PASCAS CARE KIDS of the World





"Peace And Spirit Creating Alternative Solutions"

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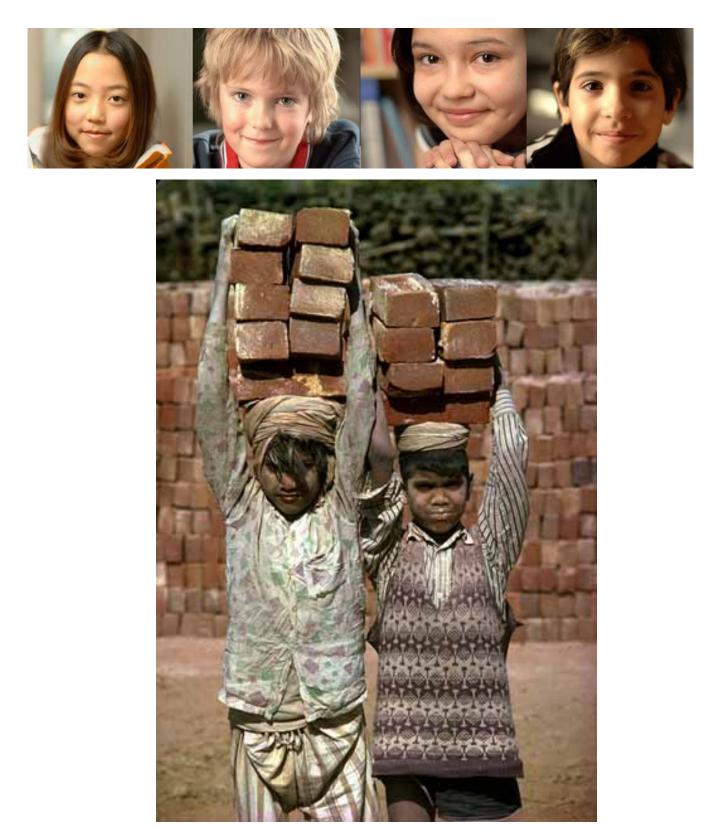
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We offer all contents in love and with the fullness of grace, which is intended to flow to readers who join us upon this fascinating journey throughout this incredible changing era we are all experiencing.

Living Feelings First, John.

"Never can one man do more for another man than by making it known of the availability of the Feeling Healing process and Divine Love." JD





Golden Rule: that one must always honour another's will as one honours one's own.

FINDING SOLUTIONS for CHILD SLAVERY:

This is based on the Restavek situation in Haiti. It is neither new or a simple issue. A restavek (comes from the phrase 'to stay with') is a child who is sent from one family to live with another family. Considering Haiti's history as the only people to lead a successful slave rebellion for independence, discussing restaveks can be a sensitive issue.

The flow of children is almost always rural-urban or urban-urban, as the family is told that the child will receive education and support in exchange for their work. Though this arrangement is sometimes honoured, it often is not. Further, restaveks are most frequently girls, and are vulnerable to gender based violence. Having growing up in Haiti, I've always realized that it was unfair for a child to have an adult job. For some, having a "restavek" at home is convenient because of the limitations of Haitian infrastructure – lack of direct source of water, washing machine, electric stove or other modern technologies.

We should note that, almost always, the restavek comes from a large family. Perhaps one of the most effective ways to counter the restavek phenomena is to ensure that families have the information and family planning commodities they need to have only as many children as they want. In a mostly rural country with an economy still based on agriculture, it is a challenge – but it has been done elsewhere and can be done in Haiti as well.

Sometimes the family concerned takes the initiative to help a child. This particular child often does not have any relationship with the family in the city. In this case, this child is considered as adopted or fostered. The family will help with the basic needs and also with schooling. In return, the child will help in the household chores such as cleaning the dishes, cleaning up the house, going to the grocery. The same family can have one or many servants in addition to the fostered child.

Other families are in a financial struggle and may only wish to have a child to help them at home. In this situation, the child may be treated just like an adult or worse with some abusive conditions: lack of food or clothes, in some situations there is sexual and physical abuse, which reflects a disregard for human rights, which should apply to all regardless of gender, class, and social status.

Perhaps the process can be brought of the shadows by legalizing and regulating the process. First we need to ask who is the intermediary between the child 's parents and the "fostering" family? It is usually another family member or friend, living in the city who thinks that they can improve the child's condition by convincing his/her parents to let him/her go to the city. Is there anyone else involved in the recruitment? The family in the city who would like to find someone who will work for free in exchange for foods and home pays some recruiters.

So what can be done, short and long term?

1) <u>Long Term</u>: The obvious first step is to improve the local economy, particularly in the rural areas. This means re-energizing the agricultural sector. Children are less likely to have to leave their families if the family can meet its own basic needs.

2) <u>Long Term</u>: The second step concerns education, which improves the relationship of the individual to society. Education rarely does, but should, include training on human rights – what they are, why they are important, and how they relate to the individual, the community, and the world as a whole.

3) <u>Medium Term</u>: The local governments need to create a supervised foster agency to monitor, regulate and respond to any abuses. Children under a certain age (16years for example) should not be allowed to perform adults' works. Children should know they have legal rights and someone to go to in the event of any type of abuse. This sort of abuse is a blemish on most region's proud history – the government can show it is serious about addressing it by creating this agency, which could be included within the umbrella of another Ministry but will need a champion at high levels to succeed.

4) <u>Short Term</u>: Legal adoption remains an option. Government or private agencies should investigate the families before having a child adopted. Living conditions should be taken into account.

5) <u>Short Term</u>: The name "restavek" should be changed. In Kreyol, "restavek" doesn't give any sense of responsibility. Otherwise, the name itself is abusive. A tentative replacement should be "protégé" or "adopté", which better acknowledges the inherent rights of the individual.



NOT THEIR CHILDREN



Strive to love others as I am to love myself

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.

Why Mercy Homes are essential in India?

Mercy Home is a unique ministry to save the lost and orphan kids in the world. They are the next generation. We have to do something to assist these children. Let us look into the condition of the children in India

The situation of the children in India

- > 40% of India's population is below the age of 18 years
- > About 60 million Indian children under the age of 6 live below the poverty line.
- > Children from 100 million families live without water at home.
- > Children from 150 million families live in households without electricity.
- > Less than half of India's children between the age 6 and 14 go to school.
- » A little over one-third of all children who enrol in grade one reach grade eight.
- » One in every ten children is disabled in India.
- > 95 in every 1,000 children born in India do not see their fifth birthday
- » 70 in every 1,000 children born in India, do not see their first birthday
- » Only 38% of India's children below the age of 2 years are immunized
- > 74% of India's children below the age of 3 months are anaemic
- » More than one in three women in India and over 60% of children in India are anaemic
- » Acute respiratory infections causes of child mortality (30%) followed by diarrhoea (20%)
- One in every 100 children in India between age group of 0-14 years suffers from acute respiratory infection
- » Almost one in every five children in India below the age of 14 suffers from diarrhoea
- 30-40% of the India's population, which is largely economically deprived, spends over 70% of their total expenditure on food.
- » Amongst married women in India today, 75% were under age at the time of their marriages
- While one in every five adolescent boys is malnourished, one in every two girls in India is undernourished
- > 23% of India's children are underweight at birth
- S8% of India's children below the age of 2 years are not fully vaccinated. And 24% of these children do not receive any form of vaccination
- » More that 50% of India's children are malnourished

The Girl Child

In addition to the deaths of infants and children due to malnourishment and disease, innumerable and unrecorded numbers of **girl** children are killed within hours of being born while many others are killed in the womb itself. Patriarchal norms, low status of women and preference for male children are the primary reasons that threaten survival of female children in India. The alarming fact is that female infanticide or foetuses has increased over the past few decades. While in 1960 there were 976 girls born for every 1000 boys, in 2001, there are only 927 girls for every 1000 boys.

- > 1 out of every 6 girls does not live to see her 15th birthday
- » Of the 12 million girls born in India, 1 million do not see their first birthday
- > Of the 12 million girls born in India, 3 million do not see their fifteenth birthday, and a million of them are unable to survive even their first birthday
- » One-third of these deaths take place at birth
- » Every sixth girl child's death is due to gender discrimination
- > Females are victimized far more than males during childhood
- > 1 out of every 10 women reported some kind of child sexual abuse during childhood, chiefly by known persons
- > 1 out of 4 girls is sexually abused before the age of 4
- > 19% are abused between the ages of 4 and 8
- > 28% are abused between the ages of 8 and 12
- **>** 35% are abused between the ages of 12 and 16
- » 3 million more girls than boys die every year
- » Female mortality exceeds male mortality in 224 out of 402 districts in India
- Death rate among girls below the age of 4 years is higher than that of boys. Even if she escapes infanticide or feticide, a girl child is less likely to receive immunization, nutrition or medical treatment compared to a male child
- > 53% of girls in the age group of 5 to 9 years are illiterate
- Every year 27,006,000 children under 5 years die in India. And the deaths of girl children are higher than those of male children

Child Labour: Children are often treated as the "property" of the very adults who are supposed to take care for them, being ordered around, threatened, coerced, and silenced, with complete disregard of them as "persons" with rights and freedoms.

- > 17 million children in India work as per official estimates
- > They work for 12 15 hours a day and earn less than Rs.3 per day.
- > They work with explosives, metals, and poisonous gases from the age of 3 4 years.
- > A study found that children were sent to work by compulsion and not by choice, mostly by parents, but with recruiter playing a crucial role in influencing decision

- > When working outside the family, children put in an average of 21 hours of labour per week
- » 19% of children employed work as domestic help
- » 90% working children are in rural India
- » 85% of working children are in the unorganized sectors
- > 80% of child labour is engaged in agricultural work
- » 25% of the victims of commercial sexual exploitation in India are below 18 years of age
- Millions of children work to help their families because the adults do not have appropriate employment and income thus forfeiting schooling and opportunities to play and rest.
- > Children also work because there is demand for cheap labour. High incidence of child labour is a result of high incidence of adult unemployment.
- Large numbers of children work simply because there is no alternative since, they do not have access to good quality schools
- Poor and bonded families often "sell" their children to contractors who promise lucrative jobs in the cities and the children end up being employed in brothels, hotels and domestic work. Many run away and find a life on the streets

All children have the right to be protected from work that interferes with their normal growth and development. Abandoned children, children without families and disabled children need special care and protection.

Child commercial sex workers:

- There are approximately 2 million child commercial sex workers between the age of 5 and 15 years and about 3.3 million between 15 and 18 years
- > They form 40% of the total population of commercial sex workers in India
- > 80% of these are found in the 5 metros
- > 71% of them are illiterate
- > 500,000 children are forced into this trade every year

Mentally/ physically challenged children:

- > 3% of India's children are mentally / physically challenged
- 20 out of every 1000 rural children are mentally/physically challenged, compared to 16 out of every 1000 urban children
- » Mentally/physically challenged girls are at a particular risk to violence and abuse



Mercy Homes

It was an awesome experience that pastor Daniel had on September 14th 2000. He spoke to the Creator very clearly to take an adventurous step to redeem the children in India who are thrown into the streets everyday leading them gradually into slavery, prostitution and death. According to the census, more than 100,000 children are aborted every year because of the major reason that the parents couldn't feed the newborns due to poverty. Thousands of children are killed and sold to sex trade and slavery because of debt and poverty. Millions of children are dying due to malnutrition and sickness. Millions still live in darkness and deception of Satan and witchcraft; as they are illiterates and ignorant. Creator's answer to these problems as revealed to Pastor Daniel is "**Mercy Home**."



Mercy Home is a project to minister to the needs of the under- privileged and uneducated orphans and the poor children. Mercy Home is the place where these children are offered proper care, good food, education, shelter and spiritual upbringing. This is not at all an orphanage but a home concept where children grow in love, peace and responsibility.

Ten children are brought up in a home under the committed spiritual family (parents). The ministry meets all their physical and spiritual needs. The result of this endeavour is a generation of faithful, responsible and Creator-loving men and women.

An invitation for partnership to save the children in India. Through Mercy Homes.

Since 2001 Voice of Gospel has planted more than 60 Mercy Homes for the poor and destitute in India.

Compared to the needs in India it is nothing.

India is the home to the largest number of hungry people in the world. 233million hungry people live in India. There are 100,000,000 child labourers in India. The average income they make is less than US\$5. In September 2000 while Pastor Daniel was in Boston MA, Daniel received a vision to take care of the children in India and world. The vision goes as follows: I saw trucks filled with the dead bodies of the children are being dumped into a pond. There were newborns and aborted kids from all nations. I saw one after another truck coming and unloading them into this pond. The conversation was as follows:

These are my next generation church. These are my apostles, prophets, priests, evangelists, pastors, teachers, missionaries, statesmen, and diplomats. There is no one to care them and love them. I want you to save them and love them and raise them. I asked," Lord how is this possible" The Lord said I will give you people and resources to open Mercy Homes. Take ten kids in to a home and put them under a pastor or spiritual family and let them raise these children with responsibility and care. You support them for their food and education. I agreed.

Mercy Homes

Mercy homes are not orphanages. It is a home concept where kids grow in the personal attention of the pastor and his wife. There will be ten kids in every home. Pastor and his wife will be the parents of these kids and take care of every matter. The kids help each other to grow in love. The kids work together and grow with a role model in their life. The pastor will be supported with enough money to raise the kids. The kids can study as much as they can and will be trained in a trade like welding, carpentry, tailoring, refrigeration, plumbing, mason work, electrical works, automobile mechanism, cycle repairing and two wheeler mechanism, computer education. Those who want to do higher education in universities will also be helped for that. They leave the mercy Home only when they are independent or married.



RCV Mercy Home ,Tamilandu.



Ann Alvin Amy Mercy Home, Padavarad.



Kingdom Mercy Home, Tamilnadu.



The Tabernacle Mercy Home ,Kozhuvalore

Sponsor a Mercy Homes

Mode of Operation

- » Dedicated couples are selected through interviews and two days training are given to them
- Suitable places are rented or leased for the home where there are schools; running water and other transportation facilities are available.
- children are selected from .A. orphans. B. Half-orphans C. Destitute D. Abused and abandoned F. below the poverty line back ground.
- » Rs 550 (US\$20) is paid every month for the food of every child
- » School Uniforms and other dresses are also provided
- » School books and other medical bills are also paid.
- > Where ever a building to be built it should be 1,600 sq.feet.
- > If the building is sponsored it will be named after the sponsors Name.
- >> Bi weekly / monthly report on the finances has to be given to the office.
- » Monthly inspection on the cleanliness and education will be conducted.
- > Monthly medical check ups will be done and the reports have to be maintained.
- » Local church should be involved in this project.
- » Local community should also be involved in this project.

