, and be responsible for, another living being. "They asked if I liked animals, and I said sure, thinking about cats and dogs," Tinelli recalled. One of the first jobs the slick financial trader was confronted with was midwifing a calf. "There I was, covered in everything that comes out of a cow giving birth, holding a tiny calf in my hands, and I knew it was more than a metaphor. This, here, is a new life."

Tinelli explained that when new residents arrive, each is assigned a "guardian angel," someone who is a year ahead of them in recovery, to act as a guide; they live, work, eat, and sleep alongside each other, providing constant peer support. The residents work in "sectors"— woodworking, textiles, graphic arts, baking, animal husbandry, wine, and many others—with people they eat and live with as a family. Every resident commits to the full three-and-a-half-year residency, during which time they learn a trade and may get a university education. They aren't paid for their work while they are in the community, but the products they make help support their stay, which is free.

During the first year, the residents (they are called *ragazzi* inside the community, which loosely translates to "*guys*") are allowed no contact with family except via hand-written letters. Men are housed separately from women, who are TWENTY PERCENT (20%) of the residents. For the entire stay, the *ragazzi* have

<u>no access to cell phones or the Internet.</u> ("*The real detox*," as one told me.) San Patrignano claims that, upon release, nearly NINETY PERCENT (90%) of its residents are employed through its network of trade and community partners, and that SEVENTY PERCENT (70%) stay sober in three-year follow-up surveys conducted by the University of Bologna—impressive statistics in this field. While data on rehab success, including SanPa's, is hazy at best, the best Centres in the US claim only a THIRTY PERCENT (30%) rate of recovery.



All new SanPa residents have an *Angelo Custode*, or a guardian angel—a more experienced resident who never leaves their sides. When addicts feel lonely, angry, or upset, this gives them someone who can always talk things over with them. Here, the weavers are mounting a loom, which can take up to three days. *Photo courtesy of San Patrignano*.

REHAB: COMMUNAL COOKIE-MAKING VS. AN OIL CHANGE

To understand its success, I toured San Patrignano to talk with some of the residents. From the administrative offices, with its large graphic design lab, I walked along a muraled alley wafting with breezes of something good in the oven. When I ducked into the bakery and watched the ragazzi shaping loaves of bread and mixing up cookie dough, I immediately noticed a light-hearted atmosphere—the guys comfortably joking with each other as they kneaded vast quantities of dough.



Claudia Corazza came to SanPa in the 1980s as a resident, then stayed on as a designer and instructor, teaching women to create their own patterns. These fine shawls are destined for a Milan boutique. *Photo by Laura Fraser*.

In addition to all the bread for the community, and monthly birthday cakes for the residents, the bakery sector makes cookies, breads, and 35,000 buttery fruit-filled *panettone* at Christmas for commercial sale outside. When one of the guys, arms covered in tattoos, offered me samples, the quality was immediately apparent. The fig and walnut cookie was moist, chewy, and crispy at the same time. A corn and orange biscuit was both flavourful and delicate. No ordinary cookies, these.

Between bites, I chatted with Gregory Raimo, an Italian-American from New Jersey who had the tough-guy looks and voice of Robert De Niro in *Taxi Driver*. His arms and chest were covered in rough tattoos.

"I've done a lot of damage," he said, and indeed, I wouldn't want to meet those piercing blue eyes on a street corner at night. "Jail, rehab, nothing helped. In the United States, you get eight days detox, then a month of rehab—it's like an oil change. You go back outside and go right back to drugs and the life you were living before."

Desperate to find help for his drug problem, Raimo had to search beyond the U.S. He came to Italy when his Italian grandparents suggested San Patrignano as a final option. (While the program is technically open to foreigners, entry can be tricky for Americans to obtain. Among other things, it requires a three-year medical visa for a program that, by U.S. standards, is not accredited.) For Raimo, communal living was a big change. "Back home I minded my own business. Here, everybody knows if you have a problem," he said. "It's not easy, but if it was easy, it wouldn't work." I asked him if would be interested in going into baking when he leaves. "I'm not big on cookies, to tell you the truth," he said, flashing a warm smile. "But I've learned a lot about organizing here. I'm good at organizing. I figure if I finish this, I can do anything."

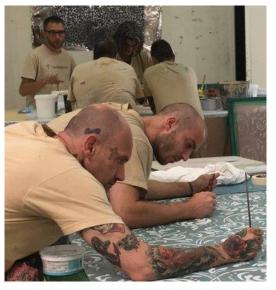


SanPa textiles are commissioned by top fashion houses, including Chanel, Zegna, and others, as well as high-end home furnishing brands. *Photo courtesy of San Patrignano*.

