

PASCAS WORLDCARE

Against the Odds

.... contact and launch

24 August 2020 - 4 January 2021

Volume V

C  **ONTACT**

AND



“Peace And Spirit Creating Alternative Solutions”

PASCAS WORLDCARE Ltd
Pascas Health Sanctuary & Pascas Care Centre
11 Crenshaw Court
Park Wood 4214 Queensland Australia

Bs 61 7 5594 0479

Em: info@financefacilities.com
www.pascasworldcare.com www.pascashealth.com



BRIDGING from MIND to FEELINGS

Monday, 24 August 2020

Hello Marie Mum and Ouerioena, Kevin and Kathaleen, Raymond and Bradley, Nanna Beth and anyone else,

What do you consider was the step or steps that enabled you to begin engaging your Feelings?

This is not to be considered as a how you do it. To everyone, this major step into a feelings way of living will be unique to each individual. This is intended to be a reflection on what may have been the prime or prominent experiences that inched open the embracing of feelings as against continuing mind dominated.

I anticipate that there is no formula. That it is our soul that will have its timing and that each one of us will have come to the surface what it is that will bring about an awareness. That our feelings are truly surfacing and the truth of them will also be another set of experiences and recognitions.

Again, it is how has one commenced to cross the bridge? What where understandings that surfaced that enabled you to recognise a starting point?

May we have some comments to build up a diversity of possibilities of how to crossing of that elusive bridge from mind to feelings has unfolded for some please?

It is truly an amazing giant step out from the treadmill of the mind into the longest pathway of continuous evolutionary growth in truth and love – all the way to Paradise and our Heavenly Mum and Dad.

Cheers John

Marie, 1st Celestial Heaven, John's mother: I was deeply upset with how my new spirit life was panning out. We are told upon arriving into the Mind Worlds that we can make life be as we want it to be, that it can become 'paradise of our own creation', all provided you abide by the rules which consisted of wanting to help others; be generally 'loving' (mind-accepting) – kind and friendly; and were happy and accepting with the overall way of things. So I, like many, joined in the New Life, amazed that it was there for us to live having not really believed in life after death.



I met a man spirit, we lived together for a time, things were going well, I was nicely deluded building yet more love-fantasies, believing I could create a 'heaven' with this man spirit which I'd failed to do on Earth. Thinking back it sounds so amazing that I could have been so deluded; and we were considering adopting spirit children, starting a new spirit family. I just can't believe how well I'd fallen for the Mind Way, which of course I had, being grown up in it.

So John, everything was sweet, it happened for a lot of us spirits, we'd meet the man or woman of our dreams now because we were all living our dream, or living the ultimate dream experience being in this New Life in a New World, all of which was so all-loving, peaceful, with none of the daily life-pressures plaguing and making demands on us as they did on Earth, which we hated.



And so just when I was to start our New Family, Richard said he no longer wanted to be with me, he'd met another woman spirit he wanted to be with. So horror of all horrors, that wasn't meant to happen! I'd of course heard of it happening, but it wasn't that common over here in the mind worlds because it was much easier to maintain the facade of loving each other, you can manipulate your mind to control your feelings more than you can on Earth, so most of these mind spirits are fully into it, making their life and so their feelings, be as they want them to be; which was after all, all what we were told about waking up in the Mind World after our physical death.

So I was deeply upset, my perfectly created 'mind-world' crashed. I felt a great onslaught of bad feelings, which also wasn't meant to happen because of the harsh mind control over my feelings. But for those of us who 'crash', large cracks in your mind-control open up exposing you and rendering you vulnerable to bad feelings. So I felt bad. And that's when mum (Nanna Beth) made her approach to me. It was perfect timing. We'd seen each other when I died, but she was 'into other things' and as we didn't really have that much in common anymore, we'd gone our separate ways; or more so, I was going mine, Beth was well on her way.



So mum offered me a New Way. She said that how I'd been living was a mind contrived way, a fantasy, and that it wouldn't do me any good. She invited me to attend an introductory lecture about the "True Way to Live Life in the Spirit Worlds", so I went along. And yes, at my first lecture I met another 'nice' spirit man, and together we went to the introductory lectures and talks slowly coming to understand all you now understand John.

And the more I had to do with the New Way, the more I had to do with Beth; and the more I wanted to be as she was – Celestial, and like the few other Celestials who were giving us the lectures and open discussion groups. Then I started to do my Healing.

The NEW WAY The NEW WAY

Ouerioena, 1st Celestial Heaven, Marie's soulpartner: For me, (about 200 years ago) it was through the Hawaiian woman I told you about. I'd started to explore the spirit world, being interested in other things. I wasn't aware that I had changed, it was all so subtle and took a long time; and it wasn't even that I was dissatisfied with my spirit life with my people (spirits) in our private sector, but I just felt like moving further afield. And she introduced to me to other ways of living, and then the Divine Love. And like Marie, by attending the introduction courses, I came to understand that I had a choice to make: either I kept living as I had been, without any real change, happy and secure in my mind that nothing did really change; or, I embraced my **Ascent of Truth to Paradise**, in which everything would change. And I was ready for such Great Change. So I began my Spiritual Healing and longing for the Divine Love.

Kevin, 1st Celestial Heaven, John's brother-in-law: Believe it or not John, but I had this nagging desire, a deep need, to understand what it was really all about. It came 'upon me' soon after my arrival in spirit. So I moved around the spirit world looking at how spirits were and what they were doing, searching for answers, but nothing felt just right. Then Beth suggested I attend the intro talks about the Healing, I did, and that was it, it all made sense and I starting doing it.

Kathaleen, 1st Celestial Heaven, Kevin's soulpartner: I had been happy doing my 'work' helping other spirits. I had understood from my Christian and religious upbringing that a life of service was the life of happiness, so I continued those beliefs on in the first Mansion World upon settling into my new spirit life. I worked my way up into the fourth (mind) Mansion World through devout religious service, not a nun as such, I was spirit-married and with a New Family, but then things started changing for me. I started to sense other spirits I was working with were not as devoted as they made out, I could sense things weren't really as I believed they were. It disturbed me, making me to start questioning myself: what I was doing in my life, in my relationships, until the point of mind-failure, a state of being when

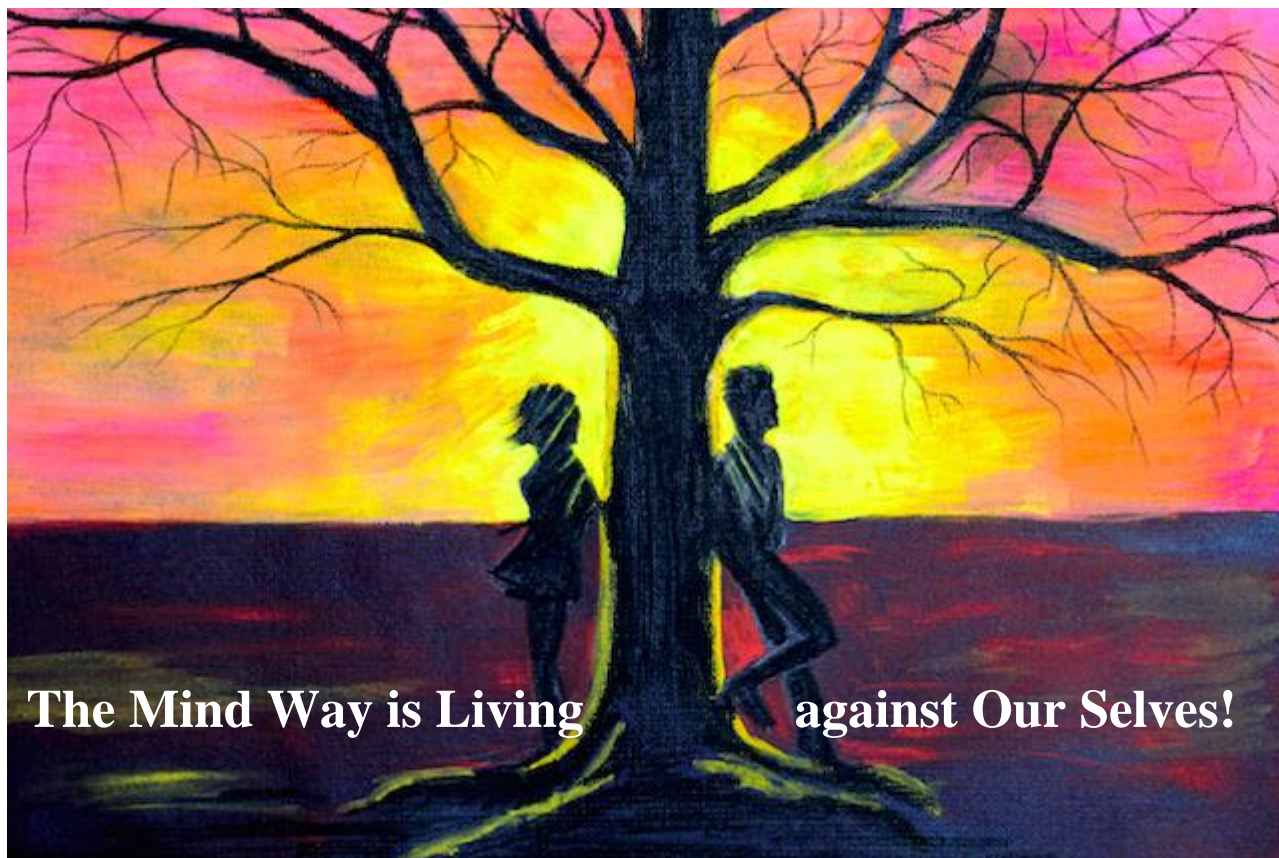


your mind fails you. It's very disturbing because everything fails, you have a mental breakdown of sorts, and I broke. And that then made me feel I had to end and get away from everything, which I did, left my spirit husband, my spirit children who were all old enough to live without me in their lives and I went into a mad self-indulgent phase in which I did everything for myself that I'd denied doing on Earth

and through my spirit life to that point. I partied, went to Sex World, stopped helping people and starting helping myself. I met other spirits who were like me, having experienced a similar 'breaking down' and we indulged our every hearts desire. It was a wonderfully freeing and liberating time for me, we lived in our private sector indulging, not doing anything to hurt anyone else, but also not doing anything to help anyone, only ourselves. And new spirits would come, it was like a huge free-love fest, lots of spirit music and spirit dancing, art, all very creative, all indulging our creativity in whatever avenues that took us in. We'd create using our minds (it was all with our minds) the most elaborate and weird 'houses', in which we'd all live together, moving between then, being with whomever we wanted, having multiple partners and relationships, everyone pretending it was all so loving, caring and wonderful.



Then one day I was bored with it all. I knew a man spirit who felt the same as I did about many things, so we left to further explore the Mind Worlds, looking for another way to live that might entertain us for a time. And through meeting and talking with other spirits we eventually came across information about the **True Way to live**, and so we went along, more as a lark then seriously wanting to find out. And I was shocked as to what I heard, how I'd been living the wrong way, against myself, which I decided there and then I wanted to stop. So I did.

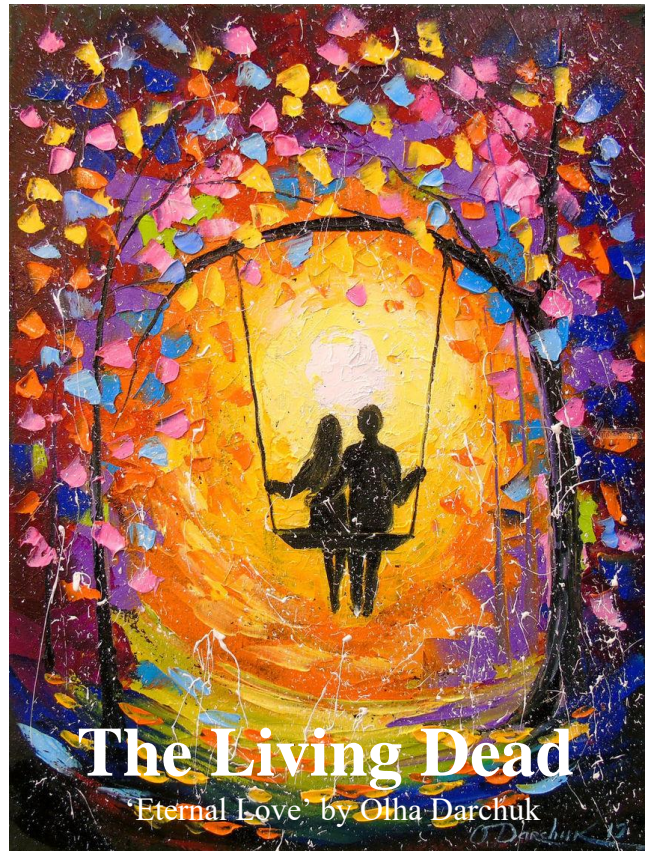


I left that friend and started my Spiritual Healing with the Divine Love. I loved Mary Magdalene, all she was said to be, how she was, how she conducted herself when on Earth with Jesus. I still loved Jesus, and my original religious devotion was meant to get me closer to living with him in the highest spirit world, so we were told, but Mary took my breath away, I loved her with all my heart, I want to be as she was, and so I worked as hard as I could, completely devoting myself to doing my Healing so I could become Celestial and possibly one day meet her in person should she come back to Earth visiting us Celestials. Which she and Jesus have done a few times now and which I had the glorious chance of having a personal interview with her. And she was all I wanted her to be, all I believed she would be, and far, far more. So I want to ascend Neadon (our Local Universe) with Kevin and my soul-group knowing we are doing what Mary and Jesus and our Heavenly Mother and Father want us to do.

