NEW BIOSPHERE AGRICULTURE



Feeling Healing Sanctuary



"Peace And Spirit Creating Alternative Solutions"

PASCAS FOUNDATION (Aust) Ltd ABN 23 133 271 593 Em: info@pascasworldcare.com Em: info@pascashealth.com

Queensland, Australia

Pascas Foundation is a not for profit organisation www.pascasworldcare.com www.pascashealth.com



Jandamarra Cadd

NEW BIOSPHERE AGRICULTURE – FEELING HEALING SANCTUARY:

James pondering a community facility:

5 August 2017

I've been doing as you asked, pondering long and hard, getting my mind in a knot. Great fun! So what have I come up with?

First: The Sage books don't go into too much detail. Basically farming land is bought up north (towards the sub-tropics) and is progressively settled by people wanting to do their Healing. Small selfsufficient houses are built, the land is permacultured, and the angels look after everyone, as in preventing the rabbits eating everything. It's all based around the building of a large lake with the idea being native fish are grown and bred to be lived on in times of trouble when The Change comes. They develop a huge native plant nursery to revegetate their own land and other farms in the local area. Also the houses evolve from above land to being underground so as to weather all the violet winds and weather during The Change. The Sanctuary is only small, not more than a hundred people, although more coming and more farming land being bought as it becomes available and so the settlement grows. But I've not gone into any detail about how the people actually live.

This is my underlying theme based around lakes and fish because they are my pet love. I've another series of novels based around the same idea, buying vast amounts of land and setting up sustainable Sanctuaries for people wanting to live true to their feelings and do their Healing, all in preparation for surviving and continuing on after The Change.

My today ideas:

Coming back from doing the shopping there is new housing development, the usual ghastly type, you know, blocks of land, house, hardly any trees. So I imagine the opposite, with lots of trees, the houses small, almost like cottages or huts, yet still with all the modern stuff, dotted about, unobtrusive, dams, lakes, etc. Still all the usual roads and stuff, and not for farming, just a better environment and living arrangement.

Then this idea moves out into basing the whole area around subsistence living. So including farm land, veg, crops, chooks, possibly other animals – goats for weed control and milk, permaculture, lots of fruit trees, dams, fish and so on.

I like the idea and look of this place: https://zaytunafarm.com/about-us/

However as I see, most of the permaculture farms are trying to make money, whereas I don't see our primary focus as making money, the Sanctuaries are just to live in, or to have them augment a way of life as people work elsewhere, whilst working on themselves doing their Healing.

Anyway, there is plenty of talent around – people who understand permaculture and no doubt how to live sustainably, with the only way they seem to be able to make any money is teaching people about it. Yet how many people live it?

Then the idea expanded out using the John Principle: Go Bigger, to a whole suburb based around the farming idea, and including mechanics, wood work-sheds, meeting place – main hall, prayer temple, medical, MOOC (Massive Open Online Courses), place for the children varying ages, communal

cooking or people doing their own? etc., – all like you said, and whatever people come up with. And I guess whilst we've got cars, so in the design, proper roads to the houses, the roads being used to capture additional water run off, waste being disposed of somehow, recycle, compost toilets, water tanks, solar elect and so on. Not just a regular suburban sewerage, electricity and water. And possibly everyone could be paid a minimal wage, or if on the dole, a minimal rent, something so money goes into a collective account for upkeep and new development. Possibly people might be happy to work outside getting regular salaries which they donate to the Sanctuary.

The Buddhists at the Temple outside Melbourne had guys practicing to be monks who worked in the city as IT specialists, presumably earning good money, all of which they gave to the Temple. So the idea being that the Sanctuary was the important place, NOT the individual person getting richer. That money was only needed because we have to use it, but otherwise it is not something to accumulate wealth, status and all the rest.

And this is where the truth that people live because of their Healing, would determine how the Sanctuary is. It having to accommodate people on all levels, but with it slowly allowing the place to be self-determining and self-governing, all according to and in harmony with people's feelings. So presumably in the end when people are further along in their Healing, so these people are looked to as being the 'elders', even if they are younger, and it's how they feel they want to live that determines the tenets of the place. So it will be constantly evolving because of everyone growing in truth, yet the beauty is we all end up living the same truths, so resulting in us all coming together and wanting the same things, having the same motives and goals. But along the way of course everyone would have to work through their shit, coming to understand that they all hate each other and are not loving, which would present many difficulties, but the Feeling Healing ways should prevail. Oh it all sounds like great fun, however, why not? It's just another way of life, and one that will end up making people feel better about themselves and how they are living, even though they have to feel like shit to begin with.

And as the Sanctuaries would be places including people at all different levels of truth, so you'd have those not wanting a family, those wanting children even though they know they will fuck them up, and all inbetween.

My Two Big, I-don't-knows, are; One: Should people be allowed to have pet dogs and cats, seeing as though they do so much damage to the environment and are such a fucking pain in the arse with all their mess and barking and so on (good at helping to bring up bad feelings though!). Is man's best friend to finally be seen in the truth of it being his worst enemy? Perhaps chooks and local fauna could be encouraged as pets, a wildlife sanctuary for injured native animals, birds, so requiring a lot of care with some not able to go back to the wild (including domestic animals, birds) becoming pets, personal ones and of the whole Sanctuary. Lots of lizards, frogs, turtles, snakes and so on around water areas.

And Two: I don't know about using animals for labour and food. Personally I am with Marion in a BIG NO to this. We hate how people mostly see animals being there for us to do what we want with. And so what about farming them to eat or get milk – eating meat? I hate the idea of keeping cows to give milk, going against their natural cycle. I understand some animals like goats I think you can get milk without artificially keeping the animal in lactate – (is that what it's called?). Marion and I believe when it comes to animals: Do unto animals as you would have people do unto you. Do unto animals as animals do unto you.

However, not everyone might want to be a vegetarian or just be happy to eat eggs. So I don't know. It might be necessary for people to kill animals for food, and if that's the case, then I'd also include bush tucker, wild plants, herbs and veggies, and native animals (hunting and fishing – dare I say it!) along

with all the cultivated and farmed ones. But all kept humanly, and no intensive animal farming. With plants I am so far happy for intensive methods, yet preferably in the ground when possible. Hydroponics if one must. But mostly it's veggies, fruit and grains, organic and some way of controlling the fruit bats and other pests and anyone else who wants to eat what you're growing. So my head ends up in a knot, it's all too much for me.

Ideally it would be good to have no control, people to do what they felt, but that would be utter chaos as we're all too fucked for that, and I think we've proved it enough in the world. So only people advanced in their Healing and who have finished it would be able to live like that. So your fluid governing system with everyone involved, even the children if they want to be, would have to be introduced.

Anyway, really it's just about people living together who share the same understanding about wanting to live true to themselves. So that could happen in a city, a block of flats, an Ashram like they have in Fitzroy where people live in and do all their meditation and food preparations communally. To a farm of varying sizes, to a whole suburb, city... world. And so it waits to be seen as Nanna Beth said, if people accept the New Way first. And I think anyone interested in it can live together, so people who support it yet don't actually want to do their Healing, to those who are doing it full-on.

So how's that? To your liking, or do you need me to try and go further? The whole idea sounds like fun, trying to put it all together; and it also sounds like a nightmare, so much to do and consider.

You could call the way of life: TRUTHISM. All the other isms failed because we hate each other and everyone is in it for their own power and are untrue. But trying to live the Truth through your feelings, means the truth is what determines the way of things, not the fucked up ego-centric mind. And so thrashing it all out, cough, cough, I mean, working it out by expressing your feelings looking to them for the truth you are to live – that's the next Great Human Experiment!!! Aren't They such fun Parents providing us with so much to do!



Hi Nanna Beth – 3rd Celestial Heaven

Saturday, 5 August 2017 (John with questions in blue)

I sure do love the hot and spicy packages that you and Helen write with James. Yes, they are like beautiful supper snacks as they typical arrive in the late evening.

On my journey of discovery, a few publications stand out. Anastasia of the Ringing Cedar Series was fascinating. Anastasia spoke a lot about the 'kin domains' in the Russian perspective with a global application.

I suspect that she was a spirit personality manifesting from the 4th Mind Mansion World.

I feel her contributions are constructive and are of merit.

Would you mind commenting on her and what she talked about regarding Kin Domains and their current application to what James and I are plotting please.

Nanna Beth: I'm glad you are enjoying my interaction with you John through James. I am loving it too. I am so thrilled to be able to have such regular contact with you both in this way. We are all very excited about it, as much as you, looking forward to what the next day brings.

Anastasia was assisted by the mind spirits as you are suggesting, and there are a plethora of good insightful such things that you can draw from having ready and easy access to them and their sharing in the world. It is more for you on the ground to take what you feel you like and apply that to your individual lives. And if you wish to live collectively, then to share and express all you think and feel. So people in different conditions will be able to apply different things suitable for their way. I know John you'd like to derive a formula or template which you can then put in place, and in some situations that could be done, yet overall I think you're going to have to accept that it's going to be more a fluid template, something that is offered and supported by yourself and all you want to do, yet there for those who want to live it to work it out for themselves.

Certainly any project needs to be well thought out at each stage of its progression, however as you will find, things will evolve themselves, as determined by those involved. So you don't need to work out every game plan ahead of time, just enough to get the ball rolling.

