PASCAS WORLDCARE Management of Enterprise



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MANAGEMENT of ENTERPRISE, the FEELING HEALING WAY:

Pascas (Peace And Spirit Creating Alternative Solutions) is to be based around the dissemination of truth that ALL feelings are good and should not be denied; and that we can use our feelings to help us grow in the truth of ourselves by looking to express them as we feel them, whilst longing for the truth they are to show us. And this can be done in one's private life, and even during one's working life within Pascas.

Pascas is about Putting Feelings First. Which is the right way to: Put People First. It is how we should put ourselves – our own feelings – first. With people involved working in all areas to facilitate this, both individually and collectively – globally.



The intention is to develop an organisation that distributes truth for free. Truth that has come about resulting from people's experiences and through their

feelings, and not dogmas of socalled truth that

have been made up by people's controlling minds. And it is also the long term intention to have everyone within the organisation committed to following the truths that they are distributing. However people are to be invited to work without any pressure that they must adhere to the truths being distributed. There will be a natural adoption of such truths or rejection of them — people will love Pascas and want to contribute all they can, or they will not understand or fit in, and so reject it. It is to be understood that Pascas is a very different organisation, and one without the primary goal being profit making. It is about feeling acceptance.

The main focus of Pascas is helping the individual person and humanity to understand that a major change is taking place in the world, that which is called the Great U-Turn. And that for so long, many, many generations, humanity has been living under the dark clouds of a spiritual and planetary Rebellion and Default against the truth of the person. This being borne out by our insistence on denying many of our feelings, rejecting them and not using them to help us uncover the truth of ourselves. And now Pascas is wanting to help people wake up to the idea that they can end this darkness within themselves, as they can also work to help end it globally. The ultimate goal of Pascas is to see an end of the Darkness and the return of the Light. The Light being the Light of Truth as expressed by each person as they freely live true to their own feelings, expressing themselves the best they can as they long to uncover the hidden truths within their own soul. It is to be these hidden truths brought to light by each of us that will eventually set the whole of humanity free of this unloving state.



To become truly loving, another goal of Pascas, one needs to first attend to all one's good and bad feelings, allowing oneself to feel them as one longs for their truth. This is the message of Truth for us all to strive and want to live. Each of us doing it in our own small way.

The 'Outcome' of Pascas is one of spiritual importance and focus. It is help to inspire the individual to look deeper into themselves to find the reasons why they are the way they are. And although this can be very difficult to do, it involving one's Feeling-Healing or Soul-Healing with the Divine Love, still that is final desire of Pascas: that everyone can become self-loving and self-empowered by uncovering the whole truth of themselves.

And Pascas understands that we're all fucked, and so tolerance and acceptance will be needed, particularly during more stressful times. And that all we can do is strive to be as true to ourselves and our feelings as we possibly can, and nothing more is to be asked of us.

A lot of emotions can come up at times causing you to feel very upset with management or with whatever you may be engaged in, all of which are connected and resulting from deeper emotions and feelings related to and resulting from your relationship with your parents, and particularly when you

were young. So at times you will feel very frustrated and upset, and should you wish to work through such disturbing feelings at work, then support, help and encouragement will be provided for you. Feeling bad is not to be denied, it is to be accepted, understood and supported.

Work is not to be put ahead of your feelings. However understandably, as no one does this and few people are used to living this way, during the early days of Pascas it is envisaged that there will more than likely be many 'teething problems' as people adjust to this new working environment. There will need to be a give and take attitude by people involved in Pascas on both sides — those working for Pascas and management itself (who are also working for Pascas). We are all people after all and all with masses of issues, some of which at times will be 'triggered' at work.



Management is to be very focused on the understanding that it can be very difficult for us all at times as emotions and feelings can seem to have a 'life of their own'. And that with gentle and supportive oversight and care, management can play a role that is to help all involved making them feel better about themselves, rather than just crushing them out of existence.

Periods or 'episodes' of emotional upset and distress are to be worked through with management, and if necessary, both personally and as a group. Many people want to come to work and not be disturbed by unwanted emotions and feelings, preferring they are shut out and denied for the sake of keeping the peace so everyone can get on with the work. At Pascas, as the whole intention is not to deny such feelings and emotions, 'time out' might be required and even encouraged with personal counselling – having the chance to vent, rant, air, express and discuss any such problems, all with the intention of using such opportunities to increase self-awareness of what's going on inside you.

It is to be determined within the work environment itself as to how much 'bad feeling expression' people will be comfortable with. Because in the end it might all become self-defeating with everyone getting too bogged down in their bad feeling expression with none to little work being done. It will be a balance between productivity and developing ways, methods and structures as to how people can be free to express their bad feelings whilst at the same time limiting



interference with others. Pascas is to be a dynamic environment that will evolve as people become more aware of and accepting of each others and their own bad feelings.

It is also for Pascas to offer different environments for people who are at different levels of embracing the Truth about Feelings to work and express themselves. Some environments might prove to be best

not to encourage open bad feeling expression whilst at work, whereas other environments would encourage full-on feeling expression as people within it strive to do their Healing, so even possibly with differing standards of 'productivity' having to be applied.

Pascas is to encourage as many people as possible to begin and do their Feeling-Healing or Soul-Healing with the Divine Love. To provide such people with whatever help and support they might require within the limitations of Pascas. Pascas is not to become a substitute parent. Pascas is all about helping the individual deal with and so set themselves free of their parental control, that which still lies buried within us all, that which we seek to heal by doing our Healing as we look to the truth of such parental control through our repressed childhood feelings.

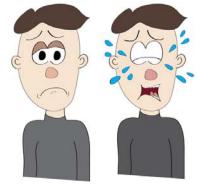
Feeling
Healing with
Divine Love is
the key!

By helping the individual, so too will Pascas and the individual be helping the whole of humanity. And slowly our relationships with each other will change, as too will such relationships change for the better in how we relate to nature and treat the planet.

Monetary remuneration will be commensurate with one's job skills and one's role within Pascas. Everyone is to be paid a salary, should they want to be paid one. And Pascas will endeavour to honour all working agreements to the best of its abilities – funds permitting. It is to be understood that Pascas is

above all a charity, and not to be taken advantage of as such, and will also encourage donation and money making avenues and enterprises so as to sustain and add further to the existing resources. It is expected that being part of Pascas: Pascas will do its best to 'look after' you; as you will do your best to 'look after' it.

Pascas is concerned about doing what God wants us to do – Living God's Will. And we understand that by living true to our feelings as we long for and want to uncover the truth of them, we are then doing what God wants us to do. People will have different levels of connection with God as they grow in truth by doing their Healing. And overall we



understand that our Heavenly Mother and Father are looking after us. They have wanted us to start off in the wrongness and experience what its like to feel unloved; then we are ready, or when They want us to, we will feel the desire to start doing our Healing by properly attending to our feelings, all so when Healed, we can learn about what it feels like to feel loved and be truly loving.

Pascas is all about supporting the Truth of our Feelings. And will make available all such truth for the mind to understand, which can then be lived at work and home as one progresses in the evolution of their soul. Pascas can be likened to perhaps entering one's Ascension of Truth to Paradise by getting in the lift on the ground floor. And once involved, then it is up to the individual as to how they want to develop their soul and 'grow' or ascend their relationship with God.

Pascas encourages the individual to long directly to God for Their Divine Love. However it does not enforce or demand that one must adhere to the spiritual and life truths it promotes. We are all to find our own way. Pascas is to be something like loving, overseeing grandparents who might be able to provide a modicum of support and wisdom, helping to keep you pointed in the right direction.



Pascas stands for: Peace And Spirit Creating Alternative Solutions. We are to achieve living in peace creatively through doing our Healing. And in living such a way, so new and alternative solutions will come to light in all aspects of life, at home and at work.

And it's all to be brought about because of:

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

We desire to be harmonious in love and truth, to be brought about by being lead by our feelings – our soul based feelings.

And with the same passion and desire, people involved with Pascas will have the power to generate what matters the most: love, care and respect for oneself and for each other.

The New Way: learning how to live true to ourselves by living true to our feelings.

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CHILD SOS:

We intended to incorporate the US group Childhelp into Pascas Care centre / clinics. (Note, Childhelp has helped more than 4,000,000 abused children, this facility is intended to be made available within every Pascas Care clinic.)

