

PASCAS WORLDCARE

Against the Odds breakthrough

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Volume V



“Peace And Spirit Creating Alternative Solutions”

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David Higgins in Central France: Messages from wife Veronica: Monday, 25 December 2017

Hi John.....seasons greetings to all the family with love from Vron and David.

John, David is very ill and in intensive care at Jueret Hospital (Central France), he's been unwell for approx three weeks.

Yesterday he was diagnosed with salt in his blood.... today we will know more, I will let you know.

Love to all Vron. xxxxxx

Tuesday, 26 December 2017: Hi John..... David's situation is very serious.

He also has blocked kidney, bladder infection, and calcium in the blood.

He's hooked up to many machines.

He doesn't know me, my sweetheart is so ill John I am afraid for him. He is in intensive care, excellent doc's and nurses tending him.

Love to all Vron xxx

Wednesday, 27 December 2017: Hi John..... no change in David..... yesterday he had a MRI scan, will see the result today, also more blood tests..... they're also asking what countries he's visited during the last ten years..... will let you know Vron

Thursday, 28 December 2017: Hi John.... no change with my darling..... checked him for kidney stones, etc, also tested his sternum, his calcium level is extremely high, not good at all, 50-50 chance of recovery..... still doesn't know me..... bless him.....Vron xxx

Friday, 29 December 2017: Hi John..... David has either cancer in his lungs, or something else I'm very worried about the biopsy. At least they have found something..... Pour love.

Saturday, 30 December 2017: Hi John..... thank you for Lucia message will send mobile number,..... yesterday, a brain scan was done as David is not responding to anything, today we will be told the result..... I can't take all this in, truly I can't, my sweetheart Vron xxx

Have not been able to contact Jason, he's off line, probably in Thailand.....

Nanna Beth maybe able to help..... I feel I know her also Kevin,..... not able to string two words together or at least make sense..... for three months I have done my feeling healing and soul healing, it's a great comfort to me, David was thrilled for me as I have been looking for Pascas.....

Going to the hospital soon..... love Vron xxxx

John: Nanna Beth and Kev are on the case. Just ask your angel friends to help out – David is ready.
Love John

Veronica Higgins: They told me to go to the hospital, I did what I was told..... I truly believed them, I feel they are around us.....Vron xxx

Sunday, 31 December 2017: Nanna Beth – 3rd Celestial Heaven: Yes John, we're all in attendance, and all is being done as well as it can be, however you understand that that might not be in accordance with what you on Earth all wish for. However you can also know, that all that happens is right for all involved. The whole experience will lead to other things which will affect you and all that's happening, which I know sounds like clichés and all that's obvious, however that is as it is.

You can advise Vron to keep staying with the worst of her bad feelings, expecting the worst, staying on the bottom line, expressing the worst to God, to us spirits, to anyone who will openly and non-judgementally listen. Allowing herself to plunge down into her darkness. This will be the best way she can help David on more subtle levels; as well as attending to all she can do, within her limits, on the physical / material level. And when she can, to keep longing for the truth she is to see through her feelings, however if she feels too upset to concentrate on this, just to try and stay with all the feelings she can. And the more of the energy, the emotion of them she can bring out, the better it will be for her, even though it will be very difficult and painful.

Our love is with you all. David has attending spirits and his angels with him, you all have; all ensuring that what is best for him so far as what his soul wants – what God wants, will be done. Nanna Beth.

Sunday, 31 December 2017: Hi John..... my loved one has bone cancer, his whole body, his brain I'm desperate..... still in intensive unit..... all they can do for him is to make him comfortableVron xxx

John: Long for and ask your Angels for assistance please. Yes please, ask and long and scream for assistance.

Vron: I'm so confused, I have a flight for the 8th back to the U.K. I feel I have to take it, I have no money here..... the house is far too cold..... I will do my best to get him into a hospital, he needs constant care..... we are so far from home..... he's in a coma.....

Vron: My feelings are I must go..... see what I can do... the return trip is 10 days I think David had arranged it a few weeks ago..... he will be well looked after in hospital..... they are excellent.

John Doel: And then scream some more. Go with your feelings. Stay with your feelings. Shit, this is difficult. Beg your Angels for assistance, they NOW can help. They could not before. This is what this journey is about, however, I did not want to have it so much in our face.

Veronica: My feelings are I must go..... see what I can do..... the return trip is 10 days I think David had arranged it a few weeks ago..... he will be well looked after in hospital..... they are excellent.

John: Then stay with your feelings – this is just bloody dreadful. We beg for assistance.

John – 2 hours later: Hi Veronica, something is very possible.

Veronica: Tell me please

John: The circumstances for this have been coming together, it has never happened in 2,000 years, but, if my observations are almost right then we are possibly there – it is not confirmed, but it is certainly coming and it is what these changes are going to make possible.

To go to the heart of it. When you chat to David – yes he hears you and very clearly. Firstly ask him if he understands that the Feeling Healing process that you are finding so freeing and beneficial is something that he would explore and embrace should he have the opportunity?

Then wait for your feelings. When you feel this is his desire then ask him to ask for the opportunity to engage and commence the process of his own Feeling Healing.

Then when you feel that he understands what you have asked him to consider then YELL at him to ask his beautiful Angels to assist him to have the opportunity to commence his journey with Feeling Healing.

He can ask through his spirit friends who he now is connecting with. They will walk him through what he has to do. Oh my God, just allow your feelings to allow him to ask in the manner that unfolds for him to commence the process of Feeling Healing.

I think everything else is in place, yet not confirmed and certainly not announced.

Just whisper in his ear and he will hear. Ask and ask him again to consider your guidance. You are ready and in this he will understand.

Veronica: Does he have his journey into spirit planned yet?

John: Something beautiful is unfolding – I have no idea what. Either way, he still needs to be asked to consider these questions, if you please.

Veronica: I will be visiting him tomorrow.

John: Please pass on a big bucket of LOVE from me and Carolyn. Oh, you can talk to him in this way from your chair or resting area at home.

He has told me a number of times how incredibly happy he was for you, that you had discovered the understandings and joy of being free to bloom with the gifts of the Love and Feeling Healing. I felt that he was only a little bit from embracing all that you have realised.

I get the feeling that there are some super big Angels with him – now to get onto the next phase of putting the options – the way forward to him so he can make his own mind up.

Veronica: I have been talking to him telling him to do what I am thinking and the Feeling Healing asking for Divine Love from our heavenly Mother and Father..... do as I tell him, his angels will help, not to be afraid, my heart is with him.

John: Then one step more – ask the Angels for the opportunity to be able to engage in his own Feeling Healing while he is in the physical. That is what he has to decide. That is, to commence to do it now in the physical. Should he do so then he is gifting himself and demonstrating to others a major change in circumstances for all. If it is not to be so, then that is not to be so, and he will then do so in spirit.

Veronica: Angels please ask my darling to begin his feeling healing while still in the physical to commence it now.

John: Now to ask David to ask them also.

Veronica: I'm shouting with all my heart

John: I am glad your neighbours are far from your home!

Veronica: About a mile....."

John: We give the old guy a big hug. I am sending you the writings on Angel Assistance. I am sure you have all the bases covered. This is a massive change in circumstances, now to see if all the other aspects have unfolded to enable this to take place. You have done your part and you have done it enormously well. Rest easy and sleep well.

Cheers for now, John

Veronica: Love to you John xxx

James: Shit, poor Veronica, she's plunged in the deep end having started her Healing. It's such a comforting thing to begin with, and now look what happens to her. God, talk about tough, full-on, a huge test or insight to start with. Have the plug pulled and up comes all your deepest worst sorrow and anguish. I get hot, scared and breathless thinking about how terrible she must feel.

Tuesday, 2 January 2018: Hi John, David still in intensive care, yesterday I was unable to see the doctor, made arrangement to see doctor at 3p.m. today.

Wednesday, 3 January 2018: Hi John.....wow my darling had his eyes open today.....and.....had yogurt twice today.

So lovely.....and he spoke to me.....a prayer answered.

Thank you for your support Vron xxxx

John: This is wonderful. I do hope he gets sick of yogurt and demands one of his favourite meals!

Kindly keep feeling and longing him to embrace Feeling Healing as you do. His Angels can assist should this be his soul's wish.

Thursday, 4 January 2018: Hi John.....we were called to the hospital at 2a.m. David started to loose blood, bleeding internally, he has hours, maybe a couple of days.....such a shock after seeing him yesterday.....I'm destroyed. Veronica

Same day:

Hi John.....my darling has passedI have no words to say how I feel.....I loved him deeply....vronxxx

Friday, 5 January 2018: Hi John....thank you for your lovely message from you both.....

Today we saw David placed in the coffin.....his funeral is tomorrow at 9 a.m.

Love Vron

COUNCIL of ELDERS

Sunday, 31 December 2017

Note from James

Following on from our phone conversation regarding the Council of Elders, really I think if anything it will be Marion and Samantha and possibly other such committed women, with myself being with the boys mucking around with all the material stuff, as the women get on with the real spiritual work of keeping everything – themselves – true. And that if anything, as it has been, I'll be causing Marion more grief, as she has to plough her way along having to put up with me and all my shit, and then still helping me if we're still together. I'm too much of a dumbo with so many serious problems. So if you were to inflate my ego by telling me you like the book, it's poor Marion that then would have to put up with more shit from me; and if she could be bothered, having to deal with it by deflating me. It's been very hard for her, and she wants everyone to understand what she's had to go through with me, just how bloody trying I've been – just as it's been hard for me too. She feels at times like she's on the receiving end of male talk, that she's the harridan, the nasty controlling 'bad mother' woman, always being a pain in the side of the man because of continually pulling him up and telling him off. But it's not that way at all, I'm the pain in her side, she having to put up with all my shit; which were she to have a choice, wouldn't want to. But as neither of us can leave and go off with someone we're more suited to, so we're stuck with each other. I've gone a bit more here about this, more for the record than for you personally John, all because of things Marion and I talked about after the phone call.

It's all so weird, I feel so weird, and yet right on the brink of possibly things – something? – starting to unfold this new year. I can see that we've all needed the year to work through stuff bringing us to certain levels of awareness and understanding, all in our different ways, and as to whether we'll need yet another year, who knows, but which I hope we don't, as you are saying, it being too hard, and wouldn't it be great if it moved onto another level. However, as I never get anything right time-wise, I'm not holding my breath.

And yes, I too hope next year is not as bad as this one, which is what I've been hoping each year. But for you, with all you've had to do with integrating and understanding my stuff and then the ongoing dramas with Solid Investment (SI), you've really been worked hard – how many of my books have you read, let alone all the messages from spirits. So it would be good if the money side started, for at least you'd be more familiar with all of that; comparatively you might be able to kick back, putting your feet up and breezing through it all. Plus it would be a weight of one sort off you, yet possibly another weight descending...? But then again, at least you've some good support with other people shouldering more of the burden, whereas with the spiritual stuff, you've pretty much had to take it on just yourself.

James

PASCAS MULTIMEDIA TELEVISION – MULTIMEDIA MOVIE CITY

Hi John,

Sunday, 31 December 2017

These thoughts came to me as I was musing over the notion of having a creative TV channel. I've written them more for myself and to see them on paper, however I'll send them on, so you can see what you reckon too. I just jotted down basic notes. I image you've already got a series of papers on this sort of thing – lol.

I think it was an exercise to broaden my mind to other possibilities.

LOVE Religion of Feelings TV network – channel

(including Youtube and all the other internet stuff, social media, websites etc.)

Religion of Feelings revealing the Truth of Life.

Revealed Religion – tying it in with TUB (The Urantia Book)

If possible – ADD FREE

Donation? (not necessary)

Programs – different types:

Prayer for Divine Love (DL) course – how to pray, why pray, God, who what is God, how find, relate to God.

Feeling Healing (FH) and Soul Healing (SH) – what are they – how you do them, why. Feeling Healing (FH) introduction – course.

Speaking with spirits – course.

Interviews / documentaries / demonstrations – spiritual, religious, new age, tarot, healers, clairvoyant, astral travellers – all odd and alternative things, pros and cons with reference to or tying it in with Religion of Feelings (R of F).

Divine Love Spirituality (DLS) – all different topics to do with it, discussion, debate, compare with other systems.

Speaking with Celestials – Spirits and their lives, what happens in spirit, doing Healing, advancing one's mind. Readings or documentaries based on Nanna Beth, my writings, etc. Q/A about: DLS and FH and Ascension, Rebellion, Default, Childhood Repression (CR), Death – demystifying death, how to morally live, Truth – living God's will, sins and error, being evil, life after death – what to expect, cosmology, soulmates, soulgroups, Celestial / Mansion Worlds, Great U-Turn, Pascas Papers, no reincarnation, etc.

Books, reviews, Alice Miller, Barbara Brennan, Readings from Padgett Messages (PM), The Urantia Book (TUB), Speaking with Mary Magdalene and Jesus, novels, etc. Information about Divine Love Spirituality (DLS) websites, Religion of Feelings (R of F) website, join mailout newsletters, other sites associated, etc.

Plays / movies / serials (spiritual adventure of Ariel as she goes to different spiritual systems and religions interviewing people, pointing out differences with Religion of Feelings (R of F) – all usual television stuff based around R of F and Divine Love Spirituality (DLS) themes

Only Good News program, nightly, current affairs / conspiracies. (No bad world news?)

Financial advise / investment corner – basic – to complex, money management.

Polls – people can text in Yes or No. Referendum. People can submit topics. Ten minute segments between programs, introducing Poll, how to text yes or no, comment on yesterdays / last week poll. The People's Choice / The People Choose / You Choose.

Entertainment: Arts, music, theatre, small segments? crystals, hand made Jewellery, clothing, fashion, food, pets, etc, segments between programs or whole programs / series.

Organics / food and health, farming, how to grow veggies, natural indigenous plants.

Psychology:

Childhood Repression – interviews, filming of group therapy sessions, one-on-one based around Feeling Healing (FH), how it all relates to childhood, all our problems, health, happiness, love.

Children's programs, based around spirit stuff:

Parenting programs – examples of bad parenting – supermarket, film the event, then commentary about why it's bad.

Schooling programs.

Birthing – about, what to expect, interviews, experiences.

Relationships – Love, relationships, sex, why good and bad, tie with Childhood Repression (CR) and Healing.

Health – medical / complementary / Feeling Healing (FH) – what happens at a Pascas Care Centre.

Old age, dying, hopes / fears, illness, creation vs burial programs about all that's mostly taboo. Things we all have to deal with in life.

Other shows, comedy, general entertainment, sport? Movies – Sage, plays about spiritual stuff, musicals angels, etc.

And anything else that generally helps people understand themselves, their lives, each other more, all introducing a higher spiritual perspective, all aimed at introducing the importance of feelings, and how we can help ourselves through them. Keeping it real. James

Pascas MultiMedia – Movie City

2 January 2018

Ah yeah, I remember you showed me some of that, if not all of it. I forget so much, my brain feels like it's scrubbed clear every day. You've certainly got it all ready to go, god what a document, you've got everything in it. I'll just keep thinking about writing scripts, I've a few plays floating around in my mind – plays, ha, can you believe it, I've seen about three in my life, I borrowed a bunch of them from the library to get the gist of how to write them, so if they keep pressing I'll write them and see what happens. I've also got a movie based on the Healing. There's no end to it, and perhaps that's how my life is going to be, just mucking around in my imagination forevermore and never really getting anything done on the material. James

1983 was the commencement of committing to the GREAT U-TURN Saturday, 6 January 2018

Note from John: Hi Nanna Beth and Company

Welcome to the year 2018!

I have been bold over by the stark realisation that I have been totally working on the Great U-Turn project full on since 1983. Direct focus upon a major hospital project with satellite health clinics commenced in 1983 and the rest has been unfolding at express speed ever since.

I do recognise that I am doing what my soul wants me to do and, really, there is nothing I can do about it but keep typing on, and on!

I have started to review the Pascas Papers that I have reviewed over these past handful of months and, again, I am stunned by the amount that has been revealed within the intervening weeks. The understandings just keep expanding and expanding, all very subtle yet at lightning speed. How can anyone grasp all of this.

And then I have just read James' two latest epistles – beyond books!

Religions of Feelings 44 pages Map of Consciousness calibration 1,500

Divine Love Spirituality 201 pages Map of Consciousness calibration 1,500

Religions of Feelings calibrating at 1,500 was no real surprise – but Divine Love Spirituality at 1,500!!! Really. Part A calibrated at 1,500, not 1,499 or 1,501 or some other number, then Part B calibrated at the same level – 1,500. Then the whole manuscript calibrating at 1,500. Jim and I were amazed. Thank you Alex for doing the Math. And thank you again for having fun with Jim and I as we muscle tested our ways into this phenomenon.

Really James, no human can write such material. Yes, I know you did, and I mean that it is you that wrote it and no one else – it is not possible for such personal writings to be of such profound levels of truth as has unfolded through your pen!

So moving right along. David H's rapid health decline and departure to the spirit worlds has bowled me over. Just a staggering week. I have no idea how this will unfold and for his family, especially Veronica – this is traumatic. I would appreciate Kevin providing us with an update when David starts to find his new sea-legs please.

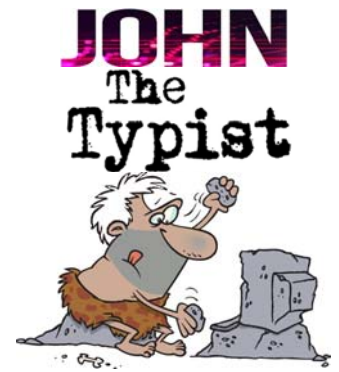
Well now to the trigger to Earthing all of this. Courier Brian has dived into the drink bottle now comprehending that his love of his life has escaped from him. Courier Anna has told him that she no longer will have anything to do with the delivery and not to contact him again. He was depending upon her to do the texting of messages to Crystal. At last, the distraction has left the scene. He is now drowning his sorrows. It does feel like he will reserve a specific table in the hotel restaurant for a couple of hours, have Crystal meet with him and complete the handover. He will then fly himself to his home, where ever that is, and commiserate his loss of his lady.

Well, all I can say about all of this is that I have absolutely no idea what is going on, no idea how to arrange or do things, no idea as to what I am supposed to do, and even less of an idea as to what and

how anything is to be done. Just go with my feelings, have breakfast, go for a beach walk and mow the lawns!

Love, John the typist.

Nanna Beth: Your last paragraph John is what it's really all about. That is the true state to be in with your feelings leading you. To have no idea, and to admit that you don't, to not try and have anything, any say or any control, that is perfect. Stay true to that state, and you'll continue to do what your soul makes you do. Which is what you've been doing all these years, as you say. And as to why you are doing it, well, that is the same, you are not to know it all up front, the understanding will unfold with all the turns and twists. And all I would like to add is, it's only just getting going, so far as how many 'out of the blue' twists and turns are coming your way. So it's more of the same of what's been happening, and as long as you are honest with your feelings saying this is how it is and I have no idea, then other people can make their minds up themselves not being influenced by you, and along it will go.



James is going to send what I wrote with him late last night. He feels okay about sending it now. He talked through what his troubles about sending it was with Marion, it being that he doesn't want to hurt anyone and doesn't know if what he says or even doesn't say, will inadvertently hurt them, when he thinks he's trying to be nice, kind or helpful. His parents took his own natural knowing where he stands in the world so far as people's and his own feelings are concerned, away from him, making him wrongly believe that how he is, is loving, yet so much of his actions and words are not, as Marion helps him understand. So he's hesitant in sending such material and upsetting people when he doesn't want to make them feel bad. However as Marion said, you can only do what you feel and see what happens, and by staying true to the feelings that result and working with them, slowly he is wending his way through such experiences. So he will pass on my message to you.

And as I said, we will keep you and Veronica informed with what **David** is doing. He is going to be present standing with his arms around Vron at the funeral, there will be lots of spirits present on both sides of the family to support her and the others present.

He is feeling a lot more stable, and is eager to get on with his new life, to explore it over here and see how it compares to how it was in the physical. And he wants to support Veronica in her endeavours to keep working with her feelings, he too learning about it from her as much as from the help he will receive over here, so their connection should remain close and secure for the time being. There will come a time however, which he will know, when he will want to get on, moving into the third Mansion World and doing his Healing, but that will be in a little while as first there are other things he'll want to do in the first world. Anyway, he'll be able to talk to you about such things. And on his behalf, I would like to invite Veronica and yourself John to feel free to ask questions of David through James. And speaking for James, he is happy to do this, and other things will come of it, so it will be good for you all.

Anyway, we all await the coming twists and turns; and John, just keep allowing yourself to say 'I don't know, I don't have a bloody clue' and even if that's all you say, because that's the right state of mind to be in. Then all that will need to happen will happen.

I'll talk again soon, Love Nanna Beth.

James: I'm glad you love my writing so much John and it calibrates well for you – LOL. It'd be a bit of a worry if it didn't – eh, then I might have to admit that I too don't know what I'm doing or saying – god

forbid. So at least they'll be able to bury us together and we can share the same tombstone with it engraved – "I don't know what to do, I don't know what any of it is about" – ha, ha. That's all I say all day long too. And every time I think I know – crunch, wrong, admit I don't. Oh yeah, and also: 'Keep on typing.'

I asked Nanna Beth whilst I was typing with her if she or Helen had anything further to add for you and Crystal about SI, but nothing was forthcoming... it's in the "I know nothink", wait and see, category.

DVAID H's TRANSITION

And here is what James wrote from Nanna Beth on Friday night:

Nanna Beth – 3rd Celestial Heaven: He's well, (David) he arrived in 'good spirits'. He's already adjusting to his new life over here. He feels very sad for Veronica, that she has been left in such a quick and uncaring way, and he wishes he could console her, however the fact remains, he is no longer there with her.

He will take time adjusting, as we all do. Few people come over prepared, because few people want to know all that death involves, seeking the truth of all they are going through anyway in life, with death being just another part of it. And a part that comes up from time to time, as it does with you, James, and Marion, even though you are not about to die.

We'll be bringing him to speak with you James as soon as he's adjusted enough to be able to deal with such an experience, and you'll feel when he's ready, and in the meantime he'll be wanting to spend as much time with Veronica as he can, this too being all part of his adjusting to his new life.

The whole transition is too intense, and even if someone adjusts fairly quickly, it still takes a long time to really come to terms with it, particularly on the feelings level. As you can imagine, there are a vast amount of feelings involved, and if you're not used to feeling and expressing them, then you'll lock down blocking them all out, which so many spirits do, seemingly able to swing easily into their new spirit life, all while they shut out and deny such deeper feelings.

So for David, because of his being more aware of such things, understanding his feelings are important, and although he can't and is not expected to cope immediately with them all, so he will need to give himself time to sort through them.

He has been received into a healing hospice, a place with other newly arrived, and where those of his family and friends can easily come and meet him. And very soon, once he has his feet on the ground, one of the Celestials will make direct contact with him and tell him about the state of things spiritually for himself, and a little about his relationship with Veronica as in why it had to end as abruptly as it did, and what he can expect from his new life in spirit.

And the Celestial will wait to see how he feels about it all. Many people, as you understand, are heavily controlled by their minds, however with such an intense and different experience such as death, and with all the up-rushing new feelings – good and bad because of it, that control can be severely shaken, which is all part of what needs to happen and what is good about dying, all so new feelings and a new life path can evolve – because that's what it's about after all – setting out on a whole new life. And doing so, whether you want to do it or not. So the sooner one accepts that it's the end and a new beginning, which is often much easier said than done, then the mind can settle down into it's newly adjusted controlling track, happy to deal with the new feelings being stimulated by the new environment.

Anyway, it will all go smoothly for him because of the work he did with Veronica before he left. He did enough to set him on his new path, which he'll tell you about himself James when he's ready to come to you.

And he might also decide that he doesn't want to visit you, and that too is fine. It's for him, as it is for all of us, to do as we please. So we're open one way or the other, and even though from experience we pretty much know which way he will go, still, we don't want to know for sure, we prefer going along with things as they unfold.

James: Yeah, I understand what you're saying. And what about Veronica, how's she going to cope with the terrible shock and loss?

Nanna Beth: It will be very hard of course, but she will cope. It's unlocking many deep hidden feelings in her, which she is having to face, either allowing them to be and going with them, which seems like they will take her into the depths of despair never to return again; or, to try and control, edit and selectively work with those more acceptable, reasonable, and what are to be expected ones. And if she chooses to abandon herself to them, then they will take her this way and that, good and bad, all very confusing, back into her early life, dealing with masses of issues, thoughts and feelings coming at her from all sides, as she also deals with the practicalities being asked of her.

And again we expect she will move deeper into herself through her feelings, wanting to go that way; however you can't always be so sure, other things might happen, it might all be too much, and we're not going to ask or find out what will happen, again preferring to allow things to take their natural course.

James: That's more what Marion and particularly myself are doing, not trying to work it all out, just see what happens, based on what feelings come up. I'm slowly giving up some aspects of wanting to know, as I no longer believe I need that power knowing gives me, even though it's all false and doesn't really give me anything. Should I send this to John, as no doubt he'll more than likely pass it on to Veronica?

Nanna Beth: It's one of those things James, it's up to you, how you feel about it – what you want to do.

James: Yeah all right. Thanks Nanna Beth. I'll speak to you soon.

Nanna Beth: Bye James. (And yes, John immediately passed it on to Veronica)

Pascas Care Letters WE ARE ALL BEING GUIDED HOME

Wednesday, 10 January 2018

Note from James

P1 para 3 NOTE: The second sentence doesn't make sense. Do you mean by 'ascending' that's what happens at death of the physical – the 'first journey; or ascending each of the spirit worlds? I think you mean death on Earth, so it might be better to say something like: When we die on Earth, we are assisted and escorted on our first journey to the 'New World' – the first Mansion World in spirit. Then subsequently we are again assisted as we continue ascending up through the other six Mansion Worlds, and finally into the first Celestial sphere. And following each move upwards and inwards, we are then free to descend and return as we please.

para 5 2 Note (and should it be Note singular?). I don't know if Jerusem is the principle city for the first three Celestials – is that what you got from TUB? Each Celestial would have its principle city... it's too much, hang on and I'll ask:

James: Nanna Beth – is that right what John said about Jerusem – how does it work?

Nanna Beth: Each of the Celestial spheres are stand alone spheres, so each have their own Principle, or as we call them – Home City, which is the administration hub and universal focus centre – Capital City of the world, if you like. Jerusem is the Home City of the first Celestial sphere. And is important because it's the 'stepping off point' from the Mansion Worlds to greater Nebadon, and so is considered the System Capital.

P2 para 3 fourth line, it should be ...non rebellious worlds.

And yes, Great last page! It all sounds so easy when you know what it's about, and it's so different from the religions as you say and other spiritual systems – so different; and we are being guided home, only first we're being guided off the garden path or up the creek...

And I realised from how you'd set it out, more how appropriate Marion's and my name are, MJ, being the same as Mary and Jesus – MJ, so Mary and Jesus overshadow us, which is right, as we are, in a lesser way, the same as them so far as revealing the truths is concerned, so it's right we have the same MJ. It's sure pretty nifty how it's all been worked out.

And

Infographic:

Could you please turn this into an infographic? Please apply that creative mind of yours. I've just written out the rough, feel free to add or subtract.

Connect with your deeper repressed feelings.

Live true to yourself; by living true to your feelings.
Long for the truth of what you're feeling.

Use your surface day-to-day feelings to connect with your deeper repressed feelings.
Express your surface feelings and your deeper repressed feelings to uncover the truth of yourself.

We all have feelings which we communicate and share with each other. And we all have deeper buried and hidden repressed feelings. Feelings from our early childhood we felt, yet weren't allowed to express. Feelings that are still within us waiting to have their say. Feelings that because they are repressed, cause us all our problems.

And as we look to uncover, bring out and accept these deeper feelings, so we're taken into new ways of looking at ourselves, our feelings, and our life. We're setting ourselves free of the controlling patterns that govern our unloving behaviour.

AVONAL PAIR LIFE EXPERIENCE

Thursday, 11 January 2018

The Avonal pair, because they have come taking on all the Rebellion and Default, are fucked, well and truly, as fucked as the Rebellion and Default can make someone. Which means, they are all but will-less, can't do anything in the world, can't make a go of life as most people do who are living

untrue. They have been beaten down to within an inch of their life by their parents rendering them complete failures in the wrongness. They are so wrong they can't even do anything in the Wrong, only subsist; and at best, live on the charity of others – the government – because they can't make any money themselves, living how everyone else does in their wrongness.

And all they can do is keep owning up to and honouring the truth of their fucked up state. So they keep having to admit they can't do it, are not able to do it, are totally fucked, completely powerless, useless fuckers who should be got rid off, extinguished and annihilated at birth, can only just get up in the morning and go to the toilet and do the bear essential life-sustaining tasks, all while they keep living true to their bad feelings.

Feeling so fucked, of course, makes them feel very bad – they feel very bad because they feel very fucked. So all they can do is keep allowing themselves to feel as bad as they do, as bad as they were made to feel, as bad as their negative unloving patterns keep making them feel; expressing their pain, as they bring to light the understanding and truth of it all.

And that is all they can do: live true to their pain by accepting it, expressing it – allowing their bad feelings to have their say, while wanting to know the truth of why they feel so fucked. And as the truth comes to light, so along with it comes greater understanding of their unloving state, of why they are wrong, evil, can't even have a decent life of pretentious false-love like so many people can have; why they are so powerless, useless, non-contributors to the wrongness of the world.

And they won't even be able to know or enjoy they are soulmates and doing their Healing together. As they have to come to terms with the truth that they are not loving, don't have any love or real feeling for each other, all because they are living in denial of such love and the comforting truth such love would bring. So accepting doing their Healing together, is really at best a working relationship, they agreeing to help each other uncover the truth of their unloving states. They are through their own unloving relationship to understand how all relationships are false, untrue and unloving, that being what everyone will eventually have to see about themselves and their relationships.

And as they become aware of the whole truth of their unloving, rebellious and fucked states, so, in theory, they are Healing themselves. And when they have uncovered the whole truth of their untruth, then they will be living completely true to it. And then (again in theory) the Mother and Father will move them, transform them, into being true – really true. Then they will be Healed, having finally given up their controlling mind and all their unloving soul-destroying, personality-repressing beliefs and behaviour. Then they will be loving.

And as they are the Living Way of Truth for humanity to follow, so people who want to Heal themselves of their rebellion and unlovingness, can do as they are doing by allowing themselves to feel fully the truth of their bad feelings, helping them understand how fucked and deluded and false and untrue they are in their wrongness. All of which will eventually lead them to fully Heal themselves and become true and loving.

And so until the Avonals are fully Healed and can say so knowing they really are, they will remain hidden; and even hidden from the truth of themselves, so unable to say that they are really who they are, because all of that soul-truth will remain off limits to them as part of their rebellion against the Truth – against the truth of themselves. So they won't even know for sure that they are Avonals until they have fully finished their Healing. So for the time being, it's all speculation that they are on the world and are doing their Healing.

So unbeknownst to the world, humanity is waiting for the Avonal Pair to finish their Healing and thereby announce that the way is now open and revealed as to how people can Heal themselves. And when will that announcement come? When they have finished their Healing, which even they won't know when it is to happen, because of not being able to know anything about themselves because of their rebellion against the truth of themselves – their living untrue to the truth of their soul.

The presence of the Avonals on the world means the Rebellion and Default are over. And once they have Healed these within themselves, then everyone else can too.

FANTASY IDEAS

Thursday, 11 January 2018

Note from James: These, John, are fantasy ideas that have been floating around in my head. I'm just going to list them and send them to you as you've asked for them. I've not put that much thought into them. And many of them I've had as ideas I'd love to put into action or have someone else do, with or without myself being involved. I wouldn't put too much on them if I were you.

It starts with the start of a movie, the woman coming down palatial stairs to one of Nicholas' songs – in an evening dress... and then it cuts full on close and intense to a group therapy session with a woman (possibly even the same woman, but it doesn't matter) being interrogated by the therapist, with the therapist trying to crack her and break through into her depression, which explosively she does... and I've not yet got the rest. It's just an idea to be explored.

And then there is Sage as a movie, and other movies depicting certain elements of the truth. And plays I will write, musicals, and on it goes.

I want to pluck an unknown/s, young women out of the blue, ones with musical and acting talent, setting them up to be stars in their own right, yet all about the Religion of Feelings (R of F). Feelings really, but with the rest of it in there as well. And they are supported and move about the world, with concerts, interviews etc, which include giveaway badges, pamphlets, t-shirts, videos and so on, all promoting and encouraging people to look to their feelings and deeper for the truth.

Then to have the back up websites and internet presence. With fashion-like websites, New Agey yet New Feeling type spiritual ones – Spirit Action. Magazines and newsletters supporting all the relevant social media. And paid active men and women to be 'stars' on social media promoting the Healing and everything else. With three levels, girls / teens, women / mature / mums / career / gay, older age mature. And the same for men.

Then all my books and others who write about their experiences – a whole publishing house – Paradise House Publishing? (Pascas MultiMedia), Religion of Feelings (R of F) and Divine Love Spirituality (DLS) websites and so on, forums and anything else that might help.

Any other media / visual, videos, the Religion of Feelings – R of F TV channel, documentaries about the Healing and other aspects of DLS, serials – whatever. Radio, reading of books and anything else.

With every aspect fronted by a real person if possible, always keeping it as personal and with the person and feeling orientated as much as we can.

Then the whole education side of it, which you've talked about John. Courses on the Healing, intro to DLS, spiritual understanding about the cosmos, meeting your spirit guides and so on. And education about anything else relevant to R of F.

Big focus on death, and the after life, to dispel worries and fears. To see Death as a good and necessary part of our lives, to be embraced, along with illness and old age.

Focus on all the main parts, Conception, Birth, childhood, relationships, love, etc.

Schools established that are focused on feeling expression, encouraging the child to express itself in all manner of ways depending upon its desire. And to help it understand how to live life through feelings, so focusing on how you express yourself and the effects that expression has on other people and nature, and does it make them feel good and bad – and why does it. And how do you want to be treated. So the whole core of the person is focused on and maintained, with the usual mind learning stuff coming into it as an extra. So imparting the understanding that everything learnt with the mind is to help one's feeling expression and NOT to stop or inhibit it. Feelings first – you the real person first, not the mind. And what happens when the mind is put in charge of the feelings – which bad feelings result and why, and how to rectify that by focusing on them, expressing and seeking the truth.

Then introducing The Truth. Understanding that it's about getting to know the truth of yourself through your own feelings through your life. How it works with your soul and God. And how without the truth nothing else works, and how with it, everything works. And how all the moral stuff slots into place naturally if one is paying full attention to one's feelings, along with all the decent normal manners of how to respect oneself and others.

And as the child grows, it's not about learning and marks and tests, exams, it's about allowing the child to find its own way, offering it opportunities, going with it, not necessarily it being confined to a classroom. Including it in the work place if possible as soon as possible, always ensuring it feels like its part of the whole and never separate.

And allowing the child to pick and choose, to do a bit of this and stop that and start that and try that and... Like the free schools, all helping the child work out what it wants through its feelings and how its actions interact with other people.

And teaching it to maintain constant connection with itself, its feelings and with other people. And what happens when that connection is broken. And leading into understanding relationships, the importance of them, of being true in them and then love comes. And how it feels living with love and living without love.

And school being part of everyday life, not necessary a separate thing.

And buying land to build communal accommodation for people wanting to live true to themselves and their feelings. So they can help each other with their Healing, or just live with people in the R of F and DLS environment and understanding. With everyone putting in and sharing, connecting and relating, whilst understanding feelings, the denial of them, and how to listen and express them. Possibly Pascas owning the houses, no one actually owning anything, yet people working and contributing to the whole. Sustainable, food and energy. All as natural and close to nature as possible.

All of these projects are set up with the idea that they become self-funding, even making money for Pascas. Including ways of allowing people to donate and contribute financially and other ways to Pascas.

Buy a number of hotels / conference centres – to accommodate visitors, people wanting to do courses, to find out more about Religion of Feelings (R of F) and so on. And possibly even for myself and Marion to live permanently? Don't know about that. Personally, Marion wants to live in something that doesn't exist in Australia or at best deep inner city, and yet how would she get around and survive without a lot of help as I won't live in the city. She doesn't want to move up North, however I don't think she'll have a say in it should it come to that – if we are offered the opportunity of moving. I want to live in a place that's preferably not with neighbours, probably totally unrealistic, somewhere I can plant with natives or they are already planted, build a pond and have my fantasy garden with native fish, turtles, lizards and frogs – and the odd snake or two. Anyway, living in that big hotel you wanted to buy John sounds fine by me, or anywhere else, as really I don't think either of us care anymore.

Hostel for the unwanted kids. I've got masses of ideas about that, how they should be treated, all centring around them running the place with the adults. It's in fact one of my favourite fantasy places in my mind, going to visit it, being with the kids, working with them – with their feelings, dealing with their problems, like how to deal with sex and becoming sexually mature...

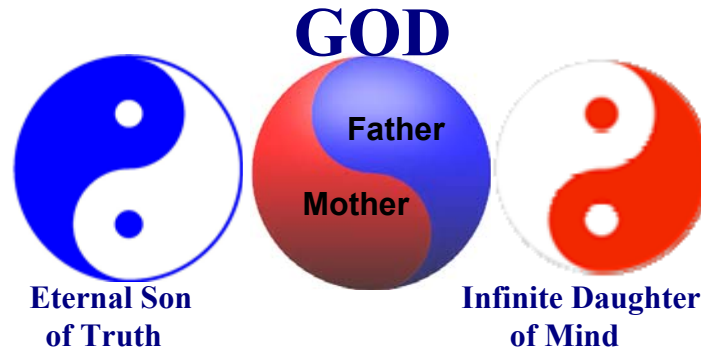
And, which you've already got in mind, have people involved with the latest Internet technology, able to thwart hacking and whatever else protection will need to be provided.

And then everything else you want to do, including your medical centres and other things other people will want to do. And supporting inventors, going in with them financially.

So that's about it for the time being. However stay tuned, as the bored mind will no doubt come up with other stuff if you so wish.

And I'd love Pascas, or an arm of it, to actively support people in the world that need such help, like Haiti after the earthquake and the other places after cyclones. And done with Australian know-how and people who seriously want to help. Not all the usual charity crap of so much of the money going to running the charity. Getting right in there, talking with the people, and helping from the ground up – helping them help themselves and make their lives even better than they were before.

(These concepts are ALL within the overall plan for PASCAS)



PARADISE TRINITY:

1. **Our MOTHER and FATHER (God) (MF) – Divine Love**
SOUL (God) – One SOUL that is expressing its two PERSONALITIES, our Heavenly Mother and Heavenly Father (Soulmates)
 2. **ETERNAL SON (ES) – Divine Truth**
 3. **INFINITE DAUGHTER (ID) – Divine Mind**
- Then: The Second and Third Persons of the Paradise Trinity (ES and ID) are stepped down to the local universe trinity (Mary and Jesus, Divine Minister (DM), and her Holy Spirit.

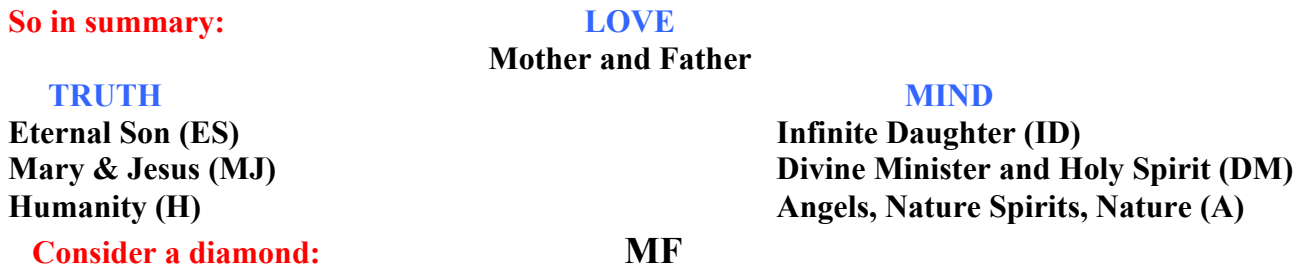
The LOCAL UNIVERSE TRINITY:

1. **MARY M and JESUS** – Our MOTHER and FATHER – Love – the Living Truth
2. **DIVINE MINISTER** – Mind (and her Holy Spirit)
3. **HUMANITY – Natural love, sons and Daughters – Truth, and our Angels – Mind**

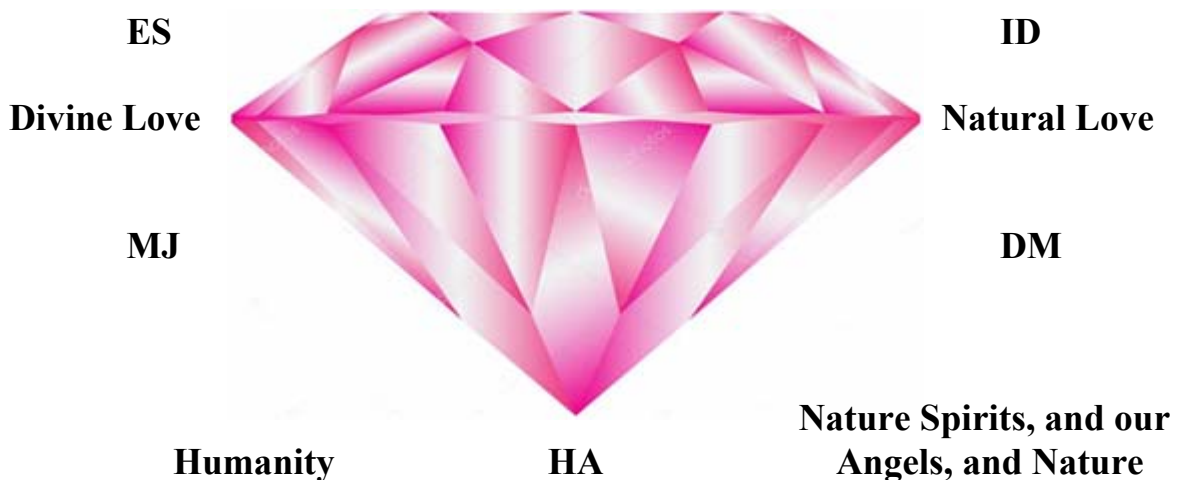
PLANETS that engage in REBELLION:

1. **AVONAL SOULMATE PAIR** – the Feeling Healing process – incarnate
2. **DAYNAL – TEACHER PAIRS** – they do not incarnate

So in summary:



Consider a diamond:



Mother and Father Heavenly Parents

Creator Son & Daughter
Jesus and Mary

Avonals
as soulmate pairs

Trinity Teachers
as soulmate pairs

Melchizedeks – who have taken over from the Caligastians and Daligastians being also all as soulmate pairs.

Mortal Souls – human beings who individualise on Earth, then progress through the spirit Mansion Worlds, then into the Celestial Heavens, and beyond.

Mortal Souls – also being ascending spirits, upon completing their Soul Healing, join with their soulmate, then join their soul group of 24 mortal spirits, being 12 soul pairs. It is only as a soulgroup that anyone can progress beyond Nebadon.

The Paradise Pairs are all ONLY concerned with the SPIRITUAL wellbeing and upliftment of the planets and local universe. Currently to do with Earth:

Mary and Jesus – spiritual wellbeing and upliftment of the whole of Nebadon region.

Avonal Pair – Daynal pairs (Trinity Teacher Daughters and Sons) – Spiritual wellbeing and upliftment of individual planets and their associated Mansion Worlds.

The Local universal Sons and Daughters are all about the running of the worlds under their jurisdiction, and ensuring the higher spiritual elements can be employed, or sent astray, as in our cases through the Rebellion and Default.

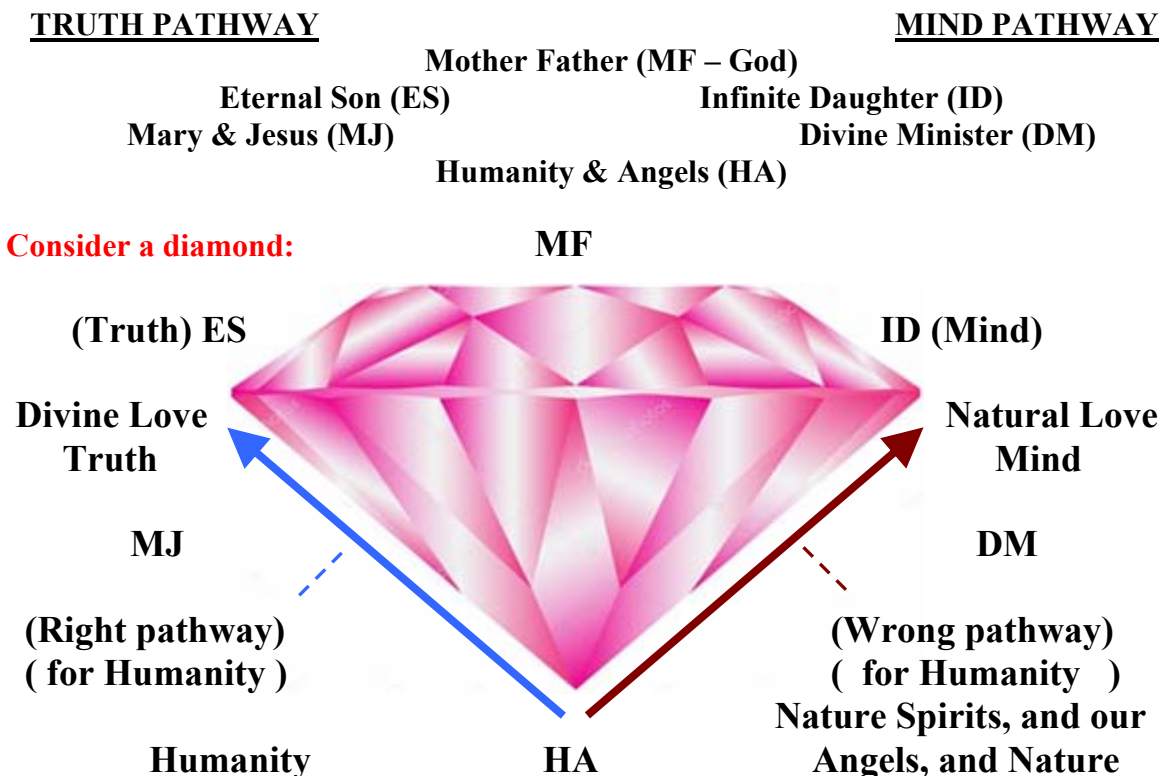
Lanonandeks – Melchizedeks (and others, such as Life Carriers and Eve and Adam).

As the Lanonandeks all rebelled – the Lucifers, Satans, Caligastias and Daligastias soulmate pairs – so the Melchizedeks have taken over their roles, as well as doing their own.

So the Melchizedeks are the governors, overseers, the administrators and advisors and so on for Earth; they are the ‘controllers’, and they will instigate all that needs to be done to do with the ending of the Rebellion and Default. And they will enlist the willing help of ascending mortal pairs, so the mortal Celestials spirits (soulmates when available, and others waiting to unite with their partner), and at times mortal spirits in the Divine Love healing Mansion Worlds. And the angels help all of us.

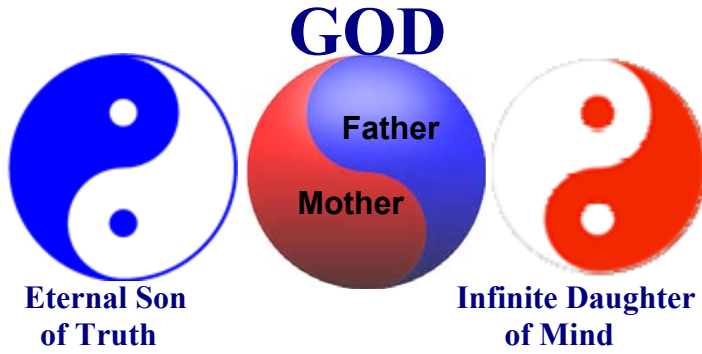
Currently the whole of Creation exists for the ascension of mortal souls from their earth planets to Paradise. It’s all one vast Grand Ascension Scheme. With all the higher and lower spiritual Daughters and Sons, together with all the many different angels and other universal spirit personalities, and even including nature and our very own pets, assisting women and men with their Ascension Journey. It being: and Ascension of Truth. Everything we do is done to help us grow in truth. (Only everything we do in our negative state is to deny ourselves our truth from our feelings, which is why we have to do our Healing.) All women and men are ascending (or growing) in truth through their experiences. And as we grow in truth by looking to our feelings to show us that truth, so we’re ascending, moving inwards and upwards through all the worlds and spheres of the Grand Universe to one day arrive on Paradise and meet our Heavenly Parents. God is providing us, Their children, with this spiritual journey called our Ascension of Truth. And by living true to our feelings, so we are progressing on our true Spiritual Path – our Ascension Path.

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God’s soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.



Humanity is to pursue the pathway for Truth through one’s soul based feelings, this is the right pathway. However, humanity commences its journey founded on natural love, which we now know is to be perfected through one’s Feeling Healing process and then made divine through asking for and receiving our Heavenly Parents’ Divine Love.

For 200,000 years, **humanity** has pursued the pathway of the Mind, being that of the brain, this is the wrong pathway. The Mind is the pathway for Angels and that of all of Nature.



CREATION of SOUL and SPIRIT:

God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.



The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one's feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.

Feeling Pathway

Mind Pathway



The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves enabling the union with our soulmate, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.

Soulmate Pair

Angel



The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Spirit Person

Nature Spirit



Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.

WE ALL ARE BEING GUIDED HOME:

We need the Spirits of Truth of the Avonal Pair to Heal ourselves; then once Healed, (and for support (overshadowing) as well through your Healing), we need the Creator Pair, Mary Magdalene and Jesus' Spirits of Truth to see us through the Celestial spheres, while at all times embracing our Heavenly Mother and Father.

Until Mary and Jesus died and liberated their Spirits of Truth, no one from any of the worlds could leave Nebadon, because no one knew the way to do so. Nebadon is our local universe containing some 3.8 million inhabited physical worlds and their associated spirit worlds.

When we embrace the truths Mary and Jesus are revealing, and start to do our Feeling Healing, or with Divine Love, Soul Healing, we are then freeing ourselves up from our parental and self control.

Thus our journey to Paradise, to the home of our Heavenly Parents, is of our choosing as to when we progress, however, there is only one way:

HUM: Humanity is to ascend. We are self contained. Our soul is always in truth and perfect at all times. **By living true to ourself, true to our feelings, we are living true to God. It's that simple.**

We are to recognise that being engaged and dominated by our mind is the wrong way for us to evolve and grow in truth. We are to discard the mind enslavement that has been imposed upon us by all of our parents. We are to express our feelings, both good and bad and free ourselves of the indoctrination that humanity has embraced worldwide.

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of our Mother and Father.

AVO: We are to embrace the truths and guidance of the Avonal Pair through their Spirits of Truth. It is the Avonal Pair's guidance that will lead us through our Feeling Healing, and with Divine Love, we will be able to ascend through the 7 spirit Mansion Worlds and enter the Celestial Heavens where we also interact with other world's spirits.

J&M: We are also to embrace the truths and guidance of the Paradise Pair, Mary and Jesus, who will then lead us through the 3 Celestial Heavens that are aligned with Earth, and then further on through Nebadon where we will then depart beyond on towards Paradise.

M&F: Beyond the universal zone of Nebadon, we will be guided by our Heavenly Mother and Father onwards through the universes to Paradise where we will be welcomed by them, home for us all, as we are all Children of God.



M&F



J&M



AVO

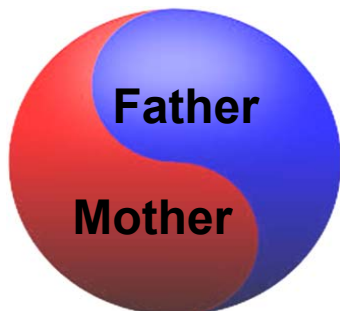


HUM

WE ARE Children of God

WE ALL ARE BEING GUIDED HOME – NOW, HOW TO COMMENCE THE JOURNEY:

GOD



M&F

For 200,000 years, we have been misled into embracing our mind's distortion of wisdom and truth. All such traditional understandings only lead us in the wrong direction, from which we must turn back from. Our soul based feelings are always in truth. Our minds are to follow our soul based truths and feelings, not the other way round, as we have been brought up to embrace.

We are to connect with our deeper repressed feelings.
We are to long for the truth of what we are feeling.
We are to live true to our selves; by living true to our feelings.

Use your surface day-to-day feelings to connect with your deeper repressed feelings. Express your surface feelings and your deeper repressed feelings to uncover the truth of yourself.



J&M

We all have feelings which we communicate and share with each other. And we all have deeper buried and hidden repressed feelings. Feelings from our early childhood we felt, yet weren't allowed to express. These feelings are still within us, waiting to have their say. These feelings, because they are repressed, cause us all our problems.

And as we look to uncover, bring out and accept these deeper feelings, so we're taken into new ways of looking at ourselves, our feelings, and our life. We're setting ourselves free of the controlling patterns that govern our unloving behaviour.

In this way, we progressively begin to express the personality that our Heavenly Mother and Father gave us, not the one imposed upon us by our physical parents and carers. We are to be our true and real selves.



By living true to ourself, true to our feelings, we are living true to God. It's that simple.

AVO



HUM

As we, humanity, long for the truth of our feelings, we can also be assisted by the Spirits of Truth of the Avonal Pair who are our spiritual teachers for Earth over this coming 1,000 years, to assist us through the Great U-Turn, away from mind dominance to being soul based feeling lead. They will assist us through the seven levels of the spirit Mansion Worlds.

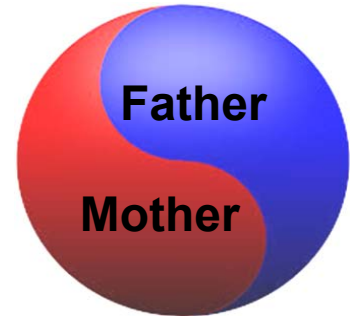
Then the Creator Pair, Jesus and Mary, will lead us through Nebadon and into the greater universe. Then our Heavenly Mother and Father lead us home to Paradise.

Collectively, should we embrace them all, as we are to, then our pathway home is a journey in the hands of the Spirits of Truth of the Avonal and Paradise Pairs overseen by our Heavenly Parents.

WE ARE Children of God

MUM & DAD THIS WAY

GOD



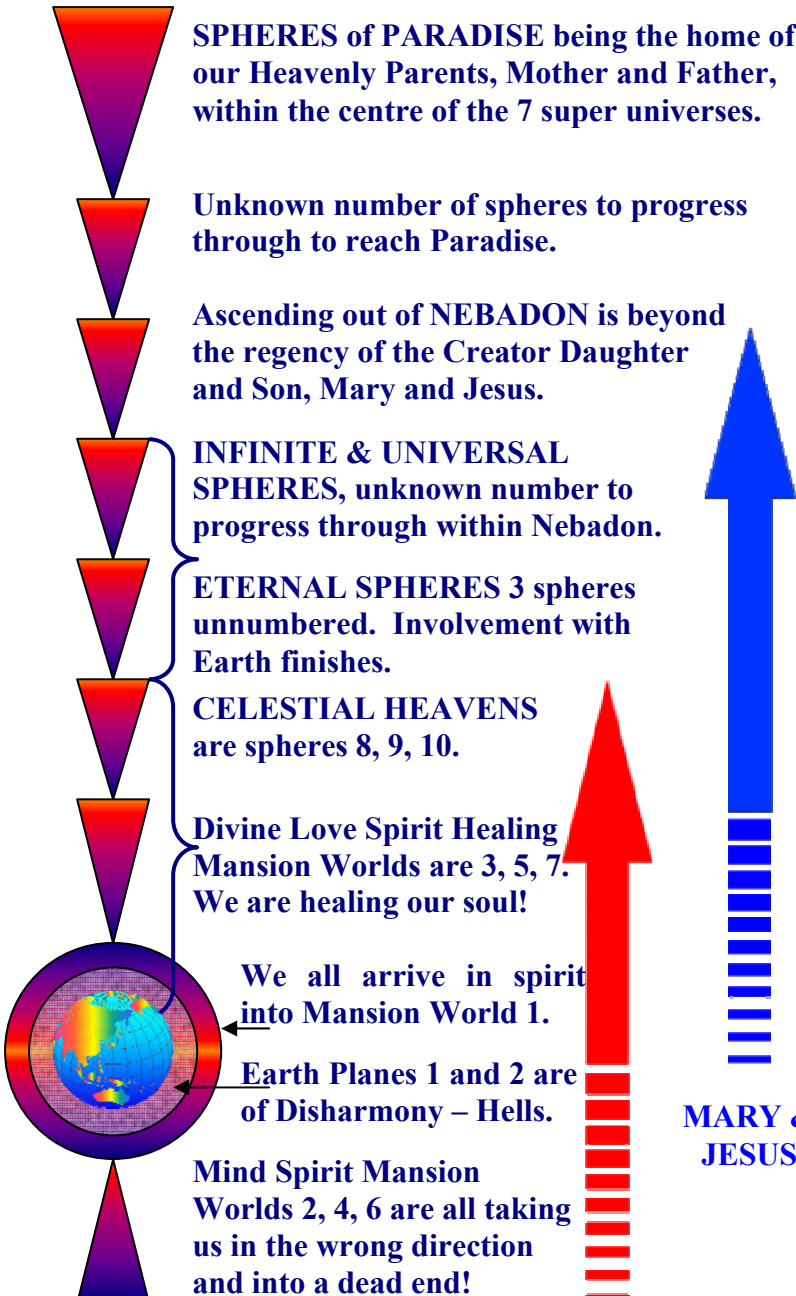
HEAVENLY PARENTS



JESUS & MARY



AVONALS



I'D TURN BACK IF I WERE YOU!

