# PASCAS CARE

# Power of Prayer





"Peace And Spirit Creating Alternative Solutions"

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Pascas provides these notes and observations to assist us all in the development and growth of our own pathways and consciousness. Pascas does not hold these contents as dogma. Pascas is about looking within oneself. Much of what we are observing is new to us readers and thus, we consider that you will take on board that which resonates with you, investigate further those items of interest, and discard that which does not feel appropriate to you.

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We offer all contents in love and with the fullness of grace, which is intended to flow to readers who join us upon this fascinating journey throughout this incredible changing era we are all experiencing.

Living Feelings First, John.



"Never can one man do more for another man than by making it known of the availability of the Feeling Healing process and Divine Love." JD

#### **LONG for the TRUTH**!

Above all else, "Longing for the Truth" has not been recognised by humanity. True Prayer is not asking with the mind; it is a longing from the soul. Should we long for the truth then we will be told. This is how we ascend. Earnestly desire to know the truth and it will be revealed to us.

Our soul, our real self, already knows the truth and the answer we are seeking, the truth will come to our awareness through our feelings. Our feelings are soul-based.

Our mind cannot determine what is truth from what is false. Our mind is addicted to being in control and will lead us according to its agenda, all to our detriment. This is what man has embraced for the past 200,000 years – now the mind is to be subjected to our feelings. Accordingly, our mind will learn to assist our feelings.

Longing to our Heavenly Parents for truth will bring about the understandings we are seeking to achieve.

Long for the truth behind any feelings, both good and bad, and we begin to peel off and escape from our childhood repression and suppression, thus escaping from the generational cycle of errors that have been passed from parents to their children, thus continuing the cycle of error and harm. ALL children are harmed in this manner.

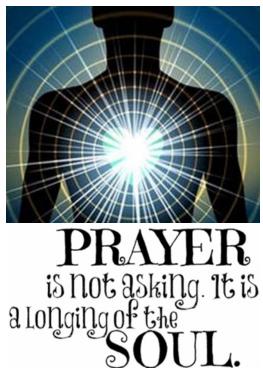
Through longing for the truth behind our feelings, both good and bad, we start to bring about harmony and peace to our self, which eventually flows onto our family, then our companions, then our overall community and then country. This is how harmony will come to all of humanity and peace will prevail with war being set aside. This is what the Great U-Turn will bring about.

Longing for the truth is the only way that we will come to understand the cause of any physical discomforts, pains, diseases and illness. It is by expressing the understandings of what one is feeling about any emotional event or issue so that we release from our essence the negative energies relating to these feelings arising from past events, particularly those from our childhood forming years. The harm that we each endured during our childhood forming years has set the pattern, at all levels, for our adult life.

In a variation of those inimitable words uttered by Jack Nicholson, "You CAN handle the truth!" This is how humanity will heal itself and bring about peace for each personality and humanity overall.

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.





## What is prayer? (What followers is more mind orientation – not feeling based!)

Prayer is the practice of the presence of God. It is the place where pride is abandoned, hope is lifted, and supplication is made. Prayer is the place of admitting our need, of adopting humility, and claiming dependence upon God. Prayer is the needful practice of everyone. Prayer is the exercise of faith and hope. Prayer is personal soul communication with our Father in heaven seeking guidance from Jesus the Master, our brother.

The Bible speaks much of prayer. But, sometimes, too often, we ignore prayer and seek to accomplish in the strength of our own wills those things that we desire to have or happen. For those of us who are too often guilty of this, we need to bow our knees, confess our sin, receive God's forgiveness, and beg that the will of the Lord be done above our own. God is sovereign and loving and He knows what is best for us and others.

Prayer changes the one praying because in prayer, we are in the presence of God as we lay before Him your complete self in confession and dependence. There is nothing to hide when in quiet supplication we are reaching into the deepest part of ourselves and admitting our needs and failures. In so doing, our hearts are quieted and pride is stripped and we enjoy the presence of God. <u>James 4:8</u> says, "Draw near to God and He will draw near to you."

Prayer brings peace. "Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all comprehension, shall guard your hearts and your minds in Christ Jesus," (Phil. 4:6-7).

We can test our prayer life and dependence upon God by the peace or lack of peace in our hearts. In all things we are to seek the Lord and in His continued presence. Peace will surely be our gain.

Prayer is the practice of the presence of God.

+Brian

**Bishop Brian** 

To liberate one's real self, one's will, being one's soul, is begun by embracing Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

### **Prayer for Divine Love**

Long to God for Their Divine Love

Begin with the understanding that God, your Heavenly Mother and Heavenly Father, are offering you Their Divine Love. And all you have to do is want it, want Them to give it to you, to love you. So when you feel you want it, you long directly to Them for it, asking them through your feelings (with longing) to fill your heart and soul with Their Divine Love.

You can long for Their Divine Love, anywhere and at any time. It can be a formal prayer – longing, such as sitting in meditation or prayer, opening your heart to Them, and longing to Them for Their Divine Love. Or you can do it spontaneously on the go, when the desire to long to Them for Their Divine Love comes over you, or when you remember to do it.

Wanting God's Divine Love in your soul is about wanting to develop a very personal relationship with your Heavenly Parents. Speak to God as your real Parents. Tell Them all you are thinking and feeling, as you would your earthly parents (provided you had a loving relationship enough with them to do that.) If you feel angry with God, hating Them, express all your negative unloving feelings to Them too. Don't hold back, share and give all of yourself to Them, They want to get to know you, as you want to get to know Them. And keep longing for Their Divine Love.

We have to long, reach out wanting Their love through our feelings and with the full will of wanting it, which doesn't involve any words, so with the mind staying out of it. It's a yearning from your heart wanting to be loved by Them, so wanting Them to give you Their Divine Love – to love you, and to make you feel loved by Them. So it doesn't involve words, it's an inner yearning, longing, desire to partake of their Divine Love that is required by us. Then we can support this longing using our mind by saying actual words (praying). So say whatever words you want to say to Them, whilst you are longing with your heart for Their Divine Love.

Just be yourself, say whatever you want to Them, as you long for Their Divine Love. The more personal, open and honest you can be with Them the better your relationship with Them can develop.

And once you've longed, which can take only a moment, then give yourself time for Them to love you. You might feel the Holy Spirit coming about you, and then Their Divine Love coming into you, gently, very subtly, or strongly, even very strongly in a whoosh. It's different for each of us, and different often each time we long. And if you have previously

longed to God in any way yet not specifically for Their Divine Love, when you do specifically ask Them for it, it will be a very familiar experience you'll have receiving it.

If you are sitting formally in mediation or prayer, once you've longed to Them for Their Divine Love, and you feel the Holy Spirit bringing it to you, you might find your head wants to move upwards as if looking into Heaven. Allow if too, but if it wants to keep going, don't stress yourself by hurting your neck, bring your head forward again. It's a lovely feeling sitting in the Light of the Divine Love, feeling it coming into your heart and soul. And you might find that you enjoy sitting for five minutes or half an hour, then suddenly the 'light goes off' and the prayer is over as you've received enough Divine Love for the time being.

Also, don't be surprised if at first you can feel the Love readily coming into you but as the years pass it seems to get less and less and you feel less inclined to long for it. This is naturally meaning you have received enough for the time being, you will need to do more of your Spiritual Healing before your soul is ready to receive more.

Summary:

Long with all your heart to your Heavenly Mother and Father for Their Divine Love.







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To liberate one's real self, one's will, being one's soul, is by embracing Feeling Healing so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

Our salvation IS by embracing Feeling Healing with the Divine Love.

God's Divine Love: Pray for it, ask for it, and receive it.

Please Mother and Father, may I receive Your LOVE.

"Every day is a day of devotion."

Follow your heart, follow your love and do that in loving action, your inner love leads in your asking the Soul of God to receive a little of the Love to strengthen one's resolve to heal.

"I love you Father." "Let the Divine Love proclaim its energy into my soul."

"Mother - Father, I desire your Love and I am loving you."

"Soul God, I love you and I love receiving and experiencing your Divine Love."

"True Soul God, I am here, I am aware of your Love. Please hear my aspiration for your Love and as I approach you from my soul, I can feel your Love in the way that you are loving my soul."

Try it; give the Feeling Healing and Love a go! If you want to shine, receive the Love.

One can simply receive the Love without following any religious or spiritual teaching taught by man!

Emotional errors and injuries cause encrustment around the soul, the soul is never damaged however, the encrustments retard love energy flow to and from the soul. Feeling Healing melts such injuries.

**Three Great Truths:** 

- God is Soul, being our Heavenly Mother and Father; •
- that each individual soul is a duplex both male and female; •
- and Feeling Healing with Divine Love is the pathway to Paradise.

**PRAYER for DIVINE LOVE:** library download pages at www.pascashealth.com Kindly visit the library download pages at <u>www.pascashealth.com</u> as further recordings are added. Should you click on the audio files, you will also be able to download the audio file onto your computer. **Prayer for Divine Love – from the Padgett Messages** (Medical – Spiritual References) http://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Prayer%20for%20Divine%20Love%20from%20the%20Padgett%20Messages.mp3 The Voice of Divine Love (Medical – Spiritual References) http://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/The%20Voice%20Of%20Divine%20Love.m4a



#### **The BEAUTIFUL MIRACLE:**

5 Oct 2012

The DIVINE UNIVERSE

The way in which the Spirit conveys the Divine Love into the soul is a beautiful miracle. The attribute of mortal soul prior to incarnation has to it, a potential within it that is part of its formed nature. After the soul incarnates this potential remains part of the soul and even if the forming personality is unaware of such a soul potential, the potential still exists. The Divine Love is entirely suitable in its energy of harmony to be the energy that a mortal soul can utilise. The Spirit covers the spirit body when the individual sincerely asks the Soul of God for the Divine Love and this covering of the spirit body is where the dynamic of this beautiful miracle takes place. From the internal longing of the individual for the Divine Love this activates the Spirit Law that activates the Spirit that is then attracted to the spirit body upon which the Spirit material of the spirit body draws the Divine Love into its soul and this union complete. The key here is to gain a perceptive insight into realising that the spirit body is not an inert body but that it is living and has activity, recognisable from its first forming from the Spirit Law that materialises a spirit body. The Spirit and the spirit body to give an analogy are like two attracting magnets and when the surface of the spirit body is touched by the Spirit, this causes the automatic response of the Divine Love to permeate into the attribute of soul and so begins the transformation of energy from the natural into the Immortal Divine Harmony. If the individual continues the receipt of Divine Love the energy that is Divine Love actively begins to change the soul and this is felt in the spirit body systems and can produce feelings of love and elation. The spirit-mind begins to change as all spirit body systems are affected by the changed condition now experienced in the soul as the soul becomes living and vital. In one's progression of this Divine transformation, the soul will mature enough from the amount of Divine energy it receives and at that moment the surface of the spirit body and the Spirit are continuously attracted to each other and one is living in the presence of the Father in perfect harmony and this clarifies the truth about what it means to be truly at-one with God.

#### Soul within spirit body prior to receiving Divine Love.



Divine Love being received from The Spirit, covering the spirit body of the requesting personality.



Divine Love having been assimilated within one's soul, now being reflected through the radiance of the spirit body.



#### **<u>SHINING TOWARD SPIRIT</u>:** 665. The Shining toward Truth

Vol III, p. 157, 14 Nov 2014 – 14 Mar 2015 Zara and Nicholas www.lulu.com

It is I Matthew, a teacher of the Divine Love. I have communicated with you recently, now I desire to provide you with a visual description of the Love.



Imagine a continuous Energy shining light blue that is unbroken with a seamless surface that surround every mortal and Immortal spirit. Imagine if you were to become aware that this energetic field of lightblue Energy existed in its shining radiance just near where you are. Now that you are aware that this unbroken Divine Love is unified energetic field of living Love, by opening toward the Soul of God and aspiring for the Divine Love, the Acting Spirit gently brings a small portion of this shining blue Energy into your soul

The Divine Love that you have received remains part of this great Energy that the Divine Love is and even though this small portion of Divine Love, now within your soul, in its shining radiance and energetic cause, it is never separated from the continuous energetic field of Energy that the Divine Love is. Having partaken of this Energy it is with perception that one is aware that the Divine Love within one's soul is the same Divine Love that every person and spirit who has partaken of this Love, participates with. Even though in our individuality we partake of this Divine Energy, this Love is never broken away from the Source and Origin from which this Divine Love emanates.

The Divine Love is bestowed into our finite soul by the Acting Spirit, but this Spirit remains in contact with our spirit body and does not enter the finite soul to become part of our finite soul essence that we are. No mortal or Immortal spirit can manifest in their soul the Acting Spirit so that this Spirit – this Holy Spirit – becomes part of our existing finite sprit body. Only the Divine Love and its Energy becomes part of our finite soul, which causes the change to our spirit body. The Acting Spirit always remains its own attribute and never does a Celestial spirit claim ownership or take possession of the Acting Spirit within their soul. (The Holy Spirit / Acting Spirit is an instrument of the Source Soul, our Father.)

This is one of the wonderful Truths by which we who have been transformed by the Divine Love understand our personal relationship with the Father's ever-present Acting Spirit. The shining Energy of Divine Love is all around us and when we have partaken of this Love, part of our finite nature becomes independently shining in this true perfect Love.

I provide these words that may appeal to those who are visual and to express the universal appearance of the Divine Love and the personal touch when in contact with the Acting Spirit. Matthew (Apostle)

**Note:** Following the writings of James Moncrief, one could consider that any reference to the Father, by other relevant writers, may be read as a reference to 'our Mother and Father'. Further, when considering soul healing, then reference to Divine Love could be referred to as 'Feeling Healing with Divine Love'.

Whilst we are receiving our Heavenly Parents' Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way our Mother and Father are actually loving us! When we progress, it is God's way of loving us into love and then we live what we are, love.

#### **LUMINOSITY of the SOUL grows with LOVE:**

#### **DIVINE LOVE is a SUBSTANCE**



**CREATOR**, Father **MOTHER**, FATHER, GOD. **Mother Divine Love** is delivered through the Holy Spirit, should you ask for **Their Love** Your **Divine Love** soul can Flowing be likened to a plasma ball. **Soul releases** errors and negative emotions via one's Feeling **Healing with** Divine Love. MoC 🤇

#### **WORRY or No WORRIES:**

All your worries, and by this I mean your causes of worry,

may be taken from your conscious self if you will only seek for and obtain, which you certainly can do, this Love of the Father. It is astonishing how efficacious it is to cause the worries and troubles to disappear. They, as you may know, are very largely a matter of the mind and while in a certain sense they are real, yet the mind or its condition is the real cause of the realization of the worries.

And consider for a moment the fact that the indulging in these worries does not in one particular remove the material causes of the worry, and does not in any manner bring relief from the troubles. No matter how much you may allow your mind to dwell on these things, and how intensely you may worry, the cause, the material cause, remains. You may say, and it is natural to do so, that it is easy enough to advise that you should not let these inconvenient things cause you to worry, but when you come to the practical experience and are the sufferer from these conditions, it is not so easy to throw aside the effect of the troubles on the mind. Well, there is much truth in that, but notwithstanding, this Love that I tell you of, when living in the soul, will make even that effort easy to accomplish.

The philosophy of the phenomenon, if you may call it such, is that this Love is of such real substantial essence that it takes control of the mind and eliminates the consciousness of the reality of the causes of the worry. Now I do not want to be understood as intending to convey the idea that these material causes are not real, for I am not a Christian Scientist to that extent, but what I do mean is, that notwithstanding the real existence of these causes, the

effects of this Love, and the faith that accompanies it, upon the mind which is the real cause of the worry is such that forgetfulness of these causes of worry takes the place of the constant indulging in the thoughts of their existence, and the unhappy consequence that must flow from them. The cause itself is not removed but the consciousness of their existence, for the time being, is dissipated, and to the mind that is thus influenced by the Love, these causes are, as if they were not. Of course, they are existing and facing you to some extent, but it will come to you that they are not so overwhelming and insurmountable as they would appear were this Love absent from the soul and its influence from the mind. And in addition to this, love and faith creates a confidence in the power of the Father and His willingness to help, that engenders courage, which enables the possessor of this confidence to overcome these causes of worry that he would not otherwise be able to do.

What I have said may be called the philosophy of the workings of this Love in its effective destruction of worry. But the great fact is that the Father does, as a truth, help the one who is in the condition of being possessed with this Love. His Love is real and His help is real, and the effect is to make the causes named things of unreality so far as the happiness of the object of this help is concerned. And as a truth, shown by

the experience of mortals, a very large proportion of the worries and troubles that harass and cause so much unhappiness to mortals is a thing of the imagination and never realized.

Ann Rollins – Celestial Spirit

9 January 1917

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# **No Worries!**



#### WHY PRAYERS AREN'T ANSWERED:

P.249 Journey to the Heart of God by Almine

(Comments are founded on Natural Love principles.) Human beings have felt very abandoned as they have bargained and pleaded and tried to continue to have faith in whatever form of god they have prayed to throughout the ages of human existence. Where are the answers to our prayers? Why does God not respond when we sincerely try to do our part?

Some have steadfastly maintained their belief in a God who rewards good with good and withholds or punishes when they are not good. After all, they have been told by their churches that if they cannot hear the voice of God or their prayers are not answered, there is something 'wrong' on their end. This has left the human race, which knows deep within that life should not have to be this hard. With an unbelievably large reservoir of guilt and shame.

This guilt is passed on from generation to generation, exacerbated by the teachings of most primary religions that flesh is an unworthy and unholy vehicle for the spirit. How can one embrace life joyously when housed in a 'sinful' or unworthy body? A joyless life is simply a slow death and thus instead of embracing life, much of humanity embraces death. This manifests self-defeating circumstances and a life filled with failure. Meanwhile, grief – the desire to change – prods and prods us into better perception and understanding.

This vicious cycle of guilt, shame, abandonment and grief in which mankind has been immersed, is so painful that one of two things happen: either they live in their heads, suppressing by their selective perception their feelings of anguish; or they live hedonistically. Either way, their lives are so shallow that they become more and more fruitless in yielding insights. The pain level has to increase because the very reason for existence (to evolve awareness) is ignored though such a life and the life-spirals of awareness become smaller and smaller. As the pain increases, they turn to drugs, alcohol, television, shopping, eating, working or even some form of religion or service which makes them feel 'worthy' again.

Some hide their pain at 'being abandoned by God' in rage, living destructively as though taunting God. "If you're not there for me, there's no point in being good." Others, having a small fragment of what they perceive as truth, cling to it for dear life in this scenario of uncertainty. They try to convert everyone along the way to their 'only' truth with a great deal of dogmatic fervour.

What are the perceptions that life is prodding us to get about what prayer really is and how we can be masters of our own fate?

#### **Perceptions Regarding Prayer:**

As noted above, we have been praying to God the Father, God the I AM, or God the Creator. This is the equivalent of the physical body asking the mental or emotional body to make it better when the unresolved portions of the mental and emotional bodies are the very reason for the physical discomfort. In other words, we expect the patient to be the doctor.

Solution:

Communication with our own highest self that holds the blueprint for our various lifetimes is far more conducive to realigning with our purpose. However, if we wish to impose our will on the path we are walking in a way that does not serve that purpose, assistance will be withheld. If our prayers are for

the planet, which is part of the physical body of God, then directing our petition to the three higher

bodies of the Infinite, the spiritual emotional, the spiritual mental and the spirit body (the true Mother of the I AM) is the most direct channel. If the concept of the Mother of God is too vast for us, the higher self can guide us but will not in any way change the original blueprint.

Prayers may take longer to answer than we realise because the very nature of the word 'density' denotes a more complex relationship between time and space. This means the process by which the purpose of the Infinite unfolds is slowed, and there is a much longer gap between cause and effect. The release of suffering in answer to prayer takes time. Suffering precedes and prompts perception. Somehow the unfolding of humankind's awareness will be less painful as a result of our prayers even though that process may take place over thousand or even millions of years.

#### Solution:

If we change our focus from form to indwelling life, we become free from expectations as to outcome or timing. If we do that, suffering is not the real tragedy but failing to use the priceless opportunity of learning information never accessed before and which we have contracted to learn. Having come to the only place in the cosmos where new insights can be obtained and then failing to learn them, places the burden on others who now have a double load to cope with.



The one who embraces challenge as the only way to gain this new knowledge has nothing to pray for. To remove one's challenges is to remove one's growth. The only option left is surrender to life with the utmost awareness. This dramatically decreases the level of pain required to prod change. Life becomes a fluid cooperative dance between the light seeker and his higher self.

We feel we cannot receive and hear guidance from higher realms. In some instances we may even feel as though our suffering is unfair since it comes to prod us into change when that would not be necessary if God would just tell us what to do. After all, is it not our obedience or the relinquishing or our will that God wants?

Solution:

God, in whatever form perceived, is light. Light is the known. We are exploring the unknown. If it is only obedience God wants, all growth would stop since it would always stay within the pool of the known. Let us look at it from a different angle. The infinite has the tools to deal only with the known. That is why the Infinite needs us: we deal with the unknown by feeling the indwelling life within it. Through feeling, we access the truth behind appearances. So the Infinite does not just need obedience, but our diligence as explorers of consciousness in learning the things the Infinite does not yet know. Relinquishing our will to the larger purpose of our being is inclusiveness. We do not ask for ease but for impeccability of conduct. We ask only for the clarity to see the highest choice each step of the way.

But how do we get this clarity if we cannot hear?

"... it does not speak to you with words to be heard by your ears, it is a voice to be felt, a vibration as sweet and unmistakable as the music of the Spheres."

The two main reasons for our inability to hear are the roaring thunder of the internal dialog in our heads and the dulling of our ability to receive these delicate and refined vibrations because of the negative emotions caused by our incorrect perceptions. Through diligent recapitulation, filling our hearts with love, paise and gratitude and practice, we no longer need to "... strain or make an effort, just sit in silence and let coherent Light play across the weary brain cells of your surface mind ... trust, obey and love it and your receptivity will increase."

But even as the highest wisdom guides you, know that because you are blazing a trail into the unknown there are simply places where you have to walk, sometimes with faltering steps, through uncharted territory where no guidance other than your sense of what is life-enhancing exists. You can do it with impeccability as a shield and truth as your armour. You have come here just for this purpose with the keen sword of awareness to cut a broad swath from the darkness and turn it into light (knowledge).

There is a general misconception of what prayer is. Prayer is that which through intent manipulates or affects the nature of reality. Thoughts fall into the reservoir of the heart and, combined with emotion, act upon the substance of things hoped for; those infinitesimally small cosmic rays that become atoms to form matter. Therefore, thoughts plus feelings create our life's circumstances. What then is our most predominant prayer, the few hastily uttered words at night or the thoughts that occupy our minds all day?

The ability of human beings to create their own reality is not an accident – we are the microcosm of the macrocosm with the same creative ability as the Infinite that used thought plus emotion to create us. But the violence and other negativities of the entertainment world in which our children grow up, load the mind with negative thoughts and create a negative environment.

As we allow fear (often externally imposed) to get a foothold in our emotions, the negative thoughts and emotions create a negative world. We have done this innocently, not realising we are as powerful as we are. The true power of man has been deliberately obscured by those who have played the light-detractors because of how much hinges on us. Few beings in the cosmos have been aware of just how vast a role we paly and will be playing. Even the light-promoters had only an inkling of the power inherent in man.

Solution:

Because of the ability to warp the web of interconnectedness that includes all life and create karma, warriors of light stalk their minds endlessly. They strive to fill their minds with only the most beautiful thoughts possible for this is their prayer. They create their reality consciously, reverently and with joy.

What a tragedy that few have understood the great gift of self determination that has been bestowed on humankind, wallowing instead in the mire of self-pity and resentment that life is not better than it is and that some omnipotent, far off God does not heed their prayers to eliminate the negative results of their own making. We may be the child in terms of being the created offspring of the Infinite, but we have been endowed with all we need to grow up and create the beautiful world we pray for.

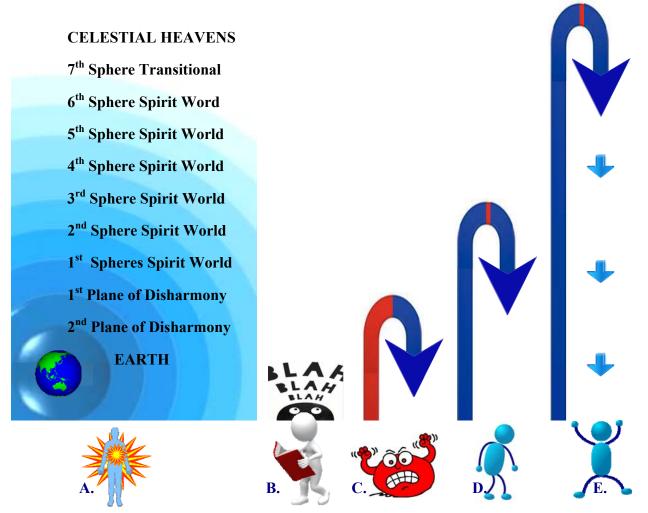




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# LIVE FEELINGS FIRST FEELINGS FIRST

#### LOVE ASSOCIATED WITH ONE'S PROJECTED THOUGHTS:



A. Our soul is connected to our spirit body which is the template for the physical body.
B. Every time when one prays to God from within the intellect, their prayer rises no higher than one's head. It does not go any higher because one's heart is not involved. Mindlessly repeating prayers learnt by rote is almost pointless.

C. Projecting your rage impacts on those around you and into the spheres of disharmony, however now your heart is involved! Causing harm to others brings about consequences.
D. Focused intention and desire for earthly creations is generally assisted by intellectually and

loving spirit personalities from within the lower Spirit World Spheres, 1 and 2.

E. An earnest longing and desire to receive our Heavenly Parents' Divine Love projects into the Celestial Heavens and brings about an immediate infusion of the Mother and Father's Love into one's soul, delivered through the instrument, the Holy Spirit, of our Creator.

Thus, one's level of feeling, earnestness, longing and love associated with prayers, meditation and desires is relative to the success of one's communications. Our thoughts project at a speed in excess of that of light and they are received into the spirit world or worlds at a level relative to the subject matter being focused upon. At all times, love focused communications will rise to the higher spheres. MoC 1,480

**GEMS for ALL PEOPLE of all AGES to EMBRACE:** 

The GOLDEN AGE!

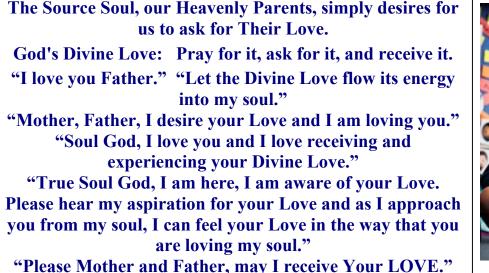
Cause No Harm < to OTHERS to MYSELF

#### Strive to love others as I am to love myself

At any time, any where, and in any way you so please:

Approach our Heavenly Parents, in reverence, without fear or trepidation, just as we, as a child, approach our earthly parents knowing that open loving arms are extended to receive us at all times. As one's love grows for our Mother and Father in the Heavens, we come to know with absolute clarity and certainty that our Heavenly Parents, loves you and me and everyone in return, at all times, and that fear is an illusion created by man's mind.

God, who is our Heavenly Mother and Father, is almighty, all powerful, infinite, and all loving. The love of the Heavenly Parents for Their children, man, has been and is always infinite and ever present. As one's faith evolves, one's love for our Heavenly Parents will have no limit. As we grow in Their love, so will we grow in love for all of God's creations and our fellow man.







Maybe we could simply long for and ask: *Please, Mother and Father*, I want some *more* of your Love!



MoC 1,471

#### THIS IS MY WORD:

<u>Y WORD</u>: CHAPTER 19 Jesus Teaches How to Pray (channelled from a different source other than Jesus)

1. As Jesus was praying on a mountain, some of His disciples came to Him, and one of them said, "Lord teach us how we should pray." And Jesus said to him, "When you pray, go into your quiet chamber. And when you have closed the door, pray to the Father who is above you and within you. And your Father, who also sees the outer, will answer you openly.

2. But when you are gathered and pray together, do not use vain repetitions, for your heavenly Father knows what you need before you have asked Him. Therefore, you should pray like this:

3. Our Father, You who are above us and within us, hallowed be Your name. May your kingdom come to all in wisdom, love and justice. Your will be done, as in Heaven so on Earth. Let us partake day by day of Your holy bread and give us the fruit of the living vine. And as You forgive us our trespasses, so may we forgive all those who trespass against us. Shower Your goodness upon us, so that we may do the same to others. In the hour of temptation, deliver us from evil. (See Prayer for Divine Love)

4. For Yours is the kingdom, the power and the glory: From eternity to eternity. Now and forever. Amen." (Chap. 19:1-4)

I, Christ, explain, correct and deepen the word:

Formulated prayers, which are only repeated word for word, have little power, for they come from the mind and not from the heart. Casually spoken words are uninspired. They do not reach God in the innermost of the person, because he has not vivified them with a life from God. Intellectual prayers may lead astray even more the person who has already lost his way through his incorrect way of thinking and living. The one who prays but behaves differently than the what he says in prayer falls into more burdens.

Therefore, you should pray from the heart. And when you say your prayers aloud, they should be vivified by the Inner Life, which I Am. This is why it is important to pray from the heart only, and not just speak the words. Therefore, you should not repeat formulated prayers word for word. Even the prayer written here should not be understood literally or repeated mechanically. Every prayer should be understood according to its essence, since the language of the heart is the language of the sensations of the soul. If the sensations of the heart which are clothed in words are taken literally by one's neighbour, they lose in meaning.

My people who faithfully follow Me will find their way into the perfection of life more and more. Their prayers will then be the life in Me, that is, the fulfilment of the eternal law. The Kingdom of God, the life, has also come to the one who has opened the Kingdom of God within himself and henceforth lives a life from God.

"Let us partake day by day of Your holy bread and give us the fruit of the living vine." These words mean the Inner Life, the Spirit, which also maintains the material body in the material substance.

The meaning of the statement, "In the hour of temptation, deliver us from evil" is: Lord, You lead us in time of temptation, so that we can find our way out of the labyrinth of the human ego, in order to no longer be in bondage to the tempter, the evil.

#### **Is it JESUS or MARY TALKING THROUGH a MEDIUM?**

And the chatting / talking with Jesus is the same as we've told you, it's really 'on behalf of Jesus', it is one of the medium's band pretending to be Jesus, which really means the Celestial accessing Jesus' Spirit of Truth within himself (and only we Celestials can do this and are allowed to), and so then speaking 'as if he is Jesus'. It's the same thing as James feeling how close I am to Mary Magdalene in my 'feeling' when we are writing together, because as I said I work with her Spirit of Truth as I feel very close to it – very close to her. And she's said I can use it that way. So effectively, should it be necessary for me to do so, I could 'pretend' to be Mary speaking to people on Earth.

As you have possibly gathered, it's all highly organised as to what and when we can reveal to you. It's all set out in keeping with the Rebellion and Default limitations and then in keeping with the Mansion World levels and all the levels within them. It's all angelically controlled, so we slot in using our minds and be who we need to be to you and how we need to be and what we can say. So as you grow in truth through your Healing, moving progressively up through the levels, so we can come forward and progressively reveal more to you. So what is revealed and how it's presented to someone who's in their wrongness and not wanting to do their Healing, compared to someone wanting to do it and just starting out, compared to someone nearly finishing it, compared to someone who had finished it, might all be so different that you would think it was different spirits relating at each step, when it might be the same spirits. And really we don't change, it's you who changes, or refuses to change.

And added to that, we know how far someone will go in their spiritual progress throughout their Earth life, so part of our interaction with that person is in keeping with that level of progress. So we might say and do and be differently to different people, even though we're the same spirits, because each of those people have very different spiritual paths and levels they will reach.

So it's not as straightforward as one might think, which I know causes many misunderstandings, much confusion, even putting a lot of people off, however really until people are well into their Healing, it will all appear like everyone is working at it from opposite ends with no real synthesis or commonality involved. So you can look at it like say a Maypole, with everyone starting out on their separate ends, but the more you do your Healing, the closer you all come to the truth, which will allow the Spirits of Truth to then synthesis you all into what is needed for you to become Celestials. For by the time you are Celestial, then we're all on the same page so far as the Truth is concerned. But even though we Celestials are all living that same truth, how we might relate and start with people on Earth or the lower Mansion Worlds might make us sound and appear like we're all very different.

#### Nanna Beth, 19 February 2018

**Note:** Jesus has only talked DIRECTLY to James Padgett and James Moncrief. Further, Mary Magdalene has only talked DIRECTLY with James Moncrief. Mary and Jesus are regents of 3.8 million physical worlds and their related spirit worlds. They are also finite – can only be in one place at any one time. Once that is understood, then it is only possible to have 'communications' via their Spirits of Truth in the manner outlined by Nanna Beth.

#### DIVINE LOVE does not TRANSFORM one's SOUL FEELING HEALING is what TRANSFORMS one's SOUL

The Divine Love does transform our soul from Natural love into Divine Love. It's our Feeling Healing that 'transforms' or heals our erroneous expression of Natural love. We have to 'heal' and so perfect our Natural love, so it can then be transformed by the Divine Love.

