

12 July 2016

#### LOVING ATTRIBUTES generate PHYSICAL HEALTH

The cause of discomfort, then pain, then illness within one's body is the result of unresolved unloving and harmful attributes of one's personality that have been adopted into one's way of living having its origin potentially during one's very early childhood.

As we mature and strive to remedy these errors in ways of treating our fellow man and ourselves we find that we relapse repeatedly into old patterns and often do not even recognize the harmful natures of our beliefs and patterns of living. Thus we fail to grow and evolve until our physical body is in such disarray that we are forced to look more closely and change our ways, if that is possible.

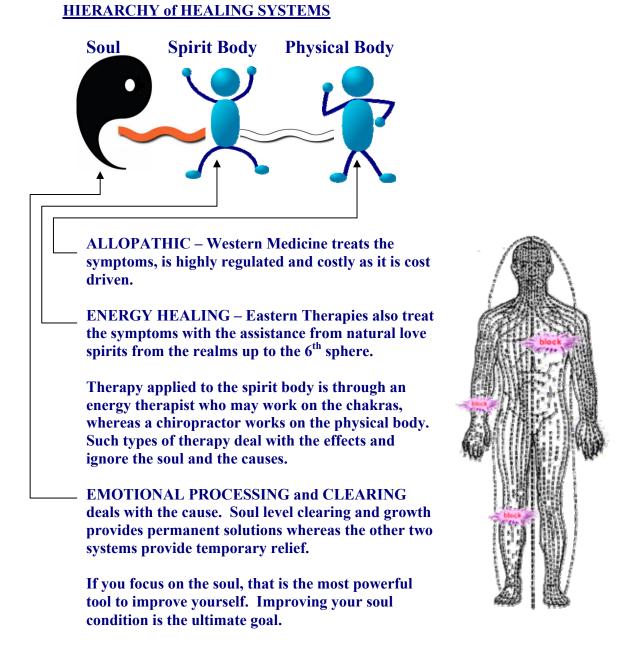
"The soul as it was created and placed in man was made pure and perfect and in complete harmony with the laws of God controlling its existence." 11 June 1916 "The physical part of man is not the originator of sin / error – but merely manifests its effects. Man is not only a material or physical being, but is more largely a spiritual being, having a soul and spirit which never ceases to exist, and which are just as much a part of him while on Earth as when he becomes a spirit, that is, after he has left the vestments of flesh and blood." 9 April 1916

"Suppose, for a moment, than man's will was working in accord with that of our Mother and Father; can you imagine that there would be any of these creatures of man's perverted will in existence? That is, creatures being harmful emotional aspects of one's personality such as pride, anger, desire, fear, grief, apathy, guilt, shame and associated emotions, all of which are creations of man. Would there be any evil or hatred or disease or suffering known to the consciousness of man? I tell you, no." 3 February 1916

"When man was created his creation was of the physical body, the spiritual body and the soul, and in addition – and the addition was the most important part of his creation – the potentiality of becoming so at one with the Mother and Father in Their nature and certain of Their attributes, that he, man, would become so possessed of some of the Divine Essence of the Mother and Father and a portion of His divinity that would cause him to be immortal, so that death could never deprive him of his existence; and not only that, but he realise the consciousness of his immortality." 8 February 1916

The spirit body is necessary to man's existence, it is that part of him which contains his senses and is the seat of his reasoning powers. The spirit body is the seat of one's mind. Within the spirit body is the connection with the soul which is the personality and real self. Man, in his creation, was not the slow growth as were some of the other creations of our Heavenly Parents, but was from and at the beginning made perfect, with the exception of the qualities of Divinity and Immortality. Once the pre-existing soul becomes incarnated and assumes an individualised form, it never thereafter loses that individuality, and hence never again returns to its condition of pre-existence, and can never again become reincarnated in the existence of any human being.

The incarnation of a soul is only one step in its destined progress from an invisible formless existence to a glorious angel or to a perfect spirit. A soul in this progress never retraces its steps; it is always progress (though sometimes stagnation takes place), but continues as an individualised spirit until it reaches its goal, in fulfilment of the Father's plan for the perfecting of His universe.

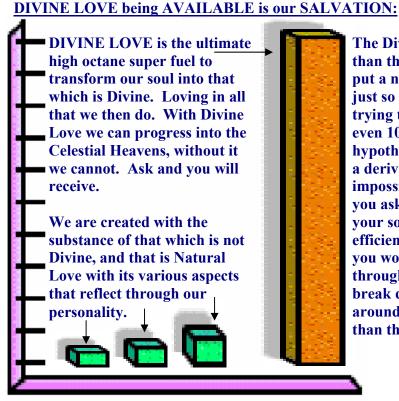


Emotional errors and injuries occur within one's mind which has its seat within the spirit body. The spirit body is the template for the physical body. The energy flows of the spirit body are paramount for the health of the physical body. Each emotion has its own frequency. An emotional error will have its location within an energy flow resulting in impedance to the flow of that energy through the meridian

which feeds energy to related physical organs. Thus, physical health issues have corresponding emotional issues.

One can work to remove emotional injuries and issues in a way that is dependent upon one's perseverance and dogged determination. This is subject to many relapses of persistence and a return of the issues that bring about subsequent discomfort.

Being aware of the Father's ultimate high octane super fuel, the Divine Love energy, one can long for earnestly, ask for and receive this most incredible gift and bring about a progressive and steady transformation of one's soul energy.



The Divine Love is far more powerful than the natural love. If I would have to put a number on how much stronger, just so you can understand what I'm trying to say, I would say 10 or maybe even 100 times. Of course this is purely hypothetical because natural love is only a derivative of Divine Love so it is almost impossible to compare them this way. If you ask for the Divine Love to enter your soul it will be 10 or 100 times more efficient, 10 or 100 times stronger than if you would let the natural love flow through your soul. So it will help to break down "the wall" you've created around your soul 10 or 100 times faster than the natural love would do. John (Apostle) 19 January 2015

Not only does the harmonising energy substance of Divine Love slowly and persistently remove harmful emotional injuries and beliefs from one's personality, it does so permanently. The emotional hang-ups become a distant memory never to be embraced again.

Never has man, in all the history of humanity, had available to it the greatest healing gift in all of the universes. The great gift of the God, Their Divine Love is the one and only substance that will make man the perfect man, and during his physical life, man can become fitted to be a Celestial being. With the harmonising substance of the Divine Love, man can slowly but surely and permanently step away from his harmful ways and attributes and enjoy life here on Earth in the manner he will do so in the Heavens.

This may appear all so simple, and it is. All one need consider doing is earnestly longing for, asking for, and receive the Divine Love, continue to do this and one's loving nature will be visible to all.

#### MAN's ERRORS can be REMOVED with FEELING HEALING :

Man has engaged, by use of his own free will, errors of belief and harmful ways of living, which he readily infuses into his children and close associations, be they family, extended family and friends, throughout his journey of life.

These low energy attributes are barriers to evolution and cause harm to the physical body. Unloving attitudes can be erased forever!



'Louie the Fly' is a mere irritant that can be permanently put aside by the feeling-healing of one's self.

one's self.			
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Once received, th	e Love energy re	emains ever present,	
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and heal themselv	ves of harmful at	tributes that may be	
encrusting one's o	ever pure soul, th	ne Feeling Healing with	
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The Divine Love	remains ever pre	esent, thus harmful	
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and personality.	The greatest gift	to share with an	(
evolving young pe	ersonality is the a	awareness of the Love	
and the great ben	efits that It bring	gs for all of eternity.	

Level	200
PRIDE	175
ANGER	150
DESIRE	125
FEAR	100
GRIEF	75
APATHY	50
GUILT	30
SHAME	20

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If one will study the Ten Commandments, one will see that these commandments deal only with the natural love, and by their observance would tend to make men better in that natural love – in their conduct with one another and in their relationship to the Source Soul, God, so far as that love brought them in communion with Him. This is natural love.

The chief object of Jesus' mission on Earth was to teach the rebestowal of the Divine Love upon man and the way to obtain it. However, the only object apparent to those compilers and writers of the Bible had to accomplish, was to persuade men that the observance of these moral teaching in their conduct was all that was necessary to enable them to enter the Kingdom of Heaven. However, without the infusion of Divine Love into one's soul it is impossible to enter the Celestial Heavens.

It is the soul and not the mind that evolves. It is the Love – this Divine Love of our Mother and Father – than makes happiness and everything beautiful and satisfying. He who seeks only the development of the mind, and lets the soul slumber is poor indeed; but he who seeks the development of the soul finds that as his soul develops his mind does also, and rich he is beyond compare.

Man – when in the exercise of the great power of free will – cause that will to come into conflict with the will of the Father, or to violate His laws, he, man, must suffer the consequences. Man is the creator of sin and evil, and not God, who is only good.

"It must be understood that the Divine Love of our Mother and Father is an entirely distinct kind of love from the love which the Father bestowed upon man at the time of his creation, and which man has possessed in a more or less condition of purity ever since that time. It is this natural love that forms one's personality, intellect, humanness and with it comes one's free will.

"This Divine Love was never conferred upon man as a perfect and completed gift, either at the time of his creation, or since Jesus' coming to Earth, but as a gift which is waiting for man's own efforts and aspirations to obtain, and without which it can never become his, although it is always close to him, waiting to answer his call.

"Then understanding what this Love is, and that man must seek for it, and what its effect upon the soul of man is, it becomes very important that man should make the obtaining of it, the one great object of his aspirations and desires. For when he possess it to a degree that makes him at-one with our Heavenly Parents, he ceases to be a mere man, and becomes of a nature of soul existence that makes him Divine, with many qualities of our Mother and Father, the chief of which is, of course, Love; and also causes him to absolutely realise the fact of his Immortality.

"The possession of this Love in truth and in fact, will lead to charity, and good deeds, and kindness, always unselfish, and to a brotherhood of men on Earth that the mere natural love cannot possibly lead to or cause to exist.

"The possession of this Divine Love also means the absence of those desires and longings of what is called the natural man, which produce selfishness and unkindness and other qualities which create sin and error, and prevent the existence of this true brotherhood which men so earnestly desire as the forerunner of peace and good will, and the more of this Divine Love that enters into the soul of man, the less there is of the evil tendencies and desires, and the more of the Divine Nature and Qualities." 28 February 1916

#### **UNIQUE NATURE of DIVINE LOVE ENERGY:**

- The Divine Love is a light golden blue energy substance and is a gift from our Heavenly Parents.
- The Divine Love is maybe ten to a hundred times more powerful than the natural love which is the essence of man's soul. There is nothing of the divine within natural love.
- It is the longing for, asking for, and receiving of this Love energy that brings about immortality.
- It is by the receiving of this Love energy that the receiver thereof can shed, through the process of • Feeling Healing, man made errors in belief and adopted harmful mannerisms, habits, and harming emotions - permanently!
- The Divine Love energy once embedded into a soul, the Love energy will remain in one's soul in • perpetuity and can regenerate and maintain itself indefinitely.
- The effect of the Divine Love energy is cumulative; it gets stronger as more is received. •
- This Divine Love energy has the capacity to carry information, thus growing one's perceptions.
- The Divine Love energy does not decay over time or distance from source. •
- The Love energy does not radiate as waves but expands outwards in circles of energy. •
- The Love energy is more field like than wave like and it tends to fill the environment.
- It is capable of passing through solid objects with no loss of intensity.
- The space that the Divine Love energy occupies is not a vacuum but comprises a network of • harmoniously balanced and balancing loving energies.
- The Divine Love energy, a stationary energy, cannot be evaluated by man's current frequency • instruments which are designed to measure Hertzian energy frequencies and wavelengths.
- The Divine Love energy is the greatest gift in the entire universe and this is the way by which • man can evolve, together with Feeling Healing, into the loving natures that he is fitted for.
- MAP OF CONSCIOUSNESS **A.** All emotions have Level Log varying frequencies. At-onement 1080 **B.** Map of Consciousness Transition by Dr David Hawkins. ENLIGHTENMENT 700-1000 **C.** Man's soul has only PEACE 600 loving emotions. JOY 540 **D.** Man absorbs harmful LOVE 500 beliefs and ways. REASON 400 **E.** Man can ask for and ACCEPTANCE 350 receive Divine Love WILLINGNESS 310 that begins to dissolve NEUTRALITY 250 unloving attributes. COURAGE 200 F. Progressively all PRIDE 175 harmful attributes will Divine Love ANGER 150 be permanently strengthens one's DESIRE 125 removed from person. resolve to FEAR 100 G. As more and more remove from GRIEF Feeling Healing is 75 one's nature completed, with APATHY 50 those aspects that Divine Love, then one GUILT 30 are harmful and becomes fitted to enter unloving. SHAME 20 the Celestial Heavens. A. **B**. С. D. E. F.

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The way to obtain this Love is so easy and the joy of its possession is so great.

"The spirit part of man is that part which contains what may be called the functions of life and the force and power existing in him and which immediately control him in his conduct and living. This real, existing principle of life, unlike the body, never dies, but continues to live after the spirit drops its envelope of flesh.

