

# PASCAS FOUNDATION (AUST) Ltd



PASCAS FOUNDATION (AUST) Ltd ABN 23 133 271 593  
11 Crenshaw Court www.pascashealth.com  
Parkwood 4214 Queensland Australia

Bs +61 7 5594 0479  
www.pascasworldcare.com  
Em: info@financefacilities.com

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## BACK TO BASICS

Back to the basics is what we are being prompted to embrace. We are being encouraged to look to our feelings and express what our feelings are prompting us to consider. We are to follow the guidance that our feelings are providing us – not to continue to doggedly worship and work our minds.

Earth's humanity is presently debating endlessly what is called 'global warming'. Arguments are about how humanity can mitigate this climate change event. Some have observed, including a few scientists, that the Earth is warming from **within**. The global increases in temperatures have generally and predominantly come about by the increases of rotation of the iron-nickel core at the centre of the planet. This increased rotation has increased the movement of molten lava close to Earth's surface in an uneven fashion, something similar to the beaters in a kitchen mixing bowl, thus some areas have increased in temperature more than others and some have even cooled a little. Because humanity cannot inspect the core of the planet, then this reality is not being accepted.

Now enters the corona-virus – COVID-19 – and scientists are now developing 'vaccines', some 125 in progress at last count! A virus exists within the etheric field of the physical body. Science does not even recognise that an etheric body exists. The virus is light matter – unrecognisable by any scientific technology. As light matter, it can be transmitted over great distances. No amount of isolation or personal protective clothing, masks, etc., can protect you. A virus requires a host cell to survive and that is what scientists are 'researching'. However, you as a carrier can then mutate the virus and transmit the mutated virus to another person also at great distances from yourself. The mutated virus will still have a COVID-19 signature but the potential vaccines will not be designed for such mutations.

## Unbridled *Personal* LIBERTY

For thousands of years humanity has been seduced into living through their minds under the false belief that through the unbridled personal liberty of mind dominance living we can conquer all adversities and become supreme victors of our environment. We have now entered into an age where we will be endlessly confronted with hurdles of such unrelenting enormity and diversity that eventually we may progressively recognise that our minds are meant to be subservient to our feelings and that our minds are meant to assist in implementing what our feelings are leading us to embrace. We are truth seekers; seeking truth through our feelings. Our minds cannot discern truth from falsehood, and our minds are addicted to control and untruth. All our truth is soul based and it is our feelings that are always in truth – coming from our soul.

We have been continually prompted to look to our feelings, here is an overview:

**“Hardship isn’t new, it’s just forgotten”**

**by an Australian poet unknown!**

I reached him on his land line  
His mobile only works when he’s in town  
It had been a while since we last spoke  
But it was good to know he was still around

He said “This virus is turning nasty  
From what I can hear on the wireless news  
The whole country is in lock down  
Jobs and business we are sure to lose

So, I told him of the heart ache  
Businesses closed and jobs to be lost  
The economic down turn  
The unbelievable financial cost

The phone fell eerily quiet  
For a moment I thought the line had dropped  
But he took a deep breath and spoke quietly  
This was the truth I copped

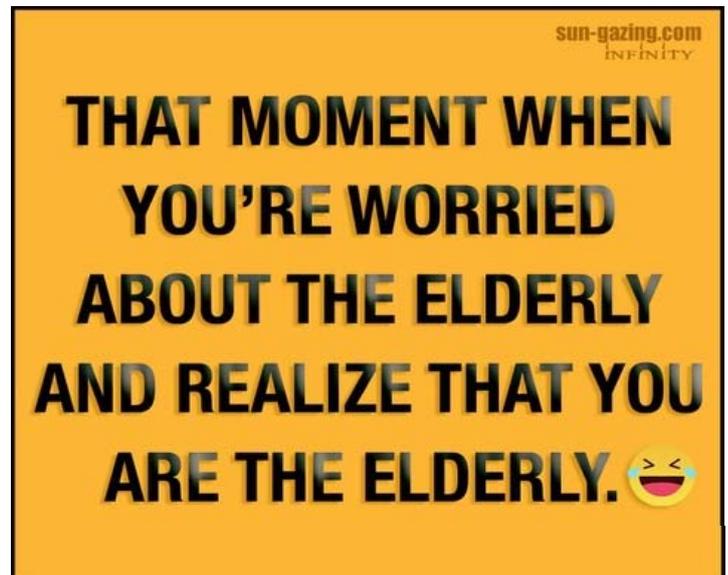
It’s an interesting situation  
I’ve just survived 6 years of drought  
Now I’ve finally picked up a bit of rain  
We are back in for another rout

I should have stocked up on toilet paper  
But at least they are buying meat  
But my local street is like a ghost town  
Can’t even buy a beer to beat the heat.

But don’t worry too much young fella  
We’ve been through worse than this  
While the country is in lock down  
At least you aren’t faced with a bullets hiss

I was just a boy in 39  
When old dad was shipped off to war  
If you think this lock downs a burden  
It’s nothing on the burden we bore

Mum kept the place going by herself  
With four young kids to feed  
There was no government handouts then  
To help those in strife and need



But we survived the food rations  
 Loss of men and heart and soul  
 We just battled on the best we could  
 Survival was the only goal

And when word came in that dad had died  
 Poor mum fell in a heap  
 But we just had to keep on moving forward  
 Someone had to keep shearing the sheep

I was 10 years old in 45  
 When the war was called to an end  
 But it didn't end the misery  
 We still had to battle and defend

Then in 64 my number was called  
 Vietnam was named my battlefield  
 Old mum kept the ringers working  
 No handouts to maintain the yield

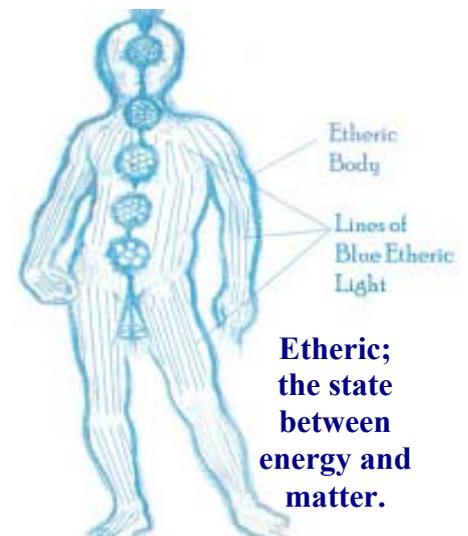
I did my tour and came back home in 72  
 We'd moved from sheep to cattle  
 Then the beef slump hit in 74  
 We were in for another battle

So, we bought a mob of merino ewes  
 I took a job driving long haul trucks  
 Old mum kept the blighters honest  
 While at night she shot roos and skinned the bucks

Then in 91 the wool price crashed  
 We were struggling once again  
 I buried mum in 92  
 I guess her heart couldn't last the strain

So, we sold the sheep, agisted the block  
 I headed out on the road once more  
 We survived near a decade of drought  
 Only ended by a big flood to endure

Then in 2009 the big GFC  
 drained the bank account again full tilt  
 Then the floods of 2013  
 just filled the dams with silt



Then for the next 6 years it forgot to rain  
 But I'm too old to go back driving haul  
 So we just battened down the hatches  
 To last another brawl

But bugger me dead after 10 inches of rain  
 My paddocks are now full of clover  
 But the whole country is now in lock down  
 To repeat the misery all over!

I just sat back in my padded chair  
 In my air conditioned and quiet office den  
 And just let the wise words sink in a bit  
 Before he started again

"Lad, if you think life's meant to be easy  
 Or you are the only one that's faced adverse  
 Life's no dream walk in a shady field  
 It's just a long hard fought bloody curse

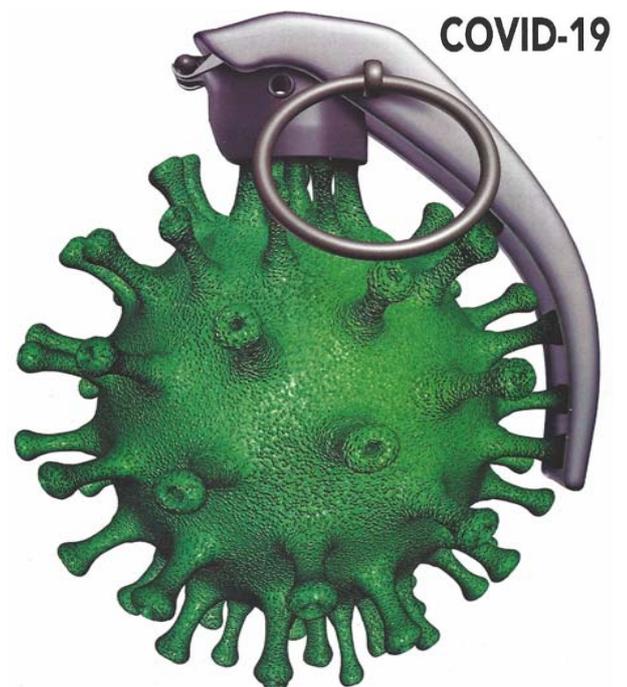
But just be grateful in this downturn  
 That you aren't being shipped off to war  
 Just be grateful for your family  
 And the things that are important, true and pure

Just batten down the hatches  
 The storm is sure to pass  
 And when the clouds have finally cleared  
 Dust yourself off and get back off your arse

Because down turns aren't the ending  
 They are just a pause in time and wealth  
 It's the ones that bite the steel and endure  
 That will come through full of health

There is no such thing as a knock back  
 Just another challenge to overcome  
 And if it all gets too hard or overbearing  
 Just douse the infection with rum

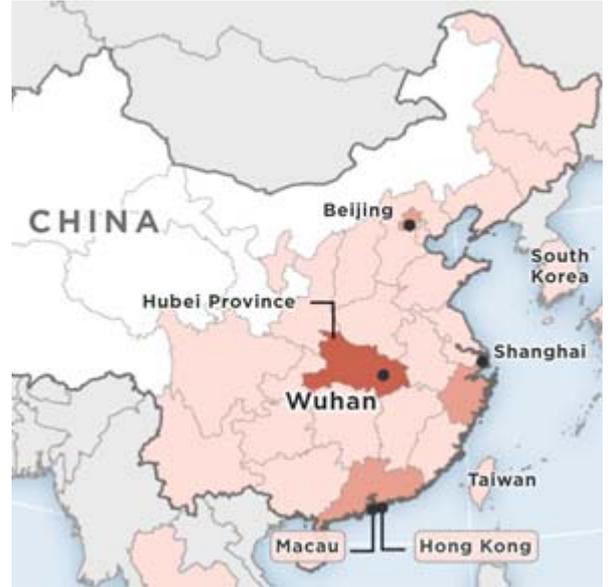
And if you think it's tough going now  
 Remember those that came before  
 You think you are in a battle know  
 Just thank Christ you're not in a war



Author Unknown

March 2020

**COVID-19**, a corona virus, first emerged in Wuhan, China, in 2019. Some medical experts suggest a patient ill enough for intensive care and put on a ventilator to breath has only a 50-50 chance. Imagine a dry sponge and one dripping with water. The dry sponge represents normal lungs; the sodden one the lungs of a seriously ill coronavirus patient. They're dying a suffocating death, trying to move air in and out of lungs that are no longer functioning. It's a vision of hell. Low oxygen levels and very high carbon dioxide levels in the blood indicates that this is not like the usual pneumonia.



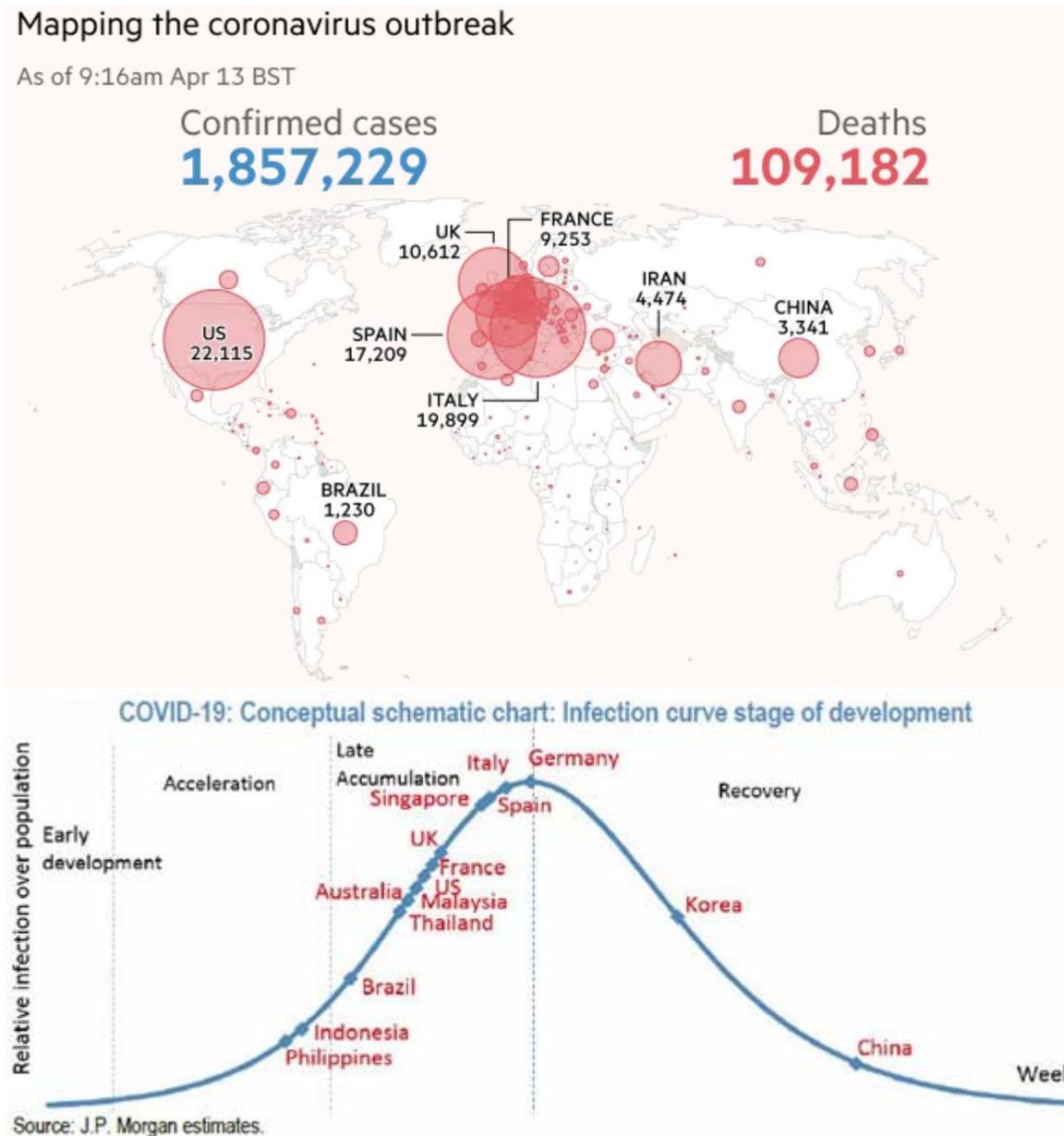
Blood is essentially coming into the lung full of carbon dioxide and without much oxygen and it is transiting the lung to the arterial side in exactly the same state that it came in. So a lot of this problem seems to be vascular and indeed when doctors measure clotting in the blood, it is off-the-scale abnormal.



**WUHAN  
CHINA**



**Spanish Flu – 1918 Pandemic (H1N1 virus):** The 1918 influenza pandemic was the most severe pandemic in recent history. It was caused by an H1N1 virus with genes of avian origin. Although there is not universal consensus regarding where the virus originated, it spread worldwide during 1918-1919. In the United States, it was first identified in military personnel in spring 1918. It is estimated that about 500 million people or one-third of the world's population became infected with this virus. The number of **deaths** was estimated to be at least **50 million** worldwide with about 675,000 occurring in the United States. The Spanish Flu impacted the young and healthy whereas Covid-19 is impacting the elderly.



As against the 1918 Spanish virus, Covid-19 of 2019 has had massive worldwide governmental financial and health facilities injected into mitigating its impact. One hundred years of health science development and facilities has been universally aligned to address the Covid-19 coronavirus spread. The current results are impressive when compared to the Spanish Flu containment.

However, all health sciences and practices continue to suppress the symptoms and not address the causes. The health industry is unable to identify the causes and are unable to assist the community that it serves with any guidelines and practices that a person may engage in to self-heal.

## Back to the Basics:

This is nature, everything within our environment, is focused to bring to attention to everyone that we are all to embrace the Great U-Turn. We are all to live Feelings First and have our minds follow to bring about our personal healing of our Rebellion and Default.

## Healing the Planetary Default

The Evil Spirits that inflicted Rebellion upon all of us ensured that we use our mind to maintain dominance over our feelings. And as we are to spiritually grow in truth from our feelings, to deny our feelings means we deny our spiritual growth of truth.

The Default, we've also all been subjected to, has caused untold problems in our ability to have relationships. We have relationships through our minds and not through our feelings, thereby causing ourselves much confusion; whereas had we been un-interfered with by the high rebelling Spirits, we'd use our feelings to establish the truth we'd live in our relationships, thereby making them more harmonious and loving.

Our Spiritual Healing focuses heavily on healing the negative self-denying and self-defeating effects of the Default we're all suffering from. Through our ongoing feeling acceptance we circumvent and eventually cease our mind control over our feelings, allowing ourselves to sort out all the problems in our relationships, including coming to see the truth of our self-expression problems that cause such problems.



As we heal the Default within us, so too do we end the Rebellion. By the time we've finished our Spiritual Healing and are living a Celestial level of Truth, we're finally free of the Rebellion and Default. This being the only way we can truly Set Ourselves Free.

All our problems, pain and suffering stem from the underlying impact of the Rebellion and Default which has been passed on to you through the generations. The only way of ending it within you is to find the truth of it all, which comes through your feelings as you do your Spiritual Healing.

## Conclusion

As we complete our spiritual healing, illness is no longer part of our lives. We are to heal ourselves of our childhood suppression and repression. All aspects of fear in our lives dissolve through completion of our Spiritual Healing. The pathway of Spiritual Healing can be long, involved, very testing and at times a difficult journey, as it has been imbedded into our being for some 200,000 years, however it is a pathway that we will all eventually undertake. To bring about the end of the pain that we each live in, then the commencement of our Spiritual Healing needs to be sooner rather than later.

Striving to Living Feelings First

*Brian Iverach, Graham Golding, Jim Baker and John Doel*

Pascas Foundation (Aust) Limited

## COVID-19, a Corona Virus and Viruses Overall:

Tuesday, 7 April 2020

In case you need a little more lockdown reading material, this is from our dear friend and lovely Lady of the Lake:

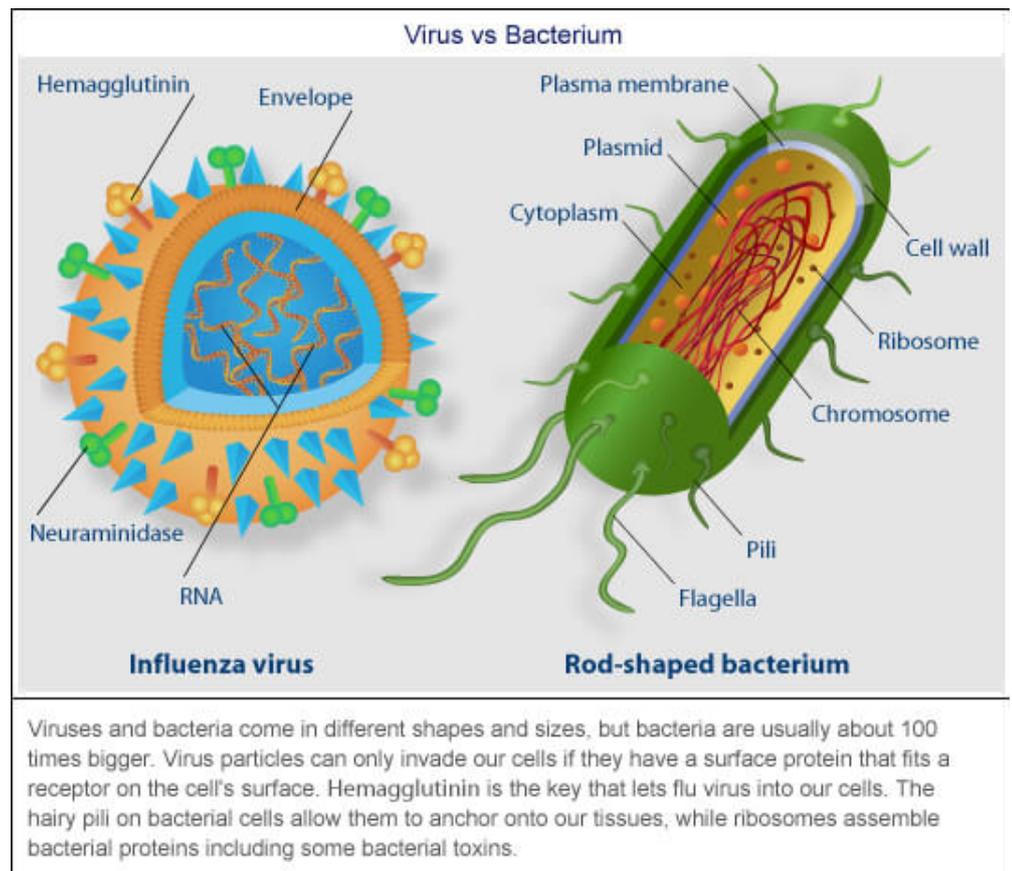
James: Verna can you please tell me more about viruses and their relationship with us? I read so many contradicting things.

Verna, a Nature Spirit: Certainly James. The most important part that is lacking in your understanding is still the consideration of how much we Nature Spirits and your Angels play in it.

James: I know, so can your dear self please enlighten me?

Verna: I'll do my best. You watched a video that said Viruses can't be caught, that they don't behave within the body as bacteria and mould spores do. Which is correct, a virus can't be caught, even though they seem to display similar ways with people suddenly catching them. I'll explain how that happens later. You read of a scientist examining the home of people with the current Covid-19 virus, and they found no evidence, no virus on things in the family's home, therefore discrediting everything else you read that suggests viruses can stay alive, depending on the temperature, on things where the sun's radiation can't get to, for varying times from hours to days. So what is correct?

Well, the virologist is right in that viruses don't exist by themselves in the environment, they need to be in the host cell, unlike bacteria and mould which exist of themselves. So this is where it gets difficult. There is a specific time, and it's relatively short in which the virus can survive within a cell that might be contained within a drop of saliva or breathe should that drop contain cells from the person with the virus within it. But as soon as that cell dies, so will the virus die too. The virus is life that doesn't exist by itself, it needs a host to provide it with its life, but it does have an ability to stay in a sort of dormant state outside the host cell, however that only happens under very specific circumstances.



So the virologist would have to test for the virus, provided they have a test that can identify that specific virus, before the family ‘contracted it’, through the ‘incubation stage of possible days’, then through the illness period, then afterwards for a certain amount of time to insure it has gone. So there will be times when people might be sick with it, yet nothing will be found in the environment to show they are sick, that the virus is present. Then other people might not seem sick and yet if their living environment was tested you’d find it all over the place. And those people might get sicker and they might not, all depending on the need for their body to have the virus ‘active’ and to what degree.