Up until 22 March 2017, such organisations, as Childhelp, were subjected to spirit influence because of hooks with some who have emotional injuries, however, since that time Celestial Spirits have blocked such involvement. It is preferred to develop a Pascas version because it is difficult to influence parties in the management team of Childhelp to be responsible for and engage with their emotions. (Hence – ChildSOS)

This is the difference between a Natural Love Path organisation and a Feeling Healing with Divine Love Path organisation. To adopt Feelings First as a way of living is an unknown pathway within any currently existing structure. It is important to be vigilant about management in all areas of Pascas and to take responsibility for clearing of all emotions.

Yes, one can go into an organisation and assess the physical affects (regarding funds for example) however that will not fundamentally change without embracing, engaging, and clearing emotions – just waiting for the next challenge. The principal element throughout Pascas is embracing a Feelings First way of living.

This essentially requires those associated with Pascas (in any capacity) to be willing to consider one's own emotional makeup. Further, this is practice what you are teaching your visiting friends to consider.

By living true to ourself, true to our feelings, we are living true to God. It's that simple.

Pascas is to support one's development in expressing one's emotions, both good and bad, assisting processing. Also to provide for travel by those within Pascas Care clinics in their support in teaching, coaching, and provision of workshops for emotional clearing to both Pascas employees and visitors.

<u>NAME CONSIDERATION</u>: **Child SOS** for this style of support throughout the Pascas Care centres.





'We NEVER lose our personality, it is ours, and it's our precious gift from our Mother and Father. We are always who They have made us to be. Personality is sacrosanct. It's the most valuable thing in Creation, it is what all Creation rides on, it's what all Creation exists for: the expression of personality.

'All our Healing (through Feeling Healing) does is liberate our true personality, so it doesn't actually change us, and make us be a different person, it just liberates all the parts of us that were stopped from freely expressing themselves.

'All that is wrong or bad or imperfect within you, will turn into being perfect, right and good. You get rid of all the bad stuff by liberating all the hidden good, and as that comes to light, so the bad fades and then leaves altogether because you no longer need to be that false untrue you, the one your parents have made you be. But YOU, the basic intrinsic you, never changes, and all you don't love about yourself will go as you gradually love yourself more, all as you keep bringing out your repressed feelings.'

Notes from James and Helen 5 April 2017

HALLMARKS of the CENTRALISED MANAGERSHIP APPROACH

Centralism principles are everywhere Every activity possible is consolidated A few top executives set all of the policies The authority is closely held – by the managers The accountability is diffused and it's untraceable There's little quality focus and only on a few things A cost fixation controls quality – "quality is expensive" There's very little measurement, comparison and feedback Productivity and quality are the expectation; "do your job" Performance is tied to compliance – so "do things right" Management has its set of goals, but labour has another The culture is one of distrust and tight supervision The climate reflects austerity and cost obsession Only a few profit from productivity improvement The customer linkage is frail – and unfocused The motivation tools emphasise the negative Involvement is only a suggestion program Commitment is expected, not fostered The human system matters little

HALLMARKS of PASCAS DECENTRALISED LEADERSHIP APPROACH

Decentralised principles abound Diseconomies of scale are understood All employees are involved in leadership Authority is widely distributed throughout Accountability is inseparably tied to authority Quality is a way of life at all times, in all things Quality reduces the costs – "Unquality is Unaffordable" Measurement and comparison are widely used, at all levels Productivity and quality flow from commitment; "Be involved" Common purpose elicits strong commitment and achievement The performance is tied to empowerment; "Do right things" The culture emphasises LOVE, respect and cooperation The climate features strong commitment to excellence Success is shared: there's a stake in the outcome The paramount focus is every customer's needs Involvement and passion breed the motivation Empowerment and ownership reach everyone Commitment is the aim of all the policies The human system is the cornerstone

The overall structure is based on teams, the supervisory focus is centred on the outputs, the work accomplishment mindset is on the team product. The total team process operates in a seamless leadership network – here at PASCAS.

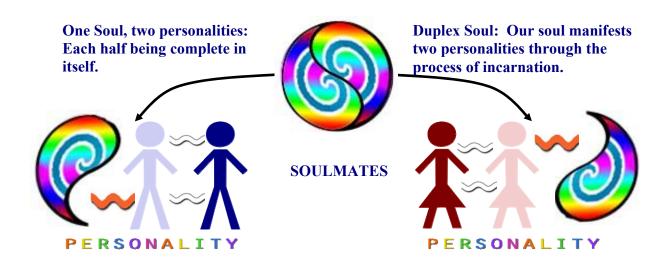
KEY POINTS:

Ц	Feelings are our guide – firstly, embrace one's feelings, these are to lead us in all we are to do and, secondly, our feelings are the sources of all truth, we are fully self-contained.
	Pascas is a universal demonstration of how one may embrace a way of living that is 'Feelings First'.
	Pascas is the home for all peoples to be able to become aware of 'Feeling Healing', and further should one consider to do so, to embrace Divine Love and so embrace one's 'Soul Healing'.
	Those working with Pascas (in any capacity) are to be encouraged to take responsibility for their emotions and explore their childhood suppression and repression.
	Feeling Healing is the way to free one's true personality, one's soul based true identity, It is about freely expressing what one feels that is truly comes from their soul which is always in truth.
	What needs to be impressed, and even told to people, is that this is very important and something that will be of great benefit to them — to their heart and soul, and will help them uncover within themselves and for themselves, and all through their own feelings, all the answers they are seeking. So it will be well worth putting in the time on the mind or feeling level.
	This is about enabling one's feelings to be empowered through one's mind, not the other way around. Our feelings are always in truth. Embrace your feelings and then engage with your mind on how to implement one's feelings.
	Otherwise we are just projecting our mind construed erroneous emotions onto all visitors and how can you teach that which you are not practising.
	It is very important that everything is done that is harmonious with love and harmonious with truth – that is, from one's soul, and also allow each person to deal with their emotions.
	Everyone is enabled to deal with their emotions whilst doing their work. They are free to express their feelings, in fact encouraged to do so.
	The outcome has to do with the people involved rather than the product.
	Everything must be harmonious with truth and love, and when we are in truth, then it is with love.
	The goal of this organisation is presenting to the world as much truth as we possibly can, but doing it in a manner that every body who comes in contact with the organisation is given the opportunity to following the truth of it, should they so please.
	The outcome being the people involved rather than the product that is being given away. The focus of management is to ensure that everything is done in a loving manner and done in such a

manner that it does not taint the product that is being given away, by how everything operates and how everything works behind the scenes.

- Should emotional difficulties become too much, then with the help of management, all help will be offered which might include deferring the current work being done.
- The first thing to focus upon is what is going on emotionally if there is some kind of conflict within the organisation, this needs to be resolved in harmony with love and truth.
- ☐ It is the intention to have everyone within the organisation engaged with following the truths that they are distributing.
- This is very, very different to an organisation that the goal may be profit making or some other type of goal. Pascas is to be 'loving and supportive'.





FEELforTRUTH

The beauty of it all, is the truth comes to you through your own feelings. You don't need to be told it by anyone. You can work it all out for yourself. We are self-revealing of truth, it's how God created us to be, and by being it we'll feel the happiest we can feel. Truth is our great comforter, so when you feel it come up within you, ah it feels so good and you feel just right – perfect!

We only know how to deny feelings, now we can get to know how to accept them. And always with the truth being the most important part.

If you don't want to uncover the truth of your feelings, then you can keep on expressing them forever but you will never fully heal yourself. Seeing the truth results in the Healing. And to see the truth you need to express all the pain out of you. The two things go hand in hand.

You can accept and express your bad feelings, letting off steam all day long, yet nothing will heal and nothing much will come of it. So this is where wanting your feelings to show you the truth of why you're feeling as you are is so important.

Don't go fishing with your mind, that will shut the truth out from rising up for you. KEEP YOUR MIND OUT OF IT. It's a feeling thing, doing your Feeling-Healing. (This is where we erred previously, and this how other modalities are in error.)