Financial commitment

» Utensils for the Home Rs 10000.00 [one time] \$250
» Rent for the Building Rs 3000.00/4000.00 [per month] \$75 to 100
» Pastor's Allowance Rs 2000.00[per month] \$50
» Food for 10 the kids Rs 600 x10 =6000.00[per month]

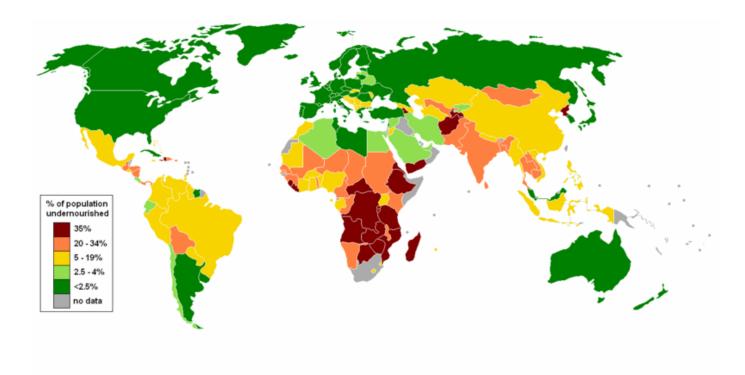
Total per month Rs 10000.00 \$ 250[US]\$ 300 [CD]

Building cost

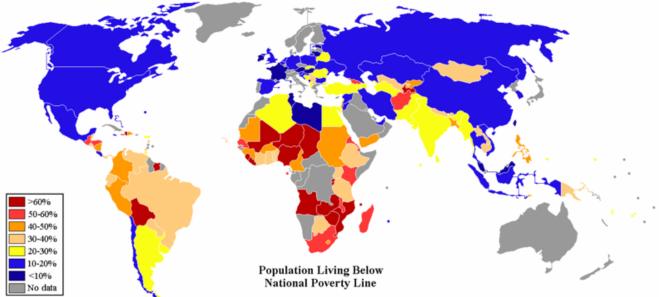
Area needed 1600 sq.feet » cost of construction Rs. 900 per Sq.feet » cost for 1600 sq.feet 1600x900=1440000.00 » Toilets , wash rooms and well Rs 50000.00 » Plumbing Rs 20000.00 Total cost Rs1510000.00 =US\$ 38,700/ CD\$ 38,700/

Land needed for the home 1/10th of an acre and cost varies from place to place

<u>POPULATION % UNDERNOURISHED</u>:

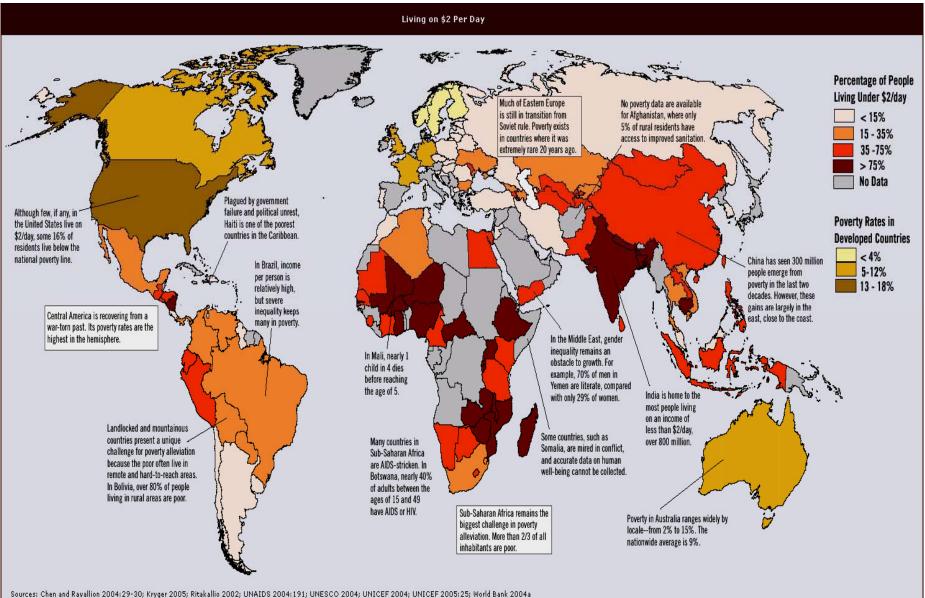


POPULATION % BELOW POVERTY LINE:

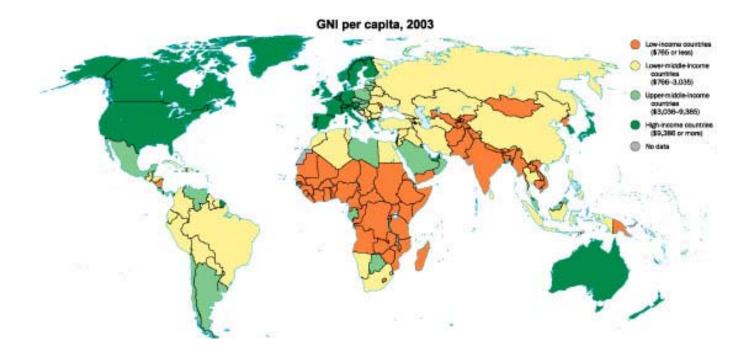


Source: CIA World Fartbook 2008

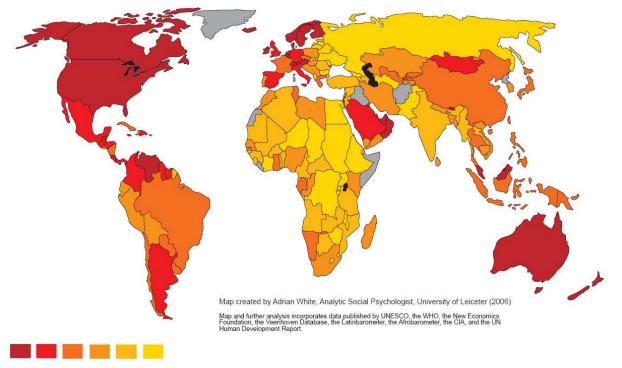
US\$2 per DAY:



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A Global Projection of Subjective Well-being: The First Published Map of World Happiness



Happy ----- Average ----- Unhappy

Cartographic Unit • University of Leicester

ERADICATING CHILD SLAVERY in WEST AFRICA:

Priorities emerging from our work in Ghana

By: Ginny Baumann

Free the Slaves was first alerted to child slavery in fishing at Lake Volta, Ghana in 2003, when its representative visited one of the affected areas alongside the Association of People for Practical Life Education (APPLE).

Following its research on the children's condition, APPLE had begun rescuing the children and arranging their return to parents in home areas. Since 2005, Free the Slaves has partnered with APPLE to expand their program, especially adding dimensions of community sensitization through traditional village leaders; placing Coordinators in worst-affected villages to lead the outreach and to help with resettlement; and improving the economic situation of parents, so that children will not be re-trafficked.

While this program has shown good results, APPLE and FTS are concerned that the overall problem has barely been touched. APPLE estimates that several thousand children are still held in slavery, and the combination of abuse and neglect of the children has appalled and deeply disturbed every individual and agency that has become involved. For example, the medical reports for the group of 30 children rescued by APPLE in May 2007 showed that 14 of them were suffering serious illnesses, urgently needing treatment – illnesses that would have gone untreated if they had not been rescued. The illnesses and symptoms included malaria, skin infections, blood in urine, boils on the neck and abdominal wall, chest infections, stomach pain and vomiting.

All were immediately treated and most have fully recovered, though the effects of their malnutrition are more long-term. These treatable yet entirely neglected illnesses, are a typical sign of the life experience of these girls and boys, aged between 6 to 16 years.

Their parents, struggling to feed their families, pass the children into the hands of extended family members or acquaintances, hoping they will have a better chance somewhere else. Parents are typically paid around US\$50 – US\$100 in so-called advanced wages for the child, depending on the child's age. Sometimes they receive further small payments, but mostly not. These buyers then traffic the children into slavery in fishing, hundreds of miles away, where the catches of fish are growing more and more meagre, and the size of fish caught in fine mesh nets call for tiny hands and free labour. Many of the present slaveholders have been child slaves themselves in the past, they hold just a few children each, and are barely making a living. However, there is also some evidence that in the more remote islands there are lucrative operations holding large numbers of children in slavery.

Many of the girls are put to work as domestic slaves or processing the fish on land. The boys are used on the boats to haul in the nets, remove the fish, and dive deep in the lake to disentangle the nets from tree stumps.

The children rescued by APPLE describe how the fishing often takes place from very early in the morning for 10 - 12 hour stretches. They describe their fear of drowning – a well-founded fear, as there have been cases of children's bodies washing up on the shores.

September 2007

www.freetheslaves.net

Lessons learned and the search for solutions:

There are several obstacles to ending the flow of children into slavery in this context:

Firstly, while there is some goodwill on the part of relevant Ghanaian government departments, there is an almost complete dearth of resources by comparison to the needs for child protection in Ghana. The Ghanaian government is cooperating with the growing effort to train law enforcement agencies, and it has given priority to improving educational access. However, its response to the adverse international publicity about child slavery at Lake Volta has sometimes been to suggest that it does not affect so many children. A clear action point arising from this (and relevant to other interventions against slavery in the region) is that there urgently needs to be independent, high-quality and large-scale research, based on a random sample of sites all around the Lake. This would identify the impacts on the children and measure the scale of the problem.

Such research probably needs to be carried out by a Ghanaian academic institution, in combination with an international research body, to ensure that the findings gain greater publicity.

The second obstacle is the lack of basic infrastructure and skills in care, rehabilitation and social reintegration of rescued children. Existing facilities need upgrading, expanding and staff need further training. However, this is only one component of any solution, and will not in itself stop the flow of children into slavery.

Thirdly, although addressing the impunity of slaveholders and traffickers would have an impact on the problem, reliance on law enforcement responses is unlikely to be successful at this time because of the context of rural Ghana and the physical isolation of the communities at Lake Volta. So far, we are only aware of one prosecution under the 2005 anti-trafficking legislation. Most of the police outposts in affected areas may only have a few officers, and they lack the vehicles and funding that would be needed to get quickly to sites where children are held. Effective action on their part would also rely on tip-offs from individuals within the communities, and kinship loyalties and fear of reprisals tends to work against that possibility. Even if police did have the staffing, speedboats and money for fuel required to carry out raids, villagers would still often be aware of their community, despite disapproving of their activities. Trafficked children would be unlikely to be found by law enforcement.

Given these challenges and based on our experience, Free the Slaves recommends four approaches to be prioritized, alongside law enforcement and rescues. We also believe these strategies have wider application in the context of child slavery in West Africa.

Work with the energy and desire for change at community-level: 1. Our work with APPLE and the work of the International Cocoa Initiative (ICI) in Ghana has consistently found that parents and communities have a strong desire for something better for their children. This is the most powerful and sustainable basis for anti-trafficking efforts in the region. There is a need for open dialogue in the affected communities about the nature and results of different forms of children's work and of child slavery, and which approaches are perceived as realistic for addressing the problem. APPLE's local coordinators are

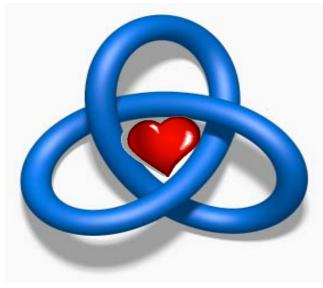
trusted as initiators of such discussions, and ICI has piloted and documented the methods needed to create community ownership of the process.

Create economic livelihoods: 2. In both the source and destination areas for the children, NGOs need to help the communities to access economic development. This should be based on assessment of available natural resources, economic demand for products (both for subsistence and cash), as well as transport systems. This economic development goes beyond the scope of small NGOs to implement. It demands the engagement of Ghanaian government and multilateral investment with well-defined goals of economic transition. This is a question of political and international will to address the causes of slavery. In the fishing communities, existing fishing techniques are no longer viable and new forms of farming and aquaculture should be introduced. This should be provided at the community (and even regional) level, rather than with individual fishermen. Especially, economic assistance should not be used as a quid pro quo for handing over enslaved children. This transaction has been the practice with some interventions, and it tends to undermine the authority of Ghana's law against trafficking. Trading "micro-enterprise assistance" for children's lives can even create incentives for enslavement, as they become a bargaining chip.

Make schools available and worthwhile: 3. Parents are much less likely to send children to work if they are in school and if that education is deemed by parents to be economically useful. Anti-trafficking work needs to have strong emphasis on getting schools working and ensuring that teenagers can access job-related skills.

Changes in women's status and reproductive choice 4. Economic and educational empowerment must include women and girls equally, especially strengthening them to negotiate for and have practical access to family planning. Family size, alongside poverty, is a push factor for trafficking. Awareness raising that leads to changes in male attitudes to large families and reproductive responsibility will reduce child slavery.

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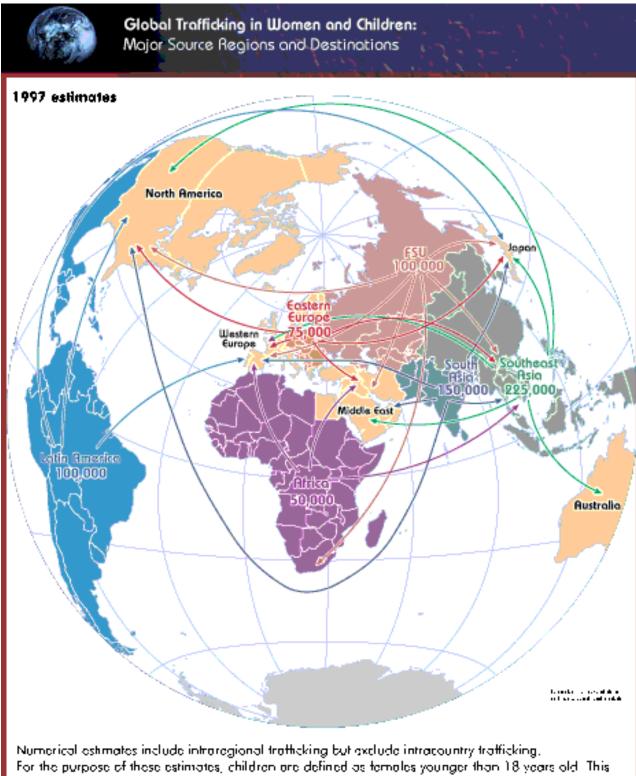
Immortality with the Love.



There are **GLOBAL SLAVERY FACTS** tens of millions Slavery generates \$150 billion of people in slavery today. **Researchers estimate 21 million** for traffickers each year are enslaved worldwide. 78% 22% 26% of slavery victims of slavery victims today are in labor are children under age 18 slavery



To liberate one's real self, one's will, being one's soul, is begun by embracing Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.



For the purpose of these estimates, children are defined as temples younger than 18 years old. This segment of the trafficking—mostly for prastitution—accounts for approximately 30 percent of the tatal, according to various reports. Males under 18 years ald account for a very small trachen—approximately 2 percent—of the trafficking, mainly for slavery.

