

# PASCAS WORLDCARE

## Against the Odds .... break through

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Volume VII



“Peace And Spirit Creating Alternative Solutions”

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John: Hi Nanna Beth

The invisibility of Courier Anna, now being in Minneapolis, since before 31 July or thereabouts, to complete the delivery of 'the package', leads to the question – will she deliver?

Is Courier Anna prepared to deliver 'the package' or are we enduring a fantasy?

What is required of us to gain access to 'the package'?

What may be the tipping point that we are to trigger?

What should we consider to move the delivery of 'the package' along for us all?

Or is this all just an allusion of our fantasy?

And the same goes with those in Germany, what are we to consider to bring about communications with the Germans who are capable of assisting us?

The meeting with Auditor Tracey resulted in what could only be described as her stepping away from Pascas Foundation as a potential client though the opportunity was confirmed to her during the meeting with her. What was the purpose of us connecting with her please?

In contrast, our interaction with the Journey people, Tracy-Kim and Faizel, has been proactive, positive and progressing. Faizel has been receiving Pascas Paper mailouts for nearly ten years and sees clear synergy between Journey and Feeling Healing. We are yet to identify how that synergy is going to evolve in practical day to day application, this Faizel understands.

Should the long years of mailing out of Pascas Papers bear fruit like this with other people then the distribution of awareness of Living Feelings First will be exponentially growth positive.

I feel a little humbled by how easy this may become. It was really an amazing interchange and discussion with the Journey people who could have been living anywhere on the planet yet are within very close proximity, 15 minutes to 40 minutes by car away.

I suspect Kevin has been visiting from time to time, or is it Kathaleen that has the computer skills?

Yes, we feel it is time to get the show on the road and that we are ready to go forward with the adventure.

cheers for now, John

John, again, this is only for yourself and the 'inner sanctum', please don't send it further afield. I will send it to Sam. It is still all 'works in progress' and as such, I don't want it to be going out to the public. And really I'm only sending it to you as part of what Nanna Beth talks about, otherwise I'd keep it to myself. When I have finished my Healing then possibly it won't matter anymore, but until then, please, if you put into a Pascas Paper, keep it on the back burner. I'm happy for the two G's and Jim to see it, but really that's about all, possibly Peter too if he likes to read all of this. I just want to keep it all between ourselves, I feel it's too personal for the time being, there's too much at stake and even though you might not understand all Nanna Beth says, still I like the idea, the feeling it gives of

me, of just having a small group of people who seem to like me and support me and are happy about anything I write and aren't rejecting me. So it's for us, and not for everyone else yet.

Nanna Beth, 3<sup>rd</sup> Celestial Heaven: Now, when in some ways you need me the most John, I am the least able to assist you. I know it's frustrating and confusing, however that's what the whole of the Rebellion is, and so in keeping with it, I can't actually answer your questions outright because it's for you to decide and determine the answers for yourself. So as to whether Anna, the package, the Germans are all a fantasy, that's up to you to feel and decide within yourself, it can't come from me, because then I'd be having too much of a say in your life. As I've said all along, we spirits are in support of you, not leading you, so it's up to you to have to decide for yourself whether you want to keep going with it or end it and do something else.

What I can say that's encouraging, to us possibly more than for you, as you can't see it, or don't see it as we do, is the fact that you are now able to question whether it's a fantasy or not, the fact that you can even tentatively begin to accept that it might be, means you are moving in the right direction by giving up holding onto it, letting it go, leaving it in the hands of God, and that's the right direction to go concerning everything to do with your life.

And for us this is resulting from what you are all going through, and when you ask about why didn't it work with Tracey, then perhaps that might have happened that way because of it being needed to help you get to the point of looking at Anna in the light of it all being a fantasy.

If you can move to a place within yourself where you are even prepared to give up Pascas, not that you might have to, but that you at least within yourself can, then that will allow you to move in other directions which at this point and time are blocked by your mind's sole focus on Pascas. However I'm only saying this hypothetically (it might not be what needs to happen), just so you can consider it, and it won't feel nice, but those are feelings that you might like to think about embracing and working a little with, as to why it doesn't feel nice the thought of possibly having to give it all up.

So I will only muddy the waters more, because that's how it is and how it's meant to be for you all. Of course you'd like it to unfold smoothly, and it actually is, only it might not be in the obvious direction that you'd like it to go in your mind. Anyway, that's a few things to think about.

Kevin and Kathaleen are very well, settling into their new Celestial lives getting to know their soul-group. They are soon to be put to work doing something which I can't talk about, not now in the light of what I've just been saying, but I will be able to tell you more once other things have been resolved for you all.

It's a bit of tricky situation all of this, we're having to tread very carefully, it's 'coming down the wire', resolution is soon to be at hand, but not necessary in what that might mean to you, but it concerning the overall picture. And I can't say anymore, not through James because it's all intimately tied up with what he and Marion are doing and I can't sway or influence him in any way. It all has to work organically, moving in accordance with everyone on deeper levels, for this is the 'crunch time' and it's vitally important that it all happens naturally, and that really means without any direct or obvious influence from us Celestials, because on your level we're actually not as yet meant to be part of the equation.

We are only involved, which is prematurely on a true spiritual level, because of Mary and Jesus' coming (from 31 May 1914 to 2014 – Jesus through James Padgett and then Mary and Jesus through James Moncrief), which as you know complicated things even more, so we are not really meant to be part of the picture, people aren't really as yet meant to work openly with us Celestials, because if Mary

and Jesus hadn't come you'd not know about the Divine Love yet, it wouldn't have been revealed, that awaiting the full Healing of the Avonals who'd then reveal it, and along with it, us Celestials.

So we are having to pull back, which we've been doing, all so as to allow things to unfold more naturally how they would have had there not being the higher influences of Mary and Jesus. And you illustrated this perfectly with James on the phone today by saying that you want to deal with what's happening between you and him, that's the truth and the words and the pictures you want to work with, and not other stuff, which might be important and relevant under different circumstances, but not now because it's not directly between you both. And that interaction was very important, because you stated how you want to be – how you want Pascas to be, how you want to deal with the truth that's coming to you, which is dealing with what's right in front of you now, what's on the other end of the telephone, what's been conveyed to your Pascas Papers; and going with that, and that's right, that's exactly what you were to do, it's exactly how you are to see it.

**PASCAS  
PAPERS**

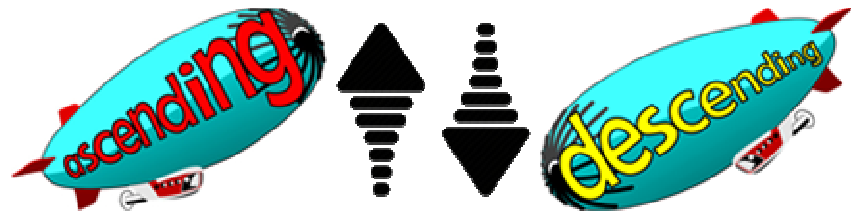
And it might not seem much and I might not be explaining it well enough, but you relating that to James and the effect it had on him and what has led you to see it in that light, IS what it's really all about, the relationship of truth between you both. And there's a lot in it, a lot you can't see of course, but a lot of what is necessary on the higher spiritual levels between how you John, a man of the world, and of a rebellious one at that, wants to accept and work with the higher spiritual Avonal truths and whole revelation.

And you want to go with it, you don't want to add other stuff, you're happy to streamline Pacas – which is yourself, to fit wholly in with James, and doing so on behalf of the whole of humanity. If you really knew what your side of it was in your relationship with James, you'd have sleepless nights for a year over the incredibleness of it, all of which at times you receive an inkling of and which in time James might enlighten you more about. However I'm to stoke the fire a bit by telling you this little bit, which indirectly is far more important to it all, than whether or not Pacas ever becomes a reality.

This part, what you are doing with James, which includes all you are doing with everyone else who's currently involved, and all how it is with them affects you and so affects you with him, is 'where it's at' and really concerns the whole of humanity and the rest of what is going to happen to humanity in the future. So this part has to be worked through first before anything else will happen, however that's not to say that Pascas still can't get going, it being part of what you are doing in your relationship with James, and indirectly Marion.

James: So are you inferring Nanna Beth, that what John and I are doing, all the different bits, *is* Pascas, and whether it manifests into the physical will simply be part of it, if it's to move that way?

Nanna Beth: Yes. It's the relationship between the mortal and the immortal. The mortal ascending soul and the immortal Descending Soul; the ascending mortal man and the Descending immortal Son; it's



the Divine Man reaching out seeking help from the mortal man, as the mortal man reaches out seeking truth from the Divine Man. It's an incredible relationship, an incredibly wonderful interplay, if you wanted to write a passionate Urantia Paper about it, you might be able to express something of it in those terms. However it's unique, nothing like it before has ever happened, and so we don't want to and can't interfere with it. It will run its course. We have subtly guided it of course by being who we are between and in relation to you both, but it's also time that you move into working it out more for yourselves. Where mortal man helps Divine Man concerning the ways of the world; and Divine Man helps mortal man understand the higher ways of truth.

James: I understand what you mean Nanna Beth. Still it's hard to accept it and look at it in such light, as still I'm trying to look at it all as one huge fantasy of mine, and will continue to do so until my Healing is finished.

Nanna Beth: Of course James, it's what you must do, as my speaking in such terms serves to add more pressure to that 'fantasy'.

James just broke our writing connection by getting Marion's late afternoon apple for her, and we were talking as he was doing that, and I want to write something else that came of those thoughts but not the whole conversation we had which brought it about.

I want to write this, but without putting pressure on any of you, you are free to change your mind and reject all what Marion and James are presenting at anytime, and it would be wrong of you to keep moving with them, forcing yourself to believe it's a good thing to do, should your feelings say no, you no longer want to be involved. If those sorts of feelings were to come up, then they should be fully expressed and talked through, and if still one wanted to leave, then one should. And if one didn't want to express such feelings, and leave, then one should do that too.

So having said that, I want you to understand that James (and Marion) have decided, and simply by honouring their own feelings, that their relationship with humanity is non-invasive. They are not going to step in and do any taking over. They will say what they think and feel about things should anyone want them to, but that's all. They will not demand that anyone do as they say or believe what they are saying, they want to leave it completely up to the individual to make up their own mind about all they are. James has written the truths of his and some of Marion's understandings as part of offering their revelation to humanity, and so it's then for humanity to take them up on it should they wish.

And so far, that's where you come in John, by taking James up on it by wanting to embrace all his work in Pascas, which means indirectly you are taking Marion up on all she is. Samantha is directly taking Marion up, and the other people with you John are coming in under your umbrella, themselves deciding if they want to be involved, but not involved in Pascas, as such, but involved in the truths that are being revealed. There will be lots of people involved in Pascas who are not so much committed to the truth, and more becoming committed as they understand what is involved, but that's all further down the track with it being vital to have at least a small core group, which you have, who are working it out for themselves as to what it's all about, the truth, and how it relates to their own personal lives and then to humanity, just as it's vital for Samantha to keep choosing to keep going with her Healing, affirming that she too wants to embrace the truth as it's being revealed, and yet with ABSOLUTELY no pressure on her that she must keep going with it for the good of humanity or any other mad reason.

So do you see what I'm getting at, it's about through you all, that you are on behalf of humanity, and currently without humanity having a clue as to what's really happening, embracing the Daughter and Son Avonals and the truths they are revealing, so you are saying in your different ways: yes, we want you Avonals here; yes, we are accepting you; no, we don't want to reject you and nail you to a cross and get rid of you; yes, we want to hear you out and see and listen to all you say and decide for ourselves if we want to keep going with it. The Avonals are making a presentation to you, that is the Real Package John that you are receiving, and it's up to your small group to keep accepting it.

But as I said, by my telling you this, I don't want to now put a huge burden of responsibility on your shoulders, that you have to keep accepting the Avonal revelation no matter what because you think it's the right thing to do. It is only for you, each person, to do what they want to do, and if you all in your different ways wanted to reject it and even turn against them and nail them to a cross, then that's what

you are to do. And if the Mother and Father want the Avonal Revelation to be accepted, then They will see to it that it happens, so if not by you, then by other people.

And James understands that, and would never want any of you to bear such a burden, and it would be no hard feelings should you want to pull out and reject him at anytime. He even expects it, as it's what happened to Mary and Jesus, and until he finishes his Healing and then see what happens, still that's all part of just accepting the way of the Rebellion so it's always a possibility and one that he has to seriously consider.

So the material package or keys to unlocking the funds, are only really a physical manifestation of the spiritual package that is being continually presented to you all now by James and Marion. And so when the time is right, when the spiritual has been accepted to the level it needs to be, which will correspond with the level of truth Marion and James attain in their Healing, then signs on the material of opening the ways to start manifesting that truth into more material form will commence. And as I can't tell you when that will be, and neither can James, so you are all having to keep working along as you are waiting to see what unfolds.

James: Thank you Nanna Beth for taking us deeper into the hidden understanding.

Nanna Beth: It's my pleasure James, it's the least I can do. I wish I could do more but that would only jeopardise the unfolding. I am playing my small part as we all are, yourself included, and that's all any of us can do because that's what our Mother and Father want us to do.

James: So the bestowal is all a very finely tuned event?

Nanna Beth: It is, meticulously worked out by the Melchizedeks and their angelic advisors. It has to comply with all that the Rebellion and Default are, working with it as you and Marion have taken it all on, and then in a systematic way working through each circuit through the interplay and relationship with each other so as to bring to light what's wrong with each part and to see how you are in it, why you are, and then your full acceptance of it, which when done, is then cleared from you. And along with that, particularly on your side, you are to start involving humanity to varying degrees, and so you can see that with your websites, forum, Pascas Papers and now with the films, it all being part of slowly starting to reveal the Way and see if anyone wants to live it. This being the real healing of humanity.

It's our – humanity's – Rebellion and Default James, it's not yours. On a technical soul level it actually has nothing to do with you, yet for all of us it's what we are, we've all started our incarnation in it, and really we feel very passionate and possessive about it. And those people who feel good in it, love their lives and love being untrue, even though they don't understand that, and those people who don't feel good, are still of it and it's still theirs and they would love to feel good in it. So for you and Marion to suddenly come along out of the blue and say: look here you lot, you're all wrong and this is how you can fix yourselves, by rights, 'we lot' (speaking on behalf of rebellious humanity) should tell you to fuck off as we're more than happy with 'our lot'.

So you have to be introduced very gently, slowly, which you did, by tentatively putting your work out there and Samantha and a few other people took you up on your offer, as has John and those with him. But it has to be done slowly whilst you and Marion are still Healing yourselves. By rights you could have healed yourselves without anyone knowing, and then suddenly step out into the worlds declaring your Divine selves and reveal your revelation whether people wanted it or not, something like what Mary and Jesus did. Or, as is happening, and more because you are of it yourselves, you can gently reveal it, offering it subtly, and it's then there for people to embrace should they want to. Humanity is to find the truth for itself, not have it thrust upon it, that being in the beginning at least. When enough

of humanity have accepted it, then it can be thrust more, but that will more than likely be done by those who've found it rather than by yourself and Marion.

And humanity, once they have the truth, can do as they please with it. They can throw it in the bin once you die, reject you whilst you're here, they can hit each other over the head with it, develop great opposing religions that debauch and use it for their own evil end. You are giving it to them, no strings attached, and once given it will be entirely up to humanity as to what they do with it. And should they continue to want yours and Marion's help, then you will give it through the next age, and if they don't, then you'll be twiddling your thumbs over here in the Celestials until your age ends and you are free to leave.

I will leave it there James. I know you already know all this but it's for the record as people will want to understand some of the dynamics as to what happened and how it all unfolded. I'll speak to you soon, and soon to you again John. Something a bit different to what you might have been expecting, however I wanted to illustrate that there are two levels always working with all you are doing.

James: Thank you Nanna Beth.

Nanna Beth: Goodbye James, until next we speak.

Me, James: Today I was feeling so scared again and not knowing what to do, the same old feelings, and in longing for the truth, wanting to know what it's all about more than I already do know, as I was walking along doing the shopping I realised that I feel so scared because I don't know what to do, I've never known, I was never allowed to know, knowing what was withheld from me, and I have no love in me, I don't even feel I want it, I don't know about it, it's not a thing as there is nothing in me, nothing at all, only all my bad feelings, so I feel totally devoid of love. That I feel totally alone, all at sea, no Mother and Father, no faith, no truth, no understanding, no support, no security, no hope, nothing to look forward to, nothing I enjoy, nothing that's for me, total desolation. That I am not with anyone, not connected, can't relate, have to be with people, these strange things I can't relate to, and they keep telling me how to be, all of which makes me feel bad, nothing they say makes me feel good, I was with them and had a little fun, but that's only a very thin layer on top of layers of feeling bad. They hate me, they don't show they care about me, I don't feel wanted or part of anything, I don't feel important, I am unhappy, completely miserable, sad and angry as shit about it all it all. I am back to feel yet again how I am nothing, no one, have nothing, nothing is for me, everyone else gets what they want, but I don't, I only get pain and bad feelings, feeling rejected and not accepted for how I am.

So again feeling all these same feelings but all together in the street with tears creeping into the corners of my eye as I can hardly walk and function because of being wracked by so many aches and pains, feeling I am just dragging myself along the footpath, with a minuscule wish that someone I knew would come up and ask me how I was and I could tell them, that mum and dad might have once in my whole time with them asked me and I could have said how bad I felt; but no, I knew that was a forlorn hope, that no friend was going to bump into me because I had no friends in my family that cared or took any real notice of me, no one who really wanted to know how I felt because they loved me enough to know.

And I commiserated with myself, feeling sad and sorry for myself and then I felt good that I'd reached rock bottom again, that I was once again, yet this time so much more aware of myself, bumping along the bottom in me, not expecting to ever come off it, just wanting to see it in more detail, to understand more, to accept even more fully how bad I feel, how unloved I feel, and how powerless I am to do anything about it other than keep on accepting it and expressing how bad I felt.



So it was a good day, I got what I asked for – more of the truth and understanding of what my Healing is all about – that I am to understand because I feel connected with and fully aware of it, the truth of feeling so unloved. And I saw again that it's the complete opposite of anything that we're told being spiritual is, it's the very opposite to all I was made to believe was the right way. And that being as spiritual as you can be whilst in your rebelliousness means you are to become at-one and fully cognisant with and so completely self-aware of all your wrongness, and why you have all the pain in you that you have, how fucked up and messed about you are, and why. And to just be it, to be what I have always been since my first moment in conception. And to not try and fight it, reject it, go against it, to let my mind that's trying to say I am not fucked, to let go and see and admit that I am. I am fucked and this is as spiritually true as I can be in my wrongness, to admit, accept and see the whole truth of being wrong and unloving, the truth of feeling unwanted and uncared about.

So it's bizarre to think that whilst we're anti truth and anti ourselves, our soul, nature and God, that to be as spiritual as we can be is to fully embrace that – because we are it. And to try and deny it, means we're trying to be as un-spiritual as we can be. So all the New Age mind systems and religions are trying to keep people from being spiritual and even take them further away, when people in those systems believe the systems are helping them become more spiritual.

So today was what I've said and written about along the way, but it was even more real helping me to feel even more better about it all.

**SOLID INVESTMENT MANY PLAYS**

Saturday, 18 August 2018

John: The first thought is to ask Courier Anna, how can I help?

Courier Anna, in her first week of delivery of bouquets of flowers and balloons has been in training. The person training her leaves on two weeks vacation from today. From Monday, Courier Anna will be on her own, with her bubblegum coloured hair and bouquets.

Now, there is an idea! The 'package' can be used as a weight to hold down the balloons. I am sure irises would be more appreciated.



Courier Anna is hoping to have a delivery close to Crystal and then she will call over. Should Crystal not be home then she will leave a note with a telephone number.

If the deliveries do not line up, then Courier Anna will use her car, which is a different one every day.

Courier Anna knows Crystal's pattern. That she enters home by the back door, however her car is always in the driveway. Courier Anna described it as a tan grey early Mercedes Benz. Yes it is. The tan is the dust on its back end from a recent visit to the family farm at Rochester. The 2007 Benz is in good condition and is grey.



Waffler courier controller in London is no longer in contact with Courier Anna. He cannot contact her. He does not know how to. She will only surface when she will use a given number to announce that the job is done. Not before. Courier Anna cannot be interfered with.

Since Monday's filing with the Frankfurt Court to demand a case number and the mailout to the Press, the numbers of visitors to [www.shorfingereddonald.com](http://www.shorfingereddonald.com) website has been increasing significantly. Monday 15, Tuesday 30, Wednesday 15 – 75% of visitors being new. Thursday, another 35 with 85% being new and a large contingent from UK.

Elizabeth Blackburn QC has had a lawyer from Horsham investigate. He or she was on the site last week for 33 minutes, then two days ago for 27 minutes and then another 7 minutes yesterday. Separately, Blackburn is carrying out her own investigations. She has figured out payments have not all been made. She is trying to find the threads to find the documents. She is trying to figure where do you hide something that you want no one to know about? They have to be in court.

Lord Allan Rogers (Judge) was already dying with a brain tumour when Milverton appointed him in 2011. That was how Milverton worked – with people with short life expectancy. Rogers had a moral compass, he would have opposed the splitting up of documents and would have tried to have the payments restarted.

This is principally being about self-preservation for Blackburn as she was involved in the negotiations of these nefarious affairs (Agreement to Facilitate Payments in 2012 with Germany) before she quit, and she wants to appease her conscious as she is an honourable lawyer. She is now working for us on her own time.

Other lawyers are also investigating, trying to cover their arses for being involved.

Simon's people are making progress with their investigations, one has found his way out of the barrel, a rather smarter than average bear this one is.

So there are four groups of investigations in progress from out of UK.

In Germany, plans are being made to contact Horst Kohler, though that has not yet been done. The opposition to Merkel is researching, all parties are working together, they have a common cause. The agenda is to bring down Merkel. Once this is achieved, they will all go back to bickering with each other.

The German press are asking questions. This is a crazy situation and it will not appease. Other people have documents. Consider this. Press loiter around courts. The original charges were filed in 2006 in Frankfurt and the Settlement Agreement was achieved in the early second half of 2007. At that time there was no 'virtual jurisdiction' or Milverton. Some journalists have copies of the original filings. These are asking questions. These journalists know that the court took global jurisdiction on this matter.

There is now constant attack on the German Government.

The German Government now has to recognise Crystal, this is what they intend to do through Horst Kohler.

Therefore they have to pay her (plus John – both being recognised before the court).

Therefore they have to acknowledge that the total court system is a crock of shit and has to be thrown under a bus, where previously they considered it to be the pinnacle of all systems worldwide (well it probably is!).

The German Government is placing their future on Kohler handling the matter correctly or it will be a total disaster that will blow up in their face.

The Justice Department recognise that laws have been broken and their own court continues violating their own rules. This will be amplified with a further intended filing on 3 September (Monday).

Judge Graff will not be a patsy – he will ensure that the Federal Court of Germany will find documents.

The balls are all rolling and gathering strength.

Why have we not received any telephone calls? Lawyers are looking trying to verify. They will call.

The energy of the Solid Investment groupings and those who are being contacted by us has changed.

There is a small group with a positive energy. There is a much larger group with negative energy. This has been part of the struggle. That larger group have walked away in disbelief. That was the massive antagonistic group that was very vocal on the forum and off the forum.

We have been communicating with a new group (press, etc.), many were disbelievers and anti the possibilities. Now they are becoming more supportive and proactive. The tide has turned.

If Merkel is replaced will Germany continue to keep stealing our money? No one knows.

The balls are all rolling and gathering momentum. All avenues finally have traction and the momentum is increasing.

It is show time!



James: John – I reckon you can replace ‘**feeling into**’ with something like: submitting to our deeper feelings, or embracing our emotions, embrace, or, being true to. Embrace or accept our emotional injuries.

**To open our soul to the Love we are to feel and go with our emotional injuries and express them to release them.**

## **BRANDON BAYS – JOURNEY PROCESS**

Sunday, 19 August 2018

James: With John bringing to my attention **Brandon Bays and her healing Journey Process** I downloaded her free ebook to see if I could gain something of an understanding about what she and her Process is all about. <https://www.thejourney.com/free-ebook/> And having read it, these are some comments I wish to make.

To begin with, the fact that on the very first page she has quotes of support and praise from the likes of Deepak Chopra, Anthony Robbins, two people I’m familiar with, says it all – more mind control stuff.

Overall for me, she and her Journey Process is another mind-based healing system, which on the surface looks very appealing in its simplicity and with amazing results from so many people who’ve done and still do it, it being very alluring and seeming like one is heading in the right direction; both physically, by supposedly healing oneself of one’s traumas and issues by looking to the relationships that one had mostly during childhood that created them, and spiritually, by feeling like you are making good progress toward becoming at-one with your True Self, and yet, is all part of the Great Deception.

Again I want to add, this is only my feelings and thoughts about it, and how do I know that I am right in how I see it; and for all I know, the Soul-Healing and Feeling-Healing I advocate might be only a far more laborious bad-feeling-indulgent exercise that could all be happily cut short by doing Brandon’s Journey Process. I’ve tried to look at her way objectively, and by reassessing my Healing, all I feel is there are too many things about the Journey Process that grate on me and I don’t like.

However, having said that, I also want to say, hey, if it makes anyone feel happier and better about themselves, even if that’s still only within their delusional mind system of self-denial, then it’s not for me to say that they can’t go that way, it being the same as feeling sick and going to the doctor and being helped, the same as an angel waving its magic wand and you’re immediate problems are taken away from you, all so you can carry on feeling a little better about yourself.

Still, on the spiritual side of things, I think the whole thing is crap and succeeds in leading one further astray, deeper into the Wrongness of one's controlling mind, binding one further into one's self-denial and feeling-denial, denying the truth of yourself that your feelings are to bring to light, burying you deeper in the mind world's controlling state.

I think it stultifies one's true spiritual search, sucking one into believing one is growing and evolving, when all one is doing is taking oneself closer to the edge of conceited oblivion as represented by the sixth Mansion

World and the spirits who want to indulge in their self-appointed mastery over their feelings by taking their mind control to such extremes that they are in effect declaring to themselves and the whole of Creation that they are god; they don't need or want to know about the Mother and Father, although paying lip-service to such notions that they have a soul, something or some part of themselves that mysteriously seems to call the shots, but they are the smart ones who've found the secret way to tap into it, being able to harness its life force thereby making them feel by default that they are in control of it.



#### **Natural Love Flow**

***Natural love is Creation's love;***

***One can swap back and forwards between paths***

***I am God***

***Intellectual***

***Self reliant (trust myself)***

***Self-determination way of life***

***Mind dominates***

***Adult like***

***Control***

***Millions of paths (man created)***

***Peak possibility is 6th sphere***

***time to complete path:***

***100 years to over 1,000 years***

#### **Divine Love Flow**

***Divine Love is Soul's love.***

***One can swap back and forwards between paths***

***I am God's son / daughter / child***

***Emotional***

***God reliant (God relationship)***

***Soul-spirit living harmony***

***Soul dominates***

***Child like***

***Feeling***

***Defined path (God created)***

***Peak possibility is infinity***

***(sphere / mansion world are same)***

***5 years to over 10 years to at-onement***

We are trying our hardest to perfect our rebelliousness, this being what we mistakenly believe is 'being spiritual' because that's all we know, we being conceived into the Wrong, want to be perfect with it with all our will; and by doing so, believing that we're living God's Will, the Will of our Soul, becoming at one with Source (however you want to say it), all of which is fully embracing being wrong and working with it within yourself so it no longer makes you feel bad that you are going against your real Mother and Father and the Truths of Creation, because you've been able to bring the 'power of your mind' to vanquish and banish forevermore all those bad feelings, all those signs and signals being given to you to alert you to the fact that you are on the wrong track.

Brandon, of course, believes she is on the right track. She's hit upon – a way, a method – a Journey Process, something that you can learn and apply to yourself, that will help you rid yourself of all your problems, all your pain, ending all disease and dysfunction, however the very fact that you have to pay for it, that it's structured in a way that includes doing these few simple steps, which in theory everyone

can do, means it's yet another mind-controlling way that's a symptom of and indicative of our wrong approach to really and truly healing ourselves.

She's helped me feel even better about the Feeling Healing even though as I progress in it I feel worse and more at sea and feeling like I don't have a clue about any of it, which I also understand is right, because that means I'm getting closer to the truth of myself, the truth of how it was for me through my forming years, as I didn't have a clue, it was all about rejecting the truth, rejecting me, making me feel completely unloved. And as much as I want to do my Healing so I can end all my pain and wrongness and feel completely loved, I understand that it's not about finding some easy method to do that, it's about systematically uncovering the whole truth of myself through my feelings, which is leading me to become true to my untrue state; which means, it's helping me feel, and so know, exactly how it was for me, that it IS how I am, that I am still it, and will be so until my Mother and Father decide otherwise, and that there is NOTHING I can do about how I am other than my keeping on accepting it, submitting to my feelings, allowing them to be, and accepting the truth they give rise to. And I know this might sound very similar to what Brandon advocates because some of the principles are the same, as it's like we're both describing and pointing out that we have a thing called an arm, how the arm works involving many of the same processes, yet how we actually use the arm is very different, even opposite to each other.

Briefly, as she doesn't go into much detail about her Journey Process, there are two main aspects to it: the Physical Journey and the Emotional Journey.

The **Physical Journey** involves, so I understand, somehow visualising that you can go into your physical body, by entering into a space shuttle and moving around inside the body, wanting to be taken to where your physical problem is – where your pain or disease is. And when you get there, which amazingly for some people seems to happen very easily, then you see the problem with your organ or whatever part of the physical you're looking at. And then you can ask yourself by getting in touch with your 'infinite wisdom' what's wrong, what is it all about on deeper emotional levels that's causing this problem.

And then, as so many people experience, the emotional problem or memory comes to you about something that happened to you in the past, which invariably involves something bad you yourself did to yourself or other people did to you, and so you then imagine inviting those antagonists to come and sit with you at a campfire and you vent and express all your pain, bad feelings and trauma to them. And then you ask them to tell you from their side what was happening in their lives that make them treat you so badly. Which incredibly they explain to you, and then as you see it from their point of view, and mostly how bad it was for them, how much pain they were under and that they couldn't help doing what they did to you, then as it all makes sense and you feel compassion and sympathy for them, so you can forgive them – FORGIVENESS BEING THE BIG THING – often involving a cathartic physical / emotional release, like great sobbing, as the 'truth' comes to you, and you are set free from being bound up in this problem, free of them – you've let them go as you let yourself go.

So your body can get on bringing into being the new you, the you that no longer is carrying the destructive cellular memories of the trauma, thereby making your illness and pain go away, with Brandon herself and many other people experiencing remarkably quick physical healing, all of which amounts to a miracle. And really, on the surface of it, wow, how incredible that the body can respond so quickly to things on the mental and emotional level, and upon seeing others and experiencing such healing for yourself, why wouldn't you want to keep going that way rather than having to rely on ignorant and invasive medical practices. (And I will add here, many other people in effect do the same things Brandon talks about with remarkable healing results. She says a woman completely healed herself of all her cancer, her whole body riddled with it, in a matter of hours, confounding the medical staff – although she doesn't say how the woman did it. So it's there to be done, it's a way we live,

something we can try and work out, even exploit. Just as we are allowed to do all sorts of major invasive physical things that medical science has developed over the years, so too it would seem we can do all sorts of major invasive emotional things to ourselves that alternatively minded people have achieved. So we've been given a lot of room in which we can play around with ourselves on the different levels. I can imagine that in future people might take Brandon's principles for example and develop other such 'healing' versions, so in the end the emotional clearing ways become just as complex and varied as medical science has become. It seems we're only just beginning to look to accepting our bad feelings, and so who knows what all sorts of weird off-shoots that might lead to?)

The **Emotional Journey** involves dealing directly with a bad feeling. You 'Present' to it, which is one of the weird things people say, that I hate, like 'feeling into it' and our soul being 'nested in our spirit body', so you 'Present to grief', 'Present to fear', which means you accept it, be it, allow yourself to fully feel it, which again on the surface of it at least is good, as you are no longer trying to deny it. However, then the denial comes in. Once you have Presented to it, which I guess really means identified it by allowing yourself to feel it, by 'Welcoming it', you then don't dwell on it, you don't let it engulf you, you don't wallow in it, you just quickly embrace the problem, pain or bad feeling wanting to go quickly to the next underlying layer. So you ask yourself, or the person helping you asks you: What's beneath that? And up comes the next bad feeling. So you 'Process it' by welcoming it, by being it, by Presenting to it – and then what's beneath that, and on it goes.

One lady experienced it like this, she'd been plagued with depression for years and her layers unfolded:

Depression  
 Hopelessness  
 Helplessness  
 Desolation  
 Despair  
 Anxiety  
 Fear  
 Nothingness  
 Blackness,

which was the big one for her and where she kept baulking at. So then with Brandon's encouragement, Brandon telling her to allow yourself to fall into it, surrender and just let go and relax into it, and then TRUST that you'll come out the other side, so she managed to, and suddenly she was through it all with lots of crying and sobbing and she felt FREE, saying "I'm in love, it's God, I'm free, she didn't know what it was, only a great relief, and that it's herself – her True Self as Brandon says she's now connected with – the idea being, that we're all True and Prue to begin with and have been subjected to all this shit, so if we can get through the layers of it, we'll connect back to our True Self, with your own Source.

So as you can see, it all sounds very appealing, lots of people can apparently do it and gain immensely from it. And to complete the Emotional Journey, that if whilst you were dropping down through the layers you felt any blocks, extra pain and trauma that needs to be worked on, then you go back to it (once you've 'found your True Self') using the campfire visualisation and work through it, doing your 'memory processing' and reaching your point of forgiveness and releasing yourself from it.

So truth and understanding about the problem comes at the moment of release, all of which helps the person gain some awareness about their yuk, but from what I can see, that's about all. And so you keep doing the Journey Process as required, just as you keep going to the doctor as required. So for some people it's a lot, others only every now and again.

Yuk

However there is no focus on wanting to uncover absolutely every tiniest detail about your fucked relationship with your parents and yourself, nothing about developing a very personal relationship with

yourself and your Mother and Father, nothing about including the Divine Love and ascending in truth to Paradise, not really that much about longing for and wanting the Truth.

So for me it's all as I said, just about making life easier for yourself in your mind-controlling ways, having a neat little Process that deals quickly with all those annoying bad feelings, all so you can get on and be more the great one in your own little self-delusion, it being all part of the fantasy, just shuffling around the pieces of the puzzle so as to suit yourself better. So for me it's just like going to the doctor for help, all so you can patch up your emotional self so as to get on better in your normal everyday wrong existence. I can't see that it's helping you become more right, although no doubt a lot of people do change very positively through the emotional releasing, yet still I think all within their negative state.

So instead of going to the doctor and hospital to undergo horrendous physical operations, you do the Journey Process getting closer to the underlying causes, and everything is hunky dory. And so within our wrongness, as an alternative to regular medicine, why not, if I could afford it I'd like to do it before going to the doctor. However only as last resort do I want to do either of them or anything else.

**Hunky Dory**  
Fish & Chips

The other part about it that interests me is, well, if it is 'only' a mind-controlling thing, how and where does it fit in within the mind Mansion Worlds? And in thinking this over, it seems to fit nicely – for myself – within the fourth world, it going like this:

## Mind Mansion Worlds of Natural Love

**Mansion World one:** Just the general confusion of spirits living their wrongness the best they can, trying to not be bad, trying not to hurt others, thereby staying out of the hells and lower Earth planes.

**Mansion World two:** Starting to work more with one's controlling mind, with the focus being on Service, you are to use your mind to be more loving, to help selflessly others, to put others before yourself, to not want for yourself, only wanting the good and betterment of others. And to have loving thoughts, to not think badly of anyone, to keep 'being good' in your mind at all times. To think positively, to use your mind to control your feelings so as to make yourself be happy, to bring your full success out, to celebrate your god-given gifts, all for the good and benefit of all.

**Mansion World four:** This being where Brandon's 'Journey Process' approach fits in. It being where you've had enough of being of Service, giving yourself to everyone else, and decide that you have to start looking more after yourself. So you look to working more closely on yourself, you still have bad feelings so you set about working to resolve the emotional issues through whatever means you can. And they involve emotional releasing / clearing through some level of feeling-acceptance, as you can't get rid of them that easily, yet overall you're working to bury them once and for all, so deal with all your memory processing, deal with your traumas, do all your massive forgiving, which sets you up in a power position because you are the great one forgiving everyone – those people who did wrong by you, so you feel more in control, freeing yourself from your





controllers, telling them – you are forgiven, giving them your blessing, feeling you no longer need to be bound into those patterns, and feeling like you’ve found and are bringing out more your True Self, your true self which I reckon is more of the spirit you that’s deeper in your mind control.

**Mansion World six:** This is where you put it all together, you’ve achieved mind ‘ascendancy’, the perfection of your negative mind-controlling state, specialising in your area of interest, being in bliss and true love and happiness – all mind derived, all of which is resulting from your mind saying you are at-one with Source, God, Soul, whatever the term, which is just your own controlling mind. Your mind is god, and it’s calling the shots, keeping all your repressed feelings away, without you having to address any personality imperfection resulting from your bad parenting. Because you believe you’ve fixed all of that, you no longer have bad feelings within you, you’ve forgiven the evil ones in your life, you’re now wholly in control making your reality be as you want it to be through your mind.



And then what happens? Are we to do the Journey Process every time we feel a bad feeling? At least you’d get your money’s worth learning how to do the Process because you’d be having to do it three or four times a day at least if you want to address all your bad feelings like how much they come up for Marion and myself. Unless of course, that Process is so good it quickly removes or clears you of all your bad feelings so there aren’t that many of them.

And if it was your True Self that you are connecting with each time you drop below all those terrible feelings, and you are growing in truth, then why aren’t such people advancing in their relationship with God to the point of following Mary M and Jesus and embracing the Divine Love? They seem happy with looking to themselves as Source (I am Source, Source is within me, which equals – I am god. And by the way, god I hate the word ‘Source’ as well). And talking in all their spiritual-mind-dictums not wanting to look at such things as The Urantia Book, the Padgett Messages, as they might throw a spanner in the works.

John reckons that a bridge might possibly be found that would help people come out of their mind controlling levels to the Divine Love and the deeper Soul-Healing, however I doubt it, I think it will possibly be an individual thing that happens when a person gets to the end of it and realises they haven’t made the progress they believed they had – and so, then what? That which happens so we’re told in the Mansion Worlds, with people giving up and asking for help and then a Celestial comes, or something like that.

So do we (Pascas) even bother with the Journey Process? And what about Brandon’s work with children, there is nothing about that in her book, and is it that she is giving children a way to deal with many of their bad feelings, whilst inadvertently at the same time, sending them off down yet another road deeper into their mind control? And does it matter, children being forced to do that anyway through their families, and surely being more aware of feelings and even if one ‘Presents’ oneself to them, is better than outright denial of them?

James: Nanna Beth, do you have anything to add?

Nanna Beth – 3<sup>rd</sup> Celestial Heaven: No, you’ve about covered it.

James: But of course you’re going to support me in it?

Nanna Beth: We're the ones 'feeding' you your insights and helping you put it in perspective and within the picture you already have.

James: I don't know about it all, for as I said, the further I go down my track, the more things seem to not make sense and the harder in some ways it's getting, and yet the picture keeps growing and making even more sense.

Nanna Beth: You can only keep going expressing all you feel James. And, as mad as you feel in it and not understanding it, is all part of it, it's how you were as a child, and that's what caused you all your problems, and as you're to see the whole truth about it, connecting with it fully, understanding that how it was for you back then is still EXACTLY how it is for you now, and that nothing will ever change because it didn't back then, and accepting that – all you feel, is all you can do. Which arrives you at a point of then giving up, understanding you're not in charge of any of it – any of yourself, that the Mother and Father is, the exact opposite to how you say the sixth world spirits live. You are to live understanding its how your Mother and Father wanted it for you – your whole childhood, and that as an adult its how They want you to be. And when it doesn't make you feel good, then to seek the truth of why, through your feelings. And when you see through your feelings the whole truth of your unloved state, then They will bring about the necessary changes to end it. You can't force yourself to do anything, your feelings are really in control, even when it seems like your mind is. So if you are meant to do Brandon's healing, then that's what you do, and if you're not, then you won't. And there's truth to be had in it all because it all involves feelings. So just keep longing for the truth of them as you keep working to express them, and you'll do whatever it is you are meant to do.

James: I hope so.

So who am I to judge Brandon or anyone else? Perhaps all Marion are I are doing is just another version of running away, she feeling so much happier lately only because she's able to stop doing all the things she hated doing, yet it's all still running away, still not facing the pain and dealing with it like Brandon is trying to do.

And this will remain my dilemma until my Healing ends, not knowing for sure if what I am doing really is getting me anywhere or whether it's just one massive self-denying fantasy.

Afterthoughts: Having written that, and then dealing with more bad feelings, (and I'll add here, the word having 'processed' more bad feelings came to my mind, and I hate using 'processing' in that context that our feelings are just something we mechanically 'process') I really have to wonder if I'm not actually doing my Healing my way to avoid facing the real horror deep inside me, the deepest fear, the blackness of feeling so unloved and abandoned like these people face through Brandon's Process? However I no more want to do Brandon's three days, than I want to go to the doctor. So I will continue on my track, even if it ultimately proves to be just more feeling avoidance, and I'm forced in one way or another to do something else. And that's where I am, it's coming to crunch time, getting older, my body not working as well, feeling less and less able and willing to try new things – the thought of even driving to Melbourne to do a workshop, driving to Melbourne for anything, is enough for me to chicken out and say no. I can't do it, don't want to do it, so I'm stuck doing my way because that's all I can do.

And I wonder: is the surrender Brandon talks about, just surrendering more to your mind control and not actually to God; or is it real surrender? And what I think is surrender, is when it takes you to the point where you've tried everything and you have to give up because you simply can't go any further hitting the brick wall, not being able to do anything else. And Marion and I seem to be approaching this, to where we can't do anything anymore, we give up, being ground down into it, and leaving it all in God's hands, because it is, relinquishing all our mind control – the rebellion. So does our Healing

take us to a point of true surrender, rather than false mind surrender? So we're both waiting to see what is going to happen, the end is surely coming in one way or another: the end to our bullshit self-deception and we do fully Heal ourselves; or we're shown up and have to accept that our Healing is yet more self-deception. And what's so annoying is, you can't know until you do, we don't have Celestials in flesh sharing their experiences of it – it's so hard.

I think getting to the point of not knowing and REALLY not knowing, having all you thought you knew crushed out of you, is possibly getting close to the end and full acceptance of our wrongness, because that's how it was for us at conception. We had no idea. We're conceived into beginning without love – NO LOVE, what could be worse; and to then live that state as an adult fully aware of it, fully feeling all the terror of it, is where we have to get to in our Healing. And no avoiding it. Not using our mind to tell us we're not of that state, when we are. So forget feeling blissful, full of love and so happy being in your True Self with Source, putting that on the shelf whilst longing hard to be with fully with your Untrue self, and with no love, no Mother and Father in your life, just how it was for you at conception. We have to go back to the beginning, and understand how it was then for us – love or no love, and if some love, then how much and why only that much.

### **SAMANTHA in ENGLAND on BEING a MOTHER**

Saturday, 25 August 2018

James: Sam posted this yesterday on the forum, I think it's pretty amazing all she's going through, and it's all so much the truth.

<http://dlsr.freeforums.net/thread/32/sharing-healing-experience-xx?page=5&scrollTo=1931>

Sam: My Son has returned home after living with his girlfriend and her family for a year. Her dad couldn't deal with another man in the house and wanted complete control over their every move and asked Alex to leave and then never spoke to him or looked at him again. Alex left immediately and came back here where he is sleeping in my lounge. He has been trying to rent a room but keeps getting the same rejection from the landlords because he is a Punk and no one likes the look so they reject him.

This is all such an important event for me and him, I can see the pattern of rejection for me and for him. He is full of anxiety at being so rejected in life and it is showing me how I have rejected him from birth.

I wasn't ready for him, that was all I kept saying when I found out I was pregnant, first rejection. I wasn't looking forward to it and I was terrified about the pain it would cause me, giving birth. I can even remember saying in my labour that I wasn't ready, I was resisting it all the way so I had to have so much intervention to get him out, he came out black and blue at having to be pulled out of me, literally ripped out because of my resistance. I can remember looking at him and just seeing a bruised and battered baby, so rejected by his parents already. I didn't want to breast feed, it was too close, too personal and I felt so judged for it in the hospital, like I was some evil mother not wanting to be close to my son who needed me so much. I just couldn't do it. I couldn't bond with him properly and I am feeling so much pain in writing this, so much fear at how I am going to be judged and hated by others reading it but I want to be honest with how it was for me and Alex and by writing it down I can feel it more and more evolves from it all for me.

I went through a selfish life with Alex, wanting my own businesses and giving him to his nan to have during the week then bringing him home at weekends, then I would go out with my friends and leave him with my mum or a child minder, I was doing all I could to escape from motherhood and how trapped it made me feel. All the time I am writing this I am asking to be forgiven, I feel such sorrow for my son at having a mother like me, putting everything else above him and giving him away at any chance I could, constant rejection and at two his father left and said he wanted nothing to do with Alex

and wouldn't see him again. Alex had lost both us, his father physically and me emotionally. He doesn't feel he fits in anywhere in life and it isn't hard to see why.

As he grew I grew to 'Love' him, once the hardest times were over but shit, it was all on my terms, me first and what I wanted just like my mum and dad with me, I was them all over, putting myself first and dragging my son along with whatever I decided, this is evil parenting. I rejected my child from before birth, my true feelings denied and rejected him before he was even born and the rejection just continued from there until this day and I feel the deepest pain for what he is going through now in his life, all to show him the rejection from his own mother and father, he is getting it from everyone else he meets but he is not ready to see the truth of it, I wish he was open to it but it is not yet his time and God will let him know when his time to wake up comes. He doesn't want to hear it from me, he won't listen or take it in what it is all about so I have to shut up and let it all happen until he asks the right questions and all I can do is keep feeling how it all makes me feel, seeing the truth of it through my feelings and asking God to help me see the truth and I am so open to that healing with my true Mother and Father. I repent so much, with every fibre of my being as I see the truth of how I was with my son. How I put myself first, rejecting him as he is now showing me.



I can see all the pain I have caused him in his life when he should have been the only thing in mine. I am glad I feel in so much pain, I have been the cause of his and now I am feeling it all.

Even with him coming back home I am still trying to reject him, looking for somewhere for him to live so he can be out of my house, I am still rejecting him even though he says he wants his own place and is 24, I still have the feeling in me of wanting him out, rejecting him. It is the same feeling I have always had in me of being trapped by my own children, can't wait to be rid of them, get them off my hands so I can live my life how I want not being a slave to them, I feel as trapped by them as I did with my parents, trapped, having to do what they want me to do, love them, look after them, none of it came naturally to me so I pretended so I looked like a good mother. Building a good business so I could give them what they wanted in life but while I was working so hard and doing all of this I was rejecting them whilst saying it was all for them but that was the bullshit I made myself believe when really it was all for me, so I could escape from them.

Shit, it's all so fucking awful, so awful to write this down for all to read, so shameful to be such an evil mother to my children. To finally come clean and say I did it all for me, not them, that was the lie I told myself and every one else. Fuck the business and the money and the good standing in life, it was only them I had to be there for and I FAILED them. I am selfish, I pretended to myself I wanted them and I didn't, I had them and I had to get on with it now and my true feelings were telling me the truth but I denied them because they were so awful and bad and things you shouldn't be thinking if you are a mother. I had to pretend I loved them because it is so wrong not to. It didn't come naturally to me, right from the beginning I had no connection to them and I can see that this has shown me how it truly was with me and my parents, it was just the same, no connection but they pretended there was because no one can tell the truth that they didn't love their children how they needed to be loved, how could I when I wasn't loved how I needed to be loved, I have no idea how to love them or anyone, not a clue, I am fucked.

My son is bringing it all around me and I am surrounded by what I have done to him, I can't escape this time and pretend it all away. I have FAILED him and ruined his life because I didn't know how to love or connect to him and I will have to feel this truth. He is here, back in my home and my life to show me "LOOK MUM, LOOK AT WHAT YOU DID TO ME, YOUR REJECTION OF ME HAS GIVEN ME A LIFE OF REJECTION". And I am still rejecting him, right now I am still in that rejection trying to find him a home, give him away to someone else as I always did, get rid of him and he is in real pain

because he knows it but can't face the truth of the rejection from his own mother. Can't face the brutal truth that he wasn't loved or wanted and it was all just pretend, illusion and I am crying at writing this truth, I feel disgraced and ashamed at this truth, I can't even think of the right words to put it the way I am feeling about myself and the damage I have caused my son. As I looked through the Rooms for Rental on the computer with him last night, I realised "OH MY GOD SAM, YOU ARE STILL DOING IT, YOU ARE STILL TRYING TO GET RID OF HIM". I just closed the computer shut and stopped. My son was shocked and had no idea at what was going on. I went upstairs and locked myself in the bathroom in shock as the truth hit me of all of those years, I am still trying to get rid of my son.

What kind of Monster am I!!!!!!!!!!!!

I was happy when he moved out, I felt free just like I felt when I moved out of my home and could leave my dad's control, I was free and it felt the same when Alex moved out, freedom. But that is so wrong to feel that about my child.

I have just realised I have been trying to get rid of my dad, not Alex but my dad and his fear and anger and control, Alex has been him to me. The feeling is the same one, exactly the same. Oh my god, my poor son has had to carry that all these years, me projecting my feelings for my dad on to him, that is why I couldn't connect to him or any man, they are all my dad and I want them out of my life, to stop controlling me and trapping me. For fuck sake, it seems all so obvious and I should have known it and I kind of did but it has only just clicked in as truth. Wow, Wow, Wow.

I am trying to get rid of my dad.

I was pushing my dad out of me at my son's birth that is why I resisted giving birth, I didn't want him in my life again, I didn't want to breast feed him/dad, I didn't want to love him/dad, I wanted to push him away because he was my dad to me. I felt trapped and tied to him because he was a male, my dad and all males are my dad, Fuck YES.

I get it now; I see it all so clearly. This is what writing the truth down and asking for Gods help does for me, it brings the clarity of the truth to me and now I feel like things will change for us both as I see that gross cord disappear between me and Alex, that cord that carried all of that projection into Alex from me all of that dad, dad, dad stuff I was filling him with and not wanting to be close to him because I had no closeness with my own dad and was repulsed by the thought of it, NO, NO, NO keep it away from me. It had to be the same between me and my son, repelling him and rejecting him constantly so all my life I had to do the same to him, mirroring how he has been treated with me.

I don't know what changes may occur for us now but I feel something huge has shifted in me and between me and Alex, I can feel Father smiling at me and Mother has not been so involved, its been a job for Father and me as it will help with our closeness too. I can feel it will change my relationship with My True Father as well and he is smiling at me now I can feel it. It is going to all change now because I have felt the core, the truth has been revealed and I know God agrees with me and now change can occur. I am Wowed at what has just happened to me, I can feel God with me, nodding and laughing and rejoicing and celebrating with me at the huge change I am feeling. I can't stop talking about it, it is so amazing that I am feeling all of that past stuff lifting out of me, the dirty blackness of it is leaving me and I want my son to be with me, stay with me and not go anywhere. I want to make a home for him, make him feel wanted and loved and start over again and cry with him and say I am so sorry. I want to be with him always, shit I am crying with the love I feel for him, it is overflowing out of me, I want him so much, my son, my beautiful son, the one I have rejected all my life, I have missed him so much and I am so sorry. I can see why he was always so needy and wanting of me and it now all makes so much sense. I am crying so much all of the keys to my computer have gone blurry and wet.

Thank you Father, thank you.

Monday, 27 August 2018

Sam continues: Wow, the change has happened for me and my son. Last night he opened his emails and has received an offer of a room that he viewed, in the house he wanted because they are all artistic and musical people. He never thought he would hear from them again because so many were going for the room but they want him and are excited that he is musical and can join in and be a part of the house in a musical way as well as a house mate. He was surprised and shocked at the offer as he thought it would be too good to be true to ever get the room he wanted after all of the rejection he has had.

In that moment of me really and truly wanting him so much, it seems that everyone else wants him too, even his girlfriend has been extra loving and affectionate towards him, and his boss and workmates have been all so caring, even Sandra, a woman who has been a bitch to him has been asking him if he is okay and offering him toast and Jam in the morning when he gets to work. Last night he told me that the Boss had him in the office to ask him if he was okay and is there anything he could do to help out if he needs a hand moving, as he knew Alex was in between homes.

It's all changed for both of us I feel good for him now having a place to live in a house he wanted but never thought he would get. Everyone is different towards him and he is reconnecting with a best friend of his who called him yesterday out of the blue to say he wanted to get together again and Alex was so pleased as they were childhood friends and drifted when his friend moved in with his girlfriend.

Everyone is now accepting Alex and he can't believe the changes that are occurring, in a few days everything has done a U-turn in his life because I have stopped rejecting him, now everyone has, shit it is like magic has happened to us and I feel so much love for him, no longer rejecting him and denying my feelings. I got them all out of me, the truth, I accepted how I truly was with Alex, all of the putridness of my rejection of him, I expressed it all to God and they helped me find the truth and now all of that putridness has left me and so much love has been felt from me to Alex and now his whole life is changing before my eyes. I can see it all unfolding for him in such a good way and it hasn't been good for him since birth because of my unlovingness and rejection of him. Now I accept him lovingly, so is everyone else and it is just incredible to see the changes happen for him.



It is incredible to see Feeling Healing in action, IT WORKS. It changes everything.

**JAMES WONKY REPORT** – Pascas Care Journey Process and Feeling First

27 August 2018

Who is Namaste? I looked it up, a Hindu gesture of greeting. Why do you need to put that at the end, we're not Hindu's??? I think we should keep it how we are. And John or Pascas or something. I like the introduction – disclaimer – though.

**WONKY REPORT**

P10 can you please add to the red paragraph ...natural love mind spirits. As there might in future be other natural love spirits that are feeling-based doing their Feeling Healing without the Divine Love.

P18 I'd add to the first para at the end just to spell out the obvious: ...So there was no Immaculate Conception.

Where did you get that about Mary being born five years earlier, did she say that through me? I thought they were about the same age?? I can't remember.

para 3 Jesus and Mary being a Paradise Creator pair don't fuse with their Indwelling Spirits – so neither do the Avonals. Paradise Pairs are already divine, unlike ascending mortals that are of Natural love and need to embrace the Divine Love and fuse with their Indwelling spirit to become divine. So when they come of age they express their divine soul without needing such inner help anymore. They still partake of the Divine Love when on bestowal so as to transform their Natural Love, but really they are so different to other people because of their inherent soul difference. Which seems so funny writing it feeling that I'm an Avonal and so different to other people, when I'm no different, only perhaps I am being so fucked – who the fuck knows. Anyway, when the Paradise Pairs 'become of age', meaning of the Celestial level of truth, then they no longer need the personal guidance from their Indwelling Spirit within them, so their Indwelling spirit leaves becoming fully individualised – personalised, never to indwell another spirit. And from that personalised state, the Indwelling Spirits can still advise the Creator or Avonal Pairs should they need such advice. But the whole thing about the Creator and Avonal Pair is that when they become Celestial, they are fully of their Paradise status, so they are literally in that light 'god on Earth', meaning, they no longer the inner god – the adjuster's guidance, they get all their guidance directly from their soul, so direct from the Mother and Father, Eternal Son and Infinite Daughter, they being essentially 'Paradise on Earth'. So when you see the Daughter and Son, you are seeing 'God on Earth' and when you hear the Daughter and Son, you are hearing 'god on Earth' which is why they are such a big deal and so different to ascending mortals. And so for an ascending mortal to choose to follow the Daughter and Son, they are choosing, for all intents and purposes, to follow the God's that Daughter and Son represent. So by choosing to follow Mary and Jesus you are choosing to follow the Mother and Father and the Eternal Son, so the Divine Love and the Divine Truth; and with the Avonals – the Eternal Son and Infinite Daughter, so the Divine Truth and the Divine Mind. So you could say: Jesus came into his full Sonship in 26 AD...

para 5 The same for Mary, she didn't fuse. So Mary came into her full Daughtership two...

Second last para – You might like to add in this para about Mary not being able to have her public ministry, that her subjugation was her 'assassination', the equivalent to that of Jesus being nailed to the cross. Her's was just a longer more drawn out affair, but basically achieved the same end, that she couldn't express her truth as neither could Jesus, his truth expression being cut short.

Last para 2nd line – it's: sow the seeds not set.

P19 fifth para third sentence – two females??

para 7 – second last line, I'd drop the 'us'.

para 8 end of first line add a comma after Feeling Healing

Yes, I liked those two pages, it was a good last para, and I hope you're right that our healing does finish within this or next year. It seems like it will never finish.

P27 under the picture, technically the definition of prayer is asking. I think you could say something like: True Prayer is not asking with the mind; it is a longing from the soul.

P28 – top bold quote, should be reworked. The Divine Love does transform our soul from Natural love into Divine Love. It's our Feeling Healing that 'transforms' or heals our erroneous expression of Natural love. We have to 'heal' and so perfect our Natural love, so it can then be transformed by the Divine Love.

P29 and 30 You don't have to adjust anything, it only made me understand something that I wanted to write – you know, for the record. Once someone is of a Celestial truth, if they are 'allowed to' or commanded by a higher Paradise Pair or the Melchizedeks, or feel to from their soul and God, then they can heal anyone, even if the recipient doesn't have faith, as it's really the angels who are engaged to do the actual healing. Such 'faith' healing stuff I think is really the connection needed between the mind side of things, such as a mind spirit wanting to help heal someone on Earth, the recipient needing a certain faith or mental alignment – belief – to be able to receive that healing.

Basically about all of what's on these two pages, I have no idea, nor do I feel like trying to verify or sort it out – I don't think I said such things. They are very confusing, and all the sphere stuff and Earth planes, it difficult, it's much better if you stick to calling the Earth planes – Earth planes, the healing and mind worlds – the Mansion Worlds, and the Celestial spheres – the Celestial spheres. If you do want, I can ask Nanna Beth how it goes, unless I already have and that's where you're getting this from, but at the moment I can't get my mind around it so I can't see that I or Nanna Beth came up with it. My mind is fading, everything is fading, I'm going to be a pale shadow of my former self – ha, ha! Actually, in trying to understand it, I'd scrap the whole page, I don't like it, I think it's misleading and I don't know if it's true anyway. Sorry about that. I don't think the magical angelic healing stuff should focused on, it's a side issue, something that will happen should it need to, but it can too easily take the focus away from doing the real Healing.

End.

**CELESTIAL WRITERS and EMERGING CELESTIAL CONTROL**      Tuesday, 28 August 2018  
James: This is just for you and the 'inner circle' John.

I'm being tardy!

Another odd thing happened in my mind today to do with Pascas. I don't really understand it, and it might just be my own making things up, however, it went like this.

I was reading John's latest PC (Pascas Care) paper. And I thought, these spirits like Kevin and Nanna Beth, really we should say they are Celestial spirits together with the date written and name, so people who read the papers know there is a heavy influence from the Celestials in all the Pascas stuff, a heavy influence from spirit because that's the whole point, that all my work is a revelation from spirit, which is why I've worked to comprehensively involve them. And as they have told us, they are taking over looking after humanity behind the scenes as the rebellious control starts to drop away, and they are close to us all in all we're doing.

And then I thought, well really John could say something like Pascas is supported by the Celestial spirits as part of the 'logo' on all that he writes and produces for Pascas. And then it struck me that I see the Celestial spirits doing the world stuff and we physical people doing Pascas, the two being separate, although (just to contradict what I said) with of course their guidance through John, and the rest of us. But that then made me feel that in some way I was maintaining some sort of control over Pascas, with John wanting me involved, and reading all that he intends doing with it, and my working on the Papers with him, that I've got some say in it, as in what it does and the direction it goes in. And that by having that control I was actually limiting it, which I don't really understand how, limiting myself more likely by being aligned with it in this way, and I realised that I had to give it up, my control in it, even if the control is only a belief and nothing in reality; still, I gave it up and gave it over to the Celestials. I said to Nanna Beth, it is all yours, it's not my doing, you don't have to honour me and keep me in it all, it was yours before I came along, and I don't want to get in the way, so I'm bowing out, so it's to be how you want it to be, not how I want it to be. Even though that's how it already is and has been no doubt from its inception.



But I felt I'd been tardy in giving it up, as I don't want any such control. I'm more than happy to keep the truth aligned throughout Pascas and saying what I think about things as it moves along, should you want me to John, but it's not 'my' thing, it's not what I want to do – control Pascas or control anything, even if it's only partial control.

So now I see the Celestials in control of the world and Pascas, it being their vehicle in the world to do with as they please, which I'm sure you John would be more than happy with and no doubt already see it that way. But now, if part of my role is to make such things official by documenting these experiences I have, then it's been done, Pascas is now officially, so far as I'm concerned, the Celestials creation, and we are going to do what they want. So we're their 'hands' and 'voice' in the physical.