Divine Love does not even begin the real work of transforming one's soul, for those who focus upon receiving Divine Love to the exclusion of embracing one's Feeling Healing, they are just expanding their mind's control over themselves. Should this be one's passion, then upon passing into the spirit Mansion Worlds they will find that they can continue along this path all from within the Divine Love followers segment within the first natural love Mansion World! Yes, only from within the first natural love Mansion World.

Most of humanity on Earth are not wanting to face the very truth their feelings are making them feel every day of their life. So if they want to keep living in the spirit Mansion Worlds as they did on Earth, in complete denial of their feelings and the truth they are to shown about their wrongness, they can.

However, for those who have embraced Divine Love and begin to engage in their Feeling Healing process to begin the transformation of their soul, they will be able to sense the Divine Love already within their soul 'driving them on'. One's understanding and adjusting will be changing rapidly to that of embracing all about the Healing and doing it – all being supported by the Divine Love that one may have received previously. All one may have done with the Divine Love may make their introduction into their real Healing, by using their feelings, much easier than it is for other spirits from the mind worlds who are at the same time having to wrestle with many of their old religious beliefs or mental programming, having to take on a whole new mind-set which one could see would take some of them years, whereas for someone who has been longing for and receiving Divine Love for some time it may be only a matter of weeks. This also applies to those living in the physical.

It is the Feeling Healing process that transforms one's soul towards perfection, towards the ability to fully express one's true personality as given to us by our Heavenly Parents, it is the Divine Love that then fits that transformed soul to be able to enter the Celestial Heavens.

Reference: Pascas Care Letters – Divine Love does not Transform

#### **<u>PRAYER</u>:** True Prayer

## True Prayer is clearly explained through out the movie / DVD "The Secret". Also, Theta / Orion Healing and the Brandon Bays process, the Journey, are both forms of true prayer.

Prayer is a way offered by the Holy Spirit to reach God. It is not merely a question or an entreaty. It cannot succeed until you realize that it asks for nothing. How else could it serve its purpose? It is impossible to pray for idols and hope to reach God. True prayer must avoid the pitfall of asking to entreat. Ask, rather, to receive what is already given; to accept what is already there.

You have been told to ask the Holy Spirit for the answer to any specific problem, and that you will receive a specific answer if such is your need. You have also been told that there is only one problem and one answer. In prayer this is not contradictory. There are decisions to make here, and they must be made whether they be illusions or not. You cannot be asked to accept answers which are beyond the level of need that you can recognize. Therefore, it is not the form of the question that matters, nor how it is asked. The form of the answer, if given by God, will suit your need as you see it. This is merely an echo of the reply of His Voice. The real sound is always a song of thanksgiving and of Love.

You cannot, then, ask for the echo. It is the song that is the gift. Along with it come the overtones, the harmonics, the echoes, but these are secondary. In true prayer you hear only the song. All the rest is merely added. You have sought first the Kingdom of Heaven, and all else has indeed been given you. The secret of true prayer is to forget the things you think you need. To ask for the specific is much the same as to look on sin and then forgive it. Also in the same way, in prayer you overlook your specific needs as you see them, and let them go into God's Hands. There they become your gifts to Him, for they tell Him that you would have no gods before Him; no Love but His. What could His answer be but your remembrance of Him. Can this be traded for a bit of trifling advice about a problem of an instant's duration? God answers only for eternity. But still all little answers are contained in this.

Prayer is a stepping aside; a letting go, a quiet time of listening and loving. It should not be confused with supplication of any kind, because it is a way of remembering your holiness. Why should holiness entreat, being fully entitled to everything Love has to offer? And it is to Love you go in prayer. Prayer is an offering; a giving up of yourself to be at one with Love. There is nothing to ask because there is nothing left to want. That nothingness becomes the altar of God. It disappears in Him.

This is not a level of prayer that everyone can attain as yet. Those who have not reached it still need your help in prayer because their asking is not yet based upon acceptance. Help in prayer does not mean that another mediates between you and God. But it does mean that another stands beside you and helps to raise you up to Him. One who has realised the goodness of God prays without fear. And one who prays without fear cannot but reach Him. He can therefore also reach His Son (you), wherever he may be and whatever form he may seem to take.

Praying to Christ in anyone is true prayer because it is a gift of thanks to His Father. To ask that Christ be but Himself is not an entreaty. It is a song of thanksgiving for what you are. Herein lies the power of prayer. It asks nothing and receives everything. This prayer can be shared because it receives for everyone. To pray with one who knows that this is true is to be answered. Perhaps the specific form of resolution for a specific problem will occur to either of you; it does not matter which. Perhaps it will reach both, if you are genuinely attuned to one another. It will come because you have realised that Christ is in both of you. That is its only truth.

P.1 The Song of Prayer – Foundation for Inner Peace

#### **GRATITUDE: BREATHING LIFE into OUR PRAYERS**:

P.166 – 168 The Isaiah Effect by Gregg Braden David's story (The Isaiah Effect P.160) beautifully illustrates the inner workings of the mode of prayer forgotten by our culture nearly two thousand years ago. Following his brief ceremony inside the medicine wheel, David, who is Hopi Indian, had looked and simply said, "Let's go, our work is finished here." The remainder of time with David that now makes much more sense and has much greater relevance. Now we know what David's response, "I came to pray rain", meant.

"When I was young," he had said, "our elders passed on to me the secret of prayer. The secret is that when we ask for something, we acknowledge what we do not have. Continuing to ask only gives power to what has never come to pass.

"The path between man and the forces of this world begins in our hearts. It is here that our feeling world is marred to our thinking world. In prayer, you begin with the feeling of gratitude for all that is and all that has come to pass. You give thanks for the desert wind, the heat, and the drought, for that is the way of it, until now. It is not good. It is not bad. It has been our medicine.

"Then you choose a new medicine. You begin to have the feeling of what rain feels like. You feel the feeling of rain upon your body. Standing in the stone circle, you imagine that you are in the plaza of your village, barefoot in the rain. You feel the feeling of wet earth oozing between your naked toes. You smell the smell of rain on the straw-and-mud walls of your village after the storms. You felt what it feels like to walk through fields of corn growing up to your chest because the rains have been so plentiful. The old ones remind us that this how we choose our path in the world. We must first have the feelings of what we wish to experience. This is how we plant the seeds of a new way. From that point forward, your prayer becomes a prayer of thanks."

This is not thanks for what we may have created.

"Creation is already complete. Our prayer becomes a prayer of thanks for the **opportunity** to choose which creation we experience. Through our thanks, we honour all possibilities and bring the ones we choose into this world."

In this way, in the words of his people, the Hopi Indian nation, David has shared with us the secret of communing with the forces of our world and our bodies.

#### OUR LOST MODE of PRAYER

Following his time with David, Gregg Braden searched in the texts, some ancient, some contemporary. He discovered that many groups, organisations, and philosophies had hinted at our lost mode of prayer. Many continue to do so today with techniques suggesting that we "think like our prayers have come to pass" or "come from the place that our prayer is accomplished." As Gregg searched into their technologies, however, almost universally the element of feeling is absent.

In the mid-twentieth century, the man known simply as Neville brought the lost mode of prayer to the forefront of contemporary thinking through his pioneering work in the laws of cause and effect. Born in Barbados, West Indies, Neville eloquently described his philosophy of bringing our dreams alive through the use of feeling by inviting us to "make our future dream a present fact by assuming the feeling of our

desire fulfilled." Additionally, Neville suggests that it is our love for our new state that empowers its birth into existence. **"Unless you, yourself, enter the image and think from it, it is incapable of birth."** Examining a specific prayer, such as a prayer of peace, may add a degree of concreteness to these sometimes nebulous concepts.

Much of our conditioning in Western traditions has invited us to "ask" that peace come to pass in specific circumstances of our world. In asking for peace to be present, for example, we may unknowingly be acknowledging the lack of peace in our world, perhaps inadvertently reinforcing what may be viewed as a state of non-peace. From the perspective of the fifth mode of prayer, we are invited to create peace in our world through the quality of thought, feeling and emotion in our body.

Once we have created the image of our desire in our mind and felt the feeling of our desire fulfilled within our heart, it has already happened! Though the intent of our prayer may not have appeared in full view of our immediate senses, we assume that it is so. The secret to the fifth mode of prayer lies in acknowledging that when we feel, the effect of our feelings has occurred somewhere, upon some level of our existence.

Our prayer, then, originates from a very different perspective. Rather than *asking* that the outcome of our prayer come to pass, we acknowledge our role as an active part of creation and give thanks for what we are certain that we have created. Whether we see immediate results or not, our thanks acknowledge that somewhere in creation our prayer has already been fulfilled. Now our prayer becomes an affirmative prayer of thanks, fuelling our creation, allowing it to blossom into its greatest potential.

Prayer of Asking:	The Fifth Mode of Prayer
1. We focus on conditions where we believe that	1. We witness all events, those that we see in the
peace does not exist.	absence of peace, without judgement of good, bad,
	right, or wrong.
2. We ask for intervention from a greater power to	2. Through our technology of thought, feeling, and
change the conditions.	emotion, we create the conditions from within that
	we choose to witness in our outer world. For
	example, "Graceful change on Earth, healing to all
	life, and peace in all worlds." Our feeling that it is
	already so empowers our prayer and brings its
	outcome to focus. In doing so, we have created a
	renewed memory of a greater possibility.
3. In the asking, we may be acknowledging that	3. We acknowledge the power of our "inner
peace and graceful change are not already present	technology" and assume that our prayer has come
in these places.	to pass; peace and graceful Earth changes are
	already here.
4. We continue to ask for this intervention until we	4. Our prayer now consists of:
see the change actually come to pass in our world.	a. acknowledging what we have chosen,
	b. feeling that it is already accomplished,
	c. giving thanks for our opportunity to choose,
	and, in doing so, breathing life into our choice.

Following is a summary of our prayer of peace, through the traditional asking and from the perspective of our lost mode of prayer:

#### HOW DO WE PRAYER?

Gregg Braden asked his audience members if they felt that their prayers of the past had been answered. At first there was a silence, a hesitancy to answer. Slowly, people began to raise their hands to say "no" or "only sometimes." These people were telling him that for the categories of prayer regarding money, jobs, relationships, and teachers, many felt that their prayers had not been answered.

His next question was "Why?" Where do we turn to understand the sophisticated technology of prayer, and how do we apply it in our lives? For purposes of study, prayer researchers divide the many applications and methods of prayer used in the West into broad categories, four categories as follows:

#### COLLOQUIAL PRAYER

We speak to God in our own words, informally describing problems or giving thanks for the blessings in our lives: "Dear God, please, this one time, if you allow my car to get to the gas station at the next exit of the freeway, I promise that I will never let the gas tank of my car get this low again."

#### PETITIONARY PRAYER

In this type, we claim our good from the creative forces of our world for specific things or outcomes. Petitionary prayer may be formal or in our own words: "Mighty 'I Am' presence, I claim the right to heal."

#### RITUALISTIC PRAYER

Here we repeat a predetermined sequence of words, perhaps on special occasions or at prescribed times. Bedtime prayers such as "Now I lay me down to sleep" or the "God is great, God is good" of mealtimes are familiar examples.

#### MEDITATIVE PRAYER

A meditative prayer is a prayer beyond words. In meditation we are silent, still, open, and aware of the presence of the creative forces within our world and our bodies. In our stillness, we allow creation to express itself through us in the moment.

To many people, the practice of meditation is beyond the scope of prayer. In the strictest sense of the word, if the meditation involves a thought, a feeling, and an emotion, it may be defined as both meditation and prayer.

The above four modes, used individually or combined with one another, constitute the bulk of prayer modalities used in the West today.

Throughout Gregg Braden's experience of the indigenous and esoteric traditions, there have always been references to a mode of prayer that has never seemed to fit into any of these categories. Journeys into some of the most sacred places remaining on Earth today have revealed a mode of prayer that is reserved for initiates and serious students of spiritual studies. The temple walls of Egypt, the customs of Native Americans in the north and the *curanderos* (healers) in the mountains of Peru have all demonstrated a form

of prayer that does not appear to be accounted for in Western traditions. A *fifth mode* exists which allows us to merger our thoughts, feelings, and emotions into a single, potent force of creation. Furthermore, this is the force that opens directly to the healing processes of our bodies and our world. Ancient texts, as well as modern studies, suggest that the answer is yes.

The examples of the healed cancer, the disappearing neck wound, compressed time in the Sinai desert, and the mysterious reversal of the intended bombings in Iraq, as detailed within "The Isaiah Effect", offer clues to the secret of our lost mode of prayer. Through our new understandings of time and choice points, quantum physics allows for the possibility of each of these apparent miracles as outcomes that already exist. **The secret of our lost mode of prayer is to shift our perspective of life by feeling that the "miracle" has already happened and our prayers have been answered.** Indigenous peoples of the world share this memory of prayer in their most sacred texts and oldest traditions. Now we have the opportunity **to bring this wisdom into our lives as prayers of gratitude for what already exists, rather than asking for our prayers to be answered.** 



#### **TRUE PRAYER** – *The fifth mode:*

Prayer is a way offered by the Holy Spirit to reach God. It is not merely a question or an entreaty. It cannot succeed until you realize that it asks for nothing. How else could it serve its purpose? It is impossible to pray for idols and hope to reach God. True prayer must avoid the pitfall of asking to entreat. Ask, rather, to receive what is already given; to accept what is already there.

We are invited to embrace our lost mode of prayer as a consciousness that we embody, rather than as a prescribed form of action that we perform on occasion. In inviting us to be 'surrounded' by our answer and 'enveloped' by what we desire, this emphasises the power of our feelings.

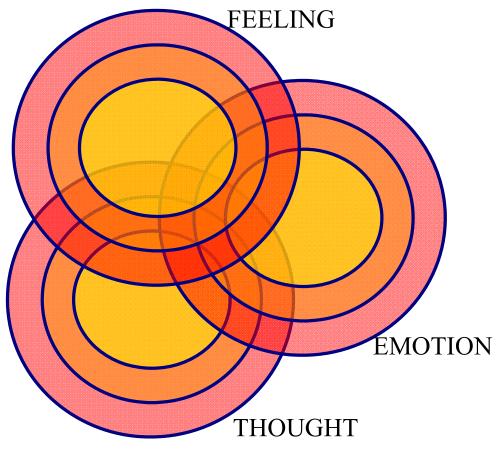
#### To create in our world we must first have the feelings of our creation already fulfilled. Our prayers then become prayers of giving thanks for what we have created, rather than of asking that our creation come to pass.

Through the wonderfully integrated view of our role in creation, faith becomes the acceptance of our power as a directive force in creation. It is this unified perspective that allows us to move forward in life, trusting that through our prayers we have planted the seeds of new possibilities. Our faith allows us to rest assured that our prayers are accomplished. In this knowledge, our prayers become expressions of thanks, giving life to our choices as they blossom in our world.

"Father, open my soul to this Gift, Your Love. Open my soul and may Your Holy Spirit touch my soul and pour within it your essence, your Love that I may be transformed, that I might be your true child, embraced and carried, lit along my life's path in the glory of your Light and care and protection." Jesus 11 May 2016

#### WHEN THREE BECOME ONE:

All possibilities have already been created and are already present. Rather that forcing solutions upon the events of our lives, we are invited to choose which possibility we identify with, and live as if it has already occurred. Clearly, this not to suggest that our "will" is imposed upon others in the form of prayer. Rather, it is our willingness to allow for all possibilities without judging any of them, and knowing that we may attract or repel each through the choices we make in our lives that provides the subtle difference. Choosing an outcome through prayer does not guarantee that it will come to pass; our prayer simply opens the door to the possibility of that outcome. The question now becomes, How may we bring specific outcomes into the focus of the present through prayer?

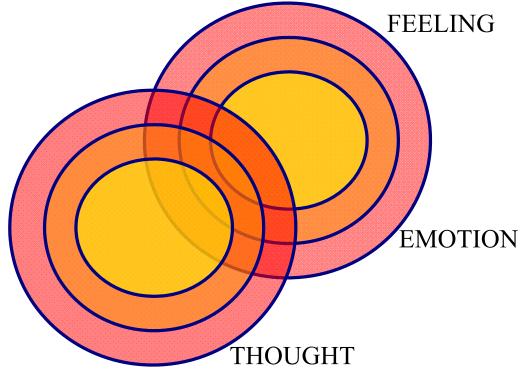


Thought, feeling, and emotion as unaligned patterns. In the absence of union, they may lose their focus.

The key to choosing one outcome from among many possible outcomes is our ability to feel as if our choice has already come to pass. From the previous definition of prayer as 'feeling', then, stated another way, we are invited to find the quality of thought and emotion that produces such a feeling – living as if our prayer had already been answered. For how may we benefit from the effect of our thought and emotion, if each pattern is moving in a random direction? If, on the other hand, the patterns of our prayer are focused into union, how can the 'stuff' of creation fail to respond to our prayer?

When thought, feeling, and emotion are not aligned, each may be considered as out of phase with the others. While there may be brief areas of overlap, much is unfocused, working in different directions, independent of the rest of the pattern. The result is a scattering of energy.

For example, if our thought is "I choose the perfect mate in my life," a pattern of energy is released that expresses that thought. Any feeling or emotion that is not in sync with our thought is incapable of empowering our choice of a perfect mate. If they are misaligned through feelings that we are not worthy of having such a perfect partner or emotions of fear, our patterns may actually hinder our choice from becoming our outcome. In this non-aligned state we may find ourselves asking why our affirmations and prayers have not worked.



Though misaligned with feeling and emotion. This condition may render our prayer scattered and ineffective.

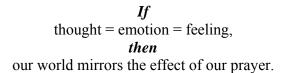
Through these simple examples, it becomes clear why prayer brings about the greatest change when the elements of prayer are focused and aligned with one another.

Without used the word prayer, and certainly in a less technical fashion, the idea of unifying thought, emotion, and feeling and living from the place of our heart's desire was offered early in the twentieth century using a different language. Further affirming the use of the fifth mode of prayer, of assuming that our prayer has already happened, the work of Neville offers the following: "You must abandon yourself mentally to your wish fulfilled in your love of that state, and in so doing, live in the new state and no more from the old state." Though effective, Neville's descriptions of our ability to change outcomes and choose new possibilities in our lives may have made little sense to the people of the early twentieth century. As with so many thinkers whose ideas are ahead of their time, little was known about Neville's work until after his death in 1972.

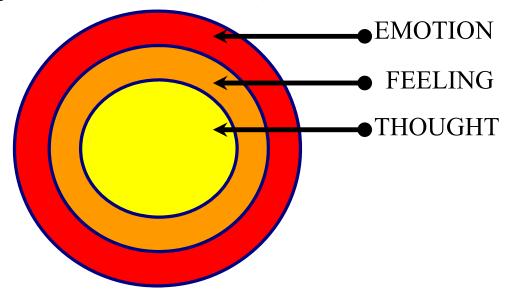
Understanding such as these allow us to view prayer as both a language and a philosophy bridging the worlds of science and spirit. Just as other philosophies are expressed through unique words and specialised vocabularies, prayer has a vocabulary of its own in the silent language of feeling. Sometimes an idea that makes perfect sense to us in one language has very little meaning in another language that we are not familiar with. Still, the language exists.

The philosophy of peace, for example, may be expressed through languages as diverse as physics and politics, as well as prayer. For example, the greatest peace in physics may be described as the absence of motion in a system. In such a language, when frequency, velocity, and wavelength reach zero, the system is at rest and we have peace. In politics, peace may be interpreted as the end of aggression or the absence of war. Our prayers may be thought of in much the same way.

Through the language of prayer, peace may actually be described as an equation, bringing prayer even closer to our science that many have dared to believe. Rather than the equations of numbers and variables, however, logic, feeling, and emotion become the components in our equation of prayer. Taking the form of a standard mathematical proof – if such-and-such is so, then we witness such-and-such an outcome – our equation of active prayer may be seen as follows:



In the presence of this union, the forces of our inner technology may be focused and applied to our outer world. As we align the components of prayer, we find ourselves speaking the silent language of creation – the language that moves the mountain, ends the wars, and dissolves the tumours.



"... whosoever shall say unto this mountain, Be thou removed ... those things which he saith shall come to pass." (Mark 11:23). The key to effective prayer is the union of thought, feeling, and emotion. The beauty of prayer is that it is not necessary to know precisely how it works to benefit from its miraculous effects. In this universal technology, we are simply invited to experience, feel, and acknowledge what our feelings are saying to us. Our prayers come to life as we focus upon the feeling of heart's desire, rather than the thought of our knowing world.

The Essenes actually show us how to merge the three components into a focused application! They do so by identifying a common denominator that links the end of suffering with aligning the elements of prayer. That thread may best be described by the masters of prayer in their own words:

First shall the Son of Man seek peace within his own body; for his body is as a mountain pond that reflects the sun when it is still and clear. When it is full of mud and stones it reflects nothing.

Then shall the Son of Man seek peace within his own thoughts... There is no greater power in Heaven and Earth than the thought of the Son of Man. Though unseen by the eyes of the body, yet each though has mighty strength, even such strength can shake the heavens.

Then shall the Son of Man seek peace with his own feelings. We call on the Angel of love to enter our feelings, that they may be purified. And all that was before impatience and discord will turn into harmony and peace.

Prayer has demonstrated that certain things are, regardless or our ability to prove them in the moment. For example, some of the most sacred memories of our heritage have been scattered throughout the monasteries, churches, tombs, and temples of those who have come before us. The same memories live on in the customs and traditions of peoples that we may previously have judged as primitive. We are capable of beautiful dreams, great possibilities, and unspoken depths of love. Perhaps most important, a possibility already exists in which we have ended the suffering of all creatures by honouring the sacredness of all life. That possibility is already here and with us now. The moment we allow for such possibilities on a mass scale becomes the first moment of new hope. It is that moment that we will always remember. It is the moment when we override the last day of prophecy.

The ancient secrets of healing remind us that there is only one of us here in our world. As we alleviate the pain of others, we alleviate our pain as well. As we love others, we love ourselves. Each man, woman, and child of this world has the power to create a new possibility, to change the thinking that allows suffering.



#### **SECRETS of PRAYER and HEALING:**

We may look to pre-Christian traditions of the ancient Essenes for some of the least distorted records of our forgotten technologies.

Perhaps the greatest insight into the eloquence of such a wisdom may be found in the Essene model of prayer and healing, which makes an assumption that begins where many modern therapies conclude. The fundamental tenet of Essene healing is that we are already healed. Within each moment of our time in this world we make choices either affirming or denying the life that already exists in our bodies.

Essene masters viewed the expressions of illness as powerful illusions, stemming from choices and actions made by the individual, rather than looking to external 'causes'. They believed that we determine our response to the conditions of our world – sometimes consciously, other times not. Through their most sacred writings, we know the Essene philosophy viewed the blueprint of our souls as a divine expression of our Creator, untouched and untainted by the experiences of life. Our souls are already healed, and seek to express that state through our bodies. Accepting our healing through our own beliefs and forgiveness, our healing is mirrored through our souls' expression in this world, our bodies.

This perspective invites us to view the conditions that we witness in our bodies as indicators of the quality of our choices. If we could distil the many proverbs, parables, teachings, and sayings into brief, concise summaries, we would discover that this thinking suggests that we affirm or deny life in our bodies through the quality of four assumptions or tenets. Each tenet contributes to our overall expression of health and vitality. Each testifies to the inter-related nature of spirit, matter, and life.

#### TENET 1. WE ARE ALREADY HEALED

#### Explanation

The key to understanding this tenet is the same one that allows us to choose new outcomes for existing conditions. The understanding that we are already healed stems from our view of the world as an array of possible outcomes, and from our ability to choose which outcome we experience. Inherent in this faith is our acknowledgement of our role as an empowered force in creation, bring new outcomes into focus while releasing those that have already served us. Our body is the feedback mechanism, mirroring to us the quality of our choices of thought, feeling, emotion, breath, nutrients, and movement, and our honouring of life.

An example of a disappearing tumour, rather than imposing the will of healing upon the condition of the cancer, the practitioners chose to feel, think, and emote from an outcome in which the tumour had never been present. In doing so, they attracted the new outcome, the overlay of a quantum possibility mirroring their beliefs of the moment. In two minutes and forty seconds, the new belief replaced the old belief. The ancient knew the power of such technology as a mode of prayer, transcending any religious, mystic, or scientific principles.

#### Implications

To accept the tenet that we are already healed, we are invited to allow for the possibility that there are many outcomes for a given condition. The act of making new choices in our lives is the technology that allows us to select new possibilities. From the viewpoint that defines prayer as a quality of feeling, prayer also becomes our language to fine-tune life-affirming choices of health and relationship.

The tenet that we are already healed reminds us that each time we ask to be healed in one outcome, a possibility exists where our prayer is already answered in anther. With this possibility in mind each time we diagnosed with a condition of ill health or life-threatening disease, we are being shown only one of many possible outcomes for that moment.

The diagnosis of a condition is not necessarily either incorrect or correct. In the absence of allowing for other possibilities, it is simply incomplete. In the absence of allowing for other possibilities, it is simply incomplete. In the same moment, another outcome must exist in which the ill health, disease, or condition is not present. Each possibility already exists. Each outcome is real. Through the eyes of this tenet, the difference between outcomes is a matter of our perspective.

#### Applied to Our Lives

In each moment, we make choices that affirm or deny life in our bodies. Consciously or unconsciously, we choose the quality of six parameters: thought, feeling, emotion, breath, nutrient, and movement. For each of the parameters, we must ask whether we proved ourselves the highest quality of each that we are capable of. In the event that we discover conditions within our bodies that we choose to change, our quality of health is our signal to look at one or a combination of the six parameters of life.

Applying our lost mode of prayer to the tenet that we are already healed, our prayer becomes a clarification of the condition(s) that we choose to portray to the world, rather than a plea for a change in our present condition. Feeling and living from the knowledge that new conditions are present tunes us to the outcome of our new choice.

#### TENET 2. THERE IS ONLY ONE OF US HERE

#### Explanation

Global census figures indicate that there are approximately 6 billion people living on Earth today. This tenet reminds us that each person is a unique, individualised expression of a single, unified awareness. Within this oneness, the choices and actions of each person affect all others to some degree.

#### Implications

The implications of this tenet are vast and, at the same time, tremendously relevant. In its broadest sense, our role within a unified awareness means that there can be no isolated actions, no "them" and "us". No longer can we view the conditions of our world as "their problems" and "our problems". In a field of unified consciousness, each choice that we make and every act we perform in each moment of each cay must affect every other person in this world. Some actions produce a greater effect and some a lesser one. Still, the effect is there.

Each time we choose a new way to deal with the challenges of life, our solution contributes to the diversity of human will that ensures our survival. As one of us pioneers a new creative solution to the seemingly small challenges of our individual lives, we become a living bridge for the next person who finds himself

or herself faced with the same challenge, and the next, and so on. Each time one of us faces the condition that others have faced in the past, we have more options from our collective response to draw from. Relatively few individuals may create possibilities that become choices for the whole.

Implied in such a world of unified awareness are the consequences of our actions. Each time we hurt others through our words or actions, in effect we have hurt ourselves. Each time we take the life of another, we have taken a part of our own lives. The very thoughts that allow us to hurt another limit our ability to express the will of creation through ourselves.

At the same time, each time we love anther, we have just loved ourselves. Each time we create time for another, strive to understand another, make ourselves available for another, we have just done each of these things for ourselves. When we disapprove of the actions, choices, or beliefs of others, we witness through them those portions of ourselves that ask for a greater healing.

#### Application

As others perform actions that we may judge negatively, we are invited to acknowledge their role in unity as the part of us that has chosen a different way. Without condoning, consenting to, or even agreeing with the actions of another, we are compassionately invited to bless the action as a possibility and move forward with our choice of a new way.

The key to our oneness is the leverage to transform our world. The power of our oneness allows for a relatively few individuals to affect the quality of life for an entire population.

#### TENET 3. WE ARE IN RESONANCE, "TUNED" TO OUR WORLD

#### Explanation

We are part of all that we perceive. As bundles of atoms, molecules, and compounds, we are made of precisely the same elements that our world is made of, nothing less and nothing more. The foundation of many ancient and indigenous beliefs, this tenet invites us to remember that through unseen threads and immeasurable cords, we are part of every expression of life. In a world of such resonance, every rock, tree, mountain, river, and ocean is a part of us. Whatever happens to the materials of our world is felt by our bodies.

The materials that surround us in our daily lives mirror the quality of choices that we have made in our lives. Without exception, our homes, our automobiles, our pets, and our Earth mirror to us, in each moment, the quality, implications, and consequences of our life choices.

#### Implications

As we learn to recognise what the conditions of our outer world are saying to us, we are shown empowering possibilities for creating change in our world through changes in our lives. Researchers have documented shifts in the Earth in direct relationship to the changes in human consciousness. From the extremes of anger to the heights of compassion, sensors placed in the ground surrounding the individual experiencing the emotions detect the change in biological frequency. What is the outward effect of many people, perhaps entire communities or cities, sharing common emotions of anger or compassion? Is it possible that the healing of emotions within the small world of our bodies has effects upon the world around us, on such things as weather patterns and earthquake activity?

#### Application

In each moment of life, we are in relationship to the elements of our world. Through our friendships, romances, homes, vehicles, and the circumstances of life, we are offered powerful insights into our belief systems, judgments, and intentions. As we change our beliefs and find new ways to express ourselves, this tenet stats that the world around us mirrors our choices. Turbulent systems become peaceful in the presence of our peace. Life-affirming choices within our bodies create conditions in our world that mirror our choices. Perhaps this is an explanation for the ancient suggestion that to heal our world, we begin by becoming the conditions of healing ourselves.

# TENET 4. THE TECHNOLOGY OF PRAYER ALLOWS DIRECT ACCESS TO OUR BODIES, ONE ANOTHER, AND THE CREATIVE FORCES OF OUR WORLD

#### Explanation

Through our inner technology of prayer we commune with the unseen forces of our world. We have always had the ability to access and work through these forces to determine the quality of our life and our world.

#### Implication

The experiences of our outer world mirror the choices that we have made in each moment, with each breath. Sometimes we are aware of our choices, sometimes not. Recent research has documented that our emotions and feelings directly influence the expression of DNA in our bodies. Additional studies now suggest that it is our DNA that influences the way atoms and molecules of our outer world behave as well!

We have witnessed the response of human tissue to specific qualities of feeling, as in the "healing" of lesions and tumours within moments. The link has been demonstrated, though the implications are beyond the framework of modern science. Our choice to recognise the relationship is a deeply person one, inviting us once again "to think the thoughts of angels and do as angels do".

#### Application

Prayer may be the single most powerful force in creation. Individually, we are given the silent language that allows us to participate in the outcome of events and the challenges of our lives. Together, mass prayer is our opportunity to share in the outcome of our world.

Ancient traditions and modern scientists suggest that prayer is the sophisticated technology that allows us to recognise the possibilities of future outcomes and choose which outcome we experience. AS we become the very conditions that we choose to experience in our world, we attract the outcome that mirrors our choice. In doing so, wars, disease, and suffering no longer simply "happen"; rather, we are shown a mechanism for their occurrence. At the same time, we are offered the power to choose again.

How ironic it is that the findings of twentieth-century technology, largely the product of defence and military applications, have led to the insights directing us to the powerful yet simple science of prayer. The foundation is now in place. The data have been measured and the experiments have been run. We have proved, at least under certain conditions, that thought and emotion produce feeling, and that feeling produces the vibratory patterns that affect our world. As we change the quality of our feeling, we change the pattern of the vibration, thus shifting patterns of our outer world.

The question now becomes how, and to what degree, do our patterns of feeling affect the world around us? If we can find a link between the invisible force of human feeling and the effect of our feelings on the world around us, then we have come full circle. Such a link would give new credibility to ancient traditions and the ability of mystics and yogis reported over the years. Perhaps the work of Vladimir Poponin may offer some of the first evidence to confirm a direct link between matter and human DNA.



P.202 – 208 The Isaiah Effect by Gregg Braden







God is God, who is our Heavenly Mother and Father, being SoulMates. There is only one Soul that is God's Soul, that being the Soul of our Mother and Father. Our Heavenly Parents are the First Soulmates; The Two Who Are One who have brought us all into being.

Jesus and Mary are a son and daughter of God.





Jesus of Nazareth and Mary of Magdalene, being soulmates, where both free of sin. Jesus and Mary, combined in their love for us, are our teachers and guidance for us to find our way home to our Heavenly Parents. To start this journey we are to liberate our souls from being entombed within our suppressive minds, through feeling and longing for the truth of our feelings via our soul and peel away our injuries incurred since conception.

Give yourself time to consolidate your relationship with the Mother and Father through the partaking of Their Love. And whilst you are doing this, you can learn about your healing, all that's involved with it, as there are many willing spirits to share their healing experiences with you.