Raymond, 1st Celestial Heaven, John's 1st cousin and grandson of Nanna Beth: It was Nanna Beth's personal influences that affected me into changing my outlook and adopting the New Way. We had a lot of talks about life, what's the meaning of it, what's it all for, and she showed me the value of the New Way, and I appreciated her reasoning, so I went that way. Not that startling John, but I'm so glad I took her advice.

Bradley, 1st Celestial Heaven, John's nephew, son of Kevin: I linked up with a bunch of spirit blokes, we toured the first Mansion World, dipped into the Hells, did whatever we fancied, met other spirits, talking about their lives, some were interested in and believed they had found the meaning of life, or of their's anyway, others were content just to live in their newfound happiness since coming into spirit. We had fun, pushed things a bit, went to most places you could go to, and we wangled our way into other places that were private or more off limits. We did a big tour of Earth, went everywhere, tuned into the minds of anyone we wanted to, regular people and wise men, Sages, Presidents, the Pope and other religious leaders all of which helped us understand no one on Earth had a clue, because none of them understood that life went on, as here we spirits, the 'Living Dead' were with them and they didn't know.

And gradually our group dwindled, with myself ending my association with the remaining other blokes because of Beth's entreaties into my consciousness. In one of our talks – she would just pop into my life from time to time – she asked me what I'd discovered for myself about life in spirit, and I had to admit, not much more than how it was on Earth. And so she told me I could live a higher spiritual life ascending in truth to Paradise, and that stirred my imagination so I followed up on her suggestions, attending the intro talks and decided to do my Healing.



Nanna Beth, 3rd Celestial Heaven, John's grandmother and Marie's mother: It was my maternal grandmother who introduced me to a higher spiritual life. She had a big influence on me and so I passed that onto the others in my life once I'd completed my Spiritual Healing and understood it was a real thing.

