

PASCAS WORLDCARE

Against the Odds

... contact and launch

31 January 2019 - 20 April 2019

Volume I

CONTACT

AND



“Peace And Spirit Creating Alternative Solutions”

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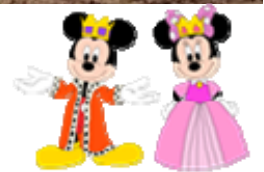
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PSYCHIC BARRIERS MAINTAINING the REBELLION and DEFAULT are CRACKED!



The hounds of the Rebellion and Default have fallen, the psychic barriers have forever been cracked. The sheeple, the mice of humanity, now have the freedom to evolve through Feeling Healing and Divine Love.



Things are pushing ahead, we're working them from our side, and more so every day now. Many of the soulgroups involved in this are getting a feel for what it is they are to do and how they are to do it. So the barriers are giving way on multiple fronts.

There are actually barriers preventing people and humanity as a whole moving deeper into the wrongness, just as there are barriers preventing people and humanity moving out of it. It's all very tightly controlled, the Evil Ones put in a vast amount of controls and on all levels, which, unless you are shown by those spirits who can see them, such as the Melchizedeks, you'd never be aware of them.

So the cracks are appearing as the Divine Love Healing worlds start to 'descend' onto Earth – into the physical. For that's what is going to happen, the Divine Love Healing worlds, from the first introductory sectors on Mansion World one, to the truth of all the three main Healing worlds, being lived by people living them whilst on Earth. All to give rise ultimately to Celestials on Earth. That's what our goal is, to have people living on Earth who have fully Healed themselves.

2 December 2017



**PSYCHIC
BARRIERS
CRACKED**



TIPPING POINT

Thursday, 31 January 2019

John: [Hi Nanna Beth and Helen](#)

I have been reading through from the commencement of our communications that started early in 2017. What has been introduced through yourselves with James is way beyond one's imagination, it is the Great Unfolding, the Great U-Turn, The Change with the Greatest Show on Earth all leading to the Handover and the coming Spiritual Age. To comprehend what you all have introduced is a mammoth undertaking. To confront people with all of this is a daunting task, but for the recipient it is an ego shattering confrontation of mammoth proportions, nothing will remain unchanged – nothing!

Nanna Beth: And that is the whole point John, nothing is to remain the same. Nothing, which I know is hard for you to understand, however that's what is to happen, although it will take time, people will be given time to adjust, at least those people who want to know the truth.

John: [What I have been prompted to comprehend today is that we have reached and bridged the TIPPING POINT.](#)

Nanna Beth: That's right, we want you to understand this, to have this awareness, so we've been working to bring you to this point because ALL of what you've been doing over the course of these years is the Tipping Point, as much as it is where you know currently stand, it being on the threshold of it all starting to change. Your whole life John has been working to bring you to this point of understanding that it is all about Tipping over from 'One Way' into that of 'Another Way' – the 'Old rebellious Way' to the 'New Way of Truth'; two 'ways' that couldn't be more opposing. The Truth verses the Untruth; Love verses No Love; a Corrupt Mind verses and True Mind, these are the massive concepts and realities you are having to deal with. All of which you love, 'you wouldn't want to miss it for quids'; all of which you are perfectly suited to embrace and deal with. And all in a very friendly unassuming non-controlling way, allowing James and everyone else who comes to you to essentially be free to do what they want, yet also understanding that it's all to be done within the parameters you have set. And it is, it's 'your baby' John, in that you are the fulcrum point around which everything is going to Tip, however you don't have to worry, only understand what I'm saying, as no one is going to blame you for it, because very few outside people will be able to comprehend what you are actually doing, and by the time they do, it will be all too late anyway.

The Truth is to move unobtrusively into the fray, establish itself within the existing untrue systems, and then wait to be 'activated', which won't be for you to do John, you are only to prepare the systems for the way into the evilness. And then when it's activated, that's really when on a spiritual and inner levels, all the fun and games will begin because that will be when people start to have their beliefs confronted. To begin with, the truth will be made available for those people seeking it and to readily find it, yet it won't be making a loud noise about it. Then the noise will start and grow increasingly louder as the truth starts to come up against the untruth.

John: [Now what I am referring to is that the Solid Investment adventure that Crystal and I have endured since early 2006 in her case and late 2005 in my case has reached the Tipping Point that now leads to the commencement of the distribution of funds.](#)

Nanna Beth: That's the idea John, it all in keeping with the spiritual side of things. Humanity is to literally be tipped out of the Rebellion and Default, to suddenly realise those ways are wrong, have never worked for the good or all, only for those select few who've been in control, and that that's no longer relevant or a realistic or good way to live. So the funds will come into play in support of this. You getting your funding will mean that the Tip has already begun, the money being 'tipped out' to you from within the rottenness. So hold out your hat John and catch it when it comes.

John: Who would have contemplated that having a friend of ours writing to the parents of Simon Church would be the Tipping Point to resolve this seemingly impossible impasse – this blockage to commencing the payouts. Who would have thought that possibly the incredibly obnoxious character of Simon's mother and Simon's hatred of her may well be what will enable events to be suggested in an email to be sent to Barrister Neil Hughes early this coming week to be embraced and actioned.

Following the letter sent to Simon's parents by our friend Jerry, they have had their solicitor send a letter to Barrister Hughes which Hughes has taken with him to Zurich to meet with solicitor Reynolds to then confront Simon with while in the presence of a psychiatrist to deal with the contents of this letter. Could it be that Lady Barbara Church has initiated the Tipping Point? This would be ironic!!!

Nanna Beth: Yes, the 'mother' being in control, will inadvertently cause the beginning of the end, and right the way through the Crossing Over from this age into the next. The 'mother' – the woman, is going to motivate and carry out most of the active changes that you are preparing for. Many women will fiercely reject the Truth because it will confront the better view of themselves having more power they'll not want to give up, however there will be other women who'll challenge these charlatans, wanting only the truth and wanting it without needing their ego to believe they are one of the top controllers.

John: And just now, in my conversation with James, I find James has moved through a Tipping Point of his own, all of which I am delighted. He is going to be in the thick of the fun and this I welcome.

Nanna Beth: Yes, he's working through the various levels he needs to attend to. He and Marion are both in a constant state of flux. As he told you, he's currently considering being completely involved with all aspects of it with you, rather than just the passive advisor. As to whether he will or won't will be decided soon by him, which he'll let you know about, it all being part of and coinciding with his 'Crossing Over' from that of being untrue to that of being true.

John: So dear Helen and Nanna Beth, am I reading this correctly? Are the draft emails that Crystal has prepared that are to be sent by Lawyer Doug to Barrister Hughes, QC Blackburn and to Horst Kohler all triggers of the Tipping Point to get the change in administrator for the Solid Investment fund pool into appropriate expert hands and then the implementation of the payouts?

Nanna Beth: They are, yes, and there'll be more to follow.

John: Prior to talking to James, I was feeling that the Solid Investment pathway was separate from James' pathway, however it now appears that we are in lockstep. Is this so?

Nanna Beth: Everyone's pathway is their own unique path as you know, so this is true of James as well. However as to whether and by how much your pathway and his run intertwined time will tell. However I think it's pretty clear that the two are highly meshed together.

John: I sure do appreciate all that you have shared with us through James since early 2017 and can only imagine how much more there is to come as we move into the launch phase and rollout of whatever it is that we are to do.

Nanna Beth: It's been our pleasure John, seeing how you've all changed through the years being exposed to such truth and information. We've established a 'beachhead' and now are moving toward making our advance.

thank you ever so much

John

COURIER INSTRUCTIONS

Thursday, 31 January 2019, 4:44 pm AEDT

John: Hi James

Would you care to ask Helen: Has the Courier now assigned to make the delivery of the Package to Crystal received his instructions as to how to proceed and make the delivery?

The interesting question is: When was he provided with his instructions to make such delivery?

John

Helen: Last week and he's a she, there are two involved in different aspects of it and they are in the process of receiving instructions, which should take a week, then they have some more details that need to be taken care of, then they should be Oked to begin.

SANCTUARY NAMES

Thursday, 31 January 2019

John: James, have you got some names for the Sanctuaries where 1,000 people may live?

James: They are currently derivative and true native plant names I like which I've used in a movie, but other than that, nothing official. For example: Pultanaya, Pomaderris, Pimelea.

Ha! I opened the movie *Sanctuary Pultanaya* to see if I could remember their names and it opened right at the spot! I've bolded them.

Amanda

Nearly. There's forty-nine 'Celestials', people who've 'crossed over' so to speak and are free of the Rebellion, however we don't call them Celestials as we want to stay away from labels, that all being too much of the mind. **Pultanaya** has accommodation for one thousand people, it's currently full, with another two hundred people camping or squeezing in, and we have another five hundred people who live nearby but come regularly and are considered as part of the community, and then we have another roughly one thousand people in varying levels of their healing and some who've finished it and are living in different parts of the world. And we have another two Sanctuaries, to which you are welcome to go – **Pomaderris** and **Pimelea** where people live who are interested in doing their Healing, and some of them are, but who aren't so intent on working solely on healing themselves, they want to take their time and do other things. We here at Pultanaya only want to work on ourselves, nothing more. So if

you don't want to commit yourselves to your Healing, yet want to live on a commune of like-minded people all based on understanding it and the truths and information I'm imparting to you, then you can take your time working out whether or not it really is for you.

MILVERTON'S MONEY BOX – SI

Monday, 4 February 2019

John: Hello Helen and Nanna Beth

Yes, I miss the point and then a penny drops. Kindly assist me with what I now consider has taken place regarding the creation of the Solid Investment operations in the physical please.

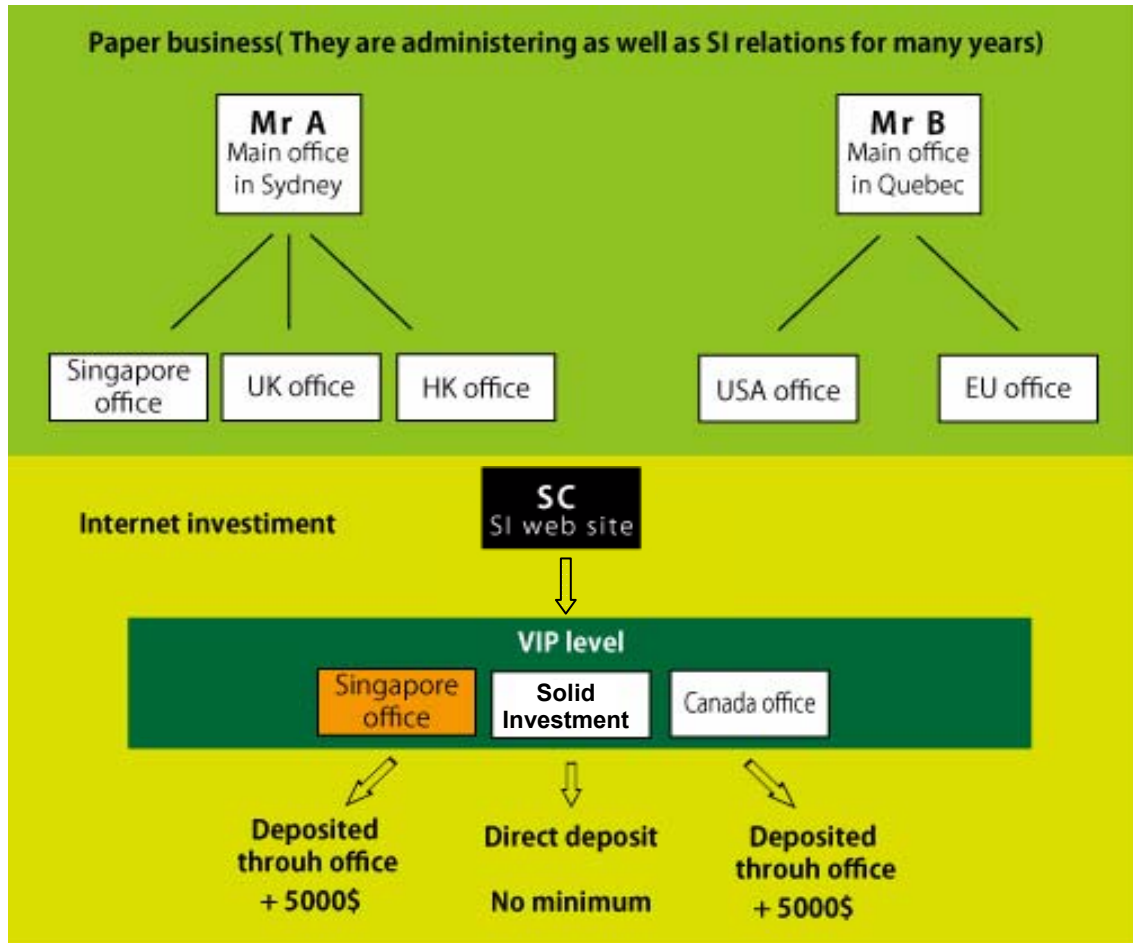
Solid Investment was the brain child of Baron Fraser Milverton II, also known as Bishop Fraser Arthur Richard Richards. A great deal of the Baron's creativity was through the promptings of malevolent mind spirits, typically from the 4th Mansion World or similar.

As the Baron has written on 31 July 2017: **“I established the Solid Investment money** so as to give myself the power I needed to maintain my position with mainly the Rothschilds and others, all so I could continue to do what I wanted, which was to control my ‘neck of the woods’ on Earth, which I greatly enjoyed and thought I was rather good at.”

I suspect that he has now discovered that he was not the clever one, but the mind spirits having him on strings like a puppet. Our observations are that Milverton was extremely sensitive to any form of spirit connectivity.

From September 2005 through to June 2006 an internet site was introduced to many that was different to anything else seen on the internet (though it had been operational for four years by then).

There were more than a dozen feeder entities, possibly sixteen, to the parent management entity, Schroder Investment, of which Solid Investment (SI) was one. And Solid Investment had several arms within itself, of which the Belize website operation was instigated by Sam Colins (SC).



Thus, it could have been around the year 2000 that Baron Milverton II started to activate what we refer to as Solid Investment. Further, did Baron Milverton II sanction and enable Sam Colins to expand his octopus tentacles to bring in us peons, the penny people, so he could play with us in his game of being the super cat toying with the sheeple?

The Solid Investment website gathered global participation commencing in the second half of 2005 and peaked in the first week of July 2006 when the website permanently went off the air as a result of a DDos attack – overload. At that time there was something in excess of 35,000 active accounts that belong to the Solid Investment website members. The other groups may have brought the number of engaged participation to 100,000 accounts. These other groups have not linked up with SI account holders as yet.

Thus it was Sam Colins who was genuinely helping people with very limited resources to benefit from the game that the privileged elite (Milverton and his group in this case) withheld for themselves not realising how difficult it was going to be for the depositors to recover their entitlements. It was Sam Colins that welcomed website participation into Solid Investment with as little as US\$10. Other participation pathways required much larger deposits.

The Kwok Brothers from Hong Kong appeared to be the main players behind the Solid Investment operation, but were they a front for the master fox, namely Baron Milverton II?

Then entered Baron Milverton II's nephew, Simon J Church who in the last days of the operation of the Solid Investment website made several deposits. Simon subsequently asked his uncle to assist in the recovery of the Solid Investment fund, this was later, maybe early 2012. Baron Milverton II never did let his nephew Simon Church know that he was the mastermind behind the castle that included Solid Investment as a major part thereof and Simon has not realised this either.

So the Baron found that his trusted companions had all died or abandoned him, his own children incapable due to their wayward lives and only nephew Simon, the frock designer and embroidery expert, the only one he could trust while manipulating him in his usual way.

So, Simon Church had become fiduciary administrator of many hundreds if not thousands of billions of dollars. So what has Simon done, he then went into hiding in 2014.

Now we have Simon's mother, Lady Barbara, the sister of Baron Fraser Milverton II stirring the pot sufficiently to lever some lawyers to commence a dialogue to transfer the fiduciary administrator's role to those who can and are to implement the payouts of the Baron's treasure trove.

This all being the result of the unrelenting efforts of the Warrior Princess, the 'First Payee', to recover the funds for the account holders and consequently the world as it is to fund the dissemination of the writings to alert the world of Living Feelings First.

So, who is the real orchestrator of all of this?

POLE SHIFT / EARTH CHANGES

While we are on improbable time lines, could we count back some pole shift / Earth change events please? Each pole shift / Earth change event typically appears to be occurring in cyclical fashion every 12,000 and up to say 15,000 years.

The last pole shift / Earth change event of some 13,000 years ago resulted in the submergence of Atlantis as well as the separation of Tasmanian from mainland Australia due to the rising of the oceans.

The one before that, say around 25,000 years ago, resulting in the submergence of Lemuria (Mu) within the Pacific Ocean basin. Lemuria was a large continent and the hub of the world's population during that cycle.

When did the civilisation of Antarctica succumb to a pole shift / Earth change event? How many cycles back did that civilisation on Antarctica have its environment destroyed?

And has Australia had a population of significance before the Australian Aboriginals arrived?

There is an enormous amount to grasp in your writings over these past two years. What is emerging is that life will be far easier should we embrace simplicity through just our feelings. All other endeavours appear to be just tiresome and pointless mind games. Why build an empire for it to be smashed down if simply not taken away by one's separation from their physical body?

First we work through the complexities and then make it simple.

Something like that, cheers for now, and thank you
John

Helen: James, you are asking me to comment on what John has surmised. He understands most of it well enough, enough for him to work with. The Baron didn't set it all up himself however, but enough to ensure that he retained a large amount of control over whatever funds were to be involved. And when Crystal is allowed into the inner sanctum, all will be revealed, and so until then, I can't tell you anymore.

As you understand James, where you and Marion are in your Healing requires us to remain more tight-lipped than we have been. You are now approaching the end so it's just yourselves and your yuk, alone, feeling totally shut off and disconnected from everything, and from each other, feeling the full misery of your unloving states. It is as you felt when you were very young, it being the truest to back then that you can be, and with each day now drawing you deeper into that, so you are alone feeling unwanted and uncared about all of which we can't interfere with. And our not telling you anything, not giving you any feelings that we care and can help you, is all part of it. I can't come and tell you all you want to know, it all has to wait until you've finished your Healing. So I can't tell you anymore about SI, nor can I advise John through you. I can still work with him and Crystal, but our connection with you is drying up for the time being, just as you are feeling uninspired about it all. You're not writing anymore, it's all grinding to a halt for you, your relationships are going nowhere, there is nothing good in anything, your life is a non-event, it's all as bad as it was for you from your beginning. So all you can do is keep going in it, keep expressing all you feel and longing for the truth.

James: Thank you anyway Helen, and I know all you're saying is right, it's how I feel, I hardly want to write anymore, hardly want to do anything. I spend more time sleeping, like a baby, eat a little and sleep a lot, everything is just a blur, it's all so pointless, the truth keeps coming to me about just how bad it is, how fucked I am, and I feel increasingly fucked off with it all. But as you say, there is nothing I can do other than express how bad I feel about it all. I'm sick and tired of hearing my own negative bad-feeling words coming out of my mouth, just as I'm fed up with hearing Marion complaining about her worsening physical state. And yet I can't do anything about it, I can adjust my diet a fraction having had

it in upheaval the past six months, so I'm not eating as much, and I've stopped most of the extra chocolate only a small bit of the very dark stuff each day, but that's about all I can do. And I don't want to write anymore, hardly want to speak with you spirits, I don't see the point anymore, I feel like you've told me all you can anyway, and as you say you can't tell me anymore, if you could it would be coming through.

And the Mother and Father don't say anything other than just keep going, that which they've always said to Marion, and so that's all I can do, as I sure can't do anything else. I can't make it end, I can't do anything, I feel so useless. And a few weeks back accepting it all, accepting how hopeless and powerless I am was the big thing, which I did, and now that's all faded as I've moved on, always moving on yet into more of the nothing. So moving on into feeling bad in other ways, endless ways to feel bad, yet nothing ever feeling good. And I get angry and despondent about it all for a time, then those feelings go and I move on – and what was all that about? It's the most horrendous thing, having to unwind all the bullshit and face the nothingness of it all. I feel so empty, so nothing, so unloved, so unable to lift my finger to do anything other than the bare essentials. I am such a baby to mum and dad, I've never grown out of being it, and an unwanted baby. They didn't like children, I don't know if they didn't like me the person, but they sure didn't like all I represented being their child. And because of that they didn't put in, there wasn't anything coming from them, no connection so nothing happens, there is nothing coming from anywhere as I can't reach out and connect. I feel so ragingly furious, which feels good as I no longer fear such anger and expressing it, and I feel so fucked off, so, so, fucked off, I can't tell you how fucked off.

So I'm sorry John, but I won't be able to get much from Helen or Nanna Beth. Please don't stop asking your questions, you never know, something might give, but if nothing does, then I guess you're to stop asking and that will be the end of it.

I just read through your Pole Shift questions, however I can't ask Helen about them. Nothing comes, it's as if the lake has suddenly dried up, and is even drying up more as I'm typing this. I'm sorry, but I feel for the time being I have to honour coming to an end with them, and end with all of my writing – so yet another end! That might change in a moment or tomorrow or whenever, but for now I have to say no, I can't do it, it's not going to happen, it's all been done for now. It's all been in my head and my head has run out of puff. Now my mind can shut down and hopefully I can start again wholly through my feelings – that's what I ideally want, to end all my mind-only stuff and to be fully engaged through my feelings. Feeling-Led, yes, that's what I want. So hopefully this today, right now, is a step further in that direction.

Kooralbyn

10 February 2019

James: Hi John, the papers you sent me are fine – about the feelings / emotions and the Boundaries of Hell.

I was reading through the Kooralbyn Paper and I'm sorry but the whole of page 3 and most of the rest, I'd not want to be involved in. All of that is maximising the best of the yuk, and I want to go against that. For example, I'd want to put a lake in instead of a golf course, and let all the horses go and dig up the tennis courts, god that'd be the last think I'd want to have anything to do with. I want to put a whopping big fence around the whole area to keep the human and other pests out and set the whole thing up as a Sanctuary, a place of peace where people can live free of all that usual yuk, free to work on themselves striving to be self-sustaining. And nothing that is an example for the rest of the world, to keep it as low key as possible, just for the truly spiritually inclined. However of course I'd have to see the place first, it might not be suitable for what I'd like and being more suitable for what you have written.

Yuk

EARTHING of the LAW of COMPENSATION
MORE AVONAL STUFF to keep under your HAT

Friday, 8 February 2019

James: Having said nothing is happening spiritually and I don't feel like writing anything, of course, just to contradict that, something spiritually has been unfolding further in my mind.

It's along the lines of which I've already touched on, expanding my understanding along with increasing my desire that if it is something that is somehow going to directly involve me, all in keeping with part of what an Avonal might do, then I want to do it.

It's understanding that owing to the Rebellion and Default the strict Spiritual Laws that apply to the Mansion Worlds and two lower Earth planes have been somewhat, if not entirely, suspended on the physical level. So we of humanity have been free to make our man-made laws without any consideration of the higher spiritual laws. And because the higher laws have not been present, so we've had to resort to making up our own ones. And even if we've wanted to live the higher spiritual laws, they've remained out of bounds, we've been kept in quarantine from them. However, is that all now about to change?

Is part of the New Avonal Age the reintroduction of the natural Spiritual Laws, so humanity can look to them (even having no say other than being forced to obey them), all because of the end of the Rebellion and Default?

My feeling / understanding is that the two hell planes in spirit are to be 'cleaned out', cleared of all mortal spirits, being free for some other purpose – possibly for Finaliters to occupy, spirits who've completed their Paradise ascent, gained Finality Status, and are sent to live in the far-flung Earth planes as required as they await their future assignments, such as TUB talks about. Anyway, if the two Earth planes are to be cleared of spirits, so all those spirits who are living in their 'hell' will when they end that move into the first Mansion World and without any new spirits to come from Earth to do their 'time in hell'. And for no further spirits to come from Earth to occupy the two Earth planes means those two Earth planes will effectively be 'moved' to the physical Earth itself. So at the commencement of the next Spiritual Age, everyone who upon death would qualify for interment in the Earth planes, would now start that interment in their physical lives as the **Law of Compensation** comes fully upon them. So suddenly, many people who have been happy living and manipulating the man-made laws for their gain and avoidance of any spiritual penalty, will suddenly find they won't be able to carry on with 'business as usual' suddenly being thrust into the throws of feeling very bad and having to start to compensate for all the bad they are causing. So you can imagine the impact that will have on the Earth!

Imagine if many of the religious leaders, top business people, all the Deep State and hidden controllers, all the mafia and illegal stuff, all the spy agencies and all their illegal stuff, all the illegal drug stuff, the medical companies that are doing things to harm people for their own profit, drugs, vaccines, all the nuclear power stuff, slave trafficking and keeping people as slaves, sex slaves, child abuse, organ harvesting, political stuff saying they will do one thing to help people then use it all for their own gain, all the war stuff, all the bad stuff, any bad manipulation stuff, and on the personal level, political, corporate and hidden, religious, all of anything that makes someone suffer with their will being used and abused; imagine if suddenly, any of it that was not on the level and not in keeping with the spiritual laws of equality and trying to be loving and do good with the best intentions in mind, was no longer tolerated, and the people involved suddenly didn't feel too well, suddenly feeling very sick about some of the bad they are causing, and feeling sicker and sicker and full of guilt and feeling very, very, bad and so bad

about all the bad they have caused; imagine how many people that will affect and the result it would have on all the power structures of humanity.

If humanity is going to change, begin the Great U-Turn in earnest, have the brakes applied because the Rebellion is over; if humanity has to start coming into line with the rest of the loving universe and live within its means; and has to fast and within the scope of a few generations, or even within a thousand years, that's going to be a massive change on all levels.



**Law of Compensation
quickenning 22 May 2017**

Imagine if all the manmade laws are no longer needed, they can ALL be removed. All the prisoners in all the goals can be released because there are now spiritual laws in place to keep everyone moving in the right direction. So if the murderer suddenly released from prison starts to get such murderous thoughts coming up within him, then he immediately has to start dealing with the Law of Compensation, along with still having to settle it for all that he's all already done by committing such crimes that got him put in the manmade prison.

Imagine if the war mongers started to think along those lines, wanting to control, harm and hurt others, instantly their inner brakes would start to be applied, they'd start to feel very bad, and so bad that they'd physically be unable to cross the line, possibly they couldn't get out of bed so as to carry out those plans, and the pain would persist until they changed their ways.

And even though most of the change applied through the spiritual laws will be on the mind levels, such as we can read about how it applies to those spirits in the mind worlds and Earth planes, so people can be educated about the mind-way and the feeling-way thereby allowing them to choose as to which way they want to live. But it will be one or the other, and no longer the way of their rebellion and default, and so if they choose the mind way, although that is still fucked and going against themselves, nature and God, they will still have to live it being 'nice' and 'all-loving' rather than being cruel, hateful and unloving.

So what if the Eternal Son and Infinite Daughter say They are going to implement the Spiritual Laws in a day, or a week, or a year, or ten or a hundred or a thousand years, how will those differing time frames affect everything? And I would imagine they would give humanity time to make the necessary adjustments. The Laws being applied possibly in stages, dealing with the worst stuff first, if you are selling someone into sexual slavery against their will, or using children for sacrificial rituals, experimenting on people in the hidden underground spy areas, then no way, no more, that intent and behaviour ends now, and you, by feeling the pain you are inflicting and have already caused others to suffer, have to start to come to account and make amends for your unloving actions.



**Eternal Son
of Truth**

**Infinite Daughter
of Mind**

**Divine
Minister**

And imagine if people who are suddenly ‘taken out of circulation’ because the Law of Compensation starts to work heavily upon them, are encouraged to ‘come clean’, to speak up about what despicable deeds they have done, that ‘full disclosure’ will help ease the pain, thereby bringing to light for everyone to see the horrors that have been going on. Imagine what we’ll all be exposed to.

And so if the power-corporations, governments and other controlling people cease to be able to exert that control, and the power structures break down, imagine how freeing and how many other little enterprises of a far more personal nature can develop. And if people who are open-minded, kind at heart and in mind, wanting equality and simply the freedom to express themselves, are allowed to, are supported by the unseen spiritual laws, with people feeling they no longer have to live lives of fear, scared of all they are working hard to achieve suddenly being taken from them at the whim of some government or corporation of because war descends upon them destroying their family life, their society, all against their will; imagine if you felt God really was looking after you, and if you did the right things according to such natural laws of love then you will be looked after, supported and feel comforted, and knowing that if someone else who might threaten you is no longer of your concern or someone to be worried about, because should they act in an unloving way or show such tendencies, the Spiritual Laws will activate dealing with them, making them have to face the truth of their unloving actions and thoughts by them having to ‘Feel the Burn’.

If the next 1,000 years are to be ‘Paradise on Earth’ then I would imagine the Spiritual Laws would have to come in to play sooner rather than later. The unloving control will need to be taken out of humanity’s hands, a higher more loving control put in place. And everyone would have to adjust, and it would be a massive and intense change, but one which I think most people, the average person who does just want to get on well with everyone else, would like.

And I think the Spiritual Laws, although applying to us all, would really only be severe if you were actively way out of line, and warranted life in the ‘hells’. For the average well-meaning person, who sure, might be a little greedy at times, might cross the line, hurt another, be even forced into hurting someone when really they’d rather not, the adjustments would be relative minor with the Law of Compensation not being too harsh, just as it is for the majority of well-meaning people as they arrive in spirit and move to live in the Mansion Worlds not needing a harsher hellish experience required to compensate for the bad they have done. Most spirits from what I understand go through a ‘Life Review’ in which their life is replayed and the bad things stand out and they feel bad for a time, but nothing deserving of time in the Earth planes or the Mansion World hell planes, just time to regret and feel guilty and remorseful, feeling sorry for the bad they have done; and then once that is done, making a few inner changes such as ‘I don’t do that again’ and then getting on with their Mansion World life. So I could imagine that for the majority of well-meaning people they would go through something similar, all of which would adjust and correct society within their small circle of friends and family and then in a larger context, into the right direction, with that direction being one of either further advancing the positive aspects of living with your mind in control or doing your Healing.

And as I said, if the Mother and Father want me to initiate this ‘earthing of the Spiritual Laws’ then I would only be more than happy to do so. And should everyone be pissed off with me, so be it. And should anyone want to kill me, then like any such intention they will find themselves under great pressure from the Spiritual Laws, having to instantly deal with the pain they are wishing to inflict on me.

And our angels would enforce all in accordance with the new mandates imposed on humanity, those that involve the New Spiritual Age and the Law of Compensation that goes along with it. And once the higher Spiritual Laws ‘descend’ to engage and embrace the physical world, then never again would humanity be able to reject them because this time round they’d be wholly supported by the Avonal Pair

and their Spirits of Truth. So the 'earthing' of the Law of Compensation would truly mean the end of all we know life in the Rebellion by Default to be.

Greed and living beyond our means would end, life looking to do the right thing by nature would flourish. The whole need to increase one's material wealth would no longer be relevant because what would you need to do it for, no longer having to insure oneself against possible disaster. And anyone aspiring to be a king, queen, pope, president, or any other ego aggrandising superior position of power would be met with: why – what is the need, as no one needs to be controlled by such people anymore? And with a lot of people needing to be controlled because that's how it's been for us through our early lives, so there's going to be even more adjustments to be made.

And I was asking: if for example the drug dealers are dealt with by the introduction of the Spiritual Laws and they no longer can be involved in such nefarious activities, what would happen to all



the poor addicts who might suddenly be faced with going cold turkey and who are so used to living at the mercy of and feeling so unable to control their powerlessness needing to be addicted to such substances? And it's possible the angels would mitigate such negative impacts on such people, helping them adjust to living without being dependent, allowing them time to change and work through issues, helping to ease their pain.

Humanity doesn't need to be put into shock because suddenly the way of life we're used to, even if it is so vile and against us, suddenly ends, so our angels can step in helping to ease the pain as we make the necessary adjustments.

And so like all of this, these are just the latest thoughts going around in my head. As to whether or not anything comes of them; as to whether or not they will be put into practice and this is part of what awaits humanity as the next phase of life on Earth, I don't know. Currently it's: Something to Consider, and so that is what I am doing, and part of trying to help myself with that is writing my thoughts down and seeing how they make me feel.

I see humanity as a train wreck waiting to happen – possibly it's even happening. The end of the line is drawing close, something I think many people feel. And by all accounts, I think we're all but powerless to make the big changes that are needed to save us from nuking ourselves and the world into oblivion. We might be able to hold off that fate, but still those people in control will work their ways on into eternity unless something more drastic and of a 'higher spiritual nature' intervenes, and I think it needs to be more substantial than just allowing the unseen Celestials to draw closer to us. We need help. And a huge amount of it. We're the helpless ones, incapable of doing anything truly positive to help ourselves. We've been crushed by the Rebellion and Default for far too long. We have no idea there is another way, we don't even understand the extent of the damage done, and so we need a lot of higher help.



So are things to be taken out of our hands? And is this part of the prelude to the coming Pole Shift say in a 1,000 years time. So the Spiritual Laws are activated now, and have 1,000 years to work on humanity, all of which would effect an enormous change, and all in preparation before sweeping all that's going to pass away, possibly keeping all the good stuff and passing that on by the survivors into

the next Pole Shift age. (I am still moving toward the Shift, if indeed it happens, happening at the end of the Spiritual Age rather than at the beginning and sometime soon or sometime through it. However I am still open to go either way.)

And so how do I feel possibly being the one who sits in the ultimate power position, that I 'run the world' by the authority vested in me by the ES (Eternal Son of Truth) and ID (Infinite Daughter of Mind) and all in accordance with the wishes of my Mother and Father? Bring it on Dude! And so I am either the greatest ego conceited bastard the world has ever known, even to contemplate such notions – whether or not they will come about, all of which will mean more 'down time' for me having to work through such fantasy and bullshit when I have to give it all up; or else, I will do it if that is what is to be asked of me. It's all bizarre, one way or another, and nothing that I would have ever have dreamed of. This stuff isn't even touched on in TUB (The Urantia Book). So I have the illustrious pleasure of saying: I've made it all up for myself! Or, it's what the Melchizedeks, Angels and Celestials are working toward, all of which the Divine Minster is preparing humanity to face.

The spiritual clock has started its countdown. The best part is it's as if I'm living / writing the movie. I can see it as a movie, the script and scenes playing out, and all we're waiting for is it to: Begin.

Arvonal AGE

Kathaleen & Kevin

John: Hi Kevin and Kathaleen (soulmates in 1st Celestial Heaven), Tuesday, 12 February 2019

(This is the record of communications for one week being 12 – 18 February 2019!)

Well Kevin, this show is about to hit the ground running – or I will be visiting you in person!

Kevin – 1st Celestial Heaven – John's brother-in-law: G'day John, I'm more than happy to answer your questions and pleased you're reaching out to me again. It's been a while, but necessary that we've both been getting on doing our lives. I will work through your musing adding extra that Nanna Beth and the others want me to tell James about, so I might digress somewhat. As he (James) is not so much wanting to write himself, so they are wanting to use this time brought about by your musing to relay more understanding.

Firstly John before we begin, I want to say that Kathaleen and I are very well, so well in fact that we can hardly keep up with all the changes going on within us. And this is one of the important aspects Nanna Beth wants me to convey to you James, as you've been musing about it for some time now, and as it's happening to you, as you worked out yesterday, that we all come to the end of our Healing just as you and Marion are, with it all being about understanding the truth of the unloving state we've all grown up in and lived through our adult lives on Earth and then in spirit. And by the time we reach the upper seventh Mansion World's limits, that is the time when we've seen all we can see about it in that context, which currently means, in accordance with the parameters set by this Age of Mary and Jesus.

So, as you saw yesterday James, the amount of truth we can see about our unloved rebellious state is also limited by the parameters of Mary and Jesus' age, or any age that we're living in and are a part of. So none of us, and it's the same for you and Marion, can see more than what the age you're living in allows you to, which I know is new as to how you've been looking at it, wondering as to the limit, and if indeed there is one. So I can tell you, there is one, and it's a big one, and what you are now feeling is that there is an end to this phase of your Healing, the Mansion World phase if you like, as defined by the amount of truth you can see about yourself owing to Mary and Jesus' limitations. And I say 'limitations', but really that is not meant to be taken in a negative light, as if Mary and Jesus have done something wrong or have not done enough, it's all just technical and means that until you have seen the truth of all the untruth in accordance with the requirements of Mary and Jesus' age, you can't move on into the Celestial levels of truth, either over here in spirit or with it being the same for you in flesh.

So you and Marion are reaching these upper areas now, which is why you're feeling like you can't go on any further with your soul transformation, because you can't, you are confined still to the restrictions of Mary and Jesus' age. And you are reaching a level of acceptance about this within yourselves, understanding that all you can do is keep expressing the bad feelings that you feel, feeling so frustrated that you can't do anything further to change yourself, and angry that all you keep feeling is bad, so bored, so bound up in your unloving state and so powerless to do anything about ending it.

However the end is near, very near now, and that's the next phase you are both to move into. And as you said to Marion yesterday, if there wasn't any Divine Love available, then you feel you are moving to



being able to fully accept the level of truth about the untruth that you can, and that you can't go any further, that there is a limit to it, it's not an eternal thing whereby your Healing goes on endlessly forever, and that you'd be ready to move into becoming of perfect Natural love. And this is happening, and at the same time, because of the Divine Love being available, you've received as much of it as you can, and it's helped you get to this point, but you can't receive anymore now until you become Celestial.

So the amount of truth of your untruth, which is the amount of truth of the Rebellion and Default as determined by Mary and Jesus (sovereigns of all of Nebadon), has nearly reached the point for you both, so that for you to keep progressing, you will need to move into a new age of truth revelation, that being your own Avonal Age. And so this is where things become a bit different between us and you there on Earth, we move from this point into the Celestials' worlds still under Mary and Jesus' jurisdiction, whereas you are now moving under your own jurisdiction so to speak, and by doing so, so too can everyone on Earth potentially follow you.

So this means that your Healing has to now take you over the threshold into you becoming your Celestial selves by the activation of your Avonal Age, and so once that is done, then in a way, you are free to carry out the full inner transformation of your soul that you're longing to happen with the Divine Love. So this is what we're all waiting for you to attain, as you too are now James, now that you understand that.

So it means you won't have to fully become of perfect Natural love and have your soul transformed enough to fully heal yourself of all the legacy of your rebellion and default before you become Celestial, it means that you are to in effect become Celestial and THEN complete the rest of the transformation.

And really, this is how it is for us as well, which we've given you slight hints about through our communications with you, so Nanna Beth informs me. We too don't become wholly Healed, true and perfect in our Natural love and then move into the Celestial levels. We are true, but wholly true to our unloving state, that which you are arriving at now, then we cross over and through that crossing over become wholly true, as in our soul becomes wholly divine as it fuses with our Indwelling Spirit and all the Divine Love we've partaken of starts to express itself, but then we undergo a period of 'adjustment' in which we need time to adjust to our new inner state, that which is unfolding within us.

So for us, all but instantly all our outstanding unloving compulsions and addictive behaviour – addicted to the Rebellion by Default, is changed into being the opposite. We wake up in the Celestial spheres free of such problems and dramas; we, like you have worked ourselves into fully understanding them, why we are of them, how they've affected our lives; yet, also like you, feeling utterly powerless in being able to do anything ourselves about ending them. And that's because we're not to use our mind to end them, it's for our soul to end them when it is allowed to, which happens during the Celestial crossover. And so that's where you're currently arriving at, and waiting for your 'crossover' to occur.

So it's conceivable that you will 'make the change' and then your inner transformation out of the Rebellion and Default into divine perfection will occur, however as to whether or not that will happen in a flash like it does for us, or will take time, I can't tell you as yet, it being what you'll have to experience for yourselves, it being part of your Avonal Age and thereby setting the 'tone', the parameters for that Age, for what people are to expect who do their Healing.



So I hope I have explained it well enough. I can see from your mind and feelings James that you're happy with it, that I've written it out for you that which you were thinking about writing yourself. So I will continue answering John's musings, and if anything occurs to ask me or Nanna Beth as you type, please ask.

James: Thank you Kevin, and you have written it out very clearly so far as I understand it. And as you say, I'll just keep plodding along becoming more aware of my unloving state, and if as you say, I can only see so much of it, I guess once I become Celestial then I'll be able to see the rest.

Kevin: That's right, and that's what's been happening for Kathaleen and myself through our adjustment time. Our inner transformation out of our rebellious state and into that of being true and Celestial was all but instantaneous, but then it takes time to work through it all, all of which takes us ever deeper into understanding just how bad it's been for us. And as I understand, we'll always be working deeper into understanding more about our unloving beginning, because the higher in truth we become, the clearer the insight and understanding we can garner or elicit from our soul. And I understand that all the way to Paradise we'll be reflecting on our beginning, like everyone does, whether they are conceived into a rebellious or non-rebellious world.

James: Yes, so seeing that we are actually limited in the amount we can see because of the age we're living in, does take the pressure off me somewhat realising that all those deeper depths I can perceive in me will come up in time, yet not necessarily now, so I don't have to worry about that, trying to get in touch with them.

Kevin: That's right, you can only do so much, which is still a lot, however nowhere near what we all end up seeing about ourselves. And because of what you and Marion are able to do through your Healing, so that will open the door for other people to reach where Mary and Jesus' levels permit, and then move further into being Celestial on Earth, which is all about your's and Marion's age. So when you've lived that crossing over from your untruth into the truth, then so too can everyone else. So your age is to define the Celestial age on Earth, that being the potential people can achieve in truth through your Age.

James: So Mary and Jesus really are part of the wrongness, in that they couldn't do anything to upset it? That being what you've told me, yet I'm seeing it from another angle.

Kevin: Yes, that's right. They of course weren't bad or rebellious, however neither did they interfere with the Rebellion, thereby allowing the rebellious ones to integrate all that Mary and Jesus are and all they revealed into their wrongness – they doing this as their way of limiting and discrediting Mary and Jesus. So they shut Mary out completely and then set about creating an untrue, rebellion-inspired, religion in 'Jesus' name', which as you know, has nothing whatsoever to do with him personally, it all being a fictitious Jesus they've based their beliefs on. So you have been conceived into all that wrongness, all of which you are coming to see through your Healing. So all the truth of your untruth is really the whole truth of the Rebellion and Default this far, and so including Mary and Jesus' influences, and seeing how that all relates to you personally, with each of us being an expression of the Rebellion and Default to that point in the age we grow up in.

So we're all of Mary and Jesus' age, as you are too James and Marion, only you are also to take things – yourselves – over into your own Age, and then once that officially starts, everyone conceived from then on will be part of your Spiritual Age whilst it remains, so they will be 'limited' by the parameters of that age.

However as part of what you are offering humanity, those constraints are going to be quite wide by the time you die, so people will have a huge scope or range in which to grow and ascend in truth through your age, it including all that's of the Mansion Worlds and the lower three Celestial levels. So people will effectively be able to become as Nanna Beth is, her level of truth, whilst on Earth, through this next Spiritual Age. And then to become higher, they will have to wait until they die, and humanity will have to wait until further on in the future after yours and Marion's age for the ability to become higher Celestials on Earth to occur.

Ultimately, a very long time in the future, through the arrival of the Morontial Temple, humanity will effectively in stages become on Earth equivalent to the truth of Nebadon. So effectively when those people of future ages die, they will die arriving in the first Celestial (instead of how it is now in the first Mansion World), then move quickly out into the greater Super Universe having lived their whole Nebadon experience whilst on Earth. However as I said, that is way down the track and won't involve any of us. However it still might put things into perspective as to what awaits humanity and how far it has to go to grow in truth, all with the healing of its rebelliousness being just one step of many it will take.

James: Thank you again Kevin, that does help me put it all in perspective and allows me to focus more on what's currently at hand.

Kevin: Good. I'm happy to have been of some help. It's still all so new for Kathaleen and myself, we're still coming to understand all of this and how it's occurring on Earth and what changes it will bring.

So now I will get on with answering John's musings. Sorry for the delay old man! And don't worry, we're not scheduled for our face-to-face meeting over here in spirit for some time yet. However I am very much looking forward to it when the time comes. We'll all be coming to meet you at the Arrival Hall on the first Mansion World, and then you'll be given time to catch up with us all as we show you around.

John: It is very clear that what might be intimated as unfolding is subject to the changing minds of us personalities here on physical Earth. That is, what is inferred as to take place is appropriate at that very moment, however the corruption of the human mind makes all such understandings pure speculation.

That being said, the momentum that is presently building on various fronts suggests that we are through the Tipping Point and it is a high probability that we will work through the payout process of Solid Investment and be able to commence preparatory works for the global distribution of the Revelations through James.

Kevin: It's just that you don't have a clue as to what's going to happen John, and you're not meant to. You've been 'prepared' so to speak, which is still happening and will continue to happen until it does officially 'Begin', however as to what is going to take place, it's a secret, we're forbidden to say, it's all to be a surprise, as really it has nothing to do with us, it's all about what Marion and James are going to do. We're just to help them, as you are too, in that we're all about working to help the Avonal Age begin, and yet what that actually means and how it will manifest itself, we can't say. We've been told how it's all 'going down', yet our lips are sealed. So you'll continue feeling it's going this way and then that, all over the place, and yet within it all is a direction as it steadily marches toward the starting gate.

John: The distribution of the Revelations will be confrontational for all but a few people.

Kevin: Yes, it will be, and very disturbing for a lot of people. However like such things, most people won't feel moved to investigate it too thoroughly, and will be moved along by the shifting currents of society. However although there will be disruptions, mostly it will only be to people's beliefs, and once they adopt the new one's being presented, will find, like how it's been for yourself John, that it all actually sits better and you feel better about life looking at it from your new perspective.

John: Then comes the entrenched issues of one's heritage. Generational transfers of so-called 'tribal' traditions are all contaminated with the influences of the Evil Ones through their malevolent minions within the 1st and 2nd mind Mansion Worlds. That is, the Lanonandeks – Lucifer, Satan, Caligastia and Daligastia soulmate pairs – had their 'mind worshipper' spirits influence people on Earth, in their particular groups, races, religions, so as to imprison them further and further into false traditions and norms.



THE EVIL ONES

One such group is the Australian Indigenous people. How do we best consider their heritage in regards to all that we have to share please?

Kevin: Like everyone's heritage, you don't consider it in the context of the New. The New Way is a wholly New Way, and so all will need to be removed of the Old Way. However that's not to say it all has to happen suddenly like an inner Pole Shift, and so parts of the Old will be retained, merging with the New. Yet overall, as more people embrace the New Way and grow in truth and expand their minds, so the legacies of the Old Way will fade until they become irrelevant, simply evolved out of and so no longer considered of any importance or offering any benefit.

The Australian Indigenous people like everyone will be confronted, and even feel affronted, however some people will relish a fresh approach to it all, others will try and hold onto their ancient traditions feeling that they are being threatened all over again like being invaded by the unfeeling white-man. However it can't be helped, everything is going to change, and as people wake up to and accept that all they've been living, including all their ancestors were living, is all part of the Rebellion, then why keep going with it when it is only going to keep hurting you?

John: It has been some time since I heard from you and Kathaleen, so here we are. How has your adventure been since your arrival in the 1st Celestial sphere on 7 August 2017?

Kevin: As I said, it's been very enlightening to say the least. It's fascinating what goes on over here in the Celestials. They are vastly different to anything in the Mansion Worlds. The Mansion Worlds are still highly Earth-orientated, whereas the Celestials are nothing like it, very spiritual, yet still not so super spiritual – a bridging zone between the two. So we can still relate to you on Earth as we move deeper into the greater spiritual universe.

We've mostly been on an educational trip to show us what's going on and helping us to understand where we'll be fitting in. We're in no rush to move into the next Celestial sphere (even though you were feeling like we might be as you said to James just now on the phone), we've still got so much to see and learn about. And what we'll be doing is becoming more directly involved personally with you John, so we're 'coming up to speed' as to what you'll be doing and all that's going to happen once you start in earnest. And we're so excited and so grateful to be involved with you in such a personal way. We'll be able to tell you more about that later, and when it begins you'll feel us with you more, as we'll be able to impress our minds more on your mind, and we're looking forward to that time.

Then on a personal note, it's been simply wonderful, so, soooo good, beyond measure, Kathaleen and myself getting to know each other. You start out living anti your soulmate, we are conceived into it; we long for such love, to meet and be with our beloved, but that doesn't happen. And we have all sorts of other 'loving' relationships, yet none of which 'just do it for you'; and then you do your Healing; and then you do finally meet, and there is nothing like it, being together, feeling so in tune with each other, feeling like you fit hand in glove, that you belong together, and for always, and that you know there will never be anyone else, and the last thing you'd ever want was there to be anyway. You feel so fulfilled, you meet the needs of each other's love requirements perfectly, it all just works perfectly between you both, you don't have to do anything, you don't have to 'work at it', it just happens, effortlessly, it is simply life for you both. You are soulmates, you have the same soul, it is 'unfolding' you both in Creation TOGETHER, and it couldn't be better. So we've been enjoying getting to know each other on deeper levels, and spend a lot of time saying – 'Wow, that's incredible, we're just so right for each other', and it's true, we are!

And as we're getting to know each other, so we're getting to know the other soulpairs in our soulgroup. We've got a full group now, and as we're all so full-on in our feeling – and self-expression, and with each of us so intensely getting to know our 'other half', so there's a lot to talk about and share with each other. We all want to know every part of how it's been for each other, so we are getting to know what each of us has been through, what our lives were like, all the good and bad, how our Healing was for us, and all this whilst we're also talking about and sharing all we're doing over here and what and how each of us individually, and then as a soulpair and then as a soulgroup – a "soul-team" – is going to function, what work we are to be doing and how it all fits in with everyone else. So we're kept busy and are loving every moment of it. And then because of the exciting time we've all found ourselves to be part of, the Changing of the Age, well, we can hardly keep up with it all.

THE CHANGE

We've all changed so much. We thought we had changed a lot through our Healing, but that was nothing compared to how much we are changing each day being a newly arrived Celestial (we're considered being 'newly arrived' for about five years – our sort of 'probation' time). Our Healing we understand was necessary to wake up to the truth of all that we've suffered and to express that suffering, pain and trauma out of ourselves; and sure, it is how we've begun, however universal spirit life is so much more, so vast, so grand, so incredible and we're only just starting out in our true lives of universal adventure, John. Being 'born again' or 'born anew' is an understatement. So it's well worthwhile doing your Healing, setting yourself free of such limitations, thereby allowing your soul to truly ascend toward Paradise.

John: How are we to work with each other as we progress along on this unique adventure? As such an event has never occurred in the history of humanity – one million years – we can be excused for saying that we do not



have a clue as to what to do and how to do it because we don't, so we will go flying along on our bottoms and see what happens, but I will leave the guessing of what to do to you? How about that? Yeh, I know you can't tell me what to do!

Kevin: You can leave it to our Mother and Father, They have it all in hand. You have nothing to worry about John as Nanna Beth has reassured you. It will all unfold as it's meant to. Nothing is going to happen too fast or too intensely that you can't keep abreast of it. It's all too important to be a 'mess-job'. Everything will be meticulously taken care of by us over here overseeing it all. You should see the plans John, vast rooms with all what's to take place all drawn up in advance, an incredible amount of work is being put into all of this, it's a huge undertaking, and as you are coming to readily appreciate, nothing of this magnitude has been done before. It is the relatively sudden, turning of an ages long and well entrenched spiritual rebellion against Mary and Jesus, our Mother and Father – the whole of Creation – and all focused on YOU. You'll be going down in the annals to come... What's John doing now – how's he coping? And for it to end, that means there needs to be a replacement New, it's "UGE" Johnny boy! Yet it's still nothing to get your nuts all twisted up about. So don't fret; or rather, fret all you like expressing all your fears to God as you beg Them to show you the truth They want you to see. And above all else, sit back, have a good laugh at the enormity and incredulity of it all, and that you my old mate are right in the thick of it.



John: A few pointers so that I can hang my hat on will be welcome. Like the pattern of some past pole-shifts. What is leading from that subject is to be able to encourage others into considering that which we are best to strive for during our physical life. Physical asset accumulation becomes irrelevant when it is periodically smashed to pieces as well as scientific developments become meaningless as they do not function within the changed frequency resulting from major pole shifts.

Kevin: Such things like asset accumulation and the need for it is only a symptom of feeling so scared of life, all coming from feeling so unloved. And as people do their Healing and grow in truth, so they will lose the need for such things. And things like Pole Shifts are really only there to remind one that life is momentary and that really at any moment a great Shift can come in your life, and a negative or positive one. Earth's physical Pole Shifts are themselves in a spiritual sense necessary so as to prevent humanity from being able to take the Rebellion to levels of humanity annihilation, and if people learn to grow in truth by looking to their feelings, then the Shifts will benefit them spiritually.

It's good you are thinking about such things, it will add to the humility required as you set about establishing that which you'll want to bring into being. Understanding that on the raw physical level such cataclysmic changes do periodically occur, will help to keep everyone on a more sober level.

John: I am looking to balance what we are to strive towards. Presently humanity is all heading to a global calamity as hording and avoidance of one's unloving condition is just becoming more and more evil.

Well, Kevin if it is your time to begin to rabbit onto me again, then that is most appreciated. We will bull-doggedly push on and cause a worldwide storm of protest as we enable all who are open to consider the enslavement that they have been willingly engaged in for generations is harming themselves and all who they know. So with your kind words, I will be able to say – Kevin said!!!!!!

Cheers for now, John

Kevin: It's been good to write to you again through James. Kathaleen's and my time to start our official time being close to you John is still a little way off, but when it starts we'll let you know. And in the meantime, we can come and share a few thoughts with you, which we'll be doing more often. We've both got a little more personally to do first, and you beginning your true life's work John is not dependent on us and when we will join you, so keep going with your own feelings and we'll let you know through them when we're to start being closer to you. Our soulgroup is moving – preparing – to be of ready personal support to you John, and even though you don't know the others, they will focus all their personal support to you through me and Kathaleen.

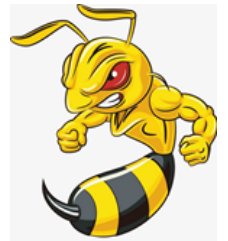
I will go now, and should you feel like talking again, please do. We are all a lot closer to you than you realise, we're always with you in your mind John; and as I said, when we are to start being closer to you in person, we'll let you know. So until then: see you mate and you have nothing to worry about; seriously, you don't, even if you fear that you are undertaking bashing the hornets nest with a big stick. And the hornets might all fly around feeling very pissed off, but they won't land on you.

See you John – Kevin.

(P.S. Yes, I specially used the word 'Hornets' and not bees or wasps which you'd be more used to calling such insects. And why I used that word I will leave with you. Bye now. Kevin.)



John's brother-in-law, Kevin, when living was a carpenter whose interests ranged from his pet bantam chickens, around 200, and the television sporting channels. John and Kevin both lived in West Wyalong, a sheep and wheat farming area in central New South Wales, Australia. As they lived only a few hundred metres apart, a pre-occupation at a barbeque was the avoidance of hornets! First Celestial Heaven life has brought about a blossoming of Kevin! Kathaleen is Kevin's soulmate.





MONITORING and MANAGING the HANDOVER to the AVONAL PAIR:

To PARADISE, the HOME of OUR HEAVENLY PARENTS

The Central Soulgroup of the Council of Elders have established a 'Battle Room' on each of the Celestial Heaven spirit worlds and each of the Divine Love spirit worlds. From 'hot wired' connections on Earth, including the 'Engine Room' on Earth, events are recorded and broadcast live throughout these worlds. This enables spirits of all 6 spirit worlds to interact and engage in the changes that are now being implemented at an ever increasing rate.



Council of Elders now around 20 Soulgroups



Rebellion and Default officially ended 31 January 2018

Camera Crew



22 March 2017: Negative influence from Natural Love Spirit Mansion Worlds 1, 2, 4, 6, was cut off to Earth.

22 May 2017: The quickening of the Law of Compensation commenced, thus the beginning of earthing the Spirit Worlds.





Upon entering the Engine Room, the touch screen will reveal:

- Dominant languages of country or region.
- Population and population of centres within each country.
- Legal issues and freedom restrictions to be considered, country by country.
- Cultural issues within each community and country.
- Proposed and established Pascas Care Centres – and style thereof.
- Books and Pascas Papers that are available.
- Editing stage in the English language of same.
- Translation stage for each language of same.
- Who is doing what on each of the publications.
- Where the work is being carried out.
- Audio and visual productions in progress.
- Audio and visual language conversions in progress and completed.
- Location and name of each University and Centre of Education.
- Location of Libraries.
- Other institutions and services that can be supported with publications.
- People that are actively engaged with Pascas in each location.
- Additional projects that are Pascas supported in each location.
- Generally, every aspect that is in progress in every location around the World.

From day one, the Engine Room of Pascas Foundation will work to deliver into every community in every country on the planet. This is a global program to bring awareness of living Feelings First.

The Engine Room



The ENGINE ROOM is that of the global humanitarian fund – PASCAS WORLDCARE

OUR GUIDANCE to PARADISE, the home of our HEAVENLY PARENTS:

There are three distinct phases of our progression to the home of our Heavenly Parents which is Paradise that is within the circle of seven Super Universes, each containing many Local Universes.

Once we progress beyond our Local Universe of Nebadon, then we are assisted and guided by our Heavenly Parents, our true Mother and Father all the way home to Paradise.

