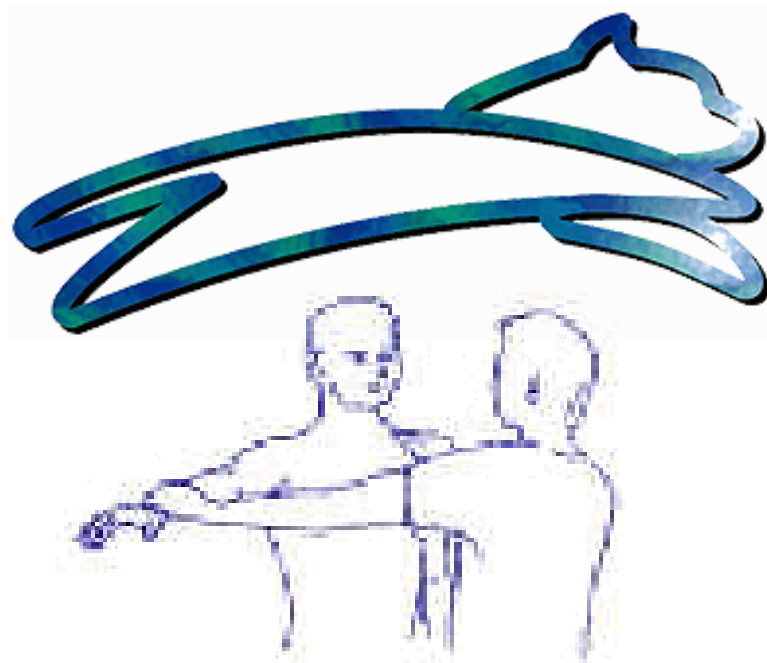


# PASCAS CARE<sup>1</sup>

## KINESIOLOGY & SUBMISSIVENESS



“Peace And Spirit Creating Alternative Solutions”

**PASCAS FOUNDATION (Aust) Ltd**  
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**Pascas Foundation is a not for profit organisation**

**[www.pascasworldcare.com](http://www.pascasworldcare.com) [www.pascashealth.com](http://www.pascashealth.com)**

# Psychic Barriers

## 'Submissiveness'

Submissiveness is observable with personalities that calibrate on Dr David Hawkins' Map of Consciousness (MoC) at 200 or below. Though they may be assertive, they readily submit and comply with authority and authoritarian domination.

Those having covert controlling agendas readily take advantage of this trait which is a psychic barrier imposed upon humanity by high level controllers thousands of years ago. These high level controllers imposed upon humanity a way of life and living that was and still is holding back the growth and development of all people on Earth. These high level controllers' agenda was to ensure that a growing number of subservient beings were available for their expansionary controlling agendas elsewhere.

Presently, 2024, the people of Afghanistan – 44 million – calibrate overall at 85 MoC. Of the 34 provinces, the highest is 100 and the lowest 75 MoC. Coincidentally, the population of USA – 330 million – calibrate overall at 405 MoC, however just over 50% of the people calibrate under 200 MoC.

The submissiveness of the Afghanistan people was demonstrated by their acceptance of the Taliban taking over control and government in August 2021 without any significant resistance. The leader of the Taliban calibrates at around 280 MoC. Coincidentally, the Republican Party nominee for President of United States of America also calibrates at around 280 MoC, and his platform is clearly attracting the support of the people of USA who calibrate under 200 MoC!

## 'Mind - Centricity'

Those same high level controllers back thousands of years ago seduced Earth's humanity to live Mind-Centric on the false premise that we could grow through our minds in greatness to become mini-gods!

While we live mind-centric and suppress our feelings and our true self, we cannot progress beyond 499 MoC on the Map of Consciousness. While we live this way, ignoring and suppressing our feelings we will continue to stagnate, engage in wars, incur discomfort, pain, illness and disease, suffering a life of living in a physical hell – we cannot evolve any further than what you see around you now every day.

All institutionalised systems are to be dismantled and through every aspect of life and living we are to consider our feelings which are always in truth. Living Feelings First and having our minds to follow in support of implementing what our feelings are prompting us to embrace will not only see people growing in truth and love, but also advancing beyond 500 MoC. Living feelings orientated has no limit to what we can achieve. Living in a Celestial soul condition state while being here in the physical on Earth is now possible for those who not only live feelings first, but embrace Feeling Healing and our Heavenly Mother and Father's Divine Love. Such a condition of living has now been achieved here on Earth for the first time in the total history of Earth's humanity, being of about 993,500 years.

These psychic barriers of submissiveness and living mind centric can only be put aside by introducing an open and free universal feelings orientated education system at all levels for all societies. This will slowly resolve all social issues and conflicts and bring about living a life of simplicity and truth worldwide.

# Psychic Barriers

**Barriers** to our growth and development are the customs and norms passed down through the generations by our families and heritage. We each are infused with the errors of belief and emotional injuries of our parents and carers, thus, generation after generation calibrate on Dr Hawkins' Map of Consciousness at the same levels as one of our parents, should they calibrate differently.

Thus, until we step away from living like our parents, which is living mind-centric, no evolutionary growth is likely to unfold for societies around the world.

## 'Submissiveness'

'To put lower consciousness levels into context, it is helpful to know

that, according to consciousness research: **78%**, if not **85%**, of the people on the planet calibrate below 200 on the Map of Consciousness, and 50% of the United States calibrates below 200 on the Map.'

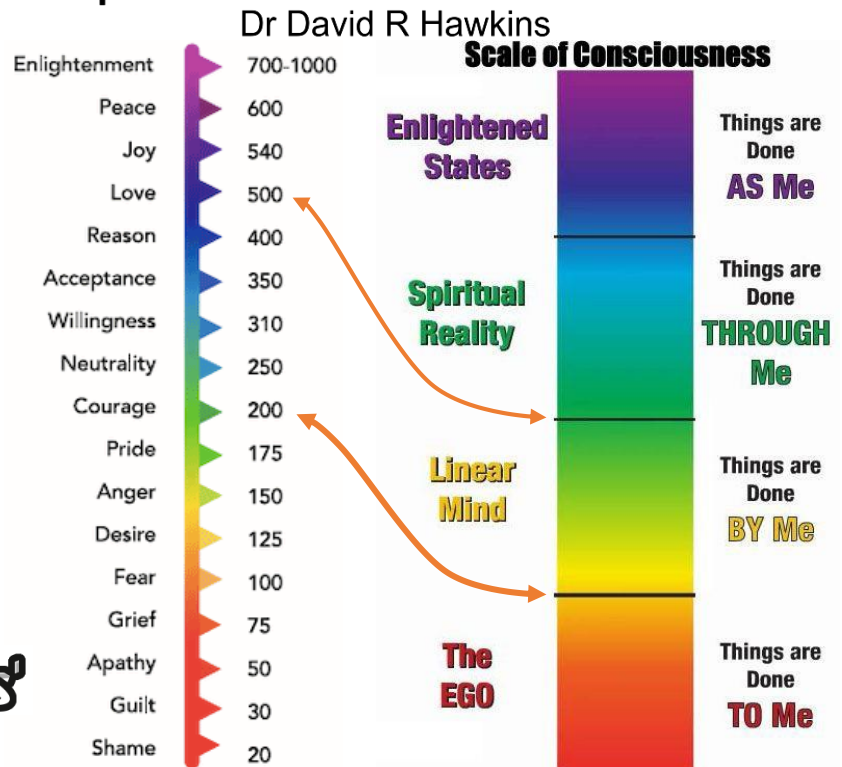
'**Things are done TO Me**' – that is those calibrating under **200 MoC** who submit to their environment and will of those imposing upon them. They are submissive to control and easily capitulate to coercive dominance without resistance. They readily capitulate to untruth and error, thus suffering greatly.