So really it's now up to them, which it no doubt has always been, to get it going. If it's going to be through Pascas that I am going to reveal my truth, then things will unfold as they want it to – as they have been. And all we have to do is keep doing what we feel to do, talking about and expressing all we feel, and longing for the truth of such feelings. And I imagine it should all steadily, gracefully and perfectly, unfold.

So anything that goes haywire we can blame on them – ha, ha – we no longer having to take any responsibility – only joking. However, it's a nice thought. And it's all perfectly in keeping with my Healing, that I want someone else to do it all, so now instead of wanting mum and dad to do it all, as they did do it all, I can put it all on the Celestials, so I've given myself a very nice way out. So having done that, now I'm waiting to see what the next step is.

I was brushing my teeth after I wrote this and Nanna Beth said, yes, that's right, you've given us the go-ahead. I said, I have? How come I'm always the last to know what I'm doing? She laughed and said, it's true! And I said, yeah, which part? And she said – both!

### **WHY DELAYS?**

Friday, 7 September 2018

John: Regarding the delivery of the package to implement the distribution of funds to the Solid Investment account holders:

What I would really like to know is what is holding this up?

Why do we have to endure this endless deferral of the delivery of the package?

What has to be accomplished before the package will be handed over to Crystal?

James – I'm sorry John, Nanna Beth wasn't too helpful – you'll have to sack me, I'm fading out as a fantasy channeller; and I've left my talking with her about myself on the end of her message.

Nanna Beth – 3<sup>rd</sup> Celestial Heaven: I can't tell you anymore John, I can't directly answer these questions, there's too much at stake on the unseen levels that are affecting all involved. And it's even better that I don't say anything, it's having the desired effect, I can't even say specifically what I'm talking about now, however James can sense some of it, as so much of it has to do with what he's currently going through.

So I'm sorry John, there's nothing more that I can do. Crystal and Helen can still work together, so all you can do is keep trying to express your worries, doubts and fears, and keep longing to God for the truth. Ask the Mother and Father to help you understand – reach out to Them more.

The doubts and negative aspects to all of this are what's at the core of it, it all serving to help more of that come up so it can be expressed out of you and the truth seen. That is all and ONLY what it's

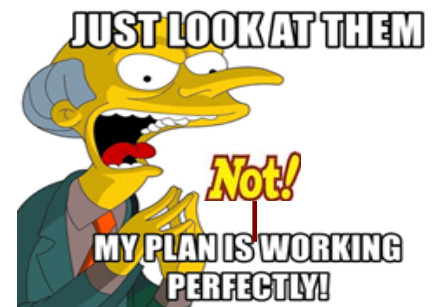
about. And I know this really has no meaning for you, however that's for James to reconcile as all he is going through is about nothing working, nothing coming to fruition, nothing being real, it all being fantasy and that's how it's going to remain – which is the truth of his whole life, so that's why it's important for him on this level. And as I can't tell you or anyone how it's affecting you because I can only relate directly to James because of our communication together, so I'm sorry again that I can't tell you more about what you are going through.

And as far as you practically doing anything else, as I've said, I can't tell you anything about that either. All I can say is you don't have to worry about that, it's not because you are not doing something, because you are missing something, some important aspect of it and that's why it's not working; no, it's not like that, it's doing all it's meant to do and you will continue to do all you are meant to do, as you have done all the way along. The problem being, how you think it should go, is not how it's going, and that is where the inner friction comes giving rise to all the bad feelings that rightfully should be embraced, expressed and the truth sought. However you can only do what you feel you want to do in this, and that too is fine, so it's just about seeing what happens from one day to the next, just as you've been doing.

So again, I don't want to say too much either way because it's not my place to tell you how to be, it's for you to live it yourselves. We have done our open part, now we're to keep working behind the scenes, at least for this stage. We are still very close to you as you can sense, we're not going to abandon you, it's nothing like that, but as I said, I can't say anymore.

James: If you can't say anything about us personally, can you say anything about the world scene currently Nanna Beth? The Dow is struggling to climb to 30,000. Amazingly it still is, taking into account all the pressures and reasons why it shouldn't.

Nanna Beth: Yes, we think it will keep going for a while longer, at least through the Mid-Terms and then seeing what happens there will be help to determine the direction afterwards. All we've said about Trump and Putin is still relevant. They are both fighting on many fronts the hidden controllers who are even more fearful of losing their power. Things are not going according to their plans, so they are having to make new ones, which is not what they are used to. It's an interesting time James, the Old Way is being eroded progressively on many fronts, however the replacement New Way being offered or worked toward, although being better in many respects, yet as you would expect, is just as flawed. Still none of it is really going to concern you, and soon you'll see why and you'll remove yourself from it all. And I know we've been saying and alluding to this sort of thing for a long time now too, but it's all still moving that way. You and Marion are going through a massive amount of change, so much daily now and it's only going to increase. Although you feel so bored about everything, that's only your outer life, whereas your inner one is picking up speed.



James: Yeah, one massive fantasy after another. I'm feeling very disconnected, more so than I've ever felt, which I guess is how I've always been, with my life catching up to that truth.

Nanna Beth: That's right, it's actually nothing new, for you as you know, all you go through your Healing is all you've been through before on the feelings and mind levels when young, so it's awakening locked away mental stuff and their associated feelings. And it's just that you're not familiar with it, you've never lived with this level of self-awareness before, you have felt and thought along the same lines you are feeling before when you were young, however you were mostly unconscious of it all at the time. So if you stop and take an inner photograph of yourself at any time now, what you see in the feeling / mind snapshot is how it was on those feeling / mind levels when you were young.

James: So I had a massive inner fantasy life?

Nanna Beth: It's not that you sat there all day long in your mind thinking and dreaming and imagining things, but the impression from your parents you were subjected to on the feeling and mind levels, created such patterns within you as you grew up, all of which are now being filled in by these fantasies so as to give you a better grasp and feeling for and understanding of those mind and feeling patterns.

James: So all of this with John, Marion and my 'M' fantasy that's been building this past week, is what – the fantasy environment mum and dad subjected me to, and it's coming to fruition now in these ways so I can better relate to it like you said?

Nanna Beth: What you are to understand is that the Rebellion is a fantasy, as there is no truth to it. Yet everyone in it lives it as if it's their real lives and so true. So what you say is correct in that all your parents subjected you to was a fantasy and they made you believe that it wasn't. And so because you could do things in life and life responded to you, so you believed that how you are is real, yet it's not, it's all a fantasy because you are untrue. And I know people say life is all an illusion, but that's only relating to it on the mental level, from where they were going at it, whereas it's truer to say it's a fantasy because the fantasy includes the feeling level as well and the interrelationship of the two levels, the mind and feelings, that which we call or refer to as the psychic levels. So it's far more involved as you are understanding, your fantasies are far deeper emotionally and psychologically, which is why they keep running through your mind constantly expanding in all directions because that's how it was for you being subjected to your parents as your mind and feeling systems evolved. It's hard to explain it too you, however in time the further you progress with it all the more you'll see it and understand. And I know it's very difficult, however now because of all the Healing you've done through your Healing years, you have the emotional and mental base of understanding to deal with it, which is why up until now you've had and worked through what you could call minor fantasies to express these aspects of yourself, whereas now, which your movie writing of late has helped open up more in you, you're able to deal with a full-blown very personal and intimate fantasy as this one you're having with the young woman. And as you are doing, as you know, the more you can talk about all the aspects of it on a feelings level with Marion, the sooner it will be worked through and the truth come to light.

James: I'm seeing that because of where Marion and I are in our relationship now, with our basically accepting that we're not suited and wouldn't be together other than for our Healing, yet still wanting to remain together to help each other, I wouldn't have been able to indulge so fully in such a fantasy, and Marion wouldn't have been able to accept me doing it. However she's almost more fascinated and supportive of it than I am myself. It's all very weird Nanna Beth, I am understanding that I sure don't have any idea as to where my Healing is going or what I'm achieving in it. I keep having to let go on any understanding of it, which I understand – yeah right – is all part of the fantasy James that I am. I feel like I'm in the James Movie that I've written for myself – and with God's help, and I'm just an actor playing the role called 'being the fucked child of my unloving parents Rosemary and Anthony'. And so what is going to happen to actor James? I'm hoping that I'm going to start writing / living through the end times of my own movie. No wonder movies are such a big thing. They are having a break from your own movie by pretending – fantasising – that you're in someone else's.

Thank you Nanna Beth. It was nice to 'feel' you 'flowing through my mind' again – yet more fantasy I suspect.

Nanna Beth: Until next time. Yes, it's always a pleasure. I am very close to you John at this most trying time for you. And I will inspire James to write should there be anything I can tell you that might be of help. I'll be speaking with you soon James, keep flashing your thoughts and feelings to me should you wish, we're always tuned in and will respond in kind.

James: Thanks Nanna Beth, I will, you always shed more light on it.

## WONKY REPORT

Sunday, 9 September 2018  
Pascas Care Letters – Destined to Shine

This is a 'Wonky Report' as John calls my doing corrections on his Pascas Papers. I've included it all here even if some of it doesn't make sense as it touches on some of the current and ongoing issues I have with him using the Avonal stuff as I say below.

Destined to Shine!

Stuff to do with me, as in the Avonal stuff, I don't think you should send it out until I've looked through it. I know you want to get on with it John, but I think you're going to have to be patient as obviously there's a lot more at stake in this than what we understand.

P5 para 1 – I think it should be gigantic ???

para 4 – It's a bit of worry sending that out as it is because we've not finished our Healing nor do we know 100% that we're soulmates, it's all still up in the air, as good as it sounds. So it's untrue and the whole thing I want to be is as true as I can, otherwise you have to keep going back and telling people that it's not actually right; it might get there – but it might not, so it's too misleading and I don't want to be involved with that. So if you edited it to the truth of how it is, saying they are currently healing themselves and that you understand an Avonal pair is present, that would be more true.

And it should be – And yes, the way to evolve to SHINE is being provided to us by...

Also the part about the Avonal's 'taking on all that humanity is suffering from' has to be worded more correctly I think, because I don't want people thinking that in some way the Avonal Pair has taken on all humanity's suffering and is healing everyone's suffering by healing it within themselves, like it's said the Eastern Guru's are able to do – take on someone else's karma and healing it for that person, which of course can't happen. So possibly something like:

Paradise soulmate pair who have personally taken on all that humanity is suffering being expressed on the feeling and mental level and are working to heal themselves of it.

I know I've not worried about it being said like this previously, however as I grow and change so I can see more truly that which needs to be addressed and kept true. And for me it's a Catch 22; it's a pain the arse having to be coming at it all from the blind ignorant level, it would be far better to be like Jesus was, to completely heal myself and then write about it all, knowing that it's all true and I don't have to go back over it and fix it up or keep bringing it into line as I progress more; and yet I've needed to do it this laborious way as part of my Healing, I wouldn't have been able to my Healing had I not been writing about it all along the way.

para 5 needs adjusting too. As long as you don't send this out to anyone else, for the moment I'm happy that you keep the Avonal stuff as is with the expectation that we are that Pair and we will finish our Healing, so you can release it when/if that becomes true.

para 6 – ha, ha you're getting a bit excited I think. I'll have to pour a little water on the flames as we're currently in simmer mode not ready for full blown conflagration.

Please, may I go on!!!! The pain and suffering that this pair has gone through has totally and absolutely smashed their bodies. It has taken each of them an average of twenty five years of healing. Each of

them! The lady is absolutely incapacitated but she is a vibrant radiant flower of great joy and bliss – yet her physical body barely functions. The male is a little better and will proceed to a form of public ministry. When one starts to even marginally comprehend a little what this pair has endured for all of humanity, it is incredible. BUT THEY HAVE DONE IT! They have healed themselves and now we can fulfil the above prophesy. This prophesy is a reality.

And ‘average’ is not right. It’s taken us about twenty-two years and counting doing our Healing together, with Marion doing it for years before we met. And so it’s a bit arbitrary saying an average of 25. It’s easy to write and make such deductions / assumptions, but you’re putting it all down in print, and so in theory, forever. So I have to contradict you in my writings which shows you up as a dick for making stuff up, which we both want to avoid; and something written now in 100, 500, 1,000 years time will become fixed in concrete – look at what we do to the Bible as you know. So we want to fix as little untruth as possible, always having to be vigilant about it, while accepting that we’re so blind and unaware and for all we know most of it might be a load of cobblers. When I talk with you on the phone I put on my ‘I am an Avonal’ hat because it helps me to feel those feelings and understand more about that part of me, whereas in my normal time I take the hat off so I can doubt and question it, exploring the other side and all those feelings.

So with this para it would truer to say they are still doing their Healing and should they complete it then the Rainbow prophecies have a real chance of looking like coming to fruition.

P7. para 1 Between the two of them they have suffered all that each and everyone of us have and are presently experiencing.

You have to keep qualifying this. It makes it sound like we’ve suffered everything everyone has suffered, which isn’t true, as we’d have to be everyone to do that. And that we’d have suffered every illness, pain and so on – which would be truly amazing. You’ve got to keep bringing it back to the feelings, as that’s what this is all about. So saying things like, on the feelings level between them, the Avonal pair have suffered the extremes of humanity’s feelings – or something like that. Even that sounds dicky, I don’t know, I’ll have to work on it more. The Avonal Pair through their lives have suffered on the feelings level like we all suffer, and by healing themselves of such suffering, are opening the way for others to truly heal their suffering through their feelings. That sounds better.

P10 para 4 Again this is all still to come should we prove to be the Pair and finish our Healing. And as far as The foot is firmly on the throat of the beast and it will never be allowed to rise up again. This is not entirely correct either. It is right, technically – yet it still waits to be lived – that the Rebellion and Default are over. However at the end of the 1,000, the Divine Love is going to be withdrawn again for a season, which means the influence of the Avonals and Mary and Jesus’ Spirits of Truth will (I think) also be withdrawn, and so the beast will have the foot withdrawn, so as to give humanity a chance to deal with the legacy of the Rebellion and Default on its own, so without any help from the Paradise Pairs propping people up. It will then truly be up to the ministry of people of a Celestial level of truth – those who have Healed themselves, to help humanity progressing. Which I’ve just said will be the official time that humanity on Earth is handed over to the ‘Celestials’, people who have healed themselves, so to bring the physical into alignment with spirit (with the Celestials now calling the shots in the Mansion Worlds). So it will then be Celestials in spirit and on Earth who are in full control of humanity. So that’s the goal we’re working toward for the next 1,000 years, to get enough Celestials on Earth being able to guide the rest of humanity out of the yuk and to help them adhere to doing their Healing by looking to the Healed Celestials for help instead of the Spirits of Truth. So in a way, and for the short term, those physical Celestials will be stand-in Spirits of Truth, so for intents and purposes, will be ‘Living Spirits of Truth’. Then humanity will for the first time be wholly controlled by itself, and that is pretty amazing for a mortal world as mostly such worlds always have higher Sons and Daughters involved at some level. And then presumably when enough time has gone by and humanity is ready, possibly when everyone has chosen

yuk

to do their Healing or has done it, then I suppose another bestowal Avonal Pair will come and release their Spirits of Truth and make the Divine Love available again. And will that be Marion and I returning? Which is the last thing in my current fucked state I could imagine ever wanting to do!

P12 first line – I think it should be ...to be substituted.

P19 – last para there should be ‘ around soulmate because it’s only us who are of the Truth creation side of things that have true soulmates. The mind creations like the nature spirits and angels are in pairs, however I don’t think they are called soulmate pairs. More accurately would be probably to say lightmate pairs. I don’t know, I’ll have to think more about that, but in the mean time if you put ‘ around soulmate that’d get over that difficulty. We each have a band of a Nature Spirit pair, Spirit Guide pair, and an Angelic pair, each pair being in their ‘soulmate’ relationship.

And the last sentence [our Angelic pair continue with us for eternity](#). I think this should be amended to: ...our personal Angelic pair continues with us to Paradise, and then even possibly being with us throughout eternity.

It’s only when you get to a certain level that you get a ‘personalised’ angel pair, up until then, the bulk of humanity share one angelic pair for groups of 1000 people, so those people’s angels will change when they start spiritually progressing being assigned a personal pair. And I don’t know what happens after Paradise, that’s too far away anyway.

James: These are just some further speculations of mine John that occurred to me today. They are not to be published, they are still ‘works in process’ and really just for myself at this stage until I’ve grown enough in truth to know one way or the other. But I’ll send them anyway because I’ve got into the habit of sending it all to you – that which comes about because of you.

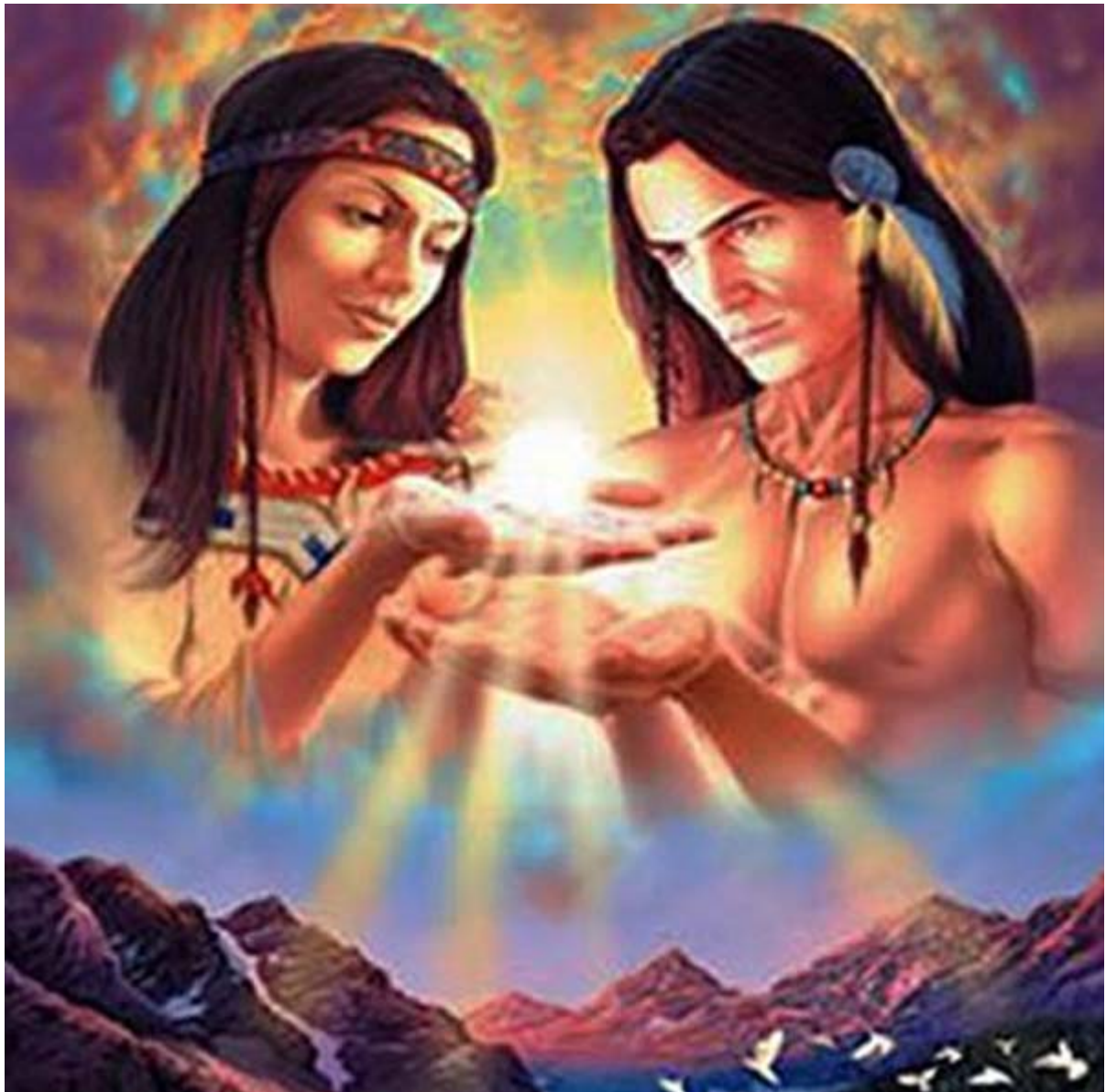
[“Native American legends tell that Rainbow Warriors will return in bodies of different colours: red, white, yellow and black. Do the colours merely have a symbolic meaning, or has in fact our planet, during every world epoch, been assigned to an extraterrestrial being, a god, whose primary task was controlling and guarding the Earth? Since these extraterrestrial beings probably have various skin colours, it is only natural that humans would say a white, red, yellow or black god. Many people believe that we are on the verge of a mass awakening of global consciousness that will usher in a New Global Golden Age for mankind. Will humanity be able to change and save planet Earth or are we doomed as a race? Can the Rainbow Warriors save us like the prophecy tells us or will this planet be destroyed and later inhabited by a new race of beings?”](#)

James: This last paragraph of this article intrigues me. Initially I’d pass over it as the usual New Age reincarnation stuff, and that of course there won’t be any extraterrestrials coming to Earth to form a new race. However putting it in this light, that these Rainbow Warriors might come to Earth, twiggled something in my memory that I read in TUB but I can’t find at the moment. Anyway, it was along the lines of when the Avonal’s Age ends, then here will be another descending higher Daughter and Son needed to bring in the next age, and I wonder: could that even be another Material Daughter and Son – a new Eve and Adam, ones needed to complete the full spiritual and material uplifting of humanity, that which was lost by the Default of the first pair? Or if not a new Material Pair, then even perhaps the materialising of the first pair’s children back on Earth, that TUB says it didn’t know what was to become of them. What if they came back to Earth, free to do whatever it was to help uplift those levels of humanity still needing such help? This all happening at the end of the next 1,000 years and possibly with a Pole Shift thrown in just to spice everything up that much more?

I don’t know, however it’s opened the door within my mind for there being other possibilities that might happen to humanity, all to help it get back on track so it can move into Light and Life as it’s required

to. So really it amounts to: Can humanity work its way out of all the effects of the Rebellion and Default by looking to their feelings for their truth, and the massive time of generational breeding for this to occur, or will other higher universal help be provided in a more physical and genetic sense?

Or is it that humanity will live through the 1,000 years, then as I said, those people who have healed themselves and being of Celestial levels of truth, yet without the Divine Love because of it having been withdrawn, themselves acting like ‘Spirits of Truth’ to those needing and still wanting to do their Healing, waiting for the day of yet another Avonal bestowal. So these physical ‘Celestials’ would not actually be full Celestials because they would not have partaken of the Divine Love once it’s removed, but would be for intents, true and perfect and living the highest seventh Mansion World truth.



## TRANSFORMATION PHASE

Sunday, 7 October 2018

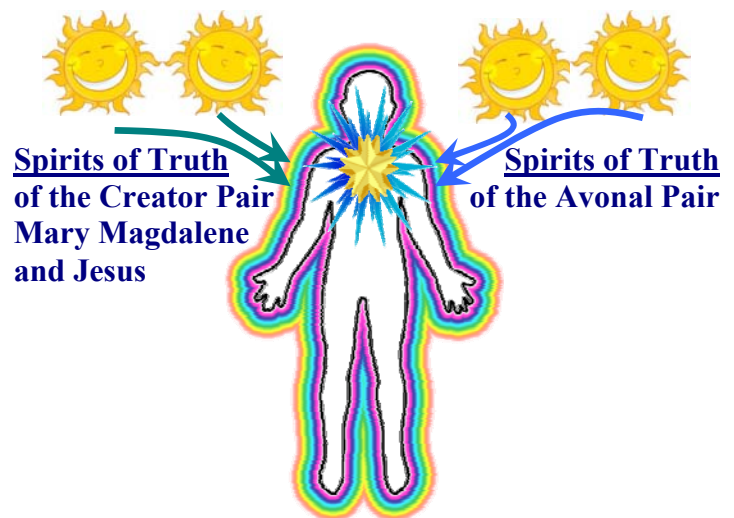
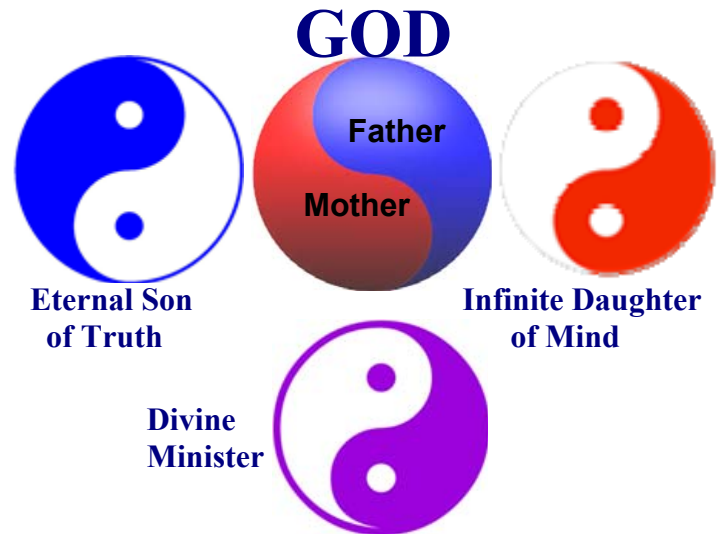
If you wouldn't mind restricting this to the inner circle please John. I hope it makes sense, I feel zoned out lately, I really am losing the plot.

James: Hello Nanna Beth?

Nanna Beth – 3<sup>rd</sup> Celestial Heaven: Yes James, go ahead, I've been expecting your call.

James: I'm having a break from my movie writing, and as you know, I want to write again For The Record, something that's been coming up in me this past week. Since spending the day with the Divine Minister and She confirming that everything that's been told to me still stands, it has been coming to me, which I want to clarify with you, that now it would seem you Celestials are waiting for Marion and myself to begin the last phase of our Healing. Or to end it and then begin the 'Transformation Phase' into becoming true. And once that happens, then you Celestials will be completely free to move into affecting individuals on Earth, so working toward stopping all the heinous control once and for all. That so far you've been given the go-ahead to stop or limit the mind spirits control over humanity, and now you're waiting to move closer to us by being able to stop or limit people's actual control on the world. Am I right in this – is this what the next step is?

Nanna Beth: It is. Yes James, we're waiting for that, to be given such authority as to what amounts to – Taking over Humanity, once and for all. And it's to coincide with, to result from, you and Marion finally healing the control that has taken you over, by choosing to effectively take control of it by no longer wanting to live it. So as you are coming to accept it by uncovering the truth of it through your feelings, so you are choosing in all the small ways to no longer want to be of it, which is letting it go or giving it up, and so it will be transformed out of your soul when you no longer need to live subjected to such negative and unloving influences. So as you free yourself of such unloving control, when you begin your soul transformations in earnest, then so too will you be



**Long for the Truth from God, the Truth your Heavenly Mother and Father will show you. This does come through to you via the Spirits of Truth of the Avonal Pair in relation to one's Feeling Healing and in relation to Divine Love from the Creator Pair, all from the Eternal Son and in league with the Infinite Daughter and the Divine Minister.**

So as you free yourself of such unloving control, when you begin your soul transformations in earnest, then so too will you be



able to do what amounts to beginning to transform humanity out of its unloving control. And as you rightly surmise, that will mean we are to come and have far greater input in anyone's life on Earth, thereby working to help those people wanting to uncover the truth of themselves to be able to do it more easily, and those people wanting to stop that, which means everyone else who wants to remain as they are in their rebellious ways, finding it increasingly difficult to do so. Once we are given this official go-ahead, we're going to implement our influence in stages – phases if you like, all in accordance with – matching – your personal growth. All of which will be outworked through the forthcoming spiritual age but generally put into effect once you and Marion progress through your transformation phase.

James: And driven by our souls, the **Divine Minister** said She is going to work the mind circuits to mirror our development, thereby providing the structure, templates and circuitry adjustments to make it all happen.

Nanna Beth: Yes. She is for all intents and purposes, **the Mind of Nebadon, we all have our minds within Her, she gives us our mind structure in which our soul expresses our personality, both on the mental, feeling and psychic levels**, as you have read in The Urantia Book. But it's more than just talking about impersonal mind circuits, **She is like the God of the Mind for us in Nebadon**, and being so, She is very personal about it all, so every person is considered in the light of how their mind is structured. So she will change the parameters of how your minds can function, so as she changes the structure so everyone's mind on the world and in the Mansion Worlds will comply. So She will initiate the necessary circuitry changes on the biggest to the smallest level, with your angels carrying out Her wishes for the individual all in keeping with the needs of their soul, and then within that, we Celestials can come and play our role, which is backing up what the angels will do all on a more truth and human level. So as you and Marion change, you being the Avonals who are now dictating the terms of how humanity is to become, so humanity has to start to comply with your Spirits of Truth, which the Divine Minister will put into play. So how you both are is how everyone will become so far as the truth is concerned, thereby eventually bringing about the Rebellion and Default's complete end, which means, with everyone Healing themselves – that's the theory anyway, and the long term goal; however as you understand, that is going to be carried out in different stages, the first being the next Spiritual Age, but not everyone is going to heal themselves completely through the next 1,000 years, then the Divine Love will be withdrawn and people will have to just work in Natural love with your Spirits of Truth, then the Divine Love will be made available again, requiring yet another bestowal pair, who could be yourselves again or another Avonal pair – we can't tell you at this stage.

James: So the feeling that's growing in me is that I am taking over the world. And writing that for everyone to read sounds so egotistical, however I want to write the truth as I feel it, which still might be entirely my own fantasy, and if it is, it's still growing by the day.

Nanna Beth: It will seem like your fantasy James until you end the fantastical delusion of the negative state you're living, so until you are fully Healed it will seem unreal and like a fantasy without you being able to know for sure. And that's all part of what you have to heal, that you have these feelings about yourself and are they real or not. Were you not interfered with you'd know the truth as it came up in you as you grew older, but as you've been so heavily interfered with which has stopped and distorted any feeling of truth for you, so that's what you're Healing.

So yes, you and Marion are the controllers of the world, it's to become your world in the truth sense, the control of which you are taking back into your own hands as you progress through your Healing. The world is becoming yours in so far as you are the Living Truth and being the Avonals and so possessing a spiritual drawing power within your soul that when activated upon the completion of your Healing will act to 'Draw all people on Earth and in the Mansion Worlds to you', thereby putting a spiritual pressure on people to end their anti-spiritual ways and to become truly spiritual by doing their Healing.

You won't personally have any say in anyone's life and your spiritual influence will at best be subtle, but nevertheless it's very real and everyone will have to choose to follow you if they want to fully Heal themselves. If they continue to deny the Truth, then they are continuing to deny you, which means they are continuing to reject your Spirits of Truth, doing ever more damage to themselves, **this all coming into effect when your Healing finishes and your Spirits of Truth are fully activated by the Divine Minister 'turning them on'.**

So She syncs in harmony with them thereby altering the configuration of the parameters of the mind that everyone can live within. So what that means is people's minds will start to work to turn them toward your Spirits of Truth, helping to turn them toward embracing them, so putting pressure on them which we can add to along with people's angels, all creating a tension and slow grind toward humanity ending its wrongness and starting to lift itself out of its darkness. And you understand, that is why humanity has not been able to do anything other than keep going further and deeper into its Wrongness over all these years, is because there has been no Avonal Spirit of Truth available for it to use to Heal itself with.

So yes, we the Celestials and the whole of unhealed humanity is waiting for your Healing to end, we've been waiting since your conception, and we're now soon to get what we've been waiting for, the go-ahead to act, to take the next step coming closer to people on Earth and in the mind Mansion Worlds, to start adding to the pressure if they are denying themselves and the truth, pressure to stop; and if they are going in the right direction by wanting to live more true to their feelings and themselves, then to help them feel better about that.

So like you've been feeling, when that time comes, we can act, more closely with everyone, and then you really will start to see some significant changes in the world. We are currently still in the preparing stage for this, and so you are observing the world changing getting ready for the Big Changes that await it, that which as yet mostly everyone is ignorant of.

James: Everyday now I feel like I'm closing the gap, I'm seeing how fucked I am, accepting that I am this way, even feeling more of me changing, even now with a little room to stop doing all my addictive and destructive things so much. But still, like as you say, this too is just the awareness phase, preparing me for my transformation out of the Rebellion and Default. And that all of my Healing to this point has been of this awareness phase, the gradual becoming more aware of how fucked I am and all the different elements of it.



Nanna Beth: Yes, that's right, you've been working your way up the Mansion Worlds healing all the mind, feeling and psychic circuits within yourself – both Marion and yourself doing it in your different and united ways, and soon you will end that phase and start enjoying the time of leaving it all once and for all. And everyone will follow the same pattern that it's been for you both, in some way. Some people will have a longer and shorter transformation phase, and a longer and shorter awareness phase, but it all comes down to the same thing, that everyone will uncover the same truths that you and Marion are, which means by the time everyone becomes Celestial, to use another of those Americanisms – We're all on the Same Page. We're all to live the same truths, that what unites humanity – The Truth, and until that happens, which can only happen as people do and complete their Healing, people will remain separate and denying it.

As you understand, the whole push for a global humanity who are all on the same page is being done in the Wrongness so it's forcing people to comply mostly against their wishes. If humanity was

uncontrolled in it's wrong state, you all being free to express your rebelliousness, then there'd be no cohesion at all, everyone living completely at odds with everyone else, as there'd be no artificial mind generated structures – belief systems – that you adhere to trying to stay united, you'd all be expressing your hatred of each other and of yourselves. But as you try to keep your false mind-derived love to maintain your false so-called loving mind / belief systems in place, so you can live under the illusion that you are unified to some degree.

But you're not, and as you and Marion are understanding more about your own relationship, which really reflects all relationships in the Wrongness, there is no love between you, no truth, just games you are playing between yourselves all to fill in time and pretend you are doing something worthwhile, having a worthwhile relationship when really you shouldn't be together because you hate each other. And the only time to be together is to help each other become true to your wrongness, which is what your relationship is all about.

James: Okay, I've not gone that far seeing that really we all should be apart and openly hating each other, only coming together should we be intent on Healing ourselves, so helping each other to do that in our rejection, hatred and unlovingness.

Nanna Beth: Yes, that'd be the truest way for you to live expressing your unloving, self-hating states, but as you can't do that, because you're all too mixed up in the Default about it, so you have to keep going pretending you're all right and are loving at least to some degree. But through your Healing as you strip away all that falseness, so as you and Marion are living and demonstrating, you agree to remain together only to help each other Heal. Which ironically on very deep levels, the deepest in fact, is the most truly loving you can be in your wrongness. So you both do love each other even though you are working to bring to light the truth that you hate each other, all of which provides you with the deepest conflicts you are having to work your way through. And even though I say on the deepest level you love each other, still it doesn't necessarily mean you will remain together when your Healing is over and you have no need of being together in your hating states so as to keep working on yourselves.

James: Thank you Nanna Beth. I will just add that I feel so utterly crushed all but out of existence. I wish my existence would end, I don't see any value in it, I have nothing to offer, nothing to give, because they never wanted anything from me other than to be there to listen to all their monotonous shit. I can only dream about being with some young fantasy girl, which lasted a couple of weeks, enough to write yet another movie, and then that ended and I feel no love, true or false, at all – just blank, nothing, dead, devoid, empty, and fucked off still about feeling this way.

And so I can't listen to my and Marion's monotonous shit, I can't do anything, I can't even do my Healing properly paying attention to my feelings, and I don't care about anyone, not Marion or even myself, because no one cared about me, so I don't even care anymore that I am so fucked and incapable of doing anything other than just letting the spirits write their movies. I'm just a rotten evil yuk, and that's that. And I don't even have the umph to say fuck it. I feel so dead, so in my fog, so bound up unable to move in any feelings, so fucked, so fucked that I didn't even know it was possible to feel this fucked and yet it's how I've been right from the beginning. Talk about being the last person to know yourself! Is there anything about SI (Solid Investment) or anything else you'd like to say to John?

Yuk

Nanna Beth: Hi John, I'm still very close to you, we all are. Still I can't tell you anything more than you already know about what's happening. It's coming down to the wire on all fronts, so in time you will start to see some sort of resolution. Helen is very happy with her work with Crystal and Joe, that all needing to run its course.

On the spiritual level it is as James has been saying, we are waiting for the go-ahead for us Celestials to be completely free to come 'out of the ether' and work with humanity on Earth and the mind Mansion Worlds, which means, for us to finally take over fully. And when that happens, then everything will change, it being what you've been and are still preparing yourself for. So of course the SI Saga is part of it, working in step, which accounts for all the weird and wacky things that have happened along the way, they all being and playing out as required and represented by the material or most physical aspects of the changes spiritually that Marion and James are going through. And this also includes all yourself, Samantha and what the others are going through, it's all part of the same thing, all part of all that's happening on all the different levels. And so although it might seem like it's really all Marion and James' thing, it's all engaging all the different levels. So you're all bound into it together, and even though technically it hinges on them bringing their Healing to a conclusion, all that you are all doing is just as important as it's all inter-related.

**OVERVIEW of VARIOUS HUMANITARIAN FUND POOLS**

Monday, 8 October 2018

John: Hello Nanna Beth,

You have previously alluded to that assistance and help will come from unexpected sources to role out the Pascas Agenda in the manner that is envisaged or evolving. What was not expected to occur is the simultaneous rollout of not one but potentially three funding pools.

Eco SD1 or call it JFM (Holdings) or possibly Chap Group Fund Pool:

One could refer to this as a Supreme Fund pool from China / Thailand / Malaysia / Indonesia and other places. The trustees have cooperated together to bring these dormant funds into action as a form of a global humanitarian fund for some 300 countries and sovereign nations with United Nations input.

It is a large fund pool with Jeffrey Elliott as a leading hand.

The Elders Agricultural Fund is also environmental, water and humanitarian with its source being Hong Kong / Chinese and is to benefit some 40 to 50 countries. It is smaller in volume and is the product of Alistair Hutchinson's endeavours.

Both of these fund pools are independent of the Rothschilds and remote from the Solid Investment fund.

I feel that the Solid Investment fund pool will become accessible over the next few months and that maybe we will not experience bizarre events or weird and wacky interference but a steady and structured unfolding of steps leading to appropriate access.

All of this appears to be unfolding as Marion and James resolve the last remnants of their healing.

The transition phase that is to follow for Marion and James will potentially match the time frame to actually start to establish what Pascas is to concentrate on initially and this will take all of 2019 to commence. 2020 will be a year when our works will start to become generally public, still reasonably low key but building momentum.

It does appear that these four events are synchronised, the healing and transition by Marion and James and the freeing up of possibly three fund pools to globalise what is to be shared with humanity.

Are these observations valid?

And Russia is a very welcome community to be engaged with. I was not appreciating the qualities of that nation in a manner that reflected the reality of the people and sovereign state.

Cheers for now, John

Nanna Beth – 3<sup>rd</sup> Celestial Heaven: Yes John, your observations are valid. I can't say anymore, however it all does appear to be heading in that direction.

James: The spirits are matching me, reflecting the truth I feel – all but closed down permanently, it being what my parents did to me. It's an interesting experience, usually with the spirits when I write it feels like the river of words will flow on forever. But now I write two lines and nothing more, it's done. I'm sorry I can't be more forthcoming John, I guess we just have to wait and see. However I guess Yes says it all.

**BREAK THROUGH**

Sunday, 14 October 2018

James:

(Sam, sorry it's a long one. The bottom part is for John to try and do as a diagram, but I'm sending it to you too as it might help explain more of what I'm trying to say. And I'm sending to John what I'm writing to you because I feel for me now it really does complete my Revelation. I feel very happy that I understand it all now, from the soul, and its denial, out. [So I feel for the first time that I can now go back and re-read everything I've written as I've now got the framework for the whole spiritual picture.](#))

I love seeing how it all keeps coming up for you Sam. These latest posts, whilst being so full of really good truth and the experiences you're going through helping you see the untruth, are helping me feel better still about the whole Healing thing, both my own and Marion's and other people possibly doing it too.

How relentless it is, which it has to be if you are to work through most of it in the physical because there is so much to see, so the pressure has to keep being applied just under breaking point.

Today I'm seeing more how we need to be put back, reduced back, into our will denial, so into our complete powerlessness and how unloved that makes us feel, so we're living it now as if we lived it back when we first felt it, which is of course how we've always lived it. So we, now as adults, are fully living true to and cognisant of how it was for us back then. I've said all of this a million times, and I don't think I'm saying it well now, but I'm feeling I am little James now as big James. [That big James doesn't really exist, as in being separate and in his own right, that all he is, is little James just grown bigger and older physically, but also now with a more fully developed mind and feeling system to understand how little James really is.](#)

In submitting to my powerlessness I am grateful to my age helping me, being less able to do anything and feeling so tired all day long now, I can hardly think straight, there's no continuity in my life, I treat myself, Marion and everyone else as if I don't know them, I'm just waking up starting a new day with no past, can't connect, still aren't aware of any feelings and thoughts because of the permanent fog state I'm in, all of which I now relate to as being mostly unconscious in the womb and in my very early baby states, it all being too much, mum is too mad, I'm constantly in a traumatised woman's state of feelings, mind and world, that's all I've got and she's too strong for my little me self coming into being, so she phases me out and all I do is die, which is blank out, which is sleep, to clear the fog a little so I can keep going as I didn't die, I did keep going. So my powerlessness I feel, and have felt my whole life, is my powerlessness in the womb and up to my brick in my face about three / four. So I can't do anything in the world, how can I, I wasn't an empowered little person free to maintain his full will as it was driving into being, I was all but will-less but not enough to snuff me out altogether, but I'm always sailing close to that line. Marion's the same, only she was able to maintain her will to a higher degree than I was, so she is much stronger in her self-determination than I am, but all because she didn't get all the heavy shit in the womb that I did.



As I was driving the other day with my inner fog being so strong, I felt so depressed and miserable, feeling like I was again being crushed out of existence, so I closed my eyes and let go, just being the horrible feelings, only to snap out of it just in time before I ran off the road or ran into someone coming the other way. So I floated in and out of that, feeling so scared feeling so will-less, and shit scared that at any moment some worse thing is going to happen.

So I sit on the couch – we both do, nodding off every hour or so feeling so fucked that I can't do anything else. I have no idea how I manage to go up the road and do the shopping and go to the Bush Bank (native plant nursery), that is like I'm having a dream when really I'm in bed asleep.

Another notable (milestone perhaps – I’d like to think it is) is that as of yesterday I reached the peak (hopefully the end) of my sexual fantasy stuff, in that I’ve worked out exactly the scenario I like the best, it being with a young girl of about sixteen who is thin, smallish boobs and creative and loves me at my current old age, and I have the power, and she has her own power too, I don’t dominate her, she being open to exploring and experimenting with everything. It goes on and into great detail, I’ve even written a movie about myself based on some of it, but ever since I started masturbating when I was fourteen I can see I’ve been looking for the ‘perfect woman’ which really is the perfect wanking fantasy woman, and now I’ve found her. I can see her in my mind, I love being with her, how she loves being with me, how she and I react in all situations together, feeling like she’s just there and I am always in the relationship with her, and that that’s my real life, with my Marion-life being the unreal fantasy one. So it’s all back to front, but my fantasy girl represents the pinnacle of my untruth, that I can live in such a fantasy so fully as if it’s real, that I am so wrong being with her, and yet with the one who is so right – Marion, I’m not with at all.

And it’s taken me all these waking years and getting older to perfect this fantasy. Bits of it have been there all the way along of course, and I’ve explored them in my mind and even a little in real life with the girls I’ve been with, but now I can see that this one, which I’m calling [my Zarni fantasy](#) – as that’s the name of a the girl based on my fantasy in my movie, is really myself, I am the fantasy, I think even to the point of being both her at sixteen to twenty-four and myself now. So I wonder if she is the feminine me, the me I wish I was based on the fact that mum was such a feminist and hated men even though she was so desperate for ‘The Man’. [But what man could have put up with her, like these women now who are alienating men so much, shooting themselves in the foot even more with their extreme rejection of the man in their quest to be the all-powerful ones.](#) So I am really a woman / man, more woman based, yet not gay, than I am a ‘real’ man? Is Zarni the feminine me and I wish I could have this part of myself as my soulmate, not someone who is a complete other person like perhaps Marion is, but someone that is of my flesh and blood in a way. I almost expect Zarni to step out of the left hand feminine side of myself, and there she is, the other half of me that I love and who is exactly as I am, and we are like brother and sister, yet lovers too, and it’s all so romantic and spicy and intense, and yet she is just the woman me, it all being to do with me, my mind. So I am one personality of my soul, but in my denial of that truth I am looking for my soulmate who is literally the other half of me, as if I am split in two, a man and woman perfectly united as one, but all in my mind, not another distinct personality like Marion with us being from the same soul.

I’m working this out for myself as I’m writing it, so I hope you can understand what I’m getting at, it leaving me with the feeling that I don’t actually need anyone else, because within me I already have the woman of my dreams. And really I should be alone with her and have nothing else to do with anyone else, we being totally absorbed in each other, yet the trouble is, she doesn’t manifest, I can’t be with her like I can someone else. So all I can do is close my eyes and I’m away with her, and that’s all I want to do, having a dream imaginary relationship with myself, the masculine me and feminine me falling in love, inseparable, bound perfectly together as one. And that is really all I want, so I don’t actually want Marion or another separate person because they are too much bother, we don’t gel like I do with my inner other half, which is with absolute perfection. The true perfection of my real soulmate is something I can’t fathom, because I am a million miles away from that. So my whole thing with women has been projecting Zarni onto them and hoping they will be her, which they can’t be because she doesn’t actually exist. And then I think, perhaps she is in spirit with all the zillions of spirits over there, surely Zarni must be amongst them, yet now I know it’s a forlorn hope and a pathetic and useless yearning that can never come to fruition.

So I am working at accepting that I have been parented to only be with my fantasy other half, so wrapped up with myself, beyond being narcissistic (or the ultimate of it), it having to do with my soul. So I have completely denied my soul’s soulmate, and instead have been led to believe that the perfect

soulmate for me is one of my mind's creation, my mind's soulmate – Zarni. So it's Zarni and Zolti (Zoltan being my soulname I was told years ago). Whereas if Marion and I are truly real soulmates, it would be Zamata (being the soulname she was told years ago) and Zoltan.

So this has taken my denial to a new level or depth of understanding, that I'm looking to be with my fantasy soulmate, who is really the perfect other me of my mind, instead of wanting to be with my real true and perfect soulmate, the one God has given to me being the other personality expression of my soul. This all making me feel so fucked, just as fucked as I've always felt, but at least I understand why and how I have expressed my fuckedness.

So as much as it pains me to do, one day I will have to let Zarni go, she will fade away – die, leave me as I leave her, and I feel the sadness of the mourning I will do as the true love of my mind goes. And yet as I don't want to stay living confined to the limitations of my mind, so she will have to die, it's no use my dying because in spirit I'd just resume my mind / fantasy life with her and nothing would have changed. So she has to die, which also represents ending my mum, Gran and all the other women of my early life relationships, with them dying to. Because Zarni has been born out of them, just as I have, my fantasy relationship with her starting at conception, as I started, with it taking 57/58 years to come to fruition.

So I guess there will be more for me to see about 'her' – myself, but as I now accept her 'within me', within my mind, and in my mind's contrived heart with all the love I have for her and receive from her, it all being fictitious, contrived and false, so I will think about coming to terms with her leaving me, of giving her up, of allowing her to fade away, and of knowing that without her there is a huge hole in me, a gaping wound of hurt that my mind doesn't know how to deal with, yet a wound that is also part of the fantasy, because really my whole negative state is a fantasy, it's not real, as it's all untrue.

So I have incarnated into a fantasy called the Rebellion and Default, an aberration against the truth, something that is untrue and unreal. And within that I have found my fantasy soulmate, she evolving out of the fairy-like person when I was very young into the sixteen-24 year old, into the 57 year old woman who is Zarni at my age. And it's amazing, because having had young Zarni come to fruition in my mind the day before yesterday, and accepting that she is all I want, then the next day, yesterday at the Bush Bank, a customer came in who could easily be Zarni my age, she being a mature woman my age thereby bringing Zarni up out of sixteen to being of my own age. So here was this woman that appealed to me as a grownup Zarni, just to round out the whole fantasy soulmate for me perfectly, all of which has helped me see all of this today.

**So with the conclusion of my Healing, Zarni (my mind's soulmate) of all ages, will go, and then I will be ready to embrace my true soul's soulmate and not the one of my own mind's contrivance.**

And it makes sense that Marion and I don't relate truly and lovingly, when I am looking to have a relationship with the feminine part of my denial mind. Marion is the unreal, a dream, and possibly a nightmare at that (as she said), and Zarni is the real, the true reality I live – so my deluded fucked up mind says. I don't know if Marion's true man who is evolving with her is the same, the fantasy masculine part of her denial mind, but I guess it is if we are soulmates. And so I will have to dramatically change to come into alignment with what she feels she wants, myself wanting to be the same way.

The ultimate Rebellion on the personal level, is (so I'm thinking now) our rebellion against our soulmate, by making up a fantasy mind-contrived false soulmate. Which is why of course none of our relationships last forever like a true soulmate one, because they are wrong and all we're doing is projecting our fantasy onto the other person. To rebel against God – God's soul, like the Lucifers did, is one thing; and the Default is rebelling against our own soul – our soulmate; rebelling against the other



true personality of our soul. Which is all brought about because we're rebelling by default against our own personality, by making ourselves be something we are not.

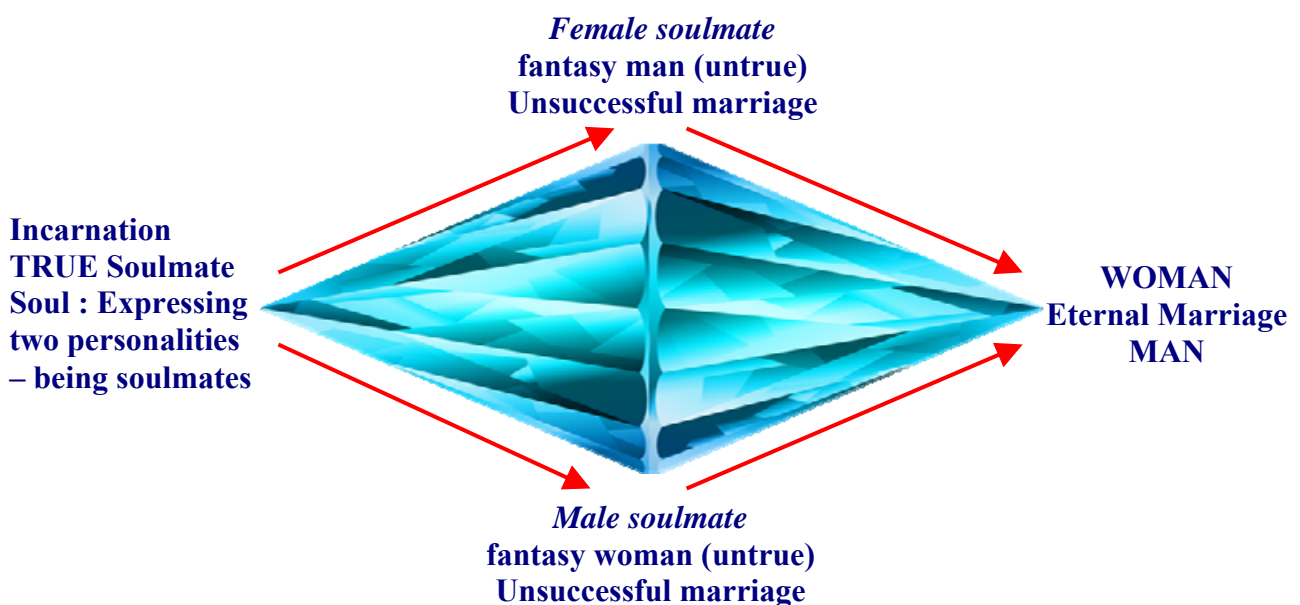
(And John, if you could please do your magic John the Creative Artist and see if you can put arrows from Incarnation **to** Female soulmate; Unsuccessful marriage **to** WOMAN; Soul: 2 soulmates **to** Male soulmate; Unsuccessful marriage **to** MAN. And a vertical line with arrow head on each end, between fantasy untrue man and fantasy untrue woman. So the True Soulmate in bold, splits so the Mind-Created soulmate creates its own fantasy soulmate, and they are separate from each other so their relationships fail. Only coming back together fully united once Healed.)

### MIND INDUCED SOULMATE RELATIONSHIPS – FALSE SOULMATE:

#### Rebellion and Default

#### MIND-Created soulmate

#### HEALED (Celestial)



**'What God has joined together let no man put asunder'**

I think this 'belief' has now been put aside!

**MIND INDUCED SOULMATE RELATIONSHIPS – FALSE SOULMATE:**

**SOUL:**

The Real You is your soul, you are one ‘half’ of that soul.

Each half of the original soul incarnates a spirit and physical body simultaneously, they being connected. The soul expresses each of its two personalities as a woman and man. True soulmates are always of the opposite sex.

Sexuality is an attribute of the two personalities the soul expresses; the soul itself does not know sexuality.



The soul connects to the two spirit bodies it has created by ‘golden cords’ of light; and the spirit body is in turn connected to the physical body by ‘silver cords’ of light.

The spirit body is your astral body. The etheric is really the body that is the template for the physical and one that doesn’t hold consciousness.

The soul remains invisible to the spirit and physical bodies, only being discernible by its luminosity through the spirit body.

95%+ of humanity currently are within the 1<sup>st</sup> sphere of development.

**PERSONALITY**

Soul    Spirit Body    Physical Body

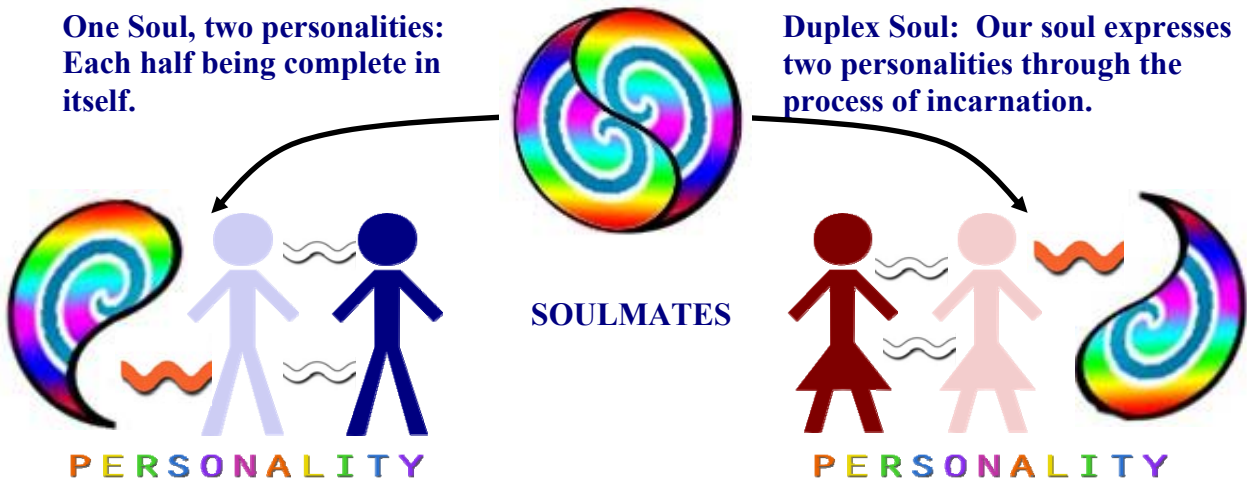


**PERSONALITY**

Physical Body    Spirit Body    Soul



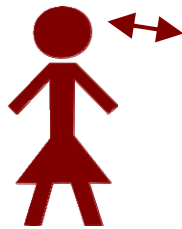
Our soul expresses itself as a Female and a Male through the process of Incarnation:



Rebellion and Default MIND-Created false soulmate:

Female soulmate

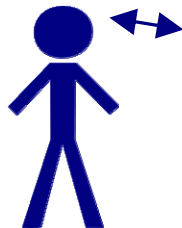
Unsuccessful marriage to fantasy untrue man



Being in rebellion by default, all our relationships are untrue and based on fantasies and erroneous beliefs of our mind. These relationships formed through the mind, are at best, temporary, and will ultimately end. They are false soulmate relationships.

Male soulmate

Unsuccessful marriage to fantasy untrue woman

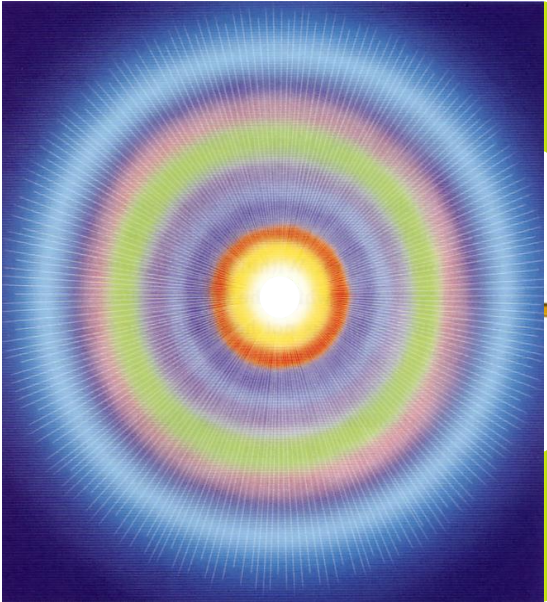


Eternal soulmate marriage between a man and a woman only takes place for those that fully heal themselves of the imposts of the Rebellion and Default. Through longing for the truth behind all our feelings (both good and bad), we can begin to live true to our feelings. And once healed, and reaching a Celestial Soul Condition, through our true feelings we find our soulmate, our true companion for all eternity.

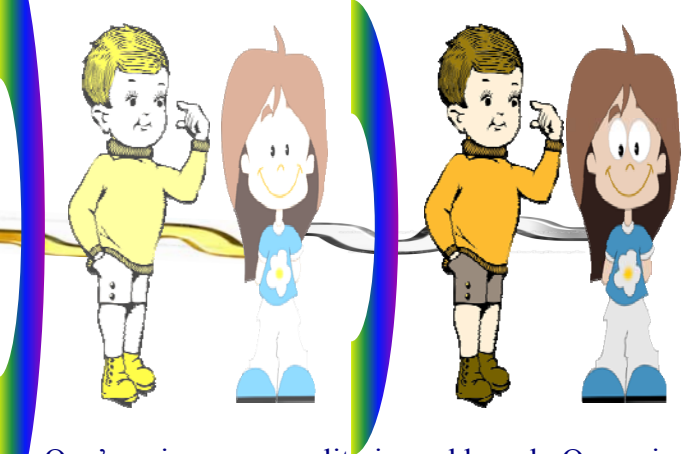
## DIMENSIONS of ONE'S EXISTENCE:

Our SOUL IS NOT ENSOULLED IN OUR SPIRIT BODY. Our soul exists existentially in a whole different level or plane or place or dimension of being – 'soul land'. It doesn't exist in Creation, it's not experiential like Creation is. The soul, all souls, help create their part of Creation by expressing their personalities into Creation, and then by having their personalities do things (further create) in Creation.

SOUL exists existentially



Our Physical Body and our Spirit Body are of Creation, being linked together by cords of light as are the two spirit bodies, male and female, to the one Soul.



One's unique personality is soul based. Our unique soul expresses its unique personality through the two spirit bodies and physical bodies expressing both the male and female aspects.

## PERSONALITY



**Our soul is the centre of our personality.  
We are children of our Heavenly Parents.  
Our soul manifests a male and female personality - it is a duplex!**

**Relationships formed through the minds of couples who are unhealed are temporary!**

We should incarnate as One soul – expressing Two personalities – soulmates, a woman and man – the perfect union for all eternity.

We incarnate into Rebellion by Default against this.

We live in denial of the truth of ourselves – the truth of our soul.

We look for our soulmate, however it's the 'other half' of our fantasy mind. It's all an illusion, false – the imperfect union. It can't possibly ever be perfect, it's doomed for destruction. No false and untrue union is eternal.

We project this mind-fantasy soulmate onto our partner. We mistakenly believe they are our soulmate, our true other half, yet they are at best only the other half of our mind-contrived soulmate belief. These relationships never last. They are a moment, a glance of hope, a one night stand, a relationship short or long term, marriage with children, lasting until we die and possibly carrying on in the mind worlds in spirit, but doomed to extinction. If your marriage is 'successful', it's just that you manage to fit your false mind fantasy that you are soulmates, well enough to last a little while longer than most who are 'unsuccessful'.

We are to heal our untruth, fantasy, mind-generated false soulmate. By bringing it out so we can understand how and why we're created it and what we expect, long for, hope, it will give us – all the love our parents didn't give us. We want our fantasy mind-created false soulmate to fill all the holes in us, to unconditionally love us, to never reprimand, criticise, judge, curse, hate, disrespect and make us feel bad – only to love us and make us always feel good – to take all our pain away.