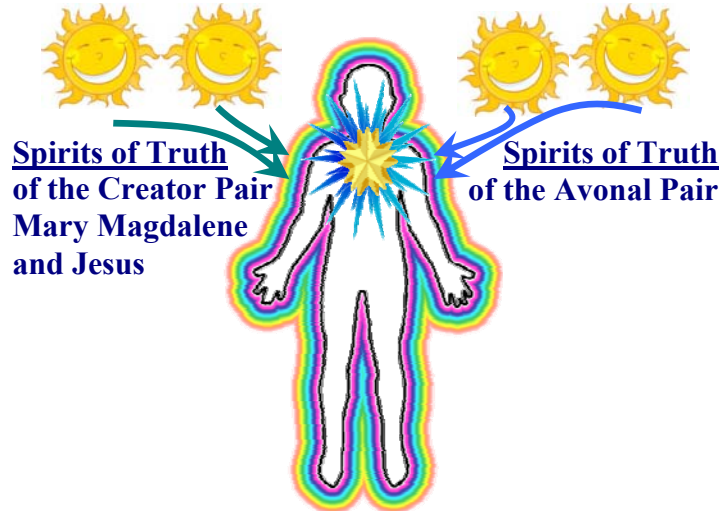
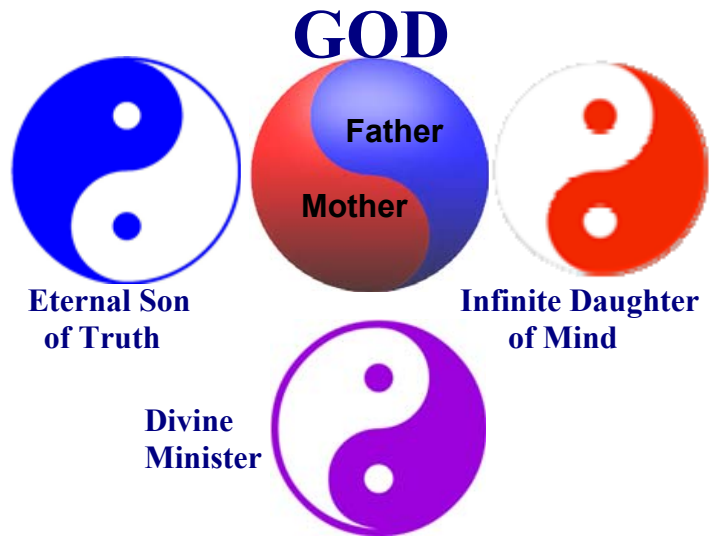
Before then, once we have completed our soul healing, we are guided through the Celestial Heaven worlds which are those that interact with humanity on Earth, then further on into and then out through Nebadon, our Local Universe. The regents of Nebadon are Mary and Jesus.

However, before then, we are to embrace our healing. That is, we are to realise who we truly are. We are not the personalities that our parents imposed upon us. We are to put aside our childhood suppression and repression and free our true personality that our Heavenly Parents gave us, and to do this we are now able to embrace the guidance of the Avonal Pair who will lead us through our healing here on Earth and through the Spirit Mansion Worlds to be able to enter the Celestial Heavens.



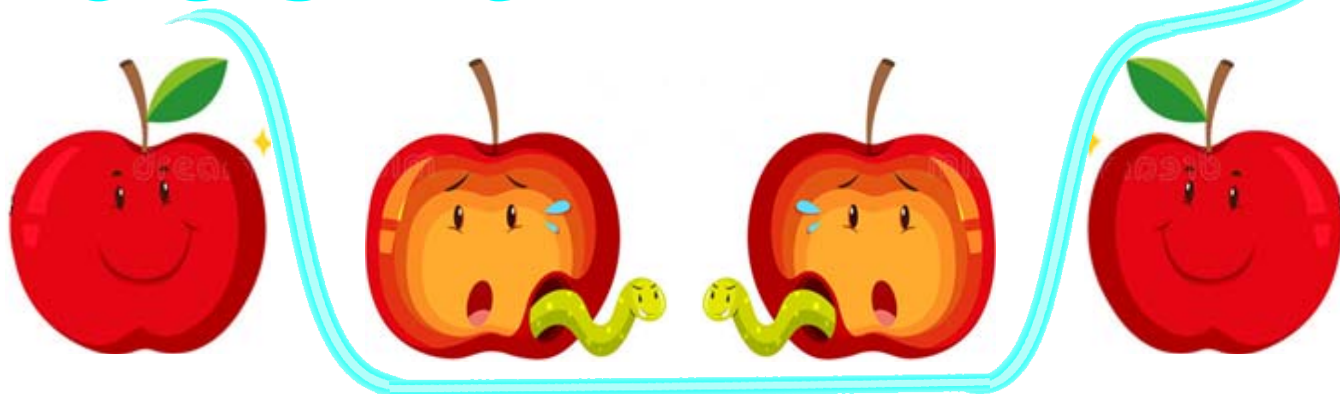
SPIRITUAL
Mother & Father





Long for the Truth from God, the Truth your Heavenly Mother and Father will show you. This does come through to you via the Spirits of Truth of the Avonal Pair in relation to one's Feeling Healing and in relation to Divine Love from the Creator Pair, all from the Eternal Son and in league with the Infinite Daughter and the Divine Minister.

Pole Shift



Pole Shifts are our own very personal life experiences. They are as dramatic as the physical pole shifts that the planet Earth endures from time to time. However, our own life events are far more important.

At the moment of conception we are in a perfect state. From the moment of conception we are overwhelmed by the well meaning endeavours of our parents, immediate family and carers. They do not know what *true* love is, they have never experienced it, so we are not *truly* loved by our carers and teachers. We are crunched into submission by everyone within our environment. Our Natural Self Expression is all but obliterated! We are crunched into being someone else that others impose upon us. We are made into 'bad apples'. We proceed through our life experience, after our parents' well meaning but misguided endeavours, and have this falsehood strengthened by our educators, then our religious organisations, then our employers, all overseen by our governments. We have no way of expressing our true selves.

Now, for the first time in the history of humanity, we can reverse our early Childhood Repression and Suppression and invoke our own counter Pole Shift. We can begin to liberate ourselves from our imprisonment within our mind that was imposed upon us from conception to around six years of age.

We can, through our Feeling Healing, embrace our feelings, both good and bad, long for the truth of what is to be revealed to us about such emotional events, and express such revelations to a companion and begin the climb of the pole to Natural Self Expression of our true personality. The task is painful, long and arduous; however, we are to liberate our true nature, our true selves of natural love, and in this way we will grow to be who we truly are, a child of our Heavenly Parents – and with Their Love, we can become Divine.

This is the Pole Shift that all of humanity is to engage with and grow from. This is the Great U-Turn.



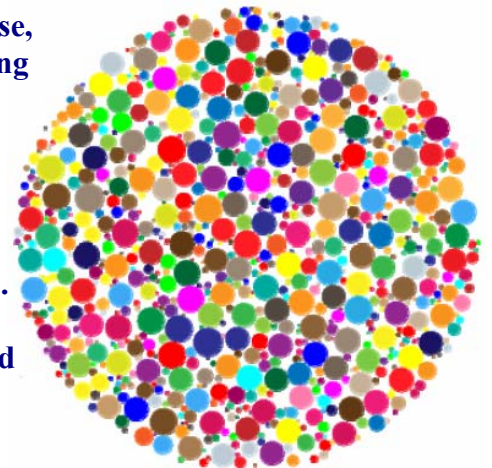
There are 100,000 MICHAEL soulmate pairs as REGENTS throughout our SUPER-UNIVERSE:



One of these 100,000 dots represents Nebadon, our local universe, consisting of 100 constellations with each constellation containing 100 systems which in turn have 1,000 worlds. The system in which Earth is within is called Satania.

Nebadon has some 10,000,000 physical planets, of which 3,840,101 are inhabited. The regents of Nebadon are the soulmate pair being the Paradise Creator pair, Mary and Jesus.

This structure is repeated throughout our super-universe, called Orvoton, 100,000 times. There are some 100,000 Regent pairs, equivalent to Mary and Jesus, throughout our super-universe.



There are 7 super-universes that rotate around the Isle of Paradise which is the home of our Heavenly Parents, our Mother and Father. Thus, there are some 700,000 Regent pairs equivalent to Mary and Jesus.

When we progress beyond the spirit mansion worlds, we enter the first of the three Celestial spheres, the home city being Jerusem, this is also the home city for all 1,000 physical worlds in Satania. From there we will progress to Salvington being the head quarters for Nebadon and the home of Mary and Jesus. Then we progress to Paradise.



Earth

THIS IS GONNA BE BIG!

Look what is unfolding:

- a. The Second Coming of Jesus and Mary which commenced on 31 May 1914 by Jesus and the Celestials writing through James Padgett and then Mary Magdalene and Jesus with further Celestials writing through James Moncrief, being completed in 2014 and fulfilling the Second Coming.
- b. The End Times being the end of the direct involvement of Mary and Jesus with Earth's humanity not only in the physical but also those in spirit within the Mansion Worlds.
- c. The Hand Over and Change Over will unfold with the closing out of Mary and Jesus' era with humanity of Earth and the commencement of the Avonal Age with the Celestial Spirits controlling and guiding Earth's humanity for this coming spiritual age of 1,000 years.
- d. The official commencement of the Avonal Age is the time when the Avonal Pair complete their Feeling Healing with what they have taken on from the Rebellion and Default so they can then guide others in how to follow and do their own Feeling Healing, also with Divine Love.
- e. This not only involves the restructuring of systems and teachings on Earth with its 8 billion people but also on Mansion Worlds 1, 2, 4 and 6 plus the two Earth Planes that are the hells being those in a very bad way – overall that involves more than 200 billion spirit personalities. It also involves the Feeling Healing with Divine Love Mansion Worlds 3, 5 and 7. All of this is to be overseen by the Celestial Heavens' spirits in their worlds 1, 2 and 3. Thus 1 physical world with 2 Earth planes, 7 Mansion Worlds and the 3 Celestial Heavens are all in the process of restructuring and to do so everyone will be marshalled to assist in some manner. All of this will be ongoing for the next 1,000 years being the spiritual age of the Avonals.

So, that is why this is **BIG!** But wait there is more! It is being monitored throughout **all** the worlds in Nebadon, all the associated spirit worlds of the 3,840,101 physical worlds. Nebadon is just one of the 100,000 local universes within our super-universe and there are seven super-universes; this event of the Great U-Turn is being monitored throughout as Earth is in the deepest state of the Rebellion and Default of all the physical worlds, **Humanity of Earth is in the worst state.** And of course this is all being monitored in Paradise, the home of our Heavenly Mother and Father. The monitoring is preparation in order to handle further Rebellions as new universes develop. We from Earth will be of great assistance in addressing these later events. Earth is the Greatest Show throughout all of the universes!

THE
GREATEST
SHOW
is ON EARTH

IT'S ‘UGE’ JOHNNY BOY!**COUNCIL of ELDERS – NO ONE IS A SPOKES PERSON**

Saturday, 16 September 2017

Nanna Beth: There is no spokes personality John, they are all equal. We only have one, with myself and Helen, because of it being easier to work with James. When we have anything to do with these other groups, we do it with their whole group and everyone is free to speak as they please. At times a ‘spokes-spirit’ might be appointed because it’s easier to work that way, but those are only for specific times, again as with myself and Helen.

How we’ve got it set up currently, and it’s always evolving, is **there are a grand total of 124,000 soulgroups helping you and Crystal**. Then multiply this by 100 and you’re looking at how many are involved with the next level to do with you and Crystal, then multiply this roughly by another 100 and you’ve got the vast number of soulgroups involved in the ‘Change Over’. But that is only a very rough figure, we’re given such figures when we are briefed by our angels on what’s happening, however mostly I don’t concern myself with that, others are interested in such numbers.

[Note: A soulgroup consists of 12 soulmate pairs, that is, 24 personalities. Thus 124,000 soulgroups represent 2,976,000 spirit people directly helping John and Crystal. This next level involves 300 million personalities. As there are about 6 billion personalities / people within the Celestial Heavens, within the three spheres, then almost all are involved in the ‘Change Over’. Now, the greater number that make up the ‘Change Over’ soulgroups are those who have progressed beyond the Celestial Heavens and have and are returning to join in on the adventure.]

As we’ve told you, the whole of the first three Celestial spheres is involved in this, and then there are many more Celestial soul groups who are passing through taking only a cursory interest in it all as they push on to Paradise.

And it’s the Angels that coordinate it all, it’s too much for us, as you can see. But in my immediate work, we now have twenty (20) soulgroups (480 individuals being the full body of the ‘**Council of Elders**’) involved specifically with what you are doing in this more personal side of things. And this mostly revolves around dealing with the Melchizedek advisors, of which there are seven (7 soulmate) pairs we constantly work with, who are well versed in the intricacies of the ‘law’; which means, how much we can do with James as he and Marion progress, and then, how much we can do with you, as you progress with Crystal.

We don’t have anything to do with the rest of humanity like so many of the other soulgroups do, you are our ‘humanity’.

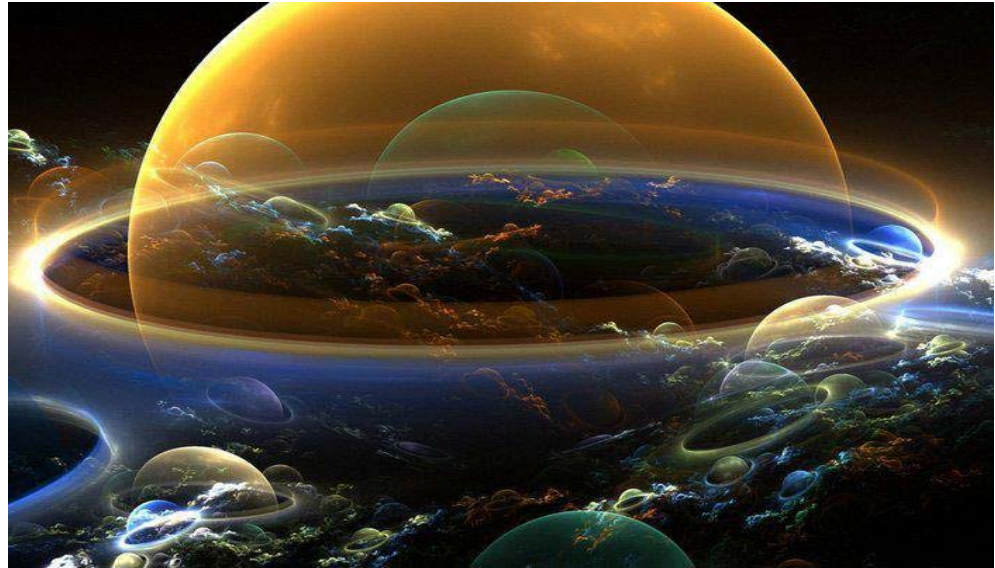

 The logo for 'Change OVER' features the word 'Change' in a pink, sans-serif font, followed by a circular graphic composed of overlapping, curved lines in shades of purple and blue, and the word 'OVER' in a dark blue, sans-serif font.

So when other people come into your orbit, should we need to be informed about them and how they fit in, then we’re visited by the appropriate group.

AVONAL AGE transitional Celestial administration:	Soulgroups No:	No. of Personalities:
Council of Elders – Pascas central soulgroup	1	24
Council of Elders – Pascas primary support group varies	20	480
Soulgroups helping Pascas and Solid Investment	124,000	2,976,000
Soulgroups expanded Pascas and SI Celestial support	12,400,000	297,600,000
Soulgroups involved with the ‘Change Over’	1,240,000.000	29,760,000,000
Angels involved – they have been arriving in endless squadrons		countless billions

Kevin: Okay first question: All those billions of spirits Nanna Beth told you about yesterday, where do they come from, and are they all from Earth? We’re adding a couple of your questions together John... and yes, they are all from Earth, however, and this is the trick, they are not all just in the lower three

Celestial spheres, for that number includes higher Celestials as well. Many from the old guard who are still having something to do with what's going on now, the 'Change Over', and some of the newer arrivals who are not staying in the lower Celestials spheres but are still having indirectly something to do with what we're all doing, are included in that somewhat overwhelming total. So there are billions upon billions of Celestials from Earth, all on different levels of Nebadon (and many who've even moved on from Nebadon so I understand (she's whispering in my ear)), some of who are included in this number Nanna Beth told you yesterday.



SPHERES of PARADISE

INFINITE and UNIVERSAL SPHERES

ETERNAL SPHERES

CELESTIAL HEAVENS

Soul spheres are not numbered.

Soul spheres are to:



The New Birth = Become at one with God: sphere 8

Peak Sphere =

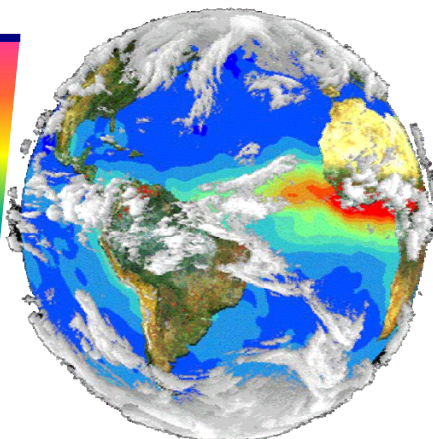
6

4

2

1

NATURAL LOVE SPHERES



7

5

3

Spirit body spheres are 1 - 7

DIVINE LOVE SPHERES

Earth sphere is for the physical body.

OUR EARTH POTENTIALITY LEVEL will UNFOLD during AVONAL's PHYSICAL LIVES:

Prior to the commencement of the 21st century, we of physical humanity were ALL being entrained to embrace the dictates of the Evil Ones through their teachings dutifully thrust upon us by all of our educational systems, being our parents, schools, universities and religious institutions. We only knew how to go in the wrong direction – suppress our soul based feelings and potentialities and live lives in a stupor – like zombies. We could only go further and further away from our Heavenly Parents.



Two thousand years ago, the Regents of our Local Universe set in motion what is unfolding today. The Bestowal pair that is here with us now have through their personal Feeling Healing and with Divine Love, Soul Healing, led the way for us all to heal ourselves and free our true selves to live life here on Earth as Celestials. The writings of Kevin on 12 February 2019 demonstrate how a carpenter evolves into a teacher of truth and provide spiritual guidance within a few short years (six and a half years) through feeling healing with Divine Love. Kevin died on 10 August 2012.

The Avonal Pair will set the bar, so to speak, of our potentiality while we live physically here on Earth.

The first available benchmark is that of achieving Celestial status and that most likely will be confirmed around the year 2020. One then can achieve Celestial level of truth through Feeling Healing with Divine Love and be living as a Celestial in the physical while here on Earth.

As the Avonal pair progress with their own soul development then we will also be able to follow in their footsteps. Progressively they may then progress to the evolution through the 3rd Celestial Heaven. This is the highest level that spirit personalities achieve while continuing to have connectivity and interaction with Earth. The level the Avonal pair achieve during their lives will be our ceiling in the physical also.

Our progress through the celestial system continues in what looks like three spheres at a time. The next level maybe the Eternal Spheres where interaction with spirit personalities from other worlds is routine. The first three Celestial Heavens introduces us to the heavens and the humanities of the worlds within our system of 1,000 worlds, whereas the next three spheres we blend with these humanities, and then the next three, Infinite and Universal Spheres, maybe blending with humanities within our constellation which is 100 systems. Then we progress to more advanced celestial worlds such as blending with humanities of 100 constellations embracing all of the humanities of our Local Universe called Nebadon.

And so we go on, and then out of Nebadon, our Local Universe, beyond the jurisdiction of Mary and Jesus, the Regents of the 3,840,101 humanities of Nebadon of which we are the most degraded due to our engagement with the Rebellion and Default. Once we progress beyond our Local Universe then our Heavenly Parents are our guides to Paradise.

Thus, as the lives of the Avonal Pair unfold then our potentiality that we can achieve here in the physical will be defined for this coming spiritual age of 1,000 years. Then when we are in spirit we can progress further through the guidance of Mary and Jesus and then further still with our Heavenly Parents.

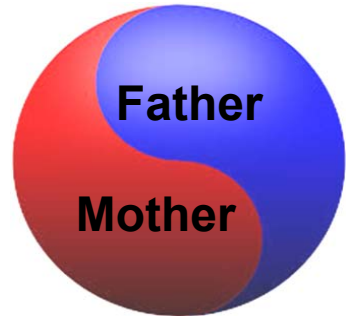
SPIRITS OF TRUTH

Avonal PAIR



MUM & DAD THIS WAY

GOD



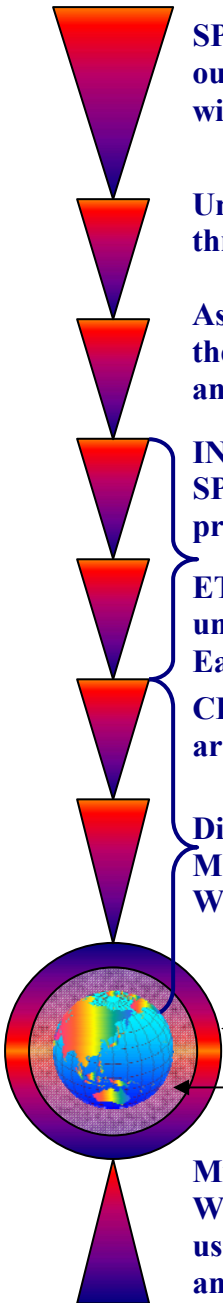
HEAVENLY PARENTS



JESUS & MARY



AVONALS



SPHERES of PARADISE being the home of our Heavenly Parents, Mother and Father, within the centre of the 7 super universes.

Unknown number of spheres to progress through to reach Paradise.

Ascending out of NEBADON is beyond the regency of the Creator Daughter and Son, Mary and Jesus.

INFINITE & UNIVERSAL SPHERES, unknown number to progress through within Nebadon.

ETERNAL SPHERES 3 spheres unnumbered. Involvement with Earth finishes.

CELESTIAL HEAVENS are spheres 8, 9, 10.

Divine Love Spirit Healing Mansion Worlds are 3, 5, 7. We are healing our soul!

We all arrive in spirit into Mansion World 1.

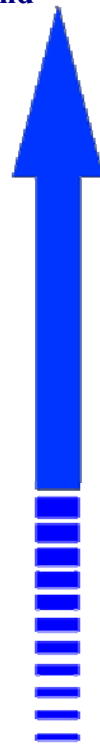
Earth Planes 1 and 2 are of Disharmony - Hells.

Mind Spirit Mansion Worlds 2, 4, 6 are all taking us in the wrong direction and into a dead end!

I'D TURN BACK IF I WERE YOU!



AVONAL PAIR



MARY & JESUS



GOD

Through out the Avonal Age of 1,000 years, their Spirits of Truth will assist us in embracing and engaging with our Feeling Healing and with Divine Love our Soul Healing, they will assist us to develop our soul well into Celestial Heaven status should we persevere with such a goal. To the extent that the Avonal Pair develop themselves while here in the physical on Earth is the level that their Spirits of Truth will be able to assist us. Then it will be Mary and Jesus' Spirits of Truth that will assist us up and out of Nebadon, where our Heavenly Parents will then assist us onto Paradise, Their home.

183. I introduce the Eternal Spheres**(extracts)**

20 December 2012

Hello, my name is Gustav. We have not written together before. My home, when I lived on Earth many years ago, would be seen as middle Europe. I have been asked to write on the Eternal Spheres where I now reside and I was only too glad to contribute to this work. Luke has sought me out in the Eternal Spheres explaining this work and it is a pleasure to be asked. I very rarely, if at all any more, visit the human world, and so yes, your environment is new to me as I am new to you. Saleeba and Luke detailed the progress of this work, the Father's and the Master's work, you are both involved with at this time. As you can see, I am good at communicating in this way with you even though it is a new experience for me.

The Eternal Spheres are vast in number but not so vast that they are endless for there is structure at all levels of universal experience and, moving through these Eternal Spheres, one proceeds inwards toward the Eternal Gravity Source of Love and Spirit, being the central Soul to us all, the Eternal One.

One cannot enter the Eternal Spheres without a complete knowledge of mortality and Immortality. By the time I moved into the First Eternal Sphere my knowledge was such that I had accepted and embraced what is known as, 'the full mortal story involving mortal life with and without the Divine Love'. As some of you are experiencing, this natural and Divine story has a long and involved narrative and, in part, this narrative from its mortal and eternal beginnings, is still being written. I don't have to explain the construct of a visible and invisible natural and Divine Love. This you already know as God's Will being clearly identified in terms of a mortal and Immortal reality. God's Will is simply the culmination of all the attributes, many of which have been identified in this work, which, in their universal experience of function and identity, form the universal harmony and this harmony best presents what God's Will looks like and how it acts. Celestial spirits have previously explained the workings of love and Divine Love to you both and you both have explained these workings to other people throughout the years.

My senses in my spirit body are of such condition I can perceive and relate with the reality of an Eternal existence from my finite standing. I have received so much of the Divine Love that my finite personality is not overwhelmed by the existence of a universal Eternity and the way such experience surrounds my finite being.

I must state that I am finite in the condition of my personality though I am Immortal in my condition. However, I am not infinite nor will I ever be even though the Divine Love, as part of its nature, is perceived as being a potential for Immortality, Eternal and infinite.

Real and true spirit structures exist in these Eternal Spheres. I am to convey to you – not in image only – for the real substance of these Spheres is the increased visibility of the universal Father's workings of Love and Spirit. The visibility of the First Source is completely tangible and this infuses us with vitality and energy.

The Celestial Heaven is the place where one prepares themselves for an entrance into environments that provide a more comprehensive vision of the First Source, revealed. I still receive Divine Love and The Spirit still conveys this Love into my soul as it first did when I was back in the Sixth natural Sphere. This experience of the Love has never changed and never will and does provide one with a sense of the abundance and universal presence of The Spirit and The Divine Love.

In the Eternal Sphere, we are not preoccupied with the subjective nature of our own Immortal transformation. This has been well and truly done. What we are occupied with is the visibility of The Eternal One and intricate workings of universal life at their fundamental and primary principles of visibility, experience and existence. We are to provide an example in much the same way as those people who spend their life fascinated in their study of the physical nature of the planet and its visibility. As one learns more of this visibility the more visible other aspects of nature become and this is awareness.

By the time one advances into the Eternal Sphere, there is absolutely no doubt of the existence of the First Source and one's relationship of acceptance in the Divine Love from The Soul. My progression is identified as being conclusive. The only time I spend in the Celestial Heaven now is to provide the service of bringing another from the last Sphere of the Celestial Heaven through the entrance into the First Eternal Sphere. This is part of my service and will continue to be so. I have been able to discuss with Francesco that I will meet him and go with him when he advances into the Eternal Spheres. I have had the chance to meet the beautiful souls who are collaborating with you in this work. I would also like to say how much I have enjoyed meeting Saleeba, the Bright and Beautiful. I will stop writing now and see you again soon.

Your new Eternal friend,
Gustav

185. Elias calls in

21 December 2012

The Eternal Spheres extend from the Celestial Heaven. One could easily say that the Eternal Spheres are still the Celestial Heaven, however we distinguish between these environments as this identifies a significant moment in an individual's experience in The Love and The Spirit of the First Source.

When one leaves the Celestial Heaven one has effectively formed a completion in their progression of Immortality. The personality is '*Immortally Perfect*' as the result from the Divine Love and the individual has perfected their mortal nature understanding all that it is and all that it was to be mortal even when the Immortality of Divine Love now forms part of this mortality. You need the involvement of the Divine Love in your life to understand all that it is to be human, all that it is to be mortal, and all that it is now to be Immortal in oneself with the Eternal Soul, God.

There needed to be progression and potential as part of universal experience otherwise there would be little point, if any at all, for a human personality to commence its forming. This is the obvious reason why the Divine Love does not form part of a soul's natural love to begin with and why the mortal personality is not Immortal to begin with. If the Divine Love formed part of a soul's nature to begin with, then any progression in natural love and the availability to make a progressive choice for Immortality would be nullified and a human soul could be considered as perfect as it could ever become, if the Divine Love formed part of its original creation.

Those of us who are with our soulmate companion progress together. It is not uncommon for companions to move into the Eternal Spheres together. The First Eternal Sphere is slightly different to the Last Celestial Sphere, though you do notice that any advancement through the Eternal Spheres differs vastly from the initial Spheres of the Celestial Heaven.

The First Parents (Aman and Amon) reside in the First Eternal Sphere. They reside there as part of their service to the Eternal Spheres and it is not uncommon to see them. They act as advisors to all those who commence their lives in these Eternal Spheres and they do visit the Spheres of the Celestial Heaven regularly.

I know that this may sound so far-fetched and like a fantasy but it is oh so real and identifiable and to us, it is as plain as day. To those who have had no experience of the Divine Love or are as yet to form an awareness of the existence of the Divine Love and its potential for the mortal soul, the idea of an existing energy that can cause so much change in a soul such as the Divine Love does, may sound just as far-fetched and unbelievably untrue.

It has been a pleasure to write a brief word with you and I thank Saleeba for asking me to participate in this Immortal work.

Your friend,
Elias



Feelings first

KEVIN & KATHALEEN are JOHN'S CONDUIT with the CELESTIALS

Friday, 15 February 2019

James: By the way, I send to Sam what I send to you, so far as what the spirits say. So I'll pass on the first part to her as usual, however the PRIVATE part below will only in future be between you and I as you can read.

John: Hi Kevin and James,

Pages 18 onwards is my endeavour to comprehend the writings preceding in this document. Your comments are most welcome.

What is emerging for me is this:

- a. Earth has the mind Mansion Worlds – all seven – in isolation to all other humanities.
- b. the next progression is to the Celestial Heavens which are for the humanities of all the 1,000 worlds in Satania – our local system.
- c. then comes the Eternal Spheres which are for all of the humanities in our constellation of 100 systems.
- d. then comes the Infinite and Universal Spheres which is for all of the humanities in our local universe or 100 constellation.
- e. and so on goes the progression all the way to Paradise.

Well, I can dream!!! Meanwhile i can't find the front door to a 700 story building! Names for the grouping of spheres will most likely be many variations, but is there some validity to that observation please.

Kevin, your writings are tremendously important to me and I welcome every word, thank you.

John

Kevin: John, as you enjoyed so much my writing to you the other day through James, so I thought you'd love to hear from me again – ha, ha!

We're very happy with all you've written, you've got a more than adequate grasp of it all, and I wouldn't worry as to whether or not all the terminology and so on is correct because in time that's all going to change anyway. So for the time being, stick with The Urantia Book as that's what it's been provided for – one of the reasons, and it's more than enough to give you a general understanding of how things are.

One of the things concerning the cosmic nomenclature, and regarding the future, is that people who finish their Healing will in time start to 'Earth' the Local Universal language as is mentioned in TUB (The Urantia Book). And this language will eventually be used fully on Earth, it thereby surpassing all the mortal languages. It is a language of truth, so one has to be of the levels of truth it expresses to understand it. However that is all a long way off, and so in the meantime, you've got more than enough to go on with, all of which is more than satisfactory in portraying that which will need to be conveyed.

And there's a consideration that we Celestials abide by, it being that we can't bamboozle you (humanity) with information as that would only cause you to further indulge your minds distracting you from looking to your feelings and trying to win truth from them. So it's something of a delicate balance, as you need mind understanding to comprehend what truth comes to light, to help it all make personal sense, and yet too much of that sort of thing is always what has caused so many of your problems.

I will add John, it's very strange for me to talk this way to you, in that I am no longer like you, no longer of the Rebellion and Default, and so I am looking in from the higher perspective at it, at that which I was very much a part of only up until recently. And still there's a slight part of me that can't believe it all, although that is fading fast as I embrace my new Celestial life. And mostly I'm so caught up in all that's going on that I hardly have time to reflect on my state, simply living in the moment, no longer being so caught up in time. We live by time, but time is not so finite as it was on the Earth with the death-clock always ticking. We are never to die again, and that as you might imagine does other things to you, it changes you, you never have to worry about it ever again, you are always going to be alive, which is great providing you feel better and better about it, it wouldn't be so great I guess if you were always going to feel bad.

And that is what you are having to ultimately face: Am I going to have to feel bad forever? Is there really an end to it? And that's part of the experience we all have to live, to show ourselves through our own lives if there is. And if there is no good and no eternal love, then why not, and what really is living an unloving life all about so far as having to remain within it for all eternity, if that is how it's going to be?

These things I'm writing more for James again, as that's the sort of thing he and Marion are working on now, coming to the end of the line and asking the question of themselves and through their feelings if it really is going to end one day or is the pain and bad feelings are what they will always feel.

Kathaleen and I are working on your mind John in the aspect of helping you understand what it's all about, you talking with James and what we spirits say, and then working it into your understanding and being able to convey that to others. It's a big undertaking involving a high degree of mind reprogramming, most of which goes on in your sleep.

However it's all good, and is what you enjoy and want, even if it pushes your limits at times, however once you've recovered from that, then you are happy with your increased understanding.

And although you say you don't know how to get in the front door, well that's not entirely true John as you're now well and truly inside, and you're starting to lay out those levels into which you will invite those people who come interested in what you are wanting to do. And so it will be more for new people to step inside wanting to be with you, rather than you meeting them on the 'outside'.

The light of your mind is growing with your understanding of it all, that which is happening for you all, and this will then determine who you feel good about and who can cope with the truth and information, it providing you with a natural culling process allowing you to vet everyone who enters your sphere, without having to actually physically do it. It's a natural part of meeting anyone new, and so the more you grow in your understanding of it all, which is in part why you are so intent to keep working on writing your Pascas Papers, this allowing Pascas to become of your 'vibration'. So only people on that same or open to it, level of vibration will want to stay and be part of it. And this also goes for SI (Solid Investment), which is vital because it will then bring to you and select those people who'll be helpful, culling and preventing those people who won't. And some people will seem to be interested and yet will fall by the wayside, however that too is to be part of it,



Yeh, I am inside the building ~ John!

**PASCAS
PAPERS**

with your main concern John being that you're not to concern yourself with any of it, with trying to decide who you should ask to be involved and who you shouldn't, as that's all what's going to be taken care of for you by your angels and we Celestials who are with you.

So really you only need concern yourself with understanding the basics, that will create something of a 'shield' about you, from which the rest will flow. And then of course within that shield will grow increasing light from the increasing truths that people come to live, all of which will add to what the New Way is to become.



You are being mentally, and somewhat emotionally and on the feelings levels, prepared John, enough for you to understand and feel the basis of your mental understanding to a certain level, that which has been ordained or determined by the Melchizedeks, and that which we're all working to help you attain. And this is to become something of the first benchmark for humanity to achieve, which means for people to live. And some people will live this level mentally, by understanding all that's basically involved, and others more on a feeling level, so intuitively knowing it, fitting in easily feeling good about it and you feeling good about them, even though they won't know much, and possibly even not want to know much, on the mind level.

And this is all separate from Marion and James. This is something to do with Pascas and all that it is to bring into the world, that which will be the levels you are on John. And there will be people more advanced on the mind and feelings levels, and others striving to attain it, and all will come and be welcomed by you.

And I'm telling you this just to create yet more feelings and thoughts within you, however I don't want you to try and fix it down saying that it's this or that level, as it's not a level like that which you'd be able to relate to. It is in fact an Angelic level that's being administered by the Melchizedeks and 'inserted' into humanity, with us Celestials playing our small part.

The mind of mankind is on loan from the Divine Minister and She is like a gigantic angel that oversees all the angels resident in Neadon, just as She controls all the mind circuits. And really it's Her gig, She's the one working the mind on the various levels so as to unhook the mind circuits from the Rebellion and Default, from that being unloving and anti-truth, to that of being loving and pro-truth.

So the mind level is very important, and even though we keep stressing that it's Feelings First, which it is, still, more often than not, most people will need to be introduced to some level of mind introduction so they'll feel happier about looking to their feelings. And so that's all part of what you're working to achieve John, which happens increasingly each time you have anything to do with James because he can work the mind levels helping you in this.

So from you (yourself being the 'central-mind' so to speak in all of this so far as humanity is concerned) will flow out through the mind circuits the levels of mind and mental material and information that's needed to get people started and orientated in the right way. So Pascas, which is an expression of your mind, is really to act like a dynamo of information that starts slowly spinning, sending out signals for those people wanting such information to pick up on and to be drawn into. And so because of that, is why you've been so intent on having a written record of all you've been working on, which as you're now reading back over your time beginning with James, can gain further appreciation of how, behind it all, has been this steady and subtle mental progress of understanding.

And when you come to understand that humanity is not just a bunch of unconnected individuals, that in fact we are all ONE – HUMANITY FROM URANTIA, and that we're all in this together, and that even though we mostly reject the idea of it, we are all about helping each other to progress in our ascent to Paradise. And whilst being in our untrue states we're all about preventing our progress, helping each other go the wrong way and remain in the darkness, but when the time comes for that to start changing, then the light you and those people with you John manifest, will become the BEACON OF SALVATION. So you'll be sending your message of light out into the darkness and many people are being prepared to receive it.



And I can tell you, lots of people will pick up on it, and they will benefit in all sorts of ways, just like you have, even if it's only on the mental levels giving them useful pictures and ones that make more sense than those they've grown up with and have been surrounded by and tried to live.

And a big part of your understanding John, has been to have some idea about the enormity of what's occurring, which is part of what you like the best about it all. And to appreciate that it is enormous, because it is.

And you laugh at someone like myself, in that how could I who was so ignorant and thought you were away with the loopies half the time, can suddenly change so much, and yet here I am and it's all real and true, and I have changed so much, as we all have over here.

So I'm just using this time now with James writing to you today John, not to say too much specific but more to give you a better feeling of myself and where I'm coming from. And this is because as I told you, I'll be working more with you as we go along, taking over in some ways from Nanna Beth. So in future when you consider asking us Celestials questions, you can direct them also to myself (and Kathaleen) too. *You can take it that 'our work together' John, has officially started as with my coming back to you the other day.* And although as I said we're still not fully engaging with you yet, still on this level through James we can talk more, it all being part of helping to bring us closer. So the idea is I'll be your personal contact here in the Celestials. Nanna Beth will continue to work more with James as required, she working on behalf of all of us Celestials, and I will help you with whatever you want, provided I am allowed to of course.

And so as these things evolve between us, one experience leading onto the next, so I am opening myself to you like this and I will leave it to you John as to how you want to work with me, which like everything, you don't have to now try and think too heavily about, as it will naturally unfold. That's all I want to say for now; we'll speak again soon – Kevin.

PRIVATE

James: Hi John, I'd just finished with Kevin and as I was preparing for a walk he wanted me to write to tell you that he wants to establish a PRIVATE line of communication with you. One in which it's only between the three of us, and not one for everyone else. And really it's not for me, but I'll be the conduit for you and he.

He wants you to feel free to ask him anything, private, personal, conceptual, whatever and he will see what he can do so far as answering your questions. And the feeling from him is that he might be more forthcoming about things, like SI, than Nanna Beth was or can be. So if you wanted to ask him anything about any of that, please do.

As I was musing it over with Kevin, I thought: you John, ask, and I will answer what I feel to write, and then it's up to you to do with the information as you please. And it's for you to just consider it, not to take it as gospel, just to weigh up whatever he says against all your other feelings, as he'll also be connecting directly with you like he said. And that there might be times when what he says through me doesn't add up with what you're feeling, and we can thrash out the discrepancies the best we can by being honest with each other if something doesn't seem right or whatever.

So that's what was going on in me, but I'll give over to him now so he can write and tell you himself.

Kevin: Yes John, it's as James has said, I want to have a direct YOU ONLY line, as there will be things you'll want to ask me and of which I don't want other people to read. And this will also help establish more of a deeper, personal relationship with James, which you're going to need and have as something that's special between you both. Something to add to your regular phone calls by adding my unseen dimension to it.

And I've asked James if he's willing to do it, it was my idea, that being us Celestials, however potentially it still involves him doing more typing and expending the energy, however he's willingly agreed to it.

So yes, as James said, any questions about anything, even if they are very personal and I'll see what I can do. James is going to work more with Nanna Beth on the spiritual side of things, whereas because of how I am, I will be able to work more on the practical business side of things if you like, although not just business, anything, but approaching it more on a rational down to Earth level. So even if you for example you wanted to write a list of questions that I can answer yes/no to them, that too would be fine, whatever you want and we can see how it goes, and as often as you want, which can be a lot or not much, it just being there for you whenever you want to call upon me this way, assuming it will be of benefit to you, it being as James said, just privately between us both, provided you don't mind James being involved in it too. But if you can see that you are really just talking to me and not James, that'd be all the better as James won't mind, he's getting good at writing with us talking about him as if he's not really here.

And if there's no need for anything like this, that too is fine, and the offer will stand in case you change your mind, that being provided James doesn't change his mind too.

And like how it has been, it's for you to lead in John, I won't just come forward offering information, you have to drive it based on what you want, and then I can work with you.

And so if you want to ask James general questions as you know the others would like to read or benefit from, we can still do that, and then if you want to ask private stuff, mark it as private and I can add it on the bottom or whatever to the more general stuff.

And it will be for you and James to keep records of the communications for your own private needs, all of which can be trashed if you choose John or can be made available should you want that.

And one last thing, it goes without saying that anything that comes into James' orbit potentially he will discuss with or tell Marion about. However as she understands, as he's already told her about my wanting to do this with you, it's all private between you and I.

So have a think about it and I'll be in touch. Kev.

KEVIN and JOHN chatting by the BBQ again – symbolically!

Saturday, 16 February 2019

John: Hi Kevin

I put you forward as the absolute perfect demonstration as to what comes about through engaging in one's Healing while also embracing our Heavenly Mother and Father's Love. In six and a half years you have freed your soul from all of the repression and suppression that we all endure during our childhood and with the love and light that comes with enabling our true personality to be expressed with the infusion of Divine Love we become who our Heavenly Parents created us to be.

Kevin: It's true as you say John, and it's pretty remarkable if I say so myself. However it's not just me, there are many of us Celestials who like myself have come out of nowhere now to be full residents of the Celestial spheres. Which, as you are writing, shows just how incredible our soul is, and what potential we all have, all of which can relatively easily be brought to light as one does one's Healing with the Divine Love.

I'm pleased that through myself you can see what can be achieved, if nothing else John, my coming to you like this is good for that. And it was because of my 'nothing' status on Earth that I didn't have such inner complications that so-called 'power-people' might have, that enabled me to let go of all that was stopping me express my pain, when I came to understand that it was a good thing to do.

I found I could relatively easily do my Healing, other spirits were labouring through it, and I felt sorry for them, but for me, and many like myself, we moved through the levels with the minimal amount of resistance. There were others who did their Healing quicker than I, and as has been told to you, it's not about the actual time taken, but really what one needs to gain from one's Wrongness, the Healing of it, and then how your life unfolds in the Celestials. As I am coming to understand, being of a more 'simple' kind of person, without so many of the deeper interwoven psychological difficulties to deal with, is allowing Kathaleen (as she's the same) and myself to come and support you like this. There's a lot more to it all, most of which we are yet to understand ourselves, but even though it's been explained to you that it's about soulmate pairs uniting in soulgroups (12 soulmate pairs) who all play certain roles, the actual 'Light Dynamics' involved, which is the way our specific and unique personality is to be expressed by our soul in Creation, is far more involved than I could hope to convey to you. But in a very simplistic sense and in so far as our relationship is, because of the light of my soul expressing the personality that I am in Creation, so part of that interaction in life that is to help me grow in truth and express more of myself, is to come from my personal involvement with you John.

And why I'm saying this John is to try and give you and the reader the feeling that there is so much more to us, that really we are all about the relationships we have and how they affect us and help us grow in truth. And that what we do, whether we are so-called leaders or not, is irrelevant, only being labels that you all need on Earth because you fail to appreciate the depths of personality interaction that really life is meant to be about. We are meant to live putting our relationships first, and what we 'do' is only done to help that, so life will help you do what you need to do

GREAT AUSSIE
BBQ



Light
DyNAMics

RELATIONSHIPS
first,
EVERYTHING ELSE
second.

so as to get all you need out of being together. Which so many people understand, and which I did in my rudimentary way when I was on Earth, yet couldn't express it as I can now. I loved the personal experience with all my chooks, they were my 'dear little friends', birds being of the personality interaction level I could deal with, and which helped to prepare me for my move into my Healing, the doing of it, and now subsequently in my soulmate relationship with Kathaleen; who by the way, is going to be the one to inform you about SI (Solid Investment) by answering the questions you're asking below. She is far more business minded than I am, I want to support you like this, more on the personality level, whereas she is able to help you more with that side of things.



John: That is, the average or typical person that we all are can within a decade or so discard the spasticated, zombie like mentality that we have been seduced to believe we are and free our true selves and express our true potentiality – our real self!

Kevin: That is how it is for us doing our Healing here in the Mansion Worlds. It waits to be seen if people can do it as quickly in the flesh. And we Celestials don't want to say anything about what we've been told as to how it will be for you and the time taken because we don't want to influence you, giving you preconceived ideas as to what you might expect before you even begin.

John: From being a citizen of a typical insignificant hamlet with nothing special to be said about it, your true self that has emerged as an astute, articulate, confident leader with balance and harmony of one with profound wisdom and capabilities that could only be said to be a personality of great love and guiding capabilities for all who open themselves to you.

Kevin: You don't have to over do it mate.

John: Your demonstration of what follows from engaging in the Healing process with Divine Love is the greatest gift that anyone can share with all of humanity. You had no preparation for what you have achieved, admittedly it could be said you did this for yourself but you have led the way and now you are announcing in a most incredibly loving way what others can do in their own time and manner as they please.

Kevin: I did do it solely for myself, and I still am. In fact John, I don't care what happens to humanity now. I'm no longer part of it. I only care about my relationship and involvement with you. I am a 'feelings-type' person if I can put it like that, rather than someone interested in the bigger picture stuff and trying to organise what happens to humanity next. And it's not that one is better than the other bad, they are both very important, however just different aspects of the same. I couldn't do what you are doing with Pascas and James, and yet I love being close to you and would still be were I on Earth with you, having a few beers and enjoying the involvement of all that you're going through, provided I didn't think you were too off with the fairies.

John: This is what we are recognising in yours and Kathaleen's endeavours – the one soul now about to guide humanity here on Earth and consequently throughout the spirit Mansion Worlds as to what is possible – to be able to shed that iron casing of yuk that we all have unknowingly imprisoned ourselves and our souls into and causing us to live our lives in a stupor. Now you have come forward to assist in the articulation of what is required for ALL to be aware of Living Feelings First with the mind assisting, not the other way round as we all have been taught.

yuk

Through embracing your own feelings we are engaging with our soul based intelligence. Without Divine Love, our soul based intelligence is natural love founded, in the same manner as all of nature. Through Feeling Healing we are peeling away all that impedes our soul based capabilities. Then by asking for and receiving our Heavenly Parents' Divine Love, upon our healing this Love subsequently blends with our natural love intelligence and we bloom into being the personality that we are meant to express, not the one that our physical parents imposed upon us. Our true potential cannot be revealed until we complete our healing of all that has been imposed upon us by the Rebellion and Default AND embrace our Parents' Divine Love. This is how humanity will evolve.

This is what you, Kevin and Kathaleen, represent to me. Is this a fair summation of what has unfolded for you and now what you are engaging in please?

Kevin: It is John, and a sufficient foundation for you to work from. It's the guiding premise from which all you are to do will come. And really, as you can see in these few paragraphs you've written, it's not that hard to understand. And when you do, when you make the shift in your mind, then it's a whole new focus for you to anchor your life around.

What I want to help you understand is that as can be seen from my own life, I, like us all, was forced to live against my true self that greatly limited my relationships – my self-expression in them and my life. I fitted easily into being 'one of the boys' in my small way, being a mate to you John, but it was all so limited because of the lack of truth we were all living. And then upon doing my Healing and growing in truth, so I have expanded my ability to express what I feel.

And that really is the wonderful part about all of this, that for each of us we can heal all those inner blocks that are preventing us from being our true selves, the likes of which we will relish when we become them. And that's because none of this truth is known on Earth in the context of being able to live it to the full benefit of yourself, so people keep wondering why their lives don't work, why they can't deal with all the problems, why they keep having problems and feeling bad, why, why, why, millions of whys which are all in the too hard basket and so pushed aside, and yet which now, because of what you are intending to do John, can have light shed on them.

The 'whys' can all start to be answered, and that's the part with you John where I want to assist you. And that's what's going to happen once you begin in earnest with Pascas, because having now got your understanding about it down pat, other levels of being with people will come into play, and those will in fact be far more important, such as what you are asking me about below concerning your daughter and how you and her will get on should she come and be intimately involved with you in it all. And so naturally things are going to come up between you both, and it's in those personality interaction things that I want to assist you with, should you allow me to. And I'll be able to do that on the unseen levels with you.

Leadership of the British Commonwealth is from 10 Downing St., leadership of the western world is from the White House, but no one is yet to recognise that the leadership of all of humanity, both in the physical and spirit worlds is from Creswell St! First of all there is Nanna Beth and now there is Kevin Coop – both from "Creswell House"! The hamlet of West Wyalong will become the tourist Mecca of the – well something.

Kevin: It's good fun seeing you grasp the enormity and amazingness of it all. It gives us all a laugh how you express it, and we're not laughing at you John, but along with you because you can say it so well as to how you see the whole thing unfolding on all the different fronts, their slow coming together and how incredible it all is, and how mad you feel in it all.

Kevin, I am in awe of what you have achieved and your generosity. Also of Nanna Beth. But no less than of James, as without his and Marion's doggedness then all of this would be for zilch.

Kevin, you have demonstrated what is possible. I have known you very well for maybe 50 years and what you and Kathaleen have achieved is just incredible. You went cold turkey, without an iota of a clue of what was involved and possible and in six and a half years you find yourself stepping away from being a regular tradesman, a chippy, a humble carpenter to being comfortable in a global leadership role and you have drawn the respect of many within minutes of introducing your true and real self.

Kevin: Part of the fun, once you get into the higher levels of your Healing, is getting to know your true self, which means, starting to understand that so many of the things you thought you liked about yourself and what you did in life, you in fact don't, whereas other things you put down, feared or just had no idea about and not any inkling that you'd like, you start liking and wanting to do.

And so like this with you John, I had no idea that all I'd want to do is come and be close to you a lot through the day and night, just to support you in the 'light' and so be a gentle conduit for the higher spirits who use me to relay messages to you – subtle mental understandings and feelings. So you could say that I and my soulgroup, as we all feel the same way about being with you John, are becoming your spiritual guides. You've had other spirits who've guided you through all you've done this far, and they are still to help you because they understand all you've been through and they have a vision that's to be imparted to you, however my group and personally myself as the main focus of that, is to come more as emotional support from spirit for you.

So we will match the emotional support you get from your friends and family. And it's important for you to have both, really for everyone on Earth to have it, and part of my role with you like this and through James, is to help demonstrate this aspect of spirit / mortal life together, as limited as we are in his having to write it all out. Because, if you could see all the support we are going to give you as emotional light, you'd see that you're to be continually bathed in it.

And it is a love John, however not love that you've experienced, it's a far more refined spirit love, that which we Celestials are able to provide to you on Earth, and it's not that we're 'in love' with you or you with us, it's just that we feel a deep, personal, loving, caring, close friendship and connection with you. And you and I John shared a basic level of this during our lives together on Earth, yet it was nowhere near the level we could share now.

However, because you are not of a Celestial truth, so all I can do with you will still be highly limited, yet for what it is, it's something that is very nice and special, and even though mostly you won't experience it more than a good feeling knowing I am with you (and it's more than you believing I am because of what I'm saying to you through James), but that you can actually feel and sense me and my love for you, it being a whole aspect of life that most people miss out on being in their relationship-denying lives. And because the whole truth about us Celestials and how we can help you has also been denied you, so through all of our writing this with James and also with other people open to us, we can help people understand that everyone ideally should have Celestial help, soulgroups of us Celestials fully tuned into you and being with you right through your whole life. And that as people do their Healing and are Healed and can live life with such Celestial spirit closeness, as it being just another part of their lives, then we'll be able to give such people great comfort and support.



John: If all the folks of the hamlet of West Wyalong followed suit, we would find the leadership of every sector, community, state, nation of the world being adequately accommodated from that one small community. This is the clearest demonstration of what the Great U-Turn brings to humanity.

Yes, if you Kevin and I have exchanges that are private, they may be held back from circulation for a season until they are not so sensitive but generally speaking, the contents most likely will be of benefit to others and later on they will be shared. I do prefer an open house policy, no doors on offices and no locks on filing cabinets style of sharing. I do see my life being open to all to scrutinise due to the importance of this event and I am willingly accepting that. Further, my role will transfer to others rather quickly and those who follow will have a need to understand what has unfolded. That being said, I do suspect that you may have some rabbit holes that you anticipate going down that I cannot as yet perceive! So we play it by ear, if you please.



Kevin: It is exactly as you say John. And that pleases me that you can write this paragraph as you've easily been able to grasp that which I am offering you whilst at the same time still keeping how you want to be. You are not ditching yourself – how open you want to be, just because I want you to or say you should, you are including it, understanding that if it's required, you're open to that, if only for the short term, which it would be for anyway.

John: I sure would appreciate how I am best to go about engaging with and assisting daughter Natalie. I do see that a vast array of her issues are the result of her early childhood upbringing and my involvement thereof. I also see that should she want to embrace any aspects of the Pascas agenda that she may blossom in her own time and way in any role or roles she may choose. Your oversight and views would be appreciated. You might put an Uncle Kev hat on if you please?

Kevin: Of course I can't influence either of you in any way, however it's fair to say that it will confront her initially in some ways, which is to be expected as all you are presenting will confront just about everyone to begin with. However as you say, should she accept at least the basic premises of it, she will love being involved in it all, they all will John. And you will just have to be as honest with them as you can, helping them understand that you did your best but that was severely flawed and that you would love to make things right between you, however there is a lot to it, much of which will only come to light as each of you do your Healing. But you won't have to worry about it John, the girls are more than ready to deal with it all, they are all very capable and 'up with it' in their different ways, and so they will easily accommodate you, working to put your vision into play.



John: Solid Investment presently has several door openers. *Kathaleen & Kevin*

Are there actually Couriers contracted to deliver the Package that was assembled by the four or five legal chambers some 18 months ago? Are there two lady couriers appointed and are they not interacting through a 'courier controller', is that so? Are these couriers directly contracting with representatives of the four or five ghosts (hidden controllers) who are to have the delivery of the package made to Crystal? Have they received their final instructions and do they have the 'package' now to deliver? Are they on their way, or is it just to be one of them?

Kathaleen: Hi John, as Kevin said, I would like to address these issues for you. It's part of the continuing 'girl thing' that we're being asked to work 'on' with humanity. And concerning SI, there is more I can tell you, yet still with some restrictions you understand.

All that's from 18 months ago is over. They stopped it all – new instructions were given to those people organising this side of it. And those giving the instructions are in a state of agitation and flux. Things are rapidly changing in the world, and so adjustments are having to be made on an almost daily basis by the hidden controllers because they are no longer so easily able to keep the control they had.

On the bigger picture, the real hidden controllers Nanna Beth and Helen have talked about, looked to instigate this uprising against the socialist left thinking it had gone far enough and was going to have an adverse effect on their future plans, so started to instigate the likes of Trump coming in on the right, however with the Celestials now increasing involvement, things aren't working out for them as easily as they thought it would, so the cracks are getting bigger.

And this is then affecting your SI (Solid Investment) controllers. So concerning the two new women couriers are still awaiting instructions, their controllers are having to wait for their new instructions, with the hidden controllers of the funds are trying to work out if in fact it would be in their favour to release them sooner rather than later or not at all to you and Crystal. And they are moving towards allowing the funds to be released, so authorising the courier controllers to initiate that side of the plan whilst instructing the German side of the plan to proceed too. So things are moving in the right direction, and should speed up now, particularly as Crystal is pressuring the Germans and Simon and everyone else more.

The hidden controllers of SI's main concern is: what if they are brought to account, how can they remain hidden along with the knowledge of the previous payouts? So they are setting in motion procedures they think will keep them hidden, but which in fact, will in the end act against them, yet they can't see that yet. By the time things will happen to where they should feel safe and secure, other events in the world will have unfolded causing their plans to be messed up and their exposure total. For you understand, part of SI's role is in exposing the hidden control these people have had over humanity, and one that's been to the detriment of all people.

So when the time comes, as your funds are released, so too will other people be uncovering that which they will use to expose these criminals, all of which will tie into SI yet not directly affecting or negatively interfering with it. So others will ultimately take on the hidden controllers directly tackling and dealing with them, leaving you and Crystal free to get on with what you want to do. Crystal will help these other people, yet



it's not to be her direct role showing up and bringing these crooks to account. Because as you understand, **their control of humanity is complete**, so for it to end, many different parts will be chipping away at them, thereby causing the cracks in their plans that we're talking about to expand.

In the next couple of weeks we envisage one of the women couriers being moved into position so as to make potential contact with Crystal, however we have to wait for that to happen before we can be more forthcoming about their following through and making the connection with her. What I mean is, we can't tell you what's going to happen there.

John: The meeting that Horst Kohler had with the new German Federal politicians and Angela Merkel was to lead to a committee being formed. Has that committee assembled and has Horst Kohler had more input with them? Ultimately what is required is for the committee to direct Horst Kohler to unofficially make contact with Crystal and avoid this situation from getting any worse than it already is for Germany. Is the committee proceeding towards this conclusion? What has transpired please?

Kathaleen: The formation of the committee has been scrapped. It's all part of accelerating changes. Europe as it has been and as it has been positioned for the future, is falling apart, and it's getting to the point of having to go into damage control. Angela is increasingly being seen as the annoying past and no longer part of the new future, that which no one knows how it's going to unfold.

Horst is making new contacts with other people, feeling them out and seeing if they are open to the increasing enormity of what Germany has got itself into so far as he's seeing it. As each piece comes to light for him, he's having to use all his inner strength to embrace it. He knows he must, but it's confronting to his core all that he's loved about Germany as he can see it going down the plug hole very quickly because of what they have done to you and Crystal and the other account holders. So not only is he at this late stage in his life having to deal with such criminal activity right on his own doorstep which was kept hidden from him, but needing time to work out how to deal with it and who he can trust.

So keeping the pressure on them is good, it shows them that it needs to be faced and dealt with, all of which is stirring up more problems for the mess they are in. The whole EU (European Union) thing is one gigantic debacle, it will be lucky if anything much of Old Europe survives. Under the guise of united equality and a united future as one homogenised whole, everyone has just taken as much as they can, using all the systems of control for their own ends.

There have been people like Horst who genuinely believed in the principles for united Europe, which are good in and of themselves, yet who are now having to wake up and accept that it's just been open for multiple layers of criminality, with so much money being made available and without anyone having to account for it, so just stash as much in your pockets as you can and do all you can to cover your tracks. And in those ways, Europe, which has seen itself as the upholder of equality, tolerance and being more open minded, is in fact ruining all the good parts of which it could have been for the world. The Americans at least just say it's every man for himself and may the richest win, but the Europeans have believed they are 'better than that', but sadly there's no longer enough who are.