I know I'm being rather vague, however what I want you to understand is that there will be other factors coming into play in future which I can't talk about now, and these will help determine the outcomes you are thinking about. So by all means consider such things, but don't feel you have to work them all out, just remain open as you are, and things will come up as you move along.

~~~~~~

Nanna Beth: Yes, your relationship, John, with James will grow as you work together. And we are enjoying giving you the promptings for Pascas, which are at this point in time things to be considered rather than definite hard and fast things you are going to put into place. You are preparing yourself on the mental level to receive a vast input from all different walks of life, however it's going to be all through the interaction with people that you'll be moved to do what you do with Pascas.

It's hard for me to explain it to you John, for it has to be lived, but because of your involvement with James and Marion, and so on an energy or etheric level, their subtle influence is going to move through

the whole of what you want to do. And it's not that they will be having their say constantly and you'll be just having to do as they want, no, nothing like that, far more subtle, which is hard for me to convey, but it's like a light from their truth is to go out over the whole of humanity into which we can tap and which you will have your work and do what you do. It's like an unseen energy that is all-pervasive so everyone will be affected by it, and yet only those people who pick up on what they are all about, wanting to live the New Way – as that's the easiest way for me to describe it – will be directly affected by it. For those who reject it, it will still be there waiting, non-invasive, and in the end all will one day want to live true to themselves through their feelings.

And yes James, I am trying to describe the effects of your Spirits of Truth, but to present it in a way in which John can relate to it. And so as this unseen and unfelt energy moves out, so it will also be sort of centred in you John, because you are the one who has made direct contact with James (and Marion by default), and who feels you want to work with them. And it will be the same for Samantha in her way, but that will be different too because she is actively doing her Healing, so she will play a more active role in that side of it. So you and her are going to be something like magnets or lights to which the moths will fly who want to come into this unseen alternative world that is to slowly manifest on Earth, it being that which incorporates the New Way, which James is working on with his Religion of Feelings. (This being without creeds, rituals, dogmas, cannon laws, or any controls.) For the Religion of Feelings will be offering a New Way, and even if it doesn't end up being called anything, or something else, still it's the same thing. So do you see, that within the world will form another world, one that is different, more true, more subtle, and one that is ultimately opposite and so anti the old world. So a lot of what you have in mind is of the old way, and it's quite possible that it will in time be rejected by the very people you are wanting to help, as they will be wanting a new and different way. And at the same time, you will have within your sphere much of the new way too, such as some of the alternative things you like, so it's going to be a bit of a task with things starting out one way and yet evolving even possibly against that way as more people get involved who are wanting to live true.

And I understand it is hard to comprehend what I'm getting at, for what needs to happen is for a lot of people to want to do their Healing and start it. So that is the first step, to see if people will want to do it. And so for them to understand that it is something that can be done, and then how they might go about it.

Anyway, don't worry, you'll see, for as I've said, you'll be guided along, and so keep doing what you feel to do because it's all helping you to be a man of both sides, the Old way which you understand, and the New way in theory; and it has to be a theory for the time being because there is so few people living it, and no one as yet living it fully, which can only happen once they have finished their Healing.





So really you are preparing for the time when someone finishes their Healing... and then see what happens.

Feeling Way ~ New Way of Living ~ Religion of Feelings ~ Divine Love Spirituality

### Release one's pain through expressing one's feelings.



Longing for the Truth when also longing for Divine Love.

### LOVE

#### is

### The New Way, Feelings First Spirituality

*The New Way, Feelings First Spirituality* is a contemporary 'religion' based on living true to yourself through your feelings. Understanding that all you need in life is contained within your soul and is shown to you through your feelings. And by loving your feelings, by attending to them properly (talking or writing them out of you) and not denying them, you can use them to uncover the truth of yourself – the truth of your soul.

*Feelings First Spirituality* is not a formalised religion that tells you how to be, that is too controlling and is actually bad for you, limiting your spiritual growth. You can be wholly self-revealing of the truths you need to be, being the person God created you to be, all by living true to your feelings.

*Feelings First Spirituality* has no formal structure because we understand we don't need one, our soul contains within it all the truth of our spiritual ascent. If we look to our feelings for the truth they want us to see about ourselves, nature and God, then what more do we need! Our true spiritual path is the path our feelings will lead us down, that is, provided we allow them to. This is the most spiritual we can be.

Living the New Way of Feelings First Spirituality

You come to the understanding from your life experiences that how you are is not right, it doesn't make you feel good – that you are wrong in some way. And you want to change yourself, you want to become right, true and perfect – you want to be like God is.

### And to do this you need to do your Healing

Your Feeling-Healing is looking to your feelings for the truth of yourself, the truth being hidden in many of the feelings you are not wanting to face in life. So you have to end your feeling denial, accepting all your bad feelings (and good ones), express them (yet not necessarily acting upon them), whilst longing to uncover the truth they are to show you.

Or, you can do your Soul-Healing, which is your Feeling-Healing together with including longing directly to God for God's Divine Love. When you receive the Divine Love into your soul, it will cause your soul to become divine, and it will deepen your personal relationship with God. Long with all your heart to God for God's Divine Love.

http://religionoffeelings.weebly.com/

## **THE New Way** Feelings First Spirituality

By living true to ourself, true to our feelings, we are living true to God. It's that simple.

### **Prayers to our Mother and Father**

From 'Religion of Feelings' by James Moncrief

Please Mother and Father help me accept my untrue state and bring up all my repressed feelings so I can see the full truth of why I feel so unloved and all that's wrong with me.

Please Mother and Father help me see the truth of myself through my feelings.

Please my beloved Heavenly Parents, fill my soul with Your Divine Love. I long for Your Divine Love; please answer my prayer and yearning to be at-one with You and do Your Will by living true to myself and all my feelings. Please fill my heart and soul with Your Divine Love – please make my soul like Yours – Divine.

Please Mother and Father, I want to uncover the whole truth of myself through my feelings. I want to be able to feel and accept just how bad I am, how bad I feel I am, how bad I've been in my life. I want to know the whole ugly truth of myself, see it and feel it and understand how I came to be it. Please reveal to me through my feelings all the truth of myself You want me to see. I want to be as You want me to be; I want to be true and perfect, Healed of all my rebelliousness and self- and feeling-denial; I want to be good, loving, true and happy, please help me become true to myself, true to my soul, true to You.

Please Mother and Father help me, I'm in such bad pain, I feel so alone, so miserable, so scared, what's going to become of me, I don't understand, what's the point of me, why have You made me; please help me see the truth of myself – all the truths of myself, nature, how to be in the world, of You both. I want to know, I want to know it all through my feelings, all that there is to see, the whole truth and nothing but the truth. Please help all my pain come to the surface of me so I can embrace and accept and express it out of me. I want to use my feelings to uncover the truth they are to show me; please help me to do that.

Please Mother and Father love me. I want You to love me. I want to feel fully loved by You. I don't want anything else, only to be with You. Please, that is all I am asking.

Please make me feel how unloving I am. Please show me the horrible truth that I am. I want to see and feel and understand the worst of me, please take me into my darkest scariest ugliest unwanted rejected places within myself. I don't want to feel all the dreadful pain that I know is there locked away inside me, yet I do also want it all to come up and out of me, and I want to use it to see the truth of my wrongness, the truth of how evil I am, the truth of my fucked up state. I no longer want to be false, pretending I am okay, using my mind to make me falsely believe I am good, happy, loved and loving, when I know I'm not. For how can I be when You've brought me into my unloving state, making me be of it. And as You want me to experience being this negative way, please show me the whole truth of it. I no longer want to deny any part of myself, or any of my bad feelings. I want them all to come up so I can express them, emoting their pain, feeling how bad You've made me feel all my life and all through my early life; I want to see why, and so reveal all the truth to myself. I want to be the living truth of myself, living true to my feelings and the truth they give rise to. Please help me to do my Healing, and please fill my soul with Your Divine Love.

The mind way is the 'dead' way; the feelings way is the 'alive' way.

### **Examples of some prayers to God:**

From 'Feeling Healing' by James Moncrief Please God show me the truth of myself through my feelings.

Please help me see the truth about myself You want me to see.

And please help me feel all my repressed pain; please bring up all my bad feelings so I can express them and see what it is they are to show me about myself, my life, and You.

And please help me work through my blocks, I want to Heal myself, I want to become true to myself and true to my feelings and true to You – please help me do that.

Heavenly Mother and Father, I feel so bad, and I know I'm doing it to myself, but I can't help it. I can't stop my compulsive addictions, so will you please bring up the buried feelings in me and show me the reasons why I can't stop. Please! I want to know – I REALLY WANT TO KNOW why I do them. Please help me Mother and Father to uncover the truth of myself. Please, I beg you, please, please, please show me the truth of them so I can give them up. I hate feeling bad, yet I know I must so I can keep expressing my bad feelings to see the truth You want me to see, so please help me feel bad.

Please Mother and Father fill my heart and soul with Your Divine Love. Please give me Your Love. Please love me and make me feel loved by You. I want to feel You close to me, I want You to hold me, make me feel loved by You. I only want You and to do Your Will. Please help me bring up all my repressed feelings so I can express them and uncover their truth. Please help me do my Healing. Please give me Your Love.

I hate you Mother and Father; why have You given me such a shit awful life? I hate myself, I hate You, I hate everything about my life. I feel so bad all the time. I've expressed so many bad feelings and still I feel bad. It's not fair, it's not fair what You've done to me. I hate You! And I want You to help me Heal myself, so I can stop feeling bad. You put me in the shit for whatever reasons, and I want You now to help me get out of it and show me what it's all been about. Please help me to Heal myself so I no longer hate You.

I long for Your Divine Love Mother and Father. Please fill my soul with it. And please help me uncover the truth of myself through my feelings. I want to see it all! And please make it all end, I'm so tired of always feeling so bad, please take all my bad feelings away by making me feel them and showing me the truth I am to see.

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.

### **DIMENSIONS of ONE'S EXISTENCE:**

Our SOUL IS NOT ENSOULED IN OUR SPIRIT BODY. Our soul exists existentially in a whole different level or plane or place or dimension of being – 'soul land'. It doesn't exist in Creation, it's not experiential like Creation is. The soul, all souls, help create their part of Creation by expressing their personalities into Creation, and then by having their personalities do things (further create) in Creation.





Our Physical Body and our Spirit Body are of Creation, being linked together by cords of light as are the two spirit bodies, male and female, to the one Soul.



One's unique personality is soul based. Our unique soul expresses its unique personality through the two spirit bodies and physical bodies expressing both the male and female aspects.

### PERSONALITY



### **JOURNEY of HUMANITY into and through the GREAT U-TURN:**

Humanity reaching its most evilness, the most lost, the most separation of soulmates. Humanity can begin its Healing. The Great U-Turn begins, the dawning of the Spiritual Age.



# NEW BIOSPHERE AGRICULTURE



### ZAYTUNA FARM

James likes the idea and look of Zaytuna Farm:

https://zaytunafarm.com/about-us/

### KIN DOMAIN's with 21st Century Innovations:

The Ecovillage at Currumbin, Australia's most capped development and Winner of 26 Awards. Come and visit this extraordinary community right amongst all that the Gold Coast has to offer. Nestled within picturesque Currumbin Valley and with world heritage rainforests providing a lush back drop. The Ecovillage is located just 7 minutes and 7km from some of the Gold Coast's most exceptional beaches and services. State-of-the-art fibre optic cabling throughout the village delivers a high speed communications network so that working from home has never been this easy.

Conceptually, The Ecovillage embraces the land, enhancing what is already beautiful ... a piece of paradise, where you can have the comforts of contemporary life yet harvest the many benefits of a world class ecovillage.

The Ecovillage at Currumbin aims to create a community that will have as its core – Living Sustainably – Developer of The Ecovillage at Currumbin, Landmatters, had a vision to *"inspire sustainable living and development practice awareness"* by creating a world-class ecologically sustainable village.

The goal is to preserve and enhance the current beauty of the site, improve its biodiversity, and nurture the regeneration of the land into a leading example of sustainable community living.

To achieve the project's environmental objectives, it has been important to challenge conventional thinking by employing practices, processes, systems and designs that embody innovation and excellence. Just some examples of features incorporated in the projects sustainability initiatives are:

- food productivity as an 'overlay' to the entire village implemented throughout streetscapes and landscapes
- provision of many services and facilities close to home to alleviate often unnecessary vehicle trips
- minimised laneways to enable easier access throughout the village by walking and cycling tracks than by car
- diverse range of lot sizes to cater for many different socio groups and the changing needs of people
- an architectural code that ensures buildings 'tread lightly' on the earth
- grid connected solar power systems mandated to each home and community building
- complete water self sufficiency for the entire village

The Kin Domain projects of 150 lots, each lot being a minimum of 1 hectare with walkways between, will draw upon the successes of such projects as Ecovillage at Currumbin. Kin Domain lots are a minimum of one hectare with living fences and a focus upon onsite produce. Kin Domain residents will also have available to them unique technologies, such as those noted on the following pages, to enhance independence, viability and sustainability.



LIVE FEELINGS FIRST

### KIN DOMAIN – PERMACULTURE:

### http://en.wikipedia.org/wiki/Permaculture





'The land does not have a soul condition, it actually REFLECTS our soul condition, because the land itself does not have a soul.

The land is always attempting to repair itself, but man generally tries to destroy it through mans soul condition.' 9 Dec 10



**MODULE being base structure for NEW BIOSPHERE AGRICULTURE TECHNOLOGY:** 



| SITE LAYOUT                    | metres | metres |        |                               |
|--------------------------------|--------|--------|--------|-------------------------------|
|                                | Width  | Length | AREA   |                               |
| PROTEIN FARM                   | 18     | 80     | 1,440  | Metres <sup>2</sup>           |
| GLASS HOUSE                    | 100    | 100    | 10,000 |                               |
| POLY HOUSE                     | 48     | 50     | 2,400  | NFT [Nutrient Film Technique] |
| POLY HOUSE                     | 48     | 50     | 2,400  | NFT [Nutrient Film Technique] |
| POLY HOUSE                     | 48     | 50     | 2,400  | Run-to-Waste                  |
| POLY HOUSE                     | 48     | 50     | 2,400  | Run-to-Waste                  |
| SHADE CLOTH HOUSE              | 100    | 100    | 10,000 |                               |
| IRRIGATION                     | 100    | 100    | 10,000 |                               |
| FODDER FARM                    | 16     | 26     | 416    |                               |
| HOUSE / QUARTERS               | 40     | 40     | 1,600  |                               |
| OFFICE                         | 150    | 10     | 150    |                               |
| STORES / PACKING / MAINTENANCE | 20     | 40     | 800    |                               |
|                                |        |        |        |                               |
| LAND AREA required             | 300    | 300    |        | 9.00 hectares                 |



NEW BIOSPHERE AGRICULTURE – PRODUCTION CAPACITY of MODULE