## 'Mind - Centricity'

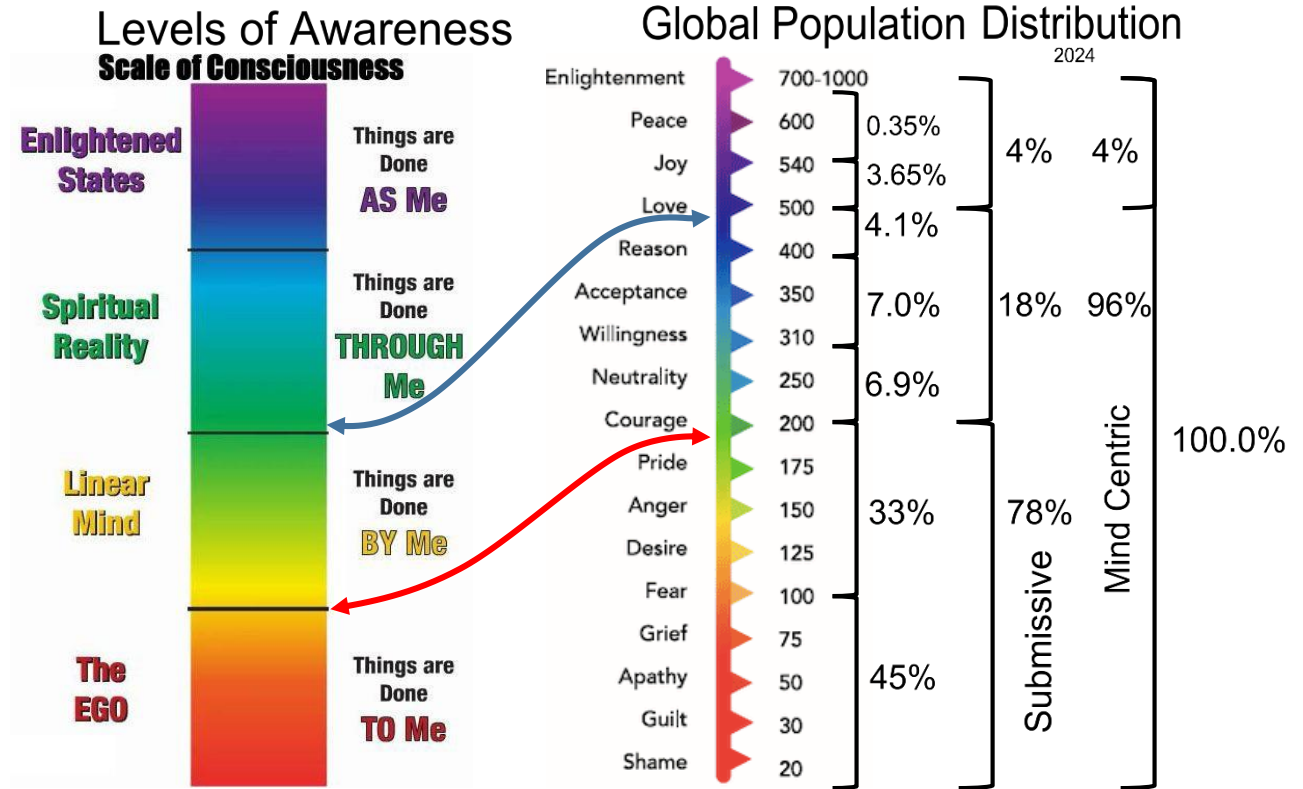
200,000 years ago we were submissive to the control of high level personalities who induced us to believe we could become mini-gods by believing that our minds could take us to those levels. Women are closer to their feelings and consequently males had to dominate and suppress women. Living mind-centric prevents us progressing beyond 499 MoC. Living mind-centric, **Things are done BY Me**'. This glass ceiling can only be bridged by us embracing our feelings and living feelings first. Then through Feeling Healing and by embracing our Heavenly Mother and Father's Divine Love we can progress to Celestial Soul Condition while living here on Earth, which is beyond this Map of Consciousness scale.

Thus, these two distinct psychic barriers outline the cause of social issues and difficulties throughout societies and populations. The worldwide education systems actually prevent any consciousness growth and evolutionary progress. Only open and free universal feelings orientated education can erode these psychic barriers and bring about the freedom and progress that we all long for.

## Map of Consciousness MoC



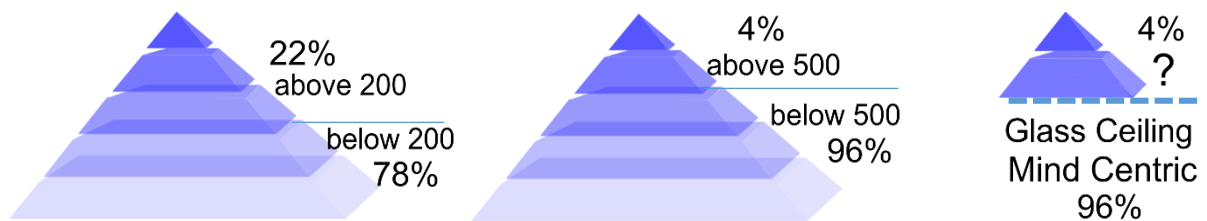
# Map of Consciousness MoC



**Note:**  
 The Map of Consciousness (MoC) table is based on the common log of 10. It is not a numeric table.  
 A calibration increase of 1 point is in fact a 10 fold increase in energy.  
 A calibration increase of 10 points is in fact a 10,000,000,000 fold increase in energy.  
 Thus the energy differentials are in fact enormous!

The collective power of those above consciousness level of 200 has the weight to counterbalance the negativity of those below 200 of the world's population – and also to raise the overall consciousness calibration of humanity! 'Power vs Force' Dr David R Hawkins P.234

One individual at level 700 MoC counterbalances	70 million individuals below level 200
One individual at level 600 MoC counterbalances	10 million individuals below level 200
One individual at level 500 MoC counterbalances	750,000 individuals below level 200
One individual at level 400 MoC counterbalances	400,000 individuals below level 200
One individual at level 300 MoC counterbalances	90,000 individuals below level 200




Until humanity begins to embrace their feelings, that is, accept and follow their feelings having their minds to follow in implementing what our feelings are prompting us to consider, then the malaise, the status quo of a hellish existence, will continue. We cannot bridge the glass ceiling of MoC 499 while living mind-centric. Universal, open and free, feelings orientated education worldwide is to be made available to bring about the awareness of living feelings first so that those who embrace can put aside the psychic barriers, the norms of generations gone by, and grow in truth and love thus lifting humanity out of the rebellion and default conditions that have prevailed for 200,000 years.

## **HEREDITARY ENVIRONMENTS may be our PRISONS!**

We each are about to embark upon a worldwide endeavour with aspirations to shift communities a little towards a more prosperous and progressive life.

To truly achieve our objectives we are best to understand and recognise the issues confronting the community we are proposing to introduce our possibilities for growth to.

Kindly consider this Pascas Paper which can be downloaded from [www.pascashealth.com](http://www.pascashealth.com), then go to the Library Download page, scroll down into Pascas Care Letters and click on to open:

 [Pascas Care Letters Worldwide Survey.pdf](#)

Kinesiology muscle testing in conjunction with Dr David R Hawkins' Map of Consciousness can enable anyone to calibrate the level of consciousness of the population of a nation, state / province, city, town, village, suburb and also drill down to a household and each individual therein within minutes.