"This part of man contains the seat of the mental faculties and reasoning powers, and uses the organs of the material body to manifest these attributes. These faculties live and exist, even though the physical body may be in such imperfect condition that the spirit may not be able to make its manifestations in such a way as to enable the mortal to perceive or sense the material things of nature, as they are called. To specify, even though the material organs of sight may become impaired or destroyed, yet in that spirit body, which is within the physical body, exists the actual sight just as perfectly and completely as if these impaired or destroyed organs were doing their functioning; and the same is true as regards the hearing, and the others of what are called the five senses of man.

"These spirit faculties, which man calls the intellect and the five senses, are a part of the spirit body – which is enclosed in the material body and which in tern encloses the soul. When the material body dies, the spirit body continues to exist and live on in the world of spirit, and with it and as continuing parts of it, these intellectual faculties, performing all their functions free from the limitations that the physical organs placed upon them. The soul is the real man." 23 March 1916

The mind of man was given to him to be exercised in the way of investigation and search. It is by way of man adding to his nature the great gift from our Mother and Father, namely Their Divine Love that man can, with Feeling Healing, get rid of or eradicate from his condition those things which are mere excrescences or parasites – and thereby have his nature in the condition of the perfect man and set aside illness and disharmony within humanity. By seeking the Divine Love, and with Feeling Healing, one can become more than the mere perfect man. The process may be slow and sometimes hardly perceptible, however it is occurring and will be achieved once one has commenced this journey. Unnatural appetites and desires and thoughts of error and harmful natures will become a thing of the past and just memories. Forgiveness is, in effect, forgetfulness.

Feeling Healing with Divine Love is the key!

Though the process of embracing and receiving the Divine Love with the doing of one's Feeling Healing, the transformation is gradual, however it is certain. Upon earnestly asking for the Love, one will always receive It.

Aspiring to Living Feelings First

Brian Werach, Graham Golding, Jim Baker and John Doel

Pascas Foundation (Aust) Limited

#### DIVINE LOVE does not TRANSFORM one's SOUL FEELING HEALING is what TRANSFORMS one's SOUL

The Divine Love does transform our soul from Natural love into Divine Love. It's our Feeling Healing that 'transforms' or heals our erroneous expression of Natural love. We have to 'heal' and so perfect our Natural love, so it can then be transformed by the Divine Love.

Divine Love does not even begin the real work of transforming one's soul, for those who focus upon receiving Divine Love to the exclusion of embracing one's Feeling Healing, they are just expanding their mind's control over themselves. Should this be one's passion, then upon passing into the spirit mansion worlds they will find that they can continue along this path all from within the Divine Love followers segment within the first natural love mansion world! Yes, only from within the first natural love mansion world.

Most of humanity on Earth are not wanting to face the very truth their feelings are making them feel every day of their life. So if they want to keep living in the spirit mansion worlds as they did on Earth, in complete denial of their feelings and the truth they are to shown about their wrongness, they can.

However, for those who have embraced Divine Love and begin to engage in their Feeling Healing process to begin the transformation of their soul, they will be able to sense the Divine Love already within their soul 'driving them on'. One's understanding and adjusting will be changing rapidly to that of embracing all about the Healing and doing it – all being supported by the Divine Love that one may have received previously. All one may have done with the Divine Love may make their introduction into their real Healing, by using their feelings, much easier than it is for other spirits from the mind worlds who are at the same time having to wrestle with many of their old religious beliefs or mental programming, having to take on a whole new mind-set which one could see would take some of them years, whereas for someone who has been longing for and receiving Divine Love for some time it may be only a matter of weeks. This also applies to those living in the physical.

It is the Feeling Healing process that transforms one's soul towards perfection, towards the ability to fully express one's true personality as given to us by our Heavenly Parents, it is the Divine Love that then fits that transformed soul to be able to enter the Celestial Heavens.

Reference: Pascas Care Letters – Divine Love does not Transform

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

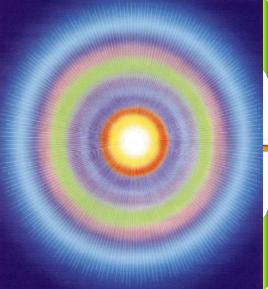
The New Way: Learning how to live true to ourselves by living true to our feelings.

## The New Way, Feelings First Spirituality

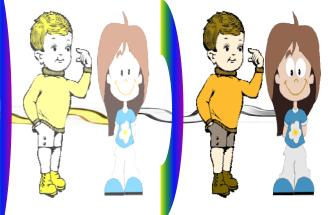
#### **DIMENSIONS of ONE'S EXISTENCE:**

Our SOUL IS NOT ENSOULED IN OUR SPIRIT BODY. Our soul exists existentially in a whole different level or plane or place or dimension of being – 'soul land'. It doesn't exist in Creation, it's not experiential like Creation is. The soul, all souls, help create their part of Creation by expressing their personalities into Creation, and then by having their personalities do things (further create) in Creation.

**SOUL** exists existentially



Our Physical Body and our Spirit Body are of Creation, being linked together by cords of light as are the two spirit bodies, male and female, to the one Soul.



One's unique personality is soul based. Our unique soul expresses its unique personality through the two spirit bodies and physical bodies expressing both the male and female aspects.

#### PERSONALITY



Our soul is the centre of our personality. We are children of our Heavenly Parents. Our soul manifests a male and female personality - it is a duplex!

# FEELING HEALING + SOUL HEALING

To heal one's self is to simply look to see what feelings we are refusing to let ourself feel, and accept them instead of denying them. And to fully accept them, one needs to express them, speak about them, let them have their say, rather than pushing them aside, refusing to let them make you feel bad.

Doing this all with the intention of seeking the truth of why you are feeling them, of speaking about and expressing all such feelings; all feelings you have, but ALL WITH the INTENTION of UNCOVERING the TRUTH THEY WANT YOU TO SEE ABOUT YOURSELF. And it's the wanting to see the truth of them that is very important, because if you just look to accept them and speak and express them, but not seek their truth, then that's all you'll be doing, speaking and expressing them, but not healing their causes, so not fixing the things within you that are making you feel bad. And it's the truth part of it, seeking the truth of your feelings, and so, seeking the truth through your feelings, that's vitally important. It's the truth of yourself, life, nature and God, that is the spiritual aspect to it all.

You CAN'T find the truth of yourself, or anything else, through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them. So to do our Soul-Healing consists of these steps, all of which are ongoing until it's done:

- Admit you are feeling bad.
- Accept your bad feelings, identify what they are.
- Honour fully your bad feelings by expressing them, speaking about them to someone who is willing to hear you talk about them, or tell them out loud to our Heavenly Parents. Long for the truth of them. Long for the truth of why you feel bad what deep within you is causing your bad feelings?
- And remember, bad feelings are Good! Not bad. They are not to be despised. And as hard as it is to accept them, they are still you, and a very real part of you. And if you persist in denying them and not allowing yourself to fully live them, then you are only going to keep yourself in your errors making things harder for yourself.
- All sickness and suffering, all bad things that happen to you, all your problems, all your addictions your whole feeling-denying and untrue life, is all caused by your denial of bad feelings.
- Every problem in the world is brought about because everyone has been brought up to deny feelings, and in particular, most of their bad ones.

If one is intent on spiritually evolving and growing in truth, then it's vital, and this is the key, that one looks to use one's feelings as the means to gain and have access to the truth of oneself. You CAN'T find the truth of yourself or anything else through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

Doing your Soul-Healing with the Divine Love, is really doing your 'Feeling-Healing'. We are designed — created — to be self-revealing of truth, and so we are all to uncover the truth within ourselves and for ourselves, and all being done by living true to our feelings. If you accept, express and seek the truth of your feelings, then truth will come to you, and you'll grow spiritually. It's as easy as that. Also it is as easy as it is to long for, ask for and receive Divine Love.

#### THE HEALING OF YOUR BAD FEELINGS THROUGH THEIR ACCEPTANCE AND FINDING THE TRUTH OF THEM, IS THE ACCEPTANCE OF YOUR NEGATIVE, REBELLIOUS, EVIL, IMPERFECT MIND AND WILL CONDITION.

To do our feeling-healing we need to become:

Aware of – Acknowledge – and Admit, our bad feelings. So we can: Accept – them and allow ourselves to Be them. And then if we feel to, take: Action – Express, speak and emote them. Talk about them.

All being done whilst longing to, really wanting to, see the TRUTH of our feelings.

So it sounds simple. So I repeat:

We accept our bad feelings by expressing – speaking about them to someone willing to listen to us and take us seriously. And as we speak we long for the truth of them – why we are feeling them – to be made known to us. And when we uncover and see the truth we are FREE! – healed of the causes that have made us feel bad.

Accept, Express – see the Truth, and you're Free!

ACCEPTANCE OF ALL YOU FEEL, THINK AND ARE, IS THE KEY TO DOING YOUR HEALING; THAT, AND WANTING TO SEE THE TRUTH OF ALL YOU FEEL, THINK AND ARE.

Release one's pain through expressing one's feelings.



Longing for the Truth when also longing for Divine Love.

#### **Prayers to our Mother and Father**

From 'Religion of Feelings' by James Moncrief Please Mother and Father help me accept my untrue state and bring up all my repressed feelings so I can see the full truth of why I feel so unloved and all that's wrong with me.

Please Mother and Father help me see the truth of myself through my feelings.

Please my beloved Heavenly Parents, fill my soul with Your Divine Love. I long for Your Divine Love; please answer my prayer and yearning to be at-one with You and do Your Will by living true to myself and all my feelings. Please fill my heart and soul with Your Divine Love – please make my soul like Yours – Divine.

Please Mother and Father, I want to uncover the whole truth of myself through my feelings. I want to be able to feel and accept just how bad I am, how bad I feel I am, how bad I've been in my life. I want to know the whole ugly truth of myself, see it and feel it and understand how I came to be it. Please reveal to me through my feelings all the truth of myself You want me to see. I want to be as You want me to be; I want to be true and perfect, Healed of all my rebelliousness and self- and feeling-denial; I want to be good, loving, true and happy, please help me become true to myself, true to my soul, true to You.

Please Mother and Father help me, I'm in such bad pain, I feel so alone, so miserable, so scared, what's going to become of me, I don't understand, what's the point of me, why have You made me; please help me see the truth of myself – all the truths of myself, nature, how to be in the world, of You both. I want to know, I want to know it all through my feelings, all that there is to see, the whole truth and nothing but the truth. Please help all my pain come to the surface of me so I can embrace and accept and express it out of me. I want to use my feelings to uncover the truth they are to show me; please help me to do that.

Please Mother and Father love me. I want You to love me. I want to feel fully loved by You. I don't want anything else, only to be with You. Please, that is all I am asking.

Please make me feel how unloving I am. Please show me the horrible truth that I am. I want to see and feel and understand the worst of me, please take me into my darkest scariest ugliest unwanted rejected places within myself. I don't want to feel all the dreadful pain that I know is there locked away inside me, yet I do also want it all to come up and out of me, and I want to use it to see the truth of my wrongness, the truth of how evil I am, the truth of my fucked up state. I no longer want to be false, pretending I am okay, using my mind to make me falsely believe I am good, happy, loved and loving, when I know I'm not. For how can I be when You've brought me into my unloving state, making me be of it. And as You want me to experience being this negative way, please show me the whole truth of it. I no longer want to deny any part of myself, or any of my bad feelings. I want them all to come up so I can express them, emoting their pain, feeling how bad You've made me feel all my life and all through my early life; I want to see why, and so reveal all the truth to myself. I want to be the living truth of myself, living true to my feelings and the truth they give rise to. Please help me to do my Healing, and please fill my soul with Your Divine Love.

The mind way is the 'dead' way; the feelings way is the 'alive' way.

#### **Examples of some prayers to God:**

From 'Feeling Healing' by James Moncrief

Please God show me the truth of myself through my feelings.

Please help me see the truth about myself You want me to see.

And please help me feel all my repressed pain; please bring up all my bad feelings so I can express them and see what it is they are to show me about myself, my life, and You.

And please help me work through my blocks, I want to Heal myself, I want to become true to myself and true to my feelings and true to You – please help me do that.

Heavenly Mother and Father, I feel so bad, and I know I'm doing it to myself, but I can't help it. I can't stop my compulsive addictions, so will you please bring up the buried feelings in me and show me the reasons why I can't stop. Please! I want to know – I REALLY WANT TO KNOW why I do them. Please help me Mother and Father to uncover the truth of myself. Please, I beg you, please, please, please show me the truth of them so I can give them up. I hate feeling bad, yet I know I must so I can keep expressing my bad feelings to see the truth You want me to see, so please help me feel bad.

Please Mother and Father fill my heart and soul with Your Divine Love. Please give me Your Love. Please love me and make me feel loved by You. I want to feel You close to me, I want You to hold me, make me feel loved by You. I only want You and to do Your Will. Please help me bring up all my repressed feelings so I can express them and uncover their truth. Please help me do my Healing. Please give me Your Love.

