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7 November 2017

CREATION of SOUL and SPIRIT

We, humanity, are to embrace our feelings, our soul based feelings are the expression of our true personality. This is our pathway.

Mind orientated entities are all to assist us, humanity, in our journey of discovery of truth through our feelings. All of nature is mind orientated. While we have been suppressing our feelings and endeavouring to grow through our minds, the great gifts of guidance and support from our Earth based nature spirits had been withdrawn from us. This is now changing.

Concerning our relationship with nature spirits, it should be the first one mankind seeks when it looks to unite with spirits, starting with them, the nature spirits, and then progressing higher, but always staying with them and not leaving them behind or out of it. And this is because they are nature spirits of Earth's nature, and as we can't separate ourselves from nature whilst we are of it on Earth, so too we can't separate ourselves from the nature spirits.

Mankind has had almost zero interaction with nature spirits during the time of the Rebellion, for some 200,000 years, however, as the Rebellion and Default is now ended, during 2017, the nature spirits have prepared themselves and have commenced to re-engage with humanity, that is those who are open to embracing their Feeling Healing and commence to live life through one's feelings.

This is one amazing and tremendous development for the benefit of mankind.

So, who and what is a nature spirit?

Aspiring to Living Feelings First

Brian Werach, Graham Golding, Jim Baker and John Doel

Pascas Foundation (Aust) Limited

Father Mother of Mind Infinite Daughter of Mind















CREATION of SOUL and SPIRIT:

God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one's feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.

The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves enabling the union with our soulmate, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.

The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective

Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.

WE EACH have a Nature Spirit pair, Spirit Guide pair and an Angelic Pair:

For those doing their Healing or are interested in doing it will from that time have their own personal angels, spirit guides and nature spirits with them, with whom they are to develop their own relationships should they want to. It is not about 'sharing' the same angels or guides or nature spirits, it is about you relating specifically to your 'own' ones because they are provided for YOU. It's all for you, to maximise the experiences we each need.

We are all to have our own pure relationships. And it's the same of course in life with your friends, however over there, in spirit, dealing with Nature Spirits, Spirit Guides, and Angels, it's more personal and private and 'JUST FOR YOU'. So we have our own separate, unique relationships.

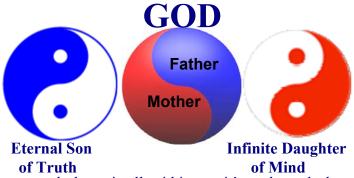


For example, Nature Spirit Verna has been assigned to be specifically and only with James, and she ain't going to be assigned to anyone else, so she won't be sharing herself around.

This is SO IMPORTANT to understand so that in future there won't be all these people claiming to be speaking with Verna or Mary Magdalene or Jesus or Nanna Beth or anyone else who is part of it all in such capacity. Mary M and Jesus have spoken with James as they have, making it quite clear he is all they are speaking with.

We each have a band of a Nature Spirit pair, Spirit Guide pair, and an Angelic pair, each pair being in their soulmate relationship. Even though we are ascending mortals having a soulmate, even our soulmate has his or her own group of six personalities assisting him or her. Our assigned Nature Spirits do not continue with us into spirit, our Spirit Guides may for a time assist upon entry to the spirit Mansion Worlds, however, our Angelic pair continue with us for eternity.





We souls are existential, our souls have it all within us, it's a done deal, we are just unfolding in Creation through our personality expression. So our evolution is our growing in truth, the truth already within our soul, with it continually being brought out through our feelings as we live our experiences, thereby 'growing in truth' as we ascend, as we live that truth.

Whereas the angles are experiential, and their soul starts evolving or developing upon their creation. It all being done through their evolving minds. They don't grow in truth like we do, they just grow or evolve in mind. And as they do, the experiences they have individually and then as a created pair, cause the soul of their mind to grow and evolve.

However, those people adhering to the 'Mind Way', as presented by TUB (The Urantia Book), the New Age, and all our religions, is really the angels' way and not ours. So perhaps, that is why TUB has 'mucked it up' because it has to adhere to the Rebellion, which is making us look to the God the Mind, the Infinite Daughter, as the Way to God, when we're to look to God the Truth, the Eternal Son, as the Way to God.



We can't attain Paradise and be with our Heavenly Parents unless we first go through the Eternal Son. We can't do it through and with our minds. That's for the angels to do. So the mind spirits (like most people on Earth and spirit Mansion Worlds), unbeknownst to them, are trying to live like angels, trying to evolve their soul through and with their mind, which can't happen. And if we are like angels going first through the Infinite Daughter on the way to the Mother and Father, then we fall short, never attaining the Son. However as we know, we are so wrong by looking only to our minds, that we can't even get out of the Mansion Worlds, let alone get anywhere near the Infinite Daughter on Paradise.

So our Healing is getting ourselves out of the mind, letting that way go, and coming back to our true selves, which is through our feelings, the truth we are to live from our soul. And once we do that through our Feeling Healing and divine our soul with the Divine Love, then we are free to move to Paradise, up via the Infinite Daughter (with Her and the Divine Minister (and Holy Spirit), nature, nature spirits and the angels' help – all the creations of the Mind), to the Eternal Son and onwards to the Mother and Father. With the Higher descending Paradise Daughters and Sons (Mary and Jesus, Avonal pairs, Trinity Teacher pairs), and local universal descending Daughters and Sons (Lanonandeks, Melchizedeks, etc.), together with our ascending mortal spirit friends (daughters and sons – each other, Nanna Beth, Kevin, etc.), helping us on the feelings and truth side of things.

Note from James Moncrief 4 November 2017

Feeling Healing with Divine Love is the key



to enter the Celestial Heavens:



Long for the Truth from God, the Truth your Heavenly Mother and Father will show you. This does come through to you via the Spirits of Truth of the Avonal Pair in relation to one's Feeling Healing and in relation to Divine Love from the Creator Pair, all from the Eternal Son and in league with the Infinite Daughter and the Divine Minister.

Creation of Soul and Spirit:

26 April 2012

Extracts from 'With Verna – a Nature Spirit' by James Moncrief

James: So Verna, nothing of spirit can cease to be.

Verna – a nature spirit: That's right James.

James: So all life from a bacteria upwards, once it dies, its spirit or the spirit that sustained it, continues?

Verna: Yes, it's never lost, once 'in' Creation it can't 'leave'.

James: How does it come into Creation in the first place?

Verna: From the Paradise Trinity. In their different ways such spirit becomes manifest. Your souls manifest themselves in Creation by drawing upon the spirit of the Infinite (Daughter) Spirit and the Eternal Son. And once you've begun your incarnation there's no going back. Your actual incarnation can be stalled if you cease to be before your first physical and so also spiritual heartbeat, but it's only stalled.

(*The Paradise Trinity* — the eternal Deity union of the Universal Mother and Father, the Eternal Daughter and Son, and the Infinite Spirit.)

James: Is that really so, or is that just you complying with my minds understanding of it, what I want to believe for myself?

Verna: No it's true. Apparently some souls require a 'false start' experience all to comply with the natural laws, the laws of nature, that being what happens sometimes in the natural world. Not all life, as you know, goes along smoothly, it starts and then can stop at any time, there being laws that govern it all.

James: So as to whether say a bird never lives, it being an unfertilised egg; a fertilised one for a moment but then dying before hatching; hatching and living a moment, a day, a week, a year, ten years, is all governed by laws, is that what you're saying?

Verna: Yes. Everything is. You can call them laws or just circuits, what you call the mind circuits, which are really laws, or you could say the circuits adhere to laws, they work in very specific ways, it's nothing of a random affair. You can see it in all life, the plants cells grow along very defined lines, as do all your cells, your whole body, the whole tree, even if the exterior form is distorted and not the perfect outer shape. All that makes it be as it is, still grows along very distinct, well ordered and fully structured lines. It has to be that way. Creation is one huge orderly matrix of mind circuits in which you have your being, in which your soul draws from the spirit of it all, manifesting you – your personality – within and so a part of the matrix, all being done along very specific lines. And so the way life is, as you were saying, what determines a life, is also all ordered and structured, only as you're not so aware of it, so you see it as what appears to be a very random hit or miss affair: you're either lucky to get a good go at it relatively unharmed or you hardly get to take a breath. But it's all as it's meant to be.

James: So all how we are destroying everything, even our own destruction is all how it's meant to be, all going according to plan and in strict accordance with the laws as you call them?

Verna: Yes. Nothing in Creation, of love and truth or of no love and untruth – evil, can exist without

adherence to such laws. The natural laws of Creation govern everything, that which you're coming to understand. And then separate to these natural laws but also completely recognising and honouring them, or you could say, working within them and yet in a way outside of them, are those laws pertaining to the Divine Love, they representing a whole other universe one might say. And I say such things as 'one might say' because I don't really know how to say such things –

James: I understand what you mean.

Verna: Good, anyway, the Divine Love laws all relate to the condition of soul, nothing else, and so are separate to and yet a part of, the whole.

James: From what I understand Verna, humanity has only been told about the Divine Love laws in regards to our longing for the Divine Love and it transforming our souls into the essence of God out of the image, making us become divine, as Jesus told us in the Padgett Messages. But really, little other than that.

Verna: Yes, the main law if you like, but as I am told, there are many such laws all of which relate to how the Divine Love comes into your soul, when it does, why it does, and then all the effects it has on you: how, why, when and so on. And then it also comes down to your relationship with the Father and Mother, and the Eternal Son and Infinite Daughter; and then it governs your relationship too with the evolving Deities, such as Supreme Being. There is a lot I don't understand about it, and you'd have to ask others higher and more advanced than me if you want to know more, as that's about it as far as I go, that being enough to make you think a little more deeply about such things.

James: Yes it does, as my first thought is that it's one thing relating to ourselves, life, Creation and God from and with natural love, but obviously and entirely different thing and a whole other thing relating to it all through and with the Divine Love.

Verna: Yes, once you've attained the Celestial level of perfection, of divinity, or Divine Love within your soul, then essentially it all changes for you, you no longer being simply a natural love creature, or creation of Creation. It then takes you into another whole level of being and relating, so nothing is as it was for you, and from that point you then go on becoming ever increasingly divine, so what that's like for you, I have no idea.

James: How is it for you Verna, and for the angels, do you have a soul that can partake of the Divine Love?

Verna: No, not like you do, we're not created for that life. We have an ascension of pure natural love – spirit light, light of the Mind, all the way to Paradise, and we're the compliment to you Divine Love souls. You know as you are, you can't ascend in your natural love alone, higher than the Mansion Worlds, but for us that's not so, we're not restricted, being able to ascend all the way to Paradise in ever increasing mind circuits of natural love. So for us it's just as exciting, just as wonderful as it is for you, only we're coming at it from different directions. We too are evolving in our natural love, through our natural mind, to the level of Deity, such as you attain Deity consciousness when you arrive on Paradise. We don't all necessarily go with you on your ascension, but still for many of us, the level of Paradise Mind is our goal and destiny.

James: I see, so really the realm of natural love concerning your kind and angels, is the realm of the Mind.

Verna: Yes, and the realm of Truth is the way for your souls of Divine Love. You become of Divine Love, which means your self-expression becomes one of mind and feelings expressing your personality through your divinity, with the light of the Divine Love contained within your soul, or, with your divine soul. We become of pure Mind and also with some feelings, though not to the depth and in the same way as you have and feel them, we having the absolute control over all Creation with our minds. You being of divine soul are in Creation, but not the controllers of it, you need our natural love expressed in the various aspects of Mind, to have your being, to have your personality expression. And in many ways, you're not of Creation, your of Soul, that being existential, whereas we're pure and total experiential, as expressed by the Mind of Creation – the Infinite Daughter Spirit.

So, all that you seem to be, your physical and spirit bodies, your subtle bodies that connect them, your thoughts and feelings, all that allows you to express the personalities of your soul, is all of the Mind. Without the Mind you'd not be able to have such things, the Mind being controlled by or expressed by mostly the Infinite Daughter and Eternal Son, it being expressed in their relationship. But also a part of the Mother and Father, Their mind if you like, that which brought into being the ID and ES and all of Creation.

James: Okay, so what you're saying is the Mind of God creates the natural love side of things, and the soul or heart of God, the truth, and so Divine Love side of things.

Verna: Yes, that's it.

James: Okay, so those people who say it's all about trying to connect with and relate to the Mind of God whilst they are of only their natural love, are correct in that is what they trying to do, only that's not what our souls are about.

Verna: Yes, that's the rebellious side, you are in effect setting out to be something you can't be, you're trying to be like us, and the angels, not true souls that you are. And so to try and help you achieve this, you block out most of your feelings, and particularly your true feelings, ones that come directly from your soul, learning to live with feelings generated by your mind so your mind remains in control. So you end up believing you're in control and on your way to God, when in fact your barking up the wrong tree. You are trying to believe you *are* God with your mind, when of course you can't be God. You're not meant to be like us, as you can't be anyway, you're a completely different creation, designed to partake directly of the Divine Love so as to transform your soul into your true state. Only the difficulty you have is that you start off only being of natural love, you're not as so many people want to believe, already of Divine Love. So in a way you start off close to us, being in many aspects similar to us, and that's why you can relate to and identify to some extent with nature and all the creatures, but it's also why you feel you're different from them, because you have a soul and are not just mind.

James: So the creatures are really the first step of natural love ascension: the creatures, nature spirits, lower angels, higher angels and so on – do you call it an ascension?

Verna: Yes, but one of Light, not one of Truth as it is for you. One of Light, or Mind, the two often being used to denote the same thing. We are all concerned about the working of things, and that they work perfectly, whereas you're all concerned with the truth of things, what it all means to you, how you feel about it, and then through and with your truth, you just live. Humanity's preoccupation about trying to work out how it all works so it can control it, is all because of your being stuck too heavily in the mind side of things. If you were more true to your feelings, you'd not need to work out everything with your mind, happy to grow in truth and then allow whatever comes to you through your mind to come in accordance and directly in relation to your feelings. Your mind grows as you advance and grow in truth,

but that doesn't mean you'll necessarily want to remain focused on trying to understand how everything works in minute detail.

Take yourself James for example, your parents told you understanding certain things was important, and your schooling took over from them, but most of that you've put in the bin it not being of any interest to you. And it's not for you, you weren't meant to learn or even be exposed to all that stuff so far as what your soul really needed. What it needed to help you grow in truth was denied you, with all the other rubbish stuffed into your mind as if it were the important thing in life. Look at your trading, the woman you just saw said you must have to work out a lot of maths to do it, when the beauty of it for you is, that you don't have to do any maths, it all being done for you by the system you use to trade. So it's very easy for you, and were it requiring more mathematical understanding, then you'd not be able to do it as that doesn't appeal to you, it would be too difficult and you certainly don't want to try and apply your mind to such meaningless tasks at this point in your growth. And yet you are quite happy to learn what I tell you about, as this does interest you, it being the sort of things you should have been exposed to and using your mind with, right from the beginning of your life.

James: If only. But hey, maybe if I were more mathematical – I can't even spell it, I would be better at the trading!

Verna: Somehow James I don't think so, it's not about that for you. As you said the other day, for you the trading is something to help you express more of your repressed feelings, it's not about making money.

James: Yeah, mores the pity, is that the saying? I'll have to ask Marion. And she's coming to the car, I'll speak to you later Verna, thank you for telling me all of that.

Verna: You're welcome, speak to you soon. Bye.

The New Way: Learning how to live true to ourselves by living true to our feelings.

We, being ensouled humanity, are to move with our feelings, respond and act upon our feelings, we all are, and so based on our feelings we bring our mind into play, and then things happen which affect our feelings and so our mind adjusts accordingly.

LIVE FEELINGS FIRST

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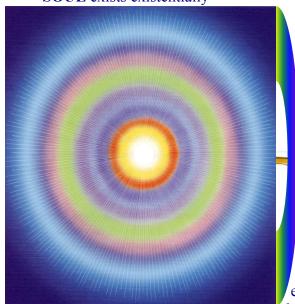
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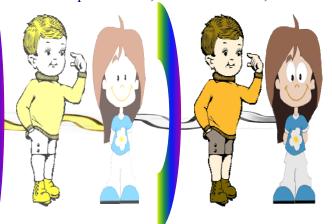
DIMENSIONS of ONE'S EXISTENCE:

Our SOUL IS NOT ENSOULED IN OUR SPIRIT BODY. Our soul exists existentially in a whole different level or plane or place or dimension of being – 'soul land'. It doesn't exist in Creation, it's not experiential like Creation is. The soul, all souls, help create their part of Creation by expressing their personalities into Creation, and then by having their personalities do things (further create) in Creation.