AVONAL PAIR

GOD

MARY & JESUS

Through out the Avonal Age of 1,000 years, their Spirits of Truth will assist us in embracing and engaging with our Feeling Healing and with Divine Love our Soul Healing, they will assist us to develop our soul well into Celestial Heaven status should we persevere with such a goal. To the extent that the Avonal Pair develop themselves while here in the physical on Earth is the level that their Spirits of Truth will be able to assist us. Then it will be Mary and Jesus' Spirits of Truth that will assist us up and out of Nebadon, where our Heavenly Parents will then assist us onto Paradise, Their home.

There is no bridge to LIVING FEELINGS FIRST

Saturday, 13 January 2018

Note from John: Hello Nanna Beth

This week has been a week of discovery, realisation and clarification. Well, more of a week of coming to the realisation that what is to be shared with all is that the teachings from over the past 100 years, mainly through James Padgett and James Moncrief, are not a bridge from any existing platform to be a more developed platform, but a completely new foundation and way forward.

It is impossible to bridge from any of the existing religious or spiritual platforms to the embracement of Feeling Healing with Divine Love. The existing religious and spiritual platforms are in total opposition of one's God given personality and the way of life and of living in response to one's soul based feelings and the truths that come from such feelings, the bridge is not possible.

There is no bridge. It is a totally different way of living. There are no compromises. It is all or nothing. One engages in a complete and absolute U-Turn, away from submitting to the teachings and practices that have unfolded from the Rebellion and Default and embrace the realisation that we are all complete and self-endowed with all of the truths and guidance from within our own person, that of our soul, all of which emerges through our feelings.

Once we grasp the enormity of our own essence and its wondrous nature and potentials, only then can we fully begin to learn of our true connection with our Heavenly Parents, that they are truly our Mother and Father. And having commenced to engage in a meaningful relationship with our Heavenly Parents, only then does the support and loving guidance, that is ever present from the Creator Pair of Nebadon and the Avonal Pair of Earth, begin to lead us on our journey of discovery and growth, that of who we really are, what we are, and how we are to progress upon our journey.

We are self-contained. We are complete in truth and all that is necessary for our journey. All we have to do is to realise this with all of our heart and essence.

Now, we have the opportunity to enable those who are searching for the way to have this clarified for them.

The two diagrams are like giant beacons of light in the wilderness – these two one page infographics are the foundation for all of humanity – they are that important, it is overwhelming:

We are all Being Guided Home

We are all Being Guided Home – Now, How to Commence the Journey

These two pages of overview are in total contra-distinction to what all of humanity has been seduced to believe and embrace for the past 200,000 years.

Then we consider further a infographic, from this we then discover our relationship with all of nature, all that is not of human nature so to speak, we discover for the first time the pathway of nature and that of nature spirits is the pathway of the mind, that is the pathway we have been seduced to previously embrace, it is not our pathway, our pathway is that towards truth:

Creation of Soul and Spirit

Then comes the three hierarchical infographics, though simplified for understanding, outline clearly that it is the Avonal Pair that will guide us while we are in the physical and then through the spirit Mansion Worlds, 1 – 7, then it will be the Creator Pair that will guide us through the Celestial Heavens and beyond through Neadon, and then our Heavenly Parents will guide us on through to Paradise. But at all times it is our Heavenly Mother and Father that is assisting us through all phases commencing from our conception here on Earth.

Never has this been understood, certainly not so simply and clearly. We now have the starting point. We now have a base, a foundation, and from here all else will be built upon these simple and wonderful truths. This is a grand moment of discovery.

I am overjoyed to have these realisations, and even more overjoyed that they can be so simply provided to all, and this is what we will do.

And the physical resources to do the task of sharing these great understandings now appear to be at the ready to be accessed. The triggers have all been pulled.

Courier Brian now has 'clearance' from his Doctor to declare himself fit and capable, which also means he can fly himself home in his own plane after he completes the delivery of the package. Further, he has declared himself proficient in sending and receiving texts. Boredom of being stuck in a hotel room in Minneapolis, the 'fridge of the north', may be a real catalyst for action, however, he may need to wait for the temperature to start to rise a little and this may take until Wednesday, USA time. So, he may use one week up of his three week extension. Courier Anna has left the scene and is no longer a distraction other than his depression which is heavy. We feel he will get the job done.

In Germany, Martin Schulz of the Social Democratic Party (SPD) has entered into a heads of an agreement with Angela Merkel of the Christian Democrats (CDU) to form a coalition government. From our understandings, the first letter we provided Martin with has enabled him to leverage a far greater involvement and significantly more important positions within the possible new government. He is yet to utilise the contents of the second letter which was provided on Monday just gone. A third letter will be sent early this coming week. Martin's party are to vote on proceeding on 21 January. The new coalition government must be resolved by 1 March.

Through Martin's forceful questioning, Angela Merkel met up with Horst Kohler on Thursday at 1.30pm looking for a miracle. She considers that the payouts will create a 'giant hole'. That is, US\$300 billion in cash is needed. Due to their own ineptitude they do not understand that the structured payout process, itself, is designed to generate the cash. The existing cash pool of US\$300 billion can generate a yield of 30% within minutes. Call that daily, well each banking day. The funds are to be used in the manner they have in the past, however the 'fallout' would be directed to 'filling the hole' before payouts commence. That is how we understand it.

Meanwhile, the consequences of the German Judiciary screwing over the Administrator (Simon Church) and as the German Judiciary repeatedly requested approval and authority from the German Chancellery and Angela Merkel only to be screwed over by them, then Martin Schulz may well find a great deal of leverage for himself through the next item of correspondence from us. Simon Church repeatedly asked for authority to proceed with the payouts, and that authority he has insisted is to come from Angela Merkel. The payout process, itself, resolves the big hole issue. Merkel does not know this as they have not communicated.

All in all, the triggers and foundations to commence the Great U-Turn are now in place.

These are my thoughts and feelings, would you mind commenting and expanding upon the above please?

cheers for now

John the typist.



James: I'm feeling very angry again Nanna Beth, which I'm sure you're well aware of. And sorry to you John sounding so yuk on the phone, but I want to be as true to it as I can as that's what I've never done, always putting my yuk feelings aside and putting on the happy and bright (for me anyway) sounding voice for the other person. All so they wouldn't reject me and want to keep being my friend, and won't yell at and punish me for being a yuk. So I'm being the angry YUK that I am. I hate everyone (mum and dad), as I hate myself. So once again, I'm sorry Nanna Beth that you have to deal with my angry mind.

Yuk

Nanna Beth – 3rd Celestial Heaven: It's all good James, what you need to go through so as to liberate all your repressed anger. And you sounding down is not going to put John off as he understands it's all necessary and what it's all about anyway, as he has written above.

So in answer to your musings John, **yes, you now understand it all, how far apart the Truth is from the Untruth, and the enormous gulf that needs to be bridged.** Which is going to take some doing, but only needs to start small and then it will naturally build as a lot of people are very unhappy, and when they understand something of why they are, will naturally gravitate toward the truth.

And it's all working in well with all that's happening on the larger level for humanity, it's being prepared to suffer some great shocks which will rattle all the systems and serve to open up a longing by many people for answers, and not all the usual placatory stuff you've all heard a million times, but real substantial answers that people can apply to their lives feeling they are able to really help themselves.

There is still a little more that needs to happen first, all of which will help you all further prepare, allowing James in particular to work through more of his yuk. Then things will start to unfold effortlessly for you John, as I've said before. The gate is all but ready to be pushed open, and then things will start to move ahead in the way you are hoping John.

The Germans are also, as you correctly understand, positioning themselves to deal with not only your issue but many others that Angela and them all have let slide over these past years, unable to really get stuck into them because of all the other secret agendas in place. But now that Trump is starting to alter things along those lines, and with his soon to put in place a big move against the Deep State, so the Germans will feel compelled and freer to act more independently than they have felt and been able to do. Angela is still on your side, only she has had her hands tied, however they are to be loosened a little which will make her more amenable. So we advise you and Crystal to keep sending what you feel to send, to the Germans, it all helping to keep the pressure on them.

And President Trump has been going through a rather torrid time, feeling threatened by the Deep State he's now confronting on all sides, he's under a huge amount of pressure as you understand, having only the alternative media to support him with all the MSM (mainstream media) against him.

However he's going to pull it off so far as we can see, he is to cut the head off the snake, and then things will start to fall apart. Lots of unexplainable strange things will happen whilst the facade of control falls apart, however it will be better for humanity in the long term.

And once again we can't be too specific about it, we're still not allowed to come right in and be with you; however as we've also said, that too is soon to change and then everything will be different. However until such time, really there is little else we can do or say, you are being guided from within by your souls and Indwelling Spirits, everything is going according to plan even though you can't make head nor tail of that plan. However I assure you it is John, so keep longing for the Divine Love and the Truth of your feelings, even if you aren't actively doing your Healing. It all helps and keeps your mind focused on what's really important, and that's all that matters anyway.

I will be speaking more with you soon, as will Kevin and Co, but for now, this time of seeming quiet is what is needed to help you move back more into yourselves, to rely more on yourselves, even to ween you off us in a sense.

All my love you to John and to you all – Nanna Beth.

MARTIN SCHULZ later resigns from leadership of his Party

Saturday, 13 January 2018

Note from Crystal: Helen;

We have a seat at the table, if by proxy through Martin Schulz. I find the fact that she (Angela Merkel) is a physicist and he (Martin Schulz – Social Democratic Party SPD Germany) failed 11th grade twice, an interesting dichotomy.

I am working on letter #3 about how to fill the hole that will be left by our payments. That seems to be her biggest hurdle, now that exposure is a forgone conclusion. Or am I missing something?

The courier has resigned to the fact that he has lost the girl, his leg is healed, he knows how to text and he has run out of excuses.

Or is there something we are missing there too?

Can we finally move forward instead of sideways?

Enough is enough.

Crystal

Helen: Yes, there are other factors involved Crystal, however there's nothing you can do about them, and some of them will come to light over the next few weeks. We're still working away on it from our end, and I sympathise with you about how trying it is. However there's nothing more that can be done about it. You are doing all you can, you are following our prompts, and it will just have to work its way through. As Nanna Beth said, things are in motion toward a positive outcome, albeit at a snails pace so it seems to you, but its happening. And that's all we can say. All my love to you Crystal – Helen.

I found it in the trash.

What about adding this, however I don't know where to add it – these are my choices: P3, 38 or 67

HOW DOES the COMPLEXITY of DIET FIT IN WITH OUR HEALING?

Our Healing, which is healing our untrue state, comes first – then our diet. Our Healing is the focus, understanding that as we're dysfunctional on all levels by being unloving to ourselves because of our childhood, then really it's irrelevant what we eat because of the thousands of layers and levels within us that are in denial. This is also explaining why it's so different for each of us. Because we've all had such different upbringings, resulting in different levels of repressed feelings within us. Broadly we can generalise, if we eat too much of this it will have this negative effect on us, however that's not on everyone, with some people eating and doing all the wrong things with seemingly no detrimental effects.

It is our inner that drives the outer. So our inner state, which is hugely complex, drives what foods we are drawn to. And we can try and control our diet using our mind, just as we can try and control any part of ourselves using our mind, however that only adds yet more complications to the already complicated mess.

So we are to focus on ourselves by attending properly to our feelings doing our Healing. And as we progress in our Healing, so our diet will change. And we might go this way and that, all of which brings up yet more bad feelings, all so we can embrace and express and seek the truth of them. With what we eat in the end being taken care of solely by our feelings – we will feel good about what we eat and when we eat it and how much we eat of it, it eventually giving us no further bad feelings, once we've completed our Healing.

So whilst doing our Healing, we can use our mind to look at the effects certain foods have on us so far as what science can determine; we can look at how that food is grown, how its prepared and so on; we can look at every aspect of it, yet all whilst still fully attending to our feelings. And so what one person will want to eat, how much and when, another person might not feel the same way about; even with people possibly going against all the suggested principles of 'what's best for you' worked out scientifically as humanity progresses in its wrongness, and showing no detrimental effects whatsoever.

So you can say, right, no more wheat, no more processed sugar... and see how that makes you feel, looking to the truth of those feelings. And you can say, oh but I can't be bothered going to all the trouble preparing such alternative food, and the added expense, and what am I going to do without bread – how will I survive when bread has always been my main comfort food? All more bad feelings to work with.

And you can say, all right, only raw vegetables, eggs and a bit of cheese, and start the new regime, only to reject it three days later because the chewed vegetables get caught in your throat making you cough and annoying the shit out of you. More bad feelings to accept, express and seek the truth of.

So as with anything through our Healing, we can look to our mind for its control, and try things we determine by it believing they will be helpful to us, all so long as we also keep paying attention to all the bad feelings (and good ones of course) that come up. And the feelings will be stronger, so we'll end up going against what our mind says, provided we want to give up our mind control and live a truly feeling-led life. All of which overall will have an effect upon us and our diet and every other aspect of our

life. All initially, whilst we're doing our Healing, to show us the whole truth of our wrongness. And then once Healed, to live being true.

And then as your Healing progresses and you reclaim your will, so it starts working positively and lovingly for you rather than unloving and negatively against you. And suddenly you might feel and know: right, no more red meat, or no more milk, or no more of that dried fruit, or no more of that vegetable, or no more of that chocolate, or even more of that different chocolate and more of those vegetables. And you know its right for you.

We can either keep living being told by our minds what is the best way for us to live, what are the best foods for us and so on; or we can stop and pay complete attention to our feelings, wanting and allowing them to show us the way we are to be. And by doing our Feeling-Healing we are doing this, all of which is healing all that's wrong within us and preventing us from simply naturally doing it as we should have done had we been allowed to grow up lovingly and without any unloving interference.

So we can try and wrestle it all out with our minds; or, we can look to our feelings instead.

Note from James Moncrief Saturday 13 January 2018

MIND is to FOLLOW YOUR FEELINGS

Saturday, 20 January 2018

Musings from John:

Hi James and Nanna Beth

A life experience in the physical can be that of transitioning from the mind to that of no mind!

Has anyone done this? Not in modern history.

What is this transition about? Could it be as we progress to step away from our mind dominance to that of who we really are, and that is being the feeling personality of our own soul. The soul then leads and the mind supports.

We do not lose our mind, our mind becomes subordinate to our feeling soul.

When does this occur? This occurs through the process of fusing with our Indwelling Spirit. It is progress in the evolution of our soul, it becoming free of any encrustments, and this is the transitioning event to be at-one with our Heavenly Parents. A wondrous event of great awe.

Have others ever achieved this while living in the physical here on Earth? Only Mary and Jesus in the first century.

Do we ever lose our mind? Upon progression out of Nebadon, moving towards Paradise, we hand back to our Divine Minister that which we know as being our 'mind'.

What is our mind? I have no idea.

These are my feelings of what James was sharing with me yesterday. Would you kindly correct and expand upon these thoughts please.

Generally speaking, James and I feel ready and settled to commence the next phase of opening our understandings up to all people within all communities around the planet. Is Courier Brian ready and able to deliver the package that he is entrusted to pass over to Crystal?

cheers for now, John

Nanna Beth – 3rd Celestial Heaven: Hello John, We've been very busy over here matching all you've been doing. To answer your questions regarding the mind, and, what is it, well that's something that I don't think any of us over here fully understand, nor will we until we've attained Paradise. The mind so far as you're mostly concerned is the thinking part of your personality, as your personality seems to be split up into different parts for it to express itself through, however it's also much more than this.

I don't actually think it's necessary for me to expand on it at this point in time, it's something you can find out for yourself when you come over, and something you'll be working on right the way through your Healing and once Healed, all the way to Paradise. So really it's how you relate to it, which is: your mind thinks and believes; whereas your feelings, feel, and to leave it at that. I think the simpler the better for all concerned.

And as you know, **no one has done their Healing since the Rebellion started, so no one has fused with their Indwelling Spirit resulting from their Healing.** Some people fused with their Indwelling spirits through a special technical event as mentioned in TUB (The Urantia Book), but that had nothing to do with what is to happen as people finish their Healing. You can't fuse with it UNLESS you do your Healing. There are many on Earth and in the mind worlds claiming to have fused, however as they've not done their Healing, it's all just fantasy.

COURIER BRIAN

Now I want to tell some things about what's going on. Courier Brian is incapable of completing his mission, so don't expect anything from him. He is having a lot of inner problems, things to do with his mental programming that he was subjected to when doing his training to be what he is for such people, and so it's all breaking down and apart for him, so he's basically a lost cause, which I think you and Crystal have gathered.

So you're going to have to rely on the next level Courier who'll be sent out to complete the mission; this along with putting more pressure on the Germans should bring about the necessary results you are after, however once again it's going to take a little time. I won't give you a time, however you can now sense how it's all linked in with all you are doing, so it will work for you when it happens. And you need time to prepare your spiritual writings and work, as do you all. So when you've get yourself ready in the next couple of weeks, then you should be ready to move to the next stage, and so when you are ready for that, so it will start to make itself known to you as to what that will involve.

HIDDEN CONTROLLERS and PRINCE of DARKNESS / PEACE – CALIGASTIA

Things are heating up with the hidden controllers. They are coming under stiff opposition from Trump and his team. And although they are working him and the Deep State playing them off against each other, still things are not going as well as they planned, because they don't have the deeper spiritual support they've always had, and that's beginning to take its toll. So things are not so much unravelling yet, but they are having to make new plans quicker than what they would ordinarily do, so they are feeling a little rattled, and that is going to cause more cracks to show which will quickly be exploited by the Russians and others working to try and extricate themselves from such over-control.

And we are still gearing up, applying yet more pressure to those involved and will continue to do so, whilst at the same time keep the mind spirit interference limited and to a minimum.

And I know it just sounds like what we've said before, however we are feeling much more comfortable in our position, we're gaining more control, having more of a positive effect, and we like the results of our efforts.

There will continue to be major hiccups in the world, they are still trying to organise the End Times to fulfil the Biblical requirements, however things are not going as easily as they would have liked. They are now behind schedule, they are feeling the time of the End Times is slipping out of their control, and they need to start acting now to ensure they are ready. The hidden controllers don't expect Jesus to come, but Caligastia, the real Prince of the World, the real Hidden Controller, all of which they will explain is really what the Second Coming is all about, as Caligastia is even in some ways better than Jesus, because he is Jesus' right hand man so to speak, and is acting on behalf of him and is the real one who will fulfil all prophecy, which ordinarily had Caligastia not rebelled would be true, but of course it's all rubbish now.

And then as you know, the Prince of Darkness – Caligastia, (they believing he is the Prince of Peace) is not coming, he with his partner are in spirit prison, however the hidden controllers don't understand this yet. We're keeping up the pretence for them to some degree, because they need to keep going with their nefarious plans some more before the rug is pulled out from under them.

And so you can see, Jesus won't be coming back any way you look at it, and it will be the Avonals and not the Caligastias who are the real saviours and what the so-called 'Second Coming' is really all about. That being the second instalment of truth needed so people can understand about the Healing, do it, thereby being able to fully embrace the first instalment revealed by Mary M and Jesus about the Divine Love in the two parts – their lives, and through Mr. Padgett.

So everything is working according to plan. And we're sorry that we have to keep mucking you around as part of that plan. We've not been allowed to come out and tell you straight about SI (Solid Investment) and so on, because it's all been, and still is, what you need to go through in preparation for what is to come.

And as you are more resigned to it now, keep doing what you feel to do, as you can't do anything else anyway, however it's still important that you keep looking at it in this way, and things will continue to unfold as they have been.

EUROPEAN UNION and GLOBAL POLITICS

The Germans are starting to feel like they are losing control, they are losing their grip on the EU (European Union), there are deeper elements who are fed up with the state of it, how it's going, the whole immigration thing and where is all the money coming from to finance it and where it is all going. The British public are wanting to be free of the entanglements, and Angela is beginning to worry that all the so-called good she and her government has done might be undone, and undone very fast.

And the ME TOO campaign, although good on one level exposing the bad sexual side of the male dominance, is going to far in its political agenda and many people are seeing through it and don't want it. So there could be a swing back to more older values with the so-called progressive left being left behind because it's not doing what it promised. And what it is doing, is making money out of the

sheeple, as represented by the Clinton Foundation and others being a well into which untold amounts were poured. But Trump is on the case and trying to uncover and recoup much of that ‘lost’ money, all of which he’ll use to pay off America’s debts.

So things are moving along behind the scenes, and as I said a few weeks ago, you’ll see results of all of this as the year progresses. Things will speed up until there is so much ‘disclosure’ coming out from all angles with the ordinary person being shocked into yet another stunned state being unable to assimilate it all.

We’re going to effectively wind humanity up into a state of hysteria, it won’t know whether it’s coming or going in the end, it’s going to feel like for many that it – they – are spinning off into the nether regions, never to be the same again. And it’s all going to be because feelings are going to start being felt and expressed whether a lot of people like it or not. They are going to be forced into it, forced into feeling feelings they’ve been working all their lives not to feel. So a time of great mind-devastation as feelings come more to the fore, all of which will make the time right for the ‘harvest’, as all you do with the feeling side of things will become very appealing, as it will be the only thing that makes any sense. To go with such inner pressures and erupting feelings rather than to keep fighting against them. It’s feelings verses the mind now John. **The Feeling Way verses the old Mind Way. And the Mind Way is a dying way.**

So the pressures are going to increase and it will be very difficult for a lot of people, however nothing more than they’ve already experienced through their childhood; however that is what they are to come to understand as they start looking for the truth of themselves through their feelings.

That is all I have for you today John. We’ll be in touch. Speak to you soon and we are “constantly surrounding you” with the light of our love – Nanna Beth.

Later:

Nanna Beth – please, if you send this on John, tell ‘your people’ to keep it to themselves as it’s not for general public circulation.

Trump cut deals with the five mega banks, they agreed to keep business as usual so far as controlling the financial side of things as he wants it controlled, which still amounts to more of the same, while giving Trump’s people access to assets and information about all those he is intent on bringing to account.

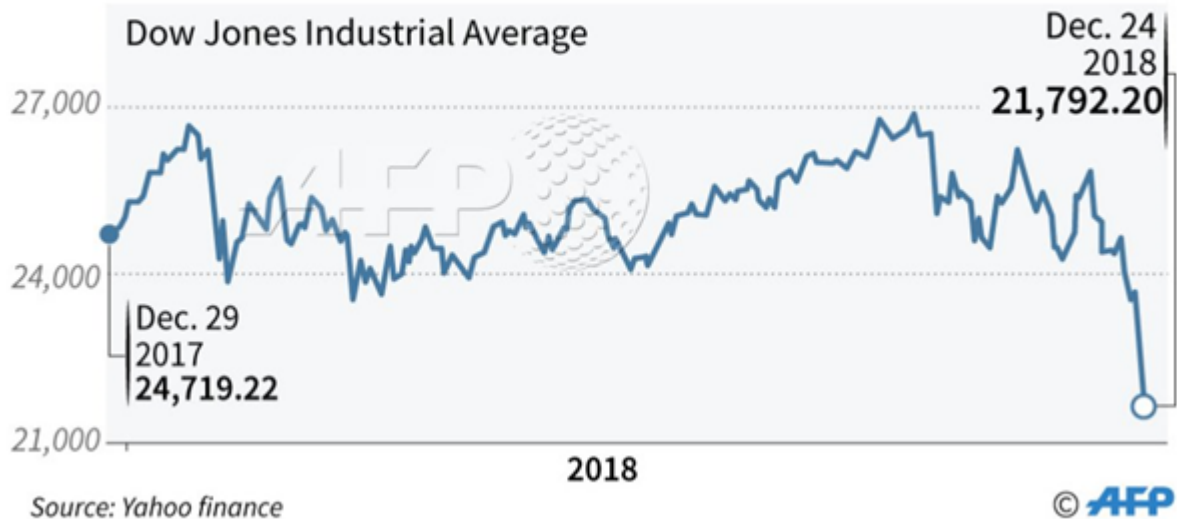
Trump wants the stock market high and getting higher, the economy looking like it’s happy and healthy, all so he can sell into it the assets won – or rather stolen, as he’ll just confiscate them or do deals as well with their owners so they won’t be disgraced and put in prison, so as to help pay off America’s debts.

We’re expecting a possible blow off top around 30,000 on the Dow, however we have to wait and see what happens between now and then, as it might even go higher still. There is too much happening too fast now, Trump himself can hardly keep up, however his plan has been well thought out by his side, yet still he has to deal with the opposition causing problems. And he can hardly scratch himself let alone have an affair, he is true to Melania in their marriage.

So he needs his ‘new banker friends’ to keep the lid on the precious metals and oil, he can’t allow inflation to run away too much – a little, but he needs control to be keep in place for a while longer while he sells all he needs to – which has begun, he is putting the money into funds to be used for easing the nations debt. And he will do some of it quietly, he doesn’t need the Praise, although he adores it,

thinking well of himself especially, all so long as the general momentum of his achievements is being understood, which he'll make sure happens.

Dow Jones



And he too wants the Second Coming to happen. He wants Christian America to 'Be Great Christians Again', however that's a lost cause, religion is fading, he'd be much better rewarded were he able to sell it short.

Putin believes that his country's Christian orthodoxy is the only real true Christianity, so will soon set in motion things that will start to un hinge the Catholics and Pope, which no one will understand is coming from him.

And this will be the best thing of all, because it's going to cause the greatest upset, and it's what we're working toward the most. To see the Church start to reel, to be shown up for the untruth that it is, will send shockwaves about the world. And it will be the first major sign that all is not well with the Status Quo from a religious point of view.

And the hidden controllers are shakily orchestrating it all, helping Trump by selling out those who've worked for them, happy for the Catholics to be trashed, all wanting 'Their Man' to descend out of Heaven to finally take over relieving them of the burden of having to bring in the New World Order in preparation for the Main Event.

DAVID HIGGINS

(passed 4 January 2018)

Sunday, 21 January 2018

David – 1st Spirit Mansion World: Yes, hello James, this being new for me, I hope you can understand what I'm 'relaying' to you, or should I just say – saying?

I am very well, which as you understand is to be expected, no nasties lingering from my death. And it is magnificent over here in 'Heaven'. Mind-blowing!

Hello John, and please send my love to Veronica should she make contact with you. I am with her on and off, however we're to go our separate ways for now, and I have decided to follow her into doing my Healing, however I have other business to attend to first.

Once I'd gathered my senses, I was introduced to a Celestial spirit Amlaya and her partner Malcolm – can you believe? (there old Earth names), all because of what Veronica has done in accepting all you are doing John. I am very indebted to you for that, as I am to Vron because of all she did for me, some of which I wasn't even aware of, and will take time to understand further.

I was taken about and educated somewhat by Amlaya and Malcolm, shown many things; and yes James, I did drop in on you as you felt, and my mind is till spinning trying to come to terms with it all.

And as I won't stay long James, what I wanted to say which Nanna Beth has very kindly allowed me to say, is that John, it is FAR BIGGER AND FAR MORE COMPREHENSIVE than anything you've got any idea about. And I mean – ALL OF IT. Spirit itself, the Mansion Worlds and Earth planes, all you are doing, all the mind spirits are doing, all the Healing spirits and Celestials are doing. And even though I've only seen such a tiny segment of it, it's HUGE, and that is all in our local and relatively small part of Creation.

So I have had a lot to think about. And I'm still thinking. My emotions and feelings are still very much upset owing to my rather sudden transition, so I'm still trying to 'pull myself together' even though I know that's the wrong thing to do, and I should let myself completely fall apart, however my mental programming is well and truly firmly in place, and I know it's going to take a great effort on my part to willingly submit to my hidden pain.

I had a taste of it with my Life Review, which was harrowing as much as it was enlightening, and thankfully didn't go on for too long, apparently I wasn't too bad when on Earth; however it did give me a preview into that which awaits me through my Healing. Issues, childhood issues, masses of them, all of which I denied and kept hidden and didn't want to work at resolving and bringing to light by uncovering the truth of them. However that's to come and for another day. I have other things I need to do and people I need to see in the mind worlds, which is what I'm doing now. Family and friends, catching up, meeting their friends, checking out everything that takes my fancy on the first Mansion World and in the lower two Earth planes. I am free to do as I please for the time being, so I am exploring, even visiting the Earth through the Earth planes going to places I'd always wanted to go.

So please send my love to Veronica when she makes contact with you, which I think she will soon, just to let you know how she's faring, which is as well as can be expected. And should she want to continue working on herself through her feelings, then yes it might be an idea to ask her if she'd like Samantha's email as much as asking Samantha is that's all right for you to give it. Anyway, I'll leave all that up to your good judgement.

And you are well followed over here John, everywhere I go those spirits in the know speak very highly of you. Had you a spirit Twitter or Face Book account, you'd have a big following.

I will go now James. I just wanted to 'touch base' as was said I would do. I don't know if I'll be returning. It would be if I am wanted specifically, for if not, then I will get on with my new spirit life, because the desire in me is strong to do so. It is so incredible being handed a whole new life... and what will I do with this one?

Good luck with all you intend doing John, I hope SI (Solid Investment) comes through for you, I'm not allowed to say anything about that, I have asked, but little has been said to me other than what I already know anyway, so that is that. So as I said, I might come again, it depends on various factors which again I am not at liberty to disclose. There is a lot of this, which I know is terribly boring and frustrating

for you on Earth, however I'm afraid I've joined the 'spirit camp' not that I was expecting to so soon, and we are schooled, well at least I was, in what I could and could not say, which is not actually so much about specific words and phrases, but about how far in certain subjects I can go – not that I can go very far in any of them at the moment anyway.

I'm not going to say anything personal to Vron, she can sense my feelings toward her and it's all part of our having to deal with the separation and it being so sudden and conclusive. So I will leave it at that.

Thank you James. Goodbye John. David Higgins (David passed over on Thursday, 4 January 2018)

21 January 2018, note from Samantha: I have wrote two emails to you James and John about how I would like to connect with Veronica if she wants to speak to me, but I deleted them both times feeling that I was interfering to much and you would ask me if Veronica wanted to talk, I would also love that.

I can share my feelings with her, as she can with me as we have both been through the shock and emotion of sudden death, when I read you previous emails about David and Veronica my heart went out to them both and it gave me a lot to feel about. Just please let her know that I am open to her whenever she wants to contact me, if she even wants to. It may be all a bit to strange talking to a stranger but I am here for her always in any way I can.

Sam x (lives in England)

MANY of us are SCARED of INTERACTING with PEOPLE

Tuesday, 23 January 2018

note from Samantha in England: Hi again John

I feel a need to tell you how I am feeling and what lies underneath all of the excitement I have been feeling. I am really excited and really want to meet you but also shit scared of everyone and I want to be completely open about how I feel. I want to connect with you all and i want you to know the truth and that is I have so many fears with people and it was not until I started my healing that I realised and became aware of how scared I am and always have been and I do all I can to deny and pretend I am not like that, I am ashamed of it and don't show it because I fear losing people if they know I am scared of them but now I want to be honest about how I feel.

It stems from having to always be happy, smiley and a nice, good girl as a child and when i was like this i felt mum and dad and others loved me and if I wasn't happy and polite and showed my fear, I felt their 'love's' withdraw from me so I learnt to pretend to get people to like me because I had to be like that with my parents. If they noticed I was unhappy, down or scared they would question me and try to bring me out of it so I just wasn't allowed to be the truth of how I felt, it upset them, they couldn't control it, I wasn't allowed to just be. So that mind program is a very tough one to break through as it still runs in my communication with people, every one i communicate with is mum and dad to me and now as I am healing I am seeing the truth of what I am doing, how I am being with others so I wanted to tell you of the duality of how I feel. I hope I am making some kind of sense as I want to stop the bullshit that my parent programmed mind portrays.

I am accepting my fear of people and feeling my way through it, expressing all of the pain I feel and how inadequate I feel around others, I am now slowly letting myself be that way and accepting my awkwardness but it takes time to turn it all around as the default settings in me break down; and it is a break down as my mind loses more of its program, lots of little breakdowns continuously. Even as i

write this to you John, i can feel the release in me of wanting to tell you how i feel and it feels so good to come out and say "yes, i am scared of everyone, i am shit scared of people not liking me if i tell them how scared i feel, i feel thick, inadequate, and not worthy to mix with most people, I want you all in my life so much but I am scared of everyone". I am tired and exhausted of pretending that I am not scared, I want to be the truth of how I am so I let myself be scared so I can feel that truth and heal some aspect of it.

Today I felt the truth of this rise up in me and as I felt more into it I wanted to tell you and be honest so you can know a bit more truth about me, that I am scared, and it feels good and has helped me accept myself a little bit more. It is okay to be scared, I don't want to cover it up because it's the truth of my feelings and I want to be that truth.

I am very glad I have told you the truth of how I feel John

Speak soon, Sam.

Return note by John, same day: Hi Sam

Scared! Struth, it was around the age of 25 that I started to talk to adults!

I was brought up in a house where the child was to be seen but not heard!

I remember walking into a wall when I was introduced to someone important – well he was a television actor!

I don't like leadership roles. I set up Pascas Foundation (Aust) Limited and remained a non-member and not on any executive position until I realised it was not going to work.

I think I assembled some 400 of the Pascas Papers before I put my name in any of them. I realised people needed someone to 'own them' – to be responsible for them.

Yes, it does take me a while to warm into communicating with a person.

Well, here we are. Two scaredy cats and we are about to make the whole of humanity do a Great U-Turn. How surreal is that?

Nanna Beth has a lot to answer for. She spent Saturday, 1 April 2017, with me and at the end of it I could have killed her – well not really. What came up was how she was so controlling when I was her grandchild in the physical. She died three months before I turned five. It was amazing – I had no idea! The visit was so that I could experience aspects of healing.

So, together by giving each other time and freedom to allow what ever is to unfold, then we can support each other a little at a time.

Man, have we been screwed over by our childhood upbringing.

cheers for now, John



Samantha: Thank you John for your wonderful support and for not telling me that I don't have to worry and don't need to feel scared, thank you for helping me to allow my fear. Most people try to shut that expression down by telling me that I don't need to be scared and that devastates me because they are not allowing me to be true to my fear and further suppress it.

It's been great to know more about you and yes, we are two scaredy cats ha ha, shitting myself all the way through this Great U-Turn in Humanity. I am so excited and so scared, both of which I will accept, express and reveal the truth.

Speak soon

Sam.

The Honorable Michael H. Richards
Lovelynych House
Middleton Stoney Road
Bicester, Oxfordshire UK OX26 1RT

25 January, 2018

Dear Mr. Richards;

I met your nephew Simon J. Church in 2007 through an acquaintance, in relation to a mutual financial investment. His mother was not my biggest fan and called me “that woman”. However his father was happy to discuss tennis and cricket. He always seemed to have mixed emotions about whether he should support England or Australia.

The financial investment took many turns eventually embroiling us in a complex international legal matter. In 2011, his uncle Fraser got involved. By the time he realized Simon was not the financial prowess matching him step for step, Simon found himself in the middle of a potential international incident. Simon is a wonderful man, but he was ill equipped to be thrown in to the deep end of his uncle’s world. I did what I could, but without certain crucial information, could accomplish little.

I was first contacted by Lord Fraser Milverton in late 2014. I found your brother both charming and brilliant, with a penchant for intense secrecy and complex departmentization. Admirable qualities unless you really needed something done. Then the smallest of human error can send the entire project spirally out of control. I believe by this time he was aware of his failing health and the precarious position in which he had placed his nephew.

He wanted to make an agreement. At some point in the future I would be notified that the information that Simon and I needed to resolve the financial matter would be delivered to me. Immediately upon receipt, I would convey certain documents to the appropriate authorities in order to provide Simon with the assistance he needs to extricate himself from his current predicament.

I was notified in October 2017 that such information was finally en route. As of this letter it has not arrived. I can only assume that some problem arose within the complex instructions given for delivery. In Lord Milverton’s quest for secrecy there was no channel given for me to make contact if the delivery failed.

I beg your assistance. I would be happy to meet with you at your earliest convenience to find the most efficient way to receive this information. If a personal meeting is not convenient, could you put me in direct contact with the appropriate parties to arrange immediate delivery.

We thank you in advance for your assistance. Please feel free to contact me with any questions.

Respectfully,

Crystal L. Schultz
11834 Cty Rd 128
Elgin, MN 55932
01 612 221 7145

crystal@attriver.com

KATHRYN STOKES

July 9, 1931 ~ December 2, 2017

Friday, 26 January 2018

Post by Geoff » Sunday December 03, 2017

We heard yesterday of the tragic passing into spirit of our beloved Kathryn Stokes, mother of Amy and loved by a great many. Jimbeau sent this message:

I just received a phone call from Crystal that Kathryn was killed by a hit and run driver around 6 pm in California ...

Please let everyone who knew her know ...

We all know that Kathryn was more than ready to cross over to spirit but her family is quite distraught as can be expected ...

Our prayers will be with them ...

In God's Love



She was a powerhouse in this Divine Love movement and epitomised love. For a great many years the annual Divine Love gatherings were held at her home in Santa Cruz, California and I was lucky enough to be there at least once. Maybe twice?

I am sure we will hear from her soon, and we all expect she would pass to at least the Fifth. But it's the nature of her passing that is taking a toll on Amy and Crystal and other family. Please hold them in your prayers.

Kathryn Stokes is the medium who has a great many messages on this site as "K.S."

Hugs Geoff

Love commands the universe. Man only resorts to control when love is missing.

Kathryn Stokes: James, I am so sorry, I want to apologise for disregarding you, for thinking you were dishonouring Mr. James Padgett, yet oh what a fool I was! Oh what fools we of the so-called 'Divine Love Movement' are. We simply have missed the point, that much I can now see from my short time here in spirit. Oh the regret, were I to have my time over again... however of course I would have been the same as I was, there is no changing that, however now I am greatly changed.

I stepped out in front of the car and it ran me over, stupid I know, however I was not in the right mental state of mind and was grateful for a swift end to my physical life. I know other things are said about my death, and if such people want to believe them, then so be it, as there is not much I can do about that now, is there?

I have wanted to speak to you and was glad that you read about my death on Geoff's site, as I would dearly love to encourage him and all those in the Divine Love Movement to consider your work more closely, because as I now understand, the information in the Padgett Messages is so severely limited, and to base one's whole spiritual progress around it is doing one a severe injustice, so I have since found out, just as those other people will find out when their time comes if they don't make the effort in the meantime to understand the truth of the Healing you are revealing.

Geoff would love to believe that I was advanced in my soul with the Divine Love and moved to live in the fifth Mansion World once I'd 'found my spirit legs', however nothing could be further from the truth. I was granted entry into the first (the lowest) level or plane of the third Mansion World, where I am now living in shared accommodation, as I understand more about the Healing and all it

involves. For I do want to get on now that I've become aware of it, and do my full Soul-Healing, as you advocate James, because I do understand that is the way for myself to ascend in truth, to deal with all my issues and problems, to work them back through my repressed feelings into understanding the truth of my early relationships with my parents and family.

And if there is one thing I would dearly love, is for Amy and Crystal to follow my lead, however I understand that not everyone will want to do their Healing, nor will they be ready to change all they hold dear in their beliefs and leap into the unknown that your work encourages us to do. However, I want to say that I support you James – entirely, for what it's worth, as I doubt many following the Divine Love Path and only James Padgett will be open minded enough to accept that it is myself – the same Kathryn Stokes they knew on Earth.

However it is I. No one else. I am not a spirit masquerading as Kathryn, and really I am not trying to convince anyone of the importance and necessity of embracing your work, for they too, like I have, will find out about it when they come over.

I am in a beginners group learning about all you have revealed to do with the Healing. It's funny to think that I am having to start out afresh, and that I wasn't as advanced as I believed I was. I do understand, as I can feel it to be so, that I have a lot, relatively speaking, of the Divine Love in my soul, however it is waiting for me to do the hard work on myself by looking to my feelings for the truth of myself, as you advise James, before any significant inner soul-transformation does occur. I understand that not all was said in the Padgett Messages because of the reasons you have outlined, as I also understand about myself that really I wasn't in a condition or state of mind to look more closely at your work for reasons my feelings are starting to show and awaken in me.

I was closed off to a lot of my feelings, that too I can see now, so it certainly was easier to remain under the strong control of my mind and its beliefs. But owing to my death, and wanting to understand what it is all about – I wanted to meet with Mr Padgett and to thank him for all he did, and to meet Helen of course too, only to be told that they are not available because they have ascended now higher in the Celestials with their respective soulpartners, that they weren't in fact soulmates as they made out – I've had to drastically alter many such erroneous beliefs.

Still, that is as it is, I am accepting that and moving on. There is so much for me to understand concerning my new life, too much to pass onto those I left behind. I am vastly different to how I was at the time of my death, and I'm changing rapidly every day now as I look more to my feelings for the truth of myself. I want to live true – to myself and to my Father; and yes James, my Heavenly Mother too. I now love the fact that I can long to BOTH of Them for Their Divine Love. It's so much easier, I feel more balanced, more right in it, which is helping to awaken the Feminine in me, which is making me feel stronger and more determined to look into the feelings I never wanted to admit and acknowledge I had.

But of course I had them, we all do, only I was firm in my mind and banished them so they wouldn't bother me. And now I understand I am to go the other way and allow them to bother me and feel all my pain and express it to the Healing group I am working with. We are starting our Soul-Healing as a small group. I have made a couple of very good friends, a woman and a man, and we spend all the time we can talking about all we're learning and starting to go through. And I love the fact that I have now finally found the True Path, the Path of my Feelings, and I am moving along it as they awaken in me; and yes, as hard as it is having to deal with all my bad ones, still, that it is all I want to do now, there is nothing else that interests me.

So thank you James for receiving my message. I completely misunderstood your first letter to me all those years ago, and I then misjudged you, wanting to keep you and the truth you are revealing at arms length, just as I wanted to keep my bad feelings away. Because as you no doubt understand, your work was too confronting and caused me to feel bad, and as I didn't want those bad feelings, so I banished you both, keeping you both away from my heart by using my mind.

So woe is me. Yet as you also understand, I simply wasn't ready for your work back then, however now I am. So once again, thank you for your time James, and thank you for all you have revealed; and I know you don't need any apology from me, however I feel better for being given this chance to at least get that off my chest.

I wish you all the best with what the Mother and Father ask of you. I understand the Healing Way is very hard, I have no idea just how hard, and yet I am ready to embrace it. Should this message from me somehow find its way to my children: please know my dears you are still held tight within my heart, however as I am finding out for myself and through my repressed feelings, it's time for me to let go and move on. So that is what I am doing.

All my love to you all, God bless you – Kathryn Stokes.

FEEINGS versus the MIND

Saturday, 27 January 2018

James: Hello Nanna Beth, you want to say something, I can feel you pressing on my mind?

Nanna Beth: Yes James, following your phone call with John and his comment about you receiving these messages like the one from Kathryn last night and David Higgins the other day, that such messages are 'filling in gaps', I want to confirm this is so, it's exactly their purpose.

We want to make available the way for people who are familiar with the Divine Love through the Padgett Messages and people familiar with your work, so they understand that upon their death and coming into the spirit worlds they will be presented with the option of moving into the healing Mansion Worlds with the Divine Love, or just carrying on denying such truth, thereby limiting their souls growth and looking to keep expanding their minds control over themselves.

You remember, it's all now Feelings versus the Mind, that is the premise we are working to, so we want people associated with the Divine Love and James Padgett's Messages to be aware that when they die they will be met by spirits who will introduce them to your work, should they be ignorant of it and should they want to move on their souls evolution, that all being in keeping with the needs of their soul.

Kathryn, for example, was sincerely wanting to live true, only her mind, as she explained, had too much control over the deeper feelings within her that would have allowed her to find that truth, but her death changed all that, freeing her in a way, so she was able to have a more open mind as she sought answers to many of her questions.

As you understand, we of course don't force anyone into doing anything they don't want to do, and not all people will so willingly, as Kathryn has, want to embrace the higher truths to do with the need to do their Soul-Healing with the Divine Love, but when they do, then all help is made available to them, and depending on the person (spirit), they will move along accordingly, so far as how much their mind will allow them, as they start looking more to their feelings.

Kathryn is aware of my speaking with you now and would like to add more to what she said to you last night, so I will give over to her and speak to you again afterwards.

Kathryn: Yes, hello James, sorry for interrupting you speaking with Nanna Beth, whom by the way I have heard about yet not as yet met. I am so much looking forward to meeting her should she want to speak with me, and perhaps when I am further advanced in my Healing.

What I wanted to add to what I said last night, was that as Nanna Beth is saying, yes, everything was made available to me, all help so that I was shown the choices I could make, which essentially boiled down to continuing on as I had been on Earth, as there were other people (spirits) familiar with and living the Padgett Messages in denial of your work, a small ‘colony’ of them; or I could do my Healing, as you call it.

I went and met the ‘Padgett People’, they were all very welcoming and wanted me to join them, some of them I knew, and all knew me, however I didn’t feel after my meeting that it was right for me. I had another feeling that there was something else, something greater, I didn’t know what it was, but it was along the lines of: But surely after such a big experience as death, we are to be more and do more than just carry on exactly from where we left off in our physical lives? These Padgett People all seemed more than happy just carrying on trying to introduce other spirits to the Padgett Papers, believing this was their chosen work and they were making slow progress, not unlike how it was back on Earth; but as I said, I wanted something more, and hence my questioning of the attending higher spirits that came to help me settle into my new life.

And these spirits were Celestials, and oh my god James, when you sense and feel the presence of their light, well you just know there is more, and so much more, and that is what I wanted. My soul yearned to be as they were, and I wanted them to tell me everything, and so they led me gently into understanding that there was indeed more, with my poor mind and its rigid beliefs struggling to accept new ways of looking at things – even of looking at myself.

However I soon decided, that if these Celestials were all living this truth and had all done their Healing, well really there wasn’t much left to consider after that. And that is when I was taken to start my new spirit life in the third Mansion World where I am now.

It’s a lovely small town in the country, very peaceful, as I yearn for such peace, and I can spend time walking in the woods and reading some of your books that are available over here – I loved your healing story of Sage, wishing that I was like her, she being so determined and righteous in her unassuming way, and reading other material and talking about all such things. And there is an awful lot to talk about, to learn. And as I said last night, I do dearly wish I had started with it all whilst on Earth, however another part of me is happy as I was, and happy to starting out in my new spirit life with it all being so new, and with a whole new Truth being presented to me, and one that, as Nanna Beth says, is all about filling in the gaps. Because it all makes sense, and my god does it so! Even with some of it being so obvious when you are introduced to it, and yet I couldn’t entertain such expansive notions when on Earth.

And before I go, one other thing I want to say about my passing, what made me suddenly step out onto the road, was that I heard someone, a woman, calling my name. She was calling me to come and join her from the other side of the road, even though now I know there was no such woman, and that in fact it was one of my angels. We can’t see our angels in the Mansion Worlds, they await us in the Celestial spheres so I am told, but to now be able to include them in my life, to know they are a vital part of my life, and although unseen, are helping me every step of the way just as they have always been, is one of the new lovely feelings of peace and contentment I am currently enjoying. A sense that I am being well

looked after, and more so than I can possibly imagine, being so grateful to them and God for ending my life in such a simple way. We all of course compare our 'end of life stories' and I have to say that I love mine, I can still hear that soft yet firm woman's voice, it sounding not unlike my mother's, and knowing now that it was my unseen angel. So you can see why I loved Sage so much.

God bless all who reads my simple messages to you James, we are all blessed – I am feeling very moved about how it's all turning out for me at present. I know the hard work of my Healing awaits me, however somehow I feel that I am now ready for that too, that it will simply unfold for me just like hearing that heavenly voice calling me, as my soul calls me to account and I will honour my feelings and step out to start crossing this new road in my new spirit life. It is all quite exciting as daunting as it is, yet I want to be Celestial, it's all I've ever wanted, and now that I know the way to become one, so I will begin my Healing in earnest.

Thank you again James, I will give you back to Nanna Beth.

Nanna Beth: Yes James, as it has been for Kathryn, the option of doing one's Healing will be offered to everyone who comes over and is familiar with yours and James Padgett's work. It's to be a natural step, there no longer needs to be the confusion and for spirits to go off into the mind worlds not knowing what anything is really about, not understanding that by doing so they are still only expanding their wrongness. So it's another part of the truth-revealing process coming about at this time. And if people can gain any help and support from Kathryn and the recently arrived spirits who've told you briefly of their experiences, then there is more light moving to end the darkness of the Rebellion and Default.

That is all I wanted to say James, really to encourage Kathryn to say more about how she is really feeling, she is blown out somewhat by all the light and new information she is receiving, but she'll soon settle down and move into working with her feelings to uncover the truth about herself they will show her.

And before I go I will say to John: My dear grandson, well done with the completion of this phase, have a little break as you feel to, and soon you'll be moved into what the Mother and Father will next be asking of you.

We are as always, constantly surrounding you all, with the good instead of the bad. I will speak again soon – love, your Nanna Beth.

James: And great fun those cockies – thanks again for the pictures John



Sulphur Crested Cockatoos

One's feelings may bite and ruffle one's feathers; however, it is our feelings that are always in truth as they come from within one's soul which is always in truth and love.

The life force of all aspects and elements of living nature never reincarnate. The life force of each natural living thing returns to the pool of life energy and re-emerges as a nature spirit to continue its development of its mind. The nature spirit's development leads to subsequently becoming an angel.

We, humanity, are to develop our soul through the pathway of truth through our feelings.



HIDDEN CONTROLLERS

Saturday, 27 January 2018

This is more just for the records John.

James: Nanna Beth, it seems like there is more going on with Trump and his side fighting against the hidden controllers than I thought – am I correct in this? And if so, why is it always left up to me to think about such things, as in come up with the questions to ask you spirits – how come you're not forth coming yourselves?

Nanna Beth – 3rd Celestial Heaven: You know the answer to that James, we can only move along with you as you progress, we can't go ahead of you. So we have to wait for you, and adjust our story accordingly. We can't come forward all the time and tell you what's going on as that would have too much of a negative influence on you. So we can't interfere as we've told you, which I understand is difficult for you to understand, however it's all part of what you have to accept, learning how to work with it – with us, and with yourself.

James: Yeah, okay, I just thought I'd run it by you again. I'm so bored, and I'm sorry for bothering you, asking you the same things. I don't feel inspired to do anything, things come up for me to work on during the morning from my dreams and night, and Marion and I do a little through the day, mostly moaning on about how bad we feel in one way or another, but really we're just accepting the hole in ourselves feeling so unloved, with nothing we can do about filling it. Just feeling powerless in our unlovingness.

Nanna Beth: I understand James, and don't mind indulging you in the slightest, so ask your questions when you want and I will do my best at answering them, that being within the limitations imposed on me by your soul growth.

So to your question about Trump, and you are correct, it's a major battle going on between two rival powers, those you know as the Zionists and those of the Freemasons, the two being separate and yet with similar goals, employing different tactics to achieve them. And for all intents and purposes, they are all collectively called the hidden controllers as we've referred to them, with the **Zionists employing the Deep State** to do their dirty work, and with the Freemasons using more regular channels.

The **Freemasons have groomed Trump** for this time, they have bided their time over the years waiting for the right star configurations so as to make their takeover bid, which they are currently successfully achieving.

And we are supporting them more, for the time being, because they will upset much of what has been deemed 'normal' for generations, all of which will help free humanity from the clutches **of the true Evil Ones, the controlling mind spirits who've we've shut down**. And although such spirits are all but inactive now, still their legacies and controlling systems are well entrenched in how the world works, that which Trump will seek to alter directly and indirectly – that is without his understanding that he will have such an influence, all of which will then start to open the doors necessary for us to move the truths you are revealing through into humanity.

James: It keeps playing on my mind that humanity in the blink of an eye could be adjusted by changing the vibration of some such level of light, that being what's happened in the past with the cataclysmic changes. So suddenly, all people who believe and live a certain way could suddenly perish or get ill and die, whereas those living another way, remain to start the new – is that sort of 'event' in the pipeline, or is it just something for me to consider? Or is it my fanciful imagination?

Nanna Beth: It's both, and not your imagination. Bob (James' indwelling spirit) has been making you focus on it. When the time is right, such massive changes will take place, both Earth changes and what effects humanity as you are suggesting, and many people will perish because they will be no longer suited to the vibration of the world. They will move into the mind worlds, there to carry on their wrongness, whilst those left on Earth will be freer to set about living true to their feelings.

However that event is not for some time yet, and after your death, for first the truths about the Healing have to be made readily available and for everyone to be given the chance as to how they will receive them, either welcome them or reject them. Then once the Planetary Judgement has been made, which means everyone has made their choice, then things will change in the ways I've been talking about, those rejecting the truth being removed, those embracing it remaining.

But that doesn't mean that suddenly humanity is healed and free, true and perfect. It just means that the bottom bar has been raised so far a little more limiting how far people can transgress against the truth of their soul. So humanity, those left and who incarnate on Earth thereafter, won't be able to fall so far into the depths of the Rebellion and Default that people can now. This effectively serving to raise humanity's spiritual vibration, it being what is symbolised by Jesus supposedly coming and taken the Chosen off to the Promised Land. Which really means, those chosen to remain on Earth and start living under the full vibration of the Spiritual Age, being free to get on and live more according to their feelings, and without so much of the current controlling mind interference blocking such growth.

Trump is going to keep putting the pressure on the other hidden controllers, and you'll see them starting to panic and say meaningless things, start blaming each other, start getting reckless as they fear they are going to be stripped of all their amassed great wealth. The rich are turning on the rich, and the poor will just be the spectators, as the ultimate power controllers try to maintain their control over each other.

It looks like it will be all fun and games, and none of the poor are going to have sleepless nights over the losses of the rich. And a lot of hidden money will be freed up, and the whole global economy will appear to be rolling along nicely, until... And that 'until' Mary told you about some years ago, and which we can't as yet say anything. However it is soon destined to occur, so just when it seems like things are going along well for Trump and his crew, the rug will be pulled on all the power controllers and then they will all be reeling.

We'll be able to tell you more about that later, however in the meantime John and Crystal are to get their money and start getting on with the job of securing it so they are in control of it for this time I am talking about.

And again I am sorry for being so hazy about such things, however such things are simply not allowed to be known by humanity, it is all to come as a surprise because then it will have the most and the desired impact.

And until then, you will be entertained by all the goings on as the people in control start wheeling and dealing for all they are worth. It's interesting times ahead James for all concerned.

And I will also tell you, as I can tell you this, that there won't be anymore 'drop in' recently dead spirits for you to talk to, Kathryn being the last. We'll now move back to you speaking just with myself and the two K's (Kevin and Kathaleen) if need be. The last message you just sent to John put it into context that which we wanted to make known to you, as John has surmised, that being what we'd hoped he would do, as it's all centring around him and will continue to do so, he being like the eye of the storm in a sort of way.

So now we've completed all the work we wanted you to do with him in preparation for what is to come. The last bridge was what Kathryn and the other Divine Love and Padgett Message people who have died have put in place. Now the crossover for such people in future is in place, and even if such people don't know what is available and waiting for them, still it will be offered to them, because in one way or another through the likes of Kathryn and the others this past year, people will be more easily introduced to the Healing and all you and Marion are revealing.



And I know it's only a few spirits currently, however it's enough for each of them who will become focal points for the newly arriving Divine Love spirits, just as will be those who will receive those spirits doing their Healing in future. It's all part of the new, building the connections with spirit in real time, through real people and spirits, and so people dying will be helped and then in turn be able to help those who die, with it all in the end being done by spirits on the same levels or just slightly higher and without the continual need for us Celestials to come and welcome such newly arriving spirits. All of us Celestials are going to be needed to help with other things, things to do with all we've been talking about so far as the changes going on in the world, and with people who want to do their Healing. So being welcomed into spirit by Celestials will lessen as spirits newly arriving from Earth understanding about it and doing their Healing will be taking over. And then in time there will only be Celestial involvement in the higher Healing levels of the higher Mansion Worlds, if at all, for even further on, humanity is to help each other without the direct Celestial help through each level of the Mansion Worlds. Which is in a way, our giving the Divine Love feeling and healing Mansion Worlds back to those spirits in them, with only a select few Celestials being required to do some of the more advanced teaching.

James: I see what you're saying, so everyone helps everyone else in their relevant level, so without the need of the higher ones coming down all the time to assist those on the lower levels. So the Celestials will be sort of phased out of having so much personally to do with the Healing spirits.