SELLING HOPE and STEALING DREAMS:

Trafficking in Women and the Exploitation of Domestic Workers

Sylvia's descent into the dark world of trafficking began when a neighbour told the then 19-year-old he could help her find a good job as a sales girl in Moscow. Unemployed, broke, with a baby daughter and no husband or employment prospects in her hometown of Ungheni, Sylvia (not her real name) decided to journey to the Moldovan capital of Chisinau where she was to meet two men who would arrange for her travel to Russia. What followed was a nightmare of beatings, rape, privation and sickness. Sylvia had fallen into the hands of traffickers and was eventually smuggled with 11 others to Moscow—and straight into the murky underworld of globalized sexual servitude.

Although the exception rather than the rule, Sylvia's ordeal is one that hundreds of thousands of women and girls undergo every year. While migration can be an empowering experience for millions of people worldwide, when it "goes bad", migrants can find themselves trapped in situations of extreme exploitation and abuse. Trafficked women and domestic workers are two groups that are particularly susceptible to major human rights violations and slave-like conditions.

Sylvia is one of the "lucky" ones. The anguish of her daily exploitation has finally drawn to a close. Today, more than a year after she was first trafficked, Sylvia has been reunited with her child and is living at an undisclosed location in an International Organization for Migration (IOM) and UNFPA-sponsored "safe house". There, she is receiving counselling and health care as she waits to testify at the trial of her tormentors. She still suffers the effects of post-traumatic disorder: a condition that has destroyed her capacity for sleep and sends her into bouts of sudden and inexplicable tremors. Whether she will ever be able to live a "normal" life is still an unanswered question that hovers around her like the memories of all that she has had to endure.

Why does Sylvia want her story told? "At first I thought all the stories about trafficked girls were fake, a scare tactic," she says. "But now I know better, and I want to help others understand that it is real and can happen to anyone."

Trafficking

Because of its underground nature, experts caution that trafficking data is rough and hard to gauge. The International Labour Organization (ILO) estimates that at least 2.45 million trafficking victims are currently toiling in exploitative conditions, and that another 1.2 million are trafficked annually, both across and within national borders. The US Department of State numbers are similar: between 600,000 and 800,000 women, men and children are trafficked across international borders each year—most for the purposes of commercial sexual exploitation. Of these, the majority—up to 80 per cent—are women and girls. Up to 50 per cent are children.

Trafficked women are usually forced into prostitution and sex tourism, commercial marriages and other "female" occupations such as domestic work, agricultural and sweatshop labour. Human trafficking is the third most lucrative illicit business in the world after arms and drug trafficking and is a major source of organized crime revenue. The industry generates an estimated US\$7 to US\$12 billion annually—although

real numbers are difficult to come by. These numbers, however, reflect profits only from the initial sale of persons. The ILO estimates that once victims are in the destination country, traffickers net an additional US\$32 billion a year—half generated in industrialized countries and almost one third in Asia.

Trafficking constitutes the dark "underside" of globalization. The opening-up of national borders and international markets has led not only to increased international flows of capital, goods and labour, but also to the globalization of organized crime. Improved information technologies and transportation allow transnational syndicates to operate as never before. The majority of victims are migrants in search of a better life who are usually lured by the false promise of a decent job. Increasingly restrictive immigration policies limit the possibility of legal entry, which is in turn driving more and more would-be migrants to unwittingly entrust themselves to traffickers.

Although trafficking differs from other types of migration, there is considerable overlap with both regular and irregular migration where it involves violence, confinement, coercion, deception and exploitation. A mail-order bride, for example, may enter the country legally but subsequently be forced into labour; a domestic worker can end up trafficked for purposes of sexual exploitation. Trafficking also intersects with smuggling. Unlike the latter, however, trafficking contains an element of coercion or deception while the relationship between migrants and smugglers is based on consent and usually ends upon arrival at the destination. In actual practice, however, distinctions can be fuzzy, and there are cases that contain elements of both.

MODERN-DAY SLAVERY

Slavery was condemned even before the landmark 1815 *Declaration Relative to the Universal Abolition of the Slave Trade*. Slavery is a crime against humanity that includes forced labour, serfdom (forced labour on another's land), debt bondage, trafficking, forced prostitution, sexual slavery, forced marriage, the sale of wives and child servitude. Forced labour—that which is carried out involuntarily and under threats of penalty—is present in some form on all continents, and includes bonded labour in South Asia and in Latin America (mainly indigenous people are its victims), and traditional forms of slavery in parts of Africa.

In 2004, the Parliamentary Assembly of the Council of Europe lamented the fact that, today, in the 21st century, slavery continues to exist in Europe. Among its findings: "slaves are predominantly female and usually work in private households, starting out as migrant domestic workers, au pairs or 'mail-order brides'". It urges all member states to criminalize and prosecute those responsible for any form of slavery, and to "at least" consider extending abused domestic workers temporary residency permits and enable them to file charges against abusive husbands or employers. It also calls for a domestic worker charter of rights. The ILO also reports that women labour migrants are often deceived into accepting jobs as domestic workers and are then trapped into debt-bondage or sexually trafficked. Some migrate under the façade of marriage or under au pair

programmes that were originally set up for cultural exchange.

There are two categories of forced labour: forced economic exploitation and commercial sexual exploitation. Of the 12.3 million people forced into labour worldwide, the ILO contends that women and girls form the majority: 56 per cent of those in forced economic exploitation, and 98 per cent of those in forced commercial sexual exploitation.

A GLOBAL PHENOMENON

Human trafficking is a global phenomenon that is driven by demand and fuelled by poverty and unemployment. Many trafficking victims typically apply for advertised jobs as babysitters, models, hairdressers, dancers and waitresses—with friends, and sometimes even relatives, acting as recruiters. According to research in Serbia and Montenegro, 64 per cent of recruiters are acquaintances. Criminal networks, often working in collaboration with corrupt customs officials, will process travel documents and seize victims' passports upon arrival. Most women are forced into prostitution in order to pay off their "debt". Traffickers will often rape, isolate and/or drug victims in order to "break" their spirit and ensure compliance. Women and girls are often sold and resold and then re-trafficked to other destinations.

South-East Asia and South Asia are home to the largest numbers of internationally trafficked persons, at an estimated 225,000 and 150,000 respectively. The US Department of State estimates that more than 100,000 persons are trafficked from the former Soviet Union and 75,000 from Eastern Europe each year, while Africans account for an additional 50,000. The Department also maintains that approximately 100,000 persons are trafficked out of Latin America and the Caribbean.

In Asia, the largest numbers of women trafficked are said to be within or from the region. The Greater Mekong and Indonesia are major trafficking areas. Thailand, in addition to being a destination country, serves as a source and transit hub for other Asian countries, Australia, the United States and Western Europe. India and Pakistan are major countries of destination for trafficked women and girls and are also transit points into the Middle East. In South Asia, child trafficking is of particular concern: "an extension of a serious child labour problem", which includes the exploitation of girls for domestic work.

Although trafficking victims come from all over the world, in Europe most now circulate from Eastern Europe, and numbers appear to be rising. Since Lithuania joined the EU in 2004, researchers report that the number of women being trafficked outside the country has risen markedly. The IOM estimates that approximately 2,000 Lithuanian women and girls, mostly from poorer, less educated backgrounds, are illegally taken out of the country each year and forced into the sex trade. In Germany and the Netherlands, the number of victims registered has also increased in recent years.

According to the IOM, Turkey has become one of the "largest markets" for women trafficked from nearby former Soviet states, with crime syndicates there pocketing up to US\$3.6 billion in 2005. Of the number of sex trafficking victims identified in 2005, 60 per cent came from Moldova and Ukraine, and more than half were between the ages of 18 and 24. In response, the government of Turkey is stepping up measures to prevent and crack down on trafficking.

In South-Eastern Europe, on the other hand, trafficking appears to be declining—or has become less visible. Bosnia-Herzegovina exemplifies some of the emerging trends and difficulties inherent in putting a stop to the trade. The United Nations Special Rapporteur on Trafficking in Persons, Especially Women and Children noted during the 2005 mission that trafficking has "changed in magnitude and nature". Traffickers have adapted their modus operandi to the anti-trafficking strategy adopted by the Government. Following large-scale government raids, traffickers have gone further underground—away from nightclubs and into private homes. Fewer women are coming forward, but whether this can be attributed to reduced trafficking is difficult to assess. Some fear deportation and others are reluctant to speak to the police, who have sometimes themselves been accused of soliciting their services.

The Southern Africa region is host to a wide range of activities. These include the trafficking of women and children from Eastern Europe, China, Malawi, Mozambique, and Thailand into South Africa. A 2005 inquiry conducted by the IOM in South Africa reveals that women continue to be brought in from the rural areas of Mozambique and Maputo to be sold to gold miners for "use as sex partners and domestic servants without remuneration". In West Africa, most trafficking involves girls who are then sold into domestic work—although the ILO notes that armed groups also engage in child trafficking. In Ethiopia, traffickers tend to operate small businesses, such as travel agencies and import-export companies—activities that require frequent travel to the Middle East.

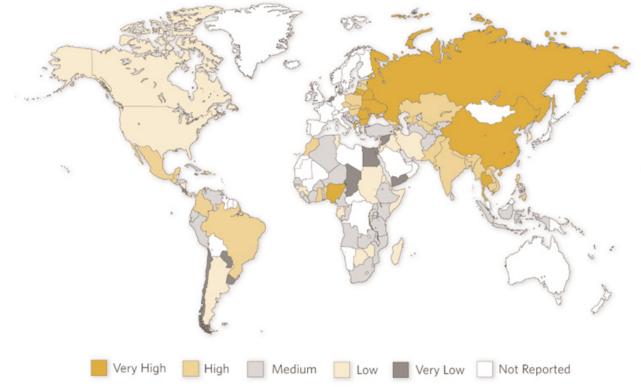
In Latin America and the Caribbean, most women are trafficked from Brazil, Colombia, the Dominican Republic, Guatemala and Mexico and are taken for the purposes of sexual exploitation to North America, Western Europe and other countries in the region. Up to 70,000 Brazilians, mostly trafficked women, are estimated to be working as prostitutes in other South American countries and in places as distant as Spain and Japan. Children from the region are also trafficked into the sex and drugs trade or exploited as domestic workers.

Trafficking victims to the United States come from no less than 50 countries and are often forced to toil in garment shops on the outskirts of Los Angeles, brothels in San Francisco, bars in New Jersey and slavelabour farm camps in Florida. United States officials note that 14,500 to 17,500 people are brought into the country for purposes of exploitation every year.

TRAFFICKING: A VIOLATION OF HUMAN RIGHTS

Under international law, rights to life, security, liberty, not to be sold in marriage, and prohibitions on slavery, torture, inhumane or degrading treatment, and on forced and child labour, among others, apply to all individuals within a country's borders—regardless of their legal status or national origin. Numerous international and regional conventions and agreements prohibit trafficking and the enslavement of fellow human beings. But trafficking in persons has also prompted the evolution of its own specific set of human rights treaties and principles.

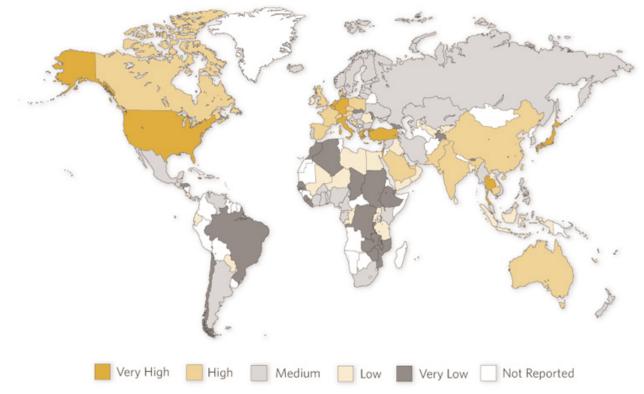
The 2003 Protocol to Prevent, Suppress and Punish Trafficking in Persons, Especially Women and Children, is the leading international instrument and is a supplement to the United Nations Convention Against Transnational Organized Crime. It goes beyond trafficking for the purposes of forced prostitution and takes into account new forms, such as forced domestic work and commercial marriage. Its main purposes are "to prevent and combat trafficking in persons, paying particular attention to women and children"; protect and assist victims; punish perpetrators; and foster intergovernmental collaboration. All States Party (97) to the UN Trafficking Protocol are required to establish trafficking as a criminal offence. At the regional level, the most recently adopted treaty is the 2005 Council of Europe Convention on Action Against Trafficking in



Countries of Origin, as measured by the extent of reporting of trafficking

Source: United Nations Office on Drugs and Crime (UNODC). 2006. Trafficking in Persons: Global Patterns, p. 38.

Countries of Destination, as measured by the extent of reporting of trafficking



Source: United Nations Office on Drugs and Crime (UNODC). 2006. Trafficking in Persons: Global Patterns, p. 39.

Human Beings. It covers all forms of trafficking, including that which occurs internally, and establishes a monitoring system that includes ministerial representatives and independent experts responsible for assessing implementation and recommending improvements.

Since the 1980s and throughout the 1990s, international trafficking policy has gained momentum, including through various UN Conferences, human rights mechanisms and reports. More recently, the commitment to end trafficking has been reflected at government gatherings at the highest levels—including at the 2004 meeting of the African Union and the 2005 World Summit of Heads of State and Government.

"I had heard stories about women being bought and sold like merchandise but I didn't believe them—and I never dreamt it would happen to me."

— A Romanian survivor of sex trafficking

PROSECUTION AND REPATRIATION

Trafficked persons are often fearful of reprisals if they cooperate with authorities. Among government measures instituted is a "reflection period", or short-term residence permit, that enables victims to recover and consider options. The UN *Trafficking Protocol* recommends that governments allow victims to remain in the destination country, temporarily or permanently. It also calls on States Party to ensure the safety of victims and protect their privacy and identity and to "consider" providing: housing; legal information and counselling in a language that victims understand; medical services; and assistance with education, employment and training. It also recommends that governments establish legal measures to allow victims compensation for damage suffered. For example, in one case, a woman was awarded over US\$400,000 in compensatory damages and over US\$300,000 in punitive damages in a lawsuit against an international marriage broker. The marriage broker had failed to inform her of a law that would enable her to escape her abusive marriage without fear of automatic deportation.

The United Nations High Commissioner for Human Rights' *Recommended Principles and Guidelines on Human Rights and Trafficking in Persons* also emphasizes the protection of victims. According to this document, support and care should not be made conditional upon the capacity, or willingness, of trafficked women to cooperate in legal proceedings. Trafficked persons require protection from further exploitation and access to medical and psychological care, including voluntary and confidential counselling and HIV testing.