So as much as you and Crystal might want them to get on with it, it's all part of the mess that's starting to fail in Europe. And so within that mess, that's when you'll find the door opening. So for now I can't say anything more. And I would prefer if you keep most of what I am telling you between Crystal and yourself. There is enough going on now that will keep the momentum unfolding, so not all of this needs to become public knowledge, however I'll leave that to yourselves as to what you want to 'put out there'.

Horst and his friends are working out who are going to be the leading lights of the future, which they should have worked out very soon now, and then with their say so, will initiate contacts with Crystal. It's not Horst's place to do it without the approval and support of those who'll be in power, however as to just who and what that power will be has been in a state of flux, so it's been hard for him. He did look to Angela, but she's now been heavily sidelined so she's of no help, but he's making good headway in his new approaches.

John: General Prosecutor in Frankfurt, are they proceeding to investigate the Criminal Complaint that we filed on 10 December 2018? Is a reference number available and how will we gain access to that number? Or has the complaint been set aside? What do we have to do?

Kathaleen: They are and there is a number, however it's being withheld as all part of the inner goings on as to who really is now in control of the country. There are many factions within the factions, and daily new rifts and alliances are forming as things come apart, so it will be some time still before you hear. However the complaint has not been set aside, and Crystal will be guided as to what to do next.

John: Simon Church's full cooperation with what Crystal requires is essential for a speedy resolution to the payout processing. Is Simon still aiming to assist in any way that Crystal may require? Is solicitor Richard Reynolds ready to make contact with Crystal through her lawyer Doug? Why has Reynolds not made contact already? Has Barrister Hughes continued to harass Reynolds to make contact so that he, Hughes, does not get killed should further contact be made with Simon Church's family? Is Simon Church urging Reynolds to make contact with Crystal or her lawyer?

Kathaleen: Simon is feeling Crystal might actually be his saviour. As she's not been nasty and only supportive of him, so he's moving toward wanting to enlist her help. Reynolds is ready and is just waiting on other instructions from his controllers. No, nothing like that with Hughes, it's not that bad. And it will do no harm to keep pressuring Simon's family.

Is it now appropriate to prompt QC Blackburn in London to search more strenuously for the court records that Baron Milverton II caused to be discretely hidden? Has she actually found any of them?

Kathaleen: Yes, and to give her more information about it all, information that you might think will be of help.

Thank you Kevin and Kathaleen, great to have you at the helm.

Cheers John

Kathaleen: It's our pleasure John. Still we can't be as open as we'd like, however it's one step at a time.

MORE BBQ CHAT

John: Hi Kathaleen and Kevin (soulmates in 1st Celestial Heaven)

Thank you for resetting the understandings of what was unfolding for and around Solid Investment adventure. That was most stunning to say the least.

Why is it that you can now convey such constructive comments when Nanna Beth and Helen had withdrawn and appeared to be restricted in such communications please?

Monday, 18 February 2019



Kathaleen: There's a number of reasons John. Helen and Nanna Beth are moving on to doing other work, so don't have the time as such to keep going with it as they have been. It takes considerable time and preparation to do what we do with James, and Kevin and I are now moving to take over. Helen and Nanna Beth are still doing all they did with you all, and they are not moving on as in away from all that's happening, far from it, they are both in their different ways moving even deeper into it, so need to devote more time to what they are doing. There is always a deferring, the new spirits coming up being asked to take on more responsibility as the older ones take on more themselves, so we're all moving on and never getting bored.

Then it's also more about the personal connection Kevin and I are to have with you John through James. We being different personalities to Beth and Helen can communicate with you about things on a different level, so that's why the door has opened a little more through us.

And then it's all also about James' need to keep pushing on in his Healing, so his ending with Nanna Beth as it was all part of that, what he's gone through because of that and now moving closer to Kev and I. It's a refocusing of his mind because of all the questions you are asking of him, which is opening up new circuits and trains of thought within him, all of which is needed for the future.

And I'll give you an example. With Nanna Beth he's focused on the pushing the boundaries the furthest he can in the first three Celestial spheres, which he's currently limited to. He has wanted to push higher, but that's for later. So in this way, he's to 'come down' or back a few steps being focused on Kevin and myself, and he's finding he has to be gentler within the energy because we're not as capable as Nanna Beth. And this is helping him feel more open to and more sensitive to people and spirits who aren't as capable as Nanna Beth and Helen, which is allowing him to stop his wanting to push on and focus more on what is at hand, and that is helping people starting out, and working through their Healing, and who've just finished their Healing.

And this happening through working with Kevin and myself, which I'm helping him to understand more in writing this now with him, is what the remainder of his life on Earth is to be. He's here for humanity, not really for his own reawakening back to Paradise. That is happening a little, but really he's to understand that he's to put that on hold until after his death and then even after his and Marion's Spiritual Age. So he's having to 'take his foot off the pedal a little' easing up, coming to terms with that, and then feeling it's okay, that he's not actually in any rush, Paradise is not going anywhere, and there is other work and time spent with other people and spirits on these lower realities to be enjoyed, before he can become wholly his full Avonal self again. So it's like a change down in gear for him in some ways, yet at the same time stepping out more laterally through Kev and myself.

And then there are yet more reasons that will come to light as we all move along together.

John: I do feel that your, Kathaleen, commentary is in a similar style to that of Helens. That is rather cool as it comes across as authoritative and consistent. Why is this so? Why the similarity?

Kathaleen: I'm a 'no fuss' kinda girl John, similar to Helen. Kev is the 'softy', I'm far more razor sharp on the mind level than he is. He is more about the feelings involved with it all, and then coming in with minimum mind, whereas I'm more of the mind, coming in with minimum feelings. Something of what might be considered opposite stereotypes to how men and women 'should be'. However nothing is as it should be, as we all come to understand through our Healing, so Kev and I fully complement each other in this, thereby being two 'halves' of a whole. So if you put us together we balance perfectly, and then in different situations we can even change as we are with you, being the opposite, so Kev more on the

mind and myself more on the psychological feeling level, however for you, as to what you and James need, you both need us to 'present' ourselves this way, which suits us fine.

John: When I first connected with James in late November 2017 and as I embraced his writings and guidance together with Helen and then Nanna Beth's writings, I could say that my head was spinning for near on the next eighteen months. It was as if my mind was out of control but within the limits by which it could appear as though I was functioning normally. I have enjoyed having my feet on the ground, so to speak for the past eight months or so and then your communication early last week tipped me into head spinning again for a day or so.



Kathaleen: It's nice to know we're having a good effect on you then. We are trying to take it easy with you, we don't want to over do it.

John: Now I am relishing Graeme experiencing the same sensations. Oh, and his experience was triggered by your writings through James last week.

Can you share with me what this 'head spinning sensation' may be all about? I am happier without it.

Kathaleen: Its adjustments being made on the mind level as it comes in conflict with your existing mind. This sort of information when well received, when you have decided within yourself to fully embrace it, carries with it a higher vibration of light, and so adding that higher vibration to your mind's standing vibration gives you the head spinning sensation. And because it's threatening all that your mind is and has been formed in, so it's not a very pleasant feeling while you've got it. However with time your mind makes the necessary adjustments and it settles down, and you've changed, no longer being as you were before you received it. All James' (and Marion's) work is confrontational, it's going up directly against the Rebellion and Default, confronting it on all levels, so anyone who gets personally involved with it is going to experience some degree of being stirred up as adjustments on all levels will need to be made.

John: Crystal and Joe had their discussion this morning relating to Solid Investment:

Solicitor Reynolds considered a rather questionable way of gaining access to court and other records that Simon may have within his very secure room within his home in Chesterfield, England. The secure room is a 'Faraday Cage' with multiple alarms and devises to prevent unauthorised entry. How do you understand that the solicitors for Simon Church will gain access to the records that Simon has in his home please?

Kathaleen: They won't, and it won't be necessary. Simon has other records, enough to give you all what you need, he's just holding out still. He fears that if he gives them out, which amounts to giving them away, then it will be taken out of his hands, he'll be left powerless, and then all sorts of bad things will happen to him. However he's having to face that really he has to give the information out if he is to ever resolve his current predicament, which he's now tiring of.

I can also tell you, that Simon is about to receive a great shock, he's going to have a series of dreams that will cause him physical problems on a health level that will put the wind right up him, all of which will help stir him into change. Things as I told you are starting to gain momentum, increased pressure is now being applied by Helen, things are getting harder for all involved to keep up the pretence. The

cracks are being prized open more each day. It won't be long now before you start to see some concrete evidence of this.

John: The committee that the German Federal Government has or had set up to determine a way to address the Solid Investment millstone around their necks is without authority and without any formal recognition. Is it a matter of the 'newbies' privately trying to work out a way to clean up Merkel's mess? Are they actually still meeting to reach an unofficial resolution? Is it because they have no authority that it is considered a disbanded committee? Even though Kohler is reaching out to others to address this crisis, is that for him to achieve some degree of authorisation to proceed to make contact with Crystal, such authority not being possible through the 'newbies'? Can you clarify what is happening with these German Government people and Horst Kohler please?

Kathaleen: Kohler is trying to prioritise the 'newbies' to take SI (Solid Investment) seriously. They have so many other distractions which they feel are more important, and which in some immediate ways, are, for the government is breaking down all over the place. People are starting to take what they can and cover their tracks more so by the day, no one wants to be left holding the bag, so the new people coming in have to find out what's been going on, how to take over without themselves being blamed for the mess, all of which Kohler is having to negotiate.

However he is making good progress, he has five people now willing to support him, so they are setting up this 'committee' (Joe is picking up on) to appear like they are in control – the new people, three women and two men, whilst at the same time, looking to Kohler for the lead and direction. Kohler wants to then use these people to spearhead his move into approaching the newbie controllers of Germany. He's in conflict with how to deal with Angela, because he's seeing more that she is complicit in the deceit and the whole sordid affair, and yet he wants to keep supporting her and not turn against her.

However his love for Germany and sense of 'doing the right thing' will prevail and he will be forced to leave her for the wolves. And once he makes that inner resolution, which Helen anticipates to be this week, then he'll move ahead quickly with all of this. He's in the process of gaining the trust of who seems to be in control of the country and telling him that what he (Kohler) is doing needs to be done hand in hand with the bringing about of the 'New Germany', because without dealing with SI, the New Germany won't stand a chance of maintaining its current position of superiority in Europe. They are having to deal with the French who are messing things up by preventing the breakdown of the EU (European Union), all of which is enough to give anyone a nervous breakdown. It's not as if it's not hard enough as it is with all what's transpiring in Europe, but then to have to deal with SI too...

I can also tell you, we Celestials – Helen and her crew – are reaching the point where she will be given full authority to act carte-blanche. So she is in the process of setting everything up for this, because when she is given this power, then it really will be 'game over' as it becomes 'game on' in earnest. And as part of what she is to do is resolve SI's issues. So she is preparing this from her side whilst directing you and Crystal to do what needs to be done on the physical.

And I am being told I can add to what I am telling you by saying that we Celestials will be able to exert quite a considerable power, so we'll start having a very significant impact on humanity, on all aspects of it. This being something that's never happened before. And these will be real and concrete things. Up until now we've been talking more in generalised terms about what is to come, however it is all very soon to start becoming 'very real'. It's all very dramatic John, like a great movie that's going down. **And the real movie is set to commence very soon now.**

And all this I say to you about Germany and the world would be wise to keep between you and Crystal now. James will send it to Samantha, but we'd prefer it now if you edit out these SI bits concerning these specific individuals if you want to send the other information to other people, keeping them just for yourself and Crystal. Sorry for giving you more work to do.

John: Even though German lawyer Jochen will ask the General Prosecutor in Frankfurt for the reference number of the Criminal Complaint filed on 10 December 2018, will it be withheld or will it be provided to him? What is the timing to follow up on this please?

Kathaleen: It should be given to him. He will have to do certain things for it, however with a little difficulty it should be forthcoming. He'll know what to do when he's there. The timing is to be left up to you.

Graeme has interesting indiscretion situations to explore. What are the consequences of such typical indiscretions, if you please?

Graeme: Hi John, you asked me this morning if there is anything I would like to ask Kevin. Well there is something I'm feeling very "GUILTY" about...a deliberate lie to the "authorities" to "save my hide".

FEAR often drives me to do stupid things.

My question to Kevin is, "What are the consequences for my soul of ALL the lies I have told?"

In particular, is there a greater consequence, penalty for the lie that breaks "man's laws" as well as God's Laws...

I'm sitting here typing this because I feel so guilty...I know I've lied, I know it was wrong BUT ... in fact there are no buts...

I want my Dad to say, "It's OK son I know why you lied and now you've "fessed-up" it's OK".

I'd really like to know the TRUTH...and what damage do I do to my soul when I lie...exaggerate... bend the truth a little...and all the other euphemisms we use to excuse the fact that it's NOT THE TRUTH!
Graeme

Kevin: Sorry mate, but it's STRAIGHT TO HELL FOR YOU!!! DO NOT PASS GO!!! GOD WILL BE WAITING FOR YOU AT THE PEARLY GATES WITH THE DARK ANGEL. OOOOOOOOOOOO!!! IT'S ALL OVER!!! YOU'VE BEEN A NAUGHTY BOY. Bend over and take the beating.

Seriously Graeme, there is nothing to worry about other than expressing all the bad feelings you feel. There really isn't any punishment as such, like we've all been led to believe. The Hells aren't really punishment either, in the sense of God punishing you, they are just a specific zone of spirit that's been reserved for spirits to go to who need help to feel bad so they can 'atone for their sins' – come to terms with them on the various levels required.

Basically Graeme, the emotional fear you are feeling now coming from your immediate guilt, and then that which also ties into all your other lies, is your dread of being punished as a child – how you were badly treated when you were young.

So your need to come clean and all the associated worry is what you need to focus on, trying to bring it all out. So just to allow yourself to feel as bad and guilty as you feel. And you only have to feel those feelings, you don't have to 'make amends' or do anything else, unless you strongly feel you want to do that.

The fact that you might break man-made laws, so far as God and the spiritual laws are concerned, is meaningless. You can lie all you like, lying on purpose breaking man-made laws without any problem on the spiritual level, however if you are caught on the man-made level, then you would have to suffer the man-made consequences.

Where the spiritual laws come into play is if you're not being true to yourself in each feeling-experience. However as you're all not being true to yourselves in every moment of every day because of being in Rebellion, so you're already way over the mark, all well and truly up shit creek, all of which is compensated for through your Healing, which is why you feel so bad all the time as you do it.

So I think I can offer you a way to deal with what you are asking for help with. See there are two very different levels, of which sometimes they overlap. The man-made, which is really parent-made; and the higher spiritual and God-made laws. And they both can be dealt with differently.

The thing about parent-made laws, is that for one person, making a lie is nothing, they don't see they are breaking any law because it wasn't what their parents ruled on, whereas for another person, they are shitting themselves for fear of the harshest punishment.

And the man-made laws are as you understand, arbitrary at best. Sure there are certain times when a law is required, however most of them are just put in place to control people by the powers that be. So breaking them won't bring to bear on you any spiritual compensation.

Basically if you go against yourself, if you're untrue to yourself, then you are going against God and all God's laws, and compensation is required to bring you back into the fold, which is what happens through our Spiritual Healing. It's the Law of Forgiveness, forgiving yourself through self-acceptance, which is dominant in this part of your life.

Law of Forgiveness

If you go against someone else, as in cross the line and grossly interfere with their will, and there are degrees of this, then you will have to suffer the pain you have caused the other person, spirit or creature, which as you know is the Law of Compensation; and as to the extent of crossing that line and hurting another determines whether you have to spend time in the hells or not.

Law of Compensation

If you cross the line and abuse your children, that being up until they are 21 years old, then you have both levels and amounts of Compensation and Forgiveness to deal with, that which happens as part of your Healing. And some of this can happen if you are not officially doing your Healing, however you'll have to go over it all again when you do. And as everyone abuses their children, we being conceived into our parents' rebellion against the truth of our soul, so all who have children and even those spirits in the mind Mansion Worlds who adopt them, have to come to terms with all they've done through their Healing. And there are degrees of pain inflicted, someone who's sexually abused their child against its will for example, having to suffer more, remembering that some children are very promiscuous because of their parenting which can further complicate things, with everything coming down to very personal and individual levels and feelings. Two people might appear to do the same crime with the same motives, however as to all they go through in compensation and forgiveness can be very different.

What you are experiencing Graeme is this lying triggering your fears about getting caught and being punished from your childhood. So it's not really about confessing or not, it's about using the feelings coming up to uncover more truth about yourself. So keep expressing them and longing for the Truth. And you'll find you'll go this way and that within the drama of it all, and with time you'll find the confusion will clear and you'll settle into greater self-acceptance.

At times there is absolutely nothing wrong with lying as such, provided you know why you are and are prepared to deal with all the consequences should they come about. Sometimes it's actually far better for all involved to lie, as not lying would lead you into hurting others and forcing them further against themselves and even to hurt others themselves. And you can have secrets, you don't have to 'fess up' to everything with everyone. With your soulmate, sure, you'll want to, or with a Healing Partner if you feel the need to bring such things out, however there's nothing wrong with you doing what you want in your life as you want to do it.

And part of bringing it all out, is 'coming clean', which really means you are allowing yourself to admit you have these feelings of guilt and that you are bad and that you might or should fear that you are going to be punished, all of which needs to be fully expressed and worked through – as in taken back to see how it relates to your parenting and early life. And that then includes all that good stuff like: What will other people think of me; will they reject and hate me because I lied; will something bad happen to me to punish me; all those stupid promises I make to God saying please forgive me and I promise I'll never do it again – all that shit you were forced to say to your parents to save your skin at the time.

I hope I've been of some help Graeme, Kevin.

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

We are to express our feelings, both good and bad, at all times, and to long for the truth of them.

Golden Rule: that one must always honour another's will as one honours one's own.

The Golden rule is: Never interfere with another's will.

Graeme: Well Kevin you had me going for a second there when you said, "Sorry mate, but it's STRAIGHT TO HELL FOR YOU!!! DO NOT PASS GO!!! GOD WILL BE WAITING FOR YOU AT THE PEARLY GATES WITH THE DARK ANGEL. OOOOOOOOOOO!!! IT'S ALL OVER!!! YOU'VE BEEN A NAUGHTY BOY. Bend over and take the beating."

Especially "bend over and take the beating" ...this sure brought up many childhood feelings of the punishment dished out by my dad and other "authority figures"!

Kevin, thank you so much for your explanation – I get it – it's ALL about the FEELINGS it brings up and that, once again, drives home all the stuff James and Marion have been telling us.

I'm looking forward to more chats around the BBQ with Kev....

Graeme Bates

Our Guides on Duty...



OUT GATEWAY ISOLATION





Yes, Kevin is white from New South Wales, Australia and Kathaleen is black from Tennessee, USA!



On 19/02/2019, James Moncrief wrote:

Good morning Graeme, Sam sent this back to me and I'm sending it on to you as it also might be helpful. James.

Sam: I have loved reading this. The head spinning, it's something I get regularly and is horrible to feel so I can sympathise with John and Graeme and I was happy to read what Kathaleen wrote about it, it settled me and confirmed my thoughts about it as being some kind of adjustment.

I also loved reading about Graeme's driving lie and how much bad feeling it has created in him, bringing up all of those wonderful, awful feelings. I have had to go into all of my lies that have been brought up for me to heal. Things I have tried to get away with so I can avoid getting into real trouble with the authorities, who are really my parents. It was so good to read, and if Graeme ever wants to spill it all to me, I would love to listen or read it because I understand and have done some real stupid stuff that I have had to go back to and feel about to release the pain and guilt. Once you start talking about how it is making you feel and releasing the steam that builds up, bit by bit it begins to clear, sometimes quickly and sometimes it takes ages. I sometimes think to myself, shit I could never tell anyone that about myself, I even feel bad and ashamed telling Mother and Father, but of course they already know but want to hear it from my lips and how it has made me feel. It is so good to get it out.

I have loved hearing from Kathaleen and Kevin, thanks James.

Graeme Bates wrote:

Thanks James and Sam, yes there are lies and other "stupid" things I've done that I feel so ashamed of that they remain as "deep, dark secrets" that I can't tell ANYONE...especially my parents (who have both died) and Sam, your offer to talk them through and FEEL what they bring up is something I'd like to explore with you. I recently re-activated my Skype account and sent you a quick message to say "would love to talk".

When ever it suits you I would love to connect via Skype. My address is: graeme.bates3

Thanks James and Sam for all your kindness and help to this "Numbnut" in SE Qld!

Samantha: Hi Graeme

I will look at the time difference and sort out a time to Skype, it will be good and I want to do it although I have many feelings about it that I want to tell you about.

I feel scared of talking to you, I am scared of talking to anyone and I always have been, so this will be good for me because it will bring up all the bad feelings I have about communicating. I couldn't communicate with my parents so I can't communicate with anyone really. I have all of these feelings coming up already, fears that I can't talk to you or anyone, when the phone rings at home I shit myself, I am going to fuck it all up and talk a load of crap and the more I am feeling about it right now the more I am so shit scared of talking to you (but I still want to, these are my feelings I want to get out).

I am scared of talking to all men, men scare the shit out of me, they are going to beat me down, weaken me and its not just men, but mostly. I feel so scared you will hate me, think I am useless and know nothing, shit I feel so pathetic compared to a man, I am just a pathetic woman / girl who knows nothing

and should leave it all up to a man. I should just shut up and do what I am told by a man, follow him because men are more important than women. I am so scared of men, I have to do what they say and just be obedient to them and they are the boss.

I know this is all pretty intense Graeme but I want to be honest with you right from the beginning and tell you how I feel and all of these little bad feelings are huge in me and I feel scared about telling you how I am feeling about our Skype call but it is the only way to begin, with the truth right from the beginning and the truth is I am shit scared of you and talking to you and once, I would never have dreamt of telling anyone all of this stuff and just kept it inside of me, never to be known by anyone but now, You, Me, James, John and the others are beginning a new way and I feel I want nothing but the truth of how I am feeling with each of you.

With this new way of being I want to tell you every little thing I am feeling and its pretty full on I know but I want to be completely transparent with you all and with my feelings, I don't want to hide how I feel any longer and if I feel shit scared I want to tell you and I love that we could all have that kind of relationship and I know it is hard but I have waited so long to feel it is okay to tell others how I am feeling.

I was so scared to talk to my dad and I still am, he scares me shitless so every man is him to me and to tell you how scared I am of talking to you is so good for me, its like I am telling him and I have told him everything and he doesn't understand me and why I am scared of him, he is very hurt by me but he is completely unaware of how much he scared me as a child and that fear has stayed with me, something I deal with all the time.

If you have any bad or good feelings about talking to me please tell me, I want to be as vulnerable as I am feeling. Something else that is coming up right now as I just wrote that is that I feel I have to have all the answers to keep me feeling powerful and I am scared of not knowing anything, I don't know anything but I feel I have to so my parents can be proud of me and I will be liked, accepted, wanted and loved, if I knew nothing and admitted that as a child everyone would give up with me and I would be forgotten, left out and left behind as a nothing person, no one would want me so I am also having feeling come up in me of being ashamed of the truth which is I don't know anything only how I am feeling. My self worth has always come from a place of what I know with my mind and feelings were of no use at all so now all of my mind bullshit is being broken down and it is scary to admit I don't know anything, my mind that held all my so called power and has now caved in and it is crushed, I feel crushed and worthless as my mind loses control and my so called useless feelings begin to take over, it has been such a turn around and who would have thought that feelings can be more powerful than thoughts and mind.

I feel good telling you how scared I am of talking to you on Skype, it's the truth and I want you to know that and I want to know how you feel too, like I said, good or bad.

I know it's a lot but its how I want to be with the inner circle (us lot).

Speak soon Graeme and I am already feeling better about it all, it will be good although I am scared, I want to go through more of how I am feeling about speaking with you and if you want to hear it all, I will share my feelings about it with you. If you want to share this with anyone else I don't mind at all, I want to be open with everyone about how I feel.

Thanks Graeme and I will be in touch.
Sam.

SKYPE TIME with SAMATHAN in ENGLAND

John: Hi Sam,

20 February 2019

Nino Culotta wrote a book about Australians, "They're a Weird Mob" and fortunately we are!

I don't think I have the father suppression issues that others reflect upon – as my father started to doing his disappearing act when I was born. Mysteriously he would arrive back home in his truck for a short duration and then disappear again. I had little interaction with him.



BUT women! I was separated from my mother for the very first six months of my life – mum was in hospital being treated for tuberculosis. So my mother became my two aunties being on neighbouring farms – Doel brothers had three adjoining farms – plus Pauline who was in-house assistant on Uncle Geoff's farm, plus two grandmothers, and grandma Doel was a tyrant! And then mum came home!

To make matters worse, I attended a one teacher school and the teacher boarded at my home – his bed was next to mine on the veranda. If he considered I did not get enough of a shellacking for my mischief he topped up on it at little lunch at school – go fetch the feather duster John!

So yes, I get myself married and proceed to have three daughters. Never have I won an argument!

So about fifteen or more years ago we began having Pascas weekly gatherings. At first it was two thirds women and then it became equal numbers of men and women to which I was very happy about. It was all new age stuff and it really was free entertainment and a chat once a week.

Now here is the crux. Pascas has clearly identified what its long term plans are, Nanna Beth, Helen and now Kathaleen have spelt that out. Presently, within the tiny team that leads Pascas it is all male dominated. I perceive that it will progressively become balanced and then with more women than men. The nature of emotions is that women are the preferred drivers. Yes, men are to support, not drive Pascas.

I am recognising very much that women have been so strongly suppressed by men that they are reluctant to grasp the moment and become involved in bringing Pascas out into the public.

It is as you have expressed relating to your parenting. Yes, I can tell you that I was also oppressive to our three daughters to which I deeply regret and I am stuffed as to what to do about it.

But I sure do want to widen and expand our dialoguing with you personally because I feel it is now very appropriate and it is this next phase in our journey of what ever that is because I sure do not know – but what ever it is I will keep doing it and then someday we might know. Something like that.

So women can be daunting for me, that is why I head to the BBQ to chat with blokes – like Kevin!

When you feel up for a chat, I am around on Skype.

Cheers John

ANOTHER BBQ CHAT

Thursday, 21 February 2019

John: Hi Kathaleen and Kevin

**FIXATED POINTS of VIEW**

John: The phenomenon of individuals becoming fixated on particular positions and not being able to listen to, actually not hear a higher or more appropriate point of view that is in truth and also of a higher level of truth is a noticeable obstacle for many people.

Kathaleen, 1st Celestial Heaven: People can only ‘make progress’ in their negative states John, owing to the negative influences of the Rebellion in Mary’s and Jesus’ age. So people will only ‘change’ if it’s in keeping with their untruth advancement. So until those underlying spiritual forces change, nothing much is going to change along the lines that you’d like them to. There are a few exceptions to this rule because they are needed to take on the ‘New Truths’, mentally and emotionally, so see what they think and feeling about them, just as you are doing, however nothing is going to happen until the whole ‘climate’ changes.

John: James Padgett, in writing the Padgett Messages, was frequently told that more truths would follow on from his writings. This is plainly obvious when one reads the Padgett Messages in chronological order which is not how most such publications are. As is now understood by those who have embraced these later writings through James Moncrief it is obvious that James Padgett hit the obstacle of his fixated beliefs frequently.

Kathaleen: James Padgett (1914 – 1923) was only allowed to move as far as Jesus’ truths were allowed to move, so the effect was minimal, which can still be seen in those people who stay true to the PM (Padgett Messages). No one was going to be able to go further because Jesus and Mary weren’t able to go further. They couldn’t and were never going to and so didn’t reveal the truth of the Healing themselves. They have done it partially and indirectly through James (and Marion) because that’s a whole New Way in keeping with James and Marion’s doing of their Healing. So people can’t end their rebellion-by-default by looking to Mary and Jesus. And just praying to Jesus or both of them and longing for their help will not help move you into and through your Healing.

John: It is now clear that:

- a. Divine Love does not absolve one from their sins.
- b. Divine Love does not heal the physical body of illness or of any health issues.
- c. Divine Love does not make one fit for entry to the Celestial Heavens – without Feeling Healing.
- d. Mary Magdalene is co-regent of our Local Universe, Nebadon, with Jesus.
- e. God is two personalities, being Mother God and Father God, our Heavenly Parents.
- f. Our soul healing is through the process of Feeling Healing with Divine Love.
- g. Feeling Healing is the first aspect and step in our soul’s ascension.
- h. And other truths that James Padgett’s Presbyterian alignment limited his ability to consider.

We have experienced the gifts of writings through very capable mediums, and their limitations mirror those of James Padgett, namely:

- a. Dr Daniel Samuels
- b. Hans Radax – Judas of Kerioth writings
- c. James Reid – Richard Messages
- d. Joseph Babinsky
- e. Werner Voets – channels Apostle John

f. Nicholas Arnold

All of these additional writings make great additional commentary to those of James Padgett but do not bridge beyond due to fixation in belief. A spirit personality cannot convey material beyond the limits of what the writer wants to hold sacrosanct. Is this the core limitation?

Kathaleen: Liken the whole age of Mary and Jesus to being that of what it is like for you as children through your forming years. You are inducted into your ‘Parents Age’, just as you are into Mary’s and Jesus’ age, and so you can’t be anything else other than an expression of that ‘Age’. So the whole world being an expression of Mary and Jesus’ age in rebellion against the truth, which is in rebellion against Mary and Jesus themselves, can’t do anything else other than be as it is. And so that’s why a New Spiritual Age is needed. And that can’t come simply through the likes of a book like TUB (The Urantia Book), it has to come with an Avonal Pair, and it can’t even come by Mary and Jesus coming back, because even if they did, they’d come back true, just like how it was for them on Earth, and so would only be able to teach and live that perfection, thereby gaining nothing more than what they’ve already done. So that’s why the Avonal Pair is so crucial, requiring them – someone – to take on the full rebellion of Mary and Jesus’ age, which is the sum total of the Rebellion and Default to this point, and heal it within themselves with the spiritual authority to then be able to affect change in humanity.

John: On a day to day basis we have the following:

Joe, when assisting Crystal, not so infrequently imposes what he wants to believe into the dialogue, yet Joe is not fully aware of what he is conveying. Is this so and how does that work please?

Kevin: Hi John; it works because of Joe having to adhere to the laws or rules of the Age he lives within, like you all do, as Kathaleen was just saying. So no spirit / mortal communication can be completely true and free of error, as it all, even including James, has to currently keep adhering to such limitations. So you have to learn how to work around it, using it for what it gives you, just as you do with anything in life.

John: Many believe that the American Astronauts did not land on the moon, yet those multiple events involved thousands of people around the world to consummate.

The twelve men who walked on the moon:

Apollo 11, 1969	Neil Armstrong, died 2012	Edwin “Buzz” Aldrin, now 88
Apollo 12, 1969	Charles “Pete” Conrad, died 1999	Alan L. Bean, died 2018
Apollo 14, 1971	Alan Shepard, died 1998	Edgar D. Mitchell, died 2016
Apollo 15, 1971	David Scott, 85	James B. Irwin, died 1991
Apollo 16, 1972	John Young, died 2018	Charles M. Duke Jr., 82
Apollo 17, 1972	Eugene A. Cernan, died 2017	Harrison “Jack” Schmitt, 82

Firstly, how did they not get fried when they went through and then returned back through the Van Allen belts? Then how do people who cannot accept such physical facts and yet embrace the Truths conveyed through James Moncrief and James Padgett?

Kevin: It was all staged, just like 9/11 (Sep 11, 2001), nothing is what it seems so far as what the American government and the hidden controllers want people to believe.

And when the New Age begins, then those people sincerely wanting to know the truth of how to live a pure spiritual life will be able to accept the truth about the Healing and everything else. And there are many people currently being prepared on unconscious levels for this. When the next Age commences there will be a very significant spiritual shift, mostly people won't feel or sense it, however it will be very profound affecting everyone, the whole world, and from it will come all that you're hoping to see.

John: No, Carolyn and I have no intention of a space holiday.

Then we have the destruction of the Twin Towers in New York on September 11, 2001. A most highly visually recorded event yet many want to say it was sabotaged from the ground level up! Is it as it is seen to be?



How do we introduce such profound truths, which are becoming clearer and clearer every day, to people who only need a distracting comment for facts to become not even acceptable fairy tales? How do people ever get to grasp that they have been sold down the drain for 200,000 years and that visibly seen and recorded events are what they are seen to be – man at his cleverest best and worst?

Kevin: As I said, it will happen on unseen levels within people when the time is right. It can't happen before. So all you can do is prepare yourself – your mind – for that time, which is drawing closer. And really until it happens John, you won't actually know how to proceed. You are all muddled about it now because you're looking for something, some lead, guidance, an inner feeling or knowing of the direction you are to take, when you can't have and won't have such feelings, knowing, inspiration until the New Spiritual Age begins. So the best you can do is keep working within your limited means, with a part of that being your coming to understand just how solid these constraints are.



SOLID INVESTMENT

John: Solicitor Reynolds has commented that some big players are now involved with him in assisting Simon Church. Monitoring the shortfingerreddonald.com website confirmed that someone new from Oxford spent 30 minutes reviewing the court order documents today. Reynolds is saying that 'everyone has an opinion'. How will Reynolds get past the conflicting opinions of these expert legal professionals? Will he realise that when contact is made, none of his preplanning will be relevant?

Kathaleen: The arch controllers are purposefully introducing these professionals to it so as to see what they come up with and if they come up with anything that conflicts with what they want and how they see things going. Shortly they will start on the direction they are to take. They need to unwind it all, it's causing other obstructions to their other plans, but they are taking added precautions because of how unstable everything is becoming.

And the preplanning will be relevant for them, if only to see how irrelevant it has been. That of itself, to feel you are losing control, is what we want to give such people, it being a very unsettling and unnerving feeling when you've been so sure of your own greatness all your life. But what happens when you start to feel you might not be so great after all, or that perhaps there is some other even greater force at work, and you've only been its patsy? All of which can lead to a great psychic breakdown – mental and emotional crisis.

John: A UCC lien filing has now been successfully made in New York, 11 Feb 2019. Is there a need to file any further liens? Who are we best to draw attention to these liens please?

Kathaleen: This sort of thing will be made known directly to Crystal. She'll feel what she wants to do. And if she doesn't know yet needs help to know, that help will be made available.

John: Registered mail has now been sent again to Mr and Mrs Church to prompt them to pressure Barrister Hughes to have contact made with Crystal. Will the registered mail get through to Mr and Mrs Church or have they made arrangements to avoid any further such correspondence?

Kathaleen: It will get through, however as to whether or not they act on it as you'd like waits to be seen. There is a lot going on within their family to do with it all, and it all needs to play out.

John: Is there anything missing in what we are to do? What are we overlooking please? Is there anything that we should go after?

Kathaleen: Again I can't specifically help you along these lines John. James' mind, not directly being part of it, is not geared along this line of thought, it's outside his life's parameters. So it's not part of his pattern or plan, that being the more involved workings of SI (Solid Investment). He can only generally advise you through the likes of talking with spirits like myself. And so I will say again that you don't have to worry, all that needs to happen is happening and will continue to do so, just as it has over all these years. What you do is all you can do, there is no – Oh, if only we did that or we should have done that or we shouldn't have done that, you do what you feel and want to do, even what you think you should do in each moment, and that's what happens. And if it takes you further into your Wrongness, then that's what it's meant to do and so in the end that too is good. It's all good John, even when it appears very bad. Still you would have to do your Healing to understand the truth behind such words, to feel them, to live such truth.

John: Crystal is having a rather pleasant re-occurring dream, all in keeping with her position and intention of not being aggressive with Simon, but in the line of constructively getting the task at hand done. Last night was the second time in a fortnight. It was unusual for her as she was having it, woke up, got up, went back to sleep, and it continued, picking up on it again. It was like having a conversation with Simon as though he was there but wasn't. It was like an ongoing conciliatory relationship, like Simon trying to get back to being friends, a renewal of acquaintances. Simon has very recently drastically changed even though there has been no contact made in years. It was a very relaxed conversation – door opening – contact without contacting! Kathaleen, do you have your observations please? Or is this a Kevin task?

Kathaleen: Such dreams are deeper connections with the people involved, often made through the connections of each person's Indwelling Spirit. They are very complex, much could be written to you about what goes on in the inner dimensions when you are asleep. The more important part of it is for Crystal to pay attention to all the different feelings it gives rise to.

What is happening is a reassurance is being given by her to Simon helping him to unconsciously feel more secure and less fearful of her. He believes he's causing great harm to many, and so Crystal via her unseen helpers was allaying some of that fear. Such inner communication is worked during the dream state through the unseen psychic or spiritual cords that connect her and Simon, these cords we all have connecting us on many levels with those people or spirits we have in our lives.

So what Simon's angels are doing in conjunction or on behalf of his Indwelling Spirit, is preparing him for dealing with Crystal again. He's getting stirred into change, it can't go on as it has been, so this is all part of what's stirring him up. He desperately wants Crystal to think well of him and not to go to town on him so he ends up in prison or something worse, which would be having to be dragged through all the gory parts should she have the power to bring to account all those in the wrong. He would love her to prosecute those bad people yet without his direct involvement in any of it. He's scared of such people, which he should be, cursing the day the Lord put him in it.

John: I sure do hope you like your portraits because I do!

Oh, Kathaleen, were you big on BBQs when you lived in Tennessee?

Kathaleen: I'm not so busy John, I am actually of a slight build, and I wasn't any exceptional beauty on Earth. However if it brings you some fun, we don't care what you do or how you portray us. That's all up to you John.

And BBQs as you have them weren't part of my life back home, however we did enjoy fish and shrimp cooked on hot coals from time to time.



I'll go now, speak to you soon John – goodbye from us both.

Thank you guys for being there, where ever that is, for us all.

John

Note: The collapse of the Twin Towers following the attack on 9 / 11 was addressed: A [2008 report by the National Institute of Standards and Technology \(NIST\)](#) which found that WTC7 collapsed after fires on multiple floors "caused a critical support column to fail, initiating a fire-induced progressive collapse that brought the building down".

And how do we know that the moon landings did happen, apart from everything else, three countries China, India and Japan, other than USA, have confirmed the moon landings through their own satellites exploring the moon. <https://spacecentre.co.uk/blog-post/know-moon-landing-really-happened/>

“[Radiation sickness](#) occurs when you have been exposed to around 200 to 1000 ‘rads’ of radiation within a few hours. The Apollo 11 crew were within the belts for less than two hours during their journey to the Moon, and so would have only been exposed to an estimated 18 rads – well within the

safe limit. There can still be some adverse effects from even this level of radiation, so NASA made sure that the Apollo 11 spacecraft was well-insulated such that the average dose of radiation over the 12-day mission was just 0.18 rads, or similar to the radiation dosage from a chest X-ray.”

The perpetrators of the Twin Towers attack in New York on 9/11 (September 11, 2001) is discussed in this document:

Library Download at www.pascashealth.com and scroll down to Corporate Foundation Documents and download the PDF titled:

Pascas Finance Khazarian Banksters Control Humanity

or click on link

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PUBLIC CONFIRMATION of the REALITY of the TRUTHS

Sunday, 24 February 2019

James: Kathaleen, whilst you're 'on the line' John raised an interesting point for discussion which I've been talking over with Zelmar, is there anything you'd like to add? (The Lanonandeks instigated the Rebellion 200,000 years ago and later the Default. When they were deposed starting 2,000 years ago, the Melchizedeks were given the authority to bring about the new spiritual Age which is now unfolding.)

Kathaleen – 1st Celestial Heaven: No James, it's not for Kevin and I to be directly involved in this discussion. We will sit on the sidelines so it would be better for me to give over to Zelmar and Zelmarnia (Melchizedeks).

Zelmarnia (a Melchizedek): I will continue the discussion with you James. It's important to keep adding the feminine to your writings.

Zelmarnia continues: John was suggesting that to help make a deep and lasting impression in people's minds about the truth you will be revealing, might it be possible for materialisations of spirits to happen in the physical? And we don't see any problem with this as this sort of thing is very much in keeping with what you enjoy and understand is possible on the psychic level.

As we discussed with you, when your Age becomes 'active' then you will be able to organise such events with John and those people and spirits concerned should you wish to do so. And it is as you understand, for us all to encourage people to make direct contact with the Celestials, and for you on Earth to see that you are just as important as we are, that it's not just a matter of you on Earth carrying out the instructions of we higher spirits. You can of course look to us for help, which is to be willingly provided, however it is for you to see that for you on Earth, Earth is your world, it's primarily for you to work out how to resolve the issues concerning the legacy of the Rebellion and Default, within the premise of striving for the truth God wants you to see through your feelings. So from your talk with John, the details and repercussions about staging such events can be addressed later when the time is closer to such things possibly happening, however in the meantime, for John and those people involved with him, yourself included James, to look to see yourselves on Earth as equally important as those of us over here, and in that light, to consider all you are setting out to do as being driven directly from yourselves and then with our support and blessing.

We will ensure that things don't overstep any unseen lines, we will adhere to the tenets of the Age, however within that there is a wide scope to be explored by us all, and with you on Earth doing your part and seeing yourselves as equally leading in it all.

To begin with understandably you will require more of our help and direct guidance, however the aim will be to lessen that as people do their Healing and come to understand more about the Truth. And so with people themselves coming together to formulate how they want life on Earth to evolve in the New Way, working through the issues more themselves.

LIVE FEELINGS FIRST

And your main concern James was that you don't want us spirits taking matters into our own hands and so bringing about such manifestations in the physical without your knowing, just willy-nilly, like how it's been with the mind Mansion Worlds spirits, with no overall plan or thought as to what is to be achieved and so with no centralised governance conducting such operations. To which we agree, and so will keep

everything centred around you and Pascas, so it will happen in accordance and agreement with you. So we'll come to you as you will come to us, and we'll work it out together. This being exactly what we want to happen, and would expect you to ask of us James.

The Celestials are not going to work 'doing their own thing'. What they do is all to be harmonised though Pascas, Pascas currently representing the central core and focus on those people striving to live the Truth. It doesn't mean everyone all over the world who strives to live true is to be kept abreast of what's happening and involved in the process, but it does mean a 'central hub' will be maintained, even if that hub is located in a few different geographical locations. And for the time being, that central focus is with The Typist.

James: Thank you Zelmarnia. It's good to write with you again. Mostly I feel 'tuned into' Zelmar, so it's a pleasant surprise when you want to speak.



Zelmarnia: It's important for you at this time in your Healing and truth-growth James to be aligned more closely with the masculine, which is why you're currently also reaching out more to the Father. And as you understand, it's necessary for you to spend time being attuned more to one 'sex' than the other, all so as to bring to light what you need for your Healing and soul growth.

And that is for you personally James, however for the reader of such writings, it's important that we maintain more of a feminine presence and one of being more in control and the spiritual leader, as it's to counterbalance the lack of it in the Rebellion and Default, and now also those leftist feminists that are taking it too far, taking humanity deeper into that side of the Wrongness.

James: So women's liberation is now causing other problems?

"The True Liberation of Women is Through the Truth of Their Feelings."

Zelmarnia: Yes, it sees it as its right, and that it's about time, that power is removed from men and given, by right, to such women. However they are missing the point as it's not meant to be just another power-play. Still, it's what is needed as part of the completion of the denial and outright destruction of Mary, and then of Jesus 'being the man'. Jesus being a man, is to be pushed aside, even accused of being or relegated to being a powerless man of no threat to such power-women and someone who is gay. Mary, the true woman, the non-power seeking woman and woman who wants to live true to her feelings, is to be trashed and belittled and accused of being man-loving, so it is the 'doing in' Mary and Eve once and for all by women themselves. Women shitting on women, even when they believe all women are united in throwing off the yoke of men.

So it will be women of a true spiritual light, women empowered through the truth of their true feelings, that will be needed to stand up to these women seeking mind power, these truth inspired women looking to their feelings and showing men their true inner beauty that such men seeking truth and a true spiritual life will want to see, follow and support. Men having been usurped and are losing perspective, not knowing where they stand and how they are meant to be. They are receiving increasingly more complicated mixed messages, and women, because of these power seeking ones, run the risk of a severe backlash from men as the frightened and confused men vent their rage and fear on them. So it's not that men should be in control, really they don't want it that way, but they also don't want such women-hating-men to have the final say. It's the war of the sexes heating up as women empower themselves on their resentment and buried hatred and bitterness. In letting the wild cat out of the cage it's going to lash

out wherever it can, so much of what such women say will be completely irrational and without any deeper thought and without any feeling or consideration for the consequences of their unloving actions. Still, men having had it all their way and acting in the same manner for so long, need to receive a hard dose of their own medicine to smarten them up to seek other ways, to look for truth-loving women and relationships with them, ones based on the truth, ideas and principles, John wants to put out there. And such women and men will find such truth a breath of fresh air.

Terror is the pinnacle of fear – breath !



You might be interested to know John, that your main antagonists that will confront you will be the leftist truth-destroying women, and not the man of the same ilk. The controlling men are flagging, they are under attack from all directions and many are starting to have second thoughts about their beliefs and quality of life – is it all really worth it? And that is gaining momentum through the religions, as women, gays,

gender switching and the whole having to toe the globalism line of killing individualism, threatens all they've worked for. Which of course is a good thing as such male-based institutions are to fail. However such women, although they will rant and rave at the Truth accusing it of all sorts of things, will actually turn out to be very ineffectual as the Truth will show them up for being what they really are – truth-hating – and just how hypocritical and unloving they are, which will crush them, as their false-truth founded on their new found mind-liberation is built on shifting sands, because they'll be overwhelmed and done in by their own feelings in the end. So again John, nothing for you to worry about.

It's all good as being seen as the disintegration of the way it's been up until now. So there needs to be the violent swings to break apart the established ways. And although most of it will be distasteful, it is all helping to make people question themselves, their actions, and what they want from life. And it's going to keep happening, like a wave getting bigger, and it will tip over helping to break up all the established male-dominated mind institutions.



I'll go now – Zelmarnia (a Melchizedek from our Local Universe).

*Kevin & Kathaleen
Kathaleen & Kevin*

AN EVENING WITH ????**(Though it could be a day or days!)**

As the following have interacted with mediums, the following may consider being ‘guests’ and with their soulmates:

Dr David R Hawkins	via James Moncrief	Aman and Amon
Mahatma Gandhi	via Nicholas Arnold	Adam and Eve
John Lennon and soulmate	via AJ Miller	Family groupings – local
John F Kennedy	via James Moncrief	Meet your spirit guides
Martin Luther	via Joseph Babinsky	
Kevin and Kathaleen	via James Moncrief	
Nanna Beth and soulmate	via James Moncrief	
Melchizedek soulmate pair	via James Moncrief	
Verna, a nature spirit	via James Moncrief	
John the Apostle	via Werner Voets	
Mary MacKillop	via James Moncrief	
James Reid	via James Moncrief	to be Celestials and those Healing

FINDING CLOSURE Thursday, 28 February 2019*Kathaleen & Kevin*

[John: Hello Kathaleen and Kevin](#)

[Many people put enormous energy into “finding closure”! The distress that they embroil themselves in appears to be incomprehensible – it appears like self imposed torture – and yet when they “find closure” what do they find?](#)

Kathaleen – 1st Celestial Heaven: It’s all mental resolution John, they are able to readjust their mind patterns to re-establish the mind control they had before the bad thing happened. So when their mind is happy, when they are happy back in their controlling beliefs, they’ve found ‘closure’ because wrongly they believe it’s all over and the pain has gone away.

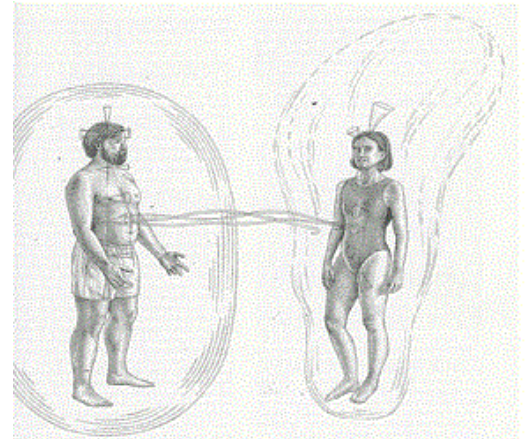
[John: When someone goes missing then that is a tragedy for those who love that person. Is the stress amplified by the severing of the cords of light that connect these people?](#)

Kevin – 1st Celestial Heaven: Mostly it’s the other way round John. It’s the fact that the cords have not been severed that keeps them emotionally open to the trauma of their loss. (It is only when we have healed ourselves and upon entering the 1st Celestial Heaven soul condition that cords are then severed.) If the cords were truly cut, then they’d be able to quickly re-establish the equilibrium Kathaleen just mentioned. And really the only way to work toward severing the cords in the right sense, if indeed it is what is required by both parties involved, would be to keep bringing out and expressing and seeking the truth of all the bad feelings the trauma is causing. And that can take a long time in some cases, depending on how intertwined those relationship and psychic cords are. Many people ‘specialise’ in entwining those relationship cords, their relationships on the psychic levels are a thick mess of messed up cords, and the unwinding and sorting them out will take a very long time. People who are more aloof and lack such emotional entanglements have less difficulties in sorting out all the messy relationship stuff, however have other difficulties in their not being able to easily make the necessary deeper cord connections to have loving and fulfilling relationships. Doing your Healing sorts it all out so you can



have a full 'cord-connected' relationship with your soulmate and anyone else in your life as you express your Celestial truth.

And the stress is not amplified as such, it's just that the traumatic situation is bringing to the surface more of what has always been there from one's early childhood. So the stress is always there and always of the same intensity as it was for you as a child, with such traumatic and 'stressful' events allowing people to connect with such buried feelings, because they can't keep doing what they did that blocked them out anaesthetising them to such pain. You need to understand that the pain is always there as an adult, and the same amount of pain as you experienced as a child. As an adult, you can't experience anymore than you did as a child until you are Celestial. Your childhood and then adult life on Earth and in and of the Mansion World levels of truth, is a complete package, and only when you've brought out all the repressed feelings and seen all the truth of your childhood state as an adult, can you let it go and move into a Celestial life that is no longer directly tied to your childhood. And it's a bloody great relief when you no longer feel your childhood is dragging you down like a big anchor around your feet.



John: When missing people are put back with their loved ones or that the missing person has died and that is confirmable, then the saga is resolvable, this is a process of finding closure but it is not in the context of resolving why the person went missing in the first place.

Kevin: As Kathaleen said, it's simply that you can settle back down patching up your mind's control. Most people hate having their controlling mind patterns disturbed, and the more disturbing the more traumatic and terrible they feel. So you do anything, do whatever you can, all to get yourself back to how you were in your false 'stable' state. And some people, because of their childhood patterns, are more easily able to do this, whereas for others it's more difficult, and for some all but impossible, they always feeling vulnerable and 'open' and scared that at any moment everything could be ruined.

John: We have the bizarre situation with the court systems around the world. Great effort is made to determine whether a person has committed a crime against another. Jurors of typically uninvolved, uninterested, unqualified people who are plucked out of their homes to determine guilty or not guilty. Then a judge pronounces a penalty! Then the victims have "found closure" or not. What are they finding?

Kathaleen: It's all the same thing, trying to find mind stability. They make the judgement, issue the penalty, it's all over, everyone in control is happy, they can all move on in their mind controlled states and the criminal can now do his time. Nothing is about wanting to uncover the truth of yourself through your feelings, so the truth of why you did what you did, and how that all stems from your early life with your parents. So the whole system is man-made as you are saying, and you can see how mad it is.

John: Why I say the jury system is bizarre is that the mind cannot determine truth from falsehood! The mind is addicted to control and is corrupted with this bias to start with. Science has resolved that the mind cannot tell truth from untruth. And that is what typically twelve people are asked to do, something they know not how to do!

So, what is this “finding closure” all about please?

Kevin: Within rules of the established mind-system, the ‘truth’ can be found as such, and sometimes such mind-derived truth is in harmony with the Truth itself, and sometimes it’s not. However for what it is, the legal system, like all the systems, has it’s relative good and bad points, and those people involved with it will have to work through it all as they do their Healing. And it’s all about control; does mankind control every part of her/his life? Or is God really in control; and if God is, how can you live by allowing God to do Their thing and without yourself continuously stepping in thinking you know better. The Rebellion is about thinking you know better, however when you live that way, look at all the trauma and pain you are causing yourself. So the Healing is about bringing to light how controlling you are, why you are, how you control and accepting that you are that way. And you pay for your sins and end up feeling you forgive yourself for them because it wasn’t your fault, it was forces beyond your control that made you be the way you are, ending your mind’s control over your feelings.

The PACKAGE and EMAILS SENT

John: The delivery of the Solid Investment package appears to be in limbo. The contents of the package appear to be essential for us to gain access to the additional “pots of gold” after the distribution of the funds relating to the 2007 Settlement Agreement. Presently, how do you perceive that the information will finally be made available so that all the funds that are locked in place behind the Solid Investment Settlement Agreement funds will become accessible to Crystal and myself please?

Kathaleen – 1st Celestial Heaven: One thing will lead to another as it all comes to light. It will happen in stages. It’s all part of the mind readjustments humanity is going to have to make. And so the money will make the Truth go out there, and with that Truth, many more mind readjustments.

I can’t tell you specifics John. But you don’t have to worry about it. It will all easily unfold when the time comes.

Crystal: Question to the battle room. How did the letter received by the Churches, and my emails to Hughes, Blackburn and Kohler change the trajectory of things and how has the battle room been able to use them to our advantage?

Kathaleen: Hi Crystal. Overall they added fuel to the fire and have stirred the pot more. You’ve stirred things into action you could say; and that action is their action of understanding that further action needs to be taken and that they can no longer just ignore it and hope it goes away.

As you understand, these people are not looking at the whole saga as you do, they only know bits and pieces and most of that is not correct. So they can’t work it out or sort it out enough themselves. Together they can in a way, even without knowing it all themselves, and so each of them because of your input is helping to move us and them toward resolution – closure – ha, ha!

As an update that I can give you, Trump is sorting out Kim Jong-un, Supreme Leader of North Korea, and is basically paying him huge amounts of money in the form of promised aid and rebuilding the whole country as a buffer to China. The US want Kim to be a satellite for them, another ‘mini US’ which those in control of the country are happy about, to be treated as kings and queens and given endless bank accounts something the Chinese wouldn’t do without extracting harsh repayments.

And once this is done, China will feel it has lost and is more threatened, it will start outwardly displaying more aggression, all of which is what the US (United States) and EU (European Union) want so they have a new bad-guy to focus on.

And why I'm telling you this is because that will shift undercurrents of power having a positive effect on your payouts happening. It's all part of the inner regime changing in the world that's currently going on behind the scenes.

The whole hidden controllers power base is shifting, as we've been telling you, and the Americans aren't about to give up their control, so are realising they are having to sever ties with the old power structures and create new ones. Hence the battle within America concerning the Deep State. So it's like the straps that have kept humanity bound to the yoke of the Evil Ones are lessening, and part of the easing is what will allow you Crystal and John to get what you want.

Thank you and cheers for now, John.

Dr DAVID HAWKINS and MARGARET

And:

Dr. David Hawkins – 5th Divine Love healing Mansion World: Hello John, James was reading my early communications with you through him in one of your Pascas Papers, and as you have had me a lot on your mind again lately, and as James has been thinking you'd probably like an 'update' from me, so, here I am.

My Healing has been progressing well, I'm going to sound like one of the many other spirits that have spoken to you about it. I am now settled in the fifth Divine Love healing Mansion World, if I can put it altogether like that. Today I'm feeling rather perky, I have my good days and increasingly more bad ones as I move closer to the truth of my unloved state. And I am still studying all about the Healing as much as I can, we have lots of books, manuscripts, personal Healing experience accounts and personal commentary from other spirits we can read and 'absorb' with our minds here in spirit, and we have lectures and personal meetings with Celestial spirits who teach us about various aspects to do with it all and who can help 'coach' us through our Healing experiences, that being expressing our bad feelings, helping us go deeper following their train-of-feeling whilst looking for the truth they are to show us about ourselves.



I won't go into any of the details of my Healing today with you, it's like so many others, just the personal hard grind of feeling bad, working hard to express those repressed feelings, they coming up and making me feel even worse, all as my relationships with my parents and family gets basically torn apart. Any part of it that I think was good and loving and I want to hold onto is soon looked at more closely and then it starts to fall apart so I can see how untrue it all was and how untrue I am. And I, like most, have a good dose of specific traumas I am working at bringing to light, all of which is highly traumatic itself.

I won't be staying long, so what I want to tell you, something that's very important to me and might be something for other people to consider through their Healing, is the time factor of doing it. Many spirits, and I guess it will be the same for people on Earth, want to get their Healing over with as quickly

as possible, which is completely understandable, I being one such spirit. However I've come up to something that amounts to a not unpleasant impasse of sorts, and something that in a way is delaying my direct Healing ascent, and yet is also still all part of it.

So would you believe it, but I've fallen in love! I can scarcely believe it myself. I met a woman spirit in the house I'm living in, it being a share house in a lovely wooded forest area of this world, in which there's about fifty of us living, both men and women of all different times and races from Earth.

Anyway, Margaret is English, or was English, and we're currently in the process of moving out into our own little cottage. We want to stay in the immediate area because of our friends and we're familiar with this part of spirit, but we also want more privacy, as I'm sure you can understand.

And being with her is helping me end my former relationships with women on Earth, which although they had ended physically and in person, were still very much part of what I coveted about my Earth life, still tending to hold onto these relationships like precious possessions even though a lot of them didn't end well. And they weren't all sexual either, yet over the years over here in spirit, it's these relationships that I've held dear to me, even by erasing or tending to overlook the unsightly – on my behalf – parts, in favour for a more enjoyable and glossy fantasy.

So here now I am living the real thing with Margaret and I am being faced with having to accept that so much of my life was pure fantasy, and I have extrapolated on it since coming to spirit. It's incredible how much your mind works away at contriving such things, I can see how easy it is to start off with a small thought and subtly over time you increase it and corrupt it, creating a huge distortion and fantasy in your own mind, even to the point of the absurd and extreme in which you've lived the dream and the dream was real, when it wasn't at all; and one which often you aren't even aware of that you've done (which I think is something along the lines of how the Evil Ones contrived the Rebellion, one little part at a time, they all adding up, until suddenly they couldn't even remember that they were any different and non-rebellious before it all started). And so by having someone who stands up to that when you bring it out in the open, someone who's an objective outsider and not someone who's a part of your inner fantasy world, it doesn't take long before you are having to own up to the funny business you've got going on inside your mind.