You long when you can, then stop longing and keep expressing. And at some point, and it might not even happen immediately, it might happen after days or weeks of expressing the same bad feelings, truth will come to you. And it does, it just comes up suddenly into your consciousness. You just know. You see the picture and you feel it's true. And you know it's true. And THEN your mind can come in and start sorting it out and putting it in context.

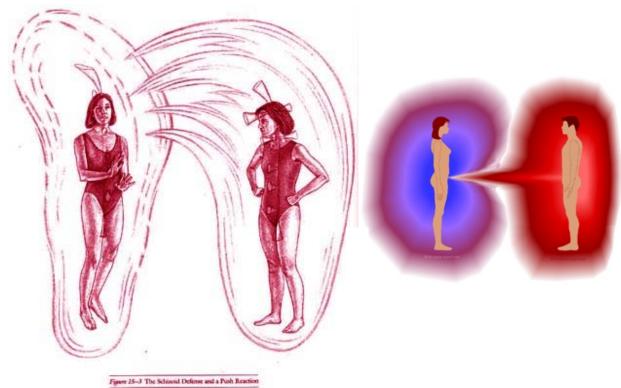
It's the Truth that we are seeking. It's the End Point. The Reason for doing your Healing. You are to see the whole Truth of yourself. And to begin with, that's the whole truth of your unloving self, of your wrongness, of your evilness, of why you are as you are in your negative unloving mind-controlling state. To be able to fully accept yourself as you are, warts and all. To not fight or resist or try and change yourself, just to accept all you feel and all the truth of all those bad feelings you feel about yourself. And when you do, so you will be healed. You CAN'T heal yourself unless you uncover the truth of your pain, suffering and so the truth of all your bad feelings.

Through our Feeling-Healing we long for the truth of what we're feeling whenever we can. So as often as you can. You want, and REALLY WANT WITH ALL YOUR BEING, ALL YOUR WILL, to know why you are feeling bad. You yearn, want, long and beg and beg and BEG God to show you the truth of yourself through your feelings. So when you are expressing your bad feelings you can stop and long for the truth to show you what's going on, why do you feel so bad, and you can do it any time you think of it or feel to do it.

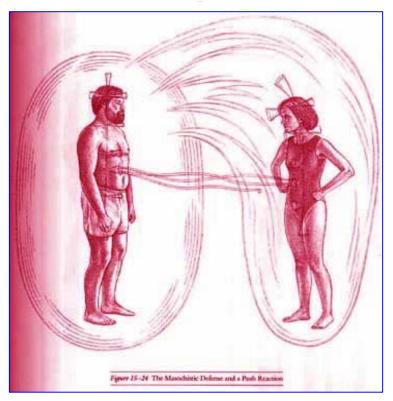
Notes from 'Feeling Healing' by James Moncrief



PROJECTING EMOTIONS – DISOWNING EMOTIONS:

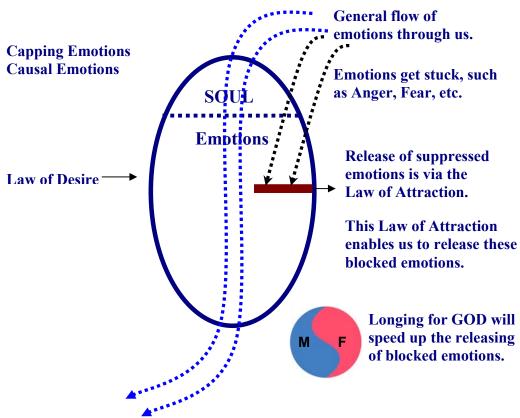






OWNING EMOTIONS – ALLOWING THEM TO PASS THROUGH:

WE are CREATED as EMOTIONAL BEINGS:



Repressed / suppressed emotions result from walking away from Love.

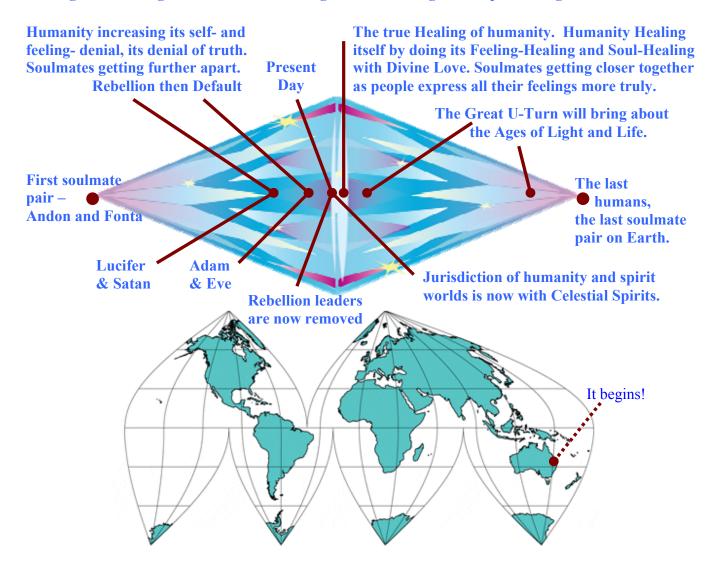
Aman and Amon – first parents – walked away from God, detuned from God's love.

We misused free will by acting in disharmony with God.

27 Sep 09

JOURNEY of HUMANITY into and through the GREAT U-TURN:

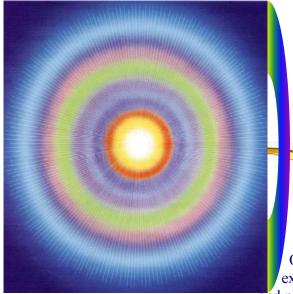
Humanity reaching its most evilness, the most lost, the most separation of soulmates. Humanity can begin its Healing. The Great U-Turn begins, the dawning of the Spiritual Age.



DIMENSIONS of ONE'S EXISTENCE:

Our SOUL IS NOT ENSOULED IN OUR SPIRIT BODY. Our soul exists existentially in a whole different level or plane or place or dimension of being – 'soul land'. It doesn't exist in Creation, it's not experiential like Creation is. The soul, all souls, help create their part of Creation by expressing their personalities into Creation, and then by having their personalities do things (further create) in Creation.

SOUL exists existentially



Our Physical Body and our Spirit Body are of Creation, being linked together by cords of light as are the two spirit bodies, male and female, to the one Soul.



One's unique personality is soul based. Our unique soul expresses its unique personality through the two spirit bodies and physical bodies expressing both the male and female aspects.

PERSONALITY



Our soul is the centre of our personality. We are children of our Heavenly Parents. Our soul manifests a male and female personality - it is a duplex!

SO, MAY WE TAKE THIS ONE STEP FURTHER?

By living true to ourself, true to our feelings, we are living true to God. It's that simple.

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.

It is a matter of feelings first! We are to engage with our feelings, they emanate from one's soul, our feelings are always in truth! We are to embrace our feelings and then through one's mind, implement such feelings. Not the other way around. For aeons humanity has embraced the mind as the almighty way, it has been a disaster.

Women are much closer to their feelings than are men. Women are our spiritual leaders. This was understood by those who imposed upon us the concept that the mind is almighty. Their debauched imposition was also to suppress women, they made out that women were to be subservient to men. This is to stop. Women and men are equal, however it is the women that lead the way for men in how to embrace and engage in their soul based feelings, such feelings being always in truth, and truth is love.

Live as children on Earth as though we are already citizens of the Celestial Heavens. We do this through our Feeling Healing, looking to our feelings, to feel them fully, to unconditionally accept them if we can express them and long for the truth they can show us about ourselves. We use our mind to analyse every part of what we're feeling to the nth degree, which is all part of understanding the truth that comes up within us. We deal with feelings by accepting the truth of them, good or bad. Our goal is to live by the truth of our feelings so the mind follows, rather than the mind leading.

If one is full of any judgement, then one is fully judgemental. As we've all grown up saturated by judgement of one's self and of others, and because we bury the thoughts of deep hurt of judgement, becoming fully judgemental, it is through the Healing of all that yuk, accepted and expressed when felt, to go for it, to bring it all out, so we can see the whole underlying truth of why we are that way, all so we can go deeply into the unloving relationship with our parents that is full of judgement. So all the yuk, self-judgement, all the blame and guilt, has to be faced, not dismissed or denied; so all the so-called bad things that we shouldn't be, are fully focused on through our Healing, so we can descend down into our inner sewer of putrid evil, to swill around in it, tearing our hair out with the dementedness of how vile and wicked and judgemental we are, all which our feelings will show us.