Since 2000, US law has provided a so-called "T-visa" for trafficking victims willing to assist prosecutors. This allows them to stay in the country for up to three years and then apply for permanent residency. The Council of Europe Convention has introduced an obligatory recovery and reflection period for a minimum of 30 days for undocumented victims. Countries in the region have followed suit, with variations in the duration and conditions under which permits are granted. This allows victims time to escape the influence of traffickers and recuperate while they decide whether to cooperate with law-enforcement authorities. However, some experts and human rights groups have criticized these measures for their emphasis on criminal proceedings, rather than on protection. According to Anti-Slavery International, countries that have introduced reflection periods or short-term residence permits—which are not conditional on

cooperation—have been "extremely effective in prosecuting traffickers". Italy offers one such model. Such a system confirms that there is no contradiction between protecting and assisting victims, and effectively prosecuting traffickers.

After the expiry of the reflection period or the short-term residence permit, the trafficked victim is usually returned to her country of nationality or permanent residence. According to the *United Nations Trafficking Protocol*, repatriation should preferably be voluntary and take into account the victim's safety. Refugee law can be of assistance to trafficked persons if there is a well-founded fear of persecution: In the 2000 *Dzhygun* case in the United Kingdom, for example, the Immigration Appeal Tribunal found that a woman was entitled to protection as a member of a particular social group, namely "women in the Ukraine who are forced into prostitution against their will".

Another issue that deters victims from cooperating with law enforcement officials is that of corruption. Women are often reluctant to come forward because they fear law enforcement authorities. Traffickers sometimes claim that they control the police—an assertion that may seem plausible, in particular if victims have witnessed the complicity of border and other state officials when trafficked out of their country of origin.

Today, most countries are stepping up efforts to crack down on trafficking. Nevertheless challenges remain. These include inadequate data, underdeveloped or non-existent government programmes, corruption, and the resilience of the criminal syndicates that frequently change tactics and utilize legal businesses and mechanisms as fronts. The 2005 US Department of State *Trafficking in Persons Report* tracks and reports on new prosecutions, convictions and new or amended legislation by region. Countries that do not make reasonable efforts to comply with the minimum standards set by the US Trafficking Victims Protection Act may face non-humanitarian, non-trade related sanctions. These may include US opposition to assistance from international financial institutions such as the International Monetary Fund. Reports of the Secretary-General to the UN General Assembly also chronicle government efforts to prosecute trafficking.

PROTECTION, CARE AND REINTEGRATION

Trafficking victims need safety, support and care while undergoing social and economic reintegration once their ordeal has ended. Not only do they have to deal with the depression that often ensues, but also social stigma—especially in cases of sexual exploitation.

According to the *Report of the Secretary-General on Trafficking in Women and Girls* (2004), various countries are taking measures to support victims. Belgium and the United States, for example, provide some financial assistance. Telephone hotlines are available in some countries, including Bangladesh, Denmark, Italy, Lithuania, Turkey, the US and Uzbekistan. China, Indonesia, Portugal and the United States, among others, also offer access to legal services. Various countries provide social programmes, including psychological and medical care, and have established shelters and crisis centres—although these fall short of need and tend to be under-funded. One UNFPA-supported shelter run by the IOM in Bosnia-Herzegovina, for example, delivers reproductive health services to trafficked women and girls.

Owing to fears of corrupt police and possible arrest and deportation, trafficked women often prefer to approach NGOs rather than state-based agencies. In the Philippines, the NGO Visayan Forum Foundation is a private / public partnership that operates shelters for trafficked persons and works with the police,

shipping companies and the port authority to identify traffickers. In Colombia, the Medellin-based Espacios de Mujer provides psychological, social and health services as well as educational and income-generating opportunities. Medellin serves as one of the key transit points for women trafficked in and out of Colombia.

In the Mae Sai border district in Chiang Rai province in northern Thailand, a Japanese social worker helped set up the Self-Empowerment Program for Migrant Women (SEPOM). It is designed to empower former sex workers trafficked into Japan and help them towards self-sufficiency. Through self-help groups, women share their stories in a non-judgemental environment and rebuild self-confidence and self-worth. In 2000, another self-empowerment initiative was launched in the Philippines. The Survivors' Networks of Filipino Women brings trafficking victims together to discuss issues around financial and social empowerment.

PREVENTING TRAFFICKING IN WOMEN AND GIRLS

According to the *Special Rapporteur on Violence Against Women*, "the lack of rights afforded to women serves as the primary causative factor at the root of both women's migration and trafficking". To fight trafficking effectively, underlying causes such as poverty and the lack of equal opportunities need to be addressed. Women who lack economic security are easy prey if they are willing to leave their country in search of work elsewhere. The elimination of discrimination against women is thus not only a human rights priority, but also key to putting an end to trafficking.

Effective prevention requires a comprehensive approach. This involves education and includes awarenessraising campaigns, community involvement, poverty reduction initiatives and the creation of livelihood opportunities. It also involves more equitable income distribution and the rebuilding of societies following conflict. Legal reforms that allow equal rights to own and control property and land will help cut the risks associated with the trafficking of women in rural communities.

There are many examples of development programmes aimed at reducing the vulnerability of poorer communities. The Asian Development Bank regards trafficking in women and children as a major challenge to its mission of poverty reduction. It provides emergency loans, assistance for post-conflict reconstruction and social protection to those most at risk. In Myanmar, the Government offers poor women and girls vocational training and loans to jump-start mini entrepreneurial ventures, while in Kyrgyzstan, authorities are assisting unemployed nationals residing in small towns and rural areas. In 2005, the Government of Nepal reported that it was establishing a National Rapporteur on Trafficking in the offices of the National Human Rights Commission.

Many governments, NGOs and UN organizations have embarked on community awareness-raising efforts including those that target poor rural areas where girls and women are most likely to be recruited. In Brazil, the government launched a campaign, including through the radio and signs posted at airports, to alert women departing from states where the risks of trafficking are particularly high. A one-month campaign in Bangladesh sought to educate community members about trafficking and related crimes against women, and to sensitize them on issues related to the reintegration of victims. In Cambodia, UNICEF supports community-based networks with volunteers conducting outreach in order to raise awareness of how traffickers operate and how to intervene. In Indonesia, the Asia Foundation has supported the Fahmina Institute to provide anti-trafficking training materials to Islamic boarding schools (*pesantren*), which have a high concentration of female students from impoverished areas. After a meeting of school leaders, 32 schools in East Java formed the Pesantren-based Alliance for Eliminating Trafficking in Persons. In India, with the collaboration of the UN Development Fund for Women (UNIFEM), the Inter-Faith Religious Leaders Forum of Bihar brought together Islamic, Hindu, Buddhist and Christian religious leaders to educate their followers on violence against women. The Forum's *A Fact Book on Human Trafficking* contains messages derived from religious teachings to mobilize their respective communities as a religious obligation. The initiative is now expanding to other states within India and into Bangladesh and Nepal. In Nigeria, the Girls' Power Initiative (GPI) educates both girls and their parents on the necessity of empowering girls and preventing trafficking.

OUT-OF-REACH AND OUT-OF-DANGER: UNFPA KEEPING GIRLS SAFE FROM TRAFFICKERS IN NEPAL

Every year an estimated 12,000 Nepalese women and girls are trafficked into India. The Asian Development Bank estimates that 100,000 to 200,000 Nepalese women and girls are held against their will in Indian brothels, with roughly 25 per cent under the age of 18 years. Traffickers typically lure impoverished girls with promises of jobs in urban areas or abroad. Some families knowingly send their daughters to brothels because they consider them a burden. Many of the women and girls are illiterate and are not even aware that they have been taken across the border. The Government of Nepal has identified 26 districts from which women and girls have disappeared.

In response, the Reproductive Health Initiative for Youth in Asia (RHIYA), a partnership of the European Union and UNFPA working in collaboration with NGOs, is focusing on 19 "high-risk" impoverished districts. The programme educates parents, community leaders, district health officials, and young people about the dangers of trafficking. It also provides girls and young women with training and empowerment opportunities. Trafficking survivors are reintegrated into their communities through efforts designed to reduce stigmatization and are referred to social and legal services for additional assistance.

The initiative is proving effective. In the district of Prasauni VDC, a RHIYA peer educator was able to rescue three adolescent girls the very same day they were scheduled to depart. She had learned that the young men who had promised the girls work were, in fact, traffickers. After the peer educator raised the alarm, villagers caught the traffickers and handed them over to the police. They soon admitted their guilt. In Rupandehi District, a young woman was asked by her brother-in-law to accompany him on a one-day shopping trip to Gorakhpur, just across the border. But when she arrived at the crossing, her brother-in-law introduced her to two other girls and asked her to accompany them into India, claiming that he would join them later after taking care of some personal business. She became alarmed, recalling the RHIYA educational sessions on trafficking, and realized that her brother-in-law must be a trafficker. She immediately sought help from the border NGO Maaiti Nepal and all the girls were returned safely to their homes.

http://www.destinyrescue.org/aus/



http://www.destinyrescue.org/aus/projects/destiny-rescue-india

Destiny Rescue is dedicated to rescuing children from human trafficking and sexual exploitation.

We help rescue the sexually exploited and enslaved, restore the abused, protect the vulnerable, empower the poor and are a voice for children that can't speak up for themselves. We provide kids rescued from sexual exploitation a safe, loving home to grow up in, medical care, counseling, schooling, vocational training and all daily needs required to be integrated back into society successfully.

We also help protect vulnerable children from being trafficked. We offer them financial assistance, a good education, vocational training, and, in some instances, a place to live.

There are an estimated 1.2 million children trafficked each year – the majority of them being lured, bribed or forced into the sex-trade. That's one child every 26 seconds!

We have some extremely vital projects in the pipeline, just waiting on the funding to make them happen. That's what this page is all about!

kids@destinyrescue.org 2/26 Premier Circuit Warana, Queensland 4575 (Sunshine Coast) Australia

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Executive: Paul Mergard Bill Allan Geoff Harrison Maria Moffitt Allison Troth





Pascas Care Centre

Pascas Care Centre, with its community services aspect, is strategically structured to assist local families in alleviating issues that lead to the displacement of their families. Apart from assisting with illness issues, family planning assistance is of paramount importance.

As well as supporting the family on health issues, through Chaldi College short course education programs will focus on local needs with the objective of empowering the patriarch and matriarch in ways that will enhance their financial security.

Through the Clinic and via the College, new technologies and income producing opportunities will become available within the community. Pascas Finance – Micro Credits will support the mothers of families in commencing commercial enterprises.

Thus, even though a Clinic, support for the family will be provided, encapsulating all aspects that will mitigate child displacement and potential child slavery. Thus, the agendas of Pascas mitigate the environmental and social circumstances that lead to child displacement and potential slavery.

Child Help – ChildSOS

ChildSOS program is to assist in addressing child abuse advents. This not only supports the child through such crisis but also the abuser. ChildSOS is an integral part of every Pascas Care Centre.

Chaldi College

We have four major duties: feeding the people, housing the people, providing adequate healthcare, and education. Without education, nothing can be achieved. All things and all progress starts with education.

Chaldi (pronounced Kaldee) Colleges existed thousands of years ago and were free to all, slaves and kings alike participated. Chaldi College origins date back to Lemuria.

Chaldi College will provide life skills education as short courses and cater to local custom. It is about raising the opportunities and living standings, quality of life and prospects of those who visit.

Within remote and emerging economies, Chaldi College, as it is annexed to a Pascas Health Clinic, will also provide introduction to appropriate new technologies that can be employed and even manufactured within the community. These new technologies are being sourced through Centres for Advanced Technologies (CATs).

Centre for Advanced Technologies (CATs)

New innovations, worldwide, are not being supported. Having met up with some one thousand innovators and determined some four hundred



innovations as having commercial merit and application within remote and emerging economies, it is the objective of CATs to actively seek out innovators with technologies appropriate for introduction into emerging economies. When further reviewed, this starting group of possibilities enhanced the quality of life in all aspects necessary. This being communications, energy, complementary therapies and medicine, agriculture, food, housing, building, furniture, environmental and resources.

Pascas Finance – Micro Credits

Whilst introducing commercial initiatives within communities, through Pascas Finance – Micro Credits, financial support will become available for the taking up of opportunities which would be impossible without this support.

The Pascas all embracing wheel of life

Thus Pascas is not only a health clinic, but a way of supporting the foundations and fundamentals of fragile communities in a way that will lead to their independence and prosperity. The positioning of Pascas Health Clinics is primarily focused for communities of great need.





PASCAS HEALTH CLINIC – THREE UNITS IN ONE:



- Average number of employees per clinic including medicos: 25
 - day care treatment facility: 20
 - nutrition café and community services: <u>15</u>
 - Total: 60

GEMS for ALL PEOPLE of all AGES to EMBRACE:

The GOLDEN AGE!

Cause No Harm < to OTHERS to MYSELF

Strive to love others as I am to love myself

At any time, any where, and in any way you so please:

Approach our Heavenly Parents, in reverence, without fear or trepidation, just as we, as a child, approach our earthly parents knowing that open loving arms are extended to receive us at all times. As one's love grows for our Mother and Father in the Heavens, we come to know with absolute clarity and certainty that our Heavenly Parents, loves you and me and everyone in return, at all times, and that fear is an illusion created by man's mind.

God, who is our Heavenly Mother and Father, is almighty, all powerful, infinite, and all loving. The love of the Heavenly Parents for Their children, man, has been and is always infinite and ever present. As one's faith evolves, one's love for our Heavenly Parents will have no limit. As we grow in Their love, so will we grow in love for all of God's creations and our fellow man.

The Source Soul, our Heavenly Parents, simply desires for us to ask for Their Love. God's Divine Love: Pray for it, ask for it, and receive it. "I love you Father." "Let the Divine Love flow its energy into my soul." "Mother, Father, I desire your Love and I am loving you." "Soul God, I love you and I love receiving and experiencing your Divine Love." "True Soul God, I am here, I am aware of your Love. Please hear my aspiration for your Love and as I approach you from my soul, I can feel your Love in the way that you are loving my soul."



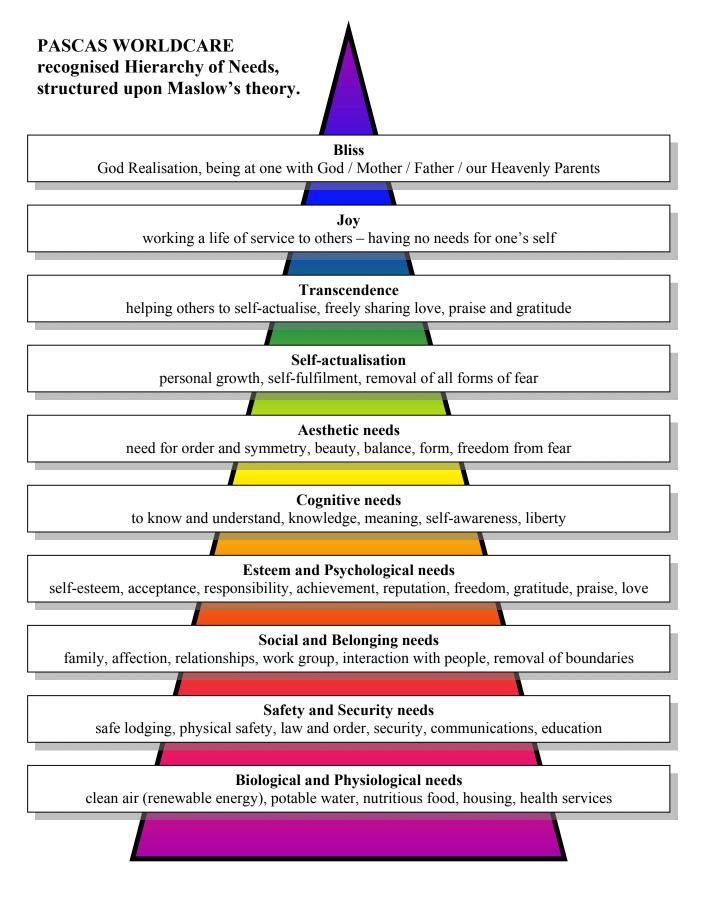
"Please Father and Mother, may I receive Your LOVE."