So I am wonderfully in love with her, however I am becoming increasingly aware that that love is also based a lot on my fantasy love which I've cultivated through my life on Earth and over here in the Mansion Worlds. So Margaret and I envisage (and yet how can you know what God has planned for you) that we'll live happily, and perhaps even not so happily, together for as long as we need to all so as to help each other with our Healing. So this is for us both, our first full Healing relationship, in that we are choosing to be together solely for the purpose of our Healing. (And you may notice how I'm using James' latest favoured terminology as much as I can thereby helping to make his speaking with me easier.)

So having seen so many spirits working determinedly on their own Healing, I thought that way was going to be for me too, however suddenly my life has taken another drastic turn. And as much as I have even tried to resist going down this road, believing having a close personal relationship like this would serve only to distract me and to make me feel good and so I'd use those feelings to block out my bad ones thereby delaying my Healing, I have also only recently started to see that in fact we both need to be together like this as part of our Healing.

And already we can see that for both of us, because we are also allowing ourselves to delight in all the nice happy and freeing feelings our love for each other is creating in us both, we are going to be taking longer with our Healing, we're both coming to understand that it's not a race, even if that's a personal one against the clock, so as to get the pain out of yourself as fast as you can. No, it's about all that happens in your journey, and so this true Spiritual Healing Journey James calls his Soul-Healing with the Divine Love, although being of course extremely important, is really just another twist and turn along your path.

And for Margaret and myself, easing up on thinking we have to do our Healing as fast as we can has brought to us a sense of relief, and an understanding that it's *our* Healing, no one else's, and so how it is for us is unique for us, and that there's no comparison with anyone else's Healing, and that really it's all such a unique and individual thing, even if you are doing it in the company of others.

So that is my small contribution to your 'Healing Documents' John. And I will tell you that I and many spirits read them as you put them together. Some spirits 'read them over your shoulder', others are involved in an unofficial 'mail-out' whereby a spirit sends them to us when you've finished them. I'm not involved directly with you and your team, no, I have come at the odd time and visited you when I've been invited to do so, however mostly I am too absorbed in my own Healing life over here, although as I said, I do keep abreast of what you and James and the others in your small band are up to. It is all very exciting, however we who are in the Healing Mansion Worlds readily accept that what's going on back on Earth is not for us at the moment, not until we've completed our Healing and gained the Celestial spheres. However, as to your other current musing of late, those running along the lines of possible spirit materialisations for the purposes of showing people on Earth that we spirits are very much alive and living active spirit existences, well, if that is to come to pass and I am invited to participate, I would love to do so. That is provided it's like this, it being one of my up days... although now thinking about it, it might be just as useful in other ways if I were to come in such a capacity on one of my very down days, with the audience knowing that I was feeling like shit and why I was, which I would, so I imagine, be more than happy to explain to them.

I will go now. It's been good to make contact with you again John. I'm sorry but in my coming I can't pass anything onto you concerning Pascas and all you're wanting to do. However I am sure whatever is to happen will indeed succeed because things are different now and becoming more so by the day. We are all seeing changes to the Mansion Worlds we live in, many for us in the Healing worlds benefiting us more and even helping us with our Healing, and then changes in the mind worlds making things more difficult to carry on ignorant of the control such a spirit is seeking.

So it's been good to speak to you again John. And you too James. And I will say goodbye. Margaret and I have a favourite walk we take around the most beautiful lake, we love being in this Mansion World's nature talking about all we're feeling, discussing so many things we're learning about, helping each other see what we're really about.

I don't know if I'll be coming back to talk with you John again; if you want me to specifically, certainly, however I have changed and continue to change daily, little of what I was on Earth am I now. Your Healing, once you really commit to it, particularly over here as the whole world and everyone in it supports you, soon takes you away from your old self. I am not working on expanding or trying to right wrongs in my theories, that was all, so far as I'm concerned, to do with my erroneous life back then; and if my work can help someone further their Wrongness or move toward ending it, then well and good, but really that's just the same as everything else. Perhaps when in the Celestial spheres it will come back and once again be part of my life and who I am, however then being so different I'll be able to put it all into the right context, however that's all too far ahead now. I'm going for my walk John, arm and arm

with my beloved Margaret. She's an 'older woman', we laugh, to look at us you'd think we were the same age, yet she's been in spirit for four hundred years; and the best part is, so far as she's concerned, she has not got one grey hair on her head! And it's all very important as we come to understand, how we feel about every tiny bit of ourselves and why we feel that way.

So until next time John, should there be one, all the best to you, and I will seek you out when your time comes for you to come over into spirit and when you are 'open to visitors' and we can meet. I'm looking forward to that. Goodbye now – Dr. David Hawkins.

James: By the way John, I reread that part in the PC paper that I thought needed adjusting and it didn't, I'd misread it. I'm more than happy with how you understand it all and very pleased how you write it all. And any little bits we can correct later when we go over them all again; I could see a couple of small corrections in one of David's previous messages, however they can wait, I don't feel up to applying my mind too much to any of that just now. It was a bit of a strain writing with him, although good to do it. It's a very different denser feeling still all caught up in the thick of his yuk feelings than compared to Kevin and Kathaleen who feel like refined light, true and pure.

yuk

2 March 2019

MENTAL HEALTH of our CHILDREN

Griffith University associate professor and clinical psychologist Dr Lara Farrell says by treating compulsive disorders and phobias in children, she and her colleagues hope to prevent issues later in life.

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This is the article in the Gold Coast Bulletin 2 March 2019 written by Ann Wason Moore.

It can start simply by being scared of the dark.

A “normal” fear for a toddler, parents may happily switch on a night light and, almost overnight, a phobia grows.

Add in the school-age stress from NAPLAN, homework and social media and we have what is becoming an epidemic of anxiety for students.

Obsessive compulsive disorder (OCD) is now more prevalent among children than autism spectrum disorders (ASD), while 20% of Gold Coast children aged 8 to 12 are reporting extreme distress about their appearance – an early warning sign of eating and body dysmorphic disorders.

Griffith University associate professor and clinical psychologist Dr Lara Farrell does not want to freak out parents, but she wants them to know this is a problem that needs our attention.

“There is a very strong biological component to anxiety disorders, but these days we are seeing problems emerge at a much younger age,” says Dr Farrell.

“It used to be that kids might have a little touch of anxiety or OCD symptoms but they would get through until adulthood and then life stressors would make it very pronounced.

“What we’re seeing now is a much earlier age of onset of these problems, and we believe that is due to the amount of stress that kids are under now.

“OCD alone is a big problem. It’s more prevalent than ASD but less detected. Often, teachers won’t see anything but for families it can really become a living hell.

“The accommodations they make to support a child crippled with fear is just incredible. You could be dealing with anything from kids who take four-hour showers, to buying a second car because the first one is “contaminated”, to kids living in entirely separate dwellings because family members are considered contaminated.

“It can start so subtly and so small that no one realises it until it has become a problem, that is then deeply ingrained.”



Dr Lara Farrell

Dr Farrell pioneered research into the treatment of children with this disorder with the OCD Busters program, which uses state-of-the-art intensive and evidence-based, cognitive-behavioural treatment to achieve “really excellent outcomes”.

But she believes the key to helping children – and adults – conquer anxiety disorders is to start young.

Dr Farrell’s latest research trial, Pre-Schoolers Overcoming Phobias (POP!), utilises an intensive one-session treatment for young children with specific fears.

“We’re treating children as young as three who are excessively afraid of certain situations or objects such as dogs, the dark, costume characters, high places, water or insects,” she says.

“These phobias are highly prevalent and predict a host of mental illnesses later in life.

“It can be really hard for parents to know whether these fears are a problem or something the kids will ‘grow out of’. But we now have data from many trials that show these things don’t go away, they may just present in a different way.

“By treating these children as soon as this mental health disorder first appears, we hope to prevent a lot of issues later in life.

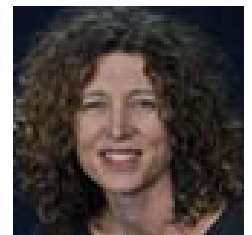
“Young children are so malleable, it’s great time to treat problems. It’s also a matter of educating parents. Often when we see our children fearful, we jump in and rescue them – it could be as simple as turning on the night light – but we’re just facilitating avoidant behaviour. A tendency to avoid rather than approach really predicts long-term anxiety and mental problems.

“What we’ve been discovering so far is that when we treat one phobia, all the others go away as well. These children are developing tools to be resilient and brave and are mastering the skills to face fears. Our hope is that it will help them successfully handle anxiety throughout their life”.

Dr Farrell says children of all ages and abilities are affected by anxiety.

She is part of a team led by Professor Allison Waters, working in partnership with the National Rugby League to improve the mental health of young Australian in sport through the Life Fit program.

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”We’re really working to identify mental health issues with kids who are involved in an elite level of sport,” Dr Farrell says.

“These adolescents are under huge pressure and often don’t have the skills they need to handle it, like grit and perseverance.

“It’s great to see a body like the NRL take this well-rounded approach. If we don’t help these players at this age, it can turn into the problems you read about in the media when they are adults – alcohol and drug issues, gambling, relationship problems, and so on.

“We’re combining on-field tactics with life tactics.”

Dr Farrell is also fighting for funding to study body dysmorphic disorder (BDD), a problem she believes is growing. BDD has a high suicide rate ... like OCD, it is a very secretive disorder.

She says her colleague, Professor Melanie Zimmer-Gembeck, has been tracking students with Body Dysmorphic Disorder (BDD) symptoms. The results are disturbing. [Griffith University – School of Applied Psychology](#)



Melanie J. Zimmer-Gembeck, PhD, is Professor in Applied Psychology and the Menzies Health Institute of Queensland at Griffith University, Australia. She is a developmental psychologist, and conducts research on social relationships and individual development during late childhood, adolescence and emerging adulthood. Her primary areas of expertise are romantic and other peer relationships, rejection, sexuality, aggression, autonomy, and appearance-related concerns. She also directs the Family Interaction Program, which investigates the effectiveness of parenting support programs, such as Parent-Child Interaction Therapy and Circle of Security.

“BDD is a lesser known mental illness. It’s thought that about 2% of the population has it but, like OCD, it is a very secretive disorder.

“What we’re trying to do at the moment is understand the presentations of BDD and work with schools in a longitudinal study to track kids who report symptoms.

“We’re looking at children aged 8 to 12 and we’re seeing more than 20% reporting severe distress about their appearance.

“That not clinical BDD but that is a very large proportion of young children with BDD concerns. It’s very worrying. Our study will track what happens to them.

“A small subset may develop BDD but it’s likely many will develop mental health issues such as depression and eating disorders. This is a problem that is equally affecting boys and girls.

“We’re trying to get more funding so we can really look into how to help these children. What are the risk factors? My suspicion is that social media and filters and selfies are not helping. But also, what can we do to treat them?

“The current treatment for adults is not very effective. Only half show good responses. We want to research treatments that will work on young people. It comes down again to resilience, understanding their emotions and dealing with anxiety.”

Dr Farrell says some of her successful anxiety treatment breakthroughs have been hampered by a lack of accessibility due to the structure of Medicare.

She says her research shows intensive treatments are proving far more effective than the traditional one-hour per week sessions covered by the Government’s medical benefits scheme.

“I’m not quite sure who came us with the idea that one hour once a week is the way to treat mental health issues,” she says.

“It seems far more effective, according to our research, to do intensive sessions. That may be a one-session three-hour treatment or three intensive sessions.

“The problem is that Medicare will only cover one hour a week for 10 weeks. The result is that for a lot of families, the cost is too much.

“It’s such a shame to know that we have evidence-based treatments that are really working but not be able to help everyone who needs it.”

Dr Farrell says while her methods are clinical, her deep empathy for her subjects comes from being a mother.

She sympathises with parents who struggle with stress themselves and endeavour not to infect their families with the same anxiety.

“It’s hard. I get it,” she says.

“As parents we’re dealing with stress from work, the stress of finances, the stress of dealing with the demands of technology, homework and sport or extra-curricular activities on our kids. It’s hard not to be affected.

“The best thing you can do is encourage your children to talk to you. Don’t let them avoid problems by burying their head in an iPad, or you in your phone. And try not to give in to the stress.

> If you are interesting in your child taking part in the free Pre-Schoolers Overcoming Phobias (POP!) program, visit www.griffith.edu.au/kids-overcoming-phobias

Associate Professor Farrell and her colleagues have been awarded a grant from the National Health and Medical Research Council (NHMRC) to conduct this research. The study has received ethics approval from the Griffith University Human Research Ethics Committee (GU Ref: 2018/145). 2017-2022. Farrell, Ollendick, Donovan, Spence, Waters, Zimmer-Gembeck One-Session Treatment for Specific Phobias in Pre-School Children: Improving access and long-term mental health outcomes. NHMRC. 5 years.

Kindly refer to this series in Library Download at www.pascashealth.com:

Pascas Care Letters – Feeling Healing Introduction for Health Carer
 Pascas Care Letters – Mental Health of our Children
 Pascas Care Letters – Imagine

BE WEAK and FEEL the TRUTH OF OUR FEELINGS

Samantha from England: Hi John

3 March 2019

What screams at me in this [Gold Coast Bulletin] article is that Psychologists are still scared stiff of their own parents so don't and won't address the root of the problem with the parents of these suffering children, which is their unloving parenting. It has to start there with their unloving parenting and if you are sitting there with a distressed child and its parent, taking the focus off the child's issues for a moment and putting it on the parent is hard for most Psychotherapists to do because they haven't dealt with their own fears about their parents. I have seen many of these professionals over the years and none of them wanted to go into my childhood at any depth, the most I got was "and what was it like for you at home". Now and only through my own healing have I come to see the truth of the way I was parented and the impact this has had on every area of my life.

These children are born into anxiety and depression and all of the disorders under the sun, they can't avoid it because of their unhealed parents. Being carried in the wombs of mothers for nine months, **indoctrinated by their parents' thoughts and feelings**, a child can't be born into this world without problems. To understand any child's suffering, its parents have to understand that this is the child that they themselves once were. The child is showing its parents and psychotherapists the fear it has been born into and taken on since conception and these very fears are in the parents too, so the place to begin is with the parenting and that is going to be very confronting for both parent and psychotherapist as parental power does not want to be threatened but de-powering a child is okay.

These children are full of disorders and telling their parents and health professionals how hurt they are, how unloved they feel and how they were parented, it is playing out in front of every person that has anything to do with them but mostly going unknown and unnoticed. The child is saying I didn't feel loved or safe within my family, I didn't feel wanted, and I didn't feel loved and something is terribly wrong, all the signs are there for all health professionals to follow. Just listen to the child, it is telling you and showing you the truth of how it has been parented and that is what needs addressing. The child's actions don't just happen or appear out of the blue, there is a very good reason for every way they are being and it is all down to how it has been parented, just observe your child and see it tell you how it feels its very existence being threatened and it has so little control that it has to repeat mannerisms over and over again because if it doesn't switch off the light twenty times, or shower four times a day something terrible is going to happen to it because it felt that threat from its parents as a child.

The focus is so much on 'not' upsetting the parents, don't worry them or stress them out more than they already are in life and if they knew and accepted they are the cause of their children's pain and suffering, if they could be humble to that truth and really look at themselves, then maybe healing could begin in earnest. Put their hands up and admit their child is the child they once were, they were all of these things but had to deny and suppress their own pain and then go on to pass it on to their children but still the child gets the blame and needs to be sorted out for being the way it is because people are still too scared of blaming the parents and I know blame is a word no one likes to use but I feel it, even though they weren't aware of what they were doing, I don't care, I am on the side of the suffering child because I was and am one.

Parents have to be made aware of what their parenting is doing to their children, so many are completely desensitised to the damage they are causing their children and all of their children's fears, anxieties and disorders have their roots with their parents and how they were parented since conception. The parents unloving parenting has been felt by their children and how their children are now; and all that is going on with them is a direct reflection of how they have been parented and that needs to be accepted, admitted and the truth of it felt by the parents before any true healing can take place in their children. If

a parent can't understand why their child is the way it is, then it can never help or understand its own child. This child is YOU, it is showing you all the pain you passed on to it, that pain is in you, the parent and your dear little child is teaching you about your own pain, your child knows more about you than you do, listen to your child and take your child seriously.

When we as parents understand our own childhood pain and suffering we will take our children seriously, we will truly connect to them with sincerity and compassion and be able to identify the causes of their pain as being ours too, we will be equal with our children, both healing alongside each other, helping each other as equals as we both have the same pain, this is how it is at times for me and my children, I take their pain as the most serious thing in my life because it is also mine, I gave it to them by default in my unaware and desensitised state and now I have to also deal with the pain and compensation of what I have done to them.

Dr Laura Farrell 'should' want to "Freak out the parents", yes freak them out, and her fear of not wanting to do that brings up problems with her being able to address the children's problems with the parents. We can't pussy foot around them and if that is what she feels like doing then she needs to look into her own relationship with her parents because it is stopping her from getting to the truth of her mission. The importance is helping these suffering children, not; not wanting to upset or freak out the parents, put the children first but how can you when in the back of your mind is keeping the parents happy and not having them feel bad, like they are to blame or something. It all started with them, the parents which they may be partly unaware of but they have to know this truth and I know it's hard but it has to start somewhere, someone has to be on these suffering children's side and if you have the parents best interests at heart then the children are not your top priority and that concerns me with these health professionals, they put the parents first.

Parents have put all the responsibility of our children's well being onto the health care professionals and they don't have the funding to do a lot with the children. I know how new and how hard this will be and parents will have to be guided in how to do it through PASCAS and James's work, but if parents took on the responsibility of their own healing and then understanding why their children are suffering the way they are.

We as parents don't know what to do with our children and their pain so we give them over to the health service to fix and they haven't got the time or money or understanding. We as parents have to take the care of our children back and see where it all began and start unravelling our own pain to understand theirs, we have to feel the suffering of the child we once were, the pain our children are showing us, this is the truth and we don't need to go outside of the family to do this healing.

Our feelings and our children's feelings and suffering tells us the truth of what happened to us as children, how we were parented; and if we can understand these feelings and get to the causes that will be in our own unloving childhood, it can defuse all of our and our children's pain, fear, anxiety, depression, compulsive disorders, illness's and suffering.

Everything our children are suffering from, no matter what it is can be traced back to its unloving childhood experience. Children have to feel they are allowed to feel their pain, anger, disagreement with their parents and be allowed to express that as an equal, with respect from the parents, so they can truly know themselves, good and bad, without having to keep their feelings a secret because of the fear of getting in trouble for expressing how they feel.

Once this expression is shut down in them they turn to other addictions, compulsions, actions to express their un-containable fears as I have done myself and now have to do the hardest thing I have ever done in my life, Healing my denied and suppressed childhood feelings.

She finishes by telling us to "not give in to the stress" when that is exactly what we have to do. I stayed fighting it for most of my life and it just made it worse until I broke down and was forced to give in to it. Be weak and feel the truth of our feelings, do the opposite of what health professionals tell us to do and we might get there.

I don't disagree with all of it, I just feel that health professionals still are on the side of the parents and don't want to upset them and I felt that come through from this article.

*Speak soon.
Sam.*

SIMON HAVING SLEEPLESS NIGHTS!

Monday 4 March 2019

Smart Guy Reynolds was doing fine until Wednesday. They were on track to finalise their development of the 'timeline' chart – then on Thursday Simon could not string two words together. There is nothing obvious wrong with him – lethargic – having not slept at all – having very bad dreams. The psychiatrist has checked him over and cannot pin down any issues.

Reynolds and his team have given up on the idea of getting documents out of Simon's house, or attempting to, due to potential security triggers and disturbing Simon's parents. They will proceed with what they have got.

No more baloney – Simon has to feel better.

Kohler and the German's political wrangling. The matter was with three lawyers and they cannot dismiss the issue as 'frivolous', etc. There is a case and it must be investigated. The investigation is proceeding. They have found certifiable evidence that Germany did take global jurisdiction and that they have mishandled the matter. They have Judge Graff's documents. Germany is liable. They cannot have the payouts made and settle the damages at the same time. (We are not looking for both to be settled at the same time.)

Kohler is part of the problem or settlement. Kohler is in the crossfire for not doing anything. E.g., he or Germany sent the stupid prince knowing that his convoluted instructions would cause him to fail and then no further person was sent. The Germans know they are at fault but do not know for what.

The Germans discuss between themselves about the low interest rates that are prevailing and that should be the basis of settlement whereas the Germans are drawing commissions off of our fund of 3% to 5% per month!

We have the administrator so we can make mince meat of Germany.

The Germans will come on board after the fact – in the meantime that delay will destroy all of Europe.

All comments that we are now receiving, on all levels, are converging. Everything is more in the open and more informed than it ever has been.

So, please Kathaleen and Helen, has Simon discovered anything from his illness? Has he turned over a new leaf? Is he now ready to deal with the payouts and do all in his power to get them done? Were the dreams about how deep the hole that he is in? Is Richard Reynolds about ready to deal with us now? What is the outcome of all this and how far away are we from rolling forward?

Is lawyer Jochen making progress in obtaining the reference number from the General Prosecutor?

Thank you John

Kathaleen – 1st Celestial Heaven: Simon is starting this phase which will last for a few weeks culminating in a sort of emotional breakdown that will prepare him for what's to come – that being, working closely with Crystal in the beginning to give her what she needs. It's like a 'psychic storm' that's blowing through him, something ordinarily you'd not want to experience, however it needs to be quite extreme to bring him out of the state he's in.

The Germans are still struggling with the changes as I talked about last week, and will continue to do so for the rest of the year as those changes intensify, all reflecting the inner turmoil being brought about by the changing attitudes of people in the world. Slowly more people are waking up to the fact that they have been controlled to ever tightening degrees by the socialist governments, all of which really verges on such systems being communist ones in disguise, and they are starting to stir realising they have to start speaking up and out more.

James: Kathaleen, if you don't mind, but I would like to interject here.

Kathaleen: Please, go ahead James.

James: I'm beginning, as you no doubt know, tire of all this you spirits keep going on about the so-called changing of the world, when I don't see any changes other than just perhaps a slow breakdown in some respects but one that's seems to me to be more about simply the incompetence of the leaders and their ineffectiveness rather than any greater 'movement' for real change in the world, that which is accordingly to you being instigated by you Celestials.

Trump to me just seems more of the same yet with a slightly different stamp, and unless he starts to come down hard on the so-called Deep State, I wonder if there is any Deep State that Trump is fighting against or if he's it himself, and possibly even more so than Hillary was. All I can see is the continued behind the scenes Zionist control – if indeed that's what the control is, more so than ever with just another version of it being presented to the world through Trump. I think the hidden controllers are still well in control – why wouldn't they be, who can stand up to them if they are that powerful, have such massive wealth, control all the Central Banks and most of the major corporations and countries, can easily manipulate all the stock markets, the economies of the world, the mind of us sheeple, anything they want to, with none of it making, as usual, much sense to me.

Putin seems to be the only leader I can see that actually cares about his country and the people in it and does openly talk to the people about what he's doing, how it's going, why things are and aren't working, and when they aren't, what he wants to do so as to make it work, how he's going to pay for it all, what his longer terms plans and vision is, it all being in the favour of bringing to the Russians a better, safer, more long term secure life of an ever increasing higher standard of living. And if he's truly fighting against the Deep State, hidden controllers and everyone else, then how can that be, and why would they

let him anyway? They keep sanctioning Russia only to see Putin making Russia look to herself more, and very successfully so, why if they really want to 'bring down Russia', why keep putting such pressure on it that's working in its favour, why not go the other way and suck Russia into being part of the West and all its bullshit, thereby taking away the effective control Putin has?

So nothing adds up to me and I feel like you're just stringing me along, pandering to the shit I read about it all, making me doubt that there's any truth to anything you say concerning the world. I don't get it, and I can only think that you are waiting until I finish my Healing, because then everything that I will be will be different, and so until then, it's all just part of you humouring me along in my negative shit so I can feel pissed off about it all and all the bad feelings I'm still to feel. And I don't expect you to come clean about any of it, because 'you have to keep toeing the line', however I do want to express my protest about it all.

So I think all you tell me and so John and Crystal about Simon and all the rest is bullshit too, and that possibly nothing is happening on that front and nothing ever will. It's such a weird experience to be living, all the Avonal stuff, the Mother and Father always telling me that it's going to happen with John, to keep writing my movies because they will all get made, all helping to keep me living with hope, and then it going on and on and nothing really changing. Although on the spiritual side things do change, like talking with you now instead of Nanna Beth, and yet what is that all for as it doesn't seem to be anything about helping me heal myself.

So again I feel fed up with it all, with not knowing if anything is real, feeling helpless about it all, and feeling so powerless in it not being able to give any of it up just as I can't stop overeating and doing all my other compulsive things. So this with John, with the world, with myself, is all the same, just helping me see the shitty state I'm in, which I'm understanding more each day *IS* what it's all about.

Our Healing, now I fully understand, is to uncover the truth of our rebellious state, and to do this first and before anything is really able to change and before one can fully heal oneself. So all one's sins and errors won't go away until you first see them fully for what they are. I'm increasingly understanding that my Healing is now about me seeing how fucked I am, how my inability to express myself is my greatest 'sin and error' and impediment to my being perfect. And that we're to fully come to terms with all the negative aspects of ourselves, if we are envious, greedy, jealous, selfish, power-seeking, money-hungry, controlling, self-indulgent to the detriment of ourselves, perverted sexually, and why we might be wanting all the material things we feel we must have, before we can be free of them.

I wrongly, now I can see, believed these things would leave me as I progressed through my Healing, that being what I was actually healing 'out' of me. However now I see the Healing is about seeing The Whole Truth of all these negative things, including as I've written before, why we as we are, why we do these bad things and how we do them, what is our special flavour or expression of them. How am I specifically perverted, what are my sexual fantasies, what do they all come down specifically to, and why and where did they originate from, how have they come from my relationship with my parents, how has Noella Treagent at the age of seven pulling her undies down in front of me in secret and to my utter surprise when I was nine by the side of her house showing me her 'privates' contributed to my wanting to look endlessly at pretty women's private parts.

How has this one experience effected my sexual fantasies and how they've evolved throughout the years and why did it have such an unexpected impact on me because of mum and dad and their inward, private and hidden sexual fantasies, and their outward more explicit openness about sex and nakedness in the house, combined with Gran's puritanical dread of anything to do with nakedness, the body, sex, all go into the mix to fuck me up in my relationships and sexual self-expression?

How does it all work, and why it is all so serious, and how has it all affected me bringing about my perverted behaviours and beliefs about things, and how trapped and controlled by such mental circuits I am, how they dictate looking at and relating to all women, and how that has changed as I've got older, and how I can see, much to my shame, so much of dad's relationship with women in my own behaviour, even though I despised and thought I'd rebelled against it, only to uncover through my Healing I am just the same as he is only I've twisted it about so I can pretend that I'm not the same.

So seeing how caught up in one such thing as this sexual looking thing, let alone all the other similar things that cause me such problems all of which are fucked and stopping me being my true self. So my current true self, the self that I am that God wants me to be as a result from my parents, is this yuk me I detest more every day, and yet have to also come to accept it for it is as I am. With all I can do, and all I've been doing over my Healing years, being to express the best I can, all the bad feelings about it all and about myself that I feel.

So again, my Healing is for me to bring to light all the rotten stuff that I am, to understand it, saying how it makes me feel and what I think about it, to understand how it's all come about and how trapped I am in it all and so powerless to change myself out of being this fucked way, and that it's not about doing my Healing to run away from all the yuk that I am, to heal it all, to rid myself of it, to even change myself; no, it's just to be fully 100% my fucked state and feeling all it makes me feel and knowing why I am this way. And then once I am completely accepting of it, when I see the whole truth of it, then possibly I will be transformed out of it or it out of me.

And I've been realising that were we true and positive and not rebellious, it would still be the same with the 'first phase' of my ascension being to uncover the truth of why I felt so good, why I felt so happy and was so loving, true and perfect. So I would be looking into myself, back into my early life, back into my relationships with my parents and family, and adding this to the positive effects my environment had on me, all to see specifically why I felt so good, all the complete opposite to how I currently feel being of an unloving self-hating state.

So our Earth / physical and then Mansion World experience, whether we live that part in spirit or in the physical too, is all about uncovering the truth of our parenting and early life, seeing how we've become the person we are. And that's whether we're true or untrue – rebellious or not. So for us, that's why there's the heavy focus on all our yuk stuff. So even if we're the most loving person within the rebellious state, it all still has to be seen as to why we are and what we feel about being this way – how it all makes us feel and how it all has made us all right the way along, right from the first moment. What we have felt about ourselves, being the way we are, all the way along, yet we've blocked out and dismissed and refused to see so much of it, all the yuk stuff in particular, and all that has to come back and be 're-felt' so we can know the truth of it.

yuk

So now for me the doing of our Healing is changing in its importance. It's not so much about racing as fast as we can to become Celestials, emoting all our repressed feelings and uncovering the truth or soaking up as much Divine Love as we can to wipe it all away, it's about the whole process of uncovering the truth of who we are, of discovering why we are the way we are, be that good or bad. And this is what many people have believed they are doing and have wanted to do by applying or being involved in all sorts of so-called spiritual and religious activities, but now through our Feeling-Healing expression we can actually achieve it and understand better what it entails.

I have gone on with my little talk, and I'm sorry about that Kathaleen, however I can better understand how into my mix of fuckedness that I am, you are coming, and how as you can't interfere with that, and

how all John is offering with SI (Solid Investment) is a perfect part of my eternal getting my hopes up that something better will happen and my real life will finally start, is all part of what I still need, so with you helping me along in that. And as maddening as it all is, still I am grateful to all you Celestials for such help, and I guess as I can't end it myself, I will just keep resigning myself to it, playing along in this little game until some sort of change or resolution takes place. And I hope it does, however I also accept that all that hope might also only be part of my fucked state, as increasingly I'm having to admit that I just don't have a clue about any of it. And as it's such an involved thing, all the different aspects to myself that are all caught up in it, all interlocking mixed up and at cross purposes, all the competing bits of me are in, I can only keep submitting to the process, trying to express how it all makes me feel, and keeping wanting to see the whole truth of it all.

FUCKEDNESS

So really I'm having to put the whole 'being a Celestial because I've finished my Healing', on the shelf until I've done it, and until that happens and I can say that it is over and know it is, then I can't be the Avonal or claim to be or anything else along those lines. I can only continue to be poxy fucked-up James who's got masses of problems, which would bore the shit out of you were I to tell you them, with all I've said now probably boring the shit out of you anyway, because it sure bores it out of me.

So Kathaleen, having got that all off my chest, would you like to add anything?

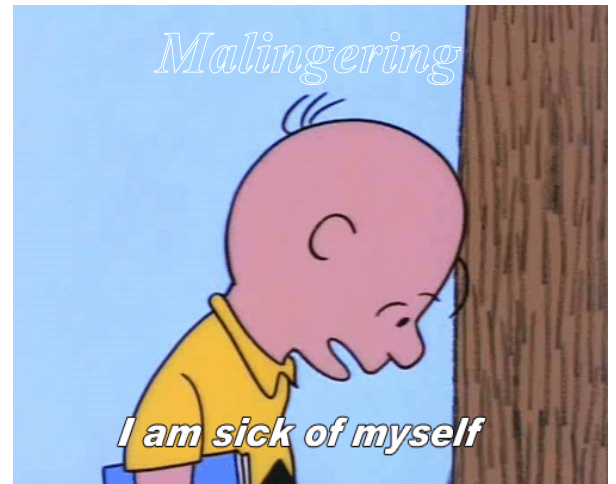
Kathaleen: It's good that you keep expressing it all James. It's true as you say, that we, or rather what we represent, are all part of your unloving pattern, all of which you've had to see and come to terms with, just like the rest of your Wrongness. And so because of that, because of how you are, we can't change our relationship with you and suddenly be something that we're not. So the narrative we relate to you about concerning SI (Solid Investment) and the world will continue as it has been doing for as long as it's required, and when it's no longer required, then as you'll be different requiring different relationships, so we'll be able to adjust then.

James: It's all so straightforward: this is how you do your Healing and doing your Healing was to have this sort of effect on you. But to keep going now everyday slowly seeing more about how fucked and bad I am, shit it's nothing like I thought it would be. To continually have to wake up to, to accept the truth, because I do want it, that I am not a nice, loving and good person, is very taxing to say the least. And it is, of course, just as punishing as it was by being forced to become as I am. None of it makes me feel good. In a vague way I feel better about seeing all the unloving truth about myself, but it all serves to make me feel truer to how it's always made me feel – very bad, the same very bad my parents made me feel when they hurt, rejected and didn't love me. And like today, feeling my mind being pulled apart, all the conflicting bits that make up my erroneous beliefs, like it's in a horrible knot, all bad, and all the bad parts are being teased apart so I can fit in all the cracks and know this is categorically how I am – and shit, I am repulsed by it, I am foul, a vile creature, nothing to be proud of, something that should have been put down at birth as a really bad mistake. And yet here I am typing away as if I am someone important with something important to say, still not fully understanding why I want to tell the world about it all, why I want to involve anyone else in my shit, having anyone in my life because I am so yuk and who'd want to be smeared by my revoltingness.

It's not good John, no matter what way I look at it, I couldn't for the life of me now approach anyone talking about any of it, nor do I expect anyone to approach me. I just want to hide away and keep going, working to be true to my shit self and state and see what happens. I will keep talking with the spirits and answering your questions because that's all part of my fuckedness, and unless I felt that I didn't want to do it anymore for some reason, so I will keep going.

So telling people that the aim of your Healing, it being the first phase of your ascension to Paradise when you want to stop being the fucked person you are, is to look via your feelings into uncovering every part of how much of a vile creature you are, feeling you are it, stuck in it, can't change yourself and get out of it, just wriggling and writhing with all the anguish, rage and misery you feel about being it, all the while coming to understand that it must also surely be good to be so fucked and in such a fucked state, with that good surely coming to light at some point in eternity, because if it wasn't ultimately good in some way, then God surely wouldn't have subjected us to it.

So our beloved Parents want us to hate Them and feel hated by Them; and why, I guess we are to one day find out from Them. However in the meantime, all we can do is voice our protest and rile against Their unloving treatment of us, if that is indeed how we feel it is. All of which is raging against our parents unloving treatment of us by standing up to them and finally saying all they made / make us feel.



So John, it's just as mad as it always has been – are we really getting closer to the end, and can we really tell if we are or we aren't? It's all so hard being in a state that by the very nature of that state prevents you from seeing the truth of what's really going on and why it is, with our being only able to see it when we are it, which is what we're to learn from it.

So is the world really changing in a positive way, and what is a 'positive way' anyway, because how can we know when we're all so fucked and only know the negative way? So is it just changing in a positive way still within and part of the negative, or is it changing to become even more negative within the negative? Putin and Trump might be working to do things that on the surface might seem beneficial, but might only be setting up humanity to take itself deeper into its shit... or are they really working to lessen the load? And it's the same with the Celestials: are they really helping us progress out of the Rebellion, or to move deeper into it? And how can you really tell if any of it is true?

Anyway, as I said, I don't feel as yet to can it all, and I can't, so all I do is keep going because that's how it always has been, that's all part of my fucked pattern, keeping on doing what they made me do, so I will, as I can't do anything else, I wouldn't know where or how to begin to be another way because I never was allowed to be one. I feel so trapped within myself, so at odds with myself, all of which is so painful, and I can't free myself from myself. And I can see how all the positive changes that I have made over the years, and there is lots of them, my Healing has not all been just bad, have been necessary too, all to help me see more clearly the truth of my bad stuff.

So I'm sorry John for going on, and using you as I try to put into words my latest update of my understanding about what the Healing is actually about.


This is something else I've been thinking about. Countries like Norway and Russia(?) I understand have a massive Sovereign Wealth Fund that comes from oil revenue that is supposed to be for the benefit of all the people. And I don't think we in Australia have such a fund, something that comes from all our natural resources we seem so intent on all but giving away and without anything coming back to the people, so why don't we have such a fund? And it's the same with all the gold we mine, most of it so I understand is sold and leaves the country, when surely like how it is with the Russia, China and India we

should retain some, if not all of it, for ourselves in case of a rainy day and it all goes to shit and everyone is back to using gold instead of paper money. These countries are preparing for such a time, so why don't we?

And then I was thinking: would it be possible for Pascas to establish such a fund in Australia for itself, something along the lines of a certain amount of the funding money going into a fund say of the highest dividend bearing stocks and interest bearing securities with the resulting money being derived from such investments going to help local communities – can Pascas being a charity also be involved in something financial along those lines; and would you want to consider it? What does everyone think? My plan being: Can Pascas in a way, slowly take over the country, doing for the people what the government should do? And can Pascas do that in Australia in a small or large way depending on the funding you get John, and then expand the same methodology to other countries? Can Pascas end up taking over the world, taking over the role of world de-facto government in a positive sense, setting up a parallel or alternative government within the existing systems? Can Pascas actually 'be for the people' rather than all the shit we have to put up with that only plays lip-service to it whilst fleecing everyone blind? Could Pascas end up making a takeover bid for the whole world, gazumping the Rebellion and getting rid of the hidden controllers once and for all? Or should we not concern ourselves with anything like that, just sticking to the truth and trying to get people interested in that and allowing the world to trundle along on its merry course? What do you reckon – anyone, any thoughts and feelings about it?

Pascas Care Letters – Mental Health of our Children

7 March 2019

P6 para 2 – Might it be better to tidy this up, I don't know, it depending on what you want to say John  “Traditional ways of investigating and resolving new or old problems have all been founded on the principle of holding the mind sacrosanct, that is as it is the pathway to truth.” To perhaps: Traditional ways of investigating and resolving new or old problems have all been founded on the principle of holding the mind sacrosanct, it providing/being the pathway to truth.

para 6 – I don't understand this part. “Then we, as parents, wonder why the child is not mirroring our personalities as we have indoctrinated them to do.”

para 7 Something is missed out in this part, in the come ail part? ...and what will come ail them throughout their whole physical life and beyond.

para 8, I'd alter it to something like: “For the first time in 200,000 years we know this to be true! And for the first time in 200,000 years we now know how as adults we can remedy these maladies that were impose upon us as children, just as being parents we can lessen and finally end the maladies we impose on our children.

para 9 delete upon generations or phrase it differently? eg: not devolve as we have done generation after generation taking on what our parents inherited from their parents.

Last para, I think you have to be careful making such sweeping statements about women or men. I understand what you're getting at but the new reader might not. There are many men who understand the importance of fully expressing oneself, and try to have such a relationship with their children, and some men even more so than many women, with it all still being within the overall denial of full self-expression. We just read a book in which the father was so caring and encouraging of his children to

express themselves verbally and in everything they did, with the children all greatly loving and appreciating him for doing so. So this opening part of the para might need reworking?

P7 para 3. Again I think you have to be careful in how you say such things because even though overall in the bigger picture sense men are perhaps more at fault being led by their minds as you are suggesting, still, women are too, for whilst women are of the Rebellion, in their perhaps more stay at home ways and being with the children more, are imposing their mind led ways and beliefs on their children often more harshly than the men. Sure we live in a male-dominated world, however the women are complicit in it, whether or not they are subservient to men, as mostly men have left the women to do most of the 'mothering' so the women do the inner control of the children with the men doing the outer control, but it all amounts to the same thing. And with women's liberation allowing women to be equal with men in the bigger outer picture, so these women are in a way becoming far worse and even more controlling than men.

I think it's okay to stay on the side that women being closer to their feelings stand a better chance relative speaking to look to their feelings for the truth of themselves and to help men do it too, should men need such help, and overall women are the spiritual leaders because they are dealing with children and feelings more at the 'coal-face' being able to carry a child within them and usually having more to do with it during its early years. And it might be convenient to blame men for all the ills of the world, however we're seeing loud and clear that women given half a chance – ie Hillary Clinton etc, can do an even better job at fucking us up through greed and ruthlessly denying feelings than can men. And who knows how much female influence has been driving the male-dominated Rebellion throughout the 200,000 years? Because, if women are the true spiritual leaders, then they are still being that whilst of the Rebellion, as the Rebellion is on the spiritual level, so women are driving it spiritually through their feeling denial, driving the Rebellion along equally as strongly, if not more so, than men. It's all happening spiritually, as it's about denying truth, so conceivably it's women driving the Rebellion and Default with their men complying and carrying out their wishes, all the time working to keep their power and control hidden. And it's so much a secret, that I think most women – mothers – fail to recognise just how much power they have in their child's life, and more in many cases than the men, and just how badly they are fucking up their children because of having such power. How many husbands pull their wives up saying don't be like that with the children, and even to the point of taking over the 'mothering' because he can see that he's not as powerful, controlling and dominating as she is?

I think men and women are to run things equally together as they equally parent, and yet how can we do that in our world? And the more women become like men and men like women, the worse we're going to see everything get screwed up.

It's a dodgy area saying men are this and women are this, and it might be better to leave it alone or just lightly touch on it.

The rest of the Paper is okay.

(I wrote this John because of reading through your PCL with Lara at the beginning. And of course you can replace autism with anything else that afflicts us.)

OUR SOUL 'SELECTS' US?

James 7 March 2019

James: It is fascinating how our soul 'selects' (for is this what it does?) those parts of our mother and father (and everyone else) that it 'draws' from. And I say it like this because does our soul actively do such things or are they already merely factored in as part of its 'equation', that being its pattern instilled upon its creation.

And the truer to myself (which means, the closer or deeper I am becoming to knowing who I am), the more I'm able to see (often distastefully) just how much of mum and dad I am. I had so little personal relationship with dad. When I was older I drove the whole day through country Victoria (state in Australia) with him and we hardly said two words to each other, and that's how it was when I was young. And yet lately I am seeing just how much, and in such incredible detail, I am like him in so many ways and aspects of myself, most of which make me want to throw up. However, to be fair, I am very focused on all the bad shit, when I guess also if I do have good shit in me too, then some of it must be attributable to him, all of which might come to light one day.

So I wonder, if I am literally half mum and half dad, are those two halves what my Healing is leading me to see? And then, why has my soul (my Mother and Father who created it) selected to 'activate' the parts of dad and mum in me that it has, all of which have contributed to me being me and having the life I have? Why have the Mother and Father made me be me? And will They ever tell me? And how much will I know by the time my Healing ends; and how much by the time I ascend to Paradise; and how much by the 'end' of eternity?

[Our soul has within it the pattern of our life](#), and it is expressing us into that life so we can experience all we do, the truth of which we can find through our feelings, now we're allowed to know that little piece of the puzzle. And so being a parent, you have no idea of course what God has in mind for your child, so at best you can guide, support and love your child and see what happens. And we being the child, have no idea as to what's in store for us, feeling our way along demented half the time with so much of what happens to us, unless you are one of the 'fortunate' ones and have a great life.

So it's not even that our parents cause us all our problems, although in our feelings through our Healing, they sure do and we have to express all those horrible feelings to do with them, but really it's God via our soul that selects whether or not we're autistic (or something else) or 'normal', get cancer at six or sixty, and all the rest that afflicts us or makes us feel happy.

So we can read the latest article that suggests all the excess nitrates that are filtering into the water is causing the increase in autism (or whatever it is) in recent years understanding that sure, there might be some truth to it, whilst knowing that it is our soul, because our Mother and Father want us to be autistic (or something else) should that be our fate, that is incarnating us into this time to drink of the polluted nitrogen-rich water, all so we can experience the Rebellion and Default in this fucked way, which is no more fucked on a level of reality equality than a person who is 'normal', as we're all fucked, normal or not, in the Rebellion.

So being autistic (or something else) means you are going to feel all these feelings of which in time, possibly in spirit unless something else drastically changes for you if your autism is an impediment to doing your Healing, you can find the truth of, which means, the truth of why you got the life you have, and why as the personality you are, you needed to be autistic, all so you can come to be the full expression of your soul, so with you at some point coming to understand that being autistic was the best most perfect and incredible thing that could have happened to you, because it is you, and it was/is

precisely what you need now on your way to becoming the full expression of the personality of your soul that you are.

And that if you didn't need all being autistic (or something else) gave you, then you'd not have been it, and you'd have been whatever it was that you did need. It's not a random affair, that it's just bad luck all these children are now autistic because of drinking bad water or whatever, it's just that God is taking advantage of the increase in nitrogen in the water to give so many souls the autistic experiences they need, just as God set in motion all that was required to bring about the increases in nitrogen in the water in that area.

(I'm writing this trying to turn your mind around to see it from a different angle, that being from the focus of you being a soul, and it's your soul driving it/you all and not as we've all been made to believe and see it from and with our mind working it all out, seeing it from its random and untruth perspective. The mind wants to say, ah, we've discovered by applying our mind, that excessive nitrogen causes autism, or at least puts you more at risk to it – we've not as yet worked out with our mind why it doesn't affect everyone in the same way. Whereas there is always more when you are looking at it from the deepest part of yourself – your soul. We are to look from our soul out, and not from our mind in, because our mind is lost and doesn't have a clue where 'in' is, whereas our soul sure knows where soul is. Or at least with our mind we hope it does!)

So in the greater scheme of things, it's perfect that you are autistic (or something else), it couldn't be more perfect for you, as that's exactly what your soul wants so as to express you, one of its two personalities in Creation. And it's perfect that you feel all the bad, and possibly even good, feelings that living and being in your autism brings you. So being in our rebellious fucked up states is perfect for now whilst we're of them, because it's exactly what God and our soul wants us to experience, because if it wasn't, we wouldn't be in them. And if it is so perfect, then why don't we feel perfectly good and happy being so fucked, and that's because we're not meant to, as being perfect in our imperfect fucked up state is not meant to make us feel good so we can know that it's wrong for us to be that, wrong so far as long term and the greater good and perfection of Creation. It's right that we're perfectly imperfect and feel perfectly bad about it whilst we're in the shit, just as it's right that when we've had enough of being perfectly imperfect we can set about Healing ourselves of being that way, assuming WE CAN HEAL OURSELVES OF IT AND IT'S NOT JUST ANOTHER NASTY TRICK THAT'S NOW BEING PLAYED ON US.

Still, when you feel fucking angry and fucked off with it all, there's no point trying to use your mind to block out such feelings because you tell yourself it's how God and your soul want you to be; so you keep allowing yourself to feel as ragingly angry at God and your soul as you feel.

So as much as we might seek to lower the amount of nitrogen in the water so we don't stress the foetus in the womb or whatever physically happens to bring about autism (or something else) on the natural level, we can seek to do our Healing and address our relationships with our fucked parents uncovering all the truth of those relationships we are to see because of being autistic.

CLINICAL PSYCHOLOGIST RESEARCH

John: Hi Kevin

Tuesday, 12 March 2019

Kathaleen can have a rest today. On second thoughts, Kathaleen you may have your points of view to share with us also, should you please.

If you please Kevin, I have been exploring how to convey to university trained health carers as to why and how to embrace Feeling Healing into their orbit of consideration.

You could say we are coming out of left field and without any apparent background in the health care industry – no credentials.

Our first line of approach is to clinical psychologist associate professor Lara Farrell.

Would you care to share your thoughts on this and in particular what we have that will be of genuine interest to Lara.

Kevin – 1st Celestial Heaven: As we've told you John, it's not for us to say how and what and when you are to do what you want to do. We are 'unseen advisors' if anything, we will tell you what we think and feel about things, should we need to, but doing it all through your feelings, mind and natural inclinations. So we are not going to say in one way or another through James like this if your approach is good or bad or if you should do this and not that, add this, say that, don't say that, as it's all up to you living your life so you can work it out as you go based on your thoughts and feelings. We, spirits, are not to be used putting us in place of yourselves, we can comment on the truth level like this, however we won't be telling you what to do. If anything, we would put it back on you John and ask you why do you need us to tell you what to do, why don't you feel capable of doing it yourself, and then it being for you to express any worries you might have seeking the truth of why you have them.

So all you can do, which is what we've told you, is understand that we're with you in all that you do, and if you screw up something, that's up to you, it's not us and our doing, and really as it's all only about you and what you are thinking, feeling and doing in each moment in relation to the truth you are living, so that's where our focus is too. So we won't branch out by playing the role of the parent telling you, the little children on Earth, how you are to be, and if any spirit does do that, then I'd advise you at all cost to avoid them like the plague.

John: We do intend to make more connections with research universities as we progress with our emergence from behind keyboards and get the show rolling.

Kevin: And that's fine with us, as it's fine whatever you do because *you* have to work out what you want to do and how best you can do it. However I know it's hard for you to look more objectively at it all because of your mind's setup, however that too is what you are and we all accept that, and if we need too, can work around or with it, but mostly we're not going to do that either. It might be difficult for you to understand just what our role with you is, it's one of those things in which you've got to be us and be here and be looking at you on Earth from our perspective, that which is vastly different to yours.

For example, we can so easily see, it's so predictable, that for example you John are going to be going through a scenario, a group of experience, that is going to have a certain effect on you in say one days time, three weeks time, four months time, a years time, and so we are subtly working with you and in harmony with your angels and Indwelling Spirit to affect such changes in you as required by you living

those experiences when you do. So from your very limited understanding and awareness you can't possibly know how we're working with you.

I'll give you another example, James just thought this up and I'll use it, it's like you John with your grandchildren, from your perspective you can see where they are going, and possibly what pitfalls might be coming their way, or what good things they are growing and evolving into, and you can also understand from your wise old age just how much you should or shouldn't involve yourself with them, which admittedly is still subjective and something that's just relative to you, as another grandfather might be totally different, and so you might interfere more forcefully at one moment, or back off in another, because you see, or think you see, more of what your grandchildren need and what they are going through and will go through.

So that's sort of how we look at you, fatherly and motherly with you being somewhat more like little children, and so part of our skill is learning how much do we involve ourselves in your lives, if at all. And that 'skill' as I've put it, evolves as we grow and evolve, so how Kathaleen and I see it and what we might do with you might be very different than how Nanna Beth sees it and what she might do. And then as we're all looking at it from different perspectives as we're all different in our truth growth and personalities, so that's where all the interaction comes into play all of which constitutes what one's experience is.

So from my current perspective, I don't care what you say to whom, that's not where I'm focused, as I'm more interested in, intrigued by, fascinated with, what you might feel and think leading up to meeting her should you do so, during the meeting and then afterwards, all more on the feeling and psychological level and not caring at all whether or not she embraces your plan or what she thinks one way or the other about the Feeling Healing. So possibly I'm the wrong person – spirit – for you to be asking about such things, such outcomes, and how best you might achieve them. And as I am only 'studying' you John, because of our personal connection and the 'history' we shared, being wholly attuned to you so I can work out more about myself, I don't know anything nor want to know anything about how Lara is. I'm not attuned to her.

And so far as what Pascas is to do and how it's to do it and if it's even to do anything at all, that's all being 'kept off the table' for the time being, such information is not available to you so it won't be forthcoming from any of us over here. And the reason for that is because you are all to evolve into 'position' as you are and have been for years now, through your own endeavours and without us spirits saying now do this and this is going to happen, even through we all know you'd love all that sort of help and guidance. And I can see, more of that sort of thing will be forthcoming 'after the change' as I'm being told to put it like that, actually 'After The Change' – I am making James amend it, but long hand to show you more of how we can work with you rather than James just going back like he'd usually do and edit how we'd first written it.

THE CHANGE

So you've been blind and yet look how far you've come! And that will keep going because it's how you are John, you're not suddenly going to lose it or go off the rails if it takes off, you'll still be the same and able to cope with it all.

And as you rightly are feeling, it's all coming to a head, and it is, it really is, and on all levels, and yet you'll just have to sit tight going with it each step along the way, even if those steps seem so small and insignificant when your mind is seeing the greater picture and how huge it all is. However the hugeness is made up of all the small, and the small is always moving on affecting the bigger. (James: I don't know if it should be affecting or effecting, I asked Kevin, he says he doesn't care, it's the light he

impresses on my mind and as long as the understanding is conveyed properly the spelling is my problem and I can learn how to do that better or leave it to EME to sort out. Sorry Eme, I'm a bit tardy in grasping this affect / effect business, if I ever will. Part of me doesn't want to, from all the shit at school, and I want to keep fucking it up as a mark of my rebellion, even though it makes me look stupid, and oh god, I can't look stupid! More to work on. Sorry Kevin, please continue.)

And I know it's difficult for you John, you now feeling like you're spinning your wheels and the clock is ticking and time is running out, however this is Universal in the enormity of it, there's so much at stake, the whole world of a humanity that's living severely in complete rebellion is being affected (James: Kevin, can't you use other words from my mind other than affect and effect? Kevin: I'll see what I can do... but alas no, I'm told to keep going as I am, sorry about that.) by this, it is monumental in its magnitude, and as you're an integral part of it John, so you'll have to sweat it out; or, start expressing all those feelings of feeling pissed off that things aren't happening and seek the truth of them.

[John: And David Higgins! Are you lurking around. May we have an update from you please. Your story will add to what this is all about.](#)

And as I think I've said enough, I'll go. John, you ask below if David is lurking about, he is here however he won't speak to you. It's only really for Kathaleen and myself for now. It's for others who attain the Celestials levels to work more closely with spirits on all levels than it is now for James to do. He is soon to move on anyway into working with other universal personalities, and we'll all be more just for you. However Kathaleen wants to tell you more, so I'll give over to her. Bye for now John, and I will say I am enjoying observing the 'processes of your mind'. I'm going to know you quite well by the time you come over, which as you'll see, is all 'part of the plan' because guess who's going to be one of the Celestials offering help to you when you start your Healing in earnest!

[Thank you and cheers for now](#)

[John](#)

Kathaleen: John, you can tell Crystal that we're going to increase her perceptive ability over the coming weeks. She'll be able to guide and 'see through' more of what Joe is telling her and she'll also be picking up more from Helen and the team of advising Celestials she has permanently with her. It's as if she'll be able to see / feel / sense along certain 'streams of thought' deducing certain things, as if she's able to see fine filaments in the air that she can pluck out of the sky that will help her with the direction she is to take and what she thinks about all she's going through as in all the different conflicting parts and the people involved with them. And this will help her move through what's coming, which will be even more intricate and involved understanding of what's happening and with whom, through Joe. And she might feel a bit dizzy or overwhelmed by the volume and at times flood of 'insight' coming into her mind, however not to worry, it's just for her to deal with it the best she can and once she's slept on it, it will get sorted out and make more sense the next day.

That's all John, speak to you soon, goodbye – Kathaleen.

The question is: Are we treating the cause or suppressing the symptoms?

Treating the cause permanently heals that which brings about illness:

What has never been understood before is that we are to ask for, long for and understand the truth behind our feelings, both good and bad. We are to understand what is behind our feelings as they come into our awareness. When we long to understand why we feel good or bad then we will be told – we will come to understand / accept how they came about – eventually! Not even Alice Miller (the Polish / Swiss psychologist and philosopher noted for her books on parental child abuse) or anyone else has recognised this need to understand and know the cause or causes of why we feel so bad and that we are then to express such feelings to someone who does want to know us. Someone who is really interested in the truth of who we are, which in the end is ourselves, as we should be the most interested in ourselves. It is the expressing, talking them out to someone who is interested in you, is wanting to know how you are feeling and why, that we heal ourselves of such emotional injuries. God, our Heavenly Mother and Father, does the actual healing via Their angels. We can express the feelings directly to Them, if we are so inclined.

Our feelings are our truth, and our Healing is just the bringing out of our feelings, and as we do that, the truth comes to us, it being the truth of what we feel.

That's the basic principle, however we do have to apply our will – make an effort – wanting to bring our feelings out, bringing them out, and wanting to see / feel the truth of them, which is the truth of why we are feeling what we are.

We are our feelings, which is the truth that we are. We are all the Living Truth, with our feelings feeling that truth, and then with our minds we can put those feelings and truth into a context that helps us understand on other levels what we just feel.

The truth is waiting in us to feel, all the feelings that we should have expressed throughout our childhood. We are all revealers, revealing the truth of ourselves through our feelings.

It's really the expressing of our feelings (and particularly our repressed ones that we're denying) to someone who is willing to listen to us, even if that someone is God, whilst we long with all our heart and will to know the truth of them – the truth of why we're feeling them. It's the wanting to know the truth more than anything else that is vitally important, and that means the whole truth, the truth of our unloving relationship with our parents and family because if it wasn't unloving we would not be or have been made to feel bad. And the way to that truth of oneself is by expressing every feeling we have, and in particular, focusing on all the bad ones, the endless bad ones we have got buried away inside us that we are refusing to feel. If we don't want the whole truth of oneself and are not prepared to look for it in and through all our feelings, then we will never truly heal the deepest underlying causes of our pain, illness, addictions, compulsive behaviour, erroneous beliefs and understandings, unloving self-denying behaviour and all our suffering.

We are to find the whole truth of ourselves through our feelings. And that means to begin with we're to see the whole truth of our pain and suffering, the truth from conception right the way through the womb, at our birth, through our forming years, the rest of our childhood – all that's made us feel bad in any way. And such truth can be found through our feelings. As a child we can't know the truth of all the feelings we are feeling, however as an adult we can. And it's by doing our Feeling-Healing that we can uncover the whole truth of oneself through our feelings.

To suppress the symptom is to put the problem aside for later on:

All medical and complementary healing modalities, including emotional processing, as much as they might help bring some relief to pain and reveal some truth and understanding as to why one is suffering it, they are not focused on the deeper underlying hidden causes of that pain and illness. NONE address the true cause, with that cause ultimately being found in our childhood suppression and repression.



All modalities are mind based, we continue to be led to expect our mind to resolve our pain – the mind can mask and hide our pain – however we have to eventually feel such pain and discover what brought it about. Then we are to express what that pain is all about. In this way we begin to heal.

Feelings First for Kids is similar to the Journey for Kids, how it is an introduction to the Feeling Healing process that we all will eventually engage in. This is the first step in going beyond just suppressing symptoms through our spirit body mind which cannot discern truth from falsehood and embracing our soul based feelings which are always in truth.

SUPERKIDS

Natural self Expression through Feelings

Self Empowering

Self Revealing

Self Loving



Feelings First

LIVE FEELINGS FIRST

FEELINGS FIRST For Kids

AVONAL FANTASY – HEALING EXPANDS WRONGNESS!

Sunday, 24 March 2019

I was going to write this myself, but then I thought of including Nanna Beth, to say hello and see how she's doing having not spoken with her for a while, and to see if she can put what I was going to express in a better way as it's all still a little muddled in my mind.

James: Hello Nanna Beth, how are you?