When I died I expected life to continue, and with all our family being together, but when I found it wasn't, we being scattered all over the place, that unsettled me, making me realise that I wouldn't have that large support group, which was something I'd always longed for, more than what I had on Earth, one large and happy family that all loved and supported each other, all the many different generations, it was a childhood fantasy. Then when I had to accept that it wasn't to be in my spirit life, then what should I do? And when it was pointed out that I could achieve that big supportive 'family' as being part of the Celestial Kingdom, then that was what I wanted. To work for and with and because of, Mary and Jesus, to live in their Great Spirit Family, to be a functioning part of it all, that's what I wanted and have now achieved beyond my wildest dreams.

~~~~~

More or less, the diversity of experiences and journeys may be considered typical for many billions:

Marie Josephine Doel, nee McDonell, born on 1 August 1913 and died on 26 September 1971, aged 58. Marie entered the 1<sup>ST</sup> Celestial Heavens in or about February 2018.

Ouerioena, Marie's soulmate / soul partner: He's a native from the Middle Eastern Kingdom of Quasoria, which no longer exists, but was on an island in the Pacific that also no longer exists. He's what you would call an ancient spirit, from three pole shifts back, not someone perhaps John was expecting and certainly not someone I was expecting to unite with! (A pole shift is a cyclical event that unfolds around 12,000 to 13,000 years, the last one being more than 12,000 years ago. That suggest Ouerioena may of lived on Earth some 40,000 years ago. Adam and Eve materialised on Earth more than 38,000 years ago in the Middle East.)

Kevin was born in 1937, April 3. Kevin died at the age of 75, on 10 August 2012. Kevin entered the 1<sup>ST</sup> Celestial Heaven on 7 August 2017. Kevin: And the age that Kathaleen and I are is about mid thirties, in our prime time on Earth, that's about where most of us spirits like to be, however we don't look exactly like how we looked back then at those ages. We look pure, and it sounds funny to say that, but we do because we are.

Kathaleen, Kevin's soulmate / soul partner: I was born in 1901, in May, I'm a Taurus like you James, however I was a late April one, the twenty-sixth. And I died when I was 72, in March – the 15 (so 15 March 1973). So yes John, I am older than he is but that is of no consequence for us over here, all that loses its appeal – the separation of age whilst we do our Healing through the Healing Worlds. Kathaleen is from Tennessee and is black.

Raymond Bede McDonell passed later on 22 October 1971, aged around 23. Raymond entered the 1<sup>ST</sup> Celestial Heaven in May 2018. His soulmate / partner had been in the Celestials for about twenty years and she was in the third sphere Celestial Heaven then.

Bradley Cooper suicided on 21 September 1999 and early April 2018, became Celestial. Bradley's soulpartner is from the region that is now called Russia – but was not when she lived.

Nanna Beth: Elizabeth Mary McAlister was born 24 January 1890 and died on 5 October 1951, aged 61. Beth is now in the 3<sup>rd</sup> Celestial Heaven. Beth's soul partner lived and worked in Western Australia's gold mining industry at the same time that Beth lived in New South Wales, Australia.

Marie, Raymond, Bradley, Kevin and Beth all lived in and around West Wyalong, a rural community, in mid New South Wales, Australia – as did John.

## WHOLE DIFFERENT Way of Life.





**FEELINGS from our SOUL**

Hello Marie, Mum,

Wednesday, 26 August 2020

Thank you all for commenting on events that led to stepping into feelings and away from mind orientation. Seven commentaries is an impressive review of the most important step in anyone's journey of ascension and it is step for everyone.

May we ask how it was for some that they came to understand that they had consummated that first step, that moment of realising that it was their feelings that they were recognising and embracing and not more of the mind manipulation and control?

Separately, receiving Divine Love has been difficult for many to discern, whereas for others it has been very clear when it is being received. Is such discernment as difficult with feelings?

For everyone, I suspect that these steps and events are very personal and infinitely variable. They are also pivotal events, being stepping away from the mind Mansion World journey to a dead end and onto the eternal journey to Paradise commencing with our Healing.

An interesting comment on this may be available from Dr David R Hawkins. He was in the 5<sup>th</sup> Healing Mansion World and had suspended his healing to enjoy time with a lady companion. Maybe he would like to add comments upon his journey and his first clear understanding of his feelings not being mind contrived.

AND of great interest is the progress of Diane (Hatfield) Russell. I understand that Diane had entered the 5<sup>th</sup> Healing Mansion World during early 2019, however I strongly suspect she would like to communicate, if she pleases?

James may now have the pleasure of three generations of ladies of the McDonell clan, Nanna Beth, daughter Marie and now her granddaughter, Diane. He will have no where to escape!

Love, John.

Thursday, 27 August 2020

Marie: I'm sorry John, however we're not going to take it any further with our family. It's not for the public record. We have said enough. We are all done with Earth in that way, we no longer wish to be part of the Rebellion, and as far as helping to end it, we're playing our roles from the Celestial Spheres and nothing more. We've gone as far as we have in telling you about what we're doing and have done, because of you needing it to help you connect with all James is doing and how you can personally relate to it through us. However that has now been done.

Diane is about to move into the Seventh Healing World. And she won't be talking to you through James, neither will any of the other spirits like David or our family. Only Beth and myself will still maintain a personal connection with James, however it too will only be for understanding further about the Truth James and Marion are revealing. So please continue asking us about the Truth, should you want to know more about it, but anything other than that, including what might be in store for Pascas, the Money, yourself or anyone else on Earth, no, we will not be forth coming anymore.

And one of the reasons for this is because if you continue including our personal family information in your writings, some people who read them will want to know about their families too, and so we want to

avoid their asking you to ask James or their asking him directly, because he, and we spirits with him, are not about shedding light on people's family life in spirit. They can work to find that out themselves by doing their own Healing or wait until they come to spirit or use other channels of spirit / mortal communication. As it is, James is going to be asked for much that he will not be able to do – it's not for him to do; he is not to be tied up in all of that, he is ONLY about the Revelation Of Truth, as in, what his and Marion's soul is to reveal to humanity, and so far as the personal details of what spirits are doing in their spirit lives, that has now come to an end.

He now has to be free to move into other aspects of himself, all to do with his own private Healing and dealing with what is to come. So having to attend to everyone wanting to speak to us spirits through him, yourself included, would only be too much of a distraction. And because so much is at stake at this time, no extra and superfluous details like that will be used to burden him. He will tell you this himself, as it's how he's been moving in his Healing, with a large part of you asking about our family helping to bring him to this point of understanding it for himself. He is too nice to say no to you, so I am saying it from our end.

Concerning the rest of what you are asking today, it was a conscious mental decision we all made by attending the introductory information sessions about the Rebellion and mind way of living, and then helping us understand there was another alternative way, the feeling way, living true to your feelings. We believed the information was true, then followed it up by making a mental choice to embark up on our Spiritual Healing. Just as it is by understanding about the Divine Love, and then deciding you want to long for it. Deciding you want to long for the Divine Love and the Truth of yourself. And then acting upon such a decision. And it's what you have done: you have worked to understand the information James has offered you. You have decided for yourself, which has in part largely been influenced by those of us in our family you've spoken with through James, that all he is saying is right, and right enough for you to embrace intellectually. Then with your next step being the actual doing of your Healing.

It is incorrect to make the assumption that because you understand the information about the Spiritual Healing, and you like the idea of living with your feelings, that you *are* living true to your feelings and doing your Healing. You can't just make that choice with your mind and then you are living Feelings First. It doesn't work that way, that is still just living through your mind. You can ONLY live Feelings First by doing your Healing. And you can only do your Healing by working actively to embrace, express and uncover the truth of your feelings.

So it is to be aware of for yourself and other people, that unless someone is actively doing their Spiritual Healing, as in how Marion, Samantha and James are doing it, then they are not doing it, nor are they living Feelings First or anything else to do with it. At best they like the idea of doing it, want to do it but as yet can't for whatever reason, and when their life changes, will start it. So until you are actually doing your Healing, it is only a mental concept. Which is fine, and many people will live with it like that for the remainder of their life on Earth, then do their Healing when they come to spirit. Relatively few people are actually going to fully embrace their Healing on Earth.

So for yourself, certainly you can be wanting to live more on the feelings side of life than that of just the mind, and that of itself can have a beneficial impact on you, however it's still NOT doing your Spiritual Healing or even truly understand what it's all about. And it is still only being on the mind side of life.

And really for yourself John, were you to start doing your Healing in earnest, you'd not be able to do anything else that you want to do with Pascas. So I would advise that you can have a reasonable mental



understanding about the Healing, yet no real idea as to what it's about until you are well into the experience of it. And that too goes for other people, because there will be many people who will claim they are doing their Spiritual Healing, when they are not. They will contrive understandings about what it is and believe they are doing it or have even done it, they will assume they are living true to their feelings, believe they are, and all the rest from what they have read, when they won't have any real idea because they are not doing it. For us in spirit when you are doing it in earnest, having fully committed to it, you move to live in the third World, it's a real life change, you see it all about you, however it's not going to be like that for a lot of people on Earth.

And all those people are going to have be held at arms length or dismissed completely or just left to their own delusion. So it's important that you understand this within yourself John. And it's not so much for you to judge or worry about whether or not someone is doing their Healing properly or if they are only making it up, for as you are not doing yourself, you won't know. It will be for James or others doing their Healing to understand whether someone will be true in their saying they are doing it or not.

It is conceivable a great many people will want to be involved with The New Way, and because they read some of James' work, even some of your Papers, they will believe they understand what it's all about, and ARE involved. And they will come to you and James assuming to be part of it, however it's not going to work that way. There are going to be a select few working closely with James on the spiritual side of things, and then with you involved with all you want to do. And everyone else, even if they are actually doing their Healing and living more truly with it, will not be directly involved. Indirectly involved and part of it, sure, but not everyone who says they ARE doing it, will be welcomed in. And we spirits and our supporting Angels are going to see to that.

So that is all for now. You are still just going to have be patient. You have done more than enough with your Pascas Papers. If anything now, they can be gone through and rationalised, condensed, but there is nothing more to be gained by just adding more to what is already there. And that will be the same with James' work when he finishes his Healing. He will go through his work, rationalise and select the main parts representing it, and the rest can be archived for the very serious student wanting to understand it more. But for the general public, all of it is not necessary.

I will talk again soon. All my love to you; and again I am sorry we can't keep talking about our family. You will just have to be content with what we've told you and knowing that we will be with you from spirit and will be there to meet you when your time comes for you to join us here in the spirit worlds. Marie.

**The NEW WAY The NEW WAY**

## CHILDREN'S EDUCATION – NEW FEELINGS WAY

Sunday, 30 August 2020

James: I thought I'd jot down a few points as what I would have liked so far as having to be educated.

Accepting that so many people believe children have to be formally taught stuff, so what should they be taught?

To begin with, I'd divide it up into, or establish if, the children could be educated along the lines of Sudbury free schooling; or if they have to attend more formal regular school and classes like we did.

Then I'd base everything around how the person lives and conducts themselves in their life. So focusing on relationships, expressing oneself, feelings, they being the central core of the schooling. Then with all the other subjects around that, and really as extensions of the core; so teaching the other subjects but always inclusive of the core. So trying to avoid any subject just being wholly a mind exercise.

If its classes like we did, then I think the whole schooling structure should be based on educating the child about itself. So with the main focus on it expressing itself, communicating and having relationships. So all feelings-based; but also including the mind. So introducing the idea that you are a personality, which consists of... and can express itself in the following ways... and these are good ways, and these are bad ways – the outcomes of both.

So the central focus would be on being able to convey to the other person what you are feeling and thinking; what you want and why you want it; how to work out through your feelings what is a loving and self-respecting way of life. So in public, in family, in personal friendship, in intimate relationships, and then with your own children (all children). To understand feelings and their expression are vital for women AND MEN. That it's wrong for boys (and girls) to deny certain feelings. It's about becoming a wholly fully formed and self-expressive person so as to get the most out your life and your relationships.

So for example: how you express yourself to get what you want whilst respecting the person you are asking. How to do it in all the different ways, and how each of them make you, and the other person, feel – all the good and bad feelings.

I'd educate them about specific feelings and emotions, how they all go together and are to be expressed. How to identify them, why you feel them, how to convey them to others, the positive and negative effects of them on yourself and another. How to treat another person (and yourself) with respect; how not to. Taking responsibility for your feelings – how to act on them; how not to: ie, don't just kill someone because you feel you want to kill them, talking out all the anger and frustration. Why you feel good and why you feel bad. How you can use your mind to deny feelings, and what happens if you do. What happens when you don't express your feelings properly, as in, how you get sick. What happens when you do, how you feel good and are healthy. (So ideally somehow breaking this all down to the relevant age levels, building them up as they get older, introducing increasing psychological complexity in our relationships and feeling expression. Such as projection and transference.)

And how to gain from your feelings, by longing for the truth of them. How to live without using your feelings to help you grow in truth; how to live using your feelings to grow in truth. Why should you want to grow in truth; as opposed to not growing in truth. And what can you achieve growing in truth; what happens when you don't. Examples of lives of each. Feelings verses Mind. And what the Truth is, and how it comes to you naturally through your feelings, as opposed to working stuff out using the mind. Fact and truth vs falseness, pretension, unreality, fantasy. How to work with your dreams (the ones you have when you're asleep), using the feelings in them, and after them through the day, to



uncover more truth about yourself and your life (and not just symbolic mind analysis, avoiding that altogether). Discussing in class dreams, life experiences, feelings – good and bad, in life experiences people have. Helping them to see how valuable and necessary our experiences are because of the feelings they give rise to and what we can gain from them. Introducing the notion of a whole other universe existing as you move deeper into your feelings.

And love verses no love. Natural love and Divine Love possibly. What Truth is, and how you live it. Power verses feeling Powerless. Acceptance verses Rejection. What is depression, how it makes you feel, why you get it (feeling suppression and repression), how to work to bring out all the hidden bad feelings. Not to be afraid of feelings. Compulsions and addictions making up for lack of feeling loved. How you can work out the truth of life and how to live it yourself – all through your feelings and with your mind by expressing yourself fully as you interact with people.



Then from the core of the education being about yourself in life, how you express yourself and relate to other people, build out into all the other subjects. With the usual ones, reading and writing (how to do it properly as opposed to social media slang, so they know the difference and can choose which they want to do, as the world's languages are going to get increasingly fucked up by the Internet). And with all the subjects directly related to their lives, not going off into the far flung reaches of the mind, most of which we were subjected to and ended up being totally meaningless. And using the internet, teaching how to find the information you want, not being forced to learn the countries of the world like we were, but being introduced to them in other ways should they be relevant to the people's lives. And basic mechanics, how to fix locally used stuff, how stuff works, cooking and attending to the house, making clothes, being self-sufficient and sustainable, all that's on offer in the world, pros and cons etc, whatever they already do in their lives and expanding it out further should they want to take it further.