Maybe we could simply long for and ask: Please, Mother and Father, I want some more of your Love!



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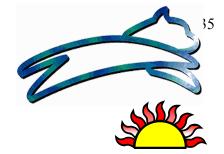




Mentoring Australian Sunrise Innovations CATs Bs: 61 7 5594 0479

11 Crenshaw Court Parkwood 4214 Queensland Australia

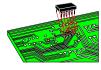
Em: info@financefacilities.com



CATs is the administration arm for E² – Equinox Equities Pty Ltd

CATs direct administration:

ADMINISTRATION CLUSTER GROUPINGS

























ENERGY

COMPLIMENTARY MEDICINE

AGRICULTURE

FOOD

HOUSING / BUILDING / FURNITURE

ENVIRONMENTAL

RESOURCES





OUR UNIVERSAL DECLARATION of HUMAN RESPONSIBILITIES:

"PASCAS"

Preamble

Whereas recognition of the inherent dignity and of the equal and inalienable rights of all members of the human family is the foundation of freedom, justice and peace in the world and implies obligations or responsibilities.

whereas the exclusive insistence on rights can result in conflict, division, and endless dispute and the neglect of human responsibilities can lead to lawlessness and chaos,

whereas the rule of law and the promotion of human rights depend on the readiness of men and women to act justly,

whereas global problems demand global solutions which can only be achieved through ideas, values, and norms respected by all cultures and societies,

whereas all people, to the best of their knowledge and ability, have a responsibility to foster a better social order, both at home and globally, a goal which cannot be achieved by laws, prescriptions, and conventions alone,

whereas human aspirations for progress and improvement can only be realised by agreed values and standards applying to all people and institutions at all times,

Now, therefore,

The General Assembly

proclaims this Universal Declaration of Human Responsibilities as a common standard for all peoples and all nations, to the end that every individual and every organ of society, keeping this Declaration constantly in mind, shall contribute to the advancement of communities and reinforce commitments already proclaimed in the Universal Declaration of Human Rights: namely, the full acceptance of the dignity of all people; their inalienable freedom and equality, and their solidarity with one another. Awareness and acceptance of these responsibilities should be taught and promoted throughout the world.

Fundamental Principles for Humanity

- Article 1 Every person, regardless of gender, ethnic origin, social status, political opinion, language, age, nationality, or religion, has a responsibility to treat all people in a humane way.
- Article 2 No person should lend support to any form of inhumane behaviour, but all people have a responsibility to strive for the dignity and self-esteem of all others.

- Article 3 No person, no group or organisation, no state, no army or police stands above good and evil; all are subject to ethical standards. Everyone has a responsibility to promote good and to avoid evil in all things.
- Article 4 All people, endowed with reason and conscience, must accept a responsibility to each and all, to families and communities, to races, nations, and religions in a spirit of solidarity: what you do not wish to be done to yourself, do not do to others.

Non-Violence and Respect for Life

- Article 5 Every person has a responsibility to respect life. Violence is never justified.
- Article 6 Disputes between states, groups or individuals should be resolved without violence. No government should tolerate or participate in acts of genocide or terrorism, nor should it abuse women, children, or any other civilians as instruments of war. Every citizen and public official has a responsibility to act in a peaceful, non-violent way.
- Article 7 Every person is infinitely precious and must be protected unconditionally. The animals and the natural environment also demand protection. All people have a responsibility to protect the air, water and soil of the Earth for the sake of present inhabitants and future generations.

Justice and Solidarity

- Article 8 Every person has a responsibility to behave with integrity, honesty and fairness. No person or group should rob or arbitrarily deprive any other person or group of their property.
- Article 9 All people, given the necessary tools, have a responsibility to make serious efforts to overcome poverty, malnutrition, ignorance, and inequality. They should promote sustainable development all over the world in order to assure dignity, freedom, security and justice for all people.
- Article 10 All people have a responsibility to develop their talents through diligent endeavour; they should have equal access to education and to meaningful work. Everyone should lend support to the needy, the disadvantaged, the disabled and to the victims of discrimination.
- Article 11 All property and wealth must be used responsibly in accordance with justice and for the advancement of the human race. Economic and political power must not be handled as an instrument of domination, but in the service of economic justice and of the social order.

Truthfulness and Tolerance

Article 12 **Every person has a responsibility to speak and act truthfully.** No one, however high or mighty, should speak lies. The right to privacy and to personal and professional confidentiality is to be respected. No one is obliged to tell all the truth to everyone all the time.

- Article 13 No politicians, public servants, business leaders, scientists, writers or artists are exempt from general ethical standards, nor are physicians, lawyers and other professionals who have special duties to clients. Professional and other codes of ethics should reflect the priority of general standards such as those of truthfulness and fairness.
- Article 14 The freedom of the media to inform the public and to criticize institutions of society and governmental actions, which is essential for a just society, must be used with responsibility and discretion. Freedom of the media carries a special responsibility for accurate and truthful reporting. Sensational reporting that degrades the human person or dignity must at all times be avoided.
- Article 15 While religious freedom must be guaranteed, the representatives of religions have a special responsibility to avoid expressions of prejudice and acts of discrimination toward those of different beliefs. They should not incite or legitimise hatred, fanaticism and religious wars, but should foster tolerance and mutual respect between all people.

Mutual Respect and Partnership

- Article 16 All men and all women have a responsibility to show respect to one another and understanding in their partnership. No one should subject another person to sexual exploitation or dependence. Rather, sexual partners should accept the responsibility of caring for each other's well-being.
- Article 17 In all its cultural and religious varieties, marriage requires love, loyalty and forgiveness and should aim at guaranteeing security and mutual support.
- Article 18 Sensible family planning is the responsibility of every couple. The relationship between parents and children should reflect mutual love, respect, appreciation and concern. No parents or other adults should exploit, abuse or maltreat children.

Conclusion

Article 19 Nothing in the Declaration may be interpreted as implying for any state, group or person any right to engage in any activity or to perform any act aimed at the destruction of any of the responsibilities, rights and freedoms set forth in this Declaration and the Universal Declaration of Human Rights of 1948.

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TRUTH is the FOUNDATION:

We're told that love cures all, and it does, but only if truth is present. If there's no truth then there is nowhere for the love to register or act upon. So it's all but useless. Even if you had a huge hit of love it would possibly make you feel good for a while, just like your drugs, but then it would fade and you'd want another hit.



But with the truth, it's not like that. The truth stays, it's real, concrete, it's: THE TRUTH. It never goes, so once it's within you, that's it, it stays for ever-more. And so you live it, you become the living-truth that you are. So as we grow in truth we move up higher in the spirit worlds ever closer to Paradise the well-spring of all truth – the Eternal Son. But without the truth we have no depth, no solidity, we've still got that hopeless feeling of floating around adrift at sea, that feeling of feeling lost and without direction, and all the rest of it, that which we've felt most of our lives.

And gradually as the love has come based on our truth, so we've felt better and better about ourselves – better about ourselves from the inside, and not needing anything like we did from the outside. We've felt more independent and not needing to be loved by anyone other than by ourselves and each other. We've stopped needing our parents to give us that big hit, or any hit; we've stopped needing them, because we've been able to express our feelings for ourselves uncovering the truth of ourselves through them. And that's what it's about I say, we're not meant to be dependent forever on our parents, and had they loved us truly then we would have grown naturally in truth through our life experiences, weaning ourselves from them, and not needing them in the negative dependent ways they made us need them.

So it's the truth, always coming back to the truth, all because we are truth-loving souls, that's what we as ascending mortal souls are, the truth and the mind and love, but we need the truth to make the mind have something to base itself on, and we need the truth so we can feel loved and so we too can love. No truth, and whole thing – us – doesn't work, and that's what we've been coming to terms with through our negative truth-less life: that it doesn't work. And we know it doesn't work because it didn't make us feel good. We felt shit, and that's all because we weren't allowed to be our true selves, and because of that we weren't allowed to be true and so grow in truth. And had we, everything would have been right and felt good, and we'd be overflowing with love and the happiness and joy of life that truth brings. That being what we will be when we've finally healed it all.

Spirits and their Childhood Repression Healing by James Moncrief 10 August 2010



CHILDHOOD REPRESSION of FEELINGS STARTS from CONCEPTION:

Just look at a young child growing, each day certain things make it feel good and other things make it feel bad, and for some children, there's a lot of time each day spent feeling bad – others a lot of time feeling good. And all that good and bad is intertwined, and it all has to be worked back through. So all that is truly good and not what I'd call, false-good, is kept; and all that is bad and has pretensions of being good, goes away, which happens as you express it all out of you.

But the key to it is wanting to express it all out of you – and wanting to see it all: facing the truth of what comes to light. You've got to be willing to bring it all up and out, so you can see it and face it and accept that it is you – that yes, this is really how I am feeling. And then as you do that, you are increasing the awareness and understanding of yourself, of why you are the way you are, and that is all the truth coming to light. And along the way as each bit comes up within you, based on how it makes you feel, you decide whether or not you want to keep being as you are, and so naturally, you'll want to get rid of all the bad stuff and keep all the good.

But the whole thing is, and this might be hard to understand, that you yourself, other than deciding whether or not you want to keep being as you are, don't – because you can't – actually do anything else to change yourself. So you simply keep accepting how wrong you are right the way through until you've seen and accepted it all, that this is the rotten, ugly, horrible, evil truth of myself, and you don't even try to make yourself not be it; you allow yourself to be the nasty, unloving, evil person you are, seeing it and feeling how being it makes you feel; which won't be too good, but you keep going accepting all those feelings and wanting the truth of them. So you don't try to fix or change yourself, you just accept how you are feeling. And then when you've seen the truth of your feelings that are to show you, which can happen at any time throughout your Healing, the causes of those bad feelings will be removed by your soul and your angels, and that's it, you are no longer as you were. And your whole system adjusts, and gradually you come to realise that you are changing, that you are no longer the bad person you were. And then one day, when the BIG DAY finally arrives, you know with all your heart; and so, with all your truth, that you are no longer evil, no longer wrong, and that your Healing is over, you've been completely transformed into being a true person.

So you see it's a process, so something that takes time because you need things to happen to make you feel bad; and you need time to express and work through all your bad feelings; and you need time for your whole system - you - to adjust to all the changes; and that is your true spiritual growth, because you are growing in the truth of yourself - do you see what I'm saying?

So the whole key to it, which is what you are saying, is that we are to become our true and perfect self. Sage and the Healing Angels of Light by James Moncrief



WE ARE TO BE OUR TRUE SELF - OUR SOUL BASED FEELINGS!

We are to use our feelings to uncover the truth of ourselves. Just how important are each of our feelings? Well really, they are ALL as important; as in, nothing else in life even matters other than what we are feeling.

We are all so conditioned and used to living with our mind in control of ourselves, that many of our feelings, and mostly so many of our bad feelings, we dismiss or shut out and refuse to deal with. We should go the other way in life, so instead of denying so many of our feelings, trying to acknowledge them all, to bring them all out, every last bad one, even if means stopping everything else and attending to them; and by attending to them is to make sure we express them, speak about them, the whole idea being not to keep suppressing them, to make sure they come up and out of us as we feel them.

Along with this: we are to long for the truth of our feelings; as in, the truth they are wanting us to see about ourselves, because apparently hidden or behind or within each feeling, is something it's trying to tell us about ourselves. And that is how God wants us to live – it is to live a true spiritual life.

We are not meant to be alone, we are to have someone with whom we can share our whole self with, telling them all we think and feel. If you do not have a companion, talk it out loud to your Heavenly Parents.

If you feel a bad feeling, you don't let it pass, you stop with it, focus on it fully accepting it; and with the emotions of it, express it the best you can; and then at the same time, long for the truth of it – want to see what it's all about – why you're feeling it.

There are hidden deeper underlying causes in us that will come to light as to why we're really feeling bad. So we might, for example, be angry with something that's happening in our life now, but as we express that anger, longing for the truth of it, it will lead us back into our earlier life connecting with the same anger we felt about other things; and then back even deeper into connecting, or it should be reconnecting, with anger we felt with our parents when our parents treated us badly.

That means there will be a lot for us to deal with if the bad feelings we're feeling now are also going to lead us back into buried bad feelings from our past.

Sage and the Healing Angels of Light by James Moncrief



WE ENDURE FOUR LAYERS of PERSONALITY SUPPRESSION!



Unknowingly, our parents pass onto their children (us) their beliefs and way of living that has evolved since the Rebellion, some 200,000 years ago, and then the Default, some 38,000 years ago. In this way, humanity is suppressing the female, rejecting our Spiritual Parents, namely Jesus and Mary, and denying our Heavenly Parents being our true Mother and Father, of Their truth, standing and existence.

The Rebellion is against love, the Default is all the difficulties we have in our relationships because of our rebellion. Healing the Default is becoming true, to ourselves and in our relationships, and ending our unlovingness – our rejection of love, so ending the Rebellion. Nanna Beth 29 June 2017

We are souls, our personality is an expression of our soul. It is our free expression of our soul through our feelings that we are to embrace and follow. This expression may appear to be wilful in nature, from time to time, and consequently our parents' attempt to suppress this expression. They proceed to remodel us when as young children, in the manner their parents treated them and so on for many generations going back.

During our forming years, as a child, we are unable to recognise the suppression of our personality as being extra-ordinarily harmful to our soul based personality and, accordingly, we don't know that things can be any other way. Presently, neither do our parents.

This childhood suppression way of living continues throughout our schooling years, thus we learn this is a way of life that is normal.

Our religions all have been formed based on the tenets of the Rebellion and Default. The teachers and leaders throughout all denominations take us further away from our suppressed feelings that have been hammered into us during our forming years, thus entrenching us further into rejecting our true selves.

The controlling and suppression mechanisms of our parents, educators and spiritual teachers all manifest throughout all of commerce. This control comes heavily and brutally down upon all levels of employment. The capability to express one's soul based attributes and gifts is sealed throughout all of one's working life.