The above worldwide survey is now supported by more than 14 independent worldwide surveys providing enormous cross fertilisation of information and guidance. This is included in this Pascas Paper. This provides a comprehensive starting point from which we are to initiate programs for the community, with their involvement and actual delivery control, so that optimums can be achieved.

Thus, from the thousands of assessments drawn together, we have this simple chart summarising all:

<b>WORLDWIDE SURVEY</b>			
Levels of Truth / Consciousness	Countries	Population2020	Lifestyle Feature
500+ MoC	NONE	0 million	Feeling orientated rather than mind-centric
400s	22	700 million	Freedom and Progressive Leadership
300s	71	4,100 million	Open and Free Education (not feelings orientated)
200s	50	1,100 million	Current Religions
100s & below	73	2,100 million	Survival Living
Overall 220	216	8,000 million	Humanity entrenched in mind-centricity

The Map of Consciousness chart is based on natural love and is a scale of 0 - 1,000 based on the common-log of 10. A 10 point improvement is a 10,000,000,000 fold increase in energy. The overall scale also goes on to infinity

Hereditary environments are fundamentally our prisons. We each end up calibrating at the same level of consciousness as one or the other of our parents, should they differ. Thus our environmental heritage imposes upon us the conditions that prevail generation after generation. Our parents impose upon us, unknowingly, their errors and injuries and all this occurs before our sixth year. We then go on living the social and emotional issues that our parents carried throughout their adult life, now we continue on doing the same throughout our adult life. Thus, the Worldwide Survey prevailing today shows that over a quarter of Earth's humanity are still living in a survival mode that prevailed more than 2,000 or even 2,500 years ago.

Kindly review Pascas Care Letters Worldwide Survey as it presents a vast array of understanding of the diversity of the environments in which living feelings first can greatly up-step communities while technological support is introduced and infrastructure developments anchor in the growth that they welcome and support for themselves.

Pascas Foundation (Aust) Ltd is a not-for-profit and the work involved is unique requiring enormous inputs from many people. We seek your participation through membership of the Foundation as we look to collaborate with each of you in the delivery of your own agendas. Kindly consider application for membership please. There are no obligations.

cheers for now

John Doel for 07 452 436 227  
Pascas Foundation (Aust) Ltd

Rome  
2 thousand  
years ago



Africa  
like...  
an hour ago



2,000 years ago the world population was 300 million and all were living in survival mode. Now in 2020 we have over 2,100 million people living in survival mode. We have successfully multiplied the 'living in survival mode' by seven fold! And the population of Afghanistan is in this dire state of survival living!

**The Golden rule is: Never interfere with another's will.**

**Golden Rule: One must always honour another's will as one honours one's own.**

***Violence is never Justified***

**Never is hatred, nor discord, nor war among men justified – no matter what the cause – and if men will only learn the Truth there will never exist such feelings or acts. Militarism is all wrong. Jesus 25 December 1915**

**Living Mind dominated is claustrophobic and suppressive!**



**The Mind presents a treacherous glass ceiling!**



**WE'VE BEEN SCREWED BY  
LUCIFER REBELLION**

Lucifer and his soul partner, with his assistant Satan and soul partner, brought about the Rebellion 200,000 years ago, and through his deputies, Caligastia and Daligastia, and their soul partners, they brought about the default by Adam and Eve of their mission on Earth more than 38,000 years ago.

On the 31 January 2018, the formal ending of the Rebellion and Default took place, now the out working of the Rebellion is to unfold.

**REBELLION & DEFAULT**

**CONDITIONS NOW PREVAILING within AFGHANISTANIS are those of 2,500 Years ago!**

### Worldwide Level of Consciousness based on the Map of Consciousness

see Power vs Force by Dr David R Hawkins

6,000 years ago	MoC	72
At the time the Vedas were written		74
At the birth of Buddha, Siddhartha Gautama born 563BC		91
Prior to the conception of Jesus of Nazareth		101
After the birth of Jesus of Nazareth		147
When Christ was taken from the cross		148
At the Last Supper		150
At the death of the last apostle		182
Muhammad 570-622		182
At the birth of Charlemagne		182
In 827 AD (at the death of Charlemagne)		190
When Abraham Lincoln took office as President		190
Lincoln was shot and killed		193
1944: birth of almost 200 Homo-Spiritus children		194
1987: At the time of the Harmonic Convergence but not necessarily related to it, consciousness of humanity jumped		207
2020: Humanities overall level of consciousness		220

## Afghanistan MoC 85

The overall consciousness level of the people of Afghanistan is calibrating around 85 on Dr David R Hawkins' Map of Consciousness scale.

That is reflecting a condition that prevailed for all of humanity for thousands of years before the birth of Jesus of Nazareth.

At that time, the suppression of women was extreme, and it now is again throughout Afghanistan.

The education of girls and women of Afghanistan may now be provided through education facilities that can be established throughout the neighbouring countries of Afghanistan and in particular within the centres that Afghanistan refugees are in numbers. These facilities would also be open to all – locals as well as refugees.

The education facilities may be in the form of universities, technical and further education (TAFE), high schools, primary schools, pre-schools, and/or as considered appropriate and beneficial, not only for girls and women, but boys and men also, as well as being for the locals. As those who are educated and are encouraged to return home back to Afghanistan, the student populations will then become those who are residents of the host country.

Education is to be free for all, and without boundaries. The road to truth and freedom is through open and free UNIVERSAL FEELINGS ORIENTATED EDUCATION. This is the gateway. It is through living feelings orientated that one's consciousness level can grow exponentially.

### COUNTRY POPULATION calibrations based on Map of Consciousness MoC





# Psychic Barriers

Within and throughout any community, we have personalities at all levels on Dr David Hawkins' Map of Consciousness (MoC) scale as of a consequence of the levels of consciousness of their parents own childhood upbringing. Thus the psychic barriers throughout a family are generational. Through childhood suppression we become the level of consciousness of one or the other of our parents.

**MoC scale around 100:** This is survivalist living. To do nothing more than what is necessary to live. It is a continuation of how one's ancestors have lived for many generations before us. Even though being aware of modern developments and practices, one continues with beliefs and practices of hundreds and thousands of years ago. No amount of governmental money can improve our life experiences until we personally move to step away from traditions and improve our potential through personal development.

**MoC scale around 200:** Religions introduced over the past 2,000 years may be embraced and have raised consciousness but little is being achieved other than a neutrality in the way one may be living. Living mind-centric prevails. Humanity overall is calibrating around 220 MoC.

**MoC scale around 300:** Open and free feelings orientated education for all ages and aspirations. Free in cost and free from controlling agendas. Such scenarios over time bring about societal evolutionary growth and instils economic growth and enhanced standards of living. Those of higher levels need to be managers. However, feelings are not presently part of any curriculums.

**MoC scale around 400:** Leadership unfolds that bring about the dynamics to provide global development and prosperity.

**MoC scale around 500:** Until societies recognise that we are to live feelings first having our minds in support of what our feelings are drawing our attention to then very few will grow in consciousness higher than 499 MoC as at that level is the peak that our minds can grow.

Within any group of people all of these levels can exist, living side by side. At each of these levels, what is to be provided is awareness specifically to open the pathway for growth and development to aspire to higher levels of consciousness. It is always for the individual to decide if and when they will seek to embrace their further growth and development. No one can grow or develop consciousness of another.