As we may want to be as perfect as our Heavenly Parents are, we can't just 'be' it, that's trying to use our mind to make us be a certain way. We are to understand that we will become it naturally as we Heal ourselves through the Feeling Healing process, but we are to stop using our mind to try and make ourselves be anything. And if in the meantime as we work deeper into our Healing, to even be the other way, and not want to do our Heavenly Parent's Will, if that's what we feel, we can use those feelings to show us the truth of why we feel that way.

We are to try and remove all mind control, which again, by saying this, is being mind controlling, so to want it gone, then to just apply ourselves to our feelings. And by doing so, eventually it will wash

through and we'll naturally be living true to ourselves, so true to our Heavenly Parents, which is doing God's Will. We can't make ourselves live God's will and be as God is, that's all the mind again, we are to allow ourselves to evolve into being such truth by looking to our feelings.

By saying to be mind-less, however that's not quite right because we are to have our mind full-on, we can't not have it, too many people and so-called spiritual systems try to shut the mind up, which is wrong, as it just goes quite but is still full-on controlling feelings. So we go the other way, opposite to it all, full-on into our feelings and then full-on using our mind to back up and support all what our feelings bring to light. We may spend most of our day using our minds to talk about all that our feelings bring to light. All of which is about how we are so mind-controlled and mind-controlling and how we are giving that up.

All social religions have erred in setting down procedures, creeds and rules. Be a child of our Heavenly Parents and live in Their Spiritual Kingdom **now** by faith. Our mind will follow as a matter of course. In other words, be mind-less in these high matters. Verbal instruction is of no comparison to doing what we truly feel as being right, which <u>is</u> doing our Heavenly Parent's will. The door is wide open now to enter the joyous fellowship of the sons / daughters of God. We have available a beautiful spirit of truth in our soul, and thus, living rightly to self is living a high spiritual and inspirational ideal.

By living true to ourself, true to our feelings, we are living true to God. It's that simple.

People recognise that we have learned how to do the will of our Heavenly Parents. We proclaim this is the kingdom of heaven (the family of heaven if you like): God is Mother and Father, our Heavenly Parents, we are sons and daughters of God, and this great news wholeheartedly believed, is eternal salvation. The Kingdom of Heaven is here and now...... spiritually.

Undoubtedly, the good news is: –

- 1. The Kingdom of Heaven is with us we are truly fully self contained!
- 2. By faith in the parenthood of God, being one soul, our Heavenly Mother and Father, we may enter the Kingdom of Heaven thus being the sons and daughters of our Parents.
- 3. Love is the rule of living within the kingdom supreme devotion to our Heavenly Mother and Father, while striving to love our neighbours as we strive to love ourselves.
- 4. We are not to obey, we are to just enjoy feeling all we feel and expressing and living true to our feelings, even our bad ones. Then do what we feel to do. Nothing more, for that is living true to our soul which is living true to God's Soul, so there is no having to obey. We've all been made to obey our parents, and that's what has screwed us all up. We are to chuck 'obey' out the window! The word obey and being obedient should make us want to scream the house down.
- 5. Our whole Healing is about rejecting and rebelling and expressing ALL our repressed anger about how pissed off we are about being TOLD WHAT TO DO. No one wants to be told what to do, yet for most of us, in one way or another, our whole upbringing was being told what to do. So again put it in the bin, anything that in the vaguest sense sounds like telling someone what to do or how

they should be, unless it's put into context with one's Healing. Because to contradict what is just said, part of all of our Healing will involve in many ways telling people and ourselves what to do. We are saturated by it, all of our patterns are formed around it, so seeing the control through bringing to light all our repressed feelings, does involve working in that control, all so we can see how it works for and against us.

- 6. Mankind is moving out of the age of rebellion and default, into the Spiritual New Age, as each person receives Divine Love, by asking thereof, and doing their soul healing by discovery of the truth of all their feelings.
- 31 January 2018: Earth and the seven associated Mansion Worlds (including the two Earth planes) are **officially** now fully under the control of Celestial spirits. This marks a tangible and real end to the Rebellion and Default.

If we are intent on helping people to understand about the need to do their Healing, then we are not to forsake any problems for a time, we're to work with all the bad feelings they keep bringing up in us, allowing the problem to drive us ever deeper into all that's buried within us that we are refusing to see. Our Healing is full-on when we commit to it.

We are to be very selfish by adhering to our feelings, they <u>are</u> our feelings, we MUST attend to them, and so put them and so ourselves first. It's all still self-control – mind over feelings, and all we want to avoid. The Urantia Book is right in a lot of what it says, however we're all fucked up, and so a lot of what they talk about is an ideal we might attain once we've Healed ourselves, but first, we have to do that Healing. And so to do that Healing, to try and be self-forgetful or to control ourselves, and to live "Parental love" is to show mercy, promote peace, and to endure persecutions throughout all trying situations, to love even unlovely mankind, with parental love transcending brotherly and sisterly affection. Resist negativity at all times, is again fine if you are Celestial, however being as we are, we're not to worry about any of that, not to try to be anything, just to descend into our bad feelings and be as unloving as we feel we really are, having been subjected to parents that were the complete opposite of true parental love. (The Urantia Book was written 1925 – 1935 under the restraints of the Rebellion and Default.)

In conclusion, our mind control is insidious, it's in everything, and it's very hard to see how subtly it works its control over us.

To just keep attuned to our feelings, that is what it's all about. Helping us to rely on them, helping us to keep going back to them, helping us to see that they are what is right and they are not going away; and to make us feel good, it's best to go fully with them and not against them. Which even though we're having to deal with so many bad feelings to begin with, as they clear, then there is nothing more wonderful or as exciting than to live wholly with our feelings first.

What needs to be impressed, and even told to people, is that this is very important and something that will be of great benefit to them – to their heart and soul, and will help them uncover within themselves and for themselves, and all through their own feelings, all the answers they are seeking. So it will be well worth putting in the time on the mind or feeling level.

Feelings First Spirituality The New Way

Feelings First FF Feeling Free

The New Way, Feelings First Spirituality
Learn to live with God through your Feelings

Accept, express and long for the truth of your feelings

Be free in your feelings
Free your feelings from your mind's control
Live true to your feelings; your feelings are your true self
Live true to yourself through your feelings



Live true to yourself by living true to your feelings. Long for the truth of your feelings.

Accept / Express / Bring out ALL of your good, and most importantly, BAD feelings.

Want to understand why you're feeling them.

Use your surface feelings to take you deeper into your repressed and hidden feelings.



The Feeling Way is the True Way. Your feelings are your spiritual guide. Your feelings will take you to God.

Your feelings will show you the truth of your relationships, including your relationship with God; and if anything is wrong, untrue and unloving, then why it is.



Our feelings are sacrosanct and we should respect them accordingly. And we should NEVER block them out, ignore, override, banish, deny or reject them, because if we do, we're only doing that to ourselves, as Our Feelings Are Our Self.

Our feelings are the gateway to our soul. Our feelings are the closest we can get to our soul. Knowing the truth of our feelings is knowing the truth of our soul, and knowing the truth of God.

Feelings First Spirituality is the True path for humanity.

It embraces all people.

It completely unifies the world.

Everyone can relate to everyone else through their feelings.

And we can all live the truth that comes from our feelings, all sharing the same truths as we express and have the same feelings.

No one need be left out; no one is more special than anyone else – we are all united in Truth through our feelings.



So with and through our truth we live our lives, therefore without the need of any man-made mind-laws, rules and restrictions that limit self-expression as inspired by our feelings.

The New Way, Feelings First Spirituality is what is to replace all man-made, mind-contrived religions that so many people have enslaved themselves to. The New Way, Feelings First Spirituality will set us free of all that control, ending the Rebellion and Default within ourselves as we do our Feeling-Healing, and ending such control and spiritual stagnation in the world.