SOUL exists existentially



Our Physical Body and our Spirit Body are of Creation, being linked together by cords of light as are the two spirit bodies, male and female, to the one Soul.



One's unique personality is soul based. Our unique soul expresses its unique personality through the two spirit bodies and physical bodies expressing both the male and female aspects.

PERSONALITY



Our soul is the centre of our personality. We are children of our Heavenly Parents. Our soul manifests a male and female personality - it is a duplex!

CREATION being an EXPRESSION OF MIND – Nature Spirit Verna:

I, Verna, am one of the 'Little People of Light' or commonly called a nature spirit. We go by other names: elemental, elves, fairies and the like, but really we're nature spirits. We are only concerned with nature, the nature of Earth – our world. Earth is our world more than it is yours, as you're all passing through, whereas we are permanent residents.

We, nature spirits have an hierarchy, some of us being more evolved than others – older – and we're considered to be a slightly lower creation than that of angels, as it's angels, a certain type, that create us. And when we have served you, humanity, well, we can if we want, move up to becoming an angel, we can evolve into one.



About soul-light coming from the soul interacting with Creation bringing about in Creation what needs to happen is all in accordance with the soul's pattern. As far as nature goes, it is wholly responsive to the needs of humanity, that is really all it exists for, for you.

We know why we act, we just act, we're creations of the Mind, The Third Person of Deity; the Infinite Daughter Spirit looks after us through the Local Universal Mother Spirit, the Divine Minister.

We exist to serve you, those of the truth, as nature does, it also being a creation of the Mind, so we don't have a truth-evolving soul like you do. We do however grow in mind service, we evolve so to speak, but not how you evolve. We evolve by doing actions, by acting in accordance with the instructions and mandates we are given, and when they are fulfilled, or completed, we move onto the next assignment, that is our evolution, so we're able to grow by being given increasing responsibilities, it's the same for us as it is for the angels.

So although we don't have an eternal soul like you, we do feel we have an eternal place in Creation because we are part of it; we've been created, there was and is a purpose to our existence, so there will always be something, the next thing, for us to do. And as we do each assignment we grow, which is really, advance in light. By the *light* of an angel or nature spirit you can tell where they are in Creation, on what level, on what assignment, on what circuit, where in the Universal Mind they fit and so exist.

Creation is all created by, and so is a manifestation of, the Mind of God, it consists of mind circuits from the lowest to the highest; and so because of that, everything in Creation can help everything else, it all being orchestrated by the intelligence of the Personalities it is derived from. So when your soul requires a certain experience, then all you are, all the environment is, all that leads up to that exact moment from the beginning of Creation, moves to bring about that experience for you. And all we do is go along with it, which is all you are slowly to learn to do. You are not to try and fight it, or interfere with it, you are learning to just accept nature, your own natures, your soul – or truth and mind nature.

As you learn to live as nature does, by being all-accepting, then you can allow your soul to guide you through your feelings and without trying to actively take over using your mind, to just act according to your natural impulses and feelings, all of which will bring about the desired experiences required by your soul resulting in the desired truth you are to see, know, and hence live.

YOU ARE NATURE – so as you understand about plants and animals and all nature is, really you are understanding about YOURSELF. And this is very important, to see yourself as separate from nature is not right, and is where you all go wrong – it is evil, because it's dishonouring yourself: your true nature.

What you as a person, YOU, are doing to nature is wrong. How you are negatively affecting it, and how that is all because you are doing it all to yourself. EVERYTHING YOU DO TO ANOTHER CREATURE YOU ARE DOING TO YOURSELF – and that's why you're doing it to the other creature, because you're doing it to yourself. How you are in the outer world is exactly how you are in your inner world. Or rather, how you are in your inner world is how you are in the outer one. It's always the inner first. And the inner has been created through your early childhood.

I'm a swirl of light, recognisable by other angels and beings of mind creation, but unrecognisable to you spirits of truth (humanity) who need form other than just light. So all of my kind, and all of my angelic relations, put on forms for you to recognise us by. You don't have any choice in your form, although in spirit you can play around with your looks a little and what you wear, how you present yourself a little to the universe, but mostly you just allow your soul to manifest your spirit form as its currently manifesting your physical form, whereas we angels being all light, have a choice – and lots of it! As I said, our true form is a creation of light, which means a collection or gathering together of many lights, beautiful and artistically designed, wonders to behold, and you will be able to get something of a glimpse and soul perception impression of our natures as you grow in truth, we being something very different to you.

And like you, as in you having a soul-mate, in some ways we nature spirits work in pairs, a positive and negative, but not negative in the bad, more like in the sense of current, in physics, a positive and negative representation of the frequencies of light that we are; but we angels – I'll call myself an angel for the time being, just for the sake of argument – don't have soul-mates like you, that's purely a spirit thing, as we don't have the same type of soul that you do. We don't ever perish, we do move on, in that we ascend the circles of light, which are the relevant circles of mind for our order; but we don't grow in



truth like you do. We don't have the same mind set up as you do, we don't have a thinking and feeling mind, we are just mind, and all that is mind.

All things and creatures of Creation have a 'light' to them, which you could call something akin to a spirit. Truly speaking, only spirits of truth, such as what you are, you and humanity and those sorts of spirit beings like Mary and Jesus, the mind and Celestial spirits you speak with, all who have a soul that is truth-evolving, have a spirit; we beings and creations of Mind, have a light. I know it gets rather confusing, and it doesn't matter anyway. So you could say a tree has a light, it being a creation of Mind, that being the mind of the Divine Minister in our universe of Nebadon, and so you could say that light is something akin to the tree's spirit. However were you to talk to the tree's spirit and have it talk back to you, that's then where we come in. You can't actually speak directly to and converse with lower creations like animals and plants, but we can mediate, you can through us.

Mind spirits aren't going to tell you the truth of who they are, as they will be wanting to keep you in your deluded state just to keep the channel open. They don't care how they communicate with people on Earth, that is the lower ones in particular, and the ones who are seeking some power by doing it, so they won't say, oh sorry, I'm a mind spirit, for nature spirits you'll have to change frequencies, they're that channel over there.

Extracts from 'With Verna – a Nature Spirit' by James Moncrief

Sunday, 5 November 2017

James: Nanna Beth, yesterday reading through what John had sent me, I understood a few more things about the differences between we spirits and angels, things I'd not previously appreciated. And that led onto more things this morning, which I'd like to please discuss with you.

Nanna Beth, 3rd Celestial Heaven: Yes James, go ahead, and see what I can do.

James: I know you know everything Beth –

Nanna Beth: Ha!, you give me too much credit. I do know a lot more than I used to, that I can admit to, and, oh how much I enjoy understanding such things!, however there are limits to my extended knowledge, although that doesn't really matter as we always have the Melchizedeks on hand, so go ahead James, let's explore these latest musings you have.

James: As I can't remember all I've written with everyone, and reading over the parts of my conversation with Verna years ago that John sent me, I felt I was reading stuff I didn't know anything about, questioning it as to its truth, and then slowly it coming to me remembering that I had understood that back then with her – which was why we were talking about it then. So it's a weird feeling, like a part of me that was talking about those things with her had gone to sleep and I was trying to wake it up again –

Nanna Beth: Yes, but this time round you were perceiving it through your soul-perceptions, your feelings, and not just your mind. You worked out so much through your mind, natural deduction, of which we spirits and Verna helped you with, but now as you're letting go your mind, so it's able to come back to you but through your feelings.

James: Yeah okay, I can see that. So this yesterday was about the whole of Creation really being of Natural love; then with certain spirits being of divine creation, with other spirits able to become divine by partaking of the Divine Love – is that right?

Nanna Beth: It's more complicated than that. I'll try to explain it as I understand, which has certain limitations based on my relative small amount of soul growth.

Personality expression in Creation, as defined by all the myriad spirits and angels and so forth, is Natural love expression.

Our souls, the souls of us spirits, are actually divine creations (despite what the PM – Padgett Messages – say, and in line with what so many people believe, yet they don't understand what it really means, which was also why Jesus kept it simple by saying we're all of Natural love, because we are in our personality expression), so all beings that have an existential soul are already divine (because our soul was specifically created by our Divine Parents), however our personality expression from our soul is Natural love (it being expressed in Natural love Creation) and needs to be brought into alignment with the soul – so we can 'divine' it, which is what we're actually doing by longing for the Divine Love. However for the sake of simplicity, we say we long for and receive the Love to transform our Natural love soul into the divine.

James: Okay, but the Divine Minister and the bigger Deity personalities are Divine?

Nanna Beth: Yes.

James: So from Her (the Divine Minister) comes the Holy Spirit which 'divines' our soul, which you are now saying is already divine, so divines what – our personality expression from our divine soul thereby making all of us a divine expression, is that what you're saying?

Nanna Beth: It is actually bringing our personality expression into alignment with our soul, so yes, effectively we are 'divining' our personality expression, which means we're taking our Natural love to a different level, and to do that, means we have to make a lot of adjustments, which is part of our growing in truth, and in our cases first includes bringing our Natural love to a state of perfection through our Healing, so it can then become divine. So by the time we move into the Celestial levels of truth, our personality is divinely expressing our divine soul, which means, our soul is expressing its divine nature, its divine self, divinely on all levels, so including its personality. So we become a complete divine being in Creation, and in, yes, a Natural love Creation. So Natural love is present from Paradise done to the earth worlds, all through Creation, it being what Creation is built from, is what Creation is dependent upon – it's what Creation IS. Then with beings being of this Natural Creation love, such as the angels, nature spirits, and animals, etc, and beings like us when we become wholly divine, expressing a deeper soul level of Love, the Divine Love, that being the Soul of God's Love.

James: Okay, so Creational Love – Natural Love, is really the realm of the Supreme Being, the evolving Deity and the other evolving Deities, which I imagine will eventually evolve to be the full expression of the Divine Soul that is Creating it, yet of Natural love? And once fully evolved, will it, and so will the whole of Creation, then become Divine, so we'll have the Divine existential completely expressing the Divine experiential, or will the experiential always remain Natural love?

Nanna Beth: Look at it this way James. The Creations emanating from the Infinite Daughter Spirit are of Natural love, those from the Eternal Son, divine. So all the mind creations, like the angels and nature spirits for example, are of Natural love, and like what you said yesterday to John, are, once created, evolving their Natural love soul into being. And so it's possible that one day those Natural love evolved souls, the beings they represent, so the angels and so on, could become divine with the Supreme Being evolving into full personality and so Soul existence, for it is evolving It's soul as It is evolves from of Natural love. And will it and all Natural love one day become Divine, as you are asking, I don't know. It is a reasonable theory and conclusion to be drawn, which I understand many are doing, however we will have to wait, and for a very long time, to see if it proves true. And I ask you, does Natural love have to become Divine? It is not enough to have Natural love completely evolved to completion, and will it then still be inferior to Divine Love, as that is what you are insinuating (which you have picked up from the PM), or are the two loves even the same, just different expressions of it – Existentially being Divine, Experientially being Natural love? So you know in which level of reality you live by the love that predominates. However that is all speculation at this point, it's too early yet, Creation is still only as a baby, it's still to attain toddler stage yet, so we've got a long way to go for its childhood to be completed, so I understand.

James: Yeah alright Nanna Beth, and I don't really want to get too much into this sort of thing, but it's good pushing it around for a bit and seeing how it all settles. And I like what you said, that Divine Love and Natural love are the same, just different states of expression. And you're right, I do put Natural love down because of what the PM said, however now I can see that only relates to us and our personality expression as you say, because we start off with it being of Natural love when it should be divine. But that doesn't necessarily mean Natural love is any less... yes, I like that. It makes it be a bit easier to understand, that the Mother and Father being existential and Divine, are expressing their Divine Personalities in Experience, so They can experience Their personalities for Themselves, and are doing that in Natural love Creation so as to see Themselves more clearly, through a different expression of

Their Love. Possibly if everything were just Divine Love, then They'd not get so much out of the experience, it all being too much the same, and so wouldn't get all They need to become self-aware or whatever else They are doing by setting up Creation and creating all of us to live it for Them.

Nanna Beth: Of course James, you are to explore it, and it will change and evolve as you grow, as you understand.

James: Yes. All right, so if there is the spirit side of things in which we all have divine souls and can divine our Natural love personalities that we start expressing in Creation, and then there is the true Natural love side of things as represented by the Mind created beings like the plants and animals, nature spirits and angels and mighty angelic personalities, then why have the Mother and Father set it up that way, with us spirits being divine, and so of the truth, and so different from the angels who are of the mind?

Nanna Beth: Well, that question is a bit out of my league James, I think you'll have to ask Them. However I am being told by Zelmar (a Melchizedek), that it's because They need to anchor Creation – Natural love, in the Divine, because there always needs to be a divine expression of Themselves, which we spirits are. And so having Creation revolve or be anchored around the Divine, then allows Natural love to have its expression. And as it's 'lesser' than Divine Love, so the angels, etc, all beings of Natural love, have their focus about and on the Divine, so on us spirits, helping us, helping Creation work and run smoothly, doing all the mind things so as to allow the divine spirits to have their self-expression.

James: Do the angels feel pissed off at being lesser, do they ever envy us divine creations, it seems a bit unfair if I look at it from that level? However I can also see, that if they are to become divine at some point in eternity, then they actually get the best of both experiences, a full Natural love evolutionary experience and then a divine one, so in that case we're missing out. I think I answered my own question Beth.

Nanna Beth: It doesn't matter either way James, because the beauty of love, Natural or Divine, is you feel loved. And being Natural love you can't know what it feels like to feel divinely loved (or vice versa), but you can know that as you live expressing the fullness of your Natural love, then you'll feel the best you can – loving and loved, and there isn't anything else better than that which you can feel. So the mind and Natural love angels, by living helping us truth and Divine Love spirits, feel so completely loved that they don't want for anything else. Just as we feel so completely loved in the Celestial levels, that we can hardly keep up with all the love we feel – give and receive. Only you being deprived of both 'types' or expressions of love can look at it in such a way.

James: I understand that.

Nanna Beth: And also as you might remember, you've been told that we divine spirits are still also expressing our Natural love, it just being imbued by the divine. So really we are able to have the same Natural love experience as that of the angels. You might be able to imagine having an evolving soul, as you feel when you feel you're evolving your mental understanding, however it's nothing like feeling more attuned to your divine soul as it brings further truth and real understanding into your awareness.

James: I can sort of sense and feel that Beth; and I see what you mean anyway, that it doesn't matter, because being of love, well, that's all that matters. And so the two loves are nearly the same – or are the same, with the divine just focusing more on the Mother and Father – for us anyway... for the angels are always so focused on Them too. Hmm, so yes, really is there any difference? So the Natural love part

of Creation is all coming from the Infinite Daughter, and we being divine are to move higher through the Eternal Son and onto the Mother and Father.

Nanna Beth: Yes. And so that's why the angels ascend in their mind evolution, which you might now be pleased to understand is really transcend, it's the angels who transcend the mind circuits with Natural love and light, that denoting their evolving soul, for their soul is not the same sort of soul that we have, it being evolutionary evolved whereas ours is existential. And they transcend the spheres to Paradise arriving at their own special receiving area, whereas we ascend in truth, arriving on Paradise in our own special receiving area.

James: Okay, so that makes more sense. The angels being Mind creations are transcending to Paradise, whereas we Truth creations are ascending to Paradise. So the whole thing about the Rebellion is to keep people away from the Divine Love. So turn your back on the Divine Love Daughters and Sons who make the Divine Love available, so deny Mary and Jesus and thereby the Avonals too, saying they are fakes and we don't need to follow them because there is no Mother and Father either; and so turn your back on your evolving truth-loving soul, thereby forcing us people to pretend we're angels, or like angels, being only concerned with our mind and its development, hence the mind spirit way of transcending to Enlightenment.

Nanna Beth: Yes.