So you can see, it’s quite complex, all of which means you have no way of keeping such a thing under control as your authorities are trying to do. However by making everyone stay at home, stopping all human interaction other than in the family, then of course it will show that the virus has been ‘conquered’ and they were right taking such actions and aren’t they the great ones saving everyone. But as there are endless viruses circulating about the world, why pick on just this one, and so what are the hidden agendas behind that?

Now the trouble with **vaccines** is they are made from the waste of the infected virus cell as you saw on that video so by receiving a vaccine you will receive the virus, however mostly it will be in it’s ‘sleep’ mode, so it will appear like it’s a good thing and people don’t get sick immediately from it, and the body will replicate certain elements to fight the virus you are being vaccinated for, along with keeping a ‘viral memory’, so from that point of view, the vaccine does appear to work, however as it’s a totally unnatural and intrusive invasion of your body, you are making your body act as if it has itself ‘fought off’ that virus, when it hasn’t. And so because of tricking the body into believing you have beaten that virus, it causes other problems for the body later on when it comes in contact with a similar virus because the body won’t have all the true systems needed to deal with the new virus, it only having some of them because they came about from the vaccine, so the vaccine does compromise the bodies true system of dealing with such things.

The thing is, because you screw around with nature, only studying and seeing a small picture of what you’re doing and the consequences of it, as long as it seems to be good and the thing you want, then you don’t see, don’t want to see and can’t see anyway, other problems you cause. So it’s always a trade off, with people and their bodies and the whole of humanity reaching crisis times, when you either die from all the screwing around or the whole of humanity has a massive breakdown, freakout and partial death, as what’s happening now. All the screwing around is catching up with you, and all to show you that really you have to give it all up and **go back to the basics** – living in harmony with nature.

However for some people, living in so-called harmony with nature, which means if they gave up all medical interference and help, would become once again at the mercy of such cruel diseases, which is true, those diseases would once again flourish. But this living in ‘harmony’ is to be remembered as living in ‘harmony’ within your rebellious state. So if you all Heal yourselves being of true and perfect Natural love, then by living in harmony with nature, which you would naturally be doing, such horrendous diseases would not afflict you, because you’d not need them to show you that you’re disharmonious with nature.

As you understand, it’s all a vicious circle, the more you ‘advance’ in medicine, the more you are making your future more difficult. People at this time might seem to be enjoying all the wonderful health benefits of medical science compared to those people centuries before, yet that’s all compounding in error for future people. So medical science will have to then work to combat what the future holds based on how you’re currently screwing nature and yourselves around, and on it goes, until you can’t keep up and nature overwhelms you again and you’re right back to where you were before you started your great mind-taking-over quest.

So back to the virus, what it really comes down to is: if your soul needs the experiences of the virus you will ‘catch’ it. And mostly we Nature spirits and your Angels work within the parameters of nature, however at times we can also step outside them. For example: When a virus or airborne bacteria, for example, is active in the population the souls of those people needing the experiences from that virus or bacteria will contract it mostly through natural means. So an epidemic or even pandemic can suddenly flare up because all the souls involved need it to do whatever they require, which is really to provide you with all the feelings you need, so you can either deny them more – if you are living against the truth of yourself; or use them to do your Healing if you are living truer to yourself.

So as you are living in an untrue self-denying state, you will keep getting sick so you can keep having more bad feelings so you can use them to further deny yourself your truth using your mind. Your negative anti-truth patterns established through your childhood have to keep being fulfilled, so periodically, the frequency being the same as you experienced during your childhood, things will happen to you, from within and without, that will generate those same feelings, which you can then reject with your negative and unloving patterning, or accept with the new patterns you are trying to introduce as you struggle to do your Healing.

And then, let’s say one soul, or ten, or a group or millions, even the whole of humanity, every soul, all at the same time needs the experiences from a virus to feel all the feelings they need, which will be **different feelings for every person**. And if let’s imagine that virus is not currently available, or it is, however there is no way it can ‘infect’ people, then that’s where we are allowed to step in, and ‘give you the virus’ or whatever illness or problem you require.

We are mandated, the Nature Spirits and Angels, to only override the natural functioning of nature on a physical world when a soul or souls require certain experiences that the natural world can’t supply. So if there is no virus active, or if it is active and yet you are not able to ‘receive it through natural means’ then we Nature Spirits, and mostly your Angels, can ‘make you have it’, we can alter the light configuration in a cell so as to simulate the cell being invaded by the virus with the cell then replicating it and so spreading it throughout your body to the degree you need it. And that degree is then controlled by your soul with your angels making all the necessary minor adjustments you require. So for example, whether your angels give it to you – make it within you or you get from natural means, they will continue to monitor you with it, making sure by adjusting your spirit body light, that the physical gets as ‘sick’ as required all to provide you with the feelings your soul needs you to have, all in accordance with your childhood patterns, all so you either further deny those feelings further advancing your rebelliousness by denying the truth those feelings would have brought up in you to live; or to help you accept those bad feelings to help you uncover more truth from them, so progress in growing in truth, which will lead to the end of your rebellion.

James: Okay, so it’s not clear cut. So it won’t matter one way or another what we do interfering with ourselves and nature because if we’re still wanting to deny our feelings, we will, and if we want to do our Healing, those feelings will help us with that.

And a virus, or any other ‘bug’ will invade us naturally or with you Nature Spirits and the Angels help, should we need it to give us the experiences we need. And experience is a broad term, so the virus or bacteria of whatever might make us sick, so all the bad, and even good feelings coming from that – as it even might make us feel good in some way, it being a good thing to help us feel good overall in our life.

Verna: Yes, that’s right. You can’t know what experience you need at any one time. You are not to know, that’s all the doing of your soul, and of God who created your soul. So getting a virus can be

good or bad but that's all based on your subjective experiences. You hate your bad feelings James because they make you feel bad, you've been made to fear them, they will make even worse things happen – more bad feelings, so you don't want them. However you could also alter your way of looking at things, you could have had good loving feelings from your early life when you felt bad, so as to not fear feeling bad so much, when you feel bad you also feel more love and good feelings, and you might even feel that dying is good and being sick is good, it all depending on your relationship with your feelings.

These people who die from Covid-19 will all go into spirit there to start a whole new life, full of vitality, a new future, most of who will love and look forward to and be so happy about (and some won't when they start living in the hells), still mostly it's a good fresh start to live and a blessed relief that all your old age suffering, all your other illness and all the frailty, the pain, all your suffering on the physical level, is gone.

But of course when you've been formed in an environment that fears death, so you will too, which is hard to change, as you're finding out, not being able to change such beliefs until your soul and God ask the angels to alter your beliefs for you, which comes at the end of your Healing.

James: So can we or can't we **catch a virus**, I still don't get that. And if we can, how do we?

Verna: **You can catch it but it's not in the same way that you catch bacteria, mould or parasitic infections.** It is actually caught, through the etheric levels of person to person interaction. So the light of the virus is expressed on the subtle etheric level, that connects you all, only connecting you all in different ways, depending on how you interact with each other, which is dependent on what your soul needs with each other. So let's say a person has the virus active within themselves, whether they are showing physical symptoms of it or not, and you interact with them, which means your aura interacts with them in subtle ways you're not aware of, then the virus on the etheric level can be transmitted from that person to yourself, or from you to them. Then having received the light of that virus on the etheric level, so your body can 'activate it' or we and your angels can.



When you interact with someone, which means, have an experience with them, it can be fleeting or long term, and if desired by both your souls, 'cords of light' can move between you, you remember Barbara Ann Brennan saying she could see the cords. So you could be walking past someone in the supermarket and for reasons unbeknownst to you and that other person, suddenly you have a subtle level etheric cord interaction in which some 'information' is exchanged, which might include the transmission of a virus, all so as to provide you with the experiences you need from it. That other person might need no more of an experience than walking past you in the supermarket, and the same for you, or you both might think about each other later for some reason giving rise to feelings, or they might receive other light from you or you from them that has a long term effect on them or yourself, even for years or the rest of their or your life, all of which you are not aware of and yet which their angels work with. And it can happen in a flash, or you can establish cords with people that are active all the time connecting or even reflecting your disconnection, such as it is with you James



and Marion. You both feel deeply connected, which is on the cord level, which simulates the soul level connection in Creation, and yet it's all disconnection in your cords making your relationship difficult because you grate against each other, never just gel, all to keep stirring up that disconnection and friction between you both so as keep providing you with the bad feelings you both need to express and uncover the truth of. And you can establish a 'friendly' cord with someone, which lies 'dormant' between times you don't see each other, or can even reach out and connect with each other over great distances, one side of the world to another, or even if one of you is in spirit, or you're both in spirit but in different worlds. So there's a lot always going on within the subtle levels. Most interactions with people you don't know, like in the supermarket, might only create a specific cord for a moment, like when you talk to each other suddenly and you get a nice or bad feeling from that brief interaction, then your interaction ends and the cords disconnect and you move on, never to have anything further to do with that person again.

You didn't have any cord connections with anyone at Aldi this morning other than the checkout woman, with her cord reaching out and you allowing the connection so she could 'vent' some of her anger and frustration over having to deal with the stupidity of people at her checkout concerning all the virus fuss, which you misunderstood feeling she was angry with you; but she wasn't, it was with the woman who was before you; but you feeling she was angry with you because of your belief patterns from your mother being angry with everyone that she put on you, when she shouldn't have, so you can't know if the person really is angry with you or not. Which creates the confusion you then feel because normally you feel good with that checkout woman, and she does like you and you her, but then suddenly you feel she is angry with you, even hates you today, for some reason you have no idea about, so you'd have to ask her to find out, which she might tell you if she's feeling aware enough in herself; so you'll have to wait and see if next time it goes back to how it usually is with her. Next time when your 'dormant' cord connections 'fire' between you both, you might, and you hope you do, have a good happy and even loving interaction; and if that happens, you feel that sigh of relief in you that she does like you, things are good and back to normal and so what was all that about that other day? Which again is how your mother treated you, quickly fluctuating between hating you and being angry with you and wishing you didn't exist, to suddenly feeling guilty about that and 'turning on' the false love and liking you.

So certain people can be 'carriers' for a virus, other people can be 'incubators' for it (you can be both) whereby they receive the virus, and even though it doesn't make them sick, they become a physical factory to produce mutations of it, which all go into their etheric make up, which can then be transmitted **light-to-light** to people they come in contact with. So you get these '**Spreaders**', **people who actually are the main contact point for virus outbreaks**. And you might for example contract the Covid-19 but as to what actually is the specific Covid-19 is difficult to ascertain because as soon as it's within some of these people's bodies who can mutate it, it changes, and it can change a vast amount yet your test still show it as Covid-19, and should someone else contract one of those mutations through their etheric system, they too will be recorded as having the same Covid-19 when in fact they don't, they will have a variant of it, and a variant that is specific to the receivers needs. So each virus is specific to the individual, so in theory the original Covid-19 for example could be mutated by various people who's bodies can do that, so as to provide every person on the planet with their own personal variation of Covid-19, which should by rights then be called a different name, Covid-19-James Moncrief, if you received it James, it all being coded in light. So part of the etheric code that we and the angels can see and read is of a specific light that corresponds to and expresses the Covid-19 origin, then with the other light-code reflecting the individual mutated expression for you James.

James: Okay, my mind is spinning, so who are these people who can mutate a virus like that?

Verna: Anyone can. And that too depends on the overall experience required by that person. You might need the experience of being a ‘virus mutator’, whether you’re aware that is what your body and etheric system is doing, the whole experience you need being the whole experience-environment which your soul is creating. So you might not know of it and are happily interacting with your friends and family or people you pass in the street, and unbeknownst to any of you, you are transferring your specific virus variant you’ve created in your body for those specific people to them, to their etheric system through a virus transmitting specific cord, with the virus then transferred to their physical body with their angels activating it to the degree they need to be sick or not sick from it. So you can see a virus can be quickly moved between a lot of people. And the genetic mutating on the etheric level can happen in a flash. (The actual mutating happens in the person’s etheric and subtle spirit body levels and is then expressed – reflected – in the physical causing the physical mutation, which then validates the etheric saying it’s ready to be etherically transferred to someone else’s etheric system. So the person does carry all the mutations within their physical and develops bodily resistance to them.) The mutations are actually held within the etheric levels, and might not necessarily be seen (if you new what you were looking for) in the physical body.

So it’s all rather complex, to you anyway, but not to us beings of light, because we see it all as light. We see it very clearly and easily if there is a virus-light within you, just as there is currently within you James, which is expressing itself in your physical system as you’re feeling sore in your throat and a bit woozy in your head today. And although it’s not Covid-19, or a variant of it, it was a variant of another virus you picked up on your walk yesterday from one of the two older women you passed on the other side of the road. And if you remember back to how you felt about them, you felt a little scared, like oh no, that’s done it, now I’ll probably get sick from them, whereas you didn’t feel that with the other people you passed. And because you’re so aware of all this happening now because of everyone being so paranoid about it, and because we knew you’d be talking with me about this today, so you received a virus, a flu variant from that woman into your etheric system with your angels then activating it through the night so your physical body would show these symptoms today. And as your soul doesn’t require you to get a full-blown flu, just these mild, cold, sore throat feelings, so you have your sore throat to help you get more in touch with the anger that’s been coming up in you this morning. So you are even more angry having a sore throat, having to go shopping in all the virus madness and you with a sore throat, the irony of it all, and then how could you have picked it up because you were further apart than the two metres the government says you need to put between you so as not to catch anything, more and more anger and frustration, which as you’ve been expressing has caused your throat to rage and burn with your wanting to burn your whole self down, all your bullshit beliefs and behaviours that make it all so difficult for you, just as you also want to burn down the world, burn your parents, burn it all with the fire of the fever, to rage and rage with the anger and hatred of your life as it was with your parents. So your ‘touch of virus’ is helping you connect with your anger from your childhood so you can see the truth of why you feel it, all of which is coming up as you express your bad feelings to Marion and she says what she thinks and feels about it.

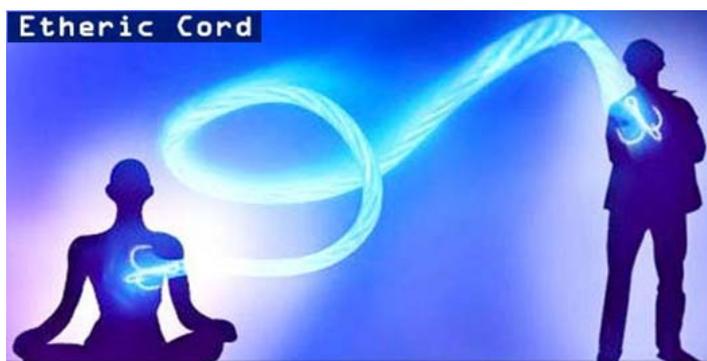
James: I seem to have a sore throat nearly every other day. Marion hardly ever does.

Verna: Because she is truer to her bad feelings and can more easily express them, so doesn’t need viruses to make her feel bad. You being so shut off to all your feelings, keep needing their help to bring up the anger and underlying bad feelings you were made to block out so long ago. So you can pick up a virus from the ‘ether’ anytime you go out and about James. They are everywhere, people are always having colds and slight fevers, most don’t go to the doctor as they are not bad enough and most of what people do blocks out the feelings from them, so they are only needed to further their feeling-denial. And you can connect etherically with someone from quite a distance, there are laws dictating that too, however someone can ‘reach out’ etherically for some unknown reason to you, or you to them, to a

person on the other side of the road, and with neither of you knowing you are doing so. And then you can stand in a room of heavily infected people all who might have raging fevers and dying from viruses and yet as you don't need any feelings from any of the viruses or mutations of them, so you magically don't get sick. So when you are fully Healed, you won't need to get sick, the Celestial spirits don't get sick, they don't have the bad feelings as you do in the mind worlds, and so you won't need to have those feelings that would come from an illness, so you won't get sick. And we and your angels will ensure it.

And were it necessary that you somehow contracted some obscure virus from someone on the other side of the world, you could, the angels would set up the etheric connection as such connections have different laws governing how such connections are made. So people suddenly all over the world could get the same virus or their particular variant of it, mysteriously at the same time. However mostly that sort of thing is not needed and especially now as you all travel so much about the world, so more close contacts are utilised in such connections.

James: So I could have passed etherically my sore throat virus (or a specific variant of it) onto a person I was near when I was shopping this morning, even spreading it all over Aldi and Coles (supermarket chains)?



Verna: You could have, however you didn't because it's being contained within you. It does have expression in your etheric and spiritual system, however it's not mutating and it's not to be able to be received by anyone else.

There are laws governing it all, and so 'your virus' has been specifically designed for you James, and by in fact the granddaughter of that white-haired older women you passed on your walk yesterday, she was 'keeping the variant in her subtle system' from her granddaughter in readiness for you. So that woman herself feels very well, she's out walking enjoying the exercise and fresh air talking with her friend, and totally unaware that she's a virus 'carrier' for you. So really she and her granddaughter have done you a great service by providing you with this virus so as to make you angrier than you would have been.

And when the virus has done what it's needed to do, your body having dealt with it sufficiently by either 'defeating it' and becoming immune to that 'strain', or by your body being overwhelmed making you sicker, your angels will adjust the light of it and that which keeps it active, ensuring it all goes according to plan, the plan of your soul.

(I am re-reading this two days later and my sore throat went the next day. But I still feel fucking angry about everything.)

James: So I could be a virus mutant manufacturer, with all these specific viruses in my etheric system, then I go out shopping, at the precise time so I will interact – walk past, possibly smile at and talk to – the people who are shopping at the same time as I am, and then all those specifically designed variations could be shooting out from my etheric system to those people they are designed for?

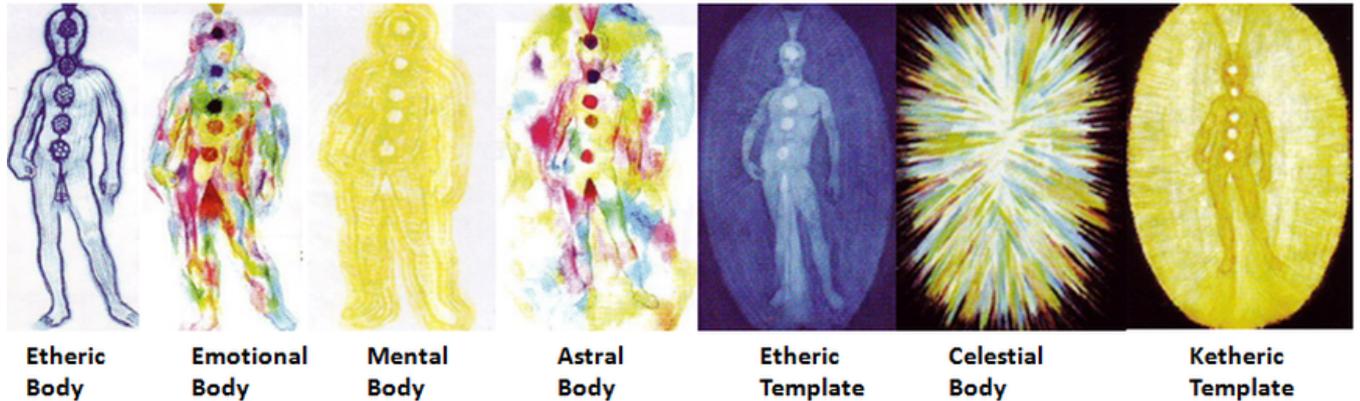
Verna: Yes, and they will take that light from you containing that etheric virus light-print or coding, and their bodies under the action of their angels will activate it when required, which could be immediately or days, weeks, months, years later, and activate it to the degree required by their soul so as to provide them with the necessary feeling experiences they need.

James: Years!, so I could have all these dormant variations in me waiting to make me sick?

Verna: Yes. But mostly it works in shorter time, say within minutes, days, a week at the most; however yes, you can store up these things your whole life, and you might have them activated but not make you sick but to enable your body to make other variations which you are to pass onto someone else.

James: Shit Verna, it is never ending.

### The Brennan Model of the first 7 Levels of the Human Energy Field



Verna: Which shows how interconnected you all are James, which you fail to understand. So overall life as everyone lives on the world at any one time, in their own personal lives and collectively, is all organised as an expression of all the souls involved, with us Nature Spirits and Angels providing the lubrication for it all, so to speak.

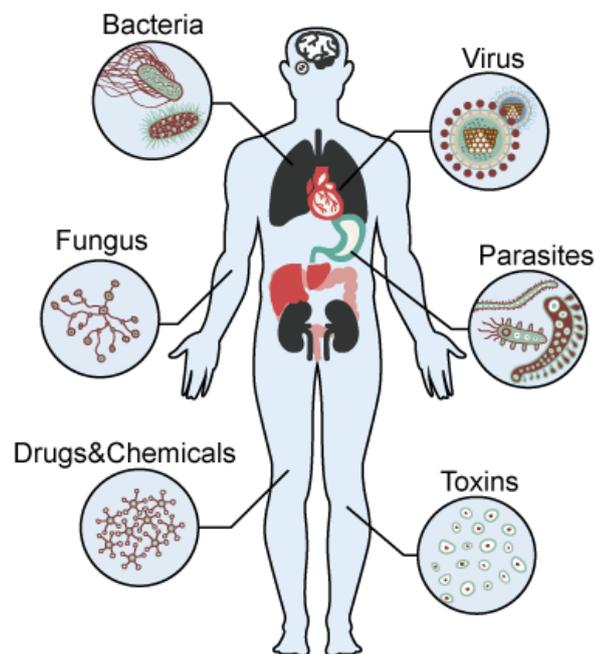
And it's even more complicated because there are seasons for viruses to exist within. For example, you might receive a virus from an animal through the etheric levels, that's where we Nature Spirits come in. Then your body makes variations of it which are stored in your etheric system. Then you start 'spreading' or 'giving out' those specific variations to those people needing them. Then the whole world becomes 'infected' and that is to last for say a year, or ten years, or a hundred or thousand years. But when the time is up for such a virus and all it's 'offspring' to cease existing in the etheric and so being manifested in the physical, then that light is simultaneously removed from everyone's subtle systems by their attending angels. So in the blink of an eye, that virus and all it's variations is gone.

So viruses are always coming and going dependent on the evolution of humanity, which keys into the evolution of the Rebellion, and now joining that, the evolution of its demise and eventual end, when no one is living anti-truth anymore.

**Viruses are more of the spirit really, which is why they are so elusive.** You still are subject to them in spirit, in the Mansion Worlds, as they are required still to help you with your Healing and with your furthering your Mind control and feeling-denial. However they don't make you sick, not at least in the physical way, but you are spiritually sick, so they are what is used to help you feel bad feelings, again to further your denial of them in the Mind Worlds or to help you with your Healing. But most spirits are unaware of them, they are of light and so you can't physically or spiritually feel them, however the angels use them all the time to help you experience what you need.

And then **bacteria, fungus and parasites are all physically orientated**, so only deal directly with the physical body so subject only to physical laws of nature. So they are more readily affected by your medicines and antibodies and the cells that the body used to physically remove such infections, and so you can only catch such things from spores or other bacteria in water vapour as you touch and breathe on each other, have sex.