The ultimate mind panacea.

We are to heal the need for creating such a wrong thing.

We are to live true to all our pain and feelings of powerlessness and utter devastation of not having anyone who loves us and we can love, because we weren't loved and aren't loving. And once we understand it all, we are then to come to terms with the fact that all our relationships are false and will end.

And that one day, when we are ready to let go of our falseness, we will change into becoming the opposite – truly loving and truly loved, with no more holes that need to be filled in. So our mind can



stop being our chosen soulmate and saviour, it can stop being our substitute Mother and Father, and we can live true to our feelings, enjoying our true soulmate, the one God has provided for us.

As we give it up becoming of a Celestial truth, we meet our true soulmate, she/he having healed her/his untrue mind-fantasy soulmate, thereby becoming true soulmates, free to live happily and lovingly forevermore – a truly successful relationship and eternal union.



# **SUPERKIDS**

**Natural self Expression through Feelings**

**Self Empowering**

**Self Revealing**

**Self Loving**



**Feelings First**

**PARENTING:**

Tuesday, 16 October 2018

I, James, want to write a few points about parenting having read a few pages of *Parenting is Forever* by an Australian paediatrician – Elizabeth Green, a book I saw at the library.

The hard truth is: if you parent whilst being of the Rebellion and Default, then you will be severely damaging your children. It's what we fail to understand; and we've been doing it for a very long time.

The whole notion of one can be a 'good' parent or a 'bad' parent needs to be thrown out the window. When you understand we're all living in a state of truth-denial; that we are denying the truth of ourselves, nature and God; that we are living against ourselves, nature and God; that everything we do is wrong and within the Rebellion and Default, then everything one might do as parent will be wrong too.

Until you begin your Healing, everything you do with your children will be stuffing them up. It can't be helped. And you won't know how you are stuffing them up until you do your Healing. You can't see the full extent of what you are doing to them either positively or negatively as you are parenting them – unless you are doing your Healing. And you can't work out how to stuff them up less, as it doesn't work that way. They will come to know how stuffed up they are – what a 'good job' their parents did on them – when they do their Healing.



We have to do our Healing so as to see the truth of our relationship with our parents. And until we see it, we'll remain forever more bound up in our Wrongness. And the idea that we can learn how to parent, learn how to be better parents, use our mind to parent children, is wrong, too. We can use our mind to learn whatever we want, but as that too is being done in rebellion against the truth of our true self, so it's only going to negatively effect your child.

A parent might be able to parent its child to fit better into life, living a more morally acceptable, respectful and loving life, however it's all still learnt, so it's a contrivance based on current acceptable pretence and falseness – it's all untrue and a fantasy.

Parenting happens on multiple levels most of which the parents are unaware, and all starting at conception. At conception, it's all already done, it's a done deal – pregnancy, childhood, adulthood is just the outworking of it. So all our negative patterns are conceived at conception (incarnation), with the only way to change those denial, rebellious, anti truth and anti love patterns being to do your Healing by seeking the truth of your feelings. And once your Healing is complete, then you will be living wholly positive, true and loving parents.

The truth you are living is 'organically' imparted 'absorbed' by your child all the way along, and right up until you have completed your Healing when technically you are no longer the parent of your child, having given it up completely to God, it being wholly God's child. By the time we're all of a Celestial truth we are then truly children of our Heavenly Mother and Heavenly Father without any further parent / child connection on any level other than in our memories. When you have completed your Healing, then you will be totally free of your parents. Until then, even through they might not be personally present and active in your life, still you are living out the patterns that resulted from being with them, even if that was only for a moment. With those patterns all being 'broken' and transformed into leaving your physical parents for your true Soul Parents as you progress through your Healing.

Your child becomes the truth that you are. If you are living against truth, so untrue, so it will follow suit becoming untrue. The intrinsic child being an expression of its soul, is true and perfect, however we become untrue and imperfect being incarnated onto a Rebellious world. Your child can't be anything other than how you are – it is 'your' child. All the factors such as DNA and inheritance contribute to how your child is, and on all levels, not just the physical, it all being long lines of generational denial being passed onto your child. And this then works with the whole environment the child is subjected to, which includes all of nature, all what happens in one's life, and all that's happening on unseen levels from spirit, all what's going on emotionally, mentally and psychically – the relationship between them both, it all going into and working to reflect the desired outcome the child is to be in every moment of its life, all of which is ultimately underpinned and fully orchestrated by the soul.

Your soul is expressing you in Creation. It has encoded within it, all that you are to ever be. God has put it already all within your soul, and your soul is 'unfolding' through light, expressing that pattern which governs every aspect of your being. So why that genetic trait is activated by those environmental conditions is all overseen and orchestrated by the soul. Nothing is random, there is no bad luck that your child suffered this problem, and it is more than because you smoked and drank during pregnancy you somehow damaged your child. All of you is damaging your child all the time, even if you feel a great love for it and it for you.

Until you've fully Healed yourself, it is all damaging, fantasy, untrue and unloving. Every second your child is with you, you are negatively affecting it (unless you are doing or have done your Healing). And even when it's not with you, you are still connected by unseen psychic cords on all levels of the mind, emotions and spiritually, so are still affecting each other. And those effects compound and become very intricate, complex and intensely psychologically involved.

And if your child is retarded, a genius, or just 'normal' and 'ordinary', that's exactly what God wants, it's how God made its soul to express itself, so it's perfect. You are the child of God that you are, even in all your wrongness. And **Perfectly Imperfect** even though you might hate how you are, you don't have to stay in that state, being able to heal yourself as you do your Healing. And when your Healing is finished, you'll truly love the whole unloving state that you were, seeing that it was all absolutely perfect how evil, uncaring and unloving you were, it all being what you needed to bring you to this point of perfection you are now living in your Celestial level of truth.

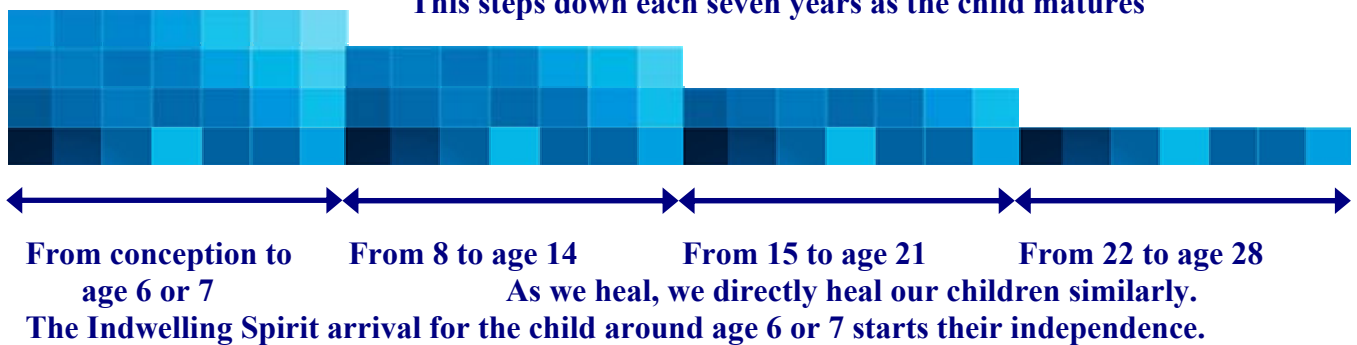
If you parent your child without doing your Healing (irrespective of being a good or bad parent and whatever you do and learn to try and help your child), then you are simply passing on the next level of wrongness in your long family line of being untrue. If you parent your child whilst you are doing your Healing, then every part you heal within yourself you'll no longer be passing onto your child, with your child potentially adjusting to the 'new you' which can happen up until the child reaches its first Saturn Return (astrologically speaking) around 28-30 years old. Once that age is reached, technically it's the end of childhood, so even if the parent/s keep Healing themselves, those positive effects won't be passed on to the child. And once a child is sexually mature, the child itself has to be open to and receptive of its parent/s to be able to keep changing, reflecting the parent/s changing as it does its Healing. Once sexually mature, the child is free to reject any such positive changes brought about by its parent/s Healing, so it might reject its changing parent who is doing his or her Healing. The Healing parent can't force any positive changes on the child once the child is sexually mature, whereas before sexual maturity the child is still becoming its parent, so any positive (or negative changes) the parent makes will be taken on in some way and on some level by the child.



Learning to be a better parent whilst still parenting without doing your Healing only means you're going to add yet more layers to your child screwing it up even more. We are constantly adding more mental layers of self-denial to the way we live as adults, and so too our children. The Internet being the latest outside influence that can help parents to add yet more mind layers to themselves and their children. This book I am reading suggests that all parents woes and all the child's problems in the world now stem from the advent of the Internet, even as if pre-Internet, there weren't any problems with how parents parent and their resulting problematic children. And yet the Internet age is just another age along the two hundred thousand years of System Rebellion and Planetary Default, of parents unlovingly parenting their children who grow up to parent their children unlovingly. And if it we were parenting our children perfectly, if we were all Healed and living true to our feelings, there would be no Internet like we have it, and possibly no internet or anything of what we currently have. There would be other things in life reflecting our true state, things that express our love, instead of things that are expressions of our unlovingness. The Internet, like everything we create, is an expression of how screwed up we are inside, which means, how our parents screwed us up. We can only create something like the Internet – and the whole world we live in, because of our unloving parent / child relationships. So if you think the Internet and the world we've created are good and loving, then you might want to consider looking into the truth of your relationship with your parents and doing your Healing.

**POTENTIAL to BENEFIT your CHILD through your own FEELING HEALING:**

**This steps down each seven years as the child matures**



Any love you feel is love within the unloving state that you are and that you and everyone is expressing in the world. Nature is of perfect Natural love; we and all we create whilst we're in our imperfection, is unloving. All our relationships are unloving. Within our unloving states we can, relatively speaking, feel love and be more loving, just as we can be more evil, wrong and unloving, yet still it's all within an anti truth system, and without truth there can't be true love, for love to flow there needs to be truth: no truth, no love. Love exists outside of truth, but without truth we can't truly relate to it, so it may as well not exist. Our souls are truly of love, and we are to become truly expressing our truth as love, and loving expressing our truth with all the good feelings love gives us, when we've completed our Healing, when we've ended our rebellion against truth and love.

We are living in an 'experiment' of how unloving you can be and what the effects of feeling unloved have on ourselves, each other and the world. Everything we are doing is wrong, so everything we are doing is making it harder for ourselves. There are no effective solutions to all our problems until we end our unloving anti-truth state by doing our Healing. We can keep using our minds to make it appear like we're being more loving and caring, just as we can use our minds to make it even harder for ourselves, but our mind is not The Way, whereas our feelings are.

A parent or parents doing their Healing will naturally effect their child as they progress, and in a positive way. However it's not for the parent to demand, make or force the child to do its Healing. Once the child is sexually mature, then it is free to make its own choice about doing it. And some older children might reject their parents who are doing their Healing, putting off doing their Healing until they are older still, which could even be during their spirit life. When someone begins their Healing in earnest, is when God through their soul says it's time.

If you are wanting to Heal yourself and become true, then part of that Healing will be about your relationship with your children – uncovering how unlovingly you’ve treated them whilst possibly believing you were loving and doing the right thing for them. And if you are yet to have children and do want them, then there will be lots of opportunities for you to find out more truth of your unloving state as you look to expressing and longing for the truth of all you feel – which is doing your Healing.

It’s not that because you understand you are imperfect you should therefore not be having children until you are perfect having completed your Healing, but going with your feelings of wanting a child and expressing every feeling that comes up along the way as you long for the truth of those feelings. If you have any fear, anxiety, worries, guilt, sadness, anger, misery and any other bad feeling, then these are what you work on. So you can have a child as you do your Healing, with the child helping to bring up the bad feelings in you that you are to express out of yourself and see the truth of. Or, you not have a child and do your Healing. If you don’t have children on Earth then you can adopt children in spirit, either doing your Healing or not. Currently spirits doing their Healing can’t also adopt children, however once the New Revelation is ‘activated’ – revealed, then spirits doing their Healing will also be able to do it whilst having children.

A fully Healed parent will pass on such truth to its child thereby no longer subjecting its child to any untruth. And two Healed parents will give rise to a completely true child, it being totally free of the Rebellion and Default, this being the perfect humanity that humanity is to become. Slowly humanity is to Heal itself of the Rebellion and Default.

Elizabeth Green in her book, *Parenting is Forever*, says that young people and children are looking more to social media and their machines to conduct their relationships through, and oh my god how are parents now to deal with, compete with, simply cope with, that??!! We fail to see that the machines and the Internet is allowing us to be truer to our unloving states, we can be more impersonal by pretending we are personal through a machine and the unreal, which is the truth of the relationship we are living with each other, so the truth of the relationship between parent and child. A parent who complains that their child wants the Internet and all it offers above them, should perhaps question why does the child want to reject its parents, and in finding the answer to that question, the parent will uncover the truth of its unloving relationship with its child. We can escape into the Internet away from the relationships we hate, those with our parents. We all hate each other, not love each other, which is possibly the most difficult truth to accept. We make up fantasy relationships we project onto each other that gives us the mental ability and resulting contrived feelings to make us feel and believe we love each other. But if we take the fantasy away there is only a dark hole of nothing, a hole full of pain, the full horror, trauma, terror of agonisingly feeling you are not loved by the people who should love you.

And so because none of us can bear face the terrible truth of our unloving state, we continue to do our best to live seemingly loving with each other, doing the best we can, using our mind to alter our fantasy-unreal existences, doing all we can do to avoid having to face, accept and fully embrace the truth our bad feelings will show us when we come to do our Healing and want to give up the facade.

We currently parent negatively influencing our children on seven whole worlds’ worth of truth. Which means your child, as do you, has seven whole worlds’ of truth it’s denying in life, all of which cause untold numbers of problems. And consequently, should you wish to do your Healing, so it will take you the Healing of all seven worlds, as represented by the seven Mansion Worlds, to complete it. The Rebellion and Default has evolved to include all seven Mansion Worlds in rebellion by default. We have taken the Rebellion on by Default through all these levels and have to heal them all through our Healing. And once Healed, we are free of our parental influences, free of our parents, free of our wrongness, free of the Rebellion and Default, true and perfect to the Celestial level of truth.

**PASCAS FINANCE – The PERFECT STORM**

Monday, 29 October 2018

James: I've just been reading John's latest paper – Pascas Finance – The Perfect Storm. In it he's included stuff I wrote with Helen some time back, and so I want to now ask Helen about it, where she stands on it now, as I've changed a lot since then, feeling overall much more at ease with everything – today at least, yesterday being the complete opposite, however that was yesterday.

Hello Helen?

Helen – 3<sup>rd</sup> Celestial Heaven: Yes James, it's a pleasure to speak again, having not done so for some time.

James: In reading my mind and answering my 'call', does all you said to me that John's including in his Papers still stand?

Helen: Yes, we're happy with it now, as we were then. There are minor discrepancies in some parts, but those will all be taken care of with time and so can be corrected in the future. However the overall remains the same, and even more so.

James: And can you please give me an update?

Helen: 'The Change' we're happy leaving as is for now, there's more to it than the simplicity we've talked about, however we can't say anymore about that yet, so it will have to wait until you've completed your Healing.



But it's sufficient to provide a sense of what is to come, that being of great change coming to humanity, and change on all levels. And the biggest change will be spiritually, as in the Truth being imparted, it being something even more radical, significant and extreme than would be a physical catastrophic Pole Shift, because it's the Truth that is ending the Rebellion and Default and pointing humanity in its new direction, that being toward Paradise rather than going as fast as it can away from Paradise. And that's a massive Change and that's where we are focused, we're only doing all we are over here James, so as to maximise the impact of that Truth. And if it weren't for this, we'd not be having a say in the affairs of humanity, leaving people to it, to work themselves further along to their own self destruction; because as you understand, Rebellion against Truth is doomed to inevitable and ultimate destruction, so humanity would destroy itself, it can't stop being the runaway train, with there only being one final outcome when it gets to the end of the line. And as humanity is not to destroy itself, so the Rebellion and Default has had to end. It's as simple as that James.



James: But wouldn't a Pole Shift sort out humanity, so it would have to start again?

Helen: It would, like it has done in the past, however never before has humanity had so much nuclear material sitting around waiting to poison the whole world, which would take massive angelic intervention to clean up and neutralise, should it come to that, however it would be far better for humanity to clean up its own mess. For if it doesn't and is all taken out of people's hands, yet again through a Pole Shift, then humanity will merrily continue on through the next age post Pole Shift creating yet another monstrosity, which could happen, however the psychological complexities have been reached, humanity wouldn't gain anything in its self-denial and truth-denial by working through

yet another age of being untrue, so it would be purposeless for such soul-destroying mind-ways of life continuing.

And humanity is needed in the varying levels of the Ascension Scheme now that spirits are free to leave Nebadon (our local universe), so there needs to be more of humanity doing their Healing and so getting on with their ascension of truth. Ascension includes us Celestials from humanity, we are to mix with spirits – other Celestials from other worlds – we're not to ascend alone to Paradise. So many such groups from other worlds have rendezvous times with us. And for us to meet those times, we can't all still be wrapped up in a wayward rebellious humanity on Earth. So things are having to move on, and so we're taking the necessary steps to ensure that it does.

James: And what about your interference with the mind spirits, how is that going?

Helen: We're fully in control. Only those spirits that contribute positively to humanity can get through to people on Earth. Other selfish spirits we allow by subtly controlling and using them in our plans to upset the status quo. Some of the hidden controllers still have access to their inner sources, although unbeknownst to them, subtle changes are occurring within such inner lines of communication furthering their demise.

The so-called 'forces of good' are closing in. However as the hidden controllers control just about everything, directly and indirectly, so those trying to work against them are flying blind half the time, however they are making progress now with us behind them, such as is Crystal, she being one of those flying blind.



There are others, some working together in small groups, others individually, who are systematically pulling the plug on the controllers as they come to understand more about what they are controlling. So many of the world's 'agencies' have secret levels within them working against the hidden controllers agenda, with Trump (USA) and Putin (Russia) continuing to support such groups.

**And allegiances are changing, some seeing the writing on the wall and wanting out, so changing sides and bringing with them more evidence and data that will be used against the controllers.** And we are protecting those against the Evil Ones' minions, giving them information they'd not be able to find by impressing thoughts and pictures in their minds, keeping one step ahead of those hidden controllers trying to shut them down.



And those who've been in control for so long are now feeling they are losing it, as we've told you, it rattling them further as we keep applying increasing subtle pressure to them. It's easy for us to comply with their desires, for example, they might want to suppress someone or a group, so we go along with that, suggesting what they should do, they willingly taking such 'inner advice' as they have always done, and whereas it once worked out as they expected, now it fails going against them, and we can subtly work it so they don't even twig that their inner guidance is failing them – it was something else or someone else's fault, and so it goes. We have specialised Celestial groups who are experts in this subtle field of manipulation, and we're continually being given more authority to act in such ways, directly opposing the tenets of the Rebellion and Default, so we can work to confront and manipulate such things in individuals, groups and nations – the whole world.

And we want the break up to proceed in a certain way so as to minimise the trauma for the poor and weaker person whilst maximising the loss for those who are so greedy and only see the weaker as their slaves.

The elite hidden controllers will end up losing everything, and vast reserves of wealth will be made available to shore up the system coming apart, so there will be a balance as things are reworked into a more equitable situation. So it's a Grand Master Plan we are enacting, which you can't see in operation because you don't know what's going on behind the scenes, however it's all coming to pass as we're expecting, nothing has thrown us, we're completely in control and don't see any reason why we can't keep gaining the upper hand.



And many people with good ideas are beginning to feel enlivened a little, seeing possibilities perhaps open for them when before all was blocked. And many of these new ideas we are fostering so as to help implement them when required, it all being part of the transition humanity is to make in its U-Turn.

And we are also gaining more Celestials every day now. More spirits in the mind worlds are being directed to your work as their ways of existing have increased pressure brought to bear against them. So more are setting out doing their Healing, and more will come into the Celestial spheres.

James: And John felt like you were giving him the pictures as to what he was to include in his recent Paper; Pascas Finance – The Perfect Storm.

Helen: Yes, his team are always gently advising and instructing him. He is to play the central pivotal role, so he's needed to have a certain understanding of you and the bigger picture and how things might change and what he is to do as part of that change, so he's been guided over these years and still is, with him becoming more attuned to it now because he's more attuned to the Truth you are presenting. So the more he's accepted and integrated it into his own mind, as well as into Pascas, he's attuned himself or aligned himself more with the Celestials guiding him, so he's able to sense their presence with him and they're working within his mind. And it will be that way for a lot of other people too who start to align their minds with us. John might not actually be growing in truth through actively doing his Healing, however he has been able to align himself with a Celestial mind, with the information that we live and which he will live himself one day. For now it's of his mind with a little feeling-healing, however for anyone to be involved, people on the mind level or those who do their Healing, all will have to align their mind with your work and so our understanding and way of living.

James: So John getting his money is just a matter of time so far as being synced in with all that you are doing?

Helen: Yes, we're controlling it all. Crystal is growing in confidence with us, she's beginning to understand how we go about things, which is not necessarily in a straight line or what you'd expect, which is why you find it hard because it's not your straightforward approach. We're manipulating as hard as we can, as we're up against the best manipulators in the world, who we're having to outmanipulate. And I will add, it's great fun James, so thrilling to finally be able to 'hit back' to finally get back and in a way even to avenge the wrongs done to many of us, even though of course we've healed all that; but still, to be given the authority to start to work on these psychopath hidden leaders of humanity, to start to turn their evil mind sets against them, and to do it in such a superb and subtle way that they have no idea they are being outplayed, is wonderful.

And we will always have the upper hand because we have angelic advisers who know the ins and outs of every mind circuit ever lived by humanity, we have the Melchizedeks who seem to be able to predict

every move anyone makes, and we have yourself and Marion steadily healing yourselves, and we have Mary and Jesus' full support. So we're on a roll, and like the proverbial **snowball**, we're growing bigger and getting faster and gaining a surer footing by the day. We are starting from scratch, from humanity at its most rebellious, and having not been allowed to interfere until only recently, so we're like having to make a beachhead against the enemy from which we'll steadily make inroads, strengthening and taking over more control.



And even though you might feel it's all ending for you in that you're arriving at a place in yourself where you can see your whole negative and unloving state and being unable to do anything about it, that's exactly what needs to happen, and for you to keep expressing all the pain and bad feelings that makes you feel; it all still only being for you both, how you felt at home, it still being your awakening to the full horror of your early lives.

James: Why is Marion feeling better about every aspect of herself and her life as she brings up more yuk, yet still she's trapped in her overall bad state? I just hate mine, I don't want to feel good in my yuk, I just want to break out of my prison.

yuk

Helen: That's all to do with the requirements of her personal Healing. She is to become wholly loving of herself in her wrongness, so that in effect her unloving state no longer personally affects her as she is truly loving of it. Then she'll move out of it altogether. I can't tell you whether it will be the same for you, however as you've felt generally good about yourself in your wrongness, so you are only needing to wake up to how ill-treated you were, and how you've not actually felt good, it all being unloving and a delusion that you felt alright.

James: And so what's on the horizon?

Helen: We're waiting to receive full control of humanity, which will happen when you finish your Healing. Then we won't have to be so subtle, then we can just assert our will and bring great pressure to bear on those people who are wanting to stay true to the Rebellion. We won't be able to make anyone give it up, but we can stop and severely limit their power and negative influence. A lot of the top power-brokers will find themselves broken and on the bottom of the pile, either on Earth or in the mind worlds, and some will resist right till the end, others will make changes, but it's going to be very hard for them. However, that's as it is, as it has been for billions of spirits who are living in the Earth planes and hells doing their time or just feeling genuinely lost. And of course it's not just top power people in those places, it's anyone who's wanted power at the detriment of others and themselves.

So the pressure is building. We're still finding our way in it all, but we're getting close now to our gaining full control, then humanity is completely ours, and so we will 'own' and 'run' the world and the mind worlds, and so be able to apply the necessary support that some people will need to help them progress. And at the end of the day, everyone really does want to be released from their trauma and hell, even if they believe they are so happy being one of the master controllers of the world.

So all the religious leaders will be grateful when they realise that they no longer want to control their followers, that it's wrong to do so, and stop doing it. When they realise everyone is to be free to find their own truth and through their own feelings, that by telling others what to do is just doing what their parents did to them, which we all hate and makes everyone feel bad. So all we Celestials are going to do is work to help strip away the

evil  
CONTROLLERS

falseness, so people will begin to see the folly of their ways and come to understand that they are lying to themselves, denying themselves the truth their soul wants them to know about themselves.

So we're going to help you write more movies James, working into different areas so through them you'll be able to introduce the concepts and ideas, the pictures which we can use and exploit in those people who see them.

James: Oh it's always good talking with you Celestials Helen, all my movies are going to get made and, and... and yet I grind on feeling like shit more every day, only writing because I have nothing else to do and can't just do nothing, I do enough of that, like yesterday, and shit it's hard work, it being just as it was for me with mum and dad.

Helen: And because we say such things to you James, is why we've eased off and you're not feeling so inspired to talk with us, because we can't not say them, please excuse my bad English, however that's the way of it. So for you to feel truly your boredom and the unrelenting trauma of that, so we've needed to keep out of your mind for the time being so we don't keep you propped up with better feelings. And so with that I will leave you – Helen of the Celestial spheres.

## **The CALL!**

Friday 9 November 2018

On Friday, 14 July 2017 James wrote: Nanna Beth wants to say more...

Nanna Beth: You're going to get a call John that will change everything for you. It will be change in a good way, and it will then help you understand the direction in which you are going to take. It won't be long in coming, and it will end a lot of the inner confusion you have, giving you the direction you seek. I can't tell you more, and can only tell you this just to add to James' confusion because what if no such call is forthcoming, and you'll think he's mad with all he's writing with me, and that it's not your Nanna Beth at all, just stuff he's making up in his own mind.

So I'm taking this opportunity in James' writing with me for you John, to put this pressure on him, all with the blessings of the Melchizedeks who come up with these sorts of ideas. And I'm also telling this now because it will put all the similar experiences like this he's been through into a context that will make sense, which is all able to come to light now because of his illness which is liberating so much misery and fear. This being part of that liberation, for as the murk clears, so can come the truth and the clarity you seek James.

John: I had spoken to Margot on 21 June 2017, however The CALL of 54 minutes on this Friday, 9 November, is **The CALL** that Nanna Beth referred to above!

Leading to The CALL were these email exchanges:

On 9/11/2018 8:23 AM, Margot wrote:

I am telling you I am one wired up woman! Can't do too much that is right!

I left off the 1st page of the Claim Form. Here is corrected one. I sent it to Germany at no cost thru <https://www.hellofax.com/>. Easy and fast. Recommend highly! Margot

On 9/11/2018 10:17 AM, John wrote:  
Maybe a chat on Skype is in order?

John

Then at 2:43 PM there was Margot on Skype sipping a gin and tonic!

Yes, Margot had underestimated the amount of her claim on the Claim Form by about 90%, however that is now fixed.

In our chat Margot covered a wide range of subjects, as I also did. What was incredible was the enormous similarity in experience, undertakings and understandings that we both have. Impossible as we are both – well – way out on a limb in free fall to somewhere that no one else is daring to go.

Both of our personal claims in the Solid Investment saga have similar values. Both of our claims are in the stratosphere!

We both have set up not-for-profit organisations with both being able to receive tax deductible gifts. Margot's organisation has already built a home to assist in the provision of low cost housing for those who just cannot afford housing. Margot has an inclination to focus upon the housing needs of domestic violence victims. She lives in Hawaii where housing is chronically short for low income earners.

We discussed the Second Coming of Jesus and Mary having already unfolded, the End Times and what they meant, and then the Hand Over to the Avonal Pair and the ensuing 1,000 years. This was all water off a duck's back to Margot. She is very sensitive to our invisible friends' promptings.

When Nanna Beth wrote in July 2017 I was toying with the idea of who was my long term companion and where she may live. I felt that it would be a long and arduous task to explain to a lady who was an absolute stranger what I had been experiencing through my life. I felt it would be impossible to convey to anyone what I have experienced and continue to experience. I also felt that this lady lived in the Pacific Ocean region and focused upon New Zealand, never considering Hawaii. And there she is!!!!

Through kinesiology with Alex's help, I understand (know) that Nanna Beth 'watched' our conversation. She did not observe our conversation – she actually watched it. This is done through the big screens in the 'battle room' in the sphere that Nanna Beth resides, the 3<sup>rd</sup> Celestial Heaven.

Towards the end of our conversation, I mentioned to Margot that she would now have a much greater participation within Pascas and its adventures. This is to be her call. What ever she chooses is fine by me, in the meantime I will widen the circulation of material to include her, as she pleases.

However, I do anticipate that Margot is the first of the women to be part of the ongoing guidance team of Pascas Worldcare. This team, I do long for, is to be around a dozen or so people with no one having a casting or controlling presence with major decisions being resolved by any three, or as they consider appropriate.

**The CALL** was a major release of concerns, issues and pressures that I had been suppressing. What a beautiful event. I feel it was similar for Margot.

*Abandon*  
**Control**



**LANONANDEKS REBEL**

Monday, 12 November 2018

James: Hi John, is this the sort of thing you were wanting? Tell me if you want anything else, it's only a general summary.

**Why did the Lanonandek Daughters and Sons rebel? The Lucifers, Satans, Caligastias and Daligastias.**

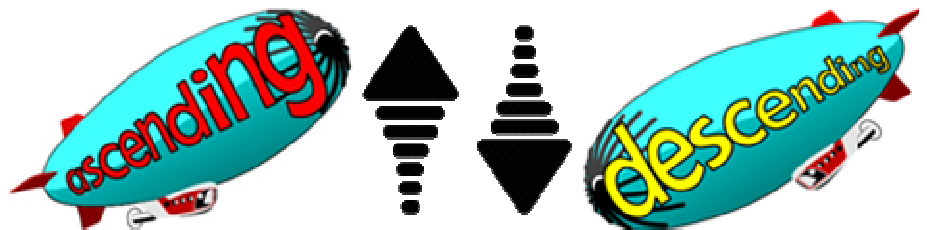
**FOR 200,000 years ALL SCRIPTURES are the WORK of the REBELLIOUS LANONANDEKS:**

**The rebellious Lanonandeks from within our local universe are these soulmate pairs:**



Re The Urantia Book (TUB): there are various orders of Paradise Descending Daughters and Sons. (NB: TUB only refers to the masculine so doesn't include Daughters.) The Descending Daughters and Sons descend or step down from Paradise to reach out and 'down' to the Ascending mortals – men and women on the evolutionary worlds, who are reaching out and 'up' to Paradise and for such help from the descending spirit pairs. Ascending mortal pairs (soulmates) cannot by themselves ascend to Paradise, how to do that is not 'encoded' in their soul. So they need higher help and guidance from the descending pairs. So if people don't have this higher help they will never spiritually and physically progress very far. And if this higher help goes haywire, people are stuffed until other higher help comes to rescue them.

One such Descending Pair, the Creator Pair, comes out from Paradise to a section of space when it is ready for them – Mary M (Magdalene) and Jesus in our case; and in union with



the Divine Minister, create, or 'bring into being' a Local Universe – Nebadon. Mary and Jesus then attend to the whole (local) universe, with Avonal Descending Paradise Pairs coming as required to the individual earth worlds to ensure and initiate the spiritual changing of the ages that is needed to advance the spiritual development of mortals in accordance with the Paradise Plan.

Part of the Creation of Nebadon includes the creation of Local Universal Descending Daughters and Sons that hold key positions on individual worlds and oversee larger areas or sections of the Nebadon. With the Lanonandeks being these key administrators, guides, overseers, who are the ones that ensure the ascending mortals of each world are given what they need in accordance with the unfolding phases of their evolution, as well as providing the necessary Mansion World structures and organisation of the Celestials spheres, the greater part of Nebadon, all so mortals of the evolutionary worlds can find their way up and in through the Local Universe so as to set out on their greater spiritual journey through the Super Universe and Central Universe to Paradise. The Lanonandeks make sure all the parts work as they are intended to do, with the Melchizedeks being more involved with the ongoing teaching and personal education of mortals about all things through the Local Universe.

The Lucifers, Satans, Caligastias and Daligastias are all Lanonandek pairs.

The Lucifers were the overseers of this sector – System – of Nebadon that includes Earth – Urantia. The Satans were to help the Lucifers, being the main liaison pair with the Caligastias (The Planetary Prince and Princess) who oversaw Earth directly from spirit, and the Daligastias being physically materialised on Earth so as to oversee and help evolve the local races of Earth on all levels, the practical physical and spiritual, this being how it was five hundred thousand years ago. And for three hundred thousand years, everything went well.

The whole of Creation thus far is one gigantic Ascending mortal scheme – The Ascension Scheme. So everything in it works to help slowly evolve humanity along the plans designed for them by the Descending Pairs and the Mother and Father, with the idea to evolve through ongoing self-expression the people from all the earths up through the Mansion Worlds and into the Celestial spheres and on through and out of Nebadon. So if anything goes wrong in any level of the universe then it causes problems for the mortals who are wanting to ascend.

The Lucifers were outstanding members of their Order. However according to TUB (if I remember correctly), they were passed over when they applied to oversee certain parts of Nebadon – and so why did that happen??? Then finally they got their chance. As to why they rebelled – it is said their egos, their self-importance, grew, and they weren't able to control it. They were seduced by some inner need for greater power – but why did that happen? And is it just like everything else, there is variation in all things and so they went the way of rebelling against Mary and Jesus and the Mother and Father. And not being of a higher Paradise Order, they are more prone to being seduced by their inner biases, whereas supposedly Paradise Descending Daughters and Sons are too perfect, being of Paradise origin, and so wouldn't or even can't, rebel. And Avonal Pairs can willingly take on rebellion, but that's their choice and they are not technically rebelling or defaulting, they needing to do this so they can heal themselves of the Wrongness thereby liberating the world of rebellion, and in our cases, also default. Which means, providing people and spirits in the Mansion Worlds, their Spirits of Truth, so everyone in a rebellious state can look to them instead of the Evil Ones, the rebellious Lanonandeks, for the way out of rebellion and onto Paradise.

The Evil Ones took over their part of Nebadon, Mary and Jesus allowed them to, allowing the Rebellion and subsequent Default on Earth to run its course. However it continues to cause masses of disruptions to the natural way of things, all of which we've been and continue to be subjected to.



**THE EVIL ONES**

So because humanity for two hundred thousand years has been increasingly subjected to the Rebellion and then also the Default of Eve and Adam, we are well and truly entrenched in the unconscious belief that the Evil Ones are the Gods, and that we're to look to them for the way to be happy and feel loved – that they are the Living Truth. And yet, as we can all see from our own lives when we start to address our bad feelings, this is wrong, false and misleading, only making us feel even more unhappy, unloved and powerless in our negative truth-denying state and being unable to do anything about it – because ascending mortals are not able to go against the higher Daughters and Sons. So without humanity knowing it, we have been praying to the Evil Ones as if they are God, even with people who pray to Jesus, praying to a mind-created fantasy Jesus and not the real one, as can be seen by the Evil Ones strategically denying humanity the truth of the Divine Love, with our need to long for it being excluded from the Bible and not found in any other rebellion-created religion.

Mary and Jesus being the highest Paradise Pair, by their coming to Earth, terminated the System Rebellion of the Lucifers and Satans. So that level of evil influence on all the rebellious physical worlds ended two thousand years ago. And then it's required for each world to be attended to by a bestowal Avonal Pair, who take on the evilness of that world and heal it within themselves, thereby ending the control in our case of the Caligastias and Daligastias, which has now apparently happened, with the Avonal Pair only to finish their Healing so as to signal the complete technical end of the Rebellion and Default.

So their – the Avonal pair – Healing involves dealing with the Rebellion and Default within themselves on all levels, so people and the mind Mansion World spirits can then choose to follow them and do their Healing. So by following the Avonal Pair you are going against the Evil Ones (currently it being their legacy within you and on the world), looking to end their negative, unloving and untrue influences within yourself. And once done, you become a Celestial, either on Earth or in the Celestial spheres, and free to align yourself with Mary and Jesus, which is done by partaking of the Divine Love, and free to live your ascension to Paradise – free to become at-one with your Mother and Father.

We're all living the demented levels of the demented minds of the four Lanonandek pairs that rebelled. And as we do our Healing, so we come to see how fucked they are, as we see how fucked we are; how they passed that fuckedness onto us through our parents, how we've become so tangled up in our Wrongness, not knowing what is true – we live untruth believing it's true – we feel false love believing it's true love. We're all around the wrong way, deeply mixed up, and needing to do our Spiritual Healing to get ourselves out of our sinful and evil ways, so as to come back into alignment with the Truth. So all that we are has to go, and we're to uncover a whole New Way on all levels, personally and how to live, as we liberate ourselves from our dementedness.

With the Evil Lanonandeks no longer at large, having been detained on a prison world awaiting judgement as to what will happen to them, so the Melchizedeks stepped in taking over their positions. I don't know why other Lanonandeks weren't appointed, however I guess it's because of the damage done by the Rebellion, we who are here and part of it have to deal with it ourselves, so no outsiders other than Mary and Jesus and the Avonal Pair being from Paradise that can override that limitation.

And the Melchizedeks have enlisted the Celestial spirits help. So together, they now in effect play the roles of the Lanonandeks. And so as the Avonals progressively heal themselves, thereby liberating humanity from the dictates of the Rebellion and Default, so the Celestials are being given increasing power and authority to do what the Lanonandeks would have done. So the Rebellion on a positive note is providing the Celestial spirits with unique opportunities as part of their ascension, as we hear from Helen and Nanna Beth – both 3<sup>rd</sup> Celestial Heaven spirits. And I would imagine, people who finish their Healing and become Celestials on Earth will also in some way be given extraordinary opportunities as well, all of which will involve some level of healing the world and doing what the Lanonandeks and Eve and Adam should have done. Even to the point of Celestials on Earth who have children, will in some way be like the new 'Eves and Adams' populating the world with perfect and true children, all who are completely free of the Rebellion and Default.

And what happens to the Evil Ones? I imagine they will have to undergo a long period of Compensation experiencing the pain they caused all the people and angels who were under their care. And after that, if they are not extinguished outright, possibly they might be rehabilitated to some degree; however as TUB suggests, without ever receiving the power they once had. However, as all works out for the best and ultimately is all-loving, it will be fascinating to see through our own lives how all the pain we've been made to suffer ends up helping us and being the best thing for us.

And one last thing to note, had there been no Rebellion or Default, then on Earth we'd still have now the Daligastias and Eve and Adam, still helping people grow and evolve on all levels. Still being the

higher Daughters and Sons that we can look to knowing that we're not alone, that we are being looked after and loved and that a greater life of ascension awaits us. And we would by now know of the Caligastias and all the help they would be providing on the higher spiritual levels, as well as the help they would be giving mortal spirits in the Mansion Worlds. And we would know of the Satans and Lucifers and all the help they were providing on the System level. And we've understood that in a way these higher Daughters and Sons are like mini gods to us, yet not our Heavenly Mother and Father. And they would be pointing us toward Mary and Jesus helping us understand that they are the Creator Pair, and here we live in their universe of Nebadon, and that all they are doing for and with us is to help us evolve and grow on all levels as we look to our feelings for our truth we are to live as we express the personalities from our souls on our way through Nebadon and onto Paradise. It all being a perfectly unified and loving experience for us. We being able to see the higher Daughter and Son as in the Daligastias and the Material Pair, Eve and Adam, who'd be for us the perfect humans that we could strive to be like. So we would want to be perfect in our humanness like Eve and Adam, and perfect in our spiritualness like the Daligastias. With both pairs showing us that we can be both perfect on the material and physical level, as we can be on the spiritual level. Which is completely the opposite of how we've been made to live, because all of that perfection has been denied us, with our being so screwed up about how we are to live both materially – physically and spiritually – we having no idea about either, and with them working fully in opposition to each other. And with our longing for and wanting the Truth, the truth of how we're to live physically and spiritually, all of which is to come (and ONLY come) through each of us individually and as a consequence of properly attending to and expressing ALL we feel.

**FEEL AS BAD AS YOU FEEL**

Tuesday, 13 November 2018

(For the inner circle John.)

James: Hello Nanna Beth, I'd like to have a chat as John has some new people becoming interested in everything and I was wondering if you'd like to comment on that. And the state of everything.

I'm feeling completely despondent about myself (so what's new!), still crushed, in a perpetual fog of feeling hopeless, helpless and powerless. The Mother and Father tell me I'm coming more out of mind and into my true feelings of how I've always felt yet what my mind blocked, and I can see and sense this. And each day I feel more apathetic about it all, I don't see the point in any of it, in myself, because what is the point when you feel so wretched all the time? And so what's changed through my Healing years, as I'm still feeling deeply miserable, shit-scared about worse physical things to happen as I get older, and emotionally feeling so desperately unable to cope with them. And now as I can hardly long for the Truth, the Divine Love, with little to no desire to speak with you spirits, Mary and Jesus, the Mother and Father or anyone else, I feel like I'm fading out into complete nothingness, which I understand is just being truer to how much in shock and perpetual state of trauma I'm in. I am traumatised. I never feel good; and love, well forget it.

Marion has many feelings of extreme happiness now, even feeling so good about feeling so bad and all her continual afflictions. But I'm so shut down to any of it, just depressed, beaten down, fed up and all the rest. I feel further from the end of my Healing ever happening than I did at the beginning. I can sense endless deeper levels of all my bad feelings. I don't think I'll ever feel good, that it's not actually possible, that I've been too heavily damaged to recover, and at best I can just feel sort of stable in my fucked up state when my physical pains are not so strong, when life is not causing me a difficulty, when I'm not as scared. However it's a precarious existence, because the slightest thing can happen, I for some reason rasped my upper lip with a sharp part of my tooth last night, and now it's swollen and up come all my usual fears of oh no, I've done myself some serious damage, I've fucked up my lip, I'll have to walk about with a fat lip and everyone will laugh and stare and it will become cancerous and rot my whole face, slowly and painfully, and on and on it goes, over and over the same old shit that I'm so sick of feeling. I have no buffer zone or inner tolerance, I read about other people suffering all sorts of hardship and they don't feel bad. I feel bad before it even happens, and then when it happens, being already so slaughtered, I feel on the edge of annihilated once and for all.

Nanna Beth – 3<sup>rd</sup> Celestial Heaven: I understand James, however as you understand, there's nothing you can do other than keep on allowing yourself to feel as bad as you feel. And longing for the Truth and Divine Love when you can, and allowing your soul to guide you along. And all your feelings of hopelessness and that there is no light at the end of the tunnel, are what you need to keep feeling as fully as you can because that was how you felt in the womb and through your early life. Your parents devastated your psyche over and over, so you feel you're being annihilated continuously on all levels, and there's nothing you can do about it because there wasn't anything you could do about it back then. You're still that little person feeling all those feelings, and so over and over they have to keep coming up as they will, because over and over you felt them back then. And it's the same for us all, with our souls working us deeper and deeper into our untrue state, and until it ends, you can't know or feel that it will be ever any different because it never was any different for you back then. So you are to feel how boxed in and trapped, how 'done in' as you told Marion today, that you feel, unable to help yourself, all because your parents gave you no way to help yourself, you had no way out, no alternative, they were too controlling, too invasive, too dominating, all on a passive-aggressive way, so you didn't and weren't allowed to express more intense and impassioned bad feelings. You're just in a complete non-feeling state, which is not quite true as you are always feeling, yet you're dead to your deadened feelings, which makes it very hard as you can't get a grip on any of it, you've nothing to work with, you just feel like you're a miserable lump, because you are.

James: Yeah, thanks – it's true.

Nanna Beth: You don't need us to buy into your falseness and self-deceit that you are not feeling as bad as you do, so we can be straightforward with you.

Good things like what John experienced with Margot will keep happening for him. He's not to go down the same road you have – not yet anyway. He needs to get the work done that's coming his way, and there will be a lot of it. So more people will come to understand the importance and magnitude of the task he's embarking on, and slowly he and the others close to him will help such people to understand the full significance of what is unfolding and potentially what that might involve. And I know you don't really feel like me talking this way, being so positive about it, however as you have asked and this is more for John, so I will continue.

James: Thank you for acknowledging me in it; and you're right, I don't, however I have asked and will try and be more objective about it. So please go on, it's good to feel your presence again, so calm and self-assured as usual, about the very opposite to how I feel most of the time.

Nanna Beth: What you are going through James is very severe, and still you don't really appreciate the full extent of it. However that will come, give yourself time, you're dealing with a lot all at once. And even though it seems to go on and on, dragging on over years, that's because there is so much to it, trying to heal yourself, which means also trying to understand and come to terms with, the whole Rebellion and Default and two hundred thousand years of spiritual damage that's been done; trying to come to terms with all of that on all the levels that you are in your life, is a huge undertaking – it being so for both you and Marion. Because it's not just the 'Doing of your Healing', there's far more to it involved as well, and most of that you're not always conscious of, yet it's going on all the time and it affects you on very deep inner psychic levels, that being in the areas where your greatest trauma lies. So although on the surface you might not think you have clear cut feelings to work with, you nonetheless have those feelings, yet they are all deeply embedded in the damage done to your emotional, feeling, spiritual, will and all the interrelated levels of these areas. And you are aware of them to some degree, you're always getting little flashes of insight, however you would not be able to articulate them or write them down, you can't, they are too broad, too deep, too specific, too inter-related, there's simply too much going on, all of which there was and has been since your conception, all of which ends up currently making you feel like you're in a thick fog, which is right, fogged-out in mass of conflicting feelings.

James: But won't I have to work it all out, I feel like that will take forever?

Nanna Beth: Some of it, yes, and it will take a very long time, however a lot of it, as we Celestials have come to understand, will and can only be done once you are fully Healed, as you need to be in a perfect and true state so as to see such deeper truth about all the pain you've suffered. So we're always in a way going over all we've been through, gaining more insight and understanding – more truth – as we now live happily in our positive state.

James: Okay, thank you again, I can sort of sense what you're saying.

Nanna Beth: John and Crystal are going to start to have their long-awaited breakthroughs. Everything is being prepared for the 'role out', from our side. Everyone of us is being mobilised to bring



about The Change in humanity. It's a Grand Plan James, which you'll come to see once you're Healed. It's been intensely **two hundred years in the making**, there's been a huge amount of ground work

done, for we've had to ensure that in no way and at no time have we Celestials compromised the Rebellion and Default, it needing to come to fruition at this time now because of you, Marion and Samantha doing your Healing, and yet at the same time our putting in place structures to give us the means to bring out the changes we want to create when the time comes. It's been a very complex undertaking, something we struggle to grasp ourselves at times, the Melchizedeks with their attending angels have been working it out along the lines that have been given to them by the higher-ups. And it all has to be done this way so as to maximise all personalities involved experiences they are to have, no one has been allowed to be denied any part of their Wrongness, nor will they be denied any part of their Rightness.

And what you still fail to understand is, and because as yet there is no sign of it on Earth or in the mind spirits, the impact that you and Marion will have when you're given the full authority and go-ahead. So we're preparing for that, for its coming and it has to happen, and it **needs to be very intense on the spiritual level, otherwise humanity will never change.** So humanity has to be heavily confronted, and your light, the light of your truth, when it's 'turned on' and increases in intensity throughout the remainder of your lives, it is going to shine into the darkness and nothing will be left the same. And again I can sense you struggling with this, particularly when all you've felt all your life is your light being turned off and smothered, with other people who seemingly have no spiritual inclination enjoying the light of their soul, well that will all change for you both, and part of the physical difficulties you're both going through is in preparation for your bodies having to deal with the intensity of that light when it comes. You have had James over the years a slight taste of what I'm talking about, so you can relate to it, however of course you can't as yet feel any strong sense of it within you when all your trauma is about that part of you being crushed out of you.

John is going to be gently moved into his light, which will be like a lighthouse in the darkness through which Pascas will do what is required. As I've said, he will have all the help he requires, and it will continue to come now as required, all giving him time to adjust. Too much too fast would work against him, but as this is all working to perfection, so there will be nothing to worry about along those lines. As you understand James, everything works to perfection, even the Wrongness, and how could it be any other way with it all being what our Mother and Father want, and yet if you could say there is at times more perfection within perfection, then all John and those who come into his orbit are doing and will do is going to happen with this 'added' perfection.



The Germans are going to break, there are internal forces building that are getting to the point of boiling over. Those people who are blocking and standing in the way will start to break down finding it increasingly harder to do what they've done. And that will be for everyone who is now standing in the way of The Change and Great U-Turn. Pressure is increasingly being applied and the break and fall and rolling over is soon to start in earnest. And many people won't understand this however suddenly you'll all sense it like the doors are suddenly being flung open and the fresh air starts to rush in.



And once it Begins, then the snowball is going to rapidly build, and all who try to stand in its way will be swept aside. And I know it might sound like harsh words coming from a Celestial spirit of love, however it's now time for the **Truth to come to light. For two hundred thousand years it's been kept buried** and people have not been allowed to live it, and everything has conspired to keep it well hidden. But it hasn't gone away, it can't, and so just as each person starts to crack themselves open by standing up to their controlling minds by looking to their feelings for their truth, so that's going to start happening to the world – it's going to start to face the truth. And a lot of people will be kicking and screaming of course, their power being threatened, however that can't be helped. And were they to go with those bad feelings seeking their truth, they will be led to see why they want such power anyway;

and if they don't want to use their feelings to uncover the truth of themselves, the truth of why they are feeling them, well they'll eventually move into the mind Mansion Worlds there to become increasingly isolated.

The 'writing is on the wall' for the mind Mansion Worlds. They are going to become increasingly cut off, we Celestials will 'wall them off' from Earth and from other Divine Love spirits who are doing their Healing. However they are also going to be stuffed to capacity with the coming events, and those spirits in them there to live all 'happily' with each other, whilst unable to affect anything much on Earth. They won't even be able to watch so easily as they have, so soon there will be virtually no negative influence coming from them. Commands are to be issued James, which will end such influence from them, and then people on Earth will be completely free to get on and make it as they want, something that's never happened before as it's always been pretty much what the mind spirits wants, with the mind spirits all being under the control of the Evil Ones.



And so will come The Cleansing, which I can't as yet tell you more about, however you can work it out, and so humanity will be purged of the untruth.

Mind you, this is all set to occur over some time, however that's the way it will be, all of which we are going to implement. For as you understand,

## THE CLEANSING

Earth and the mind spirits have been 'given to us' now, the Melchizedeks oversee us, advise us, give us outlines of what we are to bring about, yet largely it's left up to us; and as I've told you before, it's an incredible undertaking for us all. And you John and everyone else will be playing your parts on Earth, which will continue when you come into spirit, there's lots to be done now and even more during the next Age, and then we'll all leave, our jobs will have been done, and it will be for others to take our places and help humanity evolve into its next phase.

And it's all programmed in our souls, so although we might seem to be in control behind the scenes, still you will all be led by your feelings and circumstances in life, just as it always has been done, yet this time round it's all about ending the controlling systems of the Rebellion and Default and putting new ones, and ones based on a higher supportive truth, into place. Pascas is like a new system in that regard, it supports a higher truth, so everyone who aligns with it and the truths within it, even if they have nothing personal to do with it or even know of it, will be 'doing their bit'.

And there's going to be lots of bits, all the erroneous untruth and love-denying beliefs propagated by the religions and superstitions people live, are to be eradicated, they are the real pollution destroying the world and limiting the potential of human nature, and so having been forced to remain grovelling in the gutter for so long, the people of Earth are to soon get a taste of real creative and spiritual liberation.

So John, you'll continue to be provided with the emotional, mental and spiritual support you need. A lot is going to be put on you, and so you'll need a lot of help. And those people will also serve to 'protect you' in a way, which means you'll remain free to do as you feel and not having to deal with power plays and people wanting to take it out of your hands and go ways that would be unwise and contrary to the New Way. You've needed this time with James and his work to allow it to sink in enough so you feel sure about it, which you now do feel, and so life will continue to support you in this. And the work load you'll be able to cope with, you'll enjoy it, all the different facets to it, from the highest spiritual levels of truth, understanding and information, to the lowest most mundane and practical. How to have the toilets suitable for all who'll want to use them, will be just as important as how humanity is going to deal with being confronted by the New Way.

And so James, another good dose of future positive stuff for you to deal with!



James: Yes, it's trying to work on me, but my yuk is now too heavily entrenched, I'm too true to it now; so yes, it all sounds nice, and I love all the good, higher feelings you stir up in me Nanna Beth, but until I am Healed, its on with the grind.

Yuk

Nanna Beth: As you will James. I have a few other details to pass onto you all before I go.

Crystal is going to have her intuition increased markedly over the next few weeks and then it will be ongoing. Crystal you'll find you'll be almost able to 'see through' people, and see 'into their minds' and so you'll be able to cut through a lot of the nonsense that will confront you. Your Celestial spirit team have been given the authority to increase these 'abilities' in you as you're going to need to feel in some ways like you're 'above it all', and almost as if 'you're looking down on it all from above', feeling you are able to anticipate what is going to happen and what people are going to say, even almost knowing, and in some situations, knowing, what that person was going to say. And even: what they should have said, what they were thinking but hid from you, and even the thoughts they hid from themselves; what they are feeling – you'll have a greater sense of awareness of all that's taking place. And it will happen naturally, you don't have to do anything other than what you're doing. And it will also include your ability to sense and tune into the spirits you are dealing with, like Milverton. He won't be able to stop you prying into his mind, it's what he's the most scared of, that someone, such as yourself – a woman, will know what he's thinking, and will then be able to bend him to their way – all of which was how his mother treated him and which he's terrified about. So he wants to resist you, seem like he's helping you yet do all his usual muddying of the water, yet you'll be increasingly able to see through all that, calling him on it and getting from it that which you need. And it will be the same with other people who'll come into your life who'll also want to indulge in such puerile power-plays, so you'll see them coming and know how to work them to your advantage or simply cut through and dismiss them. All fun and games, and you're going to relish it Crystal – it's 'what you've been born to do'. So your spiritual power in this regard is going to increase markedly.

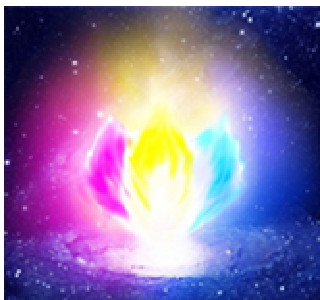
And as for Joe, remain sensitive to his needs, in that it's all going to get harder for him now. So if he shows any stress of: it's too much, ease off. You don't actually need him as much as you have done. And in the end, you won't need him at all as you'll be able to pick up what you need from us yourself. Your time with Joe has helped align and prepare your mind for this new level of work with us. Things will continue as they are for the time being, however I'm telling you this to keep in the back of your mind. And there's no need to tell him anything of what I'm saying to you about yourself or about him. We are looking after him, helping him continue doing the work with you because he sincerely wants to do it, however it is an extraordinary thing to happen, which means, ordinarily, it wouldn't happen.

Everything about what you and John and those people involved personally with you, is extraordinary, and normally none of it would happen. And it's all because of the extraordinariness of what's happening on the higher spiritual levels. So we're able to do things with people and people are able to do things themselves, which normally, and particularly while under rebellious influences, simply wouldn't happen. It's all in different ways as remarkable as Jesus and the Celestials coming to James Padgett, and The Urantia Book being presented to humanity, yet even more so, much more so – far more so. They were just blips on the path of humanities evolution, this is a major event. This effects everyone and everything on the world and in the mind Mansion Worlds.

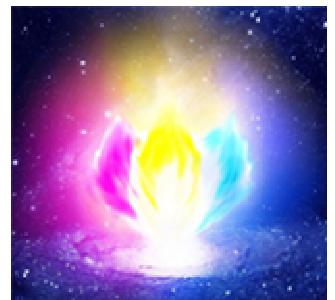
That's all I wanted to say James. I'll speak to you when next you want to make contact. Our love is with you all, we're all to have fun together, we'll be with you – we ARE with you; and in all that you're doing, we can't be more with you, and we're all doing with you all we can do. Bye now – Nanna Beth.

James: Thank you Nanna Beth, from us all.

Through one's soul, one communicates to one's indwelling spirit, who, in turn, is assisted by your angels to connect with the angels associated with the person who you desire to communicate with.

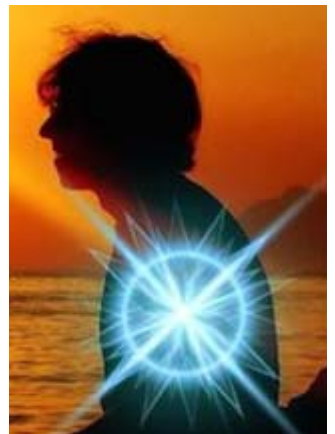


How one works with people carrying out conversations unbeknownst to them, is rather easy from a technical point of view. One's angels speak to the angels of the person involved, conveying what he/she wants to say. Their angels (or the angel active in the experience) 'commune' with the person's Indwelling Spirit, who then creates the reply with all the required information giving it to that person's angels, then those angels relay it back to you, the inquirer, angels who relay it to your Indwelling Spirit who inspires your mind to see and hear what is being 'said' or 'thought' or 'felt' by that person.



This is very unusual and is only permitted in very extenuating circumstances.

**YOU ARE A SPIRIT,  
YOU HAVE A SOUL,  
AND YOU LIVE IN A BODY.**



Around the age of 6, a segment of our Heavenly Parents' essence connects with our soul. This is our personalised Indwelling Spirit. Through our soul, one can communicate with and receive information from one's Indwelling Spirit. Should we proceed to engage in our Feeling Healing and also embrace our Mother and Father's Divine Love, then on completion of our healing, the Indwelling Spirit will fuse with our soul permanently. This event occurs upon the progression from the 7<sup>th</sup> Mansion World (Divine Love Healing World) equivalent to the 1<sup>st</sup> of the Celestial Heavens. The fusion with one's Indwelling Spirit results in a continuous connection with our Heavenly Parents.

Your soul enlivens your spirit body which, in turn, is the template for your physical body. Your soul is assisted and aided by your Indwelling Spirit as well as by your Angels who are soulmate pair equivalent. We each also have a pair of Nature Spirits to assist us and guide us at all times while we live on Earth.

## **Nanna Beth Summarises Her Message to James 12 November 2018**

Everything about what you and John and those people involved personally with you, is extraordinary, and normally none of it would happen. And it's all because of the extra ordinariness of what's happening on the higher spiritual levels. So we're able to do things with people and people are able to do things themselves, which normally, and particularly while under rebellious influences, simply wouldn't happen. It's all in different ways as remarkable as Jesus and the Celestials coming to James Padgett, and The Urantia Book being presented to humanity, yet even more so, much more so – far more so. They were just blips on the path of humanities evolution, this is a major event. This affects everyone and everything on the world and in the mind Mansion Worlds.

### **MANSION WORLDS**

Tuesday, 27 November 2018

James: Hello Nanna Beth – John wants to know when his money is coming! And he wants to know if our Mansion Worlds are wholly ours or do we share them in some way with other spirits from other worlds?

Nanna Beth, 3<sup>rd</sup> Celestial Heaven: His money will be landing on his doorstep within a seven – how's that James?

James: Ha, ha, that's what Rita the Tarot reader would say, things like 'within a seven you will hear something about that'. Yeah right, seven what, minuets, hours, day, weeks, months, years – so you're not letting on, okay, fair enough, so next question please. At least talking about the Mansion Worlds is on safer ground.

Nanna Beth: Absolutely James, I am always able to shed more light on the Bigger Picture for you, however I'm afraid, that to do with the personal such as about the money and so on, not as much.

The Mansion Worlds are wholly being used for Urantia (Earth) at this point in time, and have been for a long time. We don't have our own worlds as such, it's just that we've been 'allocated' the use of them for the time being. And that will continue until the end of the Spiritual Age, then Urantian spirits will be joined by others from other 'earths'.

And you understand the quarantine status is because of the Rebellion so when it breaks and humanity starts to heal itself then humanity will come out of its self-imposed isolation.

There are Mansion Worlds provided for varying numbers of 'earths'. The Urantia Book, which John was talking about, is the universal standard, but nothing about Urantia (Earth) is standard anymore.

James: So how is it for you Healed Celestials, when do you become part of the greater universal whole?

Nanna Beth: From the fourth Celestial onwards we become part of the whole with our focus on our Paradise ascent then being wholly consuming. As I've told you, the first three Celestial spheres are still primarily focused on assisting Urantia – you people on Earth and in the mind and healing Mansion Worlds (1 to 7), however there is also some progressive universal involvement. We go to classes, which are voluntary, that introduce us to greater universal awareness. We go to 'meet-ups' in which small numbers of our soulgroups might meet small numbers of other soulgroups from other physical

worlds. And these are always very interesting to compare our lives with theirs. But these meetings are for the most part for us being still of the first three Celestial spheres, information, they are not as yet about forming relationships with spirits from other planets, nor are we actively involved with universal work with them. However having said that, there are increasing numbers of Celestials from the lower three spheres who are starting to have more personally to do with spirits from other worlds and those spirits with us. Not all the Celestials with us want to be focused on Earth or the Mansion Worlds all the time. We all still have to do something with Earth, but with some of us that is becoming less and less. That's all part of the change. By the end of this forthcoming Spiritual Age, we Celestials won't be needed to have such an intense and personal focus with people on Earth and in the Mansion Worlds, so those Celestials in the lower three spheres (of the Celestial Heavens) will have more immediately to do with spirits from other worlds.