In recent times, governments have frequently imposed fees upon students engaging in higher education only to find stagnation returning to productivity growth. A counter-productive step for their societies.

Psychic barriers are impositions imposed upon us all to retard and restrain our growth in consciousness and development for the agendas of controlling influences that are now no longer. However, it is up to each of us to recognise our way forward and that is through writings like this.

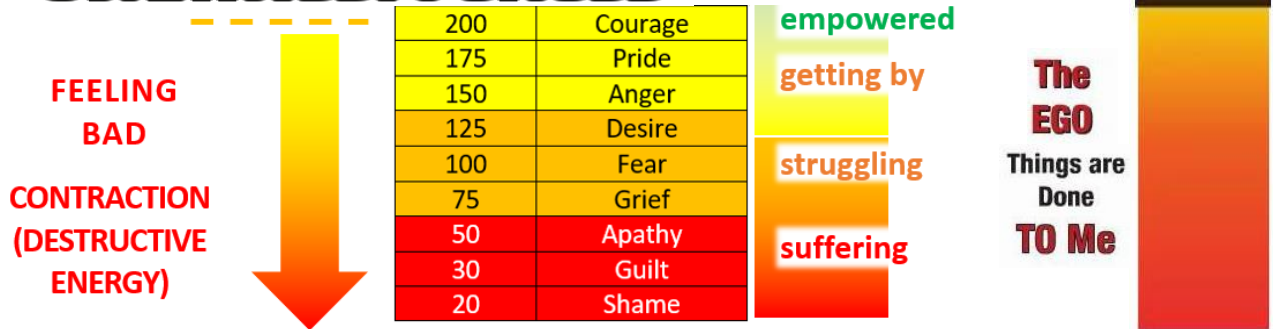
The benefits of living Feelings First will over time address ALL of the social ills throughout society and open the pathway for infinite growth in one's level of consciousness. This is our destiny! As we 'learn by doing', artificial intelligence is not engaged in the preparation of a Pascas Paper. Further, as the Pascas Papers are 'layered', that is through multiple slow readings more becomes revealed to the reader with each re-reading. Speed reading degrades the reader's comprehension of what is contained herein.

# Psychic Barriers

## 'Submissiveness'

Things are done to me – submissiveness. Submissiveness refers to the trait of being willing to yield to the

### 'Submissiveness'



Map of Consciousness illustration based on the model created by Dr David R Hawkins

will of another person or a superior force. It is characterised by tendencies to obey or be obedient, often in a humble or unresisting manner. This may empower those whose addiction to control is suppression of others.

Raising our level of consciousness requires constant commitment. Especially on the lower levels, great effort is required to progress from one level to the next. And below courage, help from others is most often necessary.

While it can seem difficult to progress on the Map of Consciousness (MoC) the effort is always worthwhile.

**The progression from one level to another can radically change and improve your entire life.** All your worries and anxieties from the previous level will seem comical.

Sometimes you temporarily experience a higher level of consciousness and this is a good indicator of where you must go next. Moreover, these moments of clarity can keep us on track and committed to the process.

**But be aware a lower level might cloud the memory of a higher level.**

**The most important thing each of us can do in life is to raise our individual level of consciousness.** When we raise our own level, we do not only spread this level to those around us but also the whole world. And you might even be the catalyst for another person’s progression to a higher level. Even one drop raises the level of the sea.

Furthermore, when every one of us is working to raise our individual level of consciousness the progression from one level to another will require less effort and be much faster for everyone.

**Just imagine how incredibly different the world would be if everyone were at the level of acceptance.** According to Hawkins, 78% of the people on Earth are still below courage.

# 'Submissiveness'

## Things are Done **TO Me**

Suppressive Regimes thrive in environments where the populous is submissive:

Houthi Rebels thrive in Yemen	MoC of the people	160
Hamas thrive in Gaza Strip		130
Hezbollah thrive in Lebanon		130
Taliban now governing Afghanistan		85
Sudanese guerrillas in South Sudan		140
Ukraine		140
Kim Jong Un in North Korea		175

Consider other places of instability:

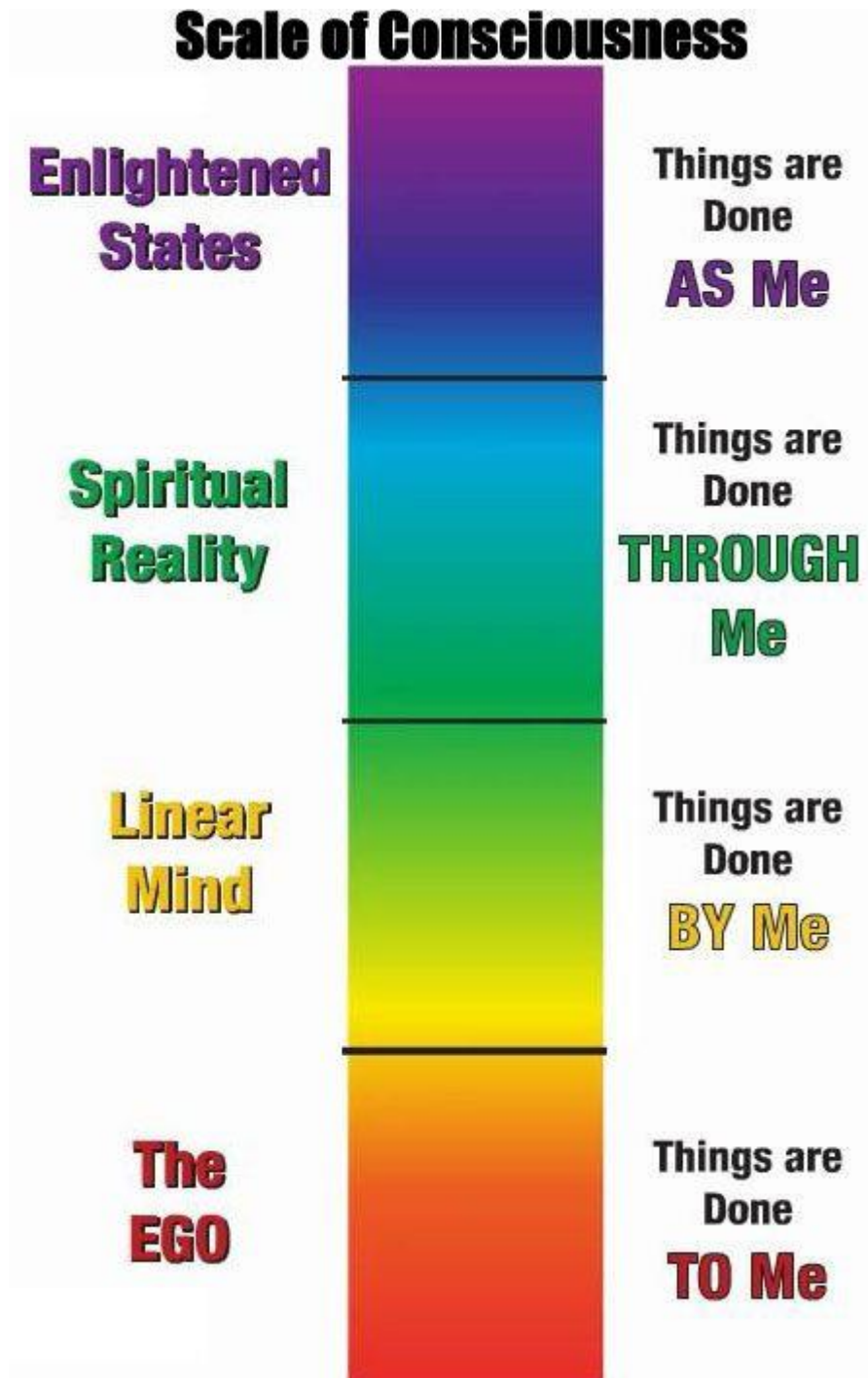
Syria	160
Iran	190
Iraq	120
Haiti	80
Central African Republic	80
Angola	80
Democratic Republic of Congo	40 etc...