|                 |        |                     | kilograms per annum |    |
|-----------------|--------|---------------------|---------------------|----|
| PROTEIN FARM    |        |                     | 95,709              | kg |
| HYDROPONIC FARM | Tonnes |                     | 3,168,000           | kg |
| FODDER FARM     | 3,500  | converts to meat of | 568,750             | kg |

41,480 m<sup>2</sup> of production area **3,832,459** 

### kilograms of 459 farm gate food



| MINI BIOM | 18,000<br>4,339 | people feed from people feed from | 4.15<br><b>1.00</b> | hectares<br>hectare |
|-----------|-----------------|-----------------------------------|---------------------|---------------------|
| say       | 5,000           | people feed from                  | 1.00                | hectare             |
| say       | 2,000           | people feed from                  | 1.00                | acre                |
| MAXI BIOM | food for people | e al                              | l from an are       | ea of               |
| Consider  | 100,000,000     | = 50% utilisation of              | 100,000             | acres               |
| 20        | kilometres x    | 20 kilometres =                   | 100,000             | acres               |
| 12        | miles x         | 12 miles =                        | 100,000             | acres               |

### WHAT IS SPECIAL ABOUT THIS BUSINESS?

The growing environment significantly influences the success of hydroponic and aquaculture systems. Attention to the variables will influence growers' yield. By monitoring the inhouse eco system of the applied biosphere technology within the mini biom incorporating:

| temperature   | humidity    | CO <sub>2</sub> levels |
|---------------|-------------|------------------------|
| negative ions | harmonics   | oxygen                 |
| sunlight      | fogging     | water quality          |
| nutrients     | air quality | etc.                   |
|               |             |                        |

the grower can control the effects of these variables on the system to deliver optimums.

### NBA ENVIRONMENT for HIGHER PRODUCTIVITY:

Most plants and fish grow well between  $20^{\circ}C - 28^{\circ}C$ ; aim for a temperature in the middle of this range (ideally  $24^{\circ}C - 25^{\circ}C$ ). **Temperature** is controlled within these limits in all structures.

Humidity of 50%, or as required, for normal plant growing, is maintained.

Plants use **carbon dioxide** ( $CO_2$ ) in order to maintain growth. 300-350ppm is regarded as the minimum requirement for good plant growth.

Negatively charged ions have been proven to have positive effects on plant growth.

Timed pulsed frequency at required **harmonic** levels opens and closes the plants stomata enabling enhanced feeding as and when required. Inputs are drawn into the plant when stomata are open.

**Oxygen** ionised atmospheres containing approximately 10,000 positive or negative charged ions/cm<sup>3</sup> increased the rate of growth by as much as 50% (as measured by integral elongation or weight) without altering the protein, sugar, or chlorophyll content of the plant.

Glass house structures for aquapronics and hydronics deliver maximum and constant **sunlight** transmission. No other medium transmits a better light spectrum for photosynthesis.

Fogging enables the frequent distribution of nutrients as a fine mist for uptake in a relative humid atmosphere.

Water quality monitoring and control being maintained throughout all delivery avenues.

Advanced technology being employed for the delivery of **nutrients** for aquaculture and hydroponics.

### Controlling a crop's environment to target optimum plant growth accounts for 90% of yield.

### **NBA Advantages with Hydroponics**

- 1. Hydroponics makes it possible to grow plants in locations where it would not normally be possible, e.g. poor soil, rocky areas, even balconies. With the use of artificial lighting, it is even possible to successfully garden in a spare room or garage.
- 2. Less labour is required than growing in soil because no digging or weeding is required.
- 3. Nutrients and moisture are fully accessible in a hydroponic system; since plants do not need to compete for nutrients, more can be grown in a smaller area.
- 4. The increased control over growing conditions makes it easier to provide the best possible environment for plants, leading to better quality produce and higher yields.
- 5. Fast growing, healthy plants grown by hydroponic methods are more resistant to pests and diseases. You will also notice improved flavour and texture in hydroponically grown fruits and vegetables.

With many plants, hydroponics will give you a higher quality plant, at a higher yield.

### NBA Employed Unique Technologies

Aquatic operators in USA and Australia achieve 100% feed to fish weight conversion whilst within high intensity acquaculture operations employing as little as a gallon of water to deliver a pound of fish (8 litres of water for 1 kilogram fish).

# All nutrient enriched water removed from the fish farm is employed in hydroponic production. The system can produce from 45 to 70 pounds of produce for every 1 pound of tilapia fish produced.

**OPEN ALL** functions as a soil revitaliser and conditioner. It is an electrolyte containing 8 essential elements, 7 micronutrients, and 63 trace elements, and augmented with certain living amino acid chains. **OPEN ALL** improves chemical and physical properties of soil, permitting excellent water percolation by molecular attraction which allows water to move freely and uniformly down into the soil. Thus, plants will get the required nutrients from the soil and will normally save 50% in water use along with 50% in fertilizing requirements.

AQUATRONICS<sup>TM</sup> pond treatment will change the conditions in any pond and provide the environmental conditions necessary to enhance and accelerate the natural processes and aid the laws of nature.

**EFFECTIVE MICROORGANISMS** or EM is a mixed culture of beneficial microorganisms (primarily photosynthetic and lactic acid bacteria, yeast, actinomycetes, fermenting fungi) that can be applied as an inoculant to increase the microbial diversity of soils. This in turn, can improve soil quality and health, which enhances the growth, yield, and quality of crops.

**PROTEIN FERTILIZER**'S proven techno-organic technology over a 12 year period has demonstrated that:

- Small crop yields have been lifted by typically 50% when compared to the outcome from using traditional chemical fertilizers.
- $\blacksquare$  Large crop yields have also been lifted by typically 50%.
- $\checkmark$  Shelf life of small crops has been extended by an average of two weeks.
- Soil amelioration is a long term benefit from using the Protein Fertilizer technology.
- Inputs required progressively reduce to about 50% of the initial load around year four.
- Costs to the user of the technology are significantly lower than from using chemical fertilizers.
- The need to apply pesticides is substantially reduced. Protein Fertilizer have available organically based proven pesticides.

**SONIC BLOOM** system has resulted in giant, enormously healthy plants which are sturdier, of much higher nutritional value, and better taste. Some of the effects include the following:

- 40% larger seeds and improved 'crumb structure' of the soil (resulting in increased earthworm activity and bioturbation).
- Much longer taproots and/or greater, heavier root mass.
- Much longer vines (e.g., the normally 18-inch purple passion plant growing to a Guinness world-record length of 1,400 feet in just 2-1/2 years!).
- Plants becoming a lighter, brighter green.
- Leaves swelling, some standing erect.
- Fruit becoming much more disease- and insect-resistant.
- Ever blooming trees.
- Crops maturing much faster and producing 20%-100% greater yields (with reports of 15'-tall tomato plants with 836 tomatoes and 16'-tall corn stalks with 2' ears!

**VERTICAL ROTATING GROWING SYSTEM** rotates 24 hours a day, with the flow of water that can be regulated by a small motor. Suitable for growing general vegetables, such as ice berg lettuces, fancy lettuce, strawberries, herbs, tomatoes to name a few.

| Fruit and<br>Vegetables | Traditional<br>hydroponics<br>– average<br>per sq mt. | Rotating Growing<br>System Hydroponics –<br>average per sq mt. | Percentage<br>Increase | Increases<br>in kilos<br>per sq mt. |
|-------------------------|-------------------------------------------------------|----------------------------------------------------------------|------------------------|-------------------------------------|
| Strawberries            | 5 kilos                                               | 92 kilos                                                       | 1,740%                 | 87 kilos                            |
| Ice Berg<br>Lettuce     | 72 kilos                                              | 482 kilos                                                      | 570%                   | 410 kilos                           |
| Tomatoes                | 45 kilos                                              | 180 kilos                                                      | 300%                   | 135 kilos                           |

Continuous supply of **FRESH FODDER** in a growth chamber. Advantages of the system include its independence on external growing conditions for plants; it can be set up where the feed is required; and maintaining uniformity, and quality of the product all year round.

The *Fodder Farm* system enables an area of around 400 square metres of industrial building to grow an average of 10 tonne of plant products per day; equivalent to the lucerne produced from 300 hectares of prime irrigated agricultural land. It uses less than 4,000 litres of water per tonne of production, compared to an average of around 80,000 litres of irrigation water per equivalent weight of lucerne.

### NEW BIOSPHERE AGRICULTURE is truly a universal power house of organic food supply!

### **CAPABILITIES:**

Fish, vegetables, fruit and food supplements for animals results in a NBA mini biom delivering fresh continually throughout the year, nutrition to support:

| 5,000 | people can be fed from | 1.00 | hectare |
|-------|------------------------|------|---------|
| 2,000 | people can be fed from | 1.00 | acre    |

### **EXPANDED CAPABILITIES:**

| say<br>say | 5,000<br>2,000 | can be fed from<br>can be fed from      | 1.00<br>1.00       | hectare<br>acre |
|------------|----------------|-----------------------------------------|--------------------|-----------------|
| Consider   | 100,000,000    | = 50% utilisation of<br>20 kilometres = | 100,000<br>100,000 | acres           |
| 20         | kilometres x   | 20 kilometres =                         | 100,000            | acres           |



**HIGH CARBOHYDRATE content = HIGH BRIX (SUGAR) reading** 



NEW BIOSPHERE AGRICULTURE brings many technologies together to deliver a new sustainable environment with richness and quality in all food produce for all.

### VERNA – a Nature Spirit:

Hi Verna (note from Graham) (V

Saturday, 28 October 2017 (Verna and Austin have been on Earth prior to any life forms)

I am only just discovering these communications and am loving them. For around 10 years I was involved in the "Biological Farming" movement. Looking to build microbial diversity in the soil to develop a more sustainable agriculture system. Are the principals of biological farming founded in truth? Was I barking up the right tree?

I had a few friends in the biological farming industry who taught me about Nature Spirits. I believed in them and used to ask for their help. Certain crops responded. Was I actually engaging with nature spirits? Were the biological farming practices helpful to the nature spirits?

My friend and I used to use radionics to guide us to help create better environments for plants to thrive. Were the radionics methods we used really delivering sound Agronomic solutions? Is radionics a valid way to seek the truth of a plant's needs?

Thank you very much – Graham

James: Hello my dear Verna, it's been such a long time since we've spoken.

Verna: I know it has James, you leaving me out on all the fun and games; really, I ask you, it's not right!

James: All right Gran, so what about getting on answering Graham.

Verna – a Nature Spirit: Don't be rude, I will do it when I am ready... all right then, I am ready. Now Graham, you've got nothing to worry about, if you do the right thing by nature, such as your Biological Farming, then nature will benefit as will you. And of course to respect nature in how you interact with it, seeing all the creatures and the environment they live in as precious, and that you're all in it together and need each other for optimum survival. To go off believing you know better than God is asking for problems, all of which you're finding out for yourselves. You eat unhealthy food and suffer accordingly, it all being part of your repressed childhood state, with your un-nutritional diets helping to reflect the bad states you are in. Humanity will study nature and itself for hundreds of thousands of years and still NEVER understand all that is involved in your relationship with it and you with yourselves. You will never know, you can't know, because by the time you get anywhere near what's really going on, humanity will have outgrown the physical need to live on Earth.

How does that sound James – impressive? You know I'm full of such impressive images and statements of truth.

James: I know you are Verna, and you know I love them, that's why you tell them all to me - isn't it?

Verna: How right you are, of course it is, I don't care about them, I've no need for them, I just watch as humanity makes a dogs breakfast of all it touches, wrecking nature, destroying the very land its trying to live from, really, you are so dense, and look how long it's taking you to come back to your senses! Your senses have been bashed out of you by your parenting, so it's going to be a long haul for you to 'come home'. And when you do manage to give up all your truth-denying ways, then you'll be more like the primitive people, closer and truer to nature, living communally and in small tribes, all loving being fully attentive to each other and all you're feeling, all whilst completely living in harmony with the natural world. Oh, and you've come such a long way with all your science, well you'd be better off studying, if you must study anything, the negative impact you have on everything because of living untrue to

yourselves. Looking at it that you're living rebelliously against all that is right, and then you might get closer to what you're wrongly doing.

See James, I am so full of good advice and wisdom, it's just pours out of me, I'm not your average dumb old nature spirit – am I?

James: Not at all Verna, god no, never, you're the smartest and brightest and you know everything.

Verna: That's right, at least you've got that part of your wayward mind in order. Now, what's Graham's next question, I go a little off track getting carried away as you might have noticed.

Now, were the Biological Farming methods helpful to us nature spirits, and were you talking with them Graham?

Yes, you would have been talking with them if that was your intent. We are with you all the time, yes, mostly in the background, but nevertheless we are there and we know all you are thinking and feeling, so if that includes us, so we feel included. However that doesn't mean we can just do what you want, as we can't. We might like to at times, blast the socks of you by growing everything perfectly, but we have still have to adhere to the limitations imposed on us by the Rebellion and Default, which are reflected in how you are. So the truer you are, should you do your Healing, then the closer we can come and work with you. And for those who are Healed, then we can get down to some serious business if you want to include us in your lives.

Your more nature-positive farming doesn't actually help us specifically. No, you are not doing it for us, you're doing it for yourselves. So as you help yourself, then we can help you more – that's how it goes. Because we don't need any help, we're able to help ourselves, we don't need you, we're on the world for you, to help you, it's all here to help you, everything currently exists in Creation to help ascending mortals start on their physical world and ascend to Paradise. And as you can ONLY do that by growing in truth through your feelings, so we are here to help you with that. And if you want to live denying that, going the other way and being unloving to yourself, then we're here to help you do that. So we don't prevent you doing what you want, although we can limit and... ok, at times we can prevent you, but mostly we don't, mostly we move with you, and if you deny nature then we fade away as you no longer need as many of us involved with you, and so we move to other still natural parts of the world or we 'die', which means we move onto becoming angels. But if you look to nature and want to do the right thing by it, then we'll gather around in greater numbers helping you in the ways that we can, even increasing in number if that is what is required.

### Next question?

Radionics – was that a help? It's better than no radionics and just the unfeeling way of farming, however it's still too much of the mind. You are to 'farm your feelings' – do you like that one!, so look at it that way. Your feelings will tell you if how you are farming is making you feel good, you'll love the whole experience, you'll thrive in and with it, that is provided you can release yourself from your mind control. So the less technical and scientific and the more feeling you can be, the better. If you look to the plants to show you, take the need to make money out of the equation, and do it for your own pleasure with your survival as a secondary factor, then you'll be able to sense the more subtle aspects to it all, all that will come through your feelings and your very personal and intimate experience with all that you are doing. And everyone's experience with their plants and the dirt will be different. It is all to help you have experiences to bring up the feelings necessary for you to uncover the truth. So not all

experiences might be happy and good feeling ones, many might be bad, but you know how it is, what's needed so you can Heal and progress.

So Graham, relative to your level of truth at the time you were on the right track and doing the best you could. However as you grow in truth through your Healing, so too will your understanding of what you did before increase and expand, and so will your relationship with nature evolve.

There, how's that Graham and James, are you happy with those answers... too bad if you're not because I'm not going to change them.

James: I wouldn't dream of you changing them Verna. What are you going to do now that you've finished with us?