When you are ready it will start happening simply because you will want it to, it all being orchestrated by your soul. And when that time comes you will have developed a strong foundation in your relationship with the Mother and Father for you to work from. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

It is to make longing for God's Love the priority, and then do one's healing; should one want to include God and the Divine Love in one's feeling healing. This is doing your soul-healing as you are seeking to heal your soul of all evilness – of that which made you become evil, and release all the hurt and pain of not being fully and truly loved.



#### WE ARRIVE DETUNED!

Our souls are a divine creation of our Heavenly Mother and Father. They could not be any other way! And are designed (such as how it has been for us) to begin incarnation in a Natural love condition reflecting the Natural love state of our world.

And we have also been provided with the opportunity to experience what is being 'evil', to live denying our Natural love, as seen through the denial of many of our feelings. So we here on planet Earth live on a world that has Rebelled (and then also Defaulted), of which there are

only 37 within the local universe of Nebadon, consisting of 3.8 million physical worlds under the regency of Mary Magdalene and Jesus – the spiritual parents of truth of all of Nebadon! And we assassinated Jesus, and completely denied Mary not allowing her to have her say about the truth.

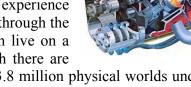
As a consequence, we are 'detuned' from our Natural love state and divine origin. You could say we arrived with all parts functional, however, in our untrue, dysfunctional and distorted state, we're badly in need of a severe service, tune up or a complete reconditioning. Our goal being to bring our true self to the fore by doing our Feeling Healing, and then to progress beyond our Natural love state by further advancing our soul condition through the process of Soul Healing and receiving our Parents' Divine Love – becoming divine.

In our feeling- and truth-denying untrue Natural love state, we have been made to use our minds to dominate our feelings, becoming more like that of mind-based creatures of nature than of human souls of truth and feelings. And this is the wrong way for us to develop. So to step beyond this limitation, we are to live true to our feelings. Our heartfelt feelings being the guiding lights to our evolution and growth of truth.

Feelings are what guide us through our ascension of truth. So they are really our Supreme Guides. Many people look for a person, spirit, angel, even God, for supreme guidance, however it's all right there already built in and can be found through our feelings – our soul based feelings.

By living true to our self, true to our feelings, we are living true to God. It's that simple.

Thus we are detuned once our incarnation begins. However, the way is now open for us to bring about our full divinity. To completely Heal all that's wrong within us on a Natural love level. To embrace and then transform that Natural love into a divine state through partaking of our Heavenly Parents' Divine Love. All the while attuning ourselves to divine perfection and enjoying the fullness of our divinity and love, as we ascend in truth on our journey all the way to Paradise – the home of our Heavenly Parents.









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#### <u>WE were DIVINE, and</u> WE are to BECOME DIVINE AGAIN:

Our personality, our soul, our real self, are all creations of our Heavenly Parents. We, our real selves, are not creations of our physical parents. Within our original status, we were of Divine nature.

Our physical parents, from our conception, endeavour to mould us into being 'little me's', that is, replicas of themselves, imposing their beliefs and personality traits upon each of us. They crush our individuality and free will. They destroy our personality, our true self. They inflict upon each of us their ways, all of which are of a result of the Rebellion and Default of many, many generations ago. They drive us into believing and subsequently becoming dependant upon our minds. This is not the way for us to express our true selves and evolve along the path towards our true parents, our Heavenly Mother and Father. We are to embrace the Eternal Son of Truth, not the Infinite Daughter of Mind.

No, we are not in the image of our physical parents. Though we may look like them, and act like them because they have dramatically and successfully crushed our true personality, we are each very unique and independent of our parents and all other family members. When we begin to progress along the path of engaging with our soul based feelings and seek for the Truth of our feelings, we will become free of our parents' impositions and suppression.

Upon starting our physical life experience on Earth, our divinely created soul begins to express us as one of our soul's two personalities in Natural love. However because of Earth being in Rebellion, so we are parented into a rebellious and anti truth and anti love state of mind control over our feelings and true self.

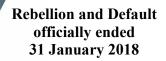
Natural love is good, just 'less' or different to Divine Love. And it's that in our rebellious state, we're rebelling against Natural love, and Divine Love by not taking Jesus and Mary up on their offer and allowing the Divine Love to transform our soul, as we perfect our Natural love by doing our Healing.

GREAT

mm

By living true to our self, true to our feelings, we are living true to God. It's that simple. The revealing of the Feeling Healing process is the commencement of our ability to begin the Great U-Turn and go the right way. Should we then also embrace our Heavenly Parents' Divine Love, we can also commence our Soul Healing and a returning to that of being divine – this is our destiny.

Negative Spirit Influence blocked 22 March 2017 Law of Compensation quickening 22 May 2017



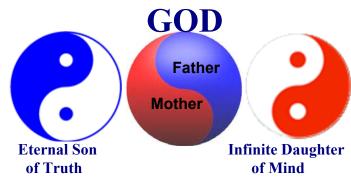


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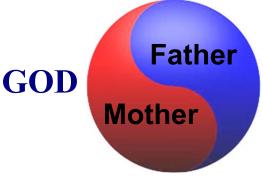
GO BACK







## **CREATED in THEIR IMAGE**:



James: Mary, what does 'we being created in the image of God' really mean?

Mary M: It means that our Mother and Father used Themselves as the model or template if you like, upon which to bring us into being, those of us who have existential souls with the potential of expressing their two personalities in Creation.

And although our souls are divine, as in being divinely created, still whilst we start our personality expression in Natural love, so we need the Divine Love to come into our soul and bring it into the levels of Celestial divinity.

Natural love, so basically the whole of Creation, is of the image of God, and we being divinely created souls can be part of God's Divinity becoming divine ourselves. So through your Healing, James, you become progressively divine by partaking of the Divine Love and healing yourself into perfection – your true self. And by the time you've completed your Healing, your soul is of the Divine Love level of Celestial truth, and your personality is an expression of that level of truth, it all being 'confirmed' and cemented – fused – into place upon the direct soul-union with your Indwelling Spirit. Then you are of the essence of God, true and perfect to the level of the first Celestial sphere, the first sphere of true divinity.

Mary Magdalene communicating with James 20 November 2017





#### WE ALL ARE BEING GUIDED HOME:

We need the Spirits of Truth of the Avonal Pair to Heal ourselves; then once Healed, (and for support (overshadowing) as well through your Healing), we need the Creator Pair, Mary Magdalene and Jesus' Spirits of Truth to see us through the Celestial spheres, while at all times embracing our Heavenly Mother and Father.

Until Mary and Jesus died and liberated their Spirits of Truth, no one from any of the worlds could leave Nebadon, because no one knew the way to do so. Nebadon is our local universe containing some 3.8 million inhabited physical worlds and their associated spirit worlds.

When we embrace the truths Mary and Jesus are revealing, and start to do our Feeling Healing, or with Divine Love, Soul Healing, we are then freeing ourselves up from our parental and self control.

Thus our journey to Paradise, to the home of our Heavenly Parents, is of our choosing as to when we progress, however, there is only one way:

**HUM:** Humanity is to ascend. We are self contained. Our soul is always in truth and perfect at all times. By living true to ourself, true to our feelings, we are living true to God. It's that simple.

We are to recognise that being engaged and dominated by our mind is the wrong way for us to evolve and grow in truth. We are to discard the mind enslavement that has been imposed upon as by all of our parents. We are to express our feelings, both good and bad and free ourselves of the indoctrination that humanity has embraced worldwide.

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of our Mother and Father.

**AVO:** We are to embrace the truths and guidance of the Avonal Pair through their Spirits of Truth. It is the Avonal Pair's guidance that will lead us through our Feeling Healing, and with Divine Love, we will be able to ascend through the 7 spirit Mansion Worlds and enter the Celestial Heavens where we also interact with other world's spirits.

**J&M:** We are also to embrace the truths and guidance of the Paradise Pair, Mary and Jesus, who will then lead us through the 3 Celestial Heavens that are aligned with Earth, and then further on through Nebadon where we will then depart beyond on towards Paradise.

**M&F:** Beyond the universal zone of Nebadon, we will be guided by our Heavenly Mother and Father onwards through the universes to Paradise where we will be welcomed by them, home for us all, as we are all Children of God.







J&M







## WE ALL ARE BEING GUIDED HOME – NOW, HOW TO COMMENCE THE JOURNEY:



M&F



J&M







For 200,000 years, we have been misled into embracing our mind's distortion of wisdom and truth. All such traditional understandings only lead us in the wrong direction, from which we must turn back from. Our soul based feelings are always in truth. Our minds are to follow our soul based truths and feelings, not the other way round, as we have been brought up to embrace.

We are to connect with our deeper repressed feelings. We are to long for the truth of what we are feeling. We are to live true to our selves; by living true to our feelings.

Use your surface day-to-day feelings to connect with your deeper repressed feelings. Express your surface feelings and your deeper repressed feelings to uncover the truth of yourself.

We all have feelings which we communicate and share with each other. And we all have deeper buried and hidden repressed feelings. Feelings from our early childhood we felt, yet weren't allowed to express. These feelings are still within us, waiting to have their say. These feelings, because they are repressed, cause us all our problems.

And as we look to uncover, bring out and accept these deeper feelings, so we're taken into new ways of looking at ourselves, our feelings, and our life. We're setting ourselves free of the controlling patterns that govern our unloving behaviour.

In this way, we progressively begin to express the personality that our Heavenly Mother and Father gave us, not the one imposed upon us by our physical parents and carers. We are to be our true and real selves.

# By living true to ourself, true to our feelings, we are living true to God. It's that simple.

As we, humanity, long for the truth of our feelings, we can also be assisted by the Spirits of Truth of the Avonal Pair who are our spiritual teachers for Earth over this coming 1,000 years, to assist us through the Great U-Turn, away from mind dominance to being soul based feeling lead. They will assist us through the seven levels of the spirit Mansion Worlds.

Then the Creator Pair, Jesus and Mary, will lead us through Nebadon and into the greater universe. Then our Heavenly Mother and Father lead us home to Paradise.

Collectively, should we embrace them all, as we are to, then our pathway home is a journey in the hands of the Spirits of Truth of the Avonal and Paradise Pairs overseen by our Heavenly Parents.

#### **HOW TO GET TO PARADISE:**

Long for the Divine Love Long for the Truth Long for the truth of your feelings Don't deny any feelings: accept, express and want to know the truth of them Know your feelings are the key; your feelings are the Way Want to end your falseness and being untrue Want to understand the truth of your early life Use your surface feelings to move deeper into yourself, bringing up your repressed feelings Want and long to know the whole truth of yourself Want to do it all with God, your Heavenly Mother and Father – long to Them for help.



Our longing drives our life. We long with feelings. We can wish for things using our mind, yet long for things with our heart. These things in the pyramid are what to long for. Longing for them, when the longing comes naturally. Longing because you feel you really want them. Long to be true with all your heart. Long to live true to your feelings. Long to understand the whole truth of yourself.

The Key



# **Mother and Father Heavenly Parents**

Creator Son & Daughter Jesus and Mary Avonals as soulmate pairs Trinity Teachers as soulmate pairs

Melchizedeks – who have taken over from the Caligastians and Daligastians being also all as soulmate pairs.

Mortal Souls – human beings who individualise on Earth, then progress through the spirit Mansion Worlds, then into the Celestial Heavens, and beyond.

Mortal Souls – also being ascending spirits, upon completing their Soul Healing, join with their soulmate, then join their soul group of 24 mortal spirits, being 12 soul pairs. It is only as a soulgroup that anyone can progress beyond Nebadon.

The Paradise Pairs are all ONLY concerned with the SPIRITUAL wellbeing and upliftment of the planets and local universe. Currently to do with Earth:

Mary and Jesus – spiritual wellbeing and upliftment of the whole of Nebadon region.

Avonal Pair – Daynal pairs (Trinity Teacher Daughters and Sons) – Spiritual wellbeing and upliftment of individual planets and their associated Mansion Worlds.

The Local universal Sons and Daughters are all about the running of the worlds under their jurisdiction, and ensuring the higher spiritual elements can be employed, or sent astray, as in our cases through the Rebellion and Default.

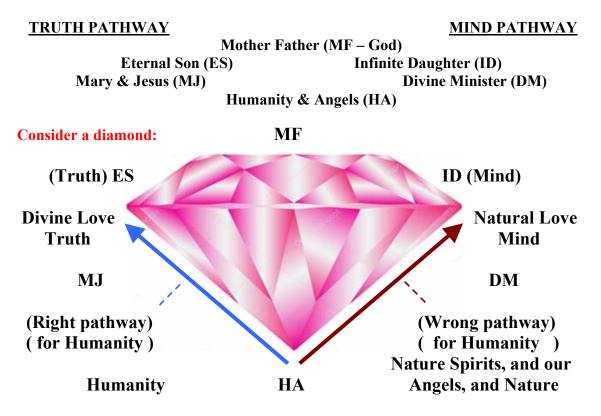
Lanonandeks - Melchizedeks (and others, such as Life Carriers and Eve and Adam).

As the Lanonandeks all rebelled – the Lucifers, Satans, Caligastias and Daligastias soulmate pairs – so the Melchizedeks have taken over their roles, as well as doing their own.

So the Melchizedeks are the governors, overseers, the administrators and advisors and so on for Earth; they are the 'controllers', and they will instigate all that needs to be done to do with the ending of the Rebellion and Default. And they will enlist the willing help of ascending mortal pairs, so the mortal Celestials spirits (soulmates when available, and others waiting to unite with their partner), and at times mortal spirits in the Divine Love Healing Mansion Worlds. And the angels help all of us.

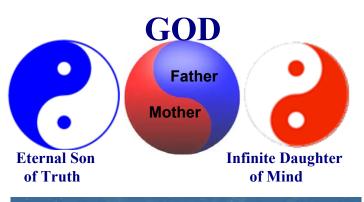
Currently the whole of Creation exists for the ascension of mortal souls from their earth planets to Paradise. It's all one vast Grand Ascension Scheme. With all the higher and lower spiritual Daughters and Sons, together with all the many different angels and other universal spirit personalities, and even including nature and our very own pets, assisting women and men with their Ascension Journey. It being: and Ascension of Truth. Everything we do is done to help us grow in truth. (Only everything we do in our negative state is to deny ourselves our truth from our feelings, which is why we have to do our Healing.) All women and men are ascending (or growing) in truth through their experiences. And as we grow in truth by looking to our feelings to show us that truth, so we're ascending, moving inwards and upwards through all the worlds and spheres of the Grand Universe to one day arrive on Paradise and meet our Heavenly Parents. God is providing us, Their children, with this spiritual journey called our Ascension of Truth. And by living true to our feelings, so we are progressing on our true Spiritual Path – our Ascension Path.

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.



**Humanity** is to pursue the pathway for Truth through one's soul based feelings, this is the right pathway. However, humanity commences its journey founded on natural love, which we now know is to be perfected through one's Feeling Healing process and then made divine through asking for and receiving our Heavenly Parents' Divine Love.

For 200,000 years, **humanity** has pursued the pathway of the Mind, being that of the brain, this is the wrong pathway. The Mind is the pathway for Angels and that of all of Nature.





Feeling Pathway



Soulmate Pair







Mind Pathway



### **CREATION of SOUL and SPIRIT:**

God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one's feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.

The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves enabling the union with our soulmate, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.

The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective

> Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.

### WE EACH have a Nature Spirit pair, Spirit Guide pair, and an Angelic Pair:

For those doing their Healing or are interested in doing it will from that time have their own personal angels, spirit guides and nature spirits with them, with whom they are to develop their own relationships should they want to. It is not about 'sharing' the same angels or guides or nature spirits, it is about you relating specifically to your 'own' ones because they are provided for YOU. It's all for you, to maximise the experiences we each need.

We are all to have our own pure relationships. And it's the same of course in life with your friends, however over there, in spirit, dealing with Nature Spirits, Spirit Guides, and Angels, it's more

personal and private and 'JUST FOR YOU'. So we have our own separate, unique relationships.

For example, Nature Spirit Verna has been assigned to be specifically and only with James, and she ain't going to be assigned to anyone else, so she won't be sharing herself around.

This is SO IMPORTANT to understand so that in future there won't be all these people claiming to be speaking with Verna or Mary Magdalene or Jesus or Nanna Beth or anyone else who is part of it all in such capacity. Mary M and Jesus have spoken with James as they have, making it quite clear he is all they are speaking with.

We each have a band of a Nature Spirit pair, Spirit Guide pair, and an Angelic pair, each pair being in their 'soulmate' relationship. Even though we are ascending mortals having a soulmate, even our soulmate has his or her own group of six personalities assisting him or her. Our assigned Nature Spirits do not continue with us into spirit, our Spirit Guides may for a time assist upon entry to the spirit Mansion Worlds, however, our personal Angelic pair continues with us to Paradise, and then even possibly being with us throughout eternity.



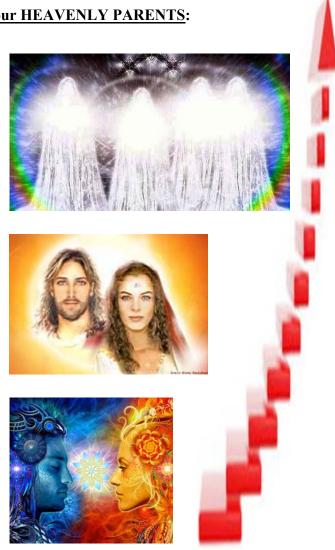
#### **OUR GUIDANCE to PARADISE, the home of our HEAVENLY PARENTS:**

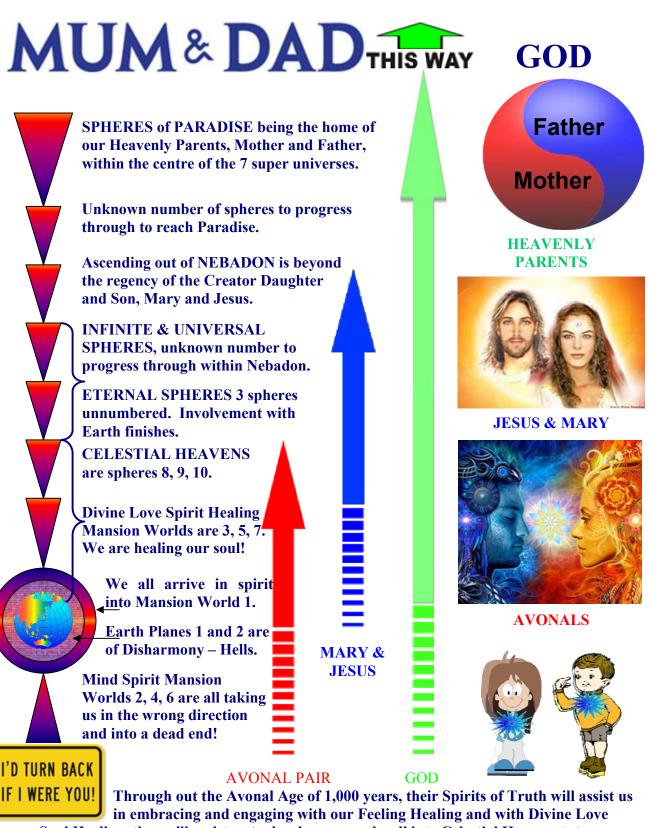
There are three distinct phases of our progression to the home of our Heavenly Parents which is Paradise that is within the circle of seven Super Universes, each containing many Local Universes.

Once we progress beyond our Local Universe of Nebadon, then we are assisted and guided by our Heavenly Parents, our true Mother and Father all the way home to Paradise.

Before then, once we have completed our soul healing, we are guided through the Celestial Heaven worlds which are those that interact with humanity on Earth, then further on into and then out through Nebadon, our Local Universe. The regents of Nebadon are Mary and Jesus.

However, before then, we are to embrace our healing. That is, we are to realise who we truly are. We are not the personalities that our parents imposed upon us. We are to put aside our childhood suppression and repression and free our true personality that our Heavenly Parents gave us, and to do this we are now able to embrace the guidance of the Avonal Pair who will lead us through our healing here on Earth and through the Spirit Mansion Worlds to be able to enter the Celestial Heavens.





our Soul Healing, they will assist us to develop our soul well into Celestial Heaven status should we persevere with such a goal. To the extent that the Avonal Pair develop themselves while here in the physical on Earth is the level that their Spirits of Truth will be able to assist us. Then it will be Mary and Jesus' Spirits of Truth that will assist us up and out of Nebadon, where our Heavenly Parents will then assist us onto Paradise, Their home.

#### **ALCHEMY of NINE DIMENSIONS:**

#### P.130

Now that you have a firm grasp on the whole field, without thinking of changing any person or thing, or implementing any particular solution, bring yourself forward in the situation. As you come forward, tune in to what you can feel is the highest potential resolution for this dilemma. What would be the very best way for this situation to resolve itself so that meaningful change could come? Do not limit your opinions! Remember not to think of any specific person, such as your boss taking a long holiday, or any specific thing happening, such as the building burning down. Once you can see the best result that you can imagine, picture it in your mind. Imagine seeing it all happen, then breathe awhile and let it all go. Forget about this, and soon you will probably notice things changing around you.

Pyramids function by the thoughts and actions of all the people involved in them, as well as the direction set by the higher-ups. This technique gives each person in the situation the same amount of power as the person at the top. There are many more people at the bottom than at the top, and often the people at the bottom think alike in the culture. If enough people at the bottom get clear about what they want, then the top breaks down and change follows. This principle has been amply demonstrated by people's groups that have changed realities.

Our personal intentions to live in a more ethical world are forming potent and massive group intentions; the mist for a humane world is thickening. Our ability to feel the power of our minds is greatly enhanced by learning to manifest, which is an 8<sup>th</sup> dimensional skill. Manifestation teaches us how to access the 8D potency in nature, which is a very high order of life.

#### Manifestation

Just by being born in Gaia (spirit and ecosystems of Earth), you have the right to create the realities you want. The Light simply emanates energy so that each being can experience life. The solution to our current dilemma is for each of us to realise we have a vote and to use that vote. The voting machines in America are programmed by the Elite now that they are computerised. If you want to have your place back as a person who lives the way you want, practice this technique and watch what happens. With a pad and pencil, go to a quiet place where you will not be disturbed. Make a list of three to nine things you would like to have or create, and state clear timelines and circumstances around these desires. For example, if you ask for a cleaning lady, make sure you have a salary limit, how soon she should manifest, and whether you will drive her to work or not. Be specific, otherwise you might get one you have to drive for miles!

It is simply not appropriate to use such high-dimensional techniques to manifest nonessentials like Cadillacs, fur coasts, and diamonds. But, if you need a car or coat to get to work, go for it! You cannot ask for a specific person, only a partner, and you can specify which gender. You cannot manifest things that manipulate other people, since that takes their vote away. Once you have your list, do the following technique for each item on your list:

1. Put the image of the thing you want into your mind and make sure the time, conditions, and probable changes in your life are very clear. Once you have it firmly in mind, imagine it actually happening in your life, and than ask yourself the following question, "If I could have it, would I take it?" You may be surprised to discover that sometimes you don't want something. Knowing what you do not want clears your mind of the junk that keeps you from knowing what you do want. When your mind is littered with desires, the Light can't penetrate the shadows.

2. With your wish in mind, do three visualisations of scenes that portray the manifestation happening in your life. For example, see the cleaning lady knocking on the door, cleaning up the house with a smile on her face, and leaving the house with her money in hand. Never see this person as a specific person because then you would be influencing another person with your mind. This is against the laws of karma, it does not work anyway, and it can really mess you up; it is conjuring.

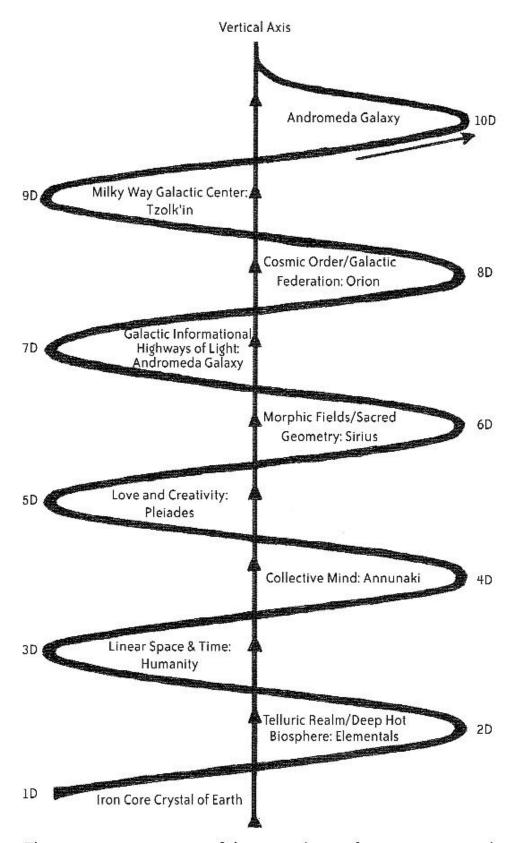
As you sense the proper visualisation for each scene, close your eyes and see the first image in your third eye (the place between and above your eyebrows). Once it is clear in your third eye as a little picture, then transfer the image to the back of your skull to the place where your neck connects with you skull (medulla oblongata), and see your medulla as a television screen. Hold the image on the screen and strengthen it visually as much as you can, make it crackle, then go onto the next scene, and do the same thing again.

3. Once you have visualised all three scenes, than say, "So be it!" Do the same technique with the other wishes, then end your session and forget all about it, but keep your list. In a few months or a year, check your list, and you will be amazed how often things happened in the time from you listed. Use the technique again when you feel like things are not moving along, when you feel stuck.

The more you create your life with this simple manifestation technique, the more you will learn the power of your mind and experience the magic of God. You literally can create almost anything. The Divine Mind does not assist you unless you ask. Things may not manifest the way you think they should because 8D beings use 3D in a way that works from a much greater perspective.







The progressive structure of the vertical axis of consciousness. Adapted from *The Pleiadian Agenda*, Barbara Hand Clow, p. 163.

#### **DAVID'S PRAYER:**

#### P.160 The Isaiah Effect – Gregg Braden

I reached over my shoulder and pulled a fresh bottle of water from my backpack. It was only eleven o'clock in the morning and already the high desert sun had penetrated the thick nylon, sapping any remaining coolness from the bottle. For weeks now, the warnings had been issued; no campfires, no burning of refuse. Even tossing a cigarette from the window of a moving vehicle could subject a person to a hefty fine. This was the third year of drought in the American desert Southwest. Though it was a time of weather extremes everywhere, it seemed as though the mountains of northern New Mexico were especially affected. Ski areas had not opened that year, and the Rio Grande slowed to a trickle before merging with the Red River near Questa.

Opening the bottle, my grip on the soft, warm plastic forced a small trickle to erupt around the cup. I watched, fascinated, as the water splashed to the ground. The surface was so parched that the droplets merged into a pool before rolling into a small depression nearby. Even in that shallow pit, they did not spread and soak into the ground. To my amazement, the entire pool evaporated within seconds.

"The ground is too thirsty to drink," David said softly from behind me.

"Have you ever seen it this dry before?" I asked.

"The old ones say that it has been over one hundred years since the rains have left us for so long," David replied. "That is why we have come to this place, to call to the rain."

I had met David years earlier, before I actually moved into the high desert north of Santa Fe. We had each been on a sacred journey away from our homes, families, and loved ones. His people called such a journey a "vision quest." For me, it was an opportunity to escape my corporate commitments and live close to the land, a periodic evaluation of my purpose and direction in life. Five months after our first meeting I found myself living full-time in the mountains that I had previously visited for solitude. Though David and I seldom saw one another, when we did it was as if we had spoken only the day before. There was never any awkwardness or need to apologise for our lack of correspondence. We each knew that we had to place priorities on the events of our lives that demanded our attention in the moment. In the present moment we were together, sharing a hot morning in the summer desert.

After a long, warm drink from my bottle, I stood up and began walking toward David. Already he was a good twenty steps ahead of me. I followed him along an invisible path that only he could see. Our pace quickened as we made our way through thick strands of knee-high sage and chamiso bushes. I watched the ground in front of me. Each of his footsteps kicked up a small puff of dust that disappeared in the hot, dry breeze. Behind us there was not a trace of the trail that we were creating. David knew exactly where he was going, to a special place that had been known to his family and their ancestors for many generations. Year after year, they would come to this very place for their vision quests and rites of passage, and on special occasions such as this day.

"Over there," David said. I looked where he was pointing. It looked remarkably similar to the other hundred thousand or so acres of sage, juniper, and pine that surrounded us in the valley.

"Over where?" I asked.

"There, where the Earth changes," David replied.

I looked closer, studying the land. Scanning the tops of the vegetation, my eyes searched for irregularities in spacing and colour. Suddenly it leaped out at me, like a hidden image in one of those three-dimensional charts with a picture disguised among the dots. I looked closer and saw that the tips of the sage bushes were spaced differently. Walking toward the apparent anomaly, I could see something on the ground, something large and unexpected. Stopping to position myself in the shade created by my body in the sun, I could make out a series of stones, beautiful stones of all kinds, arranged in perfect geometries of lines and circles. Each stone was situated perfectly, betraying the precision with which ancient hands had placed it hundreds of years before.

"What is this place?" I asked David. "Why is it here, in the middle of nowhere?"

"This is the reason we have come," he laughed. "It is because of what you call 'nowhere' that we are here. Today there is only you, me, Earth, sky, and our Creator. That is all. There is nothing else here. Today we will touch the unseen forces of this world, speaking to Mother Earth, Father Sky, and the messengers of the in-between."

"Today," David said, "we pray rain."

I am always amazed at how quickly old memories can flood the present. I am equally amazed at how quickly they disappear. Immediately my mind raced to the images of what I expected the next moments to look like. In my mind I recalled prayer scenes that were familiar to me. I remembered going to neighbouring villages and seeing native peoples dressed in garments of the Earth. I remember studying them as they moved rhythmically to the beat of wooden mallets pounding on drums of elk hide stretched tightly over pine frames. Nothing in my memory, however, prepared me for what I about to witness.

"The stone circle is a medicine wheel," David explained. "It has been here for as long as my people can remember. The wheel itself has no power. It serves as a place of focus for the one invoking the prayer. You could think of it as a road map."



I must have had a puzzled look on my face. David anticipated my next thought, and answered before I had finished formulating the question in my mind.

"A map between humans and the forces of this world," he replied to the question that I had not yet asked. "The map was created here, in this place, because here the skins between the worlds are very thin. From the time I was a young boy, I was taught the language of this map. Today I will travel an ancient path that leads to other worlds. From those worlds, I will speak with the forces of this Earth, to do what we came here to do: to invite the rain."

I watched as David removed his shoes. Even the way that he untied the laces of his tattered work boots was a prayer – methodical, intentional, and sacred. With his feet bare to the Earth, he turned his back and walked away from me toward the circle. Without a sound he navigated his way around the wheel, taking great care to honour the placement of each stone. With reverence for his ancestors, he placed his naked feet onto the parched Earth. With each step, his toes came within fractions of an inch of the outer stones. Never once did he touch them. Each stone remained precisely where the hands of another had placed it, from a generation long departed. As he rounded the farthest rim of the circle, David turned, allowing me to see his face. To my amazement, his eyes were closed. They had been closed the entire time. Once by one, he was honouring the placement of each round, white stone by feeling the position of his feet! As David returned to the position closest to me, he stopped, straightened his posture, and moved his hands into a praying position in front of his face. His breathing became nearly indiscernible. He appeared oblivious to

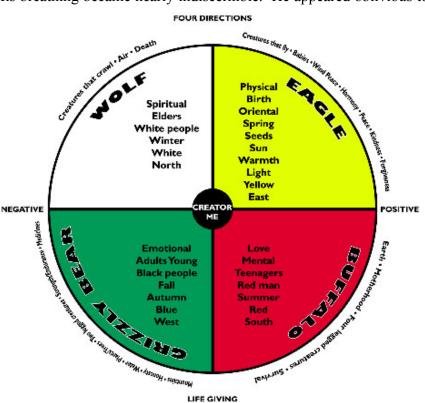
the heat of the midday sun. After a few brief moments in this position, he took a deep breath, relaxed his posture, and turned to me.

"Let's go, our work is finished here," he said, looking directly at me.

"Already?" I asked, a little surprised. It seemed as though we had just arrived. "I thought you were going to pray for rain."

David sat on the ground to put his shoes back on. Looking up, he smiled.

"No, I said that I would 'pray rain'," he replied. "If I had prayed for rain, it could never happen."



That afternoon the weather changed. The rain began suddenly, with a few splats on the deck facing the mountains to the east. Within moments the droplets grew larger and more frequent, until a full-fledged thunderstorm was under way. Huge black clouds hovered over the valley, obscuring the Colorado mountains to the north for the rest of the afternoon and into the evening. The water accumulated faster than the Earth could absorb it, and before long, local fears of flooding became a reality. I stared out at the eleven miles of sage between me and the mountain range to the east. The valley looked like a vast lake.