Bring on the End Times – get it over and done with! Let's all see that Jesus is not going to come again, that Prophecy has failed all the mind-controlled platforms. Allow such false systems of belief to die their long-awaited natural death, they've overstayed their welcome, it's now time they fade away. So let us show such antiquated, erroneous systems of belief the exit and bring on the fresh liberation of discovering the truth of how we are to live for ourselves, each of us personally in our lives, and all by looking to our own feelings for it. Self-revelation through our feelings is the way to go.

The Way of the Mind is ending, and is really the End Times – the End of our mind control, and it's about time! With the Way of our Feelings replacing it.

The End Times means the end and therefore a New Beginning. And that new beginning is a whole new Spiritual Age – an age based on self-revelation of truth through one's feelings, coupled with and supported by higher revelations from the Celestial spirits, angels and nature spirits.



The Feelings First Spirituality is the True Way to God because it helps you get to know God, helping you to reach out, connect and be personal with God, and do God's Will, all through your feelings. It is the only true way of getting to know the God of Feelings – our beloved Heavenly Mother and Father, the Great Soul of Divine Love.

Love comes through our feelings and not our mind, as we've all been wrongly led to believe.

Feelings First; then comes The Truth; then comes Love.

LOVE is the Religion of Feelings, being:

Feelings First Spirituality, The New Way





U-TURN for HUMANITY:

Why are we doing a U-Turn?

We are doing a U-Turn **because** the year 2017 heralded the end of the Rebellion and Default. For two hundred thousand years, humanity has been going in the wrong direction.

What is this fundamental step that will change our way of living?

We are to come to understand / know the foundational cause of all our feelings, both good and bad. As we explore and investigate our feelings, each time they arise, one by one, we are to talk them through, express them to a companion or friend or anyone who will listen. As we express them, while at the same time coming to understand how they have come about, we will find that they will be resolved and that they will not come up again.

We will find that all of our feelings / emotions have their foundations from our childhood. And by childhood, that is from the time of one's conception all the way through to about the age of six. It is the repression of our childhood feelings that is the base or foundational cause of each and every one of our adult personality issues, pains, difficulties, illnesses and distressful life experiences.





We have to see the whole truth of our negative or self-denial state, before we can heal it and be free of it.

The vital difference between **emotions** and **feelings** is:

- emotions have their roots in the past,
- feelings relate to the present moment,
- emotions represent feelings not previously expressed,
- and these accumulate over time.

Many emotional clearing processes encourage us to look into our feelings, however, none go so far as to drill down into the core foundation of any emotional feeling to the point that we strive to KNOW the core issue, the origin of the feeling, be it good or bad, and actually come to know what it is!

The *Journey Process* is generally known worldwide. It stops short of longing to know, that is asking for the knowing of the events that brought about such a feeling. Yes, we are to acknowledge the feeling, say being angry. Then accept that behind that anger is the feeling of being small, and then look at the underlying reason of why we are feeling small. What is the truth behind that feeling? Ask our Heavenly Parents what is behind all of this feeling. What is the foundation, the origin of the feeling? All the time talking it out, expressing it, with a friend. The expressing of the experience is the release of the emotion / feeling, this is what removes it for ever from within our essence, our **soul**.

Why ask our Heavenly Parents? I thought God was just God – singular?

This is part of the revealings that have been unfolding for us very recently – that is – since 2002.

We are made in the image of God. This has been understood for centuries, for 2,000 years. Our soul is duplex. Our soul expresses itself through two personalities. One soul 'subdivides' into two, one half always being female and the other half always being male. We are a reflection of how God is. God being one Soul is expressed as Mother and Father. God is two personalities. They are soulmates. And each of us has a soulmate, and our soulmate is always of the opposite sex, because the Mother and Father are the opposite sex.

Thus, when we long for the truth behind a feeling, then we can long to our Heavenly Mother and Father. Only they can tell us. No spirit personality can tell us. No canonised saint can tell us, we may as well ask our next door neighbour. That would be just as productive. Mary and Jesus can't tell us, as they are also spirit personalities.

I was taught that Jesus was God? And what is this about Mary?

Mary of Magdalene and Jesus of Nazareth were both born free from sin. Neither of them are God. They are both children of God, just like you and me.

History needs to be corrected. Both Jesus of Nazareth and Mary of Magdalene became at one (At-One) with our Heavenly Mother and Father during their physical lives here on Earth in the first century; Jesus in the year 26CE and Mary in the year 33CE, or there abouts. Jesus died aged 35 (born 7BC died 29CE), and Mary died aged 47 or 48 (born 2BC died 47CE).

Further, their sojourn on Earth was the completion of their process to become the full Regents of the sector of planets that is referred to as Nebadon. The region within our super-universe that is referred to as Nebadon contains 3.8 million inhabited planets. If you look into the night sky, each star / sun potentially has between none to three inhabited planets within its orbit. Within Nebadon, the soulmate pair, namely Mary and Jesus, are our Spiritual Teachers of Truth. Their domain is all 3.8 million physical planets plus their associated spirit worlds. Each physical world has seven associated spirit worlds, which is the case for Earth being one of the 37 that have rebelled.

Some 200,000 years ago, Lucifer with his soulmate and his deputy, Satan with his soulmate, brought about a rebellion on 37 of the inhabited planets within the region called Satania, one of the local universal systems of Nebadon. Earth compounded the situation through the Default of Adam and Eve about 38,000 years ago. Thus the population of Earth, being in the worst condition through the Rebellion and Default, became the location for Mary and Jesus to have their physical experience to complete their ascendancy to full Regency of the local universal system being Nebadon.

Their lives on Earth was the start of the unravelling of the Rebellion and Default. Upon Jesus becoming At-One with our Mother and Father, he was then vested with the authority and power to have the Lucifers and Satans arrested, and they now reside exiled within a prison world.

Notice that there were no records of Jesus and Mary's teachings and experiences made during their physical life. That was because they did not specifically come here for us, they came for the benefit of all peoples of all planets and spirit worlds throughout Nebadon.

As they are Paradise descending spirits, they have **Spirits of Truth**. Upon Mary and Jesus' death, they released their Spirits of Truth. As spirits, Jesus and Mary are how we will be, once we've finished our Soul Healing. They can only be in one place at any one time. However, it is their Spirits of Truth throughout Nebadon that we can connect with for guidance. It is through their Spirits of Truth that spirit personalities can progress through and out of Nebadon.

Those planets that have Rebelled need further assistance, and they need it on a localised manner. This can only be provided by another bestowal of a **Paradise Pair**, and that is in the form and manner of an **Avonal soulmate pair** who come here specifically for us.

What is the purpose of an Avonal pair, and are they here on Earth?

Unlike Jesus and Mary who were always free from sin and did not experience how to heal themselves, the Avonal pair are to experience all of the extremes of evilness and then proceed to heal themselves. Mary and Jesus through their bestowal on Earth ended the Lucifers spiritual rebellion in Nebadon; the Avonals bestowal is primarily concerned with ending the Default of Adam and Eve by the Avonals themselves personally healing the effects of such a damaging Fall.

The soulmate Avonal pair are to be, and have been, subjected to the extremes of childhood suppression and repression, and then, through their Feeling Healing, are experiencing all the facets of emerging truth as they slowly progress through a protracted and difficult healing process. As they reach specific milestones, this also enables those in the Celestial Heavens, (the three worlds where Celestials reside) to be empowered to assist us in the physical on Earth.

The first considered milestone was the arresting and imprisonment of the Caligastia soulmate pair and the Daligastia soulmate pair. After the arrest of the Lucifers and Satans in the first century, as nothing further occurred, the Caligastias and Daligastias continued on from spirit as if they were kings and queens, suppressing all of humanity and with plans to take over the universe. It was possibly in the early 1990s that they were 'judged' and 'removed'. They were caught unaware that an Avonal bestowal pair were on Earth.

How is all this becoming known? Has Jesus and Mary communicated directly to Earth?

Unlike in the first century, when no records were kept (as the event related to all of Nebadon and it was actually setting the stage for the Avonal bestowal pair to arrive on Earth), every effort to retain records in great detail of this current series of events is now being attended to. Consider this. The New Testament of the Bible is some 300 pages. The records of the Second Coming, which this is, the primary records are possibly 6,000 pages, with direct complementary records increasing that to over 10,000 pages and with all the supplementary records to date, there may be as many as 40,000 pages, certainly well over 30,000 pages of material presently.