Verna: Oh there are endless problems I have to attend to James. You think you've got things to worry about, we've got to address the endless pollution on the more subtle levels that your wayward lives leave us to deal with. And all this talk of more nuclear bombs, if you could see the destruction even your testing, even your thinking about the testing of them, causes, all of which someone has to attend to. And those people when their time comes to do their Healing are going to feel very bad for all the fear they caused along with all the damage to the world, they have no idea how much suffering they are inflicting on themselves as they subject everyone else to it. So we go into damage control, containing it within the parameters we're allowed to, we working hand in hand with the angels. And if we didn't do what we do, you'd have blown yourselves apart by now, which possibly might have been a good thing because you don't see the full negative and unloving impact of such experiments because we limit them. It's a bit of a Catch 22, but that is how it is, God wants it that way, so we all carry on.

However Graham, we are SOOOOOO HHHAAAAPPPPYYYY that you are seeing the light. Every person who does means that much pressure is taken off us and nature, and we readily rejoice with you in your new found source of understanding. And even if you don't do anything further directly with nature, at least your heart is moving in the right direction all the time, and that's all that can be asked for. So good for you Graham, and should you need my illustrious services again, don't hesitate to ask. James is a good typing slave, he'll labour on typing all I want to say, won't you James?

James: Of course Verna, how could I not record every bit of pearly wisdom that falls from your lips.

Verna: You're full of shit James. I'm going now. SEE YA!

James: Aww, I'm mortally wounded Verna by you sticking it to me. I feel so hurt, what are you saying that for?

Verna: Good, I hope you feel bad. I hope you all feel bad, because that's what you've got to feel. It's not use carrying on with all these fun and games, you've got to get on and be true to the bad, DO YOU HEAR ME – DON'T DENY ONE BAD FEELING, AND KEEP FEELING BAD, AND IF YOU DON'T THEN DO SOMETHING TO. AND I'LL HELP YOU. There, now you've got more bad feelings to work through James – see, aren't I a great help! I said it all on purpose, more for you to work through, think of your mother James.

James: No, I'd rather not, however now you've stirred me up, so I will. Thanks a lot Verna.

Verna: Only too happy to help you James. I am going now and until the next time you deign to spend a little time with us lowly folks... and I do LOVE you James.

James: I understand Verna what you're doing, I can feel it, more of the shock of having it all turned on me, I think it's going one way and we're having a nice time together, only to suddenly have it all turned on its head and I'm lost, I am distraught, I'm upset, that being what mum did to me all the time. Yes, I see Verna, and that's how she threw all the psychic bricks in my face.

Verna: Exactly James, keep going, go deeper into it, there's more for you to see. It's the doing it in fun part, like it's a big game in which you're not allowed or meant to feel hurt, and yet it's all hurtful, that's how it was for you all, that's what you've all got to understand and work through. And how hurtful, which your feelings will show you, just how very hurt you all are, right to the core of yourselves. And the shock of suddenly feeling such unexpected pain, that too is crushing and soul destroying, and then you're left in it, with nowhere to go, destroyed, having to somehow patch Humpty back together again as you go on. Frightful stuff James. Bye now – Verna.

James: I woke up feeling like I'd been punched in the left eye during the night, its hurt all day, it feels tender and hurts when I blink. I've had this 'etheric burning' feeling, it feels sore but not to the touch, many times in that eye and side of the face and all over other parts of my body. And with Verna working her number of me, and on talking my feelings through with Marion, it once again brings up for me how hurt I felt when things seemed to be going well with mum and then suddenly with no warning she turned on me. And how I've managed to prevent such hurtful feelings through my life by not paying attention to people picking up the subtle messages they are showing me, blocking them out and soldiering on, which all amounts to my punching them in the face and not respecting their feelings, so my doing the same that was done to me. Thanks Verna.

Sunday, 29 October 2017

### John: My reading of Verna – the nature spirits – writings has been very important and revealing for me.

Nanna Beth: As you can sense there is more to Verna than her being 'just a nature spirit' for there is far more to the nature spirits, as is there to the angels. But all of that is hidden knowledge, and can only be revealed through people attending properly to their feelings. They will be part of the New Way, giving much help and clarity to not just things to do with nature but with every aspect of life.

On a direct experience, I am amazed with the yield of tomatoes that are coming from my seven bushes in our front garden – yes, in the street frontage. In past years, similar plantings have resulted in less than interesting yields, though last summer we were very pleased with the steady stream of cherry tomatoes that basically filled a Chinese food bowl each week. This crop has yielded a salad bowl filled twice in its first week, and there are buckets of tomatoes visible on the vines, and this is only the end of week one of the crop harvesting? What would Verna have to say about that please?

Nanna Beth: She would say surprises are in store for you John in all areas of life. You'll see old man.

On the other hand, the lemon and lime trees we have planted appear to have a few problems.

Nanna Beth: You need to find someone who can consult with the nature spirits and who is open to your way of seeing things – you can put an 'astral add' out in your mind for the type of person and see if anyone picks up on it.

### **<u>GUIDANCE for NEW BIOSPHERE AGRICULTURE and other such endeavours</u>:**

Monday, 30 October 2017 Graham: Thank you James and Verna. There is a lot to take in there. I have read it three times so far.

I sense, Verna, that our agricultural systems are so far from the truth, that everything we do to enhance them is just fuelling the wrongness. And Man's audacity to think we know better than the nature spirits. Our ego and the world controllers driving the need to change everything that shows up bad, instead of embracing the bad, longing for the truth of the bad so that everything can flourish in Truth.

How amazing that we continue to manipulate crops to apparently grow much better than nature intended, yet as a result create food with insufficient nutrient density to fuel a physical body attempting to thrive in a state of truth. It is funny, even the mind bound scientists' research shows that yields are not much improved over the last 50 years.

So rather than looking for a way to support large mono cultures, stripping the land of life and diversity, we should be looking more at poly cultural systems, perhaps even permaculture. Smaller plots, tended by everyone so we can all feel the true connection with nature. Have a true connection with that from which we derive our energy. We are to Heal our own selves of our false way of living, and then we can work in harmony with all forces and nature spirits to bring the soil back to its truthful state, allow the plants to grow in truth, and then be able to truly benefit from the nourishment derived.

I also get a sense that if we give over to The Mother and Father, to the Nature Spirits, Heal our fear of scarcity and survival, then all we tend will grow in truth to its maximum potential.

I hope this has come from my heart and not my mind.

Verna: You're spot on Graham, I can't tell you how good it is to hear you say and think like that – you understand, and that's what we are hoping for. You live denying yourselves, so you have to create food that is of that same denial, so you deny nature and the very plants and animals you look to for your sustenance so as to maintain the levels of untruth you are living. And then that causes you problems which you have to then do other self-hating things to overcome, and on it goes, the ever downward spiral into oblivion.

So if you reverse that and Heal yourselves, then you'll be of a perfect truth level of Natural love equal to that with nature, so you'll respect it and have a true, loving and perfect relationship with it. You won't deny and abuse it, as you'll no longer be denying and abusing yourselves. And we nature spirits will match you every step of the way.

Ideally humanity is to live in smallish groups, say up to 1,000 people, communally so you can all look after and be involved with pregnancies, births, children, adulthood and old age and death, everyone knowing what's going on, and all loving, supporting and respecting each other, as you live with nature to feed and shelter yourselves according to your ever evolving levels of truth. So without the need for money and ownership of land, no cities, everyone having to spend time growing and collecting food, everyone staying connected with the basic physical needs and how to satisfy them, and all the time with everyone paying full attention to, fully respecting, all their feelings and longing for the truth of them. So you don't just get stuck in a primitive state, isolated and insular in your stagnant ways of life like many subsistence and native people have done, stuck in their truth-denying ways and superstitious beliefs; that you are always growing and evolving in truth, and with no idea as to how that will affect you personally and then collectively.

Humanity has no idea how it will live in groups of fully true and Healed people, evolving their truth on and up through the Celestial levels, sharing their thoughts and feelings, all whilst anchored to the physical. That awaits mankind, to live that way and relish and love with all your hearts the beauty of life created by such people. And nature will flourish with such flourishing natures of people, it all working to support and benefit the whole.

And so there will not be the concerns that you have now, no overpopulation, no sex for the need to comfort and pleasure yourselves because you feel so bereft and deprived of love. And your dietary needs will change and evolve to where you won't need to kill or harm another creature, living literally off the fruits of the land and all what is produced naturally, with no force, not having to intensify anything, dealing with disease and bugs according to the levels of truth you are living, all so there won't be any problem with them, they only being required to break down material when it's been finished with.

But all of that is a long way off Graham, however the seeds can now be sown as people such as yourself see the bigger picture, understand the fundamentals of truth, and start living them even in your small way in life. You've started to 'farm' yourself with love through self-acceptance of your pain. And that is leading you to the truth in you.

We feel very excited by it, it's been a long time in coming, and as more people awaken to the truth, so things will start to get interesting as we'll be able to have more of a say and input in your lives, even if you are not consciously relating to us. Things will happen because we'll be freer to act, no longer hemmed in by the constraints imposed on us by the Rebellion and Default.

You have your band of Celestial spirits with you Graham helping you see things in the light of such truth, that which you've written in your answering post, so you are now on your way, growing in truth and that will continue to be reflected in all that you do.

And you have a band of our kind too, who will assist you in your farming and nature thoughts, we connect with everyone who embraces the truth, it all being part of your re-connection. So we and your angels and spirit helpers can all come closer to you, all helping you in little ways to see and understand things about yourself, nature, how you live currently and how it has been, and about our Mother and Father.

So you carry now a little light of our truth within your heart, and that will keep growing. We all love all you are wanting to do Graham, loving you for yourself and for what you are now doing. Verna.

Reference:

Pascas Care – Embracing Nature Spirits



# LIVE FEELINGS FIRST FEELINGS FIRST For Kids

### WE ALL ARE BEING GUIDED HOME:

We need the Spirits of Truth of the Avonal Pair to Heal ourselves; then once Healed, (and for support (overshadowing) as well through your Healing), we need the Creator Pair, Mary Magdalene and Jesus' Spirits of Truth to see us through the Celestial spheres, while at all times embracing our Heavenly Mother and Father.

Until Mary and Jesus died and liberated their Spirits of Truth, no one from any of the worlds could leave Nebadon, because no one knew the way to do so. Nebadon is our local universe containing some 3.8 million inhabited physical worlds and their associated spirit worlds.

When we embrace the truths Mary and Jesus are revealing, and start to do our Feeling Healing, or with Divine Love, Soul Healing, we are then freeing ourselves up from our parental and self control.

Thus our journey to Paradise, to the home of our Heavenly Parents, is of our choosing as to when we progress, however, there is only one way:

**HUM:** Humanity is to ascend. We are self contained. Our soul is always in truth and perfect at all times. By living true to ourself, true to our feelings, we are living true to God. It's that simple.

We are to recognise that being engaged and dominated by our mind is the wrong way for us to evolve and grow in truth. We are to discard the mind enslavement that has been imposed upon as by all of our parents. We are to express our feelings, both good and bad and free ourselves of the indoctrination that humanity has embraced worldwide.

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of our Mother and Father.

**AVO:** We are to embrace the truths and guidance of the Avonal Pair through their Spirits of Truth. It is the Avonal Pair's guidance that will lead us through our Feeling Healing, and with Divine Love, we will be able to ascend through the 7 mansion spirit worlds and enter the Celestial Heavens where we also interact with other world's spirits.

**J&M:** We are also to embrace the truths and guidance of the Paradise Pair, Mary and Jesus, who will then lead us through the 3 Celestial Heavens that are aligned with Earth, and then further on through Nebadon where we will then depart beyond on towards Paradise.

**M&F:** Beyond the universal zone of Nebadon, we will be guided by our Heavenly Mother and Father onwards through the universes to Paradise where we will be welcomed by them, home for us all, as we are all Children of God.

Mother

Father

GOD

M&F



J&M







### WE ALL ARE BEING GUIDED HOME - NOW, HOW TO COMMENCE THE JOURNEY:



M&F



J&M





WE Children of God

For 200,000 years, we have been misled into embracing our mind's distortion of wisdom and truth. All such traditional understandings only lead us in the wrong direction, from which we must turn back from. Our soul based feelings are always in truth. Our minds are to follow our soul based truths and feelings, not the other way round, as we have been brought up to embrace.

We are to connect with our deeper repressed feelings. We are to long for the truth of what we are feeling. We are to live true to our selves; by living true to our feelings.

Use your surface day-to-day feelings to connect with your deeper repressed feelings. Express your surface feelings and your deeper repressed feelings to uncover the truth of yourself.

We all have feelings which we communicate and share with each other. And we all have deeper buried and hidden repressed feelings. Feelings from our early childhood we felt, yet weren't allowed to express. These feelings are still within us, waiting to have their say. These feelings, because they are repressed, cause us all our problems.

And as we look to uncover, bring out and accept these deeper feelings, so we're taken into new ways of looking at ourselves, our feelings, and our life. We're setting ourselves free of the controlling patterns that govern our unloving behaviour.

In this way, we progressively begin to express the personality that our Heavenly Mother and Father gave us, not the one imposed upon us by our physical parents and carers. We are to be our true and real selves.

### By living true to ourself, true to our feelings, we are living true to God. It's that simple.

As we, humanity, long for the truth of our feelings, we can also be assisted by the Spirits of Truth of the Avonal Pair who are our spiritual teachers for Earth over this coming 1,000 years, to assist us through the Great U-Turn, away from mind dominance to being soul based feeling lead. They will assist us through the seven levels of the spirit mansion worlds.

Then the Creator Pair, Jesus and Mary, will lead us through Nebadon and into the greater universe. Then our Heavenly Mother and Father lead us home to Paradise.

Collectively, should we embrace them all, as we are to, then our pathway home is a journey in the hands of the Spirits of Truth of the Avonal and Paradise Pairs overseen by our Heavenly Parents.

### **HOW TO GET TO PARADISE**:

Long for the Divine Love Long for the Truth Long for the truth of your feelings Don't deny any feelings: accept, express and want to know the truth of them Know your feelings are the key; your feelings are the Way Want to end your falseness and being untrue Want to understand the truth of your early life Use your surface feelings to move deeper into yourself, bringing up your repressed feelings Want and long to know the whole truth of yourself Want to do it all with God, your Heavenly Mother and Father – long to Them for help.



Our longing drives our life. We long with feelings. We can wish for things using our mind, yet long for things with our heart. These things in the pyramid are what to long for. Longing for them, when the longing comes naturally. Longing because you feel you really want them. Long to be true with all your heart. Long to live true to your feelings. Long to understand the whole truth of yourself.

The Keys



### **PARADISE TRINITY:**

#### **Our MOTHER and FATHER (God)** 1.

SOUL (God) - One SOUL that is expressing its two PERSONALITIES, our Heavenly Mother and Heavenly Father (Soulmates)

2. **ETERNAL SON** 

#### **INFINITE DAUGHTER** 3.

### (ID) – Divine Mind Then: The Second and Third Persons of the Paradise Trinity (ES and ID) are stepped down to the local universe trinity (Mary and Jesus, Divine Minister (DM), and her Holy Spirit.

### **The LOCAL UNIVERSE TRINITY:**

- **MARY M and JESUS** 1.