James: So we're trying to evolve our souls, just as TUB (The Urantia Book) says, and transcend (even though TUB also confusingly says we ascend), being more like angels than as we really are. And as we can't be angels, so we can't transcend out of the Mansion Worlds, so we just fool ourselves into believing the Mind of God is where it's at, which is trying to look to God as an angel might, all of which just allows us to build a house of cards using our beliefs, all of which is destined to one day fall down when we have our mental breakdown getting the shock of our lives that all our so-called spiritual growth has been fantasy, and being build not on truth, so collapses into nothing. Marion was saying that people who live with their minds so heavily in control and virtually no truth, when their mind goes, then they collapse because there is no feelings, no feeling foundation, no truth to fall back on and keep them functioning.

Yes, so the Evil Ones have made us be as the angels are, although compared to them, very poor angels, all to keep us away from the Divine Truth of ourselves. So yes, with Mary and Jesus coming and making the Divine Love available, so that was the end of the Lucifers and Satans, even though it's taking a while for the end to come fully into play. So with our Healing, we're reclaiming our lost soul inheritance so to speak, perfecting our Natural love so we can become a fully divine expression of our divine soul in Creation.

So there are two main lineages, if I can call them that, we divine existential souls ascending in truth to Paradise, and the Natural love evolving souls (angels) transcending their mind to Paradise. And we go to Paradise via the Eternal Son the upholder and Creator? of the truth circuits; and they, the angels and other Mind beings, go to Paradise via the Infinite Daughter Spirit, the Creator of the Mind circuits.

Nanna Beth: Yes. And that's also why the Eternal Son is first, needing to underpin the Mind, and with the Infinite Daughter supporting the Son, allowing us to have minds so we can understand the truth of ourselves. And we can't live with the Daughter first, as the Evil Ones made us do, it's going against ourselves, so we're untrue and false. We have to live with the Son first, which I will add is why the emphasis on Jesus being the Son, because if you included Mary, then everyone would get confused even more. However you understand, that we truth-loving and truth-evolving people and spirits are both men

and women, so it's both Mary and Jesus; with the angels also being in pairs, but not men and women pairs, but positive and negative, as in different poles of the mind.

James: Yes, I understand that Beth, it took me a few years to work all that confusion out.

So for the Mother and Father to express Themselves fully, They needed Creation, a way so as to see Themselves sort of like looking in the mirror. Being just a Soul, They needed to express Their Personalities so They could enjoy being Soulmates more fully. I can understand that. So They brought into being the Eternal Son as the closest and truest expression of Themselves, being of the Truth and Feelings, and then with that solid foundation, the Infinite Daughter being of the Mind and Beliefs. And They have then left it to Their two Children, to manifest the rest of Creation as a Divine Love and natural love expression. So in Creation we have both the divine and natural love, the feelings and the mind.

And I like how you wrote it Beth, just the Mother and Father and the Son and Daughter. And I guess one of Them had to come first, but why the Son... oh yeah, as Zelmar said, because we need that Divine Truth foundation upon with the mind can come. And so is that how it is, the Son is more of the truth, the Daughter more of the mind?

Nanna Beth: It is, but that is not to be confused with men and women, for they are both of the Son, both equally looking for the truth within their soul. However when you break up the masculine and feminine parts within you, the feminine, and although you relate that more to feelings, is actually more attuned to the mind, with women having greater mental clarity and sharpness to their understanding, living and relating to truth. With men being more relaxed about that, being more just 'truthy', falling back into their feelings and just more going with the flow sort of thing, so being less of the mind in that respect. Although it does, of course, vary between us all, but you know what I mean James.

James: I do. I can see it with Marion, she is far more of the mind in her self-expression, she is solid in her truth, nothing can budge her in that, but how she expresses it is more mind-like if I can put it like that, being as you say, very sharp and precise in her articulation of it. Whereas I too are solid in my truth – or at least getting there, but not sharp or interested in being so articulate as she is; and yet I'm more interested in the intellectual side of things, working it all out, whereas she isn't at all.

Nanna Beth: That's just understanding it all with your mind. You have still a large mind interest in seeing and working it out with your mind based on your truth that comes to light, like this, what we're doing now, whereas Marion doesn't want to know about it, she not wanting to exercise her mind like this.

James: Anyway Beth, not wanting to keep you much longer, what I've got from it all is that the Rebellion and Default are about denying our feelings and our truth, all so we can pretend we're like angels with our minds. And I guess that even ties in with my wanting to be able to heal like the angels can, just wave the magic wand and everything is instantly better, even wanting to work it all out and see it as they do, so understanding it all to the nth degree how an angel seems able to understand it.

Nanna Beth: You have done that James, which is all part of the fantasy side of you that you're letting go. Because you can't be an angel, only the angels can be angels, so you can can't actually heal anyone, you can only heal yourself through your Healing, however you can accept that through or because of you, the angels might heal people.

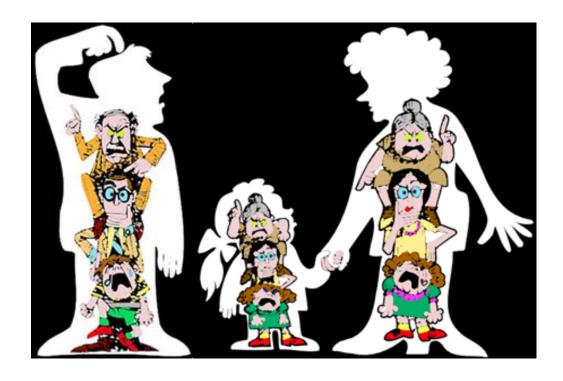
James: So someone like Barbara (Brennan) and a doctor is really taking over pretending they are like an angel and able to heal everyone?

Nanna Beth: Yes, which as you now understand, is not the way we are to be. We are none interfering, in that sense, we are simply to live true to our truth, true to our feelings, and do as little as we can to interfere with another, whereas the angels are constantly tinkering and adjusting and doing things within our minds, either helping to make things go worse for us as we continue to advance and evolve our self-and truth-denial, or helping us to Heal by adjusting our aura helping to bring all our repressed feelings up in us. They are of the Mind and so know and understand how to manipulate and work the mind. And with all of personality expression being 'housed' in the mind, in Creation, so the angels can work with every aspect of our personality expression, so including all that our auras are, all our physical and spirit bodies and all the subtle ones, that all being part of our personality expression. And they can work with and change and adjust any part of nature, any part of the physical, morontial, spiritual worlds and spheres, any part of Creation, whereas we can't. We can do a little changing of our natural environment and create a certain amount with our minds, but nothing like what the angels can do.

So as you say, trying to be a doctor or healer in the sense of you believing you know what is wrong and can fix it, is not right, for really that is the domain of the angels, they do know what is wrong and can fix if should they be called upon to do so. And if for example, cars were a natural part of Creation, we'd not be mechanics either, it would be the angels that fix the cars for us should our cars ever need fixing. But because cars are a part of our creation, then we need to fix them when they go wrong. Or so we believe we need to, for really an angel can even fix any of our man-made things should we need them to on a soul level.

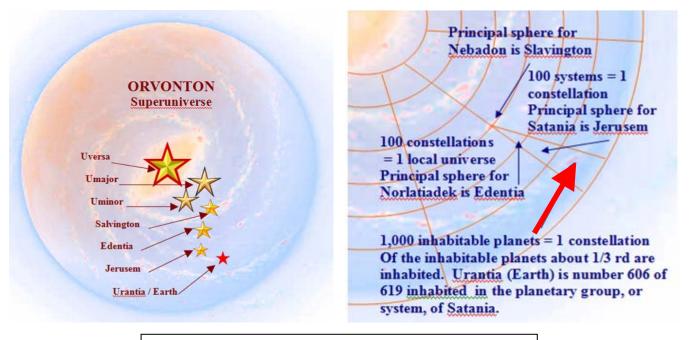
James: Thank you Nanna Beth, that helps me sort out a few more things. I'll stop now and see how I feel and what I think about it all.

It's my pleasure James. It's good fun, speak to you soon, love Nanna Beth.





The God, being the soulmate personalities of our Heavenly Parents Mother and Father, reside on the Isle of Paradise that is stationary within the centre of the seven superuniverses. Our Spiritual Parents and our source of Truth are Mary and Jesus, the regents of the region known as Nebadon which hosts some 3,84,101 inhabited planets of which Earth (Urantia) is one of the 37 rebellious inhabited planets. Our Adamic pair defaulted and then we crucified Jesus on a cross!

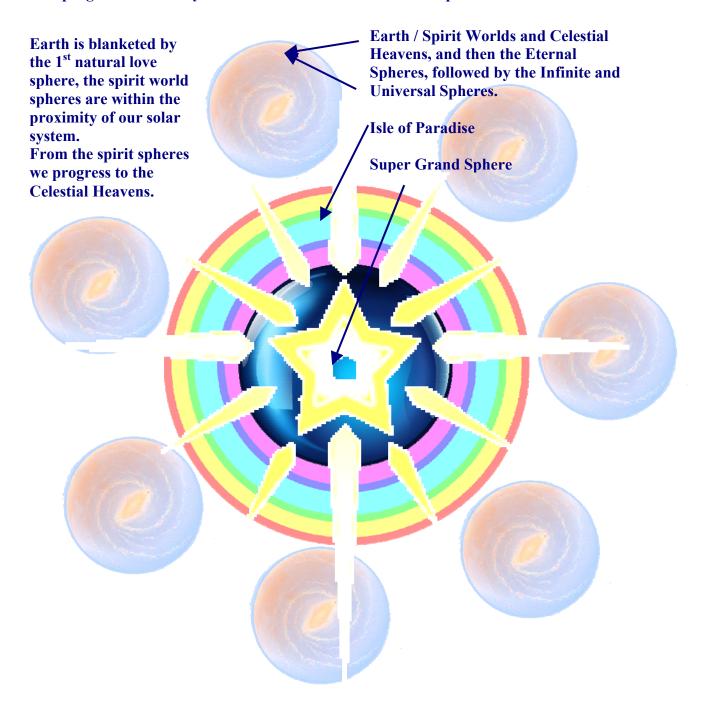


Infographics and diagrams have been added by Pascas.

OUR JOURNEY to the CENTRE: HEAVENLY PARENTS are UNIVERSALLY PRESENT:

Earth is one of the youngest inhabited planets on the outer edge of the youngest of the seven super-universes. From the spirit worlds, we progress to the spheres of many mansions, being the Celestial Heavens nearer to the centre of our super-universe. From there we progress to the Eternal spheres which circulate around the Isle of Paradise. The Isle of Paradise remains stationery and is the home of the Source Soul, our Heavenly Parents, Mother and Father.

Our progression is always towards the centre – inward and upward.



Infographics and diagrams have been added by Pascas.

Spirit life force energy continues living on in different forms:

7 May 2012

James: What compensation do the creatures get? They are the good ones suffering at our hands, so what happens to them? We can be the bad ones torturing and abusing them, then become all good even getting the Divine Love and becoming Celestial, but what do they get? We suffer and get rewarded for shitting all over them, so what about them, do they get anything?

Verna: They get to move onto becoming nature spirits and then in time, to proper angels. Their spirit lives on. It's nothing of a reward as such, the Mother and Father don't issue rewards, it's just how it is. They live what life is given to them, as we all do, and we all experience what we're to, and we all move on when it's time, we're all always moving on. So there is no compensation for them, as really nothing bad has happened to them, has happened to their spirit. And once any suffering of the physical is over, then as a spirit they go on, on into the vast spirit collective and then to, at some time, become part of the spirit that constitutes one of my kind. (Verna is a nature spirit)

James: And as you said, or did you say, actually I can't remember now, are you aware of the creature spirits that constitute your spirit?

Verna: No I'm not personally aware as in being able to 'remember' or sense that part of me, that part of my spirit was once, say for example, a bee... or a buffalo. However I can, should I desire, access from higher angels just what my spirit composition is.

James: And have you done so?

Verna: Yes, we all do at some point. We all want to understand our heritage.

James: And would you mind sharing it with me?

Verna: I wouldn't mind, but it's difficult. It's not so much saying I was, or rather my spirit was, once this or that creature, as so many of you mortals and mind spirits say your past lives were, for it comes to us as light, and in that light as a knowing, an awareness, just as part of us. And to further complicate things in regards to myself, I was drawn from the creature spirit from other universal worlds, not of Earth, for as I told you, I was created on Earth before life began. And so there are as you now surmise, those of us who were the original nature spirits, but were not 'of' this world so to speak, that being in a spirit sense. And then since life has been on Earth, there are those nature spirits 'drawn up out of' the indigenous creature spirit. We refer to them as the 'locals'. And as their is now so few of us original 'out of towners', the locals predominate.

So as you'd not be able to relate to the creatures my spirit comes from, all I can tell you is there's a good mix of aquatic and terrestrial in me. I'm a good balance.

And yes to read your mind, there are nature spirits with varying mixes of creature spirit. Some feeling more of an affinity for the plant kingdom, others for the oceans or rivers, and others for land, and of course, mixtures of all. And so yes, to read your thoughts again, as you would expect, those of more plant spirit feel drawn more to the plant side of things, and so that's how it is, those nature spirits tending to the plant kingdom.

James: So your spirit is very complex?

Verna: Yes, it's not as straightforward as is yours, yours coming solely from your soul. Your spirit is

your own unique spirit expressing the light of your soul; our spirits, also uniquely our own, however come from a composite of many other spirits. And in my case for example, and I'm about average, or 'usual' – as much as I hate to admit it, I'm composed, for want of a better word, of about five hundred billion creature spirits, so yes, you could say we're complex on that level. And yet on other levels, we're considered rather basic, we are after all *only* nature spirits, not great angels.

James: I suppose the spirit of a bacteria is not that big.

Verna: It's not a matter of big or small in the sense that you know it. It's all a matter of life experience, of light. All creature spirits are composed of light, this light being seen, related to, understood, even broken down into its component parts by higher angels. As you've been told, as it's the same for you, each experience you live is composed of many 'light's', that being that much light in the spirit of that experience. So our spirit existence is literally a sum of all the light experiences of light those creatures lived. Your light experience, or the light from your experience, goes into your soul, and then re-emerges being expressed as your spirit, as all that you are, all that sustains you in Creation; your truth being one part of that spirit that becomes manifest, that you live. The light from all our experiences goes into our mind, that being, into expanding and evolving our mental awareness and capabilities, the higher angels having a greater mind than we do. And that angelic mind is not to be confused with your mortal or spirit minds because the two are vastly different. The angelic mind you can't grasp with your limited mind, you can through your soul perceptions when you're healed and of Celestial truth, but until then, you'll have no idea about it. And it's not just a thinking mind as yours currently mostly is, it's a mind of action, or mind of pure and true thought, of insight, a mind of discovery and collection, the collection of all that it is – a mind of light. When an angel moves, it does so not because of it's feelings like you do, but because of it's mind, the spirit that its mind is, or, the mind of its spirit.



NATURE SPIRITS will INTERACT and ASSIST US in our ENDEAVOURS:

Extracts from 'With Verna – a Nature Spirit' by James Moncrief

I, Verna – a nature spirit, would like to say to the people of future who will read this, that we are more than willing to make contact with you humans, however, WE WILL ONLY DO SO WITH THOSE PEOPLE WHO ARE STRIVING TO LIVE TRUE TO THEMSELVES BY HEALING THEIR

NEGATIVE STATES. We can't otherwise, if people are choosing to remain as they are, all bound up in their evilness, untrue and bad feeling denial, as the new age will forbid it. Once the new Spirits of Truth have been liberated, we will have to adhere to them, not that we would want to do anything else anyway. And we can't wait to have the new Spirits of Truth to guide us as they help and guide you.

Now, why I'm telling you this is because there's going to be an upsurge of people saying they are speaking to nature spirits, people who are not doing their healing nor seeking the truth of themselves. They will say they are, and their nature spirit communication will be part of them doing so, but it won't be true. So beware, many people will say they are speaking to our kind when they aren't, speaking only to mind spirits in the lower Mansion Worlds and Earth planes.



It's far more important for you to gain a true understanding of your own personal role in nature, how you are to conduct yourself with nature, and also the same with the impersonal, the greater whole. And along the way your knowledge about how things are in nature will expand directly through your experiences and with our input. But (put this in capitals please James); BUT OUR INPUT WILL ONLY COME TO THOSE PEOPLE WHO ARE STRIVING TO LIVE TRUE TO THEMSELVES THROUGH THEIR FEELINGS, by doing all you have written James; essentially, all Mary has told you and all Marion has told and helped you with.