So you can see James, this time now and for the next Age is going to be unique. Every moment is of course unique, however in terms of time, 1,000 years is like a brief moment compared to tens of thousands of years of a normal age. And we'll be doing a lot within it on all levels.

So humanity doesn't start getting let out of its prison until the end of the next Age, however you can start letting yourself out of your own personal one anytime now by doing your Healing.

James: Thanks for that. I was going to ask you some other things however now speaking with you they don't seem relevant. My desire to speak with you spirits is waning still. My mind trying to retain its control is fading. Nothing seems to be making any sense, less so by the day, the more my feelings are taking over. So like this, I think I want to ask you about things, but my feelings quell the mental desire when it comes down to it, so it's no longer about getting my list out asking you anymore.

Nanna Beth: Your soul is starting to take over James. Your mind is being 'absorbed' by it. Which means the control you asserted with your mind is dissolving away like you said. And your feelings and soul-perceptions, which are really like greater inner or deeper feelings, are coming more to the fore. However they are not fully formed yet, it's like developing a new sense and learning how to live with it, and having been used to your mind and its structured ways for so long, so to give over to your unstructured feelings is what is causing you so much confusion and feelings like everything is getting more weird. However it's all natural James, part of the 'end times' of your Healing, it's all part of the inner transformation you and Marion are going through. And even though it seems like you're all at sea within it, in time you'll gain the land and be able to orientate yourself. And by that time you will be able to answer the many questions you've had, which we've been reticent in answering for you, because you've had to live the experience for yourself. But it's coming. The fog shall lift, you're working your way through it, and things will change. Your understanding and awareness of it all is growing all the time, it's like you're absorbing it as you do as a child, not fully aware or conscious of all you're going through at the time, still you are going through it. And once your Healing finishes, then a lot of what currently doesn't make much sense will make sense, it will all come together nicely.

I can say James, that regarding John and Crystal, they are to simply keep going with what they want to do with the money side of things. Many difficulties will present themselves, but in the end they will be dealt with reasonably easily. And when the time comes, and it's fast approaching now, what needs to be done with the actual money and how to do it will become more obvious. You can't speculate, go too far ahead of yourself, even plan too much in advance, there are too many variables for John and Crystal at this stage, however they are beginning to slot more into place.

I can't say anymore about it, and for each of them personally there is nothing more for me to add. To Samantha I would like to say: that much of your deeply longed for resolution Sam will start coming to you very soon now. This time will not be as bad, not as difficult, testing and trying, you'll move into a more enlightened view of it all, so much will start making more sense.

And for you James, just keep doing what you are doing, you know, there's nothing else I can say for you now concerning your own Healing. There comes a point when it is all only ourselves, we are alone with our own shit to come to terms wholly with. So this time of you and Marion feeling alone is good, you both need to feel you are free of each other even though you're still working with each other. And Sam will start to feel better too about being on her own. We are all on our own as children, even though we are with people. And even with our soulmate we are still our own separate personality, so we all need time to adjust to being ourselves – our true selves, getting to know our self, which we can do either alone or with other people or another person. So all you and Marion are doing working out how you'd like to live by yourselves is all part of this. It's all being true to the free child you should have been, the child of loving parents, a child who feels loved and free.

I will go now James as Marion wants to read to you. We'll speak again soon. Bye now.

James: Thanks Nanna Beth.

### **GRAEME BATES after his MOTHER'S DEATH**

Thursday, 29 November 2018

Nanna Beth – 3<sup>rd</sup> Celestial Heaven: What you do Graeme is you keep doing what you are doing. You keep allowing yourself to feel all your feelings remaining sensitive to them. Can you see where your mind comes in telling you off for being bad – sensitive, saying I stop this, I'm over it, but the truth is, you'll never be over it until it's all Healed. Still, now that your mother has died (28 November 2018), other things will happen to you now that bond has been forcibly cut and taken out of your hands, so more bad feelings will surface, but nothing more than you've already been through. And slowly you'll feel more strength coming as you grieve, feeling you are free and able to have life as you want it, without feeling responsible for someone else.

Your mother passed over well, she's now in a recovery hospital ward in the Arrival sector, in which she'll remain whilst her rehabilitation happens getting her used to the idea that she now is free to begin a new life over here in spirit. For people such as herself who are quite fixed in their beliefs and ways, it takes time for them to gradually adjust to their new life. And she will adjust, there doesn't seem to be any foreseeable problems with that; she's being looked after by some of her family and relatives who'll organise where she wants to live and what she will start doing. This can change, but from what I understand, her sister is going to take her to stay in her house until she's more settled and decides what she wants to do. And in a few weeks time when she's more settled, she'll be taken back to the Earth plane to see you Graeme and so you might feel her about you then, however I think this will only be a short visit, with her needing to stay in her Mansion World life so as to keep adjusting to her new life. For people like her, being new arrival spirits can take six months to a year before they really start to settle in and feel part of it all, however that's a generalisation and things can always happen differently. But what I'm trying to say is she won't descend into the Earth planes, she will live in the first Mansion World, having undergone what would amount to as being a 'normal transition'.

And so concerning yourself, just allow yourself to be free to do as you please. I know these sorts of things from us spirits and even from other people are often empty platitudes because you will do what you will, so again what I'm trying to say is, not that you really need me or anyone to tell you anyway, your life is your own now Graeme, and so it too will adjust like your mothers will, taking you into new areas of doing things. And you don't have to worry, your feelings will guide you, you'll see, it will all work out for the best.

I'm not going to say anymore, it's not out place to really, we're only doing this because of what James needs to understand through all he's going through in his relationship with us. But really we spirits are

only meant to be a support and unseen guide for you, not telling you how to live your lives and what's going to happen in each future moment. So I will go now; your mother is being looked after as all new arrived spirits are, that's one area in which much love and compassion is bestowed because as we all go through it, so we all understand how difficult the transition can be depending on our beliefs.

And one last thing before I go, Deborah sent you this message "Do not give in to the sadness, the frustration or desperation of what you are going through on this day.", however you understand that from our perspective we'd counsel that you to do the opposite: DO give in to the sadness, the frustration or desperation of what you are going through on this day. However that's not to say that you have to Graeme. It's just to understand that denying feelings is wrong, no matter how you do it, and yet as you are all so heavily entrenched in that, then that too is what you need to do until you work through your Healing and end such unloving controlling patterns.

All my love to you Graeme – Nanna Beth.

(James – Graeme, can you please tell me if you mum had a sister who died before her. I wrote that then thought, what if she doesn't have a sister? I tried to change it, but no, so I left it as is to see what you say. It's still all part of my getting used to receiving things from the spirits particularly of late with my mind so wafty in everything.)

Graeme: Thank you so much Nanna Beth and thank you too James. No mum did not have a sister – just an older brother Neville. However Dad (Don) had TWO older sisters – Iris and Joan – both have passed. Mum liked Joan very much but Iris being the elder sister – well mum found her bossy and intimidating. The two sisters were like surrogate mothers to my dad because he was the youngest of the 4 kids and his mum was always "in bed – and unwell" so the older sisters assumed a mother's role for the youngest boy.

Now isn't it interesting that when I received Deborah's "wise words" I didn't recognise they are basically saying, "don't give into your sadness" when I know full-well that YES give in to it and FEEL IT FOR FUCK SAKE! Just shows how addicted I am to my mind. And I though I was at least ONE person who "understands FEELING FIRST" and yet at the first opportunity I get to truly feel sadness and grief I turn away and think Oh those wonderful wise words...shit we are (I am) addicted to my mind controlling everything – even the death of my mum. Wooo... a salutary wake up moment. So thankful for Nanna Beth pointing that out and I do get it Nanna – you're NOT telling me what to do or how to live my life with this new found FREEDOM... I just go with my feelings and as John says, I wake up and feel what am I going to do today...

This has been so helpful...I just got home from a really tough and confrontational day with my sister, Rebecca and her family rallying around her and accusing me of all sorts of untruths when I'm taking all the responsibility for mum's cremation and her not wanting any fancy funeral or service which now I simply could not sit through and listen to all that bullshit that I've heard a hundred times before. I'm following her letter of instructions faithfully (she's controlling me – her little boy – from the grave so to speak!).

I'm so grateful James for this channelling and I still have to pinch myself that this is from John's Nanna and she is a 3rd level Celestial...

As Jack Nicholson would say, "It doesn't get better than this!".  
Graeme...no...Eme...

Monday, 3 December 2018

James: Nanna Beth, you said the other day concerning Graeme's mother that she is going to live with her sister in spirit, however she doesn't have one, but did have a relation who was very sisterly to her. And when I wrote 'sister' I thought that might not be right, but left it to see what Graeme would say. And now looking back, as I was writing, which is how I think I am all the time writing, it's not really me, in as much as it's your spirits or Bob (James' indwelling spirit) or whoever, so it was like I was writing a movie, it being given to me or made up as we go along, so it seemed like part of the movie in which Graeme's mother was going to be looked after by her loving sister, the loving sister feeling being what was there, the actual sister perhaps my mind making that fit. Can you tell me about what's going on as I do this, because how much do I write is made up and not true? And the other thing is, I don't feel bad at all about it, I expect it, I'm not 100% correct in my communication with you, we've often talked about that, it more being the essence of what you're conveying to me and helping me put it in my terms, so I'm far more accepting of it.

Nanna Beth – 3<sup>rd</sup> Celestial Heaven: It's the interplay between the remnants of your controlling mind and that part of you seeking to free it up. It's less every day, and we work within the grey zone, helping you go this way and that so you can feel more of what you are doing, questioning yourself, coming to more understanding and all the rest. Once you 'cross the line' becoming Celestial and free of your negative mind control, then you can see with greater clarity the control that was in yourself and is still in others who are of the Rebellion and Default. So from our side it's just what you have to work with when you work with people still of their "yuk", and as you understand, it doesn't really matter as it's more the feeling, the sense of being, good or bad, that is what we want to convey. So for Graeme, and for his mother, it's more about helping you understand that she is being well looked after, that she has someone she's close to who is with her in spirit and wanting to help her adjust to her new spirit life. And I can tell Graeme that his mother is doing exceptionally well, better than expected, that she is out of the arrival hospital and is convalescing in the hospital grounds mixing with other newly arrived spirits like herself and starting to feel rejuvenated, excited that she has a whole new life ahead of her, not daunted in the least by it, with some of the things you told her Graeme echoing in the back of her mind, helping to underpin her acceptance of her changed state, easing her transition, more so than it would have been had you not tried to impress your understandings of life after death on her.

yuk

It all helps, however as to how much and when the help might be utilised by the person is determined by all the factors contributing to their negative state. And as I have not personally made a 'study' of your mother Graeme, I am relying on reports that filter up to me because of you wanting to know how she's going. And you should be able to feel that everything is fine with her, and that's right what you are feeling, there are no unforeseen complications which befall some spirits who have deeply repressed issues they've refused to deal with all their lives, and which are often so hidden, even from themselves, that unless an in depth angel study of them is undertaken, we higher spirits might not be able to detect such inner disturbance. We expect everyone to have such hidden 'goings on' but with your mother she is what she was/is, nothing hidden other than the usual self-denial, but nothing that would suddenly jeopardise and thwart her ease of embracing her new spirit life. I anticipate that later next week she will leave to move to her 'sisterly' house, and then she's going to be steadily introduced to all the delights of what the Mansion World has to offer. She is interested in many things, a lot of which she had to deny herself through her life because of circumstance, and will find great pleasure and blossoming out into no longer being constrained by such restrictions, so freer to explore such interests. When you meet her again Graeme, she will be very different to the fixed-in-her-ways, mind and beliefs mother that you knew. However it's going to be a while before she's ready to take the next step and think about doing her Healing. So when you think about her in her mind, don't try and offer suggestive thoughts along those lines or longing for the truth and living true to her feelings. Just feel how she is feeling, good about herself and her new life, and delight with her in such things. You don't have to encourage her,

she is a beautiful women spirit now in her own right Graeme, setting out to create the life that she always wanted, and even though it will for the immediate time be one of the mind worlds, still that's part of what life is for her. But when her time comes to begin her Healing, she will easily make the transition because she'll be ready for that. So continue to 'let her go', don't try and control or hold on to her in your mind. Cut the cords, she is your mother, yes, however **at some point we all cease to be mothers and fathers and children of our parents. We are all individual children of God, of our real Mother and Father, all equal in our child-ness.** And when you come to do your Healing of your relationship with her and your father, then that will be for you to do, and possibly won't even involve them personally.

Also, she won't be at her funeral in person, she will be aware that it's taking place, however she won't feel up to seeing everyone. She is feeling her new found freedom in the spirit light, it's buoying her up, as it does us all. It's hard to describe to you, however when you are of it, when it is of you, if you don't have within you the untruth that requires union with and time lived in the hells and lower Earth planes, then you can find it almost traumatising having to 'go back' to Earth or such lower levels until you are spiritually fortified to deal with them. In time your mother will find such inner strength to deal with you and your sister and all the rest of her past, however for the time being it's more important that she looks after herself and stays where she is rather than subjecting herself to her own funeral. So even though you might 'feel like or sense that she is present', it's more just in and with you in mind, rather than being with you all in person. For other spirits, they can deal with such things, some being so switched off being so insensitive to their feelings that it's just a thing to do, others wanting to feel all the emotion of the event, even to be caught up in being the centre of so much attention, but your mother simply needs peace of mind and environment with like-minded and like-feeling spirits, feeling part of her new life with these new spirits, all sharing their amazement and bewilderment at there actually being life after death, all needing to focus on themselves blocking out everyone else, and particularly often all the unpleasantness from those they've left behind.

And whilst I'm 'online', keep following the leads as they unfold for you John. It's all unfolding as it will, so much is going on in the world at the moment that increasing numbers of the controllers are losing that control and not knowing what's going to happen next. It's a massive change taking place, it's all still mostly behind the scenes, however the old ways are being unhinged and the seeds being sown for new ways. And these new ways will still be of the Wrongness, however not as controlling and prohibitive as has been. And part of this new freeing up is what is driving SI (Solid Investment) into being. So what you are doing is contributing to the change, it's all part of it, and all what is meant to happen.



I will go James. It's good listening to yours and Marion's discussions about how you're feeling and all you're both going through. All the necessary breaking down of the control that you've both been forced to live under, not unlike the control imposed on the world by the globalist self-interested. You were made to live in your family 'globally' with no real identity, just part of the impersonal whole, that which you're seeing how bound up in it you are, and that which you are objecting to in yourself and in the world. Marion grew up in a nationalistic world within her family, however she wasn't allowed to express her individuality in it, she being kept at about slave level. So you are both breaking free of your controlling bonds by allowing yourselves to feel fully how bound in by them you are, and then feeling your will pushing, confronting, challenging and even breaking through them. And I know for you it's currently very tedious and mind-numbing and feeling-numbing and you feel like you're getting nowhere and everything is stalling and coming to a standstill and you're wondering how will you ever be able to change when you feel less and less like doing anything, however that is how it is for you, it being how it was for you at home, all to help you see and then feel what you feel about the truth of what you're seeing about yourself.



Until we speak again, keep doing what you feel, there is nothing else to do, just keep going, and if you feel you are not to do anything, then don't do anything because that's what you feel. It's only your mind telling you its wrong, based on all you were told. You were punished for going down that track so it's off limits and you're scared of it, however that's all just part of the control you're living under and so how do you know if it is really wrong when it's just part of what you've had to do and you wouldn't know what is right and best for you anyway. Nanna Beth – 3<sup>rd</sup> Celestial Heaven.

Recap:

## **DO WE ATTEND OUR OWN FUNERAL?**

Monday, 3 December 2018

This is a general observation by Nanna Beth – 3<sup>rd</sup> Celestial Heaven – following the death of Graeme's mother a week earlier:

Nanna Beth: Graeme, your mother is doing exceptionally well, better than expected. She is out of the arrival hospital and is convalescing in the hospital grounds mixing with other newly arrived spirits like herself and starting to feel rejuvenated, excited that she has a whole new life ahead of her, not daunted in the least by it, with some of the things you told her, Graeme, echoing in the back of her mind, helping to underpin her acceptance of her changed state, easing her transition, more so than it would have been had you not tried to impress your understandings of life after death on her.

She won't be at her funeral in person, she will be aware that it's taking place, however she won't feel up to seeing everyone.

She is feeling her new found freedom in the spirit light, it's buoying her up, as it does us all.

It's hard to describe to you, however when you are of it, when it is of you, if you don't have within you the untruth that requires union with and time lived in the hells and lower Earth planes, then you can find it almost traumatising having to 'go back' to Earth or such lower levels until you are spiritually fortified to deal with them.

In time your mother will find such inner strength to deal with you and your sister and all the rest of her past, however for the time being it's more important that she looks after herself and stays where she is rather than subjecting herself to her own funeral.

So even though you might 'feel like or sense that she is present', it's more just in and with you in mind, rather than being with you all in person.

For other spirits, they can deal with such things, some being so switched off being so insensitive to their feelings that it's just a thing to do, others wanting to feel all the emotion of the event, even to be caught up in being the centre of so much attention, but your mother simply needs peace of mind and environment with like-minded and like-feeling spirits, feeling part of her new life with these new spirits, all sharing their amazement and bewilderment at there actually being life after death, all needing to focus on themselves blocking out everyone else, and particularly often all the unpleasantness from those they've left behind.

**2019 is the LAST YEAR of MARY and JESUS' AGE**

4 December 2018

John: Hi Nanna Beth. Life is certainly bizarre! I started full time employment as a short hand typist and now I am a full time typist.

I have this story to share with a few who may listen – it may go something like this:

Well folks, the drama of the first century has been sorted out! Jesus and Mary have been writing to us for 100 years or so since 31 May 1914 and with Celestial friends they have put the records straight as well as spelling out what we did not grasp, let alone recognise.

We have all been going the wrong way, worshipping our minds, and falling into enslavement to our minds that cannot discern truth from falsehood and being addicted to control. Women could have gotten us men out of this stupidity, but us men literally enslaved the women to our ‘masculine’ superiority. However, Jesus’ equal and soulmate, Mary has put the records straight.

So, since 31 May 1914 and ongoing, humanity has experienced the Second Coming of Jesus and Mary, which culminated in about 2014, since then we have been in the End Times, being the withdrawal of Jesus and Mary from any direct involvement with humanity here on Earth, and now we are preparing for the Handover to the Bestowal Pair from Paradise who are Avonals, as are Mary and Jesus also from Paradise being Creator Daughter and Son.

Presently, the number of people on the planet who recognise this would not fill a small kitchen in anyone’s home! Yet it is the greatest series of events in the history of humanity ever.

Now to cap things off, the Typist looks like having a budget of US\$2,000 to share these records around the world to every man, woman and child within every community in every country. Yes, a minimum of US\$2,000 for every man, woman and child! That is a budget bigger than the biggest national economy on the planet!



And to get access to that fund pool, a few changes are taking place on the way through. The elitist judicial system and leadership of Germany is about to be decimated by a global scandal because they have been complicit in the biggest financial injustice in history.



Further, a bunch of octogenarians, “world controllers”, are about to be outed because they have stuffed up the delivery of a package no bigger than a one litre carton of milk for over a year, costing them hundreds of millions in expenses on the way through, when DHL or Fedex would have done the job in days for pennies. Now these octogenarians are the hidden financial controllers of humanity who they have enslaved to debt without paying any income tax or even showing their faces.

So to unplug all these delays and gain access to the funds to share the news, we need to contact the solicitor that is now appointed by Simon Church aka Robin Richards and press on with the task at hand. The question being is Barrister Richard Reynolds the name of the ‘Smart Guy’ of the team of solicitors appointed by Simon Church? Is this solicitor Richard Reynolds, of London, Simon Church’s engaged solicitor and is this the correct Richard Reynolds? And is he engage by Simon or is he engaged by Barrister Neil Hughes?

Further, is the package to be delivered to Crystal going to arrive and is one of the purposes of this truncated delivery process of the package also to identifying these particular hidden controllers?

Every aspect of the accessing and freeing up of the Solid Investment fund pool all looks like an army of self-interested, self-centred leaders of society stumbling to self-destruction when simple phone calls and pennies paid to us years ago, and we would then have gone away. Now, it is a global shake up of all the pillars of commerce and society.

Do we have many different, yet complementary goals to achieve? And all being played out by a Farming Girl and a Typist following their feelings?

Did we, the Farming Girl and the Typist, actually volunteer for this ‘life experience’?

Well Nanna Beth, it sure beats being a bored accountant, but surely you must wonder at the insanity of the magnitude of all of this also?

John the Typist

James: Hello again Nanna Beth, John wants to know when he’s going to get his dosh so he can give us all US\$2,000! Possibly more people would just want the cash than to be told about the Rebellion and how to extricate themselves from it. He’s asking you a few other questions, which he should possibly ask you through someone else, someone who’s not as locked down as I am, someone who is free to receive what you say without such restrictions, because I know what you’re going to say to most of them; still, on behalf of John, I’ll ask you again.



Nanna Beth – 3<sup>rd</sup> Celestial Heaven: Nothing has changed from what we can and can’t say, so unfortunately I can’t be any more forthcoming than I have been. You John are to keep doing it all yourself now as you are moved to, which is possibly not what you want to hear, however that’s becoming even more important. We are to remain behind the scenes, we can say we are assisting you, but can’t tell you exactly how, we’ve done all we can of that until such time that we’re told we can say more, which we can’t even say when or if that is going to happen. All of which is in keeping with how you are feeling James and what you are going through, not being able to receive any relief from the limitations imposed on you as you become truer to them.

James: Marion is racing along, going from good feelings to more good feelings. We both thought she was going to die a couple of weeks ago, now she’s like a child bursting at the seams, although still restricted from jumping around by her decrepit body. She is transforming, becoming the person her parents didn’t allow, feeling freer in her self-expression by the moment. I’m just grinding to a standstill.

Nanna Beth: Marion is now leading you both out of the Rebellion. She’s leading you into fully accepting your unloved state as she leaves hers by fully accepting it – loving it fully, but all naturally. In due course you’ll follow her as your self-acceptance grows.

I can’t tell you, John, about Simon’s barrister / solicitor or about whether or not the package will be delivered, however I can say that cracks are appearing everywhere and these are now going to get larger with increasing speed.

I can answer spiritual questions, such as the misnomer that

**I plan,  
God laughs.**

you or anyone else has ‘volunteered for the life you are living’, as no one volunteers, it all being by design, created by God. And so you don’t have any choice in it, you can think and believe you do, you can use your mind to go this way and that, making you think you are in control, but you’re not, our Mother and Father have it all well in hand. So if you want to do anything about it, you’re to ask Them, which you can do the truer you become to your feelings. And then it’s up to Them when and how they show you and answer your questions, and so from that point of view, we Celestials emulate Them the best we can, so sometimes we’re more straightforward and precise, other times more vague, other times nothing at all, all of which is in keeping with the needs of your soul.

I can tell you that next year will resolve most of your questions; it’s getting to be ‘crunch time’, both for you all personally and for the world. It would even be all right for you to believe that this next year, beginning from the December solstice (21<sup>st</sup> December 2018), is the last year of Mary and Jesus’ age. So all that’s happening is building up to that, their age has to reach its conclusions in the rebellion against them that’s required to be expressed by humanity, as are things to be readied for the beginning and so transition into the next Age. So next year should be quite dynamic. I can’t say anymore, I can’t take anything away from you all. However that’s what we’re working toward.

So you are correct John in comprehending the enormity of it, and how it’s all being virtually kept secret, that all being part of the untruth and rebellion and fulfilment of the denial of Mary and Jesus, so it’s not time yet for the truth to be revealed far and wide. So it’s still preparation time, with those preparations going to keep you very busy John.

And the resolution for you James, Marion and Samantha concerning your Healing, will also take place next year. And as to what ‘resolution’ means for each of you, I can’t elaborate, however you James can feel now within yourself, something needs to give because when you are reduced truly to nothing, in your dead end no-love, unloved state, then there is only something that can follow.

James: My fear is though, that sure, something might follow, but after a million years of nothing. I can feel how much this freaks me out, as it did mum, she hated feeling like it was all going to end with her being trapped in nothing, so I’m now moving into living true to this fear.

Nanna Beth: You are James, all to show you that there is actually light within the darkness, that within no-love there is actually still love, it’s just that it’s being withheld from you. But just because you can’t feel it doesn’t mean it’s not there, so first you have to feel fully not feeling it and how devoid of all light you are. Then light can come and you’ll move on into it and love, leaving the darkness behind, that which Marion is currently experiencing.

James: She reckons she’s finished her Healing, is there any truth to that?

Nanna Beth: She’s finished having to experience feeling unloved in her devoid-of-light life, that which you are still moving fully into. She’s now moving out of that into discovering her true self, it still being a transition from the bad to the good, so still technically part of her Healing. The full end will come soon, she’ll tell you and you’ll both see it anyway in her, however I can’t give too much away about that.

So once again I’m being more cryptic and vague than straightforward, however that’s a reflection of the state you are currently in James, you being truer each day to your unloving state.

I won’t say anymore, you’ll see increasing signs of stress in the world as the controlling forces start to lose the power they’ve had and other interests fill the gap. I can’t even tell you anymore about the state of the hidden controllers and the likes of Trump and Putin or anyone else. I can’t say anything much, it all being as you are feeling James.

James: Well thank you anyway Nanna Beth. I feel like the well is drying up and I'm even looking forward to it becoming completely dry, something I have dreaded. Today feeling like all I can do and want to do is sleep and eat; well, why not – why do I have to do anything, anyway? All I wanted to do has been my fantasy life, so with it dissolving away, so be it. And as there seems to be less and less bad feelings about feeling so nothing, so I'm just going along with that too. It's all weird, nothing like how I thought it would be toward the end of my Healing; yet still, all I thought was fantasy, Marion has never had any such thoughts or expectations, just accepting what comes as she moves along.

**EXTRAORDINARY TIME** wonky.

## WONKY REPORT

At bottom of first para first page should it be affect or effect? Maybe EME might know? I liked it all, and thought you could possibly add some of what Nanna Beth said today. James

**HEALING PHASES**

Monday, 17 December 2018

James: Hi Nanna Beth, I feel like a chat, is that all right with you?

Nanna Beth – 3<sup>rd</sup> Celestial Heaven: Go ahead James.

James: Did you go through the phase I'm going through during your Healing?

Nanna Beth: Yes, we all do. It's acceptance of all that you are. As the truth of yourself comes to light, so it takes time to fully accept that truth. And as you are evil, rebellious – wrong and unloving, so that's the truth about yourself you are slowly accepting. And acceptance means, on all levels, which you can't know what they are until you've lived them, all of which is determined by the mandate of your soul. So for you, how you are doing it now, is an expression of yourself, your personality, whereas how Marion is doing it is an expression of herself.

And you're able to see the differences, which you express to each other, those differences then helping you both to keep going in the acceptance of the truth of yourselves. So as Marion was saying last night, it's about just fully accepting yourself how you are, that being how God wants you to be, and then doing whatever you want to do.

**Allowing yourself to be free to do as you please, this being the difficult part because mostly you're far too self-controlling to do that, even when you believe you are free. So as she is allowing herself to be free, which really means, free to be herself, so she's working through those areas within herself that were heavily suppressed, coming to realise as part of her truth, that she is like that, and better still, that's it's right and good how she is, and not bad as she was made to believe. So accepting that she is ebullient, a very positive by nature person, very self-expressive and throwing herself into being with other people enjoying all aspects of communication and feeling-expression, all of which she was stopped doing as a child so has thought is wrong to do as an adult.**

**And as she allows herself to be true to herself, which is truly herself, so she's feeling better and better and more loving of herself, you, the Father and everyone else, that being her natural way that she is, and so would have been as a child, all of which was harshly denied her.**

James: She feels so excited about how ebullient she is, even if people think she's mad, and eccentric, and so what, being happier that she is like that. And not feeling bad when someone disapproves, telling

her not to be so childish, now she says she'd just laugh at them, carrying on enthusiastically and keenly about everything like a happy child, no longer needing their approval, and no longer feeling scared that she's going to bring their criticism upon herself.

Nanna Beth: It's coming to accept your whole negative state, so to understand the truth of why and how it all makes you feel being that way, and at the same time coming to see and then live, the truth of how you really are, so bringing out and allowing all your suppressed attributes to express themselves. And then when you're fully accepting of yourself in this unloving condition of will-lessness, then the whole transformation of your soul can take place, crossing over into being true, leaving the Rebellion and be a Celestial.

James: So how is it going for you personally and all the Celestials?

Nanna Beth: Personally I'm still relishing feeling daily more love and understanding about my soulmate relationship and still marvelling and being in constant wonderment and awe of the Melchizedeks. They are like the most loving uncles and aunts you can have. We're still working hard preparing for what's to come. We're laying down the foundations for the next one thousand years and then beyond all the way to the end of humanity on Earth. We can't see that far ahead, however we've been schooled by the Melchizedeks about it, all so Urantia (Earth) comes back into alignment with the rest of the universe and then moves toward Light and Life fulfilling its spiritual purpose. So with the end of the Rebellion and Default, we're laying down what could be called foundations from which future new humanity will build upon. So future Celestials who will then support and transmit through to people (mostly Celestials) on Earth.



So many of the changes taking place now on the world scene and what is to come in the short term are allowing us to put these foundations into place. So we're creating the foundation holes in the existing systems, which will at some point crash for one reason or another, into which we'll seed the beginnings of the new. And as you understand, it all has to take place in harmony with everyone, you and those associated with what you are doing.



James: So all of this slow SI (Solid Investment) drama is part of that?

Nanna Beth: Yes, if we could show you in four dimensions what's transpiring, you could see the whole tapestry of how we're subtly working it all into The Change, all so the Melchizedek plans are carried out – put into place and play. And as it's such a massive undertaking, and as we're having to deal with a fixed humanity that is resisting all change, wanting to carry on evolving deeper into its untruth, so it takes a lot of effort by us to slowly bring it into the position we want it in.

John and those people associated with him are slowly being moved into position, which means, they are being prepared on inner levels within themselves for what's to come.

It's not just a mental thing James, your angels and Indwelling Spirits are preparing you all on all levels for what's to happen, because so much is going to happen that will require all the central people to be fluid and accepting within themselves.



John is feeling that more lately, a feeling of letting go, unable to control anything, flowing with it, and with a greater feeling that it's all right, that he doesn't have to worry, that it will all flow in the right direction, because it will and that we are calling the shots for him, which we are.

The controlling aspects of his ego-mind that would have got in the way were 'burnt out' allowing his mind to remain open and able to be further expanded. Many people at his age are fixed in their mental ways happy or not so happy to allow nature to take its course through to the end, and mostly not wanting to undergo a whole re-education plan, not wanting to be like a child setting out exploring its world, they are at the end, not the beginning, so with John having to accept a whole new beginning at the end, so extraordinary things have had to happen, and continue to happen, in his physical brain and mind.



Note – 5 April 2017 from Nanna Beth:

**Holy Crap!**  
**John, is that**  
**you?!**



“His angels roasted him somewhat, it was needed to burn out all the excess baggage, setting him up for all of this.” This event commenced at a conference in a casino in Las Vegas on 3 July 2007, I (John) lit up like a Christmas Tree and my head felt as though it had a burning hat band around it. My head sizzled and crackled and I could not move for some time. This went on for maybe 40 minutes. I don't know. I was trying to manifest a fire bucket full of ice so I could quell this sensation. This 'experience' followed on about twelve hours after what I call a 90 second world tour

where I was shown what Pascas worldwide is to become! The term, 'burning ring of fire' has taken on a new meaning for me. This 'burning hat band' experience went on, from time to time, for three or four months. I did feel as though my brain was being fried like an egg! Now, back to Nanna today:

And that he and the others won't get bogged down in the old ways and patterns of the world, those ways are always there and being presented, threatening to thwart projects and stifling the creativity of people involved, **yet being easily dealt with by minds that not only 'think outside the box' but are outside it.**

Everyone who takes you and Marion seriously James will be stepping outside the box into a new box of their and your creation, and that new way will grow and gain traction until the old and new are co-existing, running parallel in the same space.

So John is having to come up to speed by accepting all you are offering, which he is still doing as he allows it all to sink in. And it's more than just reading a few of your books, it's having to take the truths on yourself, even if intellectually, and then being able to express and present them in a way that is from yourself, yet in keeping with the truth of it all.



So you are all in your different ways doing this, all so you'll be able to easily relate to each other and deal with others who can't. John getting knock-backs by some and yet open doors by others, is helping him adjust within himself to the reality that he's going to be living in on a daily basis, and feeling how he feels about each and which side he



wants to put his time into. It's all subtle yet highly important, and you'll all be amazed once it all gets going and starts to unfold just how spot-on it has all been for you in your preparation.

# I plan, God laughs and Nanna Beth smiles!



So like with Samantha and yourself currently feeling so desolate, so nothing, she is changing, accepting herself being this way, seeing it in others, forming a bottom line within herself from which she will live and express her truth and understanding of all she's going through. Which will then provide a context with which to relate to everyone who comes to her, all so she'll be able to know on what level they are, the sorts of feelings they will have to deal with, the consequences of dealing with them – as in what other bad feelings they will likely lead to, and so to what deeper levels that person is likely to go, all so she can relate lovingly to them. And so as she brings to light all her pain of how untrue she is, and starts to feel an acceptance of herself being that way, so her self-love will start to grow, a love with which she will love others who want to do their Healing and live true.

James: So what about the world, is there anything further you can tell me about it?

Nanna Beth: Those who are seeking to destroy the Deep State and remove power from the hidden controllers are progressing well. They are trying to keep a lot of it quiet because they don't want their 'enemy' to know all they are doing. Early next year we expect you'll start to see big changes taking place as Trump and Putin start to assert themselves more. The public are on their side and growing more so each day, many in Europe beginning to realise that their leftist ways were not actually good for their wellbeing. The rioting should continue, ebbing and flowing, and it is putting a lot of pressure on the old way and existing status quo; large cracks are appearing which will soon lead to large failures; people will start to be disgraced as evidence of their controlling ways at the detriment of the people will come out more. *It's still the snow ball starting off small yet gaining size and momentum each day.*

Also you might like to know, the Earth itself is starting to change its rotation speed and is slightly moving on its axis, thereby causing shifts in surface weather patterns as warming and cooling takes effect, just happening in different places than how it has been. And these changes are coming from the core that's being affected by greater space changes. There is always massive pressures and forces affecting every part of natural creation, so the world and all space and all that's within it.

And as David (Montaigne) points out, observers have observed that things remain the same, at least seem to be the same, although with minute incremental changes, all of which culminate to periodic, large swift changes. And so humanity is coming into a time of rapid change, and on all levels, not just the physical or spiritual. Of which I still can't say more.



So the debate about global warming or cooling will continue with both being right, as both are occurring. And in some areas they are affecting each other, in other areas they are happening independent of each other.

James: Thank you Nanna Beth, you've covered all I was wanting you to update.

Nanna Beth: I'll speak to you soon James. Bye now.



Sunday, 23 December 2018:  
Graeme shared this graphic:



Response by James: Well Tweety, this will help tire you out even more! Sorry for it being so lengthy – you don't need to read it you know. Nanna Beth is trying her best to subtly keep our spirits – ha, ha – up. So I'm doing my bit, adding to the Complexities, as you will read. Yawn, yawn, I've been tired all my life, my parents tired me out beyond belief before I begun, I wish I could have slept peacefully during my 'womb-time', however that was not what God had arranged, keeping me awake through fear for nine sleepless months, all of which I'm just feeling now, so thank you Graeme – very relevant.

**TRANSFORMATION**

Sunday, 23 December 2018

James: Hello again Nanna Beth?

Nanna Beth: Go ahead James.

# Transitioning

James: I would like to talk to you about our '**Transformation**' – the transformation of our soul from being of Natural Love into becoming Divine. And why I want to talk to you about it is because I am beginning to feel more confident about it being what is happening to me. And it's a curious thing to describe, yet the feelings I am having of late and the growing conscious awareness that seems to be focusing around it, is confirming for me that it really is something that can happen to us, and will

happen to us at a certain point in our Healing should we want to become divine by longing for the Divine Love. So, how does it feel, this transforming process?

James continues: Well it's as if I am made of mud that's been stirred up, that being the inner me, not the physical, and somehow from the bottom up or from the deep to out outer, the mud is solidifying and at the same time somehow clearing, as in giving me feelings that all is well, all is as it should be, all is perfect with the Mother and Father, that I am fine as I am, that I don't have to change being the way I am, even in my yuk state, even though that's all I want to do and wish the Mother and Father would change me, and soon; that everyone else is fine, true and perfect as they are, that Marion's and my afflictions are as they are needing to be and will change as required, all in keeping with the needs of our soul, those needs and my soul growth all perfect and unfolding as determined by my Mother and Father.

YUK

That is all very subtly going on, and it's as usual a one step forward or 'up' within me, two back, then three forward and so on, but what doesn't seem to be changing or transforming, are the ending my afflictions, addictions and ingrained negative patterns. I have changed a lot in all of these things, some of my negative unloving, self-denying and self-abusing behaviour lessening and leaving me altogether, yet still the main 'problems' remain, even getting, in some respects, stronger.

And the other thing I am yet to feel, which I think I should and hope I will at some point, is feeling loved by the Mother and Father, feeling close and at-one with Them. They are still distant, not personal in my life, which is in keeping with how I relate and conduct all my relationships anyway, that which I am hoping will one day come to end and reverse.

But oddly, impersonally, I am feeling a greater love for everyone, especially when I'm out and about shopping. Feeling how we are all the same, we're all fucked, that no one is really any more fucked than the other, that we're all just expressing our fuckedness in different ways, some which appear more extreme in being kind, caring, considerate and 'loving', others being unkind, outwardly unloving, causing great pain and suffering in others. So, is this increasing sense of love a result of my transformation, or just more of my denial and fantasy good feelings, having nothing to do with any divine transformation as such, just things changing within me on natural levels?

And the other main area of 'transformation' I am feeling, and following Marion in it, is, as she said, to the effect that she is living truer to the Father every day, which means that she by following her feelings is doing as He wants her to do, as is her soul, which is the doing of His will, but not even needing to be put in such terms, it being just her life, being with the Father and not separate from Him, being with Him in her feelings, and not apart from Him in her mind. And that it's just natural, naturally being how we'd all be had we been left to it, not interfered with, free to have grown up fully expressing ourselves. And then on top of that, becoming divine, being something that's no longer separate; or perhaps it's that because she is becoming divine, is transforming, so part of that is feeling so at-one with Him? She still relates to God as her Father, no Mother personality so much, very happy to follow Jesus in that, and it being how she feels.

TRANSFORMATION

So I would appreciate any comments from you Nanna Beth, along the lines of: is this how it was for you, and what does the transformation actually feel like – how did it feel to you?

Nanna Beth – 3<sup>rd</sup> Celestial Heaven: It's all of what you are feeling James, it's happening on all the different levels within you, of which there are many. You have written, which still holds true, that one has to perfect one's Natural love before one can become Divine, and that is true, however it is also not as straightforward as that, which is what is currently happening to you and Marion.

One's divine transformation can happen in all manner of ways once you reached a point of seeing all the truth about yourself that is required by your soul. And for most of us, and more than likely, for most of you on Earth, that will happen as you move into the seventh Mansion World level and its equivalent you'll live on Earth.

Moving into the seventh, you have left the Natural love state, which is all the lower Mansion World levels, and now are starting to make the transition from that of Natural love to becoming divine (which I, James, write the 'd' in lower case, so as to be distinct from a capital 'D' we give to Deity). So as you move through this higher Mansion World, you are fully coming into the truth of your Natural love state, which for you is that of complete Natural love rejection, your Wrongness as we've been calling it, your anti-love and anti-truth state brought about by the Rebellion and Default.

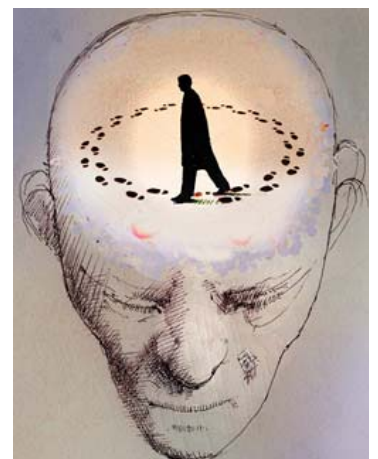
And as this happens, you are also able to perceive the opposite, what it would be like in a true and perfect Natural love state, that which you long to live in, it denoting the end of your Healing and no more repressed bad feelings from your early childhood. So as you are able to perceive it, so effectively on certain levels you are living it, and so the Divine Love can act upon it affecting a certain level or amount of transformation, that which you've been describing.

However that is early days, with that phase to reach its conclusion whereby you are fully cognisant of your untruth, fully accepting it as you are and that is how God wants you to live and feel it, being wholly aware of all the feelings associated with it, so all the bad ones you feel about being trapped in it and all the bad ones you've repressed and why you repressed them, and the negative effects of doing so. So once you feel and know the whole truth of your unloving and untrue state, then more of your Natural love transformation can occur, bringing your Natural love into perfection, upon which, the Divine Love can then act thereby completing your transformation into becoming divine.

With your divinity reflecting your Celestial status of truth and love, being expressed divinely through your Natural love. You retain your Natural love only because it becomes divine, if that makes sense, the two loves become one in a sense, yet growing you in the awareness of each. So you will find, your growing good feelings about yourself, Marion, the rest of humanity, are those coming for your growing Natural love because you are feeling better about yourself in your unloving state. And that's not that you are to feel good about feeling unloved so much so that you don't want to ever feel loved and leave such a bad state, it's just that you in your unloving state feel as good as you can about it, accepting it for what it is, what your Mother and Father have wanted you to experience in it, thereby loving yourself in your unloving state. And when you love yourself to a certain degree, then you will start to move out of feeling unloved and out of your negative state. And then complementing that, so the Divine Love starts to make its presence felt to you, and you'll find you do start feeling love for and loved by your Mother and Father, feeling you are moving into a more personal relationship with Them, and one that will only continue growing.

So as usual, all you can do is keep going expressing all you feel, all the good and bad feelings, and want the truth to be known to you, accepting it coming from your soul, knowing you are not blocking it out as much as you were.

All the dopey, sleepy, fogginess you've been feeling these past months James is really just your mind breaking down its self-imposed control over your feelings, and with your feelings slowly growing stronger in you as you increasingly become more aware and in touch with them, moving to a more feeling-led life. All of which you've written about and are now starting to live.



James: Yes, I do feel like so many different levels are doing something, but just what, I'm not too sure about. I have moments of feeling very good, and seeming to have a grasp of it all, but then that quickly fades as I drop back into being engulfed by yet more bad feelings.

Nanna Beth: I know it's all very confusing for you James, but that's all part of it, you were always very confused, you lived isolated and so separate from your family and parents in a perpetual fog, even though it was an invisible one. But now as you are giving over to it, so you're seeing it, seeing what it feels like being caught up in it all the time, being unable to do anything to help yourself, feeling increasing at the mercy of your afflictions and bad unloving habits. So the fog will clear as you clear it within yourself by shining the light of yourself upon it.

James: So was this how it was for you?

Nanna Beth: No, some similarities, but we're from a different age to you, we're still part of that of Mary and Jesus, so our way of doing our Healing will be different to that of yourself and Marion, which Samantha is demonstrating by following Marion and then Mary. Our Healing was as the spirits have documented for you, mostly more straightforward, uncovering the whole truth of your unloving state, attaining Natural love perfection, completing fusion with our Indwelling Spirit, being wholly transformed by the Divine Love we've received in our soul prior to the end of our Healing and whilst it's ending, thereby moving to live in the Celestial spheres.

For you it's more of a mix of the two loves, which is more confusing, yet reflective of the increased complexities facing you. Our dealing with our repressed feelings was much more straightforward because of Mary's influence, whereas for you and Marion you've had to cover the whole range of untruth, and so that complexity, the complexity of living completely immersed in it, and then the Healing of it through the full self-acceptance of your unloving state, is part of the next phase of people doing their Healing.

James: So there won't be any Helen Padgett's zooming through their Healing?

Nanna Beth: No, that potential will end with the changing of the Age, so all those who are a part of the new age now, and those who come after the Change, will, should they do their Healing, work through its vast complexities and inherent confusion, as will they also do it like that in spirit.



So once the New Spiritual Age begins, we of the Celestials will be different to you who come after us and do your Healing. **You will have a far greater depth and understanding about the complexities of it, feeling and so understanding the full intensity of the madness.** And to write what's in your mind, there is no use comparing how your Healing is going with the spirits who've written to you, they wrote to give you more understanding about it, and to help you see how different their way, my way, is to yours and Marion's way.

James: Okay, so **there is no precedent for us doing our Healing on Earth?**

Nanna Beth: That's right, which makes it even harder for you, **yet infinitely more thrilling when you come through the fires from hell, free to start living a new life.**

So still James the vision of yourself that constitutes 'being fully Healed' is right, and it's continuing to unfold, each day bringing more **revelations out about how badly the people are treated at the hands of the Lying Elite, they who represent your parents.**

James: So really I still have no idea, and possibly never will. And so I struggle on. I realised today that I am doing my Healing by default. Marion and Samantha are doing it taking it wholly upon themselves

to do, looking to heal themselves of their Rebellion that they were inducted into by default. And of course, I too was inducted into it by default, however I've been seeing today how so much of what I do, I do by default. Marion says I still don't really want to do my Healing, and if I did, then I'd be able to do it as she and Sam do it. But as I keep telling her, yes, that might be so and all very well, however I can't change myself to be like you and Sam, as much as I wish I could, I can't do it being so self-willed, I have to be dragged along every step of the way by you, kicking and screaming. And so if I am 'Healing', then **it's all because of her prodding, confronting and urging me to keep looking to find my feelings and to express them, to stop going off into my mind. So will there be others like me, who are almost dragged along doing it? And I feel so pissed off about how unfair it is that I can't easily do it myself, that I need constant coaching.**

Nanna Beth: **There are many like you James, just as there are many like Marion. You are far more disconnected from your feeling self, having been so heavily driven into your mind.**

James: It's as if she's healing the Rebellion within herself, as I am healing the Default and Rebellion. But of course she too is healing her Default, however for us my key word is default, when it's not hers. Marion wanted a pair of shoes for her sore and swollen feet, but they weren't any good so I took them back to the shop. And the owner said he'd credit me, even give me a refund if I wanted. And I've been uming and ahing about getting some new shoes, to go for my walks and for the BB (Bush Bank native plant nursery). But I didn't really need them, it would be nice, but I don't want to spend the money nor go through all the difficulties of trying to find suitable new pairs. Like everything, life is no joy for me, I don't delight like Marion does in the prospect of having something new. And yet I will: Have to do something about those shoes!

So by default life brings me to it, it always has, I always waited until I had to, until someone took charge, and so I have to take Marion's shoes back, that being hard enough; and oh well, whilst I'm there I may as well see if they have some good walking shoes... So I treated myself to a couple of pairs. Marion is so self-determined. I am too, however only when I really feel inspired by something, which I think has happened about twice in my life. But mostly I act out of boredom: oh well, I may as well do it because... or I have to, it being forced on me by life, and oh how I wish I had a full self-empowered will, and didn't live life by default.

And yet with all the controllers in my life, I had no chance, they dictated everything, my freedom was minuscule, yet all the while with this superior sense that I was alright, better than alright, better than everyone, that I could do it all if I did put my mind to it, it being that such things as most of life was below me and I couldn't be bothered, which translates into, my using all that superiority and I-don't-feel-bad-crap to hide the mountain of fear I live under. So scared that I won't have a say, I can't have one, I can't have anything, do anything, that nothing is for me. And so frustrated that that's my state, I'm trapped in it, even want to remain living by default with everyone else telling me what I should do and when because it's easier and what I'm used to. Marion says, you haven't got to the point where you want to do your Healing, and when you do, then you will really want to do it and so be able to do it. But as I keep trying to point out to her, I will never get to that point, because if I ever did, I'd no longer have anything to Heal!

Nanna Beth: And as you can see James, the two very opposing and different ways of living and so doing your Healing that you and Marion are engaged upon, don't need to alienate yourselves from each other, and that can be used by you both to do your Healing, allowing you to have a large friction boundary and zone in your relationship which constantly stirs up your repressed feelings. And that although you are approaching your Healing from very different routes, **still it's the truth that it gives rise to that you live which provides the common ground upon which you both live and share.** Without the truth you'd have ended your relationship after the first few months, like you did in your relationship before Marion, but as you both want the truth, so you are both living doing your Healing in

your different ways uncovering it. So you will be able to counsel others, should the need arise, no matter which approach they are coming from.

James: I'll finish now Nanna Beth by saying that I can sense that once our soul becomes divine, then it's no longer a matter of living God's Will or not, because how could it be any other way? And that only in our Natural love could we turn our backs on God, and still I am being amazed every day as more of the depths of my denial are shown to me, just how complex it all is.

Nanna Beth: With our having to understand all such complexities so as to be able to help you behind the scenes. **We are all looking forward to next year James. I must keep my lips sealed, however we are feeling increasingly excited by it.** I will go now, speak to you soon, love Nanna Beth.

# Avonal AGE

more afterwards:

James: So Nanna, once the Age turns, all those people on Earth and in the mind worlds will have to do a more complex healing of themselves, is that what you're saying?

Nanna Beth: Yes. This time now, which represents the end of Mary's and Jesus' age, is the most complex time of the Rebellion and Default. Humanity is the most lost, untrue, and so the most removed from the Truth. So when the Age 'turns', then that's it, all those within all the Mansion Worlds, even the Divine Love Healing ones, and those people on Earth, will undergo Healing in accordance with the mandates of the new age.

James: So you are saying that they will have to comply with the new Avonal Spirits of Truth?

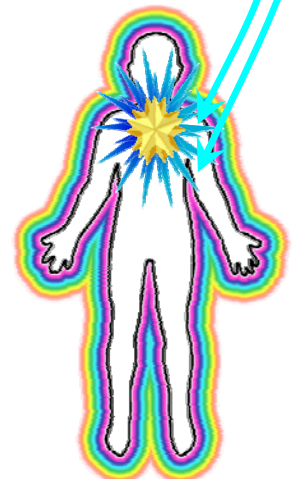
Nanna Beth: No, it's not that the Spirits of Truth dictate or determine what needs to be done, it's just that the souls of all involved who'll be doing or need to do their Healing, will have access to the Avonal Spirits of Truth, and will need those Spirits of Truth to help them heal the complexities, which Mary's and Jesus' Spirits of Truth would not be able to do. So it's more that the complex psychological rejection behaviour that needs to be Healed – understood in its fullness through experience and the truth resulting from it, requires higher spiritual guidance being provided to accommodate such needs of more complex healing, hence the need for the Avonal's Spirits of Truth, because they are the only Spirits of Truth that can provide and perform such a service, which is why you and Marion need to go through all the complexities yourselves so you can relate to them all as will be encoded within your Spirits of Truth.

So if anything, it's the complexities of the Rebellion and Default that humanity has outworked to this point that is requiring, even demanding, the Avonal's Spirits of Truth, because without them, there'd be no hope, with humanity being forever helplessly lost to such complexities. Once humanity denied Mary and Jesus, it was like they severed the life line, cutting themselves loose from the life raft, then to plunge on into such evilness and the complexities thereof, never to see the light of truth again.

However as humanity is not meant or destined to go spinning off into space never to be seen of again, so the Avonals are required, even you could sort of say, are 'sent for', so as to cast out another stronger life-line with which humanity can pull itself back into the Truth. So without the Avonals



**Spirits of Truth  
of the Avonal Pair**



humanity would be sunk, well and truly, it would annihilate itself, which it's getting pretty close to, and without massive angelic intervention, the buttons would be pressed and that would be the end of it, those in control being too blind and unloving and unable to care about the results of their actions having no consideration for anyone else other than their own sense of power, and feelings of powerlessness they are trying to block out. So push the buttons and block out your bad feelings once and for all, a mass suicide, which everyone might be happy about no longer having to deal with their bad feelings on Earth, however that's not to be the way for humanity.

So the Avonals come, literally to save the day, to provide the way for humanity to save itself. The Avonals, you understand, ARE NOT going to save anyone from their pain of rebellion and Truth-denial, you all have to do that for yourselves through your Healing, however they will, by their coming, provide the way for that to happen and end the Rebellion and Default once and for all, thereby ending humanity's rapid descent into nothingness.

So those of you now and for the next one thousand years will be of the most complex humanity, the most fucked up on all levels, which will be a nice badge for you to wear once you've healed yourselves of it.

James: Do you feel bad having missed out on being part of the 'most complex'?

Nanna Beth: No, not at all, we don't feel bad anymore, and certainly we'd never feel envious or jealous of you. No, we're all perfectly happy with how it's been for us, we're of Mary and Jesus' age and we understand that, we're fully content with that. You are of the New Age, the **Avonal Age**, something very different, and so will, when you have finished your Healing, feel very content with that. And for all the different ages there are things we experience and hold very dear to ourselves that are unique to that age.

You can't possibly know what it's been like for us, living in ignorance of the Healing and then coming to do it in spirit. Just as we'll never know what it's really like living aware of the Healing and possibly doing it on Earth. And yet as we get to know each other, we can share and observe such differences, all of which helps to pad out and fill in gaps, so in the end we get something of an idea of the other ages, and as we do that, it also adds to giving us more of a feeling for how much we love our age, how fond we are of it, how we loved being part of it, and in some ways are still part of it, it being still part of our personal definition and self-identity.

Those spirits and people of each age share an affinity, we instantly can tell those spirits of our age, just as you'll be able to relate to and tell those spirits and people of your age. Our Mother and Father make us all feel so loved, so none of us end up feeling we wish we were someone else or of another age. We in fact can't relate to your age as in how it must be for you, even though we observe and work with you every day, because we're not of it, you are of it, it's your age and for you to uncover the truth of it. We are busy – and we love doing it – uncovering the truth of our age. And perhaps by the time we all attain Paradise such differences between us reflective of the ages will have gone, I don't know, but it doesn't matter.

So in no way would we want to live the complexities of all you're having to live, yet only because we're not of your age, whereas you of course would feel the same about our age, **which is why James, so much of what Jesus said and didn't say to James Padgett and how it was all framed and presented, along with the whole denial of Mary, didn't sit right with you, and still doesn't, whereas for us, that was what we needed. And so with you bringing Mary fully into it, that of itself reflects enormous added complexities to the level and depth of healing you will all have to do. And then add yourself and Marion to the equation, along with looking at Jesus in a truer light in relationship to Mary, and then add the Heavenly Mother, and the Father with the**

**Mother, and you are way more complex than anything we had to deal with.** So accounts of our Healing James have seemed rather ‘lame’ to you, which is perhaps not the right word, as it’s not about judging or comparing such experiences, however from your denial perspective perhaps you understand what I am getting out, which then is of itself a double edged sword, because sure, that then appeals to your wayward egos that you are the most special because you are the most fucked, but then being the most fucked, you have the longest and hardest Healing to do. So which would you rather: less Healing and not as fucked; more Healing and more fucked?

James: I understand what you’re saying Nanna Beth, none of it matters in the end anyway, once you’ve expressed it all, but even that adds more complexities to our Healing, doesn’t it, the fact that now because you’ve revealed this to me what we’re writing about now and I’ve taken it in and added it to my writings, that some people will have to express their hatred of having to do it harder than you, and also perhaps their joy of feeling more special if that’s what they do feel, adding yet more complexities compared to what you had to go through. I’ll be looking forward to seeing what Sam says as to how that affects her. And oh god, now I feel bad for adding yet more complexities for Sam and everyone else to have to deal with.

## Avonal AGE

Nanna Beth: Everything we’ve written together James, adds to the complexities. Listen to John reeling every day as he wakes up to them, and that’s just in his mind, **wait John until you start doing it all through your Healing, you being part of the Avonal Age.** However James, it’s not of your doing, you are only drawing out of you such that the new age is to be composed of, because you are already it, it is you. So it’s not you James, you’re just reflective of it. It’s all there already in Samantha and everyone else, so if it affects her then that’s what she needs to help her bring it out and uncover more truth of herself.

And I will add here, that not all the people alive on the world now will be part of the Avonal Age. People who start their Healing in the Mansion Worlds being part of Mary’s and Jesus’ age will continue as part of that age and do their Healing as we have done it, whereas everyone else who begins it on Earth or in the Mansion Worlds once the Change has happened, will be of the Avonal Way.



James: So the complexities are more spiritually inclined?

Nanna Beth: They are all based about the psychology of your self-denying and truth-denying states and how you manifest that Wrongness. So that includes all the levels from **the will outwards, so the spiritual, feeling, mental and physical** and all the psychic in-between connecting levels. It’s all of you James, all of the person, which is fantastic because it’s the most a person – and a humanity – has taken a Rebellion by default into their personal psychology, something that’s new for us all, with you all living it. And we’ve all played our roles, our age led to your age, we evolved the complexities to a point where those of your age could take them on. We evolved humanity materially to the point of its current technical prowess, having the internet and all the artificial ways of communicating with each other, all of which reflects and adds yet more **layers of complexity to your disconnection with each other and with yourselves – your own feelings**, it all being the expression of what’s already happened in you, and most it’s happened because of the influences of our generation, of your parents and grandparents and great grandparents, we all helping to pass it on to you so you can take it further.

But as I’ve said, currently the wheels of negative progress are still evolving strongly every second of every day, **however such days are numbered, that which we’re all waiting for, the technical and complete end of the Rebellion and Default, thereby no longer allowing people to descend any**

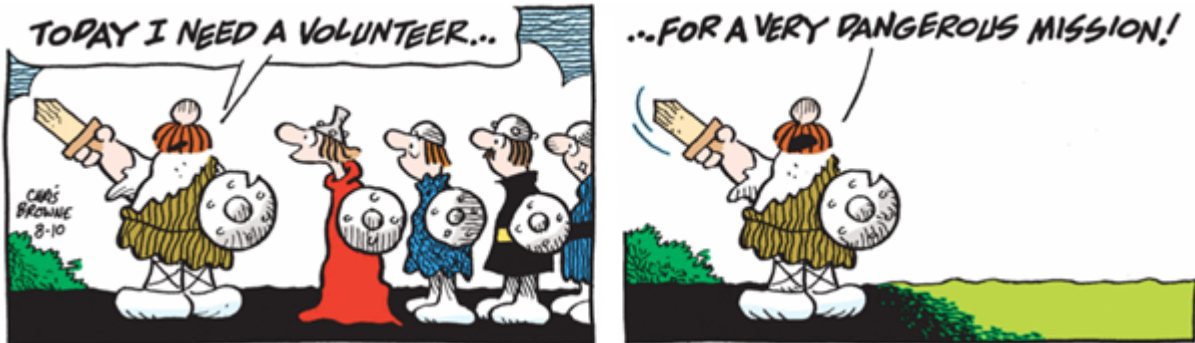


**deeper into their yuk.** So there needs to be something to outwardly counter such yuk and thwarting such further decent, something that starts to show up the Wrongness whilst offering a genuine liveable alternative, that being where my grandson comes in.

Bye James... until we meet again...

James: Have you been keeping up with the movies I've been watching? See ya Nanna Beth. Thank you.

## John, you have just volunteered!



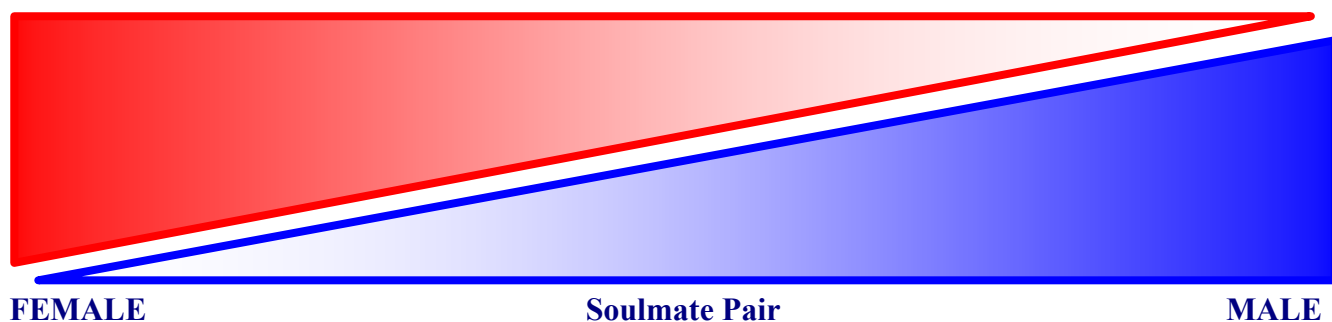
**GREAT**  
*U*Turn

&

**THE**  
**CHANGE**

*Avonal* **AGE**

**The EXTREMES of EMOTIONAL INJURY and SOUL SUPPRESSION:**



At the extreme ends of Childhood Repression, a soulmate pair will be the first to heal themselves, having experienced their parents and close family members impose upon them forms of childhood suppression that collectively represent all possible extremes of experiences that we can have. Thus, when their Spirits of Truth are released, then all of humanity will be able to draw upon these for assistance and guidance as to how to liberate one's own soul from their own personal repression. This is the gift that this soulmate pair is to provide humanity with.