Nanna Beth: I'm very well as usual James, thank you for asking. And as I know why you're writing to me, I will continue to do as you've asked.

As you've been coming to understand of late, the Healing is not quite as you had understood, it being more inclusive and involved, which you're moving into understanding now. Understanding that it's about you understanding the whole truth of your rebellion and truth-denial, so with your Healing helping you to work it all through, to bring it all to fruition so you can see what it's all about.

James: Yes, I thought that when I started my Healing it was because I'd come to the end of my being fucked and I wanted to fix myself, so, 'Heal' myself. And I thought that as I brought to light all that was repressed and wrong within me I'd be fixing myself, ending being untrue and progressively becoming true. So my untrue and wrongness would be diminishing over these past twenty or so years bringing me to the point when there is nothing else to heal and it would finish and I'd become a true Celestial. And yet now I also understand, that is sort of happening, however so is something else, which my Healing is helping me bring out and achieve.

Nanna Beth: It's helping you understand that all the wrongness you are, has had to have time to come into being, to evolve into its full expression, for you to fully become it, and that it's required your Healing to help you do this. So even though to some degree your Healing has been doing as you thought it was, that being ending much of your wrongness, at the same time it's been also helping you expand it, some parts of it more so than others, so you can further understand it, understanding that you've always been as you are, only were refusing to see it.

James: Yes, so the notion that through my Healing I have actually been making myself seem worse, yet understanding as Marion says, that it's not really worse, it's just, as you said, bringing to light how I really am, how I've always been, and so these parts of myself I kept hidden and have been unable to see about myself. So for example, I thought my compulsions would lessen, and then finally go away, as I brought to light the truth of why I need them, along with all the bad feelings locked up in them. And yet lately I've been what seems like expanding and falling helplessly into the grip of my compulsions, being less able to control or have a say in them, and with them seeming to get even stronger.

Nanna Beth: However you understand they've always been that strong, only not until now, not until and because of all the Healing you have done on yourself, have you allowed yourself to acknowledge the severe control they have over you. You've needed to increase your perceptual awareness of yourself, which you've done through your Healing, so you can perceive and so work within these compulsive behaviours, all of which you couldn't have done had you not done so much 'healing work' on yourself.

James: So it seems like I've made things worse for myself by doing my Healing, now being subjected to increased control and severity of my compulsive behaviour and fucked state; I feel so fucked, so bound up in it, completely unable to say no to any part of it, feeling I am hopelessly of the Rebellion and Default and with no way of seeing how I could ever remove myself from it.

Nanna Beth: That is how it seems on the surface, but the truth is, as Marion said, it's how you've always been, only as part of your repressed state you've never allowed yourself, because you were not allowed, to express these parts of you. So your fantasy life is gaining ground, they are growing bigger rather than receding, like you believed they would. And that's all only because you are freeing up within yourself, becoming more feeling and emotional and even mentally expressive, all of which is freeing up your imagination as you are connecting with these otherwise hidden parts of yourself. So you've been steadily 'outworking' your negative state, growing into it, bringing it to maturity, to fruition in its fullness, all of which seems to be moving contrary to what you've believed your Healing would do for you.

James: Yes, however I can understand what you are saying. So I understand, if, as you've told me, I have seven Mansion Worlds worth of wrongness in me, then surely I am to express all of those levels. And so it's taken my Healing to ascend up through each of those worlds helping me express all that's been repressed in me, thoroughly exploring each level within each world. So by the time I actually reach the top of the seventh world and the potential of or real end to my Healing, being ready to move into a Celestial level of truth, I will also have become my full yuk self, the most yuk, revolting, corrupt and wrong that I am.

yuk

Nanna Beth: And that's what you are doing James, however it's actually 'in the truth of it', which means you are actually seeing through your feelings the truth of this, the truth of really how bad, fucked, perverted, distorted and corrupt you are, that which you've always been yet been unable to see about yourself until now because you've been unable to express such levels of it, you've not been in a feeling awareness, emotional capacity with the mental ability to do it. All these levels having been evolved to fruition because of you advancing in your Healing. So with Marion pointing it all out to you all these years, all the juicy horrible parts that you are, so you've gradually evolved into allowing yourself to be as you are. You were it at conception, only it's taken you all this time, and including all you've gone through in your Healing, to become that fully rebellious person living true your rebellious default state.

James: So if I hadn't done my Healing, I might not have been able to bring out all of my yuk, doing it only up to and inclusive of the sixth world – is that right?

Nanna Beth: In theory, however not in practise, because you could only achieve a disjointed inclusion of the first world, second, fourth and sixth, without being able to have access to the third, fifth and seventh because of Mary's and Jesus' coming. Had they not come and 'interfered' with the normal Mansion World set up, in your rebellious state you'd have been able to do as you said, but because of their coming, so one on Earth or in spirit, needs to do their Healing so as to traverse or ascend all the worlds.

James: So, I'm coming to understand, the bizarre thing about all of this is that we actually have to do our Healing to complete our rebellion by default!

Nanna Beth: Yes, as weird as it sounds. And that's what you've had to find out for yourself, we've not been allowed to tell you about it.

James: So I've actually been fighting myself all the way through my Healing, believing it was wrong submitting to my compulsions and with them gaining more control over me, it being very difficult to let go and give in allowing them to consume me, and yet they have won, they have broken down my resistance and now well and truly have the upper hand. I just keep stuffing the food in, getting fatter, I can't say no at all. I used to be able to summon my will saying no and abstain, but now I can't do that anymore so I'm getting fatter which I hate the feeling and look of, and yet fuck it, what else can I do?

Nanna Beth: And your fighting it was all part of your self-denial because your parents, as part of their unloving package they forced on you, didn't allow yourself to indulge in your misery showing how addicted to food you were because it was the only good thing they gave you and the only thing that gave you a little comfort as they denied you it all from themselves. So you couldn't grow into an enormous fat blimp, continually uncontrollable, compulsively stuffing food in, as that would have reflected badly on them. And yet, as you are now allowing yourself to find out, that's really as you are, it's what's in you, it's how you want to be, which is of course still all wrong and part of your unloving state, but now you're bringing it to its conclusion by bringing it out and ending the repression of it, you are stopping yourself from suppressing it, you are giving into and fully acknowledging your controlling needs and their associated beliefs, allowing yourself to behave as you really want to in your fucked state, and in this way, stuffing it in. And now your body is starting to protest, however it's a true brick wall saying no you can't keep going this way, and not an artificial controlling mind one imposed on you by your parents, and yet you keep bashing yourself against it unable to end it and say no and stop yourself.

James: So what is going to happen?

Nanna Beth: The answer to which we can't tell you, you have to live it. And that will bring you to the conclusion of your Healing. So the **'End of your Healing'** is when you fully become the untruth that you are, and by becoming it, so you can see and understand and connect with the whole truth of it. Which is what you've said: that you have to become true to your untruth, and now you can add, to achieve that, you also have to become it wholly.

James: Okay, so what about if someone has as one of their needy compulsions the need to keep hurting someone else, would they have to keep hurting people right the way through their Healing, even getting better at it, relishing it more as they submit to their need to do it – what happens to that person with those problems?

Nanna Beth: They won't literally keep doing the bad thing hurting others, as they will have been subjected to the Laws of Compensation and Forgiveness, so they will have healed their need to actually hurt another person, they will have stopped doing such harm, however as their need is still within them to be fully explored, brought out and the truth seen, so they will feel like they want to

Law of Compensation

hurt and harm, imagine they doing so, perfecting their untrue, fucked up, criminal way in their minds, all of which will keep making them feel repulsed by themselves, yet at the same time as they work to accept it by expressing all the bad feelings they feel seeking their truth, just as you are finding with your compulsions, 'enjoying' them more because you are allowing yourself to be them.

Law of Forgiveness

James: Yes, that's another weird part, I am loving them more, relishing them utterly, they are getting stronger in feeling, more intense, more fulfilling in a way, yet also more in my mind, more in the fantasy of it; and I'm hating doing them as well, contradicting those good feelings, particularly feeling bad afterwards, yet as soon as the bad feelings are gone, wanting to do them again. I am perfecting the fantasies, and particularly my sexual ones, honing them down to a fine exquisite art, and to the point of there almost being no difference between my doing it in real life and my doing it in my mind, even though I know real life would be different. But my mind is so capable of imagining and giving me all the feelings I want, all nice ones of course, that I am in ecstasy in my fantasies, and feeling like how can they get even more intense and keep evolving further, as surely I will just evaporate into them, surely I'm just to disappear into my mind once and for all?

Nanna Beth: You being able to feel this way and go into your mind to such a degree, which Marion can't do, because it is the extreme state of your disconnectedness. You were removed so far from reality, your parents didn't connect with you personally to such an extent that you should really have died, however because they wouldn't actually kill you, still hanging onto the belief that they wanted you, so you stayed with them and they helped you go into your fantasy mind and life, all of which you're now bringing to fruition.

So your mind is getting stronger in its disconnection and disassociation from reality, as Marion keeps showing you in your relationship, it being reflected in your inability to remember anything of the past you've had and shared with her, because you effectively don't have a past, your fantasies are always moving on, it's always another woman or girl to base the next part of your sexual fantasy on, you don't dwell in or remember or connect with the past because your parents didn't, you effectively didn't share a past with them and they didn't share their's with you, and hardly even any present; and they too, which they passed onto you, were mostly concerned with the future and didn't want to know about the past.

So for you to do your Healing, to have to be dragged back into your past through your feelings, is going against all that you're programmed to do, and so you've all but been dragged by Marion and your soul kicking and screaming along in your Healing. And now you are having to realise that you haven't in fact been working to divest yourself of all your sins and errors like you believed you were doing, but you've instead been bringing them to full expression, you've worked them up through all the seven worlds and now you're expressing them the best and truest in your untrue and unloving state that you can. And when you are fully expressing them, that's when you'll no longer need them and the needs driving them, so it will all dissolve away, and you will change into the Celestial truth you are longing to live.

But first we all have to become the full untruth that we are. And we don't necessarily have to keep doing all the bad things we have done, but we do have to keep expressing and living true to the truth of such horror that we are, working to bring to light the truth of why we have such unloving needs within us. We have to keep allowing ourselves to be them, to accept that we are that way, and no longer fighting it. So it's all about uncovering the whole truth of ourselves, so the whole truth of our negative unloving rebellious self-destructive state, which we can only do by allowing ourselves to become fully what we are. And as it has been for yourself because of how your rejection of yourself has been structured, you've been fighting this self-revelation all the way, whereas Marion has simply kept acknowledging and expressing all she's felt, bringing out all the untruth she is, and keeping pace with it, understanding and seeing it for what it is, that which she's always felt it is.

James: Well I'm making the adjustments to how I understand and see 'the Healing' and my own Healing. I have no idea about any of it, whereas for Marion it's always, yes, that's how it is, she always seeming to just know about it. And as she says all my Avonal stuff is just another compulsion as is my staying with her and everything I do in my life, as I am realising I am compulsively addicted to my rebellious state and as I am to all the parts that constitute it, so as much as I can't give them up, neither can I give it up. And so I wonder: will my 'Avonal Fantasy' end along with all the others if I ever do manage to finish my Healing?

Nanna Beth: And time will tell James. And it's all for us to see that within our 'fucked' (as you say) states of untruth, what will remain and what will go. For surely some must remain, as if it were all to go, then we'd be a different person.

James: Yeah, I've been thinking about that. And I think that, if my soul, you spirits, the Mother and Father and everyone else has put so much time into expanding my Avonal and every other fantasy only

for it to vanish turning out to be unreal, then why, why would you and God all go to such trouble to help me fuck myself up the most I can, to outwork my shitty fantasies to such an incredible degree? And then I think, perhaps that's just what you all do and would do for anyone who wants to push his untrue state to its limits by doing his so-called Healing; and if that's the case, then fuck me, what a hell of a ride! And then I think, well why not possibly also use the Avonal thing to outwork my rebellious state. Because if I am the fucking Avonal, surely in time it will come to light when I have fully rebelled and rejected it and fucked myself up over it so much with all these ever-expanding mental-ness of it, if I'm not. And anyway, being the Avonal, having that fantasy, is obviously part of my fucked state I picked up from mum and dad, so it's just more of untruth I'm coming to terms with, and yet possibly it's being used this way to help me accept the truth that I am it? I don't know.

Nanna Beth: No you don't, and won't, for as we've told you, you can't until you get to the truth of it, and for now, as it has been right the way along, it's all part of your truth and untruth.

James: I'm tiring now Nanna Beth. Thank you again and nice to 'feel' you with me again, just the same loving, attentive and very understanding and knowable spirit. I'll go over it all and might call upon you again.

Nanna Beth: Any time James, you know only to reach out to me and I will come. I'm always with you and knowing what you are going through, we all are; so yes, speak to you soon. Nanna Beth.

Pascas Care Letters – IMAGINE wonky report:

Sunday, 24 March 2019

Imagine

P1. The first two should be Imagine if... ??? What does EME say?

The third one: Imagine that by living... ???

5. Imagine if women came...

6 ...; and then express that to a friend!

7 ...two Spirit Guides and one Indwelling Spirit of God, and the Spirits of Truth...

8(and particularly with Divine Love – being...)...with our very own Angels and Nature Spirits.

9 ...opening up the opportunity...

WONKY REPORT

Add??? Imagine if parents understood they were to encourage their children to fully express themselves, never denying their child the freedom to express ALL of their feelings.

12 ...and parents were bringing up children...

P2

Imagine if the world scientists... (imagine all the crap they'd have to get rid of and admit to!)

Imagine humanity embracing Feeling Healing that War Is Over! I don't get what you mean?? Feeling Healing will bring about an end of war??

The last point on page 2 might put more people off than make them feel good about such severe change.

It's a hell of a lot to image, I'm exhausted! Good stuff though.

WONKY REPORT

PC Paper Imagine

Para 2, is ambience the right word? environment? I don't know, I'll have to look the definition of ambience.

Para 3 The ending of the Rebellion and Default is progressive. An ongoing series of events continue to unfold enabling the introduction to humanity about what the Rebellion and Default enslaved us into. And now a New Way of life can be embraced enjoying the freedom flowing from the ending of the controlling mechanisms and our self denial.

P2. This Para needs to be completed: Should scientists recognise that our soul's intelligence is all fulfilling – that it is in truth at all times – and that our mind is simply to follow our feelings by implementing our feelings, not the other way round... possibly something like: ..., then science would support our soul and personality expression rather than seeking to subvert it.

Hey, can the muscle testing show us were those 25 are?

Last para P2, 2nd sentence ...know us by.

P3 I don't know if what you say in the first para is true. It might be. However I think it would be better to stick to saying that no child born within the Rebellion (other than MM and J) has been perfect. Children pre-Rebellion might have been perfect in their primitive way, I don't know about that. Because if there was no Rebellion, surely we'd be growing up in a true state. However it's to keep making the point that the Rebellion is what's fucked us all up.... And the last part, they would be living true to their feelings were they parented by perfect parents. Perhaps you could change it to: Only when a couple complete their Feeling Healing will there be the opportunity for their child born free from error and living true to their God given personality, to live true to their feelings in the manner that Celestial spirits live.

Para 2. We're bombarded with it all at conception, it's all within us, our whole negative unloving rebellious state we're going to live and manifest as adults. The heart beat means, if the foetus' heart is beating, should it die, it will move into spirit, if not, the soul retracts and will start incarnation again some other time, and the foetus will cease to be. (That's how I see it at present, however I might not be right in that, I'd have to check with Nanna Beth as I've changed from when I first understood this. However without checking, I'm happy to let it stand for now.) So possibly you could change this para to something like: A child at the moment of incarnation is bombarded with the errors, injuries and misbeliefs of its parents. Should these bombardments become too great culminating in the death of the foetus once its heart has started beating, after its death it will reawaken as a foetus in spirit to be 'carried to term' by willing 'mother spirits'. The bombardment of these unloving and negative imposts continue through to around the age of 6 or 7 years, that is the time of arrival of the child's Indwelling Spirit. By this time the child is fully committed to the 'Ways Of Its Parents', the child's personality being often severely suppressed and kept repressed within the manner by which the child will live its adult life.

Para 3 – Then the child is further submitted...
.... continue through all levels of schooling and into...

... almost total annihilation of the personality. (We can't annihilate it altogether, and a lot of it is intrinsically ourselves which we are to live true to rather than untrue like we currently are. Personality is unchangeable and our gift from God, it's not annihilated as it's like the Divine Love and our soul, it being of God, it's 'unannihilateable'. The damage done to us is that a lot of it, and how much might or might not vary between us all, is suppressed, in that we're stopped from being able to freely express it – ourselves. So it's still there, just in potential waiting until that suppression ends, which happens as we bring to light through our Healing all that's been suppressed, which happens by focusing on bringing out first all our repressed feelings.)

Para 4 last sentence: Fortunately they are now all within a spirit prison world with their direct negative influence terminated. Humanity is yet to learn the true origins of its beloved scriptures!

In the sentence above this one, although I don't mind it being as it is, really the Lucifer's and Satan's direct influence was terminated 2000 years ago by MM and J.

P4

Para 1 – Next comes... and whatever is one word... Possibly you could add to this para: Control, control and yet more control, we are the Controlled Ones as we've learnt to be the Controllers; being controlling and controlled from conception to the grave, taking it from our parents and passing it onto our children, and oblivious to it; and then carrying on living it in our spirit lives, unless we end it all by doing our Feeling Healing.

P7 Trinity Teacher Pairs don't have Spirits of Truth. They are involved with specifically helping mortals understand the teachings contained within the Spirits of Truth of the Creator and Avonal Pairs.

I think you are quite eclectic, picking up bits from here and there and almost everywhere and putting them all in together.

P8. It's the angels that induce more pain should we need it. You're moving toward attributing many of the things angels do to nature spirits. The flu etc. is overseen by the angels, it's not solely the nature spirits doing.

P10. para 4. This bloke James Moncrief has profoundly changed the course of humanity? In his dreams perhaps!

Phew, what a good full-on introduction. I'd love to see what people who didn't know anything about any of it, thought. All the spiritual stuff is new, however all you say about the financial, governmental, schooling and medical systems is great too. You've put it all together so well, we won't be accused of being tardy in keeping up with where the world is at.

KIDS are not CRIMS and GENES set up the RICH

Tuesday, 26 March 2019

John: Hello Kevin, Kathaleen, Nanna Beth, Samantha and even James,

I would appreciate comments regarding these two articles in my local newspaper please.

KIDS ARE NOT CRIMS: AMA (Australian Medical Association)

Gold Coast Bulletin 26 March 2019

page 12

Doctors are calling for the age of criminal responsibility to be raised from 10 years to 14 years.

Australian Medical Association president Tony Bartone said this would prevent the unnecessary criminalisation of vulnerable children.

“Australia has one of the lowest ages of criminal responsibility in the world,” he said yesterday.

Under the current regime, 10-year-olds can be dealt with by the criminal justice system and be charged, prosecuted and imprisoned. Dr Bartone also said criminalisation of children was a national problem that disproportionately affected indigenous youth.

“Most children in prison come from backgrounds that are disadvantaged,” he said. “These children often experience violence, abuse, disability, homelessness and drug or alcohol misuse. “Criminalising the behaviour of young and vulnerable children creates a vicious cycle of disadvantage and forces children to become entrenched in the criminal justice system.”

The AMA wants federal and state governments to support health, education and rehabilitative alternatives to the criminal justice system.

Kevin – 1st Celestial Heaven: G’day John, I’ll have a go at trying to give you what you’re looking for.

Ideally Feeling First needs to be offered, even perhaps made mandatory, at least learning the basic principles of it, to all offenders, so, whether they agree or like it or not, at least are shown that all their troubles and anti-social behaviour stem from their parental environment, much of which most of those people would know anyway. However what they can now be given is a potential way to get themselves out of their unloving patterns, however that also would require possibly skilled people who can speak about and help them implement their Healing, should anyone want to do it, based on their own Healing experiences.

Feeling Healing is of course the only way such deep ingrained problems like those concerning the aborigines can be eased and with possibly some resolution sought, however it’s going to all come about by certain individuals working on themselves and then being able to help others. So really your work John will be to cast your nets far and wide so as to make contact with those specific people, as humanity will change because of the personal involvement from such people, not by some overseeing government or educational administration taking it on, on good faith, that it can be applied with positive results.

So I would advise to keep using these things to help yourself see the enormity of the problems you face, how far away from the truth humanity is, as you come to understand that truth more, but understand that as we’ve told you, you actually won’t have to worry about how ‘it will all go down’ because that’s for other people to make happen.

GENES SET UP THE RICH

Gold Coast Bulletin 26 March 2019

page 13

Wealth and success may be less to do with hard work or luck and more to do with DNA, it seems. (DNA, short for deoxyribonucleic acid, is the molecule that contains the genetic code of organisms.)

An analysis of 286,000 Britons showed that the genetic make-up of those who earned over £100,000 (AU\$186,380) differed from those on low incomes. A scan pointed to 24 “golden genes” that affect intelligence, the immune system, and the strength of muscles and heart – and so can make the difference between economic success and poverty.

The discovery follows work at the Centre for Cognitive Ageing in Edinburgh, capital of Scotland.

Kevin: This too shows, that sure, under any conditions certain people are going to be more predisposed to achieving whatever it is they want than other people, however that’s assuming everyone wants to achieve the same goals. Perhaps those people without the ‘golden genes’ wouldn’t actually want to do all you have to do that those ‘high achievers’ do, should they drop their fantasies of being like these so-called ‘winners’.

Humanity is currently expressing itself in a very narrow and now quite predictable range, and within that, as you all understand, as it’s all about control through wealth accumulation, so the current conditions suit those people able to succeed in them, so of course their genes would reflect that.

However what would happen if the parameters drastically changed and humanity was focused in another direction as to what was considered winning and being one of the powerful controllers? And you might find the ‘dumbos’ suddenly becoming on top of the pile with the right DNA, whereas today’s current top dogs, fail. Horses for courses, and of course narrow minded science will find what it wants to find.

And all of that becomes irrelevant when a relative dumbo like myself who wasn’t much of a high achiever on Earth can do his Healing and now live comfortably in the first Celestial sphere ‘looking down on’ many of the power people and rich of my day who are still contained within the hells ‘doing their time’ or trying to regain that power in the mind Mansion Worlds; so I ask you, what happens to all the DNA and so-called genetic advantage then?

Humanity will continue along its present course because it can’t do anything else, this is the course set within and expressive of, Mary and Jesus’ age. As you said John, it’s the ‘frequency’ of the Age, and it won’t be until the frequency changes when the next Age starts that other people will find their genes more suited to it. However as you understand, everyone has the same potential because as we’re all children of God so we’re all on our way to Paradise, even if that way has been somewhat distorted.

And another point too is, that people of this current Age, have and will, up until this Age ends, be able to keep going pretty much as they are used to in the mind Mansion Worlds as they were on Earth. So the controllers of Earth have pretty much sought to maintain that control in the mind worlds and for the most part have been able to do it – this being something of a big generalisation as you understand because lots can happen to you causing change when you die, such as having to do ‘hell time’ or being liberated from your poverty stricken life on Earth. But with that Age ending, such people won’t be able to carry on in the mind worlds, everything being turned on its head.

The Truth is to be revealed following a certain plan John, and one that has not as yet been specifically

revealed to you. Being currently in the lead up to it, you can see how things have been and currently are going, however as to the specifics of what is to come, and that covers all fronts, is as yet, unrevealed. So you might like to keep bearing that in mind because it's not going to be revealed to you John, not until Marion and James conclusively finish their Healing so you can see that it can end.

So all these thoughts and ideas in your mind, and although many are coming from us, are only given to you so as to keep expanding your understanding of the problems facing humanity so far as continuing on the course they are on, and how great a change it is going to have to make for it to undertake its U-Turn.

All that we've revealed to James, all he's worked out, all he's passed on to you and all he hasn't, is still all within Mary's and Jesus' age, so it's limited, whereas when he moves into his own Age, then nothing will restrain that which he might wish to know, within the parameters of his and Marion's Age. So you're being kept to a micro level of it all and mostly in the dark, which is shown by so few people becoming actively interested in it, all because it's not really part of Mary's and Jesus' age. However once you all Cross Over into the New Age, things will pick up markedly and change altogether.

Kathaleen and I are still getting to know each other, still coming to terms with the fullness of all we've been through during our Earth lives and Healing years. You are right James in that our Healing takes us to the limits of our Wrongness in the sense of having to understand it on all levels and how we're living it. And once fully expressed it can end, and then more time is given to coming to terms with the severity of it all. Life on Earth, from conception to death and doing your Healing, is very stressful because it's all going against us, it's so peaceful for us now, and it will take us, so we are told, some time to settle into this newfound peace of our soul. I feel like from conception to becoming a Celestial was like being shot out of a cannon, whereas now I am walking on clouds – gentle, loving, reassuring and adjusting to a new time. Our time, the time we take to do things, and which things are important to us, are changing all the time as we're getting used to being our new way, so our time is very different to yours. We will say soon and soon is whenever it comes about, and we love every moment of the adventure, whereas you want soon to come about quickly because most of how you currently are you don't like, so you want a better picture sooner rather than later, all of which reflects, and is a function of your dysfunction.

Other things like these articles will come to your attention John, for as I said, it's all necessary for you to formulate your mind's understanding of it all, and as you are realising each day, there is just so much to it. And I assure you, James has only recorded a fraction of what he and Marion have been through and talked about over the years, and still only then is that a fraction. Living true to your feelings will become a vast area of life to explore for many people, so with many new books, films, artworks to express it. It will give lots of people a new interest and focus in life, with many of those people finding they are well suited to it, it suiting them far more than the life they've had to try and succeed in. So their genetic disposition will be far more suited to living with their feelings first and uncover the truth of them, than living in a feelings last and mind first truth-less life.

I'll speak to you soon, our love you to all, Kevin.

[Yes, I am endeavouring to address these issues within 'We are Children'!](#)
John – and I am hopping mad!

EYE of the STORM

Friday, 29 March 2019

James: Graham Golding sent me what's below, and I thought I would ask Nanna Beth about it, even though I don't know anything about it. I think I can tie it in with something else that I've been wanting to write about, so here goes:

Graham Golding: If you're not comfortable with it that's no problem.

I was thinking I should give a perspective on why I have posed this question.

It has become very clear to me how the US governments / deep state have been very underhand and corrupt getting their own way. I have felt, however, that Australian governments are too honest. But now I am starting to wonder. There is something very fishy about Al Jazeera spending 3 years setting up fake organisations to "sting" Pauline Hanson's political party.

I think the money has come from somewhere closer to home.

It's all a part of me seeing how corrupt the institutions closer to me potentially are. It's not just the Americans.

Nanna Beth – 3rd Celestial Heaven: It is all connected James, and it would be very naive Graham to think the Australian and all the governments of the West, aren't in it up to their eye-balls. Nothing happens in the higher levels of the Australian, New Zealand or Canadian governments without direct acknowledgement and approval from America and Britain – although often the two don't agree causing 'problems in the 'colonies'', and it's been like that for a long time.

Pauline Hanson hates this and were she to have her way she'd reject the lot of them, wanting to make Australia solely for Australians, she is in fact in many ways, very progressive in her vision however one that doesn't fit the norm and so is easily ridiculed and rejected by the powers that be.

And through various funding so she is kept with her wings clipped because she would cause too much trouble were she to have her say with any real and acceptable credibility.

And this fits in James with what you have concluded, that which you wanted to write about concerning the hidden controllers and Trump.

The hidden controllers were looking to control the world under their own terms, call it Satanic as some say, however it's basically without God, they being the gods of the world taking over, and taking their instructions from the Caligastias. They are heavily Jew-based, many being Zionists, however the core are non-religious, they use all the religious organisation to fulfil their goals, but they themselves are all only about themselves being the rulers of the world, looking to bring in the global government as a front for their personal control, all to be achieved prior to, and in preparation for, the next Pole Shift. So in readiness for that, they have been mostly through the left and liberal side of things, of which Europe, Australia and so on have been willingly compliant, using people who also see themselves as 'the most powerful people on the planet' to carry out their wishes. So the Deep State, the Monarchy, the latest US presidents before Trump, have been willing recipients of their favours carrying out their dirty work steadily getting the world ready for the Big Day, that being when they were going to crash the system and reinstate their new one.



But as their power has been waning because of the sudden disappearance of the Caligastias and Daligastias some years ago (early 1990s), who by the way these hidden controllers didn't actually know or work with in person, with no one on your world having directly worked with the Evil Ones, they working through their controlling mind spirit groups to Earth, so the likes of Trump and the traditional religious right supported by other Jews, and indirectly including Putin, have gained power to the point of now, particularly in the light of Trump being exonerated in the collusion with Russia affair, standing a good chance at overthrowing the hidden controllers' rule.

These 'religionists', and I put it like that because really it's a belief and way to seek power and nothing to do with real religion, are adhering to, and trying to help bring about, the End Times as contained within the Bible. They believe they are doing the right thing by God by helping Revelation unfold, that they are main players in it, and that it has to come to fruition so the Jewish David and Christian Jesus can come to Earth bringing about the fulfilment of their respective religions and so the so-called glorious 1,000 years of peace.

So they believe they will live through the Age Of Peace living God's will and being good boys and girls doing what God wants, whereas the Deep State and hidden controllers don't give a shit about God, wanting it all for themselves, even though with or without God all amounts to the same thing. They all want absolute power, only saying we're doing this for God absolves a bit of the guilt, so those people believe, without them then being accused of being so selfish and greedy. And you just never know, what if you do have to account for what you do in your life when you die, so if you can say, well I did it all for You, God, it might let you into Heaven a bit sooner and without having to suffer like those selfish arseholes who don't give a shit about anyone other than themselves. So with the new age starting after the next Pole Shift, which they are all in agreement with, should be prepared for, hence all the underground digging and storing away of supplies and everything else, with the 'winner taking all'.

So now as you rightly conclude, with the hidden controllers starting to lose serious ground, and with much of their wealth looking to be taken by the religionists as they believe it's the wealth of humanity – their humanity, humanity how they believe everyone should be – and not the wealth of private people, they are looking to move into the final stage of working to conclude Revelation. However the only difficulty there is God doesn't seem to be complying with their wishes, they reckon they have



'cracked the Bible code', the real one, not the one for public consumption, and so as they work to its time line, things don't seem like they are fitting. However, not to worry about that, as they are used to manipulating everything anyway, so they'll help it along a bit. So they are coming to conclude that perhaps they will use their plan to put their 'David' and 'Jesus' into power when the time is right. But first they need the Big War, so they are working to set that in motion. Some of which the hidden controllers agree with doing, some not, so it's not as easy as either side would like.

And the Russians lean more toward Trump because of their basically being fundamentally Christian and in their prophecies they are End Time Saviours of the World, so they are sort of working to aid and get rid of the hidden controllers, but as it suits them and without causing too much disruption to the status quo, as they are also aiding Trump and the religionist Jews.

So currently you can expect their Big War in the Middle East, however all is not, as I said, working out as either side would expect, so they are having to wing it a bit, whilst they fight each other, and so they might be able to ‘pull off’ such a calamity. So all these little skirmishes, like the India / Pakistan thing, the Chinese and Japanese, are all the workings out between the two sides. In some areas they need to work together in a strained way, in other areas they are directly opposite each other. However as I said, Trump and the factions supporting him are increasingly growing in power and look like will continue to do so for the near future, because after all, that’s what’s in the Bible, isn’t it?!

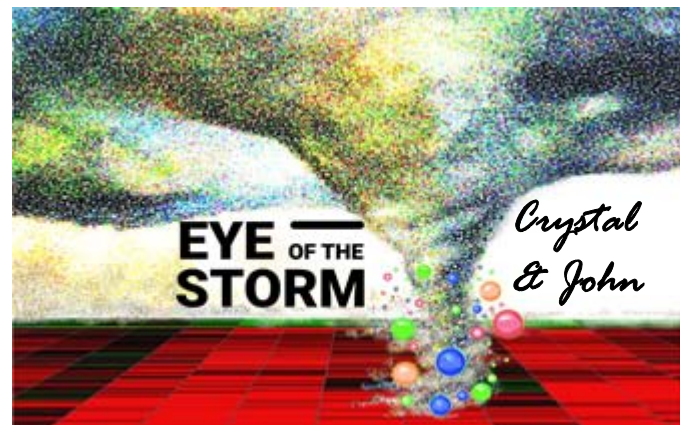
We are not allowed to tell you what will happen, we can move along with you supporting you as you understand, but as you are part of the hidden equation in all of this, so there are consequences that will come about that are unexpected by either side, some of which they are already having to deal with because they are no longer getting the leading insights and positive direction from the controlling mind spirits they once had. Only the Russians are receiving a steady and reliable input from spirits because they are needed to balance the two opposing factions as well as to more truly prepare humanity for what is to come concerning the Pole Shift.

And as this is all happening, more secret information is coming to light and into the hands of certain people who can do things with it, all of which is adding to the lessening of control and general disturbance within the unseen power structures of the world. Many people who were/are directly or indirectly involved with the Deep State and hidden controllers are feeling increasingly vulnerable not knowing what might happen to them should all of their covering up start to become uncovered.

And as we’ve told you, within all this intrigue naively sit John and Crystal with virtually no idea what they’ve got themselves involved in by default, no idea about what is going on around them. They are because of the nature of the SI (Solid Investment) funds secret set up, protected from the storms blowing all about them, sort of being likened to working within the eye of the hurricane. And as these storms continue to pull apart the existing hidden controlling structures of the world, so cracks will start to appear that will allow John and Crystal to gain the traction they are looking for. It won’t be long now, still there are some other important things that need to happen in the world and for you all personally, but once those things start to rock the boat, it will become clearer as to what’s going to happen and when.

I still can’t say too much. And as I have nothing else to add, I’ll leave you James. Our love is with you all – Nanna Beth.

James: Thank you Nanna Beth.



HOW DO I FEEL?

Monday, 1 April 2019

James: Being the fool that I am for believing in all this shit, so I want to talk to Nanna Beth about more of it. Marion has been pointing out to me of late, I denigrate and ridicule myself, life, the world, putting shit on it all as if it's one big bad joke, being unable to take myself or any of it seriously, or rather, neurotically switching from being serious, or at least believing and pretending I am, to not being serious and seeing it as a cruel joke being played on me by my so-called 'Loving' Mother and Father.

So, how do I feel? And shit I hate being asked that. How do I feel; I feel mega fucked and a million different feelings in each moment, with so many all the time now that I stand no hope in hell of trying to express a minuscule amount of them; still, I try, because what else have I got to do; and surprisingly, lately I've actually begun to enjoy expressing everything willy-nilly as it comes, giving up my belief that I had to make sense of it all. Now it's just a matter of: as I don't have a clue or say in any of it, I will just do and say what I feel like doing and saying in the moment, and I no longer care if I am 'making the right connection with the other person' or expressing myself truly or properly, I can't be bothered trying to keep my mind on it, it's too hard and doesn't work anyway; so as I loosen my control even further, I feel like I'm floating even further away into my madness than I already have, which as Marion keeps assuring me, is still just my becoming more in tune with it, in tune with the madness my parents subjected me to.

So with my personal Healing and 'The Healing' I am seeing and understanding more that it's not actually about setting out to 'fix' myself, to heal myself of all my wrongness, afflictions, and compulsive needs, it's just about accepting that I am as I am, that I am fucked in all these millions of different ways; and all how being so fucked, makes me feel; and expressing all those fucked up repressed feelings that I've kept in from day dot not being allowed to bring them out.

I am now more resigned than ever to my doomed fate of fuckedness. I can't change myself 'for the better', and what the fuck is for the better anyway, I can only keep going trying to 'bring it all out', which is still trying to 'bring myself out', the true fucked me



that I am; and in doing so, slowly an increased acceptance comes and I lessen my fight against it – against myself, accepting that I am as I am because God wants me to be this way, and it's not wrong as such, as how can anything God wants be wrong; although just to confuse everything, it is wrong, it's very wrong being a fucked up expression of the Rebellion by Default; and it all makes me feel bad and I still hate it, not having got to the level of self-acceptance to love it – yet that Marion is at and more so each day... and will I ever get there?

My fog of the past year seems to have lifted somewhat, my memory is shot, I can hardly hold onto anything of the past so I'm driving Marion even more mad, but as the fog is clearing so is my angst about all the inner conflict to do with my Healing, my possibly being an Avonal, John and Pascas and 'when is it all going to happen', and will it, or won't it, and when will I know for sure, and when is my Healing going to end, and why can't I have a say in my own fucking life being able to change all the shitty parts I now see about myself, and all the rest, which because of my shot memory, I've probably forgotten.

So I am 'going with the flow' more, no longer fighting myself so much, feeling still completely bored and fucked off with everything, still having more Avonal thoughts raining in on me, still with Marion saying adamantly she is not and laughing at the sad joke that I keep living believing that I am. Still, I no longer care, I'd be quite happy, so I felt today, to just suddenly feel like I can't physically go on, to lie down in the bush on my walk, to close my eyes, to feel cold – or warm if the sun happened to come out,

and to let it all go and never get up again. I don't care if I finish my Healing in the flesh or in spirit. I used to. I used to want to finish it before I died, feeling I would have been deprived had I died before it finished, my ego wanted to say and show how great I was 'doing it all in flesh', yet now having worked through and expressed all that out of me, I don't care.

And increasingly, going around in yet another level of the same circuit, I feel like I am done with my physical life, there is nothing here on Earth that I want or want to do. I have wanted to do so much hoping my life would one day actually get going, a la John etc, or living at Narooma and helping the man breed Australian Bass to repopulate the southern waterways, but now I don't care. I feel like I've moved through all of that now. None of it do I want to do, so my life here is over other than just still working on my Healing. That is all I am doing. The Bush Bank (native plant nursery), living with Marion in Ventnor, going shopping for endless things for her, eating too much and all the rest is just part of my doing my Healing, as there is nothing else now.

I am giving up my life, it's not mine anymore in the sense that I believed or thought it was. It's God's. I am one of God's creations, just like all other creatures, and created to do what God wants; and as I want to do God's Will, so it finally feels good that my controlling mind aspects which have prevented me from feeling this way, are finally fucking off, so perhaps something is changing after all!

I feel my Healing is coming to a close, I will become Celestial, and possibly still live on Earth. And I don't want to do anything. I don't want to 'convert humanity', I no longer want to teach everyone about the Truth, or The Healing, I don't want to do anything. I no longer care if humanity carries on forevermore in its rebellion; I don't care, although I'd feel sad, if humanity killed all the creatures and ruined nature, or if it killed itself. I don't feel like I'm part of it anymore, Marion never has, yet I have always felt I want to push back against the wrongness and do something about helping to end it, but now I'm as Marion is, and I don't care about it anymore. I am not looking for the perfect relationship on Earth, nor even waiting to have it on Earth, I don't even care about feeling loving or loved, I don't want to have anything to do with it or anyone, I just want to keep doing my Healing.

And lately I've been feeling: if I am the Avonal and are to Avonal along with John and Pascas, then that is all God's doing – what God wants. So if God wants me to 'be the Avonal' and 'do all the Avonal things' then that's up to God, and not up to me – as if it ever was! However I did believe I had some sort of say in it, but now I feel it will be just a technical carrying out of God's desires, be that doing healings, revealing Truths, earthing the Law of Compensation, those being the three areas I've been the most focused on as if I am being 'prepared' for such a 'mission'. So if the mission is to go ahead when I am Healed and Celestial, then I will be doing it as if I am no longer of the Earth but coming here to do what God wants me to do to it.

Anyway, sorry Nanna Beth for going on, however I do love turning it all over with you, for the record, if for nothing else.

Nanna Beth – 3rd Celestial Heaven: It's my pleasure James, to be part of it, for us to play our small roles watching it all unfold for you.

James: I felt today that were I not the Avonal and finished my Healing, how I am currently feeling, I'd not want to be like you and in the Celestials 'working with humanity', I'd want to push on to Paradise, I feel like I've well and truly had enough of being part of or dealing with humanity – was that how it was for you toward the end of your Healing?

Nanna Beth: No James, I couldn't wait to become involved in 'helping humanity' particularly when I came to fully appreciate what that 'actually entailed'; that being, with you and Marion coming, and it being such a rare time in humanity's history. And none of us want to push on as you say, all in good time, however other spirits have felt as you are, and have and are pushing on, not feeling the need to have anything further to do with humanity on Earth or in the Mansion Worlds. And with all you've been through James, it's totally understandable that you've had enough, our Healing wasn't as involved as what yours and Marion's have been, ours was to ascend up through the Mansion Worlds and then for the rest of it to happen as we settled into our Celestial way of life; however for you and Marion, and it's the same for Samantha, you're doing it all in your physical life and that involves a lot of hard work, so we empathise with you for feeling like you're exhausted and at the end of it.

James: I wonder how the strain of all the emotional and psychological stuff doesn't kill our physical bodies, we are so full of continual aches and pains, everything seems always like it's on the edge, threatening to break down, for us to fall apart, for something 'really bad' to finally go wrong and we'd be too fucked and having to live out the rest of our broken lives in some home for fucked people. And yet amazingly we keep getting up in the morning, as Marion says, her pain and demented states keep taking her to the edge of breaking point forcing her to beg the Father to stop or to ease off and give her a break, and it happens, and then she moves onto other feelings and it all just keeps going. She says she has to get to the point of begging Him as that's all part of her self-expression, having to forcibly bring herself out, to make Him – someone – pay attention to her, to pay attention to the pain she is in, because no one ever did.

Nanna Beth: That's right, that's how she is to do her Healing, whereas it's slightly different for you James, because your parents did pay a distorted attention to you, unlike Marion's who treated her like she was nothing more than a machine and getting angry with her when it/she didn't work properly; with your parents pretending you were something else, a sort of weird or bizarre extension of them, hence you are all part of a collective 'we' with little individuality that any of you focused on or made anything of.

James: I'm going to jump about Nanna Beth because I want to include various other thoughts, and I now have limited time before I start to fade, so I'm sorry if I suddenly change the topic on you.

Nanna Beth: Not at all James, just go where you want and I'll move with you.

James: I've been watching more Youtubes about Prophecy and the End Times and I understand now that the only way the so-called 1,000 years peace is to come about, other than wiping humanity all but off the face of the Earth because of a sudden cataclysmic Pole Shift, as with so few people left alive I imagine it would be rather peaceful, would be to have 'earthed' the Law of Compensation.

I realised that, what Jesus says in the Padgett Messages, we're of the image of the Father, that means we can die a physical death as

Law of Compensation

well as die a spiritual death. So we all understand that our physical death will come within say a hundred years, whereas we don't understand that our spiritual death might come after thousands of years' time in spirit, but it will surely one day come, as he points out to James Padgett. And that's because all in Nebadon (local universe), all in Orvonton (super universe), is to at some point in the future become Divine, and when that happens, all that's not divine, so far as ascending mortals and spirits are concerned, will cease to be, hence the need for us to partake of the Divine Love. So I'd not seen it simply as we can potentially die two deaths, or we can have one death and never die again, because of partaking of the Divine Love. And I know it's nothing really new, however it struck me

today as being rather fundamental in our understanding about our lives in the physical and in the spiritual.

Nanna Beth: Exactly James, and having tens of thousands or hundreds of thousands of years of spirit life given to you before such an end, wouldn't necessarily make you worry that your spirit existence is going to run out any time soon, however as the 'ancients', the older spirits from the olden times who are still living their traditional ways in the mind worlds, or even ones that have 'modernised', will tell you, it seems to them like only yesterday when they were alive on Earth. So conceivably, within a blink of an eye your spirit time might be up, and then what do you do, cease to be? So there is some urgency to partake of the Divine Love, however as you understand, as with everything, you will do so when it's your time for that; and really we wonder would our Mother and Father leave anyone right to the end, leaving them to 'expire' and cease to be without ever wanting Their Love? We don't know, we've been told things, but it's too far in the future, and really by the time that future arrives, we'll all be well on our way to Paradise.

James: The Jews want their Moshiach, their Messiah, to come and be the King of the World, it and he not really being a spiritual thing. They want their King David to descend in a way from Heaven, to bring Heaven to Earth, so Marion says, just as do the Muslims want their twelfth Mahardi and the Hindus and Buddhists want their 'Chosen One', just as the Christians want Jesus to come and take them all up into Heaven. So really I suppose, the Jews see themselves as being the Chosen Ones who'll have Earth to themselves, it will be their world, with the others at best being subservient to them, and with the Christians having nothing to worry about as they will have all gone to Heaven. So the Jews want Heaven on Earth, the Christians want Heaven in the clouds with Jesus somewhere, and everyone is happy, everyone else left on Earth being slaves I guess to their Jewish masters, hence all the shit about the New World Order and One Religion, which really is the Jewish religion, with anyone who disagrees with that being annihilated by God at Armageddon.



"Chosen by God,' eh?
— What's the catch?"

I don't really know if this is right, however I've not extended my thoughts along this line before, and quite frankly, to live on a world that is completely run by the Jews is not something I'd be looking forward to. They are too controlling; or it's just that having not grown up as part of that control and seeing myself in the light of being one of their Chosen Ones, I don't fancy being a slave for them. So a Jewish Earth?, nah, not for me. Nor either a Muslim or Christian or Hindu or Buddhist or anything else Earth for that matter.



I SEE SHEEPLE

So for me, the only way the 1,000 years of peace can come into being would be for the Law of Compensation to be earthed to the degree at least of including the levels of the two Earth planes and the first Mansion World – so, is that what's going to happen?

Nanna Beth: Yes, as you've been instructed to do. Only an Avonal Pair has that sort of spiritual authority, to change the whole spiritual structure and nature of a world – to change the spiritual laws. So what's been going on in your head James concerning such things is all part of the preparation you are being put through to consider just how you might go about it.

James: But it's not up to me to do, I wouldn't know what needs to be done!

Nanna Beth: Not up to you to do now in your Wrongness, no, and there is no way you could or would know what to do and when to do it, however it's assuming that you would only 'enact' such an undertaking when you are Healed; and then being in your true Avonal state, you would know what to do, when and how to do it, it all being, as you also understand, completely what the Eternal Son and Infinite Daughter along with the Mother and Father would be asking you to do. And although in theory They could of course initiate such a change in the spiritual structure of a world Themselves at any time, that's not how They do things, instead delegating it to their Sons and Daughters, so that's the Avonals in our case. So as much as the Avonals would initiate The Change – yet another 'Change' James – of course they'd only be carrying out the desires and instructions of the Eternal Son and Infinite Daughter, and all through, and with, the Divine Minister and Her attending Angels.

EnAct

CHANGE

So when the time is for you to carry out such an act, you will make the necessary announcements 'to the world' (how and in what capacity that might be), and so IT WOULD BE DONE, and the world would never be the same again on the spiritual level. And so everyone on it would have to comply with the Laws of Compensation to the degree of your 'earthing', as determined by the ES and ID and all carried out by the Divine Minister, which would quickly 'usher in' the 1,000 years of peace. And so 'heaven' as in a 'slice or part of heaven' – some of 'heaven's laws', would come to Earth, and not quite like those students of Prophecy would be expecting.

Law of Compensation

James: Because no one would then be able to cross the line, hurt anyone else, with everyone having to be good and think well of another, just as it is in the First Mansion World. Which would still be a mind-contrived 'love', 'niceness' and 'kindness', it not actually being true and based on Truth; however still it would be a hell of a lot better living in a world like the spirits do in the First Mansion World, at 'peace', even if it is still all only peace within the Wrongness.

Nanna Beth: And it is James. Waking up in the First Mansion World, there is a whole different energy, a peace, a different feeling to it, and everyone, all the spirits, are so nice, loving and kind. And even though one comes to understand that it's still just applying the mind along those lines instead of along unloving, unkind and unhelpful ones, all because no one wants to incur the pain and 'wrath' of the Law of Compensation, it's still a breath of fresh air, to feel secure within yourself in the world, to no longer be frightened of what bad things someone else might suddenly do to you, because no one does them anymore. And it takes some getting used to, but if you are of sound mind relatively speaking, you quickly do, as I did, and you settle in, and life is so much better, Earth looks like the most scary place in the whole universe compared to the place and 'love' and acceptance in the Mansion Worlds, and you wonder how you did manage to survive there for as long as you did.

So as you are seeing and thinking about James, were you to introduce such an all-sweeping, all-consuming and massive spiritual change to Earth, were that possible, as we don't know because we've never seen it before, and were you the one to do it, then things would dramatically change on Earth. And then, how fast would you make such changes, how much pressure could wayward humanity deal with? A lot of mostly well-meaning people would be fine, like how it is for most of us well meaning people when we arrive in the Mansion Worlds, with a few minor adjustments being made, but over all a huge sense of relief being experienced that 'God has your back', that you can finally trust and rely on God to 'look after you' because no one will be

**GOD'S GOT
YOUR BACK!**

able to hurt or harm you as they'd instantly suffer such trauma themselves and even possibly before they got to the point of openly inflicting it on you.

James: Yes, life as we currently know it would pretty much be over in many ways, which wouldn't be a bad thing, and I can't see many people would complain about it, perhaps other than the people who need to hurt others to gain a sense of power. And it sure would be a full end to the Rebellion and Default, humanity would not be able to take it further, nor would they be able to default or rebel again, not unless at some future point the Law of Compensation would be lifted.



Nanna Beth: That's right. So there might be a lot more to the End Times than those people wrapped up in their beloved religions might think.

James: So the real Messiah, as such, are the Avonals, and they'd be bringing from Heaven the Law of Compensation, along with the truth of how people can once and for all Heal themselves – live true to the Law of Forgiveness, together with longing for and receiving the Divine Love.

Law of Forgiveness

Nanna Beth: That's right. So it's not that Jesus as such or anyone else will be descending out of the clouds, but what Jesus represents as in a high spiritual light and higher spiritual truth will be revealed and Earthed, as in the nature of your writings and the truths you and Marion are living, along with the earthing of the higher spiritual laws. So Jesus is merely symbolic as such, although also confusion exists within the symbology, because it's not actually Mary M and Jesus, it's the Avonal Pair and the 'earthing' of their Spirits of Truth that is to underpin it all, being supported on the mind levels by the 'earthing' of the Law of Compensation.

James: And concerning the earthing of the Law of Compensation, will it only be inclusive of the First Mansion World – what about it going higher, and earthing it to include all seven worlds?

Law of Compensation

Nanna Beth: That's not for me to tell you James, something for you to discuss with Zelmarnia and Zelmara, they'll tell you about that. So as to whether it will be earthed in stages, and when should it be required to include the higher Mansion Worlds... perhaps the inclusion of the First Mansion World will be enough for the Avonal Age, enough to at least start with, as it will be a huge change for humanity to live with.

James: So you're saying, without saying it, that the full earthing of all the Mansion Worlds on Earth is for the times of Light and Life?

Nanna Beth: Yes.

James: And that to subject the whole of humanity to all seven Mansion World levels at the same time might be a bit stressful?

Nanna Beth: It would be counter productive. We of humanity James, are spiritually fragile in our nearly being devoid of any real spiritual substance and truth, we are not like you and Marion and able to take

on a vast amount of Truth and readily apply it to our lives. Certain people, a few, a small minority, like Samantha is showing, might be able to deal with a lot of it, but not the bulk of humanity, it would all but crush them under the spiritual weight of what would be asked of them, it would crush them spiritually, turning them further against themselves.

James: And what would happen if I didn't want to do it?

Nanna Beth: You'd be taking humanity into another and far worse Rebellion. You can discuss that with the Melchizedeks as well. I don't think you'd be able to say no to the pressure within your soul, for a Paradise Son, and it would have to involve Marion as well, you'd both have to do it, and to go against your heart would cause too much damage for you to carry it off. I think, off the top my head having not having thought about it before, that the psychic damage you'd do to yourself to derange yourself to that degree would render you unfit to live and carry on any semblance of normality within the rebellion you'd have created. And so I'd imagine it would be too much for humanity to deal with as well, they'd be psychically crushed as well. I don't think it would work out too well for an Avonal Pair to rebel.

James: Thank you again Nanna Beth, as always it's good to discuss it all with you as you always give me more to think about. I thank you again so much for that. I'll go now, I'm tired, I'll think through what we've talked about and I might get back to you.

Nanna Beth: As always James, I'll be here.

Continued

Tuesday, 2 April 2019

James: I love that you're always there Nanna Beth, always so attentive and informative, the complete opposite to how my parents were.

More stuff about all of this came up in the car this morning. I now love these longer drives, talking with who I don't know, but no longer care, it's just a 'Voice' in my head, which varies and sometimes I recognise it's you. It seems like you all have a say, along with the Mother and Father, the Father more lately, and I just go along with it. I used to agonise over who was who and making sure I was talking to the right person, all thanks to Gran's crap, but now I don't care having brought all of that out.

Still it comes out of me, all my repressed shit, and still I am getting closer to seeing the whole truth of myself; I had a great dream this morning that helped me see how hurt the men in my early life made me feel – hurt and hatred of them up until now I've known is there, yet I'd not been able to get in touch with it. So I'm appreciating how the Healing slowly changes me, adjusting me so I can see more of my shit: I see / feel some of it, and then that moves into being able to see / feel more, and so the circuit goes.

So I was thinking more about the Jewish control, I don't know what to call them, Jews or Zionists, the hidden controllers, and I'm accepting and expressing more of my hatred of Jews which I never knew I had in me. It's incredible how it works, all the Jews I've met I've liked and they've been more than good and supportive of me, and yet increasingly I've been feeling how much I hate 'Jews', these things I don't even know what they are! But it's hatred from dad, that much I know, because



he always had a hard time dealing and competing with them in the Melbourne real estate market, they I think being far tougher and smarter in business than he was; so with his hatred being envious of them

and feeling humiliated by them. He only complained about them a few times, and yet I feel like I'm a secret Hitler in disguise ready to turn on the gas to get rid of all these so-called Jews – the evil ones, the most hated and despised, the behind the scenes controllers that are wrecking everything for me in some way, that they are ones who are preventing me from having a good life, any life, they are stopping me from getting the good deals through, they being so bloody difficult to deal with, and unless you're one of them, you're on the outside, which I'm sure is how dad felt being on the outside of his own father's life, and so consequently how he treated me and made me feel.



So here I am working through and bringing to light this suddenly intense hatred for the Jews coming up in me, they being this fictitious person-thing that is controlling the world and making life so much harder for everyone – me. And yet it also appears like its true, as some of them are behind all the troubles of the world.

I was thinking in the car about how the Prophecy has been set up, with the Father saying to me that the hidden controllers and everyone else involved are themselves making the prophecies come to fruition, they being like messages given so long ago containing instructions for those people now to follow. So they are to set about bringing to light their Messiah, they are to organise who he is to be, to pick and train him to carry out his life fulfilling the long ago Prophecies. And to pretend it's as if it's all ordained miraculously by God, and that those people of long ago could somehow tune in on what God had planned or could hear what God or an angel told them about the future; when really it's just the Evil Ones setting it all up with the help of their fallen angels that could see into, or have knowledge about, some of the future.



So they craft this book which everyone is to believe is prophetic, when really it's just an instruction manual people are to follow, and so it's all centred on the Jews making them feel special and calling them the Chosen Race because they are capable of carrying out the instructions. So now they are to make the world do this: the world is to have a Great War with 6 million Jews being 'sacrificed' by the other Jews running and financing the war, all so the world will forever feel sorry for them, giving them without question whatever they want, giving them their 'Homeland', stealing it from the Palestinians, and then causing the world to have another even greater Armageddon, in which the Jews all but perish, so it would seem, but in the last hour they get the Americans, or do it themselves, activating the earthquake technology to blast the invading Muslims destroying their enemies, saying, wow, look at the Hand of God fulfilling Prophecy, we turned on the switch and our 'God' did what was said in the Bible would happen, and so we are really the Chosen and Holy Ones, and now look, here is King David, and we can build the Temple and get rid of that Muslim rubbish, and peace is ours on Earth, we being the God-appointed Chosen Ones because it was written by the Prophets all the way back then.

So why not craftily manufacture the whole Revelation and unfolding of Prophecy concerning the Jewish side of things, which is after all what the Jews are accused of, manipulating everything and everyone behind the scenes, to their end. So are they working a number on us all, 'All in the name of God', and then the whole world ends up being controlled by the Jews, or by those who say they are no longer Jews but still secretly are, and it's peace for a thousand years because they've got it all under control, even having hidden in their self-made or American-made caves and underground cities, popping out having survived the Pole Shift.

So they've got it all worked out, which means the Evil Ones had it all worked out, and what I want to know Nanna Beth, is how come the Evil Ones have obviously put so much extra time and energy into their 'Jewish' thing, obviously setting them up in this elaborate way to take over the whole world and survive yet another cataclysmic upheaval? Why not just put the Jews in charge from the beginning if they are to achieve that; why this long build up from thousands of years ago, with some people saying there weren't even any real Jews all that long ago and that more recent people calling themselves Jews have pinched and adapted the long ago writings to suit their ends? And if it's such a big deal now, what happened to those obviously quite advanced civilisations that built the pyramids and so on, why weren't they Chosen to be the Ones living through to this and subsequent Pole Shift ages?



And why the focus on the 1,000 years as that being of peace when surely the whole next Pole Shift age would be of peace with the Jews in control, unless others rise up to confront or over throw them after a thousand years?

Nanna Beth: It's because the 'energy' of Earth, the physical laws governing the planet, weren't previously at such a stage of development so as to carry off such a plan. You see James, the world has been evolving on all levels all the way along, with the Pole Shifts just being one of the vehicles to help that evolution. So even though on the one hand it might seem like the Atlanteans were more advanced in some ways, having access to magnetic and anti-gravity laws and other phenomena that currently humanity during this Pole Shift age doesn't have direct access to, those civilisations were still on other levels, such as religious, and in other technological ways, psychologically, and even spiritually to a degree, primitive, so without the ability to survive and continue through the severity of the Pole Shifts. They could leave a few signs but they couldn't survive, they weren't evolved enough to, and neither were many of the creatures and other things to do with the world. And the Evil Ones knew this, it's how it is on all evolving worlds, with the various humanities all having to work their way progressively this way and that carrying out the evolutionary plans and mandates of their respective worlds.