- 2. **DIVINE MINISTER**

- **Our MOTHER and FATHER Love** - the Living Truth
- Mind (and her Holy Spirit)

(MF) – Divine Love

(ES) – Divine Truth

3. HUMANITY – Natural love, sons and Daughters – Truth, and our Angels – Mind

### **PLANETS that engage in REBELLION:**

- **AVONAL SOULMATE PAIR** 1.
- 2. **DAYNAL – TEACHER PAIRS**

- the Feeling Healing process - incarnate - they do not incarnate

MIND

**Divine Minister and Holy Spirit (DM)** 

Angels, Nature Spirits, Nature (A)

**Infinite Daughter (ID)** 

| So in | summary: |
|-------|----------|
|-------|----------|

### LOVE **Mother and Father**

**TRUTH Eternal Son (ES)** Mary & Jesus (MJ) Humanity (H)

**Consider a diamond:** 

MF



## **Mother and Father Heavenly Parents**

Creator Son & Daughter Jesus and Mary Avonals as soulmate pairs

Trinity Teachers as soulmate pairs

Melchizedeks – who have taken over from the Caligastians and Daligastians being also all as soulmate pairs.

Mortal Souls – human beings who individualise on Earth, then progress through the Mansion Spirit Worlds, then into the Celestial Heavens, and beyond.

Mortal Souls – also being ascending spirits, upon completing their Soul Healing, join with their soulmate, then join their soul group of 24 mortal spirits, being 12 soul pairs. It is only as a soulgroup that anyone can progress beyond Nebadon.

The Paradise Pairs are all ONLY concerned with the SPIRITUAL wellbeing and upliftment of the planets and local universe. Currently to do with Earth:

Mary and Jesus – spiritual wellbeing and upliftment of the whole of Nebadon region.

Avonal Pair – Daynal pairs (Trinity Teacher Daughters and Sons) – Spiritual wellbeing and upliftment of individual planets and their associated mansion worlds.

The Local universal Sons and Daughters are all about the running of the worlds under their jurisdiction, and ensuring the higher spiritual elements can be employed, or sent astray, as in our cases through the Rebellion and Default.

Lanonandeks – Melchizedeks (and others, such as Life Carriers and Eve and Adam). As the Lanonandeks all rebelled – the Lucifers, Satans, Caligastias and Daligastias soulmate pairs – so the Melchizedeks have taken over their roles, as well as doing their own.

So the Melchizedeks are the governors, overseers, the administrators and advisors and so on for Earth; they are the 'controllers', and they will instigate all that needs to be done to do with the ending of the Rebellion and Default. And they will enlist the willing help of ascending mortal pairs, so the mortal Celestials spirits (soulmates when available, and others waiting to unite with their partner), and at times mortal spirits in the Divine Love Healing mansion worlds. And the angels help all of us.

Currently the whole of Creation exists for the ascension of mortal souls from their earth planets to Paradise. It's all one vast Grand Ascension Scheme. With all the higher and lower spiritual Daughters and Sons, together with all the many different angels and other universal spirit personalities, and even including nature and our very own pets, assisting women and men with their Ascension Journey. It being: and Ascension of Truth. Everything we do is done to help us grow in truth. (Only everything we do in our negative state is to deny ourselves our truth from our feelings, which is why we have to do our Healing.) All women and men are ascending (or growing) in truth through their experiences. And as we grow in truth by looking to our feelings to show us that truth, so we're ascending, moving inwards and upwards through all the worlds and spheres of the Grand Universe to one day arrive on Paradise and meet our Heavenly Parents. God is providing us, Their children, with this spiritual journey called our Ascension of Truth. And by living true to our feelings, so we are progressing on our true Spiritual Path – our Ascension Path.

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.



**Humanity** is to pursue the pathway for Truth through one's soul based feelings, this is the right pathway. However, humanity commences its journey founded on natural love, which we now know is to be perfected through one's Feeling Healing process and then made divine through asking for and receiving our Heavenly Parents' Divine Love.

For 200,000 years, **humanity** has pursued the pathway of the Mind, being that of the brain, this is the wrong pathway. The Mind is the pathway for Angels and that of all of Nature.



### **CREATION of SOUL and SPIRIT**:

God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one's feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.

The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves enabling the union with our soulmate, as we progress in truth up through the mansion worlds, celestial heavens and all the way to Paradise.

The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit mansion worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective

> Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.
#### WE EACH have a Nature Spirit pair, Spirit Guide pair, and an Angelic Pair:

For those doing their Healing or are interested in doing it will from that time have their own personal angels, spirit guides and nature spirits with them, with whom they are to develop their own relationships should they want to. It is not about 'sharing' the same angels or guides or nature spirits, it is about you relating specifically to your 'own' ones because they are provided for YOU. It's all for you, to maximise the experiences we each need.

We are all to have our own pure relationships. And it's the same of course in life with your friends, however over there, in spirit, dealing with Nature Spirits, Spirit Guides, and Angels, it's more



personal and private and 'JUST FOR YOU'. So we have our own separate, unique relationships.

For example, Nature Spirit Verna has been assigned to be specifically and only with James, and she ain't going to be assigned to anyone else, so she won't be sharing herself around.

This is SO IMPORTANT to understand so that in future there won't be all these people claiming to be speaking with Verna or Mary Magdalene or Jesus or Nanna Beth or anyone else who is part of it all in such capacity. Mary M and Jesus have spoken with James as they have, making it quite clear he is all they are speaking with.

We each have a band of a Nature Spirit pair, Spirit Guide pair, and an Angelic pair, each pair being in their 'soulmate' relationship. Even though we are ascending mortals having a soulmate, even our soulmate has his or her own group of six personalities assisting him or her. Our assigned Nature Spirits do not continue with us into spirit, our Spirit Guides may for a time assist upon entry to the spirit mansion worlds, however, our personal Angelic pair continues with us to Paradise, and then even possibly being with us throughout eternity.



#### **OUR GUIDANCE to PARADISE, the home of our HEAVENLY PARENTS:**

There are three distinct phases of our progression to the home of our Heavenly Parents which is Paradise that is within the circle of seven Super Universes, each containing many Local Universes.

Once we progress beyond our Local Universe of Nebadon, then we are assisted and guided by our Heavenly Parents, our true Mother and Father all the way home to Paradise.

Before then, once we have completed our soul healing, we are guided through the Celestial Heaven worlds which are those that interact with humanity on Earth, then further on into and then out through Nebadon, our Local Universe. The regents of Nebadon are Mary and Jesus.

However, before then, we are to embrace our healing. That is, we are to realise who we truly are. We are not the personalities that our parents imposed upon us. We are to put aside our childhood suppression and repression and free our true personality that our Heavenly Parents gave us, and to do this we are now able to embrace the guidance of the Avonal Pair who will lead us through our healing here on Earth and through the Spirit Mansion Worlds to be able to enter the Celestial Heavens.



#### **<u>U-TURN for HUMANITY</u>:**

#### Why are we doing a U-Turn?

We are doing a U-Turn **because** the year 2017 heralded the end of the Rebellion and Default. For two hundred thousand years, humanity has been going in the wrong direction.

#### What is this fundamental step that will change our way of living?

We are to come to understand / know the foundational cause of all our feelings, both good and bad. As we explore and investigate our feelings, each time they arise, one by one, we are to talk them through, express them to a companion or friend or anyone who will listen. As we express them, while at the same time coming to understand how they have come about, we will find that they will be resolved and that they will not come up again.

We will find that all of our feelings / emotions have their foundations from our childhood. And by childhood, that is from the time of one's conception all the way through to about the age of six. It is the repression of our childhood feelings that is the base or foundational cause of each and every one of our adult personality issues, pains, difficulties, illnesses and distressful life experiences.

## We have to see the whole truth of our negative or self-denial state, before we can heal it and be free of it.

The vital difference between emotions and feelings is:

- emotions have their roots in the past,
- feelings relate to the present moment,
- emotions represent feelings not previously expressed,
- and these accumulate over time.

Many emotional clearing processes encourage us to look into our feelings, however, none go so far as to drill down into the core foundation of any emotional feeling to the point that we strive to KNOW the core issue, the origin of the feeling, be it good or bad, and actually come to know what it is!

The *Journey Process* is generally known worldwide. It stops short of longing to know, that is asking for the knowing of the events that brought about such a feeling. Yes, we are to acknowledge the feeling, say being angry. Then accept that behind that anger is the feeling of being small, and then look at the underlying reason of why we are feeling small. What is the truth behind that feeling? Ask our Heavenly Parents what is behind all of this feeling. What is the foundation, the origin of the feeling? All the time talking it out, expressing it, with a friend. The expressing of the experience is the release of the emotion / feeling, this is what removes it for ever from within our essence, our **soul**.

#### Why ask our Heavenly Parents? I thought God was just God – singular?

This is part of the revealings that have been unfolding for us very recently – that is – since 2002.

We are made in the image of God. This has been understood for centuries, for 2,000 years. Our soul is duplex. Our soul expresses itself through two personalities. One soul 'subdivides' into two, one half



Feeling Healing with Divine Love is the key!



always being female and the other half always being male. We are a reflection of how God is. God being one Soul is expressed as Mother and Father. God is two personalities. They are soulmates. And each of us has a soulmate, and our soulmate is always of the opposite sex, because the Mother and Father are the opposite sex.

Thus, when we long for the truth behind a feeling, then we can long to our Heavenly Mother and Father. Only they can tell us. No spirit personality can tell us. No canonised saint can tell us, we may as well ask our next door neighbour. That would be just as productive. Mary and Jesus can't tell us, as they are also spirit personalities.

#### I was taught that Jesus was God? And what is this about Mary?

Mary of Magdalene and Jesus of Nazareth were both born free from sin. Neither of them are God. They are both children of God, just like you and me.

History needs to be corrected. Both Jesus of Nazareth and Mary of Magdalene became at one (At-One) with our Heavenly Mother and Father during their physical lives here on Earth in the first century; Jesus in the year 26CE and Mary in the year 33CE, or there abouts. Jesus died aged 35 (born 7BC died 29CE), and Mary died aged 47 or 48 (born 2BC died 47CE).

Further, their sojourn on Earth was the completion of their process to become the full Regents of the sector of planets that is referred to as Nebadon. The region within our super-universe that is referred to as Nebadon contains 3.8 million inhabited planets. If you look into the night sky, each star / sun potentially has between none to three inhabited planets within its orbit. Within Nebadon, the soulmate pair, namely Mary and Jesus, are our Spiritual Teachers of Truth. Their domain is all 3.8 million physical planets plus their associated spirit worlds. Each physical world has seven associated spirit worlds, which is the case for Earth being one of the 37 that have rebelled.

Some 200,000 years ago, Lucifer with his soulmate and his deputy, Satan with his soulmate, brought about a rebellion on 37 of the inhabited planets within the region called Satania, one of the local universal systems of Nebadon. Earth compounded the situation through the Default of Adam and Eve about 38,000 years ago. Thus the population of Earth, being in the worst condition through the Rebellion and Default, became the location for Mary and Jesus to have their physical experience to complete their ascendancy to full Regency of the local universal system being Nebadon.

Their lives on Earth was the start of the unravelling of the Rebellion and Default. Upon Jesus becoming At-One with our Mother and Father, he was then vested with the authority and power to have the Lucifers and Satans arrested, and they now reside exiled within a prison world.

Notice that there were no records of Jesus and Mary's teachings and experiences made during their physical life. That was because they did not specifically come here for us, they came for the benefit of all peoples of all planets and spirit worlds throughout Nebadon.

As they are Paradise descending spirits, they have **Spirits of Truth**. Upon Mary and Jesus' death, they released their Spirits of Truth. As spirits, Jesus and Mary are how we will be, once we've finished our Soul Healing. They can only be in one place at any one time. However, it is their Spirits of Truth throughout Nebadon that we can connect with for guidance. It is through their Spirits of Truth that spirit personalities can progress through and out of Nebadon.

Those planets that have Rebelled need further assistance, and they need it on a localised manner. This can only be provided by another bestowal of a **Paradise Pair**, and that is in the form and manner of an **Avonal soulmate pair** who come here specifically for us.

#### What is the purpose of an Avonal pair, and are they here on Earth?

Unlike Jesus and Mary who were always free from sin and did not experience how to heal themselves, the Avonal pair are to experience all of the extremes of evilness and then proceed to heal themselves. Mary and Jesus through their bestowal on earth ended the Lucifers spiritual rebellion in Nebadon; the Avonals bestowal is primarily concerned with ending the Default of Adam and Eve by the Avonals themselves personally healing the effects of such a damaging Fall.

The soulmate Avonal pair are to be, and have been, subjected to the extremes of childhood suppression and repression, and then, through their Feeling Healing, are experiencing all the facets of emerging truth as they slowly progress through a protracted and difficult healing process. As they reach specific milestones, this also enables those in the Celestial Heavens, (the three worlds where Celestials reside) to be empowered to assist us in the physical on Earth.

The first considered milestone was the arresting and imprisonment of the Caligastia soulmate pair and the Daligastia soulmate pair. After the arrest of the Lucifers and Satans in the first century, as nothing further occurred, the Caligastias and Daligastias continued on from spirit as if they were kings and queens, suppressing all of humanity and with plans to take over the universe. It was possibly in the early 1990s that they were 'judged' and 'removed'. They were caught unaware that an Avonal bestowal pair were on Earth.

#### How is all this becoming known? Has Jesus and Mary communicated directly to Earth?

Unlike in the first century, when no records were kept (as the event related to all of Nebadon and it was actually setting the stage for the Avonal bestowal pair to arrive on Earth), every effort to retain records in great detail of this current series of events is now being attended to. Consider this. The New Testament of the Bible is some 300 pages. The records of the Second Coming, which this is, the primary records are possibly 6,000 pages, with direct complementary records increasing that to over 10,000 pages and with all the supplementary records to date, there may be as many as 40,000 pages, certainly well over 30,000 pages of material presently.

Jesus directly communicated through James Padgett from 1914 to 1923. Mary of Magdalene (Mary M) has directly communicated through James Moncrief from 2002 and is ongoing. Jesus has also communicated directly through James Moncrief. Neither have ever directly communicated through any one else, however, some Celestial Spirit personalities have provided information through other personalities on Earth with the support and approval of Jesus and Mary, thus some confusion, though the quality of the information is very reliable.

#### You say this is the Second Coming? You say I am living during the time of the Second Coming?

Yes you are. And it's more than that. This is the Second Coming, the End Times and the Handover!

In fulfilment of the prophecy in the first century, the Second Coming commenced on 31 May 1914 through the writings with James Padgett and concluded in 2014 through the writings with James Moncrief.

The End Times are well advanced. Mary and Jesus are well advanced in handing over their direct involvement with Earth to those within the Celestial Heavens. When this is completed, the Handover will also occur. **The Hand Over is to the Avonal Bestowal pair** and it is they who will guide the population on Earth through their Feeling Healing processes for the next 1,000 years, being the next spiritual age. The Handover will take place after the Avonal pair complete their personal Healing of the Rebellion and Default. Then will follow with their Spirits of Truth being officially liberated in alignment with Mary M and Jesus' Spirits of Truth upon their death.

Major events have occurred with the progression of the Avonal pair's Feeling Healing, which they are also doing whilst embracing our Heavenly Parents' Divine Love, thus they are doing their Soul Healing.

| Early 1990s:     | The arrest of the Caligastia and Daligastia soulmate pairs.                    |