I hate you Mother and Father; why have You given me such a shit awful life? I hate myself, I hate You, I hate everything about my life. I feel so bad all the time. I've expressed so many bad feelings and still I feel bad. It's not fair, it's not fair what You've done to me. I hate You! And I want You to help me Heal myself, so I can stop feeling bad. You put me in the shit for whatever reasons, and I want You now to help me get out of it and show me what it's all been about. Please help me to Heal myself so I no longer hate You.

I long for Your Divine Love Mother and Father. Please fill my soul with it. And please help me uncover the truth of myself through my feelings. I want to see it all! And please make it all end, I'm so tired of always feeling so bad, please take all my bad feelings away by making me feel them and showing me the truth I am to see.

#### LOVE

#### The New Way, Feelings First Spirituality

*Feelings First Spirituality, New Feelings Way,* is based on living true to our self through our feelings. Understanding that all we need in life is contained within our soul and is shown to us through our feelings. And by loving our feelings, by attending to them properly (talking or writing them out of us) and not denying them, we can use them to uncover the truth of our self – the truth of our soul.

*Feelings First Spirituality* is not telling us how to be, that is too controlling and is actually bad for us, limiting your spiritual growth. We can be wholly self-revealing of the truths we need to be, being the person God created us to be, all by living true to our feelings.

*Feelings First Spirituality* has no formal structure because we understand we don't need one, our soul contains within it all the truth of our spiritual ascent. If we look to our feelings for the truth they want us to see about ourselves, nature and God, then what more do we need! Our true spiritual path is the path our feelings will lead us down, that is, provided we allow them to. This is the most spiritual we can be.

Living the New Way of Feelings First Spirituality

We come to the understanding from our life experiences that how we are is not right, it doesn't make us feel good – that we are wrong in some way. And we want to change our self, we want to become right, true and perfect – we want to be like God is.

#### And to do this you need to do your Healing

Our Feeling-Healing is looking to our feelings for the truth of our self, the truth being hidden in many of the feelings we are not wanting to face in life. So we have to end our feeling denial, accepting all our bad feelings (and good ones), express them (yet not necessarily acting upon them), whilst longing to uncover the truth they are to show us.

Or, we can do our Soul-Healing; which is our Feeling-Healing, together with including longing directly to God for God's Divine Love. When we receive the Divine Love into our soul, it will cause our soul to become divine, and it will deepen our personal relationship with God. Long with all our heart to God for God's Divine Love.

http://religionoffeelings.weebly.com/

## **THE New Way** Feelings First Spirituality

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

The New Way: Learning how to live true to ourselves by living true to our feelings.

# FEEL for TRUTH

The beauty of it all, is the truth comes to you through your own feelings. You don't need to be told it by anyone. You can work it all out for yourself. We are self-revealing of truth, it's how God created us to be, and by being it we'll feel the happiest we can feel. Truth is our great comforter, so when you feel it come up within you, ah it feels so good and you feel just right – perfect!

We know only how to deny feelings, now we can get to know how to accept them. And always with the truth being the most important part.

If you don't want to uncover the truth of your feelings, then you can keep on expressing them forever but you will never fully heal yourself. Seeing the truth results in the Healing. And to see the truth you need to express all the pain out of you. The two things go hand in hand.

You can accept and express your bad feelings, letting off steam all day long, vet nothing will heal and nothing much will come of it. So this is where wanting your feelings to show you the truth of why you're feeling as you are is so important.

Don't go fishing with your mind, that will shut the truth out from rising up for you. KEEP YOUR MIND OUT OF IT. It's a feeling thing, doing your Feeling-Healing. (This is where we erred previously, and this how other modalities are in error.)

You long when you can, then stop longing and keep expressing. And at some point, and it might not even happen immediately, it might happen after days or weeks of expressing the same bad feelings, truth will come to you. And it does, it just comes up suddenly into your consciousness. You just know. You see the picture and you feel it's true. And you know it's true. And THEN your mind can come in and start sorting it out and putting in context.

It's the Truth that we are seeking. It's the End Point. The Reason for doing your Healing. You are to see the whole Truth of yourself. And to begin with, that's the whole truth of your unloving self, of your wrongness, of your evilness, of why you are as you are in your negative unloving mind-controlling state. To be able to fully accept yourself as you are, warts and all. To not fight or resist or try and change yourself, just to accept all you feel and all the truth of all those bad feelings you feel about yourself. And when you do, so you will be healed. You CAN'T heal yourself unless you uncover the truth of your pain, suffering and so the truth of all your bad feelings.

Through our Feeling-Healing we long for the truth of what we're feeling whenever we can. So as often as you can. You want, and REALLY WANT WITH ALL YOUR BEING, ALL YOUR WILL, to know why you are feeling bad. You yearn, want, long and beg and beg and BEG God to show you the truth of yourself through your feelings. So when you are expressing your bad feelings you can stop and long for the truth to show you what's going on, why do you feel so bad, and you can do it any time you think of it or feel to do it. Notes from 'Feeling Healing' by James Moncrief





### Feelings First Spirituality The New Way

### Feelings First FF Feeling Free

The New Way, Feelings First Spirituality Learn to live with God through your Feelings

Accept, express and long for the truth of your feelings

Be free in your feelings Free your feelings from your mind's control Live true to your feelings; your feelings are your true self Live true to yourself through your feelings



Live true to yourself by living true to your feelings. Long for the truth of your feelings.

Accept / Express / Bring out ALL of your good, and most importantly, BAD feelings.

Want to understand why you're feeling them.

Use your surface feelings to take you deeper into your repressed and hidden feelings.



The Feeling Way is the True Way. Your feelings are your spiritual guide. Your feelings will take you to God.

Your feelings will show you the truth of your relationships, including your relationship with God; and if anything is wrong, untrue and unloving, then why it is.

Our feelings are sacrosanct and we should respect them accordingly. And we should NEVER block them out, ignore, override, banish, deny or reject them, because if we do, we're only doing that to ourselves, as Our Feelings Are Our Self.

Our feelings are the gateway to our soul. Our feelings are the closest we can get to our soul. Knowing the truth of our feelings is knowing the truth of our soul, and knowing the truth of God.

Feelings First Spirituality is the True 'religion' for humanity.

It embraces all people.

It completely unifies the world.

Everyone can relate to everyone else through their feelings.

And we can all live the truth that comes from our feelings, all sharing the same truths as we express and have the same feelings.

No one need be left out; no one is more special than anyone else – we are all united in Truth through our feelings.

So with and through our truth we live our lives, therefore without the need of any man-made mind-laws, rules and restrictions that limit self-expression as inspired by our feelings.

The New Way, Feelings First Spirituality is what is to replace all man-made, mind-contrived religions that so many people have enslaved themselves to. The New Way, Feelings First Spirituality will set us free of all that control, ending the Rebellion and Default within ourselves as we do our Feeling-Healing, and ending such control and spiritual stagnation in the world.

Bring on the End Times – get it over and done with! Let's all see that Jesus is not going to come again, that Prophecy has failed all the mind-controlled religions. Allow such false systems of belief to die their long-awaited natural death, they've overstayed their welcome, it's now time they fade away. So let us show such antiquated, erroneous systems of belief the exit and bring on the fresh liberation of discovering the truth of how we are to live for ourselves, each of us personally in our lives, and all by looking to our own feelings for it. Self-revelation through our feelings is the way to go.





The Way of the Mind is ending, and is really the End Times – the End of our mind control, and **it's about time!** With the Way of our Feelings replacing it.

The End Times means the end and therefore a New Beginning. And that new beginning is a whole new Spiritual Age – an age based on self-revelation of truth through one's feelings, coupled with and supported by higher revelations from the Celestial spirits, angels and nature spirits.



The Feelings First Spirituality is the True Way to God because it helps you get to know God, helping you to reach out, connect and be personal with God, and do God's Will, all through your feelings. It is the only true way of getting to know the God of Feelings – our beloved Heavenly Mother and Father, the Great Soul of Divine Love.

Love comes through our feelings and not our mind, as we've all been wrongly led to believe.

Feelings First; then comes The Truth; then comes Love.

### LOVE is the Religion of Feelings, being:

The New Way, Feelings First Spirituality





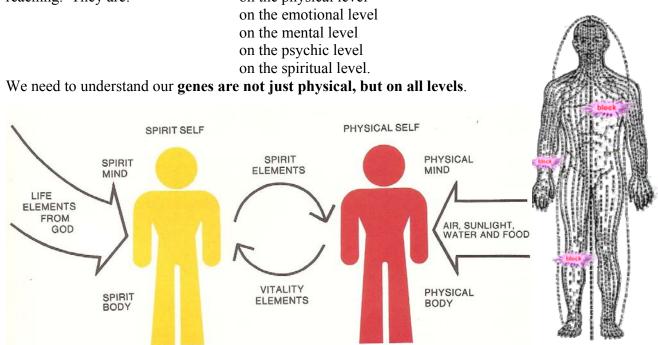
#### **MODERN MEDICINE IGNORES OUR SUBTLE BODIES:**

It is the injuries to our subtle bodies caused by our wayward mind that bring about the manifestation of mild discomfort, then acute pain within our physical body, and ultimately the illnesses and diseases that we then seek medical assistance to suppress. Modern medical systems do not address the cause of such illness. Ask yourself, when was the last time that a medical professional told you what the underlying cause of an illness was?

The auric field, that some can see, is the template for our physical body. Childhood Repression brings about energy flow blockages, being stuck and frozen emotional injuries, which then retard the flow of energies within our physical bodies. Modern medicine ignores this reality. The result is that treatments provided are only temporary as the underlying injury remains within our subtle bodies.

We have other bodies that are just as real as the physical body, they are all connected, if we have a problem within these subtle bodies, such problems most likely will manifest on the physical, so why not attend to it utilising a healers help on these subtle levels thereby helping yourself on the physical.

Example, our genes are multi-layered. Our genes are not only part of our physical being but are far reaching. They are: on the physical level



In fact our issues and illness that we recognise within the physical body are on all levels.

Only by one engaging in the process of Feeling Healing can one delve down into the core emotional issues originating from our childhood, being in the form of childhood repression and suppression, that we can then express and release such injuries and bring about permanent health to our physical body. The process of Feeling Healing is the only way to remove the underlying cause of physical illness and discomfort.

#### **EMOTIONS affect SPECIFIC ORGANS:**

Emotional injuries and held errors have specific energy signatures and vibrations. So does each part of our physical body. Errors held within one's mind affect the flow of energies through one's spirit body, the spirit body is the template of the physical body. The resulting energy flow constrictions then initiate issues, and then pain, and then illnesses within the physical body.

	EMOTION CODE TM CHART			
Organs		Column A	Column B	
Small Instite	Row 1 Heart or Small Intestine	Abandonment Betrayal Forlorn Lost Love Un-received	Effort Un-received Heartache Insecurity Over joy Vulnerability	
Stomach Spleen - Spleen - Oraniero de la construcción de la construcci	<b>Row 2</b> Spleen or Stomach	Anxiety Despair Disgust Nervousness Worry	Failure Helplessness Hopelessness Lack of Control Low Self-Esteem	
И ПОРИСКИ И ПОРИСИ И ПОРИСКИ И ПОРИС	<b>Row 3</b> Lung or Colon	Crying Discouragement Rejection Sadness Sorrow	Confusion Defensiveness Grief Self-Abuse Stubbornness	
common bile duct	<b>Row 4</b> Liver or Gall Bladder	Anger Bitterness Guilt Hatred Resentment	Depression Frustration Indecisiveness Panic Taken for Granted	
Kidney Ureter Bladder	Row 5 Kidneys or Bladder	Blaming Dread Fear Horror Peeved	Conflict Creative Insecurity Terror Unsupported Wishy Washy	
Hajor Endocrine Glands Inter Transformer PRotery gland Thyroid gland Advend gland Teells Teells	<b>Row 6</b> Glands & Sexual Organs	Humiliation Jealousy Longing Lust Overwhelm	Pride Shame Shock Unworthy Worthless	

#### MAP OF CONSCIOUSNESS Level Log **PERSONALITY TRAITS:** ENLIGHTENMENT 700-1000 Less than two dozen people on planet Earth. PEACE 600 Would not pick up a weapon let alone use it. These people gravitate to the health industry and humanitarian programs. JOY 540 Debate and implement resolutions without LOVE 500 argument and delay. Debate and implement resolutions in due REASON 400 course. Debate and implement resolutions with some degree of follow up generally needed. ACCEPTANCE 350

310

250

200

175

150

125

100

75

50

30

20

WILLINGNESS

NEUTRALITY

COURAGE

PRIDE

ANGER

DESIRE

FEAR

GRIEF

APATHY

GUILT

SHAME

# Management supervision is generally necessary.

Politics become the hope for man's salvation.

Cause no harm to others starts to emerge. Power overrides force. Illness is developed by those man erroneous emotions that calibrate 200 and lower.

Armies around the world function on pride. Force is now dominant, not power.

Harm of others prevails, self interest prevails.

Totally self reliant, not God reliant.