A THREAD OF QUALITY FROM THE PAST TO THE PRESENT

Next door, I entered the "Design Lab," a Textile Studio where I found FORTY (40) mostly young women at work. The room on the left was filled with sewing machines, and on the right,

giant, old-fashioned wooden looms. Each had a spread of colourful yarn, and the women sat in twos operating the looms, passing the shuttle under the threads. There was a quiet, regular rhythm of work in the room.



San Patrignano is one of the few places in Europe that continues to make hand-painted wallpaper. The design managers work with architects and designers to create custom wallpaper, or *carta da parati*, often installing it in their clients' homes. The wallpaper panels can cost thousands of dollars apiece. *Photo by Laura Fraser*.

Claudia Corazza, a woman in her fifties who was helping a colleague thread a large loom, arrived at San Patrignano when she was 18, an alcoholic and addict. "At that time, it was all mud and country living," she said. The weaving sector is one of the oldest at SanPa, initially taught by a woman who was a master weaver. "She was a little nonina—a grandmother—who showed us the basics, and she was glad to pass along what was a dying tradition," Corazza said.

From the start, SanPa invited older artisans to teach. Many had done their life's cycle of work and wanted to transmit their skills to another generation. The workshops taught by the artisans—weavers, Michelinstarred chefs, cheesemakers, winemakers, designers—created a foundation for SanPa to preserve those

artisanal traditions. "Our ragazzi learn to make something that isn't slap-dash or just okay or good enough, but something with their hands, passions, and originality," said Tinelli.

Slow, deliberate work like weaving, he said, can help replace the immediate cravings of drugs. "Gradually, they learn that satisfaction isn't immediate, but longer, and more beautiful and profound. It comes from sacrifice and discipline, and the ragazzi have a sense of filling the emptiness inside, and of discovering a passion for life and quality."

Corazza, for example, took a course in weaving at SanPa, worked in the sector for years, and then stayed on to help others. Designers and others in the fashion world still visit. "It's a constant transmission of knowledge," she said.

Lisa Carrara, threading the loom with Claudia, has been at SanPa for over six years. "My parents brought me here, against my will, but I kept going," she said. After her three-year rehabilitation, she stayed on as a teacher. "Weaving helps you concentrate, and it gives you something to do. Sometimes you talk, and sometimes you take a moment to cry."



San Patrignano's hand-painted wallpaper designs range from traditional to geometric and oriental-themed. "We care about quality," says Diego. "It's a lost art, even in Italy, but we are carrying on." Photo by Laura Fraser.

"Also," Corazza pointed out, "you learn mathematics." Figuring out measurements and quantities of yarn for weaving takes a good deal of calculation.

The women tell me that working in the all-female weaving sector helps the young women, most of whom have been raped or have prostituted themselves in order to get money for drugs. Almost all of them have suffered some form of violence and abuse. In contrast, the weaving workshop radiates calm, offering a safe place for women to untangle their feelings and experiences.

With one touch, it was easy to tell that everything is made of the finest cashmere, silk, or linen. I couldn't resist a baby blanket-soft cashmere shawl for US\$140; similar items destined for Chanel will retail for US\$1,200.

The weaving is still based on the techniques of the Nonina, but updated with new technology. There are nine looms in the weaving sector, ranging from 1.5 metres to 3 metres wide; each is equipped with 24 heddles—the wire cords that the thread passes through to create a weaving against the warp thread. Where older looms required a lot of pedals, which lifted shafts that determine a textile's design, a computer now operates those shafts. The computerisation allows for more complicated designs, and fewer mistakes, but the actual weaving is still done by hand; each weaving, which is turned into a shawl, clothing, or a throw, takes two to three days to produce.

The weaving sector works on commission from fashion houses such as Chanel, Ferragamo, Brunello Cucinelli, and Zegna, as well as making San Patrignano-branded scarves and shawls that they sell to the public. At the workshop's entrance, an armoire displays samples for sale. With one touch, it's easy to tell that everything is made of the finest cashmere, silk, or linen. I couldn't resist a baby blanket-soft cashmere shawl in cloud blue with a dark border for US\$140; similar items destined for Chanel will retail for US\$1,200.

"When you make something this beautiful," Corazza said, holding a shawl to her cheek, "you feel better about yourself because you created it."