And then other disease, like cancer and the breakdown of the physical structure is again wholly physical however they are the physical manifestations from the breakdown of your spiritual light in your spirit systems. So your spiritual body 'gets cancer' first, there is some disturbance in your spiritual system that stops the natural spirit light from manifesting through it and keeping it true. Then that light-corruption is passed through to the physical so you manifest that corruption or 'blockage of light' as cancer or what other disease you need, again so as to provide you with the feelings you need, so you can keep blocking them out or work with them doing your Healing.



And your angels work with the light of these spirit body originating problems and the purely physical ones. And when you get sick from a physical bacteria, for example, there is always a spiritual component to it all which will be manifest in your spiritual light system somewhere, again with your angels overseeing it all, and ensuring the infections or illness does what it's intended for.

James: I've got to have a break Verna. Thank you for all of that.

Verna: You're welcome James, there's much more to it as you can imagine, but that's some of the basics for you to think about. BYEEEE!!!

Later:

Verna: One of the functions of a virus is to increase the vibration of your physical body, all the cells and specific components within cells, and specific cell clusters, such as those comprising an organ or the whole body. With this increase vibration, which of itself varies upon the needs of the soul and 'administered' to your whole body or specific parts of it by your angels, the cells can be made to release unwanted toxins, salts and minerals and other cellular rubbish, or take them up. And so the increased fever can feel like a good thing happening to you, which it might be, it helping to purge you of all your physical and etheric yuk; or it can be too much if your vibration is too low having the adverse effect on you and making you feel very sick, even literally killing you because your body can't function at that higher vibration, as it happening to make many of the already very sick elderly die of Covid-19. And then the angels can work the virus to add to your already existing illness which can also be helpful or not, depending again on the experience required. So viruses they are very versatile and useful things.

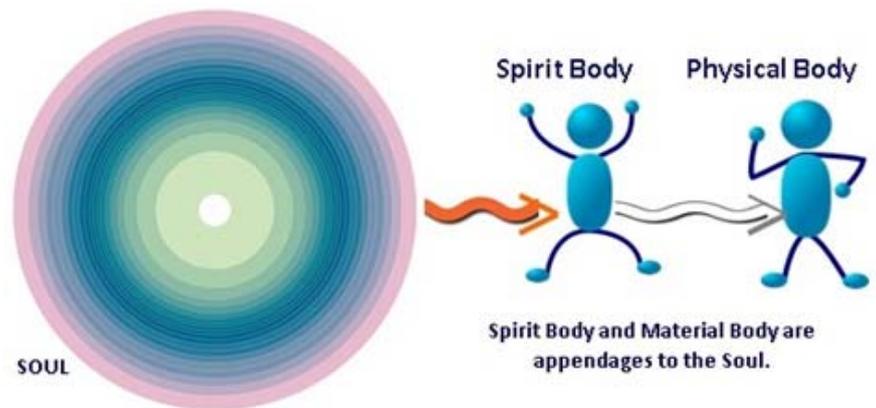
yuk

Bacterial, mould and parasitic problems will lower your vibration, so too much of them and you feel sick, so exhausted to the point of having no energy anymore, no light within yourself, so without that light your physical structure and organs can't be maintained so they die or breakdown to eventual death.

And then all of these problems can instantly or gradually be turned around and they end, your body deals with them and you get better regaining your health, all again of which the angels will do in conjunction with your soul. The angels are constantly working within your light-system, your light bodies, spirit and subtle bodies, which then affect your physical. And sometimes they can work directly affecting your physical.

And then you add all your medicines and medical interventions and that too is accounted for and worked with all in accordance with the needs of your soul, again with the angels involved in every part of it. When you're having operations your angels are overseeing them, making sure the surgeons do what is required, making sure they fix you up or fuck you up, depending

on what the needs of your soul are. NOTHING about you is done without your angels overseeing it all, all so the needs of your soul are continued to be manifest in accordance with your soul.

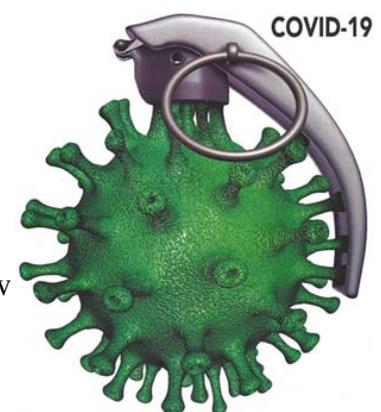


And that's how the whole of Creation works, we creations of the Mind ensure all the right environment is provided for you of Truth to be able to have the experiences you need so as for you to keep denying your feelings or embrace them; it's either for you to live progressing in your truth-denial, rebelliously, or growing in truth, truly, that's what it's all about. And NOTHING happens randomly, everything is worked out in advance, by your – our – Mother and Father, and encoded into your souls.

So your angels in fulfilling the needs of your soul might enlist a virus to raise your vibration to purge you of unwanted toxins; and then again your angels can simply add a higher vibration of light to your whole aura having the same effect, so whilst you sleep your vibration increases shaking all the shit out of your cells and when you wake you have good poo with it sinking fast and disappearing out of sight because of all extra heavy metals sinking it that have been flushed out of your cells during the night. And that can happen as a periodic 'clean-out' or it can happen spaced over days or weeks. So there's always different things going on, too much for you to keep up with and understand, and so in the end, as all this mind stuff, it ends up driving you mad, you give it all up and just get on living by being true to your feelings, express them and longing for their truth; and you grow in truth and live according to that truth and do what that truth leads you to do in every experience; and that's living your life in harmony with yourself, God and nature.

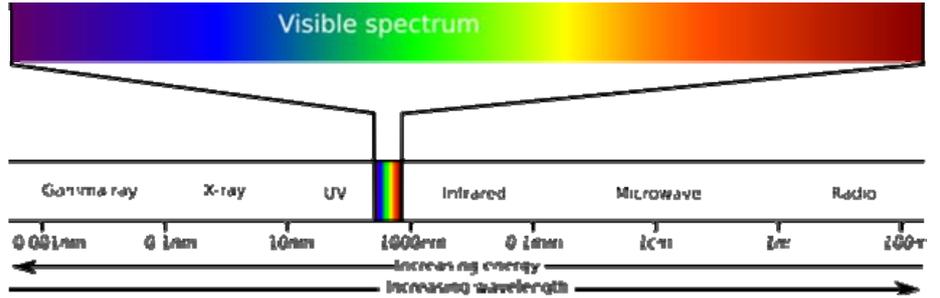
**So your scientists can keep going trying to work it all out with their minds in the hope that they can control it all, and ultimately prevent ageing and death, all so you can keep living forever on Earth, never feeling bad. But why would you want that, when so much else awaits you in spirit?**

**COVID-19**, a corona virus, first emerged in Wuhan, China, in 2019. Some medical experts suggest a patient ill enough for intensive care and put on a ventilator to breath has only a 50-50 chance. Imagine a dry sponge and one dripping with water. The dry sponge represents normal lungs; the sodden one the lungs of a seriously ill coronavirus patient. They're dying a suffocating death, trying to move air in and out of lungs that are no longer functioning. It's a vision of hell. Low oxygen levels and very high carbon dioxide levels in the blood indicates that this is not like the usual pneumonia.



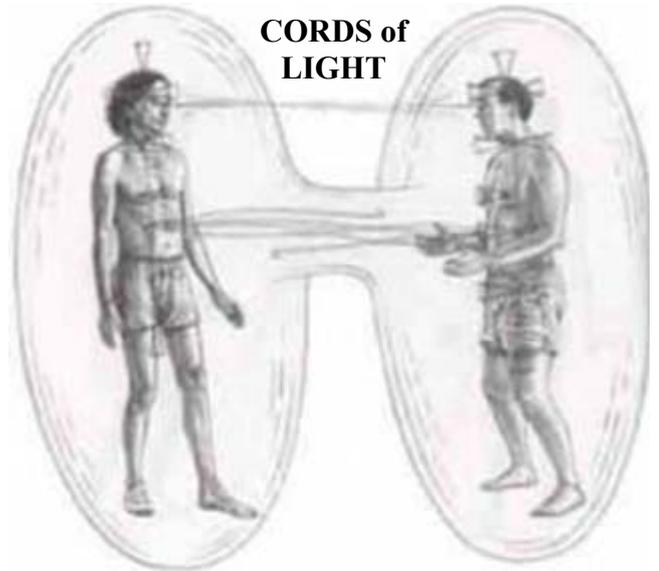
**VIRUS MESSENGER:**

Viruses don't exist by themselves in the environment, they need to be in the host cell. Presence of a virus all depends on the need for a body to have the virus 'active' and to what degree.



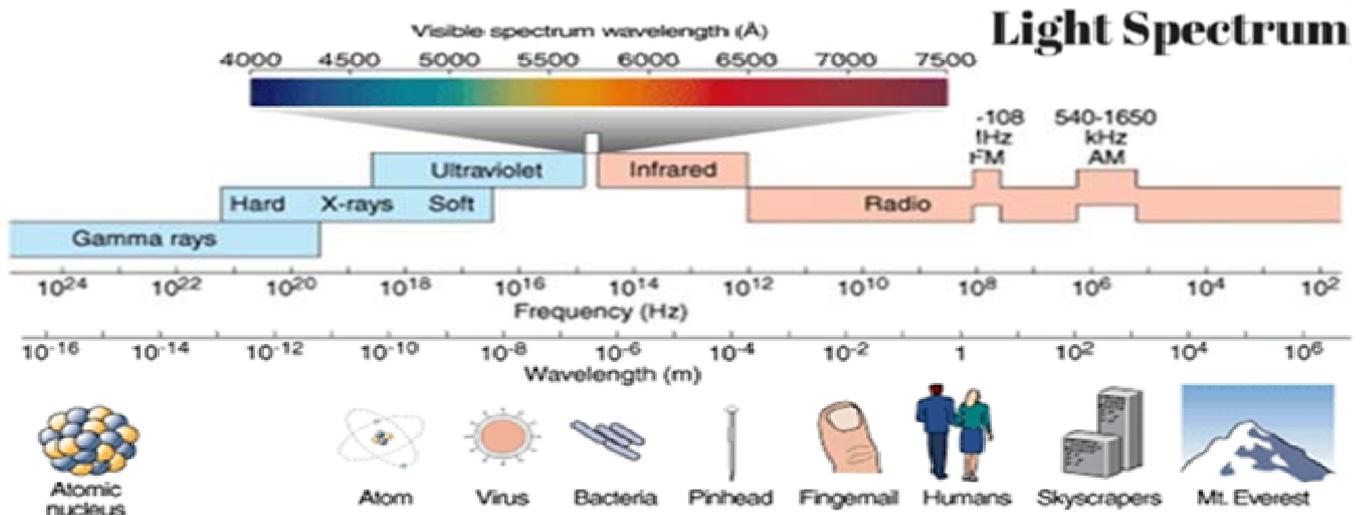
If we all Heal ourselves being of true and perfect Natural love, then by living in harmony with nature, which we would naturally be doing, such horrendous diseases would not afflict us, because we'd not need them to show us our disharmony with nature.

If your soul needs the experiences of the virus you will 'catch' it. Nature Spirits and Angels can alter the light configuration in a cell so as to simulate the cell being invaded by the virus with the cell them replicating it and so spreading it throughout your body to the degree you need it.



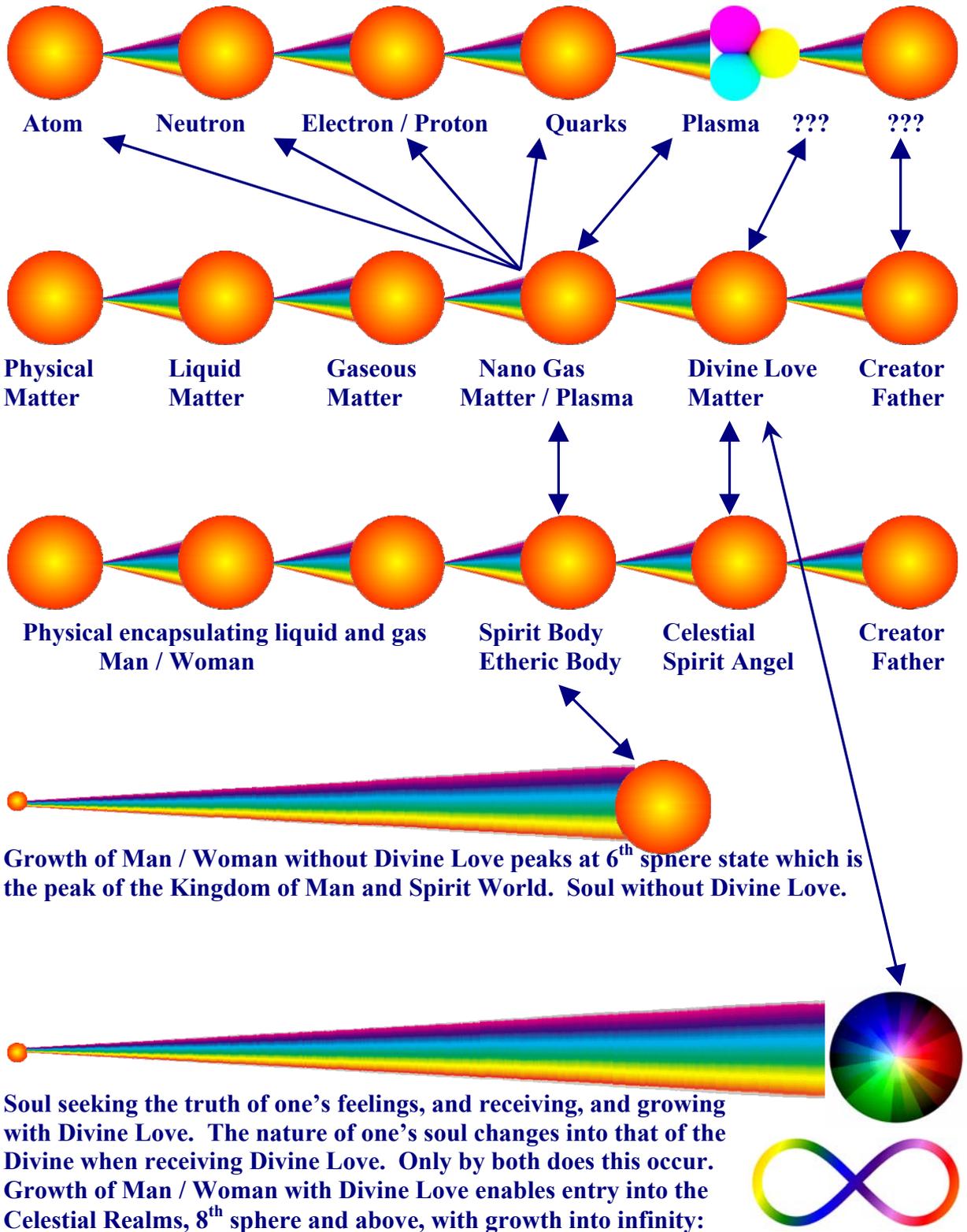
A virus, or any other 'bug' will invade us naturally or with Nature Spirits and Angels help, should we need it to give us the experiences we need. **You can catch a virus but it's not in the same way that you catch bacteria, mould or parasitic infections.** It is actually caught, through the etheric levels of person to person interaction. So the light of the virus is expressed on the subtle etheric level, that connects you all, only connecting you all in different ways, depending on how you interact with each other, which is dependent on what your soul needs with each other. Then having received the light of that virus on the etheric level, so your body can 'activate it' or your nature spirits or angels can. **Viruses are more of the spirit really, which is why they are so elusive.**

So certain people can be 'carriers' for a virus, other people can be 'incubators' for it (you can be both) whereby they receive the virus, and even though it doesn't make them sick, they become a physical factory to produce mutations of it, which all go into their etheric make up, which can then be transmitted **light-to-light** to people they come in contact with.



**STAGES of MATTER:**

**Matter becomes finer and finer and more incredible within each phase:**



**The New Way: Learning how to live true to ourselves by living true to our feelings.**

**SPEAKING with CORONA (Coronavirus)**

<https://dlscr.freeforums.net/thread/32/sharing-healing-experience-xx?page=28>

Samantha from England:

24 March 2020



“Corona”: I am not hurting you, you are all already hurt. All I am doing is making you feel the truth of how you really feel deep down inside. I am not killing you, your parents have already done that to you, it is how you have felt throughout your life and now you are going through the physical manifestation of those awful feelings your parents made you feel.

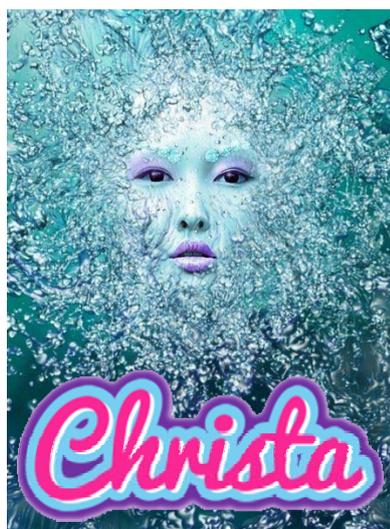


This is how they made you feel as a child and that 80 year old that you see dying on the news has always been dying. Since birth he has felt like he is dying, always being on the brink of it as it is how his parents made him feel. There is no way on Earth I can possibly be worse than how your parents treated you, it just can't happen, I can only affect you as far and as badly as your parents affected you, I am not the bad guy in all of this, they are. I can't create more pain in you than your parents have already created, I am the

manifestation of the level of pain they created in you and I want to make that clear. What I am doing is bringing the truth of that pain to the surface.

It is now time for it all to be manifest so you can know the truth of how much you were hurt, to know the truth of how unlovingly you were parented. The extent of unloving parenting that you all had to endure as children and it is now killing you, that is the truth of how bad it was. It is killing you because you refuse to understand what is happening, you refuse to connect to your pain, you still refuse to accept the truth and this is the open door for me to enter into you and find a cell for me to live off of and mutate and multiply in you. Your denied and suppressed feelings let me in.

You won't give in to me and let the truth be known, you continue to resist me and push me away just as you have done all your life with your feelings. You would rather die than feel the truth I bring to you. So you decide! Stop resisting me and work with me in what I want you to know about yourself. I am no greater pain than the pain you felt and denied as a child.

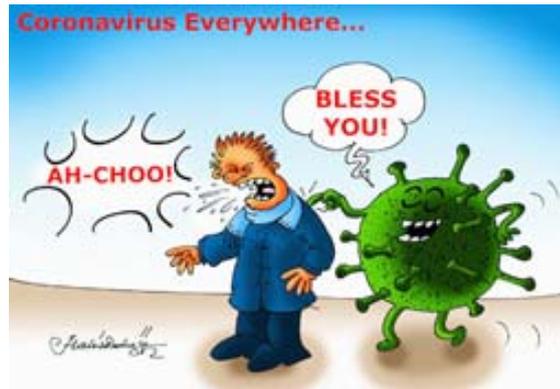


I am Corona, Sam speaks with me through her Nature Spirit, Christa, and I can only tell her what she is capable of understanding so it is all pretty basic but that is how I want to speak with you, as children, so you get it. I am the thing you fear the most but you all misunderstand me, you hate me, you fear me, you are so afraid of what I will do to you if I infect you. You fear me killing you, making you feel so bad but isn't this all so familiar, isn't this how you felt about your parents at times in your life, isn't this how they made you feel only allowing yourself to feel a tiny portion of the pain they inflicted on you, the rest went denied and suppressed and that is what I feed on, what you will not feel. It is them you fear and I am helping you feel that truth. I am not bad at all, I am good, working for your good, you have to turn how you feel about me around to see the truth of me. I am here to help the world heal if you would only allow me to by ending



the resistance to me. Let me work on your denied and suppressed childhood feelings, connect with how I am making you feel because this is how your parents made you feel, it is the same, no different. It is those denied feelings and your resistance to feel them that is killing you.

I am not saying this will be easy, you are not even aware of any of this, you just believe you have a Virus spreading its way through the world like an evil plague and I understand how hard it will be to see me as working for your good but it just takes a shift away from your mind and into your feelings. How am I making you FEEL!! That is the question I want you to begin with. I am now being forced upon you all, you have no choice and that is the way I have to work with you because I can only work with you in the way that your parents worked with you and they gave you little to no choice as children. I am here mirroring the parenting you all went through, this is the way it was for you as children. Your parents forced you to do their will and gradually your own will got left behind not being considered at all by your parents and that is how I have to work with you all and you will all feel me differently depending on the severity of your will denial and suppression.

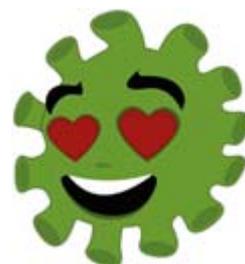


Your parents are the Virus, Corona Virus is each and every one of your parents and what they did to you as children and it is still inside you, I am bringing it out. Corona virus is your parents scaring you and hurting you, making you feel like dying, even killing you and there is no one on the planet that I won't get to. Right now I am affecting you all, your lives have changed even though you may not be ill.

Accept the way I am making you feel right now, express how I am making you feel right now and let the truth come to you through your feelings, how am I making you feel, this is how your parents made you feel. It is not me killing and harming you making you feel so ill and bad, it is your parents.

Please go to your feelings as I have asked you to do and you will begin to see the truth of how bad you have always felt, I speak the truth. Let the healing I bring to you open you up to the truth of how you felt as a child. You were parented by two of the same Viruses, they are the Virus that is within you right from your conception and took away your will just as I am doing to you now. I am treating you the same way as your parents treated you as children and you refused to see it so denied it.

All of humanity will be affected by me to a lesser or greater degree. I will enter every life on Earth and show you the truth of your denied and suppressed childhood pain by how I make you feel. I will make you realise the pain and fear of how you were parented and the more you keep up your resistance of me, the more painful it will be for you. So I ask you to let me in, stop the fight as you cant win and you never could as children, your parents always won over you so I have to do the same, as I have said, I can't be any worse to you than how your parents were to you, they have set the pace for how I work with you, it is them and their parenting of you that set the way I work on humanity. I am not making you feel anything that has not already been put into you by your parents, it was already inside you and I am triggering it for you to feel. I am reuniting you with the truth of how hurt and unloved you feel because of your unloving childhoods. You will know yourself like never before, your will know the truth at last about your pain and how it was for you as children. It is time to take of the rose tinted glasses and really know the truth.



I am not BAD, your parents were, I am only being them to you, this is how unloved you felt by them and it is coming up for you to know. No one will escape me, you are all hurt children, even the 80 year old is just a hurt child in an older body who has gone on longer being unaware of the truth of his pain, he has been in denial longer but you are all the same no matter how old you are. The 80 year old has had

80 years to wake up to his denied and suppressed childhood pain, he has always been a trapped and 'Locked Down' little scared child. No one will escape me, of that you can be sure, I am so tiny yet I have the power to end it all just as your parents had the same power over you all. You all have the power to turn this around and all you have to do is to begin feeling how I am making you feel, accept every feeling, express every feeling and find the truth through your feelings. Do this and I will lose strength and lose the hold I have over you because I no longer have to make you feel so bad to make you feel your feelings. Stop the resistance to me, run to me, let me in to your life, want me to show you the truth of your pain, talk to me and we can work together to heal you and turn the tide. If you decide to further resist me then it will only get worse with new viruses being created, stronger ones to make you feel even worse until you get it!!