A new way of living is to enable the liberation of one's true personality through the Feeling Healing process AND the transfer of authority to the individual via embracing freedom of expression.

DEVOLUTION

Our childhood suppression of our true and loving soul based feelings is creating global pain and personal isolation amongst all of humanity. We are very sick!

In our struggle to find solace and purpose, we further withdraw into ourselves, becoming ever more self dependent, believing our control addicted mind that it can solve everything. We just drown further.

We embrace an ever expanding and diverse range of pathways to escape from our personal pain, fear and desperation. Alcohol has now been complimented with narcotics, hallucinogens, including caffeine (coffee). Gambling has been complemented with computer games which are generally entraining the mind further into error and pain. Technology is making us sicker!

We bury ourselves in front of the television to further avoid contact with anyone, especially family.

Children endeavour to exert their independent authority from domineering controlling parents (which we all are eventually) by disfiguring their bodies with tattoos and piercings, etc.

We shut out the noise with headphones, thus preventing contact with others. We use electronic devices to 'text' others even at intimate engagements.

Technology will take us further into the depths of our madness. You now can buy headsets that prevent any contact with the outside world while playing mind suppressing and entraining entertainment – games!

No one loves their children, they are ignored, and the controls hammered into them turn them into clones of ourselves. Look at ourselves and we can all see that we have been all messed up by our own parents, as they have for generations over the past 200,000 years.

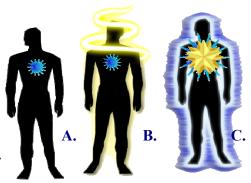
No more of this! We can escape this man made hell!





Evolution

STEP 1: Longing for and receiving Divine Love:A. Soul within spirit body prior to receiving Divine Love.B. Divine Love being received from the Holy Spirit, covering the spirit body of requesting personality.C. Divine Love having been assimilated within one's soul, now being reflected through the radiance of the spirit body.



STEP 2: FEELING HEALING + SOUL HEALING

It is the Divine Love that strengthens one's resolve to persevere with embracing one's suppressed emotional injuries, that occurred from conception through to around the age of six, and longing to know the good and the bad of those feelings, together with talking about them to a friend, partner, one's self and our Heavenly Parents. It is only with the receipt of the Mother and Father's Divine Love and the expressing of suppressed emotional injuries that one can release the emotional injuries and errors to achieve Celestial soul condition and enter the Celestial Heavens.

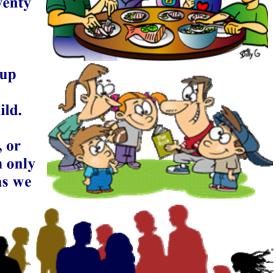
Further, should one complete their Feeling Healing on Earth, then they will be able to recognise their soul partner, their other soul half, and should their soulmate have also embraced Feeling Healing with Divine Love, then their children will be born free from error, free from fear, and free from any deformity and illness. This is the destiny of humanity.

Further, being in this condition of free from error and being in constant communication with our Heavenly Parents, then one can also recognise and form their Soul Group. This will ultimately consist of twelve soulmate pairs, a total of twenty four personalities / individuals.

It is the bringing up of children by the support of soul groups that is to be the ultimate way forward. The group experience and wisdom, as a functioning family, will ultimately be of profound benefit for the blossoming child.

But what we cannot do is contrive the groups ourselves, or even pick who our soulmate is. This will only, and can only happen, as an outworking of the truth we are to live – as we progress in the healing of our soul.

And this is how all of life should be lived: according to the truth we are living. It is how we live, as there is no other way, but currently we live it in the negative, of that being directed by no truth, and so having to make it all up ourselves.







These two 'headlines' came about from Mother's comments through James.

We are to recognise the degree of the impact that the Default has had on the way humanity lives. That is, it is suggested that the way we remodel our children to become clones of ourselves, the way we suppress their true selves, and cause them to capitulate to be our 'little me's' is a result of the way life emerged directly from the Default some 38,000 years ago.

Whereas the Rebellion, of 200,000 years ago, was the rejection of the Mother and Father as well as our Spiritual parents, Mary and Jesus.

Thus two distinctly catastrophic events.

We need these two events put into perspective, if you please. We need to bring these two separate events into a clear comprehensive way of understanding so that the relevance is clearly understood.

This enables the two revelations to stand out, and as to why one had to follow the other distinctly.

Nanna Beth: The Rebellion, John, is against the Mother and Father, against Their Love, and Their Truth. It is the rejection of Them, saying: there is no God. It's denying the Personalities that God is. It's rejecting and denying personality interaction, which is all about love. So it's unloving. And to hide that, to pretend otherwise, means the mind has to be used to corrupt one's feelings. To claim: 'I am God, I am love, I am Truth', means I am the only one and all the rest should fuck off and leave me alone so I can get on with my greatness. It's being totally mind-consumed with yourself, with such arrogance, that really you only see yourself in your narcissism, and nothing else and no one else exists.

The sadness of the Lucifer's relationship (Lucifer and his soulmate) is they didn't love each other truly, only by using their minds to pretend they did. Really they hated each other, being so unloving, and had they been true to that, they would have moved to the absolute opposite ends of Creation, there to be in their own greatness telling themselves all day long how wonderful they were – being self-loving the wrong way through their minds. Which is all really: self-hating.

And so we have relationships in which we hate ourselves because we are untrue and unloving, then we come together contriving love for one another, then believe we love God as well and want to do His Will. It's all false, all wrong, all evil, all unloving. That's what we've got to see. That we are rejecting

ourselves, and so each other, and God, in every part of ourselves, in every interaction. Really we should be hitting each other continuously on the head, and hitting ourselves too.

The Rebellion is the rejection of true love. Of Natural love and Divine Love.

The Default simply compounds the issue by focusing it all on the relationships. As in, how we live our rebellion is through the Default. Pre-default, humanity was openly rebellious, it was evolving yet lacked personal focus; then with the Default, humanity was able to take it into all that it's become. So we're all living out the truth of Eve and Adam's rebellion, which equals their default.

To heal the Default in us means we have to see the truth of all our unlovingness in our relationships with ourselves, each other, with nature mostly through our relationship with our pets, how we treat animals for food, and the desecration of the environment, and with our Mother and Father. There are lots to it.

And as we see this, it takes us into dealing with our rebellion. We chose to not be loving when we uncover through our feelings the truth of how unloving we are. We chose to live true to our Natural love and the Divine Love, so true to ourselves and our Mother and Father. And these are not mental decisions, they are feeling ones, you want to go that way because you feel it's right and good for you, which it is. You feel you don't want to be unloving because it's not right and bad for you, it feels bad.

So in the expression and depths of our feelings, and particularly our bad ones, we can feel how being unloving makes us feel, and we slowly want to be the other way. Which can be difficult because we don't know how that other way is, never having been wholly or truly loving; but you long for it, you want it, knowing it's a possibility and reality that can somehow be achieved. So this is really 'willing' it, willing ourselves to be loving, and ending our willing ourselves to be unloving; and our soul and God complies with our will and so gradually changes us from being unloving into being loving.

I think to help you summarise it, you could simply say: The Rebellion is against love, the Default is all the difficulties we have in our relationships because of our rebellion. Healing the Default is becoming true, to ourselves and in our relationships, and ending our unlovingness – our rejection of love, so ending the Rebellion.

I hope this helps John, it might be a bit much, however I put myself back in it as I was, so James could relate more to it as it was important for him to make the will-connection in it as he did.

There is a lot to be talked about and truth seen concerning both the Rebellion and Default, with every person and spirit making their contribution to it as they uncover such truth within themselves. So it's for you to take what you will putting it in your own words. So if you still don't understand some aspect, please ask.

James: I want to add here, something Marion was talking about last night. It's true technically that we are evil and bad and hate, that all having been put on us by default – we didn't ask for it. So in that light, it's not right to keep hating and blaming ourselves for being bad when we couldn't / can't help it. All we can do is accept how we are, whilst seeing the truth of it through our feelings. If we don't like all we see, we express those feelings, even though they make us feel bad, but we don't have to endlessly punish ourselves for being as we are because of what other people did to us.

WE are meant to grow up LIVING FULLY CONNECTED to our FEELINGS:

Humanity has always had an awareness and involvement with spirits, with life on the other side, because we are all heading that way, we all end up dying and becoming one of the spirits, and were humanity living rebellion-free, then nearly everyone would enjoy some level of spirit involvement either directly or indirectly, loving such an expansive awareness in life.

We are meant to grow up living fully connected with our feelings in our physical reality, and at the same time with full feeling awareness of spirits and life after death, because after all, God is the greatest Spirit of us all.

And so having an awareness and involvement with spirits can, and should, help us have more of an awareness with our Mother and Father. And it's not with just spirits, it's also with the angels who are with us all the time, and the nature spirits should we be open to them, and even higher spirits if we are to work with them, such as the Melchizedeks or Trinity Teacher Pairs. But mostly for



those people involved with the Divine Love, it will be with the Celestials spirit group that is assigned to help them.

It is very important to understand that spirits and spirit life is meant to be part of life on Earth. However that's not to say everyone need to have an ongoing relationship with their spirit friends, but they can at least still be aware of spirits and spirit life and where we will be going and something about what to expect once we die. And when you are open to it, lessening the grip of one's fears about it, then we will find it will be just another aspect or level of life, and one that can give us quite a lot of comfort.

TRUTH LOVING SOUL V ERROR INFLICTED MIND



To liberate one's real self, one's will, being one's soul, is by embracing Feeling Healing so to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

FEELING HEALING + SOUL HEALING

To heal one's self is to simply look to see what feelings we are refusing to let ourself feel, and accept them instead of denying them. And to fully accept them, one needs to express them, speak about them, let them have their say, rather than pushing them aside, refusing to let them make you feel bad.

Doing this all with the intention of seeking the truth of why you are feeling them, of speaking about and expressing all such feelings; all feelings you have, but ALL WITH the INTENTION of UNCOVERING the TRUTH THEY WANT YOU TO SEE ABOUT YOURSELF. And it's the wanting to see the truth of them that is very important, because if you just look to accept them and speak and express them, but not seek their truth, then that's all you'll be doing, speaking and expressing them, but not healing their causes, so not fixing the things within you that are making you feel bad. And it's the truth part of it, seeking the truth of your feelings, and so, seeking the truth through your feelings, that's vitally important. It's the truth of yourself, life, nature and God, that is the spiritual aspect to it all.

You CAN'T find the truth of yourself, or anything else, through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them. So to do our Soul-Healing consists of these steps, all of which are ongoing until it's done:

- Admit you are feeling bad.
- Accept your bad feelings, identify what they are.
- Honour fully your bad feelings by expressing them, speaking about them to someone who is willing to hear you talk about them, or tell them out loud to our Heavenly Parents. Long for the truth of them. Long for the truth of why you feel bad what deep within you is causing your bad feelings?
- And remember, bad feelings are Good! Not bad. They are not to be despised. And as hard as it is to accept them, they are still you, and a very real part of you. And if you persist in denying them and not allowing yourself to fully live them, then you are only going to keep yourself in your errors making things harder for yourself.
- All sickness and suffering, all bad things that happen to you, all your problems, all your addictions your whole feeling-denying and untrue life, is all caused by your denial of bad feelings.
- Every problem in the world is brought about because everyone has been brought up to deny feelings, and in particular, most of their bad ones.

If one is intent on spiritually evolving and growing in truth, then it's vital, and this is the key, that one looks to use one's feelings as the means to gain and have access to the truth of oneself. You CAN'T find the truth of yourself or anything else through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

Doing your Soul-Healing with the Divine Love, is really doing your 'Feeling-Healing'. We are designed — created — to be self-revealing of truth, and so we are all to uncover the truth within ourselves and for ourselves, and all being done by living true to our feelings. If you accept, express and seek the truth of your feelings, then truth will come to you, and you'll grow spiritually. It's as easy as that. Also it is as easy as it is to long for, ask for and receive Divine Love.

THE HEALING OF YOUR BAD FEELINGS THROUGH THEIR ACCEPTANCE AND FINDING THE TRUTH OF THEM, IS THE ACCEPTANCE OF YOUR NEGATIVE, REBELLIOUS, EVIL, IMPERFECT MIND AND WILL CONDITION.

To do our feeling-healing we need to become:

Aware of – Acknowledge – and Admit, our bad feelings. So we can: Accept – them and allow ourselves to Be them. And then if we feel to, take: Action – Express, speak and emote them. Talk about them.

All being done whilst longing to, really wanting to, see the TRUTH of our feelings.

So it sounds simple. So I repeat:

We accept our bad feelings by expressing – speaking about them to someone willing to listen to us and take us seriously. And as we speak we long for the truth of them – why we are feeling them – to be made known to us. And when we uncover and see the truth we are FREE! – healed of the causes that have made us feel bad.

Accept, Express – see the Truth, and you're Free!

ACCEPTANCE OF ALL YOU FEEL, THINK AND ARE, IS THE KEY TO DOING YOUR HEALING; THAT, AND WANTING TO SEE THE TRUTH OF ALL YOU FEEL, THINK AND ARE.

Release one's pain through expressing one's feelings.



Longing for the Truth when also longing for Divine Love.

Feelings First Spirituality The New Way

Feelings First FF Feeling Free

The New Way, Feelings First Spirituality Learn to live with God through your Feelings

Accept, express and long for the truth of your feelings

Be free in your feelings Free your feelings from your mind's control Live true to your feelings; your feelings are your true self Live true to yourself through your feelings



Live true to yourself by living true to your feelings. Long for the truth of your feelings.

Accept / Express / Bring out ALL of your good, and most importantly, BAD feelings.

Want to understand why you're feeling them.

Use your surface feelings to take you deeper into your repressed and hidden feelings.



The Feeling Way is the True Way. Your feelings are your spiritual guide. Your feelings will take you to God.

Your feelings will show you the truth of your relationships, including your relationship with God; and if anything is wrong, untrue and unloving, then why it is.

Our feelings are sacrosanct and we should respect them accordingly. And we should NEVER block them out, ignore, override, banish, deny or reject them, because if we do, we're only doing that to ourselves, as Our Feelings Are Our Self.

Our feelings are the gateway to our soul. Our feelings are the closest we can get to our soul. Knowing the truth of our feelings is knowing the truth of our soul, and knowing the truth of God.

Feelings First Spirituality is the True path for humanity.

It embraces all people.

It completely unifies the world.

Everyone can relate to everyone else through their feelings.

And we can all live the truth that comes from our feelings, all sharing the same truths as we express and have the same feelings.

No one need be left out; no one is more special than anyone else – we are all united in Truth through our feelings.

So with and through our truth we live our lives, therefore without the need of any man-made mind-laws, rules and restrictions that limit self-expression as inspired by our feelings.

The New Way, Feelings First Spirituality is what is to replace all man-made, mind-contrived religions that so many people have enslaved themselves to. The New Way, Feelings First Spirituality will set us free of all that control, ending the Rebellion and Default within ourselves as we do our Feeling-Healing, and ending such control and spiritual stagnation in the world.

