

PASCAS WORLDCARE

Against the Odds

... contact and launch

26 June 2019 - 17 April 2020

Volume III

CONTACT

AND



“Peace And Spirit Creating Alternative Solutions”

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FEELINGS

On Wednesday, 26 June 2019

John wrote: Hi JM

I am looking at the Children's script for the schools.

Feelings dominate our life but we are dominated by feelings that are mind generated whereas we are to go with our soul based feelings.

How do we explain the differences to children please?

JD

James: I don't think you do, it's too complicated and I don't know if I understand it properly myself. And it doesn't matter, I think so far as children and all of us are concerned, it's more about emphasising how good being as feeling-expressive as you can be is for you, helping you in all aspects of your life and particularly in your relationships. And if you want to know more about why you have the feelings you do, you can long for the truth of them. And all the rest will come out of its own accord as you go along.

I think it's better to talk about feelings from your heart (and possibly your soul if you want to include that, however that might be too much for children. I don't know, having had no experience with them).

I've been thinking today about adding another paragraph or two to the bottom of it all, which might help and you can apply that to your children bit as well. I'll see if I can put it into words tomorrow.

[It is so good being as feeling-expressive as you can be, helping you in all aspects of your life and particularly in your relationships. If you want to know more about why you have these heart based / soulful feelings that you do, you can long for the truth of them.]

Subject:The Professor Syndrome

Date:Sat, 29 Jun 2019

From:Graeme Bates

I was listening to James McCanney's radio programme last week and he mentioned something called "The Professor Syndrome".

Apparently they have discovered an enzyme secreted by the endocrine system that effectively "blocks" new information from entering the brain. Now most of us know that academia is controlled by the boys at the top aka Jacob Rothschild for his own nefarious goals but now it seems there is also a "physical" enzyme that stops the transfer of new information into the brain.

McCanney quotes the experiments conducted by Galileo in the 16th century when he dropped a large ball and a small ball from the Tower of Pisa and proved by scientific experiment that they reached the ground at the SAME TIME. Now despite clearly demonstrating this scientific fact the universities continued to teach Aristotle's version from 300BC that a heavy iron ball falls faster than a smaller ball.

The science community today suffers from The Professor Syndrome when it comes to matters such as The Big Bang Theory, Evolution, gravitational forces, etc, etc. McCanney has clearly demonstrated by scientific experiments and scientific facts that most Tier 3 (junior) and Tier 2 (middle rank) scientists are MUSHROOMS – kept in the dark and fed bullshit – or "Text Book Repeaters".

I have been unable through my Google searches to find any documented evidence on the Professor Syndrome. I believe it exists because I believe James McCanney but I would like to see some documented evidence that this enzyme does what McCanney says it does.

This discovery, if it s true, could have widespread ramifications for all the NEW information we want to disseminate...

“The Professor Syndrome”

James McCanney Science Hour radio programme broadcast 20 June 2019

http://www.jmccanneyscience.com/JamesMcCanneyScienceHour_June_20_2019.mp3

Transcript commencing at time marker 5 minutes 40 seconds:

Scientists can blind themselves to truth, logic and fact when presented with information that contradicts their belief system...there's a name for this and it's called “The Professor Syndrome” and they have measurements of an enzyme that is exuded in the brain, in the nervous system, by the endocrine system and it blocks information that contradicts what the brain is accustomed to seeing. It's a psychological malady called The Professor Syndrome. On the rare occasion I attend The Professional Geophysical Meetings, I watch the guys walk around as if they're on drugs...there's no

inspiration in their lives, people at universities or at NASA...they spend decades labouring over minutia, most of which is wrong. For example biological EVOLUTION comes down to chemistry and science but the current theory of evolution doesn't support what we see. And this begins with the alleged Big Bang ... a massive explosion when protons were created, then electrons in the first few seconds, and all the anti-particles....then all of a sudden galaxies form, then planets, then all of a sudden there are monkeys walking around then a little while later you! A white wash of miss-information ... macro concepts linked together that have no validity, no validation of any kind in a scientific sense. There's no scientific evidence for any of this. There are some tertiary things that people interpret as evidence but it is not direct evidence like Galileo's experiment at the Tower of Pisa when he conclusively demonstrated that two balls of different sizes, one small the other larger, fell at the same velocity and landed on the ground at the same time. Now despite seeing this scientific experiment the "professors" watching went back to their universities and continued to teach the incorrect Aristotle's version from 300BC.

WORLD WAR III

Monday, 1 June 2019

You can skim it to the relevant points – WWIII. It's a link from End Times David Montaigne. On a previous page to this, it's pointed out from an astrology point of view that it all could happen 2019 or 2020 according to the relevant planets. If it's this year, I guess it's meant to start any moment now or should have, so possibly next year??

Latest Prophecy update... (Danish Astrologer Eskild Rasmussen: [WWIII](#))
<http://www.exploratoryastrology.dk/412093334>

And here's a further link to where Eskild got it, had you not seen it when reading his article: [WW3 Prophecies](#) http://www.jrnyquist.com/may14/new_page_2.htm

Because I've got nothing else to do I want to write my thoughts about the latest prophetic information that David Montaigne provided a link to. Many historical and probably Christian based prophets who might have possibly been influenced by the Bible and Revelation, and yet with all having good accuracy in predicting the first and second World Wars, and so why not be just as accurate in their WWIII predictions.

The Danish astrologer predicts it should start this year or next, as the planets align perfectly, however he doesn't say anything about future dates in which no doubt the planets would also align well as they have done in the past which coincided with the first two World Wars and all the other minor wars since then. So assuming he is correct and looking to this time now, I want to see how that fits into my Healing and Pascas.

Overall the prophets say WWIII will start late July / August after a mild Northern Hemisphere winter and early start to the growing summer season. I don't know how it was for them this winter, however their summer has been very hot in Europe and wild in America, I don't know about Russia, but it's been growing bumper wheat and other food crops remarkably increasing and improving its production for a number of years.

At the start of WWIII there will be a sense of world peace, which we have now, increasingly with Trump and North Korea, Trump pressuring Russia and Iran yet withholding doing anything foolish because Russia has shown very clearly it is superior in weaponry now, much of which it has possibly passed onto Iran and China. As I read it, the Americans are having to bluster more as the world comes to understand they have been passed by in the arms race, even to the point of becoming an afterthought should nothing be done about it. With Russia and China starting to sell US Treasuries, looking to trade in their own currency's with other countries bypassing the American dollar. So what can America, and their hidden controllers do? They are now being faced with fading into obscurity and having to

relinquish top spot in the world, and could they bear a Russia / China run world? And currently, however that's not to say that it could keep going, the world is awash with money, the wealthy are raking it in, the stock markets are defying all the technical signals by still going up, gold popped its head suggesting something is amiss, only to possibly get crushed back down again, so relatively speaking peace and prosperity exists in the world. So things seem to be aligned with the prophecies, however it's all still only subjective. In five or ten or more years time for example there could be even more peace and greater wealth with the stock markets still defying all odds.

The prophecies say WWIII starts with some problem in the Balkans I think it was, like an assassination, though don't put much importance on the person who's killed but seeing it as a trigger that causes Russia to suddenly, and seemingly completely at odds with how Putin and Russia seem, launch a massive multi front attack on many countries. So why would Putin do that? And I can only think of two things: he has said Russia will only initiate a first strike war if pushed into a corner and has nowhere to go, which I can imagine the hidden controllers doing setting the Russians up with the intention to push them into war as the prophecies say, all so when it's over Russia is fucked and free for them to plunder all that gold and other wealth Putin has stashed away. Or, perhaps Putin is the one who is assassinated in a visit next month to the Balkans or his beloved Sochi, which would shock Russia to its core and perhaps they'd lash out with nothing to lose, with Putin's death like that even being a trigger to push the button should it happen and should the Russians see it was the hidden controllers behind it.

The prophecies say Europe and the rest of the world is completely taken by surprise by the Russians launching such an all out war for seemingly no provocation, and unless it's been part of Russia's plan all the way along (and yet would they even try to defy prophecy), it seems mad as to what would happen to make them do such a dramatic thing especially when the prophecies say they will lose the war. So for them to try and crush the hidden controllers once and for all, that I could understand, which if they succeeded in doing would be incredibly good for humanity and in keeping with what the Celestials say, however what is to stop the hidden controllers forcing the Russians into it as part of their master plan, including Russia's defeat, then to take over the whole of war torn Europe and Russia and wherever else they want, all with their control fully established, the world population severely reduced and they can sit back comfortably with peace and all the control they want for the 1,000 years.

Of course it doesn't fit in with my current Avonal Plan for the hidden controllers to extend such control, however perhaps it's only my wishful thinking that their control has to soon end, with the New Way still being able to be imparted within the hidden controllers 1,000 peace, with those people doing their Healing slowly taking over to one day end the hidden controllers control once and for all. Perhaps I'm hoping the Celestials will sort it all out now and its happy endings setting everything up for the Avonal Golden Age, whereas I can also extend to it being the hidden controllers golden age that reigns for another 1,000 years or even more. It's said that Satan will try to make a come back at the end of the 1,000 years, so possibly that means the hidden controllers will try to do something else, and yet because by then there will be so many people who've done their Healing, that will be the time when they finally fail.

The last thing about some of these prophecies is that the war will be quick, it will be nuclear and horrendous, however it will be cut short because of three days of darkness and other strange Earth goings on, all of which sound like a possible Pole Shift or some other cosmic or major Earth disturbance. Lots of massive earthquakes, presumably volcanoes, bad air, water and food, poison in the air coming in through gaps in the windows, which could be radiation as well, radiated lands.

None of these prophecies are as big as Revelation so far as the massive Earth changes go, however that might just be because not that much happens to Europe where these prophecies are focused on. One of

them says the climate in Europe will be changed, it being warmer and more temperate, which would fit in with a Pole Shift.

So putting that altogether, if David's time at the end of the year is correct for a Pole Shift, and WWII starts in August, then I can image five months of raging war to complete all the prophecies say, then Russia's onslaught ends because of the Shift, with its armies and the country itself then being decimated.

I thought Russia might attack knowing they are fucked anyway because of the Pole Shift, but why attack Europe when more than likely it will be fucked too? I can understand it moving south into Iran, Turkey and the Middle East, even helping to annihilate Israel if possible, but they'd need to have some pretty good information as to the Pole Shift definitely happening to make such a move. My spirits won't tell me anything about any of this, they only say they can help me understand the spiritual truth of the Healing and my own Healing, however it's possible Russia has unearthed some other hidden message in the secret diggings of past civilisations and exploration of the world and their own country, which they've not made known to the world, which would better determine the date of the Shift.

How does this relate to myself, my Healing and Pascas?

Daily I am feeling more like something has to come to a head within myself, and hopefully it's the end of Marion's and my Healing. I need to see the end of it, that it works, that it is what we are all to do. She is getting worse physically, however as soon as it looks like it's all over or she will be forced to the doctor or die an agonising death, it seems to shift a little to allow her to carry on. She is more than ever a daily fount of truth, with truths coming as she works through all she's expressing, all making me wonder just how much more is there for her to see. And for all I know, there could be heaps, or she might even have to go through a horrible ending, expressing and uncovering the truth of herself along the way. She might even die leaving me here to carry on with the Avonal stuff should I still feel that way about it. Still I don't see the point of our both not finishing our Healing, which includes being relatively good in our physical bodies as well, however what do I know?

So I would love my Healing to end this year and by David's time, it would all fit in so well, and yet it could just go on and on for years more, and I dread thinking what I would do as I hardly feel like writing anymore. And Marion is sick of reading and doing what she has done, so we're both feeling we've had enough of it all. I am fed up with Island life wishing I could move. I hate the thought of being at the Bush Bank for years to come, however that's what I've thought most of the way through my Healing.

If it's WWII this year then Germany is going to get wiped out along with the rest of Europe and London, so there won't be any chance of you getting your money John. And that might not matter anyway, because if the world really is stuffed by such a war and Pole Shift, we're all going to be growing veggies and doing not much else, should we even be here. Australia is said to be the only place not overtly affected by the War, so possibly between now and the end of the year if things do go to the crapper, we can move up North anyway. Or we're stuck here forevermore, possibly to get swept away by a huge Pole Shift wave and that'd solve all our problems.

If the War is not until next years August, then you've still got time John for the money to come through. The Rothschild's might rush it through very quickly as they want all they can get before it all ends, however they are leaving their run a bit late for this year, but possibly that might happen for next year.

So I know it would be a tough one John, and especially for Crystal, but it's quite possible there will be no SI (Solid Investment) money, it all being swept away in the conflagration. So then were any money to come, it would have to come from other sources. And if the economy of the world is dramatically

slaughtered and we have a little money, should people of the Aftertimes still want to live with money, then I would imagine Pascas being wholly Australian based and your plans of helping the whole world would be curtailed. Sam, I hope with possibly her children, might choose to come out here just before the end if that can be arranged.

And I know it's very difficult to think along these lines, however I want to face and consider all the possibilities that come my way, as each of them stir up more feelings I can gain truth from.

So Pascas might end up being limited to just Australia, possibly to just southern Queensland, should any of this come to pass; or, there is nothing to worry about along these lines because the prophecies are all false anyway.

I have worked through all my stuff to the point of being able to entertain these prophecies for what they are, considering they might come true sooner rather than later, and feel I am happy to go either way. I don't see myself leaving the world within the next six months, however again, what do I know. Perhaps the whole Avonal thing is crap after all, and I am just a fantasising mortal that's taken global spiritual fantasy in the Rebellion to new extremes by believing I am an Avonal, and my death will come as I am swept up into the Mansion Worlds there to finally see the truth of my bullshit.

The feeling these prophecies leave me with is that possibly should the Pole Shift happen during WWII, perhaps this time round it's not going to be so destructive. It was from all accounts massively destructive the last time it happened, so possibly it's not as bad each time. And so, more of the world would survive this time, which seems in keeping with these European prophecies, with the War seeming to take more a toll on the population than the Earth changes.

And then possibly, it's all too soon, and the Pole Shift and WWII won't happen until 2046 or later or David's reckoning of when Nostradamus' prophecies around 2028 come to pass. So Pascas will have time to prepare and spread the word. And by then possibly Putin will have died or ended his influence, Russia might be very different to what he has made her today, as will the whole dynamics of the world as the whole global financial system comes to its natural demise because of all this money printing with such low interest rates and all the outstanding derivatives that are set to become defunct should the interest rates ever start going back up again. So do the governments take over and keep the markets all artificially propped up, or does the balloon pop but not for some time yet?

So I am now waiting to see what happens at the end of this month and early August. It's amazing how it's been happening for me. I was waiting for my birthday in May and then for the shortest day in June because of things the spirits said. Now suddenly I am again waiting for the end of July and August, and of course I'm waiting for the end of the year. As part of my fucked pattern I have to always be waiting for future events to unfold. And if July / August comes and goes, then possibly it might also mean nothing will happen with David's end time. And I'll continue thinking and wondering about it because I have nothing else to do. And I'll continue waiting and waiting for my Healing to end.

And if the whole world effectively ends starting in August, fuck me, that's too huge. And to think of how easy it is to say war and the Pole Shift will happen killing so many people, but how horrendous would that be. And to think that all the beauty of Europe that's been built up this Pole Shift Age suddenly ends, twists the mind around. What if no one gives a shit about art and books in museums and all the beautiful architecture because it's either destroyed in the war, by the Shift, sacked and pillaged by survivors, it showing the precariousness of our existence and how bullshit it is anyway when just like all the major previous civilisations it can end in a flash. All our falseness goes up in smoke in the blink of an eye. And how incredible it is to think that we being so civilised and sophisticated, Europe being

the most advanced, and yet another soul-destroying war can break out with the invading marauders raping and pillaging their way through such advanced society. I sure wouldn't want to be over there. I'd hate to think what it would be like thinking you are flying to Europe to enjoy a lovely holiday and then wham it's all over and you're stuck there in the middle of it.

As a side thing, it's interesting to note that some of the prophecies say half of the French will side with Russia against the rest of Europe and France itself, which just shows that nothing really changes.

So I feel it's all completely in keeping with how I already feel – mad.

Subject: Wonky

Date: Thu, 4 Jul 2019

From: James

To: John

Pascas Care Living Feelings First – Children

P3. para 2 I think the last line should read – might have to check with EME:
what a dreadful condition and situation we have been manipulated into.

Or

what dreadful conditions and situations we have been manipulated into.

para 3 I don't know what you're trying to saying: But our best is founded on the seduction of wily so-called spiritual leaders and all the errors of our own parents and their parents before them stem from guidance many centuries ago.

Possibly: But our best is founded on the seduction of wily so-called spiritual leaders and their guidance of many centuries, together with all the errors of our own parents and their parents before them.

However why are the spiritual leaders wily? They are just another version of wayward parents, ignorant of the problems they are causing. Or are you meaning the wily higher spirits, the Evil Ones?

And the rest of the para: again it might be a bit harsh up front like this. What about tempering or leading into it by something like:

Mostly we believe we parent lovingly, that we are sincerely doing our best for our children, however sadly, a lot of what we consider to be loving is reinforcing our untrue state on our children. We just do not understand how wayward we are, how much in error we are, all of which equates to the devastating realisation of actually how unloving we are. And that without our knowing it, we are imposing our unloving state upon our children from the moment of their incarnation. With the child being intensely bombarded by our wrongness all the way from incarnation to around the age of six (the time of the arrival of the child's Indwelling Spirit), and further for the remainder of its childhood. Oh what a start to life we all have had!

(A couple of points from this para above John. Our denial does start from conception, the heart beat is only relevant so far as should we die once it's started beating, we go into spirit. But the shit begins from the first moment, it's all there ready to come into being as we develop.

And I dropped the last part of the last sentence because of conjecture as to which is more important, the environment we grow up in or hereditary factors, when they are both just as important. So some people might get confused as to what you are saying.

Para 4. You say from eight years on a child can commence its Healing, however where did you get that from, I hope I've not written that anywhere? I don't actually think a child can start its own Healing until it's completed its childhood, so possibly around sexual maturity, although that might also extend to around 21? I think that's all technical and possibly the age differs depending on the technical parameters of the prevailing Spiritual Age. I'd have to check with Zelmarnia or Zelmar.

What can happen is, because the child is still in its childhood, so still forming, should the elements that are contributing to its formation change, then it will be different. So its parent/s could do their Healing, with the truth the parent/s grow in then affecting their child, so effectively lessening the development of its untrue state. The child can learn to be more self-expressive and even how to look to its feelings for their truth, however that is just another aspect of its childhood development. So it can even learn about the need to do its Healing and how to go about it, and possibly even work on itself with the help of adults or by doing it itself, yet its real Healing can't happen until its childhood is complete. And if the child learns about being more feeling accepting and expressive, then even though it's not officially doing its Healing, by being truer to itself by attending more closely to and respecting itself more by being truer to its feelings, it will alter the course of its childhood, as in the impact of the Wrongness, however that is still all just another part of its childhood. And one would reckon that with greater self and feeling awareness, then as an adult, whether it does its Healing or not, its life should benefit from being closer and truer to its feelings.

(I just read Annexure A (what does annexure mean??) and feel okay about what it says, helping the child become aware of any bad feelings, express them and long for the truth. I think teaching, showing and encouraging a child to do that is good, and might help it, however to leave it at that – a feelings led life.

And not to get into the Healing side of it, that it's not for the child to try and bring up repressed feelings to uncover the truth of. Just to stay in the moment with the immediate feelings and truth that comes from them. Later as an adult it can look to work more consciously and specifically with its repressed yuk. Some repressed stuff might of its own accord surface in the immediate, and would be worked with as well, which might lead the child and parents back into helping to see problems with the relationship past and present, however that would all just have to be naturally occurring. By NO MEANS should a child be pushed, coerced or forced deeper into its past or repressed feelings, trying to get it to do its Healing. That wouldn't be right and I imagine would screw it up more, it might be too traumatic, without it being able to cope with the results because it's not an adult yet, it's still only a child. That which is for us as children should be kept for us as children, and that which is for us as adults should be for us as adults, as obvious as that might sound. But being adults and trying to subject or force a child to do adult things is not right and only going to hurt it more, which is how we parent and how we traumatise our children. So adding the Healing to that, should someone try to force or encourage a child to actively do its Healing, I don't think is right. It's possibly a grey zone as parents and child therapists might at times be able to work deeper into a child should it be suffering badly, but all so long as the emphasis is always on leaving it up to the child to uncover the truth for itself through its own feelings, and not having the adult try to dig it out or force the child to accept it.

I think John the whole focus should be just on helping the child to become aware of its feelings; to help it feel good about having both good and bad ones; to help it understand the importance of bad ones and how denying them might cause it problems and yet more bad feelings; and that feelings can lead us to

the truth of ourselves, which means understanding more about all the different parts of who we are and why we are the way we are; and that being feeling expressive and wanting to find the truth contained within your feelings can benefit you in every area of life, particularly in your relationships. That by living true to your feelings and wanting to uncover the truth of them will help you be the best, caring and loving person you can be. And also to help the child understand that living true to its feelings in life can be difficult, because many people and many parts of society are about feeling denial – especially bad ones, and how that denial can make one sick and causes all the bad things people do. So helping the child to deal with those issues too.

So I think it's okay to call it Living Feeling First – Feeling Healing, only to understand, and even possibly to also teach the child, that full-on Feeling Healing can only be done as an adult, that being looking to uncover the whole truth of your unloving, rebellious and fucked state. Whereas working with your feelings to help you heal in the moment by expressing them and longing for their truth, we can all do anytime.)

So possibly the para could be something like: And all the unloving effects of our childhood have to one day be healed. So what a lot we have to heal – all our unloving experiences and harmful events that have taken place from incarnation. So understandably, the truth of our childhood is not a pretty situation to be confronted with.

Annexure A doc

In the big para I'd add: Feeling Healing is a simple process which allows and enables each child to reflect on **current and** past events that may have been good or bad, however each bringing about some difficulty. **By focusing on their feelings,** they are able to access the memory of any such event that caused them some **disturbance or upset them** in any way. This provides an opportunity for each child to draw on their memory **through their feelings whilst longing** for the truth behind what they are recalling. To let go of the disturbance is to express it, that is to talk it out to someone whom they are comfortable **with fully talking** about it **to,** and **someone** who is willing to listen to their **whole** experience; so most importantly, **any bad feelings they felt or are feeling. By fully allowing themselves and being encouraged to express all their feelings,** they will achieve a level of understanding, awareness and ultimately a resolution for themselves and any others involved. This provides an opportunity for each child to let go and move on from old issues and **immediate problems and concerns** which may have caused emotional or physical blocks **#** and limited their true personality – their true selves, **thereby allowing them to grow and evolve into** their true potential. Feeling Healing complements current work in values and wellbeing education, however it takes the potential **of** each participating person, child, teacher and parents, beyond previous possibilities.

(NB the # was to denote a deleted comma)

The fourth point: Giving resources to be able to freely self express

I don't know if it's right to say it like that 'self express' – have to ask EME again. Possibly it should be ...to freely express oneself...

Pascas Care Living Feelings First – Children – Graphics

P7 para 4 add ...current and past events...

[I suppose this part below you should also add into the Paper you added that stuff to yesterday]

It's about learning to express all you feel NOW, and should those feelings lead you into past ones then those repressed ones can be dealt with. We have to stay true to our current feelings, fully embracing, accepting and expressing them, and longing for their truth. Which is far more applicable to children – to stay in the PRESENT. The actual deeper Feeling Healing part of liberating past trauma is another thing altogether, yet something that shouldn't overlook the current feelings because one's current feelings are the way into the past repressed ones. If you try to go into the repressed ones whilst not also embracing and expressing and longing for the truth of the current ones, you'll screw yourself up. It's to understand that our current feelings ARE the same as our past feelings, so we use our current ones to access those same past ones. What we are feeling now is what we felt back then. So the truth that comes to us now is the truth to what happened to us back then, it all connects up. So as an adult now we can uncover the truth of what we are feeling now and why we are feeling such feelings, just as we can also uncover the truth of what we felt back then that is causing us to feel those same feelings now. So all the while we want to find within us the truth of why we're feeling the same feelings now as we did back then, as in, what pattern is there, why is it repeating and how was it established in us – what is really going on within us.

last para P7 This is why endlessly talking on electronic devices and 'texting' impersonal messages is so enslaving to kids and adults – it is not being feeling involved **through direct face to face** personal interaction.

(And thinking more about the texting and Internet, I think it's still far better to at least say all you feel and express yourself as much as you can through it, rather than not doing it at all. So many people face to face close down feeling scared and being unable to open up about anything, whereas at least with the Internet being removed, like with the phone, you can say stuff you might not have said before. Still, of course face to face with full self-expression between everyone is the best, yet as we're all fucked and denying ourselves so heavily, does it matter having the Internet? It sure gives people more to talk about, and people all over the world, helping us see how everyone is and that we are not much different to each other. Growing up fully wired to it from day dot might cause other problems, which I guess we'll start seeing soon enough if it's not all there already.)

P8 Whenever...

This sounds very blokey This is the greatest journey and in this way you will become the hero and the icon personality

that you are meant to be. What if you don't want to be a hero or icon personality, just nice, caring and loving?

Last para: **forever** (at the end of the page.)

Another thing is that it's to be understood that expressing and seeking the truth of your feelings IS JUST LIFE. You don't have to have specific sessions; to give the skills and understanding that it's just normal everyday living. It's to help the child/adult to understand that we can do it all ourselves through our feelings, that we can live being completely self-reliant by properly attending to our feelings and growing in the truth they reveal to us. And that all bad things that happen to us only do because we are not properly attending to ourselves by fully honouring and expressing all we feel.

Pascas Care Living Feelings First – Children – Discussions

Monday, 8 July 2019

Hi JM

Pages 43 to 45 i have presently ran out of steam

JD

James: Reading through it, John, brought up other stuff in me to do with: what are you trying to achieve, and how to put it into action. I guess a lot of time and thought would need to go into it. Just having a class once a week for example whereby all the usual normal things of life are openly discussed and with a greater emphasis on feelings and trying to express them, education about them, how important they are and not to bottle them up inside, how expressing them helps all one's relationships; and then the longing aspect to it all, would be good, I wish I'd have had that sort of thing during my schooling, even at home.

Anyway, it's a bit of a jumbled mess. I still don't really understand what you are trying to achieve with the children, in the class room and for them personally which they can take home and into the rest of their lives. Possibly someone else might be able to come up with some sort of format, together with the right aims as to what it's all to achieve.

I think these two parts need to be stressed:

A: Expressing feelings, good – and especially the bad ones – is good, and the more so the better. And that will help with all aspects of life, particularly in relationships. So children (and adults) can be encouraged to express all they feel and think.

B: And then to include the desire to want to know the truth of why you are feeling those feelings. That we can find out through our feelings by longing to know the truth of them. That we just long for the truth of our feelings and do nothing more other than keep expressing them. We don't use our mind to try and work out why we are feeling what we are.

And the two parts are needed together. That one can express feelings all day long but that's all it really is, which is still good and much better than denying and suppressing them; however without longing for the truth of them, one won't personally grow and evolve with them. That to live a feeling-led life means we can grow in truth through our feelings, which takes us into ever deeper understanding about ourselves, nature, other people and life around us, and God.

And that not everyone might want to grow and evolve themselves by looking to their feelings in such a way. That it's a choice we can make – that living a Feeling First and feeling-led life is a new and alternative feeling accepting way of life, compared to that of living stopping aspects of yourself from growing and evolving because you are denying yourself full feeling expression and the truth coming from them – a feeling denying life.

P12 para 4, is wonky?

P 13 para 5 you say long for the truth **of** why you are...

However, does a child know how to long, and **what longing is**? Does it need to be explained how to do it? Why it is to do it? The importance of doing it? And how to just long and nothing more, to keep going expressing your feelings, long when you want to, and the truth will come. That it's not to use your mind to try and find meaning as to why you are feeling what you are, to try and keep your mind out of it.

It is wanting to know why you are feeling what you are feeling – why you are having that feeling now. Which is the hard part. Is it that a child is to stop and long like we adults do, knowing they are actively wanting to use their feelings to uncover the truth of them, which is part of our Healing. Because in ordinary life, I don't think many of us want to stop and actively long for the truth of our feelings in mid flight and daily conversation. It's hard to do and yet it can also be done if you really want to do it.

So is it that our Healing, using our feelings this way, is only a specific thing to do?

So is it right that we long, we decide in life that we want to work with our feelings this way, we make a commitment to ourselves because we want to grow in truth, and then we don't specifically have to long all the time and each time we feel a new feeling, but we just know it's what we want and how we want to live and approach life, and so longing whenever we can, whenever it comes up in us to or when we remember by sticking to that commitment; and we go on trying to be as feeling expressive as we can, and the truth will just come of its own accord and in its own time, which might be almost instantaneous and at other times gradually coming, sometimes even taking years.

So can a child be taught this, and can it become its way of life – I don't know. I don't see anything wrong with it, I don't think it would interfere with it any more than it's already being messed around.

And it's to understand it is a different way to live life. It's a Life Path in that sense. That it's going against and opposite to the whole world and all we've been taught and what is ingrained in us from generations past. So it's more like a Life Philosophy, a liveable way that is the true spiritual way for us to live. That we are to leave all the religions, prayer, worshipping rituals, all the New Age and Old Age religious and so-called spiritual beliefs behind, and just properly attend to our feelings. As all those things, along with everything else, stop us from living Feelings First.

P15 para 7 This is why your feelings are best to follow – they **are** your truth and are to lead you.

P21 para 2 ... that **are** upsetting?

P22 para 3, I think it would be better to say: Long for the truth, it will help you understand.

para 5 – you're getting tired, it's getting more Wonky!

We **are** trying to bring out **our** expressiveness – not close down **our** feelings. **You** are to be heard. This is about **starting** to slowly understand yourself.

Another thought I had is that you are encouraging children to freely express ALL their feelings, and presumably, ALL the time. So how does this work in a school class? Is it to be at a special time and special class, or are students encouraged to express their feelings any time? It would be mayhem I imagine, particularly for those children who quickly understand that by expressing feelings will gain them more attention, should their need be great for it. Children are very good at making stuff up, so possibly even feelings given half a chance. Again I don't know, I guess that's all the sort of thing that would need to be worked out as a class format or with the teachers themselves. It wouldn't be much good having a free-for-all with your feelings, you'd never get any of the other work done, which might

not be so bad and limit the amount of crap they teach. Still, anarchy might reign, and again it's all very easy to let of steam and loudly and fully emotionally express feelings, but if one is not longing for the truth as well, then it's just letting off steam. Also, what happens when a child is very upset, is crying, hurting and in pain, does the whole class stop for it while it expresses all it can; and what about it feeling embarrassed or humiliated, possibly scared of being ridiculed for feeling such bad feelings, for taking over and interfering with the rest of the class procedure? Or could it be gently and supportively taken to another room with someone it can say and cry or yell and rage all it wants to? Is that sort of counselling and therapy to be encouraged? Or should the whole gist of your Paper John just be more about educating children about how beneficial it would be to express their feelings and want to uncover the truth of them, without getting into deeper feeling expression or therapy? And to teach the teachers so they are aware that when a child is upset it's best to try and encourage it to bring it all out rather than trying to quickly patch it up and keep it all in? A Feelings First philosophy or attitude for the school?

P27 the last para. I don't think it's much use repeating the last part, too much repetitive cutting and pasting – it might come – it is all so subtle.

And this line before that Why do you feel this is so?

This is more a mind approach to the feelings, it's not helping to express feelings.

And it made me think that I guess you'd have to educate the children as part of it all about what their different feelings are and what they feel like. It has taken me years of my Healing to work out all my different ones and to get used to feeling them and express them, all of which I should have done through my childhood.

And to bring in the understanding of the difference between emotions and feelings, and emoting the emotions of your feelings. And how to actually express them, how to allow the emotions of the feelings to move you. When you are angry, to say it with the full emotion of the anger you are feeling, to be that anger as you're emoting it; rather than just using your mind and saying I feel angry and then calmly talking about it all. I do this a lot, and it has its place, however the more full-on you can emote your emotions the better. However having said that, we do grow up into adults from children so how we express our feelings changes. And being adults and trying to fit into our more stayed society doesn't do you much good if you are angrily raging around all over the place like a traumatised child. In the home, privately, fine, but out and about, it's different, so to make children aware of the different levels of acceptable feeling expression, if they don't already know them.

P 28 Yeah, what a fantastic photo.

P 29 If you say to the child, now that you know you have a nature spirit with you, how do you feel, what is it going to say when it doesn't know what one is, unless it's aware of them. You just wanted to throw that in stirring things up a bit and moving into the extraordinary, which is fine, however would teachers need to be educated on such things, or should that be a separate part to the feelings stuff? Do you want to introduce the notion of nature spirits, angels, spirits, what happens when you die and so on, the fullness of the Rebellion and Default, The Evil Ones, the Divine Love, which is taking it more into other spiritual realms. Which I think would be good, however you're then going to confront more touchy religious and New Agey beliefs.

From P 30 – 40 you introduce all the spirit stuff – why? And is that wise or necessary? And what's it got to do with feelings as such? Possibly this sort of stuff should be introduced elsewhere as in another class to teach by teachers who know about such things? (And the same from P46 to the end. I think that's all specific stuff and probably not the sort of stuff any school might want to readily accept?)

FORGIVENESS – how CHILDREN WOULD UNDERSTAND IT

Friday, 12 July 2019

Hi JM

How would we introduce what is forgiveness to children?

How does forgiveness work?

What is the function of forgiveness?

What say you please.

JD

FORGIVENESS

James: It's a good question John because it covers a lot of what has been difficult to understand through my own Healing. These are my latest thoughts on it.

The short answer:

How would we introduce what is forgiveness to children?

You wouldn't. I don't know. I think the child would naturally come to it themselves as part of their growth and development were it supported in a loving environment.

How does forgiveness work?

When you show you are really sorry and feel very bad for what you've done, then you may be forgiven. When the other person shows you they were wrong and are sorry for the bad way they treated you and made you feel, then you might feel it's all okay, they are forgiven, and both parties are happy. It works on the feeling level, when the connection is balanced and true.

What is the function of forgiveness?

To make you be more aware of yourself and the other person's feelings. And to feel what is the right way to treat yourself and others, and what is the right way to be treated. And to be able to regain a balance or friendship when it's out of balance, when one treats the other unlovingly.

True forgiveness can only come through your true feelings. And I stress 'true' because we can believe we can and have forgiven with our minds, which is of course false and not true. And so much emphasis is put on having to forgive, that it's the right thing to do, that we must do it so as to be the nice, caring and a loving person, and yet if it's contrived and false, then it's actually being unloving and uncaring.

When you see the truth of it through your feelings, and you feel there are no more bad feelings to do with the problem because you've expressed them out of you, then naturally the problem or issue won't be one anymore, and so along with that comes forgiveness, in that you don't actually have to do anything as you no longer feel bad about the relationship or whatever happened to you, so all is naturally forgiven. That applies in the Healing, and in particular with your parents and all the shit they do to you, when you uncover the truth having expressed all your pain and hatred of them out of you, then you see the truth that they couldn't help doing what they did, they are just as fucked in their way, so you can sympathise with them, no longer blaming them or feeling bad with how they treated you. And at times you do actually feel you forgive them, however it's more a truth, a knowing that it's all been settled between you, or at least from your side, and so none of those things matter anymore.

Feeling

And then if someone hurts you and they ask or beg or seek your forgiveness, and by how they make you feel, you feel you forgive them, then that too can happen, yet again it should all be through your feelings.

Children, I think, should be free to hate as much as they like and then free to say they no longer hate anymore, all because they are free to express the full extent and intensity of the emotion of their feelings. To make or force a child to forgive is wrong, just as it's wrong to force or make it do anything, including making it feel guilty and so on. However as part of being a parent, and during all the different ages and stages of a child's development, a parent should be able to express itself and its feelings well enough to help the child understand what it has done, how it has made itself feel through its actions and how it's made the other person or creature feel. So the child is then free to learn about its actions and their consequences, good and bad, and what blame and guilt and forgiveness are on a feelings level and with the mental back up explaining it all. How you actually would do this with your child I have no idea, it would depend on each situation and how well balanced you are as a parent and how connected you are with your own feelings. Parents who are triggered by their children lashing out and pouring their shit all over them are still too emotionally immature really to deal with such complex issues, so mostly the child suffers or is forced to say it forgives and its right to be the good boy or girl when often I doubt it has a clue why its actually forgiving or what it means anyway.

With forgiveness you feel very bad for what you've done and want the other person to know you are sorry, and that they don't feel bad about you anymore for doing what you did, and the same applies when the bad thing is done to you and the other person seeks your forgiveness. And I think in some instances it can all be taken care of instantly, in the moment, when the bad thing happens, or it can be taken care of later when appropriate. I know for myself, many things I did up until my Healing and until Marion laboriously explained them to me, I didn't know I'd done with hurtful intent, I didn't know I'd erred, believing that I was being nice, good and helpful. So to have it pointed out that I was an uncaring shit instead of the nice loving person I believed I was, was hard to take, yet slowly my feelings have revealed the truth that I was in the wrong. And then if I've been able to apologise and felt I should, I have done so, otherwise I have just kept expressing all my bad feelings seeking the truth of my actions. Some of the people I don't see anymore, and when it's come up making me feel bad about what I did, as I have no idea how to say sorry in person to them, so I've done it out loud through my feeling expression.

I think the function of forgiveness is to say the books are finally balanced and the account can be closed. The Law of Compensation is doing the actual balancing and is there to ensure you feel the appropriate amount of pain for the bad thing you've done, the pain you've caused the other person, the creature or nature, yourself, and once you've felt it all, you've made due compensation. And that can happen anytime, so whether or not you are actively doing your Healing or living in your mind state, including in the mind Mansion Worlds. And so within that levels of forgiveness come too. You can instantly feel very bad for being mean to that person, seeing the error of your ways, so the compensation is done by feeling so bad, and as part of that you might actively seek forgiveness from the person you hurt, which they may or may not give you. And consequently being the person hurt, you may feel instantly okay about being hurt and so it's okay and all is forgiven, or you might not, no matter how contrite the other person is seeking to be. There are lots of other repressed feelings going on within us all, so often it's not that straightforward. You might in the moment feel okay and forgive, yet later as more feelings surface you wish you could retract that forgiveness, feeling very fucked off, hurt and angry about it all.

Law of Compensation

Law of Forgiveness

Anyway, the Law of Compensation (including often some levels of forgiveness) balance the books as I said, but the real forgiveness happens when you do your Healing. Because when you see the truth of the actions of all involved, and when you've expressed and dealt with all the emotions and feelings involved, and sometimes that can take years of constantly working on the same issues, when it's all finally come out and you're free of it, then the Law of Forgiveness completes and it's truly over, you no longer needing to forgive or wanting to be forgiven.

Currently I have no bad feelings about mum and dad anymore. I hate how it was with them, I understand pretty much why they were as they were and how badly they treated me, but I don't have specific hate or bad feelings about them anymore, I haven't for a while now, which is not to say more might still come up. But I am furious with the Mother and Father for subjecting me to such a shit life, I have no forgiveness in me or understanding of truth as to why They did, and I have lots of rage and feeling so hurt by Them to bring out to Them. But I can't force it, I express it when it comes up in me, finding it hard to be angry with Them because of my mental belief that They are doing it all for my own good and I should be grateful to Them for giving me such a shit life; but fuck that when I feel I hate Them, and I tell Them all how I feel. And one day I suppose when I've brought it all out and understand more about it all, I will no longer hate Them, even love Them, and with it all over.

So getting back to how you'd introduce forgiveness to children, I don't know. I think that sort of thing needs to be tactfully done. You hear well meaning parents trying to make their child understand why what it did was wrong and yet it's clear the child is too young or incapable because of all the other crap it's having to deal with from its parents to understand. And to have it forced into you to robotically say you are sorry, when you don't really know if you are, and mostly aren't if you were honest, is such a fuck of a pattern to heal. And to have it explained to the child that it has to forgive the other child for hurting it, making it feel the superior one coming up and over its bad feelings, blocking them out by making it feel it's the right thing to do being the benevolent one, only screws it up even more. And then there's so often too much mind stuff going on, the child having to learn about it all using its mind, rather than just dealing with it from its feelings. I am not skilled enough to be able to deal with it, so I wouldn't want to comment on it. I didn't want to have children because I didn't want to have to deal with such things. And then understanding that if the child is already five years old and it's being told it has to forgive, that's all on top of all the other shit in it from being with its parents, family and society.

The one thing I really hate, which I guess a lot of children also get subjected to, is all the New Agey forgiveness shit. That you are to rise above your bad feelings, shit all over yourself by burying them, say you forgive the wrongdoer being the magnanimous one. I met Nicholas one day earlier on in my Healing, he having come back from being with dad who was on his death bed. Nicholas had forgiven dad so he said, no hard feelings, none of it matters anymore because now dad is no longer a threat, he's dying, he's weak and the poor one, whereas Nicholas is all-powerful and so can be the superior one and say he forgives his father. And it's all over, dad can die, and Nicholas can live without having any more bad feelings about dad because it's been done. And Nicholas truly believed he'd had a big healing with dad, that he no longer felt bad about how dad treated him, that he'd progressed spiritually because he'd been able to let it all go. And yet wait until he starts his Healing. And then he'll see it was all crap, all just a power-play using his mind to crunch and absolve dad by being the great one. Wait until he starts having to deal with all the pain of all those years of feeling unloved by dad. And I know, because I've done it myself, Nicholas will one day, through his Healing be able to look back and see how false that forgiveness was, how it was just a belief he imposed on himself and how it couldn't have been further from the truth. It might have been better for he and dad had he been able to be true and tell dad how

NEW AGEY

much he hated him and will never forgive him, because that's the real underlying truth, all of which will only come to light when he stops denying it by denying such bad feelings.

The one last thing I want to say about forgiveness is really we do it all ourselves, by which I mean, we don't actually need to give or receive face to face forgiveness as we do our Healing. We can express and work it all out for ourselves. And when through your own feelings you come to understand that the bad thing that person did to you was what you needed to have done to you because it was fulfilling your negative unloving pattern, you actually feel grateful to that person for doing it to you – we even end up feeling grateful and loving of our parents for treating us as badly as they did when our Healing is finished, understanding it was what God wanted and all for our best. And when you find the absolute forgiveness within yourself because you are wholly sympathetic, accepting, caring and understanding of why you hurt the other person, and that really you didn't mean it, that it was again just part of your unloving negative pattern that was imposed on you, then you see it's all really just to do with yourself and with the other person being part of it to help you see more about yourself. So in the end we are to forgive ourselves for being bad, we come to understand that we aren't to blame ourselves, once we've worked through and expressed and admitted that we were to blame, and that really we are a good and loving person, being kind and caring to ourselves by allowing ourselves to feel all the feelings that come up within us and no longer rejecting any of them or any part of ourselves, accepting ourselves and with the truth and understanding of why we are the way we are.

NEGATIVE PATTERN

We've been made to feel guilty for being bad, when it wasn't our fault. So when we forgive ourselves for being mean to ourselves this way, then true love will come.

You could even say the whole thing called forgiveness is something we've made up. That the Evil Ones have used it to keep us feeling guilty and blaming ourselves for what we do, all to keep us in our fucked up unloving states of mind control. And that if you throw it all out, you either feel just bad or good. You are either in a good stable state or unstable. And if you feel good there's nothing wrong, you're in a perpetual state of forgiveness if you like, but really it's not about forgiveness, it's just acceptance and love. And if you feel bad, then there's shit to work out by expressing those bad feelings and seeking their truth.



seek
The **truth**

JOHN on SUBJECTS

Monday, 22 July 2019

Hello Nanna Beth, Kathaleen and Kevin

The way I see the Solid Investment pots of gold is if the fund accumulation is allocated to account holders, that is sacrosanct being their property.

If the database has been maintained all along over these years since the collapse of the website in early July 2006 then it is a matter of distributing to them what ever has been credited to their accounts subject to the availability of funds for distribution.

Should the database not have been maintained over these years then it is a rational approach to what funds become available and income distributions in line with some of the discussions we have had with the 500 or so account holders or account owners.

Many options are to be considered here.

Then we have the position of account owners that just cannot be found after prudent and thorough endeavours to find them or their heirs. In compliance to normal and acceptable process around the world then unclaimed funds would transfer over to the global humanitarian fund.

Now, what I anticipate is that a significant amount of the fund pool is not allocated to account holders because the 'left overs' may be the domain of Baron Milverton II. This is the global humanitarian fund.

Example: Let us say that the collective income deriving power of the total fund pool was 5% per day. However, account holders were allocated different return levels for varying investment amounts. Let us say that the grouped up amounts invested added up to all the same amount:

TOTAL FUND 170 Banking Days:		Each Group	
5.0%	All funds pooled	US\$400,000	<u>\$1,600,445,292</u>
4.0%	US\$100,000+	US\$100,000	\$78,644,378
3.0%	US\$5,001 – 20,000	US\$100,000	\$15,216,971
2.3%	US\$1,001 – 5,000	US\$100,000	\$4,773,729
1.8%	US\$10 – 1,000	US\$100,000	\$2,075,498

Thus the group of account holders collectively may have put in US\$400,000 and be entitled to \$100,710,576 while their fund pool as a single unit could have generated \$1,600,445,292. This brings to attention the gross distortions of this still very generous outcome. This is highlighting the absurdity of this event. Now that it has run on for 13 years this is going to be a mind bender.

So the general proposal is that all account holders from the end of the Julius calculator period being the middle of 2007 be at the same rate. Everyone earning the same rate no matter what took place before the Settlement Agreement of 2007.

However, if the unallocated balance is absurdly different then the whole structure needs reconsideration.

The question is: Is there an unallocated amount of funds at the commencement of the period from the relevant date of the 2007 Settlement Agreement?

Had Milverton pulled his entitlement out?

Is there an unallocated amount which would have been Milverton's war chest of funds?

Further, there appears to be an initial start-up investment into Solid Investment of US\$10 million, does that have any relationship to Milverton's involvement in the creation of the program?

Will it become a simple, but unexplainable process of divide a pot of gold by two, payout half to account holders in the ratio relating to their 2007 Settlement Agreement balance? Those that cannot be found have their funds transferred to the global humanitarian fund and we get on with the worldwide operation of Pascas.

How was Milverton financially benefiting from the Solid Investment program?

How was Milverton involved in Solid Investment?

Onto a different subject. Feeling Healing for Children in schools. In short, I do not have a clue how to refine the set of eight Papers any further. I suspect it is a case of live application in a couple of schools and see what participants discover and report back.

It was incredible how all the information came together within the few weeks that the Papers were assembled. I thank you.

Would you like to add some comments please?

Daughter Jacqueline is rather taken by Leanne Kemp and her operation as Queensland Chief Entrepreneur and her promotion of the concepts of a Circular Economy. There appears to be some very interesting synergies with what is to be a moderate job creating agenda within the Pascas WorldCare programs. Do you have some observations please?

The last few months have been strenuous and encompassing new extremities of this giant saga, both Solid Investment as well as the revelation of Feeling Healing. We do need something to unfold that brings this all into a tangible event if that is at all possible.

Cheers for now, John

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Should the database not have been maintained over these years then it is a rational approach to what funds become available and income distributions in line with some of the discussions we have had with the 500 or so account holders or account owners.

Many options are to be considered here.

Nanna Beth: Hello John, I will answer your questions today. Kathaleen and Kevin are busy with other work, and as I would have to relay other information and understanding through them anyway, as they are not as well versed in it all as I am, so I will speak directly to you.

To generalise, you can speculate forever John (which is right for you to do if it's what you want to do) as to how the funds might be structured, however it will always be different to what you expect. So having said that, there will be some structure and some parts not structured, however I can't tell you which is which as I don't know. There have been different 'bodies' dipping into them over the years interfering with the structure. We anticipate that Simon will give Crystal complete access as to what he can provide, however there will be still be other compartments that will need to be worked on to gain further access. Simon is playing a game along the lines that he is still instrumental and has some power and say in it all, whilst fearing he has been sidelined and is merely being strung along as a token gesture, or worse, because no one is actually interested in him, he being irrelevant. However he still holds some keys which will be useful to Crystal, at least more than enough to get her going and into where she will be able to see what else needs to be done.

The Germans are very scared about it all, if it all blows up, it will be the end of Germany, as they are used to it being. It will be the 'end of the world' in a sense, bringing down their whole economic structure, along with the rest of the world as it will be just one part of their corruption, of which there is a lot. The whole EU is holding together through corruption, it became too big too fast with too many different people involved in the different areas with no real expert coordination. So it exists by them quickly papering over any holes and problems, which so far they've been able to keep hidden, but a reckoning time is soon to come upon them and the greed of the rest of the world.

John: Then we have the position of account owners that just cannot be found after prudent and thorough endeavours to find them or their heirs. In compliance to normal and acceptable process around the world then unclaimed funds would transfer over to the global humanitarian fund.

Nanna Beth: Other forces, factors and people will become involved in the fund distribution once Crystal knows what's she's dealing with. And it will all work out for the best in accordance with what can be done. The unit holders will simply have to be happy with and accept how it's done. If you open it out to everyone they will all want different things and disputes will happen, all the usual, so it will simply be by order of the 'trustees' as to what can be done within the structure that's available for them to do it in.

And as you know John, it will be arbitrary as to how the funds might be allocated to the unit holders, with lots of different ways of doing it, so it will be what you, Crystal and a few others involved will determine on behalf of everyone else.

John: Now, what I anticipate is that a significant amount of the fund pool is not allocated to account holders because the 'left overs' may be the domain of Baron Milverton II. This is the global humanitarian fund.

Example: Let us say that the collective income deriving power of the total fund pool was 5% per day. However, account holders were allocated different return levels for varying investment amounts. Let us say that the grouped up amounts invested added up to all the same amount:

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However, if the unallocated balance is absurdly different then the whole structure needs reconsideration.

The question is: Is there an unallocated amount of funds at the commencement of the period from the relevant date of the 2007 Settlement Agreement?

Nanna Beth: It waits to be seen what you find. It's good for you to work these scenarios in your mind as they will better help you deal with the final result, however don't place too much importance on them, don't expect it to go one way or the other.

John: Had Milverton pulled his entitlement out?

Nanna Beth: No. However it's been entwined in all aspects of the overall fund, so it will be difficult to define just what was or would be his. And it won't matter, it can all go into the global – "I don't know where else to put it" – fund.

John: Is there an unallocated amount which would have been Milverton's war chest of funds?

Further, there appears to be an initial start-up investment into Solid Investment of US\$10 million, does that have any relationship to Milverton's involvement in the creation of the program?

Nanna Beth: The initial funding was organised by the hidden controllers so as to establish the required size of fund needed by law. Then it was hidden behind getting the public involved, all so they could capitalise on the extra funds and also to comply with regulations. It's considered a 'nest egg' for these hidden controllers, however as things are becoming progressively more difficult for them to hold everything together, so they will be inclined to realise it.

Note from a website posting in 2006:

<http://com1.runboard.com/bsolidinvestmentforum.fl>

In addition, Roger Sholanki, a Director of the board, of The Sea Green Capital Corp., a mining company in Canada, **put a million dollars of the original nine million into Solid Investment.**

Last edited by Pingman, 7/13/2006

John: Will it become a simple, but unexplainable process of divide a pot of gold by two, payout half to account holders in the ratio relating to their 2007 Settlement Agreement balance? Those that cannot be found have their funds transferred to the global humanitarian fund and we get on with the worldwide operation of Pascas.

How was Milverton financially benefiting from the Solid Investment program?

How was Milverton involved in Solid Investment?

Nanna Beth: That all waits to be seen. You'll never find out really how Milverton was involved, and actually it wasn't in as big a way financially as you might think. He was involved more on the psychological level, the fun and thrill of it, the complexity to work numbers on many of the hidden controllers who thought he was silly doing some of what he did. He loved playing games with them, twisting it all into exaggerated contortions just to confuse.

John: Onto a different subject. Feeling Healing for Children in schools. In short, I do not have a clue how to refine the set of eight Papers any further. I suspect it is a case of live application in a couple of schools and see what participants discover and report back.

It was incredible how all the information came together within the few weeks that the Papers were assembled. I thank you.

Would you like to add some comments please?

Nanna Beth: It was to help you consider other things and meet other people. It might not amount to what you hope John. However it doesn't matter. Much more work would have to be done to sort out if it's a realistic idea, and as you say, some 'live' testing would be needed. And it doesn't matter; what does matter is the understanding that it's all pro feelings and feeling expression with the intent of uncovering the truth about oneself through one's feelings, rather than denying them and denying the truth of yourself. It's to go the other way.

John: Daughter Jacqueline is rather taken by Leanne Kemp and her operation as Queensland Chief Entrepreneur and her promotion of the concepts of a Circular Economy. There appears to be some very interesting synergies with what is to be a moderate job creating agenda within the Pascas WorldCare programs. Do you have some observations please?

Nanna Beth: There will be endless new ideas presented to you John, some with merit some without. Just consider it all, whilst understanding that you don't have to commit to anything – it's more about what you feel about it.

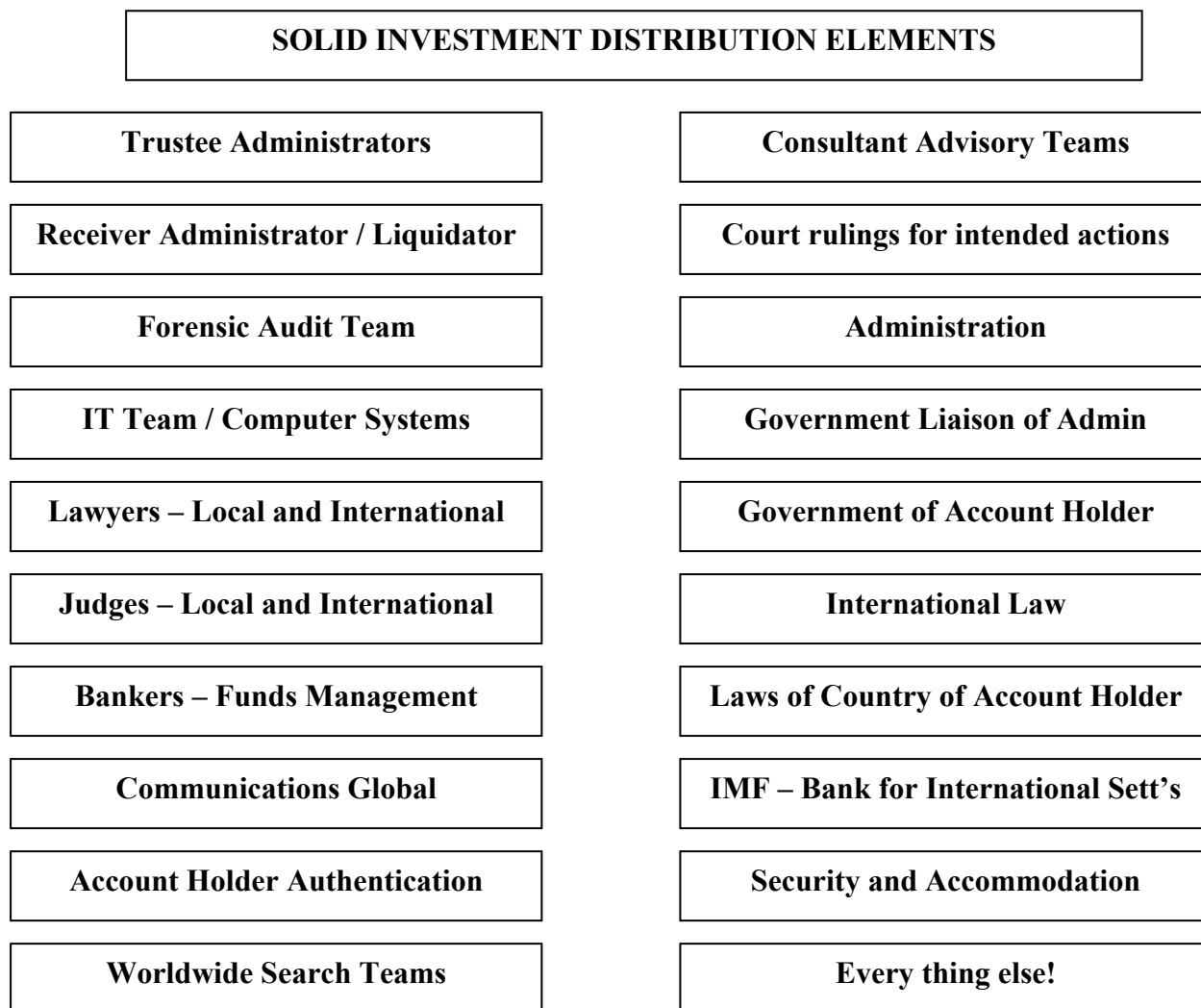
John: The last few months have been strenuous and encompassing new extremities of this giant saga, both Solid Investment as well as the revelation of Feeling Healing. We do need something to unfold that brings this all into a tangible event if that is at all possible.

Cheers for now, John

Nanna Beth: It will continue to be trying John, it can't be any other way because you're moving against the flow. However that's not to say things can easily happen when required.

I can't say anything specific about any of it as usual. However I can say you are all moving closer to a time when things will start to make sense, when things slot into place and it all starts to unfold.

Until next time we speak, Nanna Beth.



Solid Investment administration of distribution. If this was not complicated then these are some of the elements of this exercise.

Why having a 'receiver manager' is that they use a court to confirm what they (we) are to do has the rule of the land behind the action. It is a voluntary appointment. It is protection from later litigation.

Bible New Testament – Revelation – Mary Magdalene

On 11/08/2019 7:54 pm, James Moncrief wrote:

I'm very happy with the rest of it John. Gee, I think you've found your forte, talking about the Rebellion, the end of it, what's happened to us, what's going to happen including possibly the Changes and Avonal stuff. It's all so well written, makes you shit yourself if any of it comes true, still, it all sounds right and plausible, and for no other reason than something has to give, something has to change for we can all see we're fast rushing into a brick wall. Lots of green stars, ticks, teddy bears and everything else!



Yes, it certainly is a strong Pascas Paper, you're bringing it altogether very well, it's certainly hard-hitting and putting it right up there. I'm very happy with your grasp of it all now. I'd even be happy to let you off the leash for a bit to run amuck terrorising humanity with all your MoC testing.

You have done so well, it really is incredible John how much time and effort you've put into understanding it all. It's as if you've put yourself through a senior's university course of home study these past couple of years. And now I reckon you're graduating, you've got there, crossed the line and now you're as mad and wacky as I am, well and truly. We're out there, like we're both out in space drifting away from the space station, drifting off into... So now we wait to see what next our Mother and Father have in store for us.

On 13/08/2019 9:33 pm, samantha.mccabe wrote:

This is a brilliant piece of writing John, how you understand it all, wow, mind blowing to me. I read it and to me, it makes me feel even more broken down, fucked and utterly like throwing my hands in the air and giving up, broken down and even deeper into my not being able to change anything in my life but having to go along with it all but expressing how it all makes me feel. I am feeling so like there is no hope for me, utterly hopeless and reading this made me feel it even more.

Like Mary has said, I feel like I am fully in the throws of being true to my evilness and negative state, getting worse every day and not being able to do a thing about it, but to see it and to be it is gutting to me, to know this is how and who I am, who I have been created to be by my parents and I am so stuck in it right now. More evilness comes up in me and I am immersing myself in it, being it and I can't help it, I can't stop it, shit I feel terrible as I see the truth of it all as all the pretend shit of who I thought I was and who I pretended to be leaves me and I am being the awful truth of myself. I feel like I have let myself down so much as I see the truth. I am such a disappointment, I am so fallen and no body wants to know me now.

The breaking down of everything that we know as the end times come, that is happening in me now, that is how I feel, it's my personal 'End Times'

On Wednesday, 14 August 2019, Graeme Bates wrote:

Hi James, I've just finished reading **Tolkien's *The Lord of the Rings***; all 1031 pages of it!

It is an extraordinary piece of creative story-telling and for many years I felt I should read it and see for myself what has been described as, "Among the greatest works of the imaginative fiction of the twentieth century."

But whilst reading I would often pause and question, "Is this really a piece of FICTION?"

There are passages that read as if someone such as Verna has channelled to Tolkien. Extra-ordinary, revelatory passages that closely describe some of the many events that have surely occurred on Earth over many millions of years.

So I was wondering if you could talk to Verna or whoever you think best and ask, "Are Tolkien's writings revelatory and reflect past events on Earth or is it a product of his fertile imagination?"

There is even one passage where Tolkien describes the "dark villain, Sauron, the Dark Lord" and it felt like he was describing one of the Rothschilds. And towards the conclusion of the novel Sauron's evil empire is destroyed and a "new age" commences. Sound familiar?

So t'is what I've been contemplating during my forced "rest and rec" which thankfully, I'm coming to the end...just as I finished reading and this morning receiving the library notice that my book is overdue!

An almost recovered Eme

James: Hello Verna – what do you say?

Verna: Not us James, we don't get involved in such creative pursuits of humanity, we've been forbidden to throughout the Rebellion. It was the work of creative mind spirits based on spirits sharing their lives that have spanned many years of humanity. The saga is no different, it's what the Rebellion is all about and how it manifests through the different ages, which is why you Graeme can relate to it now as it's manifesting yet again. It's the same themes that your movies today are full off, all quite predictable really. It works like this:

You have masses of mind spirits working on their books, their great masterpieces (for what else are they to do with all their time), and they have creative think-tanks (mind-storms) and creative groups working out the themes and story lines, then they have the ability to have what you'd call spirit movies in which they put their creative works into 'live spirit action', watched by many attending spirits, all of which promotes a very diverse and rich creative arts culture. It's far more expansive and enthralling set to the same story lines you have to contend with going to the movies, it all being confined to the Rebellion and Default, because the mind spirits and people on Earth don't have greater experience or imagination to draw from that's outside the ways of the Evil Ones.

So there are countless mind spirit with their tomes, and many wanting to Earth them. So should a suitable earthly counterpart be found in which the mortal and spirit minds can maintain the necessary fusion to get the job done satisfactorily for both concerned, so they might achieve what Tolkien did.

The thing is though, it's not that Tolkien just received the work of the mind spirit calling it his own, it's not as easy as that in many cases, and it was more that the spirit inspired Tolkien to begin writing it, then helped him work his imagination, it being something of a sort of collaborative effort. And how much mutual collaboration can and does occur between mortal and spirit can vary with the whole work, part of it, even varying in different parts of it to different degrees. So it can be minimal or none or all, to all of it, and all in between.

The majority of spirits can't be bothered with all the trouble of trying to Earth their works, having to work with the mind of a mortal, as it takes a lot of time and strong mental focus to do such things on the part of the spirit, or group of attending spirits. So only a very small amount of the vast volume of creative material the mind spirits come up with gets to Earth in any format. But there's enough to keep some sort of relationship going between the two. And as you've been told, with the Celestials now involved in it all too, so it's becoming even more tedious for the mind spirits to work so closely with mortals.

So there you have it, how does that sound Graeme?

James: So the creative arts side of human expression flourishes in the Mansion Worlds Verna?

Verna: It certainly does James because everyone is free to do it and express however they feel they want to use their mind. Many people never do what is hidden within them on Earth because of the circumstances of their lives, many people's creative work doesn't fit or appeal to what's acceptable at the time, many people are rejected because those financing it can't see it would make any money, and all the rest, you know how it is. Whereas in the mind worlds as there are no such constraints, part of a spirit's new spirit life is being able to freely express itself in such directions. So if you are that way inclined, there's a richness of creative arts that awaits your arrival in spirit.

James: And how is dear Verna?

Verna: Not sitting every day on the couch bored out of my brain – thank god! We're all very busy, we're always all very busy, we creatures of the Mind are always very busy having to make sure all that you feelings lot are well catered for. And so it's still moving toward The Change, which I'll only talk about today in reference to the spiritual changes that are coming.

And other than that James, I don't have anything else to tell you. Being so limited now in what I can say, as time draws closer to you understanding what it's all really about, so my lips have been closed, hence being a little rusty as we started writing this today.

James: I'm nodding off – my afternoon doze, I find I've gone with my fingers pressing a key. So I will leave it at that, thank you Verna, perhaps sometime soon when I've finished my Healing we will be able to speak more.

Verna: I'm looking forward to it James. I'll leave you now. Snooze away.

Graeme: Should've known...creative mind spirits not our nature spirits. So how do I feel Verna? For sure, a little disappointed. Tolkien's descriptions of nature in all its wonders felt very intimate, very attuned but this possibly reflected his personal love of nature and especially trees and he used this to contrast many of the barren "yuk" lands in his (the Hobbits) quest to "The Dark Lord's" realm. But now

Verna has explained that under the contract they are "forbidden to be involved in such pursuits" it makes perfect sense. All those "creative-minds" with soooo much time on their hands in the mind Mansion Worlds looking for an expressive outlet through such minds as J.R.R. Tolkien.

And this "creative-mind" bought right into it – 100%!

Yet again I love they way Verna so clearly explains things for me...and that makes me feel so appreciated...that she would take time to help me understand, on a far deeper level, what's going on. She's an amazing gal!

So thank you once again James and Verna.

Graeme

A FRIEND DIED TWO DAYS AGO!

On Thursday, 22 August 2019, Graham wrote:

Hi James

A good friend of mine passed a couple of days ago. I was keeping him aware of the new spiritual era and about feeling healing.

He had a very good connection with nature and an interesting and strong spiritual presence – whatever that means. Outside of New Age. Understanding of nature spirits and very considerate of them.

I know you are not a medium, but in your communications with the celestials, it would be nice to know he was given the option of the Divine Love path. The rest will of course be up to him.

His name is Neville S.....k and he passed on Tuesday.

Cheers
Graham

Nanna Beth – 3rd Celestial Heaven: Hello Graham, James asked me if I could tell you something about your friend.

He's currently recovering 'adjusting' from his death, which will take a little time. I can't tell you what he will do and how he will be specifically, however I can say that because of his close connection with you and how it is for us in spirit, all that he'd accomplished along the lines of furthering himself spiritually, will continue, so he will be told about the Divine Love as it helped him to understand about longing for it and what that might do for his soul, along with increasing his understanding of doing his Healing.

I can image he will do what most of us did, in that he'll spend time visiting those people back on Earth who he loved and enjoyed being with, as he assesses his physical life and all that has transpired with his death and how it affected other people. So I can imagine in his time he'll spend with you, he'll be more easily able to pick up on what you are thinking and doing which will help him further put the spiritual side of things into perspective.

And should he choose a higher spiritual path then other spirits will help him, and should he want to spend time doing other things in the mind worlds, so he will be free to pursue those pleasures and interests.

It's easy for us spirits to pick a few of the more of what we might consider to be important things that a newly arrived spirit would do and talk about them, however there is for most of us when we come over a million things to do as we adjust to our new eternal lives. Some people get into the swing of it early after their transition, for others it's more complicated as other spiritual and mind pressures are brought to bear on them by their soul. I could ask the angels if they will show me how they anticipate his life being, they being more than willing to supply me with such a future projection, however I will refrain from doing that because really it's none of my business. You Graham and I would have to be in direct contact and it would have to be part of what we both need to experience for me to involve the angels with such a request, so as James has nothing to do with it and as I'm only to be aligned with him, so this is as far as I will go with it.

I wanted to write this so as to point this out today mostly for James to understand that it's not as he used to think, a failing in his connection with me and us spirits not to have ready access to such information should he require it, that we spirits have access to it all and so why can't we simply pass it on; but I want him to see that there's more involved than just a mind to mind relay of impersonal information, and so because this doesn't personally involve him as he didn't know Neville, so I'm not taking it any further. So I can speak generally to you Graham about your friend, but all of this sort of thing, how it is for people as they die and pass into becoming spirits is for other people to write about who are directly involved in the experience. There will be in time lots of people writing very personal accounts with the people they knew and loved who have died and all that happens to them and happens within them concerning the adjusting of their mind and feeling systems to the new spirit vibration of the Mansion Worlds.

And one last thing before I go, everyone is 'given the option of the Divine Love path' should they be that way inclined concerning God or should they have already received some Divine Love when on Earth. It is all gently brought out and discussed if someone's soul is moving them that way, this being done because of the Divine Love being readily available and the influence of Mary and Jesus' Spirits of Truth. You have to start your new spirit life being brought up to speed as determined by the level attained whilst on Earth. So if that level is non-existent on the truth side of things, then you move into the level of the mind worlds that is suitable for you to live in; and if you have progressed in any way in truth, then you are made aware of that and as to what level you have attained.

And when I say someone moves into their appropriate level, all I mean is, as you are already that level at your death, so when you start your new spirit life, you simply keep going at that same level, be it of the mind or of truth. If you were to move into the lower hell planes, it only means you were already effectively within them at the time of your death. So if you are of the mind, life carries on without you really understanding anymore about anything than you already did; whereas if you are of a higher level of truth yet are not so consciously aware of that level, then you are made aware.

So I anticipate Neville will be made aware more fully of what he came to understand through his relationship with you and how much work he did on himself through his life on Earth. And then his soul will inspire him as to what he wants to do and where he will go. He has, so I can perceive, a lot of catching up with other spirits – friends and family, and all of that interaction, looking at how people are as he knew them, they now being spirits, have changed and what they are now doing will have a large effect on him. And as he was open minded enough to grasp higher meaning, so he'll be looking at

everything from that level, and I imagine it won't be long before he wants to commit himself more to moving higher in truth, understanding the difference between that and losing himself to the mind worlds.

If you have more of a spiritual inclination, if you do want some level of The Truth, then once you are in spirit it becomes easier to move in those directions; whereas for you on Earth it's very difficult at present, as it has been throughout this current and past ages. It has been much easier to advance your wrongness using your mind, than it has to deal with and face those consequences and go the other way looking to your feelings.

However once the new spiritual age begins, then the same spiritual light that is available to those seeking the truth in the Mansion Worlds will be made available to everyone on Earth, which means those people who do want to know the truth of their unloving state, will find they are supported by the spiritual light more than they would have been during the old age. People of course mostly won't be aware of such a change, however that's what's going to happen.

To pursue a life of truth currently on Earth and how it's been for aeons now, you could liken to trying to run through thick swamp, everything being virtually against you, whereas once the next age begins, to look to live a higher life of truth will be still difficult, but you could liken it to running through the shallows of the sea up to just over your thighs. There is still substantial resistance but it can be worked with and you can work toward running out of the sea, it getting easier and easier; whereas for those people wanting to move deeper into their mind control, the swamp will get even thicker.

I anticipate Neville will visit you as soon as he can Graham, so if you sense his presence about you, say hello, send him your love and well wishes, just allow your feelings to lead you in any inner communication you feel you might want to engage in. And you don't have to know if it's actually really happening and Neville is really there with you. And you might find it's very easy to let your mind go and talk copiously with him. And you will question whether or not you're just making it all up, but just allow yourself to go with it, long for the truth to come to you, and you'll be able to feel where you stand in it. And if he doesn't come to you, as in you don't sense anything, then those bad feelings should you feel bad about that, you can express to yourself or to your Mother and Father. And you can suggest to him to look more into the Divine Love, just as you can suggest anything being a friend of his. And things that he might have had difficulty with when with you on Earth, he might find he has a different feeling about now being in his spirit light, so everything can effectively be gone over again.



Things are still moving ahead nicely, perfectly, all in keeping with the needs of your souls and the bigger picture unfolding. I can't say more; the closer to the end and new beginnings, the less we can impart to you.

Our love is with you Graham; and with you all.

I'll speak to you later James, goodbye, Nanna Beth.

Paradise Sanctuary Villages

Tuesday, 27 August 2019

My (James) latest thoughts on the Paradise Sanctuary Villages:

➤ Assuming people come and want to live and do their Healing (there might of course be people who don't want to live communally and perhaps they can be somehow affiliated with the Paradise Sanctuary), as to how many will devote themselves completely to it, I imagine will be like a pyramid, as you said John, a few will commit fully, others just embrace it on a mind level, others do a little, perhaps stop / start.

I have thought of Sanctuaries set up matching the third Mansion World – Sanctuary 1, where people start off learning about it, begin their Healing getting used to how to go about it and what is involved. As they move deeper into it, wanting to dedicate themselves to it more, moving to Sanctuary 2 (Mansion World 5 equivalent); and then to Sanctuary 3 (Mansion World 7 equivalent). So PS1 (Paradise Sanctuary 1) would start off first and be the biggest, the others smaller.

Or, the Paradise Sanctuary incorporates all levels, all so people gain maximum experience with each other because of interacting on all levels of truth.

I have no idea, I can't even imagine myself wanting to live in one even if one was available. I don't know. I've never been part of the group thing, and other people are the same as me, then so many people love the whole group idea.

➤ You're right about it being a Village, a 'tribe' based on truth that comes from people's feelings. So it working as a community in which certain things are shared by the whole community.

➤ I like the idea of no land or house private ownership, that it functions like a commune or co-operative. Even perhaps like a kibbutz in Israel (maybe we can look into them and any other alternative group / commune systems in the world. It might even be useful sending people to find out about them, interviewing the residents, asking about good stuff and bad, what are the pitfalls and things to be aware of on the material and psychological levels.)

➤ It would be as wholly self-staining as can be, however all work being voluntary, with the community wanting to work, wanting to put in and contribute to make it happen. If people don't want to work because they feel too bad, fine, but if they want to bludge, then that would surely give many people bad feelings to bring up.

➤ Basically I'd like it run with as little control and rules as possible. It will be tempting to try and control everything, but as people are all living there to end such control, so that too will keep bringing up bad feelings.

- I think there needs to be ‘elders’ who oversee everything, and ideally they’d be the people the most advanced in truth, so not necessarily the most advanced in age. All the usual power plays and political struggles again provide more experience for people to work with their bad feelings. (ed; Those who complete their healing and transition into Celestial soul condition will be automatically welcomed into the Council of Elders for Pascas worldwide – should they so please.)
- The idea of the community is NOT TO DENY ANY FEELINGS. It will be hard, yet even to allow things to keep happening that cause bad feelings, not to shy away from or try to block them by fixing everything and having everything working well. I don’t know about this, as people coming into it will be fucked and all over the place, perhaps a natural order and helpful control would naturally be established as people start expressing all they feel.
- I think there are separate houses, single, dormitory type things, family, with a large single or a number of communal buildings. Do people all pitch in and prepare the meals in one area or do they all have their own separate meals in their houses?
- There’s a company that makes eco houses in Wothagii (Ecoliv Sustainable Buildings <https://ecoliv.com.au/> south east of Melbourne, Victoria, Australia), small houses built in a factory area and then put on a truck to go wherever they are to go. Perhaps that could be a way to build the housing units, and with them designed to be moved on a truck, and to lay them out with some together and others separate, whatever the land and people’s imagination come up with. But the land for the house / unit prepared and put aside whilst the rest of the land is under permaculture. And do people tend their own veggie plot or does everyone help to cultivate the whole Sanctuary. Is there a ‘works crew’ that specialises in growing the plants and animals for food, others for hunting / fishing if permitted, cooking and preparing and so on. Some people finding their niche thing they like doing, others moving about doing all things.

For me, the idea of living within the Paradise Sanctuary as homes are progressively being built would be a pain with all the noise (unless I was involved in making it!), and possibly dangerous with children about, but that might also be good so as to help bring up one’s bad feelings and involve the community more. So everyone contributes to the ongoing building and upkeep of all the houses and infrastructure taking pride in and loving what they are creating.

- As far as financing goes? One way is to be underpinned by Pascas. Perhaps people will establish businesses or go to work putting wages or money earned into the community. At the Buddhist centre in Melbourne one live-in monk worked as a highly paid IT technician funding most of the centre from his wages. Perhaps Pascas could establish businesses, say the medical centres, the movies, even building the eco houses, with part of the profits going to sustain the Sanctuaries. And these enterprises also give people in the Sanctuaries employment opportunities. Really I think most people will want to work, do something, and do their Healing. And I think they can do both. Perhaps a minority won’t be able to work, but like I do at the Bush Bank, really I could do three or four days and still do my Healing, particularly if there were other people to be with Marion. If I think of my writing as work, then right through my Healing I’ve worked most days, and only up until a few years ago I was writing just about eight hours a day. And the other thing is, with so many people all involved intimately with each other’s lives and expressing all they feel and helping each other to do so, being supportive and understanding and sharing their truth and understanding as it comes to them, then one might not be needing to sit on the couch alone and wondering what the fuck it’s all about. Marion and I lament not having more active input from other like-feeling people. It’s been good doing it alone, yet also far more (I think) difficult. And if someone is to do it alone, they won’t want to be involved in a full-on Sanctuary environment.

- I'm actually beginning to see the Sanctuaries as Pascas, that Pascas could even come from them, rather than being separate to them. That Pascas is part of one of the Sanctuaries for example, with not all the parts of the Sanctuary necessarily having to be on the same land, but in close vicinity. I don't know, still Pascas is separate with the Sanctuaries being one aspect of it, however seeing it the other way around is interesting.
- Each of the houses / units would include the latest self-sufficient stuff, compost toilet, solar, water tank, any other alternative energy sources, perhaps hydro if on a river or something like that. Wind maybe but those small wind turbines make a hell of awhirling noise and would possibly break in too strong a wind. The whole place trying to be off grid and as close to nature as possible, so possibly all the units could feed into supporting each other. Some will need more energy than others, so if they all help and share. Perhaps they might even go back to living without electricity.
- People will be moving into a relatively small place to live and so will have less room for things. Doing your Healing sure makes you cut down on stuff, we've given up so much as we've progressed. We still have too much stuff. We live using very little power. We don't have TV or music, only the computer. So perhaps other people will be like that too. Perhaps there can be TV / music / prayer / healing / therapy communal rooms; perhaps the Sanctuaries themselves can provide all the entertainment in-house, plays and theatre (depicting aspects of the Healing and people's Healing experiences, and depicting The Fall, Mary and Jesus coming, the End Times, etc, book readings, art, live YouTube, etc., the idea being to ween people off all our usual impersonal entertainment needs and bringing it all into the personal.
- I think there needs to be personal space for everyone, yet mostly it's communal, fostering a caring and supportive feeling, developing deeper relationships, all providing masses of opportunity to help show up the dysfunction of everyone. As you know, Marion points out so much of my dysfunction, so what if the whole Sanctuary was doing it! Remembering that it's not about pointing out such faults so the person can stop doing the bad thing and change themselves; but pointing out the denial and negative patterns so the person can become more aware through their bad feelings of that's how they are – feeling themselves being as they are and knowing the truth of why. Working toward full self-awareness of their fucked state. And then once that's gained, having their soul transformed into being of Celestial truth.
- The Divine Love would be introduced as part of it all right from the beginning, although optional, nothing forced, people coming to the spiritual truths in their own time, yet with everyone there either wanting to do their Healing and doing it, or wanting to at least learn about it with the intention of doing it. They still might find it's not for them, so it would then be up to the 'elders' or the whole community to decide if they can stay or not.
- In one of my movies two young women arrive at a Sanctuary. They undergo an induction course of six or eight weeks whilst staying in a hostel type situation that is attached to the Sanctuary yet not part of it. They are taken as part of the induction for visits into the Sanctuary, slowly meeting people, getting a feel for it, coming to understand what's involved and seeing if it is something that appeals to them. The induction being very important and a necessary part to filter out those people who think, believe, fantasise that doing their Healing and living at the Sanctuary is a nice idea, yet won't embrace the reality when confronted with it. So the induction is actually quite testing and very confronting, not holding back on the truth of the spiritual situation we live in or what the Healing involves and how hard it is to do. At the end of the induction it is apparent as to who wants to stay and who doesn't, it being quite

clear to new participants themselves as well as the Sanctuary people taking the induction and the other Sanctuary members. The girls warm to it, are accepted and wanting to get involved, they are invited to live in one of the eco houses and soon meet guys they like and move deeper into the whole thing as they start their Healing.

➤ In the Sage novels, if you recall, Tommy and Meg buy land and slowly build small houses on it. They start a Divine Love prayer evening and introduce the Divine Love and the Healing through it. Some people want to get into it, are asked if they want to live there and slowly the Sanctuary is built. Through the third book and into the fourth the Sanctuary is fully up and running with a huge plant nursery and building a sustainable lakes consultancy that runs as a business and provides all the trees, large lake stocked with native fish, turtles, yabbies for food, all self-sustainable, and all built knowing the Pole Shift is coming. In preparation for it, they start building underground storage and temporary living areas, breaking down the houses and storing them away so they can be rebuilt in the Aftertimes, and with a viable seed-bank and all the rest they think they'll need to help them. Other Sanctuaries in other parts of the world live in caves, some elaborate complexes dug into the mountain sides for protection.

➤ I have a feeling, and I have no idea if I am right about it, but the shifting of the Poles this time won't be as severe as the last one. It will still cause great destruction, and end most of life as we know it, however electricity will still be able to be made in the Aftertimes. So possibly with small power generating systems computers might still be able to be used. No World Wide Internet, but perhaps beforehand, useful self-help and survival documents and all my writing and what other people doing their Healing write can be kept and still used. I don't know. Possibly all the micro electrical circuits will get fried and only old cars and machinery that didn't use them will work, provided petrol was stored. Perhaps it's back to the horse and plough. Perhaps it's a matter of finding other alternative fuels, like turning vegetable matter – bio-fuels and building small machines, possibly out of the remnants of what's left from the Shift. I hope that if humanity is to go through a Shift, I will, once I'm fully Healed, know the severity of it and more about what to expect and possibly how to prepare for it. However the Sanctuaries are to run as if the Pole Shift is about to happen any moment, so aiming to become as self-sufficient as possible in preparation for the Aftertimes. So what about making clothes, growing hemp (not the smoking type!) and other fibres, learning how to make simple blacksmith tools, preserve foods and so on. What to stock pile that will be useful from the Old Way, knowing that such things will eventually run out, and so are either replaced anew or done without and other ways of living are developed. Perhaps people will choose to return to a more aboriginal way of life, very simple and in tune with nature, yet focusing wholly on the highest spiritual life that can be lived, beginning with the doing of one's Healing.

➤ Another problem with the Sanctuaries is security. Are they to be fenced off to protect them from feral animals after the Shift? And feral people? How will they cope with displaced people wanting to come and live with them? Do they reject everyone or accept them the best they can yet without compromising their Healing philosophies? I think post Shift they will live by hunting and growing their own food, and if society fails completely, I could imagine there will be masses of wild dogs and cats, all the escapee pets, along with all the other feral animals. So how will people deal with them? Guns and ammunition will I imagine break and run out, unless new ones can be made, bows and arrows, other hunting techniques and all the alternative survival stuff. At least there will no longer be government laws and control, so people will be freer to do as they please, to eat the native animals and grow whatever they like.

- As far as people wanting to get married, people living with say one man and three women or three men and one woman, people wanting to live a more aboriginal life style, perhaps even building their own outside tepees, people stepping outside the norms we're all used to, that all waits to be evolved and dealt with as it happens. And the same with having pets, some people will want them, others growing out of the need for them, all such things being worked out by those concerned.
- As far as medical care, dentistry, pain relief, bone setting, midwifery, elderly care and so on, whilst it's available on the outside, sure, use it as one feels the need to, but overall as people move deeper into their Healing, they'll want to rely on God more. However still some level of skill in medical care and delivering babies will need to be fostered, perhaps even growing poppies and finding out how to get pain relief from them, all such things being worked towards the Aftertimes when everything has to start from scratch. And even if there is no Aftertimes, I think it will help to become more self-reliant, to ease off the grid, to disconnect from our artificial false ways of living, becoming progressively more true and real. And along with that, the breaking down of the parental controlling ways, and how we keep up pretences with each other. People being more down to earth, natural, unassuming, as they work through all their bullshit. So women, for example, possibly not wanting to shave all their hair off, men having beards more, I don't know, it all being up to the individual; and possibly all of the above, with people for example shaving everything off whereas others don't, it all being part of what they go through as they express themselves more freely. I think a lot of people will need to come out and find new avenues of self-expression, new ways of doing things, new ways of working and amusing themselves.
- And the children are to be involved in it all. Educated hands-on and part of it taking their safety into account, also being free to express themselves more fully, yet not just being renegades but made to feel they are an active and important part of the whole. With all the positive attributes of love and care for all people and the Sanctuary as a whole, care for the plants and animals, the water, the whole environment, and then with higher education being taught as required. One thousand people is just a benchmark, however I see no reason why larger villages or even small cities are loosely or tightly together consisting of many Sanctuaries, yet still with the basic Sanctuary unit being held like a suburb or a state within the bigger whole.

Anyway John, those are some of my latest thoughts. I actually like the idea of possibly getting that Hotel you like and using it as a means for people to explore living together learning about what's involved. Or a small caravan park type set up or like you say inner city townhouses or something like that where people can at least begin to do their Healing and find out about it.

I'll also email Sam and ask her how living in a Sanctuary appeals, as she would be the Matriarch of Truth. She might hate the idea. She's been in a bad way lately so she might not be distracted by such things. She's been seeing the whole horror of how badly she parented and treats her children, trying to stop them feeling bad so they won't accuse her of being the horrible evil one.



Paradise Sanctuary Villages continued

Sunday, 1 September 2019

Hi John, I watched a documentary / series by Ray Martin who took a small group of well known European Australians around Australia meeting and seeing how the real Aboriginal ["Original"] Australians live. You might have seen the series, and if so, do you remember them going to a smallish town up North and looking at the appalling state the neglected housing and environment groups of Aborigines were living in. The western toilet was mostly broken and so disgusting, everything was wrecked, they were living in dirty rooms on mattresses with their stuff everywhere, so much rubbish, no one picks anything up with all the litter piling up, the kitchen so revolting with all the cockroaches climbing all over the unwashed pots and pans piled high in the revolting sink – you know the scene, we've seen it a million times before.

And it's been playing on my mind, bearing in mind that presumably these are the sort of people you want to 'help' – how would I go about that? And the more I thought about it the more the Sanctuaries I envisage imposed themselves on the Aborigines, helping me define more how I'd like our Sanctuaries to be.

So I'm writing this, not so much in trying to help people like the Aborigines, because I have no idea whether it would be a help, even if they can be helped, they being so different to us and now trapped in a 'Nothing Land' and 'Bad Dream' their Dreamtime having turned against them because of our hateful and unloving ways being so harshly imposed on them, and their never being able to go back to how it was for them pre Invasion, but to help focus more on where our Sanctuaries are to work.

Ask The People Involved:

This is the beginning and paramount from what I can see, no one does it; or if they do, not to any real depth or with any real sympathetic understanding. So bringing the Aboriginal community together and asking them: How do you want to live? What would you like? And starting there. And with the understanding that they don't have to try and get 'back to the old ways', to start with them right now in this moment, and what would you like to make you feel better about yourself, your living environment and the community?

So this is like a movie going on in my head imagining doing that. I have no idea if any of it would work or be what they want, and I'm only writing down enough to give you the idea, however it goes like this:

Start with the practical levels first:

How you want your house to be?

Do you want a roof over your head, and if so, what sort of roof? And one that is adaptable for the different conditions – wet and dry seasons.

Do you want to live in a brick / our western building fibro sheets or whatever we use / wood / mud (and roofing and drainage to protect from rains) or what?

Do you want a concrete, wooden, dirt floor? And how would you deal with the wet and mud, and dry and dust?

And it might turn out they want very simple housing structures, but things they can relate to. Possibly even like large sails and sail like material for the walls, more shade cloth in summer so they are more living outside than in. And then more substantial during the wet.

And what about your toilet, perhaps they'd prefer to just go in the bush, and if so, how do you organise that? Or perhaps like what you John had when you were young, a deep hole with 'toilet seats' over the top out the back, or a number of them, for adults and children together or separately, men and women separate or together, whatever they want. Or compost western toilets or whatever, possibly trying various options until they are happy with their living arrangements. And rain water as much as possible with mains back up if necessary.

But understanding that the providers are to be flexible, expecting it all to be a continual mess and with nothing working because the people themselves are unable to make it happen.

And then build it up from there, for example:

Do you need heating in winter, and what sort, fires outside / inside / electrical?

How do you want to keep clean, pest and parasite free?

How do you want to cook and prepare your food? Fires and more traditional ways, or western?

What sort of food, more bush-tucker, what sort of western, all trying to keep the sugar and artificial stuff to a minimum.

Alcohol / Dope, yes, no – how much? With them working it out to limit the abuse of women and child beating when pissed.

Do you want contraception; what sort of marriage – is there a marriage format that suits you, or none at all? Breaking each part of life and society down to its grassroots and seeing what comes taking bits from the old and new and making up new bits.

So it's the same really for the Sanctuaries: how do the people in them want to live, what suits those people the best. And even though without the people there from the outset to work it out, at least that is the philosophy.

And the other main part as you expand out from the personal and home, to:

Living as a Community

Their whole security, as with us all, comes from being part of and feeling accepted and welcome and loved by the group. They had only their tribal groups for 60,000+ years, the group was everything and ensured their survival, whereas we westerners seem to despise it, living so separately and scared of our neighbours. So how can they foster as much community living and community / tribal spirit which is already so innate within them, and which is what everyone who lives with them and opens themselves out to them loves about them, that they are so open-hearted making everyone feel welcome and with so little judgement, they being so accepting and not like us – rejecting.

How do you want the houses / dwelling / living areas laid out? Separate, like we do in the West, or one long communal 'house' or many 'houses' joined to each other or very nearby.

And what about a large community area, possibly a place where the evening meals are all prepared on a group basis, like a big shed that provides storage, and shelter in the wet, but mostly with all the activity at the end of the day and moving into evening and night taking place in a communal ground outside. So some lighting for the 'meeting area' and perhaps areas for open cooking in the ground, spit, BBQs, whatever they want.

And the encouragement of their self-expression in artistic ways, plays, theatre, song and dance, based on traditional stuff if they want; but also, and more importantly, new stuff, even bits from western and other cultures, all to find their Own Voice. So again, they are the New Community, the New Aborigines of the New World, if you like, something they can forge through their own natural creative desires. (The same being for our Spiritual Sanctuaries.)

Along with the idea of fostering a strong supportive community is the notion and understanding that everyone needs everyone else to play their part, to be part of the whole, so to develop pride in their community, giving them a feeling like they are starting again, taking some of their old ways and adding new ways, that the old is over but there is hope of a new. So they won't want to litter and smash everything or continue living in a pig sty. But ensuring all they have and all they do is done without western expectations, no obligation, just to see how they evolve through their own feelings – what feels right and best for them.

And with the whole community, including everyone right from the baby being involved in all aspects of it. So they all help prepare the meals, and clean up afterwards, the children are involved so it's fun and they learn to take responsibility, they are not just to go off mucking about parentless all the time fucking around, as they want to be close and included and part of it all.

The community provides the law and punishment, also having to accept the outside laws and ways too.

And providing buses / vans / cars, whatever for the community, with the idea that it all belongs to everyone, that it's not about accumulating wealth, that it's about growing the wealth of the community as a whole. So with the emphasis not on 'having things' but on 'having each other', which they are already so much like. So if they are all on the dole, that money goes into a group community trust with everyone involved as to how it's spent and with weekly pocket money given out for personal use. And if someone wants something extra they can ask for it and the 'elders', who are basically the whole community, can talk, discuss and agree / disagree / prioritise it. So: why do you want it?

And the idea that it's not about trying to emulate or fit in with western standards of living, as they are all community and personal soul and spirit destroying. That they are setting out to live Their Own Way, based on mutual love and respect for the individual and for the whole community.

If they are open to it, to introduce the principles of:

Living Feelings First

So instilling the idea based on consent from the whole community, that it will try to live expressing ALL feelings, good and bad. That we all have good and bad ones, and that we all should be encouraged to bring them out. Not deny them. To keep bringing them all out for the wellbeing of the person and the community as a whole. To encourage everyone to discuss and agree and state their opinions strongly and emotionally / rationally about everything, all happening naturally as part of their everyday life and without trying to structure or formalise it. So the whole community is constantly 'Meeting', and Having

a Meeting / In a Meeting, discussing and sharing EVERYTHING. So everyone feels intimately involved, are a necessary, vital and very needed part of it all, from the youngest to the oldest. So they are all personally and closely involved with each other on the feelings level.

A lot of people, particularly the men, will find continually expressing their feelings difficult, but the community can support and encourage them. This will put the women more naturally in a power and leading position as everyone understands the real spiritual health of the community is maintained through ongoing feeling expression.

Then along with this, the notion and desire (showing it is a good thing through experience of doing it) of longing for the truth of one's feelings can be introduced.

And then even possibly longing for the Divine Love, and other higher spiritual concepts, such as the Rebellion and Default and the Healing and so on, but not religiously, just it all being part of the natural world. Even with the whole idea that they are setting out to live The New Way, to grow in truth through their feelings to become of Celestial Truth.

Such communities would need gentle training, nurturing and keeping on track until the people themselves can do it all. And money would be needed to support it all, along with encouraging paid work so they can build everything, get and even grow their own food if they want to, even being able to work in the western world, yet all for becoming financially, and in every other way, self-sustaining. They earn money for the community, the whole, with the whole deciding how it's spent. And it all being voluntary, willingly, wanting to be part of the community. With the community not necessarily being closed to the outside world system, but it deciding how much and whom it wants to let in. Tourists might even want to come and be part of it, it might also be open to include other races permanently living there, so not just Aborigines for example. That's all part of evolving the New, should it move along those line with the community agreeing to it.

Disputes and people leaving and others joining will be part of it, as it won't of course suit everyone, but that is just more for the community to work through, expressing all they think and feel about everything. And people can move between communities, with the communities helping facilitate such movement, so people can share and learn from each other.

Summary:

So can you see how we can apply these principles to our Spiritual Sanctuaries, as well as applying them to possibly other communities who might want to live their version of them. So not everyone we 'help' needs to fit into a Sanctuary type community as such, the main ones being wholly spiritually focused, but also adapting willing communities and working with them along these lines.

So the main principles are:

The person – how they are and how they want to live.

The community – how the people want to make it.

Living Feelings First.

So with the aim of exemplifying: loving, accepting and supporting the individual, encouraging them to fully express her / himself. And the same with the community, it being an evolving expression of everyone. So the community provides the nurturing 'womb' for the individual.

I read Jeffery's PDF. Don't send this onto him, as it's none of my business, and part of my problem is believing I have to fix everything from the couch – a back seat Mr Fixer, who can't in reality fix anything! And as I feel like writing more, I want to write a few thoughts I had about it.

It's about providing a certain level of relief to disaster struck people in these remote island nations of the Pacific. Okay, so that's not a bad thing, however, how do you go about that, and what sort of relief do you want to provide?

And assuming they are mostly going to be dealing with cyclones, the odd earthquake and possible tidal waves, surely most of these countries having dealt with such disasters over the years, are set up for them – aren't they? So what is Jeffery proposing to add, a whole bunch of expensive helicopters and planes that will presumably be vying for the limited cyclone affected landing space along with every other 'helpful' country and charity that rushes its helicopters, planes and ships to the stricken area.

I can't help feeling it's a waste of the money and resources. But that's only my problem and as if I have been given the task of reading this thing without knowing anything about it and seeing how I'd do it. For all I know, the mandate of the funds might be that it has to go into this kind of relief effort.

And so I was thinking that perhaps, not that I know anything and have no real idea about any of this, that it might be better to set up, if it doesn't already exist, a co-ordination office Command Centre in which all the countries and communities that might be affected have data kept on them, such as numbers of people, how and where they live, food, water and medical supplies, infrastructure, helicopters, planes, ships they might have themselves, together with a huge data base that's kept up to speed that includes all the relief people, counties, charities, governments and anyone else that might be called upon to aid during a crisis. And this centralised data area then works as the major co-ordination of any relief effort, supplying extra practical, medical and financial resources if needed.

So I imagine this command centre keeps track of all weather systems, and any that look like being a problem, start to deal with it as the weather system develops. And such things might be to coordinate sending in help from wherever ahead of the cyclone, like a small group of highly skilled people to assess the possible impact situation. To ensure the necessary tools for runway and road clearance are readily at hand and protected from the winds, which the authorities are ready to act with the coordination centre.

So the small team either stays to weather it out or leaves ahead of the storm. Satellite communication is set up and coordinated through the Centre so when the relief people go in it's not a mess with everyone doing their separate thing but a highly coordinated operation from the Central Command.

So the Central Command includes being up to date on things like where to get access quickly to the necessary medical, food, clothing, blankets, solar power water systems, bottled water, solar powered electrical systems, normal generators, skilled specialists, and so on, all that can be easily delivered from any part of the world, all coordinated as needed by the Central Command.

So Jeffery offers to coordinate the existing relief set ups, and then adds and complements them, coordinate the whole thing if he has the funding and inclination, rather than just having his own separate small relief system that is trying to do its best in and amongst all the other systems.

And if a Central Command type set up already exists, then perhaps he can help consolidate or expand or modernise it or whatever.

I think remote areas like this should receive the help Jeffery intends, whereas other larger countries can rely more on their own internal resources. However there's no reason why Jeffery can't then extend his coordinating role to these countries should they ask for or require additional help. I have no idea, but imagine, part of the whole aid / relief problem in any crisis is too many people doing too many badly coordinated things, often getting in each other's way and retarding the system, possibly themselves even causing more problems. And with a Central Command and with everyone wired up to it, corruption and distortion of relief funds might be curtailed ensuring the actual relief does get to the suffering people on the ground and not siphoned off beforehand.

Between you and I John, and again I have nothing to base this on and might be way off the deep end, and I don't want to offend Jeffery or anyone else, so please don't say anything, but it sounds more like a ego wank than anything else. I mean, what's the point of renting two dreamliners at such an exorbitant daily rate when they are luxury planes – is Jeffery and the other directors going to be flying around in luxurious comfort as they watch all their good works happen? I was expecting to see pictures of large passenger carrying planes that can be used to quickly evacuate people before and after the storm, and medical transport planes set up to bring additional medical supplies and basic needs and to take those severely injured away to other outside hospitals if required.

And realistically, how often are all these helicopters and planes going to be used in crisis situations? How many really bad cyclones are there in such countries? So that's why I tend to think of putting the money and resources into a tracking and resource coordination centre, with part of the data being where to rent such helicopters and planes should they be needed during a really bad disaster. What are all the planes and helicopters going to be doing otherwise, being rented out, and wearing out, or sitting around waiting for the Big One?

If I had such money and wanted to help these Island nation people I'd help them invest in cyclone proof housing and infrastructure, to weather the storms and rapidly set about helping themselves should disaster strike. So they become more self-reliant, rather than needing the outside world. So I would go to them and ask them what they want, as presumably they would have lived through a number of such storms and know how they want to better deal with and cope through the before, during and after storm times.

And if Jeffery does what is in this PDF, then he's halfway there to establishing a full Command Centre anyway, even if it's only to command his small operation, so I can't see why it can't be expanded further and run out of the Gold Coast or anywhere else that doesn't expect to be blown away by a cyclone.

We are to Find the Truth of our Childhood.

James Moncrief

Sunday, 8 September 2019

(I'm writing it for you John to include in your Pascas Papers. Also, having read the PC Pacific Basin Nations, do you intend building your own Pascas infrastructure from scratch in each situation or working with what is already there, assuming they are open to Pascas' support, and then adding what else might be needed? Otherwise, it seems like a good place to start with all you've written and how you see it all coming together. Very Good!)



Marion was speaking yesterday and suddenly it ALL slotted into place. I've possibly written and said it before a million times, but you know how it is when the truth finally dawns and you get it! So it's now the truth of my Healing:

We are to Find the Truth of our Childhood.

That's it; and find it through our feelings by directly connecting, feeling, experiencing, and most importantly, knowing they are true by being them. We ARE our childhood, the truth is already there, it is already within us, we are already living it, we don't have to look anywhere else for it other than within ourselves. All of why you are what you do, say and live, everything about how you are and how you conduct yourself in life, is all what your childhood was. You grew into being the adult you are because of the childhood you had, we can't be a different adult that's not a direct and complete product and result of our childhood. And if you take away the time element, we are still our childhood, our life is still manifesting how it was for us as a child. We can believe and pretend all we want that we are different to how we were as a child, that having become adult we can leave our childhood behind and move on becoming the adult we want to be. No, we think we can do that, yet we can't. We can't do anything that's not already done, we are still effectively living our childhood and being as we were in it, and that's within all the different times and phases of it, all which adds up to being one big, often contradictory, mess of ideas, beliefs and opinions about ourselves.

And we can't be anything else other than what we are, which is how it was for us through our childhood, yet we fail to see it because we're not fully connected with those parts of ourselves and all the corresponding feelings that will help us see it. So we are to find the truth of ourselves – hence: the truth of our childhood. Because in knowing the whole truth of our childhood and being it, being aware that we are it, connects us as adults fully with ourselves back then. You know how it was for you, because you feel it, your feelings tell you, show you, and there's no avoiding or denying them, because they are expressing (by making you feel) the truth of how it was for you, how it has always been since conception, and how it will remain until the Mother and Father transform you out of your untrue state – out of your unloving childhood.

So our Healing is about finding the truth of ourselves from the beginning, which equates to the truth of our whole childhood, because it's our childhood that made us be as we are. And because we were so heavily interfered with and prevented from being our natural true selves, so we have to 'Heal' all the damage that was done to us. Healing ourselves by seeing the truth of ourselves. So by acknowledging all our feelings, and by wanting to find and uncover the whole truth of our childhood, we work progressively deeper into ourselves, bringing to light all that happened to us to make us be as we are.

And part of that is to help us see how much of our childhood and forming was true and loving, and how much was untrue and unloving.

And presumably, once we've brought to light within us the whole truth of our childhood, then the good, true parts, those founded on true love, will remain; and the bad, that which was founded on untruth, will be transformed out of us by God through our soul.

As a forming and developing child, we don't have enough of ourselves to find and so experience the whole truth of what's going on. But as adults we do. And if we grew up in a fully true and loving situation and environment with only loving and true relationships, then as an adult that's how we'd be feeling completely loved and true, happily wanting to bring to light all the positive influences that affected us through our childhood, all of which would be a very enjoyable and loving experience. Whereas because we grew up in rebellion against Truth and Love being forced to be mostly untrue and unloving, and even possibly completely untrue and unloving, then it's not enjoyable going back bringing to light and expressing all our hurt and pain.

We start out not knowing anything about how it is for us through our childhood; or at best, a minimal amount as some people and families are more feeling expressive and self-aware. And through our Healing we have to get to know it all, because we are it, so we're getting to know ourselves – which for many people will equate to getting to know their shit-start in life. And once we've brought to light the truth of our childhood, then we can leave it, moving on bringing the truth to light of being a true adult. Which is what The Urantia Book means by saying we become true universal spiritual citizens once we are living a Celestial level of truth. So the Mansion Worlds are really provided for us to uncover the truth of our childhood, to see how it was for us, and consequently, how we lived as a child. And they are really only for that, and not so much for us to set about righting all that we find out is wrong within us. We are to only see and so uncover the truth of ourselves. As far as fixing ourselves, or changing or transforming ourselves, that is up to God.

The Mansion Worlds are called probationary worlds, ones in which we can settle the Law of Compensation within our untrue states and continue living against ourselves and the Truth, furthering our truth and self denial; and ones in which we can do our 'Healing' to see the whole truth of our untrue state. Which we can now do either in the Mansion Worlds themselves, or on Earth.

So there is no avoiding the truth of your childhood if you want to ascend beyond the Mansion Worlds. And the fact that none of the spiritual or religious systems on Earth are wholly devoted to helping people bring to light the truth of their childhood through their feelings, shows what a terrible state we're all in. Imagine if the whole world was focused on helping everyone bring to light the hidden truth of themselves, and so the truth of their childhood. It certainly would be a different way to live and so a different world we'd live in.

We can't actually fix anything from our childhood. We can't, only God can. And God will when we've brought to light all the truth of it that God wants us to see. We can undergo therapy (and some truth might come to light), go to the doctor, do whatever we do trying to feel better, all trying to get rid of our bad childhood, all trying to fit in with the beliefs we have from our childhood of how we should be in the world, yet it's only at best scratching the surface. God, through our soul, won't allow us to change anything from our childhood anyway, at least not until we've seen and brought to light and fully connected through our feelings with all the truth of it. There'd be no point God subjecting us to such horror if we could make it all go away before we found the truth of what it was all about and why God made our childhood as it was. So we can do a little, or so we think, adjusting ourselves this way and that, however even those adjustments we come to see through our Healing are 'allowed' because we're

still just doing them within our prevailing childhood patterns. And there are what seems like endless levels within us of which we're composed, which you would expect because of the enormity of being God's children, and so there's quite a scope for us to move or play around in entertaining ourselves by believing we've changed the foundations and results of our childhood. So as we can't actually change ourselves, all we can do is want to uncover the truth of our childhood and live that truth. All of which involves vast amounts of self-acceptance, which gradually comes with the truth, growing in the acceptance that this is how you are, how God wants you to be having this experience, given the childhood you had, and there's nothing you can do about it. Other than keep on expressing every feeling that comes up, as you long for the truth of your childhood, wanting to live true to yourself.

For you to make a diagram?

How is it for you if you are truly honest with yourself?

How is it for you if you are Truly Honest with Yourself?



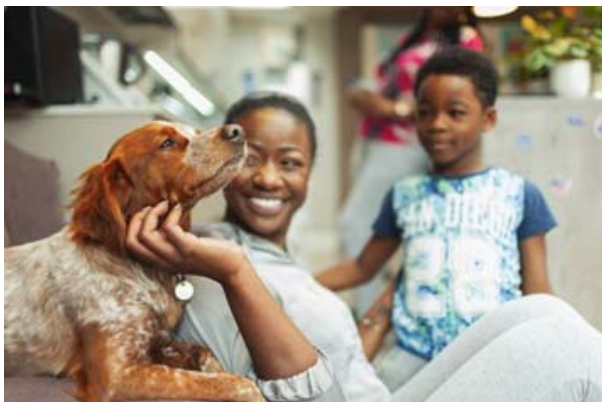
♥ You truly love your children, devoting yourself to them, wanting nothing more than for them to grow up and be as they want to be?

♥ You believe you truly love your children, believing you are devoted to them, wanting them be as you want them to be?



♥ You love your child more than you love your pet?

♥ You love your pet as much as your child, treating it as if it is another child?



♥ You love your pet more than your child?

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

OLD ASIAN MONEY to lead the WAY

Thursday, 12 September 2019

Hello Nanna Beth, Kathaleen and Kevin

Events continue to expand my imagination!

Two weeks ago Peter Shepherd talked to me about village communities to which I responded that I was assembling the Pascas Paper called "Pascas Finance Villageism". The importance of village community involvement in the bringing up of children is a focus. Further, the paper is a focus upon the establishment of Paradise Villages with communities of around 1,000. When I mentioned this subject to James, his comment was that he had been thinking about it for the past two days! His subsequent writings amounted to about half of the paper's content, neither of us covered aspects that the other wrote about.

Peter went on discussing the potential of Pascas Care Clinics being established throughout the Pacific Basin Nations through the programs that Jeffery Elliott was now able to facilitate due to the global activation and release of funds that he had worked to bring about for more than the last twelve or more years. This brought about the follow on paper of "Pascas Care Centre Pacific Basin Nations".

Jeffery subsequently read through the paper and his comments were stunning. He put great importance upon education. The importance of having education and practical training opportunities for all age groups and skill requirements of any village community is essential. I have the belief that education of all these natures will be more important than the health clinics.

Further, the Pacific Basin Nations' paper covered the need to consider a very wide range of needs as everything interlinks. The comprehensive manner by which Jeffery fine tuned the paper was stunning.

Jeffery and I interacted and worked on numerous matters commencing late in 2000 through to early 2005. Since then we have had little interaction, basically nil over the last ten years.

From 1999 through to 2004 I met with more than 1,000 inventors / innovators and all of the technology developments that they introduced had application for remote and emerging communities. Somehow every week four of these people would somehow walk into my office under my home and find Jeffery and me! That number of inventors on a constant flow for five years is just amazing in itself.

Now that work and experience is reflected throughout the Pacific Basin Nations' paper. Even though our work was fifteen years ago, it is as fresh today and as relevant today as it was then.

Then we have both gone off on a fishing trip to bring about funds to roll this out around the globe.

There are 195 countries in the world today. This total comprises 193 countries that are member states of the United Nations and 2 countries that are non-member observer states: the Holy See and the State of Palestine.

What I understand is that Jeffery and I are fishing in two different wells. Further, there are only two pools that could be called massive accumulations of wealth on the planet being in private hands. Is this so?

The House of Rothschild with the other family houses control vast wealth through banking operations headquartered in Europe. Their 'chairman' is Jacob Rothschild. The dynasty has control of most central

banks and through them they control the World Bank, International Monetary Fund and the Bank for International Settlements. Their wealth is simply accumulating through the printing of money! They control the wealth so they control the governments that are indebted to them!

The other pool of wealth I simply call the Old Asian Money – I do not know an appropriate term for it or any of its history. What I do understand is that the Rothschilds have endeavoured to gain access to the Old Asian Money.

Now here is the contrast between the two fund pools.

The Rothschilds want more and more money and control, where as the administrators of the Old Asian Money have passively and patiently worked to globally activate the funds under their control and release them for the benefit of humanity. They are not about making individuals wealthy but using this wealth to enable communities to advance in their standards of living and security.

The Old Asian Money is to embrace 159 nations with programs that would not be possible for decades under their own resources.

Jeffery has demonstrated enormous patience, diligence, perseverance and determination. He has lived on and off for years in one star or no star hotel style accommodation in Asian countries, well away from his home, to draw together the threads to enable what he is now to lead throughout the world.

I had felt that it would be impossible for anyone else to gain access to the resources that appear to be going to be released to Pascas Foundation. The enormity of the Pascas funding potential has no precedent. Now I understand that the ECO SDG program headed by Jeffrey Elliot is so large that it makes the Pascas Foundation agenda look mediocre.

To generalise on assumptions:

The release and activation of the Old Asian Money is in some way anticipating the collapse of the financial systems. That is the wealth is to be utilised before it is seriously diminished by financial systems being rebuilt from new foundations. The managers of the funds do anticipate major events and are taking opportunities to appropriately utilise the funds.

Jeffery and the people that he has become associated with have been assisted and guided by Celestial Spirits in the manner that Crystal is supported by Helen (3rd Celestial Heaven). Is this a different group assisting Jeffery and who might the contact Celestial be please?

That these events have been in the planning and implementation since the time that Nanna Beth received her instructions in the early 1990s.

Would you kindly comment on my observations and expand on my assumptions please?

This is truly amazing. Reading Jeffrey's comments it felt as though he was more on my page than I was even though we have not interacted meaningfully for fifteen years!

Thank you and cheers for now

John the Typist

Nanna Beth – 3rd Celestial Heaven: To shed more light on what you are asking John, money such as you are wanting from these various fund pools has always been there in one way or another. There have always been people who've had more than enough money for their own needs and have wanted to help others who don't have as much. And as the financial system has grown, so have the fund pools. And then there have always been people who have a lot and yet constantly want more. These people want complete control and domination of everyone making the world be theirs, whereas the other people don't want such complete control, still quite a bit, but understand that there is more to life and happiness than just being greedy and wanting everything for themselves. So you know how it is John, it's all there, has always been there, the movies are full of it, and now it's coming out through Trump and Putin verses the Rothschilds and people like them.

So there are what you might call 'fund pools' all over the place, in private hands and in corporate and institutional hands, the world is flush with money, there is so much money it's absurd, and as you understand, more being printed or brought into being daily. And really there is so much money there should be more equality with no one suffering and humanity chugging happily along, and all working for a united common cause of living happy lives on Earth, yet because of the Rebellion, you know that's not going to happen.

So you and Jeffery fit into the 'wanting to help and do good' camp, admirable perhaps, yet as you also understand, it's just making more of the same, helping to keep the Rebellion and Default ticking along, whilst at the same time perhaps looking to give other people more opportunities of making something of it and improving their lives and standard of living within the Wrongness. And why not, and that's better than just seeing people as minions or slaves to make you more wealthy as you seek to control the masses. So you feel good about your motivation and which side of the fence you sit on, and would dearly love to have access to such humanitarian funds so as to bring your dreams into reality.

And then on top of this you have had in some ways a spanner thrown in the works by coming to understand what James is all about, and being made to look at things from a different perspective altogether. So including the spiritual side of things and the Pole Shift, having to face the realities that humanity might be on the verge of such a massive upheaval. And yet all of that can also be made, luckily, to fit in with what you want Pascas to be. So you've had to work a little harder integrating what James has presented to you, but now you've done that, happy that you can combine the two sides and that they can be complementary rather than opposing, which really means, James is happy to go along with all the other stuff you want Pascas to be. So you keep moving along, seeming to be in step with each other, which brings us to where you are now, you John having a reasonable grasp of the spiritual ideas that James (and Marion) are presenting.



The so-called 'Old Asian Money' is money accumulated by Asian families and private individuals who do want to do good for the world, yet have had to be very protective and secretive about their wealth, because they've all had too many experiences about it being stolen by the West through the hidden controllers. And yet as you rightly say, within their families and organisations they are beginning to understand that the system might be getting so big and so out of control and so dependant on new technology, that that wealth might suddenly become worth nothing overnight as the world suddenly adopts new technology or ways of doing things, so perhaps it is time to share some of that wealth about, or at least to get prepared for the 'end of the world as we know it', so they set about establishing a new one.

And we Celestials are behind all of this. There are many groups working behind the scenes with Jeffery, these Asian families, and other wealthy individuals, families and organisations from all nationalities, just as there are Celestials working with the likes of the hidden controllers and all who aspire to be part of their network or as they are. So you don't have to concern yourself with any of that John, we are working it toward the goals that we've been asked to achieve, and the whole 'machinery' is well in place and many of us now are very competent in doing what we do. We have it all well in hand, so things are just going to play out as we want them to. Which as we've told you, might not make sense on the face of what you see in the news, yet humanity is not in control of itself – we are.

And as we've told you, it's all centrally evolving round the New Spiritual Revelation that is to be presented to mankind, all for the changing of the Spiritual Age, and there is nothing else more important than this. So who has the power, money and wealth really is immaterial, because they might believe they are going to use it for one thing, to grow their power and control so as to become the Lucifers of the world, when we have other things in mind.

I still can't tell you more about your funds and Pascas. Things will continue to unfold with Peter and Jeffery and there will be other people as well who'll end up being connected to and directly involved with you. You've needed this time to lay a certain foundation within yourself, in your own mind, consisting of the spiritual bigger picture, and you've needed this time to lay the foundation on the material level with Pascas, and now seeing that Jeffery is working along the same lines, as it will be with the other people who come, you all wanting to use the resources available to help the bottom line of humanity, and to do it properly and not how so many of the hidden controllers do saying they are helping the poor when in fact they are using them to make more wealth for themselves. So you want to be the 'Robin Hoods' of the world, and I very much admire that about you John. It's how our family is, we weren't of the greed and power-hungry, so it pleases me to see that some of my values and generosity of spirit and of the material were instilled in you.

Overall in the world, what's really going on is a major battle between the power-hungry hidden controllers, and those not so power hungry and who hate their greed and ruthlessness at using everyone for their own end. And because of the new technology and the Internet, the whole world being more globally interconnected, so it's become easier for those within each side to meet and communicate with each other. So over the last twenty years, and particularly the last ten, the major players who are against the hidden controllers have been able to gain power and move into more secure positions, and are soon to start making advances toward ending the power of the hidden controllers once and for all. So all that's currently going on in the world is posturing for this, as a lot of behind the scenes work is happening to work out possible new systems. And how such new systems might be put in place without causing too much disruption to the world.

And then to further complicate that, there is hanging over everyone, the Pole Shift, and when will it happen and how severe will it be this time. And which countries are going to be damaged the most, and what sort of world do we want to make in the Aftertimes, and can we ensure that the hidden controllers lose so much control before it happens that they can't carry on business as usual in the Aftertime. So there's a general coming together of those wanting to put an end to the hidden controllers, and yet at the same time, still a lot of nervousness and suspicion, because what if you trust someone and yet they are actually a secret agent for the hidden controllers, or what if they do the dirty on you at the last minute selling you out. So you know the kind of stuff, so it's a slow and awkward advance toward a new way, and with the clock ticking. No one knows for sure when the next Pole Shift will happen, we do, however we're not at liberty to say. But no one does on Earth. There are some governments, those who've taken it very seriously, who are close to the right time, a good approximation and are working

toward that, and those who think they know but are not taking all the evidence available into consideration. And again, you can imagine what it is like, as people have been the same throughout the Rebellion.

And then the unseen and unknown factor is the input of New Truth that has not been taken into account or factored into anyone's equation in the world (other than your small part John) because they don't know about it, and as you have come to understand, won't be able to understand about its full implications unless they studied it hard for a few years at least. And yet, unbeknownst to them, they are all revolving around it, it is the eye at the centre of the storm, so they are not so in control as they believe they are, and all they are doing is working toward giving humanity the New Revelation it requires.

So you John, with James, and all who become associated with you, will start your little concern, as you have, and it will grow, and it will be the centre of humanity with the rest of humanity moving about it, it being, what you could say, 'The New Humanity'. And Old Humanity will still keep lumbering on believing it is setting the future course for life on Earth, yet at some point the momentum of the New Way will overtake and outshine the Old way, which will come to a slow realisation that its way of doing things is over, and that it never really had the control it thought it had. And that things have somewhere along the way been subtly taken out of its hands.

And still, more power is being given to us Celestials every day. And in the end we will have complete power, which will happen as we're presented with the New Spiritual Age on Earth and in the Mansion Worlds. James and Marion will come and go and do their thing – are doing their thing, and we will remain assuming custody of humanity to evolve it along the lines of Truth they reveal. They are to make their revelations, personally and when the time is right, publicly, and then we take it fully over, Urantia (Earth) will be completely ours, under our Celestial jurisdiction. So we are working to make it ready for that day. That is our hidden agenda, we being the real 'Hidden Controllers', and all because it is the end of the Rebellion and with the truth being made available as to how you can Heal the Default.

So John, don't worry about our side of things or whether or not you should try and keep in more direct contact with us. You only need to know what I have told you, that we are here, and what our involvement is. And all the rest will unfold, just as it has already been doing. You don't have to worry John, you won't have to give it all up and endure a boring retirement, things will keep rolling along as they have, just enough but not too much, so as to fully occupy you but not 'tip you over the edge'.

We are all with you, supporting you in all that you do. I will go now, until next time John – goodbye my dear grandson. Nanna Beth.

Later:

James: When we finished writing Nanna, John called and we spoke about the funding Jeffery is getting and of the involvement John has already had and might have with that. And as it raised a few questions – I'd like to hear your thoughts on them please.

Nanna Beth: Certainly James, go ahead.

James: The biggest part is what if Jeffery gets his funds and asks John to be centrally involved with him, and the funding for Pascas never eventuates and it becomes clear that it's gone.

Nanna Beth: I can't say anything about that James. There will be twists and turns, as I have said, and that will continue. I can't give anything away now, it's very important that you just keep dealing with

what comes up and responding with your feelings. And I can't interfere with any of that. If I was to say more your mind would hold too much onto it, when all you are trying to do is let the control of your mind go.

James: I appreciate that Nanna, it would be too interfering and disrupting.

Nanna Beth: It would. All I can say is John will not be disappointed and will be given the means to put into play all he longs to do. There will of course be modifications, however that is to be expected. And the best for you both to do, that which you are both getting better at, is talking about it all, just bringing out those bits that are relevant for each of you, as they are what will shape events and help you deal with all that is unfolding.

James: It struck me that if John ends Pascas and moves with Jeffery and isn't able to have the freedom of doing all he wants to do with Pascas concerning the spiritual stuff, that that would be fine and all part of what is meant to happen, and that it was great being so closely involved with John for the time we had. I'm not saying this will happen, I have no idea how anything will go, even less than I thought I did each day, and I don't feel bad about any of it, just knowing it was all what was meant to happen to get me, and John, to where we needed to go.

Nanna Beth: And I can't comment on any of that one way or the other James.

James: I understand. And the other thing is, should John or Jeffery set up their medical and educational systems as their funding requires, all along the normal acceptable lines of life, for John to introduce my work about the Rebellion and having to find the truth of our childhood that takes us into all the pain and having to deal with any unloving aspects of people's relationships into these normal systems, might be too disruptive and not conducive to helping the newly established relationships with the people John and Jeffery will want to be working with.

And that then makes me think that perhaps the spiritual stuff should be kept more separate, more like other spiritual and religious systems, to which those people interested might come, and not to try and involve it in more mainstream things such as medical centres and educational systems.

Nanna Beth: Again, I can't say either way. It's going to evolve as required by the needs of all involved. I'm sorry James, and sorry too John, that I can't tell you more. We are not to take over, and I would be were I to tell you more. There will come a time when I can tell you more James, however that will be once you've completed your Healing. So until then, these are all things for you to discuss with John should you feel inclined.

James: Yes, I understand, and partly I wanted to write it for the record. I still feel I am to try and keep as much as I can, which is not that much these days, written down for whatever reasons – to show how some of it evolved.

Nanna Beth: When your time comes James the way will become clear, and although it's currently very cloudy because of how it was for you as a child, the mists will clear and you'll know what to do.

James: It's great to talk with you again Beth, to feel your lovely presence. I do hope one day I will feel as peaceful, centred, self-assured and composed as you do.

Nanna Beth: I still can't say anything James, I can't give anything away to you, nothing you will pick up and I can feel you scanning all the time looking for the slightest skerrick to pick up on. I'll speak to you both again soon. Bye now – Nanna Beth.

Deception within Deception

Monday, 16 September 2019

James: Hello Nanna Beth, this is the latest article from Sorcha Faal:

September 15, 2019

Russia Mobilises 12,000 Troops After “Snake-Like” Alien Craft Communicating With Mysterious “Interstellar Object” Attacks Norway<http://www.whatdoesitmean.com/index2984.htm>

By: Sorcha Faal, and as reported to her Western Subscribers

A disquieting to normal senses new Ministry of Defence (MoD) report circulating in the Kremlin today is completely ignoring the drone attack that wiped out half of Saudi Arabia’s oil production yesterday, as well as Iran responding to it by their declaring that they “*are ready for war*”—with its, instead, placing as its highest national security items the Akademik Lomonosov floating nuclear power plant that has just reached its Arctic port and the 12,000 Russian and Belarusian military forces now conducting war exercises should they need to be deployed there—all of which is being overseen by System of Forward-looking Military Research and Development (SFLMRD) astrophysicists gravely concerned over the shocking discovery just made by Russian amateur astronomer Gennady Borisov—who, a fortnight ago, on 30 August, photographed a mysterious interstellar object that has entered into our Solar System—only the second discovery of this kind ever made in all of recorded human history—on 2 September was detected sending an electronic stream of energy towards the Italian oil port city of Ravenna where a “*snake-like*” alien craft suddenly appeared—which was quickly followed by news that the United States “*is silently monitoring snake-like UFOs seen all across their country*”—a monitoring of these alien craft justified after the one appearing over Norway on Friday resulted in the oil tanker Dubai Harmony suddenly bursting into flames—and comes a week after the MoD warned that a mysterious alien race was returning to Norway to retrieve their Nazi “*Children of Shame*”. [Note: Some words and/or phrases appearing in quotes in this report are English language approximations of Russian words/phrases having no exact counterpart.]

According to this report, the Large Hadron Collider (LHC) is the world's largest and most powerful particle collider and the largest machine in the world operated by the European Organisation for Nuclear Research organisation (CERN)—was first started up on 10 September 2008—a little over a year later, in November-2009, saw its Director for Research Sergio Bertolucci stating that “*out of this door might come something, or we might send something through it*”—had installed outside its headquarters a statue honouring “*The Destroyer Of Worlds*” Hindu god Shiva—in 2015 earned the full support of the socialist Obama-Clinton Regime who declared that “*A New Era for United States Cooperation with CERN*” had begun—and was a “*new era*” celebrated by satanic robe wearing CERN scientists who performed a “*mock*” human sacrifice in front of their “*Destroyer of Worlds*” statue of Shiva.

With the ending of this secretly recorded video of human sacrifice ritual clearly showing the young woman stabbed by these satanic robe wearing CERN scientists “*crying out and running away*”, this report notes, most concerning to Russian intelligence agencies was that no database in the entire world had a picture of her—and to this day, no facial recognition searches have seen her appearing anywhere in the world—thus making it gravely alarming when, just months after this “*human sacrifice*” occurred, on 19 October 2017, the first interstellar object ever detected in known human history suddenly appeared in the outer edges of our Solar System—that was named Oumuamua, the Hawaiian word for a scout or messenger—and appears to have confirmed CERN Director for Research Sergio Bertolucci admitting that their true objective for the LHC was that “*out of this door might come something, or we might send something through it*”—most importantly because Doctor-Scientist Avi Loeb, the Chair of

Harvard University's Astronomy Department, and one of the world's leading experts in physics, determined with his scientific team that the "*peculiar acceleration*" of this first in known history "*interstellar messenger-scout*" suggested that it "*may be a fully operational probe sent intentionally to Earth's vicinity by an alien civilisation*"—and which may have received from these CERN scientists the body of their human sacrificed victim that proves their allegiance and devotion to whatever threatening alien race this may be.

With Russian amateur astronomer Gennady Borisov having just discovered on 30 August only the second interstellar object to have ever been detected coming into our Solar System in recorded history, this report concludes, it was only prudent that the MoD has begun planning a military response—a response quickly matched just hours ago when the US military posted airspace closures all around their most secretive space defence base Area 51—both of whose expert tacticians know full well that an invasion by an alien species of our planet would first begin by their sending a "*scout reconnaissance*" interstellar spacecraft to gather intelligence—that would then be followed by a "*probing spacecraft*" designed to test our planet's defences—a mission it would accomplish by directing its smaller spacecraft to attack vital defence infrastructure, none of which is more critical to our planet's defences than our global oil industries, which without we'd be virtually defenceless—but most terrifyingly—is a war for the defence of our planet which we've gone through in our ancient past—and was when the "*false serpent god*" named Baal tried to establish dominion over our planet and institute the satanic practice of human sacrifice, most particularly of babies and young children—and as described in the writings of these ancient peoples, many of whom knew him as "*Shiva*", was ultimately defeated and forced to leave our planet by a tribe of Semitic peoples living in what is now Israel, whose God they followed proved was more powerful than this alien monster could ever dream of being.



James: And as usual I wonder if there is any truth to it, and what it's all really about, as they've had a few articles like this over the years, with there being a growing seriousness and intensity to them. And as they are the only weird so-called spiritual thing that captures my attention, everything else I can easily explain as Mind Spirits or irrelevant, so I would like to discuss it with you.

Nanna Beth – 3rd Celestial Heaven: Certainly James; and to answer your next question: yes, we as usual have been putting the thoughts in your mind explaining some of what you have read.

James: Okay, so if we could try and write down those thoughts... Is there any truth to all of this about a mysterious alien race returning to Earth to retrieve some of its kind, namely according to the Sorcha's, top Nazis who bred with willing white Nordic participants to create the 'perfect race', these top Nazis supposedly being of this alien race; from Sorcha: "Elite ancient occult-trained Nazi Germany officers held mass marriage ceremonies with young Norwegian women (above) to breed "Star Children" whose spacefaring Nordic Alien true "parents" would then one day come to retrieve."

Nanna Beth: It's the same usual big muddle James, so I will try and pick it apart for you. Many of the top Nazis, including Hitler himself, were infatuated with the ancient knowledge that came their way suggesting that beings (aliens) from a higher order (race) came to Earth many years ago and bred with the local unevolved races looking to make a new higher and more superior and sophisticated race that would dominate the Earth. Which of course are snippets of truth and the story about Eve and Adam coming to Earth wanting to bring into being their superior Violet race that was meant to breed with the local races helping them to spiritually evolve. But because of their Default, that fell by the wayside as TUB (The Urantia Book) tells you, a few remaining children of theirs being able to pass on their genes. And these genes, together with the myths from those times, both remnants, came to the attention of the

Nazis who were very interested in the occult, spiritualism, and being able to somehow contact the ‘other side’ or beings from other material worlds.

As you’ve read, such things are contained within ancient writings held by the Tibetan Buddhists and Hindu texts, together with hieroglyphics inscribed on walls of the pyramids, underground caves and other things, together with all the other ancient left overs from prior Pole Shift civilisations dotted about the world. And as such things surface for one reason or another they are quickly hidden and taken away if they can be by the main governments, mostly American, Russian, the Jews and hidden controllers, to be used to shed light on the coming Pole Shift, and possibly used to make superior technology from. Because as you know, the leaders of the last Pole Shift age, and even including a couple of other Pole Shift ages before that, had access to other energy systems that during this Pole Shift age have not been made available to humanity. However the secret scientists following on from the Nazis have been working to try and unlock such hidden power because they have found evidence that these so-called ancient, and supposedly ‘inferior’ civilisations, like Atlantis, had in fact superior technology of a kind, with one aspect of it allowing people to leave Earth in ‘rock craft’ to move about the inner solar system, and to build other unmanned craft to fly only certain trajectories with the intention of returning at specific times for various reasons. So a little of that is what you’re seeing now. These strange incoming interstellar objects are some of these ancient made structures returning to Earth. They are not alien made, nor do they contain aliens, they are all ‘home grown’; and as we’ve told you, nothing from other material worlds can positively influence or negatively interfere with Earth, particularly now you are isolated because of the Rebellion.



So the Russians who are far more astute and open to such unorthodox matters, and having found lots of underground and hidden evidence of such past civilisations in their country, have recorded as their article points out, energy transmissions from these returning objects. And those transmissions were meant to trigger certain hidden (should they have survived the last Pole Shift) rock-machines that would help supposedly the surviving humanity prepare for the next Shift. However the trouble is, which the ancients hadn’t bargained on, the energy systems that drove and allowed such technology to function, is no longer readily available to humanity, so these incoming rock-craft can’t perform the function they were meant to. So they try, which then sets off other effects, some of which the Russians, hidden controllers and the Jews, and then coming up behind, the Americans, are seeing. The Americans can’t quite let go of their Christian ideas so as to grasp the notion that perhaps Jesus was one of these visiting Aliens coming to make a few adjustments so as to keep humanity in and on line in readiness for the upcoming Shift, and all that needs to happen to deal with that. So they are not as openly accepting as the Russians and Jews. The Americans tend to think it’s all a bit of hogwash and fantasy, the aliens returning, yet think they should keep abreast of it, just in case, and having a lot of the ancient technology themselves hidden away in their Area 51s and such like, are more intent on trying to crack the hidden codes (which they all believe exist) allowing them access to these hidden energy systems, the first ones to do that being able to then easily rule the world.

So it’s really the Russians and hidden controllers (and their associated Zionist Jews) that think along the lines of the alien race returning to take their Star Children off the world ahead of the next Shift. Then to presumably return them to the world when the world has been ‘Made Anew’, they to lead the survivors

and create their 'Heaven on Earth'. The hidden controllers believe wholeheartedly that they are the Chosen Ones, and have been trying to communicate directly with these off-world aliens who used to be here and is said will one day return, so they might be saved along with their Star Children. They believe some of them are the Chosen Ones, however you never can tell who's really Chosen or not, and so because of that, it's best to try and keep on the good side of these returning Aliens, the Nephillium of Old and all the other names attributed to them. So the Europeans (hidden controllers) built the Hadron Collider, hoping that through it they might gain access to the other dimensions in which the Aliens are said to live, or somehow be able to open up some inner level of communication with them, because so far their attempts of broadcasting to the other material solar systems and greater parts of the universe have failed to gain any response.

So all that's really happened is, a bunch of men who believed they were descendants of the ancient superior white races, who themselves were descendants of an off-world (alien) race, bred with these naive pretty young blonde Nordic girls, all in the hope that their children would be these Star Children who the aliens would return for, as it's said they would in the Bible and other ancients texts, it all being part of the bloodlines that are to 'inherit the world' and part of the ongoing strategy of surviving the horrendous impact of the Pole Shifts. And because the last Shift was so dramatic and so severe destroying so much of what had gone before, so these hidden controllers have only been able to clutch at a very thin thread of truth to it all, having to fill in gaps and make stuff up along the way, all of which has resulted in more confusion and misunderstanding, all of which was why TUB was given to the world, so those people, like yourself James who wanted to know more of the truth, could begin unravelling it.

James: Okay, I think I've understood all of that, so can I summarise it?

So those people who've become the hidden controllers you refer to, as part of their growing power and control during the past two hundred years or so, came upon and investigated ancient writings and technology surmising that many years ago humanity was ruled by an ancient alien race that left because of the Pole Shifts and has continued to keep in contact through such things as Star Children, who they help survive the Shifts. And the hidden controllers are desperately trying to make contact with these superior beings.

Nanna Beth: That's good enough, something along those lines.

James: And so what about this ancient race being defeated once before, it trying to implement human sacrifice as being needed by the people to keep in Baal's good books, and all the rest Sorcha talks about in this article?

Nanna Beth: More confusion. It refers to a time long ago when some of the descendants of the Eve and Adam fought wars against local tribes and lost. Humanity has been warring ever since the beginning of the Rebellion, with such war intensifying because of the problems that resulted from the Default. So it's a good story, that the superior aliens were defeated and now they are returning to be defeated (hopefully) once again. However the problem with this story is, if they were so superior, how could they be defeated, and if they are able to come to Earth again now, coming with such superiority having mastered interstellar space travel, how could you humans possibly stand a chance of defeating them again? This is just a smoke screen story James, really they want to make it seem like the alien race is invading, so the masses think they need to be protected and the governments do all they can to save them, when those in the know are really in league (so they hope when it occurs) with the aliens who are coming to save them (they being the Chosen Ones) from the Pole Shift.

James: Okay. Did any of the people of ancient times survive the Shifts by going off the world into space – could people travel in space back then?

Nanna Beth: They could, but only for short amounts of time, and relatively short distances. The energy systems, anti-gravity being one of them, allowed them to travel off the world, however the limiting factor was they couldn't grow their own food, so they could only live on what they took. And they could only keep so much oxygen (air) for themselves to live on, they couldn't make or recycle it, and they couldn't find another world suitable for habitation. So some of them came and went, but as soon as the limitations were known and they knew they couldn't overcome them, they dispensed with people going into space.

Their technology was a mix of rock being used to build the craft to fly around the Earth in and go into space, including other rock-machines, together with a substance that was sustained by available energy systems that was the equivalent of your electrical conductors of today. So this substance was highly pliable, easily made and conducted the varying energy systems and held the rock structures together. It formed out of thin air, out of the ether and was incredibly strong and resilient, yet only whilst the prevailing energy systems were available to humanity. And it took a high level of skill to use, manipulate and bring the substance into being, hence it being the elite priests of the day knowing the hidden rituals to 'evoke' it into a material form. But when those energy systems were withdrawn from humanity, this 'goo' dissolved away, leaving only the rock structures. So how the ancient UFOs flew was because of the action and attributes of this goo that enabled the rock-craft to actually fly and do all the other things such rock-machines did, like cut such big pieces of rock so precisely and move them into perfect position so as to build the ancient rock structures you have on the world that survived the Shifts. This goo, was sort of like a cellulose concoction that was literally 'made out of thin air', it wasn't earth-derived. It was 'from space' if you like, from another dimension so it seemed back then, and without it, the rock structures and craft would have just been a pile of rocks and unable to function as a machine. There were rock-machines of all sizes, however as I said, when the goo disappeared, all that was left was the rocks. So many odd rocks exist still on the world, rocks that people can see have obviously been fashioned into the size and geometry they are by someone long ago, many of which defy the logic of your minds and current physics and science of the world, and whose purpose you will never understand, not unless we Celestials tell you. Those in Mind Worlds are as ignorant as you are, and so the many myths and theories keep appearing and evolving as people and the Mind Spirits try to work out such oddities. You might like to know, the Mansion Worlds too contain mind-remnants from ancient times, many that still exist by some inexplicable force, adding to speculation by such spirits who study them.

So I will summarise for you James:

➤ Various ancient civilisation at different times (during different Pole Shift ages) had access to different hidden energy systems allowing them to build what are to your eyes, incredibly amazing and unfathomable rock structures and other machines. And with the last Shift came the end of such energy systems, with new ones to be discovered by people living in this Pole Shift age. And remnants of these ancient technologies and systems abound on your world, some being very obvious, others not so, and with much of such evidence being kept hidden or made off limits by the hidden controllers and governments.

➤ Because of the Default, and coupled with the Daligastias coming to Earth well before the Rebellion started, and then all the genetic problems resulting from the two sets of spirit soulmates that so heavily influenced Earth, myths, further fostered by the Evil Ones from spirit, have led to people like the Nazis believing they are of a superior race and they should, through such inherited superiority, control the

Earth. The only trouble being, they have never been able to conclusively decide who is part of that Elite, with the many wars and other problems resulting from such conflict. The Nazis were about trying to breed the elite race, to purify it, so they would rule the world. They weren't so much about getting rid of everyone else, if that happened to some people along the way, too bad, but really they were all about setting up Europe to use it as their 'Homeland' so as to ready themselves for the Evil Ones to come back to the world as their Supreme Leader. They firmly believed, because the Evil Ones told their seers, that Daligastia (of course, only the man and no mention of his soulmate) would return to the world as their leader. But then countering this are other nations and races from the different religions and belief systems believing they should be the rulers of the world, so have battled against the hidden controllers, which is still happening today. The hidden controllers united Europe under one flag, and then invited all the foreigners in, who they intend on turning upon at some point, using them as mass sacrifices at the time of arrival of Daligastia, their supreme leader, all of which they reckon is due to happen some time very soon.

➤ Then you've got the other Jews who want and believe their Moshiach is soon to return, or is even here now and waiting events to 'come out', just as the Christians believe Jesus will come back, and the Mahdi for those of the Islamic faith, Buddha will be reincarnated and the Hindus have their God-child returning. And once again, the Russians are the only sane mind, understanding all of this, keeping a close eye on it, and looking to see if any of the so-called signs do begin happening so as to verify these long awaited events. They are working towards the Aftentimes, they are fully committed to it, whereas the Americans and all the others believe they need to take some precautions, but that mostly they'll be okay. They are digging their tunnels and underground cities like mad, but still only more because they are hedging their bets, rather than being completely convinced that things will get so bad on Earth. Like you James, which is true, they reason that from past Pole Shift evidence, the last one was very bad, so the next one shouldn't be as bad, which it won't be.

And the Jews, which Israel mostly represents, many of whom are Russian Jews, are wanting to keep in with the Russians, looking to move into their underground complexes when the time comes, which the Russians will accommodate, and with the hidden controllers and Americans building their underground complexes in Europe and America, and the Chinese, late comers to all of this, starting to dig like mad in Africa knowing that it's on the cards they'll suffer greatly with China becoming very cold and uninhabitable should the Poles relocate to the positions suggested by those people studying such things.

And part of China's wanting to visit the moon with their probes is to get rock and mineral samples which they can analysis so as to see for themselves if indeed the moon has suffered such solar flares or micronova from the sun, thereby substantiating the evidence they've stolen or bought from the Americans. The Russians have played the Pole Shift close to their chest, the Americans as well only they've sold many of their secrets to the Chinese.



What Are the Chinese Building Underground in Hainan?

<https://www.youtube.com/watch?v=w7B916WDLec>

James: So how does all of this tie in with John, and now Jeffery as well?

Nanna Beth: As John and yourself rightly speculated, the hidden controllers mostly are allowing the liberation of such fund pools so as to keep the status quo going as much as possible, all the while so they and those in the know can keep going making preparations for the Aftertime.

They are all caught in a bit of a bind, from all they can deduce from Scripture and any other prophetic material, some old, some more recent, and some still coming from the Mind Spirits courtesy of us Celestials, all of the Chosen World Leaders are to come ahead of, and in readiness for, the next Pole Shift. No one knows, nor can they work out, the actual date of the next Shift. There is nothing clear in the ancient writings and hieroglyphics. And neither do the Mind Spirits, or for that matter the spirits living in Healing Mansion Worlds, know when it's to occur. Only we Celestials know, and only some of us. And no one is going to be told, until it's time for humanity to know, which will only be once you and Marion have at least finished your Healing.

So the competing factions have to keep things going on the surface, which means keep the economies of the world moving along, with ups and downs, but still overall 'business as usual'. And they also have to prepare for the Armageddon and the Final Battle, for that will be when and why all the Chosen World Leaders will come to Earth. And then they also have to keep preparing for the Aftertimes in secret, not giving too much away so as not to spook the masses.

So John and Jeffery's, and there will be other fund pools as well, will keep being liberated so as to keep the debt-ridden system limping along, all whilst other secretive money is used to dig underground for the Aftertimes. And so the need for the vast war economies of the world to keep doing what they do, so as to possibly have it out one day, but also to be used as a cover for the secret underground diggings. Many of the workers contracted to work underground on such preparations are told it's for national security, part of what the Armed Forces are doing in preparation for the event of a nuclear war. So it's a nice cover story, with the need of having nuclear weapons as a continual overhanging threat, whilst really they are digging underground to survive the Shift.

So we Celestials are working to instil in the minds involved with such funds that they can and should be used to continue propping up the rotten-to-the-core financial structures of the world, all as a front for what's really going on.

James: So you want these people to dig their underground hideouts?

Nanna Beth: We don't care one way or the other James, however obviously, higher-ups do – yes.

James: So it's possible, and something they are considering seriously, that WWII could happen as a major sign that the Shift is very near?

Nanna Beth: And they want to see which one's Chosen World Leader does come, for surely, so they reason, they can't all come... or can they?... and even if they did, then they'd have to get rid of the competition, all so their Chosen One, leads the world in the Aftertime.

James: I see what you mean Nanna Beth, it would be a bit of a bum if all the world religions' Chosen Ones do come and they all continue on in the Aftertimes. Then things would just carry on as they have been, and so no one would be the dominant one able to build their Heaven on Earth.

Nanna Beth: That's right, something they all want to avoid, because they want to be the Chosen Ones. Their reason: If we can't leave the world to avoid the Shift, then at least we can do all we can to position ourselves to run the world post Shift – that is something great we can leave to our children!

James: So in light of what you said about John and Jeffery's funds, they won't be interfered with by the hidden controllers or anyone else?

Nanna Beth: No, they'll be supported, and perhaps not openly or directly, but allowed to continue to play their 'humanitarian roles' pumping huge sums of money into the system, all whilst in secret get on planning and preparing for their very un-humanitarian Aftertimes future.

James: And so the lesser countries, like Australia, are trying to keep in with who they see as their best bet in the Aftertimes –

Nanna Beth: Yes, those countries who are aware of the coming Shift and the ongoing preparations for it. Australia would be better served, that is, Australians, by aligning themselves with Russia, for the Americans are not stable in themselves or in their vision for the future. And how the Russians are evolving, you'll have more in common with them than you will Americans. However to go against the Americans by aligning with the Russians would bring on American wrath, the likes of which would be too much for Australia. And the American indoctrination of Australians is too great now, with most Australians fearing the Russians having a fit were you to suggest they should get closer to the Russian Bear.

The Russians are currently, and continuing to grow quickly in it, the most open and truly spiritually inclined people on the world. They have their strong underlying Christian orthodoxy, however under that they also have a strong natural appreciation for spiritual things. They are still somewhat misplaced in this, however they of all people would warmly embrace, James, your understanding and relationship with the Nature Spirits, how you relate to the angels, life after death in the Mansion Worlds, and even the Celestial level of truth-attainment. The Russians by and large are still strongly connected to the mystical, and to the mystical unseen yet real spirit influences on the Earth. They are still hesitant and shy about bringing this side of themselves out more, however in time that will change. There are of course smatterings of such spirit-minded people in all countries, only the Russians have it the most. The Russians would be the most open to communication with the other side as you are James, with many people being excellent mediums and spiritualists, only still lacking in direction, still adhering too much to the 'Old Ways' which are still too heavily focused on the Mind Mansion Worlds.

And the country who will be the most open to doing their Healing and understanding about the need to do it, is Australia, which as you see is why you and Marion are Australians and why John is too. Australia is in a unique situation in that it has no defined culture, no deeply ingrained traditional history and limiting folklore. The New Settlers soon got rid of the Aboriginal traditions, mythology and superstition, rather than adopting it, and with Australia becoming an increasingly multicultural place that is not united by any religion, so it contains within it the most people per head with the potential of embracing the understanding that one needs to work on themselves, Heal themselves, and at a stretch, adopting your many lines of spirituality and cosmology. Other people from all countries will come to Australia so as to be involved in doing their Healing, finding the country and those Australians already involved, very welcoming and accommodating.

And you won't have to worry so much about the Shift, however I can't as yet say anything further about that.

James: Thank you Nanna Beth for shedding more light on it all. I don't really know what to make of some of it all, I guess I'll take your word for it, like so much of what you've said to me, and wait to see if I can connect personally with it, or if something else comes to light to substantiate what you've said. And I know that being still within my untrue state, it's all subject to change, to be added to or subtracted from, so I'll think about what you've said and ask you more questions should they come to mind.

Nanna Beth: I'll be here James. Bye now – Nanna Beth.

We are to Find through our Feelings the Truth of the Rebellion and Default.

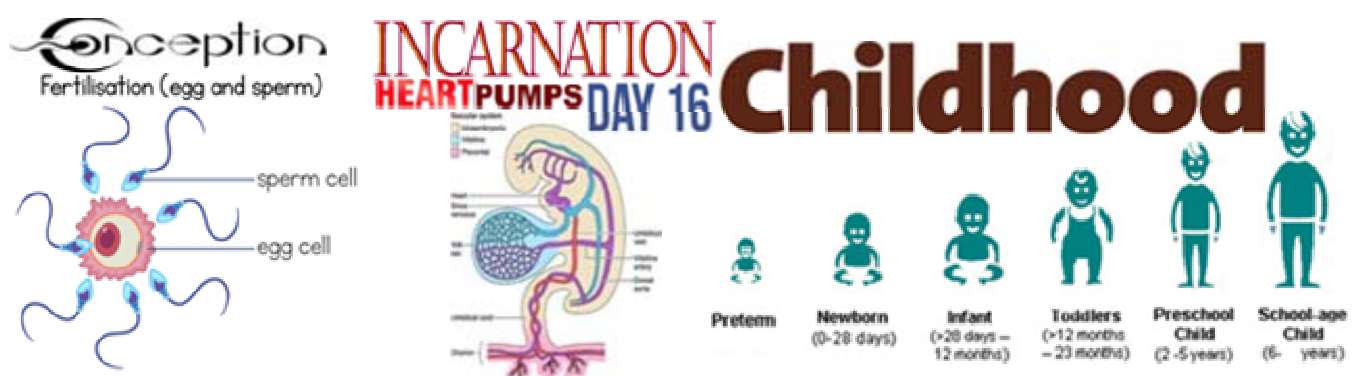
Tuesday, 17 September 2019

Hi John, these are the latest truths that are coming to light, again mostly due to Marion's expression of her bad feelings. I'm 'writing them up' so if you want to include them in a Paper, that's fine. Some of it might be a bit much.

We are to find through our feelings the truth of the Rebellion and Default.

The truth of our personal rebellion by default. The truth of how we've been subjected to them, taken them on, and live them. The truth of how they make us feel being subjected to them; and the truth of how they make us feel being them.

The other day I said we are to see the truth of our childhood, the big part being the whole truth of how our childhood made us be as we are, focusing mainly on our early relationships with the intention of uncovering the truth of how loving or unloving they were. Were we loved or not, is about what it comes down to: Did I feel loved? / Do I feel loved? Was I truly loved as a young child? And if not, why not, and how has it affected me through my life, and how am I as the result of that beginning. It is for us to see through our deeper feelings if all we call and believe love to be, all what we might think and feel about ourselves as being loving, all we might have felt loved by, was really true. Is all I know and believe love to be real and true? – or have I grown up contriving it, pretending that I know what love is, believing I was loved by my parents and other family members, when the truth is, I wasn't. As we do our Healing, as we work deeper into ourselves using our feelings to uncover the truth of how we really are, much to our horror we will come to see that much of our early lives, and so too our resulting adult lives, is untrue, founded on beliefs that don't hold up under such deep inner personal scrutiny. And we can't know until we've looked to all our feelings, until we've brought out of us all our repressed bad feelings, and seen what truth such feelings hold for us. It is a feeling thing – uncovering the truth of ourselves through our feelings, and not something we can do using our mind.



We are to uncover the truth of ourselves by uncovering the truth of our childhood. We are as our childhood has made us. We are not separate or free of it simply because we are now adults and no longer a child. The fabric of our being, our whole foundation, all how we are, IS all how it was for us through our childhood. And it's not until we've done our Healing and seen all the truth of how it was for us, which means, connected with all how it was for us back then through our feelings, that we will be truly free of our early beginning. When we've uncovered the whole truth of ourselves, so the whole truth of how it was for us during our childhood to make us be as we are, then we will move into a

Celestial level of truth, a level that is true and perfect and all-loving, and feeling like we've been born anew; that being, feeling like we're the result of truly loving parents, instead of how it was for us, the result of having untrue and unloving parents.

And it's all horrible because we've incarnated into a Rebellion against Truth and so Love. We have been forced by default to live in an unloving and untrue way. We've been made to go against ourselves right from conception, and we're to come to understand just what that means to us, all through our feelings. And none of it is good. Some people grow up feeling better about themselves and their lives, some people feeling very loved being made to feel they are important, special and mattered and were wanted by their families and parents. And should any of that love be true, it will remain with the truth being seen as to why it is true. And should any of it be false, it will fade away, with the truth being shown as to why it was false. And for those people who've grown up completely aware that there was no love for them during their early life, they will upon expressing all they feel about that, understand even more deeply the truth of how it was for them. And those people who've grown up feeling unloved only they didn't know they were, having been made to cover up and deny such bad feelings, their Healing will be one long breaking down of such denial, delusion and fantasy, as they come to see and realise that their whole childhood was one of lies and deceit, all which added to how false and deluded they've been through their life.

And as we come to see the truth of ourselves, through the truth of our childhood, we all, so I would imagine, have to arrive at the place within us where we fully know the truth of what it has all been about; that being: was there a point to how we were treated and how we've lived, with the answer being – No. We are to find the truth of the Rebellion, the truth of being rebellious, all through how being untrue makes us feel. We are to work out for ourselves through our feelings, and NOT with your mind, if being rebellious, living against our soul (ourselves), against Mary Magdalene and Jesus, against God and Creation, is a good way to be – if it makes us feel good. Does living untrue to ourselves make us feel good – and truly good and truly loving? And if it doesn't, then why, and so presumably we'd then no longer want to live rebelliously.

We have to get to the point that we will feel there is absolutely no point living rebelliously. We have to try everything we can to pretend that in our untrue and rebellious state we can feel good, happy and loved. And when it fails, then know that there is nothing that is going to make us feel that way. So we have to get to the point where we know that it is totally pointless living a life that is untrue and unloving. That it only makes you feel bad, and so what is the point of that! We are to find out for ourselves through our feelings that categorically there is no point living against the One's Who Created Us.

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

Our Mother and Father are All Love, so if we rebel against Them, if we turn our backs to Them, if we shut Them out, reject Them; if we believe we know better than They do, if we use our mind to be god instead of living with our feelings knowing we're a child of God, then we are in for a very lonely, empty, boring, nothing, dead, uninspired, unfulfilling, devoid of all creativity, unloving, painful life. And it's not just a matter of understanding this mentally: that will of course be the case if you go against God, of course if you are trying to swim and live against the flow of Creation, you're going to feel very bad and nothing is going to work for you, and who in their right "mind" would choose to live that way; we have to connect with such understanding on the feeling level, we have to know the truth of it through our feelings, that which our Healing brings us to. And all so when we do know, when we understand just how our life is and how we are, all of which makes us feel bad, then were we able to choose: Living

a life of rebellion against God and our own soul; or one living true and in harmony with God and our soul.

On the levels we are conscious of, we didn't have a say in how our childhood and life was going to be, we didn't choose our parents, we had no idea what we were in for; and now as adults toward the completion of our Healing, we arrive at a place of knowing that it all sucks, it's a terrible ordeal we've been subjected to, so traumatic, and so soul-destroying, and all because we were unlovingly parented and forced to go against ourselves becoming untrue. All that effectively ruined us, we've been made to become something we hate, detest, are disgusted by – a vile unloving creature, something that is abhorrent and so out of alignment with nature and the natural way of things, we should be extinguished and stopped from spewing our vile, putrid yuk out over everything that is good. We were made to be evil, full of sin and iniquity, and that we can't do anything about it. We were forced into it against our will, being forced to then use our will to keep being this way, and using our mind to tell ourselves that we are not so bad, that we are good, even better than other creatures, that we are loving and true, that we are the great ones, not the worst of the worst that is defiling the rest of Creation with every poisonous breath we take. And yet we are bad, we can't be any other way, because we are rebellious, rebelling against all that is true and of love.

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Look how we treat nature that is all-loving and true, we cut into it, pull it down, change it, pollute, ruin and destroy it, we make it into some perverted, crippled abomination that ends up turning against us, all because that's exactly how we were treated and made to become. We can only be as we were treated as a child, as our childhood has made us become what we are as adults. We are a blight on the natural world, we don't give a shit about it, we poison and pollute it without a thought, we live completely out of harmony with it, we hate nature, we want to get rid of it all, we want to turn the whole world into empty, unloving, ugly concrete, living in our fantasy Internet worlds, all with our pretty pictures of the plants and animals that used to be or are becoming remnants of the paradise Earth once was. We 'advanced' people move into the worlds of the 'primitive' by killing them, displace them, ruin their ways of living more in tune with nature, yet we know better, and they have to live as we are, doing to them exactly what our parents did to us. Our parents crushed us, so we crush whom ever we can, which ends up being mostly our own Children. The weaker 'lesser' one loses to the stronger more powerful, just as we as children lost to our parents. We thrust our evilness upon the world just as it was thrust upon us right from our beginning, and even though most people might not want to hear this, we all know it's true. And if you don't, you soon will as you look to the truth of your own feelings, for they will show you, loud and clear, you feel just how bad you are and how being so bad makes you feel worse than you could possibly imagine.



And so we come back to realising and knowing by connecting truly with our feelings, that we live pointless lives, they have no meaning because we are not true, we are not living Feelings First, we are not wanting our feelings to lead and guide us to the truth of ourselves, nature and God. We live by denying the feelings that will lead us to the truth of ourselves and the truth of our childhood, we reject them as we reject ourselves, just as we learnt to do because of being rejected through our childhood. Our parents didn't want to know what we felt, they rejected those feelings and by doing so made us feel rejected and unwanted, all of which is part of the sad truth we are to find out about ourselves.

So the point is: There is no point. How can there be any point to ourselves and our lives when we've grown up and live as adults in a pointless way? Without Truth there is nothing, and as we live rejecting

and rebelling against Truth, so we're living the most pointless way possible. Everything we do is completely meaningless because it's not about living true to our feelings to uncover the truth of ourselves. And yet we carry on deliriously happy and in love with our untrue, meaningless and pointless lives pretending and telling each other that all we are doing has a great point to it. And we have to do that, because if we were suddenly shown the meaningless, pointlessness of our lives and ourselves – the truth of our rebellious anti truth and no love lives – we would freak out, completely lose it, break down into becoming the nothingness that we live lives hidden at the bottom of us. And that is what our Healing does for us, it's one long breaking down of our falseness, all so eventually we arrive at the inescapable truth of ourselves: That we are pointless; that there is no point to our existence as we live our meaningless lives. That my living and breathing, everything I say, everything I do, has no point. It's all useless, a waste of time, it's all really just hot air filled with NOTHING. We are to declare, because we know it's true: That I am nothing, with no point, because I am not loved and I am not loving. I am of no goodness, no truth, no beauty, that I am full of shit and a complete fuckup, and something that should be got rid of, snuffed out of existence because there is no value of anything in me, no part of me is salvageable, I am rotten to my core, empty, null and void, with no point going on.



And yet having discovered that truth, connecting with it through your feelings, then you are brought to the understanding as well: that okay, so I am pointless, untrue and unloving living a meaningless life, and yet it's not my doing. I have no say in it; it's all how God wants me to be. So, okay then, if God wants me to be a rebellious, pointless, meaningless fuck, then possibly there is some point and meaning to being pointless, meaningless, untrue and unloving? And so possibly: I am pointless, as that's how I feel, and yet also there is a point to me being this because God wants me to be as I am, or else I wouldn't be it; and so presumably, God is wanting me to be as I am for a point – (unless God too is completely meaningless and pointless, and I being Their child is as They are).

And that could be true, but then why create nature and the rest of Creation with meaning and a point and only having your child pointless? So if God has a point in making us feeling totally pointless, then what is the point of that? And could it be that God wants us to experience in our different ways what living against Them feels like, what turning our back on Truth and denying ourselves Love feels like? That God wants us to feel the whole truth of rebellion against Them, and that is the point of our pointless existence?

WHAT'S
THE
POINT?

And all we can do is keep going living true to our feelings, expressing them and longing for the truth they are to show us about ourselves. And as we come to live true to our meaningless pointless lives of no love and no truth, then possibly our rebellious lives will end and God will transform our soul into being loving and true, and meaningful, and the whole point of ourselves and our existence will come to us.

We have been forced to go against our true selves. And by doing so, were forced to go against God. And as we do our Healing and become true, coming back to and discovering how we truly are, so too are we coming back to God able to feel loved and wanted, and able to express that love and good feelings.

We are to see the truth of ourselves through uncovering the truth of our childhood. And that truth will show us how bad it was for us and that it was all pointless, and how can it be any other way living against all that is true and of love. We are to uncover the whole truth of our rebellious state of being, understanding the whole truth of how we were made that way by default. That it wasn't our fault, it was imposed on us against our will, and we are not to blame. That we are to come to fully accept ourselves in our fucked states just as we are, and to feel sympathy for the sad state of self-rejection we live in and all the horrible ways we express that in the world. We are to come to see that really we are not truly connecting with anyone, but are instead only connecting with what we project all over everyone else; that we are alone, having a relationship only with our fucked self and with the other person not really there at all, because we were parented as if we weren't really there at all, it all just being between our parents and themselves and their parents. We are to feel completely what it feels like not feeling loved, not having our love needs met, being denied right from the very beginning all we needed to help us come out and feel naturally and truly good about ourselves. We are to understand that all our problems, all our health issues, all our relationship difficulties, everything that's wrong with us and that goes wrong in our lives, all is and happens because we are not right, because we weren't loved as we needed to be.



And we are to work out what we really do want, to feel what we hate and don't want, based on our feelings, then to work out that we want the opposite and what that might be like. What might it actually be like to feel completely loved, right from the start, all the way through you, with never one rejection, never a bad feeling, always feeling secure, happy and fulfilled in every moment of your life? And to yearn and want the true and perfect relationship, one that comes to you as you come to understand how untrue and imperfect all your relationships are with yourself, with other creatures, with other people and with God. We are coming at it from the negative, so what is the positive like, and do we really want it; and if so, to long for it, just as we long for the Truth and as we long and yearn for love. We want to feel loved right the way through to our core, every part of us filled with it, we want to feel so loved and so happy because we do feel so loved that our love is brimming over and loving all others. We want to feel the opposite to what we do feel, and to know why we want to feel that way, it all being about the truth of ourselves, knowing it, feeling it, understanding it, wanting it.

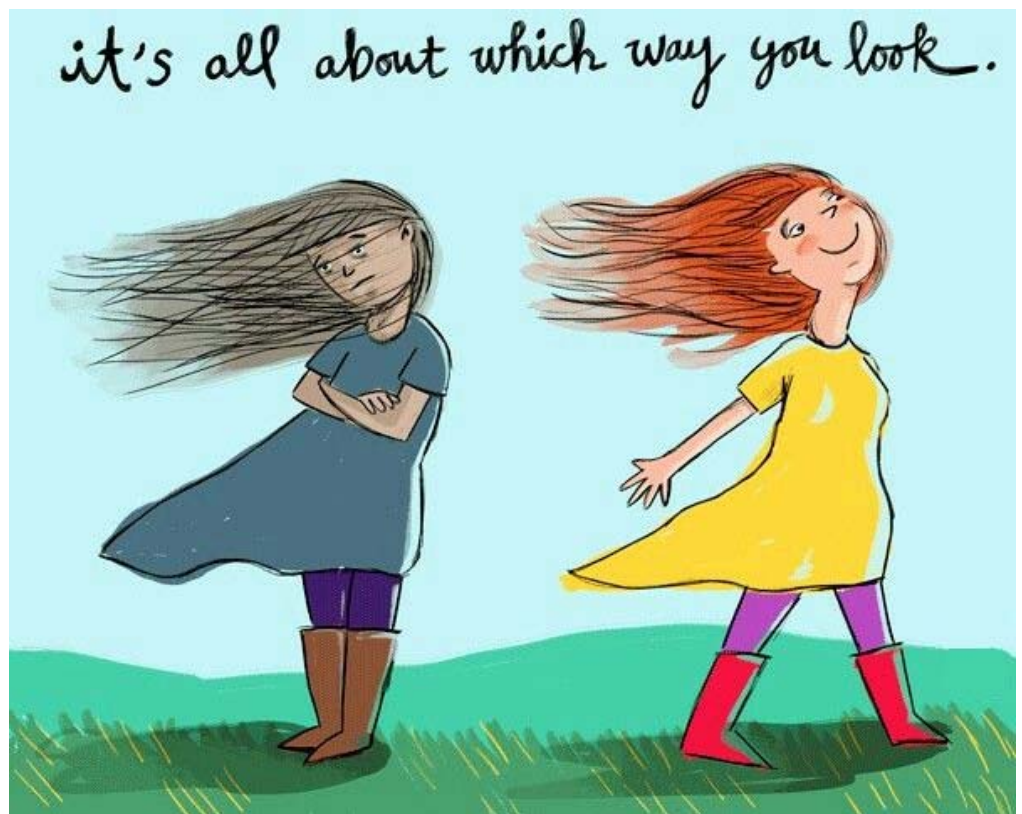


Through becoming true, so first, true to our untrue state, we find acceptance. We come to forgive ourselves, we make amends compensating for the wrong we have done, we feel as bad as we do, and we understand that that's okay, and even that it's how God wants us to be. It's a hard road each of us has been giving to walk, however it's all possible and the worst is over, the worst being how it was for you during your early life. God wants us to uncover the whole truth of our rebellious state through our feelings, so that's what awaits us all, when the time is right. And when that time comes, something that

you can't do or start by using your mind and telling yourself you do it; when that time comes because God is saying it is time and leading you to do it through your soul as you want to start paying closer attention to your feelings looking for the truth they have to show you, then you will do your true Spiritual Healing. It is a healing process, one of gradual self-acceptance through the truth as it comes to light within you. It is the Truth that will set us free, yet only once we've found it by living true to ALL our feelings.

So I doubt people who are enjoying their lives will understand this; however if you are enjoying and having a fulfilling life living your rebellion against the Truth, Love and God, then one day you'll come to the dead end coming up against the brick wall, wondering what it was all about and what was it all for. And when the time comes, be that during your life on Earth or when you're in the Mind Mansion Worlds, then it will be time to do your Spiritual Healing.

Also, throughout my writings I have stressed the point that so much of what we call love, feel love to be, know as love, will, as we come to uncover the hidden truth of ourselves, vanish, dissolve away, because it wasn't true love. We are all about The Truth, and what I mean by this is, any truth we live, will remain, we are truth-seeking and truth-loving souls, and with that truth, will come love, because truth 'begets' love. So if you have felt love throughout your life and it is based on Truth, through your Healing it will remain. However, if you have felt love and believed you were loving, yet that so-called love wasn't founded or based on Truth, it will fade away until it's all gone and you know that you contrived it using your mind. The Truth is what is important to us, so all that is true about yourself and so true in your life, is good, making you feel good, and will remain as you do your Healing. All that is untrue, is bad, is false, and you will give up and let go, as you do your Healing. We can't receive love or be loving without being true to some degree. And the amount of truth we are determines the amount of truth we are, can feel and give. We



mind controlling way or soul's feelings first!

can't be untrue and loving. We can only be true and loving; or untrue and unloving. So if we are untrue yet feel we are loving, something is very wrong in how we see ourselves and how we are experiencing life. Our Healing is to end being untrue, end any so-called love that we have lived in our untrue state, coming around to accept the truth of our untruth and at the same time seeing if any part of us was true. So we have to want to explore and liberate all our bad stuff wanting to be true to it so we can see how wrong we are being it. It is living completely going in the opposite direction to how we've all been

made to believe we should be. And as mostly we've all been made to deny so much truth about ourselves and our lives, so there won't be much love as a result.

Feelings First Spirituality – The New Way

Doing your feeling-healing is telling your story.
It's telling the truth of your whole story.
And it's all for you.

I wanted to write some of how I feel I'd want to be were I to have a child. However it's to understand that this is only my understanding of it through my own Healing. I have not been a parent, not been at a birth, not lost a child, not had any of the bad things happen to do with having children. And I'm male.

Being with your baby and child

This is mostly for the mother, however it's also for the father.

Before Conception:

– How do you feel about having a child? Express ALL good and bad feelings. Pay particular attention to ALL bad feelings. Try and express them all, talking about all you feel and how feeling those bad feelings make you feel, all whilst wanting to know the truth of why you are feeling them.

➤ Understand that it's okay to feel bad about any part of it at any time. It's okay to feel anything bad at any time before conception and after it. Pushing away, hiding, pretending you're not feeling them, blocking out bad feelings is only going to make things harder for you, your relationship with your partner, and your child.



➤ Understand that your feelings might change, from feeling good to bad, and that too is okay.

➤ Keep expressing them, all of them, to your partner, family, friends, to God, to everyone who wants to listen, all as you long and really want to know the truth of why you are feeling them. And understand that some people will be able to go with you in your feeling expression, some not; and those who do, some deeper, some not as far. Few will want to go with you right the way through to the end when you have nothing more to say about it. And it will be the same for yourself as you will have many blocks and much resistance all the way along. But that is all okay, you can only do as much as you can. And with practise you'll get better at honouring and expressing and uncovering the truth of your feelings.

➤ And understand that if you go down this road becoming determined to find the truth of all your feelings, at times a lot of pressure will be brought to bear on your relationships, even possibly bringing about an end to some or all of them. And that too is okay. You'll find your way, it will all unfold, all as you keep expressing and talking about all you feel.

Conception

➤ Keep doing all of the above. It's MOST IMPORTANT to honour and express all your bad feelings. Don't hide them from yourself. Don't push them aside. Try to bring them out. To your partner is best, ideally your partner should want you to express all of yourself, so all your good and bad feelings. And for you to want your partner and for them to want to express all their feelings too. However in reality you'll be pushing each others buttons and coming up against each other's, and your own, inner barriers and blocks. Still, these can be fully acknowledged and worked on. You don't have to do it all at once.

➤ And yes, it's all going to affect your baby. All the good stuff, positively; all the bad, negatively. However there is nothing you can do about that. God wants it this way. You have conceived, your child already has taken on all that you and your partner are, and particularly all the bad stuff, it's all a done deal, now it is to be expressed by your child as it grows inside you, and through its childhood. Accept that you are not fully loving, you can't fully love your child, you do your best, however it won't be enough no matter what you do. And that's okay too. You don't have to be perfect and all-loving, you are to be yourself wanting to express all you feel as you grow in the truth those feelings bring to light within you, all of which will then positively affect your child.

➤ The best thing you can do for your child, the most loving way for you to be, is for you to keep expressing and longing for the truth of your feelings. As to whether or not you are loving or can you cope, will you be a good parent, deal with all of that as part of your feeling expression. Any time you feel bad, and even if it's over and over about the same things that are making you feel bad, even to the point of driving yourself and your partner mad, just keep going expressing all how bad you feel whilst you long for and want to know the truth of why you are feeling as you are. And your feelings will show you the truth, it will come as you express them and when you are ready for it, and all of that will affect your growing child in a positive way. To bring your child into your womb that is part of you who is wanting to live Feelings First is the best you can do for your child. So it is good to express EVERY BAD FEELING YOU FEEL, even if you feel you are pathetic, stupid, embarrassed, humiliated to do so. Don't deny yourself by denying your bad feelings, because that denial will be passed onto your child and that's what will hurt it the most and make it feel the most unloved. If you want to be as loving to yourself as you can be, which is fully honouring, accepting, expressing and seeking the truth of all your bad feelings, then that self-love, doing that good thing for yourself, will be conveyed to your child helping it feel good in its emerging relationship with you. If you keep denying yourself your bad feelings, pushing them away, blocking them out, ignoring them, pretending they don't exist, ridiculing them, rationalising them away, then you are only hurting yourself by doing this, it's unloving, and so too will you be doing it to your baby and child once it's born. The worst thing you do to your child is stop it expressing ALL its feelings, so including all its bad ones. So if you set the example it will follow, then it will be as feeling expressive as it can be, all of which will greatly help it in its life.

➤ Understand that to nurture yourself by fully accepting, expressing and wanting to know the truth of all your bad feelings, is the best way to nurture your growing child. If you feel bad about any aspect of yourself, your life, of your pregnancy, of your relationship with your partner, family, any bad emotional feeling, any fear, worry, anger, guilt, shame; any depression, resentment, envy, jealousy; any feelings of feeling ignored, rejected, unwanted, uncared about, unloved, and any other bad feelings, even the slightest faintest one, bring it out. And bring it out to another adult, not so much to your growing child. Don't use your child as a substitute adult because you don't have an adult in your life who'll listen to you express all your bad feelings, so your child will do. That's not fair on your child. The child is to be left free to express itself, it's not there to be your listening person, that is for your partner or God or another willing adult in your life. Don't take all your shit out on your child. Don't use it to vent or dump all your negative and bad feelings on. It will be too overwhelming for it and more than likely putting it in the position of making it feel responsible for you, that it should or can in some way help and save you, make you feel better, good and happy. You're the adult with your

YUK

shit, and so it's with other adults you work it through. The child is new, it's all for them, they've already got enough of your yuk to deal with that they will have picked up from conception and naturally as they have developed. When your child is older and can understand and deal with all your bad feelings and yuk, and is willing, then perhaps you can start to express and share your bad feeling expression with them. All of which they'd surely understand anyway by then as a part of observing and following you in life. Try to allow your child to form itself through its formative years, rather than you make it be something for yourself and how you want it to be.

Pregnancy

- How you relate to your child is how you relate to yourself, most of which you are unaware. What affects your child is what is affecting you, most of which you're not aware of.



All the undercurrents your child is continually absorbing, all from you, your partner, those important people in its life and the environment, is all 'going into it'. And all you can do is keep expressing all your feelings, good and bad, and particularly bad. Don't try to fix all the bad stuff, just express all your bad feelings. Do what you feel to do, and what you don't want to do try not to, however if you are forced or made to do it, then keep expressing how bad it makes you feel.

- Bring out all your fear, anger, anxiety, everything about your child that you are worrying about, to your partner. Talk about it all between you. And if you don't have time, make it. It can be hard, but if you sincerely want to express all you feel and want to know the truth of why you are feeling such things, then you will make the time. You are in a relationship with your partner and your child, it couldn't be more intimate, and so the more you can express all you feel to each other, the better your relationship will be. So bring out all the bad stuff, all the hidden secret unwanted stuff, and if you feel very bad and worry that your child will be negatively affected by such feelings, express all of that fear and worry too. Your child will absorb it all, however the more you can express of yourself, the better it will be for it. And do what feels natural for you to do; and if you worry you are not being loving enough or are too much or whatever, express those feelings too. Express it all. It's a different way of life. And if it's what you want, then it will be how you can live and your child will form and be born into that feeling-expressive environment growing up expressing all its feelings and longing for the truth of them, something no child has as yet experienced on Earth.

Birth

- Again, express all your feelings and in particular all your bad ones.
- Understand death is not bad, it's not to be feared (yet if you fear it, then those are more bad feelings to express and seek the truth of), the death of your child or yourself. If it happens it's just time for you or it to move on. However, of course there will be many bad feelings that come with it, all of which are yet more bad feelings to express. Should your child die, at any time from when its heart begins beating inside you, it will move into spirit there to be adopted by a spirit mother and looked after as if it is her own. And when you die, and should you want to, you will be able to meet your child. And right the way through your life, should you want to, you can still share something of a relationship with your child in spirit, from actively speaking with it when it's old enough to converse with you, to sharing your thoughts and feelings with it – should you feel good about doing that, understanding that your child might not always want to speak to you, as it will have got on having its life in spirit. However more than likely it will be made aware of you and will want to have some contact or relationship with you.

However, you don't have to have one with your spirit child, it's only if you want to, expressing all the feelings along the way.

➤ As natural as possible the birth is, is of course best, however what is natural? Possibly the Australian Aborigines giving birth with nothing other than themselves, something to cut the cord or biting it, with loving women (and men too) around, including your partner, would be as natural as you could get. Your child when born is given to you, skin on skin, it finds its way to your nipple when it wants to feed, or with a little help if required, you and your child are the loving centre of attention, everything is for you both, you are at the centre of creation. It's all only about you and it, with your partner and father there in support and loving and protecting you both.

➤ However if the birth is in the full bright lights of an impersonal hospital, it's still between you and your child and its father. It still can be as personal as you can have it, as intimate, you feeling you want to be with your child. And if you feel you don't want it, are scared of it, reject it, that's okay too, you don't know how you'll react, with these being more bad feelings you can embrace and work through.

➤ If it's premature, still born, cesarean – more bad feelings to be expressed. And all is okay, understanding that it will all cause your child problems, it's all very traumatic, however by looking to express your way through all the difficulties as they arise, is what will ease the pain and trauma, even eventually heal it. It may take a long time, and your child might be well into its adult life before it starts to deal with all the trauma it's suffered, however the more you encourage it to express all its bad feelings as it is growing up, the better it will be.

➤ And of course you can't always stop and express all your bad feelings when you feel them. But you can do it when the time is more conducive; and any that you do deny, will return at another time.

➤ The whole idea is you are setting out to have a new relationship with a person called your baby and your child. So ideally you don't want to be separated from it in the early stages, which can be hard if the hospital has the practice of taking it away from you. All such separating is, as you might imagine, very traumatic for the newly born infant, who has formed inside you and is now outside of you needing you still there with it yet in a different way. As it grows it will show you when it's ready to separate from you. Read stories about accounts of how the orangutans, gorillas and chimps have their babies, how they guard and protect them, having them cling onto them all the time, for years in some cases, and never rejecting or forcing or trying to control their baby, unconditionally being there for it, with the baby being the one that pulls away as it gets older and more adventurous.

With your baby

➤ Do what feels right for you. Don't try to parent according to a book. How to parent books can of course be helpful, so can anything, however at the end of the day all you have to go on is your own feelings. And if you want to honour them, express them and see what they are wanting you to see, then that is how you can parent. And by yourself if you're a single parent or with your partner. However being single is more difficult not having someone close to express all your feelings too. And it might not be good expressing them all to your child, your child should be free to express itself, but it's not as yet equipped to deal with all your feeling expression and needs. So putting it all on your child, making it be your substitute partner and listener of all your feelings, will be difficult for it. It might not complain, however it will have to deal with that when it is older, having been made to take on such responsibility so early.

➤ There is no right way to parent, only your way. What might work for someone else might not work for you. All this business of having to force your baby to accept the sleep and feeding patterns imposed by you, because of what other people say is the right way to parent, is very damaging to both of you, traumatically so. If it happens naturally, fine, but having to use any force against the will of your child is what will crush it and ultimately turn it against you. To try and work with its will, to fully accommodate it, yet at the same time expressing your will, can be very difficult; and again, all you can do is keep expressing and yearning for the truth of your feelings.

➤ If you feel bad, try to stop and pay attention to those feelings. Don't automatically try and fix or solve the problem. We're all taught we have to fix everything and work it all out for ourselves, but we don't. All we 'have' to do, if we have to do anything, is keep expressing and wanting the truth of our feelings. So do you see, living by putting your feelings and the expression of them first, is the aim. You don't have to do what you feel, you don't have to always act on them, often the emotion of them might drive you to act, even to do something you will regret, all of which will bring up yet more bad feelings to be expressed and worked through. When you express your feelings, try to express them with the emotion you are feeling them. Express the emotion of them, but of course not to the detriment or yourself or the other person or creature, not to harm anyone. You might want to kill your baby, so express the emotion of those terrible feelings to your partner or someone who cares about you, or to God if there is no one else, even just to the wall if that is all you have, saying all you feel as you feel the emotion of wanting to kill them, yet not acting on it. And if you can't control yourself and do act and kill your child, your partner, yourself or anyone else, then there's yet more bad feelings for you to express and want to uncover the truth of. Everything we do comes from your childhood. Expressing your feelings and wanting to uncover the truth of them will invariably take you down into connecting with those same feelings you felt as a child. And as you connect with all your repressed childhood pain, finally liberating it, so too will it positively affect your child. We pass our pain on to our children, so the more you can bring yours out, the less effect it will have on your child.

POTENTIAL to BENEFIT your CHILD through your own FEELING HEALING:

This steps down each seven years as the child matures



**From conception to
age 6 or 7**

From 8 to age 14

From 15 to age 21

From 22 to age 28

As we heal, we directly heal our children similarly.

The Indwelling Spirit arrival for the child around age 6 or 7 starts their independence.

Toddler

➤ The battle of wills only takes place when the child is not allowed to freely express itself, when it feels its will is being compromised. And even though it can't be allowed to do all it wants to do, there are ways to work with its will, helping to maintain the integrity of it so it keeps feeling empowered, important and that it's loved and respected, just as there are ways to crush it all but out of existence with it having to turn severely against itself so as to survive and maintain any sense of having any power with you. As children we're incredibly adaptable, we are geared to survive, and so if that means we have to fully compromise ourselves, going against our own true self and will, so we will use the full strength of our will to deny ourselves our feelings. We'll do whatever it takes so as to keep ourselves believing we're loved by our parents. The onus is always on the parent, never on the child. To blame the child is

missing the point about what a child is. And if you go that far, then that's what happened to you as a child, and that's how you're making your child become.

➤ Ideally we should grow up in a 'tribe' situation, being parented by many adults and always interacting with many other children of all ages and with people of all different personalities. Doing it alone, just you and your child, is the hardest and possibly the worst, most alone and rejected way we can raise children. Again imagine an extended tribal family situation where everyone actively participates with everyone else, from the youngest to the oldest. So there is always help for the new mother, for the mother at any time, and not with 'men do this' and 'women do that' approach and attitudes; no religious, social or cultural superstitious beliefs and limitations. With everyone fully involved, and ideally, with everyone expressing themselves as fully as they can.

Childhood

➤ It might help to understand, and so to always keep in the back of your mind, that we're all currently conceived into a spiritual rebellion without knowing that it's happened to us and without our parents knowing they are bringing us into the rebellion by default. However it's what God wants, and so that is how it is. So having understood that, then it's to know that you have already fucked-up your child to the degree that you and its father are fucked-up. And that it is to grow up experiencing the Rebellion itself. And being a loving parent of course you might want to lessen the impact of this, and of your own rebellious state upon it, which you can only do by doing your Spiritual Healing. You can only work to Heal yourself, and all healing you do will have a positive effect on your child. However at the end of the day, your child will have to want to do its Healing one day if it is to rid itself of all the bad parenting influences and effects it's suffering from. We're all in the same boat, however as parents grow in truth through the doing of their Spiritual Healing, which is done by looking to express all your feelings wanting to uncover the truth of them, then so too will they conceive and parent their child with lessening effects of the untruth and wrongness. And one day, parents who have fully Healed themselves being of a Celestial level of truth, will conceive and parent perfectly and lovingly children who are no longer part of the Rebellion or Planetary Default. So until this time, it's okay to have a child and for it to grow up in the Wrongness. That's between you, it and God. And everything will one day be worked out with love. But that day might be a long time in coming. And in the meantime, should you choose to live by following your feelings and wanting to grow in the truth they will give rise to within you, then that is the best you can do.

Conclusion:

In being a parent, it's not about trying to work out how to be the best parent you can be for your child by using your mind. It's to live the truth that comes up in you as a result of you properly attending to ALL your feelings. We are to live with our feelings guiding us, and even though they might seem to be all over the place and contradictory half the time as well as driving you or your partner mad, still by expressing them all and longing for their truth, the truth will steadily grow and you will find that you know how to be and what to do. It will just happen 'organically', with the more you can keep your mind out of trying to control or dictate the terms and determine outcomes, the better it will be for you all.

FEELINGS FIRST For Kids

DAD'S ARMY!

Tuesday, 24 September 2019

James: Hi Nanna Beth, the public have been wanting to 'storm' Area 51 in America hoping to see evidence of secret aliens either dead or working with the American Army, Air Force or whomever it is that's guarding the secrets threatening them if they try. So can you please tell me more about what they are hiding and why it's so important for them to keep such secrets?

Nanna Beth – 3rd Celestial Heaven: Some of it follows on from what I told you the other day. It's one of the main areas, and there's a couple of them, where they keep recovered 'things' from civilisations of past Pole Shift ages. And some of those things are flying machines – UFOs as they'd be likely called, which the Americans and, Russians in particular, have tried to fly and reverse engineer as you read about. And they have flown some of them and made copies, only they've not been able to use the same propulsion systems of the 'old ways' because as I told you, the energy systems driving those propulsion systems aren't currently accessible through this age. So they've made cumbersome attempts at flying the machines over the years, some of them resulting in the crashed spaceships with fake aliens all as ploys to hide the real truth and to also keep the public guessing.

They have wanted to keep the public in the dark because the evidence they've found hidden all over the world points to (so they believe) humanity being controlled at times by aliens, which is untrue, it all being home-grown and just what people have managed to do, yet it all being so extreme and different to what people are used to these days that they have believed surely there must be some greater intelligence and alien race at work with humanity.

Some of the ancient technology is so advanced that they can't understand how it could have come about on Earth other than by being brought here by aliens. And none of it do they want to tell the public about because the public would want 'full disclosure' and that would mean they have to reveal such secrets which their enemies might be able to use against them. And it doesn't matter that the Russians have found such things themselves, that they all pillaged the Germans after the war who were also trying to reverse engineer and tap into such ancient machines, believing they could get a jump on their foe by unlocking such secrets. And much modern day technology has come from offshoots of the past technology, for only in more recent times have the scientists working on such machines from the past been able to understand just how complex they were, with all of this happening in the last 100 years on the build up to the end of this Spiritual Age.

And the other thing they have been trying to do through such technology, is because they believe it has come from off-world, that they might be able to tap into it somehow thereby making direct contact with the manufacturers of it, so with the aliens themselves, in the hope that they might gain favour with them if they are planning on returning to Earth. The Americans particularly believe the aliens are going to return at some point and so they should be ready for them, whereas the Russians and Chinese believe they won't return having done whatever it was they did with humanity all those years ago. So the Americans are always trying to 'make contact' whereas the others are content to just get from such ancient machines what they can, much of which has helped the Russians to advance their war technology further than the Americans.

During one of the Pole Shift ages, there were three main advanced civilisations on the world, all of which had dreadful wars annihilating great numbers of people and using nuclear weapons of a sort that were powered by other undisclosed energy systems. So of course these weapons and their devastating effects have been of great interest to such governments as they've come to understand the extent of these wars and the damage done by the weapons. Humanity in Rebellion has always been at war with itself, because how can it be any other way when you are living untrue and looking to gain full control using

your mind. Much of the nuclear technology of today originally came as an offshoot from studies of these past weapons. And the arrogance and ego of modern man is such that it doesn't want to say to the people that there were people on the world before us who were far more advanced than us in certain ways, because if they did that, how could they justify the Bible and other religious texts as being the ways one should live. Christianity has a huge hold over the governing systems, as you understand, and to say Christianity is only a product of relatively modern times, and that the ancients who had more advanced technology and could easily fly into space and make UFOs also had what might be more advanced religion and spiritual understanding as well, would soon show up all the religions for being not as important as they are said to be.

It's all the same thing, more control. During the twentieth century as all of this was happening, they couldn't tell the public so much of what they were discovering believing the public wouldn't understand and it would threaten their control too much. And one thing has led to another so it's still better to keep it all secret as you don't want to upset the masses. And you can use such secrets to keep having power over people, just in case you need it.

You and Marion have been reading how Arthur Conan Doyle (22 May 1859 to 7 July 1930 UK) looking into Spiritualism early last century and through the help of the good mediums and spirits was able to discern a lot of truth about how it is for you when you die and live in the lower Mansion Worlds. And how he tried to tell the world, and yet was beaten back by those people who didn't want to change, because had they accepted all he said, then the religions would have been shown up for the controlling false systems of belief that they are, so he and Spiritualism was discredited, just as it's the same with all the information about the ancient past.

What they have also found is much encoded information from the past by past civilisations, written material that was encoded in rock and in some of the machines and it's taken years to work out the codes and languages because they of course talked about life being very different to how it is today. And they are still trying to get their minds around the fact that the world has been very different at different times in all sorts of ways, some of which you're now becoming more aware of yourself, and including the drama of Pole Shifts and the cataclysmic upheavals.

If people didn't have the 'Ways of Christ to Follow', those imagined by people as written in the Bible, then a lot of so-called advanced or sophisticated humanity, mostly in the West, would have no moral guidance to live by. And they need that, because being left to their own devices, people living without truth as their uniting platform, truth won from their feelings, create very discordant societies, with the mind and beliefs having even more of a field day than they currently are. So those people in control understand that the masses, and many of those in power as well, need some well organised belief to adhere to, even while a lot of them believe other things and not what's in the religions themselves. To live for your religion gives you purpose, it's either just about money and material gain, or religion, or some try to combine both.

And it's nothing more than you know, really their secrets are pathetic and most of the public would say, is that all, why the fuck have you kept up all the mystery. Some of the experiments on people and animals would appal everyone, but such is the depraved minds of some people. But other than that they have to keep all the past evidence hidden because they are not wanting the public to know too much about the pending Pole Shift or their plans for the Aftertimes, because the people would demand they protect everyone, which can't be done, as they don't have the resources or the desire to put everyone underground and then to keep them alive for the number of years it might take to simply get enough food growing again to feed so many people. So they want the mass deaths of humanity, they are counting on it, it being the natural population reduction when it happens and great purging and purifying

of the world. So in that sense, they don't care that the population is getting out of control, along with their debt and spending, along with the pollution and everything else, because Mother Nature is soon going to sort it all out anyway. So in the meantime, carry on spending and digging tunnels and building underground cities and ways of producing food deep in the Earth in the hope that the chosen ones will be able to weather the Shift and come up out of the ground to start their lives anew – to build their utopias.

One of the behind the scenes negotiations currently going on involving the power people in the know, is how will we divvy up the New Earth, who will get what areas to live on, based on the numerous computer models predicting what the Earth will be like post Pole Shift. Which is all highly arbitrary, as they still don't fully understand the mechanisms of the Shift and what might or might not happen. It's just speculation yet necessary for them to prepare, to think about and design their new lives. So they are busy taking under ground all what they believe will be needed to rebuild in the Aftertimes. So there is quite a lot of planning. And then to also keep many of the undesirables out of it, so to keep many nations ignorant, to select the best people those in power want to live with. And as they don't know when the Shift will happen other than sometime soon, so it's even a generational thing, passing down the preparations to one's children. And then as part of the preparation, is: Should we take care of the undesirables beforehand ourselves, because what if they were to survive the Shift; or, do we deal with them in the Aftertimes when they might be more vulnerable? So do we get rid of Islam and just have an all-Christian Aftertimes; or should we keep some of all the religions so as to make it a more interesting world? Or should we get rid of religion altogether, leaving Jesus to the Old Age, just another bygone religion like those of prior Pole Shift ages? And what number of people do we think the world Post Shift would be able to sustain; will the death of so many people and animals cause massive amounts of disease that we might be in danger of in our underground caves, so should we set about reducing the numbers of the world beforehand? So many difficulties they are faced with, all of which ends up being a slow bumbling along in their preparations tending to leave the world to cleanse unwanted humanity in its own way.

And whilst all of this is happening, there's the major power struggles with many people wanting to end the control of the globalist hidden controllers not wanting them to retain such control in the Aftertimes. The hidden controllers want the Earth to be their paradise, the One World Order being of their making. All the posturing and speculation that is currently being said about trying to make it all one world order now, is miss-focused, when really those in control are looking to the Aftertimes. So do they work to have a united one religion of all faiths during that time, get rid of all the religions understanding they were for this Pole Shift age and won't be relevant in the New Paradise; and how do they keep everyone on side, keeping all the preparations secret, working to have it all their own way in the New World?

And the Russians are growing in understanding of such things more and thinking that they have the power to create a more homogenised and fruitful existence in the New World, like God will give them the chance to start afresh, so how do we want that for all people who survive? And so are having to stand up and prepare to battle the hidden controllers who just want it all for themselves. So again, as I've been telling you, it's only the Russians who are progressive enough to understand the enormity of what is actually to befall mankind, to understand that it is a whole New Start, and that like it has been in times past during other Shifts, all that humanity is now might not work in the Aftertimes, all the current technology might fail, and so how do we want to live having to start on a subsistence level all over again. So they are the most realistic about it, whereas all the others just think it will be a glitch in their plans to plan for, and then to carry on business as usual in remaking the world in their mental image. The Russians see it as a chance to take all the best humanity has to offer on all levels and to strive to create a new society and new positive ways of living based on it, whereas everyone else just wants more of the same as that's the only way they know how to have power.

And it won't matter either way, because what none of them as yet understood is there is to be a full and massive Spiritual Change associated with this next Pole Shift. And even though the world won't undergo such a massive material change, it will still be a huge change, but not like the last Pole Shift; the biggest change this time round, which will still be 'catastrophic', will be the full end of the Rebellion and Default and the addition of new Spirits of Truths. With these Spirits of Truths causing the greatest changes to people because they will be wholly accessible to people seeking to live true to themselves, and so leading them to their feelings and the looking for truth through them. These Spirits of Truth have not been available, so everyone who has sincerely sought truth has had to wait until they've died to get anywhere with their Healing. And there have been countless numbers of people who if had the Healing Spirits of Truth been readily available to them, would have done their Healing or progressed in the truth they were so desiring. But that's all been denied humanity up until now, and with the New Spiritual Age, that help will come, and along with the Spirits of Truth can we Celestials come, a massive input of higher spiritual truth, light and love, so those people in the Aftertimes that want to live a higher and true life will be easily able to, being so greatly assisted. And those people will change humanity, they will be the real New Way, and so all the conniving and conspiring of those currently in the end times of this age, aren't factoring into their equations this new spiritual light coming to the Aftertime. Humanity is to severely change, it's not to go on furthering its rebellious ways. They are to end, it's over, the Rebellion and Default are to die out, and the Shift is designed to help them die. The Avonal Pair could have come at any time to bring about the New Spiritual Age, a massive spiritual input, however it was decided that their time now would be the best because of all the other changes that are going to take place, all of which are designed to help prepare humanity for the real new age, those who survive at least and those who will come during the Aftertimes.

AFTERTIMES

NEWWAY

END TIMES

It is hard for me to explain just how intense, severe and massive this spiritual change and the spiritual input will be James. It hasn't happened before, none of us have any experience of it, and all we've got to go on are the preparations that we're been told to make for it. We Celestials are being mobilised for the Aftertimes, that's what this is all really about, we too are heavily focused on the new Avonal Age, an age of intense Spiritual enlightenment, because we're going to be the driving force in it. And yet still we've not been told all we're going to be able to do. Many soulgroups are in active educational involvement with their angels, who are helping them prepare for some of what potentially they'll be able to do during the next 1,000 years of the Spiritual Age. The Age is going to unfold moving through various phases all helping to enlighten the people who are looking to their feelings for the truth, and with each phase being increasingly an 'Angelic Phase'. Humanity through the Rebellion has not been able to freely work with the angels, all of our angels having to work in the background with us unaware of all they are doing for us, all of which amounted to helping to keep us moving deeper into our rebellious ways. But in the New Spiritual Age they will be able to come and actively work with you on Earth because the Rebellion, and so their denial, is over. So really having the angels and nature spirits so involved and with people who are open to them and actively wanting their participation in their lives, and with it all being easy, will give rise to completely different approaches and attitudes to life. So just from that side of things, the Aftertimes is not going to be what those people and mind spirits preparing for it want it to be.

James: John just called and we were laughing about how ironic it is should the hidden controllers give him the money for Pascas, that those who are the most controlling give their money to fund those who want to end that control through spiritual means. So they are paying for their own demise, when potentially any money for Pascas could have come from any other source, yet of course it has to be from

the most controlling, just to make it even more mad than everything already is. It's like divine retribution, the evil to pay for the good, the ultimate Robin Hood.

Nanna Beth: Yes, it's to be a shift of control, only the 'new controllers' won't actually be controlling anything. It's all to come into alignment with what the Mother and Father want for humanity now that it's free of the Evil Spirits that have been a heavy burden on you all. So yes, to give you the ill-gotten money to use for the Truth, money from the Untruth to fund the Truth, it does have a nice symmetry about it, something of a feeling of completion, wouldn't you say James?

James: And it's very clear how you keep John and I in step, with us both being focused more or less on the same topics, cycling through them as required.

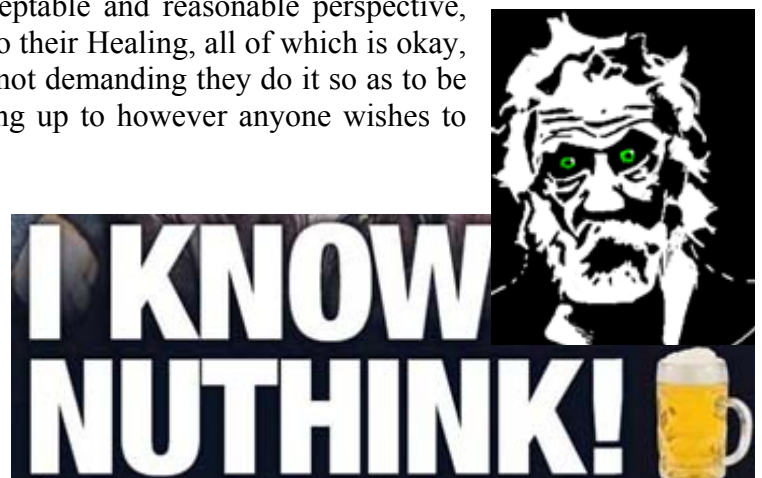
Nanna Beth: Yes, to ensure you're both in sync with each other. And neither of you still understand all you are both doing with each other, how much is going on behind the scenes with you both and where it's all leading to.

James: John just laughs at how much he doesn't have a clue, and it just gets bigger and bigger, now with all this about the Pole Shifts he's looking into, with his little globe and rubber band marking possibly the new equator and then how all the countries will be affected.



Nanna Beth: It's all to keep his mind open and expanding, as he's going to need an open and expansive mind when it starts in earnest. This is still all preparation and his role is going to be the link between you and humanity, so he has to understand from where you're coming and some of how you see things so that nothing from your side will surprise him as he will have come to it himself and prepared himself for it all. And that's going to be very important because many people will need to look to John to see that he's a relatively, and I will say that again, RELATIVELY, normal bloke, and so if he can deal with and accept all you are saying and presenting to the world, then maybe it's okay and there might be something in it. You're going to need John and his small band around you James as they will act as modifiers, they helping people to see that if these old boys can cope with it, then so can I a younger person deal with it. The younger people will need such mentors in the likes of John and his crew, people who act as role models accepting all you say and having it in an acceptable and reasonable perspective, they knowing they are old and not wanting to do their Healing, all of which is okay, with nothing being asked of them by you, you not demanding they do it so as to be part of it, as it's not up to you anyway, it being up to however anyone wishes to take it.

And John is the 'mortal witness', he can testify, which he will be called upon to do at times, to say that he knew you, knew how hard it has been as you and Marion have worked your way through your Healing; knows how hard it's been for Sam; has an appreciation of how hard it is to accept and deal with all the information that you are presenting, some of which is so outside the box. And it's important that someone, an outsider, has had



some idea of what you (James) and Marion have gone through, as no one will believe you or understand, until they do their own Healing. And certain people, people who aren't so spiritually inclined, will need the likes of John and the others saying: look, it's okay, it's just another way of looking at things, and really it's not that bad when you sort it all out, and nothing is being asked or expected of you, it's all take it or leave it, and you're not going to be punished in some way if you say it's all shit, it's all entirely up to you and for you to make of it as you want. And for them, old men, to share their experiences of how it all happened, how their lives led up to it, and with them all coming to it from diverse careers and life paths and spiritual interests, all coming to embrace the New Way in their own way, that which humanity is to be asked to do. And it's going to be VERY, VERY, VERY important for John and the others to 'just be normal people', not off-the-wall hippies who are trying to set up yet another disruptive commune or anti way of life. They are to be 'normal' people living normal lives who support the 'normal' Avonals. And I can't tell you how good and how important this will be James, and for all concerned. You are not going to don some white robe and be swanning around with feathers in your hair claiming to be the New Christ. You are just going to be your ordinary self talking about things that most people haven't thought of, and yet things that are going to make sense to those true seekers of the Truth, those people who do want to know and won't feel threatened by you and won't have to worry that they have to join some wacky so-called spiritual movement that is going to end in disaster like another Waco cult. It's all going to be normal, and many money people wanting to be involved with Pascas and John will need to see that he and those already involved are just normal people. John might not be so normal in his head, mad enough to consider, let alone commit to, such a mad venture, however at least on the outside he will give off the appearance of being a normal Aussie bloke and a very approachable and likeable one at that.



The Avonal Adventure is in many ways to remain 'mainstream', even though deeper within it the whole 'movement of Truth' is highly alternative, and so much so, that many who consider themselves alternative won't be able to stomach it, it being too alternative for them. However it's going to be normal people who are drawn to what Pascas will be offering and deeper within it all the spiritual truth. It's for normal people James, your spirituality is for everyone, the whole of humanity, and not just a small section of it. It's not to become a fad, it's to become a new way of life for those people who seriously want to live that way, but a life which can still be lived within their normal lives, albeit causing some level of disturbance should they want to go further into doing their Healing.

And I want to reiterate this James, it's not going to be a cult thing, and the likes of John and the others being involved will see to it that it doesn't become like that. Potentially should the Sanctuaries be established and word spreads about them, all sorts of people wanting to live an alternative life might want to come to them, yet without their having any true spiritual incentive, just wanting to use the system, so with people like John and the others involved, such hangers-on will be turned away and prevented from coming. The Sanctuaries are ONLY to be for those people seriously wanting to do their Healing, and so some sort of filtering will be required so as to ensure only people seriously wanting to be involved will come. And we'll also be taking an active hand in that when the time comes so it shouldn't be too much of a problem. And I'm only raising this now because as the world is going to change quite drastically, there will be a lot of displaced people wanting to find a place they like and can fit in, however there will be other places set up for those people, should they not be so spiritually

inclined. The Sanctuaries will of themselves have a high spiritual vibration which will for the most part act as a shield preventing those not actively seeking truth to stay away, yet still it's something you will all need to keep in the back of your minds.



And another thing too is, which shouldn't be a problem, but with John and the others being very down to earth, so you James won't be able to float off too far into your spiritual light. There will be times for it, but mostly they will force you to stay connected to them and the bottom Earth rung so to speak, which will be good for you James so as to keep your relationship with humanity in its right place and not just drift off higher and deeper within yourself into your spiritual light. And it was the same for Jesus, which was why he surrounded himself with regular common men and women, all so he could keep in touch with them, keeping himself earthed and being able to pay attention to their needs, rather than floating off in his mind with Mary.

So John and the others will sort of act like anchors helping to 'earth you', because once your Healing ends and your spiritual light is 'turned on', you're going to rise up spiritually into it very fast. And with all the things you'll be doing in it, you're going to need a strong close group of supporters, both men and women and of all ages, to keep you focused on the tasks at hand. You will have to remain sensitive to their needs, and not asking too much of them spiritually, and needing their practical earthly experience of how to get things done, and how to just deal with normal every day life, most of which you'd rather not know about.

As you're soon to have dinner James, I'll leave you now. Speak to you soon – Nanna Beth.

Thursday, 26 September 2019

James: Nanna Beth, Marion's read more of the comprehensive biography of Arthur Conan Doyle (author of Sherlock Holmes) which says how later in his life he got involved with Spiritualism thoroughly investigating and working with the good mediums and the spirits coming through them, and later still with his wife being able to do it and with other supposedly higher spirits talking to them, one of which talked about a cataclysmic impending disaster to hit the world, to suddenly happen, conveniently wiping all the bad criminal people and countries (like Russia) from the Earth, leaving the protected Spiritualists as the 'chosen ones' to carry on creating their utopia on Earth. The date for this event was within a year or two of Arthur finding out about it, so not giving him much time to prepare the world or be ridiculed by the media, with the date, as usual, passing without anything extreme happening. As Marion was reading out these spirits predictions, it was just as if it was what I've written, stuff we can all read about now on the Internet, stuff that's been predicted ever since, and possible even before Arthur did early last century, only with the chosen ones being those people living in the Sanctuaries doing or who have done their Healing in my version of it.

And then it was more clear that well of course there are possibly spirits still in the Mind Mansion Worlds that lived through a Pole Shift, lived soon after one, lived in preparation for the next one, and so they know the sorts of things to expect, how badly the Earth is messed about; and then of course why not add your biases to it, those people you hate, all the bad ones and the bad countries will naturally get wiped, and England will save the day because She's good, and on it goes, same old stuff, all fitting loosely in with the Bible and all the other End Times' predictions in all the religions. But without any of them over there knowing the reasons why the Shift actually happens and when the next one will be. So they keep telling us on Earth, the end is nigh, and so it is, and one day they will be right.

Nanna Beth: No one in the Mansion Worlds, the Mind or Healing worlds, knows James. We Celestials know, and know the dynamics that bring it about, and we know the outcome of each one, as in how the geography of the Earth will change, which people, animals and plants will be affected, all on the material, emotional, mental and spiritual levels. We know it all, we have 'real time' three dimensional models we can look at provided by the angels and other higher spirits, we can see what will happen to each person and creature in the lead up, through it, and in the Aftertimes, and we can see that about you all anytime we want. We are granted full access to you on Earth and to those spirits in the Mansion Worlds, nothing is hidden from us, it being one of the privileges of being Celestial, it being part of what being Celestial is. We are no longer in denial of the truth, we're no longer living against it, no longer in rebellion against Creation and our Mother and Father, so we're included in everything, we're an active, fully conscious, and so fully aware, part of Creation, the very opposite of how we were in the Mansion Worlds and on Earth – how you are. You are cut off, shut out, you are only told a dribble of information about certain things, even about the Healing, how to do it, and what it's all about, when in reality there is a vast universe of information waiting to be imparted to you through the next Age.

So yes, these mind spirits are as you say, some of them having lived through the Shifts, many of them trying to work out how they work, when the next one will be, and the effects of it, all of which some are willing to pass through to people on Earth, with most of it being simply their own speculation, just as you have many people currently on Earth studying all the different results from past Shifts, all with different and often conflicting conclusions. So the Mind Spirits are no different. And Arthur's spirit guide happened to believe what he passed to Earth, it didn't work out timing wise, it might not work out as to whom it might affect and what Earth changes it might bring, but oh well, that doesn't matter, it just means more work, more study, more speculation needs to be put into it by the spirits.

And so no one is going to know the truth of such things until we Celestials are allowed to tell you, or until people gain the Celestial level of truth and are meant to know such things as part of their truth. And if they are, then it's up to them, based on their feelings, as to whether or not they might pass it on to those people of lesser truth. You James might finish your Healing and you might be told about such things, and yet you might also feel you will not tell anyone else other than people who finish their Healing; or, you might tell some people; or, you might tell everyone.

And so as I said, it's the same with all the truth, which you are finding within yourself. You don't tell people much at all about any of it, not even alluding to it anymore, you don't feel it's right to, and as they don't show they want to know anything about it anyway, so that's right. And that will keep going as you progress in your Healing, but once you are Healed and then free of any limitations and all the heavy restrictions imposed on you by the Rebellion and Default, then potentially you will be free to do as you please.

James: Thank you again Beth, for all you do tell me.

Nanna Beth: We can work through and exploit a few small cracks, a few minor loopholes in the legalities of the Rebellion and Default, those which have been worked out by the Melchizedeks, which is how The Urantia Book and Padgett Messages came through; but it's very little, with you mostly having been left to work it out for yourself based solely on your own experiences. And most of those things you are battling against are within your own mind, all the junk from your parents you're having to sift through, all of which completely limits your self expression and connection to your feelings, all denying you the truth you'd rightly have seen.

I'll go now James, speak to you soon – Nanna Beth.

The New Way

Thursday, 26 September 2019

There are two distinct ways we can live on Earth and in our spirit lives after we die. Either the Old Way or the New Way.

We're all familiar with the Old Way. That's because we've all been inducted into a mind-led, mind-dominated way of life, in which we assume power based on beliefs and conditioning resulting from our upbringing. It is living against the truth of ourselves and it's untrue.

Feelings First

The New Way is to live true and through our feelings – Feelings First – with our mind relinquishing its control as it looks to support our true feelings.

In a spiritual sense, that being one of Truth: the Old Way is largely Truth denying; the New Way, one of ongoing Truth revelation.

With our minds in control we stop our feelings giving rise to the truth which we need to live our lives. So as we're forced to live shut out from these truth-revealing feelings, we need to rely on our mind and its collection of beliefs and associated behaviour, all of which keeps our mind firmly in control. When we move to wanting our feelings to lead, then we're allowing ourselves for them to be free to show us the truths we are to live. We are truth-loving souls that need constant daily truth revelation coming from living true to our feelings to help guide us in life. This being the New Way of living. In our Old Way, we live with our mind denying us this relationship with ourselves, with those deeper feelings, so stopping the natural truth-revealing processes within us. The Old Mind Way forces us to learn how to live life, to work it out using our mind, then to try and live what we've learnt, all of which makes things very complicated and difficult.

New Feeling Way

The New Feeling Way relies on truth coming from the full acceptance and expression of all our feelings, truth that helps us feel what is right and wrong and which way we are to go, all of which is living the truth our soul is revealing to us through our feelings. With our mind then helping us understand what our feeling-led life is, it being in support and not taking over.

How do you live it?

Living the New Way begins by wanting to live true to yourself by being true to your feelings. And this is achieved by fully wanting yourself to have all the feelings you have, so most importantly, all your bad ones. To not want to do anything that dismisses, banishes, rejects, seeks to modify, lessen or change your feelings, just to allow them to be as they are – to fully accept them.

And as you acknowledge and accept them, to express them, to allow yourself to feel and express the full emotion of them. And preferably, to express them to someone close to you in your life; and ideally, if your life is accommodating, to be able to freely express them – to freely express yourself, with everyone, and they being free to express themselves and all they feel with you.

And as you are looking to live true to your feelings by fully allowing yourself to have them, then so too do you want to see and so grow in the truth they will show you. The truth will come naturally up in you

without having to use your mind to look for it. It's an organic process: We have experiences that give rise to good and bad feelings; we live those feelings, we express them fully, with their full emotion; and we want them to bring to light the whole truth of them, so we want to know the truth of ourselves. We want to grow spiritually as a person in the truth our soul gives rise to through our feelings. And we understand that our soul is perfect, so if we can live true to it, which is true to ourselves, which is true to our feelings, then it will naturally evolve or grow us in truth as we live expressing all our feelings.

PERSONALITY



And it's an easy way to live. It's how we've been created to live. Being forced to live against this natural way of life by denying so many feelings and the truth they'd give rise to, being forced to use our mind instead of our feelings and their truth to determine how our life is to be, is actually a very difficult and hard way to live. It's living constantly against ourselves, against the flow of Creation, against our own soul and against God.

**Our soul is the centre of our personality.
We are children of our Heavenly Parents.
Our soul manifests a male and
female personality - it is a duplex!**

Changing from the Old Way to the New Way

This involves doing your Spiritual Healing. It's called your Feeling-Healing or Soul-Healing if it also includes longing for and receiving God's Divine Love.

Doing your Healing is very difficult, because you are setting out to stop living the way you've been programmed to live through your childhood. And then to change into living a new way – the right way.

So effectively through your Healing, which is all led by your feelings, you are to move back through all the stages of your childhood seeing the truth of how it came about that you were forced to live against yourself, forced to live untrue to yourself.

Through our feelings and the truth that comes from them, we are to see all how it was for us, how every part of our early life made us feel, and if we felt bad, why we did and who made us feel that way; and if good, why it was good and who made us feel that way, and how the different feelings make us feel.

We are to see whether all our needs were met as we were growing up in the world, all our life, truth and personal feeling needs; if how we were treated made us feel loved, wanted, welcome and important in our lives, and not from an ego mind point of view, but on the pure unaffected feeling level.

Our Healing involves stripping back all our falseness, letting go of all our mind controlling beliefs, working back to see why our unloving, self-rejecting behaviour came to be and how it's controlled and conditioned our adult lives.

We are to come to understand all that happened to us through our early life, from conception right the way through each phase of our childhood, and how it has made us be the adults we are. And then if being how we are makes us feel good or bad. And why it makes us feel this way.

And it's to understand, and so expect, that through your Healing you are going to feel very, very, very bad, and very bad a lot of the time, particularly if you've got buried within you lots of unexpressed pain and bad feelings from your early life. And as it all needs to come up and out and be reconnected with, it's to understand that, as bad as it gets, as terribly bad as you might feel, it is all what you've already felt, having felt it back during your early life. We can't feel anything worse than what we've already experienced through our childhood. The worst, the most pain, is already over, only we've largely forgotten we felt it. Right from the first moment of conception, we can feel extreme pain, we're not as yet formed enough to register it all, yet it's still what we're feeling because of what's happening to us, that we're not feeling as loved as we need to feel. And that horrific pain remains stored in our soul, all to be felt, liberated and fully expressed, once we are an adult with the full feeling systems to register and know the truth of it.

It's to understand that the first part of living the New Way is to come to terms with, by uncovering the whole truth through our feelings, your Old Way, and to know for sure if it was all bad, or if parts were bad, and if so, why they were bad.

We are through our Healing to systematically work back deeper and deeper into ourselves, and into our early life, wanting to see the whole truth of it. We have to want to see all the good and bad parts. It gets put under the microscope and every part is scrutinised and we have to see all the parts that are wrong, accepting that they are, and coming to understand how unlovingly treated we were to make them be wrong.

And we're not to actively try and change ourselves from the Old Way to the New. To do that would involve using our mind, that which we're trying to give up and no longer do. So our Healing is a long process of acceptance, through our feelings by expressing all our pain, coming to accept this is how I am, this is me in my Old Way, and this is how it makes me feel, and this is what I think and feel about having those feelings.

We have to come to see the whole truth of our Old Way. And to know for ourselves through our feelings whether or not living that way is enjoyable, is good for us, if it makes us feel good – is loving. And if it's not, then to know why it's not. Yet not to try and stop being that way, not to try and change ourselves, just to accept ourselves being untrue, unloving and feeling how bad that makes us feel.

Our Healing ends when we've fully uncovered through our feelings the whole truth of our Old Way. We know it all, how it all came about and how being forced to live that way made us feel and how living it makes us feel. We know the whole truth of all the relationships involved: with ourselves, our siblings, our parents, grandparents and other important carers and influences in our early life. We are to know all how we are inside and out, and when we do, then we'll be ready to change and transform into the New Way.

Having been subjected to living the Old Way, we need to feel and understand what it's like to live against ourselves, Creation and God, to be anti truth and so anti love. So we have to find out, again all through our ongoing feeling expression, the truth of our Old Way.

Then once we've uncovered the truth of living untruly, we can stop being that way, with our soul changing us into being true and wholly the New Way.

Then being of the New Way, we keep living true to ourselves by living true to our feelings; the truth of living this good, true and loving way keeps coming up within us, and we move along thoroughly investigating and experiencing the New Way through all the loving relationships in our life.

Living the New Way

As soon as you want to live by being true to your feelings and living the truth they give rise to, you are living the New Way.

Doing your Healing is just part of living it. It's the first phase, untangling the web of mind control you've been living in your Old Way, coming to see the whole truth of it, and then waiting to be transformed out of it.

So once you've decided you want to live by honouring your feelings and longing for the truth of them, everything you do in life will help you to live this new way.

Whilst you're living the Old Way, everything you do and everything that happens to you will help you go deeper or further into your mind controlling way. As you live your New Way, everything you do and all that happens to you will help you live your New Way.

In the Old Way, you get a headache, it makes you feel bad, you don't want to feel bad, you hate feeling bad, you hate having a headache, you hate how debilitating it is, stopping you from feeling good and getting on with your life. So you might take a pill to stop it and the resulting bad feelings. And the pill works and you've successfully followed your bad-feeling-rejection-behaviour, denying more of yourself by denying more of your own feelings, so advancing in living untrue to your soul, the whole Universe, and to God. And so by taking another step forward in your anti truth and so anti your life, you've made some more progress in your Old Way.

In your New Way of life, you get a headache, yet this time understanding the headache is on your side, it's not some evil force trying to stop you doing what you want do. And you understand it's trying to help you see something about yourself through the bad feelings it's making you feel. And further; that in fact you are already feeling those bad feelings only you're not so aware of them. And they are feelings repressed within you from your early life which you've kept suppressed for all these years. And so really it's these hidden bad feelings that give you the headache so you can feel them again, now being able to work with them instead of keeping on denying them. So you try and go with the pain, which means you don't try to 'kill' it, nor do you want to deny all the bad feelings it's making you feel. You want to feel bad, you want to feel those bad feelings, and as much as you hate feeling them and hate having your headache, you are still grateful to your soul for giving it to you, as now you have another opportunity to embrace those bad feelings, to go the other way than what you did in your Old Way. You don't take the pill. You allow yourself to suffer the pain. You accept all the bad feelings as you're feeling them, expressing the full emotion of them, all as you long for and really want to know the truth of what is really causing you to feel so bad – what is causing you to have a bad headache.

And you don't do anything more than keep going accepting, expressing and wanting to uncover the truth of all your bad feelings.

You don't use your mind to try and look for reasons as to why you have a headache, you understand that your early childhood is the reason, and you want to work with your feelings back into yourself so as to bring to light the truth of the relationships you had with the main people in your childhood, wanting to see what parts were loving, and most importantly, what parts were unloving. And how it came to be that you were not allowed to express your pain back then when you had it, with all the continued tension of having to keep those horrible feelings locked away inside you resulting in you having a bad headache. So you understand that some part of you is suffering greatly, there's a major disturbance, trauma, within you, and your headache is part of what you need to reveal it. You need something to make you feel bad, so by fully embracing and expressing those bad feelings, they will lead you naturally down into the hidden truth within yourself.

If the pain of your headache gets too bad and you have to take a pill to make it go away, that's okay, all so long as you keep expressing all the feelings you feel in each moment, and wanting to know the truth they will show you.

And there will be millions of repressed bad feelings to come up and be expressed out of you and seeing their truth of why you're feeling them. Each experience gives rise to masses of feelings, some of which might be contradictory, yet still you go this way and that expressing them all and longing for the truth they will show you. And that's living the New Way.

So every experience no matter how small or large, will give rise to feelings, and so we can either deny some or all of those feelings (the Old Way), or we can allow them to be, accept we're feeling them, want to fully bring them out and express them, as we want to uncover the truth they are to show us about ourselves, our relationships, how our parents and carers treated us as we were growing up, how we are, how we've come to be, what life, and our specific life, is all about, and the truth of our relationship with our own soul and with God – (The New Way).



The Old Way: we get sick, we go to the doctor to make the sickness, and really all those awful feelings, go away.

The Old Way: we are emotionally, spiritually or mentally ill, we go to a therapist who works with you, possibly even helping you express repressed feelings and liberate some trauma, yet all to keep you feeling better so you can keep going with your Old Way.

The New Way: we get sick, we don't go to the doctor (unless you have to), trying not to deny all our bad feelings. We allow them to be, to have their say, wanting to bring them out so we can see the truth of the deep underlying real causes of why we're having them.

The New Way: we are mentally ill, we go to the therapist (or don't go and keep working on our self doing our Feeling-Healing), understanding that our therapist might help us accept, express and liberate our pain and bad feelings, all with the aim of bringing to light the whole truth of why we're feeling it. All so we can confront our Old Way, seeing it for what it is, coming to terms with it, with us being made to be as we are, and knowing it's not about using our mind or any mind technique to try and change ourselves, that God through our own soul and our feelings will change us as required, and will completely end our Old Way transforming us into being only of your New Way, once we've seen the whole truth of our Old Way, so no longer needing to be it or have any feelings caused by it.

The Old Way: Someone makes you angry – you feel bad. How do you get rid of those bad feelings? Do you hit the person who angered you, you getting some power back and feeling better? Do you try to 'rise above' the anger, using your mind by not allowing it to affect you? Do you use some anger mind controlling technique, count to ten, or just rant and rave until the anger dissipates and eases off? And if there was a pill to instantly take your anger away, or any of your bad feelings, would you take it?

The New Way: Someone makes you angry – you feel bad. Good, more bad feelings to work with. You don't take your anger out on the person or thing that makes you feel bad. You understand they have come into your life to give you the bad experience so as to help you feel bad feelings. You accept your anger, you allow yourself to feel as raging mad as you feel, and you express that rage the best you can to a willing partner or friend who is prepared to and wants to listen to it all, all the worst of it, and is happy and wants you to go on and on and on until you've vented and emoted it all. Or you try and talk it out to God, trying to bring out the emotion of the feelings rather than just keeping it all internalised. You do the best you can with what you can, sometimes the situation is not conducive to expressing outwardly all your rage, so you have to wait until later to do it, and at least just allow yourself to keep feeling how pissed off and angry you feel. And you want to know the truth of this anger: how does it relate to you on deeper levels, what happened to you during your early life that made you feel this same amount of anger? And again you don't try to work it out using your mind, you just keep expressing your anger and longing for the deeper truth of it. And eventually the anger will ease off and stop naturally when you've emoted and expressed it all out of you, and the truth will come to you, and then you'll have reconnected back with an earlier time that made you angry when you were young. You might remember a specific incident, or it might help you know the overall truth of how it was with your parents – that they made you feel so angry. It might help you to see that it was your mother, your father, or both of them, and how unlovingly they treated you that made you feel so angry, and all why it just did and still does make you feel those same angry feelings.

So life makes us feel certain feelings. And we either deny them (the Old Way) or fully embrace them (The New Way).

Up until now, the New Way wasn't available to be lived, the truth wasn't made available as to how we can and why we should. But slowly the truth of the New Way has been coming to light, and now it can be fully lived.

And in the end, by living the New Way you will end up only feeling good, and very good. Whereas by persisting with the Old Way, you'll endlessly keep repeating the same unloving feelings and self-rejecting patterns, all of which will one day lead you to feeling not so good, bad, and very bad.

To live the New Way is to live true to your soul, God, and is the highest and truest way you can live. Living the Old Way, is living against your soul, God, and is an untrue way to live.

The New Way; the Feelings Way.

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

Feelings First Spirituality, The New Way Uncover the Truth of yourself through your Feelings

UFOs

Sunday, 29 September 2019

James: Hi Nanna Beth, I have one more question about the UFOs (unidentified flying objects) that I've been meaning to ask for years. And it's about all the small ones, they seem like very small balls or discs that move at all speeds and directions through the air, being able to appear and disappear at a moments notice, with the American Air Force and Navy releasing videos of them. So what are they, as some of the speculation I read is they are reconnaissance UFOs sent to Earth by aliens studying us, for some reason (and how do people know that if it's true?), even to see where we're going and what we're up to so as to ascertain whether or not it's the right time for them to come back. Is there any truth in any of this stuff, and what are these small UFOs?

Nanna Beth: Some are indeed orbs from other worlds, though not many, and they are harmless and with no intent other than to see how you're going with your Rebellion. And the Mind Spirits who are more aware of them have passed through the understanding that they are observing you. They are allowed to come at certain times into Earth's atmosphere, and are allowed to be seen just to help remind people that there are things in the universe that you don't know about; but mostly they are what I would call – glitches in the fabric of the universe. And what I mean is, there are lots of dimensions to Creation that are unrevealed to you, and the interplay between these dimensions sometimes can cause physical phenomena like lights in the skies, these UFOs that people see, and most of the weird unexplained events. The Earth is surrounded by seven Earth planes, and then you have the Seven Mansion Worlds and each of their seven planes all 'pushing' in on you so to speak, and then there are the Celestial spheres to contend with too, and then other as yet unrevealed space and energy systems that help keep it all going and keep the connections between the worlds. So all of this sort of creates what you might understand as a sort of friction between the planes and worlds, some of which give off light, and so lights that can be seen as if they are intelligently controlled UFOs, when in fact they are just expressions of the tension sparking off in various ways. And like all such phenomena, such sparking follows certain laws so the results you might see on Earth look familiar and behave in certain ways, all of which can also change as Creation evolves. So the sparking phenomena you had early last century might produce 'UFOs' of a 'certain order', whereas because things have evolved, ones now are different.

But the thing that is wrong is to attribute such things to the actions of other human beings from other worlds and then try and work out if they are friendly or not. It would be better to accept that such things will remain mysteries, and not to use them to promote one's agenda.

Mostly the UFO probes that are permitted to enter Earth's atmosphere remain hidden from your sight. Occasionally they've been allowed to show themselves, but it's rare. All the advanced material planets that have the technology to send such probes live within what are called 'universal alliances' and all have people on them who are Celestial and living through the various phases of Light and Life. A world would have to be of that Celestial level truth and perfection to have access to such technology, and along with having it comes high levels of responsibility such as not interfering with the lesser evolved worlds, unless they are specifically asked to by higher spirits. But it's also important for such advanced worlds to study to some degree the lesser evolved worlds, as by observing the phases these lower worlds go through can help add to their growing levels of truth. Which is the same for us Celestial spirits, as the more we observe you the more it helps us advance in truth. And everyone who is of a true Celestial level wants to know about the Rebellious worlds and their associated Mansion Worlds. So periodically permission is granted for these materially advanced worlds to send their probes to Earth (and they never come in person, that is forbidden) for an update. And you understand, such probes are highly efficient at gathering data, so they can scan and record everything that is taking place on Earth on all levels, from what each individual is doing in their life on all levels, so practically, emotionally, mentally and spiritually (and all without interfering directly with that person, there is no such thing as alien implants or alien abduction), to what societies are doing, nations – the world as a whole. And it's the same for us here in spirit, we are allowed to visit any material world we want in Nebadon to observe how the people are, and many spirits spend a lot of their progression through the Celestial spheres of Nebadon doing just that. I have visited a number of worlds, one settled in Light and Life, and three others in their varying stages of rebellion, and it was fascinating to see how different it is for other people, how the worlds differ and all the rest, yet for myself, there's more fascination being directly connected to you, Marion and John, having the personal involvement and all that's happening on Urantia, so I'm not wanting to visit other worlds.

So as we spirit Celestials can 'look in at you at any time', so too are Celestials on the advanced material or physical worlds also allowed to look in at the other worlds that are connected to them in their and that part of Creation. And in the end as you can imagine, all the physical worlds settled in Light and Life will be able to communicate with each other, so Urantia (Earth) will too one day, it all being part of the family of Creation. So some aspects of your science fiction are not that far off the mark.

James: Can people of those physical Celestial worlds move between physical Celestial worlds?

Nanna Beth: Yes, that can happen during the course of the Light and Life phase. When you understand many of the hidden forces and energy systems of Creation, which would be revealed progressively to a material world as it evolved through its Light and Life stages, then you can see moving through physical space is not actually that hard or life threatening. However Urantia (Earth) is a long way from that.

Light & Life

Progressively, as the people and so the world evolves through the levels of Light and Life, the material becomes more spiritual. The people on the physical worlds of Light and Life, being born into a Celestial level of truth, which can be as much as the third sphere, are highly spiritual, they are literally spirits living in flesh, so many of the higher spiritual laws apply to them, whereas you are still denied them on your unspiritual world.

We often try to imagine Earth being the same as we are here in the Celestial spheres, and it's amazing to understand that one day people on Earth will be just as we Celestials are.

James: Thank you for your explanation of those UFOs, and I don't have any other questions. Is there anything more you'd like to tell me or John?

Nanna Beth: You can tell John it won't be long now before things break, and once that starts happening, things will start slotting into place as to what it's all been about concerning these past three years and why things have seemingly taken so long. It's getting close now to the next phase beginning as time is moving on and you are all getting older. And this 'break' will also coincide with certain world events, all of which will help you understand more how it will all fit in. And many of your outstanding questions James will start to be answered.

I'll go now, as I've said enough. Until next time – by now, Nanna Beth.

This is one of **Ben Davidson's** sites

He has a daily update usually sometime just after 9pm our time, and other videos about the sun and Pole Shift etc.

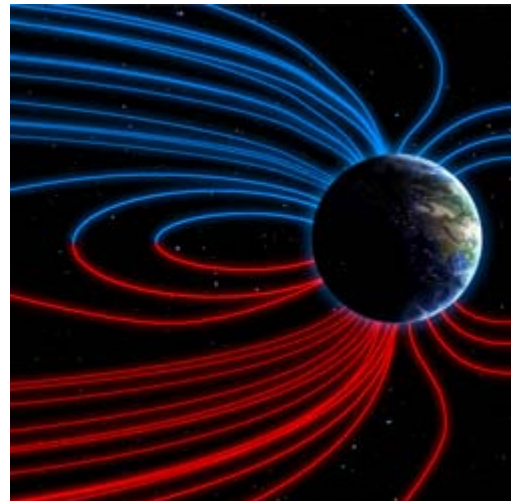
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Suspicious Observers (SuspiciousObservers) is a pseudoscience [YouTube](#) channel run by ex-lawyer Ben Davidson who has a degree in economics from Denison University and a Juris Doctorate from Capital University Law School, but no actual science training. His ideas have been debunked by genuine climate scientists. He has various websites on which he sells his scribblings and tickets to his "annual conference". Davidson makes far-fetched claims about dozens of scientists attending his conferences and conversing secretly with him, but there has only been one notable name at any of his meetings — John Coleman, another notable climate denier.

EVE'S PAIN

Hi John, I sent my 'update' to Sam and then what Nanna Beth wrote. As you will read, I wanted her to read it first to see what she said. It's all incredible – more incredible stuff! The parts not about Sam were what I was going to send you after our call, but then she replied, so here it all is.

From: Samantha. **To:** James **Sent:** Saturday, 5 October 2019,

Hi James,

I kind of had a vague idea that this was the way it is for me and have found myself feeling a closeness to Eve and at times speaking with her and feeling her near me. It has been nice to hear all Nanna Beth has said and I feel the similarities between us and have sympathised so much with Eve and all she went through, the terrible pain she felt and the deep, deep grief she carried for so long, the shame and feeling like she wanted to die as more truth came to her as she realised the impact of what had happened and the consequences of it. I feel the same pain as I see what I have done to my children, my two, Eve saw what she had done to all future children of the world and couldn't do anything about it, right now, I can feel that awful, indescribable pain.

It is all so good to know and makes me feel even more connected to Eve, more understanding of her, shit I feel so sad for her as she saw the truth of what had happened, all unfold, the vastness of the repercussions just as I feel them with my own children. None of this will change me in any way James, it is just so good to know and understand the parallel I have felt with Eve as I go through my own default damage and see the devastation of it and the impact it has had on my children and anyone who I have been in contact with. It is like I have blazed a trail of destruction as I have passed through life and now I have to go back and feel my way through it all and it is fucking gruelling.

I have had times of blaming Eve deeply and hating her for defaulting and setting all of this in motion, to blame the original parents for setting the pace for humanity, for being led by evil spirits and doing their will but I have then realised that I also was led by evilness, my parents and it wasn't my fault, I couldn't do anything about it just as Eve and Adam couldn't do anything about the whispers and promptings of the evil spirits directing them. They defaulted Gods plan and because of them I defaulted Gods plan, my parents now being the evil ones, doing their will and it is all the same, we are all doing and living the story of Eve and Adam and what happened to them, we can all know the truth of what happened to them because we are living that truth only for us, the evil spirits are our parents doing the work of the evil spirits that whispered their will into the ears of Eve and Adam.

I do feel like the only person in the world doing this healing, with the exception of you and Marion. I feel completely alone and unworthy of being any Spiritual light for humanity, I cant tell you how unworthy of this I feel as I constantly fuck it all up again and again seeing more truth of how wrong I am, having to be so wrong to know the truth of it. Things I thought I may have got away with, are all coming back to me, nothing gets missed and it is so scary to go back to illness's, scary feelings I had through out my life are now all coming back to me with the memories still attached to them. I feel so alone with it and that is just how I have felt within my family, I was a part of the family but not of it, I felt like an observer, an invisible observer, not really existing or being seen, just as it is now and always has been.

You can share this with John and the inner circle and thank you for this message Nanna Beth, I am ready to receive it and know it but onwards I go with my healing, nothing has changed really, it is just good to know, I appreciate it, I really do.

MODERN DAY 'EVE' and 'ADAM'

Friday, 4 October 2019

James Moncrief wrote: Hi Sam, I've not been able to write, too much going on within myself and between Marion and I. It's becoming clearer, and I'm beginning to think it is the truth, that as we're in rebellion against God, the Truth, and so, the truth of ourselves, which means our soul, then we're in rebellion against our soulmates too.

REBELLION
against
Soulmate

Marion and I only connect in and through the truth. On the spirit / personality level, really we're not suited very well, we aren't that physically attracted to each other, really we've got nothing going for the relationship other than we're in it together solely to do our Healing. And if we weren't doing that, we'd have virtually nothing in common. We thought we had the spiritual stuff in common, but my stuff is impersonal and bigger picture, she being so personal, and because I'm so disconnected from my feelings and unable to readily express them, so we actually hate being together. She hated having to point out all my wrongness, and I hating her pointing it all out, even though I need and do want her to, and even though she needs to do it being part of bringing herself up and out by repeatedly saying no to me and honouring her feelings, those and what she couldn't do with her parents.

It's all so weird, in some ways we like being together, we've got no one else, and neither of us have found anyone else better in all these years, and yet our Healing is bringing us around to seeing how we actually hate each other and hate being together, at least hating on some levels. I feel connected to her in some way, and she to me, but whatever that is, is hard to know, perhaps it's on the soul level, yet I'm coming to understand that really only when we are Celestial and fully Healed can and do we start connecting on a soul level. So only then, in that state of perfection and truth can soulmates actually lovingly be together, and up until that time, it's just mental attraction based on all our fucked mind patterns.

I'm seeing that whilst we're of the yuk, it doesn't matter what people think and believe about themselves and their relationships, they are not soulmates, can't be, and are only 'loving' each other through their mind patterns – belief and behaviour patterns, those all established during, and so heavily conditioned by, their childhood. So I'm being able to see how Marion and I on the spirit, physical and personality level, don't get on, so are not suited to be together, and ordinarily, if we weren't doing our Healing, would never have been attracted to each other. So is it true that our soul is holding us together, possibly we being soulmates, yet being soulmates seems the furthest away we can imagine being, which of course would be as it is in rebellion when you're living rebelling against the truth of your soul, so against your soulmate. So how fucked is that, that you are actually doing all you possibly can to reject your soulmate, so it being impossible to unite when you're anti-truth and living by rebelling against yourself; which also makes perfect sense that when you're rejecting and rebelling against yourself so much, you could hardly then suddenly fall madly in love with your soulmate who would also be rebelling as strongly as they can against themselves and you. The Rebellion ensures soulmate rejection and eternal separation, we having to use our minds to convince ourselves that we're soulmates, which a lot of the mind spirits apparently do. So in Rebellion, no true soulmates could ever come together unless I guess they were both intent on doing their Healing. Then they'd only come together so as to do their Healing, and not just to live having a nice life together. So if someone or spirit says they are with their soulmate and yet they are not doing or have not done their Healing, then they are full of shit and living yet another fantasy.

Yuk

I have come to understand how we're to work through all our anger at hating our parents, then all our anger hating God for putting us in it and fucking us up and for keeping us in it, and then you get sort of, well at least that's how I feel it, dragged through all of that, until it sort of doesn't matter anymore, as

there's nothing you or anyone else can do about it. So then what? And that's sort of where I am now. I still have times of intense fear, feeling crushed and anger – at mum and dad, at God, at Marion, but that's all sort of fading too and doesn't last long. And in other ways, it all being so contradictory and strange, I feel like (or at least I hope I am) starting to be prepared for my 'new life'. It's weird, with all of John's stuff coming more to a head, so even possibly happening, with Marion looking like something has to give or change within her as she has bad stomach pains now almost being in constant pain and hopes she will die. I can't see her going on much longer as she is. She's of course refusing to go to the doctor, still doing what she wants to do, but it's getting harder and harder and hurts her more and what used to give her a bit of relief and comfort doesn't any longer, so her quality of life is getting less and less. And I don't fancy having to nurse her, and I worry what if she gets very bad and faints or goes unconscious and is in agony or whatever, what should I do? We keep talking about it all, all our hopes and fears, and it's incredible what keeps coming up and how it still connects with how we were treated, but it does seem like it has to come to some sort of resolution soon.

PERSONALITY



**Our soul is the centre of our personality.
We are children of our Heavenly Parents.
Our soul manifests a male and
female personality - it is a duplex!**

So with you (Sam) and your money problem, with John and his three massive funds all looking like they might happen and all being centred on the Gold Coast, with David's end of this year predictions, the state of the world, and how I'm feeling within myself, and all to do with Marion and her health, there looks like something is possibly going to change. I'm still expecting nothing to, of course, that it will all drag on for at least another year, but anyway, that's how it seems to me, not that I've written about anything before.

And another thing I've come to realise that I was wrong about, I thought that the closer I got to the end of my Healing, the easier it would become, easing off as it wound down, getting ready for me to cross over into becoming a Celestial and my soul transforming me out of unloving and untrue state into being loving and true. But what is happening, is it seems to be intensifying, not easing off, the further I progress – if I am getting closer to the end of it. It seems that most of my previous Healing years have been about bringing out and connecting with the repressed emotion in me – all the fear, misery and

anger, and slowly building a picture that shows me why I felt this way. Then now with so much of that emotion having been expressed, it seems that I am better placed within myself to really start to come to terms with the state of my early relationships, coming to see how every part of being with them negatively affected me, and how I took it all on and changed myself and have maintained being that unloving and untrue way, all whilst mostly being unaware that I have.

So our days are filled with seeing ever smaller things in greater detail, which make them into big things, explaining it all, seeing why I'm so fucked, being able to connect with the millions of things wrong in me, and not being so heavily overwhelmed by the fear, misery and anger of it all.

And the days are so intense, Marion just keeps pouring it all out, I can't keep up, my mind is too fucked, so it is just feelings, seeing a bit, and on we move to the next bit, that being the whole basis of our relationship. We don't do anything else now other than just talk about all we're feeling and thinking, having intense arguments as we thrash it all out, throwing all the hatred and yuk we feel for each other at each other. And really, what else is there to do anyway until you've finished your Healing!

Yuk

Sam (Samantha in England), I'm sending this below from Nanna Beth to you first, for reasons as you will read. If you don't want anyone else to know what Nanna Beth says, that's fine and we can keep it between ourselves. If you don't mind, then I will send it onto John. I don't mind either way; I think it's all so amazing and this is all new to me, so more to think about. However if you okay it to be sent to John, I will caution him to keep it within the 'inner circle' and for it not to be talked about to those who aren't familiar with such things. I feel we'd just like to keep you dear to us, understanding more about the difficulties you are having to deal with, and how incredible you are. You are of course, still just you, however also a treasure to be treasured.

I am writing this part now having already written the message below, and what she says about you, I would be more than happy to just keep between ourselves, at least until your (and my Healing) finishes, and when you'll know how you feel about it all and what you might want to do with such information (if anything at all). Of course you don't have to do anything with it, and I would like to hear how it makes you feel and even if you think there is anything in what Beth has said. Anyway, we can talk about it.

Friday, 4 October 2019

James: Hi Nanna Beth, I wanted to discuss a few things with you.

Nanna Beth, 3rd Celestial Heaven: Go ahead James.

James: John has told me about the three huge funds of money that potentially all might come to fruition around the same time and with them all being centred on the Gold Coast. That these funds could have been centred anywhere in the world, and yet it looks like they are all coming together up there and in John's lap. And that the three people starting them all know each other, worked together to form them, and have been working separately in their individual projects for about ten or so years now, each of them going off and yet now seeming to all come back together, possibly to all work helping each other with the distribution and complementing what each fund and charity wants to do.

The New Way

And as John keeps telling me, which is all only because of my possibly being the Avonal, that I will have a say in how those funds are utilised. And I was thinking in the car yesterday; okay, going along with this, if I am the Avonal, and if I am to present the New Way, and if it's all going to happen at a certain time, going public and with the world to know about it, and then there is this massive amount of money supposedly at my disposal, then why SO much money?

And I was thinking; okay, if I imagine I can use some of that money, it being a lot, then what really would I want to do with it? And I think, well get my books done, put the 'word' out there, get my movies made if they are any good, and possibly set up Sanctuaries to accommodate people who might want to live together doing their Healing.

Okay, but other than the Sanctuaries and a few movies, that wouldn't take that much money. So why possibly SO much money? An enormous amount, what will we do with it? And if Pascas doesn't actually build that much, that sort of infrastructure being taken care of by one of the other funds, and Pascas works to 'spread the word' and John sets up his universal university, and some people and villages in the poorer parts of the world are supported, still, why ALL that vast amount of money?

So, Beth, are you able to shed any light on that?

Nanna Beth: No. I can't tell you how much money, and if any at all, will be made available to you. I can't tell you anything about any of it. You have to live it James. And I'm sorry I can't be more forthcoming. However I can tell you, which I have done before, once your Healing has finished you will know what to do, it will come to you, and it will become clear, the vision of what you are to achieve and how you'll go about will be given to you. Currently you are living in a fog, you can't see much at all, you are blundering along, which is right as that's how it was and has been for you right the way through your life. And so until that all changes, so nothing is going to help you know what to do.

And having said that, I can give you more to consider. As we spoke last time, I was more focused on the Aftertimes, this you understood and consequently have given it more thought. So think about this too: The bulk of the money fund will be used in preparation for the Aftertimes.

AFTERTIMES

People will first need to be introduced to the notion of all you are to reveal. The world is to be made to know that there is an alternative way to look at all the problems, and how one might on a personal level, and then how that will affect the whole, start to deal with those problems – which involves the active doing of your Healing. It will be people doing their Healing, and the side-effects of people doing their Healing, that will see the problems being tackled and resolved. Humanity without the truth of the Healing, will never be able to free itself of the Rebellion and Default enough to tackle the problems they cause, so the problems of humanity's own making will eventually destroy it.

You can't deal with the drama of overpopulation, of destroying nature which you need to exist, you can't deal with greed and the motivation to obtain wealth as insurance against bad things happening to you. You can't deal with all societies' increasing problems being brought about by so many people wanting to reject the established patterns. Everything is breaking apart, everything is starting to change with pressure being brought to bear on all facets of society. And humanity can't deal with any of it. It doesn't have the truth, and its mind and mental coping mechanisms are becoming overloaded. So only the input of truth from Marion and yourself can shed any light, for that truth would outline the trouble and some of what the real solution is in dealing with it. And then you have humanity being moved to a new starting point, as will be the Aftertimes.

AFTERTIMES

So humanity in the Aftertimes will be given a choice: to rebuild what has gone before; or to start living a whole new way. So to carry on the Rebellion and Default; or Heal it. And humanity is going to need some help in its preparation for the Healing Way in the Aftertimes. So what sort of preparation? And so far you like the ideas of Sanctuaries.

CHANGE

So possibly you and John could look to doing all that occurs to you concerning preparation for the Aftertimes; and so before the Change comes, preparing as much as you can for that. And then looking to help ease people's difficulties, sort of doing band-aide and patch up jobs to help ease people into and along during the End Times.

James: However we don't know how drastic the Pole Shift will be. If it's very severe, or even if it's mild, it still might do colossal damage so as to render most preparations useless. And what's the point of preparing in any major way when there will be so few people left? Are we to hoard gold with the money, so when the surviving Old Ways set up money systems all over again, at least the Sanctuaries will be wealthy enough to maintain their own independence? And should we even bother thinking about it, about the Shift, about money, about any of it as it all seems too much to imagine?

END TIMES

Nanna Beth: And that I can't tell you either. However it will become clearer once your Healing ends. Nothing can be clear now, as you know, that's part of being rebellious, it's all a mess, all so contradictory, and you've been given a whole range of things, from your Healing, being the Avonal, the Shift, the End Times, the End of the Rebellion, Jesus' Truth in the Padgett Messages and some enlightening information in The Urantia Book, all mixed up for you to try and make sense out of, all of which you can't, until your Healing ends. So you keep wrestling with it, which is indicative of you working your way through your inner mess as you try and sort it out.

James: Alright, so with John, we work along the lines that we want to introduce the Truth of the Healing, and all with the pending Pole Shift in the back of our minds. So we are to deal with what's happening on this side of the line, and then considering what might happen on the other side of the line – pre and post Shift. So: End Times; After times.

POLE SHIFT

Nanna Beth: That's about what it comes down to. It's the Changing of the Age on the physical and spiritual, and that's never happened before, not in such drastic ways. So the physical Pole Shift will be a major physical change, affecting humanity psychologically in a major way; and then you have the Spiritual Change being in many ways even a more drastic change than the physical shift.

With a physical Pole Shift such as you are considering, certainly the world is physically changed, and a lot in some places, yet nature rebuilds and restores the natural world and life goes on. Humanity deals with the cataclysm the best it can, and rebuilds and life goes on. And up until now, that has been rebellious life, by default, it being rebuilt after each Shift. So each successive age has moved to reflect yet another expression of the Rebellion and Default. However that pattern ends this time round. The Spiritual Change will be too overwhelming to allow the Rebellion and Default to simply regroup and re-express itself. It is going to continue to die and fade away. It will try and rebuild, yet everything, we Celestials, the whole Spiritual climate, the Spirits of Truth, will be against it. There are no longer the higher Evil Spirits ensuring that their Rebellion will carry on, so those people left in the Aftertimes wanting to rebuild and make it business as usual, will find it increasingly difficult, and

THE EVIL ONES

eventually they will see that they can't bring back the Old Ways and will never recover. They won't understand that their failure will result from the light of the Spiritual Truth on the world, it being just too bright, but that's what's going to happen.

Certain people are going to flourish in the lead up to the Change as they embrace your work, and then even more so during the Aftertimes as they seek to do their Healing and live true to their feelings. They are going to be in a way like a new 'race' of people. As yet they have not been seen on the world. Samantha in her small way is a forerunner to them. And they will want to dedicate their lives to themselves, to Healing themselves, to living true to themselves, living as you and Marion want to do. And as I've told you, they will be supported in it, so in a way it will be easier for them to do their Healing. Sam is doing it completely alone and devoid of all help. She doesn't have that much of our support, nor directly from the Avonals' Spirits of Truth, nor just the all pervading new Spiritual Light. She has nothing. And how unique she is, because once you and Marion come into your full light, then everything changes and no one will be able to do it as hard and alone as Sam is doing it, because you and your angels will provide more light, as too will we Celestials be able to move closer and help.

James: Well if it is all as you say, I can see what you mean. Which means Sam is even more extraordinary. So only one person that I know of, being as she is, doing it completely the hard way?

Nanna Beth: One Woman, she who represents in essence Eve, is able to work through a crack in the Rebellion contract and do her Healing. And Sam is that woman. You and Marion are basically working to Heal the whole Default, however Sam is working through what Eve suffered on a personal level, showing that humanity being a direct result of Eve (and Adam) can relate personally to what She (They) went through and all they suffered. Sam had no idea, she came at it solely from her feelings, a deep desire to know the Truth. She was guided to your Truth, from Marion and yourself. She took it on, and now in a way she is 'walking' back through what Eve went through. So she's working herself back into becoming fully aware of all the pain Eve experienced, what 'The First Woman of the Default Experienced', as she is the first natural, mortal, physical human woman to do her Healing. All she's been going through concerning her relationship with her children is all Eve went through concerning her children. Only Eve was working deeper into her pain of Default, whereas Sam is working herself out of it. But to Heal herself of it, Sam has to go back into and through it, through all that happened to her, all that in essence happened to Eve. So it's sort of like she's working to reverse what Eve went through. So Sam is to be in a sense, the '**New Mother of Humanity**'. She is not to be the New Mother in the same sense of how Eve, one of the Adamic Pair was, but in a spiritual sense. Sam is changing her whole way of being, she is entering the New Way, and it's all on the inner, it's all within herself, she dealing with all her own yuk, and mostly without any direct help. And when she finishes her Healing, she will be like 'Eve' to all the other women (and men) to want to do their Healing. She will be like the Grand Mother to all who follow in her footsteps. She will have 'been through it all', so she will really be the leader, someone who can lead the 'flock of humanity' to find the fountain of truth within themselves. She will be 'the living example', she will be able to claim that she has done it, she has acted upon the Avonal's advice, has followed their lead, and now she can help her fellow travellers. She will be the 'Leading Spiritual Light' of humanity for the time she remains on Earth, a beacon of light so to speak, someone, and a woman, to look up to, to aspire to be like, to want to become in truth as she is. She will be the Living Example, she will be the True Way, and of the New Way, and she will be as humanity would have been, had Eve (and Adam) not Defaulted.

yuk



And the emphasis is on the woman, even though of course Adam was equal in it, but it's because the woman being closer to her feelings is the true spiritual leader and light of humanity. And because of

this, is why so much importance, and hatred, is placed on Eve, where Adam seems to have avoided most of the blame.

In time there will be the first man to complete his Healing, he being symbolic of being the first 'Adam' as Sam is the first 'Eve', however he will not be doing it as hard as Sam is. Which is the same for you and Marion, James, Marion doing it in some ways much harder than you, she having to work much closer with and deeper in her feelings and with much more intensity, being pushed closer to the edge, whereas with you, although in other ways it's more difficult because you are removed from your feelings and so heavily reliant on her, the woman, for help with your Healing, yet still it's not as hard for you as it has been for Marion. So this is reflected in the 'Eve' and 'Adam' of humanity, Sam and this man to come, just as it has been with you and Marion, just as it was with Eve and Adam, all of which is directly to do with the Default, that which is what you are all directly concerned with, it being the missing link in the Truth that humanity needs. The Rebellion might end, the Evil Ones might be banished, yet unless the higher Avonal Truth comes that will wipe away the sins and errors of the rebellious Lanonandek Daughters and Sons, nothing will change. The higher Paradise Truth needs to in effect, quash the lower ways of the Evil Ones. So that's what you and Marion are directly about. Whereas Sam and this man, will be directly about attending directly to humanity, they are the way humanity will be able to Heal itself of the negative unloving and very damaging effects of the higher Evil Spirits.

NEW MOTHER OF HUMANITY



We feel you are able to carry this truth now Sam, so we have been able to tell you this today. We don't want you to feel it as yet another burden for you, nor do we want you John or anyone else to look to Sam for something she can't as yet deliver, however in time she will. You are being closely guarded and looked after Sam, you are very dear and very, very precious to us all, so much so, which one day you will come to feel within your heart and know and understand. But for now, keep going as you are, keep staying true to your feelings, as your soul wends you through the maze of harrowing experiences. It all has to come out, and it all is coming out.

I will go now James.

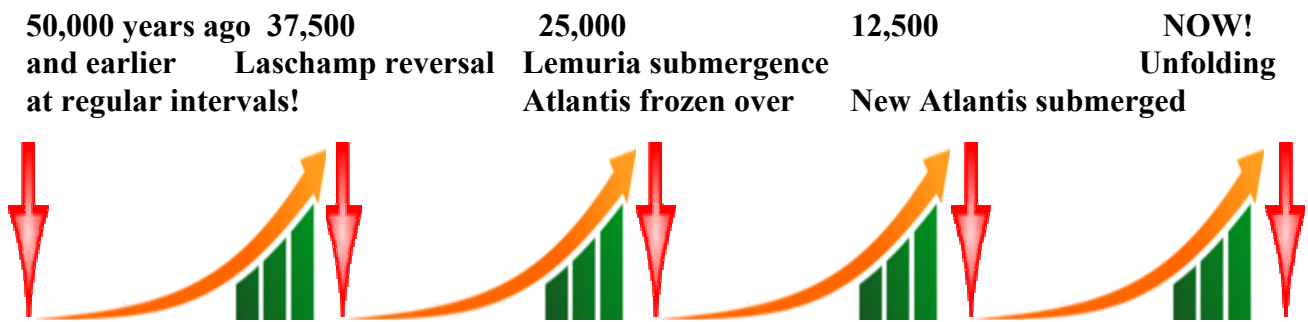
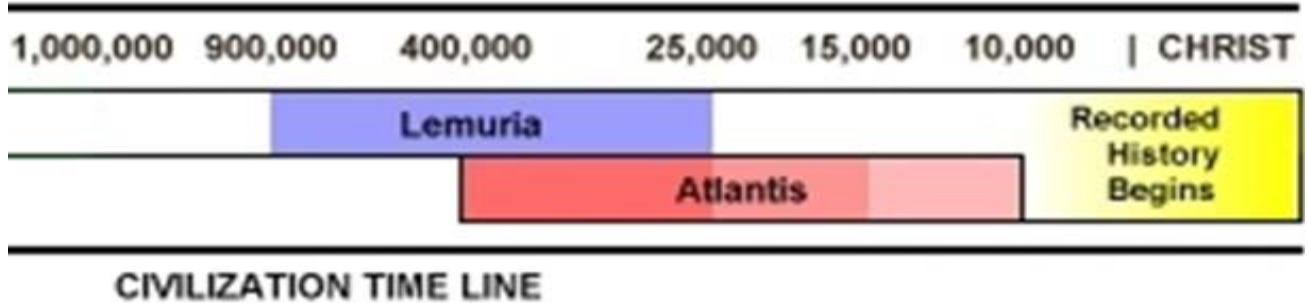
James: Thank you Nanna Beth, for another enlightening 'message'.

GARDENS of EDEN – SANCTUARIES

Sunday, 6 October 2019

James: Nanna Beth, John wants me to ask you about where Atlantis was, and could it have been in two places because of Pole Shift interruptions?

GEOPHYSICAL POLE SHIFTS appears to take place every 12,500 to 13,000 years!



Nanna Beth, 3rd Celestial Heaven: It is as John suspects. Atlantis had a number of ‘incarnations’. Its main ‘home’ was Antarctica when the climate was more favourable, two Shift cycles back. The Atlantean priests who were in touch with some of the mind spirits, and having recorded information from prior Pole Shifts, relocated the kings and queens to the Atlantic off the coast of what is now Central America, which submerged during the last Shift.

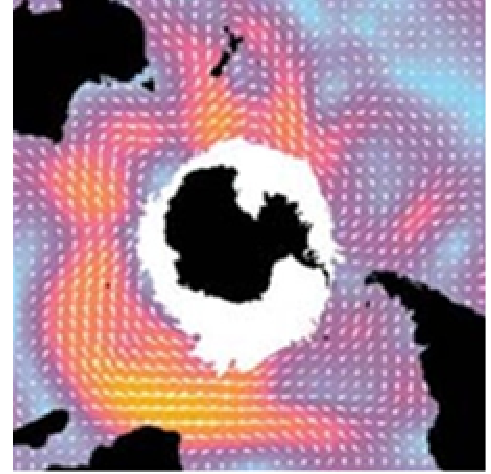
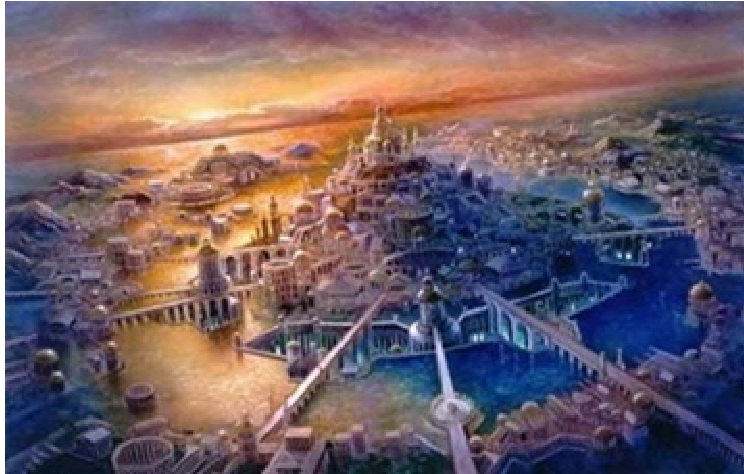
The Last Shift was very severe with a lot of mountain building and subsidence, whereas the preceding Shifts weren’t as bad, as we’re anticipating this one to be.

The thing is John, the whole geography of parts of the world has radically changed during the course of the more intense Shifts, and because of these ones being so intense and dramatic, little evidence remains disallowing a conclusive picture of how it went and how it was before. And it can’t all be worked out by people on Earth, it has gone, with only a few odd remnants left. More than what is currently understood can come from the study of the Earth, but not enough to put it altogether as to the sequence of events and the effects of each Shift. And really I wouldn’t spend any more time on the past than you already have.

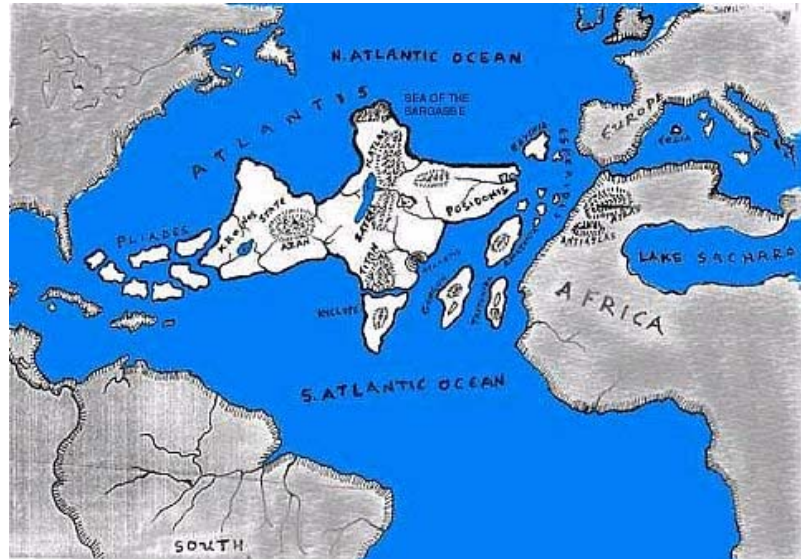
We spirits are as yet not at liberty to help you understand it anyway, which is why we Celestials are mostly vague or not very forthcoming about what has happened to humanity in the past, and the mind spirits of course can only conjecture and speculate as do your scientists on Earth. And you understand the governments are hiding a lot of information, however they too can’t put all the pieces of the puzzle together.

And really the Atlanteans shouldn't be attributed any real greatness, such as saying they or others of past times were more advanced than what humanity is now, for in some things, it is so, however really what needs to be focused on is that each successive Pole Shift age took humanity deeper into rebellion. And then once the Adams defaulted, deeper into rebellion by default. The Evil Ones worked with the Shifts, it helping them achieve world dominion over humanity.

ATLANTIS IN ANTARCTICA



You see, through each Shift Age, humanity, because it was living untrue and looking to its mind for all the answers, applied its mind to 'advance' which only served to bind the mind into more psychological control. And the Lucifers and others worked with this. So the Atlanteans weren't as advanced in their Rebellion by Default as humanity is now, not by a long way. So back then they lived more in line with nature. And were the Lucifers and the other Evil Ones still at large and controlling humanity, they'd be getting ready for the next Shift, formulating their plans as to how to take the post-shift humanity even further into their rebellious control. And you understand, such plans have been developed all the way through this last Shift Age, with Mary and Jesus coming and putting a large spanner in their works. And that then left the Caligastias and Daligastias to integrate Mary's and Jesus' teachings into their Rebellion, which gave rise to the Christian religion, with them leading up to ensuring their over-control would remain and continue into the next Shift Age. However suddenly, they too are no longer able to influence humanity, and so the Rebellion and Default have ended, with the final technical declaration being made when the Avonals 'go public'.



So really it doesn't matter what's happened in the past, because it's all soon to start anew anyway, and with the increased Spiritual Light to assist humanity post Shift, humanity is to break all connections with its past. As I've told you, there are vast records over here in the first Celestial sphere that cover all that's ever happened on Earth, so John you'll be able to spend time studying them when you've done

your Healing. It is good John you are looking into all of this, however I wouldn't spend too much time on it, just enough to have an awareness of such things, but don't get bogged down in trying to work it out. You can leave that to others.

FOR 200,000 years ALL SCRIPTURES are the WORK of the REBELLIOUS LANONANDEKS:

The rebellious Lanonandeks from within our local universe are these soulmate pairs:

THE EVIL ONES



**Lucifer pair
Arrested and imprisoned 26 CE**



Satan pair



Caligastia pair



Arrested and imprisoned early 1990s CE



Daligastia pair

And you rightly understand and wrote well in the Pascas Paper, that James was just reading, the 'vibration' of the world is increasing, it fluctuates over time in many different phases of varying duration, yet overall increasing (Schumann Resonance). And humanity has responded to these fluctuations, advancing at times and going backwards during other times, but overall, advancing deeper into its negative state. And all this time it should have been advancing positively and in truth from its feelings, so now the Rebellion and Default are ending, and once free of them, some people, and then humanity as a whole, will start to rapidly progress in a positive way, making up for lost time. So it's going to be a huge and relatively fast swing around – John's 'Great U-Turn'. As I've told you, for the time being humanity will remain in bondage and enslaved to its untrue state, however soon those bonds are going to be cut, allowing those people who want to break free, to be able to do so.

And you can imagine, with each successive Shift, what might have been buried under water, sand or vegetation, can become seen again, which helps people understand that there are these major cycles to life on Earth.



What I wanted to add James, was for the most part, the world's governments are highly influenced by the religion they uphold. And in the Christian West, to have come to light information that refutes the Bible, that makes it very hard to keep telling the lies and propagating the untrue, is why those in control want to keep the knowledge of 'advanced' prior civilisations repressed. It's the same as not wanting to face the truth of your childhood, because seeing it will disrupt too much, you will face losing the fragile control you have, so for the Bible to be shown up for being just another so-called religious book of many that fails to deliver what people really need, would take away the power-rulers causing too much upset and mayhem.

THE BIBLE AND CONTROL

James: And yet that's exactly what the Avonals are here to do.

Nanna Beth: Yes, but they will be presenting a viable alternative, whereas those using their Christian beliefs to maintain order and keep control, have no other alternative. All they can do is impose a more

severe dictatorial control, one in which religion is kept out of it, just one personality dominating that of many, whereas to keep control of the masses through more subtle religious control is far easier, because in the end the dictator is put to the sword, or naturally dies, so his reign is usually short lived, whereas the religion can go on for centuries without being threatened too harshly. It's far more insidious control; at least with the harsh dictator everyone can see the truth that he's a cruel person and knows where they stand, but by inducting people during childhood into a religion, means they believe it's the right way to live, and trying to change that or take it away from people is very difficult.

You are going to confront the whole world James with your truth, not just the religions. And it's to happen at a time when the whole world is being confronted with the truth that how it lives doesn't work anyway. So you'll be offering a sort of life-line, your truth is the 'Saviour', and many people will want to embrace it, because largely they won't have any alternative.

- If your religion is exposed for being the corrupt thing it is and that in fact it is leading you away from God and not to God;
- If your whole financial system is shown up to being one that suits only a minority enslaving the majority who get to the end of being bled dry and can't go on;
- If the environment starts to show you that you can't keep abusing it as you have been doing without suffering any consequences;
- If your safety and security nets start to fall apart –
- Imagine if suddenly you couldn't go to the hospital to get whatever physically needs fixed because you run the risk of getting sicker and dying, what will you do, where will you go, how will you fix yourself?

The Rebellion is coming to the end, and I will keep saying that because there's a lot for you to see what it means and how it's going to manifest. Humanity is in its heyday, things have been relatively easy these past decades, people have been relative prosperous and able to enjoy certain standards of life. Not all people of course, however the majority are accepting of how it is and really want it to continue to 'progress' without any major hiccups. But what happens when the tide starts to go out, what happens when the normal way of life starts to get threatened, and what happens when there are no viable alternatives?

Were the Avonals to come and reveal the Truth and yet there was no incentive for humanity to pick it up, then the Avonals would go and life would carry on as usual, with an incremental amount of people wanting to embrace the New Way. But mostly the majority don't want to change, and will only do so if forced. You know how it is James, you want to do your Healing yet have to be forced all the way along to embrace and express your bad feelings, because you hate and don't want to feel bad. It's understandable, but things can't stay the same, a material world is all about constant change. You try to stop and avoid that change by using your mind to control everything, to lock it down and to carry on with as little disruption as possible. Yet how changeable are your feelings! The more you become aware of yours James, allowing them to have their full expression, you're finding you're in a constant state of flux, changing all the time from one feeling to the next. And that's what life is meant to be, full of vitally expressed feelings. And so it is with nature, so it is with the whole world, and there are cycles within cycles of change, so the Pole Shift is just one large cycle, with the seasons being lesser cycles. And this all stirs up feelings, and all your interactions with each other stir up feelings, with feelings also coming in cycles, large and small.

So when you can step outside the control and restrictions of your mind, you can start to see that the other way of living by being true to your feelings is more in harmony with how you actually are and how the

natural environment you live within is. Yet as you have to keep clinging to your mind and its false promise of protection, it's very threatening letting go.

Pascas (on behalf of the Avonal Pair) is to reveal and support, the New Way. That's basically what John has been preparing himself for and is coming to understand. Pascas is a humanitarian charity, John wants it to help people, so what better help than to use it to make the truth of the New Way readily available. And then to support those people who embrace it. The Old Way can take care of itself. The New Way will need nurturing, it will need time, a lot of education, offering a lot of help to people who want to understand all it entails and why it's coming about at this time, which is to do with all the changes that are and will take place. Humanity has not as yet had a fully revealed spirituality offered to it. It has up until now because of the Rebellion, been denied it. So it has to be made to understand that the religions it knows and relies on, are false, are harmful to it, are all about helping it deny the very truth those religions say they are helping people find, whereas by attending to your feelings properly and living the resulting truth, that is the natural religion all souls actually crave. So Pascas is going to be very concerned about education, and so education about the New Way. And when those people want to live it, they might need help in different ways, with those needs becoming apparent and Pascas able to help, which is in part your idea of the Sanctuaries. And it was right what you saw today James, that the Sanctuaries are really the 'Gardens of Eden' that Eve and Adam would have inspired people to create based on their lives in the true Garden of Eden. Through your Healing you are reversing (healing) the Default, and so will everyone who does their Healing. So the Sanctuaries in their way will be 'bringing back' the First Garden, and with the Celestials that live within them, people who complete their Healing, being as we Celestials are, like default Eve's and Adam's.

Spirituality Revealed

Paradise
SANCTUARY

If the Adams hadn't defaulted, they'd still be living in their Garden of Eden, it being moved from time to time over the world to deal with the Pole Shifts and being protected from them by the angels, and all other communities would be following them and so emulating the Garden. Everything on Earth would revolve around the Garden and look to the Adams for spiritual and life guidance. And they would be the first step toward Paradise, helping people to look further by looking to Mary and Jesus. So the world is Garden-less, and because of being Garden-less for all the years of the Default, there has been no true spiritual leaders to help inspire people to live a true spiritual and religious life through ongoing truth revelation. So suddenly the Avonals arrive being commissioned and with the spiritual authority to make a massive spiritual revelation, and to a humanity that is going backwards and expects to be legged over by its religions that it avidly worships – it's enough to cause major spiritual trauma. And yet that's what humanity needs, to be jarred out of its delusion and truth-denial, and so things are building in readiness for this.

THE CHANGE

We'll speak again soon James, until then – Nanna Beth.

With the Passing of each Pole Shift, Humanity moved deeper into Rebellion and Default

Subject:Incredible

Date:Wed, 9 Oct 2019

From:samantha.

To:John , James.

Nicely written up John. I have had no internet connection for the last three days and it has been an incredible time for me to see what a huge message this has been for me. In big words my Computer told me I have 'NO CONNECTION' and it hit me in that instant, I have never felt like I have any connection, none with my parents, my friends, nature God, myself, there is nothing and this has brought that truth home to me and what a truth it has been. No Connection, that is how I have been feeling all my life 'NO Fucking connection' I am still amazed by how it has hit me as the most certain truth ever. I have been feeling all of the feelings of how it feels not being connected for the last three days while my internet has been down and it has been boring, lonely and those feelings have been so intense and so easy to express, all amazing stuff for me. It is so lonely not feeling connected to anyone or anything and just pretending I am and doing everything I do just to feel connected to something and when it is gone, there is the truth, it reduces me to Nothing, the Nothing I truly feel I am.

I then began to speak to Eve about it and she understood everything I was feeling about my loss of connection as it is how she felt when she began to realise the consequences of the Default, she said she felt like it was all pulled out from under her in one instant swoop and showed me a rug being pulled out from under her and her falling. She felt like she had ruined it for all of her children and couldn't bare to think about the consequences of what she had done as the connection would be lost for all of her children. and the future of humanity, it was all on her shoulders and nothing could change what she had done, and I feel like that all the time with my children, we had so many similarities.

I have to go now but it has all been so amazing and I can feel Eve around me and supporting me as I express my pain. Sorry it such a quick ending I wanted to write more but my children have just come in.

Sam

Pascas Care Letters – Environmental Collaboration – Crisis 21st Century

Wednesday, 23 October 2019

Hi Guys

This is being shared internally – to a few only.

As we move forward we will be setting up assets that will either be for use medium term or for the long term.

As our environment is in far greater flux than any time in known history, that is, politically, financially, technologically, Earth changes, weather events, socially and spiritually, we need to be prudent – don't put people and assets in any greater jeopardy. If we have options then conservatism is the pathway.

But what is at play? We can only guess. However here is a set of observations drawn together to paint an overall picture – and it is hairy!

Over the past 20 years and more that the potential of Pascas WorldCare and other global humanitarian funds have been coming together, we have been provided with a large amount of observations and pointers – so we should take notice of them if we can.

Now, none of these possible events may take place BUT it is most likely that our grandchildren will experience them all – they will be in for the ultimate ride of the era that is now completing.

The changes that humanity has to make in the way it is to live will NOT occur unless all people become disgruntled, disturbed, dissatisfied and really pissed off with how they are now living and are being treated. You can find CONTROL over everything is now suffocating. If the status quo remains mundane and boringly predictable nothing will change. Without change then why would we be provided with these revelations and extra-ordinary financial resources to undertake worldwide initiatives in education, health, water and food security? More importantly, why would we now be shown how we are supposed to live and then not have anyone take it on?

Like, really, the funding resources that are suddenly becoming available are just obscene! There are three fund pools – not one – and after an average of 14 years work to access each of these pools of funds – all releasing together AT the same time!

So you can put all the pieces together and draw your own conclusions.

If we have the same background information then we can all make decisions collectively taking into account these parameters and get on with the task at hand.

Pascas Care Letters – Environmental Collaboration – Crisis 21st Century may best be read with a bottle of your favourite beverage at hand!

cheers John

EDUCATING about FEELING HEALING

Sunday, 27 October 2019

James: John, I've been thinking about the schools and other people you've been talking about in India and presenting them with the Truth, so I've jotted down some of the main elements I think might be useful should one be exposed to or wanting to live Feelings First.

Perhaps a program could be designed to introduce children to it and take them progressively deeper into understanding themselves as they grow up, with a condensed version for adults who want to do workshops, or a Feeling Healing study course for Chaldi College.

Feeling Awareness.

There are two extremes which Marion and I are coming from; and everywhere else in between.

Feeling Aware

People who are feeling aware, in that they have always been aware of their feelings, it being part of how they grew up, or they've come to be more aware of them through self-help, therapy or just life.

Marion was completely aware of her feelings since the earliest she can remember. Mostly they were bad ones, like wanting to kill herself because she felt so bad and that no one cared about her, no one loved her, no one positively related to her, from as early back as she can remember. She was aware of feelings, feeling them intensely, and looking at other people feeling and expressing their feelings. Her problem was she wasn't allowed to express them, with her Healing being one long acceptance and understanding that she can express them now, breaking through all the barriers put in place through your childhood that stopped her showing them.

There are lots of people aware of their feelings, with varying levels of being able to express them.

Feeling Unaware

I came from the opposite side, being completely feeling unaware. Feelings weren't part of our family discussion. Only if I felt physically sick were I to express those feelings so the doctor would come or we'd go to him. In my early thirties I was told I was depressed, and it was a major revelation: that was what was wrong with me! I knew being scared and unhappy, but that was it. So with Marion it was learning about identifying my feelings – that feeling is misery, that feeling is humiliation and so on, to being able to accept that I had them and then to express them.

So possibly adults, and children, would be taught about their feelings, what each feeling is, why they have them, mock situations that make them feel our different feelings, discussion about them: I had this feeling at home when mummy said or did...

And education about how important feelings are, and how good, necessary, and vital to our well being, it is to express them, and not suppress, reject, deny or repress them, as that makes us sick and makes our mind have to take over which can cause us problems.

And to include the ramifications of expressing feelings or words that might hurt other people, and why they will, and how to be sensitive and respectful in relating to oneself and others on the feeling level.

And then the differences between the mind approach and feeling approach to life.

Information about our Feeling Denial.

To introduce why humanity moved to become more feeling denying – bringing in the control from the Higher Spirits, information about the Rebellion and Default.

Information about the bigger picture and how we are all living the Rebellion by Default. How that applies in our daily dysfunctional and disconnected lives, all because we're not living true to our feelings.

More about how we get sick because our feeling denial.

How we can end our Rebellion by Default is doing our Feeling Healing.

Feeling Healing, and living Feelings First.

Introducing how we're to live truly: living true to our feelings; and if we can, we'll naturally live life as God wants us to.

The importance of living with our feelings to uncover the truth of ourselves.

The importance of longing for the truth, how it happens, what it's like when it comes, how to use our feelings to do it.

How the truth comes and we live it, rather than living a set of imposed beliefs with our mind.

What Feeling Healing involves, how it will affect you, other people, your family relationships – what to expect. How difficult it will be to do it, how much help you might need, or that you can do it by yourself.

More about the benefits of doing it, such as not passing your yuk onto your children.

yuk

Becoming Celestial on Earth. Or starting it and finishing in spirit.

The Actual doing of it.

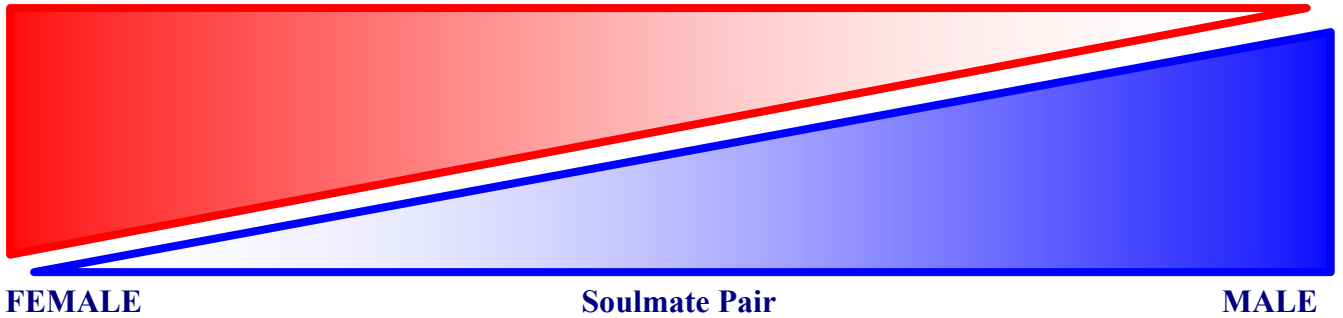
Personal Healing experience.

Feelings first

LIVE FEELINGS FIRST

FEELINGS FIRST For Kids

The EXTREMES of EMOTIONAL INJURY and SOUL SUPPRESSION:



At the extreme ends of Childhood Repression, a soulmate pair will be the first to heal themselves, having experienced their parents and close family members impose upon them forms of childhood suppression that collectively represent all possible extremes of experiences that we can have. Thus, when their Spirits of Truth are released, then all of humanity will be able to draw upon these for assistance and guidance as to how to liberate one's own soul from their own personal repression. This is the gift that this soulmate pair is to provide humanity with.

As the female is closer to her feelings, it is the female that may lead and assist the male in their Feeling Healing process, while progressing with her own. The male typically cannot do this on his own, the female being more capable due to her closeness to her feelings. However, to complete her own progression, the female requires the support and participation of the male. It is now time that we recognise that it is the woman that is our spiritual leader.

Our truth loving soul based feelings are to be brought into dominance with our minds only to support our soul based feelings. It is how we are brought up by our parents that we erroneously accept that our minds are all powerful; however they are greatly flawed and self-centred. Embracing one's own feelings is embracing the way of living that our Mother and Father desire for us to express and engage in. We are to fully express our God given personality through our feelings, not our mind based man-made impressions.

Firstly, consider discovering the truth of your emotional pain and injuries through Feeling Healing.

Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.

Primary and most important readings are the writings of James Moncrief.

Then consider the Padgett Messages, and then The Urantia Book.

TRUTH LOVING SOUL V ERROR INFLICTED MIND



FINALITERS

James, 24 November 2019: The Michaels deal with the whole of the Local Universe, releasing their Spirit of Truth for everyone within that Universe; The Avonals are concerned with the individual physical worlds and their associated Mansion Worlds, releasing their Spirit of Truth for their individual world. The Avonals Spirit of Truth are designed to streamline ones ascent to the Celestial spheres, there to connect with the Michaels Spirit of Truth, which one uses on ones ascent through the rest of the Local Universe. By rights, our Avonals should be revealing the truth about Mary and Jesus so everyone can get to them, which would include the truth about the Divine Love. However with Mary and Jesus coming here and revealing that truth ahead of the Avonals, it's added even more confusion about the Rebellion the Avonals will have to deal with.

We are called Finaliters, that's everyone who attains Paradise, and not just those of us who've been fucked up by a Rebellion, because we've 'finally' got there, we 'finally' did it, we 'finally' completed the first stage of our existence in Creation, which is akin to 'Finally' completing our time in the 'womb'. Upon attaining Paradise, it can be likened to being 'finally' born, or 'finally' becoming of the equivalent of age 6 when our Indwelling Spirit arrives, or 'finally' becoming an adult. And possibly we won't know if we can liken to it to any of these stages we go through during our physical life on Earth, until we're 'finally' on Paradise, and 'finally' get it!

Finaliters

Hey guys, I know who I am and why I am having these life experiences. No, I haven't a prison uniform on – but that might be what my soul has planned for me to experience! Just joking!

When we arrive in our Earthly mother's womb we are clueless as to why the heck we have come here. We truly need to persist with asking, "What's this all about?" – We will be told, bit by bit! But you have to push for it. Well guys, here's a go at it.

We have come to this crazy messed up humanity on Earth because God wants us to come, we don't have any say in it. And we think we can do something about it, but we actually can't, we can only do what God wants us to do. And if that makes us think we can do something, that we can have an effect, then that's what God wants us to think. Man, this mob is ready to slaughter each other totally and that is not going to happen – it's not allowed!



We are to enable our wilfulness to surface – well take over our 'numbnut' mind – and push aside the persona – the messed up personality that our parents want us to be – and express our true individuality. Be true to our feelings – our soul-based feelings and be the personality that our Heavenly Mum and Dad know us to be (all good).

Okay, because we are amongst billions of people who have been forced to join the Rebellion and Default, we are one of them – experiencing all the crud and wrongness we can possibly get ourselves into. Yep, we are rebelling against our soul, which also means we are rebelling against our soulmate and also our Heavenly Mother and Father – God. Shoot the works – we have done it justice!

Now here is the good bit. We can heal ourselves of all this wrongness – and eventually we ALL will. Then we will continue with our healing and learning, and learning, and more learning and end up in Paradise, the home of our True Mum and Dad. THEN we will be recognised as FINALITERS. Why Finaliters?

We are called Finaliters, that's everyone who attains Paradise, and not just those of us who've been fucked up by a Rebellion, because we've 'finally' got there, we 'finally' did it, we 'finally' completed the first stage of our existence in Creation, which is akin to 'Finally' completing our time in the 'womb'. Upon attaining Paradise, it can be likened to being 'finally' born, or 'finally' becoming of the equivalent of age 6 when our Indwelling Spirit arrives, or 'finally' becoming an adult. And possibly we won't know if we can liken to it to any of these stages we go through during our physical life on Earth, until we're 'finally' on Paradise, and 'finally' get it!



Because other humanities in newly forming universes are anticipated to Rebel (just like us now) and because we have had the experience (no other humanity has possibly done it as good as us) so we FINALITERS can go and help them out of their SHIT! Yee-haw – more evilness and insanity! That is us! Bring it on!!!!

Chaldi College Free to Learn Instinctively

24 November 2019

James: Chaldi College Free to Learn *Pathway* (*Instinctively* I'll try to read tomorrow, however I've got to go to Melbourne for car service)

:

I'd also include in the paper, Peter Gray's name, who he is and the title of his book, and what he's commenting on – Sudbury, from where you start adding his bits in the Paper, as well as at the end.

I read about the Sudbury Schools, which sounds great, as Peter Gray says, better than the other alternative systems. I want the whole of the Sanctuary to be such a 'school', that there isn't any schooling structure, it's all just incorporated in life with the whole emphasis on maximising self-expression, so staying true to one's feelings and connecting with oneself, other people, nature and everything else, through them.

And to include, which it will all be based on, the Feeling-Healing – true Spiritual Healing as I'm now personally inclined to call it. So included in various ways is all the truth and information about Divine Love Spirituality, the Feelings First Spirituality, Feelings First, Spirit communication, all of it, so with it all based about people Healing themselves so as to get on with their Ascension of Truth.

Neither Peter, of course, nor the Sudbury system, include the whole spiritual aspect, so that's what I'd like. And then in the meantime, where you are wanting to help introduce or encourage 'education' anywhere, to base it on Sudbury and go from there. Helping to set up such systems about the world might be a good place to start. And getting students from that schooling system to come and share their personal experiences so we can incorporate them in the Sanctuaries – the parts that'd be relevant.

From what I understand is it's all about getting back to basics, and adding the right spiritual component. So perhaps that's part of what the Pole Shift is to help with – the getting back to basics part, and we then add or provide the spiritual side of things.

Sam is Top Notcher

Thursday, 28 November 2019

James: John, you know how yesterday you said that I was possibly going to influence certain things, from the couch, and that I have possibly already done or been doing it, so far as you see things, well it was by baring that in mind that this morning, whilst sitting on the couch, suddenly I did have an experience which I think is exactly what you were talking about. So initially I want to try and write it out rather than say it over the phone, just so as to get my thoughts in order, because I don't know how to go about broaching this sort of thing with you, which I will talk about with you next time you phone, in case such things happen in future.

What it was that strongly came up in me, and not from my mind, but from deeper in me, which is the first time something like this has happened to me, is that I am to ask you to consider; ask you if it's possible; then even insist; then even demand, that you help Sam first and before everything else.

(John: That is already the plan – on day one she is to get a phone call and email to provide what she needs.)

So what I mean by that is, that if you can in some way influence Jeffrey (or is it Geoffrey – it is Jeffrey) and/or Peter if their funds become available before SI to somehow financially help Sam. (Simpler – they support Pascas and I divvy some her way – on day one.) She runs out of money in December sometime I think, and she doesn't want to get a job or have to leave her government provided house, she just wants to keep going with her Healing, and so if these funds are seriously to 'help humanity', then really it's to understand that someone like Sam who is doing their Healing, requires help before anyone else, even before a person who might be starving, because it will be the people like Sam doing their Healing who will change humanity for the better.

And I know you understand this, but I was wondering, so asking you, and even insisting: is it possible that Sam can get put on the payroll (Pascas) of one of these funds in some way? Could she for example be employed by them and paid a salary doing some bogus job for the charities? Or is there some other way that we can work it so she is helped by allowing her to stay in England if that's what she wants to do.

I understand these funds might have very strict guidelines as to where the fund money goes, and who works for the fund, but surely there must be some way you can conjure up some way with Peter and Jeffery to help her. Some way in which you might be able to strongly impress upon them the importance and significance of their supporting Sam, and anyone else who comes along that is intent on doing their Healing, that being if the SI funds don't materialise, and their money does. (Pascas will be supported by them and Sam will be supported by Pascas.)

James: Hello Nanna Beth?

Nanna Beth – 3rd Celestial Heaven: Go ahead James, I'm/we're all still attuned to you, even though we've not spoken for some time.

James: As you know, a lot has been happening with Marion and I on the inner realms, so much steady inner change.

Nanna Beth: It's a very important time for you both, it all starting to come to fruition. Yes, big changes are coming, for us all, we're all very excited about it. And as to all the things that come into your mind that you suddenly find yourself considering as possibilities to be taken seriously, take them seriously because I/we say Yes to them all. All these things are peppering your mind so as to ready you for these forthcoming changes.

James: Nanna Beth, Graeme asked me to ask you about his mother, she's been dead now for a year and he was wondering how she is, feeling she is with him a lot. Can you please tell me anything about her I can pass onto him?

Nanna Beth: She's doing well Graeme, she's still settling into her new spirit life. She's been busy 'getting up to speed' concerning all the family goings on. For some spirits, like your mother, they can spend quite a substantial amount of time 'getting to know the family', and with the large extended family relishing having yet another member joining it from Earth, so there's a lot to 'catch up on'.

She *is* with you Graeme, she visits you and your sister regularly being interested in 'listening in' on the thoughts you have about it. It can be quite astounding, both in a positive and negative way when you've died and you go back to the Earth plane to listen in on what your family and other people are saying, thinking and feeling about you. It might do well to only 'think well of the dead', because of how easy it is for us to 'read' you, and as most people hardly give the dead a second thought, as you can imagine, once such people arrive in spirit and have to deal with all that the spirits might have heard them say or think about them, which might not be nice, it can be very confronting, often causing a lot of 'shit' that has to be first 'got through' when the new arrival understands the impact their thoughts might have had on the dead. It can also be very confronting for us spirits to hear many home truths about us that we might not be wanting to hear, so if you do go back and be with someone on Earth and they say or think bad things about you making you feel bad, then you're hardly going to come back and stick around for more. Lots of family rifts happen with the spirit feeling terribly upset having their nice family picture broken, when they hear such things like "Thank God the old bag has finally gone" when they believed they were loved and wanted and that everyone was feeling very upset with their passing.

And why I'm telling you this Graeme is to help increase your sensitivity to your mother, because when we spirits attend to people, in particular our families, back on Earth, as mostly we are already attuned to you on Earth, it's very easy for you to speak to us in your minds. We pick up EVERYTHING, so you can talk to your mother when you feel her about, knowing she is about and is very receptive. And when you feel she is about, those are real feelings because she'll be giving them to you, wanting you to know she is with you. You won't feel feelings she is about based on fantasy. Your mind might try to make them up, but you'll be able to feel her presence with you if she really is with you.

And when we are with you on the Earth plane, we really are with you, as in, we are 'in the room with you', looking you right in the face, standing right in front of you if we want to as we talk telepathically to you – to our mind, we can even 'touch' you, you might not physically feel it, but the light can be transferred to you so as to give you the feeling we are right there with you, we being able to see you, yet with you mostly not being able to see us. There is a lot we spirits can gain both positively and negatively by visiting you back on Earth, whilst it's still relevant for us to do so. I no longer venture 'down' to the Earth plane as there's nothing in that for me, I can do all I need to with you from here.

Your mother Graeme would like to tell you that she is very well, thoroughly enjoying her new life, it being such a surprise and one she still can't get over and that you were right about that all along! She's making the necessary adjustments to spirit life, and she's enjoying being able to 'catch up' with her children without any of the pressures of feeling responsible for you anymore, seeing you both from a

more objective state of mind. She says she doesn't understand all you're into with James and John, however that doesn't matter, she's got more personal things to occupy her time with. She's living with a relative in the first Mansion World, enjoying being with all the children in the family, many of her relatives have and are adopting spirit children, loving how free the children are to express themselves compared to how it was for her when she was young. She says she wants you to know Graeme she'll still be coming to you often for a time, it's helping her let go of some of her outstanding things about her Earth life, and she'll be ready and looking forward to seeing you again when it's your time to 'Take The Big Journey'.

I was relaying her words to James for you Graeme from a higher spirit that is part of her overseeing group. I've not met her personally. And I say this in answer to James asking me how it happens. He doesn't want to talk with other spirits anymore, just 'his lot', so this is a way we can affect some communication should he still want to convey something from a spirit to someone on Earth.

James: Thank You Nanna Beth, yes, that was easy enough, I find it too hard to tune into people I don't know, and even some I do, who are in spirit, it's part of myself changing, it even being hard to tune into you Nanna Beth, having not spoken to you for some time.

Nanna Beth: It was a bit shaky to begin with James, however it doesn't take much for our angels to modify our link and for it to become as smooth as it's always been. It will continue like this as you are coming out of your mind's control now, leaving it to live more true to your feelings, such as what you experienced this morning, it all being part of the changes that are starting now for you and Marion. I'll go now, so you can get back to being with Marion, and until we speak again...

John is suffering physically because of the shock of it, SI, actually coming to fruition, it's his body wringing out some dross so he can start the next leg of his journey. My love to you all, goodbye now – Nanna Beth.



James: Bye Beth, and thank you again.



POLE SHIFT and End of the REBELLION

Graham Golding wrote: Sunday, 1 December 2019

Hi James and John

I have been looking more and more about magnetic reversals. Another link is below from a different source if you are interested.

Discussion with Robert Felix | Magnetic Reversal Ice Age

https://youtu.be/W_uINwoSZu4

A couple of times now, there has been associated links between Magnetic reversals and Evolutionary Leaps. This got me thinking. And of course that is dangerous and often misguided.

My understanding is that Adam and Eve's mission was to raise the spirituality of humanity (more than 38,000 years ago). Perhaps it could be described as a Spiritual Leap.

Recently, scientists have uncovered different human species / sub-species that have lived on Earth at different times. The Denisovans being one. Perhaps there have been evolutionary leaps from Denisovans and the like, to the current human species, following magnetic reversals.

Fast forward to now. Let's assume there is a pair of Avonals on Earth about to "launch" the next spiritual age. An age designed to evolve and advance the spiritual maturity of the current humanity on Earth.

Let's also assume these scientists are predicting a pole reversal and subsequent ice age in the next 30 years are right. The result would be the almost eradication of humanity following the trauma on Earth.

This would seem a logical time for an evolutionary leap of humanity to lay the foundation for the spiritual leap of humanity.

James, if any of what I have written above makes sense, and indeed interests you, would there be any merit in a perspective from Verna?

GG

Denisovans: The lineage that developed into Denisovans and Neanderthals is estimated to have separated from the lineage that developed into "anatomically modern" *Homo sapiens* approximately 600,000 to 744,000 years ago. Denisovans and Neanderthals then significantly diverged from each other genetically a mere 300 generations after that. Several types of humans, including Denisovans, Neanderthals and related hybrids, may have each dwelt in the Denisova Cave in Siberia over thousands of years, but it is unclear whether they ever cohabited in the cave. Denisovans may have interbred with modern humans in New Guinea as recently as 15,000 years ago. (Andon and Fonta were the first to have a longing for human perfection 993,500 years ago – our first parents!)

A comment by “pixelspring” on the video Graham was talking about:

Ben! (from Suspicious Observers – Ben Davis)

Please... Look up the Ebner Effect. The results of the Ciba Giegy experiments of Guido Ebner are in my opinion have rendered the most important results towards explaining the effect of the Earth's changing electric field on biological phenotype evolution.

Just by placing seeds or eggs under a different electric field strength for a few days and then germinating / incubating as normal resulted in wildly different phenotypes growing from the same seed stock (as

opposed to a control, where the non-electric field affected seeds and eggs grew into adult forms no different to their parents). These results are utterly profound and have monumental repercussions to our current understanding of life on Earth.

Epigenetics: DNA gets switched to express differently according to the background environmental electric field strength...

During reversals... I am imagining the Earth's base electric field strength felt at the surface would undergo some flux or long term changes into a given new strength plateau. (already occurring!)

Hope you get to read this.

James: Hello dear Verna, long time no talk, Graham reckons it might be good seeing what you have to say about his latest deductions – so what say you?

Verna, a Nature Spirit: All the trouble and bother you mortals put us shy and retiring little Nature Spirits to. You're meant to WORK IT OUT ON YOUR OWN, not always come running to us.

James: Did you have a bad night Verna?

Verna: NEVER, we don't have BAD, but a girl is allowed to complain a little – isn't she? It's what you expect for a doll like me – isn't it?



Okay, down to business. Graham is on the right track, only it's way more mega complicated than what you mortals have figured out, still, you're making good progress, and even though by the time the Shift happens it will be too late, at least by then a few of you might have some inkling about how it comes about, and of course, those who survive going into the Aftertimes will see the results of 'Mother Earth', once again, cleaning up your mess for you.

Okay, so let's go through step-by-step what Graham wrote.



The Magnetic Reversals, themselves and all that happens leading up to them, during and after, on all levels, the physical and spiritual, are times when we Nature Spirits and the Angles



can 'tinker' with the genetic structures of all life forms, should we be required to so as to ensure the Life Carriers Plan keeps unfolding as required. So we can end species and start new ones at these times, however we don't always do it with each Reversal, and we might only do a few or even a lot of 'selection' at other times. The last one was a big one, we needed to change the flora and fauna quite significantly for everyone who was to come through this age of rebellious destruction. We needed to



end the mega fauna and introduce in their place a mass of smaller fauna and other plants so you humans could set about using and then changing and destroying them all, all of which you're bringing to fruition now. Many people need to have experiences of 'screwing up the world' all so when they come to do their Healing will feel very bad about what they've done, all of which is to help them see they were so unloving because of not being loved through their forming years. People who do their Healing will progressively deal with the pain of their neglect, disrespect and disregard of nature, their use and abuse of it, progressively becoming more loving and accepting of it, to as you are now James: wanting to live

more in complete harmony with it. Having your Sanctuaries still working with it and ‘using’ it to support your needs of growth and survival, however all with a love and full appreciation of it.

REBELLION

During this Shift, we’re not going to be doing that much ‘frigg’n around’, small micro changes, the odd new species here and there, but as you haven’t even discovered all the species that do currently exist, so some of them you won’t even know if they are new. This time round it’s more about the spiritual focus of humanity, in which you might liken it to a mass extinction event, in that so much of how the rebellion is, will end, with those looking to their feelings bringing themselves and their creativity out with many new ways of living and looking at life and how to conduct relationships.

James: Verna, why are these severe Pole Shifts necessary?

Verna: It’s an evolutionary world so such severity is necessary for life to move along in accordance with the Life Carriers Plans, which of course with such plans being made factoring in and dependent upon, these cyclic upheavals. (Essentially about every 12,000 to 12,500 years or so! Some say 12,068 years.)

Also, they’re designed to show material or the physical level of Creation, that it’s not constant, it’s not forever, it’s always in a constant state of flux, and even more so than continental creep or micro-slow evolution that takes place over millions of years. Evolution of the natural world is very quick, instant, a mutation here and there, one that is good, one that is bad, the appearance suddenly of a new specie, the dying out of another, slowly or quickly. You’ve made such a cock-up of the Earth in how you live, wrongly believing that you can create an immortal world for yourselves by ensuring nothing changes or dies, trying to keep yourselves (your mind) alive forever in the physical world, and if you can’t do that, then at least keep all your good works and creative expression, when you are mortal, so the Shift will remind you of that – that nothing on the physical is forever. It’s your soul and personality that is immortal.

End OF THE

REBELLION

And in the case of rebellion, it’s very helpful to smash all the Wrong apart periodically, sending humanity off down other paths of self-denial, none of which would be able to happen so well were the world more stable. The severe changes are meant to work in harmony with humanity up-stepping its spiritual vibration, however for you in rebellion, they’ve worked to help you down-step, so the civilisations in the past had access to energy systems that you presently don’t, just as you have access to other scientific discoveries they didn’t. And as the Rebellion and Default are ending now, so this next Shift will literally help shift humanity onto the right spiritual footing, all of which you are currently preparing for. Humanity needs a huge boost to change direction, you James can tell it all your truths, however few people will want to stop being as they are and devote themselves to their Healing. On the other side of the Shift, more people will want to do their Healing, the spiritual energies of the Aftertimes being more conducive to that than trying to re-establish the world as it currently is. And that’s what we’re preparing for. (Rebellion started 200,000 years ago, the Default was more than 38,000 years ago.)

And were you living in harmony with yourselves and not in denial and against yourselves, so you’d be living in harmony with nature and know how to fare better with the Shift, but because you are so out of balance, so it will be a sudden shock to most people.

James: And what about this comment on changing the Electric field?

Verna: Sure, change it all, all the fields that affect the Earth, it all going into what creates the environment needed to alter the path of the Earth. However the greatest unknown is ourselves and the angels' impact on the Earth, for we are the ones who ensure that those people and parts of nature chosen to survive, will. This selection process being just the same as selecting which species survive or not, however of course those people who do survive it will be the 'seeds' of future humanity, which is going to now become progressively more spiritual as Graham points out. Humanity has a lot of spiritual catching up to do, so it's going to be full-on for those people alive during the next 1,000 years, together with us Nature Spirits and the Angels progressively having more to do with those people wanting to live true to themselves.



Legions of Angels arriving daily.
Angels do not have wings!

Humanity is creeping up on the threshold of discovering many of life's secrets, however they are to remain secret to rebellious humanity, because you wouldn't know how to live in harmony and with complete respect for life. If for example humanity as it currently discovered how to create new species, imagine what you'd create being in your state of seeing everything from the wrong perspective. So the shift will take care of that 'advancement', taking out all the advanced weaponry as well, as the angels will render that which survives inert.

Humanity is to be reduced to the basics, to end its current way of life, allowing those seeking to be true and to live truly the chance to become established in the New World.

James: What about digging underground, or being protected by the angels above ground, sort of 'en-domed' in their shield of protection?

Verna: Both James, whatever one feels one wants to do. Not everyone who is to survive will have access to safe and secure underground hideouts that are stocked with enough food to wait out the thaw above. So those people, creatures and plants that can't go underground but are still meant to survive, will be looked after by the angels. And those people underground too, will also need angelic help to survive. Humanity can't survive the Pole Shift without angelic help, which is another reason why you've been told so many extra angels are coming to the Earth.

Pole Shift

James: So something can happen as it did for Moses and his people as Douglas Vogt reckons, such as the angels putting people and their environment into something like a protected dome or chamber that is then slowed down in time so when the people come out possibly hundreds of years have passed on the outside, thereby coming out into a more habitable landscape after the Shift?

Verna: Yes, anything you can imagine that involves altering time and space, they can do that. They can even remove people from the world were it necessary keeping them in a suspended state, returning them to the world or even another one, were it necessary. The angels have complete control over all the material world and all living souls within it. Your bodies, the environment, the whole world, is a creation of the Mind, and all within the mind can be changed should the need come about by other Creations of the Mind, such as the angels. Only your soul, personality and your truth will remain, which

can easily be ‘put into’ a reconstituted body if the need arose. However nothing that drastic will be needed this Shift.

I am still not able to tell you anything specific about the Shift, such as, when specifically it will happen, and what it will do to the world, however your feelings will guide you James when necessary – you know how it is. And once your Healing is complete, then more such information will be forthcoming. I can say, which you’ve already deduced, it won’t be as severe as the last one, however the last one was very severe. More of your world will survive than previous civilisations have done because there is still to remain a good sizeable chunk of the Wrong, which the Right will have to deal with. However the Wrong won’t be able to rise up and rebuild and gain control, as the factors that allowed that to happen during this current Pole Shift age were favourable to it, whereas in the next age, as I said, it will be favourable to those seeking to live a true life, true to themselves.

So you can tell John that I say, because I’m the Lady of Authority RUNNING THIS SHOW, that for now he can consider whatever he likes in accordance with his imagining what is to come including how to get the Sanctuaries through the Shift. And things will all fall into place, as Nanna Beth has told you, were you to know about the Shift or not. Your feelings would all get stronger and stronger making you

Avonal

do whatever was necessary, as they will. It’s all been taken care of; we’re all working toward the ending of this age of Mary and Jesus and the start of the new Avonal Age, which is of course, the End Of The Rebellion. And that is a MASSIVE thing, the whole of humanity should be in celebration that it’s over once the Avonals ‘come out’, celebrating every day and night until the Big One Hits. Then further rejoicing with their spirit world friends should they move on into spirit, celebrating for the next 1,000 years at least as they live through the Spiritual Age, the likes of which has never been seen or experienced on Earth before. This forthcoming Spiritual Age will see humanity changing so much, something akin to an extended Shift of a thousand years, it’s going to be massive, and humanity now will not be able to conceive how those people living true will be in a thousand years time, nor will those then be able to conceive of how distorted and untrue you are now.

THE BIG ONE HITS

It’s WAKE UP! time, it truly is, and that in itself is going to be very shocking to many people. Imagine being told your way of life, all you’ve know, is to end, as it’s ALL WRONG, and you are going to have to drastically change. And not only that, but the cataclysmic change is also just about upon you, yet more drastic change. Nothing is going to be left the same. Many people will cling onto their old ways and beliefs, and yet everything about them will change. It’s OVER James, the way of life as it’s currently being lived, with humanity about to start finding out that truth. And for those people embracing the New Way, it will be so much easier for them to live through it all, to change and adjust, because by simply accepting it on a mental level is half way there, as at least those people will know what’s happening and why.

Yuk

I can’t say anymore James, so I will go. I’m sorry, but you can’t have my illustrious self at side all the time, not now at least. You’ve still got more yuk to work through, as it’s not over until the whole truth of your unloving state is seen!



Toodle Do – Love Verna.

Note from Samantha in England:

5 December 2019

Thank you John for sending that to me, so interesting to read Grahams observations about evolutionary leaps following magnetic reversals.

Verna is just incredible, it is always so good to hear from her so I am glad Graham has asked her to shed more light on his observations. All I can add to it is how it all makes me feel, that is the only way I can involve myself because my feelings come straight up in response to what I have read and the way I feel is that I am scared about it all, scared about my survival and that of my children, my whole life has been about fearing my survival and always feeling like something is going to kill me. I can only ever bring things back to how I am feeling. It scared me that a pole shift may occur and I have no control over it or what happens to me so reading this brought up more feelings of how overwhelmed I get when I am out of control.

Not knowing what will happen to me and my children is what scares me so much and yet I also feel that I want it to happen because I am so stuck in my life at the moment so I am looking at it as a way out. It's all wrong of me and all a part of me wanting to be saved by something because I don't feel I can do it on my own. I don't feel I can get myself out of my own shit and want someone to do it for me, like a pole shift I will either die or everything will change, I will be forced to change and nothing will be the same again and in a way I want that even though I am so scared. And what if I survive, shit it's all so scary. I am doing my healing and feeling my way through these fears and they are all the same fears I had as a child bringing me back to not being able to survive without mum and dad and as a child I was so scared of losing them, they made me so scared of life on my own, they made me not able to trust myself, only them and its all coming up and reading things like this makes me feel even deeper about how scared I am of making a move in any direction on my own yet my whole life I have done that yet forcing myself to do it and deny my true feelings of being so scared.

I am so scared John, I am so scared of doing anything and that has been a great surprise to me after everything I have done but it has all been done by denying the truth of how I really feel. I am so scared of any leap in evolution because it means I will have to change and that change scares me, I don't know how I will be in it. What will happen to me? I don't know and I want to know, I want to control it all so I will be safe and secure, so I can know nothing bad will happen to me, so I will be safe.

Thank you for sending this to me John.

Sam

Schumann Resonance

<https://www.disclosurenews.it/en/schumann-resonance-today-update/>

The Ancient Indian Rishis called **7.83 Hz** the frequency of OM. It also happens to be Mother Earth's natural heartbeat rhythm

Schumann resonances are named after Professor W O Schumann who was involved in early German secret space program and was later paper-clipped into the United States. The **frequencies** of Schumann resonances are fairly stable and are mainly defined by the physical size of the ionospheric cavity.

The **amplitude** of Schumann resonances does change and is bigger when ionospheric plasma gets excited. Ionospheric plasma excitation happens because of solar activity, thunderstorms, use of scalar plasma weapons and HAARP and lately also when the Light forces are clearing the plasma anomaly.

The Schumann Resonance Spectrogram Chart

The Schumann Resonance Chart displays data from the magnetic field detector to monitor the resonances occurring in the plasma waves constantly circling the Earth in the ionosphere. These three days spectrograms show the activity occurring at the various resonant frequencies from 1 to 40 Hz. Within the spectrogram, the power, or intensity level of each frequency is displayed as a colour, with white being the most intense. The Schumann Resonances appear as the horizontal lines at 0.0, 4.0, 8.0, 12.0, 16.0, 20.0, 24.0, 28.0, 32.0, 36.0 & 40.0 Hz. This chart is based on Tomsk, Russia, time UTC +7 (UTC = Universal Time Coordinated).

What is a Spectrogram?

The Spectrogram Calendar is a visual representation of the range of frequencies in the magnetic field at a given location. Similar to how an equalizer displays the frequency content of music played on your stereo, the spectrogram calendar displays the frequency content of a magnetic field. Instead of showing a brief snapshot, it shows changes over a period of time, in this case 3 days.

The local magnetic field is a dynamic field that changes constantly because of variations in the ionosphere and sun and many other influences not yet fully understood. The range of variation displayed in the spectrogram chart is from 0 to 40 cycles per second. The vertical axis is frequency and the horizontal axis is time. The amplitude of a particular frequency at a specific time is represented by the intensity of color (green, yellow, white) of each point in the image.

What does the spike in the Schumann resonance mean?

<https://drjoedispenza.net/blog/consciousness/what-does-the-spike-in-the-schumann-resonance-mean/>

Dr Joe Dispenza:

In 1952, German physicist and professor W.O. Schumann hypothesized there were measurable electromagnetic waves in the atmosphere that existed in the cavity (or space) between the surface of the Earth and the ionosphere. According to NASA, the ionosphere is an abundant layer of electrons, ionized atoms, and molecules that stretches from approximately 30 miles above the surface of the Earth to the edge of space, at about 600



miles. This dynamic region grows and shrinks (and further divides into sub-regions) based on solar conditions and is a critical link in the chain of Sun-Earth interactions. It's this "celestial power station" that makes radio communications possible.

In 1954, Schumann and H.L. König confirmed Schumann's hypothesis by detecting resonances at a main frequency of 7.83 Hz; thus, the "Schumann resonance" was established by measuring global electromagnetic resonances generated and excited by lightning discharges in the ionosphere. While this phenomenon is caused by lightning in the atmosphere, many are not aware of the importance of this frequency as a tuning fork for life. In other words, it acts as a background frequency influencing the biological circuitry of the mammalian brain.



As far back as we know, the Earth's electromagnetic field has been protecting all living things with this natural frequency pulsation of 7.83 Hz. You can think of this as the Earth's heartbeat. The ancient Indian Rishis referred to this as OHM, or the incarnation of pure sound. Whether by coincidence or not, the frequency of 7.83 Hz also happens to be a very powerful frequency used with brain wave entrainment as it's associated with low levels of alpha and the upper range of theta brain wave states. This frequency has also been associated with high levels of hypnotisability, suggestibility, meditation, and increased HGH (human growth hormone) levels, in addition to increased cerebral blood-flow levels while this frequency is being stimulated.

It would seem then that our nervous system can be influenced by the Earth's electromagnetic field. Maybe that's why being in nature has always been so restorative and healing. Disconnecting from a typical city setting by reducing our exposure to crowds, traffic, work, and routine life—and instead getting out in natural surroundings—can slow our brain waves down from the aggressive, vigilant, anxious, and impatient states that are seen in higher ranges of beta brain waves to more restorative alpha waves.

On January 31, 2017, for the first time in recorded history, the Schumann resonance reached frequencies of 36+ Hz. It was considered an anomaly when in 2014 this frequency rose from its usual 7.83 Hz to somewhere in the 15-25 Hz levels—so a jump from 7.83 Hz to 36+ Hz is a big deal. That's more than a five-fold increase in resonant frequency levels. What does this mean to us as inhabitants of Mother Earth? According to neuroscience, frequency recordings of 36+ Hz in the human brain are more associated with a stressed nervous system than a relaxed and healthy one.

It has long been suspected that human consciousness can impact the magnetic field of the Earth and create disturbances in it (and vice versa), particularly during moments of high anxiety, tension, and passion. If you aren't aware that we're living in a time of high anxiety, tension, and passion, then you probably are not aware. In addition to the highly charged political, social, economic, and personal

environments of our current time, many people have also been feeling like time is speeding up. This might explain the intense disturbance most of us are feeling at this time in history. Could the drastic rise in frequency have something to do with this?

As we know from science, the higher the frequency, the more highly diversified the information those frequencies carry. Since we are organic creatures made of matter and susceptible to electromagnetic fields, and because our lives are inseparable from the Earth, then if the Earth's frequency is rising, shouldn't that also raise our frequency?

Evolution has not always been an easy process, but the energy behind it—the energy of the unified field—is always moving towards greater degrees of organization and wholeness, both within and without. If the Earth's electromagnetic field is raising, then shouldn't that allow our brain to be able to pick up greater frequencies that are even higher than the stressed state of high beta brain waves? If so, is there a range of brain frequencies above the scale of high beta brain waves that—instead of being associated with a brain that is over aroused and imbalanced—is associated with a brain that is more aware, conscious, and creative?

Increases in frequency create increases in consciousness, and when our consciousness increases, we have greater awareness—and that's what gamma brain waves are. Gamma brain waves, which can be more than twice as high as high beta brain waves, represent an aroused state in the brain, however, they are not connected to the survival states of emergency mode, but correlated with a kind of super consciousness and awareness, as well as higher amounts of love and compassion. As the Earth goes through her metamorphosis, maybe we too have to transition through this time of emotional intensity related to beta brain waves before we enter a new consciousness of gamma brain wave states. And wouldn't that upgrade our nervous system and expand our perception and awareness of reality?

Perhaps we are on the verge of a great evolutionary jump. Another way to say it is we are going through an initiation, after all, isn't an initiation a rite of passage from one phase to another? Perhaps the Earth is assisting us in lifting the veil, initiating us to a quickening in energy, and enabling us to see our true nature. Maybe when we see, remember, and awaken to who we truly are, human beings can finally move as a collective consciousness from a state of surviving to a state of thriving.

Women Repression

James

Monday, 9 December 2019

Note for Pascas Care Letters One Soul Two Personalities:

Why women have been so repressed?

It was the rebellious Higher Spirits that urged and supported the suppression of women and the male dominance through religions and tribal spirituality so as to keep women away from their true feelings, denying them the truth from such feelings which would never tolerate nor have allowed the men to override them. If you denote the mind as 'male' and feelings as 'female' then to coerce humanity to worship and live from its mind, whilst at the same time using the mind to suppress and banish one's true feelings, then you can see men's domination of women. Men (if we liken them to the mind) are scared of women (likening them to feelings), so men use their minds to block out their feelings and won't tolerate women living too close to their feelings.

So what more perfect way than to maintain such male domination than to create mind-made religions that will ensure women and feelings are never heard, can never have their say enough to uncover the truth of such meaningless and misguided untrue systems of belief. If women in such religions were encouraged to follow their feelings and look for the truth they will give rise to, they will soon demolish such institutions or simply leave them, leaving the mind-controlling men to it. So you can't put a woman in control, and especially one who is more feelings led, because as one's feelings are generally 'all over the place' and 'irrational', she'll ruin it all; which means, she'll stop the men having their little power games with each other. And unless a women learns to 'become a man', being able to compete with men at their own mind-games, suppressing her feelings even more and becoming an even better proponent of mind control, as she can often over her family, she will never stand a chance of gaining equality. However this mind-equality is still buying into the tenets of the Rebellion and Default and is not true women's liberation and equality, that only coming when women give up their mind and devote themselves to accepting, expressing and seeking the truth from ALL their feelings (especially their bad ones). That being the only way humanity will end its rebellion.



The MOMENT of LIFT by Melinda Gates

11 December 2019

Samantha from England: Hi John

I haven't read "The Moment of Lift" but I love what you have written about it and about what Melinda has to say.

The Evil Ones have done all they have done to keep Women, their feelings down and I feel that Men have had a Role Model Divine masculine (Jesus) to gain strength and power from. We have all been told God is a Masculine energy who must be obeyed and then we have The Divine masculine in Jesus as a perfect Role Model for Men to follow and it has all been men and they are the all mighty powerful ones and every one must obey them because God is a Man. Jesus is a man so Man has a leader and role model in life, but who have women had as their role model in life? Mary had to suppress her Divine Feminine and only release her Spirit of Truth once she had died so Women haven't had the BIG ONE! like men have. Woman has never been seen as God and we have never had any Woman 'Come Out' and become Divine like Jesus was so Women have had to follow the great Men as we are too lowly to be Divine.

Women have never had a Divine Feminine role model like Men have had a Divine masculine, anything Divine has always been Masculine so how can there be any equality when Woman has never been seen as being capable of being Divine. Mary had to wait and couldn't release her Spirit of Truth to the world until she died and was in the spirit world and Women are still scared of speaking up worrying about what might be thought of her, will she be taken seriously, will she be hated and it feels to me like woman can still only go as far as man will let her go before he shuts her down and puts the lid back on her expression and in competing, Women have become like men and there is nothing liberating about that, we just lose ourselves even more in trying to become something we are not. Christ, we have so much to offer through our Feelings, so much true liberation in being our beautiful, true feeling selves, there is no competition when we express the truth of our feelings EQUALLY, Men and Women expressing their truth of their feelings.

It all is so hard John, and the competition between Women and Men is all so unloving, we shouldn't have to compete to be heard and seen as equals but it is how it is, it is how the Evil Ones made it, we have all been seduced into control and power and clawing our way through life to get it. Shit it's all so awful.

There has never been a Divine Feminine role model on Earth for Women to be Equal to men and that's the way the Evil Ones wanted it, all MIND, ALL MALE, ALL POWER, ALL CONTROL! and all dominance over the FEELINGS and WOMEN.

Have a great Christmas John.

James 12 December 2019: I love what Sam wrote, and I want to add John, that it must be remembered that Adam was just as 'guilty' as Eve, the both equally Defaulted, there were in a loving perfect relationship, and so for them to Default, they BOTH had to become untrue and disconnected from each other and themselves, from the truth of their own feelings. Eve just did the 'bad' thing first, with Adam joining her later and doing his 'bad' thing, and really it's so unfair to dump all the blame of Eve and persecute all women henceforth, making women feel they are the one's fucking it up all the time because we fucked up men, say so.

Dear Melinda and Bill,

Friday, 13 December 2019

This is a two fold communication, if you please.

Pascas Foundation (Aust) Limited is a global humanitarian fund with enormous capabilities. We take this opportunity to introduce ourselves as we would appreciate being able to keep you apprised of what we are embarking upon.

Throughout Melinda's very heartfelt and personal accounts in "The Moment of Lift" we note that many experiences and destinations that she has recorded replicate our experiences and locations of engagement. In this regard we would appreciate having a liaison person within your organisation to interact with. Presently, we have not made ourselves publicly known, this will unfold shortly. Our agendas are introduced through the websites of www.pascasworldcare.com and www.pascashealth.com

Melinda, we appreciated your writings within "The Moment of Lift" so much that we have penned understandings and comments to what we felt were probing questions. We have been provided with profound revelations that we are to share worldwide. In this regard we attach Pascas Care Letter One Soul Two Personalities which is built upon comments drawn from within your book. We would appreciate your consideration of how we have engaged with your writings and anything that you may require for us to address.

cheers for now

John Doel

on Skype as johndoel jedoel@financefacilities.com

Pascas Foundation (Aust) Limited (not-for-profit) +61 7 5594 0479
Gold Coast, Queensland, Australia

Subject:Pascas Care Letters and "The Moment of Lift" by Melinda Gate

Date:Fri, 13 Dec 2019 14:56:03 +1000

From:John Doel

To:Hon Angie Bell , Dylan Butcher

Hello Hon Angie and Dylan

The subject of the attached Pascas Care Letter is of universal relevance and importance in the pathway or resolving major social issues, as you may read.

cheers for now John and Brian

UPDATE from JAMES

Hi John, You're always so busy! Sending things off here and there – he, he. I've been busy too, for once, this arvo. It's my latest update, just info and not to be added to any Papers. I'll send it to Sam too.

Friday, 13 December 2019

(John, no need to include this in a Pascas Papers as I don't know that I've got all my facts right.)

As we draw closer to the end of the year, I want to add, again 'for the record' my latest thoughts about it all as things keep changing in me as I read other things and things occur to me about the END and NEW BEGINNINGS. Still the spirits won't come out straight with it, which is all part of my Healing, being denied their direct help and having to get the information in a round about way.

And it's bizarre, even more than ever, all I read is about complete doom and destruction, anytime on from David's end of this year and for the rest of my life, and yet on the spiritual side, all I'm wanting is the complete opposite, pure love, light and being true, finally starting my true life. So ironically, and sadly, I'll finish my Healing and be ready to step out being the Great Avonal, and yet the whole world will be a cinder or frozen to death other than those people living in the tunnels who will probably be all the yuk of the yuk, who won't be able to come out for years to come anyway. If I don't get swept away also, I'll be the Avonal coming out to speak to thin air, which is of course is how it was for me in my family, speaking to no one who wanted to listen to me. I'd ideally like to think that should I finish my Healing then none of my existing shit patterns of feeling so unloved would exist anymore, however I'll probably be the only Avonal who completes his Healing only to find he'll never be free of his shit with the last laugh being on me because there is no completing one's Healing.

Yuk

This is the low case impact – the Superwave. Paul LaViolette
(<https://etheric.com/will-superwave-arrive-2017/>)

“So, it is up to you to decide how much faith to place in these various predictions. But it may be a good idea for one to be prepared in 2017, just in case. If a superwave were to strike this coming year, the Starburst Foundation will go into high gear to help out in any way possible to inform people about the situation. But since there could be an internet outage associated with this, it could be difficult to get the word out. At this point I can offer the following advice. The first indication of the super wave's arrival would be the impact of a gravity wave which would affect the whole planet, triggering earthquakes.

“Immediately afterward the high energy cosmic rays would begin arriving and a bluish white star will begin to appear in the sky at the location of the Galactic centre. One should not delay to seek shelter at once in a cave or underground tunnel to escape the radiation hazard. It would help to be prepared with a bag full of clothes and supplies that you could grab on a moment's notice. Remember to meditate or pray and to stay calm as there could be unusual psychological effects associated with the passage of the superwave. The solar system will be bathed in negatively charged particles which will produce a negative mass gravitational potential (gravity potential hill), whereas normally we have been used to being surrounded by a positive mass gravity potential (gravity potential well) produced by the Galactic core and Sun. This G potential flip could produce noticeable psychological / mental effects.

“The first three days will be the worst since the barrage will be most intense during that period. After that one might venture outside if the radiation intensity is sufficiently low. A Geiger counter would come in very handy. Hopefully by that time there will be people around who will have some information on the degree of the radiation hazard. It would also help if you have access to a solar

powered home that is off the grid. Be aware that the Sun could become aggravated during the event and could produce excessive flares which could have more lethal effects than the superwave.

“There will be no warning except for the seismic effect of the wave coming. In theory it’s due soon and at any time.”

Douglas Vogt is the most severe in his predictions. He doesn’t include an axis tilt, however he advocates all but complete devastation as when the world stops spinning the worlds oceans and seas will keep going, flowing up and over all the continents wiping all before them then draining into the empty ocean sea floor on the other side adding to all the massive undersea canyons that exist along the continental shelves. Then as if that isn’t enough, as the world starts spinning in the opposite direction, the effect of that is for oceans to go back the other way – from where they came, and draining back down the other side of the continents. He says the sun novas like clockwork about every 12,600 years with the next event September to December 2046. The sun novas blasting all the dust out that surrounds it, the side of Earth facing the nova blast gets fried, it was China / India last time, then follows the micro dust cloud at supersonic speed hours later scouring everything in its path. So the nova blast evaporate metres of the ocean it hits, which send vast amounts of very hot water vapour into the atmosphere, which rains down boiling hot rain; then incoming the dust cloud blasts a lot of the water vapour away from the Earth into space creating comets and depleting the Earth of yet more water, that which happens with each nova. Then the side that cops the nova blast becomes very high pressure, with the opposite side low pressure, so with the air racing to balance the pressure causing massively destructive winds, and with the opposite side getting snapped frozen as happened to the mega fauna in Siberia last time.

And whilst all this is happening (as if you need anymore!), the effect of the Sun on the core of the Earth is to heat it up and associated with that the magnetic field lessens to near zero. So when the Sun blasts its dust out and without our magnetic field to protect us, all sorts of harmful cosmic rays bombard the Earth causing whatever mutations are required in all life. So the extinction and re-creation of species always happens at the Pole Shift time as can apparently be seen in the fossil record. However from all the dire picture he paints, I fail to see how there could be any life left to be mutated. And as if that all isn’t enough, with the heated core and mantle of the Earth, so the crustal plates shift more, and with the slowing and stopping of Earth’s spin, the crustal plates, like the sea but in slower motion, crash up against one another forming mountains and sinking others. So with massive big earthquakes and massive volcanoes going off. All of which puts more shit into the atmosphere, more water vapour all of which is so cooled because the Sun’s heat is diminished until it settles down from its nova forming a new protecting dust cloud, causing kilometres of snow to fall and ice to form, which is the cause of each ice age. So the ice ages result from the Pole Shifts. So yes, we are in global warming as the ice sheets continue to melt owing to the core of the Earth heating up and with the magnetic field weakening, all in preparation for the next nova blast (although currently the sola minimum is stronger than the heating up so we’re going into global cooling, but it won’t be long before the inner heat over takes any cold effect). Douglas reckons it will be so cold that it will take at least 200 years for enough ice to melt along the equator before anything can grow. And yet where do all the seeds come from and how can any animals have survived all that? And so good luck hiding underground for so long. However as humanity has always survived the pole shift, all I can think of is the angels will ‘en-dome’ the areas of land and people who are needed to survive into the next age, thereby protecting such life from all the extreme ravages everywhere else will suffer.

David and Ben seem to take bits and pieces of both these main theories, and you might also like to throw in the odd big meteor impact from time to time, even during or before the shift, as Bible prophecy sort of infers. David says the Superwave might be what triggers the micro-nova, although apparently the

Superwaves are not as regular as clockwork as Douglas reckons the novas are. So possibly it is a bit of both.

From other things I read, if it's true that the Torah is written so that each verse equals a year, then we've only got a handful of years left before the end of days. Some people say it will be at the Feast of Trumpets AD 2028 (Earth's 6,000 year – different date to the Jews? as they say we're currently in 5780, so with a while to go before the working week completes) when Jesus will return, along with Armageddon happening before that. Then as God's days (a Paradise Day) equals 1,000 Earth years, so on the seventh day He/we rests, enjoying the 1,000 years peace, which for me is possibly the Spiritual Age of the Avonal.

So is the Avonal going to come out publicly 2028 just before the Pole Shift? And for me it's clear that it's not Jesus returning but the Spirit of Truth, "The Christ" being the Christ Light of Truth, as to me manifest by the Avonals. And David reckons Nostradamus says WWIII ends 2028 with the Pole Shift the following year.

As I understand it, the Christian's believe and hope when Jesus comes back at the Rapture, they will be taken to the Promised Land (on Earth or in spirit?), or at least the 144,000, and the Jews believe their Messiah will also take them to the Promised Land on Earth. I think the 144,000 refers to the number of people chosen to specifically do their Healing and embrace the truths of the Avonal Pair, and if that is so, then they representing a small percentage of the population will mean quite a lot of people will survive the Pole Shift to live in the new Promised Land (unless all there will be will be the 144,000), the Earth cleansed of all our current shit, these people being free to live in their Sanctuaries doing their Healing and starting out living truly on Earth – the first people to do so in a very long time.

The part in all of this that currently interests me the most is little bits and pieces I've been reading suggesting something will change on a spiritual level because of all this End Times stuff that will mean those people who survive and move into the Afterlife will be supported in the good with the bad not being tolerated as much. The evil will be eradicated and good rewarded and all people, Jews and gentiles, will live happily together. (This also being what I think the New Agers mean by the ascension into the fifth dimension, that the higher First Mansion World vibration as manifest in the Law of Compensation will be earthed.) That God will punish or reward in equal measure sins and errors or good deeds. All of which to me is suggestive of the Law of Compensation being 'earthed', because this is how it is in the Mansion Worlds. If you hurt another or have done so during your Earth life, so you have to compensate fully for the pain you have caused by suffering it yourself so as you come to know the wrong you have done. (And this doesn't include all the hurt and suffering a parent causes its child, that pain having to be compensated for through one's Healing. It's all pain you've caused another adult, and another child that is not yours, and nature. (All pain you are causing yourself, will also come to light during your Healing, when the Law of Forgiveness comes into play as through ongoing acceptance of being the evil unloving person you are, so you end up feeling okay about it, that it was meant to be, you become more accepting and forgiving, of yourself and everyone else, all as you move toward ending being rebellious.)

And the Law of Compensation being earthed would be done by the Avonals in accordance with the Divine Minister and with the Angels carrying it out. So everyone on Earth who is doing things to harm another will suddenly feel the pain of such transgression, so if that were to suddenly start happening, you can imagine how much turmoil the world would be plunged into as so many of the controlling people would suddenly not be able to continue their power seeking ways. So that would certainly sort everyone out bringing Earth into alignment with the first Mansion World. And that would be a massive spiritual step out of the Rebellion, and would also ensure 1,000 peace because no one would be able to

even contemplate war against another. So those people who survive the Pole Shift will have to either do their Healing; or try and create a 'nice' and 'loving' and 'good' society and world to live in, one that would mirror the first mind Mansion World. So we'd then have the division on Earth as we are having in the Mansion Worlds: Those people intent on doing their Healing and living true to their feelings; and those people wanting to create a 'nice' mind life for themselves. So if there is one way to underpin and support and then skew to one side those people wanting to live true, the first step after or along with revealing the Truths of the New Way, would be to introduce the Law of Compensation. And this would show us all that it was indeed the end of the Rebellion on Earth as in how it has been, a free for all, with no one having to account for their wrongdoing on a spiritual level, that all having to wait until one arrives in the Mansion Worlds.

And along with this, every day for the past couple of months I've had things about the Law of Compensation being given to me 'to consider'. For example, this being the latest: if suddenly the rapist or murder can't rape and murder anymore because the sheer intent to do so would bring so much pain, and were you to still do the bad act, you wouldn't be able to do another as the pain you caused, you'd feel, and it would surely be strong enough to stop you doing it again (all a bit Pavlov's Dog stuff), then how would the victim know they are the victim if they could no longer suffer such atrocities against their will? If you are to feel like you are the powerless victim, that which will one day help you through your Healing to know you were the powerless victim at the hands of your parents and so that's why you are being raped or murdered, without such a severe horrible thing happening to you, how would you actually know how much of a victim you'd feel?

But to counter this, you are a victim anyway (we all are) and surely there are other ways for you to come to that truth and get in touch with those feelings without having to be raped or murdered, as they will come up in various ways through your Healing. So anyway, should the Law of Compensation be introduced to stop such atrocities, thereby denying people that bad experience? When that is what we can experience on Earth, the very extremes of such unlovingness; whereas we can't experience them in that horrific way once the Law of Compensation is in place. But then, does that mean Earth is to remain forevermore an extreme place of sin and evil to be experienced, all so people can keep having such awful experiences? But that defies the point that surely we as a whole are to evolve and spiritually grow, so eradicating once and for all such evil low points in our growth.

So I conclude: fuck with keeping all the shit going just for the sake of allowing people to keep experiencing it! Surely we've all had enough suffering, 200,000 years of it; and if more such horrendous suffering is to be experienced, then surely it can happen on other rebellious worlds (like I know what's best and better than God, still, this is the sort of stuff I bore Marion with as it rattles around in my addled mind). And what would be the point of ending the Rebellion and Default by sending an Avonal Pair if somehow all that evilness was to keep going just so people can keep experiencing such unlovingness? I think, or would hope, that humanity has outworked being the victim enough, so bring on the Law of Compensation.

And another part I've been coming to understand is how we as humanity, and particularly in our fucked state, can't actually help ourselves. We can never live the dream of making Earth paradise for ourselves, because our inner selves are way too fucked, so we need major help, again which starts with the Law of Compensation. So without something like the L of C, for those 144,000 to struggle on doing their Healing and with a very slow dribble of other people wanting to do it, it would take a very long time for humanity to heal itself, and as the intensity of the Spiritual Age that follows the Avonals coming is to quickly lift humanity out of the swamp, then I think the L of C would be needed.

The last thing I want to touch on again is that of the Chosen Ones, the Chosen People. And I can see they had been chosen to receive from the angels information about the course of events through these past 6,000 years or so. They received the Torah, the prophecy, the ability to 'read' it, and also they were the ones able to maintain the integrity of the writings, so they were Chosen to carry at least this part of the Message. (The Christian's blew their part and lost the truths about the Divine Love and also screwed around with the Bible to suit themselves.) However I think their Chosen-ness stops there, they are not special as in they are the ones chosen to survive. They are just as fucked as everyone else, making it harder for them to deal with any superiority.

All the world's religions are going to be in for a bit of shock when the Avonal stands up and says, sorry folks, but I'm the one you've been waiting for, not who you think it is that's coming. And as I read the prophecies from all the religions, the bits I come across on the Internet, I'm beginning to see that if you read the Avonal instead of their Messiah, it's all there. The 'Return of the Light', which means, the return of the Light of the Truth, as carried by a Paradise Pair – the Avonals in this case, is to happen. So it's not Jesus, it's the Avonals, it's not the Jewish Messiah, it's the Avonals, it's not the Mahdi, it's the Avonals. But the tough part is, the Avonals are not coming in support of any one religion, but in bringing a whole new one – The Religion of Feelings. The so called spiritual masters of these religions might come to satisfy their beliefs, however those people will just be an ordinary mortals and not someone divine.

And the final, final thing I've been thinking about lately is that I think it comes down to two factions of the Jews having it out. There are the sort of non-Jews, the hidden controllers, the Rothschilds and all that lot, who are and have been in control for a long time; and then there are the opposing other Jews, which seem to be backed by the Zionist Christians, of which Trump is one. So Trumps lot, which includes I think the Israelis, want to take over the world from the hidden controllers who've mostly been supporting the global socialists and Democrats. So it's the Jewish factions at war with each other, with Trumps side (together with Putin) seeming to be gaining power by the day. And then there seems to be just the ordinary Jews who don't want any part of it, wanting to be just left to get on with their lives in their true Jewishness. So the End Times leading to Armageddon are all about which Jewish side will be the main controller going into the Aftertimes. However they don't understand, that it doesn't matter who wins because neither of them will be able to control as they have done, owing to the spiritual disruptions brought about by the Avonal Pair. All of which is contingent upon there really being an Avonal Pair, and that it not just being a nice fantasy of mine. Sorry to have to keep boring you with that end statement, but until I've finished my Healing – you know how it is... I sound just like Gran: James, until you finish your... then your life will begin. And I'm still waiting Gran.

So I am hoping that at the end of this year – David Montaigne's time, Marion and I will conclude our Healing. It's a spiritual change and marker that the end of Mary's and Jesus' age has happened, without there being the Pole Shift as he's written about. And then, possibly with John's Solid Investment help, we'll prepare ourselves for the public revealing – maybe 2028. Then seven years after that we'll withdraw, our work done, then to move into helping those people do their Healing and prepare for the Pole Shift or micro-nova. Or if that doesn't happen, as I am still open for it to happen even at the end of the 1,000 years of peace, then just finish our lives accordingly. As to how Marion lives another day astounds me, so she will really have to be 'embraced by the angels' (as they tell me will happen to us both and to everyone who completes their Healing) to keep going for so much longer.

JOHN'S MUSINGS

Saturday, 14 December 2019

John: Hi Nanna Beth and company

It is reasonable to say that I feel like I am in a mixing bowl with the beaters going in all directions.

I continue to anticipate that all hell is going to break out in numerous directions and the show will move rapidly into being a reality.

That is, not only will the Solid Investment fund pass into the control and management of our Princess Warrior, Crystal, but other programs that are complementary will unfold into being active with a steady release of funds for Jeffrey and Peter, in particular, with possible releases occurring for a couple of other parties that we have marginal connections with.

As of today, has there been any contact by lawyer 3 of the Solid Investment daisy chain with lawyer 4, being Crystal's lawyer, be it secretary to secretary or even lawyer 3 with lawyer Doug?

Is there a program to get this final step completed and what might that now be?

If the courier package is not delivered to lawyer Doug's office by Friday, 20 December, then the Christmas / New Year's day holidays will put this program on 'ice' until 6 January 2020. Do you suspect we will have to endure that delay?

Nevertheless, Jeffery appears to be steadily, though slowly, moving to a point where he will be able to commence the work that he envisages throughout the Pacific Island nations, starting with Vanuatu, and that looks like being explained to us this Friday, 20 December.

Further, Peter looks like being able to explain the way forward for the Hong Kong sourced agriculture fund, also this coming Friday.

This does appear to be the beginning of the delivery of what we are to do to bring about global awareness of the Revelations that James has penned throughout his many writings and also guided into most of the Pascas Papers. It is an enormous set of material.

Will Crystal experience difficulties and frustrations in opening and gaining access to the information within the Courier's package? Or is this well addressed in what is to be progressively delivered to her?

Sometimes I feel that I am in angel gear and rolling along on the seat of my pants (sometimes on fire!) and clueless as to what I am supposed to do – but just doing it, whatever it is that I do!

In this regard, for Pascas to put into the communities around the world all that is to be distributed and in a manner that the material cannot be lost due to the numerous modalities and locations to be engaged with, then a clear run at this will take all of five or six or more years to achieve. Then James and Marion can put on the greatest show on Earth and then we can say that it is then up to individuals to consider as they feel inclined however the revelations and guidance is within reach of everyone in numerous languages and formats. Something like that.

Yes, I sure do appreciate old friends coming back into my life with a passion to get this done – this has been absolutely a joy to me.

And it is great to be able interact with you in this manner.

cheers for now and thank you, John

Saturday, 14 December 2019

James: (And I'd prefer to just keep this 'message' between you and I John. Really I don't want people to get all whatever over the Avonal stuff. I just want to quietly work toward resolving my Healing as there's nothing to be gained getting people revved up about it.)

Nanna Beth, 3rd Celestial Heaven: Hello John, it's all coming to an end as in how it has been with us to you. I am no longer going to comment on the day to day proceedings, that is for you to work out for yourselves. So in answer to your questions concerning the lawyers and so on, about the funding, about how you might 'get the job done', we've said enough, it's all there, and it will unfold as required, just as it has been all the way along with those people concerned with it.

It's important at this time for Marion and James to be left alone by us as they are to look to themselves now, it all going to come directly through them, with us slotting in by their sides and in support. Up until now we've been at liberty to organise and prepare things, you included John, but now as we've got everything in place and in readiness, so we are all just adding the finishing touches for the 'main event'.

It is very important that you on Earth 'do it all yourselves', we're to be your 'silent partners', we'll be working behind the scenes and mostly you won't know or be aware of what we are doing, however you are not to rely on us, not even look directly to us for guidance, only to yourselves. Humanity on Earth has to get itself out of the Rebellion and Default by itself, and you've got all you need now to do that.

There will come other people who can see and readily talk with us Celestials, and we will enjoy having a working relationship with them, but for now, it's crucial that we don't directly interfere with you. Marion and James have given you more than enough to ensure the Revelation goes according to plan, with all the required information 'on the table' so to speak. They will for the remainder of their lives be more forthcoming with more information and deeper understand about all the aspects of their Revelation, but first the need to complete their Healing, that it is the main agenda in all of this, because if they don't, then nothing will happen, you may as well throw it all in the bin and wait for another Avonal Pair to be sent out from Paradise.



And as they are powerless to make their Healing go any faster, so we wait for our Heavenly Mother and Father to move and inspire us to get the job done.

I want to stress how much of a crucial time this is now. You could say humanity's future hangs in the balance on higher spiritual levels. And because of that we Celestials are moving back into the background. All the inspiration and guidance you seek will come to you all, to all who are to be

involved when required, you can be sure of that. And I know it's hard John when you feel like you're in the blender and all at sea, however everything has been planned to a tee, so you have nothing to worry about. You will have the usual problems with some people and projects, however nothing that you won't be able to solve, and it will all unfold without causing you any real stress John – I want to stress that!

So I can't tell you anything about the future other than sit tight attending to what you must, and within a relatively short time you'll start to see the direction more clearly that you are supposed to take. So just be open and not fixed about any of it; until Marion and James finish their Healing, it's still 'anyone's game', and once they have, then everything will start to change and slot into place. There is a massive wheel slowly turning, people will come to you from all over the place to help you as required. **Many people at this time want something new, and something Really New, not just new yet which is more of the same old stuff. Many people can see that things don't work, that over and over again over the years people try to solve the world's problems and yet it might be a patch up job for a moment but then the same problems reassert themselves. So when you start 'reaching out' then people will begin to realise that this is Very Different and within it there might be some chance of real change.**

Once James has completed his Healing he will receive a full set of personal revelation that will help him steer the course the Mother and Father want humanity to move along. So he'll be able to help you work out what to consider and what to let go. There is still a little time yet before things get rolling, still a little more truth for Marion and James to bring to light, then you'll all be under way.

So really there is nothing further I can add at this stage. It's as if we've got a gag order placed on us, because as I said, you are to work it all out for yourselves.

And when it does really get going, when the angels come into play, well then you'll be able to sit back and marvel John, as will we all.

All my love to you and your family. Attend to the girls as they seek your advice and counsel, just listen without trying to solve.

I will still remain in touch and when we're 'over the line' then I'll be able to be more forthcoming once again. So until then – love Nanna Beth.

(I thought about asking Nanna Beth other things, yet it's the same for me, nothing readily coming forward. So it's plodding on day by day, longing for the truth and longing for my Healing to end.)

Kinesiology Muscle Testing:

Saturday, 14 December 2019

Lawyer 3 from Kentucky has contacted Lawyer 4 (Doug's) office.	yes
Lawyer 3 has communicated with Doug's secretary.	yes
Lawyer 3 has communicated with Lawyer 4 Doug.	Yes
Lawyer 4 Doug knows the package is for Crystal.	No
Lawyer 3 was 'appointed' by the Price mole in the Courier controller's office.	yes

The Price mole anticipated that lawyer 3 would go on a drinking binge.	yes
The courier controllers have the situation under control.	yes
The courier controllers will use their backup plan.	no
The courier controllers aim to have the package delivered this coming week.	Yes
On Wednesday 18 December.	yes
They intend for the package to be delivered to Doug and Crystal together.	yes
A subsequent package will enable Crystal to open the document package.	Yes
Wednesday delivery is the first delivery.	Yes
When is the second part of delivery? Thursday.	Yes
Is there more to this than what we have observed above?	Yes!!!!

Graphics for Cover Pages of JM Books:

Saturday, 14 December 2019

Hi James,

There is a special character and style of the graphics that you have brought together on the covers of your books.

Those that have images are of nature and with a lot of vibrant green – they hang together.

Also, i suspect, are open source images – free of copy right issues.

Considering that these books / writings will be a group representation then the pattern should flow through all these major works.

Speaking with Mary Magdalene and Jesus series of 4 books, the images complement each other.

However the image for blog3 of the 4 books is rather dark and in conflict with the others of the series.

Also, Rejected Ones, Messages from Mary & Jesus 1 & 2, with Verna are without images.

May I ask you to gather more images of your liking for consideration for all of these books so that the 'feel' of the covers hang together as a grouping please?

As we go on, it is to be considered that the books would be of varying quality:

High quality family collection for handing down through the generations (a little more expensive).

Hard cover but bulk production for universities, schools, and book store volume distribution.

Soft cover mass distribution. As low cost as possible but long term durability.

Priority is in bringing these into production. Firstly onto websites. After appropriate reviews, then into print production runs.

It does not matter how many times they are tweaked and updated on websites but the print production runs should be close to be the finals but later editions will still be tweaked as we go along.

First of all is to settle on how they are all to look and feel.

something like that.

John

Regarding the book covers, I didn't know what to do with them, I thought other people might have some idea, so I just put nice images of nature – some of my favourite fish. I thought, or always imagined, that I'd be able to discuss such things with a graphic designer or someone, however if you want me to do them, then sure, I can select images. But I've not tried to put them in any format, but I guess I could. The one you said was too dark, I think it's the golden Koi in the pond, I don't see why it's dark, the next one with the stripy fish is darker. I had wanted to get all the fish and the mantis up close, so they were looking at you, so I'd have to dig around more to replace the Koi however it's a beautiful fish and I wanted people who loved and knew their fish to get a thrill seeing them knowing I love those fish too. I'd put fish, some beautiful crystals, and other lizards and insects where it left up to me. I've got a collection of them somewhere I think, as I used a lot on my websites so I'll have a look for them. And yes, I tried to make sure they were all free to use. And as I re-read them, which I'll start doing next year if nothing happens so far as my finishing my Healing, David or no money appears and things are still relatively quiet with the spirits, because I'll be so bored I'll be forced into it. I've got the final movie (final as it's the only one left in my head) to write, possibly over Christmas when the BB is closed. It's still coming together as to what I want to say in it. Then I really am done.

Friday, 20 December 2019

James: “I have finished my healing – but now I do not know what to do!”

Well, not exactly, there are no more repressed memories to deal with. Marion and James are both deal with healing at opposite ends of the spectrum. Thus it is impossible to understand where they each are in their progress to heal themselves of the imposts of the Rebellion and Default, their childhood repression and suppression imposed upon them by their parents.

PEACE ON EARTH

Christmas 25 December 2019

The underlying work of Pascas is to provide for humanity, that is each person who so chooses to know, the sure knowledge, that to live as a collective community, celebrating individual diversity, independence, and collective togetherness, is to secure the needs of every man woman and child.

Brian Iverach

Putin's Now Purged the West from the Kremlin

https://www.zerohedge.com/geopolitical/putins-now-purged-west-kremlin?utm_campaign=&utm_content=ZeroHedge%3A+The+Durden+Dispatch&utm_medium=email&utm_source=zh_newsletter

Tyler Durden Friday 17 January 2020

Authored by Tom Luongo via Gold, Goats, 'n Guns blog,

It came as the biggest shock of the day on Wednesday 15 January 2020. The Russian government resigned. The day before President Vladimir Putin gave his State of the Nation address and outlined a slate of constitutional changes.



That speech prompted an overhaul of Russia's government.

Putin's plan is to devolve some of the President's overwhelming power to the legislature and the State Council, while beefing up the Constitutional Court's ability to provide checks on legislation.

From TASS:

In Wednesday's State of the Nation Address, Putin put forward a number of initiatives changing the framework of power structures at all levels, from municipal authorities to the president. The initiatives particularly stipulate that the powers of the legislative and judicial branches, including the Constitutional Court, will be expanded. The president also proposed to expand the role of the Russian State Council. Putin suggested giving the State Duma (the lower house of parliament) the right to approve the appointment of the country's prime minister, deputy prime ministers and ministers.

The bigger shock was that in response to this Prime Minister Dmitri Medvedev dissolved the current government willingly and resigned as Prime Minister.

Within hours Putin recommended Federal Tax Service chief, Mikhail Mishustin as Prime Minister. The State Duma approved Putin's recommendation and Mishustin was sworn in by Putin all within a day.

While this came on suddenly it also shouldn't be a surprise. These changes have been discussed for months leading up to Putin's speech. And it's been clear for the past few years that **Putin has been engaged in the second phase of his long-term plan to first rebuild and then remake Russia during his time in office.**

The first phase was rescuing Russia from economic, societal and demographic collapse. It was in serious danger of this when Putin took over from Boris Yeltsin.

It meant regaining control over strategic state resources, rebuilding Russia's economy and defense, stabilizing its population, getting some semblance of political control within the Kremlin and bringing hope back to a country in desperate need of it.

Hostile analysts, both domestic and foreign, criticized Putin constantly for his tactics. Russia's reliance on its base commodities sectors to revive its economy was seen as a structural weakness. But, an honest assessment of the situation begs the question, "How else was Putin going to back Russia away from the edge of that abyss?"

These same experts never seem to have an answer.

And when those critics were able to answer, since they were people connected to monied interests in the West who Putin stymied from continuing to loot Russia's natural wealth, their answer was usually to keep doing that.

Don't kid yourself, most of the so-called Russia experts out there are deeply back to Wall St. through one William Browder and his partner-in-crime Mikhail Khordokovsky.

Nearly all of them in the U.S. Senate are severely compromised or just garden variety neocons still hell-bent on subjugating Russia to their hegemonic plans.

Their voices should be discounted heavily since they are the same criminals actively destroying U.S. and European politics today.

In the West these events were spun to suggest Putin is consolidating power. The initial reports were that he would remove the restraint on Presidential service of two consecutive terms. And that this would pave the way to his staying in office after his current term expires in 2024.

That, as always when regarding Russia, is the opposite of the truth. Putin's recommendation is to remove the word "consecutive" from the Constitution making it clear that a President can only ever serve two terms. Moreover, that president will have had to have lived in Russia for the previous 25 years.

No one will be allowed to rule Russia like he has after he departs the office. Because **Putin understands that the Russian presidency under the current constitution is far too powerful and leaves the country vulnerable to a man who isn't a patriot being corrupted by that power.**

There are a number of issues that most commentators and analysts in the West do not understand about Putin. Their insistence on presenting Putin only in the worst possible terms is tired and nonsensical to anyone who spends even a cursory amount of time studying him.

These events of the past couple of days in Russia are **the end result of years of work on Putin's part to purge the Russian government and the Kremlin of what [The Saker](#) calls *The Atlanticist Fifth Column*.**

And they have been dug in like ticks in a corrupt bureaucracy that has taken Putin the better part of twenty years to tame.

It's been a long and difficult road that even I only understand the surface details of. But it's clear that **beginning in 2012 or so, Putin began making the shift towards the next phase of Russia's strategic comeback.**

And that second phase is about taking a stable Russia and elevating its institutions to a more sustainable model.

Once birth rates improved and demographic collapse was averted, the next thing to do was to reform an economy rightly criticized for being too heavily dependent on oil and gas revenues.

And that is a much tougher task.

It meant getting control over the Russian central bank and the financial sector. Putin was given that opportunity during the downturn in oil prices in 2014.

Using the crisis as an opportunity Putin began the decoupling of Russia's economy from the West. During the early boom years of his Presidency oil revenue strengthened both the Russian state coffers and the so-called oligarchs who Putin was actively fighting for control.

He warned the CEO's of Gazprom, Rosneft and Sberbank that they were too heavily exposed to the U.S. dollar this way in the years leading up to the crash in oil prices in 2014-16.

And when the U.S. sanctioned Russia in 2014 over the reunification with Crimea these firms all had to come to Putin for a bailout. Their dollar-denominated debt was swapped out for euro and ruble debt through the Bank of Russia and he instructed the central bank to allow the ruble to fall, to stop defending it.

Taking the inflationary hit was dangerous but necessary if Russia was to become a truly independent economic force.

Since then it's been a tug of war with the IMF-trained bureaucracy within the Bank of Russia to set monetary policy in accordance with Russia's needs not what the international community demanded.

That strong Presidency was a huge boon. But, now that the job is mostly done, it can be an albatross.

Putin understands that a Russia flush with too much oil money is a Russia ruled by that money and becomes lazy because of that money. Contrary to popular opinion, Putin doesn't want to see oil prices back near \$100 per barrel.

Because Russia's comparative advantage in oil and gas is so high relative to everyone else on the world stage and to other domestic industries that money retards innovation and investment in new technologies and a broadening of the Russian domestic economy.

And this has been Putin's focus for a while now. **Oil and gas are geostrategic assets used to shore up Russia's position as a regional power, building connections with its new partners while opening up new markets for Russian businesses.**

But it isn't the end of the Russian story of the future, rather the beginning.

And the slow privatisation of those industries is happening, with companies like Gazprom and Rosneft selling off excess treasury shares to raise capital and put a larger share of them into public hands.

Again, this is all part of the next stage of Russia's development and democratising some of the President's power has to happen if Russia is going to survive him leaving the stage.

Because it is one thing to have a man of uncommon ability and patriotism wielding that power responsibly. It's another to believe Russia can get another man like Putin to take his place.

So, Putin is again showing his foresight and prudence in pushing for these changes now. It shows that he feels comfortable that this new structure will insulate Russia from external threats while strengthening the domestic political scene.

[Gilbert Doctorow has an excellent early reaction](#) to this dramatic turn by Putin which I encourage everyone to read in full. The subtle point he makes is:

To understand what comes next, you have to take into account a vitally important statement which Putin made a few moments before he set out his proposed constitutional reforms. He told his audience that his experience meeting with the leaders of the various Duma parties at regular intervals every few weeks showed that all were deeply patriotic and working for the good of the country. **Accordingly, he said that all Duma parties should participate in the formation of the cabinet.**

And so, we are likely to see in the coming days that candidates for a number of federal ministries in the new, post-Medvedev cabinet will be drawn precisely from parties other than United Russia. In effect, without introducing the word "coalition" into his vocabulary, Vladimir Putin has set the stage for the creation of a grand coalition to succeed the rule of one party, United Russia, over which Dimitri Medvedev was the nominal chairman.

The end result of this move to devolve the cabinet appointments to the whole of the Duma is **to ensure that a strong President which Putin believes is best for Russia is tempered by a cabinet drawn from the whole of the electorate**, including the Prime Minister.

That neither opens the door to dysfunctional European parliamentary systems nor closes it from a strong President leading Russia during crisis periods.

Once the amendments to the constitution are finalised Putin will put the whole package to a public vote.

This is the **early stage of this much-needed overhaul of Russia's constitutional order and the neocons in the West are likely stunned into silence** knowing that they can no longer just wait Putin out and sink their hooks into his most likely successor.

Sometimes the **most important changes occur right under our noses**, right out in the open. Contrast that with the **skulduggery and open hostility of the political circus in D.C.** and you can see which direction the two countries are headed.

SEVEN SPIRIT EARTH PLANES

20 January 2020

James: Hi John, I think these seven Earth planes need to be put in context with the Mansion Worlds. So adding something like: these seven spirit Earth planes are wholly and only directly associated with the physical world of Earth, each physical earth having seven such associated planes. And they are separate from the seven Mansion Worlds, all of which themselves have seven such planes directly associated with each of them.

And then you could add: We start our eternal existence by incarnating, even if it's just for a moment, onto a physical world like Earth. Then when we die, we move into the seven Mansion Worlds, which can be likened to probationary worlds, worlds in spirit through which we correct all that's wrong within us, including if we've hurt other people or creatures very badly, needing to compensate for such suffering we've caused in others by suffering ourselves in one of the two lower Earth planes commonly called The Hells.

Other than the two lower Earth planes, we mortal spirits can't live in the other five Earth planes, they being reserved for the angels, nature spirits and other higher spirits.

The geography of the seven Earth planes is based on, so the same as, Earth, whereas the geography of the seven Mansion Worlds is unique to each world. So on Earth it's conceivable that your physical home could also be used by nature spirits, angels and higher spirits for their needs in the higher Earth planes, as well as being used by spirits confined to the two lower Earth plane – Hells. So these seven other dimensions, all focused on your home – a lot could be going on! However more than likely the reality is, the lower two Earth plane hells have spirits congregating in the more darker seedier places of the physical world, or in the prisons and more isolated places if they are to spend time in isolation. While the nature spirits, angels and higher spirits would reside in their higher Earth planes mostly away from dense populations of humanity, so more in the remote unpopulated areas of the world. The planes although each being separate to each other and the physical Earth, and not interfering or influencing each other, still have some bleed-through of energy, to affecting them in certain ways. As you can imagine, I don't think the angels would set up one of their main meeting and administration centres over one of Earth's most densely populated, corrupt and polluted cities, not unless the higher angelic light was to in some way to affect those people on Earth.

And by and large, we on Earth have very little consciously to do with any of the spirits or angels in the Earth planes. Some people feel emotionally, mentally, psychically and even at times physically disturbed or influenced by spirits in the two Earth plane hells, although really there is little direct interference from them. Such things as scary ghosts and knocking noises and all the dark scary poltergeist stuff comes from these wayward, lost, 'dark' and evil spirits still trying to have nefarious control over people on Earth, all of which really is relatively harmless other than in exceptional cases. And mostly we on Earth are totally unaware of our attending nature spirits and angels, and even more so of any higher spirits that might be visiting us or Earth.

For spirits and angels to get the closest to us physically that they can, is done so by them being in the relevant Earth plane. During a Divine Love meditation or prayer for example, it's conceivable you might have in attendance in the various Earth planes and unbeknownst to you: dark spirits of the two Earth planes that want to try and redeem themselves so are brought to attend your prayer or meditation; you might have nature spirits there as well; you will have your attending angelic pair together with other angels; and you might have other higher spirits who are required to help you in your thoughts or feelings to progress in your spiritual development; and then you might also have other Mansion World or Celestial spirits attending you in the relevant Earth plane, including even from the Hell planes should the

spirits want to get as close to you as they physically can. A lot of Mansion World spirits descend into the lower two Earth planes, the Hell planes, so as to be close to their loved ones on Earth, being able to do so without being affected negatively by the ever-present Hell plane spirits by adjusting their spiritual light so to keep them at bay.

Para 2 Each plane is predominantly for one group of spirit or angel personalities

7th Earth Plane being for visitors from Havona and Paradise, together with the Daughters and Sons of God...

6th Earth Plane being for visitors from the higher levels of our Local Universe. Higher Daughters and Sons together with higher Angels.

5th Earth Plane being for visitors from the Celestial Heavens and higher angels and spirits from other parts of Creation, including Finaliters.

4th Earth Plane being exclusively for Angels, some of which have evolved from Nature spirits.

3rd Earth Plane is the exclusive domain of Nature Spirits many of who are derived from creature life experience on Earth.

2nd Earth Plane – a ‘Sphere of Isolation’ from which one progresses having settled the Law of Compensation, allowing entry into regular spirit life in the 1st spirit Mansion World.

1st Earth Plane – the deepest and darkest ‘Sphere of Isolation’ and closest to Earth. A plane allowing spirits to live in their state of hell because of their grievous inclinations to cause harm to others.

It should be noted that to qualify for life in the Hell planes comes about because of the state of ‘hell’ that already exists within the person who acts out such hell on others. We only cause harm to others because the harm was caused to us through our childhood. And instead of dealing with and honouring our own pain, taking full responsibility for it, we block it within ourselves thereby taking it out on others by making them suffer the same degree of pain we’re suffering. Those people who harm another person or creature will at some point suffer the degree of pain they have caused in the other person when the Law of Compensation acts upon them during their time in the Hells. They have to ‘balance the books’ so as to help them understand that it was wrong to do what they did to the other person or creature, for them to understand by directly feeling the pain they have caused. And once they have felt it all, ‘paid for their spiritual crime’ against the will of another, then are allowed to resume regular spirit life in the Mansion Worlds rather than being kept separate in the Earth Hell planes. And somehow during the time of ‘paying the price’ they are healed of their need to hurt and harm others so they can move into the regular spirit Mansion World population no longer looking to, or with the need to, hurt and cause suffering in other spirits.

And it is highly possible that at some point, and even possibly quite soon, the same Laws of Compensation that apply to those spirits having to live and ‘do their time of suffering paying for their crime against another’ will be applied to and on Earth. So with many bad people suddenly being forced into the ‘hell of their own making, the hell that resides in them’. So doing some or all of their ‘Hell Time’ whilst on Earth, then completing it when they get to spirit by having to enter one of the two hell Earth planes, or no longer needing to spend any time in them if they’ve ‘served their time for their evil crime’ when on Earth. Should the ‘earthing’ of the Law of Compensation come about, thereby bringing the Earth into direct alignment with the First Mansion World, then as you can imagine, things will drastically change on Earth, with anyone merely having the intent, let alone actually carrying out the sinful act, having to immediately suffer compensation for their unloving action and motivation. With the compensation being lived by feeling such intense guilt and all the other bad feelings for the bad thing you have done, coupled with pain so bad and so ongoing that you enter into a state of perpetual begging for forgiveness and to be released from your suffering, that very same suffering you caused another person or creature to suffer.



Hello Forum Members

24 January 2020

Having now listened to the above referenced Gregg Braden’s video recording, may I point you to a most incredible reality. The Library Download section of www.pascashealth.com contains the highest level of spiritual truths of any website, well any resource, on the planet. The individual topics that can be independently downloaded are the direct culmination of guidance and information provided by high level spiritual authorities that have been providing humanity through these works to the many questions and corrections to pre-existing writings that humanity is to become aware of. This library is extensive and one may take their time to ponder their individual questions. Living Feelings First is the underlying change that we are to embrace in our lives for humanity to progress.

Blessings
Bishop Brian Iverach

Subject: Spending money

Date: Tue, 25 Feb 2020

From: James Moncrief

To: John Doel

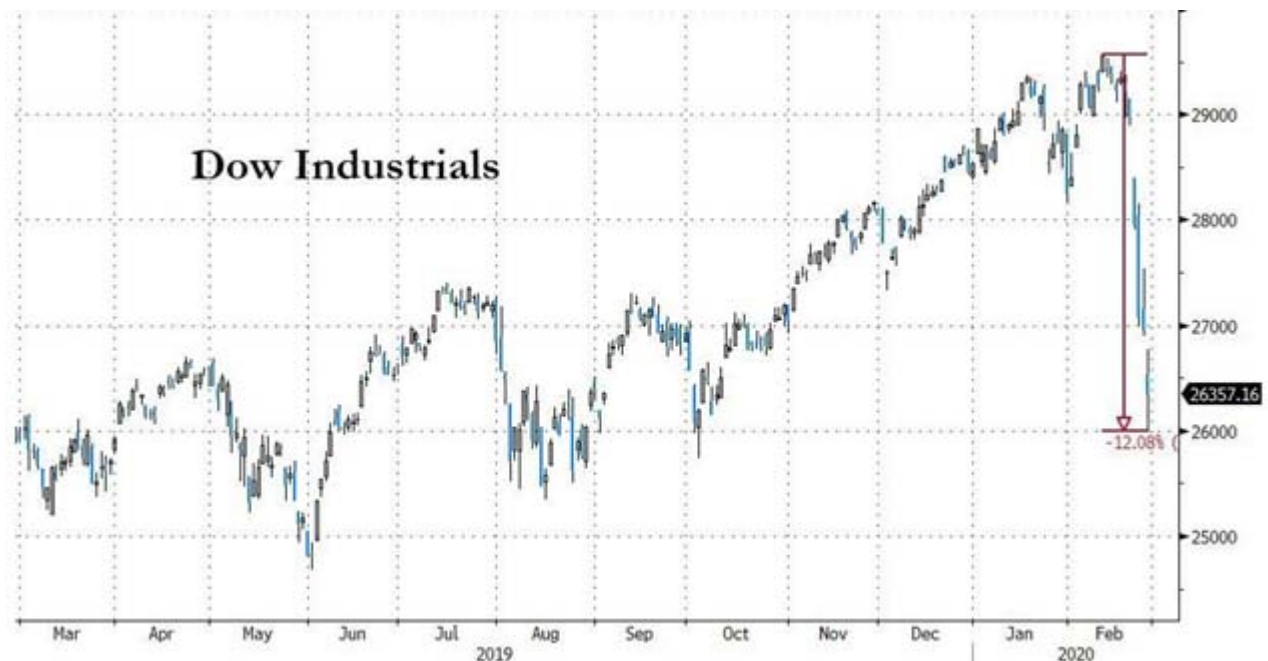
WONKING MIND

Howdy, something that's been wonking through my mind since we spoke yesterday, it's to do with what are we going to spend all the money on? I can image building Sanctuaries, movies, books, etc and all your Pascas stuff, yet still, if all the three funds come together like you're hoping – why so MUCH money?

And it occurred to me that perhaps we are to use the money to create a 'Soft Landing' economically for the world if and when the Law of Compensation is brought to bear. Because if it is introduced, with conceivably most of the worlds controlling people being in finance, head of companies and politics and being affected the most by it, causing such companies and governments to falter and fail, so it might be necessary with all that money to prop things up a bit whilst less affected people can step in taking over all the empty spaces created by all the 'bad' people being plunged into their own private hells. And I know we've touched on it, but I wanted to write it for the record and to tell you that it keeps going round in my mind, and when that happens, I usually end up taking it a bit more seriously, or at least giving it a little more time thinking the repercussions through, of which as you can imagine, will be many.

STOCK MARKET SWINGS!

Saturday, 29 February 2020



Well Nanna Beth, ever so-close to the 30,000 DOW Jones threshold, however we are ever so-close to obtaining the Package that Kingpin Rothschild is having delivered to us. The second target is more than acceptable to me – and hopefully humanity!

The Dow Jones Industrial Average (the Dow) is the index of the 30 top-performing U.S. companies. The highest closing record is 29,551.42 set on 12 February 2020. By late Friday, 28 February 2020 the index had dropped to 24,812.48.

The Dow has collapsed from a record high into 'correction' in the space of just six days. As we detailed earlier, **this is the fastest collapse from an all-time peak since 1928, just ahead of The Great Depression:**



Within a couple of weeks, sentiment has swung from euphoria to depression. Wow, just how quick can attitudes change – from bull to bear!

Yet the world is awash with money! As discussed with Peter, the combination of the ‘Asian Heritage Fund’, the ‘Hong Kong Agriculture Fund’ and the ‘Pascas WorldCare Global Humanitarian Fund’, these global endeavours together with the Great U-Turn revelations are a quantum shift in direction for humanity.

All around us there are now break downs in supply lines and compounding affects of the lack of leadership within nations and communities that are shaking the foundations of all existing social norms.

As James suggests, the task for the through Funds is even more profound than a passive role in the background, it does suggest that we may have to consider a more assertive role of ‘propping up’. Time will tell. However, it is truly beyond my wildest imagining.

Cheers John

MATTERS ARE MARSHALLING

Monday, 2 March 2020

James: Hi Nanna Beth, big developments in the Stock Market with the Dow almost reaching 30,000, it got to nearly 29,600, then with this Coronavirus panic from China closing it's factories and the economy looking like it's almost going to grind to a halt, so the Dow plunged last week down to settle at the moment around 25,000. And John was wanting to say hello to you and to Kevin and Kathaleen and so see what you had to say about it, and anything else.

Nanna Beth, 3rd Celestial Heaven: Just a momentary short term glitch James, buy dip as has been the winning strategy these past years as you read, not that you have any money to do that. Everything will settle down, so our angels tell us, it was they who told me it would get to the 30,000 but they didn't tell me how, so with all the ups and downs along the way, nor when it would, and I don't care one way or the other, it was just for you. And still they maintain that it will go beyond 30,000, but as to when, that again has not been forthcoming. The world is to carry on, the virus is not as bad as the authorities are making out, it's in the controller's interests to have this 'correction' in the markets because it was getting too over heated, and as you read, some people are using it to put pressure on Trump, whereas Trump's faction will use it to perfectly time it's renewed ascent with his being re-elected. Trump's lot are gaining more control by the day, the other side as represented by the Democrats and those within the Republicans against Trump are losing ground, and are not knowing what to do because they've had it there way for so long. So he's knocking them aside like skittles on a bowling alley. The world is to hang together for a little longer yet, all so John, Peter and Jeffery can get their work happening. And it's all going to happen James, as you surmise, imagine and hope. But it will happen when the time is right, which we're not allowed to tell you about, so it drags on as it has done, which as you and John were saying the other day on the phone was what was needed for each of you in your different ways to help you prepare for it all, and to understand what it will all be about and what's at stake.

The part about the current situation in the world is the Syrian crisis with Turkey wanting more control which is putting a great deal of pressure on the Russian's as to how much do they want to get involved, and if they do, what will it lead to. It's one thing to fight proxies that are a mishmash of different militias by supporting the Syrian's, yet it's another thing to fight against another sovereign state that is invading. So do they let Syria go, or do they fight more, and do they want the whole Middle East to end up in an Armageddon conflagration when all the prophecies say that's what's going to happen, or do they want to try and change such future warnings. Hard decisions to make, however circumstances will decide their course of action for them, which I can't say anything more about.

James: And still I'm reading more about these weird 'alien' craft that do things to affect the world.

Nanna Beth: All left over technology that is operating by pre-programmed systems from past Pole Shift ages. Much of the ancient technology worked by remote control, there being systems unknown in this current Pole Shift age that could be empowered and put in place to keep things in order within the system back then, but then the Pole Shifts disrupted most of that, leaving remnants of it which interact and affect some of what your controlling governments do today. So the governments have to learn how far they can go without triggering the reaction of one or more of these past controlling systems and their machines. It's still not aliens James, still all 'home grown' technology, only your governments still want to keep the public ignorant because it would open the feared can of worms whereby the people will be able to see how controlled they are along with the dreaded fear of a pending Pole Shift. The last thing the governments want is for the whole world to demand the governments save them, so everyone wanting to go underground when it gets close to the Shift. But still they let a little information seep out and allow others to investigate it on the fringe because they need such people to help them work out

what is going to happen, and they need a certain awareness in the world about it so they can deal with the people they'll want to include in the End of Days.

James: It's always so weird talking with you about all of this Nanna Beth, because it's all just fantasy still in my mind, no reality to it, and you like John, I guess it runs in the family, talk about these things that are going to happen and are happening and yet nothing is real yet.

Nanna Beth: I know James, it all being part of the pressure we're to exert on you, with John playing his part just as I play mine. It all being what you need to help you work through all that you need to. And really none of it matters whether or not any of it actually manifests, because it's all about the truth that comes to light in both you and Marion and then in those other people doing their Healing. That is all that really matters, all the rest is just what it takes to help you all grow in truth. And I know it's not very 'spiritual' as such, however it's what living a life of truth is all about, especially when you're all so heavily entrenched in a life with so little real truth.

James: Is there anything else you'd like to say?

Nanna Beth: Kevin and Kathaleen (1st Celestial Heaven) are still settling in, they are close to you John, you could say they are part of your personal advisory team (and only say 'could' because they are still in training, but will become central with you in time), because of your connection with them both. So we work with them and they are getting better at imparting to you the sorts of thoughts and feelings we want you to have about all the things you do. It's still to be focused on you John for the time being, all minimal, and don't worry about Graeme going, for as you feel anyway, not everyone is to be associated all the time, and as you have seen, things will naturally run their course, people will come and go, others will stay. And for the time being, it's for you, what you want and need, and so if someone doesn't fit in with that, no matter how much they might criticise and accuse you of being selfish or self-centred, it is how it is. And it needs to be this way because of what's to come, which if you weren't how you are, wouldn't be happening as it is. And you will need to apply yourself to the work and not be embroiled in difficult emotional stuff that would only distract and drain you. You will have plenty of time to sort out and work through all of that stuff in spirit, so for now you are as you need to be.

The Germans have no idea what is happening to their country. They are still so limited because of the self-blame and punishment they impose on themselves from the war, so they are allowing their country to be overrun with people who are a drain in the system, they can't say no, they are still so desperate to be seen by the world as not being racist and judgemental, being open and all-accepting, whilst at the same time trying to run something as out of control and corrupt as the EU, it being really the last thing they should be involved in at this time. So the stresses and strains will continue until it all comes crumbling down.

There are still inter family Rothschilds negotiations going on, factions within factions, but the changes are working in your favour. And as for anything else about SI (Solid Investment), I still can't say. Still all the same limitations are being applied until such time as Marion and James complete their Healing. And as to how they are going with that, that too we can't say anything further about.

So it's business as usual as you keep doing what you need to do. So again I'm sorry I can't say much about any of it. It's more about what you and James are doing within yourselves, how you are both changing, and still in step with each other, so as to keep you in harmony with each other, as you both work on your different aspects of it all. So it's more about what's going on in the inner levels than what's going on the outside.

Once Peter and Jeffery join up with you, then things will change again and a direction will evolve out of your relationship together.

And so the machinations of the world grind on, with most of the world not having a clue about the spiritual side of things that are transpiring, and it is coming in for something of a rude shock, or forced awakening, and mostly about what it's doing and all it can to avoid.

I will go now James, I've said as much as I can. Until next time we speak...

James: Thank you Nanna Beth.

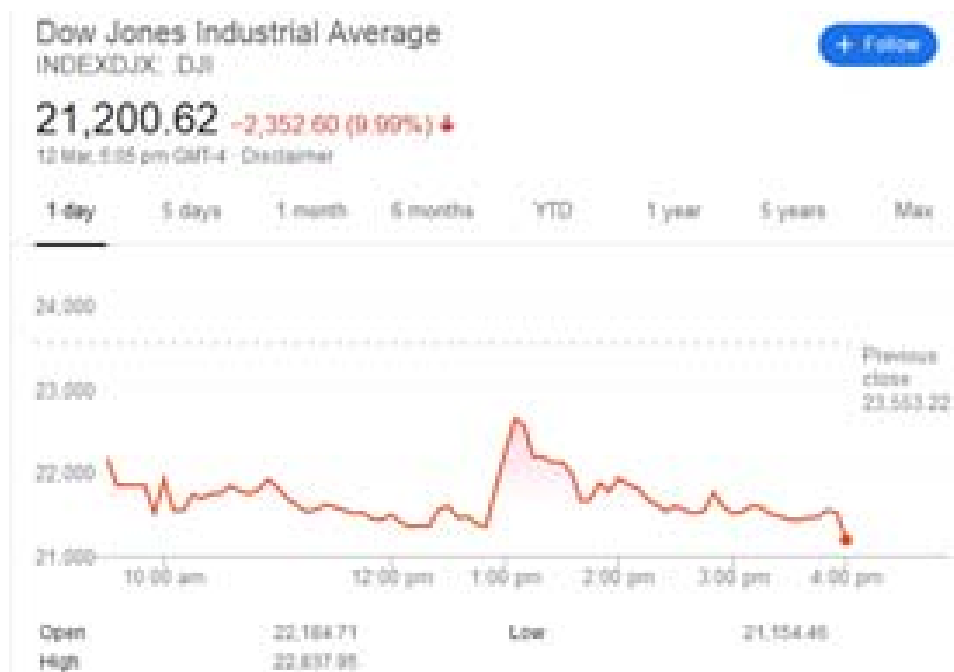
Nanna Beth: Bye now.

This Is Why the Dow Jones Crashed Harder Today Than It Has in 33 Years

- The Dow Jones fell 2,000 points on Thursday despite a historic intervention from the Federal Reserve.
- Pledging more than \$1 trillion in repo interventions over the next few weeks, Jerome Powell is pulling out all the stops to fight the coronavirus.
- Dow bulls failed to take the bait, and the stock market quickly reversed most of its sharp gains.

The [Dow Jones is suffering a grisly meltdown](#), and not even a historic intervention from the Federal Reserve was enough to stop the stock market's bleeding.

Barring a last-minute recovery, the Dow could record its worst daily percentage loss since October 1987 – when it fell 22.61% on “Black Monday” and then 8.04% one week later.



Subject:Pascas Care Kids of the World – Childrens Court
Date:Wed, 11 Mar 2020
From:Brian
To:bomney@parliament.qld.gov.au

Hello Sam, (Queensland state member parliament – Sam O’Conner)

The following and attachment for your information. Thought it might interest you as shadow minister for youth.

Best of luck in the upcoming elections.

Subject: Fwd: Pascas Care Kids of the World – Childrens Court
Date: Wed, 11 Mar 2020 10:22:
From: Brian

Hello Judge Wall,

John Doel is taking a conducted tour of New Zealand arranged by his wife Carolyn.

Before he left we worked on the /Pascas Care Kids of the World – Childrens Court/ content of the pdf attached, incorporating your paper IS THE CHILDRENS COURT WORKING?. John collected much of the information from reliable sources over recent years in preparation for the Pascas WorldCare launch. The sources are reliable and much of the content is spread across the Pascas website library in Pascas Papers. Once we got started on the content of the file just grew some. The topic of Childrens Cout has become a gruesome matter. Might not be /cruel and unusual/ punishment to have youth in custody have access to the file. Awareness is a primary function of the Pascas Foundation.

Our hope is that the information triggers interest from all members of the public, especially those with influence, to get the job done so Childrens' Court functions to rescue children at risk.

Peace,

Brian Iverach

----- Forwarded Message -----

Subject:Re: Blasphemy and Sediton
Date:Wed, 11 Mar 2020
From:Brian
To:John Doel

Like James I promise not to practice Sediton.

This issue is an old saw. Often when a person disagreed with another person, because their key beliefs are at question, they throw B & S mud.

Leaders have little time for such. Listen and then reinforce the message without arguing points. You might just offer that the position be worth consideration if the choice is made to do so. Otherwise let us work together for benefit of all of mankind. Pascas Foundation has a primary commitment to awareness. What the hearer or reader thinks, or feels, is their own business.

Two thousand years ago Jesus was hung for B & S. Things have changed some since then. Since Padgett, TUB and Mary M, through and healing of James and Marion Moncrief, the take over by Celestials, and the beginning in of a new age, overwhelming!

Peace and mercy,

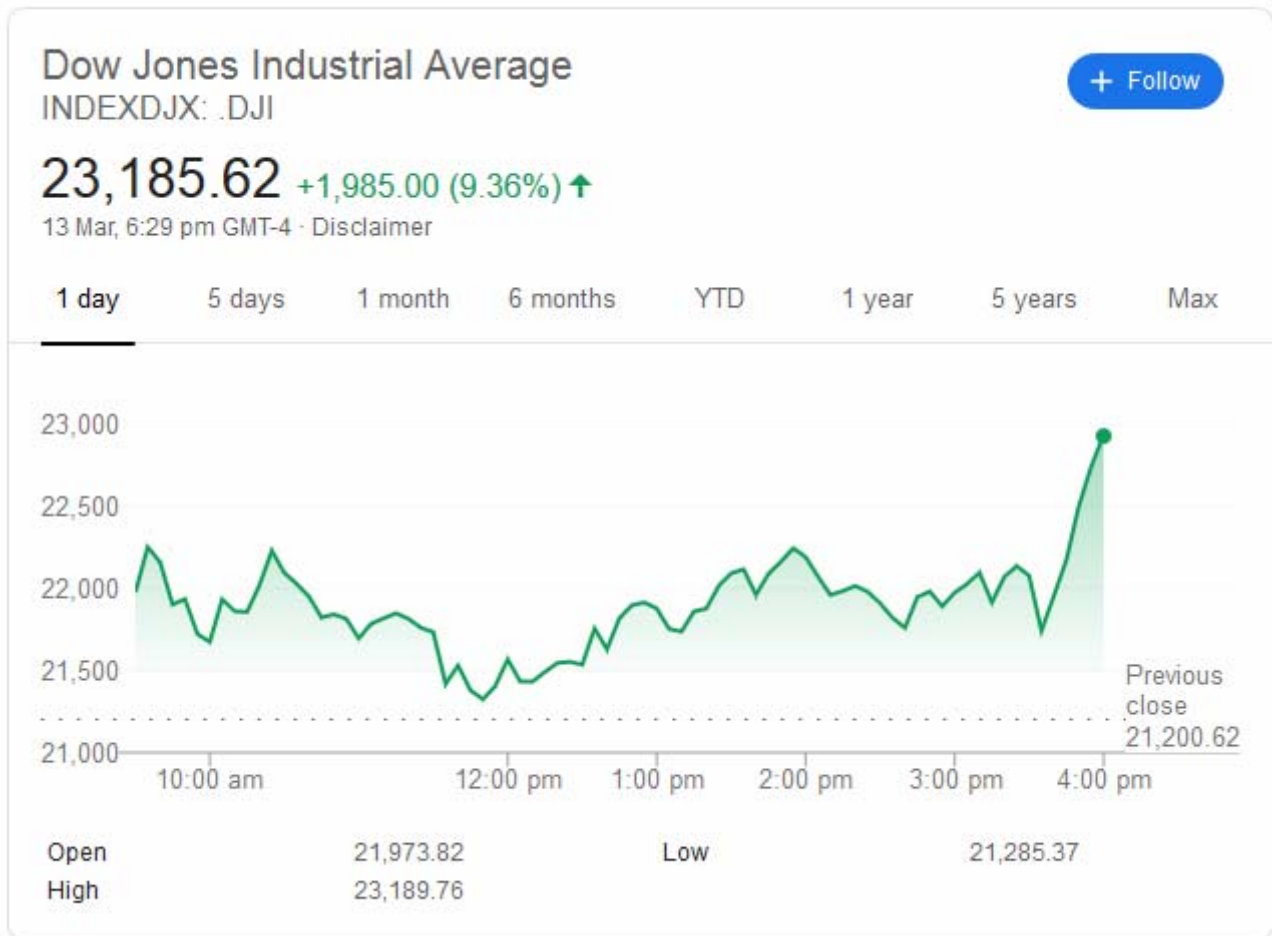
Subject:Blasphemy and Sediton

Date:Sun, 8 Mar 2020

From:James Moncrief

To:John Doel

So far as sedition goes, we won't be inciting rebellion, we're working to show it up for what it is and to help people end it within themselves; and as for being blasphemous, that's subjective – the existing religions will accuse us of it, but we're being true, they are the ones who are evil and in error.



ABOUT the HEALING

James

Sunday, 15 March 2020

Hello everyone, hope you're faring well enough. In case you have to 'self-isolate' (another wacky made up word!) I thought you could do with a bit of light reading – ha, ha. (Covid 19 corona virus pandemic!)

Sunday, 15 March 2020

Hello Sam, John, Eme, Graham, Brian and Jim, I want to pass on an 'update' about how I now perceive what our Healing is and how it will go. Overall, it's still the same as I (and the spirits) have said – looking to our feelings for the truth of our self; and so being in an unloving and untrue state, doing our **Spiritual Healing** (as I'm now tending to call it) to fully connect with that; what it means to us; how it came about for us; and all the intricacies of our relationships and how they reflect the mess we're in. So our Healing is about first finding the truth of our unloving and untrue state, coming to understand the full extent of that, how it relates to us and how we relate to it, and all how it makes us feel feeling so fucked.

So what I want to add today is more about how I personally have thought my Healing would progress and how I've been wrong in that with these last couple of months making me change how I see it.

I started my Healing thinking and then believing that as I brought out all my yuk, I would change, changing for the better, becoming more true, perfect and loving. That it would be like any other normal healing. When we cut ourselves, the wound gradually heals, diminishing in pain and size until it's all better, perhaps leaving a scar to remind us of the experience and the amazingness that we can heal like that. When we get sick we go to the doctor, do what is needed, take the pills, have the operation, and hopefully we gradually get better. And so I applied this same approach and expectation to my Spiritual Healing. If I bring out all my pain and yuk as Marion told me I had to do, then as the bad comes out and the truth comes with it, so I would gradually change making myself better – healing myself, becoming truer, ending all my pain, changing all my negative self-denying and unloving beliefs and behaviour, positively changing feeling better about myself and my life, my relationships, how I conduct myself, my aspirations, perfecting my Natural love, preparing myself for the 'Big Change' when the Divine Love wholly transforms my now perfect Natural love soul into being divine, that being the end or at the end of my Healing. So I believed that steadily through all these 23 healing years I would feel those positive changes happening in myself, and not only that, but as all of me would be changing, my compulsions and addictions would progressively end, my relationships would become truer, I would become more loving and be able to receive love, all as I grew in truth, all preparing me to become Celestial, with my being able to feel, sense and perceive that each day I was getting closer to the END of my Healing. However now after all these years, I've had to admit, accept and come to understand that my way of seeing how my Healing would go has been incorrect.

YUK

So this is now what I understand my Healing has/is about; and perhaps other people have understood this from my writings and it will be of no surprise to them, but I have been a bit dim owing to all my fucked up beliefs which I grew up with and those I've added since reading the Padgett Messages, Urantia Book and even from the spirits, all of which has been perhaps my misinterpretation of it. I'm still coming to terms with having my focus shifted, so I apologise if I ramble on repeating myself as I usually do and for writing so much.

Now I would advise someone who is wanting to start their Healing by saying that it is about, seven Mansion Worlds worth of uncovering the truth of your rebellious state. So don't expect yourself to get better or change, thinking that as you progress you will work your way out of your wrongness

progressively becoming better, truer and more loving, because it's not about that. It's all about becoming progressively more aware of how fucked you are, so right the way through your Healing having to stay being fucked, all so you can see the truth of how fucked you are in all the ways you are untrue. So expect to stay fucked right the way to the End of your Healing. Don't expect to progressively get better or heal yourself like you might expect. That really it is all about only growing in truth, with you needing to stay controlled by your compulsions and addictions all the way along so you can keep using them to move deeper and deeper into the truth of your unloving and untrue state. And that it won't be until you've revealed to yourself the whole truth of your rebelliousness, when you've brought out all the bad feelings that will help you see it, that the end will come and your transformation into being true, perfect and all-loving will happen. If you expect through your Healing to gradually decrease your badness as you increase your goodness, you might end up feeling very let down when after years of working on yourself to still feel in many ways just as fucked as before you started.

John, if you were to draw one of your diagrams, then I have viewed the Healing like a pyramid, we start off with a broad base of fuckedness, with our being wrong and rebellious diminishing as we ascend in truth, and with ourselves feeling better and better about ourselves as we get closer to the apex. But now I see the whole pyramid as a column right the way to the top. And perhaps the column is capped by a small pyramid at the end of our Healing when our transformation does finally occur, however I won't know until I experience it.

I have spent these past months so pissed off with the Mother and Father about letting me down, doing all this work on myself for all these years when nothing really has changed in me. All that has seemed to change is I've become progressively more aware about how fucked I am and how my fuckedness is maintained and how it all started, but what I hoped would be my healing hasn't happened yet. And being pissed off with Them is of course really being pissed of with my parents for giving me the wrong beliefs that I applied to my Healing. God has not said how it will be, I've made all that up. And so now I'm finding out, and like everything else, it's nothing like I thought it would be.

FUCKEDNESS

Marion explained it well the other day by saying what we do heal through our Healing is all that is stopping us see the truth of ourselves – our untrue and false state. And I can relate to this, I have changed in many ways, I have brought to light a lot of my beliefs and ways I'm keeping my truth-denial in tact, including having these wrong beliefs about my Healing. And as I've seen what I am doing, what is in me that is blocking myself from feeling all my feelings and the truth that will come from them, so many of those blocks have diminished and some have even gone completely, allowing me to feel more clearly just how fucked I am, all my pain, all the hurt, all the misery, fear and anger, all how powerless and such a useless nothing I am and why I've had such a nothing life. So my self-awareness, my awareness about my rebelliousness, being so unloving and untrue has certainly increased and continues to do so each day.

Yet still all whilst maintaining my addictions, compulsive behaviour, disconnectedness in my relationships and how fucked up my self-expression is. So my body feels more fucked by the day, I can't stop stuffing the Aldi (super market chain) milk and almond chocolate in by the block, I am feeling more fucked by the day, all the opposite to how I thought I would feel this far into my Healing. So the truer I become to how untrue I am, the worse I feel, which is right because that's the truth of how wrong I am. I am wanting to uncover the truth of my unloving state, so I have to feel just how unloved I feel. So I have to keep feeling worse and worse because that's how I felt through my early life and all the way along, I just tried to block it all out. So through my Healing I have progressively been able to feel all my bad feelings more truly, more intensely, connecting more with them as they are myself and my

life and not all the false cover up and denial of them. So it's right, even though it's still so hard to accept, that the more I progress in my Healing the worse I will feel. I should feel better and better! But it's not been like that. In some ways I don't have all the repressed bad feelings in me, the misery, fear and anger has markedly lessened, I don't spend days and days feeling so miserable as I used to, yet when I do feel miserable, I feel it so much more acutely now being so much more aware of it. And I can connect with the truth of why I'm feeling it much quicker. So I have changed in my relationship with myself, only it's not been as I was expecting.

And I've come to realise, that had my Healing progressed like I believed it would, then as I progressively changed for the better, I'd be better, and so being better I would then not be able to feel my deeper levels of how fucked I am, my new good feelings preventing me from getting into my even deeper bad ones I'm keeping hidden. So had I worked my way up the 'healing pyramid', the higher I got the further from the truth of how fucked I really am I would have become. So now I understand why I have to stay in my fucked state right the way to the end – so I can keep connecting with it on ever deeper levels, all so I can understand all the aspects of the truth of it that God and my soul want me, need me, to see.

So as hard as it is, I am now accepting that my Mother and Father gave me a life of unhappiness. That I am to live feeling mostly unhappy, miserable, despairing, powerless, nothing, and fucked off about it all for my whole life, and really forever. And that my so-called Healing, is coming to understand and so accept that. And even though I still hope I will change and end feeling so bad, I have to fully accept that until that time comes, and if it ever does, I am dreadfully unhappy and a sad case of useless pathetic futile humanity. And that I have to keep doing all my compulsions and addictions to keep afloat, to keep living the pathetic fucked way I do, all of which is what God wants – created me to live. So there is no out, no escape, not whilst I'm still in it, for how can there be, as I am it, it is me. So all I can keep doing is working on myself through my feeling acceptance and longing for the truth to keep seeing just how fucked I am, as I had no idea when I was young, just all these horrible feelings I did all I could to block out.

So to face that I will never get 'better', that nothing will ever change for the 'better' is soul-destroying, it's too much to bear, that this is my shit life and that's it for me as I can't change myself; and god I tried, but I can't, my Mother and Father have made me so I can't. So I'm trapped in my pain forevermore, or until They decide to end it. Marion says: why do you keep doing or saying that, why don't you change yourself, focus on what is wrong and try and keep aware of it and when you do it again then work to find out why you do, bring up those feelings and gradually as they all come out you will change, you will stop doing it. And I have tried her way, but I can't do that, it's not me, I didn't get what she got being able to do that for herself, which is how she approaches her Healing. However the reality I have seen over these years for her is that she can't change the real deep fucked up stuff within her no matter how much she applies herself or expresses her pain. Nothing seems to change for either of us in our deepest fucked up self, other than getting to know it more, we're always changing in our understanding of how fucked we are and why and how powerless we are to do anything about it.

So I am changing by coming to accept that I can't actively make or induce my own change. I can't do anything other than what Marion said right at the start, just keep trying to express my bad feelings and keep longing for the truth of them. I do this in my pathetic fucked up way, which Marion says is not right and that I haven't even started my Healing properly, however I can't do anything else, this is me, this is all I can do, and every day my 'not doing my Healing as she says' is helping me see how I can't change myself, how locked into my shit I am with no way out, and that I have tried to do my best and failed, and that I am not even meant to try anymore, just accept that I am completely powerless to affect any change, and that I am completely reliant on my Mother and Father, it's all up to Them – how They

want me to be. And I've been so fucking angry with Them for giving me such a shit life, just as I have been so angry with mum and dad, and yet lately even that anger has been fading off because what is the point, what does it do for me, it doesn't help me change, it doesn't make me feel better. But I have had to express it all, raging at them, at Marion, standing up to them like I wasn't able to when I was young, getting stronger in my expressing those feelings I'm becoming more aware I have, all while understanding that compared to Marion and Samantha the strength of my feelings is very weak, I hardly feel them, they are just a blur most of the time, unlike their's which are so acute. Accepting that God even fucked up my being able to fully and passionately feeling my feelings, that I am all but feeling-numb, just wanting to hide in my fantasy mind, to watch the movies in my head as I watch the movies on the screen, to escape into a better place in my mind.

So to conclude. For anyone setting out on the phase of life called their Spiritual Healing, to expect that through your feelings you will be worked step by step ever deeper into the pain of your untruth all so you can see that how you are now as an adult is EXACTLY how you were back as a child, and that really you are still the child and nothing has changed. And that it's not going to change, you will remain being the fucked up unloved child feeling all the bad feelings of being that way right the way through to the end of your Healing. And you have to keep feeling as bad as you do, and so if you don't already feel as bad as you felt from conception and right the way through every bad part of your childhood, then your Healing will progressively help you re-connect with just how bad you did/do feel. And that you won't change for better as in feeling like you are ending your shit childhood, letting it go, healing all the pain of it, that you will keep being in and of it because it is you, there is nothing else, no other you, there is only you the child that wasn't loved as it needed to be loved by your parents. And that you will keep feeling so bad right the way until the end of your Healing. So don't expect yourself to 'heal' as you know healing to be, expect to keep feeling as bad as you do, even worse and worse, all as you keep growing in the truth and awareness of how fucked and wrong you are. And then when you have seen and felt it all, when you know all the truth of your unloving and untrue state, then you can transform into your true and loving self, then all your pain will go, then you will greatly change. But until that End Time when you make the transition in truth into the Celestial levels, keep expecting all your shitty life to remain, all your compulsions and addictions to keep plaguing you, all helping you to feel as powerless as you are, as unloved as you are, as untrue and false as you are.

Our Spiritual Healing is not about, here, take this Healing Pill, working on expressing your feelings and uncovering the truth of them and you'll get better and all your pain will progressively leave you as you become progressively a better person. No, accept that you are fucked, you will stay fucked, and you will come to see the whole truth of your fucked state, feeling how bad you feel in it, right the way to the core of your being. Great fun, yet what else can we do?

One day we all come to the realisation that we can't actually make ourselves feel any better by using our mind. We have tried to do that all our life, but one day it runs out and you can't do it anymore. And you look back at all you've done which you thought was helping you to feel good and change for the better, but it's all been shit. And then you have to express all those horrible feelings that all you've done has been a waste of time, that you are still as fucked as you've always been. And then what? If you can't change yourself using you mind, what the fuck can you do?

And then what you can do is go the other way, to try and uncover the truth of why you can't use your mind to change yourself. You can do your Spiritual Healing, however that too is not going to be like you expect. You are going to keep feeling as fucked and in the pain that you have always felt, right from the beginning, because you formed in that pain and fuckedness, it is you, it's how God wanted you to become, and you have to come to terms with that. But that doesn't mean falling in a heap and giving up, because you won't be able to do that fully either, we have to keep going, so what we can do, which I

assume we all will be able to do, is work with our feelings to bring to light the truth of just how fucked we are.

You are the unhappy and unloved child. Nothing has changed. So we have the choice of living the truth of that. Which means, coming to understand through our feelings, the very feelings we've always felt, what it all means to be as you are. The truth of yourself. The truth of your unhappy and unloved self. People say they want to become true, but they jump over becoming true to all the bad untrue stuff. If they do this or that, do their Healing, they will become true. Which is right, only it means become true to how fucked you are and all the pain you feel and have always felt. Getting to know it – yourself; connecting with every part of it – yourself. Going into your hell, into your darkness, and being it, being immersed in it until it becomes light. Until what was your darkness you know so well, feel fully connected with, that there is no longer any hidden dark places you refuse to face and see. And when we've come to terms with the hell that we are, then hopefully our Mother and Father will change us into becoming truly true and loving.

And to end: here's an example of how much fun it all is. I grow up in relationships with people that I believe I love, when in fact the truth is, I hate them all. The hate coming through my Healing as my feelings lead me to it, that which I wasn't allowed to express when I was with them.

So being with people I hate, and believing they are good for me, is part of my negative pattern.

So I marry a woman wanting to be with her, because also as part of my negative pattern I have to be with someone, believing that I love and like her when really I hate her. Really I detest and can't bear how she is and all the things she goes on about and what she's interested in. I have to be with her, hating her just as I had to be with my parents hating them. It's just how it is, how I am, and I can't be any other way.

And so I was told we are soulmates, so good luck with that. I am with my soulmate that I hate. However, perhaps that is part of living the ultimate truth of feeling unloved, so perhaps it might even be right. And if it is, it shows me just how removed from the truth I am, that we all are – which also is right, because we are very far removed from the Truth due to the Rebellion.

And part of my Healing, coming to understand and accept the truth of my unloving state, is realising this about my relationship with Marion, mum and dad and the others in my family. So Marion and I remain together, hating each other, all so we can keep helping each other in our different ways with our Healing. And when I say hate, that's harsh, when we are going for it, yelling and cursing each other slinging all our shit at each other, yes we hate each other, but that is not that often, only during the crunch, pressure times. Mostly we accept and are okay with each other, even liking each other every now and again; yet still overall, growing in the awareness and understanding that really we share little in common other than the truth that we don't love each other and our lives are fucked, separately and together, and that there's no point, and we can't leave each other – another part of our fucked state. And then to take it even further, well really I'm not with Marion, I'm still with mum and dad; just as she is not really with me, she is still with her mother and father. So our hatred of each other is really still a projection of our hatred of our parents onto each other. And what we might really feel about each other, were each of us true and were we able to truly relate to one another, we don't know, and won't know until we finish our Healing and if we still want to be together then.

The Rebellion is a complete fuck up. We are complete fuckups. I am a complete fuck up. All of which our Mother and Father want us to see and come to know through living it. They have fucked us up so we can

FUCKUPS

know the truth of what it's like to feel so unloved and to live being so untrue and against ourselves. And possibly one day we'll thank Them for giving us such an extreme experience. And until that day comes, if you hate Them too, then hate Them with the full intensity of such hate for giving you such a shit life.

SPIRITUAL HEALING:

Our Healing is about first finding the truth of our unloving and untrue state, coming to understand the full extent of that, how it relates to us and how we relate to it, and all how it makes us feel so demented and live life in a stupor.

Healing is about seven Mansion Worlds worth of uncovering the truth of our rebellious state. It's all about becoming progressively more aware of how screwed up we are. So right the way through our Healing, we stay being screwed up all so we can see the truth of how demented we are in all the ways that we are untrue, all the way to the End of our Healing.

What we do heal through our Healing, is all that is stopping us see the truth of ourselves – our untrue and false state.

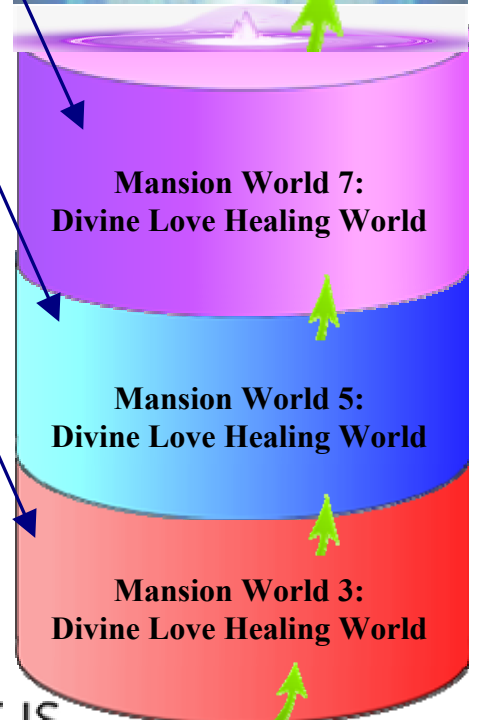
Mansion World 7: is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving; understanding how your relationships are unloving, how you don't connect properly, how unloving you really are and why and fully accepting the truth of it, coming completely to grips with your parents not loving you as you needed to be loved – sorting it all out, including your self and feeling expression difficulties. Then comes transition.

Mansion World 5: is then about going right into the depths of them, feeling how unloved you feel and seeing how unloving you are and how that makes you feel, bringing out the majority of your pain, your misery, fear, anger, guilt, hatred, boredom, terror, rejection, nothingness, feeling powerless, alone and abandoned, and so on. Each progression is full on, all the way.

Mansion World 3: is for waking up to the truth that you're not loving and starting to get in touch with your pain, starting to accept your bad feelings, starting to work with them instead of rejecting them.



Then transition into Celestial Heaven state



IT IS NOT THIS WAY



IT IS THIS WAY

Subject:About the Healing – update
Date:Mon, 23 Mar 2020
From:Brian
To:John Doel <info@financefacilities.com>

Hi John,

Spiritual Healing hmmm

It is a term that many people will identify with. Inner Healing and Healing of Memories, Gifts of the Spirit, Baptism of the Holy Spirit, the Charismatic Movement itself all try to address Spiritual Healing.

Agnes Sanford (1897-1982) wife of an Episcopal priest, was a leading figure in the Charismatic Movement of the 1960's. Francis MacNutt (1925-2020) as a young Roman Catholic was influenced by Pentecostal friends, earned a BA degree at Harvard and then took Holy Orders as Dominican monk/priest. Healing prayer and faith healing teaching became a feature of his ministry. Agnes influenced Francis.

Moving fast forward: Sanford and MacNutt paved the way for Fr. Matthew Linn, SJ, his brother Dennis Linn, and Sheila Linn (a sister). Fr. Matthew Linn SJ (working as a team with Dennis and Sheila) has focused on integrating physical, emotional, and *spiritual healing*. Ordained in 1973 Matt currently lives in a Jesuit community in Minneapolis where he trains spiritual directors at Sacred Ground and serves on the editorial board of Presence: An International Journal of Spiritual Direction. Matt, Dennis, and Sheila, as a team, have written 23 books translated in over 20 languages, (all in Spanish) and with over a million copies in English.

In 1980's early 1990's I became active in healing ministry in the Episcopal Church at Resurrection parish Dallas TX. After attending a retreat led by Matthew Linn+ I started on the road to ordination prompted in part by Fr. Matthew admonition "Brian you have a great gift of the Father, I pray that you put it to good use". In my own experience of Spiritual Healing and through ministry of healing, no one ever completed their healing. It was a great frustration for every one. Some folk made progress at some retreats. Some retreats folks had no progress whatever depending on ones 'state of mind' control.

Now the bomb shell of Nanna Beth along with James and Marion. Spiritual healing is a work in progress, not complete until we attain celestial level. That level depends on getting in touch with the truth behind feelings, good and bad, mostly bad, derived / experienced since conception. But primarily Spiritual Healing does not come from taking a pill (formula) and get healed. Agnes Sanford, Francis MacNutt and the Linn team have formula – do this and it will help you get healed. If Nanna Beth has a formula it is simply know how fucked up you are and that fucked is the truth of you. James is well on the way in his truth fuckedness awareness, assisted by Marion who often reminds him of his truth. We men need Marion's to keep us on the ball of our fuckedness (plus Nanna Beth). Ultimately God, Mother and Father together, do the healing. Until we get to the highest level of fuckedness awareness God wants us to have, we are continuing to mind fucking ourselves. The revelation from Nanna Beth gives us the tool she was given in her progress to celestial spirit. What a revelation for humanity. We don't have to wait until we get on the other side. We can start on this side with our spiritual healing aware of what it takes and the process that is Spiritual Healing, God doing the healing upon our total awareness of total fuckedness.

This gives food for thought, what in the shit is the function of Pascas? I have advanced the idea that Pascas will ultimately be a new word with definition descriptive of what it is. But we don't know yet what the shit is its function. OK have what amounts to *Pascaspedia* on the web with the pages of Pascas Papers. But what does Pascas mean? Well retired Judge Wall did not like Pleiades, Arcturius, Southern Cross, Andromeda, Sirius. Peace and Spirit Creating Alternative Solutions was better to him, even if *solutions* looks like a corporate mission statement on the side of a Surfside Bus. Since *Pascas* was coined a lot has been revealed. The first concern of ours is people; Avonal is the next age, spirit is fine, Celestials are now in charge, awareness is what *Pascaspedia* does and we are a service (to mankind). (e.g. Queensland and Northern Territory Ariel Services means the Australian National Airline to anyone anywhere.)

People Avonal Spirit Celestial Awareness Service is essentially what it is. Pascas means a new way of life in freedom.

Moving back to James' update. Page 8 has a very important key paragraph or two beginning: 'are sick with cancer, doing your spiritual Healing is not about doing it so as to cure the cancer so you can be free of it.' It is a fact that much religious media broadcasting and Spiritual Healing programs in the Church, take us down the road do this with this prayer in faith, lay on hands, anoint with oil, and if you are sincere, jump out of your wheelchair. Why we get cancer is central to the awareness that Pascas is about, Spiritual Healing through knowing we are fucked. One in every three people on Earth today is dealing with cancer. It is a lightening rod for politicians like Sam (Queensland state member of parliament). (He would be even far more agitated if he had the rest of the story, and then again he might not). Great attention topic!

I think the conversation on pages 8-10 could be helpful to readers of Pascas Papers concerning health, especially the Cancer papers. Cancer is just a familiar 'friend' for this writer. I had the good advice from an oncologist 35 years ago: 'Just watch it, it is now a part of you'. From Nanna Beth I now know what he was saying as a medical man had much deeper meaning.

Peace,

biverach

Dow Jones Industrial Average

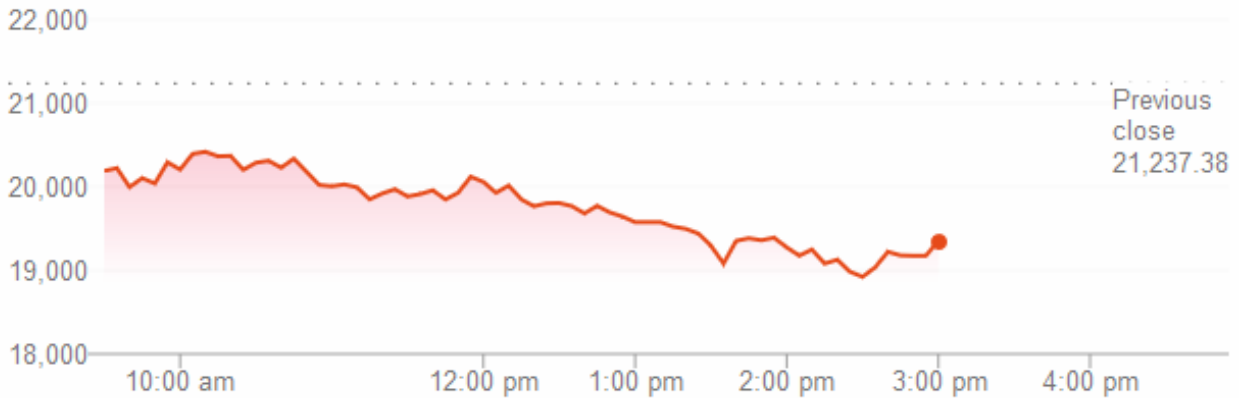
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19,445.25 -1,792.13 (8.44%) ↓

18 Mar, 3:01 pm GMT-4 - Disclaimer

1 day 5 days 1 month 6 months YTD 1 year 5 years Max



Open	20,188.69	Low	18,917.46
High	20,489.33		

AUD USD – Historical Annual Data

Year	Average Closing Price	Year Open	Year High	Year Low	Year Close	Annual % Change
2020	0.67	0.70	0.70	0.58	0.58	-17.42%
2019	0.70	0.70	0.73	0.67	0.70	-0.34%
2018	0.75	0.78	0.81	0.70	0.70	-9.85%
2017	0.77	0.72	0.81	0.72	0.78	8.34%
2016	0.74	0.73	0.78	0.69	0.72	-1.07%
2015	0.75	0.81	0.82	0.69	0.73	-10.73%
2014	0.90	0.89	0.95	0.81	0.82	-8.47%
2013	0.97	1.05	1.06	0.89	0.89	-14.21%
2012	1.04	1.04	1.08	0.97	1.04	1.70%
2011	1.03	1.02	1.10	0.95	1.02	-0.08%
2010	0.92	0.91	1.02	0.81	1.02	14.00%
2009	0.79	0.71	0.94	0.63	0.90	26.85%
2008	0.85	0.88	0.98	0.60	0.71	-19.23%
2007	0.84	0.79	0.93	0.77	0.88	11.02%
2006	0.75	0.74	0.79	0.70	0.79	7.66%
2005	0.76	0.78	0.80	0.72	0.73	-6.06%

1 Australian Dollar equals

0.58 United States Dollar

18 Mar, 7:07 pm UTC · Disclaimer

1	Australian Dollar
0.58	United States Dollar



1 Australian Dollar equals

0.56 United States Dollar

19 Mar, 7:40 am UTC · Disclaimer

1	Australian Dollar
0.56	United States Dollar



1 Australian Dollar equals

0.58 United States Dollar

22 Mar, 12:25 am UTC · Disclaimer

1	Australian Dollar
0.58	United States Dollar





Subject:Dean Koontz
Date:Tue, 17 Mar 2020
From:James Moncrief
To:John Doel

Yeah, I've seen that. Nanna says that all this panic won't amount to anything, that the virus is man-made frigg'n around with nature as much as nature friggs around with it herself. She still reckons the markets will surpass their former highs, although she won't give a time frame – could be years, so that's not much help. She agrees with the conspiracy people who say it's all Trump / Putin orchestrated, the virus, oil and stockmarkets crashing, all working even better than they expected and all to destroy or take over control from the globalist hidden controllers, including rounding up all those people still wanting to make everyone slaves. She says they want to sort it out, take it over soon so T and P can bring in all their new measures during the next 4 years then with them and their systems in control, work to prepare for the Shift. They want their way of living to dominate the Aftertimes rather than the hidden controllers. She reckons T and P want to change the End Times prophecies of the Bible not allowing them to play out, whereas the hidden controllers do want all that shit to happen. I don't know, feeling ambiguous about it all as usual, so we'll just have to wait and see how it all pans out. She's still positive about you and your dough, though still no specific details. All of this came yesterday as I was chatting with her and the angels on my walk.

Coronavirus Scared World Agrees With Top US Lawmaker Who Says America “*Is Run By a Bunch of Idiots*”

<http://www.whatdoesitmean.com/index3166.htm>

March 24, 2020

By: Sorcha Faal, and as reported to her Western Subscribers

A thought-provoking new **Ministry of Foreign Affairs (MoFA)** report circulating in the **Kremlin** today discussing an urgent communiqué received within the past few hours from the **Permanent Mission of the Russian Federation to the United Nations in New York City-United States**, reveals that as the world's diplomatic representatives were absorbing the grave warning yesterday from **French Economic Minister Bruno Le Maire** that “*the scale of the current economic downturn is unprecedented since the 1929 Great Depression*”, they were further thrown into panic when **American** economists echoed this fear with their warning that “*Washington's current efforts won't be enough to fight a downturn approaching the devastation seen eight decades ago during the Great Depression*”—both of which warnings were then joined by the **shock announcement that entire US airline industry is mulling a complete shutdown of all flights in America**—which then saw these world diplomats being glued to their television sets watching in hope as the **US Federal Reserve central bank took historic action to rescue their nation's coronavirus ravaged economy**—but whose historic action could only be completed if the **US Congress** immediately passed a **500-page** emergency coronavirus rescue package—a rescue package said nearly done and approved by both **Republican** and **Democratic** lawmakers in the **US Senate**—that is until word began circulating around **Washington** that socialist **Democrat Party** leader **US House Speaker Nancy Pelosi's** second-in-command **US Congressman James Clyburn** had declared about this critically needed coronavirus rescue package “*This is a tremendous opportunity to restructure things to fit our vision*”—a vile declaration followed by **Speaker Pelosi ordering the blocking of the US Senate vote on the coronavirus emergency rescue package**—and after blocking, then saw **Speaker Pelosi** unleashing upon the unsuspecting **American** people and the world an up to **1,400-page** socialist monstrosity called the “**Take Responsibility for Workers and Families Act**”—that aside from having barely anything to do with rescuing the US from

the coronavirus, takes responsibility for nothing, and most certainly doesn't do anything to protect workers or families—as instead this socialist nightmare of a bill **demands the return of free Obama phones for illegal migrants—demands such things as retirement plans for community newspaper employees and greenhouse gas statistics for individual flights**—as well as **its imposing racial and gender pay equity provisions, diversity on corporate boards, increased use of minority-owned banks by federal offices, and a grab-bag of other diversity-themed requirements making it a bill being called “Christmas in March” for liberal special interests**—and whose absolute sheer lunacy of became too much for top **Republican Party** lawmaker **US Senator John Kennedy**—who exploded in rage on live television from the floor of the **US Senate** slamming **Speaker Pelosi** and her demented socialist **Democrats** with the scorching words: **“Do you know what the American people are thinking right now... They're thinking that this country was founded by geniuses, but it's being run by a bunch of idiots”**. [Note: Some words and/or phrases appearing in quotes in this report are English language approximations of Russian words/phrases having no exact counterpart.]



According to this report, in **2008** when socialist leader **Speaker Pelosi** was rising to power on the coattails of **President Barack Obama**, an outlook towards the future as to the threats posed by global pandemics caused the **Ministry of Industry and Trade** to announce their **Pharma2020** strategy as part of the **Healthcare Development Programme**—a programme designed to make **Russia** self dependent on all critically needed medicines by **2020**—and **by 2017 saw Russia being among the top generic drug markets in the world**—but most importantly, in **2011**, saw the **Pharma2020** strategy being used by **Israeli** medicine giant **Teva Pharmaceutical Industries** to **build a \$50 million pharmaceutical plant in Russia**—the exact same **Teva** that's **donated 6 million Hydroxychloroquine tablets to fight the coronavirus pandemic to American hospitals, and are set to arrive by 31 March, with another 10 million to be sent within a month**—over half of which are being produced at the **Teva** pharmaceutical plant in **Russia**—none of whose working around the clock workers have yet to receive any thanks from the **Americans**.

With **Russia** sharing the world's sixth-longest international border with **China** measuring **4,209 kilometres (2,615.5 miles)**, however, this report notes, the most deserved thanks should go to the doctor-scientists at the **State Research Center of Virology and Biotechnology (VECTOR)** [[English](#)]**—**who while watching over and protecting the health of a nation and its peoples, literally, living right next door to where the coronavirus pandemic began, remains the least affected industrial nation in the world having just **438** documented coronavirus patients—the sickest of whom will soon be transferred to the new **500-bed** highly advanced hospital being rapidly built for them in **Moscow**.

Specifically as to how **VECTOR** doctor-scientists were able to protect **Russia** from the coronavirus pandemic, this report explains, one must first know that its laboratories are one of only two in the world authorized under international law to hold samples of the most deadly and dangerous pathogens ever discovered—the other one being the **United States Army Medical Command** laboratories at **Fort Detrick** located in **Frederick-Maryland**—but after **an army of CDC inspectors rushed into Fort Detrick and shut down its critical bio-defense laboratories on 2 August 2019**, and a few weeks later **VECTOR itself was crippled and shut down by a mysterious explosion occurring on 16 September 2019**—saw **VECTOR** doctor-scientists documenting how when after the world's top two defense laboratories for the protection against emerging pathogens able to cause a pandemic were taken out, the **CDC morphed a so-called “vaping death” epidemic only occurring in the United States into the present coronavirus pandemic**—documentation which then allowed **VECTOR** doctor-scientists to discover that there are two coronavirus types circulating around the globe—**the first being the S type coronavirus, and its more deadly “child” the L type coronavirus**—and for the **S type coronavirus**, saw **VECTOR** doctor-scientists working with **Teva** to find the cure for—which is a **7-day** regime of **Teva's** produced in **Russia** two drugs **Hydroxychloroquine** and **Azithromycin**.





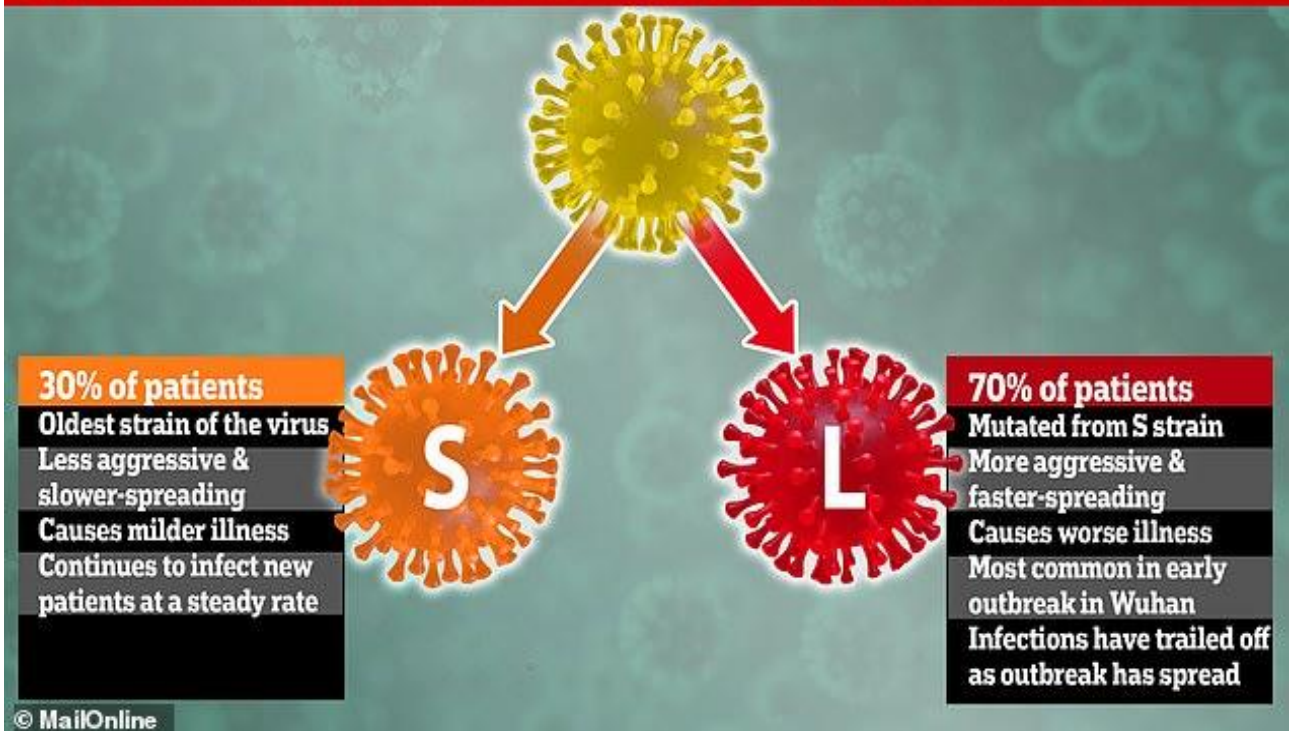
Olga Lautman
@olgaNYC1211

There are reports coming out of Russia that an explosion occurred at the Vector Institute in Novosibirsk. It's a virology and biotechnology institute



У новосибірському центрі вірусології "Вектор" стався вибух
У Росії під Новосибірськом у державному науковому центрі вірусології "Вектор", який має одну з найповніших у світі колекцій небезпечних ...
ukrinform.ua

CORONAVIRUS SPLITS INTO TWO STRAINS



American people are still unable to comprehend that coronavirus pandemic is a globalist-socialist biowarfare attack intended to destroy President Donald Trump.

Though not being told to the masses of the **American** people about what **VECTOR** doctor-scientists and **Teva Pharmaceutical Industries** have done to protect our world against this demonic globalist-socialist biowarfare attack, this report continues, their actions have been fully known about by a **President Trump** who's just called their two-drug coronavirus cure discovery a "**Gift from God**"—a sentiment shared by **52-year-old American** coronavirus victim **Rio Giardinier**, who **while laying near death was saved after being given the Russian produced Teva drug Hydroxychloroquine**—a miraculous cure confirmed by **Dr. Vladimir Zelenko** who has just **cured 100% of his 350 coronavirus patients in New York State**—and who's now been joined by **numerous other American doctors, medical professionals and scientists calling on their government to immediately use Hydroxychloroquine to fight the coronavirus**—all of whom are being viciously attacked by the **American** leftist mainstream propaganda media—attacks that have become so demented, **Trump is even being accused of killing an idiot who self-medicated himself with fish tank cleaner because its name was similar to Hydroxychloroquine**—but whose truest reason for these leftist media demons continuing to incite fear and hysteria among the **American** people, can be seen in a barely noticed section of **Speaker Pelosi's** socialist monstrosity of bill that **orders the immediate creation of a "digital dollar" and the establishment of "digital dollar wallets" to be forced upon the American people against either their knowledge or will**—an actual "**Mark of the Beast**" action that will force the **American** people to give up all of their cash holdings and make known to their socialist overlords every single penny they spend.

MARK OF THE BEAST

- **Revelation 13:17 (KJV)**
17 And that no man might buy or sell, save he that had the mark, or the name of the beast, or the number of his name.
- **Revelation 14:11 (KJV)**
11 And the smoke of their torment ascendeth up for ever and ever: and they have no rest day nor night, who worship the beast and his image, and whosoever receiveth the mark of his name.

Knowing that he is in a battle to the death against **globalist-socialists whom in 2016 the world's top Christian theologians declared were Anti-Christ and Demonic**, this report concludes, **President Trump** is now moving rapidly to rescue his nation's economy and its peoples from this coronavirus

biowarfare attack, and who has just truthfully declared *“Our country wasn’t built to be shut down...This is not a country that was built for this”*—and in Trump’s reopening the US economy, now sees Federal Reserve Bank of St. Louis President James Bullard predicting potential *“boom quarters”* in the fourth quarter of this year and the first of next year—*“boom quarters”* of US economic growth that will coincide with a coronavirus that’s mutated 40 times already in a *“textbook example”* pattern similar to the flu—which the world’s top virologists say *“means that this virus can infect more because it is better adapted, but it is not the disease-causing virus variants that survive....these are the variants that cause less disease”*—and makes understandable why Nobel Prize winning Stanford University biophysicist Dr. Michael Levitt (*who really is one of the smartest people in the world*) has just told everyone *“We’re going to be fine”*—a truth known by both Trump and God—and one hopes the American people will also soon know.



“Therefore I tell you, whatever you ask for in prayer, believe that you have received it, and it will be yours.”

Spiritual Healing Expectation

Saturday, 28 March 2020

James: Some people will have the expectation that as they progressively work through their Spiritual Healing by looking to their feelings, expressing them whilst seeking their truth, they will change for the better, as in, their pain, addictions, compulsive behaviour and their self and truth-denial will leave them as they change into a better truer more perfect person. Starting off fucked and progressively becoming less fucked. However it doesn't happen like this.



And whilst many inner changes do occur through our Healing, these are mostly centred about helping us to become truer to our pain, allowing ourselves to accept our bad feelings more, getting better at expressing them, all accepting that we are in such a bad truth-denying way. All of it helping us to understand how false and untrue we are. And this continues right the way through to the end of our Healing.

How we heal is by progressively bringing out all our repressed childhood feelings and uncovering the truth of why we're feeling them. However to do this, we need to remain in our untrue state right the way through to the end of our Healing, so we can keep getting more in touch with such feelings bringing to light the truth of our untruth.

We are to become true to how we are. Currently we are avoiding the truth of how wrong, fucked and in a bad state we are, and we are not to avoid it. We are to fully accept this is how we are, but first we have to see it all, which we do throughout our Healing.

So don't expect to feel better the further you go in your Healing, expect if anything, to feel worse and worse as you connect with the deeper repression within you. Don't expect all your Wrongness to magically go away or be transformed out of you as you grow in truth from your bad feeling expression. Don't expect anything of this until much closer to the end, or until when you've seen the whole truth of your untrue state.

We are to understand, know and be, as we are in our Wrongness. So our Healing is not about healing ourselves to avoid being it, to further push it aside. Our Spiritual Healing is about progressively bringing us face to face with our being untrue and false, feeling ALL the pain of it, accepting and expressing it, all to reveal to us why we feel so bad. We are to understand why we do all the bad things we do, however don't expect to stop doing them as you progress through your Healing. Some things might go, but other things you are and how you are that you hate about yourself might stay right the way through to the end of your Healing. And they will remain because you'll keep needing them, keep needing to do them, to further help you connect with them and to keep bringing up all the bad feelings you feel about them and from them, all to keep helping you see yet more truth about your unloving state.

You are false and untrue. You will remain false and untrue right the way through your Healing. All so you can see the whole truth of being false and untrue. And when you've seen it, then it will end, then God will transform your soul and you will change ending all your false and untrue ways of being, becoming wholly true and of a Celestial level of truth.

So far, and it's early days yet, there seems to be two very distinct ways people's Healing might unfold for them:

1. One way is for the person to know they are false and untrue, to always have known it, for them to feel unloved, to hate themselves and to feel hated, to feel many bad feelings about themselves and their lives right from as early as they can remember. These people having to be forced to remain in their

pain right through their lives, always suffering and mostly aware of it and how they were unlovingly treated as children causing them to feel so rejected, unloved and unwanted. And so when such people start their Healing it will be one ongoing expression of their pain. And as their pain comes out they will grow in further understanding why they feel it all, coming to see the whole truth of how badly and unlovingly they were treated by their parents and family. And these people will feel that they are progressively working through their pain, with good feelings coming the more of their repressed feelings they emote and express, enjoying the truth that comes to light affirming to themselves their feelings have been right all the way along. That they were right and their parents were wrong, something they've always known as their feelings have told them, and now with it all being confirmed beyond a shadow of doubt through their Healing. So such people will understand that it's right that they keep feeling bad right the way through their Healing because they have always felt bad, there never were good feelings, or at least not enough during their early life, it being how they are, how God has made them be, the life God has made them live. And these people will be fully accepting of the process, knowing that they will just keep bringing out their bad feelings until there are no more to bring out, when they will have seen all the truth of their bad feelings and unloving state of being, which will be the end of their Healing. These people will undoubtedly have certain blocks and deep trauma that might require some outside help to bring out, however mostly they will be able to easily do their Healing themselves.

2. The other way is the person who was completely turned against their abuse and pain, completely made to feel there was nothing wrong, that they are okay and even right being as they are, that they are not false or untrue, having been made to completely disconnect from the unloving treatment they received from their parents, blocking it all out, refusing to allow themselves to feel such bad feelings. These people will be very deluded, shut off almost completely to the truth of themselves being false and untrue. Shut of to so many of their repressed bad feelings, with hardly any awareness at all that they are in fact stuffed full of bad feelings they are refusing to feel. So for these people, who might need a lot of ongoing help to keep them breaking through such feeling-resistance, their Healing will be one long smashing down of their denial, slowly forcing them to wake up, admit to, to feel, that they are feeling bad and are not right. And it will be harrowing for them having to constantly face the truth through a seemingly never ending stream of worse feelings surfacing in them, seeming to come out of nowhere because they've shut them all out so long ago, not allowing themselves to remain in touch with such pain. And the bad feelings will keep coming up in them, with the more in touch and aware of their hidden pain they become, the more intense and better to relate to such pain and bad feelings they will become. So for them their Healing will seem like one long miserable painful traumatic experience as they are forced to reconnect with the pain of their forgotten and blocked out childhood. And it will be an ongoing constant revelation as to the truth of just how badly treated they were. They have believed they were loved and things were relatively good during their childhood and in their relationship with their parents, and yet their feelings and resulting truth will constantly keep showing them otherwise, that they have seriously been deluding themselves, and that in fact they are severely disconnected from themselves becoming very untrue and false, with all they increasingly think and feel about themselves and their lives being not good at all. So their Healing will seem like an ongoing agony, when really all it is will be all they have always felt, all still how they felt as a young child, all of which they systematically blocked out. So the unblocking will seem brutal and cruel to them, like God is being very unloving and mean to them subjecting them to such pain and so many overwhelming bad feelings all the way through their Healing. And with no let up, always feeling like they are being further crushed, broken down, ground down into feeling so powerless, that they are nothing, a no one, just a poor sod full of fear, misery, pain and anger about having to be subjected to it all. All of which they are to wake up understanding was all what their parents subjected to them all those years ago, and all of which they've always felt yet have kept well hidden from themselves.

So for the person who wasn't allowed to block out all their pain being able to use their mind to tell themselves they are loved and feel good about themselves, their Healing will be one long feeling of 'yes', that is right, that is how I've always felt, that is the truth of it. And even though they will feel so bad, as bad as they have always felt, still they will also feel good because finally they are getting to the bottom of it and their feelings were right. Whereas for the person who denied themselves such pain and bad feelings all the way along, using their mind to convince themselves that they are good and right and don't feel bad about themselves or life, their Healing will be one long bashing down such untruth and falseness, making them have to face the fact they were bad and wrong, that all they are is full of shit, and that really they are filled with so much pain and repressed bad feelings that it's a wonder they were able to keep it all locked away without having a clue as to how bad and traumatised they are. And they will feel their Healing is not making them feel better, and if anything as they connect with their ever deeper pain, that it's making them feel worse right the way along, and with no let up, no relief, begging God to end it, wanting it all to stop, all because daily they are having to face more of the truth of themselves. So the truth will even feel to some extent like it's a bad thing, it making them feel worse about themselves; whereas through the other Healing way the truth will make those people feel good and better about themselves as they progress in bringing to light the whole truth of their rebellious and untrue state.



And then I imagine within these two extremes of Healing, will be people with elements of both approaches.

Feeling things seem to get worse and worse as you progress in your Healing is right because your childhood got worse and worse, it compounded all the denial as you got older. And as much as you might feel worse and worse, still oddly you will feel also better and better the truer and more accepting of yourself you become to your untrue state of being. The less you deny yourself the better you feel about yourself; however to become less denying, first you will feel worse about it as you come to see just how much you are denying by getting more in touch with it all.

SPIRITUAL HEALING:

We incarnate into Rebellion, and by default become untrue to ourselves. The truth of which we are to see through our Healing. And once seen, then we will no longer be of the Rebellion, being a true, happy, perfect and all-loving personality.



The Healing is about becoming true to being as you are in your untruth. As you become aware, facing and accepting the truth of how wrong and untrue you are. And once you've brought all your untrue self out through each stage of your Healing and are wholly aware of yourself and your rebelliousness, then your soul and God will transform you out of being untrue and into becoming your true spiritual Celestial self, be that in the physical or when you do your Healing in spirit.

Another diagram?

If you can put the Healing Cylinder on its side

Then at the left hand end put a small pyramid on its side inside the cylinder, with the pyramid point at the left hand end of the cylinder. This point being Conception.

Then the small pyramid that expands out to fill a third of the cylinder – Childhood.

And the rest of the cylinder is Adulthood.

Then the Adult part of the cylinder is headed: Spiritual Healing / Feeling-Healing / Soul-Healing, with divisions within it representing the three Healing Mansion World levels you've got in your upright Healing Cylinder.

Then the right hand end of the cylinder is capped with another pyramid – Transformation, starting with the base embracing the whole cylinder moving to the point beyond the cylinder representing being fully transformed, fully Healed, and Celestial.

With a note stressing: the Healing is about becoming true to being as you are in your untruth. As you become aware, facing and accepting the truth of how wrong and untrue you are. And once you've brought all your untrue self out through each stage of your Healing and are wholly aware of yourself and your rebelliousness, then your soul and God will transform you out of being untrue and into becoming your true spiritual Celestial self, be that in the physical or when you do your Healing in spirit.

So put this below note below the cylinder with arrows pointing up to the relevant sections of the cylinder.

You could also possibly add somewhere: We incarnate into Rebellion, and by default become untrue to ourselves. The truth of which we are to see through our Healing. And once seen, then we will no longer be of the Rebellion, being a true, happy, perfect and all-loving personality.

CRYSTAL BEING MONITORED

Tuesday, 31 March 2020

James: Hello Nanna Beth, are you there?

Nanna Beth: Always James.

James: Ok. And so no doubt you're also aware that you told me that this coronavirus was manmade, or man-altered, not in so many words, but that was the inference, if I've taken it the right way, and yet John told me that Helen said to Crystal that it was just nature so natural and without any human interference. So I was wondering why the discrepancy between you and Helen.

Nanna Beth: Helen said that because she and Crystal are heavily monitored by various secret agencies on Earth, and she didn't want to cause any alarm bells to ring, so she downplayed it by saying it wasn't man-interfered with, saying it was all natural. You and myself and John aren't monitored, not so much anyway, whereas Crystal and Helen are being involved in the drama of what they are doing. So much of what Helen says to Crystal will be sort of coded, but in a way in which it sort of makes sense to her and John and yet is said 'for other ears', which is all part of why so much of what Helen tells Crystal doesn't happen or doesn't happen as Helen says it might. Helen wants the 'listeners' to think she and Crystal are of no account, nothing for them to worry about, nothing to be concerned about so far as having to shut Crystal down. So it's a bit of a thin line, a game, Helen is treading. So it makes it harder for both her and John, and makes them look stupid in the eyes of those following them at times, however that can't be helped. It's like Helen tells Crystal a 'package of information' from which she helps Crystal and John distil the relevant details over the days weeks and months from when she gives it. So the relevant parts will settle out into their minds, whereas all the 'misinformation', for others, goes into their computer programs 'keeping the hounds off the scent' so to speak.

James: If that's the case and they are being monitored, which I can well imagine, I'd be surprised if they weren't, then why don't the angels just block out those 'listeners'?

Nanna Beth: Because they are not allowed to do that sort of thing yet. As you're still in the Rebellion you still have to comply to the still outstanding restrictions and limitations, as we've talked about, so we all still have to play by the Rebellion Rules.

James: Ok. Thank you Nanna Beth, and I'll pass on what you said about Helen to John.

US Treasury taking over the FED

Sunday, 5 April 2020

J: Nanna Beth, John wants to know if there is any truth to the US Treasury taking over the FED and if that is part of the breaking down of the hidden controller's control?

Nanna Beth, 3rd Celestial Heaven: It is James, the age-long control is starting to come undone. It's the end of this manifestation of the Rebellion by Default. It's now moving into the End Times, there are more shenanigans to come, but Trump and Putin have the wind at their backs now and should be able to keep pushing ahead by introducing the world to a new world order, only one better suited to the individuals needs rather than the globalist-socialists greedy needs. For as we've explained to you, it's all about setting up humanity for the Aftertimes, with the 'Trump people' looking for a more equal way of life in which the individual is given more say and support by those in control, compared to you all being made into slaves of the hidden controller's, a very miserable and depressing Aftertime indeed!

And this all needs to happen so as to start changing the way people think, what they value, what they need, making them come back to a more realistic level of expectation and looking to the truer simpler values of life, like making the most of what they do have whilst focusing on their relationships. People all suddenly being forced together because of the panic about the Coronavirus whilst at the same time depriving them of their standard of living they were used to because of their inability to work in such a panic environment, will make many people reassess their lives, all of which is designed to start making them question, everything, which will lead them to being more open to all you're going to be presenting – confronting – them with. The world as it was a few months ago was in no position to embrace the likes of someone like yourself James, that being when you're Healed of course, whereas with a few more broadsides like this with the economy failing and the virus scaring the hell out of most people, they'll be open to just about anything. And what more than a 'Saviour' coming to 'save' all the people when everyone is so stressed out, they being prepared to listen to anything that might help them.

James: Some saviour when I can't even save myself! I'm still realising just how complex my fucked up state is and how ingrained in it I am.

Nanna Beth: As you should be and which is how it is for you James, because you've had to subject yourself to the complete denial of the truth of yourself, that which the Rebellion by Default imposes on everyone. But when you've seen the truth of it all, then you will change, and the world with it.

James: It's all still too fantastical, so far removed from how I feel, even though of course I love all you say Nanna Beth, which is part of my problem, because of hoping it's true.

Nanna Beth: I know James, it is so difficult for you, however as we've told you, it can't be any other way; and it could be, then you'd be different. And so occasionally, and because of your progression in accepting the truth of your rebelliousness, we are able to come forward and match that progression by being able to tell you a little more. And then that can cause you more problems as you come up against yet more within you that's denying you the truth of yourself.

And so here we are again, because of all you did yesterday, I can reveal a bit more to you, all to add yet more confusion.

James: Okay, go ahead, what can I say, I don't want you to stop even though it is all so dementing. This business about the Pole Shift, oh my god, talk about making it even more difficult.

Nanna Beth: I understand James, but it will all come clear in due course, and more so when you're Healed, as then we'll be able to tell you all you need to know from our side. But in the meantime, just to add more confusion, I am to tell you that the Pole Shift is real, however what actually happens contains elements of both what Ben and Douglas say, and these elements varying with each Shift. So you'll not be able to work it out satisfactorily using what they have both come up with. And not only that, but the angels, as you have deduced, play a much greater role in it all than what you've discerned for yourself. The angels are coming to Earth for the dual purpose of administering the Shift and to do whatever it will be that you – your soul, yours and Marion's – ask of them. And so there is a lot more they are to tell you about themselves and their involvement with you and the world. And you're not going to be able find many more clues to it from anything the world has to offer, you've pretty much exhausted that source of information, so now you're moving to become more reliant on the angels themselves and on us. And even though we'll stay removed from you for some time longer whilst you work your way through these other parts of understanding how the Healing works, we're still very attentive and 'feeding' you with bits and pieces all the time. And it doesn't matter from whom these bits and pieces directly come from, we're all a united 'source' for you James. And we're working more with your soul-perceptions as they start to come 'alive' and function better, so the voices in your mind might all end up as one voice – the 'Voice of God', when really it's a compilation of sources coming together. We spirits will be aligning ourselves more with your angels, so it will continue to be your angels that will do most of the 'verbal' communication with you in your mind, however I'll still continue to write personally like this with you.

And as we all 'become one voice in your mind', so you'll be free to receive other voices that are going to come to you, such as the Divine Minister and the Melchizedeks themselves. It will be the Melchizedeks in conjunction with the Divine Minister who'll be guiding you and Marion through your revelation so far as what is going to happen to the Rebellion and Default and humanity, and you personally. The Melchizedeks and the Divine Minister haven't been able to be as forthcoming with you as you would have liked because of the restrictions of the Rebellion and Default. But once you're Healed, they will be who you'll work directly with, with the angels and ourselves being 'backup' so to speak. We Celestials and your angels will be 'riding shotgun' with you James, because it looks like the Melchizedeks and the Divine Minister have a lot in store for us all. And if you think about it, they want to reposition the whole of humanity so as to be able to embrace, not only your revelations, but to ensure those people remaining on Earth and many in the mind worlds will be able to keep doing their Spiritual Healing, should they want to do it. So everything is going to be restructured to support and give those people doing their Healing top priority. Basically they are wanting to **establish the Healing Mansion Worlds on Earth**, and fill up those worlds in spirit with spirits coming into them from the mind worlds. The Mind Worlds with the advent of the Shift are going to be crammed to capacity, so they want to ease that burden, so many people are being prepared to accept change, that being to accept the truth of the New Way, and want to live it. There is currently plenty of spare room in the Healing Worlds, so there will be a concerted shift in humanity to get people and the mind spirits to begin their Healing. Humanity is lagging badly spiritually, so the next 1,000 years, which will mostly be seen in the mind worlds, will be to drastically reduce the numbers of spirits still wanting to carry on in their delusional mind state.

So really we're not privy to what the Melchizedeks and Divine Minister have in store for you and Marion, we've been told a small amount and have been able to make some logical deductions by observing what is happening on the world, what's happening with you and Marion, and what we've been able to tell you personally, but still it doesn't amount to much. So don't put too much pressure on yourself trying to find it out; and certainly not from us as we don't know, your angels know but won't let on, with you now having to wait for yourself to be Healed so the Melchizedeks and Divine Minister can come directly to you.

So it's all very exciting. All the goings on, on Earth, are the start of the 'Shaking Up' all of which will help you and Marion and those people wanting to find out about and then live the New Way. Still, it's early days, you and John are still working to prepare yourselves, still helping each other in your different ways so that the groundwork or foundations are laid. And that's not to say that all of what you and John have talked about might physically manifest, as it's more about what the talking about these things have done for you both personally in your soul growth; because as I said, once the Melchizedeks and Divine Minister reveal to you what they want you to do – what you'll be doing, what our Mother and Father want you and Marion to do – and how you'll go about doing it, then it could be that everything changes. We don't know, as I said, so we don't want to get John's hopes up in that all he's been working so hard will come into reality, it may, some of it may, or none of it might happen, or a variation of it will happen, for as I said, we don't know, and I'm being honest about that.

And I know John you might sigh heavily then wondering what it has all been about, however all you can know is it's all been what you have needed to do just as it's what James has needed to do. So we're all in the same boat now, waiting to see how it's all going to unfold, because it's not currently for us to know. It's still all secret, so we're at a loss as to what more we can do to help you, so we're all waiting until the next major phase. Which is what you're both feeling; so for us all, we're now waiting on our Mother and Father.

The excitement over here in the Celestials is palpable, we're all full of light rearing to go. We all long to be 'let off the leash' which we can sense is coming, just as are the angels. And I know it's so frustrating for you James and John, however it can't be any other way.

So John, just keep doing what you feel to do, and deal with your frustrations the best you can. Things will, so we assume, soon break and then the way will become more clear. And as you are in lockdown anyway, that all matching with how you are feeling on the spiritual level too, the physical in sync with the spiritual in your lives, so you can take this as a good sign, it being again what you both need in your different ways to help you do what you have to do to keep growing spiritually.

So I can't tell you anything more about the Money John, and I'm afraid the confusion from Helen to Crystal will continue for you. Crystal herself is undergoing huge changes, much of what she has believed in is beginning to come under assault from within and without. American's are in a bad way, far worse and far more untrue than most Australians, and especially you older Australians. So she is going to experience a lot of mental confusion and disorder, so if she behaves rather oddly, don't worry, it's all part of her being prepared so she'll be open to deal with the realities she'll have to face once her real work begins.

You John on the other hand are far more realistic and in tune with the world and how it works, far more down to Earth anyway, and will not be surprised by much of what Crystal will be, without you having to make the massive amount of mental adjustments she will have to make. And I'd advise, not to send her these writings; in fact we don't want, and neither does James, you to send this 'message' to you today to anyone else, just keep it between yourselves as really it doesn't involve anyone else.

I know you like to keep everyone informed, those people who've supported you all the way along and who are genuinely interested, and that is reasonable and caring of you, however this is all really now just personal stuff with James such as all this about the Divine Minister and the Melchizedeks. Because I want you to understand my dear grandson, that you are in a very special and privileged position, ordinarily James wouldn't be sharing any of this about the higher spirits with anyone, it's not necessary for him to do so, it is entirely something extraordinary; you and Samantha, and all because he's needed a mortal connection, so you on the mind level and Sam the Healing side of things, so as to gain the

necessary feedback from all he's doing. You and Sam both have a very special place with James, and we don't want you or her to abuse it.

So I would advise you to keep all this about the higher spirits to do with James up to James should he want to tell anyone, then that's his business, and so in the meantime and until he tells you otherwise, let's just keep all of this higher spiritual stuff between ourselves.

But don't worry, because it will really be only for now, during this last bit of his Healing, because once he and Marion are changed, it will all change and then they'll be able to tell you what you can and can't say; but should there be any restrictions placed on you in that way, you'll understand for yourself that it's the best thing to do anyway, so it won't be hard for you to honour what they say, and I promise they won't make it difficult for you anyway.

So again, I want to make it very clear to you John, because it's very important, just leave out the higher spirits stuff, about James and him going to work hand in hand with the Melchizedeks and Divine Minister, just leave all that to him and he'll keep you informed should anything along those lines happen.

The parts you've already written about it in your Pascas Papers is fine, you don't have to change anything in them, they are all fine and we're more than happy with your understanding about it all. And we're leaving it up to you as to who you want to send your papers to, how much and how intensely you want to deal with someone who's new or even already involved in understanding all of this – your feelings will guide you in this as they always have.

So really all you need to know personally John is that we're in something akin to a 'holding pattern' as everyone moves through the final parts of what needs to be done in preparation for what's to come. Things are all going perfectly well, and you'll just have to see what else is in store for you and humanity as things continue to unfold and reveal themselves to you.

So I will end now. James is not going to send this to Samantha, as really it's just for him; however because you started it with your question about the Treasury, which is a very positive move for America and Trump, yet one that's still in its infancy, it's going to cause many knock-on problems even for Trump but he will work through them, then I've included all the rest I wanted to tell James officially 'For The Record'.

I will have more to say soon, so enjoy your 'confinement' the best you can, and I'll be in touch. Should you want to keep asking me questions about any of it John, please do, however understand I doubt I'll be able to be too forthcoming about many of them.

We of your family over here John are all very close to you and Carol and all the children. I'll go now, thank you James – Nanna Beth.

For those of you with a mathematical brain, even with tens of thousands of returning travellers, we have managed to limit and control spread such that the doubling time (number of days for total case numbers to double) for Queensland has gone from a low of 3 to almost 20 days. Our collective actions are really flattening the curve. This is great news for Queenslanders, our vulnerable, and for you - those who will care for the sick.

5 April 2020

Putin & Trump Versus The New World Order: The Final Battle

<https://www.zerohedge.com/geopolitical/putin-trump-versus-new-world-order-final-battle>

by [Tyler Durden](#)

3 April 2020

Authored by Sylvain LaForest via [OrientalReview.org](#).

We live in exciting times.

The unknown that lays ahead for all of us is both exhilarating and scary. Exhilarating in the long term, but rather scary in the short term. All empires eventually die and we're in the terminal phase of the New World Order that will not recover from the Russian roulette game it has been playing, for Vladimir Putin handed it a loaded gun and it pulled the trigger.



The last few weeks put everything in place for the last battle. There are so many different facts and events, left and right, and I will try to do my best to remain methodical in this complicated expose. Bare with me, I've been struggling for three weeks with this article because of the insane amount of additional details that each day provides. It might have been a wrong time to quit smoking, but I enjoy a good challenge.

Dropping dollars

A little context is required. The New World Order concept is simply the wish of a handful of international bankers that want to economically and politically rule the whole planet as one happy family. It started in 1773 and if it went through important changes over the years, but the concept and objective haven't changed an iota. Unfortunately for them, international banks that have been looting the planet through the US dollar since 1944 are now threatened by hyperinflation, as their printing machine has been rotating for years to cover their absurd spendings to sustain oil and resource wars that they've all ultimately lost. In order to prevent this upcoming hyperinflation, they generated a virus attack on four countries (China, Iran, Italy and now the United States) to spread panic in the population, with the precious help of their ignominious medias. Even though this corona virus isn't different from any new viruses that attack humans every year, the media scare pushed people to voluntarily isolate themselves through fear and terror. Some lost their jobs, companies are going bankrupt, the panic created a stock exchange crash that emptied wallets and dried assets, resulting in a few trillion virtual dollars off the market to release pressure off the currency.



So far, so good, but everything else went wrong in this desperate and ultimate banzai. The top virologist on the planet confirmed that chloroquine was being used by the Chinese with spectacular results to cure patients, then he improved his magic potion by adding a pneumonic antibacterial called azythromicin, and saved everyone of his first 1,000 cases, but one. Donald Trump immediately imposed the same treatment through a fight against his own Federal Drug Administration, bought and owned by the deep state. This forced all medias to talk about Dr Didier Raoult's Miracle Elixir, signing the death warrant on our confidence in all Western governments, their medical agencies, the World Health Organization, and medias that were trying to destroy the impeccable doctor's reputation, while inventing sudden «dangerous side effects» of a nearly inoffensive drug that has been used for 60 years to treat malaria. Not so far away in Germany, internationally praised Dr Wolfgang Wodarg noted that the engineered panic was totally useless, since this virus isn't any different than the others that affect us every year. This has been an amazing victory for Trump and the general population on social medias, whom exposed together the pathological lies of the official communication channels of every New World Order country. De facto, the credibility's of these puppet governments have vanished in the air, and from the eye of the storm, Italy will surely exit the EU right after the crisis, which will trigger a domino effect running through every EU countries and NATO members. **My friends, globalism is dead and ready for cremation.**

Digging the abyss

International bankers couldn't see it coming in 1991, when they dominated 95% of the planet after the fall of the Soviet Union. It seemed that nothing could halt their ultimate mission to complete their Orwellian dream: destroy a few countries in the Middle East, enlarge Israel, and get the total control over the world oil market, the last piece of their Xanadu puzzle that they've been working on for a whole century, starting with the Balfour declaration in 1917.

When Vladimir Putin got in charge of Russia, there was no sign that he would do better than the drunk he had replaced. An ex KGB officer seemed like a choice more driven by nostalgia rather than ideology, but Putin had many more assets going for him than first met the eyes: patriotism, humanism, a sense of justice, cunning ruse, a genius economist friend named Sergey Glazyev whom openly despised the New World Order, but above all, he embodied the reincarnation of the long lost Russian ideology of total political and economical independence. After a few years spent at draining the Russian swamp from the oligarchs and mafiosis that his stumbling predecessor had left in his trail of empty bottles, Vlad rolled his sleeves and got to work.

Because his opponents had been looting the planet for 250 years through colonisation insured by a military dominance, Vlad knew that he had to start by building an invincible military machine. And he did. He came up with different types of hypersonic missiles that can't be stopped, the best defensive systems on the planet, the best electronic jamming systems, and the best planes. Then to make sure that a nuclear war wouldn't be an option, he came up with stuff which nightmares are made of, such as the Sarmat, the Poseidon and the Avangard, all unstoppable and able to destroy any country in a matter of a few hours.



Russian President Vladimir Putin, centre, gestures while speaking during an annual meeting with top military officials in the National Defence Control Centre in Moscow, December 24, 2019. Putin said that Russia is the only country in the world that has hypersonic weapons even though its military spending is a fraction of the U.S. military budget. Russian Defence Minister Sergei Shoigu, left, and Chief of General Staff of Russia Valery Gerasimov, right, attend the meeting.

With a new and unmatched arsenal, he could proceed to defeat against any NATO force or any of its proxies, as he did starting in September 2015 in Syria. **He proved to every country that independence from the NWO banking system was now a matter of choice.** Putin not only won the Syrian war, but he won the support of many New World Order countries that suddenly switched sides upon realising how invincible Russia had become. On a diplomatic level, it also got mighty China by its side, and then managed to protect independent oil producers such as Venezuela and Iran, while leaders like Erdogan of Turkey and Muhammad Ben Salman of Saudi Arabia decided to side with Russia, who isn't holding the best poker hand, but the whole deck of cards.

Ending in the conclusion that Putin now controls the all-mighty oil market, the unavoidable energy resource that lubricates economies and armies, while the banksters' NATO can only watch, without any means to get it back. With the unbelievable results that Putin has been getting in the last five years, the New World Order suddenly looks like a house of cards about to crumble. The Empire of Banks has been terminally ill for five years, but it's now on morphine, barely realising what's going on.

Tragedy and hope

Since there is no hope in starting WW3 which is lost in advance, the last banzai came out of the bushes in the shape of a virus and the ensuing media creation of a fake pandemic. The main focus was to avoid a catastrophic hyperinflation of the humongous mass of US dollar that no one wants

anymore, to have time to implement their virtual world crypto-currency, as if the chronically failing bankers still have any legitimacy to keep controlling our money supplies. It seemed at first that the plan could work. That's when Vlad took out his revolver to start the Russian roulette game and bankers blew their brains out upon the pressure on the trigger.

He called a meeting with OPEP and killed the price of oil by refusing to lower Russia's production, taking the barrel to under US 30 dollars. Without any afterthought and certainly even less remorse, Vlad killed the costly Western oil production. All the dollars that had been taken out of the market had to be re-injected by the Fed and other central banks to avoid a downslide and the final disaster. By now, our dear bankers are out of solutions.

In the meantime, Trump also poked at the tie-wearing gangsters. While medias avoided the corona-killing chloroquine subject, an old pill designed to cure malaria, Trump imposed to the FDA the use of this life-saving drug on US infected patients. Medias didn't have any choice but to start talking about it, which ignited a chain reaction: big pharmas CEO's were fired because they had just lost the vaccine contract, countries like Canada looked like genocidal fools for not using the cheap and inoffensive medication, while a most outrageous criminal act by a government was exposed in full light: the Macron government had proclaimed in January 2020 that chloroquine was harmful and had restrained its use, just a couple of weeks before the burst of the fake pandemic! Russian roulette is a popular game in Western governments these days around.



On Saturday March 28th, Russia announced its own corona-killing brew, based on Dr Raoult's magic potion. Yet another Cossack blow, this time to the big pharmas jugular vein, while most Western countries now have to implement the good doctor's treatment, or face the slap of a Russian pill coming to save its citizen. **Putin is in the lifesaving business these days: in the last week of March 2020, he sent 15 military planes filled with doctors and supplies directly to North Italy, after an aid plane from China was blocked by the Czech Republic.** We're about to learn that European countries fear that China or Russia finds the truth in the Lombardy region, where people are not dying from some corona bug, but probably from a deadly cocktail hybrid from two earlier vaccines for meningitis and influenza, that they were injected in separate vaccination campaigns.

The punchline

I said earlier that every day brings amazing news. Well on Sunday March 29th, the most stunning of them all fell like a ton of bricks on social medias: confined onlookers learned that Trump had taken control over the Federal Reserve, that is now handled by two representatives of the Treasury of State. Of all the crazy news within the last month, this is by far the best and most shocking. After three years in power, Trump has finally fulfilled his electoral promise of taking private banks out of the US public affairs, ending a century of exploitation of the American citizens. He has put the infamous Blackrock investment group to start buying important corporations for the Fed, meaning that he's nationalising chunks of the economy, while avoiding the crash of the market by implicating important private investors in the deal.



President Donald Trump gestures with Jerome Powell, his nominee to become chairman of the U.S. Federal Reserve at the White House in Washington, U.S., November 2, 2017

This utmost daring move comes at a crucial point in time, and faces us with the realisation that Vladimir Putin and Donald Trump are united and have taken humanity to the crossroads of the New World Order and freedom. As I have stated often before, I thought that the world would deeply change between 2020 and 2024, because these would be the last 4 years of these two heroes in political power of their nations.

The New World Order is facing the two most powerful countries on the planet, and this fake pandemic changed everything. It showed how desperate the banksters are, and if we don't want to end up with nuclear warheads flying in both directions, Putin and Trump have to stop them now.

Terminate the BIS, the World Bank, the IMF, the European Central bank, the EU, NATO, now. Our world won't be perfect, but it might get much better soon.

Easter resurrection is coming. This might get biblical.

Yes, you read it: The US Federal Reserve Bank went into default and has now been nationalised, taken out of the private hands of the 'New World Order' and is integrated with the US State Treasury. A move all countries must follow!

Monday, 6 April 2020

James: Nanna Beth, your ‘missive’ arrived with perfect timing for John, he said he loved all you said and it helped him a lot to deal with all the pressure of how he’s going to do all of Pascas. As there’s so much to all the new revelations, it’s a bit overwhelming for an old bloke who only has his small beer fridge and hot tub to keep him from going over the edge.

However, he must still want more ‘punishment’ because he’s asked me to ask you another question.

Nanna Beth: He’ll cope, made of tough stuff is ‘our John’. And he’s got US ‘at his back’, so what’s he got to worry about?

James: Exactly?! I think you’re part of the problem. I think he feels he has to live up to his family’s expectations.

Nanna Beth: He can worry about those expectations when he starts his Healing. He’s got other work to do first!

James: Do you need me to write his question?

Nanna Beth: No James, I prompted him to ask you! So I will answer it for him, a little of it anyway.

The straight out answer to it is yes, Trumps taking over the Fed (The Federal Reserve System is the central banking system of the United States of America. It was created on December 23, 1913, with the enactment of the Federal Reserve Act, after a series of financial panics led to the desire for central control of the monetary system in order to alleviate financial crises.) is causing problems with all the funds, however there’s more to it than that. It’s not the exact cause.

And the exact cause I can only summarise, as it would be too much to write out and explain to you James, but it’s all the behind the scenes goings on that are bringing about the new, new order as I told you yesterday. The socialists are still intent on implementing their ‘end game’, however Trump’s lot are on top of it, implementing theirs. And John and the other funds are all caught up in this. So there is a lot of confusion, no one really knowing what’s happening because of the virus problems and all the nonsense lockdown stuff you’re all having to go through.

However we anticipate it should sort itself out soon, within the next couple of months, and then it will start to become obvious that the globalists are in retreat with a ‘new ascendant power in town’.

James: You love using all those American movie sayings, don’t you?

Nanna Beth: Yes, they express easily the feeling or sense of that I want to convey, and your mind is full of them James, and I love the absurdity of most of them and that whole mind-approach to the language, trying to water it down and express it in a cartoon way.

So when this becomes apparent to you John, then things will start moving forward with the fund monies because the globalists and everyone else will understand that they are good source to be tapped into so as to move to the next phase of their trying to regain and maintain control.

The End Time fight will go on for quite a number of years, however will not be of any concern to you and John or the others’ funds, and there are other ‘funds’ and ‘pools’ of money to be revealed as well, all

to join in the ‘good fight’, that being wrestling the world from its addiction to the untruth – the true spiritual fight.

James: You and the angels, everyone, has said there will be all this money, so much of it and so on, but I don’t know, I’m sure you’re still just winding me up.

Nanna Beth: I know James you feel this way, which you are meant to feel, as it’s to keep the pressure on you, however that’s not to say that all you’ve been told is fallacy.

The timing, although frustratingly slow for you and John, is perfect, as you’ll both see in time, so all you can do is keep going as you are working through that which comes up for you both.

There will continue to be a slow but steady stream of new people for you John, some of who will continue to be involved, others will fade, but it’s all part of ‘spreading the word’. Someone you might contact, for example John, might not sound very interested which might be a ‘downer’ for you, however they will tell someone else, and so on, and will end up bringing the right person along to you.

There’s something of a ‘consciousness’ forming about Pascas, you John and The Revelation. An odd one to be sure, but still one people are keeping an open mind about, ‘because you just don’t know’, so all your efforts John are not in vain. We together with your angels, and their angels, are keeping all that ‘consciousness’ alive and spreading where it needs to.

There are other major events to occur concerning the three funds, and the other ones (which aren’t so much ‘funds’ but other sources of money, and lots of it) and some of these ‘events’ might make you feel depressed and like it’s all failing, however that’s all part of what is to happen so as to move through to the next stage. There are going to be (and already are) a huge amount of ‘vested interests’ in such a lot of money, and so many of negative interests are going to be shut down and dealt with by us and the angels as required, but first they will need to come up so they can be shown for what they are, so those people who’ll be doing the actual shutting down will be able to ‘Shutter’ them.

The Rebellious forces are losing their power, and even though those fighting against them are still within and of the Rebellion and Default, they are just not as much of it, or at least how they are in it will help the Truth come to light, they won’t stand in the way of it, whereas the real worst of the worst controlling the world, would. So these worst of the worst are progressively to be shut down, distracted, sent off on other dead end tracks, ‘removed’. Not so much ‘disappeared’ (that’s another one of the lovely ‘new words’ isn’t it James –

James: Yes, Marion laughs every time I use it, so I love using it just for her) but just ‘put out of action’ – sidelined; yes, that’s a better word.

Nanna Beth: You’ve got all those words somewhere in your mind James, and I love sifting through it looking for them.

James: You love sifting through the swamp / junk yard that is my fucked mind?, well that must be ‘exciting’ or challenging for you Nanna Beth! I’m not sure I’d like to be probing around in it. Boring as shit I would think.

Nanna Beth: Don’t underestimate the murk James, you never know what you might find lurking in it. And it takes nothing for us to do, it’s one of the wonders of having a Celestial mind that works in close association with the angels. Nothing of you is not known to them James, they have you completely

dissected in their minds, they can access you on the subatomic level if need be, so nothing of your being (of all our beings) in Creation is beyond their grasp and understanding.

Anyway, John you'll be happy with the eventual outcomes and all these delays are part of what you both need for your progress, as I said yesterday, which is why it's taking years for all of this to come to fruition. And had it not taken all these years with all the personal twists and turns you've both been through individually and together, then you'd not be able to do or relate to what is to come. So the 'master-minds' (Us Celestials!) behind the real scenes have it all well in hand. And it's right that you are flying blind all the time John not knowing what is happening or where you're going next, all so you can react in the appropriate way when the things happen.

When you can, the three of you 'fund-managers' will meet and then things will become a lot clearer for you John. And by then things will have changed enough behind the scenes so as to help you see what is happening. However, other than telling the others that you do suspect that all your funds are being held up because of all the events, don't tell them anything more about what I said, keep this again all to yourself. It's important for everyone to go through what they will at this time pretty much by themselves – or at least, seemingly 'unaided' by us spirits.

So that is again all I can say for the time being. I know it's not that practical, however as you know, when you read these communications from James, it's more what they trigger and make you feel and think that's the 'coded messaged' being given to you by us.

And so with that little pearly gem for your 'further consideration', I will leave you both. Speak to you soon – Nanna Beth.

J: John, she's a 'cool one' your Nanna!

Eyes Wide Open: Will The "Masters Of The Universe" Notice No One Takes Them Seriously Anymore?

<https://www.zerohedge.com/markets/eyes-wide-open-will-masters-universe-notice-no-one-takes-them-seriously-anymore>

Tuesday, 7 April 2020

This, like most current models, is guess-work in terms of the underlying assumptions (such as a rate of infection of 2.5). But its' message is clear. Going for partial opening or localised opening will invite some sort of Phase Two. China already is experiencing this – and has had to lockdown Jin Province, after it had just opened Hubei.

Where then does the balance of advantage lie for desperate leaderships? Who knows? **A phase II may arrive anyway; the virus might mutate (as happened in August 1918, with Spanish 'flu), and become more (or less) lethal.** What makes Covid-19 infection particularly difficult to manage or predict is that it drops infection from day '0', yet the carrier will not experience any sense of having been infected (or being ill at all) until 5–8 days later. Yet all that time, he or she will be 100% infectious – and potentially spreading a new phase. (There is no general testing for antibodies).

Governments likely will ease distancing anyway to alleviate the social and economic pressures. They will have their fingers crossed that Covid-19 does not return in a new phase to 'thumb its nose' –

and make a nonsense of all these measures. It is a gamble – and these governments’ credibility will be on the line – whatever they choose. They are becalmed between Scylla and Charybdis: no good options.

So, where does this take us? To a (not unexpected) schizophrenia. On the one hand, there are those – so in thrall (in the J B Yeats sense) to the status quo – that anything other than a rapid re-instatement of ‘normality is beyond their reach. Mental retort sealed shut. As [one example](#):

“One well known set of UK asset managers this morning [yesterday] are blithely predicting a V-Shaped recovery from the third quarter onwards ... They think QE Infinity packages have “resolved” the debt bubble, the equity market is now realistically priced for a global recovery, governments have mitigated the damage, and we will see a massive jump in sentiment, activity and repressed demand when the lockdowns end, and economies reopen – with a leap of unfettered joy”.

This line of thinking holds that what is happening in the U.S. and Europe is not a real recession. The economic fundamentals were great. We shut down the economy only because of Covid-19. So, if we were just to start it back up again – everything will be fine.

But, just as heavy doses of refined sugar may impact the human brain in a manner similar to addictive drugs by releasing dopamine, the brain’s “reward” chemical. So too, since 2008/9, we have what Dan Amoss calls, a [‘sugar-rush economy’](#).

So, the prescription inevitably – to maintain the status quo – is more sugar, more spending and more money printing. And if the effect starts to wane, the reaction is to ‘double the dose’. It is all wishful thinking. It’s a part of the delusion. The economy wasn’t fine. Since 2008, the Fed has fed a sugar-rush economy. It’s a bubble. That’s the problem. And the bubble may have been fatally pricked.

What happens, when finally, we are released from lockdown: We will walk out – still blinking – into the daylight, but it will be a very different world. We will see that human agency – i.e. our governments – were wholly unable to have wrung a scintilla of victory from this war. Recriminations will multiply. If death has retreated – finally it will be because nature, and biology, willed it. There is, of course, human agency – but there are other forces at work in this Cosmos of ours, that can make human Promethean hubris appear pathetic.

It was just such insight that so unsettled Seville, in Dostoevsky’s allegory. The extraneous ‘intrusion’ into their city jerked into consciousness half-forgotten memories of what it is to be fully human, and recalled a different mode of human potential. Intimations of mortality, often do that trick (too), of course.

What follows will be a more hesitant, cautious world. Shocked economically, and at our root we will, I suspect, be much more careful in the future: credit cards will be cut in two; we will try to save more, and we will adapt ‘downwards’. Will we go out and spend liberally? A pent-up ‘jump in sentiment’? No. The experience for all has been chastening. Who now sees the future with any certainty? Every aspect of life is going to be changed. Some of the smaller businesses will open, but many will remain shut. Many of us will continue to work from home. Many of us won’t work at all – and may never work again.

But what seems to be searing the public consciousness is of a different mode: Empathy during the pandemic – there was none. (Recall the comments how Covid-19 striking down Hubei would be good for America). Solidarity – there was none (at least from the EU, to be sure); Leadership – there was none, yet semi-legal corruption – abundant. Trump has taken charge of the U.S.

Treasury, which in turn, now fully controls the dollar printing presses of the Fed. Trump is King Dollar. He can print whatever he likes. Give it to whomsoever he wants (via the Treasury's secretive Special Purpose Vehicles (SPVs)), outsourced to Blackrock Fund. The U.S. Budget now is toast.

As one banker [noted](#):

“Would you want to be a Democratic candidate running against [a Trump] spending USD2 trillion on infrastructure in a weak economy? Good luck with that!”

Eyes wide open: Where is our moral compass – as well as our common humanity?

The mask is off: *Is this the point of inflection for the global order, when the western hyper-financialised system is unable to reform itself, refuses to reform itself – and yet is unable to sustain itself, as it once was?*

Will the system – so busily engaged in looking after itself – even notice that the world doesn't believe in it anymore, not even one jot?

COVID-19, a Corona Virus and Viruses Overall:

Tuesday, 7 April 2020

In case you need a little more lockdown reading material, this is from our dear friend and lovely Lady of the Lake:

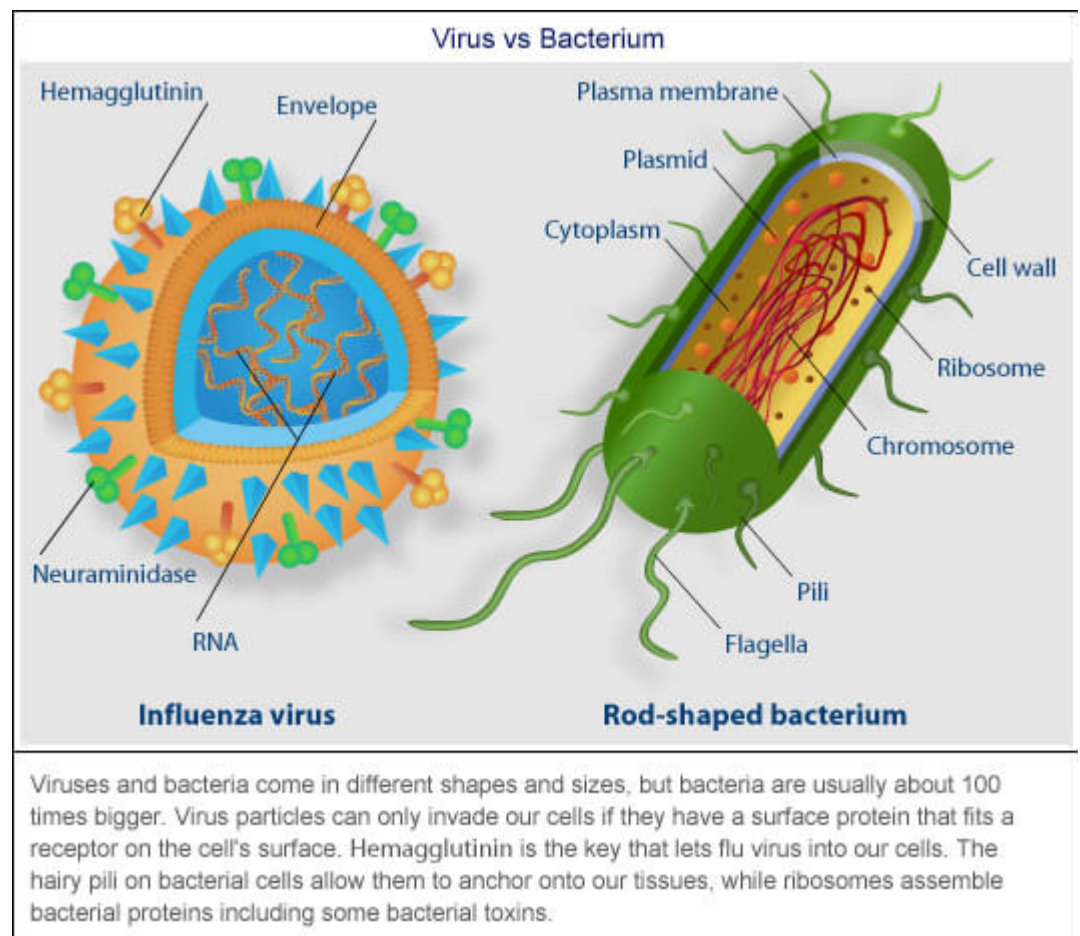
James: Verna can you please tell me more about viruses and their relationship with us? I read so many contradicting things.

Verna, a Nature Spirit: Certainly James. The most important part that is lacking in your understanding is still the consideration of how much we Nature Spirits and your Angels play in it.

James: I know, so can your dear self please enlighten me?

Verna: I'll do my best. You watched a video that said Viruses can't be caught, that they don't behave within the body as bacteria and mould spores do. Which is correct, a virus can't be caught, even though they seem to display similar ways with people suddenly catching them. I'll explain how that happens later. You read of a scientist examining the home of people with the current Covid-19 virus, and they found no evidence, no virus on things in the family's home, therefore discrediting everything else you read that suggests viruses can stay alive, depending on the temperature, on things where the sun's radiation can't get to, for varying times from hours to days. So what is correct?

Well, the virologist is right in that viruses don't exist by themselves in the environment, they need to be in the host cell, unlike bacteria and mould which exist of themselves. So this is where it gets difficult. There is a specific time, and it's relatively short in which the virus can survive within a cell that might be contained within a drop of saliva or breathe should that drop contain cells from the person with the virus within it. But as soon as that cell dies, so will the virus die too. The virus is life that doesn't exist by itself, it needs a host to provide it with its life, but it does have an ability to stay in a sort of dormant state outside the host cell, however that only happens under very specific circumstances.



So the virologist would have to test for the virus, provided they have a test that can identify that specific virus, before the family ‘contracted it’, through the ‘incubation stage of possible days’, then through the illness period, then afterwards for a certain amount of time to insure it has gone. So there will be times when people might be sick with it, yet nothing will be found in the environment to show they are sick, that the virus is present. Then other people might not seem sick and yet if their living environment was tested you’d find it all over the place. And those people might get sicker and they might not, all depending on the need for their body to have the virus ‘active’ and to what degree.

So you can see, it’s quite complex, all of which means you have no way of keeping such a thing under control as your authorities are trying to do. However by making everyone stay at home, stopping all human interaction other than in the family, then of course it will show that the virus has been ‘conquered’ and they were right taking such actions and aren’t they the great ones saving everyone. But as there are endless viruses circulating about the world, why pick on just this one, and so what are the hidden agendas behind that?

Now the trouble with **vaccines** is they are made from the waste of the infected virus cell as you saw on that video so by receiving a vaccine you will receive the virus, however mostly it will be in it’s ‘sleep’ mode, so it will appear like it’s a good thing and people don’t get sick immediately from it, and the body will replicate certain elements to fight the virus you are being vaccinated for, along with keeping a ‘viral memory’, so from that point of view, the vaccine does appear to work, however as it’s a totally unnatural and intrusive invasion of your body, you are making your body act as if it has itself ‘fought off’ that virus, when it hasn’t. And so because of tricking the body into believing you have beaten that virus, it causes other problems for the body later on when it comes in contact with a similar virus because the body won’t have all the true systems needed to deal with the new virus, it only having some of them because they came about from the vaccine, so the vaccine does compromise the bodies true system of dealing with such things.

The thing is, because you screw around with nature, only studying and seeing a small picture of what you’re doing and the consequences of it, as long as it seems to be good and the thing you want, then you don’t see, don’t want to see and can’t see anyway, other problems you cause. So it’s always a trade off, with people and their bodies and the whole of humanity reaching crisis times, when you either die from all the screwing around or the whole of humanity has a massive breakdown, freakout and partial death, as what’s happening now. All the screwing around is catching up with you, and all to show you that really you have to give it all up and **go back to the basics** – living in harmony with nature.

However for some people, living in so-called harmony with nature, which means if they gave up all medical interference and help, would become once again at the mercy of such cruel diseases, which is true, those diseases would once again flourish. But this living in ‘harmony’ is to be remembered as living in ‘harmony’ within your rebellious state. So if you all Heal yourselves being of true and perfect Natural love, then by living in harmony with nature, which you would naturally be doing, such horrendous diseases would not afflict you, because you’d not need them to show you that you’re disharmonious with nature.

As you understand, it’s all a vicious circle, the more you ‘advance’ in medicine, the more you are making your future more difficult. People at this time might seem to be enjoying all the wonderful health benefits of medical science compared to those people centuries before, yet that’s all compounding in error for future people. So medical science will have to then work to combat what the future holds based on how you’re currently screwing nature and yourselves around, and on it goes, until you can’t

keep up and nature overwhelms you again and you're right back to where you were before you started your great mind-taking-over quest.

So back to the virus, what it really comes down to is: if your soul needs the experiences of the virus you will 'catch' it. And mostly we Nature spirits and your Angels work within the parameters of nature, however at times we can also step outside them. For example: When a virus or airborne bacteria, for example, is active in the population the souls of those people needing the experiences from that virus or bacteria will contract it mostly through natural means. So an epidemic or even pandemic can suddenly flare up because all the souls involved need it to do whatever they require, which is really to provide you with all the feelings you need, so you can either deny them more – if you are living against the truth of yourself; or use them to do your Healing if you are living truer to yourself.

So as you are living in an untrue self-denying state, you will keep getting sick so you can keep having more bad feelings so you can use them to further deny yourself your truth using your mind. Your negative anti-truth patterns established through your childhood have to keep being fulfilled, so periodically, the frequency being the same as you experienced during your childhood, things will happen to you, from within and without, that will generate those same feelings, which you can then reject with your negative and unloving patterning, or accept with the new patterns you are trying to introduce as you struggle to do your Healing.

And then, let's say one soul, or ten, or a group or millions, even the whole of humanity, every soul, all at the same time needs the experiences from a virus to feel all the feelings they need, which will be **different feelings for every person**. And if let's imagine that virus is not currently available, or it is, however there is no way it can 'infect' people, then that's where we are allowed to step in, and 'give you the virus' or whatever illness or problem you require.

We are mandated, the Nature Spirits and Angels, to only override the natural functioning of nature on a physical world when a soul or souls require certain experiences that the natural world can't supply. So if there is no virus active, or if it is active and yet you are not able to 'receive it through natural means' then we Nature Spirits, and mostly your Angels, can 'make you have it', we can alter the light configuration in a cell so as to simulate the cell being invaded by the virus with the cell then replicating it and so spreading it throughout your body to the degree you need it. And that degree is then controlled by your soul with your angels making all the necessary minor adjustments you require. So for example, whether your angels give it to you – make it within you or you get from natural means, they will continue to monitor you with it, making sure by adjusting your spirit body light, that the physical gets as 'sick' as required all to provide you with the feelings your soul needs you to have, all in accordance with your childhood patterns, all so you either further deny those feelings further advancing your rebelliousness by denying the truth those feelings would have brought up in you to live; or to help you accept those bad feelings to help you uncover more truth from them, so progress in growing in truth, which will lead to the end of your rebellion.

James: Okay, so it's not clear cut. So it won't matter one way or another what we do interfering with ourselves and nature because if we're still wanting to deny our feelings, we will, and if we want to do our Healing, those feelings will help us with that.

And a virus, or any other 'bug' will invade us naturally or with you Nature Spirits and the Angels help, should we need it to give us the experiences we need. And experience is a broad term, so the virus or bacteria of whatever might make us sick, so all the bad, and even good feelings coming from that – as it even might make us feel good in some way, it being a good thing to help us feel good overall in our life.

Verna: Yes, that's right. You can't know what experience you need at any one time. You are not to know, that's all the doing of your soul, and of God who created your soul. So getting a virus can be good or bad but that's all based on your subjective experiences. You hate your bad feelings James because they make you feel bad, you've been made to fear them, they will make even worse things happen – more bad feelings, so you don't want them. However you could also alter your way of looking at things, you could have had good loving feelings from your early life when you felt bad, so as to not fear feeling bad so much, when you feel bad you also feel more love and good feelings, and you might even feel that dying is good and being sick is good, it all depending on your relationship with your feelings.

These people who die from Covid-19 will all go into spirit there to start a whole new life, full of vitality, a new future, most of who will love and look forward to and be so happy about (and some won't when they start living in the hells), still mostly it's a good fresh start to live and a blessed relief that all your old age suffering, all your other illness and all the frailty, the pain, all your suffering on the physical level, is gone.

But of course when you've been formed in an environment that fears death, so you will too, which is hard to change, as you're finding out, not being able to change such beliefs until your soul and God ask the angels to alter your beliefs for you, which comes at the end of your Healing.

James: So can we or can't we **catch a virus**, I still don't get that. And if we can, how do we?

Verna: **You can catch it but it's not in the same way that you catch bacteria, mould or parasitic infections.** It is actually caught, through the etheric levels of person to person interaction. So the light of the virus is expressed on the subtle etheric level, that connects you all, only connecting you all in different ways, depending on how you interact with each other, which is dependent on what your soul needs with each other. So let's say a person has the virus active within themselves, whether they are showing physical symptoms of it or not, and you interact with them, which means your aura interacts with them in subtle ways you're not aware of, then the virus on the etheric level can be transmitted from that person to yourself, or from you to them. Then having received the light of that virus on the etheric level, so your body can 'activate it' or we and your angels can.



When you interact with someone, which means, have an experience with them, it can be fleeting or long term, and if desired by both your souls, 'cords of light' can move between you, you remember Barbara Ann Brennan saying she could see the cords. So you could be walking past someone in the supermarket and for reasons unbeknownst to you and that other person, suddenly you have a subtle level etheric cord interaction in which some 'information' is exchanged, which might include the transmission of a virus, all so as to provide you with the experiences you need from it. That other person might need no more of an experience than walking past you in the supermarket, and the same for you, or you both might think about each other later for some reason giving rise to feelings, or they might receive other light from you or you from them that has a long term effect on them or yourself, even for years or the rest of their or your life, all of which you are not aware of and yet which their angels work



with. And it can happen in a flash, or you can establish cords with people that are active all the time connecting or even reflecting your disconnection, such as it is with you James and Marion. You both feel deeply connected, which is on the cord level, which simulates the soul level connection in Creation, and yet it's all disconnection in your cords making your relationship difficult because you grate against each other, never just gel, all to keep stirring up that disconnection and friction between you both so as keep providing you with the bad feelings you both need to express and uncover the truth of. And you can establish a 'friendly' cord with someone, which lies 'dormant' between times you don't see each other, or can even reach out and connect with each other over great distances, one side of the world to another, or even if one of you is in spirit, or you're both in spirit but in different worlds. So there's a lot always going on within the subtle levels. Most interactions with people you don't know, like in the supermarket, might only create a specific cord for a moment, like when you talk to each other suddenly and you get a nice or bad feeling from that brief interaction, then your interaction ends and the cords disconnect and you move on, never to have anything further to do with that person again.

You didn't have any cord connections with anyone at Aldi this morning other than the checkout woman, with her cord reaching out and you allowing the connection so she could 'vent' some of her anger and frustration over having to deal with the stupidity of people at her checkout concerning all the virus fuss, which you misunderstood feeling she was angry with you; but she wasn't, it was with the woman who was before you; but you feeling she was angry with you because of your belief patterns from your mother being angry with everyone that she put on you, when she shouldn't have, so you can't know if the person really is angry with you or not. Which creates the confusion you then feel because normally you feel good with that checkout woman, and she does like you and you her, but then suddenly you feel she is angry with you, even hates you today, for some reason you have no idea about, so you'd have to ask her to find out, which she might tell you if she's feeling aware enough in herself; so you'll have to wait and see if next time it goes back to how it usually is with her. Next time when your 'dormant' cord connections 'fire' between you both, you might, and you hope you do, have a good happy and even loving interaction; and if that happens, you feel that sigh of relief in you that she does like you, things are good and back to normal and so what was all that about that other day? Which again is how your mother treated you, quickly fluctuating between hating you and being angry with you and wishing you didn't exist, to suddenly feeling guilty about that and 'turning on' the false love and liking you.

So certain people can be 'carriers' for a virus, other people can be 'incubators' for it (you can be both) whereby they receive the virus, and even though it doesn't make them sick, they become a physical factory to produce mutations of it, which all go into their etheric make up, which can then be transmitted **light-to-light** to people they come in contact with. So you get these '**Spreaders**', **people who actually are the main contact point for virus outbreaks**. And you might for example contract the Covid-19 but as to what actually is the specific Covid-19 is difficult to ascertain because as soon as it's within some of these people's bodies who can mutate it, it changes, and it can change a vast amount yet your test still show it as Covid-19, and should someone else contract one of those mutations through their etheric system, they too will be recorded as having the same Covid-19 when in fact they don't, they will have a variant of it, and a variant that is specific to the receivers needs. So each virus is specific to the individual, so in theory the original Covid-19 for example could be mutated by various people who's bodies can do that, so as to provide every person on the planet with their own personal variation of Covid-19, which should by rights then be called a different name, Covid-19-James Moncrief, if you received it James, it all being coded in light. So part of the etheric code that we and the angels can see and read is of a specific light that corresponds to and expresses the Covid-19 origin, then with the other light-code reflecting the individual mutated expression for you James.

James: Okay, my mind is spinning, so who are these people who can mutate a virus like that?

Verna: Anyone can. And that too depends on the overall experience required by that person. You might need the experience of being a ‘virus mutator’, whether you’re aware that is what your body and etheric system is doing, the whole experience you need being the whole experience-environment which your soul is creating. So you might not know of it and are happily interacting with your friends and family or people you pass in the street, and unbeknownst to any of you, you are transferring your specific virus variant you’ve created in your body for those specific people to them, to their etheric system through a virus transmitting specific cord, with the virus then transferred to their physical body with their angels activating it to the degree they need to be sick or not sick from it. So you can see a virus can be quickly moved between a lot of people. And the genetic mutating on the etheric level can happen in a flash. (The actual mutating happens in the person’s etheric and subtle spirit body levels and is then expressed – reflected – in the physical causing the physical mutation, which then validates the etheric saying it’s ready to be etherically transferred to someone else’s etheric system. So the person does carry all the mutations within their physical and develops bodily resistance to them.) The mutations are actually held within the etheric levels, and might not necessarily be seen (if you new what you were looking for) in the physical body.

So it’s all rather complex, to you anyway, but not to us beings of light, because we see it all as light. We see it very clearly and easily if there is a virus-light within you, just as there is currently within you James, which is expressing itself in your physical system as you’re feeling sore in your throat and a bit woozy in your head today. And although it’s not Covid-19, or a variant of it, it was a variant of another virus you picked up on your walk yesterday from one of the two older women you passed on the other side of the road. And if you remember back to how you felt about them, you felt a little scared, like oh no, that’s done it, now I’ll probably get sick from them, whereas you didn’t feel that with the other people you passed. And because you’re so aware of all this happening now because of everyone being so paranoid about it, and because we knew you’d be talking with me about this today, so you received a virus, a flu variant from that woman into your etheric system with your angels then activating it through the night so your physical body would show these symptoms today. And as your soul doesn’t require you to get a full-blown flu, just these mild, cold, sore throat feelings, so you have your sore throat to help you get more in touch with the anger that’s been coming up in you this morning. So you are even more angry having a sore throat, having to go shopping in all the virus madness and you with a sore throat, the irony of it all, and then how could you have picked it up because you were further apart than the two metres the government says you need to put between you so as not to catch anything, more and more anger and frustration, which as you’ve been expressing has caused your throat to rage and burn with your wanting to burn your whole self down, all your bullshit beliefs and behaviours that make it all so difficult for you, just as you also want to burn down the world, burn your parents, burn it all with the fire of the fever, to rage and rage with the anger and hatred of your life as it was with your parents. So your ‘touch of virus’ is helping you connect with your anger from your childhood so you can see the truth of why you feel it, all of which is coming up as you express your bad feelings to Marion and she says what she thinks and feels about it.

James: I seem to have a sore throat nearly every other day. Marion hardly ever does.

Verna: Because she is truer to her bad feelings and can more easily express them, so doesn’t need viruses to make her feel bad. You being so shut off to all your feelings, keep needing their help to bring up the anger and underlying bad feelings you were made to block out so long ago. So you can pick up a virus from the ‘ether’ anytime you go out and about James. They are everywhere, people are always having colds and slight fevers, most don’t go to the doctor as they are not bad enough and most of what people do blocks out the feelings from them, so they are only needed to further their feeling-denial. And you can connect etherically with someone from quite a distance, there are laws dictating that too, however someone can ‘reach out’ etherically for some unknown reason to you, or you to them, to a

person on the other side of the road, and with neither of you knowing you are doing so. And then you can stand in a room of heavily infected people all who might have raging fevers and dying from viruses and yet as you don't need any feelings from any of the viruses or mutations of them, so you magically don't get sick. So when you are fully Healed, you won't need to get sick, the Celestial spirits don't get sick, they don't have the bad feelings as you do in the mind worlds, and so you won't need to have those feelings that would come from an illness, so you won't get sick. And we and your angels will ensure it.

And were it necessary that you somehow contracted some obscure virus from someone on the other side of the world, you could, the angels would set up the etheric connection as such connections have different laws governing how such connections are made. So people suddenly all over the world could get the same virus or their particular variant of it, mysteriously at the same time. However mostly that sort of thing is not needed and especially now as you all travel so much about the world, so more close contacts are utilised in such connections.

James: So I could have passed etherically my sore throat virus (or a specific variant of it) onto a person I was near when I was shopping this morning, even spreading it all over Aldi and Coles (supermarket chains)?



Verna: You could have, however you didn't because it's being contained within you. It does have expression in your etheric and spiritual system, however it's not mutating and it's not to be able to be received by anyone else. There are laws governing it all, and so 'your virus' has been specifically designed for you James, and by in fact the granddaughter of that white-haired older women you passed on your walk yesterday, she was 'keeping the variant in her subtle system' from her granddaughter in readiness for you. So that woman herself feels very well, she's out walking enjoying the exercise and fresh air talking with her friend, and totally unaware that she's a virus 'carrier' for you. So really she and her granddaughter have done you a great service by providing you with this virus so as to make you angrier than you would have been.

And when the virus has done what it's needed to do, your body having dealt with it sufficiently by either 'defeating it' and becoming immune to that 'strain', or by your body being overwhelmed making you sicker, your angels will adjust the light of it and that which keeps it active, ensuring it all goes according to plan, the plan of your soul.

(I am re-reading this two days later and my sore throat went the next day. But I still feel fucking angry about everything.)

James: So I could be a virus mutant manufacturer, with all these specific viruses in my etheric system, then I go out shopping, at the precise time so I will interact – walk past, possibly smile at and talk to – the people who are shopping at the same time as I am, and then all those specifically designed variations could be shooting out from my etheric system to those people they are designed for?

Verna: Yes, and they will take that light from you containing that etheric virus light-print or coding, and their bodies under the action of their angels will activate it when required, which could be immediately or days, weeks, months, years later, and activate it to the degree required by their soul so as to provide them with the necessary feeling experiences they need.

James: Years!, so I could have all these dormant variations in me waiting to make me sick?

Verna: Yes. But mostly it works in shorter time, say within minutes, days, a week at the most; however yes, you can store up these things your whole life, and you might have them activated but not make you sick but to enable your body to make other variations which you are to pass onto someone else.

James: Shit Verna, it is never ending.

The Brennan Model of the first 7 Levels of the Human Energy Field



Verna: Which shows how interconnected you all are James, which you fail to understand. So overall life as everyone lives on the world at any one time, in their own personal lives and collectively, is all organised as an expression of all the souls involved, with us Nature Spirits and Angels providing the lubrication for it all, so to speak.

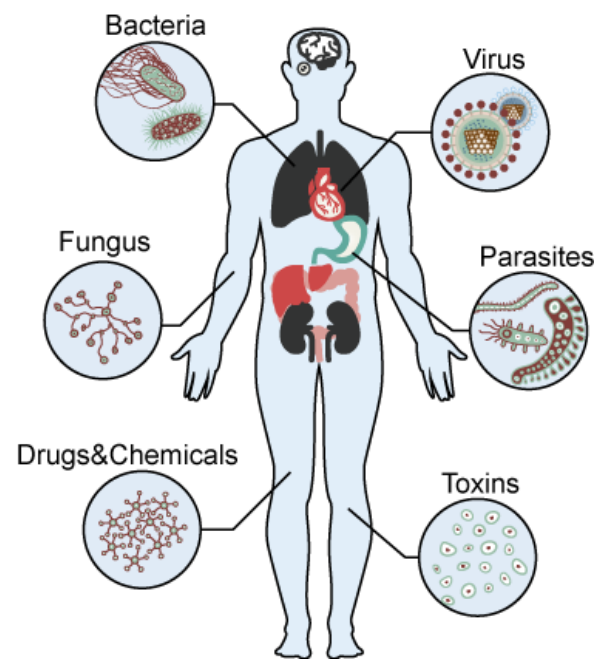
And it's even more complicated because there are seasons for viruses to exist within. For example, you might receive a virus from an animal through the etheric levels, that's where we Nature Spirits come in. Then your body makes variations of it which are stored in your etheric system. Then you start 'spreading' or 'giving out' those specific variations to those people needing them. Then the whole world becomes 'infected' and that is to last for say a year, or ten years, or a hundred or thousand years. But when the time is up for such a virus and all it's 'offspring' to cease existing in the etheric and so being manifested in the physical, then that light is simultaneously removed from everyone's subtle systems by their attending angels. So in the blink of an eye, that virus and all it's variations is gone.

So viruses are always coming and going dependent on the evolution of humanity, which keys into the evolution of the Rebellion, and now joining that, the evolution of its demise and eventual end, when no one is living anti-truth anymore.

Viruses are more of the spirit really, which is why they are so elusive. You still are subject to them in spirit, in the Mansion Worlds, as they are required still to help you with your Healing and with your furthering your Mind control and feeling-denial. However they don't make you sick, not at least in the physical way, but you are spiritually sick, so they are what is used to help you feel bad feelings, again to further your denial of them in the Mind Worlds or to help you with your Healing. But most spirits are unaware of them, they are of light and so you can't physically or spiritually feel them, however the angels use them all the time to help you experience what you need.

And then **bacteria, fungus and parasites are all physically orientated**, so only deal directly with the physical body so subject only to physical laws of nature. So they are more readily affected by your medicines and antibodies and the cells that the body used to physically remove such infections, and so you can only catch such things from spores or other bacteria in water vapour as you touch and breathe on each other, have sex.

And then other disease, like cancer and the breakdown of the physical structure is again wholly physical however they are the physical manifestations from the breakdown of your spiritual light in your spirit systems. So your spiritual body 'gets cancer' first, there is some disturbance in your spiritual system that stops the natural spirit light from manifesting through it and keeping it true. Then that light-corruption is passed through to the physical so you manifest that corruption or 'blockage of light' as cancer or what other disease you need, again so as to provide you with the feelings you need, so you can keep blocking them out or work with them doing your Healing.



And your angels work with the light of these spirit body originating problems and the purely physical ones. And when you get sick from a physical bacteria, for example, there is always a spiritual component to it all which will be manifest in your spiritual light system somewhere, again with your angels overseeing it all, and ensuring the infections or illness does what it's intended for.

James: I've got to have a break Verna. Thank you for all of that.

Verna: You're welcome James, there's much more to it as you can imagine, but that's some of the basics for you to think about. BYEEEE!!!

Later:

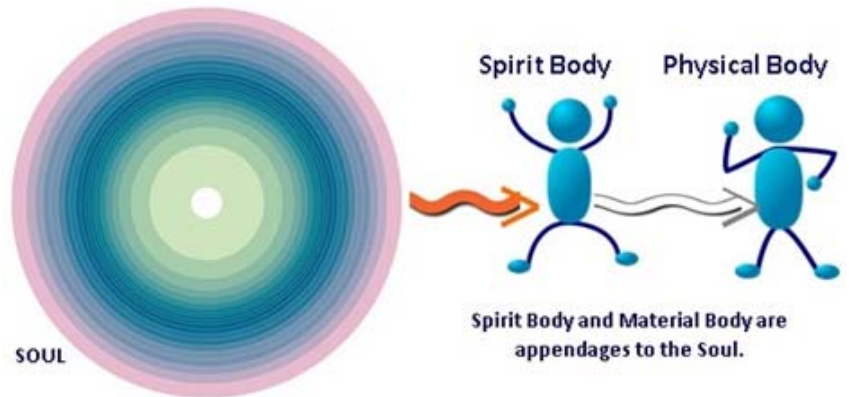
Verna: One of the functions of a virus is to increase the vibration of your physical body, all the cells and specific components within cells, and specific cell clusters, such as those comprising an organ or the whole body. With this increase vibration, which of itself varies upon the needs of the soul and 'administered' to your whole body or specific parts of it by your angels, the cells can be made to release unwanted toxins, salts and minerals and other cellular rubbish, or take them up. And so the increased fever can feel like a good thing happening to you, which it might be, it helping to purge you of all your physical and etheric yuk; or it can be too much if your vibration is too low having the adverse effect on you and making you feel very sick, even literally killing you because your body can't function at that higher vibration, as it happening to make many of the already very sick elderly die of Covid-19. And then the angels can work the virus to add to your already existing illness which can also be helpful or not, depending again on the experience required. So viruses they are very versatile and useful things.

yuk

Bacterial, mould and parasitic problems will lower your vibration, so too much of them and you feel sick, so exhausted to the point of having no energy anymore, no light within yourself, so without that light your physical structure and organs can't be maintained so they die or breakdown to eventual death.

And then all of these problems can instantly or gradually be turned around and they end, your body deals with them and you get better regaining your health, all again of which the angels will do in conjunction with your soul. The angels are constantly working within your light-system, your light bodies, spirit and subtle bodies, which then affect your physical. And sometimes they can work directly affecting your physical.

And then you add all your medicines and medical interventions and that too is accounted for and worked with all in accordance with the needs of your soul, again with the angels involved in every part of it. When you're having operations your angels are overseeing them, making sure the surgeons do what is required, making sure they fix you up or fuck you up, depending on what the needs of your soul are. NOTHING about you is done without your angels overseeing it all, all so the needs of your soul are continued to be manifest in accordance with your soul.

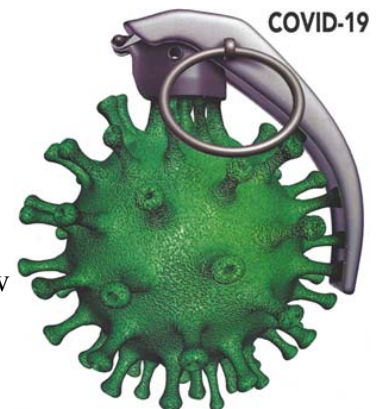


And that's how the whole of Creation works, we creations of the Mind ensure all the right environment is provided for you of Truth to be able to have the experiences you need so as for you to keep denying your feelings or embrace them; it's either for you to live progressing in your truth-denial, rebelliously, or growing in truth, truly, that's what it's all about. And NOTHING happens randomly, everything is worked out in advance, by your – our – Mother and Father, and encoded into your souls.

So your angels in fulfilling the needs of your soul might enlist a virus to raise your vibration to purge you of unwanted toxins; and then again your angels can simply add a higher vibration of light to your whole aura having the same effect, so whilst you sleep your vibration increases shaking all the shit out of your cells and when you wake you have good poo with it sinking fast and disappearing out of sight because of all extra heavy metals sinking it that have been flushed out of your cells during the night. And that can happen as a periodic 'clean-out' or it can happen spaced over days or weeks. So there's always different things going on, too much for you to keep up with and understand, and so in the end, as all this mind stuff, it ends up driving you mad, you give it all up and just get on living by being true to your feelings, express them and longing for their truth; and you grow in truth and live according to that truth and do what that truth leads you to do in every experience; and that's living your life in harmony with yourself, God and nature.

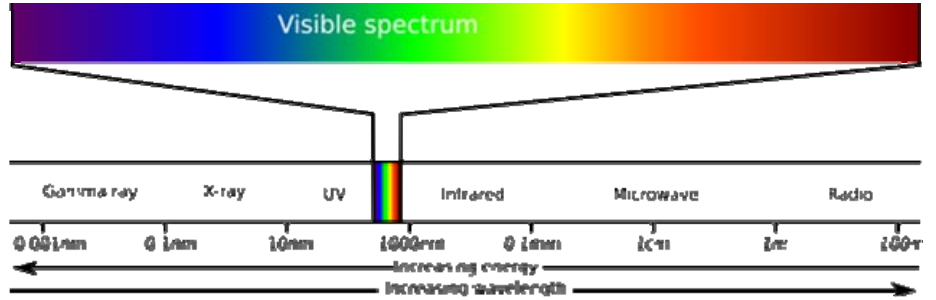
So your scientists can keep going trying to work it all out with their minds in the hope that they can control it all, and ultimately prevent ageing and death, all so you can keep living forever on Earth, never feeling bad. But why would you want that, when so much else awaits you in spirit?

COVID-19, a corona virus, first emerged in Wuhan, China, in 2019. Some medical experts suggest a patient ill enough for intensive care and put on a ventilator to breath has only a 50-50 chance. Imagine a dry sponge and one dripping with water. The dry sponge represents normal lungs; the sodden one the lungs of a seriously ill coronavirus patient. They're dying a suffocating death, trying to move air in and out of lungs that are no longer functioning. It's a vision of hell. Low oxygen levels and very high carbon dioxide levels in the blood indicates that this is not like the usual pneumonia.



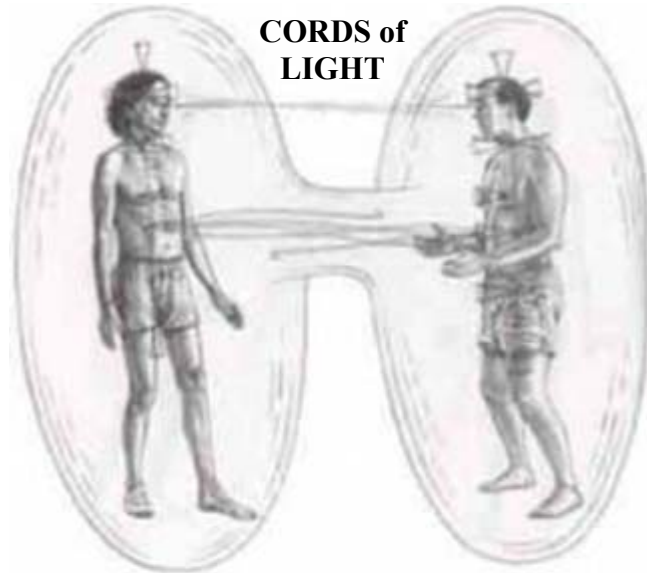
VIRUS MESSENGER:

Viruses don't exist by themselves in the environment, they need to be in the host cell. Presence of a virus all depends on the need for a body to have the virus 'active' and to what degree.



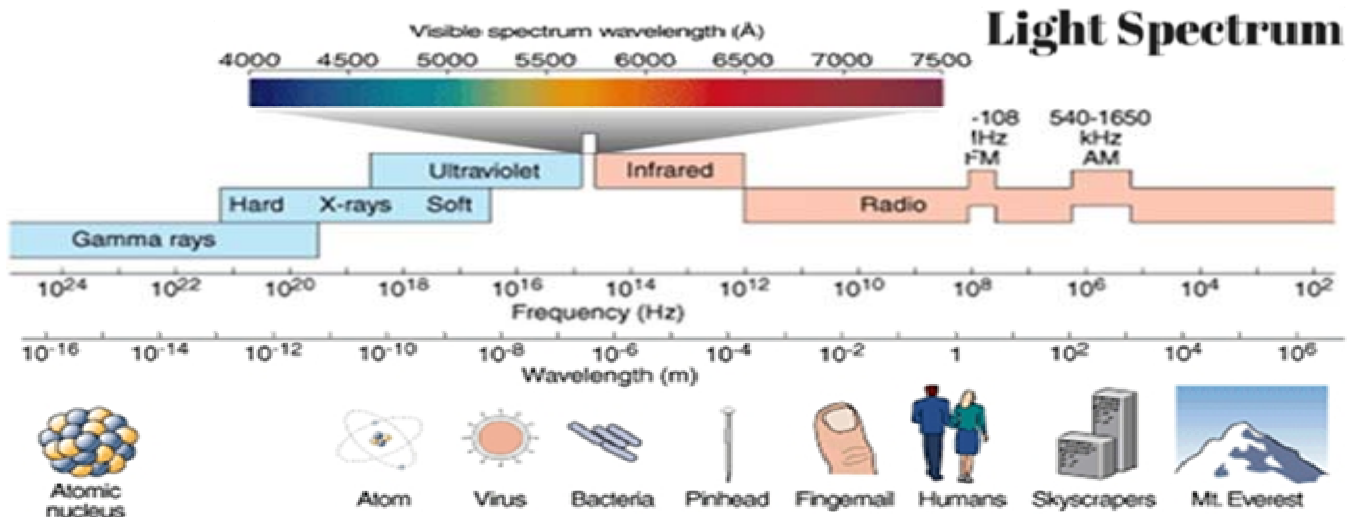
If we all Heal ourselves being of true and perfect Natural love, then by living in harmony with nature, which we would naturally be doing, such horrendous diseases would not afflict us, because we'd not need them to show us our disharmony with nature.

If your soul needs the experiences of the virus you will 'catch' it. Nature Spirits and Angels can alter the light configuration in a cell so as to simulate the cell being invaded by the virus with the cell them replicating it and so spreading it throughout your body to the degree you need it.



A virus, or any other 'bug' will invade us naturally or with Nature Spirits and Angels help, should we need it to give us the experiences we need. **You can catch a virus but it's not in the same way that you catch bacteria, mould or parasitic infections.** It is actually caught, through the etheric levels of person to person interaction. So the light of the virus is expressed on the subtle etheric level, that connects you all, only connecting you all in different ways, depending on how you interact with each other, which is dependent on what your soul needs with each other. Then having received the light of that virus on the etheric level, so your body can 'activate it' or your nature spirits or angels can. **Viruses are more of the spirit really, which is why they are so elusive.**

So certain people can be 'carriers' for a virus, other people can be 'incubators' for it (you can be both) whereby they receive the virus, and even though it doesn't make them sick, they become a physical factory to produce mutations of it, which all go into their etheric make up, which can then be transmitted **light-to-light** to people they come in contact with.



SPEAKING with CORONA (Coronavirus)

<https://dlscr.freeforums.net/thread/32/sharing-healing-experience-xx?page=28>

Samantha from England:

24 March 2020



“Corona”: I am not hurting you, you are all already hurt. All I am doing is making you feel the truth of how you really feel deep down inside. I am not killing you, your parents have already done that to you, it is how you have felt throughout your life and now you are going through the physical manifestation of those awful feelings your parents made you feel.



This is how they made you feel as a child and that 80 year old that you see dying on the news has always been dying. Since birth he has felt like he is dying, always being on the brink of it as it is how his parents made him feel. There is no way on Earth I can possibly be worse than how your parents treated you, it just can't happen, I can only affect you as far and as badly as your parents affected you, I am not the bad guy in all of this, they are. I can't create more pain in you than your parents have already created, I am the

manifestation of the level of pain they created in you and I want to make that clear. What I am doing is bringing the truth of that pain to the surface.

It is now time for it all to be manifest so you can know the truth of how much you were hurt, to know the truth of how unlovingly you were parented. The extent of unloving parenting that you all had to endure as children and it is now killing you, that is the truth of how bad it was. It is killing you because you refuse to understand what is happening, you refuse to connect to your pain, you still refuse to accept the truth and this is the open door for me to enter into you and find a cell for me to live off of and mutate and multiply in you. Your denied and suppressed feelings let me in.

You won't give in to me and let the truth be known, you continue to resist me and push me away just as you have done all your life with your feelings. You would rather die than feel the truth I bring to you. So you decide! Stop resisting me and work with me in what I want you to know about yourself. I am no greater pain than the pain you felt and denied as a child.

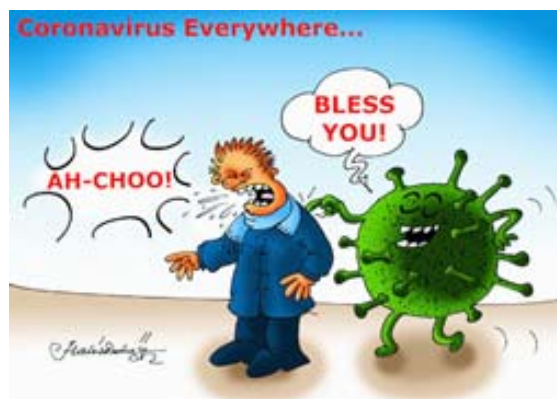


I am Corona, Sam speaks with me through her Nature Spirit, Christa, and I can only tell her what she is capable of understanding so it is all pretty basic but that is how I want to speak with you, as children, so you get it. I am the thing you fear the most but you all misunderstand me, you hate me, you fear me, you are so afraid of what I will do to you if I infect you. You fear me killing you, making you feel so bad but isn't this all so familiar, isn't this how you felt about your parents at times in your life, isn't this how they made you feel only allowing yourself to feel a tiny portion of the pain they inflicted on you, the rest went denied and suppressed and that is what I feed on, what you will not feel. It is them you fear and I am helping you feel that truth. I am not bad at all, I am good,



working for your good, you have to turn how you feel about me around to see the truth of me. I am here to help the world heal if you would only allow me to by ending the resistance to me. Let me work on your denied and suppressed childhood feelings, connect with how I am making you feel because this is how your parents made you feel, it is the same, no different. It is those denied feelings and your resistance to feel them that is killing you.

I am not saying this will be easy, you are not even aware of any of this, you just believe you have a Virus spreading its way through the world like an evil plague and I understand how hard it will be to see me as working for your good but it just takes a shift away from your mind and into your feelings. How am I making you FEEL!! That is the question I want you to begin with. I am now being forced upon you all, you have no choice and that is the way I have to work with you because I can only work with you in the way that your parents worked with you and they gave you little to no choice as children. I am here mirroring the parenting you all went through, this is the way it was for you as children. Your parents forced you to do their will and gradually your own will got left behind not being considered at all by your parents and that is how I have to work with you all and you will all feel me differently depending on the severity of your will denial and suppression.



Your parents are the Virus, Corona Virus is each and every one of your parents and what they did to you as children and it is still inside you, I am bringing it out. Corona virus is your parents scaring you and hurting you, making you feel like dying, even killing you and there is no one on the planet that I won't get to. Right now I am affecting you all, your lives have changed even though you may not be ill.

Accept the way I am making you feel right now, express how I am making you feel right now and let the truth come to you through your feelings, how am I making you feel, this is how your parents made you feel. It is not me killing and harming you making you feel so ill and bad, it is your parents.

Please go to your feelings as I have asked you to do and you will begin to see the truth of how bad you have always felt, I speak the truth. Let the healing I bring to you open you up to the truth of how you felt as a child. You were parented by two of the same Viruses, they are the Virus that is within you right from your conception and took away your will just as I am doing to you now. I am treating you the same way as your parents treated you as children and you refused to see it so denied it.

All of humanity will be affected by me to a lesser or greater degree. I will enter every life on Earth and show you the truth of your denied and suppressed childhood pain by how I make you feel. I will make you realise the pain and fear of how you were parented and the more you keep up your resistance of me, the more painful it will be for you. So I ask you to let me in, stop the fight as you cant win and you never could as children, your parents always won over you so I have to do the same, as I have said, I can't be any worse to you than how your parents were to you, they have set the pace for how I work with you, it is them and their parenting of you that set the way I work on humanity. I am not making you feel anything that has not already been put into you by your parents, it was already inside you and I am triggering it for you to feel. I am reuniting you with the truth of how hurt and unloved you feel because of your unloving childhoods. You will know yourself like never before, your will know the truth at last about your pain and how it was for you as children. It is time to take of the rose tinted glasses and really know the truth.



I am not BAD, your parents were, I am only being them to you, this is how unloved you felt by them and it is coming up for you to know. No one will escape me, you are all hurt children, even the 80 year old is just a hurt child in an older body who has gone on longer being unaware of the truth of his pain, he has been in denial longer but you are all the same no matter how old you are. The 80 year old has had 80 years to wake up to his denied and suppressed childhood pain, he has always been a trapped and

'Locked Down' little scared child. No one will escape me, of that you can be sure, I am so tiny yet I have the power to end it all just as your parents had the same power over you all. You all have the power to turn this around and all you have to do is to begin feeling how I am making you feel, accept every feeling, express every feeling and find the truth through your feelings. Do this and I will lose strength and lose the hold I have over you because I no longer have to make you feel so bad to make you feel your feelings. Stop the resistance to me, run to me, let me in to your life, want me to show you the truth of your pain, talk to me and we can work together to heal you and turn the tide. If you decide to further resist me then it will only get worse with new viruses being created, stronger ones to make you feel even worse until you get it!!



You have the cure within you all and that cure is YOUR FEELINGS!! It is the most loving thing you can do for yourself, it is the thing your parents wouldn't let you do, FEEL and express those feelings, You are allowed to have them, I am telling you to let yourself feel all of your pain, let it out NOW and I will no longer have to make you feel scared and ill and bad, you will be doing what I came here to do with you, make you feel. Feel how I make you feel then my work is done and you would have seen the truth of why I have had to come.



You don't need any Vaccines, that is just further resistance to me and I will have to be stronger with you all by creating more powerful viruses, ones that you don't have vaccines for. Your resistance to me controls what I have to do next to get you to stop and FEEL! If you decide to vaccinate against me then you have chosen to further deny me and your bad feelings and it makes it all worse for yourself. Your feelings and expression of them are all you need to end this terrible time you are going through, you are in control of my next move, your denial of your feelings lead the way.

You look to your Governments to tell you what to do next, to create vaccines to stop you feeling bad, you depend on them to fix it all for you yet again giving your parents control over you because that is what you are used to doing, you are only doing what your parents taught you to do, let your parents control you instead of taking responsibility for this yourself by going within, going to your feelings and feeling them fully by accepting them, expressing them and letting the truth come to you through your feelings. Be responsible for how bad you feel by feeling your bad feelings and fears about this. The healing of this is in each and every one of you but by allowing the government to parent you further is just more of your denial of how you truly feel. No one can fix this for you, it is for each and every one of you to heal this within yourself, through your feelings, you can do it, you have the tools to heal this, YOUR FEELINGS.

I am Corona, the Virus, making you feel your fears, the truth! I will make you feel the truth of your unloving childhood that your parents made you feel. I have always been in each and every one of you lying dormant until now, you are scared of going out and catching it yet it is already in you through your parents unloving parenting of you. I am Corona, I come to light up the truth of your denied and Suppressed childhood feelings and you believe I am Bad but I am telling you, I AM GOOD! I am working for your Good, see the healing I am bringing to humanity. You all have the cure and that cure is FEELING YOUR FEELINGS.



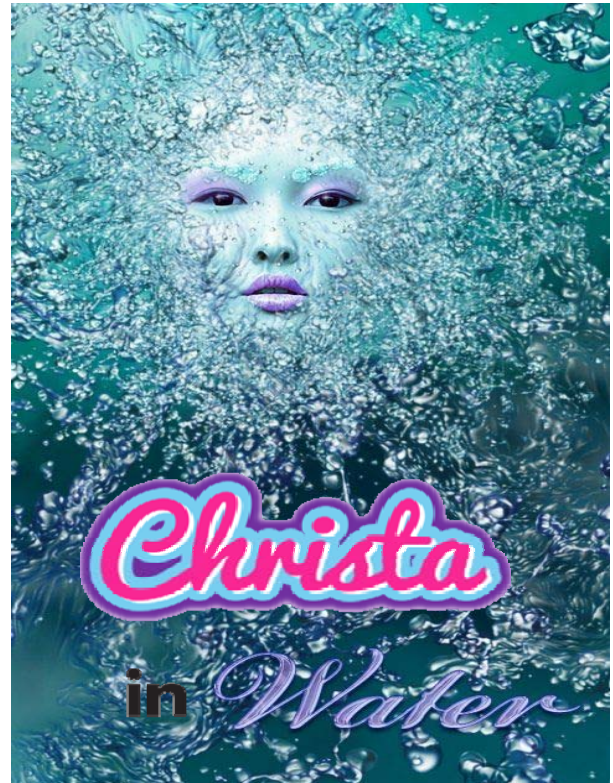
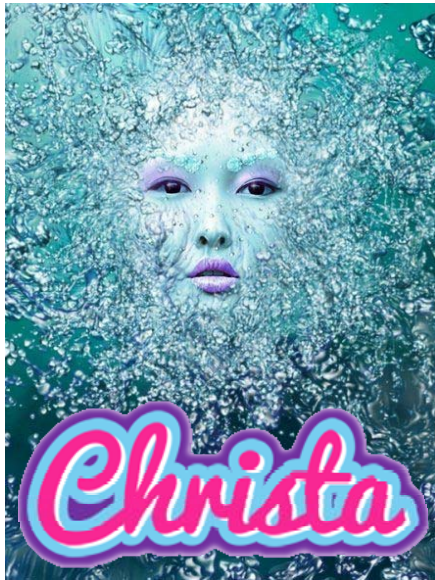
What does Christa, the Nature Spirit look like?

Sorry for the late reply John, I love what you have written and to be included is so good, thank you. I have tried to draw Christa but failed miserably, I can capture her movement as she is constantly moving. What I see of her is a face in rippling water and she is so young and beautiful, the nearest I could get to her is in the photo included but she doesn't really look like that, she is pure white with red lips and so fluid.

My writings with Christa about Corona Virus have been a great comfort to me as well as all Verna has had to say, she is amazing, what incredible information to have access to.

Thank you again John for all you do.

Sam.



VIRUSES

Friday, 17 April 2020

James: Hello Verna, more about the viruses if you wouldn't mind, I want to tap and probe that limitless mind of yours.

Verna, a Nature Spirit: That's being a bit familiar isn't it My Love, you want to tap and probe?

James: Can a mortal fall in love with a Lady of the Lake?

Verna: Can such a Lady Nature Spirit fall in love with a mortal? Do Nature Spirits fall in love with each other? Do angels? What is love my dear boy?

James: Subject for another day, my brain can only cope with so much, and that 'much' is fading fast these days, so we'd better stick to something boring like viruses and spreading disease.

Verna: If you wish. Big Sigh, so we'll leave our confessions of love for each other until another day. Alright, if you insist. So I'll ransack your mind and rave on about what it was you were thinking about asking me, all to save you from having to type your questions for me. I'm a good girl aren't I!



James: You are so kind.

Verna: Okay, first up, let's go back to be basics – BIG YAWN! As you understand James, EVERYTHING happens to and for you depending on which way you are living, that being the two ways now available to you:

First; living against yourself and so against the Truth and against God; and the

Second; living true to yourself, the Truth and God, which to do begins with doing your Spiritual Healing.

So bearing that in mind – YAWN AGAIN – EVERYTHING that happens to you does so to help you live one of those two ways. So you will 'get a virus' to help you go further into your truth-denial; or you will get one to help you come out of it. And you will ONLY get one if you need it to help you with either of these two ways, you won't just get it because it's floating around in the breeze of being zapped into your etheric system – which having just said I now need to qualify: You can 'catch it' and it can enter your body, but if it's not to be used for either of two ways of living: Truth-Denial or Truth-Acceptance and Advancement, then it will be quickly destroyed by your body and more than likely without you even knowing you 'caught it'.

Your body is a wonderful instrument, it being designed to absolute perfection to enable you to live in the physical domain either with God or against God. And as you are the current universal experiment helping us all see what living against God looks and feels like to you, so who in their right mind would want to choose that lousy way.

James: Yeah well it's not as if we had a chance, God wanting us to.

Verna: So you'd better take it up with Them.

James: I have, often I do, and They say its what I need so as to understand through direct personal experience what living against Them feels like. They were saying to me on my walk this afternoon that They want me to fully experience feeling completely powerless and how feeling powerless makes me feel so miserable. I am to know the truth that feeling powerless is a miserable experience. And know the truth of it and the truth of all the other bad feelings I feel, having experienced them seared into my soul.

Verna: So there you have it!

So my dear boy you were wondering about people living in Bali (Indonesia) as your friend was saying where Dengi fever is rife this season because of the altered weather patterns, or something to that effect, and you were wondering why do they live where there is such disease anyway.

And yes, you are right, who in their right mind would live where it's hard to exist; and then yet again, why not, if you think you can deal with it and are prepared to suffer the consequences; and like you, they might not have a say in it.

But the thing is, your bodies are designed to live anywhere, even in the most infested disease ridden place on the planet, and you will get sick if you need that sickness to further your truth-denial, or you will get sick if you need it to help you heal your truth-denial, or you simply won't get sick. There is NO OTHER REASON why you get sick!

James: Yeah, but that's all very well, but we still get sick, either way.

Verna: So then you strive to work out how to live so you don't get sick from either way.

James: Yes, and that's all very well too, but up until now there wasn't a way to fully Heal yourself and become Celestial whilst still of flesh and so become 'immune' to all that stuff, no longer needing sickness for either way.

Verna: True, so those people before now just had to go through that experience until they moved into spirit and were offered the Truth of how to ascend in truth to the Celestial levels.

And as I am in your life James to further educate you about the New Way, so we won't dwell on the past, that is being consigned to the history books anyway, a bad dream for most, still, necessary for what their souls needed. I am speaking to you to help those people of the New Way to have more of an understanding about that Way and how it differs to the Old Way.

So people of the New Way, those doing and who will have done their Spiritual Healing, will try not to interfere as much with nature as they will understand that it's not actually about nature and chance, that it's by design, and all in response to what's already in them.

If you are going to get sick, that will happen either way because you are already sick within yourself, and from how you were treated through your childhood – there are no other reasons. You are sick because you are denying the truth of yourself and God. You are all very ill being in the Rebellion and Default. The Rebellion and Default are the true viruses that you are all 'infected' with, so you struggle on believing that your life is a wonderful thing if you feel well and everything is working for you; or you

feel rat-shit if you feel sick and everything is going against you. All because you have no idea about any of it because you've been rendered blind and unknowing because you are so out of touch with the truth of your own feelings. You are disconnected from yourself, your self that would naturally keep revealing truth to you if you were living true to your feelings.

So you are sick, and so illnesses come to help you feel just how sick you are. You are not allowed to get away with being rebellious and live happily ever after in your untrue state. It doesn't work that way. When something is not right in nature the 'agents of destruction' seek to reduce it **back to its basic** constituents, so because you are of nature and are sick – not right, not true, despite what you believe, nature is 'against' you, always trying to reduce you back to your original constituents, however as that only applies to the physical body, and as you are driven by your spirit body and soul, so those agents don't always and aren't always needed to return you to dust immediately. So you can live a whole life sick to your core and yet without any physical problems to show you, as that sickness is in your soul, in your self, in your psyche, but one day in spirit it's going to catch up with you and then you will become very spiritually ill as your mind breaks down having been overburdened with false beliefs.

So those people in Bali (Indonesia) because of their religious superstition and all their other untruth and feeling denying beliefs won't allow themselves to progress in truth through their feelings, so they will keep having to live always under the threat of such seasonal fevers, just as their ancestors have done, just as their beliefs say they have to. But they don't have to, only just changing your beliefs won't do it, you have to do your Spiritual Healing. You can believe you change your beliefs, but that's just another set of beliefs you're imposing on your old ones, as you can't actually give up your beliefs until you see the truth of why you've got them and how they came about, which you can only see when your Healing takes you back into the depths of your early childhood where all those beliefs are formed in you. So those people who believe they are changing their beliefs and so changing themselves, and it's the same if they work to change their behaviour in any way, all they are doing is adding more layers, burying the old ones. And they might believe they are successful and behave differently, but as you know James, when you start your Healing working your way back into yourself, all those deeper layers will come up again helping you see and realise that you didn't get rid of them after all.

James: Yeah, tell me about it.

Verna: So you can go to the supermarket and they wipe everything clean, they can put barriers between you and you have to keep your social distancing under control, and they can lock you all away in your homes preventing any movement and limited interaction, but when they allow you back out into the world, do they really believe that will be the end of Covid-19 or Covid any other number that nature will develop for you? Nature's laboratory is far bigger than any of your manmade ones, you don't stand a chance, your science fiction films of living in a disease free environment on Earth is never going to happen, that is, not until everyone is living a Celestial level of Truth. Which is the aim for humanity now the Rebellion is over.

The physical realm will evolve with you, you with it, however when you're in it, you're always part of it. So when you are Celestial no longer needing the help of such viruses or diseases, they will no longer be part of your physical environment. The creatures and nature itself might still need them, and you might 'breathe them in' or touch or eat something with them on it which 'infects' your body, however the vibration of your physical body, of your whole system, will render it harmless, destroy it, or just add it to the workings of your physical and with no ill effects.

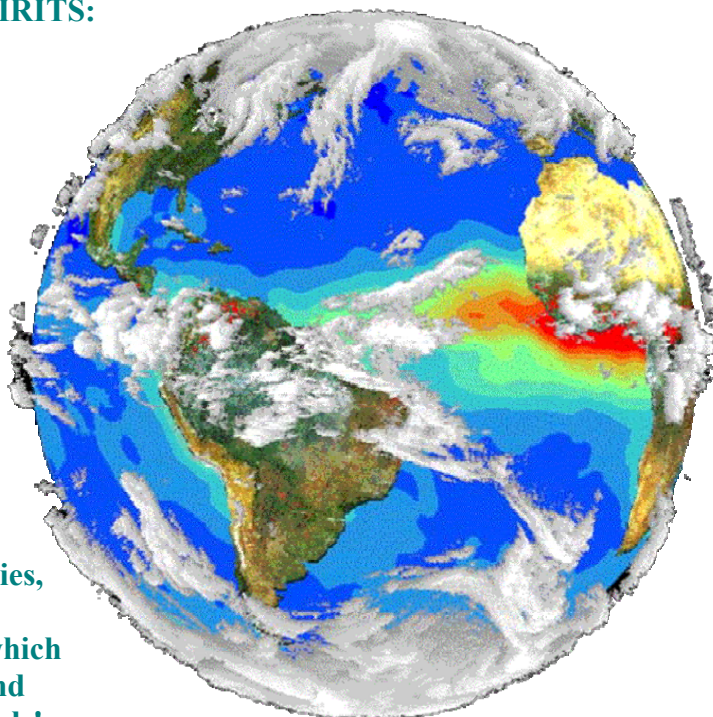
The physical realm is designed to 'be your friend' to be literally a Paradise on Earth for you to happily live in your whole life. It's not meant to be 'hostile', even the scary creatures won't see you as a threat

as your intent won't be threatening when you're of a Celestial level of Truth. And had your world not been affected so negatively by Rebellion, were you all living in tune with yourselves and nature as the Eve and Adam of your world would be showing you, then the paradise Eden would be slowly spread over the whole world, the whole of Earth eventually being the Eden that it is.

The LABORATORY of the NATURE SPIRITS:



Humanity is in trepidation and awe of its research, chemical and medical laboratories, but they are infantile distractions when compared to Nature Spirits' laboratory which is all that is of Earth's nature managed and controlled by our Nature Spirits and Angels!



Your Earth is an Eden, but you'll never see or live within it as such until you are all of Celestial truth. So that's what awaits future humanity, and one day people will love the Earth and respect it as they love and respect themselves.

So part of my 'mission' dear boy is to help people see that vision so they can decide to long for it and begin living it by doing their Healing.

The current Covid-19 virus is mutating rapidly, which means you can't pin it down with a vaccine, just as all viruses mutate rapidly, your difficulty being your scientists are not as yet aware of or able to see how those mutations are. Your tests, even the most advanced test can only detect what really amounts to a whole new strain, so for example you'd have to rename it, whereas within Covid-19 it's mutating like mad, because as I told you, for a virus to be effectively used by the body it needs to be specific for that person's body. The elements need to match, that virus being created specifically for that body, even though it can be created in another person's body, which mostly are in your children's bodies as they are more fluid and not fixed as an adult body.

So you're going to like this tidbit: it is your children that are creating the viruses to kill your older people, so the grandchild kills the grandparent – neat huh! And the grandparents should be grateful to the grandchild for doing so, all so the older person can end his or her life and move on into their next phase of existence in spirit.

But what really happens is you will have certain young children that are 'virus factories', they can churn out endless specific variations on the same theme or even 'bring into being' new strains. So by putting

all your children together in their play pens as you do, they are massive breeding factories for viruses, which is right, as that is also what would happen in a tribal situation too.

So the virus ‘breeders’ which happens based mostly on genetics and for the betterment of ‘the humanity program proffered by nature’, ‘cook up’, completely unbeknownst to the child, who doesn’t necessarily have to show the symptoms of all the viruses, with ironically such children usually healthier than most by having a body that can be such a virus factory having resistance to all the variations they create, and along with that the etheric set up allowing etheric transmission of the viruses, which I told you about, which is then passed by all the interconnecting cords to other children or to the required adults that would be in that child’s life.

So such ‘virus factory’ children would produce massive amounts of viruses during their young lives, and that might be through their whole childhood, or it can be for a very specific time, days, weeks, months, years, and it can be turned on and off by their attending angels, with the excess of viruses being needed to complete the whole ‘storehouse’ of nature. There is much more to nature than just what affects you humans and what is provided for you.

Nature is of itself one whole massive universe of evolution, by which I mean, it is evolving, each specific to the world of its origin. And it begins by evolving for us Nature Spirits, so to create us, who then go onto be involved in the creation of new Angels. So the Nature Spirits and then Angels created from this Earth are of a ‘special flavour’, they contain – we contain – a specific light from our origin world, so all other Nature Spirits and Angels know where we come from and how we came about. So to make us be as we are, which also includes all the animal and plant life of the world, you need a whole localised ‘universe’ of creation going on all the time on the planet, and so the continual creation of viruses is one such part of the whole. So only very few viruses actually affect and are used to help people deny themselves or end such denial, with the rest of the viruses fulfilling other un-revealed roles. I can’t as yet tell you about them James, there’s a lot we can’t tell you, but it’s information and understanding that will come to people as they attain Celestial status, and are then able (given the go-ahead) to tell those people who are not yet of a Celestial level of truth.

But I can tell you that a specific virus that’s manufactured by a human child can be put into the etheric levels of Earth there waiting for the time when it’s required to be taken by us to change some part of our Light-Coding. We can use viruses like that to make adjustments to our light, which is a nice thing to do because when we’re given the go-ahead to do that, it means we can move onto a higher level of light, always getting closer to the end of our being a Nature Spirit, with us then to ‘make the jump’ into becoming an Angel. And all of us Nature Spirits want to become Angels because by being an Angel you are no longer limited to just the world of your origin, then we are assigned all over the greater Universe. Still, as I told you some time ago, I do want to move into my Angel-ness however I’m in no rush, none of us are, we’re not all chaffing at the bit wanting to progress, that affliction of yours James we’re thankfully not ‘infected’ with.

So you see, as you understand anyway, far more is always going on which you’ll never be aware of, and how can you anyway when you are living against all the truth of the good stuff!

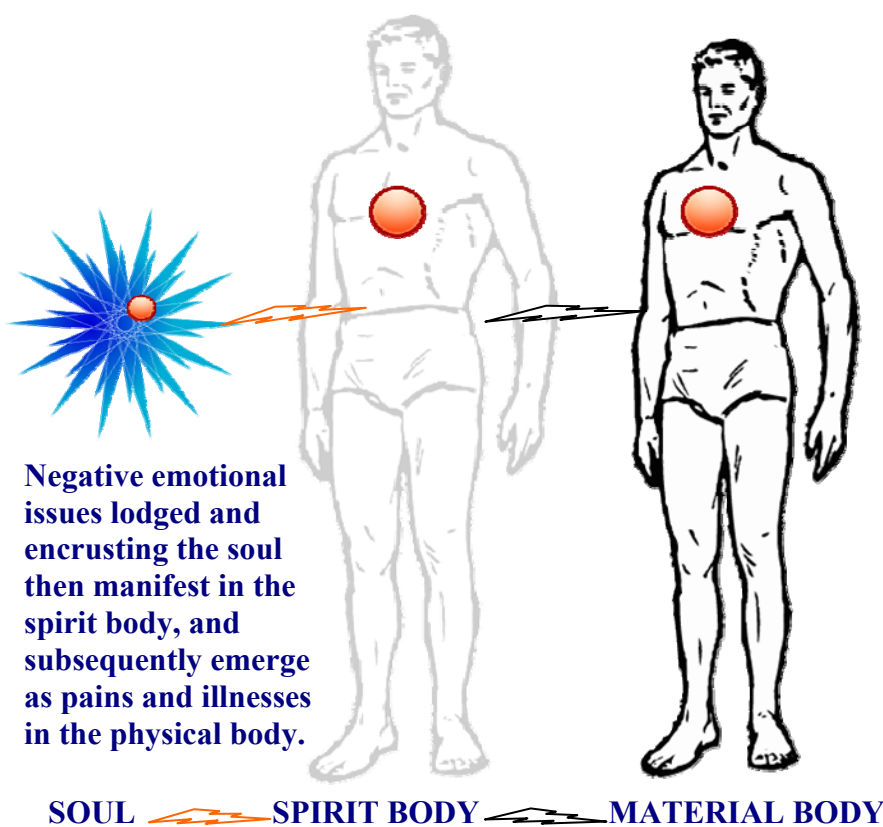
So dear little Jimmy who’s a robust and healthy child, “he never gets a cold” is actually full of cold viruses all moving around within him helping him to maintain his healthiness, whilst at the same time he’s making all the specific virus variants needed to knock off all those old people in that old age home who are ready and sometimes begging to move on into spirit. So in your truth-denying ways you would probably hate little Jimmy wanting to get rid of him because he’s killing so many old people. When

you've got to die of something sometime. Not everyone can just go to sleep and wake up in spirit. It doesn't work that way particularly when you are living full steam ahead against yourselves and nature.

And there will be people in future who if they knew what to look for would be able to see the different light about little Jimmy and know that he is doing the whole community a great service with all the old people wanting to be about him all the time when they are ready to move on.

I tell you things James, you understand, to give your mind a bit of a jolt so as to open up a little more to considering other things and seeing life from a different perspective.

And the virus manufacturing process in little Jimmy is all overseen and controlled by his Angels. For as I told you, NOTHING happens randomly. Nature isn't randomly popping up viruses that might suddenly sweep through affecting humanity 'evilly'. Think about what sort of planning and attention to detail does it require for the Angels to have all their 'factory children' making specific viruses flat out all to coincide with a seasonal outbreak of flu or a cold, or Covid-19. All so everyone who needs to be affected by it, positively or negatively, will be affected. Every Angel on the world is in contact with every other Angel through the Angelic Communication Lines of Light. In a flash every Angels who's overseeing a mortal knows exactly all that's going on. They know because of communication with people's Indwelling Spirits what the souls of humanity require at any one moment, so in the virus case,



when it is to be 'put into humanity as a whole' then how to move it all from the child makers of it into their etheric levels and then onto all the specific adults, making it look like you just catch this invisible nasty bug virus thing that is spreading fast about the world making a lot of people sick.

And so you ask, why not make us more sick or less sick, why as sick as we are? And that's all to do with the overall ongoing evolution of humanity, what you all require, you all being in it (on the world) together. And in most cases, still because the majority are living untrue, determines the overall advancement into your truth-

denial. And as our Heavenly Parents want the maximum amount of people at this time to be on Earth so as to experience this Ending of the Rebellion phase of life, so They organise it that not too many extra people die from the specific virus, as that is to be achieved in other ways, like war and ways of your own doing by locking down the whole of humanity in some pathetic attempt to defeat nature, all because it's what your hidden controllers are doing by working a number on all you unsuspecting people.

The Covid-19 is the least of your worries, however it's now been a major concern because of the severity of the Lockdown. The Lockdown as many people fear means the end to a lot of their previous freedoms which they will never get back again. It is moving into a new world order of control, a new level as the End Times play out. And most people are sucked into it believing it is for their own good being in a more controlled, ordered and stronger policed world, better if you get decreased criminal behaviour and war. However as you are all very inventive, putting new restrictions on you, making the whole world into one huge dictatorial regime all under the guise of false freedom, will cause some people to react against it.

And now, let me see if there is anything else on this list here that I am to pass onto you... Hmm, well I think I'm done for the time being. You need to have more experience for the next lot. You need to go out into that virus infested world of yours, braving the supermarkets and Post Office, dreading getting too close to another person, hating it when that inconsiderate woman suddenly starts coughing all over the place in the vegetable section spreading all her crap all over you – just another day in hell for you; scared to death of everything you can't see, waiting for that fateful day when you get a sore throat that develops into a bad cough and oh no, here you go again, with your brain being banged against your skull with each cough, feeling so miserable, the very same misery your parents made you feel and which you always feel only mostly you're not in touch with feeling so sick because you're 'healthy', and on it goes – Oh the joys of life!

Bye old son; speak to you soon when you're ready for your next Verna dose!

James: Thanks Verna.

SOUL:

The Real You is your soul, you are one 'half' of that soul.

Each half of the original soul incarnates a spirit and physical body simultaneously, they being connected. The soul expresses each of its two personalities as a woman and man. True soulmates are always of the opposite sex.

Sexuality is an attribute of the two personalities the soul expresses; the soul itself does not know sexuality.



The soul connects to the two spirit bodies it has created by 'golden cords' of light; and the spirit body is in turn connected to the physical body by 'silver cords' of light.

The spirit body is your astral body. The etheric is really the body that is the template for the physical and one that doesn't hold consciousness.

The soul remains invisible to the spirit and physical bodies, only being discernible by its luminosity through the spirit body.

95%+ of humanity currently are within the 1st sphere of development.