So I'd have a specific subject or course structure relevant to the increasing age and how long they are likely to be in school for. If they are to be in school for only a short time, then stick to the basic subjects whilst concentrating on them understanding expressing themselves. If for a longer time, then that can all be explored further.

And I'd also, if possible, introduce along with the core, a spiritual element. So including the concepts and ideas of: God, soul, spirit, personality, how they all relate to us in the physical. Death, and afterwards in spirit. Death of babies and children, how they are adopted in spirit. What 'Heaven' is like. Angels, Spirits and Nature Spirits. Even Divine Love and longing for it. And possibly how to talk with God, Spirits, Angels. Ascension – Feelings Way, vs Mind Way. Rebellion and Default. Living truth to yourself through your feelings. The New Feelings Way. Spiritual Healing.



If there is already an existing religion within which the schooling is to take place, then these other spiritual things could possibly be added as an adjunct – selectively to augment the religion. Or just left out altogether.

There must be heaps of children's book that focus on feelings and relationships, as well as all the other stuff about them on the Internet that possibly could be used. So to introduce those books into regular schooling if they are not already available. Maybe we could even translate them or work with existing authors to modify – add and subtract – them. I guess if you're targeting the poorer children, just having the necessary materials readily available for them might help, like School Pacs (backpacks with writing materials, pads, books, etc,) and things to make if fun.

I think you need to find out what sort of kids that are to be educated. Such as which countries, socio-economic and religious levels. What do communities need and want?

Then I guess is the idea to put it all in a Pascas website, like part of Chaldi College, from which teachers can view and download the daily, weekly, monthly curriculum and other teaching aides to deliver that syllabus?



**SPIRITUAL LIFE**

Monday, 31 August 2020

James: I finally feel like I've come to the complete understanding of what defines our true spiritual life.

It's to uncover the whole Truth of Our Childhood.

And that's if we've lived a negative or positive childhood. So our world and us all being in an unloving anti-truth rebellious state, we're to bring to light through our feelings the whole truth of all that happened to us, all we felt, all it made us become, and all we feel about being untrue.

So that's all it is whilst we're confined to the Mansion Worlds. The Mansion worlds, including Earth, being for us to live our childhood into adulthood, then growing in truth by expressing and attending to our feelings properly, so as to see all that we are as an adult, all we feel, all the beliefs and behavioural patterns, are a result of, and so the same as, all we went through during our childhood.

Then once we've uncovered the whole truth of ourselves, we are ready, in our rebellious cases, to become perfect, leaving the Mansion Worlds, fusing with our Indwelling Spirit, and with a divine soul, able to move into the Celestial spheres if we're living in spirit, or to be of a Celestial level of truth if we're still on Earth.

Then being true, perfect and loving, we are free to continue our Ascension of Truth to Paradise with love.

So I pretty much understand that now I will position my whole spiritual approach and revelation based around that. "That's where I'll be coming from." And the two parts left to experience, are: once seeing and being the whole truth of my childhood, how does my transformation take place; and then what will it be like (assuming I am to keep living on Earth) being a Celestial in flesh.

So it's true that most of our addictions, compulsions, projection and transference behaviour, much of how we innately are in our imperfection, will remain right the way through our Healing, so as to enable us to see and connect with the whole truth of our childhood. So someone embracing their Spiritual Healing, should not expect themselves to be healed of all their problems, trauma and imperfection along the way, that healing coming once the whole truth has been seen. That being when we are "Born Anew". Certain things do change, and all erroneous beliefs are broken down and replaced with true ones; and subtle changes happen as we express all the pain out of ourselves (which of itself is a massive change), yet all these progressive changes happen to allow us to keep seeing more of the whole picture of our untrue rebellious condition.

So any religion and spiritual system that is not fully focused on helping you uncover the truth of your childhood, is only serving to keep you in denial of such truth. Which of course is the problem with the world and most people. So until everyone wants to uncover the full truth of their childhood, which is the full truth of themselves, then people will keep passing their wrongness onto their children and perpetuating the evil.

What is Being Spiritual?

- Being Spiritual is growing in Truth through your Feelings.
- It's understanding Truth can only come to you through your feelings, and not with your mind.



- And it starts with using your feelings to uncover the whole truth of your childhood.
- And doing that as an adult, by accepting, expressing and longing for the truth of all your feelings.
- And longing to God for Divine Love.
- And understanding that you're living an Ascension of Truth to Paradise.
- Which begins with coming to understand the truth of your rebelliousness against Truth and Love; against yourself, nature and God.
- Understanding that you will stop being false and untrue, living with your mind in control of your feelings, as you uncover the whole truth of your childhood. That when the truth of your childhood has been seen and fully connected with through your feelings, then God will transform you into being true, perfect and loving.

And that all other religions and spiritual systems are not spiritual, they are not helping you uncover the truth of your childhood and end your rebelliousness; they are helping you keep denying the truth of your childhood, ensuring you remain locked within the control of your mind over your true feelings.

All other religions and spiritual systems are leading you further from the truth of your childhood; further from the truth of yourself, nature and God, irrespective of what they might say they are doing. They are false and untrue mind-derived systems of belief and ritual, they are not spiritual. Some of them have elements that might help you love God and might help you uncover a little truth about yourself, but nothing like you will see and live when you start doing your Spiritual Healing by consciously working with your feelings longing for the hidden truth they will help you see about yourself.

The True Feelings Way; is The New Way. And it's the right way to the truth of yourself and the truth of God. It will lead you to knowing why you feel all you feel, and why God wants you to feel and live such truth. It will show up all your falseness, untruth and denial of truth and love. It will help you see all your imperfection, all that resulted from your childhood relationships, and why they caused you to feel what you did, and how you came to deny such feelings stopping yourself from naturally growing in truth from them.

You can't know God through your mind; only through your feelings. Just as you can't know the truth of yourself through your mind; only through your feelings.

And these are currently the main headings I work with:

[Avonal](#)

[Avonal Revelation](#)

[Divine Love Spirituality](#)

[The New Way](#)

[Spiritual Healing](#)

[The Religion of Feelings](#)

**NEW FEELINGS WAY**

Monday, 7 September 2020

James: Do you want to talk about talking about feelings in general; or do you want to talk about the New Feelings Way? This, what you've written, is just about talking in general, but anyone can do that, and it won't necessarily get you to the point of truth your feelings are helping you uncover within yourself. If you want to talk about The New Feelings Way, then you'll have to stick to it, otherwise this page should be headed something else.

And The New Feelings Way is working with your feelings to uncover the hidden truth of yourself. It's to find the Truth Of Yourself Through Your Feelings. So the two have to be worked in conjunction with each other: Expressing ALL, and most importantly, ALL YOUR BAD FEELINGS, which you are more than likely denying, all so you bring the truth of why you're feeling them to light. This is getting to know yourself – the truth of how you are. It's living true to your feelings. Accepting, expressing and longing (wanting) to find the truth of them within yourself. It is a way of living that embraces and looks to express all our feelings and emotions so we can see what they are all about, what they are showing about ourselves; unlike how we live denying the truth of our feelings and basically not having a clue about ourselves and why we're feeling what we are.

So I would suggest redoing this page based around all of that, which I've written about a million times. You might like to point out the difference between living as we currently do – the Old Way, which is mostly feeling-denial; and even if one is more feeling expressive, it's still not longing for and wanting to uncover the truth of those feelings. We live denying ourselves the truth of ourselves, because we don't want our feelings to lead into the truth and horror of how unloved we felt during our childhood, and how we still feel unloved.

The New Feelings Way, is doing the opposite of this. Stopping what you are doing, focusing on your bad feelings in particular, the ones you're more likely to deny; fully acknowledging them, bringing them up and out of you by expressing all they make you feel and all you feel having them, all as you long and want with all your heart to know the truth of why you're feeling them. Understanding that that truth is going to be very confronting, because it's going to show you the truth of all your relationships, with yourself, your parents, friends, children, loved ones, partner and God. And if there is any unlovingness in any of them, the truth is going to bring that all to light.

If you want to carry on in the Old Way, sure, being more feeling expressive will generally help your relationships, however that's not what the New Feelings Way is all about.

The Old Way, which is the current way for most people, is denying the truth of yourself by denying your feelings.

The New Way, is working with and wanting your feelings to show you the truth of yourself.

So I'm sorry, but I think the page is basically meaningless and shouldn't be headed New Feelings Way. I don't like it at all. Having someone to talk to who is willing to listen to all your feeling expressing without trying to stop you, is just one part of how to express your feelings so as to help you uncover the truth of them. You say it doesn't matter what you talk about, but that's in a truth denying state, the Old Way, in the New Feelings Way, is very much matters what you talk about, which is all your feelings and all how they are making you feel, all so you can find the truth of them. The New Feelings way John, is ALL AND ONLY ABOUT UNCOVERING THE TRUTH IN YOURSELF. And doing that through your feelings. It's all about the Truth, all what we're setting out to do, so not to water that down. The Old way is all about not finding the truth and doing all you can do deny it. So do you see, it's not just

about talking in general like this page suggests, it's all highly specific, and a specific and fully focused way of being, way of living, not just more of the old general stuff.

There is room for, and of course is all part of, the feelings and self expression side of The New Way, talking more generally about feelings, about how important they are, and how acknowledging and expressing them is helpful in life, adding to more fulfilling and meaningful relationships. But that's just part of our naturally expressing ourselves, with The New Way, being specifically about showing up the Old Rebellious Truth-Denying Way. We're about wanting to offer people a way out of their yuk, a way out of their rebellion, a way out of their pain, a way out of their mind controlling beliefs and behaviour, and so how to do that by using your feelings – which leads you into doing your Spiritual Healing.



**Working with your BAD feelings.**

14 September 2020

Talk to someone who has your interest at heart.

To someone (or out loud to God) who listens without making you feel like you're being judged. Someone who really wants to know how bad you're feeling and won't stop you saying how bad you feel. Someone who won't try to change the way you are feeling. Express your bad (and good) feelings with the full emotion of them, all whilst you really want to know the truth of why you are feeling them. Want to know the deeper reasons why you are feeling bad.

And keep talking, expressing; bring out all your feelings until there are no more to express. And this can happen quickly; or can take days, weeks, months, even years, working at expressing the same bad feelings, time and time again, always longing for the truth of them.

And you keep talking until the truth comes to you. Your feelings are to show you the truth of why you are feeling them. You have to want to know that truth with all your heart, to find it and see it through your feelings.

When you have a bad feeling, it is your feeling, and if you stop yourself feeling and expressing it, you are stopping yourself getting to know why you have that bad feeling - the deeper reasons why and not just the more obvious superficial ones. You are stopping yourself being a fully self-expressive person in your life and in the world.

Your true personality was prevented from being fully expressed through childhood. To become true, to be your fully expressive self, it's most important to ensure you always express ALL of your feelings, and particularly all your bad ones; all with the strong desire to know the truth of why you are feeling them.

In time the truth of yourself will come to you through your feelings.

We are to be our true personality, our authentic self!

Soul Partner                    para 1:

Many long for and seek their soulmate / soul partner which they will find only upon completing their Feeling Healing. And should they have embraced Divine Love, becoming of a Celestial soul condition. Our soul is duplex. One soul expresses two personalities – one being female and the other male – always. There is no homosexuality on a soul level, only on a dysfunctional personality level.

When each soulmate couple have respectively healed the Rebellion and Default within them, then being compatible partners for all of eternity, embark upon their joint journey (ascension) to Paradise – the home of our Heavenly Mother and Father – the Original Soul Partners!

Second last para, first line. It's not really correct, I'd amend to:

Physical incarnation is complete with the first heart beat, around 16 days after conception.

Last para:

While we remain living within the Rebellion and Default, we are rebelling against our soul; and consequently, against our soul partner. If we were able to find our soul partner, let alone recognise him or her, we would more than likely be repulsed by each other. Upon completion of our Spiritual Healing, usually we become connected with our soul partner, and then it is so for eternity.

(I said 'usually' because you might finish your Healing then have to wait until your partner finishes their's, which might take some time.)

## How do you BECOME as SPIRITUAL as you can be?

James Moncrief

7 November 2020

It's to do with expressing yourself as truly as you can in your relationships. The truth of yourself, the truth of life, the truth of God is to be found in the truth of your relationships. When you interact in your relationship, when you express all you feel and think, and when the other person expresses all they feel and think, all whilst you are longing for the truth of all such interaction, then the truth will come, and then you are evolving your soul in Truth. And you can't be more spiritual than continually advancing your soul in Truth. That is Being Spiritual.

Only our difficulty is, most of us are heavily denying our feeling expression in our relationships, so we are severely limiting the depth and intimacy of the interaction we can have, so we are severely restricting the amount of truth we can gain from such experiences. So our Spiritual Healing involves allowing ourselves in our relationships, with ourselves and each other, to express all the bad, yukky, dark, nasty, pain parts that we're doing all we can to avoid. To maximise the relationship you can have with yourself and another person is to allow yourself to express ALL your bad (and good) feelings, all as you long to uncover the truth of all they will help you see about yourself.

To be spiritual is to be fully feeling expressive. Or to want to be. And the more feeling expressive you are in all your relationships, the more you'll get out of them, provided you want to see what Truth they contain. And the more you become that Truth, the higher in spiritual understanding you become, and so the more spiritual you are.

Being or becoming spiritual is not about attending your religion religiously saying your prayers to God, or sitting in meditation endlessly seeking Enlightenment or Knowledge; and it's not about climbing the highest mountain seeking the answers to life, it's about getting real in your relationships by dealing with all the bad feelings, moving with them, seeking resolution through understanding by going deeper into them, bringing all the hard stuff out, seeing it for what it really is, what's really going on within you and between you, and how does it all relate back to your early life and the relationships that you started your life in. It's about wanting to know the **WHOLE TRUTH OF YOUR PAIN**, so allowing yourself to feel all your pain as you express all the bad feelings of it in your relationships. And of course doing this in your most intimate relationships in which you can open and expose all the worst of yourself; all the ugliness of your pain; all the terror and torment; all your suffering – to bring out all your dark secrets; all you're so afraid of admitting you feel; all the really bad stuff you believe you are not allowed to speak about, to your partner who willingly wants more than anything for you to bring it all out. All so they (and you) can understand what is really going on inside you. And then you wanting them to bring out all their pain and suffering, so you are both truly 'there for each other', lovingly supporting each other by accepting each other's darkness.

Being truly spiritual is being true to all the feelings you feel. If you are true to all your feelings, and want to know the truth of them, then as the truth comes to you, as it will, then you are growing, evolving, ascending, in truth, and you can't be more spiritual than that.



## Death & Dying Transition & Assimilation Wonky Report

22 November 2020

I sent it all, better keep your eyes closed!

### Death and Dying

P3 Last para, I'd replace 'However' with 'So'...

P4 needs a different picture.