Jesus directly communicated through James Padgett from 1914 to 1923. Mary of Magdalene (Mary M) has directly communicated through James Moncrief from 2002 and is ongoing. Jesus has also communicated directly through James Moncrief. Neither have ever directly communicated through any one else, however, some Celestial Spirit personalities have provided information through other

personalities on Earth with the support and approval of Jesus and Mary, thus some confusion, though the quality of the information is very reliable.

You say this is the Second Coming? You say I am living during the time of the Second Coming?

Yes you are. And it's more than that. This is the Second Coming, the End Times and the Handover!

In fulfilment of the prophecy in the first century, the Second Coming commenced on 31 May 1914 through the writings with James Padgett and concluded in 2014 through the writings with James Moncrief.

The End Times are well advanced. Mary and Jesus are well advanced in handing over their direct involvement with Earth to those within the Celestial Heavens. When this is completed, the Handover will also occur. **The Hand Over is to the Avonal Bestowal pair** and it is they who will guide the population on Earth through their Feeling Healing processes for the next 1,000 years, being the next spiritual age. The Handover will take place after the Avonal pair complete their personal Healing of the Rebellion and Default. Then will follow with their Spirits of Truth being officially liberated in alignment with Mary M and Jesus' Spirits of Truth upon their death.

Major events have occurred with the progression of the Avonal pair's Feeling Healing, which they are also doing whilst embracing our Heavenly Parents' Divine Love, thus they are doing their Soul Healing.

Early 1990s: The arrest of the Caligastia and Daligastia soulmate pairs.

22 March 2017: Negative spirit influence was blocked.

31 March 2017: Angel assisted healing will become available upon the Avonal pair completing

their own Feeling Healing, being with Divine Love, thus it being Soul Healing.

22 May 2017: Law of Compensation quickening.

2 December 2017: Psychic Barriers maintaining the Rebellion and Default were cracked.

8 December 2017: Bring on the money to 'house the future of humanity'.

31 January 2018: Earth and the seven associated Mansion Worlds (including the two Earth planes)

are officially now fully under the control of Celestial spirits. This marks a

tangible and real end to the Rebellion and Default.

How does this all fit into our future way of living?

This time, in the history of humanity, is the most exciting time ever experienced.

The whole human race is suffering from repressed childhood and mind control.

Through one's Feeling Healing, and should we embrace our Heavenly Parents' Divine Love, then with their Love we are doing our Soul Healing, and eventually we can live totally in accordance with our soul based feelings and live free from error – no more fear and no more physical illnesses is possible!

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

Our soul is always perfect. In fact, we are the complete package. All that we need to know is within our soul. This knowledge has been denied from us since the time of the Rebellion and compounded by the Default. That is what was brought upon us by the Lucifers and his cohorts. We have always been meant to live true to our soul based feelings but we were taught to embrace our error riddled mind – this was aided by our parents – unknowingly all parents have taught their children to be mind dominant. This is the Great U-Turn. We are to feel and live by our feelings and express our feelings, our mind will follow in support, not the other way around.

"Many people look for a person, spirit, angel, even God, for supreme guidance, however it's all right there already built in – in our feelings. **Feelings** guide us through our **ascension of truth**. So they are really our Supreme Guides. We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it's there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feelings is really: **Longing for the truth of our self, because: we are our feelings**. So life stirs up our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings."

Kevin of the 1st Celestial Heaven 26 September 2017

(Kevin Cooper died 10 August 2012, through Feeling Healing became Celestial on 7 August 2017.)

It is through the assistance of the Spirits of Truth of the Avonal Pair, upon the completion of their Soul Healing, that we will be guided through our Feeling Healing process, and should we embrace our Mother and Father's Divine Love, then our Soul Healing.

Then should we embrace Mary and Jesus as our Spiritual Teachers of Truth, their Spirits of Truth will lead us on the path through the Celestial Heavens where we will certainly meet up with our soulmate and join our soulgroup, which will eventually consist of twelve soulmate pairs. Then as a soulgroup, the Spirits of Truth of Mary and Jesus will lead us up through and out of Nebadon towards Paradise.

It is then our Mother and Father in Paradise who draw us to them and we will eventually meet our Heavenly Parents.

Meanwhile, while we live on Earth, we will have assistance and guidance previously denied to us throughout the era of the Rebellion and Default. Under the Contract controlling and managing the Rebellion and Default, the powers and capabilities of our Celestial Heaven spirit personalities, all three worlds of them, were heavily restricted and almost of no assistance to us at all. Further, Nature Spirits and our Angels were heavily denied contact with us physical people because of the Rebellion and Default, all of which is soon to change, so we can look directly to them for help concerning healing ourselves and understanding all aspects of nature.

As we embrace our Feeling Healing, Celestial spirits will and can greatly assist us. In fact, during the year of 2017 they have blocked all mind spirits from the Natural Love Mansion Worlds: 1, 2, 4 and 6 from interfering with us. Celestials have taken control of all facets of living and life on Earth. Celestials are those spirits who have completed their Feeling Healing and progressed through Divine Love Mansion Worlds 3, 5 and 7 and now live in the higher Celestial Heavens, 1, 2 and 3 (when we

become At One with our Heavenly Parents then we leave the Mansion Worlds and progress through the next three spheres related to Earth, hence the Celestial Heavens are also referred to as being numbered 8, 9 and 10).

The Nature Spirits of Earth, who live in the third Earth plane, can now directly interact with those who are embracing their Feeling Healing. Nature Spirits are essentially 'angels in waiting'. They have been on Earth prior to anything that we now see living in nature. When they first started to arrive, there was no life in the seas or on land. They have consequently witnessed everything that has happened on Earth, including all prior human civilisations that we continue to largely remain ignorant of. Their knowledge and assistance is of great importance to us. We are to interact with them on an ever increasing scale. They are to become an



invaluable source of information for us concerning how we are best to live with nature.

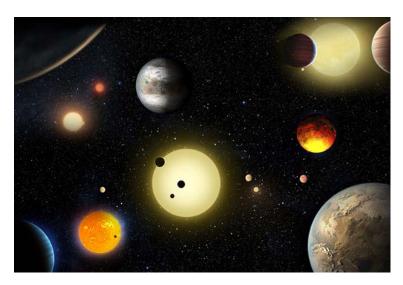
Further, we may become more aware of our **Indwelling Spirit**, which arrives for each of us during our sixth year, as we now progress with our Feeling Healing, or with Divine Love, our Soul Healing.

And all of this is possible as we embrace our Feeling Healing process, acknowledge and accept the Avonal pair, acknowledge and accept our Spiritual Teachers of Truth, namely Mary and Jesus, and more importantly, grow to love our Heavenly Parents, our true Mother and Father.

We do not need intermediaries, rituals, liturgy, dogmas, creeds, fancy clothing, or institutions. It is our soul based feelings and expressions that we may exchange directly with our Heavenly Parents. Groups may form to assist each other, and that is our choice and within our free will.

This is the greatest event in the history of humanity.

This is the Great U-Turn that humanity will embrace throughout the next 1,000 years. MoC 1,480



WE ARRIVE DETUNED!

Our souls are a divine creation of our Heavenly Mother and Father. They could not be any other way! And are designed (such as how it has been for us) to begin incarnation in a Natural love condition reflecting the Natural love state of our world.

And we have also been provided with the opportunity to experience what is being 'evil', to live denying our Natural love, as seen through the denial of many of our feelings. So we here on planet Earth live on a world that has Rebelled (and then also Defaulted), of which there are



only 37 within the local universe of Nebadon, consisting of 3.8 million physical worlds under the regency of Mary Magdalene and Jesus – the spiritual parents of truth of all of Nebadon! And we assassinated Jesus, and completely denied Mary not allowing her to have her say about the truth.

As a consequence, we are 'detuned' from our Natural love state and divine origin. You could say we arrived with all parts functional, however, in our untrue, dysfunctional and distorted state, we're badly in need of a severe service, tune up or a complete reconditioning. Our goal being to bring our true self to the fore by doing our Feeling Healing, and then to progress beyond our Natural love state by further advancing our soul condition through the process of Soul Healing and receiving our Parents' Divine Love – becoming divine.