Fear dominates all motivation.

Suicide is possible and probable.

At these levels, seriously harming others for even trivial events appears to be justifiable.

Poverty, unemployment, illness, etc., this is living hell on Earth.

#### PEACE and HARMONY or CONFLICT and WAR:



#### **DIVINE LOVE DISSOLVES UNLOVING TENDENCIES:**

For man to be at-one with the Father, the Source Soul, man must become love; that is, his soul must be filled or permeated with this Love, the Divine Love, to such an extent, that it will become impossible for anything that is not of love to be or remain part of his soul. Paul 20 August 1915

But let men know that even while on Earth they can obtain this inflowing of the Holy Spirit in their hearts to such an extent that sin and error will be entirely eradicated.

There is only one thing that saves one from their sins and makes them at-one with the Father, and that is the inflowing of the Divine Love into their souls. As this Divine Love fills their souls, all sin and error must disappear.

Of course this is a relative matter, for it depends upon how much of this Divine Love is in their souls to determine how much of sin or error exists. The more of the Divine Love, the less of sin, and on the contrary, the more of sin the less of the Divine Love. But, I want to say with all the emphasis that I am capable of, that it is possible for a human being to obtain such a quantity of this Divine Love in his soul that sin will be entirely eradicated. This was the doctrine taught by Jesus, and this is the truth of God's law of Love.

The foundation truth is that the Divine Love of the Father can clear our souls from all sins, and make us perfect, to the extent that we receive that Love into our souls.

It is the Holy Spirit which conveys God's Love to man and manifests its workings in a real and irresistible manner and with this Love we are enabled to become over-comers and inheritors of immortality and homes in the Celestial heavens. Paul 31 August 1915

Where love is there can be no sin or unhappiness, and fear is not.

We, who live in the Celestial Spheres (Heavens), know this to be a fact, and with all the force and authority that knowledge gives, we declare this truth: the love that casts out all fear is the Divine Love of the Father, and when a spirit or human being obtains that, there exists no such thing as fear, and nothing that could create or permit fear to exist.

God wants the souls of men in love and not in fear, and the only way in which such end can be accomplished is for men to see and know Them as a God of Love only. No man can come to the Mother and Father except through this New Birth and faith in the Father's Love and embracing Feeling Healing. Andrew 17 September 1915

It is the Divine Love that slowly but permanently eradicates harmful attitudes, beliefs and practices that one may have gathered along their journey of living. It is only with this Love that erroneous ways are expunged from one's nature and character. This is the great gift to humanity that few are aware of.

## "Never can one man do more for another man than by making it known of the availability of the Feeling Healing process and Divine Love." JD

#### **Feeling Healing – Healing yourself through your feelings.**

- ✓ Your feelings are the real and true you.
- ✓ If you are denying any feelings you are denying yourself.
- ✓ If you are denying yourself you can't ever be truly happy.
- ✓ To heal all your pain and suffering, you can look to your feelings for why you are feeling bad.
- ✓ If you want to know the truth of yourself, then it's your feelings you will need to look to.
- ✓ Your feelings hold the hidden keys to unlocking the truth of who you really are.
- ✓ Uncover the truth of yourself through your feelings and you will know why you feel all you do.
- ✓ Everything in life, why all that happens to you does, and everything about yourself, can be explained to you through your feelings.
- ✓ Why your relationships might not be as good as you would like, why some might fail, you will understand through your feelings.
- ✓ How to live a good, true, happy and loving life will come to you as you start paying attention to all your feelings.
- ✓ However you will also have to pay attention to all your bad feelings, and this can be very harrowing.
- ✓ By honouring accepting and then expressing all the bad feelings you feel, you will slowly bring to light all the reasons why you don't feel good.
- ✓ And as you liberate yourself from these hidden repressed bad feelings, so you will start to feel better and better about yourself.
- ✓ It's a process, and it can take time, years possibly, but all that's hard will eventually pass becoming good.
- ✓ Expressing all your feelings, and particularly your bad ones, whilst longing and really wanting to know the truth of why you're feeling them, is doing your Feeling Healing.
- ✓ You can Heal yourself through your feelings. And in fact, it's the only way to really heal yourself.
- And if you wish to do your Healing with God, you can also long for God's Divine Love.
- **Feeling Healing Using your feelings to heal yourself.**



**Divine Love, which is a substance, progressively:** 

Transforms one's soul from that which is of natural love to that which is Divine

As natural love is enhanced with the Parent's Love, we reject our tendency to error

Divine Love, our Parent's Love, restrains errors, untruths and emotional stress

As we reject the condition to error, we develop our love for our brothers and sisters

Divine Love helps one with the discovery of truth through one's soul-feeling healing

Our natural intelligence grows, perceptions rise with our soul intelligent feelings

As Law of Compensation is resolved, the Love reduces returning to being in error

Receipt of Divine Love, the Parent's Love, grows our faith, we become God reliant

As our faith grows our propensity to undertake one's Feeling Healing strengthens

With the Love, our Feeling Healing becomes Soul Healing, this we are to undertake

Without the Love we remain self reliant and dependent upon our own will power

Only with the Love will our soul condition grow rapidly, all around us also benefit

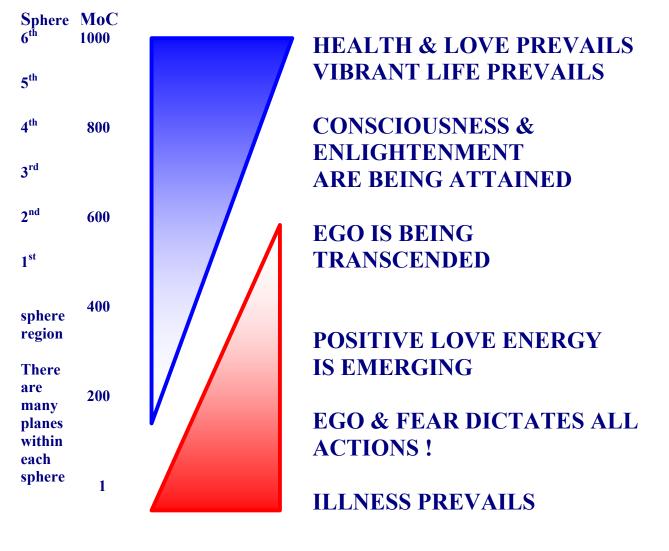
The Love is the only substance that changes the human soul to that which is Divine

Only by asking and receiving Love do we become fitted to enter Celestial Heavens

Only by asking for and receiving the Divine Love does our soul become immortal.

## "All dis-ease is mind generated, and all healing is generated by the love energy of one's soul."

The Ego (mind based) manifests illness; the lower one's level of consciousness (soul condition) then the more prevalent will be illness. Below the levels of 200, the ego and fear of the mind dominate; however, as you raise your level of consciousness by growing in love and achieve a level of 500 or higher, you begin to transcend ego dominance. At the level of 600, all healing is possible.







#### The SOUL process of bringing about HARMONY of the BODIES:

A man may be created, physically, almost perfect and so long as he lives in that way which does not violate some physical law which is operating to keep him in that physical perfection he will suffer no pain or inharmony in his being; but just as soon as he does violate this law, the penalty therefore asserts itself, and he suffers. Now this arises not because there was existing in the abstract any pain or suffering and had not man violated this law he would never have known that there was such a thing as pain or suffering; but when he did violate the law, there came into operation the penalty which, as I said is always the result of violating the laws of harmony. God did not create sin or error, but gave to man that great gift of will, free and not subject to His control, and then man became the responsible being that he is. So men must not accuse God in permitting sin and error to exist in the world, as they do not exist, except as man brings them into existence by the wrongful exercise of his will. All sin and error bring their sufferings.

Jesus December 25, 1915

#### 2 Corinthians 5:17: King James Version (from the Greek)

5:17 So if any man is in Christ, he is in a new world: the old things have come to an end; they have truly become new.

2 Corinthians 5:17: George Lamsa Translation of the Peshitta

5:<u>17</u> Whoever from now on is a follower of Christ, is a new creation: old things have passed away;

"The word Christ means "anointed one," exactly the same as the word Messiah means. Ordinary people, in Hebrew tradition, became kings or priests through their anointment; that is to say, they became very special people, according to the criteria of mortals.

"In the spiritual sense, the "Christ principle" converts ordinary people (the natural human souls) into something very special (into divine souls, transformed by the Divine Love). The Christ, therefore, is an external essence, conferred from outside, by God and by means of the Holy Spirit, upon anyone who asks for it in the correct way.

"In other words, Jesus and Christ are not synonymous expressions. Jesus of Nazareth was a mortal, as millions of mortals exist. Christ is an attribute, an external essence, which was conferred upon Jesus. But it has also been conferred, later on, upon many other people, who achieved the complete transformation of their souls by means of the Divine Love. When we use the word "Christ" for people, who have been transformed by the "Christ principle," that is to say, by God's Love and Grace, then there are millions of Christs, and the first among them was Jesus of Nazareth, and he continues being the most developed spirit in the universe, whose at-onement with God is the most intimate among all spirits."

Judas of Kerioth April 29, 2002

"The love becomes purified and sin eradicated." Jesus October 29, 1916. As one longs for, asks for and receives the Mother and Father's Love, the Divine Love substance, one's natural love becomes purified. The Divine Love energy substance progressively peels off the negative unloving emotional encrustments that contaminate one's natural attributes and brings about a purification of one's natural love. As one continues to receive and grow with the Love, one's soul progresses in attributes beyond the capabilities of the natural love that formed one's soul and becomes Christed, that is, fitted to enter the Celestial Heavens and beyond. As one progresses along this journey, all the disharmony that brings upon man discomfort, disease and unhappiness becomes a thing of the past and one's soul becomes alight with the energy of the Divine Love, progressively changing in nature and substance.



ALLOPATHY MEDICINE OMPLEMENTARY THERAPY

FRIEND / PATIENT / CLIENT in conjunction with FEELING HEALING MEDICAL HOLISTIC DIAGNOSTIC TECHNICIAN

PROFESSIONAL MEDICAL TEAMS Neurosurgery Ears, Nose & Throat – ENT Urology Orthopaedic Trauma Surgery Gynaecology In-Vitro Fertilisation – IVF General Surgery Ophthalmic Surgery Dental & Faciomaxillary Surgeons Cardio Thoracic Oncology – Cancer Cardiology Radiotherapy

**Medical Services** 

**COMPLEMENTARY THERAPY FIELDS Complete Therapeutic Systems Oriental Diagnosis** Western Diagnosis Iridology **Naturopathy Breathing Hydrotherapy** Food & Diet **Oriental Systems Chinese Herbalism Japanese Medicine** Avurveda **Tibetan Medicine Traditional Arabic Medicine** Shamanism

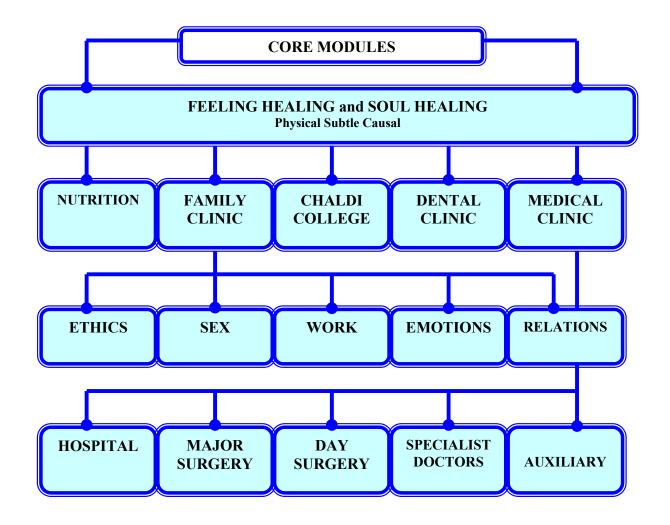
Imaging – X-ray – Ultrasound – CAT scan – MRI Pathology Streamer – Case Manager





**Streamer's Meeting** 







LIVE FEELINGS FIRST

#### **EMOTIONAL INJURIES can be INDICATORS of PHYSICAL DISTURBANCES:**

A number of similar harmful suppressions and repressions of emotional events will draw their energies together and also relatively similar injuries to that core, thus bringing about a unique cluster of held, damaging energy that then finds a home in a compatible organ or area of the physical body.

The foundation of such accumulations can commence immediately upon incarnation, being projections from one's parents and subsequently other family members.

The core emotional injuries grow and grow through relatively similar ongoing emotional patterns of parents and carers, thus creating the foundations for discomfort and subsequent illness within a child, and later on in their life. Due to the complexity and intertwining of the natures of those influencing a child, there is NO precise relationship between core and related emotional injuries – and specific illnesses or the nature of an illness – even though the patterns do suggest that this is so.