So the world and humanity was ready for the race of Chosen Ones, which the Jews represent, to be used by the Evil Ones to achieve the necessary control needed to carry out more far reaching plans by the Evil Ones. However the current Pole Shift age has needed to also evolve to where it's currently at, the Jews couldn't do what they are doing now at the beginning of, and all the way through, this age, and the Evil Ones understood that, and so knew that they'd have to wait to the end of the age for their Chosen Ones to effectively 'come of age' to be able to 'pull off' all the dirty work being asked of them. So that's why you are still seeing this aspect or part of the Rebellion and Default, coming rapidly to fruition, only sadly for the Evil Ones they are no longer around to see it. And yet still their systems are in place, and the people are in place who can carry out their plans, and so still it all continues to unfold.



James: But surely the Evil Ones knew an Avonal Pair would one day come and fuck them up?

FOR 200,000 years ALL SCRIPTURES are the WORK of the REBELLIOUS LANONANDEKS:

The rebellious Lanonandeks from within our local universe are these soulmate pairs:

THE EVIL ONES



Lucifer pair

Arrested and imprisoned 26 CE



Satan pair



Caligastia pair

Arrested and imprisoned early 1990s CE



Daligastia pair



Nanna Beth: They did, however they believed they could deal with them when they appeared, they could make things so bad that even they would not be able to deal with and heal on a circuit level all the problems of the Rebellion and Default within their life time, for a full healing of the Rebellion and Default needs to be done in one life time by the Avonal Pair; and that their Chosen Race would soon put an end to them by substantially distracting them or simply by killing them, just as they did by dealing with Jesus and Mary in their way.

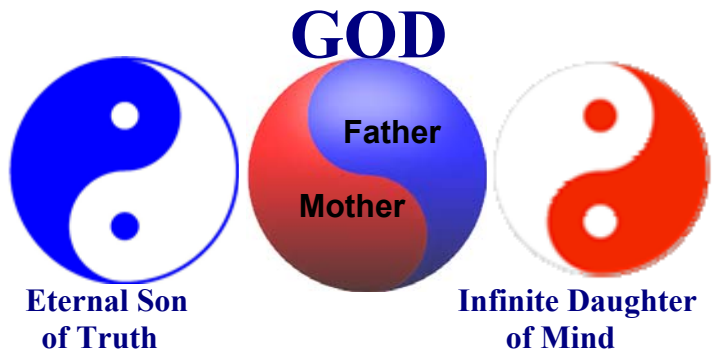
James: But I don't believe they could have underestimated the whole 'power' of the Avonal soul, they would have been schooled in what it does, in that it is the only way rebellious worlds can come to be brought back into harmony with the greater universe.

Nanna Beth: They were surprised Jesus and Mary came, freaked out entirely believing their end had come, and yet even more surprisingly, Jesus and Mary didn't entirely stop them. They stopped the Lucifers and Satans, however the Caligastias and Daligastias were free to continue. So they believed in some way they too could deal with the Avonals when they showed up, as they'd dealt with Mary and Jesus – getting rid of Mary and Jesus was – so they believed, of course all their own doing, it not being what Mary and Jesus or the Mother and Father might have wanted to do, such is the ego and arrogance of rebellious ones.

James: Okay, and we've talked about this before, so it was a shock when the Avonals suddenly appeared and stopped the Cs and Ds. And so because they didn't know anything about the Avonal bestowal, nothing about it was put in Revelation or other Prophecy for them to work with. Still, what's to stop the hidden controllers to discover, assuming I am the Avonal and I like women, to set me up with say a nice Russian alluring Jewish woman, who comes into my life on the pretext of wanting to do her Healing, only to stitch me up or knock me off? I like allowing my woman-fantasies to run amuck, as you understand?

Nanna Beth: In the context of all of this, it's a valid point James, to which I will counter by saying she will not come to you in that light. Firstly, being Healed, you will not feel the same fanciful attraction to such women; and secondly, she wouldn't get a foot in the door, because once you and Marion are fully Healed, then you both personally have 'lowered the Law of Compensation', so it is instantly applied; which means, should anyone seek to even contemplate harming you, let alone the physical destruction of you, then that person or persons will be 'struck down' by the Law of Compensation hardly able to function anymore as all the pain of that harm they were wishing to inflict on you would become inflicted instead on them, with their angels making it happen, leaving them in no condition to approach you, to seduce you with any feminine charms, or to plot blowing you up from afar. And then, as we've talked

about, that personal relationship with the Law of Compensation, because through your Healing you have fully settled it within yourselves, will be imposed on humanity when the time is right, by you and Marion carrying out the dictates of the Eternal Son and Infinite Daughter. And when that happens, there goes all the plans of the Evil Ones, all the Jewish control and anyone else seeking any sort of control over nature or anyone else. And as we talked about yesterday, then it will be like a ‘blanket from heaven’ will descend over the whole world – the whole of humanity, and a spiritual blanket – bringing with it a sense of peace as everyone instantly becomes subjected to the Law of Compensation to the level of the first Mansion World. However up until that time, so the plans of the Rebellion will move toward fruition, with we Celestials mitigating some of them, those we’re allowed to interfere with as you and Marion progress in your Healing.



James: Another thing that occurred to me on the drive this morning was that Mary and Jesus interfered with Marion and I in as much as not allowing us to be subjected to the full force of the Rebellion and Evil Ones, to remove the Lucifers and Satans and lessen the blows of the Caligastias and Daligastias, and I felt a bit pissed off by that, let down and disappointed that we couldn’t have been subjected to the full fury of the Rebellion and Default, sad that we’d missed out – yet another thing denied me. And even though I don’t know that I’d want to be subjected to the full force of the Evil Ones, having them in my head badgering me all my life trying to turn me against myself like they did to Eve and Adam, would be very trying, still I wonder if I would have been able to stand up to it, to still Heal myself, or would I have failed. So I feel like I won’t ever know what I’m really capable of and would I have stood my ground against the full force of Evil and not given in? And I feel disappointed and even hurt that I’ll never be able to test myself to my fullest, as I would have had to have done had Mary and Jesus not come first.



THE EVIL ONES

This brought up lots of different feelings and thoughts for me, and I don’t think I can type them all out, I just wanted to mention it, as it was a surprise to me thinking and having such feelings along those lines.

Nanna Beth: I understand James, and it’s natural what you are saying, to be fully tested as you say, however as you also understand, and will become more aware, it’s not actually about being tested as such because your soul, none of our souls, need such ‘testing’. It’s just as it is, and so in fact it is an added joy to you to be able to work so closely with Mary and Jesus, to be able to share with them the commonality of you both coming to the same world and playing your parts. And really they left as much as they could for you and Marion to work through, so you’re not that deprived. However, as you can speculate in your mind, you’ve only had us ‘good spirits’ supporting you in your mind, and how would it have been had you had the full craftiness of the Evil Ones and fallen angels continuously in your head, how would you have been able to grow up fully within the Wrongness and with them continuing on and adding to your parental control, as they’d have not left you alone at all, provided they’d have known right from the start that you were Avonals, as that truth might have been kept from them from the beginning. So there are other permutations to it all, which you are working through in your mind; and what I can tell you, is that in

PARENTAL CONTROL

future, it's conceivable that other Avonal Pairs will be subjected to the full veracity of such a Rebellious situation, and one that might even be worse with a full rebellion by the Adamic Pair rather than just a default, and for them to have to work through all the wrongness themselves as well as having to deal with all the direct interference of the attending Evil Ones. And yet still, as we understand the nature of the Avonal soul, that is what they are designed to cope with, so no level of rebellion would be able to stop them, just as it hasn't affected you. You and Marion are ploughing through it in no uncertain terms, and although you have your moments of feeling lost and confused, really they are just more of the yuk coming up and periodically overwhelming you, however never enough to knock you off your paths.

yuk

And I can add, that's how it's going to continue, you'll not be 'taking any prisoners' as such, you'll both keep ploughing on doing what you have come to do, and if that includes destroying any power such earthly 'evil ones' might have, then so be it, that's what you will do. And the spiritual power you are going to bring to bear is mighty, to 'Earth' those levels of the Law of Compensation is far greater than anything humanity could ever come up with so far as 'destroying ones enemies'. And yet no people or no person is your enemy, you are here solely for humanity, to help everyone, even the worst most controlling person, to help them end being helplessly and hopelessly trapped within their wrongness, even if they can't see it nor believe they want to end it. So in the short term you might not get any thanks for what you will do – what you are doing now – however everyone will come to understand and be grateful to you both for 'turning it around', for turning them around, for stopping them continuing on in their mad rebellious rush to oblivion.

THE TURNAROUND

James: In imagining having the voices of the Evil Ones in my head, and in particular the hidden controlling women spirits, I can see that they'd key into the circuits of mum and Gran, assuming of course that I had the same parents, which I wouldn't were things that different; and yet working that scenario for the benefit of getting something of a feel for supposedly what I might have missed out on, and taking a huge liberty in thinking I can imagine such a situation, I can see that I'd end up rejecting the spirits as I'd reject mum and the other controlling women in my early life, because in the end, none of what they'd say would make me feel good. So I don't feel so bad now, I don't feel like I've missed out on anything like I was feeling.

Nanna Beth: It's not hard to extrapolate as you are doing based on all you've been through in your Healing James. So yes, when your soul said it was time for you to start uncovering the truth of your evilness, and so the truth of the evilness you grew up in and the truth of the Evil Ones perpetuating it on the world, then you'd start to feel bad in your relationships with them, and as you expressed those bad feelings, even if they worked to stop you doing so, still something or someone like Marion would be present to help you, and that would bring to light the truth you actually felt with them, just as it has and is doing now for you; and in the end you'd reject them, knowing why you are, just as you've rejected and keep rejecting your parents through your Healing as more truth comes to light. And all this concerning the Jews of late, is as you understand, a projection onto them of the hatred and rejection of you, all the hurt and pain your father caused in you. So your hatred of the Jews is a deflection of your hatred of him, which is another 'crafty number' he worked on you, just as you could attribute such a crafty manipulation to the Jews. So the Jews trigger your unresolved issues with your father, which you know and are currently working through. And we're taking advantage of that to further your soul education of your Avonality and what Avonals are all about.



James: I will leave it there Nanna Beth, I think I've covered my latest thoughts with you, and I can't write as much or concentrate as much with you as I used to be able to, I'm getting old... or is it that I'm just getting truer to how fucked I am being unable to cover it up as I did.

Nanna Beth: A bit of both I should think James. I'll be here if you want to keep going. Bye for now. And a message for John – Keep Going!

James: Thanks Nanna Beth. See ya.



BAD is GOOD

2 April 2019

James: John called wanting to know about 'Bad being Good' and would I please explain.

So as I said to him on the phone: If you take it from God that all God is, is Good, then how can anything be bad; so all that we call bad, must surely also be – Good, as everything is coming from God. Something the mind wrestles with and yet on a feeling level of truth is easily understood.

So our Good and Loving God puts us in the unloving shit making us feel very bad, all the while knowing that it's really good for us to feel so very bad, because once we've worked through all our bad stuff and horribly bad feelings uncovering the truth of them, then we'll see how marvellously good it has all been. That being what our Healing does for us.

However we are not to jump over the bad by using our mind to pretend that all the bad is really good. We are to stay fully focused on all the bad, because when we are in it and wholly feeling it, it sure is fucking bad; and we are to express all those bad feelings as fully as we can, all as we yearn and long and want to see and understand the truth of why we're feeling them. And the truth will come, and along with it yet more bad feelings; and so we are to express them, long for their truth, see it when it comes up in us, moving onto feeling even more bad feelings. And we keep going until we simply have no more bad feelings in us to bring up and find the truth of.

And when we start to get to that point, we find that because of the truth coming to us, a sense of comfort and wellbeing, an acceptance that all is and has been as it's meant to be, as God has wanted it to be, rises naturally and unforced, and seemingly, as with all truth, as if out of nowhere, within us. And the more we accept our self through our newfound truth, the more we come to appreciate just how incredible the whole rotten and bad experience has been. And then moving to even greater self-acceptance, all coming to light within us naturally through the truth evolving in us, and NOT through any contrivance of our

mind, to a point of feeling so good about it all, so good about feeling so bad that we're in love with the whole bad feeling experience of living without love, feeling it couldn't be better, and we love God for having subjected us to it.

And along the way, we can love God and hate feeling bad, we can hate God and hate feeling bad, we can hate God and love feeling bad, we can love God and love feeling bad, we can hate God and hate feeling bad, and we'll do it all, as our feelings will lead us all over the place, all to help bring to light more truth for us to see about ourselves, about God, and for us to live.

So it's a complete 'number' that we've been subjected to: to feel so bad and to hate ourselves, everyone else and God, to bringing all the truth to light of why we feel that way, and to gradually turn around through complete self-acceptance that that's all okay, it is EXACTLY as we've meant to be through each tiny part of it. And that in the end, it's all good, it's all perfect, we couldn't have been any worse or felt 'badder' than we had, it all being EXACTLY what we needed to experience to become the person we are, the very person our loving Mother and Father have created us to be.

So no matter how shitty, how bad, how much of a horror we might have been in our lives, it's all been EXACTLY as it was meant to be, so all the bad is, really all Good!

And another thing to add to it all: we believe that our childhood was bad or wrong for us, because mostly, those of us aware of it, it made us feel bad. And certainly through our Healing we are to fully embrace, express and seek the truth of why it did make us feel bad and why we feel it was bad, however it was also as it was meant to be. So it wasn't wrong, as in, we got a bad deal (although again if we feel we did get a bad deal we have to express those bad feelings), it was EXACTLY as it was meant to be – because it was that way! And it was exactly as it was meant to be because that's how God made it be for us, as that's what we needed to experience, all the full horror of it. And in the end too, we will end up loving how bad it was for us, loving how fucked up it made us and all the rest, even all the bad feelings we felt during it. All because they are us, and we end up loving all that we are – fully loving ourselves, so loving all the good and the bad, and in particular the bad, because it was all so bad.

BAD is GOOD

Graeme Bates: Hi James and John,

3 April 2019

This is one of the most difficult to understand docs I've read to date...it feels so complicated trying to explain how Bad is Good.

If God is only good (no bad at all) then everything God sets up has to be "good" for us to experience. Is that the gist of it?

However every time you try to put into words this concept it seems to go round in circles, and I think that is because it is a concept that the mind is trying to fathom instead, when we simply use our feelings to discern a truth it doesn't seem to be so confusing.

And further trying to explain in words how our bad feelings are really "good" for us to feel is a lot easier...now I'm confusing myself writing this interpretation...

And James, all those different scenarios you posed to Nanna Beth...aren't they all stuff in your head? Or are they sometime stuff you feel coming up as an emotion which needs to be expressed?

Particularly the whole Jewish thing.

So many people hate the Jews...me included...and is something that I "feel" because of my "father" stuff that he (and mum) controlled me which I hated and now I see how the Jews / Zionists control the world and so I hate ALL this control.

And is this a "universal" thing for all the non-Jews...they are hated because they are smart / devious business people and especially when they are the "money lenders" in their pawn shops (like the Rod Steiger movie) people who are desperate for money pawn their wife's ring so they can put food on the table and they hate the control the Jewish pawn-broker has over their lives?

I think I'll leave it there but I do know that this is a key revelation channelling James and thanks for baring all to help us numb-nuts...

Eme

3 April 2019

Thank you again for your edits, Eme.

And yes, that's the gist, God is good, God is ONLY good, God is Love – the Divine Love, so God is Perfect in all that God IS / DOES / WILL EVER DO. God can't be bad. God can't be wrong, God can't be all the negative things we attribute to God. God can't, but we, being one of God's creations, can. And we can because of various factors, one being that God starts us off in Natural love, and within that love we can experience true love or not true love – anti love or no love, whatever you want to call it... or just Hate. And being incarnated into a rebellious, so anti God world, we're up against it, we're inducted into no love. But we can still, within that anti love state, feel love, however its then for us to work out how true is that love, which you do through your Healing. And because our parents are god for us, they being our whole Universe when we start off, so for all intents and purposes being God too, we then attribute all we attribute to our parents to God. So we project onto God all that we are from our parents, so it gets very confusing. And to sort out that confusion we then have to go with it, bring it all out instead of deny any of it, which is hard and also confusing to do. And that leads us into our pain and bad and unloving feelings, which we don't want to go into, but we have to, all so we can end up seeing that really all our pain, bad feelings and any problems, come directly from our parents – EVERY part of us is attributable to them. We are our own unique personality, yet how we've been fashioned to express that personality is because of how our parents treated us, and both, full-on directly in each moment with them, and in the general environment they provided for us.

However because we're mostly refusing to blame and see how bad and unloving our parents where to us, so we remove the focus put the blame on everyone else, including God. But really it has nothing to do with God, other than understanding God is doing it all, God gave us the parents that would fuck us up perfectly as God wanted us to be fucked up. And our parents **Perfectly Imperfect** played their perfect roles. And once we're fully Healed and

released from the fuck up that we are, then no longer will be hate, blame and feel unloving toward our parents, because we'll no longer feel that about ourselves, and so no longer will we also feel it about God. So we end up fully loving.

We come out of the shit and we're fully loving, which then includes loving all the shit we've been put through and loving God for subjecting us to it, and loving our parents for doing such a good number on us. And we are then either of perfect Natural love – having done our Feeling-Healing, or we're of perfect Natural love and Divine Love, having done our Soul-Healing.

So in the end, all that was bad, still was bad, it's not that the bad is dismissed or wiped away or disappears at all, it's still as bad as it was, however because you're no longer of that bad state, so in your Healed state you won't feel bad so it will no longer be a bad thing for you. However if somehow you were to go back and put yourself back in it, then it would be still bad.

So in your Healed state, all the bad because of the Truth, becomes good.

Sorry for having gone on a bit about it but really Graeme it's not for you to understand anyway, so if it presents difficulties, don't worry about it. I don't expect you to understand all I write, and I only send it on because John wants it. But it's not for 'public consumption', it's to be archived in Pascas and not given out because most people wouldn't understand it. What I am writing, including all this about the Jews, the Avonal, Pole Shift, The Change, is to help me work through all my shit to do with my parents, using, because I project it all onto the world, things and people like the Jews. I don't even know if the hidden controllers are there, perhaps it's all fantasy, however as I hate the control, as we all do because that's what we've all been subjected to, so this is my way of working to bring to light all the controlling shit in me. And at the same time, if it turns out that I am the Avonal Son, then all of this is helping prepare me for that too. And if I am not it, then it's helping me understand just how incredible one's mind and its fantasies can be.

So I keep sending this with Nanna Beth and the other spirits because John started it and wants it and because I want to try and document a little of what I'm going through. Really if it weren't for John wanting it and encouraging the whole Nanna Beth relationship, I'd have stopped writing with the spirits long ago, being just focused on working through my stuff no longer trying to maintain some sort of written account. It's hard work writing it all and really most of my stuff is now about the difficult concepts that I think need confronting, which so many are hooked on, yet are mostly too difficult to grasp.

Marion doesn't write about herself and all she's going through because of her unloving parenting. To write about yourself means you think well enough of yourself to do such an egocentric thing, so you got that from your parents. Marion didn't get that, so there will be no written account from her. And that's because she is living the full denial of the feminine, so she has no self-esteem, feeling no one wants her, everyone hates her – all how her parents treated her. I got a little false ego love shit, so I can write about it big-noting myself saying I'm an Avonal and all the rest, and I'm grateful to you guys for wanting to read it and your feedback because that helps me with my Healing.

But really Samantha's personal account of her Healing is what is vitally important. She is doing in some ways what Marion isn't doing – writing it up for other's to read. And what she writes and how she does it couldn't be more perfect. I mean, how incredible for me to be given the most perfect example of someone taking all I have written about doing this thing called The Healing, and she showing it can be done and how you do it! So at least we have a full-on account of it. I can't write out my healing

experiences like she can hers, I'm not that good at doing my Healing like she can and I've got all this other mind stuff, whereas she is true in her feelings showing how in one moment she hates God, the next she loves God, then it's all tipped upside down again, she feels unloved and hated by God, then close to and loved by God, and all the while relating it all back to her parents and from her parents to God, helping her and the reader see how it is all coming from her parents, every bit, just as it's also coming from God. And she stays true to her feelings, they carry her along, she follows them, she doesn't try to control or overpower them, she submits to all the bad feelings working to express all her abuse. And it's an incredible document she is building, a small diary of her Healing experiences, and something that shows it can be done and that's what is really important. The Avonal stuff is a sideline in a way, and it's not to deflect or take away from or overshadow the Healing.

And what I want to avoid, however it's impossible, is for people to say: James – the Avonal, believes this: bad feelings are good, for example; and then because I am the Avonal, think they should live that, take it on, when they have no idea what it's all really about, and won't until they finish their Healing and have uncovered that truth of it for themselves. So I am giving you truths based on my own Healing, twenty-two years of it, stuff I've worked out for myself, and stuff you will work out for yourself as well through your Healing. So don't put yourself under pressure Graeme thinking that you have to know about it, tell other people, or because you are 'getting this from the Avonal' you have to keep up and understand. You don't, and I certainly don't expect you to. I'd be most happy if you said, I don't know, I don't want to know, it's too hard, but I like this James bloke, and Avonal or not, I like being involved even if I don't understand half of what he's on about! You are NOT numbnuts! And you are NOT expected to understand all the bits. And it's going to take a long time to grasp it all, it's taken me years of going over and over it all a million times, the spirits must yawn – oh god no, here we go again. But that's how we have to do it, a child does it, over and over until that part is locked in.

And there's already too much pressure, so I wouldn't stress if you can't grasp these things, and they do come to me in my mind and feelings, both usually, however I'm always being worked through such things, most of which I don't record and couldn't write about anyway. Marion and I haven't done anything else since we met other than just keep working on it all – that's our lives, we don't do other stuff, so we've had a lot of time to work it all through.

And perhaps it is all just my own mind stuff, you can't tell Graeme, you have no way of finding out for yourself short of asking a Melchizedek about me and all I rave on about, and as they are bit scarce on the ground, so all you've got to go on is your feelings about me and it all, and they will either keep you wanting to be involved or not, and you may even come and go. And all of it is fine by me.

And the last thing I want to say, is I'm going to keep working to stir up confusion concerning certain so-called 'spiritual principles' that form the basis of most peoples lives, spiritual concepts and understandings because I don't agree with half of them.

So to say God is love on the one hand and then God is the biggest fucking shit-head and I wish I could kill Him, on the other, is what needs to be done if that's how you feel. And if you feel: bad feelings are good, because how can anything really be bad if it's all coming from God, then that's another conundrum of sorts.

And what about fate, is everything predestined or do we have free will? We all desperately cling to the notion of our having free will, because if we don't, what are we, nothing but slaves? And yet what if in relationship to God we don't have free will, what if we are God's slaves – how does that make you feel? And yet when you look more closely at life, sure it seems like we have free will, and yet – do we?

And what about life after death, death being the big horror we have to face doing all we can to keep the evil thing away, and for a lot of people something far worse than their early childhood. And what about their childhood, making people have to confront the truth or even just consider that it was unloving and they might have got it all wrong?

These are massive things to have to deal with, including the whole notion of being indoctrinated into a Rebellion, and by Default, and that you are evil, and look at how unlovingly you've treated your own children and how much you've fucked them up; and the fact that you're trapped well and truly within your addictions, compulsions, your expression-denying beliefs and all your yuk perverted fucked behaviour, and you can't do anything about it.

yuk

This is all too hard to deal with using only your mind, and people will wrestle with it, debate it and all the rest, however none of it can really be dealt with until you do your Healing and work it all through and out for yourself.

So there is a lot to deal with Graeme, and as I said, you've got plenty of time, the rest of your life and ample time in spirit to work it out for yourself. And if you feel stressed and it becomes too much, you can yell and scream and accuse that James shit for screwing with your mind, bringing out as much of it as you can and longing for the Truth.

And with all this leftish Politically Correct rubbish, the whole freedom of expression is being further closed down, which one would expect as part of the End Times of the Rebellion. We'll all become nothing, dead all-but zombie people before we know it. And to say you hate the Jews or anyone else is a big no, and yet if we don't and aren't free to express ALL we feel, then we'll never heal ourselves. So being 'racist' and discriminatory and all the rest, we are all that, we all hate each other, we all pretend we don't, and covering it all up even more is only going to put more strain on people's systems making them get sicker quicker and more often, as they shut their feeling-self down even more. And so as I do at the Bush Bank, you learn to go along with it if you have to, I have to work there, I don't want to make everyone feel bad, so I play along, but I would hope with those people who want to be more feeling-expressive we can all say more what we feel to each other when we feel it.

I've gone on a bit of a ramble because of your email, it's always good to feel stirred up again. I don't know if I've said all I wanted to very well, or even what I was trying to say, but if you have any difficulties with any of the concepts, please ask; and also remember, please don't feel under pressure from me that you have to grasp them, not for my sake or for being involved with John and all the rest, it would only be for yourself and because you wanted to.



RELIGION of FEELINGS

WHEN YOU WANT THE TRUTH, THEN YOU WILL COME

Sunday, 7 April 2019

James: Hi Nanna Beth, I've been doing a bit of writing and have a little time before getting lunch so thought I'd 'tune in'. I read a post on a TUB forum, the one I used to like, and wrote a post to reply to the thread about Avonals, and the writing of it was good as it helped me understand more of the differences between Mary and Jesus and Avonals, but I didn't post it, I couldn't, and added more to it in my dreams and when waking up, realising that there's no point trying to tell anyone, even if they sort of seem interested in the same things.

And the Father was saying not to interfere with them, they will come of their own accord should they want the truth, and that it's not for me to try and seduce or convince anyone about the truth as I see it. So I won't. Other people can try and do that, but it doesn't work for me, so I only want to speak to the 'converted'. I feel weak when confronted with the strong belief system of the person I'm trying to convince is wrong and that they should see things how I see them. And on working through all the reasons why I think they should be as I am, all the shit to do with mum and dad and how they made me be and assumed that I'd want to be as they are, understanding I want to impose that will on others, na, not anymore. So if no one is ever interested themselves then I will come and go without a peep uttered, even though it's a bit late for that and I am still typing this and sending it to John. So, you know how it is, always a confused muddle.

Nanna Beth: I understand James, more for you to work through, always more, there's a lot to it, breaking through all the controlling circuits. And it's all good, we get a lot out of it, we the 'converted'.

James: Yeah well I'm happy you do, not that it does much good for me. Is there anything you can tell me about John and Crystal's latest happenings?

Nanna Beth: It's all going along well James. They are to continue following their inspiration along the lines they are going. Chipping away at the rock face, as others are doing the same from other directions. The hidden controllers are coming under increasing assault, they are getting more desperate feeling their power slipping away and so wanting to enact their End Times. A lot is going on behind the scenes, particularly now Tump and the Russian thing is over, he's hitting back hard at his enemies, many who are trying to jump ship offering information and help to his side, so the 'Trump Team' can hardly keep up with the outpouring of people ratting on other people, they having to sort through it all to see what is real and what they can do about it.

And it's all still moving toward the inevitable climax, this being the End of the Age, and what we're all waiting for, and all you saw and understood about the difference between the Creator Pair and the Avonals and the lack of information in TUB was all part of it coming to a head and an end. The Truth needs to be seen – revealed – that's what you and Marion are all about, seen and understood so it can be lived, the New and Living Way, as TUB puts it. So keep going, following the lead of your Indwelling Spirit as your mind moves from one subject to another. I know you still think it's all wrong, being so caught up in all the fantasy of it, however it is part of as you are, even through wrong, so it will be used to help you with your revelation.

James: Thank you Nanna Beth.

Feelings first

LIVE FEELINGS FIRST

FEELINGS FIRST For Kids

‘BRINGING DOWN’ the LAW of COMPENSATION

Tuesday, 9 April 2019

James: It’s a long one John, as you can see, lots of different parts in it. And I think it’s best to be kept within the ‘inner sanctum’.

James: Hello Nanna Beth, I want to talk more about the Avonal ‘bringing down’ the Law of Compensation as there are some parts I’ve not actually discussed with you and have been meaning to for weeks now, and as they are giving me the shits pushing and playing on my mind, so I will. Everything is giving me the shits I will add, because I feel like I’ve got to the point of not seeing the point of going on as I am. I feel like up until now there has been all the shit mess that I am for me to see, and mostly with Marion’s help, and I thought that in seeing it, uncovering the truth of all my fucked beliefs and behaviours that I would change them, however that’s been proved wrong. So I can’t change myself as I’d like to, so with Marion we go over and over the same old shit as to what I’m doing wrong, and yes, I understand it all now and why I am, and yes I so much long to be able to give up those fucked ways as they don’t make either of us feel good, but no, I can’t, and so fuck it, what is the fucking point of going on repeating the same old shit and never being able to get anywhere with it.

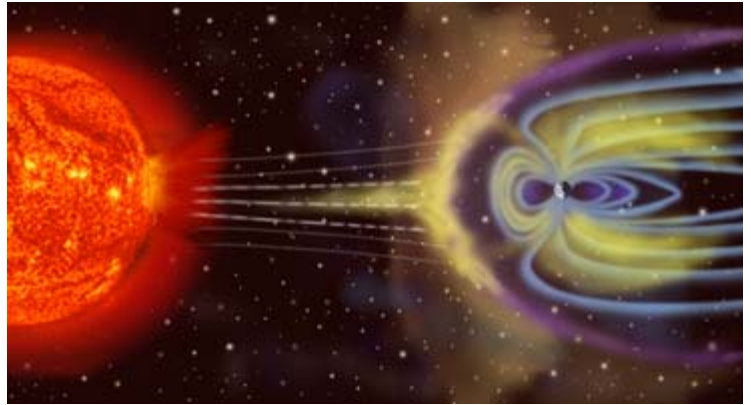
Law of Compensation

So in my personal Healing I feel like I’ve got to a dead end, and now with all this Avonal stuff I want to ‘turn over’ with you today, I feel like that’s the end of the Avonal stuff too, as in trying to work out what it’s all about. And although I’ve got a couple of more movies in my head, I’m not writing them because fuck it too, what is the point, just more of the same shit. So I’m about had it with everything that I am and so wish it would all roll over or I would transform into being another way so I can live another life. This one from my parents is shit, yes, I understand that now, anything that was any ‘good’ has been erased as I’ve seen it for the bad that it really is. Everything about my life, about me, all that I am is unloving, full of shit, a waste of space, a fucking disconnected fantasy, all impersonal rubbish that needs to be thrown in the bin. So I am fucked off – still more repressed anger to express, and I would if I could throw all of me in the bin, writing myself off as a failed attempt at being a person, a bad joke, fuck you God, end me PLEASE!

So having got a little of that off my chest, what I want to talk about is this:

I've been watching more YouTubes about the cataclysmic Earth changes and love all these people who have gone outside the accepted standard bullshit-box and examined and thought through all the weird stuff that no one in my past wanted to touch. And as technology gets better, so they are bringing more to light that is disputing the accepted norms, and I very much appreciate these people with open minds who are able to take it all on, they are a breath of fresh air!

So the latest about the Pole Shift that I've gathered is that it's caused by a micronova event from the sun, or on, or in the sun, I don't know how you relate to it. Anyway, I still don't see how that comes about, and who does, and why a Pole Shift seems to happen at the same time and are the two related, which David Montaigne says they are because of the galactic wave hitting that causes the Shift and micronova event, yet there also seems to be many other factors these people are bringing to light.



Anyway, again, I will keep working on that, I won't ask you which is it, as I don't really care how it all works, but these guys seem to be saying that Pole Shift / micronova events happen with different intensities. The Shift is the same I guess, the micronova different, and the two together producing varying effects on Earth. So a bad 'Event' like the last one nearly 13,000 years ago wiped out every mammal over 100 pounds (45 kilograms) according to one American scientist, and most of the human civilisations, however that might have been an extreme event, whereas most of them are still bad, yet not that bad, and with usually a greater percentage of humanity surviving.

And that's sort of how I've been feeling lately about it, that yes it will happen, and possibly around that 2046 time, however it won't be so catastrophic, at least not enough to wipe us back to the stone age. David says huge waves wash over most of the Earth wiping everything out, whereas this other guy says that that's actually impossible even if the spin of the Earth came to zero and started again in the opposite direction, but yes the sea levels would rise and slosh around but not necessarily that much. And then to add to the mix, it's also possible that because of this, other comets and meteors get stirred up and they hit the Earth causing other extreme waves and so on, yet all variable in their size and extent of damage.

So why I'm writing all of this is to say that I feel better about Pascas and all the rest in that if that's going to happen we might have a few good years before the Shift, of which we can prepare for the Aftertimes with the Shift possibly not being as damaging. It might be worse of course, however for it to be not as bad as last time makes me feel better about why an Avonal Pair would come and the Rebellion end at this time, say rather than just before the last more extreme Shift when most of humanity was wiped out. So a lot of humanity will be wiped and changed yet enough will remain so as to begin the Healing work on themselves and on humanity as a whole through the 1,000 years of the Avonal Age.

And having said that, there is still conjecture that even though by all calculations we're overdue for the next big change, still a change might not happen for a 1,000 years, so if there is no Pole Shift and we just carry on as we are, then the Avonal stuff will be presented with humanity possibly being given 1,000 years in its worst state to deal with it. I don't know, as I said, and I'm not going to ask you because I know what you'll say.

Now back to the ‘Earthing of the Law of Compensation’, and with my Avonal hat on, is that going to happen, is this what all this ‘preparation’ or fantasy in my mind is all about, the Earthing of that Law to some extent?

Nanna Beth – 3rd Celestial Heaven: Yes.

Law of Compensation

James: Okay, so that Yes is as it always is, subject to change as I grow, but still, I’ll go with that for now.

Nanna Beth: It’s all you can do James, it’s all for you to work through, as you understand, all of which is part of what is evolving you to this state of feeling completely fucked-off with it all, because that’s how we are all to feel about our lives in the Rebellion and Default. They are rebellious lives, so when you uncover the truth of them, that truth should make you feel as unloved and unhappy as you feel, as you’ve been made to feel, and so you should feel as you are feeling. It would certainly be a worry were you to uncover the truth of your Wrongness and feel good about all the badness that you are in that all you want to do is keep being bad and keep subjecting yourself and everyone else to your rebellious will. And you/we have to all feel just how bad we feel being of it and how really bad we felt being subjected to it through our childhood.

So all the hopeless frustration you are feeling James is exactly how you are meant to feel – there is nothing else to feel! And as you are coming to understand, you are leaving all the good feelings, leaving any chance of becoming Celestial, leaving the nice thought that as you progress, progressively you will change from being and feeling bad to being right and good and feeling happy and loving. Put all of that on the shelf and knuckle down into uncovering the truth of how you really do feel, which is the truth of your rebellious self; see that first, and with nothing in the way of it, no fantasy that you are changing, that you are getting closer to becoming Healed and a Celestial, just try and face and allow yourself to be the cold hard truth of how you are – unloved and unloving and with no hope and no way of being anything else. Because that is the truth of the Rebellion and Default.

REBELLION & DEFAULT

They are a closed system and once you’re of it, that’s that, you’re of it, as we’ve all come to understand. And so we will be of it until God through our soul decides otherwise, which as you intellectually understand is when you’ve seen the whole truth of how fucked you are, when you’ve seen it, and more importantly, FELT it all and felt how it all makes you feel. And that part you are still to experience. However to cling onto it hoping you are getting closer to it and wondering why you can’t see any positive signs of change in you, is only putting your mind onto other things and the future and so using it to keep you from feeling the full horror of your bad feelings.

James: As usual Nanna Beth, you’ve described it all perfectly, that’s where I am and how I am, and I’m slowly coming round to seeing it like that.

Nanna Beth: And as you know, I can only describe it based on all you’ve lived and how you are seeing it, so I’m not actually saying anything more than what you’ve been seeing for yourself, just putting it in my way using mostly your words and English expression.

James: Okay. So this Earthing of the Law of Compensation, is it going to happen in stages or in one go?

Nanna Beth: That's for you to work out and come to understand for yourself James.

James: Alright. So if it's in one go and depending on how much of it is Earthed, it could cause too many people too much trauma, they'd suddenly be plunged into the 'hells', so into a hellish state in themselves and their lives and that might cause too much distress for themselves and other people and family with them and the whole world to deal with at one moment. And yet, when we die and are moved to the relevant hell or place for the Law to do its thing, we aren't given much time, if any, to prepare.

Nanna Beth: That's true James however the rest of Mansion World One is working fine and understands and is geared toward New Arrivals having to face and live the Law working its way upon them. Whereas you say, the world wouldn't be ready or able to deal with such a thing, and also for us over here, all the 'bad ones' are literally removed to the lower Hell Planes, they are not all mixed in as part of the local environment, so you'd have to allocate areas of the Earth for all the 'hell people' to go and live, providing them with all the food and resources they'd need, so as to 'do their hell time'. And I don't think you'd be able to prepare people for all of that should the Law be quickly Earthed.

James: Yeah, I've been thinking about that too – The Law is Earthed on such and such a date and suddenly people driving in their cars, flying planes and all the rest are plunged into a psychic crisis rendering them 'locked away in hell'. And possibly such people would just have to be dumped or left to rot because who'd be able to, or even want to, look after them. And then they might need housing in all the various hell prisons in isolation or together, as spirits have told me about the hells over there, and so who'd decide that, we'd not have (or would we), access to the angels that would organise all of that along with the extent of their suffering and all the different situations they might need to deal with the pain they are to go through.

But then again, even if the Law was introduced in parts, growing in intensity, still those people suffering ever increasing amounts of pain would have to be dealt with. But possibly if some time, years say was given between each new 'instalment', other people, their family, the government might be able to accommodate them. I don't know and I don't know how far to go with trying to work it all out like this – even if I should bother at all.

Nanna Beth: Which is all part of what you have to work out for yourself James. So as you are doing, you try a bit, see how that makes you feel, if okay, then you try a bit more, if not, you back off – you know how it is.

James: Yes. Another part which is related, is the miraculous healing side of things, and again, assuming that too is going to happen, should that be introduced gradually or quickly, to balance the Law being Earthed and to put everyone on an even footing like how it is when we arrive in the Mansion Worlds. However I have been leaning toward say healing young children and animals first, the most helpless, and then working up from there, so at some point giving everyone the option of having an 'amnesty' of sorts from their pain. I have had images of everyone on the world on a certain day being 'healed', a huge angelic healing wave washing over the world, yet with everyone knowing it's just all for a day, all to be healed which will remain healed, yet with new illnesses after that day continuing on as before. And all knowing this is not a true healing as in healing one's childhood repression and doing their real Feeling Healing, that it is just a sign that God is real and is considerate of everyone's pain, and as things are changing and coming out of Rebellion, so this sort of thing is an example of what we can expect when we are truly Healed. These things roll around in my head, and almost to the point of dementing me as I work through all the scenarios, considering pros and cons, and all bringing me to the point of laughing at the absurdity of it, of even considering such a thing as a momentous healing wave.

And what's been playing in my mind of late is what if not everyone actually wants to have all their pain removed, what if some people want to remain in a bad way, there's an autistic woman who comes to the Bush Bank (native plant nursery), and not that I've broached talking with her about her being autistic and would she want to be healed if given the opportunity and be 'normal', but how she is, she seems like she's very much in control of herself, far more so than I am, and dare I or anyone, even perhaps God, interfere with that! She bit my head off for asking her what else she did, accusing me of being the third person that day that had asked her THE SAME QUESTION! Which she graciously condescended to answer. Sorry I asked, I thought, I didn't mean to interfere with your solitude. So what might I be doing asking the angels to heal her, it might be the worst thing she'd want, yet, would it be up to her, what if God said she were to be healed – so many things to consider.

So I've been thinking, well of course that's all too much for me, I, perhaps naively, thought everyone would want to be healed, but many people have grown up not knowing 'the other way' and being suddenly healed might be very traumatic for them for their families and carers... but then again, it's going to happen to them when they die, and yet perhaps dying being as it prepares them for their new way, so to suddenly be healed on Earth by an unseen angel might not be the same thing.

It's big of me I know, however I'd have to leave it up to God, which of course I would, with the angels knowing who to heal and by how much and all the rest, as it's not as if I am the one who has to deal with every person passing judgement on them or deciding whether or not they should be healed and to what degree. And should it be just physically healing, emotional and mental ones, psychic ones, does everyone become instantly perfect and equal to the first Mansion World level for a day, as I imagine most people would fade back into their pain as it reasserts itself? And I don't see the value of having everyone healed forever on Earth, unless we are all to be brought into alignment with the first Mansion World at an appointed time or over a period of time so everyone is healed, as that certainly would be peace on Earth for 1,000 years or so whilst such conditions remained.

And that would be in keeping with the Earthing of the Law of Compensation, so are the two, which you'd imagine would happen, to get earthed and happen at the same time, all to bring Earth into the condition of the first Mansion World? So with everyone's rebellion being buried to the degree of the first Mansion World, with everyone no longer physically suffering and being nice and friendly to each other using their minds to relate in a false loving way, all still a contrived expression of the Rebellion and Default just like I understand it to be on the first Mansion World, and yet still a hell of a lot better than how it is now.

Law of Compensation

And yet changing humanity on Earth so drastically, making everyone 'be nice' and covering up the more raw, basic and putridness of how we are, might be a bad move, perhaps it's better that we on Earth remain in our raw fucked states without all the extra cover-up and niceness that the first Mansion Worlds' live? I don't know. Is it better to be true to expressing our yuk or using our minds to cover it up more, making it even harder for us to see that we are so fucked and need to do our Healing? And yet that's what all who arrive in the first Mansion World have to deal with, and so why not just earth that to Earth and we do it sooner rather than later?

YUK

So these are just more of my ramblings Nanna Beth. I could go on, but I think you get the picture, you knowing it better than I do anyway as to what's been going around in my head.

The only other part I'd add is I've been having lots of mocks of making announcements to humanity about it all, about what's happening spiritually, how things are going to change, when the changes, as in

the healings and Law being introduced, are to happen and so on. I always love feeling so important in such fantasies, so they are good fun, but exhausting because no sooner do I start out giving one announcement and it leads me into seeing other things I need to consider, and the announcement grows and grows and often to the point of confusing myself, let alone the listener, and so having to stop, think about the new stuff, and then start again. That's what I do on my walks, sitting on the couch, driving in the car John, just in case you've been wondering what I do with my days now I'm no longer writing. All of this stuff is too hard to write, it reams effortlessly through my mind, easier than a dream, all with it making the necessary adjustments as things occur to me or one train of thought fizzles out or merges into another. Bob (my Indwelling Spirit) is incredible, as I tell him, and we discuss as well, just how he keeps 'feeding' me all this stuff, which he laughs at and increases the volume and intensity of it all.

I've just had a pause and made lunch, during which Marion was saying that it's about becoming absolutely true, true to ourselves, true to what we are feeling, and when we are, then we'll feel good, as being true makes you feel good. And I was saying but what about still being in my fucked rebellious state, and she was saying that it wasn't about which state I was, rebellious or not, it was only about feeling good if that's what I felt, and being true, staying with those good feelings. And until I achieve or reach that state, then I have more to bring out and express of my bad feelings.

So the notion of being able to feel good, irrespective of whether I'm in a wrong or right state is new, in that up until now I've always thought: that if I feel good and condone the bad state, then I'm feeling good about being evil, and that's fucked – isn't it? But as she points out, it's not about the state, that's all just mind, it's about my feelings, you feel good or bad, and if you are true you will feel good, even if you are true to being in a bad state. So I am now 'positioning my mind' to see if I can ever get to just feeling good, and feeling happy feeling good because I am true, even if I am still in my rebellious state, focusing solely on the truth and not worrying about which side of the right or wrong fence I'm on. And if I get to the point of feeling good, even if I am still bad, well hey, as she says, you'll feel good, so, what would be your problem! And then I wonder, well in that state I'd be more how I was as a child and how the creatures and nature are, just true to whatever state I'm in, and then it's up to God via my soul as to whether or not I remain in my bad rebellious state or move perhaps into a good Celestial one, one that will allow me to match my good true feelings with the state I'm in. So that's where I am currently Nanna Beth.

Nanna Beth: Which is perfect James, as that's how it is. I know with your mind it can be hard to understand, however Marion is not looking at it with or from her mind, so she can and does cut through all of that staying wholly focused on her feelings. So she feels what she feels, irrespective of the state she is in, wanting to be true to those feelings. And if anything interferes with that, which hers and all of our minds are so heavily conditioned to do, so she will work to express that interference, which really is all her bringing up and expressing her bad feelings.

James: Yeah, I can see what you mean, and that is exactly how she's always been, and how she can keep going day after day just paying attention to all she feels, whereas I'm all over the place in my mind working out how I think it might be, should be, is going to be.

Nanna Beth: All of which you've needed to do James, there's nothing wrong with it as that's how you are and how you've been made, just as how she is how she's been made, and both ways can help each other get to the truth and to live true and to end up expressing feelings with the mind coming along behind putting all the feelings into their right context.

James: Marion and I just had a heated discussion about how our relationship seems to have reached the same point as my Healing and the Avonal stuff, that we've done all we can do for each other so far as helping each other working our shit out. I might be pre-empting this of course, however it's all coming together or seeming to reach a plateau as I was saying to John.

Thank you Nanna Beth, I will leave it there for the time being, I think I've written enough about all the Avonal stuff that's been in the back of my mind. John just called and reminded me about what happened to Crystal the other day and so I will add here his email and would you please comment on it.

“REBOOTED”

Monday, 8 April 2019



John: Hello Kathaleen

You previously intimated that Crystal was to have an elevation of sorts and that the process would generate some dizziness – well she feels that she has had her system ‘rebooted’! To recap:

PERCEPTION to be ENHANCED Tuesday, 12 March 2019

Kathaleen: John, you can tell Crystal that we're going to increase her perceptive ability over the coming weeks. She'll be able to guide and 'see through' more of what Joe is telling her and she'll also be picking up more from Helen and the team of advising Celestials she has permanently with her. It's as if she'll be able to see / feel / sense along certain 'streams of thought' deducing certain things, as if she's able to see fine filaments in the air that she can pluck out of the sky that will help her with the direction she is to take and what she thinks about all she's going through as in all the different conflicting parts and the people involved with them. And this will help her move through what's coming, which will be even more intricate and involved understanding of what's happening and with whom, through Joe. And she might feel a bit dizzy or overwhelmed by the volume and at times flood of 'insight' coming into her mind, however not to worry, it's just for her to deal with it the best she can and once she's slept on it, it will get sorted out and make more sense the next day.

As Joe is mentioned back then, it is clear that he is now most comfortable and not distressed through communications with Helen, there is a harmonious interaction and not the fatigue that previously occurred. To which we are most thankful.

This Friday, Helen had suggested to Crystal that there was nothing more that she could presently do and that she should kick back and rest her heals for a few days!

Now, all of what Crystal can remember about her Saturday afternoon (6th April) is what she has is a photo of the bunny that she was looking after and a text message. She has no idea what happened. For about three and a half hours or three hours up until 5.00pm on Saturday all is lost. Even the phone clock was off by three and a half hours. She has forgotten her Saturday afternoon but she still did things.

Apparently she reset her bank account password several times and downloaded a movie which is on her computer. She has a wooden spoon in a place in her kitchen which she has no idea how it got there and so on. She was home all Saturday afternoon.

She absolutely lost any idea of the time. That is, she had to find a clock that would tell her the time AND she had to find a calendar to find what day and month it is.

Crystal has been through a 'reset' – a 'reboot'. She feels that she is now not in the world – now above that world at 30,000 feet. Now everything that is going on in the world is irrelevant, it is all white noise. Trivial things were irrelevant to Crystal before, but now all that is happening around the world is just white noise and of no consequence.

Today is better, last night was difficult – it was just the strangest thing. Today she is very slowly reconfiguring – complete disorientation – now re-establishing – now everything is in a different perspective.

What does this mean please?

What was done to her please?

As Pauline Hanson once said – please explain?

Also, could your report on the meetings that were to take place over this past weekend in Germany and London please?

- The Rothschilds
- Kohler German group meeting
- Barrister Reynolds with Simon's proposed lawyer

And is David Higgins lurking around please?

That was one doozy of an experience for Crystal.

Nanna Beth: It was an experience for you Crystal not unlike John's 'Burning hat band' as he and James were talking about. It was a psychic (more a sort of one on more rarefied spirit levels and not a future psychic sort of thing) shift in you that's taken place, sort of removing you from your normal reality, like you say, feeling like you're 'above' it all, yet you'll come back to Earth and with a much heightened potential for further greater expansion of certain parts of your mind, those that include: intuition, being able to sense more of what's going on behind the scenes, able to penetrate deeper in thought into complex issues, seeing what other people are missing, and able to work more easily with Joe and Helen understanding how to nurture and be sensitive to Joe more. And he will feel more settled, relaxed and comfortable with it all, with you really, because you will sort of be making him feel that way, yet all on more subtle levels – the psychic, unseen higher spiritual levels where you meet with and relate to Helen.

The experience was designed to break down other controlling parts of certain beliefs, which you might not become specifically aware of, however it will allow you to pick up new ones and to alter, add to and subtract from, existing ones. That side will be more subtle, yet something that'll be needed for you to keep allowing your mind to expand, accept and be open to what is to come, which is all the 'weird' information that people will 'throw' at you, most of which will be rubbish needing to be sorted through so as to keep staying focused and keep those people focused on what really matters.

Any worries about the experience as in what might be happening to your brain, you should express to Helen, and not so much looking for her to give you answers and to comfort you, but just to have someone who will willingly listen to all the bad stuff. So just tell her, speaking out loud or in your mind, expressing any fears and worries about any of it, personally or about the work, at any time.

The meetings that were taking place Helen will fill you in on, we'd prefer John if that all stays between Crystal and Helen. It's a very special relationship they are building, and one that is to have far reaching consequences for Crystal, and not just for her here in the physical but for her also when she comes to spirit. So the more Crystal can look to Helen for such information, the better, although at times myself or Kathaleen will come to you John and through you via James to Crystal for other things or to create a different perspective.

And David Higgins is here or rather 'there' with you John, he comes and goes more now he's feeling better about himself and his new spirit life. However it's not a good time for him to speak directly to you now, possibly at another time, as it's more important for James to stay attuned to what we've been writing about as there is more things for him to see in all of that, even to feel he has cleared the air, and not get sidetracked by speaking with another spirit and what they are doing in their life. So I'm sorry about that. However when you sense him with you, when you sense any of us with you John, accept that that sense is right and you can speak and converse with us. Speak your thoughts to us in your mind and you'll sense / hear us respond and go with it, you'll be able to feel your mind interfering at times, but you can move it aside and come back to the feeling / sense as that's the part we connect with you through. You might even want to talk to your old Nanna occasionally!

I'll go now. My love to you all. Have no fear about any of it Crystal, you're in good hands and things will happen to you that are 'odd' however you're living under or within a special 'dispensation' granted to you because of your involvement with John and what you two want to do together. Bye now – Nanna Beth.

James: Eh, you can't get away with that Nanna Beth, please, more about this 'special dispensation'. I vaguely remember you said something about it or alluded to it a long time ago in reference to Crystal???

Nanna Beth: I can tell you more about it James as it is relevant to other things you are to consider.

Crystal, and there are others who'll be granted a similar dispensation, has been given one so as to effectively help you and Marion in the work you are to do, which involves being able to override many of the restrictions that would ordinarily exist between you and someone who is not spiritually progressed enough to work naturally with you. Because of the way things are owing to the Rebellion and how you and Marion have had to basically heal yourselves of it all alone, with only a handful of people being allowed to have any idea of what you are both about, and with only Samantha being on a true spiritual level to progress through her Healing to any degree to be able to relate more equally with you, so other people will need a bit of a spiritual boost, although the term 'spiritual' is not always correct either, however it will do for now.

For example, were an Avonal Pair to bestow themselves on a true world, then they would associate with people of the highest spiritual levels on that world, those who'd be ready to become Celestials having themselves worked their way up through all the seven Mansion Worlds uncovering the truth of themselves through their feelings before the Avonals arrival. And the Avonals would relate directly to them as those people would understand where the Avonals are coming from more so than a person who's hardly had a spiritual thought in their lives or one who's not advanced at all in truth.

Then on Earth, because you are all rebelling against the Truth, so to find a group of people who have managed to do their Healing and are ready to receive and deal with the Avonal Pair, is first of all impossible, because it requires the Pair to first complete their Healing so as to reveal the truths for those people to use to do their Healing. So the Avonals will always be miles ahead on a spiritual level of everyone on the world because of the limitations of the Rebellion and Default. And so on Earth, really if nothing was done, the Avonal Pair would complete their Healing and no one would be able to help them, and no one would be able to relate to them, so they'd basically have all but wasted their time as their revelation would not be received, as it was with the apostles back during Mary's and Jesus' time, which caused all the spiritual truths they taught to be lost.

So as that's not going to happen this time round, certain people have been chosen to 'rise above their spiritual status' so as to be able to work with and help the Avonal Pair when the time comes. And so for those 'chosen people' to be able to provide such help, they are going to be 'adjusted' in various ways at various times so as to be able to sort of step outside themselves, rising above what would have been their natural state, given a bit of a boost along, so they can at least relate in some way and on some levels to what the Avonals are talking about. And John, you Crystal, and Samantha have all been given such a boost. Sam's was to boost her natural spiritual inclinations into doing her Healing, which as soon as she started and cleared the first few mind obstacles needed no further boosting as she can do it all herself now, which is a tremendous effort. Crystal has been given certain 'boosts' to cope with dealing directly with Helen because ordinarily there is no way Crystal would be allowed to relate in such a personal way directly to any Celestial, without at least first being well advanced in her Healing and living with the Divine Love. So certain laws are overlooked, adjusted if you like, a certain 'dispensation' is applied, and so that's what this out of mind experience the other day was for you Crystal and others will follow, all to keep you 'tuned up' so to speak with what this is all really about, which, as you're coming to understand, is far more than just getting the money to pay off the unit holders.

And it's the same for you John, you needed a special 'boost' which was your Burning Hat Band experience so you'd be able to, open to and ready to accept all James was going to tell you, that which you're appreciating more so, now as you re-read the messages he and I wrote to you. And to be able to have this connection with me and our 'family of spirits' through these writings, something that again would ordinarily not have been allowed to happen. If you'd not have had that 'psychic expansion in the levels of your mind' then you'd have not been able to move forward so acceptingly with James as he'd have confronted too many of your beliefs with you both quickly reaching the end of your relationship, whereas now you'll be able to move on with him right to the end without any difficulty at all.

And I'm not to leave out you Graeme and Graham, you are not 'chosen' in that way as in needing a special boost, because you are both naturally spiritually inclined, it's in or part of the nature of your soul and so now that you've both 'found what you've been looking for' in your different ways, so your mind and truth will keep expanding enough to keep up with all James and Marion do, and most people who are and will become involved will be more like this and more naturally spiritually inclined. And at the same time it's not that you John and Crystal aren't so much, because you have had to be to get to the point of being able to 'take on James' and even have your 'boost', it's just that you've needed an extra boost because of the positions you are playing integral to all of this. John directly being the focal point with James, and Crystal with Helen being able to develop their relationship to the point where Helen can ask of Crystal that which she will want Crystal to do.

And I don't want people to think they are special in that they have had this special spiritual thing done to them, whereas others haven't, it's just that some people have needed a boost and helping hand to move them into the required position that will be asked of them. There is a tremendous amount of spiritual

light ready to be Earthed, it coming when Marion and James complete their Healing. And for those of you who are going to be more directly involved, then in one way or another, either naturally as an expression of your soul or more if you should need an ‘artificial boost’, or even a bit of both, what will be needed will be done, because the Truth has to be Earthed and the Light is going to be Bright.

James: I want to add this as an extra note from something Marion is saying. I have written that we’re to express all our repressed feelings out of us, and once gone, we are free of them and all their associated problems. However she is saying that we’re meant to have the feelings, which is why we’re feeling them, so we’re meant to have all our bad feelings, and that our Healing really is just our allowing ourselves to feel them fully, all so we can uncover the truth of them; so it’s not about trying to express them out of ourselves to get rid of them, as that in a way is just denying them yet again, but instead to embrace them fully, to fully allow ourselves to feel and be them, to fully experience them whilst we want to know why we are feeling them, what happened to us to make us feel this way; and as we do that, as we see the truth and come to know why we’re feeling it, then the feeling moves on, leaves us, and in the case of our bad ones, we’re naturally free of them.

PERCEPTION SHARPENED!

Saturday, 13 April 2019

John: Yes, Crystal’s perception has sharpened significantly.

Crystal lives in a building that is two homes, Crystal on the upper floor and the home on the ground floor was vacated so that the complete building could be sold. So basement, common laundry for both homes, then ground floor home and upper floor home which Crystal rents.

The lady who the complex was sold to bought it on the pretext to live in. She then renovated the ground floor home having provided a new lease for Crystal on the upper floor. The financing arrangements and governmental transaction fees were all based on the lady being owner occupier.

Never for one moment did Crystal believe this was so. The house was sold six weeks ago, renovations downstairs done and then yesterday a white guy moved into the ground floor home. This is a black neighbourhood.

She now has her new landlady on toast – the acquisition was processed on false pretences of owner occupier with lower fees and interest charges. Crystal never was going to accept the false perception of the lady purchaser moving into the home.

A NOTE RECEIVED

Sunday, 14 April 2019

Tom: “Our God does marvellous and wonderful things, albeit in His timing and in His way, but He never loses track of one tear shed or one word uttered in prayer.

“The Lord allowed me to participate with Him several weeks ago. I was nudged to pray for our neighbour across the street who had just been diagnosed with a very aggressive, nearly always fatal skin cancer (worse than melanoma, so she said). I prayed and asked the Lord to heal her. When I didn’t see her or anyone at her house for two weeks I wondered if the Lord had just taken her home, but then about two weeks ago she drove in the driveway, got out of the car, and raised both arms in triumph, and yelled, “No cancer!” She said they had gone ahead and done the surgery, but when they tested the tissue for cancer, they couldn’t find it anywhere. Mind you, these people are “culturally” Catholic and have no appreciable faith that I can tell. Nevertheless, God loves her and them and wanted to show His love for her in that way. All that to say, pray for Charles that God will “show off” in a mighty way, and that his faith will not fail.”

John: I love this term: “culturally” Catholic! That fits me to a T! Brought up in a Catholic family, both sides, went to a Sisters of Mercy school then to a Christian Brothers boarding school and then progressively lost all faith and belief in God. Now I have assembled possibly 50,000 pages detailing the greatest event in the history of humanity, the introduction to humanity’s next spiritual age, the Avonal Age, containing the greatest revelations for the ascension of humanity and what we have been wrongly entrapped into believing for the past 200,000 years.