P5 - I don't know about the soft fluffy bed, bit like the 'cloud' in heaven?? However I'm happy to leave it, as it might be true for some people, if not us all. And mostly from what I understand the arrival room has one spirit attendant who welcomes the New Arrival once the Angels have 'put us back together', then we move out into the meeting areas to meet those waiting for us. However in other of my writings, some of the family or friends have been there in attendance too in the Arrival room, so I'm happy leaving it as you say.



P5 second last line of page, I'd qualify by saying you 'might' observe your body dying, because you might not, you might just wake up in the Arrival room.

P6 I'd delete even, and put For example: when Judas... rope like belt, - tying

P6 para 2, I'd add: ...THEN the physical body will die, and along with it, all pain.

para 4 For some of us, we may linger in our astral body/spirit state and watch the proceedings and goings on around our dead physical body before commencing the full transition process into the spirit Mansion Worlds. Our two 'angels of death' - manage the whole death and dying process while we are in a state of total unawareness, then awakening our consciousness within the spirit arrival room, as we wake up conscious in our pain-free spirit body.

para 5, I'd capitalise no - there is NO returning to

para 6 It is our soul that orchestrates everything. It is our soul that brings about the spirit body which becomes the template for the physical body at conception. The physical body is the vessel for individualisation of the personality. And should that be for - a fleeting moment, - then the unborn child will become spirit born to have its equivalent 'physical life experience' all within the 1<sup>st</sup> spirit Mansion World.

para 7 2nd line, add: impressions

And ...of the Celestial Heavens, - that is a journey... (And you might be right, but I thought we also went unconscious from 7 to the Celestials?? Leave it as is though, it sounds good.)

P7 para 1: by adopting physical foetuses, babies and young children who've died, becoming 'spirit born children' - there are...

last para: Oh, and even though we

P8, bottom box: **Incarnation is complete 16 days after conception when the embryo commences to pump blood.**

P14 para 4 not at a rate

P15, I think the first Mansion world time is three days on from our time, however it doesn't matter. I'm a bit confused about the time differences. One Paradise Day is 1000 of our years. I think one first Mansion world day is three days of our time - yeah, that's it. Yeah, so ordinarily it takes a day to wake up in spirit, so



you can be at your funeral in three days time on earth??? However as to how some spirits seem to be immediately awake when they die and no earth time has passed???. Anyway, leave it for the time being - ha, ha. I don't know that they distances are the same either, where did you get that from?

You could add: Some have friction shields used to transport us spirit-personalities about the spirit worlds, such as when we die and move into the first Mansion world.

SENT

p16, I'd change the top colourful part - *All personalities within the Mansion Worlds, such as spirits and angels, can hear and 'feel' all our thoughts and feelings, whereas only a few psychic people on Earth can readily communicate with spirits and angels.*

First para: I'd add and change to: *Angels record all we do and say, and spirits can follow our lives on Earth from spirit. We are on 'candid camera' all the time. - If we are doing something profound, then our spirit audience might be greater than what- Elvis Presley had on Earth.*

para 2: *The spirit transmission is - three dimensional -, and may be beamed into all seven of the spirit Mansion Worlds and the three Earth orientated Celestial Heavens. And At times the transmission will go even further into the Heavenly spheres.*

para 3 - what about changing this para to: *Death is NOT the end. Our loved ones are still with us in spirit. They can easily 'tune in' on us, knowing what we are thinking and feeling, loving us and feeling out love for them, being close to us in their spirit plane. It is only our belief that we can't readily still communicate with our 'dead' family and friends that prevents us from doing so.*

para 5 *Why do they not make themselves seen? Under the Universal Contract governing the Rebellion and Default, visible appearance of spirit personalities is mostly prohibited. However, now that the Rebellion and Default has formally ended, as of 31 January 2018, - as people on Earth begin to embrace and progress with their personal Feeling Healing (Spiritual Healing, it may become possible for certain Celestial Spirits to appear to Healed people on Earth.*

last para: *People who are sensitive to spirit interaction, - may find their daily life being involved with spirit personalities more than with those who are still in the physical. Enjoy their companionship.*

P17 Add, first coloured line: *People in spirit - 'spirits' - are the same as they were in the physical.*  
And on P 20 in coloured line: *People in spirit...*

P20 first para: *The Law of Compensation is constantly imposed - throughout the spirit Mansion Worlds, in a manner as it is to be on Earth throughout the coming spiritual age of 1,000 years, being the Avonal Age.*

para 2: *Which means, if we endeavour or intend to cause harm to another personality, then the pain that we plan or do inflict will be felt by the perpetrator to the same degree, thus debilitating the perpetrator and preventing further imposition of such pain upon another. If you cause another person or spirit pain by infringing against their will, then you have to Compensate for such pain (will infringement), by yourself feeling the pain you've caused them.*

Also, I don't know about that picture, and the line "**Angels of Encouragement to Behave!**" It suggests to me the Angels are keeping us in line, which is not the message we should send about Angels. I think a better picture in keeping with the Law of

Comp being enacted out would be more appropriate and in keeping with what the words are saying - perhaps one like that brick being thrown coming back in the window, something similar to that???

para 3. It's a messy para, too much in it. What about something like: **Upon death we continue expressing our personality in spirit as we did when on Earth. Adjustments are made in accordance with the Law of Compensation and whether or not we want to continue living in our rebellious mind-led way, or live true to our feelings living a feeling-led spirit life. If we stay addicted to our Mind Way, we will continue moving in the wrong direction and further away from our true selves, our Heavenly Mother and Father, and our chosen soulpartner. If we choose to do our Spiritual Feeling Healing and live true to our feelings, we'll move closer to ourselves, our soulpartner, thereby ending the control our mind has over our feelings.**

para 4 **As we acclimatise and assimilate to our new conditions of living as a spirit personality, we will eventually move to and become part of a community of like minded people (spirits) -. The community will reflect the same soul condition as our self. If we are intent on living our feeling-denying Mind Way, we can, 'spinning our wheels', for as long as we please, possibly for thousands of years. All until our soul says it's time for us to stop and start living true to our feelings.**

para 5 I'd change to: **There is no eternal damnation. There are 'Hell Planes', areas set aside for newly arrived spirits who need to settle the Law of Compensation being isolated from the main Mansion World spirit population until they have felt all the pain they caused others during their life on Earth.**

Last para: Should you find yourself quarantined in darkness (a dark state of mind), a reflection of the darkness and pain you inflicted on other people or animals on Earth, then when you have 'paid your dues in pain', answers can be sought from brighter spirits whose higher light reflects living a higher truth.

P21 Would it be possible to add in the first cloud - Natural Love **Mind** camp.

And in the other cloud - Celestial Divine Love **Feeling** camp

And in the bottom cloud, change **very low energy individuals – interacting with individuals. to - very low truth individuals – criminal intent.**

And I'd reword: **Malevolent spirits no longer have the power to influence us on Earth.**

para 3, I'd change: **Possibly some 200 billion spirit personalities are living through their minds in the four Mind Mansion Worlds 1,2,4,6 and the two earth planes. It is only when they embrace their Feeling Healing and with Divine Love that they will then be able to progress through the healing Feeling Mansion Worlds 3, 5 and 7 and into the Celestial Heavens. This being the pathway that we are all to eventually take.**

para 4 **-The alternative is to remain - amongst a community of mind-addicted people (spirits) imposing their will upon others and not progressing anywhere.**

In the first rectangle there should be a comma: **By living true to ourselves, true to our feelings...**

P26 second last line, I'd add: **We never again experience drunkenness! All spirit food and beverages 'dissolve' as light in our mouth.**

And the last line, what about?: **And we can leave our credit cards at home! Everything is free!!!**

P 27, I'd add: **We arrive in a foreign (spirit) world with an empty suit case**

P 28 para 1: **About 200,000 years ago, high level spirits from within our local universe, Neadon, rebelled against the leadership, the Creator Daughter and Son, namely Mary Magdalene and Jesus. These**

rebellious Lanonandek spirits, - being the Lucifer and Satan soul partner pairs, induced 37 humanities to 'join' - **their** Rebellion. **Our** Earth, being one of the 37, **suffered further with** the Default of the mission of the Material Daughter and Son, Eve and Adam, some 38,000 years ago.

P30. I don't know about your 200 billion for Mansion worlds 1 and 2. Above I amended it to include all the Mind worlds and two earth planes. I'll leave it to you if you want to amend it here too or leave it. Where did the 200 billion come from, I can't remember, was it something the spirits said to me, or did you make it up?

P31 para 2 **opens**

para 3 **Our** early childhood forming years, from conception through to the age of six years, is the time when we have had our true personality suppressed. **Then we use** our mind to continue repressing **ourselves** in compliance **with** our parents and carers' directives and wishes. This is when we have **unknowingly** taken on all of the Rebellion and Default. - Now we are to consider, and subsequently embrace, our Feeling Healing, **enabling** our true personality to emerge – the **unique** personality that our Heavenly Mother and Father bestowed upon each **of us**.

P39, para 3, unless I've written it somewhere, my understanding it the nature spirits can see some of the angels.

para 4 **completing**

P 42 para 4 - all the higher spirits and angels in the local universe can see and speak to each other. I'd delete this para. The last line is true, unless the spirit has spirit-sight, like some people on Earth do, or the higher spirits and angels want themselves to be seen.

Continue

P48

para 1, I'd add: Without embracing one's Feeling Healing process and receiving Divine Love, the Love of our Mother and Father, **which is living true to our feelings**, our progression is totally dependent upon our own personal endeavours and capabilities, that is, our perseverance and willpower **using our mind to control our life**. **All of which is leading us further away from the true leadings of our soul**.

para 2: The trouble is I don't agree with some of this para. I'll change it if you don't mind. **Ordinarily, where we not negatively influenced by the Rebellion, we'd express our Natural love soul striving to live true to our feelings by developing our personality attributes through a slow and persistent application of will. It may take centuries of dedication to perfect our Natural love attaining the highest levels of the Mansion Worlds. To then move higher, attaining a Celestial level of Truth, we need to also long for and receive the Divine Love of our Heavenly Mother and Father.**

para 3 **Once we recognise the availability of our Parents' Love and begin to ask for and receive it, our progression begins to escalate exponentially. - We can progress through the Celestial Heavens into the Eternal Spheres and then on into the Spheres of Paradise, to eventually become at-one with our Heavenly Parents. We can begin longing to Them for Their Divine Love anytime, the Divine Love having been made available to us when Jesus and Mary Magdalene came to Earth.**



I'd reword para 5 **It is only one's Feeling Healing with the Divine Love that forgives sin, dissolves - errors and fits a person for a higher life. Because of our rebellious condition of mind, we cannot enter the Celestial Heavens until we've done our Feeling Healing.**

para 6: Focusing only upon personal development may remove, or most likely reduce in significance, the influence upon one's personality of **mind-influenced** emotions that - bring about harm to others as well as to one's self. **Through our Feeling Healing we work to express out of us all our mind-influenced unloving emotions, beliefs and behaviours, coming to see the truth of why we have them - how they formed during our childhood. We need to be free of such negative influences so as to progress into the higher Celestial Heavens.**

I'd delete para 7, you've said most of it before.

P 50, in the writing accompanying the bottom picture, I hate saying "man-made emotions", they are our emotions, we don't have our emotions and someone or something else's emotions. What does it mean anyway, was that from Barbara Brennon, because you'd have to put it into context rather than just suddenly spring it on the reader. I don't like it, I don't like a lot of how she puts things. I'd just change it to '**mind-made**', then it's in keeping with my stuff. And really they are not mind-made, they are a result of our fucked up mind and will. The rest of it is dodgy, but we can leave for the time being. And it says notice no connection with God, and yet what does a connection with God look like. I'd prefer deleting it all, writing and picture. Or to say something like: **People and spirits can persist for a long time in a dark condition of 'hell' as determined by their poor state of mind. And it can take a lot of hard personal growth and work on themselves to change that state of mind into being more loving; or, one can do one's Feeling Healing with God's Divine Love, thereby coming to understand why one is of such a dark state and eventually fully healing themselves of it.**

P52

para 1: to live true to **ourselves**, true to our feelings; and by doing so, we **are also choosing** to live true to **God's Will**.

para 2: **Living God's Will means living true to one's feelings. Being moved by one's feelings, always expressing one's feelings, doing what we feel we want to do; while all the time longing for the truth of those feelings, longing for the Divine Love, and longing to live God's Will.**



para 3 A lot of people, and so-called spiritual systems, speak about living true **to** themselves and following their feelings, but what they don't understand is that whilst we are living in a negative mind and will state, those feelings we are feeling and trying to live, are not true. **The feelings, in and of themselves, are real, however they are not founded on one living true to oneself.** One's negative mind, in accordance with one's negative beliefs, are generating 'false' feelings; that is, feelings you believe are true, but aren't, being based on erroneous beliefs. And it's only through the process of healing one's soul of all that is not true that we can begin to live feelings that are being generated with support from a positive mind and will. As we heal from one state (the negative) to the other (the positive) we will feel ourself changing, and will know we are becoming progressively truer. We feel our will truly becoming empowered. **And it's** not an artificial empowerment like many people try to achieve by positive thinking **and wilfully using their mind** to be positive. **It's** real feelings of ourself, our will, and our wanting to live with God, our **Heavenly Mother and Father**.

P53. para 1, can you please add: ...to do it!

P54, I understand what you're getting at, but the title is not correct. **We are not Divine to begin with. Our soul, personality and true self are of Natural love, created by Divine Parents, and with the POTENTIAL of becoming as They are, at-one with Them - divine. And we begin to realise this potential by longing personally to Them for Their Divine Love.** So maybe change the heading to: **Becoming Divine.** Then change the first para to what I wrote above???

para 2. I'd delete this line, as it's not connected to anything that's being said, it's too out of context: **We are to embrace the Eternal Son of Truth, not the Infinite Daughter of Mind.**

last line of page, there is no returning to being divine, so I'd change it to: **...Soul Healing and becoming divine – this is our destiny.**

P57, I'm sure I've read this page before, so why didn't I pick up and want to change some things????? Such as, in last para, it would be better to say: **We are to uncover the truth of our childhood suppression and repression, freeing our true personality that our Heavenly Parents gave us. And to do this...**

P 58 para 1, it's screwy how it reads, as Zelmar is not of the Rebellion, he'd be saying 'you', instead of 'we', so I'd delete Zelmar – Melchizedek 11 March 2017

The whole page is a bit screwy really. I'll see if I can change it to what I think you're wanting to say.

### **The Mansion Worlds 1 – 7**

**Long ago, Rebellious Higher Spirits interfered with spirits from Earth living in the Mansion Worlds and people on Earth itself.** They caused humanity to turn away from God.

They stopped us looking to our own feelings for the truth God wants us to live. **They made us look to our minds, using them to control our lives.**

They inducted us into their Rebellion and Default.

**Spirits within Mansion Worlds 1, 2, 4 and 6 are still living with their minds in control of themselves. Spirits in Mansion Worlds 3, 5 and 7 and doing their Feeling Healing to end their mind control.**

**Spirits within mind world 6 have perfected their mind control.** They have taken their **feeling-denying** mind controlling state as far as they can, believing they are **blissfully** happy, loved, loving, **fully enlightened** – all **feelings from** mind-generated beliefs. The ultimate self-delusion. So that's what the gurus and those sorts of people and spirits are striving for. To live the Rebellion and Default as perfectly as they can. And people and mind spirits worship them, trying to emulate them, thinking wrongly that it's the highest spiritual way to be. And wrongly believing they are at-one with God, when they are only at-one with their fantasy, a mind-contrived 'God'. They are fully embracing what Lucifer seduced humanity into embracing – all going the wrong way, away from our Heavenly Parents.

Further, they might believe they are soulmates (soul partners), but they aren't because they are still **in** their truth-denying mind conditions. And as that is anti-love, so they are anti their true soulmate (soul partner). So they come together believing they are soulmates (soul partners) based on their false love of mind pretence, **it all being a huge fantasy.**

P60 first line RHS: **Celestial Realm spirits - rarely make direct contact with people on Earth, unless one is doing one's Feeling- Healing or Soul-Healing. People not doing their Healing more often**

**communicate with spirits from the two lower Earth planes, and occasionally with spirits in the mind Mansion Worlds.**

and at the bottom of diagram, you should add the two earth planes, or change this to: **The two Earth planes, including the best and worst of what one can find on Earth. The lowest planes being the dark 'hells'.**

and can you please change the word spheres to worlds for 1 - 7 in the MoC table below. It's too confusing calling the Marion Worlds spheres and worlds, stick to worlds.

and I'd delete the first sentence - I hate calling the hells the 'regions of disharmony', why not just say with the hells, as we all can relate to that. And besides, the whole of the Mansion Worlds are regions of disharmony!! so delete: **World 1 embraces the regions of disharmony as well as introduction to Divine Love. All**

P61, again, can you please change sphere to world on rhs above picture. And what about adding Mansion Worlds in the space of world 7 in the diagram.

P62, Personally, I'd delete the whole page - sorry about that! It's too hard to understand what you're trying to say. And mixing up the spheres and worlds is annoying.

P63 - these bits I'd delete, too hard to know what you're meaning:

**3<sup>rd</sup> world environment is beyond our comprehension.**

**2<sup>nd</sup> world is unrecognisable to us while we are unhealed.**

**Being in the 1<sup>st</sup> world condition, I will be able to recognise 1<sup>st</sup> sphere spirits.**

P64 This needs to be fixed - the dark spirits are not shrivelled up, and some of them have plenty of energy to express their darkness. And you use the word Disharmony again. You need to do a proper page about the Hells, if you're going to mention them at all. And I think the picture is dicky. I'd delete this page too. And the bottom picture, 'Source Soul', I hate all that crap, you'll have to stop taking shit from other people or change what they are saying putting in 'our' terminology. And you've already used this picture before and it's meaningless anyway, you can't make out anything about it.

P65 LHS, it'd be better to say soul is starved of love, rather than choked. And RHS - you can't have 'man embraced', I'd delete that and leave it as negative.

And the two top pictures on the LHS are a bit out of context. Can you find two 'dark' pictures to reflect the darker side of the mind and being in a bad state.

P66, I don't like all that either, I'd delete it. And I'd delete p 67 too. I'd rather use Barbara Brennon's analysis, as it makes more sense and is easier to relate to. Assuming she would allow us to, or make our own pictures based on her stuff, as I'd change some of her terminology.

P68. I don't think the heading is appropriate. [Longing for Divine Love](#) might be better?? And other changes:

**One's soul is always perfect. It is a creation of our perfect Heavenly Parents.**

**They have given us free will. The freedom to use our mind to embrace or deny Them; to live true to ourselves, or untrue and against ourselves. True to Them; or against Them.**

As we progress through our early childhood years we absorb the attitudes, beliefs and habits of those within our environment. Some of these are in error. Such emotional errors and injuries melded with errors in belief encrust one's soul with unhealthy and unloving energies. These 'encrustments' retard the flow of loving energies into our soul. -

As we become aware of our Mother and Father's greatest gift in all of the universes, we can ask for and receive this gift, being Their Divine Love. Some people see it as a light golden-blue energy substance - light. Through ones Feeling Healing it progressively helps us see the truth of how untrue and erroneous we are. This Love will slowly enable us to break free of such wrong beliefs, trauma, pain and suffering. -

With the Divine Love of our Parents, the beauty with which we were created can come to the surface and we can then proceed to progress beyond the ceiling of our natural love formed soul -. Once our Feeling Healing with the vibrant energy of Divine Love (our Soul Healing) is completed, the Love enables us to live a life here on Earth as though we were in the Celestial Heavens. -

The Divine Love of our Heavenly Parents is the greatest gift for all of humanity. Without exception or condition we can long to our Mother and Father for Their Love anywhere and anytime. Longing with all our heart to be loved by Them - to receive Their Love into our soul.

P 69 Can you please change spheres to worlds for the Mansion Worlds. And RHS, add, Sphere and worlds are. You've said all that diagram stuff before, I think it needs to be redone, or just deleted, possibly delete whole page.

P70 delete, it's a double up.

P73, first line, I'd prefer if you added **Childhood repression and its suppression, from**

para 2 **Our parents pass onto us - all that was erroneously infused into them by their parents, and so back through the generations.**

second last para - [benefiting](#)

Personally I think the pictures are too much, the repetition of the stairway from the previous page is too hard on the eye. And it doesn't say anything new.

P74 **Happy Parents and Unhappy Parents are all born into the Rebellion and Default. Children - absorb the errors and emotional issues of their parents tailored to suit their personality which is unique to their soul. Our issues are unique and no one's healing is the same. -**

And again, I'm sorry, but the step diagrams are too much, too awful and should be removed, particularly as you've said and shown it all before.

P76, first line, it should be 'qualify', not quality.

P78, again change spheres for worlds were appropriate. And in para 2, each 'tread' what is a tread? [Step](#) perhaps?



These paras are not quite true, as I'm still wracked by fear, misery and unhappiness, the feelings of them, not so much the emotion of them anymore. So they need to be altered and spheres changed to world. I don't agree with them actually, so I'll change them.

Through your Feeling Healing, as you express your repressed feelings, the emotion of them lessens as you come to understand the truth of why you're feeling them. And this progressively happens up through the Healing Mansion Worlds until you've brought to light all that adversely affected you through your childhood.

And once all the untruth of your childhood is seen, your soul will change into being true and perfect, full of the light of Celestial beauty.

P79 The heading is meaningless to what's written on the page. Better just heading it: **Soulmates ???**  
Also, I'd delete this para, as it's irrelevant to the rest of the page: **95%+ of humanity currently are within the 1<sup>st</sup> sphere of development.**

p 80, second last para, delete 'occur anually'

p 82 - heading, should you add **NO REINCARNATION**

p 98, second last para I'd delete as it's all said below.

I'd also delete these para's as they are questionable and not right and I doubt are Nanna Beth's:

Maybe something like 30 billion people have recognised that our Mother and Father's Divine Love, together with embracing one's Feeling Healing, that with these two aspects, have progressed through the Mansion Worlds to the Celestial Heavens and onwards.

More than 200 billion personalities have embraced their mind and self reliance through the misguidance of 'New Age' styled ideologies and the many thousands of different religious platforms, all of which take the person further and further away from our Heavenly Parents.

The 1<sup>st</sup> and 2<sup>nd</sup> Spirit Mind Mansion Worlds / spheres are jammed to the rafters.

For a million years, humanity has gone in the wrong direction with its self-denial of self and feeling!  
(that's not true, the Rebellion has only been going for 200,000 years.)

The end.

4 November 1996, John connected with James. The first wonky report was 8 pages in length. Four years later, the wonky report is now 9 pages in length!

**To:** James Moncrief

**Sent:** Friday, 4 November 2016, 7:50



### **Marjorie (Marge) Frances COOPER**

Born 15 January 1944, died around 6.30 pm Thursday, 26 November 2020, aged 76, from bowel cancer.

From about June 2019 Marjorie was treated for heart issues – aneurysm of the aorta. Then Marjorie had been experiencing illness with little understanding of what the illness was until a June 2020 when bowel cancer was confirmed.

Ronald (Ron) Cooper, born 8 Apr 1939, her husband, lives in West Wyalong. They have four children:

Gillian McKenzie, 20 Jun 1966, married to Stewart, with three daughters, Jessica, Carly and Emma  
West Wyalong

Fiona Buchanan, 2 Feb 1968, married to Stephen, with two daughters, Holly and Grace  
Melbourne

Sally Smith, 19 Feb 1970, married to Andrew, with two daughters Eloise and Amelia  
Melbourne

Courtney Miles, 14 Mar 1984, married to Michael, with two sons, Cooper and Frederick  
West Wyalong

Marjorie's mother, Marie Josephine Doel, born 21 Aug 1913 died 27 Sep 1971, and James Doel, born 23 Nov 1911, died 10 Sep 1996, having four children, Joyce, born 10 Apr 1938, Lloyd, 23 Apr 1940, Marjorie, 15 Jan 1944, and John, 16 Jan 1947.

Joyce was married to Kevin Cooper who died in 2012. Marjorie and Joyce both married Coopers, however their husbands are not related to each other even though they both grew up and lived in West Wyalong.

### **Marjorie (Marge) Arrives into the 1<sup>st</sup> spirit Mansion World**

Friday evening, 27 November 2020

I wouldn't send this to Marjorie's family, in case you might consider it. I'm writing it for you – Pascas, and not to them because they've asked me to.

James: Hello Marie (John's mother, and a Celestial spirit), are you there? John would like to ask you, and preferably Marjorie (John's sister, a 'New Arrival' in the spirit worlds) herself when she's up to it, to speak about all that's happening with you both, Marjorie having died early evening yesterday (about 6.30 pm Thursday, 26 November, aged 76).

Marie: Certainly James, I have not asked Marge yet about speaking with you, however intend to shortly. I have been to see her once since she 'passed', but only very briefly, enough for her to know that I am with her, close by, as she was still very 'groggy' from all she's been through since her death and the lead up to it. I will write more with you about it from my side for John's further understanding of all that transpires upon one's death.

There are what could be called 'broad categories' or 'classifications' as the Angels prefer to call them, as to how newly arriving mortal spirits, people who die and come into the First Mansion World beginning their new spirit lives, are 'dealt with'. It might all sound a bit clinical and unfeeling, however for practical purposes it's easier to go along with the Angel classifications of such experience.

Anyway, Majorie falls into two such broad classifications, and I will speak in terms of them as it will elucidate much of what she might go through, as do other spirits, of which she can, should she want to when she's feeling better, add the personal side.

Marge's first classification is that of a person who has greatly suffered psychologically, psychically (as in the relationship between the emotional and mental levels in a deeper spiritual sense) and physically, with her heart problems and then the cancer that ended her life. And to put it altogether and what it means is she being a rather deep feeling person has been through a lot of deep feelings yet unable to express them. So a lot of what she has gone through has caused a deep psychic pressure to build up in her, which when she is able to regain living in the Mind Mansion Worlds can be dealt with in two ways: either, she will work hard to keep such deep and stressful feelings buried using her mind to maintain control over them; or, she will work to allow them to come out, all of which will be difficult and require a good deal of personal, loving counselling. And there are many people who come into the spirit worlds in this state, and so facing a choice of how to continue living their new spirit lives – bury it all, the whole death and leading up to death experience; or start dealing with it. And many spirits have to deal with it, as it's too hard to keep it all in and suppressed, and then in seeking to get help with it, being still of the mind side of life, look to all the usual mind-based self-help systems of belief available, counselling, psychological help, therapy – traditional or alternative, all of what, and more, you have available to you on Earth.

And then the other classification Marge 'falls' into, is a newly forming one, which is coming about because of your work James, and which specifically in her case is because of you John. And that classification involves enabling such newly arrived spirits to work through this emotional stress in the light of all you are revealing James, so with help from spirits of the New Way, such as Celestial spirits like myself. Because of your influence on her in this area John, and knowing what she is like as a person, I anticipate Marge will take up our offer of helping her look into the deeper feeling side of herself in the light of understanding that it's part of her introduction to the New Feeling Way of life, as opposed to just getting on in the mind side of things. I think she will take up the challenge, and want to apply herself to coming to understand the Truth Of Her Life: what it was really all about, why God gave her the life she lived, why she suffered as she did, all of which as you know will lead her into uncovering the truth of her relationship with myself and her father.

So this new classification is another 'avenue' that's opening up to newly arrived spirits. For it to be presented to them to consider as part of the 'package' of their new spirit life.

Many spirits who are completely bound up in the power-consuming and all-controlling mind side of things, simply want to get back into their familiar mind controlling states of being (as they were on Earth), and so are not offered such emotional things to consider as Marge will be offered. They are not interested, so we spirits don't trouble them with any of that, helping them instead to quickly master their new mind spirit life, of which they usually take to with glee, finding even more power in being able to use their mind to further control themselves and their feelings, using their mind to make their new spirit life be how they want it to be, which is usually an extension of their Earth life, or doing all the things they always wanted to do on Earth yet couldn't for one reason or another but now can in spirit.

There are other general classifications, and many sub ones, such as those spirits who have to deal straight away with the Law of Compensation, they being taken to start their spirit lives in one of the Hell Planes; and then another classification of newly arriving spirits being that of people who suddenly die without any protracted suffering, pain or illness, they suddenly finding themselves dead on Earth and alive in spirit, free to carry on as they please, usually making a 'world' and life for themselves in the mind worlds using their mind to control things as they had done on Earth. For this group of new arrivals, their 'crossing over' is 'seamless' to a degree, usually taking death and new life in their stride. Then there is another classification which is more based on the religious beliefs one holds and whether or not they require a certain 'settling' or ('coming to account') 'condition' that one must 'undergo' so as

to believe ‘worthy’ of one’s new spirit life. So certain ‘ordeals’ or ‘initiation’ experiences can be set up for them so they can believe they have complied with the beliefs and mental mandates of their religion upon death, thereby qualifying or ‘making them fit’ to live in ‘God’s Heaven’ or whatever they believe. James, you once read of an account of spirits from the Catholic Church having to arduously climb the ‘Staircase of Redemption’ and it seemed to take some spirits years to do, failing and starting over and then finally one day reaching the top and feeling they had paid for their sins and crimes against God, they were finally redeemed and given God’s blessing to enter ‘The Kingdom of Heaven’, and so start their religious spirit life as one of God’s pure and chosen Children. All of which is just mind stuff in accordance with their beliefs, as there is no such thing any spirit has to undertake so as to fit them or make them worthy of a new spirit. We all get it, even whether we want it or not, it’s just how we are and what we believe can influence, and severely at times, how it begins for us when we wake up after we’ve died.

Marjorie will still have from her childhood deep Catholic beliefs and behaviour that will surface for her through her Spiritual Healing (Feeling-Healing) that she will have to contend with, however she had ‘moved on’ from the Church during her life, so she not being such an ardent believer has spared herself such a gruelling ‘initiation’ into her new spirit life.

And then there is another classification for those spirits already living the New Way, treading their New Path doing their Spiritual Healing, they quickly moving into the Feeling Healing worlds to carry on with their Healing. There are other classifications, but I won’t go into them now.

Marjorie, because of these deeper feeling-currents that have been stirred up by her death and waking up in spirit life, is undergoing a period – season or R&R (rest and recreation). It’s a nice time, there is no pressure on her, she is in a lovely convalescent home, she needs to rest a lot, her Angels are doing a lot of deep adjustments on her, which she doesn’t know about, yet which we Celestial spirits know and can see to a limited degree, and which we can further relate to from our own convalescent time – those of us that experienced it.

She is gently being ‘awakened’ into her new spirit life, taught how to use her mind to move about, how to live as a spirit, how to dress herself using her mind and lots of other practical spirit things we all need to know how to do. She is with other new arrivals, able to share her ‘awakening’ experiences with them. For some people this sharing when they are newly arrived is very important, for other spirits not so much so, it again depending on the type of personality you are.

What Marge is experiencing will of course help prepare her for when other ‘teaching’ or ‘guiding’ spirits start to ‘work’ with her. This interaction is all very informal, newly arrived spirits don’t have to undergo any formal education or training or anything like that, so a guiding spirit, who will be from one of the Feeling Healing worlds, will come and start telling her about her options in her new spirit life.

And should she make the choices to move more into her feelings and the Spiritual Healing way of life – embracing the New Way, then a group of Celestial spirits will introduce themselves to her to further help her understand about such things. Should she want to be left to get on with her mind development and living in the mind Mansion Worlds, then other mind spirits will come and start helping introduce her to things she might be interested in doing and how it generally works in the mind worlds.

As she lived on Earth what is considered largely a ‘good life’ she didn’t treat anyone unduly evilly, she trying to respect and treat others well, she will not have to contend with time in the Hell Planes, but like us all, she will undergo her Life Review, looking back over her life and seeing good and bad things about it, this review and how to deal with what comes up in it, being undertaken with help from either



the mind or feeling spirits I was talking about, it all depending on what she decides she wants to do – how she wants to live over the next few spirit months (each spirit month of time being the equivalent of three of your Earth months, and so one of our days is three of your days on Earth).

So Marjorie died and awakened in her Arrival Room with the Arrival Attendant. When she regained full consciousness I was allowed into her room so she knew I was with her. It was so good to see her, I've been looking forward to it – I'm looking forward to having all my children come into spirit, so you John, when your time is up. But we didn't talk, she wasn't able to, we smiled at each other and I held her hand, then she fell back to sleep. After a time she was able to meet other spirits, other members of our family and a few close friends who wanted to welcome her, but all such meetings were kept very brief.

She was taken to her convalescent house, having her own lovely room overlooking pretty gardens, and being free to mix with the other newly arrived spirits, talking, walking, spirit eating and drinking with them, they talking about their end of life on Earth, their wondering how their loved ones back on Earth are doing: grieving over the loss of their loved one or being happy and relieved their 'loved one' finally died.



3 Dimensional  
transmission!



She will stay in the Arrival House for about a week our time, she has been told she can go to her funeral, a spirit will escort her to the first Earth plane so she can be there with all the mourners, should she want to, or she can 'view it' on a screen set up for her in her room.

She hasn't as yet decided what she wants to do. She does want to know how Ron (husband) and her daughters are doing, and a spirit will in the coming days take her to the Earth plane so she can be close to them (as close as physically as we spirits can be to you on Earth), there able to freely 'tune into' their minds and see how they are feeling and generally coping with her death. She will not be in a position of spiritual strength to actively communicate with them, however should they feel her 'about', more than likely she will be, and she will feel their love for her as she will be able to love them.

As you can understand, such 'reunions' even in this way with the gulf between physical life and spiritual life can be very difficult, very painful, very emotional, very disturbing for the newly arrived spirit. However for spirits like Marge who are more to be about her feelings, all of what she experiences will be right and good for her. But it will take a further toll on her, requiring more time and adjustment on deep emotional and psychological levels before she is up to joining the general spirit population of the first Mansion World. And for this time, she will move to live in another 'half-way' house, being free to live there for as long as she likes. Which for me, knowing her as I do, it won't be for that long, possibly about a month of our time. And by then, most of her mental and emotional adjusting will have been made, enough for her at least to begin in earnest her new spirit life. Some spirits, as I said, depending on how they are, can take up to six months of our time, and even longer, a year or two, in these half-way houses; other spirits have no need for them, all but instantly settling into their new spirit life.

And it's not that such spirits who take such a long time adjusting are bad or 'less' in any way for having to take such a long time, all it means is they have far more and deeper emotional and psychological stuff they need to adjust to and deal with, which is actually a far better introduction into one's new spirit life than just quickly adjusting your mind and getting on with your new spirit mind life. Most of these more deep emotional and feeling spirits end up moving into the New Way and doing their Feeling-Healing far sooner than the mind spirits do, they tending to get caught up in their minds for hundreds or thousands of years, away in their own little mind-made universes living against their truer and deeper feelings, continuing their feeling-denial.

For Marjorie I am not anticipating she will need to stay relatively isolated and free from the mind disturbances of the First World for very long, making her adjustments with ease and ideally deciding to move into one of the New Way planes on the First World, there to start learning more about the New Way and doing her Spiritual Healing. Within that plane she will still be free to indulge in much of the mind side of things, and will have to as she will need to have many experiences within the mind way over there in spirit, but all the while expanding her understanding of the feeling side of things.

One of these deeper emotional issues Marge will have to contend with is regarding her husband, Ronald. It will occur to her such things as: What shall I do about Ronald; should I wait for him to die and join me and we continue our marriage together here in spirit, and if so, where; yet what if when he comes over he doesn't want to join back up with me; what if he wants to get more involved in the mind side of things, and yet I want to go into the New Way, how will we deal with those differences; and how long should I wait for him, should I decide to wait – what if he lives for another ten years, am I prepared to wait for him no matter how long it might take; how much do I love him; how much do I miss him, now I am changing too much because of my new spirit life; and do I even want to keep living with him, what about being free to do as I please, starting a whole new life; and what if I meet someone else I like – how would I break that news to him; are we going to want to live on in our spirit lives together forever, or has our marriage ended because it was only for the duration of our Earth life; and what about the girls, what would they say if they new I met someone else, do they expect me to stay with their father; are we to keep the family going in spirit; will they all want to still be part of it when they die, and their children, and so on; and then what about my family that is already over here, should I join up with them more; and what about Ron's family, might he want to join up more with them, and would I want to go with them or have him come with mine – ah, there are so many things to think about, so many feelings, there's a lot to this new spirit life!

So you can see James, she will possibly need some help working through such things, however she is very capable, very practical, and able to make hard decisions should she want and need to. And she is changing a lot, she has already changed a lot which she is to come to understand, and she will continue changing a lot the more she has to do with other newly arrived spirits, they all facing similar problems, thoughts and feelings; and then listening to how other spirits have dealt with such things, and stories about spirits meeting new spirits, they falling in love with their new spirit partner before their husband or wife dies and how they have dealt with such things when their partner came to spirit; and how some spirits want to keep having as much as they can to do with their families, whereas others want to keep as far away from them as possible. So it can get quite involved. And then life leads you on anyway, and so you might decide to do something only to find the opposite happens beyond your control, it's a new life you are setting out to live in spirit, and your soul is going to lead you into it, and either deeper into your mind controlling ways, or out of them towards the feeling side of things and wanting to uncover the truth of your feelings by doing your Spiritual Healing and getting on with your growth and ascent of Truth, some of which I intend enlightening Marge more about when she's ready for it.

I will not be ‘part of her spirit team’. I am specifically involved with Samantha and dealing with other spirits who are finishing their Healing, so another Celestial Soul Group will look after Marge should she want to begin her Spiritual Healing. But I and the others of her family and ‘extended’ family who are Healed will visit her from time to time.

I am going to visit her in two days our time, we’ll be able to speak then and I’ll ask her about speaking with you for John via James. So I will soon speak further with you James.

Bye for now – Love Marie. And my love to you John, all is going according to plan, things will keep steadily unfolding, so no need to worry about anything, speak to you again soon. Beth sends her love to you both, she says she’s very happy with all that’s taking place – we all are!

Important recommended reading is:

by James Moncrief

### **The Rejected Ones – the Feminine Aspect of God**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at  
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>

Condensed note:

#### **Marjorie (Marge) Arrives into the 1<sup>st</sup> spirit Mansion World**

Friday evening, 27 November 2020

James: Hello Marie (John’s mother, and a Celestial spirit), are you there? John would like to ask you, and preferably Marjorie (John’s sister, a ‘New Arrival’ in the spirit worlds) herself when she’s up to it, to speak about all that’s happening with you both, Marjorie having died early evening yesterday (about 6.30 pm Thursday, 26 November, aged 76).

Marie: Certainly James, I have not asked Marge yet about speaking with you, however intend to shortly. I have been to see her once since she ‘passed’, but only very briefly, enough for her to know that I am with her, close by, as she was still very ‘groggy’ from all she’s been through since her death and the lead up to it. I will write more with you about it from my side for John’s further understanding of all that transpires upon one’s death.

She is gently being ‘awakened’ into her new spirit life, taught how to use her mind to move about, how to live as a spirit, how to dress herself using her mind and lots of other practical spirit things we all need to know how to do. She is with other new arrivals, able to share her ‘awakening’ experiences with them. For some people this sharing when they are newly arrived is very important, for other spirits not so much so, it again depending on the type of personality you are.

What Marge is experiencing will of course help prepare her for when other ‘teaching’ or ‘guiding’ spirits start to ‘work’ with her. This interaction is all very informal, newly arrived spirits don’t have to undergo any formal education or training or anything like that, so a guiding spirit, who will be from one of the Feeling Healing worlds, will come and start telling her about her options in her new spirit life.

So Marjorie died and awakened in her Arrival Room with the Arrival Attendant. When she regained full consciousness I was allowed into her room so she knew I was with her. It was so good to see her, I’ve

been looking forward to it – I’m looking forward to having all my children come into spirit, so you John, when your time is up. But we didn’t talk, she wasn’t able to, we smiled at each other and I held her hand, then she fell back to sleep. After a time she was able to meet other spirits, other members of our family and a few close friends who wanted to welcome her, but all such meetings were kept very brief.

She was taken to her convalescent house, having her own lovely room overlooking pretty gardens, and being free to mix with the other newly arrived spirits, talking, walking, spirit eating and drinking with them, they talking about their end of life on Earth, their wondering how their loved ones back on Earth are doing: grieving over the loss of their loved one or being happy and relieved their ‘loved one’ finally died.



She will stay in the Arrival House for about a week our time, she has been told she can go to her funeral, a spirit will escort her to the first Earth plane so she

can be there with all the mourners, should she want to, or she can ‘view it’ on a screen set up for her in her room. She hasn’t as yet decided what she wants to do. She does want to know how Ron (husband) and her daughters are doing, and a spirit will in the coming days take her to the Earth plane so she can be close

to them (as close as physically as we spirits can be to you on Earth), there able to freely ‘tune into’ their minds and see how they are feeling and generally coping with her death. She will not be in a position of spiritual strength to actively communicate with them, however should they feel her ‘about’, more than likely she will be, and she will feel their love for her as she will be able to love them.

3 Dimensional transmission!



I am going to visit her in two days our time, we’ll be able to speak then and I’ll ask her about speaking with you for John via James. So I will soon speak further with you James.

**Marjorie attends her Funeral today.**

Thursday, 3 December 2020

Marie, 1<sup>st</sup> Celestial Heaven: Hello James, in keeping with our ‘documenting’ what’s happening with Marjorie, as John told you today, her funeral was held today which he watched on Zoom. I wasn’t intending to speak to you until I’d spent more time with Marge, but we went to her funeral so I will tell you a little about that from how it was organised from our side. (Marie is Marjorie and John’s mother, Nanna Beth is their grandmother. Yes, Marie Mum, as John refers to her, called in to John while he and Carolyn were watching the funeral service over the internet via Zoom and gave him the familiar tug on his right earlobe!)

Marge decided she did want to go. She’s still very much in a fog of so much happening and she is struggling to make sense of her new spirit life. It’s information and sensory overload, with still many deep adjustments to her psyche coming up for her to contend with. Her mind is being altered so as to fit her for her new spirit life, which means, in the immediate term, for the next few spirit years of her spirit life, which I anticipate will include her doing most of her Spiritual Healing. And because that is to be

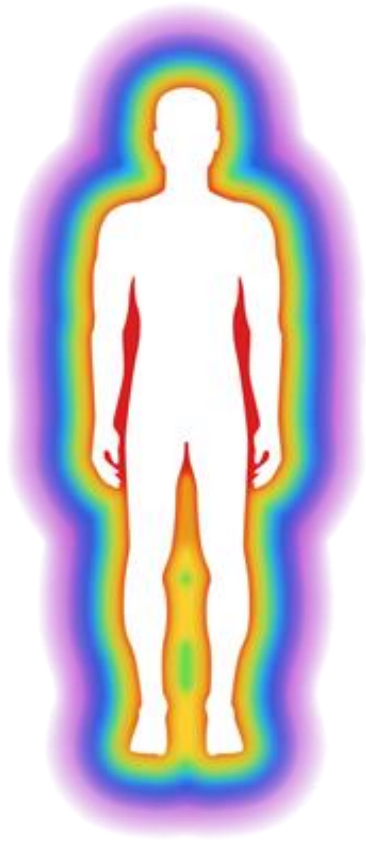


such a great change and awakening on all levels for her, particularly emotionally, so her Angels are working the adjustments deep within her spirit.

You know when you have one of those dreams in which you wake up feeling deeply affected, it's not so much what the dream was actually about, but you feel deeply disturbed in either a good or bad way, and you can feel in some way you have changed, and stuff comes up for you for the next day, weeks, months all resulting from such a deep psychic disturbance, well if you multiply that effect by about a thousand times, that's sort of what Marge is having to deal with, so it will take her months our time before she fully settles into the swing of her new spirit life.

And it's only really like this for the newly arrived spirits who are destined to move into doing their Spiritual Healing quite soon after their arrival in the Mansion Worlds. For the majority of spirits in which their new mind-based spirit lives are more like 'business as usual' such deep adjustments are not necessary and so mostly they easily and quickly take up their new spirit lives and without much of a thought about their deaths and lives before on Earth, being all too consumed with their new found spirit energy and zest for their new life, very eager to set off doing what they want using their minds to create life how they want it to be.

But for those spirits like Marjorie, who because of a lot of elements coming together, and for her specifically, mostly because myself and her grandmother (Nanna Beth) and others of our family are all well on our way in Truth to Paradise having completed our Spiritual Healing, and because of the sort of person she is, it would be hard for her to stay unaffected by our influence, the light of our souls 'working' on her. So because of that, and because she will want to anyway, her Angels have, and are still working, deeply within her spirit being, in preparation for her moving on spiritually in her new spirit life, so doing her Spiritual Healing.



And when I say 'adjustments', they amount to the Angels 'inserting' into her spirit system, her spirit aura if you like, which is deep into her will, emotional and mental systems, 'packets' of light that will 'unfold' in accordance with the light from her soul, so as to bring about – affect – the chosen changes that she is to go through. This too happens for people on Earth and other spirits in the Healing and mind Mansion Worlds, with our Angels always 'tinkering' with our systems as to the needs of our soul. With us here in the Celestial spheres, our Angels work with us consciously, they come and make the necessary adjustments with us in real time, we are consciously aware of what they are doing, even though we don't know exactly all the effects what they are doing have on us, as they are usually not at liberty to tell us. So when we are resting, our Angels will work 'within' us, it feels very nice, like you're being 'massaged by light' feeling their loving care as they carry out what is required. And then at other times you might be for example speaking with another spirit, I might be talking with Beth, and suddenly light is flashed into me from my Angels or into her by her Angels, and sometimes it's very bright and you can see it, yet mostly it's more subtle by you starting to perceive it, becoming more familiar with the feeling of them working to influence you as you are going about your day. Our Angels are constantly involved in this 'hands on' way with us all the way to Paradise, and it's the same for everyone on Earth, with their personal involvement being more required when you start to grow spiritually in earnest by beginning your Spiritual Healing.

And before I get back to the funeral, I want to say, we here in the Celestials don't consider anything that the mind spirits do or anyone does on Earth who is not doing their Spiritual Healing, as spiritual, it's all just living with your mind in control. Most religious and so-called spiritual people on Earth and in the mind worlds who consider themselves being very spiritual, for us true spiritual spirits, it's nothing of the sort, it's just moving things around in their mind systems, with it having nothing directly to do with growing in truth through expressing and living true to one's feelings. So ONLY when one starts living 'our way', which means they have started their Spiritual Healing, do we look at them in the light of them progressing spiritually.

We are very ordered here in the Celestial spheres, everyone and their soulgroup has a specific role to play, so it was through the various groups that it was organised that I could take Marge to her funeral.

It's easy for us Celestials to descend the spheres and worlds. (The Celestial Heavens are referred to as spheres and the spirit worlds are referred to as Mansion Worlds where healing is yet to be completed.) Being of a higher truth we can easily move into worlds of a lesser truth, however it requires an adjustment, a toning down of our spiritual light. So when I arrived at Marge's half-way house, I was of the light of a spirit of the First World, the same as her. Had I retained my true spiritual light, it would have been too bright for the spirits of the first Mansion World, including Marge herself. So for her to see and talk directly to me, face-to-face, I matched her light, which for us, is weird, as it makes us remember how it was for us when we were of such a lesser spiritual light. Still, you get used to it and understand how you can't step over the line and be too bright. And it's good being in 'disguise', because the last thing is you want to draw undue attention to your extra light, having spirits who can sense or see the light coming to you wanting to find out why you are brighter than they are. You might think we Celestials would want to be 'brighter' in the lower worlds purposefully attracting spirits so they might come to understand about the Healing and higher ways of living, but that is the role of specific Celestial soulgroups, which is not what mine is about, so that's one of the last things I am interested in. I have no desire to 'help all mind spirits see the light'. That is not 'what I do'. That's the work of other so inspired Celestials.