# 'Submissiveness'



Map of Consciousness illustration based on the model created by Dr David R Hawkins

Until the focus is upon assisting these and similar populations to significantly lift their personal levels of consciousness, radical and suppressive control centric leaders will continue to cause great harm as their own view on life is harmful to others. Feelings orientated open and free universal education is the gateway.



**TEACHING is the Paramount Profession !**

# MAP OF CONSCIOUSNESS

*Map of Consciousness* from Dr David R Hawkins, M.D., Ph.D. "Power vs Force".

Level	Log
ENLIGHTENMENT	700-1000
PEACE	600
JOY	540
LOVE	500
REASON	400
ACCEPTANCE	350
WILLINGNESS	310
NEUTRALITY	250
COURAGE	200
PRIDE	175
ANGER	150
DESIRE	125
FEAR	100
GRIEF	75
APATHY	50
GUILT	30
SHAME	20

**PERSONALITY TRAITS:**

Less than two dozen people on planet Earth.

Would not pick up a weapon let alone use it. These people gravitate to the health industry and humanitarian programs.

Debate and implement resolutions without argument and delay. 470

Debate and implement resolutions in due course. 440

Debate and implement resolutions with some degree of follow up generally needed. 410

Management supervision is generally necessary.

Politics become the hope for man's salvation.

Cause no harm to others starts to emerge. Power overrides force.

Illness is developed by those man erroneous emotions that calibrate 200 and lower.

Armies around the world function on pride. Force is now dominant, not power.

Harm of others prevails, self-interest prevails.

Totally self-reliant, not God reliant.

Fear dominates all motivation.

Suicide is possible and probable.

At these levels, seriously harming others for even trivial events appears to be justifiable.

Poverty, unemployment, illness, etc., this is living hell on Earth.

# Psychic Barriers of: Traditions, Customs and Norms

Why is our heritage such a barrier to our evolutionary growth and prosperity? Why do we experience continuation of repetitive cycles of conflict, disease and food insecurity, amongst the array of difficulties?

When we are conceived our soul condition is in a perfect natural love state. As per Dr David R Hawkins' Map of Consciousness, that is a calibration near to 1,000 on his scale. By the time we are six years of age we are calibrating at the level of one or the other of our parents, should they be calibrating differently on the Map of Consciousness (MoC). In this way, the consciousness level of humanity remains stagnant!

Presently, the overall consciousness level of Earth's humanity is around MoC 220.

## Psychic Barriers of Traditions, Customs and Norms

### Worldwide Level of Consciousness based on the Map of Consciousness

see Power vs Force by Dr David R Hawkins	MoC
6,000 years ago	72
At the time the Vedas were written	74
At the birth of Buddha	91
Prior to the conception of Jesus of Nazareth	101
After the birth of Jesus of Nazareth	147
When Christ was taken from the cross	148
At the Last Supper	150
At the death of the last apostle	182
At the birth of Charlemagne	182
In 827 AD (at the death of Charlemagne)	190
When Abraham Lincoln took office as President	190
Lincoln was shot and killed	193
1944: birth of almost 200 Homo-Spiritus children	194
1987: At the time of the Harmonic Convergence but not necessarily related to it, consciousness of humanity jumped	207
2020: Revelations including Feeling Healing	220

Around 200,000 years ago, high level spirits influenced Earth's humanity to live mind-centric, to ignore and suppress their feelings. As women are closer to their feelings than men, they also induced men to make women subordinate to them.

As our minds are unable to discern truth from falsehood, that our minds are addicted to untruth, and that our minds are also addicted to control over our environment and others, humanity has stagnated in evolution and growth as a consequence. To understand more precisely what difficulties come to us through being mind-centric is this observation. Assumptions are generated through our minds – the error

rate of an assumption is 98%, with the other 2% being flukes! When we ‘think’ about something, we are engaging our minds – the consequences are further errors – along the lines of ‘assumptions’.

While we live mind-centric we are living against our truth, our soul-based truth, which is living against our feelings which is our soul-based truth. We are our feelings! While we are denying our feelings we are rejecting our true parents, our Heavenly Mother and Father! We are living in a self-evolved hell while we avoid our feelings and truth.

While we avoid our truth, our soul-based feelings, we are disrupting the soul-light that circulates from our soul through our spirit body and then physical body and its return. This disruption generates all the discomforts, pains, illness and diseases that we experience during our whole physical life. The foundations of our life experiences are disrupted throughout our childhood forming years, from conception through to the age of six years – this is our Childhood Suppression. No-one missing out!




It is our Childhood Suppression that degrades our consciousness to that of our parents and carers. Thus generation after generation is a mirror of the prior generation.

From the table above we can see that from the time of the last living Apostle of the Creator Daughter and Son, Mary Magdalene and Jesus, all the way through to the second half of the twentieth century, until the late 1980s, Earth’s humanity has stagnated at around 190 on the Map of Consciousness, that is almost 2,000 years of no progress in consciousness worldwide! Recently, technology has made great progress in developments – we now can annihilate each other by pushing buttons! This we can do in multiple ways!

<b>Correlation of Levels of Consciousness – Soul Condition – and Society Problems</b>				
<b>Level of Consciousness</b>	<b>Rate of Unemployment</b>	<b>Rate of Poverty</b>	<b>Happiness Rate “Life is OK”</b>	<b>Rate of Criminality</b>
600 +	0%	0.0%	100%	0.0%
500 - 600	0%	0.0%	98%	0.5%
400 - 500	2%	0.5%	79%	2.0%
300 - 400	7%	1.0%	70%	5.0%
200 - 300	8%	1.5%	60%	9.0%
100 - 200	50%	22.0%	15%	50.0%
50 - 100	75%	40.0%	2%	91.0%
< 50	95%	65.0%	0%	98.0%

<b>Consciousness Calibrations Worldwide</b>	
<b>Level of Consciousness</b>	<b>Percentage of population</b>
<b>600 +</b>	<b>1 in millions</b>
<b>540 +</b>	<b>0.4%</b>
<b>500 +</b>	<b>4%</b>
<b>400 +</b>	<b>8%</b>
<b>200 +</b>	<b>22%</b>
<b>200 -</b>	<b>78%</b>
<b>World wide average</b>	<b>220</b>

Kindly go to [www.pascashealth.com](http://www.pascashealth.com) then the Library Download page, scroll down to Medical and click on to open:

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<b>WORLDWIDE relationship of MoC calibration with Life Experiences</b>							
<b>Life Expectancy, Development, Happiness, Education, Income</b>							
<b>MoC</b>	<b>No. of Countries+ Territories</b>	<b>Average MoC</b>	<b>Average Life Expectancy</b>	<b>Human Development Index</b>	<b>Happiness Index</b>	<b>Education Index</b>	<b>Per Capita Income 2021</b>
<b>400s</b>	<b>22</b>	<b>405</b>	<b>82.2</b>	<b>0.924</b>	<b>7.1</b>	<b>.890</b>	<b>US\$63,032</b>
<b>300s</b>	<b>71</b>	<b>343</b>	<b>77.2</b>	<b>0.794</b>	<b>6.1</b>	<b>.741</b>	<b>US\$30,154</b>
<b>200s</b>	<b>50</b>	<b>251</b>	<b>72.7</b>	<b>0.676</b>	<b>5.3</b>	<b>.610</b>	<b>US\$16,560</b>
<b>High 100s</b>	<b>38</b>	<b>174</b>	<b>70.5</b>	<b>0.659</b>	<b>5.0</b>	<b>.600</b>	<b>US\$12,516</b>
<b>Low 100s</b>	<b>21</b>	<b>119</b>	<b>67.1</b>	<b>0.587</b>	<b>4.6</b>	<b>.501</b>	<b>US\$7,081</b>
<b>Below 100</b>	<b>14</b>	<b>74</b>	<b>65.3</b>	<b>0.565</b>	<b>4.4</b>	<b>.501</b>	<b>US\$6,377</b>
<b>WORLD</b>	<b>216</b>	<b>220</b>	<b>73.3</b>				<b>US\$17,110</b>

This simple chart is the collation of many separate worldwide assessments of the levels of factors relating to life experiences and quality of life of the citizens of each country and territory worldwide.

The Map of Consciousness (MoC) was developed by Dr David R Hawkins and published in his book, Power vs Force was first published in 1995 after twenty years of investigation.

MoC 100 is the level of consciousness relating to the world's humanity living before the time of Jesus of Nazareth and Mary Magdalene 2,000 years ago.

MoC 190 is the level of consciousness prevailing since the life of Jesus and Mary until the late 1900s.

MoC 220 is the level of consciousness of humanity around 2020 as a change in Ages is unfolding.

The higher the level of consciousness, then the higher the level of truth prevailing and love.

**Note:**

The Map of Consciousness (MoC) table is based on the common log of 10. It is not a numeric table.

A calibration increase of 1 point is in fact a 10 fold increase in energy.

A calibration increase of 10 points is in fact a 10,000,000,000 fold increase in energy.

Thus the energy differentials are in fact enormous!

Let us look at the effects of level of consciousness:

MoC 100	income is around	US\$8,000	
MoC 200	income is around	US\$16,000	
MoC 300	income is around	US\$32,000	
MoC 400	income is around	US\$64,000	Note the doubling of incomes!



MoC 100	life expectancy	67 years	
MoC 200	life expectancy	72 years	
MoC 300	life expectancy	77 years	
MoC 400	life expectancy	82 years	Note 5 years increment with each 100 points!
MoC 100	happiness index	4.5	
MoC 200	happiness index	5.0	
MoC 300	happiness index	6.1	
MoC 400	happiness index	7.1	Note .0.5 added, then 1.1, then .1.0
MoC 100	education index	.500	
MoC 200	education index	.610	
MoC 300	education index	.740	
MoC 400	education index	.890	Note .110 added, then .130, then .150!

There are a number of additional worldwide surveys all leading towards the following understandings:

Open and free education is leading towards humanity progressing into the 400s MoC but not beyond 499 MoC.

While we focus upon living mind-centric then we cannot progress beyond MoC 499!

By aspiring to live feelings first having our mind follow in support of our feelings, and then embracing our Feeling Healing, also by longing for and receiving Divine Love, the Love of our Heavenly Mother and Father, then we are soul healing, our progression on the Map of Consciousness chart is infinite!

Those of us who heal ourselves of what we personally have taken on of the Rebellion and Default, we then have NO NEED to experience physical discomfort, pain, illness or disease. Thus we are addressing the underlying of all our physical ailments, all 10,000 variations identified by medical science to which they have no comprehension as to how a 'cure' may be achieved! Now you do know!

As we grow in truth and love, express our feelings both good and bad, and long to know the truth behind what our feelings are drawing our attention to, then we are Feeling Healing and growing in truth and love.

As you have seen from the above chart, as we heal and grow in truth and love our quality and standard of living and life grows, step by step.

How simple could life be? We do not need the burdens of wealth and assets. We are truth seekers and that is to be found through our feelings. Our own soul based feelings are always in truth, we are each fully self-contained. All is within. All we need do is to recognise that our feelings are to lead us in our growth and development of love.

**WE ARE Truth Seekers**

What is incredibly important to observe is that while we live mind-centric we do not progress beyond 499 on the Map of Consciousness. Our mind is a glass ceiling to our consciousness development and life experience. We remain retarded and subservient to hidden control, both in the visible and invisible.

<b>WORLDWIDE relationship of MoC calibration with Life Experiences</b>							
<b>MoC</b>	<b>No. of Countries+ Territories</b>	<b>Average MoC</b>	<b>Average Life Expectancy</b>	<b>Human Development Index</b>	<b>Happiness Index</b>	<b>Education Index</b>	<b>Per Capita Income 2021</b>
<b>500+</b>	<b>NONE</b>		<b>Living Mind-Centric imposes a ceiling of 499 MoC on humanity!</b>				
<b>400s</b>	<b>22</b>	<b>405</b>	<b>82.2</b>	<b>0.924</b>	<b>7.1</b>	<b>.890</b>	<b>US\$63,032</b>
<b>300s</b>	<b>71</b>	<b>343</b>	<b>77.2</b>	<b>0.794</b>	<b>6.1</b>	<b>.741</b>	<b>US\$30,154</b>
<b>200s</b>	<b>50</b>	<b>251</b>	<b>72.7</b>	<b>0.676</b>	<b>5.3</b>	<b>.610</b>	<b>US\$16,560</b>
<b>100s</b>	<b>59</b>	<b>147</b>	<b>68.8</b>	<b>0.623</b>	<b>4.8</b>	<b>.551</b>	<b>US\$9,799</b>
<b>Below 100</b>	<b>14</b>	<b>74</b>	<b>65.3</b>	<b>0.565</b>	<b>4.4</b>	<b>.501</b>	<b>US\$6,377</b>
<b>WORLD</b>	<b>216</b>	<b>220</b>	<b>73.3</b>				<b>US\$17,110</b>

<b>WORLDWIDE relationship of MoC calibration with Life Experiences</b>						
<b>Median Age of Population &amp; Urban Slum Population</b>						
<b>MoC</b>	<b>No. of Countries+ Territories</b>	<b>Average MoC</b>	<b>Average Life Expectancy</b>	<b>Median Age of Population 2021</b>	<b>Urban Population Living in Slums 2020</b>	<b>Per Capita Income 2021</b>
<b>400s</b>	<b>22</b>	<b>405</b>	<b>82.2</b>	<b>41.0</b>	<b>4.9%</b>	<b>US\$63,032</b>
<b>300s</b>	<b>71</b>	<b>343</b>	<b>77.2</b>	<b>34.7</b>	<b>17.4%</b>	<b>US\$30,154</b>
<b>200s</b>	<b>50</b>	<b>251</b>	<b>72.7</b>	<b>28.3</b>	<b>28.5%</b>	<b>US\$16,560</b>
<b>High 100s</b>	<b>38</b>	<b>174</b>	<b>70.5</b>	<b>25.7</b>	<b>33.8%</b>	<b>US\$12,516</b>
<b>Low 100s</b>	<b>21</b>	<b>119</b>	<b>67.1</b>	<b>22.3</b>	<b>43.7%</b>	<b>US\$7,081</b>
<b>Below 100</b>	<b>14</b>	<b>74</b>	<b>65.3</b>	<b>20.5</b>	<b>56.7%</b>	<b>US\$6,377</b>
<b>WORLD</b>	<b>216</b>	<b>220</b>	<b>73.3</b>	<b>30.7</b>	<b>&gt; one billion 24.2%</b>	<b>US\$17,110</b>

As average life expectancy grows, the median age of the population grows at a marginally faster rate, as does the growth in per capita income – at a higher rate. Education is the driver. The more open and freer the education system so is the higher the level of consciousness of the community and consequently all other social issues and ills are marginally and progressively mitigated. As of 2020; 56.2% of the global population now lives in cities.