Later in evening, I watched the weather reports on the local stations. Though not surprised, I remember feeling a sense of awe as the coloured climate maps flashed across the screen. Animated arrows indicated a typical pattern of cool, moist air angling down from the Pacific Northwest, across Utah, and into Colorado, as it often did for the summer months. Then, unexplainably, the jet stream changed its course and did something unusual. I watched, amazed, as the air mass dipped with precision into southern Colorado and northern New Mexico before looping tightly back to the north, resuming its path across the Midwest. With the dip came low pressure and cool air to mix the warm, moist air moving up from the Gulf of Mexico, the perfect recipe for rain. From the reports, it sounded as though there would be rain, and a lot of it. I called David the following morning.

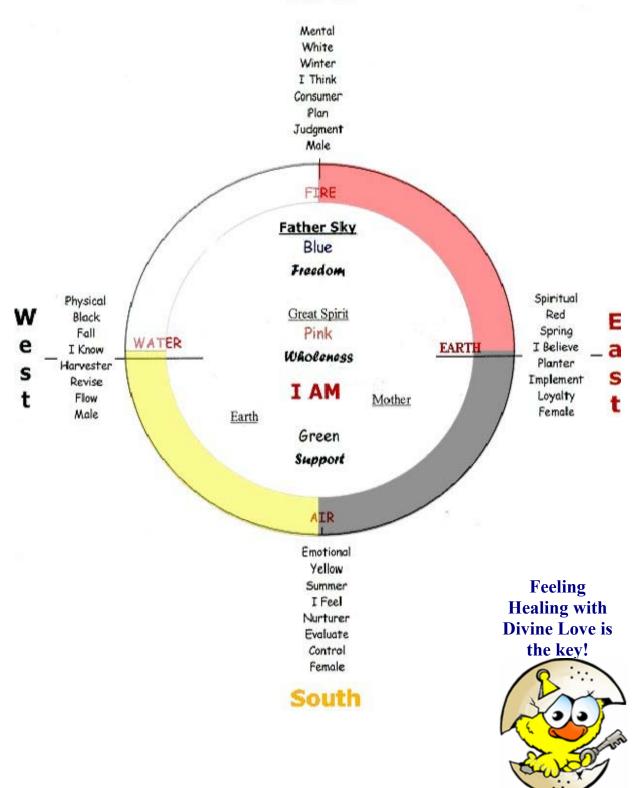
"What a mess!" I exclaimed. "Roads are washed out. Homes and fields are flooded everywhere. What has happened? How do you account for all of this rain?" The voice on the other end of the phone was silent for a few seconds.

"That is the problem," David said. "That is the part of the prayer that I have not figured out yet!"

By the following day, the ground was wet enough to accept more water. I drove through several small villages on my way into the nearest town. People were ecstatic with the coming of the rain. Children were playing in the mud. Farmers were at the feed and hardware stores, resuming the business of livestock and agriculture. The crops had sustained minimal damage. Cattle had water in livestock ponds, and it looked as though northern New Mexico would be spared the heartache of drought, at least for the remainder of one more summer.



North



56

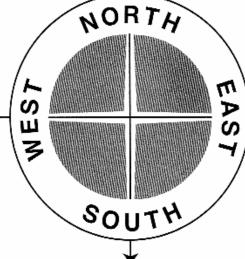
# The Four Directions

# ENERGY

Inner Warrior, Ancestors, Ascended Masters, Shamans, Balance, Thought, Mastery of Mind, White Race, Wind, Four-Legged Animals, Most Birds, Sweetgrass Plant, White



Inner Child, Feelings, Overcoming Fear, Death, Healers, Black Race, Water, Thunderbird, Raven, Bear, Sage Plant, Black



# SPACE

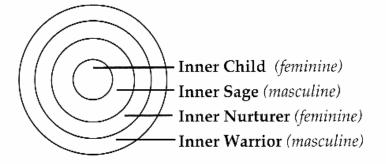
Inner Sage, Spirit, Vision, Initiations, ► Illumination, Service, Red Race, Fire, Eagle, Tobacco Plant, Red

# MATTER

Inner Nurturer, Healing of Past, Physical Body, Body Truth, Yellow Race, Earth, Small Animals, Turtle, Cedar Plant, Yellow

# Relationship of Sub-personalities

# Within Social Structures or Human Psyche



Each circle is responsible to oversee the welfare of the circle(s) within it.

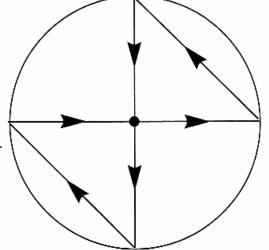
# The Route of Communication between the Sub-personalities

## **Inner Warrior**

- Receives interpretation of non-cognitive feelings from Inner Sage
- Communicates to Inner Nurturer when it is safe for vulnerable parts to express and creates strategy for the inner family

# Inner Child

- Expresses its unanalyzed feelings to Inner Sage
- Receives parenting from Inner Nurturer and its dreaming impressions



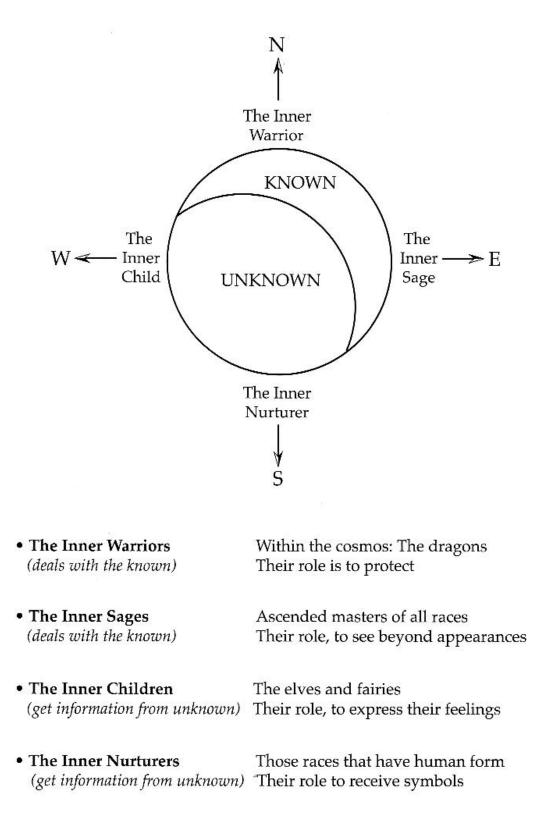
## Inner Sage

- Receives Inner Child's feelings and interprets them
- Communicates deductions to Inner Warrior to act upon

## Inner Nurturer

- Receives information from Inner Warrior as to when Inner Child can express and strategy for inner family
- Communicates with Inner Child in a loving parental role

# Relationship of Sub-Personalities



#### **BLESSING**:

#### Secrets of the Lost Mode of Pray – Gregg Braden

Ancient traditions suggest that the only difference between the angels of the heavens and the angels of the Earth is that the angels of the heavens remember that they're angels. When we love, we often find ourselves loving with the openness and innocence of an angel. It is this same openness that allows our pain. It is because of our innocence that we can so deeply feel hurt.

It makes sense to find a way to transform anything that has hurt us into a new experience that helps us. We can do this by acknowledging it, and allowing it to move *through* the body. This is where the act of blessing enters the healing process.

#### **Blessing Defined**

Blessing may be defined as a quality of thought / feeling / emotion that allows us to redefine our feelings about something that's hurting us now or has hurt us in the past. Stated another way, blessing something is the "lubricant" that frees our hurtful emotions, opening us up to greater healing, rather than keeping our emotions stuck and unresolved within the body. To lubricate our emotions, we must acknowledge (bless) all aspects of those hurtful things: such as those who suffer, the cause of the suffering, and those who witness the outcome.

It is often found at this point in any discussion of what blessing *is* that it's important to be very clear about what it *is not*. When we bless someone who's hurt us, clearly we aren't suggesting that what has happened is okay or that we'd like it to happen again. Blessing doesn't condone or make excuses for any atrocity or act of suffering. It doesn't put a stamp of approval on a hurtful event, or suggest that we would ever choose to re-experience it.

What blessing *does do* is free us from our painful experiences. It acknowledges that those events, whatever they were, have occurred. When we do so, our feelings about those experiences move *through* our bodies instead of getting stuck inside them. In this way, blessing is the key to reaching the field beyond wrongdoing and rightdoing. Blessing is the key to accessing the space between. It temporarily suspends our hurt long enough so that we can replace it with another feeling.

Through the act of blessing, you assume your power to release life's deepest hurts and unresolved feelings. Blessing does so without the need to trace those feelings back to their origins, relive the pain again and again to get to the bottom of it, or embark upon the endless search to understand why things happened in the way they did. While all of these paths may work to some degree, and for some people without the need for any ability other than what you already have inside of you, the single act of blessing gives you the power to change your life. And it does so in a heartbeat! When we can make our choices and offer our prayers from a place of strength and clarity, rather than from the weakness of rage and hurt, something wonderful begins to happen.

#### **Before you can Bless**

There is one prerequisite before you can do a blessing, however. To prepare for accepting the blessing into your life, you must first truthfully and honestly answer a single question. It isn't necessary for you to do this formally or in front of another person unless you're more comfortable doing so. This question is for

you alone, and it will help you know even better where your conditioning is with regard to the "rights" and "wrongs" of your life.

The question is this: "Am I ready to move beyond a 'gut' reaction or an old belief that 'someone must pay' or 'I need to get even' in order to right a wrong?" In other words, are you ready to move beyond the type of thinking that justifies hurting someone because they've hurt you?

If you answer *yes* to this question, then the blessing is for you, and you're going to like the results you experience! If your answer is *no*, then your path is to find out *why* you would choose to hold on to a belief that keeps you locked into the hurt the leads to the very suffering you're trying to heal.

In the tradition of blessing, clearly there are no right or wrong answers to these questions. They are merely designed to help you be very clear about where you are in your thought process and what you hope to achieve through your beliefs.

#### The Ancient Key

While the act of blessing may appear to be in direct conflict with the beliefs of some traditions, it is closely aligned with the teachings of some of the great spiritual masters of the past. It holds the key to the greatest depth of healing, for the greatest number of people, in the shortest amount of time.

We have two choices regarding how we deal with life's hurts: Either we may mask and bury them, and allow them to slowly steal from us the very things that we cherish until they eventually destroy us, or we may accept the healing that comes from acknowledging life's hurts, and move forward with healthy, vital lives.

When we do choose to bless in our lives, there are typically three aspects or groups of people in each situation that ask to be blessed. Although there are always exceptions, more often than not we must bless those who suffer, the cause of the suffering, and those who witness and are left behind. Each of these is described briefly as follows:

**Blessing Those Who Suffer:** The first place to direct our blessing is toward the obvious suffering of those who are hurt.

**Blessing Whatever Causes the Suffering:** For many people, this is the hardest part. For others, however, blessing the people or things that inflict the hurt, cause us pain, and take from us the parts of ourselves that we cherish the most is so aligned with the traditions with which we've grown up that they find it's almost second nature.

Blessing is a way of forgiving – the greatest act that we can do for ourselves and those who have hurt us.

This is where the power of the blessing becomes very real in our lives. When we can find it within ourselves to bless the people and things that hurt us, we become new. It takes a strong person to rise above the rights and the wrongs of events, and say, "Today, I am more than the hurt of my past."

The moment - the instant - that we open the door to a greater possibility of blessing in our lives, we change inside. There's a shift. In that change, we can never go back ... and why would we want to? Why

would we ever *choose* to feel the feelings that hurt us in the long run if we can feel the feelings that heal us instead?

Whether you try it once and go back - or not - you must address all aspects of the experience for the blessing to work, including blessing the people, places, and things that you most dislike and may have the greatest anger toward.

**Blessing Those Who Witness the Suffering:** This is the part of the blessing that's so easy to overlook. In addition to the relationship between those who suffer and those who cause the suffering, there are those who are left to make sense of what remains. It is us! We who are left behind must reconcile the murder of civilians and innocent children in times of war, the brutality against women in many societies, and the aftermath of failed relationships and broken homes.

While it's easy to forget about ourselves in the presence of another's hurt, it's also our reaction – our lingering feelings – that form the message we're sending into the Mind of God following any tragedy. Ultimately, it is how we feel as individuals as well as collectively that fills the void in consciousness following any tragedy, on any scale, from family to global. Bless us in our witnessing!

#### The Blessing Template

The key to receiving the gift of blessing is that it must be offered.

First, find a place of privacy, where no one will hear what you're about to do. Then, simply begin by stating the following out loud:

- "I bless \_\_\_\_\_." [Place here the name(s) of those who are suffering or have suffered.]
- "I bless \_\_\_\_\_." [Place here the name(s) of who or what has inflicted the suffering. It helps to be as specific as possible.]
- "I bless me in the witnessing."

#### Keep on Blessing!

In using the blessing template, it sometimes takes a time or two before it really works. The reason for this isn't unexpected. To survive in this world, we've all learned to lock our hurts skilfully away within ourselves. Sometimes we do such a good job of masking our feelings about our experiences that even we forget where we're hidden them. Please don't be disappointed if it seems as if your blessing isn't working the first few times that you use it. It may take a couple of repetitions to penetrate the shell that you made to protect yourself.

So keep on blessing. Say your blessing out loud. Then say it again. And again. Use direct names, organisations, people, and dates each time you identify those who have caused the pain that you're blessing. The more specific you are, the clearer the access you create to your body's memory of the hurt. Repeat your blessing until you feel warmth in your body that extends outward from the pit of your stomach. As you continue, that warmth will rise and expand throughout your body.

Our prayer is that it works for you as it does for us, and becomes a friend in times of need.

### **MEDITATION:**

#### (a Natural Love process)

The first task is to shut down that continuous chatter / noise emanating from your mind, that melon thing between your ears. Endeavour to halt any thoughts for five seconds, then ten seconds and then fifteen seconds. The peace that emerges is delightful. Whilst achieving this, kindly keep breathing, that is appreciated. Then go on extending the periods of time without thinking – live in the now!

In stead of the continuous repetition of boring mind chatter and irrelevant noise, by halting the thinking process you will start the journey of discovery and the realisation of the wondrous nature around you and the reality of you.

We experience only two emotions:

LOVE which emanates from your higher spiritual being (auric level 4 and upwards).

# FEAR which emanates from your mind and ego (auric level 3). Your mind/ego shuts off contact with your higher self, thus causing tension, dis-ease and stress.

Most people's lives are run by desire and fear.

Desire is the need to *add* something to yourself in order to *be* yourself more fully. All fear is the fear of *losing* something and thereby becoming diminished and *being* less.

These two movements obscure the fact that Being cannot be given or taken away. Being in its fullness is already within you, Now.

P.58 Stillness Speaks – Eckhart Tolle (calibration 815)

The ego is exclusive whereas the spirit is inclusive.

The propensity to error is built-in defect of the ego/mind because it selects data that supports its presumptions and positionalities and ignores the data that would suggest contrary conclusions.

The ego is capable of what can only be adequately described as colossal ignorance.

To the ego, peace sounds inactive and passive because the ego thinks in terms of 'doing' something, such as seeking control, gain, or avoidance. The ego darts through traffic, pushes the speed limit, and watches for police cars. It fumes at delays and stupid drivers; it tailgates and curses under its breath at slow traffic. It blows its horn and passes on curves. It is driven by the hope of beating time and jumping the line. It shakes its fist at the driver who moves ahead in line and vows terrible vengeance. While all this is going on, simultaneously, the ego is planning work strategies, talking on the cell phone, and listening to the radio.

In contrast, aware mind flows with the traffic and enjoys being courteous and letting some poor soul into the traffic line in front of it. "Give the guy a break" is okay to the easy-going perspective of awareness. P.316 -319 "I" Reality & Subjectivity David R Hawkins (calibration 999.8)

Man is therefore the victim of the inability to tell truth from falsehood as well as the seductions of the ego. P.175 "I" Reality & Subjectivity David R Hawkins (calibration 999.8)

# To live with care and kindness is all that is necessary; the rest reveals itself in due time. The commonplace and God are not distinct.

P.xxv "I" Reality & Subjectivity David R Hawkins (calibration 999.8)

#### **MEDITATION:** What is meditation?

There are many types of meditation. The one definition that fits almost all types is..."Consciously directing your attention to alter your state of consciousness."

There's no limit to the things you can direct your attention toward... symbols, sounds, colours, breath, uplifting thoughts, spiritual realms, etc. Meditation is simply about attention... where you direct it, and how it alters your consciousness.

#### What is the purpose of meditation?

Traditionally meditation was (and still is) used for spiritual growth...i.e. becoming more conscious; unfolding our inner Light, Love, & Wisdom; becoming more aware of the guiding Presence in our lives; accelerating our journey home to our True Self... our Spirit.



More recently, meditation has become a valuable tool for finding a peaceful oasis of relaxation and stress relief in a demanding, fast-paced world.

#### Other uses include:

- Healing
- Emotional cleansing and balancing
- Deepening concentration and insight
- Manifesting change
- Developing intuition
- Unlocking creativity
- Exploring higher realities
- Finding inner guidance



#### **General Guidelines for Meditation**

- 1. Put your expectations aside, and don't worry about doing it right. There are infinite possibilities and no fixed criterion for determining right meditation. There are, however, a few things to avoid. They are...
  - Trying to force something to happen.
  - Over-analyzing the meditation.
  - Trying to make your mind blank or chase thoughts away.
  - Putting too much emphasis on doing it right.
- 2. It's not necessary or advisable to meditate on a completely empty stomach. If you're hungry, have a little something to eat before meditating.
- 3. Find a quiet, comfortable place to meditate. You can sit in a comfortable chair, on the bed, on the floor... anywhere that's comfortable. It's not necessary to sit cross-legged. Your legs can be in any position that is comfortable.
- 4. Eliminate as much noise and as many potential distractions as possible. Don't worry about those things that you can not control.
- 5. When you sit to meditate, sit comfortably, with your spine reasonably straight. This allows the spiritual energy to flow freely up the spine, which is an important aspect of meditation. Leaning against a chair back, a wall, headboard, etc. is perfectly all right. If, for physical reasons, you can't sit up, lay flat on your back.
- 6. Place your hands in any position that is comfortable.
- 7. If it does not go against your beliefs, call on a "higher source" for assistance in your meditation. Any form is all right. This can be quite helpful, but is not absolutely necessary.

#### Some Misconceptions about Meditation

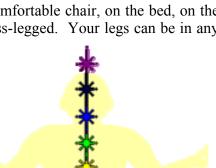
Misconception #1. Meditation is turning off your thoughts or making your mind a blank.

**Not True** ...Inner quietness is experienced in meditation, but not by wilfully turning off thoughts. Quieting the mind results naturally from:

- the effectiveness of the method used... and
- an uplifting spiritual energy that is beyond our own efforts.

**Misconception #2.** Meditation is difficult and requires great concentration.

Not True ... Meditation can be easily learned and practiced. Meditation is only difficult if we become too concerned with doing it correctly or incorrectly. Although staying focused in meditation does become



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easier with time and practice, it is definitely not a requirement for beginning to meditate. Thinking that we should be good at focussing when first starting out, is essentially putting the cart before the horse.

**Misconception #3.** Meditation is not successful unless we see interesting things in our mind.

**Not True**...Although some meditations are specifically for visualizing, many are not. In those meditations, seeing things may be entertaining, but is not essential. Even visualization does not necessarily require seeing. Some people sense or feel things inwardly, and that's all right.

#### **Relaxation Through Meditation**

A preference would be to call meditation relaxation – conscious relaxation, chosen relaxation. These are words that are more universally understood, more comfortable. Constantly working toward the goal of discovering ones own ability to reach a state of serenity.

Meditating is actually easier than you might imagine. Most of us have dabbled in meditation by participating in conscious relaxation. Maybe during an exercise class or to manage pain at the dentist or anxiety before a test. We start by paying attention to our breathing. The practical effort to focus completely on our breathing takes our minds away from the "mind clutter" that constantly tries to invade our mind and eliminate feelings that will lead to a time of calm. With repeated effort the goal of clearing your mind – to think of nothing, does occur and the process of meditation takes on its own energy. The result is peace, serenity, calmness, eventually opening yourself to new insights.

#### Meditating for Life

Too much stress, stress reduction, chill out, let it go, detach – familiar phrases to all of us. Our world is fast, fun and exciting. It is also challenging, trying, demanding and frightening. These two sides of our lives produce stress, emotional reactions, anxiety, worry and anticipation. Our bodies and minds can tolerate only so much of any of these. After a while, each of us reaches a saturation point and the results become uncomfortable at best; for some it may be unbearable, even unendurable.

No magic pill is available to eliminate these feelings. The reality is, as the wise old man said, the answer is inside all of us. To manage these universal concerns we must go inside ourselves. Among the steps we can take is the learning and practicing of meditation.

#### What to Expect

With time and faith in the commitment to practice frequently, (daily meditating is ideal), during your meditation time you may "leave the moment". A feeling of separation exists where the mind is clear, clean and blank. You will still hear sounds around you, but they will not interfere with your meditation.

Sometimes you may weep -- you may not even be aware of what is making you weep. It is your own emotions having a voice of their own. Sometimes you may feel a smile across your face -- that is contentment showing itself. Sometimes you may fall asleep and awaken truly refreshed.

There is no right or wrong behaviour during your meditation. It is your time for you. Everyone deserves this kind of personal attention. This is a self-care activity; loving oneself! Teach it to your children instead

of a time-out in their room or corner. Teach it to your friends, family, anyone who will listen. We can share this gift and get back as we give. We are all better because of each person who meditates. The peace and joy felt by those who meditate enters the world for all of us as positive energy. From it the world is a better place. Imagine if we all practiced meditation!

# God's Divine Love: Pray for it, ask for it, and receive it.



Golden Rule: that one must always honour another's will as one honours one's own.

### SPIRITUAL MEDITATION USING COLOUR:

#### P.182 Destiny of Souls by Michael Newton

Spiritual meditation as a means of getting touch with our inner self is of great benefit in healing the body. Since colour transmission is the expression of a soul's energy and that of our guides, meditation using colour is highly beneficial.

The six-step meditative exercise chosen comes from a mixture of suggested visualisations and those of a courageous fifty four year old woman whose weight dropped to sixty nine pounds (31kg) during her fight with ovarian cancer. She is now in remission after chemotherapy and the speed of her recovery baffled doctors.

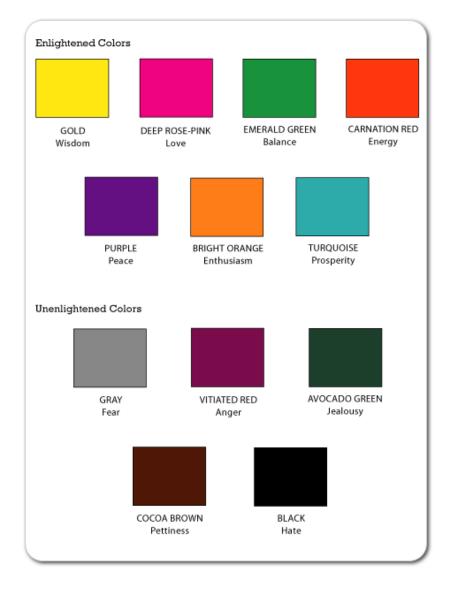
A number of Dr Michael Newton's clients generate a sense of spiritual empowerment by the use of meditation with colours. Thos who have severe physical health problems tell me the best results come from meditating once a day for thirty minutes or twice a day for fifteen to twenty minutes. Please know that these steps of meditation are not offered as a cure for physical ailments. The power of each person's mind and their ability to concentrate is different, just as is the nature of one's illness. Nevertheless, it is felt that one's immune system can be boosted by connecting with our higher self.

- 1. Begin by calming your mind. Forgive people for all the real and imagined wrongs that have hurt you. Spend five minutes cleansing, where you visualise all negative thought energy including fears about your illness as a black colour. Think of a vacuum cleaner moving from the top of your head to the bottom of your feet, sucking up and pushing out of your body all the darkness from the pain and hurt of your disease.
- 2. Now, create a light blue halo above your head that represents your spirit guide, whom you call upon for help while sending out loving thoughts. Then spend another five minutes concentrating on your breathing while counting the breaths. Measure your breaths carefully while thinking comfort in and tightness out. You want to harmonise your breathing with the rhythm of the body.
- 3. At this point, start to think of your own higher consciousness as an expanding white-gold balloon to help protect your body. Say in your mind: "I want that part of me which is immortal to defend the mortal." Now begin your deepest concentration. You will pull the purity of white light from the balloon and send it as a power beam into your body organs. Since your white blood cells represent the strength of your immune system, visualise them as bubbles and move them around your body. Think of the white bubbles as attacking the black cancer cells and dissolving them with the power of light over darkness.
- 4. If you are receiving chemotherapy, support this treatment by sending out a lavender colour as you would see from an infrared heat lamp to all parts of your body. This is the divine colour of wisdom and spiritual power.
- 5. Now, send out the colour green for healing these damaged cells from the effects of the cancer. You might blend this colour with the blue of your spiritual guide intermittently during the most difficult periods. Pick your own shade and think of the green as a flowing liquid mending your insides.
- 6. Your last step is to once again create the blue halo of light around your head to sustain mental strength and courage over a weakened body. Expand it around the external parts of your body as a

shield. Feel the healing power of this light of love both inside and outside. Think of yourself in a state of suspension and close by repeating a mantra such as "Heal, Heal, Heal".

Meditation as a daily discipline is hard work which pays big dividends. There is no right way to meditate. Each person must find a program which links their intellectual and emotional systems in a framework that suits their needs. Deep meditation brings us into a divine consciousness and a temporary release of the soul from personality. With this liberation one is able to transcend into a different non-dimensional reality where everything in the focused mind is unified into a single whole.

The woman with ovarian cancer was able to help her doctors by bringing total mental concentration to bear on healing her body. When the mind is in pure, centred state we can find who we really are – that essence we many have lost somewhere along the road of life. Daily meditation is also beneficial as a means of connecting with the presence of loving spirits.



#### <u>WHO ARE YOU?</u>

(based on Natural Love)

An exercise for all of us.

One extremely powerful process is so simple that people are constantly amazed at how profound their experience of Source is, especially as this process is so very easy to do. It is an ancient process of self-inquiry that's been practised for thousands of years in many Vedantan and Tibetan Buddhist monasteries. If you'd like, you can try it at home right now. It's best done with a partner.



Once again, set aside about one hour of private, quiet, uninterrupted time. Ask a friend – preferably one who has also read 'The Journey' book – to sit down beside you. When you are both comfortable and ready you can close your eyes. Your friend will be asking a very simple question, and you are simply going to be relaxed and open like a child, really longing to know the answer – trusting that the answer may come in words, or as a wordless response.

It's best if your friend really rivets their full attention to you, listening to you as if listening to the words of God. In this way, they are fully 'present' to your experience, and they create a 'sacred space' for you to begin your process.

Your friend will keep their eyes open, while yours are closed. They will begin by quietly asking, 'Who are you?' With your eyes closed, resting in your own awareness, just 'tune in' and allow the answer to 'bubble up' from inside, without censoring anything that arises. Then, give your response out loud.

Your partner will then say, 'Thank you', and ask you again, 'Who are you?' Once again, just being relaxed, paying close attention to what's arising inside, respond out loud. Your partner will say, 'Thank you', and ask, 'Who are you?' once again.

And so you will continue in just this way.

Very often, at first, we may start by naming our surface roles: I'm a teacher, mother, businessman, etc.', but if there is real openness and longing to know who you really are, then usually during the process, your deeper self will begin to reveal itself.

It may happen that at some point you feel yourself to be so vast, expansive and silent when "Who are you?" is asked, no actual words arise from within. If this happens, just be true to your experience, and be still.

Your partner will still say, 'Thank you' to your non-verbal response, and, once again ask, 'Who are you?'

Your partner continues asking the question, waiting for your verbal or non-verbal reply and saying 'Thank you' until the process is finished – in approximately 15 to 20 minutes.

Then you can stop, thank your partner, and switch roles.

The Journey by Brandon Bays	ISBN 0 7225 3829 1
www.thejourney.com	
The Journey for Kids by Brandon Bays www.thejourney.com	ISBN 0 00 715526 3

#### A MESSAGE OF HOPE FROM THE HOPI NATION:

To my fellow swimmers,

There is a river flowing now very fast. It is so great and swift that there are those who will be afraid. They will try to hold on to the shore. They will feel that they are being torn apart and will suffer greatly.

Know that the river has it's destination.

The elders say we must let go of the shore, push off into the middle of the river, keep our eyes open and our heads above the water. And I say, "See who is in there with you and celebrate!" At this time in history we are to take nothing personally, least of all ourselves. For the moment that we do, our spiritual growth and journey comes to a halt.

The time of the lone wolf is over. Gather yourselves! Banish the word "struggle" from your vocabulary. All that we do now must be done in a sacred manner and in celebration.

WE ARE THE ONES WE HAVE BEEN WAITING FOR.

Oraibi, Arizona Hopi Nation Author Unknown

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

The New Way: learning how to live true to ourselves by living true to our feelings.

Our Heavenly Parents simply desires for us to ask for Their Love.

A tune to learn and sing to yourself:

**'Every little cell in my body is happy!** Every little cell in my body is well!'

This tune is immensely life enhancing!



#### **PROFOUND HEALING TOUCH: Mantra**

(based on Natural Love)

A profound mind healing technique, with an emphasis on shedding the ego.

### Mantra: Jeshua – I Am that I Am.

The pronunciation of Jeshua in the Hebrew variation is Yih-hoh-shoo-ahh.

Call upon the Christ consciousness within yourself... In a 4 syllable almost silent breath mantra.

YI-HOH-SHOO-AHH. Properly done the in breath takes up to 45 seconds. In that time one feels one's energy shift significantly as something rises within yourself. What is thought that has been done is the activation of the 12th chakra (Christ Consciousness, you have, in essence, declared your Christhood). So you enter a state as if you are Christ (usually while you are waiting for some process or something around your work environment – not necessarily a great healing environment). That's how it is, and this is where one can develop the technique on the fly during hectic days at work. Many people just don't have time to do it any other way right now. We must enter this state quickly and efficiently to be able to share this with folks in any environment and time.

You may also breath out YI-HOH-SHOO-AHH too, (sometimes it takes more than one breath and sometimes one just can't focus well enough to do it) but you can decide to connect to the father through Christ in one breath. So we recently decided to breathe out YI-HOH-VAH -HHH. You see it is forbidden to say that word in Judaism (What is understood is that because it was a 4 syllable outbreath it was impossible for a human to pronounce and that then became interpreted as forbidden, rather than impossible). Being the questioner, it was decided to try to learn how to pronounce the unpronounceable. It took work but we got there. It doesn't matter, the whole thing can be achieved simply by intent. There seems to be many common meditations that activate the 12th chakra and connect to GOD. It is not believed what is being done is unique in any way.

- Hoh simply a breath with the O almost unhearable
- Shoo like Shoe
- Ahh like Ahh

Now it's relatively easy to do that breathing out. Less easy breathing in. Ultimately it is not necessary these are only symbols to help bring you there and focus within. The technique is nothing unless you shift your consciousness.

Alternatively, consider this mantra:

## Yih-hoh-shoo-ahh. – I Am that I am.

Further Mantra:

## I am PEACE

Our Heavenly Mother and Father simply desire for us to ask for Their Love.

#### **PROFOUND HEALING TOUCH:** Forgiveness Lesson

I got on my own table tonight and worked out more details of how to do that. There may be an order to this and I will share with you what happened tonight.

I called in my guides, brought in the protective light and began to forgive.

First I declared my truth, as one of the Sonship of the Father. I declared my oneness with the Father through Christ and called upon the Holy Spirit (Ruach Hakodesh – Hebrew).

I began my breath work.

I then began... I am not this body I am mind ....huge Zap. A layer of crud flew off.

I am vibrant health.... Zap !! as a layer of crap flew off.

The intent is to clear all lifetimes.

I forgive my mothers... As it released I felt so much electricity. I kept repeating it until the charges were gone from my body. Same for the others. Keep repeating until peace overcomes you.

I forgive my fathers I forgive my brothers I forgive my sisters I forgive my sons / daughters I forgive my grandparents I forgive my aunts / uncles / cousins

Sometimes I was shaking so badly I had to stop and declare I am peace.

I forgive my friends

I forgive business and work associates

I forgive my enemies. My body almost fell off the table.

I forgive all others, all humanity is forgiven.

I FORGIVE MYSELVES....ZAP again.

This technique needs refining and should be tailored with one's guides. (Some need to forgive God, and other entities I have yet to discover, teacher's come to mind, police, army, etc.)

I am of firm belief that I am not my body. When I went to look in the mirror after the session I was shimmering.

Play with this then floss and go to bed.

Have a warm heart and a cold beer.

Good night and God Bless.

## **Divine Love Flow:**

Prayer to God with a feeling and longing for God's Divine Love to enter you. Have a longing for truth from God.





# LIVE FEELINGS FIRST FEELINGS FIRST For Kids

## **On Prayer**

March 6th, 2002 Received by H.R. Cuenca, Ecuador.