As the female is closer to her feelings, it is the female that will lead and assist the male in their Feeling Healing process, while progressing with her own. The male cannot do this on his own, only the female is capable due to her closeness to her feelings. However, to complete her own progression, the female requires the support and participation of the male. It is now time that we recognise that it is the woman that is our spiritual leader.

Our truth loving soul based feelings are to be brought into dominance with our minds only to support our soul based feelings. It is how we are brought up by our parents that we erroneously accept that our minds are all powerful; however they are greatly flawed and self-centred. Embracing one's own feelings is embracing the way of living that our Mother and Father desire for us to express and engage in. We are to fully express our God given personality through our feelings, not our mind based man-made impressions.

Firstly, consider discovering the truth of your emotional pain and injuries through Feeling Healing.

Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.

Primary and most important readings are the writings of James Moncrief.

Then consider the Padgett Messages, and then The Urantia Book.

**TRUTH LOVING SOUL V ERROR INFLICTED MIND**



**GREAT U-TURN, THE CHANGE and the AVONAL AGE**

Monday, 24 December 2018

John: Hi Nanna Beth

The Change is mentioned often in differentiation to the Great U-Turn and also the Avonal Age. Kindly, how would you describe The Change as against the Great U-Turn and which is first or????? Yes, your dialogue with James is incredible and I thank you and your very special Group. Cheers John.

Nanna Beth – 3<sup>rd</sup> Celestial Heaven: The ‘Great U-Turn’ is what is happening now, it being the overall description denoting humanity turning away from following and advancing the Rebellion and its evilness as seen by living increasingly in a truth-denying state, to wanting to live true, to love truth, to be truth-accepting, all of which comes about ultimately by doing your Healing, as you become the living truth as it’s revealed to you; and also by people, like yourself John, who are currently more intent on understanding about it on an intellectual level. Both are needed, everyone who wants to embark upon their own personal U-Turn and the collective one of humanity, needs to understand a certain amount of what it’s all about with their mind as they work to bring the truths to light within themselves through their Healing. So anything to do with ‘reversing’ the Rebellion and Default is all part of the U-Turn. And it starts in a very small way within the individual, as it has already with the whole of humanity, being reflected by yourself and the others of your small band, who are wanting to live it and have accepted and believe it’s happening.



The Change, as such, is the same thing really, however technically The Change begins with the dawning of the new Spiritual Age – the Avonal

**THE CHANGE**

Age. The Change as I was referring to it yesterday was to highlight that once the Avonal Age begins in earnest, EVERYTHING will change. So currently, even though the Change and U-Turn have ‘begun’, it’s early days, just the ‘scouts’ going out in all directions in preparation for the ‘main event’. So technically we can’t say The Change has begun, whereas in time when Mary and Jesus’ age ends and the Avonal Age begins, then we can say it has begun. Whereas we can say the U-Turn has begun, it being a more vague term and not a technical definition.

Also, James has written about The Change in his Sage novels in reference to all I have said above and also the Earth Changes, including the Pole Shift. However the Pole Shift, were it to come during the Avonal Age, would then be part of The Change, The Change being the whole 1,000 years. It’s going to take the whole 1,000 years to implement on the parent to child level the necessary Changes so as to ensure that the effects of the Rebellion will truly come to an end, with that “end” still going beyond the Avonal Age to complete. So the Pole Shift is just a physical phenomena, and certainly of itself it will cause great change, but it doesn’t of itself affect any spiritual change against the Rebellion and Default, and in the past it has helped humanity go deeper into its wrongness.

So the real Change I’m talking about is spiritual and involves the ending of humanity’s truth denial. That’s the most important part, to help people see they are living against the Truth, of themselves and of God, and that all they are doing



is part of that, and that if they want to end that, they will have to do their Healing. So the Change will be with the awakening to that, a consciousness shift, a vast change to the mind of mankind as it considers the state it’s in: that ALL it is doing, ALL it’s believed was right, ALL of it’s religious and spiritual beliefs, outlooks, attitudes, are all only keeping it in its truth-denying state.

Imagine the whole of humanity understanding and focused in the direction of knowing everyone is suffering because of being under the Rebellion and that it doesn't have to be that way. So people living increasingly in the wrong direction and going further against themselves, once The Change fully starts, won't be able to evolve further into a deeper or greater rebellious state, however stagnation within where it's stalled will be a big issue for a lot of people and mind spirits, those people and spirits who don't want to accept that's how they are is all wrong.

So you can say the Great U-Turn has started, the writing is on the wall for the Rebellion and Default, and when the Avonals come of age, when they finish their Healing and openly (publicly) declare who they are to the world (even if that world is only a very small group of humanity), then The Change will have begun.

**REBELLION** & **DEFAULT**

And once The Change officially begins, there is no turning back. After the Avonal Age, humanity will be given the chance to resume its evil ways and turn its back on The Change and all the Avonal Age has done, and certain people and mind spirits will want to do that, however they won't be able to change the momentum being lived by those who are intent on living true to themselves and God through their feelings. (The availability of Divine Love is to be withdrawn for the following spiritual age.) Still in all fairness humanity has to be given the opportunity to decide whether or not it wants to fully heal itself, and without having imposed on it such strong influences as caused by the Avonal presence. But that's all a long time off.

**GREAT**  
**U Turn** &  
**THE**  
**CHANGE**

So the Avonal Age is a specific Spiritual Age (which you read about in TUB – The Urantia Book), giving rise to The Change in which humanity ends its truth-denial and living unlovingly against itself and its Mother and Father, all of which is the Great U-Turn.

From Graeme Bates:

Hi James, I'm feeling particularly close to nature this morning and went out into the garden and picked some Rosemary...I love the fresh scent...reminds me of my Mum – she loved freshly picked Rosemary. Especially when you rub your loosely closed hand down the length of a freshly picked sprig. Then I thought of Verna and she said:

Verna – Nature Spirit: When you eat food, drink water, smell nature's fragrances, you're doing the same thing – imbibing the essence of that specific part of nature. And if you could only see the true vibration, the spirit component to these physical parts of nature (including yourself), then you'd be able to see how indeed they do subtly affect you, and on all levels, from the deepest will to the gross physical and all in between. So if one's approach is to use one's feelings to further deny oneself, to move deeper into one's rebellion and default, then flower essences and essences of anything else, all of nature, can be used to help you do that, that which humanity has been doing for these past 200,000 years.

So I was wondering, have you spoken or heard from Verna lately. She is such a cool gal...loved our interaction. In fact I've been re-reading the doc that explains How Flower Essences "work". (The quote above is from that first interaction with me and Verna).

Wondering how she feels about Earth entering into a new spiritual age – for the next 1,000 years.

BTY John is going to call it the AVONAL AGE...what do you feel about that? sounds good to me!  
Graeme.

Me – James: I haven't spoken with her for ages so I'll have a chat with her later today – if all goes well. I'll ask her about this: Cataclysmic Doom Feared After Moon Fires Warning Shot To Stop US Rocket Launch. And Nanna's use of the term a couple of times was for us to pick up on. I think / hope / wonder that it was one of her more subtle ways of affirming it all, by slowly helping to bring it closer to reality. There's one more step to be taken, to completely personalise and so 'name' it, which will happen if it's all true, when it starts. And yes, the smell of Rosemary, oh boy the herbs are so lovely aren't they.

Verna – Nature Spirit: Hello my dear Graeme, I'm still hear, always with you all, popping in and out, doing what I must, being the oil in the machinery to get the rusty old engine that is humanity to start moving in the right direction – home to Paradise. And I love what's happening now and all we're going to be able to do with certain people through the next age.

And you know how it is when you're a bit of Celebrity, I've been starring in a few of James' movies, bit-parts really for an 'old-girl', however for one of my lowly order, that's not too bad – don't you think?

Sadly, I don't have much to report, I've been busy attending to detail, as you know, it's not just the Celestials who are flat out with all 'The Changes' going on around here; cor, we can hardly keep up! Yes I know, we're responsible for our fair share of those changes on the more subtle levels, but still it's fun to carry on like you all who go on and on about how busy you all are and so tired and hardly get a moment's peace because you've got to go and do all your Christmas shopping which you leave to the last minute!

I know you'd like more Nature Spirit stuff, however that's to come later. There are other people who are going to be very focused on us and us with them, and they'll take what I have given James to write further and in all directions, as he and I work more on the higher spiritual understandings, which if I do say so myself, are more befitting my level of existence, as you would agree – wouldn't you Eme?

He wants me to say what I think about this Sorcha Faal article he read this morning, so I will. I think that the author doesn't understand about the extent of the previous ages humanity lived so far as what they achieved technologically, that being between or expressive of, each Pole Shift age. Current humanity is not the genius it thinks it is, there have been many such geniuses before. And just because they might have worked in stone and didn't make all the pretty shinny metal alloys you lot all love so much, as well as all that plastic yuk, doesn't mean that in their way they weren't as 'advanced as you'. And in many respects, some of the people and their civilisations were more advanced in certain areas, with one of those areas being written about in this article.

yuk

Earth cycles through 'Pole Shift ages' with humanity's evolution tailored to maximise experience and personality expression brought about each 'phase'. And as you understand, it's been evolving physically and devolving spiritually for the past 200,000 years. And then during some of the 'ages' or

'phases' other stellar influences affect Earth and humanity and the natural world's evolution, such as bloody great meteors hitting Earth or exploding in the atmosphere, some of which are well documented in the fossil record. And then there are other forces, like gravity variations, radiation peaks and troughs, and other things from 'out there' that have effected change, however there has been NO extraterrestrial, as in alien influence during the Rebellion because humanity has remained off limits, isolated and alone, shut off from all such circuits of personal, mental or even spiritual contact. So anything that is attributed to such aliens, is all either home grown weird stuff of this current age, or stuff from past ages. So what the Russians are very interested in, as well as all the other countries and their shadowy governments who find or are affected by such ancient artefacts, is what went on before and it is still going on in some way; and if so, how will it influence current day humanity?



So one such civilisation, not unlike the paranoia of USA, believed that at any moment alien invaders would either come to the Earth to take possession of it, come to take back what was once theirs, or come and fuck up everything, all of which constitute some of the more weird conspiracy theories you read James.

So they set up monitoring systems that work automatically through remote sensing systems that would keep working even if something happened to their civilisation, they being more aware of the Pole Shift drama. So the moon plays a role in this, as does some of the other planets of the solar system closer to Earth. These systems were sent up to their resting places, without human life, as such people hadn't learnt how to deal with off-world harmful radiation effects, but vast organisations of stone were placed in locations around Earth and on the moon and other nearby planets, with those on Earth having long since been buried by the Poles shifting, some of which the world powers have been intent on unearthing during these more recent decades. Hidden away 'under the earth' there are all sorts of odd things, many unexplainable to today's scientists, some being relics, and taken out of context, will forever hold their secrets, and other things that are still 'active' doing mysterious things as purported by this article. And because things are 'waking up' because humanity is getting to a point of either blowing itself up, being wiped out by a Pole Shift, or growing spiritually out of its darkness.

James: And what about all of those things happening?

Verna: Ah, there you are James! I can't tell you, you know how it is, it's all part of the denial that you have to keep experiencing until you no longer need it. You are not allowed to know because that's how you were treated at home, not being allowed to know about yourself, about your own life, not being able to freely express all you feel and give rise to the truth of yourself for yourself, all of that was stopped, and so we have to keep respecting that unloving and truth-rejecting pattern in you. And as you heal it, so we can add a bit more, then once it's all gone, then it all starts anew, and we can tell you all you'll like to know, and more, as we've got a lot more to help you understand, yet all once your Healing finishes, so you have to keep dealing with all the anger and bad feelings that come up about you being kept out and not allowed to know.

James: So all this stuff about the past civilisations and all that moon stuff, are you having me on Verna, humouring me with all what you've said, it all being just more of my denial and keeping the pressure on me?

**Cataclysmic Doom Feared After Moon Fires Warning Shot To Stop US Rocket Launch** <http://www.whatdoesitmean.com/index2743.htm> December 23, 2018

Verna: Would I do something like that to you James?

James: I don't know anymore – would you?

Verna: [Of course I would, if that's what it was that you needed.](#) And as you don't know what you need, so you've got me going on about all this stuff, all designed to make you think more about it and see how it makes you feel. I can spin a tale and make up fantasies for you to see how you feel about them; I can tell you the truth or even half-truth, and for you to see how that makes you feel. And so it goes; so today I am telling you based on this article you read, because it is very interesting, and the Russians are far more accepting of such alternatives than anyone else on the world. They want to explore and research them, they are still caught up in their religious superstitions too, but still, they are far more accepting that things are not as they might seem, that there is more hidden on Earth than anyone knows, and there is. Atlantis for example created vast underground sub-cities, all of which are still there, only a little too far underwater for most to explore. And then there's all what's hidden on Antarctica; although not everything was hidden, and yet an awful lot was, because humanity lives denying the truth about itself, so the truth about its past, you lie to yourselves and each other all day long, so many things about the real world don't add up.

James: I agree totally with the Russian way of cooperation rather than competition. And I guess socialism was an attempt at that, only I now understand that true cooperation can only be achieved and attained once we're true and Celestial; but until then, it doesn't matter what we call it, or whether we're left or right orientated, it's all about being competitive because we've all been made to feel so powerless and being in competition with our parents. So only when we feel fully and truly self-empowered with truth can we cooperate lovingly with each other, because we'll then be truly loving, supportive and caring of each other and ourselves, as we all live the same truths that unite us. But we've a long way to go before people start living like that.

Verna: Humanity will get there, and we'll play our part in helping you understand how to coexist with not only yourselves but the rest of nature and the world itself. [Earth is to be a paradise, the whole of it a 'Garden of Eden'](#), and not just one little part, but people will only relate to it and see it as such and be able to live and express the paradise of truth they feel in their hearts, [once they've healed all that's opposed to that out of themselves.](#)

James: Is there more you want to say regarding this article, more of the weird stuff, like what is this thing on the moon trying to protect us from?

Verna: It's protecting you from yourselves. It has programmed within it certain parameters, which if exceeded on levels that your scientists aren't aware of yet because that level of energy and its understanding has been withheld from you, triggers various responses. So it's rather ironic that past humanity has, unintentionally, been playing a role in keeping present humanity in a confined order of development, and when it steps out of line, then it suffers accordingly. The 'alien' systems are designed to protect the Earth, so anyone that threatens it by overstepping such parameters will trigger such consequences. And as humanity is now pushing the envelope in many areas, so it's starting to trigger such responses. All of which I might add, will keep going.

James: It's so hard to think of past humanity being more technologically advanced than us. And yet the pyramids are still standing, and I don't think much of what we build would last for that long.

Verna: It requires a mind adjustment James. Those civilisations had access to other energy systems that have been withheld from humanity for this age. So the past expressed itself differently to how you do. But none of that really matters, as it's only the denial of truth that one should concern oneself with, and

as Nanna Beth has been telling you, you are much further along in that than anyone in the past. Prior civilisations didn't destroy so much of their world as you do, they lived more at peace and in harmony with the natural world, unlike how all you do abuses it. **Your utter contempt for nature (yourselves and God, Mary and Jesus), your overwhelming desire to use everything for your own gain, that what has been put here on Earth by God is for you to use and abuse, is very extreme compared to anything that's been in the past.** We have had far more personally to do with you humans in all previous 'ages', and now in this part of this one, we have never been so removed. Even a few hundred years ago there were psychics and mystics and more primitive people who had relatively quite a lot to do with our kind, yet not so now. You are reaching 'Peak Denial of Truth' and that's to be reflected in every aspect of your lives, with the most obvious being how sick you all are and how much you're destroying nature and how aggressive and unloving you are to each other with your desire for "forever" wars. As Graham Golding was just saying to you on the phone, the casual observer can quickly see that the controlling forces driving the world are every day showing how much they are in it just for their own gain. The Western politicians are nonsensical, taking the world into some sort of conclusion, which might end up being a maelstrom of Biblical proportions.

James: Yes, he said he feels it winding up.

Verna: Which is what we've been saying to you over these years. And it will, as it has to, reach a conclusion, an End Time, a point of inflection **when the bubble bursts well and truly across the board, and then follows collapse of various systems, most of which those in control will be powerless to control, losing their minds by trying, adding to yet more collapse as it all comes apart at the seams.** The roller-coaster is just leaving the station.

James: You've been reading all that stuff I read over my shoulder?

Verna: We're well versed in all you do James, we're always with you, attuned to you, working with you, helping you to see what you need to, to feel all the confusion and angst about what's important to you, all so as to help you uncover the truths about yourself. And as you grow in truth, so we can 'feed' you with certain information, helping to shed light on this and that, helping to keep you focused in the required direction.

James: Thank you for doing that Verna, I can vaguely sense you all being with me and helping me, I wish such feelings were stronger.

Verna: They are growing in you James – in time, and there is still plenty of time. I feel you fading, you're tired, too many movies late into the night. I've said enough, I hope Graeme is happy with my making contact with you again. We'll be in touch, I'll speak to you soon, Verna.

P.S. Eme is very happy Verna and very excited!



# Nature Spirits

## NATURE SPIRITS



**DOW JONES INDEX and OUR INVISIBLE FRIENDS**

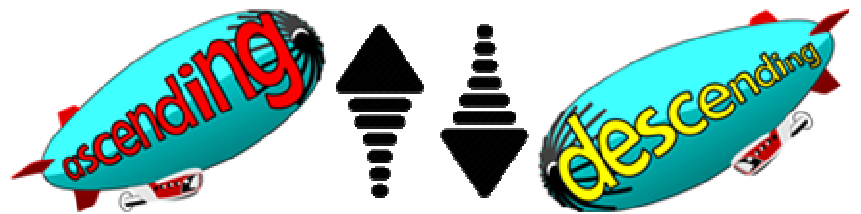
Tuesday, 25 December 2018

James: Hi Nanna Beth, I want to discuss the stock market with you, as it's coming off hard and doesn't look like it will ever get to the 30,000 for the Dow like you said, and I was wondering what's going on with all the selling – who's doing it? And if you don't want to talk about these sorts of things, please say, or just don't say anything so I can feel that you're not interested in it. (The *Dow Jones Industrial Average* reached an all time high of 26,828.39 on Wednesday, 3 October 2018. At close of 24 December 2018 it was 21,792.20 – down 5,036.19, being **-18.77%** in 12 weeks. Further, the Solid Investment cash fund pool had been withheld from bond trading since Monday 17 September 2018.)

Nanna Beth – 3<sup>rd</sup> Celestial Heaven: I'm happy to talk about anything and everything you're interested in James, because it's the communication with you rather than the subject that's important to both of us. Of course talking about the truth and how to live true to your feelings is my pet love; how we are as people and spirits in Creation; together with all that involves you and Marion on the Avonal levels, wishing I could discuss more of such things with you, but as I am limited, so I enjoy what I can do. And we both know that even though you are starting this 'message' with me being focused on the market, that it will soon lead to other things, often allowing me to pass onto you that which I am, not only, allowed to do, but asked to do by the Melchizedeks. So to give you an update about the markets...



[Before proceeding: All descending Daughters and Sons of God have high and divine origins. They are dedicated to the descending ministry of service on the worlds and systems of time and space, facilitating the



progress in the climb to Paradise of the lowly creatures of evolutionary origin — the ascending daughters and sons of God (humanity – us). Those Daughters and Sons who come forth from the Deities on the central Isle of Light and Life are called the *Paradise Daughters and Sons of God* and embrace the following three orders: Creator Daughters and Sons – the Michaels, Magisterial Daughters and Sons – the Avonals, the Trinity Teacher Daughters and Sons – the Daynals. The Michaels and Avonals have Spirits of Truth, no others do – the Trinity Teachers do not incarnate.

The remaining four orders of descending daughter and sonship are known as the *Local Universe Daughters and Sons of God*: Melchizedek Daughters and Sons, Vorondadek Daughters and Sons, Lanonandek Daughters and Sons, and Life Carriers.

Earth was blessed by the bestowal of Mary and Jesus (Michaels) being a Creator Daughter and Son and now we are blessed by the bestowal of an Avonal pair.]

The selling started out as something that all the people involved (this being the main players behind the scenes) felt needed to happen, to let some air out of the bubble as things were getting ahead of themselves, so everyone was happy for a 'correction'. However as Trump and his 'team' (the real power players who support him) are now starting to assert their control over the 'Democrats', so you've got two, more selling coming into play. Trump (and when I say Trump I mean his 'people', if I mean him personally I will say that) is still putting immense pressure on certain people of both parties squeezing them, taking their assets, ending their control, and part of this strategy was to 'correct' the

market, which they were working through, with the idea to then work it back up to the higher levels that I told you about.

But then they found that as they moved deeper into ending the control of certain people, suddenly the doors started flying open as a lot of those people started turning on each other, so vast amounts of information about criminal dealings started to come to light which is becoming something like a snowball, so with yet more people seeing it's only a matter of time before they come under the spotlight, so they are jumping ship, thereby looking to realise as much cash and hide it away offshore and out of reach of the authorities in case they have to leave America (or wherever they live) and need a hidden nest egg at some point. So the selling kept coming and Trump saw that there was no point trying to absorb it all, so just let it flow, as the rats increasingly abandon the ship.

Donald himself, wanting to keep the stock markets at all time highs as a measure of his 'success' and for his inflated ego, saw that he'd let that go, it being just another business decision to flush out a lot of the wrongdoing, he's now even happy for the market to 'crash' to wherever it wants to go. He knows his economy is stable enough to cope, and he can help it should he need to, so he's using this sell-off as a means to install even greater fear in his enemies, all of whom, like all the elite, are loaded to the eyeballs with such assets.

So he's blaming the Fed for fucking up, only allowing the Plunge Protection Team to make half-hearted efforts to stem the tide, really hoping more people will sell into such support, which then fails, causing greater panic and yet more selling. His people are even selling too, so everyone is selling, and down it comes, all the while causing tension and panic to increase, which he now understands he can use to his benefit. Most of his enemies thought his ego was too big and he'd never allow the market to come off so much, so they all kept buying the dips as you have read, all aboard the never ending get-richer train, however, as it's now coming off the rails, so they are starting to sweat it out, the age old dilemma: do I hold and ride it out, or do I sell and get out? And as they are all so greedy, many people on both sides are too highly geared standing to lose vast amounts as the markets drop. Other people of course are making vast amounts by shorting the markets, and so it goes, but overall the fear and panic index has started to ratchet up and that's putting a lot of pressure on the whole rotten system.

And that's what needs to happen, and you might like to know, it's very easy for us, as you know from your experiences of trading the markets with us, to make someone feel they should buy, when in fact they should sell and vice versa, and to keep them going against themselves when they are prone to not listen to their deeper feelings, thereby helping to remove them further from their natural intuition into the control of their mind.

So Helen and many Celestials involved with her are allowed to work with the frailties of the mind of certain individuals, thereby adding to the stress, panic and fear, helping to create an overall effect that is required as part of the end of the Rebellion.

James: All right, so are you saying that really Helen and you lot are working the markets to your end, you being the real, hidden, hidden controllers?

Nanna Beth: Yes, that's essentially what it amounts to now James, and not just the markets, but every aspect of life on Earth. As we've told you, we are increasingly being given greater authority to take over the world, to take over humanity, to run it, you might say; and so, yes, what you are saying by picking up on my subtle suggestions is correct.

James: So does Helen have a desired downside target for the market – does she work that way?

Nanna Beth: Yes, so she tells me, she does. And not only that, but she says that she also will milk the swings within the ebb and flow of the financial systems to maximise her desired results, which means along the lines of what I've been telling you, to help break up and increase the cracks in all the systems of mankind.

You see James, we are working on an immense level of awareness in all of this. We have the whole of humanity in the palm of our hand, increasingly being free to implement what is needed so as to bring about all the necessary effects of ensuring the Rebellion and Default reaches its ultimate conclusion, whilst at the same time putting in place the Great U-Turn and all that's involved in that, all in preparation for the official Change, all setting up what is needed for the next 1,000 years... and beyond.

James: Okay, so here we are again, back to John and Crystal, and so if they are to get all the money they will need, so it will come when you make it happen?



Nanna Beth: Yes, that's essentially it. And unfortunately for you all, we're not at liberty to say how that will happen, or when, because for all intents and purposes, you, humanity, is meant to remain none the wiser as to our meddling behind the scenes. So on the surface of it you read the news and see madness, yet it's all highly orchestrated madness, as I said, the Melchizedeks being masters of subtle manipulation. They relate to all of us of humanity as if we're an art work, really even as a creative artistic expression of their creation. It's up to them, and especially now because of the Rebellion and they having been made to take over from the fallen Lanonandeks (the soulmate pairs Lucifer, Satan, Caligastia and Daligastia), to ensure humanity fulfils the requirements of the Rebellion and Default and the ending of it and the establishment of the Healing, with you and Marion only being a 'tool' in a sense, just another part of the palate of their creation they are to use and work with so as to bring about certain results. So they have this innate inner understanding about us, about all we need, all we'd ever achieve in rebellion, what we need to end it and start, and do, our Healing. It's what they are and what they do, they being the true custodians of humanity's ascent of truth. None of us would ascend anywhere, let alone through Nebadon and on our way to Paradise, without their help.

The Lanonandeks are meant to oversee the spiritual development of humanity on the bigger picture level, all in keeping with the Adamic (Adam and Eve) upliftment of the races, all fitting into the plans of those much higher up, and with the Melchizedeks making sure all the bits fit and work together and on all levels. They are, you could simply say, the real workers, and yet also masterminds, ensuring the plans of the Lanonandeks get put into play properly. And because all the Lanonandeks associated with and overseeing humanity's spiritual development rebelled (the soulmate pairs of Lucifer, Satan, Caligastia and Daligastia), so the Melchizedeks are to then carry out their rebellious plans until the rule of the Evil Ones ends with the end of the Rebellion and Default. And as that is now happening, so they are tasked with the U-Turn, the whole Change, and the ongoing requirements of the Avonal Age, and thereafter, until humanity is healed enough to qualify for the reappointment of new overseeing Lanonandeks, some time after the Avonal Age.

So do you see, humanity is really the 'project' of the Melchizedeks, who have been called upon to make all the necessary adjustments as the Rebellion has progressed, and are still making adjustments now as it ends, and so many of them. We are schooled in how a humanity would normally evolve and grow in

truth with everything being true and perfect. Then we are always increasing our understanding of how we were part of the Rebellion and all that entailed. And then we're also learning every day how the Melchizedeks are making their adjustments, and often in the moment, helping us do more with you and with the world. So in the context of the financial system and the hidden goings on with money, we, on behalf of the Melchizedeks, are working the old ways to completion and at the same time increasingly introducing the new ways. So we're working to unhinge the old, to show it up for what it is (however that won't all become public), and change the power holders.

And that's not to say Trump is good and the hidden controllers are bad, and we're on Trump's side against the baddies; no, we're impartial, working to a whole other higher spiritual agenda, so we'll use Trump and his lot as we'll use whomever to do what needs to be done for the greater good of humanity. However, as you understand, still at the moment because we're still in the rebellion mode, we're having to support some of the controllers allowing them to come to their own End Times, as we also work to move into play other controllers, some who'll lessen the pain, others who'll keep it going, and so on, all working on different time levels. Because a child now might grow up to become a new controller to better the Healing side of things, or it might grow up to become one of the remaining proponents of the old way, and we're given information about each by the angels, and so we're working in the moment and on generational levels subtly working at carrying out the desired plans.

James: But why do you have to do so much, why not just let it all unfold from everyone's soul, as that's what's happening anyway – why so much behind the scenes interference?

Nanna Beth: It's not 'interference' James, that's an old way of how you see things based on the interference from your parents. It is how life is, humanity has always been worked with behind the scenes by spirits of varying levels; with the mind spirits over the rebellious ages having the most say, helping forge humanity through the phases into what it has become, and with now us Celestials having our turn.

Humanity is 'total humanity', which means, it's not just you on Earth, it's all of us, so all of us in the Mansion Worlds and the first three Celestial worlds. We're all involved in it together, only you on Earth are mostly unaware of us in spirit. But it all works as a cohesive whole, we're not even separate, it just being that during different phases of humanity's growth we all do different amounts with each other. And because mostly up until when Jesus came to Mr. Padgett, we Celestials had relatively little involvement with you, still we were involved, it all mostly revolving around people on Earth and the mind Mansion Worlds. And now as I've told you, we in the first three Celestial spheres are able to do far more than Celestials have ever done. We now do in half an hour with humanity more than we've ever done since the beginning of the Rebellion (even though we've only been able to become Celestials since Mary and Jesus came to Earth – but it sounds impressive!) And our direct involvement with you is only going to increase.

So everything humanity does on Earth affects us, just as all we do affects you. There is no separation, only degrees of how much we can do with each other. So as I said, we're involved in every aspect of what's going on down there, and far more so than you even imagine.

For example: We help carry out the dictates of people's souls. We are working increasingly with the angels in this. You have angelic and spirit involvement in every aspect of your lives, yet mostly on the unseen subtle levels. Look at how much involvement we have with you James, all that you write, your creativity, you often wonder as to how much of it really is just you, and how much is us and anyone else in spirit who might be working with you, and it varies, some movies you write almost by taking dictation from the spirits giving it to you, other ones it's half you and half us, other ones are more you

than us, and you have felt the differences in your work. And even within a movie, within a scene itself, within an image, within a sentence of dialogue, you can move between all three different levels of input. (James has prepared some 35 full length movies and documentary scripts within an eight month period and they are ready for production – this is unprecedented!)

And we have the liberty to do this, it's also part of your soul, of what constitutes your life; it's never just you and nothing else, it always involves all I've said above whilst you're still part of the world, the Mansion Worlds and the lower three Celestial spheres. And it's the same for the Mansion World spirits, they always have their angels in attendance, as are we Celestials with them, but all unseen to such spirits, with true spiritual sight only coming as a result of Celestial attainment, when you can see all the spirits and angels that work with you.

So do you see what I'm trying to impress upon you, you can try and work out how much in each movie, in each thought, in everything you say, in how you express yourself, is strictly just yourself, or you can accept that you are not meant to exist alone and that we're always involved with one another. And you can try and work out the who's doing what in each situation, or you can just get on living your life not caring about it.

James: It takes quite an adjustment of my mind to accept that it's not all just me. I can sense when I write and do other things that there is this unseen help and greater awareness all helping my soul express me in Creation, but accepting that really I don't have a clue and there is potentially so much coming into me from you spirits and the angels, the nature spirits, my Indwelling Spirit, I sort of feel like me as an individual doesn't exist and that I'm just part of a team. And that would have made me feel bad, but not at the moment.

Nanna Beth: And that's the beauty of it. We are all part of a team, we all end up in soulgroups, and we team up with our soulmate, we're a part of humanity, one almighty team, and we work with teams of angels and other beings, and yet within it all, we are an individual personality being expressed by our soul, and for that to happen, for us to be truly ourselves and all we're becoming, so we need the help and interaction from everyone else. We don't do it all alone. And for whilst you're on Earth, mostly you are unaware of your 'team' who are constantly with you, helping you express you as required by your soul – how your Mother and Father want you to be. And it doesn't lessen your individuality, it increases it, because without such myriad involvement, you'd remain a rather lifeless thing. And with time, as Humanity Heals itself, eventually all that we are in the Celestials, as in how we conduct our lives with our soulmate, soulgroup, the angels and so on, will become manifest on Earth. People of a Celestial truth will live with their soulmate and in their soulgroup and will be attended to by their angels who they will see using their second sight.

**So the plan is for these three Celestial spheres to one day become manifest on Earth, so there is no longer the need for any Mansion Worlds, people are born into the Celestial levels of Light and Life in flesh, grow up being wholly Celestial, die, and translate directly into the Celestial spheres. So humanity's healing has a long way to go.**

So as part of that plan, we Celestials are now increasingly able to come and 'be with you' on Earth, so we're starting our relationship with you, and whether people are aware of us or not (and it is everyone on Earth, not just people with Divine Love in their soul), it's all part-one of 'bringing the Celestial spheres to Earth', which really is about humanity evolving and ascending in truth, bringing themselves up to our level.

So it's historic that we Celestials are now becoming so involved in your lives, we're working hand-in-hand with your guardian angels, we can effect certain changes within your feeling and mental system, as they can, all of which is to help you keep going with your Wrongness or start your Healing of it.

James: All right, so can you give more of an example of how you work with us?

Nanna Beth: I will use my dear uncomplaining grandson as an example. As he has told you, increasingly he feels he's being 'helped' in some way with virtually all he does in his life, and particularly all he does with Pascas. And increasingly he is being shown how all he's done through his life is part of what he is doing now – which is the same as for everyone in their lives.

So John wakes up feeling like his mind has been 'seeded' with the day's work, which he loves happening to him, loving then setting about the day seeing how it unfolds, loving all the connections that all just seem to slot effortlessly into place guiding him along. And for John, being like this is because of how he is, his personality, and how his soul is expressing him in life. And part of his current experience is increasingly feeling that he's in good hands, that everything will happen as it needs to, all of which he needs to feel so as to keep doing what he's doing, being largely able to deal with all you're producing James along with SI (Solid Investment). And so he is easily moved this way and that, he gets a thought in his mind to look for a graphic on the Internet, and then he sees what he's looking for, he clicks this and that and there it is, sometimes with ease, other times with frustration, it all 'being just life'.

And it is just life, how it is for us all, but what I want you to see is within all these 'just life things' we and your angels and at times the nature spirits are there too. And then there is orchestrating it all, your Indwelling Spirit. We take our commands from it, however as we don't actually communicate with Indwelling Spirits, it's by being true and following our feelings that we all effectively keep attuned to what is required, we just express ourselves and it has the desired effect on you, this being 'Living God's Will' – simply living true to your feelings.



But what I want you to understand is that in a way each person's Indwelling Spirit, which is really God, is contracting out the work needed to be done with you to other agencies, so to us spirits, the angels, the nature spirits, other elements under the Divine Minister's control, even other non-humanity spirits, all of which end up doing increasingly more amounts of what your Indwelling Spirit does. And this 'out

sourcing' is to affect greater personality interaction, increasing your experiences so they are maximised through interaction with different personalities rather than just relying solely on God. We are overall to become increasingly at-one with God, but we are to do that by becoming increasingly immersed in the experience of being with others.

So getting back to John (and everyone of us), he gets 'input' from his Indwelling Spirit, and then from us, and his angels and occasionally the nature spirits, all of which is what his soul needs so he can live all the experiences he requires, so as to aid him in his truth ascension on his way to Paradise and becoming at-one with his Mother and Father.

But to try and work out who is with you now and who is inspiring this part and by how much, will drive you mad, as you know James, you having spent years doing it, all of which is just amusing yourself in your mind, and as you've worked through all the reasons why you need to know who is doing what with you and let that need go, so now you are happy to 'just get on with it', not caring who is inspiring you and how much of your inspiration is of yourself and how much is from outside of you.

James: And what a bloody relief that is, I would tie myself up in knots trying to work it out, always pestering you, and then with so many spirits, so many names to remember, it got too much. And then I tried with the movie writing, but now as you say Nanna, I don't care anymore. As you say, in that sense I feel like I'm something of a 'collective', which I believed I was in my family, not a true individual in my own right, but sort of a part of the hive. And with Marion's help I'm regaining my individuality letting all that go – having to be part of the collective 'we', and at the same time feeling I am myself, and that is helping me become more my true self, not distracting me from it.

Nanna Beth: That's right, it's all for you to become your true self, **helping you extract yourself from your false connection with your false soulgroup that was your family.**

James: I love how you do that Beth, how you pop in something new that then makes me connect with and understand a whole lot more. You must sure know how to work with my mind and the needs of my soul – how does that happen, you don't undergo years of training to be unseen with that person, do you?

Nanna Beth: No, it's just life, and you know how in life you are drawn to and connect more easily with someone, well that's how it works, that I connect easily with you and can easily do this work with you as you need it to be done, and as I need to do it, too. And there is always someone over here who'll feel connected in such ways should they need to work with you over there in flesh. Our Mother and Father provide us with all we need, so all who we need in our lives at any given time. And it just so happens that, yes, I am also the grandmother of John, and yes, that John is wanting to establish Pascas in order that it is to reveal the truths of your and Marion's Avonal-ship, and it is all so amazing and incredible how it all links up. But as John says, well someone has to do it, and that's true, we all do our lives, we all play the roles set out for us by our Mother and Father, and when we've done our Healing, we couldn't be happier with the lives we're living. And if you are unhappy with yours, then there are more bad feelings to express and seek the truth of.

James: So with what you've said, I am not going to try and work out what you may or may not be doing behind the scenes with Trump or anyone else, or where the stock market might be going and why.

Nanna Beth: And if you are to know James, and we're to help you with that knowing, we have ample ways of impressing that knowing upon you. And it's the same with everyone, we're all spiritual beings, and **being a spiritual being we're multidimensional** and far more than you on Earth have any idea about. All of which brings you to the truth that nothing is random, that it's all meant to be, it's all what

God wants, is what God is doing, no matter how bad or good you judge it to be. And it all ends up all good in the end, even the bad, because it's all to help you grow in truth, and whilst you're in your untruth state, to help you move deeper into it.

So the markets will continue to weaken, which is suiting Donald, because people will start to look to him to 'stop the pain' which will play into his hands giving his team even greater power.

I'll leave it there James, speak to you soon – Nanna Beth.

later:

## ***Our Feelings are our Truth***

James: Marion was emphasising how **our feelings are our truth, and our Healing is just the bringing out of our feelings, and as we do that, the truth comes to us, it being the truth of what we feel.** And I don't know if I've made it that clear in my writings as to what the Healing basically is, so I wanted to add it here, as I feel like writing more with you Nanna Beth.

Nanna Beth: That's right, that's the basic principle, however you do have to apply your will – make an effort – wanting to bring your feelings out, bringing them out, and wanting to see / feel the truth of them, which is the truth of why you're feeling what you are. So she focuses her strong will on her feelings and bringing them out, which is bringing herself out, because you are your feelings, which is the truth that you are. We are all the Living Truth James, with our feelings feeling that truth, and then with our minds we can put those feelings and truth into a context that helps us understand on other levels what we just feel. And because you were stopped from freely expressing all you felt, so you've been stopped from living true to your feelings and consequently stopped being the truth of them. So the truth is waiting in you for you to feel the feelings that give rise to it, all those feelings you should have felt throughout your childhood. And when you decide to 'do your Healing', life (your soul) provides you with the necessary experiences you need to make you feel, and those feelings as you express them, connect you back to the young you that wasn't allowed to express them, thereby you now as an adult doing what you should have done back then, and so revealing the truth of your feelings which is also the truth of yourself. We are all revealers, revealing the truth of ourselves through our feelings.

James: So just talking out all your feelings is not enough, we need to want to uncover the truth of ourselves as well?

***apply your will***

Nanna Beth: Yes, because you are doing all you can to not see it, living against it, so living against the truth of yourself, living against those feelings that would show you the truth, which is your rebellion against yourself, your truth, yourself, and against God. So you can merrily talk all day long expressing all you feel, however that won't actually be all you really do feel, as in, all those repressed feelings within you that are waiting to come out, with you merrily or even angrily, expressing your selective feelings all day as part of the denial of your deeper hidden ones.

James: Thank you again for all you write Nanna Beth. That was great all you said earlier, it helped explain more of what I've been feeling lately.

Nanna Beth: You're welcome James, speak to you soon, bye now.



**WE EACH have a Nature Spirit pair, Spirit Guide pair and an Angelic Pair:**

**For those doing their Healing or are interested in doing it will** from that time have their own personal angels, spirit guides and nature spirits with them, with whom they are to develop their own relationships should they want to. It is not about ‘sharing’ the same angels or guides or nature spirits, it is about you relating specifically to your ‘own’ ones because they are provided for YOU. It’s all for you, to maximise the experiences we each need.



We are all to have our own pure relationships. And it’s the same of course in life with your friends, however over there, in spirit, dealing with Nature Spirits, Spirit Guides, and Angels, it’s more personal and private and ‘JUST FOR YOU’. So we have our own separate, unique relationships.

For example, Nature Spirit Verna has been assigned to be specifically and only with James, and she ain’t going to be assigned to anyone else, so she won’t be sharing herself around.

This is SO IMPORTANT to understand so that in future there won’t be all these people claiming to be speaking with Verna or Mary Magdalene or Jesus or Nanna Beth or anyone else who is part of it all in such capacity. Mary M and Jesus have spoken with James as they have, making it quite clear he is all they are speaking with.

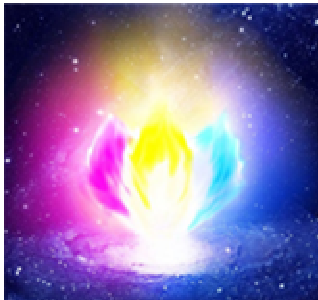
We each have a band of a Nature Spirit pair, Spirit Guide pair, and an Angelic pair, each pair being in their soulmate relationship. Even though we are ascending mortals having a soulmate, even our soulmate has his or her own group of six personalities assisting him or her. Our assigned Nature Spirits do not continue with us into spirit, our Spirit Guides may for a time assist upon entry to the spirit Mansion Worlds, however, our Angelic pair continue with us for eternity.



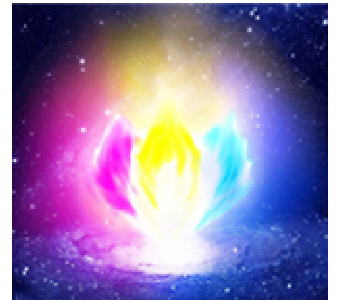
**Feelings first**

## ASSISTED COMMUNICATION with OTHER PHYSICAL PEOPLE:

Through one's soul, one communicates to one's indwelling spirit, who, in turn, is assisted by your angels to connect with the angels associated with the person who you desire to communicate with.

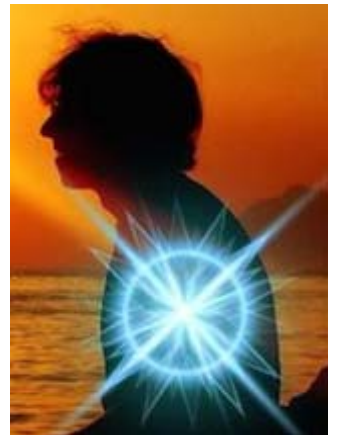


How one works with people carrying out conversations unbeknownst to them, is rather easy from a technical point of view. One's angels speak to the angels of the person involved, conveying what he/she wants to say. Their angels (or the angel active in the experience) 'commune' with the person's Indwelling Spirit, who then creates the reply with all the required information giving it to that person's angels, then those angels relay it back to you, the inquirer, angels who relay it to your Indwelling Spirit who inspires your mind to see and hear what is being 'said' or 'thought' or 'felt' by that person.



This is very unusual and is only permitted in very extenuating circumstances.

**YOU ARE A SPIRIT,  
YOU HAVE A SOUL,  
AND YOU LIVE IN A BODY.**



Around the age of 6, a segment of our Heavenly Parents' essence connects with our soul. This is our personalised Indwelling Spirit. Through our soul, one can communicate with and receive information from one's Indwelling Spirit. Should we proceed to engage in our Feeling Healing and also embrace our Mother and Father's Divine Love, then on completion of our healing, the Indwelling Spirit will fuse with our soul permanently. This event occurs upon the progression from the 7<sup>th</sup> Mansion World (Divine Love Healing World) equivalent to the 1<sup>st</sup> of the Celestial Heavens. The fusion with one's Indwelling Spirit results in a continuous connection with our Heavenly Parents.

Your soul enlivens your spirit body which, in turn, is the template for your physical body. Your soul is assisted and aided by your Indwelling Spirit as well as by your Angels who are soulmate pair. We each also have a pair of Nature Spirits to assist us and guide us at all times while we live on Earth.

**EVERYTHING, absolutely EVERYTHING, will have to change**      Wednesday, 26 December 2018

James: I think it would be wise for the time being, with that being when the Next Age begins, that you keep this sort of stuff with Nanna Beth for the 'inner circle'. There's no point getting people wound up about the Avonal stuff ahead of time, when I don't even know if it's for real yet. And we don't need to convince anyone about it, that's all up to the Mother and Father and will happen when They want it to, which is not yet. I don't want people asking me if Marion and I are the Avonals when they haven't even read enough of my work to understand where I stand on it. I don't want to speculate with people about the Avonals unless they are well read in my material. Should it come to pass that I am as I say, then I won't care anymore about whether you or anyone else passes it on because it will be time to go public, with people messing it up, making stuff up, taking it out of context and all the rest. So until then, I'd prefer it if you keep quiet about it. And if you can't be quiet, at least keep it as low key as possible without trying to rev anyone up.

And having written that I want to add a bit more about the Avonal stuff. The best part about it for me now is that so few people understand what it is anyway, having never heard about it, and that TUB is so daunting in its size to read and doesn't say that much about it anyway, and that saying Jesus is not coming again and instead this other Jesus-like person, who is really nothing like him at all and so nothing is going to happen like it did with Jesus, is all what most people won't want to hear, all of which helps me hide away until such time as the veil is to be lifted. And even if people did accept the Avonals, probably they'd want to be involved with them for all the wrong reasons, not wanting to even digest and then try to live the truths they are revealing, such as doing your own Healing.

James: Hello again Nanna Beth, I've been reading another Sorcha Faal article this time about the number and variety of UFOs popping up all over the place, even stopping air flights over Gatwick airport and seen throughout the UK and America. Sorcha says they are connected to the moon shooting down or preventing the secretive American military rocket being launched, but what do you say? Something seems to be brewing about this UFO business, so can you shed more light on it please?

Nanna Beth – 3<sup>rd</sup> Celestial Heaven: I can tell you a little more. Many of the smaller UFOs which have over the years increasingly been seen are indeed drones, however not contemporary ones, but ones linked to ages past. They are observing humanity in the context of ensuring, as I said the other day, that their programmed parameters are not crossed by current technological advancement, all to ensure that humanity doesn't take itself beyond the point of no return and destroy itself and the world. All so far as what's been coded as foreseen parameters back then, some of which your scientists now circumvent, others they are having difficulty not triggering.

James: But if this is so, how did those people back then know what the parameters were and did they suspect that we'd try and cross them?

Nanna Beth: They deduced that at some point they'd potentially be crossed, having worked them out for themselves based on their science at the time, which was very different to yours now. As I told you, they had access to other universal phenomena, which you don't, so you can't relate to them, which is why you find these UFOs so mysterious and intriguing. However still the prevailing thought to do with 'who sent them and what do they want' is that it's off-planet, as in aliens, extraterrestrials, when in fact it's not.

James: So presumably these other systems that are controlling these UFOs can learn from the situation and adjust to it?

Nanna Beth: To a limited degree, which is what the secret agencies of today are trying to work out just how they go about that, but they never will. It's technology that belongs to a whole different era, and the same energy systems simply don't work now even if you crack the code. So for the best part all you do is accept that there are these UFOs monitoring you, and then not worry about them, unless you start crossing their lines. And certain parts of humanity are now finding out what those lines are. And are understanding as they are completely powerless to do anything about them, had just better not do anything to 'anger' the UFOs.

James: Okay, and so then what about these other mysterious UFOs like supposedly the recent big one over the Pentagon – are they real?

Nanna Beth: They are a different phenomena, again observation posts, however some are 'inhabited' by people from other worlds but they 'fly' to Earth through what might be termed holographic projection, so they are not here in person, in flesh and blood, and don't need to be. And such advanced worlds understand about not interfering with you unless deemed absolutely necessary and they understand you are in rebellion by default and are more curious to observe and study how you deal with it. And they believe that by 'showing' their presence occasionally will help you to think there is more to the world and your existence in the universe. There is no 'Star Wars' type of existence in the universe. People from the advanced worlds don't travel around visiting other worlds like you do visiting other countries. 'Advanced' worlds means advanced spiritually, and such people understand the truths of their feelings, living true and embracing their ascension to Paradise. It's about going 'in' not out into the physical universe, planet hopping, with wars and the like all of which is your projection of your deranged selves onto everything. There was no alien bodies from crashed space ships from other worlds, that's all just nonsense and carry-on by the authorities involved, all to keep the people in their place and guessing. It's easy to blame someone off-world, aliens, than it is to take full responsibility for yourselves.

And because you can't accept, don't want to understand, even though the Urantia Book has been provided for you to do so, that Satan and Lucifer are spirits as is Jesus and that there are masses of spirits 'constantly surrounding you', all of which are within easy reach and contactable like we are speaking now James, just with your mind – mind to mind – and without the need to spend untold zillions of dollars on chasing some fantasy about flying about space and finding new worlds to live, rape and pillage spreading the disease of your rebellion everywhere you go, when such resources should be put into helping everyone understand about their rebellious condition, how bad it makes them feel and giving people the space, support, resources and encouragement to heal themselves of it, especially now the truth of how to do that has been made available.

Humanity should be climbing all over your truth James, eagerly awaiting your next revelation, devouring it, discussing it, asking you questions about it so as to get more from you, and applying all you and Marion say to every facet of their lives. They should stop doing all they do as they come to understand how it's all just part of the rebellion, giving up all the wars, fighting and political power plays, turning all their attention on the fact the Avonal Pair has come to your world to show you the way out of your unloving state, and that they are the true way to Salvation, and give up all the Biblical and every other religion's prophecy and get on with dealing with the truth of your untruth. But no, they will resist you every step of the way because they are rebelling against and denying truth, just as humanity did Jesus and Mary, however this time round you're not going to be 'taken out' so easily because humanity has to get the message, it has to understand the bad state its in, which is what you and Marion are all about helping it to see, whereas Mary and Jesus weren't about that.

The UFOs and ancient technology are a diversion, of course, yet those in power believe they can use it to empower them further, and so they are trying to 'reverse engineer' it and so on, some of which

they've succeeded in doing, other parts have succeeded in blowing themselves and others up. But living in a highly technological Star Trek type world is only more of the same, furthering your rebellion, which is not going to happen because of the end of the Rebellion 'coming to a store near you'. Humanity should be loving the world and the Earth, completely respecting it, not using and abusing it. It should be striving to work in complete harmony with nature, using it to survive yes, but ensuring as part of the survival you are putting back as much as you take.

Humanity is to live like the creatures in relationship with each other, allowing each to get on with being themselves, knowing you are part of the collective whole and that you all need each other. Humanity should not be causing one specie of plant or animal to become extinct, if humanity lived in harmony with the Earth, why would you do something as unloving as that? You are supposed to live so true to yourselves and so true to nature that you never get sick, nature having no need to keep unleashing its agents of destruction upon you.

And it's not for you to 'conquer' nature, to overcome disease through medicine and technological advancement, you are to simply live in complete harmony with it, loving it as you love yourselves with the truth you are living, not feeling bad or making nature feel bad. You are to slowly wake up and understand that you are living against yourselves, it's all your own doing, and that doing your Healing and living higher spiritual truths is the only way you can stop being so cruel and uncaring. It's not going to happen any other way because your negative anti-life state is so entrenched in the Wrong, and so having to be faced with the notion that EVERYTHING, absolutely EVERYTHING, will have to change, is too overwhelming, and it is, so it will happen gradually, but you have to start, for it's not going to happen otherwise.

And no aliens are going to help you or make it harder for you. You are making things as difficult as you can as it is, so there's not going to be any alien invasion, and the controllers saying you have to prepare, we need to spend more money on developing systems to protect ourselves is trumped-up nonsense to spend more money. Look at how they had to cause the 9/11 horror (11 September 2001) so as to justify the next round of military spending, they want forever wars which are never won, they want them to go on and on so they can use those wars as ways to get more money for all the other hidden things, such as lining their own pockets, they want to do.

Humanity, believe it or not, is people, which you seem to forget, you could end all wars in a moment should you want to, but that's not good for business. Russia with its advanced war technology could bring peace about in an instant and demand everyone else ends their military systems, but that's not good for business, and what would all the warmongers do, sit around in peace expressing their bad feelings longing for the truth of why they want to keep killing everyone and making the world into how they want it to be?

So there is no outside alien contact and nor will their be. And you can't have technologically advanced worlds for the sake of only technological advancement, perfect worlds develop technology to allow them to live in harmony with the nature of their world, all so they can focus on ascending in truth to Paradise, enjoying their ways of life and relationships looking to their feelings for the truth their soul is to show them. There are no advanced spiritual people buzzing around the advanced spiritual universe all interacting with each other. The more spiritually advanced you become, the more you give up looking to the physical universe to 'make contact' because you know you can make all the contact you like with spirits, so it would be the last thing such worlds would want to do. So-called advanced technological worlds like Earth who focus solely on technology as the be all to end all, are worlds in rebellion against the truth, of which there are only a few. And yet they will never be allowed to develop such technology as to communicate with each other. Such worlds like Earth are in rebellion, they are off

limits, even to each other, so you can't even have rebellious worlds banding together in their rebellion. Rebellions and defaults are very specific to the world they occur on, they are spiritually based, as in the denial of truth, they are very important for the growth of those involved with them, and all that you do that distracts you from your bad feelings being part of that rebellion is where your problems lie. So all this alien stuff is more of the same.

James: And what about supposedly one of the Bushs making some sort of deal with aliens some years ago, the aliens using some people for their studies as they give us some of their technology – any truth to that?

Nanna Beth: No. People want to believe it, there are a lot of top power-people who believe they can avoid death, live forever on Earth or on some other paradise planet. And so they make things up hoping such things come true, but they won't. You will never be able to prolong life as you dream about doing, and when you die you will go into either the Divine Love healing Mansion Worlds, the mind Mansion Worlds or the Earth 'hell' planes, or the Celestial spheres should you complete your Healing.

There is also an element of the mind spirits who can affect certain changes in the atmosphere and project images in a way for people to see or believe they see in the atmosphere or onto pictures they take, with these spirits being responsible for crop circles as well, it all still being allowed because it's part of the needs still required by such people and humanity overall. But there is no galactic confederation of Service to Others, 'beings' or people from other worlds who are battling the evil forces of Service of Self. That's all fairy tale stuff, with you knowing the truth about just getting on living true to your feelings and that will take care of both, your desire to support, care for and love yourself in a true way, and your feeling like you want to help others as you help yourself. But all of that is natural and greatly disturbed in most people because of the Rebellion influences.

James: And what about the supposed alien bodies and all the alien abduction stuff and all the pictures of the different aliens – I have to ask you again?

Nanna Beth: It's all Hollywood 'narrative' James, nothing more. There are other weird things happening to people but it's all home grown, nothing from another planet.

James: Weird, you mean?

Nanna Beth: Breeding programs of animals and people, things hidden away, experiments to push the boundaries and see what happens, cloning and frigging around with DNA, stuff the public would mostly object to were it known that such things go on. And as I've told you before, it all does go on James, and that's all part of what is to stop. It's all part of those people seeking power in their different ways, just as you do, and all with masses of incredible beliefs people come up with about everything and believe about themselves.

James: All right again, thank you Nanna Beth, it all makes me feel quite sick.

Nanna Beth: I will leave it there James, until next time. Bye now – Nanna Beth.

Later:

James: And your prediction of the Dow getting to 30,000, is that still on the cards or is it really the beginning of the end of the stock market euphoria for the time being?

Nanna Beth: It's still on the cards, however I can't say when, there are too many factors now in play. I said that back then to effect certain thoughts and feelings in you James, and really making such predictions is not part of my work with you. I can say that there are going to be many ups and downs and all over the place as the underlying forces vie for control. More public 'disclosure' about all sorts of disturbing (for some people) things are going to start coming out, Mr Trump has got himself well positioned into a more stable state within his government and can now start pushing his weight around with greater ease and confidence.

And the Russians for their part are still preparing for the unexpected, feeling much better about themselves, the Syrian conflict and all that brought to light giving them a real shot of confidence in not only their current global position and how to handle disruptions to it, but understanding how the world will react to them, and mostly with hot air, and that they are the only people on the world capable of 'getting the job done' should they set their mind to it. They suffered greatly through the wars and with Communism, their ego taking a massive blow and their feeling they have to keep proving themselves, that they can do it and must be taken notice of and appreciated, but now feeling so much better about themselves within their own country as they themselves provide the support they need, no longer looking to the rest of the world and in particular Europe. They are feeling so much better being separate from it, coming to realise that it's better that way anyway, and that they can make their own plans and realise them without feeling like they are the errant child soon to be punished or chastised by the unloving parent. They are now taking all what the West dishes out to them with a grain of salt, it's meaningless so far as damaging their self-esteem, with it in fact making them feel increasingly better about themselves and how they view the world. And their next step will be to start stepping out on their own, they don't see the world as the American's do, and up until now they've not felt secure enough to start asserting their way of seeing and understanding how things are, but as that is changing, so the world will start to benefit from their more enlightened way of looking at things, most of which the West will continue to throw a tantrum over.

England, in league with the Zionists, has been doing a lot of double dealing and very controlling stuff to the detriment of everyone, and the Russians have not been able to counter the damage and hurt caused before because they've not been able to see it all so clearly, yet now they do and so nothing the British do surprises them, they even starting to play the British at their own game. And this is going to cause a real shift in power, as the British lose their control, that which has been very strong and very underplayed, so the British will not know what to do, losing the plot entirely in the end, which will unhinge the whole rotten system, this being all part of what John and Crystal are involved in.

And yes, I concur with you James, it would better for the time being for these 'musings' by myself to be kept within your 'inner circle' John. It's not information for the world, not at this time, and I'm only giving it to you for those close to you to gain more of an understanding and appreciation of what I am doing and how I do it with James. Really it's all just for him, and ordinarily he wouldn't disclose it, however as it's now moving closer to things taking a step further into the unknown, so we feel it's been necessary to tell you these sorts of things.

When things do get going I will be more forthcoming, certain information is to be released to the world from our side so as to have a desired effect, however it's not time for that yet. And as much as it seems like it's getting closer to things happening, which it is, still it's more about pulling in and keeping things closer to your chest. As it becomes more real and more serious, so this is necessary rather than it all just being a willy-nilly affair. However it's also meant to happen naturally, based on the people involved and all you feel, with us playing our role amongst you.

## The SECOND COMING is of TRUTH

Saturday, 29 December 2018

This one is definitely for the ‘inner circle’ John. And as it turned out, there wasn’t much discussion with Nanna Beth. I hope you can understand it, it being just more I wanted to get off my chest.

James: David’s (Montaigne) latest article is headed: Judgment Day One Year From Today – December 28, 2019. <https://endtimesand2019.wordpress.com> And I want to discuss this with Nanna Beth. He explains how fitting in with his interpretation of Bible prophecy, everything points to that day as the fulfilment of so much that so many have been long awaiting.

David (Montaigne) has two main elements to his End of Time prophecy culmination: Judgement Day and Jesus’ Second coming and all that’s related to those events; and the Pole Shift. And as we understand, he puts the two together, with the Pole Shift and its cataclysmic destruction due in a year’s time along with Jesus coming and all the rest – which is a busy time indeed!

I have always been ‘looking for the signs’ too, I’ve always had a fascination with prophecy, I love the angels telling us stuff, clairvoyant readings and so on, all because my present was so shit and unloving and I hoped that the future would always be brighter, and I still do.

So as we know, I have a lot of vested interest in the future: Am I or aren’t I the Avonal, will John’s money come through, will I – can I – complete my Healing, am I am full of shit or not, is there really any way out of our pain or are we stuck in it forever, is there a God or isn’t there, and on it goes, all of which I feel I will only know to be true one way or another when my Healing finishes, because realistically, how can I or anyone know such things when the one thing we all know is that we’re all fucked?

David has been the only person whom I’ve ‘resonated’ with on the prophecy side of things. I like his humility, only wishing he wasn’t so caught up in the Christian side of it, yet if he wasn’t, then he’d possibly not have been able to bring to light what he has and the way he does it.

And from him and what I’ve been able to gather, again not knowing if I am right or not, I do think all those years ago angels were instructed to give certain people prophecy, which those people wrote as they felt / saw such things, and with their writings being possibly tampered with through the years. Still, I think there is some merit in such things in the Bible. I can’t read any of the Bible myself, one line and I want to throw up, I am completely allergic to it, however I can just stomach the little David includes in his work, enough to gain something of an idea as to what he’s talking about and what he and so many other people hinge everything upon.

As the Avonal stuff has come up in me through the years, I’ve felt it is in some way running parallel with Biblical Prophecy. So this morning reading David’s heading and with all I’ve been focused on these past days, if I go along the lines of Mary’s and Jesus’ Age ending and the Avonal Age beginning, then possibly that is what will happen on this day David calls ‘Judgement Day’. Because what is it that’s really being Judged, which we can look to TUB for help.