There are many global surveys of numerous social observations and measures. Each of these, in their own way, reflect the Map of Consciousness scale. Conditions are better when the MoC is higher!

<b>WORLDWIDE relationship of MoC calibration with Life Experiences</b>							
<b>Pupil-Teacher ratio, Nurses Midwives per 1,000, Doctors per 1,000</b>							
<b>MoC</b>	<b>No. of Countries+ Territories</b>	<b>Average MoC</b>	<b>Average Life Expectancy</b>	<b>Pupil-Teacher ratio primary</b>	<b>Nurses Midwives per 1,000</b>	<b>Doctors per 1,000 people</b>	<b>Per Capita Income 2021</b>
<b>400s</b>	<b>22</b>	<b>405</b>	<b>82.2</b>	<b>13</b>	<b>11.3</b>	<b>3.9</b>	<b>US\$63,032</b>
<b>300s</b>	<b>71</b>	<b>343</b>	<b>77.2</b>	<b>18</b>	<b>5.6</b>	<b>2.7</b>	<b>US\$30,154</b>
<b>200s</b>	<b>50</b>	<b>251</b>	<b>72.7</b>	<b>23</b>	<b>3.7</b>	<b>1.4</b>	<b>US\$16,560</b>
<b>High 100s</b>	<b>38</b>	<b>174</b>	<b>70.5</b>	<b>28</b>	<b>3.1</b>	<b>1.5</b>	<b>US\$12,516</b>
<b>Low 100s</b>	<b>21</b>	<b>119</b>	<b>67.1</b>	<b>32</b>	<b>1.8</b>	<b>0.8</b>	<b>US\$7,081</b>
<b>Below 100</b>	<b>14</b>	<b>74</b>	<b>65.3</b>	<b>41</b>	<b>1.5</b>	<b>0.6</b>	<b>US\$6,377</b>
<b>WORLD</b>	<b>216</b>	<b>220</b>	<b>73.3</b>	<b>23</b>	<b>3.8</b>	<b>1.7</b>	<b>US\$17,110</b>

<b>WORLDWIDE relationship of MoC calibration with Life Experiences</b>							
<b>General Overview</b>							
<b>MoC</b>	<b>No. of Countries+ Territories</b>	<b>Average MoC</b>	<b>Average Life Expectancy</b>	<b>Medium Age of Population 2021</b>	<b>WORLD POPULATION 2021</b>	<b>% worldwide population</b>	<b>Per Capita Income 2021</b>
<b>400s</b>	<b>22</b>	<b>405</b>	<b>82.2</b>	<b>41.0</b>	<b>687,989,800</b>	<b>8.8%</b>	<b>US\$63,032</b>
<b>300s</b>	<b>71</b>	<b>343</b>	<b>77.2</b>	<b>34.7</b>	<b>4,064,565,401</b>	<b>51.8%</b>	<b>US\$30,154</b>
<b>200s</b>	<b>50</b>	<b>251</b>	<b>72.7</b>	<b>28.3</b>	<b>1,069,410,500</b>	<b>13.6%</b>	<b>US\$16,560</b>
<b>High 100s</b>	<b>38</b>	<b>174</b>	<b>70.5</b>	<b>25.7</b>	<b>744,280,000</b>	<b>9.4%</b>	<b>US\$12,516</b>
<b>Low 100s</b>	<b>21</b>	<b>119</b>	<b>67.1</b>	<b>22.3</b>	<b>750,726,000</b>	<b>9.6%</b>	<b>US\$7,081</b>
<b>Below 100</b>	<b>14</b>	<b>74</b>	<b>65.3</b>	<b>20.5</b>	<b>532,580,000</b>	<b>6.8%</b>	<b>US\$6,377</b>
<b>WORLD</b>	<b>216</b>	<b>220</b>	<b>73.3</b>	<b>30.7</b>	<b>7,849,551,701</b>	<b>100.0%</b>	<b>US\$17,110</b>

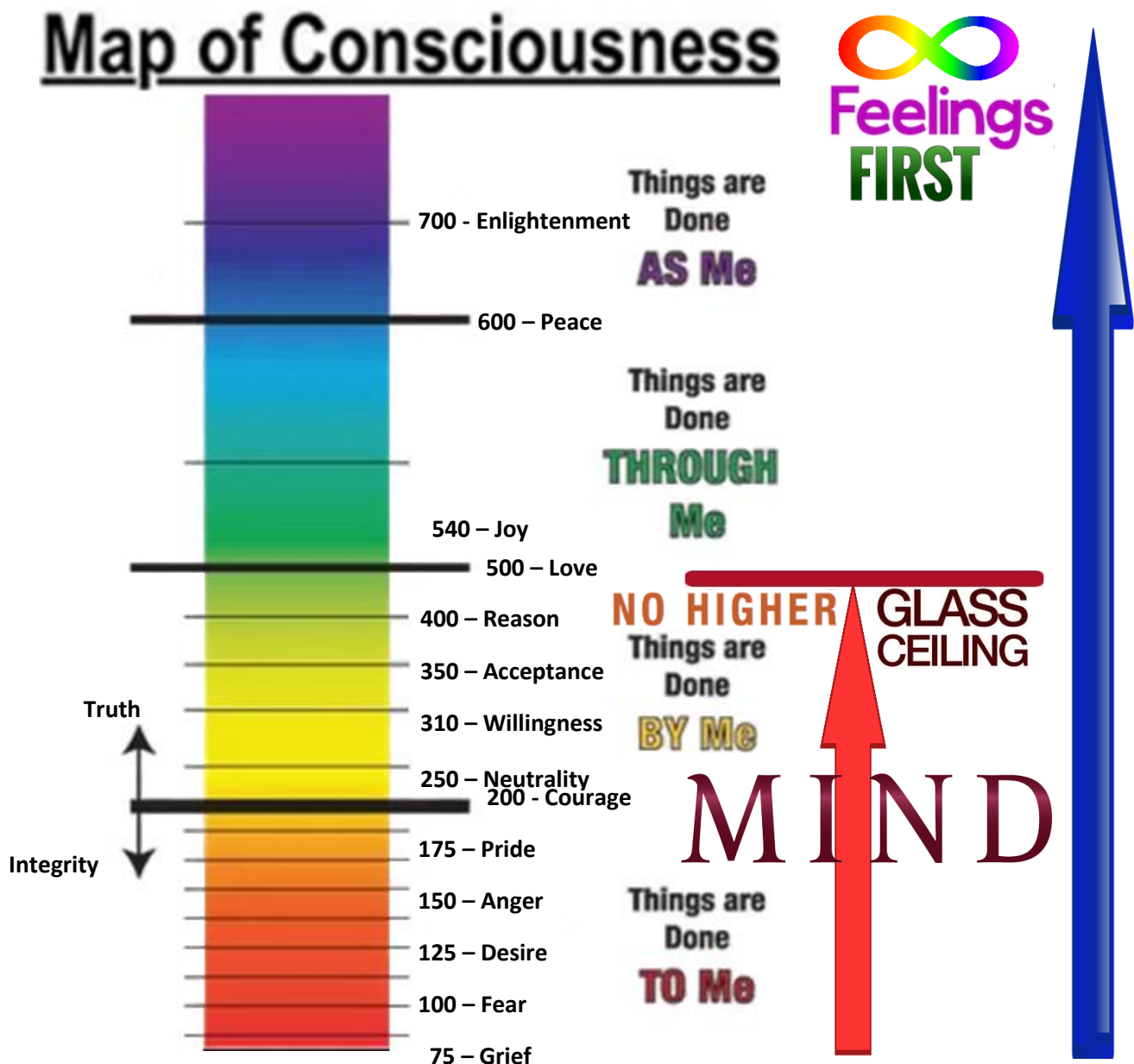
**Note:**

The Map of Consciousness (MoC) table is based on the common log of 10. It is not a numeric table.

A calibration increase of 1 point is in fact a 10 fold increase in energy.

A calibration increase of 10 points is in fact a 10,000,000,000 fold increase in energy.

Thus the energy differentials are in fact enormous!



This outline of the Map of Consciousness spells out the fact that while we live Mind-Centric and ignore and suppress our Feelings we cannot pass 499 MoC. Our mind being in control, as we have all been indoctrinated to live, is a glass ceiling. Humanity cannot heal anything, cannot be spontaneous, has no intuitiveness, and is locked into living in the deep hell states. This is why people find themselves in abusive homes, domestic violence, housing stress, homelessness and gross difficulties of all kinds. This is why we are easily manipulated, embrace propaganda and are being controlled by a few.

Women are closer to their feelings and that is why the nursing profession hosts a lot of women who calibrate a little over 500. These women are the healers in hospitals.

By aspiring to live Feelings First we are each breaking the glass ceiling and opening our potentials to grow in truth and love not only to 1,000 MoC, but to infinity. This is our destiny.

As communities embrace living Feelings First and having their minds to follow in supporting what their feelings are guiding them with, then ALL of the social ills of society will begin to mitigate. Please, do you comprehend the importance of what is being shared throughout this document?

# Mass Formation Psychosis

Lost and confused!



Feelings First with Mind to follow in support.



**The VOYAGE for KIDS with LIVING FEELINGS FIRST:**



**What Do Kids Feel Sad About?**



**Being Unloved and Rejected!**

**FEELING  
HEALING  
For Kids**

We, as parents, endeavour to impose upon our children the personality we desire, in the same manner as our parents did to us, thus perpetuating century old cycles. We substitute the personality that our Heavenly Mother and Father have vested our children with, thus suppressing our children's free will. Through Voyage for Kids with Feeling Healing we are able to bring about Living Feelings First. One can begin to live true to themselves and express their true personality. We are to long for the truth behind our feelings, both good and bad, and express our feelings to a friend, thus steadily shedding our childhood repression and suppression. In this way we will end the cycle of humanity retardation and become free to be whom we truly are.



**SUPERKIDS**

**Natural self Expression through Feelings**

Self Empowering  
Self Revealing  
Self Loving



I'm a  
free  
spirit.

# Root Cause

Highly esteemed Lanonandek spirits from within our local universe of Nebadon were assigned as System Sovereigns of our local system to oversee Earth's humanity and their spiritual development. 200,000 years ago they, the Lucifers, became infatuated with their authority and turned against the regents of Nebadon, Mary and Jesus, as well as rejecting God. Through their Planetary Princes, also Lanonandek spirits, they had taken the humanities of 37 worlds within their local system into their Rebellion.

Through living through our minds, suppressing our feelings, we on Earth will continue to be at war with each other, illnesses of all descriptions will continue from our feelings suppression, famine and inequalities prevail, control of others is the core of all systems, we cannot determine truth from falsehood and life on Earth is a living hell. We have been continually seduced by mind Mansion World spirits and we live life in a stupor – nothing more than zombies doing the begging of the evil ones, the rebellious Lanonandek spirits.

Through living through our minds, suppressing our soul based feelings, we have been progressively going further and further away from our Heavenly Parents, now to the point that we cannot go any further. Through working cracks in the Universal Contract governing the Rebellion and Default, this control has been ended formally as of 31 January 2018.

# Pathway Forward

To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

**God's Divine Love: Pray for it, ask for it, and receive it.**

**The Golden rule is: Never interfere with another's will.**

**Golden Rule: that one must always honour another's will as one honours one's own.**

**New Feelings Way: learning how to live true to ourselves by living true to our feelings.**

**We are to express our feelings, both good and bad, at all times, and to long for the truth of them.**

**By living true to ourselves true to our feelings, we are living true to God. It's that simple.**



# Light of Truth of PASCAS

Throughout the evolution of Pascas, Pascas has been gently guided and supported by its Council of Elders from within the Celestial Heavens. All documentation, all concepts, all who have interacted with the forming of Pascas WorldCare and the various arms, have been in response to the guidance from our Celestial Council of Elders – from within the 3<sup>rd</sup> Celestial Heaven. Throughout the coming millennium, our Celestial friends will be guiding and assisting Pascas WorldCare.

## COUNCIL of ELDERS

**Council of Elders now around 13 soul-groups from the 3<sup>rd</sup> Celestial Heaven**



Communications between the Celestial Council of Elders and those within the physical administration of Pascas WorldCare will be via those who embrace their Feeling Healing on Earth, as years go by.



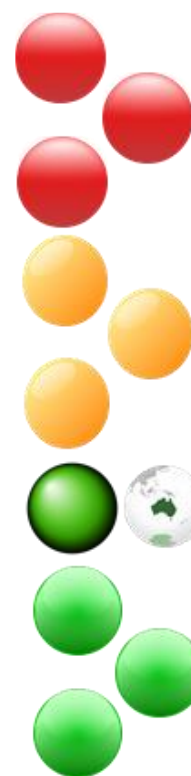
## Avonal PAIR Oversight



The administration of Pascas may be also supported in their interconnectivity with our Celestial guidance, through those within Pascas and its administration who are sensitive in their nature and are able to perceive guidance from our Celestial companions on this journey of delivering the Great U-Turn. It is through the nature of sensitivity that Celestial Spirits have interacted with Pascas during decades of formative years and the establishment of the foundations for Pascas for the next 1,000 years.

## LIGHT OF TRUTH

Pascas as an entity, due to the contributions from our Celestial friends, is functioning within the 7<sup>th</sup> Divine Love spirit Mansion World's level. Further, the Pascas Papers that are designated as references for Feeling Healing and Divine Love are within the level of Truth of the highest of the Celestial Heavens. Pascas will be supported in this manner for the coming millennium.



Celestial Heavens 8, 9, 10 also referred to as 1, 2, 3 being at-one with Mother and Father.

Divine Love spirit Mansion Worlds, healing / crying worlds 3, 5, 7.

We all transition to Natural Love spirit Mansion World 1, and typically go in the wrong direction to Natural Love spirit Mansion Worlds 2, 4, 6 and cannot go further!

Living Feelings First!

INTUITIVE

INSIGHTFULNESS

DYNAMIC

NATURAL INTELLIGENCE

SPONTANEOUS

VIBRANCY

foresightful

*Wisdom & Truth*

FREEDOM

EQUALITY

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**P**hilosophy of global changes

**A**ge of a new way

**S**oul healing

Put **C**hildren first

**A**wareness so that people can improve their lives

**S**pirit creating alternative solutions

**Team Ukraine**

**ONCE YOU KNOW -  
YOU CANNOT UNKNOW!**

Mary Magdalene