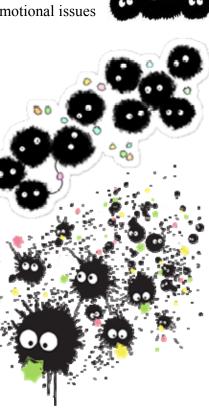
It is a generalisation that a range of emotions within a similar energy or frequency band find their manifestation by expressing themselves as pain and illness within one's body in predictable locations. Further, due to clustering of volumes of ongoing emotional injuries around the core issue, the healing process is complex and lengthy. The longing for truth of one's feelings resulting from the discomfort within one's body will be a lengthy process of working through the huge range of emotional issues directly related to any one illness event.

The gift to humanity is that any emotional injury gives us the opportunity to FEEL and LONG FOR the truth of what is behind the discomfort within our body, so that we may express what we recognise and talk the harm out of us – in this way we slowly heal ourselves – both spiritually and physically.

By ignoring what our body is bringing to our attention, by suppressing the discomfort, we bring about further escalation of the emotional error and a growth in the potential for greater vigour in the activity of the energy related to the frozen cluster of emotional injury. This may result in even more difficulty managing pain and disease within one's body.

This discomfort is a call to long for the truth behind what your body is drawing attention to and talk about what you are feeling, expressing what you feel is behind these issues, being your emotional errors and injuries, and express it out of you – release the injury.







#### **OUR BODY NUDGES US TO LONG FOR TRUTH!**

Should our physical body be without discomfort, pain and illness, we would not have any reason or prompting to pause for a moment and wonder what is behind such intrusions to our 'harmony'.

In this way, our body guides us into asking for the truth behind such discomfort - to long for the truth behind our emotional injuries. Should we ignore these

communications then our body will amplify its signals. They will strengthen progressively until we not only engage in our investigation into the underlying cause of the pain or illness, but also start to express what we are feeling – talk it out of us.

By expressing what we are feeling will not resolve all the pain until we have totally completed all of our healing. If we were able to resolve individual issues in this way, one by one, we would stop our healing process, our Feeling Healing. That would defeat the purpose of our body being able to assist us with our total healing of ALL of our childhood suppression and repression.

"We are parented heavily by our parents who use our and their physical bodies to control our emotions, feelings, mind and will. And we are forced to change from

being true to being untrue – how they want us to be. Then through our Healing our physical bodies help us back the other way, from being untrue to being true. Our bodies show the damage done, giving rise to the necessary feelings we need to make us feel bad so we can use those feelings to keep uncovering the truth of our wrongness. With our soul causing our body to show the damage when it's time for us to attend to the required feelings.

"Our parents inflict pain that changes us from being true to being untrue. And then when we do our Healing, our bodies express that same pain, giving rise to the same feelings, so we use them to heal ourselves.

"Our body is hurt and changes us. When we do our Healing, our body hurts and we change again, back into what we should have been." Note from James Moncrief 2 June 2018

Thus, it can be considered that Feeling Healing is the pinnacle of all healing modalities and that all health care systems (Allopathic, Ayurvedic, Traditional Chinese Medicine, etc.) are complementary when they do not shut one down from simply FEELING.

Our bodily discomforts, both physical and mental, remain with us in varying degrees until we transition into being Celestial – in at-onement with our Heavenly Parents – following completion of our healing all our childhood repression and suppression.









#### **PHYSICAL DISCOMFORT is a COMPANION through out OUR FEELING HEALING:**

We are to uncover the truth of our untruth through the Healing mansion crying world levels (and their equivalent on Earth); and then once that's done, and with the appropriate amount of Divine Love in our soul warranting fusion with our Indwelling Spirit, we can move into the Celestial spheres of love (or their equivalent on Earth).

Spirit Mansion World 3 equivalent on Earth: is for waking up to the truth that you're not loving and starting to get in touch with your pain, starting to accept your bad feelings, starting to work with them instead of rejecting them.

Spirit Mansion World 5 equivalent on Earth: is then about going right into the depths of them, feeling how unloved you feel and seeing how unloving you are and how that makes you feel, bringing out the majority of your pain, your misery, fear, anger, guilt, hatred, boredom, terror, rejection, nothingness, feeling powerless, alone and abandoned, and so on.

Spirit Mansion World 7 equivalent on Earth: is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving, understanding how your relationships are unloving, how you don't connect properly, how unloving you really are and why and fully accepting the truth of it, coming completely to grips with your parents not loving you as you needed to be loved – sorting it all out, including your self and feeling expression difficulties.

One's acute pains – such as headaches, hip / joint / back pain, etc., all of which can be crushing and feel like they are too much – may be to do with the actual breaking down of controlling beliefs. And then associated with them, and perhaps even resulting from them, comes all one's repressed emotions and feelings, namely, fear, misery and anger, they being the big ones, together with feeling powerless, useless, too overwhelmed that you can't go on, broken, unloved, unwanted, uncared about and so on. All these

feelings and emotions are also painful, but are a different pain to when you feel like your mind and some part of its control is being broken down. Usually, when the mind breaking pain passes, you then move into deeper emotions and feelings to be expressed, feeling like you are progressing in letting go of your untrue self, giving up more of your falseness – evilness. These intense 'mind-breaking' pains come intermittently, sometimes many together, sometimes for a short time, sometimes over weeks, months, even years. So overall one's Healing may feel like it's one long mental breakdown, with all the additional emotions and bad feelings that need to be released along the way. All of which are trying to bring one's will back into being as it should have been had it not been so interfered with.



#### Accept, express and long for the truth of your feelings.

Live true to your feelings; your feelings are your true self. Be free in your feelings. Free your feelings from your mind's control. Live true to yourself through your feelings.

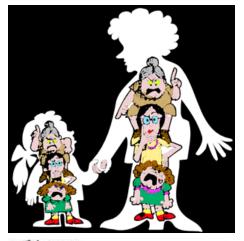


#### **BODILY PAIN is OUR FRIEND:**

Our body stops us largely through pain, allowing us to pay closer attention to ourselves and our feelings. The pain is there for us to deal with, embrace and accept, to want to know why we have it, what is really going on deeper within us that is causing it. And by expressing our feelings of pain, and longing for the truth of them, we can use it to heal all that's wrong within us. This being our Feeling-Healing.

However as we all rightly hate pain, we do all we can do to stop it as quickly as we can, so we rush off to the doctor, take pills, drugs, busy our mind trying to 'take our mind off it', all of which is dismissing these feelings that are there to help us. So by denying our pain we are further denying ourselves, which in turn is going to further (at some point) cause even more pain.

Our pain is to make us slow down, to pay closer attention to what we really are feeling. It comes about to stop us running away from the hidden truth of it, that which relates to our relationship with our parents and how they treated us, causing us such pain. All our pain (pain on all levels, including the physical) is the same pain our parents have made us feel. And we need to use it to find the truth of this. So even toothache



THAT'S THE THING ABOUT PAIN. IT DEMANDS TO BE FELT.

pain can stop you, leading you deeper into yourself, helping you express all the terrible emotions and feelings it makes you feel, all so you can uncover more truth of your relationship with your parents and early life.



So in doing our Healing, we try to put off rushing to the doctor or seeking immediate help to remove even the slightest pain, choosing to instead put off such visits or taking pills whilst trying to express and seek the truth of such pain. However when it drives you to seek help, of course you do whatever you want to do to take it away, all the while expressing all those emotions and feelings and longing for them to reveal the truth you are to see about yourself.

So our body and its pain is our friend, used by our soul to help us come back to being closer to ourselves, to living true to what we are feeling and to set us free of our mind control and denial of pain. James Moncrief 9 May 2018



# What is Child Abuse?



Verbally abusing a child



Teasing a child unnecessarily



Breaking down the self-confidence of a child



Exposing a child to pornographic acts or literature



often to relieve your own

frustration

Touching a child where he/she doesn't want to be touched



Manipulating a child



Forcing a child to

touch you

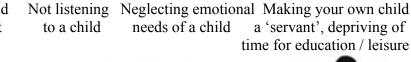
Not taking care of a child Using a child for example: unclean, unclothed, unfed child



Hitting and ridiculing a child at school



as a servant





Neglecting a child's medical needs



needs of a child

Neglecting a child's educational needs



a 'servant', depriving of

time for education / leisure



Leaving a child without supervision



# The Drama of Life:

'I had a pretty good upbringing' in comparison to other people.

Parents have NO understanding of Love. Parents have NO understanding of Law of Free Will. Parents have NO understanding of blocking emotions. Parents have NO understanding of causal / core emotions.



**MY PARENTS** DON'T LOVE ME

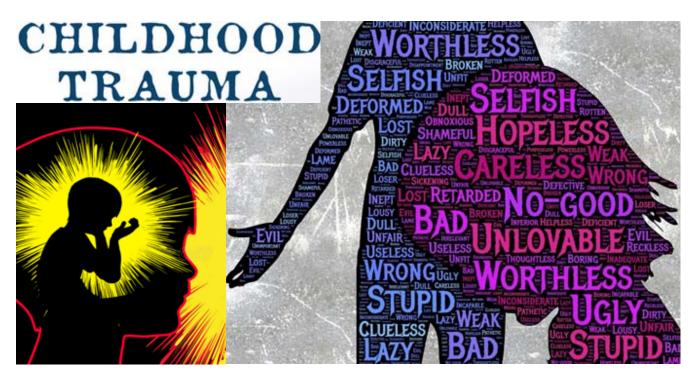




We, as parents, were born into the Rebellion and Default, having no idea it existed or what it was about. The Rebellion and Default formally ended on 31 January 2018. We now understand that through suppressing our children's true personality, having them live through their minds rather than through their soulbased feelings, this suppression and repression practiced worldwide has induced universal depression. Only through Feeling Healing, longing for the truth behind all feelings, both good and bad, and expressing all that comes to us, will we free ourselves of these errors and heal ourselves. Vibrancy and truth is our destiny!







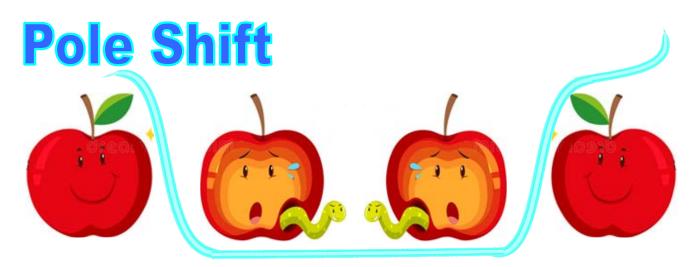
Throughout our forming years, from conception to around age six, we are immersed in the unloving guidance and care of those who feel they are loving. The accumulation of injuries, errors, hurt, are all of an ongoing harming nature being disturbing frozen energy that manifests aspects through the rest of our life. The repression and suppression of our natural self expression during our formulative years is the foundation of all our suffering throughout our life.

Suppression and repression of our natural self expression underlies our quality of life, it is the predictor of our level of employment, poverty or otherwise, our physical health, generator of our illnesses, our quality of relationships and all aspects of our everyday living, good and bad.

We can free ourselves of living life like a retard, yes, that is about how we emerge from our early childhood. We, as parents, are yet to discover how to bring up children. First we are to liberate ourselves from keeping suppressed our childhood repression, and this we now can do through Feeling Healing.

"The real KEY to our Healing is longing for the Truth, and that is the truth that will come from our feelings. If you don't want the truth of what you are feeling, then you can forget it. You can express your feelings all day like a kettle letting off steam, however if you're not seriously wanting, and longing hard, and praying with all your will to God to help you uncover and see the TRUTH that your feelings are there to show you, then you can forget it. The expressing and releasing ARE just as important, however a little less than longing for the truth." James Moncrief 28 May 2018





Pole Shifts are our own very personal life experiences. They are as dramatic as the physical pole shifts that the planet Earth endures from time to time. However, our own life events are far more important.

At the moment of conception we are in a perfect state. From the moment of conception we are overwhelmed by the well meaning endeavours of our parents, immediate family and carers. They do not know what *true* love is, they have never experienced it, so we are not *truly* loved by our carers and teachers. We are crunched into submission by everyone within our environment. Our Natural Self Expression is all but obliterated! We are crunched into being someone else that others impose upon us. We are made into 'bad apples'. We proceed through our life experience, after our parents' well meaning but misguided endeavours, and have this falsehood strengthened by our educators, then our religious organisations, then our employers, all overseen by our governments. We have no way of expressing our true selves.

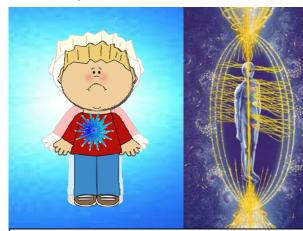
Now, for the first time in history of humanity, we can reverse our early Childhood Repression and Suppression and invoke our own counter Pole Shift. We can to liberate ourselves from our imprisonment within our mind that was imposed upon us from conception to around six years of age.

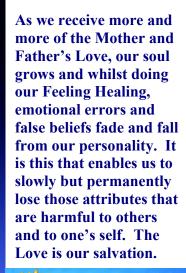
We can through our Feeling Healing embrace our feelings, both good and bad, long for the truth of what is to be revealed to us about such emotional events, and express such revelations to a companion and begin the climb of the pole to Natural Self Expression of our true personality. The task is painful, long and arduous; however, we are to liberate our true nature, our true selves of natural love, and in this way we will grow to be who we truly are, a child of our Heavenly Parents – and with Their Love, we can become Divine.