Nanna Beth: Yes. And in time, many spirits will ascend the healing Mansion Worlds – 3, 5 and 7 – right the way through their Healing without having anything directly to do with a Celestial spirit, which in turn will leave us freer to get on and ascend no longer being required to keep assisting the lower levels of humanity. However James, that is a much longer way in the future, and well after the next Spiritual Age is complete, however the beginnings of such things are being implemented now, as you have been doing with these newly arrived Divine Love spirits through John's insistence. And although Kathryn didn't have anything directly to do with John personally, indirectly because of the position she held in the 'Divine Love Movement', she did.

James: So for the time being it's quite another extraordinary thing with us all having so much personally to do with you Celestials?

Nanna Beth: Yes, very, for us and for yourselves. It offering very unique experiences for us, all of which we relish and are grateful for. Those of us now and who are to work with humanity through this next age are very privileged indeed, for there has never been anything like it and nor will there again be anything like it in Neadon (our Local Universe), so we're all in a very unique position.

So for the time being, and right through the next Age, there is going to be a lot of help offered by us Celestials to those wanting to embrace your truths and do their Healing. And also to those people and spirits who might not actually begin their Healing immediately, yet want to understand it like how John is.

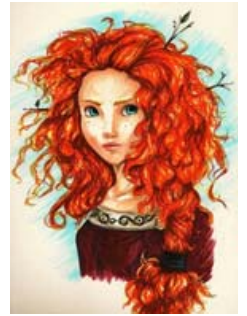
I will go now James. Things are soon – there's that word again – to change for you all. And I will speak again soon – Nanna Beth.

James: Thank you Nanna Beth.

HUMANITY'S ASCENSION – SPIRIT HEALING WORLDS

Sunday, 28 January 2018

John, this completes what Nanna Beth was saying yesterday. And as there is too much Avonal stuff in it I don't want it given out, so please just add it to your personal records. You said it was all helping fill in gaps, well I can't see anymore now, it's all gone beyond me, at least Nanna Beth knows what is required.



And how are you fairing Sam?

James: Nanna Beth, following on from what you said yesterday about the changes to occur in the Divine Love healing Mansion Worlds with you Celestials having less and less to do with them, I was thinking this morning further about what you said: how people on Earth are going to have more of an impact and effect on how these Mansion Worlds are as they die and come over into spirit. And for me the difference being, that I thought the Mansion Worlds were going to effectively descend to Earth causing us more to be like them, but now you're saying we on Earth are going to ascend up into having more of an effect on them. So no doubt it will be a bit of both – am I right about that?

Nanna Beth – 3rd Celestial Heaven: You are James. There will be a much greater presence, or feeling if you like, from these healing Mansion Worlds on Earth as people strive to embrace the truths you are revealing and do their Healing; and then when such people die and continue their Healing, so they will effect greater change in the healing Mansion Worlds. With the greatest effect being they will take more of the Divine Love healing Mansion Worlds – the Feeling Mansion Worlds, into their own hands, making them more to their liking, having more of a say, reorganising how they are set up and how things are, so moving more of how they were on Earth into such worlds, as those worlds also reach down helping others on Earth. And because of this greater effect from these Healing (and wanting to do their Healing) spirits coming over from Earth, so we Celestials won't be needed as much and will consequently withdraw leaving it to these newly arriving spirits to assert their personalities upon these worlds.

And at the same time you'll always have many mind spirits coming into these Healing worlds as well, as they want to begin their Healing, however they will be coming from the old mind ways which they will willingly, and as part of their Healing, want to give up, so being more than happy to join in with and support the newly arriving 'Healing' people from Earth.

And so you will get people doing their Healing arriving into all levels of these Healing worlds, and you will also have those people who understand about the need to do their Healing and who want to do it but are waiting to begin once they are in spirit, arriving too, so they will be starting at the bottom and working their way up, so with everyone leaving their 'stamp' on the worlds as they do and complete their Healing.

So the whole organisation, administration, the setting up of the these Healing worlds, will slowly reflect the needs of those newly coming into these Healing worlds at all their differing Healing levels. And because the current Healing way was established long ago by spirits influenced by Mary and Jesus, the Healing worlds have virtually been left unchanged, they have kept up with the times, however the spirits doing their Healing in them are just following along in the footsteps of those first healing spirits. However that is all what is to change, the whole structure and feel to these Healing worlds, thereby bringing them up to date with what you and Marion are doing. They are to reflect your Healing if you like James, but not just the both of you saying how they will be, but how people who take your

truths and live them, people like Samantha for example, how she will want to live and continue doing her Healing should she suddenly die and come over, she having a profound effect upon whatever level she would move into, she wanting to set things up more to her liking so she could continue with her Healing. So using her as an example, were she to die today, she would be encouraged to change her surroundings and how things are done when she came over, in the level and world she would continue her Healing in. Whereas up until now, were she for example to die already being well progressed in her Healing, she would have to make other changes to fit in with the existing structure, which in fact wouldn't be right for her, and would limit and restrict her self and feeling expression, so it would be more difficult for her. She being how she is would adapt, however it wouldn't be fair, not after all the good work she's done on herself so far in the physical. So to support her, and not force her to fit what would be an outdated model of doing one's Healing, she would be allowed to change her surroundings, to have an effect on the level she was in and whole Mansion World structure so as to make it support the remainder of her Healing. And we Celestials would comply with her wishes.



We Celestials have all come up – done our Healing – through the old way, the way of Mary and Jesus, but now that's to change into the new way, the way of yours and Marion's. And so those people who become spirits reflecting that different way, are to change and have a positive impact on their Mansion World experience. So that's what I am getting at, which rightfully you've picked up on this morning and understood, by giving me this further opportunity to explain it to you.

James: Yes, now I see what you're saying. We of course don't understand how different our Healing is compared to how it might have been had we done it in spirit, but I can see the different personality expressions of the Healing. How Mary and Jesus have revealed it, they not having actually done their own Healing, is being very different to how Marion and I would, or Samantha, or anyone else who does it in the physical. And so that also helps explain how someone like Kevin did it, as all he said I've found hard to relate to – all any of you Celestials have said for that matter. But now I understand that my Healing way is different to all you have experienced because you're all following Mary and Jesus, with Marion, Samantha and myself having to work it out for ourselves. I did think it was just the difference between doing it in flesh compared with doing it in spirit, however now I'm understanding that really the Healing is an expression of Marion and myself, as it was for you in spirit an expression of Mary and Jesus, it all being because of the influence of the Spirits of Truth involved. (Creator Daughters and Sons as well as Avonal Daughters and Sons have Spirits of Truth, we ascending daughters and sons do not.)

Nanna Beth: Exactly James. So were for example another Avonal Pair to come and do their Healing, as they would be different to you and Marion, so people would end up doing their Healing expressing that difference because of their attending Spirits of Truth. So the 'flavour' of the Healing reflects you and Marion, as your Healing covers all the Healing everyone on Earth will do; and so because of that, will be reflected or expressed eventually in the Mansion Worlds.

James: But what about when the next Age ends, the Divine Love is withdrawn, and people and spirits can only do their Feeling-Healing perfecting their Natural love, with everyone then awaiting the next Avonal Pair so as to restart people and spirits being able to do their Soul-Healing with the Divine Love when it's rebestowed?

Nanna Beth: Then the Mansion Worlds will change again to reflect the personalities of that Pair. However yours and Marion's Spirits of Truth will still be available to help those people and spirits

doing their Feeling-Healing, and so still some of you both will remain as expressed in the Mansion Worlds.

James: Yeah okay, I see what you're saying. And then if Samantha finishes her Healing before she dies, moving directly into the Celestial spheres, then she is likely to effect changes there too?

Nanna Beth: Yes. And so as more spirits arrive into the lower three Celestial spheres having finished their Healing with the help of yours and Marion's Spirits of Truth, so the likes of Samantha are going to greatly change these spheres. We are all as you understand from what I said, still following in Mary and Jesus' footsteps, although we're more contemporary compared to the old order that we've replaced; yet still, because our Healing was structured by Mary and Jesus, so we reflect their influence in how we set up and organise our lives in these three lower Celestial spheres. So that is all set to change, and if we are to remain and help the likes of Samantha for example, then we'll change with all she would want to implement and instigate, provided of course it is within her soul plan to remain for any length of time in these lower spheres helping those in the Mansion Worlds and on Earth like we are. She might find that uniting with her soulmate they both feel the pull to Paradise and want to get on with their ascension, no longer wanting to have anything to do with Earth and being restricted by having to remain in the lower Celestials like those of us who do are. We remaining here mainly to further heal ourselves, to bring all that was retarded in us out into full personality expression, whilst we do the work with humanity that we are assigned to do. However someone like Samantha, because of the extraordinariness of herself, of her soul, she is cutting right through such restrictions and limitations, and it wouldn't surprise us that she simply keeps going once she attains a Celestial level of truth. So were she to finish her Healing on Earth, she might spend time also rectifying her retarded personality expression, like we all do, yet by the time she dies having finished that, be more than ready to keep ascending Nebadon (our Local Universe) and moving on as the vanguard of the Newly Healed from Urantia (Earth), right the way through to Paradise (home of our Heavenly Mother and Father).



And you understand Sam, we are only using you to speculate about this, you will feel when the time is right what it is for you, and it will happen anyway as it will, however I am writing this more now for James to understand because he needs to do so as to integrate it into his picture thereby being able to support or counsel you in this regard should you ever need it from him. Just as he will be able to with other people who'll want to do their Healing by dedicating their life to it, which is where he will end up being focused the most – concerning himself with such people because they will be the Chosen Ones who'll be effecting the most change. So even if for example again, you Samantha complete your Healing and finish your personality expression rectification, attaining much higher Celestial levels of truth before you die, then upon death moving high up into the Celestial levels, even moving beyond the likes of myself, for I am to remain working with John and others right the way through the next Age, you will still, even in your very brief time of passing through our levels, bring about change, that which we will be able to harness and integrate so as to help others following your path.

But again I want to say to you Samantha, I am only using you as an example, please don't get too caught up in your mind trying to work out where you fit in and what will happen to you, because it's too early for that yet. And there is a lot you will need to do on Earth first before your time comes to leave. However all that you will do, all you are already doing and have done through your Healing, is already having an effect on the Mansion Worlds and even on us here in the lower Celestial worlds, because you are living the New Way, the true Healing Way, because you have embraced your Healing in flesh. We did our Healing a different way, it wasn't the full Healing Way as you are doing, because

we started in spirit. So things are always changing, although sometimes they might not seem like they are for a great many years, and then suddenly, everything is different.

And we want these changes, we don't resent them, we are working to help them along as much as we're allowed to. We understand it all has to change, because it's all for the good in the long term, the whole of humanity and so all of its ascension has to become perfect, so such changes are all part of cancelling the limitations imposed on us all by the Evil Ones. And in the end, everything including life on Earth will be so vastly different, because all the evilness will have been eradicated, and then we'll be able to see what true, pure, loving humanity on Earth is like, that which we were all denied.

James: Thank you for all of that Nanna Beth, I have the picture in my mind now, and as you say, should I be able to help anyone understand such things possibly I might be able to. And at least I might be able to understand more about their Healing should they move into areas that seem different to my understanding of it. Everyday I see differences between Marion and myself, and even this morning I was seeing that really our Healing is making us be more how we've always been as we bring out all those repressed feelings that stopped us from being that way. Marion is wanting to die and leave, finding the whole world and how everyone is completely agonising to have to deal with, whereas I don't mind that so much, hating it too, but being able to work with it, and longing increasingly to get fully amongst it, to get right into doing things in the world. So I want to plunge right in, having felt kept on the outer all my life, whereas Marion wants to finally get away from it because she's always felt she was 'dropped off' at the wrong world. So this morning I was having to accept, that quite possibly she might die, leaving me behind to get on with the 'work' – whatever that might be; that she could go into the Celestial spheres with you having completed her Healing, and possibly even to help me from there should we continue to have anything to do with each other. I still don't know about the whole soulmate or Avonal thing, she being very adamant that it's all just my fantasy, so until that all changes one way or the other, everything is still up in the air.

But what is happening to us is we're coming to fully realise how powerless we are to change ourselves, we can't do anything to make love come to us, to be more loving, to feel loved. We are just being more our true unloving states, seeing how we're similar and different in them, and how we can't give each other what we need – any love, we can't help each other by loving each other, so we just sit on the couches opposite each other talking about and expressing the pain of our both feeling so totally bereft of love and how we're both powerless and so useless that we can't do anything to help ourselves or each other, other than just keep expressing all our bad feelings. And as to whether anything will end or really change, as in somehow we'll have our love deficit filled in, when all we can feel is we weren't loved as a baby and child – so how do you get that love when you never got it?, or we'll just keep going forever feeling unloved and fucked. It definitely feels like we're coming toward possibly something like an end, however as I've said all the way along, it's all so completely different to anything like I thought it would be, so I could still be wrong about feeling that. Anyway, it's getting too hot to keep writing Nanna Beth, so I'll go now. Thank you again for all your help.

Nanna Beth: It's my pleasure James, I'll be in touch – goodbye now, Nanna Beth.

NATURAL LOVE and DIVINE LOVE SPHERES:

Divine Love progress is to infinity

Peak of 7th sphere is where one becomes at one with our Mother and Father.

These calibrations are an approximation utilising Dr David Hawkins' 'Map of Consciousness' table:

Natural Love peak is 1,000 on MoC

**Natural Love
6th Sphere
Mansion / Mind
Worlds

MoC 840 – 1,000**

**Natural Love
4th Sphere
Mansion / Mind
Worlds

MoC 650 – 840**

**Natural Love
2nd Sphere
Mansion / Mind
Worlds

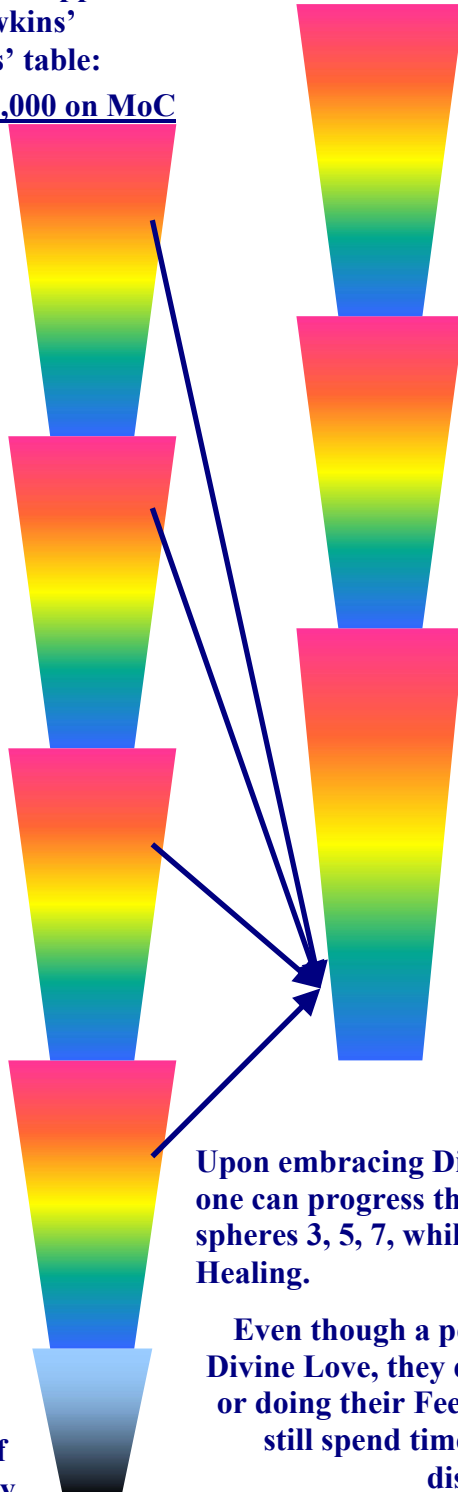
MoC 500 – 650**

**Natural Love
1st Sphere

MoC 200 – 500**

We all enter the 1st natural love sphere on the death of our body.

**HELLS:
MoC 1 – 200
Hells being a sub-set of 2 Planes of Disharmony.**



**Divine Love
7th Sphere

MoC 920 – 1,080**

**Divine Love
5th Sphere

MoC 780 – 920**

**Divine Love
3rd Sphere

MoC 500 – 780**

One's natural love is always progressively perfected during this journey of evolution of the soul. One's personality, based on natural love, and mind based memories continue with the soul for all of eternity.

Upon embracing Divine Love at any stage, then one can progress through the Divine Love spheres 3, 5, 7, whilst also doing their Feeling-Healing.

Even though a person may have received Divine Love, they do not avoid compensation or doing their Feeling-Healing, so they may still spend time within the spheres of disharmony.

Note: The 1st Divine Love Sphere and the 1st Sphere of Disharmony may simply be planes within the 1st Natural Love Spirit World.

NATURAL LOVE and DIVINE LOVE SPHERES and FEELING HEALING PLANES:

CURRENTLY before HANDOVER!

Divine Love progress is to infinity

Peak of 7th sphere is where one becomes at one with our Heavenly Parents.

These calibrations are an approximation

utilising Dr David Hawkins' 'Map of Consciousness' table:

Natural Love peak is 1,000 on MoC

Natural Love
6th Sphere
Mansion / Mind
Worlds

MoC 840 – 1,000

Natural Love
4th Sphere
Mansion / Mind
Worlds

MoC 650 – 840

Natural Love
2nd Sphere
Mansion / Minds
Worlds

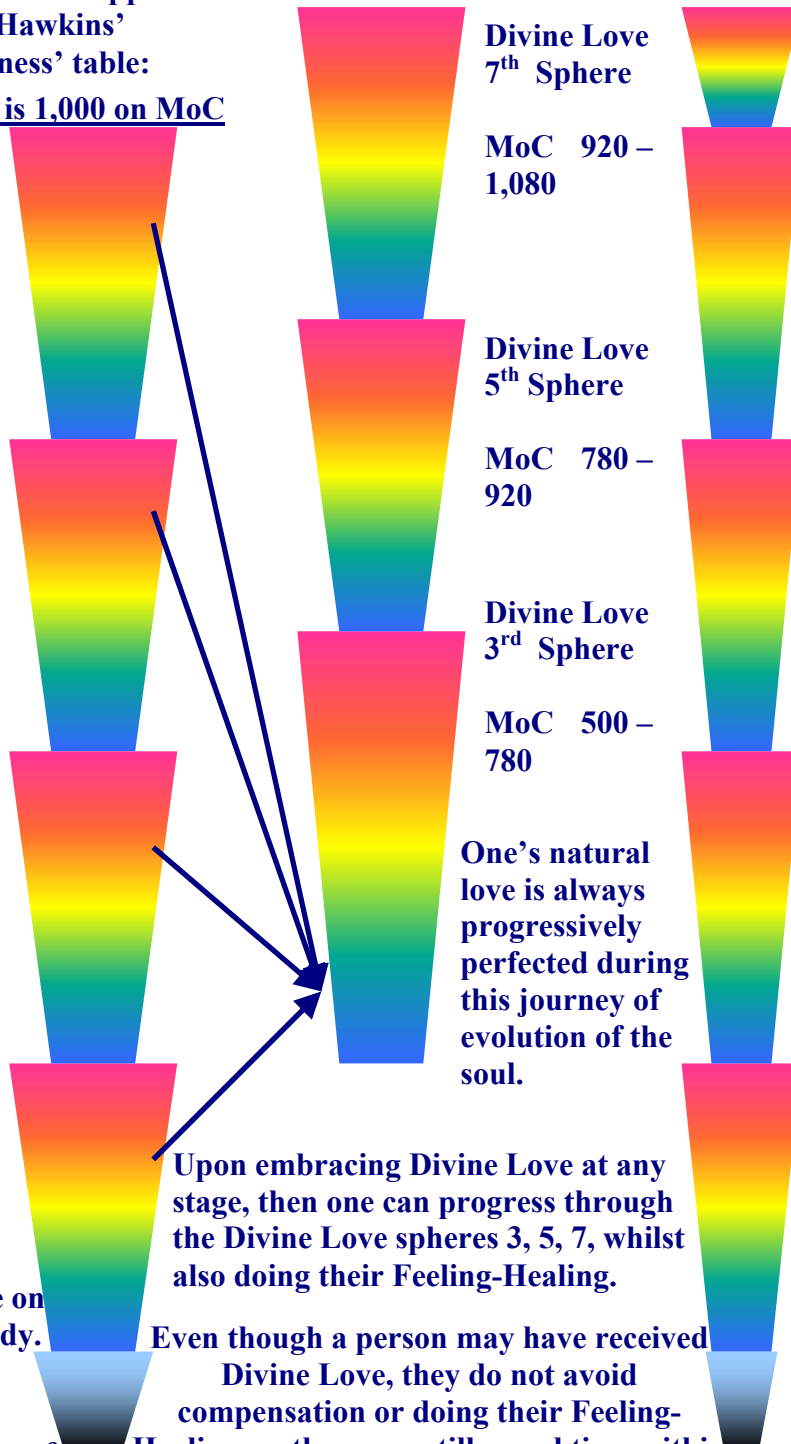
MoC 500 – 650

Natural Love
1st Sphere

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We all enter the 1st natural love sphere on the death of our body.

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Hells being a sub-set of 2 Spheres of Disharmony.



Divine Love
7th Sphere

MoC 920 – 1,080

Divine Love
5th Sphere

MoC 780 – 920

Divine Love
3rd Sphere

MoC 500 – 780

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Upon embracing Divine Love at any stage, then one can progress through the Divine Love spheres 3, 5, 7, whilst also doing their Feeling-Healing.

Even though a person may have received Divine Love, they do not avoid compensation or doing their Feeling-Healing, so they may still spend time within the spheres of disharmony.

Natural Love sectors for those doing their Feeling-Healing, without the Love, are within the Natural Love Mansion Worlds:

Progressing through the natural love worlds, within Feeling-Healing sectors, while doing one's feeling healing, upon reaching the 6th Sphere having completed Feeling-Healing, one can then embrace the Divine Love and proceed directly to the 7th Divine Love Sphere.

Then they may prepare to enter the Celestial Heaven Spheres from there.

This pathway is when, or should, the Divine Love not be available before perfecting one's soul.

NATURAL LOVE and DIVINE LOVE SPHERES and FEELING HEALING PLANES:

After the HAND OVER!

Divine Love progress is to infinity

Peak of 7th sphere is where one becomes at one with our Heavenly Parents.

These calibrations are an approximation

utilising Dr David Hawkins’

‘Map of Consciousness’ table:

Natural Love peak is 1,000 on MoC

**Natural Love
6th Sphere
Mansion / Mind
Worlds with
Feeling Healing
MoC 840 – 1,000**

**Natural Love
4th Sphere
Mansion / Mind
Worlds with
Feeling Healing
MoC 650 – 840**

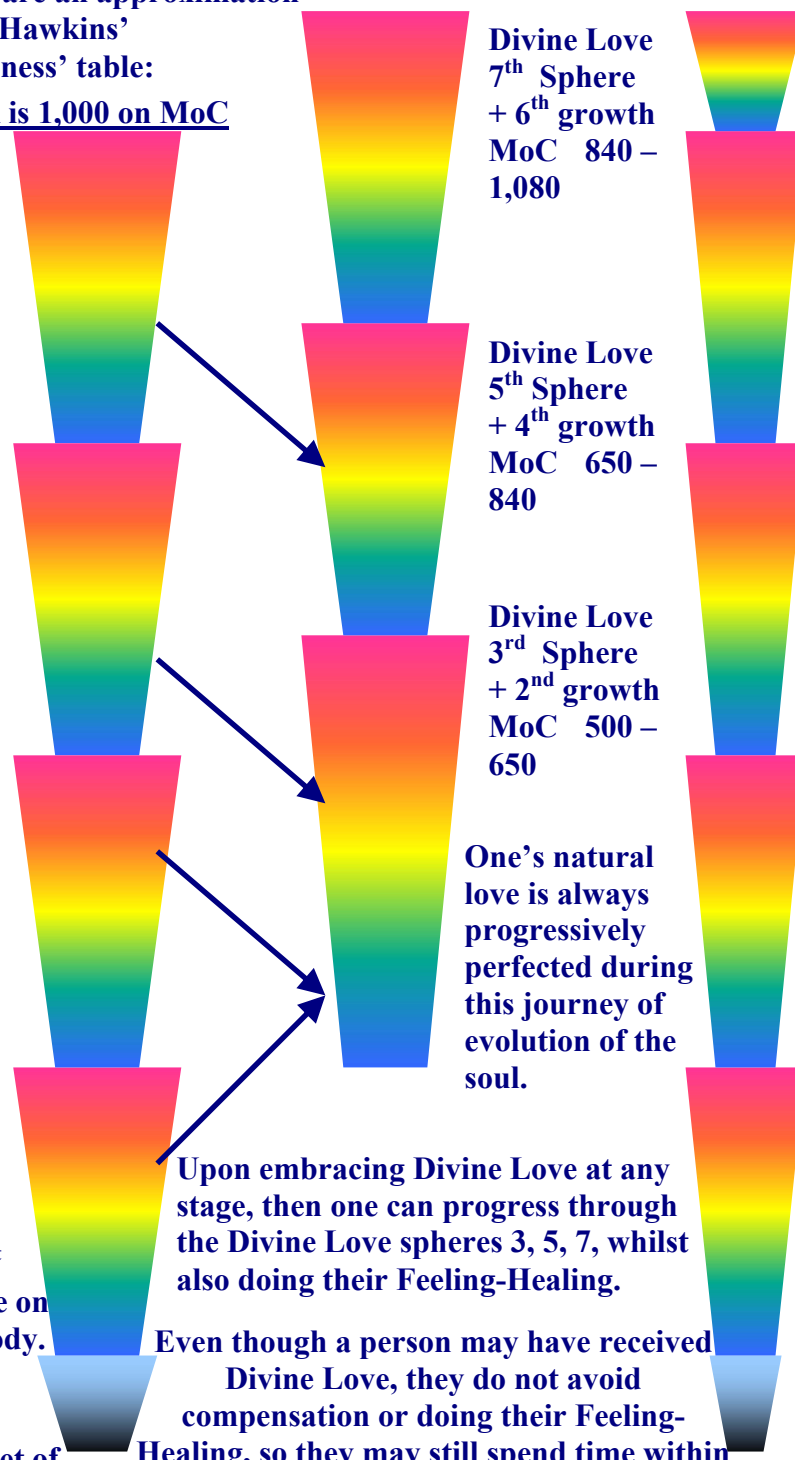
**Natural Love
2nd Sphere
Mansion / Minds
Worlds with
Feeling Healing
MoC 500 – 650**

**Natural Love
1st Sphere

MoC 200 – 500**

**We all enter the 1st
natural love sphere on
the death of our body.**

**HELL planes:
MoC 1 – 200
Hells being a sub-set of
2 Spheres of Disharmony.**



**Divine Love
7th Sphere
+ 6th growth
MoC 840 –
1,080**

**Divine Love
5th Sphere
+ 4th growth
MoC 650 –
840**

**Divine Love
3rd Sphere
+ 2nd growth
MoC 500 –
650**

**One’s natural
love is always
progressively
perfected during
this journey of
evolution of the
soul.**

**Upon embracing Divine Love at any
stage, then one can progress through
the Divine Love spheres 3, 5, 7, whilst
also doing their Feeling-Healing.**

**Even though a person may have received
Divine Love, they do not avoid
compensation or doing their Feeling-
Healing, so they may still spend time within
the spheres of disharmony.**

**Natural Love
sectors for those
doing their
Feeling-Healing,
without the Love,
are within the
Natural Love
Mansion Worlds:**

**Progressing
through the
natural love
worlds, within
Feeling-Healing
sectors, while
doing one’s
feeling healing,
upon reaching the
6th Sphere having
completed
Feeling-Healing,
one can then
embrace the
Divine Love and
proceed directly
to the 7th Divine
Love Sphere.**

**Then they may
prepare to enter
the Celestial
Heaven Spheres
from there.**

**This pathway is
when the Divine
Love is
unavailable
before perfecting
one’s soul.**

NOTE from JAMES

Tuesday, 30 January 2018

He (Michael N) sounds good in his convictions looking to his soul, however I'm always sceptical that it's not just another way of the mind remaining in control. Until someone is actively doing their Healing... And by the way, I don't want to go so far as saying that essentially Marion and I have finished our Healing, some aspects of it possibly, however I don't want to get too carried away just yet. It's not over until you know who sings.

And, which you'll probably add to your 'essentially':

I posted this on the DLS forum and are sending it to you because it feels like yet again another part of the 'finishing off'. Understanding more of the whole picture and my relationship with Marion. Also I had a good talk with Graeme B, he's got a good understanding of it all, of the complexities one will face and need to face through feelings as one does one's Healing.

MANSION WORLD ASCENSION

Tuesday, 30 January 2018

James: This morning I had a good experience. It's nothing really new, only confirming more surely how I already feel about things, however my understanding of the bigger picture came together even more as I expressed yet more anger and frustration out of me.

I now see that the Mansion Worlds are for us, or any humanity, to ascend as we uncover the truth of ourselves through our feelings. If we were born into perfect loving families, then our Mansion World ascent would reveal to us the truth of such love, how perfect it all was and why. We'd come to understand the whole truth of Natural love perfection, understanding how it evolved being put in place from our very beginning at conception. And by the time we'd have finished working our way through the seven worlds, we'd be ready to move into the Celestial spheres embracing the Divine Love and moving to even higher levels of perfection, truth and the expression of such love.

We however, having been incarnated into no-love, the very opposite of truth and perfection, will use our Mansion World experience, which I call our Healing, to uncover the whole truth of our unlovingness. So by the time we reach the Celestial spheres we completely understand the negative, what it's like being conceived and then born into rejection, feeling unwanted, hated, feeling uncared about and totally disrespected – all the worst stuff, all how bad it feels to not feel loved. And within that, because some people did have a taste of some love, so they will have to reconcile that within their bad unloved feeling states, coming to understand just how true was this love, and was it not just something contrived by their mind, was it genuine, and it's relationship with those parts of themselves that feel very bad and unloved. And then once one understands the whole truth of their unloving state, moving into the Celestial state will allow the Divine Love to work it's full magic upon their soul, as they bring about and start living and uncovering the truth of their newfound love and truth perfection.

So to summarise, the Mansion Worlds are for us to fill in any gaps in our unloving state, which means, should we need to further evolve our mind's control over ourselves, we can do that, and when that is done, begin our Healing in the Feeling Mansion Worlds. And we are to also understand that we are living our Mansion World existence simultaneously on Earth. So the level we reach through our physical lives we carry on in the Mansion Worlds. And if we finish our Healing before we die, then we live as a Celestial in flesh, moving into the appropriate Celestial sphere when we die, then to carry on our Celestial growth of truth.

Also on the personal level, having been told by the spirits years ago that Marion and I are soulmates, yet having been made to wonder if indeed that is true because as our Healing has progressed we've come to understand and accept that our relationship is not loving, at least not as one would think soulmate love would be, and that it seems like it's even the opposite with us both fully acknowledging our unlovingness and how we don't love ourselves or each other, suddenly it struck me this morning that in fact it is true, we are 'soulmates' only soulmates in our unlovingness. So we are perfectly suited to each other in how unloving we are, and even in how we hate each other when we feel we do. And in our perfect unlovingness toward each other, so we've been able to help each other come to terms with and understand the full realisation of what being untrue, false and unloving is all about. And all about in our early life relationships and in our relationship together as we do our Healing. And once we are Healed, as to whether or not we are true loving soulmates, remains to be seen, it possibly being part of the love we'll be living. However that is still some way off, we've still got more truth to see, understand and accept about our unlovingness.

So today is one of the days, which I wish there were more of, when I feel more sure about it all, the whole Healing, everything I've written, and all I am doing in my own spiritual life.



YAHOO!!!!

Wednesday, 31 January 2018

John, thanks for the newsletter (Divine Love Newsletter, Foundation Church of Divine Truth, editor Michael N) – it looks nicely laid out. I couldn't call you today because of goings on at the Bush Bank concerning the changeover. It all sounds very good. Fingers crossed.

On the way home in the car Nanna Beth was telling me things, so I've asked her to write it for you and your records.

END to the REBELLION and DEFAULT – 31 January 2018

Nanna Beth – 3rd Celestial Heaven: Yes John, very good news we want to pass onto you for your records. Earth and the seven associated Mansion Worlds (including the two Earth planes) are **officially** now fully under the control of Celestial spirits. And this means John, that Earth is now 'Ours'. It's been a long time coming, but it's a huge milestone and marks a tangible and real end to the Rebellion and Default. It's one of a number of 'End's' that are to occur.

With the departure of the Caligastias and Daligastias some years ago, humanity has been in a state a limbo so far as who is doing what with it, it not being allowed to be left alone so it could do whatever it liked, it always needing to have a spirit connection. With the mind spirits, as we've told you, basically calling the shots still happy to ignorantly carry out C&D's plans. But now with our systematic and progressive take over, we're now in complete control.

And what that means is we have our fingers in every pie and we're on the case so far as what everyone is doing. However it doesn't mean we're taking over and telling humanity what to do and how to be, although we are able to work more with certain individuals directly and indirectly helping to move or point or orientate (depending on how you want to look at it) individuals, groups of people, whole societies, the whole world, according to the plans given to us by the Melchizedek Receivers.

So humanity will still carry on outworking its unloving, untrue and rebellious state, which has to be worked through to its natural conclusion; however we want you to understand and just know that it's another end of things and beginning of the new. And it's basically what we've been working with you in connection with James this past year to achieve. There is a lot more to it and how and why it's been done, and done as it has been done, however you can find out about all of that when you come over.

So we Celestials will guide humanity now according to what our Mother and Father want, so humanity's got a real tangible safety-net under it now, so no more 'downside risk', it all being to move it toward doing its Healing.

I'll speak again soon – love Nanna Beth.





31 January 2018: The Rebellion and Default has now officially ended. For 200,000 years humanity has been subjected to the rules governing the Rebellion and Default, that is now officially terminated. Humanity is now free to commence the Great U-Turn!



31 January 2018: Super Blue Blood Moon due to partial eclipse. Even the moon put on a show!

Saturday, 3 February 2018

Note from John: Hi Nanna Beth and James

31 January 2018 – Wednesday – what a day. After 200,000 years the Rebellion and Default is OVER – finished – gone!

Now humanity can begin its Great U-Turn.

There is now only a trickle of interference from malevolent spirit personalities and also other mind spirits from the mind Mansion Worlds. This is countered greatly by the guidance and promptings from our friends throughout the Divine Love healing Mansion Worlds and mainly the Celestial Heavens. It is now up to humanity to open itself up to embracing Living Feelings First.

Humanity is now free to discover the enduring benefits of embracing one's soul based feelings, that are always in truth and love, and begin the journey of evolution throughout this coming 1,000 year spiritual era, also formerly yet to begin.

The 31 January 2018 is a hallmark day of change – the change being in how one is to live one's life and discover how embracing one's feelings benefits one's life in every aspect of living it!

What a massive event – an occasion of such magnitude that is impossible to comprehend.

This announces that the contractual agreements that oversaw the Rebellion and Default are now cancelled, null and void, no longer in existence and is absolutely finished with. The Rebellion and Default is now assigned to history. It is now for humanity to clean up its mess, and what a mess it has to work its way through.

We are to find our way out of this mess, however, as we eek out each small step then our Celestial friends can edge us along to firmer understandings and clarity of truth. This will take a long, long time, however, there is only one way for us all now and that is towards truth and love – upwards.

Helen commented on 9 September 2017 that of the 37 worlds that entered the Rebellion "Earth was the worst affected world, it being of a different 'series' of world than the others



affected by the Rebellion. And because of that, it was the Evil One's stronghold and from where they mostly based their centre of operations. The other worlds technically rebelled, and are in a retarded state, however they didn't suffer it to the extent of also Defaulting or their Adamic Pair outright rebelling. So they don't have the double difficulty to Heal. So far, only three of the other rebellious worlds have received an Avonal Pair, with two of them in the next spiritual age induced by the pair as they have died and left their world; and with the other one with their Pair just coming into their fullness, ending their Healing. All of these other worlds are all technical worlds, so they are not experimental like Earth, so far more orderly in their nature, and also in their rebellion, so far more predicable and without all the continual dramas we're constantly having to deal with. So all eyes are focused on Earth, because, so far, in the whole of Creation, all Earth has been through is by far the worse. And still continues to be, and will continue to be right the way through until the last trace of the Rebellion and Default has been removed from everyone."

It may be safe to say that all 37 of the Rebellious worlds are within the one system of 1,000 worlds, being the same system that Earth is within, and that system is called Satania. Nevertheless, we, meaning Earth, are to continue to remain quarantined from all other inhabited planets until we have progressed through this new spiritual era of 1,000 years. After all, we on Earth are the only population that has socialised war as being socially acceptable. Can you believe that! Except to a moderate degree on a couple of the other rebellious worlds, war does not occur throughout the universes. Thus, until humanity rids itself of the potential of being aggressive to others we will remain quarantined, as will the seven spirit Mansion Worlds aligned with Earth.

Achieving a state of non-aggression will be a hallmark in the evolution of humanity during this coming spiritual age. This is now achievable due to those who promoted such aggression from within the spirit Mansion Worlds having their communication chains to humanity being blocked, and the guidance coming to humanity being removed from the spirit mind Mansion Worlds to now be coming from the Celestial worlds. We now can begin the task at hand of bringing humanity towards a way of living through one's feelings instead of playing flawed mind gains based on the fundamentals instilled into all through the Rebellion and Default. Every system existing on Earth is based on the premises introduced by the Rebellion and Default. All systems have to be overturned, removed and rebuilt.

The task at hand will embrace every man, woman and child on the planet. No one is left un-scarred from the errors of understanding handed down through the generations, parent to child, for the past 200,000 years. Every belief we hold is flawed! Not even the isolated 'indigenous' people are left free of the harm induced upon humanity by the Lucifer, Satan, Caligastia and Daligastia soulmate pairs. Every single person, man, woman and child are of need to come to understand how their individual childhood suppression and repression is impacting upon themselves and their physical life, and how that continues on in their subsequent spirit life.

Now we have the understandings and also the way to progress and release the harm that is within each of us. This is now freed up to be shared to all by the absolute ending of the Rebellion and Default that was formally ended on Wednesday, 31 January 2018.

What further aspects of this momentous event should we recognise please?

Thank you, John



James: Core John, that was great to read! Where can we pin it up, is there a main humanity notice board we can stick it in bold on, right in the centre. Yep, you've summed it up perfectly. I will now see what your brightly shining Nanna has to say about it – or if she wishes to add anything. I just finished writing with Kathryn, it felt really good working with again, easier, and I loved all she said, particularly about false love.

Nanna Beth – 3rd Celestial Heaven: It is as you declare John. Yes my grandson, it is an amazing time all right. And for us all to be in the thick of it – what more needs to be said! It is for each of you to work out what it means for yourselves, and you will bring to light that what is required as you discuss and think about it.

And of course we will have further to say, however for now, a time of reflection and letting the enormity of it sink in, is called for. And as you will read below in Kathryn's message, you've done enough with the Divine Love People and anyone who shows they are not open to it or interested at all, at least enough for you taking the next step. You don't have to concern yourself with such people John. You'll end up doing more than your fair share, as will other people do theirs. It's too much to expect you to do everything.

I'll be in touch – love to you all, Nanna Beth.

KATHRYN STOKES comments on the DIVINE LOVE MOVEMENT Saturday, 3 February 2018
John: [Hi Nanna Beth](#)

[Just what is going on with Al Fike please?](#)

[From what manner are his messages being generated?](#)

[One does feel that those of the Divine Love movement are totally closed to any other possibility.](#)
cheers John

Nanna Beth: We've asked Kathryn if she will respond, which she's willingly agreed to do.

Re: Kathryn Stokes
 Date: Fri, 2 February 2018
 From: Terry Adler
 To: John Doel

Dear John,

I have re-read the messages you kindly sent and am now sending you a message from Kathryn Stokes received through Albert Fike on January 31st, for your interest.

The world of mediumship is a complex one and my way of navigating through it is to trust my soul responses to any message I read.

I found myself unable to resonate with the messages you sent. They did not speak to my soul. When I heard the audio file of Kathryn's message and edited the transcript of it, my response was far different – I felt the love, heard truth in the words.

My belief is that angels do not interfere with our free will in any way, thus the description of an “angel” calling to Kathryn from across the road, a call she responded to by walking in front of a car to her death, did not ring true. The report by the spirit that because she had neglected her feeling life, she entered the spirit world at a lower place than expected, to me speaks of a simplistic, erroneous understanding of the process of healing initiated by praying for Divine Love.

I fully agree that our responsibility in this life is to free our souls from the emotional burdens they carry, burdens that constrict our ability to love, ourselves, others, God and to receive Love / love. I have experienced, time and time again, the blessing of prayer for Divine Love bringing such release, awareness, cleansing. Love replaces lack of love in a beautiful process experienced in sincere prayer for Divine Love.

To me, your Healing Way appears to make the purging of feelings a pre-requisite for receiving the Love. In my experience, it is not so – it is Divine Love that is actually the catalyst for the healing of feelings. Perhaps I misunderstand what it is you intend to convey, and if so, I apologize. I have great respect for your sincere desire to be of service and your great efforts to do so in a way that makes sense to you.

Blessings of love to you, dear John,
 always,
 Terry

Title: Drop By Drop Love Filled My Soul
 Spirit: Kathryn Stokes
 Medium: Al Fike Location: Gibsons, BC

Date: January 31, 2018

Jeanne thanks Kathryn for coming. Yes I've been here with you for awhile now and I was with Albert when he was defending my honour and I want to tell you how much I love you and how much I appreciated your efforts to come and see me. And I want to say that I am now very close to the Celestial Heavens, despite what others have said, I am truly happy and in the Light. And I do not carry and did not carry much baggage with me when I landed up in the spirit world.

I did not feel any pain when I passed over and I felt a great deal of joy, almost relief that I was finished my life on Earth. Of course I regret being away from my dear Amy and all the kids, the family. But I often felt that I was more of a burden than a help to those I loved, that they are now free of this responsibility. And I am free too, to continue to progress on in the world of spirit to my destined home in the Celestial Kingdom. And so I want to encourage everyone to keep praying for the Father's Love, to do so everyday, to do so more than once everyday. That this is the most important effort you can make, my friends. And there are some who get frustrated and discouraged and may leave behind this necessary effort and routine in their lives. I want to say that it is important that you are consistent, that you make an effort everyday, that you have faith that this is indeed bringing greater Light to your souls, because it is. As long as you pray earnestly and consistently and forthrightly to receive this great gift of God's Love, it will bring you many, many benefits. I can attest to this. I want to tell you that it changed my soul. It brought me great joy and upliftment and strength and wisdom.

I prayed for this Love for many years and at times it was difficult, at times I struggled like anyone in your world. But it was because I never gave up, I never let go of my soul's desires to be with God and I received the gift of His Love each and everyday that I prayed for this gift, and drop by drop it filled my soul and cleansed my soul and brought me closer to my Heavenly Father whom I love with all my heart.

So my beloved friends, despite the rumours I am indeed in the Light and I love you all. I love my beloved daughter Amy and I am with them often. And I want to assure her that I am well and happy in the Light. And I want to encourage her to continue to pray for the Father's Love for it does have its effects and benefits. And it will change her and all who are earnest and seek to grow in their spiritual progression, their souls. It does work, it's powerful, it's beautiful, it is glorious.

I will leave you now with my love and my gratitude for the work that you do to continue teaching and demonstrating the Truth of the Father's Love. It is so important, it is so necessary in your world, a world that doesn't know how to love and needs to know these Truths to help them to learn to love from their souls.

God bless you. I am Kathryn Stokes and I am a child of God, a child of my Heavenly Father whose Love has touched my soul and continues to bring Light into me, a gift. I love you and I encourage you all. God bless you.

Kathryn – 3rd healing Mansion World: Hello James and John. Yes, it was myself speaking to Al, he is able to receive messages from spirits relatively well, however as with all people on your end, such communication, so I am understanding, is limited by the beliefs held by the receiving person, and sometimes the spirit too.

I wanted to address Al and his group knowing that my message would be distributed throughout the Divine Love People, as I felt for them wanting to carry on the 'good work' as they see it, and so I was able to put myself back into the old me, which is something that's relatively easy to do, so blocking out all that I have come to understand having passed over, and being how they would expect me, and how indeed I too erroneously expected myself to be in my new spirit life. I believed, I felt in my heart – which I'm now coming to understand was just another part of my mind and its beliefs – that I had done a lot of healing, had progressed far and was so near the Celestial spheres that in my delirium toward the time of my death, I could almost see or sense them. Yet, how far from the truth was I! For as I said in my previous messages to you James, here I am now a lowly Divine Love spirit who is only just

beginning to do my Healing in earnest – oh the ego and conceit, the shame, but luckily none of the other spirits are laughing at me because we've all got something to be ashamed of.

So it was myself speaking to Al, wanting to help my Divine Love friends and family on Earth to carry on in their misguided beliefs because what else was there to do – completely shun them, completely turning my back on them? No, that's not my way, so I have lied to them – more to be ashamed of! And I stand guilty as judged, however from what I understand, quite a bit of that sort of thing goes on over here concerning us spirits and how we present ourselves to certain people on Earth.

And I understand, for it happened to me, that when their time comes they will think fondly of me, and indeed for many of these people I will be part of their welcoming team of spirits who will greet them and introduce them to their new spirits lives, and should they be ready for it, I will gently awaken them to the new truths that I am now living as they were gently given to me. And I know some people will warmly embrace them, just like I did, understanding and accepting the limitations that they lived on Earth, yet also understanding that it's all vastly different, or at least can be, over here should one want to really get on and live true to oneself and to the Father.

So of course my messages to you James didn't hit any heart strings, didn't sound loving, because they'd be like a slap in the face for those people who wanted me to be the 'old Kath' as I was speaking to Al Fike. The Truth about the Healing is too big James, too confronting when you're not ready for it. No one wants to have to give up all they are so desperately holding onto, all which they consider love to be, and to submit to all their unloving feelings looking to find the hidden truth of themselves, that very truth they are not wanting to see – it's too much to ask of such people, and it was too much to ask of me when I was alive on Earth.

And as far as Terry saying that angels wouldn't call anyone to their death, well all I can say is she has a lot to learn about angels, just as we all do, for sure, they will not interfere with our free will, however they will also always do what our Mother and Father ask of them. And as I said, I loved how I died, I felt very special to be called 'over' and I feel like crying every time I relive the memories of my death, which I do often. The angels were acting on the Father's command, it's what He wanted of me, it was time for me to die and I was more than ready for it. It was so lovely how He did it for me through the angels, it all being so painless, so instant, so much like a gift for all those years longing to Him for His Divine Love. The angels, the real angels, not the so-called Celestial spirits we called angels, are a complete new phenomena for me, and something that connects right back on a very deep level to my childhood. I loved the angels when I was a little girl, what was said of them in the Bible, any folklore and myth about them, much of which I dismissed as I got older; but now, all I want to do is be with and closer to them, and I can't wait until I've done my Healing and can meet them directly in the Celestial spheres.

Anyway, for you both and for myself, and many other spirits over here, it's been very interesting seeing the reaction of people to the two very different messages from me, those from James and that one with Al. And the thing is, should Al or anyone else in the Divine Love Movement want to speak with me again, I will not do so, I have done my last message being the old me, and I don't want to keep going back having to revisit the person I no longer am. However, should I suddenly pop up again, even if it sounds very much like me, it will only be one of the Divine Love Movement spirits over here in the first Mansion World pretending to be me, which is what a lot of the so-called spirits are doing that AL Fike speaks with – pretending. They are not Celestials, they are as I told you James, part of the small group of 'Divine Love Spirits' that want to live adhering strictly to the Padgett Messages, just like Al and Jeanne and those people I was with on Earth wanted to do.

And another thing I want to say James, is, the ‘love’ that Terry said she feels coming from me through Al, is all part of the **contrived loving we had created within ourselves by using our minds and as a group, as part of the Divine Love Movement**. And I know now it is false love, it might sound good, feel good, even loving, but it’s all done with the mind being based on our beliefs, all of which we picked up and developed from James Padgett’s work.

And as I am no longer like that, so I want you and John to understand that I much **prefer your ‘love’ James, that being, the truth, just the straight truth, without any pretence called love**. So I and others, including yourself, can draw from your work what truth is required at the time, and that will affect love or no-love within the person or spirit accordingly. And the fact that you and Marion, together with those people you speak with, so you too John, are just real, as you are, as you feel, not trying to put on any spiritual persona or loving avarice (*James: I had to look up avarice in the dictionary, I don’t know if it’s right, but that’s how I ‘heard’ it in my mind – and I had no idea how to spell it, so I might have got the wrong word, but Kathryn is not saying anything about changing it*) is not only nice to be around, when you get used to it that is, when you can let go of some of your falseness, and I know I am still very false, but it is also a relief. To no longer have to keep putting the act on. Compare how I can be with you James and how free and open you are to anything I want to say; compare that to being with Al and the Divine Love People, where all one can say is the same old stuff, repeating it over and over again in the forlorn hope that it is true, boring everyone to tears really, never anything new, it **all being said to be ‘so loving’ when all it is, is false crap**. I am now living in the lower third Mansion World having been here now a couple of months – in spirit that is, and what I have seen and learnt in that short time, makes all I lived and learnt and saw during my whole life on Earth seem like I was alive on Earth for only one day compared to all I am living every day now in my new spirit life, and I wonder: what did I do for the rest of all those years? Talk about being severely limited and controlled by my mind and its beliefs. And I am still controlled, but I am also freer and breaking out and moving into doing my REAL HEALING, none of which I’ve even touched on or began in all those years with the Divine Love. And sure I might have a good amount of Divine Love in my soul from all my earnest praying, however that’s neither here nor there until I am getting on and progressing in my Healing purifying my Natural love so the Divine Love has something to transform.

Oh James, I can’t tell you how much everything has been and is being turned on its head. John, you can relate to some of what I’m saying, it’s magnificent the truths about the Healing and how we are to look to our feelings for the truth they are to show us. It is astounding, so simple, it is, it really is and yet so mind-blowing. And if only I could have lived and been like Samantha is, which of course I couldn’t have, not by a long shot; however we all love you dear Sam, you have such a following of spirits over here and our hearts do go out to you when you feel so dreadfully alone, because if only you knew, which you do from your dreams as you said to James the other day; yet still, that is not the same as having real tangible help. And I’ve been told to tell you, which James was going to do, however I now have the privilege of doing, and which you know anyway, but it is vital that you stay true to those feelings of loneliness, allowing yourself to fully feel them and express them the best you can and long for their Truth. Now I sound like I know what I’m talking about, however I’m being told to tell you this. I have a vague understanding of it, yet, as I’m only just starting out to follow you Sam by beginning my Healing, so all I can do is pass on this message. So as you understand, it’s all very well, and there’s nothing wrong with you reaching out and looking to make more of a higher contact with the Celestials, all so long as you don’t use it to deny yourself feeling to the absolute depths of your bad feelings – so all your misery, loneliness, feeling so powerless in it all... I think I’m relaying on what I am to say to you properly, it’s a funny business this spirit-mortal communication and I’m still trying to get the hang of it.



However I feel very honoured by being able to have so much to say to you James. I'm feeling more at ease with you now having expressed my fears the other day that you'd be angry with me, you representing my father, because I denied you, even said bad things about you when on Earth, and now here I am having to face such fears as I speak directly with you. And oh god, what a stuff up I made, backed the wrong horse you could say in a way, however I know too that I couldn't have been any other way, so more bad feelings for me to focus on and try to bring out.

I will go now, and I would advise you John, this too I'm passing on – *we* would advise you, if I may be so bold as to include myself in such advice, that you simply add this message, together with Terry's remarks and Al's message with me, to my earlier communications with James, and show them to your 'inner circle' but no further. There is no need to bother poor Joseph with them unless he asks directly for me. Nor is there anything to be gained by confronting the 'Divine Love People' anymore. Let them go John – I think that's from Nanna Beth, as she is saying there is soon other work for you to do in any case, and it doesn't concern you what and how these people want to live with the Divine Love.

Phew, I think I said it all correctly... yes, I have, so I'm being told, funny being a relay-station. And I will stop now, and unless I am required further, as I didn't think I'd be saying more to you James, I will get on with my Healing and possibly we can meet when your times comes; and by then, hopefully I will be a Celestial and with my soulpartner and my angelic pair. And I can't wait!

So Kathryn Stokes, the new version, and getting newer by the day, will say god-bless you all, and let us all pray and long for the Divine Love, as we pray and long to our Heavenly Parents for the truth of our feelings. Bye now James. Thank you again – 'love' Kathryn Stokes.

And me: John I couldn't watch the energy YouTube you sent me, can't watch YouTube it sucks our limited monthly data up too fast. You'll have to tell me the pertinent parts again.

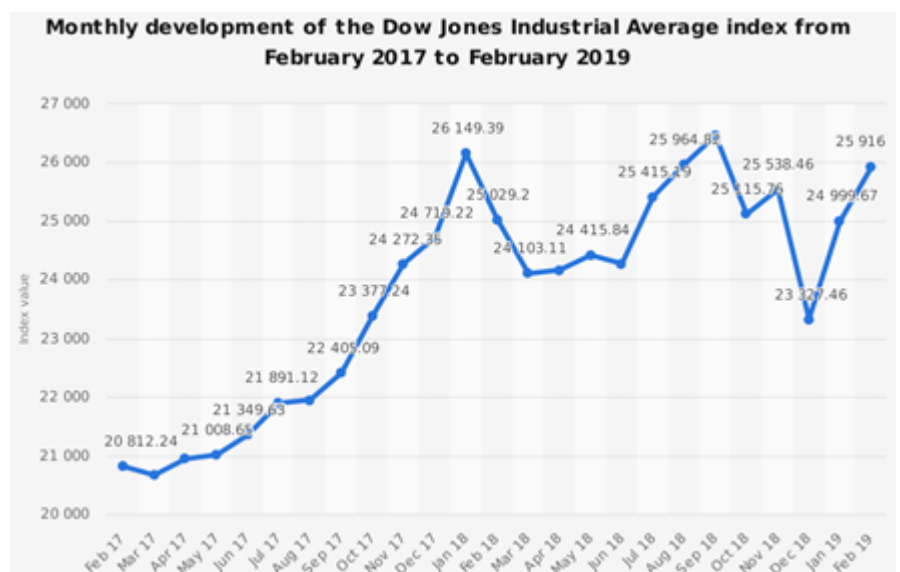
Tony Seba: Clean Disruption – Energy & Transportation

<https://www.youtube.com/watch?v=2b3ttqYDwF0>

DOW JONES INDUSTRIAL AVERAGE

Saturday, 3 February 2018

James: Hey Nanna Beth, the Dow is fast approaching its 50 day moving average at 25,000, down from 26,500. What happened to it hitting 30,000, luckily I didn't buy it, should I buy the dip? Interest rates going up, so stocks going down – or should I sell it short ready for a big down? Not that I'd do anymore trading mind you, however as John says – your comments would be appreciated – for the fun of it.



Nanna Beth – 3rd Celestial Heaven: I didn't say the Dow would hit 30,000 in a straight line. Give it time; so yes, steel yourself and buy in the dip, not that you've got any spare money to do that with James, what with all the jewellery you've been buying for Marion of late... It's Trump's enemies, like you read, selling stock to try and put pressure on him to stop doing what he's doing by making the market go down, but he'll have his side buy in the dip. It needs a breather anyway, a few more down days, a bit of going nowhere, the interest rates rising will cool off, and he'll take the market back up – there, hows that for some insider trading tips!

James: Yeah well I'll just watch, I have no faith in you lot and your trading tips, Bob nearly ruined me, making me buy when I should have been selling and vice versa – talk about being legged over!

Nanna Beth: It's not for you James, stick to buying your pretty baubles, more fun, more realistic, you don't need to get rich or become bankrupt from trading stocks and bonds, it's not part of your life as much as you fantasise about being able to use us spirits to gain the inside scoop. And when you can use us that way, then you'll no longer want to be able to do it, so more Healing for you.

GOD is one soul manifesting TWO PERSONALITIES – MOTHER and FATHER

Note from Samantha: Hi John

3 January 2018

I am just reading through the papers, which are incredible but I noticed that in the first set of papers in the STEPS UP Quantum Jump 1- Revelation 1 it states that James Padgett bravely introduced the availability of the MOTHERS and Fathers Divine Love but James Padgett didn't introduce the Mother aspect of God at that time, it was James Moncrief that introduced the MOTHER aspect of God so should that be included in the Revelation 2 part instead as James Moncrief being the first introduction of the availability of the Mother and fathers Divine Love.

I feel it is really important. Thanks John.

John: It is a conundrum – here we are trying to introduce the reality of the Mother and Father and here we are trying to say the love is only that of the Fathers.

Either way there is an error.

But what is the real truth.

If James could of handled all of the revelations – what would have he said?

If we restrict the reality what is our issue.

He did announce the love – and now we know it is Their Love.

So we have the situation of JP conveying the news of the Love and that JM confirming it being Their Love.