In our feeling- and truth-denying untrue Natural love state, we have been made to use our minds to dominate our feelings, becoming more like that of mind-based creatures of nature than of human souls of truth and feelings. And this is the wrong way for us to develop. So to step beyond this limitation, we are to live true to our feelings. Our heartfelt feelings being the guiding lights to our evolution and growth of truth.

Feelings are what guide us through our ascension of truth. So they are really our Supreme Guides. Many people look for a person, spirit, angel, even God, for supreme guidance, however it's all right there already built in and can be found through our feelings – our soul based feelings.

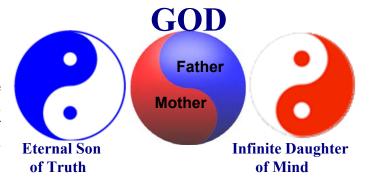
By living true to our self, true to our feelings, we are living true to God. It's that simple.

Thus we are detuned once our incarnation begins. However, the way is now open for us to bring about our full divinity. To completely Heal all that's wrong within us on a Natural love level. To embrace and then transform that Natural love into a divine state through partaking of our Heavenly Parents' Divine Love. All the while attuning ourselves to divine perfection and enjoying the fullness of our divinity and love, as we ascend in truth on our journey all the way to Paradise – the home of our Heavenly Parents.



WE were DIVINE, and WE are to BECOME DIVINE AGAIN:

Our personality, our soul, our real self, are all creations of our Heavenly Parents. We, our real selves, are not creations of our physical parents. Within our original status, we were of Divine nature.



Our physical parents, from our conception, endeavour to mould us into being 'little me's', that is, replicas of themselves, imposing their beliefs and personality traits upon each of us. They crush our individuality and free will. They destroy our personality, our true self. They inflict upon each of us their ways, all of which are of a result of the Rebellion and Default of many, many generations ago. They drive us into believing and subsequently becoming dependant upon our minds. This is not the way for us to express our true selves and evolve along the path towards our true parents, our Heavenly Mother and Father. We are to embrace the Eternal Son of Truth, not the Infinite Daughter of Mind.



No, we are not in the image of our physical parents. Though we may look like them, and act like them because they have dramatically and successfully crushed our true personality, we are each very unique and independent of our parents and all other family members. When we begin to progress along the path of engaging with our soul based feelings and seek for the Truth of our feelings, we will become free of our parents' impositions and suppression.



Upon starting our physical life experience on Earth, our divinely created soul begins to express us as one of our soul's two personalities in Natural love. However because of Earth being in Rebellion, so we are parented into a rebellious and anti truth and anti love state of mind control over our feelings and true self.



Natural love is good, just 'less' or different to Divine Love. And it's that in our rebellious state, we're rebelling against Natural love, and Divine Love by not taking Jesus and Mary up on their offer and allowing the Divine Love to transform our soul, as we perfect our Natural love by doing our Healing.

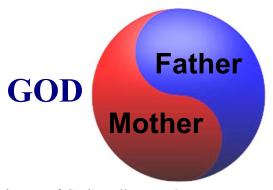
By living true to our self, true to our feelings, we are living true to God. It's that simple. The revealing of the Feeling Healing process is the commencement of our ability to begin the Great U-Turn and go the right way. Should we then also embrace our Heavenly Parents' Divine Love, we can also commence our Soul Healing and a returning to that of being divine – this is our destiny.



Negative Spirit Influence blocked 22 March 2017 Law of Compensation quickening 22 May 2017



CREATED in THEIR IMAGE:



James: Mary, what does 'we being created in the image of God' really mean?

Mary M: It means that our Mother and Father used Themselves as the model or template if you like, upon which to bring us into being, those of us who have existential souls with the potential of expressing their two personalities in Creation.

And although our souls are divine, as in being divinely created, still whilst we start our personality expression in Natural love, so we need the Divine Love to come into our soul and bring it into the levels of Celestial divinity.

Natural love, so basically the whole of Creation, is of the image of God, and we being divinely created souls can be part of God's Divinity becoming divine ourselves. So through your Healing, James, you become progressively divine by partaking of the Divine Love and healing yourself into perfection – your true self. And by the time you've completed your Healing, your soul is of the Divine Love level of Celestial truth, and your personality is an expression of that level of truth, it all being 'confirmed' and cemented – fused – into place upon the direct soul-union with your Indwelling Spirit. Then you are of the essence of God, true and perfect to the level of the first Celestial sphere, the first sphere of true divinity.

Mary Magdalene communicating with James 20 November 2017





WE ALL ARE BEING GUIDED HOME:

We need the Spirits of Truth of the Avonal Pair to Heal ourselves; then once Healed, (and for support (overshadowing) as well through your Healing), we need the Creator Pair, Mary Magdalene and Jesus' Spirits of Truth to see us through the Celestial spheres, while at all times embracing our Heavenly Mother and Father.

Until Mary and Jesus died and liberated their Spirits of Truth, no one from any of the worlds could leave Nebadon, because no one knew the way to do so. Nebadon is our local universe containing some 3.8 million inhabited physical worlds and their associated spirit worlds.

When we embrace the truths Mary and Jesus are revealing, and start to do our Feeling Healing, or with Divine Love, Soul Healing, we are then freeing ourselves up from our parental and self control.

Thus our journey to Paradise, to the home of our Heavenly Parents, is of our choosing as to when we progress, however, there is only one way:

HUM: Humanity is to ascend. We are self contained. Our soul is always in truth and perfect at all times. By living true to ourself, true to our feelings, we are living true to God. It's that simple.

We are to recognise that being engaged and dominated by our mind is the wrong way for us to evolve and grow in truth. We are to discard the mind enslavement that has been imposed upon as by all of our parents. We are to express our feelings, both good and bad and free ourselves of the indoctrination that humanity has embraced worldwide.

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of our Mother and Father.

AVO: We are to embrace the truths and guidance of the Avonal Pair through their Spirits of Truth. It is the Avonal Pair's guidance that will lead us through our Feeling Healing, and with Divine Love, we will be able to ascend through the 7 spirit Mansion Worlds and enter the Celestial Heavens where we also interact with other world's spirits.

J&M: We are also to embrace the truths and guidance of the Paradise Pair, Mary and Jesus, who will then lead us through the 3 Celestial Heavens that are aligned with Earth, and then further on through Nebadon where we will then depart beyond on towards Paradise.

M&F: Beyond the universal zone of Nebadon, we will be guided by our Heavenly Mother and Father onwards through the universes to Paradise where we will be welcomed by them, home for us all, as we are all Children of God.



M&F



J&M



AVO



WE ALL ARE BEING GUIDED HOME - NOW, HOW TO COMMENCE THE JOURNEY:



M&F

For 200,000 years, we have been misled into embracing our mind's distortion of wisdom and truth. All such traditional understandings only lead us in the wrong direction, from which we must turn back from. Our soul based feelings are always in truth. Our minds are to follow our soul based truths and feelings, not the other way round, as we have been brought up to embrace.

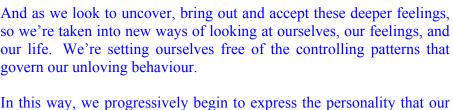
We are to connect with our deeper repressed feelings. We are to long for the truth of what we are feeling. We are to live true to our selves; by living true to our feelings.

Use your surface day-to-day feelings to connect with your deeper repressed feelings. Express your surface feelings and your deeper repressed feelings to uncover the truth of yourself.



J&M

We all have feelings which we communicate and share with each other. And we all have deeper buried and hidden repressed feelings. Feelings from our early childhood we felt, yet weren't allowed to express. These feelings are still within us, waiting to have their say. These feelings, because they are repressed, cause us all our problems.





Heavenly Mother and Father gave us, not the one imposed upon us by our physical parents and carers. We are to be our true and real selves.

By living true to ourself, true to our feelings, we are living true to God. It's that simple.



HOM

As we, humanity, long for the truth of our feelings, we can also be assisted by the Spirits of Truth of the Avonal Pair who are our spiritual teachers for Earth over this coming 1,000 years, to assist us through the Great U-Turn, away from mind dominance to being soul based feeling lead. They will assist us through the seven levels of the spirit Mansion Worlds.

Then the Creator Pair, Jesus and Mary, will lead us through Nebadon and into the greater universe. Then our Heavenly Mother and Father lead us home to Paradise.