This is the Pole Shift that all of humanity is to engage with and grow from. This is the Great U-Turn.

#### WE LIVE in an OCEAN of LOVE:

**Our Parents' Divine Love energy substance** surrounds each and every one of us at all times. We can ask to receive this Love also. at all times. When we do so, the instrument of God, the Holy Spirit, will gently and precisely infuse the Their Love energy through our spirit body chakras and into our soul. Our soul, being our real self, is nested within our spirit body which in turn is the template for our physical body. Our memory, intelligence personality, and humanness is our soul; our mind and senses are spirit body based, physical body is the vehicle by which our soul is individualised.







God's Divine Love: Pray for it, ask for it, and receive it. "Please Mother and Father, may I receive Your LOVE." "I love you Father." "Let the Divine Love proclaim its energy into my soul." "Mother and Father, I desire your Love and I am loving you." "Soul God, I love you and I love receiving and experiencing your Divine Love." "True Soul God, I am here, I am aware of your Love. Please hear my aspiration for your Love and as I approach you from my soul, I can feel your Love in the way that you are loving my soul."

Try it; give the Love a go! If you want to shine, receive the Love.

http://www.pascashealth.com/index.php/library.html visit Library section of www.pascashealth.com audio files for download: Prayer for Divine Love from the Padgett Messages.mp3 The Voice Of Divine Love.m4a Files take some time to download.

There are further audio files for downloading from the Medical – Spiritual References section. *"Never can one man do more for another man than by making it known of the availability of the Feeling Healing process and Divine Love."* JD

# Luke – "The sins of the parents are visited upon the children unto the third and fourth generations."

https://new-birth.net/padgetts-messages/true-gospel-revealed-anew-by-jesus-volume-2/the-sins-of-theparents-are-visited-upon-the-children-vol-2-pg238/ Received by James Padgett Washington D.C. April 9th, 1916

I am here. Luke.

I desire tonight to write for a short time on the text: "<u>That the sins of the parents are visited upon the children unto the third and fourth generations.</u>"

I know that usually the explanation of the text has been that the material sins or rather the sins which result in material injury or affliction are visited upon the children and to a very great extent this is true. But that explanation is not what was intended by the declaration.

Man is not only a material or physical being, but is more largely a spiritual being, having a soul and spirit which never ceases to exist, and which are just as much a part of him while on Earth, as when he becomes a spirit; that is after he has left the vestments of flesh and blood.

These real parts of man are of more importance to him and his real existence than is the physical part, and the sins which man commits are not the results of any primary physical action, but of the operations of the powers which form or have their real seat in the spiritual part of his being.

The physical part of man is not the originator of sin, but merely manifests its effects, and it (sin) almost always manifests itself on and in the physical body, and leaves its scars apparent to the consciousness of men upon such body; and hence, as man is able in his ordinary condition to perceive the effects more plainly on this body, he thinks that the meaning of the text must refer to the sins that affect and are shown upon his body, and at the same time ignores or is not sensible of the fact, that the great effect or injury of sin is upon and to the spiritual part of man. As the physical body is affected by the results of these sins being carried into operation, so much more so is the spiritual part of man affected by the fact that these sins had their creation in that spiritual part of man.

It may be asked, in what way can the effect of sin upon a man, that is upon his soul and spirit, have any injurious effect upon the spirit and soul of his child, so that the child may suffer from the sin of the parent.

Well, when a child is conceived and gestates and is born, he not only partakes of the physical nature of his parents, but also of the qualities and condition of the spirit and soul of the parents. This may seem improbable, but it is a fact that the spirit and soul that enters into the child when it is conceived comes from the great universe of soul and spirit, wholly independent of the parents and is not in its nature or qualities a part of the parents as is the flesh and blood which build up and produce the physical body of the child. But while this is true, it is also true that this spirit and soul of the child is susceptible to and in a way absorbs the influence of the spirit and soul of the parents, not only at the time of conception but also during the period of gestation, and even for years afterwards, and to such an extent that this influence continues beyond the mere earthly existence of the parents and into the life of the progeny to the third and fourth generation, as the text says.

The spirit part of the child is more susceptible to the influence and evil effects of these sins than is really its physical body, for as I have said, the spirit part is the originator and breeder of the sins, if I may so express it, while the body is merely the recipient of the exercise of the sins and the objects of their manifestation.

The influence of spirit upon spirit is more extensive and certain than mortals can possibly conceive of, and the results of that influence are not so apparent or known to the consciousness of the succeeding children, or to the respective parents, as men suppose, and as a fact they do not understand or become conscious of the fact that such influence is operating upon the spiritual parts of their children. They see and realize that the effects of such sins become manifested in the physical body, and as their ordinary natural senses cannot perceive the condition of the spirit, they conclude that the text can only mean, that these sins are visited upon the material bodies of their children.

But I must tell them that, while great and deplorable injury is inflicted on these material bodies, yet greater and more lasting and more grievous – in the way of manifestations – injury is inflicted upon the spiritual nature of the children; not only because this nature continues to live, but because men, not realizing that this nature has been injured, make no attempt to find and apply a remedy as they so often do in the case where these sins manifest themselves in the physical body.

And besides, there are many sins that do not affect the mere material body, but which do great injury to the spiritual nature, and which to the senses of men are never perceptible.

A man is not only the parent of a child's material body but in a secondary way is also the parent of its spiritual nature, and the condition of the parent's spiritual nature influences and determines to a large extent the qualities and tendencies of the child's nature for good or evil, not only while it is a mortal but frequently after it has ceased to inhabit the veil of flesh. So let parents know that they do not live to themselves alone as mortals but that their evil thoughts and deeds have a greater or lesser influence upon the spiritual natures of their children, especially at the time of conception and during gestation. Then how important that every parent during these times particularly, and at all times, should have their spiritual natures in that condition of purity and freedom from sin, that their children may be conceived and born in a condition of soul purity, which will not reflect any evil that they can charge their parents with being the creators of.

If men would only realize these facts and live their lives in accordance with the truths which I here declare, how much sooner would the human race be brought into harmony with God's laws and the souls of men be freed from sin and evil.

I know it is often said that it is unjust and not in accordance with the justice of an impartial God that the sins and penalties arising from the disobedience of our first parents, should be visited upon mankind who were and are their progeny, as such mankind had no part in that disobedience. But when it is remembered, and it is a fact, that God did not create sin or evil or impose such upon the first parents for their disobedience, but that they themselves created evil and sin, and men have been creating these inharmonies ever since, it will be seen that an impartial God, who is our only God, is not responsible for either sin or evil and the consequent penalties which they impose. And, as has been written you before, the abolishing of sin and evil and their penalties is in the power of man and his will.

As these first parents created these evils, as I have explained, and in the manner that I have pointed out to you, their sins, by the influence which they have upon the spiritual nature at the time of conception and birth become, as it were, a visitation and that is the spiritual desires and tendencies and inclinations toward that which is evil (sic), and this influence continues with the child for years after its birth, according as the child and parents are closely associated together in their Earth lives. And as each succeeding generation caused the visitation of its sinful influence and tendencies upon the succeeding generation, you can readily see how men, all men, became subject to the sins and evils and penalties which were brought into the world by the first parents.

Instead of God being the creator of these things or visiting them upon the children of man, He declares that their existence is contrary to the harmony of His creation and must be eradicated before man can come into that harmony and an at-onement with Him. And as He gave to man the great power of free will, without any restriction upon its exercise, except as a man's understanding of the harmony of the operations of God's laws might influence him to exercise this great power; and as man in the wrong exercise of that power brought into existence these things of evil and sin, so man, as he perceives this plan of God's harmony, must exercise that will in such a way as to free himself from these things which are not part of God's creation, and are out of harmony with His plans for the creation and preservation of a perfect universe, of which man is its highest creation.

God never changes. His laws never change. Only man has changed from the perfection of His creation; and man must change again before that perfection will again be his.

Now from all this it must not be inferred that man is left to his own efforts to bring about this great restoration, for that is not true, because Gods instrumentalities are continuously at work influencing man to turn again to his first estate, and become the perfect man, as he ultimately will become. (I am not here referring to the workings of the great Divine Love which, when a man possesses in a sufficient degree, makes him more than the perfect man.)

So, "the sins of the parents are visited upon the children to the third and fourth generation", means, the tendencies and inclinations toward that which is evil (are created) not by God, but by man himself, solely and exclusively.

And oh man, could you see the results of these sins upon the spiritual natures of your children, as you often see them upon their material bodies, you would hesitate in your sinning and think, and thinking would see the way by which the great blot upon the happiness and salvation of humanity could be removed and its progress to the "perfect man" be hastened and assured.

Well, I have written enough for tonight, and hope that what I have said may be understood and meditated upon by all who may read it. I will not detain you longer, and with my love and the blessings of one who is now not only the perfect man, but a possessor of the Divine Nature of the Father and an inheritor of immortality, say good night.

Your brother in Christ, Luke.

A further clarification of this message was received from Luke the following day.

**Note:** Following the writings of James Moncrief, one could consider that any reference to the Father, by other relevant writers, may be read as a reference to 'our Mother and Father'. Further, when considering soul healing, then reference to Divine Love could be referred to as 'Feeling Healing with Divine Love'.

### Luke makes some corrections in the previous message.

https://new-birth.net/padgetts-messages/true-gospel-revealed-anew-by-jesus-volume-2/luke-makes-somecorrections-in-the-previous-message-vol-2-pg242/ Received by James Padgett Washington D.C.

10 April 1916

I am here. Luke.

I desire to make some corrections in my message of last night, and will thank you to receive them.

I desire to say, that when I spoke of the sins of the parents being visited upon the children at the time of conception and birth, I meant that these sins, by the influence which they have upon the spiritual nature of the child, became, as it were, a visitation. I did not mean that any part of the real sin of the parents became a part of the spiritual nature of the child, but only that the influence of the parent's sins upon the child is sufficient to give the spiritual desires and tendencies of the child an inclination towards that which is evil; and this influence is continuous with the child for years after its birth according as the child and parents are closely associated together in their Earth lives.

Let this point be made plain so that man may not quibble about the meaning of what I wrote.

Otherwise the message is true and just as I intended it should convey to you the truth of the meaning of the text.

I will not delay you longer tonight, but with my love and blessings say,

I am your brother in Christ, Luke

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### The Voice of Divine Love

http://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/The%20Voice%20Of%20Divine%20Love.m4a

### **DIVINE LOVE progressively brings about HEALTH of the PHYSICAL BODY:**

The way the Divine Love works in a mortal soul is so practical that it takes us some time to see this truth. One's natural love is slowly perfected by the presence of the Divine Love in one's soul. As more and more of the Divine Love is asked for and received, progressively, more and more of one's man-made erroneous beliefs and emotional errors are resolved and dissolved by the light golden blue energy substance. As these injuries progressively leave the spirit body, then the health of the physical body steadily returns. As these injuries are permanently removed then a re-occurrence of the illness is impossible. A permanent recovery is then achievable.

### NATURAL LOVE BLENDS PERFECTLY WITH DIVINE LOVE:

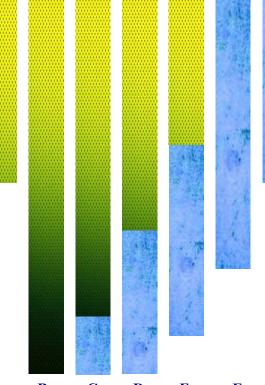
Both are energies. Natural Love energy forms each soul and each individual soul is unique. Our personality, intelligence, memory, and humanistic characteristics are unique. It is our gift of free will that tends to enable us to error, however, it is the uniform nature of Divine Love and Feeling Healing that brings about our growth and release of man's negativities.

MAP OF CONSCIOUSNESS				
Level	Log			
At-onement	1080			

**Transition** 

ENLIGHTENMENT	700-1000		
PEACE	600		
JOY	540		
LOVE	500		
REASON	400		
ACCEPTANCE	350		
WILLINGNESS	310		
NEUTRALITY	250		
COURAGE	200		
PRIDE	175		
ANGER	150		
DESIRE	125		
FEAR	100		
GRIEF	75		
APATHY	50		
GUILT	30		
SHAME	20		

One's soul is gifted with the emotions of courage through to enlightenment. Man-made emotions are those of pride down to shame – these we can step away from with Feeling Healing.





A. B. C. D. E. F. G.

- A. Unborn child's soul is always perfect and remains that way throughout life.
- B. Child in first seven years absorbs man-made emotional characteristics from environment.
- C. Cognitive capabilities enable each person to choose to ask for and receive Divine Love.
- **D.** Divine Love strengthens one's resolve to release negative emotions should we continue to ask for more and more of this ultimate high octane super fuel, this light golden blue energy.
- E. Progressively, harmony comes about through our bodies and the inclinations to engage in negative ways and causing harm to others or one's self dissipate.
- F. As we embrace the Love, the Divine Love transforms our soul so that we no longer have any inclinations to do anything other than the will of the Source Soul, no more harm to others.
- G. It is with the blending of the Natural Love with the Divine Love that fits a person to become at one with our Mother and Father and to enter the Celestial Heavens.