|------------------|--------------------------------------------------------------------------------|
| 22 March 2017:   | Negative spirit influence was blocked.                                         |
| 31 March 2017:   | Angel assisted healing will become available upon the Avonal pair completing   |
|                  | their own Feeling Healing, being with Divine Love, thus it being Soul Healing. |
| 22 May 2017:     | Law of Compensation quickening.                                                |
| 2 December 2017: | Psychic Barriers maintaining the Rebellion and Default were cracked.           |
| 8 December 2017: | Bring on the money to 'house the future of humanity'.                          |
| 31 January 2018: | Earth and the seven associated mansion worlds (including the two earth planes) |
| -                | are officially now fully under the control of Celestial spirits. This marks a  |
|                  | tangible and real end to the Rebellion and Default.                            |

#### How does this all fit into our future way of living?

#### This time, in the history of humanity, is the most exciting time ever experienced.

#### The whole human race is suffering from repressed childhood and mind control.

Through one's Feeling Healing, and should we embrace our Heavenly Parents' Divine Love, then with their Love we are doing our Soul Healing, and eventually we can live totally in accordance with our soul based feelings and live free from error – no more fear and no more physical illnesses is possible!

#### By living true to ourself, true to our feelings, we are living true to God. It's that simple.

Our soul is always perfect. In fact, we are the complete package. All that we need to know is within our soul. This knowledge has been denied from us since the time of the Rebellion and compounded by the Default. That is what was brought upon us by the Lucifers and his cohorts. We have always been meant to live true to our soul based feelings but we were taught to embrace our error riddled mind – this was aided by our parents – unknowingly all parents have taught their children to be mind dominant. This is the Great U-Turn. We are to feel and live by our feelings and express our feelings, our mind will follow in support, not the other way around.

"Many people look for a person, spirit, angel, even God, for supreme guidance, however it's all right there already built in – in our feelings. **Feelings** guide us through our **ascension of truth**. So they are really our Supreme Guides. We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it's there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feelings is really: **Longing for the truth of our self, because: we are our feelings**. So life stirs up our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings." Kevin of the 1<sup>st</sup> Celestial Heaven 26 September 2017

(Kevin Cooper died 10 August 2012, through Feeling Healing became Celestial on 7 August 2017.)

It is through the assistance of the Spirits of Truth of the Avonal Pair, upon the completion of their Soul Healing, that we will be guided through our Feeling Healing process, and should we embrace our Mother and Father's Divine Love, then our Soul Healing.

Then should we embrace Mary and Jesus as our Spiritual Teachers of Truth, their Spirits of Truth will lead us on the path through the Celestial Heavens where we will certainly meet up with our soulmate and join our soulgroup, which will eventually consist of twelve soulmate pairs. Then as a soulgroup, the Spirits of Truth of Mary and Jesus will lead us up through and out of Nebadon towards Paradise.

It is then our Mother and Father in Paradise who draw us to them and we will eventually meet our Heavenly Parents.

Meanwhile, while we live on Earth, we will have assistance and guidance previously denied to us throughout the era of the Rebellion and Default. Under the Contract controlling and managing the Rebellion and Default, the powers and capabilities of our Celestial Heaven spirit personalities, all three worlds of them, were heavily restricted and almost of no assistance to us at all. Further, Nature Spirits and our Angels were heavily denied contact with us physical people because of the Rebellion and Default, all of which is soon to change, so we can look directly to them for help concerning healing ourselves and understanding all aspects of nature.

As we embrace our Feeling Healing, Celestial spirits will and can greatly assist us. In fact, during the year of 2017 they have blocked all mind spirits from the Natural Love Mansion Worlds: 1, 2, 4 and 6 from interfering with us. Celestials have taken control of all facets of living and life on Earth. Celestials are those spirits who have completed their Feeling Healing and progressed through Divine Love Mansion Worlds 3, 5 and 7 and now live in the higher Celestial Heavens, 1, 2 and 3 (when we become At One with our Heavenly Parents then we leave the Mansion Worlds and progress through the next three spheres related to Earth, hence the Celestial Heavens are also referred to as being numbered 8, 9 and 10).

The Nature Spirits of Earth, who live in the third earth plane, can now directly interact with those who are embracing their Feeling Healing. Nature Spirits are essentially 'angels in waiting'. They have been on Earth prior to anything that we now see living in nature. When they first started to arrive, there was no life in the seas or on land. They have consequently witnessed everything that has happened on earth, including all prior human civilisations that we continue to largely remain ignorant of. Their knowledge and assistance is of great importance to us. We are to interact with them on an ever increasing scale. They are to



become an invaluable source of information for us concerning how we are best to live with nature.

Further, we may become more aware of our **Indwelling Spirit**, which arrives for each of us during our sixth year, as we now progress with our Feeling Healing, or with Divine Love, our Soul Healing.

And all of this is possible as we embrace our Feeling Healing process, acknowledge and accept the Avonal pair, acknowledge and accept our Spiritual Teachers of Truth, namely Mary and Jesus, and more importantly, grow to love our Heavenly Parents, our true Mother and Father.

We do not need intermediaries, rituals, liturgy, dogmas, creeds, fancy clothing, or institutions. It is our soul based feelings and expressions that we may exchange directly with our Heavenly Parents. Groups may form to assist each other, and that is our choice and within our free will.

#### This is the greatest event in the history of humanity.

This is the Great U-Turn that humanity will embrace throughout the next 1,000 years. MoC 1,480



#### CHALDI COLLEGE – EDUCATION:

Nanna Beth and James 28 July 2017

James: John has been wondering about how to set up schools and schooling under a tree, in keeping with it all being opposite to what we're all used to, can you give him any suggestions or point him in the direction he should look?

Nanna Beth: These are some ideas he can consider – just suggestions John, we won't say it has to be this or that way, as you know, it's for you to work things out. So basically, what would you like John – how would you have liked school to be?



Schooling is voluntary. It should be made to be something children want to do, not something that's forced on them.

It should be fun, as in keeping the whole focus on making them feel good about all they are doing. Not artificially praising them or praising them over their peers, but just supporting and being personal with them, allowing them to respond and find their own way.

It should not be separated into classes based on age. Classes should involve all ages, for example, the younger ones can learn and watch and be helped by the older ones, but not forcing the older ones to help the younger, all voluntary and what would naturally happen, more like in a big loving family rather than segregated because of age or whatever. Perhaps the 5, or less, to 10 in one group, 11 to 16 in another.

Teachers are to be able to deal with children of all ages, and work to allow the student to progress at the students own pace. Special or extra schooling can be provided when necessary to students that want more.

The subjects should all be practically oriented. Everything offered and so accepted voluntarily. Reading, writing and basic arithmetic, all so as to help the child deal with the real world. Other subjects like psychology – morals and ethics, love and friendship, acceptance and tolerance of ALL feelings, particularly bad ones, resolving disagreements, expressing feelings and yet not necessary acting on them – particularly the bad ones, all based around how to respect and treat other people how you'd like to be treated. And how if you hurt by infringing upon another's will, then you will have to suffer that same amount of hurt, either now or in spirit. And about the Feeling Healing, what happens when you feel bad feelings, how to look to your feelings for their truth, so as to grow in understanding of yourself, nature, life, other people, and God – the whole spiritual aspect, including the Divine Love and Mother and Father, yet no religious indoctrination. The history, culture, place in the world. How to integrate with the modern world, computers, phones, internet, etc. Sport, play, arts, creative lessons and involvement. How to live and respect nature, the natural world, the environment, hygiene, natural health, sex, contraception, abortion and so on – about the person, the body, things to dispel myth and falseness, general science. Trades, technical work, hands on experience – building stuff, ways to use one's mind to do what one wants to do.

Duration of classes, half a day, longer when older for those wanting to learn more, homework voluntary and at the child's initiative – wanting to do it.

School is just part of life, not separate to life. Part of the family, tribe, society, not separate from it. Inclusion of other adults, parents, family members, as aides, helpers, teachers, together with professional teachers. Lots of people, and in particular older people (who also have the time), are natural teachers and should be encouraged even though they've not been specifically trained. One can only learn a certain amount being taught to be a teacher, yet in reality, very few trained teachers have any real natural

feeling for it. The more the 'teacher' makes their pupil feel the pupil is the important one, and the teacher is only there to help them if they need the help, and not to stuff it down their throats whether they like it or not, is where to begin. And how a child of differing ages learns, is as varied as the children themselves. So the more 'teachers' the better, and that means the child can gravitate to the 'teacher' that best suits them, rather than having to spend a whole year with someone you hate and you feel hates you.

University for higher learning, full on, voluntary, free, all information on any subject available with competent teachers. So the student can excel should they want to.

It all with the focus on the person, offering them things which they can try and see if they like. Things that will help them in the world; and how to be a person living true to themselves – true to their own feelings; and how to respect another as one respects oneself.

James: Nanna Beth, John would like any comments on the Council of Elders continuing to contact people on Earth after he's croaked it.

Nanna Beth: It's as James said, there will be an increasing number of people opening up to us Celestials for all sorts of help, once they understand who we are and how we can help. So yes John, there will always be main people on Earth we'll work with. And should it all keep needing to move along with one entity in control, such as what you're starting out with, then yes, that is how we'll engineer it. Should it break up or be broken up into many entities, then we'll be ready for and going with that. As much as we say we are in control, we mean that we are in control instead of the mind spirits. But still we are to work with humanity, in as much as humanity leads and we augment.

James: And Nanna Beth, I thought I'd ask you about the Religion of Feelings, as John is against a religion of any sort because of all what religions have done to us all, do you have any thoughts on it?

Nanna Beth: It's all up to you James, what you want. Of course you're not wanting to go and instigate yet another religion in which people have to adhere to a set of rules because you know what will happen to that, any rules allowing people and their controlling agendas to take control over others, is something to be avoided at all times. However the notion of a 'religion', and one based on feelings, with no fixed agenda, no rules, just founded on truths, will allow people to have some sort of structure to relate to should they need that, but one in which they are entirely free to do whatever they feel based on their feelings. And with the Feeling Healing and Soul Healing being at its core, then those people intent on that will be able to work on themselves and it won't matter to them whether they are part of something or not.

As you understand, some people will like the idea, others won't like the word religion and will want to do it alone, so do whatever you feel you want to do. We don't call it anything over here other than Our Healing, yet we all had embraced the Divine Love before we began our Healing, however potentially that won't be so for a lot of people on Earth, and to say that people have to embrace the Divine Love to do their Healing would cancel out a large amount of people and is putting a rule in place, which doesn't need to be there and would only get in the way.

So to call it a Religion and yet to make it as free as you are intending James, is something for you to decide for yourself, which really just gets down to using the word religion. And I know it appeals to you because it is a religion that is not a religion, yet more a true religion of truth than any of the existing religions are, so you're showing up those religions for the untruth that they are.

Anyway, it's what you want to do James, it's not for us to say one way or the other. And you will do what you want to do, you'll hear people's complaints or if they like the idea, weight it all up, and still do what you want to do.

James: So you don't force or coerce anyone to do anything they don't want to do. Because who wants to be treated that way – no one!

#### Golden Rule: that one must always honour another's will as one honours one's own.

The more desirable teaching would be of a type that encouraged openness and discovery so that the teachers and the students learned together and from each other. The freshness and openness of the students (where this is present) give them a huge asset which may well exceed that of the teacher. The more open a person is the greater the prospect of their connecting with stores of knowledge and bringing them into consciousness. Teaching that acknowledges that children have an innate capacity to do this will produce great results. The teachers will need to be very humble indeed to allow and to foster this.

The adults also have this innate ability prior to its having been stifled by their own education.

The time is coming when knowledge will be able to be communicated free of the restriction and distortion of beliefs. Perhaps you can imagine how this might be.

#### By living true to ourself, true to our feelings, we are living true to God. It's that simple.



## Massive Open Online Course

#### TELL ME, SHOW ME, INVOLVE ME:

While MOOCs have been a part of the evolution of education, universities and other tertiary providers have looked to the online environment to enhance the learning of complex material for their students.

The Chartered Accountants Program has embraced the learning concept, "Tell me and I'll forget; show me and I may remember; involve me and I'll understand".

The first element of this ancient proverb, the 'Tell' part of the learning journey, lays the foundation for student knowledge from core content, based around learning outcomes. Where the online environment can be leveraged, is in the 'show' and the 'do'.

The 'show' element utilises interactive worked examples, where students are walked through case studies, at their own pace, demonstrating how theory is practically applied.

Finally the 'do' part of the model leverages quizzes, and scenario and task based activities, to apply, practice and embed learning, in real time.

Where traditional teaching can often fall into the rote-learning paradigm, the virtual environment has the opportunity to deepen student learning by explaining complex accounting core knowledge and theory with online, interactive elements. Building flexibility in learning delivery by offering virtual classrooms, lectures and audio recordings, not only accommodates different learning preferences, but also, like MOOCs, makes education more accessible across time and distance.



#### WE EDURE FOUR LAYERS of PERSONALITY SUPPRESSION!



Unknowingly, our parents pass onto their children (us) their beliefs and way of living that has evolved since the Rebellion of some 200,000 years ago and then the Default of some 38,000 years ago. In this way, humanity is suppressing the female, rejecting our Spiritual Parents, namely Jesus and Mary, and denying our Heavenly Parents being our true Mother and Father, of their truth, standing and existence.

The Rebellion is against love, the Default is all the difficulties we have in our relationships because of our rebellion. Healing the Default is becoming true, to ourselves and in our relationships, and ending our unlovingness – our rejection of love, so ending the Rebellion. Nanna Beth 29 June 2017

We are souls, our personality is an expression of our soul. It is our free expression of our soul through our feelings that we are to embrace and follow. This expression may appear to be wilful in nature, from time to time, and consequently our parents attempt to suppress this expression. They proceed to remodel us when as young children, in the manner their parents treated them and so on for many generations going back.

During our forming years, as a child, we are unable to recognise the suppression of our personality as being extra-ordinarily harmful to our soul based personality and, accordingly, we don't know that things can be any other way. Presently, neither do our parents.

This childhood suppression way of living continues throughout our schooling years, thus we learn this is a way of life as being normal.

Our religions all have been formed based on the tenets of the Rebellion and Default. The teachers and leaders throughout all denominations take us further away from our suppressed feelings that have been hammered into us during our forming years, thus entrenching us further into rejecting our true selves.