All religious platforms around the planet refer to ‘Him’. Interestingly half of humanity is female. At gatherings of followers of religious groups you mostly see males, but half of the population is female! We are made in the image of God! So what of the female if God is only a male?

Our soul manifests two personalities, a male personality and a female personality. We are in the likeness of our Heavenly Parents – One Soul manifesting our Heavenly Mother and our Heavenly Father. God is both Mother and Father. Just like we each have a physical mother and father.

Women are generally closer to their feelings than men. It is through our feelings, not our mind, that we find truth. This is why women are our spiritual leaders. And this is why men have suppressed women.

Because we have been held in isolation from ALL high level spiritual guidance except from those who were assigned the jurisdiction of humanity on Earth these past 200,000 years we have ALL been subjected to the control and guile of the local universe Lanonandek leadership that rebelled against the Creator Son and Daughter of our Local Universe, Mary and Jesus. The Lanonandeks being Lucifer, Satan, Caligastia and Daligastia soulmate pairs have manipulated all spiritual writings until the end of the 20th century.

Natural love spirits have perpetrated Lucifer’s dictates by encouraging and supporting people on Earth to continue to expand on Lucifer’s errors. We are all supported to keep following our chosen path of wrongness until we say to ourselves; Enough is Enough and we reject such wrongness and commence to search for Truth. When we make this turn around then Celestial Spirits can work with us to spiritually grow.

Our parents did not have the support that we now have. The support we now have has only commenced to be progressively more available to us since the last decade or so, since the arrest of the Caligastia and Daligastia pairs in the early 1990s. We have all been infused with the norms and teachings of the

Rebellion and Default and we have been outworking them since our conception / incarnation, when we became individualised.

It is our childhood repression and suppression that is the underlying cause of any physical discomfort, pain and illness. Surgeons may remove parts of our physicality but they do not remove the underlying cause of any physical discomfort, pain or illness. Only we can remove the underlying cause by engaging in our Feeling Healing. This we all will do when we choose to do so – mostly when in spirit.

We now can engage in our Feeling Healing here on Earth and bring about a healthy body and live on Earth as a Celestial, should we so choose.

We cannot impose our will on another. We cannot heal another. Any healing that does manifest is in conjunction with what one's soul requires and is attended to by angels. We each have two angels with us at all times. Nevertheless, any apparent healing is temporary until we complete our Feeling Healing and when we complete our healing we will be in a Celestial soul condition – in permanent communion with our Heavenly Parents and that is through the fusion of our Indwelling Spirit with our soul.

Yes, we can talk with our Heavenly Mother and we can talk with our Heavenly Father which is something they desire. Reciting learnt words in repetition is pointless – do you talk that way with your own physical parents? In fact we can talk with any and all the mob that is with us all the time! Enjoy the interaction, it is amazing. These are amazing times.

And, yes, the angels record everything. In fact much of what we do is broadcast onto massive screens in the Divine Love Mansion Worlds and the Celestial Heavens particularly relating to the introduction of the Avonal Age.



In a way each person's Indwelling Spirit, which is really God, is contracting out the work needed to be done with you to other agencies, so to us spirits, the angels, the nature spirits, other elements under the Divine Minister's control, even other non-humanity spirits, all of which end up doing increasingly more amounts of what your Indwelling Spirit does. And this 'out sourcing' is to affect greater personality interaction, increasing your experiences so they are maximised through interaction with different personalities rather than just relying solely on God. We are overall to become increasingly at-one with God, but we are to do that by becoming increasingly immersed in the experience of being with others.

Nanna Beth – 3rd Celestial Heaven: 25 December 2018

HEALING

Tuesday, 16 April 2019

James: My latest summary about the Healing.

A woman at the Bush Bank (native plant nursery), possibly in her late thirties, said some years ago she'd been through intense therapy that took her deep into her early childhood helping her to see the parts within her that were wrong (she didn't go into details as we didn't have the time to discuss them) in her adult life caused from her early life, and that she used some sort of mind reprogramming technique to change the way she felt, thought and saw herself, her family, parents and the world, when deep in therapy, reversing her state of feeling always bad about it and them all, to feeling really good, without having had a problem since; and more importantly, being able to function much better in the world doing a job she loves, and in her personal relationships.

Marion was saying again how people like Alice Miller, and this woman at the BB, are only intent on fixing their problem so they can feel better having a nice and happy successful life, just as most people do by going quickly to the doctor and doing whatever it is to take their bad feelings away. Which we know, however I want to add more things that I've recently come to understand about the Healing and how some of my misconceptions about it have gone.

The biggest self-imposed limitation I put on my Healing and The Healing was I thought that as I progressed in expressing all the yuk out of me, bringing to light all my problems, that slowly as part of that progress, I would change for the better. So I'd be making myself feel better, I'd be becoming truer to my true, pure and perfect self, that which would be slowly coming into being as my old yuk denial self faded away, it being 'transformed' out of me, and I'd start enjoying life more by having more fulfilling and loving relationships, all reflecting the growing love in me because of the growing truth. And that this would be a natural progression up through the Divine Love Mansion Worlds, I'd progressively feel I was becoming less evil, sinful and conditionally unloving, and more true, accepting and unconditionally loving. So by the time I was at the upper seventh for example, I'd be feeling so much better about myself, feeling virtually free of all my yuk and having changed a lot into becoming more of my true and loving self. And I was constantly looking for signs, outwardly in my life and within myself, showing me I was on the right track and getting closer to becoming a Celestial and fully healed.

yuk

However now I understand that really this outlook and expectation was just the same as what most people have, that I was taking a 'Healing pill' and that pill was working, albeit rather slowly, to make me better. And even though my 'better' was different to most people who want to become better in the life they already have, my better wanting a whole new Celestial life to open up, still it amounted to about the same thing so far as the process and my expectations were concerned. So now I am realising it's not like this, it's not just about getting better and fixing myself up so I can function better in the yuk world or better in the right and true one. And that sure, the ultimate goal is to become true and so better and right and of a different truth to the untruth of our rebellious world, however not to look to or try to achieve or expect that ahead of time, because by looking ahead is not paying attention to what's happening now.

And although I've written this before many times and I'm still proving to myself through my own Healing experiences that which Marion and the spirits have told me, I am becoming more accepting and understanding that my Healing is not so much about 'healing' myself as such and how I've defined healing and expected my healing to be, but to just keep wanting to uncover and see and live true to myself, which currently still is, living true to my yuk state.

So as I've said before, so many people say they want to live true, and some even believe they are, however that's still true by living honouring all their unloving truth-denying negative patterns. So to truly heal ourselves, we have to live true to all how we are now, which means rigorously honouring and embracing and expressing – being – all our bad feelings, bad beliefs and behaviour and screwed up mind and way of being that makes us feel bad, all the bad stuff we don't want to know about. So to become true to the Wrongness we're in. And then, possibly, once we've done this, we might come to the end of our Healing and move – transform – into living true to that new true and loving state.

So accepting yet again, that I am of it, it's what God has made me, and so to not try and keep denying it. To keep trying to bring to light all the bad feelings being so fucked makes me feel, and understanding that my Healing is going to take me into all the places within myself that I feel really, really bad, because they are where I am the most traumatised and I have to see why I am and what happened to me to make me feel so unloved.

So now, were I to do my Healing, I'd be looking to work deeper and deeper, always deeper into my yuk, into my pain, wanting to bring to light all the reasons why – the truth – of such pain. And that my Healing wouldn't finish until I saw it all and had expressed all the agony I have been feeling, the trauma of when it happened to me, the trauma of living unconsciously with it all these years, the trauma of seeing more of it as I become truer to it. And that I am not wanting all my pain to go away, for it all to end, understanding that it and all my afflictions, difficulties, all how fucked up I am, has to remain with me, I am still them, right the way through to the very end of my Healing, because they all constitute who I am. And although of course in every moment I want it all to end, however also facing and expressing the pain of the reality that it's not going to end until I have brought to light every last part of it.

So along the way, I have changed, even healed some parts of myself, and I have brought out so much of my repressed bad feelings, yet still most of my anguish remains that I can't completely change myself and just be rid of it all, that I can't take matters into my own hands and do whatever to change myself out of the bad when I see that I am bad, into being good, because that's how it was for me when I was a child, I couldn't do anything about it then either. That I have to remain in and be true to feeling so powerless in my fucked up state until I no longer need to be it, and that I have no idea when that might happen.

I now would divide my Healing ascent of truth as follows, there being roughly three stages (understanding that this summation is still subject to change with my Healing). And to understand that as to how much time each person spends in each world is subject to their Healing and truth needs. Someone might spend years in stage 1 because there are still many other non-Healing things needing to be done and experienced, whereas someone else might move rapidly through it in a year or so because they have already done all those other things. And how long one stays in any stage and how long one's Healing takes (oh you're good and not very fucked because your Healing only took five years, whereas you must have been very bad because your healing took twenty-five years) is not a reflection on the person themselves, it's just how it is for them and what they need:

Stage 1: Covering the equivalent of Mansion Worlds 1, 2 and 3. Introduction to the Healing, and starting it. A general increasing awareness and education as to what it's about and what it might involve. An increase in the acceptance that it needs to be done, together with a growing desire to do it. Becoming more accepting of your bad feelings, and trying to, and with increasing success, go deeper into them. The beginnings of the Truth coming to you as a result of honouring your feelings.

Stage 2: Covering the equivalent of Mansion Worlds 4, 5 and 6. The guts of the Healing. Bringing to light the masses of deeply repressed feelings and growing in the awareness and truth of why you have

them. The deep exploration and scrutiny of every aspect of your life that you can remember with some forgotten memories coming up to help you. Working with your dreams if they are relevant and helpful, working to express every bad feeling you have whilst longing and begging for the Truth. Moving deeper into facing the unloving truth of your relationships with yourself, partner, life and family, particularly your parents. And this stage is in some ways the most gruelling and harrowing part of our Healing (although I think that term is somewhat subjective as all of our Healing is so difficult, all the different phases of it, so perhaps just difficult in different ways), day after day of the relentless onslaught of so many bad feelings surfacing and to be felt and expressed, breaking you down and bringing you to your knees, crushing you time and time again and with no hope, no light on the horizon, no hope of rescue, it all being ground out of you. (For me, this is how I experienced it, because I was so heavily not wanting to face any of it, let alone having to accept and try to express any bad feelings. For Marion, although it's been excruciatingly hard at times, which has been most of the time, still because she got to the point of knowing it was what she wanted, every moment of her Healing she has wholly and willingly embraced her pain and expressed her bad feeling, knowing that with every bit that comes out of her, that's a bit less within her.)

Stage 3: Covering the equivalent of Mansion World 7. I would like to think this is where I am currently. Most of my repressed bad feelings seem to have come out of me, or they are simply no longer in me, or I am not having to feel them anymore. I'd of course like to think they have come out. I still have moments of feeling the same old shit feelings, yet nothing like how it's been through the deeper parts of my Healing Years. The main feeling and emotion is anger, feeling still very pissed off for being in the bad state that I am and being unable to heal or change it. Angry with God for keeping me in my unloving state, angry at Them for giving me my fucked life, although this anger is interspersed with an increasing amount of acceptance of that's how it's meant to be, I am exactly as God wants me to be and feeling even okay and at times, good about that. Feeling that I am no longer focused so heavily on my parents and all the shit they put me through being angry with them and blaming them for being so uncaring and unloving as I did all the way through Stage 2. They are fading out of the picture, they did what they could only do, it's now all between myself and God.

This phase seems more about seeing and getting more in touch with all the finer details of my negative state, having brought to light the basic patterns and problem on all levels of how fucked I am, now it's all coming together as one big understanding and knowing that this is how it was for me and this is how I still am. And it's good, although still very hard, to connect with it all, to see and feel the whole picture of my fucked state, that being the whole picture to date, as there is always the feeling that it's endless as to how much there is to see and as to how fine a detail I will need to go into it.

And through this time I've worked on my fantasies and dreams to the point of evolving them to where I can't do it anymore. Whether it be sexual fantasies, the whole spiritual Avonal thing, and everything else that I have wished for and dreamed about, they've all reached a point where I can't evolve them anymore, because were I somehow able to, then I wouldn't be myself anymore. So I feel like in a way I've outworked my whole fucked state. And those parts I couldn't actually do in real life, I've done in my imagination, taken it all as far as I can. And I've also had more of the feeling of it coming to a close, however as to when that might happen is becoming more irrelevant as I better accept that it's not about it ending as such, it's still about seeing and connecting with all I am, it all showing me this is who I am, even though I am fucked. And ending my trying to run away and deny it, just being it. True to myself being in my fucked unloving state.

So as my acceptance of my being fucked and unable to do anything about it other than keep expressing all the feelings I can and keep wanting to uncover the truth of them, increases, I find myself waiting, waiting to see how the end will come, should there indeed be an end. I long for final resolution because

I want to know if this is indeed our Healing, and if there is an end and we can become Celestial as I've written about.

So our Healing is one long bringing to light the whole tragedy and trauma of ourselves. And not fighting it. Our mind wants ultimate control and has been put in the controlling seat, so to break it down and for it to give up its control is long and arduous and yet it's what has to happen. All so we can get to the point of where we are just our feelings, and just our feelings in our fucked state. So in our feelings of our fucked state we can feel how fucked we are, being absolutely true to those feelings and no longer doing anything to try and hide them, run away from them or prevent them. We have to be the little person we were from conception to the end of our childhood, feeling all the horror done to us and all how it changed and fucked us up, and being fully aware of all the ploys we've used against ourselves to pretend we weren't feeling as bad as we were, that we were loved when we weren't, bringing to light the full extent of our self-denial and corresponding fantasy life and beliefs that we are all right – when we're not.

Marion was saying that our first moment at conception is our worst moment. Then the next moment after that is our next worst moment, and so on throughout our childhood. And what we are to bring to light and feel the full extent of the horror of, is that first moment. That is the truth we are looking for, the whole truth of our fucked state being in the Rebellion by Default. So the long hard journey up through the seven Mansion Worlds as we 'do our Healing', is our bringing out into reality so we can see and fully feel, all that was 'put into us' at the first moment of conception. At least all that was put into us that was concerned with our starting off and growing up in the Rebellion, as I guess there was a lot more also put into us at our conception, that which we might gradually see through the rest of eternity.

So in a way I guess, our whole life in the Wrongness, including the healing of it, is our real childhood, it's ourselves coming to understand just what it was all about and how it affected us.

So now I would advise anyone wanting to do their Healing, to understand that it's about wanting to keep feeling as bad as you can, all so you can keep bringing to light what it's all been about for you. And to keep going expressing those feelings and longing for the truth of them, without trying to change yourself or do anything about. Just wanting to see and feel and be the whole truth of yourself, which currently whilst you're fucked and living untrue to yourself, is the whole truth of your unloving anti truth self, that which is a product of the Rebellion and Default.

IDEA

Tuesday, 16 April 2019

James: This is not to go into anything yet, any of your Papers, it's just for your consideration as something that occurred to me the other day which I'll keep in the back of my Avonal mind when I'm feeling not so bad and more on the side of it. It's just a few ideas jotted down, something to worked on possibly should things go ahead.

Idea. It came to me in the car as I was leaving Wonthagii. (Tuesday, 16 April 2019)

The New Way

- Small private discussion, informative and slight feeling-expressing healing groups by people wanting to understand what it's all about.

- No monetary set up as in people having to pay to attend or do courses; no paid teachers, all voluntarily supported by Pascas. (Should people want to pay and contribute to ongoing expenses, sure, yet no profit

incentive driving anything.) No Healing Counsellors or New Way Teachers who have ‘done the course’ and can charge money for their services.

- Groups discussing / teaching the truths of the Healing and everything else – Natural love. Separate Divine Love prayer groups for those people wanting to include God that way.

- Groups supported online, social media, whatever support required, including possibly financial, by Pascas. However it’s not for Pascas to pay anyone, and it’s to for people to ask for donations for their own financial gain. Nothing to allow people to gain power anymore than they will by using money.

- People in groups or group leader/s deciding how many feelings to be shared, how far to go with them, what level of allowing people to express themselves in the groups. Some groups might not want to get bogged down in the feelings of it all, so keeping it all on the mind level. Others might not see it as getting bogged down, so wanting to indulge and encourage bad feeling expression. And possibly places and people wanting to support other people expressing their yuk for much longer periods of time providing a lot of sympathetic support and encouragement to keep going bringing it all out.

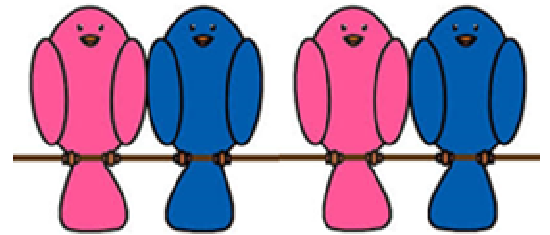
Yuk

- No ‘churches’ just many ‘Paradise Houses’ should a name be given. The New Way, Feelings First, Divine Love, being the adopted and preferred ‘methodology’ of the Paradise Houses.

TWO PIGEON PAIR

Friday, 19 April 2019

As the rebelling Lanonandeks, namely the Lucifer and Satan soulmate pairs and then when they where imprisoned the Caligastia and Daligastia soulmate pairs have had free range to carry on with the Rebellion with seemingly impunity it has taken two pairs Paradise Daughters and Sons to bring the potential of humanity to find its way home and recover from 200,000 years of erroneous beliefs.



Though the manifestation of Lucifer’s rejection of the leadership of the Creator Daughter and Son being the spiritual mother and father of all the worlds within the domain of our Local Universe called Nebadon festered and then took hold after 300,000 years, it is only over the last 200,000 years that humanity on Earth has been subjected to the full force of their Rebellion and even then it was a progressive development of the abandonment of Mary and Jesus as well as that of our Heavenly Mother and Father though it has been fully universal over these past 2,000 years.

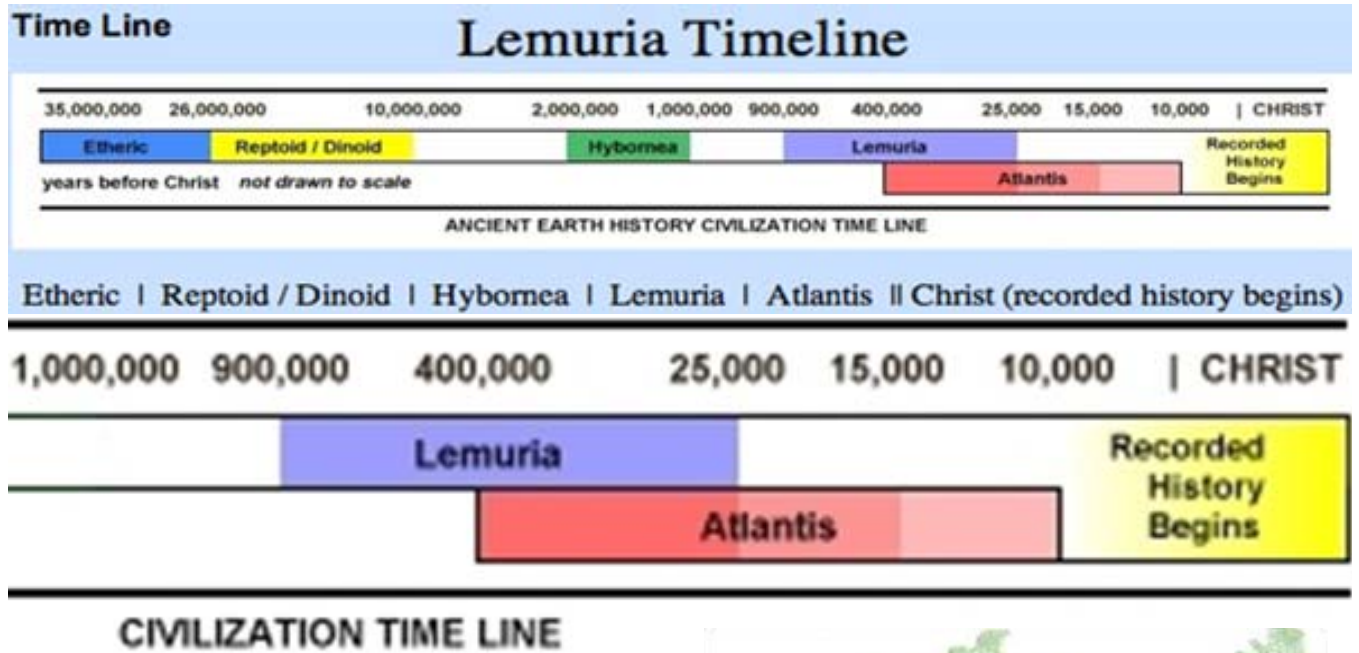
As Lucifer and Satan had free reign without any intrusion upon their activities, humanity has been subjected to gross intrusion upon their will. In fact humanity has been treated by Lucifer and Satan as fodder for their planned future expansion of their ‘empire’.

Due to the cycles of pole shifts resulting from periodic energy influxes throughout the universe and into our local solar system, Earth has been periodically subjected to



periodic catastrophic Earth changes of varying degrees resulting from these pole shifts.

Depending upon the severity, civilisations were marginally to almost being totally annihilated. Each pole shift has brought about a gross loss of life and destruction.



Time frames for the few past civilisations that we are a little aware of are very uncertain.

We do not know what civilisations that have come before us and have subsequently totally disappeared. Lemuria, also referred to as Mu, was in the Pacific Ocean basin and has submerged, mostly likely as of a result of a major pole shift as these events happen suddenly.



Atlantis was in the Atlantic Ocean. Atlantis stretched into the Caribbean and was considered to be part of what we know as mainland USA. It was the Atlanteans that designed and commenced the building of the Great Pyramids in Egypt more than 12,000 years ago. Like today, parts of humanity achieved significant technological development whereas others remained in a native primitive state.

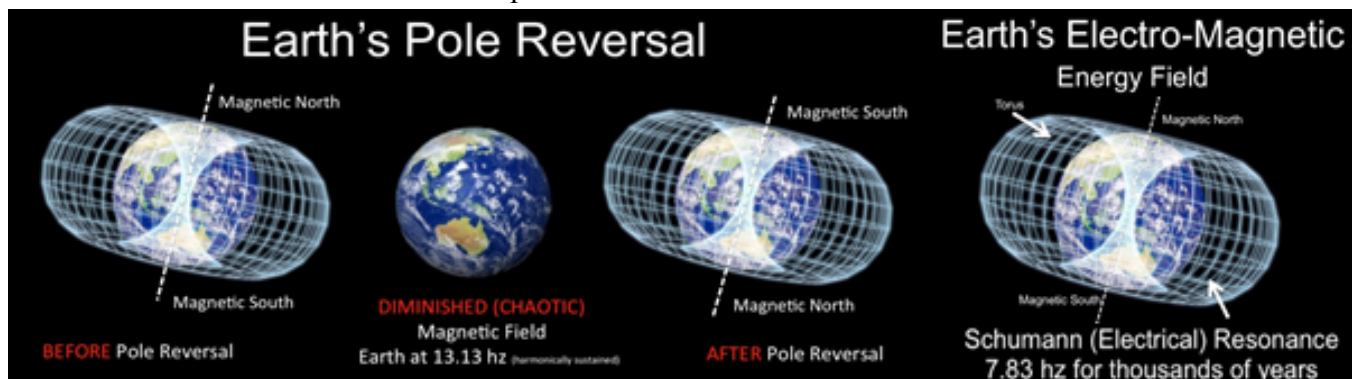


What is intriguing is the ancient map referred to as one of the Piri Reis Maps that show Antarctica without being covered by ice. It is understood that Antarctica was once populated unlike today!

When we reflect upon the numerous arrivals of civilisations and subsequent disappearances during our short recorded history then what we don't know about humanity's 1,000,000 year history is incomprehensible. Also consider that there are around 225 billion spirit personalities within the spirit Mansion Worlds without considering the smaller numbers within the Celestial Heavens and beyond.



The first man and woman to live having a desire for human perfection, namely Andon and Fonta, also known as Amon and Aman, lived nearly 1,000,000 years ago. Since that time there have been many pole shifts and catastrophic Earth changes bring about periodic significant reductions in population numbers and dis-continuance of developed skills.



With each major pole shift there is a major shift in the frequency by which the Earth functions. This brings about the end of most of the technology advances of that era. It is understood that the Atlanteans had technology that enabled them to utilise magnetics and gravity to move objects and to travel. This being only one of their sciences that humanity in this current era cannot replicate and utilise due to the change in frequency of Earth. As in prior eras, the development of humanity was not universal, many remained in primitive or native like states as is the case in this era. However, that does not diminish one's potential one iota! Our soul will come to shine through and our true potential is beyond our comprehension as humanity is still worshipping its mind and carries on life in a stupor accordingly. Our minds cannot determine truth from falsehood and our minds are addicted to control – we are living the wrong way. We are to live through our feelings, our soul based feelings and have our minds assist in what our feelings lead us to consider and embrace.

Within the rule of Lucifer and Satan, those who entered the spirit Mansion Worlds upon the death of their physical body did not confront the Law of Compensation or the Law of Forgiveness. Lucifer and Satan allowed or enabled humanity to continue living in spirit in a similar manner as they did on Earth. There was little soul development. There was some mind development and some progressed further up and into the Mind Mansion Worlds from 1 to 2 then 4 and ultimately 6 but not further – that is not possible through mind development. Through worshipping the mind you may reach the dead end and

then find you have to turn around and commence your Feeling Healing so that you can evolve in Truth and Love. Embracing Divine Love while engaging with Feeling Healing is Soul Healing, the door way to the Celestial Heavens.

Lucifer and Satan's objectives involved the building of an 'army' of spirit personalities to carry out their long term plans of taking over all of the worlds within our Local Universe called Nebadon – there are some 3,840,101 inhabited worlds in Nebadon!

The pole shifts played into their hands. People were disgruntled having their lives cut short. With this, Lucifer and Satan used to ensure that their newly arrived spirit recruits welcomed the opportunity to follow their leadership. Further, to manage the influx of spirits, they put these people into an extended sleep – a form of hibernation – to be woken when they were to be needed – or upon the presence of a Bestowal Pair. However, it could be said for Lucifer that the 'troops' were on standby – or just in a sleeping reserve.



The Urantia Book (TUB): 4. The Ascending Mortals

(341.1) 30:4.11 *2. Sleeping Survivors.* All mortals of survival status, in the custody of personal guardians of destiny, pass through the portals of natural death and, on the third period, personalise on the Mansion Worlds (we all arrive into spirit Mansion World 1). Those accredited beings who have, for any reason, been unable to attain that level of intelligence mastery and endowment of spirituality which would entitle them to personal guardians, cannot thus immediately and directly go to the Mansion Worlds. Such surviving souls must rest in unconscious sleep until the judgment day (refers more to a statistical counting) of a new epoch, a new dispensation, the coming of a Son of God to call the rolls of the age and adjudicate the realm, and this is the general practice throughout all Nebadon. It was said of Christ Michael (Mary and Jesus) that, when he ascended on high at the conclusion of his work on Earth, "He led a great multitude of captives." And these captives were the sleeping survivors from the days of Adam to the day of the Master's resurrection on Urantia (Earth). (Adam and Eve, being Adamites, were on Earth more than 38,000 years ago.)

(341.2) 30:4.12 The passing of time is of no moment to sleeping mortals; they are wholly unconscious and oblivious to the length of their rest. On reassembly of personality at the end of an age, those who have slept five thousand years will react no differently than those who have rested five days. Aside from this time delay these survivors pass on through the ascension regime identically with those who avoid the longer or shorter sleep of death.

(341.3) 30:4.13 These dispensational classes of world pilgrims are utilized for group morontia activities in the work of the local universes. There is a great advantage in the mobilisation of such enormous groups; they are thus kept together for long periods of effective service.

(341.4) 30:4.14 3. *Mansion World Students*. All surviving mortals who reawaken on the Mansion Worlds belong to this class.

(341.5) 30:4.15 The physical body of mortal flesh is not a part of the reassembly of the sleeping survivor; the physical body has returned to dust. The seraphim of assignment sponsors the new body, the morontia form, as the new life vehicle for the immortal soul and for the indwelling of the returned Adjuster (our personal Indwelling Spirit). The Adjuster is the custodian of the spirit transcript of the mind of the sleeping survivor. The assigned seraphim (our Guardian Angel pair) is the keeper of the surviving identity — the immortal soul — as far as it has evolved. And when these two, the Adjuster and the seraphim, reunite their personality trusts, the new individual constitutes the resurrection of the old personality, the survival of the evolving morontia identity of the soul. Such a re-association of soul and Adjuster is quite properly called a resurrection, a reassembly of personality factors; but even this does not entirely explain the reappearance of the surviving *personality*. Though you will probably never understand the fact of such an inexplicable transaction, you will sometime experientially know the truth of it if you do not reject the plan of mortal survival.

(341.6) 30:4.16 The plan of initial mortal detention on seven worlds of progressive training is nearly universal in Orvonton (our super-universe). In each local system (Earth is within the system of Satania) of approximately one thousand inhabited planets there are seven Mansion Worlds, usually satellites or sub-satellites of the system capital. They are the receiving worlds for the majority of ascending mortals.

(341.7) 30:4.17 Sometimes all training worlds of mortal residence are called universe “mansions,” and it was to such spheres that Jesus alluded when he said: “In my Father’s house are many mansions.” From here on, within a given group of spheres like the Mansion Worlds, ascenders will progress individually from one sphere to another and from one phase of life to another, but they will always advance from one stage of universe study to another in class formation.

Humanity of Earth, having joined Lucifer’s Rebellion some 200,000 years ago, and then been subjected to the Default by Adam and Eve more than 38,000 years ago, has its own seven Mansion Worlds. We are isolated from contact with all other humanities until we are Healed and have entered the Celestial Heavens. Earth has not been visited by people from other planets except for their unmanned drones.



Each sun / star has typically three inhabitable planets. Some have none that are inhabited and some have up to three – consider an average of one. Count the closest 1,000 stars and you have our system called Satania. Multiply that by 100 and you have our constellation. Multiply the constellation by 100 and you have our Local Universe – Nebadon whose regents are Mary and Jesus – 10 million inhabitable worlds of which 3,840,101 are inhabited.

The rebellious plans of these Lanonandeks came to an end upon the arrival of Mary and Jesus on Earth. They being here to complete their initiation and full elevation to Regents of all of Nebadon. Their arrival on Earth brought about the availability of our Heavenly Mother and Father's Divine Love for all humanities throughout Nebadon, both in the physical and in spirit. Further, at the commencement of Jesus' public ministry, now with the authority that previously was accessible to him, Jesus was able to and have the Lucifer and Satan soulmate pairs arrested and imprisoned.

As full Regent of all of Nebadon, upon Jesus' death, he was then able to bring about great changes in the spirit Mansion Worlds relating to Earth's humanity:



All those that Lucifer and Satan held in hibernation, Jesus was able to awaken and enable them to fully express their free will within their spirit life.

To ensure that those who had a tendency to cause harm to others, that is to impose their will on others, then the Law of Compensation was introduced to bring about an end to one imposing their will upon another. This

Law of Compensation

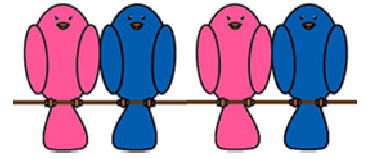
applies throughout the Mansion Worlds in accordance with their particular environment. It also applies to the two Earth Planes, numbered 1 and 2, where those who are in dire needs of management are held in isolation while they work through their compensation. Lucifer had not introduced the Law of Compensation into the spirit worlds during his reign. Consequently those spirits, who were not subjected to the sleep state, had unfettered influence upon those in the physical on Earth. Following Lucifers wishes, malevolent spirits introduced all of the religions on Earth and up till the 22 March 2017 continued to heavily influence Earth's humanity on all systems and matters throughout all levels of society – Celestial spirits were restrained until the Rebellion and Default 'contracts' were progressively ended being 31 January 2018.

Jesus opened the Divine Love healing Mansion Worlds (3, 5 and 7) where the Law of Forgiveness with Divine Love now enables progression out of the mind Mansion Worlds (1, 2, 4 and 6) and into the Celestial Heavens (8, 9 and 10). Mary introduced healing to friends while she lived in Egypt after Jesus' death and

Law of Forgiveness

five women became the first to progress through the Healing Mansion Worlds. Slowly but progressively the numbers progressing through the Healing Mansion Worlds have been increasing so that the numbers now in the Celestial Heavens can now manage and implement all that has been planned for the end of Jesus and Mary's age with Earth, being the End Times, and the handover to the Avonal Pair which will be the commencement of the Avonal Age era of 1,000 years. This is the greatest event and time in the history of Humanity.

Jesus did not come to Earth for Earth's humanity exclusively. He came for all humanities within his and Mary's domain being the Local Universe of Nebadon. What they did was set the way into play for another Paradise Pair to come and show Earth's humanity how to heal themselves of the Rebellion instigated by the Lucifer soulmate pair and subsequently compounded by the Default by Adam and Eve who came to Earth more than 38,000 years ago. This is the function of the Avonal Pair. Thus we have two pairs assisting us from Paradise, the home of our True Heavenly Mother and Father.



Living Feelings First

By living true to ourself, true to our feelings, we are living true to God. It's that simple.

We are to live through our feelings, our soul based feelings which are always in truth. We are to use our minds to assist in embracing and implementing what our feelings are to lead us to do. In this way we are living true to our Heavenly Parents. This is in contra-distinction to what we have been led to do by Lucifer and their henchmen. A prime example of what not to do is as follows:

The coming of the Avonal Pair is what Mary and Jesus set the ground work for some 2,000 years ago.

What is anticipated to unfold through the coming of the Paradise Daughter and Son, the Avonal Pair, may involve the following:

Spirit Mind Mansion Worlds 1 – 7

Those rebellious spirits interfered with spirits from Earth living in the spirit Mansion Worlds – this ended on 22 March 2017.

They also caused humanity to turn away from God – they no longer can continue to do so.

They stopped us looking to our own feelings for the truth God wants us to live – no more.

They inducted us into their Rebellion and Default – from our conception – Rebellion now ending.

Notes from James: Those spirits within world 6, being mind spirits, are not of perfect Natural love. They are perfect in their imperfect Natural love. They have taken their denial, mind controlling state as far as they can, believing they are happy, loved, loving and all the rest, all mind-generated beliefs. The ultimate self-delusion. So that's what the gurus and those sorts of people and spirits are striving for. To live the Rebellion and Default as perfectly as they can. And people and mind spirits worship them, trying to emulate them, thinking wrongly that it's the highest spiritual way to be. And wrongly believing they are at-one with God, when they are only at-one with their fantasy, mind-contrived 'god'. They are fully embracing what Lucifer seduced humanity into embracing – all going the wrong way, away from our Heavenly Parents.

Further, they might believe they are soulmates, but they aren't because they are still on their truth-denying mind conditions. And as that is anti-love, so they are anti their true soulmate. So they come together believing they are soulmates based on their false love of mind pretence. They are going further away from God, our Heavenly Mother and Father.

All of the Mansion Worlds are Natural love worlds, only 3, 5, 7 include the Divine Love.

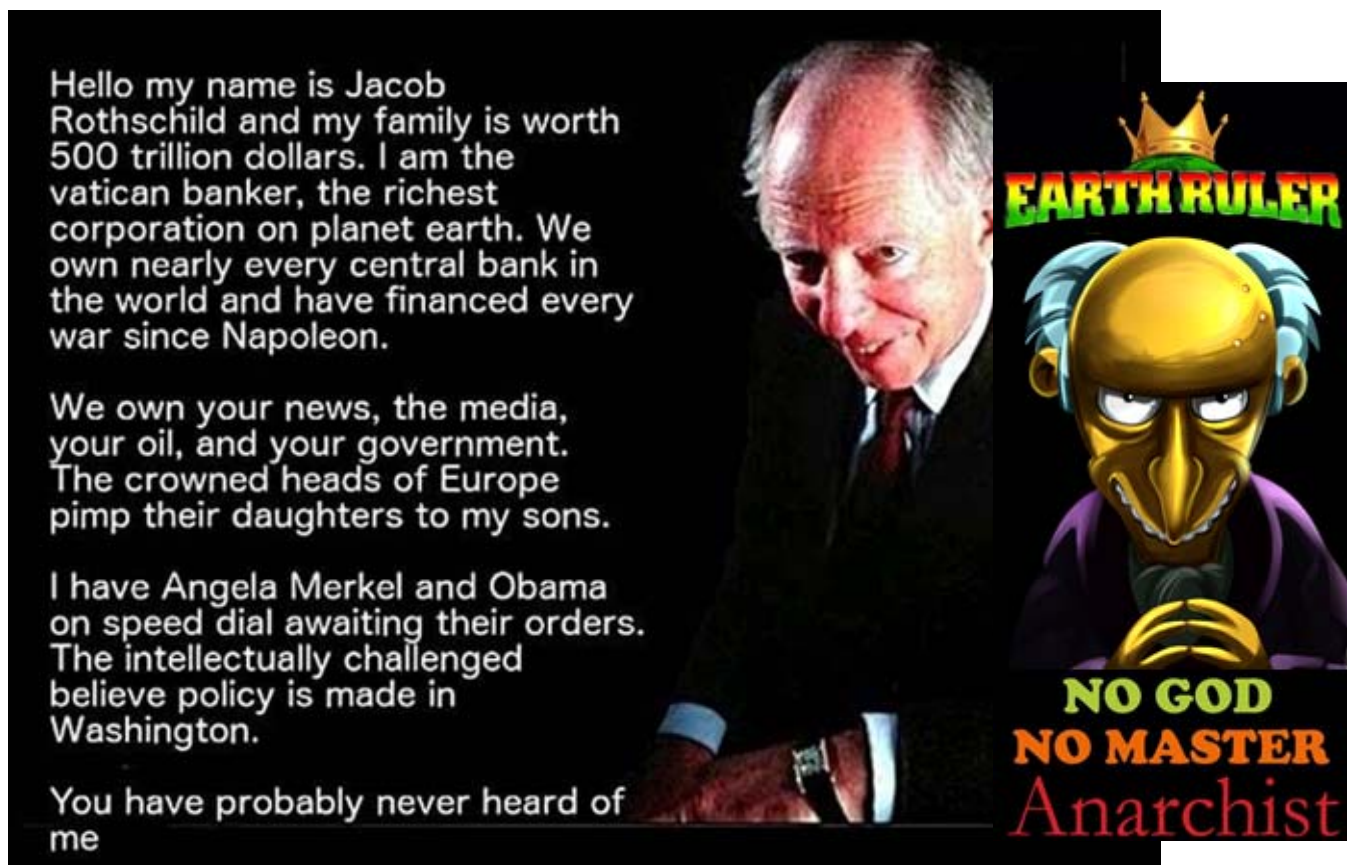
And as they currently stand: 1, 2, 4, 6 are Natural love worlds yet in denial against that Natural love, and as they are with their minds in control, the mind worlds – or mind-led. With 3, 5, 7 being the

Healing Natural love worlds, with spirits trying to end that denial and including the Divine Love. And as they are trying to work with their feelings, being the feeling worlds, or feeling-led.

And the spirits suggest that during the Avonal Age, within worlds 1, 2, 4, 6 people and spirits will be able to do their Feeling-Healing without the Divine Love. So these worlds will become divided, or have a partition set up within them, so the two can live side by side: Those people and spirits wanting to truly perfect their Natural love by doing their Feeling-Healing, and those people and spirits wanting to still carry on in their mind denial. And those who do their Feeling-Healing will be able to live up to and in the sixth world, so even up through the worlds 3 and 5 but only in their Natural love, being unable to move into 7 until they embrace the Divine Love and complete their Soul-Healing, which would then prepare them for entry into the Celestial spheres. So in world 6 it's conceivable there will be both fully healed and perfect Natural love spirits (and people equivalent on Earth), and spirits as imperfect as can be in their Natural love mind controlled lives (and people also equivalent on Earth.)

On Earth is to end all the superstitions and false 'religions' that have flowed through humanity at the behest of malevolent spirits guided by the rebelling Lanonandeks who are now all imprisoned.

No greater examples are the secret societies that permeate all communities, commerce and industry. These have been used by master manipulators for great personal gains.



All of humanity is to work through the healing of their personal Rebellion and Default – we are all subjected to this pathway no matter how we were brought up – our childhood suppression and repression is universally difficult as well as different for each of us. This is our personal journey of evolution through experience.

For example, the extreme feminine denial women are subject to has to be Healed. There is a severity of the feminine denial, all brought out by Eve and the fact that the women Evil Ones didn't want to be known, they've hidden, allowing the men Evil Ones to be known that they are doing it all – yet why did the women Evil Ones choose to stay unknown, and was that as it would give them even more power by staying in the shadows and working on poor Eve and so subjecting all women to the harshness of their self-denial? We are to bring the feminine up and to be seen as being equal.



"The True Liberation of Women is Through the Truth of Their Feelings."

Our Healing is all about becoming true to our feelings, the most personal part of us, and getting rid of all the subtle and not so subtle impersonal stuff.

Law of Forgiveness

Our soul is 'programmed' already for our parents to be as they are, including all they've inherited, all they've worked out and become through their lives to that point of our conception, and including all the other environmental stuff, and so at conception, it's as if the switch is turned on and we begin to express that program in Creation. So our soul is perfect, true and pristine, and always stays that way, and then at the same time, I (James) think it's also true or fair enough to say, it becomes corrupt and polluted by the Rebellion and Default and all the yuk that we become. However really that 'corruption' is merely more of the program or pattern that in a way is already within it and which it is merely outworking according to plan. And so again for us, being the personality expression of our soul (one of the personalities of our soulmate pair), it comes back to how we feel about it, how it's making us feel, all the feelings coming up between us and our parents and the surrounding family and bigger environment. So on the experiential level of our personality expression, and that's what we have to accept and embrace, the full 'corruption' and defilement of our soul, because that's how we feel it. Yet on the existential soul level, it's all still true and perfect, our soul can't actually become corrupt or defiled because our soul is of God, so it would be the same as saying that God's Soul can become corrupt and defiled, when God can only be loving, as is our soul. But on the personality level that our soul is expressing, currently what we are to experience in life, that self-expression, is from an unloving state.

YUK

So with each bad moment, if we are not allowed to fully express all it makes us feel to our parents or whomever is causing those bad feelings, they immediately taking notice of us and changing their behaviour so as to no longer make us have the bad moment; if our parents shut down our self-expression, which is all part of our soul bringing us, one of it's two personalities, out into Creation, then having not been allowed to express all that bad feeling (or good one, as they often shut down the good stuff too), the fullness of that experience is denied, the experience is not fully completed, we haven't fully expressed it, which is expressing ourselves, as we needed to; and then that unexpressed experience waits forever to be expressed, as it has to one day be expressed so we can complete that part of our self-expression and move on.

So our denial is having all these unexpressed parts of ourselves, as reflected in our unexpressed experience within us, crammed into us if you like, and kept forcibly down within us, first by our parents will, as they say shut up, no more, that's the end of that, we won't hear anymore of it, and all that sort of stuff, and as they are our parents and we have to do what they say, so we then engage our own will to keep that part of us suppressed, we effectively taking over the control they have over us, ourselves. So

as we mature through our childhood, we're taking over from them, which all amounts to us keeping the lid on all those still-waiting-to-be-finally-and-fully-expressed experiences that are locked away inside us from conception.

And our Healing, by focusing on our feelings and wanting our repressed ones to come up, is hard because we're having to fight against our own will that's keeping the lid on them all, and also against our parents will for doing it to us in the first place. But it all 'has to come out' as I (James) keep writing, because that's the only way we can open those closed doors within us so as to allow the completion of all those uncompleted experiences. And by longing for the truth of them, of it all, we're wanting to also then see what it was all about, all so we can deal with and confront that self-control we took on from our parents and our initial parental control. And all of that is encoded within our soul as part of the pattern we're to live, all put into us by our Mother and Father at the creation of our Soul, or perhaps, at the conception of our soul.

Thus, with the this coming age humanity will be able to embrace their Feeling Healing, and with Divine Love, their Soul Healing thus enabling the possibility of achieving Celestial soul condition while living physically on Earth.

Further, people up until now, assuming all this Avonal stuff is true, have not been subjected to the Law of Compensation while living physically on Earth at any time through the Rebellion, and neither were they in the spirit Mansion Worlds up until Mary and Jesus' coming. When Jesus arrived in the Mansion Worlds, and possibly he waiting until Mary died too, he or they instigated the Law of Compensation to affect those worlds, thereby setting up the need for it to be 'Settled' in.

So before Jesus, the mind spirits didn't have to comply, it was still a free-for-all in the Mansion Worlds, then all that was stopped by Mary and Jesus coming and 'bringing down the Law' in the Mansion Worlds. So everyone since their coming has had to comply with it upon arrival in the First Mansion World.

What may now unfold on Earth is that only that which is personally between parents and child will be 'exempt', and so should another adult interfere with a child that is not theirs, then swift compensation will be required. (And between parents and a child includes between adopted children with their adoptive parents.)

What will the punishment (the compensation) be and feel like, and they (Mother and Father) said it will

Law of Compensation

feel like "hell has descended upon them", with the worst hell being applied to people who hurt children. And that's children up unto and including the age of sexual maturity. Once sexual maturity has happened, it's still very bad interference with them, however the compensation required will lessen in the sense of being 'very bad' to taking other things into consideration as to the severity of the infringement and the child's role in it.

Nanna Beth – 3rd Celestial Heaven, 23 April 2019): Because of the coming of the Paradise Pairs, other spiritual changes happen, you being aware of what happened in the Mansion Worlds with Mary and Jesus coming, and so now too with the Avonal Pair, more changes in the Mansion Worlds and this time also on Earth. So the Law of Compensation will be increased in the Mansion Worlds, so no one will avoid it who is in the worlds, and then it will be to the same degree applied or brought to bear on the people of Earth, so when they die they won't have to be subject to it, they having worked through it all in the physical. There will be a crossover time as not everyone will be able to work through all their

will infringement on Earth before they die, and so they will complete it in spirit, however in a short time everyone will be able to work through it on the physical level and so there will be no need for the two Earth Hell Planes in spirit.

Humanity without the Law's help wouldn't be able to Heal itself. People wouldn't be able to use the Spirits of Truth to help themselves. It all goes hand in hand, the Spirits of Truth need to be supported by the Law of Compensation, which is why Jesus and Mary instigated it to the degree required for their Age. Had they not, then no mind spirits would have been able to do their Healing. Everyone would have existed in the Mansion Worlds in their own sector of anarchy as spirits did before Jesus and Mary's coming. No one before their coming was able to or even wanted to do their Healing. And the Way to do their Healing wasn't available anyway. So for people now, the Way to do their Healing is to be underpinned by the Law of Compensation, all so as to give everyone an even start. If you are very evilly intent and gaining power from being that way, I doubt you'd want to suddenly stop being as you are and do your Healing, or even just to change your ways and be nice and considerate of others like how the mind spirits are because of the Law. The Lucifers and Satans didn't want to do their Healing. So something has to happen to help stop you and awaken you to a higher spiritual awareness.

And the other thing is, once the Avonal Pair 'cross the line' and complete their Healing, then that line is drawn in the sand, so people can't sink below that of the first level of the Law of Compensation, it's just how it is, and so for that to happen, the Law needs to be introduced.

This changes Earth from being how it's been to being how it is in the First Mansion World. So really Earth becomes a physical Mansion World

Earth is about to be brought into full alignment with the Mansion Worlds, rather than existing as it does now being very separate and different to them. And by degree, being brought down in steps, humanity on Earth and in the Mansion Worlds is to be weened off Rebellion and Default, coming into the perfection of Nebadon, so people and spirits can then align themselves fully with Mary and Jesus. So one can start one's ascension of truth through Nebadon on Earth, moving through the Mansion Worlds, should that still be necessary, and on through Nebadon in one perfect, happy and loving adventure, unlike how it exists today.

Struth

CONCEPTION and MUCH MORE

Thursday, 18 April 2019

Graeme and Graham, I've gone on again, I can't help myself, answering more than what might be required, however as it all helps me to bring out more understanding, so I hope you don't mind. Also on reading through it, some of it is I think quite involved and I should really punctuate and express it more clearly, so if something is not clear and you do want clarification, please ask me.

And I've decided that from now on, I won't keep saying what I do about "assuming I am the Avonal" and writing all my doubts about being it and so on, I'll just get on with the fantasy of it for the time being and until further notice, sparing us all the boringness of my having to keep saying it. I'll keep all that for Marion.

And again John, please don't see all of this as for the public just yet. It's still all part of working it out. I'm happy for you to have an overall understanding of what might happen, but please leave out the specifics for example that I've written in the last couple of paragraphs before speaking with Nanna Beth for the time being.

Hi Graeme, as you raise a number of points and things I want to comment on, I'll 'work through' your email.

Graeme: James, when Marion said, "our first moment at conception is our worst moment. Then the next moment after that is our next worst moment, and so on throughout our childhood." it suddenly struck me that NO ONE who is born into the Rebellion and Default can be anything other than "fucked". We simply can't escape it...that's the way it is and that's exactly the way God planned our lifetime experience on this physical plane.

James: That's right, and it's a startling revelation when you do realise that we're all fucked. That's what the whole world has to accept, and then once we accept it and see life from that point of view, we might be able to work within our fucked state to heal and ease the pressure of it. And accepting that it is how God wants you to be, and so currently wants the whole world to be, is fine, however the trouble is, we still feel bad, which of course God wants us to feel, yet we can't just say, Oh because God wants me to feel bad I will feel good now about it because it's what God wants, we have to still honour and express our bad feelings and feeling fucked off with God if that's part of it, all of which is also what God wants. God wants us to feel what we feel, and then it's for us to seek the truth of those feelings, should we want to or not. And God will support us either way, because that's also what God wants us to do.

I want to add something to that which I wrote about Marion saying it's the worst moment at conception. Discussing it a few days later she couldn't remember saying that (and neither could I exactly, although I'm pretty sure she did but I didn't make a note of it at the time) and she said she didn't agree with that as **all the moments are equally important and none being worse than another**. Marion: "I just read the first few words of Graeme's email, and I didn't say 'worst' moment, I said most important, or something like that. I can't remember the exact words, but definitely it wasn't 'worst'. I just meant most crucial or something. I don't really know what I meant now – I'm not in it – but I know I didn't mean worst. I'm pretty sure anyway..... I don't think **any one moment is the worst. They are all part of the whole package.**" However in the context of what I was attributing to her, I will take it on and say that I think it's the worst moment for us at conception, because at that moment we engage in it all. We engage incarnation in our case into an unloving, self-rejecting, horrible state, whereas were we incarnated into a true and loving state, it would be technically the most wonderful moment, our first and fullest moment of true love – the beginning of our incarnation into Creation.

Marion says these things to me, and really I shouldn't pass them on. She still, and even more so every day, adamantly denies she is the Avonal and doesn't want to be seen in that regard. She feels completely that she's the very opposite, the most nothing and of no account person on the world, that she has nothing to offer anyone whatsoever and doesn't want to be seen in that light of being important or having to 'put on the show' because that's what other people expect of her.

So the madness for both of us continues; and for me, all she says about how much of a horrible person she is and how now she can hardly walk, her body hardly allows her to function, and that really she should just be extinguished altogether, is fully in keeping with the extreme feminine denial she is forced to live so as to Heal it all, that which the woman Avonal on our world have to do because of the heavy severity of the feminine denial, all brought out by Eve and the fact that the women Evil Ones didn't want to be known, they've hidden, allowing the men Evil Ones to be known that they are doing it all – yet why did the women Evil Ones choose to stay unknown, and was that as it would give them even more power by staying in the shadows and working on poor Eve and so subjecting all women to the harshness of their self-denial, that which I witness so extremely every day in Marion?

So really I wish I could just blank Marion out of it all, as that's how she wants to be, it being how she feels about herself that she is so of no account she should be blanked out, however then I'd have to say I am the Avonal as The Urantia Book says, it being only a male thing being a Higher Son and all the rest, all of which for me buys perfectly into the Rebellion and the game plan of the Evil Ones, with that being seen by the emphasis on Jesus and nothing about Mary M. So I have striven to bring Marion and the feminine up and to be seen as being equal, which is all very well my doing that for myself when it's the last thing Marion actually wants. She wants to be treated equally, considerately, sympathetically, truly and lovingly as an ordinary person, which if course she must, but not elevated to some other 'higher' Avonal type level when people start looking to her as if she is Someone and has Something Important to say.

So we keep creeping on in the madness, she getting truer to her yuk state of feeling she is so nothing other than a horrible ugly no one who has never been part of the world, has never fitted in, because her parents didn't allow her to; and myself believing I'm not nearly as fucked as her in some ways because I can at least entertain the possibly self-deluded notion that I am Someone Special, that which is how my mother was outwardly and my father secretly, desperately wanting to be seen as being important and someone special and not jut like everyone else.

Yuk

Graeme: Question: At the time of inception, do ALL aspects of the Rebellion and Default enter our pristine soul or is it dependent on who our parents are and perhaps the "environment" we're born into...i.e. some of us may be "lucky" to have less-fucked-up parents than some kids? I get that each successive "bad moment" enters our soul in our forming years and they stay there either suppressed or repressed depending on how often our earthly parents shut us down, say NO, withdraw their "love" (understanding they don't know what love truly is) and these are ALL the childhood feelings we eventually have to feel (because we weren't allowed to express them as a very young child).

James: This is only my current reaction to the word Graeme, you can of course, and you should, say it however you want. 'Inception' is too impersonal, like we're some sort of machine that has just manifest somehow from a starting point. Conception is more personal in my mind in the context of what we're speaking about involving people because we're conceived in the womb of our mother with the union of our father, which couldn't be more physically personal. And our Healing is all about becoming true to our feelings, the most personal part of us, and getting rid of all the subtle and not so subtle impersonal stuff.

And it's not that at conception all the aspects of the Wrongness enter our pristine soul, it's that our soul is 'programmed' already for our parents to be as they are, including all they've inherited, all they've worked out and become through their lives to that point of our conception, and including all the other environmental stuff, and so at conception, it's as if the switch is turned on and we begin to express that program in Creation. So our soul is perfect, true and pristine, and always stays that way, and then at the same time, I think it's also true or fair enough to say, it becomes corrupt and polluted by the Rebellion and Default and all the yuk that we become. However really that 'corruption' is merely more of the program or pattern that in a way is already within it and which it is merely outworking according to plan. And so again for us, being the personality expression of our soul (one of the personalities of our soulmate pair), it comes back to how we feel about it, how it's making us feel, all the feelings coming up between us and our parents and the surrounding family and bigger environment. So on the experiential level of our personality expression, yes, it is as you say, and that's what we have to accept and embrace, the full 'corruption' and defilement of our soul, because that's how we feel it. Yet on the existential soul level, it's all still true and perfect, our soul can't actually become corrupt or defiled because our soul is of God, so it would be the same as saying that God's Soul can become corrupt and defiled, when God can only be loving, as is our soul. But on the personality level that our soul is expressing, currently what we are to experience in life, that self-expression, is from an unloving state.

YUK

And really this is my going on, it's not really whether you're right or wrong Graeme, and I'm not trying to say that you are or aren't, I'm just using this opportunity to try and illustrate that much of how we see the soul and our relationship with it is all from our biased experiential side, whereas really for us to do it justice, we need to also include the existential soul side, however few people seem to be able to 'run' the two sides together and side by side. (And by the way, trying to understand the soul and its personality expression is my favourite part of it all.)

So each "successive bad moment" doesn't actually enter our soul as such, however the experiential-light from it does so as to trigger the next batch of existential soul-light that is the next part our pattern unfolding, which then affects our experience through our will causing us the next experiential bad or good moment. So with each bad moment, if we are not allowed to fully express all it makes us feel to our parents or whomever is causing those bad feelings, they immediately taking notice of us and changing their behaviour so as to no longer make us have the bad moment; if our parents shut down our self-expression, which is all part of our soul bringing us, one of it's two personalities, out into Creation, then having not been allowed to express all that bad feeling (or good one, as they often shut down the good stuff too), the fullness of that experience is denied, the experience is not fully completed, we haven't fully expressed it, which is expressing ourselves, as we needed to; and then that unexpressed experience waits forever to be expressed, as it has to one day be expressed so we can complete that part of our self-expression and move on. So our denial is having all these unexpressed parts of ourselves, as reflected in our unexpressed experience within us, crammed into us if you like, and kept forcibly down within us, first by our parents will, as they say shut up, no more, that's the end of that, we won't hear anymore of it, and all that sort of stuff, and as they are our parents and we have to do what they say, so we then engage our own will to keep that part of us suppressed, we effectively taking over the control they have over us, ourselves. So as we mature through our childhood, we're taking over from them, which all amounts to us keeping the lid on all those still-waiting-to-be-finally-and-fully-expressed experiences that are locked away inside us from conception. And our Healing, by focusing on our feelings and wanting our repressed ones to come up, is hard because we're having to fight against our own will that's keeping the lid on them all, and also against our parents will for doing it to us in the first place. But it all 'has to come out' as I keep writing, because that's the only way we can open those closed doors within us so as to allow the completion of all those uncompleted experiences. And by

longing for the truth of them, of it all, we're wanting to also then see what it was all about, all so we can deal with and confront that self-control we took on from our parents and our initial parental control. And all of that is encoded within our soul as part of the pattern we're to live, all put into us by our Mother and Father at the creation of our Soul, or perhaps, at the conception of our soul.

And the part about perhaps some people being 'lucky' as you say to have 'better parents' as in perhaps their being less controlling and freer, allowing you to express more of yourself and so not shutting you down as often leaving you with all these unfulfilled and waiting-to-be-fulfilled experiences, I wrestled with for years: Are we all on the same level, all incarnated into that same level and we're just different extremes of that level? So within that level some might seem better off and less controlled, whereas others are more obviously controlled and so worse off?

But now I've moved to looking at it from the level of truth. So simply to see that all of us are on different levels of truth, which result initially from the level of our parents. However parents can grow in truth through the pregnancy and through the childhood of their children, with it being even different for the different children in the same family, just as people can grow in truth anytime. And even though relatively speaking, the levels of truth most people can or have grown to are still very limited and of not of a very high amount, most of the first or second, possibly even third Mansion World level, with few in the fourth and sixth that might have children, so as a child you are subjected to the level of your parents' truth, and consequently, also, the level of their untruth. And I think this is a better way of defining the differences. I grew up with very little truth, Natural love truth, whereas other people had much more. And within that low level I was heavily controlled, whereas other people on that same level might not have been so harshly controlled; and then for those people of a slightly higher truth, there too are some more and some less controlled.