The world is to know it is Their Love – what say you?

Here is a plug that is inserted randomly:

Note: Following the writings of James Moncrief, one could consider that any reference to the Father, by other relevant writers, may be read as a reference to 'our Mother and Father'. Further, when considering soul healing, then reference to Divine Love could be referred to as 'Feeling Healing with Divine Love'.

Steps UP!

Quantum Jump 1



REVELATION 1
James Padgett 1914 – 1923

James Padgett bravely introduced the availability of the Mother and Father's Divine Love and a great deal of additional guidance and information, all of which has been supplemented by Samuels, Judas, Reid and Arnold. All writers were under restrictions of personality and circumstances. Revelation 1 opened the door for humanity.

Quantum Jump 2

REVELATION 2
Marion and James
Moncrief 2002
– ongoing

Marion and James Moncrief have recognised the need for one to engage in Feeling Healing and, by their actions, removed restrictions that James Padgett and others above endured, thus JM is able to critique the writings of the past 100 years resolving points of confusion as well as expand on what has been written. Revelation 2 is humanity's turning point.

Due to the extra-ordinary nature of Revelations 1 and 2, humanity with the first Revelation would have continued on into its negative pathway of living, however, combining the first Revelation with Revelation two, now humanity can embrace this turning point and commence its evolutionary growth that has required two thousand years to put in place. This is the greatest event in the history of humanity and very few are aware of such, until we enable others to become aware.



Negative Spirit Influence
blocked
22 March 2017
Law of Compensation
quickenning
22 May 2017
Rebellion and Default
officially ended
31 January 2018



Samantha: Yes. I definitely say it is 'Their Love' John, the Mother aspect has to be recognised as Portrayed by Mary Magdalene it brings the Feminine aspect of God right up and equal through Mary. It gives all females a role model that is so needed as without her we have nothing, no Divine Feminine and men have Jesus, she is our Divine Feminine and Jesus our Divine Masculine. Bringing them both forward together expressing the Divine Love of the Mother and Father as is expressed through the writing of James Moncrief.

I love the Padgett messages but I feel James Moncrief brings the complete revelation because of Mary bringing the Mother aspect of God to equal it all out. What we know now, because of JM has broadened our reality of the truth of the Mother and Father's Divine Love, he has brought in the Mother aspect of Gods Divine Love and expanded it all for us, expanding on what JP brought which was amazing in itself but made greater through JM and the revelations of Mary Magdalene.

I read the plug and understand it, its good and I am glad it is included John as I feel that there is a very important difference between JP and JM both being incredible works and I am not discrediting JP in any way and his wonderful writings, I just feel that JM has brought the completed revelation about the Mother and Fathers Divine Love, not just the Fathers. JM now brings in the Feminine aspect and it feels so good being a woman, to have the Mother aspect included, I feel like I have someone to go to, I have a Mother and she is telling me I am worthy, as worthy as she is and one day I will be as perfect as she is, as they are. Through JM I have a Mother and a Father, sometimes I need them separately and sometimes I need them together but without the Mother, a huge part of the truth is missing and I always felt that.

I love the complete feeling of JM's work compared to JP's and it has all been revealed as it has had to be with in the restrictions of the Rebellion and Default so it all being perfect in its time and the progression of humanities soul condition as the Feminine becomes more accepted so the Mother could be revealed to humanity through JM. Who would have thought women could have any real power being equal to men, well, its happening and the denial of the Mother is ending.

We can now refer to The Father as the Mother and Father because we know better because of JM and his Complete Revelation but before JM it wasn't like that it was just the Father, James has brought the Mother and it is beautiful and it completes humanities equality and humanity will have to one day catch up to it because we are living proof of the existence of a Mother and Father, made in their image, a feminine and a masculine image of God, our Parents, made like Them and Their Soul. When I write that John, it makes me feel so incredible to be made in their image and it locks into me that there are two of them and they made their children just like them, it proves to me that God exists in the form of Mother and Father because we are the proof of Them existing.

Thanks for listening to my goings on John. I love all you do and thank God for you.

PASCAS PAPERS

3 February 2018

Notes sent to Sam by John, Hi

Introducing Feeling Healing and Divine Love

This is a subject I am struggling with. Everyone is so incredibly different in their personal understandings and these two items are a mystery to all.

It is almost like – Geronimo – here goes nothing and let us see what spark there is of interest.

Anyway, here is what I have reached:

Pascas Care Letters – Feelings First Living (document attached)

<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/PASCAS%20INTRODUCTION%20NOTES/Pascas%20Care%20Letters%20Feelings%20First%20Living.pdf>

This 'Pascas Paper' has a number of 'summaries' in it. In fact, all the summaries that have come together literally in recent weeks. One could say there are four distinct styles of summaries within the one document – plus the sources listed at the end. It is a lot of information, however, this is one hugely important topic.

(From the Library Downloads of www.pascashealth.com in the Pascas Introduction Notes)

Feeling Healing and Divine Love Discussion Prompts

**PASCAS
PAPERS**

<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20OUR%20REAL%20SELF/Feeling%20Healing%20and%20Divine%20Love%20Discussion%20Prompts.pdf>

As this is all graphics – some 260 infographics – it needs to be drawn down from the website – very large file. When I spent two weeks in Lucknow in India with an Archbishop I used these 'prompts' and we went through them one by one for a couple hours each day for two weeks! At that time there were less than 100 of these infographics in the file – only introducing Divine Love. Yes, he accepted all that was introduced. I need now spend another two weeks and work through the whole package again with him, which is already lined up to happen. With James' guidance, some 95% of the old infographics have been modified – yes – 5% only survived without modification. One can work and discuss one infographic at a time, which is how this document is setup.

(From the Library Downloads of www.pascashealth.com in the Medical – Our Real Self)

Universal Gift – Feeling Healing with Divine Love

<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/PASCAS%20INTRODUCTION%20NOTES/Universal%20Gift%20-%20Feeling%20Healing%20with%20Divine%20Love.pdf>

This is also a very large file due to the large number of infographics and also needs to be downloaded from the website. It covers a huge amount of territory. It is in chapter / subject form. It was first assembled only with the understanding of Divine Love. It now covers both of the major revelations. I still find it hard to comprehend the amount of subjects and information that I have discussed with James since December 2017 to January 2018 – 14 months! (His data dump continues!) Again, this gives a person a full overview of what he or she has never had access to. It is difficult to throw out what we were taught as a child and it takes a lot of information to dislodge the incomplete and illogical teachings we were individually introduced to.

(From the Library Downloads of www.pascashealth.com in the Pascas Introduction Notes)

Feeling Healing Course with Graphics

This is James' writings with some infographics added. This is an easily emailed file. This document is incredible in its simplicity in introducing what is to be a life times journey.

<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/Medical%20-%20Emotions/Feeling%20Healing%20Course%20with%20Graphics.pdf>

(From the Library Downloads of [www.pascashealth](http://www.pascashealth.com) in the Medical – Emotions)

Religion of Feelings by James Moncrief

This is an incredible writing. What I feel is this. The highest level of truth that comes from the 3rd Celestial Heaven calibrates at 1,500. Not 1501 or 1499, but at 1,500. That is what this does. Put it another way. When someone is about to progress beyond the 3rd Celestial Heaven World then they will be calibrating at 1,500 on Dr David Hawkins Map of Consciousness (MoC).

As a note, the highest calibration in natural love is 1,000 – that is the peak potential in the 6th Natural Love Mansion World. Without Feeling Healing and Divine Love, one cannot progress beyond 1,000.

<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Religion%20of%20Feelings%20by%20James%20Moncrief.pdf>

(From the Library Downloads of [www.pascashealth](http://www.pascashealth.com) in the Medical – Spiritual References)

Divine Love Spirituality by James Moncrief

This also calibrates at 1,500. One can calibrate a whole book, and then calibrate each chapter. What one then finds is the average of all the chapters is what the whole book firstly calibrated at. In this case Part A calibrated at 1,500 and Part B calibrated at 1,500. This is extra-ordinary.

This book is now uploaded into the Medical – Spiritual References.

The many subjects are firstly to be considered in amongst the Pascas Introduction Notes.

Should anyone be overwhelmed then they are human. The New Testament is 300 pages. Here is 50,000 pages of new teachings. Yet one can find one page summaries in the document attached, being the first document mentioned above.

It is really a case of exploring a subject, any subject, that takes one's fancy – and the rest will unfold. As one can see, the index to the Library covers every aspect of living, so there is a starting point amongst it should someone just have one probing question. The material is now assembled – though it never will really be ever finished!

I just find this all overwhelming and now we have the OFFICIAL ending of the Rebellion and Default having occurred on Wednesday 31 January 2018 – can you believe having lived at the time of that event – lets all party!

Blessings John

MORE from KATHRYN STOKES

Sunday, 4 February 2018

James: Kathryn, would you mind please speaking with me again. I was talking about some of what you said to Marion and would like to ask you about some of it. For example, you being so intent on staying faithful to what James Padgett wrote, then to make such a big change as you're saying you are now, only having been in spirit a couple of months, could you please explain why and how you've done such an about face?

Kathryn: Certainly James. Expectations, that what it was. I was full of them, as I told you, I believed I was someone important in the 'Divine Love Movement'. I was well into it before you wrote to me, well before the Internet allowed people to communicate about it from all over the world. I was one of the more contemporary 'Founding Leaders' you might say, and because of that, and because of praying for the Divine Love for so many years, and even because of staying true to Mr. Padgett, Jesus and all the Celestial's said, I believed that I had made significant progress in my soul development and inner transformation, all of which would be borne out once I got to spirit. And as I said, I believed that I was all but Celestial and that it was only a matter of time before I was like one of them who'd spoken to Mr Padgett, all of which would happen soon after my death.

And I was looking forward to dying. No one I knew about on Earth had attained such a pure and exalted state of Divine Love as to be able to claim they were a Celestial, and so I reasoned that it couldn't be done whilst on Earth, it was a state only achievable in spirit, so I was looking forward to it.

So into spirit I went, ready to embrace my new life, ready to be granted entry into the glorious Celestial Heavens, and BAM, shock of all shocks, I was granted entry into the lowest level of the third Mansion World. I was so upset and disappointed, I didn't understand, and I think I suffered some sort of mental breakdown, but as everything was so new and suddenly turned on its head, it was all just part of what I went through.

I was expecting the most and got almost the least, I was slammed down into reality, not quite humbled because my ego was so great, but I was forced to face the cold hard facts that I had got it majorly wrong. And why was that? I, we all, were so sure we were doing the right thing: praying for the Divine Love and living more pure loving lives with our sins and errors fading away, it was happening to us all, it was all it was about, there wasn't anything else, for surely if there was, Jesus and the Celestials would have told us – wouldn't they? None of it made any sense, my mind was reeling, I was almost in panic mode, and yet all the spirits with me weren't, they all seemed very comfortable, going about their spirit lives, so why was it only myself that was freaking out?

It was a horrible period in my life James. To have it all thrown back at you that you are wrong. And not only wrong, but had been going in the wrong direction all those years when I had smugly believed I'd been better than most, more spiritual, more attuned to God, speaking with Celestials, I was one of the favoured ones – wasn't I? Surely I was, yet I wasn't, and now I was told that **I hadn't even begun the real work of transforming my soul, that all I'd been doing was just expanding my mind's control over myself.** It was too much. And the icing on the cake was visiting with the 'Divine Love People' who were now the 'Divine Love Spirits'. I joined their main prayer group, they welcomed me with open arms, I tried to ask them about why they weren't Celestials, as some of them I knew had been praying for the Love as long as I had or even longer, yet they deflected my questions telling me in time everything will settle down and make sense and that all I had to do was keep going doing what I had been doing on Earth. They all praised me for all the good work I'd done, and we prayed and longed for the Divine Love and some of them even channelled



Celestial spirits. So it was just as it had been on Earth, the same old tune, the same ‘loving way’, the same desire to try and get more people to see the light and come and join in the Divine Love Movement, which was eventually going to take over the whole of the spirit worlds.

But once I’d left them, sort of being seduced into being somewhat under their spell again, I gathered my senses and prayed long and hard myself in my room to the Father to show me what was right: were these spirits really living as He wanted us to live, or was there something else I was to learn?

And although it might sound all straightforward and logical James, as I’m writing it now (or it might not), you must remember that this was all happening during the first week of my arrival in spirit, everything was in turmoil within myself, my emotions were running rampant, I had had such a beautiful and loving death, my entry into my new spirit life was as if I had been carried into it by the most loving angels, and yet now I was an emotional mess not knowing what to do, think or believe. So I clung to the Divine Love, prayed and longed more for the truth, and then was visited by the brightest most loving spirit I’d seen in my short spirit life.

Her name was Angelica, which was very fitting, and she said she *was* a Celestial and she’d come in answer to my prayers. And so we talked. I talked, and talked, it all came rushing out of me, question after question and she methodically answered them all. And she still is!

So that was how it happened for me. And to further answer your questions in your mind, as you understand, **most people of the mind level die and simply carry on over here where they left off on Earth.** Of course there are big changes and some very big ones for some people, but basically they are of the same mind and beliefs and so move to live where that suits them, be that in the mind Mansion Worlds or in the lower Earth planes, including the Hells – that much I have found out.

But for those of us who have been heavily into the Padgett Material, it’s different, and for one thing, we’ve been consciously praying to the Father for His Divine Love, and some of us for the greater part of our lives. And consequently we’ve believed we’ve been on the right spiritual path leading us to Divine Love perfection of soul with all our sins and errors and other inconsistencies and erroneous beliefs being transformed out of us or within us into Divine Love perfection, the closer we become to being Celestial angels.

And so those of us who believe we’ve made substantial progress in our soul development, arrive in spirit only to see that we haven’t at all, it’s such a shock – and you are forced to ask: well what have I been doing?

But that was how it was for me, I asked that question, and I sincerely wanted to know, however it’s not the same for others who don’t blame themselves for going wrong somewhere, instead blaming others and not taking full responsibility for what’s happened. And for those like me, **cracks** appear and can be exploited by the likes of spirits like Angelica, whereas **for those other people – now spirits – who lock down not wanting to face the truth, wanting to further deny and pretend everything is still all right, well they can and do that and are taken and warmly received into the**



like-minded sector of the first Mansion World where all such Divine Love spirits want to live. And reading your mind you wonder: but surely some of them are more advanced even on a mind level, which is true, yet still they refuse to advance and move on because they are scared, even though they’d never admit it, that they will have to face the truth that their lives are nothing more than a lie, just one big farce. So they huddle together for protection, trying to put off that inevitable day when they have to face

the music. And they are allowed to live that way, for the time being at least, and so they carry on as before. And I know it might be hard to understand, however there are lots of spirits apparently who won't acknowledge what their life is actually showing them, just as **most of humanity on Earth is not wanting to face the very truth their feelings are making them feel every day of their life. So if you want to keep living over here in spirit as you did on Earth, in complete denial of your feelings and the truth they are to show about your wrongness, you can.**

So that is what happened to me. And I can look back at the people I left behind on Earth and I can see which ones I think will be open to something like I've gone through and which ones won't. And it's just how we are, all so different with our unloving parenting, that much I now understand; and **those 'Divine Love Spirits', so I am told, simply need more time to do what they need to do with their mind, whereas I am fully finished with all of that, and want to devote all my time to doing what I now want to do, which is my Healing.**

And it's not all bad. I can already see when I compare myself to other spirits who knew nothing about the Divine Love or the Padgett Messages, and nothing about yourself and yours and Marion's work or anyone on Earth doing their Healing, that I am moving ahead of them within every aspect of my life and myself much quicker than they are. In fact my transition from the Divine Love Movement to your Way James, if I can put it like that, because of the Divine Love and all I know from the Padgett Messages, is very easy, just an opening up of the mind, making a few mental adjustments, and away I go. Which is what is happening each day. And I can feel my soul is hungry for the Truths, I can take in a vast amount of information easily because I have at least a solid base with the Divine Love upon which to work from. And **I can sense the Divine Love in my soul 'driving me on'** if that is the right way I can say it, **and I am understanding and adjusting and changing rapidly to embracing all about the Healing and doing it.** I don't understand it all, but in some way **all I have done with the Divine Love is making my introduction into my real Healing by using my feelings much easier than it is for other spirits from the mind worlds who are at the same time having to wrestle with many of their old religious beliefs or mental programming, having to take on a whole new mind-set which I can see will take some of them years, whereas for me it's been only a matter of weeks.** And just yesterday after speaking with you I was informed that should I like I can now move higher in the third world, which means I can move to a new residence being with other spirits who will better reflect the level I am now on. And so I will move on. I will be sorry to say goodbye to my newly made friends, however I can't hold back my true spiritual progress, and I am so excited. I am doing my Healing James, my Soul-Healing, and I can't really believe it!

But my bad feelings come up, I express them going as far into and as far with them as I can, I long for the truth of them, I long to the Father and Mother to help me see it, and instantly I am plunged deeper and back connecting with some aspect of my early life or relationship with my parents or some aspect of my life on Earth. And as hard as it is, I love it. I understand what Samantha says, how there is nothing else for her, for that is how I now feel too for myself. It is complete and I am steadily dedicating myself to myself – to **my own Healing.** I am learning **this is how I can be truly self-loving, not all that false mind stuff which was in the end just empty words. This is real, this is what life is really about, getting myself out of my wrongness.** I don't want to be one of the Evil Ones, I want to be true, perfect and Celestial; and okay, so I didn't understand about the Healing, but now I do! And to be perfectly honest James, and this possibly won't please some people who might read it, but quite frankly I don't give a damn about anyone else. This is now my new spirit life, it's my time for myself. All my earthly responsibilities and family obligations ended with my death – that's at least how I feel about them now. Of course I still have family over here, however half of them are further on in their Healing than I am. And I relish feeling so free: free to do for the first time in my life EXACTLY what I Kathryn want to do, and I don't care what anyone else says, I don't give a damn.

So I am getting on with my Healing. I will, I am sure, lament my wasted time on Earth not applying myself to it back then, however right now, I am just so happy I have found the Truth, and I will embrace those unloving feelings and that pain when it comes up in me. So I am in 'seventh heaven' James, only not physically in it as I thought I was, but I will get there, and I don't think it will even take that long. I am quite aware of a lot of myself, even parts of myself that I've never shared with anyone, not even with Amy. I can see that the Divine Love was working away inside me, only I wouldn't allow such inner workings to show themselves, I refused to embrace the mind-set that would have liberated my feelings, and now I am embracing it. And I love feeling my feelings more. I can feel the right ones and I'm beginning to sense those controlled more by my mind, so I am truly PROGRESSING! And progressing to one day be with my Heavenly Parents, my Heavenly Father AND Heavenly Mother. And I am so excited to start praying and longing and relating to my Heavenly Mother. I have 'met' her within my mind and heart to some degree, I feel Her with me as I feel the Father. And I love all those new feelings. I feel like I'm coming alive for the very first time in my life – now that I am dead, oh the irony of it. I have to die to live! And **living means to FEEL**. Because what else is it all about other than our feelings.

It all makes such sense James, it's so obvious, and I am so glad that you with Marion are revealing this truth on Earth. And I know it will be rejected as I rejected you both, however there will be other people who will awaken to it and find great solace and comfort with it, even though doing their Healing will be very hard at times as I am observing Samantha, and as I have spoken with other higher spirits in the Mansion Worlds and Angelica, her partner and other Celestials that are helping and teaching us.

James: What did you think of me?

Kathryn: I thought you, like AJ (Miller) and later your brother (Nicholas Arnold) when I heard more about him, were egomaniacs who wanted glory for yourselves claiming you were the new James Padgett or something like that. I didn't read any of your work but heard you were said to be working with Jesus revealing new material, and as I believed Jesus had revealed all that needed to be revealed, that you must have been making stuff up. So I kept you at arms length, I didn't read your posts on the forum and was so glad when you gave up and went away, just as I was with AJ and your brother and one or two others who were nothing but people trying to disrupt the purity we of the true Divine Love had. And although we were small and had disagreements and factions within such a small number of people, still we were on the right track by adhering strictly to the Padgett Material, not going off supposedly talking to Celestials when you were probably doing nothing more than deluding yourselves by making stuff up in your own minds. So I blocked you out, and thankfully, which is more than I can say for the others, you got the hint and didn't persist in bothering us. So I think we did quite a good job of keeping ourselves isolated from the very truths we needed to augment the Padgett Material with, taking us to the next stage.

And what did you think of me, of we in the Divine Love Movement?

James: I was naive in the beginning. I hoped we could all share all we received from Jesus and the Celestials and Mary Magdalene, and that people would open to at least looking into possibly seeing if there was a Heavenly Mother and possibly they might want to include Her in their prayers longing for both Her and the Father's Divine Love.

It was a shock being so heavily rejected on the Divine Love forum, however it soon helped me see that there was more to it than I thought, and that not everyone was going to be open to new material, and then I gave up trying to reach out to you. I tried in other places thinking it might affect you at some

point, but as I also got completely rejected on every spiritual forum I visited and the two Urantia Book forums I posted on, so I came to see that I wasn't going to 'convert anyone' but I could use those places to air stuff and see what reaction I got, and many of the responses helped me question myself and the spirits more. So indirectly you all helped me a lot.

Kathryn: Thinking back now, possibly had you come before AJ upset everyone, presenting your material for us to see what we thought about it, then just possibly some of us might have been a bit more open to it, however I am inclined to think not, I think we would still have rejected you, just not as harshly as we did because we were still all very upset from all AJ put us through. I personally couldn't understand how so many people could so easily be swayed by him claiming to be Jesus reincarnated, particularly when it specifically says in the Padgett Material there is no reincarnation. And so why would Jesus say there isn't any such thing only to supposedly reincarnate himself? Because if that was true, then was nothing in the Padgett Material true? It was very disturbing listening to him, and he was very persuasive, but thankfully I rejected him because he would have messed my mind around too much.

So it was unfortunate possibly in some ways you came so soon after him, which I understand now you had no idea about what we'd all been through; however as I said, I think the result would have been the same in the end, not that any of that matters anyway.

James: No. I'm going to stop now Kathryn. Thank you for talking with me again. Would it be all right if I were to call upon you again, such things have a habit of being dragged out, I or the spirit says that's the end, then the next day I want to speak more with them.



Kathryn: Not at all James. I won't be approaching you as I said, however you are most welcome to reach out to me and I will do what I can for you. It has been a pleasure speaking with you, something I wasn't expecting, and something that is helping me with my Healing because I can sense where you are coming from and what I need from the Truth you are revealing. So thank you for all you have done, and I am told in time such Truths will be made known to the world, however the time is not ready just yet. The world is as I was, closed off to such higher truths, and perhaps it needs to die and awaken into something like a new life, just as I did, to shake it up enough to open up some **cracks** John and his friends might be able to exploit. But I don't know about such things, these are just my speculations, as yet I am not privy to what's really going on, and nor do I want to because I just want to settle into my Healing. There is nothing else for me other than to end my wrongness, and that is all I want. So goodbye for now James, and all the best with whatever our Mother and Father have in store for you.

James: Goodbye Kathryn, and all the best with your Healing. Thank you again.

Further from KATHRYN STOKES

Monday, 5 February 2018

James: Kathryn, Marion was asking me why you spoke to Al Fike when you'd already changed so much. Why carry on with such wrongness and why not tell them of how you've changed, or are you not who you say you are, you being some other spirit talking to me?

Kathryn: I understand her concerns James, however I assure you, I am the Kathryn Stokes you knew of who was involved in the so-called Divine Love Movement as you call it. And I *have* changed so much, and so much so that I hardly know myself, I can hardly keep up with what is happening to me, the Healing being the most wonderful thing we can do for ourselves. My bad feelings are surfacing

strongly, not so bad yet as to plunge me down into the deepest pain like Samantha is going through, but enough to keep showing me that they are the way to the truth of myself. And I want to know that truth, which is all I've ever wanted to know, even though I didn't allow myself to know when on Earth. But thankfully that is now over, and I see it as a phase in my existence, and now I'm moving into a new phase and frankly one that suits me much better now that I've been able to let go so much of that false love stuff.

To answer Marion's questions, I wanted to talk to Al really to see what it felt like being the old me, to put myself back in that state so I could see if there was still anything in it for me. I know it was rather selfish of me to use them that way, however I had to for myself, and it helped me understand that I had no feelings for it anymore. I actually felt the opposite, repulsed by it and surprised by the strength of my repulsion feelings having changed so much and turning my back on my past. And looking back at it, those people on Earth believe I have carried on the same as I was with them, and yet with you I am completely different, so different that I wouldn't even be able to relate to any of those people or my family were I to suddenly somehow return to Earth remaining as I am now. I dread to think of what Amy my daughter would think of me, for I am literally no longer the mother she knew me as, and yet of course I am now allowing myself to become the real mother I was to her, which wasn't that good as my feelings are starting to show me.

James, I can't stress it enough, and how can you know, for you didn't know me at all, but I am that Kathryn and I am now vastly different to how I was on Earth, the last two months causing great change in me, and it being all because of my soul, it's who I am, I am to undergo this great change as I am doing, whereas other people who've come over, as I told you, were able to carry on being as they were within the Divine Love Movement, with seemingly very little changing. And now here I am speaking with you whereas few others have spoken with you – only a few as I understand, but most of them were familiar with your work, but for me it has come, as I said, as a huge shock, and so extraordinary that I can hardly believe it myself.

And I am writing to you telling you of my experience, not so as others might think the same thing might happen to them, but just to show you that such changes are possible – anything is possible, and you just can't know. Which of course is how life is, we can't know what awaits us and what might happen in the next moment, however for me I can see it was all laid out to be as I was with the Divine Love, shut off to your work, and to developing my mind accordingly, all of which led me to this point now in my acceptance of the higher Truths about the Healing. So had I not been as I was, denying your work and such truth, it might not have had such a great impact on me at my death as it was meant to, because I'd have already been doing my Healing. And then I'd have been a very different person with a different upbringing and different parents and different life, and so what's the point in speculating about that anyway because it didn't happen. So my reality was what it was, what it is, and I am now different to how I was, which shows you just how severe death can be. It can in some people bring great changes, in others hardly any change, however that too is just how life is, something can happen to us at anytime that might cause some people to greatly change whereas that same thing hardly causes a ripple of change in another person.

So why has this happened this way for me? Well perhaps I'll have a better understanding about it when I'm Healed, so come and ask me then. And perhaps I'll never know, who knows, God knows and that's just the mysteries of life. I've been asking these questions myself of Angelica and these are the ways she's answered them for me, so I might sound like I know what I'm talking about, but really I don't know that much at all. But it is all fascinating and I do wish I could convey to the people I've left behind all I am going through now, and with them openly accepting me and even possibly reconsidering their stance on just only believing in the Padgett Messages, which now all seems so ridiculously narrow

minded, because of course the whole of Creation and all God is, couldn't be contained in a few short messages delivered to us from Jesus and a handful of Celestial spirits. And yet when your mind is so fixed in its beliefs, it won't accept anything else, as I know, and it's not until something major, or even perhaps something slight, changes within you, which amounts to when God wants your soul to change you, that you can move on to other things. I am told that there are other technical reasons for my inability to accept your work when on Earth, however as yet I don't fully understand them, you I dare say do understand more than I and perhaps you could explain them to me... however I am not ready for that, I want to settle my own state more securely in myself now, **concentrating on my feelings and looking to them for the truth they are to show me.** I like that, oh how much I love that, because it's something real and tangible, and it works – it's working for me. And it's working more so than anything has worked. I am Healing myself, I can feel it and that's what I want.

So I used Al Fike, and I am sorry about that, however it's what he and his followers wanted so it wasn't that bad, and although my message to him serves to help keep them towing the line, still that too is what they want to do, as it was what I wanted to do, so I don't feel so bad about that. However as I told you, no more, I'm not doing it again, and should any other messages crop up since then saying it is me, it's not, for these messages with you are to my mind the last I will be making with anyone on Earth until at least I have finished my Healing. Possibly were Amy or some of the other people I was close to in the Divine Love Movement change as I have done, embracing their Soul-Healing, and want to speak with me, I might comply, however I will have to see as to what state I am in myself in my Healing at the time.

And your comment James as to how much easier it is to write with me today compared to my first message to you the other day, that so I am told by Angelica, is because I am aligning myself more with yours and Marion's Way, again I don't understand it all, however it is the way that is to be expressed more so I understand in the healing Mansion Worlds, with spirits like myself being responsible for such changes. But as I said, this is all new to me and I don't really understand such things, however if I am helping the 'Cause' in some way, well that's well and good, but all I really want to do is help myself. I am well overdue in that department, having deluded myself for all those years that I was helping myself, but now that I can see I was still back then going further against myself, so now I can start to really help myself.

And yes, reading your mind, I can talk, I am a good talker, I was good at it, and I loved it and still love it, and now that I've got so much more to talk about, all of which makes me feel very good, should you want me to keep speaking to you endlessly, I will, it would be my pleasure. However, as you now have other things you need to do, I will put a plug in my mouth and stop. Goodbye again to you James. I have loved being able to speak with you, and please should you want to ask me more about all I am going through – anytime. My love and blessing to you, Kathryn Stokes – a newly arrived spirit from Earth who is finally SEEING THE LIGHT!

And:

James: Nanna Beth, thank you for organising all this with Kathryn.

Nanna Beth: It's not my doing James, it is all part of what is required, as you understand – technical stuff, so for you to gain what you will from it, as will those people who read it. I didn't have anything to do with it, I don't actually have anything to do with what you and Marion are doing James, that is organised and looked after by other Celestial soulgroups. My involvement with you comes through John, and because of all John wants to do. So we have linked up, which is all of course still to help you

as we have done, but as it's all part of what needs to happen and it's all such a huge thing, it doesn't really matter who is what for whom.

The CLINTONS and CONTROL PATTERNS

James: I read this morning about how Bill Clinton linked up with Trump to even help get Trump elected because he realised that had Hillary got in she would have been impeached with all her dirty deals coming to surface, which would have ruined him, so he went against his own wife to ensure she didn't get elected. I don't know if there is any truth to that, however it's believable and I am giving the whole rotten thing up because I can see I'm only trying to have power vicariously through these other people, the power-people, getting angry when they don't behave as I think they should and don't do what I want done. I am working through all the minutiae of my control, how I want it and go about trying to get it on the smallest levels, how I wrongly believe by adhering to my learnt patterns I am having power, all of which is false and which I want – WISH – I could give up. So I bite my nails frantically trying to hang onto the small amount of control and power that gives me, or so I believe it gives me, when really I feel like I'm falling off the face of the Earth, feeling so powerless feeling so unloved.

Nanna Beth: You have to see and feel it all James, so it's very good you are connecting with it now, because as you understand it is about seeing how all your power and control patterns were put in place right at the start of your life, and how they've just grown and evolved from there to where you are now – still unable to do anything for you just as you were not allowed to do anything for yourself back then.

James: Yeah I know and I feel so angry and so miserable about that.

Nanna Beth: There are deals within deals in the American political system, I don't want to understand it, I hate it, and thankfully that's not the area I'm interested in. Others however relish the complexities, the intrigues and are on top of all the double dealings, deceit and lies, all the back stabbing, saying one thing and doing another, all the worst of such power controlling patterns one can be involved in on the world at the greatest levels. No, it's not for me, I had my own small power problems and issues I had to admit to, accept and understand about, like you are doing James about yourself, however thankfully my involvement with the world is on helping to instigate the New Way, and won't have anything directly to do with the Old Way.

Anyway I am told by others for you, that Trump and Bill are close allies in it all, Bill will do anything to protect himself and his own nest, his own power, having little personally to do with his wife, whom he would have ditched long ago however she served a useful purpose, just as Bill did for her. They are an interesting couple if you want to make a study of some of the worst power users and abusers the world has produced, but as I said, it's not my thing.

However they are working to change the power structure in America, working to adjust it to there way of liking, that which will of course be beneficial for them both, and working against the established and deeper controlling levels of the Deep State, those that don't have such a public face. And it doesn't matter what they do, because as I've told you, very soon now things are going to happen that will change the course of humanity all in keeping with the real end times and John's Great U-Turn, so within a matter of months, possibly half a year or so, things should be so different that no one will really know where they stand. And into the fray we'll be injecting ever-increasing confusion and contradiction, helping to stir it all up so ever-widening cracks appear, all of which will bring about yet more change. Change is what it's all about, the end of the status quo, and drastic change James, and in a relatively short time when it all gets going.

And I can say to John and Crystal, they are still being made ready to be part of that Change, for there will be good and bad change, so all is moving along as it will, it all still going according to plan, that plan which we're progressively allowed to see and act upon.

James: Yeah okay Nanna Beth, I understand there's not much you can help me with anymore so far as revealing anything about the future, and I don't want to know about it so much, not today at any rate, being more content to keep my focus on my own power needs and seeing how they all mesh together, how I want to be the great controller when the reality is I had so little power and control I can't even look at Marion straight in the eye when I speak to her because I'm scared she will react to me rejecting and hurting me, she, who is mum, having all power over me, me being the all-powerless one. I will go now, and speak to you soon. Thank you Nanna Beth and Kathryn for your time.

Nanna Beth: It's our pleasure James. We'll be in touch – bye now.

FEAR OF COMMITTING TO A PATH

Note from Graham G: Hi James

5 February 2018

I really got a lot out of the communications with you and Kathryn. She committed herself to the Divine Love process only to be disappointed in the end result.

At the time of the Padgett Massages, that was all there was to follow assuming one rejected the religions.

Now we have the soul healing revelations to augment the Divine Love. But is there more to be revealed? Will there be another revelation in 100 years which mortals will need to deal with to attain ascension to Celestial levels?

In a nutshell I am expressing a fear of committing to a path that may not prove correct in its entirety. But I suppose, even if there is more or there is not, it will all be something I will need to deal with and heal in the future.

Graham

James – me: I've not proved it yet as I have not finished my Healing, however should I ever finish it then I'll be able to say that this is all you need to do so as to attain the Celestial level. But until I reach it myself, then all I can do is present my understanding of it should anyone be interested in what I have to say. So truthfully in answer to your question Graham, anything's possible, however, once I or Marion or someone finishes their Healing and has attained a Celestial level of truth whilst still in flesh, then I believe the guts of it will have been revealed with what comes in future adding to it fleshing it out, as other people do their Healing and receive help, insight, understanding and further information about it from the Celestials and from those people who manage to complete their Healing. Because once people do finish it before they die, then they will keep growing in truth on Earth and no doubt will keep revealing more about everything. Eventually all that's in the Mansion Worlds and the lower Celestial levels is to be 'earthed' and so lived in flesh, and I do believe our feelings are the way.

But I do feel at times like the Pied Piper and I hope I'm not 'leading' everyone over the cliff, and if I find out or get to a point in myself knowing I'm all wrong and there needs to be yet more revelation to reveal the real way and clear away all the confusion I've added, well I'll



be the first off the cliff. But until I have finished my Healing and knowing it can actually be done in flesh, then it's all still a bit speculative and I don't blame anyone for being hesitant in committing themselves to something in which they can't see a tangible end result.

James.

Sent: Tuesday, 6 February 2018, 18:10

Subject: Nanna Beth and the DOW

Hey James

Nanna Beth is on fire.

<https://www.google.com.au/amp/amp.abc.net.au/article/9399268>

Haha.

Ah well, just means more up side to 30,000.

Graham

Yeah Graham, LOL, it held at its 100 day MA, and so what happens tonight, down to it's 200MA smash through that and then it's on for young and old and we all wish we shorted it. Or, do we Buy The Fucking Dip! Ha, what do you reckon Nanna Beth?

Nanna Beth: A bit more to the downside then it will rally again, then come off, then rally on it's way to 30,000, then blow out, creating a perfect head and shoulders topping pattern, so come off to create the right shoulder, then it's good night Charlie and down she'll come. How's that James for some investment advice?

James: Did you make that up?

Nanna Beth: Yes, based on what's been floating around in your mind.

James: So I made it up and you've copied me?

Nanna Beth: More of less.

James: And is that what you always do, is that how it goes, am I making everything else up too?

Bob – James' indwelling spirit: Wait and see Jimmy my lad.

James: That you Bob? You're probably the one putting those thoughts into my mind, and we bombed out when we were trading together.

Bob: You mean you bombed out, I wasn't trying to win, I was trying to help you see yet more truth about yourself. Which if I say so myself, I was rather successful at doing, so I'd say my advice at helping you to be a loser, was a WINNER! Isn't that the truth you are to see about yourself James?

Nanna Beth: Anyway James, it couldn't keep going up on hot air forever, something had to give. But things aren't ready for the Big One just yet. Mr Trump is positioning himself with his banker buddies so things will work in his favour. It's all fun and games James and better for you to sit it out on the side

lines. Your trading days are over, you've got bigger trades to do concerning the souls of mankind, something that you'll find much more satisfying when your time comes.

And all the best to you Graham, your Celestial group is subtly working on you, just keep doing what you feel like doing, don't stress yourself that you should be doing more of this or that, there's plenty of time; and in time as we've told you, things will reveal themselves as to how best it will be for you.

Sit back and enjoy the show, some fun and games, and it should keep heating up. Love Nanna Beth.

SPIRIT COMMUNICATIONS

Monday, 19 February 2018

John: [Hi Nanna Beth](#)

[I have interacted with John P for the past decade. It is interesting how we wander around in our journey, only to gravitate eventually to a central line of direction, and even then struggle with past beliefs and the interference from mind contrived conclusions.](#)

[I would appreciate understanding a little of the back ground of John's invisible friend, Azariel, please?](#)

[John has talked about those chatting with Jesus. How was that arranged and what was the purpose of those communications please?](#)

[As I understand it, Jesus has only talked DIRECTLY to James Padgett and James Moncrief. Further, Mary Magdalene has only talked DIRECTLY with James Moncrief.](#)

Nanna Beth: Azariel is one of John's spirit band, it's the name given for the time being, and one that resonates with their experiences together. Often this happens, and the names can change as one progresses in their Healing, as sometimes the spirits change as well, or sometimes just the name required to affect the necessary experiences. Just like my using Nanna Beth with you John, but I wouldn't use it with anyone else should I make contact with them on Earth, unless I was wanting them to know it was myself as Nanna Beth.

And the chatting / talking with Jesus is the same as we've told you, it's really 'on behalf of Jesus', it is one of the medium's band pretending to be Jesus, which really means the Celestial accessing Jesus' Spirit of Truth within himself (and only we Celestials can do this and are allowed to), and so then speaking 'as if he is Jesus'. It's the same thing as James feeling how close I am to Mary Magdalene in my 'feeling' when we are writing together, because as I said I work with her Spirit of Truth as I feel very close to it – very close to her. And she's said I can use it that way. So effectively, should it be necessary for me to do so, I could 'pretend' to be Mary speaking to people on Earth.

As you have possibly gathered, it's all highly organised as to what and when we can reveal to you. It's all set out in keeping with the Rebellion and Default limitations and then in keeping with the Mansion World levels and all the levels within them. It's all angelically controlled, so we slot in using our minds and be who we need to be to you and how we need to be and what we can say. So as you grow in truth through your Healing, moving progressively up through the levels, so we can come forward and progressively reveal more to you. So what is revealed and how it's presented to someone who's in their wrongness and not wanting to do their Healing, compared to someone wanting to do it and just starting out, compared to someone nearly finishing it, compared to someone who had finished it, might all be so different that you would think it was different spirits relating at each step, when it might be the same spirits. And really we don't change, it's you who changes, or refuses to change.

And added to that, we know how far someone will go in their spiritual progress throughout their Earth life, so part of our interaction with that person is in keeping with that level of progress. So we might say and do and be differently to different people, even though we're the same spirits, because each of those people has very different spiritual paths and levels they will reach.

So it's not as straightforward as one might think, which I know causes many misunderstandings, much confusion, even putting a lot of people off, however really until people are well into their Healing, it will all appear like everyone is working at it from opposite ends with no real synthesis or commonality involved. So you can look at it like say a Maypole, with everyone starting out on their separate ends, but the more you do your Healing, the closer you all come to the truth, which will allow the Spirits of Truth to then synthesis you all into what is needed for you to become Celestials. For by the time you are Celestial, then we're all on the same page so far as the Truth is concerned. But even though we Celestials are all living that same truth, how we might relate and start with people on Earth or the lower Mansion Worlds might make us sound and appear like we're all very different.

John: Brian's writings, 'Ruminations', demonstrated the great difficulty we all face in peeling away the teachings that we have in-bedded so rigidly into our minds.

The shocking truth is that all that we have been taught and studied for the past 200,000 years is all founded on the principals of the Rebellion and Default. It cannot be any other way.

I now see it as being almost impossible to bridge the gap. We cannot progress from the Rebellion and Default dogma to the Feeling Healing with Divine Love way of living, Feelings First. It is a matter of discarding and rebuilding from a clean sheet situation. Any other way is to compromise and further confuse.

Daughter Jacqueline married Matthew last Saturday. The highlight for me was their youngest son – they have two – was playing between Matthews legs during the nuptials ceremony. During the course of the celebrations, I was greatly encouraged to make acquaintance with three new friends. Their interest in the Pascas agenda was most refreshing. What I found perplexing was their great divergence of how they were approaching the subject. Their diversity of how they were approaching the possibilities was from angles of great originality, nothing like I had previously considered.

Though the end goal is 'feelings first', the approach will always be from an individual's very unique background. On their way through, a great deal of pre-held understandings will need to be discarded, a mammoth undertaking by any one. Yet, every one of us is to make this transition.

Trying to bridge from the dogmas and creeds generated from so-called holy books is not possible. All principle points will collapse as they are all founded on the Rebellion and Default. It cannot be any other way.

This is a journey of patience. Yet, also one of great dexterity in being able to assist those who are searching to be able to consider a life of living Feelings First.

The end goal is clear, but how each person may find their way to that goal will be likened to massive bowl of tangled spaghetti!

cheers for now, John



Nanna Beth: These difficulties you are encountering John are to help you appreciate just how vastly different living the Wrong way is to living the Right way. And it takes time to understand that, and lots of interaction with people, all of who are on different levels and coming at it from different angles.

However that's not to say that it can't be done. Many mind world spirits are daily waking up to the truth that their way is wrong and so reaching out wanting to look for the true way and then willingly embracing it when it's presented to them. And it will be the same for people on Earth.

You are to establish the truth, as you are doing John, in yourself, in your Pascas Papers, and in whatever else and in what other ways come to you, and then it's for people to take what they like and change accordingly, with some eagerly embracing it all, some little bits at a time. And it's not for you to worry or concern yourself with who will or won't and even how best to present it, that's all going to be taken care of for you, you'll see, it's not time for that yet, that will start happening when your funding is set up and you feel ready to begin.

Because the actual time to begin has not arrived yet. This is just a time of putting your feelers out and seeing what feedback you get, all to help you familiarise yourself with the information and enormity of it and the potential difficulties people face in adopting it. And when the time is right for people to come and start to work with it, for a lot of people to seriously start their Healing, which will be the beginning of the next Spiritual Age, then you will be like the central magnet to which people will be drawn. So you'll be able to put your lines of communication out wherever you please, and people will pick up on them and work their way in toward the central hub. With some people physically wanting to be part of it, others not needing to physically come but working on themselves to the varying degrees as they embrace the information and then possibly do their Healing.

So if you feel despondent, then stay with those feelings as they will help keep you humble in it all, however understand that it's not time yet for your efforts to bear fruit, only a little bit which is enough to help give you personally what you need so as to prepare for that time.

And when that time begins, the light will be turned on, there will be no mistaking it, and it will then move along with a life of its own. However before that time happens, which might not be for a few years yet, you will be given what you need to prepare, as you have been doing for the last ten years, as you have done since meeting James, as you are doing now finishing your work with your Papers, as you will do after that, and so on.

So it's all moving along smoothly unfolding in keeping with the circuits being attained by those people doing their Healing and by yourself and your growing understanding of the truth involved. You John need to know what you're talking about, you need practice to air your views and see the responses, some positive, some negative and some undecided, all of which is subtly focusing you in the right direction for what is to come.

However I understand that it is hard at times because you can't see what it's all about, and because everything is wrong and so mixed up and so all has to work in keeping with the wrongness for so much of the time, so you'll have your good days and your not so good days with it all.

And that's how it is for us all, we've all had to struggle along like that, no one gets it easy and especially when it comes to starting to confront your mind and open yourself up to your feelings more. You are starting to say not to the Rebellion and Default in the world and personally John, on a practical and material level and on the spiritual one, and so you're starting to confront it, seeing it in a new light,

seeing it for what it is, and it's not nice, no part of it is, but as I've told you, you won't have to worry, it will all be taken care of for you, you'll see, it will steadily unfold.

And it might seem like you'll never get anywhere with the current snails pace, but that's okay, it's still a time of laying down foundations within yourself and in those who are supporting you, and that can only happen gradually. However once those foundations are set in place, then the rest can be increasingly constructed, until such time as it's all flying along.

It's starting off slowly now giving you and those people with you time to settle into it, and then the momentum of truth and light is going to build, and it's going to shine very brightly John, so bright that no one will be able to miss it. And so when it's shining so brightly, then you'll be ready to present everyone with what they need, for everyone, which will end up being most people on Earth, will become aware of the choice they can make: To either keep with the old and the wrong, or to move into embracing the new and the right. It's going to have a huge impact on humanity, humanity won't know what hit it, and what will have hit them will be the light of the Truth.

I'll be able to tell you more about such things John as we move along. It's still very early days yet, although not as early as it was a year ago. You've come a long way, you've done a sterling amount and have grown immeasurably in your understanding of things. You're maturing nicely, like a fine wine, growing older as you mature the understanding about the truth within you, and part of that involves testing the water through these people and seeing what their reaction and feedback is.

It's all very good, we couldn't be more happy John with how you are conducting yourself and how you're helping those centred about you.

And as all you are doing IS all focused on and centred around humanity, so it all has to happen in keeping with the world's affairs and so all that's taking place on the world stage, which is why you have a stake and vested interest in the world on that level through SI (Solid Investment). So all that is happening to you all on the spiritual levels is being matched by what's happening on the gross material levels, with the Wrongness positioning itself to be confronted by the Rightness – the Truth... when the time comes.

James has asked me if there is anything I might be able to direct Joe and Crystal to consider, and I would say that it might be of value, should Joe feel up to talking with Milverton again, and telling him of the difficulties that you are having with the Couriers, and asking him if there is anything he might suggest that would help you make contact with them and the Germans, and even with his brother and Simon.

I hope I've been of some help to you John, I understand that it seems a too big a task, one that is too daunting, however if the Truth is to be made known to humanity at this time – shortly – then the way to do it so as to achieve all that is required for humanity to take it on, will be provided. So that way will unfold. The Mother and Father have it all sorted, They will see to it – They are seeing to it, it's what we're all about, what our lives, those of us over here and those of you down there, are for. So in the meantime, allow the snail to creep along, and you know the story about the hare and the tortoise.

Love Nanna Beth.



PASCAS PAPER assembling process:

Samantha from England:

Wednesday, 21 February 2018

I can't tell you how much reading your papers helps me understand so much more and I realise how much I don't know, its amazing John. I love receiving all you write and feeling the feelings it brings up in me, as I sat here and read through your letters the huge feeling of feeling completely incapable of knowing or understanding all you write, I felt so thick and stupid and it took me back to school and back to mum and dad and how they knew it all and I knew nothing I just looked up to them for everything that I should know and it was all wrong as I am now finding out. Memories came back to me of how I would punish myself for not getting it all, or not getting it right, not being clever so having to work so much harder to get anywhere and it never worked, I couldn't take it in but I have always been good at feeling and that is showing itself to be very helpful now as I do my healing.

I have a basic understanding of it all but what you write, wow, it is always so amazing and I was saying to James the other day, some of what you write is like it has been written by the Celestials so incredibly good and so well written and so incredibly special, beyond words.

Every day I thank Mother and Father for you John and the work you are doing and us few being here right at the beginning of it all. It is wonderful. Sam

John: Thank you ever so much for your guiding loving words.


 The logo for PASCAS PAPERS features the word "PASCAS" in a large, bold, red sans-serif font. Below it, the word "PAPERS" is written in a smaller, red sans-serif font, with the letters "P" and "A" being significantly larger than the others.

Yes, you are correct, I do not comprehend how the Pascas Papers come together.

The intention of each of the Pascas Papers is to provide the reader with a comprehensive understanding of the core subject and, at the same time, provide an overview of the way home to our Heavenly Parents, the way of living life through one's feelings and the wondrous support we have. No one is expected or even considered required to read and know all the material. That is impossible. Hopefully, one's focus may be upon a particular point or issue and that a specific Pascas Paper may provide a comprehensive review of all of the guidance that has come to us. For those that have a large array of issues or matters to investigate, then a full package of Pascas Papers may provide all the core information from which one can take comfort and love from. Love being truth.

My pattern, through my life and particularly in my 'professional' years, has been to empower people / readers to be comprehensibly provided with sufficient subject information so that they have ownership and independence on the subject that they may be enquiring about. No one is going to examine them on their competency of the subject. In fact, no one is even going to ask if they have read the material shared.

Interestingly, as the detailed subjects are considered, the reader may reach a point of feeling totally free. This is an amazing feeling. For the first time in their life they know what it is all about, and how to find one's way home. Readers have conveyed that experience to me.

Yes, it is amazing how a Pascas Paper comes together. Typically, it has been a matter of waking up on Monday morning with a subject title in mind! By lunch time the fifty pages or so are assembled and then I spend the next two days reading the paper to find out what is in it! That has happened time and time again.

A feature of the papers are the infographics. Potentially half of the document content is made up of infographics. An image comes into mind, I go to Google search engine, click on images, and somehow the words that lead me to the appropriate image come up and bingo, there is the image required, frequently the first one to appear. Mind you, on other occasions it can take an hour or so to find what is appropriate. Many infographics have many sub-images making up the overall visual.

As for the word content. As you may observe, the words are from a number of sources on most occasions. These seem to arrive over a three day period, something is sent to me, a newspaper article appears, a television program, I am prompted to search the internet on a particular subject, and most importantly are the writings over the past 100 years. Amazingly, I have all of those writings as word documents, not just as books, but as on file word documents that can be searched through by the computer. Now, here is the corny part. The items turn up in the order that they are to be in the Pascas Paper!

At first, I did not do any writing myself. I relied on what turned up. But now I feel that I am required to express myself and have involvement. Yes, I agree with you Sam, I do not believe that I could put the words together that appear in the papers. I could not possibly write what I have – if that makes sense. Oddly enough – I failed English at school and did not matriculate in 1963 and here I am having assembled more than 500 Pascas Papers amounting to more than 40,000 pages of material on the greatest event in the history of humanity!

So, the answer is this. My first full time employment was as a shorthand typist. I have lost all knowledge of shorthand, and now I am just a typist. The rest is done by our invisible friends and I hope I do not frustrate them too much! They must be Celestial due to the subject matter.



But, here is an experience in about the year 2010. I was introduced to the Padgett Messages in June 2009, so it was very early days for me. Rick Malic, he was into the Padgett Messages also, came to visit me, I was asking him how to take the background off an image of a body so that I could overlay it on an image of a plasma ball. I did not and do not have a clue how to do that. We were both looking at the screen and, holy smokes, the background disappeared. Then I suggested were it was to go, and whammo it was in place. The look on Rick's face was fascinating. I have not seen Rick since.

The Pascas Papers have taken more than ten years to assemble, actually since 1983, an embryo was first considered in 1983. They have been greatly advanced by James' 'wonky reports' on them, and now we feel they are completing. In that, there will always be additional material and more content, however, we have the foundations set in place.

James' first 'wonky report' on a paper – his notes amounted to eight pages and took me three days to attend to his guidance and complete the corrections. Before I started interacting with James in late November 2016, I thought I had finished the papers. It has since turned out that through James' guidance, some 95% of the infographics have been amended and the volume of material has more than doubled.

It is correct to say that the Pascas Papers are not mine, I am just the typist.

SPIRIT PEOPLE ASSISTANCE:

Rick Malic was visiting my office (2010) when I asked him; how could the white background behind the man with the outstretched arms be removed, so that the background would become clear. I wished to overlay the man over the plasma sphere – the sphere to represent the dynamics of the soul and the two body images, one to represent the spirit body and the other the physical body, as the spirit body is the template for the physical body.



Instantly, the background dissolved before our very eyes!

Then was the task of positioning the 'man' over the sphere. This then occurred instantly without requiring any adjustment as shown below.

The pixels arrayed around the 'body' is how the image appeared below at that instant.

Previously, I have experienced assistance from our spirit friends with the development of powerpoint documents. PowerPoint slides would be amended to be more appropriate, but frequently the slides would rearrange in order to present a more appropriate dialogue. These events occurred to such a degree that I could not anticipate what would be the next slide to appear.



SOUL  **SPIRIT BODY**  **PHYSICAL BODY**

More on history:

The evolution of Pascas essentially started in 1983 through the potential sourcing of funds for hospitals. The truth to be said, I do feel I have been on this journey since conception, however 1983 could be the start of a more focused approach to the task at hand having started to emerge.

Interestingly, the project name was Southern Cross Private Hospital. The name PASCAS is drawn from local star nation groupings of Pleiades, Andromeda, Southern Cross, Arcturus, Sirius. We still have 'Southern Cross' in our name! An alternative reference is **"Peace And Spirit Creating Alternative Solutions"**.

In 1986, the first full conceptual documentation was assembled for what I now call Pascas Health Sanctuary, a hospital complex melding western / allopathy medicine with complementary / ancient medicine. The satellite medical centres are referred to as Pascas Care Centres. In 1996, this documentation was greatly advanced and I tried again. In 2005, I had assembled it again with an enormous global platform for clinics to be established in suppressed economies. An absolutely impossible dream – seemingly!

In 1998, the first of the hundreds of new technologies walked into my office, some 1,000 followed over the years to 2004, with around 400 innovations having promise. These are essential to grow the economies within remote and emerging communities based on the principal of sharing.

All of these concepts hang together, but I had no way of funding this impossible dream.

November 2005, Walter Raleigh introduced me to 'Solid Investment', an internet website investment program, and in December 2005 I joined. The numbers suggested that after three years or so I would have a fund base upon which we could proceed with this impossible dream in its entirety. Here we are and yes we now can do it all.

FREE WILL

Monday, 26 February 2018

John, I'll do your musing tomorrow, in the meantime, Nanna Beth is below. Also the wonky and other suggestions. And I've sent it all to you Sam, so I hope it makes sense. The part about free will and the soul I'm going to also post on the forum.

Pascas Paper: **DIMENSIONS of ONE'S EXISTENCE:**

Yeah, I like that page, however, it's that funny thing again where often you put the sequence opposite to how I see it. You have the physical to spirit to soul in the pictures, however I see it always from soul to spirit to physical, so is it too much to ask if you could please switch them around???

It's very interesting because I tried to leave it as you've done it, however I can't because as we read from left to right, so it gives one the feeling that the physical is the most important, then the spirit and then the soul, whereas I want it to be known that the soul is the most important and the physical the least. So if the soul is on the left then it reads with the soul being the most important to the least on the right.

And of course it's meaningless because it's multidimensional, however as a cross section that's how I always see it.

This part I felt like writing, as it includes my latest understanding about how I understand **Free Will** – should you want to add another page or two or three:

God, our Mother and Father bestow personality upon our soul. They give us our unique personality, with each soul receiving two unique personalities for its soulmate pair. And then our soul expresses us – those two unique personalities – in Creation. And as we grow, expressing our personality by living all our life experiences, then we grow in understanding as to what it's all about. So what we are all about, what life is all about, what our personality and soul is all about and what God is all about.

And this is called growing in truth, or ascending in truth, because it gives you the feeling you are progressing, which we are, growing in truth, understanding and the light of such, all the way through the Heavens to Paradise. We are living an Ascension of Truth. All being done though our soul as it expresses its two personalities in Creation.

And our feelings are the key. Our soul causes feelings to come up within us. Our soul in effect 'wills' feelings into being. And we use those feelings by acting upon them to do things in life. To express ourselves. To move, think, imagine, speak, to express ourselves in all the ways that we do. All of which is expressing all the various attributes of our personality. And if we live true to those feelings, then we'll grow in the truth required by our soul so we can ascend.

And we have a choice, which is where our free will is focused: We can choose to live true ourselves, which is live true to our feelings; or we can choose to deny them, to live against our feelings by using our mind to take over and control them. And if we choose to live true to our feelings, which is then true to our soul, so too are we then also living true to God's Soul, which means, we're doing God's Will.

We are to live doing our will, the will of our soul, by looking to our feelings to guide us. And in doing so, so too are we living true to God's Will. And if we live untrue to our feelings, then we're going

against our will, against the will of our soul, and so also against God's Soul, and so in this context, we're also living against God's Will.

And what we fail to understand is, we've all been conceived into living untrue, the choice already made for us, as we're all born into rebellion against our own feelings, so against our own soul and so against God. So we learn how to grow up being the 'master of our destiny' in the mistaken belief that we're living our free will the right way by honouring the dictates of our mind's controlling patterns that were established right from the very beginning, and which continue to delude us until we stop and start doing our Feeling-Healing.