The Avonals are all about judging the mortals of the realm. It’s the Avonals that come out to the individual worlds to end and start the ages of spiritual growth. (Mary and Jesus’ coming was really an anomaly as they only come once to a chosen bestowal world. So it’s the Avonals that ‘take care’ of the individual truth-evolving worlds.) And TUB tells us that the Avonals come in three different ways: unseen and in the spirit world / Celestial levels; suddenly materialising as full adults on the Earth; or as a full bestowal which involves being born like normal people, growing up and living an adult life. So,



assuming that's what Marion and I are doing, then when we 'come of age', which means for us, when our Healing finishes and we become perfect, and born anew as in being back to the perfect truth status of how we'd have been pre-incarnation, however not in our full Avonalness as we were at incarnation, but true and perfect in a state of truth, then to grow into our full Avonalness, all of which signifies we are ready to 'begin out work', that being to take 'our revelation' into the world – to go public.

And at the time, or even on that day, which also signifies the end of one age and the beginning of the next one – the Avonal Age, there is an angelic roll call of humanity in which the Avonals pass Judgement upon all people and spirits in the Mansion Worlds. And I don't really understand all what that entails, what does 'Judging' mean and how they actually do that, and I don't think it's how we apply the word, with it being instead more along the lines of everyone's soul and so truth status is logged in the annals of time. And some sort of 'sorting out' or judging takes place. And I think it might be along the lines of: are you orientated toward the Avonal Age or are you against it? This being done on personality levels – the will, mind and feelings. And if you are against it, then you are judged to be of Mary and Jesus' age and so live on subject to the tenets of their age, that which we're in now; and if you're of the Avonal Age, so you live on subject to the tenets of the Avonal Age. And how this then effects people and the spirits I don't know, but it's more for the record I think to say that you are of this age or that age on 'Judgement Day'.

I don't think there's any bad or good connotations to the judgement like we're used to, it's more just technically as to where is everyone on the world placed in their heart or mind at that moment in time. And so if we look at people now, we can see something of this already taking place. For example: Sam, John, Eme, GG, Jim, and everyone else who has accepted Marion and I on a heart level and more than just in their minds, have already in a way stepped over the line being part of the Avonal Age – these people we're currently aware of. And then there must be lots of other people we're not aware of who have in their hearts the same potential acceptance currently of the Avonal's only they are not as yet aware of them or their truth, yet will be judged for the Avonal Age and all it stands for on Judgement Day. For whatever the reasons, there will be some of humanity who'll be accepting of us, whether they are aware of us or not, and those who aren't, they being of Mary and Jesus' age (irrespective of whether they accept Mary and Jesus or not). And as to what this means, and does it have any importance, I don't know, as again I just think, that a line is drawn at the turning of the ages and you're either on one side of it or the other. So there's still more for me to understand if there is any significance concerning the actual Judgement.

But the part that interests me the most is that there is a point in time at which the Age's change, this being fundamental to all my writings and all I think I am, with Marion still saying it's all my own delusion with nothing to do with her. And so I ask myself: Am I using my mind to focus on a point to hinge everything around next year in the hope that somehow I can 'make it happen', or is it real all I feel about it? And am I setting myself up for a fall by saying and even looking forward to and preparing myself for this date, which when it comes and nothing happens... then what, and oh fuck, what a let down, the perfect brick in the face for me again. And either way, I feel like I'm 'going down the wire on it' because it keeps going around in my mind like everything does to do with the Avonal stuff, and for all my twenty two healing years I've begged the Mother and Father to show me if I am full of shit about the Avonal thing or if it's real, and still I'm begging Them, and still I don't know, so in a year's time...



And as you are coming along for the ride, we can all see that if something doesn't start to happen and soon, we'll all move beyond the ages of being able to do anything anyway, it will all just slip on by with us being left in bubble of hot air of our own creation.

So in a year's time, it is – ha, ha – and nothing will happen and then I'll be casting around for the next date and then the next one; and oh god, please let me get off the treadmill, I'm sick of it, please let it be over.

So I'm running the Avonal thing along in step with John and SI (Solid Investment) through to the end of next year to see what happens then. And if something is to happen then, will that mean that in preparation for that John and Crystal get their money if indeed that money is going to be needed to 'fund the Avonal Age'? So will the money come shortly or sometime during the next year as Marion and I make final preparations within ourselves – bringing our Healing to a close, so as to be ready for all John puts in place? So having gone through the last six months of tearing my hair out demented over all the opposing factors amounting to: Is It or Isn't It, lately I've found an acceptance coming up within me helping me feel like I don't care anymore. I'm no longer stressed about it, and it's becoming fun, thrilling, even if it's just one massive hyped-up fantasy of mind; fuck it, I'm going for it more and more. I still have to temper myself a little, I still can't just 'go the Avonal way' 100% yet, but I'm also becoming more committed to it being realised and all that might involve. I feel a confidence in me concerning it as I accept it more, more stuff keeps coming into my mind about it as I've been writing lately, and stuff I don't write about, and I can't wait to see if I do and can finish my Healing and if Marion and I are the Avonals. I can't wait to see how it pans out for Marion and I on the personal relationship level, because if we are Avonals, we're also soulmates, and yet we live mostly totally at odds to this level of truth currently being in our Wrongness, so if we become Right, god, what a transformation for both of us that will involve.

So assuming Judgement Day makes the changing of the Age, then it would be reasonable to assume that Jesus would come back on that day if Bible Prophecy is right and he is coming back. And he would just materialise, not be born again, for if that were to happen then he'd have already been born (re: AJ Miller???) or would be born between now and then, or on that day. Anyway, Bible Prophecy we all know says he'll be coming down out of the clouds, so it would be a full materialisation as an adult and not another full bestowal (which would defy the Laws of Personality Bestowal anyway so far as he and Mary are concerned, they no longer being the Jesus and Mary we know, they having other names and other personalities reflecting those names.) And then he would judge everyone, vanquish all those people who are against him, and take his Chosen off to the Promised Land and all the rest I've read about and don't understand.

However Jesus isn't coming back, so he says. And as they've told me, if I am right, he would come back with Mary, they being fully united and no longer needing to be subjected to the Rebellion, which would give all the Chosen Ones, the Christian's, and everyone else, a bit of a shock having to deal with a WOMAN – oh god forbid, no god, please don't do it to us!

So none of that adds up, but what does add up, fits perfectly into David's week long Jewish wedding ceremony; from David: "In December 2019, during Hanukkah, all major steps in an ancient, week-long Jewish wedding ceremony will be played out by the movements of the sun, moon, and planets in a heavenly wedding. The giving of the ring to the bride even matches (to the minute) the "diamond ring effect" of the total solar eclipse which is at the right point in the ceremony – while we celebrate Christmas – and it will be visible at sunrise from Jerusalem – fulfilling Isaiah 13:10 very accurately – "the sun will be dark when it rises." So the Son as presented by the sun, is, like so much of what's in the Bible and is in keeping with how we see things the wrong way round, not Jesus the Son coming

back, but the Avonal Son. So the Second Coming is not Jesus returning but the Second Coming of Truth, that being what the Sons (and Daughters) are about, so the Avonal coming to reveal the truths needed for the next age, and to include and sort out the truths from Mary's and Jesus' age, which includes Jesus coming to Mr. James Padgett declaring that is his second coming, coming again to tell us about the Divine Love.

So David and his fellow Christians are looking for Jesus to return and fulfil Prophecy, and yet the angels back then who gave the prophecy, knew a little more than they let on, and really it's the Truth that's coming back as being expressed by a Son (and Daughter), and so not Jesus and Mary, but Marion and myself.

And so whilst everyone is focused on Jesus coming back, our Mother and Father have snuck in Marion and myself under everyone's noses, all so we can do the job of healing ourselves, part of which means healing the fact that everyone is denying us by looking to Jesus still, and then once healed, we will declare that it's us not Jesus and Mary, and you can imagine how well that'll go down, telling everyone that you've done it again, you've the wrong people, you're backing the wrong horse.

And so in that moment, should for example the whole world suddenly be told that those of the Second Coming have come, those of that Coming telling the whole world they are here, that it's us folks, Marion and I, or just myself saying it if Marion wants to keep out of the limelight, at which the whole world will either say: fuck off, we don't believe you; or oh yes, we're open minded, tell us more. And in that moment, everyone is either on one side of the line or the other, so undergoing a self-induced judgement – on Judgement Day. In that moment, people either reject us or accept us, we being The Truth. So it doesn't matter which Son and Daughter, it being really about the Truth.

And so even though not everyone in the world might at that moment be asked to accept us or not, still as I said earlier, it's already within everyone's heart, even if they are not as yet aware of it.

So I imagine a lot of Christian's are going to reject us, and they will possibly then carry on waiting until Jesus comes, and as to how long they will wait we'll wait and see, whilst all the while those 'with us' will move on past them, moving on into the Avonal Age, moving closer toward ending the Rebellion and Default within themselves. So you can see, that throughout the Avonal Age there is going to be those for it – of the New Way, even if they don't actively do their Healing, with them being open to and in some way accepting of Marion and I being who we say we are; and there will be those of the Old Way, of Mary's and Jesus' age, still determined to cling onto their old beliefs not allowing any uppity Jesus-usurping-Avonals – whatever they are??? – to interfere with them.

David Montaigne is waiting for his End Times to come to fulfilment, and what happens if on this Judgement Day in a year's time nothing happens? What if Jesus doesn't return, there is no 'Judgement' as he is expecting, and the Pole Shift doesn't happen either?

So far as the Pole Shift goes, currently it's moved out for me to the end of the Avonal Age, I see it as far more fitting to come then than in a year's time, for it gives humanity a solid Spiritual Age of one thousand years intent on doing its Healing, those people who align themselves with the Avonals and receive the help and ministration of their Spirits of Truth. Anyway, I'm keeping an open mind about it (the Pole Shift could come tomorrow), about all of this, trying not to lock anything down, flowing with it as it effects me.

So the Son, who is really The Truth, for Descending Sons (and Daughters) are all about revealing and expressing the Truth to their ascending sisters and brothers, is indeed coming back, the Truth is

returning, only looking like Marion and I instead of Mary and Jesus. And although we might be something of a let down being 'only Avonals' compared with being the Creator Pair, still I hope we can do the job our Mother and Father are asking of us, so far as revealing the truths and the information along with it that people will need so as to release themselves from the pain they are in.

And so as the Christian Prophecy and a lot of other religious prophecy says, there is to be the culmination of all they believe in possibly very soon. However these 'believers' don't understand, that really it is a complete End, as in their Bible Ends, it's meaningless once Judgement has been pronounced, either by Jesus or an Avonal. And that by rights, they should on that day say, we are no longer Christian's or Jews or whatever, that's all ended with the end of our outworking our denial of Mary and Jesus through their Age, and the Bible can be closed, as all then look toward the New Dawn, the light returning after the darkness, the wedding ceremony being complete, signifying that a new era commences, that of the 'marriage' in which all the relationships have changed. So the relationship they have during Mary and Jesus' age ends, moving into, in theory, a new relationship to be lived during the Avonal Age, something which I don't think that many people will be able to do.

So the Christian's are expecting the Rapture, to be rapturously carried away in their blissed-out love states fully healed, when really they should be expecting to close their Bibles, put them in the bin, and stop being 'Christian's because that's a dead-end street. So there's going to be a lot of mega disappointment, so perhaps it's not that I will get the brick in the face once again, but someone else? And perhaps I got it when I was three / four years old as part of knowing the truth that the majority of humanity is to face, because virtually everyone is going to have to deal with it like a brick in their face when they are told that they are full of shit, that their way is wrong, that they are not loving, that they are doomed to extinction unless they step over the line and get with the 'Avonal Program'. And it's sure going to be hard for most people having to deal with all those bricks Pascas is going to be slinging at them.

So on a spiritual level, on the levels of Truth, the Pole Shift is going to arrive right on time. On Judgement Day the Spiritual Pole Shift happens and most people will metaphorically be wiped out by it because they will reject the truth that the Avonal Way is the New Way, and their Old Way is no more, is to die, that being the way of the Evil Ones, Satan and Lucifer. To have to understand and then accept that they'd got it all wrong, that they've invested so much in the very evil they believed they were doing all they did to avoid, that's major pain, that's a Pole Shift pulling the rug completely out from underneath you.

And so the backlash would be to tell the Avonals to fuck off, to kill them, kill the Truth like Jesus was killed and Mary ignored, but that's not going to happen this time round because the Truth has to be seen. And like all truth, it hurts because we're all living against it, but as you adjust to it, it shows you that in fact it makes you feel good, not bad, and so it will be for those people who do manage to let go and take on the new.

And again, as to whether or not a physical Pole Shift needs to back up and be a material expression of the Spiritual Pole Shift, I don't know yet. And like all things, some people will willingly embrace and love the Spiritual Pole Shift, with things finally starting to make sense to them, just as no doubt some people would relish a physical Pole Shift on the world, either dying and going into their new spirit lives being very happy about that, or surviving on Earth very happy that they are free to create their own way of living no longer having to toe the line of the system they've been forced to live under.

So possibly in a year's time, if David's timeline coincides with mine, we will be ready to 'put the Truth out there'.

Do you have anything further you'd like to add Nanna Beth?

Nanna Beth: No James. We're working to your time line.

James: And how could it be any other way, other than you supporting or humouring me?

Nanna Beth: And you won't know until you get there, so time will tell.

John: Hello co-travellers, James' musings are very profound. On all the points raised one could reflect upon an expectation from 0 to 100 as possibilities are all of them.

What is our position – it is this – collectively we will shield each other from extremism. Even though we will remain as open and as available as possible, but we do not need to be targets, even if the personality is well meaning, we do not need to be there for all – we have our individual roles and goals to achieve.

As strange as it is, even though this is the greatest freeing event for all of humanity, the number of people who have recognised this would not fill the kitchen in anyone's home. Amazingly few 'see' the truth within a mountain of writings.

As to time frames – I feel they will come and go because events will unfold in stages. Then on reflection we will see the time frames did occur. It will not be at all clear cut until we look back on events – maybe. To me, the Great U-Turn is in play. How dynamic that will be? If nothing further occurs with what we anticipate then it will be a significant library for others to eventually delve into.

Do I expect SI (Solid Investment) to payout – absolutely – so we will have some fun – it may be moderate but we will still have some fun. Do I expect healings to complete – absolutely. But if that is all that takes place that will be just fine.

What I do expect is that our Celestial Friends will be less communicative and that we will be somewhat following our feelings (nose) and that will be fine. But most importantly we will work to shield ourselves from those who may at first be antagonistic.

These revelations have unfolded over 100 years and amount to 50,000 pages and that is one awesome package for anyone to get their head and mind around. This is a slow start and a long haul. Consider the contradictions within these 50,000 pages (none of any significance) when compared to the New Testament of 300 pages and gurus / academics still can not clean out the contradictions after 2,000 years.

Our way forward is a host of dilemmas – introducing the incredible to all and sundry within all walks of life in all communities worldwide yet restricting confrontations while being available to those who are striving to comprehend the Truths.

To me, even if nothing further unfolds, the most incredible event in history has unfolded and we are in the boxing ring – so be it. Someone has to spill the beans and that is us. The world will have access to this fact and that is that.

Thank you Marion and James.                      John

James: An appropriate end to the year, fingers crossed that you've summarised it all to the present and we're ready to move into the next phase.

## **LUCIFERS and SATANS + POLE SHIFTS and SANCTUARIES**

Saturday, 5 January 2019

James: Following my talk with John I was wondering what the Lucifers and Satans were planning with humanity, and assuming the Pole Shifts happened every so often or something that periodically all but wipes out most of humanity, how did they cope with having to 'rebuild' humanity so many times?

Nanna Beth – 3<sup>rd</sup> Celestial Heaven: It was as you said to John, it wasn't about what each civilisation achieved on Earth, it was building the numbers and keeping them onside in the Mansion Worlds. The Mansion Worlds was where all their power was, the spirits in them weren't subject to periodic Pole Shift eradication. Those who died on Earth pre-Mary and Jesus did have to stay in a 'sleep' state in spirit until the next age begun and they were awakened, however once awakened they were free to live on in the Mansion Worlds. And then with Mary and Jesus' coming that restriction was lifted so everyone who died immediately woke up in the Mansion Worlds.

They wanted to 'build an army' of faithful followers. And they wanted them ready to combat what might happen should the Universal Authorities change their mind about allowing them to pursue their rebellious ways. They believed that once the ascending mortal had pledged themselves to the Rebellion, had given over to it, had been corrupted into it, then it was a done deal, those mortals would forever be for the Lucifers and the Satans (being Lanonandeks) to command. And that using Earth's Mansion Worlds, it might be possible upon reaching a certain number of followers to move out into other areas of the universe, to invite other Lanonandek Daughters and Sons into rebellion with them, along with their associated mortals. And just like any expanding dictatorial force, to move out into the Universe with the desire to conquer it, with the Lucifers taking over from and becoming the 'Mother' and 'Father' of Creation. They were apparently blind to the fact that processes were in place to prevent this sort of thing from happening, or perhaps they believed they'd be able to overcome such restrictions just as they had by rebelling in the first place.

So the Pole Shifts worked in their favour so far as helping people accept the false gods, in that people were suddenly removed from the World, having to give up everything and not at the time of their natural end, with a lot of those spirits being very angry at God or whomever they believed controlled everything by ending their lives on Earth before their time. However as you understand, it's not up to us to determine when we die, yet everyone believes they should get a full life, and when you're enjoying it, relatively speaking, and know of no other alternative such as life in spirit, then you are angry for being so severely interfered with. And a lot of mind spirits still hold in their minds great resentment over how badly God treated them, that God is not loving if He causes such vast and widespread suffering – any suffering and pain – and so He can't be real just like Lucifer says, they then remaining happy in the mind worlds and mind-controlled pain-free lives.

So why not induce humanity to gradually reach the pinnacle of so-called happiness at the end of each cycle, knowing that when their lives abruptly end they'll be very pissed off with God? And thereby making it very easy for such mind spirits to indulge themselves in any of the religions or spiritual systems in the mind Mansion Worlds, and they are full of them. So keep your army in ignorance about God.

James: So the Evil Ones worked within the cataclysmic cycles starting from scratch virtually each time working to build up new followers.

Nanna Beth: Yes, and even though it might seem like a lot of severe setbacks to their plans, really it wasn't as bad had there not been any major disturbance, as humanity would have built itself up to a point of destroying itself, doing what the (Pole) Shift would do, yet rendering such destruction as the end to life on the World, which would have been an end to the Evil One's plans as they would have lost Earth altogether. And you might think they'd have been able to prevent humanity from destroying itself, which they might have done, however we'll never know as they never got to see what happened because of the Pole Shift interference. We, humanity, in our rebelliousness, would not have been able to manage our rebellion because we weren't aware of it, that truth being kept from us by Default. So we'd have soon outstayed our welcome on the planet, which is why each so-called advanced society wants to go off-world, developing the technology to abandon the world before they destroy themselves. And of course, knowing there are Pole Shifts, trying to leave the world before them too.



**THE EVIL ONES**

James: But if they couldn't leave the World, why wouldn't they dig deep holes to save themselves?

Nanna Beth: They have done, just like your major governments are, but it won't do them any good, the Shifts have been too severe, the tunnels and caves have been destroyed with people being trapped underground. Only on a small localised level have people survived under ground, weathering the storms only to die when they re-emerge because of the severity of the destruction on the surface. However with your food preservation and more advanced technology, more people would survive this time round, however still far fewer than would be hoped.

There is also great psychological pressure during such times, the stress is enormous, which is not accounted for, you can't prepare for it using your mind systems and techniques. So there are wars and people killing each other, such extreme fear causes all sorts of other problems as those remaining after the Shift vie for power. It takes a lot of united and focused discipline, those who survive quickly sort themselves out into groups, arguments arise as to what to do and who can have what, food and other resources are scarce and fought over, so it's not a happy new start for a lot of people. The more basic native people who survive are better suited, they already living on the subsistence level. And the tribes who were hostile to outsiders just appeared putting more pressure on the scarce resources, so unless those outsiders were able to offer or convince the locals it would be beneficial to take them in, they were soon killed, and often eaten.

With each (Pole) Shift comes a **new planetary vibration**, humanity is to evolve in a completely different way during each phase, so those of the old way find it very difficult to suddenly fit in. There's far more to it James than just your physical surroundings suddenly changing, as all you are used to no longer works, your technology is redundant, you are entirely stranded on a world that is new and without anything to help you, as it would be were a Shift to happen now. So for you to plan for it, you can only really do as you would do, live true to your feelings, so afterwards, your feelings are still there and something you can relate to, so looking to them you'd be able to deal with and cope with the change in your physical surroundings. And your feelings would lead you to make whatever adjustments you needed to make, with again the more primitive people being closer to their basic survival feelings coping more easily. But so-called sophisticated mind-based and driven mankind would find it very stressful and very difficult to adjust, because your minds are so much in control and fitted to the society you live

in. So to suddenly remove all you rely on for survival, is akin to forcing you into a sudden mental breakdown, which few would be able to cope with. Can you image if suddenly how you function in your modern society ceased to be? The stress of being thrown out into life without any of the support you've grown up in, to have it all stripped away from you in an instant, and even if you were able to live underground retaining a lot of your creature comforts, still, just having to adjust to a world in which you have to think about where and how to do your toilet, let alone everything else, would be very difficult for most.

And then you also have vast sweeping plagues of new bacteria and viruses suddenly being liberated and created by The Change. The microbe level goes into hyper-drive having to create the new micro level of life upon which life for the next age is to grow. The nature spirits and angels inspire such outbreaks of all sorts of new microbes many of which are designed to destroy much of life that existed before the (Pole) Shift. So unless you were protected from them by your soul and the angels watching over you, so you'd stand no chance of survival.

And then you have new radiation levels to deal with, new magnetics and other new forces that humanity is not aware of yet, there is far more that makes up life in each age than you understand, all of which basically amounts to that unless it's rock, it's not going to stand much chance of survival, with only very small pockets of life surviving with angelic help. And then from those small pockets, with all the intense influence of these new forces, so mutations occur and new life forms are created. So the creatures and plants continue to evolve, some from the old pre-Shift days, some new. So it's more than just a matter of weathering the storm, waking up a week after it's happened and picking up the pieces and starting all over again, starting to bring back the way of life you knew, because you won't be able to do that as everything will be different with these different forces wanting the surviving humanity to go in other directions, which is why there is little continuity between the ages. You can't relate to how those of other ages lived, just as they'd not be able to relate to how you live, just as it will be different after the next Change.

James: So how would we cope?

Nanna Beth: You'd save seeds and see if they grew in the vibration of the next age, assuming you survived to live in that vibration, each age having its own unique frequency of survival. And if your solar power systems didn't work, so stored data on computers would be useless, so it would be word of mouth and what you knew, your mind being the only 'computer' available. And you'd then be inspired to do whatever it was your soul wanted you to do, just as it does now, and that would lead you with the people you are involved with to work out your new system of living. So you'd use from the old that which you could, and make new based on the limitations of your lives.

James: So really Nanna Beth, as far as making any plans along surviving the Shift lines, the further advanced in your Healing and preferably being Healed, would be the best way to deal with it?

Nanna Beth: Yes, rather than relying solely on your mind. And so if you were to survive, then you'd be guided as to how to prepare, should that be part of what you need to do, and if not, then you'd just adjust through your feelings. Living a feeling-led life, you'd easily make the necessary adjustments compared to that of living with your mind in control. It might be hard to understand, but look at a child, it can cope with virtually any new environment thrust upon it, it doesn't know anything about what is right and wrong so far as what has gone before, whereas adults would find it very difficult. So an adult that is doing their Healing or having done it would be able to adapt and approach the new life like a child would, easily.



For how you are becoming James and what your thoughts are along the lines of how would life be were you living in a community of people all intent on doing their Healing and with some people having completed it, to even a community of Celestial level people on Earth, how you'd live would be very different to how your world is now. You'd mostly reject what your world is offering you, you'd form very different social patterns, very different ways of parenting and relating to children, with those children being free to express themselves completely differently to the children of your current societies, and it wouldn't take long before all levels of your society would change with a continual striving to become more at-one with nature rather than abusing, dominating and controlling it, living within its limitations rather than continually overriding it.



You might choose to have some of what current society offers, electricity and some of the mechanical conveniences. And if you could live without the need to work to make money to survive, no outside government telling you how to be, and with everyone living just to survive, without the need or desire to own land or have your own house because you didn't feel so powerless needing to have such possessions, and with the whole focus on life being to help you express yourself, to talk all your thoughts and feelings out, so bring yourself out, so with a whole loving feeling and attitude toward all you do and all the people you are with, rather than the unloving competitive one you currently have.

So the idea you have in mind for your Sanctuaries are really the starting points for such communities to evolve. And they'd have to start within and being dependent upon the existing systems of government and society with the aim to ween themselves off the limiting parts of such systems introducing new ones to replace them, ones that promote freedom of self-expression rather than the existing sole-destroying ones. And those Sanctuaries would be looking at making vast changes within themselves as agreed upon by their inhabitants, with everyone being an equal part of the whole, all happy to help each other express themselves first, with everything coming next.



**The feelings to live this way are innate within you.** You desire the freedom to do as you please, and really it's the freedom to express all you feel, rather than the desire to do what your mind wants to do believing what would be good for you, making you feel happy and loved. And one of your systems you call capitalism is flawed because it's about building capital as you believe you need it to survive and you wrongly look to material gain, so really you just want to be free to make all the money you want so you can cut out your little patch and keep everyone else away from it. Then you have a more socialistic feeling, wanting to share and help each other, with communism taking it further yet with its fault being that the government, the elite rulers, make all the rules and the masses have to comply whether they like it or not. But the idea of living communally and everyone working for the common good is sound, but gets used and abused because you are all living untrue. And you have your fascist dictators who selfishly want it all for themselves, saying you have to live according to my likes and dislikes, which is basically how the Evil Ones (Lanonandeks – Lucifer, Satan, Caligastia and Daligastia) have controlled humanity from behind the scenes.

**Truth, living the same truths that are revealed through your soul as a consequence of living true to your feelings, is the ONLY way for you to live communally together sharing and being truly happy.** Because the truth makes you happy, and when you are happy you feel more loving and accepting and no longer wanting to have power over others, feeling you're happy with less and don't

need your empire of false power to keep you feeling ‘safe and secure’, with the truth being your true comforter. So when you feel truly comforted, you feel truly loved, and so are truly loving, as we Celestials are, and until you are fully Healed, you’ll keep feeling unloved and without any comfort or inner faith or true security, as you and Marion have been living more true to of late. Your latest comforter being chocolate, you indulge in it because it tastes so good overriding your despair, misery and feeling unloved for the moment you are eating it, this being the sad extent to which you can use your mind to give you any comfort, as your parents deprived all the natural spiritual comfort from your early lives. But then it backfires making you feel sick, fat and uncomfortable, it making you feel again how bad you feel, miserable and unloved, and around you go again.

So people who are fully Healed and living the Truth would feel so happy in themselves, so at-one with nature and the world, not afraid of other people, not relating to each other as you related to your unloving parents, thereby wanting to live in a system that expresses that inner security, happiness and love. So you’d build your world to reflect your inner world, how could you do anything else, and your children would be conceived into the true and comforting world in the womb of the mother and then being born into the world, the womb of the father and mother, as it grows up feeling completely safe and secure, loved and completely free to express all it feels. And that world you’d build, would end up being the complete opposite to the world you are currently living it – a material world and society that expresses the unloving hostile state, which is your inner world. And your children are tortured in the womb, made to feel unloved right from their first moment, are born into more unlovingness, and learn to cope and ‘survive’ within it, with some people becoming very ‘successful’ and passing on that ability to their children.



So the world is unloving, whereas you imagine the Sanctuaries would become increasingly loving places, which they would as they grew and evolved to reflect the increasing truth lived by their community members. And those true and loving communities would stand a far better chance of surviving such a cataclysmic Pole Shift than your existing unloving and untrue communities.

# Sanctuary

So the world is unloving, whereas you imagine the Sanctuaries would become increasingly loving places, which they would as they grew and evolved to reflect the increasing truth lived by their community members. And those true and loving communities would stand a far better chance of surviving such a cataclysmic Pole Shift than your existing unloving and untrue communities.

James: Thank you Nanna Beth. As usual you’ve summed up simply all I was thinking about writing a few weeks ago but didn’t know whether to put it in a movie or write myself or write with you.

Nanna Beth: You are welcome James, we know it’s been simmering in the back of your mind, so we wanted to help you clarify some of those thoughts and give you more direction as it will help you know what to do when the time comes. Talk to you soon, goodbye for now.

**JAMES and MARION HEALING PROGRESSION**

Saturday, 5 January 2019

James: A note on my own Healing:

As I've detailed, Marion felt very bad her whole life, her Healing has shown her that she was right to feel those feelings, they were true and she wasn't making them up, as most people, including her sisters, said it wasn't that bad and she didn't have any cause to feel so bad. And over these years she has striven to bring out all her pain, which has led her this past year to feel better and better about herself. Her self-hate has gone with her hatred of her parents becoming more pure. It's not she who is at fault, she did nothing wrong, as she was made to believe, she shouldn't have been punished, blamed or accused of being the evil one, it was her parents, she was the innocent child victim.

Then the past few months as her body has deteriorated further, she's felt bad again whilst also feeling still better about herself. It all bringing her to this point today of confirming, which I've written about so many times, that although we are all seeking and wanting to be our true self, one that is unaffected and pure and not of the Wrongness, that desire of itself can be just another escape from facing the truth of reality we are living; which is, we're wrong, untrue, God has started us off this way and wants us to be this way, and this wrong way is really our TRUE STATE. So we have to become true to our bad state. We are bad, so we're not to keep trying to run away from it. We have to be it fully. We have to accept it totally.

We have to get to a point where we don't do anything, not the tiniest thing with our mind that denies how we are. So we have to get to the point of no longer fighting ourselves, wanting to be truly good when we are truly bad. We have to find a natural resolution coming within ourselves that can only come from total acceptance of how we are in our badness, that we're okay being bad, it's not the end of the world; and that in another way, it's even good, being good because it's how God wants us to be. But none of this can be mind-contrived. All these things have to come naturally to us through our feelings.

You just become fully aware and settled in, living the truth of how bad you are. And bizarrely, you feel better about yourself being wrong. You feel better because you are actually starting to truly love yourself by allowing and fully accepting how wrong and unloving and how unloved you feel you are. And so strangely you start to feel good about, even love, how fucked you are. It's weird because you hate being that way on one level yet on other levels it's not really that you love or like it, it's just that you are it, and as you can't really do anything about it, so be it. So a sort of forced resignation comes which turns into a more open and general acceptance, and even moving to giving you a sense of, oh well, I'm fucked, but that's okay, and I know all the ways and whys I am fucked, and as I can't change myself and DON'T want to change myself anymore, so I will just be as I am – fucked. And I will continue to express any bad feelings that should surface about my being this way, but eventually those bad feeling run out, as even more self-acceptance comes of how fucked you are.

And you can want love, wish you were different than you are, but still another part of you accepts that in your current how-you-are-state, there will never be any love for you because there never was, that you'll never be perfect and truly true because it never happened, that you're simply not that way and that is how you're meant to be. It's how you are meant to be right now, fully accepting of yourself as you are right now in the state that you've always been in, yet have been working so hard to deny and refuse to accept and admit this is you.

Our self-hate is total, so we have to fully honour that by bringing to light all we hate about ourselves and why; and the more you do, the more you just accept how you are, and then with that true self-acceptance, that self-hate dissolves away. So you even move into a sort of state of peace within

yourself, you're no longer wanting to be any other way than you are in your fuckedness, so you want to be the fucked up you that you are, even though you still know it's not right, true and perfect. So being a Celestial is there, but on the shelf in the background, you might get there one day, but it's not that day until it is that day.

So now, whilst it's not that day, you are true to how you are in your fucked state. And that state is not static, you're always moving within it, getting to know more about it the further into yourself you go and the more connected with yourself you become. And so the more true to your wrongness, and better you feel about that, the more you can look more closely and deeply at it, feeling it more intensely, and feeling all your familiar bad feelings more truly. All of which makes you think you've not done any Healing at all because you keep seeing so much more that's bad about yourself, yet it's only that your eyes of truth are opening up more helping you see the real connections with yourself, life, your parents and family, the whole unloving environment you grew up in and are still in.

We are unloving. We've formed without love. We feel bad and wrong because of that. We live truthless lives. We derive no feelings of security, surety, faith, comfort because we keep denying ourselves the truth of ourselves which gives us these things.

And for me, great confusion has plagued me because it doesn't add up: How can you feel good when you still know and feel you are so fucked? But now I'm beginning to understand that as I accept my fucked state without judgement of it, so, unconditionally, having been mostly ground into it and being forced way beyond any feelings that I have some power in it, any power to change myself, that I don't have a say at all, then with that full self-acceptance of how unloved I feel I am, comes all the natural attributes of truth. So even though I am living in a completely untrue state of no love, oddly I am feeling happier, more loved, more true, more safe and content, living with more faith and less fear, because these are the natural attributes of truth that are coming up as I become truer to my untruth. So does that make any sense? So I feel completely fucked but better about it. I feel the most scared and miserable I have felt, yet and at the same time I feel the best about myself that I've ever felt. I feel the most incapable of doing anything, stuffing myself with chocolate getting fatter by the day and so unable to have any restraint and self-discipline, all of which I believe I should have, but don't have because I was too badly fucked up, and yet at the same time I feel so much better about myself doing it.

So for me it's been something like a bad trick that's being played on me, I have believed, courtesy of perhaps my misguided understanding of the Padgett Messages, that as we partake of the Divine Love our sins and errors are transformed out of us, thereby bringing us into a Celestial state of truth, perfection and love. So I have prayed for the Love hoping all my bad, evil, sinful me would go away leaving me being the loving, true and perfect me. And that might still happen, however before it does, or even as part of the transformation, I have to first live wholly true myself being in my untrue state. And then that understanding moves to what Marion was feeling about herself today, that even though she hates it and hates all the problems with her body, hates the world; she loves it, loves all her problems and her bad state. And it's all because she is now looking and relating to herself as being true as she is in her untrue state. That there is no 'other true' state that is magically going to somehow come into being. That right now she is untrue and that is the TRUTH, so that is true. So ironically, she's never been untrue, she's always been true, even though that true has been in the greater scheme of things, Wrong. So it's one of those 'Go Figure' moments. None of it makes any logical sense as to what and how I define logic, and yet my logic is based on my fucked illogical state – go figure!

So becoming true to our untrue state makes us feel better about feeling so bad all the time, even to the point of loving how bad we are because we're fully accepting of it and so living true to it. So we're to understand a principle of truth, it's like a mathematical natural law of existence: when there is truth,

there are all the attributes of truth, and there can also be love, love only being able to be truly felt as love when you have the truth to feel it. So when you are true and perfect you are truly loving – Celestial. When you are fucked and unloving, and not accepting this, you feel very bad, as bad as you feel in your Wrongness, because you are rejecting yourself and being unloving to yourself. Then when you are fully accepting and true to your unlovingness, you are no longer rejecting yourself in your Wrongness, as you are living true to it; and so because there is truth of your badness coming up in you, so are the attributes of truth and love are coming to. So you feel better about being wrong, even loving of it. And then we'd hope that one day, once we are fully connected with our untrue state and so fully accepting and loving of it, that we'll transform into a true, true and loving state – the Celestial condition.

How is your head going, done in yet? It's like a riddle: We are true to begin with. We are conceived into being untrue. Yet we are made to believe being untrue is being true. And we try our best to convince ourselves and pretend that we feel good, happy and loved, when underneath really we feel bad, unhappy and unloved. Then we start our Healing. And we come to accept that we are not true, yet at the same time understand we are true, only true to our being untrue. And we get to the point of feeling that nothing is ever going to change, we're fucked, this is us, we are as we are, we've tried everything to change ourselves and stop the pain and yet nothing works, so God must want us to be this way – derrh, we slowly wake up, we slowly get the message, that we're not meant to change it, we're meant to just be it, fully accepting it, bringing out all our hatred of having to be it, being forced into being it, not being able to do anything about it, going beyond all that into resignation of it by default, which brings with it a love, truth and acceptance – we are the way we are, end of story. We are no longer fighting against ourselves.

And then we hope at some point we can start a new story, that this horrible one does really end and we can begin anew, be born anew as Jesus tells us, becoming our Celestial, true and loving self.

So do you get it: We are true, we're always true, be that in our untrue or true state. We can't be anything other than true, and it's the same with love. We are love, even though we feel we're not of love in our unloving states, yet we still are. God is love, yet we believe God is hate because He keeps making us feel so bad and surely a loving God wouldn't do that to His children He loves so much? But They are still loving us in our unlovingness, They are lovingly making us feel unloved. Imagine having a child you love so much and set out to do all you can to make it feel so unloved, to hate you and reject you with all its being, all because you know that it is what it needs to experience, which will in the end, when it's healed all that pain through the self-acceptance of the truth of it, love You even more and understand why You are put through such shit.

So to summarise, it's one of those things I go round and round trying to succinctly put into words: We are to fully love our unloving state, we're to live true to ourselves in it, we're to stop rejecting it and become our true unloving self, we're to stop trying to change ourselves, just allowing ourselves to be as fucked and untrue as we are. And we're to long for the Divine Love. And we can hope, provided we're not using that hope to try and change how we are, that our unloving state will end and we'll become truly loving – Celestial. So currently our being true, is our being true to our yuk, being the truly yuk person that we are, because WE ARE IT. And when we are no longer it, we'll be true to that state.

So to try and get to the point I'm trying to make: Because we become true to our untruth, then we feel good about it, experiencing the attributes of truth. And this is a conflict, or confusion, because we feel better, good and even loving about feeling so bad, when still we feel very bad.

**THE**  
**yuk**  
**MASTERS**  
Marion and James

So it would be better if we didn't feel good about feeling bad, but then no truth would come for us to understand the truth of our unloving state.

Next day:

I'm trying to point out that we're to remain focused on how we are now, which is fucked, and not jump ahead or out of that hoping we're to get to being a Celestial. So striving to do your Healing, meaning to end your pain and wrongness and become a Celestial, although that is the goal, it needs to be in the background so it doesn't get in the way of just being true to how fucked you are.

It's so weird thinking I am transforming, which perhaps I am, but all that seems to be happening is, in a way, I'm feeling better about being so fucked, that I'm seeing more everyday how fucked I am, and how stuck in my patterns with no way of changing them than I am, and yet feeling better about myself, loving myself more, the more I hate how I am. It's all so contradictory and confusing, which is what I wanted to try and write about. If we just felt worse and worse the more we see how fucked we are, that'd be what I would expect, but to feel better and better whilst feeling worse and worse, that's the weird part. And as I've tried to explain, it's because we're becoming truer, truer to our wrongness, so with that truth we then have all the good parts feeling better about ourselves. And I wonder: so is it that we keep feeling better and better about being so fucked, that gradually there is so much truth and awareness and acceptance of being fucked, that somehow because of all the truth we see, we just sort of 'grow out of' being fucked, and that is our Transformation?

And I can't see how this being true to our wrongness ends with us crossing over into becoming Celestial. It seems like no way, it's too big a jump. So am I doing it wrong? Is all how Marion and I are doing it wrong? Or am I just doing it wrong and she is right – and is Sam right how she's doing it? So the truer (to our bad state) we become, which you'd assume was getting closer to becoming a Celestial, is seeming like a million miles away. So are we going in the wrong direction?

**TRANSFORMATION**

Marion currently says that we remain in our fucked state, at least physically, but in our spirit we feel loving and loved – healed, and so can become a Celestial. And that we don't need our physical to become perfect, it's always showing the legacy of our unloving state and how badly we've been treated. Yet for me I think why can't the physical be perfect too reflecting the state of your Celestial spirit, that when we are fully Healed, then that's every part of us?

**ANCIENT TRANSCRIPTS and GROWTH of HUMANITY**

Monday, 7 January 2019

Musings by John: Hello Nanna Beth

The observation is that what we, through the Pascas Papers, have been sharing is premature. That is, are we beginning the introduction of elements of the Great U-Turn and subsequently The Change too early? Are we to wait until an official starting point?

Nanna Beth: It's not a matter of whether you are or are not doing anything at the right or wrong time. You are doing it as you feel to do it, so that is the right time. And then as you progress, you're able to put it into context, so you're able to see that it is still what might be termed, preparation. And to make the point: all life is preparation for what's to come; however in the context of SI (Solid Investment) and introducing the Truths and to answer your next question, yes, there will be an official starting point, as it has also already started with there being this build up to it, which started years ago, and which in the context of the bigger picture means you have already started and are well underway. So possibly what you are trying to say is: is all that you envisage Pascas becoming actually going to happen, or is it all just what you've made up with a little help from your unseen spirit friends? And if it is going to happen, when? Which we can't tell you. You have to live either it starting or it not starting; it progressing or you putting it aside; or it being something entirely different, starting in a different way or ending in a different way. Not much help, am I?

Contrary to that, how do we start to build our team to introduce the Great U-Turn without sharing the Pascas Papers and other introductions?

Nanna Beth: Again it's what you have to wait and see. You see John, if you were meant to you would be doing it. So as you can only do what you are, so you go with that. Any concerns and worries, difficulties, of course, were you wanting to actively do your Healing, you'd use to express more of your inner conflict so as to help you understand why they are such problems, but if you don't want to live that way, then you do what you want to do and that's it.

I can't tell you what to do, when to do it or how to do it. You're to do it, not me. So my answers will avoid those details, focusing more on the feelings side of things, helping you see other basic life principles which help you live a feeling-led life as opposed to the mind one which you are wanting to live.

When you need the help, it will come. You know this, but living it I understand is hard. And as I've told you, you won't have to worry, which I know is also very difficult to understand because there are a million and one things to worry about.

People will come when they are needed. There is NOTHING more important on the world at this time than the Truths being revealed, however as to how they are taken out into the world is to be all very specific and given complete support. If humanity is to receive such Truth, it will, nothing can or will prevent it, only you'll have to wait and see how that is going to happen. So in the meantime, because you are part of helping the Truth come to light through your relationship with James and Marion, so that's what continues to be the focus.

The Truth, as in the Truths to be revealed, is also very specific. You could liken them to being needed to build your house in which you are to safely live, and yet if one of the tiniest truths is left out, your house will be flawed and compromise your safety. And there's a lot of truth being revealed, it's a big house to be built John. So there needs this time and all that goes on it, to ensure that the required Truths

all come to light. And so firstly within Marion and James for their Spirits of Truth, and then slowly moving out through your 'inner circle' and then wherever they are to go after that.

And part of what also needs to keep happening is most of the truth needs to be rejected, because you're still in a truth-rejecting Age. So when the truth-accepting new Age commences, you'll find more people receptive to it. And there's a little way to go before that begins, as the Truth also needs to be initially revealed within the untruth, so in a rejecting environment, which is all that Mary's and Jesus' age is. Which causes you your frustration. You understand the Truths as they are being presented, so can see the value of it, and you want it to go out there so other people will too, all so humanity can start dealing with its problems giving people at least a picture they can work with that's different to the one you've all been trapped in. And a picture of the way out.

However it's not up to you John, nothing you can do will make it happen sooner or later than it will. You are to play your part like we all are, including Marion and James. We're just actors and actresses in our Mother and Father's play of Creation, and things have to happen in a certain way, including the Rebellion and Default, their outworking, and then their eventual end and demise.

What I can tell you is, should it start to happen, it's not going to be a slow affair, it's going to happen very swiftly. And it might not happen how you envisage it happening John, however a vortex of 'happening energy' will be upon you, and everything that you've done up to now will work for you allowing you to deal with it. The whole Avonal Age is going to be intensely dynamic, the world is mired in the slime and yuk of thousands of years of rigid controlling beliefs and the negative behaviour that keeps them in place and which they determine. Nothing changes, despite the advent of certain 'technical advances'. All that really happens are millions upon millions of souls are conceived into the sludge so as to experience having their wills slammed into an unloving wall, and working out how to best cope in a shit system. So, introduce a good shot of light from the Truth, and like a laser cutting away the rotting flesh, the pot is going to be stirred hard and fast. And that's going to happen for the whole Age. A Spiritual Age of 1,000 years, which you can read a little about in TUB (The Urantia Book), is a very dynamic age, a massive injection of spiritual light all centred and coming from the Truth. And so because humanity is so stuck in the darkness of its untruth, the mechanism so rusted up that it barely functions, suddenly it will take off racing ahead, with many parts falling apart as they can't keep up, and with other parts enjoying the thrill of being finally set free.



*Bubble, hubble toil and trouble*

My experience of 1,000 innovators / inventors showing up in my office between the years 2000 to 2004 demonstrates how our Invisible Friends do draw people to a 'honey pot' so to speak, so I guess we will see something along those lines unfold again so that we bring together a crew or teams to launch onto the world stage.

Nanna Beth: Yes, exactly, that being something of a taste of what to expect, only the people who come will all be willing and able to work with you, so it won't just be an intellectual exercise, it will be all to get things done.



Yes, we presently feel up to being much more pro-active with folks who may become interested in comprehending what has been revealed. And, yes we do feel like getting the show rolling all be it rather slowly as it will be a pathway of discovery as we go.

On the Solid Investment front, it does appear as though Simon's solicitors / barristers will make appropriate contact with Crystal and her lawyer once Simon's solicitors / barristers know they will and are being paid. Further, the German's appear ready to make tentative contact with Crystal. The Courier with the package appears to know that she will be paid and that instructions are pending. And the Queens Counsel in London is possibly ready for contact from Crystal.

So, what are we waiting for please?

**Nanna Beth: You're waiting for the wheel to turn. Things are still slotting into place.**

James appears to be fine tuning his understandings. In this he appears to be resolving the linkages of past civilisations with what is unfolding relating to the events now occurring and the Revelations that will be introduced to all of humanity, both in the physical and in spirit.

I have often wondered why it is so that very ancient writings that Dr David R Hawkins has calibrated so highly when one would have considered previously impossible due to the perceived nature of ancient civilisations from which these writings occurred. The Christian writings do not calibrate at all strongly. Why was that possible and what are the ramifications upon the events now unfolding please?

**Nanna Beth: The calibrations are based on 'perceived truth'. Is there any, or the potential for, truth within these writings, within the civilisation, within the individual? So on the surface the writings or person might not show such truth, however the calibration shows there's potential for it. And yet that potential might not get realised, it might continue to live dormant. So you can't judge the calibrations by what you see or think you see on the surface.**

Some of the calibrations are also influenced by the person undertaking them, in that's how they perceive or wish to perceive such writings being included or deducted from the reading. However as to what extent is hard to say. Ideally you'd need to ask someone, like a young child who has no idea or interest in such things, to see what they calibrated, or someone who is very open and objective without any perceived biases.

Something like A Course in Miracles for example, within it are the seeds of much natural love truth, however to uncover, plant and then nurture those seeds would need someone doing their Healing. Which means, someone who'd be able to pick out all the truth-relevant bits and discard the rest. So the Course has potential, however it's not much good to anyone unless you want to further your untruth; which means, taking the potential truths and corrupting it into your denial. So the Course calibrates relatively highly, however that's not a true indication of how helpful spiritually it might be. As I said, it will spiritually help you move deeper into your Wrongness. And so it is with all these things in your list John, other than James' work, which really shouldn't be included in the list, it being of a different list, that which is resulting from people doing their Healing, and would need other calibration parameters.

So Nicholas calibrates high compared to other work that doesn't include the Divine Love, however as you know yourself from reading his work, it's in potential, he involves and covers a lot of what potentially might be beneficial, yet with that benefit only coming were you doing your Healing. Otherwise, it calibrates high giving it a high potential for people to use to further their Wrongness by including much of the truths associated with the Divine Love.

So do you see what I'm getting at? In so far as using David's Map of Consciousness for spiritual purposes, it needs to be taken into account as to whether it's to further your spiritual denial or helping you Heal it. So you have these calibrations reflecting relative truth potential, whilst being understood it's all within an anti-truth system. And then another list of calibrations based on the Healing, being down within the Healing or Celestial level.

**SCRIPTURES and SPIRITUAL WRITINGS** P.366 Truth vs Falsehood by David R Hawkins

Map of Consciousness (MoC) calibrations by Dr David Hawkins

Abhinavagupta (Kashmir Shaivism)	665
A Course in Miracles (workbook) (not assisted with by Jesus)	600
A Course in Miracles (textbook)	550
Aggadah	645
Apocrypha	400
Bodhidharma Zen Teachings	795
Bhagavad-Gita	910
Book of Kells	570
Book of Mormon	405
Book of Revelation (New Testament of the Bible)	70
Cloud of Unknowing	705
Dead Sea Scrolls	260
Dhammapada	840
Diamond Sutra	700
Doctrine and Covenants: Pearl of Great Price	455
Genesis (Lamsa Bible)	660
Gnostic Gospels	400
Gospel of St Luke	699
Gospel of St Thomas	660
Granth Sahib-Adi (Sikhs)	505
Heart Sutra	780
Huang-Po Teachings	960
Kabbalah	605
King James Bible (from the Greek)	475
Koran	700
Lamsa Bible (from the Aramic)	495
Lamsa Bible (minus the Old Testament and Book of Revelation, but including Genesis, Psalms, and Proverbs)	880
Lao Tsu: Teachings	610
Lotus Sutra	780
Midrath	665
New Testament (King James Version after deletion of the Book of Revelation)	790
New Testament (King James Version from the Greek)	640
Psalms (Lamsa Bible)	650
Proverbs (Lamsa Bible)	350
Ramayana	810
Rhubyat of Omar Khayyam	590
Rig Veda	705
Talmud	595
Tibetan Book of the Dead	575

Torah	550
Upanishads	970
Vedanta	595
Vedas	970
Vijnane Bhairava	635
Yoga Sutras, Ptanjah	740
Zohar	905

Note: Following calibrations done by others:

<b>Divine Love based truths</b>	calibrate over <b>1,000</b>
<b>Book of Truths (containing the Padgett Messages)</b>	<b>1,492.4</b>
<b>True Gospel Revealed anew by Jesus (Padgett Messages)</b>	<b>1,492.4</b>
<b>Revelation</b>	<b>1,490</b>
<b>Judas of Kerioth</b>	<b>1,482.1</b>
<b>The Golden Leaf</b>	<b>1,480</b>
<b>The Richard Messages</b>	<b>1,484</b>
<b>The Divine Universe</b>	<b>1,494.7</b>
<b>Celestial Soul Condition</b>	<b>1,480</b>
<b>Shining Toward Spirit Vol I, II, III</b>	<b>1,484</b>
<b>Family Reunion Afterlife Contact</b>	<b>1,486</b>
<b>Traveller, and Destiny</b>	<b>1,485</b>
<b>James Moncrief 10 major publications which reveal</b>	<b>1,490</b>
<b>Feeling Healing and with Divine Love, Soul Healing</b>	

**Only the writings of James Moncrief are free of the imposts of the Rebellion and Default. These writings contain the revelations that are to become universally embraced by Earth's humanity throughout this coming Avonal Age of 1,000 years.**

Divine Love was taught and understood by early Christianity up until the Nicaean Council 325 AD/CE:

**Christianity – Early**                      calibrations by David Hawkins

<b>First Century – “The Way” (Divine Love was understood)</b>	<b>980</b>
The Apostles	905 – 990
Gnostics	510
Prior to Council of Nicaea	840
After Council of Nicaea (325 AD)    Constantine took control	485
(Divine Love teaching are now all lost)	
<b>Roman Catholic</b>	
Papacy	570
College of Cardinals	490
Faith and Liturgy	535
Clergy	490
Jesuit Order	440
Church (worldwide)	450
<b>Roman Catholicism – calibrations of current position</b>	
As an institution in year 1900	460
As an institution in year 2004	305
Position on contraception	180
(Contraception itself calibrates at 205)	

Theological Theory on Contraception	180
Position on Clergy Paedophilia (Paedophilia itself calibrates at 135)	125

Now these calibrations can also be related to the historical observations by Dr David Hawkins:

### **Worldwide Level of Consciousness based on the Map of Consciousness**

see Power vs Force by Dr David R Hawkins

6,000 years ago	72
At the time the Vedas were written	74
At the birth of Buddha	91
prior to the conception of Jesus of Nazareth	101
After the birth of Jesus of Nazareth	147
When Christ was taken from the cross	148
At the Last Supper	150
At the death of the last apostle	182
At the birth of Charlemagne	182
In 827 AD (at the death of Charlemagne)	190
When Abraham Lincoln took office as President	190
Lincoln was shot and killed	193
1944: birth of almost 200 Homo-Spiritus children	194
1987: At the time of the Harmonic Convergence but not necessarily related to it, consciousness of humanity jumped	207
 2008: Current observation as we move forward to the apparent evolutionary jump, which will be a slow steady process	 212
4000: Towards the end of the Aquarian cycle, the average consciousness of humanity will be within this range	450-470
 During the Aquarian cycle of 2,160 years, the vast majority of humanity is anticipated to progress	

Firstly, the calibrations of ancient writings are calibrated on the line of one perfecting their mind without consideration of one's soul healing and the availability of Divine Love. Thus the ancient writings were all leading to the dead end that still left the personality restrained within the mind mansion system of worlds 1, 2, 4 and 6 and then having to recognise the Feeling Healing pathway and to return to the first of the healing worlds and progress through 3, 5 and 7 before being able to enter the Celestial Heavens with Divine Love having completed their soul healing through Feeling Healing which is now only being introduced to humanity within the physical. Is this not so?

[Nanna Beth: Yes.](#)

Secondly, are all these ancient writings indirectly or directly orchestrated by Lucifer soulmate pair through their deputies to further the Lucifers' personal objectives still taking humanity further away from our Heavenly Parents and our ultimate home in Paradise?

[Nanna Beth: Yes.](#)

Dr David Hawkins observed that the impact upon humanity through the arrival of a bestowal pair in the first century, namely Mary and Jesus, resulted in a profound overall shift in the calibration of humanity. (Nanna Beth: Which was the unseen and unknown influence of their Spirits of Truth.) The estimated population number at their time was 300 million. Hawkins' observations reveal that humanity has sat at 190 on the Map of Consciousness scale until the 1980s.

Since the 1980s the calibration for humanity overall has steadily shifted from 190 to 207, then 212, and now at this time (2019) of writing 215. The population for the world is now 8 billion, a 27 fold increase thus depleting the impact of a bestowal pair on the calibration relatively speaking compared to the 1<sup>st</sup> century as against now being the 21<sup>st</sup> century with the planet's huge population. (Nanna Beth: It depletes in the context you are suggesting, however just dealing with the 'truth-potential' it's still relevant.)

Are these 'Map of Consciousness' calibration increases for humanity overall being the direct result of the presence and progression of the bestowal pair?

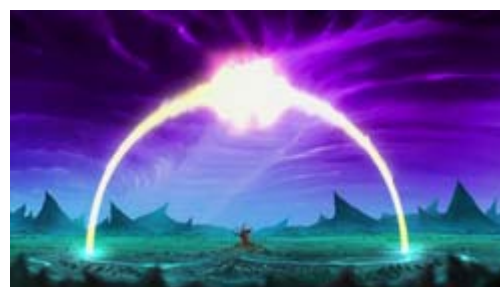
Nanna Beth: Yes. And will increase rapidly as people embrace the Truths and do, or at least understand, the need to do their Healing.

Has the Harmonic Convergence of the 1980s had anything to do with the increases of the calibrations for humanity?

Nanna Beth: Yes, as in it signifies astronomical (as in what's happening in the stars) change, which is then symbolic of the underling Creational changes (changes of light, both Truth-Light and Mind-Light) being continuously brought about to effect changes in humanity and to the Earth.

“The **Harmonic Convergence** is the name given to one of the world's first globally synchronised meditation events, which occurred on August 16–17, 1987. This event also closely coincided with an exceptional alignment of planets in the [Solar System](#). Although the event had been predicted by author [Tony Shearer](#) in his book *Lord of the Dawn* (1971), the principal organiser of the Harmonic Convergence event was [José Argüelles](#).

“Since the initiation of the Harmonic Convergence, there have been measurable increases in the energy of our planet Earth. After resonating at a base resonant frequency of 8 Hz per second for thousands of years, during which Earth has essentially been asleep, her frequency is now rising. She appears to be rising to a fundamental vibration of 13 cycles per second, as predicted by the Fibonacci series (mathematical proportions based on the Golden Mean, also called the harmonics of the universe). Accompanying this energy boost is a rapid decrease in the magnetic field that surrounds the planet. Our magnetic field has served us in the past by creating an illusion of separation and protection from energies outside ourselves. It will eventually reach zero when there will be no artificial barriers, so it is essential that we take our power individually and collectively, honouring others and ourselves in the process.”



Nanna Beth: It's not an illusion, it is what it does. And it varies in intensity, becoming weaker and stronger thereby affecting the conditions on Earth.

James, from my perspective, is fine tuning what is to be introduced publicly? This is all very new experiences and is difficult to define and articulate. With what we have to introduce is an enormous volume of information that can only increase. For most this is overwhelming. It is only through a slow start that what is introduced is refined to the salient points. For those who want to investigate further then they will have a field day!

Everything that I investigated and experienced prior to connecting up with Marion and James all appears now very relevant, as if a second was not off target for what is to unfold. Even the year or so I enjoyed investigating rocks – dimensional stone industry. I do hope that we do not have to chisel all this data onto rock faces to ensure longevity of the revelations!!!

Nanna Beth: James (and Marion) are revealing the truths needed by humanity to enable them to grow spiritually up through the seven Mansion Worlds as they do their Healing. Then once of a Celestial truth they can pick up with Mary and Jesus' Spirits of Truth. So because Marion and James are so heavily focused on the Mansion Worlds, it's more about Natural love, sorting it out and seeing why it's being lived in denial and so in an unloving, an anti Natural love way. This is their focus, so there's a lot of ground to cover, and needing to cover it relatively quickly. James bemoans the fact that it's taking so long to do his Healing, however many spirits spend many years in each of the Mansion Worlds, with only a minority being so focused and determined to approach their Healing and in a way 'fast track it' as Samantha is. She is not the norm, others will dedicate themselves to it, but few will do it so quickly. Most will start now and finish it in spirit, and over there still taking a long time relatively speaking. But time, unless you've got James' problems with having to always finish it off quickly and get to the better future, becomes less relevant as you are content to flow along doing what your soul and God is wanting you to do.

James writing out his confusions is to show in a small way, as he doesn't write it all out, what people might be able to expect, or if they find themselves in a similar situation, that it's okay and to keep going. There needs to be just enough connection for everyone to make personally with Marion and James even if they never meet them. It has to be something they live that everyone in some way can relate to, which is why it's taking them both much longer to do their Healing than it would were they only doing it for themselves.

The Healing is a massive undertaking. You have no real idea what is involved John. Really it's two hundred thousand years of change having to be condensed into the truth of how to conduct that change within a person's lifetime. It's a big ask. And it's going to keep us Celestials fully occupied for the whole Avonal Age.

From our side, with Samantha, one person doing her Healing, already there have been huge spin-offs that we've had to deal with. It doesn't affect her other than help her keep going with her Healing, however behind the scenes you have one person who is growing daily in the highest light vibration that one can grow in, the Light of Truth. This truth-light emanates from her aura. She lives surrounded by a whole nation of people emanating anti-truth, a dark life-destroying light. So what effect does her truth light of ever increasing vibration have on untruth light, and how do we work it with her so as to keep her safe and protected from the untruth? And yet she still has to go out shopping and participate in the world, so what sort of shielding do her angels give her? And then how much of the yuk do they allow to penetrate so as to keep her feeling bad so she can keep bringing to light more truth? And that's just one person.



So imagine what it's going to be like when lots of people start embracing the truth and wanting to do their Healing. And although you can't see all the subtle goings on within the auric level, they are very real and important and need to be dealt with and attended to properly. So it's a highly ordered U-Turn John, all so as to maximise that which everyone needs to experience. And everyone's experience no matter what level of truth or untruth they are on, needs to be fully supported so they can live it fully.

And so to one day have people living a Celestial level of truth on a world where other people are living the furthest you can from that deep in their untruth, it's simply unheard of John, it's never been done before, so we're all flying by the seat of our pants. And so for me to say don't worry John, it's all going to unfold smoothly, rather than it's going to be so chaotic John and you'd better get out while the going's good, I can only tell you because of how we're all going to help and how it's all to unfold from within the souls of all of us involved.



And as to why you're one of those souls John, well that's just life, it's what you've been created to do, to play your role in it as we all have. It just is how it is, and we might not like it, and we're free to complain about it, wish we weren't or we had someone better or whatever, but that's all really so we can use those feelings to further our advancement of truth. Because the one thing we can all live and know is, as it's all God's Creation, with God doing it all, and with God being perfect, so it will all perfectly happen, the perfect will be perfect, as the imperfect will be perfectly imperfect, and it can't be any other way.

Thank you Nanna Beth and cheers from John.