Some of SanPa's *carta da parati* is silk-screened after the paper has been cured, some is stenciled, and some painted by hand. *Photo courtesy of San Patrignano*.

PRANZO: LUNCH, THE GREAT PROVIDER OF QUALITY AND COMMUNITY

At precisely 12:30, the residents headed to an enormous dining hall, which can seat 1,200 people at long wooden tables, where the residents eat with others from their sectors. A wide arc of floor-to-

ceiling windows shows off hundreds of acres of vineyards outside. Before eating, everyone in the room stands for a moment of silence. "It's a moment to offer thanks, or to reflect," said Tinelli. "It is not religious, but it can be." Many of the residents crossed themselves, then everyone sat.

White-coated waiters listed the lunch choices, served in the Italian style—a pasta *primi*, followed by a main dish. Everyone takes turns working as a waiter and serving others, rotating during the month. Like everything else at San Patrignano, most of the food was grown and processed on the premises. In this large, industrial dining room, I was stunned to find my plate of pasta was steaming and perfectly *al dente*, with creamy home-made ricotta cheese and sun-dried tomatoes.

"We're preserving and transmitting Italian culture, in which the idea of eating with a family is very important," said Tinelli. Until recently, in accordance with Italian tradition, everyone was allowed one glass of San Patrignano wine at lunch and dinner, but because many are alcoholic and had problems with



the wine, now they drink water. After lunch, also in keeping with Italian rhythms, everyone takes time to nap or relax before getting back to work later in the afternoon.

In SanPa's leather workshop, residents create fine purses, wallets, and other goods that are either commissioned by Italian fashion brands or sold, like these, under the San Patrignano brand, and its logo: the tree of life. *Photo courtesy of San Patrignano*.

WORK: THE GREAT EQUALISER

That afternoon, I visited the leather sector, where residents stitch San Patrignano-branded handbags, and produce others for Italian fashion houses, including the high-end leather company Tod's, whose owners and designers have come to SANPA to offer workshops. Each person was at a station, sewing zippers, cutting leather, or hand-stitching. Unlike at a commercial leather workshop I visited in the United States, the atmosphere was cheerful and talkative. Interestingly, this is one of the few sectors where men and women work together.

Why don't we see SanPa's model across the U.S.? "We're living in a world where everyone wants things cured in five minutes, shoot everybody up with drugs so we don't have to worry about whether we can change their lives," says Mimi Silbert, the founder and long-time president of Delancey Street. "People are terrified to do long, hard things."

I was struck by how diverse this group was—in age as well as life circumstances. When I asked Tinelli how someone like him—bright, educated, making piles of money as a financial trader—was able to bond with homeless heroin addicts and people with misspelled prison tattoos, he said it wasn't easy at first. "San Patrignano taught me one of the most important things I lacked: humility."

Marco Castelli, a 43-year-old Italian with a scruffy beard who was painting the edges of some pebbled calf leather that would become a luxury handbag, learned that lesson the hard way. Castelli is an engineer by training, and he used to work at the Italian fashion house Gucci, living a fast lifestyle fuelled by copious amounts of cocaine. In a story familiar to most addicts and their friends, the more Castelli used, the more of his stylish friends dropped away; soon he was left isolated, working long hours to support his habit. At a certain point, his income couldn't cover his drugs, and he found himself begging for money from his friends and parents. One by one, they turned away from him. Eventually he lost his job, his home, his friends, and his savings in pursuit of the next line of coke.

"After 23 years of abusing drugs, I decided I needed a change," said Castelli, who has spent over two



years at SanPa. "I had two separate roads in front of me, and only one of them was life." Now he spends his time teaching his Gucci design sense and standards to fellow addicts in the leather workshop.

San Patrignano spends more per year on training for its residents (€15,000 euros, or US\$17,000) than on their room, board, and medical care (about €11,000 euros). *Photo courtesy of San Patrignano*.

At one work table in the leather sector, women were stitching together stuffed animals made with real fur for the luxury market. One woman in her 50s, Roberta (who preferred not to use her last name), had a face etched with the lines of a hard life. A former accountant, she became a heroin addict. After revolving in and out of TWO (2) Rehab Centres, she was clean from heroin but separated from her husband and had turned to alcohol. "San Patrignano was like the last beach," she said. It took a big commitment to stay in; she recently missed her daughter's wedding. But she said she is content, and somewhat amazed at her luck. "I could never have imagined this place. We get good food, a place to stay, and friends.

Demonstrating a fur rabbit with evident pride," she said, "This place is beautiful, and we make these beautiful things."