The controlling and suppression mechanisms of our parents, educators and spiritual teachers all manifest throughout all of commerce. This control comes heavily and brutally down upon all levels of employment. The capability to express one's soul based attributes and gifts is sealed throughout all of one's working life.

A new way of living is to enable the liberation of one's true personality through the Feeling Healing process AND the transfer of authority to the individual via embracing freedom of expression. **HOMELESS and RECOVERY FACILITIES** – being a part of Feeling Healing Sanctuary:

Consider this style of possibility: Situated in the Hinterland and known as Springbrook Mountain Manor, with 10 hectares (25 acres) with its own golf course, tennis court, hedge maze, and homes that sleep 38 people, being in close proximity to the Gold Coast in the sub-tropics.

#### KIDS of the WORLD – Homeless Children and Youth:

Children who lack a stable home are vulnerable to a number of adverse outcomes. Some threats, such as poverty and hunger, may precede episodes of homelessness; others stem directly from living without a home. Homeless children are more likely than other children to have moderate to severe acute and chronic health problems, and less access to medical and dental care. Symptoms of asthma, hyperactivity / inattention, and behaviour problem are more prevalent among this group. Children without stable homes are more than twice as likely as others to repeat a school grade, be expelled or suspended, or drop out of high school. A quarter or more of homeless children have witnessed violence, and more than half have problems with anxiety and depression. Family homelessness may result in children's separation from their parents—either because children are formally placed in foster care, or because parents leave children in the care of relatives and friends.

"Unaccompanied youth" are children and youth who are homeless and on their own—that is, not living with their families. This group includes "runaway" youth, youth whose parents encouraged them to leave or locked them out of their home, and independent youth from families where irreconcilable conflicts or loss of contact have made it impossible for them to return home. Many are victims of abuse; many spent time in foster care as children. Due to the challenges in identifying them, unaccompanied youth are often excluded from estimates of the homeless population.

A number of factors contribute to homelessness among children and youth. In surveys of city officials, the most frequently cited reasons for family homelessness are a lack of affordable housing, poverty, and

domestic violence; for unaccompanied youth, the chief factors cited are mental illness, substance abuse, and lack of affordable housing.

Almost by definition, homeless children and youth are difficult to count, as their living situations frequently change.

## We think sometimes that poverty is only being hungry, naked and homeless. The poverty of being unwanted, unloved and uncared for is the greatest poverty – Mother Theresa

#### **Homelessness Affects Kids**

The early years of life are crucial for the development of children. Safe and stable living environments ensure a child's long-term well-being, the fulfilment of their potential and strong, healthy communities. Children's health and education are greatly affected by homelessness. Additionally, children who have been homeless are more likely to have been victims of crime and to have been involved in criminal activities. Many homeless children have experienced or witnessed domestic violence first hand. Many have also been victims of other crime or been involved in criminal activities themselves. Children who have been homeless are more likely than others to find themselves homeless as adults. Homelessness can, unfortunately, become a way of life.

#### Family and Domestic Violence

Most families who are homeless consist of women and children escaping domestic violence. Two thirds of children accommodated in homeless assistance services in Australia have witnessed or been victims of domestic or family violence. Children who experience or witness domestic violence may suffer severe psychological trauma, distress and depression. Children who experience or witness domestic violence are more likely to become victims or perpetrators of violence or abuse in their adult relationships later in life.



Strive to love others as I am to love myself

#### Golden Rule: that one must always honour another's will as one honours one's own.

By living true to ourself, true to our feelings, we are living true to God. It's that simple.

#### FAMILY COMMUNITY FACILITY:

At all times, the objective is to provide assistance for all families and residents in the community. Those who perpetrate a difficult situation need just as much consideration and assistance as those who are victims of the abuse.

Pascas Café is a community facility to provide dissemination of understandings and information to assist all throughout the community including nutritious food. The administration of the Pascas Café incorporates the administration and management of adjoining safe houses, one for children in need and one for women in need.



#### PASCAS WORLDCARE – TEAMS and BOTTUM UP DEMOCRACY:

Autonomy is to be vested within the individual business elements of all aspects of the Pascas agenda.

Pascas WorldCare central administration is to be viewed as a 'help centre'. Yes, it will set central guidelines and the overarching objectives, however, it is to be seen as the go to hub for support.

At all times the objective is to enable all who come into contact with Pascas to become aware of the Feeling Healing process and that the process essentially slowly but progressively, releases emotional trauma, which is the underlying cause of all of one's pains, discomforts, emotional and mental disconfigurations. In other words, we are meant to freely express our personality, our inherent feelings, and not to be restrained in the manner that we were during our child forming years.

In continuance of the objectives of self empowerment and self expression through the implementation of teams throughout every aspect of every Pascas activity, this foundation of teams is also to be the basis of the political structure for Pascas WorldCare. Essentially it is reasonable to consider (and will come to pass), that the size of the operation and the magnitude of the number of people involved within Pascas WorldCare, will be a state



within many states around the globe. Accordingly, it is a community with personal and global issues, and these will need to be expressed, discussed, debated and resolved with policy decisions akin to any national political system.

We are to liberate our personality. All structures and modes of living need to progressively evolve to enable each and everyone of us to be our true self, to express our unique personality, and that is through fully embracing our feelings and at all times living true to our self – our soul based uniqueness.

'We NEVER lose our personality, it is ours, and it's our precious gift from our Mother and Father. We are always who They have made us be. Personality is sacrosanct. It's the most valuable thing in Creation, it is what all Creation rides on, it's what all Creation exists for: the expression of personality.

'All our Healing (through Feeling Healing) does is liberate our true personality, so it doesn't actually change us, and make us be a different person, it just liberates all the parts of us that were stopped from freely expressing themselves.

'All that is wrong or bad or imperfect within you, will turn into being perfect, right and good. You get rid of all the bad stuff by liberating all the hidden good, and as that comes to light, so the bad fades and then leaves altogether because you no longer need to be that false untrue you, the one your parents have made you be. But YOU, the basic intrinsic you, never changes, and all you don't love about yourself will go as you gradually love yourself more, all as you keep bringing out your repressed feelings.' <sup>'</sup>People in power, governments and corporations, don't understand the responsibility they have to those who they govern and should only have a positive (relative to the negative state you're in) effect on. They believe because they are only a cog in the machine that they are immune, but they are not. They will suffer greatly, the hells are full of such powerful corporate men and women and high government officials, more so than your run-of-the-mill criminal. To be born in the upper privileged elite strata of society carries with it unknown perils, and so if you use your breeding, wealth and power to have power over those lesser than you, then you will have to endure all the pain and hurt you've inflicted on them. It's a huge lesson to some, a massive humbling experience, and it can take a very long time to work through. So if you do find yourself in such a position of power, then it would be wise to work for the good of others, trying to do your best to ensure that you are not hurting or negatively affecting anyone, which can be very difficult. You at least need to have your heart in the right place, and even if it's not, to at least want it to be.'

'Look at how far most people are away from their true feelings, being able to do all sorts of bad things to other people and nature, half the time not having any bad feelings about their unloving actions. Look at parents damaging their children yet saying they are being loving. And in business it happens all the time, it's just business, you either win or lose, no hard feelings, in government saying they will help and support people when all they do is make it harder for them, any situation in which someone is exerting control over another, even in just general conversation, people's feelings are trampled all over by most people with either side being none the wiser. And all of that is causing pain, and all that pain has to be compensated for. And how you compensate for it is by feeling the same amount of pain; you can't actually make amends, the damage



is done, but you can fully feel the horror of the horror you've inflicted. And you'll soon learn from those mistakes, pain is a good teacher.' Nanna Beth 25 May 2017

#### Golden Rule: that one must always honour another's will as one honours one's own.

Those governments and agencies that suppress the population and restrict their freedom of expression will progressively be replaced with systems of governance that bring about autonomy and self expression on an ever increasing more localised and personal manner. This is a time of great change and this evolution in humanity will be traumatic in the disruption and disturbances that will precede these recognitions of necessity and then implementation.



'Many are being played at their own game you might say, and this strategy is all soon to come to a head, which will result in a lot of very nasty things coming to light as to who and what really are in control of the world, what their motivation is, and at the same time throwing light on all their corrupt controlling systems. Some of which will come as no surprise to the more well informed Conspiracy theorists, but other stuff will completely shock humanity to its core. And once such exposure is revealed, then a lot of people will see what's really been going on and how they've been taken in by it – and this is very high people – and they will not want to have anything to do with such control. So the dominoes will start to Helen 6 July 2017



#### **OUR SOUL is WHO WE ARE:**

We are the personality of our soul. We never lose our personality.



We are a reflection of our parents' personalities. We wilfully embrace our parents' character traits and way of living and beliefs.

Our heritage is an outcome only of who we incarnate / individualise via.



All humans are descendant from Aman and Amon (Andon and Fonta), who lived about one million years ago. Not Adam and Eve who arrived about thirty eight thousand years ago. We all have the same colour skin pigmentation, just different amounts of it. It is our soul based personality that is who we are! Our nationality and racial background is imposed upon us at birth.

To liberate one's real self, one's will, being one's soul, is begun by embracing Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

#### **The CHOICE is OURS to MAKE:**

Celestial Truth: Truly all-loving; Living true to oneself; Mind supporting Feelings; Living with the Divine Love; Fully Healed of the Rebellion and Default.



**THE FEELING WAY** Feeling – Ascendance Unlimited progression

- Living true to your untruth;
- Honouring all your bad feelings;
- Expressing feelings to uncover their truth;
- Healing the Rebellion and Default within yourself;
- Feeling unloved; being unloving;
- Feeling as bad as you can feel;
- Feeling like you are no one special;
- Longing for the Divine Love.

**THE MIND WAY** Mind – Transcendence Limited progression

- Enlightenment, Nirvana, feeling allloving;
- All false, mind-contrived. Anti-truth, anti-love;
- Still evolving the Rebellion and Default within yourself;
- Feeling and believing you are the Superior One;
- Living with your mind in control of your feelings;
- Living rejecting all your bad feelings;
- Living with your mind contriving you feel loved;
- **Rejecting the Divine Love.**

All religions, New Age, agnostic, atheists, no spiritual interest, Living the Rebellion and Default.

Hell: Exploiting the Rebellion and Default.

The Feelings are the doer; the Mind the teller. So we are to go with our feelings, which we can't be told to do with our mind. So the longing for the Divine Love, doing our Healing by expressing our feelings and longing for their truth, are all feelings and doing it with longing. Whereas the mind just wants to tell us what to do and how to be, no feelings in it, all how our parents have treated us.



# **FEEL**for**TRUTH**

The beauty of it all, is the truth comes to you through your own feelings. You don't need to be told it by anyone. You can work it all out for yourself. We are self-revealing of truth, it's how God created us to be, and by being it we'll feel the happiest we can feel. Truth is our great comforter, so when you feel it come up within you, ah it feels so good and you feel just right – perfect!

We know only how to deny feelings, now we can get to know how to accept them. And always with the truth being the most important part.

If you don't want to uncover the truth of your feelings, then you can keep on expressing them forever but you will never fully heal yourself. Seeing the truth results in the Healing. And to see the truth you need to express all the pain out of you. The two things go hand in hand.

You can accept and express your bad feelings, letting off steam all day long, yet nothing will heal and nothing much will come of it. So this is where wanting your feelings to show you the truth of why you're feeling as you are is so important.

Don't go fishing with your mind, that will shut the truth out from rising up for you. KEEP YOUR MIND OUT OF IT. It's a feeling thing, doing your Feeling-Healing. (This is where we erred previously, and this how other modalities are in error.)

You long when you can, then stop longing and keep expressing. And at some point, and it might not even happen immediately, it might happen after days or weeks of expressing the same bad feelings, truth will come to you. And it does, it just comes up suddenly into your consciousness. You just know. You see the picture and you feel it's true. And you know it's true. And THEN your mind can come in and start sorting it out and putting in context.

It's the Truth that we are seeking. It's the End Point. The Reason for doing your Healing. You are to see the whole Truth of yourself. And to begin with, that's the whole truth of your unloving self, of your wrongness, of your evilness, of why you are as you are in your negative unloving mind-controlling state. To be able to fully accept yourself as you are, warts and all. To not fight or resist or try and change yourself, just to accept all you feel and all the truth of all those bad feelings you feel about yourself. And when you do, so you will be healed. You CAN'T heal yourself unless you uncover the truth of your pain, suffering and so the truth of all your bad feelings.

Through our Feeling-Healing we long for the truth of what we're feeling whenever we can. So as often as you can. You want, and REALLY WANT WITH ALL YOUR BEING, ALL YOUR WILL, to know why you are feeling bad. You yearn, want, long and beg and beg and BEG God to show you the truth of yourself through your feelings. So when you are expressing your bad feelings you can stop and long for the truth to show you what's going on, why do you feel so bad, and you can do it any time you think of it or feel to do it. Notes from 'Feeling Healing' by James Moncrief





#### **Our FEELINGS are our SUPREME GUIDES:**



Feelings are what guide us through our ascension of truth. So they are really our Supreme Guides. Many people look for a person, spirit, angel, even God, for supreme guidance, however it's all right there already built in – in our feelings. We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it's there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings is really: Longing for the truth of our self, because: we are our feelings. So life stirs up our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings. Kevin 26 Sep 2017

## Using our feelings to uncover the whole truth of our negative or anti truth and anti love state.

Kevin: So whilst we're of an untrue state, then all we have got to help us understand why we feel bad, why we are wrong, why we are negative and anti love and truth, is our feelings. So if we focus on our bad feelings, they will lead us to the truth of why we're feeling bad. Which will be the truth of what happened to us to make us be this wrong way, and how we took on the wrong way and keep it going making us feel bad.

## FEELING HEALING

**Note:** The vital difference between emotion and feeling is that emotions have their roots in the past, and feelings relate to the present moment. Emotions represent our feelings which were not previously expressed, and these accumulate with time.

Note: Our feelings are soul-based. Our soul is always in truth. It is our soul based feelings, that when allowed to be freely recognised, we will begin to express and be who we are. This takes time and perseverance as we have encrusted our souls with layers upon layers of errors and false beliefs, it is these layers that will confuse the



truth that our soul is conveying to us. Only by our progression with our Feeling Healing will our soul's expression of truth become clear and free of all cloudiness and contamination.