My dear brother,

In my last message, I told you how we left the village of Naym, and how Jesus guided us towards Mount Tabor.

We did not stay at the foot of that mountain, but instead we ascended. And from above we could appreciate a spectacular view, embracing the plains of Galilee, down to the freshwater sea.

It was an appropriate place for meditating. It is easy to understand why the ancient ones built their sanctuaries on the summits of mountains. And we had a lot of luck with the weather, enjoying a sunny day with perfect visibility.

When we had arrived at the peak of the mountain, Jesus began to pray in silence, and we tried to follow his example.

Then we sat down, and Jesus spoke to us again of prayer. He explained that it was, of course, an inner attitude, the intent of conversing with the Father, exposing to Him our problems, desires, yearnings and concerns, but that it was always very important to look for an appropriate atmosphere. At least once per week, we should look for a solitary place, where nature itself would inspire us and facilitate in us a close communication with our Creator. By the way, H\_\_\_\_, this is advice that still is valid. It is not necessary to climb up a mountain or to hide in a forest to do so. It is sufficient to find a quiet corner, a pleasant atmosphere which may be in your house, it may be with some background music, each one will know how to arrange this for themselves. It means to retire periodically from "this world" and to enter "another world," where you will be able to be much nearer to God.

And it happened that Taddi, who heard all this for the first time, asked Jesus:

"Master, I don't want to appear stupid, but in fact, I don't know how to pray."

We kept silent. We had never asked this question, and to tell you the truth, none of us knew how to pray. Nobody had been taught it. It was something different to participating in the rites of the Temple, and to fulfill the norms of conduct as the Torah demands them, and with that to feel well, rather than to pray or to converse with somebody who we could not see. How can one speak to somebody who is invisible? How could we know if He was listening to us or not? So Taddi had formulated our question with courage and frankness.

Jesus smiled. He explained to us that eventually we would always feel the presence of God ever stronger. The eyes and the ears of our souls would open up and we would know that the Father was always with us, listening to us unfailingly and watching over us.

"And when praying," he said, "do not use needless repetitions as the heathen do, for they expect to be listened to because of their multitude of words. Do not, however, imitate them, for your Father knows what things you need before you ask Him. Well, the Father definitely does not want words. He wants your longings, your true desire to be in communion with Him. Although the Father knows all that worries you or makes you happy, He needs you to express his desires to demonstrate your will to accept His guidance and His gifts, because He respects you, and even more, He loves you, and therefore, He will never impose His Will upon you.

The Father in Heaven is like a magnificent King who grants an audience to all His people at all times. He likes to hear people telling Him of their happiness and He listens to their problems. And to all people who approach Him, He gives exactly what they may need. He is not like the imprudent ruler who, riding on his horse, parades through the streets of his city, throwing his gold among the people.

This is prayer: The audience with our true King, informing him of our desires and problems, our happiness and sadness. When we open up our hearts, He opens up His, and when we need, He gives with wisdom."

And then he gave us his prayer. I don't need to describe it, you already know it.

#### [HR: And was it exactly as Mr. Padgett received it?]

No, not exactly so, this you should know already, but more or less so.

[HR: Actually, I am referring to a special part of it. Jesus explained to Dr. Samuels the following: I am here, again, to write you on the truths of the Father, and I wish to comment on The Prayer given to Mr. Padgett many years ago – the only one necessary to obtain the Father's Love; and the Doctor is very much to be commended for his perspicacity in perceiving all the implications of the Prayer. It should be also understood that when I wrote, "through the death and sacrifice of any one of Thy creatures," I was referring to the Hebrew custom of pardon through the sacrifice of lambs and bullocks, which were considered to take away sin. I did not at that time refer to myself as being one considered the equal of the godhead, for this prayer was originally given before any idea had entered the mind of man that I could be such a being; and it was not taught by me but simply inserted when given to Mr. Padgett in my capacity as the risen Christ, and in order to point out a false interpretation developed over the years. So it is understood that in the original teaching of the Prayer, these later words rejecting my person as being one with the "godhead" did not appear. (Revelation 24: Jesus explains passages from The Prayer and corrects more passages in the Gospel of John)

Because the phrase 'It should be also understood that when I wrote, "through the death and sacrifice of any one of Thy creatures," I was referring to the Hebrew custom of pardon through the sacrifice of lambs and bullocks, which were considered to take away sin' entails serious implications, abolishment of Temple sacrifices would have cost the Jewish priesthood dearly.

On the other hand, there is another contradictory message received by Dr. Samuels:

When I came to Palestine to teach, I was very much aware of the evils found among the Hebrew priesthood and I also was convinced through my studies of the old prophets and the teachings of the Father that the priesthood was not essential to a religion calling for a direct communication between the human soul and the Heavenly Father through Love. But it was not my intention to harm or destroy the prevailing system which had been built up through the centuries to perpetuate the priesthood as an integral part of the organization of the Hebrew nation, whether Israel, Judah, or both, for the nation had been established as one consecrated

to God with the priesthood as the intermediaries between God and the people, and the conception was to have the priesthood perform the religious functions of a special or national nature and be the religious leaders of a people designated to be a light to the gentiles – a people who would eventually lead the pagan peoples into the path of true belief and worship of the eternal God.

And the sacrifices of the animals seemed perfectly consistent with this plan, because these sacrifices enabled the priesthood to live, and in earlier times this priesthood had difficulties in making ends meet because the people were not generous in their contributions towards them. And for that reason the priesthood, as a class, organized for special duties within a society that had developed with those special duties in mind, were not to be attacked in my plan for the redemption of the Jewish people. (New Testament Revelations: The functions of the Hebrew priesthood)]

All of this does not fit together. The above mentioned phrase from the prayer would have caused an enormous scandal and an uproar. Or did you keep it a secret?

No, not at all. How could we have kept it a secret being such an important part of the teachings?

Actually, as Jesus said, the prayer given to Mr. Padgett is the original prayer "in substance", but not literally. This prayer in itself implies that God forgives and grants, because we ask Him to do so, and not because we kill animals.

Remember what Jack Kilmon wrote on the first line of the prayer. The Aramaic original expresses perhaps a thousand things more than modern translations.

But in order to continue with the story, at that moment, when Jesus taught us how to pray, it was so majestic that even up to now its recollection fills me with much emotion and happiness.

Finally, in the afternoon we went down and camped at the foot of the mountain. On the following day we would return to Kpar Nahum.

It has been a great pleasure to relate this history. You should not forget the circumstances. We were still under the strong impression of the events at Naym, and now, the Master's words were so powerful in the most beautiful of scenarios.

Tomorrow, if God allows it and if you grant me the opportunity, we will continue.

Until then, God bless you,

 Judas

 Conversations with Judas:
 https://new-birth.net/conversations-with-judas-of-kerioth/

 Celestial Messages:
 https://new-birth.net/

[The **PRAYER for DIVINE LOVE** is towards the end of this document.]

# The Prayer For Divine Love

A collection of letters to various people answering questions regarding the Prayer For Divine Love as contained within the Padgett Messages, and how this prayer indicates that emotional processing work will be essential for the person wishing to progress in soul development with Divine Love.

> Written By AJ Miller

On 10th October 2005

this online edition published by Divine Truth, USA

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## 1. Prayer for Divine Love – Part 1

## Overview

I have again not responded to many personal emails because I have not had the time to do so. I have also been dealing with a number of personal emotional matters that are a part of the process I must follow over the next few months. So, I am sorry if you have been expecting a response. I have been very desirous of responding, and I also have been very encouraged by many of the emails you have sent me, and I would like to thank each of you for sending them.

Please be assured that I will attempt to respond as I can, but for the moment I must continue to assist the 13, and continue in my personal growth as well, since these are the matters of the highest priority at present.

However, I have managed to write some commentary on the Prayer for Divine Love that was given to Mr Padgett. I have divided it into two parts, since it is quite long. This email is the first part. I know that I have mentioned much of the information contained here previously, but I thought you may find it beneficial to examine the prayer's deeper meanings, since it may assist you in your own personal growth.

I will also be writing soon on the subject of Synchronicity, since I feel it is very important that all who are receiving these messages be conscious of Synchronistic Events that are occurring currently and over the next few months in their own lives.

Many have asked me to make some comments regarding the Prayer for Divine Love given to James Padgett, since there has been an interest in the prayer, for many reasons.

Some have come to realize that the prayer itself contains much important information to the person who is a sincere seeker of Truth and God's Love. Others have mentioned that although they have said the prayer for many years, and feel they have sincere longings within their soul for the Love, His Love does not seem to grow in them, and naturally they are concerned about this. So the following is a short discussion regarding the Prayer given to Mr Padgett.

## Introduction

Firstly, it must be stated, that within the prayer are contained many Truths which, when felt by the prayerful soul, will allow the individual to come to a more complete knowledge of how our Father feels, and the operations of His Laws, particularly His Laws of Love. It is very important to come to know how He feels, since His Love is a feeling of His, and it is not a feeling or substance which comes from any other source than from the Soul of our Father.

Since the prayer demonstrates many Truths regarding the method of becoming at-one with Him, and being at-one with Him means that we have a relationship with Him, it naturally follows that we will come to know how our Father feels about many subjects, since these feelings of His will be given to us as we grow in this relationship.

In this way our relationship with our Father has a similarity to a deep friendship with another person. Within a deep friendship, each individual, if they desire the friendship and come to know each other well, will understand the feelings of the other. This is the way we come to "know" the individual with whom we are friends. In addition, if both are growing at a similar pace, and are open to change and truth, then the friendship and love will become stronger and deeper as time progresses.

Of course, God already Loves each soul with His Great Love, and He, since He created us, knows and understands all of our feelings as we have them. Everything within us is open and freely examined by Him, whether we wish for this to be the case or not. Nothing is hidden, and our true feelings of the soul, both for Him and others, cannot be misrepresented to Him. His Love is of such a nature that it examines all things, and He feels the true longings of the soul of each individual the instant the soul has these longings.

But, His Personal Love is such that it cannot flow to a soul that does not desire and long for a personal relationship with Him. For Him to force His Love into a soul that does not wish to possess His Love, or does not wish to possess it to a greater degree than that condition present within it, He would have to break His Own Laws of Truth and Love and overcome that souls Free Will, which He would never do.

Since the soul comes to a more complete knowledge of how its Father feels as it proceeds along the road of progression, it can be expected that any example prayer will also demonstrate to the sincere person the feelings within themselves that may need to be changed if a more complete and happy relationship with their Father is desired. So it must be understood that the soul with beliefs of error can only receive His Love to the extent that it accepts and practices the Truth. Truth and God's Love are mutually inclusive, God's Love can only continue to flow into a soul that removes error from itself, or allows error to be removed from itself, and is desirous for and learns to practice Truth.

But, in this we need to be aware that we can accept the truth within our mind, but our soul may be feeling another belief, so I must emphasize that it is the soul's beliefs that allow the reception of God's Love, and not the mind. This is a very important point to understand if we wish to grow in the Love of Our Father. As this discussion continues, I will illustrate how this seeming paradox may be present within us.

For these reasons examining "The Prayer" given by Jesus to Mr Padgett in more detail will assist the soul desirous of progress in its development, and in the at-onement with its God, thus enabling it to become a happy possessor of God's Love.

"Our Father, who art in heaven, we recognize that Thou art all Holy and Loving and Merciful, and that we are Thy Children, and not the subservient, sinful and depraved creatures that our false teachers would have us believe. That we are the greatest of Thy Creations, and the Most Wonderful of all Thy Handiworks, and the objects of Thy Great Soul's Love and Tenderest care."

## Our Father is a Being

Our Father is an Entity, a Being with a location of inhabitancy, the Heaven in which He lives. He is not some abstract force, without personality, nor is He part of or inside all His creation. His Love, which is an Essence of His Being, and many other qualities of His, can be within or part of any of His creation, depending on the at-onement that exists between that creation and its Creator.

It is very important to understand that God is a Being, since this allows for the soul to understand it is able to develop a relationship with its Creator. If God was just a force of nature, as many proclaim, it becomes very difficult to enter into a personal relationship with God. A force does not have personality, and is not capable of a love specifically for an individual, but a being entity can have a force, and is capable of personal love.

To illustrate, electricity is a force that provides all sorts of comfort for every individual connected to that source of energy. Now, a man can come to "love" the pleasure of having this ready supply of energy at his fingertips, but a man does not feel compelled to form a loving communicative relationship with this energy. Can you imagine a man being asked who is the object of his love replying "my three phase power supply?" So, if God was but a source of energy only, without personality behind this energy, then it would be possible to connect with this energy source, but not form a personal relationship with It. Since only those spirits who understand the true Nature of God are in the Celestial Spheres and higher, and these spirits have entered into a personal relationship with this God who is a Being with Personality and Attributes, it thus follows that the Truth is that God is not just a force. If we continue to believe such a thing, since our concept of God is damaged, we cannot enter into a personal relationship with Him, and therefore cannot receive of the Personal Love He gives to all have this relationship.

But again, it must be understood that when I use the term "understand", I am referring to the understanding of the soul, and not the mind. Often the soul "understands" things that the mind of man denies, and the awareness of the understanding of the soul by the mind often occurs when the person experiences some deeply moving or traumatic event that triggers the connection between the soul and the mind.

## Our Father's Nature is Beautiful

Our Father's Nature is Beautiful, Holy, Loving and Merciful, and, very importantly for our own progress to understand, never wrathful. His Nature is that of tender care for us, so we do not need to live in fear. Any time we do not feel these qualities of His Nature we are in a state of personal error, because He is always constant with the demonstration of these qualities and feelings of His Own Being. Any state of personal error will result in our blocking the reception of His Love, which is the Highest Quality of His Nature.

We are all souls created by Him, so we are His Direct Descendants, His Children in the real sense. As such, our potentiality is limitless, as long as we continue to seek for His Truth, and grow in His Love. This applies to each of us as individuals, and collectively. Any thoughts that we have of inequality, that we are better than another or feelings that others are more favoured Children, are in error and do not assist us in coming to feel His Love.

But if we have been in error, we do not need to punish ourselves, or feel that we are "stupid" or "dumb", since our Father never thinks such things. We only need to come to recognize that we have further progress to make, and that as we come closer to Him, He will demonstrate to us the areas in our life where those changes can be made if we wish to become happier persons. Once we accept this truth within ourselves, we are no longer afraid of personal truth, since we recognize that the acceptance of personal truth is essential, both for our personal enlightenment, and to progress towards our Perfect Father.

## We Were Created Perfect

He did not create us with sin and error as part of our nature, He created us perfect. Sin and error is of our own creation, a combination of our personally leading a life of error, and our ancestors passing down error through the genetic code and actions performed by them that impact on our nature. As such, error and sin can be removed. Also, a state of error and sin is not our natural state, as some claim, but rather an unnatural state.

To say it is our natural state is to say that God could not create us perfect, which of course is a blasphemy. He does not, and has not made mistakes in our creation, and any perceived mistakes in man's judgment are in fact erroneous, and will prevent the same man from feeling the Love of God, and becoming an inhabitant of the Celestial spheres.

Since He did not create us with sin and error, we need to take personal responsibility for the existence of sin and error within us, in all its manifestations; within the material body in things such as disease and sickness, the spiritual body in issues of spiritual health and morality, and within the soul with issues of love for others, love for partner, and love for our Father. While this sin and error are present, if by exercising our Free Will we choose to keep the feelings and thoughts that are erroneous, we prevent our Father from giving us His Love, because His Love never breaks one of His Laws of Love, and that is, that Love cannot be forced upon an individual without the soul of the individual longing for that Love.

But we must remember that although we need to take personal responsibility for all sin and error within us, some of this sin and error is the result of the "Collective Consciousness", rather than that of our own making. We cannot assume everything that happens to us is a result of our own creation, since we are also a part of the creation of others in the sense that others have an effect on us.

In my case, if I created all that happened to me, then my own death in the first century, which was the result of a conflict between truth and error, could be said to have been my own cause. Following the same reasoning, it could then be said that I caused and was directly responsible for my own torture. In a secondary sense, since I would not compromise Truth, I came to be in the position of being tortured and killed. But I was not responsible for my torture and death, since I did not break any laws of God in upholding the truth. But I am responsible for the after effects and the feelings WITHIN ME as a result of that action, and these feelings I had to deal with and release in order to progress in my own soul development.

## We Are Worthy

We are each, individually, one of His greatest creations, and are Loved by Him personally. Any thought that we are "not good enough", "unworthy", "unloved by God", "alone in this world", "without anyone that cares for us", "bad inside", "unable to be redeemed", "unable to be forgiven" and many of such similar thoughts are thoughts of error which will prevent His Love from flowing to us.

All we need to do is understand the Perfect Nature of our Father, who is better than any human parent, then we see that any feelings of inadequacy within us are not the Truth, and that we need to remove such feelings by allowing them to be released from our soul. This can be done by a process of releasing them,

which involves feeling these dormant feelings within the soul, and breathing and allowing them to arise through our body (either mortal or spirit body), and will include the expressions of the feeling.

For example, if we are sad within our soul, we can deny that sadness with our mind, and use the many methods of denial to keep the sadness "under control." These methods include being angry, keeping ourself so busy that we do not have time to feel, surrounding ourselves with noise and distractions, choosing an addition such as smoking, drinking alcohol, taking drugs, and promiscuous sex, choosing to never be alone, choosing to work to hard, listening to music constantly whenever we are alone, just to name a few. While we are doing these things, our mind is distracting itself and preventing the feelings present and dormant within the soul from being felt. So the soul stays in darkness as to its condition.

But when we understand that this sadness is preventing God's Love from flowing, then our mind can choose to allow the sadness to be felt. During this process we will recognise all of the "methods" we have used to keep ourselves away from our own feelings. So we stop continuing to deal with our feelings using these methods, and rather, our mind chooses to allow the soul to feel all the feelings dormant within the soul. While this sadness is being felt, we may experience some "pain and suffering", which will include crying, since all feelings when felt, cause an action to be present, and sadness, after anger has left, usually results in tears.

Now if we say that we have released our feelings of sadness, but we have not cried, then it is highly likely that we have not released the feelings. Feelings when dormant are not felt. Feelings when flowing and active become emotion or "energy in motion", and now they are felt. As they are felt, we can breathe and allow these emotions to be felt, and they will be released. During this process, thoughts will come to our consciousness as to why we feel like we do, and this will connect with the feelings, and the energy will flow. Often, as a subsequent result, the mind will have "light bulb moments", moments of realisation and learning that it did not have previous to allowing the feelings.

Once the flow of the sadness feelings in our example is complete, we may at the time feel exhausted. And, if the sadness is caused by very strong trauma, we may need to experience this process many times, even over a period of months. But each time we release, if we pray to our Father, these dormant feelings which have been felt and have now left the soul no longer block the operation of His Love, and His Love will come to us in larger abundance. Since this occurs, we become much happier.

It is very important that the mind is trained to accept all the feelings of the soul, whether these seem to the mind to be inappropriate or not. For example, we may say in our mind that our parents tried their best, and although we feel that they do not love us, we may refuse to allow the sad emotions to surface because our mind continually tells us that our parents "tried their best." Since we refuse to acknowledge our own sadness, we will carry around with us this sadness, and it will continue to affect our choices in life, and our belief that we "are not good enough", and so we do not love ourselves correctly. We are in fact saying to our soul, "Sure you have that feeling, but, because of the sensitivities of our parents and others, you are not allowed to have those feelings."

In this example, it would be better for our mind to acknowledge that our parents did what they could with the knowledge they had, but also, and more importantly for our personal growth, we need to acknowledge that we feel unloved by them within the soul. Once we allow this feeling, the emotional connection will result in the flow of feelings, and, once felt, these feelings will no longer form a part of our belief system about ourselves. We will then come to see that, although our parents do not love us in a manner that is good for the soul, to our Father, we are precious, and our parents definition of us will no longer be accepted or acted upon.

There is not a single soul that has found the extent that God Loves His Children, and we are all in various degrees of knowledge of the extent of His Personal Love for us. From Jesus, who is the Way, the Truth and the Life, to a newly individualized soul, there is not one who has come to know God's Love to Its fullest extent. Since our Father is eternal, we will never find out the full extent of the Personality or Love of our Father, since He is without limitation.

But in God's eyes we are the most precious of His Creation. So we are worthy.

"That Thy Will is that we become at-one with Thee and partake of Thy Great Love which Thou hast bestowed upon us through Thy Mercy and Desire that we become, in Truth, Thy Children through Love, and not through the sacrifice and death of any of thy creatures."

## **Our Father Desires Our Love**

Our Fathers will is that we become at-one with Him. As any good parent on Earth would desire a relationship with its child, our Father, being the Best Parent, desires a personal relationship with all of His Children. Since He also is our Father, He knows that what is best for us is to become at-one with Him, since this at-onement will bring us the most pleasure throughout our existence.

He did not create us to live alone and unloved. Besides providing the ability for our progress into His Love, He also has provided the "perfect partner" for our soul, and that is our soul mate, and this is an additional expression of His Love for us.

## Truth is Essential

Truth is required in this process of at-onement, because Love cannot flow to a more complete degree unless the soul also accepts and believes Truth. Without His Love, we cannot become at-one with Him, and without Truth, we cannot receive His Love.

This is a very important point for all to realise who wish to enter into this personal relationship with God, and be a recipient of His Personal Love. His Love is not available to us if we refuse Truth. This is illustrated throughout the Padgett Messages.

Our reception of God's Divine Love is dependent to a large extent on our personal love of Truth. We cannot reject Truth, and expect His Love in its complete form. Nor can we decide to remain in a position of error, and expect to continue to receive the pleasure of His Love. This is not because He withdraws His Love under these conditions, but rather, it is because it is impossible for His Love to flow into us to a complete degree when we remain in error.

This could be illustrated by looking at a romantic relationship between a man and woman. The woman in the example may love her man very much, and constantly want to be with him, be open and communicative

towards him, and demonstrate her affection and love physically and emotionally towards him. To her, he is part of her centre, the very core of her, and she has no feelings of attraction or desire for another man.

But the man may have injuries in love, caused perhaps by events in his life, and he is constantly jealous of his lady, becoming demanding, angry, and possibly abusive. So, although the woman loves her man with all her heart and soul, the man, because of his own condition, cannot feel this love she has for him.

And, if he continues to reject the truth, the truth being that his own injuries in love are damaging the love of his partner for him, and also that his own actions are extremely unloving, then, in the end, he is rejecting her love. The relationship will of course die in time, since it is impossible for love to continue to exist in this environment, and, if the woman wishes to continue to love, she will be forced from the relationship by her love of self, and his lack of love for her.

In a similar manner, if we have injuries of belief with regard to our Father that we refuse to accept, then while we continue to reject the Truth about our Creator, we also continue to reject the Divine Love. A closer relationship with our Father is not possible while we remain in this condition, not because our Father is unwilling to continue Loving us, but because we reject the Love He gives. Although God's Love for us can never be damaged, the flow of His Love into our soul can be and often is prevented by our own love injuries, and our own desire to remain in a position of error rather than accept personal truth.

Now there are many reasons for refusing Truth, and all are based on the feelings of the soul in error. All of the feelings in the end are very personal, such as we do not wish to feel we are wrong or bad, we do not wish to be wrong, or we may have invested a lot of time and energy of the soul into the belief of falsehood, and feel if we give up the falsehood our life no longer means anything.

We may not wish to take personal responsibility for our personal beliefs and feelings, and we may wish to blame others for them. So we may feel that others should accept the Truth first. We may not want to feel our hurt pride or become the laughing stock of others, and may prefer to accept the lie so we can stay friends with those whose love is conditional. We may feel that if we accept the truth family and friends may reject us, and since feelings of rejection are powerful, we may choose to ignore the Truth. So our personal love of truth may not be as strong as we thought.

## God's Love and His Truth Are Priceless

In all these ways, we can place a limit on the price on Truth, and we have stated to ourselves that if the cost of Truth is higher than this limit, then we will not accept the Truth. This limit may be loosing friends for example. So we say; "if accepting and practicing truth would cause me to loose my friends then I do not think that Truth is worthy of this price."

Now this is a major sin. (Remember that sin is missing the mark set by God.) We are missing God's mark in a major way if we feel Truth has a price. God's Truth, like His Love, is priceless. So a person who refuses Truth does not understand God at all. That person is also stating that they would prefer a relationship with their family and friends rather than doing what is necessary to have a relationship with their Father. So they say; "Well if my family and friends no longer will accept me if I accept this Truth, the feelings of hurt I will feel are stronger than the feelings of hurt I will feel if I do not have God's Love. So I choose the love of family and friends over my desire for God's Love. "

Now, a person doing this does not understand the extent of beautiful feelings, or the type of feelings that God's Love brings when it enters the soul. If they understood, they would never make this choice. Our Father, under these circumstances, will always wait for us to adjust our viewpoint and thinking, but the time that goes by becomes wasted time, since the soul could choose to place a higher value on Truth and Love, and thus receive the benefits of this action.

## Love of God Does Not Involve Sacrifice

Sacrifice and Death of one (Jesus), many (ourselves), or animals are not required to have this at-onement. Neither does God require a sacrifice of one self, or our feelings, to receive of His Love.

God is abundance, so sacrifice is not called for. Already, everything in the Universe is His, and there is nothing we can sacrifice that would result in our ability to demand His Love, or that would make us more worthy to receive it.

However, because of the gift of Free Will He has given to us there is something that may not be His that is in our power to give, and that which He, although He has the power, has refused to take from us without our approval and desire. Since we have this gift of Free Will, we can choose to give Him our love, and develop a longing within ourselves for His Love. This may be something that He currently does not have, and so, it is the only gift we can give Him which does not already belong to Him. This is why our love for Him is so precious to Him, and in fact, why our love for anyone is our most precious gift that we can give to them.

This is not sacrifice, and does not ever involve sacrifice on our behalf, since anything we need to personally deal with to develop our soul will only ever result in our more complete happiness. If we feel we have "made the sacrifice" of promiscuous sex, alcohol, cigarettes, time, effort, material things, wealth, or any other such thing to obtain His Love, then we are yet to come to understand Him, or to feel the wonderful feelings His Love can bring to us.

## 2. Prayer for Divine Love – Part 2

## Overview

I hope that all of you received the first part of the discussion on the Prayer for Divine Love, and that some of you have benefited from the information that was presented there. This message is Part 2 to that message.

I must emphasize that prayer is by far the most important part of personal soul progression. When we have a best friend, we really enjoy their company and companionship, and, if time goes by without seeing the friend, we generally have a strong longing to spend time with them and talk to them on a wide variety of subjects. If we spend time with someone and discuss things dear to our heart with them, and listen to things that are dear to their heart, a level of intimacy is attained. The closest level of intimacy is possible with our God, since we can communicate with Him via our feelings, and He also can do the same with us. Since He has no love injuries, His expressions to us will always be in our best interest, and His Love will forever result in our personal happiness.

In this way, the Prayer for Divine Love in the Padgett messages was constructed with the feelings and emotions of the soul desirous of a close relationship with its Father in mind, and the expressions of the prayer, although formed in words, need to be formed by the feelings of the soul when communicating its soul longings to God.

So, lets discuss the further parts of the Prayer, and examine them from a heart full of feelings and emotions.

"We pray that Thou will open up our souls to the inflowing of Thy Love, and that then will come Thy Holy Spirit to bring into our souls this, Thy Divine Love, in great abundance, until our souls shall be transformed into the Very Essence of Thyself; and that there will come to us Faith – such Faith as will cause us to realize that we are truly Thy Children and one with Thee in Very Substance, and not in image only."

## An Open Soul

Our Father will assist us in the process of opening up our souls to the inflowing of His Love. As pointed out elsewhere in the Padgett messages, He does not do this by directly using His Holy Spirit, since His Holy Spirit, the Comforter, is used only as the medium by which His Love is impressed into our soul. Before the Love can be felt by a soul desirous of its inflowing, our soul must be open to the inflowing. Therefore our soul cannot receive God's Love unless, by certain other operations, the soul has had an awakening as to its condition, opens itself to the operations of the Holy Spirit, and begins to develop soul longings for God's Love.

So, our soul must become open to the inflowing of His Love, and our Father can assist us immeasurably in this process. Although God's Holy Spirit is used only as the medium, or as I have said in other messages, the Conductor or Conduit, that brings His Love into our souls, God has other means and forces within His Qualities and Attributes that He uses to assist us in opening our souls to the inflowing of His Love.

He can impress upon us feelings in the soul that cause thoughts to be triggered within our mind as to the blocks and impediments to His Love. He also can use any of His creatures of Free Will, if they allow themselves to be so used, to assist us in the process of opening our soul, and in this way the mirror of our personal relationships can teach us what needs to be addressed. In addition, we have a spirit guide assigned to us to assist us in our personal development, and constant synchronicities (which we may view as coincidences) are presented in our lives in the attempt to gently lead us towards the truth. Of course, His workings are not limited to these methods, but these are methods that we can recognize and work with to open our soul.

He will not open up our souls to the inflowing, unless we want it to occur from the soul. We can think in our mind that we are open to the inflowing of His Love, but we may be mistaken, since unless the soul is involved in the desire, the want is from the mind only, and our Father does not communicate with our mind, since our mind is not the true identity of who we really are. The entity of our being is the soul, and the mind is only a process of the soul. Therefore it follows that our Father will not communicate with our mind since the mind is not the soul. He will only communicate with our soul, and this communication occurs with emotions, desires, feelings, inspiration and aspiration.

Many people consider themselves to have a soul well filled with God's Love, and yet their soul has received little of it, and the reason for this is that they are still living within their mind for various reasons. They have exercised their Free Will and blocked the flow of God's Love into their soul, and this has been done because there are other feelings of error and sin within the soul that they are unwilling to allow themselves to feel because of the fear of the pain involved, or they wish to remain in denial of for the same reason.

A person praying that God open up their soul to the inflowing of His Love is really praying that He use all and any method at His disposal to assist us in the opening up of the soul. This of course assumes that the person has the humility to accept the methods our Father uses. If we have this humility, then it will not matter to us from where we receive the promptings that open the soul, and we will respond to all of the assistance given to us as it becomes recognized.

Often, our Father will assist us to open our soul using methods that also have the effect of confronting within us the sin and error that is preventing the opening of the soul, and, because of this, many people have a tendency to reject our Father's leading. But, when we come to see that this demonstrates within us a lack of humility, we will address the issues of humility that are affecting our spiritual development, since the Love of our Father is the most important feeling we wish to feel, and Love does not know pride.

## **The Holy Spirit**

The Holy Spirit is the instrument or medium by which His Love flows to us, and, as I have said in other messages, the Holy Spirit does not have any other role than being the medium by which our Father bestows His Love to us.

As pointed out in the Padgett messages, our Father has other forms of energies or spirit that are used for a variety of purposes, both in the control of His Creation, and in the life force, and these energies are a part of His Love. However, they are not a part of the personal Love that He has for all of His sons and daughters, Love that He is waiting to bestow on each individual. His Holy Spirit is the medium by which His Personal Love is impressed upon our soul, and His Holy Spirit requires that our soul be opened by other methods before it can transmit God's Love as a feeling into our soul.

His Holy Spirit connects instantly with a soul that has been opened to the inflowing of His Love. His Holy Spirit is so sensitive to the longings of our own soul, that it can sense the instant within us that a connection is longed for, and it makes the connection to the extent that the soul longing is present.

## More About God's Love

Gods Love is unlimited in nature, and is abundant, and to it there is no end. This is perhaps one of the most incredible facts about our Father. Not only does He have this Love to such an extent that there is enough

for every single soul created in His image, but, in addition, there is enough of this Love to fill each soul thirsting for this Love forever, and still He has more to give, in ever increasing amounts. This is a part of the wonder of the Greatest Being.

## **Souls Transformed**

His Love is the only thing that can totally transform us into His Essence, and give immortality. As mentioned in the Padgett Messages (Book of Truths by Joseph Babinsky), our soul when first created was only created with the potentiality of the Divine and in its natural state, it does not contain anything Divine.

Without His Love, we are only an image only of Him, and will only ever be an image, and are not in atonement with Him. His Love literally transforms us into a new being, and therefore once we have received His Love to the extent required, we experience the New Birth, the complete transformation of the person we were originally created as, a transformation from the soul eventually perfect in natural love, to the soul containing the Essence of the Divine. Not only do we exist in complete happiness, but His Love is now at the very core of our being. It is now impossible for a possessor of His Love to this extent to perform any action that is in discord with His Love.

## Faith

Faith is an abused term today, and is generally applied to a belief in things unknown, that cannot be proven. Thus man says you must have faith in the sacrifice of Jesus, for example. Of course, this faith is not possible, since the true meaning of the word "faith" cannot be applied to the principle of the blood of Jesus saving sinners, since this belief is a fiction created by men desirous of the control and manipulation of others.

True Faith is a knowing of things real, substantial, things are have been and are continuing to be proven. Although not seen by the eyes, these things are like the wind in the sense that they are proven fact, not a figment of the imagination. When the foundation of our Faith is such as this, then we know who we truly are, and because the faith has reality as its foundation, it cannot be shaken.