We are able to impress certain insights and understandings upon her (Marion), we do upon you both, all of which help you understand nature more; yours and the natural world, and your relationship with it. So everyone who grows in truth, as a part of that growth, comes to love nature more, relating to it very personally through their own nature, so we are able to move in and be with you.

James: So really your kind is to have a very close and complete relationship with us.

Verna: Yes, it will grow and evolve as humanity does. We are just a part of the natural realm as are plants, animals and the air you breathe. We should not be kept alienated from you. And just because you might not be able to see us, doesn't mean we are less important or have less of an influence on you, in fact we have more of an influence than does direct experience with plants and animals. Your hands on physical experience with nature is very limited, there is only so much you can do with and in it. But your understanding of it and its relationship to yourself and yourself to it, is all but unlimited, it growing – your awareness of it all growing, as you grow in truth. And humanity is meant to grow in complete harmony with the natural world whilst it's here with it, not separately from it as you currently are. You are going against nature, not going with it, so you are going against your own natures, not with them, which of course is why you're going against nature. Your parents set you against yourself, your own nature, so you don't see that nature offers you anything other than what you can get from it. But that's all thankfully soon to change, and as there is already a slow awakening taking place in certain parts of humanity as to how special nature is, so this will continue to evolve.

WE ARRIVE DETUNED!

Our souls are a divine creation of our Heavenly Mother and Father. They could not be any other way! And are designed (such as how it has been for us) to begin incarnation in a Natural love condition reflecting the Natural love state of our world.

And we have also been provided with the opportunity to experience what is being 'evil', to live denying our Natural love, as seen through the denial of many of our feelings. So we here on planet Earth live on a world that has Rebelled (and then also Defaulted), of which there are



only 37 within the local universe of Nebadon, consisting of 3.8 million physical worlds under the regency of Mary Magdalene and Jesus – the spiritual parents of truth of all of Nebadon! And we assassinated Jesus, and completely denied Mary not allowing her to have her say about the truth.

As a consequence, we are 'detuned' from our Natural love state and divine origin. You could say we arrived with all parts functional, however, in our untrue, dysfunctional and distorted state, we're badly in need of a severe service, tune up or a complete reconditioning. Our goal being to bring our true self to the fore by doing our Feeling Healing, and then to progress beyond our Natural love state by further advancing our soul condition through the process of Soul Healing and receiving our Parents' Divine Love – becoming divine.



In our feeling- and truth-denying untrue Natural love state, we have been made to use our minds to dominate our feelings, becoming more like that of mind-based creatures of nature than of human souls of truth and feelings. And this is the wrong way for us to develop. So to step beyond this limitation, we are to live true to our feelings. Our heartfelt feelings being the guiding lights to our evolution and growth of truth.

Feelings are what guide us through our ascension of truth. So they are really our Supreme Guides. Many people look for a person, spirit, angel, even God, for supreme guidance, however it's all right there already built in and can be found through our feelings – our soul based feelings.

By living true to our selves, true to our feelings, we are living true to God. It's that simple.

Thus we are detuned once our incarnation begins. However, the way is now open for us to bring about our full divinity. To completely Heal all that's wrong within us on a Natural love level. To embrace and then transform that Natural love into a divine state through partaking of our Heavenly Parents' Divine Love. All the while attuning ourselves to divine perfection and enjoying the fullness of our divinity and love, as we ascend in truth on our journey all the way to Paradise – the home of our Heavenly Parents.



HIERARCHY of our SPIRITUAL GUIDANCE:

Our Heavenly Mother and Father permanently reside within Paradise, an island stationary world surrounded by Havona, in the centre of seven Super Universes.

Our Heavenly Mother and Father, being one soul manifesting two personalit bring about the creation of:

Creator daughters and sons – Michaels

Magisterial daughters and sons – Avonals Trinity Teacher daughter and sons – Daynals – and others. The Michaels and Avonals have Spirits of

The Michaels and Avonals have Spirits of Truth to be released to assist the humanities on their assigned inhabited worlds.

Each Super Universe consists of 100,000 Local Universes.

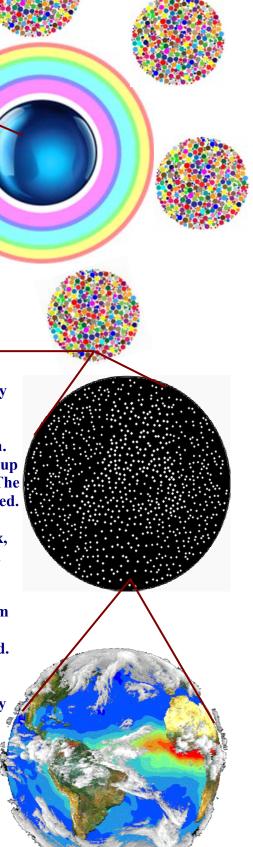
Each Local Universe is overseen by a Creator daughter and son, our local universe is called Nebadon and Jesus and Mary Magdalene are the Michael pair and regents.

A local universe consists of 10,000,000 inhabitable worlds of which 3,840,101 are inhabited within local universe Nebadon. A local universe consists of 100 constellations which is made up of 100 systems. Each system has 1,000 inhabitable worlds. The system that Earth is in is Satania and 619 worlds are inhabited.

Emanating from within the Local Universes are Melchizedek, Vorondadek, Lanonandek, Material and Life-Carrier pairs. None have spirits of truth – they are not from Paradise.

From within the Lanonandeks, assigned to oversee the system Satania, which includes Earth (Urantia) were the Lucifer, Satan, Caligastia and Daligastia soulmate pairs, who rebelled. Further, Adam and Eve, the Material son and daughter, defaulted because of the Rebellion. All failed in their assignments, causing us (humanity on Earth) to be spiritually misled for 200,000 years – that is why we are all 'insane'!

Earth has had five higher spirit physical bestowals:
Daligastia soulmate pair being Lanonandeks
Adam and Eve soulmate pair Material son and daughter
Machiventa Melchizedek soulmate pair
Creator daughter and son – Jesus and Mary Magdalene
Avonal daughter and son who are yet to commence their
public ministry.



Why did the Lanonandek Daughters and Sons rebel? Being the Lucifers, Satans, Caligastias and Daligastias soulmate pairs.

James Moncrief Monday, 12 November 2018

Re The Urantia Book (TUB): there are various orders of Paradise Descending Daughters and Sons. (NB: TUB only refers to the masculine so doesn't include Daughters.) The Descending Daughters and Sons descend or step down from Paradise to reach out and 'down' to the Ascending mortals – men and women on the evolutionary worlds, who are reaching out and 'up' to Paradise and for such help from the descending spirit pairs. Ascending mortal pairs (soulmates) cannot by themselves ascend to Paradise, how to do that is not 'encoded' in their soul. So they need higher help and guidance from the descending pairs. So if people don't have this higher help they will never spiritually and physically progress very far. And if this higher help goes haywire, people are stuffed until other higher help comes to rescue them.

One such Descending Pair, the Creator Pair, comes out from Paradise to a section of space when it is ready for them – Mary M (Magdalene) and Jesus in our case; and in union with the Divine Minster, create, or 'bring into being' a Local Universe – Nebadon. Mary and Jesus then attend to the whole (local) universe, with Avonal Descending Paradise Pairs coming as required to the individual earth worlds to ensure and initiate the spiritual changing of the ages that is needed to advance the spiritual development of mortals in accordance with the Paradise Plan.

Part of the Creation of Nebadon includes the creation of Local Universal Descending Daughters and Sons that hold key positions on individual worlds and oversee larger areas or sections of the Nebadon. With the Lanonandeks being these key administrators, guides, overseers, who are the ones that ensure the ascending mortals of each world are given what they need in accordance with the unfolding phases of their evolution, as well as providing the necessary Mansion World structures and organisation of the Celestials spheres, the greater part of Nebadon, all so mortals of the evolutionary worlds can find their way up and in through the Local Universe so as to set out on their greater spiritual journey through the Super Universe and Central Universe to Paradise. The Lanonandeks make sure all the parts work as they are intended to do, with the Melchizedeks being more involved with the ongoing teaching and personal education of mortals about all things through the Local Universe.

The Lucifers, Satans, Caligastias and Daligastias are all Lanonandek pairs.

The Lucifers were the overseers of this sector – System – of Nebadon that includes Earth – Urantia. The Satans were to help the Lucifers, being the main liaison pair with the Caligastias (The Planetary Prince and Princess) who oversaw Earth directly from spirit, and the Daligastias being physically materialised on Earth so as to oversee and help evolve the local races of Earth on all levels, the practical physical and spiritual, this being how it was five hundred thousand years ago. And for three hundred thousand years, everything went well.

The whole of Creation thus far is one gigantic Ascending mortal scheme – The Ascension Scheme. So everything in it works to help slowly evolve humanity along the plans designed for them by the Descending Pairs and the Mother and Father, with the idea to evolve through ongoing self-expression the people from all the earths up through the Mansion Worlds and into the Celestial spheres and on through and out of Nebadon. So if anything goes wrong in any level of the universe then it causes problems for the mortals who are wanting to ascend.

The Lucifers were outstanding members of their Order. However according to TUB (if I remember correctly), they were passed over when they applied to oversee certain parts of Nebadon – and so why did that happen??? Then finally they got their chance. As to why they rebelled – it is said their egos,

their self-importance, grew, and they weren't able to control it. They were seduced by some inner need for greater power – but why did that happen? And is it just like everything else, there is variation in all things and so they went the way of rebelling against Mary and Jesus and the Mother and Father. And not being of a higher Paradise Order, they are more prone to being seduced by their inner biases, whereas supposedly Paradise Descending Daughters and Sons are too perfect, being of Paradise origin, and so wouldn't or even can't, rebel. And Avonal Pairs can willingly take on rebellion, but that's their choice and they are not technically rebelling or defaulting, they needing to do this so they can heal themselves of the Wrongness thereby liberating the world of rebellion, and in our cases, also default. Which means, providing people and spirits in the Mansion Worlds, their Spirits of Truth, so everyone in a rebellious state can look to them instead of the Evil Ones, the rebellious Lanonandeks, for the way out of rebellion and onto Paradise.

The Evil Ones took over their part of Nebadon, Mary and Jesus allowed them to, allowing the Rebellion and subsequent Default on Earth to run its course. However it continues to cause masses of disruptions to the natural way of things, all of which we've been and continue to be subjected to.

So because humanity for two hundred thousand years has been increasingly subjected to the Rebellion and then also the Default of Eve and Adam (Material daughter and son), we are well and truly entrenched in the unconscious belief that the Evil Ones are the Gods, and that we're to look to them for the way to be happy and feel loved – that they are the Living Truth. And yet, as we can all see from our own lives when we start to address our bad feelings, this is wrong, false and misleading, only making us feel even more unhappy, unloved and powerless in our negative truth-denying state and being unable to do anything about it – because ascending mortals are not able to go against the higher Daughters and Sons. So without humanity knowing it, we have been praying to the Evil Ones as if they are God, even with people who pray to Jesus, praying to a mind-created fantasy Jesus and not the real one, as can be seen by the Evil Ones strategically denying humanity the truth of the Divine Love, with our need to long for it being excluded from the Bible and not found in any other rebellion-created religion.

Mary and Jesus being the highest Paradise Pair, by their coming to Earth, terminated the System Rebellion of the Lucifers and Satans. So that level of evil influence on all the rebellious physical worlds ended two thousand years ago. And then it's required for each world to be attended to by a bestowal Avonal Pair, who take on the evilness of that world and heal it within themselves, thereby ending the control in our case of the Caligastias and Daligastias, which has now apparently happened, with the Avonal Pair only to finish their Healing so as to signal the complete technical end of the Rebellion and Default.

So their – the Avonal pair – Healing involves dealing with the Rebellion and Default within themselves on all levels, so people and the mind Mansion World spirits can then choose to follow them and do their Healing. So by following the Avonal Pair you are going against the Evil Ones (currently it being their legacy within you and on the world), looking to end their negative, unloving and untrue influences within yourself. And once done, you become a Celestial, either on Earth or in the Celestial spheres, and free to align yourself with Mary and Jesus, which is done by partaking of the Divine Love, and free to live your ascension to Paradise – free to become at-one with your Mother and Father.

We're all living the demented levels of the demented minds of the four Lanonandek pairs that rebelled. And as we do our Healing, so we come to see how fucked they are, as we see how fucked we are; how they passed that fuckedness onto us through our parents, how we've become so tangled up in our Wrongness, not knowing what is true – we live untruth believing it's true, we feel false love believing it's true love. We're all around the wrong way, deeply mixed up, and needing to do our Spiritual Healing to get ourselves out of our sinful and evil ways, so as to come back into alignment with

the Truth. So all that we are has to go, and we're to uncover a whole New Way on all levels, personally and how to live, as we liberate ourselves from our dementedness.

With the Evil Lanonandeks no longer at large, having been detained on a prison world awaiting judgement as to what will happen to them, so the Melchizedeks stepped in taking over their positions. I don't know why other Lanonandeks weren't appointed, however I guess it's because of the damage done by the Rebellion, we who are here and part of it have to deal with it ourselves, so no outsiders other than Mary and Jesus and the Avonal Pair being from Paradise that can override that limitation.

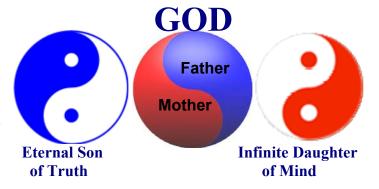
And the Melchizedeks have enlisted the Celestial spirits help. So together, they now in effect play the roles of the Lanonandeks. And so as the Avonals progressively heal themselves, thereby liberating humanity from the dictates of the Rebellion and Default, so the Celestials are being given increasing power and authority to do what the Lanonandeks would have done. So the Rebellion on a positive note is providing the Celestial spirits with unique opportunities as part of their ascension, as we hear from Helen and Nanna Beth. And I would imagine, people who finish their Healing and become Celestials on Earth will also in some way be given extraordinary opportunities as well, all of which will involve some level of healing the world and doing what the Lanonandeks and Eve and Adam should have done. Even to the point of Celestials on Earth who have children, will in some way be like the new 'Eves and Adams' populating the world with perfect and true children, all who are completely free of the Rebellion and Default.

And what happens to the Evil Ones? I imagine they will have to undergo a long period of Compensation experiencing the pain they caused all the people and angels who were under their care. And after that, if they are not extinguished outright, possibly they might be rehabilitated to some degree; however as TUB suggests, without ever receiving the power they once had. However, as all works out for the best and ultimately is all-loving, it will be fascinating to see through our own lives how all the pain we've been made to suffer ends up helping us and being the best thing for us.

And one last thing to note, had there been no Rebellion or Default, then on Earth we'd still have now the Daligastias and Eve and Adam, still helping people grow and evolve on all levels. Still being the higher Daughters and Sons that we can look to knowing that we're not alone, that we are being looked after and loved and that a greater life of ascension awaits us. And we would by now know of the Caligastias and all the help they would be providing on the higher spiritual levels, as well as the help they would be giving mortal spirits in the Mansion Worlds. And we would know of the Satans and Lucifers and all the help they were providing on the System level. And we've understood that in a way these higher Daughters and Sons are like mini gods to us, yet not our Heavenly Mother and Father. And they would be pointing us toward Mary and Jesus helping us understand that they are the Creator Pair, and here we live in their universe of Nebadon, and that all they are doing for and with us is to help us evolve and grow on all levels as we look to our feelings for our truth we are to live as we express the personalities from our souls on our way through Nebadon and onto Paradise. It all being a perfectly unified and loving experience for us. We being able to see the higher Daughter and Son as in the Daligastias and the Material Pair, Eve and Adam, who would be for us the perfect humans that we could strive to be like. So we would want to be perfect in our humanness like Eve and Adam, and perfect in our spiritualness like the Daligastias. With both pairs showing us that we can be both perfect on the material and physical level, as we can be on the spiritual level. Which is completely the opposite of how we've been made to live, because all of that perfection has been denied us, with our being so screwed up about how we are to live both materially – physically and spiritually, we having no idea about either, and with them working fully in opposition to each other. And with our longing for and wanting the Truth, the truth of how we're to live physically and spiritually, all of which is to come (and ONLY come) through each of us individually and as a consequence of properly attending to and expressing ALL we feel.

WE were DIVINE, and WE are to BECOME DIVINE AGAIN:

Our personality, our soul, our real self, are all creations of our Heavenly Parents. We, our real selves, are not creations of our physical parents. Within our original status, we were of Divine nature.