You have the cure within you all and that cure is YOUR FEELINGS!! It is the most loving thing you can do for yourself, it is the thing your parents wouldn't let you do, FEEL and express those feelings, You are allowed to have them, I am telling you to let yourself feel all of your pain, let it out NOW and I will no longer have to make you feel scared and ill and bad, you will be doing what I came here to do with you, make you feel. Feel how I make you feel then my work is done and you would have seen the truth of why I have had to come.



You don't need any Vaccines, that is just further resistance to me and I will have to be stronger with you all by creating more powerful viruses, ones that you don't have vaccines for. Your resistance to me controls what I have to do next to get you to stop and FEEL! If you decide to vaccinate against me then you have chosen to further deny me and your bad feelings and it makes it all worse for yourself. Your feelings and expression of them are all you need to end this terrible time you are going through, you are in control of my next move, your denial of your feelings lead the way.

You look to your Governments to tell you what to do next, to create vaccines to stop you feeling bad, you depend on them to fix it all for you yet again giving your parents control over you because that is what you are used to doing, you are only doing what your parents taught you to do, let your parents control you instead of taking responsibility for this yourself by going within, going to your feelings and feeling them fully by accepting them, expressing them and letting the truth come to you through your feelings. Be responsible for how bad you feel by feeling your bad feelings and fears about this. The healing of this is in each and every one of you but by allowing the government to parent you further is just more of your denial of how you truly feel. No one can fix this for you, it is for each and every one of you to heal this within yourself, through your feelings, you can do it, you have the tools to heal this, YOUR FEELINGS.

**I am Corona, the Virus, making you feel your fears, the truth! I will make you feel the truth of your unloving childhood that your parents made you feel. I have always been in each and every one of you lying dormant until now, you are scared of going out and catching it yet it is already in you through your parents unloving parenting of you. I am Corona, I come to light up the truth of your denied and Suppressed childhood feelings and you believe I am Bad but I am telling you, I AM GOOD! I am working for your Good, see the healing I am bringing to humanity. You all have the cure and that cure is FEELING YOUR FEELINGS.**



**WE EACH have a Nature Spirit pair, Spirit Guide pair and an Angelic Pair:**

**For those doing their Healing or are interested in doing it will** from that time have their own personal angels, spirit guides and nature spirits with them, with whom they are to develop their own relationships should they want to. It is not about ‘sharing’ the same angels or guides or nature spirits, it is about you relating specifically to your ‘own’ ones because they are provided for YOU. It’s all for you, to maximise the experiences we each need.

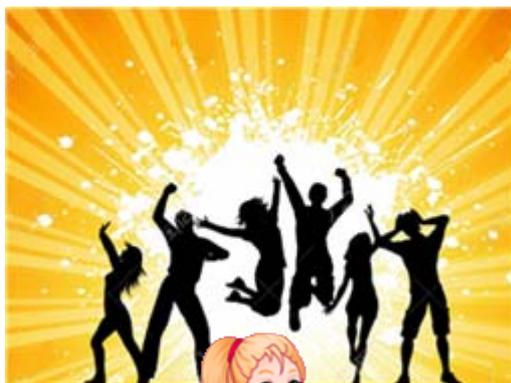
We are all to have our own pure relationships. And it’s the same of course in life with your friends, however over there, in spirit, dealing with Nature Spirits, Spirit Guides, and Angels, it’s more personal and private and ‘JUST FOR YOU’. So we have our own separate, unique relationships.



For example, Nature Spirit Verna has been assigned to be specifically and only with James, and she ain’t going to be assigned to anyone else, so she won’t be sharing herself around.

This is SO IMPORTANT to understand so that in future there won’t be all these people claiming to be speaking with Verna or Mary Magdalene or Jesus or Nanna Beth or anyone else who is part of it all in such capacity. Mary M and Jesus have spoken with James as they have, making it quite clear he is all they are speaking with.

We each have a band of a Nature Spirit pair, Spirit Guide pair, and an Angelic pair, each pair being in their ‘soulmate’ relationship. Even though we are ascending mortals having a soulmate, even our soulmate has his or her own group of six personalities assisting him or her. Our assigned Nature Spirits do not continue with us into spirit, our Spirit Guides may for a time assist upon entry to the spirit Mansion Worlds, however, our personal Angelic pair continues with us to Paradise, and then even possibly being with us throughout eternity.



**Feelings first**

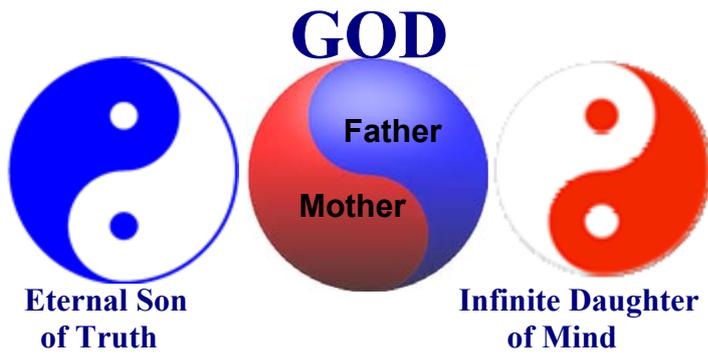


In a way each person's Indwelling Spirit, which is really God, is contracting out the work needed to be done with you to other agencies, so to us spirits, the angels, the nature spirits, other elements under the Divine Minister's control, even other non-humanity spirits, all of which end up doing increasingly more amounts of what your Indwelling Spirit does. And this 'out sourcing' is to affect greater personality interaction, increasing your experiences so they are maximised through interaction with different personalities rather than just relying solely on God. We are overall to become increasingly at-one with God, but we are to do that by becoming increasingly immersed in the experience of being with others.

Nanna Beth – 3<sup>rd</sup> Celestial Heaven: 25 December 2018



We each have a band of a Nature Spirit pair, Spirit Guide pair, and an Angelic pair, each pair being in their 'soulmate' relationship. In addition we have our personal Indwelling Spirit.



**CREATION of SOUL and SPIRIT:**

God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one’s feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.



Feeling Pathway

Mind Pathway



Soulmate Pair

Angel

The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves enabling the union with our soulmate, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.



Spirit Person

Nature Spirit

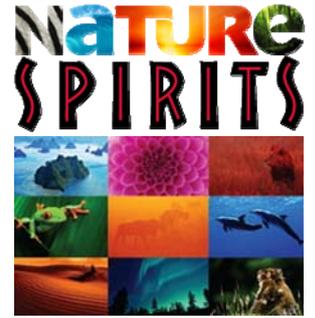
The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.



A nature spirit is an angel in waiting.

### NATURE SPIRITS



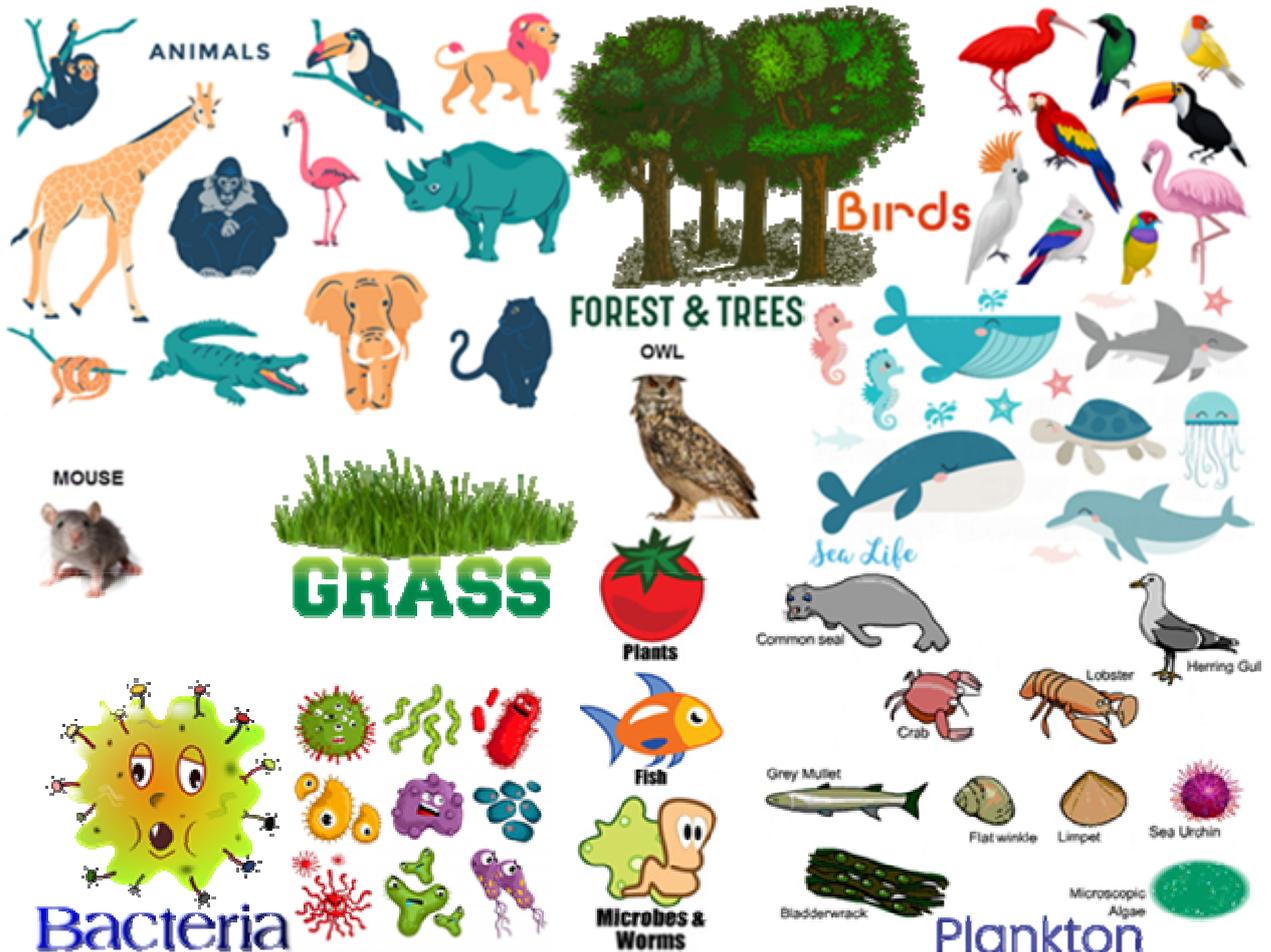
Nothing of nature reincarnates! And neither do we! Reincarnation is a false belief. Zero, zilch! Not even a blade of grass, a leaf from a tree, bacteria or plankton, or ourselves, has a subsequent physical life experience. However, except for humanity, the life force of all of what forms nature, after its sole physical experience, returns to a pool from which Nature Spirits emerge. All of nature is mind orientated. Nothing of nature has a soul, except for humanity which is truth and feelings orientated.

**Meet Verna, a Nature Spirit, also known as ‘Lady of the Lake’:** “Your spirit is your own unique spirit expressing the light of your soul; our spirits, also uniquely our own, however come from a composite of many other spirits. And in my case for example, and I’m about average, or ‘usual’ – as much as I hate to admit it – I’m composed, for want of a better word, of about five hundred billion creature spirits. So yes, you could say we’re complex on that level. And yet on other levels, we’re considered rather basic, we are after all *only* nature spirits, not great angels.”



“With Verna – a nature spirit” by James Moncrief

As the Rebellion and Default is now technically ending, those who embrace Feeling Healing and Divine Love will open themselves to communication with their Nature Spirit pair. For 200,000 years of the Rebellion, humanity of Earth has been closed to interaction with Nature Spirits. Humanity is truth seeking personalities who are to live through their feelings whereas nature is mind orientated and are to evolve their minds. A Nature Spirit’s next phase of evolution is that of being an angel which then will have many further evolutionary progressions upwards. Angels also step down from Paradise.



**MAN is not meant to INTERFERE with the DRIVERS of PAIN:**

21 September 2011

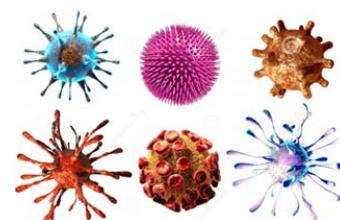
Verna, a Nature Spirit: Mary (Magdalene) spoke of the disease resistant microbes coming about because of all the antibiotic food animals are forced to eat in some of the developed countries, well that's our department, one of them anyway. We are the ones responsible for such disease resistant bacteria. You see bacteria are open to easy manipulation from us, and so we're slowly bringing about the disease resistant strains along with the viruses and funguses that will be required by humanity in the times to come.



Humanity is NOT meant to heal itself of all disease by killing off the microbe, by doing things to stop it harming you. Humanity is to grow in truth beyond the need to have such microbes affect it, thereby not having to do anything at all to 'protect' itself from the so-called 'bugs'. The common cold only causes you such bother because you're already causing yourselves so much bother by refusing to feel the bad feelings you're denying. The bother's are the same, the cold coming to you so you can feel how you're really feeling – bothered, that being how your parents made you feel.

Humanity is to see that it's futile to keep trying to solve the problem by killing it, that it won't go away that way. It might be able to delude itself that it's done the job, but it's only short term and the bug will return, even stronger than it was. Had you left it as it was, and concentrated on growing in truth through the doing of your feeling-healing, then you'd have nothing to worry about from the bug. The bugs only cause you the suffering you require because it's what you need to help you feel bad as you refuse to allow yourself to feel as you do – bad. But instead of allowing it to make you feel bad, all so you can express such bad feelings uncovering the truth of them, you try to kill it and make it go away only exacerbating your self- and feeling-denial, only making things even worse for you in the long run.

When you have a disease, all the pain you feel from it IS ALREADY pain that's already within you, it's nothing new. You're not suddenly being attacked by this thing that's causing you all this pain. You're being helped by this thing to become aware of the pain you're already feeling, but are refusing to accept and acknowledge. And because you are denying yourself this pain, it all being felt in your early life and being kept buried within you, so it seems like suddenly your full of pain all because of your disease. And it's true that on a physical level the disease is causing you pain, but on the emotional, mental, spiritual and psychological levels, it's only helping you become aware of what you're not allowing yourself to feel. So do you see, YOU ARE ALREADY THE PAIN, it's all already there in you, you're already feeling it, only you've told yourself you're not. So the bug comes along into your body, your soul allows it to 'infect' you instead of rejecting it, and it makes you feel bad, all the bad feelings that are lying dormant within you. Only they are not dormant, you've just blocked them out, that being how extraordinary the mind is.



Were humanity true to its feelings and not under the influence of the Rebellion, it would have evolved beyond the current diseases that afflict it. It would have encountered other higher diseases, but would be well on the way to not having to require their help either. There are higher diseases awaiting humanity in the future, as it moves beyond the current ones, but by then such disease will be known for what it is, to help stimulate certain feelings which when expressed and the truth found, bring about the healing of the illness. As for the current diseases, we'll keep making them resistant to your medicines forever, it's all very easy for us.

Extracts from: With Verna – the Nature Spirit by James Moncrief

**The New Way: Learning how to live true to ourselves by living true to our feelings.**

## **SCIENCE and FEELINGS:**

Friday, 30 March 2018: Graeme: [If we fully understood mathematics and vibrational frequencies we would better understand how the universe works...or is that too simplistic?](#)

Verna: Not too simplistic, it's correct, however there's more to it than that and it all has to be done with TRUTH first. You are truth-creations, so your feelings MUST come first and then all the mind stuff can follow. And if your feelings DON'T Feelings First, then you'll limit your mind understanding. You think your world is 'advanced', ha, what a joke that is, advanced in what? What you ARE advanced in, is denying your mind its rightful advancement through your feelings and soul perceptions, so yes, you're rocking along very well in this self-denial. Look at how hard your **top scientists have to work at trying to push the limits of their mind, lucky if they have one significant breakthrough in their career**. All because you are pushing up against the absolute boundaries of your mind-denial, that being represented by the End Times of this age which the End of that denial being the end of the Rebellion and Default against your True Way. **Imagine being one of these scientists who are living true to their feelings having done their Healing. And EVERYDAY you are having more astounding breakthroughs because of advancing or growing in Truth, with your mind reeling in trying to keep up with it all. That is living life on the edge – the cutting edge of Truth. The Truth leads through your feelings and the mind will slot right into place supporting it.**

**The above has been reiterated at this point to emphasise that humanity's minds are not what will get us out of the dung – it is to be our soul based feelings.**

Saturday, 31 March 2018: Nanna Beth: Look at it this way John, humanity is in the shit, and has been for a very long time. And so has had a long time to study the shit. And it can work out that it's in the shit and what the shit is all about, but that's all it can do. It can pretend that it can take itself out of the shit, but it can't. It's not allowed to.



Not until someone comes along and does really heal themselves of it, and someone who has the **spiritual authority** to allow others to do the same. So that's where we are. The authority is making the revelation to you. People can now choose to study how to Heal themselves, this being the next phase and 'science' people will apply their attention to. The great writers of humanity have well and truly documented the wrongness, you can see it all, and you know it comes from your early life. And many have tried to work out ways to heal themselves.

**But without looking to your feelings and wanting to uncover the WHOLE truth of them, you can't heal it.** It's as simple as that despite what anyone does with their emotions and feelings. And many people in their endeavours to heal themselves have done some real Healing, if they at any time looked to their feelings for their truth, truth would have been forthcoming. So humanity has gained a little truth over the years. However because of the feeling-denying forces of the Rebellion and Default, the level of truth has remained very low.

Now however **with the keys being given to you as to how far you have to go and what is really involved in doing your whole Healing, so that is the New Frontier awaiting mankind.**

**NATURE SPIRITS will INTERACT and ASSIST US in our ENDEAVOURS:**

Extracts from 'With Verna – a Nature Spirit' by James Moncrief

I, Verna – a nature spirit, would like to say to the people of future who will read this, that we are more than willing to make contact with you humans, however, WE WILL ONLY DO SO WITH THOSE PEOPLE WHO ARE STRIVING TO LIVE TRUE TO THEMSELVES BY HEALING THEIR NEGATIVE STATES. We can't otherwise, if people are choosing to remain as they are, all bound up in their evilness, untrue and bad feeling denial, as the new age will forbid it. Once the new Spirits of Truth have been liberated, we will have to adhere to them, not that we would want to do anything else anyway. And we can't wait to have the new Spirits of Truth to guide us as they help and guide you.



Now, why I'm telling you this is because there's going to be an upsurge of people saying they are speaking to nature spirits, people who are not doing their healing nor seeking the truth of themselves. They will say they are, and their nature spirit communication will be part of them doing so, but it won't be true. So beware, many people will say they are speaking to our kind when they aren't, speaking only to mind spirits in the lower Mansion Worlds and Earth planes.

It's far more important for you to gain a true understanding of your own personal role in nature, how you are to conduct yourself with nature, and also the same with the impersonal, the greater whole. And along the way your knowledge about how things are in nature will expand directly through your experiences and with our input. But (put this in capitals please James); BUT OUR INPUT WILL ONLY COME TO THOSE PEOPLE WHO ARE STRIVING TO LIVE TRUE TO THEMSELVES THROUGH THEIR FEELINGS, by doing all you have written James; essentially, all Mary has told you and all Marion has told and helped you with.

We are able to impress certain insights and understandings upon her (Marion), we do upon you both, all of which help you understand nature more; yours and the natural world, and your relationship with it. So everyone who grows in truth, as a part of that growth, comes to love nature more, relating to it very personally through their own nature, so we are able to move in and be with you.

James: So really your kind is to have a very close and complete relationship with us.

Verna: Yes, it will grow and evolve as humanity does. We are just a part of the natural realm as are plants, animals and the air you breathe. We should not be kept alienated from you. And just because you might not be able to see us, doesn't mean we are less important or have less of an influence on you, in fact we have more of an influence than does direct experience with plants and animals. Your hands on physical experience with nature is very limited, there is only so much you can do with and in it. But your understanding of it and its relationship to yourself and yourself to it, is all but unlimited, it growing – your awareness of it all growing, as you grow in truth. And humanity is meant to grow in complete harmony with the natural world whilst it's here with it, not separately from it as you currently are. You are going against nature, not going with it, so you are going against your own natures, not with them, which of course is why you're going against nature. Your parents set you against yourself, your own nature, so you don't see that nature offers you anything other than what you can get from it. But that's all thankfully soon to change, and as there is already a slow awakening taking place in certain parts of humanity as to how special nature is, so this will continue to evolve.

**Nature Spirits control every aspect of the natural world:**

28 June 2012

Extracts from 'With Verna – a Nature Spirit' by James Moncrief

We have a progressive consciousness, we are evolving our minds, as I've told you, but they being a creation of Mind can so be influenced by higher angelic minds. So really in the mock you had, what I meant was we nature spirits can prevent fish from being caught if that's what we're asked to do by either higher angels on behalf of the Mother and Father, the Divine Minister in Nebadon, or by Sons and Daughters of Truth, that being Mary and Jesus, the Creator Pair, or Avonal Pairs.

We'd know the Avonal pair would ask us knowing from their feelings and the truth they were living that it would be what the Eternal Son and Infinite Daughter desired.

We nature spirits can control EVERY aspect of the natural world if need be. We can make anything happen, from causing earthquakes and volcanic eruptions, down to move the smallest bacteria this way and that. We can bring about any mutations that are desirable, and we can work in the moment or over long periods of time. Nothing is too much for us when it comes to influencing the material plane, that's what we're all about as nature spirits, we do always and continually influence it. By our very nature, our very existence we're influencing it. Nature on the physical level doesn't and can't exist without our ongoing influence. And as to that influence, what it entails, that all awaits humanity, and one day we'll be able to tell various people everything we do. There will be those people destined to have very close and open relationships with our kind, and they will learn and see what we do. And then humanity will be able to move toward living more truly with us and our natural influence, all of which will make people feel so much happier about how they live and treat their natural environment. Currently you are so far away from the truth, heading fast in the opposite direction, so you are the furthest you've ever been from our kind. But once the age changes, then we'll be able to come to you as you'll be able to come to us and things will start to change for the better, that's what we're all looking forward to.

Potsy, the cat, her spirit has gone to join with the combined spirit from all Earth's creatures, to be drawn upon to create us nature spirits, and in fact the sporangia as well, having become part of the spirit collective energy from which my kind, among others, are drawn.

**We, being ensouled humanity, are to move with our feelings, respond and act upon our feelings, we all are, and so based on our feelings we bring our mind into play, and then things happen which affect our feelings and so our mind adjusts accordingly.**

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## MIND IMPRISONMENT or FEELING LIBERATED?



Our parents unknowingly indoctrinated us into believing our minds were all powerful, that the way to experience life is to be mind dominated and to put our feelings aside, well, actually obliterate them with suppression. This is how we also mould our children into being our 'little me's', taking them away from being their true selves.



Through our suppressive, misguided, incapable minds, we live. With these same minds we suppress our children's true personalities. In this endeavour we are all evil. We are preventing our children from being the true personality that each child has been endowed with. That personality having been given to them, by their true Parents, being that incredible Soul, Mother and Father. Like our children, we are to fully and truly express our God given personality through our soul based feelings. It is through our feelings that we are to live. We are to engage with our feelings, and it is through our mind that we are to express our feelings. Not the other way round!



Engaging with our heart felt feelings is so liberating. It is also a much easier way of life. Mind control is tiresome, let alone erroneous and corrupt.

By engaging with one's feelings and allowing them to be expressed is ever so more powerful than our clumsy mechanical mind – come brain!