When we decide to really take matters into our own hands, then we choose to end our mind-rebellion and start to try and live true to our feelings. With the doing of our Feeling-Healing being how we can undo, let go and give up the controlling ways of our mind. All too gradually allow us to come back to living true to ourselves, following our true feelings, all which are in harmony with our soul. Our Healing being our personal U-Turn we all have to make at some point in our lives, be that on Earth or after we die and then in the Mansion Worlds in spirit.

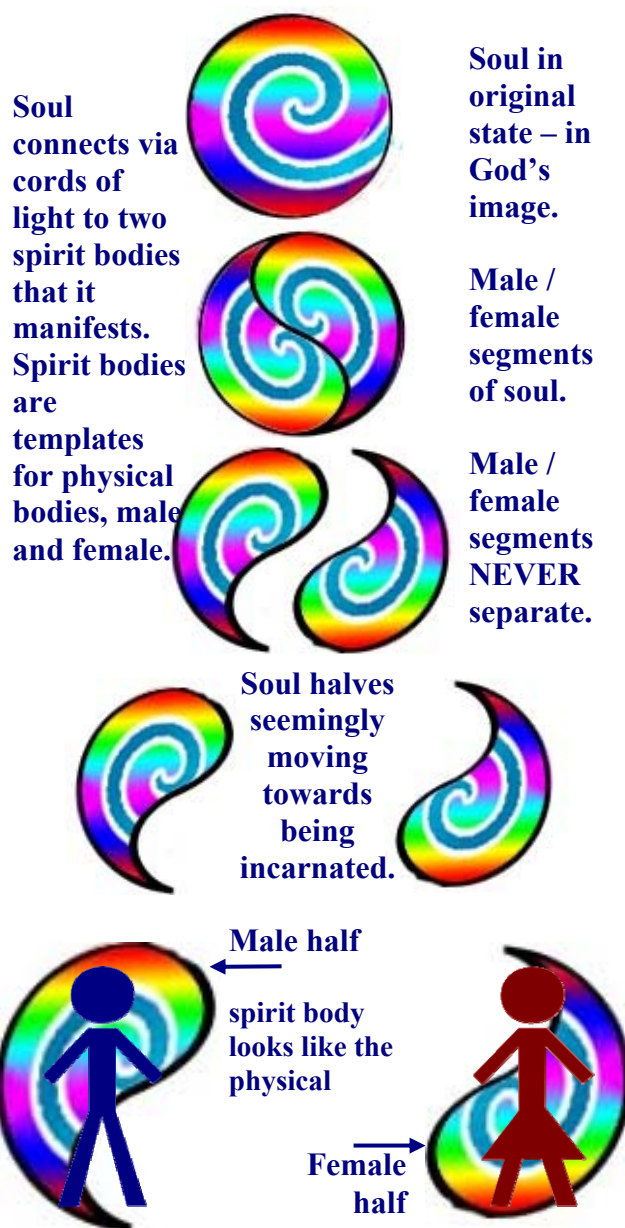
So living with free will is not looking to try and control ourselves further by using our mind, which all the existing spiritual and religious systems try to encourage one to do. We are instead to use our free will to choose to live true to our feelings, to look to our feelings for the truth and understanding they will give rise to, that which is our true spiritual growth.

So what do you choose: To continue denying your feelings by living untrue to yourself? Or to stop that and start looking to your feelings for the truth they are to show you?

By living true to your feelings you are fully honouring your soul and living absolutely true to God. It's how we are to do God's Will.

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

And a note to the above concerning living true to your feelings: It's easier said than done, because of all the mind interference we've grow up in. And how you do it is by trying to stay with your feelings in each feeling-moment (as you feel them). Fully honouring and accepting them – allowing them to be. Then to try and express them, mostly involving speaking about them or acting out the emotion and



particularly the bad feelings, trying to bring out all that you are feeling. All whilst you long for the truth of why you are feeling what you are feeling.

It's not about trying to live true to your feelings as a mental exercise. So none of: I am feeling I should put my red garnet ear rings in today, yet I want to put in the new pink topaz ones, so I'll do that first... but then they hurt having them in, so in putting the garnets in, they didn't hurt, so that's better... and see, I went against my first feeling of having the garnets, which had I put them in I would not have had the discomfort with the pinks. However that is all mind trying to work it out stuff. It's all trying to work it out. So No! Because you don't know that perhaps your feelings were also wanting you to have the bad experience with the pinks. You might have been meant to have the good and bad experience with your feelings leading you the whole way with or without your mind involved. It's all too hard: what is right and what is wrong – which is the right way to live. Forget it all!

You simply do what you feel to do. You felt to put the garnets in but didn't, going against that feeling with another feeling, you just did what you did, no right or wrong about it, it was just what happened. And it led to you feeling a slight pain and wanting to take the pinks out replacing them with the garnets and then you felt good, and that is the life you lived. But what you can also do, is express all the other feelings you felt along the way. What feelings came up as you talked about going against your garnet feeling? How did feeling bad with the pinks make you feel – and wanting to know why you felt bad. Talking about all you felt, talking about your whole experience as each part unfolded. And all the way along: wanting to know the truth of what was going on – what it was all about. And so longing to know the truth of ALL the good and bad feelings involved. And the truth might come, and it might not, but overall you will gain more insight and understanding into yourself. And it's NOT about: so that in future you now know that you're better off listening to and acting on the first garnet feeling, all so as to avoid the bad pink feeling, because that's all mind stuff too, as next time, even if you did the same thing starting with the same garnet feeling, you'll be different to how you are now, so new feelings to express and seek the truth of.

So don't think; instead: act, feel, and long for the truth of such feelings. And as there are always many feelings in each experience, so life is a feeling-full experience, with our feelings always giving rise to more Truth. And the more feelings you can express, the more fulfilled and happier you'll feel, especially once you've expressed the bulk of your repressed childhood yuk feelings out of you.

yuk

OLD WAYS CLASHING AGAINST OLD WAYS

Monday, 26 February 2018

James: Howdy Nanna Beth – what's happening over there today?

Nanna Beth: We're busy James, always very busy, isn't that what life is meant to be?

James: Apparently so, for everyone except myself, so it would seem. I've longed to be busy, to feel I have a busy important life, yet here I am sitting on the couch being very 'unbusy'.

Nanna Beth: Busy attending to your feelings James, that's what your life is all about.

James: So it would seem. Got anything juicy for John and Crystal, they too aren't busy enough – LOL!

Nanna Beth: All systems are GO! We're approaching blast off, then they'll be busy enough. Things are coming to a head on all the major fronts, SI (Solid Investment) being one of them. We're pushing in

closer, which I know you can't understand or have any idea of, however we Celestials have encircled the world and are starting to pull in closer to you, like tightening the net on the schooling fish. So things are getting more desperate for those controllers, it appears to them like things are speeding up, which they are in a way, but really it's just the same pace, only the focus of that pace is changing.

So keep putting all the pressure you like on them Crystal. They are still trying to face the truth that they have to deal with you, and are trying to think through some of the ramifications of what that means, yet they are unable to comprehend all that's involved. And I doubt they ever will. So they will finally be forced to act, cross the line, start the proceedings and let the cat out of the bag so to speak, as there will be no going back and they'll have no idea of what they will unleash. All of which will lead to their eventual self-destruction, however that's nothing for you, John or Crystal, to worry about.

We can't, as usual, tell you anything about the future, only you can feel something is in the air James, more than it has been, and there's no reason not to go with those feelings.

The world is coming to a juncture point. It's wrestling with the Old Way of control, meshing up against new ways pushing in, all of which no one has a clue about, because we're pushing the new way through our light, although it's not manifest yet on Earth. So the effect of this is Old Ways clashing against Old Ways, of which there is lots of going on behind the scenes. And ruptures will start to show. Nothing is as it seems for far as what the media gives you, don't even bother trying to work things out so far as what is really going on, you have no hope.

Mr Putin is winding up the pressure on all fronts, which is then having the effect of backlashing against Trump, who is deflecting it left, right and centre, turning most of it back on itself, with the Deep State continuing to reel as they feel their usual controlling ways slipping from their grasp. Massive exposures of various controlling people, a lot of who the world is not publicly aware of, is in the works, and a lot who the world is aware of, all the terrible dealings with innocent children, all of which will rattle the whole system. All the vileness is going to start erupting to the surface and the public will demand justice and blood and no one will be able to stand in the way. It's about DISCLOSURE. Oh how we all hate that word, however that's what's going to happen, all the rotten goings on are going to be disclosed. It all has to come out, all the yuk has to start rising to the surface, because as people start wanting to know the truth, and even more so, start living true to the Truth by looking to their feelings, then all the secrets have to come out, the secretive won't be tolerated, it will be about everyone having to 'come clean'.

Yuk

So it's going to start with a lot of high influential people. No more of this cutting deals to keep it still hidden. Too much will come out and too fast, with the Internet to thank for that. And we'll be helping people look in the right places to find what they will, it all soon to begin and gather pace. Still, there is a little more to go before we really kick off – don't you love all those corny sayings James, I'm a hip Nanna for sure!

My love you to John, and to you James and Samantha, and we're working closely with Crystal and our love to her and Joe too. I'll speak again soon – Nanna Beth.

PIGGY IN THE MIDDLE And later:

James: You know Nanna Beth, that grandson of yours is quite a funny person. He constantly wonders how it was that he is to be centre of all of this, he just laughs at the funniness of it.

Nanna Beth: As do I James, and all because of him.

James: So we can thank him for it all, can we? After we thank our Mother and Father.

Nanna Beth: Yes. He and I make a good pair, as I too wonder how I managed to become the centre of it all over here – and all thanks to you wanting to keep talking with me.

James: Well you keep telling me stuff, just enough to keep me wanting to talk more. And so all you told me earlier about what's happening to some people, how the hidden yuk is going to be forced to the surface, that's all part of what you said some months ago about the purging of the hells and the hells getting 'closer' to Earth?

Nanna Beth: Yes, it's all part of that James. Pressure is being exerted, subtle pressure mind you, nothing detectable by you or anyone else on Earth. And the mind spirits know something is up but can't put their fingers of on it. Yet the darkness is being squeezed, and the real vile stuff will start seeping to the surface. That along with other stuff, however the vile will be what will stand out. It won't be long now. Major Revelation time is fast approaching, and not so much the Revelation many are expecting. Anyway, I can't say more, only a dribble, but you can sense it within yourself, and in due course you'll start to see it anyway.

I'm going now James, I'll leave you to read through it all before you send it onto John and Samantha. Speak to you soon – Nanna Beth.

31 JANUARY 2018 is to be followed by an even BIGGER DATE Wednesday, 28 February 2018
[Hi Nanna Beth and Kevin](#)

[Now that the official event of 31 January 2018 has resonated a little with some of us, is there any possibility of outlining a little what and how events unfolded upon that historical day?](#)

[For humanity, this is truly a most incredible event, both for those in the physical as well as for those in spirit.](#)

[I gather that some aspects of the official end of the Rebellion and Default will be transitional. It is not all black and white. The lifting of restrictions will be progressive as milestones are met by us in the physical? However, the administration of the new era and transitions is now within the management of the Celestials and they may have a clear roadmap by which to work with, is this so?](#)

Nanna Beth: The actual date, although significant, is still only as you say John – part of the transition. The **BIG DATE** will be when it 'all goes live', which I can't as yet elaborate on however you might be able to put two and two together.

And as you understand, it all hinges on the Healing taking place and the positioning of people's minds who are involved with the New Truth Revelation that is taking place. And as you say in your next paragraph below, it certainly does require a quantum change in one's thinking. And that pressure is going to be kept up, because that change has to be great enough for it to be sustained through the next Spiritual Age, so there's a lot to it. However as you understand John, should anyone want to commit themselves to such spiritual investigation, and many people will, just as many have over the years by their participation in the religions, then they will put in the time devoting themselves to this new mind-set. **What needs to be impressed, and even told to people, is that this is very important and something that will be of great benefit to them – to their heart and soul, and will help them**

uncover within themselves and for themselves, and all through their own feelings, all the answers they are seeking. So it will be well worth putting in the time on the mind or feeling level.

John: Understanding the relationship of one's soul to one's physical environment is requiring a quantum change in one's thinking. This is something that James is pressing to have us consider and comprehend more deeply. May you add your guidance on this also please?

UNIVERSALITY of the REBELLION and DEFAULT

John: My feelings have been that the Australian Indigenous peoples are also subject to the Default. The Urantia Book suggests that the Default by Adam and Eve was about 38,000 years ago, whereas the Australian Aborigines appear to have become isolated here some 60,000 years or more ago. That suggests that the Default may have been a lot longer ago than what The Urantia Book suggests. What timings should we consider for these events and how were the Aborigines impacted by the Default? Similar scenarios may apply to other isolated, older cultures also.

Nanna Beth: Everyone on the world since Jesus and Mary's time has been completely bound – conceived into – the full Default and Rebellion. Pre Mary and Jesus, there was isolated pockets of less impact from time to time, not a thorough mixing, but since their time, everyone has been of it.

The Australian Aborigine was isolated from time to time, however enough outside contact was maintained to ensure the genetic transference of the Default affected all communities, and then you must remember there have always been fallen angels and mind spirits working on people from spirit (the angels up until Mary and Jesus). So psychologically and genetically, the effects of the Rebellion and Default have been well dispersed and thoroughly integrated.

And in fact it's been the unseen work of the mind spirits that have done the most damage, as people in spirit have naturally wanted to 'bring their people up to speed on Earth', so even though considered 'primitive', no indigenous peoples were left out of it, particularly as the Caligastias and Daligastias saw to it that everyone was under their control.

And we want you to keep within the parameters set by TUB (The Urantia Book) for the time being. There are reasons for this that are part of the struggle between the Rebellion and Default and the Truth coming to light in opposition to it. James has outlined in his work as it will be for the time being, so there is no reason to go shifting the goal posts of such major pieces of work because they have been 'delivered' (including the Padgett Messages – PM) for very specific reasons, again which I'm not at liberty to say publicly, as that's currently all part of it, however James will tell you if you ask him. And he has already told you, however were you to ask him more specific questions, questions perhaps he might even give you to ask him, then he might reveal more to you.

And although it sounds all cloak and dagger secretive stuff, really it's not, it's all there in his work should one think it through and know where to look. And that doesn't matter anyway, because in time it will all come to light, and you John will be the first to know. You don't need to know it all or have all the answers up front, you don't need to worry about any of that. There are going to be vast changes, so all you need to do, which you've done, is ingest it all mentally and some on the feelings level, and soon events will take you over so you'll no longer have the luxury you've had of being able to spend so much time 'in study'.

John: I do suspect that green lights are turning on for us down here on the 3rd Rock from the Sun. It feels like the show is about to hit the road and the tempo will increase steadily.

For what we are to implement, I do consider that retirement is not on anyone's approved agenda. If we can start to initiate the foundations for what is to be put in place, we all have many years of work ahead of us. The complexities of personalities will be something to behold. Pascas will be a zoo in its own rights!

Yikes, what a load of understandings for anyone to comprehend when it is put to them without any lead up. In the past few days, I have done that with two Professors. I wonder what took their fancy, if anything at all please?

Nanna Beth: You'll see John, I can't ruin your fun.

John: The Solid Investment progress appears to have taken a collective set of positive steps in as much all appear to want it positively resolved. Do you feel this is so?

Nanna Beth: The Germans and others are trying to work out what the future holds. They are not getting the usual mind spirit input so are floundering, their usual sources no longer coming through for them. So they are running various scenarios by each other, however it's too big, it's too impossible for anyone to see what lays ahead, so at best a guess, nothing more.

But one thing is, something has to change, and possibly drastically, with a growing feeling which few want to acknowledge outright, that things have been controllable to a certain degree up until now, however that control is slipping, the 'run away train' momentum is building up and starting to take on a life of its own, which is very scary. So put your head in the ground and pretend it will be all right as it has been one way or another in the past, or freak out worrying about it.

So SI (Solid Investment) is being looked at more favourably, as are other big money projects, because something needs to change, the system either keeps building on itself, and yet to what proportions will it get to before the inevitable crash comes, for surely it must all implode and destroy huge amounts of itself. It can't be controlled as it has been, yet more money injected might put the disaster off for a while longer, so possibly getting this SI thing out into the world might be part of keeping the end time at bay for a little longer.

Still, they have no idea, and we're not going to tell them. So you'll see John, things are going to overtake them anyway, taking matters out of their hands, and they'll all be caught well and truly on the back foot without a hope in hell to stem the flow.

That's all for now, so until next time – Nanna Beth.

cheers for now
John

AVONALNESS RAMBLINGS

Friday, 2 March 2018

James: Sorry John (yeah sure!) for making you read so much when Nanna Beth said you can retire from that torture. And sorry for rambling on as I'm just jotting down my thoughts about it. And I've only read through it once.

Hi John and Sam, please keep this to yourself. Most of it you've read or heard before, however I want to try and write it out again as to where I'm currently at. It's about the Avonal thing as you might have

guessed. And still my relationship with it remains the same: I think / believe / feel it's true, all I've said regarding Marion and I, yet I still await confirmation from my feelings, and Marion still feels it's all my fantasy. So on my 'good days' like today, I feel more strongly in it, on my bad ones, it is pushed into the background. On those days I don't let it go – could I ever let it go?, but I question it, wondering if it is just part of my madness like are all my other compulsions, it being what one could call a spiritual-ego compulsion. Anyway, being in my 'up' mode, and following on from Nanna Beth's hints the other day, I want to see if I can write an 'update' about it.

My Mother and Father (thank you Sam for relating so personally to Them that way) keep assuring me that it's all true. And not only that, but everything, as one would expect understanding what an Avonal pair being on Earth would be here to do, revolves around it. So as Marion and I move toward some juncture in our Healing, she feeling so much better, better and better about herself every day, she even saying today that she feels like she has very much completed the U-Turn and everything that was wrong as how she saw and related and felt about herself, it all being so awful, unkind, self-hating and self-annihilating, is reversed to her now feeling so self-loving that I can hardly keep up with her, she even saying lately (which must be some sort of aberration and when she's not angry with me) that she loves me; and with pressure easing steadily within myself as I come to accept my wrongness fully, as it also seems to be happening in the world and with SI (Solid Investment) and with you both personally in your lives, all is revolving around us being caught up in our orbit.

So as Nanna Beth has said, the further Marion and I progress, the more the restrictions are removed from what the Celestials can do, what we all can do, with the restrictions all being removed at the complete end of the Rebellion and Default, being when Marion and I finish our Healing. And as to our finishing it, well Marion has no idea when that's likely to occur, nor does she care, and I reckon it's possibly within two years, with David's end time date of the end of 2019 being as good as any date to aim for. But no one has confirmed that, so that might be only my wishful thinking. And I wouldn't be surprised if Marion suddenly announced that she's finished her Healing on Tuesday (her birthday being on the 6th of March) or sometime soon afterwards. Nearly every second day she is saying she's stopping being this way and knows she's finished being as she was in this or that respect, so it does seem the signs are there of some sort of ending.

However my 'timeline' goes something like this. Within the next few days to months John gets a break with SI and it all begins to unfold – if it's going to. If it's not then, of course other things will happen, which I will write about in a moment. And say it takes six months to prepare to get the money happening, and then the rest of the next year to get things sorted out and moving, which would possibly include Marion and I moving up north. Marion doesn't want to go up North, but then again she doesn't want to go anywhere. As to whether we'll even be together then: in my Avonal mode, we will and she'll go wherever it becomes apparent we are to go, even stay here if we feel that; and in my non Avonal mode, we will go our separate ways upon completion of our Healing. Currently we are swinging between the two, having weeks where we feel we are not suited, are only together to help us see how wrong we are, how unloving we are, even longing and looking forward to separating, which means no Avonal thing, no soulmate thing, or possibly still we are but would need time apart before we could come back together again in a loving capacity. And then during our better times, Marion is easing up on needing to have me sorted out and perfect as she's believed she's needed me (her partner, it being how her parents said she, and then him, would have to be), to accepting me more as I am in my fuckedness, no longer caring about it, as she feels so much happier within herself. When we're feeling bad, we both long for our perfect partner; when we feel better, we feel, oh well, at least we've got each other and we can tolerate each other and we're friends to some extent, so it could be worse and it's not all that bad.

And I find I am preparing myself on two fronts or for two possibly eventualities, and there might be others of course, those unsuspecting and unknown to me, and more than likely might happen as being still fucked I can't yet be sure about such future things.

One of the fronts is that you, John, get the green light to do all you want, and Marion and I work within that. The other thing is, the SI money is all a fantasy and never happens, so Marion and I are to do whatever we feel starting our 'revelation' in some other way, and even still possibly including and within Pascas and with you John, but all in what would be a more low key approach.

Anyway, and either way, this is what I want to say regarding what's floating around in my mind, and has been for years now, so I'll just say it as part of my bringing it out in the open. This is how I'd like it to go. You John do get all the money you want, which means Marion and I will be set free of any monetary constraints, free to do and be as we please, something that would be such a luxury, free of the bloody government once and for all, and free to not have to worry about bloody money again.

And then Marion and I finish our Healing, with a big part of that being what I'd call our True Soul Revelation, which is our soul revealing to us the whole forgotten truth of our Avonalness: that we are indeed soulmates, along with a feeling, knowing, vision and desire to do what our Mother and Father have in mind so as to help humanity understand about the end of the Rebellion and Default, ourselves, and what one's Healing involves.

They have told me that our soul revelation is to happen – sometime. Marion says, as she's not an Avonal, nothing will happen, however all she says about how she feels keeps supporting my claim that she's more than what she knows, and should such a personal revelation start to unfold for her, I would love to see her face as she comes to understand that all my morking on all these years was right. And so for myself, will it be like what I've just been through with the Bush Bank (native plant nursery), being proved that I was right, that there was another better way of doing things, so will I again be proved right concerning a better way of being, the Healed way, the way Marion in fact is revealing even though she doesn't want any credit for it and says I'm just making it all up?

So, if such a full revelation about our Avonalness does occur, and it MUST occur, it being part of the confirmation we will need to fully affirm to us that we're right with the Healing and all we've revealed, then it's all systems are GO!, then we'll of course be very different in our feelings about ourselves, life and humanity and everything that we are now, and will know what we are to do.

And part of that what we are to do, so They keep telling me, along with my angels, is that we'll do healings, just like in Sage, miraculous healings like Jesus did. Just say the words, touch the person or creature, and it's done, the angels doing all that is required. No laborious hands on healing. And that we might or might not understand what's going on and why, doesn't matter, as we know it's what our Mother and Father will want, all to demonstrate and show the whole world possibly, that something out of the blue is once again happening on the world. It will take such miraculous healings to make people take notice of us. As you were saying today John, the gulf between us and regular life, spiritual and religious or not, is too big, so something will be needed to bridge that gulf, and such healings are the only way I can think of how in a short time a lot of attention could be bought to bear on what Marion and I are all about – what the Truth is we are revealing.

And of course, most people will want a healing and that will be the end of it, yet within it there will be also ample opportunity for you, John, to spread the truth about the Healing far and wide. So if this is the way it will go, it will start slowly, then when everything is in place, Marion possibly, unbeknownst to her starting the ball rolling, and away it will go, like a snowball gathering pace or a whirlwind gathering

force. To be in the end, which might possibly coincide with our deaths, being like in Sage with virtually everyone on the planet knowing of us in one way or another and knowing enough about what we are 'here for', all so everyone can have the choice of choosing to either be with us or against us, this being how things will stand, 'spiritual judgement' at the end of Mary's and Jesus' age and the beginning of Our Spiritual Age. So everyone going into the next age will on one side of the fence or the other when it begins, with the same 'judgement' being placed on all the mind spirits too, for they will be watching the events unfold on Earth; so everyone, the whole of humanity on Earth and in the Mansion Worlds will know of the end of the old and the beginning of the new.

Should someone choose to deny us, I don't think anything bad will happen to them, it just means they are not ready to embrace Our Truth either mentally or on the feelings level by starting their Healing. But the 'roll-call' will be taken, as you can read in TUB (The Urantia Book) what it says about the Avonals at the changes of the ages, so for that to happen, it means that Marion and I will have to make quite a splash. I have thought that possibly we might just make a tiny ripple, a few people close to us who are spiritually interested in the Healing, and from that small ripple the Truth might spread out through the next Age, with everyone by the end of that Age knowing about it and so choosing to be involved or not, however for that scenario to happen in this day and age, unlike in Jesus' day, we'd not do any healings to attract attention, and neither would you, John, get your money.

So if the money comes through, then possibly it's on like Donkey Kong, if not, well then all I'm writing now IS possibly my own fantasy and nothing will happen, and there is no changing of the ages and my writings will fade away and there is no end to the Rebellion and Default and god knows what Nanna Beth and the others have been going on about, and so it all fizzles out. And I'm sorry, but I have to keep working the downside too, I have to keep both options open, because it all has to be brought out and talked about, I am not about to just pretend the Avonal way is what it's all about, when it might all turn out to be fantasy. I do know the Healing is real, but does there really need to be an Avonal Pair? That is what I'm waiting to see.



And the last part is for you Sam. I want to say this to you now, it's been in the back of my mind for years now, and I've not wanted to say it to you because I've not wanted to get your hopes up, especially if I'm full of shit and it's all just my fantasy. However I love the idea of you coming out to Australia and being with Marion and I. Marion says she doesn't want to help anyone with their Healing, but should she finish hers, then I think she'll change in that, being more than willing to help only those people who are very intent on doing it. And you might have finished your Healing by then too, who knows, but that doesn't matter because I think her and I will both love having you with us, each for different reasons, but as a true spiritual friend, someone other than ourselves who we can confide in and just be our true feeling selves with. And a woman. I think (this part I'm stretching it going further out on the limb) that Marion and yourself will form something like a nucleus of light. I will come and go from it and be the masculine balance, however from it will come, flow, shine, the full light of the Feminine Aspect of Truth, and it will be this light shining out into the world that is really what it's all about, what is missing, what needs to move into the heart of humanity. Yet it's sacred, pure and true, that which Marion is becoming, that which you are too Sam, and that which other women in particular, and some men too, will be drawn to and become part of.



So it will be the Celestial heavens on Earth, a place that John will set up for the womb of the New Revelation to grow and give full birth to the New Way. It will be with you that the truths I've written will be lived, so no need for books and all that, just living absolutely true to your feelings. So you no longer really being part of the normal world, having to deal with most of the everyday things, as John and I will ensure they are all taken care of for you and Marion should you want it to be that way, all so you can just get on with growing in the light of your truth wherever and as far as our Mother and Father want it to shine.

I would love for you to be like a companion to Marion, I would love you to get on well of course, and I don't want to put any pressure or expectation on you Sam, nor build up your hopes, but I'm sure you'll understand that if it's meant to be, it will happen, and the thing going for you and it all working is your pure desire for and to live true to yourself. And I think for Marion to be with someone, and possibly others in time, who are so intent on living true, would be one of her dreams come true. And this I've not so much talked about with her, hinted at things, but I don't want to interfere with her, I want her to see it all unfold naturally for herself and without any of my 'I told you so shit'. She is the Leader, and it has to all come from her, yet still I can't help seeing a bigger picture which I am preparing myself for, feeling as of the other day that I am ready to deal with and cope with it, no matter which way it goes, from nothing, to it being full on. And of course you understand Sam, that were that to happen and were you to come and see that you liked it and it all worked that way, then you'd be leaving your old life, and possibly including your children as they might not want to be involved. But I'm sure you've thought along those lines and know that should you be asked, you're not going to say no – how could you? However nothing is a dead certainty, and this is all only speculation that's been floating around in me for as I said years, getting an injection and advancing from time to time over the years.

And John, the other thing you might like to consider is, say the miraculous healings do happen, and happen regularly and become a major thing in the world, then logistically it could possibly be a nightmare, because everyone's who's sick is going to want to be healed. So here are some 'what ifs':

What if the angels are given the go ahead and a 'Healing Room' in your medical centres becomes a place of peace, light and pure love in which people are invited in some way to enter and become healed, all their physical, emotional, mental and spiritual problems are removed, at least for a time being, which is told to them, with it being like a big band-aide to help them move to their next stage in life, with them understanding that still their True Healing awaits them, either on Earth or in spirit.

(John: It is already planned for.)

What if a place, like a spar bath where people can go to, suddenly becomes a place where people start getting magically healed by the 'waters'. And we set it up so as to bring sick people, perhaps disabled and children... but then what about very sick adults too... and what if parents aren't but their children are healed... and how would you deal with the flood of people, it's not like it was in Jesus' day where you basically had to walk and follow him as he moved around, the whole world can suddenly fly in wanting to be healed the very next day.

(John: It is already planned for.)

And so if it went that way, then vast resources of the funds might be needed to organise such events, however that's not to say they could also be set up to become self-funding, who knows, anything is possible.

But basically, if there are no miraculous healings, then things will be able to tick along based on the hard work of all involved, and one would expect that there will be a slow increase of people taking the new truths seriously and enough to want to begin their Healing. So lots of courses and information put out there, all to help people become more aware of it, just as you've set up Pascas for. And so Marion and I can do our thing, and basically we can remain hidden, not right out there in the public eye, just this mysterious pair behind the scenes and only accessible to those people very intent and serious about their Healing.

And this all sounds like fun, not too stressful, just good old fashioned hard work. But then, what happens if suddenly there are some fantastical healings, what if the Mother and Father want to go that way and blow it out into the full public awareness, because no such miracle healing in this day and age will be able to kept unnoticed, god in a flash it's possible the whole world will know. Can you imagine saying to the magically healed person who is stunned beyond belief: look, please don't tell anyone that your spastic leg just got magically fixed, okay, we don't want to draw attention to us, you don't want it yourself, people might ridicule you, and the Church will be down on you like a tonne of bricks trying to say it's bullshit and the work of the Devil, so let's all just pretend it didn't happen, eh, what do you say... Can you see it staying like that?

No, it's going out there and fast and it will be the end of life as we know it, that's for sure, so that's something that I at least need to be prepared for, because Marion might still be able to hide, but I am not going to be given that luxury, and really I don't think I want it anyway. If it goes like that, really how I feel when I'm feeling good is I want to blow the roof off the world, to shock it to its core, to make a major impression, something to crack the psyche of humanity open, all so it is forced to have to reassess everything, and in particular: well if this Dude is saying he is the Avonal (whatever that is) is doing these magical healings, then what the fuck are you religions doing for anyone, why aren't you also doing such healings? So it will fuck with everyone, the whole mind set of humanity having to face the truth that things are wrong, and that going along in the old way is not going to bring about some magical healing or some hard won true Healing.



So which way will it go, if it's to go at all? The soft gentle way, or like a rocket lifting off? And what do you reckon John? You're getting on in age, surely it wouldn't be fair for you to miss out on all the fun and games, however I know you'd not mind either way, SO LONG AS SOMETHING – ANYTHING – BLOODY WELL HAPPENS!

So that's where I'm at with it all at the moment. Writing Sage was the time I worked through most of this stuff, and yet only now do I feel capable within myself of carrying it out, effectively being like Sage. And that is on my better days. Most days I feel so fucked that I can hardly move, and I'm the fucking one who needs an angelic healing – so how about it, me first so at least I see what it feels like... pretty please... but no, I want to do my Healing the hard way, see it through to the end, and then see what happens.



So to repeat myself again, nothing might happen, it might all be one miserable flop, Marion and I might breakdown, our bodies wrecked beyond repair by the stress of being so fucked, we might not even finish

our Healing before we die. The Couriers might keep failing, the Germans keep passing the buck, and the years slip by and before you know it, we're all dead and in spirit wondering what the fuck that was all about.

Or, it might be the Avonal way, and all I've been told and worked out for myself, or at least most of it, might be right, and right enough to help a few more people like you Sam... however, I do wonder, is there anyone else like you? I mean, should someone start their Healing, say today or in a year or twos time, then it's going to take them at least five years before they are deep enough into it to really understand something about what it's really all about, and so by the time there are many people five years into it, we're all going to be in our graves. So are there really going to be 144,000 who take it on before I die, and what does that mean, the day before I die 143,999 decide to do it?

So you might get your 'hell of a ride' John. But the one thing that does seem to be happening is some sort of inflection or meeting point, a confluence of energy and light and truth and forces seems to be pushing up into the apex of the triangle. I feel very excited by it all on my good days. So happy for Marion feeling constantly happier about herself. Today it was she can 'kill' the birds to stop them annoying her always wanting her to feed them, instead of having to 'kill' herself by running away. She has NEVER felt like this, that she is the important one, more important than them, more important than someone else, more important than her demanding parents. This is a huge change for her, she's completely the opposite to how she was, and it's one of many of late. The jewellery is helping her feel she can have beautiful things, she is worthy, and is prettier and more gorgeous than all those beautiful stones are that she loves so much, that she loves herself even more than she loves them, they helping to 'pump' up her love, all the very opposite to how she's lived all her life.

And surely something has to give with my compulsions at some point. Surely I am to be set free at some point – I am so fed up with them. And I too feel so much better within myself when I'm not demented by them. So we will see. I will leave it as that until the next 'update'. Thank you both for reading all my stuff.

The next day. I've just read through what I'd written yesterday, having let it sit to see what I felt about it and if more should occur to me, which it has. And instead of trying to insert it in what I've already written, I will just add it here.

I was speaking with the woman who runs the crystal shop – a new one that's opened, and she studies Buddhism with a woman teacher who she said is full-on about wanting her to bring out all her bad stuff, expressing all her feelings of her traumas so the poison comes out allowing her to be free and at peace with herself. She said that most people think Buddhism is about trying to deny the bad stuff, to rise above it so it no longer affects them, which is what I thought, but that's not actually right, that one-on-one the teacher demands that the student brings out all the bad stuff within them. And bringing that bad stuff up includes also stuff from past lives. So, if they try and express all their yuk, and even their yuk also from past lives, why do they still persist in believing about past lives, and why don't they talk about the whole focus of all their problems being to do with their parents and their early life, as we do in our Healing? What are the differences, which essentially comes down to the Truth. What I could see about what this woman said, although she wants to bring out all her pain, she doesn't want to deal with the deepest most hidden causes of it, confronting her parents within herself, she wants to bring it out and be happy and at peace that it's all out of her, so nothing to do with the real Truth.

YUK

And this led me around again to the significance of the Spirit of Truth. Buddhists have been expressing their pain for thousand of years, people have been working on themselves doing their deep healing work, including Jesus not saying anything about the Healing because it wasn't part of his life. So what I'm getting at, which I've said before, that really the most significant part about the Avonal thing is the Spirit of Truth, and that without the Spirit of Truth there is no Healing, so no one can do their Healing. And you, Sam, are doing your Healing only because you've embraced Marion's and my Spirit of Truth. And unless people embrace our work, connecting it back to us directly, they are not going to gain the full help and full access to our Spirit of Truth. So like these Buddhists, will do some healing work, see something about themselves, but never enough to get themselves out of the mind Mansion Worlds and into the true Healing worlds.

So if no one can Heal themselves without the help either in person or from afar from an Avonal pair's Spirit of Truth, then really Marion and I do become the centre of the spiritual world for humanity on Earth. Which is what TUB says, with the Paradise Pairs possessing a spiritual drawing power, drawing everyone to themselves, as they are the centre, like people locking onto us with a tractor beam, locking onto our Spirits of Truth.



So the Mother and Father have for the duration of our Healing, kept us removed from humanity so we've been able to get on with it, needing to look to each other for the truth we are to see about each other and how we live together in our unlovingness. And when we no longer need to remain isolated, then the fun and games will begin.

So what you've done, John, by wanting to include my work in your Pascas Papers is effectively thread the Spirit of Truth through them, so they can be used like drawing or calling cards with those people ready for it finding something within them that peaks their curiosity. So that's why you, John, have had to work so laboriously 'seeding' your work with the light or energy of the Spirit of Truth from Marion

and myself. And now that you've just about finished that, so that's another sign that things might be ready to move onto the next stage.

So all you will build John, really is to be 'imbued' with the light and truth of Marion and myself, it moving out into the world from the central hub. And that is why I've been made to focus on a little bit of everything to do with the world, including it in my writings, so I can connect with it all, so you can then take it and spread it far and wide into every aspect of humanity.

So I imagine as Nanna Beth has said, pressure will be brought to bear on humanity, and possibly more so on the rich, selfish and self-centred higher echelons, with financial systems faulting causing them to loose a lot of wealth as they also loose their power and control in the world. I don't know if a major war or the Revelation end times scenarios as portrayed in the Bible are to happen, I ask often about various aspects of them, but it's always a vague sort of feeling leaving me and my mind to muck around imagining things, but nothing really forthcoming from the spirits or Mother and Father. So I don't know about that, only that the real Second Coming is the Avonal pair and the truths we are to reveal, something that has been kept secret from humanity because it's been vital that Marion and I can do the bulk, if not all of our Healing, unmolested by people wanting to know us just for their own power. We've had to give up our false power patterns, so we can be just as everyone else is so far as having natural feelings we express to uncover the truth of ourselves.

That's all I wanted to add. If you want to ask me about it, or any of it at any time, please do, but for the time being at least, please keep it just between the three of us. As I said to John, I see he and you Sam like two book ends or standing on either side of Marion and myself: the mind understanding the truth, and the feelings living the truth. And of course, if any of it makes you feel bad, please tell me what you are feeling.

More AVONAL STUFF

Monday, 5 March 2018

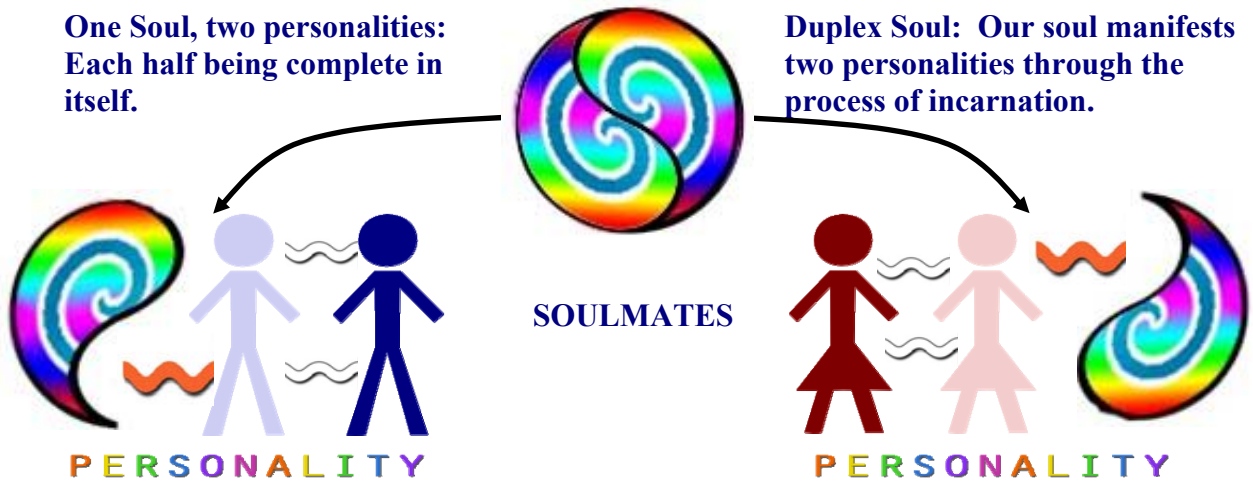
Note from James to Samantha and John:

Thank you to you both for all you said about my Avonal stuff. It's all so helpful, so supportive, it all being so weird – is it really true, is it really going to happen? I jump around in it all over the place all the time, just as I do with all my Healing. Marion is always so focused and straightforward in it, I'm doing it by default, being dragged along in it because I wasn't allowed to express myself like she can. So I'm a mess, so putting my mess on you both and getting your positive feedback helps me enormously with my self-confidence which seems to be growing at a snails pace. However I am feeling better about it, even if nothing happens.

And I'm pleased you're feeling a bit better Sam, god what a purge. It was good all you said about your connection with your mum and feeling a bit freer from her. And John, yeah, I don't mind if you share what you want with the two Gs (Graham and Graeme) and Jim, all so long as they understand they are just as mad as we are, and if they would please keep it to themselves for the time being. For as I said, I don't want nor see the value in getting everyone excited and wound up into a possible magical mystery tour that might never happen.

And another thing that twigged today for me was Marion's mother was a Sag (Sagittarius), so wouldn't it be incredible should you two meet Sam and get on well, Marion having the opposite experience with a Sag this time round. I do love all these 'link ups', even you John sending me the Wonky: to JM from JD, it all seems to go together and flow along. I've never been one to take much notice of such things, but it's getting a bit hard not to.

I go for my walks with the intention of speaking with Nanna Beth or the Mother and Father or anyone else, but nothing much happens. It's not like the good old days when it was always full-on yaking away in my mind. Now it's sort of got the feeling of: What's there to talk about, you know it all, we've told it all to you, you're working your way there as are the others, it's all unfolding, so we're just waiting for further developments. And that's about where I am, trying to stay more focused on my feelings and decide which next faceted stone I'm to buy her – there's too many lovely ones to pick from. So John, if you ever want me to help spend your money LOL.



Note: We of humanity do not have 'spirits of truth'. We are ascending mortals and as such, we are not endowed with a 'spirit of truth'. These spirit forces conspire to enable material man to grasp the reality of spiritual values and to comprehend the philosophy of universal meanings. The sending of the Spirit of Truth is dependent upon the return to universe headquarters of a Paradise Daughter and Son who has successfully executed a mission of mortal bestowal upon an evolving world.

When the mortal incarnation is finished, the Avonal Pair of service proceeds to Paradise, is accepted by the Universal Mother and Father, returns to the local universe of assignment, and is acknowledged by the Creator Daughter and Son. Thereupon the bestowal Avonal Pair and the Creator Daughter and Son send their conjoint Spirit of Truth to function in the hearts of the mortal races dwelling on the bestowal world.
(extracts amended from the The Urantia Book)

JOURNEY of HUMANITY

Saturday, 3 March 2018

Hi John, this the diagram I was thinking about trying to draw. It's basically a diamond lying on its side, showing the progress of humanity, from the first soulmate pair, the denial of soulmates, to the Healing of soulmates, to the last soulmate pair.

On the left side, Humanity begins: The first soulmate pair Andon and Fonta (was that their names, I can't remember – mental block?) from who come all humanity.

Then the diamond opens out with some way along it the Rebellion beginning and then the Default marked. With the caption: Humanity increasing its self- and feeling-denial, its denial of truth. Soulmates getting further apart.

Then at the widest, centre – just to the left of it: where we are now. The Present day – or something like that.

And then at the widest point: Humanity reaching its most evilness, the most lost, the most separation of soulmates. Humanity can begin its Healing. The Great U-Turn begins, the dawning of the Spiritual Age.

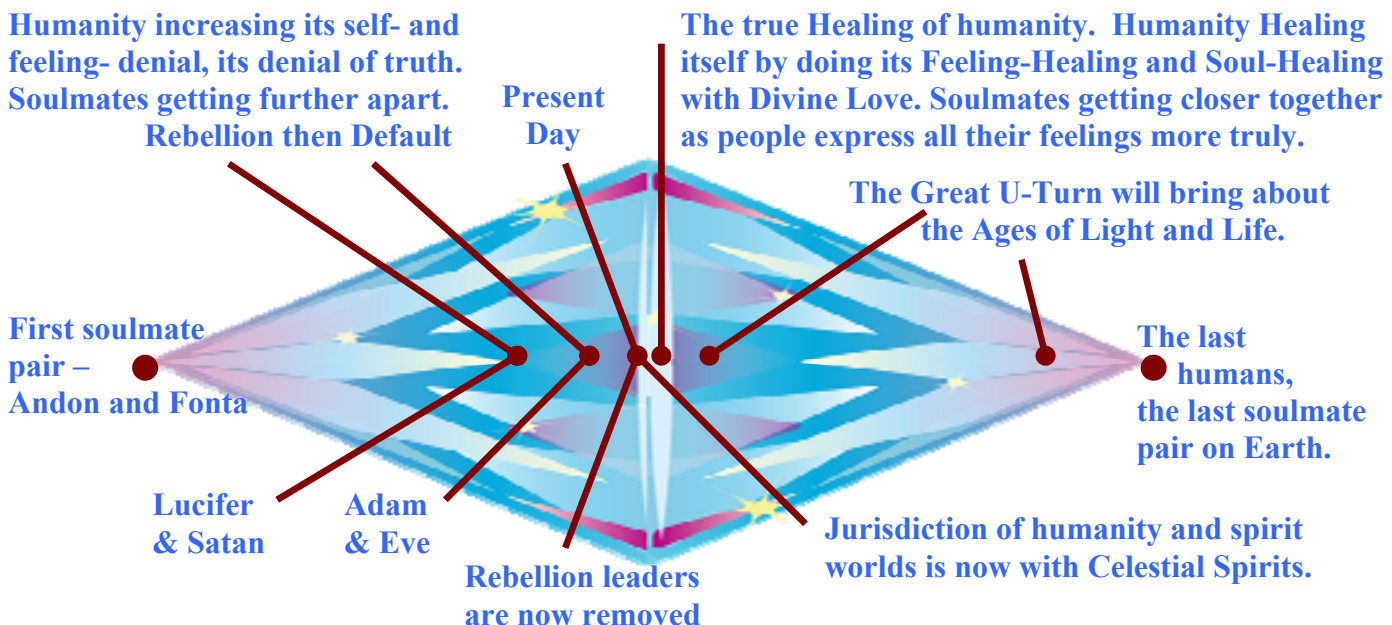
Then as the diamond starts toward the right hand apex, the caption: The true Healing of humanity. Humanity Healing itself by doing its Feeling-Healing and Soul-Healing with the Divine Love. Soulmates getting closer together as people express all their feelings more truly.

Then towards the closing of the apex: The Ages of Light and Life

Then at the far right hand side and diamond point: the last humans, the last soulmate pair on Earth.

JOURNEY of HUMANITY into and through the GREAT U-TURN:

Humanity reaching its most evilness, the most lost, the most separation of soulmates. Humanity can begin its Healing. The Great U-Turn begins, the dawning of the Spiritual Age.



RUSSIAN'S STRENGTH

Saturday, 3 March 2018

James: Hi Nanna Beth, well Mr Vladimir Putin seems to be stepping up his authority on the world level. <https://www.zerohedge.com/news/2018-03-02/putins-ultimatum-next-stage-war>

It seems like Russia is miles ahead of the rest, game over, just as you said he was going to assert himself more.

Nanna Beth – 3rd Celestial Heaven: And there's a lot more to come James. He's going to have some fun putting the wind up his oppressors. He's coming out on the offensive in preparation for his taking Russia into the future. Things are coming down to the wire now, it's getting toward the end game, time to get serious and they've had enough of the Deep State and the hidden controllers. So they are going to try and gain leverage and get themselves into a position in which they are no longer reliant on the rest of the world, effectively being able to even go it alone if it comes down to that – being self-sufficient in all aspects, and starting to end their inter-connectivity with the rest of the world financially. It's all good for the Russian people, they no longer need to be part of the hidden controllers' games, which are soon coming to an end.

And I have some good news for John, he and Crystal should hear positively soon from the other side of the world, pressures are mounting every day, on the surface it all appears like it's business as usual and even that some good things are happening, however they are falling apart at every seam. So things are only going to be more entertaining from here on in, more fun and games for all to see.

Kevin is doing well and still with you John from time to time, and he does let you know when he's about by impressing his light on you. There is not much any of us can do, we're just allowing things to take their own course, it's a steady march forward, you won't have to wait long now, things are going to start picking up and gaining a life and momentum of their own.

We'll be in touch James. Love Nanna Beth.

BIRTHDAY LADY

Tuesday, 6 March 2018

Marion has her 67th birthday

(Hi Sam, I've sent you all I'm sending John. I hope it's not too confusing, it's bits and pieces. I hope you're feeling bad. It is so good when it comes out.)

AVONAL HAT and SHIRT

Saturday, 10 March 2018

Yesterday I had my Avonal Hat on, and probably my Avonal shirt too, as I had something like an epiphany in the car on the way into Cowes. I was crying with happiness and at the same time choking with more yuk rushing to be hurked out, with the Mother and Father, the Celestials – as represented by Nanna Beth, and my angels, saying the bases are loaded and we're almost ready to begin.

And I could feel that I have with me all the Celestials standing symbolically on the left of me, the feelings and truth side of things, and with all the angels on the right, the mind and action. And they are all in place awaiting the signal to begin, whatever, however and whenever that is to come about. But the spiritual power and light and truth is a wonder to behold, something extraordinary, magnificent and true and sure and steadfast and dynamic and creative and waiting, like a potent potential, waiting to unfold, to act out the Will of our Heavenly Parents. And like a bud with all its potent potential, will just unfold as destined, determined by our souls in harmony with our lives, it just taking its own course and with us being swept along and up in it all.



So I feel like I stand with the power of the sea, the power of the cosmos even, behind me, around me, ready to carry me forward, all very poetic and of which I can't do justice, but that which is all wondrous and too much to comprehend. And yet at the same time, it's 'all in a days work' for the Celestials and angels no matter what is asked of them.

And so we await the 'Greatest Show On Earth' because potentially, if the Mother and Father desire it to go full steam ahead, it will eclipse all the prophets of old. I can feel the legion of angels at the back of me, so many of them, countless numbers ready to act, and what could they do in an instant should they be instructed to? As too do I feel / sense the legions of Celestials, close to everyone on Earth now, gently shining their light subtly affecting the way we think and feel.

So it was a big drive into Cowes, hard to keep on the road and in my lane, it wouldn't have been much good having a crash and dying, however how I was feeling, bring it on as I'd love to blast into spirit in a blaze of light! And such a wonderful feeling of being 'raised up', that which the Mother and Father have said They will be doing to Marion and I at sometime: "We are going to raise you up in the light and truth of Our Love James" and there is nothing more that I could ask for.

THE GREATEST SHOW IS ON EARTH

And this was all participated by my feeling so bad that I was ruined, that my parents ruined me, and so because of that, I am The Ruiner. I have come to Ruin everything, to ruin the way of the Rebellion and Default, as it ruined me. I have come to end it, Marion and I when I say "I", even though she still says it's all my own delusion. But I no longer care about that either, I feel I could go it alone should my feelings and life lead me that way. So every day now with every step I feel I am moving closer to my final run of destiny, that which will happen once my Healing has finished, to feel the Quickening of my Light and Truth, and all anchored and driven through my feelings.

And then to, just be me, nothing more and nothing less, it being just who I am. And no big deal, words are not needed, labels like Avonal are neither here nor there, for if I am to impart the truths as I understand them to be to the world, so it will happen however I and the world need it to be done, all determined by our Mother and Father.

So with such Truth, as I said, I am to ruin the controllers of the Rebellion and Default. So serve it up to everyone who is trying to have power over another, which is all of us in our wrongness, serving it up to myself as Marion keeps applying the Mirror of Truth for me to look into, having to accept how wrong I am and how consequently I am ruined, and all how my ruination has manifest. And as I come to understand the truth of it within myself, so too can I see it within humanity, and so I want to impart and

offer a New Way, which is The Way, out of it. And so woe betide those people who don't want to embrace the New Way, because things will only get increasingly more difficult for them as they try to go deeper into their controlling wrongness, which is no longer allowed. So like grinding themselves against a solid stone wall – that which is now to be The Truth, they will slowly have to come to see that they can't get anywhere anymore using their mind to over power themselves and other people and creatures.

So the dynamo within me that is the Light of my Truth I can feel stirring awake and generating a pulling pressure, pulling everyone undo me, undo the Light and the Truth. It is only very small currently, but I can feel it building, purging me of all my madness as I am finally allowing myself to let go of it through my acceptance of it – and all through my feelings.

And then it was back to reality, feeling a lot better, something I am getting used to as I am finally having some good feelings. Yeah, good feelings! Yet not to get too carried away, for still I am full of yuk.

yuk

And so whether it's going to be 'John's Way' or another way (I still don't know), I feel it's moving closer by the day now, for it has too, time is running out, even though everything is perfectly timed, but we're getting older, and that too feels good. I want it to end, my life, and the wrongness in me, and on the world. And so perhaps it will all wind up into some sort of mega epiphany – or maybe it won't. We'll see.

Later, having spoken to you John and saying I felt alright today – Ha, say those magic words "I'm feeling Good" and crunch. My whole chest at the back ceased up making me feel like I've been put in a clamp, and down I went into feeling all my usual powerlessness, anger, fucked off that I can't feel good for more than a moment and how unfair it all is. So off comes my Avonal hat and shirt and it's – what the fuck is all that bullshit fantasy about, who am I kidding, nothing is going to happen, I'm so full of deluded shit, and all the rest. I'm up and down more than the flipping rollercoaster. Fuck me. I'm going to see if I can now manage doing your Wonky Report John, but it's a bit hot today, along with feeling so shit.

Re: The Journey of Humanity diagram, gee I like what you did with it John, that's really good and better than I imagined – it's a very groovy diamond. So what I would like added is, would it be possible to put one of those dark red lines and dot from the Great U Turn brings about Light and Life, to about one centimetre in from the right hand apex? (see above)

And a line and dot from the paragraph: The true healing of humanity... to opposite the Present Day dot on the right hand side of the light blue band. And a line linking the Jurisdiction of humanity... to the same dot on the right hand side of the pale blue band.

And then from the just added dot on the right hand pale blue band, with a line horizontal line possibly about a centimetre toward the right hand apex dot with an arrow head on the right hand side of it. So the arrow gives one the sense of future movement.

Thank You, that would be great. Oh, and could you please add after: Jurisdiction of humanity and spirit worlds is now with Celestial Spirits. So the Great U-Turn begins!

Wonky report: Pascas World Care Management...

Hi John, I ended up changing most of it as you'll see, but generally following what was outlined. I hope it's the sort of thing you were wanting. We can add or subtract, so please tell me if anything needs more, or if you're not happy with any of it. As the Pascas Principles I've tried to outline below may as well start with you and I John. We've got to live what we say – eh! (I've only read through it once. When you're happy with it, and if necessary, I don't mind reading through it again.) People could possibly be given something like these first six pages as like a mission statement when they are employed??

(And Sam, I'm sending it to you so you can see how much labour John is putting me under by doing all this work for Pascas – and for free! So I expect back-pay to conception thank you. LOL.)

Hey John, maybe you could say Pascas' motto is: The More you Know; The More you Don't Know. So the more you know you don't know!

P1-6 – Do you need the part about AJ notes and the purpose of the meeting, I reckon you delete it???

Pascas is to be based around the dissemination of truth that ALL feelings are good and should not be denied; and that we can use our feelings to help us grow in the truth of ourselves by looking to express them as we feel them, whilst longing for the truth they are to show us. And this can be done in one's private life, and even during one's working life within Pascas.

Pascas is about Putting Feelings First. Which is the right way to: Put People First. It is how we should put ourselves – our own feelings – first. With people involved in it working in all areas to facilitate this, both individually and collectively – globally.

 **Light of Truth**

The intention is to develop an organisation that distributes truth for free. Truth that has come

about resulting from people's experiences and through their feelings, and not dogmas of so-called truth that have been made up by people's controlling minds. And it is also the long term intention to have everyone within the organisation committed to following the truths that they are distributing. However people are to be invited to work without any pressure that they must adhere to the truths being distributed. There will be a natural adoption of such truths or rejection of them – people will love Pascas and want to contribute all they can, or they will not understand or fit in, and so reject it. It is to be understood that Pascas is a very different organisation, and one without the primary goal being profit making. It is about feeling acceptance.



The main focus of Pascas is helping the individual person and humanity to understand that a major change is taking place in the world, that which is called the Great U-Turn. And that for so long, many, many generations, humanity has been living under the dark clouds of a spiritual and planetary Rebellion and Default against the truth of the person. This being borne out by our insistence on denying many of our feelings, rejecting them and not using them to help us uncover the truth of ourselves. And now Pascas is wanting to help people wake up to the idea that they can end this darkness within themselves, as they can also work to help end it globally. The ultimate goal of Pascas is to see an end of the Darkness and the return of the Light. **The Light being the Light of Truth as expressed by each person as they freely live true to their own feelings, expressing themselves the best they can as they long to uncover the hidden truths within their own soul. It is to be these hidden truths brought to light by each of us that will eventually set the whole of humanity free of this unloving state.**

To become truly loving, another goal of Pascas, one needs to first attend to all one's good and bad feelings, allowing oneself to feel them as one longs for their truth. This is the message of Truth for us all to strive and want to live. Each of us doing it in our own small way.

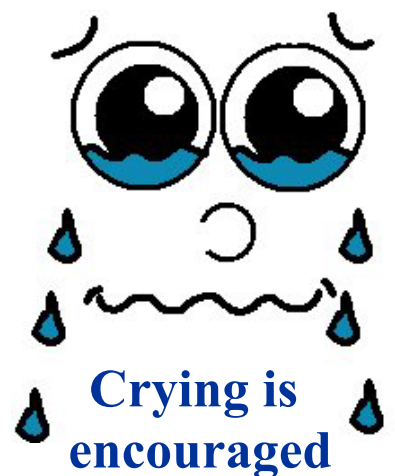
The 'Outcome' of Pascas is one of spiritual importance and focus. It is help to inspire the individual to look deeper into themselves to find the reasons why they are the way they are. And although this can be very difficult to do, it involving one's Feeling-Healing or Soul-Healing with the Divine Love, still that is the final desire of Pascas: that everyone can become self-loving and self-empowered by uncovering the whole truth of themselves.