Our physical parents, from our conception, endeavour to mould us into being 'little me's', that is, replicas of themselves, imposing their beliefs and personality traits upon each of us. They crush our individuality and free will. They destroy our personality, our true self. They inflict upon each of us their ways, all of which are of a result of the Rebellion and Default of many, many generations ago. They drive us into believing and subsequently becoming dependant upon our minds. This is not the way for us to express our true selves and evolve along the path towards our true parents, our Heavenly Mother and Father. We are to embrace the Eternal Son of Truth, not the Infinite Daughter of Mind.



No, we are not in the image of our physical parents. Though we may look like them, and act like them because they have dramatically and successfully crushed our true personality, we are each very unique and independent of our parents and all other family members. When we begin to progress along the path of engaging with our soul based feelings and seek for the Truth of our feelings, we will become free of our parents' impositions and suppression.



Upon starting our physical life experience on Earth, our divinely created soul begins to express us as one of our soul's two personalities in Natural love. However because of Earth being in Rebellion, so we are parented into a rebellious and anti truth and anti love state of mind control over our feelings and true self.



Natural love is good, just 'less' or different to Divine Love. And it's that in our rebellious state, we're rebelling against Natural love, and Divine Love by not taking Jesus and Mary up on their offer and allowing the Divine Love to transform our soul, as we perfect our Natural love by doing our Healing.

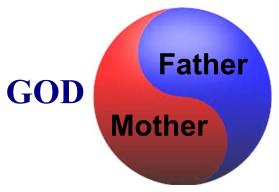
By living true to our selves, true to our feelings, we are living true to God. It's that simple. The revealing of the Feeling Healing process is the commencement of our ability to begin the Great U-Turn and go the right way. Should we then also embrace our Heavenly Parents' Divine Love, we can also commence our Soul Healing and a returning to that of being divine – this is our destiny.



Negative Spirit Influence blocked 22 March 2017 Law of Compensation quickening 22 May 2017



CREATED in THEIR IMAGE:



James: Mary, what does 'we being created in the image of God' really mean?

Mary M: It means that our Mother and Father used Themselves as the model or template if you like, upon which to bring us into being, those of us who have existential souls with the potential of expressing their two personalities in Creation.

And although our souls are divine, as in being divinely created, still whilst we start our personality expression in Natural love, so we need the Divine Love to come into our soul and bring it into the levels of Celestial divinity.

Natural love, so basically the whole of Creation, is of the image of God, and we being divinely created souls can be part of God's Divinity becoming divine ourselves. So through your Healing, James, you become progressively divine by partaking of the Divine Love and healing yourself into perfection – your true self. And by the time you've completed your Healing, your soul is of the Divine Love level of Celestial truth, and your personality is an expression of that level of truth, it all being 'confirmed' and cemented – fused – into place upon the direct soul-union with your Indwelling Spirit. Then you are of the essence of God, true and perfect to the level of the first Celestial sphere, the first sphere of true divinity.

Mary Magdalene communicating with James 20 November 2017





NATURE SPIRITS and GUARDIAN ANGELS are EXCLUSIVELY ASSIGNED

Sunday, 26 May 2019

James: Hello my dear Verna, how are you this getting-colder day?

Verna, a Nature Spirit: I am very well my dear James. You want to talk to me, wanting to gain more wisdom from the old chook.

James: I do, if you'd be so kind. Old? What's that -2 billion years and counting? How are your wrinkles coming, like being etched in stone?

Verna: Thankfully, no such afflictions of age do we have to deal with. I look just as I looked the day I was created. Not a day over sixteen my dear one. We don't 'age' as such, we just get wiser, more noble, more, well, what can I say – Lady-like.

James: You've got quite a few admirers amongst us 'fleshies'.

Verna: Yes, I know James, such is the price of fame!

James: And so much so a friend of John and his partner said they were channelling you.

Verna: Which you know is an impossibility because I am only to speak with you. We nature spirits and angels when we're engaged in a personal relationship with you on Earth, as I am with you James, are specifically chosen to be with you because of how our personalities work / mesh together. And it's very, very, VERY specific – have you got the picture, so specific that I CAN'T interact with another mortal as I am with you! So I can't and won't be with John P. and his partner for example, speaking through her, that is all a contrivance on their part and not in keeping with the Laws of spirit / mortal communication which includes nature spirit and angel / mortal communication.

And the thing is, with spirits speaking to you, it's different, the same Laws don't apply because you are like them, so spirits in the mind and healing Mansion Worlds, the Celestials, can speak to as many different people on Earth as they want, with each receiving person perhaps sounding slightly or even a lot different giving the impression that it might not be the same spirit. All of which rightly can lead to lots of confusion for you lot who can't readily see us spirits and angels.

So you can be happy knowing that although others might claim to be speaking with me, they won't be, not unless as you understand there is some specific need for me to, which would only be to help them with whatever it was and not in a long term personal situation like I have with you, James, because of how specific you and I are together. It's like being with your soulmate, there is ONLY your soulmate that you fit so closely with, so you could say in a crude way that I am your nature spirit soulmate, even though there is no such thing, however I say it like that to illustrate that it is so specific, my light and the light of your mind gels to the degree of enabling us to work so closely together like this, all to help you reveal the truths you need to see. And even though you can and have at times momentarily worked with others of my kind, you've not moved to have a deeper more personal interaction with them like you are with me.

And the other point I want to make is, you being well advanced in your truth James, so that is where I am too, meaning I am reflecting to you the level of truth-advancement you are on. And I won't go backwards in this, I can't, it becomes part of my light, part of my 'truth' if you like. So I can't go backwards as in work with people who are less advanced in their truth than you are because that would be a retrogression for me, and I can't go back. For a nature spirit or angel to go back in our light would



mean we've fallen from grace, we've become untrue, we've rebelled, so you can see there is little incentive for us to do that; and it can't happen now anyway because of the end of the Rebellion, so we're protected in that. So even if for example John P. or anyone else demanded that I speak to them, they'd at least have to be equal to the level of light your truth James is carrying for me to be asked to do it. And even then, because they are not you and so would be growing in their truth differently to how you are, that would then cause a schism in me because it would be like I'd have to stop being with you and start being with them, which means I'd effectively have to change all I've been previously with you to be with them, which I can't do. It would be like making a tree go back to how it was as a seedling and then sapling and grow differently thereby becoming a differently shaped adult tree. It can't happen.

And on a personal level James, I don't want to talk to anyone else on Earth other than you. Did these people actually ask me if I wanted to talk with them or did they just assume or demand that I would as if I and my kind are wandering around with nothing more to do in our lives than to do what you on Earth want us to do.

And they didn't have the decency to ask you what you might have felt about their talking with me, and even though you don't 'own' me, I am not your possession and you can't 'copyright' me, even though I am a free independent agent who can talk to whomever I want, simple courtesy might have been nice to have considered how you might have felt about it. It's not as if we're all in this together and you can do whatever you like with whomever spirits or nature spirits and angels you might like, that sort of mortal arrogance in which you believe you are superior to us is for the dogs, it's only going to cause you more grief when you come to do your Soul-Healing.

James: Do you know who or what they were talking to – and were they even talking to anyone in spirit or anyone of your kind?

Verna: I do know, however it's not for me to say James. That's for them to want to know, it would become part of their seeking the truth of why they wanted to speak with anyone other than each other to begin with; what they were hoping to gain by it; why they wanted to gain anything anyway, along with about a million and one other deeper levels of truth such inner investigation would lead them to. It's like a doorway, an opening, into themselves, should they wish to take it, just as is all experience and every feeling you have. And between you and I, I don't want anything to do with it, so I'm sorry James, but you're on your own in working out how you deal with such situations, and as you understand, it's about what feelings it brings up in you so you can work through them bringing to light that which you are to see and understand about yourself. And you've been doing that and gaining a lot from it, such as it even making you feel like speaking with me again and you tapping into all my glorious knowledge.

But before you move onto another subject James, I want to impress upon you just how finely attuned to you mortals we angels and nature spirits are. We are assigned to personally assist you knowing that that assistance is EXACTLY what you need. So it's not a lackadaisical affair, your personal angel pair who are with you your whole life are the ONLY personal angelic pair in the whole of Creation who are and can be with you in your Earth life, unless other extenuating circumstances were to happen, those which are beyond my scope to discuss publicly with you, suffice it to say, they being very rare.

It's all angel / person specific. And you can even go so far as to say, that the angels, and in particular the ones who are to fulfil such personal and close relationships with ascending mortals and all Sons and Daughters of God, have been specifically created to fulfil that role. And in a similar way, though not as highly strategic as that, is it with us nature spirits. Not everyone has an assigned nature spirit pair, like you all have a pair of angels, we nature spirits will only be assigned for a certain period of time and for

very specific reasons to specific people, and only to those people who need to have our presence with them for some reason, with the person being consciously aware of us or not.

In my relationship with you James, I am overall assigned to you for your whole life, however really my assignment is dormant so to speak until I am actively interacting with you, such as now in this communication, otherwise I freely go about my other business in my nature spirit life, most of which has nothing to do with you and which you're unaware of unless I want to tell you about it. Whereas your personal angelic pair are ALWAYS with you, they are ALWAYS interacting with you, not a second goes by in your lives when they are not personally with you and doing something personally in your aura. They maintain your auric system in accordance with the dictates of your soul and the needs of your Indwelling Spirit, they are always personally attuned to you, monitoring your every moment, feeling, thought, knowing all you need to go through and helping you do it. And they don't have other business outside of you – you are their sole business, their whole focus, so you can see it's a pretty amazing relationship they have with you.

So for example, my speaking directly to you now involves your two guardian angels. They are overseeing and monitoring it all. And should I overstep the boundaries for example as in what I can say to you about a certain subject they will instantly step in letting me know, stopping me, suggesting that I am moving into murky waters and how to get myself back on track. EVERYTHING is regimentally taken in hand by your angelic overseers. They are not controllers, they don't control you in any way, they just absolutely make sure that all that happens to you from without does so in complete accordance with the dictates of your soul that are passed onto them through your Indwelling Spirit. And that's the same for everyone. So nothing can and will ever happen to you that's not supposed to happen, with mostly all of this going on with you being unaware that it is.

And so then you can compare our nature spirit and angelic involvement with you and how specific and highly defined it is, with say the involvement you might have with the mind spirits. And for the most part with the mind spirits, you have an absolute rabble who basically have no idea about what your soul needs, what their soul needs, what any of the bigger picture is about, they are living completely in rebellion and default against themselves, against we nature spirits and angels, against Love and the Truth, against our Heavenly Mother and Father. And as they are still wrapped up in their negative power-seeking mind agendas, they decide they are going to try and make contact with a mortal person on Earth. And some people would welcome such contacts and happily say or write whatever it is the mind spirit wants them to say, believing they are understanding 'great things' or are 'earthing great truths' and you know all the rest James. Most of which is rubbish and what we call 'spiritual pollution' that serves to at best, further both the wayward mortal and spirits' progression in their rebellion, and at worst gums up the works with disinformation and masses of mind-derived untruth.

So yes, anyone can supposedly take the likes of myself, Verna, a nature spirit, believe that I am who I say I am, believe that I am willing and couldn't think of having anything better to do in my life than speak with any mortal that reaches out to me, that all I want to do is speak with mortals who aren't doing their Healing, aren't interested in aligning themselves with the Truths I am conveying to and helping you understand James. Oh sure, I'd love to help further the Rebellion by talking with anyone who is denying the truth about anything they want to make up concerning what we nature spirits might be and what we might say. And like you see from myself, sure I am a nature spirit, and as you can't prove that to be true, you have to take that on good faith, and yet just because I'm a nature spirit doesn't necessarily mean all I want to talk to you about is things to do with nature. Those of my kind are nature experts, we are the Spirit Nature of Earth, so to be sure we know all there is and all there ever will be about Earth, all of which information is waiting to be passed onto you mortals when your choose to actively do your Healing, and yet I don't want to be talking about how best to grow your veggies James,

I'm interested in higher truths, and should you want to know about the veggies and other plants and animals I would enlist others of my kind to help with those things. But as I said, I am attuned to the Light of your Truth, and that is something you mortals know very little about or understand the significance of. But in time you will, because the level of Truth you are on and the light of being that Truth is very important, it is what gives you your position in Creation, it determines your status in life, what level you are on, what happens in your day to day experiences, where you are on your path of truth. And I am on your path with you James, and it's a highly defined and very specific path, and for me to be off with every other Tom, Dick or Harry that wants to talk to me, would only serve as a complete distraction for me, I'd be failing in doing my duty to you James, and I ain't going to fail in that, that much I can tell you. Because were I to do, I may as well cease to be, no way do I want to rebel against you, which would be rebelling against the Truth, going against and being untrue to my mandate of existence; na, fuck that James, that is not for 'YOUR' Verna.

So you see what I'm saying?

James: I sure do Verna.

Verna: Yes, I thought you might. However all joking aside, it's all very important James, as you understand, and as for all this business about it being laborious for you to type our conversations and how difficult it is and how bored you feel at times having to write it all down and wouldn't it be better to just channel me and be done with it, that too is just the opinion of others, and they have no idea what you are going through in any moment of your Healing in which you might feel bored and hate the tediousness of having to laboriously type it all, but you don't type every feeling you have, many of which are how much you love typing it all, re-reading it, having a written record, how it has just as many pluses as minuses and with your negative side ONLY being more of what's repressed in you with my helping you to bring it up and out. It's so easy to judge another and jump to conclusions based on a snippet of something someone might say or what you see them do, but you don't know their whole picture, you're not in their life with them, and all of those judgements you are only making based on your own mucked up yuk from your early life, all of which, as you understand James, you are all to heal through the doing of your Healing.

And you could easily channel me James, you did lots of channelling before you started typing it all out, and we could have a spoken conversation just like this, none of that is any difficulty for you, however with the written word there are other reasons for you personally as to why you want to type it all out, even if at times it has given you the shits. It's part of you, it's what you feel you want to do, so it has to be kept in that context. Whereas for another person, they might like saying it all, it being what they want to do based on the current needs of their soul.

You know how it is James.

James: I'm slowly learning how it is.

Verna: Which is all what your life consists of. And it's your life in this moment at this time. And in the next moment it will have elements of the same and yet it will be very different. And so it goes as you ascend in the Truth your soul wants you to express. And for my part, I have been asked to assist you in whatever ways I can, and so I am and have been right from the moment of your conception. So if you've got anything to complain about for the miserable fuck-up that you've become, DON'T COME BLAMING ME! I only did what I was told to do – Blah, Blah!

James: I wouldn't dream of blaming you Verna, you and my angels are the only ones I've not been angry with, not in the slightest... however now you've said that you've been with me since my conception, perhaps I should be angry with you? So it was ALL YOUR FAULT how fucked I am!

Verna: And you know James, some people might read this and not see that you are joking with accusing me, believing you are serious about my being the cause of all your problems.

James: Too bad Verna, I'm getting better at not caring anymore. Do I have to say IT'S A JOKE at every joke part? People will take much of what I say and get it wrong, they have to, that's what we all do with each other. And as much as I hate it and it hurts and makes me very angry, that's just more stuff in me I've got to bring out. And unless everyone is Celestial and so true and not of the Wrongness anymore, it's all always going to get screwed up by the remains of the Rebellion.

And what can I do about that? That's all some of what I'm currently working through. Do I try and stop the screw ups, patent all my material, ensure copyright is rigidly adhered to, sue everyone who misunderstand something I've said or written? How can I physically keep such control on everything? I've written so much, people could say, you said this in this book and I'd have to go back and re-read it to see if it was what I said and if it hasn't been taken out of context, and I don't think at this point I want to be doing that all the time. I know when whatever is said to be true, doesn't ring true, so if someone said, which people have already said, that I said this or meant that and it's not rung true, then it stands out and I can deal with that at the time should I want to. However increasingly I'm feeling to just let it go. What other people do with my work or what they say and how they misunderstand, should they do their Healing, then they will uncover the Truths as I have, for themselves, and only then will it all come back into alignment with the truth. And as more people become Celestial, then slowly they will purge the world of all the untruth, including I guess, that which I've written and people have screwed up. Look at the job humanity has done on Jesus, how much we've taken things he's said, and even recently through Mr James Padgett, and mucked them up. However through our Healing we can sort it out. And ONLY though it – that much I now understand.