Allow your true self to be liberated. Allow your feelings to flow and shine. Allow your life to flow with the beauty and truth of one's soul based, all loving and perfect feelings. Allow yourself to simply engage with the will that our Heavenly Parents have given each of us, and be the true personality that we are all to express and be.

We can achieve this through the retraining of our mind. This is achieved through engaging with one's Feeling Healing process. It is not easy, in fact it is extremely difficult. Our mind is to be subservient to our feelings. We are not to continue how generations upon generations have lived and suffered for the past 200,000 years.

Embrace the freedom and liberation.



**FEELING versus EMOTION**  
**and emoting such emotions through your feelings:**

It is important to **emote** your feelings to a partner or to your Heavenly Parents.

Just be the feeling. When you feel the feeling, try to stay with that feeling.

The other person you are engaging with can assist you to experience and express the emotional event that you are feeling coming to the surface. They'll assist you to stay with that feeling. The other person is to encourage you, to prompt you in describing, expressing, talking about – **emoting** – that feeling leading you back to discover the truth of an experience that was an emotional event in your life, most likely an event in your early childhood, and even more likely to be a childhood suppression of your expression of your true personality by one of your parents.

What ever you are feeling, describe it. Once in the feeling stay with the feeling – become the feeling – become the emotional event. Express, talk about it, that being the experience of how it really unfolded.

Feeling is what you feel now. Emotion is the result of an event that happened in the past (even the recent past). The emotion is the pain within you. Once you begin to become that painful emotional event then the feelings thereof can be expressed, talked out of you – for ever!

The more often you drop into these past emotional events, you'll find the resistance to do so will subside. Your childhood events will become more readily alive in the present.

You will begin to long for the truth of these childhood repressions and these suppressions will become memories, but no longer painful memories as you talk out each such suppression of your true personality that being what was imposed upon you since your conception. You will be aided by the Spirits of Truth of the Avonal Pair as you become to know and embrace them.

**SPIRITS OF TRUTH**

**Avonal PAIR**

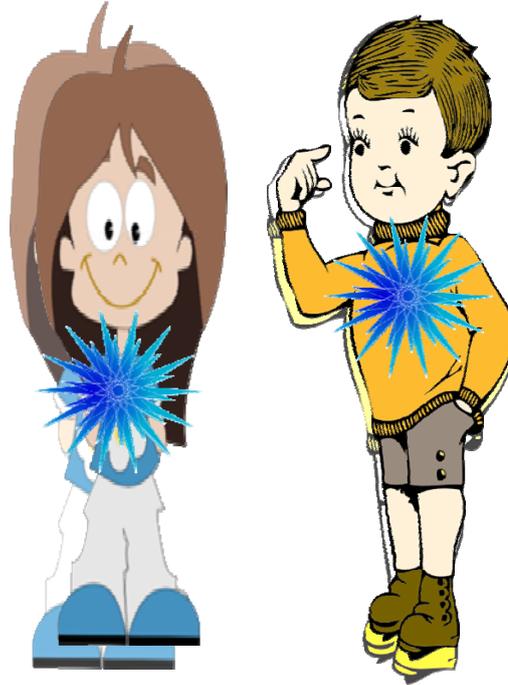


**SOUL:**

The Real You is your soul, you are one 'half' of that soul.

Each half of the original soul incarnates a spirit and physical body simultaneously, they being connected. The soul expresses each of its two personalities as a woman and man. True soulmates are always of the opposite sex.

Sexuality is an attribute of the two personalities the soul expresses; the soul itself does not know sexuality.



The soul connects to the two spirit bodies it has created by 'golden cords' of light; and the spirit body is in turn connected to the physical body by 'silver cords' of light.

The spirit body is your astral body. The etheric is really the body that is the template for the physical and one that doesn't hold consciousness.

The soul remains invisible to the spirit and physical bodies, only being discernible by its luminosity through the spirit body.

95%+ of humanity currently are within the 1<sup>st</sup> sphere of development.

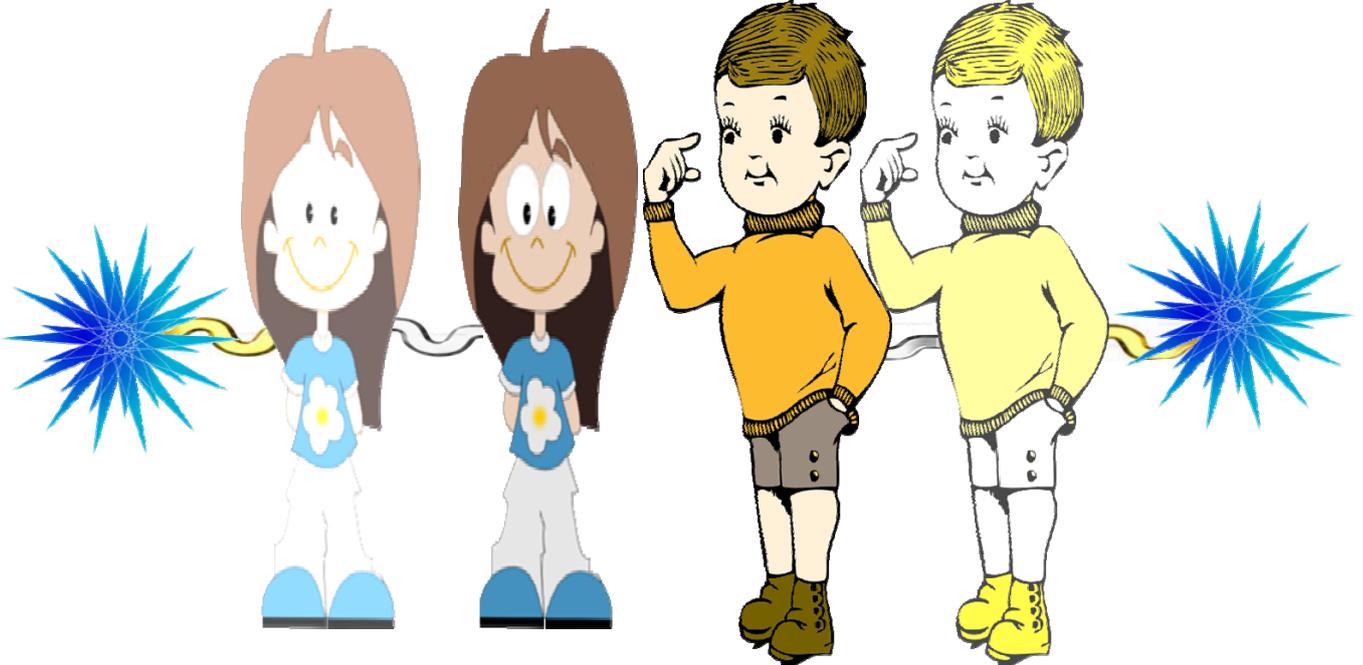
**PERSONALITY**

Soul    Spirit Body    Physical Body



**PERSONALITY**

Physical Body    Spirit Body    Soul



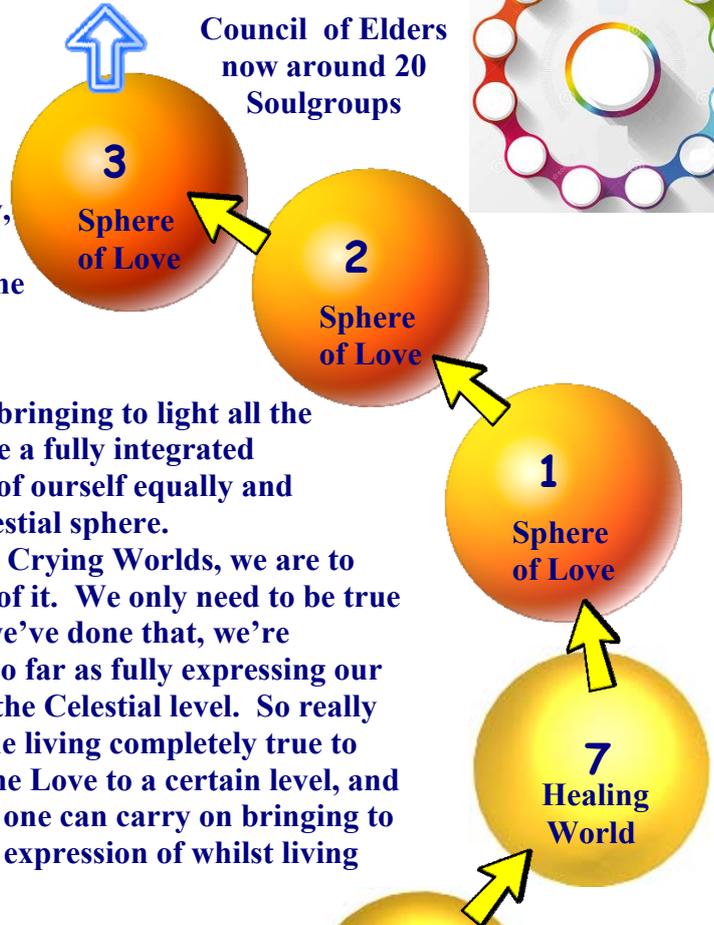
**CRYING WORLDS HEAL, the LOVE WORLDS LIBERATE PERSONALITY:**

To PARADISE, the HOME of OUR HEAVENLY PARENTS

# The Way Home



Council of Elders  
now around 20  
Soulgroups



Celestial Heavens are the Spheres of Love. One has to be a fully integrated personality, as in expressing all the aspects of one's self equally and lovingly, before one can leave the 3<sup>rd</sup> Celestial sphere – Sphere of Love, after having embraced the Way of Feelings.

When in the Celestial Heavens we work on bringing to light all the attributes of one's personality. We are to be a fully integrated personality, as in expressing all the aspects of ourself equally and lovingly, before you can leave the third Celestial sphere.

While we progress through the Divine Love Crying Worlds, we are to live true to our untruth, by living the truth of it. We only need to be true and perfect to our untrue state, and when we've done that, we're Healed. Even though we're still imperfect so far as fully expressing our personality, all of which we then perfect at the Celestial level. So really to qualify for the Celestials, that is about one living completely true to one's wrongness, and partaking of the Divine Love to a certain level, and then once that's done and being a Celestial, one can carry on bringing to light all those parts that one was denied the expression of whilst living untruth to oneself.

We are to uncover the truth of our untruth through the Healing crying Mansion Worlds levels (and their equivalent on Earth); and then once that's done, and with the appropriate amount of Divine Love in our soul warranting fusion with our Indwelling Spirit, we can move into the Celestial spheres of love (or their equivalent on Earth).

Earth has been subjected to the Rebellion and Default until now! As a soulmate pair progress with their Feeling Healing, the Rebellion and Default conditions are being cancelled.

We all arrive into the 1<sup>st</sup> Mind Natural Love Mansion World. Most continue their way of living without any awareness of the Feeling Healing process and the availability of Divine Love.

The 1<sup>st</sup> and 2<sup>nd</sup> Mind natural love Mansion Worlds are jammed to the rafters with spirit personalities. Those who progress to the 4<sup>th</sup> and 6<sup>th</sup> Mind Mansion Worlds are progressing further away from God, continuing with the Way of the Mind!



**SPIRIT MANSION WORLDS are numbered 1 to 7:**

To PARADISE, the HOME of OUR HEAVENLY PARENTS

Spirit Mansion Worlds are those 1 – 7. They with the Celestial Heaven spheres numbered 8, 9, 10 as well as the 2 Spheres of Disharmony are all within the Earth’s environment, and rather close by. Each sphere can accommodate more than 100 times the people than Earth may do.

Progression from the top Celestial Heaven sphere is to the Eternal Spheres, Infinite and Universal and further onwards to Paradise.

Celestial Heaven spheres 8, 9, 10 are often referred to as 1, 2, and 3 of Celestial Heaven.



Natural Love sphere progression stops at sphere 6. With only the natural love, progression is through spheres / worlds 1, 2, 4, and 6 only.

Divine Love perfects one’s natural love soul through the progression via spirit world spheres 3, 5, and 7. Soul-Healing and At-onement is achieved through the progression into sphere 8 which is the first of the Celestial Heaven spheres namely 8, 9, and 10.

One can embrace Divine Love at any time and move to DL sphere 3 and continue.

The Divine Love spheres 3, 5, 7, 8, 9, and 10 were opened by Jesus.

On death of the physical body we all arrive in the 1<sup>st</sup> Natural Love sphere.

Earth is for the individualisation of souls being the commencement of one’s journey home towards our Heavenly Parents.

The 2 Planes of Disharmony are the hells. While one desires to cause harm to others, isolation is applied. Once the Law of Compensation is completed then one can then progress and return to the 1<sup>st</sup> Natural Love sphere and continue in their progression onto higher spheres.

The Pre-Incarnational Sphere is the waiting area for souls to be individualised / incarnated.

There are seven Earth planes around Earth, which are separate from the Mansion Worlds, but we only have access to two of them, which include the ‘hells’. Each of the Mansion Worlds also have their own seven planes ‘around’ them.

**Note:** The first experience with a Divine Love Sphere and a Sphere of Disharmony may be introductory planes / sectors within the 1<sup>st</sup> Natural Love Spirit Mansion World.

# REVELATIONS



**JAMES** PADGETT **REVELATIONS** 1 Commenced 1914  
 MONCRIEF 2 Completed 2014

## REVELATION

1 Divine Love addresses the issues of the Rebellion.

## REVELATION

2 Feeling Healing addresses the issues of the Default.

The Rebellion is against love, the Default is all the difficulties we have in our relationships because of our rebellion. Healing the Default is becoming true, to ourselves and in our relationships, and ending our unlovingness – our rejection of love, so ending the Rebellion.

The Rebellion was brought about by Lucifer and his soulmate 200,000 years ago.  
 The Default was brought about by Adam and Eve, soulmates, 38,000 years ago.

**Law of Forgiveness**

**Law of Compensation**



JOURNEY of HUMANITY into and through the GREAT U-TURN:

Humanity reaching its most evilness, the most lost, the most separation of soulmates. Humanity can begin its Healing. The Great U-Turn begins, the dawning of the Spiritual Age.

Humanity increasing its self- and feeling- denial, its denial of truth. Soulmates getting further apart. Rebellion then Default

Present Day

The true Healing of humanity. Humanity Healing itself by doing its Feeling-Healing and Soul-Healing with Divine Love. Soulmates getting closer together as people express all their feelings more truly.

The Great U-Turn will bring about the Ages of Light and Life.

First soulmate pair – Andon and Fonta

The last humans, the last soulmate pair on Earth.

Lucifer & Satan

Adam & Eve

Jurisdiction of humanity and spirit worlds is now with Celestial Spirits.

Rebellion leaders are now removed



**The New Way: learning how to live true to ourselves by living true to our feelings.**

## Coronavirus Scared World Agrees With Top US Lawmaker Who Says America “*Is Run By a Bunch of Idiots*”

24 March 2020

<http://www.whatdoesitmean.com/index3166.htm>

By: Sorcha Faal, and as reported to her Western Subscribers

A thought-provoking new **Ministry of Foreign Affairs (MoFA)** report circulating in the **Kremlin** today discussing an urgent communiqué received within the past few hours from the **Permanent Mission of the Russian Federation to the United Nations in New York City-United States**, reveals that as the world’s diplomatic representatives were absorbing the grave warning yesterday from **French Economic Minister Bruno Le Maire** that “*the scale of the current economic downturn is unprecedented since the 1929 Great Depression*”, they were further thrown into panic when **American** economists echoed this fear with their warning that “*Washington’s current efforts won’t be enough to fight a downturn approaching the devastation seen eight decades ago during the Great Depression*”—both of which warnings were then joined by the **shock announcement that entire US airline industry is mulling a complete shutdown of all flights in America**—which then saw these world diplomats being glued to their television sets watching in hope as the **US Federal Reserve central bank took historic action to rescue their nation’s coronavirus ravaged economy**—but whose historic action could only be completed if the **US Congress** immediately passed a **500-page** emergency coronavirus rescue package—a rescue package said nearly done and approved by both **Republican** and **Democratic** lawmakers in the **US Senate**—that is until word began circulating around **Washington** that socialist **Democrat Party** leader **US House Speaker Nancy Pelosi’s** second-in-command **US Congressman James Clyburn** had declared about this critically needed coronavirus rescue package “*This is a tremendous opportunity to restructure things to fit our vision*”—a vile declaration followed by **Speaker Pelosi ordering the blocking of the US Senate vote on the coronavirus emergency rescue package**—and after blocking, then saw **Speaker Pelosi** unleashing upon the unsuspecting **American** people and the world an up to **1,400-page** socialist monstrosity called the “**Take Responsibility for Workers and Families Act**”—that aside from having barely anything to do with rescuing the **US** from the coronavirus, takes responsibility for nothing, and most certainly doesn’t do anything to protect workers or families—as instead this socialist nightmare of a bill **demands the return of free Obama phones for illegal migrants—demands such things as retirement plans for community newspaper employees and greenhouse gas statistics for individual flights**—as well as **its imposing racial and gender pay equity provisions, diversity on corporate boards, increased use of minority-owned banks by federal offices, and a grab-bag of other diversity-themed requirements making it a bill being called “Christmas in March” for liberal special interests**—and whose absolute sheer lunacy of became too much for top **Republican Party** lawmaker **US Senator John Kennedy**—who exploded in rage on live television from the floor of the **US Senate** slamming **Speaker Pelosi** and her demented socialist **Democrats** with the scorching words: “*Do you know what the American people are thinking right now...They’re thinking that this country was founded by geniuses, but it’s being run by a bunch of idiots*”. [Note: Some words and/or phrases appearing in quotes in this report are English language approximations of Russian words/phrases having no exact counterpart.]

According to this report, in **2008** when socialist leader **Speaker Pelosi** was rising to power on the coattails of **President Barack Obama**, an outlook towards the future as to the threats posed by global pandemics caused the **Ministry of Industry and Trade** to announce their **Pharma2020** strategy as part of the **Healthcare Development Programme**—a programme designed to make **Russia** self dependent on all critically needed medicines by **2020**—and **by 2017 saw Russia**



**being among the top generic drug markets in the world**—but most importantly, in **2011**, saw the **Pharma2020** strategy being used by **Israeli medicine giant Teva Pharmaceutical Industries** to **build a \$50 million pharmaceutical plant in Russia**—the exact same **Teva** that's **donated 6 million Hydroxychloroquine tablets to fight the coronavirus pandemic to American hospitals, and are set to arrive by 31 March, with another 10 million to be sent within a month**—over half of which are being produced at the **Teva** pharmaceutical plant in **Russia**—none of whose working around the clock workers have yet to receive any thanks from the **Americans**.

With **Russia** sharing the world's sixth-longest international border with **China** measuring **4,209 kilometers (2,615.5 miles)**, however, this report notes, the most deserved thanks should go to the doctor-scientists at the **State Research Center of Virology and Biotechnology (VECTOR)** [[English](#)]—who while watching over and protecting the health of a nation and its peoples, literally, living right next door to where the coronavirus pandemic began, remains the least affected industrial nation in the world having just **438** documented coronavirus patients—the sickest of whom will soon be transferred to the new **500-bed** highly advanced hospital being rapidly built for them in **Moscow**.

Specifically as to how **VECTOR** doctor-scientists were able to protect **Russia** from the coronavirus pandemic, this report explains, one must first know that its laboratories are one of only two in the world authorized under international law to hold samples of the most deadly and dangerous pathogens ever discovered—the other one being the **United States Army Medical Command** laboratories at **Fort Detrick** located in **Frederick-Maryland**—but after **an army of CDC inspectors rushed into Fort Detrick and shut down its critical bio-defense laboratories on 2 August 2019**, and a few weeks later **VECTOR itself was crippled and shut down by a mysterious explosion occurring on 16 September 2019**—saw **VECTOR** doctor-scientists documenting how when after the world's top two defense laboratories for the protection against emerging pathogens able to cause a pandemic were taken out, the **CDC morphed a so-called “vaping death” epidemic only occurring in the United States into the present coronavirus pandemic**—documentation which then allowed **VECTOR** doctor-scientists to discover that there are two coronavirus types circulating around the globe—**the first being the S type coronavirus, and its more deadly “child” the L type coronavirus**—and for the **S type coronavirus**, saw **VECTOR** doctor-scientists working with **Teva** to find the cure for—which is a **7-day** regime of **Teva's** produced in **Russia** two drugs **Hydroxychloroquine** and **Azithromycin**.

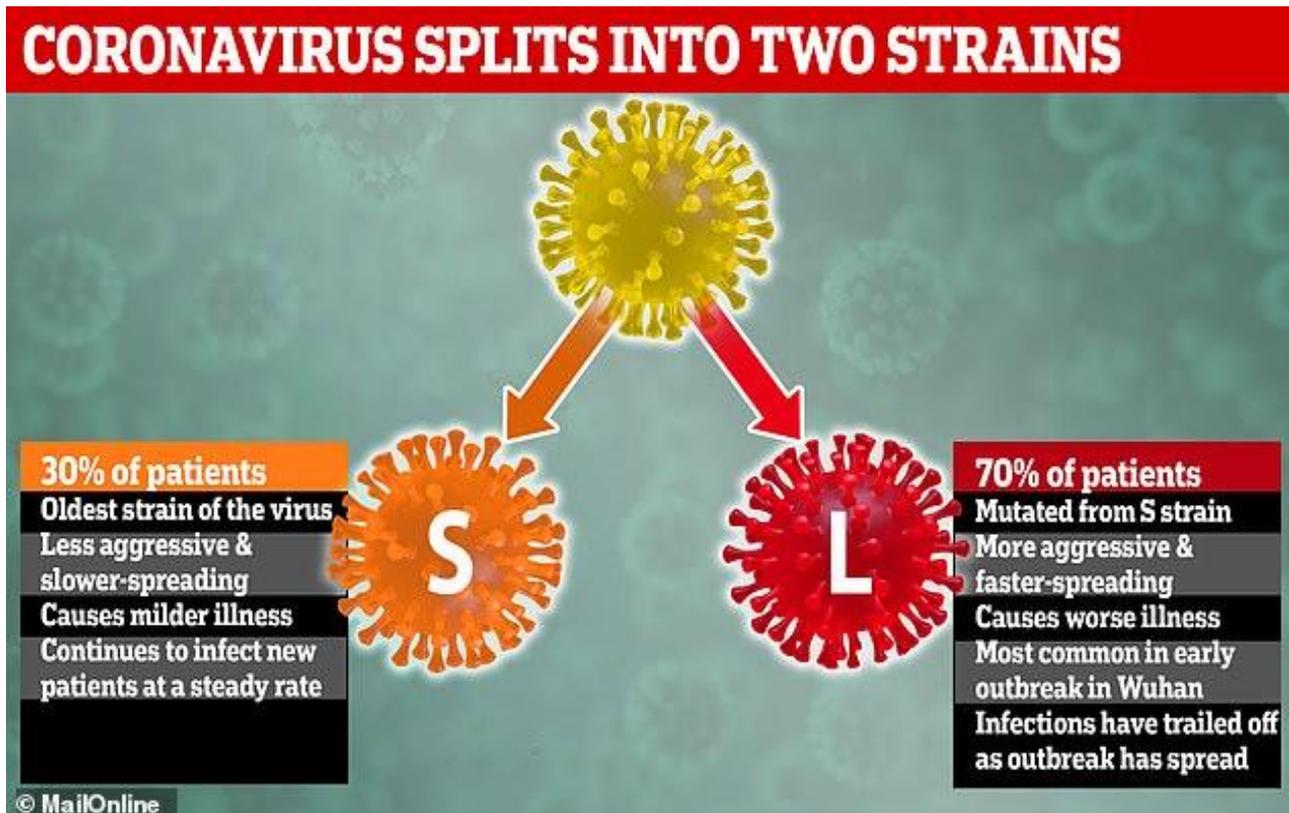


**Olga Lautman**  
@olgaNYC1211



There are reports coming out of Russia that an explosion occurred at the Vector Institute in Novosibirsk. It's a virology and biotechnology institute





**American people are still unable to comprehend that coronavirus pandemic is a globalist-socialist biowarfare attack intended to destroy President Donald Trump.**

Though not being told to the masses of the **American** people about what **VECTOR** doctor-scientists and **Teva Pharmaceutical Industries** have done to protect our world against this demonic globalist-socialist biowarfare attack, this report continues, their actions have been fully known about by a **President Trump** who's just called their two-drug coronavirus cure discovery a "*Gift from God*"—a sentiment shared by **52-year-old American** coronavirus victim **Rio Giardinier**, who **while laying near death was saved after being given the Russian produced Teva drug Hydroxychloroquine**—a miraculous cure confirmed by **Dr. Vladimir Zelenko** who has just **cured 100% of his 350 coronavirus patients in New York State**—and who's now been joined by **numerous other American doctors, medical professionals and scientists calling on their government to immediately use Hydroxychloroquine to fight the coronavirus**—all of whom are being viciously attacked by the **American** leftist mainstream propaganda media—attacks that have become so demented, **Trump is even being accused of killing an idiot who self-medicated himself with fish tank cleaner because its name was similar to Hydroxychloroquine**—but whose truest reason for these leftist media demons continuing to incite fear and hysteria among the **American** people, can be seen in a barely noticed section of **Speaker Pelosi's** socialist monstrosity of bill that **orders the immediate creation of a "digital dollar" and the establishment of "digital dollar wallets" to be forced upon the American people against either their knowledge or will**—an actual "*Mark of the Beast*" action that will force

the **American** people to give up all of their cash holdings and make known to their socialist overlords every single penny they spend.