### Luke – What is necessary for a man to do to recover the purity of soul and love that was possessed by the first parents. Doctrine of original sin is a mocking, damnable lie.

https://new-birth.net/padgetts-messages/true-gospel-revealed-anew-by-jesus-volume-2/luke-what-isnecessary-for-a-man-to-do-to-recover-purity-of-soul-vol-2-pg266/ Received by James Padgett. Washington D.C.

27 April 1916

I am here, Luke.

I have not written you for some time and desire to write a short message tonight on the subject of: What is necessary for a man to do to recover the purity of soul and love that was possessed by the first parents – I mean as a man possessing the natural love only.

Well, in the first place, he should realize that he is a perfect creature of God, and that his sins and diseases are merely the results of his own thoughts, and of qualities that have come to him down the long ages of his ancestors living on Earth.

He need not suppose that these sins and desires are inherent in or a part of his creation, for they are not, but merely accretions that fastened themselves upon him by reason of the thoughts he has had, and the resultant course of life he has led, and when he changes these thoughts, which will necessarily bring about a change in his manner of living, he will find that he can progress toward the condition of the perfect man.

I know that many of these thoughts are so deep seated that they seem almost a part of his very nature, and can only be eradicated by the death of his physical body; but this is not true, for man, even while in the full vigour of his manhood, and possessed with all the appetites and desires which arise from the perverted indulgence of these desires, either on the part of himself or on the part of those from whom he is said to have inherited them, may relieve himself from these desires and become a man, having only the thoughts of good, and desires for those things which are in harmony with the nature of his perfect creation.

This I know, seems to man a thing impossible, and so thinking he does not try to accomplish what I say he may accomplish, and to become free from these sins and unnatural appetites. The almost universal belief in original sin has caused men all along the ages to think that such a task is hopeless, and that they are thinking and acting only in accordance with the appetites and desires that God has implanted in their natures, and that so long as they indulge these thoughts and desires in a moderate or respectable way, they are not doing that which is contrary to God's will or to their own nature.

But this doctrine of original sin is a mocking, damnable lie, and the sooner man realizes the fact that it is a fraud and deceit, the sooner he will be able to get rid of those things which have placed him in his present condition and held him there bound, as it were, hand and foot. This supine submission to this old and ever recurring belief is the great thing that prevents man from starting to progress towards the attainment of that condition, which is purity and health and the perfect man.

Man must decline and no longer submit to this belief, which, I am sorry to say, is fostered by the teachings of the orthodox churches in order to sustain and make forcible their creeds and dogmas, and to show to man that he is not to be considered worthy of the mercy of our Heavenly Parents, and cannot possibly obtain that mercy and be relieved from the great wrath and punishment that God has prepared for him, unless he believes and acknowledges that he is a dependent and lost man, unworthy of the Mother and Father's favour, or the help of the instrumentalities which the Mother and Father uses to assist men in regaining their lost estate.

If men would only think, and in thinking realize that they are dear children of our Heavenly Parents and Their highest creation, and that They prize them above all Their creatures and wants them to know that they are beings of such wonderful qualities and possibilities, they would then have come to them an overpowering and convincing sense of what they really are, and of how necessary it is for them to assert their rights as such exalted creatures of the Mother and Father, and would realize that they are masters of sin and disease, for they are the creators of the same.

When they shall assume such position and become possessed of such knowledge, they will find that they have a wonderful power as creatures of the Father, they will realize that they are masters of sin that must be gotten rid of.

Let men for a moment think again, and thinking know that God does not desire his greatest creature to become or be less than the perfect being that They created. They are not flattered nor do They have any pleasure in the thought that man is degraded and fallen from his perfect creation, and that in order to rise again he, man, must believe that God may show his power in rescuing him from his low and hopeless condition. No, God is not pleased by man assuming such an attitude, nor does he need any such helpless condition of man that he may show Their power or gratify what the teachings of these orthodox imply, Their vanity, which They have not.

In this particular man must work out his own salvation, but it will be a difficult task so long as he continues to believe and act upon that belief, that he is a creature of original sin, and that as God in the beginning failed to make him the perfect man, so now, only God can remedy what he failed to provide in Their creation, and that man of himself can do nothing. That all he has to do is to wait until God is pleased to recreate him and thereby take from his very nature this great curse of the original sin. See the great fatality of such belief and how it tends to make man a slave of and obedient to this false belief in this blight of original sin.

God gave to man in his creation, the great power of will and the right to its unlimited exercise, subject only to the penalties of a wrongful exercise; and by the exercise of that will man created sin and disease and became depraved and fallen, and the possessor of false beliefs as to the perfection of his nature. By the exercise of that will man, himself, must redeem himself from this condition of depravity and false belief, and again become the perfect man – God's wholly perfect creation.

As man was in the beginning the perfect son of God, and by his own will created his own and only devil, so must he by this same power kill this devil and again become the perfect son. He must believe and declare, and show the sincerity of his beliefs by his acts and living, that he is a perfect son of the Mother and Father – needing no new creation.

This I have written to show what man was in the beginning, and what he really and truly is now; although covered with sin and disease and false beliefs. To recover this lost estate or, better, condition, he will find that by searching for and learning and acting upon many of the moral precepts of the Bible and of other so

called sacred writings, he will be greatly helped and strengthened in his efforts. But above all let him understand and believe with the certainty of knowledge, that he is God's highest and most perfect creation.

Now, from what I have said, it must not be inferred that man is his own God, and has not and needs not any tender, loving Mother and Father, who is interested in him and always ready to help him whenever he earnestly and in sincerity asks the help of that Mother and Father. Always is man dependent upon God; but that dependence is not recognized by God, unless man first recognizes it, and by his longings and thoughts shows to the Mother and Father that he needs Their help.

This may seem unbelievable, but man was created so independent in his great will power, as regards the dualities of thought and desire both spiritual and material, that God never interferes to compel. The principle involved in <u>"whosoever will"</u> must be exercised by man before the Mother and Father will intervene. But when it is exercised They do intervene, and never refuses or fails to answer the call of the sincere cry of man for help.

And God does help man in his recovery from the state of false beliefs and degradation, that I have mentioned. Their love overshadows men, and Their instrumentalities are always ready and waiting to answer the call upon Them for Their help in assisting them out of their condition of sin, disease and false beliefs; for, as I have elsewhere written you, in God's universe there must be perfect harmony, and the present man, so far as his own creation of inharmony is concerned, is not in that harmony. Ultimately, man, all men, will become again the perfect man.

Of course, you will understand that what I have written does not apply to the redeemed sons of God who receive the New Birth, and embrace one's Feeling Healing, and become partakers of the Divine nature of the Father, for in their case the perfect man is absorbed in the Divine Angel.

I have written longer than I intended, but as the theme is an interesting as well as important one, I thought it best to write just as I have.

I will now say good night and leave with you my love and blessings.

Your brother in Christ,

Luke

### Predict My Future: The Science of Us: When Teens Run off the Rails:

Part 2 of 4. Examines the issue of juvenile delinquency and why mots teens manage to stay on the rails. <u>http://www.sbs.com.au/ondemand/programs/health-science-technology</u> <u>http://www.sbs.com.au/ondemand/video/677561411781/predict-my-future-the-science-of-us-when-teens-</u> run-off-the-rails

http://www.pascashealth.com/index.php/library.html

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God is God, who is our Heavenly Mother and Father, being SoulMates. There is only one Soul that is God's Soul, that being the Soul of our Mother and Father. Our Heavenly Parents are the First Soulmates; The Two Who Are One who have brought us all into being.

Jesus and Mary are a son and daughter of God.





Jesus of Nazareth and Mary of Magdalene, being soulmates, where both free of sin. Jesus and Mary, combined in their love for us, are our teachers and guidance for us to find our way home to our Heavenly Parents. To start this journey we are to liberate our souls from being entombed within our suppressive minds, through feeling and longing for the truth of our feelings via our soul and peel away our injuries incurred since conception.

Give yourself time to consolidate your relationship with the Mother and Father through the partaking of Their Love. And whilst you are doing this, you can learn about your healing, all that's involved with it, as there are many willing spirits to share their healing experiences with you.

When you are ready it will start happening simply because you will want it to, it all being orchestrated by your soul. And when that time comes you will have developed a strong foundation in your relationship with the Mother and Father for you to work from. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

It is to make longing for God's Love the priority, and then do one's healing; should one want to include God and the Divine Love in one's feeling healing. This is doing your soul-healing as you are seeking to heal your soul of all evilness – of that which made you become evil, and release all the hurt and pain of not being fully and truly loved.



### WE ALL ARE BEING GUIDED HOME:

We need the Spirits of Truth of the Avonal Pair to Heal ourselves; then once Healed, (and for support (overshadowing) as well through your Healing), we need the Creator Pair, Mary Magdalene and Jesus' Spirits of Truth to see us through the Celestial spheres, while at all times embracing our Heavenly Mother and Father.

Until Mary and Jesus died and liberated their Spirits of Truth, no one from any of the worlds could leave Nebadon, because no one knew the way to do so. Nebadon is our local universe containing some 3.8 million inhabited physical worlds and their associated spirit worlds.

When we embrace the truths Mary and Jesus are revealing, and start to do our Feeling Healing, or with Divine Love, Soul Healing, we are then freeing ourselves up from our parental and self control.

Thus our journey to Paradise, to the home of our Heavenly Parents, is of our choosing as to when we progress, however, there is only one way:

**HUM:** Humanity is to ascend. We are self contained. Our soul is always in truth and perfect at all times. By living true to ourself, true to our feelings, we are living true to God. It's that simple.

We are to recognise that being engaged and dominated by our mind is the wrong way for us to evolve and grow in truth. We are to discard the mind enslavement that has been imposed upon as by all of our parents. We are to express our feelings, both good and bad and free ourselves of the indoctrination that humanity has embraced worldwide.

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of our Mother and Father.

**AVO:** We are to embrace the truths and guidance of the Avonal Pair through their Spirits of Truth. It is the Avonal Pair's guidance that will lead us through our Feeling Healing, and with Divine Love, we will be able to ascend through the 7 spirit Mansion Worlds and enter the Celestial Heavens where we also interact with other world's spirits.

**J&M:** We are also to embrace the truths and guidance of the Paradise Pair, Mary and Jesus, who will then lead us through the 3 Celestial Heavens that are aligned with Earth, and then further on through Nebadon where we will then depart beyond on towards Paradise.

**M&F:** Beyond the universal zone of Nebadon, we will be guided by our Heavenly Mother and Father onwards through the universes to Paradise where we will be welcomed by them, home for us all, as we are all Children of God.







J&M







### WE ALL ARE BEING GUIDED HOME - NOW, HOW TO COMMENCE THE JOURNEY:



M&F



J&M







For 200,000 years, we have been misled into embracing our mind's distortion of wisdom and truth. All such traditional understandings only lead us in the wrong direction, from which we must turn back from. Our soul based feelings are always in truth. Our minds are to follow our soul based truths and feelings, not the other way round, as we have been brought up to embrace.

We are to connect with our deeper repressed feelings. We are to long for the truth of what we are feeling. We are to live true to our selves; by living true to our feelings.

Use your surface day-to-day feelings to connect with your deeper repressed feelings. Express your surface feelings and your deeper repressed feelings to uncover the truth of yourself.

We all have feelings which we communicate and share with each other. And we all have deeper buried and hidden repressed feelings. Feelings from our early childhood we felt, yet weren't allowed to express. These feelings are still within us, waiting to have their say. These feelings, because they are repressed, cause us all our problems.

And as we look to uncover, bring out and accept these deeper feelings, so we're taken into new ways of looking at ourselves, our feelings, and our life. We're setting ourselves free of the controlling patterns that govern our unloving behaviour.

In this way, we progressively begin to express the personality that our Heavenly Mother and Father gave us, not the one imposed upon us by our physical parents and carers. We are to be our true and real selves.

## By living true to ourself, true to our feelings, we are living true to God. It's that simple.

As we, humanity, long for the truth of our feelings, we can also be assisted by the Spirits of Truth of the Avonal Pair who are our spiritual teachers for Earth over this coming 1,000 years, to assist us through the Great U-Turn, away from mind dominance to being soul based feeling lead. They will assist us through the seven levels of the spirit Mansion Worlds.

Then the Creator Pair, Jesus and Mary, will lead us through Nebadon and into the greater universe. Then our Heavenly Mother and Father lead us home to Paradise.

Collectively, should we embrace them all, as we are to, then our pathway home is a journey in the hands of the Spirits of Truth of the Avonal and Paradise Pairs overseen by our Heavenly Parents.