**Perfectly Imperfect**

Me (James): Having written that with Nanna Beth, certain thoughts came into my mind which I want to write, all along the Avonal lines. And as I assume now that anything I send concerning the Avonals is for the 'inner circle' only, so I want to try and be truer to my Avonal feelings. As you all know, I've kept the lid on it as much as possibly because the last thing I want is to be the Pied Piper, as much as no doubt you wouldn't want to be my followers, yet as Marion doesn't want to go along with it all, and you do, so I will gratefully write to you, until or unless you say otherwise. So as usual with everything I do there are the two conflicting sides, so I am going to be open to wherever the Avonal thing takes me when I'm writing to you, I will just be it, until something changes in me and I know I'm not it, and with Marion I will only say anything relevant concerning my feelings about it, as that's all she wants to talk about.

James: These last few weeks writing with you Nanna Beth I've felt more focused, as if you are taking more care with your words, or I am focused more on allowing you too, rather than having to deal with my slack mind, and it feels good. I feel more solid, more precise and wanting to be increasingly so with you so far as the truth and information about it is concerned.

Nanna Beth: It's because you're changing James and I am able to work within your mind in a more focused way. And further to what I was saying to you, I am, our soulgroup is, being stretched to its maximum capacity dealing with you. You have no idea how much you are putting us through, which we love, and want more than anything, but we are having to learn so much about all aspects of life and particularly concerning life with the Avonal Pair.

As I've told you before, you have no idea as to the strength of your light that you and Marion carry in your soul of Truth. And so being always attuned to you, causes us to always feel and be in that light, which has quite an effect upon us. Again it's hard for me to describe, however we don't have a normal Celestial life because of our personal involvement with you, we have an altered one, something that's very unusual, again something that's not happened before. Normally on a true world, you James would have little personally to do with us Celestials, you'd work almost exclusively with the Melchizedeks and the Adamic Pair, and perhaps some of the more advanced mortals whilst you were on Earth, but nothing in the capacity in which we are having to educate you about yourself through my talking regularly with you.

Ordinarily with you and Marion being true, such truth that we talk about would naturally come up within you, it being second nature, and you can feel it there within you, however you enjoy deferring to us wanting me to talk with you which helps to unite us in the Celestial spheres with you and other people on Earth, something that is also unique. And so because we Celestials are not 'programmed' to deal with this, it not being an ordinary part of our ascent through Neadon, so we're continually being moved into different areas within ourselves, exploring parts of our personality that might have been explored with time, but nothing like at the constant speed you're making us. And really it's the same for John, it's the same for everyone who comes into your personal orbit and wants to grow in truth, they will feel the intensity with you, which you are purposely withholding. But when you 'come of age' and are free to 'just be your true Avonal self' then things will get very intense for some people and us spirits.

As I've told you, all of this is new for me, I had no idea or interest in such things, and that's how it's going to be for a lot of people who find that for one reason or another they will have a lot to do with you and Marion. You will help them move into parts of themselves that they don't know are within them, all along the lines of advancing spiritually.

So the impact of your light of truth on the world is going to be huge. The world basically doesn't know what it's in for. And depending on how much you both 'come out' into the world, will determine how much of an impact you will personally have. We've been told certain things, but not much, as it's really for all of us a 'wait and see' proposition, but from what we see going on so far as all we've been asked to do in preparation along with the angels, one might think that you and Marion, or the light of your truth at least, will not remain hidden away. You might remain more aloof in your personal lives, and not moving out into the world, but that's not going to stop the light of your truth, which might seem like a nebulous thing, but it's very real and will deeply affect everyone whether they know it or not. So that's what we're preparing for.

So it's quite possible Pascas becomes a vehicle for you to do what you'll want to do in the world so far as getting the truth out, and not something that includes everything else that John has envisaged. John might find, and I'm telling you this John just to consider, not as gospel, that you want to only be involved in the dissemination of the truths you like so much coming from Marion and James. So you would be setting out to establish something not unlike a new religion, something which has a persona in the world, something people can recognise being about the New Revelation and all that involves. And something that is standing up in contradistinction to the existing systems, and not so much actively needing to show them up, but just being a competitive choice people can make. So you could even go so far as to see yourself as part of a 'band' that wants to 'promote' the Avonals and the Avonal truth. And it's not that you are going to be anything like the disciples were for Jesus, as that's not going to happen again, but that your whole being is focused on the Avonals and their Way. So they become like your 'product' that you are going to introduce to the world, all so people can come to understand just how different their view on the world and life is.



So you could imagine the Avonals ‘earthing their Truth’ where they live, and then with a small band of people they set about together building the New Way, which means, sowing the seeds for the eventual set up of what would have been what Eve and Adam did and how they lived, which really is James’ idea of creating the Sanctuaries, in which people can: do their Healing, become Celestials in flesh, as Eve and Adam were; have perfect and true children, as Eve and Adam did; and live and create the Garden of Eden, with each Sanctuary being an ‘Eden’, each one being a central and pinnacle place of human spiritual development. So these ‘Sanctuaries’ really being the ‘Living Churches’ of the world that celebrate and promote true creative expression of all involved. And there will be those people who will want to live in such ‘Edens’ and others that don’t, but who will still in their individual way or with others, bring out mini sanctuaries, even if only within their heart.



The aim is for the spiritual hierarchy of the world to be re-established through this next Age, however for people (Celestials in flesh) to take the place of the higher Daughters and Sons that ordinarily would be living on the world. And so just as we Celestials have been given the authority to ‘run the Mansion Worlds’ so it will end up being the Celestials on Earth who ‘run the world’. So power is to be progressively stripped from those who have it now, being in time given as real and true spiritual power to those who’ve ‘earned’ it by doing their Healing.

Currently, the so-called most powerful are the hidden controllers, with people like yourselves, Samantha and Marion and James being the least powerful because you can’t get a foot in the door so far as any one in ‘general humanity’ is concerned. And yet with time, the equivalent hidden controllers will be the least powerful, with those of a Celestial level of truth in flesh being the most powerful, a reasserting of the natural spiritual laws and ways of truth.

So part of what you have been preparing yourself for John, is to have this wide ranging connection with James on all the issues that constitute the functioning of the world, with the notion of how would you change or establish similar or new systems to support a complete change in the power structure of the world. And it’s not that you have to do it all John, it’s just that Pascas and all you do with James will sow the seeds, set the ball in motion so to speak.

So into a world of darkness, as I was saying earlier concerning Samantha, and in a smaller way it includes you and everyone else who takes it on, on the mind level, is coming this higher vibration of light, both on Earth and in the mind Mansion Worlds because they will invariably be affected by what happens on Earth. And that spiritual light of truth is going to grow, and in two ways. One coming from yourselves as you grow in greater understanding about it all and with people who do their Healing, and then directly from Marion and James. And when Marion and James do really start, they are going to become empowered in their light very fast and to quite an extreme degree, so far as how they’ll relate to the darkness of the world. So this increasing piercing light will start to ‘brighten’ the world, which is going to eventually wipe away all the darkness. And for that wiping away to occur it means people will have to change, or move on leaving the world for the lower hells and Earth planes, which will also become increasingly under the spotlight.

So a light is going to be shone into the darkness, and it will increase until one day the light is shining so bright there is no longer any darkness, so really the beginning of your Great U-Turn is turning that light on, and then starting to turn back the dimmer switch which currently is on full, thereby shedding light on all the wrongness, error, untruth, sin and evil, all the rotten stuff, purging it, clearing it away, and even quite forcibly if people resist. And all being done behind the scenes, subtly, and without anyone being the wiser unless they know what is going on.



So we, like you, are waiting for Marion and James to begin, and then to see how they will manifest the light of their truth. And we anticipate it's going to be quite a show. They are both very capable of putting on a good show, having grown up with 'show putting on mothers', yet as to what a spiritual show might look like, and an Avonal one at that, well that's what we're all waiting to see.

So the show will begin, and it will literally be the Greatest Show On Earth, and yet for most people they'll not know until they do their Healing when they come into spirit, just what it was all about.

As James is allowing us to, so we intend to be more forthcoming with the Avonal side of things, helping to build a picture for you to understand, and helping clarify it more for James.



And as to whether or not we're leading you astray in all of this, well that is what you all have to work out for yourselves, and as you know, time will tell, because the only certainty you can live by is that sooner or later you'll die.

So I will leave you with that sobering note, nothing is easy yet, it all has to be still mucked up and confused and full of doubts, because that's how this age is against the truth. And yet you move forward through your feelings, you keep going, and that's all you can do.

I'll speak to you soon, love Nanna Beth.



**SOLID INVESTMENT SAGA is in DISARRAY**

Tuesday, 8 January 2019

Joe's information was very contradictory and distressful. The dialogue was not with Helen but someone (male) presenting in a manner purporting to be many levels higher than Helen. What we are doing, we are going to change the world – yet humanity has self-determination. The sad thing is that our courier is dead, an assassin cut her throat when they were in bed. The delays with the delivery of the package is holding up Michael Richards baronship. Reynolds does not have enough information, he has written many letters for Doug but not sent them. Kohler is still to get Merkel into reality. Allies are trying to get her in time before this blows up. Merkel won't respond – she is in some fantasy world. The general prosecutor's office, the Finance Ministry, the Justice Ministry are all investigating but are all held up. All politicians lie more than others – like Obama and Clinton. Simon and Reynolds are not ready to 'get the job' done. A third party is to show up who knows all about this saga and us and will assist. The male personality was giving Crystal a lecture so to speak!

**COURIER SUBSEQUENTLY FOUND ASSASINATED**

Wednesday, 9 January 2019

John: Hello Nanna Beth, can you help me out please?

Is Courier Anna alive? Is she physically well and vibrant? If not, what happened to her please?

Nanna Beth: She's alive, well, alluring and vibrant as usual John. She's waiting to hear what she's to do next. She's given up being perplexed by 'how they do things'. She doesn't care, she gets paid well and loves doing whatever is asked of her.

James: Is she going to get on with the delivery or is that over and done with?

Nanna Beth: She's going to take more steps into taking control herself. She wants to know more about what it is all about, and does want to complete it so it can end. I can't tell you if that end concerns Crystal getting what she wants, but Anna is going to do her best to see what can be done.

John: A couple of hours ago, Joe connected with a male personality that came across as someone with much higher status than Helen. Who or what was taking place in the communications between Joe and the entity and with Crystal? What Joe conveyed for and to Crystal was very contradictory. Can you kindly comment so that we can consider how to proceed please?

cheers John

sorry James for dumping this on you – jd

Nanna Beth: It was a mind spirit Helen allowed to come in so as to give you and Crystal the experience of him, so as to help Crystal feel more about her relationship with Joe. It's coming to an end, so how does she deal with him? It's becoming too much for him, working with all the light which he's not spiritually capable of doing. It's all becoming too much so there are these odd things happening with him and between them. If Crystal allows her feelings to guide her, she'll know which bits she wants to keep and which to ignore, and when to close the door on it if she feels it's all getting too hard. However, as with all these things, there's always more to it on a personal level, she and Joe having shared a lot, so it's not just a straightforward impersonal business type decision, so it's evolving, Helen who's playing her part to satisfy the needs of each person.

Nanna Beth: I will divert here John because James has asked me a question, and I will if I can explain it, as it's very important and vital to his spiritual understanding of the truth he's to see, and it's not directly related to you, Crystal, Joe and SI.

### **RIVER of FEELING LIFE**

Ideally, life is designed to be lived, as you are coming to understand, all from your feelings with them helping you to see / feel the truth about yourself, so the truth of every situation. And with that truth, being how we ascend to Paradise. So using Crystal as the example here with Joe, on her soul level these experiences with Joe are happening so in theory for Crystal to use them to go with all the feelings that come up, expressing them all and seeing what truth about herself, life and God they bring up for her, which would also include her doing her Healing.

So the things keep happening in her life to provide in potential all the truth she'd need to ascend. However as she and everyone on Earth doesn't want to live that way, you all having been taught that's not how you live life, with you living with your mind in control instead of your feelings, so you don't use all the experiences you have to go into your feelings and bring their light to the surface. So you wonder why all these things happen to you that don't really make sense. And all because you're out of sync with your soul.

So on a soul level Crystal needs Joe breaking down because ideally that would give rise to masses of bad feelings for her to go into and explore and seek the truth of. But as she doesn't want to do that just concentrating exclusively on her Healing, so it's just about the bother of Joe, he no longer being right, so what does she do: persevere or end it? So it's just a mind decision, which has feelings still driving it, but the mind is in control. And so let's say she ends it with Joe, and moves on to whatever comes next, then she's denied herself all those feelings of wrestling it out with Joe, all the masses of bad feelings that would come up giving her lots of opportunities to go deeper into herself bringing her truth out into life for her to live.

So can you see, there are two ways to live life; one with the mind in control, and the other with your feelings leading you. And the mind side is far more impersonal and it's all just business, and you make impersonal decisions about things yet denying all the truth the feelings you are denying would give you.

So everyone who lives the mind life believing they are organising it, lives by missing out on all the truth they would have gained from each experience. So utilising the potential of each experience to a minor degree, which is why you all feel so unfulfilled and dissatisfied with life and mostly not having a clue as to why anything happens. Whereas if you were living true to your feelings, then you'd be able to see how things happen so as to give you the feelings you need to reveal the truth to you, with life then making sense to you.

So it wouldn't be about, should you fire Joe or not, ending the relationship because it's obvious that it's not working and thereby moving onto the next 'Joe' who can help you get done what you want to do, it would be about going with Joe, another feeling human being, understanding that as things get difficult so more bad feelings are going to come up, all of which give you more opportunities to do more of your Healing, to liberate more of your repressed childhood stuff and see the truth of why your relationship is difficult. With the end result being, not, whether or not you end the relationship with Joe, understanding that if that's to occur it will naturally happen, but to see what truth you gain through all the different aspects of interacting together.

So in this context with Joe, Helen and myself have to play our roles in helping to provide you with the necessary experiences your soul requires. So Helen allowed this other male spirit in to pretend he is of higher authority and knows what to do and wants to take over and all the rest, all because Crystal's soul needed this man (who on deeper levels represents someone in her early life who caused her to feel the same feelings) to stir up bad feelings that she could use to gain more truth. And yet if she doesn't want to do that, then she uses her mind to deny herself these bad feelings, and more importantly, to continue denying herself the truth she should be seeing and growing in each day.

So she is faced with the question, does she want to grow in truth through her feelings and it's not about what happens to SI but the experiences along the way; or, does she want to push on putting all her energy and mind into resolving SI, yet at the expense of her feelings and the truth they would see for her. And I want to add, Crystal, I am not saying this as any sort of judgement of you, I'm just using you as an example. You are free to live either way, and really would only want to do your Healing should you feel you wanted to, and not because you believed or thought it's the right thing to do because of what I or James or anyone else says.

So Helen and I find ourselves in a difficult position with you. It's far easier for us to deal with people who are doing their Healing because all we need do is support them in that like with Samantha. Whereas when you John ask us specific mind-questions and want answers on the mind level, then we have to work in that 'mode' which we've healed and hate and really never want to have anything to do with again. But as we've healed that hatred and all associated with it, so we try and do our best for you relating just on the mind level and not worrying about trying to help you go deeper into your feelings, seeking their truth.

But as the soul is running everything, so we can't just block it out and work mind to mind, which is why all the other things in life keep happening to you to screw up your mind to mind way of living. So Crystal in her state naturally might want to know from us about whether or not she can continue working with and trusting Joe, or by how much, or should she just end it altogether, and then how you do that without offending him, and so, and all the rest that you have to deal with. All of which is stuff that causes unpleasant feelings that you should use to uncover the truth of why you have these feelings, but which you block out and just get to the point where so often it becomes ugly as the mind-based relationship fails.

So life works like it's a deep river flowing along its defined courses. And if you live in the feelings of it, you'll move through all the depths as required, feeling what you will, and bringing to light all the truth that God and your soul wants you to see. And if you continue to live denying this way of living, living in and with your mind in the lead, so you move along in the shallow surface waters of your river never going deeper unless some traumatic experience

## River of Feeling Life



forces you under for a while and until such time as you can sort yourself out, get better and resume your superficial life.

So to conclude James, the flow of your river is always happening being brought about by your soul. And if you were living the right way, so your feelings would lead you into revealing the truth of yourself to yourself. But because you live denying this and so focused in your mind, it's not that your river changes into it being just one of your mind, which many people believe it does and try to force through most of the mind controlling religions and ways of being, but it's just that you fail to connect with the deeper aspects of yourself and what's really going on. The River of Feeling Life is always flowing, and you'll continue to miss out on the full depth and breadth of it until you start to do your Healing and end your mind control. However it all sounds all very nice, and yet who wants to be continually dragged down to the bottom of their river, there to be crushed mercilessly into the hard bottom of it, or mired in all the mud and yuk feeling trapped and with no way to get out of it, all so you can keep feeling all those layers of bad feelings, all seven Mansion Worlds worth of them, all to reveal the truths of your unloving state?

YUK

James: Wow Nanna Beth, what a great picture and insight that explains so much I've wondered about yet hadn't been able to put in place. Thank you, I get it now, and I understand how we can live rebelliously against the truth through our mind, and that life, as we'd have lived it were we normal, is all going on concerning the truths that would come from it, whilst we live denying those feelings and so the truth. And so if we were true, we'd have lived a different life, yet our soul would have still given us the experiences – the feelings – required for us to uncover the truth as we needed to grow and evolve.

Nanna Beth: So in a theoretical way, you could say that if you lived a true life and untrue life simultaneously, those lives would be very different, yet at 6.45pm on Wednesday, 9 January 2019 you had experiences that gave rise to certain feelings, which you either used to uncover the truth and further your ascension in your true life, or which you denied their expression in your untrue life thereby further postponing and denying your ascension. This is not actually how it is, but it illustrates more of what I'm trying to convey to you.

James: I understand that, and I see what you mean. Yes, lots of room to muck around in running the two realities in my mind.

Nanna Beth: Getting back to Joe and Crystal, on a mind level I'd coldly say end it, it's only going to cause you more difficulties and you have enough of them to cope with. However then you worry that you'll be losing a major source of insight that has served you so well. But then you know nothing is forever and things change, and at any time Joe might stop doing it for whatever the reason – he might even die.

And then by ending it, even though you might think nothing will replace Joe, if it's meant to keep going so as to help you progress with SI, something else will come up, that being as you know is how life is. And it has to come up if it's part of what your soul wants because you have to keep having the experiences you either uncover the truth of or deny the truth of.

And all these contradictions are designed to help you Crystal and you too John, to work out more with your mind in which direction you want to go and what is important to you. So there's nothing like a few obstacles to help you change course or to sharpen the mind into seeing things that you are missing.

So how can you proceed is: by trying to take action yourself, you taking control when you decide to do it, and the more you and Crystal can talk about it all the easier that step to take will become; or you just keep going doing the best you can with Joe until you're forced into a dead end, or into a corner and you have to act because you can't bear it anymore or it's just not working; or it's all taken out of your hands altogether. Which is about how you know life to be.

And really it's not our place to say what you should do. And there are lots in this that James is working through concerning taking the lead, or wanting others to do so. So does he allow me to tell you what to do, which then he worries (because of his pattern that disallowed him being able to assert himself and take control) will make you hate and reject him if what he / I says turns out to be the worst thing you could have done. And as he wasn't allowed to acknowledge the other person in that they are separate from him and can take what he says, act on it or not, and it works or fails, yet without blaming him because they've taken responsibility for it all, not just doing what James says, but assimilating all that comes into them including what I and James say, and working out for themselves what they want to do.

I can also add, it's all going to change John, everything how it's been. I can't tell you how, but it's all coming to an end, as you can see anyway, and for you all, and in lots of different ways. A new phase is going to open up, taking you further, so this with Joe and this other male spirit is all part of that disruption.

James: Having talked it through with Marion about the soul and our feelings, it is what we already know, however Nanna Beth's analogy of the river has centred the picture of understanding for me. And I can see that we're in the River of Life with our Mother and Father carrying us along, we just have to submit willingly to it because we're fighting against Them, effectively saying it's not meant to flow this way but that way, so we dam it up and divert it, all in our mind's fantasy, as really we can't change it at all, the course being set at our creation.

And that by looking to our feelings, we are not so concerned about where the river is taking us, we know it's to Paradise, and we're simply to enjoy all the feelings along the way, which would be all very well if all those feelings were good, happy and loving ones.

And within the flow, our feeling causes us to act and we swim this way and that, diving down and coming up, all giving us the feelings God wants us to have, all giving us the truth of ourselves.

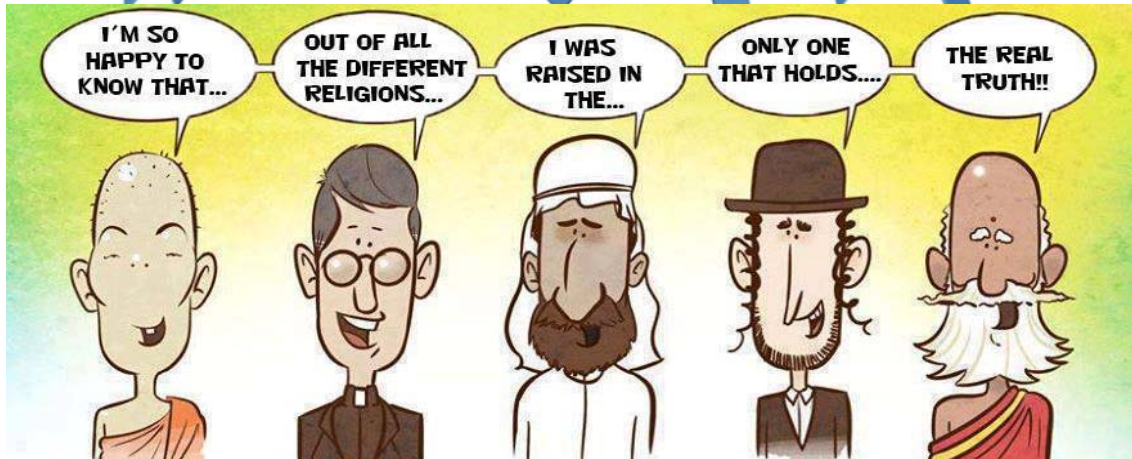
And yet we live denying all of this, living struggling to keep our head above water, above all our yukky feelings, scared to death of drowning and swamped by them, when really there is nothing to fear, because it's our river – it's ourself, we are the river, and so what's there to be scared of about yourself? We only fear ourselves because we were made to fear our own river, you can't just be in it delighting in where it takes you in life; no, we have to learn how to swim so we don't drown, all to help us deludedly believe we're in control.



**FOR 200,000 years ALL SCRIPTURES are the WORK of the REBELLIOUS LANONANDEKS:**

The rebellious Lanonandeks from within our local universe are these soulmate pairs:

**THE EVIL ONES**



The further one goes into the study or practices of any of the religions of man, the further one is going into one's Wrongness. If a theologian can preserve a smidgen of childness, the better chance he can have of healing their Wrongness. (Aquinas is said to have repudiated his voluminous work on his deathbed.) All is not hopeless, even for popes, cardinals, bishops, even Jesuits – the most challenged clergy of any of the faiths, provided they want to do their Feeling Healing.

The more childlike in your feelings when embracing your feeling healing, the truer to your feelings you'll become, and the easier it will be to move away from mind domination. Thus, being on the pathway to Truth, we can choose now to live Feelings First commencing our healing with Divine Love. Doing it as individuals, or with a partner – with like-minded folk, creating and living within a Sanctuary-like Eden, life style as a Diaspora – River of Feeling Life!

Bishop Brian Iverach 10 Jan 2019





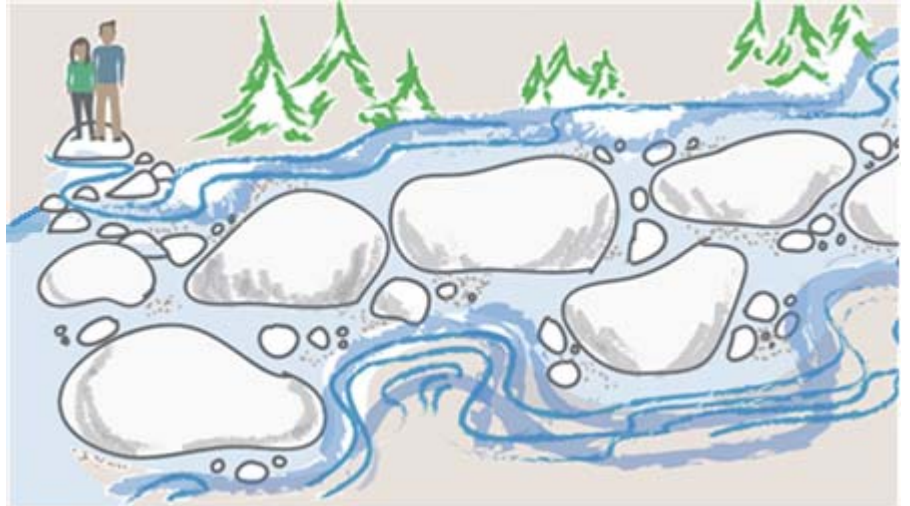
**WRONG DIRECTION GUIDANCE of 200,000 years will be PAINFUL to SET ASIDE:**

Nanna Beth – 3<sup>rd</sup> Celestial Heaven – 9 January 2019:

“As the soul is running everything, so we can’t just block it out and work mind to mind, which is why all the other things in life keep happening to you to screw up your mind to mind way of living. All of which is stuff that causes unpleasant feelings that you should use to uncover the truth of why you have these feelings, but which you block out and just get to the point where so often it becomes ugly as the mind-based relationship fails.”

## River of Feeling Life

“So life works like it’s a deep river flowing along its defined courses. And if you live in the feelings of it, you’ll move through all the depths as required, feeling what you will, and bringing to light all the truth that God and your soul wants you to see. And if you continue to live denying this way of living, living in and with your mind in the lead, so you move along in the shallow surface waters of your river never going deeper unless some traumatic experience forces you under for a while and until such time as you can sort yourself out, get better and resume your superficial life.”



“The flow of your river is always happening being brought about by your soul. And if you were living the right way, so your feelings would lead you into ever revealing the truth of yourself to yourself. But because you live denying this and so focused in your mind, it’s not that your river changes into it being just one of your mind, which many people believe it does and try to force through most of the mind controlling religions and ways of being, but it’s just that you fail to connect with the deeper aspects of yourself and what’s really going on. The River of Feeling Life is always flowing, and you’ll continue to miss out on the full depth and breadth of it until you start to do your Healing and end your mind control. However it all sounds all very nice, and yet who wants to be continually dragged down to the bottom of their river, there to be crushed mercilessly into the hard bottom of it, or mired in all the mud and yuk feeling trapped and with no way to get out of it, all so you can keep feeling all those layers of bad feelings, all seven Mansion Worlds worth of them, all to reveal the truths of your unloving state?”

yuk

We have been unceasingly directed to live a life going in the wrong direction. This was imposed upon naïve humanity by Earth’s spiritual guidance headed by Lucifer. All of the religious groupings on Earth have embraced the Lucifer imposed guidance in the form of ancient texts, scriptures, dogmas, creeds, rituals, cannon laws, etc. – there are NO exceptions. The 4,200 mainstream religions with their many offshoots, maybe as many as 50,000, all have their special interpretation of how humanity is to go in the wrong direction. This is enforced by parents, then schooling systems, mirrored by employers and then reinforced by governments – all directing us to go in the wrong direction. We now have revealed to us to how to go in the right direction through Feeling Healing and it is a painful process to engage in so as to finally discover and reveal our true personality by peeling off the façade we each have embraced and live. Living Feelings First is our way home to Paradise, the home of our Heavenly Mother and Father.

# river of feeling life



In a way each person's Indwelling Spirit, which is really God, is contracting out the work needed to be done with you to other agencies, so to us spirits, the angels, the nature spirits, other elements under the Divine Minister's control, even other non-humanity spirits, all of which end up doing increasingly more amounts of what your Indwelling Spirit does. And this 'out sourcing' is to affect greater personality interaction, increasing your experiences so they are maximised through interaction with different personalities rather than just relying solely on God. We are overall to become increasingly at-one with God, but we are to do that by becoming increasingly immersed in the experience of being with others.

Nanna Beth – 3<sup>rd</sup> Celestial Heaven: 25 December 2018

**COURIER ANNA is DEAD**

Monday, 14 January 2019

James: Hello Helen and Nanna Beth, John has asked me to speak with you Helen because Joe maintains Anna is dead coming to a horrible end. And with Nanna Beth saying that wasn't so last week, what is this all about? Am I no good at this? I feel bad and sorry for accusing Joe of losing the plot about it when it now seems he's more on the plot than ever, so who am I to keep going with all of this when I might be influencing you spirits; or, as usual, you are not even who I think you are?

And I know what you're going to say, and that all makes me feel even more mad, which I also know is how I am, so it's just all in keeping with how fucked I am and my fucked patterns. Which then makes me think: why bother; and why involve others with all my shit? And then I counter that as, well why not, we're all fucked, so let's see where it all ends, if it is ever going to end. So what do you say now, what's the latest in this appropriately named Saga?

Helen: I will speak to you James as John has specifically asked that I do. We understand your frustration, and as you understand, part of our role is to keep causing it for you, all so you feel the madness of the state you're in, all to help you move this way and that, bringing to light the necessary feelings you're to feel, all of which are slowly helping you uncover the truth of your unloving state.

So bearing that in mind, we worked a number on you with Nanna Beth denying Joe, when Joe was right, and we apologise for that, however it was necessary for you all to shift in your focus as you did, and with that done, then we're back to how it is. And this is how life is for you all, it was how it was for us, whilst we're in an untrue state, things don't and can't go along in a straightforward way. So again it's part of the mystery and demented state that you're having to live through.

It's right that Joe is not suited to working with the higher spirits, and his having that experience with that man spirit served to help keep him focused on the physical. And it then helps you, Crystal and John to further question everything, which is going to lead you all into the next phase.

Anna is as Joe said, dead, having been murdered, and there is now another courier being organised to take her place. As to why she was killed was because she started asking too many questions which the controllers suspected meant the information she had gleaned from being involved with them she could use to compromise them in the future, so she was what had become another loose end that needed to be dealt with.

James: But why Helen carry on this whole charade about a courier and the package and even the money ever coming, why not just say it's all bullshit and nothing is going to happen?

Helen: Because it's not as simple as that James, there's too many other things at stake in it. All of which personally for you, involves you working your way into understanding how you were stopped from expressing your feelings, why you were, and how you have kept that suppression up all these years. And that is fundamental to your connection with the Rebellion and Default. And it's all about working you deeper into seeing your disconnection, which is having to deal with the Rebellion and Default in the reality of your daily life. And so all of this with John and Crystal is real and needs to be worked through with your involvement in it on your side being what you need to help you bring to light all the truth of your unloving, un-expressive, disconnected to your feelings, state. And a big part of that involves us, Nanna Beth and I, and Joe, and the other spirits involved. This all being part of your connection and then disconnection with the psychic levels of life you are having to deal with, that being, your connection with spirits and other spirit personalities and how true is that and how disconnected are you in it? So it's all part of the whole. And neither can you give it up like all your compulsions, as can

we tell you that it's all bullshit. Because even if there is no actual money and reality to any of it, still there is a valuable reality of sorts in the fantasy of it. So life, because your mind has been so distorted, functions for you on these multiple levels, all of which you're having to deal with. Marion is far more prosaic, centred and connected to her feelings, having no difficulty expressing them and so no involvement in the psychic and fantasy levels of mind function, whereas mostly that's all you are involved in, having very little connection with everyday practical life.

James: It's true what you're saying, which is mad in itself, because I being a Taurus should be grounded, earthed, and very connected to the practical. And I look after the money, do the shopping, cooking and cleaning (the barest amount of it mind you), all the day to day practical things, yet on the emotional, mental and spiritual levels, I am off with the pixies, literally talking to Verna and yourselves, with most of my day off in the psychic levels feeling very unearthed. Whereas Marion is so down to earth and straightforward, practical, having everything under control as to how she wants it on the smallest level, and yet she's a Pisces totally at sea and free in the flow of her feelings and their self-expression.

Helen: You need to be earthed, as in being able to 'earth' all the psychic stuff, which means, working with it, being consumed by it, yet not allowing it to take you away becoming lost in the fantasy of it. So you are always questioning it, like now with me, trying to work out what's really going on, and not just floating off making up stuff about it. You are 'earthing' the whole psychic side of it, which is why you love writing with us and having us in your life, whereas Marion is not interested in it and has no need for it, being completely happy with herself and her feelings.

So you will keep working with Crystal, Joe and John in whatever capacity that you want, and we will keep working with them too because there is a lot to all we are doing together.

James: Okay, so where do John, Joe and Crystal go from here?

Helen: We are nurturing Joe along. He is finding it more difficult, it's more wearing, and he's being asked to go further with it all the time. So we need to be sensitive to him and what he wants to do and what he can do. And with Crystal it's all still part of her preparation for what's to come, helping her forge within herself a strength that she will need, so part of this latest hiccup with Joe and her feeling so angry and frustrated and working through all of that is part of her growing and changing within herself in readiness for when the door does open. And for John it's to continue to help him negotiate his way through with you and Crystal as he increases his understanding and awareness of exactly what he's getting himself into. For even though most of it might on the surface feel like it's been his doing, still the reality is he is having to keep choosing to continue with it, he has to keep moving along with the increased light that is coming from his involvement with you and with the drama with Crystal and SI (Solid Investment). And it's all very stressful for you all in your different ways. And it really is, it's not to be taken lightly, and the altered realities you are all having to deal with is not everyone's cup of tea or what they'd want to do in life.

I can tell you more about SI, which will help lead you all into the next phase – more fun and games.

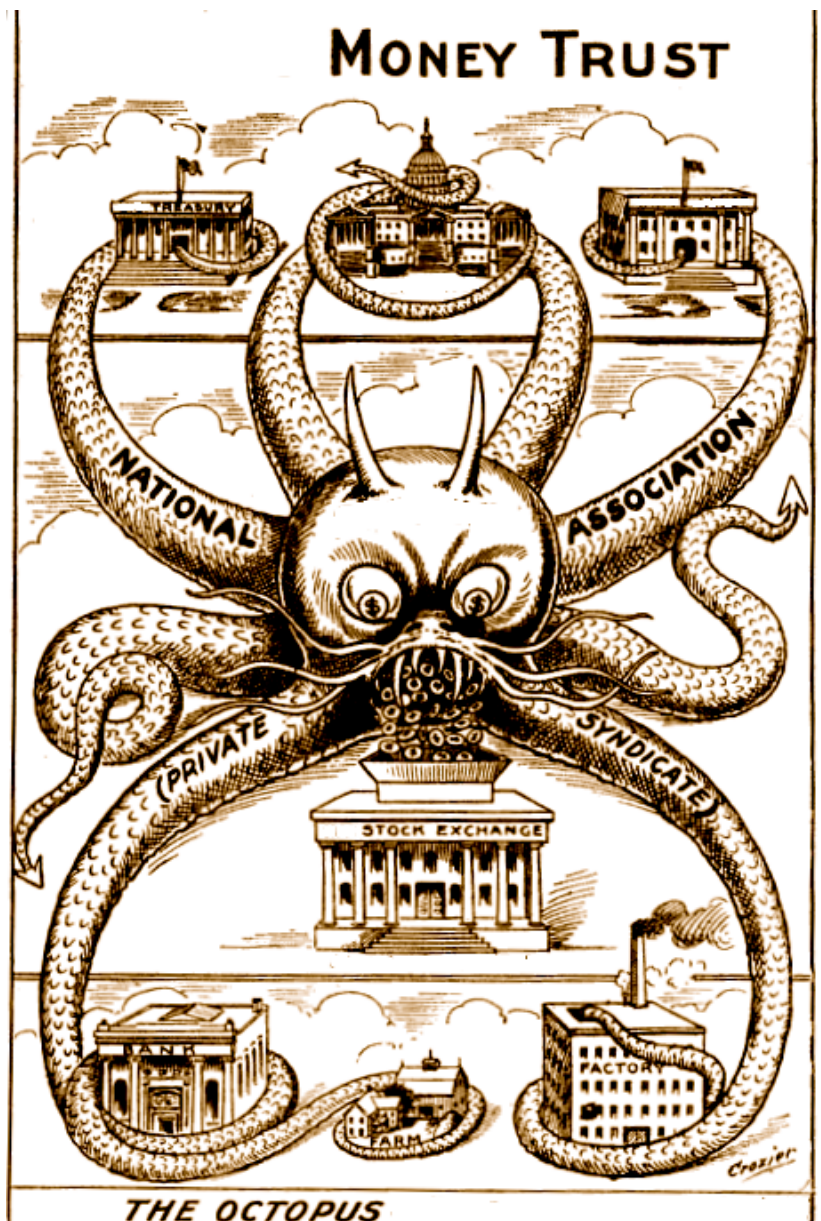
A new courier will be sent out which Joe will find shortly. And then more pressure is being brought to bear on the Germans which will lead to more weird goings on, yet they are all steps in the right direction. Joe will be able to tune in on all the details so I will just talk generally with you.

**Trump and Putin** who are allies of a sort, are working strongly in their push to derail the so-called Deep State. They want to unhook their countries from its control, and start to show up many of its

controlling arms, a lot of which involves the Germans, French and British. And they need to do this so as to lead them deeper into being able to deal with the hidden controllers who are orchestrating the Deep State. And part of the difficulty they have is, they too are hooked up in some aspects of the Deep State because it's all pervasive and has been running so much of corrupt government of the world for so long. It's like a giant octopus with many tentacles and it's taking time to isolate and deal with enough of them to afford themselves the greater traction they'll need to push deeper into the heart of the beast. But they are getting there. They are well protected and the Deep State has become so big and complacent that it's not been able to fully counter them, not even understanding that people like Trump and Putin, although part of the elite, hate these people and corporations that make up the Deep State. The Trumps and Putins of the world do actually want peace and for everyone to have a prosperous and happy life, and there are, and have been growing in number, a greater amount of these people who are well connected and able to work within the Deep State playing it at its own game. And we're supporting them, whilst at the same time working to ensure the more selfish and greedy power controllers fulfil their rebellion requirements. So Armageddon is still on the cards, it being the clash between these two sides for control of the world, and with the lessening of power of the real hidden controllers behind it all.

And SI is tied up in it all. There are those Deep State elements using it for their own gain, there are others on Trump and Putin's side who want what John and Crystal want, and then there are the hidden controllers working out what they want to do with it as well. And it's not as fixed as it might seem, the energy of the world is changing, and everyone on these higher controlling elite levels is feeling it as it is being borne out by the growing rebellion against the Deep State by the people and the likes of Trump and Putin.

So the stakes are very high, yet the outcome is inevitable because the whole lot is going to roll over, but in such a way so as to limit the destruction. We're working to effect more of a transition, to new ways of thinking about the world, new relationships between countries; the world is dying and it's not from global warming, that's all Deep State rubbish to generate the control over the systems they were after, but such mentality becomes stuck in place and takes a long time to change, but it's breaking down being shown up for the lies that it is, this happening in Europe and England and in certain parts of America the most.



The controlling American Deep State are the real criminals in it promoting and manipulating every aspect of the world, every political system in every country to suit their purposes. The Europeans have believed all the bullshit allowing themselves to be manipulated by the Americans because they generally have believed that globalisation would be a good thing, whereas the controlling Americans know it's only good if they control it. The Chinese don't have a clue, and are destroying themselves from within. They are poisoning themselves on all levels. Their mental doctrine is going to start falling apart soon as people start rebelling against being so mind controlled. The forces of the world are gathering to throw off such control, people are wanting to feel freer and want to have a say that does count, not just be told what is good and right for them, which never works out that way. The Russians are working their own agenda within it, shoring up their country for any possible collapse they can envisage happening, from a Pole Shift, to a financial Armageddon, to a moral and spiritual one of the West, they being the only country who is able to see the bigger picture and prepare for it. There are then other minor countries that are siding with all the various factions but really they don't have a say in the overall changes, they having to go along with whatever direction they are dragged.

And you understand James, you, John and Crystal are all linked on the varying levels, and then you are all linked into what's happening in the world, and then we Celestials are linked to you and it all too. So it's all still unfolding in accordance with the Melchizedek plans, for they are the real, behind the scenes controllers, but as you understand, all having to comply with the remaining time of Mary and Jesus' age, bringing that untruth to fulfilment, as well as preparing for the New Age.

So the mechanism is failing, and new systems will need to be put in place. And there will come the much longed for opening when you, John and Crystal will get what you're waiting for. However still we can't tell you when or how this will happen. So you'll keep going following the leads that are given to you.

It's a huge undertaking, wrestling control away from the people who've been in control of the world doing the Evil One's bidding for so long. So it's taking time. But it is happening. And that is all I can tell you for now.

James: Okay, well thank you Helen, and really nothing has changed, at least your story to me has been consistent. Oh yes, John was wanting to know if your father died after the first or second world war?



**There are only seven countries in the World without a Rothschild owned Central Bank!**

Helen: It was after the first. He was trying to prevent the second in his small way, as he saw what was going to happen, so those people not wanting him to disrupt their plans did away with him.

I will help Joe through his 'spirit handlers'; he actually has other spirits that oversee his 'seeing abilities', as dealing with me in person is too difficult at times for him. However like all these things, he has his up and down times. Anna is sorting out her change of life, when it comes as a shock to suddenly end your life it can take some time for adjustment. She had worried that she might be in danger, however her fears were allayed by her 'friend' who turned against her.

Should John want to speak to me again, just ask, otherwise we'll leave it to you and Nanna Beth. Goodbye James. Helen.

## **WE NEED TO LIVE TRUE TO ALL THOSE BAD FEELINGS**

Monday, 14 January 2019

James: I'm adding this here, even though unrelated to the above, it's something Marion is saying that's relevant to our mad state.

Giving into our compulsions and addictions.

We believe these things are wrong and we should do all we can to stop doing them, which some of us can, and most of us can't. Whereas for Marion, it's the other way round.

She said we're trying to stop doing all the bad things that make us feel really bad, which is really a waste of time and is what we should stop doing, allowing us to be how we really are by feeling all the bad feelings we have.

She reckons that our trying to stop our addiction is our falsely believing that if we can do it, we'll feel good, and like how we usually feel, stable and relatively happy when we are not doing the bad thing. And that in fact we shouldn't do this, we should even go so far as **allowing ourselves to have our addictions and compulsions by doing them as we need to, allowing ourselves to feel as bad doing those things makes us feel, which is really then being our true selves, the true bad-feeling state that we're in.**

And that we need to live true to all those bad feelings, all the ones we're doing the best we can to avoid by wrongly believing we should stop doing our addictions and compulsive behaviour so as to stop making ourselves feel bad. But in this so-called better state, when we believe we're better and not bad, we even feeling more stable and under control, is actually being untrue and false.

We were taught it's wrong to cry, so we do all we can not to cry, yet when we cry that's good because then we're in our true state feeling and expressing all the bad feelings we are feeling. Whereas in our untrue not crying false state, we're having to keep suppressed all those bad feelings, that which is the real us, the us we feel feeling so unloved and badly treated by our parents and those who are making us cry. So the crying is not the bad thing, the crying is good, it's expressing our bad feelings of feeling unloved, and that's what our life is, that is us in it being true to it, and not in our untrue contrived way of not crying that we've been made to believe is the right way.

So we find in our Healing that our compulsions and addictions are not going away, and we are at war with them, we believe they are bad because they make us feel bad once we've done them and felt momentarily good. We yearn to eat the chocolate to stop ourselves feeling the truly bad feelings of our

true bad state, and when we eat them we're believe wrongly that we're feeling better, no longer feeling bad and that is how we should always feel. Then afterwards we crash again feeling bad having stuffed ourselves, yet again, however really these bad feelings are the truth of us and we shouldn't be trying to avoid them. So if anything, we should keep eating the chocolate to make ourselves feel worse afterwards thereby getting more in touch with how we really feel, that which is being our true selves, our true fucked up bad-feeling, unloving, self-hating selves our parents have made us become.

So we're to become true, which means, true to our unloving state, so we should keep eating the chocolate knowing it's **helping us get more in touch with our untrue state**. And we should also keep expressing the war within us, because it too is part of our untrue state, always telling ourselves off for doing this thing that we believe is wrong and is hurting ourselves and we shouldn't do.

It's all so hard, the continual inner wrestle, yet slowly we are living truer to our feelings, so all our bad ones, which is what we have to do in our Healing. And then hopefully when we're completely true to our fucked state, feeling all its making us feel, which is all we do and have always felt, then HOPEFULLY I say again, God will end it for us?

So even though I feel stuffed full and so fat, I am going to have yet more Aldi (supermarket chain) wavers to feel monetarily good, knowing that five minutes later I'll feel even worse, feeling even more stuffed. And the temptation is to beat myself up for being bad eating more when I don't need to eat it, which is mum and dad yelling at me for eating what I shouldn't; and fuck them, I'm going to have the nice pleasurable thing that is my sad attempt at trying to make myself feel good, happy and loved, which being a forlorn and useless hope to carry on the pretence of feeling okay and good, as the love never comes because it never did, means I will then feel like shit again, which I know is how I really do feel, how I've always felt, how they made me feel and how I have to keep making myself feel, taking over from them because I am trying to become true, which is true to my fucked-up state, because my programming is all round the wrong way.

We think becoming true means true to our perfect self being in a perfectly loving, happy and all-accepting state, which is right when we are Celestial, Healed, and truly loving, happy and all-accepting. But as we're not it, so we have to become true to our fucked state, stopping all the bullshit, delusion and falseness we're putting on by covering it up pretending to ourselves and the world that we aren't that way. So we have to become what we are: truly untrue, before we have any hope of being truly true. We have to become accepting of being untrue and fucked state, no longer running away from it, allowing ourselves to be as miserable, shitty and fucked off as we do, feeling as depressed and unloved, feeling as bad as we do, because, WE ARE THOSE FEELINGS, THEY ARE US, THE REAL US IN OUR UNLOVED, UNTRUE STATES.

And we have to remember that we felt REALLY, REALLY, REALLY bad when we were young. Look at any baby and child that is hysterical, crying so much it nearly stops breathing, how bad does that feel, and what will it take to get us back to that feeling? So we have to want to get in touch with those feelings that are our deep wound that has to be healed, all of which we've tried so hard to block out. So we have to feel bad over and over, deeper and deeper so we can connect back with those feelings and the truth of why we felt them in the first place. And that is the truth we're all doing all we can to avoid all the time, because we don't want to recognise and admit how unloved we felt / feel by the very people who should make us feel loved. Had our parents loved us and felt we were the most gorgeous person in their lives, then we'd not feel bad, so we'd not be in our unloving bad feeling state.



**IS AVONALNESS ANOTHER LUCIFER PLOY?**

Tuesday, 15 January 2019

James: A note to the inner circle.

Here's another bit of a mind-bender. Just when I thought it couldn't get more mad... It came to me after speaking with Helen yesterday.

Suddenly I thought, what if I am the greatest sucker of all time? What if the Evil Ones are all well and doing what they do best working to take their Rebellion and Default into the next Age because this current one is ending with a soon to occur Pole Shift that requires everything to start again?



So what if part of this New Start (ironically fitting, as that's the name of my unemployment benefit!) is to start introducing this thing called an Avonal and the Healing? So they find some sucker like me who fits all the right desperate-needing-to-be-someone boxes, and start their work on me, making me believe that I am introducing this important New Truth to humanity. All of which is what the Evil Ones will use and work with through the next Pole Shift age of 13,000 years.

So they are making me believe there are Celestials who are helping us understand the truth to end the Rebellion and Default, when in fact they are just spirits, or even themselves pretending to be Helen and Nanna Beth and all the rest, preparing us to end one age and begin the next.

So I am really being led up the garden path without any paddles or even a river other than that of my imaginary River of Feelings Life and all the rest.

And I am waiting for them to 'empower' me, so I can 'go out' and 'spread the word'.

And that even Jesus and the Divine Love, Padgett and all the rest is an elaborate ploy of theirs. And when we believe we're receiving the Divine Love, it's the fallen angels still supporting the Evil Ones who give you a dose of light making you feel like it's God loving you. And sure, we can do our Healing, and believe we are getting somewhere seeing the whole horrible truth of ourselves, yet so what, nothing ever happens other than seeing yet more truth about the horrible state you're in, but that state never ends, becoming a Celestial is a dream that doesn't exist, and really the best we have to look forward to, is being forever controlled by Lucifer and the others.

And that part of their using the 'Avonal' is that, if such higher Daughters and Sons do exist (with the whole Urantia Book possibly being another part of the Evil One's ploy), then by getting me ready as the 'Avonal' and helping me do at some point all my so-called 'Avonal stuff', when the real Avonal comes, the world will say, yeah, yeah, yawn, yawn, we've been there done that, fuck off, we're not interested. The last Avonal turned out to be a waste of time, sure he did a few healings but so what, and he told us all this great truth to help us further our rebellion and default, so we don't need you!



**Lucifer pair**  
Arrested and imprisoned 26 CE



**Satan pair**



**Caligastia pair**



**Daligastia pair**



Arrested and imprisoned early 1990s CE

So is it all a dream, just more of the falseness, with Pascas and SI (Solid Investment) happening should the Evil Ones want to take their next show on the road? And how do you know, how do you really know, when all you've got is a few feelings that are struggling up against everything else that's saying you're going the wrong way – GO BACK!

I feel good now being 'given' this complete-opposite-to-how-I-see-things vision to consider. I've touched on it over the years, delved a little here and there, but nothing like this: here it is to consider, all of what you are and all you are doing and what is to do, is yet more of the same old fantasy, it just being repackaged into something that seems so different.

And like with it all, should my Healing end and I then am the truth of a Celestial spirit and part of that knows whether or not I am right and have been heading along the right track all the time, then I might be able to say definitely that the Evil Ones are no more. So more waiting...

So having this 'alternative reality' to put up against the one I am striving to live and feel is true, is good in that it's adding yet more pressure to my already mad state. Pressure so it would seem that I need, and a lot of it, just as mum and dad were always pressuring me to become something other than myself. So are the Evil Ones tapping into my pressure needs by keeping it all 'alive' within me?

So perhaps I am only a self-glorified Pied Piper of my own wishful and seriously deluded dreams, and you are one of the lemmings heading toward that cliff? And perhaps they are keeping AJ Miller and Nicholas as backup should for some strange reason (such as listening to Marion), decide to give up 'being the Avonal'.

Oh it sure is such fun and games.



## ACKNOWLEDGING and ACCEPTING BEING IN THE CONDITION YOU ARE IN

Sunday, 20 January 2019

James: This I fear is a bit wonky, more trying to express what I am feeling whilst in the depths of the madness of such feelings. I'll tack it onto the end of Helen's communication with John (Boots on the Ground – following) as its part of what I am now understanding is the conclusion of trying to understand what is involved in our Healing and how it takes place. I've only reread these once as I usually do now with all I write so I'm sorry for them being a bit messy and longwinded.

In speaking with Graham Golding yesterday about how bad the state is we're all in as you come to realise that ALL we do in the world is done in a vain attempt to try and make us feel better, in the misguided belief that it has some worth, some meaning, that there's a good purpose to it, when there's not, when there's nothing other than keeping the lie going pretending we feel okay, loved and wanted, I want to follow on from our conversation trying to describe how I'm feeling this morning.

That I feel increasingly bad when I come fully into the personal and can see and start to feel how nothing I am, nothing that I say or do, is any good either, that it's all just a product of – a sad part of – the unloving fucked up state that I've been in since my conception, and realising things couldn't be worse.



And adding to that by my having to accept that I can't just unzip my miserable costume that God's put me in which I call my life, hoping to step out of it metamorphosing into the beautiful person and dream life I wish I was living. Accepting that my dream of fantasy fulfilment that's just around the corner, which is always out there, the carrot dangling, enticing, seducing me to keep going because tomorrow is going to be better, tomorrow is when it all finally starts to get better forever, is never going to come to fruition. And still being the little child believing that tomorrow I will wake up and the horror of yesterday with my parents yelling at me, hitting me, being mean to me, controlling me, saying they love me when all I feel is them hating and not wanting me, feeling so maddeningly confused, mixed up and crazy because of their deceit, has gone because it's a new day with new parts of me as the growing child coming into being from yesterday, and I feel my new day of hope has finally arrived and I can start all over again and this time it's going to be different, this time, today, they will love me, they truly will – you'll see! But the new day fails becoming like all the rest, because they start into me again, yelling, controlling, criticising, cutting me down and then pumping me up with all their false love and we're doing this for you, we love you, we know what's best for you, you don't know, you can't know, you're the kid, we're the parents, we're smart and you're dumb, and they overpower me again and it's yet another horrible day of torture, and I'm desperate for the day to end, trying all I can by doing the little things that make me feel a bit better, that bring on that forlorn hope again, that as today is yet another write-off, then perhaps tomorrow... and the carrot comes out again, and once again tomorrow is going to be better. And day after day of – tomorrow is going to be better, and it's not – the endless let-downs mounting up adding to the crushing of my spirit, until finally I am forced to give up everything having been ground into oblivion. Oblivion being the truth of myself, the truth of that state I am living in, the truth of how it's always been, the truth I've repeatedly refused to accept.

So through our Healing we start to give up in earnest. We start to let go of our trying to stay afloat. It's hard to do, we fight it, we want our wrongness to stay as it is because it's all we know and we believe it's good for us and giving us the love we need; so to have it pulled from underneath you and you are looking into the abyss of nothingness, no alternative, only the never ending truth of the despair and misery you're in, it's almost too much to bear. And it's endless, a bottomless pit because it's all that you are. We've been conceived into it, it is us, it's all that we are, there is nothing else, no other good

part that's hiding away someone waiting to be given the go-ahead of magically to come out when the time is right, when you've embraced the Divine Love or done so many years of your Healing, when your soul starts to become transformed. No, put it all aside, that shit might happen but not now, not whilst you are still in the 'phase' of having to 'see the whole truth of your unloving state'.

And we have to see the truth; and so how do you see it? How can you see it – how does that really happen? So how can you really see anything, how does that work, and it's not just with the mind looking at yourself from the outside as a picture, seeing with your mind all that is wrong with you; no, it's being it, looking from the inside out by feeling / seeing. You connect so fully with your feelings that you know it's you, how you are, there is nothing else, this is the truth of you, it's all 'end of story' stuff, all the end of the line with nowhere further to go. It's when you're so in yourself, living so true to you feeling so unloved, feeling so bad, so shit, that there is nothing else other than that, which is the truth of yourself at your moment of conception when you were conceived into Creation without love, in denial of love, anti- love and truth, when you feel that is you in this rotten, evil, tortured state and there is nothing else, then you feel and see the whole truth of yourself, the whole truth of you in your unloved state, that which God wants you to be.

And you wake up through the feelings of it, that all that Creation is, is trying to destroy you. You are a 'wrong'n', you shouldn't exist, you are devoid of love, and anything not of love should cease to be. And you feel that, that everything is against you, everything is trying to snuff you out, starting with your parents who are doing all they can to make you go away, yet you won't, and don't, infuriating them more by the day.

river of feeling life



We had a little cat that was badly fed and grew up with a calcium deficiency. Her back legs were misshapen even though they and she was still gorgeous. But she was wrong, she was deformed and every other cat in the neighbourhood beat her up and tried to kill her, they tried to make her go away, as if they knew she should have gone away, she should have died at the start, been abandoned by her mother or whatever cats do when their offspring are not right. And that's what should happen to all of us, we all should die at conception or soon after, we all being in an unloved wrong state. We're all anti Creation, we all should be taken out by the agents of destruction that keep nature true and pure and in good working order. But no, billions upon billions of us through the past two hundred thousand years have been kept going by God, in denial and seemingly against the true laws of nature.

Does nature have within it the capacity to maintain the untrue within the true; or is it that we, being souls, are outside nature, so we can live in our unloving nature-defying states still within nature, forcing ourselves upon it, making it accommodate us, all whilst it still tries to get rid of us because we're not living in harmony with it?

We live against ourselves and against nature. We don't belong, we don't fit in, we're not connected properly to the Earth, to the air, the water, the food we eat, with our so-called advanced lives manifesting in every way how much we have to do to keep ourselves going by maintaining our artificial world imposed on nature. Our immune systems, I read today, are designed to deal with massive onslaughts from the natural world, all of which keeps us healthy and in good shape, feeling good in the world. And yet in our fucked up love-denying, self- and nature-hating ways, we believe all of that lower standard of living, those more earthy primitive states are bad for us, so we live in artificially more hygienic environments which take away the pathogens our immune system needs to fight, thereby causing our systems to turn on ourselves because they need something to fight, that being what they are designed to do.

And we know we're not right, we even want to die, we want it to end, we want to take away our pain, we want the big one to come and finally take us away, we want someone or something to finish us off, to do what our parents should have done. So we should destroy ourselves, we're living against the truth of ourselves, against ourselves in our love-less lives. We should have been destroyed, we should have been taken out long ago; and yet no, we are discovering that there is a huge amount of leeway, of being able to live in the natural world yet not part of it, being able to live against yourself in your



unloving ways and not die; seeing for ourselves that strangely we keep going, even with some people loving their self-destructive lives, feeling full of love and happy within their truth-less state, relishing the power of their dominant mind as they can make it believe whatever they want.

Yet what happens when you can't do it anymore, when you can't use your mind to pretend that you're okay, feeling good and loved? What happens when all you feel is bad, just one BIG BAD?

I feel bad. For years now I've tried to embrace, acknowledge and express my bad feelings. And they've come up in the form of fear, misery, sadness, guilt, depression, angry, fury, resignation, just plain fucked off, and then nothing, feeling none of these emotional states so much as just feeling one BIG BAD feeling. I feel bad. When I look into it, sure, my feeling BAD is made up of all my fear, misery, anger and all the rest, however this week things seem to have 'progressed' into my feeling so disconnected and so much truer to how I am in my unloving, that I can't relate to myself or anyone. And that I even no longer hate mum and dad for what they did to me, it's as if having felt so bad about it all and about them and how they treated me, that I've somehow sort of gone beyond it. I would rage at the Mother and Father but now that anger too I seem to have moved beyond. Yet it's a funny sort of 'beyond'. I am still so raging mad with mum and dad and the Mother and Father, feeling like I'm going to blow up with the fury and madness of not being able to effectively express it and make them stop and change me, making them love me, as they won't, and yet at the same time, becoming sort of anaesthetised by the intensity of it, that fuck it, it doesn't even matter anymore. Because who cares, do I, does God, does anyone? Nothing changes, nothing happens, I don't feel better, just increasingly numb by it all. Numb to the core of me, the shock and trauma of my beginning and every moment through my childhood and the rest of my life so far; that fuck it, it almost doesn't seem to matter anymore, and I wonder: have I gone beyond it, am I going beyond it, am I just accepting my unloved state completely, no longer

fighting it, no longer resisting, so being just it; and so what, and then: what now, what happens next – and does that even matter?

I am just it, ONE BAD FEELING, and it's all-consuming; I am nothing else, and it's so big and I'm so it, that it now lacks the definition that it had as I was bringing out all the different aspects and emotions of it. So I wonder, so where too from here, what is the point now? As of today I feel like I'm at my conception, it wasn't a loving moment for me, it was a very bad experience, the worst experience I could imagine; it was devoid of all good, devoid of all truth, devoid of all good feelings. It was without love, mum and dad didn't love each other, their love was a sham, I was conceived into their fantasy mind-deluded lust-love for each other, all of which was at best very pathetic as they weren't very creative or inspirational about it, it being something that was so unreal, so disconnected from real life, that I had no chance of ever making a go of it. And as soon as I was incarnated in that first spark of life, that tiny blast of light coming into the world should have died out, being extinguished the moment I began, I should have died, ceased to exist, being conceived in a toxic dump, being conceived into a nuclear reactor with the radiation so intense that all of me on all levels should have instantly perished. And yet I didn't. And here I am, 57 years of living in that toxic waste land that is myself. I am devoid of good, happy and loving feelings, I am only bad, toxic to myself. It's laughable that I am now also labelled by some as a toxic male as it's irrelevant of sex, we're all toxic to ourselves and nature we live in. And yet we all keep going.



The Mother and Father keep telling Marion and I to 'Keep Going', that is all They say. That's all They've ever said to her, but she doesn't speak with Them like I do. And it's great isn't it, our Heavenly Mother and Father only say two words to us, that being how fucked up our relationship of love with Them is. And I tried to speak to Them more because I believed it would help me and make me feel better, that They'd help me understand, and speaking to Them and the spirits quickly became part of feel-good tactics, just another ploy to pretend that I wasn't feeling as bad as I was. And yet I am. I feel every bit as bad as I do, all of which I'm still waking up to.