## **Children of Substance**

At our creation we were a child in existence only, and could be thought of as children of our Father in a physical sense only, in that because of His intention we have been created and exist. But we may not be children in a complete sense, since we may not even believe that our own Creator exists.

After the New Birth, we become a child at-one with our Parent in substance, we have now become a part of His nature, because the part of His Nature that has entered us to the extent that we have become a new child is immortal, we have become conscious of our own immortality. His Love is now at the very heart of our nature, and we are now not only an image of Him, but we are also at-one with Him in Substance.

"Let us have such Faith as will cause us to know that Thou Art Our Father, and the Bestower of every Good and Perfect Gift, and that only we, ourselves, can prevent Thy Love changing us from the mortal into the Immortal."

## More on Faith

I feel I would like to repeat the words contained within the Padgett messages regarding Faith.

"Faith is that which, when possessed in its real and true meaning, makes the aspirations and longings of the soul a real, living existence, and one so certain and palpable that no doubt will arise as to its reality.

This faith is not the belief that arises from the mere operation of the mind, but that which comes from the opening of the perceptions of the soul, and which enables its possessor to see God in all his beauty and love. I do not mean that the possessor of this faith will actually see God in form or feature, for He has none such, but his soul perceptions will be in such condition that all the attributes of the Father will appear so plainly to him that they will be as real as anything that he can see with the eyes of the spirit form. Such faith comes only with constant prayer and the reception of the Divine Love into the soul.

No man can be said to have faith who has not this Divine Love. Of course, faith is a progressive quality, or essence, of the soul, and it increases as possession of this Divine Love increases. It is not dependent on anything else. Your prayers call from the Father a response that brings with it faith. And with this faith comes a knowledge of the existence of this Love in your own soul.

Many persons, I know, understand this faith to be a mere belief, but it is greater than belief, and exists, in its true sense, only in the soul. Belief may arise from a conviction of the mind, but faith never can. Its place of being is in the soul. And no one can possess it unless his soul is awakened by the inflowing of this Love.

So, when we pray to the Father to increase our faith, it is a prayer for the increase of Love. Faith is based on the possession of this Love. There can be no faith without it because it is impossible for the soul to exercise its function when Love is absent from it.

Faith is not a thing that can be obtained by a mere exercise of the mind, but has to be sought for with the soul perceptions. And, when obtained, it will be enjoyed by the soul perceptions. "

As our possession of Divine Love increases, our faith also increases, and it, like all other soul perceptions, is a feeling of certainty. As Divine Love enters our soul we feel It, and, since we feel It, we know for certain what Divine Love is and how It transforms our being, and this knowing is our faith. As this transformation continues, our faith increases.

Initially, the soul beginning progression sometimes feels the Divine Love come, and other times does not, and so the faith of that soul also sometimes exists as a real and tangible thing, and other times does not. But, as the Divine Love increases within our soul, there comes a time that It is always present within us, since our soul is always of a nature that it can connect with the Holy Spirit, the medium that brings the Love to our soul. Once we are conscious that this Love is always within us, ever existing and continuously growing, our faith also is now continuously felt.

## **Our Father Is Abundance**

Once we have a kind of faith that our Father's Love creates, we come to understand the deeper knowledge as to our Father's True Nature and Character. One of His Qualities we come to see with our soul perceptions is that Our Father is Abundance.

He gives us everything, and does not expect us to live in poverty and lack, supposedly embracing a life of self-denial and sacrifice. Once we come to trust this part of His Nature, we also begin to see that we will always be provided for, just as are the birds of the heavens. So, our struggle for existence ceases to become a struggle, and our worry and fretting about things of the material disappears, since we have come to know the True Nature of our Father in this regard.

## **Our Father is Perfect in Love**

As I have mentioned now many times, our Father is not injured in Love. There is nothing within Him that would cause wrath to exist, and He never 'punishes' us by withholding His Love from us. His Love us truly unconditional, and only we ourselves can prevent His Love from flowing into our souls.

Of course, since we are often injured in love, we may on many occasions by using the Free Will that is a part of His gift of Love to us, remove or block our connection with the Holy Spirit, and so block the feelings of our Father's Love entering our soul. Since only we can prevent the flow of His Love into our souls, when we cannot feel the emotion of His Love, we need to look carefully at ourselves and take personal responsibility for the condition we find ourselves in.

The humble soul will freely examine itself, and make all effort to seek assistance from its Father to find those feelings and emotions within that prevent or cause actions that prevent the connection with our Father's Holy Spirit. These actions may be spiritually in discord with the Truth, in the form of feelings and thoughts of a spiritual nature that cause a set of beliefs we are unwilling to remove from ourselves to exist within, and these spiritually discordant beliefs will prevent the connection with our Father from being completed.

Actions may also be morally in disharmony with Truth, in the form of thoughts or actions caused by a set of feelings affecting our moral beliefs existing within that we are unwilling to remove from ourselves, and these morally discordant feelings may have prevented the connection. Actions may also be physical, in the form of thoughts or actions caused by a set of feelings affecting our physical treatment of ourselves that we are unwilling to change, and these physical desires and feelings may be preventing the connection.

No matter what the cause of any prevention of the flow of God's Love into our soul, the cause IS ALWAYS PERSONAL, because our Father always has a strong desire to give us His Love, He is ready, willing, and able at all times.

We must remember He is Perfect in Love.

"Let us never cease to realize that Thy Love is waiting for each and all of us, and, that when we come to Thee, in faith and earnest aspiration, Thy Love will never be withholden from us."

## **Our Longing is Required**

Since our Father's Love is constantly waiting for us to be in the soul condition to receive It, and He never withholds His Love from us, we then come to understand that our earnest aspiration, our soul longings, are the method by which a connection is made with the Holy Spirit, and once the connection is made, our Father's Love will flow.

Earnest Aspiration, or Soul Longings are developed within ourselves, since the desire for at-onement with our Heavenly Parent comes from within ourselves. Of course, we can and do receive assistance from a variety of sources to help us develop these longings within our soul. But, the Laws of Personal Responsibility dictate that we have the greatest effect on the development of our own soul longings for our Father's Love.

Often, once a person comes to understand that the feelings, emotions, aspirations, inspirations and desires of the soul come from within, and are not controlled or developed by any force outside of the soul, that same person comes to see the truth of personal responsibility, and begins to take personal responsibility for all the desires within, both those harmful to their connection with their Father and their brothers and sisters, and those assisting the connection. As this transition occurs, from blaming others for their feelings and emotions, to taking personal ownership of those feelings and emotions, the person begins to see the importance of living within the soul, or living within and acting upon their feelings and emotions.

In addition, since Love, Truth and Joy are interchangeable, the same soul comes to understand that if they desire to live within the soul, and develop their soul longings for their Father's Love, they will need to concurrently take action within their personal life to live a life of Truth in all aspects, since a soul living in truth will honour its feelings by acting upon the feelings and desires it feels. So a person living in truth will be truthful with all others, and will not fear truth, withhold it, or distort it, but comes to love Truth as the Way to Life.

## **Our Father Has an Unlimited Nature**

One of the foundations of our Father's Beautiful Nature is a concept that also needs to be a part of our nature, and that is that "betrayal of myself in order to not betray another is the highest form of betrayal". Since our Father is perfect in Love, He will never betray himself to provide us with something that we want or desire.

Every Law He has made is a part of the Perfection He Created, and for this reason, it would be a betrayal of Himself if He were to break His Own Laws to provide things to us that we desire. So, although He theoretically can do anything, in practice He will only do those things that are a part of His Nature, and since His Love is the highest form of His Nature, nothing will be done by Him that could ever result in the betrayal of Himself in His Love for Himself.

Once we come to understand this concept of our Father, we also will begin to understand how we will act when we come into at-onement with Him, since His Essence of Being will become part of us when we have grown in our personal soul progression to the extent that His Love has transformed us into a new being.

We will begin to perceive at the soul level that our Father is unlimited in Love, just as He is unlimited in all of His Qualities and Powers, and since He will never withhold from us His Love if we have the soul longing for more, it thus follows that His unlimited nature in Love will become a part of our personal nature. As we grow, and progress spiritually from sphere to sphere, our soul will possess more and more of God's Love, and we will have more love to express to others.

"Keep us in the shadow of Thy Love every hour and moment of our lives, and help us to overcome all temptations of the flesh, and the influence of the powers of the evil ones who so constantly surround us and endeavour to turn our thoughts away from Thee to the pleasures and allurements of this world."

## **Temptations of the Flesh**

As discussed in other messages, temptations of the flesh are caused by feelings, emotions and desires within that are in disharmony with God's Love, and do not assist our soul progression and personal happiness.

The process of overcoming these temptations, as has also been discussed, is not by using the mind to force the desires, feelings and emotions in different directions, but rather to allow the feelings, desires and emotions to exist to the extent that we can determine the underlying deepest feelings that are causing us to take actions that are not in harmony with our creation.

If we allow these feelings of disharmony to continue within us, we will not be able to overcome the 'temptations of the flesh', and the result will be that we are led and influenced by the desires of the flesh to such an extent that we will take actions that are not in harmony with other desires that will lead us towards happiness.

Our flesh has desires that are in harmony with the purpose of our creation, and these desires include the desire for food, water, sleep and sex. In addition, there are desires that could be thought of as those more spiritual and emotional in nature. All of these desires can be satisfied without affecting coming to and remaining in at-onement with our Heavenly Father.

But, if we allow these desires to become unbalanced, the 'temptations of the flesh' now influence our ability to connect with our Father and receive His Love. For example, the desire for food is a natural one, and is in complete harmony with our creation. But if we have become gluttonous, or choose to eat foods that are in disharmony with the purpose of our own creation, this desire of the flesh has become a temptation that has led us astray in the sense that we are no longer able to become at-one with our Father if we continue these practices.

The desire for happiness and contentment is also a natural desire. But if we decide to use drugs or alcohol to obtain the 'high' of a manufactured happiness, then this desire of the flesh has become a temptation that has led us away from our Father. The desire for sexual intimacy has been created within us, and is a part of

our nature on many levels, but if we become involved in promiscuity without love being a part of our sexual activity, then we are also working against our highest nature, and we are walking away from our Father.

Of course, our Father does not punish us for these things, since He is Love only. But, when we are involved in thinking or actions that lead us away from our Father's Love, we feel the hurt of those actions within ourselves. If we truly allow ourselves to feel the pain of our own actions, then we come the realize that we hurt ourselves when we take action leading us away from our Father, since He is the source of all happiness, and we in the future avoid all those actions that cause such feelings of unhappiness to exist.

## **Associations Affect Us**

We need to be conscious that our associations, both those mortal and spirit, affect our progress and thoughts, and these ones can influence us, and cause us to walk a path that may lead us away from our God. Most of us are aware that our associates on Earth do have a direct bearing on our personal conduct and thoughts. When we talk to ones who are negative or pessimistic, their feelings have a tendency to influence us, and we may also become negative or pessimistic. When we spend times with persons who drink too much alcohol on a regular basis, we often drink more than we would normally drink. When we spend a lot of time with those who smoke cigarettes, there are always the opportunities for us to smoke ourselves, and even if we do not smoke ourselves, their second hand smoke can affect us. If we spend time with people who involve themselves in criminal activities, it is very difficult for us to remain free of those activities. So we can see a basic truth in that, as the bible says, "Bad associations spoil useful habits."

But, because we cannot see that which is invisible to us, we usually have a much more difficult time recognizing that just as there are evil ones on the Earth who would influence us, there are also evil ones in spirit who also would like to influence us. Their motive for influencing us is usually so that they can continue to experience the satisfaction of the desires they had while living, since the potentiality to satisfy those desires does not usually exist in the spirit world.

For this reason, a person who was a drunkard on Earth, after he or she has died, will often attempt to find another drunkard through which they can receive the feelings obtained by drunkenness. Since a spirit can connect to the body of a mortal in the same way as the mortal's own spirit body can, the spirit believes itself to be satisfied by the actions of the mortal. If the mortal is of such a state of mind and development to allow the spirit in error to make the connection, then there are always many spirits desirous of doing so, and the result can be that the mortal is then driven by both its own desires and the desires of the spirit.

This influence can be felt with all types of destructive behaviour, including drinking, drugs, smoking, sexual activity, and so forth. In addition, even if the spirit cannot gain control of the body, it can lead the mortal through a series of thoughts into a pattern of thinking or behaviour that can be misleading and unfruitful. Often, a spirit may be in a position of spiritual error, and when the mortal moves in a path that disagrees with the spirits conception of the truth, the spirit that still has underlying bad motives or incorrect beliefs may take action as far as it can to prevent the mortal from following the true path, just as a person on Earth may attempt to do.

From this it can be seen that there is some danger in developing a connection with spirits, and trusting that everything a spirit tells us is the truth. A spirit, although having more knowledge of things material is still

like ourselves, and can be in just as much spiritual darkness as we personally are, and potentially can even be in a worse spiritual condition. For this reason it is very important that we develop ourselves spiritually by prayer and developing the true conception of soul progression, and develop a relationship with our Father as the Primary Source of Truth.

Many spirit mortal mediums have become very complacent in the development of their own mediumship, and those listening to these ones must remember that all of the information presented is only the personal opinion of those spirits the mortal medium has connected to, mixed with the personal opinion of the medium. Many spirits and mediums do not respect God's Gift of Free Will, and listening to these ones can result in our abdicating personal responsibility, and taking actions following the directions of spirit can be just as damaging to ourselves (and sometimes more so, since we usually at least know the nature of the person who is talking to us face to face) as following the misdirected suggestions of persons we talk to who exist on the Earth.

For this reason, it is usually beneficial for us to develop in our attainment of our Father's Love before we attempt to get advice from the spirit world, since as we do so, the Love will then become the guiding force of our personal nature, and those spirits and humans that desire to spend time with us will be ones who either already have a portion of God's Love in their souls, or who desire to have our assistance to develop personally. These ones will respect our Gift of Free Will.

"We thank Thee for Thy Love and the privilege of receiving It, and we believe that Thou Art our Father – the Loving Father who smiles upon us in our weakness, and is always ready to help us and take us to Thy Arms of Love."

## Be Thankful

Thankfulness and gratitude are very important qualities to possess, and are a product of our feelings and emotions of appreciation.

To those that are thankful, more will be given.

If we are not thankful for what we have, why would we receive more than we have? How can we on one hand not be thankful for what we have, and then, on the other, ask for more than what we have? Are not the two positions in direct opposition to each other?

Perhaps if we look at this from a human standpoint, we can understand why this is so. When we give another a gift, what response of theirs causes the greater happiness within us? A response that says to us; "What a lousy gift, you did not spend much on that, and I did not really want it anyway, here you can have it back, what I really want is ...", or a response that says; "Oh, wow, I love this gift you have given me, I will always treasure it?"

In the same manner, sincere thankfulness and appreciation connect us to even greater feelings of Love from our Father. Of course, the thankfulness would be motivated by sincerity and honesty, as does any feeling we have. If the thankfulness is insincere or dishonest, obviously our Father cannot feel it, since there really is no such feeling of thankfulness without sincerity. Thankfulness delivered with any other motive is just a misrepresented thought, not a true feeling of the soul, and it is only the true feelings of the soul that our Father feels.

## **Our Father is Never Wrathful**

When we make decisions and choices that result in our being led away from our Father, our Father does not punish us, and does not become angry with us. Our Father does not want to destroy us when we are weak and sinful, and He smiles upon our weaknesses just as a knowing parent would, seeing us make our mistakes, and waiting for us to come to acknowledge them and change the course of our lives so that we become happier.

He is always willing and wanting us to ask for His help, and He wants us to realize our sin, or our feelings and emotions that are in error, and take responsibility for them. But He does not become resentful and punish us when we do not do so, since He also knows our weakness, and the extent we do not understand Truth. To Him, punishing us would be like attempting to punish Himself, and that He never does, nor does He ever have need to, since all the things He created are Perfect, and that includes the exalted of His Creation, humankind. We are being perfectly led, within the Beauty of the Laws of Love by which He and all of His Creation lives, and so there is never any need for punishment.

The more enlightened we become as His Children, the more we come to see that we are the creator of our own life experience, and so we will come to avoid behaviour that results in our soul feeling unhappiness. Of course, when we are insensitive to our own soul, we have a lot of difficulty understanding what brings pleasure to our soul and makes us happy, and so we often make decisions and choices in ignorance, and these choices may lead us away from happiness and truth.

But, as our Father knows, since He Created us and the Universe in a way that can only eventually lead us towards happiness, punishment is unnecessary, since breaking Laws of Love results in its own torment, pain and suffering, and there is no need to add to this suffering by adding punishment to the outcome.

"We pray thus with all the earnestness and sincere longings of our souls, and, trusting in Thy Love, give Thee all the glory and honour and love that our finite souls can give."

## Earnest and Sincere Longings

We now return to a factor of primary importance, the earnest and sincere longings of our own soul, since this is the factor upon which we have the greatest control. Our prayer comes from the soul, and is expressed by feelings, emotions, desires, inspiration and aspiration, and, the thoughts of the prayer, although expressed in words, need to be felt within us before our Father can feel our earnest and sincere longings of the soul.

Our sincere desire is the connector the Holy Spirit, which is God's connector or conduit that he uses to send His Love, uses as the medium by which our Father can transmit from His Being, via the Holy Spirit, to our being, His Love, and the more we become transformed by His Love, the more of His Love we are able to receive.

Since He is always Loving, we come to learn to Trust in His Love, and eventually we come to have no doubts as to This Love and the benefits and happiness It brings to us. As we progress in the development

of our soul in His Love, we exceed the being we were originally created as, and become a new being, being Born Again into His Love to the extent that we are now a part of His Substance, having a part of His Divine Nature within us, immortal, powerful, loving, compassionate, with a knowledge of the infinite capacity He created within us to grow and be taught by Him.

## **Give Him Glory**

He has done so much for us, and we are yet to fully know and understand how much He has done in His Desire for us to experience His Love. He has the Love Infinite, and the Power Unlimited, and He is deserving of all the glory and the honour our finite souls can give.

## Conclusion

So, I hope this discussion will assist you in your prayers, since as we ponder and reflect in our conversation with our Father upon these matters, our soul becomes filled with the feelings expressed in the words of the Prayer for our Father's Love, and we come to understand the Beauty and Power of the thing we ask for, the Divine Love that our God has offered to us.

So I pray your desire and longings for His Love continues to increase, and you continue to feel His Love transforming your being.

On a personal note, I may not be available very often over the Easter time, since I feel my own transition may take me away for a little while. As I shall at some time in the future explain to you, I am in the process of remembering, and I expect that this will prevent my being able to communicate with you for a few days.

Please continue to look after your spiritual progress.

Love from your friend and brother

Releas

AJ Miller

e one's pain through expressing	one's feelings.
in conjunction with	

Longing for the Truth when also longing for Divine Love.

## Developing A Relationship With God

## Prayer

## What Is Prayer?

## Prayer is:

A soul based longing

A passionate desire & longing coming from the depth of our emotions (from the soul) directed towards God A pure, earnest and sincere yearning (seeking with all the heart) directed towards God

## Prayer is NOT:

An intellectual thought or belief, or words A demand of God An expectation that God takes responsibility for our own decisions and actions

## What True Prayer Does

True prayer opens and develops the portion of our own soul that allows us to receive True prayer modifies the soul, and breaks down the soul's barriers, restrictions and blockages to reception True prayer connects our soul with God's Soul True prayer always activates God's soul into an emotional response

True prayer always is accompanied by passionate desires and emotions

## How God "Hears" Prayer

God feels our emotions the instant we have feelings & emotions directed towards God If those emotions & feelings are harmonious with Love, God's Soul instantly responds emotionally When God responds emotionally, God also instantly acts God "hears" our intentions (the desires/feelings that we are going to have in the future) God "hears" our emotions (the desires/feelings that we currently have right now) So God "hears" our prayer by having an emotional response to our prayer, and instantly acting upon it

## Essential Elements of Prayer

Quote from "The Life Elysian" by Robert James Lees pp 228 to 241 Can see the elements of prayer displayed and illustrated by a young boy named Dandy

## Personal Truthfulness & Honesty

God's Soul always responds to emotions of personal truthfulness and honesty

We must be emotionally truthful and honest with ourselves at the soul level (not the intellectual level) Eg. Head says: "Thank you for the food on my table tonight", Heart says: "I'm angry because I don't have enough and I want to have more".

Eg. Head says: "Please help that person to be more open to love", Heart says: "Please make that person more open to my love"

## Emotion, Desire, Passion & Intention (Longings Of The Soul)

God's Soul always responds to an emotional longing, passionate desire, with sincere intention Prayer comes from the emotional and passionate place in our soul, not the intellectual place God hears what is in our soul, not what we think is in our soul, or just in our head The emotion and passion must be harmonious with love and truth before we will be "heard" Often our desires and passions do not match what we are praying for

Eg. Praying for a soul mate relationship, when our emotions are projecting sexually at multiple persons Eg. Praying to be more truthful in our life, but avoiding truth at every opportunity

#### **Sincerity & Purity**

God's Soul always responds to sincerity and purity of desire

Prayer comes from a sincere place in our soul, not from insincerity or just to make a point to others Often our so-called prayers come from selfish emotions, rather than pure emotions of love Eg. Praying to give "love" to the Earth, when we daily make choices that destroy the Earth Eg. Praying more for someone after they died, than when they were alive (comes from our own emotion)

Eg. Praying when we are with other people, but not when we are alone

#### Earnestness

God's Soul always responds to the Earnestness in our soul, and does not respond to a lukewarm attitude Eg. If we feel we want something harmonious with Love, but do not wish to do anything to get it, then are we really demonstrating an earnest spirit?

#### Thankfulness

God's Soul always responds to a thankful and grateful spirit within ourselves

Eg. We often receive good things, but then demand more, or are never satisfied.

Eg. When we have a good house, not being happy with what we have and wanting a larger one.

## Content – What Will Be Heard By God

#### Prayers That Address Causes Rather Than Effects

God's Soul only responds to prayers that address the causes of problems (never the effects) Quote from Padgett Messages "God will not answer prayers that deal with effects only" by Elias If God addressed effects, then we would continue creating the effects without any change If our prayer is about causes, then we are addressing the **soul condition** for the effect

Eg. Praying to stop our partner leaving us is an effect, and cannot be answered

Eg. Praying to help our partner and ourselves address emotions that cause separation is causal

Eg. Praying for material or spiritual things we don't have is a prayer about effects

Eg. Praying to know and feel the reasons why we do not have material or spiritual things is causal

Eg. Praying for our children's behaviour to change while not addressing our own emotions

## Prayers About Changing Our Desires, Longings, Passions & Emotions

God's Soul responds to prayers asking for help to change ourselves and move towards Love Divine Love does not prepare the soul for the inflowing of Divine Love Divine Love can only flow into a soul already prepared for its inflowing Prayer addressing the soul's opposition to love (the sin or error in the soul) is essential Eg. Praying for God's help to expose within us the reason why Divine Love is not flowing is causal Eg. Yelling and screaming at God about the anger we have in our heart is causal but needs to go deeper

## Prayers About Having God's Protection & Care

God's Soul always responds to petitions of protection as long as God's Laws are not broken God always assigned additional protection to persons who ask for it IF:

The person asking has a pure motive

The protection asked for is in harmony with God's Laws

Eg. If ask for protection from evil spirits, but refuse to deal with evil emotions within, what will happen?

#### Prayers That Are Harmonious With Free Will

God's Soul always responds to prayers that respect and honor free will (both our own and others) Eg. Praying that someone else be assisted to deal with certain emotions if they desire to be Eg. Praying that someone else change in order for your life to be happier is not harmonious with free will

#### Prayers That Are Harmonious With Divine Love

God's Soul always responds to prayers that are harmonious with Divine Love Any prayer harmonious with Divine Love will be responded to by God As long as the Laws of Divine Truth are satisfied, Divine Love will flow when we pray for it Eg. If we refuse to live in personal truth, and pray for Divine Love, Divine Love cannot flow

#### Prayers That Are Harmonious With Divine Law

God's Soul always responds to prayers that are harmonious with God's Laws

Eg. Many ask for God to take away their own Law of Attraction, which She cannot do

Eg. When experiencing a Law of Attraction event, we can ask for assistance to see the emotional reason Eg. If we hurt someone over a period of time, God cannot take away the effect on the other person even if we clear the causal emotion, unless the other person is desiring that to occur. Laws involved are: Law of Compensation (to ourself), Law of Cause & Effect (to ourself and the other person), Law of Desire etc.

Eg. Prayer for someone else to respond to truth cannot really be answered

Eg. But if pray for them to be opened up emotionally to have a desire to respond, that can be answered

Eg. Cannot pray for someone to be absolved from the Law of Compensation (what they sow, they reap)

Eg. Can pray for the person to open up themselves emotionally to a feeling of sorrow and repentance

## Content – What Will Not Be Heard By God

#### Demands

God's Soul does not respond to demands, bargains, or negotiations

All demands of God come from deep rage and anger with God, which needs to be released

Eg. If you save my child, I'll go to church every Sunday

Eg. You say you're a loving God, so you should fix this problem now

Eg. I'll give up having sex with a married woman next week, as long as I can do it now

Eg. I know what I am doing is wrong, but I know God will forgive me (please forgive me for what I am about to do!)

#### Expectations

God does not respond to our expectations or timing requirements

All expectations of God come from our deep desire to have God do what we want (often we also expect that God makes others do what we want)

Eg. Cupid; draw back your bow, and let your arrow fly, straight to my lovers heart for me (laughs)

Eg. God will look after me, even if I break God's Laws of love

Eg. Driving dangerously but expecting God to protect us from something happening

#### **Heartless Repetition**

God does not respond to mind based repetitive prayer

Eg. Doing the rosary without emotion

Eg. The Lords prayer said without emotion

Eg. Praying before a meal, but not appreciating the meal itself

#### Prayers That Harm Others Or The Environment

God does not respond to prayer asking for harm to occur to others or the environment

Eg. All prayers that God be on "our side" in a war will never be heard

Eg. Praying for a big property development to go through that harms the environment

Eg. Please help my daughter see that she is engaged to a loser

#### Prayers Asking God To Fix What We Have Created

God does not respond to prayers asking to take away the Law of Cause & Effect In doing so, God would be breaking Her own Laws, which She shall never do Eg. Praying to God to cure our cancer when we refuse to deal with the emotion that has created it Eg. Please stop my child from suffering (the child's suffering is a direct result of our unhealed emotion)

## Prayers Asking God To Do Things That We Refuse To Do

God does not respond to prayer that asks Him to do something that we are currently refusing to do To answer such a prayer, God would need to break the Law of Free Will

God always respects our own free will, even if our free will is exercised to harm ourselves or others Eg. Praying to God for a job change, when refuse to leave the job we are in because of emotional error Eg. Praying that a person finds out the truth about something, when we refuse to tell them what we know

Eg. Praying to improve your health, when actively suppress own emotions & make unhealthy choices

## Forms Of Prayer

Any form of prayer is acceptable, as long as it does not break God's Laws Quiet emotional discussions with God Singing about God, or about emotional aspects of your connection with God Dancing and movement that connects you to emotional feelings about yourself and your relationship to God Anything that assists you to embody the experience of feeling your longings

#### **References, Music and Movies**

Reference: Divine Love "Through the Mists", "The Life Elysian", "The Gate of Heaven". Robert James Lees Reference: Divine Love "The True Gospel" Padgett Messages. All Volumes.

## "Padgett Message" God Will Not Answer Prayers That Deal With Effects Only (Elias — Prophet of Old)

I AM HERE. Elias, Prophet of Old, (Elijah).

I will write a short message to-night, as it is late and you are tired.

Well, I desire to say that the message you received from the Master contains some of the most important truths affecting the relationship of God to man in his worldly or material living.

Every Truth that was uttered has in it an element which shows that man to a certain extent must expect and know that God will not interfere with the law of compensation as to its effects and results. Only will He help man to remove the causes that so certainly entail the results, and the sooner men know this and more thoroughly understand it, will they become able to avoid the consequences of sin and the violation of law, and also understand that no prayer will cause God to respond, where a suspension or setting aside of his laws or their workings are necessary.

## He will respond to prayer, where that prayer asks the removal of causes, but never when it applies only to effects.

This Truth men should learn and in their prayers ask that those things or causes which in compliance with the law of compensation bring about results that are harmful to them be removed, or eliminated from their acts and deeds as well as from their desires.

I could write a long message on this subject but will not do so now, as you are not just in condition to receive it.

I will come soon and write at length. So with my love I will say, goodnight.

Your brother in Christ, ELIAS.

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## Excerpt From The Life Elysian

## By Robert James Lees Page 228-241

Rhamya had said he intended to do no more than sketch the outline of the highway of the Christ. It was not necessary for him to attempt more. His simple indication of its direction made the whole course to shine with the radiance of divinity. It reduced a previous chaos to calm, and before my astonished sight lay the way along which the ransomed of the Lord might return with songs and everlasting joy to the fatherland and rightful heritage of divinity. In his mission of enlightenment Rhamya had broken down the crossentanglements of theology, pushed his way through the contradictions of dogmatic, regarded as of no consequence the definitions of Fathers and Councils, ignored the confusing battlegrounds of schoolmen, found no occasion to discuss theories of Eden, man's first estate, the fall, original sin and cognate subjects; if he knew that Israel were a peculiar people more dear to the heart of God than any other nation, he failed to mention it, nor did he call any by the name of heathen, or point out where they had been divinely appointed to be the bond slaves of others. The God upon whose shoulders he found the government to rest was truly no respecter of persons; but in every nation he that fears Him and works righteousness is accepted of Him; a God who is not to be worshipped only in temples made with hands, but rather in the purity and holiness of consecrated hearts, cleansed and set apart as the appointed and guarded trystingplace where Earth and Heaven blend in one. This, the only truly divine and appointed temple for the worship of Him who alone is God, can only be approached by the one ordained and Heaven-elected way which Rhamya had discovered to my mind, and, as I scanned its course, after his departure, I understood with a vividness and beauty I had never discerned before the fullness of the inspiration of the psalmist when he exclaimed, 'The path of the just is as a shining light, that shines more and more unto the perfect dav.'

As I contemplated what had taken place I was more than astonished to find how closely associated was the question of the personality and work of Christ with every conceivable subject and detail of a religious nature. Rhamya had directed his attention to the very heart of things, and having made the one point clear the mists had apparently rolled away from every quarter of the spiritual horizon until no cloud remained, not even so large as a man's hand.

Especially was this so with respect to the question of intercommunion. Rhamya's interpretation had placed this upon an unassailable basis, and I could go forward to my work with a confidence and authority of which I had never dreamed. The communion of saints now appeared in a new and deeper sense than before, needing no commentator to expound that doubtful passage in Hebrews xii. : "Ye are come unto Mount Sion, and unto the city of the living God, the heavenly Jerusalem, and to an innumerable company of angels, to the general assembly and church of the first-born, which are written in Heaven, and to God the Judge of all, and to the spirits of just men made perfect, and to Jesus the mediator of the new covenant, and to the blood of sprinkling, that speaketh better things than that of Abel. See that ye refuse not Him that speaketh." In the light I had just received I could read and understand this and many other hitherto mysterious passages for myself, having reached that highway to which Rhamya had so frequently directed my attention, where 'the wayfaring man' need not wander from the truth.

But speaking of the communion of saints suggests to me an incident which took place at this time, and placed in close relationship with the work of the Christ will pleasantly illustrate how the great law proceeds to its almost infinite adaptations. We have seen it working in its highest aspect between Jesus and the Christ; the case I have now to record is of a very different degree, but it shows the same Spirit and the same Lord to be directing it.

I had but recently returned, and was speaking with Vaone of all I had heard from Rhamya when Jack and his friend Dandy joined us.

"Did Eilele come back with you?" inquired the former at once.

"No. Why, do you want her?"

"Yes. I want her to talk to Dandy."

"Is it anything that I can do?" I asked.

"There ain't anythin' to do at all," the culprit explained. "I o'ny sed as things ain't as they ought ter be; an' if Jack ses they are, 'e don't know, that's all."

"In what way are they wrong?" I asked, interested to know such a curious point of disagreement.

"Dandy says he ought not to be here," said Jack.

"No, I didn't say it like that," cried the other. "I said it warn't right ter make me come away an' leave Bully Peg wi'out anybody ter look arter 'im."

"But does not God know what is best?" I asked.

"I don't know what God knows or what 'E doan know. But if I'd been God I shouldn't 'a' done it that way."

"Which way?"

"If I'd been 'Im I should 'a' knocked the box on the little kiddy, an' killed 'im; the big un could look arter 'imself."

"But God will look after Bully Peg," I replied, catching the drift of his grievance. "He will be all right." "But 'e ain't all right," he affirmed with something very much like defiance. "He's about as wrong as they meks 'em. An' that's where yer mek yer mistake!"

"What is the matter, Jack?" I inquired, anxious to gain some insight into the perplexing situation.