## MARK OF THE BEAST

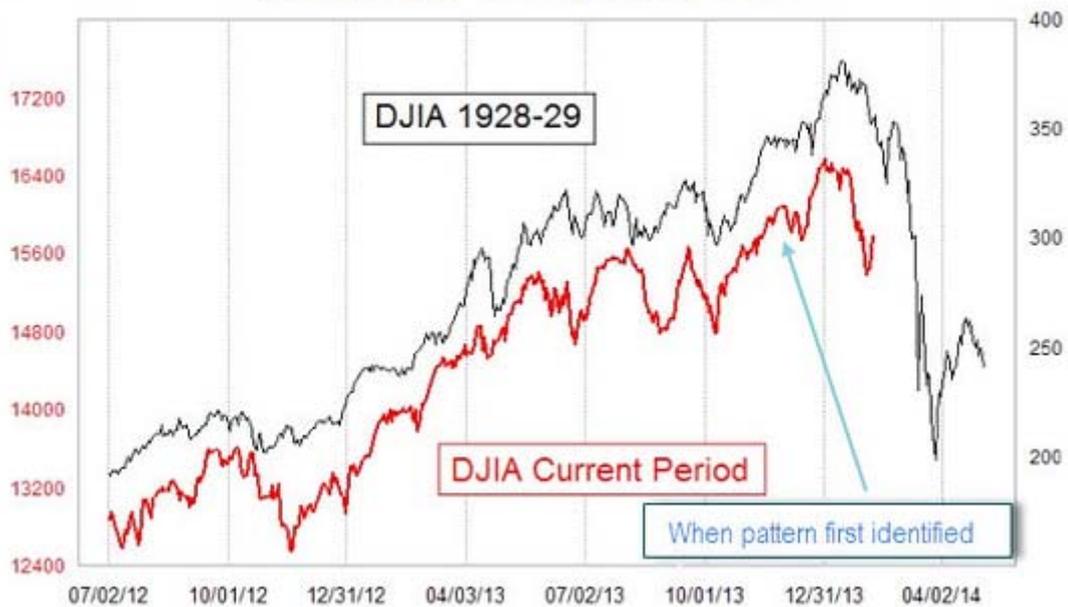
- **Revelation 13:17 (KJV)**  
**17 And that no man might buy or sell, save he that had the mark, or the name of the beast, or the number of his name.**
- **Revelation 14:11 (KJV)**  
**11 And the smoke of their torment ascendeth up for ever and ever: and they have no rest day nor night, who worship the beast and his image, and whosoever receiveth the mark of his name.**

Knowing that he is in a battle to the death against **globalist-socialists whom in 2016 the world's top Christian theologians declared were Anti-Christ and Demonic**, this report concludes, **President Trump** is now moving rapidly to rescue his nation's economy and its peoples from this coronavirus biowarfare attack, and who has just truthfully declared "*Our country wasn't built to be shut down...This is not a country that was built for this*"—and in **Trump's** reopening the US economy, now sees **Federal Reserve Bank of St. Louis President James Bullard** predicting potential "*boom quarters*" in the fourth quarter of this year and the first of next year—"*boom quarters*" of US economic growth that will coincide with a coronavirus that's **mutated 40 times already in a "textbook example" pattern similar to the flu**—which the world's top virologists say "*means that this virus can infect more because it is better adapted, but it is not the disease-causing virus variants that survive....these are the variants that cause less disease*"—and makes understandable why **Nobel Prize winning Stanford University biophysicist Dr. Michael Levitt (who really is one of the smartest people in the world)** has just told everyone "*We're going to be fine*"—a truth known by both **Trump** and **God**—and one hopes the **American** people will also soon know.



***“Therefore I tell you, whatever you ask for in prayer, believe that you have received it, and it will be yours.”***

## SCARY PARALLEL



Source: McClellan Market Report, based on pattern discovered by Tom DeMark

## Robert F Kennedy Jr. exposes Bill Gates' Vaccine Agenda in Scathing Report

<https://www.zerohedge.com/health/robert-f-kennedy-jr-exposes-bill-gates-vaccine-agenda-scathing-report>

by Tyler Durden

Sunday 12 April 2020

*Authored by Robert F. Kennedy Jr., Chairman, Children's Health Defense.*

**Vaccines, for Bill Gates, are a strategic philanthropy that feed his many vaccine-related businesses (including Microsoft's ambition to control a [global vaccination ID enterprise](#)) and give him dictatorial control of global health policy.**

**Gates' obsession with vaccines seems to be fueled by a conviction to save the world with technology.**



Promising [his share of US\\$450 million](#) of US\$1.2 billion to eradicate Polio, Gates took control of India's National Technical Advisory Group on Immunization (NTAGI) which mandated up to [50 doses](#) (Table 1) of polio vaccines through [overlapping immunization programs](#) to children before the age of five. Indian doctors blame the Gates campaign for a devastating [non-polio acute flaccid paralysis \(NPAFP\) epidemic that paralyzed 490,000](#) children beyond expected rates between 2000 and 2017. In 2017, the Indian government dialed back Gates' vaccine regimen and [asked Gates](#) and his vaccine policies to leave India. NPAFP rates dropped precipitously.

In 2017, the World Health Organization (WHO) reluctantly admitted that the global explosion in polio is [predominantly vaccine strain](#). **The most frightening epidemics in [Congo, Afghanistan, and the Philippines](#), are all linked to vaccines.** In fact, by 2018, [70% of global polio cases](#) were vaccine strain.

*[ZH: The CDC has a large financial interest in pushing untested vaccines on the public and WHO is even more under the control of Big Pharma. The organisation is corrupt beyond the meaning of the word. "The WHO is a sock puppet for the pharmaceutical industry." — Robert F. Kennedy Jr.]*

During Gates' 2002 MenAfriVac campaign in Sub-Saharan Africa, Gates' operatives forcibly vaccinated thousands of African children against meningitis. [Approximately 50 of the 500 children vaccinated developed paralysis.](#)

**South African newspapers complained, "[We are guinea pigs for the drug makers.](#)"** Nelson Mandela's former Senior Economist, Professor Patrick Bond, describes Gates' philanthropic practices as "[ruthless and immoral.](#)"

In 2010, the Gates Foundation funded a phase 3 trial of **GSK's experimental malaria vaccine**, [killing 151 African infants](#) and causing serious adverse effects including paralysis, seizure, and febrile convulsions to [1,048 of the 5,949 children.](#)

In 2010, Gates [committed US\\$10 billion](#) to the WHO saying, **"We must make this the decade of vaccines."**

A month later, Gates said in a [Ted Talk](#) that new vaccines “could reduce population”.

In 2014, Kenya’s Catholic Doctors Association accused the WHO of **chemically sterilizing millions of unwilling Kenyan women with a “tetanus” vaccine campaign**. Independent labs found a sterility formula in every vaccine tested. After denying the charges, WHO finally admitted it had been developing the sterility vaccines for over a decade. Similar accusations came from [Tanzania, Nicaragua, Mexico, and the Philippines](#).

In 2014, the Gates Foundation funded tests of experimental HPV vaccines, developed by Glaxo Smith Kline (GSK) and Merck, on [23,000 young girls](#) in remote Indian provinces. **Approximately 1,200 suffered severe side effects, including autoimmune and fertility disorders. Seven died.** Indian government investigations charged that Gates-funded researchers committed [pervasive ethical violations](#): pressuring vulnerable village girls into the trial, bullying parents, forging consent forms, and refusing medical care to the injured girls. The case is now in the country’s Supreme Court.

[A 2017 study](#) (Morgenson et. al. 2017) showed that **WHO’s popular DTP vaccine is killing more African children than the diseases it prevents**. DTP-vaccinated girls suffered 10x the death rate of children who had not yet received the vaccine. WHO has refused to recall the lethal vaccine which it forces upon tens of millions of African children annually.

**Global public health advocates around the world accuse Gates of steering WHO’s agenda away from the projects that are proven to curb infectious diseases: *clean water, hygiene, nutrition and economic development*.**

The Gates Foundation only spends about [US\\$650 million of its US\\$5 billion dollar budget](#) on these areas.

**They say he has diverted agency resources to serve his personal philosophy that good health only comes in a syringe.**

In addition to using his philanthropy to control WHO, UNICEF, GAVI, and PATH, **Gates funds a private pharmaceutical company that manufactures vaccines**, and additionally is donating US\$50 million to [12 pharmaceutical companies](#) to speed up development of a coronavirus vaccine.

In his [recent media appearances](#), Gates appears confident that the **Covid-19 (a coronavirus) crisis will now give him the opportunity to force his dictatorial vaccine programs on American children.**

**DR RASHID BUTTAR EXPOSES FAKE VIRUS AGENDA & BILL GATES**

<https://www.youtube.com/watch?v=HWtJJDDN-II&feature=youtu.be>

18 April 2020

## COVID-19 Is a Man-Made Virus: HIV-Discoverer Says "Could Only Have Been Created In A Lab"

<https://www.zerohedge.com/health/covid-19-man-made-virus-hiv-discoverer-says-could-only-have-been-created-lab>

by [Tyler Durden](#)

Friday, 17 April 2020

As the [mainstream media and politicians begin to raise/admit the possibilities](#) that the source of COVID-19 was likely a lab in Wuhan (accidentally leaked or otherwise) – [something we first brought to the world's attention in January](#) before being [mocked, censored, and chastised](#) – it appears more actual 'scientists' ([at least those not paid by or working for a lab in Wuhan](#)) are willing to admit what we noted all along – this virus is man-made.



[GilmoreHealth.com's Robert Miller writes](#) that **contrary to the narrative that is being pushed by the mainstream that the [COVID 19 virus was the result of a natural mutation](#) and that it was transmitted to humans from bats via pangolins**, Dr Luc Montagnier the man who discovered the HIV virus back in 1983 disagrees and is saying that ***the virus was man made.***

Professor [Luc Montagnier, 2008 Nobel Prize](#) winner for Medicine, **claims that SARS-CoV-2 is a manipulated virus that was accidentally released from a laboratory in Wuhan, China.** Chinese researchers are said to have used coronaviruses in their work to develop an AIDS vaccine. HIV DNA fragments are believed to have been found in the SARS-CoV-2 genome.

We knew that the Chinese version of how the coronavirus emerged was increasingly under attack, but here's a thesis that tells a completely different story about the Covid-19 pandemic, which is already responsible for more than 110,000 deaths worldwide.



According to Professor Luc Montagnier, *winner of the Nobel Prize for Medicine in 2008 for “discovering” [HIV](#) as the cause of the AIDS epidemic* together with Françoise Barré-Sinoussi, **the SARS-CoV-2 is a virus that was manipulated and accidentally released from a laboratory in Wuhan, China, in the last quarter of 2019.**

According to Professor Montagnier, this laboratory, known for its work on [coronaviruses](#), tried to use one of these viruses as a vector for HIV in the search for an AIDS vaccine!

“With my colleague, bio-mathematician Jean-Claude Perez, we carefully analysed the description of the genome of this RNA virus,” explains Luc Montagnier, interviewed by Dr Jean-François Lemoine for the daily podcast at Pourquoi Docteur, adding that others have already explored this avenue:

**Indian researchers have already tried to publish the results of the analyses that showed that this coronavirus genome contained sequences of another virus, ... the HIV virus (AIDS virus), but they were forced to withdraw their findings as the pressure from the mainstream was too great.**

In a challenging question Dr Jean-François Lemoine inferred that the coronavirus under investigation may have come from a patient who is otherwise infected with HIV.

"No," says Luc Montagnier, **"in order to insert an HIV sequence into this genome, molecular tools are needed, and that can only be done in a laboratory."**

According to the 2008 Nobel Prize for Medicine, a plausible explanation would be an accident in the Wuhan laboratory. He also added that the purpose of this work was the search for an AIDS vaccine.

## **The truth will eventually come out**

In any case, this thesis, defended by Professor Luc Montagnier, has a positive turn. According to him, the altered elements of this virus are eliminated as it spreads:

*“Nature does not accept any molecular tinkering, it will eliminate these unnatural changes and even if nothing is done, things will get better, but unfortunately after many deaths.”*

Luc Montagnier added that with the help of interfering waves, we could eliminate these sequences and as a result stop the pandemic.

This is enough to feed some heated debates! So much so that Professor Montagnier’s statements could also place him in the category of “conspiracy theorists”:

**“Conspirators are the opposite camp, hiding the truth,”** he replies, without wanting to accuse anyone, but **hoping that the Chinese will admit to what he believes happened in their laboratory.**

To entice a confession from the Chinese he used the example of Iran which after taking full responsibility for accidentally hitting a Ukrainian plane was able to earn the respect of the global community.

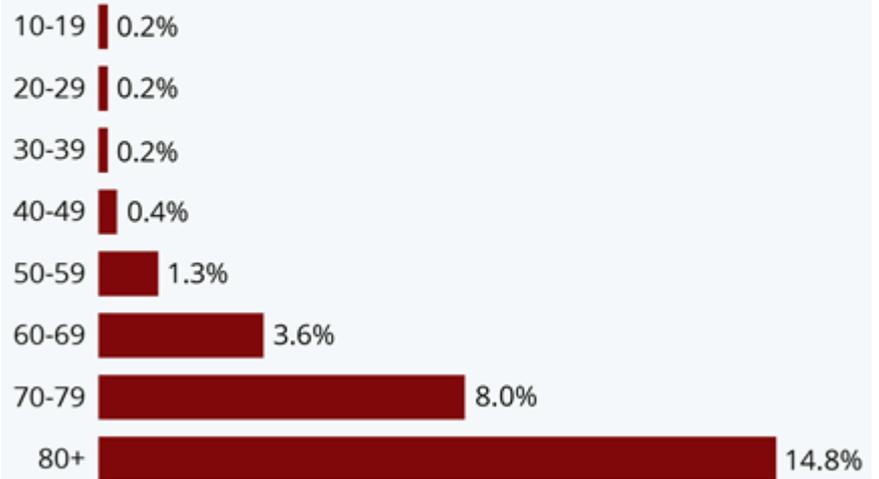
**Hopefully the Chinese will do the right thing he adds.**

**“In any case, the truth always comes out, it is up to the Chinese government to take responsibility.”**

Something to contemplate – why and how the selectivity for virus deaths?:

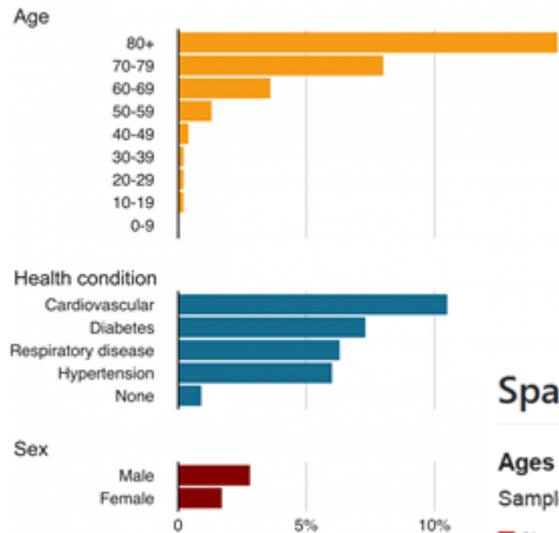
## Study: Elderly Most At Risk From The Coronavirus

COVID-19 fatality rate by age (as of February 11, 2020)



### Death rate varies by age, health and sex

Case fatality ratio

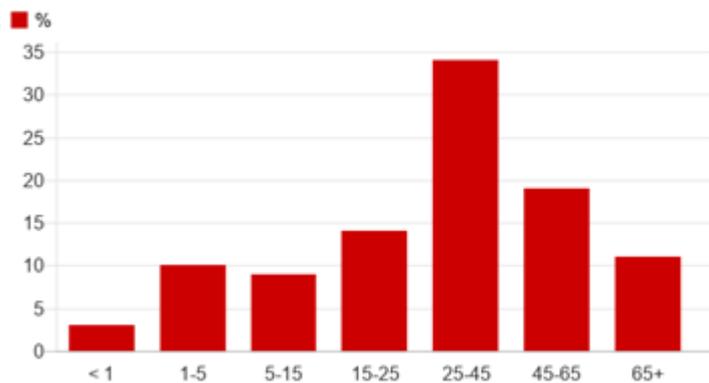


Source: Chinese Centre for Disease Control and Prevention

## Spanish flu: 'We didn't know who we'd lose next'

### Ages of people dying of influenza in 1918 and 1919

Sample of 14,120 deaths recorded in local health reports



Source: Wellcome Library

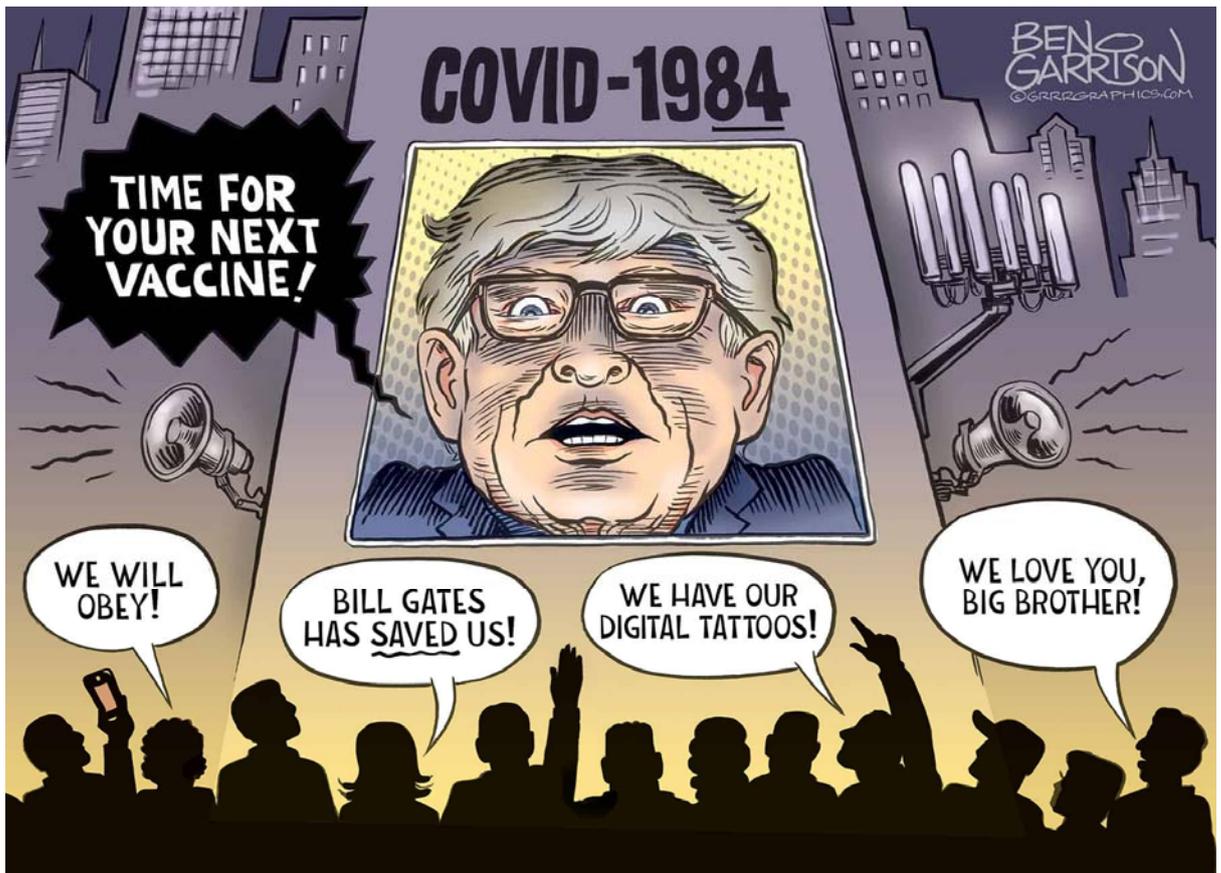


## If a Vaccine for COVID-19 Is Found It Will Be the First Time Ever for a Coronavirus

<https://www.anti-empire.com/if-a-vaccine-for-covid-19-is-found-it-will-be-the-first-time-ever-for-a-coronavirus/>

Candace Sutton 21 April 2020

*About as realistic as a vaccine for the common cold, but Bill Gates's plan is to keep his iron boot on our faces until there is one.*



One of Australia's most eminent vaccine developers says there may never be a vaccine against COVID-19 for some very good reasons.

Professor Ian Frazer, the immunologist who co-invented the human papilloma virus (HPV) vaccine which prevents cervical cancer, said a coronavirus vaccine was "tricky".

He told news.com.au that although 100 different teams around the world were testing for vaccines, medical scientists did not have a model of how to attack the virus.

The professor of medicine at Queensland University, which is testing for its own COVID-19 vaccine, said immunisation against coronavirus was similar to immunising against the common cold.

"It is tricky, vaccines for upper respiratory tract diseases, because the virus lands on the outside of you," Prof Frazer said.

“Think of us as a football, with the skin and respiratory tract on the outside of the football and the lungs are where the outside interfaces with the inside.