Bring on the End Times – get it over and done with! Let's all see that Jesus is not going to come again, that Prophecy has failed all the mind-controlled platforms. Allow such false systems of belief to die their long-awaited natural death, they've overstayed their welcome, it's now time they fade away. So let us show such antiquated, erroneous systems of belief the exit and bring on the fresh liberation of discovering the truth of how we are to live for ourselves, each of us personally in our lives, and all by looking to our own feelings for it. Self-revelation through our feelings is the way to go.





The Way of the Mind is ending, and is really the End Times – the End of our mind control, and **it's about time!** With the Way of our Feelings replacing it.

The End Times means the end and therefore a New Beginning. And that new beginning is a whole new Spiritual Age – an age based on self-revelation of truth through one's feelings, coupled with and supported by higher revelations from the Celestial spirits, angels and nature spirits.



The Feelings First Spirituality is the True Way to God because it helps you get to know God, helping you to reach out, connect and be personal with God, and do God's Will, all through your feelings. It is the only true way of getting to know the God of Feelings – our beloved Heavenly Mother and Father, the Great Soul of Divine Love.

Love comes through our feelings and not our mind, as we've all been wrongly led to believe.

Feelings First; then comes The Truth; then comes Love.

LOVE is the Religion of Feelings, being:

Feelings First Spirituality, The New Way







FRUSTRATION **Revelation 1: Our soul becomes encrusted** JEALOUSY with harmful ways of life, plus negative and SADNESS erroneous beliefs, these mainly stem from our childhood upbringing and environment. Thus DOUBT NEGATIVE we live untrue to ourselves, we become 'evil'. Whilst we hold to these injuries we limit the EMOTIONS amount of Love that we can receive into our ENVY soul. To open our soul to the Love we must firstly and progressively feel into our DESPAIR SADNESS emotional injuries and allow them to be DEPRESSION released. Until we emotionally experience

To free our soul of damage and toxic emotions we must open ourselves to experiencing them. This is a progressive, slow and uncomfortable cleansing process that we must all experience. Only by addressing the generational injuries will we, as humanity, evolve in love.

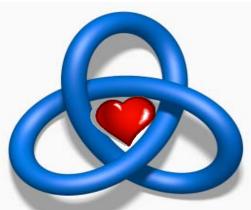
past errors and injuries we hold onto them.



To fully divest one's self of our badness, we have to 'go into' our feelings. Call this process of clearing toxic emotions as 'Letting Go', 'Emotional Processing', 'Journey Process' or 'Feeling Healing'. Embracing Divine Love then Feeling Healing becomes Soul Healing.

As part of our Feeling-Healing we will have to work our way into all our feelings to see if indeed they are coming truly from our heart and soul, or if they are being heavily influenced by our mind. And this will then lead us into questioning and uncovering the truth, if there is any, to our beliefs and why we behave the way we do; and is such behaviour based on truth, or is it based once again on untruth, belief, and rules of our mind.

Revelation 2: We can long for, ask for and receive the Mother and Father's Divine Love. The greater our soul is free of error and injury, the more of the Divine Love can be received and assimilated into our natural love formed soul. The Love does not free us of injury, however, it strengthens our resolve to continue on our journey to be free of error and injury, to step away from evil aspects that have been encapsulated within our humanness and soul. It is this Love, the Divine Love, that brings about immortality of our soul and it is this Love that will eventually fit us to enter the Celestial Heavens and progress for ever more onwards to Paradise. These two revelations free us from error and enable us to grow in love ever more.



Immortality with the Love.

SHAME

GRIEF

GUILT

FEAR



REVELATION James Padgett

1914 – 1923

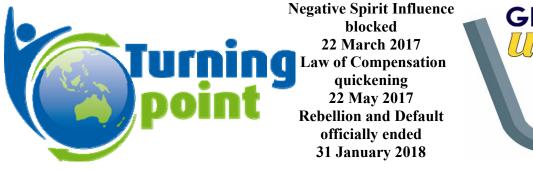
James Padgett bravely introduced the availability of the Mother and Father's Divine Love and a great deal of additional guidance and information, all of which has been supplemented by Samuels, Judas, Reid and Arnold. All writers were under restrictions of personality and circumstances. Revelation 1 opened the door for humanity.

Quantum Jump2

REVELATION 2 Marion and James Moncrief

2002 – ongoing Marion and James Moncrief have recognised the need for one to engage in Feeling Healing and, by their actions, removed restrictions that James Padgett and others above endured, thus JM is able to critique the writings of the past 100 years resolving points of confusion as well as expand on what has been written. Revelation 2 is humanity's turning point.

Due to the extra-ordinary nature of Revelations 1 and 2, humanity with the first Revelation would have continued on into its negative pathway of living, however, combining the first Revelation with Revelation two, now humanity can embrace this turning point and commence its evolutionary growth that has required two thousand years to put in place. This is the greatest event in the history of humanity and very few are aware of such, until we enable others to become aware.





END to the REBELLION and DEFAULT - 31 January 2018:

31 January 2018: Nanna Beth, 3rd Celestial Heaven: Yes John, very good news we want to pass onto you for your records. Earth and the seven associated Mansion Worlds (including the two Earth planes) are **officially** now fully under the control of Celestial spirits. And this means John, that Earth is now 'Ours'. It's been a long time coming, but it's a huge milestone and marks a tangible and real end to the Rebellion and Default. It's one of a number of 'End's' that are to occur.

With the departure of the Caligastias and Daligastias some years ago, humanity has been in a state a limbo so far as who is doing what with it, it not being allowed to be left alone so it could do whatever it liked, it always needing to have a spirit connection. With the mind spirits, as we've told you, basically calling the shots still happy to ignorantly carry out C&D's plans. But now with our systematic and progressive take over, we're now in complete control.

And what that means is we have our fingers in every pie and we're on the case so far as what everyone is doing. However it doesn't mean we're taking over and telling humanity what to do and how to be, although we are able to work more with certain individuals directly and indirectly helping to move or point or orientate (depending on how you want to look at it) individuals, groups of people, whole societies, the whole world, according to the plans given to us by the Melchizedek Receivers.

So humanity will still carry on outworking it's unloving, untrue and rebellious state, that has to be worked through to its natural conclusion, however we want you to understand and just know that it's another end of things and beginning of the new. And it's basically what we've been working with you in connection with James this past year to achieve. There is a lot more to it and how and why it's been done, and done as it has been done, however you can find out about all of that when you come over.

So we Celestials will guide humanity now according to what our Mother and Father want, so humanity's got a real tangible safety-net under it now, so no more 'downside risk', it all being to move it toward doing its Healing.

I'll speak again soon – love Nanna Beth.



<u>U-TURN for HUMANITY</u>:

Why are we doing a U-Turn?

We are doing a U-Turn **because** the year 2017 heralded the end of the Rebellion and Default. For two hundred thousand years, humanity has been going in the wrong direction.

What is this fundamental step that will change our way of living?

We are to come to understand / know the foundational cause of all our feelings, both good and bad. As we explore and investigate our feelings, each time they arise, one by one, we are to talk them through, express them to a companion or friend or anyone who will listen. As we express them, while at the same time coming to understand how they have come about, we will find that they will be resolved and that they will not come up again.

We will find that all of our feelings / emotions have their foundations from our childhood. And by childhood, that is from the time of one's conception all the way through to about the age of six. It is the repression of our childhood feelings that is the base or foundational cause of each and every one of our adult personality issues, pains, difficulties, illnesses and distressful life experiences.

We have to see the whole truth of our negative or self-denial state, before we can heal it and be free of it.

The vital difference between emotions and feelings is:

- emotions have their roots in the past,
- feelings relate to the present moment,
- emotions represent feelings not previously expressed,
- and these accumulate over time.

Many emotional clearing processes encourage us to look into our feelings, however, none go so far as to drill down into the core foundation of any emotional feeling to the point that we strive to KNOW the core issue, the origin of the feeling, be it good or bad, and actually come to know what it is!

The *Journey Process* is generally known worldwide. It stops short of longing to know, that is asking for the knowing of the events that brought about such a feeling. Yes, we are to acknowledge the feeling, say being angry. Then accept that behind that anger is the feeling of being small, and then look at the underlying reason of why we are feeling small. What is the truth behind that feeling? Ask our Heavenly Parents what is behind all of this feeling. What is the foundation, the origin of the feeling? All the time talking it out, expressing it, with a friend. The expressing of the experience is the release of the emotion / feeling, this is what removes it for ever from within our essence, our **soul**.

Why ask our Heavenly Parents? I thought God was just God – singular?





This is part of the revealings that have been unfolding for us very recently – that is – since 2002.

We are made in the image of God. This has been understood for centuries, for 2,000 years. Our soul is duplex. Our soul expresses itself through two personalities. One soul 'subdivides' into two, one half always being female and the other half always being male. We are a reflection of how God is. God being one Soul is expressed as Mother and Father. God is two personalities. They are soulmates. And each of us has a soulmate, and our soulmate is always of the opposite sex, because the Mother and Father are the opposite sex.

Thus, when we long for the truth behind a feeling, then we can long to our Heavenly Mother and Father. Only they can tell us. No spirit personality can tell us. No canonised saint can tell us, we may as well ask our next door neighbour. That would be just as productive. Mary and Jesus can't tell us, as they are also spirit personalities.

I was taught that Jesus was God? And what is this about Mary?

Mary of Magdalene and Jesus of Nazareth were both born free from sin. Neither of them are God. They are both children of God, just like you and me.

History needs to be corrected. Both Jesus of Nazareth and Mary of Magdalene became at one (At-One) with our Heavenly Mother and Father during their physical lives here on Earth in the first century; Jesus in the year 26CE and Mary in the year 33CE, or there abouts. Jesus died aged 35 (born 7BC died 29CE), and Mary died aged 47 or 48 (born 2BC died 47CE).

Further, their sojourn on Earth was the completion of their process to become the full Regents of the sector of planets that is referred to as Nebadon. The region within our super-universe that is referred to as Nebadon contains 3.8 million inhabited planets. If you look into the night sky, each star / sun potentially has between none to three inhabited planets within its orbit. Within Nebadon, the soulmate pair, namely Mary and Jesus, are our Spiritual Teachers of Truth. Their domain is all 3.8 million physical planets plus their associated spirit worlds. Each physical world has seven associated spirit worlds, which is the case for Earth being one of the 37 that have rebelled.

Some 200,000 years ago, Lucifer with his soulmate and his deputy, Satan with his soulmate, brought about a rebellion on 37 of the inhabited planets within the region called Satania, one of the local universal systems of Nebadon. Earth compounded the situation through the Default of Adam and Eve about 38,000 years ago. Thus the population of Earth, being in the worst condition through the Rebellion and Default, became the location for Mary and Jesus to have their physical experience to complete their ascendancy to full Regency of the local universal system being Nebadon.

Their lives on Earth was the start of the unravelling of the Rebellion and Default. Upon Jesus becoming At-One with our Mother and Father, he was then vested with the authority and power to have the Lucifers and Satans arrested, and they now reside exiled within a prison world.

Notice that there were no records of Jesus and Mary's teachings and experiences made during their physical life. That was because they did not specifically come here for us, they came for the benefit of all peoples of all planets and spirit worlds throughout Nebadon.

As they are Paradise descending spirits, they have **Spirits of Truth**. Upon Mary and Jesus' death, they released their Spirits of Truth. As spirits, Jesus and Mary are how we will be, once we've finished our Soul Healing. They can only be in one place at any one time. However, it is their Spirits of Truth throughout Nebadon that we can connect with for guidance. It is through their Spirits of Truth that spirit personalities can progress through and out of Nebadon.

Those planets that have Rebelled need further assistance, and they need it on a localised manner. This can only be provided by another bestowal of a **Paradise Pair**, and that is in the form and manner of an **Avonal soulmate pair** who come here specifically for us.

What is the purpose of an Avonal pair, and are they here on Earth?

Unlike Jesus and Mary who were always free from sin and did not experience how to heal themselves, the Avonal pair are to experience all of the extremes of evilness and then proceed to heal themselves. Mary and Jesus through their bestowal on Earth ended the Lucifers spiritual rebellion in Nebadon; the Avonals bestowal is primarily concerned with ending the Default of Adam and Eve by the Avonals themselves personally healing the effects of such a damaging Fall.

The soulmate Avonal pair are to be, and have been, subjected to the extremes of childhood suppression and repression, and then, through their Feeling Healing, are experiencing all the facets of emerging truth as they slowly progress through a protracted and difficult healing process. As they reach specific milestones, this also enables those in the Celestial Heavens, (the three worlds where Celestials reside) to be empowered to assist us in the physical on Earth.

The first considered milestone was the arresting and imprisonment of the Caligastia soulmate pair and the Daligastia soulmate pair. After the arrest of the Lucifers and Satans in the first century, as nothing further occurred, the Caligastias and Daligastias continued on from spirit as if they were kings and queens, suppressing all of humanity and with plans to take over the universe. It was possibly in the early 1990s that they were 'judged' and 'removed'. They were caught unaware that an Avonal bestowal pair were on Earth.

How is all this becoming known? Has Jesus and Mary communicated directly to Earth?

Unlike in the first century, when no records were kept (as the event related to all of Nebadon and it was actually setting the stage for the Avonal bestowal pair to arrive on Earth), every effort to retain records in great detail of this current series of events is now being attended to. Consider this. The New Testament of the Bible is some 300 pages. The records of the Second Coming, which this is, the primary records are possibly 6,000 pages, with direct complementary records increasing that to over 10,000 pages and with all the supplementary records to date, there may be as many as 40,000 pages, certainly well over 30,000 pages of material presently.

Jesus directly communicated through James Padgett from 1914 to 1923. Mary of Magdalene (Mary M) has directly communicated through James Moncrief from 2002 and is ongoing. Jesus has also communicated directly through James Moncrief. Neither have ever directly communicated through any one else, however, some Celestial Spirit personalities have provided information through other personalities on Earth with the

support and approval of Jesus and Mary, thus some confusion, though the quality of the information is very reliable.

You say this is the Second Coming? You say I am living during the time of the Second Coming?

Yes you are. And it's more than that. This is the Second Coming, the End Times and the Handover!

In fulfilment of the prophecy in the first century, the Second Coming commenced on 31 May 1914 through the writings with James Padgett and concluded in 2014 through the writings with James Moncrief.

The End Times are well advanced. Mary and Jesus are well advanced in handing over their direct involvement with Earth to those within the Celestial Heavens. When this is completed, the Handover will also occur. **The Hand Over is to the Avonal Bestowal pair** and it is they who will guide the population on Earth through their Feeling Healing processes for the next 1,000 years, being the next spiritual age. The Handover will take place after the Avonal pair complete their personal Healing of the Rebellion and Default. Then will follow with their Spirits of Truth being officially liberated in alignment with Mary M and Jesus' Spirits of Truth upon their death.