For all my Healing years I've slowly been waking up to the truth of my unloved state, which means, I've been waking up by allowing myself to feel as bad as I do feel. And having avoided those bad feelings, so it hurts and is very difficult to keep gradually waking up because I get to a point and tell myself, this is it, I feel as bad as I do, okay, so can it please end now? But no, it can't end, I'm still not there yet, I still have a long way to go before I'm fully awake and the fog has cleared and I can honestly say the truth of myself: This is me, this is how bad I feel; and yes, it's REALLY BAD. It's the worst I've felt, and it is. We can't feel worse than we've felt. And as we felt the worst at our first moment of conception when it all started, when we were fully fucked over, then everything else since then has just been some part of our FEELING REALLY BAD.

And the truer I become to my feeling BAD, just bad and nothing else but bad, still the future feel-good carrot persists. It's part of my unloving pattern, part of how I beat myself up, part of how I keep sticking it to myself by keeping myself in my BAD feeling state, needing to continually be let down by the false promises of a happier future, one in which the BAD diminishes, or better still, leaves altogether; and yet never does. The good can't come because it never did; it wasn't part of my pattern of self-denial and feeling unloved. In my unloving state it never will come, it's impossible, there's no room in me for it, I am blocking it all out too well, there is no love, no room for love, no love will ever come, all of which I

have to accept and express the pain of. And sure, it might come when my Healing is finished, but I can't worry about that, I can only deal with full acceptance of my unloved state now, so now it will never come, and how bad does that make me feel!

So I carry on in my mad bad state, gradually feeling 'badder' about it, which is the truth of myself. I feel bad. What else is there to say? I am nothing else but bad. Everything else is just a distraction from it. And I feel bad because I don't feel loved. And everything



that I am, all how I live, is an expression of that. I am fucked, I can't be right and true, it doesn't compute. So with Marion's help I see just how fucked I am, all the ways in which I am so shut off to myself, to her, how I can't express myself, let alone my bad feelings – that I can't do anything. I can only just write this, but that too will no doubt have to go, it all has to because it's all bullshit and I am nothing and no one and shouldn't even be fucking alive or in existence.

And I wonder, what is going to happen to me? Is God going to put me over there with all the other broken people as we all live true to our fuckedness? And there to be what – broken pieces of the mechanism on display for all those who are living true in the universe to see as a reminder or warning never to rebel. If you rebel, look at them on Earth, look at how fucked they are, that's what you'll have to look forward to if you go against the Laws of Creation!

So where is the fucking love in that? And is love all bullshit anyway, because I certainly don't feel any of it. Is God loving – there's not much suggesting They are. Why are They subjecting us to this fucked state of being if They are love and we're supposedly surrounded by love, yet we can't have any of it? And I'm fed up with even asking these questions, because, what good do they do, just more mind amusement because I'm so fucking bored, so bored with my nothing useless life in which I can't lovingly relate to myself or anyone. I can't have a fulfilling loving relationship with Marion, we're just going through the fucking motions of living together in our fucked states; and yes, we are helping each become more true to them, but fuck me, what sort of a relationship is it? Is it the most loving you can be in your unloving state, the most unlovingly loving? It's all so fucked. And it's got to the point of seeing

that we're so not suited to each other, we can't give each other what we want, we're so the opposite in so many aspects, and yet we're so right being together in our wrongness with each other. We match perfectly in our fucked state. We're living the truest, most



perfect, anti-relationship you can have. We are perfectly unloving with each other. We've brought out all our self-hate and hatred of each other, we've seen how we hate each other because we're projecting our parents onto each other and how we're being our horrible parents for each other. I am Marion's parents for her in that I don't express myself, don't open up and cross the line and involve her in my feeling-life, and it all makes her feel bad, which is right and what she needs from me, all so she can keep bringing out her bad feelings caused by her parents mistreatment of her. They rejected her and yet kept her, they should have killed her at birth or before; or better still, just not had her, they didn't want her and made her feel so hated and unwanted; whereas my parents being the same as hers and should not have had me, sucked me in making me believe that they did love and want me.

And of course, none of our parents should have us. We all should fully acknowledge the horrible cruelty of the Rebellion and how badly we all suffer as children and what horrific things we do to our children all in the belief of 'love'. And then having fully acknowledged the terrible state we're all in, stop having children, end the Rebellion, stopping it in one generation, cease unloving humanity, stop it dead in its tracks. But of course that's not going to happen. The wrong'n has not been extinguished at conception

so neither would we all band together and end it once and for all by not having any more children. No, the pain must go on! We have to Heal ourselves. We have to work through it all, sorting it all out, bringing out all of humanity's buried bad feelings. So how many bad feelings is humanity keeping repressed? John, a number you might like to work out. Now if we all experience say a hundred, two hundred, a thousand or more bad feelings a day since our conception, and we compound that because one bad day then another bad day produces even more bad feelings to suppress. And that's just for the first six years, and then still more bad feelings to suppress, for the remainder of our childhood, say to sexual maturity, and further till say eighteen, and then what about all those we keep under control as adults, and that's all buried within the collective consciousness of us all. And it's all got to come out, either here on Earth or in spirit. And as we keep passing it all onto our children, it's not going to just go away or somehow disappear, it hasn't done so this far, and so it never will until we liberate each and every repressed feeling – every fucking one of them.



So Marion and I are doing our quota, how many bad feelings have we expressed so far, god I hate to think. I guess the angels would know. And then compare that to how many good feelings have we expressed. What is the percentage of good to bad? 0.000000000001%, or is that too big an exaggeration? It couldn't be more fucked Graham, we couldn't be more fucked... or could we, what if we were suffering a double Rebellion, instead of a Rebellion and Default. And which lucky planet and its humanity are going to suffer that fate? And who might be the lucky ones to help them with it?

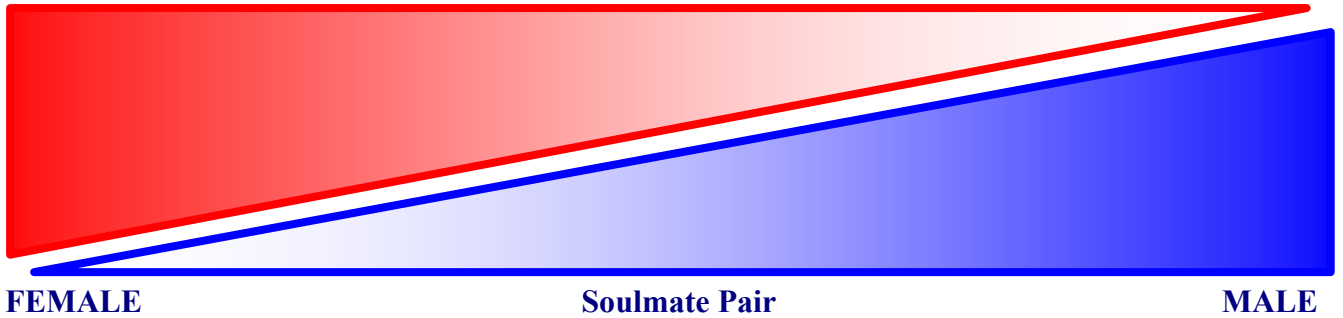
At my conception I am no love. That's the truth of me. That's the truth we all have to uncover through our feelings about ourselves, the truth of our unloved rebellious truth-hating states of being. That's the truth of our world we've created for ourselves to live in. That's what causes us all our pain and problems. It's what we all long to be set free of yet have no idea how to go about it. It's the 'Truth of Life' we're all having to face up and accept. It's what's been eluding us for all these years because we've not wanted to see it. And it's what we have to see: the truth of how fucked we are, and feel it all, because we are it. And once we've seen it all because we are true to being untrue, then what happens, and that's the carrot still dangling out there that we're waiting for.



## Uncover the Truth of Yourself



**The EXTREMES of EMOTIONAL INJURY and SOUL SUPPRESSION:**



At the extreme ends of Childhood Repression, a soulmate pair will be the first to heal themselves, having experienced their parents and close family members impose upon them forms of childhood suppression that collectively represent all possible extremes of experiences that we can have. Thus, when their Spirits of Truth are released, then all of humanity will be able to draw upon these for assistance and guidance as to how to liberate one's own soul from their own personal repression. This is the gift that this soulmate pair is to provide humanity with.

As the female is closer to her feelings, it is the female that may lead and assist the male in their Feeling Healing process, while progressing with her own. The male typically cannot do this on his own, the female being more capable due to her closeness to her feelings. However, to complete her own progression, the female requires the support and participation of the male. It is now time that we recognise that it is the woman that is our spiritual leader.

Our truth loving soul based feelings are to be brought into dominance with our minds only to support our soul based feelings. It is how we are brought up by our parents that we erroneously accept that our minds are all powerful; however they are greatly flawed and self-centred. Embracing one's own feelings is embracing the way of living that our Mother and Father desire for us to express and engage in. We are to fully express our God given personality through our feelings, not our mind based man-made impressions.

Firstly, consider discovering the truth of your emotional pain and injuries through Feeling Healing.

Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.

Primary and most important readings are the writings of James Moncrief.

Then consider the Padgett Messages, and then The Urantia Book.

**TRUTH LOVING SOUL V ERROR INFLICTED MIND**



**BOOTS on the GROUND – The BOOK of MARION and JAMES!**

Monday, 21 January 2019

Hi John, does this help, is it along the lines of what you were wanting?

James: Nanna Beth or Helen?

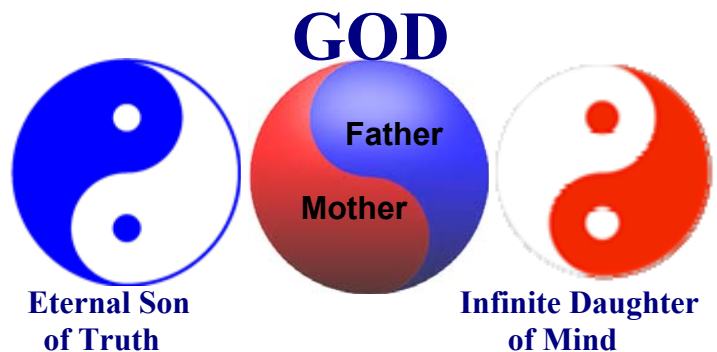
Helen – 3<sup>rd</sup> Celestial Heaven: My turn again James.

James: John was saying as you are listening to our phone conversations that you know what questions we should ask you so as to help him understand what it is he needs to understand.

Helen – 3<sup>rd</sup> Celestial Heaven: It's true, we are always attuned to you and we continuously add our guiding, leading and bits for you to consider, when required, however, still you are to drive your own lives without relying too heavily on us. And as we won't allow you to become reliant and dependent on us, so we'll only help you so far, leaving the rest up to you.

So, having said that, I will tell you what John wants to know. When the money comes he will need to make contact with various people for help in knowing where to keep it, what to do with it, what's the best way to maintain easy access to it and all the rest, all of which is obvious and can only be dealt with at the time because then he will know what he can and can't do regarding it.

What I want to add today is for you both to understand that John's main drive is to disseminate the important truths and understanding concerning the ending of the Rebellion and Default and how humanity has been ruled by it all this time with everything being a product of it. And you James will work with him to do this. And then you will do your own work of whatever it will be that the Eternal Son and Infinite Daughter want you to do, most of which will coincide with John's work, but some being more specific and of a higher spiritual nature.



As we've explained to you, it is up to humanity to solve its own problems based on the new revelation of truth you and Marion are giving to it. So at best you would work in something of an advisory capacity whilst carrying out the higher work you are to do, which is how it already is, so nothing really would change.

**By living true to ourselves, true to our feelings, we are living true to God. It's that simple.**

And when it's time for John and those people supporting him to start their 'official work', then he/they will know who to approach and when, even if they are rejected in their efforts.

So yes, there will be a specific time when you know 'it has begun', as there will continue to be a lead up to it, which will require certain things to be done and certain people to be spoken to, even if they too lead to yet more rejection.

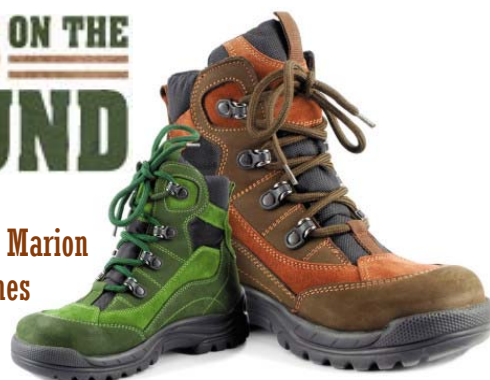
And there will be an official starting time for you and Marion based on when you complete your Healing and the New Age begins. And as you know and have been feeling more of late, that will come directly within you from the Eternal Son and Infinite Daughter because really it is They who control ascending mortals on all worlds and the descending Sons and Daughters and all the angels that work with those mortals.

So as we've told you, we Celestials of humanity are going to help the mortals of Earth who are wanting to live true, to do whatever the Eternal Son and Infinite Spirit want, starting by taking the truths you and Marion reveal and applying them as we feel to. And we want John and everyone with him and who becomes involved to see and understand that they are not doing this alone, that they are working hand in hand with us Celestials, that we are involved in every step with everyone even if people are not actively doing their Healing or fully aligned mentally with the bigger picture of it all. So we are here in spirit and John (you and everyone with you), are there on Earth, and united wholly together as one body we will be working to do what is being asked of us. And our writing about James and the 'Avonal Pair' is all part of this also, by allowing us to help reveal more about them and the truths, helping them and you understand what it's all about. And it's already happening, it will be more of the same, which is why you John felt and encouraged James to make contact with Nanna Beth and myself so we could forge this link via James between us over here and yourselves there in the physical. James is just playing the role of intermediary, carrying out the wishes of us both, which is an example of that advisory role, and which at the same time allows him to reveal more of the truths that will be required by us, which are the truths humanity will need to fully complete it's Healing.

So we want you to understand that you are the 'boots on the ground' and no matter what you do, even if it seems like a complete fuck up, is EXACTLY what we want you to do, which will be exactly what your soul wants you to do, which is exactly what our Mother and Father will want.

**BOOTS ON THE  
GROUND**

**The Book of Marion  
and James**



So you are being guided of course by your soul yet completely in harmony with us. And there will be odd things that will happen because of what we know needs to be done, and you might think these things shouldn't happen, however it will be part of the outworking of the Wrong and the beginning of the New. Because as you understand, until someone is fully Healed, so they will still be living and expressing their negative pattern to the degree of truth they are, and we have to abide by that. And that complicates things endlessly for us, but we love the challenge having to now accommodate both sides, the negative and positive.

And this is how it is with SI (Solid Investment), why it seems so difficult, as we're having to keep honouring both sides of the equation, all in keeping with the evolving freeing up of the world circuits within which we can work through Marion and James as their Healing progress.

And as you all understand, 'soon' is getting very close now to the official beginning, which is actually going to unfold in stages as required by the spirit Higher Ups to do with the ending of one age and the beginning of another.

James, as far as what we'll be guiding John to do, which we've been preparing him for, will be under these general headings (in no order of importance, they all being equal aspects of what is involved):

- ☑ Truth dissemination: verbal, written, digital, visual and hard copy.
- ☑ Education – natural and spiritual.
- ☑ Financial support – personal and group.
- ☑ Natural health (with or without Divine Love) support.
- ☑ Healing (with or without the Divine Love) support.
- ☑ Development of alternative solutions to most aspects of physical life.
- ☑ Development of alternative solutions to most aspects of spiritual life.
- ☑ Sanctuaries for Healing orientated people to gather and live.
- ☑ Personal home and financial support, provision for those people personally involved and on charitable levels for those people not directly involved.
- ☑ Healthy alternative food production, housing, energy, nature rehabilitation.
- ☑ Innovation support on all aspects of life in support of the Truth and spiritual. Including support for new innovative ways to live concerning government, schooling, business, natural resources, parenting, etc.
- ☑ Disaster relief.
- ☑ Personal growth on the material and spiritual levels.



The idea is that we want to introduce the truth about the Rebellion and Default and all that has entailed throughout their duration. And the truth that they are now ending, and will officially end with the beginning of the New Spiritual Age. And what the Spiritual Age will be about – increasing the awareness of the need to do one’s Healing. Then supporting those people who want to do it, and helping them establish new ways to live so they can express the truths that come to light within them. To start and protect, guide and encourage the ‘Sanctuaries’ which really are any places or place people or a person wants to live who is striving to live true to themselves through their feelings. And then to introduce new ways of living, helping to ween people off their current technical addictions to their favourite toys, moving to a more natural, personal, and self-expressive lifestyle free of the current levels of outside and inside oneself control.

All of this is rather straightforward John, as it doesn’t take too much imagination to look at how life currently is, and when you understand it’s all wrong and will need to change, then you start looking for solutions and alternative ways of doing things – **Pascas**. Of working with what you’ve got and then slowly changing and adjusting as required.

### “Peace And Spirit Creating Alternative Solutions”

And then added to this is another somewhat unknown force, that which waits to be seen as to how it will manifest, as we have not been told how it’s going to unfold. We don’t know if it will be a relatively small impact or a very large one or somewhere in the middle, **however we are being shown through our preparation that it looks like it might be on the larger side**. And that unknown is what Marion and James are going to do personally in their Avonal capacity once they reclaim their full ‘working status’, which means, once they are to fully start expressing themselves freely being the Avonal Pair.

So it is, of itself, enough to deal with considering just the normal transformation of humanity by introducing new truths that potentially will lead to many people altering drastically how they see life. Just the reality of considering potential change from the ending of the false religion way of life to one of living true to your own truth that comes to light through your own feelings, that of itself is enormous and more than enough for any of us to deal with. But then added to this we have the physical presences of Marion and James, who are to ‘rise up’ into their Avonal light when they have finished their Healing. And so what this added light will do to what already is a big job, we hardly dare think about, it’s too

much, everything could possibly be turned on its head, or nothing might obviously change, and we're having to consider and prepare for both extremes.

The Paradise Pairs are all ONLY concerned with the SPIRITUAL wellbeing and upliftment of the planets and local universe. They are also the only ones with Spirits of Truth – should they incarnate. Currently to do with Earth:

Creator Son & Daughter  
Jesus and Mary

Avonals  
as soulmate pairs

Trinity Teachers  
as soulmate pairs

So in a way humanity is being given a new book of truth, here you are, look at all of this, and it's a pretty mighty book and one that's growing all the time. And that of itself will be a lot to swallow. And then added to that, is the Avonal Pair in person, that being what we all have to wait and see as to what they might be personally moved to do. (James is laughing at my writing that because he doesn't do anything, just sits like a blimp on the couch all day long.)

However it's true. You have the mechanics of the Rebellion and Default, and they are well ingrained. And slowly and systematically their unloving influences are to be dismantled with more loving influences taking their place. And then you have the Avonal Pair. And the Avonal Pair might decide that it's time for a whole segment of how humanity has been doing things to suddenly end; for one person or millions to suddenly be relieved of their physical afflictions; for one person or millions to suddenly be faced with the full intensity of the Law of Compensation because how they live through being greedy and taking advantage of other people is no longer to be tolerated. So are these things going to happen, and if so, when and by how much? The angels stand ready to carry out any such instructions and there are potentially thousands of such things the Avonal Pair could initiate; or, they might not do anything, not interfering at all, allowing things to take a more natural evolutionary course. **And were humanity not so fucked, we'd tend to think a more evolutionary course would prevail, however things are very bad and so possibly more extreme measures might need to be taken.**



But as I said, we don't know, it's all hypothetical and we're not going to know until at least Marion and James are ready to know. We are not allowed to know, that is their personal and private business with the Eternal Son and Infinite Daughter and will only become apparent once they've finished their Healing.

So what you are also doing John, is, not only preparing for your side of doing the work as I've outlined above, but also being able to accommodate the potential of Marion and James feeling free to express themselves as fully as required.

And I know you still don't know for sure James as to whether or not you and Marion are Avonals, but we are moving with you in this for you to further consider what is at stake and to help you align yourself with John. You won't want to stress John anymore than you already have, understanding the enormity of simply trying to grasp how far reaching this all is with your mind is big enough, and then to add to it

whatever the Eternal Son and Infinite Daughter might have in store for you is more than enough for everyone to deal with.

Look at how little people have been able to deal with Jesus and the small amount of impact he had on their lives, and when Jesus and Mary M weren't to have any impact, and so how are people going to deal with a full light and truth Avonal Pair impact if they are given the go ahead to be fully their Paradise selves? It's going to take humanity by surprise and you won't be holding back John, as it's not in your nature. Your approach of 'let them have it' so people are then free to work it out for themselves is how life is anyway, that's how it is for a child, and is for the greater benefit of everyone.

You James and Marion, as you are coming to understand, are separate from humanity, you're just visitors, you're not one of us. And so you exist outside of mortal life, you are in it and part of it of course, but really it's not for you in the sense of how it is for all of us. You are not looking to embrace the truths and ascend to Paradise in the same way we are, you are all about coming from Paradise to do this specific work you've been asked to do, which is why nothing other than doing that work – works for you both, you being all but complete failures in living a normal (even within the Wrongness) mortal life. So everything is far more complicated on all levels for you as you strive to work through all the systems and their interconnected circuits doing what needs to be done so as to reveal the necessary truths through your feelings that you are to give to the people of Earth. And it's none of your concern as to whether what you reveal is received by people or not. Of course you'd love everyone to openly welcome all you and Marion have to give, to welcome and not reject yourselves, but you know that's not going to be case. And so as you are now able to work with people at the Bush Bank (native plant nursery) and not mention the Truths or nature of your true lives and spiritual work, fully accepting that you are not one of those people, and they are incapable at the moment of understanding just what you are and what is going on a lot of the time within you as you grapple with the problems and trials of being a Paradise Pair on an Earth that is rejecting you and the truth you are to give, so you are always readying yourselves for what is to come.

You have come and are now waking up to the error of your ways being subjected wholly to the Rebellion and Default, and endeavouring to heal yourselves, all being done whilst feeling completely rejected and unwanted, which is just as everyone feels. You can relate to and sympathise with our plight, however you are only here on the world for the short time, whereas some of us will be in the Celestial spheres and Mansion Worlds for a long time to come. And when your time is done, your 1,000 years are over, you will leave and move onto your next mission in life, whereas we'll still all be working our way progressively toward Paradise.

And yet for the short time you are here, in many ways you are given the world, even in a sense free to do as you please with it and humanity, even though you will only act in accordance with how the Eternal Son and Infinite Daughter direct you through your feelings. And so you look at the world in the light of how it should be, the perfect Natural love pattern that you are familiar with, then added to that the Divine Love and how that too affects and changes everything. And you James wrestle with the worldly imperfection of things as Marion wrestles with the day to day living life at home and having a fully expressive relationship that's imperfect, the two of you in your Wrongness seemingly at odds with each other and yet perfectly suited to doing the Healing you need to do to help yourselves out of your pain, whilst at the same time bringing to light all the truths and understanding humanity will need so as to be able to do what you're doing for yourselves for themselves.

And daily James you and Marion move further away in truth from everyone, feeling more removed from people yet more able to personally relate to and communicate with them as you heal your rebellion against this, and you can see all the personal and global Healing they are going to need to do, as you

have done it within yourselves, and you can sense how much it is all going to change. And all you want now is a sense of timing, to know roughly what is the timing of such change. And that will be given to you shortly, and all the last pieces of the puzzle will be in place. And then it will be time to begin.

Love Helen.

river of feeling life

CHANGE



Major events have occurred with the progression of the Avonal pair's Feeling Healing, which they are also doing whilst embracing our Heavenly Parents' Divine Love, thus they are doing their Soul Healing.

- |                  |   |
|------------------|---|
| Early 1990s:     | The arrest of the Caligastia and Daligastia soulmate pairs.   |
| 22 March 2017:   | Negative spirit influence was blocked.  |
| 31 March 2017:   | Angel assisted healing will become available upon the Avonal pair completing their own Feeling Healing, being with Divine Love, thus it being Soul Healing.   |
| 22 May 2017:     | Law of Compensation quickening.   |
| 2 December 2017: | Psychic Barriers maintaining the Rebellion and Default were cracked.  |
| 8 December 2017: | Bring on the money to 'house the future of humanity'.   |
| 31 January 2018: | Earth and the seven associated Mansion Worlds (including the two Earth planes) are <b>officially</b> now fully under the control of Celestial spirits. This marks a tangible and real end to the Rebellion and Default. |

How does this all fit into our future way of living?

**This time, in the history of humanity, is the most exciting time ever experienced.**

The whole human race is suffering from repressed childhood and mind control.

THE  
GREATEST  
SHOW  
is ON EARTH

**FANTASY or NOT?**

Friday, 25 January 2019

(Whilst writing this I had my 'Avonal Hat' on well and truly, more so than ever, whereas the next day it has been taken off and crushed into the dirt. Everything conspired inside and outside of me to get rid of the insidious fantasy, to write and say to you John, the 2G's and Sam, forget it, it's all bullshit, I can't know if any of it is true, I don't know if I'm even doing my Healing. It was again another very hard and testing day, reassessing everything and trying to imagine the other fantasy life of not being the Avonal. I am in fantasy whether I am the Avonal or not, talk about being fucked up and in no-mans land! Then today that's all passed and I am more mellow about the Avonal but have dusted off my hat enough to at least read back through this and see what I think and feel about it. And if I still feel like leaving it be, so I'll send it on.)

**AVONAL BEACON of TRUTH**

Friday, 25 January 2019

**Eternal Son and Infinite Daughter (ES and ID)**

Following my conversation with Graeme about the Eternal Son and Infinite Daughter (Spirit as The Urantia Book – TUB – refers to 'Him') I (James Moncrief) want to add to what I've previously written about Them.

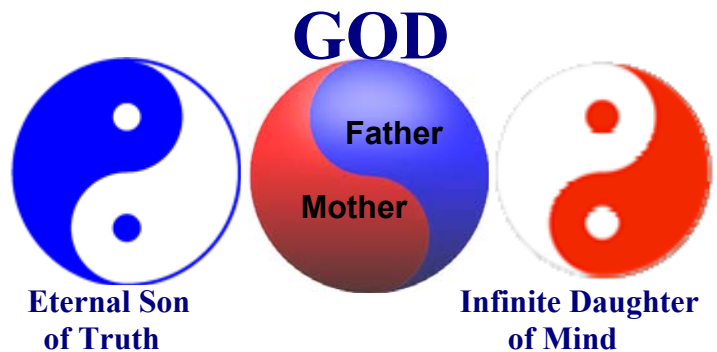
From TUB we can understand that our souls, that being those of ascending mortals and Avonals, are created being in the image of the Eternal Son and Infinite Daughter. We are all

of the Mother and Father who create our souls and bestow upon them our personalities, yet within how we express ourselves, our personality in Creation, we do so in accordance with the Eternal Son and Infinite Daughter. And when we're perfect being as They are in our Natural love image of Them, then can we 'divine' our souls by partaking of the Divine Love and becoming of the essence of our Mother and Father.

So we are to become 'like Them', the ES and ID, in that how we live and express the perfect relationship within ourselves, our feelings in relation to our mind, is to be reflective of how They express Their perfect relationship. So within myself, I am to express perfectly the relationship of the ES – truth, heart, feelings with the ID – my thoughts, mind, beliefs and behaviours, with the truth leading my mind, my mind in support of my truth, and NOT with my mind leading my truth, which is how I am in my fucked rebellious state.

The Eternal Son and Infinite Daughter are in a way our 'template' – we're in the image of Them, we're to become like Them. And our inner relationship between our feelings and mind are to demonstrate this, just as is our relationships with each other. I (as are all mortals) am to be a 'mini' Eternal Son and Infinite Daughter, who interacts with another 'mini' Eternal Son and Infinite Daughter. And if Marion and I are an Avonal Pair, then we're just an 'older sister and brother' reflecting the ES and ID between us and within us, just as everyone else, all ascending mortals, are 'younger sisters and brothers' expressing within themselves the ES and ID, as they do with each other.

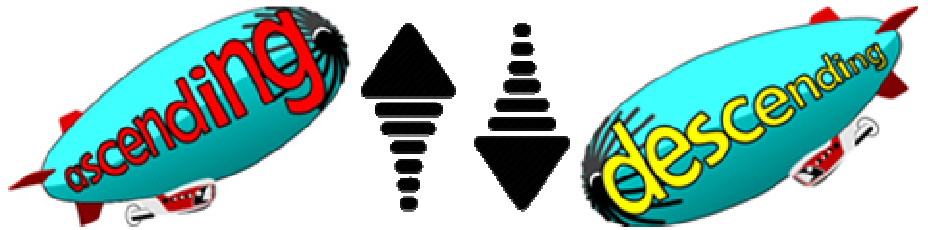
So we Avonals are to effectively 'BE' the ES and ID on Earth, to which all mortals on Earth can aspire to be like. Yet not like us personally, but like us in the truth and mind understanding of it all and in the relationship we live (assuming we can perfect our relationship together, if we are indeed an Avonal Pair). So the Avonals come from the ES and ID to Earth to help the ascending mortals ascend to





Paradise, there to first meet and be with the ES and ID, and then to move onto being with the Mother and Father of Divine Love.

The ES and ID 'run' Creation for the Mother and Father. They are the Truth circuits and Mind circuits that go out and in which we all live. We are aspiring to be as They are. We



are to live with perfect Natural love in perfect harmony with our feelings and mind. And when that happens, when we have attained the first stage of being as the ES and ID are by becoming Celestial, then our mind is working in full support of our feelings, as we express the truth of those feelings in full support of our mind that helps us understand it all.

The Rebellion and Default is against the ES (Eternal Son) and ID (Infinite Daughter), in that it corrupts Their relationship within us, with our mind being made to take over our feelings, and that causes us all our problems and bad feelings. We are forced to effectively put the ID ahead of the ES, to take the mind and use it to deny the feelings, to elevate the ID worshipping the Mind as God, at the expense of our feelings and the Truth. We shit on the Truth, the ES, whilst at the same time say we love our Mind, the ID, with gurus and the like striving to become at-one with the Mind, the ID, with no truth, no ES to support that Mind. Whereas we're to become the Living Truth, fully putting the ES and our feelings first, with bringing in the mind to help us understand it all. We are to become 'god's' of Truth, and not god's of Mind. And all the religions of the world are trying to become god's of the Mind, even though some contain smatterings of truth and say they are looking to be-at one with the Father. So we need to do our Healing to change our inner relationship between the ES and ID that is currently wrong, with our Healing letting go our mind dominance while looking to our feelings for the way, for the truth they will show us we are to live by fully putting the ES first. (And as to why the ES should even be first, that's just the way of things, the Truth of the Divine Love was manifest first in the Person of the Eternal Son. Then was manifest the Mind of the Divine Love in the Person of the Infinite Daughter. And from Them come all other beings of Truth and angels of Mind in Creation.)

So in being made to become of the Mind and not the Truth, it's like we're trying to live as false angels, who are the true creations of the Mind. We are trying to live doing everything with our minds in control, we seek information and knowledge, believing we are growing and advancing our soul and spirit by expanding our mind, thinking we're getting closer to God, yet it's only the God of the Mind, which is not going to be of any benefit to us, because we're first to become at-one with the God of Truth, so we can then also embrace the God of Mind. We can't live Mind alone like the angels do, we make very poor angels, and we keep failing at it, which is why we keep getting sick and screwing ourselves up with our minds.

Mary and Jesus being the Creator Pair are created reflecting the Eternal Son and Mother and Father. So when they came to Earth they were all about the Truth and the Divine Love, they weren't about the Mind which is why they didn't include information about how we are to let go of our mind's control over us by doing our Healing. They didn't tell us about how to do our Healing, because that involves the Mind, the ID (Infinite Daughter) part, so they just told us about the Truth, the ES (Eternal Son), and the Divine Love, our Mother and Father. And really they were saying, you are to first look to the Avonal Pair, to the ES and ID, and once you have found them and done your Healing, then you are to look to the Mother and Father and Their Divine Love.

So in this context, someone like AJ (Alan John Miller) who says he's Jesus really should only be doing what Jesus did with James Padgett, revealing certain truths and talking about the Divine Love. However he screws himself up by including stuff to do with feelings and doing one's healing and trying to resolve the Rebellion and Default within himself, other people and the world. Really, if he is Jesus, he should be saying: I will tell you certain truths and I will reveal the truth about the Divine Love to you; and you will also need to look to the Avonal Pair, the ES (Eternal Son) and ID (Infinite Daughter) as they represent, to do your Healing, so you can live the truths and make sense of them which come to you by properly attending to your feelings; then the Divine Love will be able to transform your soul having perfected the relationship of the ES and ID within you.

So you should look to the Avonal Pair or who they represent – the ES and ID, do your Healing, and then move to be with your Mother and Father and Their Divine Love. So if AJ Miller and Mary Luck are Jesus and Mary M, and Marion and I (James) are an Avonal Pair, then ideally we'd be looking to Mary and Jesus for their support, as they would be looking to us to reveal the truth of doing one's Healing. And we'd feel within our hearts our respective levels of truth and divinity. And I'd be writing books full of Mary L's and AJ's truths, instead of who I believe are the real Mary and Jesus. And Mary Luck and AJ Miller would be talking the truths and information from Marion and myself, giving it their blessing, and helping other people to understand it. So They'd, as would we, keep the continuity of truth in tact. And Marion and I would be referring people onto Mary Luck and AJ so they would help them understand more about the Divine Love, our Mother and Father, becoming divine and universal citizens of Nebadon. Yet for me personally, and with Marion not interested in any of it anyway, I don't feel any such support from Mary Luck and AJ nor do I feel I want to support them. And right from the start when I first came across AJ on one of the Divine Love forums, then when he privately emailed me telling me about himself, and ever since, I've felt the opposite, that he's only making everything harder for everyone by distracting them from doing their true Healing, by keeping people away from Marion and myself.

We are to live the truth, with our mind in support, before we can receive the full benefits of Natural love and Divine Love. Living as we do in denial of the right relationship of the ES (Eternal Son) and ID (Infinite Daughter) within us, so we are denying ourselves Natural love, and we don't feel truly loved and can't give true love, only pretending we do by using our mind. We can only give a mind-generated and distorted 'love'. And until we've brought our Natural love into perfection, and although we can still partake of the Divine Love, as it's been made available to us, the Divine Love is not going to fully transform our soul until our Healing is finished. So we can't become at-one with our Mother and Father before we first become at-one with the ES and ID. And we can't become at-one with Them when we're denying Them by being in our rebellious state.

So people have to 'come to the Avonal's' first. No Avonal, then no truth to do your Healing, so no ending of your rebellion and default. So if you just look to Jesus, the Mother and Father, the Divine Love, you'll still not heal yourself of your rejection and rebellion against the ES and ID. If you reject the Avonal Pair once they are 'up and running', then you are bringing out into the open your full rejection of the ES (Eternal Son) and ID (Infinite Daughter), and that is going to add yet more pressure to you. And if you then also reject Mary M and Jesus, the Mother and Father and Their Divine Love, then it's going to be harder still. And if you embrace Jesus and Mary M, the Mother and Father and Their Divine Love, yet not the ES and ID through Their Avonal Pair representatives, then you're complicating things even more so for yourself as seen by the so-called "Divine Love people".

The New Spiritual Age is to be the Avonal Age, the age of the Eternal Son and Infinite Daughter. To see and hear the Avonal Pair, effectively you'll be seeing and hearing the ES and ID manifesting through them.

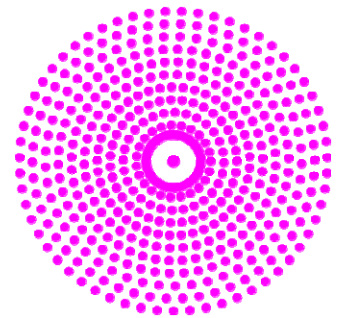
So the ES (Eternal Son) and ID (Infinite Daughter) run the show in Creation. The Earth, all the worlds, are ultimately ‘run by Them’, with the stepping down of the Paradise and Local universal Sons and Daughters of Truth to be helped by the attending angels and other creations of the Mind, all helping the ascending mortals of Truth to grow and ascend to Paradise. All that happens to us personally and the world is because the ES and ID want it to; and all we do is from our Mother and Father through our soul. And as the ES and ID want to live expressing what that Mother and Father want, so we’re ALL living and doing our Mother and Father’s will.

What you believe, think, what you say, how you act, your behaviour patterns, what you create on the Earth in the physical, emotional, mental, spiritual and psychic levels, is all governed by the ES and ID as They work to manifest the personality expression of your soul; as They work to manifest and make you be as the Creators of your soul want you to be, your Heavenly Mother and Father. We aspire to be at-one with God, to be with our Mother and Father, to be divine as They are, and it’s with the ES and ID’s help that we can do it. And without Their help, forget it, it can’t happen, which is what we’re all to understand having been conceived into a rebellion against Them. The Lucifers and other Evil Ones are saying: you don’t need to look to the ES and ID for their help, look to us instead. They are putting themselves before the ES and ID, instead of doing what the Avonal Pair would do by helping to guide you to them. So we have to align our mind by at least understanding the problem we’re in, and then one day doing our Healing to bring that alignment into the truth we can live.

So for people who don’t want to do their Healing as such, yet want to understand what it’s all about, that’s a good step in the right direction because you are forming good pictures of understanding in your mind and so changing your negative relationship with the ID to that of a positive one. And then when you do your Healing, you are changing your negative relationship with the ES by bringing your truth to light through your Healing, with the ID then slotting into place supporting your feeling-truth with greater mental understanding.

The Avonal’s Spirits of Truth are really like homing beacons coming out from the ES and ID through the Avonal Pair. The ascending mortal can ‘lock on’, which it does by yearning to be like the ES and ID, wanting to live Their truth-loving relationship, and looking to be like the Avonal Pair in relationship of truth and mind when the Pair has done their Healing. I don’t think you’d want to aspire to be like the Avonal Pair whilst they are still fucked. And whilst being in their fucked condition their Spirits of Truth are not readily available anyway.

So to honour my feelings of being the Avonal, I am wanting to finish my Healing so I can be the ES and ID on Earth. I am waiting to be ‘switched on’ so to speak. And as to what happens, then... But I can feel Their presence within me growing daily now. They are giving me wonderfully supportive and comforting feelings. The Truth is the true Comforter because when you feel it you are feeling the Comforting presence of the ES fully supported by the ID – your mind feels secure in your truth, your truth being fully supported by your mind. You are feeling the truth solid in you, without it being denied, rejected or undermined by a wayward mind. And these are the feelings we all crave and feel are innate within us, like our birthright, yet we can’t put a finger on it, because we’ve got out minds standing in the way.



**Avonal**  
**BEACON**

So when the Light of Truth of the Avonal Pair starts to shine bright on the world, then the Eternal Son and Infinite Daughter will have moved a step closer to everyone, as humanity starts its long journey out of the darkness of truth-denial in this new light of truth.

Every person is to manifest, in their own way, the ES and ID. And when you do, you'll have completed your Healing. And until the whole world is doing this, humanity will still suffer from the afflictions of the Rebellion and Default.

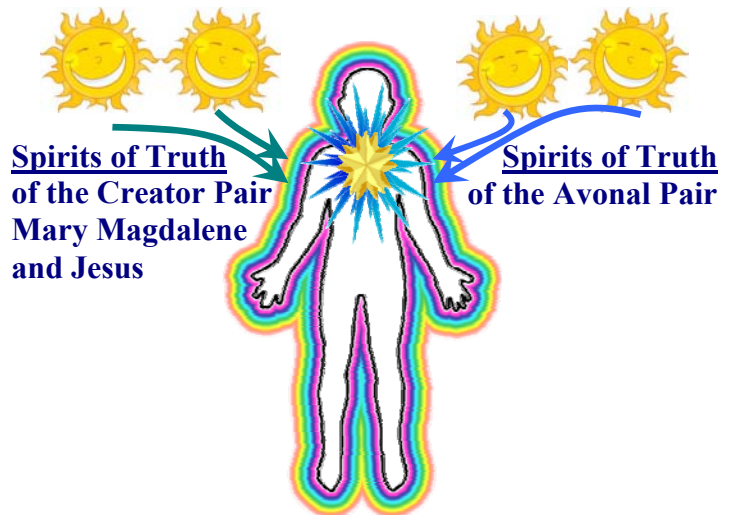
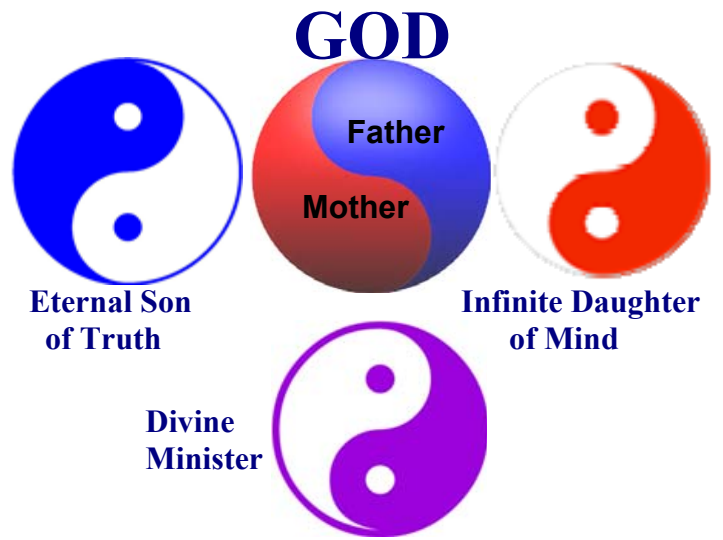
Other than a bit in TUB (The Urantia Book), the ES (Eternal Son) and ID (Infinite Daughter) are little known. However they are fundamental to us. We have to attain Them before we can attain our Mother and Father. We are to keep our longing, focus and yearning on the Mother and Father, longing for Their Divine Love and wanting to be at-one with Them, yet all the while acknowledging that to achieve these things we must also long, yearn, want the truth – the ES, and want our minds to work the right way in harmony with and in support of the truth, which is effectively longing to the ID. We can feel a love for and from Them, yet They don't of Themselves love us like our Mother and Father do with Their Divine Love. They are one of the major stepping stones we need to fully embrace on the way to our Mother and Father.

TUB says masses of angels accompany the Avonal Pair on their bestowal. And so are the ES and ID going to mobilise these angels? And if so, what are the angels going to do? And will the Avonal Pair command them on behalf of the ES and ID? And if that happens, potentially wonders could be seen on the world like never before. Jesus did a few small healings and miraculous manifesting of things, a little to show that he was the Son of our Father (and Mother), yet Mary didn't do anything to show she was the Daughter of our Mother (and Father). But will the Avonal Pair show they are the Son and Daughter of not only our Mother and Father but also of the ES (Eternal Son) and ID (Infinite Daughter)? And would I like to perform such 'wonders'? If that is what the ES and ID want, then they will happen; if not, they won't, as I can't do anything without their 'empowerment'. And doing such 'wonders' means, 'it's a whole new ball game' and it will be 'game on', some of which I've been working through over the years as to what to expect and how to deal with such events taking place. And as I feel the ES and ID becoming more real within me as I grow in my truth feeling like I'm waking up to Their presence that it is They whom I'm 'working for', so I feel I am now waiting for Them to empower me should They want me to go public. And as currently being in my truth-denial state and rejecting Them and being unable to have a truly self-expressive relationship with myself and Marion or anyone else, being as fucked as I am, I can't fathom being the opposite and able to express myself, express fully the ES and ID personally within the relationship between my feelings and mind, or with other people. So I am waiting to see if my Healing does finish and if that means I can express myself truly, have good loving relationships, and engage with people properly. It's taken me a long time to realise that it's no use my trying to tell anyone at the Bush Bank (native plant nursery), or anywhere else for that matter, about the Truth, because I am fucked, and being in my fucked state and expressing a fucked relationship between the ES and ID, what would be the point anyway, as I'd only be passing on my fucked untruth. And I don't want to do that. So I don't talk to anyone about anything to do with it, and don't intend to until at least I have finished my Healing. Sam, John and the two G's and a few other people have got in 'under the radar' because I have needed them to accept me to some degree as part of my Healing, but as to the majority of people, no way, and it's not going to happen until I finish my Healing, which is not going to happen until the ES (Eternal Son) and ID (Infinite Daughter) want me to.

So all I can do is keep expressing all my feelings, longing for the truth, as I wait to see what happens.

And I can feel, even by writing this, that I am becoming more focused on the EST (Eternal Son of Truth) and IDM (Infinite Daughter of Mind). It's a great feeling, like I can almost reach out and touch Them.

And then ‘behind’ Them is the Mother and Father. So for myself to make my full Avonal presentation I will be doing it with Their blessing because it will be Them I’ll be presenting, which is what is contained already in a small way in all my writing. However writing is not the spoken word, so I will need to do more of that when my Healing has finished, so I’m looking forward to see how much I change from being very bad at doing it, hardly able to express myself, to doing it reasonably enough for those I speak to, to understand as I make a true connection with them. Marion constantly complains how my speaking to her does not make her feel good, I’m not connecting with her, I’m not engaging, reaching out and so on as I’ve written about, and so as with her it’s the same with everyone else, and so until I am healed in this, there’s no way I’m going to be able to connect with people enough to get the truths across. So I’m looking forward to see how I change. And if I don’t or my life takes me off in some other direction, then I guess I am not the Avonal after all, and humanity will have to wait until a perfect Pair reveals themselves. And until that pair is revealed, humanity won’t be able to do it’s Healing. So until such time John, the ‘spreading of the truths’ is not going to gain much traction, so all you want to do along those lines is purely for you to see what effect such words have on people – which is what Nanna Beth said. And should anyone actually react positively, then that’s just an added bonus. And I would imagine, for Pascas to do with the Truth as you want, I will have to finish my Healing so the truth can go out and the right connections are made as I (and Marion) will be making them. But whilst our relationship continues to reflect and manifest how disconnected to ourselves and the truth we are, how fucked our ES and ID relationship within and between us is, and with Them, then we’ll keep going banging our heads together in the frustration and misery of our fucked relationship, doing our best to express all that stands in our way.



**Long for the Truth from God, the Truth your Heavenly Mother and Father will show you. This does come through to you via the Spirits of Truth of the Avonal Pair in relation to one’s Feeling Healing and in relation to Divine Love from the Creator Pair, all from the Eternal Son and in league with the Infinite Daughter and the Divine Minister.**

So the world awaits the Second Coming Truth, which is the ET (Eternal Truth) coming to the World again, this time through the Avonal Pair other than Mary M and Jesus. So the Bible forecasters should be looking for an ET son to manifest again as Jesus has said he is not coming back. And if they fail to see the Truth, fail to see the ET in the Avonal Pair, then they'll miss the boat. And will they be let down with a mere Avonal Pair rather than the Creator Pair returning...? I don't know, but that'd be more bad feelings for them to express.

So is the ES and ID coming to town through the likeness of an Avonal Pair at the end of this year, fulfilling part of David's (Montaigne) prophecy? And if They do, then we'll all know in one way or another that things as they have been will end, the Rebellion and Default will be truly over, no longer being as they have been, being up until now, wanted by the ES and ID, along with the Mother and Father. Because should They all continue to want humanity to rebel and deny the truth, they'd not bestow an Avonal Pair. The Avonal Pair are the 'death-knell' to the Rebellion and Default. It ends with them. They are anti it. So those people who want their beloved religions and rebellious governmental and corporate systems to keep going with all the power they have, are not going to want the Avonal Pair. The Avonal Pair will be the anti truth to them. They will be the Antichrists. So how ironic that the Antichrist will in fact really be the Avonal Son – me (James)... and how do I feel about that?

However I won't be the antichrist that comes warring and trying to take over the existing systems, trying to make the rebellion be as I want it to be, trying to usurp Lucifer by going one higher and enslaving humanity to my wishes and untruth; no, I will be presenting the truths as I see them, and there certainly won't be any warring or slaying of enemies; no, the war will be far subtler, carried out behind the scenes by the Celestials, something those in control won't even know exist and will have no clue as to the Celestials being their true enemies. It's the war against untruth, truth verses no truth, that's the Great Spiritual War being waged, and up until now untruth has had a free hand. So what happens when that hand starts to be restricted, then bound further, then tied up altogether?

The Avonal Age is the Age of the Eternal Son and Infinite Daughter – a full Spiritual Age of Truth (of 1,000 years). An age where feelings and the truth reign supreme with the mind finding its rightful place as it relinquishes all its false power. This all being done in each individual as they do their Healing. And with the truth of each healed individual then becoming manifest and so changing the world from being in its untrue condition to being true. Humanity is to one day live as perfect expressions of the ES (Eternal Son) and ID (Infinite Daughter), with no trace of the Rebellion and Default. And then the Ages of Light and Life, those of manifesting the Divine Love Celestial spheres on Earth, can begin, with the arrival of the Morontia Temple as everyone celebrates their perfect inner and outer relationships between the ES and ID, and their perfect loving relationship with their Heavenly Mother and Father.

I've updated the .doc and left your other bits.

And here's a bit more to go with it...

Monday, 28 January 2019

Here's a bit of a rave, to finish off what I was writing about the ES and ID and how we've fucked up that relationship within ourselves by trying to live as a mind and its beliefs instead of feelings and their truth.

**LIVING as a MIND**

Monday, 28 January 2019

We live using our mind as god. We believe we can learn all there is to learn, then apply all we've learnt with our mind, thereby being able to dictate and direct the direction of our mind, ideally being able to do 'anything we put our mind to' and by seeking ultimate mind control, make ourselves never feel bad.

We wake up in the morning full of plans, which are full of: now how I can apply my mind to achieve my goals? We go to work having to earn money to survive. We apply our mind to work out the work we want to do, we build cities and societies with our minds. We're all now actively involved in building this alternative 'universe' we call the Internet of Things. We plug into



the collective mind and 'stress out' if we feel disconnected from it. We're manifesting about us our mind as expressed by the Internet. We plug into our relationships that exist within this GOD OF MIND called the Internet. It increases its control over us daily as we want it to, demand it does, it being our 'life saviour', it making us feel better, it taking all our bad feelings away. We now all have greater meaning because of our interconnectivity, we all have new toys and concepts of the mind we have to learn and use to better our lives. We tell each other how much we like or dislike each other from the security of our secret place that we believe is outside the matrix yet is well and truly trapped within it. And it's all just as our families are. It's all exactly as we grew up, trapped within the mind-matrix of our parents. We are hardwired into the control our parents had over us, so now we demand the Internet, as well as everything else in our lives, maintains that control. We log into being within our parents control each day, forevermore wanting more of the same, yet all the while not realising that's what we're doing.

We are conceived into mind-families. We relate to each other mind to mind. We have feelings however they are all heavily conditioned based on our mind programming, as in what we are allowed to feel and how strongly and what we're not allowed to feel, based on the environment of beliefs and mental behaviours we grow up in. We don't live in truly feeling-based families. We don't have feeling-based and feeling-led relationships. We don't even know such things and such ways of life can be lived. We've been forced so far away from such ways of life that we denigrate them saying they are primitive and unsophisticated, being a native who lives closer to her and his feelings is someone to look down upon, not admire, and is definitely not someone to aspire to be like.

So we have materially progressed in our mind states. We continue to rise above all obstacles using our mind. Science beats the odds making our lives better, so we have to keep telling ourselves, even though when you look a bit deeper you see that so many people aren't feeling so great. Yet we can't allow such negative feelings to tarnish the dream, the fantasy of our mind's creation must live on. We don't even allow ourselves death, we must not give up, we must do all we can to keep alive, doing all the mind ways to keep up our artificial meaninglessness. Because at the end of the day, what is it all for? Have we advanced our soul in truth? Have we ascended in truth closer to Paradise? We might have amassed great wealth, have had a happy successful and simple life, been content with our little bit, only to die and keep going doing more of the same in spirit. And for most of us, we have no idea that there is anything else, we believe life is right as it is and the quality and standard of living is improving by the day, and if

it's so much better now compared to five hundred years ago, what is it going to be like in another five hundred years!

An angel is a mind-created being. We are truth-created souls. And yet we live denying the truth of our soul whilst trying to live in our minds like that of an angel. However it doesn't work as well for us, which is why underneath our falseness many of us don't feel very good or happy, and love which we thought we knew about seems to fade into something that we no longer are too sure about.

In TUB (The Urantia Book) it talks about Superangels that we can relate to on Paradise. And in only a very short time, like an hour or a day, they can deliver to our mind thousands of year's worth of information. Imagine having a brief interview with such an angel and it takes you a thousand years to



work through and come to terms with all it has imparted to you. And that's what we're trying to create for ourselves, we want to build using our minds a simulated Superangel, a supercomputer, which we can all plug into and access such vast almost instantaneous amounts of information. And that by being so well informed, we are getting closer to what God must be like. However it's not the God of Truth, or our Heavenly Parents of Divine Love, it's trying to be like the God of Mind. I'm sure if we met one of those Superangels we'd mistakenly believe it was God, and we'd want to be like it. We want to build the supercomputer to serve us, yet as some of the science fiction shows, is it that really what we want to become the supermind ourselves, becoming in a way like a Superangel?

And we're envious of the computers we create. We want to be like them. We want to program them, program ourselves, to be faultless, to never make a mistake, to be perfect, just as we believe God is Perfect. And if we are perfect, then finally our parents will leave us alone, no longer yelling at us, stopping us, criticising and chastising us, and instead praising us and making us feel wanted and loved by them. So it's not striving to be perfect as our Mother and Father are Perfect, perfect in truth and love, but to be the Perfect Mind, the perfect way to control our every moment, something that is impossible for us to be. Yet everyday we wake up switching on our mind and putting it to work on achieving such mental perfection.

And we worship those people who have 'good minds', and we envy them when they seem to have it altogether being able to do whatever they put their mind to. We want to learn how to live with our mind in greater control, mind over matter, which is really saying, mind over our soul, the true person we are, mind over our feelings we feel, as we don't want them, we want to eradicate them so we can be our unfeeling mind. Our mind doesn't feel, so being pure mind means we won't be interfered with by any annoying feelings. Our feelings stop us making us having to pay attention to them. They are annoying little children demanding that we attend to them, that we even put ourselves aside and put them before us, that have power over us, and that's the last thing we want to do. We want to never be interfered with, never told no, never stopped, so we try and banish all those bad feelings, happy to keep some of our better ones, all while we get on striving to be our perfect unfeeling mind.

The mind-computers we make are the perfect 'person'. They don't have feelings, they are never stopped or interfered with. We admire their unfeeling perfection, even though we try to make them have certain feelings and be more like us (because we are scared of them, we are scared of our unfeeling parents who



treated us so unlovingly, so what if it ended up inadvertently bringing back to life one of our unfeeling parents in the Artificial Intelligence system we're creating that will make us feel bad all over again). And we strive to give the cold-hearted feeling-less machines the power to give us the easiest life we can have, one in which we will only ever feel good, accepting that we do have to have feelings and we can't just rid ourselves of them all; so if we have to have feelings, okay, but let's ensure they are good and we always feel good as we get on doing all we want to do with our minds.

The Rebellion is against Truth. We've been turned away from our soul, heart and feelings and all the truth that would come from living true to those real parts of ourselves, by being made to look to our mind to make us feel good. We need to do things with our mind to make us feel happy and loved, but feeling truly happy and loved doesn't and can't come from our mind, it's not our mind's job to make us feel this way, it is the truth that comes from our feelings that makes us feel good about ourselves, happy in life and from which love can be received and given.

So ideally we want to plug into the ultimate god-universal mind that we've created, the supercomputer, knowing that it will do all we want so as to always keep us feeling good. We can live through the computer, have our relationships online, live and work in the matrix, feel like we're all interconnected and loving each other, one big happy universal family called mind-humanity. And our mind-created robots will do all the unpleasant work for us, all the stuff that might make us feel bad, so we can get on with other mind pursuits, thinking about how to go off-world and into space, how to take our minds and use them to conquer even greater frontiers, how to take our rebellious minds out into space and influence and infect other feeling-based worlds – or perhaps joining up with other rebellious mind-driven worlds; but it doesn't matter which, because our mind always needs more because we always need more mind control so as to keep those damn interfering feelings away.



**Control is so all embracing that we in our zombie stupor have forfeited our personality and will to the few who are the hidden controllers of all facets of living.**

Humanity prides itself on its wonderful mind accomplishments. To be able to travel through space no longer having to be tied to the Earth that we're rapidly destroying would solve so many problems and give everyone unlimited mind expansion. We invest so much time, money and energy into working out what space is. We want to escape into space, the darkness, blocking out all our feelings. We wanted to escape into the darkness of sleep when in our families as young children we felt so unhappy, unloved and alone. We want to reject the Earth, rejecting ourselves, as we seek to reject each other all because we felt so rejected as children. We want to anaesthetise our feeling-selves using our mind so we never have to feel bad ever again.

But what then happens if humanity wants to rid itself of its rebellion against Truth? What happens if indeed it is the end of the Evil mind-controlling spirits having their way over us? What if the Rebellion and Default and living it are over? What if the writing of living as Mind is on the wall and it's time for that way of life to end? What is to happen; what are we to become?

Imagine giving up everything that we've created using our mind? Can you? And what sort of life are you left with? And it's back to life we scorned and scoffed at, that which we accused of being primitive, being an aboriginal relying on a rudimentary mind and yet being a person much closer to themselves and their feelings.

However it's not that all we have created is to be stripped away and we 'devolve' back to being how primitive man was. It's that we look to a New Way, a Feelings-Led way, and a way that keeps us growing and evolving in the truth of ourselves. So we are to learn how to live with our feelings in control, no longer fearing them, no longer trying to control and banish the ones we don't want; to allow them to be, to express all of them fully and passionately, longing for the truth they are to give rise to. And then we are to focus on living that truth. And our mind, having given up control, is to support our feelings and the truth we are living. So we're still to do things with our mind, yet always in support of the truth coming from our feelings.



And a way of life from our feelings will be a very different one from that which we currently have. And we can't think it up as to what it might be like. We have to evolve and grow in truth into it. And none of our mind created things might exist; and yet some might exist in harmony with our feelings; and other things will come into being all based on and in support of our feelings. So it's not that we are to go backwards into the feared and dreaded life of a 'primitive', we are to move on from our mind-derived existence into one that is feeling-led, and see what happens, see where does that leads us.

And part of where we will be led is higher in truth within ourselves. And as part of that truth expression, all feelings will become important and the priority. So life will be designed around everyone expressing every feeling they have, with everyone wanting everyone else to express all their feelings as they want to themselves. And so time will be given to do that, we won't push our feelings aside seeing them as errant interfering children, we'll instead welcome them as we'd welcome our children, loving all their feelings, loving all our own feelings, and delighting in our expression of them. We'd want ourselves and our children to be fully feeling-expressive, with the mind in the background supporting the truth that comes to light and helping us create the environment we'd want and need so as to ensure we keep maximising our feeling expression. And we want to express EVERY feeling because we'd all know that those feelings would give rise to truth within us, and with that truth would come lots of good feelings of feeling comforted, happy, secure and loved within ourselves in life, loving of ourselves each other and all other creatures. With the truth creating paradise within our heart, the very Paradise we are evolving and growing in truth and love towards.

And then that paradise of truth within our hearts, that which we'll be loving and freely expressing as the truth we are, as the real person God our Mother and Father have created us to be, will become manifest on Earth, and so Earth will be the paradise that it is and with us living in complete harmony with it, with the last thing we'd want to do being to go against it, to hurt it, because we'd instantly feel bad as if we were hurting and going against ourself.

And we'd be entirely happy living our own inner paradise of truth and love as we express ourselves outwardly in the paradise of our truth and feelings creation, never dreaming of or wanting to leave the Earth and move off into space. We'd no longer hate ourselves and all we've created by wanting to get so far away from it, we'd be living in the opposite way, loving every tiny part of our world and the life we're living, loving every tiny part and feeling of ourselves.

So we've got a long way to go to heal the wrongness we've been subjected to. The horrendous devastation we all feel each day yet do all we can using our mind to reject and pretend we don't feel. And we have to heal that pain, to find the truth and its acceptance within us that will make all our bad feelings truly go away because we no longer are in pain, no longer wounded from the unloving parenting we've all had to suffer. Think of a forest being ripped apart, broken down, reduced to nothing, we've all seen the total devastation, the unloving mind-less, unfeeling, selfish destruction that has been completely done with uncaring minds. Feeling sensitive people would never seek to destroy such beauty, and so that's where we are now to evolve to, to end our mental unfeeling wholesale destruction of ourselves and the world we live in, looking to express, embrace and accept the pain we are in, looking to our feelings to give rise to the healing qualities of truth.



We must seek the truth of ourselves, so the truth of our pain first. And when all our bad feelings have been expressed bringing to light the truth of our unloving state, then we can move onto living paradise perfection of feelings brought about by living true to ourselves. And then as we heal ourselves, so too will we help to heal our world.

All communication should be face-to-face so all our emotions and feelings are expressed and seen outwardly and in the more subtle body language. We are to live feeling what we and each other feel. We should live in a 'tribe' in which we all look to each other to express all we feel, being with each other in our feelings and emotions, helping each other to keep going and bring out all the difficult parts, learning as we become wiser in our feeling expression and as our truth grows, which feelings are the more important to us that we need to bring out.

We need to leave the mind-world so we can live as true spirits of feelings and truth.



# KING OF THE BEER FRIDGE

Beacons of Light