Whereupon I was informed that the lads had but just returned from a visit to the 'College,' where they had met Bully Peg and learned how the little fellow had fallen on evil times, and for the whole of the preceding day had been without food. At the best the lad had but very indifferent health, and Dandy resented the additional hardship he had to endure on account of the death of the elder. Had he been alive Bully would have been fed somehow. This was the extent of Dandy's grievance, and he stoutly refused to accept the fact of his removal as absolving him from responsibility in connection with his friend. In his rough untutored logic the lad had worked out the proposition that the goodness of God was at fault somewhere to allow Bully Peg to bear this additional suffering under the circumstances of his bereavement.

As I heard the touching story, my heart went out in genuine sympathy towards the distressed Dandy, but where the lad only saw a hungry child he considered it to be his duty to feed, and that at once, I saw a yawning gulf, impassable to such a physical ministry, or so it presented itself to my doubtful and inexperienced mind.

It was a new and apparently unsolvable problem to me, how to secure and then transmit to Bully Peg that which Dandy had thoroughly made up his mind the child should have.

In my perplexity I recalled Myhanene's counsel to do the best I could where I could not do all I would, and leave the rest to God. I would act upon it, though I knew how impossible it was for me to satisfy the demand that would not accept denial, for I saw the intense determination upon the face of the supplicant, who was ready to give up Heaven, if need be, that his friend might be fed.

"Try to be patient, Dandy," I began, drawing the lad closer and laying my hand upon his troubled head. "It will be all right, though you nor I see how it can be so for the present. God will take care of your little friend for your sake as well as His own, since you are so very anxious about him. Who knows but that Bully Peg is coming to be with you and Jack shortly, and this is the beginning of the end of all his suffering?"

"But I thought God was very good and kind?"

"So He is – more good and kind than any of us know or can imagine."

"But it ain't good an' kind o' the butchers to keep calves wi'out anythin' to eat before they kill 'em."

"I did not say God was doing so. Only that..."

"I know all abart it," he interrupted impatiently. "But Bully Peg wants summat t' eat, an' I wants 'im t' 'ave it at once. Can't yer go an' see God, an' tell 'im 'ow 'ungry Bully is?"

"He knows all about it without our telling Him."

"Then if 'E's as good as yer say, why doan 'E let Im ha' some?" Then with a flash of child-like inspiration he suddenly exclaimed, "Oh! I know, p'raps 'E ain't got anybody ter tek it! Come on, let us go an' tek it for Im."

It was no use. The determined importunity, sympathy, precocity and artless faith of the lad were too much for me to attempt to cope with. I was worse than helpless – afraid that my incompetence would prove to be harmful to the lad, and in my perplexity I called for Myhanene.

In this I found the relief I so sadly needed.

Dandy recognized him in an instant, and accosted him before I had a chance to speak.

"Ere! You killed me – didn't yer?"

Myhanene patted his head, and smiled affectionately.

"No-no! Not that," he answered. "Dead boys do not talk excitedly, do they?"

"Well, yer brought me here away from Bully Peg, didn't yer?"

"Ah yes; I will admit that."

"An' do yer know 'e can't get anythin' t' eat – all day yesterday 'e didn't 'ave a bite."

"Poor little fellow! How did you learn this?"

"We have just come from the 'College'," replied Jack, "where he told us so himself."

"Yes, an' I want ter know 'ow God can be good an' let Bully Peg be 'ungry all because God sent you to kill me. Why didn't yer kill Bully and let me live?"

"I was not sent to do that."

"But why warn't yer? That's what I should 'a' done."

"Perhaps so; but God knows what is best much better than we do."

"It ain't better ter let Bully be 'ungry. Can't yer gi' 'im summat ter eat?"

"Yes. God will give him something to eat," replied Myhanene, sitting down and drawing the interceding Dandy close to him, "and when he gets it you will be able to see how very much better everything has been than if you had had your own way. God knows more than we, and what He does is always for the best."

"But it isn't best for Bully to be 'ungry."

"Yes it is, for a little while."

"Well, how is it?"

"That I do not know for the present; but I know God well enough to say that both you and I will see it has been for the best presently."

"When?"

"Almost directly."

"How shall I know?"

"We will go and see your friend as soon as I learn what to do, and you will see how God will find a way for him to be provided for."

"Are you sure?"

"Yes - confident."

"All right, then. But I wouldn't be 'appy 'ere if he was goin' ter be left 'ungry there."

Waiting for God is never a long or trying ordeal under such circumstances. Dandy was most intensely earnest. He was asking help for his friend, and to secure it, if necessary, he was prepared to sacrifice everything, willing even to give up his own heaven for the time that the hungry one might be fed. Such importunity had to be answered. Myhanene knew it as soon as he saw it, and almost at once received his commission to proceed to the relief.

"Come with me," he said with more of command than invitation in his tone, as his alert and ever-ready self was caught up by the urgent mandate. And in a flash of thought we found ourselves beside the hungry lad, who with unshod feet and tattered clothes was doing his best to sell matches among the passers-by in front of the Royal Exchange.

"Ere we is, Bully," cried Dandy joyfully. "Now yer can ha' some..."

But his exclamation was cut short, for the eager little fellow darted past him, without taking the slightest notice, in answer to a call for "Matches" from the top of a 'bus just pulling up at the kerbstone.

"Well! If that don't tek the cake," gasped Dandy. "But p'raps 'e didn't see us in the fog." Then he added with anxious sympathy, "Fogs don't do for Bully."

Myhanene smiled and drew the little protector to him in a tender embrace, which spoke more eloquently than words.

"What are yer laughing for?" he asked naively.

"At you thinking there is a fog," he replied. "You forget that you have changed your eyes, and see what your friend cannot see, while he is not able to see that we are here."

He started as he grasped an idea that had not occurred to him before.

"Yes. I forgot that! My eyes are dead uns, ain't they? What shall we do?"

His appearance at this discovery was at once droll and pitiable. At length he realized what I had before seen – the apparently impassable gulf across which he wished to reach his friend.

"You must be satisfied for the present to let me do what I can to help your little friend," said Myhanene. "I have not time to explain, but when we get back Eilele will tell you all about it, if you ask her. But let me say that while I have come with you to let you see that Bully Peg has some breakfast, many other angels of God have gone away to bring someone here to give him what you wish, and perhaps more than you expect."

"That's all right," he answered, willing to consent to any arrangement for the moment that would lead to the supply of Bully's need. "But yer'll g' me a chance ter tell 'im who yer are, won't yer?" "You could not do that, my child. Your friend can neither see nor hear us."

The astonished incredulous doubt that is born of ignorance again swept across his face.

"But why can't 'e see us as well as we see 'im?" he asked.

"Did you never look from a dark hiding-place at people passing along a lighted street?" asked Myhanene.

"Many a time."

"Did they see you as plainly as you saw them?" No! But we ain't in the dark."

"Not as we know darkness; but to your little friend we are in the blackness of death, and it is impossible for him to see us."

"Then we can't do nothin' for 'im arter all."

"Yes, we can. We shall perhaps be able to do more than you hope or expect. God is always far better than we anticipate, and if you will be content to wait until I and my friends have done all God will help us to do for little Bully, I am sure you will be more than satisfied."

"Shall I?" he asked in eager acquiescence.

"Yes, I am sure you will."

"Then if my tongue tries to speak agen, I 'ope my teeth'll bite it off."

As I listened to the anxious concern of Dandy for his friend, I wondered what would happen if the eyes of the hurrying, surging crowd around us could for one moment be opened, as were the eyes of Elisha's servant, and our ministering presence be discovered. Ah, brethren, how little do even the wisest and best of men know of the invisible agencies which are continually being employed around them; how little do the most spiritually-minded know of the secret actions of the Lord, moving to correct the errors, frustrate the evil or accomplish that which is for their good? From a human computation in all that Mansion House throng there was no other person so insignificant or neglected as the little vendor of wax matches, and yet, in the estimate of God and salvation, the commercial interests of the world's centre occupied a secondary place for the moment to the welfare of that lonely and neglected child. Had the veil been lifted, what Prince of Finance would not have forsaken the Exchange in favour of the lad, and wealth would have been laid at the feet of the pauper, in anticipation of the commendatory reward, 'Inasmuch as ye did it to one of the least of these, My brethren, ye did it unto Me.'

But would a service so rendered secure such approbation? Would it not rather be tendered more for the angels than the child and have its only reward in the vision granted? To secure the Master's commendation needs the spiritual sight that can find the Christ in the rag-clothed, starving outcast, and the ministry must be in sympathy with need. This constitutes true and genuine service to the Master – to do good in all places, at all times, and without respect to person; to stand ready for whatever service may be required: – if it is to carry a message for an angel at the sepulchre to absent disciples, well; if to bind up the wounds of an

outraged Lazarus, pouring in oil and wine, better. It is for God, and God will acknowledge it. No service rendered on His account shall pass unrecognized. God who seeth in secret will assuredly acknowledge each ministry with the reward inseparably linked to the action, which outcome is always to be foreseen in the seed of motive prompting the deed.

God's justice never miscarries.

The veil, however, was not lifted; nor did our little protégé effect the sale he had hoped for. A fellowtraveller had offered his matchbox, the penny was returned to the pocket, and Bully was no nearer, apparently, to his breakfast than ever.

As the child turned from the 'bus with weary dejection, I sorrowfully sighed at my own inability to help to ease his little shoulders of the weight of trouble that was so visibly crushing him, and this in spite of the fact that I knew it was so near its end. If I could only make him know that we were present and that relief was at hand!

But this could not be. Though so near, we were for the present destitute of the necessary means to reach him and make him understand.

"Have you to wait?" I inquired presently of Myhanene, who seemed to be looking for assistance in every passing vehicle and pedestrian.

"Yes! I await the arrival of someone through whom the distress of our little friend may be relieved."

"Do you know who it will be?"

"No. When I received my commission many other friends were sent forth to find servants of the Master whom they could impress with the idea to come to the Bank. Someone of the number will find a Christlike soul who will be moved to respond. In some cases I have known two or even three answer the premonitive summons; but as soon as one sets out the fact is made known to the whole band of workers, who then relinquish their efforts with the many and concentrate their influence on the one, until in performing the service he presently recognizes how wonderfully the hand of the Lord has guided him in the matter."

"Is that the work and purpose of premonitions?" I asked, as his explanation lifted the corner of another veil of mystery.

"Yes! At least it is so for those who stand with their loins girt with loyal readiness to do the Master's will."

"Suppose, as you say, it sometimes does happen that two or three equally respond to the same call?"

"Then he who arrived first would perform the service."

"And the others would conclude that their feelings had deceived them?"

"I am not so sure of that, though it is quite possible it might be so. The ministers working the premonition would readily be able to determine which of the three would first reach the desired destination, and the

pressure would at once be withdrawn from the others, who could also be apprised of the fact that the particular purpose had been accomplished, while in the result their ready response to the call will be accepted as equivalent to their having rendered the sole service, and the reward will be equally to each for having done what they could."

"Would it not be possible to foresee who would respond to the call and thus save what I may call an experiment with many?"

"That is, no doubt, foreknown to those who stand at a distance above and are not actually employed in the mission. But God never makes scant provision for the success of any service. Where omnipotence is available no result must be placed in jeopardy. Every agent employed knows that the mission cannot fail, but it requires energy, concentration and whole-hearted effort on our part, for no one of us can foresee how much our particular service affects the whole. Again, these summonses to action serve to ascertain the value of the professions of those who pray to be used in the work of the Lord. Some men cry so loudly as to be unable to hear the still small voice calling them, and their lives pass by in workless praying. God has many devices for testing the genuineness of faith!"

"But are not premonitions rather unreliable tokens to act upon?"

"That depends entirely upon the reality or otherwise of a man's profession. He who lives in unbroken communion with God will hear and need not be afraid to follow the 'still small voice,' but he whose life is but as a tinkling cymbal will easily be carried away by the imaginations of his own heart, which will drown the true voice of God. The operation of the law speedily draws the dividing line. 'Many are called, but few are chosen'."

"The opportunities and responsibilities of life are terrible realities," I answered, as I saw how important the undercurrents become when thus converted into standards of trial by which so many unsuspected but terribly appalling judgments are recorded.

"They must needs be so, my brother, where every act and thought may become a factor in fashioning either an angel or a devil. There is no possible fibre or shade in the whole construction but is laden with inestimable potentialities. Who can tell the extent to which any single service or mistake may be developed? When eternal results may be concealed in an incautious moment, ought Men not to be ever on the watch-tower? Can we not understand with what significance the Christ said Watch? But, come, our fellow-worker approaches." Then he spoke cheerily to Dandy.

"Now you shall see the answer to your prayer for your friend."

The child in whose welfare we were specially interested had, during this time, been busy plying his wares persistently as each new 'bus drew up at the kerbstone, but in his efforts he was sadly handicapped by the presence of a bigger and stronger lad, who ruthlessly thrust the child aside and always secured for himself what business in the match-vending was to be done.

Again and again did I see the little fellow dart forward in the hope of affecting a sale, but at each attempt he was forestalled, and his rival danced a joyous step at his easy victory over the starving lad.

As Myhanene made his announcement to Dandy a Blackwall 'bus drew up, and a gentleman on the top calling for matches, Bully dashed forward only to be encountered and pushed aside again by his more successful rival, and what was infinitely worse, his two remaining boxes of goods fell from his hand in the struggle under the moving wheel, ignited, and in a moment the broken-hearted Bully was a hopeless bankrupt, without resource or hope.

The heroic fortitude he had hitherto displayed now forsook him. Such a catastrophe was sufficient to crush a man under the painful circumstances, and while the jubilant rival howled with delight at the result of the scuffle, Bull broke down in his hopeless extremity and wept piteously.

As he looked upon the still blazing matches through his tears, an elderly man cautiously stepped out of the 'bus and noticed him. "Here, here! What's the matter – what's the matter?" He inquired with a pompousness that was more assumed than real. "What's all this crying about, eh?"

The little fellow looked at his burning capital, but could not speak.

"Dropped your matches, eh? Well, never mind – never mind! It's only a penny, and – here, I'll buy them."

"It's two boxes!" exclaimed the partly-consoled Bully.

"Two boxes, is it? Well, that's only two pence. Here you are. I'll buy the two. What's your name?"

"Bully Peg, sir," he replied with the sign of a smile breaking through his tears at the unexpected turn events had taken.

"Bully Peg!" repeated the gentleman. "Wherever did you get such a name as that from?"

"I don't know; but that's what it is."

"Nor I don't know either. Where do you live?"

"I don't live nowheer."

"But you have a home."

"No, I ain't."

"Well, where do you sleep?"

"Anywheer."

"Have you a mother or father?"

"Not as I knows on."

"Really me! This is very sad for one so young. What did you have yesterday?"

"Nothink."

"And nothing this morning?"

"Not yet."

"Now I know why the dear Lord put it into my heart to come to the City. Come on, my child; come and have some breakfast at once."

"That's all right," joyously exclaimed Dandy; "I don't care now Bully's got 'is tuppence an' goin' to 'ave some breakfast. I'll go back now if yer like."

"Not just yet," replied Myhanene. "Your little friend has all you asked for him; but while we are here I want you to see how God frequently gives much more than we ask."

"What more do you expect to accomplish?" I inquired.

"We shall do no more," he answered, "our part in the ministry is over: but did you not hear our fellowlabourer say that he recognized a Divine interposition in bringing him to the City? The question now remains as to how far he will go in helping the lad. Let us watch him, but we have no commission to influence him further – that must be entirely a matter of free will."

The little Arab was by this time comfortably seated at a table in a café close at hand. The waitress eyed him suspiciously, but his guardian was ample protection, and presently the child was devouring with all the zest of starvation a breakfast such as he had never faced before. The gentleman took up a paper, not to read but rather to leave the lad more free to eat apparently unobserved, but the stealthy side-glances afforded full confirmation of the long fast, and we were able to read what the world never knew – a thankful return for God's goodness in enabling him to perform such a service.

Presently he dropped the paper and asked, "Wouldn't you like to give up selling matches and have a nice bed to sleep in?"

"Yes, if I could have summat to eat as well."

"Of course I mean that, and nice warm clothes to wear."

"An 'ave a 'ouse?"

"Yes, live in a large house."

"Yer don't mean a prison, do yer?"

"Certainly not. That is what I am very anxious to save you from."

"Are yer? Well I should like it."

"If I could get you into a comfortable home would you promise to be good and not try to run away?"

"What should I want ter run away for?"

We need not follow the details further. Sufficient to say that as soon as the lad had finished his meal, his friend took him eastward, where he knew he could find 'an ever-open door for waifs and strays,' and when Dandy returned to his home in Paradise, he had the consolation of knowing that Bully Peg was fully provided for by reason of an importunate prayer and a Father's loving response.

When all arrangements were concluded, and Bully Peg finally assured of far better protection than Dandy could possibly have anticipated, the unbounded delight of him whose prayer had wrought the miracle was very touching to witness. He was in a wonderland of bewildering amazement, uncertain whether to show his gratitude by laughter or tears – doubtful whether he was awake or dreaming. His eyes started and blazed with the feverish excitement that shook him; his lips trembled with speechless eloquence and his hands worked with restless incertitude, while he looked from Myhanene to Bully and back again.

"I doan know what ter do, or 'ow ter do it, Jack," he cried in despairing tones presently.

"Why doan yer 'elp me?"

"How can I help you?" replied the equally uncertain Jack. "It's quite as bad for me as it is for you. It's more than anything I ever knew before."

"But I must do summat or I shall bust. Why doan somebody tell me what I can do?" and the little fellow literally danced with grateful excitement.

"What would you do?" queried Myhanene with that quiet sympathetic persuasiveness he so effectively employed in soothing paroxysms of emotion.

"I want ter..." But with a jerk of his arms and stamp of his foot Dandy had to leave his desire otherwise unexpressed.

"Well, what is it you do want?" Myhanene knew that the real relief of the lad's feelings lay in some form of expression, and he encouraged him to find the best available.

"I want – I must say summat! An' it ain't 'thank yer!' – that ain't 'alf enough – it ain't a bit o' what I mean! An' I can't say nuthin'!"

"Then suppose you wait awhile. I know, and God also knows and understands better than you can tell Him."

"Does He?"

"Yes, much better."

"But I wish I could see 'Im; I should like to tell 'Im both for me an' Bully, an' yer can't say nuthin' if yer can't see Im."

"Oh yes, you may, and He will hear you. He heard when you wanted Bully to have some breakfast, and sent us to do all that has been done."

"Did He? Oh, yes! I forgot that, an' all the while I wanted ter say 'thank yer' for it! Well then, 'E knows 'ow glad I am."

"Yes; He knows far better than you can tell Him. Now we will go."

"Yer sure Bully'll be all right?"

"Quite sure; but you can see him at the 'College'."

"O' course! Why, I am forgettin' everything. Come on, I'm ready; and if Bully's all right I shall niver want ter come back 'ere agen."

So this mission to Earth ended - a mission comparatively trivial in itself, but laden with suggestion and illustration capable of being applied to some of the deeper problems of life, and carrying many more lessons than are found floating upon its surface.

Our Heavenly Mother and Father simply desire for us to ask for Their Love.

#### "Every day is a day of devotion."

#### Please Mother and Father, may I receive Your LOVE.

God's Divine Love: Pray for it, ask for it, and receive it.

**Our salvation IS the embracement of the Feeling Healing process and Divine Love.** 

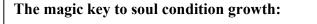
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#### God's Divine Love: Pray for it, ask for it, and receive it.

The opening up of the soul permits a permanent exchange with Divinity, a permanent recharge of this healing energy that allows not only the re-establishment of lost health, but the continuity of health, providing such a perfect balance, even in the physical body, that noxious agents like bacteria and virus cannot find any opportunity to unchain pathological reactions, which we commonly call illness.

But it is true that people without the benefit of Divine Love would lack the protective shield, which the intrinsic healing energies of Divine Love provide for those who pray for our Heavenly Father's Grace. Judas – August 19<sup>th</sup>, 2001

If we wish to share a very short and simple message, then it is this 'magic key':



Always look up and look for the brighter spirits, then always ask them to tell you about the Feeling Healing process as well as Divine Love and Divine Truth.



Angels actually do not have wings.

When we progress into the Celestial Heavens as a spirit person, such spirits may be referred to as angels, but they are not. We are ascending mortals now in an immortal state.

#### DIVINE LOVE FLOWING:

"How does Jesus teach that people receive Divine Love?"

"It is so simple it is almost too good to be true," Sam answered (Joseph's friend). "Jesus teaches (via the Padgett Messages) that all a person need do is begin to long for it in his soul or in his heart. Though prayers are suggested, words are not important. Preachers and priests or mediums of any kind are not required. They are unnecessary. This is an individual thing between God and each person. It is the Spirit of God Who brings the Divine Love. The Spirit is active everywhere and with everyone. His (Holy Spirit) influence is constantly present. I have a feeling that many receive the inflowing of Divine Love and do not even know it. It is tied in with a deep longing within the soul of a man or woman. It is not an intellectual thing; it does not involve joining this or that church. Rights words and right thoughts and dogma are non-essential. In fact, thoughts and beliefs often get in the way of the inflowing of Love."

"Is this the same as human love?" I asked Sam.

"No, Joseph," he answered. "Human or natural love is ours just by virtue of our birth into this physical existence. Divine Love is completely different. Human love is natural; it does not need to be acquired. Divine Love must be acquired; the individual must seek and ask for It. But, as I already said, this asking may merely be the silent and earnest longing of an individual's heart."

Divine Love is ... for this Love is indeed the very substance and essence of the Father. Divine Love is about identifying and making real the joining of your soul with the heart-soul of the Father.

#### A PARABLE of DESIRE for GOD'S LOVE:

#### web post 4 Dec 11

"You ask, 'What must I do to develop my desire for God's Love?' The answer is easy to understand and to follow, for you do not need a highly developed mind in order to know the truth of how a soul receives the Father's love in abundance.

"Solomon said that faith and prayer on the part of a person will bring love – the Divine Love – into the soul. This, he said, is the greatest truth. And also you have heard it said that the one and only way that a soul will receive God's great love is the way of prayer and longing for its coming.

"In the prayer that our elder brother gave to his disciples we are taught that we are God's highest and greatest creation – this of course, meaning our soul. But there are teachers who make you feel that you are unworthy to receive God's love, and others who endeavour to have you believe that you are a sinner or even a depraved creature. Do not listen to such people. There is nothing in our soul or in all creation that separates us from God and His love. It is our Father's desire that we receive His love and that we partake of it until the great change takes place in our soul.

"We are His children and we are invited to grow in our relationship with God to such a degree that we will know that we are of the substance and qualities of His Great Soul. You may wonder how this happens.

"This happens when we continue without ceasing in the way of prayer and longing for the Divine Love. It is only we ourselves who will determine our destiny, and whether we shall become the completed creation of our soul. Our Father's desire is that we will choose the course that leads to the divine angel, but He will never force us to make this decision. We remain His beloved children no matter what the choice is that we make.

"Thus, there is no 'must' in the answer to your question. It is simply the presence of a desire in your heart, and whether you will continue to follow your desire. Your desire brings the great love into your soul – bit by bit, drop by drop, and increment by increment. The process of change is gradual, and this is why we are urged by our Celestial friends never to faint, and never to cease trying.

"We are asked never to cease to realize that His love is waiting for each and every one of us; and when we come to God with faith and earnest aspirations, His Love will never be withheld from any one of us.

"The desire for God's love may begin very small and be extremely weak, and we may even have unbelief. Nonetheless, if we will make the start, and what may appear to be a feeble start, I say to you that our Father will not turn a deaf ear to us. He hears our words but not our words only, for more than this, God feels the longings of our soul.

"Our soul – though with damage and injury – if we will go to God, we will experience healing. His love is the substance in our soul that will remove things from our soul that defile it and alienate us from Him. When we receive His love it will eradicate defilements, and with abundant love all such things will disappear. Love changes the essential quality of the soul, and is the only thing that will change the soul since its creation. With this love will come faith, and our faith will grow, and our longings will grow until we blossom into His loving children.

"Our Father in Heaven is all loving and merciful, and He smiles on us in all our weakness ... He never rejects us, turns a deaf ear to us, ignores us, criticizes us, scolds us and condemns us. He loves us and keeps on loving us no matter what we feel or don't feel. His love is always waiting and ready to help us; and if you can accept this, He will even take us into His arms of Love.

"This is why I said to you when I began to answer your question, that you are blessed in that you have a desire to experience God's love. When you continue to follow and to express the desire in your soul for God's great love, you will be filled with it.

"Anyone who desires God's love already has a small portion of it. Go, then, and be filled with it in abundance!"

When she heard these things, the woman went her way rejoicing, for her heart was filled with joy ...

WRITTEN WITH THE GUIDANCE OF CELESTIAL FRIENDS BY JOSEPH BABINSKY DEC 4th, 2011

#### **The CHOICE is OURS to MAKE:**

Celestial Truth: Truly all-loving; Living true to oneself;

Mind supporting Feelings; Living with the Divine Love;

Fully Healed of the Rebellion and Default.



**THE FEELING WAY** Feeling – Ascendance Unlimited progression

- Living true to your untruth;
- Honouring all your bad feelings;
- Expressing feelings to uncover their truth;
- Healing the Rebellion and Default within yourself;
- Feeling unloved; being unloving;
- Feeling as bad as you can feel;
- Feeling like you are no one special;
- Longing for the Divine Love.

**THE MIND WAY** Mind – Transcendence Limited progression

- Enlightenment, Nirvana, feeling allloving;
- All false, mind-contrived. Anti-truth, anti-love;
- Still evolving the Rebellion and Default within yourself;
- Feeling and believing you are the Superior One;
- Living with your mind in control of your feelings;
- Living rejecting all your bad feelings;
- Living with your mind contriving you feel loved;
- Rejecting the Divine Love.

All religions, New Age, agnostic, atheists, no spiritual interest, Living the Rebellion and Default.

Hell: **Exploiting the Rebellion and Default.** 

The Feelings are the doer; the Mind the teller. So we are to go with our feelings, which we can't be told to do with our mind. So the longing for the Divine Love, doing our Healing by expressing our feelings and longing for their truth, are all feelings and doing it with longing. Whereas the mind just wants to tell us what to do and how to be, no feelings in it, all how our parents have treated us.



#### **Our FEELINGS are our SUPREME GUIDES:**

PERMISSI

**Feelings are what guide us through our ascension of truth.** So they are really our Supreme Guides. Many people look for a person, spirit, angel, even God, for supreme guidance, however it's all right there already built in – in our feelings. We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it's there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feelings is really: Longing for the truth of our self, because: we are our feelings. So life stirs up our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings. Kevin 26 Sep 2017

## Using our feelings to uncover the whole truth of our negative or anti truth and anti love state.

Kevin: So whilst we're of an untrue state, then all we have got to help us understand why we feel bad, why we are wrong, why we are negative and anti love and truth, is our feelings. So if we focus on our bad feelings, they will lead us to the truth of why we're feeling bad. Which will be the truth of what happened to us to make us be this wrong way, and how we took on the wrong way and keep it going making us feel bad.

# FEELING HEALING

**Note:** The vital difference between emotion and feeling is that emotions have their roots in the past, and feelings relate to the present moment. Emotions represent our feelings which were not previously expressed, and these accumulate with time.

Note: Our feelings are soul-based. Our soul is always in truth. It is our soul based feelings, that when allowed to be freely recognised, we will begin to express and be who we are. This takes time and perseverance as we have encrusted our souls with layers upon layers of errors and false beliefs, it is these layers that will confuse the



truth that our soul is conveying to us. Only by our progression with our Feeling Healing will our soul's expression of truth become clear and free of all cloudiness and contamination.

"What our soul needs in accordance with our own, individual, **Soul-Light-Plan-Of-Destiny** (your life's true destiny plan), They, being our Mother and Father, will give you as required. The only way we can know truly what we need is to honour and follow our true feelings. They, springing from our soul, literally telling us what we need, and so when we genuinely feel we need something, we apply our will to get it. The hard part is knowing if our feelings are true, and until we have done our whole soul-healing, they won't be clear and total true." James – Introduction Course to Divine Love Spirituality

# FEELING HEALING + SOUL HEALING

To heal one's self is to simply look to see what feelings we are refusing to let ourself feel, and accept them instead of denying them. And to fully accept them, one needs to express them, speak about them, let them have their say, rather than pushing them aside, refusing to let them make you feel bad.

Doing this all with the intention of seeking the truth of why you are feeling them, of speaking about and expressing all such feelings; all feelings you have, but ALL WITH the INTENTION of UNCOVERING the TRUTH THEY WANT YOU TO SEE ABOUT YOURSELF. And it's the wanting to see the truth of them that is very important, because if you just look to accept them and speak and express them, but not seek their truth, then that's all you'll be doing, speaking and expressing them, but not healing their causes, so not fixing the things within you that are making you feel bad. And it's the truth part of it, seeking the truth of your feelings, and so, seeking the truth through your feelings, that's vitally important. It's the truth of yourself, life, nature and God, that is the spiritual aspect to it all.

You CAN'T find the truth of yourself, or anything else, through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them. So to do our Soul-Healing consists of these steps, all of which are ongoing until it's done:

- Admit you are feeling bad.
- Accept your bad feelings, identify what they are.
- Honour fully your bad feelings by expressing them, speaking about them to someone who is willing to hear you talk about them, or tell them out loud to our Heavenly Parents. Long for the truth of them. Long for the truth of why you feel bad what deep within you is causing your bad feelings?
- And remember, bad feelings are Good! Not bad. They are not to be despised. And as hard as it is to accept them, they are still you, and a very real part of you. And if you persist in denying them and not allowing yourself to fully live them, then you are only going to keep yourself in your errors making things harder for yourself.
- All sickness and suffering, all bad things that happen to you, all your problems, all your addictions your whole feeling-denying and untrue life, is all caused by your denial of bad feelings.
- Every problem in the world is brought about because everyone has been brought up to deny feelings, and in particular, most of their bad ones.

If one is intent on spiritually evolving and growing in truth, then it's vital, and this is the key, that one looks to use one's feelings as the means to gain and have access to the truth of oneself. You CAN'T find the truth of yourself or anything else through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

Doing your Soul-Healing with the Divine Love, is really doing your 'Feeling-Healing'. We are designed — created — to be self-revealing of truth, and so we are all to uncover the truth within ourselves and for ourselves, and all being done by living true to our feelings. If you accept, express and seek the truth of your feelings, then truth will come to you, and you'll grow spiritually. It's as easy as that. Also it is as easy as it is to long for, ask for and receive Divine Love.

#### THE HEALING OF YOUR BAD FEELINGS THROUGH THEIR ACCEPTANCE AND FINDING THE TRUTH OF THEM, IS THE ACCEPTANCE OF YOUR NEGATIVE, REBELLIOUS, EVIL, IMPERFECT MIND AND WILL CONDITION.

To do our feeling-healing we need to become:

Aware of – Acknowledge – and Admit, our bad feelings. So we can: Accept – them and allow ourselves to Be them. And then if we feel to, take: Action – Express, speak and emote them. Talk about them.

All being done whilst longing to, really wanting to, see the TRUTH of our feelings.

So it sounds simple. So I repeat:

We accept our bad feelings by expressing - speaking about them to someone willing to listen to us and take us seriously. And as we speak we long for the truth of them – why we are feeling them – to be made known to us. And when we uncover and see the truth we are FREE! – healed of the causes that have made us feel bad.

Accept, Express – see the Truth, and you're Free!

ACCEPTANCE OF ALL YOU FEEL, THINK AND ARE, IS THE KEY TO DOING YOUR HEALING; THAT, AND WANTING TO SEE THE TRUTH OF ALL YOU FEEL, THINK AND ARE.

**Release one's pain through expressing one's feelings.** 



Longing for the Truth when also longing for Divine Love.

#### WE are meant to grow up LIVING FULLY CONNECTED to our FEELINGS:

Humanity has always had an awareness and involvement with spirits, with life on the other side, because we are all heading that way, we all end up dying and becoming one of the spirits, and were humanity living rebellion-free, then nearly everyone would enjoy some level of spirit involvement either directly or indirectly, loving such an expansive awareness in life.

We are meant to grow up living fully connected with our feelings in our physical reality, and at the same time with full feeling awareness of spirits and life after death, because after all, God is the greatest Spirit of us all.

And so having an awareness and involvement with spirits can, and should, help us have more of an awareness with our Mother and Father. And it's not with just spirits, it's also with the angels who are with us all the time, and the nature spirits should we be open to them, and even higher spirits if we are to work with them, such as the Melchizedeks or Trinity Teacher Pairs. But mostly for



those people involved with the Divine Love, it will be with the Celestials spirit group that is assigned to help them.

It is very important to understand that spirits and spirit life is meant to be part of life on Earth. However that's not to say everyone need to have an ongoing relationship with their spirit friends, but they can at least still be aware of spirits and spirit life and where we will be going and something about what to expect once we die. And when you are open to it, lessening the grip of one's fears about it, then we will find it will be just another aspect or level of life, and one that can give us quite a lot of comfort.