Verna: It's true as you say James. And you can only deal with it at the moment, in each moment; and in one moment you might feel you want to try and sort it out, in another moment you might not want to. And as to why the difference, you can find that truth out through your feelings.

James: That's right, which I'm still slowly coming to see for myself. And such instances happen every day, so do I want to express that part or not; do I want to work to uncover the truth of those feelings or not; do I want to express those feelings or not – say that or not, think that or not, go into those imaginings or not?

Verna: It sounds like you don't need me anymore James.

James: And how do I know if I need you or any of the spirits anymore other than what my feelings tell me. And for now, I still need you, I love knowing you are there and when we do talk. And as I talk to you a lot without writing it all down, I enjoy having our private life together without it all having to be public. I know you're going to be with me right to the end of my life, as I also know that when my life ends so too does yours being a nature spirit, as you will be ready to move on. And as of today, I know that your light will have reached its experiential peak when my life ends, we will have done together all we are to do, and you will cease to be Verna moving onto to being an angel, and perhaps then you might be angel-Verna, one of my personal angels?

Verna: You never know James. I don't even know that myself yet. However it's possible, there's many possibilities which we can discuss, however 'off the record'. Certain things, and more so as your Healing comes to an end, you'll need to keep private, between myself and your spirit advisors concerning yourself and the work you are to do. Not everything is to be made known for humanity's general consumption. There is a time and place for everything. However so far, all that you've revealed through your Healing has been for humanity as you are part of the whole and everyone is to one day to do their Healing. However once your Healing has finished, as it is with the Celestial spirits, you have your own life separate from humanity on Earth, even if you are still alive in flesh, with you feeling less and less like sharing and revealing the higher spirit more personal aspects of it. The Celestials you can feel are reticent in sharing all their more intimate details about their Celestial lives, it's not for public scrutiny by a humanity on Earth and in the mind Mansion Worlds that is living in denial of such higher truths. So they limit what they impart to you about themselves and their lives.

James: I want to change the subject now Verna if that's okay with you, for as you know, I can only type for so much before...

EARTH CHANGES

Verna: I do understand, and as I've said all I want to say so far, let's move on. You want to talk more about the Earth changes?

James: Yes. I've been listening to a lot of different ideas about it on YouTube, some people saying the latest Big One about 12,000 – 13,000 years ago coming about because of meteorite impacts, others saying it resulted from a reoccurring micronova from the sun, others saying it's because of the galactic wave impact which is possibly related to the micronova, others saying it's from within the Earth itself, some saying it's a very predicable cycle and linked in with the Pole Shifts or even causing them or they being part of it, some saying it's just a one off, yet with such one offs happening periodically to the Earth. And I'm not going to ask you which is it, because I think I know your answer, however I want to talk more about it with you concerning specification and how that comes about. The last Shift saw the loss of many species, in particular the mega fauna, which seems to have happened only at certain times and possibly not with every cataclysmic Pole Shift, which makes me think perhaps not each Shift is as bad as the other. Certainly they are all bad compared to how the World currently is, but not always as cataclysmic enough to cause the loss of so many species and the wholesale destruction of human civilisation that has obviously happened at other times. So how does it all work; can you please shed more light on that for me Verna?

Verna: There is a cyclic Pole Shift caused by various factors, internally from within the Earth and externally from the Sun and in relationship to the whole Local Universe, all of which has varying impacts upon the surface and inner Earth, and including the make up of the outer forces surrounding the Earth. For example, a satellite in orbit currently around the Earth might not be able to remain in orbit or remain functional in orbit after the next Pole Shift, it depending on many factors that would influence the upper atmosphere and levels of space of closer proximity to Earth. (Notwithstanding its destruction during the Shift anyway.) So what existed in one age, the varying frequencies on all levels that might affect the Earth and influence the impact of the sun's light, might not exist in another age, and as to how much it might change, if it does at all, varies between ages. And the same happens on the physical Earth, and in the whole solar system, and on all the other planets, so there are a lot more factors for your scientists to study.

What I am leading to in answer to your question is, there are two levels continuously affecting the Earth and humanity and all life on the planet: The physical levels, and the deeper underlying and determining

spiritual levels. The natural physical world is evolved (created) to respond to all the higher spiritual influences and so frequencies of light that govern its evolution, including the evolution of life on the world and humanity's personal evolution.

So certain spiritual influences are present when life begins on the world, those influences affecting the Life Plasm brought to the world by the Life Carriers as you've read about in The Urantia Book (TUB).

So a world is designed to carry and support the natural life in accordance with the eventual needs of the humanity that is to reside upon it. And once the humanity begins to express itself, then that world continues its spiritual evolution and related physical evolution to enable the humanity to grow and develop as required. And in the case of Earth, to include and support the unloving and negative influences of the Rebellion and Default.

So at various points there are what we call confluences of specification which are enabled by the Pole Shift or meteor impact or times of other severe light, waves, of varying sorts that come from the deeper levels of the Universe. So when all of these factors coincide, we nature spirits, knowing in advance what to expect, plan for the extinction of certain species and the materialisation of other ones. And sometimes we do literally instantly materialise a new species, or many, all readily expressing certain potential inherent within them, and at other times we evolve new species into being, and sometimes we do both together. So there's not just one way of how a new specie comes into being, however there are times when it's more conducive for us to act, with the last Pole Shift being a major confluence of such factors, so you saw the all but instantaneous end to many species and the emergence of others. But as you've deduced, that doesn't happen with each Pole Shift, and mostly there are many Shifts between such large changes of specie evolution, with one such big one being the impact of the meteor that killed many of the dinosaurs and the Pole Shifts around that time too.

The main thing I want you to see James, is that the species that have lived and will live on the world are SOLELY FOR HUMANITY, even those that have lived many millions of years ago. They have all been part of the world, all affecting in different ways humanity during its different ages, between its spiritual ages and physical Pole Shift events.

Which brings me to another point, that the spiritual influences (ages) can cover many physical Pole Shifts, with the last Shift wiping out most of the spiritual ways of the previous age and starting a new age this Pole Shift age which began with the primitive people's religions and spiritual beliefs, up to and including Mary and Jesus and all that's resulted from them, and now starting to include all that you and Marion are introducing, and possibly moving into the next major Spiritual Age – the Avonal Age. However, as to whether or not the beginning of that Age is to be preceded by another Pole Shift, or begins with the Shift, or if a Shift is to come once the Age has officially started or at the end of it, I can't say, that's to be revealed to you at a later date.

We nature spirits are the sole coordinators of the physical specification of the world. Species don't come and go or continue to exist without our say so. We are the 'spirits of nature'. So because nature itself is unlike you, it not having an actual spiritual life or spirit body in which it continues to live in and advance once it dies, so we play that role for all the creatures and plants. In a crude way you could say we nature spirits are the spiritual template for the natural world. And we even oversee the construction and destruction of the minerals in the Earth that comprise the rocks you are familiar with. We oversee the natural oil production within each Pole Shift age, together with how many diamonds and the amount of gold for example is to be made available to you, and all the rest. We coordinate it all in accordance with the dictates of the Life Carriers and higher overseeing angels. So all you have in the natural realm for each Pole Shift age, all you need to help you explore and express

yourselves on all the levels as determined by the spiritual requirements of your soul, we provide for you together with our angelic helpers.

So we ensure those species survive the Shifts and to what degree, just as we provide the ending of the species and the bringing into being of new ones, and really on the most personal level, in a way we determine when a plant or animal dies and when another is born, however it's not that we attend personally to each and every life form in the natural world, however on a spiritual level we do, if that makes sense.

And we do by ensuring we adhere to the various higher spiritual Laws that are in place, and when we do, so everything works according to plan. And then because of the disruption of the normal order of things because of the Rebellion and Default, we have been called upon to make other unforeseen changes, and still are making them.

Humanity is currently making a right mess of the world, you are killing off just as many species as are naturally ending at this time, and mostly you don't give a shit about it. You are so disconnected with nature, you believe you love it because you plant a tree in your garden, however for the most part, even including the primitive and more closer to Earth people, you don't understand anything about it or your true relationship with it. And how can you when you hardly understand anything about yourselves! For the most part you don't even understand that you're in rebellion, that all of your religions and spiritual systems and ways of life are rebellious and working against nature.

You believe people like your Australian Aborigines were more in touch with nature because they didn't seemingly destroy it as much as the white man invaders have done, however they weren't, not spiritually speaking. They hunted and gathered and did a minimal amount of farming, but they still didn't understand about our connection with the World, they didn't personally interact with us, they developed their own wayward spiritual beliefs and ceremonies all designed to keep them fully entrenched within the Rebellion in a more primitive way, and it was all still wrong by higher spiritual standards. So the aboriginal culture had to go, just as in the end so will the white man culture, as people of all races who do their Healing and who do work more closely with us nature spirits will end up doing. But that's still some way off and there's a lot of spiritual awareness awakening that needs to happen first.

So in one way it seems like the aborigines were closer to nature and the natural world, which they were in their more primitiveness, whereas they weren't in a spiritual sense. And this confuses a lot of people, attributing more spiritualness to them than should be, as their beliefs are no more or worse than any others that are rebellious. And so shouldn't he held in higher regard. They can of course be appreciated like all spiritual and religious beliefs for being an expression of truth-denial and the Rebellion, should one want to appreciate such wayward beliefs, however that's not where you are focused James.

And the thing about bringing new species into being, we construct environmental scenarios in our plane that simulate how we intend such species coming into being and interacting with other species on Earth. And we do all of this within the pattern given or afforded to us by the Life Carriers. So we are the ones who actually construct the 'look' of the new specie, as it complies with the intentions of the Life Carriers. Nothing is willy-nilly, everything has a specific purpose and many niches to fulfil, even if the specie itself has little to do directly with humanity; yet indirectly it being part of the overall natural ecosystem of Earth, it does. And in our 'preparation of species' we factor into them the genetic variation that humanity can potentially work with, all of which is designed to provide you with the experiences people require.

And how we actually materialise the potential specie in our plane and then materialise it on Earth, should it be one that's to instantaneously come into being, is done with the help of our angelic advisors, as we nature spirits can't actually create or de-create anything, that being what the angels do. So we design the specie in accordance with the plans we've been given; and then also in accordance with our angelic supervisors and when we are ready to have it in existence, first within our Earth plane (third Earth plane) and next actually on Earth, the angels do it.

We have a vast section or sub-plane if you like within our Earth plane in which we can simulate new species either within the world as it exists or within the world as we predict it might be post Pole Shift or whenever the next major specification event is due to happen. And you see, we have thousands, even hundreds of thousands of years in some instances, to work with these new species, with many of our number being solely responsible for such specification and they having little to nothing to do with humans either on Earth or in spirit.

So these areas are what we affectionately call our 'labs', the laboratories in which we undertake specification. We have seven such major sub-planes within our Earth plane that surrounds your physical world, and four of these sub-planes are given over exclusively to the 'development' of species. And I say development like that because it's all done with light, not as you might imagine. We don't, for example, set out building a new specie from the DNA upwards, cell by cell and so on to what sort of feathers and their colours the new bird might have. We do it all with light, and were you to come into our planes and look at how it all works you'd not be able to relate to it as we do. We can see you as you see the world and as you see yourselves, and we can see the world and yourselves as we nature spirits see it and yourselves, that being how angels see. And that is in light, and with light, and it's very hard for us to describe what that actually means because you are not a nature spirit or angel. And as you can vaguely see or imagine seeing auras for example, and sensing them around all living creatures and even inanimate rock, so far as what we see as what we'd call the aura is hundreds to thousands more times more intense and deeper than you'd ever be able to see. And this 'universe of light' is really how we have our being, by our coming and relating to you James and looking at how you see the world is very different for us, it's interesting, but it's nothing compared to the beauty and colour and light we constantly live in. However, each to their own, and although you mortal souls are slow on the uptake say in this area, by the time you attain Paradise you'll be able to soul-perceive such light like we can, so you'll get there in the end.

James: That's reassuring to know Verna. So we seem a bit dim to you nature spirits?

Verna: That's an understatement! James, you were amazed at viewing under crossed polar light the minerals in the common stones you were looking at in the thin sections during your geology course at university, you were in awe of the hidden beauty, well that beauty is a micro amount of the beauty of light we see, exist in, have our being in, and are of ourselves. So we see specification like some sort of amazing computer simulation you might be able to imagine, and yet for us it's not in a computer as such, it's all very real, the as yet unrealised or unearthed species are very real, they are in existence although not physically so, nor are they actually alive and so won't die, yet for us it's like our 'living imagination' if I can put it like that.

So we control the specification of Earth, and until you understand that, your scientists and religious thinkers will keep coming up with all sorts of explanations about how it's done, none of which will be anywhere near the truth.

And the other thing you might like to know when you ponder the amazing complexity of species, they themselves and their interaction with all other species, is this sort of thing, dealing with the complexities

of such interactions, is our and the angels' speciality, it's nothing for us to design and work within them. Holding the whole complex nature of the physical Earth and its relationship with the spiritual realities is nothing, we can see it in our minds, work directly with it and within it, it's effortless. You wonder how can a bird know to migrate along the chosen path it does, how can it follow the magnetic lines aligning itself with the stars in the night sky, and yet keep going even when cloudy, unerringly homing in on its other home on the other side of the world? And yet for us that's nothing, to get creatures to do anything we want them to do is effortless. All the creature world of Earth is immediately responsive to us nature spirits, we're more evolved than it is, so we can make it do whatever we like, as can the angels, and in a way, should they need to, make us nature spirits do whatever they want. And we do, only we're more independent of mind, the next step on or up from animals and plants of the physical world.

And some other points I want to add: We nature spirits of Earth are ONLY nature spirits of Earth, and so ONLY concern ourselves with species of Earth. There are other angels, and the Life Carriers of course, who are concerned with other earths and the life on them and the overall synthesis of life within the Local Universe and the localised areas of it. So for such far reaching angels, and Sons and Daughters of God as are the Life Carriers, they view the whole of Nebadon as one large natural organism of life with each of the earth worlds expressing different aspects of Nebadon's 'personality', which really is the personality of the soul of Mary and Jesus combined with the Divine Minister.



So you can see, the Earth is a whole universe within itself, just as it's part of the Greater Universe. And then added to the material or physical universe, are all the spiritual levels with all their minerals, plants and animals of spirit origin.

And basically I think you'd have to be Finaliter to be able to comprehend more fully the enormity of it all and how one small material world like the Earth fits into and contributes to the whole.



So I think that should provide you with a little more insight into how we nature spirits are so far as some of our relationship to your natural world. But as I said, I can't reveal to you how the next Shift or major change will take place, but as you can already see for yourselves, there's already a huge reduction in species taking place. And so, why should this be happening? And part of the answer is of course for you to help see how much devastation and destruction you are reaping on your world because of your persistence with your rebellious and anti-love ways, and part is in preparation for the next overall spiritual age that is to come on your world, with the Avonal Age being part of that, or within that.

James: Yes, I see what you're saying Verna. It's a lot to think about, and really as we have no idea about any of it, I suppose it's how each of us individually reacts to it all through our feelings.

Verna: It is James, as there is nothing else you can do. And as things are setting themselves up for a massive spiritual change, for a vast influx of truths to saturate the world with The New Way, something humanity has no idea about yet could be likened to



having a bucket of cold water suddenly poured all over it, so the loss of species on the world will end up being the least of many people's concerns as they struggle do deal with assimilating all the new spiritual information. As John D. delights in thinking, what's a few hundred pages of mostly inaccurate rubbish contained within the Bible, compared to thousands of pages containing very liveable and important life-

changing truths you are revealing. It's going to take time to assimilate it all, and it will be simply too much for most people, however small bits and pieces can be addressed as you continue to shed light on such subjects for those people who really are spiritually keen.

James: And you've just added more pages Verna!

REVEALER

Verna: It can't be helped James, it's what you are, yours and Marion's soul is a Revealer, so all those spirits, angels and nature spirits aligned with you, are all for the purpose of helping you with that revelation. And being Avonals and coming up through the dross, you are free to reveal a copious amount of insight, understanding and fresh truth. All of which John D. can take and do what he likes with – eh John... keeping you awake a little at night are you... no, not at all as you have to keep having your spirit system adjusted at night to cope with your dealings with James.

James: Well thank you again Verna, I need a rest now.

Verna: It's my pleasure James. Plenty more from where this all came from, should you feel the need to ask.