#### **HOW TO GET TO PARADISE:**

Long for the Divine Love Long for the Truth Long for the truth of your feelings Don't deny any feelings: accept, express and want to know the truth of them Know your feelings are the key; your feelings are the Way Want to end your falseness and being untrue Want to understand the truth of your early life Use your surface feelings to move deeper into yourself, bringing up your repressed feelings Want and long to know the whole truth of yourself Want to do it all with God, your Heavenly Mother and Father – long to Them for help.



Our longing drives our life. We long with feelings. We can wish for things using our mind, yet long for things with our heart. These things in the pyramid are what to long for. Longing for them, when the longing comes naturally. Longing because you feel you really want them. Long to be true with all your heart. Long to live true to your feelings. Long to understand the whole truth of yourself.

The Key



# **Mother and Father Heavenly Parents**

Creator Son & Daughter Jesus and Mary Avonals as soulmate pairs Trinity Teachers as soulmate pairs

Melchizedeks – who have taken over from the Caligastians and Daligastians being also all as soulmate pairs.

Mortal Souls – human beings who individualise on Earth, then progress through the spirit Mansion Worlds, then into the Celestial Heavens, and beyond.

Mortal Souls – also being ascending spirits, upon completing their Soul Healing, join with their soulmate, then join their soul group of 24 mortal spirits, being 12 soul pairs. It is only as a soulgroup that anyone can progress beyond Nebadon.

The Paradise Pairs are all ONLY concerned with the SPIRITUAL wellbeing and upliftment of the planets and local universe. Currently to do with Earth:

Mary and Jesus – spiritual wellbeing and upliftment of the whole of Nebadon region.

Avonal Pair – Daynal pairs (Trinity Teacher Daughters and Sons) – Spiritual wellbeing and upliftment of individual planets and their associated Mansion Worlds.

The Local universal Sons and Daughters are all about the running of the worlds under their jurisdiction, and ensuring the higher spiritual elements can be employed, or sent astray, as in our cases through the Rebellion and Default.

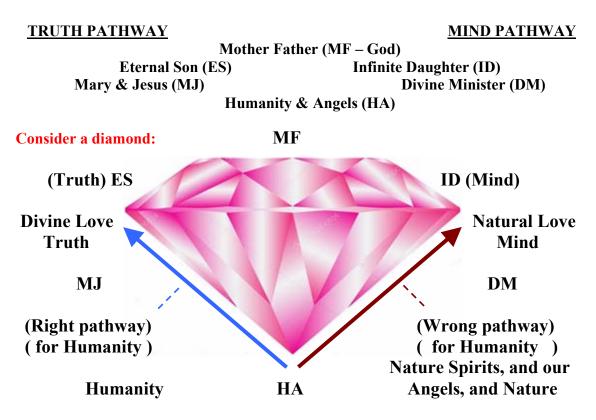
Lanonandeks - Melchizedeks (and others, such as Life Carriers and Eve and Adam).

As the Lanonandeks all rebelled – the Lucifers, Satans, Caligastias and Daligastias soulmate pairs – so the Melchizedeks have taken over their roles, as well as doing their own.

So the Melchizedeks are the governors, overseers, the administrators and advisors and so on for Earth; they are the 'controllers', and they will instigate all that needs to be done to do with the ending of the Rebellion and Default. And they will enlist the willing help of ascending mortal pairs, so the mortal Celestials spirits (soulmates when available, and others waiting to unite with their partner), and at times mortal spirits in the Divine Love Healing Mansion Worlds. And the angels help all of us.

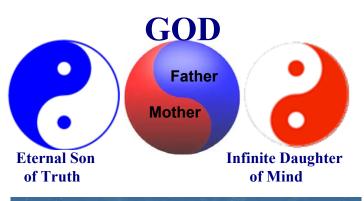
Currently the whole of Creation exists for the ascension of mortal souls from their earth planets to Paradise. It's all one vast Grand Ascension Scheme. With all the higher and lower spiritual Daughters and Sons, together with all the many different angels and other universal spirit personalities, and even including nature and our very own pets, assisting women and men with their Ascension Journey. It being: and Ascension of Truth. Everything we do is done to help us grow in truth. (Only everything we do in our negative state is to deny ourselves our truth from our feelings, which is why we have to do our Healing.) All women and men are ascending (or growing) in truth through their experiences. And as we grow in truth by looking to our feelings to show us that truth, so we're ascending, moving inwards and upwards through all the worlds and spheres of the Grand Universe to one day arrive on Paradise and meet our Heavenly Parents. God is providing us, Their children, with this spiritual journey called our Ascension of Truth. And by living true to our feelings, so we are progressing on our true Spiritual Path – our Ascension Path.

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.



**Humanity** is to pursue the pathway for Truth through one's soul based feelings, this is the right pathway. However, humanity commences its journey founded on natural love, which we now know is to be perfected through one's Feeling Healing process and then made divine through asking for and receiving our Heavenly Parents' Divine Love.

For 200,000 years, **humanity** has pursued the pathway of the Mind, being that of the brain, this is the wrong pathway. The Mind is the pathway for Angels and that of all of Nature.





Feeling Pathway



Soulmate Pair







Mind Pathway



### **CREATION of SOUL and SPIRIT:**

God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one's feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.

The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves enabling the union with our soulmate, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.

The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective

> Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.

#### **UNCRUSTING ONE'S SOUL:**

One's soul is always perfect. One's soul is a creation of our Heavenly Parents, and Their creations are always perfect.

Their great gift to us is free will. We have the option to embrace Their will or freely do as we please, we have free will.

As we progress through our early childhood years we absorb the attitudes, beliefs and habits of those within our environment. Some of these are in error. Such emotional errors and injuries melded with errors in belief encrust one's soul with unhealthy and unloving energies. These encrustments retard the flow of loving energies into one's soul. Such soul having created one's spirit body, which in turn is the template for one's physical body.

As we become aware of our Mother and Father's greatest gift in all of the universes, we can ask for and receive this gift, being Their Divine Love. It is a light golden blue energy substance that will progressively through one's Feeling Healing process dissolve the injuries and errors that may have enmeshed one's soul. Feeling Healing with this Loving energy will slowly enable each of us to break free of past held erroneous beliefs and injuries that we have drawn upon ourselves. We can cast this shell off, such shell which is endeavouring to imprison us in misery.

With the Love of our Parents, the beauty with which we were created can come to the surface and we can then proceed to progress beyond the ceiling that our natural love formed soul has in development. Feeling Healing with the vibrant energy of Divine Love can enable us to live a life here on Earth as though we were in Heaven. All we need do is ask for It.

The Love of our Parents' is the greatest gift for all of humanity, without exception and without condition other than the longing for and the asking for it, at anytime, at any place, and in any way one so pleases. Enjoy the journey!







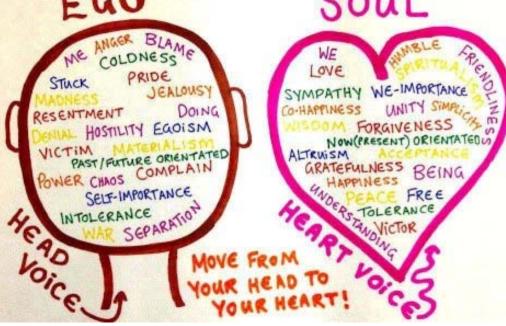




**Natural Love Flow** Natural love is Creation's love; One can swap back and forwards between paths I am God Intellectual **Emotional** Self reliant (trust myself) Self-determination way of life Mind dominates Soul dominates Thinking = Mechanistic Thinking = Holistic rational intuitive analysis synthesis reductionist integrative linear non-linear Values = Mechanistic Values = Holistic conservation expansion competition co-operation quantity quality domination partnership Adult like Child like Control Feeling Millions of paths (man created) Peak possibility is 6th sphere time to complete path: 100 years to over 1,000 years

**Divine Love Flow** Divine Love is Soul's love. I am God's son/daughter/child God reliant (God relationship) Soul-spirit living harmony Defined path (God created) Peak possibility is infinity (sphere / mansion world are same) 5 years to over 10 years to at-onement

# SOUL



### **SELF RELIANCE or to SOURCE SOUL RELIANCE:**

The majority of all peoples, by faith or nationality, never during their life time ask for and receive our Parents' greatest gift in all of the universes, Their gift of Divine Love, the light golden blue energy substance that is everywhere around us but not within us until we earnestly long for and receive the Love through our spirit body and into our soul, our real self being our soul.

МоС	No. of Countries	Average MoC	Average Life Expectancy	Per Capita Income 2013
400s	10	406	78.50	US\$46,690
300s	13	331	71.77	US\$20,508
200s	10	232	69.45	US\$14,927
High 100s	18	176	69.00	US\$12,283
Low 100s	7	129	61.88	US\$6,560
Below 100	11	66	52.73	US\$5,500
WORLD		212	70	US\$13,100



Personality being selfreliant without the Love.



Personality asking for and receiving the Love.



Personality progressively having received the Love.

Should all people become aware of this great gift and simply and persistently long for It, then humanity will grow in Love and and with Feeling Healing, step away from conflicts and wars which we have socialised. Those countries with the lowest calibrations of consciousness, as per Dr Hawkins' Map of Consciousness, are the centre of all civil conflict and wars.

With the Love and Feeling Healing being introduced throughout all possible avenues then the loads on policing services, courts and detention centres will abate, the demands upon all civil support services will lessen, the burden on health services and hospitals will diminish, life expectancies will increase, and productivity throughout all communities will grow.

The gift is free to all without exception or conditions. All one needs to do is ask our Heavenly Parents for Their Love!



### **CONNECTION with GOD:**

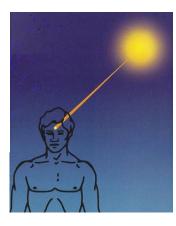
Holy Spirit / the Spirit infusing Divine Love.

Progressive escalation of Divine Love flowing.







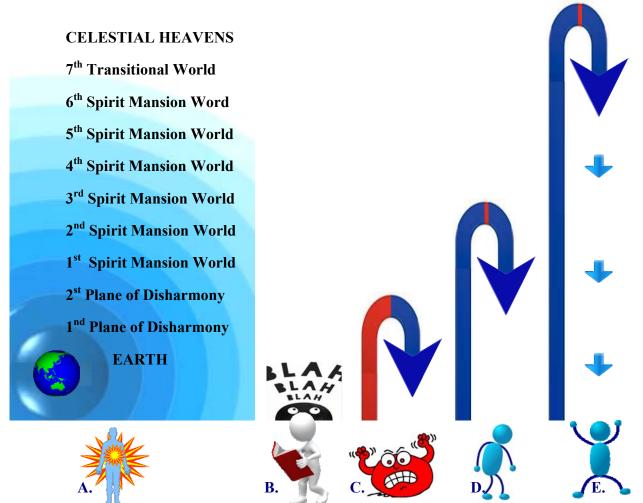












### LOVE ASSOCIATED WITH ONE'S PROJECTED THOUGHTS:

A. Our soul is connected to our spirit body which is the template for the physical body.
B. Every time when one prays to God from within the intellect, their prayer rises no higher than one's head. It does not go any higher because one's heart is not involved. Mindlessly repeating prayers learnt by rote is almost pointless.

C. Projecting your rage impacts on those around you and into the spheres of disharmony, however now your heart is involved! Causing harm to others brings about consequences.
D. Focused intention and desire for earthly creations is generally assisted by intellectually and loving spirit personalities from within the lower Spirit World Spheres, 1 and 2.

E. An earnest longing and desire to receive our Heavenly Parents' Divine Love projects into the Celestial Heavens and brings about an immediate infusion of the Mother and Father's Love into one's soul, delivered through the instrument, the Holy Spirit, of our Creator.

Thus, one's level of feeling, earnestness, longing and love associated with prayers, meditation and desires is relative to the success of one's communications. Our thoughts project at a speed in excess of that of light and they are received into the spirit world or worlds at a level relative to the subject matter being focused upon. At all times, love focused communications will rise to the higher spheres. MoC 1,480

### **On the WINGS of a BUTTERFLY:** No 12, Traveller, an immortal journey, via Zara and Nicholas

Once upon a time there was a butterfly sitting with closed wings in a person's heart. This butterfly had been sitting with wings closed for a long time. The person couldn't figure out1,410 why they always felt a little sad. One day, this person asked another person why they feel sad. The response happened quickly and the person didn't like the response. It was said that perhaps your soul is sad. Several days passed and soon that person found themselves sitting by the sea. The sea has great longing to it. As the sun shone on a late spring day, the person thought about their soul and that perhaps, the person's remark was true, and that this person was a messenger of some sort. Suddenly a breeze swept through the beach and the person heard a distinct voice speak directly to him! The voice said, "Let your soul breathe in Divine Love." That was all the voice said.

The person didn't know what the Divine Love was or where it was, but now the sadness had greater longing so the person decided to breathe in the **Divine Love and just like** that - the closed wings of the butterfly opened and the person's sadness started to dissolve. Happiness will be mine the person thought upon feeling the Love and this will take time for me to learn how to live such happiness.

Never again, in the heart of that person, did the butterfly close its wings.





perceived truth MoC 880 - relative truth potential MoC 1,480