A couple of tables over from Roberta, Kyra (who also did not want to use her last name), a woman in her early 20s who has spent two years here, was stitching wallets. An American from a celebrity family, she has dark hair, wide green eyes, and prep school elocution. "My aunt's friend was a friend of the founder, and she asked if I could enter," she said.

Antonio Tinelli was a financial advisor until 2001, when he entered SanPa as a cocaine addict. He worked in animal husbandry, then in communications; until September, 2018, he served as President of the San Patrignano community. *Photo by Laura Fraser*.



Kyra started taking pills on weekends as a child for fun, and the habit escalated, especially since her parents were rarely present. She'd been a debutante and interned at a famous fashion house; her Instagram feed prior to San Patrignano reveals someone who was a rich, partying, hot mess. "I had no morals when I arrived here," she said. "I didn't know what a relationship was. I had to learn to listen to people. San Patrignano has transformed me."

Despite her upbringing, with housekeepers and nannies, Kyra doesn't see the labour of stitching wallets as drudgery. "I'm passionate about fashion, and studied it, but I never thought I could use my hands to create something," she said. "Instead of going into fashion as a business, now I want to go into design. I've been able to learn about leather, which is complex." Kyra has also taken courses in the textile sector, adding to her education in the hands-on side of fashion, which

she took for granted before. "I came from a very fast-paced lifestyle, and this work, learning a skill, and these people have saved my life."

A RARE CRAFT, REVIVED

The most unusual craft workshop in San Patrignano's design lab produces hand-painted wallpaper, or *carta da pareti*. When I visited, two ragazzi spread a thin, gluey mixture on long rolls of paper, which then went into a kiln to be cured. When the paper came out, it was painted with one or more of three methods: stencils, silk-screen, or hand-painting with brushes. One of the guys in the workshop, a 36-year-old named Diego, paged through a sample book of wallpaper with geometric patterns, faux parquets, and marble inlay, damask, *chinoiserie*, and floral motifs that looked like they'd adorn the walls of palaces and Italian villas: in fact, they do, along with decorating yachts, luxury hotels, restaurants, and boutiques.



At SanPa meals, residents take turns being servers. Following the Italian custom, each meal has a primi (a pasta soup course), followed a *secondi* (the main dish). "It's considered disrespectful to the cooks and to the community not to eat everything on your plate," says Lucia SanPa's communications director. Not surprisingly, this sin is rarely committed. Photo courtesy of San Patrignano.

Jonathan Tomasello, 30, used to sell drugs and spent some time in jail. "When my family didn't want me in the house, I thought I'd better think about something else." He's been in San Patrignano for two and half years. "Outside, no one tells you anything when you're wrong, no one cares," he says. "Here you have to follow someone, and then you have to lead them and take the attention from yourself to someone else's well-being." Tomasello is thinking about opening a bakery when he leaves. Photo by Laura Fraser.

Hand-painted wallpaper—a single panel starts at thousands of dollars and may take 100 hours to paint—is a rare craft these days. Imported to Europe from China in the 18th century, the art form became popular among Italy's aristocracy. The late Renzo Mongiardino, one of the country's best-known designers of commercial and residential interiors as well as film sets, was a master of using hand-painted wallpaper to create illusion—Moroccan tilework, drapery, frescoes, floral motifs. He designed homes for the uber-wealthy, as well as for directors including Franco Zeffirelli. Early in SanPa's history, he also brought his teaching skills to the community.



The difficulty with this wallpaper, since its colours are mixed and painted by hand, is achieving consistency over an entire wall. "You have to throw out a lot of pieces," said Diego. "It may take a year to do one large job. You need patience." Diego says he loves working with wallpaper, but once he's out of San Patrignano, he isn't sure he'll find work in the field. "Hand-painted wallpaper is a very restricted art," he said. "But I'll find something using these painting and design skills. It's become a passion."

CAN SANPA WORK ANYWHERE ELSE?

San Patrignano has now spread to THREE (3) Satellite Centres, one (1) in London and TWO (2) in Italy, and it participates in world conferences on rehabilitation, partnering with other like-minded programs in Europe. Given that more than 72,000 people died of drug-related deaths in the U.S. last year, and more than 8,000 in

Europe, many people have studied SanPa to determine if the model could work elsewhere. But it's not easy to replicate.