Anyway, the thing is, we're all conceived into the Rebellion and Default at the level it's at now during Mary's and Jesus' age. And within that age, perhaps there is a range, however I've always thought that it's unfair if that's so, because why should some people suffer more than others? Which has led me to thinking that perhaps we're all fucked to the same degree, just different expressions of it, and when we die we all wake up on the same level in the First Mansion World, then moving to reflect any level of truth or greater evil we might be. So I contradict myself a bit, so I'll have to think more about it.

Graeme: So is the really, really BIG one as Marion suggests "our first moment"?

Is this the "holly grail" of our suppressed feelings?

And as it was the first one is it the last one in our Healing that we feel and express? (John it's a little like the accounting axiom: FILO...first in last out!).

James I know you mentioned that you never expect any of us to read your stuff but I can't help myself – every time I read your "new" stuff it becomes clearer and clearer...like a child I need the process of repetition before I finally get it.

So thanks heaps for everything you are gifting us...I'm a particularly grateful Eme.

James: Yes, I see it like that Graeme, and we'll leave Marion out of it for the time being. So yes, I expect the last Healing moment I live, will be equal to in truth, the first moment of my Wrongness at conception. So I will have to 'got back to the beginning' as much as I've brought that beginning fully out into the truth of it, now living it as the adult I am. So it's a complete 'circuit' from conception to the end of our Healing. So like a tree, the tree at the end of its life and all it lived was contained within the

seed, with all the environmental factors shaping its existence; however perhaps in some way, through those factors, as in where that seed falls and all it and the tree is subjected to, is already factored in. So the seed was always going to fall where it did, live the life it did, reaching the mature state that it has, because how could it have been any other way? It didn't fall in a different place and have a whole different life, it had the only life it will have and was always going to have, the same being for us.

And yes, we do have to go over and over it. I used to heavily chastise myself for having to do that, and I'd be so pissed off with God as it was so boring and tedious, and yet slowly something seems to have sunk in, and out of each circuit of going over and over each time has come other stuff. And I think that's how we will grow through our whole existence. We are always 'Children of God', so we will continue to learn as we did when we were a child. However once Healed, with love and in a loving way, not within the forced horror learning we were subjected to.

And by the way, I hate the word 'gifting'. I don't know, I not an English puritan and compared to Marion I'm riddled with Americanisms, some of which we've looked up to find they are actually real English, Old English or whatever. And some of the 'New Words' and new ways of saying things I like, but I hate gifting, and I don't know why. And I don't know whether or not I should say anything or not, care about it as I am just trying to keep English as I grew up with it and so have come to know it, whereas language is always changing. So perhaps I'm resisting change, but when words are used incorrectly, yet as I said, I'm not an English professor and it's subjective as to which ones I deem are incorrect or not, some of them grate on me. What do you reckon we do about it? Should we give in and use all the horrible Americanisms – does it matter? Do we just allow everyone to say it as they want, which is the best if free self-expression is to be promoted, however when people start expressing some of the concepts and truth as I see them in ways that aren't right because of using different words to what I'd use, like with your inception and my wanting it to be conception, does that matter? I can't ensure everyone says and sees it as I do, and I change too, I make up words, so I don't know what to do about it. Maybe it's just for each of us to do it as we want, so you can say at our inception, and I'm sure I've even said it too; and yet today I feel no, it's at our conception because of whatever I'm going through, and not at our inception. And I write that, not to tell you that you have to change, but to express it how I want, because that then led me to referring to when God conceived our soul, which I've never said or seen before. I've seen it that the Mother and Father somehow unite together and make our soul, but putting it in more human terms saying They conceive us, I like the feel of that, as if each of us is conceived in the womb of our Mother being brought into existence as a soul by both of Them.

Anyway, I'm just working it through in my mind, and as I feel like writing today, I'm putting it down, whereas usually with this sort of thing I work it through in my own mind or discuss it with Marion.

And having not felt like writing much at all lately, suddenly reading your email I feel like writing and out it comes, having no idea I wanted to write so much. And it's all possibly just my showing off, saying, "Look At Me" aren't I the smart one, and you must take notice of me, of all I say – still more yuk of my parents.

Graham Golding: Hi James

Law of Compensation

I was mulling over things today and the Law of Compensation crossed my mind.

As I interpreted some previous writings, it seems that once we enter the Mansion Worlds we are immediately under the influence of the spiritual Law of Compensation. If thoughts or feelings come up

wanting to harm another personality, then we are immediately blocked as we feel what the compensation will be and therefore cannot go forward with the harm.

In a nutshell, as a spirit personality, we can't impose our will against another.

However, throughout the rebellion, Calligastia and Dalligastia (C& D) and their evil agents have advised / guided personalities in the physical on how to control and manipulate humanity. Creating the shit fight in which we live.

How can this be? Obviously the Law of Compensation is not cutting in on those spirits at that time.

GG

James: That's right, it's not. So does that mean that for the Evil Ones, was it suspended, and is that suspension a planned part of, or a consequence of, the Rebellion?

Normally the Law of Compensation would apply to them, yet obviously it hasn't. And now with the Lucifers and Satans in prison, are they being subjected to it, or are they still existing imprisoned yet free of it, free of it until a later time when it is imposed on them? I wrote with spirits years ago that I was told there were some of the Evil Ones and the Law at that time hadn't been imposed on them, with that happening some time further on when things had outworked on Earth and changed in the Mansion Worlds, all to do with the supposed Avonal Coming. So is part of that coming as is being suggested by the 'bringing down to Earth' of the Law of Compensation, also the bringing down of it on the Evil Ones?



THE EVIL ONES

But one way or another, as you say, my understanding is since the Rebellion started, the Law of Compensation was suspended for the Evil Ones so they could do what they wanted. And in speaking with the spirits this week about it, I'm coming to understand that as far as an emerging and evolving humanity goes, the Law is progressively introduced at the time when the Avonal bestowal life happens, and so up until then, it's not actually mandatorily applied. So what I mean is, people up until now, assuming all this Avonal stuff is true, have not been subjected to the Law on Earth at any time through the Rebellion, and neither were they in the Mansion Worlds up until Mary and Jesus' coming.

So as I'm coming to understand now, when Jesus arrived in the Mansion Worlds, and possibly he waiting until Mary died too, he or they instigated the Law of Compensation to affect those worlds, thereby setting up the need for it to be 'Settled' in how the spirits have told me it currently exists for them over there through Mary and Jesus' age, and how Jesus said it was in the Padgett Messages, with the division between the mind and Divine Love healing worlds.

So before Jesus, the mind spirits didn't have to comply, it was still a free-for-all in the Mansion Worlds, then all that was stopped by Mary and Jesus coming and 'bringing down the Law' in the Mansion Worlds. So everyone since their coming has had to comply with it upon arrival in the First Mansion World.

And understanding that, made me feel better that the next step would be bringing it down to Earth; and so why not, as that would certainly sort out everyone here.

And thinking about it more, I can't see any way of ending the complete hidden over-control of the 'hidden controllers' as Nanna Beth calls them, as your list of (central) banks controlled by the Rothschilds shows. So how could anyone stand up to them and break down that control, and were they able to, then not themselves take over their place and instigate their own over-control? Whilst we're in Rebellion, perhaps now without the over, over control of the Evil Ones, humanity wouldn't be able to set up an alternative all-pervasive controlling system like it has now. And if something as extreme as bringing down the Law doesn't happen, then I can't see the truths of the Avonal Revelation would be embraced to any degree, because that control would interfere with it and people wouldn't be able to do their Healing, with all the truths being distorted and finally ruined, just like it happened to Jesus. So for the Avonal Truths to be kept in tack, the Law would be required, and just because we're all so fucked.



I've been seeing it now as the Law of Compensation being introduced along with a mild Pole Shift, the Shift breaking down enough of the physical infrastructure to stop the control, just as the Law of Compensation stops the control on the will level, as you say Graham.

And whilst I'm in writing mode and having watched more YouTubes about the Cataclysmic stuff, I'm thinking along the lines of: yes, there is this cyclic Pole Shift and that causes quite dramatic changes on the Earth, however the last one was quite extreme, and that they all vary in intensity, it all depending on how much plasma? is it?, is blasted out from the sun, and how that superheated stuff affects where it hits the Earth. So certain areas are literally fried, and those areas last time were in the icecaps and other parts of Earth resulting in the severe and all but immediate extinction of the large animals. However this severe extinction resulting from the Pole Shift was rare in that I think the last severe extinction event was 5 million years ago, which is quite a few Shifts back. So assuming that usually the Shift is not so dramatic and devastating, more of humanity will survive along with the plants and animals. Which would mean we could have one sooner rather than say in a 1,000 years time at the end of the Avonal Age, it now being more relevant in my latest line of thinking at the beginning, so as to end certain control on the physical level, allowing the Avonal Truths to be taken on and with greater incentive for people to live them.

I imagine, this being a slight fantasy of mine, that the more heavily controlling countries suffer the most during the shift, so as to free up those people allowing greater access to doing their Healing, however that's only speculation. But seeing those places in the world where in particular the economic, political and religious domination is extreme, being 'Shifted', would help free up humanity.

Also, I've been thinking about the earthing of the Law as in who should it affect, for example, certainly it should stop adults from imposing their will on other adults, however what about adults imposing their will on children? And my latest thoughts on this are that I think parents imposing their will on their children will continue to remain 'exempt' from the Law, so parents will still be able to pass all their shit onto them, because really our relationship with our parents involves more than the Law of Compensation as it also includes the Law of Forgiveness which comes into being when one does their Healing. And as our relationship

Law of Compensation

Law of Forgiveness

with our parents is different to everything else, so I feel like that's in its own realm, so answerable to different or other Laws, like as I said the Law of Forgiveness, as well as the Law of Compensation, which does come into play regarding your children when your Healing starts as Samantha has been showing us.

So I think the Law of Compensation will apply to everything else, even possibly to say another adult doing bad things to a child that's not its own. But I still don't know about that yet, I'll have to work more on it. However I'm leaning toward ending another adult hurting a child that is not its own because of compromising that child's will to the degree requiring compensation and hence the Law being imposed. I'll have to ask the Mother and Father what They want. I'll discuss it with Them and Zelmarnia and Zelmar on my walk this afternoon.

I asked them and they very firmly said only that which is personally between parents and child will be 'exempt', and so should another adult interfere with a child that is not theirs, then swift compensation will be required. (And between parents and a child includes between adopted children with their adoptive parents.)

I asked them what will the punishment (the compensation) be and feel like, and they said it will feel like "hell has descended upon them", with the worst hell being applied to people who hurt children. And that's children up unto and including the age of sexual maturity. Once sexual maturity has happened, it's still very bad any interference with them, however the compensation required will lessen in the sense of being 'very bad' to taking other things into consideration as to the severity of the infringement and the child's role in it.

I asked about going further into everything, such as what sort of punishment would someone undergo that for example killed an older child after sexual maturity, compared to killing a fully mature adult, compared to just having the intent to do such harm but not carrying through with it, and so on, on and on it going potentially into my having to look into every last detail of people interfering with other people, yet they said that wasn't for me to work out, which was a relief, because I don't want to go into all that detail anyway. I don't want to be the judge metering out the compensation required, that's already there being taken care of by those in spirit who do take care of such things, such as the Melchizedeks, the Divine Minister and their assisting angels. I only need to understand a general overall 'what's going to happen'.

Another part I've been thinking about which goes along these same lines is should healings be done by the angels of say people who are autistic for example, people who are somewhat aware of their condition and how it makes them 'different' to other people, what if they don't actually want to be healed, being happy in their unordinary state, yet with that comfort and power being derived as a product of that condition, and were they suddenly changed and healed they might be grateful becoming 'normal'. So I asked about this, and was told that it's not my concern either, again too much detail, and as it is all to be applied on a person to person basis, with my never being able to know or have anything to do with each individual, so I only need to understand it would happen in accordance with how God wants it, which means, in accordance with the needs of that individuals soul. Which of course is how it will happen, and with our angels knowing what our needs are in conjunction with our Indwelling Spirits, and so if any person no matter their condition of function or dysfunction was to be healed for God's reason, so it will happen. With the most important part of it all being that such things can happen through an Avonal Age, **as part of the Mercy Plan of such Daughters and Sons.**

FEMININE SUPPRESSION and WOMEN HEALING

Thursday, 18 April 2019

James: I want to also ask Nanna Beth, which I'll add here, why is it that the feminine has been so heavily deprived – denied, and was it simply as part of the Evil One's ploy as they understood the true spiritual power of women, and if they could deny that by in a way hiding themselves from us, then they could effect greater power over humanity?

Nanna Beth – 3rd Celestial Heaven: It is as you say James, were women able to be empowered spiritually, even wrongly within the Rebellion and as part of the Default, it would severely change and limit the overall power of the Evil Ones, because there would always be more potential for such women to see through the lies and deceit. Imagine if women were made to feel they really were the equal of men and without having to bear the full burden of the Default which is completely unfair as Adam was just as equally culpable, or were even greater than men in a spiritual sense, being close to God for example, and were celebrated and looked to for spiritual wisdom and enlightenment by other women and men, then potentially such spiritually inclined women might get to the point of asking difficult questions and even looking to confront and threaten the power the Evil Ones have over everyone on Earth. And even though women who were of such power might willingly go along with and embrace the full horror of the Evil Ones being far worse controllers than men through the severe control of theirs and the feelings of others, still it's a risk the Evil Ones would have to take, and they weren't prepared to go down that line.



And you men can easily go along with the plans of the Evil Ones, building your religions and making everyone, and especially the women, look to you as if you are all-knowing and all-powerful and God's representative on Earth, it all very much appealing to your egos; so men control the religions and spiritual way of things never threatening or looking to confront the Evil Ones, and with them being more than happy going along with the Evil Ones by keeping women subjugated because of the fear that were they not, they'd confront such men and quickly establish they were full of shit.

Any woman who removes herself from the spiritual grip of her religion has to come up against the power of the spiritually dominant men, and it's very difficult for her to 'rise up' against all odds as Samantha is trying to do. Because until she has other women also like herself, she is really having to battle not only the power-men and all their bullshit, but the hidden power behind the scenes of the underlying women Evil Ones, that which is far more difficult and self-defeating, self-disapproving, self-decapitating, self-deprecating, self-ridiculing and self-annihilating. And even though you in a small way, and because you are a man, can give some feelings of approval to Samantha and a certain picture she can try and strive to apply in her life through doing her Healing, still she's up against it with very little support in her life. You too are up against it, as of course everyone is who sets out to do their Healing, however being a man you just feel you can take it all on and deal with it, it's your right, even with Marion telling you, you are nothing but a waste of time living out some deluded fantasy. But it would be very difficult for a woman to do that if the man in her life was telling her she was a waste of time severely deluding herself, with her confidence becoming quickly eroded and undermined because she



doesn't have the innate, albeit contrived and false, confidence that a man has.

So if you want to cripple and de-power a humanity, then all you need do is suppress and deny women their true power, which Mary honoured in her life with Jesus, not rising up and claiming her full power, all to show women (and men) just how severe the control of the Evil Ones was, and particularly over women.

So many women through their Healing will struggle, and mostly far more so than men, with their self-identity, feeling unimportant in the world, even if they were made to feel important in their families. Women are having to carry a far heavier cross, their burden is far more difficult to deal with than that of men, and yet it will be women dealing with that and healing themselves of it that will stand up to the control, the denial, brought about and keeping them down by the Evil Ones.

So you hear nothing about women in TUB or the Padgett Messages, nothing like you do men anyway. And all of that has to change if humanity is to get anywhere. And if women were able to claim their true spiritual power through attending to their feelings and growing in the truth that would come to them, then I assure you in a flash they'd dump their religions in droves leaving only the men all standing around playing their little games of dress-ups with each other. It's women that keep the religions going, because they believe it's their duty to do so, but if they saw that it was their duty to first fully honour themselves and all they felt, then things would change very quickly.

James: And it will probably be women who defend their religions more than men?

Nanna Beth: Yes, because they feel – deludedly – secure within them, that God is on their side as they can't rely on or count on their men. So they gain a certain amount of false power from performing their duty well, and in many cases it's the only power they have. So they will tenaciously cling to their religions as we see also so many women spirits doing in the Mansion Worlds, because it's all the more real to them James, it's all bottom line stuff because they have nothing else, they don't have the ego resilience born into men and which so many men are raised on.

James: So there will be some women full-on into doing their Healing and truly empowering themselves, just as there will be other women full-on into defending their religions and way of denial life.

Nanna Beth: Yes, and really it will come down to a battle between women, with men sitting more on the sidelines believing if anything they are being of support to one way or other of women. And you're seeing more of that in the feminist movement, some women have taken it too far and there are battle lines being drawn, with it all being a 'women thing' they having to fight it out amongst themselves. And as men just feel they have the power, including gay men, so what is all the fuss about, and it's probably best not to get involved. Support your spouse or girl friend but really as you can't relate to it all not being a woman and not feeling the terrible bottomless empty pit of putrid ugly nothingness that underlies every one of them, which were they to let go and allow themselves to fall into, would take them into frightening oblivion; that being exactly what they will have to do as Samantha is showing; and living so as to actually confront that fear of annihilation and feeling like you are not wanted and don't matter because you are not a man, by instead of trying to block it out by putting your makeup on and pretending like hell you've got it altogether, submitting to it and allowing it to consume and overwhelm you, all your worst fears coming true – owning up to them and admitting you are them.

So you James look at the depths Samantha and Marion are having to go to and through, that which for the most part you don't feel anything like that bad because you are not a woman. A woman has the

woman's universe to deal with in her Healing, and then also the universe men live in, a twofold difficulty, whereas for most men it will be more straightforward, as it has been for you James, even though your added difficulty has been that you've been so out of touch and disconnected from your feelings, yet still that has not dented your ego that you can do it and you'll be all right and you'll get there; however for a woman, she's never that sure, and what if she fails, what if all those things she's dreaded and often dreaded secretly and never fully admitted to herself, come to fruition.

James: Thank you Nanna Beth.

Nanna Beth: I know it seems like women have got a doubly bad deal, which in many ways is true, however you also have to understand that for most men, although they might feel better about themselves and more important in life, as those feelings are also based on falseness and insincerity, and because men are more generally out of touch with their deeper feelings, then in many ways it will be much harder for them, as it has been for you, and they will have to ask for help from and rely on their worst enemy – women. So in that way, it will be harder for most men than it will be for women who are closer to and can usually more easily express their feelings. So neither is better off than the other, you're both in it together as you and Marion often talk about, with you both feeling you've both got a far worse, rotten deal at times than the other.

And before I go I will just say to John: interesting developments grandson, moving toward you! Bye James.

SOUL

Friday, 19 April 2019

James: Thank you Graeme for the question and for the others you, Graham and John have asked me, because lately I've realised I no longer need the spirits to help me, it just comes, I understand enough and they can work with me silently rather than my having to directly ask them. So writing this today, once again I've gone into more detail than perhaps is necessary as I've enjoyed going over it all and feeling better and more confident in my expression of it. And I love doing it as more insight, truth and understanding comes out each time I write about any of it.

Graeme: Hi James, you're correct, I used the word "inception" incorrectly (it sounds similar to "conception" but is far less personal). When our Earthly mum and dad have intercourse, a very intimate "personal" act and mum's egg is fertilised by dad's sperm is the moment of conception and from what I now understand this is the beginning of a new life and sometime after this moment our soul enters...and having just read what I wrote I think that's not correct. James, when does the soul "enter" or does it "enter"? And of course we are half a soul so I think I haven't really got this clear. Could you clarify this for me.

Thanks Graeme

James: It's a good point about the soul 'entering' because it seems that so many people use it and it's another thing I hate. I've worked on John with it; and what I've written below is of course how I see it.

Our souls exist in what I've called, for lack of a better way to say it, 'Soul-Land' which is existential and 'outside' of Creation which is experiential (existential 'just is', it just exists, it's without the need for or of experience; experiential requires experience to exist). Soul is Real Existence, God being Soul, we being souls, but it's all in this existential existence – whatever that is. Our soul contains, or is sort of like, potential. I guess it has its own reality, but as I currently understand it doesn't involve soul-to-soul communication (although it might – how can we know?), however there is this thing called a soul that

exists there in its own existential reality, and contained within it includes all that it is ever to be.

So our soul is complete, it has the pattern of us encoded within it and part of that pattern involves expressing two personalities in Creation. So there are masses of souls with their unexpressed soulmate-expression-plan either waiting to begin that expression in Creation or are under way in it.

The Mother and Father's Soul has created Creation for Their Soul, a place in which They can express Their Two Personalities and be known as and related to as a Mother and Father, and a place or realm for all other souls to express themselves, their personalities, in. With the reason for this being that by souls expressing themselves in Creation through their personalities, including God's Soul expressing our Mother and Father, they are to become self aware, meaning the soul is to become aware of itself, of what being a soul is, through the experiences of its two personalities as they are expressed in Creation – in life as we know it. So this is really what self-realisation means, the soul is looking to realise what itself is like, that being done through its two personalities. So as we being those personalities of our souls come to understand ourselves and our soul, so our soul is increasingly becoming self-aware, which it does through us, by increasingly making us become aware of ourselves and of it. So like how we are to keep bringing out all our feelings so we can see the truth of them, which is the truth of ourselves as to why we're feeling them, so too, we being the personality of our soul, is our soul continually bringing us out into Creation, so it, through us, can see the truth of itself. The idea being that ultimately the soul is to be fully expressed in Creation through its two personalities, so it's two personalities by knowing the truth of themselves can know the truth of their soul. So like how at conception all of our childhood drama is contained within that moment, all of which we are to live and realise and uncover the truth of through our fucked life in rebellion and the Healing of it, so by the time our Healing finishes we've fully brought out and expressed that hidden potential at conception, so too will our soul have fully expressed us at some point in eternity, we being the 'Creational' expression of our soul.

And so to maximise personality expression, we can become fully self-conscious and self-aware, the Mother and Father, based on how They are, made each soul with the ability or need to have two personalities it can express, those being about as similar and yet as opposite as you can get, therefore being soulmates, all to maximise experience together, as you can't be more personal or more intimate on all levels than being with your soulmate. And that is with your soulmate in perfection, being all-loving, so being of a Celestial level of truth; whereas for us, we're starting off with soulmates hating each other, being the most anti love you can be, the full negative expression of that relationship. Which of itself gives rise to yet more important experiences helping our souls, which really are ourselves, to know what that feels like – the truth of the Rebellion and Default we live in.

When people are Healed and of a Celestial level of truth, they will naturally find and live with their soulmate, have their perfect and true family, expressing that love for and between each other with and to their children, and without having multiple marriages, gay relationships, affairs, unwanted or falsely loved children and all the rest that we currently have. They won't have to undergo the drastic separation we do, with so many people so far removed from their soulmate that they can have a whole family and raise children with someone who's not their true soulmate, and with possibly their soulmate either not yet being on Earth, being on Earth yet never the two shall meet, or one of the pair already in spirit, and even with some pairs to the extent that the one in spirit is Celestial whereas the one still on Earth hasn't even begun to wake up to the untruth, so how far apart and how disconnected can you be!

And if Marion and I are truly soulmates, then our living together feeling we're the least soulmate-like that you can be, is all because we're expressing that unloving, truth-rejection of the rebellion we're in, realising that we don't have any so-called love for each other, we don't really get along as such, we don't really have anything in common other than some of the spiritual stuff, we are miles apart in the

Avonal thing, I believing we are and are soulmates, she denying it all, really we shouldn't even be together, yet we are and can't separate, helping each other become aware of how unloving and fucked we are and what a nothing relationship we actually have, the very opposite to the full-on soulmate relationship we should have and will have if we are indeed soulmates, when we've finished our Healing. And if that's true, then it's going to be amazing to feel all the loving feelings stir and awaken within us, taking us out of the anti-being-together we feel in our rebellious states, into being fully wanting to only be with one another. And I can see this happening, however Marion can't, so what's it going to be? All of which she says is the exact opposite of being what Avonal soulmates or any soulmates would be like together, which is right, because we're living the negative or anti soulmate relationship.

So we exist in this amazing way, each of us being one of the two personalities of our soul. And as we're so focused in the personality expression of our soul, so we mostly relate to our soul from that side of things, feeling often that we're two separate things, with our soul being this mysterious other somewhere part of us that some of us have some inkling of and feeling for. However through the Divine Love and once we've done our Healing, then our soul perceptions increase, so being one of the personalities of our soul, we can perceive through the truth that comes up in us, more of what our soul is. And we can perceive who our soulmate is and feel it's right being intimate and close to them. And those perceptions give rise to you feeling that you ARE your soul, that your soul and you are ONE, which is right, because it's expressing this part of itself in Creation that is called 'me'. I am my soul and my soul is me. And your soulmate will feel the same way about themselves, and then being united together your perceptions will also give you the understanding and awareness that you're together in this, you're very different and separate personalities, those personalities having been bestowed or given to your soul by your Mother and Father, the unique personality that you are to express, and yet you both 'share' or are both of the same one soul. And with that bond becoming so strong that once fully united in no way could you ever separate or have an 'affair' with another soul personality, because were you to, then you'd be rebelling against your soulmate, which would be just as big, if not a bigger rebellion on a personal level than the impersonal Rebellion of the Lucifers we've all been subjected to.

However being in our fucked anti soulmate existence where everything about love is wrong, turned on its head, made up by our rebellious controlling mind, all distorting our feelings and understanding of truth and love, we can only really make up stuff about this supposed soul we are or have and our supposed soulmate. And we take stuff which mostly comes to us from higher spirits, with the latest 'batch' coming from Jesus through James Padgett, making up all sorts of things about it.

So the soul exists, and has encoded within it everything that you as its personality will ever experience, because IT DRIVES YOUR EXPERIENCE IN CREATION. Without your soul orchestrating everything you wouldn't function as you do, you'd have to be a different type of mind creation in Creation like the angels are.

So at conception, the fusion of the two sex gametes, along with everything else, is orchestrated by the souls involved and in conjunction with the Divine Minister (our Local Universal Mother Spirit) as we're being incarnated into Her mind and feeling circuits in which we are to express our personality. And because we're in our rebellious state our conception happens between two different souls and not the one soul as it should be bringing together its two soulmates to conceive us perfectly in Creation, which of itself on the deepest soul level is very traumatic.

So the soul activates incarnation in accordance with the will of its Mother and Father, and as I understand, if the newly created personality is terminated before the first physical and spirit heartbeat, that too all being 'factored in' and part of what is meant to and was always going to happen, the soul

ends that incarnation awaiting its next time of activation. And if termination of the incoming personality happens after the first physical and spirit heart beat, the personality ‘dies’ and moves into spirit to be ‘adopted’ by spirit mothers wanting to carry that personality to term and then having their spirit baby. How that happens I’ve included roughly in some of my books, however I’m not too sure how it’s all done, other than the angels speed up the whole process in a spirit womb provided for ‘within’ the mother spirit somehow, without the mother spirit having to carry the child in her womb like we do for nine months.

Anyway, what I want to say to answer your question Graeme is the soul stays where it is, in Soul-Land, it CAN’T move from there, it CAN’T exist by itself in Creation, Creation being the sole realm and domain of its personalities, of all Personalities. Personality exists in Creation, soul exists in Soul (and possibly always in and of our Mother and Father’s Soul?). Our soul by expressing us in Creation is helping our Mother and Father’s Soul create Creation. Creation being called ‘Creation’ because it’s literally the creations of souls – a Soul’s Creation. With all that creating being done by personalities. So soul and personality are to my understanding the two most important parts of it all.

So at your incarnation, your soul starts ‘unfolding’ its encoded plan bringing one of its two personalities into being. So when you are conceived, or at some point in your early development, or even at six years old, the soul doesn’t ‘come into you’ as there is nowhere in you for it to come into. Our soul doesn’t create us so it has something then to ‘come into’ as if it’s been wandering around looking for a home, and finally, lo and behold, it found you! And why people say our heart is our soul or the centre of our being is because your soul is like a star that is constantly emitting or radiating light, and that light is all coming or shining into Creation from Soul-Land, all creating and sustaining you and orchestrating the life you need, ‘building you about it’. So deep within your heart or just below it, in the core of you, you might be able to feel, sense or perceive the ‘star’ that is your soul shining brightly bringing you in a sense into being all about it. And how that happens is the light from your soul ‘hits’ and activates your will, starting on the central or heart level of your will and expanding out through the rest of your will that runs deep within you between your base and crown chakra.

And as the soul is in a sense independent of Creation, when you die, your soul doesn’t go anywhere, your soul stays in Soul-Land and continues to do what it’s been doing, shining its light into Creation manifesting you as one of its two personalities, only now without having to include the physical level and all that went along with it. And I’ll add here, people often say when we die our spirit (or our soul) goes into heaven, but that’s not right as our spirit is already in heaven in a sense, and all we do is wake up being consciously focused in it now that we’re no longer consciously focused in our physical body. What does go ‘into heaven’, into the Mansion Worlds, is all that is to be kept that’s been associated with our physical existence, that which is contained within our Indwelling Spirit and our attending angels, all of which is ‘reconstituted’ into our spirit form in the Arrival Rooms, it being done by our angels and Indwelling Spirit when we wake up on Mansion World One.

So our soul shines its existential soul-light into Creation, into us, one of its two personalities, affecting us on our deepest level, the will level, thereby activating our will to literally will-us-into-being. So our will is sensitive to soul-light, with our soul driving all we do through our will. Our soul through our will triggers – activates – and keeps maintaining actively the relevant parts of our DNA and other things in the physical, as well as triggering our will on the spirit level, keeping our spirit equivalent DNA in our spirit bodies activated thereby sustaining our spirit self. So our soul creates our ‘aura’, our mind systems, feeling systems, physical and spiritual systems (physical and spirit bodies), within our psyche, and all the interconnecting systems within our aura and physical and spiritual bodies, the whole condition or ‘environment’ we need so as to bring about and maximise all of our experiences. Our soul organises and orchestrates our interactions with each other, nature, God and everything else that goes on

within us. And whilst we're to exist in our Wrongness, so our soul through our will orchestrates it all, keeping our will fully active and yet working against us, making things go wrong and hurting us, all in keeping with the needs encoded within it that determine how we're to experience our rebellious condition. And when we start our Healing, that too is programmed in our soul and it activates our will to drive up our repressed feelings, all of which then help us see where we're working against and being untrue to ourselves, how and why we're hurting ourselves and being so unloving, and at the same time seeking to rectify all that so-called 'will damage'.

So without our soul driving it all, we wouldn't have a clue what to do, and we wouldn't exist as the personality we are, anyway.

As we live life, our soul is always expressing its pattern or code or whatever you want to call it. I've called it: **Soul Light Print** in the book I've written about it but haven't published, mainly because it contains some of the Avonal stuff I've been hesitant about revealing. And briefly how it works is: The soul shines its soul-light into Creation affecting the will of its personalities, thereby willing its two personalities to experience what they need so as to grow in the truth they require to live as deemed by the Mother and Father. And experiential-light from those experiences then goes back through our will into our soul, thereby triggering, and even in a way, willing, the next lot of soul-light to come out into our will making us live the next experience.

So for example, imagine one tiny cell and the soul-light stimulating the will to trigger that cell's DNA keeping it 'alive' and doing what it's meant to do. And all the time that 'life sustaining' soul-light comes from the soul into the physical, just as experiential light (the light of its existence – that 'cell's experience') from that cell, radiates its experiential light back to the soul. So our soul is always shinning light into Creation sustaining us and bringing us continually into being, just as all our cells are and our whole being on all levels, shining back to the soul all the light of our experience. There's a tremendous amount of light continually coming and going. All of which is always increasing the more one is expressed into Creation growing in truth, which is why it's said the higher spirits are literally brighter than those of less truth.

And when that cell is to 'die' – end its 'experience', the soul-light is stopped and the cell ceases to be. And there is likely more soul-light also affecting our cells on more minute levels than the DNA, as it also affects the equivalent of that cell's 'spirit DNA' whilst maintaining all the interconnecting levels within the aura between the spirit and physical cell. And that's all only with one cell! And that's happening with every cell, and then with how every cell makes up the larger organs and so on, willing into being the whole complex of our spirit and physical bodies. And then the same is going on with our soul willing into being all that's happening on our mind and feeling levels, on the psychic levels containing the interplay between both and so on. So our soul is a massively 'bright star'. And then we have the sun, our local physical sun shinning all its myriad of light upon us and how that affects us, and then what about the equivalent spirit sun shining all its light on our spirit body, it all being in the 'image' of our own soul 'sun' or 'star'.

And as we're experiencing masses of experiences simultaneously on all levels, so our soul-light like a star is always shinning forth into Creation, just as our personality experiential light from all those many experiences we're having in each moment is shinning back into the soul. So every thought, action, word we say and do is driven by our soul – NOTHING is random and made up by ourselves, and yet it's wonderfully designed to give us the feeling we are doing it all ourselves and we have complete free will, when we don't, as everything is fated owing to the already encoded pattern in our soul. But the trick is, we live both the existential and experiential realities simultaneously, understanding they are both highly interrelated and completely dependent on each other, and through our soul-perceptions we can move

between the two, moving in our free will and our soul will. So can you sense that you believe you have complete free will, and yet when you look at how amazing things happen by ‘coincidence’, your whole life perfectly leading you to that exact moment, which is in fact every moment in your life, it all perfectly planned and preordained? It’s good fun GG working the two realities in your mind, playing them off against each other, standing with one foot in each camp; free will, yes, you say GG, I can decide to do that now and not that, yet how was it that I happened to come to be reading all of this? Did I miraculously just happen to make all the right free will decisions since my conception to arrive at that point? Gee, I must be god!

One last thing I want to say is how The Urantia Book portrays our soul. So many things I feel good about in the book, yet what they say about the soul I disagree with, and neither does it corroborate with what the Padgett Messages and some of the general Christian stuff says about the soul.

My understanding of the book is that it says we are soul-less until our Indwelling Spirit arrives, and then the Indwelling Spirit starts to evolve our soul as we grow in truth. So we have an evolving soul, something that will take eternity to come into full being, whereas what I feel is we have a complete soul, with it taking all eternity for it to express its two personalities in Creation. From memory, TUB makes no mention whatsoever about soulmates, I don’t think there’s even a hint within it about them, so why not, surely they are as important as everything else it talks about? And TUB says as we grow in truth, that is our soul evolving, and I too say our soul evolves in truth, however what I really mean by that is the light from our personality experience as expressed by Truth, goes into our soul causing the next part of our soul's pattern to unfold and express us in Creation. So we experience our personality coming into being through Truth, an ongoing ascension of truth. And when living that way, we are always growing in truth thereby giving us the sense that we’re growing or evolving in truth. And so as truth-based soul-personalities, we can feel ourselves growing in light, in the light of our truth, which really is in love, in the truth of love, as our soul advances in its ‘growth’, as we become more aware of the light our soul is, which we experience as love. So I do say and have written that our soul is growing in truth, as we are, we being one and the same, however it’s not the same ‘growing in truth’ as TUB talks about.

It took me years to work through this with TUB (The Urantia Book), trying to work out the differences and what was really going on. Why did TUB which has so much good information in it, most of which I have no problem with, have this other part, and a major part to do with the soul, which, by the way, it says very little about – and why is that when the soul surely is the most important part of us? So why is the book, so far as I’m concerned, so screwed up about the soul? TUB talks wonderfully about Personality and how incredible and amazing that is, yet the soul hardly gets a mention because it’s just something, almost a by-the-by thing that’s almost a by-product of our personality interaction, some obscure thing our Indwelling Spirit does within us which mostly we’re unaware of, with the main emphasis on being how our mind develops.

And then that became the key, and I realised that TUB was heavily on the mind side, and then other things as to how it’s written slotted into place. Then I realised that really what they’ve told us in the book is how an angel, a mind creation or creation of the Mind, evolves its mind-soul through the experience of its mind. And yet we are not angels. And so I gather TUB portrayed the soul in that ‘angel light’ way because of having to comply with the mandates of the Rebellion and being unable to shed too much light on the truth of the soul, and just to cause us more confusion. It sure caused me a lot of grief.

I tried to work it through: can I feel or sense my soul as coming into being and starting when I was about six and when my consciousness was fully formed and my Indwelling Spirit arrived? And the first difficulty I have is: okay, going down that path, what was I before I was six, and who was controlling

my early childhood? And I could think that it was the Divine Minister controlling it, so She would be subjecting me to all the shit I need in the Rebellion through my parents, all suggesting that really my whole life is controlled by Her and the Mother and Father and that I am just another evolving part of Her lot of mind Creations like the angels, nature spirits and plants and animals and without a truth-needing soul myself. But I sure don't feel I'm like them in anyway, and I sure don't act how I understand the angels do, and if I am just a mind creation, then why all the need for Jesus and Creator Pairs and Avonals and the whole ascension of truth for truth-loving creations that TUB talks about so well? Surely it would be an ascension of mind that we're all living, just like the angels (and also the mind spirits) are, yet the book itself points out how different we are to angels being nothing like them and having really no mind correlation, which we would surely have if we both were solely mind evolving beings, like how the nature spirits and angels do.

So I couldn't fathom it, and when I compare how good I felt with what Jesus and the Celestials talk about regarding the soul in the PM (Padgett Messages), I can't go TUB's way. And when I visit the TUB forums, it's very clear to me that the upholders of the book are trying to evolve and live life through their mind, just as we all have been made to do by the Rebellion. So TUB buys perfectly into the mind bullshit of the Rebellion when it concerns the soul, with the PM being the only thing standing up to that in their small way.

So being in the Rebellion and having to use our mind to control everything, we're really trying to live as an angel would, however because we're not angels, we're really bad at it, which is why we keep feeling bad, we just can't block out once and for all our pesky feelings. Because we can't live how an angel does, we're experiential truth-evolving and truth-loving souls, not experiential mind-evolving and mind-loving souls like the angels are. [This should have read "[experiential mind evolving souls \(like angels\)](#) and [existential truth evolving souls \(the way humans are\)](#)"] So there are existential souls and there are experiential souls, with the two 'types' of souls being very different... and yet we also have some things obviously in common as angels too work in angelic-pairs, their equivalent of being soulmates perhaps?, so obviously for them to evolve their mind-evolving-soul, to maximise that growth of their mind, involves them working closely in pairs.



So to conclude Graeme, our soul doesn't enter us, that is just more of the mind conceit that we being the personality is more important than is our soul, and it's the same as what TUB is saying, that we, our mind, is the all important part of us, with our soul at some point coming into our mind, and for our mind then to presumably evolve our soul. The difference being, you are saying that happens at conception, whereas TUB says it happens with the arrival of the Indwelling Spirit. Our mind doesn't evolve our soul, like it does for the angels, and if anything, our soul evolves our mind through our feelings.

And it's not technically right to say we're 'one half of our soul' as we ARE our soul, it just being our soul expresses two personalities in Creation. However for the sake of illustrating that we have a soulmate, I am happy to say I am the male 'half' and she is the female 'half'.

And it's fantastic how it all works, as TUB has helped me see: Our Mother and Father, God's Soul, have created god knows how many souls, all of which are to express their two personalities in Creation; and with the mind created beings like the angels, also still being created by Souls, being personalities and non-personality life forms provided as part of Creation to help us truth-loving souls bring the personalities of our soul into complete self-expression. And to help us with all of that, we also receive a part of God's spirit we call our Indwelling Spirit, which indwells part of our higher mind orchestrating the mind part of our personality in conjunction with our soul. So as our soul manifests us in Creation,

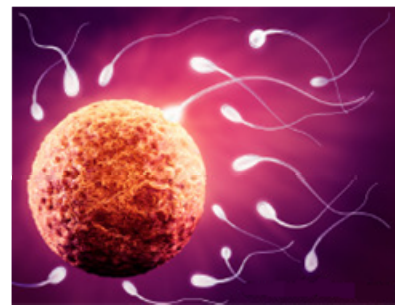
our Indwelling Spirits helps us to put it altogether and to keep us focused, should we not be interfered with by a rebellion, on Paradise.

And our Indwelling Spirit is pre-personality, pre-personal, it of itself doesn't have a unique personality like we do, so when we attain a Celestial level of truth, of perfection, then our Indwelling Spirit (although not the Avonals as their Indwelling Spirit does something different) fuses directly in some way with the soul, which means your Indwelling Spirit is then permanently with you, it thereby gaining your personality. So God and man become united in the Spirit. So then with your Indwelling Spirit permanently with you, forevermore it will reveal God and Truths of God, so the Truths of Love, to you, all in conjunction with the pattern within your soul. So giving over to 'live the will of God' is really in our case, willingly submitting to the 'leadings of the spirit', which means we're allowing our Indwelling Spirit to bring up all our repressed feelings so we complete the outstanding experiences we should have had yet were prevented from having by the Rebellion and Default, thereby allowing us to grow in truth from those feelings and to activate the True Way to become at-one with God, with first fusing with our Indwelling Spirit, and then next with our personally meeting and 'becoming at-one with' our Mother and Father on Paradise, thereby bringing us back into the true alignment with Creation, ending our rebellion against it. And with that rebellion, in which we're really saying we don't want to be part of God's Creation, we want to be part of Lucifer's creation – another Creation, how mad is that! So our soul leads us down Lucifer's track because that's what it's got planned within it to do, to go against the very Soul that created it, all so we can through our personality experiences, experience how bad that makes us feel, feeling so alone, abandoned by God, unloved and unwanted, all those delightful feelings we experience over and over through our Healing. All of which should by the time we've finished our Healing make us feel, fuck me, I never want to do that rebellion thing again!

Marion added to yesterday: The whole thing is as important, each moment. The first moment is just the most unnoticed, it's our arrival, the greatest moment of which we don't understand much.



ALL MARRIAGES ARE Mismatched



REBELLION

SOUL continued and an ANGEL

Saturday, 20 April 2019

I was intending to make my answer brief, once I'd worked out the problem, however, as usual, one thing led to another...

Graeme: Hi James, thank you for this detailed and comprehensive explanation to my question. And I won't call it a "gift"...and as John explained to me yesterday, a gift is something you keep for yourself...where as everything you James, write is for ALL of humanity. So, similar to you I dislike many of the "Americanisms" that enter our Australian way of speaking and unfortunately I worked for over 45 years in advertising and marketing that are heavily influenced by American advertising agencies. However I can say "Thanks heaps mate!" I love all the stuff you write.

I've re-read the soul explanation and have one specific query (I'm still digesting lots of other revelations in the doc) and it's this paragraph towards the end:

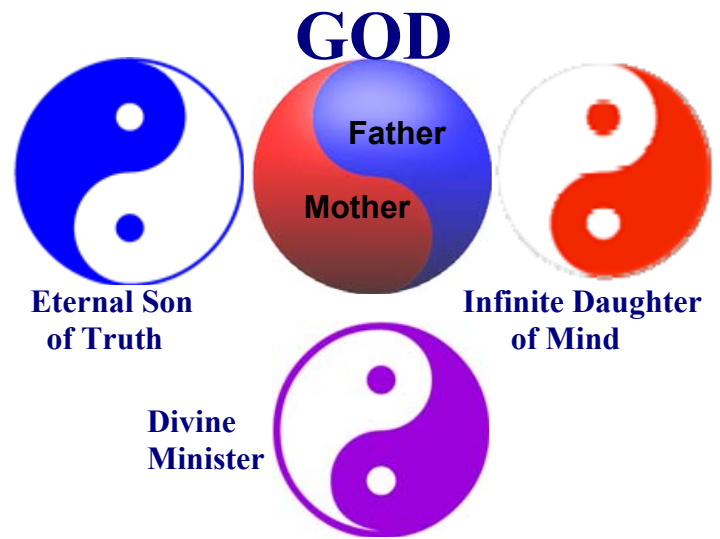
“Because we can't live how an angel does, we're experiential truth-evolving and truth-loving souls, not experiential mind-evolving and mind-loving souls like the angels are. So there are experiential souls and there are experiential souls, with the two 'types' of souls being very different...”

To clarify are you saying there are "experiential mind evolving souls (like angels) and experiential truth evolving souls (the way humans are/should be)?

James: I screwed it up, so no wonder it's misleading. It is complicated anyway, and for me to muck it up makes it even worse. In the paragraph you have singled out it should read ...So there are existential souls and there are experiential souls, with the two 'types' of souls being very different. So that then would change the question you asked, which you'd possibly not have asked had I not written it incorrectly: “To clarify are you saying there are "experiential mind evolving souls (like angels) and existential truth evolving souls (the way humans are)”?” To which I would have said: Yes, that's right. And concerning your should be, we are always that, only in our negative truth-denying states so much of it we're putting on hold until we start our Healing. (And you know Graeme, I re-read that paragraph you sent me three times before sending it to you, and then again in your email when I got it, each time making the error. And it wasn't until I sat down to answer it having moved it from my iMac to my Macbook that I saw it. My mind so easily sees what is in it and not what I've written. So how's that – bumbling blind Avonal I'll be if anything. And I dread re-reading over all my stuff because for sure there has to be major errors like this all the way through, and so when am I going to get the time, let alone have the inclination to do so, I've written too much! And John and now you guys keep making me write more!!!)

I want to point out that our souls are existential and so exist 'outside' of Creation as in they themselves are building Creation by expressing their personalities, whereas angels and mind created beings are 'inside' Creation, and so as they evolve their mind, their soul, if it can be called that, grows or evolves within as a part of Creation. The angelic soul starts from nothing when they are created and then evolves as they have their experiences, whereas our soul is fully complete right from the start, and as we, its personalities, are expressed and live in Creation, we start from nothing concerning the truth of who we are, the truth of our soul, but through life, through our feelings, come to know eventually the whole truth of our soul, the whole truth that's already within it and waiting for us to literally bring it out by living.

So I see it like we're complete on the soul side of things with our waking up to that completion through our personality experience, whereas the angels start as a fully formed being that's complete of itself, they are not born as an infant angel and grow up, and with no soul of their own already in existence like we have one, driving their life. The Divine Minister or Infinite Daughter drives the mind creations, and then as the angels experience, they are bringing their soul into being. Yes, that's I guess what I'm trying to get to, that our souls already exist and we as their personalities are waking up to that existence, whereas the angels literally start from scratch bringing their soul into being. So for us, we already exist as potential, which we fulfil as we bring out the truth of ourselves. And the angels are complete, expanding themselves with light as they advance their soul.



I'm now going to ask one of my angels if 'soul' is in fact the right word to use; are they creating their own soul, and can a created being actually create a soul, as my understanding about a soul is that only God creates it.

My Angel: Soul is the correct word James, so long as you understand that our angelic soul and your truth soul are very different. Our angelic souls become the repository of all our experience, and as so much of our experience is mind derived, so it becomes really the repository of our mind. We are evolving experiential minds through the full mind circuits of Creation. You are using the experiential mind circuits to grow in truth, which means, to bring to light the Truth that is already contained within your soul, we are using them to grow in Mind. You are becoming always more aware of and understanding of yourself, of who you are, you being a soul created by God, when we on a level of mind already know who we are, what order of being we are, how we function and why, and what our life purpose is, yet all the while accumulating all the light from our experience of all of that – of our existence.

Our angelic soul, which you could call a Mind-Soul, as opposed to your Truth-Soul, grows within what you'd call our heart, which is really our Primary Light Centre, it continually growing in the light from the mind experience of our life, all the way to Paradise. Then upon Paradise Attainment, when we meet with the Mother and Father of All, we change our way of being into that of being a different order of mind-being, which becomes what you might call a Superangel, and that which is expressing all the mind-light it has gained. So it sort of becomes the whole soul of light that it's been accumulating, expressed as one Superangel-mind-soul. And then there are many orders of these Superangels needed to maintain the function of the Super-universes and the new ones currently forming.

And you as truth-souls, when you attain Paradise and meet your Heavenly Mother and Father, then becoming Finaliters, will still work closely with us Super-angels. Man and angels are always to work hand-in-hand, each expressing their different souls.

So I would advise not to compare the soul of man with the soul of an angel, there are some similarities, however for the needs of your revelation James,

Finaliters

you won't need to go too far into it. Such information and perceptual-awareness awaits you all in the Celestial spheres in spirit where your minds and life-experiencing system is more highly attuned to the different light in the Universe. So such things as what we're talking about will become easier to understand then.

James: I had been thinking that as our soul is already existentially all in existence, then you angels are effectively bringing a soul like ours into being yet experientially. So God creates our soul in one go, it's complete and all done, and God is also creating souls slowly through evolution with you angels.

My Angel: Which on the surface of it is right, however our and your souls are still very different. Your soul being truth-loving is very different to our mind-loving soul, that difference being seen by how we are such different beings. You men and women spirits are very different to us positive and negative angels (the positive and negative not seen how you view them psychologically as good and bad, but more like how you'd see them in the study of electronics, both needed to work together, yet being opposite in charge). So as men and women complement each other in truth, so we positive and negative angels compliment each other in mind.

Spirits and angels are two very different lineages of being, both involving souls yet with those souls originating differently. All of which represents the expression of the Eternal Son of Truth (spirit expression, men and women), and the Infinite Daughter of Mind (mind expression, positive and negative angels). And then we all have our Mother and Father of Light. Light of the Mind – through our mind, for us; Love of the Heart – through your feelings, for you.

James: So for us spirits, once the spirit we've been created as, always we'll be that spirit, as we grow and become more aware of ourselves – our soul. Whereas for you angels, you change into different angels at times?

My Angel: Yes. Your soul being existential is all there, all who you are, and you are always waking up to the truth of that. We angels can start off as plant and animals on the experiential worlds, move into becoming nature spirits of those individual worlds, then move into becoming lower, middle and higher angels, then Superangels – lower, middle and higher, and possibly even changing again. And then there are also some of our orders that start at various levels and then evolve. Some angels start their existence as nature spirits and not as plants and animals, some as lower angels and not nature spirits or plants and animals, some as middle or higher angels. However all Superangels originate from the lower evolution of angels. And I say 'originate' rather than using the term evolve, because evolve infers a bias toward the evolution being one long consistent evolving change, however when our time comes for us to change order of being, it's a big jump, and for all intents and purposes we become a completely new being. So as we've told you for example, each plant and animal once it dies its physical death doesn't then become a nature spirit, the mind-essence of the plant and animal goes into what's like a pool of mind-light from which nature spirits are 'brought into being' at certain creational times. Which by the way you might like to know coincide with the Pole Shifts so far as your nature spirits coming from the pool of mind-light from your plants and animals are concerned, those intense and extreme times enabling and even requiring such 'creation-events' of such mind beings. And then with the nature spirits associated with the physical Earth and their equivalent in the Mansion Worlds, it's different, in that some of the more mind-evolved ones do become 'instantly' a new lower angel during such creation-events, whereas others lesser mind-evolved again go into a 'pool' of light from which to be 'originated' as an angel. And other lesser angels can also instantly come into being during these times, not being 'drawn from the nature spirit mind-light-pool' or instantly from a specific nature spirit. And likewise, nature spirits can instantly come into being without them having to be drawn from the plant and animal pool of light.


I can also tell you James, a nature spirit like Verna, because of her personal involvement with you, upon 'her time' she will become 're-personalised' as a middle-angel, a seraphim, rather than a lower cherubim. And this will in future be what will happen to many other nature spirits who will have close personal associations with humans. So as you can see, nature spirits themselves have quite a range within their order of mind-light-evolution capacity.

And also as you can see, the relationship between humans / spirits and angels is vast, there is a whole universe of information and understanding for us to tell you, all of which is now to start because of the end of the Rebellion and Default. Largely our relationship with you spirits in the Mansion Worlds and you spirit humans on Earth has been non-existent because of the Fall. We've not been able to come forward and engage personally with you. But that too is all changing now, and once the New Age begins, will have completely changed and there will be nothing limiting our personal relationships with you (other than people and mind spirits still rejecting us because of their rebellious mind). So as people on Earth and spirits in the Divine Love healing Mansion Worlds do their Healing, we angels will be able to personalise ourselves to you. That being, to those people who it's part of their life, as not everyone will need or want such a direct and personal mind-to-mind relationship with us. However, overall there will become a greater acceptance and willing openness by people toward us and the nature spirits, a greater love for us and knowing we are in your lives even if we remain unseen, along with also a greater love and respect for nature and all plants and animals.

James: Thank you.

And like GG I find the Free Will and God's Will question fascinating...and as God created ALL the souls... I can understand that God programmes all souls to express themselves in Creation...and that's to say all the souls are God's children and we "keep God company", He loves us, wants to see us have lots of experiences (on Earth) then later in the Spirit World and if we "miss out" experiences on Earth because our "expressions" were shut down – we weren't allowed to express our feelings and our personality, we'll have "another chance" at expressing them in the Spirit World. It's such a wonderful PLAN God has for all his kids.

Thanks again James Graeme

John asked me to 'ask the spirits' if John Lennon was around and possibly wanting to give me some songs to write. Initially I thought, no, I'm not musical as in I don't hear music in my mind from the spirits or angels, and were I to somehow write lyrics, they'd just be words and needing someone else to put them to music. And then I thought, do I want to now try and write songs? I've 'done' the movies, and now are I to 'do' songs – and more importantly, do I even want to? And should I try just so as to have 'something else to do', something to take away the boredom of doing nothing day after day other than writing and working on expressing my yuk self. 

John also has it in mind that when the big stage is built in the park, spirits will be part of the other worldly materialisation, coming to show themselves and tell us that there is life after death and presumably to give their accounts of what's happened to them since arriving in spirit and how they've found the truth of the Divine Love and are doing their Healing.

So I said to John, for him and only him, I'd ask Nanna Beth about John Lennon.

But before I begin, my first feeling that's come up is, no, I don't want to talk to him or to any other spirits in the Mansion Worlds anymore. I only want to talk with the Celestials. And as I didn't even like John Lennon that much and after seeing the DVD the other night depicting his early life, liked him

even less, and although some of his songs I enjoyed, it was never my sort of music, with Nicholas' songs and Neil Young eclipsing everyone else, so I'm not too enthusiastic about wanting to talk to him.

And then the other thing this led me into thinking about was along the lines of imagining standing up on a large stage in front of lots of people talking about the spiritual stuff and with angels and spirits manifesting for all to see, and possibly with miraculous healings taking place, the whole show of spirit light overwhelming everyone, it being the real Greatest Show On Earth.

And the whole thought of that makes me want to throw up, the whole American thing of making it all into some sort of big spectacular show – Welcome back to Earth John Lennon; Elvis Lives!, you can image it, whipping everyone up into some sort of hysteria, oh god, no, I want to run away.

However I do think some sort of 'show' might need to happen, so I was thinking, being in my fucked state, what might that be, and the best I can come up with is possibly the angels doing a few healings here and there, nothing too big, just enough to stir up a bit of interest. And really with myself to stay well out of sight and only working personally with those people who are determinedly doing their Healing or who might want to grasp an understanding of what it's all about and need help putting it altogether. Still, how I am now, and how I might be when I'm Healed, are possibly like chalk and cheese – I hope they are, and so possibly post-Healing, I might want to stand up on stage putting on the show.

So for you John, I will follow this through and ask Nanna Beth about John Lennon.

James: So Nanna Beth, what's all this John is talking about? Is John Lennon there and wanting to talk with me, or is it just something for John to work through and doesn't directly involve me?

Nanna Beth: It's the latter James, John Lennon is not with you, nor are any of the other lower spirits. It's already been taken care of, which you're now deciding for yourself, that you won't be speaking with any of them anymore, or not unless there was some very specific reason for it, which from our current perspective, there won't be. If John wants to talk with John Lennon then that's for John, and were John Lennon wanting to give songs to anyone on Earth then that's for him to organise, which is fine, however it won't have anything directly to do with you.

James: And what about John's idea of the big stage and the spirit / angel manifestations, myself being the culprit who gave him that idea?

Nanna Beth: That's a wait and see thing James. As you can feel, post-Healing, as you say, will be too different to how it currently is for you, so wait until then. However as it's all part of you working toward that time, like you are saying, and which is partly why John brought it up, you have to bring out all your feelings about such things. You have to decide as your feelings lead you to it, how you want your relationship with spirits to be. And John is helping you with that. Potentially many people would want you to talk with their family and friends in the spirit world, however is that something you want to do? And of course, and even yourself did at one time, many people would love to see and behold such a spectacular spirit and angel show. And also, you're having to consider such things about how are you to gain, if indeed you are, the attention of the world and for them to take you seriously rather than just laugh at you being just another Jesus wannabe. So it's all good James, working through such things, for as you know, it all leads to other unexpressed feelings surfacing in you.

James: Yes, thank you. John also wanted to know if the Law of Compensation being applied would mean that it would apply from the moment of its earthing, onwards, or would it mean everything bad in the past would have to be dealt with too?

Nanna Beth: Everything that requires compensation would have to be addressed. So including everything from the past. However it wouldn't happen all at once, the consequences of one's actions would be metered out over time, and as to how this would happen is an individual thing. There are universal laws governing it, which are like micro laws within and composing the Law of Compensation, and each of these laws will be applied by the Divine Minister in conjunction with one's angels and Indwelling Spirit, as determined by one's soul, so there will be similarities on how people might experience their 'hell time' however it's not to get too much into the mind side of trying to work it all out.

Law of Compensation

James: Sometimes I feel good about it thinking along these lines, other times I think it's taking my madness to even greater heights, to even have come up with the notion of such a thing happening as the Law being earthed, let alone my being involved with it, or even instigating it, and then all the different areas to be taken into account, god I must be off with the pixies! And yet increasingly I'm feeling that unless something so drastic as this does occur, humanity will never be able to extract itself from the clutches of the Rebellion and Default. And even though the Evil Ones are no longer around, still we're more than capable of denying the truth as that's how we've all grown up to do. And unless a massive soul change happens and suddenly many people want to do their Healing and can do it, the controlling influences of the hidden controllers are still way too strong. So bringing down the Law of Compensation together with a Pole Shift should change things very quickly, even more so I reckon than putting on a good Light Show on John's stage! I'd like to see John on his Stage of Light with all his family – with you Nanna Beth – materialising about him. Sort of like a This Is Your Life sort of thing taking it into the next dimension.

Nanna Beth: Let The Show Begin!

James: You're no help, you're as bad as your grandson... figures!

Nanna Beth: Bye James.



KING OF THE BEER FRIDGE

Beacons of Light