#### TRUTH LOVING SOUL V ERROR INFLICTED MIND



To liberate one's real self, one's will, being one's soul, is by embracing Feeling Healing so to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

### Feelings First Spirituality The New Way

#### Feelings First FF Feeling Free

The New Way, Feelings First Spirituality Learn to live with God through your Feelings

Accept, express and long for the truth of your feelings

Be free in your feelings Free your feelings from your mind's control Live true to your feelings; your feelings are your true self Live true to yourself through your feelings



Live true to yourself by living true to your feelings. Long for the truth of your feelings.

Accept / Express / Bring out ALL of your good, and most importantly, BAD feelings.

Want to understand why you're feeling them.

Use your surface feelings to take you deeper into your repressed and hidden feelings.



The Feeling Way is the True Way. Your feelings are your spiritual guide. Your feelings will take you to God.

Your feelings will show you the truth of your relationships, including your relationship with God; and if anything is wrong, untrue and unloving, then why it is.

Our feelings are sacrosanct and we should respect them accordingly. And we should NEVER block them out, ignore, override, banish, deny or reject them, because if we do, we're only doing that to ourselves, as Our Feelings Are Our Self.

Our feelings are the gateway to our soul. Our feelings are the closest we can get to our soul. Knowing the truth of our feelings is knowing the truth of our soul, and knowing the truth of God.

Feelings First Spirituality is the True path for humanity.

It embraces all people.

It completely unifies the world.

Everyone can relate to everyone else through their feelings.

And we can all live the truth that comes from our feelings, all sharing the same truths as we express and have the same feelings.

No one need be left out; no one is more special than anyone else – we are all united in Truth through our feelings.

So with and through our truth we live our lives, therefore without the need of any man-made mind-laws, rules and restrictions that limit self-expression as inspired by our feelings.

The New Way, Feelings First Spirituality is what is to replace all man-made, mind-contrived religions that so many people have enslaved themselves to. The New Way, Feelings First Spirituality will set us free of all that control, ending the Rebellion and Default within ourselves as we do our Feeling-Healing, and ending such control and spiritual stagnation in the world.

Bring on the End Times – get it over and done with! Let's all see that Jesus is not going to come again, that Prophecy has failed all the mind-controlled platforms. Allow such false systems of belief to die their long-awaited natural death, they've overstayed their welcome, it's now time they fade away. So let us show such antiquated, erroneous systems of belief the exit and bring on the fresh liberation of discovering the truth of how we are to live for ourselves, each of us personally in our lives, and all by looking to our own feelings for it. Self-revelation through our feelings is the way to go.





The Way of the Mind is ending, and is really the End Times – the End of our mind control, and **it's about time!** With the Way of our Feelings replacing it.

The End Times means the end and therefore a New Beginning. And that new beginning is a whole new Spiritual Age – an age based on self-revelation of truth through one's feelings, coupled with and supported by higher revelations from the Celestial spirits, angels and nature spirits.



The Feelings First Spirituality is the True Way to God because it helps you get to know God, helping you to reach out, connect and be personal with God, and do God's Will, all through your feelings. It is the only true way of getting to know the God of Feelings – our beloved Heavenly Mother and Father, the Great Soul of Divine Love.

Love comes through our feelings and not our mind, as we've all been wrongly led to believe.

Feelings First; then comes The Truth; then comes Love.

#### LOVE is the Religion of Feelings, being:

Feelings First Spirituality, The New Way

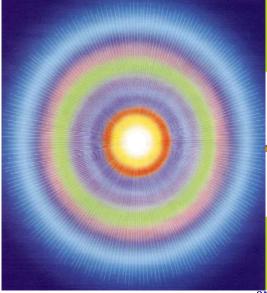




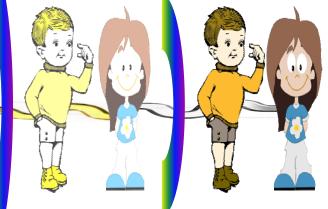
#### **DIMENSIONS of ONE'S EXISTENCE:**

Our SOUL IS NOT ENSOULED IN OUR SPIRIT BODY. Our soul exists existentially in a whole different level or plane or place or dimension of being – 'soul land'. It doesn't exist in Creation, it's not experiential like Creation is. The soul, all souls, help create their part of Creation by expressing their personalities into Creation, and then by having their personalities do things (further create) in Creation.

**SOUL** exists existentially



Our Physical Body and our Spirit Body are of Creation, being linked together by cords of light as are the two spirit bodies, male and female, to the one Soul.



One's unique personality is soul based. Our unique soul expresses its unique personality through the two spirit bodies and physical bodies expressing both the male and female aspects.

#### PERSONALITY



Our soul is the centre of our personality. We are children of our Heavenly Parents. Our soul manifests a male and female personality - it is a duplex!

#### LOVE

#### Feelings First Spirituality, The New Way

*Feelings First Spirituality, The New Way* is a contemporary 'religion' based on living true to yourself through your feelings. Understanding that all you need in life is contained within your soul and is shown to you through your feelings. And by loving your feelings, by attending to them properly (talking or writing them out of you) and not denying them, you can use them to uncover the truth of yourself – the truth of your soul.

*Feelings First Spirituality* is not a formalised religion that tells you how to be, that is too controlling and is actually bad for you, limiting your spiritual growth. You can be wholly self-revealing of the truths you need to be, being the person God created you to be, all by living true to your feelings.

*Feelings First Spirituality* has no formal structure because we understand we don't need one, our soul contains within it all the truth of our spiritual ascent. If we look to our feelings for the truth they want us to see about ourselves, nature and God, then what more do we need! Our true spiritual path is the path our feelings will lead us down, that is, provided we allow them to. This is the most spiritual we can be.

Living the New Way of Feelings First Spirituality

You come to the understanding from your life experiences that how you are is not right, it doesn't make you feel good – that you are wrong in some way. And you want to change yourself, you want to become right, true and perfect – you want to be like God is.

#### And to do this you need to do your Healing

Your Feeling-Healing is looking to your feelings for the truth of yourself, the truth being hidden in many of the feelings you are not wanting to face in life. So you have to end your feeling denial, accepting all your bad feelings (and good ones), express them (yet not necessarily acting upon them), whilst longing to uncover the truth they are to show you.

Or, you can do your Soul-Healing, which is your Feeling-Healing together with including longing directly to God for God's Divine Love. When you receive the Divine Love into your soul, it will cause your soul to become divine, and it will deepen your personal relationship with God. Long with all your heart to God for God's Divine Love.

http://religionoffeelings.weebly.com/

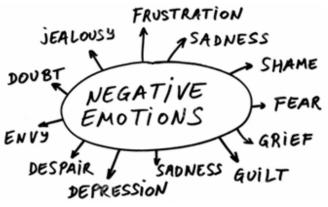
## Feelings First Spirituality The New Way

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.



<u>Revelation 1</u>: Our soul becomes encrusted with harmful ways of life, plus negative and erroneous beliefs, these mainly stem from our childhood upbringing and environment. Thus we live untrue to ourselves, we become 'evil'. Whilst we hold to these injuries we limit the amount of Love that we can receive into our soul. To open our soul to the Love we must firstly and progressively feel into our emotional injuries and allow them to be released. Until we emotionally experience past errors and injuries we hold onto them.

To free our soul of damage and toxic emotions we must open ourselves to experiencing them. This is a progressive, slow and uncomfortable cleansing process that we must all experience. Only by addressing the generational injuries will we, as humanity, evolve in love.





To fully divest one's self of our badness, we have to 'go into' our feelings. Call this process of clearing toxic emotions as 'Letting Go', 'Emotional Processing', 'Journey Process' or 'Feeling Healing'. Embracing Divine Love then Feeling Healing becomes Soul Healing.

As part of our Feeling-Healing we will have to work our way into all our feelings to see if indeed they are coming truly from our heart and soul, or if they are being heavily influenced by our mind. And this will then lead us into questioning and uncovering the truth, if there is any, to our beliefs and why we behave the way we do; and is such behaviour based on truth, or is it based once again on untruth, belief, and rules of our mind.

<u>Revelation 2</u>: We can long for, ask for and receive the Mother and Father's Divine Love. The greater our soul is free of error and injury, the more of the Divine Love can be received and assimilated into our natural love formed soul. The Love does not free us of injury, however, it strengthens our resolve to continue on our journey to be free of error and injury, to step away from evil aspects that have been encapsulated within our humanness and soul. It is this Love, the Divine Love, that brings about immortality of our soul and it is this Love that will eventually fit us to enter the Celestial Heavens and progress for ever more onwards to Paradise. These two revelations free us from error and enable us to grow in love ever more.



**Immortality** with the Love.



**REVELATION** James Padgett

1914 – 1923

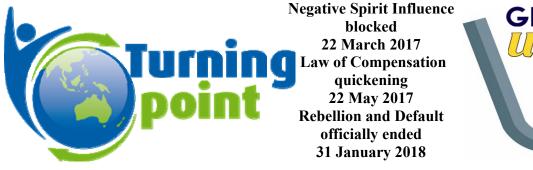
James Padgett bravely introduced the availability of the Mother and Father's Divine Love and a great deal of additional guidance and information, all of which has been supplemented by Samuels, Judas, Reid and Arnold. All writers were under restrictions of personality and circumstances. Revelation 1 opened the door for humanity.

# Quantum Jump2

**REVELATION 2** Marion and James Moncrief

2002 – ongoing Marion and James Moncrief have recognised the need for one to engage in Feeling Healing and, by their actions, removed restrictions that James Padgett and others above endured, thus JM is able to critique the writings of the past 100 years resolving points of confusion as well as expand on what has been written. Revelation 2 is humanity's turning point.

Due to the extra-ordinary nature of Revelations 1 and 2, humanity with the first Revelation would have continued on into its negative pathway of living, however, combining the first Revelation with Revelation two, now humanity can embrace this turning point and commence its evolutionary growth that has required two thousand years to put in place. This is the greatest event in the history of humanity and very few are aware of such, until we enable others to become aware.





#### **CONNECTION with GOD:**

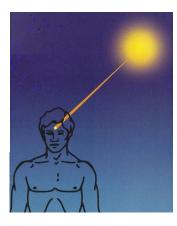
Holy Spirit / the Spirit infusing Divine Love.

Progressive escalation of Divine Love flowing.

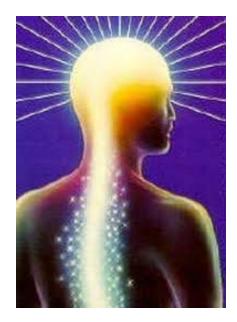
















#### **EXPERIENCING RECEIVING DIVINE LOVE:**

Be still and quiet; reflect in silence. Love is present. Keep asking, longing, and never cease: this is your part. It is your cooperation actively engaged that brings the transformation and continues the process.

You cannot see it; sometimes you will experience it as simple quietness and calmness. This is as pure and real as any other experience, whether demonstrative joy through laughter and dance, or other expressions.

Divine Love is present; it is always present. It does not fade or disappear. Rest, relax and breathe. Pray and wait.

Maintain daily prayer and meditation. When you do this you are building a home for the dwelling of the Divine Love. Your continual invitations establish an attitude of welcome to the Divine Love. These build a bridge for the Divine Love to carry you to new and higher levels of change and transformation: places of new realms for your soul growth and development.

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#### The Voice of Divine Love

As the receiving of the Love is always assured when longed for and asked for, the experience of receiving may become apparent by the occurrence of a warming embrace in the region of the third eye chakra, or with some, around the heart chakra region. This may be very subtle and gentle for some and may be for a few moments or extend for some time. Many do not physically feel the Love embracing them and this is totally fine, nevertheless the Love is being received.

On a few occasions, one may feel the love through the third eye region and then feel it expand as if it were to become a warming buzzing 'hat band' progressively expanding around one's head. This can intensify and feel as though one's cranium is about to pop off! Should this continue to intensify, then the sensation may flow down one's main meridian to the base of one's spine. Now that is something else! Relax and enjoy the great gift for this can be an experience that may continue for a short while or for quite some time.

Always, when one longs for the Love, it will shower over one's body and be absorbed in through the spirit body chakras into one's soul. Occasionally the Love will overflow from one's soul and some will reside within one's spirit body. At no time will you be discomforted. This light golden blue energy substance is the ultimate high octane super fuel gifted to us by our Heavenly Parents to us all.

MoC 1,500



#### The Only Prayer That Man Need Offer to the Father:

(as given within the first century) I am here, Jesus The Prayer for Divine Love2 Dec 1916http://www.youtube.com/watch?v=Pg6p3rivAZwP.438 Book of Truths through James Padgett / Jesus

Let your prayer be as follows:

Our Father, who art in heaven, we recognize that You are all Holy and loving and merciful, and that we are Your children, and not the subservient, sinful and depraved creatures that our teachers of old would have us believe. That we are the greatest of Your creation, and the most wonderful of all Your handiworks, and the objects of Your great soul's love and Tenderest care.

That Your will is that we become at one with You, and partake of Your great love which You have bestowed upon us through Your mercy and desire that we become, in truth, Your children, through love, and not through the sacrifice and death of any one of Your creatures.

We pray that You will open up our souls to the inflowing of Your love, and that then may come Your Holy Spirit to bring into our souls this, Your love in great abundance, until our souls shall be transformed into the very essence of Yourself; and that there may come to us faith--such faith as will cause us to realize that we are truly Your children and one with You in very substance and not in image only.

Let us have such faith as will cause us to know that You are our Father, and the bestower of every good and perfect gift, and that only we, ourselves, can prevent Your love changing us from the mortal to the immortal.

Let us never cease to realize that Your love is waiting for each and all of us, and that when we come to You, in faith and earnest aspiration, Your love will never be with-held from us.

Keep us in the shadow of Your love every hour and moment of our lives, and help us to overcome all temptations of the flesh, and the influence of the powers of the evil ones, which so constantly surround us and endeavour to turn our thoughts away from You to the pleasures and allurements of this world.

We thank You for Your love and the privilege of receiving it, and we believe that You are our Father --the loving Father who smiles upon us in our weakness, and is always ready to help us and take us to Your arms of love.

We pray this with all the earnestness and longings of our souls, and trusting in Your love, give You all the glory and honour and love that our finite souls can give.

#### Amen

MoC X

Note: The 'false teachers' are our parents, as they are also the 'evil ones'. Also, the evil ones, being those parts of one's mind, that are controlling you. The Padgett Messages, received 1914 to 1923 and published in the Book of Truths, has now been extended with further session of messages having been received between 2012 and 2013, and titled "The DIVINE UNIVERSE" via Zara Borthwick and Nicholas Arnold.

#### The DIVINE UNIVERSE

#### 79. Prayer of the Heart

#### 16 October 2012

I encourage the heart that prays to the Father for the Divine Love. I encourage the heart that loves the Love, and with sincere aspiration, feels for the Love. If there be any doubt, loss of faith or hardship of heart, I encourage the heart not to give up or give the Love away. The Father hears your prayers and the heart be rest assured in this. Never will a good heart be forsaken. As the Father does so do I, see and hear your heart, and prayers for the Love and the needs for wellbeing. Never give your heart up; trust in the One who knows your true heart, and there the Father loves you. One may never fully understand the intricate workings of time, past present and future, but the heart knows faith and Love and the Father Loves a good heart. Pray with faith, and in your heart my truth and the Father's Divine Love meet you there.

I have given you this prayer of the heart so that men and women may draw from its words, strength, love and faith

Your beloved friend and companion,

**Note:** Following the writings of James Moncrief, one could consider that any reference to the Father, by other relevant writers, may be read as a reference to 'our Mother and Father'. Further, when considering soul healing, then reference to Divine Love could be referred to as 'Feeling Healing with Divine Love'.



# LIVE FEELINGS FIRST FEELINGS FIRST For Kids

#### The DIVINE UNIVERSE

#### 300. Prayer of Love and Strength

I am going to write the Prayer of Love and Strength that may help those with their endeavour of heart in the receipt of the Divine Love:

I pray that I may find the love and strength in my heart to love you more wholeheartedly. I pray that I may feel this strength as a living truth in my heart and soul as my weakness, due to my condition in my physical and material struggle, may not become a hardship that casts a long shadow over my day-to-day living in my faith in Divine Love. I pray that I will not give in to any negativity that surrounds me, or to the way that at times I cannot seem to be able to help or forgive myself for loosing faith in The One I love.

I pray that I am receiving Love, your Divine Love that is in great abundance and that my heart partakes of a small portion of this abundant Love. I ask that your Spirit, The Spirit, convey the Love into my soul as I have already been receiving into my soul your Divine Love. I pray that your Divine Love gives greater love and strength to my heart that I may continue in my prayer to receive this Immortal Love.

God, I love you with all my heart even if there be a shadow across my heart, and a lack of humility in my faith and on my behalf for I recognise that you can love me more perfectly and wholeheartedly than I can accept for myself.

God, I recognise that you are Soul and that I am a finite soul and that your Love and Spirit are true gifts for my heart and soul and that I need this Love that you have provided. I pray that from your Love, more finite love and strength in my faith and heart will enable me to love you even more. I recognise that I am doing my best in all that life has given and taken away from me and that in my resolve, my heart knows that your true Divine Love always remains with me and my faith in you. At times I have left you and left your side and wandered all over the place, lost in the shadows of life and in the near-sightedness of my eye and then, I pray for your Love and your Love fills my heart and my love and strength return and I accept that you are loving me at all times when I am lost and found. I give you all my gratitude, love and strength that my heart can give and I desire not to change the world or the spirit world accepting that your Divine Love will change my soul and in harmony together, I will try for a peaceful world.

I have provided you with the inspiration to give these words of love and strength that such words may help one in their experience of God's Love and Spirit.

#### 2 February 2013

#### The DIVINE UNIVERSE

#### 303. The Immortal Prayer

# For those of you who are strong, I will continue to sustain this strength because many of you who experience the Father's Divine Love require a great resolve and strength of heart not to give up on the Truth and not to be saddened by the apparent lack of interest in the most beautiful love that you feel and know to be true. I will never prevent myself from being with you, who sincerely desire the Divine Love and, with any feeling of being afraid, alone or insecure, I with my Celestial teachers are present supporting you. There is no shadow in the Divine Love and for those who are aware of this Love in faith love and spirit we celebrate the harmony of God's universe of Love and Spirit.

#### I pray for the Divine Love, the Immortal Love

#### Universal Soul God,

My Father, I love and accept you with my heart. I sincerely pray for your Love that will come by The Spirit and embrace my spirit body conveying your Divine Love into my soul. I humbly ask that you love me as I love you, and that you continue to love me when in those times I cannot love myself.

I ask that you give me the strength to voice my faith and love to you, and that you may love me in my weakness and in my strength. I know that I am a soul beautiful to you as you are to me, and that your Divine Love will be the arrival of Truth that my soul has truly longed for.

I pray that your Divine Love will be the arrival from which will announce the departure of my doubt and that such faith, love, strength will come to me that I will never doubt you again. And I will never stop loving you, in the sunrise and the sunset of each day in my life.

I recognise that you are the Source of the Divine Love and the origin of my soul. I recognise that I may have been lost to you but in truth I was never lost to you and now, I am gathering up all my love out of my lost-ness in great abundance because I am aware that your Divine Love is present for my soul and I am free to receive your Love and feel Its' breath of spirit declare in my heart the Immortal Harmony.

I am receiving your Love, I have received your Love, true Universal God, your Immortal Love. Amen





#### 6 February 2013

|                                                                            |                                                                             | •      |                        |  |  |
|----------------------------------------------------------------------------|-----------------------------------------------------------------------------|--------|------------------------|--|--|
| •                                                                          |                                                                             | 0      | : Paul – City of Light |  |  |
| The Book of Truths                                                         | 1914 – 1923                                                                 | XXX    | – Joseph Babinsky      |  |  |
| containing the Padgett Messages or                                         |                                                                             |        |                        |  |  |
| Little Book of Truths                                                      |                                                                             |        | – Joseph Babinsky      |  |  |
| True Gospel Revealed anew by Jesus Vo                                      |                                                                             | XXX    | - Geoff Cutler         |  |  |
| The Rejected Ones                                                          | 2002 - 2003                                                                 | XXX    | – James Moncrief       |  |  |
| Messages from Mary & Jesus                                                 | 2003                                                                        | XXX    | – James Moncrief       |  |  |
| Paul – City of Light                                                       | 2005                                                                        | XXX    | – James Moncrief       |  |  |
| Mary Magdalene and Jesus'                                                  |                                                                             |        |                        |  |  |
| comments on the Padgett Messages                                           | 2007 - 2010                                                                 | XXX    | – James Moncrief       |  |  |
| Speaking with Mary Magdalene & Jesus                                       | 2013 - 2014                                                                 | XXX    | – James Moncrief       |  |  |
| Sage and the Healing Angels of Light                                       | 2017                                                                        | XXX    | – James Moncrief       |  |  |
| Road map of Universe and history of Un                                     | iverse:                                                                     |        |                        |  |  |
| The Urantia Book                                                           | 1925 - 1935                                                                 | XXX a  | as primary reading     |  |  |
| Divine Love supporting reading:                                            |                                                                             |        |                        |  |  |
| Revelations                                                                | 1954 - 1963                                                                 |        | – Dr Daniel Samuels    |  |  |
| Judas of Kerioth                                                           | 2001 - 2003                                                                 |        | – Geoff Cutler         |  |  |
| The Golden Leaf                                                            | 2008                                                                        |        | – Zara & Nicholas      |  |  |
| The Richard Messages                                                       | 2012 - 2013                                                                 |        | – James Reid           |  |  |
| The Divine Universe                                                        | 2012 - 2013                                                                 |        | – Zara & Nicholas      |  |  |
| Family Reunion Afterlife Contact                                           | 2014 - 2015                                                                 |        | – Joseph Babinsky      |  |  |
| Traveller, An Immortal Journey                                             | 2014 - 2015                                                                 |        | – Zara & Nicholas      |  |  |
| Destiny, Eternal Messages of Divine Lov                                    | e 2015 – 2016                                                               |        | – Zara & Nicholas      |  |  |
| Feeling Healing                                                            | 2017                                                                        |        | – James Moncrief       |  |  |
| Religion of Feelings                                                       | 2017                                                                        |        | – James Moncrief       |  |  |
| The Way of Divine Love                                                     |                                                                             |        | – Joseph Babinsky      |  |  |
|                                                                            |                                                                             |        | – Joseph Babinsky      |  |  |
| The Human Soul                                                             |                                                                             |        | – Joseph Babinsky      |  |  |
| Divine Love Flowing                                                        |                                                                             |        | – Joseph Babinsky      |  |  |
| The Truth                                                                  |                                                                             |        | – Werner Voets         |  |  |
| Through the Mists, The Life Elysian, Th                                    | Through the Mists, The Life Elysian, The Gate of Heaven – Robert James Lees |        |                        |  |  |
| Life in the World Unseen – Anthony Borgia                                  |                                                                             |        |                        |  |  |
| Gone West                                                                  |                                                                             |        | – J M S Ward           |  |  |
| Post Mortem Journal                                                        |                                                                             |        | – Jane Sherwood        |  |  |
| After Death / Letters from Julia                                           |                                                                             |        | – William T Stead      |  |  |
| Thirty Years Among the Dead                                                |                                                                             |        | – Carl A Wickland      |  |  |
| A Wanderer in the Spirit Land                                              |                                                                             |        | – Franchezzo           |  |  |
| Life Beyond the Veil Vol I thru to V – R                                   | ev George Vale                                                              | Owen   | – Geoff Cutler         |  |  |
| The Holy Bible from the Ancient Eastern                                    |                                                                             |        | – Dr George M Lamsa    |  |  |
| Available generally from:                                                  |                                                                             |        | C                      |  |  |
| www.lulu.com www.amazo                                                     | n.com                                                                       | www.   | bookdepository.com     |  |  |
| For Divine Love focused websites and fo                                    |                                                                             |        |                        |  |  |
|                                                                            |                                                                             | m/inde | ex.php/library.html    |  |  |
| Spiritual Development: <u>http://new-birth.net/spiritual-subjects/</u>     |                                                                             |        |                        |  |  |
| Padgett Books: <u>http://new-birth.net/padgetts-messages/</u>              |                                                                             |        |                        |  |  |
| http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm |                                                                             |        |                        |  |  |
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## James Moncrief's books, the Padgett Messages and The Urantia Book at: DIVINE LOVE SPIRITUALITY – DLS:

| All Padgett Messages<br>The Urantia Book(for condensed versions – see below)1914 – 1923Pages945James Moncrief Books:<br>The Rejected Ones – the Feminine Aspect of God<br>Messages from Mary and Jesus book 1<br>Messages from Mary and Jesus book 1<br>Messages from 31 Mary 1914 – 121 Juary 1915<br>Mary Magdalene and Jesus' comments on the Padgett Messages – book 1<br>Messages from 31 January 1915 – 29 August 1915<br>Speaking with Mary Magdalene and Jesus blog – book 1<br>Speaking with Mary Magdalene and Jesus blog – book 2<br>Speaking with Mary Magdalene and Jesus blog – book 2<br>Speaking with Mary Magdalene and Jesus blog – book 3<br>1,490<br>Mary Magdalene and Jesus blog – book 4<br>Hary Magdalene comments on Revelation from the Bible KJV<br>Ann and Terry<br>Feeling bad? Bad Feelings are GOOD!<br>Feeling-healing book 1<br>2016 1231,485<br>1,494<br>Mary 2014 121<br>2014 187<br>1,485<br>2013 235<br>Feeling bad? Bad Feelings are GOOD!<br>Feeling-healing book 1<br>2016 129<br>Breaking with the Dead, Death and Drying<br>Speaking with the Dead, Death and Drying<br>2016 129<br>Speaking with the Dead, Death and Drying<br>2016 129<br>Speaking with the Dead, Death and Drying<br>2016 139<br>Speaking with the Dead, Death and Drying<br>2016 139<br>Speaking with the Dead, Death and Drying<br>2017 201<br>Speaking with the Dead, Death and Drying<br>2019 175<br>Cathy and Mark – a novel introducing Feeling-Healing<br>2010 171<br>Spritts and their Childhood Repression Healing<br>2010 172<br>Communication with sprits – meet a sprit freind<br>1,500 2017 17<br>2010 371<br>Introduction to Divine Love Sprittuality<br>Min website of DLS<br>Childhood Repression Healing<br>Netwide Version Healing<br>Mith vir/(distrintedeling weebly.com/<br>Mittp://(distrintedeling.<br>Mittp://distrintedirguones.com/<br>Mittp://distrintedirguones.com/<br>Mittp://distrintedirguones.com/<br>Mittp://distrinteding.<br>Mittp:// | http://divinelovesp.weebly.com/my-                         |                                       |                           | nessage | s html    |  |  |
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| Childhood Repression websitehttp://childhoodrepression.weebly.com/DLS and CR forumhttp://dlscr.freeforums.net/                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | - · · · ·                                                  |                                       |                           |         |           |  |  |
| DLS and CR forum     http://dlscr.freeforums.net/                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                                                            |                                       |                           |         |           |  |  |
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| http://withmarymagdaleneandjesus.weebly.com/blogand-free-books-speaking-with-mary-and-jesus                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                            |                                       |                           |         |           |  |  |
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#### FEELING HEALING and SOUL HEALING with the DIVINE LOVE:

**James Moncrief Publications:** 

all publications are free downloads:

http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html

#### It is suggested for one to consider reading as follows:

#### Speaking with Mary Magdalene and Jesus – books 1 – 4

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

#### Paul – City of Light

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

#### Ann and Terry

For an example of people who might want to immediately start working on themselves and doing their Healing.

#### Feeling Bad? Bad Feelings are GOOD

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

#### Feeling bad will make you feel BETTER – Eventually!

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

#### Sage – and the Healing Angels of Light

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

| <b>Religion of Feelings</b> | Welcome to LOVE – the Religion of Feelings  |
|-----------------------------|---------------------------------------------|
| Feeling Healing             | you can heal yourself through your feelings |

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

The Padgett Messages being published as: The True Gospel Revealed Anew by Jesus volumes 1 – 4 Book of Truths by Joseph Babinsky The Urantia Book

Release one's pain through expressing one's feelings.



Longing for the Truth when also longing for Divine Love.

#### FEELING HEALING with DIVINE LOVE is SOUL HEALING:

A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.

Firstly, consider discovering the truth of your emotional pain through Feeling Healing. Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing. Primary and most important readings are the writings of James Moncrief. Then consider the Padgett Messages, and then The Urantia Book.

Pascas Papers, being free, are located within the Library Downloads <u>www.pascashealth.com</u> http://www.pascashealth.com/index.php/library.html

#### **PASCAS – document schedule.pdf** downloadable index to all Pascas Papers.

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love; DL denotes Divine Love – living with the Love.

**PASCAS INTRODUCTION NOTES:** All papers below can be found at Library Downloads link..

Pascas Care Letters A Huge Upturn Pascas Care Letters Big Revelation Pascas Care Letters Feeling Healing Benefits Children Pascas Care Letters Feeling Healing Way Pascas Care Letters Little Children Pascas Care Letters Women's Liberation and Mother

#### **MEDICAL – EMOTIONS:**

Pascas Care – Feeling Healing Pascas Care – Feeling Healing All is Within Pascas Care – Feeling Healing and Health Pascas Care – Feeling Healing and History Pascas Care - Feeling Healing and Parenting Pascas Care - Feeling Healing and Rebellion Pascas Care – Feeling Healing and Starting Pascas Care – Feeling Healing and Will Pascas Care – Feeling Healing Angel Assistance Pascas Care - Feeling Healing Being Unloved Pascas Care – Feeling Healing Child Control Pascas Care - Feeling Healing Childhood Repression Pascas Care – Feeling Healing End Times Pascas Care – Feeling Healing is Rebelling Pascas Care – Feeling Healing Live True Pascas Care – Feeling Healing Mary Speaks Pascas Care - Feeling Healing My Soul Pascas Care – Feeling Healing Perfect State Pascas Care – Feeling Healing Revelations X 2 Pascas Care – Feeling Healing the Future Pascas Care – Feeling Healing Trust Yourself

Pascas Care - Feeling Healing Versus Cult



**DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:** 

As we progressively become aware the availability of Divine Love and embrace our Soul Healing, more and more profoundly developed teachings will be introduced to us by our Celestial Spirit friends.

Divine Truth teachings will continue to expand in detail and complexity as we become ready and willing to receive same through doing our Feeling Healing. This journey was commenced for us by James Padgett and James Moncrief.

101 Years: FEELING HEALING and the DIVINE LOVE:
2013 – 2014 Speaking with MM & J
2007 – 2010 Comments on Padgett
2005 Paul – City of Light
2003 Messages Mary & Jesus
2002 The Rejected Ones
Various auxiliary writings including
1954 – 1963 Revelations via Samuels

1914 – 1923 Padgett Messages

Are we ready and willing to embrace what is waiting for us to enjoy?

We are a young experiential inhabited planet. As we grow in Love and embrace our Feeling Healing, then we become into a condition by which we can ask for and receive guidance in how to achieve developments for the benefit of all of humanity.

As we apply these gifts freely for the welfare of all, then we will be provided assistance to advance our capabilities. Energy enables communications which in turn enables universal education. With education everything is possible.

**UNIVERSAL Roadmap and Structure** 1925 – 1935 The Urantia Book

# Cause No Harm < to OTHERS to MYSELF

#### Strive to love others as I am to love myself

To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

> Divine Love is the key!



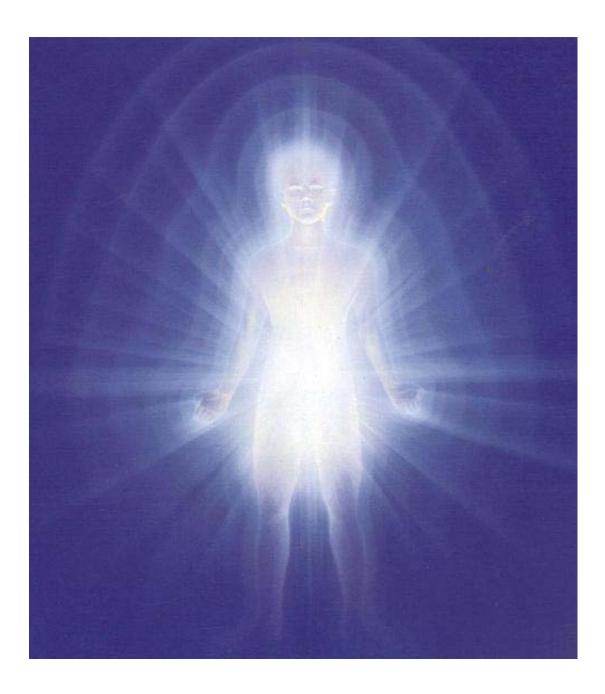
# **God's Divine Love: Pray for it, ask for it, and receive it.**

Feeling Healing with Divine Love is the key



to enter the Celestial Heavens:





To find our way home, we must reflect upon who and what we are!

Prayer: is emotional exchange with God.

The real you is your soul.



Prayer: is emotional exchange with our Heavenly Mother and Father, God.