"What our soul needs in accordance with our own, individual, **Soul-Light-Plan-Of-Destiny** (your life's true destiny plan), They, being our Mother and Father, will give you as required. The only way we can know truly what we need is to honour and follow our true feelings. They, springing from our soul, literally telling us what we need, and so when we genuinely feel we need something, we apply our will to get it. The hard part is knowing if our feelings are true, and until we have done our whole soulhealing, they won't be clear and total true." James – Introduction Course to Divine Love Spirituality



**To PARADISE, the HOME of OUR HEAVENLY PARENTS** 

## **The Way Home**

Maybe something like 6 billion people have recognised that our Mother and Father's Divine Love, together with embracing one's Feeling Healing, that with these two aspects, have progressed through the Mansion Worlds to the Celestial Heavens and onwards.

**Council of Elders** now around 20 **Soulgroups** 

3 Celestial Heaven

3

Healing World

2 Celestial Heaven

Mansion World 7: is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving, understanding how your relationships are unloving, how you don't connect properly, how unloving you really are and why and fully accepting the truth of it, coming completely to grips with your parents not loving you as you needed to be loved - sorting it all out, including your self and feeling expression difficulties.

Mansion World 5: is then about going right into the depths of them, feeling how unloved you feel and seeing how unloving you are and how that makes you feel, bringing out the majority of your pain, your misery, fear, anger, guilt, hatred, boredom, terror, rejection, nothingness, feeling

powerless, alone and abandoned, and so on. Mansion World 3: is for waking up to the truth that you're not loving and starting to get in touch with your pain, starting to accept your bad feelings, starting to work with them instead of rejecting them.

5 **Divine Love Divine Love** 



**Divine Love** Healing World

1

Celestial

Heaven

Healing World

**Natural Love** 



I'D TURN BACK IF I WERE YOU!

#### I'D TURN BACK IF I WERE YOU!

The Natural love mansion spirit worlds as to how they have been for all these hundreds of thousands of years and as they are set up currently, are to help spirits advance to the fullest of their self-denial that they can. That is, so as to become as evil as they can. And all under the guise of being 'loving'.

## I'D TURN BACK If I were you!

It's why they are called the mind worlds, namely mansion world / spheres 1, 2, 4 and 6. That is because the spirits are using their minds to complete their rebellion – denial of self and feelings, and rejection of our Heavenly Parents as well their Creator Son and Daughter. So yes, the top of mansion world sphere 6, spirits are the most evil, the most in rebellion, the most in default, the most wrong and unloving and untrue, even though, they appear, because they've trained their mind to do so, to be the most loving, but it's all false and contrived – such as the Eastern gurus. Total mind over feelings, blocking all the bad ones and using your mind to only make you feel good.

Typical of those on their way up in the mind worlds are not open to anything, they do not want to know about feeling bad and going with their bad feelings looking for their truth, because that scares them, that's not nice, that doesn't make one feel good, it threatens their control, they reject that preferring to stay in their nice safe space. Which is how it is for these Natural love mind spirits using their minds to control their feelings.

We've all got to take responsibility for our evilness even though we were made to be that way and rebel by default, but there is no getting away from it, and it has to be compensated right to the last farthing, which is what being in the hell planes is all about, and which keeps being applied right the way through the mansion worlds. In the mind worlds you can continue to use that inner pressure requiring compensation for your bad deeds, to further contrive love and pretend you are all holy and loving and not hurting anyone anymore, which on the surface of it you are not, but underneath still are, all the way up through to the sixth world; or, you can allow it to keep working on you right the way up through the Divine Love mansion worlds doing your Healing.

And apparently what's going to happen is the Natural love mind mansion worlds are going to be divided, so within them, there will be spirits doing their Feeling Healing – without the Divine Love, and still limited to the sixth mansion world, but looking to be true and end their rebellion. And then there will be those still carrying on denying themselves as they have always done. So you will have spirits in the Feeling Healing Natural love sectors that will truly perfect their Natural love; and those spirits still in the mind sectors perfecting their wrongness. The opposites or extremes living side by side. And then you'll still have the Divine Love Healing mansion worlds, being spheres 3, 5, and 7, doing their Soul Healing.

And as for a summation: "Divine Love Mansion World / Sphere 3 is the wakening up to the truth that one is not loving, also their being a lot of assistance. Sphere 5 is then about going right into the depths of feeling how unloved you feel and seeing how unloving you are and how that makes you feel, also this a time when one can then progress and manage their own progress through their Feeling Healing. Sphere 7 is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving, this is a time of great realisation and comprehension with much of the prior experiences starting to be drawn together."

Mansion World 3: is for waking up to the truth that you're not loving and starting to get in touch with your pain, starting to accept your bad feelings, starting to work with them instead of rejecting them.

Mansion World 5: is then about going right into the depths of them, feeling how unloved you feel and seeing how unloving you are and how that makes you feel, bringing out the majority of your pain, your misery, fear, anger, guilt, hatred, boredom, terror, rejection, nothingness, feeling powerless, alone and abandoned, and so on.

Mansion World 7: is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving, understanding how your relationships are unloving, how you don't connect properly, how unloving you really are and why and fully accepting the truth of it, coming completely to grips with your parents not loving you as you needed to be loved – sorting it all out, including your self and feeling expression difficulties.

It is agreed that the lower worlds are about waking up to what's involved, however from then on it depends on how it's all structured for the individual in their negative state as to how much ongoing assistance they might need. Some need help all the way along, whereas others have been able to work with their feelings, themselves, right from the beginning.

And yes, each of the Divine Love healing mansion worlds, 3, 5 and 7, are equally painful to work through, just focusing on different aspects of yourself and your Feeling Healing with Divine Love. And then in the higher planes of the  $7^{\text{th}}$  world comes the transition, where one's pain starts to end, and you start feeling so much better about yourself, you are fully accepting of your negative unloving state, you are fully unloving although even starting to become more loving – truly loving, of yourself, God, and then other people.

Then onto the Celestial Heavens by progressing into Sphere 8 and then onwards further, all the way home to Paradise.

Maybe something like 6 billion people have recognised that our Mother and Father's Divine Love, together with embracing one's Feeling Healing, that with these two aspects, have progressed through the Mansion Worlds to the Celestial Heavens and onwards.

More than 200 billion personalities have embraced their mind and self reliance through the misguidance of 'New Age' styled ideologies and the many thousands of different religious platforms, all of which take the person further and further away from our Heavenly Parents.

The 1<sup>st</sup> and 2<sup>nd</sup> Spirit Mind Mansion Worlds / spheres are jammed to the rafters.

For a million years, humanity has gone in the wrong direction with its self-denial of self and feeling!

Nanna Beth

Sunday, 18 June 2017

Firstly, consider discovering the truth of your emotional pain through Feeling Healing. Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing. Primary and most important readings are the writings of James Moncrief. Then consider the Padgett Messages, and then The Urantia Book.



These two 'headlines' came about from Mother's comments through James.

We are to recognise the degree of the impact that the Default has had on the way humanity lives. That is, it is suggested that the way we remodel our children to become clones of ourselves, the way we suppress their true selves, and cause them to capitulate to be our 'little me's' is a result of the way life emerged directly from the Default some 38,000 years ago.

Whereas the Rebellion, of 200,000 years ago, was the rejection of the Mother and Father as well as our Spiritual parents, Mary and Jesus.

Thus two distinctly catastrophic events.

We need these two events put into perspective, if you please. We need to bring these two separate events into a clear comprehensive way of understanding so that the relevance is clearly understood.

This enables the two revelations to stand out, and as to why one had to follow the other distinctly.

Nanna Beth: The Rebellion, John, is against the Mother and Father, against Their Love, and Their Truth. It is the rejection of Them, saying: there is no God. It's denying the Personalities that God is. It's rejecting and denying personality interaction, which is all about love. So it's unloving. And to hide that, to pretend otherwise, means the mind has to be used to corrupt one's feelings. To claim: 'I am God, I am love, I am Truth', means I am the only one and all the rest should fuck off and leave me alone so I can get on with my greatness. It's being totally mind-consumed with yourself, with such arrogance, that really you only see yourself in your narcissism, and nothing else and no one else exists.

The sadness of the Lucifer's relationship (Lucifer and his soulmate) is they didn't love each other truly, only by using their minds to pretend they did. Really they hated each other, being so unloving, and had they been true to that, they would have moved to the absolute opposite ends of Creation, there to be in their own greatness telling themselves all day long how wonderful they were – being self-loving the wrong way through their minds. Which is all really: self-hating.

And so we have relationships in which we hate ourselves because we are untrue and unloving, then we come together contriving love for one another, then believe we love God as well and want to do His Will. It's all false, all wrong, all evil, all unloving. That's what we've got to see. That we are rejecting ourselves, and so each other, and God, in every part of ourselves, in every interaction. Really we should be hitting each other continuously on the head, and hitting ourselves too.

The Rebellion is the rejection of true love. Of Natural love and Divine Love.

The Default simply compounds the issue by focusing it all on the relationships. As in, how we live our rebellion is through the Default. Pre-default, humanity was openly rebellious, it was evolving yet lacked personal focus; then with the Default, humanity was able to take it into all that it's become. So we're all living out the truth of Eve and Adam's rebellion, which equals their default.

To heal the Default in us means we have to see the truth of all our unlovingness in our relationships with ourselves, each other, with nature mostly through our relationship with our pets, how we treat animals for food, and the desecration of the environment, and with our Mother and Father. There are lots to it.

And as we see this, it takes us into dealing with our rebellion. We chose to not be loving when we uncover through our feelings the truth of how unloving we are. We chose to live true to our Natural love and the Divine Love, so true to ourselves and our Mother and Father. And these are not mental decisions, they are feeling ones, you want to go that way because you feel it's right and good for you, which it is. You feel you don't want to be unloving because it's not right and bad for you, it feels bad.

So in the expression and depths of our feelings, and particularly our bad ones, we can feel how being unloving makes us feel, and we slowly want to be the other way. Which can be difficult because we don't know how that other way is, never having been wholly or truly loving; but you long for it, you want it, knowing it's a possibility and reality that can somehow be achieved. So this is really 'willing' it, willing ourselves to be loving, and ending our willing ourselves to be unloving; and our soul and God complies with our will and so gradually changes us from being unloving into being loving.

I think to help you summarise it, you could simply say: The Rebellion is against love, the Default is all the difficulties we have in our relationships because of our rebellion. Healing the Default is becoming true, to ourselves and in our relationships, and ending our unlovingness – our rejection of love, so ending the Rebellion.

I hope this helps John, it might be a bit much, however I put myself back in it as I was, so James could relate more to it as it was important for him to make the will-connection in it as he did.

There is a lot to be talked about and truth seen concerning both the Rebellion and Default, with every person and spirit making their contribution to it as they uncover such truth within themselves. So it's for you to take what you will putting it in your own words. So if you still don't understand some aspect, please ask.

James: I want to add here, something Marion was talking about last night. It's true technically that we are evil and bad and hate, that all having been put on us by default – we didn't ask for it. So in that light, it's not right to keep hating and blaming ourselves for being bad when we couldn't / can't help it. All we can do is accept how we are, whilst seeing the truth of it through our feelings. If we don't like all we see, we express those feelings, even though they make us feel bad, but we don't have to endlessly punish ourselves for being as we are because of what other people did to us.

### http://www.pascashealth.com/index.php/library.html Library Downloads – Pascas Papers

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address. info@pascashealth.com

#### **Feeling Healing – Healing yourself through your feelings.**

- ✓ Your feelings are the real and true you.
- ✓ If you are denying any feelings you are denying yourself.
- ✓ If you are denying yourself you can't ever be truly happy.
- ✓ To heal all your pain and suffering, you can look to your feelings for why you are feeling bad.
- ✓ If you want to know the truth of yourself, then it's your feelings you will need to look to.
- ✓ Your feelings hold the hidden keys to unlocking the truth of who you really are.
- ✓ Uncover the truth of yourself through your feelings and you will know why you feel all you do.
- ✓ Everything in life, why all that happens to you does, and everything about yourself, can be explained to you through your feelings.
- ✓ Why your relationships might not be as good as you would like, why some might fail, you will understand through your feelings.
- ✓ How to live a good, true, happy and loving life will come to you as you start paying attention to all your feelings.
- ✓ However you will also have to pay attention to all your bad feelings, and this can be very harrowing.
- ✓ By honouring accepting and then expressing all the bad feelings you feel, you will slowly bring to light all the reasons why you don't feel good.
- ✓ And as you liberate yourself from these hidden repressed bad feelings, so you will start to feel better and better about yourself.
- ✓ It's a process, and it can take time, years possibly, but all that's hard will eventually pass becoming good.
- ✓ Expressing all your feelings, and particularly your bad ones, whilst longing and really wanting to know the truth of why you're feeling them, is doing your Feeling Healing.
- ✓ You can Heal yourself through your feelings. And in fact, it's the only way to really heal yourself.
- ✓ And if you wish to do your Healing with God, you can also long for God's Divine Love.

Feeling Healing – Using your feelings to heal yourself.

# NEW BIOSPHERE AGRICULTURÉ

#### NUTRITION

- 1. New Biosphere Agriculture Corporate Shared Values
- 2. New Biosphere Agriculture Technology and Product Information
- 3. New Biosphere Agriculture power point presentation
- 4. New Biosphere Agriculture Beekeeping & Honey
- 5. New Biosphere Agriculture Beekeeping Honey Bee Notes
- 6. New Biosphere Agriculture Biodiesel & Hydrogen
- 7. New Biosphere Agriculture Effective Micro Organisms
- 8. New Biosphere Agriculture Etheric Farming
- 9. New Biosphere Agriculture Everything is Interconnected
- 10. New Biosphere Agriculture Feeling Healing Sanctuary
- 11. New Biosphere Agriculture Fibonacci Planting
- 12. New Biosphere Agriculture Fish Protech
- 13. New Biosphere Agriculture Free Range Chickens
- 14. New Biosphere Agriculture Global Aquatics
- 15. New Biosphere Agriculture Guayule
- 16. New Biosphere Agriculture Hydroponics
- 17. New Biosphere Agriculture Kin Domain
- 18. New Biosphere Agriculture Kin Domain Permaculture
- 19. New Biosphere Agriculture Kin Domain Soil Vitality
- 20. New Biosphere Agriculture Kin Domain Water Management
- 21. New Biosphere Agriculture Moringa
- 22. New Biosphere Agriculture Mubeen
- 23. New Biosphere Agriculture Mushrooms
- 24. New Biosphere Agriculture Ocean Grown
- 25. New Biosphere Agriculture Open All
- 26. New Biosphere Agriculture Potatoes & Pumpkins with Ormus
- 27. New Biosphere Agriculture Pyramid Power
- 28. New Biosphere Agriculture Raised Garden Beds
- 29. New Biosphere Agriculture Seed Bank
- 30. New Biosphere Agriculture Simple Shed
- 31. New Biosphere Agriculture Sonic Bloom
- 32. New Biosphere Agriculture Spices
- 33. New Biosphere Agriculture Your Relationship with Crops

#### Other

- 34. A & B Hydroponics
- 35. Biologics (WW) Nutrition
- 36. Biologics (WW) Technology
- 37. Biologics (WW) Monoatomic White Gold
- 38. Ecofibre Industries Hemp
- 39. Pascas Care Fulvic
- 40. Pascas WorldCare Teams Bottom Up Democracy FH & DL
- 41. Water Technopath Drinking Water Supply
- 42. Water Technopath Alkaline Water Supply
- 43. Water Technopath Grander & Kangen Water
- 44. Water Technopath Messages from Water (powerpoint)
- 45. Pascas Care Embracing Nature Spirits



FH & DL FH & DL

FH & DL

FH & DL





perceived truth MoC 880 - relative truth potential MoC 1,480