The closest relative to SanPa in the United States is Delancey Street, a San Francisco-based rehabilitation program for violent criminals and drug abusers that has a similar approach. Mimi Silbert, founder and long-time president of Delancey Street and a criminal justice expert, praised the Italian program, which she called a "sister organisation." Like SanPa, Delancey Street rejects traditional therapeutic approaches in favour of making the addict feel like an important participant in a community, and accountable to its members.

At Delancey Street, which has expanded from its San Francisco home to SIX (6) other Treatment Centres around the country, residents run a restaurant, a moving company, and make some furniture and crafts. <u>The cost of a Delancey Street residency, which typically runs for about FOUR (4) Years, is approximately US\$30,000 a year-close to the US\$48,000 cost of a San Patrignano residency</u>. However, like SanPa's directors, Silbert argues that this expense ultimately saves on public costs for repeat incarcerations, to say nothing of superficial prison rehabilitation programs that usually fail, imposing further costs on society. But Delancey Street's model is not widely replicated, either.

"The reason they don't end up replicating us is primarily because of money," says Silbert. "In Italy, they have a great donor. We don't, so we have a great struggle-but a willingness to struggle." She says most treatment programs fail because they are short-term, partly for reasons of money and insurance, and don't provide residents with the sense of support and family they need.

"Instead of taking people who have messed up their lives and treating them as these poor people who need our help, we search for their strengths and develop them," said Silbert. "Making crafts develops those strengths, lets them be creative, gives them something to be passionate about, and teaches them to rely on each other in order to work together. In the process they discover their own self-reliance," she said. But few programs have the resources or patience to try such an approach.



And at one of Italy's prisons: Rehabilitation through wine-making. Why not?

"Right now, we're living in a world where everyone wants things cured in FIVE (5) minutes, shoot everybody up with drugs so we don't have to worry about whether we can change their lives," she said. "We're living in a time when people are terrified to do long, hard things. Change takes a long time, but it's worth it."

Another factor that makes SanPa difficult to replicate is its very Italian-ness; it grew in a country where the history and value of craft is woven into the fabric of society. One Australian team visiting SanPa concluded, "San Patrignano is un-replicable in its entirety, due to its history, its scale, its location, and the Italian culture in which it is situated."

Lucia Rughi, SanPa's communications director, is married to one of founder Muccioli's sons, Giacomo, who has become a veterinarian. "*Our philosophy*," she says, "*is the education of bello*." Within that philosophy, the process of understanding and working toward beauty is the only means to combat the ugliest expression of self-loathing: addiction.

DISCLAIMER and CONFIDENTIALITY NOTICE

This Business Plan and Financial Feasibility, the executive summaries and all the information contained herein (BPFF), as being provided to selected parties (recipients), is confidential to the Developer / Borrower. It is not intended for and should not be distributed to any person other than as permitted herein. By its acceptance, the recipient agrees that it will not transmit reproduce or make available the BBFF (or any information contained herein) to anyone other than its bankers and other professional advisers. Any such disclosure to the advisers of the recipients must be on a confidential basis, for the purposes only of assessing the information contained herein as adviser to the recipient. It is also a condition that the recipient will immediately return this BPFF and all information subsequently provided by the Developer / Borrower immediately that the recipient decides not to make an expression of interest or an offer to invest or that negotiations or such an investment are discontinued or on the request of the Developer / Borrower.

The information contained in this summary or subsequently provided to the recipient of this summary whether orally or in writing by or on behalf of the Developer / Borrower or their advisors or their respective employees, agents or consultants, information is provided to the recipients on the terms and conditions set out in this notice and subject to any additional requirements and obligations in any separate Confidentiality Agreement executed by the recipient.

The purpose of the BPFF is to provide recipients with information relating to the business opportunity described in this BPFF.

The BPFF is based on certain material and information collated by the Developer / Borrower. Each recipient must make its own independent assessment and investigation of the business opportunity and should not rely on any statement or the adequacy or accuracy of any information contained in this BPFF.

The recipient should not treat the contents of this BPFF as advice relating to legal, taxation or investment matters and should consult its own advisers. Neither the Developer / Borrower nor the Company's Directors takes any responsibility for the contents of the BPFF.