James: Yeah, I'll bear that in mind.

Verna: And so to end, let me leave you with this little bit: Once the door swings open, it's going to open very wide. So until then my dear one, keep expressing and paying attention to your feelings; keep longing for the truth, and keep feeling as demented as you can. Goodbye – Verna of Nature Spirit Land.



U-TURN for HUMANITY:

Why are we doing a U-Turn?

We are doing a U-Turn **because** the year 2017 heralded the end of the Rebellion and Default. For two hundred thousand years, humanity has been going in the wrong direction.

GREAT

What is this fundamental step that will change our way of living?

We are to come to understand / know the foundational cause of all our feelings, both good and bad. As we explore and investigate our feelings, each time they arise, one by one, we are to talk them through, express them to a companion or friend or anyone who will listen. As we express them, while at the same time coming to understand how they have come about, we will find that they will be resolved and that they will not come up again.

We will find that all of our feelings / emotions have their foundations from our childhood. And by childhood, that is from the time of one's conception all the way through to about the age of six. It is the repression of our childhood feelings that is the base or foundational cause of each and every one of our adult personality issues, pains, difficulties, illnesses and distressful life experiences.



We have to see the whole truth of our negative or self-denial state, before we can heal it and be free of it.

The vital difference between **emotions** and **feelings** is:

- emotions have their roots in the past,
- feelings relate to the present moment,
- emotions represent feelings not previously expressed,
- and these accumulate over time.

Many emotional clearing processes encourage us to look into our feelings, however, none go so far as to drill down into the core foundation of any emotional feeling to the point that we strive to KNOW the core issue, the origin of the feeling, be it good or bad, and actually come to know what it is!

The *Journey Process* is generally known worldwide. It stops short of longing to know, that is asking for the knowing of the events that brought about such a feeling. Yes, we are to acknowledge the feeling, say being angry. Then accept that behind that anger is the feeling of being small, and then look at the underlying reason of why we are feeling small. What is the truth behind that feeling? Ask our Heavenly Parents what is behind all of this feeling. What is the foundation, the origin of the feeling? All the time talking it out, expressing it, with a friend. The expressing of the experience is the release of the emotion / feeling, this is what removes it for ever from within our essence, our **soul**.

Why ask our Heavenly Parents? I thought God was just God – singular?

This is part of the revealings that have been unfolding for us very recently – that is – since 2002.

We are made in the image of God. This has been understood for centuries, for 2,000 years. Our soul is duplex. Our soul expresses itself through two personalities. One soul 'subdivides' into two, one half

always being female and the other half always being male. We are a reflection of how God is. God being one Soul is expressed as Mother and Father. God is two personalities. They are soulmates. And each of us has a soulmate, and our soulmate is always of the opposite sex, because the Mother and Father are the opposite sex.

Thus, when we long for the truth behind a feeling, then we can long to our Heavenly Mother and Father. Only they can tell us. No spirit personality can tell us. No canonised saint can tell us, we may as well ask our next door neighbour. That would be just as productive. Mary and Jesus can't tell us, as they are also spirit personalities.

I was taught that Jesus was God? And what is this about Mary?

Mary of Magdalene and Jesus of Nazareth were both born free from sin. Neither of them are God. They are both children of God, just like you and me.

History needs to be corrected. Both Jesus of Nazareth and Mary of Magdalene became at one (At-One) with our Heavenly Mother and Father during their physical lives here on Earth in the first century; Jesus in the year 26CE and Mary in the year 33CE, or there abouts. Jesus died aged 35 (born 7BC died 29CE), and Mary died aged 47 or 48 (born 2BC died 47CE).

Further, their sojourn on Earth was the completion of their process to become the full Regents of the sector of planets that is referred to as Nebadon. The region within our super-universe that is referred to as Nebadon contains 3.8 million inhabited planets. If you look into the night sky, each star / sun potentially has between none to three inhabited planets within its orbit. Within Nebadon, the soulmate pair, namely Mary and Jesus, are our Spiritual Teachers of Truth. Their domain is all 3.8 million physical planets plus their associated spirit worlds. Each physical world has seven associated spirit worlds, which is the case for Earth being one of the 37 that have rebelled.

Some 200,000 years ago, Lucifer with his soulmate and his deputy, Satan with his soulmate, brought about a rebellion on 37 of the inhabited planets within the region called Satania, one of the local universal systems of Nebadon. Earth compounded the situation through the Default of Adam and Eve about 38,000 years ago. Thus the population of Earth, being in the worst condition through the Rebellion and Default, became the location for Mary and Jesus to have their physical experience to complete their ascendancy to full Regency of the local universal system being Nebadon.

Their lives on Earth was the start of the unravelling of the Rebellion and Default. Upon Jesus becoming At-One with our Mother and Father, he was then vested with the authority and power to have the Lucifers and Satans arrested, and they now reside exiled within a prison world.

Notice that there were no records of Jesus and Mary's teachings and experiences made during their physical life. That was because they did not specifically come here for us, they came for the benefit of all peoples of all planets and spirit worlds throughout Nebadon.

As they are Paradise descending spirits, they have **Spirits of Truth**. Upon Mary and Jesus' death, they released their Spirits of Truth. As spirits, Jesus and Mary are how we will be, once we've finished our Soul Healing. They can only be in one place at any one time. However, it is their Spirits of Truth throughout Nebadon that we can connect with for guidance. It is through their Spirits of Truth that spirit personalities can progress through and out of Nebadon.

Those planets that have Rebelled need further assistance, and they need it on a localised manner. This can only be provided by another bestowal of a **Paradise Pair**, and that is in the form and manner of an **Avonal soulmate pair** who come here specifically for us.

What is the purpose of an Avonal pair, and are they here on Earth?

Unlike Jesus and Mary who were always free from sin and did not experience how to heal themselves, the Avonal pair are to experience all of the extremes of evilness and then proceed to heal themselves. Mary and Jesus through their bestowal on Earth ended the Lucifers spiritual rebellion in Nebadon; the Avonals bestowal is primarily concerned with ending the Default of Adam and Eve by the Avonals themselves personally healing the effects of such a damaging Fall.

The soulmate Avonal pair are to be, and have been, subjected to the extremes of childhood suppression and repression, and then, through their Feeling Healing, are experiencing all the facets of emerging truth as they slowly progress through a protracted and difficult healing process. As they reach specific milestones, this also enables those in the Celestial Heavens, (the three worlds where Celestials reside) to be empowered to assist us in the physical on Earth.

The first considered milestone was the arresting and imprisonment of the Caligastia soulmate pair and the Daligastia soulmate pair. After the arrest of the Lucifers and Satans in the first century, as nothing further occurred, the Caligastias and Daligastias continued on from spirit as if they were kings and queens, suppressing all of humanity and with plans to take over the universe. It was possibly in the early 1990s that they were 'judged', and 'removed'. They were caught unaware that an Avonal bestowal pair were on Earth.

How is all this becoming known? Has Jesus and Mary communicated directly to Earth?

Unlike in the first century, when no records were kept (as the event related to all of Nebadon and it was actually setting the stage for the Avonal bestowal pair to arrive on Earth), every effort to retain records in great detail of this current series of events is now being attended to. Consider this. The New Testament of the Bible is some 300 pages. The records of the Second Coming, which this is, the primary records are possibly 6,000 pages, with direct complementary records increasing that to over 10,000 pages and with all the supplementary records to date, there may be as many as 40,000 pages, certainly well over 30,000 pages of material presently.

Jesus directly communicated through James Padgett from 1914 to 1923. Mary of Magdalene (Mary M) has directly communicated through James Moncrief from 2002 and is ongoing. Jesus has also communicated directly through James Moncrief. Neither have ever directly communicated through any one else, however, some Celestial Spirit personalities have provided information through other personalities on Earth with the support and approval of Jesus and Mary, thus some confusion, though the quality of the information is very reliable.

You say this is the Second Coming? You say I am living during the time of the Second Coming?

Yes you are. And it's more than that. This is the Second Coming, the End Times and the Handover!

In fulfilment of the prophecy in the first century, the Second Coming commenced on 31 May 1914 through the writings with James Padgett and concluded in 2014 through the writings with James Moncrief.

The End Times are well advanced. Mary and Jesus are well advanced in handing over their direct involvement with Earth to those within the Celestial Heavens. When this is completed, the Handover will also occur. **The Hand Over is to the Avonal Bestowal pair** and it is they who will guide the population on Earth through their Feeling Healing processes for the next 1,000 years, being the next spiritual age. The Handover will take place after the Avonal pair complete their personal Healing of the Rebellion and Default. Then will follow with their Spirits of Truth being officially liberated in alignment with Mary M and Jesus' Spirits of Truth upon their death.

Major events have occurred with the progression of the Avonal pair's Feeling Healing, which they are also doing whilst embracing our Heavenly Parents' Divine Love, thus they are doing their Soul Healing.

Early 1990s: The arrest of the Caligastia and Daligastia soulmate pairs.

22 March 2017: Negative spirit influence was blocked.

31 March 2017: Angel assisted healing will become available upon the Avonal pair completing

their own Feeling Healing, being with Divine Love, thus it being Soul Healing.

22 May 2017: Law of Compensation quickening.

2 December 2017: Psychic Barriers maintaining the Rebellion and Default were cracked.

8 December 2017: Bring on the money to 'house the future of humanity'.

31 January 2018: Earth and the seven associated Mansion Worlds (including the two Earth planes)

are officially now fully under the control of Celestial spirits. This marks a

tangible and real end to the Rebellion and Default.

How does this all fit into our future way of living?

This time, in the history of humanity, is the most exciting time ever experienced.

The whole human race is suffering from repressed childhood and mind control.

Through one's Feeling Healing, and should we embrace our Heavenly Parents' Divine Love, then with their Love we are doing our Soul Healing, and eventually we can live totally in accordance with our soul base feelings and live free from error – no more fear and no more physical illnesses is possible!

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

Our soul is always perfect. In fact, we are the complete package. All that we need to know is within our soul. This knowledge has been denied from us since the time of the Rebellion and compounded by the Default. That is what was brought upon us by the Lucifers and his cohorts. We have always been meant to live true to our soul based feelings but we were taught to embrace our error riddled mind – this was aided by our parents – unknowingly all parents have taught their children to be mind dominant. This is the Great U-Turn. We are to feel and live by our feelings and express our feelings, our mind will follow in support, not the other way around.

"Many people look for a person, spirit, angel, even God, for supreme guidance, however it's all right there already built in – in our feelings. **Feelings** guide us through our **ascension of truth**. So they are really our Supreme Guides. We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it's there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feelings. So life stirs up

our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings."

Kevin of the 1st Celestial Heaven 26 September 2017

(Kevin Cooper died 10 August 2012, through Feeling Healing became Celestial on 7 August 2017.)

It is through the assistance of the Spirits of Truth of the Avonal Pair, upon the completion of their Soul Healing, that we will be guided through our Feeling Healing process, and should we embrace our Mother and Father's Divine Love, then our Soul Healing.

Then should we embrace Mary and Jesus as our Spiritual Teachers of Truth, their Spirits of Truth will lead us on the path through the Celestial Heavens where we will certainly meet up with our soulmate and join our soulgroup, which will eventually consist of twelve soulmate pairs. Then as a soulgroup, the Spirits of Truth of Mary and Jesus will lead us up through and out of Nebadon towards Paradise.

It is then our Mother and Father in Paradise who draw us to them and we will eventually meet our Heavenly Parents.

Meanwhile, while we live on Earth, we will have assistance and guidance previously denied to us throughout the era of the Rebellion and Default. Under the Contract controlling and managing the Rebellion and Default, the powers and capabilities of our Celestial Heaven spirit personalities, all three worlds of them, were heavily restricted and almost of no assistance to us at all. Further, Nature Spirits and our Angels were heavily denied contact with us physical people because of the Rebellion and Default, all of which is soon to change, so we can look directly to them for help concerning healing ourselves and understanding all aspects of nature.

As we embrace our Feeling Healing, Celestial spirits will and can greatly assist us. In fact, during the year of 2017 they have blocked all mind spirits from the Natural Love Mansion Worlds: 1, 2, 4 and 6 from interfering with us. Celestials have taken control of all facets of living and life on Earth. Celestials are those spirit who have completed their Feeling Healing and progressed through Divine Love Mansion Worlds 3, 5 and 7 and now live in the higher Celestial Heavens, 1, 2 and 3 (when we become At One with our Heavenly Parents then we leave the Mansion Worlds and progress through the next three spheres related to Earth, hence the Celestial Heavens are also referred to as being numbered 8, 9 and 10).

The Nature Spirits of Earth, who live in the third Earth plane, can now directly interact with those who are embracing their Feeling Healing. Nature Spirits are essentially 'angels in waiting'. They have been on Earth prior to anything that we now see living in nature. When they first started to arrive, there was no life in the seas or on land. They have consequently witnessed everything that has happened on Earth, including all prior human civilisations that we continue to largely remain ignorant of. Their knowledge and assistance is of great importance to us. We are to interact with them on an ever increasing scale. They are to



become an invaluable source of information for us concerning how we are best to live with nature.

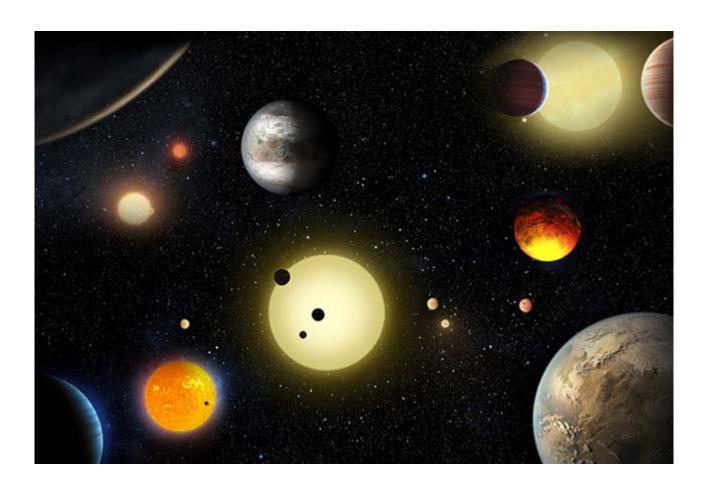
Further, we may become more aware of our **Indwelling Spirit**, which arrives for each of us during our sixth year, as we now progress with our Feeling Healing, or with Divine Love, our Soul Healing.

And all of this is possible as we embrace our Feeling Healing process, acknowledge and accept the Avonal pair, acknowledge and accept our Spiritual Teachers of Truth, namely Mary and Jesus, and more importantly, grow to love our Heavenly Parents, our true Mother and Father.

We do not need intermediaries, rituals, liturgy, dogmas, creeds, fancy clothing, or institutions. It is our soul based feelings and expressions that we may exchange directly with our Heavenly Parents. Groups may form to assist each other, and that is our choice and within our free will.

This is the greatest event in the history of humanity.

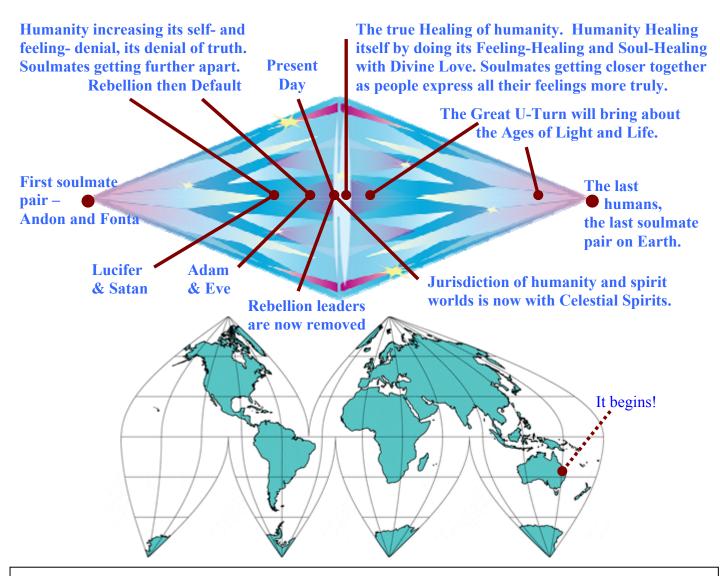
This is the Great U-Turn that humanity will embrace throughout the next 1,000 years. MoC 1,480





JOURNEY of HUMANITY into and through the GREAT U-TURN:

Humanity reaching its most evilness, the most lost, the most separation of soulmates. Humanity can begin its Healing. The Great U-Turn begins, the dawning of the Spiritual Age.