Collectively, should we embrace them all, as we are to, then our pathway home is a journey in the hands of the Spirits of Truth of the Avonal and Paradise Pairs overseen by our Heavenly Parents.

The Key

HOW TO GET TO PARADISE:

Long for the Divine Love

Long for the Truth

Long for the truth of your feelings

Don't deny any feelings: accept, express and want to know the truth of them

Know your feelings are the key; your feelings are the Way

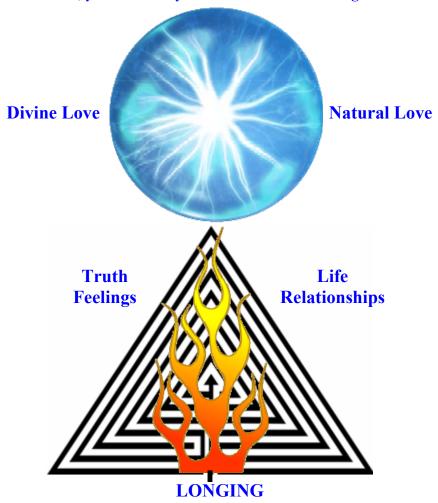
Want to end your falseness and being untrue

Want to understand the truth of your early life

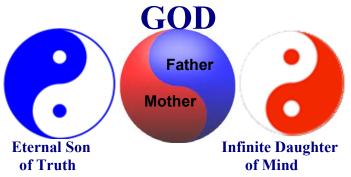
Use your surface feelings to move deeper into yourself, bringing up your repressed feelings

Want and long to know the whole truth of yourself

Want to do it all with God, your Heavenly Mother and Father – long to Them for help.



Our longing drives our life. We long with feelings. We can wish for things using our mind, yet long for things with our heart. These things in the pyramid are what to long for. Longing for them, when the longing comes naturally. Longing because you feel you really want them. Long to be true with all your heart. Long to live true to your feelings. Long to understand the whole truth of yourself.



PARADISE TRINITY:

1. Our MOTHER and FATHER (God) (MF) – Divine Love

SOUL (God) – One SOUL that is expressing its two PERSONALITIES, our Heavenly Mother and Heavenly Father (Soulmates)

2. ETERNAL SON

(ES) – Divine Truth

3. INFINITE DAUGHTER

(ID) – Divine Mind

- the Living Truth

Then: The Second and Third Persons of the Paradise Trinity (ES and ID) are stepped down to the local universe trinity (Mary and Jesus, Divine Minister (DM), and her Holy Spirit.

The LOCAL UNIVERSE TRINITY: Our MOTHER and FATHER – Love

1. MARY M and JESUS

2. DIVINE MINISTER – Mind (and her Holy Spirit)

3. HUMANITY - Natural love, sons and Daughters - Truth, and our Angels - Mind

PLANETS that engage in REBELLION:

1. AVONAL SOULMATE PAIR — the Feeling Healing process – incarnate

2. DAYNAL – TEACHER PAIRS – they do not incarnate

So in summary: LOVE

Mother and Father TRUTH

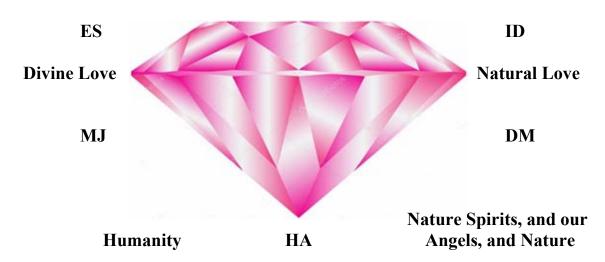
Eternal Son (ES) Mary & Jesus (MJ)

Humanity (H)

Infinite Daughter (ID)
Divine Minister and Holy Spirit (DM)
Angels, Nature Spirits, Nature (A)

MIND

Consider a diamond: MF



Mother and Father Heavenly Parents

Creator Son & Daughter Jesus and Mary

Avonals as soulmate pairs

Trinity Teachers as soulmate pairs

Melchizedeks – who have taken over from the Caligastians and Daligastians being also all as soulmate pairs.

Mortal Souls – human beings who individualise on Earth, then progress through the spirit Mansion Worlds, then into the Celestial Heavens, and beyond.

Mortal Souls – also being ascending spirits, upon completing their Soul Healing, join with their soulmate, then join their soul group of 24 mortal spirits, being 12 soul pairs. It is only as a soulgroup that anyone can progress beyond Nebadon.

The Paradise Pairs are all ONLY concerned with the SPIRITUAL wellbeing and upliftment of the planets and local universe. Currently to do with Earth:

Mary and Jesus – spiritual wellbeing and upliftment of the whole of Nebadon region.

Avonal Pair – Daynal pairs (Trinity Teacher Daughters and Sons) – Spiritual wellbeing and upliftment of individual planets and their associated Mansion Worlds.

The Local universal Sons and Daughters are all about the running of the worlds under their jurisdiction, and ensuring the higher spiritual elements can be employed, or sent astray, as in our case through the Rebellion and Default.

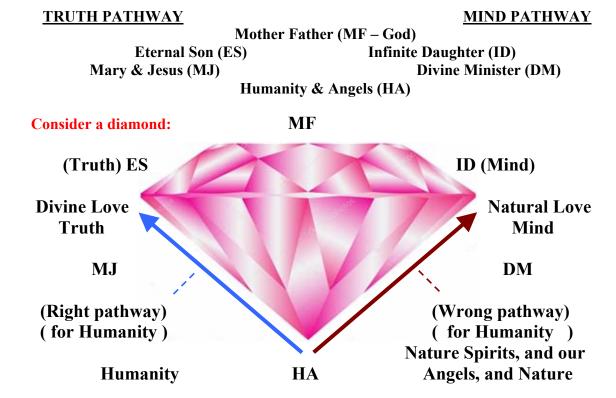
Lanonandeks – Melchizedeks (and others, such as Life Carriers and Eve and Adam).

As the Lanonandeks all rebelled – the Lucifers, Satans, Caligastias and Daligastias soulmate pairs – so the Melchizedeks have taken over their roles, as well as doing their own.

So the Melchizedeks are the governors, overseers, the administrators and advisors and so on for Earth; they are the 'controllers', and they will instigate all that needs to be done to do with the ending of the Rebellion and Default. And they will enlist the willing help of ascending mortal pairs, so the mortal Celestials spirits (soulmates when available, and others waiting to unite with their partner), and at times mortal spirits in the Divine Love Healing Mansion Worlds. And the angels help all of us.

Currently the whole of Creation exists for the ascension of mortal souls from their earth planets to Paradise. It's all one vast Grand Ascension Scheme. With all the higher and lower spiritual Daughters and Sons, together with all the many different angels and other universal spirit personalities, and even including nature and our very own pets, assisting women and men with their Ascension Journey. It being: and Ascension of Truth. Everything we do is done to help us grow in truth. (Only everything we do in our negative state is to deny ourselves our truth from our feelings, which is why we have to do our Healing.) All women and men are ascending (or growing) in truth through their experiences. And as we grow in truth by looking to our feelings to show us that truth, so we're ascending, moving inwards and upwards through all the worlds and spheres of the Grand Universe to one day arrive on Paradise and meet our Heavenly Parents. God is providing us, Their children, with this spiritual journey called our Ascension of Truth. And by living true to our feelings, so we are progressing on our true Spiritual Path – our Ascension Path.

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.



Humanity is to pursue the pathway for Truth through one's soul based feelings, this is the right pathway. However, humanity commences its journey founded on natural love, which we now know is to be perfected through one's Feeling Healing process and then made divine through asking for and receiving our Heavenly Parents' Divine Love.

For 200,000 years, **humanity** has pursued the pathway of the Mind, being that of the brain, this is the wrong pathway. The Mind is the pathway for Angels and that of all of Nature.

Father Mother Infinite Daughter of Truth Mother of Mind







CREATION of SOUL and SPIRIT:

God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one's feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth

The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves enabling the union with our soulmate, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.

The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective

Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.

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Golden Rule: that one must always honour another's will as one honours one's own.



ALWAYS BE TRUE TO YOUR FEELINGS

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