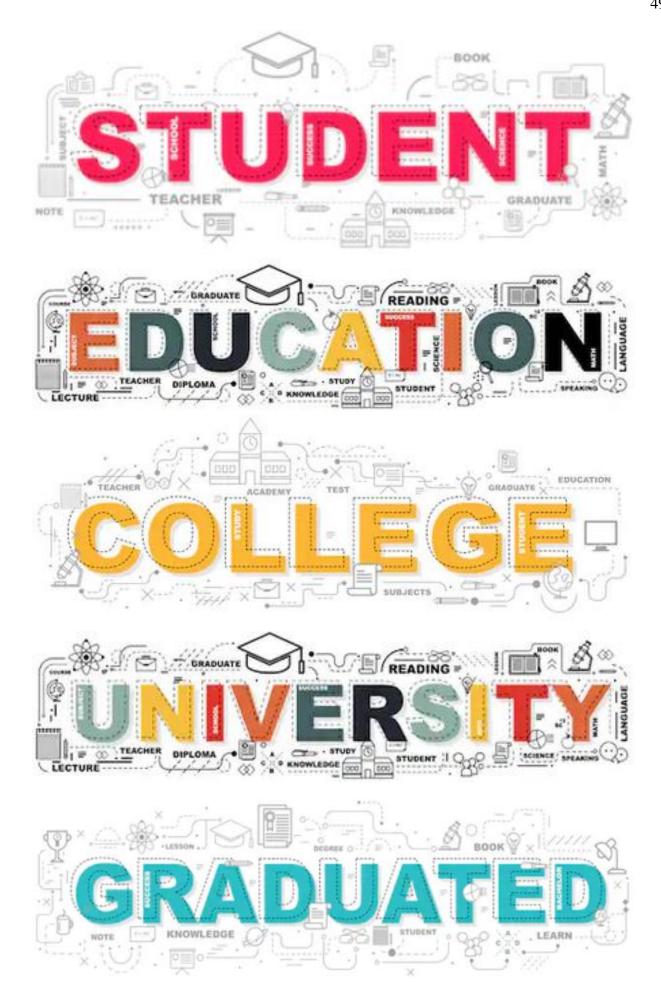
The BPFF includes certain statements, estimates and forecasts, which reflect various assumptions. Those assumptions may or may not prove to be correct. The BPFF does not purport to contain all the information that a prospective investor may require. The information may not be appropriate for all persons and it is not possible for the Developer / Borrower to have regard to the investment objectives, financial situation and particular needs of each person who reads or uses the information. In all cases, before acting in reliance on any information, the recipient should conduct its own investigation and analysis in relation to the business opportunity and should check the accuracy, reliability and completeness of the information and obtain independent and specific advice from its own professional advisers.

Neither the Developer / Borrower nor its Directors makes any representation or warranty as to the accuracy, reliability or completeness of the BPFF. The Developer / Borrower and their employees, agents and consultants, shall have no liability (including liability to any person by reason of negligence or negligent misstatement) for any statements, opinions, information or matters (expressed or implied) arising out of contained in or derived from, or any omission from, the summary, except liability under statute that cannot be excluded.

The projections and forecasts contained in this BPFF are illustrative only and should not be taken as an indication of possible future returns. They are based, among other things, on certain key assumptions as set out in this BPFF, on which each recipient must make its own independent assessment and investigation. The information is of a preliminary nature and, in light of the above, subject to clarification and change. The Developer / Borrower may in its absolute discretion, but without being under any obligation to do so, update, amend or supplement the information.

This BPFF relates to the Capital Raising of the Developer / Borrower, but is for information purposes only and does not constitute an offer to invest in or sell the business or an offer to sell any share or securities in the company. This document is not and should not be construed to be any form of a prospectus.

Copyright Notice: This publication is under copyright. Other than with the written permission of the Developer / Borrower this BPFF, or any part of it, may not be reproduced, stored in a retrieval system or transmitted in any form, by any method (including electronic), for any purpose, except as expressly permitted under relevant copyright legislation.





TEACHING



Learn through play Independently explore subject

to: Research with fellow students

Explore topics you enjoy

Engage in what you are passionate about

Ask and keep asking

Question every aspect

Commonsense is not common

Assumptions are mostly in error

Embrace what you may be feeling We have been retarded and restrained

We are to be our true self

We are to express all our feelings

We are self contained—all is within

By doing is how we learn

Tutoring others is a great self teacher

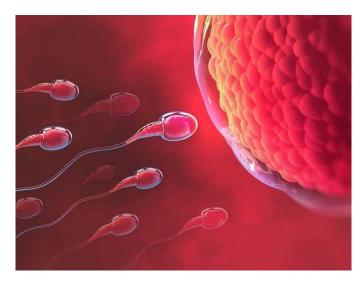
¹¹ Our capabilities are infinite



while you







From the moment of conception and then onwards for all of eternity .



Healed potential



Insightful Genius Brilliance! DYNAMIC VIOCOLE