Major events have occurred with the progression of the Avonal pair's Feeling Healing, which they are also doing whilst embracing our Heavenly Parents' Divine Love, thus they are doing their Soul Healing.

Early 1990s:	The arrest of the Caligastia and Daligastia soulmate pairs.
22 March 2017:	Negative spirit influence was blocked.
31 March 2017:	Angel assisted healing will become available upon the Avonal pair completing their
	own Feeling Healing, being with Divine Love, thus it being Soul Healing.
22 May 2017:	Law of Compensation quickening.
2 December 2017:	Psychic Barriers maintaining the Rebellion and Default were cracked.
8 December 2017:	Bring on the money to 'house the future of humanity'.
31 January 2018:	Earth and the seven associated Mansion Worlds (including the two Earth planes) are
	officially now fully under the control of Celestial spirits. This marks a tangible and
	real end to the Rebellion and Default.

How does this all fit into our future way of living?

This time, in the history of humanity, is the most exciting time ever experienced.

The whole human race is suffering from repressed childhood and mind control.

Through one's Feeling Healing, and should we embrace our Heavenly Parents' Divine Love, then with their Love we are doing our Soul Healing, and eventually we can live totally in accordance with our soul based feelings and live free from error – no more fear and no more physical illnesses is possible!

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

Our soul is always perfect. In fact, we are the complete package. All that we need to know is within our soul. This knowledge has been denied from us since the time of the Rebellion and compounded by the Default. That is what was brought upon us by the Lucifers and his cohorts. We have always been meant to live true to our soul based feelings but we were taught to embrace our error riddled mind – this was aided by our parents – unknowingly all parents have taught their children to be mind dominant. This is the Great U-Turn. We are to feel and live by our feelings and express our feelings, our mind will follow in support, not the other way around.

"Many people look for a person, spirit, angel, even God, for supreme guidance, however it's all right there already built in – in our feelings. Feelings guide us through our ascension of truth. So they are really our Supreme Guides. We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it's there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feelings is really: Longing for the truth of our self, because: we are our feelings. So life stirs up our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings."

Kevin of the 1st Celestial Heaven 26 September 2017 (Kevin Cooper died 10 August 2012, through Feeling Healing became Celestial on 7 August 2017.)

It is through the assistance of the Spirits of Truth of the Avonal Pair, upon the completion of their Soul Healing, that we will be guided through our Feeling Healing process, and should we embrace our Mother and Father's Divine Love, then our Soul Healing.

Then should we embrace Mary and Jesus as our Spiritual Teachers of Truth, their Spirits of Truth will lead us on the path through the Celestial Heavens where we will certainly meet up with our soulmate and join our soulgroup, which will eventually consist of twelve soulmate pairs. Then as a soulgroup, the Spirits of Truth of Mary and Jesus will lead us up through and out of Nebadon towards Paradise.

It is then our Mother and Father in Paradise who draw us to them and we will eventually meet our Heavenly Parents.

Meanwhile, while we live on Earth, we will have assistance and guidance previously denied to us throughout the era of the Rebellion and Default. Under the Contract controlling and managing the Rebellion and Default, the powers and capabilities of our Celestial Heaven spirit personalities, all three worlds of them, were heavily restricted and almost of no assistance to us at all. Further, Nature Spirits and our Angels were heavily denied contact with us physical people because of the Rebellion and Default, all of which is soon to change, so we can look directly to them for help concerning healing ourselves and understanding all aspects of nature.

As we embrace our Feeling Healing, Celestial spirits will and can greatly assist us. In fact, during the year of 2017 they have blocked all mind spirits from the Natural Love Mansion Worlds: 1, 2, 4 and 6 from interfering with us. Celestials have taken control of all facets of living and life on Earth. Celestials are those spirits who have completed their Feeling Healing and progressed through Divine Love Mansion Worlds 3, 5 and 7 and now live in the higher Celestial Heavens, 1, 2 and 3 (when we become At One with

our Heavenly Parents then we leave the Mansion Worlds and progress through the next three spheres related to Earth, hence the Celestial Heavens are also referred to as being numbered 8, 9 and 10).

The Nature Spirits of Earth, who live in the third Earth plane, can now directly interact with those who are embracing their Feeling Healing. Nature Spirits are essentially 'angels in waiting'. They have been on Earth prior to anything that we now see living in nature. When they first started to arrive, there was no life in the seas or on land. They have consequently witnessed everything that has happened on Earth, including all prior human civilisations that we continue to largely remain ignorant of. Their knowledge and assistance is of great importance to us. We are to interact with them on an ever increasing scale. They are to become



an invaluable source of information for us concerning how we are best to live with nature.

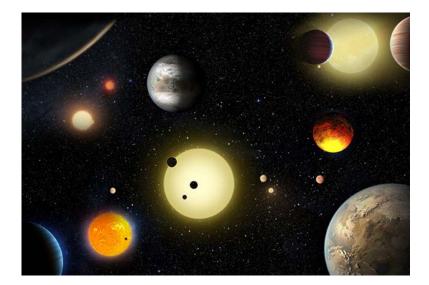
Further, we may become more aware of our **Indwelling Spirit**, which arrives for each of us during our sixth year, as we now progress with our Feeling Healing, or with Divine Love, our Soul Healing.

And all of this is possible as we embrace our Feeling Healing process, acknowledge and accept the Avonal pair, acknowledge and accept our Spiritual Teachers of Truth, namely Mary and Jesus, and more importantly, grow to love our Heavenly Parents, our true Mother and Father.

We do not need intermediaries, rituals, liturgy, dogmas, creeds, fancy clothing, or institutions. It is our soul based feelings and expressions that we may exchange directly with our Heavenly Parents. Groups may form to assist each other, and that is our choice and within our free will.

This is the greatest event in the history of humanity.

This is the Great U-Turn that humanity will embrace throughout the next 1,000 years. MoC 1,480



DIVINE LOVE does not TRANSFORM one's SOUL FEELING HEALING is what TRANSFORMS one's SOUL

The Divine Love does transform our soul from Natural love into Divine Love. It's our Feeling Healing that 'transforms' or heals our erroneous expression of Natural love. We have to 'heal' and so perfect our Natural love, so it can then be transformed by the Divine Love.

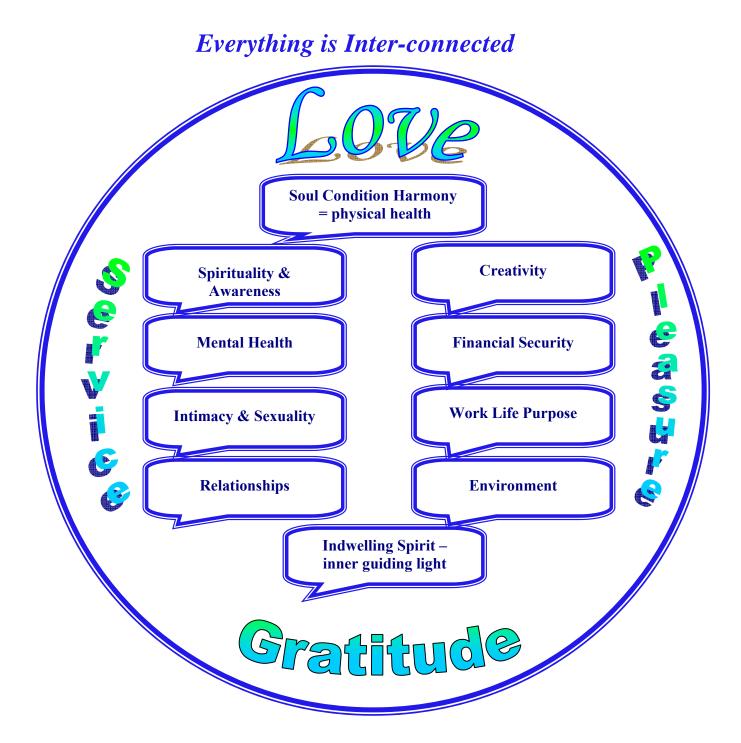
Divine Love does not even begin the real work of transforming one's soul, for those who focus upon receiving Divine Love to the exclusion of embracing one's Feeling Healing, they are just expanding their mind's control over themselves. Should this be one's passion, then upon passing into the spirit Mansion Worlds they will find that they can continue along this path all from within the Divine Love followers segment within the first natural love Mansion World! Yes, only from within the first natural love Mansion World.

Most of humanity on Earth does not want to face the very truth their feelings are making them feel every day of their life. So if they want to keep living in the spirit Mansion Worlds as they did on Earth, in complete denial of their feelings and the truth they are to shown about their wrongness, they can.

However, for those who have embraced Divine Love and begin to engage in their Feeling Healing process to begin the transformation of their soul, they will be able to sense the Divine Love already within their soul 'driving them on'. One's understanding and adjusting will be changing rapidly to that of embracing all about the Healing and doing it – all being supported by the Divine Love that one may have received previously. All one may have done with the Divine Love may make their introduction into their real Healing, by using their feelings, much easier than it is for other spirits from the mind worlds who are at the same time having to wrestle with many of their old religious beliefs or mental programming, having to take on a whole new mind-set which one could see would take some of them years, whereas for someone who has been longing for and receiving Divine Love for some time it may be only a matter of weeks. This also applies to those living in the physical.

It is the Feeling Healing process that transforms one's soul towards perfection, towards the ability to fully express one's true personality as given to us by our Heavenly Parents, it is the Divine Love that then fits that transformed soul to be able to enter the Celestial Heavens.

Reference: Pascas Care Letters – Divine Love does not Transform



The Three Great Truths:

- "God is Soul, being our Heavenly Mother and Father;
- that each individual soul is a finite individual;
- and that the Divine Love is freely available for all to receive."

Feeling Healing – Healing yourself through your feelings.

- ✓ Your feelings are the real and true you.
- ✓ If you are denying any feelings you are denying yourself.
- ✓ If you are denying yourself you can't ever be truly happy.
- ✓ To heal all your pain and suffering, you can look to your feelings for why you are feeling bad.
- ✓ If you want to know the truth of yourself, then it's your feelings you will need to look to.
- ✓ Your feelings hold the hidden keys to unlocking the truth of who you really are.
- ✓ Uncover the truth of yourself through your feelings and you will know why you feel all you do.
- ✓ Everything in life, why all that happens to you does, and everything about yourself, can be explained to you through your feelings.
- ✓ Why your relationships might not be as good as you would like, why some might fail, you will understand through your feelings.
- ✓ How to live a good, true, happy and loving life will come to you as you start paying attention to all your feelings.
- ✓ However you will also have to pay attention to all your bad feelings, and this can be very harrowing.
- ✓ By honouring accepting and then expressing all the bad feelings you feel, you will slowly bring to light all the reasons why you don't feel good.
- ✓ And as you liberate yourself from these hidden repressed bad feelings, so you will start to feel better and better about yourself.
- ✓ It's a process, and it can take time, years possibly, but all that's hard will eventually pass becoming good.
- ✓ Expressing all your feelings, and particularly your bad ones, whilst longing and really wanting to know the truth of why you're feeling them, is doing your Feeling Healing.
- ✓ You can Heal yourself through your feelings. And in fact, it's the only way to really heal yourself.
- And if you wish to do your Healing with God, you can also long for God's Divine Love.
- **Feeling Healing Using your feelings to heal yourself.**

Manifesto of Divine Love:

- 1. We love one another as Mary and Jesus, our spiritual parents, love us. And so we seek their Spirits of Truth.
- 2. Our all loving Heavenly Parents, our Mother and Father, we love and honour at all times.
- 3. We worship only our Mother and Father, God, and Creator of all things.
- 4. We treat our Creator's name with respect and love, and earnestly seek Their Divine Love, and at all times pray for It, ask for It, and receive It.
- 5. We set aside a regular day each week for Sabbath rest and worship of our Heavenly Parents, God, and seek Their Love so that we may grow closer to Their fountain head of Truth and Love.
- 6. We are to be as we feel, even if it's sinful, but in doing something that is not in alignment with God's Love and Truth will make us feel bad, that is provided we allow ourself to feel our bad feelings, and so we can then use our bad feelings to find out the truth of why we feel bad and why that thing we have done is bad. We embrace our Feeling Healing.
- 7. We strive to cause no harm to another, nor cause any harm to one's self. We do not do to others what we would not have them to do to us. We treat our fellow human beings and all living things, and the world in general with love, honesty, faithfulness and respect. Violence, at any times, is never justified. Golden Rule: that one must always honour another's will as one honours one's own.
- 8. At all times in our intimate relationships we strive to express and live true to all our feelings, all so we can use our feelings to uncover the truth they are trying to show. The truth of ourselves, of our relationships, and the truth of everything else, including God.
- 9. We do not covet or steal anything that does not belong to us. Honesty in all communications, actions, undertakings and activities in all facets of life is our rule of life.
- 10. In all that we do, we are to be truthful. We are non-judgemental, for none of us have the capacity or authority to judge another. We are always ready to forgive all wrongdoing.
- 11. We do not desire anything or anyone that does not belong to us. Comparing oneself to others and longing to have what they have leads to errors. We are to be content by focusing on the blessings our Heavenly Parents, who made us in Their soul's image, provides for us.



Divine Love, which is a substance, progressively:

Transforms one's soul from that which is of natural love to that which is Divine

As natural love is enhanced with the Parent's Love, we reject our tendency to error

Divine Love, our Parent's Love, restrains errors, untruths and emotional stress

As we reject the condition to error, we develop our love for our brothers and sisters

Divine Love helps one with the discovery of truth through one's soul-feeling healing

Our natural intelligence grows, perceptions rise with our soul intelligent feelings

As Law of Compensation is resolved, the Love reduces returning to being in error

Receipt of Divine Love, the Parent's Love, grows our faith, we become God reliant

As our faith grows our propensity to undertake one's Feeling Healing strengthens

With the Love, our Feeling Healing becomes Soul Healing, this we are to undertake

Without the Love we remain self reliant and dependent upon our own will power

Only with the Love will our soul condition grow rapidly, all around us also benefit

The Love is the only substance that changes the human soul to that which is Divine

Only by asking and receiving Love do we become fitted to enter Celestial Heavens

Only by asking for and receiving the Divine Love does our soul become immortal.

What is Divine Love?

It is the Divine Love of God, our Heavenly Parents, restored to all mankind by the births of Jesus and Mary.

How do we get this Love? By sincerely asking God, our Mother and Father, and receiving the Love that passes all understanding.

What happens then?

We are born again in spirit and in truth, our soul opened to the Soul of God, our Heavenly Parents.

What then do we know?

We know we are all children of God and want to pray always to our Heavenly Parents, always longing for Truth.

What is the purpose of Feeling Healing? We are to seek the truth of our feelings and unburden ourselves from our childhood repression and injuries.

What of the world?

We are at peace in the world and fearless. In Divine Love and in Truth there is no fear.

What else?

We are to strive to love everyone unconditionally as our Heavenly Parents and as Mary and Jesus love us.





This document overall:

Map of Consciousness calibration 880