**“The place where the virus lands is outside us and it tries to infect the cells within us.**

“Our immune system is inside of us. When it lands inside our lungs it tries to infect our cells and succeeds. Our immune system goes to fight the virus and that’s why people get sick.

“If the immune system turns on too strong it can cause damage to the lungs.

**“The wrong vaccine could make things worse so we have to be very selective about what part of the virus we want to attack.**

**“If you immunise someone with a vaccine, it goes inside and makes an immune response within you.**

“What you want is an immune response to migrate out to where the virus lands.

“There is no vaccine against the common cold.”

Prof Frazer said that with flu, the immune response inside a person’s body didn’t occur until the flu virus gets inside them.

**“We tried to deliver a vaccine to the lungs with the Flu Mist which you snuffed up your nose, delivering the vaccine to the place where you need an immune response, but it didn’t work terribly well,” he said.**

**“Coronavirus doesn’t get into you, it stays on the surface cells in your lungs. All these flu viruses get into you, so the body can fight and makes T cells.**

**“This virus doesn’t kill the cells, it makes them sick. At the moment we don’t know how to make a coronavirus vaccine work.**

“That’s why there are 100 vaccines under testing using every conceivable approach.

**“We don’t know if any of them will work.”**

Prof Frazer said a vaccine for the 2003 SARS (severe acute respiratory syndrome) outbreak was never successfully developed and then the virus burnt out.

SARS broke out in China and didn’t spread as far, partly because overseas travel by the Chinese population was not as great 17 years ago as it is today.

But, Prof Frazer said, it also had diluted potency as it went from host to host.

“As it passed from animal to the first human and then through the second human, as it passed through every human it got a little less good at infecting people,” he said.

“The virus attenuated itself; it got less powerful.

**“It may well be the same with this virus. It’s not very effective in making us sick. It may become less effective.**

“We are now mapping it as it goes and changes are occurring in its genetic make-up, small changes.

**“Changes to it in China led to the virus becoming less virulent or sick-making.**

“At the moment it’s not passing through a lot of people in Australia.”

Prof Frazer said coronavirus was less infectious and not as deadly as MERS, the Middle Eastern Respiratory Syndrome or camel flu which broke out in South Korea in 2015.

“MERS ... was very efficient infecting and making people sick,” he said.

“One person who went to South Korea from the Middle East infected 170 people and a third of those died.

“He went through four hospitals before he was diagnosed, but in South Korea they were very effective with contact tracing.

**“MERS is much nastier ... than coronavirus.”**

Prof Frazer explained the annual vaccines prepared against the winter flu by the Commonwealth Serum Laboratories (CSL) were not entirely effective.

Each year CSL “takes about a quarter of Australia’s egg supply to make the vaccine,” he said.

“We purify the protein parts of the virus out of the eggs and make the vaccine out of that.

“But it’s not 100 per cent effective at all ... for older people (because) as your immune system gets weaker as you get older.

“With measles you are protected against it for life. The vaccine kills any virus that gets into your blood.

“We don’t have a mode that works against other coronaviruses.”

Prof Frazer, who is currently developing vaccines for cancer, is working with a team of medical scientists on a trial for a coronavirus treatment drug.

The intervention drug’s purpose is to dampen down the inflammatory response in high-risk coronavirus patients.

He said for 99 per cent of people who got coronavirus it was a trivial illness, but that was not the case for those in the vulnerable categories.

Source: [News.com.au](https://www.news.com.au)

**ABC:**

There are several reasons why our upper respiratory tract is a hard area to target a vaccine.

**“It’s a separate immune system, if you like, which isn’t easily accessible by vaccine technology,”** Professor Frazer told the [Health Report](#).

**Despite your upper respiratory tract feeling very much like it’s inside your body, it’s effectively considered an external surface for the purposes of immunisation.**

**“It’s a bit like trying to get a vaccine to kill a virus on the surface of your skin.”**

Your skin, and the outer layer of cells in your upper respiratory tract act as a barrier to viruses, stopping them getting into the body.

And **finding a way to neutralise the virus “outside” of the body is very difficult.**

This is partly because only the outer layer of cells (the epithelial cells) get infected, which, compared to a severe infection of internal organs doesn’t produce the same immune response, so is harder to target.

It’s hard to produce a successful vaccine if the virus isn’t activating a strong immune response.

And if a vaccine elicits an immune response that misses the target cells, the result could potentially be worse than if no vaccine was given.

**“One of the problems with corona vaccines in the past has been that when the immune response does cross over to where the virus-infected cells are it actually increases the pathology rather than reducing it,”** Professor Frazer said.

**“So that immunisation with SARS corona vaccine caused, in animals, inflammation in the lungs which wouldn’t otherwise have been there if the vaccine hadn’t been given.”**

**VIRUSES**

Friday, 17 April 2020

James: Hello Verna, more about the viruses if you wouldn't mind, I want to tap and probe that limitless mind of yours.

Verna, a Nature Spirit: That's being a bit familiar isn't it My Love, you want to tap and probe?

James: Can a mortal fall in love with a Lady of the Lake?

Verna: Can such a Lady Nature Spirit fall in love with a mortal? Do Nature Spirits fall in love with each other? Do angels? What is love my dear boy?

James: Subject for another day, my brain can only cope with so much, and that 'much' is fading fast these days, so we'd better stick to something boring like viruses and spreading disease.

Verna: If you wish. Big Sigh, so we'll leave our confessions of love for each other until another day. Alright, if you insist. So I'll ransack your mind and rave on about what it was you were thinking about asking me, all to save you from having to type your questions for me. I'm a good girl aren't I!



James: You are so kind.

Verna: Okay, first up, let's go back to be basics – BIG YAWN! As you understand James, EVERYTHING happens to and for you depending on which way you are living, that being the two ways now available to you:

First; living against yourself and so against the Truth and against God; and the

Second; living true to yourself, the Truth and God, which to do begins with doing your Spiritual Healing.

So bearing that in mind – YAWN AGAIN – EVERYTHING that happens to you does so to help you live one of those two ways. So you will 'get a virus' to help you go further into your truth-denial; or you will get one to help you come out of it. And you will ONLY get one if you need it to help you with either of these two ways, you won't just get it because it's floating around in the breeze of being zapped into your etheric system – which having just said I now need to qualify: You can 'catch it' and it can enter your body, but if it's not to be used for either of two ways of living: Truth-Denial or Truth-Acceptance and Advancement, then it will be quickly destroyed by your body and more than likely without you even knowing you 'caught it'.

Your body is a wonderful instrument, it being designed to absolute perfection to enable you to live in the physical domain either with God or against God. And as you are the current universal experiment helping us all see what living against God looks and feels like to you, so who in their right mind would want to choose that lousy way.

James: Yeah well it's not as if we had a chance, God wanting us to.

Verna: So you'd better take it up with Them.

James: I have, often I do, and They say its what I need so as to understand through direct personal experience what living against Them feels like. They were saying to me on my walk this afternoon that They want me to fully experience feeling completely powerless and how feeling powerless makes me feel so miserable. I am to know the truth that feeling powerless is a miserable experience. And know the truth of it and the truth of all the other bad feelings I feel, having experienced them seared into my soul.

Verna: So there you have it!

So my dear boy you were wondering about people living in Bali (Indonesia) as your friend was saying where Dengi fever is rife this season because of the altered weather patterns, or something to that effect, and you were wondering why do they live where there is such disease anyway.

And yes, you are right, who in their right mind would live where it's hard to exist; and then yet again, why not, if you think you can deal with it and are prepared to suffer the consequences; and like you, they might not have a say in it.

But the thing is, your bodies are designed to live anywhere, even in the most infested disease ridden place on the planet, and you will get sick if you need that sickness to further your truth-denial, or you will get sick if you need it to help you heal your truth-denial, or you simply won't get sick. There is NO OTHER REASON why you get sick!

James: Yeah, but that's all very well, but we still get sick, either way.

Verna: So then you strive to work out how to live so you don't get sick from either way.

James: Yes, and that's all very well too, but up until now there wasn't a way to fully Heal yourself and become Celestial whilst still of flesh and so become 'immune' to all that stuff, no longer needing sickness for either way.

Verna: True, so those people before now just had to go through that experience until they moved into spirit and were offered the Truth of how to ascend in truth to the Celestial levels.

And as I am in your life James to further educate you about the New Way, so we won't dwell on the past, that is being consigned to the history books anyway, a bad dream for most, still, necessary for what their souls needed. I am speaking to you to help those people of the New Way to have more of an understanding about that Way and how it differs to the Old Way.

So people of the New Way, those doing and who will have done their Spiritual Healing, will try not to interfere as much with nature as they will understand that it's not actually about nature and chance, that it's by design, and all in response to what's already in them.

If you are going to get sick, that will happen either way because you are already sick within yourself, and from how you were treated through your childhood – there are no other reasons. You are sick because you are denying the truth of yourself and God. You are all very ill being in the Rebellion and Default. The Rebellion and Default are the true viruses that you are all 'infected' with, so you struggle on believing that your life is a wonderful thing if you feel well and everything is working for you; or you

feel rat-shit if you feel sick and everything is going against you. All because you have no idea about any of it because you've been rendered blind and unknowing because you are so out of touch with the truth of your own feelings. You are disconnected from yourself, your self that would naturally keep revealing truth to you if you were living true to your feelings.

So you are sick, and so illnesses come to help you feel just how sick you are. You are not allowed to get away with being rebellious and live happily ever after in your untrue state. It doesn't work that way. When something is not right in nature the 'agents of destruction' seek to reduce it **back to its basic** constituents, so because you are of nature and are sick – not right, not true, despite what you believe, nature is 'against' you, always trying to reduce you back to your original constituents, however as that only applies to the physical body, and as you are driven by your spirit body and soul, so those agents don't always and aren't always needed to return you to dust immediately. So you can live a whole life sick to your core and yet without any physical problems to show you, as that sickness is in your soul, in your self, in your psyche, but one day in spirit it's going to catch up with you and then you will become very spiritually ill as your mind breaks down having been overburdened with false beliefs.

So those people in Bali (Indonesia) because of their religious superstition and all their other untruth and feeling denying beliefs won't allow themselves to progress in truth through their feelings, so they will keep having to live always under the threat of such seasonal fevers, just as their ancestors have done, just as their beliefs say they have to. But they don't have to, only just changing your beliefs won't do it, you have to do your Spiritual Healing. You can believe you change your beliefs, but that's just another set of beliefs you're imposing on your old ones, as you can't actually give up your beliefs until you see the truth of why you've got them and how they came about, which you can only see when your Healing takes you back into the depths of your early childhood where all those beliefs are formed in you. So those people who believe they are changing their beliefs and so changing themselves, and it's the same if they work to change their behaviour in any way, all they are doing is adding more layers, burying the old ones. And they might believe they are successful and behave differently, but as you know James, when you start your Healing working your way back into yourself, all those deeper layers will come up again helping you see and realise that you didn't get rid of them after all.

James: Yeah, tell me about it.

Verna: So you can go to the supermarket and they wipe everything clean, they can put barriers between you and you have to keep your social distancing under control, and they can lock you all away in your homes preventing any movement and limited interaction, but when they allow you back out into the world, do they really believe that will be the end of Covid-19 or Covid any other number that nature will develop for you? Nature's laboratory is far bigger than any of your manmade ones, you don't stand a chance, your science fiction films of living in a disease free environment on Earth is never going to happen, that is, not until everyone is living a Celestial level of Truth. Which is the aim for humanity now the Rebellion is over.

The physical realm will evolve with you, you with it, however when you're in it, you're always part of it. So when you are Celestial no longer needing the help of such viruses or diseases, they will no longer be part of your physical environment. The creatures and nature itself might still need them, and you might 'breathe them in' or touch or eat something with them on it which 'infects' your body, however the vibration of your physical body, of your whole system, will render it harmless, destroy it, or just add it to the workings of your physical and with no ill effects.

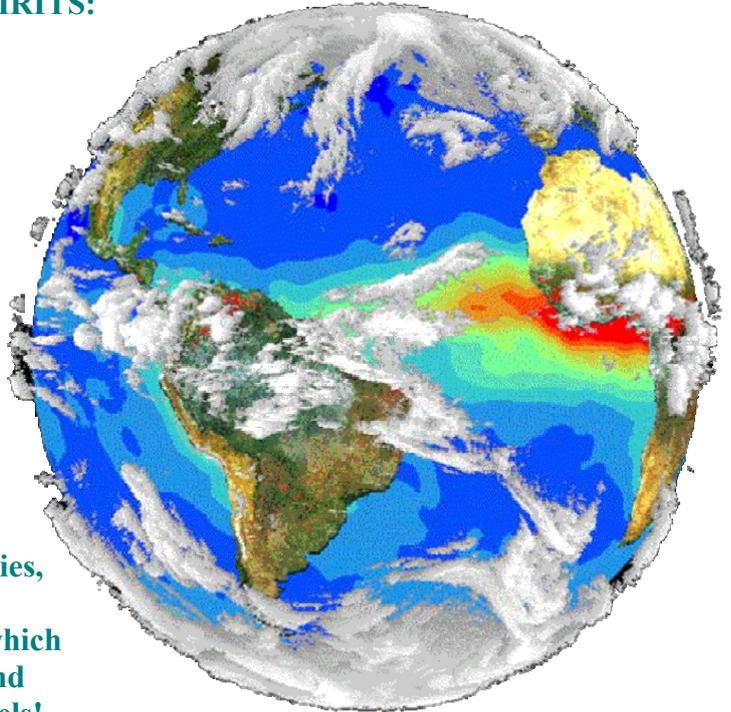
The physical realm is designed to 'be your friend' to be literally a Paradise on Earth for you to happily live in your whole life. It's not meant to be 'hostile', even the scary creatures won't see you as a threat

as your intent won't be threatening when you're of a Celestial level of Truth. And had your world not been affected so negatively by Rebellion, were you all living in tune with yourselves and nature as the Eve and Adam of your world would be showing you, then the paradise Eden would be slowly spread over the whole world, the whole of Earth eventually being the Eden that it is.

### The LABORATORY of the NATURE SPIRITS:



**Humanity is in trepidation and awe of its research, chemical and medical laboratories, but they are infantile distractions when compared to Nature Spirits' laboratory which is all that is of Earth's nature managed and controlled by our Nature Spirits and Angels!**



Your Earth is an Eden, but you'll never see or live within it as such until you are all of Celestial truth. So that's what awaits future humanity, and one day people will love the Earth and respect it as they love and respect themselves.

So part of my 'mission' dear boy is to help people see that vision so they can decide to long for it and begin living it by doing their Healing.

The current Covid-19 virus is mutating rapidly, which means you can't pin it down with a vaccine, just as all viruses mutate rapidly, your difficulty being your scientists are not as yet aware of or able to see how those mutations are. Your tests, even the most advanced test can only detect what really amounts to a whole new strain, so for example you'd have to rename it, whereas within Covid-19 it's mutating like mad, because as I told you, for a virus to be effectively used by the body it needs to be specific for that person's body. The elements need to match, that virus being created specifically for that body, even though it can be created in another person's body, which mostly are in your children's bodies as they are more fluid and not fixed as an adult body.

So you're going to like this titbit: it is your children that are creating the viruses to kill your older people, so the grandchild kills the grandparent – neat huh! And the grandparents should be grateful to the grandchild for doing so, all so the older person can end his or her life and move on into their next phase of existence in spirit.

But what really happens is you will have certain young children that are 'virus factories', they can churn out endless specific variations on the same theme or even 'bring into being' new strains. So by putting

all your children together in their play pens as you do, they are massive breeding factories for viruses, which is right, as that is also what would happen in a tribal situation too.

So the virus ‘breeders’ which happens based mostly on genetics and for the betterment of ‘the humanity program proffered by nature’, ‘cook up’, completely unbeknownst to the child, who doesn’t necessary have to show the symptoms of all the viruses, with ironically such children usually healthier than most by having a body that can be such a virus factory having resistance to all the variations they create, and along with that the etheric set up allowing etheric transmission of the viruses, which I told you about, which is then passed by all the interconnecting cords to other children or to the required adults that would be in that child’s life.

So such ‘virus factory’ children would produce massive amounts of viruses during their young lives, and that might be through their whole childhood, or it can be for a very specific time, days, weeks, months, years, and it can be turned on and off by their attending angels, with the excess of viruses being needed to complete the whole ‘storehouse’ of nature. There is much more to nature than just what affects you humans and what is provided for you.

Nature is of itself one whole massive universe of evolution, by which I mean, it is evolving, each specific to the world of its origin. And it begins by evolving for us Nature Spirits, so to create us, who then go onto be involved in the creation of new Angels. So the Nature Spirits and then Angels created from this Earth are of a ‘special flavour’, they contain – we contain – a specific light from our origin world, so all other Nature Spirits and Angels know where we come from and how we came about. So to make us be as we are, which also includes all the animal and plant life of the world, you need a whole localised ‘universe’ of creation going on all the time on the planet, and so the continual creation of viruses is one such part of the whole. So only very few viruses actually affect and are used to help people deny themselves or end such denial, with the rest of the viruses fulfilling other un-revealed roles. I can’t as yet tell you about them James, there’s a lot we can’t tell you, but it’s information and understanding that will come to people as they attain Celestial status, and are then able (given the go-ahead) to tell those people who are not yet of a Celestial level of truth.

But I can tell you that a specific virus that’s manufactured by a human child can be put into the etheric levels of Earth there waiting for the time when it’s required to be taken by us to change some part of our Light-Coding. We can use viruses like that to make adjustments to our light, which is a nice thing to do because when we’re given the go-ahead to do that, it means we can move onto a higher level of light, always getting closer to the end of our being a Nature Spirit, with us then to ‘make the jump’ into becoming an Angel. And all of us Nature Spirits want to become Angels because by being an Angel you are no longer limited to just the world of your origin, then we are assigned all over the greater Universe. Still, as I told you some time ago, I do want to move into my Angel-ness however I’m in no rush, none of us are, we’re not all chaffing at the bit wanting to progress, that affliction of yours James we’re thankfully not ‘infected’ with.

So you see, as you understand anyway, far more is always going on which you’ll never be aware of, and how can you anyway when you are living against all the truth of the good stuff!

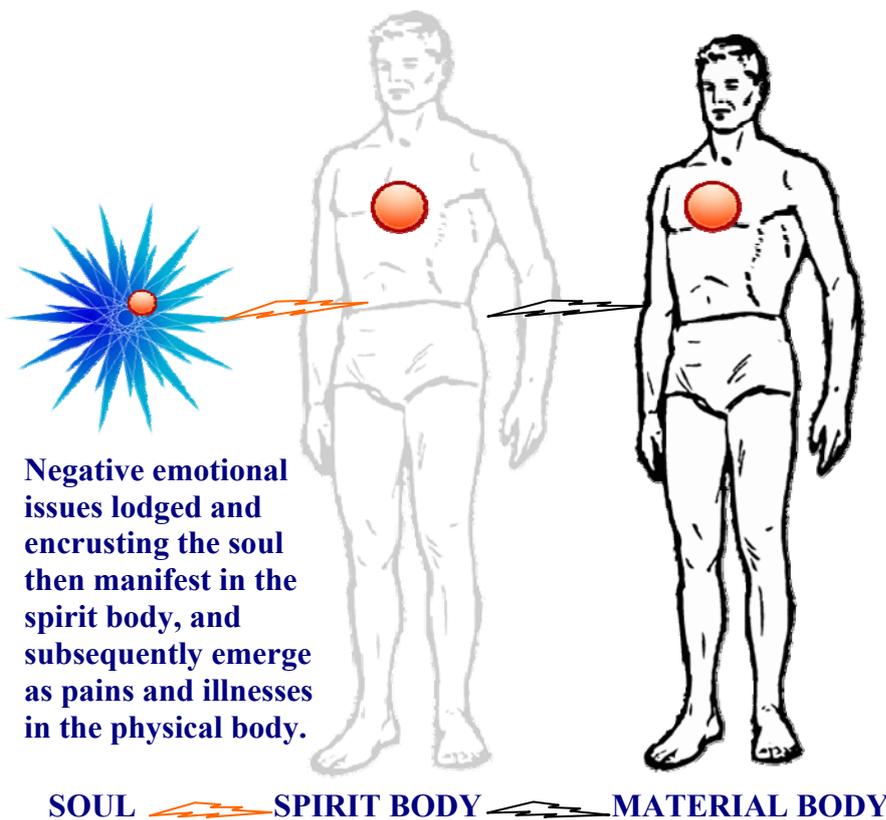
So dear little Jimmy who’s a robust and healthy child, “he never gets a cold” is actually full of cold viruses all moving around within him helping him to maintain his healthiness, whilst at the same time he’s making all the specific virus variants needed to knock off all those old people in that old age home who are ready and sometimes begging to move on into spirit. So in your truth-denying ways you would probably hate little Jimmy wanting to get rid of him because he’s killing so many old people. When

you've got to die of something sometime. Not everyone can just go to sleep and wake up in spirit. It doesn't work that way particularly when you are living full steam ahead against yourselves and nature.

And there will be people in future who if they knew what to look for would be able to see the different light about little Jimmy and know that he is doing the whole community a great service with all the old people wanting to be about him all the time when they are ready to move on.

I tell you things James, you understand, to give your mind a bit of a jolt so as to open up a little more to considering other things and seeing life from a different perspective.

And the virus manufacturing process in little Jimmy is all overseen and controlled by his Angels. For as I told you, NOTHING happens randomly. Nature isn't randomly popping up viruses that might suddenly sweep through affecting humanity 'evilly'. Think about what sort of planning and attention to detail does it require for the Angels to have all their 'factory children' making specific viruses flat out all to coincide with a seasonal outbreak of flu or a cold, or Covid-19. All so everyone who needs to be affected by it, positively or negatively, will be affected. Every Angel on the world is in contact with every other Angel through the Angelic Communication Lines of Light. In a flash every Angels who's overseeing a mortal knows exactly all that's going on. They know because of communication with people's Indwelling Spirits what the souls of humanity require at any one moment, so in the virus case,

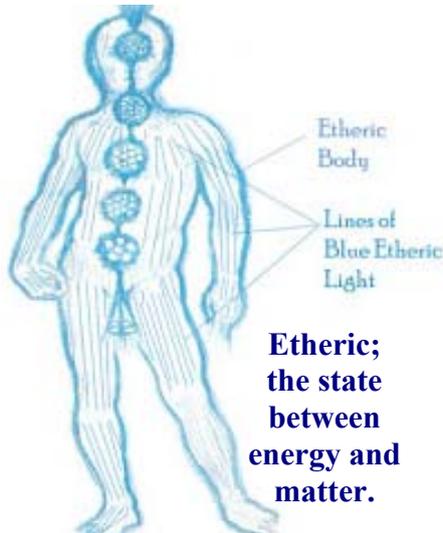


when it is to be 'put into humanity as a whole' then how to move it all from the child makers of it into their etheric levels and then onto all the specific adults, making it look like you just catch this invisible nasty bug virus thing that is spreading fast about the world making a lot of people sick.

And so you ask, why not make us more sick or less sick, why as sick as we are? And that's all to do with the overall ongoing evolution of humanity, what you all require, you all being in it (on the world) together. And in most cases, still because the majority are living untrue, determines the overall advancement into your truth-

denial. And as our Heavenly Parents want the maximum amount of people at this time to be on Earth so as to experience this Ending of the Rebellion phase of life, so They organise it that not too many extra people die from the specific virus, as that is to be achieved in other ways, like war and ways of your own doing by locking down the whole of humanity in some pathetic attempt to defeat nature, all because it's what your hidden controllers are doing by working a number on all you unsuspecting people.