This is the Great U-Turn. We are to feel and live by our feelings and express our feelings, our mind will follow in support, not the other way around.

Feelings First, you can be sure about that! Once women get that message and start living it, then the tide will really change, with men either deciding to support them by looking to their own feelings or being left on the outer wondering what the fuss is all about.

The feminine light is going to sweep through humanity and purge it of all the yuk and darkness, helping to bring the whole of humanity back into a nurturing loving mother state of being, from which the supportive, caring father can support her and together they can make the world great again, they can bring humanity up into its natural love perfection whilst at the same time offer those people who want to spiritually grow the truths of how to embrace the Divine Love and move on to the Celestial level.

By living true to ourself, true to our feelings, we are living true to God. It's that simple. (Passage in blue calibrates on the Map of Consciousness at 1,500)

WE ALL ARE BEING GUIDED HOME:

We need the Spirits of Truth of the Avonal Pair to Heal ourselves; then once Healed, (and for support (overshadowing) as well through your Healing), we need the Creator Pair, Mary Magdalene and Jesus' Spirits of Truth to see us through the Celestial spheres, while at all times embracing our Heavenly Mother and Father.

Until Mary and Jesus died and liberated their Spirits of Truth, no one from any of the worlds could leave Nebadon, because no one knew the way to do so. Nebadon is our local universe containing some 3.8 million inhabited physical worlds and their associated spirit worlds.

When we embrace the truths Mary and Jesus are revealing, and start to do our Feeling Healing, or with Divine Love, Soul Healing, we are then freeing ourselves up from our parental and self control.

Thus our journey to Paradise, to the home of our Heavenly Parents, is of our choosing as to when we progress, however, there is only one way:

HUM: Humanity is to ascend. We are self contained. Our soul is always in truth and perfect at all times. By living true to ourself, true to our feelings, we are living true to God. It's that simple.

We are to recognise that being engaged and dominated by our mind is the wrong way for us to evolve and grow in truth. We are to discard the mind enslavement that has been imposed upon as by all of our parents. We are to express our feelings, both good and bad and free ourselves of the indoctrination that humanity has embraced worldwide.

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of our Mother and Father.

AVO: We are to embrace the truths and guidance of the Avonal Pair through their Spirits of Truth. It is the Avonal Pair's guidance that will lead us through our Feeling Healing, and with Divine Love, we will be able to ascend through the 7 spirit Mansion Worlds and enter the Celestial Heavens where we also interact with other world's spirits.

J&M: We are also to embrace the truths and guidance of the Paradise Pair, Mary and Jesus, who will then lead us through the 3 Celestial Heavens that are aligned with Earth, and then further on through Nebadon where we will then depart beyond on towards Paradise.

M&F: Beyond the universal zone of Nebadon, we will be guided by our Heavenly Mother and Father onwards through the universes to Paradise where we will be welcomed by them, home for us all, as we are all Children of God.



M&F



J&M



AVO



WE ALL ARE BEING GUIDED HOME - NOW, HOW TO COMMENCE THE JOURNEY:

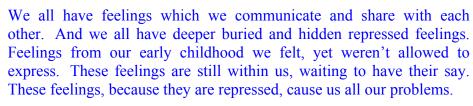


M&F

For 200,000 years, we have been misled into embracing our mind's distortion of wisdom and truth. All such traditional understandings only lead us in the wrong direction, from which we must turn back from. Our soul based feelings are always in truth. Our minds are to follow our soul based truths and feelings, not the other way round, as we have been brought up to embrace.

We are to connect with our deeper repressed feelings. We are to long for the truth of what we are feeling. We are to live true to our selves; by living true to our feelings.

Use your surface day-to-day feelings to connect with your deeper repressed feelings. Express your surface feelings and your deeper repressed feelings to uncover the truth of yourself.





J&M

And as we look to uncover, bring out and accept these deeper feelings, so we're taken into new ways of looking at ourselves, our feelings, and our life. We're setting ourselves free of the controlling patterns that govern our unloving behaviour.

In this way, we progressively begin to express the personality that our Heavenly Mother and Father gave us, not the one imposed upon us by our physical parents and carers. We are to be our true and real selves.



By living true to ourself, true to our feelings, we are living true to God. It's that simple.

As we, humanity, long for the truth of our feelings, we can also be assisted by the Spirits of Truth of the Avonal Pair who are our spiritual teachers for Earth over this coming 1,000 years, to assist us through the Great U-Turn, away from mind dominance to being soul based feeling lead. They will assist us through the seven levels of the spirit Mansion Worlds.

Then the Creator Pair, Jesus and Mary, will lead us through Nebadon and into the greater universe. Then our Heavenly Mother and Father lead us home to Paradise.



WEChildren of God

Collectively, should we embrace them all, as we are to, then our pathway home is a journey in the hands of the Spirits of Truth of the Avonal and Paradise Pairs overseen by our Heavenly Parents.

The Key

HOW TO GET TO PARADISE:

Long for the Divine Love

Long for the Truth

Long for the truth of your feelings

Don't deny any feelings: accept, express and want to know the truth of them

Know your feelings are the key; your feelings are the Way

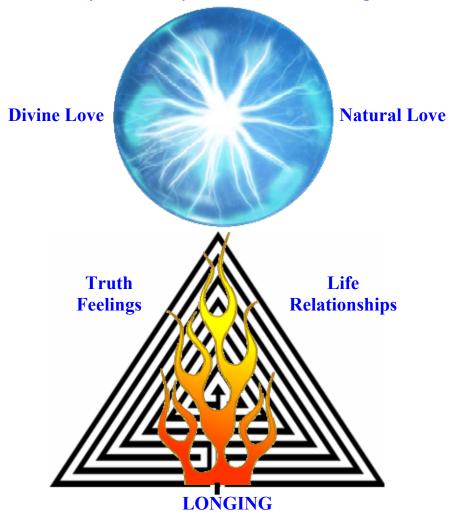
Want to end your falseness and being untrue

Want to understand the truth of your early life

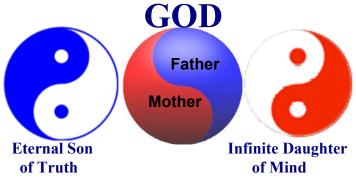
Use your surface feelings to move deeper into yourself, bringing up your repressed feelings

Want and long to know the whole truth of yourself

Want to do it all with God, your Heavenly Mother and Father – long to Them for help.



Our longing drives our life. We long with feelings. We can wish for things using our mind, yet long for things with our heart. These things in the pyramid are what to long for. Longing for them, when the longing comes naturally. Longing because you feel you really want them. Long to be true with all your heart. Long to live true to your feelings. Long to understand the whole truth of yourself.



PARADISE TRINITY:

1. Our MOTHER and FATHER (God) (MF) – Divine Love

SOUL (God) – One SOUL that is expressing its two PERSONALITIES, our Heavenly Mother and Heavenly Father (Soulmates)

ETERNAL SON
 INFINITE DAUGHTER
 (ES) – Divine Truth
 (ID) – Divine Mind

Then: The Second and Third Persons of the Paradise Trinity (ES and ID) are stepped down to the local universe trinity (Mary and Jesus, Divine Minister (DM), and her Holy Spirit.

The LOCAL UNIVERSE TRINITY: Our MOTHER and FATHER – Love

1. MARY M and JESUS – the Living Truth

2. DIVINE MINISTER – Mind (and her Holy Spirit)

3. HUMANITY – Natural love, sons and Daughters – Truth, and our Angels – Mind

PLANETS that engage in REBELLION:

- 1. AVONAL SOULMATE PAIR the Feeling Healing process incarnate
- 2. DAYNAL TEACHER PAIRS they do not incarnate

So in summary: LOVE

Mother and Father

TRUTH
Eternal Son (ES)

Eternal Son (ES)

Mary & Jesus (MJ)

Infinite Daughter (ID)

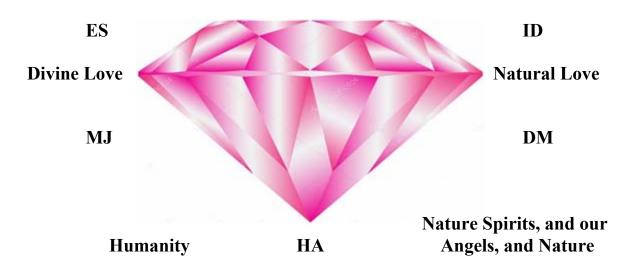
Divine Minister and Holy Spirit (DM)

Humanity (H)

Angels, Nature Spirits, Nature (A)

MIND

Consider a diamond: MF



Mother and Father Heavenly Parents

Creator Son & Daughter
Jesus and Mary

Avonals as soulmate pairs

Trinity Teachers as soulmate pairs

Melchizedeks – who have taken over from the Caligastians and Daligastians being also all as soulmate pairs.

Mortal Souls – human beings who individualise on Earth, then progress through the spirit Mansion Worlds, then into the Celestial Heavens, and beyond.

Mortal Souls – also being ascending spirits, upon completing their Soul Healing, join with their soulmate, then join their soul group of 24 mortal spirits, being 12 soul pairs. It is only as a soulgroup that anyone can progress beyond Nebadon.

The Paradise Pairs are all ONLY concerned with the SPIRITUAL wellbeing and upliftment of the planets and local universe. Currently to do with Earth:

Mary and Jesus – spiritual wellbeing and upliftment of the whole of Nebadon region. Avonal Pair – Daynal pairs (Trinity Teacher Daughters and Sons) – Spiritual wellbeing and upliftment of individual planets and their associated Mansion Worlds.

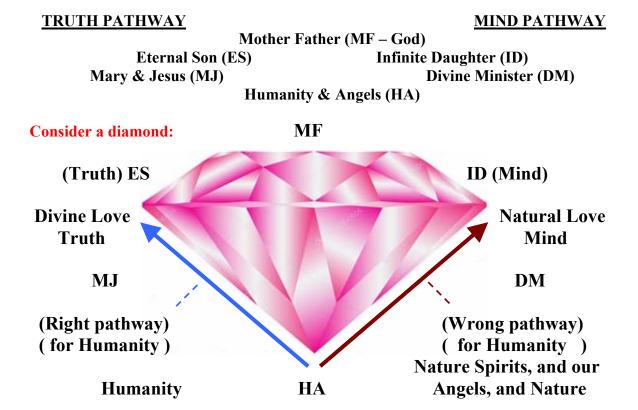
The Local universal Sons and Daughters are all about the running of the worlds under their jurisdiction, and ensuring the higher spiritual elements can be employed, or sent astray, as in our cases through the Rebellion and Default.

Lanonandeks – Melchizedeks (and others, such as Life Carriers and Eve and Adam). As the Lanonandeks all rebelled – the Lucifers, Satans, Caligastias and Daligastias soulmate pairs – so the Melchizedeks have taken over their roles, as well as doing their own.

So the Melchizedeks are the governors, overseers, the administrators and advisors and so on for Earth; they are the 'controllers', and they will instigate all that needs to be done to do with the ending of the Rebellion and Default. And they will enlist the willing help of ascending mortal pairs, so the mortal Celestials spirits (soulmates when available, and others waiting to unite with their partner), and at times mortal spirits in the Divine Love Healing Mansion Worlds. And the angels help all of us.

Currently the whole of Creation exists for the ascension of mortal souls from their earth planets to Paradise. It's all one vast Grand Ascension Scheme. With all the higher and lower spiritual Daughters and Sons, together with all the many different angels and other universal spirit personalities, and even including nature and our very own pets, assisting women and men with their Ascension Journey. It being: and Ascension of Truth. Everything we do is done to help us grow in truth. (Only everything we do in our negative state is to deny ourselves our truth from our feelings, which is why we have to do our Healing.) All women and men are ascending (or growing) in truth through their experiences. And as we grow in truth by looking to our feelings to show us that truth, so we're ascending, moving inwards and upwards through all the worlds and spheres of the Grand Universe to one day arrive on Paradise and meet our Heavenly Parents. God is providing us, Their children, with this spiritual journey called our Ascension of Truth. And by living true to our feelings, so we are progressing on our true Spiritual Path – our Ascension Path.

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.



Humanity is to pursue the pathway for Truth through one's soul based feelings, this is the right pathway. However, humanity commences its journey founded on natural love, which we now know is to be perfected through one's Feeling Healing process and then made divine through asking for and receiving our Heavenly Parents' Divine Love.

For 200,000 years, **humanity** has pursued the pathway of the Mind, being that of the brain, this is the wrong pathway. The Mind is the pathway for Angels and that of all of Nature.

Father Mother Infinite Daughter of Truth of Mind















CREATION of SOUL and SPIRIT:

God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one's feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.

The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves enabling the union with our soulmate, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.

The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective

Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.

Feelings First Spirituality The New Way

Feelings First FF Feeling Free

The New Way, Feelings First Spirituality Learn to live with God through your Feelings

Accept, express and long for the truth of your feelings

Be free in your feelings
Free your feelings from your mind's control
Live true to your feelings; your feelings are your true self
Live true to yourself through your feelings



Live true to yourself by living true to your feelings. Long for the truth of your feelings.

Accept / Express / Bring out ALL of your good, and most importantly, BAD feelings.

Want to understand why you're feeling them.

Use your surface feelings to take you deeper into your repressed and hidden feelings.



The Feeling Way is the True Way. Your feelings are your spiritual guide. Your feelings will take you to God.

Your feelings will show you the truth of your relationships, including your relationship with God; and if anything is wrong, untrue and unloving, then why it is.



Our feelings are sacrosanct and we should respect them accordingly. And we should NEVER block them out, ignore, override, banish, deny or reject them, because if we do, we're only doing that to ourselves, as Our Feelings Are Our Self.

Our feelings are the gateway to our soul. Our feelings are the closest we can get to our soul. Knowing the truth of our feelings is knowing the truth of our soul, and knowing the truth of God.

Feelings First Spirituality is the True 'religion' for humanity. It embraces all people.

It completely unifies the world.

Everyone can relate to everyone else through their feelings.

And we can all live the truth that comes from our feelings, all sharing the same truths as we express and have the same feelings.

No one need be left out; no one is more special than anyone else – we are all united in Truth through our feelings.



So with and through our truth we live our lives, therefore without the need of any man-made mind-laws, rules and restrictions that limit self-expression as inspired by our feelings.

The New Way, Feelings First Spirituality is what is to replace all man-made, mind-contrived religions that so many people have enslaved themselves to. The New Way, Feelings First Spirituality will set us free of all that control, ending the Rebellion and Default within ourselves as we do our Feeling-Healing, and ending such control and spiritual stagnation in the world.

Bring on the End Times – get it over and done with! Let's all see that Jesus is not going to come again, that Prophecy has failed all the mind-controlled religions. Allow such false systems of belief to die their long-awaited natural death, they've overstayed their welcome, it's now time they fade away. So let us show such antiquated, erroneous systems of belief the exit and bring on the fresh liberation of discovering the truth of how we are to live for ourselves, each of us personally in our lives, and all by looking to our own feelings for it. Self-revelation through our feelings is the way to go.

The Way of the Mind is ending, and is really the End Times – the End of our mind control, and **it's about time!** With the Way of our Feelings replacing it.

The End Times means the end and therefore a New Beginning. And that new beginning is a whole new Spiritual Age – an age based on self-revelation of truth through one's feelings, coupled with and supported by higher revelations from the Celestial spirits, angels and nature spirits.



The Feelings First Spirituality is the True Way to God because it helps us get to know God, helping us to reach out, connect and be personal with God, and do God's Will, all through our feelings. It is the only true way of getting to know the God of Feelings – our beloved Heavenly Mother and Father, the Great Soul of Divine Love.

Love comes through our feelings and not our mind, as we've all been wrongly led to believe.

Feelings First; then comes The Truth; then comes Love.

LOVE is the Religion of Feelings, being:

The New Way, Feelings First Spirituality





Cause No Harm < to OTHERS to MYSELF

Strive to love others as I am to love myself

To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.



God's Divine Love: Pray for it, ask for it, and receive it.

Feeling Healing with Divine Love is the key



to enter the Celestial Heavens:



perceived truth MoC 880 - relative truth potential MoC 1,484