And Pascas understands that we're all fucked, and so tolerance and acceptance will be needed, particularly during more stressful times. And that all we can do is strive to be as true to ourselves and our feelings as we possibly can, and nothing more is to be asked of us.

A lot of emotions can come up at times causing you to feel very upset with management or with whatever you may be engaged in, all of which are connected and resulting from deeper emotions and feelings related to and resulting from your relationship with your parents, and particularly when you were young. So at times you will feel very frustrated and upset, and should you wish to work through such disturbing feelings at work, then support, help and encouragement will be provided for you. Feeling bad is not to be denied, it is to be accepted, understood and supported.

Work is not to be put ahead of your feelings. However understandably, as no one does this and few people are used to living this way, during the early days of Pascas it is envisaged that there will more than likely be many 'teething problems' as people adjust to this new working environment. There will need to be a give and take attitude by people involved in Pascas on both sides – those working for Pascas and management itself (who are also working for Pascas). We are all people after all and all with masses of issues, some of which at times will be 'triggered' at work.

Management is to be very focused on the understanding that it can be very difficult for us all at times as emotions and feelings can seem to have a 'life of their own'. And that with gentle and supportive oversight and care, management can play a role that is to help all involved making them feel better about themselves, rather than just crushing them out of existence.



Periods or ‘episodes’ of emotional upset and distress are to be worked through with management, and if necessary, both personally and as a group. Many people want to come to work and not be disturbed by unwanted emotions and feelings, preferring they are shut out and denied for the sake of keeping the peace so everyone can get on with the work. At Pascas, as the whole intention is not to deny such feelings and emotions, ‘time out’ might be required and even encouraged with personal counselling – having the chance to vent, rant, air, express and discuss any such problems, all with the intention of using such opportunities to increase self-awareness of what’s going on inside you.

It is to be determined within the work environment itself as to how much ‘bad feeling expression’ people will be comfortable with. Because in the end it might all become self-defeating with everyone getting too bogged down in their bad feeling expression with none to little work being done. It will be a balance between productivity and developing ways, methods and structures as to how people can be free to express their bad feelings whilst at the same time limiting interference with others. Pascas is to be a dynamic environment that will evolve as people become more aware of and accepting of each others and their own bad feelings.



It is also for Pascas to offer different environments for people who are at different levels of embracing the Truth about Feelings to work and express themselves. Some environments might prove to be best not to encourage open bad feeling expression whilst at work, whereas other environments would encourage full-on feeling expression as people within it strive to do their Healing, so even possibly with differing standards of ‘productivity’ having to be applied.

Pascas is to encourage as many people as possible to begin and do their Feeling-Healing or Soul-Healing with the Divine Love. To provide such people with whatever help and support they might require within the limitations of Pascas. Pascas is not to become a substitute parent. Pascas is all about helping the individual deal with and so set themselves free of their parental control, that which still lies buried within us all, that which we seek to heal by doing our Healing as we look to the truth of such parental control through our repressed childhood feelings.

**Feeling
Healing with
Divine Love is
the key!**

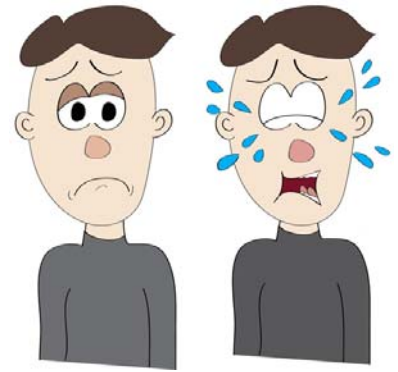


By helping the individual, so too will Pascas and the individual be helping the whole of humanity. And slowly our relationships to each other will change, as too will such relationships change for the better in how we relate to nature and treat the planet.

Monetary remuneration will be commensurate with one’s job skills and one’s role within Pascas. Everyone is to be paid a salary, should they want to be paid one. And Pascas will endeavour to honour all working agreements to the best of its abilities – funds permitting. It is to be understood that Pascas is above all a charity, and not to be taken advantage of as such, and will also encourage donation and money making avenues and enterprises so as to sustain and add further to the existing resources. It is expected that being part of Pascas: Pascas will do its best to ‘look after’ you; as you will do your best to ‘look after’ it.

Pascas is concerned about doing what God wants us to do – Living God’s Will. And we understand that by living true to our feelings as we long for and want to uncover the truth of them, we are then doing

what God wants us to do. People will have different levels of connection with God as they grow in truth by doing their Healing. And overall we understand that our Heavenly Mother and Father are looking after us. They have wanted us to start off in the wrongness and experience what its like to feel unloved; then we are ready, or when They want us to, we will feel the desire to start doing our Healing by properly attending to our feelings, all so when Healed, we can learn about what it feels like to feel loved and be truly loving.



Pascas is all about supporting the Truth of our Feelings. And will make available all such truth for the mind to understand, which can then be lived at work and home as one progresses in the evolution of their soul. Pascas can be likened to perhaps entering one's Ascension of Truth to Paradise by getting in the lift on the ground floor. And once involved, then it is up to the individual as to how they want to develop their soul and 'grow' or ascend their relationship with God.

Pascas encourages the individual to long directly to God for Their Divine Love. However it does not enforce or demand that one must adhere to the spiritual and life truths it promotes. We are all to find out own way. Pascas is to be something like loving overseeing grandparents who might be able to provide a modicum of support and wisdom, helping to keep you pointed in the right direction.

LIGHT OF TRUTH



Pascas stands for: Peace And Spirit Creating Alternative Solutions. We are to achieve living in peace creatively through doing our Healing. And in living such a way, so new and alternative solutions will come to light in all aspects of life, at home and at work.

And it's all to be brought about because of:

By living true to ourself, true to our feelings, we are living true to God. It's that simple.

We desire to be harmonious in love and truth, to be brought about by being lead by our feelings – our soul based feelings.

And with the same passion and desire, people involved with Pascas will have the power to generate what matters the most: love, care and respect for oneself and for each other.

P7 – This from Joy, I reckon you delete the whole page, it's too confusing and I don't think it's needed or relevant. Just go straight into Child SOS??

P. 10 – the second box point I've changed a little: The first thing to focus upon is what is going on emotionally, if there is some kind of conflict within the organisation, this needs to be resolved in harmony with love and truth.

I don't know about the other points about love and truth, it's all a bit difficult I reckon, because how can you be that way when you are also promoting people who are not loving to express all their negative feelings and emotions? Possibly they should be sidelined for the time being? I think the point about being removed if you're too unloving is not very loving, going against what you're saying. I think it

needs to be phrased differently, perhaps something like: Should emotional difficulties become too much, then with the help of management all help will be offered which might include stopping and deferring the current work being done. I don't know, something like that. I don't think really that it even needs to be included, really that's a grey zone none of us know anything about let alone how it will go and has to be worked out as it evolves. It's too hard to lay down the law at this stage, better to be vague and more open ended about it, I think. And the point about Law of Attraction, that too is a bit harsh and is not really relevant, it might be true, but it's too scary. Pascas is to be 'loving and supportive' so I reckon just leave it out. And I'd also leave out the last two points too, as they are covered elsewhere. So the last five points I'd delete???

I've only skimmed the remaining parts as mostly I've been over them and they are my stuff. So unless there is something specific you want to look more closely at, I'll leave it there – I've had enough for the day. I did however enjoy working though that AJ stuff.

WORLD EVENTS UPDATE

Sunday, 11 March 2018

James: Goodmorning Nanna Beth, I feel like a 'world events' update if you'd be so kind.

Nanna Beth – 3rd Celestial Heaven: As you've been reading James, the pressure is still being applied by Presidents Donald Trump and Vladimir Putin. They are working a lot closer together than most realise, working to overthrow the Deep State hidden controllers, and Trump is prepared to use whomever for what he and his supporters need to do to realise their goals, so even people within his family, even himself should it come to that, as he believes nothing will be good anymore in America or the world should the hidden controllers keep having it their way. And he's right about that, nothing would, but he and those to come after him will not fail because the Rebellion and Default are over and we Celestials are in there progressively working to move things to become under our control. There is still a long way to go, he is only working on the tip of the iceberg, however progress is being made. With the real breakthroughs soon to come, which will then give these new 'heavy weights' the power to convict and 'eradicate' those who've been in the middle tier controllers. The real deepest hidden controllers are still working to carry out their long term plans of total globalisation according to their desires, however they are facing stronger headwinds that are strengthening every day and are feeling increasingly concerned about losing their all-pervasive control.

And none of that matters so far as what you and Marion are working on, you both making good headway yourselves in your Healing and that is all that does matter. You are having some incredibly freeing experiences James, all of which we are relishing being part of with you and helping you feel the full impact of, that which you can within your current lower level, because too much spiritual light too quick would damage you. So you have to build up your stamina being able to deal with such light intensity, which is what your physical body is currently starting to go through, tightening it up as the inner you is freeing up.

And you are right about your angelic friends being ready in the wings, they are here, legions of them, countless numbers waiting to act, and they are getting more excited as their day draws closer, as too are we, for nothing will ever be the same once that happens.

Which, if you ask me, is about time. It's been too bad for too long, and although everyone of us has had such incredible experiences of feeling so bad and unloved, still we all long for the darkness to end, because it's not right, it's something that is out of place, and until it is all smoothed out, no one can rest easy, particularly if you're like us and still having something directly to do with Earth. If you were able

to simply move on to the higher Celestial spheres no longer worrying about it, then you can let it all go, but we're seeing the horror of it everyday and long for it to be over.

And you can tell John and Crystal that things are going on behind the scenes working in their favour. It's all mayhem in Germany and Europe currently, everyone in those positions is freaking out because they all understand the writing is on the wall for the EU (European Union) and so what is going to happen, how is it all going to fall apart and what will happen, what will come to light, and will criminal charges be brought to bear as individual countries wake up to how they've been pillaged by those in control. And what you and Crystal are making them face John is more of this, who is to be made responsible, with no one wanting to take responsibility from this point on, because if everything goes pear shaped on the political level, who's going to be the one holding the can.

And yes James, **some of these institutions and governing bodies have vast amounts of stolen money and capital from the various countries around the world they have looted.** And John and Crystal's money comes under this banner and so **criminal justice overhangs such dirty dealings.**

However the spiritual momentum of the planet is changing on all levels, from deep within the physical Earth, to deep within the spiritual aspects as represented by us and all you (James), Marion and Samantha are achieving in your Healing. So the inner pressures of humanity, the 'soul' of humanity if you like, it being represented and expressed by everyone, is starting to stir and grow in light, that which will herald and then usher in the new Spiritual Age. The 'vibration' is certainly starting to increase, incrementally but it's happening, and it can't happen too fast as people wouldn't be able to adjust and grow into the changes that are being asked of them, however the momentum will increase and build to a crescendo, peaking and taking humanity into the new age.

John is having a season of reflection and reassessment. John, you are finishing the 'housecleaning' in your mind, which means, you're fully accepting the New Way, getting the basic fundamentals sorted out in your mind, those which will be the foundation premises you'll be working from. And with those in place, then you'll be ready to build whatever you are to do, with all our support and know how being brought to bear on what you want to achieve and with whom you'll want to work with. And as I've said, and will say again as it's important for you to keep hearing it, nothing will be too hard for you to do, it will all flow effortlessly along. Don't worry about whether people are doing their Healing or not, whether people who come to Pascas should be expressing their emotions or not, that will take care of itself and be taken care of by other people who'll want to be involved in such things. It's more for you to not put any constraints on anything, which really means, don't set things in your mind, keep thinking about them, coming to conclusions and develop possible guidelines, but don't worry about having to fix anything down. And although it's in your nature to build in the structures and have all the templates ready to go, you've done enough of all that and others will in time take what you've done and refine it.

And so what I'm really getting around to saying is, your work is now done, which means that which you've needed to prepare yourself for. That which started many years ago and has worked through all the natural love mind circuits of so-called spiritual understanding, then which embraced Jesus and the Padgett material, then those people who used such material taking it for their own use and to gain power, to embracing James' work and understanding what it's all really about. So now you know. Now you can 'take stock'. Now you can relax even in this light, you have done all you need to do on this level, the hard slog grind mind work is over, with the rest of your life and work being fun, just moving within it, meeting people, organising things, talking and expressing your ideas and thoughts, whilst setting the ship that is Pascas free of its moorings allowing it to sail out into the deep blue sea.



And you will be captain of the ship, you'll not be left behind at shore, have no fear of that, but you won't have to work at wrestling the tides and winds trying to keep the whole thing moving along in a certain predetermined (in your mind) direction. No, nothing like that, it will move along as required by the dictates of all involved, which will have the unseen Spirit of the Truth working to ensure that all happens as required by the needs of such truth. And you'll see what I mean, read this message ten years from now and you'll understand what I'm talking about. The women are going to come, and they will take it and make it obey their feelings, and that will be the way of the real New World Order, that which will be the way and order of the new Spiritual Age. **Feelings First**, you can be sure about that! **Once women get that message and start living it, then the tide will really change**, with men either deciding to support them by looking to their own feelings or being left on the outer wondering what all the fuss is all about.

The feminine light is going to sweep through humanity and purge it of all the yuk and darkness, helping to bring the whole of humanity back into a nurturing loving mother state of being, from which the supportive, caring father can support her and together they can make the world great again, they can bring humanity up into its natural love perfection whilst at the same time offer those people who want to spiritually grow the truths of how to embrace the Divine Love and move on to the Celestial level.

LIGHT OF TRUTH



So it's all good, you and Crystal might feel like you're at something of a loose end, however that will pass and away you will go keeping on doing what needs to be done. The Courier will continue to be mad for a little longer yet, but things are going to change dramatically. So in the meantime we'll all creep along as we attend to the business at hand.

My love to you all, Nanna Beth.

PASCAS PAPERS are finished before being finished again later!

Thursday, 15 March 2018

John: Hi Nanna Beth

Yes, the Pascas Papers are finished.

PASCAS PAPERS

The threading of Feelings First throughout the series is now complete. It will be an amazing personality who delves into the full package. The 365+ Feeling Healing with Divine Love papers amounts to more than 31,500 pages. Printed out they would stand 11 feet tall or 3.5 metres high, that is a floor to ceiling production one could say. For our ancient friends, as a scroll they would roll out to 750 metres in length. And there are other supporting documents in addition. I am pleased you did not tell me this was what I had to assemble some years ago!

It is a rather huge adventure that now has a completion marker on it. Yes, there will always be ongoing maintenance and additional material; however we have finished the foundations.

Graeme B introduced me to the movie 'PK'. It is an incredible film on the craziness of the diversity of religious platforms. The film does represent very humorously the silliness of how we hold onto our own

interpretation of God and what we are to believe. The messages within the movie can be summed up by the use of 'wrong number' throughout the dialogue.

I am now told there is 'PK2' and 'Three Idiots' within the same platform. 'Three Idiots' is about parents imposing their will upon their children. 'PK2' is yet to be produced. Is the production of 'PK' enhanced by the support of our Celestial friends?

I do hope that we can benchmark off this movie in our endeavours to convey material through Pascas MultiMedia – Movie City.

Graham G and I attended the talk given by Dr Brian Adams, Prof Paul Weller and Prof Ihsan Yilmaz – they certainly had not considered what I had sent to them a month earlier. What they did present was the universal insanity of religions, states and society, all of which the movie 'PK' did with a great deal of humour. Well, now we proceed to consider the 'Commonwealth Conference', 9 – 11 April, with possibly more professors pontificating on the same issues in the same way as the other professors.

German Chancellor Angela Merkel's reluctance to take the step of decision making to resolve how Horst Kohler is to handle the Solid Investment matter suggests that she has some issues or some people pressing upon her which is preventing her, as leader, to lead the way out of this saga. Is this so, or is it her pattern 'to think about it' and not resolve on a course of action?

I do look forward to moving into a different role, other than 'typist', and embracing the support of those who wish to become involved in implementing the Great U-Turn, it is truly an amazing time in history that will take a lot of people, and their energies, to bring about a very small amount of awareness, however, we are to set the ball in motion.

I really do feel that James will be a dynamo of constructive energy in his most humble way. He continues to amaze me with his insights and constructivity that all flows with an enormous amount of speed. No doubt, the trio of Marion, Samantha and James will be something to behold, all that I suspect will stretch the running shoes of those in Pascas to the maximum – we look forward to the opportunity.

It is a great feeling to have the task of assembling the Pascas Papers behind us, now to launch the program!
cheers for now, John, retired typist!

PK (English: Topsy) is a 2014 Indian satirical sci-fi comedy film. It was directed by Rajkumar Hirani, produced by Hirani and Vidhu Vinod Chopra, and written by Hirani and Abhijat Joshi. The film stars Aamir Khan in the titular role with Anushka Sharma, Sushant Singh Rajput, Boman Irani, Saurabh Shukla and Sanjay Dutt in supporting roles. It tells the story of an alien who comes to Earth on a research mission. He befriends a television journalist and questions religious dogmas and superstitions.

PK received positive reviews and, at the time, emerged as the highest-grossing Indian film of all time, and ranks as the 70th highest-grossing film of 2014 worldwide. *PK* was the first Indian film to gross more than ₹7 billion and US\$100 million worldwide.

A humanoid alien (Aamir Khan) lands on Earth naked on a research mission in Rajasthan but is stranded when the remote control for his spaceship is stolen. He manages to get the thief's cassette recorder, a Panasonic RQ-565D.

James: You're not going to let me retire, are you John!

Nanna Beth – 3rd Celestial Heaven: I'm glad you're enjoying your recent 'retirement feelings' John. It was a huge effort and one that will stand the test of time. Yes, it will be modified, refined and streamlined, however others will see to that. You've gathered in the harvest, others will sort through it and see what needs to be kept as they progress in their understanding of things. And I say that, not to belittle anything of what you've done, nor for any of it to be deemed 'a waste of time', because without it, there wouldn't be the foundation upon which is to be built all that Pascas is to become.

For you see, it's far bigger than what you envisage, not necessary in a bricks and mortar way, but on the psychological level, that which concerns everyone on the planet, because you've **all been parented unlovingly, and everyone has problems resulting from that**, so it will be from it that everyone will be reached, everyone in the end will be touched by it in some way or another. You could liken what you've done as thrown the proverbial pebble in the pond, and soon it will be time for the rings of information and understanding to carry the truth out to all sides.

As I have said, I know this time with the Courier and Germans is frustrating, however keep trying to accept the feelings it brings up and just allow them to be there within you, whilst you attend to all that naturally comes up through your day.

James has been wracking his brain all afternoon since speaking with you as to how he might broach it all again with me, trying to come at it from different angles, trying to get out of me that which I am not at liberty to reveal. He was hoping to perhaps sort of triangulate approaches to me comparing what I might say on each approach to distil out of what I said some hidden or previously unseen message or understanding. But he's since given up on this as it proved futile.

So I'm afraid you on the ground are just going to have to 'go it alone' doing the best you can with what you have at your disposal. Really concerning it, our work is done too, in alignment with what you had to do with your Papers John, by helping those of your friends as you all come to understand the enormity of what's involved, along with an appreciation of the bizarreness of it all: how so few might deal with so much!

And yet it has to start this way because as we've told you, it's the tiniest of cracks that you are working within Mary and Jesus' age and the end of the Rebellion and Default. It's like you are all exploiting the smallest loophole and within it there's not much room to move, however it is having an increasing effect on the unseen levels.



So to answer one of your musings John, in regards to how much do we Celestial affect what goes on, on Earth, now we have an influence on everything that happens. It can be a more or less influence, however we're what you might call: nurturing the end of this age, it being 'our age' as we're all from it, caressing it into its ultimate fulfilment, whilst at the same time, working the crack so as to insert all you are doing, so that when things are to get going in earnest, then we'll be able to support you in all that you do, and open that crack so it eventually becomes a cavern, and then at some point, engulfs the whole world.

And I know it's all this airy fairy bigger picture stuff I am giving you John, however that too is part of what is required, because it's to be put up against Revelation of the Bible and all the End Times prophecies that have been given to mankind from the Caligastias and Daligastias – none of it being given directly by God as is claimed. However some of it will come to pass, C&D (Caligastia and Daligastia) having access to some of it through some of the fallen angels that knew about certain

elements of it, yet not about what was really going to happen and what it's all really about on a higher spiritual level.

So we want to encourage you all to keep going with what you feel, you'll all be led along in your differing capacities, both on the feelings level and the mental, all of which will provide a nice mixture of minds and personality, all of which will be needed so as to receive those who come in on such differing levels. There will be nothing like: you all being 'trained' so you all speak the same 'talk', then to go out and 'spread the word', it will be more just how you are and what you are which includes all you'll do on the feelings and mental level through your own endeavours. You've all accepted James' work in one way or another and are happy to go along for the ride should you all catch the same express... and express what is what will be revealed to you.

We advise Crystal to keep following her feelings – you are not doing anything wrong Crystal, nor are you overlooking anything. You are doing all you can and all you need to do, and all it's stirring up in you is again what you are needing so as to take you to the next level within yourself.

And don't be afraid to consider that it might not happen after all, or even at all. Those feelings and thoughts need to be considered and brought out too. And the more you can face and reassess and express the downside, just allowing yourself to contemplate it, the better it will be.

So I'm sorry John, but I can't say much more than I have already. I will when I can. Other events have to happen first, which are soon to happen, but not necessarily to do directly with SI (Solid Investment). Everything is ready for SI to happen, now it's a matter of when, should it go ahead, and that is really out of your hands for the time being.

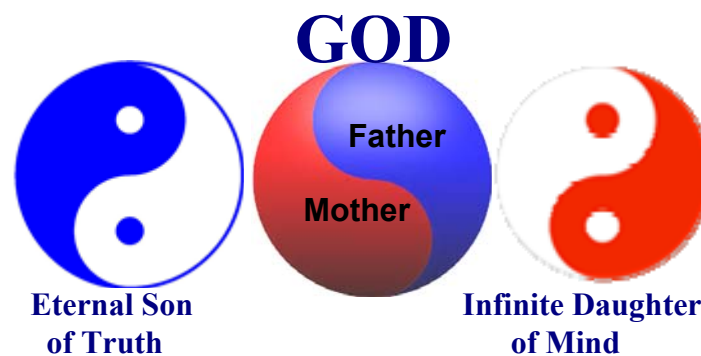
We are as always close to you all. You'll all become aware of all you need to know as required, as it has been all the way along and will continue to be. It will be an exciting time for you to see it all unfold without us having told you how it's going to be – we'd be denying you the thrill were we to take over too much. So we're not so much as stepping back, as in fact we're coming forward all the more, but it is for you to do it all on the physical.



'The Quickening' that GB says he can sense is very real, and it's what he feels that is part of his contribution to your small band. For I can tell you that we spirits will in a sense be pulling back, which I know contradicts what I've just been saying, however what I mean is, we will be pushing forward but it won't just be us from here on in, as it's increasingly going to involve your own angelic pair and the other visiting angels, so that really the spiritual light or 'energy' or 'quickenings' will be angelic fuelled, it will be because of what they are starting to do with you all. Things will seem to happen very quickly, sort of even in a different time dimension at times, even though it will all stay within regular time; it's hard to explain, but you'll see. And it will be this new angelic light that is something that's not been available or seen on Earth since the beginning of the Rebellion when it was withdrawn. And as you understand, you are all used to, even if you're not aware of, what living is like on Earth with the continual input of spirits – the mind spirits, up until now. And so our spirit light will be there and

increasing as we Celestials engage with you more, however alongside it and building and then later to even overtake us for a time, will come the angel light.

And Pascas will be an avenue for this new Angel Light to flow through. I will talk more about it when you can see its signs more clearly, however what you've feeling or sensing John in regards to James, your comments that things might develop fast should he engage more, is what I'm talking about because he's not only fully plugged into this angel light, but it's what he's preparing himself to deal with, manifest in person, and in some ways, orchestrate in accordance with the Eternal Son and Infinite Daughter, which is also of course behind Them – the will of our Mother and Father. But it will be the Eternal Son and Infinite Daughter that will specifically be carrying out the New Revelation, They will be dealing with the daily feeling and mind levels that affect the physical, etheric and spiritual realities, They will in effect be doing what the Mother and Father want done. Jesus and Mary did directly what the Mother and Father wanted done, they being the Local universal spiritual parents if you like, whereas what Marion and James will be doing is what the Eternal Son and Infinite Daughter want done, a step down if you like, however one that brings these two Deities much closer, personalising Them in this way on Earth and all They will want done.



James can tell you what I'm talking about, and I'm really telling him this now as I'm talking to you John, because it's time he tunes more into these two Deities drawing from Them as it were, that which he'll understand.

So what it all amounts to is, no one, and we up here are included in this, have any real idea as to what is going to happen or how it will happen, because it's not for us to know. We've been given a general outline to which we're working toward in preparation, just as you've been unconsciously working toward it too in your preparation, but when we all get the green light, then really we'll all be flying literally by the seat of our pants. So if you think, Graeme, you are feeling a quickening now, if all the angels that are currently present on the world are given the go ahead to engage, quickening could become something of an understatement.

Please keep this to yourselves, there's no need ramping it up or trying to get others to understand at this stage. Events will speak for themselves and I am only telling this now as part of our strategy to prepare you so you won't be at a loss. You might not understand, but at least you can say, ah, I think this is the sort of thing Nanna Beth might have been talking about???

I'll speak to you again soon John, keeping sending your musings through to James. It has to be driven by you and those about you on the ascending evolutionary level so as to make your rendezvous with descending revelation. It's the convergence point we're all waiting for.

Bye for now, my love to you all – Nanna Beth.

The Urantia Book:

1. The Descending Sons of God (and Daughters)

(223.6) 20:1.1 All descending Sons of God have high and divine origins. They are dedicated to the descending ministry of service on the worlds and systems of time and space, there to facilitate the progress in the Paradise climb of the lowly creatures of evolutionary origin — the ascending sons of God. Of the numerous orders of descending Sons, seven will be depicted in these narratives. Those Sons who come forth from the Deities on the central Isle of Light and Life are called the *Paradise Sons of God* and embrace the following three orders:

(223.7) 20:1.2 1. Creator Sons — the Michaels.

(223.8) 20:1.3 2. Magisterial Sons — the Avonals.

(223.9) 20:1.4 3. Trinity Teacher Sons — the Daynals.

(223.10) 20:1.5 The remaining four orders of descending sonship are known as the *Local Universe Sons of God*:

(223.11) 20:1.6 4. Melchizedek Sons.

(223.12) 20:1.7 5. Vorondadek Sons.

(223.13) 20:1.8 6. Lanonandek Sons.

(223.14) 20:1.9 7. The Life Carriers.

We of humanity are ascending sons and daughters of our Heavenly Mother and Father:

(119.1) 11:1.4 The Father is always to be found at this central location. Did he move, universal pandemonium would be precipitated, for there converge in him at this residential centre the universal lines of gravity from the ends of creation. Whether we trace the personality circuit back through the universes or follow the ascending personalities as they journey inward to the Father; whether we trace the lines of material gravity to nether Paradise or follow the insurging cycles of cosmic force; whether we trace the lines of spiritual gravity to the Eternal Son or follow the inward processional of the Paradise Sons of God; whether we trace out the mind circuits or follow the trillions upon trillions of celestial beings who spring from the Infinite Spirit — by any of these observations or by all of them we are led directly back to the Father's presence, to his central abode. Here is God personally, literally, and actually present. And from his infinite being there flow the flood-streams of life, energy, and personality to all universes.

Note: Under the rules of the Rebellion and Default, The Urantia Book was written in the masculine. Reference to Father is to be taken as Mother and Father, as Son is to be taken as Daughter and Son, etc. It is always the soulmate pair that is being referred to.

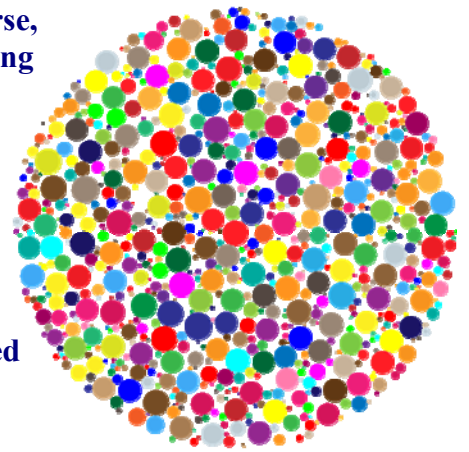
There are 100,000 MICHAEL soulmate pairs as REGENTS throughout our SUPER-UNIVERSE:



One of these 100,000 dots represents Nebadon, our local universe, consisting of 100 constellations with each constellation containing 100 systems which in turn have 1,000 worlds. The system in which Earth is within is called Satania.

Nebadon has some 10,000,000 physical planets, of which 3,840,101 are inhabited. The regents of Nebadon are the soulmate pair being Mary and Jesus.

This structure is repeated throughout our super-universe, called Orvoton, 100,000 times. There are some 100,000 Regent pairs, equivalent to Mary and Jesus, throughout our super-universe.



There are 7 super-universes that rotate around the Isle of Paradise which is the home of our Heavenly Parents, our Mother and Father. Thus, there are some 700,000 Regent pairs equivalent to Mary and Jesus.

When we progress beyond the spirit mansion worlds, we enter the first of the three Celestial spheres, the home city being Jerusem, this is also the home city for all 1,000 physical worlds in Satania. From there we will progress to Salvington being the head quarters for Nebadon and the home of Mary and Jesus. Then we progress to Paradise.



Earth →

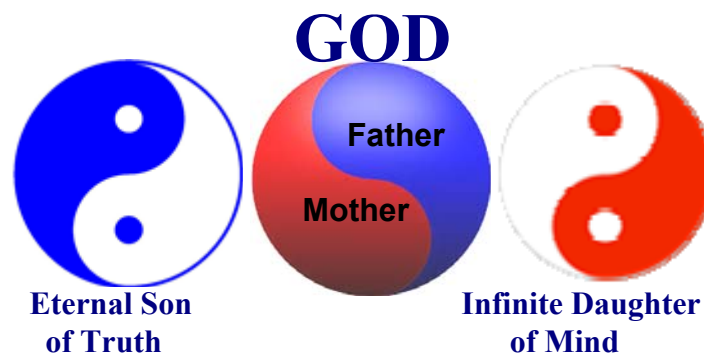
AVONAL REALISATION

Saturday, 17 March 2018

John, again I was just going to write this for my own records but thought I'd send it through because now that I have some mad friends being strung along by the maddest retired typist, I can at least share it with you as it all gets madder. However please just keep it within the 'inner circle' John, no need to go off shore at this time. (and I've only read through it once – and the beginning might be a bit tough to get through and understand, but it gets easier further on.)



James: Hi Nanna Beth, I was going to write this to myself, then I thought I'd like to discuss it more with you seeing as though you 're-awakened' it within me yesterday. With you talking about the Eternal Son and Infinite Daughter, suddenly, having not thought much about Them for quite a while, They were 'there', real, I feel Their presence with me, and almost as if I am somehow sort of like Them or They are within me, and, which is new, how much I love Them, and even how much They love me. I've not been able to relate so personally to Them before, only on a mind level. I can feel the truth and feelings as part of me that I attribute to the Son and my mind and thoughts I attribute to the Daughter, and Them feeling united as one, possibly even in a way, which I'm not sure about, but something like soulmates; yet with each of Them being the Son and Daughter on the Deity level of our Mother and Father, being the One's who actually control Creation. And control might not be the right word, but Creation is Their work, They are the Truth and Mind (and instigators (again that might not be the right word) of Natural love) with the Love – the Divine Love, being our Mother and Father that pervade us all.



Anyway, the part I wanted to discuss with you is that of the Avonals being Paradise Sons and Daughters who represent the Eternal Son and Infinite Daughter, however it not being that the man represents the Son and the woman the Daughter, but that we've got Them both within us all as represented by our feelings and thoughts. And that we people and spirits are all concerned with the Truth side of the relationship, the Angels the Mind. And that people on Earth are the same, ascending mortals are of the truth and mind just as the Avonals. So really the Avonals are just a big brother and sister in the truth sense.

So it makes sense, which is why it is this way, that the Avonals come to each planet, to help each humanity in all the different ways that they do, with they being the descending bigger brother and sister coming to help all the people ascend. So the people are reaching up toward them, who are really the Eternal Son and Infinite Daughter, and then on further to our Mother and Father. Just as the Eternal Son and Infinite Daughter are reaching down through their personal revelations as expressed by the Avonals, reaching out to connect with the people.

And so, if it's right that Marion and I are the Avonals, we're working on our Healing, which is not only serving to end the Rebellion and Default, but also helping us through the negative, reveal that which we

are to pass onto humanity. And consequently, humanity in its turn, is preparing itself to end the Rebellion and Default, to reach out for and willingly receive (rather than having it thrust down its throat) the newly revealed truths from the Avonals that will enable it to do its Healing and then set about its ascension of truth to Paradise.

So Marion and I are preparing our Spirits of Truth through all we reveal through our Healing, which then acts to draw all people wanting such truth to us, which is really not to us personally, but on to those we represent: the Eternal Son and Infinite Spirit. So the Spirits of Truth from us are what people can then use to link themselves with the Son and Daughter, from which they are then free to link further to the Mother and Father. So people will 'pass through' Marion and I, or come to us and then want to go past us, and onto Mary M and Jesus, and by doing so are actually coming to the Eternal Son and Infinite Spirit on their way to the Mother and Father. So Marion and I, as I have written, are just filling in a stepping stone that has not been revealed yet, the one that reveals the way for people to do their Healing.

And it occurred to me this morning, that **all those people over the years who've been to their therapists for years, have not actually got to the truth of their problems, because without the help of the Avonals or their Spirits of Truth, they've not been allowed to. So once the Avonals' Spirits of Truth are available, people will be able to go to their therapists who will help them do their real Healing, and they will be able to go the whole way.** We were reading Marlon Brando's life story and all he came to see and understand about himself, with his focus heavily on his childhood and his relationship with his parents being the cause of all his problems, and although he made great headway in seeing so much about how his parents have caused his problems, and how he is a result of being unloved by them, still he didn't, from what I can see, get right to the core of it, expressing all his repressed pain and uncovering the whole truth as he will through his Healing, even after years of therapy. And why he couldn't go to the end of it, was simply because he was trying to sort himself out in the wrong age, in Mary and Jesus' age, and in an age on Earth that there is no Spirit of Truth from them that covers one's Healing. And were he able to do all he did in the next age, then he would be able to complete his Healing. So, so many people have worked so hard on themselves, seeing so much about themselves, yet have not been able to fully Heal themselves. So someone like Marlon was able to do so much, and possibly more than most, yet still falling short of the ultimate goal.

So Nanna Beth, today I'm wrestling again with the fact of my – our – being Avonals, with Marion adamant even more so that she is not and I'm just wrapped up in my mind and beliefs about it that I am, and the enormity of all these people who've wanted desperately to heal themselves and resolve all their issues and yet the truth is, if we are Avonals, then they couldn't have done it because they didn't have our Spirits of Truth help. So that thought has helped me see even more how important and needed are the Spirits of Truth, and that without them, humanity would never ascend to Paradise.

Nanna Beth – 3rd Celestial Heaven: That's right James, that's how it is. And as you and Marion are 'coming into being' as you are Healing yourselves and growing in truth revealing that which you are to reveal, so too are we spirits still associated with Earth able to connect with you and your Spirits of Truth as they evolve and mature and come into being. So we're sort of coming back down if you like, connecting with you both and then moving back up to reconnect in a sense with Mary M and Jesus again. So we are a 'new breed' of spirits from Earth, we having done our Healing relying on Mary and Jesus and now adding you and Marion as well. Whereas those who've gone on ahead of us were just wholly reliant on Mary and Jesus. And those people coming after us, now like Sam doing her Healing and everyone else who embraces your work, will be uniting directly with you, doing their Healing and then including or working toward including Mary and Jesus as they ascend through Nebadon.

James: So as you said yesterday, if we are Avonals, then it really is a big deal – understatement of my life, yet it's a huge mouthful to get around.

Nanna Beth: More of what you're having to deal with, it being part of your self-acceptance and it all coming out of your wrongness, of feeling and believing you are nothing, no one and who'd want to listen to you, and what do you have to say anyway.

James: And Marion says I'm completely deluded in it, which is perfect as I understand our relationship more, because we are to be complete opposites to each other if we are meant to be together doing all of this, because we're to live and show the unlovingness of the Rebellion and Default, that we're not close or connected, that it's so hard for us to be together, and that all we've really got in common is the desire to help each other with our Healing.

Nanna Beth: That's right, you are living what can be said to be the perfect unloving relationship together. You are not beating each other up or being outrightly nasty and hating of each other, however you are accepting through your Healing that you don't love each other, that you have no love within you from your parents so you can't love anyway, and yet you remain together to help each other through all the pain, bad feelings and difficulties. It's the most loving unloving relationship you can have, if I can put it that way. And it's the opposite completely of what you'd expect a true soulmate relationship to be. You are not close, you are not continuously connecting with each other, loving each other as you grow in truth harmoniously together like we all do with our soulmates, you are doing it all the other way round, you are moving to see the truth of how unloving you are, how much in some ways you hate and detest each other, and yet how much you also need each other to help each other with your Healing. All so you can reveal the whole truth of your unloving states, that being for each of you separately (personally) and for you together in your relationship. And if it weren't for your Healing, you'd not be together, like how it is for soulmates in their wrongness. So only because of your Healing can you come together in this fashion, remaining together all so long as you keep paying attention to your feelings. And you need Marion to keep motivating and insisting and prodding you along, just as she needs you to provide a stable environment and base for her to express all she needs to, expressing it all without being told she's not allowed to. And although she has to keep working on you to keep you accepting her and all the yuk, still you do want to do it, and want it all to come out, as much as you hate doing it and hate feeling all those bad feelings.

YUK

James: Marion says that as part of my unloving pattern I don't leave, I wait until I'm kicked out or am forced to leave when it gets too bad, which is how it's been for me with mum and dad and everything else in my life until only recently with Jenny leaving the Bush Bank (native plant nursery), with my stubborn staying there paying off as now it's a dream compared to how it was with her. And I feel it's the same thing, I'll stubbornly stay with Marion until she kicks me out or I can't bear it anymore, and I wonder if how it was with Jenny will be how it's going to also turn out with the Avonal stuff and everything else. That Marion will somehow awaken to it all, that I won't actually have to leave, and we'll change and adjust to that and each other in a loving way. I simply can't just dump it and leave her and say fuck to it all, even stop my Healing because I've had enough of always feeling so bad. I can't do that anymore than I can change all my other fucked beliefs and unloving behaviour. So I feel trapped in myself, I can't go one way or the other, so just stay feeling spasticated by it all.

Nanna Beth: So it keeps going James and you can only keep expressing all you feel the best you can along the way, and eventually something will end, something will be resolved, and then you'll know to move into the next phase of your life.

James: Daily I feel better and better and stronger in all my Avonalness, which is in sharp contrast and strong conflict to that part of me that is fighting and resisting it and is wanting to hedge its bet and not make a fool of itself should it all turn out to be fantasy. But this deeper part of me feels something like molten rock being slowly pushed up from deep inside my swamp of yuk, and that at some point it will just burn off all my worries, fears, protests, proving that my feelings have been right all the way along, and it hasn't just been a mental fantasy as Marion says it is.

I've been feeling so angry all day that if we are Avonals that we've not been allowed to enjoy waking up to such truth naturally ourselves, then meeting and working on revealing the truths and living lovingly united as a full soulmate couple, that mum, dad and Gran ruined all of that, that they got in the way taking over and saying I am not as I think and feel I am. I am a distortion of their creation, not my true self, and the same being for Marion. We can't even come together commiserating with each other about being so fucked but at least we're soulmates and Avonals and working toward fixing ourselves up, because part of our denial is the full denial of our Avonalship, my going one way wanting it to be true and she going the other way saying I'm full of shit. So we're our parents to each other, which of course we have to be, and will be right the way to the end of our Healing. So for those people wanting to and expecting to link up with their soulmate and romantically do their Healing together or just be happy with each other even in their wrongness, I don't think it's going to work like that.

Nanna Beth: It's going to be yet another whole chapter in humanity's evolution: the relationship of soulmates as they do their Healing together, as that will be the destiny of many couples. Which is why you and Marion are doing it, so your Spirits of Truth will be able to help them, just as it can help those people to do their Healing alone, because basically, even though you and Marion are together helping each other, you are really doing it alone and for yourselves.

James: Marion wants me to make it known to everyone just how much and how hard she has had to work on me, that I have been like an immovable lump of rock she's had to constantly chip away at. And I've been, and still are, bloody hard work for her. And possibly even harder than her attending to and expressing her own bad feelings. And that if it weren't for her constantly being at me to express myself, urging and encouraging and even forcing me to go deeper, to stop with my mind stuff and concentrate instead on my feelings, that I'd never have got anywhere. So all I have done is attributable to her, it's a result of her hard work, all of which I've never understood why she just doesn't give up on me. And what she says is right, it's true, I have fought her and resisted as I've also fought myself, and I do feel like an immovable and impenetrable shut off rock to her and myself, with my feelings still continuing to be a great mystery to me and that I'll possibly need her healing help right the way to the end of my Healing. I am accepting that I will, I can't see that it can be any other way, I'm too closed off. And on the other side, because she's had to work so hard at helping me bring out my yuk, that has forced her to take the lead, it's forced her to come out and express all her yuk. She wanted to meet the spiritual man and let him lead, support him as she was trained to do, but because I've said no to that, I can't lead, you have to, so she's had to work on ending keeping herself shut down by bringing herself out.



Rockhead

YUK

So she wants everyone to know that the picture I might paint of ourselves working away nicely helping each other Heal, is not as it is, and it might not necessarily be the case of two people coming together and wilfully helping each other with their Healing, both being the same in it, both lovingly helping and supporting and encouraging each other. Because more than likely that's just more of a fantasy with the cold hard truth being closer to how our relationship is, hard slog, one having to force the other to keep going.

And I want to add, it's true that she has had to force me all the time to keep attending to my feelings, keeping me focused on them, all to nearly driving herself mad with having this infantile baby-person who can't do any of it himself. And yet that's how my negative patterns are, much to my chagrin, horror and humiliation, because I don't want to keep being the baby who can't do a fucking thing for himself, and always having to be told by mum or Gran what I am to do and how to be. Oh how I wish I could regain my own power, that which they crushed out of me so early on, all so I could be self-determining in my Healing, able to get on and do it for myself and without the need to be helped by anyone else, or with help, but not with Marion having to keep badgering me to do it.

Still I can't, it's all part of what I'm having to accept, and also accepting that in it's fucked way, it is all still perfect for what we both need, so that even in our wrongness everything is perfect, so we're perfectly wrong and perfectly unloving, just as when we finish our Healing we will be, perfectly right and perfectly loving. And how could it be any other way with our Perfect Parents doing it all.

Thanks Nanna Beth, I'm going to have a break for a moment.

Later...

James: I know this is obvious Nanna Beth, but I want to write it 'for the record'. **So no one can Heal themselves without Marion's and my help – albeit that help for most people coming through our, to be liberated, Spirits of Truth?**

Nanna Beth: Yes. That's how it is for you on Earth. As you understand, those in spirit can currently continue coming from the mind Mansion Worlds and use Mary and Jesus' Spirits of Truth to do their Healing, however once you and Marion 'come of age' and begin your real life's work – the ushering in of the next age, then all the mind spirits who want to Heal themselves will have to link up and use your Spirits of Truth, so this will initiate yet another vast change in the Divine Love healing Mansion Worlds.

James: So that's a huge burden Marion and I are to carry?

Nanna Beth: If you want to look at it in that light, which is understandable when you're already feeling burdened by your yuk from your parents. However once that's all Healed, then being who and what you are James will be nothing other than a joy. So it won't be a burden. It will be matter-a-fact, as that's how you and Marion are, just getting on with the truth of it, so if people want to Heal themselves they can, if not they are free to carry on in their wrongness.

James: I don't know that I want the whole world looking at me, and with possibly most people thinking I'm nuts and full of shit. At least if John, Jim and the two G's are mad enough to go along with it, I won't be all alone.

Nanna Beth: It doesn't have to be that way James. You know yourself through new feelings stirring within you as to how you might negotiate and determine how it will go. It will all unfold naturally as I've been telling John.

James: And what are all these extra angels doing Nanna Beth – do you have things to do with them?

Nanna Beth: Yes, they are involved in every aspect of all we spirits are doing and all you are doing James. More of them are arriving daily. You've come with your full compliment as required by your Avonal status, however more battalions are still arriving. And we've wondered about this, and we think it's to do with support and help we'll need in the mind worlds with all the mind spirits who are going to

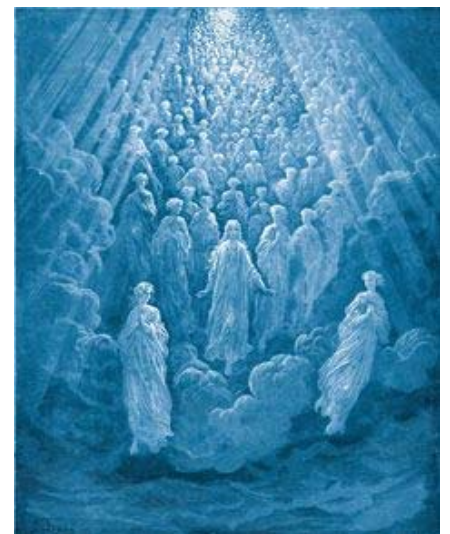
have their comfortable lives suddenly plunged into upheaval. It's going to be a huge shock for them, particularly all those spirits who believe they've 'found the truth and the way' and are looking to carry on happy in their mind fantasies for the rest of eternity. To suddenly, because of what happens on Earth, be faced with the truth that their way is not good and not what they thought, is going to cause many disturbances, and we think all these extra angels are going to help us deal with these problems. We're going to need a hell of a lot of extra light, far more than our numbers can maintain or use, so that's where these unseen angels will come in, unseen by the mind spirits, seen by us.

The world (along with the mind Mansion Worlds) is going to be turned on its head, the psychology of having to face and accept that something incredible is happening, and that it's not all a nice thing in that what is happening, being told is all wrong and all you've been doing to help yourself has only been making things worse; and not only that, but if you persist in being as you are, you're going to make it infinitely harder for yourself, so you have to stop and reassess, that's a huge emotional and psychic slap in the face everyone is going to have to face. And what if constraints start appearing so the usual ways of gaining power start to work against you instead of for you – that is going to cause a lot of disruption for a lot of people, if not most, so potentially mayhem might happen everywhere as people 'lose their minds', which means, as they are forced to relinquish their mind control.



And we don't know how it will go yet, we've got no idea as I told you yesterday. How much will people be forced to confront and deal with, what sort of internal emotion and mental pressure is going to be brought to bear on them? And will it affect everyone in the same way: what about people who are poor and from undeveloped countries, what about more technologically dependent people, how are feelings being stirred up going to be dealt with, what about masses of outbreaks of the mind running rampant because its owner has lost control, lost the tenuous grip it had on reality, what happens when the reality starts to shift, whole nations are built upon such tenuous grasps on reality, and what happens when their whole foundation and reason for existence start to be threatened and start to fall apart? What happens when the truth starts hacking away at all the existing structures, how is everyone going to deal with that, and how severely is the hacking going to be? It might be gentle, sure, but then why the need for all these extra angels?

It's a wonderful sight James and something we love doing, that being going to the angels receiving sea of glass where we can watch these 'off world' angels coming in. They come in, in formations of light, blazing in from all over the universe, like steaks of light in the sky to suddenly stop, hover and shimmer in all their beauty and then manifest on their landing pad of spiritual light. Then they move off as if they literally are newly arriving troops going off to be schooled in what they are to do. And we are talking hundreds of thousands of them coming at a time, god knows how many there are altogether and where and how they all fit into their angels' plane, but somehow they do and we think they are coming and going, so the numbers might not actually be as high, yet they are overall increasing as our angels tell us.



Our angels won't tell us all we want to know, so we're blind to a lot of what is going on too, only that with so much angel light coming into our spheres, there sure is a sense of excitement and anticipation growing.

And you can feel your angels with you James, we know that, and they are getting stronger and you're getting more sure of their presence, and that will keep happening as you finish off your Healing. And it's through your Infinite Daughter side in you, it connected to the Truth, that you can sense and feel their presence and gain something of an idea of what your relationship with them is. And so it's going to be what might be called an 'Angelic handover' – the turning of the new age, something that has not as yet been witnessed by humanity, either on Earth or here in spirit, all of which is required to instigate an Avonal Spiritual Age, an age that is out of the ordinary, something that ordinarily wouldn't be for humanity for a long time to come, yet something that is being called to happen sooner because extraordinary measures need to be applied to end humanity's rebellion and default against itself, helping it make the Great U-Turn, allowing people to start working with their feelings and doing their Healing.

So it's a unique time, although all time is unique, but still it's all very exciting, and as I said, we really have no idea as to what's going to happen, we're like John and the others – along for the ride.

So you can expect the angelic presence with you to build in intensity James. And we know you love this, you've had a long relationship with many of the angels that are close to you, and so here you are all again, setting out on yet another adventure. And that bond that you have with them is what you feel tugging on your heart-strings, why you only have to 'tune into them' and you feel like crying, because there is a lot of light there for you from them, and light that by rights you should have grown up with, matured and developed spiritually into, yet what has been denied you. So you feeling it all waking up with you is very intense and relieving a lot of the pain of such deprivation. They are more your true friends in the sense of The Light James, and you feel happier and even the happiest just being alone with them, that which has been growing in you more of late. However all these new feelings will integrate within you the further you progress in your Healing, and you'll feel more at ease with people and getting down to the business at hand as your fears of people leave you and you start to express yourself more easily enjoying such self-expression. The angels will be with you right to the end, they being a special relationship for you and one you will only disclose as you feel the need, yet mostly one you will keep to yourself. That is all from Zelmar by the way.

I'm going now James. I hope I've helped you a little. We'll speak again soon – love Nanna Beth.

James: Bye Nanna Beth, thank you again for all you've said.

And afterwards...

James: So thinking about what you've said Nanna Beth concerning what humanity might be in for, it does give me a rather odd feeling that I might be responsible for giving the whole of humanity a mental breakdown. Odd, yes, mixed feelings of good and bad – and do I just Bring It On or do we go the soft sell? The G's can sort that out, at least it would be good to hear what you all think about that, should you want to think about it. I do hope it's in the divine plan to bring us all together so we can have ample time discussing it all and that it's not just to be done over the phone in snatches here and there.

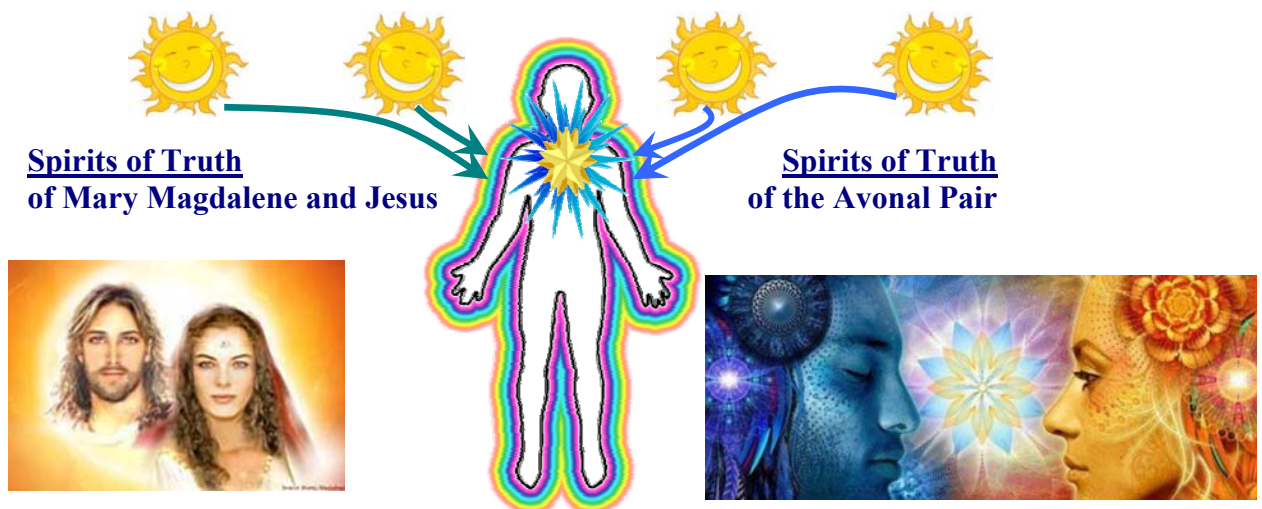
Nanna Beth: Whatever happens James, you can be sure that will be perfect, right and the best for all concerned, even if it's very hard for some people.

James: I keep reminding myself that I'm the Ruiner. I do like when I can find a label to stick on myself, unlike Marion who hates all that.



Note: We of humanity do not have ‘spirits of truth’. We are ascending mortals and as such, we are not endowed with a ‘spirit of truth’. These spirit forces conspire to enable material man to grasp the reality of spiritual values and to comprehend the philosophy of universal meanings. The sending of the Spirit of Truth is dependent upon the return to universe headquarters of a Paradise Daughter and Son who has successfully executed a mission of mortal bestowal upon an evolving world.

When the mortal incarnation is finished, the Avonal Pair of service proceeds to Paradise, is accepted by the Universal Mother and Father, returns to the local universe of assignment, and is acknowledged by the Creator Daughter and Son. Thereupon the bestowal Avonal Pair and the Creator Daughter and Son send their conjoint Spirit of Truth to function in the hearts of the mortal races dwelling on the bestowal world.
(extracts amended from the The Urantia Book)



Repeat of musings between Nanna Beth and John:

Sunday, 10 December 2017

There is only our Heavenly Mother and Father that one should long to for assistance with our growth.

Further, to long for the truth of feelings is assisted by embracing our spiritual parents, Mary Magdalene and Jesus, and that is facilitated through their Spirits of Truth. We now understand that the Spirits of Truth of the Avonal pair on Earth will also become available to us in due course. These two being able to support our Feeling Healing endeavours.

What other spirits of truth are we able to embrace and what aspects of our life do they assist us with please?

Nanna Beth: There are no other Spirits of Truth John. Those of the Avonal are in fact far more important to everyone than Mary and Jesus’ to begin with, because without embracing them people won’t be able to align themselves as truly with their soul so as to do their Healing as easily and effectively. It’s why no one has been able to do their Healing themselves through all the years of the Rebellion and Default, because the co-ordinated action, support and guidance – direction, of the Avonal’s Spirits of Truth have not been available to help. So no one has been able to systematically work their way from the beginning to the end of Healing their wrongness. And so without those Avonal Spirits of Truth, no one on Earth would ever be able to do their Healing. It’s as simply as that. So you need their Spirits of Truth to Heal yourselves; then once Healed, (and for support (overshadowing) as well through your Healing), you need Mary M and Jesus’ Spirits of Truth to see you through the Celestial spheres.

SPIRITS of TRUTH

Saturday, 17 March 2018

James: And later, I was thinking about the Spirits of Truth with Nanna Beth... could you please Nanna Beth talk more about the Spirits of Truth, as it might help John understand their purpose a little more – thank you.

Nanna Beth – 3rd Celestial Heaven: **As you can read in TUB (The Urantia Book) John, the Spirits of Truth are liberated upon the deaths of the Avonal pair or Creator pair following their full physical bestowal on a physical earth world. So Mary and Jesus' Spirits of Truth have been liberated, and the Avonal pairs' will be so upon their death.**

The Spirits of Truth basically represent all the truth the pair has lived through their life since their bestowal. So the Mother and Father sees to it that the pair live all they need to, so as to liberate within themselves all the truth their liberated Spirits of Truth will liberate, providing help for everyone who might need their help throughout their Age. So they have to go through a lot so as to accommodate the needs of everyone who'll be living through their age. The Avonals having to account for all anyone will Heal throughout their Spiritual Age. Meaning, their Healing will touch on all the depths everyone else will go through so as to provide assistance for everyone. So the long drawn out and extended Healing they are required to do, thereby covering every denial aspect of the Rebellion and Default on a feeling level, so relating to all those levels themselves uncovering the truth of them.

The Spirits of Truth have a drawing power, which means, when you look to the Pair for help, which means, you long for the truth or way such a pair lives, that you want to be as they are, you want to live and reveal the same truths to yourself that they have revealed to themselves, then their Spirits of Truth will help you. They will literally draw you up to be like themselves in truth. And as they are a Paradise Origin Soul, so they are literally drawing us up to the divine heart of their own truth, the paradise of their own soul, which in turn leads us onto the Heart of Paradise itself – our Heavenly Mother and Father.

And we are all to look to them (Mary and Jesus) for the way through Nebadon; and for you now doing your Healing, to look to the newly revealed truths of the Avonal pair. And by wanting to embrace, acknowledge and live such truth, you'll allow their Spirits of Truth to guide you, which means, guide you through your Healing, and guide you through Nebadon. And (this is the most important part) without them, you'd never be able to complete your Healing or find your way out of Nebadon. Or you might, however it would take you so long that the rest of the universe would pass you by. And so until such Spirits of Truth are made available, then everyone has to wait until they are, until they show the way for us to go.