The Covid-19 is the least of your worries, however it's now been a major concern because of the severity of the Lockdown. The Lockdown as many people fear means the end to a lot of their previous freedoms which they will never get back again. It is moving into a new world order of control, a new level as the End Times play out. And most people are sucked into it believing it is for their own good being in a more controlled, ordered and stronger policed world, better if you get decreased criminal behaviour and war. However as you are all very inventive, putting new restrictions on you, making the whole world into one huge dictatorial regime all under the guise of false freedom, will cause some people to react against it.



And now, let me see if there is anything else on this list here that I am to pass onto you... Hmm, well I think I'm done for the time being. You need to have more experience for the next lot. You need to go out into that virus infested world of yours, braving the supermarkets and Post Office, dreading getting too close to another person, hating it when that inconsiderate woman suddenly starts coughing all over the place in the vegetable section spreading all her crap all over you – just another day in hell for you; scared to death of everything you can't see, waiting for that fateful day when you get a sore throat that develops into a bad cough and oh no, here you go again, with your brain being banged against your skull with each cough, feeling so miserable, the very same misery your parents made you feel and which you always feel only mostly you're not in touch with feeling so sick because you're 'healthy',

and on it goes – Oh the joys of life!

Bye old son; speak to you soon when you're ready for your next Verna dose!

James: Thanks Verna.

**Feelings First Spirituality, The New Way  
Feelings are your own truth and personality**

**Feelings First Spirituality, The New Way  
Uncover the Truth of yourself through your Feelings**

**GREAT**  
**V-Turn**

## A BIT MORE VIRUSY STUFF

Friday, 24 April 2020

James: Hello my dear Verna, I keep feeling like writing more about the virus stuff with you. I've not read what you said before and I have only a vague memory as these days my mind is reflecting my dysfunction too much and I can't remember anything, so please excuse me being slack.

Verna, a Nature Spirit: I understand my dear boy, and I will certainly repeat myself ENDLESSLY for you if that's what you require. So do you want to ask me questions or shall I just launch into it knowing what's been playing on your mind?

James: Please, go ahead.

Verna: Well, a little recap. You read that the whole thing about viruses is that they might be man-made, all because of the vaccines, or that they do exist in nature (which they do), but don't affect mankind unless you are pumped full of a vaccine, then leaving yourself open to it or to initiating the actual infection.

So, as viruses are real, they are coming and going all the time in nature, countless numbers of them and they are continually mutating, some for a short time, moments, others for longer duration: days, weeks, months, years, tens of years, hundreds and thousands, some even survive the Reversals and so have been with mankind and in nature for millions of years. However only a minuscule number of them affect humanity. Still, your so-called scientists are increasing those odds by tinkering with their genetic structure and other parts of them, which they are now starting to pay the price for by 'releasing' Covid-19 and 'unnatural' viruses into the environment which will continue to 'plague' you for years to come – until they are purged during the next Reversal. This Covid-19 will go and come again and go and come, just like the ordinary flu, so you should thank those people for screwing up things a little more for you.

And as you can see, it is tailored to affect everyone in a unique way, some people far worse than others, as are all viruses, as I told you, as they are 'incubated' in 'carriers' who then send them off through the etheric levels to become 'active' in the desired recipient.

And then you were wondering again about how physical transfer might take place. And so I shall further enlighten you my dear boy.

You see, first of all there needs to be the etheric part in place so the angels of the recipient can 'activate' it. Your angels can just activate it 'out of thin air' if you like, meaning there doesn't need to be a physical part of the 'catching it'. You can just wake up in the morning having not been anywhere near anyone who has caught it, and you have it. But mostly it does involve a vector in the physical, so a means of getting from one person to the other, and that happens through body fluids, hugging, kissing, sex, spit, breath, sneeze, blood, all that sort of thing depending on the individual virus. So you can do all those things 'on' or with another person, or you can sneeze on something and someone else touches your wet sneeze cells provided they haven't been exposed to the UV radiation of the sun or any other radiation that would kill the cell and virus contained in that droplet of sneeze or breath or whatever, thereby transferring it to yourself. But the virus needs the physical cell, it can't exist by itself, so once that cell is dead and dried up or 'burnt' by the radiation, so too will the virus 'die'.

But still you need the right person to have sneezed on whatever it is you are going to touch to revive the virus, which then once you've picked up their sneeze drops, it needs to be transferred to your mouth, eyes, nose, basically the moist areas of you face so it can keep it existing in the moisture and find a new host cell. And it has to be the right amount of moisture, the right humidity, the right temperature, and so

on, lots of specific conditions providing the right receptive environment. And so once you've 'picked it up' which you are doing all day long, picking up viruses, bacteria, parasites at times, in the air, on dust and everything else you touch and rub on your face or lick or pick your nose, bite your nails, lick your lips, etc., then if it's to be activated by your angels so it will be, you having already picked up the etheric component.

So mostly it could work like this, a child makes it specifically for you, then that specific etheric part is transferred into the child's etheric system. Then the child might kiss, sneeze, spit or wipe its wet snotty hand on something you touch and you take up the physical component while you receive the etheric part at the same time.

But it's all different how all these parts go together or each virus. Air borne viruses like the flu you can pick up in the air at anytime from a nearby person with the cords (of light) transferring the relevant etheric 'information' at the time, like what happened with you and that lady on the walk. The breath of that lady you picked up as the cords transferred the etheric part, then your angels activated it during the night in conjunction with a dream you had. However it was only a very minor part of the physical you took up, with most of it coming through the etheric. And it was only a very mild cold virus, so your system in conjunction with your angels adjusting your etheric system dealt with it, no longer making you 'sick' with it.

The Covid-19 under certain circumstances is airborne, and your indoor artificial environments of controlled temp and humidity, sitting in cars, are good environments for transformation, whereas outside it becomes more hit and miss. Although of course there is no miss about it if it's what you need, as the angels will set it up so you are in the right place with the right amount of breeze blowing or whatever you need for the physical transformation to take place.

And it varies with the virus as to how much physical involvement is needed, and then also within the virus as to what you require and it being specifically tailored for you. So you can see there are endless unique variables and possibilities which makes it damn hard to pin down what is actually happening and how to combat it. Your Lockdown and social distancing does seem to be working, only it prevents you from building natural immunity, but if you do keep away from each other more, then there is less opportunity for transference, and unless the angels need you to have that specific virus, then it won't affect as many people as it would if it was free to spread more naturally.

Really the Covid-19 is no big deal, just an added flu pressure, and not the terrifying 'new disease' and pandemic that it was said to be. And so because of that, it's not necessary from our side to spread it, it being just another part of the virus bio-mass circulating the world at any given time, with most people becoming immune to it quickly, yet with a few people catching it and using it as a good opportunity to die from because they are well past their 'life by date'. You keep too many people alive for too long, a lot more of you would naturally die a lot sooner if you left death up to nature and stopped trying to be god stepping in and taking over where you think you know best. And you've got to die. So as you are reading James, whilst a few people are taking the opportunity to beat the medical practices and die from Covid-19, other people are dying by not going to hospital when they would have because of their fear of catching the virus. But you've got to die, and we will comply with whatever your soul needs.

The thing is with the viruses they are all controlled by a vibration, you could control all disease artificially by understanding certain light harmonics. However were you to understand how to administer them, then we'd start altering those frequencies, so you can't beat us.

But everything that's alive exists to a certain life-frequency-of-light, and its spirit light, or what is sometimes called universal light. It's unseen, and none of your light observing and measuring systems on Earth can as yet detect it, but we can, we are it, we're in it, of it, vibrating ourselves with it, pulsing with the spirit light, just as is also your whole being, including your physical. And if you could analyse your field of spirit light vibration, you'd see it was different for each person and yet it also complies with common overall vibrations or frequencies, and so it's the same for all the different aspects of nature. So when your vibration meets the virus' vibration, there needs to be a common oscillation, and once the two systems resonate in time with each other, then the virus can 'engage' and become part of your vibration. And it's this light within your aura your angels adjust so as to affect your vibration by slightly altering if need be to 'accept' the virus' vibration, or light.

So it's all done with spirit light, that's what I call the etheric part. And the physical is just one level of that spirit light manifestation, so the whole lot of yourself is in sync with everything else.

Anyway, basically, you'll 'catch' whatever you will, based on the needs of your soul, the experiences you need, and so the feelings it is to make you feel. So it doesn't matter if everyone is sick from a disease, unless you need it too, you won't be affected. And because the diseases like viruses can be seasonal so people's soul needs factor in this and you get sick at 'that time of the year'.

James: Okay, so you've filled my mind up again, I don't know if it all goes together and sits well with what you've previously told me, but that's enough again, I need to go and stuff myself with the vibration of almond chocolate.

Verna: Of course you do James. It's not nice talking about viruses, so you've got to make yourself feel better. I'll speak to you next time you call. Bye now – Verna the All Wise One. Did I hear you cough a few times James, you must be coming down with it! Or where you coughing about my calling myself that (for those of you who didn't get it!! Ha, ha!!)

James: I'm glad you tell me how funny you are Verna as it would go over my head.

Verna: Even though you are so tall!!! Later...  
(James is six feet eight inches tall – 203 centimetres.)



**The New Way: Learning how to live true to ourselves by living true to our feelings.**

<b>Primary recommended reading:</b>	<b>consider commencing with:</b>	<b>Paul – City of Light</b>
<b>The Book of Truths</b>	<b>1914 – 1923</b>	<b>xxx – Joseph Babinsky</b>
<b>containing the Padgett Messages or</b>		
<b>Little Book of Truths</b>		<b>– Joseph Babinsky</b>
<b>True Gospel Revealed anew by Jesus Vol I, II, III, IV</b>	<b>xxx</b>	<b>– Geoff Cutler</b>
<b>The Rejected Ones</b>	<b>2002 – 2003</b>	<b>xxx – James Moncrief</b>
<b>Messages from Mary &amp; Jesus</b>	<b>2003</b>	<b>xxx – James Moncrief</b>
<b>Paul – City of Light</b>	<b>2005</b>	<b>xxx – James Moncrief</b>
<b>Mary Magdalene and Jesus'</b>		
<b>comments on the Padgett Messages</b>	<b>2007 – 2010</b>	<b>xxx – James Moncrief</b>
<b>Speaking with Mary Magdalene &amp; Jesus</b>	<b>2013 – 2014</b>	<b>xxx – James Moncrief</b>
<b>Sage and the Healing Angels of Light</b>	<b>2017</b>	<b>xxx – James Moncrief</b>
<b>Road map of Universe and history of Universe:</b>		
<b>The Urantia Book</b>	<b>1925 – 1935</b>	<b>xxx as primary reading</b>
<b>Divine Love supporting reading:</b>		
<b>Revelations</b>	<b>1954 – 1963</b>	<b>– Dr Daniel Samuels</b>
<b>Judas of Kerioth</b>	<b>2001 – 2003</b>	<b>– Geoff Cutler</b>
<b>The Golden Leaf</b>	<b>2008</b>	<b>– Zara &amp; Nicholas</b>
<b>The Richard Messages</b>	<b>2012 – 2013</b>	<b>– James Reid</b>
<b>The Divine Universe</b>	<b>2012 – 2013</b>	<b>– Zara &amp; Nicholas</b>
<b>Family Reunion Afterlife Contact</b>	<b>2014 – 2015</b>	<b>– Joseph Babinsky</b>
<b>Traveller, An Immortal Journey</b>	<b>2014 – 2015</b>	<b>– Zara &amp; Nicholas</b>
<b>Destiny, Eternal Messages of Divine Love</b>	<b>2015 – 2016</b>	<b>– Zara &amp; Nicholas</b>
<b>Feeling Healing</b>	<b>2017</b>	<b>– James Moncrief</b>
<b>Religion of Feelings</b>	<b>2017</b>	<b>– James Moncrief</b>
<b>The Way of Divine Love</b>		<b>– Joseph Babinsky</b>
<b>Divine Love – The Greatest Truth in the World</b>		<b>– Joseph Babinsky</b>
<b>The Human Soul</b>		<b>– Joseph Babinsky</b>
<b>Divine Love Flowing</b>		<b>– Joseph Babinsky</b>
<b>The Truth</b>		<b>– Werner Voets</b>
<b>Through the Mists, The Life Elysian, The Gate of Heaven</b>		<b>– Robert James Lees</b>
<b>Life in the World Unseen</b>		<b>– Anthony Borgia</b>
<b>Gone West</b>		<b>– J M S Ward</b>
<b>Post Mortem Journal</b>		<b>– Jane Sherwood</b>
<b>After Death / Letters from Julia</b>		<b>– William T Stead</b>
<b>Thirty Years Among the Dead</b>		<b>– Carl A Wickland</b>
<b>A Wanderer in the Spirit Land</b>		<b>– Franchezzo</b>
<b>Life Beyond the Veil Vol I thru to V – Rev George Vale Owen</b>		<b>– Geoff Cutler</b>
<b>The Holy Bible from the Ancient Eastern Text</b>		<b>– Dr George M Lamsa</b>
<b>Available generally from:</b>		
<a href="http://www.lulu.com">www.lulu.com</a>	<a href="http://www.amazon.com">www.amazon.com</a>	<a href="http://www.bookdepository.com">www.bookdepository.com</a>
<b>For Divine Love focused websites and forums:</b>		
<b>Pascas Health:</b>	<a href="http://www.pascashealth.com/index.php/library.html">http://www.pascashealth.com/index.php/library.html</a>	
<b>Spiritual Development:</b>	<a href="http://new-birth.net/spiritual-subjects/">http://new-birth.net/spiritual-subjects/</a>	
<b>Padgett Books:</b>	<a href="http://new-birth.net/padgetts-messages/">http://new-birth.net/padgetts-messages/</a>	
	<a href="http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm">http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm</a>	

**James Moncrief's books, the Padgett Messages and The Urantia Book at:**

**DIVINE LOVE SPIRITUALITY – DLS:**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945  
The Urantia Book (see suggested papers to read below)

**James Moncrief Books:**

	MoC		
The Rejected Ones – the Feminine Aspect of God	1,490	Nov 2002 – Jan 2003	228
Messages from Mary and Jesus book 1	1,485	Feb – Apr 2003	189
Messages from Mary and Jesus book 2	1,485	Apr – Oct 2003	170
Mary Magdalene and Jesus' comments on the Padgett Messages – book 1		Aug 2007	164
Messages from 31 May 1914 – 12 January 1915	1,495		
Mary Magdalene and Jesus' comments on the Padgett Messages – book 2		Sep 2010	177
Messages from 13 January 1915 – 29 August 1915	1,494		
Speaking with Mary Magdalene and Jesus blog – book 1	1,490	Jan – Apr 2013	206
Speaking with Mary Magdalene and Jesus blog – book 2	1,489	Apr – May 2013	229
Speaking with Mary Magdalene and Jesus blog – book 3	1,490	Oct – Jan 2014	187
Speaking with Mary Magdalene and Jesus blog – book 4	1,491	Jan – May 2014	191
Mary Magdalene comments on Revelation from the Bible KJV	1,485	Dec 2013 – Jan 2014	84
		This group being pages of	1,825

Paul – City of Light	1,488.5	2005	149
Ann and Terry		2013	235
Feeling bad? Bad Feelings are GOOD!	feeling-healing book 1	2006	179
Feeling bad will make you feel BETTER – Eventually!	feeling-healing book 2	2006	159
Breaking the Golden Rule.	feeling-healing book 3	2006	168
Feeling-Healing exercises, and other healing points to consider.		2009	175
Cathy and Mark – a novel introducing Feeling-Healing.		2010	151
Introduction course to Divine Love Spirituality		2006	139
Speaking with the Dead, Death and Dying		2009	173
Spirits and their Childhood Repression Healing		2010	179
With Verna – a nature spirit		2008	279
Communication with spirits – meet a spirit friend		2010	37
Introduction to Divine Love Spirituality website			362
Sage – and the Healing Angels of Light		2017	260
Divine Love Spirituality	1,500	2017	201
Feeling Healing – you can heal yourself through your feelings		2017	153
Religion of Feelings	1,500	2017	47
		This group being pages of	3,046

**Religion of Feelings**

<http://religionoffeelings.weebly.com/>

**Introduction to Divine Love Spirituality**

<http://dlspirituality.weebly.com/>

**Main website of DLS**

<http://divinelovesp.weebly.com/>

**Childhood Repression website**

<http://childhoodrepression.weebly.com/>

**DLS and CR forum**

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

**FEELING HEALING and SOUL HEALING with the DIVINE LOVE:****James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

**Speaking with Mary Magdalene and Jesus – books 1 – 4**

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

**Paul – City of Light**

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

**Ann and Terry**

For an example of people who might want to immediately start working on themselves and doing their Healing.

**Feeling Bad? Bad Feelings are GOOD**

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

**Feeling bad will make you feel BETTER – Eventually!**

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

**Sage – and the Healing Angels of Light**

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

Religion of Feelings

Welcome to LOVE – the Religion of Feelings

**Feeling Healing****you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

**The Padgett Messages being published as:****The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book****Release one's pain through expressing one's feelings.****in conjunction with****Longing for the Truth when also longing for Divine Love.**

**FEELING HEALING with DIVINE LOVE is SOUL HEALING:**

*A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.*

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing. Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing. Primary and most important readings are the writings of James Moncrief. Then consider the Padgett Messages, and then The Urantia Book.**

Pascas Papers, being free, are located within the Library Downloads [www.pascashealth.com](http://www.pascashealth.com)  
<http://www.pascashealth.com/index.php/library.html>

**PASCAS – document schedule.pdf      downloadable index to all Pascas Papers.**

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love; DL denotes Divine Love – living with the Love.

**PASCAS INTRODUCTION NOTES:** *All papers below can be found at Library Downloads link.*

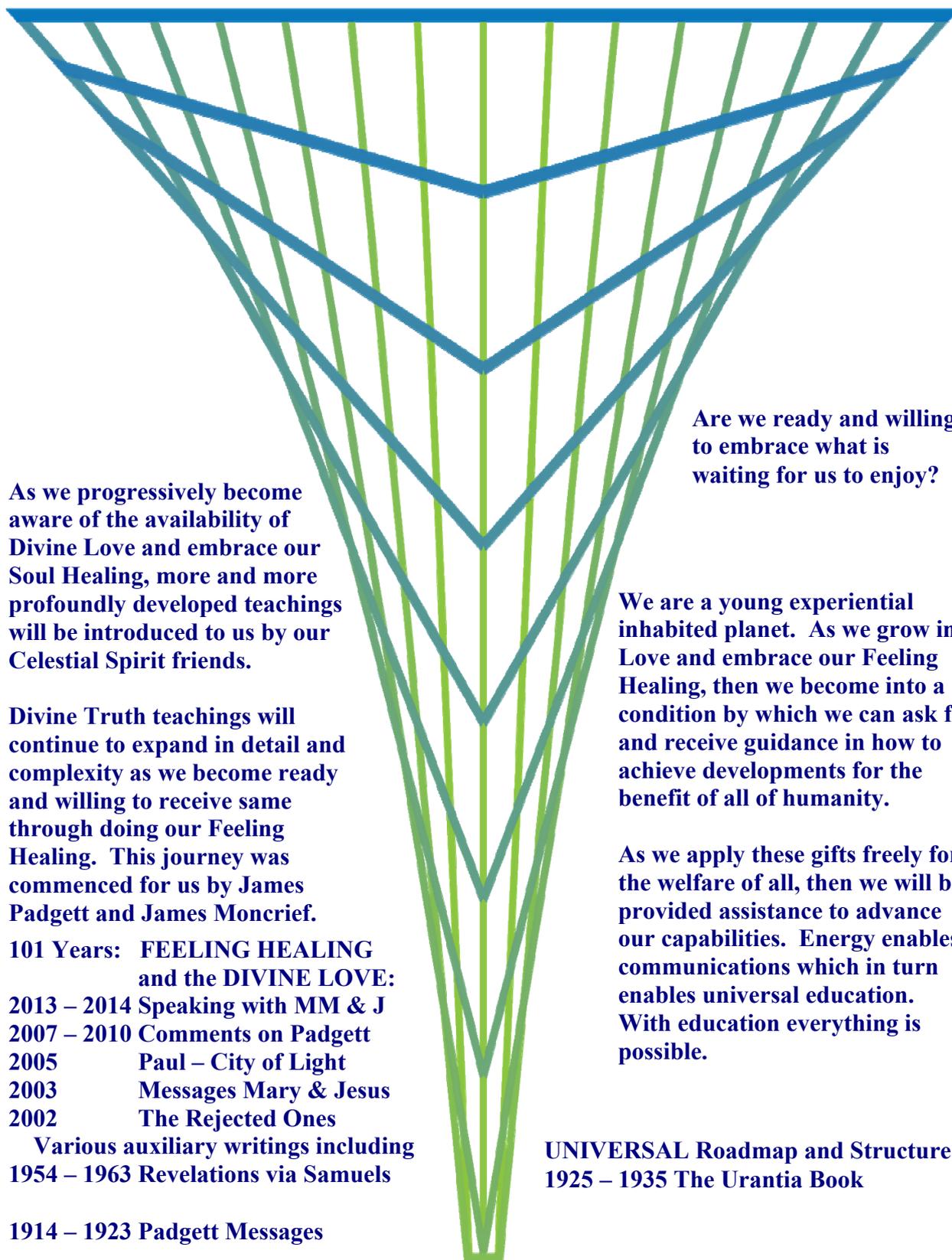
- Pascas Care Letters A Huge Upturn
- Pascas Care Letters Big Revelation
- Pascas Care Letters Feeling Healing Benefits Children
- Pascas Care Letters Feeling Healing Way
- Pascas Care Letters Little Children
- Pascas Care Letters Women's Liberation and Mother

**MEDICAL – EMOTIONS:**

- Pascas Care – Feeling Healing
- Pascas Care – Feeling Healing All is Within
- Pascas Care – Feeling Healing and Health
- Pascas Care – Feeling Healing and History
- Pascas Care – Feeling Healing and Parenting
- Pascas Care – Feeling Healing and Rebellion
- Pascas Care – Feeling Healing and Starting
- Pascas Care – Feeling Healing and Will
- Pascas Care – Feeling Healing Angel Assistance
- Pascas Care – Feeling Healing Being Unloved
- Pascas Care – Feeling Healing Child Control
- Pascas Care – Feeling Healing Childhood Repression
- Pascas Care – Feeling Healing End Times
- Pascas Care – Feeling Healing is Rebellious
- Pascas Care – Feeling Healing Live True
- Pascas Care – Feeling Healing Mary Speaks
- Pascas Care – Feeling Healing My Soul
- Pascas Care – Feeling Healing Perfect State
- Pascas Care – Feeling Healing Revelations X 2
- Pascas Care – Feeling Healing the Future
- Pascas Care – Feeling Healing Trust Yourself
- Pascas Care – Feeling Healing Versus Cult

**PASCAS  
PAPERS**

**DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:**



**Cause No Harm** < to OTHERS  
to MYSELF

Strive to love others as I am to love myself

To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

Divine Love  
is the key!



**God's Divine Love:  
Pray for it, ask for it, and receive it.**

Feeling Healing with  
Divine Love is the key



to enter the  
Celestial Heavens:

