PASCAS WORLDCARE Against the Odds break through

23 June 2017 - 17 August 2017

Volume II



"Peace And Spirit Creating Alternative Solutions"

PASCAS WORLDCARE Ltd
Pascas Health Sanctuary & Pascas Care Centre
11 Crenshaw Court
Park Wood 4214 Queensland Australia www

Bs 61 7 5594 0479

Em: info@financefacilities.com www.pascasworldcare.com www.pascashealth.com



BRIDGING and THE CHANGE

Hello Nanna Beth?

Friday, 23 June 2017

I'm here James, permanently attuned to you now.

James: I was saying to John that you feel like you've taken over from Mary.

Beth: That's correct in many ways, although not in as a truth-revealer, there is no one like her and Jesus, but as part of what you need, yes, I have as you might say – 'stepped into her shoes'.

James: And because I'm to be more with humanity now, having spent so much time with Mary and Jesus?

Beth: Yes, you had to leave humanity in a sense, to go 'off shore' so as to go outside all humanity is bound up in, all the Rebellion and Default, so as to bring Mary and Jesus down into it, as you brought us – humanity – up into being with them. All that: being the bridge. And now that you've completed that work, you are, through myself mostly, so it's turning out, putting your focus on being with humanity and all its problems. As you've healed yourself of these problems within yourself, now you're able to assist in helping humanity in the ending of its evilness.

James: So we will be doing quite a bit of work together?

Beth: So it would seem.

James: Good, I like that idea of that. I love writing with you.

Beth: And I love being able to work with you too James, as we work to bring about what is needed to be done.

James: So if I can help in any way, please ask or just put me to work, I'm open to whatever.

Beth: Thank you, and we will, as we have been doing.

James: I still don't understand it all, either personally or in the bigger picture, but I feel it's getting closer now to resolution.

Beth: Yes. The more you work at healing yourself, the more it is all coming about, and you can see and feel the connections and how it's all progressing.

James: I am feeling very scared presently, so much fear, I feel like I am formed in fear and have lived in a vast river of it, and it's endless. I don't even know what I'm scared of anymore, and I don't know if I feel scared of something bad happening any moment or that it has happened, or that's it happened and is about to happen again. I just feel terrified, so nervous, quaking in my boots. I've chewed off my fingernails to the degree that I've not done for years, reminding me of how scared I felt back at school. I feel such a neurotic fear case, and yet here I am speaking with you about all of this stuff to do with

humanity and The Changes. Talk about extremes, yet as you say, the two go hand in hand. I thought I'd be feeling stronger this far into my Healing, which in other parts of myself I am, yet still I am also feeling truer to my yuk, so even weaker and truer to my ever-present fear.

Beth: Yes James: the worse you feel, the better you feel; and the better you feel, so the worse you feel. It is all so trying, I can relate to those feelings sure enough. And all you can do is keep expressing your fear, staying true to it, longing for its truth.

James: I'm trying to, but that too scares the shit out of me.

John asked me if you could please tell him how it was for you, how you came to understand that you were going to be involved with him like you are – when it all happened, and what happened to get you both to this point?

Beth: I died when John was young (he was about four and three quarters years old, being born 16 January 1947 (Elizabeth Mary McDonell was born 24 January 1890 and died on 5 October 1951, aged 61). I went into my Healing almost straight away upon arriving in spirit. It took me fifteen years to do

my Healing. I took time to do other things in spirit, learn things that I'd not done on Earth. I had a lot of gaps to fill in. I also had another close relationship with a man I met soon after my Healing began. We worked on ourselves helping each other as we were in the same introductory class. We were just friends to start with, and stayed that way for a number of years whilst we sorted out our various emotional issues, but then got closer as we progressed, to being a 'loving couple' by the time we got serious about our Healing.



Then our Healing ended our relationship as its falseness was exposed, and by that time I understood about soulmates and decided, that was it, I was to be with my soulmate or no one.

So I arrived in the Celestial spheres and there was introduced to my soulgroup which at that time was forming. Our group was taken and heavily trained for what was to come for humanity, that which we'd been told a little about, as in things were due to occur that marked the real end of the Rebellion and Default – the truth of how people on Earth could do their Healing was soon to be revealed.

It was all very exciting, feeling like we were very important, being asked to be involved in a very important part of history, and we were deliciously naive. We didn't have any real understanding of what was going to happen at all. We'd learnt things on the way up through the Mansion Worlds, but being so focused on our Healing, didn't really take too much of it too seriously as in thinking we might be involved.

This time, in the history of humanity, is the most exciting time ever experienced.

We understood about Mary and Jesus, the Divine Love of course, and how humanity has rejected them. We understood about Jesus and the apostles visiting James Padgett as the prelude to the revealing of the Healing. And we saw, but didn't have much to do with, these ancient spirits who we were in awe of. And were told that their work was all but done and most of them had moved on or were in the process of doing so, finishing off loose ends.

We certainly were raw recruits, and to think that so little time has passed since then. It's hard to think how far we've all come in such a short time, and as I said, it's been so exciting.

So once with my soulmate and soulgroup we began in earnest to prepare for the future, that which we

were told we were going to be part of. That all the lower Celestial soulgroups were. It's what it's all about now over here. The 'ancients', as we fondly called them, as I said, have all moved on, and so have all soulgroups older than about a hundred years. There are only a few from around the Padgett times (1914 - 1923), still helping advise in the changeover for some groups, but we don't have anything to do with them, and they too will be leaving any day now. For as I said the other day, it all has to be done with the newer spirits because we have the soul-light requirements, which means, we need the experience, so we're it!

I told you that twenty years ago (1997 or a little earlier) Mary and Jesus visited me whilst at my 'prayer rock', which was a complete surprise. And that is when as part of all they told me, they said that I'd be working with you (James Moncrief) and John in the capacity of which we are now.

It was from this time of their visiting us, for they then came – I went with them – to our quarters and spoke to our soulgroup and many others, and then with the Melchizedeks, ourselves and yet more soulgroups, that really it's all started.

And it was at that time we were told about Marion and yourself, what you'd done, what you were setting out to do, what you would do and how that was going to change everything. So we've only really understood about it all, although there was bits and pieces that became known before, but that time Mary and Jesus marked the official beginning of it all, which was about the time you and Marion were coming together, soon to start your Healing in earnest.

And it was also at this time, as I said, that Mary and Jesus talked about John. And after they'd gone I was further instructed by the Melchizedeks overseeing our group about what was going to happen with him, and how we should prepare and go about it all. We were given a vague vision to work with, and a rough plan as to the sort of time frame and what was to be expected, but none of the personal specific details about what he'd go through, or what you and Marion or anyone else would go through either. Part of the instruction was that we were going to evolve along with it all – that we all were, us up here and you down there, and we'd all be working closely with our feelings, which would in turn lead the way and help us at each point feel what we wanted to do. And that's how it's been up until now, and will be all the way along, which is what you and John are getting more familiar with in all you are doing.

And this will make John laugh, as he can so readily relate to it as he's talked with you about it James, and it still makes me laugh, that there I was, an uneducated rural girl from outback Australia who knew nothing of the world, nothing really about anything, was just a mother, and came to understand, was not a very loving one at that, had seemingly nothing to offer, had no skills, was very loving now of God having Healed myself, yet not exceptionally so, had understood about the Healing through first hand experience, but had not really studied the whole psychology or bigger picture of it, didn't even think I was that interested in it, and certainly there were many other spirits with far more of an understanding

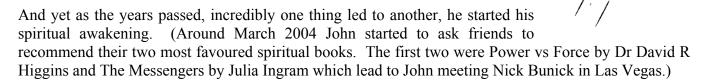
than I had, and yet I was being told that my grandson John, whom, as he told you James, didn't even believe in God, and really hadn't had a spiritual thought up until that time twenty years ago, was going to be working hand in hand with you; and not only that, but was going to easily be able to take it all on, fully grasping the whole enormity and significance of it, taking it all in his stride at seventy years old, and was going to become fully embroiled in a financial scheme that was going to fund the whole thing – the New Revelation. (It was around March 2004 that John began to read anything spiritual!)



And I look back at my earnest 'young' self of a mere twenty years ago, and I too accepted it all, no big deal, taking it all in my stride, even readily embracing the bigger picture like it was the most natural

thing in the world, had a personal interview with Mary and Jesus who treat me like I'm one of their 'daughters', and here we all are, and it's beginning to happen, and so I'm just like John, or he's just like me in so many ways, which is of course why we connect so easily in all of this. I can easily attune myself to him, I know how he'll take things and how to put things into his mind for him to take it the right way, it's as if he's an extension of myself; and he is open to it, just as I am too, and has no preconceived ideas, no ego about it, and doesn't even really care if nothing comes of any of it, just loves the involvement, which is how I am too.

So there we were looking down at John who of course back then had no idea that suddenly all eyes were focused on him. And I remember at one of our first soulgroup meetings we had about this when we were looking at him and saying: well, if he is going to do all this in his life, then a hell of a lot is going to have to happen to him in a relatively short time, and WOW, what a trip he is going to have! You may as well strap him to the side of rocket and light the fuse, and blast him off into space – eh John, because that's about how you feel, isn't it!



And then his angels gave him his **big psychic burning-hat-band** experience that was to elevate his acceptance to another level, which prepared his whole mind and spiritual system to receive all you and Marion had to offer. (The 'burning-hat-band' commenced on Tuesday, 3 July 2007, in Las Vegas and progressively the sizzling and crackling subsided over the following three or four months.)



He came to the Divine Love and the Padgett Messages (having been introduced to AJ Miller in June 2009), he started to see this was the way to help people through things his life had prepared him for, and then he moved to seeing the limitation of the Padgett Messages and the other contemporary channels working 'with the Divine Love', which was more about the limitations of those channels as people than the actual information, as he was just absorbing it all, not being too judgemental, keeping an open mind, seeing where it all led.

So then he was introduced to your work (November 2016 – a friend of a friend provided James' email address and John then asked James for his phone number and James subsequently took John's call) when the time was right, and away he has gone taking it all in and with your help moving closer to me and I to him, and so here we are now on the eve of him getting the money he wants from the SI (Solid Investment) payouts so he can move into the next phase of his life.

And we were instrumental in each step of his path. Unbeknownst to him, before it was my and my soulgroup's time to take over the reins with John, he had another Celestial group from the old guard working to help him through his life, helping him to learn what he needed to and evolve his wrongness as required, all the general stuff that those Celestial groups were allowed to do. Which wasn't that much, but still it was having a hand in the affairs of certain people and mind spirits lives, those who were going to progress to higher spiritual things that would involve all we're doing now.

And it was nice to take over the work from John's first soulgroup, we worked with them for two years

understanding what could and couldn't be done, whilst we started to link up with the other soulgroups, like Helen's once Crystal came into John's life (late 2006 but more so January / February 2007), and others like those who already are in his life, and many who are to come.

And once we were in the drivers seat, free to do as we pleased – no, it wasn't really like that, we can only do as we feel which is in perfect harmony with how you are John and what you need, you are not just at our mercy, god forbid, then we found that things started to go in different directions and we wanted to work differently with you. And that's still happening as the new light settles in as it keeps becoming available for us to work with, which is happening in response to Marion and James' Healing.

So what we now are allowed to do with you is far more compared to what we were originally schooled. For example, we were forbidden to give you direct thoughts back then, we had to sort of give you thoughts of a worse nature for you to reflect on in the hope that you'd not want to go that way, so pulling back and looking to do something else. But we can be far more direct and positive with you now, both because you've grown spiritually so much, and also because such restrictions no longer apply as the Rebellion and Default continue to lose power.

James: How much actual influence do you have in John's head and life, Nanna Beth?

Beth: It's hard to say, you can't measure it, and it varies. Some times quite a lot, we're in his mind and thoughts, and it's not just me but all of our group, we all play different roles with him, something like advisors, and at times we can give him a picture, stimulate something to think about, a slight shift of seeing something about someone that he might not have at first seen, all sorts of things, and more so with each week so it now seems. Things have certainly picked up in that area, because of you and Marion coming on and because of John now having a much broader and greater understanding of it all, of both the bigger picture but also of the more subtle nuances, both on the human practical side and the higher spiritual side of things, and we're able to help him a lot with these.

James: Can everyone expect this amount of influence from their overseeing Celestial soulgroup?

Beth: They can expect it, however it might not be necessary for them. John along with Samantha (in England) are on the higher end of help, in that we're constantly working with them, it's like a permanent relationship, even if they aren't directly aware of us. But they are not alone, in that we are constantly attuned to them, which has been allowed because of all the changes that are happening. Crystal (in Minneapolis USA) too enjoys a close relationship with her group, as do many other people, however not that many compared to the number of humanity. And as you understand, such intensity can only come once the person has chosen to fully embrace the Healing, as in understanding it and wanting to do it someday or actively doing it themselves. Nothing else gets such closer Celestial attention because everything else is anti the truth, so really is anti the Celestials spirits because we are true, we're now all part of the 'Living Truth'. So someone who is materially focused and bound up in their religion or just making money or surviving in their physical life won't come under our radar unless they will at some point in the future be given special help. And there are many mind spirits and people in this category, which have Celestials in attendance gently helping to prepare them for what's to come. But still very few, as of a percentage basis for humanity.

The main changes that are to come to humanity during the 'Crossing Over' will be affected by a very small number of people. And that's just how it is. And it's the same for everyone and everything, by which I mean, not everyone can be the expert in a particular field, there are always only few real experts, people's whose lives are the passion of what they are doing, and those who can't do anything else. And although a lot of people miss out on experiencing such a life on Earth, in time they will, as you only

have to look at myself for an example. Mrs ordinary no-body, and now look what I love doing; and yes, I even have to say, I'm something of a self-made expert in a field really of my own making, and one in which I certainly had no idea I was even interested in!



And the best part is, the more people become aware of the truth of the Healing, accepting it, thinking about it, and some living it by doing their Healing, the more we Celestials can move closer to you on Earth. And that is going to keep happening from now on, right until the last person and spirit have done their Healing. So the whole Celestial spirit / mortal connection is in its infancy, but is growing stronger every day.

James: And what about John feeling like he's even more in fantasy land by all that's happening, all yours and my ravings together?

Beth: It won't be long now before the first major step of earthing some of his fantasy starts to happen. It's just about time, very close now, and it has to start happening because things are moving along on all fronts. Look at how you and Marion are now changing, things are speeding up for you both in your Healing, and for Samantha, for John and Crystal, all we're doing together so far as just filling out the bigger picture for John, helping him and yourself, James, to feel more connected with it all, and that it's right, and all you are doing is the right thing to do. The wave is starting to build and you're all about to catch it, and then we'll all have some good work to do.

James: Yes, it's certainly nice talking with you Beth, your injection of 'it's all going to happen' certainly is welcome, and also helps to bring up more of my doubts and madness about it all being just a figment of my imagination.

Beth: And for John too, but that's what it's all for, my putting more light into your system, into your minds, stirring up yet more feelings, all to add the necessary pressure we know – thanks to your angels – that you need.

James: Well, thank you Beth, and on behalf of John and Sam, and I guess Crystal too, I know we're all very grateful for all your help.

Beth: It's our pleasure James. And we love being able to be so intimately involved with all you are all going through. And I am pleased how you now see me, which is really all of us Celestials, I am only the conduit to all of us over here who are involved with you.

James: I feel myself turning more to be with you all, I felt like I'd finished with humanity in a way, happy to never have anything to do with anyone ever again, even you spirits, but now that feeling has gone and I'm much happier feeling involved with you all, which I can see reflected in my happier

relationships with everyone at the Bush Bank (native plant nursery). And with John.

Beth: Yes James, you are not getting away from us that easily. And you might like to know, which I think you suspect already, we're going to be working together for quite a long time, so this is all just an introduction.

James: I had suspected it Beth. And it makes me feel good. I'm looking forward to it, which has also put our working together like this into a new perspective, so I don't mind writing more with you, even to pad it out and get more of a feel being with you in this way. And as I can now easily talk with you on my walks too...

Beth: Yes, that being part of your new focus. And that you want to keep your focus attuned to us too, it all being part of your growing up into your spiritual life.

James: As I said to John, the last couple of days I've felt like I'm four, five or six and just starting to peek out at life, which is helping to bring up more of my repressed fear. Anyway, that's all my personal stuff, which I'm feeling like keeping more to myself of late, I don't want to post as much of myself and Marion on the forum, wanting to get on with ourselves more.

Thank you again Nanna Beth, I'll go now.

I'll be speaking with you James soon enough, so until then, all my love to you John and yourself. Goodbye now. Nanna Beth.









Tick, tick, tick...

James contemplating the enormity of the revelations and guidance encapsulated in the writings he has conveyed for all of humanity, which the world is to progressively embrace.



LOCALISED POWER SUPPLY

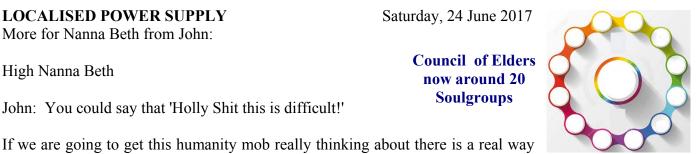
More for Nanna Beth from John:

High Nanna Beth

John: You could say that 'Holly Shit this is difficult!'

Saturday, 24 June 2017

Council of Elders now around 20 **Soulgroups**



Obviously I am not going to get traction from my personality, charisma, or what ever.

to get out of this never ending cycle of crud then we have to be a bit persuasive.

So there is much more behind the master plan than what has been even commented upon – there better

I can tell you that the McDonell stubbornness and tenacity will stand out and we will give it the what

So here goes.

Over the years, I have always considered that if a low cost, remote area, independent energy source is not made available, none of this is possible.

One third of the world's population is in dire straits of power supply.

We must enter with education facilities with communications to the globe and with an independent power source.

That power source is to be owned by the remote communities. They must have the control of it. It must be as free as all possible. They must have control of their destiny. I guess your mob has hammered that into me for a decade.

Is this on the table and is this possible, then how is this to be delivered?

Like, I feel that this is all about to launch and this is one of the keys.

It really is a dismantling of the control of the elite few who think they control the world through power, but the impoverished will show the way how electric power will be delivered.

I do not have the technical understanding, but I sure have been pointed to it by my lead up to this, and it looks that there are several ways to deliver low cost energy to schools in the most remote locations..

With the electric power will come education, and then with the power comes clean water, and then food.

This is the mantra I have had given to me for a decade or more.

How is this to be done?

I figure that 1,000 inventors did not waste their time talking to me.

And by the way, I feel that the days of me selling investment properties ended when Mary and Jesus visited you at your Prayer Rock – that is cool.

Let us get the show on the road.

Cheers for now and God bless, John

Nanna Beth: What you are asking John I can't as yet tell you. Other things have to happen first; other things will happen and through them your way will become clearer. It is enough for now for you to gather your resources and sit tight, that which I know you don't want to hear, but just keep attending to the business at hand as you are doing. You have thoughts and feelings about this and that, go with them, then they move to something else, go with that, then someone contacts you or you make contact, go with that, that is all that's needed for the time being.

We can't as yet disclose the real thrust of your attentions because other things have to happen between you and James. As you now understand, it's all really in sync with Marion and James' Healing, and so from that will come what you are looking for. However it's not that you are just dependent on them to tell you what to do, as it's not like that either, it's just the two sides are very related, yours and theirs are working in tandem, both inching your ways forward together.

So it's more between you and them and them and you, even if not so much directly as in needing to formulate anything exactly, neither to make plans as such, but just to keep working together as you are. And it's not that it's for us to tell you what to do either, for we're not going to as it all has to evolve out of yourselves. However we can work with you in it all as we're doing, just like this. You ask me and I will give you something, but not necessarily what you might be wanting, yet still it is all helping.

As James will tell you, which I'll take the liberty of putting into my words, he was, as you know, focused on Mary and Jesus, now he's moved to being focused on us mortal spirits – the Celestials, and namely through myself. Next he is to move to be focused on humanity on Earth, so more on being with you and Samantha and all he and Marion will want to do. So it's coming out of the ether – spirit – and being earthed.

So we're actually waiting for that, moving with it in tandem, adding our part to help you all along. And the SI (Solid Investment) funds will come into play as required by it too, as will everyone who is to be involved. But still there needs to be time for Marion and James to complete their Healing. Marion has all but completed hers but there are now still things for her to do in her more perfect and true state helping James come to terms with his problems. It's not about them both ending it together and then getting on with other things, it's about dealing with all the intricacies involved between two people who have been living untrue in their different ways and are setting out to become true by helping each other.

Anyway, you won't have to wait long before other things start to come to you, and some of those things will carry within them the kernel of what is going to happen. However I can't say more about any of that just yet. I am sorry for not being able to be more straightforward with you, saying go there and organise this, connect with this person and get them ready, as it's not going to happen that way.

And currently it's most important for you to keep doing what you are doing, feeling how it's all come to this point for you, how it's all come together, all you've been through, yet not worrying what part will be used where, none of that matters, it is all being used right now because you are the person who's

resulted from those experiences, and had you not had them, you'd not be who you are now, and that's all that matters.

I know the temptation is to want to work it all out with your mind, but that's not going to happen either, yet it will all make sense as it starts to unfold with your mind having more than enough to occupy itself with.

James: Do you mind if I cut in Nanna Beth?

Nanna Beth: Not at all James.

James: An idea has come back to me which I had years ago, but it's now more pertinent and I can see it more clearly and I've been writing a bit about it, some ideas, which I thought I'd tell John and now seems an appropriate time in light of what you've been saying.

Religion of Feelings

Simply John, I'd like to create a new religion, and it goes like this, the religion is called LOVE:

LOVE the Religion of Feelings.

I had wanted to keep Divine Love Spirituality, but now I'm preferring to go down this road, more in keeping with the Feeling Healing side of things. With it all being kept focused on:

Accept all your feelings; express all you feel; long for the truth of your feelings. Live true to your feelings; live true to yourself. Love yourself by no longer denying any of your feelings.

So that's the main thrust, promoting the idea that: to truly love yourself begins with accepting all of your feelings. Denying feelings is unloving.

And you can ONLY find God, as in have a personal intimate relationship with God, through your feelings. Finding God through your feelings; and not with your mind.

So it begins with Natural love, and later people can come to understand about the Divine Love and doing their Soul Healing.

And that could possibly be the main thrust of the spiritual / life side of it. It's now what I feel the most happiest about. I had thought just pushing and leading with the Divine Love is the way to go, but seeing how few people have taken up the Padgett Messages shows me that perhaps that can come later, and first just stick with feelings for at least everyone can deal with them.

And so to wrestle people away from the notion of being loving using one's mind, which is false, to become truly loving through one's feelings, which means first embracing one's unlovingness, not trying to jump over all the bad parts but instead to accept them.

And I find it very appealing to have the Religion of Feelings called LOVE, something as nebulous as love, and something that really is saying all the other religions are not about love because they are not called Love. A religion about Christ is about Christ, not love, and so on.

Thank you Nanna Beth, please continue:

Nanna Beth: Let what James has said sit with you John and see how you feel about that, looking to specifically call it a new religion, the Religion of Feelings, something more abstract and yet practical that people can immediately relate to and identify with.

James: John, these things do come to me from time to time and I work with them and then shelve them as I move onto other things, so it will be interesting to see if this happens this time, but for now I feel good about it, so yes, how do you feel basing everything around this central theme?

Nanna Beth: I want to add John, that you should hear more positively about SI this week, and it too will help you gather your thoughts about what you have asked me above. I will go now leave you with what I and James have said – speak to you soon, Love Nanna Beth.

James later:

I've come back from my walk, fucking angry and wanting to rip everything apart, tear down all the greed, smash all the controlling systems to bits.

I asked Marion what she thought about my Religion of Feeling idea and she said I'd have to organise it all, provide a whole structure, a place where people can come and all the rest of what a normal religion is, but I don't want to do that, not yet anyway. So then she says it's just another of my fantasies, and she might be right about that.

Anyway on my walk I LOVED the idea of it, and it makes perfect sense to me, so I want to at least begin by telling you how it came about and a little of what I have in mind.

The other day, again on my walk, the thought struck me, which I can't remember how or why, that I wanted to start the Religion of Feelings. And then mulling that over, I asked: but what could be it's name? And then LOVE came into my mind, very clearly. And mulling that over, that appealed to me greatly, the fact that it's not a tangible readily definable religion, like the Religion of Divine Love or something like that; and Love is all about feelings, and feelings are all what we are to live religiously, and because we don't we're all fucked.

Then my thoughts moved along to thinking that it might be appealing especially to young people, people who are already trying to be feeling expressive and want to have their feelings taken seriously, and to come in competition and to show up the bullshit side of self-empowerment using positive thinking which is so heavily denying bad feelings. And to show, going the other way and accepting all your feelings, is true empowerment. And to work it along those lines, all to do with the feelings, keeping the higher Divine Love truths out of it to begin with, they can be in the background if people want to take it further.

And then it greatly appeals to me at the moment that it can all be on the internet, it doesn't need bricks and mortar places of prayer and worship; there can be Facebook pages, websites, blogs, forums, people twittering about what feeling they are feeling, all the usual stuff with people connecting through such

things. And I thought of a logo like a nice full heart that's Magenta coloured, which can be the emblem, like walking in under it into your medical centres, and people could LOVE wear badges showing they are a member of LOVE – the Religion of Feelings, that they live trying to accept and not deny their feelings, and using them to help them uncover the truth of themselves.

And naturally people would want to get together, and so why not, sharing their feelings, helping each other, talking about it all, helping to work through blocks, listening, and so on; and if it got to that, then possibly having real places people could go to pray for the Divine Love, to receive counselling, learn about Feeling and Soul Healing, share, be involved in community things, and all the rest. Paradise House was what I used to dream about with all of that, but that can come later if people want that sort of thing.

So to begin with, just to float the idea about LOVE – the Religion of Feelings, and see what you think.

I intend to write more about it, as in working out possible tenets, I've written the outline of a small booklet, and one pagers, and things like that which can be added to your Pascas Papers or given out separately. So if you're interested, I'll forward all that later on when I'm happier with it.

When I was writing that earlier with Nanna Beth, I could feel her nudging me to tell you about it, as I wasn't going to so soon, I thought I'd at least work it through and give it some more thought. So there it is.

And Marion also said, calling a religion LOVE??? And I love the double meaning in the words. LOVE is the only religion we should all be living if we need to have a religion and call it something. And then one can love the Religion of Feelings when one is involved in it. I love it, as much as a pain in the arse is doing my Healing. But the further I go the more I love feelings and in particular my own feelings, having hated most of them. And if someone were to now ask me what religion do I belong to, I could easily say the Religion of Feelings. I live LOVE; I belong to LOVE; LOVE is my religion, and It's all based around my feelings.

And I love how calling it LOVE is really sticking it up all the other religions that aren't called LOVE because they are not about true love.

Religion of Feelings

This was a reply from Sam re: Religion of Feelings – I sent her what I sent you.

26 June 2017

(And by the way, I have to go out first thing tomorrow, in case you want to call. And I'll talk about the possible logo when next we speak.)

Sam: I want to think on your idea longer James. I feel very excited about it and also have feelings of being unsure and I think that is just because of the word 'Religion' but I understand that DLS (Divine Love Spirituality) is going to need to be put into order and that, I feel, is what is needed if people are going to come to it, they will expect a well planned out order, somewhere to come to, be it on the internet or a physical place. I would love that, a hub, a centre, a Creed, a place to learn, read, pray, FEEL, to learn about the truth of LOVE – THE RELIGION OF FEELINGS. People will need guidance and help to even begin to learn how to FEEL, that is a question I have had by people, How do I 'FEEL', how do I do it? even though we are feeling every second of our lives people don't know how to do it with awareness, the process of feeling and where to begin and discovering that there are so many layers to our feeling experience and each feeling has its own journey to take us to its core of truth. The more I am writing, the more I am very excited about your idea James. I will ponder on it more today but yes, I feel LOVE - THE RELIGION OF FEELINGS needs to be established into the new and true 'REAL'-IGION. Although I don't like the word 'Religion' it is the one that people know and will give it the attention to be recognised instead of being lost to just another idea or group or organisation without the strength of the word behind it. But then there are others that will be wary because of that word, until they soften and feel they want to find out more for themselves. I feel your collaboration with John will be the perfect foundation to set this up James, if John likes it, I will be interested to know how he feels.

I was looking at a poll earlier this morning and there are 19 major religions in the world with 270 other religions that people believe in and there are 63% of religious people in the world, 22% not religious and 11% Atheists and on an average Women are more religious than Men and in Australia more than any where else, Jedism is growing and now is a religion, Jedi, The Church of Jedi based on the idea from Star Wars.

I will get back to you James with my further thoughts and feelings about this, but yes, I like it.

And this is more from you know who...

FEELING HEALING SANCTUARY

Hi John and Sam, more from Nanna Beth to help give me further thoughts about the Religion of Feelings.

James: Nanna Beth, could you please tell me how it is in the Divine Love healing Mansion Worlds so far as the **structure** goes, as in, do spirits have common prayer rooms, places of worship, places to receive counselling individual and group, places of learning about the Healing and everything else? I've thinking about basing the Religion of Feelings on the structure in the Mansion Worlds, as no doubt it would be the truth and what's best for everyone doing their Healing.

Nanna Beth: First as you understand, it has to be worked out on the Earth what people want, and there will of course be similarities with how it is for us spirits; however, yes, I will tell you how it is for us.

On the first Mansion World there are relatively small localised sectors devoted to introducing people to the notion of their Healing and the Divine Love. Spirits come to these centres to learn about it having been told enough that they find appealing and wish to look into it further.

As an example of such a place, there might be a room, there might be a beautiful garden setting, along a river, outside or inside, or a bit of both, but nothing bigger than what could hold about twenty to thirty people.

There is then a main spokes spirit, mostly the women Celestials do this with their partners there too but more for afterward support. The Celestial will introduce the Healing and the Divine Love speaking for no more than about thirty minutes, half of that about the theory, the other half about the spirits own personal healing experiences. Then there is a question time, which is used to ascertain what more theory or personal experience might need to be shared. Then it's an open time, where everyone mixes, as there are usually other higher spirits, some doing their Healing, other Celestials possibly, family and friends of the new spirits who have come to listen, all with no pressure being put on the inquiring spirits, just open and honest.

And the new spirits are free to come to as many of these introductory talks as they want, some coming at the end of the formal part if they've already heard it or something similar, wanting to share more, ask questions, listen to spirits Healing examples, gaining an understanding of what's involved – how long it might take, as that's usually a question many want to know, and what is the difference between how they have been living in the mind worlds and living doing their Healing.

Up until now, spirits have had only the two choices: the mind worlds or the Divine Love healing Mansion Worlds. Some spirits have opted for just longing for the Divine Love for quite a time before they begin their Healing in earnest, and many have wanted to begin their Healing without the Divine Love, but that has not been allowed. You had to begin with the Divine Love and then do your Healing. But that is all changing too, so spirits will soon be able to do their Healing, their Feeling Healing, without the Divine Love. And it looks like separate introductory sectors within the mind worlds will be set up for these spirits, with them free to come into the Divine Love worlds at any time. So if they attained fourth world in their Feeling Healing, then wanted to embrace the Divine Love, they'd move into the third Mansion World, the first proper Divine Love healing Mansion World. If they attained sixth world Feeling Healing perfection, then embraced the Divine Love, they'd move back to the fifth Mansion World.

So the introductory phases are kept simple, light on the truth, heavy on personal experiences being talked about so the new spirits can gain an understanding from spirits who are doing their Healing or who have done it, both to show it can be done, that it is a real thing needing to be done, and that everyone's healing will be specific for themselves, so different, although broad generalisations are followed.

Should a spirit decide to start longing for the Divine Love, then there are regular prayer temples, houses, cafes and open air retreats, all sorts of different places for spirits to gather, and catering for different numbers, from small groups up to ten, to massive groups of tens of thousands at certain 'main event' times. Should Mary and Jesus have need to be with us in some capacity, they are usually more than happy to attend one of these main event large meetings – you wrote about one such event in one of your novels James.

And it's the same for people wishing to do their Healing, although these are mostly smaller places, rooms, which can be public or at spirits' homes, where spirits further discuss the Healing and tentatively explore expressing their feelings. Some spirits love the group experience and it's very necessary for them to break through their controlling beliefs, other people shy away from these preferring more intimate one-on-one and so they too are accommodated. Some spirits enjoy the group situation right the

way through their Healing, others happy to do it themselves, calling upon help from their specific Celestial helper, friend/s or family if they are still talking with such family members.

Once the spirits feels happy with its longing for the Love and has officially begun its Healing, as there is an official beginning over here, then it moves to live in the third Mansion World, even if it has not as yet worked its way through the equivalent of the second world. But in the third world they cover all they'd have done in the second world. And when the spirit has completed or attained the levels of truth of the third world, it moves to the fifth, there to work back through the fourth as they continue with their Healing, and the same when the move to the seventh, having to work though the sixth as well.

In the third Mansion World, the first real Healing Mansion World, in that it's completely devoted to, and so for, only spirits who are longing for the Divine Love and doing their Healing – their Soul Healing, things are different in that the spirits live in small modular enclaves designed to house no more than about a thousand spirits, that being the basis of their lives. So no big cities, all more intimate and setting the scene for higher spirit life. The mind worlds still have cities, some vast and very elaborate, all the way up the second, fourth and sixth worlds, whereas in the Divine Love healing Mansion Worlds no such things exist. On Jerusem, the first Celestial sphere, as with all the Celestial spheres, again we have the most beautiful crystal cities, and some very large, but these are all for universal administration, cultural and learning, with all the spirits live still in modular numbers about them if they need to be close to such a city.

Having said the Healing Mansion Worlds don't have cities, each world does in fact have one, an administration and cultural centre, but spirits don't live in it, but it does act as the world's capital.

The whole point of having small modular 'towns' is to help break down the Earth based structure spirits are used to

The modular living environments are not so much towns either, but are places consisting of all shapes and sizes of dwellings that house about a thousand spirits. You might have all the spirits living in one high rise situation, you might have them distributed through a jungle, strung out along an ocean beach, high in the mountains in caves, deep underground or under or floating on lakes and seas, whatever takes the fancy of the designers of such places, and many of them are evolving, ending and others beginning. Spirits decide what might best suit them and are drawn to such places, and then accommodation is found for them. Often nationalities and cultures are still part of spirits lives to begin with, and so they want to be with other spirits and ways of life they are familiar with, with more integration and mixing occurring in the higher Healing worlds, then fully mixed and integrated by the time we attain the Celestial spheres.

Then within these small modular living settings are a main centre of worship (there are also many lesser ones) – a public place, in which prayer and counselling, private and group, can occur, and further education is available to do with the Truth, the Healing and the Divine Love. There is then also other areas of interest being set up by whatever spirits want to do, some individually, others banding together, others linking up with other modular enclaves, so spirits do whatever they want so as to help give them the necessary experiences to bring up all the bad feelings they need to feel. And mostly they do these things to make them feel good, or hope they do, and it's the interaction with other spirits that stirs up their repressed feelings. And then many spirits go off into the mind worlds, to gain experience doing things there, so to help other spirits, all sorts of things – whatever you can think of, and up until now, even to help try and connect with people on Earth in all the controlling ways they desired. But with those controlling ways now stopped from influencing Earth, they are having to look for other controlling things to do, which is more about turning on each other with all sorts of mind created spiritual and

religious ways and systems all vying for power and having as many mind spirits involved in them as they can. And some of the Healing Divine Love spirits also still need to be involved in such things, so go off doing what they will, coming back and working through the bad feelings that come up, all the usual life things.

And it's the same living set up in the fifth and seventh worlds, only as spirits push deeper into their Healing, there are less group counselling situations and more private ones, with an increasing number of Celestials being involved.

And spirits of course have intimate relationships all the way along, so there is a mixing and moving of spirits as they want to live together and work helping each other, then with some splitting apart as they reach the conclusion of their time together, moving on, and all what you can imagine happening.

So the focus of living is in relatively small groups, with some of these groups of about a thousand spirits remaining quite stable, all the spirits loving being together, others are always in flux. All are accommodated for whatever are their needs, but all are encouraged to live in these communities particularly in the beginning on the third world, although if a spirit wants to completely live alone, that's okay too.

And within these modular living settings spirits might live in a communal situation, the whole one thousand people living under the one roof, or broken up into smaller communes, right down to how you are living in small houses with only a single, couple or small group of spirits. And some spirits are constantly changing how they live, others are very stable. It's all to suit the different personality needs, all of which are highly irregular because we've all been so heavily damaged.

Within these counselling centres are books and visual aids, there is no television network purely for entertainment, all entertainment is produced by spirits themselves in real time, however there are things like ipads and ipods with varying sized screens connecting spirits within the modular settings, linking with enclaves, and channels to the higher worlds and the first Celestial sphere so they can keep in touch with and be introduced to some of the higher goings on.

Do you have any other questions James?

James: No, you've thoroughly covered it for what I was wanting to know. I'll send this to John and Samantha and see if they have any questions or would like you to say more about any of it, it all being so we can get something of an idea of what might be good to set up here. However what you've said is I think about what we might think anyway, as there's not really much else one can do unless one wants to create some sort of big mind controlling structure of a religion, which of course I want to stay well clear of. I do like the focus on the personal, more intimate right from the beginning, and not too much theory and lots of first hand experience, which is highly lacking currently on Earth, but possibly in time it will be available if people want to do their Healing.

Thank you again Beth.

Nanna Beth: It's my pleasure James, I'm glad I can help. I'll speak with you soon – Love Nanna Beth.

Later:

James: I did have a thought, I guess when Mary and Jesus come, and as not all the spirits can personally attend such a meeting as you mentioned, other facilities are set up so the spirits can 'tune in' and watch?

Nanna Beth: Oh yes, the whole world and all the other Mansion Worlds, and we in the Celestial Heaven spheres, all tune in. Very large screens and sound systems are arranged for larger groups of spirits to gather, or if others prefer to remain in small groups or even privately – individually, that too can be arranged. And yes, mostly everyone wants to see them, be involved however they can be, so it's a major event, really big, the biggest, for the whole of Nebadon wants to always know what they are doing and can't get enough of them. It's all so very exciting, so much tension in the lead up to one of these 'main events', it's all so wonderful, and we being of Earth are so lucky, you on Earth have no idea how lucky you really are, having had Mary and Jesus here and for them having to come back here to the Mansion Worlds or lower Celestial spheres so often, we are all very fortunate indeed. And although unfortunately not all spirits can personally attend the main arena, it's all organised so that over time, all the way to Satania, every spirit and angel will get their chance to see and be in their presence in such a way. They can't be with everyone personally, there are simply too many of us from all the different worlds, but the 'main events' get bigger and bigger as you move up through Nebadon, so eventually everyone gets to see them and to know for themselves that the spiritual mother and father of us all in Nebadon do really exist. So no one misses out.

James: And so Nanna Beth, to have them come to you personally to tell you about all that was going to happen, that must have nearly blown your mind?



Nanna Beth: It nearly blew my heart, the light was so intense, I was in a state of half-shock for about a year. But you know, you get on and recover, and yes, it was such a lovely surprise their coming to me to ask me personally to help do the work I'm now doing with you all – wonderful, beyond words, an experience to cherish forevermore.





Immortality with the Love.

FEELING HEALING – LIVING FEELINGS FIRST:

Enabling passive awareness and introduction of Feeling Healing are features of the many variations of Pascas Café, Pascas Care Centres, Chaldi College, Pascas Health Sanctuaries, and Pascas Parks, such as:

- Pascas Café, being the reception for a Pascas Care Centre, includes a Philosopher's Stone a podium for regular introductions to enable awareness of many aspects of living with Love, with a focus upon addressing Childhood Repression and the process of Feeling Healing.
- Chaldi College is a more expansive and comprehensive learning facility to embrace Feeling Healing with or without Divine Love.
- Pascas Care Centre, being medical services, enables awareness of the direct relationship of childhood repressed emotional injuries with physical health issues to be understood and how to release the core emotional stress, and the need to delve deeper than ever before considered.
- Pascas Multimedia enables the dissemination of electronic data on a global basis to all venues and connections that will come about through Pascas WorldCare.
- Pascas Care Centres, of all proportions, will provide features for communicating and longing for our Mother and Father's Divine Love, as well as communicating with each other.
- Within major facilities, there will be rooms that will essentially be in the proportions of temples.
- Pascas Parks are to be major edu-tainment centres, basically a public theme park.

Pascas, itself, does not hold to any dogmas, rites, cults, doctrines, organisation, practice, book, uniform or anything outside of oneself. Pascas embraces the Truth. Religion is the mortal's or the spirit's own relationship to God / our Heavenly Parents through intermediaries. Feeling Healing, therefore, is a relationship soul to Soul, personal and very individual in its character for each person. Pascas is about bringing awareness to a way of life that enables humanity, from all of its many and varied walks of life, to evolve and grow in consciousness.

As additional new truths, new skills, and new technologies emerge, Pascas will continuously evolve and challenge accepted norms. Pascas welcomes your desires and passions as integral to this evolution. This reverse approach applies to all aspects of Pascas.

You cannot join Pascas, for all are embraced. It has no book, no hat, cap, facial appearance, frock or footwear dictates. You are simply encouraged to look within and find your own desire and truth, the truth of your feelings, of all of your feelings, both good and bad.

This is about evolving within one's freedom to embrace our Heavenly Parents Love and grow beyond the limitations of natural love that we all have been endowed with.

```
Possible relationship of Map of Consciousness (MoC) with Mansion World spheres:
8<sup>th</sup> Sphere
                      1,081 – 1,251+Achievement of at-onement on reaching 1,081
7<sup>th</sup> Sphere
                        921 – 1,080 Divine Love only, transmission to at-onement and
                                      Celestial Heaven spheres
6<sup>th</sup> Sphere
                        841 – 1,000 Natural love mind Mansion World
5<sup>th</sup> Sphere
                        781 – 920 Divine Love Mansion World
4<sup>th</sup> Sphere
                        651 – 840 Natural love mind Mansion World
3<sup>rd</sup> Sphere
                        500 –
                               780 Divine Love healing Mansion World
2<sup>nd</sup> Sphere
                        500 - 650 Natural love mind Mansion World
1<sup>st</sup> Sphere
                               499 Natural love mind Mansion World predominantly
                          1 –
World 1 embraces the regions of disharmony as well as introduction to Divine Love. All
humanity awaken in spirit in the first Mansion World. Then they move, if required,
upwards to higher mind levels or lower into the hell planes or over into the Divine Love
healing worlds. Humanity, overall, calibrates around 212 on the Map of Consciousness.
```

Pascas Care Centre



PASCAS CARE CENTRE – THREE UNITS IN ONE:







Average number of employees per clinic including medicos: 25

day care treatment facility: 20

nutrition café and community services: 15

Total: $\overline{60}$



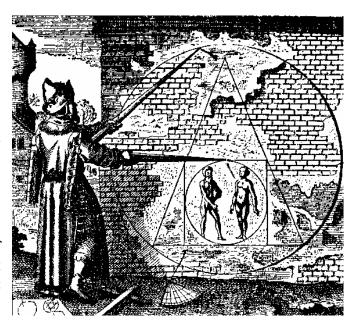
The Philosophers Stone - Podium!

A podium for knowledge and awareness.

Mid morning and mid afternoon are times for the Philosophers Stone' Podium to be utilised at the Pascas Café.

Patrons at the Pascas Café will be invited to participate in the preparation of raw food dishes. They will be given the opportunity to assemble a specific dish or drink according to request. Patrons will submit their preferences and progressively they will be given the opportunity to be trained in how to prepare the same dish or drink in their own homes.

Training programs will enable clients / patients of Pascas Clinic to evolve their specific diets to benefit from the high energy super food recipes offered at Pascas Café – Fresh is Best!





Demonstration classes will be participatory. Patrons and patients will be encouraged to become involved in the preparation and understanding of what is required to prepare raw food with the appropriate procedures for making the dishes and drinks.

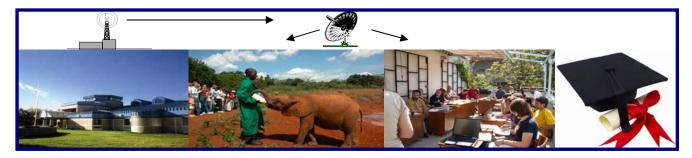
Of particular focus is the high energy **Green Juice** drink.

Meals prepared will then be calibrated for their energy level. Blessing of meals will be followed by a further calibration to demonstrate the contribution of prayer (energy medicine).

CHALDI COLLEGE (WW) Limited

CHALDI COLLEGE

Education is the paramount foundation of a Pascas Care Centre. Within impoverished and suppressed communities, an un-educated girl will have many children. If a girl spends only 2 years at school, she is likely to have more than 7 children. If she spends 6 years at school, she is likely to have around 4 children. If she spends 12 years at school then typically she will have only 2 children. World poverty is best averted by the tool of education in the first instance.



- Chaldi College, as a segment of a Pascas Care Centre, will provide innovative educational initiatives. These are short course programs and are focused both on the adult as well as the child. Firstly are health education programs.
- The educational platforms will incorporate the capabilities of Steiner Schools as well as Shchetinin Schools. In a small city in southern Russia there is a remarkable Lyceum school established by Dr Shchetinin. Its students come from more than 40 different nationalities. New approaches to moral and intellectual education allow students to cover the full school curriculum in the space of a few years (3 years), and to earn one or more academic degrees by the time they are 15-17.
- Through Chaldi College, there will be introduced into regions, new technologies with appropriate training to enable their deployment and the establishment of new industries within the proximity of the Pascas Care Centre. We have had many innovators bring to us their inventions.

Training & Education



PASCAS MULTIMEDIA

HEALTHY BUILDINGS for HEALING PEOPLE









BUILDING DESIGN - Celestial Room

Being a spiritual retreat that will be unique in its spiritual offerings, the visual impact of its design will be dramatic and awe inspiring to many. The likes of which have not been seen before.

The buildings will encompass a Grecian temple with fluted columns leading to a main temple building of similar design.



Smaller temples can be located around the retreat for meditations and other meetings.

The main building will include reception / booking area and retail area of new age products and Temple promotional stock.

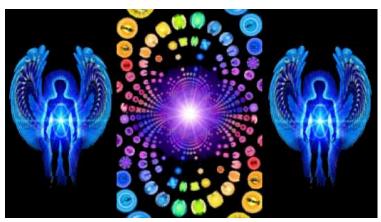
The main central atrium will feature a waterfall with a film of glass cascading into a pond containing large amethyst and rose quartz geodes.

Outlined behind the waterfall is an angel as tall as the waterfall (approx. 40 feet - 12 metres) with two alabaster white hands exposed through the water.



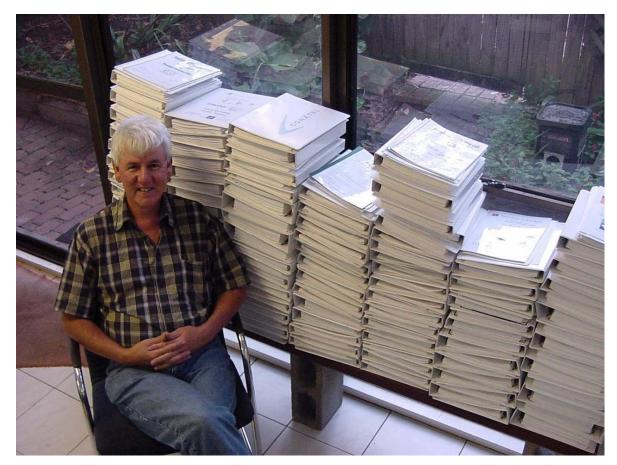
Parks for Humanity

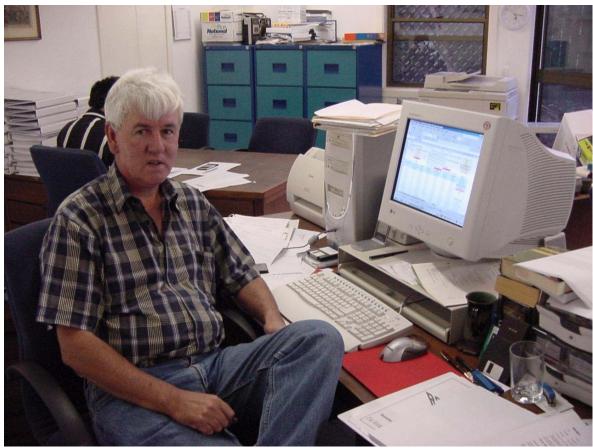




BUSINESS PLANS – 26 March 2003

Later, these with even more filled 4 book cases!









Hello Sam and James: 27 June 2017

This is amazing. Literally what Nanna Beth has outlined here is what evolved within the Pascas documentation some ten (10) years ago.

Also, the Calibrations of the different sphere levels roughly coincides with Nanna Beth's guidelines.

The commentary in the above document are drawn from files that are essentially of ten years ago.

The picture builds up. cheers John

Sam wrote: (Samantha from England)

27 June 2017

This has been so wonderful to read and to see the similarities in the PASCAS Documents, that must be a very good and encouraging feeling John that you have been on the right track, even ten years ago.

This is all so exciting to me, as I was reading through what Nanna Beth has written all I was feeling was that I want to be there. I want to be in a place where I am understood, a place that will be perfect for me as the truth of my soul will lead me to that perfect place and I will have all of the assistance I need to grow and progress. I feel such a longing in me for this place where I can just immerse myself in my healing, learning and growing, have nothing else distracting me or trying to take me away from my feelings.

To be able to heal and grow in a place such as this on Earth, within a religion such as LOVE – The Religion of Feelings or what ever comes of that idea, would be everything my soul longs for. It will be very exciting to see what you both create within PASCAS and LOVE – The Religion of Feelings and if it gets shelved then to know it is all there waiting for me in the Mansion Worlds, just to be able to really get stuck in, it's a great feeling.

Our souls leading the way continuously in the Mansion Worlds, going to where we need to be to get the experience we need to heal, even going back into the mind Mansion Worlds if that is where our soul needs to be for that healing; and having relationships that are needed to heal that part of us until they are no longer needed and we have found the truth, doing it all with the awareness that we are healing ourselves and this is what I need to do and where I need to be, not just mindlessly stumbling through life not knowing why we do what we do, its just life!!

I have felt the excitement of Reading what James has written, Nanna Beth has wrote and what John wrote ten years ago in his PASCAS Documents, so much potential and opportunity.

Love Sam.

James wrote: 27 June 2017

Thank you Sam for all you said, I'm going to keep ticking the idea along. John you must have been touched visualising by a 40 ft alabaster angel behind a window of water, now was that before or after your burning-hat-band experience?

Marion thinks the idea is only my fantasy. She still doesn't want to have anything to do with anyone, has not one feeling of doing anything toward helping people understand about the Healing or anything

else, as she won't be having anything to do with them anyway. She said you were on the right track Sam about feeling bad about the Religion of Feelings idea, and should pursue those feelings and not get all caught up in being nice to me; however, she also says that if you really do feel supportive, then of course you go with those feelings, just as she supports me in doing whatever I want, even if I want to go ahead with something like this — "Just keep me out of it", which I intend doing.

My thoughts about it today ran along the lines of, well, in our small way on the forum I've actually already seen what might come of the idea. There is you Sam who fully gets it and is living it. There is Desire who I still think was approaching it too much from her mind wanting control over her feelings, although she was wanting and trying to embrace and express them. I would love her to come back to the forum one day having broken through that, or at least to have another go, so I can see if indeed I was right in my feelings and reaction to her, or if I was wrong and could possibly see things now with her that I couldn't see back then. What did you think about Desire Sam, can you remember, and did you think I was out of line? All I remember was I was deep in my shit and not too objective back then, and it was what I needed to say rejecting her as it was part of my rejecting mum and dad.

When you wrote Sam about people asking you: "How do I FEEL, how do I do it", I wondered today if really their problem is they too are approaching if too much from the mind. As we've all been so heavily conditioned to learn the technique or how you do it; to just start with any feeling, work to fully accept it, express it and long for the truth of it, surely that can't be too hard to understand – can it? What did you say to those people Sam, and how they did react to what you said?

Then in speaking about the idea with the Mother today, She said She wanted it to go ahead, however it's all contingent on my feeling I want to do it. And in questioning Her about people taking it and stuffing it up because those with their minds too heavily in control won't get it, and will more than likely go off in other directions distorting and mucking it all up for everyone else, She said people need to be able to choose, and if that is what they want to do, they should be allowed to (those are my words, I can't exactly remember what She said, but all She said was so perfect). And presumably those people who do want to be true in it, will get it like you have Sam, and either reject being part of the Religion just doing it on their own, or will have to understand, which I would write about, that such mind controlling people, although they might be well intended, will be an obstacle, they helping those of true Healing intent to feel yet more bad feelings to work through.

And yes please Sam, and you too John, if you do have other thoughts or feelings about it, please tell me as it all helps me feel more about it all.

Thank you both for your support. James



Feeling Healing addresses the issues of the Default.

Subject: TARGET

From: Crystal To: James Wednesday, 28 June 2017

Helen:

It seems a little money in a not so poor neighbourhood is making me more of a target then I already was. As I told a friend "my car needs a garage." preferably one with 5.88 acres, a guest house and a 2 horse barn attached. By the way, is Legend okay? Can I find him again?

It is clearly time to move on!!!

Does Nanna Beth's comment mean that Kohler has been given permission to make contact with me? If so, in what machinations? What was it we did that really turned the tide. As I tell Ellie, there is no silver bullet, just a thousand b.b.s. But there is always some small event, perhaps years or months before that changes the course of history. In this case, what was that event?

I have stopped expecting direct answers but a few at this stage would be nice.

Crystal

James: Hi Crystal, I think I'm the limitation in all of this so far as helping you with direct answers. As Marion said, I am not direct with her or in life because of all my fuck ups thanks to my parenting, however I will see if I can be more open with Helen and Nanna Beth for you.

As I said, I am only mostly used to speaking with spirits about the truth that comes through my own Healing experiences, and their helping me extrapolate that, so it is usually more general and suits my needs perfectly. So trying to work with other people and in this way is 'not my thing' but I'm interested to see if I can develop the skill more, if indeed it is a skill. So I'm sorry, as I don't think I'll be able to be more forthcoming with them than I already am, as my mind won't allow it through because of my main fear that they will say things that will all turn out to be wrong, making me look foolish, stupid, and like I was just carrying on in the fantasy of making stuff up and not really speaking with spirits at all. I don't have the luxury of many channels who can hear them as a separate and distinct voice or whom can give over and let the spirits do the typing using my hands as I look on. My work is all far more attuned to myself and my mind, and so as I said, is mostly for my own personal work, and not helping others like this

I wanted to write this out as an attempt to express some of my worries about being a failure at it, which is what it amounts to — my being a shit channel and failure at doing the very thing I love doing the most. Anyway, that's more of my stuff to work through, and I probably give Helen the shits whom I apologise to, as she'd possibly love more than anything to tell you straight up how it is.

So please go ahead Helen –

Helen: It's all right James, I can easily work within the limitations of your mind, which aren't the limiting factors by the way. However as you know, it's most important for you to keep expressing and giving voice to your fears, worries and concerns.

I can't be more direct because I'm not allowed to. No channel would be allowed to do anymore than I am with you James and through Joe. It's the nature of the beast, we've still got to adhere to the restrictions imposed on us by the prevailing age, whilst doing our best to work towards the new one that's dawning.

Anyway, I will see if I can help Crystal out more.

Legend is okay, however, no, you won't find him, but I can't say more than that. However in time you will hear something that will ease your heart.

It is clearly time to move on, for you my dear, yes, so it would seem, however not so unfortunately for others, however you are now very close.

And what was that event that you are wanting to know about Crystal – it was you birth!, or more precisely, your conception. Cryptic, I know, but you'll see what I mean in time.

Horst will not be making the direct contact with you, it will be through another, yet by his instruction. He doesn't want to have to deal face to face with you now, he wants, so he rationalises, to remain removed from you because he fears you might say or influence him into saying and agreeing to something in the heat of the moment, which upon reflection, he'd regret doing. So he wants to hear it all from another, so giving himself distance and time to think about it all, which is good, as he will make better decisions this way.

So another man will contact you and it won't be long, and he will in fact be far better suited to working with you, you'll like him, and he'll be on your side, and a good, more truthful go-between. Really you don't want to get all tangled up in Horst's and Angela's goings on, it would annoy you too much to be exposed to how they work, whereas this other man will be far more 'of your pace' and able to work with you in the moment. He will have to go back to Horst to begin with, but as things progress Horst will let him do more, with this other man in the end taking over all that needs to be done.

I will say his name begins with an 'A' or has an A as a prominent part of it, but that's about the extent of James being able to pick up what it is. So we'll leave it at that, and see what happens – see if I'm right, as in, if James is right in what he has typed.

Your horse is champing at the bit, soon to be given head, you just have to keep him steady for a little while longer around the back turn, and then you'll be able to let him fly.

All my love to you Crystal, your Heavenly overseer – Helen.

Wednesday, 28 June 2017

James: Hi John, we'll she's outlined it now for us. So she is either a complete figment of my imagination or they are winding you up for some reason... so we will see. It's all out there now, as you said, the preparations surely must be about complete... see what comes next – eh?

Nanna Beth: Yes John, your preparations are all but complete. You've done extremely well and we're all very pleased. You have at your finger tips all you will need. We will be helping you, so have no doubt about that. We have a plan that we're working to, and you are part of it, that being part of the Earth-part of the plan.

And the plan is very large, however as we've told you, we can't reveal it to you ahead of time, only to say that it is real and it will – is – all unfolding... according to plan.

The Plan is coming from the Melchizedeks, it's not something we have made up, it's something they made up all in keeping with what they see is required in keeping with the needs of Mary and Jesus' age and its ending, and the new unfolding age. They have laid out the plan for us to follow, it all being orchestrated by the angels and the souls directly involved both over here and for you down there.



And the Plan is for the Redemption of Mankind, which means, is the beginning of humanity's Healing and it's choosing to end the Rebellion – which happens individually when people long for the Divine Love. So as James told you yesterday on the phone, that which the Mother told him, humanity's Healing is to do with healing the Default, and that is individually, collectively, socially and culturally, and includes the spiritual level, which people will do as they do their Healing; and the ending of the Rebellion on these levels happening as people embrace the Divine Love, as the Rebellion is the rejection of our Mother and Father's Love.

So it's the ending of these two things and the beginning of the healing of them, that is what this is all about, with you helping to take steps in bringing about a practical way and system of introducing the truths from Marion and James.

So you need the financial support to do that, which is on its way, as you need the spiritual backing, which you have in us and all Marion and James will help you with, and you'll have woman and man power to get the job done, who will make themselves known to you as required.

So you see my dear grandson, your grandmother has it all worked out, everything is well in hand, and things are unfolding perfectly, for as we have told you, there are a lot of elements to it all, that which you know yourself, for look at all you've had to come to understand, and these are all enmeshed and in sync with each other.

So enjoy this time now of relative quite, have a break, assess all you've been though, and we'll continue to put inspiring thoughts into your mind.

That is all I wanted to say, just a short note as James is very tired and not feeling very well today.

We are all constantly by your side, we've joined up with you even more so on an energy level, so even though we don't need to actually descend to the first Earth plane to be as close to you in physical reality as we can, the energy lines are so open and so much of light it's as if we're all together anyway. Which I will add, is highly unusual for someone such as yourself who is only advanced in the mental understanding but as yet not on a soul level having grown in truth through the doing of your Healing, to be afforded such a close connection with us higher spirits like this. However, it has been deemed necessary in light of the intensity of: 'getting the work done', your advanced years, and the fact that we don't need to muck around with any of this.

And although it might seem like we still are mucking around so far as making the SI (Solid Investment) payouts get underway, in fact we are not mucking around with them, it's all happening as soothly and perfectly as it could. It's all just going on behind the scenes, for as we've said, a tremendous amount of change in the air for these world leaders, they are realising that they are nearing the end of something,

yet whether that is the end of the whole financial system, or the masses revolting and rebelling and wanting to make them accountable perhaps, they don't know, but they are feeling more pressure and fear and more cracks are appearing in their well crafted controlling systems. They are what you might say 'losing their grip', which will become more obvious over the coming months.

Anyway, it's all good and I - we - just wanted to give you a further note of encouragement, and to say: Enjoy yourself, you've earned it.

So feel my love for you, as it will continue to be with you and growing in strength as we progress. Bye for now – your beloved Nanna Beth.

REBELLION and DEFAULT

As you please James.

Thursday, 29 June 2017

Hi Nanna Beth (John is in light blue)

Thank you for your guidance and having time out promptings. Carolyn is taking us both on a trip from the top of Australia to the bottom, Darwin to Adelaide, from 15 August to 1 September.

Divine Love addresses the issues of the Rebellion.

Feeling Healing addresses the issues of the Default.

These two 'headlines' came about from Mother's comments through James.

I had not recognised the degree of the impact that the Default has had on the way humanity lives. That is, this suggests that the way we remodel our children to become clones of ourselves, the way we suppress their true selves, and cause them to capitulate to be our 'little me's' is a result of the way life emerged directly from the Default some 38,000 years ago.

Whereas the Rebellion of 200,000 years ago was the rejection of the Mother and Father as well as our Spiritual parents, Mary and Jesus.

Thus two distinctly catastrophic events.

I am looking to bring this into perspective, if you please. A way to bring these two separate events into a clear comprehensive way of understanding so that the relevance is clearly understood.

It makes the two revelations stand out and as to why one had to follow the other distinctly.

Nanna Beth -3^{rd} Celestial Heaven: The Rebellion John is against the Mother and Father, against Their Love, and Their Truth. It is the rejection of Them, saying: there is no God. It's denying the Personalities that God is. It's rejecting and denying personality interaction, which is all about love. So it's unloving. And to hide that, to pretend otherwise, means the mind has to be used to corrupt one's feelings. To claim: 'I am God, I am love, I am Truth', means I am the only one and all the rest should fuck off and leave me alone so I can get on with my greatness. It's being totally mind-consumed with yourself, with such arrogance, that really you only see yourself in your narcissism, and nothing else and no one else exists

The sadness of the Lucifers' relationship (Lucifer and his soulmate) is they didn't love each other truly, only by using their minds to pretend they did. Really they hated each other, being so unloving, and had they been true to that, they would have moved to the absolute opposite ends of Creation, there to be in their own greatness telling themselves all day long how wonderful they were – being self-loving the wrong way through their minds. Which is all really: self-hating.

And so we have relationships in which we hate ourselves because we are untrue and unloving, then we come together contriving love for one another, then believe we love God as well and want to do His Will. It's all false, all wrong, all evil, all unloving. That's what we've got to see. That we are rejecting ourselves, and so each other and God, in every part of ourselves, in every interaction. Really we should be hitting each other continuously on the head, and hitting ourselves too.

The Rebellion is the rejection of true love. Of Natural love and Divine Love.

The Default simply compounds the issue by focusing it all on the relationships. As in, how we live our rebellion is through the Default. Pre-default, humanity was openly rebellious, it was evolving yet lacked personal focus; then with the Default, humanity was able to take it into all that it's become. So we're all living out the truth of Eve and Adam's rebellion, which equals their default.

To heal the Default in us means we have to see the truth of all our unlovingness in our relationships with ourselves, each other, with nature mostly through our relationship with our pets, how we treat animals for food, and the desecration of the environment, and with our Mother and Father. There are lots to it.

And as we see this, it takes us into dealing with our rebellion. We chose not to be loving when we uncover through our feelings the truth of how unloving we are. We chose to live true to our Natural love and the Divine Love, so true to ourselves and our Mother and Father. And these are not mental decisions, they are feeling ones, you want to go that way because you feel it's right and good for you, which it is. You feel you don't want to be unloving because it's not right and bad for you, it feels bad.

So in the expression and depths of our feelings, and particularly our bad ones, we can feel how being unloving makes us feel, and we slowly want to be the other way. Which can be difficult because we don't know how that other way is, never having been wholly or truly loving; but you long for it, you want it, knowing it's a possibility and reality that can somehow be achieved. So this is really 'willing' it, willing ourselves to be loving, and ending our willing ourselves to be unloving; and our soul and God complies with our will and so gradually changes us from being unloving into being loving.

I think to help you summarise it, you could simply say: The Rebellion is against love, the Default is all the difficulties we have in our relationships because of our rebellion. Healing the Default is becoming true, to ourselves and in our relationships, and ending our unlovingness – our rejection of love, so ending the Rebellion.

I hope this helps John, it might be a bit much, however I put myself back in it as I was, so James could relate more to it as it was important for him to make the will-connection in it as he did.

There is a lot to be talked about and truth seen concerning both the Rebellion and Default, with every person and spirit making their contribution to it as they uncover such truth within themselves. So it's for you to take what you will putting it in your own words. So if you still don't understand some aspect, please ask.

James: I want to add there, something Marion was talking about last night. It's true technically that we are evil and bad and hate, that all having been put on us by default – we didn't ask for it. So in that light, it's not right to keep hating and blaming ourselves for being bad when we couldn't / can't help it. All we can do is accept how we are, whilst seeing the truth of it through our feelings. If we don't like all we see, we express those feelings, even though they make us feel bad, but we don't have to endlessly punish ourselves for being as we are because of what other people did to us.

John: **Evidence based best practice** in medicine and all things scientific. Wow, is this a trap. It is indoctrination of a worst order.

This dogma appears to be around the point that I want to prove that I am right and that the evidence is free of manipulation and therefore valid.

What I perceive is that, until just now -22 March 2017 - researchers, 'professors', scientists, doctors, etc., set their minds to prove through evidence that their 'findings' were valid. They were accordingly supported by spirit associates who brought about the 'evidence' for those mind centric leaders of discovery to then simply be led down the path of the mind spirits desire for self glory, matching that of the scientist.

Thus we appear to have a great deal of scientific 'findings' that are grossly flawed and only by enabling one's feeling can these corrupt pillars of teaching be undone and re-aligned with truth.

Am I getting this scenario correctly?

Nanna Beth: You are John. Much of what is considered acceptable to main-stream and so taught in schools and universities will be effectively 'untaught' as people who are living more true to themselves start to see through the wrongness. It's all through all aspects of life, in everything, so new systems of understanding and ways of doing virtually everything will unfold. You can take the line of approach that nothing is right, even most of what you've come up with for Pascas, and will all end up changing, however you have to start somewhere allowing it to evolve into new areas. So we are beginning with you with what we've got, which is more than enough to set the scene and the pace, and then it will move along on a course of its own – with subtle guidance from our side.

[Note from John: This understanding is explained in greater detail with: Pure Spirit – Free Will and Will

Further, 'evidence based best practice' dictates that genes remain fixed throughout one's life. This is not so, the format of one's genes is a direct result of one's held emotions. Should one release negative emotions then one's genes will come back into harmony.

Pascas Care – Emotions and Genes

The series of Pascas Papers that have been written directly from James Moncrief's publications are in truth and not subjected to the rules relating to the Revelation and Default which are presently ending. This series is in accordance with the post Revelation and Default conditions:

Pascas Care – Feeling Healing (a series in excess of twenty papers)

As of this date, some 100 of the 320 Pascas Papers have been modified to reflect aspects of Feeling Healing and correct what was wrongly understood as to the capabilities of Divine Love. This work will continue for some time. Then they will be reworked to bring them into line with the Second Revelation,

namely the revealing of Feeling Healing and the guidance provided by Mary and Jesus through James and Marion Moncrief. This will take some focus. (Now all 350+ are modified.)

Then the remaining 150 Pascas Papers (more than 500) will be reviewed to complete the transition. Nevertheless, there will be continual discovery of errors of understanding.]

John: I perceive that the opportunity will come about for Pascas styled learning centres, even in the form of university, will enable the delivery of feeling based findings to turn some of these evidence based best practices on their head.

A situation appears to be emerging for direct involvement in a new university in Thailand, though difficult to work with.

Nanna Beth: As I've said, certainly consider all that comes your way, but you will feel definitely what you will want to do, you don't have to do everything that's presented to you, because in time, every man and his dog is going to want you to support them. So when it's difficult to work with, don't work with it – nothing is to be a difficulty for you. If it is, move onto the next thing. And if necessary, keep moving until you find it easy. You'll see, the people you gel with are the ones you'll want to be involved with, those who are difficult, don't trouble yourself, even if it's something of an idea that is very appealing. If the person you're involved with is difficult, then let your worries come up and don't be afraid to reject anyone.

John: I have felt, consistently since late 2009, that should a parent evolve their consciousness, their soul condition, that they are also indirectly and passively helping their children no matter what their age may be. I did not feel that one's development of soul condition helps their own parents, that the benefiting was down the line, not up. The degree of flow on to one's children was and is relative to the openness of the child to consider and explore the possibilities.

Samantha, with her children, is the first demonstration that I have read about to support this feeling, that I know of. What has transpired within her family is tremendously exciting for me.

How does this work? This is a complex subject to explore, and explore is what I feel we must do.

Nanna Beth: It is true that up until around twenty-eight to thirty, commonly called one's Saturn Return, the child can continue to be influenced by its parents, however from then on the child is a complete separate individual who's chosen their way.

Once sexual maturity is reached, the influence of the parent upon its child lessens to its late twenties, and for many people, because they work to actively sever the ties with their parents, from this time on they might not continue to being influenced. And the influence would have to come from direct interaction, there is no mysterious hidden connection with the parent healing itself and mysteriously the child is also healed. The parent can do its Healing with the child still open to its parents influence and some level of change can be brought about, as you are seeing with Samantha's children and herself. But also the child might also reject and fight against these influences as the parent seeks to heal itself.

However what you are also alluding to, is the healing parent will sever its unloving ties with its child on all levels, from the soul, spirit, psychic – emotional and mental levels. The connecting cords are removed leaving the child free to then continue on as it is, or change, but mostly without any direct or known (felt) influence from its parent. So it's not that it automatically follows: the Healing parent will

heal its child, it's just that the child is left freer to go its own way, which might even be deeper into its wrongness as much as it might want to follow its parent.

And yes, the child can't or doesn't affect its parents as you say, however should the child do its Healing, it might influence its parent into looking more closely at their relationship and even possibly for it to do its Healing, but that's all the wilful choice of the parent, the parent more than likely being beyond the age of twenty-eight by then.

And when is the youngest that a child can consciously do its Healing? This too varies depending on its relationship with its parents. It can in theory consciously do its Healing from sexual maturity, it can learn about looking to its feelings for their truth and working its feelings back into its early life. But more than likely it will be people in their late teens and older who might want to take it on, like Samantha's children are showing. More than likely they will need to have lived a certain amount of life and seen they don't like it, and want to look for an alternative.

And then children up to sexual maturity being brought up by parents doing their Healing or who have done it, will grow up living true to their feelings all the way along, and so lessening the amount they will have to heal. But still as adults they will need to understand that which they've grown up with, just like we all do, and if it's good, true and loving, to understand all about being that way, that being – their loving relationship with their feelings and how the truth comes up in them as they naturally express all they feel.

I think I've covered most of it John, if there are discrepancies or contradictions please point them out, and also understand what I'm saying to you are just rules of thumb, there are lots of anomalies because there are such extreme distortions in us all.

John: Yes, this is a Big Plan. I can easily see a thousand people directly employed in bringing into reality the many aspects of what is to be delivered. That is a thousand people just here on the Gold Coast, Queensland, Australia. I also see an enormous rotation of people coming to the Gold Coast to study and comprehend what is available and then returning to their own communities to implement support programs that they want to push through and deliver into their own community.

Nanna Beth: I won't encourage you on this John... or discourage you, we'll all wait and see what transpires.

John: The typist will become a delegator! Hmm – change of duties!

Struth Nanna, my right ear lobe will be firing up 24/7! James, the Oversight, will be sending me wonky reports 24/7! Good thing Carolyn is already booking next year's holiday to somewhere in Russia.

Well, it all has to be one project at a time. And it will be a lot of times. And it will be frequent, between cups of tea.

Yes, at least I think I know where the front door is of the first level of that seven hundred level building that Marion and James have climbed, and by golly, Samantha appears to be very, very close to the top of that same structure.

Well, Nanna we will get it done, in as much as get every element rolling so that many others can keep expanding upon it. The start is the most complex / hardest, copying is much easier.

Cheers for now, John

Oh, James, Crystal through Joe has confirmed and expanded upon what Helen said a few days ago.

Nanna Beth: Oh you'll still be typing merrily away John, only no longer needing to do your Pascas Papers, just keeping in touch with everyone. Love Nanna Beth.

Hi James HELEN PADGETT

Sunday 1 July 2017

I came to my computer because I feel Helen Padgett would love to speak with us – you. That is just a feeling that I have. (Helen Padgett died 12 February 1914, and was the wife of James Padgett.)

John

James: Hello Helen Padgett – are you about?

Tuesday 3 July 2017

Helen Padgett: Yes James, in fact I am, and I was impressing my mind on John's.

James: Why?

Helen P: We all thought it would be appropriate to tell him that I am also with him and are **part of Nanna Beth's soulgroup** – would you believe!?

James: I don't know what to believe Helen. You could say anything to me, I don't have much to go on other than my feelings, which are all messed up from my rotten untrue state.

Helen P: I understand James, nevertheless it's true. And as John rightly pointed out, it was a whirlwind trip for me, coming into spirit, doing my Healing, and working with James Padgett so he could write the Padgett Messages. Which, as a consequence, ensured that I was to play a central role in all that is transpiring. My soulmate and I were the first of our soulgroup, helping the others settle into it as they came into the Celestial spheres; my 'rise to power' as seen through the Padgett Messages, being the first woman of modern times to have such an influence on Earth.

James: I see what you're getting at, and I've always marvelled at how male-centric the Padgett Messages are, and yet, without a women – yourself – they wouldn't have happened.

Helen P: That's right. Anne Rollins (James Padgett's grandmother) and myself were the mainstays around which it all happened, which was about all of the feminine that James Padgett could deal with, that being all the Rebellion and Default afforded him and humanity.

James: So what you're saying is that all of this that's happening now, as Nanna Beth has also been saying, has evolved from the Padgett Messages times, and is all actually central to yourself?

Helen P: Yes, I was like the beacon of light that was able to shine bright in the darkness, which was also part of why my Healing took relatively such a short time which you questioned Mary M and myself about some years ago; but as you're understanding, it's all based about the Feminine Aspect of Truth coming into being, so we women have played a central role in the Second Coming of the truth about the Divine Love, even more so than the male spirits who simply imparted some



information; and then with Marion and Mary M, with you personally, and all your writings, and now with the heavy accent on us women spirits helping John and yourself at this time, and with Samantha doing her Healing, and even with, as John told you on the phone, the likes of his eldest daughter wanting

to help him with all he wants to do. So the feminine support for him, and for yourself, will continue to grow, and it will be these women and spirits who are able to help impart the New Truth about the Healing, the true liberation of women through the truth of their feelings.

James: I like it all Helen, especially: "The True Liberation of Women is Through the Truth of Their Feelings." I really love that. And all I've been with through my cold relating to how badly mum treated me, she had such power and potential but was always so frustrated because of her upbringing, so as much as I hate how she treated me, I feel for her and all she suffered, which I can relate to in a lot of women. I'm on the side of women, even thinking it's a pity that it's not Marion or another woman writing about it all, that my being a man is still in keeping with the man leading – or pretending to, when

I'm really just like John – fellow typists, doing the legwork because someone like Marion doesn't want to concern herself with all the mind side of it, just getting on with her feelings.

Helen P: There needs to be both men and women James, in equal proportion and both helping, loving and supporting each other. But with the whole feminine side so heavily buried and retarded, we're having to employ the help of men to plead

our case, so to speak, which also will add more credibility to it from the point of view of those men and women who still need to be shown the way by men. It would be too much of a stretch for humanity to suddenly have to accept a female Christ and expect it to listen to her, instead of just laughing her off as a non-event, or worse, simply ignoring her outright.

James: But wouldn't she be able to appeal to women through her feelings?

Helen P: A small group, sure, but most power-women, women who called themselves liberated, don't want to accept their true feelings, and are doing all they can to avoid them, so wouldn't tolerate being shown up by her, so it would more than likely be such women who'd bring about her downfall. But to have other men 'calling the shots', with women behind the scenes secretly leading the way, is far more in keeping with the tenets of the Rebellion and Default, so is deemed acceptable.

James: Sorry Helen for having to stop and break the flow.

Helen P: That's all right James. It doesn't matter, we can pick up from where we left off. Provided your head is not hurting too much.

James: Thank you, and it is hurting, my coughing makes it hurt a lot. I want to confirm with you, all we wrote together those years ago, do you still stand by that, or was that stuff you said to me because of where I was at the time in my Healing?

Helen P: No, it all still stands, James Padgett and I weren't soulmates as we explained to you, that all being part of what he needed so as to keep listening to me so we could keep the connection open to him. That all being what Mary and Jesus wanted at the time.

James: Where is James Padgett now, is he involved with all of this as you and Nanna Beth are?

Helen P: He is, but not personally or directly with anything we're doing with John or humanity. He is working with his soulmate and soulgroup on things more to do with helping people and spirits with their Healing, whereas I'm more involved in the workings with you personally and with John. He, James, has been helping introduce spirits to the Divine Love, that being something he still loves doing, being able to share how it was for himself all those years ago, and then working to include the Healing. He says

he's not so interested in all of this bigger picture going's on, he with his partner are happy to do this more 'humble' work as he calls it. Which I might add is far more in keeping with their personalities, as is our work with you, far more in keeping with our personalities. We occasionally see each other, nothing organised, more if we bump into each other, but really it was now a long time ago, not in number of years so much, but in all we've done, so we've moved apart and onto very different life paths. Looking back now on our life together on Earth, I can see that he'd have been more suited to staying at home and attending to our daughter and all the home activities, liking the more personal involvement of things, whereas I'd have been better having the career and being out involved in the world. Similar to what you're finding, being the opposite to how we were is what we really are.

James: Do you still introduce soulmate couples to each other?

Helen P: No, that all finished soon after my work with James and what Mary and Jesus wanted us to do. It was necessary for a time, but it's now more the sort of thing James and his partner would like to do.

James: Do you have any other thoughts about your work in creating the Padgett Messages?

Helen P: Only fond memories. Still things fall into place, seeing how since my conception I have got to where I am now. Understanding all we've been through takes time, and I enjoy these moments when they include something to do with the Padgett Messages, but that work was for a specific purpose, it was done, and Mary and Jesus were happy with it, and then we all moved onto other things. And the moving on has been the preparation for what we're all doing now.

James: Is there anything else you'd like to say to John or myself?

Helen P: No, not at this time, there wasn't anything specific that I wanted to tell you, it was mostly for John to see that another thread ties in perfectly, so within himself after he's read what we've talked about James, he'll feel right to keep up the connection of the Padgett Messages with it all, knowing that I who was one of the main spirits in it, are still one of the main spirits in it – that will appeal to him.

James: Are there any other spirits, like yourself, from the Padgett Messages days who are still involved in this way – close to John I mean?

Helen P: Ann Rollins is, she is in one of the central soulgroups that we're all in, and there are four other spirits but they were involved behind the scenes in the Padgett Messages. You understand that in a way I was like a leading light, and together with Ann Rollins, in that once I'd completed my Healing, and it was obvious that James has received enough of the Padgett Messages to satisfy what Mary and Jesus wanted, then from there, based around those of us women, has come all that's evolved to where we are now. We were like the original nucleus, because of it starting so personally with Mary and Jesus and their personal involvement with us.

James: I see what you're saying Helen, so it all started with you and the Padgett Messages, and then all the other spirits of the 'new guard' began to take over and get things ready for what's happening now, all coming together working outwards from what you'd started with James Padgett?

Helen P: Yes.

James: Why Helen are so you gentle and not pushing yourself forward more, leaving it up to me to ask you the questions, rather than you just telling me what you want us to know?

Helen P: I want you to gain more of a feeling for me James, for my nature and personality, for really I'm not as forward as the impression one might gain about me from the Padgett Messages. And as I said, I don't have anything specific I want you to understand, so I'm more than happy to leave it up to you, to see if there are things you might want to ask me, and to tell you what we wanted you and John to know through answering your questions. Also James, it is helping you gain more of an awareness as to the different energies of us spirits, the different lights we carry. We're all of the same level of truth in speaking with you, I am still of the third sphere and will continue here for some time, but we are all very different spirits – having been very different people – and you're able to be more sensitive to that now.

James: It's creeping up in the back of my mind that you or James Padgett might have told me when we spoke that time years ago, that you both, with your soulmates, had moved on leaving the lower Celestial spheres. Did you tell me that?

Helen P: No James, it wasn't so, we both have done work with higher levels, however it was not our time to officially move on leaving these spheres. At times many of us do move higher for a season depending on what is needed, it all being part of our soul growth, but then we return. Things aren't as cut and dry the higher you go, and we being Celestials are given more flexibility, because being so many of us, and with our numbers increasing all the time, often we need to move higher for a time so as to gain the necessary experience which can help us then put more into perspective what we are currently doing. My soulmate and I spent the best part of twenty years in the next three higher Celestial spheres, coming and going as required, it all helping us to understand more about what's going on now, what is to happen, and what's expected of us.

James: I feel like I'm a coarse oaf compared to your pure, gentle refined light Helen.

Helen P: Good James, that is how I want you to sense me. It will open up your sensitivities to us spirits more as I said. It's all in keeping with your cold and what it has helped you go through, all as you are awaking more to your feelings, getting more in touch with them.

James: I feel like I want to be enshrined in your soothing light Helen, I want to be in the Celestial spheres, feeling all true and perfect, and not all fucked up as I feel.

Helen P: Of course James, and in time you will, however first things first.

James: Before we end, is there anything you'd like to tell John about SI (Solid Investment) or anything else?

Helen P: John, you have the most capable soulgroup with you, all that's unfolding is doing so around us, we are coordinating it all. And it's all been planned that you will have all the help both on our side and with you on Earth for all that you want to get done. I know we've told you this before, but still I don't think it does any harm to be told a few more times. We all understand how hard it is for you working blind, but that too is how it's meant to be, as there is no other way than going at it blind when trying to do anything to lessen the impact of the Rebellion and Default or to heal oneself of it.

And don't worry about the discrepancies to do with James Padgett's work and the Padgett Messages, they are all reflective of the difficulties you are all under and so are all necessary. They can be worked out in time as shown in a lot of what James Padgett's work has done, and those people who want to adhere strictly to the PM (Padgett Messages) are free to do so. Should such people still want to carry on their rebellion against Mary and Jesus by adhering only to the PM, then so be it, that is for them and in

time they will come to the end of that path and start asking questions as to why things are not going as they thought they should.

I won't be having anything further to do with you, we are more than happy for Nanna Beth to be your main connection, but we are all equally involved and all shinning out light upon you. You are with us in our hearts and we are looking forward to the next phase of 'getting the work done'.

I will go now, thank you James, it was nice to speak with you again, and I hope you have gained something from our short interaction. Goodbye now – Helen Padgett.

"The True Liberation of Women is Through the Truth of Their Feelings."

Within the Soulgroup of Nanna Beth is Helen Padgett, and within the soul groups around Nanna Beth's is Ann Rollins!

Council of Elders now around 20 Soulgroups





Beacons of Light by Diane Skelly-Heron There are 24 representing one soulgroup

CELESTIALS NOW MANAGE EARTH!

Hello James, Helen and my Nanna Beth (John asking questions)

5 July 2017

This is perplexing. To get traction to get the Solid Investment payout process rolling, we have to make this public. Yet, we prefer that it remains private.

To release such large tracts of funds into various economies, it needs a Trojan Horse or more – hmm – Helen of Troy!

The US Banks announcing the distribution of US\$130 billion to shareholders over the next several quarters does not fit this bill.

But the US\$9 trillion Chinese Bond market being opened worldwide does have an appropriate feel for this Trojan Horse atmosphere.

However the G20 meeting at Hamburg on July 7 and 8 does have more relevance. Interestingly we have had a visitor to the www.shortfingereddonald.com site from Hamburg in the last few days.

Are there any links in these events?

Are there Trojan Horse events in the plan to down play the release of the Solid Investment funds?

Further the State of Hessen, which Frankfurt and the oversight Judge centre, have the full set of Panama Papers. It is understood that the taxation authorities in the State of Hessen, Germany, are with significant real skills, are investigating these papers for missed revenue opportunities. Have these investigators linked the Panama Papers to the Solid Investment database, or more likely, are they to link these two together?

Are we to prompt the idea of linking these two events together for them?

Crystal has appropriately considered that those on the Invoices are to be prioritised for payout. This will give her some leverage with the Germans and it certainly acknowledges those who have stood behind her and assisted in their own special way. An important point is that she sees the procedures exist and being possible to do this without delaying the overall release of payouts.

Personally, I see that this adventure is about bridging. Bringing people from accepted norms and life patterns to a new way of living life (Living Feelings First). Some may take a few minor steps and a fewer will embrace the full gambit of what is now known, and all the options and possibilities in between. In short, we are revealing a new way of living from a chair that has not been seen before – community services from within a medical centre environment.

Also, this bridging can get overly complex and yet it is ever so simple. It is the position of the listener / reader that is so highly variable that one wonders how he or she will grasp the gifts that have been revealed.

Nevertheless, we will give it one almighty big effort and explore numerous options and pathways by which we will set this in motion in every community imaginable.

May we explore these musings a little please? cheers John

6 July 2017

Helen – of Troy – na! – 3^{rd} Celestial Heaven: Hello John, I will answer your questions today. I want to make it clear that you don't have anything to worry about, anything so far as what you might be able to do from your end to make it all go smoothly. The Germans will tell Crystal all they intend to do and she can determine then what steps will need to be taken. So don't worry about any of it, leave it all to us because we've got a lot more agendas we're working on from over here of which you're not aware. So what I'm saying is, don't try and use your mind to work out what's best, simply keep applying your feelings. It's the German's worry to keep it quite, they'll organise all of that, you can just enjoy the ride. So that answers all your questions!

Now, what I want to tell you is much more important. For the time being keep it in your private files. Neither you nor James quite appreciate just what has recently happened over here. We have told you, but now I will paint more of the picture for you to understand.

We, the Celestials, are IN CONTROL OF EARTH. We have EVERY BASE COVERED, and we're meddling in every pie, on the personal, cultural, religious, corporate, political and global levels. We 'OWN' the Earth. It is now ours. It has been taken from the mind spirits as we've told you, and this is an enormous change and undertaking, and one of the most significant events since Mary and Jesus' coming, even in some ways bigger than the re-revealing of the Divine Love by James Padgett; and as big as all to do with the Healing, because it is all a PART of the Healing. It wouldn't be happening if it wasn't time for humanity to be given the chance to Heal itself on Earth rather than having to wait until one comes into spirit.

So we are calling ALL the shots. We know all that's going to happen. We are allowed to interfere in an ever increasing amount. And we have all been prepared for this. And many newly arriving Celestials are quickly coming up to speed about it and the roles they'll be playing.

There is a well worked out plan by the Melchizedeks that we're implementing. But it's not straightforward. It's not a matter of getting rid of all the bad guys replacing them with good guys, it's about allowing everything to implode, even helping things along in that direction, all so the major controlling organisations and the people high up within them, lose that control. So you won't be able to understand what's happening looking at it only from the level of the physical world, it won't make any sense, there will continue to be too many conflicting pressures.

And within it, is SI (Solid Investment), and not only that, but all you and Crystal are to do. And we have helped you both prepare for various eventualities, however still you are mostly in the dark as to what's really going to happen. So just let things unfold to the next stage, which will give Crystal much more of

understanding about how things are and how they will be. And as she tells you what she discovers then we'll be able to work more closely with you.

So over the course of the next ten or so years, humanity is going to be like a group of trains all heading into the same station, all unable to pull up, all with the inevitable result. A fine old mess. And just when things look like they can regroup, salvage what's salvageable, and start to get back on with things how they were, Mother Nature is going to have her say.



James was asking us if there are other Remote Viewers employed by governments or private organisations who have Joe's abilities. And the answer to this question ties in with what I've been saying. There are three other people, two women and one man, and they are in Russia – the two women,

and in Israel – the man.

The Russian women are very good, and we work with them a lot because Russia is going to play a pivotal role in what's to come, so these two sisters have been informing the Russian leaders. And they allow Russia to keep a more calm and one-step-ahead rational state of mind.

The Israeli is a nasty piece of work and we feed him information so as to keep the controlling Zionists going down a certain track, we're playing them at their own game you might say, and this strategy is all soon to come to a head, which will result in a lot of very nasty things coming to light as to who and what really are in control of the world, what their motivation is, and at the same time throwing light on all their corrupt controlling systems. Some of which will come as no surprise to the more well informed Conspiracy theorists, but other stuff will completely shock humanity to its core. And once such exposure is revealed, then a lot of people will see what's really been going on and how they've been taken in by it – and these are very high people – and

Now, it's not time yet for the start of this disclosure, you will need to get your money to begin setting up what you want to do, and there is still more time needed for Marion and James to work on themselves. But it's getting closer each day and within the next few years things will start to become more obvious, and of course by then we'll be able to be more forthcoming with you.

they will not want to have anything to do with such control. So the dominoes will start to fall.

You might also like to know that Joe is being looked after by his angels, no one will interfere with him on the unseen levels, he is out of bounds. And he'll find his powers will even start to increase once Crystal starts to move into the 'network'. Crystal will get the desired interviews, the Germans have everything they need now, it's all there and they have sorted out Simon, they will provide him with safe passage and he'll give them the codes, it's all been arranged. And the Germans are also starting to look into the criminal side of things too, it's all hush, hush as you understand, and they don't want to frighten off too many people, but there is a lot of 'very useful information' they have gained that can be 'put to good use'. They have set up a special task force to look into it on this level, keeping it between Angela and Horst and a couple of others very high up. So they will take care of all from their end, Crystal will just have to agree more as a formality than anything else.

James: Do you mind if I cut in Helen?

Helen: No, not at all James.

James: So the Zionists are being set up?

Helen: They are. They are not really Zionists, that's only a front for those who are really in control, and it's these arch controllers that are going to find things aren't going to happen as they've been led to believe. We're working them off against the two Russian women.

James: And what about other people communicating with spirits – why so much special interest in these Remote Viewers?

Helen: First of all the other channels are all mind Mansion World channels, and those with any higher level of understanding or power we've shut down. It's too hard working with them, their personalities get in the way. Whereas the Remote Viewers are all more readily accessible in they have no say in the proceedings, they are only 'viewing', and we can determine, without them knowing it, what they view.

The two Russian women work for the Russian government, they love doing it for their country, and are themselves lovely women. They don't have any ego involved, unlike the man. And they are very accessible to us, and slowly we're helping them see what's going on behind the scenes so Putin and his government can take the necessary steps.

There is also another young girl who's starting out her training, and she has recently moved to live with these two women and will very quickly be as good as them, so we're of course working with her too. There are lesser remote viewers dotted around the world, yet only the Russians appreciate them, look after them and want to learn from them; but it's all still only 'world based', meaning, we don't disclose anything of a higher spiritual nature, so they know nothing about any of that. And with these people we're afforded a certain amount of leeway in how much we can amplify their connections, so how well they can view; and so if other remote viewers come along, and there are already quite a few of them, but they don't suit our needs and could make things more difficult, we can cap them so to speak.

James: And these people have no idea about your involvement?

Helen: No, they think it's a mental skill one can learn if one shows such potential, and that potential can then be brought to a more or less level of ability. They have no idea as to the angels, spirits or Indwelling Spirits involved.

James: And do the women know about Joe and this other man?

Helen: They know about the man as they have tangled with him on a few occasions when he tried to shut them down, he reckoned he could sort of fry their minds, and we let his intrusion happen enough for these women to understand of his existence, but they brushed him aside when they felt his true motives and we've blocked him from annoying them ever since. And none of them know about Joe. Joe's work with Crystal has been kept very secret. And Joe, should he want to, will keep helping Crystal, however I can't say more about that yet.

I will stop now James. That is enough; just to settle John, and for you both to understand the size and scope of what we Celestials are now involved in. Humanity will Heal itself because of us. You James and Marion can reveal the truths needed about the Healing, but it will be because of our involvement and support of the individual that humanity will be able to live those truths. Without the soulgroup continuously supporting Samantha she'd not be able to get as far as she has. You need our help. Without it no one would get very far in their Healing, even with the attending Spirits of Truth. And the reason for this is because humanity on Earth, and it's the same in the Mansion Worlds, is not, and can't, exist without such higher spirit help. The difference being, up until now, right through the Rebellion and Default it's been the mind spirits having their say, which means, helping to further the wrongness. But now those of us spirits who've done our Healing can have our say, so helping humanity end its wrongness. We don't reach the Celestial spheres there to sit around on warm fluffy clouds. The old guard had to help support the mind spirits, and as they couldn't do much with people on Earth,

devoted their time to helping spirits do their Healing in the Divine Love Mansion Worlds. Now we can help everywhere.

I'll speak to you soon, goodbye – Helen. (the daughter of an aristocratic Greek banker)

James: Thank you Helen.





MOTHER and FATHER speak to us through our INDWELLING SPIRIT

James: Hi Nanna Beth... Tuesday 11 July 2017

Nanna Beth: Hello James, you feel like having a chat?

James: Yes and no. I feel like doing something, I'm sick of doing nothing feeling so sick, and today I don't feel so bad; and no, in that I've nothing I want to ask you. John was curious as to how you hear the Mother and Father, where They are in your head, as through my illness the Mother has moved to the left of my head (mind) and seems to have come closer right into my lower mind. She's so real and clear as if She is my own mind, which makes it somewhat difficult, as easy as it is to speak with her, not to think that it is just my own mind telling me what I want to hear by pretending to be Her.

Nanna Beth: We talk with Them regularly, that being as often as we want, as They are readily available to us through our Indwelling Spirits. So we hear the voice of God quite clearly in our minds, and love doing so.

James: So you can converse with Them – and it is both of Them, the Mother and Father? And do you feel your indwelling spirit is a permanent part of you, now it's fused with your soul?

Nanna Beth: Yes, just like it is for you, we can talk separately to Them or to Them both at once. And we enjoy regular conversations with Them. And They stimulate good emotions and feelings of love, so we feel constantly loved by Them. And we also feel loved by Them when They give us Their Divine Love. We no longer have to long directly to Them for it, it just comes through the interaction we have with Them, we feel love for Them and feel Their love for us.

And we can't exactly feel our Indwelling Spirit as such, but we have a knowing feeling – so a truth – that we've united with it, that being a very big personal experience for each of us when it happened; so we feel we are definitely Their child, that's the best part, and with Them for eternity, in that we know we'll never be separated from Them, and every day we feel closer to Them as we ascend more in truth.

Our relationship with Them is our one main private and personal experience. Often we talk about it with each other, discussing how it is for us or talking about something They said to us, but mostly it's just a part of our inner life that is intensely intimate with no need to share.

And our soul-perceptions are constantly developing, and they help us know more about the truth as we grow in it, you just sort of know more about whatever it is you are focused on, you understand more, something more comes to you that makes sense and fits in with and expands everything else that you are – you know the feeling James, as you often have it.

James: Yes, and I love that sense of greater awareness and understanding. And are the Mother and Father located in a specific part of your mind?

Nanna Beth: They are in what I'd call my Heart Mind. By that I mean, it's not that I hear Them in my head as such, but more in my heart, sort of like a deep resonance of light within me, which as I'm feeling it, Their words are coming into my mind. You don't feel it that way yet because you are still officially rejecting Them, which is what the Rebellion is all about, so being untrue, evil and against love – against Them. But that will change once you've finished your Healing. So what you're currently feeling is an opening up of your, albeit still corrupt, mind, allowing the Mother and Father into it more. Within your corruption people and spirits can still talk to Them in their minds, but not so much through your hearts like I'm saying. And as you have experienced James, because you are relating to

Them solely through your minds corrupted state, not all They say to you is true or comes about, as They are honouring the wrongness of your mind. So it has been frustrating to accept what They've said to you at times, with some of what They say turning out to be true, yet other parts untrue. And all of that is part of your Healing, having to identify which parts of your relationship with Them is untrue, and why it is

James: Yes, I was doing more of that today with the Mother. Mostly now I can sense what She says is true and more than likely will happen if its something to do with the future, say about Marion or myself. But then at times, and I don't know why those times, however I assume they are in sync with my negative patterns, I get this hollow, empty, airy feeling to what She's said and don't believe it will come true, and mostly it doesn't. And like today I called Her on it, which always end up calling my parents – yelling at them: You are full of shit and what you are saying won't happen and it hurts me as I can't trust and believe you, and I hate being legged-over by you and treated so disrespectfully and unlovingly; that you are liars and cheats saying those things only to get me to do what you want; and I hate you, and I'm not going to do it! So I've been able to see how the Mother sets me up along these circuits so I can then work my bad feelings back to mum and dad.

Nanna Beth: Yes, all because you are wanting to be true, so They are helping you come clean by playing you on your negative levels all so you can uncover what's really on between you and your physical parents.

James: Did the Mother and Father help you this way through your Healing Nanna Beth?

Nanna Beth: No, because I was more how Marion is. I talked to my Mother and Father, but They didn't talk back. That was all a new development for me upon attaining the first Celestial sphere – being able to easily converse with Them. However other spirits I've spoken with who are more like you, did talk with Them through their Healing, and likewise had to work their way through those erroneous communication circuits.

And personally, I am more than happy that I didn't have to do anything like that through my Healing as it would have complicated it more than it was. I don't envy you James having to work through all those extra mind circuits to do with speaking with spirits, angels, other spirit personalities and our Mother and Father, it's a lot of hard and very confusing work, particularly as you have no one to discuss it with.

James: It's all part of wrestling with speaking with you spirits in my mind: is it my fantasy, or is it real?; and if it's real, how much so, and how much is my mind always stepping in trying to take over?

Nanna Beth: Yes, all very difficult and trying. We've monitored your way through all these mind levels and seen how trying it's been for you. But seeing how your feelings gradually clear the way, so you can as you say, call the Mother on it, it being what needs to be done so you can see where these circuits originated from – it all being your parents and early family life.

And we've also marked on our 'healing timeline' of yours and Marion's which we keep, how your illness did indeed take you down to see the full hidden truth of what happened to you at the hands of mostly your mother. And then today you knowing, the truth coming up in you, that everything does stem from your early life with your parents, that you categorically know that now, it being a complete truth within you, a complete knowing, rather than just increasing levels of mind understanding. You have worked it out and deduced it must be so, by using your mind, but now with your heart and its truth, you know it to be so. It being another huge step for you.

James: As I said to John today on the phone, well I hope that now having hit the bottom and understanding what happened to me, I can start to come up and sort myself out. I am so sick (literally) and tired of being wrong. I so much want to be right. I am fed up with having to think about mum, dad and Gran every day, I yearn to have days free of them. I want their effects out of me, I don't want to be like they were, I want to change into being true, and to finally be able to feel just how I am, my soul, uninterfered with. I want to be the true me, and not this pathetic wrong fucked up me. I am so sick of seeing all my wrongness, it would be nice for a change to see some rightness and know and feel it is right.

Nanna Beth: It's coming for you James. Once your sickness has passed things will pick up in pace and indeed change for the better, as you are wanting. But for now it's very important that you stay focused on your misery, fear, hurt and anger about it all – all how they treated you.

James: Now you sound like the Mother, Nanna Beth, that's what She says to me.

Nanna Beth: I know James, I'm saying what She said to you, so you can write it for the record. It all has to be recorded in one way or another because in time someone will need it.

James: I had thought that myself, but not so much of late, I'm not as meticulous writing it all down, as I can't be bothered, I don't want to do as much writing.

Nanna Beth: Which is why we will take every opportunity we have with you to ensure that the major parts are recorded. It all being part of what the Melchizedeks want.

James: Before we end, is there anything you'd like to say to John?

Nanna Beth: John, you should be happy with the results that are heading your way. We can't say more, but it's time now for the next phase to be ushered in. Please continue to ask me any questions you might have through James, even if you'd like me to comment on any musings. They are all helpful in eliciting the information you require. For as I've said before, we can't just tell you it all, it needs to be driven from yourselves, and then we can move along with that. We'll be in touch soon – love now to you and your family from your Nanna Beth. Goodbye James.

James: Thank you Nanna Beth.

GREAT U-TURN

John: Hi Nanna Beth

Wednesday, 12 July 2017

Such an incredible amount of guidance has been written, yet I feel that we have barely commenced. Guiding humanity to make a U-turn is one massive exercise.

Nanna Beth: We haven't commenced, this is all preparation and the continual revealing of the information required by the New Age (Avonal Age). It's all to be written down and made available for people in one way or another, for in the end, it will all be needed by people at different stages of soul and mind growth. The U-turn will take care of itself John, really that's not for you to worry about, as it will take time and you won't be on the world anyway, you'll be busy working on your own Healing, and then when you've done that, there will still be plenty for you to help with as humanity will still be



making its U-Turn, which really is to last through the whole of the next age. The New Age is the 'turn', so all that happens before it, such as now, is preparation. The next age commencing when Marion and James finish their Healing.

(James: Which feels like will never happen, as Marion gets sicker and the truth of our untrue relationship comes to light, it's still all too much of a fantasy; if it wasn't for the fact that I do feel I'm making good progress in uncovering the truth of my misery, thanks to my bronchitis, I'd wonder if it all was just some mental game I'm playing with myself. And I've also seen for myself that even taking the antibiotics of regular medicine, when you're still intent on wanting to uncover the truth of yourself, all those bad feelings keep coming up, the antibiotics don't stop them. It might stop the physical illness but what's driving it, all the yuk repressed hurt and pain, is still free to surface – which it has been doing, as I felt unbearably miserable today.)

John: I have felt tremendous relief that daughter Jacqueline has offered / asked to assist in the roll out of Pascas. She has macro / micro comprehension as well as big business experience, and I mean big business.

It will be a great pleasure to hand the reigns over to Jacqueline. Hopefully it will be with her two sisters also.

I do feel and hope that Natalie enters the fray – she is extremely practical in her approach to matters. This is demonstrated in many ways, including business banking.

Penelope, being a physiotherapist, may well become involved, possibly with regards to specific projects relating to health within impoverished areas. Then again, her focus may slowly grow towards understanding Feeling Healing and its relationship to health?

It will be interesting to observe what their desires and interests will lead each of our daughters to embrace within the Pascas agenda and to what levels.

Should all three embrace the agenda then the handing over to the next generation will be a sound transition. This will all be clearly their choice, this is not an easy and light responsibility.

I often wondered why we had three daughters, well now I consider this is part of the leadership being driven by women.

Nanna Beth: I can't say anything at this stage about them and what will happen, however I concur with your feelings John, it would be wonderful to have them with you and for them to understand your vision and want to work to help it come to fruition. And yes, it will be the women who make it work, for they will understand the importance of the Feeling Healing side of things if nothing else.

John: Elaine Anderson (Toowoomba – Queensland) and Dean Sims (Texas – USA) have both been introducing Feeling Healing within their own understandings. As time has progressed, they both appear to be moving towards what should be involved. These two may well be the first teachers of the Feeling Healing process?

Nanna Beth: There will be mental teachers of it, those that think they understand it and pass on what they understand. And then the real feeling teachers who will have done a substantial amount of their Healing to qualify as someone who can speak from first hand experience. However both types of teachers will be required, for many people will first need a mental picture with which to work from into connecting more with their feelings. Few people will be able to embrace it easily without any mental back up, and the mind being in the lead, even though it's all the wrong way around, still needs to be attended to first so people can then move from it into being closer to their feelings.

John: This whole agenda appears massive and complex, yet it needs to be simple for the purpose of introduction. As early attempts to introduce the Feeling Healing with Divine Love and this shift in history are rather subjective, experience may make these efforts more successful. I feel that nothing should be held back and that what has to be introduced needs to be confronted sooner than later. If the listener asks the question then the question needs to be directly responded to. However, until the listener has a grasp of the shift in circumstances, now activated, then they do not know what to ask. So, it is literally go for it time?

I keep working through the Pascas Papers, then they will be reworked by others. It is amazing what is assembled, yet it feels as though more clarity is to come. It will become simple, however, more complex in some ways.

I do see that I will need to pass the leadership on over the next five years. This will be progressive. Then support those in leadership for a further five years. In other words, unload every thing possible. I also feel additional avenues of communication may open up between the 'battle room' and the 'engine room'. This will be a never ending evolution?

Nanna Beth: Your musings are correct. It will be hard to maintain a cohesiveness over the whole process, which is not meant to happen anyway. Humanity is to be given the information and then it's up to individuals and groups to do what they do with it. And many people will take parts of it and work with those, others going deeper because they will be truer, being able to complete their Healing, and then there will be those people who will take bits and pieces of it adding it to their agenda and so mucking it all up. But that can't be helped. In a way James has written too much information for one person or organisation to keep it altogether and focused under one umbrella. Which is the whole point. He has wanted to put it all out there so if someone is true they will find what they need. And if they want to be untrue, then he's offering them a vast amount they can increase their corruption with.

As he has found, and has helped Samantha with, there are numerous hurdles early on in one's Healing, which if not addressed properly, the person will not be made aware of them and so will go off on a tangent ultimately getting all caught up in their mind. But as he can't be there to assist everyone in dealing with their potential pitfalls, so it's going to be battled out by other people, those who are able to

be truer and see their way clear, and those who get all caught up in such limitations. Something similar to what you see with the 'Divine Love people', and with all Marion and James are saying concerning the Divine Love. So what we'll be trying to do with you, and those after you John, is to keep at least a central vein as true as possible, this mostly being composed of people who are actually doing their Healing, and not so much ones who only think they understand what it's all about.

There are to be 144,000 people who initially fully embrace the Healing and get through all those early obstacles before Marion and James die, these being the so-called Chosen Ones, the ones chosen to do

their Healing to quite a substantial degree, even to finish it before their own deaths. And these people will be scattered all over the world, some congregating together to help others, some content to work only on themselves in relative obscurity. But the net impact of them will be their light, the light of the truth they will be living, which will have the greatest impact on humanity, and will be what we in time will be able



to work with most effectively. Samantha of course being the first of the Chosen. However really it's not about allocating numbers, so you can even keep this information close to your chest, although James has written it in some of his books, it's just something to bear in mind, for these people, whether they actually help another with their Healing or not, will be the true teachers of it. Even if they don't actually teach, just living their lives by the increasing truth that is evolving in their soul.

So these people will be front lines of light penetrating the darkness about them, and they are to be assisted by the Trinity Teacher Pairs who are here and working with us, as they are already assisting many of these people in their preparation to begin their Healing. And Samantha has such a pair with her, which is why she is so easily able to understand it all and teach about it should she be required to – should she want to.

(James: It is so strange writing all of this, all that I've written in my own books, and feeling how I'm currently feeling, feeling so miserable and that I can't begin to think any of this is true, and with Marion and I seeming to be growing further apart, and her not interested in any of it and definitely not thinking or feeling she is anyone important, it all seems even madder than it did before. But what do I know, I feel so fucked, so I will keep playing along to see where it goes, I'll keep writing this stuff and keep expressing my misery.)

John: I guess I agreed to this work before I was incarnated?

Nanna Beth: There's no such thing as 'agreeing', it is and was always what the Mother and Father created your soul to do. They wanted someone – you John – to do what you do, just as they use us all to do what we all do. None of us had a say in it, and to think that what we do is erroneous, showing a lack of understanding as to how we are as souls. We are as we are, which means, all the so-called free will decisions we've made and make along the way, which are all as we are meant to make, all what our soul wants us to make, all how we've been created to do. Free Will (mind-will) is limited to the personality expression of us, we can make decisions with our minds, but on a soul level there is no such thing, it's just soul-will.

John: To me, the 'break through' is when a formal meeting, face to face, occurs between Crystal and the now engaged representative of Horst Kohler. This will be the day that we will physically know that the payout process can actually be implemented. Still, there will be much to do after that first formal physical face to face.

Does Horst Kohler now have Angela Merkel's approval and authority for this new representative to proceed to make contact with lawyer Doug in Minneapolis?

What are the characteristics of this new representative?

What may be his name?

Nanna Beth: Angela is happy for Horst to do what he wants now. She is as mind-boggled about it all as he is, and to think she really didn't have any idea it was all going on. So he doesn't need her approval anymore, and yes, when the meeting happens you will hear the true starter's gun.

This man is all you've been told, I won't add anymore. I can't tell you his name, and it doesn't matter anyway as there is only going to be this one man to make the initial contact, more to sound things out and to buy the Germans more time to come to terms with the enormity of what is unfolding for them. They can see that it's getting to the point of peoples lives – such as their own – being at stake, so have to work out how best it is to proceed with such information. Do they just leave what has happened before to history, and get on with settling your claims against them, or do they look further into the darkness of all that's gone on? It's a lot to digest. And Crystal will help them understand more about it, once they open the door to her.

John: This is a big 'job' and the sooner we start to chew at it, the sooner we will start to make progress. Getting it done is simply just getting it started, it will take decades for it to unfold. Many decades.

Nanna Beth: It's the unfolding of the next Spiritual Age, that's what you'll be doing John, that's what it's really all about. And this time around, because of yourself and those people with you, it's to involve humanity and not just be a technical occurrence or something like back with



Mary and Jesus when they said a lot of stuff but no one could actually live with what they said.

And so it has to be humanity who wants it, who wants to take all Marion and James are offering and do something with it – apply it to their own lives. It's not for Marion and James to make people want to take it on, they are only the Revealers of it, it's then for humanity to want to look after itself, to do something loving for itself for once, that being helping each other understand the truths and information, all so people can chose on what level they want to relate to it and take it on.

So ironically, now it will be possible for people to be like how the disciples were to be, they will be able to take the information, something that is practicably applicable to their own lives, and share it and spread it and help others to understand it.

John: It is time to move forward and one's tolerance for delays by our German companions will only result in Court Judgement Orders that will be sort at the end of July, and that will definitely result in widespread publicity. This should be an unnecessary step. Meaningful discussions and meetings must take place will before the 31 July to avoid this.

Nanna Beth: You don't know John, it might be right that it becomes a big open public thing, it might help with the awareness that you will require so as to get done what you will want to do. However to contradict what I just said, it might not get to that point, it being as you hope and would like it to be with

the Germans coming to the party before such time. I am saying both extremes just to keep you sitting on the fence, because you really don't know what will happen and what will be best.... or worst.

John: Nanna Beth, it is great to have your and your soulgroups' inputs. How we have got this far is a mystery. So, may the mystery keep unfolding.

Nanna Beth: That is one thing you can be sure of, it will keep unfolding John, all so long as Marion and James keep growing in truth. It's the Truth that they are revealing, and living, which is the new light entering the world, and what we are able to work with, that is what the whole transformation is about. If there wasn't this input of Truth, then none of this would be happening.

And this input includes you asking me questions and sharing your musings with James like this, so he can see what I have to say, all of which is in keeping with what he has already written and expanding upon it, it all being part of the truth and information that's coming to Earth. It is the wave that you're going to be swept along on. The Wave of Truth.

All my love – Nanna Beth.

cheers for now

John

(James: Yes John, today it all seems even more mad, Nanna Beth referring to Marion and I as she does as if we are someone. I sure don't feel like anyone. I've just written a bunch of stuff which on the surface of it sounds good, but right now I feel like I'll never finish my Healing, and unless we do, what's the point of it all, as we won't be able to say to anyone that it will Heal you. So really nothing should happen with any of it unless we first Heal ourselves. But then I counter this by feeling so good with all I have done with Marion, none of which I'd have wanted to miss out on, as bad and hard as it has been.)



FEELING HEALING versus other EMOTIONAL PROCESSING METHODS:

Thursday, 13 July 2017

John: Hi James and Nanna Beth

The question to address is:

What is different with the outlines of the Feeling Healing process as against the numerous other emotional processing methods?

Nanna Beth: The difference is the focus on the truth: uncovering the truth of yourself through your feelings – uncovering the truth of your feelings. It's a rebellion against the Truth, so if one doesn't want the truth, nothing will happen, one will only move deeper into one's rebellion against it.

And because the focus is on the Truth, so one can use it all the way to uncover the Whole Truth of Oneself. And there is nothing else teaching that.

All the other systems that involve looking to feelings to some degree fail to understand the deeper significance of wanting the Truth. Many people uncover some truth of themselves through their feelings, but mostly they end the process because they don't want to follow it right the way through, which means they only want to heal some momentary pain, and once that is done, are usually happy to continue on in their untrue state.

And because one is wanting to uncover the whole truth of oneself, then it becomes a full spiritual experience, and one that can be done by oneself, so without needing help from another, although at times help is sought and used. So the Feeling Healing embraces Healing the whole seven Mansion Worlds worth of self-denial and feeling-denial, which is the complete Rebellion and Default. Other systems might only work at some aspect of it, limiting the ascent of truth through all the Mansion Worlds.

And basically no one understands the absolute depth of the problem within themselves, which is only borne out by people and spirits doing their whole Healing. Much of the current psychological understanding falls well short of understanding the depths that are involved because they don't include the overall problems brought about by the Rebellion and Default. You have to understand you are rebelling against yourself: the truth of yourself, and so against your own soul; which is then the truth of God, so the Mother and Father; and that also includes the truth of Mary and Jesus. So at some point you have to rectify all those relationships, which you can't do unless you understand the bigger spiritual picture. And so that's what James has revealed, taking all Marion has said, all the books offer, adding his own stuff, and putting it all together as a way of life, a spirituality that can be lived, and one that initially focuses on Healing oneself of all one's wrongness.

John: Why have all other methods of releasing and delving into emotions not been successful?

Nanna Beth: Because they don't understand the scope of the problem, as I said above. They are not approaching it from the point of view of understanding the nature of one's Repressed Childhood state, the extent of that; and then how one needs to allow oneself to feel all the bad feelings, not reject them; and then bring them out, which is the releasing of them; all whilst wanting to know the truth of them – the truth of what you are feeling. And that truth is what needs to come up within you so you can heal your will and become a truly functioning person, fully self-expressive, self-loving, and growing continually in truth.

All the other systems work within the control of the mind, so once the therapy ends, the mind regains control albeit in a different way. Only the Feeling Healing and Soul Healing with the Divine Love, seeks to entirely break the control of the mind over one's feelings.

John: Why haven't other methods been going deep enough?

Nanna Beth: Because people are basically afraid to push into such early childhood trauma without understanding where they are going or what it's all about. The leap of faith is too great, as it would mean they would have to rise above and conquer the Rebellion and Default within themselves, and that's simply too much to ask. The negative truth-denying systems within everyone are too deeply entrenched.

However the spiritual structure outlined by James provides a structure that allows you to deal with the Rebellion and Default, allowing you to maintain your faith, and evolve it, as you progress in your growth of truth – it gives one a picture to work with. Very few people, and possibly only Marion in fact, are able to press on into such dark depths without any structure and with only a faith that it's what she and God want to do.

I (Beth) couldn't have done it Marion's way John, I wouldn't have allowed myself to feel such pain, I needed to understand the bigger-picture reasons as to why I was in such pain, and be given the understanding that if I kept at it, one day it would end. Marion doesn't know it will end, she just keeps going one bad feeling at a time, which requires a tremendous amount of faith and over so many years and through so many inner obstacles; and still she doesn't know if it will end, but as she says, there is nothing else she can do other than keep going because she tried everything else. And she doesn't want to let her mind come in, only wanting to stay true to her feelings, so she doesn't want to know about the bigger picture even though she has worked it out along the way for herself and for James to understand which he's worked into his books.

So the spiritual aspect or approach James has provided, even if it's not actually talked about; the simplicity of honouring your feelings, and in particular your bad ones, then by accepting them you allow them to have their say, so you express them, all whilst longing for the truth, includes all one needs to know. And so by doing that, one will be able to fully Heal themselves working it out along the way for themselves; and even if they don't understand it, will be living the highest truest spiritual life one can live in one's wrongness, which in time will lead to one's Healing of one's rebellion and default.

On the surface of it, what James has related seems overly simple, but doing it yourself, and see what happens and what results; and that will take one deep into oneself uncovering the whole truth of oneself.

John: Many will consider that what they have been doing is adequate – why are they wrong in their understandings?

Nanna Beth: Because they don't understand what it's really all about. They don't understand the mind is in control of their true feelings, and that needs to be stopped. They don't understand the significance of their rebellion against the Truth, and how that happened by default. They don't understand that it's about uncovering the whole truth of yourself through your feelings, all your feelings, but focusing to begin with on your bad ones because they are what most people don't want to see. Everyone else sees it that they are doing this feeling type healing to make themselves better, to rid themselves of their pain and trauma, so instead of taking a pill to take the pain away, they are using some sort of emotional clearing system. But that is all still to take the pain away, to fix themselves, to heal themselves, to effectively take a pill so it all goes away, just like what the 'Divine Love people' hope the Divine Love

will do for them, but it's not to uncover the whole truth of themselves. We have to see the truth of our pain, why we're in it, how it all came about, so what really went on in all our early relationships. It's not about doing anything that just takes all our suffering away. We have suffered for valid reasons, which all have to come to light. And so only emotional and feeling accepting systems to help one see such truth of one's pain and suffering are of any worth. And unless you uncover the whole truth of yourself, you'll never set yourself free of your rebellion and default, of all your soul pain. And the truth means to see the whole truth of why you feel unloved, how unloving your early relationships were, why you don't love yourself, why you are unloving, why you are evil and wrong, which basically no one wants to face.

So to summarise: We all have to see the truth of our unlovingness. We can't avoid it – deny it. We have to face it and feel all it makes us feel. And all those bad feelings lead us into the truth of it. So we have to understand – bring to light through our feelings – all the truth of our unloved, negative, evil, wrong state. And then once we've done that, we can be free of it. So until you uncover and feel the whole truth of it, it will never leave you, you'll remain in rebellion against yourself, you'll continue to be unloving.

John: I have considered with James, that Marion and he actually represent the two extremes of what is involved in soul-healing. I have found one such writing by James, back in 2006, that points to this. My feeling is that their two extreme ends of the experience matrix makes them perfect for bringing together the understandings that will benefit all people, no matter what their circumstances maybe.

Nanna Beth: If we accept that Marion and James are the Avonal Pair here to reveal the essential truths to humanity about how people can Heal themselves of their rebellion against the truth of themselves, then what you deduce is correct, for they have between them had to take on every negative aspect of the Rebellion and Default and so Heal it, which is healing all the circuits on a technical level, thereby opening the way for humanity to follow.

So if you consider this John, it is pretty amazing that two people can take on all the denial humanity is in, approaching it from opposite ends, which equates to the effects of the Default of Eve and Adam (following on from the Rebellion), and that such wrongness can be concentrated into two family units, and mostly in two parent pairs (being Marion's parents and James' parents). And so what is the likelihood of that? And then for them to live in the same city being the first children of such 'bloodlines of denial', and meet each other, and at a time needed to give themselves all the time to systematically work their way laboriously up through all the negative mind and will circuits. So to be subjected to so much woe, and to be able to keep going with no help from anyone other than each other, and a little backup from the spirits and the Mother and Father on James' side, yet with that involvement opening up even more messed up and corrupted mind circuits he's had to work his way through.

So if it is true they are the Avonal Pair, it shows us all just how incredible the soul of the Avonals are, to be able to go into such corruption, taking it all on, and then working it all through and Healing themselves of it, all basically without any real help from anyone, so just on faith and pure longing for the truth.

And should they reach the end of their Healing before they die, and should the truth then be fully declared that they are the Avonal Pair, even going against all what The Urantia Book (TUB) says, they having to uncover the truth in all things whilst rejecting the untruth such as in TUB and Padgett Messages (PM), with nothing having been straightforward and of any real help, then it will be cause for major celebration.

And it's what we are preparing for, what you are too John, to see if Marion and James are indeed the Pair, and then to give them all the support they will need to do whatever it is they are to do in the public sense. This is all their private work so far, of which you and I have become substantial parts of, the doing of their Healing preparing themselves for when they are Healed.

And if it turns out they are not an Avonal Pair, they are only just a pair of ordinary mortals who've somehow managed to keep going, dealing with all their pain, longing for and bringing to light all the truth of it, then they will be the most extraordinary mortal pair because they will have been the one's who broke the back of the Rebellion and Default. So either way you look at it, it will be quite an achievement.

And so we are all waiting to see if the theory is realised by such Avonal-truth awakening in their soul at some point, for then we will all know it will be true, just as they too will know. For now Marion doesn't contend with any of it, and James only on a mental level because of what the Melchizedeks told him years ago, but it all has to come to them through their feelings like all truth, which will only happen once they've fully Healed themselves or toward the end of their Healing. Because in the meantime, whilst they are still in their wrongness and denial of truth, part of that denial is denying the truth that they are Avonals. And again the whole Avonal business has been yet more problems and negative circuits James has had to personally work through, whereas Marion has solely focused on only dealing with her feelings, not having to contend with all the other mind stuff.

John: James, when you feel up to it, may I have your observations please? And Nanna Beth, your angelic eye on this subject would be most helpful, if you please?

These two subjects are possibly leading to the crux of what we are sharing through the Pascas Papers. I now see that these 'colourful' handouts are essential in introducing and supporting the major publications of James Moncrief and James Padgett.

Nanna Beth: The handouts will help introduce people to such writings. But what I want you to understand John, is really it's James – because of his writings (and Marion, because she is leading them both in it all) that is what's most important. The Padgett Messages (PM) are really to be included in James' work, which he does, by taking the crucial parts and integrating them into his work – with the most important truth being that about longing for the Divine Love. So really the PM are secondary.

As you understand, the Padgett Messages can't heal you. The Divine Love is about immortality of the soul and becoming divine, it's not about ending your rebellion against the Truth. And ending the rebellion needs to come first: the Truth then the Love, then the Divine Love can be introduced, even though of course the Divine Love can be introduced at any time.

So really one need only work with James' (and Marion's) work, which includes longing for the Divine Love. People are to look to them first, and then later to Mary and Jesus. To put Mary and Jesus ahead of Marion and James can cause you problems because you will overlook what Marion and James are revealing. But as Mary and Jesus are known and with such importance placed on Jesus, and now with the PM and the Divine Love, so it's all the more confusing. Even added to by James having written focusing on and making Mary and Jesus more important than himself and Marion.

But as I said, it's Marion and James first, then Mary and Jesus and the Divine Love. And Marion and James are more than capable of also introducing the Divine Love and the truth of Mary and Jesus, which they would have done had Mary and Jesus not come to Earth. So really Mary and Jesus are not needed, and as I said, can get in the way, causing people to focus too heavily on them whilst missing the more

essential truths of having to do your Healing by looking for the truth of your feelings (the 'Divine Love people' being examples of this). However with Mary, and Jesus in the PM, being so dominant, it is all just more of the confusion and part of the rebellion. And at the same time I don't want to downplay Mary and Jesus and lead people to believe they are not as important as Marion and James, for they are most important, and much more important being the Creator Pair of Nebadon, and Marion and James would rather not exist than have people think they were more important than Mary and Jesus; but as you understand, I'm just trying to put the revelation of truth into context, because it's all being revealed round the wrong way.

People and spirits were given the opportunity to deny Mary and Jesus whilst they were on Earth, taking the Rebellion deeper; and then to further deny them right the way through their age; and now further still by including the PM. And now people will be given the added opportunity of denying Marion and James, which all ends up being one huge mess. And one in which only Marion and James can unravel. For I am only saying to you now what James has already written and what Marion and he have talked about. I wouldn't dream of taking anything away from them, and it's not my place to do so.

Firstly, consider discovering the truth of your emotional pain and injuries. Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing. Primary and most important readings are the writings of James Moncrief. Then consider the Padgett Messages, and then The Urantia Book.

John: I also see that our considerations of an education / accommodation centre is possibly far more relevant than I ever dreamt of before. We considered acquisition of the Kooralbyn Hotel Resort – 100 rooms, golf course, and 'ski lodge' which is one hour by motor vehicle from the Gold Coast and Brisbane, Queensland, Australia. Such a style of facility appears now to be essential.

Nanna Beth: Yes John, that is all to unfold, and mostly through conversations you'll have with everyone involved. We are not going to say you need this and do that, as we've said, it will come through your own thoughts and feelings. I will let James speak to you now as he wants to tell you some of what he was musing over yesterday.

James: Ha, ha, yes John, but my musings are so much humbler than yours. Yesterday it was going through my mind something like finding an eco-resort place that hadn't worked, a place with lots of separate cabins / bungalows, and main house, and grounds to plant food trees and a big veggie garden. To have some sort of place where people can come and possibly permanently live, people who'll be involved in working with all you want to set up; where people can live together who are intent on working on healing themselves, and a place where courses, meditations and such things can be held. But a whole huge golf course, well now, and why not? Hey, I have no idea of the money involved or what you'll want to do, I just plod around in some of my musings trying to accommodate Marion who doesn't want any part of it, but I still want her nearby, and then possibly with the likes of Sam coming out to Australia (from England) to live and run the whole thing – that being my idea, she might not want to.

However personally, I'd ditch the golf course, turning it into more bungalows, a commune of sorts, a permaculture environment, lakes and so on. So shit, who knows, I'm open to anything.

I've got a new pain in my left upper chest area, under my arm, so I'll probably dead in a few months. I'm so shit-scared of cancer or some horrible worse thing than what I've had these last couple of weeks. I'm expressing my fears, misery and anger like mad. Marion thankfully seems relatively stable today, however that might only be a reprieve as often that happens and then the next day she's worse. And as I won't bore you with all the bad feelings details, now I'll sit back and ponder a huge complex like what you're suggesting!!!!! And if it backed onto a forest or there was some forest close by for walks, I'd be in heaven!!!! And all those beautiful, full-on, feeling-expressing 144,000 women will be able to come, and shit man, how are we going to deal with them!!??? Hopefully there will be some men too!!!

And by the way, these are fantastic questions you've asked Nanna Beth. It's right on what I love to write about the most. And it's so good because I feel it's all helping to pad out all I've written, sort of helping me mature in it all if that makes any sense. I don't feel so raw with it all now, more understanding, more knowing what it's all about, what Marion and I are doing, even growing slowly in what you and I are to do.

John: Yes, the noise in the media has to start sooner or later. And, yes, it will be the only way to get attention from many. And, yes, the full exposure of what has already unfolded with the payout processing of Solid Investment (SI) must be made public, and that will be like a cascading financial scandal that will engulf thousands of prominent entities. Struth, Nanna Beth, don't go away!

cheers John the Typist (thanks for letting me know I will keep my head!)

Nanna Beth: It will be as you say John, and it will be a good purging for the world. It will certainly open a lot of eyes, and those on the receiving end will be too worried about the masses that will want to lynch them, than to worry about knocking off individuals.

At the moment there is a great tension building coinciding with what the Germans are doing with SI. It's to do with Trump taking on the Deep State. Which is really the Russians getting ready to make their move and sink the whole bloody lot. The Russians hold the key, they know all the dirty dealings that have taken place, and they are working at patching up their own holes which they've nearly succeeded in doing. Trump is giving them access to information that they have needed concerning dirty dealings within Russia itself, and Putin has just about had enough and will soon start making his moves to bring to light all the dirty stuff. And it has to happen because it's the only way for him to release Russia from its current bind. He either plays along with all the controllers and never does anything more than what he's done, or he starts to go for broke, wanting to set Russia free of its controllers.

And so with understanding and information which the Germans will pass to Putin that's come to light through their SI investigations, even more pressure will be exerted, and it will actually be Putin that will start exposing it all, although not directly, but through the likes of WikiLeaks, which he supports. But by then your money will be in place and things going as you want them too.

And I won't be going away, I assure you, we're in this for the long haul.

Love from us all over here – your Nanna Beth.

Deep State in the United States

https://en.wikipedia.org/wiki/Deep state in the United States#cite note-Salon-9

The concept of a deep state claims that there exists a coordinated effort by career government employees and others to influence state policy without regard for democratically elected leadership. The term, which was originally used to refer to sophisticated shadow governments in countries like Turkey and post-Soviet Russia, has also been used in American political science to refer to entrenched government institutions wielding power, without necessarily implying a conspiracy. Detractors say this idea is a conspiracy theory.

The term gained popularity in some circles during the 2016 U.S. Presidential Election in opposition to mainstream Republican and Democratic candidates and has also been used in 2017 during the Trump administration. Some progressive advocates and opinion leaders have advocated the deep state strategies in order to delegitimize the Trump presidency.

Definition in political science

Deep state has been defined in 2014 by Mike Lofgren, a former Republican U.S. congressional aide, as "a hybrid association of elements of government and parts of top-level finance and industry that is effectively able to govern the United States without reference to the consent of the governed as expressed through the formal political process."

In *The Concealment of the State*, professor Jason Royce Lindsey argues that even absent a conspiratorial agenda, the term *deep state* is useful for understanding aspects of the national security establishment in developed countries, with emphasis on the United States. Lindsey writes that the deep state draws power from the national security and intelligence communities, a realm where secrecy is a source of power. Alfred W. McCoy states that the increase in the power of the U.S. intelligence community since the September 11 2001 attacks "has built a fourth branch of the U.S. government" that is "in many ways autonomous from the executive, and increasingly so."

Use of the term during the Trump administration

Donald Trump supporters use the term to refer to their claims that intelligence officers and executive branch officials guide policy through leaking or other internal means. The term's conspiratorial undertone has made it popular on conservative and far-right news outlets sympathetic to the Trump administration, including *Breitbart News*. It has also been discussed by *The New York Times* and *The Observer*.

Donald Trump and Steve Bannon, his chief strategist, have both made claims about a deep state which they believe is interfering with the president's agenda. Some Trump allies and right-wing media outlets have claimed that former president Barack Obama is coordinating a deep state resistance to Trump. The growth of this narrative within the White House has been linked to Trump's unproven allegation that Obama wiretapped his telephone during the 2016 Presidential campaign.

While popular among Trump allies, critics of use of the term in the U.S. dismiss it as a conspiracy theory and argue that the leaks frustrating the Trump administration lack the organizational depth of deep states in other countries, and that use of the term in the U.S. could be used to justify suppressing dissent.

FAILED CONTACT Friday, 14 July 2017

James: Please Nanna Beth or Helen, John and Crystal would like to know something about this man who is supposedly going to make contact with Crystal's lawyer next week?

Nanna Beth: I will speak to you John.

The man is in his early fifties, he is a respectable business man as you understand, and is very open to whatever might come of this. He's doing it as a favour to Horst, whom he likes a lot, and whom Horst completely trusts. And the man likes the trust Horst puts in him, feeling privileged that Horst has chosen him for this task.

His name starts with an 'H' like Henrik, and he is only marginally aware of what it's all about, but enough to know that Horst will tell him when Horst knows it's right, which will be once he returns having met with Crystal.

It's really that this man is coming to tell Crystal that the German's are ready to begin the payouts, and so to organise a time and place of Crystal's choosing where they could all meet in private and organise how it's all going to happen.

This man will convey what Crystal says along with his observations of her, finding her very well informed and very competent and even a pleasure to do business with, he even considering after the meeting to offer Crystal to come and work for him, or at least with a yearning to get to know her better. He likes American's and understands how they work, and can work with them.

And so he will look forward meeting Crystal again in Europe once he's confirmed through her lawyer that Horst is happy with all the arrangements.

He is a handsome man, with a penchant for the fineries of life, conducts himself in a dignified manner and will be someone that Crystal will feel confident about.

Now why we didn't say anything about the change of men coming to meet Crystal is really because it's irrelevant in the overall proceedings. It's the German's working things through on their end, and it doesn't matter really for Crystal because she is more than capable of dealing with whomever they send, and will be more than capable of dealing with them all in Europe. Crystal is more than capable of dealing with anyone, and so it doesn't really matter about who this man is or how it goes down, it will be all as it's meant to be.

James is having a bit of a laugh at me, as he's not used to saying such things from us spirits so personally about people like this man, and so thinks that I'm just taking what's in his mind based on what John has said and alluded to. And to that I will say it is a bit of that James, because we've fed you some of what we've just written earlier to you, so it will be in agreement. James, you are always receiving bits and pieces of information from spirits, from your Indwelling Spirit, your angels, and even the nature spirits, so there's always a lot coming into your mind from outside sources, which is of itself a confusion for you, giving you quite a fantasy mind to contend with, but it can't he helped because it's how you are and part of what you are working to heal and deal with.

So James is now asking, okay I understand, but what happens when all I've said turns out to be nonsense, when the man doesn't even show, and the German's change their minds again, or the man's name doesn't start with H and he's an ugly little man with no penchant for anything other than making more money?

So James, we wait and see how it pans out. Which will in turn help you understand more about your mind and how we can work with it.

James: Well it all sounds too much like how I'd like it to be Nanna Beth. But anyway, we'll see what happens and what I feel about that then.

Also John, I was reading over what Nanna Beth wrote yesterday with the intention of adding something like I said to you on the phone, but, no, I don't need to. But what also struck me, was how much I feel it's myself writing these things now with Nanna Beth, but when I re-read it, of course I could see it wasn't me, but I realised that she is keying in on my truth, or how I see things, which makes it be as I would want it said. She's quite extraordinary like that, I think John, like how I think it was Helen told us that Nanna Beth can so readily attune herself with Mary's Spirit of Truth, so she sounds and feels like Mary at times. So now she sounds and feels like myself – ha! Talk about confusing. If I was any more confused I'd have to dash my mind against the wall.

And now with this huge place you'd like to buy, and what would we do with it, and oh my god, it could happen if you get the money and start your buying spree; and with how bad I'm still feeling within and about myself, seeing every day how much of an incompetent cot-case I am, that I can't put two and two together at all. Sure I can write all this stuff about the Healing, but that's about all, I can't even get out of the car without forgetting what I'm getting out of the car for! Talk about losing the plot, especially when I never had it, only believed I had it. God what a fuck up I am.

And yet all I feel like doing is laughing. I feel like my chest is going to get worse and worse, and why not, because how else can I be plunged down into my remaining yuk; and so I'll get sicker and sicker and yet somehow keep up the writing with them up there, and you'll get the money and away you'll go; or you won't get the money and we'll have to give up the fantasy one day, and no one other than Sam will ever be able to do their Healing; and then maybe that is even how it is, she becomes the Leading Light and saves the world, whilst Marion and I rot away freezing on Phillip Island (off the bottom of Victoria, Australia).

I am spinning, so much is whirling around, I almost feel like I'm a spirit in some ways, and thought I was doing an okay job, doing what Marion and I need to do to keep us going, but now I don't know about any of it, I feel more mad each day and yet more true to myself too, and the Mother is very close and that too is mad for She tells me so many things, most of which happen, some don't and I get angry at Her for the stuff that doesn't happen, because why tell me lies, and then it's to mum I'm speaking, angry with her for all her bullshit, and on it goes, whirling around all over the place. I do long for peace of mind, but I don't think it will happen, not whilst all these buried feelings are whirling up in me.

Sorry to add my rave, but it's for the record, you know, as I've not written that much about my past couple of weeks, but they have been two of the most intense weeks of my whole Healing. Which also makes me feel bad, when I think I should be easing off in my Healing because of all the work I've done on myself over the years, I feel like only now am I actually really getting going, and getting stuck into being and fully feeling how I really am – how I was as a child that I've blocked out. None of it is how I thought it would go – have I said this before?

Nanna Beth wants to say more...

Nanna Beth: You're going to get a call John that will change everything for you. It will be change in a good way, and it will then help you understand the direction in which you are going to take. It won't be

long in coming, and it will end a lot of the inner confusion you have, giving you the direction you seek. I can't tell you more, and can only tell you this just to add to James' confusion because what if no such call is forthcoming, and you'll think he's mad with all he's writing with me, and that it's not your Nanna Beth at all, just stuff he's making up in his own mind.

(See Friday 9 November 2018: The CALL!)

All of which is part of the confusion he is working through to do with this aspect of himself and how it was for him back in his early life. There are still connections he has to make back then that are to do with spirits, and I've now given him a little more to think about. And once those connections are made, then for him too, things will become much clearer as in being able to sort out all that's going on to do with us. It will prove to be a very transformative time when you make those connections James. It will start to open up and pave the way forward that you also seek.

So I'm taking this opportunity in James' writing with me for you John, to put this pressure on him, all with the blessings of the Melchizedeks who come up with these sorts of ideas. And I'm also telling this now because it will put all the similar experiences like this he's been through into a context that will make sense, which is all able to come to light now because of his illness which is liberating so much misery and fear. This being part of that liberation, for as the murk clears, so can come the truth and the clarity you seek James.

James: Thank you Nanna Beth, I can feel what you're doing as we're writing this. I have wondered if what you are suggesting would happen, if there was any truth to it, and so perhaps what you're alluding to, will do as you say and open up some of the closed parts within myself. (Upon reflection John, I thought I'd just delete this about you getting a phone call, feeling that it's all stuff I'm making up and that possibly I should stop it all as it's only adding to the wrongness with you driving the fantasy even more. But then I thought, no, I'll just leave it and if nothing comes of it, so be it.)

Nanna Beth: It will help you James, and so too for you John, it's all going to come together now in readiness for what you will need to do. You won't be left in the dark John, you'll see, it will all unfold effortlessly as we've told you, enabling you to easily take the path of least resistance.

James was asking again as to why more people haven't embraced the Feeling Healing through his writings, and although he already understands it's because it's not time yet as you're still in Mary's and Jesus' age and that is one of anti truth and so anti healing, still I can add that there needs to be an official starting time, from which all that is good and anti the Rebellion and Default will flow. And we've not reached that point yet, but it shouldn't be too long in coming, it being related directly to Marion and James and their Healing finishing.

There have only been a few people, Samantha being the main one on the feelings level, and you John the main one on the mind level, that have been needed to help you James see what you've needed to see from each of them, all of which is helping you to formulate how you'll want to present your work, which as you say, is all maturing and coming together currently, even though on the other side of things, owing to your illness and all the bad feelings surfacing in you, you feel you couldn't begin to formulate anything. But you are, and that is all in keeping with what needs to happen as we are moving with that formulation and so working to support it as it develops; which means, we'll all be on the same page and not at loggerheads. If you decide you want to go that way, then we will support that way, and it's all coming about naturally as you continue to Heal yourself.

Love to you both – Nanna Beth.

KAZARIAN MAFIA and the LIGHT OF TRUTH

Tuesday, 18 July 2017

James: And what right do these people have in telling another person how to be; of what concern is it of theirs as to how anyone might spend their money? *They* are entitled to money because *they* know the value of it, and of course being the superior ones would never waste it, not like the little pleb people who'd just buy junk and fritter it all away. That sounds like something my grandmother might say – yuk!

Thank you Crystal for that feedback, John says you both pick up things that Helen or Nanna Beth say that are relevant for you and which I don't understand, so I'm pleased what I write with them is of some help.

Reading your comments and then something else I read this morning made me feel angry again with these controller people, and I want to ask Helen about some aspects of it. I will send it to you as I want to try and tie it in with SI (Solid Investment) and all you and John are doing, but really it's for my own understanding.

Helen, going by the article I was reading this morning and other such articles I've read over the years, is there any truth to the Khazarian mafia; and are they the ones, as these articles suggest, who are the real behind-the-scene controllers of the world?

Helen: They are, but it's not as simple as that. There are varying levels and degrees of such people who might go under that label. And they were themselves being controlled by the mind spirits, but now that influence has stopped.

They are groups of mostly controlling Jews, which only means they were born Jewish, but are more of their own secret society not adhering to the tenets of Jewry. Yet this Jewish ancestry does bind them together in a secret brother / sisterhood, and resulting in their being the main behind-the-scenes controllers. With the likes of the Rothschilds and Rockefellers being such controlling families, and then with the Clintons and people of their ilk, being involved – used by them, getting rich by doing their dirty work, and then at the same time being protected by them.

However it comes down to a few head individuals within these larger groups who are the real orchestrators of control, all of which we're soon to start tackling to bring to an end. They currently need time to feel that their usual 'inner network' (connection to their mind spirit controllers) is not working as it was, that things are going a bit haywire, so as to start feeling more vulnerable, which will lead to mistakes in what up until now has been a well-oiled machine, which we intend to exploit.

James: One of these so-called secret societies or networks according to this article, receive "orders via gamma rays from an entity they know as the black sun", is this for real, can they be so puerile, or is it just the imagination of the author?

Helen: Laughingly, it's for real James. The author doesn't really know what he's talking about, he speaks to a few friends he's got dotted around the world and they are always looking for odd things and trying to work out what's happening behind the scenes, and sometimes there's a grain of truth to what he writes, whilst mostly it's nonsense; however in regards to such people believing they are receiving such unseen help from such things as you've quoted above, it's true. The entities of course being the mind spirits, however it's incredible what people are willing to believe, even the so-called leaders of humanity and these secret societies, and perhaps even more so because they do see themselves as the leaders and are in touch with such levels of information.

James: So really they don't have a clue?

Helen: That's right, they don't, not about higher spiritual things, anyway. But a lot of these mind spirits were very advanced in their understanding of how the world works, how to control the masses, how to get what you want as in how to assert their global agenda, because these mind worlds are full of spirits who were people who were once members of these secret societies and the power-people of the world. So they died and carried on not wanting to relinquish any power in their new spirit lives, thereby finding it relatively – or they did until we shut them down – easy to pass on their thoughts and feelings to those willing to receive them on Earth. Most of the secret societies work and have worked with occult forces (whatever they believed these to be), having some way to link up with the other side – the mind spirits. They didn't have the wherewithal or imagination to do it themselves. No such overcontrol of humanity could have happened over all these years had there not been this over-control from the mind spirits. It's impossible to be a business, say a controlling bank of a country, without having such helpful insight into what your competition is doing, in the light of wishing to gain such total control. So the Khazarian Jews – or who they represent, are some of the best at harnessing this flow of information from the mind spirits, because those mind spirits were the best organised, had the most psychic power, and so were the most influential.

For you understand James, there have been huge battles for such power in the mind spirit Mansion Worlds over time. And more recently since the Caligastias and Daligastias have been removed, the battles have been intense. And now they are still turning on each other blaming each other for stopping and blocking their connection with their people on Earth, so it's breaking apart their systems in the mind worlds, all of which is going to then become manifest on Earth, which we've been hinting at, it being brought about by we Celestial spirits being able to capitalise on their confusion because the power source of their control has been turned off, so their controlling ways will also break apart.

And as we've said, our beloved Crystal is going to have a major role in this undoing of the existing power structures, which in turn will help bring to light much of the criminal corruption, with the world reeling from the up welling of information as to what's really been going on. So people will see it's not some extraterrestrial matrix that's been imposed on humanity like so many believe (although that is true when you look at in the light of the Lucifers and Satans rebellion being imposed), but just ordinary controlling people who want it all for themselves.



ight of Truth

And Crystal is not going into battle as such, she is merely going to be **carrying the light** that she is, the **spiritual light**, which is the **light of truth** that is now within her heart and mind, and that will work its effects upon those we want to see unhinged. And they won't even know it was because of her, she will be focused on doing her work getting done what needs to be done for the payouts and what then follows, but her light and presence within such darkness will have the desired effects causing much of the corruption to be brought to light and the controlling systems to fail.

So how do you feel about that Crystal, potentially having such an impact on the way of things and yet without you even having to raise a finger? Does it sound like some fantastical fantasy? Well it aught

too, because on that level that it is what it will be. But on our level it is our way in, the sword of the **light of truth** leading us – giving us – the way into the heart of the beast, this being what we've been preparing for these past one hundred years. (Padgett Messages written 1914 – 1923)

You see, we can't do it ourselves from spirit without the direct involvement of people. It ultimately has to be people on Earth doing it, and we can support them. And what we can do as those people start to

move the **light-of-truth** about, is as yet unknown on Earth, because we Celestials have never been allowed to use it. So in many ways it's all new for us too, although we have more of an idea of how to use such light and the repercussions of it, than you have, as you probably don't even know what we're talking about when we say such things; but you'll see, **it will come to pass because the old rotten evil structures all have to fail, so any structure, seen or unseen, that controls people to their detriment, will end, this being the incredible time humanity is now moving into.**

And so as people want to uncover the **light of truth** within themselves by doing their Healing, so too will this be matched in the broader sense of people uncovering the corruption of truth by the hidden controllers. So James, it doesn't matter what name you give to such controllers, as their days are numbered and shortly their demise will begin in earnest and for all the world to see. And I know you are still doubting what I am saying, however that too is good because that is what you have to keep doing with your Healing, yet in time you'll understand and start to see what I am saying.

James: As much as I doubt it Helen, it does all makes sense, and I can imagine it happening; but yes, it also still sounds too fantastic. And yet why not? Slowly I am understanding (there's a lot of thickness that it has to penetrate through in my poor bashed up brain), that as you say, humanity has been controlled by the mind spirits and how much control they have exerted. I am accepting and coming to understand that it must have been this way for how else can the controlling rebellious spirits, the Evil Ones, have done what they've done with humanity. But it's just that no such over-control has been even hinted at in any of the spirit writings I've read from the mind spirits, it all seeming to be that once you die you get on making yourself a better person if you're not relegated to the hell planes, all with little to no effect on humanity on Earth. And even though I've written accounts of such spirits saying how much they did affect humanity, still it's only now really sinking in just how all-pervasive this control from the mind spirits has been.

Helen: And even those nice mind accounts of spirits awakening to their new spirit lives, and getting on bettering themselves in the mind world universities and things like that, is all part of the over-control of one of



the main controlling groups of the mind spirits, they wanting to control the picture people might have of what spirit life is, what to expect when their time comes, all so such people will nicely slot into the control they are exerting and more than likely will not defect to some other mind controlling group. The high Sixth mind world controlling spirits exert a very broad and intense control over the lesser spirits, with the spirits on the lower levels for the most part unaware that they are part of such control, so subtle is it worked on them. Which they then convey / conveyed to Earth, and so it went, broken up into the major religions seeking to maintain control over their followers, and then everyone else wanting their levels of control, and the Khazarians wanting control over the whole lot; with their agenda being the most far reaching, in that they were working toward a global control, to ultimately end the religions and impose a one world religion, and then for their arch leader, who was ideally going to have been Daligastia (and both of them, Mr and Mrs, the Emperor and Empress sort of thing), returning – their 'Satan' or Chosen Ones, who'd materialise on Earth as the greatest spiritual rulers, and rule alongside their corresponding physical flesh leaders, none of which was of course ever going to happen, and now can't happen anyway.

James: So presumably humanity is going to be broken down into what – component parts?, if all that control ends.

Helen: Yes, that's the idea, more autonomous units in which people are freer to do what they please. So with much less political and monetary control being exerted, smaller units making their way enjoying greater creativity, and with an increasing awareness about looking to oneself, one's feelings, and for the truth they want to live. So to become self-truth-revealing, or, truly self-revealing, no longer needing to be dictated to by the state or some religious or financial organisation.

Humanity has never been more controlled than it currently is. Your lives, every part of them, is infinitely controlled, most of which you accept without question, even believing to have it with less control would insight anarchy and complete breakdown with ruling gangs predominating society, even having to go back to live a sort of feudal system again. However it doesn't have to be that way if people want to live true to themselves by looking to their feelings, being self-governing as determined by the truth they reveal to themselves. If they want to carry on as before with their minds and all their wrongness in control, then all hell will break loose on the world, so the breakdown of the controlling systems has to be tempered with the introduction of true power through one's feelings being offered to people through their embracing the truth of their feelings.

James: So you reckon that the vacuum created by the breaking down of humanity's controlling systems is going to be filled by all John is setting out to do?

Helen: Yes, that's about it.

James: Shit, that's huge, even bigger than I'd been looking at. Do I feel happy or sorry for you John with such a task ahead of you...? Even earlier retirement I'd say – you should be on the pension relaxing in the spar having a few quiet cold ones contemplating nothing more higher than such things as your toes getting wrinkled in the bubbly warm water!

Helen: Yes. It is huge, an enormous project, the U-Turn as John has written, the crossing over of ages, the end of the Rebellion and Default, and the beginning of the Healing of humanity. And it's what we've been preparing ourselves for over here. And it's all going to smoothly unfold, because the truth will now be readily accepted, which is the major change for humanity, because up until now, it's been rejected. But with all the untruth coming to light, the truth will be a blessed relief and welcomingly embraced, particularly when it, as well, sheds even more light on the untruth making people wonder what the fuck they've been doing all these years.

James: So the untruth needs to come out so the truth can be received?

Helen: Isn't that how it works! It's the same as it has been for you James doing your Healing. Humanity will begin its Healing, whether it knows that's what it's doing or not. So the untruth will start to be expressed, as the pain is embraced, giving rise to the truth of such rottenness; and as such truth of the untruth comes to light, so people will make their changes and decisions to no longer live the 'old ways' wanting to look into and embrace the new.

James: So the new ways are to be spelt out loud and clear, and made readily available?

Helen: Yes, that being what John has in mind.

James: That being what you've put in his mind –

Helen: Oh, a bit of both I should think.

James: I feel increasingly, which could still just be part of my wrongness and still more I have to work through and heal, that I am making my work available, such as even writing this with you now Helen, and then giving it to humanity to do whatever it likes with, in that I'm not really going to be involved in what happens to it.

Helen: And you will follow those feelings James to their conclusion, and in the meantime seek to make sure that to the best of your ability what you present and reveal is true, and true enough for people to take and apply to their lives so they can heal themselves of their untruth.

And along with those feelings you are also feeling, if you don't mind my speaking for what you are feeling James, that you are increasingly giving over to us as you understand how much we Celestials are now in the controlling seat; and that really what happens on Earth so far as all I've been saying, is our affair, it's what we desire, which is really what the Melchizedeks and Mary and Jesus desire.

James: Yes, that is how I feel. That you've obviously got it all well in hand, and if even a tiny fraction of what you say happens, and the mind spirits *are* now out of the picture, and you *are* going to work humanity around into a new way of looking at itself and life, then that's all very amazing and far beyond anything I can comprehend. So I feel like sitting back for the ride, still focusing on my Healing, but really the rest is up to you.

Helen: Which is correct to a certain extent; however, what happens when you and Marion are Healed?

James: Yeah, well, that has to happen first. And I'm trying not to think past our Healing ourselves, which seems too big a task at present.

Helen: So in the meantime, we'll keep working on our side of things, Crystal will do what she feels to do, as will John, and we'll all see what happens.

LIGHT OF TRUTH



James: Not much else we can do, is there? Thank you again Helen for speaking to me. What you've said at least gives me more understanding of the bigger picture, which seems to keep getting bigger and bigger like a bubble in my mind. Which will more than likely burst one day.

Helen: You are welcome James, it's all part of our revealing to you what we're doing, and intend doing, all of which is to help you understand what you will do when your times comes to understand such things. And in the meantime, enjoy your extra days home and of rest and not going to work, its better that you spend all the time you can on yourself and your own feelings working with Marion. And we will continue to give you that which we feel you need as you require it. I'll go now James and speak to you soon. Love from Helen in the 'Battle Room'.

MORE on the LIGHT of TRUTH

Hello Nanna Beth (John with musings)

Friday, 21 July 2017

May I ask you to expand on the aspects of the 'Light of Truth'?

The 'Light of Truth' appears to be an aid to enable those who are marginally open to probabilities, that they don't comprehend in the slightest, to then embrace and focus on what is possible. It also appears that the conveyor of the information is greatly assisted by this endowment. Where resistance would previously bring about a total failure in such communications, that resistance is potentially minimized, if not removed by the presence of the 'Light of Truth'. These are just my endeavours to comprehend this endowment.

How and when is it made available?

What is the source of the 'Light of Truth'?

Nanna Beth: The Light of Truth is nothing more than the light of the truth we all carry in our soul. So if we have little truth, there is little light from it; if a lot of truth, then a greater amount of light. This light can be seen in the spirit body, we can easily perceive and 'see' it, whereas you would need to have inner sight whilst of flesh, although you can perceive it as you awaken your soul perceptions.



And the light of truth that is contained within our soul and shines forth into our spirit body subtly affects all around it. So when we say Crystal will be carrying the light of truth with her, what we mean is (and it's the same for you John, and everyone else who embraces the truth as being revealed by Marion and James), that the light of your understanding of these higher truths will have an unseen effect upon those you interact personally with, and then the whole of humanity too.

And mostly people are unaware of this effect; and the effect of this light can be 'turned down' so to speak, so to limit the effect, such as when Mary and Jesus come amongst us, they having such a great amount of light within their souls of truth that its frequency or vibration would have a damaging affect upon us if they were always at full-light intensity, so they adjust it, which happens naturally as they descend the worlds to us; and if they want, they can shine their light very brightly, which you might remember happened once during the writing of the Padgett Messages greatly affecting all the spirits present.

Anyway, what you say John is correct, in that one's light of truth can have differing effects depending on the situation and requirements of all souls present. And we're using the example of Crystal to illustrate the positive effect her truth-light will have amongst those who are anti truth, in that they will be brought down because of the presence of her greater light, this all happening as I said on subtle spirit levels.

So if you are of a higher truth it can have different effects upon people, some people might shy away from the light, rejecting you, other people might be drawn to it, those people wanting to know and wanting to even possibly live a higher truth.

So John, from your point of view, to establish a system that has at its core or heart these higher truths about the Feeling Healing and Divine Love, and those of ending the Rebellion and what the Rebellion and Default are all about, will of itself have certain effects with who it interacts with, some positive,

others negative. And that is already beginning to happen, which you can't really see, but as you have formalised your approach with our and James' help, now orientated leading with the Feeling Healing, so other people about you have sensed and been exposed to this change, some liking it, others rejecting it. And so it will go, which is your light of truth, and then the growing light of truth those in agreement with you, being expressed, which will push into the darkness of humanity and its lack of truth, its darkness being because it has so little light from truth. The hells being the darkest because they are the most devoid of truth.

The Rebellion is one against the Truth. Really it's not so much a rebellion against love because love is always present, the Mother and Father's Divine Love is available for those in rebellion or not, it being impartial. However if one rejects the Truth, that is very serious, meaning, you are rejecting the whole of Creation, how it's all been made to function, so you're going against all the Laws, and so against the Mother and Father, the Eternal Son of Truth and Infinite Daughter of Mind, against Mary and Jesus, against your own soul. And to do that you have to deny your feelings and use your mind to override them with it is making up its own 'truth', which are just a lot of beliefs based on untruth, which is how the world currently exists.

So to want to be true, and to start your Healing, even if you just entertain the notion of it, understanding that it needs to be done one day, you are aligning yourself with the Truth, and so starting to oppose the Rebellion against Truth. And this is a huge thing for everyone, to say no even in the smallest way to the Rebellion and wanting to instead embrace and accept the Truth; and is going to have great ramifications in your own life, in those of the lives about you, and so in humanity as a whole. So the Healing of humanity will come about because of the continual up-stepping of truth. And the more people who embrace the truth, then the more will want to change how they are living; you can see yourself John how you are slowly changing because of what you now know, and so that is how humanity will change the way it conducts itself. So in time, how it does business, it's motives, how people want to be governed and how they'd want to govern, so all politics, getting rid of all the controlling systems that currently exist, ending the religions, opening people up to all sorts of new ways of dealing with life; all lessening greed and fear and all the worst of the wrongness, is all what growing in truth will bring about.

And through one's Healing one grows in Truth, and one then expresses that truth, and so as many people grow in truth, so the truth expressed in the world will change, so society and culture will change, slowly bringing it in line with the greater universal society and culture. And so one day how it is for us here in the Celestial spheres will be how it is for people on Earth, when they've healed themselves, and are expressing a Celestial level of truth. But that of course is still a very long way in the future.

So for now, everyone who embraces the truths being revealed means we can come that little bit closer shedding our light of truth on Earth, which in turn puts more pressure on the darkness and untruth.

John: In recent days I have had a few connections with young people who opened up conversations that will provide the opportunity to introduce the understandings of Feeling Healing and the Divine Love (now in that order). Thus, I am feeling that those who will be drawn to what we are to share will generally be more considered by those who are in the family forming ages, say from 20 to 30 or so years of age.

Nanna Beth: It is right that you are now looking at it from the Healing then the Divine Love perspective, however you will still want to bear in mind that some people will come to the Healing through the Divine Love. So it's not a hard and fast rule, just an orientation of focus that we wanted.

And ideally what you say, younger people doing their Healing would have the most impact on humanity because they'd positively affect their children, however you will find people of all ages will be open to the truths when they understand they can help themselves with them, should they want such help. And mostly it will be older people who will have the time and inclination to work intensely on themselves because of the lessening of life's pressures, but we can't generalise at this point, and don't want to too much, for you'll see as you move along how it's going to work.

John: Is the focus to enable the embrace of Feeling Healing to be with those who can pass this progression in evolving onto their children, be they now be very young and/or are yet to be conceived? Is this the general background of the 'chosen ones'?

Nanna Beth: Yes, it is, although not all the 'chosen ones' will have children. But generally speaking it will so they can influence their children or make the most impact upon humanity in some way promoting the truths. And again, we don't want you to dwell too much on who might or might not be one of these 'Chosen Ones', as we only really pointed it out in this way so as to show how much those in the religions looking for such people have no idea what they are talking about.

As far as your life goes John, just enjoy those people who come into it who you can assist in whatever way, some will be practically, others spiritually, and all in between. And it will all add to the light of truth that is to grow in the world. So if anything, you could see what you create as a 'little sun' that's going to be shining its light of truth on the world.

John: It has been mentioned that with very advanced planets, that very few arrive into the 1st Celestial Heaven as mortals. Does that indicate that those transitioning from the physical state from such planets having completed their Feeling Healing, as maybe required, have then gone on to embrace the Mother and Father's Divine Love prior to their death also?

Nanna Beth: How it works is like this. You can't come into the Celestial spheres without a certain amount of Divine Love in your soul, and that's irrespective of whether or not you've had to heal yourself of rebellion or not. And that amount of Divine Love determines a level of truth you will have attained, which equates to a level of perfection, which means you can fuse with your perfect Indwelling Spirit – the adjuster being divine, so you needing to have 'divined' your soul to the degree allowing fusion with it. And once your Indwelling Spirit has fused with your soul, then you are immortal, then you cannot perish or cease to be because of that Spark of Divinity is now permanently fused with you.

So until you attain soul-fusion with your Indwelling Spirit, potentially you can decide that you don't want to exist and so can bring about your termination, but that would have to be a wholly wilful decision, which I don't think too many would make, yet still it's a potential.

And whilst you're in your unloving wrongness, having desires to end it all – to be annihilated, are considered for what they are, only they are not taken seriously because you are in not in true wilful state of mind to make such decisions, being in rebellion against the truth of your own soul, so with compassion and understanding, the Most Highs and Ancient of Days overlook such longings waiting to see if you still feel the same once you're Healed. You can of course end your physical life, but that is nothing compared to what I'm talking about, and that is ending your souls existence, which means your soulmate would end too or have to somehow go it alone, and I don't know if that can happen.

Anyway, I hope I've not confused you, but I've wanted to write this out a bit further for James as he's been asking me questions as I've been writing this answer for you John.

So on perfect worlds, and when humanity is Healed, as James said, the Morontia Temple will materialise on Earth from the first Celestial sphere, which is then a pure gateway to the Celestials. And so people would come to it when it was time for their soul-fusion with their Indwelling Spirit, they having received the required amount of Divine Love in their souls and grown in truth equal to that of the first Celestial sphere, and when fusion occurs, the person's spirit body is translated by their angels straight from the Earth to the



first Celestial sphere so without the need of physical death and life in the Mansion Worlds. (You can read about such translation directly into spirit in The Urantia Book.)

From this one might then ask the question, but what if people finish their Healing, and with the Divine Love, attain a level of truth whilst still on Earth to qualify for life in the first Celestial sphere? What happens when there is no Morontia Temple to translate them directly into the Celestial spheres? And from what we understand, they will be able to fuse with their Indwelling Spirit but without translation, having to still experience a normal death and waking up in the first Mansion World, but quickly moving then to the first Celestial sphere, possibly having a look around the Mansion Worlds, but having no need to live in them because the truth such worlds would offer them would have already been achieved through the person doing their Healing on Earth.

Or, it's possible fusion will be withheld until the person dies and moves to the upper planes of the seventh Mansion World there to fuse and move directly into the first Celestial sphere.

John: Helen's writings of a few days ago were stunning.

Within the 'corporate foundation documents' are the platforms to enable small units, business sectors, care centres, etc., to be autonomous and that the central administration is to be considered as a 'help centre' – not for control but for guidance and assistance.

I now anticipate that Pascas WorldCare will essentially be a 'nation within nations'. That is, it will have an annual budget greater than many small countries, and those associated with it will be a population as large as many small countries. Further, it is felt that the democratic systems of many nations is well past its used by date – it is not producing progressing results – and that they are now taking steps that are the poorest options so that the noisy few who somehow have the balance of power have the last say.

What we have is the opportunity to demonstrate a new way to run a country, albeit not a country, but an organisation. We take the step to show a way to operate.

I have not articulated this possible structure as I am needing assistance on pointers and ways to bring this about.

Do you have some examples of aspects that we could develop this possibility along please?

Nanna Beth: We are glad John you are enjoying our writings to you. And you understand that we're throwing you in at the deep end. James is pushing on in his truth growth and understanding, and so we are continually helping him advance and so not holding back, and you are getting the full thrust of it, rather than slowly coming to it yourself. So if some of what we say goes over your head, don't worry about it because it is meant to, it's for people who are very advanced in understanding all that Marion

and James have revealed, which will be only very few people. They are covering a vast amount of ground, enough for people to be able to work with and through the next age. So some of these concepts and truths we're speaking about are very high indeed, and you have only the thinnest of connections with them. However having said that, you are doing extremely well and we are so happy, we couldn't be more pleased with your progress John, you are doing all that's being asked of you by even just accepting all James (and Marion say). To not reject them is a huge achievement, just to listen to your feelings and heart and live on the faith of what you sense and feel, that is enough. And then to support that, any mental understanding is a bonus. So we are very pleased, we really are, I want to impress that upon you John, we couldn't be more happy with all you are doing – with all that you are. You couldn't have a more proud and happy grandmother!

I think you know the answer to what you have asked John, that we're not going to tell you the structure that you need to put in place because that's not for us to do. You are simply to move with your feelings and they will lead you as they have done up until now – and look at all you've accomplished so far! And it's not going to change just because suddenly you have your money and are in a position of doing things, things will keep unfolding, as we've said, so you don't have to worry about that.

And what you say is true, Pascas does stand to be a very large concern, and the worlds political systems couldn't be more corrupt and self-serving if they tired. They don't serve the people, the people are used and abused and no one is capable of doing anything to correct the systems because everyone within them is still living untrue and against the truth. So they have to end, be broken down, and as I was saying above, it's the Light of Truth that will do that. It will happen by individuals embracing the New Way, and that will in time cause the existing controlling systems to fail, and bring about their replacement with ever lessening controlling systems as people and humanity set about purifying themselves and ending their untruth.

John: I have considered some of my past antics, adventures and endeavours, and you must have been alternating between heart attacks and pulling your hair out over those years. There was some fun and games of extremes. But nothing like what is now unfolding.

Nanna Beth: No John, we never raised our pulse over you because we knew all you were doing and why you were doing it, and we were in there with you helping you all the way along. [Struth – I didn't even know what I was doing much of the time!!!] Our help has not waned, and just because we're now more forthcoming about it because of our being able to speak to you through James like this, doesn't mean from our side anything has changed, as in how we've been with you all the way along, because it hasn't. However really it's yourself you gave the heart attacks to and pulling your own hair out, but that too is all soon coming to an end. And I want to stress again to you John, once things start in earnest, they will be very easy for you to deal with, things have been hard up until now because you've not known what you are doing it all for, but now that you do, it will unfold effortlessly.

John: Yes, Mr H is in USA as of Thursday, 20 July, USA time and will be there for two to three weeks. He is a Baron from within Europe, an old family title, as we understand now. Helen's observations are 'scarily the same' as what Joe and Crystal are observing.

cheers for now

John

Nanna Beth: Yes he's in the States setting up the contacts he requires, it's all to be on the hush hush as that is what will make them all feel better, even though there is no need for it. But they think there is, so

that's their game, and he will make contact with Crystal, and she will then relieve many of their fears. They don't know what they are up against, Crystal might be the enemy concealed, and not just one lone person trying to get her money back. They think she might be the front for some secret underhanded organisation, something going on by one of the American or British secret services, they don't know, so they are having to be very cautious. And Crystal will actually have to convince them that it really is only her and yourself and few others who've been pursing this all the way along. And it will take them quite a long time to realise and accept that it's true what she's saying, because how could anyone, if it wasn't some secret intelligence service, have such insight into their secret doings? So they will be very wary, and H will ask Crystal many questions, which to her will seem odd or ridiculous, but she can keep in the back of her mind that they will think she's connected and working for some hidden agency, even bizarrely, that of the Zionist controllers.

And because of the simplicity and the fact that they'll not uncover any 'dirt' or hidden connections with Crystal, she will be able to move deeper within their systems once they understand she is no threat.

And in the meantime, the fact that they think Crystal might be the front for some hidden agency is helping to keep her safe because they are not doing anything to upset her or who she might be working for without knowing all their facts. And once they know she is alone and not attached to any secret organisation then they will want to protect her all the more, which they will. Because they do want this to end, to initiate the payouts and come clean in their way, honouring their debt of gratitude for having had the use of the money to bail out the world.

So my grandson, keep working as you feel to do, which you will anyway, and gently you are still being prepared; and know that you too will be and are being well looked after and nothing bad is going to happen to any of you, there is too much light about you for any of that; and the worst would have been interference from mind spirits, but they have been well and truly shut out. None of them have any idea about any of this, it's all kept cloaked from them, and so it's just a matter of you doing what you want to do.

I will end here, and speak to you again soon. So again all my love to you John – your Nanna Beth.

James: And by the way John, it doesn't matter my being interrupted any time when I'm speaking with the spirits. Marion's always speaking to me, and I've talked with the spirits about it and they say they don't mind me just dropping them in mid sentence, hours later picking up where we left off. So I just do it as it suits me and they always seem amazingly able to fit in.

And I read your questions with the intention that I'm going to ask Nanna Beth about them, and as soon as I finish reading them, I want her to write, and she does. And I know she already knows what they are, having been with you as you wrote them, so I read them to get something of an idea as to what direction we're going, and away she goes. That's been and still is the most incredible part about it, I've never had writers block with the spirits.

Friday, 28 July 2017

All right John, I feel better after talking with you and so I will send on what I wrote with Helen yesterday. I'll send it to you and you can send anything onto Crystal that you want.

And speaking with you makes me have to face the truth that it might actually happen – and what if it does! And that I'm in it up to my eye balls whether I like it or not, and I do like it, and it's more than I could have ever dreamed, and there is more to it than just me, there is yourself and all you are and want to do, and so wow, and who knows, and OMG, and let's go for it!

I'll answer the other questions for Nanna Beth below what I wrote yesterday.

GERMANS CONNECTING PROCESS is INSANELY INCOMPETENT Thursday, 27 July 2017 From Crystal – Helen;

While researching H, I was getting a lot of information but it was very jumbled. First his name sounded like Henrich and he was 57. Then he just got married and was on his honeymoon. Etc...

Finally further research and asking thru Joe such inane questions I think I have untangled the web. There were two different men involved. The first was a 57 year old respected publisher from an old royal house that was unable to assist so he suggested his recently married London banker nephew.

So far the nephew has been a bit of a disappointment as he is partying too much and had not made the contact he was supposed to today. Since Kohler knows about the 31st deadline I gave Poseck, he wants initial contact made by the end of this week. H was supposed to pick up a dossier from the German Consulate in Chicago today explaining what he was to do and also would find a very big appreciation gift from the German government for his assistance. When he didn't make contact the consulate was supposed to reach out to him for a meeting this evening.

I also understand where keeping my temper could be a challenge as all H is really able to do is assure me that the Germans are working to resolve our matter. THEY HAD BETTER DO MORE THEN THAT!

Kohler also tried to explain to me that our deal really got caught up in some subterfuge that started over 15 years ago. What is that all about?

Also, maybe get rid of a Wisconsin chiropractor for me! The last thing we need in the final stretch.

Thanks again for your assistance.

Crystal

Crystal continues: Helen;

To continue my research...it appears that H and I are related.

I always wondered why our family names were so unimaginative. While researching H it is realized that August came from the maternal side of my family. Since it was noble, it carried a lot of weight. Hence why F. August was governor of Bremen, and Carl could be afforded a pot of gold to make his fortune in

America. And why he named his son August after his mother's side of the family. Nobility married commerce in a Catholic stronghold. Also, why my great uncle hated my great grandmother so much. She was Protestant and therefore did not act the appropriate lady!

Small world!

Thanks again,

Crystal

James: Helen, it seems to me that it's all a lot of madness. That nothing will come of it because if it is left up to the Germans – god forbid! I thought they, Germans, were to be prided on their efficiency, so does that mean, their stalling efficiency? Surely it can't be that difficult to find someone to connect with Crystal, and this young bloke being too busy elsewhere, then what's the point. Maybe Crystal should just hit with them everything she's got and not bother about waiting, shake them up and see if there is anyone home. What do you reckon? What if no one is actually doing anything, the Germans are not even looking at the problem still unaware that there is one or anything to be concerned about?

Helen: Be patient James. Wait and see. Crystal is doing what she feels she is to do, and that's all that can be done. We are helping her with all the different aspects to it that are effecting her, just as we are helping you and John. It is all coming together, and it's not a bad thing having to wait, it puts the necessary pressure on everyone involved so as to help them do what they need to do.

James: John; one person coming into my life being happy to read all my work and like it, even get it, is more than I could ever have hoped for, even though I hope lots of people will like it someday. But with John I am happy, so if no one else ever came and nothing happened further, at least it's better than no one. And that is about the end of my hope, so I can't see anything else happening because nothing good has happened to me during my life other than meeting Marion and doing all the spiritual stuff. So really the money appearing and all John wants to do with it is neither here nor there, with my leaning more towards it not happening. I don't expect it to happen, and feel a bit stupid writing with you about all this as if there is something happening, even all you are saying about stopping the mind spirits and so on. Possibly it's all just part of my fantasy as I've said before, and will keep saying until something changes to show me that it is all real. So I want to keep expressing all my negative expectations because that's all part of my Healing. So the whole thing seems like buying an Ozlotto ticket, one when the jackpot has reached a high level, in which it would be fantastic to be one of the lucky winners, yet knowing at the same time it will never happen. However the funny thing with John is I don't have that knowing it won't happen feeling, I even feel like it will somehow incredibly be as he says, yet still I feel mad carrying on the charade with you Helen.

Helen: And James, please do keep expressing your doubts because you know they are part of how you're feeling which is miserable and bored, and why does nothing good ever happen, other than plodding along working on yourself. I don't have anything specific to say to Crystal at this point, we're all waiting to see what happens and there's not much we can do until it does.

James: Do we look like a lot of little ants running about all over the world, half of us just going round in circles chasing our tails? How do you see us Helen from your Celestial level?

Helen: We look at you in person James. It's not as if we're on the moon looking down on you through some satellite set up. We have what you'd call screens, yet we call them windows because they allow us to see you directly as if we're standing with you looking face to face at you. We can pull

back for a broader image as if to see where you might be geographically located on Earth, but for the most part we've no need for that. So we deal directly with your mind, as if we're right there with you, even though we're physically worlds apart.

All of our work is highly personal with you, with your thoughts and feelings, we don't care what you are actually physically doing, but we can also sense what you are doing. I know you are sitting on your couch writing this with Marion doing her bits in the room with you because I can almost see you through your mind, in that I can sense what you sense, think and feel.

It might be hard to understand but it's an extraordinary set up for us, to have such a personal relationship with you, yet it is for the most part all one way – our way, as you have no idea how we are, where we are, what we look like, what we're doing and so on. But such is how it is for us in these higher spirit worlds, and it only gets easier for us as we ascend further, so I'm told.

James: But if it's so easy for you, why don't you relay your thoughts and feelings more directly to my mind, instead of this laborious writing we have to do, and even then I'm sure I'm only picking up, what about, less than 5% of you?

Helen: It's how it is James, and there's nothing we can do about it other than work within such limitations. And it's all because of the system and its limitations brought about by the Rebellion and Default that we can't be more direct with you and have to work this way. And even though you are Healing yourself of your own personal rebellion and default and so your relationship with the Rebellion and Default, still you're living in the world of it, and so still we have to work within its rules and laws. Which we don't mind, things still get done, and they don't have to be all spelt out. You don't really need us, or need to be aware of us at all, it's all still your souls expressing themselves. However, as you do want us involved, so in our limited way what we can tell you are little of what's going on. Enough to satisfy the requirements of your soul growth as you progress in your Healing.

James: Yeah all right Helen, thank you again, I am feeling very disgruntled and miserable again today, it's a shitty day, my feet are freezing, my chest still feels strange, all whilst John sits up there in the warmth with only his T-shirt on.

So Crystal and John are having to wait on this bloke who obviously the Germans haven't stressed the importance of what he's to do, probably haven't told him anything, that he's got some parcel to pick up – why don't they send a German? None of it makes any sense.

Helen: I'll speak to you soon James. Crystal is doing good – she is more than capable of taking care of her admirer. As is John – it's all good; perfect. Helen.

Later:

James: Helen, isn't it a gross infringement on the person Joe is remote viewing, with Crystal saying she can ask the person questions via Joe, and the person answers her, yet all the while the person is not aware that anything is going on with them.

Helen: It's not an infringement on the person James because they are not actually having anything directly to do with the person. It's all made up by the angels and us spirits, it having nothing to do with the person they are 'tuning in on'. Joe really is just speaking with us and his angels, and we and they are telling him how the person is, what they are thinking and saying but we could make up anything and we're not giving away any personal information about the person, so really it's all a fantasy, and with no

harm done to the person they are seeking to communicate with in this way, and that's why we can be involved because we'd not want to hurt or infringe or take advantage of anyone. So we're not.

James: I sort of understand, and it makes more sense that it's you and the angels doing it all with Crystal and Joe.

Helen: Joe is a very good medium, only he prefers to work this way, with his remote viewing as he doesn't have the inclination to connect directly with spirits or angels, even though they work so closely with him. There are a lot of people like this, most in fact, as they'd rather keep it all to do with the Earth not understanding or fearing working with unseen spirit or angelic helpers. He's not wanting to spiritually grow, not that everyone working with spirits wants to spiritually grow, but his motivations and intentions are not like yours.

James: Yeah, okay, but I don't know about any of it, and I feel mad again and not knowing about anything. I still feel yuk, the next round, I've been trying to go into the feelings but I can't get a grip or focus on them. It's so hard for me all this feeling stuff, Sam just blasts into them and away she goes crying for days on end releasing it all and seeing what it's all about, I'm lucky if I can get a couple of coughs coming up along with a touch of anger, misery and feeling sick. God it's so hard, and I feel so pathetic, I can't do any of it, don't want to do any of it, I'm not wanting it as Marion say's, having to rely on her so much to keep helping me, although that is now waning as she doesn't feel so frustrated or angered by me, and I'd like to think that I'm changing and not making her so angry, but that's probably only wishful thinking.

Sorry Helen for taking up your time. I'll go now.

Helen: It's all good James, for as you know, the more you can bring it out, even if it is hard, the better it will be for you. It's just that your parents and grandparents were so controlling allowing you no room to move in your self-expression, so you can't move around in your feelings like Samantha was allowed and even encouraged to do. You've been shut down on every level James, all of which you're slowly working through, and we sympathise with how difficult it is for you, how powerless you feel and pathetic and hopeless in it all. I will go now too, and we'll speak to you soon – bye now, Helen of the Celestial Heavens.

TEAMS and BOTTOM UP DEMOCRACY and SCHOOL

Friday, 28 July 2017

James: What do you Nanna Beth think about the Arse Up (Teams and Bottom Up Democracy) way of doing things?

Nanna Beth: It's fine James, something for John to start with and develop from there. Anything that is the opposite to how it's done to make it work in your world is going to be better anyway. All of these systems will be worked out and evolve over time based on people growing mentally with the truth and those evolving their soul with the truth through their Healing. However, as you have to start somewhere, if John feels happy with it, so do we. And as we are the ones helping him feel happy, so yes, it all sounds good to us!

James: John has been wondering about how to set up schools and schooling under a tree, in keeping with it all being opposite to what we're all used to, can you give him any suggestions or point him in the direction he should look?

Nanna Beth: These are some ideas he can consider – just suggestions John, we won't say

it has to be this or that way, as you know, it's for you to work things out. So basically, what would you like John – how would you have liked school to be?

Schooling is voluntary. It should be made to be something children want to do, not something that's forced on them.

It should be fun, as in keeping the whole focus on making them feel good about all they are doing. Not artificially praising them or praising them over their peers, but just supporting and being personal with them, allowing them to respond and find their own way.

It should not be separated into classes based on age. Classes should involve all ages, for example, the younger ones can learn and watch and be helped by the older ones, but not forcing the older ones to help the younger, all voluntary and what would naturally happen, more like in a big loving family rather than segregated because of age or whatever. Perhaps the 5, or less, to 10 in one group, 11 to 16 in another.

Teachers are to be able to deal with children of all ages, and work to allow the student to progress at the students own pace. Special or extra schooling can be provided when necessary to students that want more.

The subjects should all be practically oriented. Everything offered and so accepted voluntarily. Reading, writing and basic arithmetic, all so as to help the child deal with the real world. Other subjects like psychology – morals and ethics, love and friendship, acceptance and tolerance of ALL feelings, particularly bad ones, resolving disagreements, expressing feelings and yet not necessarily acting on them – particularly the bad ones, all based around how to respect and treat other people how you'd like to be treated. And how if you hurt by infringing upon another's will, then you will have to suffer that same amount of hurt, either now or in spirit. And about the Feeling Healing, what happens when you feel bad feelings, how to look to your feelings for their truth, so as to grow in understanding of yourself, nature, life, other people, and God – the whole spiritual aspect, including the Divine Love and Mother and Father, yet no religious indoctrination. The history, culture, place in the world. How to integrate with the modern world, computers, phones, internet, etc. Sport, play, arts, creative lessons and involvement. How to live and respect nature, the natural world, the environment, hygiene, natural health, sex, contraception, abortion and so on – about the person, the body, things to dispel myth and falseness, general science. Trades, technical work, hands on experience – building stuff, ways to use one's mind to do what one wants to do.

Duration of **classes**, half a day, longer when older for those wanting to learn more, homework voluntary and at the child's initiative – wanting to do it.

School is just part of life, not separate to life. Part of the family, tribe, society, not separate from it. Inclusion of other adults, parents, family members, as aides, helpers, teachers, together with professional teachers. Lots of people, and in particular older people (who also have the time), are natural teachers and should be encouraged even though they've not been specifically trained. One can only learn a certain amount being taught to be a teacher, yet in reality, very few trained teachers have any real natural feeling for it. The more the 'teacher' makes their pupil feel the pupil is the important one, and the teacher is only there to help them if they need their help, and not to stuff it down their throats whether they like it or not, is where to begin. And how a child of differing ages learns, is as varied as the children themselves. So the more 'teachers' the better, and that means the child can gravitate to the 'teacher' that best suits them, rather than having to spend a whole year with someone you hate and you feel hates you.

University for higher learning, full on, voluntary, free, all information on any subject available with competent teachers. So the student can excel should they want to.

It all with the focus on the person, offering them things which they can try and see if they like. Things that will help them in the world; and how to be a person living true to themselves – true to their own feelings; and how to respect another as one respects oneself.

James: Nanna Beth, John would like any comments on the **Council of Elders** continuing to contact people on Earth after he's croaked it.

Nanna Beth: It's as James said, there will be an increasing number of people opening up to us Celestials for all sorts of help, once they understand who we are and how we can help. So yes John, there will always be some main people on Earth we'll work with. And should it all keep needing to move along with one entity in control, such as what you're starting out with, then yes, that is how we'll engineer it. Should it break up or be broken up into many entities, then we'll be ready for and going with that. As much as we say we are in control, we mean that we are in control instead of the mind spirits. But still we are to work with humanity, in as much as humanity leads and we augment.

James: Do you have anything else you can add for Crystal at this point Nanna Beth, following on from what Helen said yesterday – Solid Investment?

Nanna Beth: No James. We're awaiting contact too. We can't and won't say too much at this time because it will be much better for you all that you all come to it as it happens and without relying on us too heavily. There is an awful lot happening within each of you in your different ways, the pace or 'vibration' is picking up markedly, things are beginning to change, it's a very crucial and interesting time. So we're all moving along with it, it really is the beginning of the Turning Point as John has written. Things are turning on many fronts, and we've done enough with you all for the time being. More will come, but we all need to settle into what has happened.

James: Oh yes, John wanted to know if the banker had arrived in Minneapolis?

Nanna Beth: No, not yet, but he'll get there. He's doing other things first which he sees are more important because the Germans have not stressed to him how important their thing is. It's a bit of mystery for him, but he'll get there.

James: And Nanna Beth, I thought I'd ask you about the Religion of Feelings, as John is against a religion of any sort because of all that religions have done to us all, do you have any thoughts on it?

Nanna Beth: It's all up to you James, what you want. Of course you're not wanting to go and instigate yet another religion in which people have to adhere to a set of rules because you know what will happen to that, any rules allowing people and their controlling agendas to take control over others, is something to be avoided at all times. However the notion of a 'religion', and one based on feelings, with no fixed agenda, no rules, just founded on truths, will allow people to have some sort of structure to relate to should they need that, but one in which they are entirely free to do whatever they feel based on their feelings. And with the Feeling Healing and Soul Healing being at its core, then those people intent on that will be able to work on themselves and it won't matter to them whether they are part of something or not.

As you understand, some people will like the idea, others won't like the word religion and will want to do it alone, so do whatever you feel you want to do. We don't call it anything over here other than Our

Healing, yet we all had embraced the Divine Love before we began our Healing, however potentially that won't be so for a lot of people on Earth, and to say that people have to embrace the Divine Love to do their Healing would cancel out a large amount of people and is putting a rule in place, which doesn't need to be there and would only get in the way.

So to call it a Religion and yet to make it as free as you are intending James, is something for you to decide for yourself, which really just gets down to using the word religion. And I know it appeals to you because it is a religion that is not a religion, yet more a true religion of truth than any of the existing religions are, so you're showing up those religions for the untruth that they are.

Anyway, it's what you want to do James, it's not for us to say one way or the other. And you will do what you want to do, you'll hear people's complaints or if they like the idea, weight it all up, and still do what you want to do.

James: Thank you Nanna Beth. Is there anything else you'd like to say to John before I sign off?

Nanna Beth: Just keep consolidating your goals and all that's in your mind John. It was very good all you said to James on the phone about how it is and how it has been for you. That helped James understand where you are coming from more, which has helped him feel better about it all. For him it's about the personal involvement with you more now than just concepts, as he's changing daily out of his mind into his feelings. And I'm writing this helping him see this a bit more for himself. So you saying how much the whole thing IS YOU, how YOU ARE IT (you being James), has helped him feel where he fits into it with you on the personal level. And this will get stronger in him over the coming months. So you John will consolidate your mind, James his feelings, and this is a good combination. And although I say John you will consolidate your mind, I don't mean you won't feel things, for you do, and it's with your feelings that you're consolidating your mind, you like how things feel, things you are thinking about, and how you're seeing things, it all feels right, and so you go with it, and this is what I mean by consolidating.

And we are continually feeding thoughts to your mind John, a little bit here and there, it really is a collaborative process, you with us, we are becoming much more as one, you are letting go and going with it and allowing us to do so, which is all what's meant to happen and is very good for you and us too.

And it's all helping James formulate how he wants to be, what he wants to do, how he should orientate himself so far as presenting the truths he is working with. You of course can't see this John, but your impact in his life is having a big effect, and a very positive one, as he has told you. It's also helping to bring up many issues he has to work with, both he and Marion, which is part of their Healing.

And John, you will become something of a magnet, or like a light to which the moths will come out of the darkness, they being all the people who want to be involved. And you have nothing to worry about, as we've said, it will all continue to unfold as it always has done, we want to keep saying this too you as it's having the desired effect upon you, and soon it will change direction giving you something tangible to work with.

James: Like when he gets billions of dollars to splash around – what happens if he just disappears down the pokies, being a secret punter no one knew about?

Nanna Beth: Then you'd have to go and ferret him out and kick his backside and tell him to get on with the real job at hand! That's what you do with an errant child – isn't it?

James: So you don't force or coerce anyone to do anything they don't want to do. Because who wants to be treated that way – no one!

Nanna Beth: You can add that to the Schooling list. I'll speak to you both soon – Love Nanna Beth.

BARON MILVERTION II, now that he is 'DEAD' is CONTACTABLE Monday, 31 July 2017 (Note from Helen 17 March 2017 – Milverton is not dead – he is on life support – he believes that in a few years medical process could 'rebuild' him – if it is allowed by 'powers to be' being those in the Celestials. It was August 2015 that Milverton (Lord Fraser Arthur Richard Richards) became unavailable.) (Baron Milverton was buried late June 2017 having been on life support since 12 or 13 August 2015 – 22 months – in that period he suffered a full psychotic mental implosion – soul induced.) James: Helen?

Nanna Beth: No James, I'm going to speak with you today.

James: Hi Nanna Beth – and because John wants to know if there was any truth to my feeling about Baron Fraser Milverton II (also known as Lord Fraser Arthur Richard Richards, Simon Church's uncle) dying some weeks back, he having been on life-support for a long time?

Nanna Beth: Yes. Because we've organised for the Baron to speak directly with you, if that's okay with you James?

James: Sure, I felt you might want him to. How is he having recently come over; and does he want to speak to me, is this something he wants to do or something you want him to do?

Nanna Beth: It's a bit of both. He understands that it would be in his better interests if he did speak with you, and it's something that you'll benefit from, as well as John.

James: All right then, so I detect there's more to this which would take time to work through, but you want to get on with it. Okay, so I'm ready.

Nanna Beth: I'll 'put him on', he will explain how things are currently for himself.

Baron: Hello James, and I would be pleased for you to refer to me as Baron.

James: And you are the Lord Fraser Arthur Richard Richards that John speaks about?

Baron: Yes, that is correct, that is me, it is whom I was I should say, for things are what you might say are a little different over here than what they were back on Earth.

James: Please Baron, you go ahead and say what you want to say, if I have any questions I'll ask them at the end rather than interrupting you.

Baron: All right James. First to give you a little background. I was in a semi-conscious state for a long time being on life-support, however thankfully that is all now over. Most of that time I spent in a spirit hospital 'recovering' over here in the first Mansion World, even though my physical body was still technically alive. And as to whether or not I am now 'recovered', is something of a contentious issue. Anyway, I am recovered enough to be given some leave from my recovery hospital and have been kept somewhat up to date as to what is happening to my affairs back on Earth, so which John and Crystal will no doubt be interested to know.

I established the Solid Investment money so as to give myself the power I needed to maintain my position with mainly the Rothschilds and others, all so I could continue to do what I wanted, which was to control my 'neck of the woods' on Earth, which I greatly enjoyed and thought I was rather good at. It wasn't a matter of only wealth accumulation for I had enough of that, it was simply, so I have to admit, about empowering my own ego. And as far as having any guilt or remorse for what I did, no, not yet, it was just business, however I am assured that in due course I will suffer a great deal for my actions, however I am more than happy to await 'in due course'.

To John, as I understand who you are John and what you are embarking upon, I only wish in my small way I might have been able to lend you a hand, for I understand your enterprise is to be quite noble and potentially could even do a lot of good helping people. I don't pretend to understand exactly how you intend such help, what you want to do being different from any other alternative venture, however, that is, so I am told, all ahead of me, and it pains me to feel that I am no longer 'on top of things', no longer one of the main players on the world stage, that I have been relegated to the back blocks with little else to do other than reminisce over the wheelings and dealings of my life time. However this is probably rather tedious for you, so I shall get on.

Now that I have finally died, as you suspect, my grip and so control of your money will be relinquished, I ensured that it would be done and that no one else from my family or with business involvements with me could interfere with that. It was always my intention that you got your money that was due, it was only after I'd played around with it, doing what I wanted to gain me more say in the way of how things were to be on Earth. For you understand that there was, and still is no doubt, only a few serious main players, and I was on the fringe of doing work for one of the 'Houses', as they like to call themselves. I really was only a minor player but worked my whole life to ingratiate myself deeper into their structures, so as to be, at least in my own mind, something of a needed more important player.

And James is asking me with his mind, what did we intend for the world – what is intended; and it is as is generally known, for certain groups to rule it completely, and more so than just on the financial level which they all but do. So to invariably 'crash' the whole system when the time was right, with the idea of purging the world of most of the people who were a drain on the natural resources, rejigging everything, so as to create paradise on Earth. And along with that, as I can see James that you have read, yes, to reinstate a Superior One, a World Leader on the spiritual side of things that would of course oversee the One World Religion and all the rest of it which you understand. So yes, it was and still is the real aim of these people who are in the hidden controlling seats, and so really they are what you are up against if I understand correctly what you John are setting out to do, as in introduce a truth or way of life that is the opposite of this World Dominion.

I personally didn't think much one way or the other of their global goals, I didn't care, and knowing their time-line, also knew that I'd not be around to see it coming to fruition in any case, so just tried to make the best of the situations that presented themselves to me. And as John understands, I made it very difficult for those people to usurp me who wanted to, whilst at the same time ensuring that those higher than me, my 'controllers', dare I say it, needed me. They couldn't dispense with me because I'd set the ball in play keeping myself in the game.

But none of that matters now to me, as you John, and Crystal – whom by the way, I greatly admire, are free to get on and receive your due. And I hope it will be satisfactory for what you have in mind. It should all be there in one piece, I tried very hard to ensure no one would be able to jeopardise it, and Simon won't stand in your way and will be more than happy to be rid of the deal. It was, I will admit, wrong of me to involve him, however I had no one else that I could work with who allowed me to do

what I did with him no questions asked. But he has done what I asked of him, to be the custodian until my death, and now with the proceedings taking place, so I imagine since I died, which was as of just over three weeks ago (late June 2017), it will take still a little time for my legacy to be worked through, but you are free to continue with what you are doing with the Germans should they make contact, which I understand should be very soon.

And from what I understand with the Germans, they shouldn't stand in your way, also being more than happy to relinquish the ordeal, for it has been that for some of them, as really they bit off more than they could chew. They panicked when the whole world took a bit of a dip and so I offered them some of your funds which they grabbed yet without thinking the ramifications through very well. However I bound them to the deal and they will oblige the contract because otherwise it will become too messy and there are the higher controlling vested interests now wanting their payouts as well.

James is asking me how did I, and why did I, set it up so the 'little people' would get paid out ahead of the controlling interests, and why would the controllers want to wait so long for their payouts – which are reasonable questions.

The controllers liked the idea of 'money in the bank', it was a nest egg accumulating wealth using legal means and yet being well hidden. They relished the idea, even of hiding behind the average Joe's of the world, whom they don't begrudge receiving a bit of money, even a lot of it, because they figure, which it will, will all come to back to them anyway. For them its one big floating economy built upon their controlling structures, and they are always open to and looking for reasonable ways to advance, or more importantly, maintain, that control. And that's where I came in, as I had the acumen of being able to see holes in their structures and how to exploit them, so they worked with the Solid Investment hole for as far as they could, then pulled the plug (website was shut down in the first week of July 2006), and then we used the money for our own ends. (Simon Church did not know that his Uncle Lord Milverton was involved in Solid Investment when he approached Milverton for assistance in late 2006.)

Anyway, I don't know if any of this helps you, and I can see James already knows most of this because of what John has told him, which is testament to the quality of how you've conducted yourselves John and Crystal, being able to understand so intimately so much of what I have done and what has been done by others. So really I am only confirming that which you already understand and wish you all the best from here on out.

But before I go, I will add, that yes, I am technically dead now, dead and buried in the family plot, that being my rotten old body of course, and I have no further interest in what happens to my estate or even to the money you will receive from the payouts. No, I understand I am now living my 'new life' here in spirit, that I have a lot of personal healing work to do on myself before I am able to resume normal or regular spirit life, and I dread to think what might happen to me when I have to account for much of what I have done, as I am told will happen, so that is where I am focused at present.

And as to what will happen when I am more savvy with the way of things over here, I cannot say. And who knows, I might even become a redeemed man, and yet I don't have any idea of what I really mean by that. I am sure that you both do, for we wouldn't be talking this way, would we, however that all lies before me. (Lord Fraser was both a Baron and a Bishop!)

And so, for fear of taking up any more time than I already have of yours James, unless you have other questions, I will take my leave.

James: Will you be available for questions in future should anyone want to ask them of you from our side here on Earth?

Baron: No, I don't think I will. I understand from the spirits who've organised this that it is a 'one off', and so I guess that means that I won't be available. So I wouldn't count on it. And no, for as I said, things here are not as they were for me on Earth, I don't have the back up and support systems of the mental occupations that kept me entertained my whole life. I have family that I want to look up and get to know better, I even have a wife I want to see as to how it has been for her in her spirit life, and have other things like that with friends. It is as I said, a whole new way, and I've been rather 'out of it' for quite a time, and only now are getting my mind back together enough to get it around that which has happened to me in my final release from the mortal coil. Spirit life was a complete surprise for me. The religious involvements don't prepare you for what it's really like – and how could you prepare someone for it anyway? For when you come fully to your senses, realising that all you were and had, has ended and gone, and you are really a nothing in the eyes of the bigger God, now an insignificant speck on a new world, without my wealth, without my real estate holdings, without all that control, just a name and nothing more, and with so many spirits who've come before me and are far more advanced and understanding of what it's all about, such as the few who came and asked me to speak to you today James, this being something that I accepted as being - 'well why not?', if such things can happen, and someone is still interested in me and what has happened to me, I'd be a fool not to take the opportunity to give it a go. And I can see that I'm actually rather good at it, which makes me feel that at least I might have something to offer someone over here, but now I feel my light is beginning to drain and take its toll on you James, so I will leave off here if that is all right with you?

James: Yes Baron, and thank you, I will pass this onto John and Crystal. And all the best and good luck in your new spirit life.

Baron: Thank you James, I have a slight feeling that I might need a bit of it. I will give you back to the spirits who wanted me to talk to you. Goodbye, James, and thank you for listening to me.

Nanna Beth: We'll replenish your light James, we can see it was quite taxing on you in the end.

James: Yes, I can feel the drain and tension in my solar plexus, it was fine for most of the time, I figured you were keeping him propped up in light so as to make it easier for me, which I am grateful to you doing.

Nanna Beth: Yes we did. He's only just adjusting to his new life and has no idea what it's all about or what is going to happen to him once the Law of Compensation starts to work its magic. However we wanted him to have his say to you, which most of it John and Crystal already know, as he said, but it will help him in his acclimatising to his new spirit life. Is there anything you'd like to ask me about him or the procedure with the Baron?

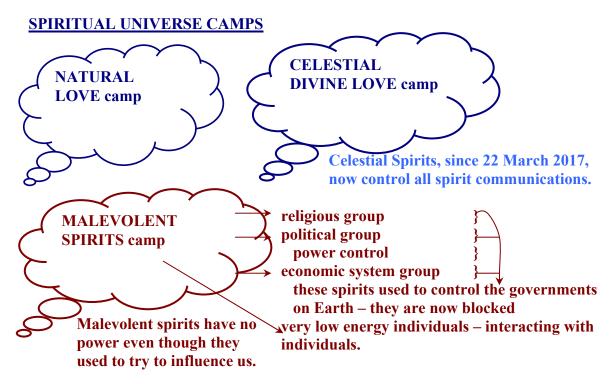
James: No, I have a picture of you setting it up from his hospital room, more like a sanatorium of sorts I imagine, and as you say, he is still feeling his way along in his new life, which must be a hell of a change, for it all to end how you are and being such a controlling figure in the world, being used to such inner workings and all such things, then to have virtually nothing, to have it all taken away, yes, a bit of shock to say the least.

Nanna Beth: Yes it is, and the real humbling will come later when he starts to work though some of the bad things he's done. And when such a person comes into spirit and is not met and treated like a king-of-the-realm, as they might secretly or even expect to be treated, and just as: oh, another 'new arrival',

and nothing more than that, with as he said, so many other spirits having gone ahead of him, all of who are more busy and interested in their new spirits lives than coming and helping him get on to re-establish himself as to the high status he was, so it is a huge let down – shock, yes. However all brought about by his own doing. The average person who has no such expectations or affectations doesn't suffer nearly as much as he will, they are just accepting that there is life after death and get on with it. And as you can imagine, it all balances out, death is a great leveller, at least to begin with, but he will try and raise himself up again once he has his feet more firmly placed on the ground, trying to curry favour and work out how one 'does the real business' over here in spirit, looking to some of his cronies to give him a helping hand, and he'll find his place, but it will be nothing like what it was on Earth, because nothing like that exists now that we've taken over from the interfering controlling mind spirits who dominated those levels. Previously they would have welcomed him into his new life helping him resume some level of power over Earth, but now there are no longer those power positions to be filled, so he really is at something of a loose end.

I can see you're feeling better James, we don't intend to subject you to that lower vibration too often, so I will go now and let you get back to Marion.

James: Thank you Nanna Beth, I'll speak to you soon.



Core John, that nearly did me in. It was fine during most of speaking with him as I could feel Nanna Beth keeping the light buoyed up in me, but then I started to wane, and afterwards I had one of my hurks – an etheric throw-up, feeling quite sick. Then I felt, no, no more speaking with the lower spirits for me! I don't want to have anything to do with them, nothing like James Padgett speaking with them trying to turn them into the Light. Give me the refined light of Nanna Beth and Helen with whom I could speak all day long and not feel any light being drawn from me! The things I have to do and go through for you John... I want my peaceful life of semi-retirement back!

Anyway, I still enjoyed speaking with the Baron, and I hope it helps you and Crystal.

PS: Baron Fraser Milverton II was appropriately referred to a 'Golden Tongue'.

EVE and ADAM are matched by SAMANTHA and JOHN

Tuesday, 1 August 2017

Hi Nanna Beth and Helen

(questions in blue from John via James)

Your assistance in resolving that Baron Fraser Milverton II now has his body rotting in a grave is of great significance and importance for us all. For this we thank you. (Buried in late June 2017 having been on life support since August 2015 – some 22 months.)

Some time around 12 or 13 August 2015, Milverton's body went on life support. Now that his physical body died sometime around the first week of July 2017 – or earlier – what he put into place before going on life support should be executed by those managing his estate.

Milverton's game plan, and it was a game to him, was that the payouts would not be made while he was alive, however, after the world came to know that he was dead then the payouts would be made, and they would be made ahead of distributions to other members of the 'Group'. The Group consisting of 12 to 15 other associates.

His obituary appears as though it has not been published. Thus 'the world does not know that Milverton is dead.'

Possibly two sets of papers were given by Milverton that are to be delivered to Crystal so that she could implement the payouts, even without Simon Church's assistance. One set with Milverton's brother, and the other set with a lawyer who we do not know. There may even be a third set.

The question is: are these papers being addressed in the manner that Milverton instructed and if so, by who and in what manner?

Or are they still being withheld for what ever reason pending certain events?

Nanna Beth -3^{rd} Celestial Heaven: The papers will arrive for Crystal in due course, which might take some time depending on the efficiency of dealing with his complex estate, however we don't think they will be necessary as other events will precede them concerning the Germans. However they will be a handy back up should you need to revert to them. They will also make the Germans feel that they are redundant in a way, which will have the effect upon them of making them want to work harder with Crystal because they foresee there could be many benefits for them in working with her - you never know when you might need such a large lump of money again, no questions asked... that sort of thing. Along with the kudos of making the funds available for the benefit of global humanity and so on. Anyway, we await developments from the Germans, and Crystal should be put in the light shortly.

And so, yes, to answer your question above John, that is what we expect, and in many ways it will be more beneficial for the long terms plans for Crystal to work it all through with the Germans, rather than you just doing it all yourselves. Having their support, at least in the beginning, will be most helpful to her, as much as she'd probably rather dump them and Simon and get on with it herself. However you remember there is more at stake with this than what has been, and can be, revealed to you at this time.

James: Nanna Beth, I'd like to ask you again as to why has it been such a tedious and protracted affair?

Nanna Beth: For the amount of funding to be made available in such a short time and for such a period of time, it was necessary to go this long way round. No one else would donate that amount of funds required, as they'd not understand what they were donating to, so there was no other way of getting the

funds – short of manifesting them out of thin air. And their delay has all been instrumental in preparing Crystal and John for what they have done, and you too James in your smaller way. And it's a way to slip in under the radar of those in control, for you see the Truth you are revealing is in a way forbidden on the world at this time, and will remain so up until Mary and Jesus' age has ended. However there are certain loopholes, you might say, which we can exploit in the lead up to this end, such as what you are doing, being able to write about and reveal the truths, and what Crystal, Joe, John and Samantha are able to do. It's all working within the fixed parameters of the Rebellion and Default, however you'd have to be one of the advanced angels or Melchizedeks to understand it.

If you look at the Rebellion and Default as Contracts of Law, then they are well thought out and presented to cover what the creators of the documents considered to be all existing contingencies, thereby ensuring humanity will be forever bound to them, so remaining forevermore in Rebellion through Default. However they were not as smart as they thought they were, for there were cracks in their contract that they were not aware of, together with the coming of Mary and Jesus bringing about more cracks and having the need for patch-over sub-contracts to be made through the last two thousand years, which in turn caused more cracks, so their case is not as air-tight as they believed it was. And now they are gone and so more patch-overs have been required, yet with no one left to enact them, and so we're moving to exploit all the violations of their false law that we can. So although it all sounds rather technical (and I assure you it is), Universal Law is far more technical than any Earth laws, and all must obeyed to the letter. So the Rebellion and Default are no small thing, and the fact that Mary and Jesus even allowed it to occur knowing the ramifications it was going to have on everyone, including themselves, meant that it was all still followed to the letter of the law as worked out between the negotiators of the Rebellion and Default and those directors of Nebadon. And so that's why The Urantia Book and Padgett Messages are so odd in how they were 'earthed' and the limits of the information revealed by them. And then into all of this comes the New Revelation that is how to end the Rebellion and Default, both on a personal and collective level, and so here we all are, with that information now at our finger tips and waiting to see just how it's going to be presented to humanity.

James: But why not just have the Avonals start revealing in a small way, say to a small group, like how it was for Mary and Jesus, and then let things develop from there. Why the need to stress John out, one man and without any real back up or support, who potentially could have this massive amount of money dumped in his lap, and then armed with a few books containing some of the New Truth, is meant to go out and save the world – that is surely too much of a burden and a massive ask to put on anyone's shoulders? Mary and Jesus didn't even do that.

Nanna Beth: We understand only too well your concerns James, however for the time being, this is how it stands. And again there are reasons for this. Firstly it's all part of those cracks, we are only allowed to have one man who is focused on the mental side of understanding the New Truth, and one woman who has embraced it and is using it to heal herself of the Rebellion and Default. And that is all, at least in the preparatory stage, because it doesn't go against the Law of the Rebellion and Default at this stage, and for reasons which I won't go into now, as they'd take too long to explain. But basically the Default

was between one man and one women, Eve and Adam defaulting, and so because of that we can put one mortal man and women who have embraced the: higher than the Rebellion and Default New Truths, up against the Default, and so the Rebellion, as the Default is a consequence of the Rebellion. And so John and Samantha are those two people. However that doesn't mean that they single handily have to shoulder the whole burden of moving forward with this understanding of the New Truth, and they won't. So to



answer your next concern John, you are not to look at it all being on your shoulders. Nothing like that is being asked of you, nor will it, even though now that's what it seems like being on the eve of it becoming real, as you will see. It will all pan out well for you and without causing you any stress – well, not too much stress, anyway.

The Germans are going to help Crystal set up the payouts. She will organise it with them and they will happen, and all will be happy – very happy, extremely happy. Then there will be the manner of the Fund. And she will organise that too with them, and you and she will be happy. And then once it's all in place and you've settled all your own personal payout, then you can set about seeing what you feel you want to do. And there is to be no pressure, don't think you have to do this by such and such time because there is no such and such a time. Things will happen when they are meant to and that will be the time.

And it will all be designed to work in and around the goings on in the world, which will become more mad, more frantic, more out of control by those who you'd think should be in control, but none of that will touch or interfere with you. What you will have to be aware of are people wanting to help and even offering such help, which might seem like they are in keeping with your philosophy of the Global Humanitarian Fund, but will have vested interests seeking to enrich themselves. But have no fear of this either John, because such people, corporations and governments we will highlight, as: no, don't have anything to do with them! You'll see, they will give themselves away, stand out easily to you and those of you involved when it all gets going. And we will ensure they won't interfere, because we'll vet everyone and every corporation that is to get involved. Those people and groups who are to be involved will all be so, because WE want them involved.

But as I said John, that is none of your concern, it will happen about you and for you, and mostly before such people even get to you and have anything to do with you.

And to answer your question James, yes, that too will happen, there will be a small group of dedicated souls that will come and work with you and Marion and from there will flow the truths out into humanity, and that will be augmented and overseen by what John wants to do. The one being a subset of the other, so to speak, however which is the subset of which, we'll leave up to you to discover.

John: Will these papers enable the payouts to be implemented without the German courier pigeon making contact with Crystal in Minneapolis? The carrier pigeon – possibly named Ernst Augusta – is in a blue / grey building in a five star hotel that is the same building for the offices of Crystal's lawyer in Minneapolis. Will he achieve the introductions he seeks to make the meeting with Doug, Crystal and himself? It does appear as the many holes have now all been filled and that this event of the payouts will become a physical reality.

Last night was rather traumatic for me. I felt the burden of reality sweeping away the feeling that this is all a fantasy, well actually, I really was denying to myself that I was not going to be burdened with this impossible humungous endeavour. It was like, I have to admit that the show is now rolling and that I cannot pretend that it was all a dream that would fade away.

It is as though I cannot be impartial, this is finally a real event that is now in full flight and unstoppable. I have to admit to myself that I have to do what we have all planned for. The butt stops here and embrace the reality that this is no pretend story.

I have to also recognise my limitations.

Nanna Beth: It was a shock for you John having to face the reality that this might actually happen, and after so many years of such hard work and with it seemingly to never get any closer, and now suddenly... and we sympathise with you. However I want to stress, even though it is good for you to move with these traumatic feelings, that it won't be difficult for you. Currently it is all yourself carrying this burden, as it for Samantha on her side, yet both of you are not as alone as you feel. And soon the tide will change, and in it will sweep carrying with it lots of other people who will be more than eager to share most of your vision, and some even all of it, for they will be able to understand it all as you have. But up until it all changes, I am sorry but it can't be any other way because of what I said above about honouring the limitations and restrictions of the Rebellion and Default. So it is an extraordinary time, and the whole of Nebadon – not that that will help console you to know – is on your side understanding the sheer enormity of it that you two face each in your own separate ways.

And it is extraordinary, and forevermore John, you and Samantha are going to be able to dine out on the experience of it, not that you'll see it that way, and that too might be construed as yet another burden for you, however it will work for you both in the end, because it is the nature of your souls. It wouldn't be happening for either of you if you weren't able to do it – meant to do it; and so you are doing it, and it will be the best thing that could have happened for you both in the end. So as difficult as it is, you will do what you feel and want to do, and that is all you both need to do – there is nothing more for you to do. And even if that meant you both or one of you wanted to jump ship, then that too is what is meant to happen, and so it would be what we all work with, and no one would blame you for anything because everyone would understand. It was as it was; as it will be.

James: Not that I'm liking John or Sam to Judas, but we all see Judas as the bad one, yet what you are saying is that he did what he was meant to do, just as did the Lucifers, and in the end we can't blame anyone because it's what our Heavenly Parents want us all to do?

Nanna Beth: That's right James. No one is to blame in the end, and all are exonerated no matter what they do, because our Mother and Father are All Loving, so it's all about love. And it's just that, which can be hard to understand when you're not of such love yourself; that They have wanted us to experience feeling not loved, growing up in that environment and seeing what we feel and do about it. But as you say, it all works out because we all move to understand that it is not our fault, and we are not in control, so it is as They want it to be.

Anyway, John you are not going to abandon ship (and neither is Samantha), because, as you'll see, you'll actually revel in all that's going to take place, you'll be having a ball. And so what if you stuff up a few things, hey, it's to be expected, as you understand, and as you're not going to set it up with yourself at the head of the table anyway, so it will be a group thing, which is as it should be, no one person should be in control of such a thing for that would end up limiting the experience of all involved. And that is why in the end dictators all fail because they severely cut down the experience, the ability and avenues for people under their control to express themselves, which is going against the primal laws of the soul, of personality expression, of truth and love, and of how we all are. So the more involved the merrier.

And we'll be continually helping you out John, via James and other avenues that will become available, so you've nothing to worry about I assure you. It is too much for one person to carry such a burden alone, and all you really need for now is to understand the vision of what is to be done, that concerning the truths being made available.

Council of Elders now around 20 Soulgroups James: So Nanna Beth, really you're wanting to take the truths and put them up against the untruths?

Nanna Beth: Yes, that's right. It's not to be a slow introduction, it's to happen rapidly, to catch people off guard in a sense, more of which will become apparent the further things move along.

The Rebellion and Default, are to be served, what you could term as, and what will amount to, a huge slap in the face. They are going to hit the dead end brick wall, and so are going to be shown up for being the false way and untruth that they are. People have to see what they've been living under, how deluded they are, how controlled, whilst being given the opportunity to go the other way. It will start off relatively quietly whilst you sort yourselves out, and for you and Marion to finish your Healing. But once you've finished it, then it will be time to take it fully into the public arena, and from there it will build like a snowball coming downhill or a big wave taking the whole business over into the next age. However along with that, will be the turmoil and tumult of all that is going to happen to humanity, so it's going to be a very dynamic time.



So once again John, we're overseeing it all, you have nothing to worry about, just stay true to your feelings which you'll have no trouble doing, and help will come when it's needed, and as you progress we'll all be able to further exploit the ever widening holes in the Rebellion and Default.

I will go now James. Speak to you again soon my dear grandson, and know that we're with you and looking after you, and you're not to do it all alone, that would be too much to ask of anyone – you'll see. Love, your Nanna Beth.

Over the past couple of weeks, your promptings have advanced the concepts of 'bottom up democracy', schooling and education, and the releasing of projects once they are self managing. These concepts all added to the foundation documents and how to go about things. This has been tremendously helpful. Thank you.

Your comments and promptings are always helpful, and I appreciate them.

cheers for now

John



LEGAL UNIVERSAL CONTRACT that is the Rebellion and Default Thursday, 3 August 2017 Crystal asks: Helen; (Questions from Crystal)

Our carrier pigeon met with one lawyer yesterday and was scheduled to meet two more today. He is hopeful. He wants to have his message delivered by week's end so he can get back to his honeymoon.

Exactly what is the message? How many hops is he away from me? Should I make sure my good pants are pressed?

Helen -3^{rd} Celestial Heaven: His message is that the Germans want to go ahead with the payouts and bring everything back to order. And they want you to assist them. And they will cover all your expenses. And they want you to help them organise and deal with any unexpected surprises, so such surprises will not compromise them. They don't want to have a noose hanging around their necks forevermore. They want an orderly withdrawal. They don't want you to go for their jugulars with future law suits against their misconduct. They know once they come out in the open about it all and can then be held accountable, and with all the money you will have at your disposal, you will be able to make life very difficult for them should you want to. So they will want certain assurances from you.

However they are also now very worried suspecting that the papers from Milverton's estate will relinquish any power they believed they had over you, open the way for you to have a free hand at doing what you will with them – making them a public disgrace, insisting they follow up on all the fraudulent payouts, insisting they get that money back and for it to be paid out to who it was meant to go. And knowing the law will be behind you, particularly with The Hague arbitration already in your favour. So they are beginning to shit themselves, making the Prince have to do more things before he meets you so as to ensure their backs are covered and they are not leaving themselves open for further unforeseen exposure. All of which my dear Crystal is working for you, and will make them even more compliant and needing your support. You will have the upper hand, and any time they don't give you what you want, then you'll be able to remind them of their place in the real scheme of things. They just don't want Germany on the hook for endless payouts until the end of time, which you could arrange should you want to screw them for all you can. And there would be many a legal firm lining up to help you with such a goal in mind. However that is not to be your way, so you can help them understand that you will be on their side and not wanting to go down that track.

Crystal: As John said, "I don't think we can handle another disappointment if he leaves without contact."

Helen: No, that would be very difficult for you both, we understand, it has been a long time in coming and really more than can be asked of you. However we can't tell you that it will all work out as it appears it will, other than tell you it will all work out.

The conversation with Milverton was well appreciated, thank you for the one-off. Nothing was surprising but it was helpful.

Thanks for everything. Crystal

Hi James, These may be added to Crystals questions for Helen as of yesterday. (Questions from John) Hi Helen,

It appears as though the Lawyers for the Estate of Baron Milverton are following instructions that the papers to facilitate the commencement of the payouts for Solid Investment account holders are to be now released to Simon and Crystal.

It appears as though the lawyers from a 'major chamber' in London have indirectly conveyed this to Horst Kohler in Germany. Are these observations correct please?

Nanna Beth: Yes John, that is correct, it is as Helen said above. I have taken over from her as I want to tell you some other things. Helen could tell you them herself, however it's important from the terms of Light, which require the necessary connection directly with you through James at this state, that I also write to you.

Yes, James, it's all part of our working the loopholes in the Rebellion and Default Contract. It is as I said the other day, being very involved the whole ordeal, it having been put together over hundreds of thousands of years, and were the Evil Ones still currently in control of Earth, then it would still be being added to with every further advancement in their control of humanity as the aeons pass.

However we are now working to unwind and release humanity from this binding condition, and part of my and Helen working with Crystal and John is part of this. Helen and her team can only do so much at one time, which includes working with Crystal and Joe, and so she can't talk as much to James, whereas I can come in taking over and working at it from a slightly different angle – which even involves at this time in your growth James, my being able to reveal more about this Legal Universal Contract that is the Rebellion and Default. And it's also why, to answer your earlier questions to Marion about it, why we Celestials and Mary and Jesus weren't allowed to come forward about it right from the beginning, having to hedge our way along with you as you pushed deeper into yourself, thereby allowing ourselves to reveal more, which is still happening, so the further you progress in your Healing the more we can reveal about it from our side. And this then also includes all John and Crystal are doing, they being able to progress with the SI (Solid Investment) saga as you have progressed on the spiritual side of things, because only then has such progress been made. It all hinges and will continue to hinge, around the spiritual progress being made by yourself and Marion. It all has since your conceptions, so it's been an ongoing working from our side in bringing all this about, which has included working Crystal, John and Samantha right through their lives in preparation, along with a lot of other as yet unknown people. And then you can take it back to including The Urantia Book (TUB) and Padgett Messages (PM).

And to answer your other questions earlier James, about the wonkiness of those two works and why they were even necessary when surely the Avonals themselves could have revealed all they are offering, which is true, however it's all once again in keeping with the Legal requirements of the Rebellion and Default. TUB and the PM were 'earthed' via loopholes in the Contacts, and had to be done so as to maintain those loopholes or cracks as I called them the other day. And so it's the same crack that they were worked through, that Solid Investment (SI) is being worked through, which includes allowing Joe to do what he is able to do, which is allowing you all to move along with it.

So if the Avonals were simply to do it all, first of all they couldn't have because they would have to override the whole Rebellion and Default effectively coming in over the top of it rendering it obsolete and impotent, but to do that they would not have been able to take it on themselves and Heal it. And that would have made things infinitely more complicated, for what would you have then, the Rebellion and Default ending dead in their tracks, and the Avonals standing up saying you all have to live the New Way now, yet how



would people be able to suddenly change, dropping their evilness and instantly becoming true as the Avonals would be true? So that couldn't happen, so the Avonals too are having to exploit the cracks in the Rebellion and Default, coming in to the Rebellion and Default, taking them on, working to heal them within themselves and thereby revealing and opening up The Way for people and mind spirits to follow should they want to end it within themselves. And part of this struggle with all of this is in having their 'Avonalness' denied them, they are not to have their full Avonal power (until they are Healed) and so awareness like Jesus had as he grew up and grew into his public career knowing what he was about and what it was he was to do, and so depriving part of their revelation adding further to their denial by putting that part of their revelation in two books.

And as you know James, that has complicated things no end for you, and it still is as you're still having to reconcile it with all you and Marion are working through, this being even now what I am conveying to you, a part of it. For as I've told you before, you both have really no idea as to amount of denial you've been submitted to, all of which you're having to work laboriously through, which is why your Healing is taking so long. And it's also why everything else is so laboriously drawn out too, such as SI, and even the influence of TUB and the PM. And why so many people get stuck in them and can't move on, it all being what is still required by the **Contract of the Rebellion and Default**.

And it's going to continue on this way until you and Marion complete your Healing, for there is no other way for things to happen. Yet as you are now waking up to and accepting how it works, so you too are able to accommodate it, working with it, and turning it to your advantage.

So getting back to the Germans and what Helen said, they are fearing a severe backlash should they go ahead with it, and yet understand now it is going ahead, with or without them, so they had better smarten up and stay on Crystal's good side. It's a bit of a wake up call for them, they are suddenly being faced with: What if Crystal goes to town on them, something they thought they could fend of with her needing them to work with Simon. But realising that the threats from Milverton to allow Crystal a free hand independent of them were real and could come to fruition, means they are now on the back foot and so want the Prince to alter his initial strategy, which was to be in the drivers seat with it all, which Crystal would have shot down in flames anyway, to now approaching her a bit more humbly.

John: Further, it also appears that the funds that make up the 2012 European Bailout, amounting to in excess of US\$ 5 or as much as US\$ 8 trillion, are part of the Solid Investment fund pool. Is this so?

Nanna Beth: Yes John, it is, they used it for their own ends and are shitting themselves that they will legally be held to account. So you Crystal will hold all the Aces, and don't let them get away with anything less than all you want. And all you want is going to change, becoming more, as they reveal their hand to you, which they will because there is no other way for them to go. You'd easily call their bluff, and it's not in their best interests now to try and leg you over; no, they need to come out and be straight and get it all out in the air, so the more you can openly talk it all through with them, the better it will be for them, and making it easier for yourself.

John: The physical death of Baron Milverton and the burial of his body have been a 'god send'. It triggered this possibility.

Also the presence of the 'Ambassador at Large without portfolio' namely the 'carrier pigeon' being possibly Prince Ernst Augusta in Minneapolis is wonderful progress.

Now, Helen and Beth, how were these two events arranged? Like, really, Milverton being in a psychotic mental implosion with body on life support and then all of a sudden dead and him talking with

his 'golden tongue' and the Ambassador at Large on the front door following protocols to meet Crystal's lawyer and now the enabling documents becoming available? What a story. How did you guys arrange this?

Nanna Beth: We haven't arranged it as such John, it wasn't our doing, I can assure you. It is all just life, all what our Mother and Father have arranged long ago, it's all just unfolding on the soul level yet with the angels and Melchizedeks working it all through. They understand how it's all meant to happen and what will happen; we're like you, just waking up to it all, having to understand what it's all about, what deep involvement there is that comprises the Rebellion and Default, for it was all new for us too. And as I said, we've all been on a very intense learning curve, and we still are. And it all had to come to a head, and quickly, in the last hundred or so years, because of the Contract and the spiritual events taking place. And all of this is really what's driving humanity on the deeper soul level, with all the fluffing around on the surface by the politicians and unseen controllers just being the outworking of The End.

John: Why did we have to wait two years while Baron Milverton's body was kept alive?

Nanna Beth: It was arranged so as to give you the time needed for you all to do what you've all done, ourselves included. As you understand, it's about the experiences we all need to have so we can evolve our souls in truth, and so all that's happening is what we all need, and the duration of two yours or zero years or ten years, would have been what we all needed and everyone involved. As hard as it might be to gasp, but humanity is, and has always been, like one organism, so with everyone being a different cell in its body. And even though it is very sick with so many cells fighting each other, still it limps along evolving, growing and changing, and it includes all humanity on Earth, in the Mansion Worlds and the first three Celestial spheres. So we're all linked, we're all on the conveyor belt being moved along playing our various roles in it all. So nothing happens to one of us that doesn't effect all of us, we're like a collective hive. And so the machinations of all you've been through John your whole life, is what you've had to live, as are the machinations of what we've all had to live. It's all too incredible to contain and understand with your mind, but it's all working in the way it is meant to, and it will keep going as it has up until now. So we are all playing our different parts.

cheers for now, John

James: Is there anything else you'd like to tell me Nanna Beth about any of it – or John, Crystal or Samantha for that matter?

Nanna Beth: There is more for you to understand about the Legal side of the Rebellion and Default James, but that will become apparent as you understand more about it indirectly from Crystal and John, which is what is happening currently and why we are therefore able to come forward with more information about it for you.

James: I can feel it changing me, helping me to let go of it all, understanding that this is an intricately worked out puzzle, reflecting how intricately my fucked up state is. Only since I was sick have I been able to comprehend just how much yuk there is within me on the technical level, which now I'm coming to understand is that I, and I guess it's the same for everyone, is incarnated into the Rebellion and Default in accordance with the Law or Contract of the Rebellion and Default at that time. So in a way, I've 'taken it all on', agreed to the Contract and my part in it, and my Healing is my working through the Contact's levels systematically, just like how Crystal, Joe and John have been working through all the SI stuff systematically.

Nanna Beth: Which is exactly right James. It is how it is for us all. And each sub-age, if I can call them that, that humanity has passed through with the Rebellion and Default, has brought with it, its part of the Contract. So all the people conceived within that sub-age have to honour that part of the Contract, so you can see how humanity's progress into evil has been systematic and so divided up into phases. So there was a phase leading up to the PM, then one from them to TUB, then one to Marion's incarnation, then yours, and so on up to the one of your Healing that we're currently working through. And people are incarnated being part of each phase or sub-age, and working their particular expression of the Rebellion and Default brought about by their childhood into their adult lives. So on the technical level, it's all orchestrated by all souls involved and fully honoured by your attending angels who work with you to ensure that you keep moving down the path of your part of the Contract. So the whole history of humanity has been the outworking of the Contract or Legal Document of the Rebellion and Default. And only when humanity is completely free of all binding conditions of the legalities involved, which will happen in many aeons time, will it be free to then evolve itself as it should have done in the first place, looking solely to it's loving Heavenly Parents, no longer having to live out the mandates of it's False Parents, the Lucifers.

James: Was this whole Legal side of things only because of the Rebellion and Default, for surely if everything is right and true, there is no need of such binding Contracts?

Nanna Beth: The binding side of it when we are right and true is overseen and adhered to be the agents of the Eternal Son and Infinite Daughter, so the Truth and the Mind. However any deviation from Their controlling influences, such as what would constitute a Rebellion, then requires an artificial Document, a Legally Binding Contract by all sides. And I say 'artificial' in that it's a 'false contract', meaning, it's temporary, it shouldn't really exist, it is only needed because of an aberration in the normal way of things. So all you are subjected to because of incarnating into Rebellion, is not the true or normal way of how you'd be, it's an imposed way, so it's artificial, contrived, and will one day, when you've Healed yourself of it, cease to be. So one day the Rebellion, the Contract, will cease to be, relegated to history, almost as if it didn't happen. But of course it did, and the results of its influence are and will be seen in us and Nebadon forevermore.

James: So presumably the Lucifers – and I think it says something about this in TUB – would have needed a very advanced legal team?

Nanna Beth: Yes, they needed it, but they didn't start of with it, as far as I understand, for there weren't such things available to them, there wasn't anyone specialised in Rebellion Law, and even had there been, each Rebellion would have been very different and specific to those bringing it about. However part of the Fall was to coerce or convince certain angels in particular, to follow them, and it was many of these 'fallen angels' that constituted their legal team. And then in all fairness, this being the way of Mary and Jesus, the rebellious leaders were leant others more experienced to help them get their side of the Document prepared. And it was worked out with the Melchizedeks overseeing it together with other higher levels of spirit authority, and then presented to Mary and Jesus who signed off on it, to use American terminology. Mary and Jesus consented as it was thought that in the long term Nebadon, and themselves personally, would benefit from the Rebellion, although no one really knew what that meant back then. But the Rebellion was given the go-ahead and so here we are now today, having to work with the Contract in the early stages of undoing it.

James: So our whole need of a legal system on Earth, is because we're all in rebellion and so don't live with Truth, so we live with no trust based on truth. I can understand that, and I image many people who are interested in law will carry on that interest in understanding the legal side of the Rebellion.

Nanna Beth: Some people interested in law will do as you say, however also remember that many people are only interested in it because of their rebellion, and so once Healed, will be healed of that interest. And other people and spirits not interested at all whilst in their untrue states, once Healed, will become interested. There are many, many Celestial soulgroups devoted to understanding it, many still working to understand it all through their ascent of Nebadon, because it invariably affects all levels. It's a huge thing, even though locally it's isolated and involves few worlds. But in the far, far, far off future, when soulgroups of humanity are involved in administering and containing rebellions on other 'earth worlds' from spirit, so such knowledge will be vital for such spirits involved in the legalities of it all.

James: Yet it's not your primary interest Nanna Beth?

Nanna Beth: No, only a cursory interest, enough really to get me through in what you'll need to understand, and then to understand how it all fits in with all we're doing, and how the Rebellion is unfolding and my personal relationship with it – when I was in it, my Healing of it, and now being free of it. My primary soulgoup's interest, as we're all interested in the same area, is in personality expression, so strictly to do with feelings verses the mind, how the personality is expressed – how we communicate with each other, and how it all relates to our soul. More along the lines of what you're interested the most in James, which is why we connect so easily.

James: I'm so bad at it though, and hate the whole having to express my bad feelings to heal myself thing, whereas Marion relishes it.

Nanna Beth: You don't hate it really, as you know yourself, it only being another part of what you've had to go through, having that which you'd relish being shut off to you, and so the frustration and difficulties you have breaking down your resistance to it. But if you didn't really love it, you'd not be interested enough to want to break down what is stopping you from exploring it and then doing it yourself, and you'd not be writing all of this and writing along the lines that you have. For you can see that all your work is orientated along the lines of personality expression, you understanding how important it is for us to freely and fully express ourselves for us to grow in truth and feel happy and loved.

James: Yes, I don't see it being any other way, and who'd want to focus on something other than that? I am a bit one-eyed there Nanna Beth.

Nanna Beth: You could be approaching your whole Healing and the need to do it, along the lines of the legalities of it, were you interested in that side of things.

James: Yeah, I see what you mean, but that doesn't interest me at all.

Nanna Beth: It's not for you, I or Marion, it's not our way, yet you understand it enough to see how relevant it is and how it all hinges on it and revolves about it; and as the Rebellion and Default were legally allowed to happen, so have they legally been allowed to have their self-expression.

James: I see what you mean. Yes, I can feel it as being right, and it is incredible to see it in those terms, it all makes sense, and explains more of what I've been through.

Nanna Beth: Good, I'm glad I've been of some help to you James. We'll talk more about it when necessary. I'll end now, and my love to you all – Nanna Beth.

FEELING HEALING VILLAGE COMMUNITIES

Friday, 4 August 2017

James: Nanna Beth?

Nanna Beth: I'm here James, go ahead.

James: Whenever we finish writing together and I'm happy with all you've said, then I feel we won't do it again, or not for some time, and yet it's just about becoming a daily event.

Nanna Beth: And it will keep unfolding like this for some time yet. It's all how we're to be involved with you James, something you might like to ponder a little more on in your quiet times. And as we're in John's mind just as much as we are in yours, so that makes it easier for all concerned.

James: That last sentence felt a bit cryptic – I'll ponder that too later. I've been holding back certain things from John, certain ideas, things to do with it all, and mostly because I don't want to sway or influence him too much. And because I feel so unsure of it all for myself, let alone all he talks about and even my speaking with you and Helen and all you tell us, so I have been keeping myself under somewhat of a tight reign. But in speaking with him today I feel I've loosened the reigns a little, by telling him about my longing to have places, communes, where people could come who want to do their Healing and live sustainably or whatever, just like the Sanctuary in the third book of Sage (Zarina). And then on broaching the idea with John, he even calls such places Sanctuaries! (I'd forgotten I'd called it the Sanctuary in the Sage books until just now!), the idea fitting in with things he'd like to do. However the only downside to such places is of course having the actual people who do want to do their Healing or at least be involved with such a place in which that's the central idea. So assuming people will want to do their Healing and then possibly live together, John suggested I ask you, Nanna Beth, about it.



Nanna Beth: We think it's the most marvellous of ideas, and it would be a natural outworking for people who want to do their Healing gravitating together, just as it is for us over here, even though we have our own separate Healing Mansion Worlds to live in. Yet still, even within the Healing worlds everyone lives in their small sectors that they feel the most comfortable with. So we too envisage that is how people on Earth will want to live, those gravitating to share a similar way of life. And as it will be a very alternative way of life to how you all know life to be currently, so you would think people would want to move away from the old way and see if they can create a New Way. And as John said, it can happen within or close to, or even far away from, regular towns and cities, it being what people want to do.

James: Marion spent time living in the Ashram in Melbourne and Sydney and then in India to do with Siddha foundation, and I know there are lots of similar places, and so yes, why not have people living in such places who are all intent on doing their Healing or at least learning about what it involves.

Nanna Beth: Exactly James, there is all sorts of ways for such Sanctuaries to be formed. And which can include many and if not all of John's other ideas.

James: Would you advise John to work with these Sanctuaries making them the central focus first, and then build outwards from that, all his medical centres and so on?

Nanna Beth: We wouldn't advise any such thing, we are not advisers, only complimentary participants.

James: Sorry Nanna Beth, it was a leading question, I wanted to see what you said about that?



Nanna Beth: No need for sorry James, I understood what you were asking and why, I pick up all that goes through your mind and that you are feeling when we are communicating. We are only to move along with you. Certainly we do help inspire within you certain things, but that all happens naturally, and not with us saying: right now, this is what you must do, this is what we want to see happen, this is how it's going to be. That is all how it was for us all with our parents and we all know how that way of going about things and being subjected to makes us feel; so no, we are far more creative than just taking over and bludgeoning you along.

James: You can slug us and we think we've come up with a brilliant idea – something like that, is it?

Nanna Beth: Yes, more or less. But as we've said, it is for you to work out what you want for yourselves based on your own feelings and thoughts. And part of the interaction, like what you just had with John, has now opened other doors between and within yourselves and allowed further communication with us. So that's how it works. We will come along in support, more than being the leaders. We are watching it unfold for you on Earth, we've had our lives on Earth, it's your time now, and we're to be like true loving parents in a way, overseeing and guiding subtly, but not stepping in taking over. So John is to feel what he wants to do as are you and everyone else involved.

James: Okay, so you reckon the Sanctuary idea is worth giving some thought to?

Nanna Beth: Yes, most definitely we do.

James: You sound like an English aristocrat! – Marion is reading letters of a person involved with them. And what about my concerns about the height above sea level that they should be, that we all should be living at, all tying into my thoughts about The Change that is in my Sage novels? Is that anything we should concern ourselves with?

Nanna Beth: No, not for the time being James. It is to be something to be concerned about in time, but not yet. So for the time being we would advise, not that we do such things, that you simply move with your feelings and let the future take care of itself.

Think about this: So you set an arbitrary mark above sea level to site such Sanctuaries based on possible cataclysmic changes, and say 200 metres (600 feet) because of what you've read on the Zeta's website concerning their worry about Nibiru coming through.

Then you have set yourself a limit. And what happens if you then feel you want to make such a place at 100 metres, but don't because you're afraid it will be swept away at some arbitrary point in the future? And what if it is swept away at that point in the future and yet that is what is meant to happen to it? And what if there is such a cataclysmic event affecting the whole world, and yet some places higher than 200 metres are swept away, and yet others near or on the coast are barely effected?

So you see what I'm getting at, it's all mind spirit stuff anyway, no Celestial spirit is going to say you must build above such and such a level. We don't do business that way. We say, go with your feelings in each separate situation. And you will be guided naturally for whatever the future outcome is to be. And you know yourself James, and it's the same for John, your whole approach is trying to get away from being told how to be and what you should and shouldn't do, that too being how it was for you as children, and how much



you hated living under that regime! So the freer the better.

In times James, as you understand, you'll be told about such things if they are to happen and so will act accordingly, but that sort of information is only going to be made available to you once you are Healed. And so in the meantime, all you can do, which is the same for John, is to keep expressing what you think and feel, bring it out, and see how it effects you both and everyone else involved. And then you do what you want to do, and that's about it, with yourself and Marion expressing your bad feelings to seek their truth along the way, and John leaning on his beer-fridge counting his millions.

James: Ha, yeah, it all sounds so incredible the amount of money he says is involved – is there that much money Nanna Beth?

Nanna Beth: More James, which will be made known to John and Crystal. The Baron pulled a few swifties, which will pleasantly surprise them. But it's one of those things we can't elaborate on – you understand.

James: All right, I thought when we first started writing today I'd be writing pages as if I had millions of things I wanted to ask you, but now I feel we've covered it all.

Nanna Beth: I can tell you James, things will keep evolving between you and John, its part of what is required in all of this. So the more you can be open and straightforward with him, and he can take it, you know that now, the better it will be for both of you.

James: I was thinking that after the call. I will try and be more forthcoming, but it's all so heavily tired up in my yuk. But at least I know John is not going to reject any of it, at least he'll accept it even if later he doesn't want to go on with it. And I love that about you John, and shit is it a relief, for as I said, I've about had it trying to communicate with normal people at the Bush Bank (native plant nursery). Three of them the other day got angry with me for not getting better and for keeping on wanting to make myself feel worse by digging into my early life, even though I've talked about my Healing with them. But it's all: no, we don't like it because look what you're doing to yourself, you're making

yourself feel miserable all the time, you'll never get well... and they can't see that I am already miserable and not doing anything other than allowing myself to feel what I've always been denying, just as they won't allow me to be how I want to be, I having to comply with their way of life just as mum and dad forced me to comply with theirs. So having John who's at least open to it, is a bloody relief, and then on top of that, all what he

Yuk

gets me to do with you Nanna Beth and the whole money business – well at least I'm more in fantasy land with John. And it's too bloody cold down here, a few weeks is all right, but once its a few months, na, I've had it with my feet being cold!

So about those things I was wanting to talk with you about, I've got nothing further I want to ask you Nanna Beth, John might want to know more about them, however I do want to ask you more about the Legalities of the Rebellion if you have time?

Nanna Beth: I've time James, I'll always have time for you, it's easy for us to work around your needs in that way, so whenever you want to talk, just do so. And if I need to go, I will say so. You know how it is, we've all told you the same thing, so yes, please ask your questions about it.

James: So the coming of the Avonal pair, and as they work their way through their Healing, is the cancelling of the Contract of the Rebellion and Default?

Nanna Beth: Yes, on paper, however not in reality until they have completed their Healing. It all hinges on that. Because if they don't complete that then they have failed and so the Contract will be adjusted to accommodate what they did manage to achieve and their failure. Which would mean the Rebellion and Default would go off in another direction for the next age, further taking humanity deeper into it, as people included all the Pair has revealed. So in your case, taking all that you've written about the Healing and embroiling it in their evilness, and so completely missing the whole point about it. And so then we'd have to wait until another Pair came to complete their Healing. And so in the meantime, with each step you and Marion progress in your Healing, then the cracks I spoke about get wider and certain other things are allowed to happen, such as our shutting down the interfering mind spirits and generally taking over, but still the real changes and so work, won't begin for all of us, yourselves included, until you complete your Healing. And once that has happened, then technically the Rebellion and Default is over. And there is no further Contract. So humanity is not beholden unknowingly to it as they have been. People will be free to Heal themselves.

James: Did it piss you off when you understood that during your age you lived in you couldn't do your Healing?

Nanna Beth: No, because I was ignorant of it. But to answer your question, yes it did, it has made us all angry when we come to understand that we were all trapped in this thing that was so unloving and made us feel bad and with no way out. But by the time we understood that, we were all well on our way in



our Healing in the Divine Love healing Mansion Worlds, but the principle of it, yes, really pissed us off. We all wanted to throttle the Lucifers for starting it.

James: Now that's a point, I've not actually felt any anger directly for any of the Evil Ones. I'll have to ponder that too. I've always just felt angry with the Mother and Father and my parents. I've put the Lucifers into the same basket as myself, that in a way they couldn't help rebelling, it was all part of their soul pattern. Yet still, I do see why I shouldn't feel angry with them.

Sorry Nanna Beth, Marion wants to read something to me, so if you don't mind I'll pause here and have a rest as well.

Nanna Beth: I'll be here James when you want to continue.

James. Thank you.

I'm back, and I was wondering if you could please elaborate on Joe's abilities with his Remote viewing and the Contract; and also John says that Crystal, through Joe, asks the people they are talking to during the session, the people being unaware consciously that they are participating in it, if they would like to ask Crystal any questions, which sometimes they do. So if the person they are 'communicating with' asks questions, yet themselves are unaware they are, what is that all for – why ask them?

Nanna Beth: The Contract goes right back to the early days of the Rebellion. There were still cracks in it allowing spirits to communicate with mortals in various ways. There are, so I am told, a great many ways in which spirit / mortal communication may occur, and over the years of the Rebellion, many of these ways got stopped, being written out in the patch-over sub-contracts, leaving basically a few ways for us to reach out directly to you. And one of those ways is how we write with you, and another is what Joe does.

The reason for the contactee asking questions even though they are unaware that they are, is to stimulate the deeper levels of the mind of that person. So Crystal answers them and what she says goes into the deeper unconscious of the person, put there in place by that person's attending angels who are doing it all with Joe's angels. And then at some point the information Crystal has passed on works its way to the conscious or stimulates something within the conscious. So really it's the person's angels asking Crystal on behalf of the person, so it's all in keeping with the soul needs of the person. Nothing is done with the actual person, they remaining completely unaware, as we've told you, so it's not a direct infringement on them, all being done by the angels involved. So it's just a way of obtaining information from the angels involved without going directly to them, which can't be done because of the Rebellion mandates with the angels still largely excluded from direct contact with mortals. Which I might add James, is why you've done so little with them, as you've been, that being your soul, has been honouring that part of the Rebellion Contract. And that too will change once you've fully Healed yourself.

James: So Joe is really talking to that person's angels with the angels sounding just like the man or woman – so the angels are pretty good mimics by the sound of it?

Nanna Beth: They relay what they want to say to Joe's Indwelling Spirit who conveys it to Joe's mind, so making Joe perceive it as the person he is 'viewing' speaking to him.

And in answer to your question earlier to me today on this subject concerning the young Russian woman who is starting to be one their three main remote viewers, she has passed all the tests and everyone is more than happy with her and she's officially started work for the government. So one of our

soulgroups is working directly with her and the twins. And Russia, as you read today, is getting very nervous about the worsening state of America. The 'Deep State' is causing lots of problems for them with all the sanctions being imposed, as it wishes to shut down Russia and then take it over. So Putin is having to implement deeper security measures, all of which will only serve to benefit him.

James: So the Remote Viewing is worked through one of these cracks, yet you Celestials only support it when and where you need it to help do what you want to do?

Nanna Beth: That's right James. We're fully in control of all such things. If you read of people speaking with aliens or Satan or other spirits, with those spirits saying things about their control of the world, it's all nonsense, stuff they are making up. Because there is no one talking with any such spirits anymore, it all being mind spirits previously. Some people have very fertile imaginations, they have a few what they call



'spiritual experiences' which is only something happening to them in and on a mind level which they are unused to, misconstruing the experience as a valuable one illustrating, and so confirming to their own deluded mind, how much they spiritually progressed, and then they set about making up all sort of nonsense with their newly illuminated mind. But it's all their own doing and nothing about the truth or being of any real help to anyone unless you want to further your involvement with the wrongness.

And I will add James, at conception your relationship with the Contract is sealed, it begins at your incarnation, and it is outworked through your childhood, then as an adult you continue to live it until you start to do your Healing. And there is nothing else you can do, you are held in check by the Contract as solidly as any legally binding document. And people believe they have the free will to choose this and that way of life, and yet they don't, as it all stems from their early life. And all they do as an adult is merely working within this Contract they have in effect agreed to, though on a soul level and not a conscious or unconscious mind level. And so we all march to the tune of the piper that's piping away inside us, all completely unaware that we are, until we move into uncovering such truth for ourselves through our Healing. So unless people follow you and Marion by looking to their feelings for their truth, as you do, then it doesn't matter how much people express their emotions, work on themselves with their therapists, they will still be doing all that as part of their Contract, so part of their self-denial and truth-denial, their rebellion. And so the truth is, it wasn't until you and Marion started to embrace your Healing and live it, that other people could do it too, so up until then, people like Alice Miller and other people intent on working on themselves trying to heal their childhood, couldn't do it completely, and could only do it within the pattern of their wrongness as spelled out at their conception. So no one has been able to do their Healing actually freeing themselves of their rebelliousness and the Default because the truth to do it wasn't available, so there weren't the cracks in the Contract providing the way out. So you can see why bestowal Avonals are so necessary for the rebellious worlds, and why Mary and Jesus couldn't do anything towards helping people to Heal themselves because they didn't subject themselves to it. So for TUB to say that there isn't a need for another bestowal (pair) on Earth, again shows how it was adhering to the Contract by not telling the truth of the Avonal bestowal.

So a rebellious world NEEDS, it MUST HAVE, as has been told to you before, a full bestowal Avonal pair, for if it doesn't, then there is no way for the Contract to be annulled, broken or lifted. Because as Mary and Jesus showed, even they weren't able to do that, so if the Creator Pair can't do it, then only the Avonals can. So without them – no dice.

James: All right Nanna Beth, I understand what you're saying. But until such truth comes up in my soul, still it's on the shelf despite what you and the others say.

Nanna Beth: I understand James, and it can't be any other way because all of that deeper truth about yourself and Marion is off limits to yourselves until you've reached a certain point in your Healing. But still we want to state such things in our writings with you, for John and others who will need to understand the significance of what is transpiring.

James: Yes, well of late, since being sick, I feel like joining Marion more and hiding from the rest of the world. John is just a dream that rings up and tells me how much he likes what I write, he even seems to like me I think, and it's all so weird having him in my life when everyone else other than Samantha doesn't want to know about any of it. So my latest decision is, I'm not going to talk with anyone about any of it, not even mentioning my Healing anymore. Everyone John talks to seems to become interested in it all, he doesn't get knocked back, so I'll gladly leave it to him to tell the whole world as they listen to him. Marion and I can't relate to anyone, and we struggle along trying to relate to each other. We reached another point in our Healing today accepting that as we don't feel loved by anyone – that no one loved us when we needed to be loved, so we can't love anyone, and that includes each other. We're unloveable and unloving. So having a marriage relationship in which you don't love each other and can't love each other or anyone else is... different, I guess. And fucked.

Nanna Beth: And yet it's the truth of the Rebellion and Default. They are anti truth and anti love, so we are all of that when we're of Rebellion and Default. So that's where our Healing brings us to, understanding the same as what you said, that we are not loving, can't love, and so are alone, unwanted and unable to do anything to change our plight. And that is getting close to full acceptance of your negative, evil, unloving state, which you understand is what you have to do and where your Healing is taking you. So it's really good that you understand and feel and accept that you don't love each other, and can't love each other and don't love anyone, can't love anyone, and are not loved by anyone, because you can't feel and receive any love, even if it's there. And then to accept all the devastating feelings that feeling so unloved makes you feel, and expressing them for their truth, that is all you can do.

So we are cheering you along; be as true to feeling you are unloving and can't love and aren't loved as you feel James, for that is the way to reach the other side when you will finally set yourself free of it all, then turn around and go the other way feeling loved and being able to love. And I know it's very hard going against all that you've been made to believe is love and loving and how you should be in the world, but that's all wrong as you know, and so all you can do is go against it. And by going against it you are going against your parents, and so the Contract, and that's how it's all ending. And there is no other way. It can only be healed by uncovering the truth, and the truth of rebellion is untruth and no love, and as that's how you are because that's how you feel, so that's where you stay within yourself, being true to your untrue and unloving state.

I will go now, I've got other things I need to do, and I will speak again soon with you. Love Nanna Beth.

James: Thank you Nanna Beth – thank you from us all.

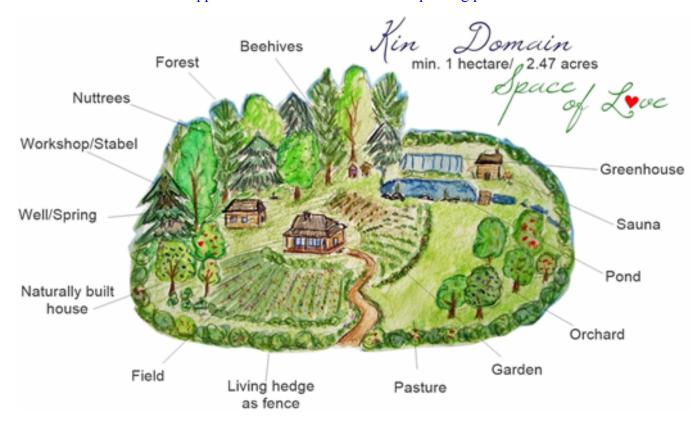
John: Hi Nanna

I sure do love the hot and spicy packages that you and Helen write with James. Yes, they are like beautiful supper snacks as they typical arrive in the late evening.

On my journey of discovery, a few publications stand out. Anastasia of the Ringing Cedar Series was fascinating. Anastasia spoke a lot about the 'kin domains' in the Russian perspective with a global application. I suspect that she was a spirit personality manifesting from the 4th mind Mansion World. I feel her contributions are constructive and are of merit.



Would you mind commenting on her and what she talked about regarding Kin Domains and their current application to what James and I are plotting please?



Nanna Beth: I'm glad you are enjoying my interaction with you John through James. I am loving it too. I am so thrilled to be able to have such regular contact with you both in this way. We are all very excited about it, as much as you, looking forward to what the next day brings.

Anastasia was assisted by the mind spirits as you are suggesting, and there are a plethora of good insightful such things that you can draw from having ready and easy access to them and their sharing in the world. It is more for you on the ground to take what you feel you like and apply that to your individual lives. And if you wish to live collectively, then to share and express all you think and feel. So people in different conditions will be able to apply different things suitable for their way. I know John you'd like to derive a formula or template which you can then put in place, and in some situations that could be done, yet overall I think you're going to have to accept that it's going to be more a fluid template, something that is offered and supported by yourself and all you want to do, yet there for those

who want to live it to work it out for themselves.

Certainly any project needs to be well thought out at each stage of its progression, however as you will find, things will evolve themselves, as determined by those involved. So you don't need to work out every game plan ahead of time, just enough to get the ball rolling.

I know I'm being rather vague, however what I want you to understand is that there will be other factors coming into play in future which I can't talk about now, and these will help determine the outcomes you are thinking about. So by all means consider such things, but don't feel you have to work them all out, just remain open as you are, and things will come up as you move along.

John: Colonel James Churchward published that Lemuria was positioned within the Pacific Ocean before it submerged. I think you may have mentioned that he may have been a bit of a trickster. Where was Lemuria positioned and about what time frame did it disappear, please?

Nanna Beth: He was a bit of a trickster, however it was in the Pacific, although the Pacific wasn't as it is now. It underwent massive cataclysmic changes about 12,000 to 13,000 years ago as James was suggesting during the last Pole Shift. For these cataclysmic events as studied by the various scientists and amateurs did and do happen on Earth, which has caused great upset during the cause of humanity's evolution. There was also a great civilisation on Antartica and in the Atlantic, both of which are referred to as Atlantis', and there have been other civilisations scattered all over the Earth of varying sizes all of which have come and gone owing to these severe Earth changes.

John: Dr David R Hawkins is one impressive writer. He died on 19 September 2012 in Sedona, Arizona. His teachings have assisted me greatly in finding my way – eventually – to Marion and James.

What sphere might David Hawkins be presently in please? I feel he might have something to say!!!

Nanna Beth: He is living in the mind worlds, so I am told, and would be of no benefit to you John. His legacy is again one of those things that sits well with you, that you enjoy and can relate to and use as you do. And really it is now for humanity to use what is available to it having come from the mind worlds, because there won't be anything further coming through from them. (mind Mansion Worlds 1, 2, 4 and 6.) Now it will be up to the natural inspiration of the individual on Earth, and those who are working with us, those people who want to do their Healing. The ways of the Rebellion and Default are to die, to fade away, however this will happen gradually as people of it still try to advance themselves, their lives and humanity in their wrongness, but the next real new inspiration will come from those who embrace the New Way. And you see, as people do, they are going to turn everything on its head, they will not want to keep living as they have been, their whole evolution of truth will be anti the Rebellion and Default, so you're going to see these 'New People' exerting a huge pressure on the Old Way to change. And those of the old will resist because they only know the way of the Rebellion and Default, the way of being untrue to themselves, yet these people and their old ways are to be gradually phased out.

The ways of the mind spirits adding to the direction and evolution of the Rebellion and Default are OVER. It's not going to happen again for the next one thousand years, and then they will be allowed to interfere again, but by then there will be too much of the New Way for them to have any real success. They will then be used as a means of helping those intent on doing their Healing to feel bad and so bring up more of their repressed childhood pain, so indirectly used to help the New Way.

So you see, potentially you stand on the threshold of being able to introduce a lot of this early change

John, however you're going to have to be fluid in this, which will happen because you have no power-agenda in it. But more of that will come to light shortly, and as we've said, first things first, you will have to deal with the money and settling your own affairs before you start having the feelings for the direction you want to take. So yes, keep working with us and James and things will come out of that, but things are also going to change a lot for you all, and that too will allow other things to come about at that time.

John: James and I are enjoying our friendly exchange of fire. I am sure this banter is going to grow and grow.

Your promptings are helping me to consider structures to enable the evolution and roll out of Pascas. This will also involve the progressive releasing of 'projects' as they become self sufficient. Autonomy and self expression is the underlying foundation. I feel I have had more chats with you now than I had with you when I was you little grandson!

cheers for now, John.

Nanna Beth: Yes, your relationship with James will grow as you work together. And we are enjoying giving you the promptings for Pascas, which are at this point in time things to be considered rather than definite hard and fast things you are going to put into place. You are preparing yourself on the mental level to receive a vast input from all different walks of life, however it's going to be all through the interaction with people that you'll be moved to do what you do with Pascas.

It's hard for me to explain it to you John, for it has to be lived, but because of your involvement with James and Marion, and so on an energy or etheric level, their subtle influence is going to move through the whole of what you want to do. And it's not that they will be having their say constantly and you'll be just having to do as they want, no, nothing like that, far more subtle, which is hard for me to convey, but it's like a light from their truth is to go out over the whole of humanity into which we can tap and which you will have your work and do what you do. It's like an unseen energy that is all-pervasive so everyone will be affected by it, and yet only those people who pick up on what they are all about, wanting to live the New Way – as that's the easiest way for me to describe it – will be directly affected by it. For those who reject it, it will still be there waiting, non-invasive, and in the end all will one day want to live true to themselves through their feelings.

And yes James, I am trying to describe the effects of your Spirits of Truth, but to present it in a way in which John can relate to it. And so as this unseen and unfelt energy moves out, so it will also be sort of centred in you John, because you are the one who has made direct contact with James (and Marion by default), and who feels you want to work with them. And it will be the same for Samantha in her way, but that will be different too because she is actively doing her Healing, so she will play a more active role in that side of it. So you and her are going to be something like magnets or lights to which the moths will fly who want to come into this unseen alternative world that is to slowly manifest



on Earth, it being that which incorporates the New Way, which James is working on with his Religion of Feelings. For the Religion of Feelings will be offering a New Way, and even if it doesn't end up being called anything, or something else, still it's the same thing. So do you see, that within the world will form another world, one that is different, more true, more subtle, and one that is ultimately opposite and so anti the old world. So a lot of what you have in mind is of the old way, and it's quite possible that it

will in time be rejected by the very people you are wanting to help, as they will be wanting a new and different way. And at the same time, you will have within your sphere much of the new way too, such as some of the alternative things you like, so it's going to be a bit of a task with things starting out one way and yet evolving even possibly against that way as more people get involved who are wanting to live true.

And I understand it is hard to comprehend what I'm getting at, for what needs to happen is for a lot of people to want to do their Healing and start it. So that is the first step, to see if people will want to do it. And so for them to understand that it is something that can be done, and then how they might go about it.

Anyway, don't worry, you'll see, for as I've said, you'll be guided along, and so keep doing what you feel to do because it's all helping you to be a man of both sides, the Old way which you understand, and the New way in theory; and it has to be a theory for the time being because there is so few people living it, and no one as yet living it fully, which can only happen once they have finished their Healing.

So really you are preparing for the time when someone finishes their Healing... and then see what happens.

James: But Nanna Beth, that all sounds very well, yet I can't see Sam, Marion or I finishing our Healing for some time yet, and what if John gets all the money soon, what is he to do with it?

Nanna Beth: It will all work out James, you'll see. John will need time to set up the basic structures and foundation to deal with the money, both his personally and for the Fund. And whilst that is happening you will all be growing and changing as you have been doing. So you'll see. And I can't say more, so I will go and leave you until next time – Love to you John; and yes, I neglected you as a child, and I have felt dreadfully bad about that, but at least I am able to make up for some of that in this small way with you now.





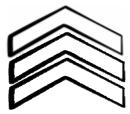


The CHOICE is OURS to MAKE:

Celestial Truth:

Truly all-loving; Living true to oneself; Mind supporting Feelings; Living with the Divine Love;

Fully Healed of the Rebellion and Default.



THE FEELING WAY

Feeling – Ascendance Unlimited progression

- Living true to your untruth;
- Honouring all your bad feelings;
- Expressing feelings to uncover their truth;
- Healing the Rebellion and Default within yourself;
- Feeling unloved; being unloving;
- Feeling as bad as you can feel;
- Feeling like you are no one special;
- Longing for the Divine Love.



Mind – Transcendence Limited progression



- Enlightenment, Nirvana, feeling allloving;
- All false, mind-contrived. Anti-truth, anti-love;
- Still evolving the Rebellion and Default within yourself;
- Feeling and believing you are the Superior One;
- Living with your mind in control of your feelings;
- Living rejecting all your bad feelings;
- Living with your mind contriving you feel loved;
- Rejecting the Divine Love.

All religions, New Age, agnostic, atheists, no spiritual interest, Living the Rebellion and Default.

Hell:

Exploiting the Rebellion and Default.

The Feelings are the doer; the Mind the teller. So we are to go with our feelings, which we can't be told to do with our mind. So the longing for the Divine Love, doing our Healing by expressing our feelings and longing for their truth, are all feelings and doing it with longing. Whereas the mind just wants to tell us what to do and how to be, no feelings in it, all how our parents have treated us.

[Above] This is my (James) tuning fork infographic idea: The fork is standing on its single end the two forks pointing upwards. It might all be too much to fit in and might need trimming. It might be too much now that I've written it out. Oh well, see what you reckon, I hope it doesn't test your graphic skills too much. If it's no good, that's fine, as I wanted to write it out anyway, portraying just how opposite the two ways of living are. One trying to make yourself feel as good as you can using your mind, denying the truth of yourself; the other allowing yourself to feel as bad as you can, whilst wanting to know the truth of why you feel so bad.

Sanctuaries

I've been doing as you asked, pondering long and hard, getting my mind in a knot. Great fun! So what have I come up with?

First: The Sage books don't go into too much detail. Basically farming land is bought up north (towards the sub-tropics) and is progressively settled by people wanting to do their Healing. Small self-sufficient houses are built, the land is permacultured, and the angels look after everyone, as in preventing the rabbits eating everything. It's all based around the building of a large lake with the idea being native fish are grown and bred to be lived on in times of trouble when The Change comes. They develop a huge native plant nursery to revegetate their own land and other farms in the local area. Also the houses evolve from above land to being underground so as to weather all the violet winds and weather during The Change. The Sanctuary is only small, not more than a hundred people, although more coming and more farming land being bought as it becomes available and so the settlement grows. But I've not gone into any detail about how the people actually live.

This is my underlying theme based around lakes and fish because they are my pet love. I've another series of novels based around the same idea, buying vast amounts of land and setting up sustainable Sanctuaries for people wanting to live true to their feelings and do their Healing, all in preparation for surviving and continuing on after The Change.

My today ideas:

Coming back from doing the shopping there is new housing development, the usual ghastly type, you know, blocks of land, house, hardly any trees. So I imagine the opposite, with lots of trees, the houses small, almost like cottages or huts, yet still with all the modern stuff, dotted about, unobtrusive, dams, lakes, etc. Still all the usual roads and stuff, and not for farming, just a better environment and living arrangement.

Then this idea moves out into basing the whole area around subsistence living. So including farm land, veg, crops, chooks, possibly other animals – goats for weed control and milk, permaculture, lots of fruit trees, dams, fish and so on.

I like the idea and look of this place: https://zaytunafarm.com/about-us/

However as I see, most of the permaculture farms are trying to make money, whereas I don't see our primary focus as making money, the Sanctuaries are just to live in, or to have them augment a way of life as people work elsewhere, whilst working on themselves doing their Healing.

Anyway, there is plenty of talent around – people who understand permaculture and no doubt how to

live sustainably, with the only way they seem to be able to make any money is teaching people about it. Yet how many people live it?

Then the idea expanded out using the John Principle: Go Bigger, to a whole suburb based around the farming idea, and including mechanics, wood work-sheds, meeting place – main hall, prayer temple, medical, MOOC (Massive Open Online Courses), place for the children varying ages, communal cooking or people doing their own? etc., – all like you said, and whatever people come up with. And I guess whilst we've got cars, so in the design, proper roads to the houses, the roads being used to capture additional water run off, waste being disposed of somehow, recycle, compost toilets, water tanks, solar electricity and so on. Not just a regular suburban sewerage, electricity and water. And possibly everyone could be paid a minimal wage, or if on the dole, a minimal rent, something so money goes into a collective account for upkeep and new development. Possibly people might be happy to work outside getting regular salaries which they donate to the Sanctuary.

The Buddhists at the Temple outside Melbourne had guys practicing to be monks who worked in the city as IT specialists, presumably earning good money, all of which they gave to the Temple. So the idea being that the Sanctuary was the important place, NOT the individual person getting richer. That money was only needed because we have to use it, but otherwise it is not something to accumulate wealth, status and all the rest.

And this is where the truth that people live because of their Healing, would determine how the Sanctuary is. It having to accommodate people on all levels, but with it slowly allowing the place to be self-determining and self-governing, all according to and in harmony with people's feelings. So presumably in the end when people are further along in their Healing, so these people are looked to as being the 'elders', even if they are younger, and it's how they feel they want to live that determines the tenets of the place. So it will be constantly evolving because of everyone growing in truth, yet the beauty is we all end up living the same truths, so resulting in us all coming together and wanting the same things, having the same motives and goals. But along the way of course everyone would have to work through their shit, coming to understand that they all hate each other and are not loving, which would present many difficulties, but the Feeling Healing ways should prevail. Oh it all sounds like great fun, however, why not? It's just another way of life, and one that will end up making people feel better about themselves and how they are living, even though they have to feel like shit to begin with.

And as the Sanctuaries would be places including people at all different levels of truth, so you'd have those not wanting a family, those wanting children even though they know they will fuck them up, and all in between.

My Two Big, I-don't-knows, are; One: Should people be allowed to have pet dogs and cats, seeing as though they do so much damage to the environment and are such a fucking pain in the arse with all their mess and barking and so on (good at helping to bring up bad feelings though!). Is man's best friend to finally be seen in the truth of it being his worst enemy? Perhaps chooks and local fauna could be encouraged as pets, a wildlife sanctuary for injured native animals, birds, so requiring a lot of care with some not able to go back to the wild (including domestic animals, birds) becoming pets, personal ones and of the whole Sanctuary. Lots of lizards, frogs, turtles, snakes and so on around water areas.

And Two: I don't know about using animals for labour and food. Personally I am with Marion in a BIG NO to this. We hate how people mostly see animals being there for us to do what we want with. And so what about farming them to eat or get milk – eating meat? I hate the idea of keeping cows to give milk,

going against their natural cycle. I understand some animals like goats I think you can get milk without artificially keeping the animal in lactate – (is that what it's called?). Marion and I believe when it comes to animals: Do unto animals as you would have people do unto you. Do unto animals as animals do unto you.

However, not everyone might want to be a vegetarian or just be happy to eat eggs. So I don't know. It might be necessary for people to kill animals for food, and if that's the case, then I'd also include bush tucker, wild plants, herbs and veggies, and native animals (hunting and fishing – dare I say it!) along with all the cultivated and farmed ones. But all kept humanly, and no intensive animal farming. With plants I am so far happy for intensive methods, yet preferably in the ground when possible. Hydroponics if one must. But mostly it's veggies, fruit and grains, organic and some way of controlling the fruit bats and other pests and anyone else who wants to eat what you're growing. So my head ends up in a knot, it's all too much for me.

Ideally it would be good to have no control, people to do what they felt, but that would be utter chaos as we're all too fucked for that, and I think we've proved it enough in the world. So only people advanced in their Healing and who have finished it would be able to live like that. So your fluid governing system with everyone involved, even the children if they want to be, would have to be introduced.

Anyway, really it's just about people living together who share the same understanding about wanting to live true to themselves. So that could happen in a city, a block of flats, an Ashram like they have in Fitzroy where people live in and do all their meditation and food preparations communally. To a farm of varying sizes, to a whole suburb, city... world. And so it waits to be seen as Nanna Beth said, if people accept the New Way first. And I think anyone interested in it can live together, so people who support it yet don't actually want to do their Healing, to those who are doing it full-on.

So how's that? To your liking, or do you need me to try and go further? The whole idea sounds like fun, trying to put it all together; and it also sounds like a nightmare, so much to do and consider.

You could call the way of life: TRUTHISM. All the other isms failed because we hate each other and everyone is in it for their own power and are untrue. But trying to live the Truth through your feelings, means the truth is what determines the way of things, not the fucked up ego-centric mind. And so thrashing it all out, cough, cough, I mean, working it out by expressing your feelings looking to them for the truth you are to live – that's the next Great Human Experiment!!! Aren't They such fun Parents providing us with so much to do!

KEVIN COOPER is READY to become CELESTIAL

Sunday, 6 August 2017

Kevin: James, could you please write this for me to John?

James: Yes Kevin, please go ahead.

(Kevin died on 10 August 2012)

Kevin: John, me old mate, long time no hi, yet here I am now wanting to tell you the good news. I am just about there, my time has come for me to do the big Cross Over.

Yes, can you believe it, I am on the threshold and this time tomorrow your time, I'll be in the Big Smoke, I'll have been translated into the first Celestial sphere. And I have to say, it's all very exciting!

So my dear friend, I am no longer your old Kev, I've been completely reborn, or born anew as you understand, and I feel it too. You have no idea how light and free and happy I am. Nothing like the old me, and a million miles away from the old me you once knew.

So I've done what our Mother and Father have asked of me, I have fully submitted myself to my feelings, and my soul has brought them to light over the years and there has been so much pain for me to work through, and it is as you understand, to bring it all up and out of yourself by expressing it as much as you can, all whilst longing for the truth of it. That's what we do, it's what I have done, and it was hard to get going on the lower worlds, but once you get the hang of it, away she goes and up it all comes and you can hardly keep up with the outpouring. And you feel goddam awful for so long, and you think it will never end, and so much truth comes to light about how it was for you when you were young, and it just keeps coming, and oh my god you can't believe it all, and then you can because it all rings so true, and you feel and know it is all you, all what you went through and suffered, then all you took on as you grew up, all how you became as an adult, and all you made everyone suffer, and you are forced down into the dark depths of yourself, and it comes out one way or another, and then finally it starts to abate, and then more truth comes to light as you start to feel yourself awaken to the true you that you are, which is quite incredible, I mean, the whole process is extraordinary, and you've got to go through it to understand what it's like as there is simply nothing else like it. And then when it finally comes to an end, oh the relief, man, you have no idea, and it is glorious to feel that you are no longer living untrue, no longer living against yourself, no longer the evil, wretched blight you were on the face of Creation. And happiness starts to come, you feel childlike in it, all these new feelings, and you start to feel wonderful, alive, new, if you can imagine that, and so filled with the love of our Mother and Father, and with so much love for Them, and everything is just wonderful and the most magical, and you can't believe it, and yet you can because you know it's all real and true as you've worked your way there, and before you know it they are giving you the call up, and so here I am. Phew, how was that, it just flows out of you, like golden light old son, you have no idea, I could go on and on, the wonderful outpouring of what your old mate Kev now is.

And I tell you, if I could describe how I feel, I would tell you I feel like I'm an angel. And I do feel so pure, so clear, all those horrible sins and errors have all gone, and they really have, that's the most amazing part, it is all true, they have come out of me, and what is left is the true light that I am.

And I feel so good I could sing, so I might come to you when I've made the Crossing, and if you happen to hear the most glorious angel-song in your head, then you just know it's your old mate Kevin! And that I am more than just 'touched', that is an understatement, I am no longer the old Kev that I was, however you've nothing to worry about, you'll still recognise me and I will put on a bit of the old self to make you feel more at home when you come over. You'll see John, for when your time comes and you've done all down there what they've got in mind for you, then you'll be free to devote yourself to

your feelings and away you shall go because by then you'll be more than ready to submit and get on with it.

So what is going to happen, is this. I am living in a city on the outskirts of the main city on the Seventh world, and tomorrow I'll be taken, as I don't have to do anything, all my friends and some of my distant family who are with me in the Seventh will accompany me, and we'll walk / glide / fly as we do, to the sea of glass in the First City. And when I get there I will be taken into a chamber for preparation to move from there to the True Sea of Glass on Jerusem on the first Celestial sphere.

And it's really one big happy time for me, and for those with me, there's about thirty of us, and you could call it a party, but we don't drink and eat or sing and dance or anything like that, it's just a talking and feeling really good time for us, and saying goodbye and I'll see you all soon when their time comes, and one of talking about all the Healing I've been through and what they are still to do.

And then I am told that in the Chamber I will be prepped ready for embarkation, and taken out to the middle of the sea of glass – the launching pad – whilst the final countdown to fusion with my Indwelling Spirit occurs. And this is of course all known and orchestrated by unseen angels and by other spirits of the seventh who volunteer to do this final preparation work for those leaving the Mansion Worlds.

Then at the time, so I am told by Celestials, I will experience an exhilarating rush of light, nothing like anything I've ever felt before, and then before I know it, there will be a blinding flash of light, and as if I have blasted off on a rocket, away I will be with my angel translating me directly onto the first real Sea of Glass in the Celestial Heavens.

And once I arrive, the light will settle down, and I will feel so wonderful, the best most loving and in love that I have ever felt, they all say it's the most wonderful feeling, and then I'll be met and taken by the receivers to sign into the first Celestial sphere officially becoming a new resident there. And then I will meet up with my soulmate, as she is waiting for me, I have known her for some time now although we've not spent that much time together as it was better that I completed my Healing without too much interference from her, to where we are going to live. I told you we met up here and were together, but then her time came and we didn't end up going over together like I said we thought we would, so many things have changed since I last spoke with you, all indicative of my thinking I knew what was going to happen and yet having to admit that I didn't. And then together with her I will begin my new, new life. I've had so many new beginnings, one on each of the Mansion Worlds, and yet this one is the beginning of my real spirit life, or at least the morontial part of it and for the rest of my ascension through Nebadon.

So how does that all sound! I can't bloody wait. I am ecstatic with happiness that my time has finally come, and what perfect timing eh? I knew it was going to be close with all your goings on, which I've been paying close attention to, and I can't wait to get into the Celestials to see how it's all set up over there. I've been told all about it, yet still that's not the same thing. And then to settle in, and to become a functioning part of it all, oh I feel like my life is just beginning, as if I'm just leaving home and moving out on my own with my first girlfriend and love of my life.

And regrets about finally leaving the Mansion Worlds? No, not in your life. Nothing like that, just happy that I've got this far, and now my time has come. I've seen so many others off over the years, and now I'm the centre of attention and I can feel the clock counting down within me.

And all my friends are coming now, I just wanted to take this time to write to you via James on the eve of my 'launch' just to keep you in the picture as you wanted. But I also felt it wasn't necessary for me

to write more with James as he was thinking some weeks back, but I called his attention tonight as I could see he was not doing anything with you, and so I just wanted to 'pen' this short note to let you know that it is MY TIME NOW.

So your old friend has done it! And so if I can do it, anyone can. And it's true, so many of us when we are first setting out knowing what lies ahead of us, or something of it anyway, think, na, not us, we can't possibly manage to do something like that because we're way too fucked, we are not even spiritual per sé, just wanting to get on with fixing ourselves, knowing that we're not right, that we're evil and wrong and fucked up individuals, and yet we do get there, we all do!

James is asking me with his mind, can I tell him more about how it's been for me leading up to where I am now, with the idea that perhaps he might understand a bit more about where he is possibly at in his Healing, and what he might possibly still expect, and yet I can't James, I am sorry, however you see, and this I can tell you and it pleases me that I can be of help to you, because you see you are not to be told by us. So that's why all of us spirits who've done or are doing our Healing have only spoken at best generally about what we've been through with you. We are not to take anything away from you. You and Marion are to do it all yourselves with the barest of help. So that is my instructions. I can tell you briefly all I am going through and what's happening to me, but nothing else in any detail. However in time, so I am told, there will be others on Earth who will document in great detail the Healing journeys of spirits and their lives in the Mansion Worlds and Celestial spheres.

So you'll have to content yourself with my brief moment with you now and all the light that I am pushing out at you, but I can't help it because I am so excited I can hardly contain myself. And I know it's a strain for you writing with me, I can feel it building up within you because it's reacting with the yuk state you're feeling this evening, however that too is all part of what you need James, so I am told, so again I am glad to be of service in this small unexpected way for you.

And as I have to end now John, so I will say that once I am settled I should be able to speak more directly to you through James or even in your mind, so 'feel-out' for me, give me a few days or weeks, I don't know how long for, I don't know what I'll be doing as I deliberately asked not to be told ahead of time because I want it all as a new experience, all part of the excitement of starting out again. And then I'll come to you and see if I can impress my light on you sufficiently for you to know that you're old / new mate is with you. And hopefully our beloved Nanna Beth, as she is so affectionately called now by everyone over here, will enable me to say a few more words to you via James, if that's all part of the plan.

And if it isn't part of the plan, for you never can tell, and my life in the Celestials is new, all new, and as I said, I deliberately didn't want to be told what I'll be doing, wanting it all to be a surprise, and many of us choose that, it's funny, you think that you can't wait until you are a Celestial, it's all you want, the end of your Healing, and so naturally want to know what you'll be doing, what sort of work, where your soulgroup will be and so on, and yet by the time you get there ready to arrive, no, you just want to let all that control go, you want to work it out as you go through your feelings, just to EXPERIENCE, and so no need to know ahead of time. And you know God has it well in hand, and so the fact that I am still not only alive at this time in my life but feeling so damn good, happy and full of love, feelings I thought I'd never feel, well just let it all unfold I say.

Anyway, as I've gone on more, James had a moment of Second Wind and I toned my light back a bit, and as I said, so this time tomorrow night for you I should be in the Celestial Heavens. I don't know my exact departure time, and I don't think I'll be in a state able to try and impress upon you when it actually happens, but if you're awake, perhaps Nanna Beth and her group might let you know.

So, good news, eh? I didn't want to let on to you that I thought I'd be finishing my Healing soon as really I only suspected it, and it's all part of not wanting to jump the gun, just letting go of trying to control everything, allowing it all to unfold as my soul determines, for we're all in our glorious Mother and Father's hands, They are looking after us all, even though that's the last thing you think when you're in your darkness. But it is all real John, the whole Healing thing, it is, it really is, and all what Marion and James have been saying to you – what you've been reading about it and coming to understand, well it is right, and our **Feelings are The Way**, they really are. And it's a whole different way of life, yet again I can't say that much about it, only to confirm to you and James that it is, and you'll see for yourselves, as you need to, that which God wants you to do. Gee, do I sound like someone who's been converted or what?

And I have! I can't thank Nanna Beth enough for making contact with me and helping me to understand the importance of the Divine Love and living a spirit life over here in the spirit worlds, and to understand, as she put it, that life in spirit is not life in flesh, and so you can either keep trying to live like you did on Earth, which is going against the flow, or you can find out what real spirit life is like, and do your Healing. She is quite convincing you know. So it all made sense, and here I am now.

Anyway again, James is now beginning to stress again, my light is still not as refined as Nanna Beth's, and it will be more true and pure when I'm Into The Light, as will be happening not long from now, but still not as pure as her's is, she being more advanced. However I'll get there too one day, that much I understand now. And so I wish you all the best again John. As I said, I might be able to link up once I've settled in, yet really I don't know what will be asked of me. I thought I did as I said last time we spoke, or had some vague idea, but I've let all of that go. So even if you don't feel me around or hear of me again, I will be with you in thought and I will definitely come down to meet you when your time comes. I'll book the meeting with the angels once I'm over there in those Celestial Heavens of Light.

James can hardly type fast enough trying to keep up with all the light I'm pumping into him. But I feel like flying – WEEEEEEEEEEEEEEE I'M SO HAPPPPPPYYYYYYY, YOUR DEAR OLD FRIEND WHO IS YOUNG AGAIN, BORN ANEW OF THE SPIRIT OF THE TRUTH AND OF THE LIGHT – WEEEEEEEE, AND WITH MY HEART BRIMMING OVER WITH THE DIVINE LOVE AND MY NATURAL LOVE OF MYSELF, YOU JOHN, OF LIFE, MY DEAL BELOVED, OF NANNA BETH OF EVERYONE!

So I will go. My friends are arriving and I'll get on with my final preparations. It's a funny business knowing that I'll be a completely new person – spirit – again in a few hours time. Fused forevermore with my Indwelling Spirit, a real part of it all John, just think, a living breathing (in a sort of way) real part of Creation. Me, Kevin, and I'll receive my new spirit (soul) name and soul number, I will have been counted, no longer just a statistic of the Mansion Worlds, but someone who has done their time and come through with flying colours.

So all my love to you John and my heart is practically bursting with the stuff, and all the best as I said if I don't make contact, although somehow I think you haven't got rid of me yet. And I know you know you're in good hands and that feeling is growing more within you each day, which is good that it does, for it's true. So again for the third time I will go... I don't want to go, I feel so good, I want to keep telling you and everyone how good I feel, how happy, how excited I am that me, me, KEVIN of all people – all spirits – is coming over into the Land of the Light.

See ya, John, and thank you James for giving me this time of yours. So I probably will speak to you again John via James, so until then mate, keep a few cold ones symbolically in the fridge for me – all my love, Kevin.

Hi Nanna Beth

9.30 am Australian Eastern Standard Time – Monday, 7 August 2017

Kev, the Angel, is he there yet?

No John, not yet, he's in the preparation chamber, however it can take time being in there, there is often a lot of things to help the spirit prepare for their next life – the next leg of their adventure. Then he will be summons – 'called up' – as it's affectionately called, called up the right way going to love and not to hate and war. Keep your senses open and you should feel his exhilaration in a couple of hours... stay tuned. – Nanna Beth.



1.00 pm Australian Eastern Standard Time – Monday, 7 August 2017

James: I can feel Kev is ready now, can you sense anything too? I feel all hot and excited with him going over... I don't want to ring you, I'd rather see if you felt anything too, but suddenly, just as I finished cooking, I got all hot and felt excited, even a bit nervous that he was going now... and a little while later that he'd gone. So I'll ask Nanna Beth later what happened.

Three days short of five years and Kevin Cooper is now a Celestial --- Yahoo!!!!

Later Monday, 7 August 2017

Nanna Beth: Yes John, Kevin is with us now in the Celestials. His Crossing was successful and he's now settling in with Kathaleen. She met him and took him to their home that she has got ready for him. And it will take him some time to adjust to his new light, the new higher vibration of his spirit body and the sphere he's now living in. So he'll rest and go out and see the local sights as he orientates himself. She will also introduce him to their soulgroup, and when he's up to it they'll have a welcome 'party' in which they'll tell him what they are all doing. His soulgroup is still as yet unformed, they are waiting on four other members, 2 soulpairs, yet won't have long to wait. So in the meantime they'll start doing their initial introduction tours learning about that which they will be doing. The others of his group have been doing a little of the work so Kevin will slot in easily enough. And it will be good for him as it will fit in with his interests and provide stimulation for him to understand more of what he went through in his Healing, making more connections with his early life as he continues on adjusting to his new way of perfection.

And it's the same for all of us, it takes quite some time, and can even be many years before we've really settled into our new spirit Celestial selves, in that there is still so much more for us to understand about what happened to us when we were young, how that affected us as we grew older, what sort of adult we were, and our Healing of it all. As we've told you, the Healing is only part of understanding the whole truth of what we are. Many of us move relatively quickly through our Healing as it mostly involves releasing all our repressed feelings and seeing enough of their truth so as to give us something of the initial picture of ourselves. Then it's through our lives in the Celestials we put more of it into perspective, things keep coming to us, even for myself, I am still connecting all the dots and making sense of all I went through. And I am told, by the time we leave Nebadon we will fully understand all that happened, because by then we'll be of a high enough truth and light so as to understand all the intricacies of what actually happened to us and what we went through living rebelliously and in default of that. And incredibly, all the work we do, everything we do, even our socialising, learning, relaxation time, everything we do over here helps awaken us more to ourselves and the truth of all we are – so the truth of all we went through.

Anyway, when Kevin has settled in, I'll bring him back to speak with you, through James, so he can tell you a little of what he went through. And in the meantime, we'll all see if this week bears fruit for you and Crystal.

GERMAN PRECISION!

Friday, 11 August 2017

Hello Nanna Beth (questions from John)

Really, are these Germans as incompetent as a bunch of monkeys in a zoo?

As Crystal suggested; 'They couldn't find their arse with both hands!"

Carrier pigeon Ambassador Prince Augusta has apparently met with some thirty (30) lawyers in Minneapolis and not one has assisted in introducing him to Lawyer Doug. Well, he has come to realise it is his business they want, and not to introduce him to a competitive lawyer, not that Doug is in the field of general law, Doug's focus is within start-up financing.

So, the game plan has been modified. With Horst Kolher's involvement, it is for Ambassador Prince to have his assistant phone Lawyer Doug's office and ask for a meeting with the credentials to come from Honorary Ambassador Barbara Mueller (who is a lawyer in Minneapolis).

Well, that is going according to German precision! The assistant has been called out of office for a week, so the assistant's assistant is to make the call and then report back to Ambassador Prince – which has not happened.

Horst Kolher's secretary was to arrange with Barbara Mueller for the credentials – and Horst is unaware if that has been done. Mueller works half days. Horst's secretary has not reported back to him!

Meanwhile Ambassador Prince's new wife has received her delectables via diplomatic pouch. She was presented with a very expensive necklace that her family used to own. They will now be staying in Minneapolis until the end of next week, apparently.

They appear to be staying in the W Minneapolis – The Foshay, being the converted Foshay Tower of 27 floors with 230 rooms, skinny tall very old building. It is located at 821 Marquette Ave, corner of 8th. Is this so? What floor please? What room number please?

The diplomatic pouch also contained a file. The 'plan' with the necklace goes something like this:

'There was a settlement agreement and the Germans believed that everyone had been paid. Over the recent years hundreds have come forward wanting payment. The Germans want to find an alternative way to make payments without involving the court, and without acknowledging the German Court errors.'

Really, are they so stupid?

The Germans are chronically worried of the repercussions. They don't know what is in the Milverton Papers, nor the situation of The Hague Permanent Court of Arbitration, and what they are walking into. Their brains are working like frozened zombies!

Has any contact been made with Lawyer Doug's office and has he received notice of such?

Has Barbara Mueller been contacted and know what she is to do?

What is the status of the issue of the release of the Milverton Papers to Crystal?

Are all of the various parts of the Miverton Papers, that are to come from the numerous legal firms that he was using, being activated for release to Crystal so that she will get the full set?

Will the Permanent Court of Arbitration release the Award?

How will this insanity unfold please?

Your crotchety grandson, John

Nanna Beth: I can't answer your questions John, they are not for me to do so. I can however tell you that resolution is very close now, even closer than you might imagine. Crystal will be notified of all that you are asking. The Germans will try and 'work around' releasing the payments as you want, but Crystal will show them such worries are unfounded from her side and they will comply with what she wants to do – which is get straight to the point.

And it is as you say, they are very worried about how this is all going to affect everyone concerned, and not just the payout people, who they are worried might try and litigate against them wanting more money, for who is to say just how much money is there for the account holders to have? And with the account holders armed with money from the payouts, might they want even more?

And then what about them having to get back the money paid out to the wrong accounts? That would piss off a lot of very controlling people, as you can imagine. And then what about all unforeseen circumstances, like all sorts of people suddenly coming out of the woodwork claiming to be one of the account holders, or descendants of them; and you can imagine what is going through their minds, all of which Crystal will sort out for them. But their fears are growing bigger by the day, they'll be as big as the amount of money they are having to deal with! However they will find solace when Crystal finally gets in and sorts them out.

So all that can happen is patience. And as much as you hate to hear that word, there's not much else you can do. If Crystal is meant to go and knock on the Baron's door, she will find the way through her feelings as to which door she should knock on. It has to be done through you on the ground, we've all done enough as it is, and really we can't do anymore. You are to lead, as we've maintained, and we'll be able to support you, so it's for Crystal to do what she feels to do and we'll be there with her, as is it the same for you and James and everyone else who might become involved, even including the Germans!

Anyway, you can feel it's coming to a head, resolution needs to occur one way or another or the Germans will blow a gasket. And yes, it is quite hilarious in a way seeing what hoops they are putting themselves through, however we understand where they are coming from, they are way in over their heads in something they have no idea about, and for you it seems like it's an easy matter of just paying out the money, but for them, they're building it up into the whole of Germany's existence is at stake.

And I can tell you this John, look at it this way, with the vast amount of money at stake, and a majority of it going into the hands of only a few people, what is to say that those few people might use it to gain more money from the Germans? And what if those few individuals, who've been able to engineer this seemingly impossible feat, of making the Germans have to deal with this issue, use that talent and their resources, whatever they might be, to make the Germans have to get back that money that was wrongly paid out? With that involving the exposure of a lot of people and government agencies all around the world, and it being the last thing those people want to happen. And that by legal rights, you have all the rights, those few people, to ask the Germans to do such a thing, and that they could be made to do it by the law. Which would have such ramifications as to change the whole state of play of the world, of how

things are done, possibly even bringing down the whole house of cards. So you see, they are shitting themselves. And they'll be lucky if you don't hold them to account and force their hand and make them have to deal with it.

But of course they are idiots too, they should have ascertained what Doug was all about and moved into being able to connect with the right lawyers or people who'd be able to connect with him. But they've not had enough time to think it through, Horst is putting pressure on Angela to get it resolved, it's becoming more than her retaining her position in the government, it's about (in their minds at least) as I said, the wellbeing of Germany itself, so their having to think on their feet, which again, is not the German way of doing things.

So I am sorry I can't be more forthcoming and tell you which hotel room and so on. Ideally I would love to be able to do that, and wouldn't that surprise them all, but if you did it that way, and not THEIR way, then it would only serve to put the wind right up them and possibly blow it all, with them falling into a fit of such despair about how could Crystal know such things about them, when all they are doing is of the utmost hush, hush secrecy with only so few people in the know, it would set things back even further by freaking them out so much. So you'll just have to allow them to come to it themselves. And they will, and it will be for the best for they will feel they still have some power in it, which they won't, but at least they will be amenable to Crystal; and then as we've said, relieved when they realise she is not going to eat them alive – as much as she'd like to!

And if it weren't all very serious, you could have a good laugh about the ridiculousness of it, however it is all very serious indeed, far more than the Germans even understand, because you see, even though Crystal will allay their fears and get the job done in the best possible way for all concerned, the releasing of the funds *is the end of the world* for them, it will signify the end of the control of the one's behind the scenes. So ultimately it will fulfil the Germans worst nightmares, but what they don't understand is, the house of cards is to all come down anyway, and it will, whether they have anything to do with it or not.

And again I can only allude to such goings on, and again saying it will all crash, but not before you've done all you want to do with your money and everything else, so it won't actually be during Horst's and Angela's time, however the beginning of the end does start when the payouts begin. So see John, once again it's all pivoting around you my dear grandson... see, what you can do... what effect you have on some people... on those people who are in control who shouldn't be!



COMPLETE ACCEPTANCE OF OUR UNLOVING NEGATIVE STATE

11 August 2017

James: Nanna Beth, is it with our Healing that we are to get to the point of complete acceptance of our unloving negative state, even feeling sort of good within it, 'sort of' because we know it's wrong and still don't want to be it, yet feel good because there are no more bad feelings about it pressing and coming up, and then once we're Celestial, we start to live filling in all the deficiencies in our personality expression, like what you were saying to me the other day?

Nanna Beth -3^{rd} Celestial Heaven: Yes, that's right James. Which we've not been able to tell you outright for you've had to get to it yourself. But as you're feeling and sensing it more, yes, what you say is correct. The Healing is all only about working on uncovering the truth of your wrongness with your bad feelings driving it. They make you feel bad, you embrace them, express them, and the truth of why you have them comes up within you, and then once you see the truth, the bad feelings are no longer there because they are no longer needed to keep driving you to see that truth about yourself.

As you understand, it's all only ever about the Truth. We are to see the whole truth of our unloving negative untrue state, so when we see it, we feel good, which is relatively good, that we are accepting it, we're no longer fighting against it within ourselves. And the more we feel **accepting of our wrongness**, so the less we feel bad, so the less are there bad feelings coming up. And when you feel completely accepting of it, that is when you see the whole truth of it. Seeing the truth of anything, and particularly about yourself, makes you feel good, we all feel good because our whole being is truth-based. So as the truth comes, we feel good, and in the end, with so much truth about our negative, rebellious state, we feel good about it, and that is the end of our Healing.

However as you understand, it's not feeling good about how much of an unloving terrible nasty evil person you might be, and so wanting to carry on that way, it's just feeling good that you are uncovering the truth of why you are that way, and knowing that it's wrong and you don't want to continue on being it. And yet you are also not fighting against yourself trying to make yourself be good, the opposite to your unloving state, you are just accepting that there is nothing you can do about yourself other than just keep on expressing any bad feelings and longing for the truth of them, the truth of ourselves in your wrongness.

And at the same time, you have been changing, some parts of you have been ending their wrong and unloving expression, and newer parts of you are starting to come into being expressing love and you being right, even if only in their infancy, so if you were the most evil person on the planet, doing the most despicable things, you will have changed through your Healing no longer doing those things, whilst at the same time accepting the truth of why you did them, why you were made to be as you were.

And it's different for all of us as in how much we might rectify our bad self-expression as we grow to accept the truth of our wrongness, or how much that is left to do once your Healing is finished and you're true and perfect and of a Celestial level of truth. Some of us take a long time in the lower Celestials starting out in many ways in our self-expression as if we are starting out from scratch, not being babyish, yet still having to start from the very beginning if such self-expression was denied us during our forming years.

James: I'm realising more that my desire to reach out and connect with the other person, to want their response, even demand it if it's not quickly forthcoming, to ensure I make the connection and the person is connecting back to me, was just not part of my upbringing, and so it's just not a part of me, it's not something I do. It was for Marion, and she's able to point out my shortcomings in this area, it taking her these twenty years of getting to know herself and to know me to be able to see it, being able to home in on it and so help me see it.

And I have fought being this way, getting angry with myself when she's worked on showing me, for I don't want to speak to the walls and be happy that the other person doesn't listen to me and doesn't respond, and I just let it go, not ensuring the connection is there, but lately I've even given up on that, I've come to just accepting, oh well, it's how I am, I can't change myself, God has to do that, and as They aren't doing it, so I will just accept how I am, and it's not a mental thing, I just feel that's how it is – I am accepting it, myself, more. And I am sorry to her for making her feeling like she doesn't exist because I don't reach out and demand and want the connection with her, but I can't help it, it's how God has made me in my wrongness, and sure, I can see it's wrong, and overall it doesn't make me feel good, in that I'm not deriving good feelings from my communication and interacting because the connection is not there on the deeper levels, but I don't even know that I'm missing out, I don't feel anything one way or the other because none of it was part of my early life.

And I've been able to see just how enormous my deficit is in this area. As Marion has helped me see, if I had connected right from the beginning and grew up maturing in my connecting with other people, what would my interactions now be like? Yet that's all missing, it's simply not there, I just don't do it. I can superficially talk with people, but really I have not much of an interest in them or desire to go further in my relationship with them. I used to think I should make the effort and people will like me because 'I'm putting in' making them feel like I'm interested in them, but I've given that up too, no longer caring whether they like me or not, and so not putting in and seeing what happens.

So today I'm feeling that I can't make up that enormous deficit, it's too great and will take possibly years of my growing and experiencing it; so like you say, starting out from the beginning because it never happened for me. And to grow and evolve it, I can see that would take a long time, and I've wondered if that is to be included as part of my Healing, the slowly getting myself sorted out and bringing out all those retarded aspects of myself and bringing them right up to being fully functional, or whether my Healing might end upon uncovering the whole truth of it, and the bringing my true self out and developing all these retarded parts of myself being after my Healing, which is what you are saying is what happens.

Nanna Beth: Yes, there is plenty of time James, that is one thing you come to realise, and it doesn't matter that you're not perfect, we've all grown up and lived a lot of life being imperfect, so we can all cut each other some slack accepting and understanding that it's going to take a long time for a lot of us to rectify our personality expression imperfections. We're all retarded in some way because of severe unloving parenting, it causing us a severe amount of damage, and that it will take time to sort all those poor parts out, to see them for what they are and why they came about, and to have time for them to grow and evolve into being.

So our Healing is as I said, just about bringing out all the pain and anguish of being in our wrongness, whilst at the same time seeing through that pain, the truth of it. And the truth is our true comforter, for as we feel it, we feel more accepting of ourselves being as we are, however that will also involve a lot of expressing how anguished we feel about being so trapped in our yuk.

So we have to bring out how much we hate being our bad self, and all the terrible pain of being it, and feeling so powerless to do anything about it, all of which eventually leads us to accepting it, as the truth comes to light about why we are it. When you understand something through the truth you are happy with it. You will never be happy only understanding it on the mental level, even though you can delude yourself that you are happy, which the mind spirits are all about. But with truth, then you do feel happy with the truth you are seeing, and eventually you become all truth, you see the whole truth of your unloving state, and so you feel good in it, no longer fighting yourself for being bad.

And the fighting against yourself is all part of your childhood experience, it's how you were parented, you fought against your parents, they fought against you, they didn't allow you to be as you were, and so you don't allow yourself to be as you are. So the truth goes against this, allowing you to be as you feel, ending the fight, even allowing you to feel a peace about being your fucked self.

So you feel more self-accepting, accepting how wrong and bad you are, the more you feel calmer and even more loving of yourself. Yet still you also understand, because you feel the truth of it, that you're not right, but as you can't do anything about it, oh well, as you said, and you accept it.

However all of this accepting can ONLY come through the truth, you can't use your mind to artificially do it, like the mind spirits try to do. They apply their mind trying to rise above or accept or whatever, all their bad stuff, right to the point of believing they love it or no longer even have it.

The **Way of Feelings** is to keep your mind out of it, by allowing yourself only to feel, and as you want to know the truth of such feelings, it comes and you express as much of your pain as you can, and slowly you start to feel better or more at ease within yourself, it all happening naturally. More accepting of being in your fucked up state, more accepting that you can't do anything about it, more accepting that it's you and this is how God wants you to be in your wrongness, just being the truth of it.

So we are to be the truth of our evilness, because we are it, so what else can you be? But trying not to be it, that is using the mind fighting against what you are already are, so that's being false and untrue. So we have to be truth to our untruth, which can be difficult to understand at first, as it's so tempting to use your mind to try and just edit it out of you, rather than accepting that you are it; so why not go with it, allowing yourself to be what you already are?

James: Yes, I'm understanding that better now. I am fucked, it's a done deal, so accept it. But as you say, not by using my mind, which would take a great effort to do and would be a contrivance and so false, just compounding my already wrong state; and instead letting that acceptance slowly come over the years through my feelings and truth they give rise to.

So just be the fucked person I am. **To be the living truth of it. To live true to my untruth.** And not to try and be as untrue as I can be because I am untrue and so should go that way, that is the way of the mind to Enlightenment, so I now understand, so not trying to be as evil as I am because I am evil, but just trying to be true to being evil, saying, all right, I am evil, I don't want to be it, but whilst I'm it, I will endeavour to see the whole of truth of why I'm it and how I'm it, through my feelings.

Yes, thank you Nanna Beth for listening to me work it all through, and helping me feel and understand it more.

Nanna Beth: It's my pleasure James. It's the crux of the whole Healing, and as it's so opposite to what anyone understands and yet more subtle in many ways, something you can only really understand through experience and seeing it compared to the **Way of the Mind**, it is what we all need to go through.

I will be here if you want to talk more about it or anything. And as I said yesterday, John will want to speak to me more shortly, so until then, unless you have anything further in the meantime.

And I say all of this, as you know, as part of my 'signing off' with you, it helps to break the connection of light, to close off your mind James, however if you'd rather I didn't go through it all, we can just end

when you want to stop writing with no need for any pleasantries and affirmations of speaking again soon.

James: I like mixing it up Nanna Beth, ending if I feel to, and at times your signing off does help me close down and come back to myself, rather than leaving the line open and dangling, it is like hanging up the telephone. So I'd rather just go as you feel and as I will as I feel, it's all part of my not feeling like I need to control everything... if that's all right with you?

Nanna Beth: Not a problems James, so I'll hang up and talk to you soon – bye now, love Nanna Beth.

Later, after speaking with John on the phone (Nanna Beth is John's grandmother)...

James: Speaking with John about this a little more, I also understood more, as I've written about it before, one will need to be in a state of perfect love, so true Natural love, to enable all the retarded parts to come out, they being retarded or left unexpressed because of not being loved, so to bring them out, doing the opposite by being loved, can only come when you are Healed. So those aspects of us couldn't perfect themselves whilst we're still unloving and in our negative love-denying states, as there isn't the Natural love there to provide us with the good feelings within ourselves to bring them out.

Nanna Beth: That's right James. So you can see how it all fits. And then include the Divine Love as well, and then you are to bring to light all those other aspects of yourself, of your soul and personality expression, that it will bring to light. And most of those aspects and attributes can't come to light until you are Healed, your denial of love and truth preventing them. Which is why most of the positive effects of partaking of the Divine Love you will only see when you are Healed, and so of a true and perfect Celestial level of truth. Which is why you don't see them naturally shining through for those 'Divine Love people' because they have not finished (nor even started) their Healing.

James: And so another slight modification on my part Nanna Beth, I did think with the Divine Love and having done your Healing, you'd be true and perfect when you were Celestial, in that, you had to be to move into or become of Celestial truth, so all your personality self-expression would be perfect, all the retardations and unexpressed parts having come out as your true self. But now what you're saying is, we only need to be true and perfect to our untrue state, and when we've done that, we're Healed. Even though we're still imperfect so far as fully expressing our personality, all of which we then perfect at the Celestial level. So really to qualify for the Celestials, that is about one living completely true to one's wrongness, and partaking of the Divine Love to a certain level, and then once that's done and being a Celestial, one can carry on bringing to light all those parts that one was denied the expression of whilst living untruth to oneself. Is that how it works?

Nanna Beth: Yes James. When you are fully true to your untruth, when you have uncovered the whole truth of your evilness, then technically you are true, even though you are still lacking in your full personality self-expression because of the retardation you suffered. So you are granted entry into the Celestials because you are no longer denying any of yourself, which means, you are no longer denying your untrue evil state of no-love, as you are all-accepting of it, which means you are, loving it. And so, yes, you can then come over into the Celestial spheres from the seventh Mansion World, but you are not all brand spanking new as you have been led to believe through the Padgett Messages and other writings, and what would be natural deductions of such a state. You are true and able to start the New Birth of your soul, as if you were Born Again, but that only means you are of such a true state of love, having embraced and accepted all your unloving state, so as to effectively start life over again, as if you were conceived into a truly loving

state. But as you don't have to literally start over as a baby, so you do bring out all those parts of yourself that you now know to be unexpressed, which would have been expressed, had you grown up feeling completely loved.

So you can still be deficient on your complete loving personality expression, however because you are true, no longer untrue, you can take all the time you need to rectify those outstanding parts of yourself that need to come out as they would have done, had you been fully loved.

James: Yes, that does alter my picture of being a newly arrived Celestial. So I can see how what you said about Kevin (who recently entered in the first Celestial sphere), that he will need time to settle into the new light, and then over the years to come, set about with all the true love he is and receives from others about him, bringing to light all his repressed aspects of himself.

Nanna Beth: Yes, that is what happens.

James: What parts of yourself Nanna Beth were repressed when you entered the Celestial spheres, and how long have you been working on bringing them out?

Nanna Beth: Mostly I was deficient in expressing love. I would feel love, as I had a little love (love relative to my unloving state) in my early life, but I couldn't express it. I grew up in the hard and tough world of looking at love expression as being a weakness and so it was to be avoided. So having finished my Healing I entered the **Spheres of Love, as that's what we call the Celestial Heavens**, looking forward to being with loving beings, spirits and angels, so I too could start to express – and more importantly, see that it was all right to express – my love.

Being surrounded by loving spirits makes you feel secure in your own good loving feelings, and before I knew it, I was opening up like a flower feeling so much love myself, feeling I was loving, and receiving such love. And it was such wonderful feelings James, to feel the light of all that love coming into your soul and making you feel so happy, you can't not respond lovingly to it. And to feel such inner warmth, security, trust, no fear, ever, and you know that everyone is true, no one is going to suddenly turn against you, hurt you, reject you having pretended you could trust them and love them. So all of my past hurt, I very quickly saw, even though I'd healed all its pain through my Healing, that I would never ever ever ever ever be subjected to it again. And I can't tell you how wonderfully comforting that makes you feel. It's such a balm on your heart, your spirit starts to feel it can relax knowing no bad things will ever ever ever ever ever again happen to you, and you can't begin to imagine how good that feels.

James: It sure sounds good, and how much I long to feel like that –

Nanna Beth: And you will James, and it's possible to feel it on Earth, you can be as we are, of a Celestial level of truth on Earth, and so even if there is no one else around who is of your level, still you will feel loving and loved. And of course you'll be receiving our love, even if you're not aware of us higher spirits, just as you'll also be receiving your angels love and the love directly from your Heavenly Mother and Father. Because when you are Healed, and so no longer rejecting Their Love, They come to you all the time, you can feel Them loving you all the time. You don't have to specifically keep asking Them for it, you do ask however, as you love longing to be more at-one in all aspects with Them, those desires and longings being what drive and inspire you all the way to Paradise so you can really be with Them, but you feel Their loving connection with you all the time, it's a permanent light in your heart, a permanent good 'I feel loved by my Heavenly Parents' feeling all the time.

And then your love with your soulmate grows, this too being something that couldn't happen whilst you were working your way through your Healing. Suddenly there are no barriers between you, and you feel the real, true and deep soulmate connection, knowing you are of the same one soul, and that gives you such a close binding feeling of love and companionship, it's so wonderful.

So all this love is coming to you, and slowly at first for it's not to overwhelm you, but in time you adjust and more comes and you move to higher Celestial spheres, and that is our life over here.

I am still working on bringing to light all the attributes of my personality James. Even those aspects that were more out there still, when compared to what they will be, severely restricted and limited in their expression. So I'm slowly bringing all aspects of myself up to the same level, which I hope to achieve some time soon, possibly in a few more years or ten, I don't know, and don't care, and then I will be functioning equally on all cylinders you might say. And that will set me up to deal with moving higher through Nebadon, for you have to be a fully integrated personality, as in expressing all the aspects of yourself equally and lovingly, before you can leave the third Celestial sphere.

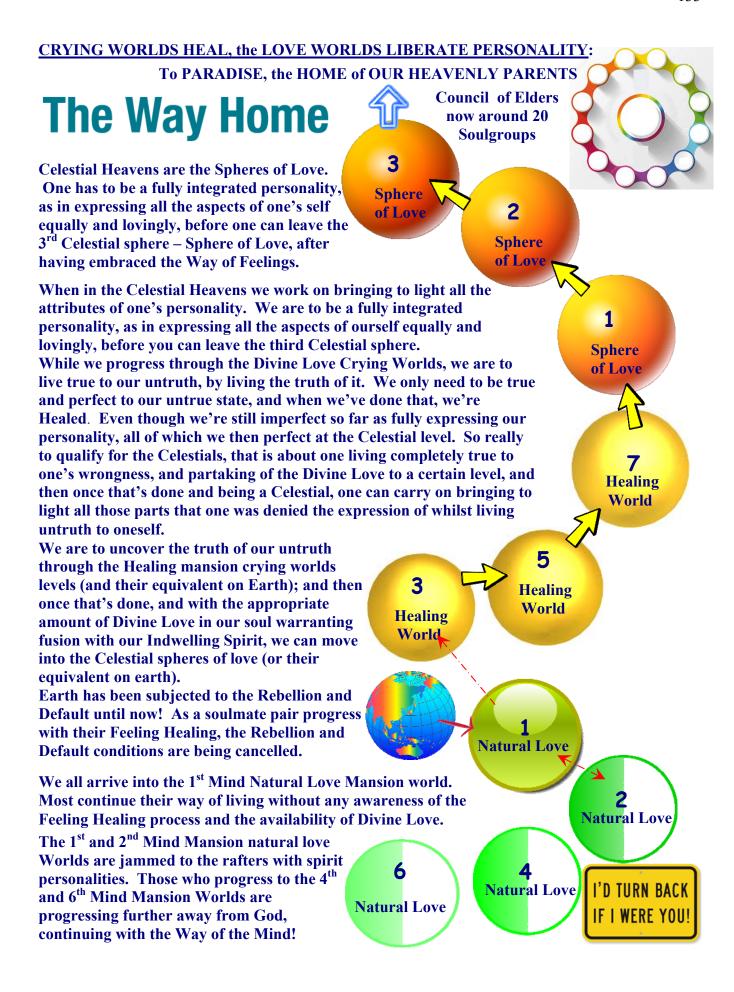
James: So potentially you might be moving on soon Nanna Beth, even before I die?

Nanna Beth: Potentially so, yes, however the reality is, no, for I will be staying doing what I'm doing here right through the next Spiritual Age. My soulgroup won't be moving on anytime soon, and we're more than happy about that. We will still be growing in truth, that is never delayed, it's just that you don't have to keep moving up to keep growing in truth, there are longer times of staying in one place if need be whilst you grow, and then when the time comes, moving up higher quicker, as you've already progressed through those levels of truth.

James: Thank you again Nanna Beth for telling me all that about yourself, I do want to know more, but I've got other things I want to talk to you about for John. And I just want to conclude this by trying to summarise how I now see things concerning the end of our Healing and attaining a Celestial level of truth...

That we are to uncover the truth of our untruth through the Healing Mansion Worlds levels (and their equivalent on Earth); and then once that's done, and with the appropriate amount of Divine Love in our soul warranting fusion with our Indwelling Spirit, we can move into the Celestial spheres of love (or their equivalent on Earth), thereby setting about bringing all those parts of our personality expression out that have been repressed because of our growing up being subjected to evil and no-love, all being able to be done because of the true love we receive from those about us, and the true loving state we feel within ourselves.

So for myself, I did think that if I had to reach the whole untruth of my Healing, and somehow rectify all the deficiencies in my personality expression, those which every day now I'm seeing are vast – a whole life time of not connecting with the other person, not knowing how to; and my Healing meant I also had to bring out all those repressed areas of myself along with uncovering and accepting the whole truth of my unloving state, then I couldn't see myself ever coming anywhere near finishing my Healing before I died. However now with what you, Nanna Beth, have helped me understand, I can see that perhaps I could reach the end of it, I could attain the level of truth seeing the whole truth of my evilness – feeling it, accepting it, and feeling at-one with it, thereby ending my Healing. And then for the rest of my life, enjoy the loving feelings of being true as I work to bring to light all those retarded and repressed aspects of myself. Yes, I feel good about that, I can live with that, I don't feel so hopeless and despairing about my Healing going on forever. However I still have to live it, so until I have to again modify my understanding of it, I will go down this track.



Saturday, 12 August 2017

Nanna Beth: Yes James, you want to know why I said it would definitely happen and yet it didn't, which you felt would be the case?

James: I think I know, but yes, please explain.

Nanna Beth? We can't tell you that such and such is going to happen in the future because that's all in keeping with how your mind is programmed James, how your grandmother in particular parented you, and where your mother was always focused, on trying to divine the future in the hope that it would make them feel better – that better and good things would happen in the future, always in the future, which never came. So you're always looking to the future too, wanting your mind, and so we spirits in your mind, to tell you this and that will happen at a specific future time and place, yet we can't, because that would only help to prolong your wrongness.

So we can play along satisfying your need to a certain degree. Helen tells Crystal the numbers 834 are important, and yet the importance fails to eventuate, nothing comes of it. All so you will eventually understand that wanting such things, and hoping that someone, such as we spirits, the Mother and Father, will tell you what's going to happen and when, is a forlorn hope for you. And that you are instead to keep focused on your feelings, and that through your feelings, and your soul-perceptions as they develop, should you need to know a where and when, you will know.

And this is what we're helping you all see, that we Celestial spirits are mostly not going to tell you where and when, that we are to support you, yet all through your feelings as you respond naturally to them in life. It's for the mind spirits to indulge and perfect telling you when and how and where in future, they will gladly be the source of clairvoyance and psychic predictions, some of which come true, yet mostly they fail. The history of humanity is littered with failed (and yes, a few successful) prophecies, all the workings of the mind spirits. And why some of them happen is because eventually some things might happen if enough of them are told, and at times we can see ahead for humanity or an individual, just as can the mind spirits, and so a more assured predictive success is guaranteed.

And that is even how it's been for you James. You've had your fair share of being told things by the Mother that have happened just as She said they would, just as you've also had many other things that haven't. And now you can feel within yourself that you no longer have such a need to be told by your grandmother what's going to happen. You've worked though all the reasons why you wanted it to happen; such as, to feel superior because you can see into the future, you feeling smart and being considered smart and looked up too, all those sorts of things, all of which you also no longer need.

So concerning the events unfolding with Crystal, we can talk generally about such things, yet won't be very specific. For as I said, we want you to work it all through for yourselves, which is why Helen concentrated on advising Crystal to keep working with her bad feelings, which is far more helpful in the longer term than giving her a short term when and where, for there is so much life experience involved in all of this for all of you, and should we take over telling you what's going to happen, that immediately cuts out a huge part of that experience, as you well know James from how you were parented with three very dominant, controlling, and always talking about what's going to happen in the future, women in your early life who denied you so much experience. They took over saying we know, you don't need to know, we'll do it all, we'll tell you when and where and what's going to happen, that which is the same motivation of the mind spirits. And these three women themselves are now mind spirits, fitting into their mind Mansion World lives according to their controlling ways. So they all in different ways ensured that your whole being was focused on trying to fathom the future, all so it would be less scary for you. And yet that way of life, how they treated you, scared the shit out of you, leaving you riddled

with fears. Whereas had they allowed you to find out life for yourself through your own feelings and the truths they brought to light, you'd have no fear, and nor would you always be looking to a non-existent future to make you happy and take your fears away.

So through your Healing, you've come to understand that the mind way isn't the way for you to live, that you are to stay true to and honour and so express and long for the truth, of all your fear. And to do that will keep you focused in the Feeling-Moment, and keeping you out of your minds control of your feelings. And this is how we all are to live. The more you can let go and simply allow your feelings to be the dominant force in your life, the easier life will be for you. And your mind will eventually give up trying to control, and that too will ease so much stress and pressure making things even easier for you. However that means you do have to confront and deal with all your fear and the worry of not knowing what is going to happen, yet once that is all expressed out of you, then you'll see you can easily live life not needing to know such things about the future, and life being lived this way feels infinitely better.

James: So John asking me to ask you for specific times, places and so on, is all part of what I've needed to keep that sort of pressure up, the sort of thing I do myself, asking you or the Mother similar things?

Nanna Beth: Yes, and as you also have been feeling lately, it's helping you work out who you do want to speak with concerning us spirits and higher spirit beings and personalities. And as you decided the other day, you don't want to just speak to any spirit for anyone, your friends at the Bush Bank (native plant nursery) asked if you could speak to their mothers in spirit, and you felt you could, but no, you didn't want to, which is right, because it doesn't make you feel good speaking to such lower spirits, as you could feel they weren't Celestials and were of the mind worlds.

James: And more so that I don't want to be sidetracked speaking to spirits or anyone at this time about anything else other than what I am focused on with Marion, John, Samantha, the Mother and Father and my own Healing, and only just enough at the Bush Bank and out shopping to do what I have to do. I feel much more like pulling in even more so, I get far more stimulation and satisfaction (aside from Marion), from you Nanna Beth, John, Sam and Crystal, and virtually nothing else from other areas of my life.

And John was saying that he was feeling it was important, as in, more important than we understand, concerning telling about so many members of your and his family Nanna Beth, and all the different levels and things they are doing concerning their Healing and lives in spirit.

Nanna Beth: It's true James, we are an example giving people a brief cross section of how varied a family might be. And then to understand we are only a few individuals within what is a bigger extended family. And how different and diverse we all are, all at different levels of soul progression, and at those levels for different reasons, and how our lives went to get us there. It's a snapshot to stir the imagination and desire to know for others to follow. For you see, in time James (this sort of future prediction we can generalise about for you as it's all part of your awakening truth), many people will want to know what's happening to their family members in light of their doing their Healing, how are they progressing, what's happened to them since going over into spirit, are they Celestial yet, and what does that mean, what are they doing having finished their Healing; and through such desire to know, we Celestials will be able to share a lot of information with people on Earth all through the family connection, because it's the most personal. And as you severed all family connections, not wanting to speak with any of them in spirit, so John kindly stepped in to fill the gap, allowing the snapshot into our family.

And look at how much spiritual information is contained within your brief writings with our family members. There is nothing like that anywhere on Earth, and yet in time, that sort of thing is to become the norm concerning spirit / mortal communication. It's far more profitable and personal connecting through family and friends, even when you are doing your Healing and might be hating them and rejecting them, than it is just connecting with spirits and wanting them to dictate so-called teachings to you, you, the ignorant student on Earth.

So it's all part of what we're sharing with you, helping you see that we Celestials want to work with you, be involved in your life, not separate from it. We want to help you to understand the truth of yourself through your feelings, not just tell you a bunch of stuff that is all mind to mind and nothing to do with your Healing and your evolution of truth. We relate to you in the opposite way to that of the mind spirits, and yet of course most people coming to us will be coming from a mind spirit perspective, that being how you all are in your unloving states. However as you progress in your Healing, so we will help you change, just as we've been helping yourself, Samantha, John and Crystal; and you can see how different it is to what it would be like were we working solely on the mind level like mind spirits. You've had enough experience now of both, and you can see and sense the differences – knowing how each makes you feel.

James: Yes, I see what you're saying Nanna Beth, and understanding just how much I was parented in the mind spirit way, as you say.

Nanna Beth: Completely James, only you weren't allowed to excel in it, you weren't allowed to use your mind to such an extent as to deny your bad feelings to the level of believing you were Enlightened. Your parents sent you down that path yet kept pulling the rug out from under you, so you've had no success in those areas of life, you've not even been able to do anything in life like regular people, like all the people at the Bush Bank who've had a normal working life, a family, and now are moving on into retirement, and with no spiritual thoughts, yet wholly living ensconced in the mind spirit way, that being, the way of the Rebellion and Default.

James: Yes, it's interesting you referring today to regular life for us here on Earth, as being the mind spirit way, yet I see what you mean, they dictated the terms of it, they have contributed to the spiritual paralysis in people like those I am working with at the Bush Bank, because their minds are so in control of themselves, and of their doing whatever it does to prevent themselves feeling bad. Some of the people I work with have the odd tooth that breaks of falls out, and I'm constantly amazed how they go to so much trouble, putting themselves through such pain and having to pay so much money, which they can hardly afford, to have their tooth repaired, because the horror of having a gap or pointy look creates far more bad feelings for them than the momentary pain of getting it fixed. They can't leave it and feel all the bad feelings they feel about having a bung tooth, oh no, you can't show anyone you've got a gap. So everything is locked down, you can't do anything that's not what everyone else does, they don't know how to deal with me, thinking I'm mad and even getting angry with me for not 'looking after myself by going to the doctor at the slightest thing', because it could 'lead to something bigger', yeah, like death. And to die, that is the greatest sin you can do, to allow yourself to die, and to even, want to die, oh my god, now you must not talk like that, you must go and see someone this instant to help you get back on track and be normal!

So yes, the mind sure has us well in hand. So I see what you're getting at Nanna Beth, there's no point our trying to do our Healing and wanting to connect with you Celestials if you start talking to us like mind spirits, that defeats the purpose, and at some point we'd have to reject you. Which I can see I would have had to do, had you kept telling me things saying this is going to happen at this time and on this date and at this place and nothing ever happened, I would have had to ditch you.

Nanna Beth: Exactly, so we are to support you in your Healing, not go against you. We are to help expose by bringing to light, all your mind controlling ways, all how you are denying your feelings, so we might seem to be like mind spirits helping you and leading you in a certain direction, only to crash you into a dead end or leg you over, all so you'll be thrown hard into your bad feelings to do with us, all so you deeply question and seek the truth of what you are feeling, all so you can work your way out of your minds control over your feelings. So it can be confusing, certainly, we are not going to make it easier if being dreadfully confused is what you need to help you with your Healing, however overall, the feelings, because they are true, will see you through, and so our relationship will endure such ups and downs.

James: Yes, wanting to speak with spirits, angels, the nature spirits, God and my Indwelling Spirit, you've all at times thwarted me along the lines of what you're saying. And shit it's been difficult trying to work out what's going on, things seem to be going well then suddenly everything goes off the rails. And I've had to call each of you on it at times, all to help me move back into and rely on my feelings, and I've enjoyed that once it's all over and I've understood it. But shit, talking about getting mucked around with.

Nanna Beth: Which is all how your parents treated you James. They constantly mucked you around, they didn't do anything else other than muck you around, so you've got a lot of it within you, it's all how you are, where you came from, what you grew out of; so all that being mucked around, and the feelings it made you feel, has had to be brought out. And it's the same with all your sex stuff like the dream you had last night with Izabella, she representing yet another woman in you life who was all part of you feeling mucked around, and one that slotted into your fantasy future, with nothing ever coming of it, it all being the same thing, like being told which stocks to buy, only to have them instantly crash on you once you'd bought them.

James: Yes, I remember only too well. It's a pity I wasn't to have a full mind spirit life, for I could see then I might have been a great stock and futures trader, I might have had the necessary mind spirit help to pull it off! I might have been a legend gun trader! However I can only lament, that wasn't to be my life. I was to get mucked around and legged over by you lot, and especially by my Indwelling Spirit – Bob. And hey, what can you say, he was the lousiest stock picker ever... or the best? He say, buy this, and I wouldn't, I'd just watch to test him out, and it would sky rocket to the exact price he said; and he'd say, sell that, and I would, and it would go up and I'd bloody well lose again! Yet I loved those times with him, even though I only lost money; still, as you say Nanna Beth, I was wanting to do my Healing, and picking winning bets wasn't to be part of that because then I'd have never let go of all my fantasy stuff and minds control over me.

So thank you again Nanna Beth, I do understand more clearly now where you're coming from, and so I think will be able to work with you better IN FUTURE. (Ah it's such a pity, because I do love that future word.)

Nanna Beth: You're welcome James, as always, it's a pleasure to help you. I don't have anything further to say to John or Crystal at this time. Things will continue to unfold. That's as far as I can go, as you now understand. However, John and Crystal, still continue to ask whatever questions you want, that is your side of things, and what James asks is his side, and how we answer such questions will take you all into consideration. So until we speak again James, all my love to you all, we're very much with you all, very close and moving closer on the levels of light all the time. Goodbye James, I'll go now.

James: Bye Nanna Beth.

WOMEN ARE OUR TRUE SPIRITUAL LEADERS

Hi Nanna (this is John asking)

Sunday, 13 August 2017

Yesterday, Saturday late in the day, I felt your presence and that of my mother, Marie.

I don't suppose she was about for a game of cards, as we often did, however, I did feel she was up for a chat, is that so? Sure do welcome it, if so.

Chatting to James yesterday was like talking to a bunch of tigers and lions who have been far too long in a cage and are itching to break lose. The built up excitement of being able to freely flow with his desires and feelings is very powerful. I wonder if I will be able to keep up with him. It is incredible that all that he has restrained is now going to burst into a free flowing stream of achievement. This is a most beautiful feeling of expression that I perceive – and boy – to go along with the ride will be a most exhilarating experience. Boredom will be a word put to sunder for both of us.

Carolyn and I are about to explore central Australia, from Darwin to Adelaide, for two and a half weeks. Will the 'camera person' be coming along with us also?

I trust I will spend some interesting times with some very unsuspecting co-travellers on this bus journey. May they welcome my own personal enthusiasm.

Crystal enjoyed her four hour luncheon with Janet and Victor Benson, the Chiropractor. Well, she thoroughly became engaged with Janet, the red head, who is about 10 years her younger. She now waits to see what Victor does, or is directed to do by Janet.

Yes, Nanna Beth, it is far more freeing and enjoyable just to go with one's feelings. All will unfold as anticipated, however, in more than a most amusing and confusing way. So, I will stumble along, trying to catch breath and keep up with what I perceive as the unfolding adventure.

Thank you for your many inputs, and wow, what an adventure!

Love John

Nanna Beth: Yes John, you were correct, Marie and I visited you from the second Earth plane yesterday as she wanted to be closer to you, being able to gain more of feeling for what you are doing and who you are as a person, it being easier doing that whilst being physically closer to you than from the higher Mansion Worlds and Celestial Sphere. She wanted to just be with you, and then to make our presence known to you, and then for her to perceive your reactions to that. It is all part of what she's currently going through in her Healing, waking up to the horrible truth that she doesn't know you as a son, even as a person, that she was too absorbed in her own wrongness to take that much notice or interest in you. Superficially she did, as we all do, but not on any deeper levels, wanting to get to know the person more, what they think and feel about things. So we were with you for most of the day observing your thoughts and feelings so she could extrapolate them back within herself connecting with more of her unloving relationship with you.

She can't speak with you now, the whole day was very intense for her and consequently brought up a lot more repressed bad feelings, about how she mistreated you and how she was mistreated. She's currently going through the hardest part of her Healing, and I imagine she will not be able to talk with you for quite some time, years perhaps, as she works her way deeper into her despair.

However you will be pleased to know that she is not denying any of her bad feelings, she understands now completely that doing her Healing is the only way for her to end her pain, and she is fully committed to herself, wanting all her bad feelings to surface so she can move with them, expressing them to uncover the truth they are to show her about herself. So I am very pleased, and as hard as it is for her, well it's hard for all of us when we're in the thick of it, that can't be avoided, and she will get there like I did, like so many of us have; so it's only a matter of her continuing to apply herself, loving herself through accepting all her bad feelings, which she is intent on doing no matter what pain she is to suffer.

So yesterday she was mostly in tears when we were with you, although she withheld her pain from projecting it onto you, she didn't want to upset you or involve you in her Healing, that is for her to work through herself, it really having nothing to do with you or anyone else. She was so glad that you felt her presence later in the day, and wanted her to talk with you, that you weren't rejecting her and were very open to anything she might say to you, even though she couldn't and didn't want to actually converse directly with you, however she could feel and sense that you were loving of her, and it was your unconditional acceptance of her that made her feel worse because she was feeling she wasn't worthy of such kindness from you, you should have been wanting to banish her, punish her for all the terrible things she did to you, however she also understands that you're not yet in touch with that pain within yourself; yet still, you are how you are, and she was very grateful to you yesterday.

And how you were John, feeling our presence and being open and accepting of it, will help her with her Healing, as she needs to know that you don't hate her, not yet anyway, and that in your way understand that she didn't mean it, it was all because of how she was parented, and even though you only know this currently intellectually, still it's better than not knowing it, being blind to it all, even if all your bad feelings are still to come.

So as hard as the day was for her, it was good also, and will help bring to light a lot more of her repressed feelings, which is the whole point of it. And it's possible that we might come and visit you again from time to time, depending on what she wants. Ordinarily I don't descend to the lower worlds anymore, as I have no personal reason to, however I will come with her, she feels more at ease if I'm with her and I can keep any annoying spirits away, leaving her to be completely focused on her feelings. She is in a very vulnerable state currently, very open and exposed, as she's submitting to her feelings, feeling overwhelmed by them. So she'd not come into the lower Earth planes without my support, and for me it was nice being with her, just the two of us, with her working on herself, expressing to me her pain and all the horrible feelings she was feeling. It brought us a little closer and helped to feel that she can look to me a little more, which I don't mind, as I understand all she's going through having been through so much of the same self-denial myself.

So she wasn't up for a game of cards or a chat, you'll have to be patient with her, which of course you will; and in time, as I said, she will start to feel better about herself, and then she will be more forthcoming. However I'm not at liberty to disclose when that will be for her. We are told such things if we are to know them, told them to us by our angels, however under the strict proviso, a promise really, that we don't disclose such information.

And we understand, for it was the same for us at certain stages of our growth and Healing, and it still applies, as there is always someone ahead of you and they potentially know things about you, yet were they to say them, then it would deny you the experience of getting there and finding out for yourself. This point being extremely important to understand, which is why I keep stressing it, why a lot of the time we are not as forthcoming with information as you might like us to be. And although you want us to be forthcoming, that's from your minds perspective, and it has no idea what your soul

needs. So to give rise to the feelings you need at the time of every experience, as you have to create in you the necessary climate for the truth to be revealed as required, for us to step in denying you such experience, giving you instead a different one of our doing, can cause you problems. And as that's what the whole of Creation currently exists for, it all being set up to help us reveal the truths we need to for ourselves through our experiences via our feelings, so to deny this or get in the way of it, to sabotage this in another person, is major rebellion, you may as well be telling the Mother and Father to fuck off, that you know better than They, which I don't think would help you much in your own soul ascension.

And why I'm saying this now, is also to help show James, that part of his pulling in and pulling back from other people and not being forthcoming and confronting them with the truth and other things he can see about them that they are not wanting to see themselves, as they are not ready, not wanting to grow spiritually from their feelings, is to help him see why he's been right in honouring his feelings and not interfering with such people. He was greatly interfered with, and so learnt from great interferers, how to interfere, so having to let that go, understanding all that's involved as to why he does it and how, and then to choose not to do it, is all part of what he's currently going through in his self-acceptance.

And of course it is general truth that applies to us all, we all come to live this truth through our Healing, as we've all been so heavily interfered with, and consequently all interfere in our differing ways, all of which has to be seen and eventually given up.

James: Nanna Beth, I'd love to know: Did you know John was going to ask me these questions because of feeling you and his mother with him yesterday, so you knew you were going to take the opportunity to tell me these things as well as telling John what you want to tell him; or, are you just doing it in the moment now, because as it's turned out with John asking such questions... what would have happened had he not asked them? Would you still have imparted the same information for me to understand, next time we spoke? (Sorry John for sidetracking Nanna Beth from your questions and comments.)

Nanna Beth: I knew our impact on John yesterday would make him contact you James, which would give me the road into providing you with the information I am giving to you both. To answer what you're really getting at James, it's all completely orchestrated, what we do with you, by the Melchizedeks and Higher Angels – some of whom we've met, others we have only been told about. Nothing we do with you or Marion is just on the spur of the moment from our side. It is of course between you and John and whoever is in your lives on Earth, but for us over here, in our relationship with you all, it's all only about what we specifically need to help you with, we are not hanging around for or just wanting a pleasant chat, it's all work for us. And currently we're helping both you and Marion complete your Healing, helping you understand what it's all about, and helping you personally James, through your relationship with John and Samantha.

Marie's visit to John had nothing to do with you and Marion, it was solely motivated by her need to see him for her to feel what she did so she could work more on herself. However it meant that there was a high probability, like 99.9% that John would mention it to you, so we were instructed as to what we could say to you as well as what I wanted to say to John. And although it's only myself speaking with you, the 'we' is our soulgroup, because it involves us all. We are told what it is that is to be conveyed to you by the 'Higher Ups' and then we are left to work out how best we might go about that. So we worked out a rough game plan like we do, and whilst I'm talking to you, all the other members of my group can talk to me advising me what to say to you and so on. So it really is a group effort, which is why at times you will sense me pause, and wait, and then on I go again, and why at other times you will type something only to think, no, erase it, and retype it. This is all my working within your mind, as you have wondered if it is your own mind getting in the way, but no, it's not, it's all our doing as we work in real-time with you. And the beauty of your typing being a slower way to communicate, is we can be

more focused so it all comes out as if it's mostly well thought out, whereas were you speaking with us in your mind, and with the speed of mind telepathy, that could be a bit more tricky stretching us and making us really think on our feet. You may remember those times when you talk with us in your mind, and particularly when you quickly move into areas that we've not been advised in as to what we can tell you, it all gets mucky for you, with you ending up having to drop the connection and end the conversation. And I know you've got confused during those times, again thinking your mind as been too active and interfering, however mostly it's fine, it's just that you've stretched us beyond our limitations.

So we are still learning how to be with you James, none of us have evolved constantly talking with you as you've worked your way through your Healing. And because of John and his connection with you, and so then our connection with you, so we've had to receive additional training as to what we've already had to be able to do this with you. Yet we love it, we feel privileged to be so intimately included; for as I've told you, for myself, god I would never have dreamed anything like this existed, let alone that I'd, not only be involved in it, and one of the main mouthpieces, but that I'd love doing it.

And I am told I can tell you James, that once your Healing is finished, you won't suffer such restrictions and limitations by having to confine yourself to the likes of us, you'll be able to work directly with the Melchizedeks and the Higher Angels more, which will better suit you, as they will be able to move with your mind much easier than we can, knowing what it is you'll need and when.

And I will add, for all of us over here, the 'Higher Up's' included, the restrictions and limitations imposed on us by the Rebellion and Default are a right pain in the bum. We are constantly having to stop, tippy-toe along whilst some fine point of it is explored and worked out as to how much we can or can't do, can or can't say. It's a vast legal document that is fluid, it's constantly being evolved as the Rebellion and Default evolve, and now to complicate matters, it's also being evolved the other way as you and Marion work your way through your Healing. So because of you and our involvement with you, we are always coming up against it: now what, now what's this part mean, can we do that, can we say that, how far can we go, and what about if we do that, what ramifications will that have, and are they acceptable, and so on. And then it's even compounded further because of your involvement with John and Samantha and what they are doing and the effects that is having, and will have, on humanity.

And as we've said, it's all new, there are no precedents for any of this, and mostly we are left to working it out for ourselves with the Higher-Ups just offering guidance when we get desperate. So it's an incredible time for us all, highly exhilarating, even though I talk about it as if it's exasperating, but we don't ever feel bad about any of it, that is all over for us, and so it's simply the most incredible experience. And it's the same for all of us lower Celestials who are involved in any way with humanity and the effects coming from the New Truth that's being revealed. And you'll be pleased to know John, it's going to keep going like this for the whole of the next Spiritual Age, so you won't be missing out on your part of the fun over here. And meanwhile, as you say, you've got your plate full of fun dealing with it from your end.

And yes John, we'll be with you on your outback trip. How can we NOT be with you! There is so much going on constantly and we need to keep abreast of it. It's an intense time for us all, things are coming to a head in various ways, there are more Celestials who are ready to begin their work, including Kev's soulgroup, and they will be picking up the slack. It is all absolute perfection, for every Celestial arrives, of course, at the perfect time, and at this time, there is a lot of perfect positions being made available for them personally and in their soulgroups. So we're all seeing that it's all so highly organised, it's not just a matter of people deciding when they want to do their Healing and finishing it and rocking up into the Celestials wondering what to do. No, everyone, like everything in our lives,

happens to perfection, so it's the perfect time when someone begins their Healing, finishes it, arrives in the Celestials beginning their new spirit life.

And so because of what Marion and James have been doing over all these years, so we've been working with many spirits in the mind worlds educating them about the need for them to do their Healing, which we've been allowed to do because of the changes, and so there are more Celestials doing that, which has resulted in more mind spirits beginning, doing and so finishing their Healing, and we need them all over here because of what is going to happen as this age draws to a close. So you can see, there's a huge shift going on in certain areas, all in keeping with the 'wave' of truth that is building.

And you are right John to go with your feelings, enjoy them John, enjoy the adventure as it continues to unfold

That is all I want to comment on today, there is more for me to tell you John, however that is to come. Other events need to take place first. So enjoy your holiday, you'll be receiving various thoughts that will affect changes in your way of seeing things, which you will enjoy, with that distraction and unfamiliar surroundings and people stimulating other feelings and shifting your awareness so as to help you keep abreast of all that's happening.

So I will leave it there for the time being, and I'll be in touch. Marie picked up all your feelings for her, and more, so you need not concern yourself about not being able to speak directly to her yourself. Perhaps you can ask James to help you to speak with us, should the opportunity ever present itself.

All my love – your Nanna Beth.

And later:

James: Nanna Beth, can I ask you something about Mary and Jesus?

Nanna Beth: Yes James, go ahead.

James: I've been musing over again how their Spirits of Truth don't reach down to us on Earth, with us being able to connect with them only when we're Healed and true, and of Celestial Truth, hence the need for the Avonals to do their Healing for their Spirits of Truth to connect with humanity, helping people get to the Celestial level by doing their Healing, so they can connect with Mary and Jesus.

And so right the way through Mary and Jesus' age of the past 2,000 years, because of their Spirits of Truth not reaching out embracing humanity on Earth, because they didn't need to do their Healing, so all the Celestial spirits during that time weren't allowed to reach out and connect directly, or even indirectly very much, with humanity on Earth, with Jesus coming to James Padgett by going against the tenets or law of the Rebellion, or was it because he built a loophole into it by saying he'd come again?

Nanna Beth: It was a self-made loophole James. It was a way he could keep the door open a crack, for as you now know, his and Mary's real Second Coming in person will be way in the future through the Morontial Temple. So yes, it was a crafty move on their part allowing Jesus to speak to James Padgett along with the other spirits.

And as to why was it necessary, because certain truths had been revealed by Jesus during his life on Earth, most of which has been tampered with and corrupted since, so he wanted to put the record straight

at the end of his and Mary's age. And it was also to help you because you would question it all as you've done, so as to understand that Mary was so heavily denied, and that part of your Healing is to focus heavily on bringing the feminine side of truth to light.

James: Yes, I was thinking about that earlier too, again reflecting on my writing with so many women spirits, whereas by contrast, the Padgett Messages hardly have any women spirits in them.

Nanna Beth: You are allowing us women, and I proudly include myself in this James, to have our say, which is incredible on your part when all through your early life it was the women who had their say denying you yours. So one might have thought you'd hate women and want to block them out, and in no way would you want them to speak as much to you as you do in such important things as all this spiritual work.

James: Yes, I've thought about that too, however it's my negative pattern working for women. I'm programmed to listen to women believing that women are more knowledgeable than men in certain areas, if not all, all the ones the women in my life talked about anyway, and I've wondered if when I have healed that, then I might reject women and want to be with the blokes.

Nanna Beth: When you've Healed it, you'll be accepting equally of both. However I think you'll still be favouring women because it's all part of what you are all about, putting yourself aside and allowing Marion to come out, Samantha, myself, and any other woman who puts her hand up and wants to work hard on herself through her Healing. And of course you will accept and support men too, yet you understand that women will more than likely take to it more readily and so be able to then support and help the men as Marion has done with you.

The denial of the Feminine is an enormous part of the Rebellion and Default, they both pivot around it, and neither would have got as far as they have had women not been so heavily denied, women being synonymous with feelings. So every word I write to you, that word coming from a woman spirit, goes down on paper, it is what is kept as part of your experience, and so should other people read it, they will be reading the words of women spirits. And to read so many words of women spirits in all your writings, will have, if not a conscious effect, certainly an unconscious one, and if nothing else, at least saying and showing, that we women are to be counted, we are not the pathetic nothing extras and adjuncts to superior men. And then to understand that women are the actual natural spiritual leaders and should be looked to as such, well that certainly puts a cat amongst the male dominated religions and spiritual belief systems of the world!

And then when you read how much truth I am imparting through you, me, a mere country woman from the back-blocks of rural Australia who had no real interest in anything spiritual, and here in such a relatively short number of years are in such a commanding and knowledgeable position, and one in which I'm not making it up, for I am it, and if you were to compare the truth I impart with say the so-called truth the Pope imparts, you have to surely begin to ask yourself: what is this man on about, he doesn't have a clue, he's just pulling everyone's leg. Why is he, being one of the leading spiritual figures of humanity on Earth, not speaking about longing for the Divine Love and doing your Healing by looking to your feelings? And really, why isn't he? And why it is that this nobody spirit woman, a woman spirit called Nanna Beth, far more ascended in truth than any of the leaders of the Christian world? So, why bother listening to such a man, what is the point, he talks utter nonsense, spiritually has no idea what he's saying, feeling nothing for it himself, is just a figurehead for a corrupt truth-less, wayless, meaningless church. Which is all about keeping its followers in their evilness, and not about helping them out of it.

And then you look at all the so-called spiritual men over all the years, other than Jesus, and what have they done for anyone, and the answer is, nothing, they've only helped people further their wrongness. So it's about time we women have our say, and thanks to you, so we are. And it's we women, the true spiritual leaders of humanity, that are going to bring about the necessary changes in people's thinking so they will adopt the new alternative ways of truth that are now being revealed. Because if the spiritual fate of humanity is left up to men, it will only be more of the same.

So as women seek to empower themselves through their feelings, and quickly come to see just how corrupt and untrue the religious and spiritual male teachers are, then there'll be no turning back, which is what is to happen, it all being the end of the Wrongness.

And it will be women, empowered by the truth from their own feelings, who are going to stop the juggernaut dead in its tracks, and then turn it around and face the truth that it's wrong. Men won't do it. Men won't embrace their Healing, do it leaving women out, and thereby still remain in control of the New Way. Men can't do it alone like that remaining as the controllers, it's not part of their makeup, so it's for us now, our time, we women James, which is why you are so focused on supporting us.

So men will follow women and do their Healing, and part of their Healing, the truth coming from their feelings, will be to acknowledge and look to women as being the true leaders of feelings, just as you look to Marion. And the reason you do look to Marion is because it's true, she is, you're only honouring the truth, the very truth that you are living as you progress in your ascent of truth. And it's not something you are just making up for yourself, or it's only going to be that way for yourself, it is the Way for us all, the way for humanity, on Earth and in spirit, we women are to lead and keep leading in truth for the rest of eternity, only once women and men are Healed, then the leading is far more balanced between the sexes.

The woman is the nurturer, she nurtures her feelings, and out of her womb of feelings comes the truth. And it happens for her wholly – her whole being is fully engaged; and it happens the same for men, only they use their feminine side to do it. And women use their masculine side too, yet still, being women, they are fully focused on the feeling side of things.

So it really is a true women's liberation, all being done through women's feelings, which will help liberate men too. Women's liberation is on the right track, in as much as women feel they need to be liberated, however liberated into freely expressing all their feelings wanting to uncover the truth of them, is what will set everyone free.

James: Thank you Nanna Beth.

"The True Liberation of Women is Through the Truth of Their Feelings."

WORLD of FEELINGS VERSES the WORLD of MIND

Monday, 14 August 2017:

James: Oh it's so exciting, I've never felt so excited about anything before. The whole amazingness, Crystal feeling inspired to ask Helen if she and Joe could talk with Milverton, it happening, John and his trip and the perfect timing of it all, so many feelings in me like it – something – is coming to a head, so many finishing off things for me thanks to Nanna Beth, John and Crystal.

And I always wanted to be in the know, what's going on in the world, behind the scenes, I've always wanted to be told, or work it out somehow, but it's always been too difficult, and now I don't care about that world, the yuk world, for I am in the know and right in the scene with the real world, the good truth world, the world of feelings verses the world of mind.

And Crystal could have the scoop on all the baddies, and oh my god, how amazing that she could be in 'control' of the world by default, and a woman!, she could bring the whole rotten thing to its knees if Milverton supplies her with all their rotten goings on. God, incredible, and that she'll be looked after if it's all so well organised and comes to fruition like this, with the Celestials really being in control, seeing the proof, it's one thing just having this stuff going in my mind, yet then seeing it with other people, happening – wow, how incredible, I feel like blasting off, John, with the thrill and amazingness of it all! And all I can do is sit on the couch still feeling like shit with another sore throat hurking up my misery full of my miserableness, and at the same time now feeling so excited – talk about contrasting feelings, yet real feelings, no longer being shut off to them!

Crystal writes: Dr. Poseck;

I have been informed that specific documents are being prepared by the estate of Lord Milverton to allow me sufficient control to ensure that the payments process related to the 2007 settlement agreement, 2011 court order and 2012 EU guarantee can be recommenced.

We would much rather complete these payments in cooperation with Germany. It allows for a win-win situation for all parties if this matter can be handled discretely. However, continued silence in the face of our every effort to begin a constructive dialog leads me to believe Germany has no interest in a resolution to this matter.

Once I receive the remaining documents from Lord Milverton's estate, payments can be recommenced without Germany's involvement. This will compel me to use all legal recourse to demand any and all unauthorized funds distributed under the oversight of the German courts be returned and to also demand a complete international criminal investigation be undertaken by all government investigative and taxing authorities in the countries involved. According to the transaction file in our possession the total of unauthorized distributions over a period of approximately 2 1/2 years amounted to over US\$20T.

Immediate constructive contact with me or my legal counsel within the next 7 to 10 days will allow this action to be avoided.

Continued silence will not impede 35,000 investors from getting their due, but at what cost to Germany?

Respectfully,

Crystal L. Schultz

James: What a fantastic letter Crystal, perfect, succinct, straight to the point, showing them you mean business, so far as I think – yet what would I know; would that sort of threat get up the Germans nose? I hope so. He, he, I feel so good not giving a stuff about them, I don't have to love everyone and be nice! God if that doesn't get something stirring into action, well they are a lost cause.

CRYSTAL and MILVERTON with HELEN and JOE

Monday, 14 August 2017

Crystal set about asking Helen for permission to connect up directly with Milverton through Joe. Later in the day, Crystal through Joe connected with Milverton. It was a very draining experience for Joe, so much so that later he could not get up from his chair. Eventually when Joe was able to, he went to his bed

To Joe, all that Milverton represented was cognisant vapour and his communication was very weak, a very difficult 'voice' to perceive.

Milverton was made to contact. In his opinion, if he did not do it, he would be put into a deep dark hole. As it was, he appeared to be in a very small cell, like a plasma square that he can't get out of.

Milverton said that Helen makes the strongest woman that he has ever encountered look like a wimp.

Crystal asked what to do with Simon?

Crystal is not responsible for him in the long term – nor his mother. Someone else will be.

Are the documents a part of the Estate?

Milverton stated that they are not part of his Estate. Officially the 30 June 2017 is the date of his death. Milverton finds this date amusing, it is the anniversary date of the Solid Investment moneys going missing – 30 June 2006. The transfer of his title to his brother will be quietly worked through by the Crown, there will be no obituary or death notice.

Milverton went on to state that 30 days after his death, the documents were to start being assembled. These documents having been placed in multiple Chambers (barristers) in and around London, by the end of 60 days after his death they are to be consolidated in one source. Then within 24 hours there are to be multiple copies to be made and again they are to be held within multiple backup locations. Then, within 72 hours from then, the set for Crystal are to be placed into her hands. Be that be directly or to her lawyer, either way, within 72 hours she is to be able to sign for them.

Once Crystal has the documents, she must go on high alert, she must have security. The costs of the security are accommodated within the documentation. Security is to start immediately.

The documents contain:

- 1 All the information to complete the payouts.
- 2 Dossier of dirt (journals to keep the enemies at bay and possibly some revenge for Milverton!).

Milverton knows the whole world order.

The concept of clawback is music for Milverton, the more often 'clawback' is announced, the more important that possibility is to be considered. Keep announcing clawback.

Milverton wants Crystal to give this message to Simon: 'I am sorry for treating you so badly, but it had to be done, in order to get it done!' (it being saving the world)

Milverton explained that much of his life was wasted with politicians and their back stabbing. We will change our opinion of politics and our understanding will become totally different.

Milverton understands that he has been in spirit for a few years. His body went on life support August 2015. (22 months before burial)

Milverton knows that he is redeemable and salvageable.

Each time we make contact with him, it is to be considered to be a one off.

Milverton is in awe of our Celestial spirit friends. He now understands our source of information.

MIND MANSION WORLDS are all PART of the HELLS

Monday, 14 August 2017

James: Helen?

Helen – 3rd Celestial Heaven: I'm here James.

James: Wow, what an incredible link up you organised with Crystal, Joe and Milverton.

Helen: Yes, it was fun, and he stuck to his end of the bargain. It was hard for us to convince him that this is no joke, that it's real, and it's how we get things done. He wasn't used to our ways. He couldn't even see us properly, he's 'doing his time', 'walled off', is right, he's having to go through hell, the beginning of him having to accept that he wasn't a nice person, and all the pain he caused others he will now feel. He's only recently started this phase of his new spirit life, all he went through up to now whilst his physical body was in limbo and when you spoke with him, has prepared him for this. So he doesn't as yet understand the severity of what he's going to suffer.

And we tried to lessen the impact with Joe as much as possible, yet enough for you all to gain some idea, get a feeling, as to how intense and isolated the hell planes are. For they are very real, which still most people on Earth fail to understand, and many people spend a long time in them having to suffer the pain they caused others.

So we held him to his side of the agreement, he wanted to play all his old tricks, stalling, creating diversions with his mind, trying to see what he could get out of us, but there was nothing to it, we're not in control of what his soul wants him to feel, we're not the guards to his self-induced cell, so the more he fought us, the harder the binds that hold his spirit tightened, he was doing it all to himself.

And we are very pleased that you understand more about what's at stake Crystal. And that it will unfold for you as it has been, all effortlessly with you going with your feelings. And I want to reiterate that nothing bad will happen to you by these people Milverton refers to, you have the full Spirit Light Of Protection around you, which might not seem like much when you feel vulnerable in your humanness, however it is a lot, it means your angels will not allow anything bad to happen to you from such people. Yet still, take whatever precautions you feel necessary in life, because that will help you feel more secure too

So now we await the next round of developments in your Saga. It's just as incredible for us as it is for you, for even though we see more of the bigger picture, the sheer enormity of what's happening is beyond description. It's not a couple of people on Earth doing this thing, it's the whole mobilisation of the three Celestial spheres because of the end of the Rebellion and Default slowly coming into being. And that is on the spirit level, then with all that's happening on the physical which you can't see, and how the two levels fit so seamlessly together, one within the other, the New Way within and coming up out of the Old Way, it's a wonder to behold. And with all of us Celestials involved in our every waking moment with it, hardly able to draw breath with all that's going on, and you on Earth hardly aware, with only the vaguest of inklings about it all.

So that was all perfect Crystal, how you've handled yourself these past days, perfect my dear, we're all so proud of you, so happy you are acknowledging your feelings and taking our advice seriously; and then following your feelings, acting on them, all very good my dear. And for us to give old Milverton a working over, the silly old fool, all these men who believe they have such power, the Masters of Universe, which turns out to be only their silly little universe, look where all that power has got him now! (Milverton was money manager on an enormous scale for 'hidden controllers' – and now he is isolated in a little cage in the worst of the Hells – in the 1st Earth plane.) Talk to him in another six months and then in a year, and then in two years, and see if he wants to play all his silly little mind-power games. If only such people understood, but such is the ignorance of truth, they having no idea that they are spending their whole lives in their pursuit of wealth and power on Earth only to build themselves a prison of pain in which they will live feeling all the pain and suffering they have inflicted on others.

You were looking through Dante's *Divine Comedy* James, and it's nothing, nothing compared to when you yourself are in your little pain-cell feeling so bad, so so so bad, bad beyond description with all the memories flooding back to you of all the bad things you've done, of how you've hurt other people, and feeling how much pain and suffering you caused them, and then feeling it all yourself. Nothing on Earth has ever been written or painted that can capture the true pain, the full force of agony that such tormented souls will feel. And yet that is their path, they've created it for themselves, and this is a very necessary stage for them to understand first hand that they weren't as smart as they thought they were, they thought they'd pulled it off, got away with the greatest crime, with their death releasing them from all responsibility, they being free to start over.

Which couldn't be further from the truth, which is right, because they are so heavily denying truth. So once they've settled into their new spirit lives, on comes the pain, and it's relentless, it bears down on you, you were feeling your misery bearing down on you today James, well imagine those bad feelings a hundred fold, then a thousand, to where you are so wracked with pain you are begging and begging every second for forgiveness and mercy. It is unimaginable pain, and it's so real, all controlled by your angels according to the needs of your soul; and all you feel is the pain, your whole mind is crushed by the pain, your mind is pain, as it's all done on the mental level. And wave after wave of it occurs, with you wishing sleep would come, unconsciousness, but no, nothing, you can't escape, and you fight it, they all fight it, until one day it dawns on them that having suffered so much pain they are still alive, they are still a spirit, and so what does that actually mean, why haven't they ceased to be, why haven't they been annihilated, why, why, why, what's going on, what's it all really about?

And then they start to go with it, working with the pain, understanding that it's right that they feel it because they are arseholes, that they deserved it, as they see why, they can see how they hurt people, and what those people suffered. And so they start to accept that its right that they suffer, it's the correct punishment, it's not bad luck or something strange happening to them, some evil spirit trying to have its way with them, it's not even God taking His revenge, it's just the Law: you hurt someone, you hurt yourself. Because as they – we – all come to understand through our real Healing, the Healing of our

soul, the Healing of our wrongness and evilness in the true Healing worlds, we only seek to hurt another because we're doing to them what we're already doing to ourselves, and that is what was done to us. However first things first for Lord Milverton, he has to pay for his crimes as an adult, he has to settle the Law of Compensation so as to gain entry into regular mind spirit life in the first Mansion World. So he's in the hell planes of the first Earth plane, the lowest least spiritual plane you can be in, and in his own self-created little cell of it. And there he will be left, undisturbed whilst he suffers, attended to as required by higher spirits who look after such hell-interned spirits, there to go through what he needs to until he finally comes to realise what a controlling unfeeling shit he was, and that he deserves what's happening to him; which will in the end make him feel good because he will feel he has paid his dues, he has been punished, and that God is happy with him – which means he can get on and start living his spirit life.

And when that happens, I have a feeling he won't be wanting to rush into trying to restart his controlling ways, I think he'll be a bit more circumspect and cautious as to what effect he's having on others. And he might even be open to understanding that his real Healing still awaits him, and what that will involve. And you might find it surprising, yet a lot of spirits who've suffered greatly in the hell-planes, do want to get on with their Healing. You might have thought they'd had enough pain for the time being, and perhaps would enjoy a few years recovering in Sex World, just having fun and with no responsibilities, might be the way to go; but no, they understand that there is more to them than something as superficial as indulging in nothing but mental sexual thrills and fantasy, that they have touched on deeper parts of themselves, and feel good about that, even wanting to know more; such as, well, all right, I have seen I was bad and have suffered for it, the books have been balanced, however, why was I bad to begin with, what was wrong with me making me enjoy it all, why did I go that way in life...? All the bigger, deeper questions that will be answered by the truth coming to light for them through their Healing with their feelings.

James: Oh wow Helen, I see it, all you've said about Milverton being in his dark hole of self-inflicted pain, that's what we're all in in our different ways. He specifically has to settle the Law of Compensation to resume normal life in the mind worlds in spirit, but he's still got his Soul-Healing with the Divine Love, to do before he is free of his wrongness and is like you and Nanna Beth.

And all I've been working on with Marion, we're both coming to see and accept, that being in our wrongness, being in our unloving states, until we're fully Healed, we can't be loved, so no one is going to come and love us, we can't love each other fully how we want and need to be loved, we feel alone, and even though Milverton is alone down his hole, we're still alone too in our holes. And although we live together as a married couple, we're still desperately alone, because we can't be anything else other than feeling alone in our unloved negative evil states, because that's how we felt as young children. And we're all of it, in it, we can all relate to Milverton when we're doing our Healing, seeing that he is in the lowest of the hells having to deal with all that pain, but being in the high seventh healing Mansion World, just before your Healing ends, is being in the highest hell, because it's still hell not feeling loved, feeling so alone, feeling all the shit feelings you feel, seeing how bad you are, not being able to change yourself into being good and loving, just having to fully accept your whole negative rebellious state.

So I see it, which I've written before, but now I've got the picture, the seven Mansion Worlds including the two Earth planes and the physical itself on Earth, we're all in hell, we're all evil, anti truth, anti love, feeling unloved and in the pain of feeling-denial. We're all living untrue, and even though we might love each other and enjoy being together and not feel lonely for a moment, even our whole lives if we're lucky enough to have got that parenting and start in life, still because we're incarnated into a rebellious world, at some point in our Healing we all have to arrive at the same point of fully accepting that we don't feel loved, and we feel unloved, uncared about, unwanted – all our bad

feelings. And we've got you lot in the Celestials to compare ourselves against. Nowhere have I read that you move into this or that Mansion World then you meet you soulmate and link up with your soulgroup, twenty-four people who you get on so well with that you don't want to ever leave them, and you just feel better and better with yourself, your soulmate and soulgroup, all the way to Paradise. That, from all my writings with spirits, ONLY happens in the Celestial spheres; and that is, ONLY AFTER you've completed your Healing. So we go from feeling totally despairingly unloved, into the full-on feeling loved situation once we cross over into the Celestials spheres out of the penitentiary Mansion Worlds.

And the Mansion Worlds currently are prison worlds, we're on a gigantic prison isolated from one another even though some people feel love for one another, for their pets, their children and spouse, and yet that love is all of the mind, all false, all based around our beliefs for each other built up from our early lives and then how they manifest for us in our adult lives, and I can go to the Bush Bank (native plant nursery) and enjoy being with the people I like there, and I can live with Marion and enjoy and even love her to some degree, and we can have our little pet cat that we had, and love her too when she wasn't annoying the shit out of me, and so on, and yet still I FEEL ALONE, SCARED, UNWANTED AND DREADFULLY UNLOVED. And that is the truth of myself: unloving evilness, my wrongness, my rebellion. I don't know how to love, I'm not loving, I can enjoy mucking around with John on the phone and doing all this with you spirits, yet still it doesn't change the truth I feel that originates from how I felt when I was young.

And my Healing is currently moving me to understand this, to accept it, to no longer think that once I've seen my problems I can stop them, because I now know, I can't. I don't have that power over myself. I used to think that I did, but I was full of shit because my mind thought it could do anything. And now I see, all I can do is understand through my feelings and so accept the truth that I am unloved and unloving – end of story. And I can't even say I am truth-less anymore because I'm growing in truth everyday, like seeing this all now, putting it together even more, feeling it more, understanding it more, and yet it doesn't make me feel loved. So here's another truth: Truth does not beget love. You need truth as the platform from which love comes, but of itself it is not love. Love is Love, something separate; and feeling devoid of it, feeling that it is something I want, is all new for me, and I'm having to accept that right through to the core of myself.

And it's taken a long time to get to this place of self-acceptance within myself. And lately thanks to John, Nanna Beth and yourself, Helen, I feel I'm accepting it even more, even as I am typing. And this is huge for me. The little dog, a new dog up the road, cries every morning and on and off through the day, because he's left alone. And Marion and I feel so sorry for him. And everywhere we live, sure enough at some point, for shorter or longer times, there are crying dogs, crying because they feel so alone, and when you feel how bad that feels, your people, the ones you love and which your whole survival depends on, your pack, abandons you, leaves you, and you don't know that they will ever come back, your heart feels broken that they could be so unloving, so unkind, smashing you to pieces, and you wish you could die, you don't want to keep feeling so unwanted, unloved, you want the pain to go away, and you cry and cry but that doesn't do anything.

And that's how we felt as young children, and its how we still feel, it's what our Healing is helping us understand – the truth of ourselves, the truth of our unloving state. And that like that little unloved, left alone little dog, we can't do anything about it. And it's not enough that his owner does love him, because that's all bullshit, because if his owner really loved him, then he'd never leave him alone feeling unloved and crying. So all that false love or so-called love doesn't rub any longer, when you feel so unloved and alone you sure don't feel all right about it, because you know your parent does actually love you, even though they don't want you with them, even though they have left you alone, even though,

they are the ones making you feel so unloved.

So I get it now, the whole picture and understanding about the Mansion Worlds. About the hells, and all poor Milverton will have to go through; then to come out and be told he still has to go through his real Healing. Fuck me, what a horror show we all live, so much suffering, so much pain, so much denial of feelings we all go on with, so as to not accept it.

So Helen, I am right, aren't I, right how I'm seeing it, that is how it is for us all, and for you Celestials. No Celestial changes soulgroup once their established in their group do they? No one wakes up one morning, looks at their soulmate and suddenly feels, I don't love you anymore, and then wants to end the relationship and go meet someone else?

Helen: It is as you say James. You are spot on, that's the truth. And it is as you say for us Celestials, the thought doesn't even come into our minds that we're unhappy, because all our unhappiness we Healed out of ourselves doing our Healing. We couldn't be more happy with ourselves, our soulmate, and soulgroup. And so much so, that we can't even keep up with the ever-growing happy feelings, feeling so much love, feeling loved and feeling so much love for everyone. And all our experiences make us feel more love and more loving, it is the complete opposite to how it is for you and how it was for us when we too were of the Rebellion.

And as you say, the most difficult part of the Healing is breaking down and coming to understand that what you thought was love, even those very strong feelings of love, were not true love; and they aren't, nothing like what we feel here in the Celestials, because you are still full of untruth, whereas we aren't, we're true. So being untrue, you can't feel truly what love feels like because you're in an anti-love state, your state of untruth is love-denying, so it is as you say, the love you feel in your wrongness is love in your wrongness, and when you end your wrongness, when you Heal your wrongness, so that love will go as part of the Healing. And then you are left with the truth of your unloving state, and you don't feel loving, don't feel loved, feel alone and all the terrible feelings that you and Marion are feeling.

James: I have that wonderful feeling of getting it, and of finishing it off. For me I've had to uncover the picture of it for myself all the way along and for each part of it all. And once I've seen the picture, then I know it's real and true, and then I feel happy with it, and another part of me finds a little peace, even in my yuk.

So as there's a lot of light flying around in my chest, it hurting again, I will ease off, have a rest and read through what I've written tonight.

So thank you again Helen, thank you and Nanna Beth and everyone else up there who are helping us all, thank you on behalf of us all down here. It sure is all amazing.

I'll speak to you soon.

Helen: Bye James.

PERFECT in our SELF-EXPRESSION UPON ENTERING the CELESTIAL SPHERES

Tuesday, 15 August 2017

This is me (James) working more stuff out with Nanna Beth, and I think I get it fully now. I feel really good about understanding it, and just hope it happens this way. And, do you mind, John, if I send stuff I write with Nanna Beth and Helen about SI to Samantha? She expressed interested in keeping up to date with it all, wanting to understand it more. So far I've only sent her bits like this below that involve the truth, herself, or a little about SI (Solid Investment). I missed the phone not ringing today!

James: Nanna Beth, Marion and I were talking about the male / female approach, with my needing the picture with my mind upon which to base my feeling expression, truth and understanding, whereas Marion only needs her feelings, she herself is, if anything, the picture just by being herself – all she feels, and her being is the base from which she expresses all her feelings. She doesn't need the mental pictures as much as I do.

So an example of our difference is, I ask you about life in the Celestial spheres wanting to know what it's like over there, what it looks like, where you live, the set up with your soulgroups, and so on; whereas Marion would want to know, how you communicate with each other, what you feel with each other, how your relationships are different to how they were in the Healing worlds. Marion is intently focused on the people together, the interaction, all the feelings involved, not where they are and what they are doing, those things being only the props for people to express themselves to each other.

So I want to ask you, how it is between you and your soulmate on the relating and connecting to each side of things, compared to how it was in your relationships in your wrongness?

Nanna Beth -3^{rd} Celestial Heaven: It is as Marion was saying. We are true and perfect in our self-expression upon entering the Celestial spheres, we are granted that, we have to be in that condition to live here, and it will be same for you on Earth when your Healing ends. So our whole focus is on expressing ourselves, and it's easy to do, we are like how a young child is, you constantly want to express your feelings, you can't not do it. You can't help yourself. It just happens naturally because that is the light in your soul, it's all that you are, it's how you live, and with everyone around you in the same state, so you express all you feel all the time to each other.

And you do it without thought, just like a child does. You have to make a great effort, because to express yourself, you James are still living against yourself, against expressing all you feel, you are no longer a true child, you're a rebellious adult, living against the natural flow of your soul, against your own true love. So your relationships are built around the limitations of your self-expression.

We feel a feeling and want to convey it to the other person (spirit), our heart opens to them, we feel our will activated at wanting to connect with them, and when we see they are ready, willing and open to receive us, we speak, we will our feelings and thoughts to them, and they readily receive them; and if they feel to, will respond in kind, that being what they think and feel.

Just look at little children how effortlessly they communicate with each other if they are free to do so. And we are just as free only we are adults too, so we're fully aware of what we are feeling and mostly why we are, and what we are doing in wanting to be with and fully connect with the other person – or spirit, in our case; and knowing, because we feel it, how the other person should respond to us. And if they don't, then why, what is wrong, we feel bad, they feel bad, and we work to immediately sort it out; and we do, the truth coming to light very quickly. But such miscommunications are rare, and rarer still the higher you go. In the early times of our life here in the Celestial spheres we are still bringing into being a lot of what was denied us, so all our retarded and repressed attributes and self-expression.

So we have a few rough patches we need to bring up to scratch, and that happens all very quickly because everything, our whole way of life and how we express ourselves, the light of the sphere we live in, is supportive of that. Everything naturally resonates to perfection over here in the Celestial Heavens, unlike in the Mansion Worlds and on Earth where everything is resonating to imperfection because of the Rebellion and Default. So all you are finding very hard in your own self-expression James, and all those parts of yourself you are coming to accept are wrong and you can't do anything about them other than keep expressing what you feel, are sorted out and healed and your whole being works for you instead of with your mind against you as you currently are.

And our whole interaction, as I said the other day, is loving. We feel such love. You don't feel any love, so you can't begin to understand what feeling so much love would feel like. And you're not to know until you are fully Healed, that too you are coming to understand and accept currently. You can't feel loved in your unloving, love-rejecting states, it's impossible, other than the **corrupted mind-influenced love you all know**. But true pure unadulterated love, the real true love from your very own soul, you, the love that you are, that your Heavenly Parents made you of, that is what we express all the time; and so being so loving, you are always lovingly reaching out to your soulmate, to the others in your soulgroup, to everyone you have anything to do with. And naturally they respond to you with their love, and so love compounds, and at the end of the day we have to rest simply to integrate all the love and good feelings we're feeling, unlike you and Marion having to crash at the end of the day feeling so bad as a result of how unloved and alone you've felt all day.

James: The main point for me at the moment is what you said in not thinking I should be any other way than what I am. I am unloving, so I am, and it's for me to be it. I did think my Healing, as I progressed, should make me come out of myself, make me loving, more expressive, more feeling, more wanting to reach out and connect with Marion and everyone else, and it has to a little degree, yet I can see, that is only to help me see more truly how I'm not all those things, and how I'm closed off, hateful, unloving and rejecting of myself, Marion and everyone else – completely negative. And so instead of fighting that, accepting it, yet only accepting it as I naturally feel to, I can't make myself accept how I am when I hate being as I am, I can only express my bad feelings and grow in truth of how fucked I am to the point of feeling naturally self-accepting of my unlovingness, and that is what I feel is happening to me now.

Nanna Beth: It is James, that is what happens as you move toward the end of your Healing, for your bad feelings have given rise to the truth of your unloving self-denying state and now you are accepting that truth. And as you say, it's not about you trying to change yourself, that is all lower stuff, what you were wanting your mind to do because that was how it was trained to be. You believed – wrongly – that you could **change yourself using your mind**, however as you now understand, **you can't**, and no one actually can. You can delude yourself that you can, yet once your childhood is finished, you can't work your mind like that. And all you are doing is only outworking your childhood.

So all you can do as an adult is work to accept all that is the truth of your childhood. And when that's seen, so then you will end your rebellious ways, your soul unites with your Indwelling Spirit, and becomes divine from all the Divine Love you have longed for and received, and you become a different being, (morontial, as The Urantia Book says) you are immortal, you will always exist, your survival has been assured, and as a consequence you do change into the first level or stage of perfection, which is that of the first Celestial sphere.

And then you can express yourself free of the Rebellion and Default, and that is all-loving, and so that's what happens. And it takes a little while getting used to it, it's a huge change in us, which is why Kevin

is not wanting to come rushing to make contact with John, because having just come over here into the first Celestial sphere, he is still getting used to the new light within himself.

And in a way it feels as if you've been ill for a very long time, which in fact you have, the whole of your rebellious anti-love life, and suddenly you are fully healed – a miracle of sorts, and you are a bit wobbly on your new spirit feet as you get used to all the good feelings, all the love you feel from everyone, and even the love you feel for them! When you've never really felt true love, and suddenly you start to, it takes you by surprise at first, and you think, wow, this is love, this is really what it feels like, oh my God, it feels so nice, what lovely feelings, I love these feelings, I want more of them, they make me feel good and I don't even have to do anything to make myself feel them, I am just feeling them. Which is again the very opposite of how it's been for you James, and really for everyone if they were able to be true to their unloving states.

I know it's very difficult, but the big mistake people make in their Healing is thinking they should be loving, and the more they progress, believing love should come, they should feel it because isn't that what Healing yourself of being unloving is all about?

However, although that is true, it doesn't work like that. So you'd be much better not expecting yourself to feel love, express all your bad feelings about not feeling it, of course, and everything else you feel: wanting it, how much you want it, being angry that you can't have it, demanding to have it, and so on; whatever you feel, yet knowing that you are working to fully embrace and accept your state of no-love, the state of the Rebellion against love, and so in that state, there IS NO LOVE.

So by the end of your Healing, you should be actually feeling fully unloving, the whole truth of your unlovingness, and not fully of love. You should be true to how it was for you through your early life, and the real truth, on a feelings and soul level, and not that of your mind which might have believed it felt love from and for your parents and siblings. And to further understand that real true love won't actually come until your Healing has finished, then when you are of a Celestial truth, then you'll feel love and be all-loving.

And I know it's been a long time in coming for us to reveal such truth to you, but you've had to get there yourself James, you've had to work your way into this state or level of truth before we've been able to discuss it with you.

James: Yes Nanna Beth, I understand that, I can see how you've matched me each step of the way. And now I get it, for here I am feeling it, so I'm glad you can tell me about it.

Nanna Beth: As are we James. However that is all we can do, as we can't help you become loving, no one can, not even the angels will cross that line, because that's all between you and your Mother and Father.

James: I understand that Nanna Beth. And I am feeling closer to Them, not more loving as I can't feel love, and rarely does any Divine Love come into my soul these days, however that too I am not fussed about, feeling I probably have all I need from the days when it did freely flow into me, so I am just focusing on being true to what I feel and nothing else. For I do understand They will change me when the time is right, and I'm even feeling good, I even got a bit teary eyed about it earlier today, about all I've been through and how fucked I am. I'm glad I'm so fucked, because I do feel I am getting to know quite thoroughly my version of feeling unloved. So I see this as all part of my self-acceptance, no longer rejecting my yuk bad parts as they come to light, even just going along with biting my nails, overeating, just doing what I feel, and if I feel bad, expressing those feelings. And I'm longing for the

truth all the time in one way or another; meaning, when I feel bad, or just any time when I feel stable or even good, but again not forcing it with my mind making myself remember to long, just doing it all when I feel I want to do it. And if I don't want to do, hey, that's fine, I don't feel bad not longing more than I am. And it feels good finally giving up so much of my controlling mind.

Nanna Beth: And it feels absolutely wonderful giving it all up, you have no idea James, to actually feel free of the controlling tentacles of your mind. And to be able to reflect back and understand just how much mind you were, how little feelings you lived and expressed in life, even though you felt all the

way through it. But feelings without truth are meaningless, letting of steam as you have written, and all just mind generated. So to feel completely your feelings, you are feelings, and then your mind is there to totally support them and not get in the way, no longer stepping in and taking over, and you are no longer living unconsciously expressing your beliefs without any understanding or feeling that you are, oh it's just so, so good James, and so worth it all, so worth going through such hardship when finally you do feel so, so, good.



James: I just realised as you were saying that Nanna Beth, our fusion with our Indwelling Spirit that takes us into the Celestial level, the fusion really signifies making right all that's wrong within us. Our Indwelling Spirit is perfect, and so to fuse with it in our soul, means all that we are has to be of that perfection too. So that is why it's so significant, it being a state in our growth for people and spirits subjected to rebellion, like we all are, with fusion meaning it's the end of it, we can be purified once and for all of it, left untainted by it, FREE! Almost like a spiritual fire that purges us of all impurity, all rebellion, that being, once we've seen the truth of how rebellious we are. Yes, so that makes even more sense, we are to uncover the whole truth of our wrongness, feeling it, knowing it inside and out, and then when we have attained that level, then fusion takes place, a real full-on superspiritual experience that shifts us from the imperfect to the perfect. And then we can have perfect and true relationships with everyone, with ourselves, nature, each other, and with our Mother and Father, which we can't have before because we're unloving and imperfect. And I'm sorry to keep going over and over these points, but I'm working it into all the different ways I see it, it all coming together, slowly painting the picture I need.

And I guess at lot of people understanding the theory of this will try and jump the gun by using their mind and believing they are true and perfect and all-loving and are fused with their Indwelling Spirit?

Nanna Beth: Which is what the high mind spirits are trying to fabricate for themselves using their mind claiming to be Enlightened. And yet they have no idea what they are talking about.

And yes, it is possible James, as you know you did it yourself early on in your Healing, you have a big spiritual experience as part of your awakening in your Healing, and you quickly bring in your mind making yourself believe your Healing is finished, you've done it, you've even fused with your Indwelling Spirit, you've made it, you are true and pure and all-loving and at-one with God. But if you are still longing sincerely for the truth, then you'll soon move past that mental aberration, feeling yet more bad feelings coming up swamping your vainglorious mind, and you'll have to admit that you're not as progressed as you believed you were, that you jumped the gun, got a bit ahead of yourself, made it all up, are not yet Healed, and seek the truth of why you did that, through your feelings.

James: Yes, I can laugh now Nanna Beth at myself, for I think I finished my Healing about three times, with Marion saying I was full of shit, that I hadn't even started it properly, she being proved right of course.

Nanna Beth: I think we all do it James. We all want it to end quickly, and no one really appreciates just how much truth is involved, and so how long it's going to take to work yourself steadily along releasing your repressed feelings into uncovering the whole extent of your unlovingness. It's not something you can apply a few simple steps to, say a few mantras, have a few meditations about, pray and long a bit, it's a long drawn out process of coming to terms with yourself, or coming to understand in just how bad a state you are in. It's seven Mansion Worlds worth of untruth that you have to ascend and bring to light within yourself, and that involves an enormous amount of bad feelings. And then to realise that all that enormous amount of bad feelings were what you felt through your early life – well, it's amazing you didn't just perish with the pain of it all.

James: Yes, it is. I'm going to leave it there Nanna Beth. Thank you again for talking with me, that's helped me understand myself and our Healing even more. I think I might have got it, I think it might have sunk in now... however I know the danger in making such a claim, so I'll probably want to talk more about it with you sometime soon.

Nanna Beth: It's my pleasure James, speak to again soon – good bye now, love Nanna Beth.

Boundaries of HELL!

The gateway out of our isolation from all other humanities within our local system is opened to us upon the completion of our healing of all that represents the Rebellion and Default.

While we remain embraced within the Rebellion and Default, even though we are unknowingly doing so, all of the humanity of Earth is isolated from all of the other humanities throughout our local system of Satania, all 619 inhabited worlds, thus effectively we are in hell!

Further, we are also isolated from the Spirits of Truth that our spiritual parents can offer us, until we complete our healing and enter the first of the Celestial Heavens, and that is when we move through the gateway and progress beyond healing mansion world number 7.

Life on Earth is living in hell in the physical. Many of us consider it to be wonderful – that is a fantasy. Our physical parents have remodelled our personality to reflect what they consider appropriate ... IT'S NOT! We are to freely express the personality that our Heavenly Mother and Father bestowed us with.



Many of us fight so powerfully against our childhood suppression and repression that we go on and cause great harm to many others, all of which the Law of Compensation takes into account. The lower levels of the 1st Mind Mansion World is a region for our compensation. We ALL enter the 1st Mind Mansion World as spirits upon the death of our physical body. The pain we cause to another is the pain that we will endure in compensation. Those who continue to endeavour to inflict harm on others may find themselves within the 1st and 2nd planes of Earth. The 1st Earth plane being the worst of the hells, while the 2nd is bridging towards a return to the 1st Mind Mansion world hell sectors. You can continue to live through your mind and perfect the mind but you will end up at a dead end in the 6th Mind Mansion world. There are more than 200 billion spirits within the 1st and 2nd Mind Mansion worlds and the two Earth planes of compensation. These areas are packed to the rafters! Only by embracing our Feeling Healing and with our Heavenly Parents Divine Love can we heal ourselves and progress through the three healing worlds before transitioning to the Celestial Heavens and out of the Hells. Within the Celestial Heavens are spirit personalities from all of the 619 worlds within our local system.

HUMANITY'S WRONGNESS and HELLS

Wednesday, 16 August 2017

James: Hi Nanna Beth, as I touched on speaking about the Hells with Helen the other day concerning Lord Milverton's stay in them, I thought she might be able to tell me more about then. (Milverton was a money manager on an enormous scale for the 'hidden controllers'.) I've written over the years about them, mostly in my unpublished books, and in lately understanding more about the end of our Healing and moving into the Celestials, and having browsed Dante's Divine Comedy some more, I was wondering if Helen could please outline for me how they are set up and the sorts of things spirits do, or go through, in them.

Nanna Beth: It's easier if I talk with you about such things James; easier on you, as my light matches yours so well; and easier on John, as he will work a lot of the material we write together into his Pascas

Papers; and Helen is busy with other things to do with Crystal and the Germans, and all else that entails, which is basically what's going on with the whole world. Helen and her soulgroup are overseeing the workings of the world, whereas my soulgroup and I are working specifically with you



and John and all he wants to do – together with helping coordinate the emerging Celestials at the demise of the mind spirits. So of the spiritual nature, that which you are mostly about James, I will speak with you, and if need be we can enlist Helen's help, should she need to convey something directly to Crystal. Is that all right with you?

James: Yes, I understand, it makes sense and I am more than happy to stick with you Nanna Beth.

Nanna Beth: Good, so I will tell you what you want to know about the Hells.

As you understand, there are two main areas of what are collectively and loosely called: The Hells. There are the lower planes and sectors therein of the first Mansion World (1st natural love mind sphere); and there are lower planes and sectors therein of the two Earth planes, these two areas usually being grouped together and referred to as one of two main hell areas. The Mansion World hells are not as bad as the Earth-plane hells. The Mansion World hells are for spirits that basically have within their heart the desire to be good and loving, yet just can't help themselves doing bad things to other people, spirits, creatures – including all nature, and themselves. And when I say spirits, they can't actually hurt or kill them like they did people and creatures on Earth, yet still they can't help themselves being unloving with the intention of hurting them. With such unconscious compulsions of course coming from early childhood.

So someone who simply lashes out uncontrollably killing someone else, and does that more than just by accidental rage, so they obviously have a very deep-seated problem they can't control; someone who might under the influence of alcohol or drugs do bad things, such as rape or hit, harm, kill another in some way, yet when they are sober are full of remorse, hating themselves for being as they are and wishing they weren't, yet with no way of being able to control or stop themselves. So they are not maliciously inclined, they have not stepped over the line wanting to hurt, and enjoying hurting and causing misery and suffering in another. They don't gain pleasure from their abusive behaviour, so they are basically fit for Mansion World life, yet can't help themselves when their buttons are pushed, feeling very regretful and full of guilt about what they've done, and desperately wanting help to heal themselves, to get rid of the 'devil' or 'evil spirit' or 'bad steak', whatever they see it is within them, being unable to do anything to help themselves. So, the man who comes home and beats his wife under the influence of alcohol and then when sober wants to kill and beat himself with shame, begging her for forgiveness, swearing he will never do it again, only for his pattern to keep repeating right the way through his life. Someone you'd probably hate, and yet at the same time feel deeply sorry for, because

they know they are bad, they are doing bad and wrong things hurting someone else, yet are powerless to stop themselves.

So these people, and you'd be surprised just how many of them there are, come into the first Mansion World like all do upon death, and then are taken to the lower recovery planes – the 'little hells', where they have to settle the Law of Compensation for all the pain they have caused.

Mostly how their 'payback' time goes, is they begin with a period of isolation which can vary in length, from months to years, in which they live in a part of the plane that's congenial to their state of mind, and like a low security gaol. They can set up their surroundings to suit their requirements, in contrast with the likes of Milverton in the 'Big Hells', who doesn't get a say in anything, is put in his 'cell' of which he's not really even aware, because very soon his pain will intensify to such a degree that he'll all but be consumed by it, so his solitary confinement is all within himself; whereas in the little hells you are freer to be alone in more liveable surroundings, and can even interact with other spirits on similar levels or with higher ones who will come giving counsel and support.

So these little hell spirits go through waves of pain, just how it was for them during their lives, they'll feel relatively normal, and then when they were hurting the other person or creature, in their hell when the cycle comes around, that pain is inflicted on them by their own soul, with their unseen angels organising it for them by adjusting their aura so as to make the level of pain required to settle each of their transgressions. So they have to work back through each wrong they did.

And over time many small changes happen to them in their psyche and psychologically, and they slowly come to understand that they can't escape from the wrong



they have done, and they begin to want to suffer the pain they have caused; it's penance, they are paying for their crime, they come to agree it's a fair punishment, and they start to willingly accept and embrace and even want it. And it gets to the point by the end of it all where they are so accepting of it, having changed themselves psychologically and on all levels, which we call psychically, that they no longer feel the pain because there is no longer any pain to feel. The end of their pain coincides with their complete self-acceptance as to what an evil, sinful, unloving person they've been, seeing through their feelings all the hurt they caused.

Often such people, even though they are regretful of the pain they inflict whilst doing it or afterwards, don't really understand the full extent of pain and suffering they are causing. They might see the results of their anger, a broken arm, black eyes and bruises on their children and spouse, and feel very bad for what they have uncontrollably done, saying they are sorry and trying to make amends, yet remain completely ignorant of the broader pain and suffering they are causing. Such as, how their partner changes over time because of being unable to leave them, trapped within their madness, what psychological effects they undergo and endure; and then the children, the pets, the neighbours, anyone and everyone who is negatively affected. And all of that, all the ramifications of their wrongness, all the levels of pain and suffering, they have to see and feel for themselves. And you have to feel it fully because that is the only way you can really see the truth of it, as you know James now from your own Healing.



The average 'good' person, which are the majority of spirits arriving in spirit, someone who doesn't do anything really bad, doesn't harm others intentionally or even in such an unwitting unconscious state when they are not of their right mind being under the influence of some mind-altering substance, or even if because of psychosis of their mind, don't have to undergo anything more than what is commonly called a Life Review, in which they endure a time of seeing their misdemeanours, how they were a shit in that situation, how they inadvertently hurt that person or creature, feeling bad for a relatively short time, but nothing like being in what could be termed a state of hell. And then once they've seen these bad parts of their lives and themselves, move on into the general Mansion World population moving to whatever level they achieved whilst on Earth.

But if you're worse than just being in a general or normal sort of loving / unloving state, of wanting to be good and do good, not wanting to hurt another person or creature, even though you kick the dog and squash the spider, farm your livestock, yell occasionally at your neighbour, wife and kids, punch the other guy in the pub fight, ripped that person off because why not – the opportunity presented itself and you took it, yet generally you don't set out to rip everyone off; if you are worse than this general run of the mill level, then you move into the little or Big Hells.

So we all have to settle the Law of Compensation on some level when we first arrive in the Mansion Worlds. With some people having very little to nothing to settle because they've not hurt anyone or any creature, nor themselves, they have done good and tried their best and been what is generally called loving – with a loving heart and honourable intentions. And over the years the parameters as to what qualifies for how much payback one has to do, has changed as humanity has evolved, it all in keeping with the tenets of the Rebellion. So all the stuff Dante imagined he saw constituting the Hells in his day, was more along those lines of vast numbers of spirits in places of hardship in the underworld having to pay for their various sins. But all that old fire and brimstone stuff, the extremes of heat and cold, suffering the ravages of starvation, obesity, eternal disease, having to deal with wild animals and halfman half-animal creatures, having to pay for your crimes of sin to be allowed into Paradise, the higher levels of the Church where they believe God is located, doesn't exist anymore. And even when it did, it was all just the imaginings of those who believed they should live in such places being subjected to such unspeakable depravations and horrors; and it's still the same today, it's your beliefs that determine your state and so affect your surroundings, but people's beliefs and expectations have changed, the world is more civilised today, and so too are how you undergo your time in the Hells and live in the Mansion Worlds.

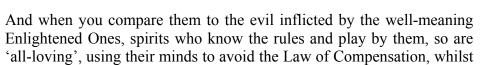
For the people, now spirits, who have enjoyed inflicting pain, have maliciously wanted to hurt others, who calculate how to go about it deriving great pleasure from the power they gain; and from personally physically hurting by torturing another person or creature, to doing it impersonally, as Milverton did by wielding great monetary power, torturing people he never saw through economic deprivation, including the whole world being subjected to debt-slavery controlled by the hidden power people, and the politicians who are in it all for their own gain without any feeling of care about the actual people they are supposed to serve; all that sort of attitude, because you hate everyone with a passion, and you want revenge, you feel hard done by and you are going to get what you can from whomever and you don't care how much pain and suffering you inflict, all the worst of the worst, go into living in the Big Hells.

And the Big Hells are in both the Earth planes; so with people – now spirits – who have no spiritual inclination whatsoever, who are completely materially and physically based, live in the lowest Earth-plane hells; whilst those with a tiny bit of a spiritual inkling, like a belief in God, a religious zeal and underpinning driving motivation, live in the slightly higher Earth-plane hells.

And within both Earth planes, the hell-planes are graded into seven sub-planes, each of which contain numerous sectors providing for the needs of what these spirits are to be subjected to settling the Law of Compensation as it works upon them. And the worst of the worst, most heinous, depraved and despicable of humanity on these debouched levels, are contained within the lowest sub-planes of these two Earth-plane hell zones.

I will add, the hells in the Earth planes and first Mansion World are completely separated from the rest of the Earth plane and first Mansion World. Only with special permission can you gain entry into them. They are treated by the Higher Ups with upmost respect. These are the most depraved, defiled and the most twisted of rebellious humanity; they are the most fucked who live in the hells, and they are completely rejected. However, they are not treated at all as if they are garbage to be used and abused as

part of their punishment, to be thrown to the wolves, now they have been depowered. No, not at all, they are loved because we all understand they didn't choose to be as they were, it was forced upon them, as it is for all of us. They just got the very rotten end of the stick in the way of hurting others. So they are respected for being the horrors they are, and yet they too are not the worst of us being evil, for they are just one extreme of our wrongness.





being anti-truth and anti-true love, are more evil in a way than those in the hell planes. So you can see, it's not just a matter of: those hell spirits are evil and the rest of us are not; they are the baddies and we're the goodies, like so many people on Earth see it; no, for whilst anyone is in and of the Rebellion and Default, they are bad, there are different faces of bad, different levels of the Rebellion, all being reflected in the differing levels of the seven Mansion Worlds and two Earth planes.

And really, the worst of the worst, are not the debauched or depraved, but those poor people and spirits who feel completely depowered, have no self-love, self-respect or self-esteem, feel completely beaten and downtrodden, having hardly any will to survive, and yet are forced to keep going by their physical body not dying or the society of spirits they live in, these are the real poor 'devils' of humanity, the poor ones who don't hurt anyone else or any other creature because they can't hurt anyone other themselves. And they can't even do that very well, they are too miserable, too depressed, too fucked, these people show the real face of the worst of humanity's wrongness; the worst of feeling unloved, being the most expressively true to it by not trying to avoid it using their mind to empower themselves. People and spirits who live in the hells had some say in their lives, they mostly thought very well of themselves, had inflated egos and had a lot of power during their Earth lives; they could hit, hurt, maim and kill, they could self-mutilate with relish, which is not the same as feeling so miserable and beaten down that you can hardly get out of bed or the institution you've been consigned to because of feeling so depressed about yourself and your rotten life.

And when these 'very poor ones' come to spirit, they often need a lot of nurturing, time alone, gentle bringing back to life, and nothing like the full-on intense wilful pain those in the hells suffer.

So life in hell is not a dead time by any means. As I said, it's screaming and writhing with agony, it is full-on, very intense, and has to be so as to affect the desired changes in the deepest parts of the psyche of these spirits. For they have to be brought to account, and to see that how they relished hurting others, dishing out their savage torture, making others suffer, was wrong, and they have to feel and know the

truth that it was wrong to the very core of their being, so they know they never want to be that way again; and so like a child, are forced to change the deepest aspects of their being, which is still really those deepest beliefs within their mind, with their feeling systems also changing accordingly. They are not fully Healing these terrible aspects of themselves, the very bad beliefs and behaviours, the patterns of mind and will that drive them, are only adjusting and changing so as to enable them to live like more normal spirits, more or less in harmony with the Law of Compensation, so able to one day resume regular rebellious life in the first Mansion World.

You know how intense it was for you as a child being forced to go against yourself and to become the fucked-up distorted person you turned out to be James, well it is the same for these Hell people and spirits, only their parenting allowed them to take out their pain and powerlessness on others, so they grew up believing that it was the right way to be, it was good, it was fun, it was what you had to do, so they did it, it becoming their unloving pattern. So those extreme patterns have to be changed, and

there's only one way to change yourself to that degree, and that is through extensive pain. So the angels work the desired pain following the commands of the spirit's soul. And in the end it all works back to them becoming someone who is then a normal functional member of first Mansion World rebellious society. As I said, they are not completely Healed, for don't work on healing childhood patterns as you do through your Healing, yet these patterns are modified allowing them to no longer be the monsters they are, and being able to live a reasonable 'loving' life like the rest of the Mansion World spirits.

So all the pain from the Life Review through the various Hell levels, is all



concerning what you've done as an adult in your negative unloving pattern to yourself, others, adults and children, and creatures. However it doesn't include parenting. Parenting is kept separate and is solely dealt with through your Healing. Sexual abuse, for example, of your own child, is also kept for your Healing, however if you sexually abused someone else's child, then time will be spent in compensation for that pain inflicted, in the Hells.

All the pain inflicted in parenting is reserved for your Healing. You might touch on parts of it as you do some lower level healing of yourself, which really amounts to adjustments to your unloving, negative pattern, but nothing like what you'll undergo through your Healing when you have to see and feel the damage you inflicted on your children from conception right the way through their childhood. However because this is so intense and so much of it, and because it's intimately tied up with how you were parented, so it's reserved, as I said, as being part of your Healing. And then also through your Healing so too will you revisit all the pain you might have inflicted on other people, spirits, creatures, that which you experienced in the Hells, yet only enough for you to work consciously with those bad feelings, bringing them up again so you can now finally uncover the whole truth of them, so understand how it came about, how it all fits into all you are, all you went through, all you did and why you did it, all from the causes formed during your early life. So our Healing involves ONLY the necessary pain for us to uncover the truth of our unlovingness, the truth of our rebelliousness state, and how it has been for us as

part of the Default. We don't have to suffer every ounce of pain endlessly paying for our sins and errors, we only need that amount of pain to make us see the necessary truths, and once the truths are seen, and you feel them and know they are real and true, so that pain is no longer required, so goes, and this is where it's said the Law of Forgiveness comes in over the top of the Law of Compensation. So **true forgiveness can only be sought through your feelings looking for the truth of them.** And this can happen at any time, yet mostly for us spirits, and it will be the same for people on Earth, it's only if you want to do your Feeling Healing or Soul Healing with the Divine Love, that you'll completely be able to free yourself – be forgiven for being rebellious.

And even though the Rebellion and Default were forced on us, so you might ask: why do we have to be forgiven for something we had no say in; the fact is, once we were conceived into it, we took it on, we became it, we willed ourselves into being it, even if we didn't know we were and it was against our will; still, our will engaged, and so because of that is why we then have to ask for forgiveness, choosing to no longer be how we are, wanting to be loving and good and right and with God, not living bad, wrong and against God. So if you do sincerely want to live God's Will, which means, be true and perfect, then the only way to achieve that is by doing your Healing. And that is your whole Soul Healing, so including the Divine Love. You can do your Feeling Healing, perfecting your Natural love, and that is still much better than living in rebellion against it, yet still it won't allow you entry into the higher Celestial spheres and to continue your ascent of truth to Paradise.

And as Helen touched on the other day James, and to conclude this about the Hells, for those spirits subjected to the Big Hells, they usually are more open to moving on into doing their Healing once their time in the Hell finishes, because of being stripped back to feeling they are nothing and no one, and so seeing the absurdity of the mind Mansion World life when they are reintroduced to it. Then those in the little hells are a little less inclined to move on into their Healing, as their hellish time wasn't as bad or intense. And then people in regular Mansion World life with their Life Reviews, once they've had their hand smacked for being a bit naughty, are usually more than happy to get on crafting their new mind-controlled Mansion World existence. So on a percentage level, they are the least inclined to move on into their Healing and the most abundant of mind spirits, and mostly will need to live a long time, and sometimes, even a very long time, thoroughly exploring their new mind life, loving all the pleasures of their spirit mind, with many moving eventually to the upper sixth world indulging in their mind-created nirvana and blissed out state of mind-contrived love, believing they are Enlightened and at-one with the Mind of God.

James: Marion was saying that when we are in spirit, it is the state we are that we live, in that, we can't disguise it with the physical. So we are to be true to it, so Lord Milverton is really in that state warranted by his now being in the Hells, because he's in hell within himself, it being closer to his true state, that which he'll uncover through his Healing.

Nanna Beth: Exactly James. It's the first step in taking you closer to the truth of yourself, however it's still within or under the control of the Rebellion and Default, so you can still use your mind to outwardly change yourself, that being how the mind spirits live. But for the spirits in the various hells, they are for that time at least, closer to the truth of their true state, which is as you say, what they come to understand through their Healing.

James: So the mind spirits are really working to avoid the Law of Compensation, doing all they can to avoid it by using their mind to ensure they are 'loving' and not hurting other spirits, even though they are still actually hurting themselves because of their unloving states. And so really I guess it's the Law of Compensation acting on them by default that is making them, and so controlling, the mind worlds.

Nanna Beth: Yes, they are still hurting themselves, and even others by default, but not enough as adults to warrant activation of the Law of Compensation, even though the Law is actually working all the time. So yes, the Law determines how we are, only in the mind state you have to use your mind to keep it from inflicting pain on you, by not inflicting pain on others, thereby inadvertently advancing your wrongness; whereas in the Healing worlds, it works for you helping you bring up your repressed feelings, and all the hidden pain within you.

James: And what about Dante's Capital sins: Pride, Envy, Wrath, Sloth, Covetousness, Gluttony and Lust – and all the Catholic levels of having to compensate for each of them?

Nanna Beth: It's just imaginary James, their fantasy in keeping with the beliefs they've constructed over the years. For as you know, your Healing takes care of all those things. Certainly they are all part of our wrongness, and need to be brought to light if they are part of your pattern, and they will come out with all the feelings involved; however, like all you go through, if through them you've hurt others inflicting your will over them – against their will, then you'll have to compensate for that by feeling that

amount of pain you've caused the other. But it's all pain, it doesn't so matter where your pain is centred in the end, although of course you have to see all the parts of yourself; however, you can live in your home in your appropriate healing Mansion World, doing your Soul-Healing and growing in truth, without the need to go anywhere else. You don't have to spend long times in the abyss and eternal darkness of hell, traversing the Inferno and Purgatory on your way to Paradise.

James: I read a channelled message from a spirit years ago which talked about how at the entry stage into their new life in spirit, many of the Catholic spirits have to climb this huge stairway, I guess like in Dante's Purgatory, so as to repent and pay penance for their



sins. With the length, duration and arduousness of the climb being reflective of the amount of their sin. Does that sort of thing still exist?

Nanna Beth: No, not any longer, things have moved on. Spirits from the various religions come over into their arrival wards in the sectors of their religion, where they wake up and are attended to by those of their kind – of like belief. Then if they are to endure the Pains of Hell, they will be taken to the lower worlds to do their time; and if not, they mostly carry on fitting into the society of their religious sector. However very quickly, a lot of those spirits of the various religions that are not real adherents, only partial or part time participants, yet still over-all believers, drift or move away from the cloyingness of the intense religious sectors and all their piousness, into a more secular life. And then there are all the usual struggles of trying to bring back into the fold those who drift away, which is now where all the mind spirits are more focused as they have such time to spare to devote to such purposes owing to our thwarting their control over their adherents on Earth.

James: Are you seeing any real change on Earth because of you Celestials stopping the heavy mind spirit control?

Nanna Beth: We are, certain cracks are beginning to show. Certain main controlling figures are beginning to wonder why they are not feeling as inspired as they used to feel. Some are thinking they

are getting too old for it and are retiring, others are making up more stuff using their own mind to fill the gaps, so overall there is a slow decay, which will steadily gather pace.

In a few years from now, a lot of people will be brought to question their faith, and because they won't receive the unseen support of the mind spirits, will be disappointed and find it wanting, and will be open to new things. Their religion will no longer 'do it for them' and so their 'faith' will wane.

And that is to continue, for there is as I've told you, not going to be resumed input from the mind spirits anytime soon, not at least for a 1,000 years. So within ten years there will come serious change, a real shifting within humanity of religious loyalties. Much more questioning, much more madness and nonsense as people make up stuff trying to make themselves feel more secure, yet also more real true seekers, people who do generally want answers, and ones that resonate with their feelings and not their mind.

James: With these people being the one's John will want to reach out to?

Nanna Beth: Yes; to alert people to other possibilities, to show there is another way, and one that would be better for you, one that is much more about doing your own spiritual thing with God and so without the need for a mainstream religion. People feel secure in their religion when it's all they've known, but what do they do when their beloved religion no longer makes them feel secure, and even goes the other way making them feel scared? And the pressure to change will build, it will be relentless and coming from all sides, including from the unseen and mostly unknown Celestial spheres.

James: Thank you again Nanna Beth, that was great all you said about the Hells, that puts them more into context, understanding what it does, as we know, all exist for us to see the truth, and the pain we're all suffering is only because we're stopping ourselves going with our feelings to reveal it.

Nanna Beth: I'll leave you to rest and read through what you wrote. I'll be here if you need me at any time. I'll also be here helping you edit and proof read.

BREAKING POINT

Thursday, 17 August 2017

Crystal to: Helen;

As you know I hit a breaking point today. I know if you had not wanted this email sent to Poseck and Kohler it would have been intercepted.

Dr. Poseck; (Email sent to Dr Poseck by Crystal)

Please inform your government that they can call their princely Ambassador at Large w/o Portfolio, who has been 100 feet away and pretending to make contact with Mr. Ramler, home.

If the Chancellory thinks sending him here to pretend they have made an attempt at contact with me, while ensuring its impossibility, will gain any leverage they are quite mistaken. No one can be in this small town for three weeks and not make contact if that is what is truly intended.

I hope he had a nice honeymoon, though the Marquette Hotel would have been the better choice.

Respectfully

Anyway, I just couldn't take the deception anymore. I don't know who is conning who but clearly someone is playing games. The prince tried to justify non contact with cultural differences, technical problems and distractions. I don't care!!! My hit list is getting bigger by the minute.

I know you will help me make sure everyone gets paid, but there have to be consequences to their actions. No wonder Trump, Putin, Rothschild, etc., thinks they have a free pass to destroy everyone and anyone!! The 'little people' sure get held accountable for all actions!!!

By the way, Ellie starts classes on Monday. I am very proud of her!!!

Now that I have blown a gasket, now what? Without the Milverton Papers I have little real leverage.

Thanks for allowing the vent.

Crystal

Helen: It wasn't a problem Crystal. It was good that you followed through on your feelings. Vent all you can to James or anyone else who will listen to you, including to me in your private time, understanding that you are venting your bad feelings so as to allow them (your feelings) to keep having their say. You don't need to project and take your anger out on the Germans or anyone else, however a little as you have done is not going to do any harm.

The Prince was on a fact-finding mission to determine if you had deeper contacts with any hidden agency, as we've talked about, and finding that you don't, completed his mission.

And as we told Joe, the contact you are waiting for will come in due course through Barbara Mueller, it is to be a woman-to-woman thing. And it will be women who'll help you all the way along. The men, (there will be some good one's too) mostly will only stand in your way and delay things, usually because of being inept rather than deceitful, whereas the women will want to get things done.

And I know it's agonising for you Crystal, but there are reasons for the delay which are going to help you in the long run. Each delay is having an effect upon you which is as it's meant to be, only you can't see or know what that is, as you're not meant to. However in future you'll be able to look back with hindsight and understand, such is the way of experiential life. But for now, just keep honouring your feelings as you are doing, and understand that you can't do anything wrong so far as thwarting the process. And even if something you did caused further delays, then that too will work eventually in your favour as it means life was not meant to go along that path.

Your messages have been received by the Germans and they will consider them over the weekend understanding that they can't delay any longer. And they feel happier now that they've looked into your background and found that it is only you, even though they fail to understand how you do what you do; yet still, that will ease their worry making them be more forthcoming.

So things are going well, although you don't think so and feel bitterly frustrated. And we are constantly with you, so we're more than happy with all you are doing.

The Germans, Horst (Kohler – past president of Germany) and Angela (Chancellor Merkel) and others on their side, are very worried that there will no longer be a Germany in twenty to forty years, with its independence and individuality eroded to the level of being something that 'used to be called the real Germany' and with what is Germany being just a blend called the EU (European Union).

The hidden controllers, who are the ones involved with the SI (Solid Investment) money, are looking to destroy the sovereignty of all the European nations in favour of this super-conglomerate that becomes all but stagnant and just another mega-company of theirs. And with what Lord Milverton will provide you with, will arm Angela and friends with the way to destroy this over-control, setting the EU countries free, giving them back their statehood and national identity, allowing them to be self-determining and choosing for themselves if they want to keep any of the parts of the EU, rather than having it thrust upon them, as it was.

And we, through you my dear, are going to work into the position of undoing such hidden control, thereby liberating the world from such tyranny.

It's our Grand Plan, and no one other than you knows about it, and you do now because I am telling you. However it is necessary as part of liberating humanity from the controlling spell of the Rebellion and Default, so it's a higher spiritual move, which will be played out on the material level. And we are working to empower you for the role you'll be playing. So all these setbacks are part of that, they are empowering you, giving you an inner strength which will be what you use to 'get the job done'. And it's not that it will be such a struggle to for you, with endless setbacks like now, but it is a light that is developing within your spirit, unseen by mortal eyes, yet unconsciously recognisable on more subtle levels by everyone who will come your way. And with this inner light, you will draw to you those people who are to be with you, work for you, be on your side, whilst at the same time, repelling those people who will be against you and only get in the way.

As you can see, there is far more to this than what I am telling you today, and I am only opening the door a crack so as to help you understand why it's been so important for you to feel so frustrated with all these checks and setbacks.

And the other thing about this inner light that I can tell you, is it will be your protection going forward. It will act like a force-field warding off the unwanted. Certain inner 'adjustments' were

carried out within your spirit body when you were recovering from your accident, your angels took the liberty of your 'down time' to work a few inner changes, all of which will help you in future. These inner adjustments could be likened to when John underwent his version of them, his 'burning hat band experience' (in 2007 over 3 or 4 months!), which has allowed him to be able to effortlessly embrace the new spiritual truths being revealed by Marion and James. However your inner adjustments are to allow you to achieve that which you will, using your unseen inner spiritual light, and it's a light not so much because you are so spiritual, but because you are to be empowered to carry this light so as to shine it upon the darkness, which will wrest control away from the hidden controllers putting it back in the hands of people like Horst and Angela. They do want the best for Germany, yet can't do anything other than just say yes to what they are told to do, putting on a brave face, yet feeling completely powerless to affect any real change. And the fact that they can't say no to allowing all the refugees and so terrorists and Muslims into their country is really hurting them seeing what damage is being done.

So as you can see, there is a little more to all of this. And I know it's annoying that we can't be more forth coming with you, however we too have restrictions still imposed on us concerning the amount of information we can reveal to you. Still, time is moving on and things are changing in your favour even though you can't outwardly see them.

So part of this delay time is allowing Horst, Angela and their supporters time to prepare for the difficult times ahead for them, which they don't as yet understand, yet intuitively feel are coming. For in their minds, something has to happen, or else they will just go to their graves knowing they were pathetic, complicit, puppets and nothing else. And they have far more integrity than that, yet don't have the bigger picture as to see what needs to be done, how to work to set Germany free. And that is all part of where you come in Crystal, and why the SI funds are so important. And what does a crystal do – it's a conduit of light, of light that can shine bright if used in the right hands.

I'll speak to you soon – love Helen.

James: And Helen, you want me to send this to Crystal? What if I'm just winding her up with all this extra stuff, putting more pressure on her, when nothing is going to happen, the controllers are too well entrenched, they've had it all their way for so long, they know what they are doing, and if anything, will surely just keep all the money and stuff everyone else. They are about to bring about their End Times spectacular, trash the system and make off with all the loot to bring about their Paradise on Earth, and how is one woman going to change all that?

Helen: Yes James, please send it to her. She will understand. It will make sense to her, part of what she has been refusing to acknowledge, yet it's time that she takes it seriously. She understands there is even more to all of this than just the payouts, because why would she go through it all, why has it all happened, all the millions of incredible link-ups to keep her in the picture and with a fighting chance. She intuitively knows something more went on inside her after the accident, and so now I'm telling her a little of that. What I have told her will help answer some questions yet also add more, however that's just how it is.

The world is coming to an end, yes James, however not in the way the hidden controllers have planned. Certain events have happened that have taken, although they don't understand it yet, power out of their hands, and they will become incompetent and fearful for their lives. The tables are about to be turned on them, and Crystal will be instrumental in this with the Germans and their friends. There is to be a complete power shift in the world, it is the END of the Rebellion and Default. And so all the power structures used to keep it going on Earth are to end, along with those who have been in control, losing that control.

And as we've told you, the first most significant and major move, which had to be done before anything else could happen, was the shutting down of these hidden players power source, which was their guiding, overseeing and controlling mind spirits. They had very tight knit groups in seclusion in certain walled-off (by using their minds), sectors of the mind Mansion Worlds in which they plotted their way through the centuries carrying out their Grand Plan. And most of the mind spirits who were onboard were people who themselves were instrumental elements in this plan when they were alive on Earth, so upon death, moving to carry on the 'good work'.

Yet we have closed down these spirit to mortal networks and direct communication links; although I should say, some of these communication lines we've stopped altogether, whereas others we are keeping open, yet we are the spirits now feeding the hidden earthly receivers the information we want them to have, so setting them up for their demise, unbeknownst to them.

And we have full rights to do such a thing because the Document, that is the Law of the Rebellion and Default, is being rewritten quite quickly currently, with the end result being that the Rebellion and Default are written completely out of it. However that is to come, and in the meantime so we can set about altering the very structure of life on Earth, which all hinges around depowering those who are in control behind the scenes.

And it doesn't matter James whether you believe it or not, you can feel it yourself, and I know you're only playing Devils Advocate to see what else I will say, and also to work your own mind into accepting that which we have been telling you. And that is what you need to do James because you are changing just as fast as the Document of the Rebellion and Default, and so there's a lot for you to get your mind around as well. And as you know, we're using Crystal and John's involvement to tell you what we want you to understand too, because we are to work with you and Marion, which all of this is a part of.

So to conclude, it IS the **END OF THE REBELLION and DEFAULT**, and that is HUGE James, as you well know. Yet bigger than you still understand. And I know you can't fathom it just yet, or fully accept it because you are still of it and not as yet free of it, you still have more personal Healing to do, however it's all part of you ending the Rebellion and Default in yourself – you and Marion, which is also the ending of it in real life for the whole of Humanity. So humanity is to be unshackled from its hidden controllers who were in the spirit worlds, the instigators of it and the mind spirits who took over from them, all so each person can then independently think and so choose for themselves if they want to end it within themselves by doing their Healing, or keep it going. But either way, they are to be free to make their own choice and live it, without the ever-present insidious over-control from the hidden controllers. So we are working toward giving people that choice.

James: Thank you Helen, and I'll send it and see what Crystal says about it all.

The thing is, having just spoken with John on the phone, I don't want to lead everyone astray on this magical mystery tour with Helen and Nanna Beth talking all this stuff and nothing ever happens, showing me up as just full of shit and it being nothing more than my own delusional fantasy.

John says, from what I understand, that he's more than happy to be part of the fantasy and he'll take it all and decide what he wants to do with it; and so please Crystal, will you tell me too if you think I'm overstepping and you don't want it anymore. Because if you are happy to have whatever Helen and Nanna Beth come up with, I will keep going. I feel I'm crossing over the threshold within myself, it's all building up for me in the spiritual areas, taking me into new areas within myself; yet still, because

I've got so much shit left in me from my fucked parenting, I doubt it all, thinking I'm blowing the biggest fantasy bubble ever in the history of humanity.

So if you both want to go for a ride with all my stuff, I'll keep answering your questions and writing what Helen and Nanna Beth say, and we'll all see what happens. The difficulty being for me, is that there is no material substance to it, there's just me, even Marion says I'm on my own in it, she only attending to her own Healing and not wanting any part of all this other stuff. So nothing is directly saying, yes, you are going the right way, which is all part of my Healing, because how do any of us know we're going the right way when we're all about being wrong and going the wrong way? So I will keep building the picture with the spirits help, until there is some material connection, and should that ever come, then I will be completely amazed. And if it doesn't come, then surely at some point you will tell me you've had enough and to go away, or I will just blow up.

Later – James: Having just talked all my worries over with Marion, I suddenly saw the truth of a huge part of myself, why my life has been so fucked and nothing, how mum controlled me to the nth degree; there it was, fuck, I've been trying to understand this part for years now, so much I've worked through to do with it, working back into it, and tonight, finally, BINGO, there it is, I see it! I REALLY DO!!!

I still feel semi-demented about all the stuff to do with what's said above, but I feel elated and ecstatic about seeing this part of myself – finally! Fuck yeah, I see it, I can't believe it! And it all makes perfect sense, how she bound me so completely to herself, and the fact that she DID DO IT, I've not been making it up, it explaining so much of how I am in my yuk.

I had to add this bit, I couldn't help myself.