So until Mary and Jesus died liberating their Spirits of Truth, no one from any of the worlds could leave Nebadon, because no one knew the way to do so. So there were an awful lot of spirits waiting for their bestowal so they could move on in their ascent to Paradise, with a general clearing out of Nebadon taking place this past two thousand years. This including many Celestials from Earth, who were free to leave once they'd completed their Healing and attained the Celestial level, and then evolved up through Nebadon.

Anyway, special dispensation is made available for people who want to currently do their Healing before the full liberation of the Avonal's Spirits of Truth. Should people look to them for Healing help and the truth, then such help will not be withheld. So people can start their Healing without having to wait for them to die and liberate their Spirits of Truth.

So the Spirits of Truth streamline everything, and basically we'd all be stuffed if we didn't have access to them. So they, and whom they come from, are rather important and an integral part of our growth of truth.

And really it's one Spirit of Truth from the Avonal or Creator soul, however it's 'split' in two as reflected by the two soul 'halves' or soulmates – by each personality. And we need to embrace both the pair equally, not just one. So if you look to only Mary or only Jesus, you'll not allow both parts, both Spirits of Truth, to work within you. So you won't be able to keep the feminine and masculine aspects of truth harmonised, causing imbalances, which you can see in distortions as reflected by those people only adhering to Jesus via the Padgett Messages or in the Christian religions.

In all the other religions that don't even look to either Mary or Jesus, you've got the wayward mind with no hope of ever finding the truth and moving out of the mind Mansion Worlds. And that would be the same with the Avonal pair, if you look to only one of them you'll be doing yourself a severe disservice, with no hope of ever completing your Healing (as reflected by people trying to heal themselves using alternative self-help methods or their therapists or spiritual leaders, yet not really getting to the bottom of the real problems at hand), so people will need to long for help from them both. And we don't need to specifically ask them personally for help (although of course we can should our life move us to be with them), we only need to long for the Truth. They can't help everyone personally because there are too many of us, so that's why they provide us with help from their Spirits of Truth.

And we need that united help to sort out our disharmony concerning the feminine and masculine within ourselves, just as they have sorted it out within themselves. And because you are taking your lead now from the Avonal pair, so you can't go ahead of them, as they need to sort out all the distortions within themselves and their own relationship, so as to offer such help through the light of their spirits, so you can sort yourself out. So they have effectively needed to do most of their Healing before other people can look to them. And it won't be until they've fully completed their Healing that people will be assured that they can fully Heal themselves. So a lot hinges on them completing their Healing, because they then provide the way for everyone else to do their Healing.

And it's not that everyone else will do their Healing the same as the Pair have done it, but that everyone will do their Healing in their own way, yet will uncover the same truths the Pair uncovered for themselves. Which is why Jesus said: follow me, because we are to literally follow him and Mary up through Nebadon (our local universe) once we've finished our Healing, by revealing to ourselves through our feelings the same truths they revealed to themselves through their feelings. So by the time we complete our Nebadon stage of existence, we'll have lived all the same truths Mary and Jesus lived through their ascent of Nebadon following their bestowal into flesh.

And so it will be the same for people looking to do their Healing by looking to the Avonals. So in no way will the Avonals or Mary and Jesus ever stand in the way of people and spirits getting to the Mother and Father; on the contrary, they will only assist people to look to God and NOT to themselves. Which is what the Avonals can only do and claim, once they've finished their Healing. Which is why they will be reticent to stand up and declare themselves before they've completed their Healing, preferring people don't really know about them, because they don't know about what it all involves themselves until they are fully Healed. Because they know that until they are fully Healed, they'll still inadvertently be leading people astray, or standing in the way of God. However knowing that, they will at least also be able to angle and present their preliminary truths taking that problem into account, so people can avoid such pitfalls with their help.

And once they have completed their Healing, then they can honestly announce to the world, should they feel they want to, that the way is now clear, people can follow them and do their Healing and they won't be standing in their – the New Age has officially begun. That they will then be doing all they can to help people complete their Healing, link up with Mary and Jesus so they can keep ascending through the Celestial levels, all to one day move beyond and out into the greater Superuniverse on the way to Paradise.

James: Thank you Nanna Beth, and just as an aside, the real New Age is yet to begin, it being when the Avonal pair declare it's begun, with the so-called New Age of some years ago being a false mind fantasy new age.

Nanna Beth: Yes, nothing whatsoever to do with the real New Spiritual Age that's soon to begin, however something of a vague forerunner that was something more to do with feelings, even though it was still about looking to the mind to further the control of them.

Sunday, 18 March 2018

I, James, was thinking about writing something like this, although I'd not settled on the heading, then it seemed appropriate to slip it in here, which I'll leave to you, John, to do in your artistic typist way. And it made me feel closer to what you were saying, how you get the idea and then I send stuff and other stuff comes in from all directions, so this was 'in the pipe' and you did your bit and then I felt – ah, this is where I can put this bit I've been thinking about, so all perfect timing. It's all good fun feeling it rolling along.



I've done a short version then expanded it a bit. My intention was being able to have something of a one pager to give to people containing the guts of it all. I know I've done this before, but here it is again – there are endless versions I guess.

(Also I've only skim read through it, so if you want me to go over it again once you've sorted it out, I will.)

And I like your pdf, however please don't go showing it around yet as I still don't want any focus or pressure on Marion and I, for until she comes around or it all blows up, it's still just pie in the sky – need I have to say that again.

And following what we were talking about on the phone I realised, well of course everyone at their conception gets their angelic pair as well, just as I did, and they will be with you right the way to Paradise and then possibly beyond too. So it's a wonderful relationship, we have our soulmate and our angel pair each, all the way with us. It is all amazing.



Avonal REVELATION
Avonal Revelation

Avonal Revelation

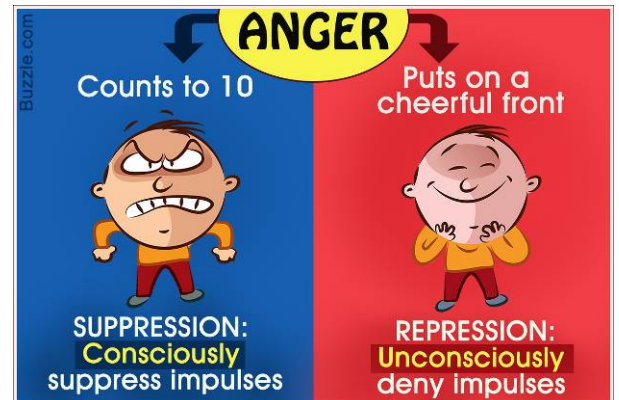
- We are to live Feelings First.
- We've been made to use our mind to live against many of our feelings.
- Our mind control commences at conception and is developed through our childhood.
- All the bad feelings we didn't express as we were growing up are still repressed inside us.
- And all such hidden, buried and unwanted feelings have to come out.
- And whilst they remain repressed within us, they will continue to make us feel bad and unloved.
- We get sick, depressed, suffer, have bad things happen to us because of our repressed childhood feelings.
- Humanity was brought into this state of living against itself by higher rebellious spirits.
- These Evil Ones caused the Rebellion and Default.
- We are made to rebel by default – as we have no idea we're doing it through our parenting in wrongness.
- We are all parented unlovingly – against ourselves, against our will.
- Some parenting in the wrongness is done with more love, yet it's all still wrong.
- To heal this unloving state within ourselves we have to do our Healing.
- Our Healing is our Feeling-Healing or Soul-Healing with the Divine Love.
- We can long to God for Their Divine Love, and this will help us with our Healing.
- God is our Heavenly Mother and Father, the Feminine Aspects of God having been kept hidden from us by the Evil Spirits.
- All humanity's religions and spiritual systems are designed to keep the wrongness going, to keep us away from God.
- Only by living Feelings First Spirituality, The New Way, can you become right, and truly find God.
- Long for the Divine Love.
- Long for the Truth of your Feelings.
- Accepting all you feel is accepting all of yourself, it's your greatest act of self-love.
- And wanting to know the truth of your feelings, is your next greatest act of self-love.
- Love yourself through your feeling-acceptance, and the Truth will set you Free!

Suppression and Repression:

We are all living untrue to ourselves. All we do is wrong, even though mostly we believe it is right.

We are living untrue as shown by the denial of many feelings. We don't accept them, particularly our bad ones. And this feeling denial, suppression and repression, causes all our problems.

All pain, suffering, fear, anger, guilt, depression, misery, sadness, feelings of feeling alone and lonely, feeling rejected, unwanted, uncared about, unloved, feeling will-less and powerless and unhappy and frustrated because we can't assert ourselves lovingly in life, are all the sorts of bad feelings we do everything we can to deny. And it's the ongoing suppression and rejection of these feelings that cause all our illnesses, problems, relationship difficulties, all that's wrong with us both personally and generally in society.



Right from conception we're all inducted forcibly – against our will – into such feeling-denying systems, we take it on, doing what our parents have taught us, thereby continuing to keep all our childhood pain and bad feelings repressed. And as adults, life cycles us through our various experiences in accordance with these early life established patterns all so we can keep feeling those same bad feelings and keep denying them. And this is our rebelling against ourselves by living untrue to all we feel, all of which we do unknowingly, which is by default.

And the healing of this negative, unloving, anti-self condition can only be done by doing one's Healing, which is Feeling-Healing, or your Soul-Healing with the Divine Love. (Soul-Healing being Feeling-Healing inclusive of the Divine Love.)

How one does their Feeling-Healing is by looking to their feelings for the truth they are to show you. You stop, acknowledge and thereby accept that you are feeling bad (or good), want to express that bad feeling and emotion instead of denying it, all whilst longing for and wanting to uncover the truth such feelings are to show you.

You have to want to FEEL ALL of your feelings, and especially your bad ones. And you have to want to know the whole truth of why you're feeling them.

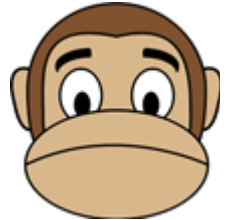
And to uncover the whole truth of yourself through your feelings, means you are going to be led by your feelings back into the complex dynamics and psychology of the relationships with your early carers and those people who were influential during your childhood, mostly your parents: feeling now as an adult the very same feelings you felt back then that you were forced to deny. So now you end the denial and finally release and express and bring out those long ago buried feelings, all so you can see the truth of what really went on between you and those people from your early life.

Our Healing is bringing out all our repressed childhood feelings, expressing them as fully as we can, as we long for and want to see, understand and know the whole truth of what happened to us that made us have them, how we reacted to having them, how we grew and developed into adults taking on our feeling repression and denial from our parents.

And it's a long, hard process as we strive to liberate all such repressed feelings and at the same time ascend in truth understanding why we are wrong, how as adults we've expressed those unloving, negative, anti-self patterns and how we've passed them onto our own children.

Our Healing is the ONLY way out of our pain. We are to understand the truth of our unloved state. We've begun life in an anti-self and anti-love condition of mind and will, and we are to liberate, or reveal, the truth of this state to ourselves through our feelings. We are to do it ourselves and for ourselves because we want to set ourselves free of our pain. Only by uncovering the truth of that pain, can we finally be liberated from it. Uncovering the hidden (hidden in our feelings) truth, is the only way we can spiritually grow and evolve into becoming fully loving people, this being achieved when we've finished our Healing.

All the answers to humanity's age old questions about why we are not happy and why we're not living life on Earth as if it were paradise, will be answered as people start to look to their feelings for the truth of themselves.



And to spiritually help us, we are to understand:

That we are conceived and so born into life being of Natural love. And because we've been brought into a state of deprivation of such love, so we have to Heal ourselves to become of such pure Natural love. And once done (and we can start anytime to help us with our Healing) we can long to God for the Divine Love. The Divine Love coming into our soul via the Holy Spirit, transforming our Natural love soul into a Divine Love soul.

So we can long to God, our Heavenly Parents, for Their Divine Love.

God is our Heavenly Mother and Father; God is one Soul expressing Two distinct Personalities, and Personalities we can get to know personally as we express the truth of our soul. We can ONLY know our Mother and Father personally through our feelings, we can't get to know them with and through our mind as many religions teach. Any truly loving relationship is expressed through feelings and not the mind, and it's no different in our relationship with God.

We are, being of the image of God, one soul that's expressing its two soulmate personalities in Creation. And we begin life at conception coming into being individualising our personality through our life experiences.

However the whole of humanity has been subjected to a high spirit Rebellion and Default, which has stuffed us up, taken us off our true spiritual path, and caused us to rebel by default against ourselves, against our own soul, and against God. So currently humanity is still living in rebellion to the higher spiritual truths, those denied truths being now readily available through feelings, and not by looking to the mind being the arch controller. The higher rebellious spirits that instigated the Rebellion and Default against the Truth, have caused humanity, have caused us all, to use our mind to control our feelings, which we do by looking to our mind to help us deny those feelings we wrongly believe are bad for us.

So our Healing is looking to end the Rebellion and Default personally within ourselves and impersonally for the whole of humanity, as we all come together understanding the dreadful plight we find ourselves in, and deciding that we no longer want to live as we do by looking to our mind though all our mind-controlling religions and spiritual belief systems, choosing instead to look to our feelings for the truth they are to show us, and that will break down our controlling mind, setting us free to live true to our

feelings.

And we are to understand that we have the freedom of will to live against our true selves by using our mind to control so many of our feelings. And we have the free will to end this mind control. **When we are living true to our feelings, we will be living true to the will of our soul no longer with our mind getting in the way. And so too will we be living True to God's Will. We live God's Will by living fully expressing all we feel as we long for the truth of such feelings. Our feelings are to guide us in life, not our mind; our true feelings are Our Way, which is also: God's Way.**

And we can ask our Mother and Father to help us. We can long to Them to help us embrace and accept and express, and long for the truth of our feelings; and we can long to Them for Their Divine Love.

Our Heavenly Parents have started us off in Creation by incarnating us onto a rebellious planet, one in which we experience what it feels like to go against ourselves and to go against Them. They have wanted us to start life in an unloving way, to live and experience and learn what living untrue to our soul and untrue to Their Soul feels like. And how it makes us all feel bad. We are starting off our lives in Creation in an unloving environment, which some people will find difficult to understand (for within it they do feel some love), and it can also be just as difficult to accept that God wants it this way. And not only that, but God is making you be the unloving person you are, God gave you your unloving parents (and the bits that might be loving), God is purposely making you suffer, God is in control of it all; and when your time comes, God will also help you do your Healing so you can come to understand yourself through your feelings. God will reveal all to you through your feelings. All the bad and all the good. We are all to one day understand what it's all been about for ourselves – and you will, God won't let you down, God will eventually answer all your questions.

So when you feel ready, you can decide that you want to live a Feelings First life. To begin your U-Turn, to start doing your Healing, and to end your pain, suffering and feeling unloved, by looking to the truth of such bad feelings.



And through your Healing you will slowly work your way deeper into understanding the truth of your unloving self and feeling-denying state, and then once you've uncovered the whole truth of your wrongness, then a Great Change will come to you, and you'll no longer be living according to the negative, anti-self patterns you took on from your parents, you will be completely free of the Rebellion and Default, you will have finished your Healing, so you will be true and happy and wholly loving. And best of all, then you'll start living and learning about what it feels like to live being truly self-loving, loving of others and loving your Mother and Father. All the opposite to how you are living now.

Long for the truth of your feelings.

Long for the Divine Love.

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

I'd written it a few weeks ago and had forgotten about it – you might want to tack it on the bottom of the Avonal Revelation stuff???. I've not read through it thoroughly, so I can do the same should you want me to:

It's time for the true Woman's Revolution:

Liberation of the Feminine:

Women are Spiritual – live true to your feelings.

Put your feelings first – always. Let your feelings speak, DON'T DENY THEM.

I am my feelings. I care what I feel. I deserve the right to allow my feelings the right to exist. Let me OUT – Let my feelings have their Say. I will no longer keep them back, hold them in, shut them up. I want to be Heard. I want my feelings to have their say. I want to here what my own feelings are telling me. It's time to face the truth, and my feelings are the way to it. My feelings won't like being suppressed, not once I get my mind out of their way.

Viva La Feelings – Women are Feelings. Women are Spiritual. Our Feelings are our true spirituality. Deny our feelings and we are denying our spirit. The suppression and forced repression of our feelings is to end. Bring Them ALL Out. Open your mouth and let your feelings come out, let your feelings have their say, and Long for the truth of Them. Want to know the truth of your feelings. My feelings are the Way to My Truth. I want to be true, beginning with being true to my feelings. And through my feelings I will be guided and shown how to live.

God loves all Feelings. You can only love God with your Feelings. Give ALL your good and bad feelings to God. Bring them out, stop keeping them hidden and bottled up. If you do, you'll never uncover the truth of yourself, nor will you really get to know yourself or God.

Your feelings are the key to your successful relationships. Block your feelings and you're blocking your relationships. Express your feelings and want them to show you the deeper truth of yourself, and your relationships will become true too.



Long Live My Feelings. MeTOOandmyFEELINGS. I am Woman let me FEEL. It's time to honour what I feel. Liberate the true feminine by liberating ALL your feelings. It can be very difficult, there will be many obstacles within yourself and outside of you, however if you want to truly set yourself free of your pain and suffering, then seek and long with all your heart for the truth of your feelings – for your feelings to show you the truth God wants you to see about yourself. And slowly you will heal, slowly you will change and overcome all such difficulties.

INFOGRAPHICS

Tuesday, 20 March 2018

Re: Avonal Realisation, yes, it's looks great. You've done it perfectly, you get ten out of ten for that one – and a Big Tick! Ha, good how the one pager all fits nicely on one page! And the women's page is good, should we add a link to more of it on my Religion of Feelings website, which reminds me that I actually wrote that one page for that website page, so I might stick it on there too:

<http://religionoffeelings.weebly.com/true-womens-liberation.html>

And again, I'm feeling it even stronger, please only send the NNB message below onto the people mentioned at the bottom of it. I'm trying to work through why I'm feeling this even stronger each time I've written something with her. I love the idea of keeping it just in Australia for the time being amongst you guys, Sam and Crystal being included as well. I don't want the information to go off shore, or some of it, I don't know, I have to work more on it and see how I feel about it as we go along. The general stuff about the angels is okay, but the world affairs stuff and the personal stuff about Marion and I and the 'readings' Nanna Beth gave at the end, I want to just keep that between us for the time being. Thank you. If there's anyone else you'd like such things to be sent to, please tell me, and please tell the others not to send it on unless I okay it. I don't really want to be so controlling, but certain things I think I'm going to want to keep just private between the people I know more and know how they feel about things, with not everything going out to everyone. So I guess I will have to write whatever in future specifically for general circulation or for the more inner private people. I guess it's going to be just like any business in the end.

RUSSIA versus HIDDEN CONTROLLERS

Tuesday, 20 March 2018

James: Hi Nanna Beth, I feel like talking more with you about the state of the world.

Nanna Beth: Russia, with President Putin now having been very comfortably voted back into power for another six years, is going to start putting pressure on the Deep State and hidden controllers. They've been building up to this, wanting him to be re-established, even though it was always going to be this way – however you never know about surprises, and now they've got the go-ahead from the people, they are no longer going to take such nonsense as what they've been suffering, such as all this latest accusation from the British about the ex-Russian spy being poisoned by Russia. That whole episode was 'in house', the hidden controllers wanting to deflect more of the heat they are getting by blaming and vilifying the Russians, who up until now have swallowed it all, waiting for the right time; and now they are economically and politically in a position to no longer take it anymore and instead to start turning the tables on these people. Putin has Trump's support, as much as Trump has Putin's, and so together they are going to start changing the rules. Things should start to get interesting, all sorts of 'new revelations' coming from all over the place, the Russians doing it subtly at first covering their tracks well yet putting increasing pressure on the hidden controllers showing them that their days are numbered, that there are new kids on the block, and their old evil and controlling ways are soon to end.

And the hidden controllers for their part will start fighting to retain their power, however all they do will be quickly shown up for the evil two-facedness that it is, although the average person in the West will still follow the media's lead hating Putin and Russia.

James: Can you please tell me what is all the fuss about alien or UFO 'disclosure', when all it really seems to me is they are close to proving scientifically that there is life after death and all their so-called aliens might actually be spirits.

Nanna Beth: It's about blowing the whole Evil Ones wide apart, trying to pin the blame of the world's woes on Satan and 'off world' evil 'entities', even fallen angels – devils; and for the likes of Trump and his representatives, to say the Democrats and Deep State are in league with these unseen bad 'beings'. And that the enemy, the hidden controllers, have in fact been led by them, worship them, all of which is anti-Christian. So the Christian right want to condemn these anti-christians, who will supposedly give rise to the Anti Christ.

And it's going to happen, and is all part of the Great Undoing, however it will of course end up backfiring on the 'pure or true Christians' who'll be shown up to be just as evil and just as manipulated by these hidden controllers – the mind spirits. It will work in your favour, it's all part of breaking down the religious control, that which has to happen and will happen as there is no longer the C's & D's (Caligastia and Daligastia soulmate pairs) to control the hidden controllers on Earth. With the true Evil Ones having been removed, means there is a vacuum into which all they built will fall, so the proverbial house of cards is going to come crashing down. The Phoenix (The New Way) will rise from the ashes. And now with Mr Putin firmly in place, and he not being 'taken out' before the election, as was his worry, so we can all move to the next world phase.

And the irony of it is that it *is* the Russians who are doing it all, they are to be blamed for wrecking the status quo, for eventually de-powering the hidden controllers and exposing the Deep State, only not something they will necessarily be praised for doing, particularly by those controlling people.

James: So is this why the West fears the Russians so much, because of Prophecy and the fact that they seem powerless to stop them?

Nanna Beth: Yes. It's as simple as that. The Russians are being 'protected', they believe it's because of their religious purity that God is 'looking after them', but it's not, it's just that they generally want to live more true to themselves, and more true to God, and always have, it's part of their natural deep spirituality. However they misplace it as they don't understand it, turning it against themselves as they have done in the past, and now with Putin, attributing it to the 'purity' of Russian Orthodox Church. And it's what we support them in, helping them move along in all their wrongness toward fulfilling our goals, so you could say they are 'more true and loving' in that light than the West who just hides all its dirty dealings behind being Christian, with their Christianity being far more of a fantasy than a spiritual way of life as it is for many Russians.

FANTASY

The West pays lip-service to its Christianity, persevering with it because it can be used to achieve their manipulative agenda: why not use the Name of God to go out and conquer and exploit all the 'lesser people'? You can always say God told me to do it, blame it on God to deflect your own evilness and outright greed and need for control. Similar stuff to what you've been dealing with of late James.

James: Yes, as you were saying that, I could see elements in it of what I've been through – how I am: blame my wrongness on everyone else other than taking responsibility for it – one of our darker family traits.

Nanna Beth: The West, as represented by the Deep State and hidden controllers and as seen in all the political parties, is going to start doing some very strange things, saying strange things, exposing itself for the weird way it sees things, all as it struggles, like a child throwing a tantrum, to wriggle its way out of the frying pan, that which is getting increasingly hotter, with Russia starting to turn up the heat.

That which Putin recently declared concerning Russia's new level of weaponry now coming online was only a small part of their advanced arsenal that has not and will not be disclosed to the West. The West's spy agencies are no longer what they used to be, they've become corrupt and complacent and the Zionist Mossad is stretched too far, and the Russians are interfering in these spy levels closing down channels and feeding them misinformation and generally screwing things up. The Russians are the most advanced in the line of spying, they have their fingers in everything and are leading in the hacker fields, so very little happens without them being able to connect the dots, and they now have vast dossiers on most of the West's power people, so can blackmail and use such information for their own ends. And up until now they have not wanted to reveal the depth of their meddling and data control on such people, but that's all a part of what's going to change as they start using it to assert their power.

The Russians are going to end up running the world, yet by default, not overtly, with the Chinese willing to back and support them and gain the more open benefits the Russians allow and encourage them to have. The Russians have it over the Chinese because they know how to hack basically every Chinese system, closing it down should it come to that.

So the main Russian tactic will be to allow the Deep State and then its unseen hidden controllers to hang themselves through their own backstabbing exposure as all the 'nasties' start coming to light. The fickle West will turn on itself, whereas the Russians are far more united and anyone who doesn't go along with them – other Russians – will be swiftly told to come into line or else face extinction. So they are reigning in the Russian oligarchs that have raped and pillaged the land and society, getting that under control, establishing new financial systems which they will control, setting them in place as a viable alternative to the West, and then finally pulling the plug on the Russian Central Bank, which will be the end of the Rothschild control in Russia, this being what Putin can't wait to do. And the Jews who are against Russia will be sent packing, and those for Russia tolerated and sorted out, both in Russia and abroad.



Rothschild Coat of Arms

And America will implode politically, Trump's hirings and firings are just beginning as he manoeuvres his way around using who he can whilst he can and then dumping them for others, always keeping one step ahead of his foe.

So that's about it, not that exciting James, just a continual breaking down of the systems on all levels, all of which is going to become more obvious as the years pass. The next six years are going to be very dynamic, Putin understands he isn't going to be around forever and is getting older and feeling tired and unable to do as much as he could. So he's delegating to his favourites and supporting and encouraging his team, educating new members all to ensure that once he retires all his good work doesn't go up in smoke.

And all of this is of course running parallel to yourself, or yourself to it, with a designated crossing of paths when it won't matter anymore as to what the world thinks because the New Way will be revealed and many people will want to follow it, looking to their own feelings for their own true power and freedom no longer wanting to be dictated to by their bogus religion or politician's corrupt social and educational systems or deep state hidden controllers or mind spirits or anyone else.

Once humanity collectively understands what has happened to them on the higher spiritual level, how the people have been controlled, and that it's over, that control is no longer controlling, it's just legacies of it, all of which the average person can deal with by destroying it in themselves, things will change markedly for the better. And as the people change, so too will how they want to live, it will be a great time of revolution James, nothing will be the same. So what you are currently living through is the end of the Rebellion and Default, it literally is, and so once the end is fulfilled and the New starts, then all how it currently is and has been will cease to be.

James: Which is all very well, however Marion has been giving me more of the picture of herself, how she was made (we both were) to sacrifice ourselves for others – our parents and family, and she in particular was forced to only exist for everyone else. And so lately her Healing has been helping her understand this more as she ends it, and wanting to end it so much so that she wants nothing to do with helping anyone else other than herself. She's never helped herself and done anything just for herself, and even through her Healing, although she is helping herself to become true, she is also helping me with my Healing, so she's still putting herself aside and helping someone. So she was saying that she reckons if she can get to the point of ONLY helping herself, then her and I will end, as she sure as hell won't want to keep helping me who is someone that doesn't really want to help themselves needing the other person (her) to constantly push them along and face their bad feelings and make them express themselves.

So it seems like, if we get to the end of our Healing, we'll no longer need each other, as we won't need to be helping each other; and if John does happen to get his money, she says she's not coming up North or going anywhere that's to do with anything I do with John and helping other people, because she doesn't want to be part of anything, she wants to be independent, doing her own thing for once in her life. Which is totally understandable, and I support her in it all, and would love myself to not be doing everything to help everyone because I believe that's what I have to do too, and instead just living life for myself; and whether or not we can both reach that point together in our separate ways, then still be together, Marion doing her thing and I doing mine – if that includes being with John, is what I'm waiting to see.

Nanna Beth: I can't tell you anything about it James, other than it will of course all unfold perfectly and you'll see what happens because you are living it. And Marion is right in all she feels, and is growing stronger daily in her self-conviction and listening to and following her feelings, just as you are too although a little behind her still. And it will all change once you finish your Healing, so there's no point speculating about it anyway.

James: And I could see more why I was to meet John early with the promise of his money, and not for example meeting him when he had it, all to help me deal with this aspect of my life regarding living for the promise of something good happening in future. So it's right that the money hasn't come yet, as I still need to bring out more of that false hope and feeling let down and everything else my parents did to me.

Nanna Beth: Yes, that's why for you personally it's been delayed and will continue to be so for those reasons and many others that you are aware of. However, as you are coming toward the end of that, so other opportunities are going to present themselves, just as they have begun in your 'working life' at the Bush Bank (native plant nursery). And this will continue, taking in John and many other things as well, you and Marion have both started your U-Turn and are coming up to your Valleys of Darkness. So things will change, and they are, as you can see and feel and are experiencing them changing every day now, with the worst of your Healing behind you both.

James: Marion keeps feeling better and more loving of herself and the Father, and even of me!, lately. She's so accepting of everything, feeling so much more self-assertive, and we're both seeing more how we are, our personalities and why the Mother and Father have given us the lives we had, and how we're working our Healing together, it all slotting into place, the whole picture filling out, it all making perfect sense. And in a way we seem to be moving apart more, yet also coming closer together, so it's all as usual weird, yet at least overall now it's good-weird instead of bad-weird. And I am feeling my angels with me all the time. I always have but often for years at a time they'd sort of fade off into the background, but now I feel their presence up close to me, with me, and that they won't be fading off anymore. And I love feeling them with me, it's exciting and so reassuring, they are giving me something which mum and dad should have given me, and if nothing else, at least allowing me to be open to and connected to my angels.

Nanna Beth: You and Marion, as with everyone, had to be shut off and all but disconnected from your angels. We've all suffered that James. It's incredible how much we are meant to live with our angel pair and how helpful they are in our lives. We couldn't exist without them now, they are an integral part of our lives, interacting with them every day and covering everything we're doing. And that's how life should be on Earth too, only of course mostly people can't see them like we can, yet still you can be aware of them, sense them, and see the impact they have in your life, this being what you're beginning to awaken within you James, sensing, seeing and feeling the impact. And they will keep coming closer to you as the veil between you dissolves away. For as I said, it's to be an angelic Awakening as much as it will be anything else, that all being a major part of the Spiritual Age – an Angel Age you could call it. For it will be the angels that will have the greatest impact on humanity working to heal itself and clean up the mess of the Rebellion and Default on many levels. Still, I can't as yet say too much about that, however you've discussed with them some of the sorts of things, and there will be more such discussions for you as part of your ongoing awakening to being with them.



James: So Nanna Beth, do your angels accompany you everywhere you go – are they with you all the time?

Nanna Beth: Overall – yes. We do have times when we are without them, however they are minimal, and getting less as we develop more with them. So when you think of us as soulpairs you can also imagine us with our four angels – a pair each. So in our soulgroup that's quite a number of angels, and we have relationships with them all. So life is rather expansive to say the least, we're always working on multiple fronts in all we're experiencing. Just recently my soulmate and I have taken up art. It has been something that's always been in the back of my mind that possibly one day... yet I've never got around to it. I've always ridiculed myself that I'd be no good as an artist and so on, yet that's by Earth standards which I healed, yet still I never acted on it. And now we are, and doing it with the help of our angels. It's sort of a combined effort, we and our angels all composing a work of art in a three dimensional light-plane. It just hangs in mid air in our 'studio' and when we have free time and we all feel inspired, we all gather round and 'work on it'. And it's just a never ending, always evolving, 'work in progress'. And it's wonderful, I feel so creative: I feel like adding a bit and my angels help me conceive it and 'draw' it, it being done with thought and emotion as such things are expressed as light and form, and then my partner adds or subtracts from it or our angels add their part and on it goes, going this way and that, and basically being an expression of all that's going on in our lives. And we're

looking at involving our whole soulgroup in a similar project, something that we intend to help us gain a 'living picture' of all we're doing. So I'm now an 'artist' and one of a sort that defies anything that I could have ever imagined!

And reading your mind concerning our need for privacy, well we don't need it as you do and as we once did. Our lives are sort of always private as we're so at-one with and in-tune with ourselves, and we have our 'time out' when we are resting and together just the two of us, however our angels are never far away. They too have time out and rest and often we only have one of them at a time with us, so it's not that crowded James.

Our life is so different from anything like it was on Earth, and if you all weren't so demented in your wrongness, you'd not need privacy like you need now, as your lives would also be so vastly different too.

I'll go now James, as you're wanting to make Marion's dinner. We'll speak again soon – Love Nanna Beth.

Later...

James: I've got to ask you Nanna Beth – anything for Sam, John or Crystal... or anyone else for that matter?

Nanna Beth: Sam, allow yourself to flow freely into such pain, don't fight it, let it consume you and the fire within your soul will burn it up. You'll be all right, it's all going to pass and move you onto another level, one in which you'll start to feel you have something of a footing instead of feeling lost at sea all the time.

John: Enjoy your time meeting the new people, enjoy your discussions with the G's and Jim, it's all very good for you all to bring up and discuss every and any facet of it, future, present and past, and particularly any worries. Try and get used to being as open and honest with each other as you can, even if that causes bad feelings. You don't have to get into venting and expressing your bad feelings to each other, but just about the work at hand and how you see things developing, keeping bringing all that up and to light.

Crystal: You're going to get a message that will make more sense to you and give you a feeling in which way to act and that is going to open other doors that will help you with what you're currently seeing as a blockage. However it's not a blockage, it's just that time needs to move on a little more before the way for you to go and the next steps to be taken are revealed.

GB: Attend closely to your mother now, there are things within the experience which you need to help you with what is to come. Be open, and if you feel bad, try and express those feelings if only to yourself. Try and allow your heart and soul to open up, being sensitive is GOOD, and the more so the better because you are going to work more through such sensitivity, something you've only done through certain channels in your life up to this point, yet because of your mother and all you're experiencing with her, it's going to open you up across the board feeling more sensitive and this is very good and the way forward for you to go.

GG: Enjoy expressing your negativity to John. Try to see it as a good thing, don't hold back, bring your frustrations out. There is nothing wrong with them, even if nothing good seems to come of them. Your work is going to change in the next few months, other opportunities will be presented to you and you'll enjoy those challenges.

JB: Time to rest and relax and enjoy the sunshine and all that you love about life. Don't feel stressed about anything that's happening, it's all going to carry you along and nothing too much or too hard will be asked of you.

James: Continue to be open to Marion's lead and counsel. She is going to start moving further away from what seems like the direction you would like her to go, however it actually is the right direction, it's just that you can't see it at present. You can sense it, and that's where you're both going.

And yes, in speaking through me to Marion as you did earlier James, should you ever want to utilise such clairvoyancy for individuals such as 'giving them readings' as you've often thought about, you can do it, just like I have written above and as you said what I said to Marion. It would be easy for you now, however it would not be with myself, another soulpair would be provided for that, or even perhaps a pair of angels, and as you get to know them so the channel would become clearer. I am telling this for you to feel better about it. I doubt you'll ever do it in a 'professional' capacity, more likely in impromptu situations like with Marion earlier, however still it's there and readily at your disposal, and should you want to try it out any time, for the time being I would be more than happy to speak directly through you like that. You might like to organise something like that with John over the phone, as I'm sure he'd be more than willing for you to 'experiment' on.

I will go now, so until next time – my love to you all, Nanna Beth.



GREAT
-Turn

RELATIONSHIP is a WORKING PARTNERSHIP

Saturday, 24 March 2018

Graham and James

Hi Graham, having written what's below and let it sit for a day, I don't know what I feel about it. So much is coming up within myself and between Marion and I, so it already feels out of date even though I wrote it yesterday. She doesn't want me saying anything about her anymore, even more so than before, she being even more adamant that she wants nothing to do with any of it, anything that I think and believe that's not strictly just feelings, so nothing to do with the Avonal stuff or Pascas or anything else. We seem so opposite, so divergent, so un-attracted to each other, so unconnected, and yet we still want to be together helping each other with our Healing.

Our relationship is a working partnership, lacking the deeper emotional connection and love that Marion increasingly wants now she's feeling better about herself. And I can't think about that, as I want to first just connect and express myself truly, leaving any deeper emotional relationship to after I've managed to do that, should that ever happen. I'm feeling better each day within myself, understanding myself more, yet still feeling bound by my inability to freely express and articulate all I feel. It's so annoying, I can see how I want Marion to be sitting there in front of me speaking to me all day long, I want to be like her, so effortless in her self-expression, with all she says always making perfect sense, she being so practical and straightforward in her way of seeing things, whereas I'm all abstract seeing perceptions that I can't define, pictures I can't paint so she can understand them. It's all so difficult this relationship business.

To be like her free of the Avonal burden would make things so much simpler, we'd not be soulmates, there's no Avonal thing to worry about, we either get on well or we don't, and once our Healing is finished, then possibly we'll go our separate ways, and if not here in flesh then in spirit. She is all so uncomplicated. And for her there is no time to it, her Healing will finish when it does, it's not worth speculating about, she doesn't enter into any projection into the future based on the past, she is so in the moment. Whereas I am the opposite, always trying to work it out, looking to the future based on what's happened, consumed by all the Avonal soulmate stuff that keeps raining into my mind. And how to reconcile that with her, with her simplicity and not wanting to have anything to do with it because it's not in her to have anything to do with. And will it awaken for her, will mine die off, or do we just accept that we're so different and need to be very different people who'd suit us better.

Just this evening in speaking with her, which so often happens because of her clear sighted practical non-abstract way of seeing things, I got more of an insight into my abstract way I've always been, helping me understand why relationships have always left me feeling bored because I've never met anyone who sees things the way I do. But the bizarre thing is, Marion helps me be more myself, as I do her, even though the more we are ourselves the less we seem to match up, and yet at the same time, we're getting on better and better, even though we're more frustrated with our inability to connect easily. It's all too much, and really I feel like, as I've felt so much, that I'm sick of it all, I long for resolution one way or the other.

And really it gets down to taking care of yourself, and so fuck the C&D (Caligastia and Daligastia soulmate pairs) shit if it comes to us parting ways, and fuck the Avonal stuff and soulmate stuff if that's all just my fantasy. And it all comes back to, when I think of throwing it all out the window, because of how good we're both feeling of late, seeing the changes – the 'transformation' – taking place, that the Healing side of it all is okay. And so Avonal or no Avonal, the Healing is all that matters, because if people do want to use it to help Heal themselves, then now increasingly by the day, I'm feeling better and better about that side of it.

When I think of the Marion I knew ten years ago and how day after day, year after year, she would constantly express one bad feeling after another, that there was no let up, it was relentless, a bottomless well of horrible feelings, and seeing her being torn apart by them and wondering is this right, is this really what we need to go through to 'bring it all out', compared to how she is now, and how a bad feeling will come up for a moment, she expresses it, it's gone and she's back to feeling even better.

It's phenomenal, too much, too incredible, but seeing it right before my eyes, having been through it all every day with her these past twenty years, and now looking at her and listening to her expressing her good feelings, oh my god, it can be done, it is real! And even though I am nowhere near as expressive as she is, still in my own way, and all the bad feelings I've felt and tried to express, so much of my fear and misery is simply not there anymore. The same things happen that used to plunge me deep into it for weeks on end, but no, nothing, I can see the old pattern, remember how it was, even try to make myself feel miserable and scared as I was, but no, it doesn't happen.

So slowly the U-Turn happening to us is amazing, for me the good feelings are now bringing up other bad feelings, and helping me see more about how fucked I am and why, yet nothing like the bad feelings of old. And am I fucking happy about that! I keep holding my breath, I keep expecting to be plunged down deep into another layer, but so far so good and I seem to be coming out of my yuk more each day. And as I was saying to Marion just before, will we now be feeling better and better for twenty years as we work through all the good side of it, I always wanting to know the future, whereas of course she says there's no point to that, it will take as long as it takes and you don't know, can't know what's happening now, let alone what might happen in the next moment.

YUK

We might both be taken deeper still (god forbid), however she's right, we don't know of course, but fuck me I feel like I'm on the roller coaster with all of this, and for a Taurean who just wants to live a stable emotional life feeling safe and secure in his good feelings, the whole thing is just one big freakout, whereas for Marion and her open Piscean nature, she can't get enough of it, the bigger the emotional swings the better. She loves feeling so good and so bad, wants to be immersed in such feelings all day long, and with someone else to share them all with, whereas I'm hanging on for dear life, just wishing the wild ride would be over.

Anyway, I'll send this, what the hell. I feel like I'm just showing off blowing my trumpet as I've said below, but fuck it, it's all helping me, if you don't mind my using you, to work out more of myself. And I hope one day you might be able to use me to work out more of yourself, so I won't feel like it's too one sided.

AVONALNESS MADNESS

Friday, 23 March 2018

Graham Golding: Hi James

[Graham: I am really enjoying learning more and more about your journey and thank you for sharing it with me through John.](#)

James me: Thank you Graham for writing your thoughts and feelings so honestly and not holding back. And if you are holding other stuff back, please let go even more, because I want us to feel open about discussing anything that might come our way. And in particular, anything of a negative nature, I want it all to come out no matter how bad it might be. And I know it's hard, god I can't even do half of what I say I would like others to do, however I want to at least begin by making that clear. And I hope

you don't mind if I send this to John and Sam too, as I want to use those answers to expand further the thoughts and feelings I've been having about it all lately. Please pardon my indulgence in this.

Graham: Should and when you both truly realise (feel / know) your Avonalness it will be an amazing event for humanity. In some respects I am in awe of you and Marion for the status you hold being a descending Paradise pair, but with that is also a funny feeling of "ho-hum" this is very normal.

James: I like the ho-hum. Marion isn't afflicted with the 'avonal disease' that keeps pressing on me and eating away at... at what I don't know – normalcy? And what is being normal anyway, because this for me is normal as much as I struggle and think that it shouldn't be. Part of me feels bad that I'm getting you mixed up in my madness, however I do need other people to be part of it, as that is helping me with it, helping me accept it as I am accepted by yourself and the others, feeling approved of by you, that I'm not a freak, mad or just stupid, all the opposite to how my parents treated me. And if it all fails and I turn out to be a fraud, well at least by our talking about it and hopefully by my not promising anything other than fantasy, you'll all forgive me. And we might be able to laugh at the incredible madness of it all... and if it turns out to be true, well fuck me and fuck us all because who the fuck knows what might happen and what it might all be about!

I want to tell you a bit more about how it all came about for me. It started with the PM and reading TUB. The Padgett Messages introduced me to speaking to Jesus about the truths he'd revealed, and The Urantia Book (TUB) introduced me to the notion of Descending Paradise Sons. I read about the sons, and like possibly other people have, thinking I'm one of these – but which one? And was that my ego and my desperate need to feel empowered? I knew I wasn't Jesus so not the Creator Son, and the Trinity Teacher Sons don't incarnate, so that left the Avonals – was it that easy to delude myself into believing I was one of them, and at that early stage not knowing what they were really? And at the same time as I've mused over such doubts, I've had a running commentary contradicting them saying, yes but that's why TUB was 'earthed' to help you understand more about yourself, and who you really are, because you're so shut off to it all, you've needed a helping hand if only a slight one. So who do I believe – which part of me?

At that time I was longing for the Divine Love sitting in meditation and speaking with my spirit friends for hours at a time each day. And to break it up I'd go for walks around the block, and one day during the morning break, down the back street that was part of my 'route' and again speaking to someone in my mind that I believed was a Melchizedek (again from TUB, and was it again my wishful thinking that it really was such a spirit personality and not just a spirit pretending to be one because I wanted it to be so?) he showed me a picture in my mind in answer to my question, "what's it all really about, what's really going on, and where do I fit in?" I have never been wanting for arrogance, as Marion keeps telling me, so I was all but demanding that this spirit tell me SOMETHING more than I'd been told. Then next thing I see in my mind's-eye this vague picture of a boardroom, with myself looking up at it from the head position in the room, looking at all who I presumed were Melchizedeks sitting around both sides of the table. I couldn't make out the other end opposite where I was, but it was the feeling that I was a mortal and being invited into their hallowed presence so I could see how they conduct something of their affairs. (Now I think it was like a dream, perhaps the Melchizedeks do sit around board room tables...? I'd have to ask them.)

Then next on my lunch time break at the same place on my walk there was the vision of the board room table and yet this time I was sitting at the head of it as one of them – I was a Melchizedek...! and well, why not, and I felt very good about that. I'd felt I was someone special, and perhaps I was like Machiventa who materialised and...

Then on my afternoon walk at the same place there was the big table again and this time I was sitting at the head of it, yet I was not one of them, I was more, I was an Avonal Son and they were all answerable to me, which was about as much as they said or I felt. But again, was this all my own wishful thinking and my Indwelling Spirit or whomever humouring me? However the effect it had on me was to cement it into me that I was indeed an Avonal and... it continues.

So since then I've been working the two conflicting lines of thought and feeling, I am and I aren't – which is it, and I do long for the Day of Resolution, when I can either just get on with it, or ditch it once and for all.

And along the same lines as this which you mention Graham below, concerns Marion. I wasn't to meet her until about two years after those 'visions', and when I did, she just seemed to innately know anything and everything about what was said in the PM and how we are to live, which of course greatly appealed to me. Everyone else – all the other women – I'd had to teach and always felt like I was waiting for them to catch up, but with Marion I was learning from her and have always felt like I'm having to catch up with her. Then after a couple of months, in the car we were talking about soulmates and I heard the voice in my mind as much as I 'knew' that we were soulmates, which meant she was an Avonal too! And at that stage Avonals were only Sons because of TUB, so that threw everything out of balance and I started moving away from TUB even more, and even from Nicholas and the Divine Love group I'd had, then Marion and I started living together and she started telling me about how important feelings were which led into our Healing and I moved away from everyone else, my whole family and any remaining friends I had.

And now after twenty years of working on ourselves and all that's happened and all I've been told and all the rest, we talk almost daily about how we're not together anymore for the reason we first were with only our Healing keeping us together, a working arrangement – not unlike many relationships, just like staying together for the sake of the children or whatever. And the better we now feel about ourselves, as that is happening more every day, the more we wonder what's going to happen to our relationship. We don't give each other what we need on the love side of things, we're giving that more to ourselves now, and will that continue until we do meet someone else? Or will we change so much that by the time our Healing ends we'll be more able to give each other what we really need. I can't tell you how weird it is being in a relationship in which I am mad and thinking about the Avonal thing all the time, and the one person I wish was full-on into it too, is going the other way as fast as she can. And yet it all seems right, it all fits in even more with all I've been told, with what the Healing is all about, with the complete denial of ourselves, individually as Avonals, and together as an Avonal soulpair. But still, am I just an addicted smoker wanting to see it all in that light, whereas Marion doesn't smoke and so is not so affected? Or is it that I am right and she will come round one way or another when her soul-truth awakens as surely it must at some point, thereby enlightening her to what she is really all about and how she is going to express the truth of herself for the rest of her life?

So it's terribly difficult, like you said, is it a blessing or a curse having the so-called 'spiritual powers', I don't know. I love them, wouldn't trade the madness for a second, even though I feel demented most days, but I have to admit I love the stimulation and the hair-pulling frustration; and even yes, secretly that I might actually be an Avonal. And I look at Marion seeing and listening to her daily boredom and frustration, pulling her hair out because she has nothing in her life other than having to try and help me, believing she has nothing to give, nothing to offer anyone, and not wanting to anyway, believing she is nothing, even though she's loving herself so much more every day, and that she's just like everyone else, that the Healing is nothing, it's just what she wants to do, and just like anyone can do if they want to do it... and yet all she is that I see is this incredible person who's so far removed and so far beyond it, and speaking to her about the things she knows is just like speaking to Mary M and even more so

sometimes, that she possibly has no conceivable idea about the amazingness of herself, that all I have written, all I have achieved spiritually and on the personal growth side is all because of her, as I'd not have pushed ahead with the feelings side of things, I'd still be back there trying to expand upon the PM (Padgett Messages) like my brother is. That she is so way 'up there' so far ahead, and she wonders why she doesn't have any friends and can't really connect with anyone. Who is mad?

So all she is to me, screams, well if you're not an Avonal, what the fuck are you, as surely you're not just a normal person; and it just flows out of her, any subject we talk about, if it's to do with feelings, how people relate, us personally with each other, anyone, it just flows out of her. She reads autobiographies and biographies and sheds so much insight on the person, none of which the person themselves or the biographer points out, even saying where the biographer is wrong and misunderstands, and so much so that you could write another whole book on her from what she says, and she thinks she is a no one and doesn't understand or see anything more than what most people do? Who's mad?

So I laugh at her whilst pointing these things out, and she swipes them aside saying I'm deluded and don't know what I'm talking about, and then I talk about the Avonal stuff and it's the same thing. So all I do know is we're having a very unusual relationship to say the least, that much I can accept finally, and I do feel bad at times that I am involving other people in it, however like John says, if it is all real then other people will want to know, so it should all be documented, which is why I try and write about it as much as I can, whereas of course Marion is happy to die without a peep said or known about her. She just tolerates my telling other people about her, and I don't like to, but still, how am I to keep quiet about it all when I'm the one wanting to reveal and pass on all she says? Do I say in my writings that I get it all from spirits? Or I have a mysterious friend that helps me with my Healing but who wishes to remain anonymous? It's all so hard.

And really if it weren't for Sam showing that she can do her Healing as Marion says is right, and all by herself, she being the only thing showing and helping me to believe that it is right and it can help and it is the right way to go about it, I don't know what I'd think. I can see the benefits in Marion's and my lives, yet we're mental, so someone sane like Sam, well that proves it's all right... although I'm sure Sam is not quite right either to be subjecting herself to such pain and torment for so long... so I guess I'm talking in relativities.

So it's like we're on the magical mystery tour, and my Avonal conviction is getting stronger, as Marion is getting more adamant that we're not. And I've even thought of well what if I am to go it alone... and yes, as you say Graham, what if Marion and I get ourselves to or even just past the finishing post, to them self-destruct and our relationship falls apart – will C&D (Caligastia and Daligastia) have the last laugh?

So my head is being pounded about it all day after day, and as much as I'd love to dump it, what if I did, can I accept that I've just made it all up? Can I retire into being 'just an ascending mortal' and not someone as grand and great and special as an Avonal? And if I am just a normal bloke, what's all this Avonal madness about anyway – why do I have to go through it all as part of my believing I am someone special? And will other people with the same need to feel so special believe they are Avonals; am I just the first in a long line of Avonal wannabes just like all the Jesus wannabes?

And I wonder: well why Marion and I anyway – why us doing our Healing, what is that all about? Out of all the people on Earth past and present and we are the **first** two doing it? Is that so, is it possible? And even if we're not Avonals and just regular people like Marion says, well how come we're having this irregular life sitting on our bums opposite each other on our couches for twenty years trying to bring up all our repressed bad feelings? How mad can you be, I want a fucking life – why

didn't I get a normal regular life if I'm as she says I am? She's full of shit, the fucking Great One as I jokingly call her at times, who knows all about EVERYTHING when it comes to feelings, expressing them and why relationships are fucked, knows fuck all about Avonal things.

Anyway, I love having you guys and Sam involved in the madness, and if for nothing other than you giving me another chance to write all this shit blowing my trumpet about how amazing I am because it just keeps flowing out of me on my side as it does for Marion on her side. I was all but happy to retire and just work on editing my books and waiting, not doing anything more, then John rang. Then it was blast off all over again, writing, writing, more books, more insights, more, more, more... and more, lots more, and... The Avonals!

So I can thank John for taking me deeper into it, even for just accepting me when I first told him of my belief and suspicions that I/we – might be an Avonal pair. He just accepted it, no big deal, when the few people before I'd broached the topic with dropped me like a hot fruit cake.

So the fact that you people who are so well versed in contemporary and religious goings on, do accept my work as something that you're willing to follow through to the end, is more than I ever wanted. I had thought I'd just finish my Healing with or without Marion, and if I felt I was still an Avonal, stand up and say I'm an Avonal, and everyone would say – a what? And that would be that. Then I'd be back to the drawing board wondering why the Mother and Father or ET and ID (Eternal Son of Truth and Infinite Daughter of Mind) hadn't activated my 'spiritual drawing power' having to wonder whether I should give up and shut up before I make too big a fool of myself.

But what I do feel very pleased about is that I do feel like I'm on the home straight. As to how long that might be I have no idea, and I hope I'm not going to trip over myself like it used to be running those ghastly 400m, with the last 20m of desperation. But things seem to be ramping up within me – one of those delightful American words, and shit I do love these feelings, and are they a welcome relief from all the deadening ones that I've felt slaughtering me these past years! And I still can't come to terms with the massive changes taking place in both our lives. It all seems so ho-hum, just natural, just this is the next feeling, live it, and onto the next, just how Marion lives it.

Graham: Over the last 6 months I have started to get a good picture of the error we are all living, and how fantastic it will be to be at the start of the era when the Great U-Turn commences. I really hope you are both the Avonal pair.

And along with that hope comes a healthy blend of ego, excitement, fear and despair.

My ego is boosted by the thought I am amongst the first group of people who will know of your Avonality. I feel a little bit of smug power I have no right to feel. But it comes more from the



He's right.

**NUTTY
AS A
FRUIT
CAKE!**

knowing that it will be the real start of sticking it to the authorities. Being able to say with confidence, you're all wrong. You power hungry, power wielding mongrels who are making lives shit for billions. And I see that I am also feeling that towards my parents as I see the power they have been wielding upon me to conform as they want. (Shit, it was only just today my 91 year old father said how happy he was that my business is finally going well and that I have a child who is pregnant. Thank heavens I am finally conforming to normalcy. Ha ha)

James: Nearly every morning now I wake up so flaming angry wishing what you hope happens Graham. I want to blast them all, blast all the users and abusers, blast mum and dad for all they did to me, blast everyone who pisses me off and doesn't do it or want it or see it my way (nice loving Avonal – eh!). All my nice repressed anger finally starting to have its say and assert itself. And I wonder: will I as the Avonal want to wield such power were such power for me to wield? Would I want to get stuck right in and sort it out, be the Ultimate Parent and tell the bad ones to stop it, and even better still – make them stop? And what if God gave me such power, do I be like Jesus in TUB and say, thanks God but no thanks, I don't want such power, I give it all back to you, You do it, I want to do it your way? Or do I say, yay, it's all mine, I'm now the top-dog and fuck you all! And is it that I am not like Jesus, that the Avonal is about taking things in hand and sorting them out, or at least laying down the law to ensure things are eventually sorted out, literally wrestling control away from the Hidden Controllers? Or is that all that's happening by our doing our Healing, all being taken care of on unseen levels like Nanna Beth talks about. So all Marion and I have to do is finish our Healing and then it's done, we can leave knowing that we've fucked the Rebellion and Default because of defeating it through our Healing, so there's nothing else we need do, it's just a matter of time and humanity, with the Celestial's help, will sort it out. Are we, if we are the Avonals, to come here without hardly a peep, doing our Healing, a handful of people can say, yep, we sort of knew them, never met them face-to-face but talked a bit over the phone and slogged through reading all the stuff he sent us, and that's all that's needed? And Pascas somehow comes fully into being yet without the need for us being present? Or nothing comes into being but somehow the truths get through and people discover them themselves in a couple of hundred year's time and start doing this thing they call Their Healing?

So I can relate to you wanting to have the power Graham and get your power back, that which you feel was taken from you, even if vicariously through the Avonals or someone like them.

Graham: My ego is also supported by a potential to "be right". That everyone else is wrong. I have to work through that one as it has been a life pattern for me to "be right". Got me in a pickle a few times.

The excitement comes from the fact I will be starting a whole new phase of my journey and personality. I feel I will somehow be able to commit more seriously to my feeling healing and ascension. I am not particularly goal oriented, however, the chance to live Heaven on Earth is one not to be missed. Plus, the ability to be of service to the movement, and to humanity by being a part of a team that will bring a whole new education to the fore will be tremendous.

My fear is based around not knowing how much things will change. I have tried for over 10 years to visualise a society having been through the U-turn. I seem to have known that all controlling systems will fail for a long time. The financial system seems doomed, capitalism is a crock, land ownership will disintegrate and governing groups will not be required. It seems too fantastic for words, however getting to that point will be tumultuous.

The despair comes from “What if they aren't Avonals?” Will I have to re-think my beliefs? Is the whole feeling healing bullshit? I have been pinning my hopes on this so what if it just doesn't happen? The other side to that is, however, that I feel I KNOW that the feeling healing is the true path to

ascension. So if James / Marion are not an Avonal Pair, then the real ones will soon stand up and we will carry on regardless, although potentially in a different capacity.

So that's some of my feelings about me, but I have some about you and Marion from your writings. I hope you don't mind me penning them.

James: It's a funny thing but I've tried to think that we're not Avonals and that there might be another pair who are, yet I can't see it. As far as I'm concerned, we're either it or we aren't, and if we're not, then it's all just a figment of my imagination, and possibly TUB is right, that Jesus' Spirit of Truth is enough, and humanity will work it out in the end. And that there is no other Avonal pair, might only be my ego not wanting to feel hurt that I'm glossed over, that I wrote all this stuff but it's someone else who ends up with all the credit... and do I want credit for it... do I want to be heralded as the Great One? It's all too much. Part of me would love to accept it all, taking it in my stride because it all feels so right, and thereby making it ho-hum and just let's all get on with it, it's no big deal... then the other part of me wants to scream it from the roof tops, wake up everyone, don't you get it, it's the biggest thing since Mary and Jesus, it's on again, wake up!



Graham: Firstly, I think it is fantastic that, at least from my viewpoint, Marion is going through her whole truth ascension without any real apparent "spiritual skills". In that I mean, someone with clairvoyancy or mediumship is often said to be "spiritual". Marion, regardless of Avonal status, is about to achieve the peak spiritual ascension to have been reached on Earth without apparently accessing those skills. This is absolutely fantastic for mugs like me with no obvious "spiritual" skills. It really demonstrates the path to ascension is for everybody. It will be a strength for the cause.

By contrast, watching you reach the same level of ascension with very advanced "spiritual skills", yet struggling with the process, also opens the pathway for all with "spiritual" skills, to look past what they think they know to find the truth.

James: Yes I agree, watching her refuse and deny it has infuriated me – why not use it when she's better at it than I am, yet it's all been part of her self-loathing and not trying to elevate herself above her 'means'. However as you point out Graham, it can be done should one choose to solely focus on oneself, on one's feelings, which she is proving can be done. I couldn't do it, and my so-called spiritual skills don't do anything to help me focus on my feelings, and if anything, they've distracted me by keeping me more stitched up in my mind. They have helped me expand upon my understanding of what Marion says, tying it all into what Mary M and Jesus say, I've used it to link them up with her and the PM and TUB, the Celestials, angels and nature spirits and even Melchizedeks to a slight degree, trying to put the whole package together as I've seen it, yet none of that has actually helped me do the hard work: forcing me to express my feelings, forcing me to focus on why I said what I did, why I did that, what was I feeling in that situation, how do I feel about that, what's really going on in me NOW, like Marion has. So the beauty of the Healing is that it's just about looking to our feelings for the truth they will show us.

Graham: On the other topic which you have covered, and more personal to you and Marion, I really have no right to comment at all. And that is how you will share your lives when your feeling healing is complete.

It seems strangely right, and truly borne of the rebellion, that the rebellion and default will be broken by an Avonal pair – a soul pair – potentially suffering from the effects of the Default. I don't wish on anyone the ending of a relationship, but it almost seems it would be the final hurrah of C & D if the Avonal Soul Pair who broke their reign, struggled in demonstrating pure love. (And as I write that, I get the overwhelming feeling it won't happen.)

James: I hope you're right.

Graham: So I thank you for allowing me to be in your small group of followers right now. I thank you for conveying the message from Nanna Beth. There is so much to be excited about over the next few months and years.

Graham Golding

James: So thank you for all bearing with me. I feel like I've indulged myself showing off, it's all about me, and so what about you? I so hope we can all be together soon and get to know each other and see what happens and how it all goes. I would love to stop having to write about it all.

CRYPTO CURRENCIES And:

Graham: Hi James

I read a news article this afternoon that there are child pornography images, texts, etc, in-bedded in the Bitcoin block chains.

Now I don't know what a block chain is, or how these sorts of images can be linked to the "new money". But the implication seems to be that Bitcoin assets are pretty damned corrupted and are at risk of being frozen.

The new money could collapse faster than the old. Is it possible to have any light shed on this?

Just expanding a little on why my interest. Other than the normal greed, for many the crypto currencies are what will bring down the control and manipulation of the hidden controllers.

Crypto currencies are apparently incorruptible.

Yet it seems they may be embedded with all the filth of the real currencies.

GG

James: Nanna Beth, would you like to answer Graham?

Nanna Beth: Everything that's on the Internet is corruptible Graham. As for it being the 'saviour of the financial system' bringing accountability to it, unless it is corruptible, how things stand now, it won't be accepted. If it can be worked for wealth enhancement by the powers that be, then it will be used, all so long as there is still electricity to keep the whole show on the road. If you want to speculate during its inception, well that's up to you, and as James has been chiding me of late about my 30,000 Dow prediction when the markets are going down, well I don't think you'd want to listen to anything I have to say. Speculation wasn't my forte and I don't intend embarking upon it now. If the blockchain is

brought in as a viable alternative, then of course you'll use it as will everyone, suffering the unforeseen consequences of yet another product developed within the Rebellion and Default. I'm afraid people will only start setting themselves free of corruptible monetary systems when they have done sufficient of their Healing and band together to live and share and 'trade' based on the honesty and integrity of the truth they are living. It will be the Truth within their hearts that they want to live, with their feelings keeping them true to that truth, which will determine whether they want to remain honest in such dealings. I can speak for James concerning the notion of stealing – when is it appropriate to steal and when it is not, and what technically denotes theft? Can taking a couple of plants without telling anyone be considered a punishable theft, or should one be scrupulously honest at all times? And those are the sorts of natural life situations one has to work through, going this way and that with your feelings as you heal out of you all that is wrong and out of balance. And that's how it's going to be for humanity, long and slow, yet it will be the only way people will come to be living truly honestly, that being when a Celestial truth is fully lived, because up until then, whilst one is still doing their Healing and so is still part of the Rebellion and Default, one is dishonest, untrue and so a liar and thief, even if one never rips off another person or steals anything in his life. It's just levels we all have to live our way through, deciding on each level how we'll live our current truth.

The crypto-currencies will continue to be used and explored as they work to sure-up their security, however as much as one lot believes they are safe and secure, another lot can hack it, so it's the same as it ever was. And if the crypto itself is solid, there will be other ways found to corrupt the system it's used within, or the trading house, or corporation, or government or whatever... there are always ways particularly as the Internet is a man-made creation.

It will eventually be about getting rid of all the man-made creations and just dealing naturally in harmony with nature as people express all they feel and grow in the truth of those feelings. That is the long term plan. So now with humanity living in the most man-made systems ever, so it's going to be one long breaking down.

Things, as I've said, myself being the eternal optimist, are looking up, better by the day. Change is in the air, the hard slog is coming to an end. The Angels will soon be able to start making the presence of their light felt more strongly. And John you will not feel it has all been in vain, no, the machinery will come to a standstill yet only momentarily, just enough to stop so it can start up in another direction. I can't say anymore right now. I'll be in touch – love, Nanna Beth.

HEALING PROPERTIES of SUBSTANCES

Sunday, 25 March 2018

Verna and Nanna Beth Talk to Graeme

Graeme Bates: Good morning James

I very much enjoyed your conversation with GG that John forwarded this morning. There is a closeness that our little group is developing and I'm looking forward to the day when we can sit down together, perhaps at John's place, and chill with some cheese, crackers (and in my case a pleasurable cup of tea).

If my sense of the quickening is accurate, then that will be soon.

I've been a huge lover of nature, from a very young age, and about ten years ago my former partner, Christiana, invited me to join her in making a range of 88 Flower Essences under the name: One Garden Divine Flower and Nature Essences. She led the venture as she was able to intuit the "healing" properties of the various flowers and under her guidance (and perhaps her Guides) we made the range of One Garden Essences.

Initially we thought they had "physical" healing properties (like the Dr Bach flower essences) but subsequently we were told that they were vibrational healing tools and assisted in "opening" our emotions so we could more easily process the suppressed childhood feelings locked in our soul.

I still do not fully understand how they work and was wondering if this is a topic that you could ask Nanna Beth.

Till next time we chat, sending my love. Graeme

Verna (a nature spirit): Good day to you Graeme, my friend. It's about time I was 'allowed' to speak again, so if you don't mind, I am going to make the most of it. Now first of all, your love of nature – anyone's true love of nature, and not saying they love nature whilst still doing bad things to it – will assist you in embracing your feelings with the intention of looking to them for the truth they contain, just as will working with the 'essences of nature', that which you captured in the flower essences. Do you know, any part of nature, from a bland old mineral or rock to a newly emerging flower can have its essence 'captured', there are ways, many already known, as to how to go about that, and others as yet, unknown.

When you eat food, drink water, smell nature's fragrances, you're doing the same thing – imbibing the essence of that specific part of nature. And if you could only see the true vibration, the spirit component to these physical parts of nature (including yourself), then you'd be able to see how indeed they do subtly affect you, and on all levels, from the deepest will to the gross physical and all in between. So if one's approach is to use one's feelings to further deny oneself, to move deeper into one's rebellion and default, then flower essences and essences of anything else, all of nature, can be used to help you do that, that which humanity has been doing for these past 200,000 years.

And consequently, should one wish to go the other way, looking to their feelings to heal themselves of their wrongness, then all such things can be used to help you with your Healing. And so how do they help – how do the flower essences specially help you? And the answer to that is a little more complicated, however I will try and apply my mind to reveal to you a little more about our hidden world.

So, let us begin at the true source: your soul. As you understand, your soul drives everything that you are – you being the personality focus of your soul currently in the physical. However you are also your

soul as much as you are your personality, the two can't and aren't separate. Right, so you get that part, so your soul is bringing – expressing you in Creation; okay, so whatever your soul wants your soul creates. So let's say your soul requires the help of a flower essence to subtly affect some part of your unseen auric system, by adding its vibration to your existing vibration, all of which will bring about an effect desired by the soul. That being, one that will help you become more evil or less, as I said above.

Okay, that's simple enough. So, let's say it's important, so far as your soul is concerned, it being the next part in your life – soul growth, and assuming you are wanting to Heal yourself using your feelings – for you to bring up some more repressed anger that is contained within it from your early childhood – let's say; just a really pissed off feeling you felt at your father when he was treating you badly, in this case, nothing specific, just all the indignation and fucked off feelings and a being really angry with him feeling, which you felt yet weren't allowed to express at the time.

And because you are 'into' flower essences, your soul leading you that way, so your soul will use all that's in your life currently, it having made it that way, to help you liberate this anger.

Now you take the drops of a certain flower essence you are 'drawn to', and when taking them it's far better to take them using your feelings, so you take that one because you feel drawn to it and you take that many drops because you feel like taking that many drops, trying to avoid all this take ten drops at three hourly interval stuff, that's all too mind controlling. So like everything ideally in your life, you allow your feelings to guide you when you can, so you take only one drop and your feelings say that's enough. You put the dropper back in screwing the lid on and then suddenly you feel like another drop, and when you're dropping that drop on your tongue, you feel like another drop... then another... then you wait, no more, that's enough. And then a half hour later, I think I'll take another drop, no five drops, and so go.

And if the flower essence is made the right way, you can't damage yourself with them, so you use a base that is neutral for your body and one which itself won't affect you – natural pure spring or rain water being the best.

And as to how long does an essence such as this remain 'potent', well that too is a feeling thing, it remains potent for as long as you feel it is. So you see, you can't be too finicky with your feelings, because for some people it might be a very complex operation, something they are refining to perfection through their feelings, for other people, slap dash, don't really care, take a few squirts, she'll be right, all of which is right for them. However both ways might change as one works deeper into the truth of one's feelings.

Now, the soul sort of issues instructions all the time via light coming out from it into life – Creation. And we and your angels, along with your Indwelling Spirit, can see this light. The angels are far more advanced in this than we mere nature spirits are, however what we're limited to is compensated for by your angels being able to tell us what we need to do, and they tell us in a flash of light, you'd not be able to see it, none of this laborious having to speak works. And it's even faster than your mind circuits work, your telepathy is as laborious as your word-speaking so far as we're concerned, for our 'mind-talk' is so fast you'd not even perceive it happening, and yet it's still laborious compared to how fast your soul is at expressing all the light within your aura that it needs to express.

So we are all attuned to your soul, what it wants done in your aura, which includes your physical. And mostly so far as your physical is concerned, we alter under your soul's instructions, things in your aura, your subtle system, which then affects your physical – short or long term. Understand that in certain circumstances, we – being your angels – can directly affect your physical, but mostly it's all done from

the deepest will level out through all your subtle systems and spirit body.

So, back to your leg and the anger that's going to come up through it. You're sitting on the couch having a moment of reflection, things are going through your mind that you're half aware of, you suddenly feel like having a swig of a certain flower essences, perhaps one drop or many. And you don't feel anything further. Then you talk on the phone about something, you get up and have a drink of something from the fridge as you feel a bit thirsty, and then you sit back down and start feeling edgy, uncomfortable and out of sorts enough to draw your attention to the bad feeling. And then by focusing on it you realise you feel irritable, and then angry, and the pressure within you builds to the point where you want to speak out the anger you feel. So let's say you're by yourself, so you open your mouth and start to growl angrily, and submit to the feelings trying to just let yourself feel as angry as you feel, growling and feeling angrier and angrier, and you long for the truth of your anger, and then pictures come into your mind about how fucked off you feel with your father, and then you realise your left leg is full of anger that seems to be coming up from the sole of your foot, up the leg, right up and out of your head as you growl it out. So what's been going on?

Your soul wants this anger out of you, it's the next phase of anger expression you are to experience, it helping to relieve you of more repressed anger and at the same time helping you see more truth about why you are feeling so angry. And so your soul has initiated light into your aura on all levels making this experience happen. And you being mostly oblivious to this, just carry on doing what you do, and then your angels take their instructions and 'energise' the levels of your aura to make the anger 'physically' work its way up through your system. The angels make 'light adjustments' – adjustments using spirit light – in your system to allow this anger to make its way out of you by you feeling it coming up through your leg. The repressed anger, as light contained in your soul, moves through your will levels, then your will activates it to move up your leg with your angels helping to adjust your system where needed. And your system needs continual adjustments, your soul does it all with light, but your angels do all the hands on stuff as determined by your soul. So your angels are always tinkering within your aura.



Sometimes they can do one adjustment with a lot of light and that will set you up for a day, week, month or even years of what you will need, this happening when you're more settled into your wrongness and it's all pretty obvious where your life is going on the subtle levels, so your angels don't have that much to do other than just keep monitoring your soul in case other instructions are forthcoming. But if you're actively doing your Healing, well your angels don't get a moments peace – which they love, by the way, angels want to always be active, the more active the better, they find it very trying when you are stable and going against yourself, but when your are wanting to work with your feelings and grow in the truth they'll help you reveal to yourself, well they are in heaven, it's what they've been made to do so far as helping you goes and they can't get enough of it.

So your angels are adding and subtracting light from your auric systems as fast as your soul is shining more light into it. And along the way, all you are doing is, used, it's all part of it, so if you use a flower essence, it will be used, it will stimulate a certain vibratory reaction on varying levels within your unseen system, with your angels incorporating it, using it, adjusting it – modifying it, possibly toning it down or amplifying it, and so it goes with all your food, all you do, see, sense, all you are, all the time

being a symphony of light, constantly in change, even though you might feel at peace resting on the couch one moment, then suddenly, seemingly out of nowhere and for no reason, anger is coming up your leg and you're feeling so fucking pissed off that you can't believe how angry you do feel.

So as you can see, it's all very complex, you don't have, and can't have, any idea just how much is going on within you all the time, all so you will feel what you need to feel, so those feelings will lead you to the truth you are to see and then live. And with your mind playing along doing its bit, to help stimulate, change or deny feelings in keeping with the beliefs and behaviours you established through your forming years.

So you might ask: well are things like flower essences actually necessary? And simply, they are if you want them to be part of your life, they aren't if you don't. Which is how all your life is. With some people being drawn to such things, and possibly only for a season, others with no feeling of interest and a few wanting to dedicate their life's work to it. And as you understand, **whatever your involvement with anything in life, it's going to be vastly different should you want to live true to your feelings, than living by being untrue to them.** And by living true, as you are going to be changing a lot, so you will change a lot in your relationship with all that you do in your life. And so it will be the same should you want to work specifically with the flower essences.

In time there will be people who are doing their Healing and who'll be more in tune with us nature spirits, working directly with the essences of nature, understanding that it's all a vibrational thing and something that can be used as an adjunct to your Healing or just as part of your Healing life. The essences are not meant to be medicines as such, however they can work powerfully in conjunction with what your angels are doing within you. And to always bear in mind, that **it's your angels that will be working the wonders within you, not anything else**, with the other things like flower essences being something the angels work with, because it's all part of your current life experience as determined by your soul.

And in time, people will just intuitively feel, or even by speaking directly with us nature spirits, how to grow plants lovingly and truly based on the truth they are revealing through their Healing, all so as to maximise the benefits the plants offer you, either through direct ingestion, or like using the flower essences or other ways still to be discovered. Your relationship with nature is about five percent of what it could be. Even those people working with spirits and nature spirits are doing so on the mind levels or the lower Mansion World and Earth plane levels, so you've got a long way to go, all the Mansion World levels then into the Celestial levels to increase your relationship with nature. And like as with everything, some people will be more drawn to one specific area or another, some generally taking bits of it all, others not interested much in nature preferring to get on with being fully interested in themselves – their own feelings. But overall, everyone contributes to society by expressing their truth, and as the truth increases within people, so does the overall level of society, so society grows in truth reflective of all who comprise it.

So to summarise, such things need to be looked at in a truly wholistic level (or you could say, a 'soulistic level') so that they can be used in conjunction with your Healing. You can in theory, look ONLY to your feelings for the truth they are to show you, not needing any other healing help. And there will be people more wanting to live this way, however because you need life to stimulate your feelings, so you will be drawn to certain things, some to do with nature, others to do with people and others with everything else, all to help stimulate that which you'll need to give rise to the feelings your soul wants you to express.

Graeme, you might find the flower essences are helping you enjoy and love and expand your

relationship with nature more, which gives rise to feelings that help you expand your relationship with yourself. You might use the essences to help stimulate your emotions and feelings as you want to live that way, and so they will be used to help you in that capacity. And you can express your feelings, longing for the truth of them, telling your Mother and Father what you want – whatever you feel, with the flower essences helping you on the subtle levels.

I hope I've not confused you too much. Please ask me about anything if you don't understand. I have wanted to try and give you a bigger picture so you can draw from it the essence of what you need from it. It's all there, contained in each feeling, because each feeling expresses more truth – the truth of why you're feeling it, that which is what you are to find and then live.

Love Verna.

Nanna Beth – 3rd Celestial Heaven: What Verna is wanting to help you understand is that there's so much going on within you on all levels, that trying to use your mind to work it all out in the hope that it will help you, is all but futile, as you never will, not until you at least attain Paradise, and even then that's only one phase.

Too many people, Graeme, approach everything through the mind, wanting to dissect it in the misguided belief that it will help them. When what helps you is trying to **stay true to your feelings, expressing them whilst longing for their truth**. And we keep stressing this to keep bringing you back to the simplicity of it, and it's something the mind can't really deal with, it having been programmed to be the controller and master of understanding. But to keep looking only to your feelings is all that's needed without needing to go into the mind side of things unless it's where your feelings lead you to.

James uses his mind for this work, but that's about it, the rest he's trying to look more to his feelings, easing the control of his mind. And **feelings, once you start allowing them to have their say, are far more interesting than anything the mind might be**. You can use your imagination to fantasise about all sorts of things, and some people consume their whole life with such indulgence, however **when you start living more closely to your feelings, your feelings might not be so varied, however when and how you feel them, and what they lead you into seeing about yourself and life, will be far more fascinating than anything your mind could conjure up**.

There is never going to be a remedy that people can take that will heal themselves on any level. **The remedy is the truth we're revealing to you about your feelings. All the rest is simply an add-on**, something as Verna said to help stimulate experiences in life, all so you can feel more feelings. So it's not to say no to doing or being interested in certain things with the mind, but rather to keep wanting to feel and become aware of the feelings that are happening along the way. You can use your mind to block out your feelings, however your feelings are still always there, so it's to try and keep them up within you and not blocked out whilst you apply your mind, is one way of trying to stay more attuned to them.

Love Nanna Beth.

In 2012 James spoke to Verna:

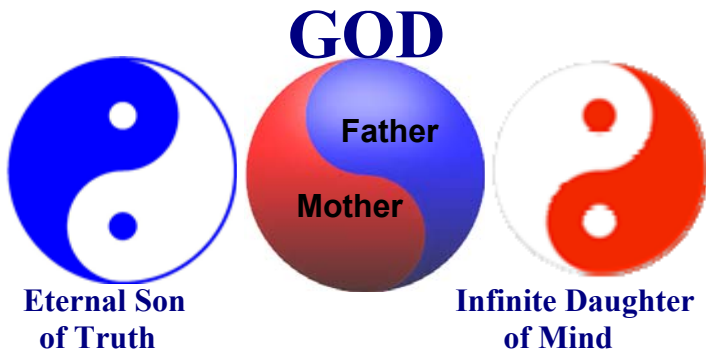
James: So the creatures are really the first step of natural love ascension: the creatures, nature spirits, lower angels, higher angels and so on – do you call it an ascension?

Verna: Yes, but one of Light, not one of Truth as it is for you. One of Light, or Mind, the two often

being used to denote the same thing. We are all concerned about the working of things, and that they work perfectly, whereas you're all concerned with the truth of things, what it all means to you, how you feel about it, and then through and with your truth, you just live. Humanity's preoccupation about trying to work out how it all works so it can control it, is all because of your being stuck too heavily in the mind side of things. If you were more true to your feelings, you'd not need to work out everything with your mind, happy to grow in truth and then allow whatever comes to you through your mind to come in accordance and directly in relation to your feelings. Your mind grows as you advance and grow in truth, but that doesn't mean you'll necessarily want to remain focused on trying to understand how everything works in minute detail.

Take yourself, James, for example, your parents told you understanding certain things was important, and your schooling took over from them, but most of that you've put in the bin it not being of any interest to you. And it's not for you, you weren't meant to learn or even be exposed to all that stuff so far as what your soul really needed. What it needed to help you grow in truth was denied you, with all the other rubbish stuffed into your mind as if it were the important thing in life. Look at your trading, the woman you just saw said you must have to work out a lot of maths to do it, when the beauty of it for you is, that you don't have to do any maths, it all being done for you by the system you use to trade. So it's very easy for you, and were it requiring more mathematical understanding, then you'd not be able to do it as that doesn't appeal to you, it would be too difficult and you certainly don't want to try and apply your mind to such meaningless tasks at this point in your growth. And yet you are quite happy to learn what I tell you about, as this does interest you, it being the sort of things you should have been exposed to and using your mind with, right from the beginning of your life.

James: If only. But hey, maybe if I were more mathematical – I can't even spell it, I would be better at the trading!



CREATION of SOUL and SPIRIT:

God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one’s feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.



The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves enabling the union with our soulmate, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.

Feeling Pathway

Mind Pathway



Soulmate Pair

Angel



Spirit Person

Nature Spirit

The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.



A nature spirit is an angel in waiting.

Tuesday, 27 March 2018
 Nanna Beth and John via James
 John: Hi Nanna Beth

The closing out of direct communications from the mind spirit Mansion Worlds began being effective on 22 March 2017, and the quickening of the Law of Compensation started to incrementally increase from 22 May 2017. These subtle changes have compounding effects upon those of us within the physical. Our unseen guidance in wrongness is now left to our individual wayward, chaotic and controlling minds.

James Packer who's focus in commerce is the generation of profits from casinos. Thus his industry is one of exploiting those with addictions to gambling. He facilitates the opportunity for those who live to gamble within the most luxurious venues. Last week James Packer stepped back from administrative roles citing his ongoing battle with depression. The media picked up on his oppressive childhood upbringing as the reason for his depression. Will the public become aware of the contribution to his and other's depression being greatly amplified by their direct involvement within industries that are causing great harm to a large number of people?



In fact, is James Packer now physically suffering the consequences of his involvement within the gambling industry?

Nanna Beth – 3rd Celestial Heaven: It doesn't actually work that way John. James Packer is suffering because of his upbringing. He isn't actually doing anything to directly harm anyone by providing them with a service they want. He is not to be made to take responsibility for other people's addictions. However, should he be engaged, like anyone, in doing something to directly harm another, or to control them in some way that is against their will and so detrimental to their wellbeing, then he would have to account for that. In choosing something like gambling John, it's funny but although considered a vice and something that should be warded against, still it is really just providing a service that provides people with a means to entertain themselves, they are not being forced to gamble against their own will. It's like pornography and prostitution, it of itself is not bad, it's the intentions people use it for, and if that involves hurting someone against their will, then that is what needs to be compensated for, that applying in every aspect of life. And even though they are at the mercy of their addiction, so is everyone at the mercy of being addicted to their wrongness. So one might provide the means for others to gamble, just as one might provide the means for one to watch a movie, all to entertain oneself, for that is all it is, and if one happens to make a profit out of them, all so much more the fun, and all so long as one doesn't do any controlling stuff binding people in debt to some sort of slavery and so on, then one is not really doing anything wrong in that sense. And should someone like James Packer look to his feelings to deal with his depression and grow in truth, then more than likely he'll feel that it is wrong for him to conduct such business and that possibly he'd like to help people in other ways, so rather than providing them with a means to lose their money, provide them with a means to make it. You don't know, however James is probably not the right person for you to try and see what I said about the Law of Compensation affecting such 'evil-doing' people.

What I said that you have documented above concerning the dates and what happened is correct, and as you said slowly such light is being brought to bear on humanity. And it will be slow to begin with, more providing a bottom line that can no longer be crossed for as I said, the Rebellion and Default are no longer allowed to push further into their wrongness. They can't because the high spirit perpetrators are no longer driving it, and humanity is not able to drive itself deeper into such spiritual wrongness. And now because the spiritual light has turned the other way, to help humanity end its rebellion and default, then it will slowly start heading in that direction. Humanities are wholly dependent on the influence of the descending Daughters and Sons, so if the local Daughters and Sons, such as the Lucifers, Satans and Caligastia and Daligastia, rebel, then humanity will follow their lead, they have no choice in it, and consequently should that end and the Avonals show the way out of rebellion, then it will go that way following them.

John: The Australian cricket team is seen as the pinnacle of sportsmanship, yet the five making up the leadership group, including the prestigious captain, have clearly conspired to cheat. And in cheating they induced a 'junior' player (making six involved) to carry out their directives in cheating. Next time, I say, be more open about it, use fluorescent coloured tape and enable the cameras to adequately broadcast this to all the cricketing kids around the world so they can emulate the leadership and do the same thing! Seriously, this is an amazing demonstration of brain / mind seizure! This is a demonstration of half or more of the elite team embracing cheating as being the way of playing the game of cricket. It suggests that cheating is a standard and acceptable practice within the conduct of the game and that it has gone on for years without being revealed, is this so?



Is this a demonstration of how the wrongness of all parts of our living and life is to become blatantly clear to all?

Nanna Beth: Yes, it's going to be increasingly more difficult to hide such things. People will of course still try to do it because of how they were parented, however once the real pressure starts being applied that will happen with the dawning of the New Spiritual Age, then such things will come to light quicker. This making it harder to do such things knowing the consequences of such actions might have to be suffered sooner rather than later. There is going to be a tightening of the 'noose' so to speak in the lead up to the New Age, but then with the New Age a jump into the next level. However that jump will also take time to manifest, and really John, it's nothing for you to concern yourself with as you won't be around by then.

John: Facebook is a demonstration of a secure system being blatantly used by many to 'mine' private information. The mammoth Facebook is presently being decimated by its lack of ability to control personal information presented to its system by users. Many, many millions of files are compromised. Is this a humbling of humanity and Facebook so much so that the mammoth becomes a minnow and users go to more limited and private systems?

Nanna Beth: It's what is going to happen increasingly as in those who are involved with the Deep State and behind them the hidden controllers, are going to be shown up for such involvement and suffer accordingly. Mark Zuckerberg doesn't care about his users, willingly giving way to unsavoury influences who want to try and control the masses through such social media platforms. But what's going to happen is other platforms who do want the best and more privacy and do care about their users will take its place, with less and less control being able to be gained by those behind the scenes. The masses are slowly waking up to the fact that they are being used in such ways and will start demanding compensation, and if they can't get paid for their data being taken, then will move onto trying to protect themselves. However those undesirable elements will keep trying to control through other means, but steadily all such control will keep coming to light.

John: [What is behind the crushing of Facebook?](#)



Find us on
Facebook

The exposure of Facebook is being driven by the natural forces resulting from people wanting to look at what's going on behind the scenes and saying no to being used. It's not any specific group targeting Facebook, yet more a result of the way things are going. The whole psychology of humanity is changing, and with everyone so linked and able to gain access to how controlling the governments are and how controlled people have been, so a deep awaking and anger is developing, people feeling personally affronted, they want to be able to share whatever they like and for it to be kept private, it's their copyright if you like, and yet it's being violated and that is angering a lot of people. Other people don't care, understanding all they do is now tracked and it's just part of life and try and limit the impact and invasiveness, but deep down the 'sleeper is awakening' and they are going to start demanding action. So if you, John, can come with a desirable alternative, ways people can share all they want through the Internet and with their privacy being maintained, then you'll find masses of people moving your way.

John: [My own laptop / computer typically has around 600 other parties tracking what I do. I clean them off about every two weeks and back comes another 600. It would be wonderful if 600 people made real contact to understand what we can provide them with, instead of 600 trying to rip money off us by selling us something that we do not need!](#)

Nanna Beth: James says you might like to look into using the new browser Brave. Apparently it decreases most of the tracking and blocks ads, but can stuff up some websites you might visit, although he's not had any problems with it, yet he hardly visits many sites.

John: [The joy of working with people who become 'synchronised' with each other is magical. It is as though they are intuiting each other. The harmony makes events unfold in a positive manner without effort. In recent days, I have felt this occur with Graeme Bates and also with Graham Golding. This I have enjoyed with Peter Shepherd for more than two decades. Jim Baker and Gene Thompson fit into this category. This has been occurring with James for most of our interaction. What I am suggesting is that this is how all these people are now interacting. We each have our very different ways, however, it is a harmony that will enable a high volume of activity to be undertaken without difficulties of straining – no one wants control – just let it unfold. I also suspect that many more will join with our core group and the same interaction will come about in sub-groups of our fledgling teams. Is this so?](#)

Nanna Beth: Yes it is, because you are all wanting to move in the same direction. And mostly you all feel free to express what you think and feel and without anyone trying to control or dictate to others. And then of course, the deeper you move into aligning yourself with your true spiritual purpose,

the closer we and your angels come to you and so help facilitate in what you are feeling. When it really gets going, there is going to be a vast amount of spiritual light generated, and so such things, a deep feeling of kinship and fondness and being even bound into each other will become part of the everyday experience. And people will experience this as you say in different ways, some feeling the spiritual power and almost being able to touch it, others not really being aware of in that way, yet still knowing something special is happening.

John: And is this an appropriate way of describing our silent communications between ourselves?

Nanna Beth: Yes.

John: I do feel an enormous release from the unknown burden of building the core set of Pascas Papers. It is as though the thirty years or so of bringing these understandings together has now been finished. The release from this task also makes me feel that my own productivity potential has dropped. It is like, what the heck happened, what was I really doing these past three decades?

Is this the reality of having completed the first phase of my tasks?

PASCAS
PAPERS

And now these Pascas Papers are to be refined and brought into a more concise and focused package by others. Is this so?

Nanna Beth: What you have done is taken elements of every facet of humanity, like strings if you like, and then bring them altogether, then draw them up in a spiritual sense to a certain height or level, that which has been predetermined as the base line for James' work. James has done the same thing in his way, however looking at it all from a purely spiritual point of view. He took what he could from various sources, including himself, drew all the strings together and drew them up to a base level from which he feels comfortable to work from. So you brought your strings and have woven them into his, with you both forming the base as represented by Pascas. So people can start with it, yet in coming to it will immediately have to face change, they will have to get themselves equal to that base level, and then they can set to work doing whatever it is they will be able to do. Pascas, to begin with as I said, will be reaching down and accepting people who don't have a clue, however they will either have to start having a clue or will not want to be part of it. And as it progresses, so people will need to already have a clue before they engage with it. You've had to set a mark, raise the bar so to speak to a certain level, and it's a minimum level of truth. It contains within it higher levels too, however it's to show and point humanity in a new way, and you've designed it because of how it's been for yourself John, to be accessible to anyone, only they will have to put a little work in and expand their mind somewhat – which won't be a bad thing.



Then the core of Pascas will power up, literally, it will become quite separate from the more gentle outer levels, for it will be where people can come who want to specifically dedicate themselves to the New Way. This being mostly to their Healing, yet also to

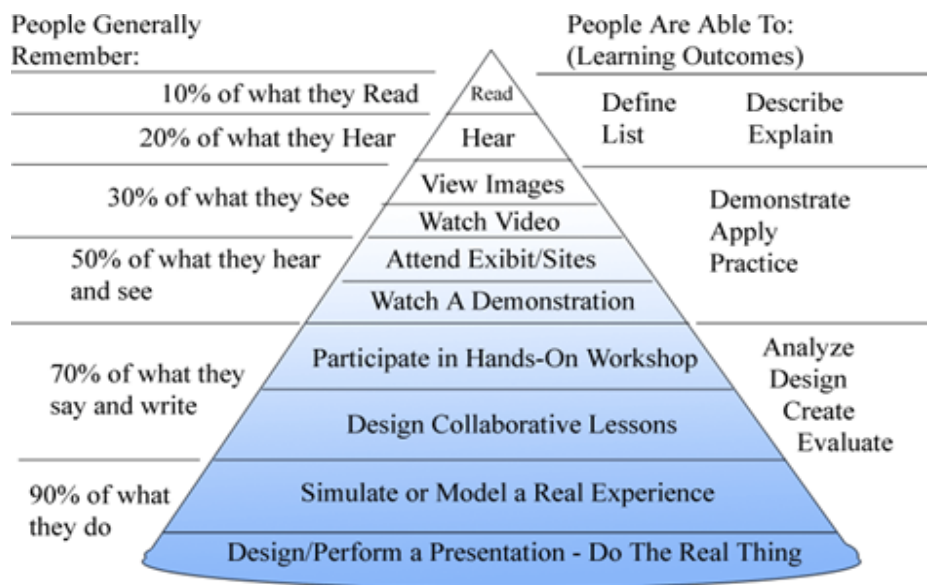
 **Light of Truth**

gain understanding of what it's all about, and there will be 'factions' within it that enable people to explore and express themselves as thoroughly as they want all under the spiritual light, the spiritual umbrella Pascas provides. And Pascas is going to be the centre of other spiritual things, I can't tell you about that just yet, only to say, it will be the spiritual centre of the world... well, it already is, isn't it?

John: I do feel that we are to initiate and support various groups to directly investigate the implications and effects of childhood suppression and repression. I feel that appropriate focused research is needed, particularly now that we have an outline of the importance and overview of the impact of one's childhood forming years. I would like to see this eventuate in several countries so that cross reference can then be made and further investigation be undertaken on this cross referencing. I believe we have a lot more to learn on this subject and that it needs to be done in a manner that is considered scientific, however, outside of the Rebellion and Default. Is this a constructive line of ongoing activity for us to assist with?

Nanna Beth: It will come as you imagine, should people on the 'outside' embrace all Pascas is about. However mostly that sort of thing is what I was talking about above, it's what will develop and evolve directly out of Pascas. Pascas will be the centre for it, because it will have at its heart people doing their Healing and working directly on their repressed childhood. And you can't get anything better than that, people who just try and approach it from the mind levels will miss the point and deeper spiritual connection. It will be that you'll find the mind world will take from what Pascas offers and reveals to it. You'll see John, there is plenty of time, it is about working into the 'inner' rather than trying to support the outer. If the outer doesn't want to align itself with Pascas then it will fall by the wayside as it will reject what you are about. Pascas is to lead the way, not the world leading Pascas. You can take what is available, and make it into part of Pascas.

John: Education systems appear to have a pyramid that can be likened to climbing to disaster. The student kowtows to the teacher, who kowtowed to his university lecturer, who kowtowed to get his masters degree, then kowtowed to a professor to get his doctorate, and then as a professor kowtowed to the chancellor of the university, all being closed down to someone else's indoctrination, all of which is in great need of re-investigation and review to remove the impositions of the mind and structures of the Rebellion and Default. It is feelings first, and it is our feelings, that are to unravel the imposts of 200,000 years of handed down error. This will take aeons to unravel, first it has to be recognised, then it is a step by step working through with no particular starting point other than what is first recognised as being in wrongness. Is this so?



Nanna Beth: Offer an educational system based around feeling expression, understanding that the child knows what it wants to do, will require guidance, yet is to be supported and allowed to find its own way by looking to its own feelings. It will all slot into place. People will want to home school where they can, and they can be supported. Pascas can help provide alternatives focused on Feelings First. Many people will come and want to be involved who'll have a lot of ideas about how to implement such things. Again it all being done 'in house' so you won't have to worry.

You've done the hard work John. And as hard as it might be for you to adjust and accept, others are going to take what you've done and put it all into play. You will have other 'bigger picture' stuff needing to be taken care of. You'll see, it will unfold effortlessly as we've told you. 'Spirit' is going to pick it up and carry it forward – how does that sound? There is a massive amount of spirit potential waiting to be activated John. The full spiritual power of humanity has never been tapped into, let alone expressed in any way. The religions and primitive spiritual systems are nothing compared to what's going to burst free, these existing things all being developed and kept functional through massive control. Remove that control, point people in the right direction, and like Jack-in-the-boxes, people will be springing out into the New Way.



John: The education systems of the world appear to have the same mind imprisonment and control that is the structure resembling that of the hidden controllers of the world. A handful are actually dictating all the way down the chain, all the way into pre-school! Is this so?

Nanna Beth: It's how the whole world is controlled and structured. So switch it around giving literally the say and power to the people, showing and telling them they can choose for themselves...

John: How are we (humanity) to break these chains?

Nanna Beth: They are going to be broken for you – they *are* being broken now, they are breaking more every day. Humanity will actually be free of such chains with the start of the New Age, however it won't really understand what that means. But it means people will be completely free to either stay in their wrongness puddling along in it, or Healing themselves. Their own personal chains will remain, we can only Heal ourselves of them, but the higher spiritual Rebellion and Default controlling chains are being taken care of now for you.

John: Crystal is feeling this dragging out into oblivion – my observation. That is, the further the couriers progress to being setup to make the delivery of the package, the more this feels unlikely. She clearly has had enough and is at her wits end as to what can be done. It is reaching the point where it appears like a pointless exercise. The inhumane treatment that she has endured appears to have no cracks. Penetration into achieving a meaningful outcome appears to be only possible through the International Criminal Courts and will we be treated (ignored) as we have been by all other parties?

Nanna Beth: Crystal is doing what needs to be done. She's working her way closer to making contact herself. And so perhaps this has been what's needed all the way along. However now it is approaching the time in which such contact is to be made and achieved, and it will then help you get more of a feeling for what is to happen – whether it is or it isn't. And I will add now John, Pascas coming into being as I am talking about, is not entirely dependent on the SI (Solid Investment) money materialising. There will be other ways should this fail. And should it fail, it's all because of it being part of what has been needed by all involved. However I am not saying it will fail.

John: No one can possibly continue as Crystal has done. What has been asked of her is over the top. Why has she been put through this?

Nanna Beth: That's for Crystal to understand. Some of which she does, but more of that will come to light when she does her Healing. Then it will make perfect sense for her. And by the way, it is not actually 'over the top' that is only your judgement of it, it is perfect for her as hard as it is. Everyone's life is perfect for them in every moment, even if some of it seems unbearably difficult – it is unbearably

difficult – however it's still perfectly unbearably difficult. Again, it will all work out and you'll see John, however she values your support as James does and there is a lot in that for each of them.

John: What is it that has to be lined up to trigger the commencement of payout processing with the delivery of the Package via the now two Couriers, 007 and 008?

Nanna Beth: Certain astronomical alignments! I can't say John, it's too complex. I will tell you however something that you might not understand, if you could see my art 'canvas' I might be able to draw it for you, but I'll try and write it simply.

Imagine a zillion threads of light all intersecting at one point. And those zillion threads are all moving toward that intersection. And those zillion threads are being orchestrated in their movements by the angels. And the angels can only move those threads when certain events take place within the unseen circuits of Truth. And the Truth is being driven by a couple of souls who are undertaking the exercise to liberate themselves from those untruth circuits that bind them. When those untruth binds are broken, and the truths revealed, the angels will move those threads to their meeting point. Then it Begins.



John: Who has to do what to complete the alignment of all the dominoes to commence the earthing of this physical Great U-Turn?

Nanna Beth: You know who does. And they are doing it. Nothing more needs to be done other than what those involved feel they want to do. You're helping it be done now John, and it can't be done any faster.

John: Simply put, I cannot see what else has to be done by any of the physical people to trigger the commencement of the payout processing through the delivery of the Package. Am I correct in that observation?

Nanna Beth: You are, however other avenues will open up through which you and Crystal will work.

John: Crystal is going to have some final fun. For the lawyers and couriers to be paid, she has to formally receive the package. She is about to announce through Michael Milverton that she is going to decline to receive the package until the fees for delivery are renegotiated through her as the contents are now out of time and almost valueless – due to the delays! What can you suggest on this step please?

Nanna Beth: That Bloody Woman!

(ah ha – controllers / lawyers are caught aghast!)

John: Will Horst Kohler or any German actually make contact with Crystal? Their poncing around is endless. If some appear to recognise that they need to make contact, then they need to have 'authority' which never comes, so why do they even talk about making contact? It all appears to be endlessly insane with no moral virtues in sight. Are all political systems and governments as corrupt?

Nanna Beth: They are afraid they will lose control of the money and they are worried that they will need it. They will only come to the party through being confronted, which Crystal is about to do. They know they can't legally stall forever because someone will have to compensate, but the longer they can put it off and leaving it for someone else to have to deal with – you know how it goes.

John: Will we be confronted, should the payouts commence, with endless obstacles from corrupt bureaucrats and politicians?

Nanna Beth: You will, they won't let you go off with all the dough and live happily ever after. However there will be means and ways revealed that will ensure it will be kept at minimum interference, and some of it will actually work in your favour, some of which such negotiations will take your time as I was hinting at above.

John: If so, why even start the Pascas agenda?

Nanna Beth: That's for you to reconcile within yourself John. And I will say, you don't owe anyone anything, not even an apology, if you give it all up. Everyone understands it's a long shot, and getting longer as time draws on. You represent a hope and they are happy for you to carry the burden, however should you end it, so be it, and we all move on. And nothing bad will happen to you, nor will you have to compensate for leading or stringing anyone along, because you haven't. It's just life, people try things and they don't work out. So these questions are for you John to make of for yourself, and of course many people will feel let down and lost, however they won't blame you, and should they, then it's not right and something they should deal with.

And your feelings will lead you in it, it will become what you know you, have to do, should it come to that. However you're not there yet, and until you are, its business as usual.

John: When you are able to pass on possible leads of expectation of events to occur, we are reliably responding on the premise that such possibility will be the opposite to what is put forward. Why do we have this game of opposites? The score card is perfect. Event occurred – NIL! So why is this also so? What is being suggested to occur appears reasonably logical and possible, however what we end up with is zero. Why is this so?

Nanna Beth: I can't answer that, not now anyway. There is more for you to work through during this 'down time' John.

John: Crystal and I are literally working our way through the death spiral of the end of this saga. It will put us into a lot of difficulties, but it will also bring this torturous saga to a close. We have both done more than what one could consider to be humanly possible. So be it. Amen.

Nanna Beth: You can't do what you can't do. You can only do what you feel is right. And if you reach the end of the line, then so be it, then you can see what happens next.

John: Everywhere we look, there is an enormous need for what we have to share and yet no passage way to deliver it. That in itself is incomprehensible. Why have these understandings locked up on a couple of almost invisible websites?

Nanna Beth: It's not time yet for them to be shared. It's still in the 'working it out' phase, preparing for them to be shared. And I know it's frustrating for you John, seeing it all there before you, however the truth is going to be made known.

John: Chaos continues to abound and pointless suffering with little possibility to share an alternative way of living – Feelings First – all locked up and controlled by the massive internet system that is so

large that few actually find their way to any appropriate material. Why do we have this information then?

Nanna Beth: That you're going to have to wait and see John. And getting the truth out is not dependent on the Internet. Certainly it would seem to make it easier for the whole world to embrace it relatively quickly, however is that the way God wants it to work? You don't know yet John, the way hasn't been revealed, you're only thinking it will go your way, however possibly there are other ways. For example, what would happen if suddenly there was no internet? What if something extreme happened and most of the world was suddenly disconnected from each other? Then it would become very localised. I'm not saying this is the way it will go, however my saying such things will have an affect on you John, that which we're helping you with.

John: Sooner or later, our way forward must resolve itself. We either get on with the job or we sit on what we have achieved.

Nanna Beth: There's no need to come to any sort of conclusion at this stage John. I know you'd like resolution one way or another, however things will be changing and moving on. The snow ball was set in motion some time ago and you've been caught up in it John and so you will keep rolling along with it.

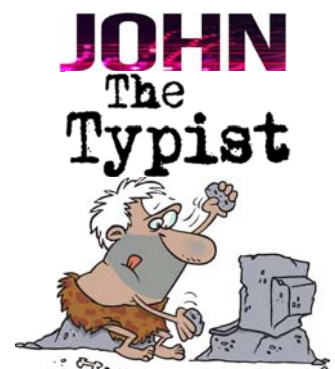


John: As you, Nanna Beth, have taken up art, then it would be wonderful to receive a jpeg image of your creations. I have received an impressive manipulation of my computer through our invisible friends, maybe this is possible. I do not perceive that the impressions will 'hang in the air' so to speak, but why not give it a go and that should just about spook the socks off everyone who knows me!

Nanna Beth: I don't think we'll be messing with your computer John, you'll have to wait and see the art when you come over.

Cheers for now and love from your grandson who is definitely the maddest retired typist ever!

John



celestial Friends

HEALING PROPERTIES of SUBSTANCES continued

27 March 2018

John: Hello Nanna Beth,

Thank you for introducing the foundations of comprehending the contribution that Flower Essences may provide on one's journey through physical life.

May we expand this topic to consider the various roles and similarities that the following may have with one's physical well being and journey of discovery through life:

| | |
|---|--|
| Flower Essences | |
| Crystals and other rare and precious stones | |
| Homeopathy | (minute vibrational traces as recognised by Samuel Hahnemann 1800s) |
| Nutraceuticals | (being low concentrations of properties found in food) |
| Pharmaceuticals | (being high concentrations of properties found in food – to the level of toxicity) |
| and Food | all natural without being processed within factories. |

Considering your comments relating to Flower Essences, one may need to consider just how much effect do we have in our own physical healing by engaging with any of these modalities?

Is it that what has been outlined relating to the contribution that Flower Essences have in assisting with one's physical wellbeing, are the various other modalities suggested above just variations of the same process that applies to Flower Essences, with higher levels of error within their prominence, pharmaceuticals being the most problematic generally speaking?

Would you kindly comment on each of the platforms please?

Nanna Beth: Yes. The same applies, as you said to James, it's all what your angels have to take into consideration in accordance with the needs of your soul. If you are to die from or within your negative state, then it doesn't matter what you do along the way to try and heal yourself, your angels will be working with any alternative or regular medicine or healing modalities. And as you know from people's lives, some things work for them, others not, some even miraculously, others having no effect. It's what the individual needs, it's all too personal, and needs to be dealt with and looked at personally. You've all had



such diverse childhoods, you're extremely complex in your unloving complexities, and trying to heal yourself from the outside in is not going to do anything for you so far as **healing yourself from the inside out which you do through your Healing**. It's all the minds way verses the feelings way. Any therapy or medicine or other remedies are all approaching it from the mind, let our feelings work, and use these other things as required, all so long as you keep focused on your feelings for their truth.

John: Assuming we are wanting to Heal ourselves using our feelings – for we are to bring up our repressed anger and emotional issues, both good and bad, that is contained within our soul, mainly from our early childhood.

As an overview, nature spirits are all attuned to the soul of a personality, and what is wanted to be done in the aura of such soul, which includes one's physical. And mostly so far as our physical is concerned, nature spirits alter under one's soul instructions, things within the aura and the subtle system, which then affects the physical – short or long term. Understand that in certain circumstances, nature spirits and angels can directly affect our physical, but mostly it's all done from the deepest will level out through all our subtle systems and spirit body.

Nanna Beth: It's mostly your angels that affect your system. The nature spirits can help them at times, but it will be all through the guidance of your angels.

John: Notes from Verna, a nature spirit: 25 March 2018

“Your soul wants this anger out of you, it's the next phase of anger expression you are to experience, it helping to relieve you of more repressed anger and at the same time helping you see more truth about why you are feeling so angry. And so your soul has initiated light into your aura on all levels making this experience happen. And you being mostly oblivious to this, just carry on doing what you do, and then your angels take their instructions and ‘energise’ the levels of your aura to make the anger ‘physically’ work its way up through your system. The angels make ‘light adjustments’ – adjustments using spirit light – in your system to allow this anger to make its way out of you by you feeling it coming up through your leg. The repressed anger, as light contained in your soul, moves through your will levels, then your will activates it to move up your leg with your angels helping to adjust your system where needed. And your system needs continual adjustments, your soul does it all with light, but your angels do all the hands on stuff as determined by your soul. So your angels are always tinkering within your aura.

“Sometimes they can do one adjustment with a lot of light and that will set you up for a day, week, month or even years of what you will need, this happening when you're more settled into your wrongness and it's all pretty obvious where your life is going on the subtle levels, so your angels don't have that much to do other than just keep monitoring your soul in case other instructions are forthcoming. But if you're actively doing your Healing, well your angels don't get a moments peace – which they love, by the way, angels want to always be active, the more active the better, they find it very trying when you are stable and going against yourself, but when you are wanting to work with your feelings and grow in the truth they'll help you reveal to yourself, well they are in heaven, it's what they've been made to do so far as helping you goes and they can't get enough of it.

“So your angels are adding and subtracting light from your auric systems as fast as your soul is shining more light into it. And along the way, all you are doing is used, it's all part of it, so if you use a flower essence, it will be used, it will stimulate a certain vibratory reaction on varying levels within your unseen system, with your angels incorporating it, using it, adjusting it – modifying it, possibly toning it down or amplifying it, and so it goes with all your food, all you do, see, sense, all you are, all the time being a symphony of light, constantly in change, even though you might feel at peace resting on the couch one moment, then suddenly, seeming out of nowhere and for no reason, anger is coming up your leg and you're feeling so fucking pissed off that you can't believe how angry you do feel.

“So as you can see, it's all very complex, you don't have, and can't have, any idea just how much is going on within you all the time, all so you will feel what you need to feel, so those feelings will lead you to the truth you are to see and then live. And with your mind playing along doing its bit, to help stimulate, change or deny feelings in keeping with the beliefs and behaviours you established through your forming years.

“In time there will be people who are doing their Healing and who’ll be more in tune with us nature spirits, working directly with the essences of nature, understanding that it’s all a vibrational thing and something that can be used as an adjunct to your Healing or just as part of your Healing life. The essences are not meant to be medicines as such, however they can work powerfully in conjunction with what your angels are doing within you. And to always bear in mind, that it’s your angels that will be working the wonders within you, not anything else, with the other things like flower essences being something the angels work with, because it’s all part of your current life experience as determined by your soul.

“And in time, people will just intuitively feel, or even by speaking directly with us nature spirits, how to grow plants lovingly and truly based on the truth they are revealing through their Healing, all so as to maximise the benefits the plants offer you, either through direct ingestion, or like using the flower essences or other ways still to be discovered. Your relationship with nature is about five percent of what it could be.

“And like as with everything, some people will be more drawn to one specific area or another, some generally taking bits of it all, others not interested much in nature preferring to get on with being fully interested in themselves – their own feelings. But overall, everyone contributes to society by expressing their truth, and as the truth increases within people, so does the overall level of society, so society grows in truth reflective of all who comprise it.

“So to summarise, such things need to be looked at in a truly wholistic level (or you could say, a ‘soulistic level’) so that they can be used in conjunction with your Healing. You can in theory, look ONLY to your feelings for the truth they are to show you, not needing any other healing help. And there will be people more wanting to live this way, however because you need life to stimulate your feelings, so you will be drawn to certain things, some to do with nature, others to do with people and others with everything else, all to help stimulate that which you’ll need to give rise to the feelings your soul wants you to express.”

Notes from Nanna Beth, 3rd Celestial Sphere: 25 March 2018

“Too many people approach everything through the mind, wanting to dissect it in the misguided belief that it will help them. When what helps you is trying to stay true to your feelings, expressing them whilst longing for their truth. And we keep stressing this to keep bringing you back to the simplicity of it, and it’s something the mind can’t really deal with, it having been programmed to be the controller and master of understanding. But to keep looking only to your feelings is all that’s needed without needing to go into the mind side of things unless it’s where your feelings lead you to.

“James uses his mind for this work, but that’s about it, the rest he’s trying to look more to his feelings, easing the control of his mind. And feelings, once you start allowing them to have their say, are far more interesting than anything the mind might be. You can use your imagination to fantasise about all sorts of things, and some people consume their whole life with such indulgence, however when you start living more closely to your feelings, your feelings might not be so varied, however when and how you feel them, and what they lead you into seeing about yourself and life, will be far more fascinating than anything your mind could conjure up.

“There is never going to be a remedy that people can take that will heal themselves on any level. The remedy is the truth we’re revealing to you about your feelings. All the rest is simply an add-on.”

John: Just how much effect do we have in our own healing of our physical discomforts, pains and illnesses?

Nanna Beth: It depends on what level you're looking at it from. On the highest or inner most level, you have no effect, it's all between your soul, Indwelling Spirit and angels, that any actual healing occurs. On a feelings level, you can attend to your feelings causing these agencies to react accordingly, so you have some effect, albeit indirect. On a mind level you can believe you have an effect, yet these agencies are 'allowing' you to believe what you will. And you can take a pill and your headache goes away, so believe you are fully in control of yourself – however, are you really?

John: Just how does our man-made conjured up systems of flower essences, crystals, homeopathy, nutraceuticals and pharmaceuticals actually contribute to the healing of one's physical body of its discomforts, pains and illnesses?

Nanna Beth: Look at it this way John, whilst you're living against your feelings, so untrue and evilly, any of these things will be used to help you go that way. So you might use them and your pain goes, but that only sucks you more into believing you are doing the right thing by helping yourself. So you might be 'healing' yourself by taking the pain away, yet you're not truly Healing yourself by allowing your repressed feelings to surface so you can uncover the truth of them. And so the angels will manipulate your system accordingly. So being wrong you might even be miraculously healed, but it's the same thing as Sage pointed out. It's how you want to live your life. It's all been one way up until now, and now an alternative and opposite way is being 'earthed'. All the parts humanity has worked out for itself, it just hasn't been able to be put all together. As Verna said, you don't need any of these 'healing' things to help you look to your feelings, you only need yourself looking to your feelings. If you are shut off to your feelings, you might need help to open up to your feelings, and anything can help you with that.

John: If we are looking to physical means to heal our body, then to what extent is the quality of food important to the process of physical healing?

Nanna Beth: It's the same as I said above, the quality of food is irrelevant. If you are wanting to continue living untrue to yourself, then it doesn't matter what you eat as the food itself is not going to stop you, it will only help you keep living untrue. If you are Healing yourself, then you'll move with what foods you need as you need them. You can try and control such things using your mind, this all being part of the control you'll need to deal with, but in the end you'll see that the food is irrelevant, the body will look after itself as you keep attending to your feelings. However naturally the higher truth you live, so the higher vibration of food you'll be drawn to, yet you can't say that means everyone will eat organics and be vegetarian because until everyone is, everyone will be as their feelings dictate. It's a matter of shedding preconceived mind concepts. You are not doing your Healing to fit into your mind. You are breaking your mind's control down to fit in with your feelings.

John: Fresh is best when it comes to food and the ultimate vegetables and fruits that we can imbibe is that which is grown within our home gardens, is this an appropriate observation?

Nanna Beth: Yes it is, however that too is relative on polluted Earth. Still it's what humanity will one day get back to.

John: The long journey that we are to embrace is feelings first, stay true to one's feelings, expressing them whilst longing for their truth. Our feelings are to lead the way, with our mind in support to follow and to assist in implementing one's feelings.

Nanna Beth: Man can't heal himself using his mind, God can only heal you. And to allow God to heal you requires submission to your feelings. You need to allow your feelings to take you back to your early life, so you can feel yourself back there now as an adult. So you can express now all you felt back then, and see how and why you became as you are, and how stuck and imprisoned you are in your mind's control. And all you can do is keep accepting it as the truth comes to light, expressing all it makes you feel. And when you no longer need to be the way you are as you've seen all the truth of it through your feelings, then God through your soul will change you. And your inner transformation will occur, taking you out of your wrongness into your rightness. And your angels will do most of the actual hands on healing that you require. You – we – only need to keep attending to our feelings, that's the key to it John, but attending to them the right way, wanting to uncover the truth of ourselves, our soul and what God wants us to see. Anyone can express their feelings even looking to them wanting their truth, but it is wanting to understand and live the whole truth of yourself, which currently is the whole truth of your negative state, that's what needs to be addressed first. Then you set about understanding as you reveal to yourself the whole truth of your positive loving state – once you become of a Celestial level of Truth and are fully Healed.

I'll speak to you soon John – love Nanna Beth. Keep being willing to express any negative feelings you have about SI (Solid Investment) and Pascas, it's okay, you can go as far as you want with them, as none of it is going to change the outcome, that side of it, as to whether it happens or not, is not up to us but what our Mother and Father want. But what we feel along the way is up to us, and what They want us to focus on.

[Thank you for this incredible opening to the reality of man's futile belief in its capacity to be able to 'heal' one's self.](#)

[Love John](#)



KING OF THE BEER FRIDGE

Beacons of Light