So my role was to come purely to be with my daughter and to escort her to her funeral. There are other spirits who are escorts for the newly arrived wanting to attend their funerals, but I wanted to do this with Marge because I wanted her to feel that I was caring about her in this way, as it can be quite a traumatic experience for a lot of spirits.

For many newly arrived, the last thing they want to do is attend their own funeral, having to face and deal with the emotions and thoughts of those on Earth they have left. You might think it is quite the lark attending your own funeral, seeing everyone mourning over you, or even happy about your death, and you there mingling with them without them knowing, you wanting to tell them all that you are not dead and are very much alive, but really for most spirits, it's a harrowing experience because of all the sadness on both sides. Marge felt very sad leaving everyone, it being worse feeling their grief for losing her, even though she is buoyed up in her increasing spirit light.

So attending one's own funeral, especially when you're not prepared for it, haven't ever given it any thought, suddenly dying and waking up and then being told you can attend your own funeral, can be confronting to say the least. To move amongst the mourners with all their feelings readily accessible to you, as well as their thoughts. It can be a big shock for the spirit to suddenly be affronted by so many thoughts and feelings all about them and their death. And then being able to 'tune in' on what people are really feeling and thinking about you, that too can be very disturbing, to become aware that someone you thought might have loved you is so happy to get rid of you, and vice versa, to be able to see through

the veneers so many people put up, to cut through it all into what is really going on in people, and when you had no idea when you were alive, that can be enlightening to say the least, as it can be very devastating. So a lot of spirits are taken, advised it would be in their best interests to attend their funeral, knowing they will get quite a shock, or a very pleasant surprise when they see people did genuinely love them and are missing them. It can be like a moment of truth for you, which can as you can imagine, then affects you quite profoundly, should that be what is required. So I know you think James that funerals and all that are not what you're interested in, but for some spirits, they are what is necessary for their growth, just as it is for those people attending.

Marjorie is still not in a position of being able to speak herself with you James, so I will say that for her it was a lovely experience, she cried and cried, we were both moved deeply by all the love and emotional affection everyone had for her. So she asked me to thank everyone for her, she felt honoured that they all went to so much trouble, and she was even aware of you John and Carolyn attending through Zoom. All the feelings and emotions were intense and we experienced them all.

Marge didn't have the energy herself to give to anyone other than her immediate family, she tried to send her love through to her daughters and Ronald, but it wasn't much as she is still very weak in the sense of her spiritual light; which as I said, is being kept that way so as to affect all the deep inner changes taking place within her. We moved through the mourners, listening to their thoughts and feeling their feelings, it was very nice for her, as hard as it was; and it was, as far as funerals go and those people attending them, it was very nice, very caring, warm, special for all concerned, and particularly for Marge.

And because of that it will help her with 'closure', one of those words you don't like so much James, still it does convey a sense of ending, which will help her 'finalise' in her mind, that her Earth life is over, is REALLY over, everyone there confirming it to her. She knows of course it is over, she has died, she understands that, and she has awakened in spirit, and she understands that, that she is now living a whole new life as a spirit in a new spirit world; yet still, emotionally and on other inner psychic levels, it will help her end her relationship with her Earth life. It's a letting go process. And again, for some spirits it happens instantly, they shed their Earth life like a skin, and move on, yet for others, there is a lot to be worked through. Marge is on the mild side of 'working through a lot', and so going to her own funeral, watching what happens to her body, and all the rest, it does make your death all the more real, allowing yourself to let your Earth life go, turning all your attention and focus to your new spirit life.

For some spirits there is a strong pull, emotional and psychic attachment to those people they loved back on Earth. And for some spirits, it's so strong and they being so unwilling to let it go, it can mean they remain 'bound' to Earth, bound to the memory of their physical life, and even to the point of developing fantasies about still being alive on Earth even though they know they are now a spirit. It's all to do with the disturbances in their minds and emotional systems, and their not wanting to, and so being able to, bring closure to their Earth life. And as you know, a lot of these 'lost' spirits remain 'earthbound' unable to leave the Earth plane, having to stay close to their family, loved one, even their house or some place they loved and felt secure on Earth. Some spirits even having to stay close to their pet, their dog or horse who are particularly responsive to spirit presences and are more than happy to maintain such emotional attachments with their owners who they love and who so loved them and still love them from spirit.

But such earth-attachments are ultimately damaging, reflecting the damage within the psyche of the spirit involved, and it can take a long time to heal such pain, the pain of such separation and loss of love.

But that is not for Marge, she returned to her half-way house and I left her sharing her experiences of her day with the other spirits she is living with, some of who like her, have been to their funerals, or are soon to go. We didn't talk, she was not up to it, I was mostly just with her, answering a few rudimentary questions, just monitoring her feelings seeing how she was coping and dealing with it all, which she did very well.

So it was a lovely day for us both. For myself, it was nice to 'just be with her' to not ask or expect anything from her, just to be there, to allow our spirit lights to mix, for her to get used to me a little more, because I am not the mother she knew. I have changed so much, and for one thing, I am younger looking than she is. She is an old woman (yet to move back to a younger look and phase within yourself which she will do in time) and I am in my prime so far as what I express in my spirit form, and so much so, I look even better than I did when on Earth, so my picture doesn't fit her memories, which she is having to adjust to. I could have changed my spirit form to present my appearance in a more acceptable way for her, but I didn't want to. I felt she doesn't need to be gently introduced to it, I want to be more my true self with her, and she can take me as I am or leave me. I don't mind in the least were she to reject me. I doubt she will, but other more advanced spirits are quickly rejected by the lesser spiritual children and spouse, so we expect to be rejected. And it's understandable, we Celestials have greatly moved on, we're worlds away from what we were, and so from our family who arrives in spirit. And for many of us Celestials we don't have anything further to do with our family, we've moved on and know that's the end of our family relationships. However that has not been the case by and large for our side of the family, to which John is delighted. And I can sense in Marge that hers and my love is too strong, it will withstand my coming to her looking younger than she is, my having a different light to her, our bond is strong enough to move and work through such obstacles, so she will adjust; and really I am putting a little pressure on her to do so, which she is responding to as I could sense being with her during the funeral. I could feel her valuing and drawing upon my presence with her, she knowing I am real and very much alive and indeed her mother, legitimising it all the more for her, making it all the more real, helping her to wake up more to her new state.

So when we meet next, I expect her to be in a far more receptive and open frame of mind, even looking to me for some spiritual guidance, which I will gladly give to her. And now having spent so much intimate time with so many spirits, through my own Spiritual Healing and the work I and my soulgroup are doing with Samantha (who lives south of London in England) and her Healing on Earth and other spirits in the Healing Mansion Worlds, I can sense how it will be for Marge. I would be very surprised if how I think she will adjust to her new spirit doesn't come to pass. Still, it is up to her of course, and no way will I impose myself on her.

I (Marie Mum, 1<sup>st</sup> Celestial Heaven) will end by telling you James, that here in spirit, the light of ourselves, the spiritual light of being a spirit, is very real and tangible and has a certain 'power' to it. It's the same for us all on Earth, only being physical desensitises us largely to the light of each other, so we fail to feel and allow the light of each other to 'work upon us'. But here in spirit, because my spirit light is of a truth so far advanced than that of Marge's (newly arrived 1<sup>st</sup> spirit Mansion World), my just being in her presence effects her in many ways. And so because of that, and because she is receptive to it owing to our mother / daughter connection, I will only be able to be with her for small amounts of time, of which I intend to make the most of. I will introduce her to other Celestials who work to introduce spirits to the Spiritual Healing, and it will be they who will initially work with Marge. I will not work personally with her through her Healing. I and my soulgroup work specifically with those spirits who are nearing the end of their Healing, and more and more as people on Earth work to such levels doing their Healing, will we work with them. That is some time in the future, but it's what we are preparing ourselves for. So Marge and I will have little to do with each other in a Healing sense as she does her Spiritual Healing. I will visit her from time to time, but I will be needed elsewhere.



By becoming Celestial, you break all family ties. You are set free of your family, which for some spirits that is something they have been looking forward to, and for a few, it's something they have to accept and even grieve about. But as for most of us, our Healing is about getting into the depths of how unloved you feel by your parents and family and coming to see how untrue to yourself you became because of it, living unlovingly against yourself due to your parental and family negative influences, so being set free of your family ties once and for all is part of the blessed Transformation that comes when God finally takes you out of your rebellious unloving and untrue state of mind and moves you into being loving and true. So you end all connections with your family (Transition from the 7<sup>th</sup> spirit Mansion World into the 1<sup>st</sup> Celestial Heaven with your soul fusing with your Indwelling Spirit).

It happened with me, as it happened with Beth (Marie's mother – Nanna Beth is in 3<sup>rd</sup> Celestial Heaven), we have no family connection anymore, no more feelings of daughter / mother, our relationship is now completely spiritual; and as it has turned out, we're starting to have more and more to do with each other, yet all on our new Celestial spirit level. She is much more spiritually advanced in truth than I am, yet because of you James and our connection with you through John (Marie's son), so Beth and I are having increasing amounts to do with each other. However that is unusual, normally most family members upon attaining the Celestial level have very little to do with each other, as we become involved with our 'new family' – our Celestial soulgroup. (A soulgroup is twelve soulmate pairs / soul partners. Our soul manifest two personalities, a female and a male, being soul partners. Thus a soulgroup is 24 personalities being 12 soul partner pairs.) And you become consumed with your soulgroup, they become increasingly important to you, as does your relationship with your soulmate, as you come to understand that this is your true God-given spiritual family, the one our Mother and Father have



prepared us for by giving us the experiences we needed so as develop our personalities through our Earth family. So we start with our Earth family, with those good or bad relationships, some of which can continue in varying degrees in spirit after death, all in preparation for when we meet our true spiritual soulgroup family, once you've Healed yourself of all your Earth family entanglements.

So although I feel a love for and connection with Marjorie, it's nothing like what it was, and it's now a true spiritual connection from my side. I have our relationship in the right spiritual context, Marge doesn't of course, and won't until she has finished

her Spiritual Healing, but I am wanting you James to understand how the evolution of the family goes for us here in spirit. We start of with a mother and father and family; do our Spiritual Healing, and move into our true spiritual relationships with our Heavenly Mother and Father, and our true Soulgroup Family with our soulmate. So my new soulgroup family is for all of our ascent to Paradise, so for a long time. As to whether or not we'll be together after attaining Paradise, we don't know, we've not been told. So my new family, who are still relatively new to me, is for the long term. We are all spiritual sisters and brothers, all children of our Heavenly Parents, all living truly together now expressing our personalities individually and collectively, doing what our Mother and Father want us to do. We have ended doing what our earthly mother and father wanted us to do, no longer living their will, now living truly the Will of God.

I wanted to put the family and what we spirits evolve through, those of us who embrace their Spiritual Healing, in the context of what potentially lies ahead for Marjorie. I was the same as Marge in many

ways, more disturbed on deeper emotional levels than her, more messed up you might say than she is, however Beth came to me, as I am coming to Marge. And it was mum's spiritual light that affected me, as my light will affect Marge. So I can see how in some ways it will be for Marge, as I have lived it myself. And this is part of our connection, it being passed down through the family line. It is not always like this, as it's not for everyone to have their mother or father or both ahead of them in truth when they come into spirit. Just because they came to spirit ahead of you does not necessarily follow that they are more spiritually advanced or will be by the time you come to spirit. It's different for us all, but this is how it's working out for our side of the family.

I will go now, and speak to you again soon when I meet with Marge next and we can actually spend time talking, and possibly she will be ready to speak with you James. So until then, all my love to you and John; to you too Lloyd, I'll be here for you both as I am with Marge – so this is a little of what you might expect, although you both will be more aware mentally as to what to expect and all that the Spiritual Healing involves, so we'll be able to get straight into it when you are ready to begin your new spirit lives. The more aware of such things you can become on Earth, even if you don't actually do your Spiritual Healing as such, but understand it is something you want to do – have to do – and want to do it at some point in your spirit life (even if it's not right at the start of it), the more it will help you adjust to your spirit lives and make the necessary spiritual and mind progression required by your soul. So it all helps, and greatly so. I can stress that, but really you can't have any idea about it until you are over here and well on your way in your Healing.

Speak to you next week James.  
Marie.





John, born 16 January 1947, Marjorie, born 15 January 1944 and died 26 November 2020, aged 76, Joyce born 10 Apr 1938, and Lloyd, 23 Apr 1940, being the four children of Marie and James. Marjorie's mother, Marie Josephine, was born 21 Aug 1913 died 27 Sep 1971 and is now a 1<sup>st</sup> Celestial Heaven spirit. Nanna Beth, Marie's mother is now 3<sup>rd</sup> Celestial Heaven spirit, Elizabeth Mary was born 24 January 1890 and died on 5 October 1951.

**MARGE – day twelve!**

Tuesday, 8 December 2020

Marie, 1<sup>st</sup> Celestial Heaven sphere spirit with her daughter Marjorie in the 1<sup>st</sup> spirit Mansion World: Hello James, I'm with Marge and have explained what's involved with speaking with you – she says she wants to try it, she'd like to be able to say hello to you and John (Marge's brother).

James: Okay, I'm trying not to have any expectations, and trying not to push you Marge, so please tell me to back off if I do.

Marge, 1<sup>st</sup> spirit Mansion World: Yes, ah, hello James, mum, Marie, told me to just talk to you like I would normally talk to anyone. I can't see you, so is this alright, what I'm doing? Mum is telling me it is.

James: Yes, it's fine on my end. I can't see you either, this whole business of speaking with you spirits is still weird for me, even though I've done so much of it.

Marge: I can imagine it would be. I don't think I could have done it, had I not known you could do it like this.

James: Can you explain how it is for you and what you do trying to connect with me?

Marge: Well first of all, mum has told me to relax and just talk to you like you're on the phone, and I can imagine that. We're in a private room, mum says we could have come closer to you and done this from the first Earth plane, the plane we went into the other day when I went to my funeral, and she says her Angels could provide us with a screen to watch you, like talking over the Internet when you can see each other, but she wants me to do it blind so to speak so I can get a better feel for it.

Ha! I just read your mind James.

James: You picked up my question, I hardly gave it much energy, not wanting to side track you.

Marge: No, that's alright, I got it, easily, it flashed into my mind as if you were speaking to me... yes, I can see, mum is talking to me as I am talking to you and so we can do this on multiple levels of communication, there is so much to being a spirit in these spirit worlds that takes some getting used to. (We progress through the seven Mansion Worlds until we complete our Healing and then enter the Celestial Heaven Spheres and progress further from there.) It's all really good, don't get me wrong about that, I can't tell how good it is being over here, so good, incredibly good, the best experience I've ever had, however it is taking me time to get used to it all, there is so much to take in, so much to see, so many other spirits to meet and speak with, and they all have their amazing stories and experiences to tell and speak about. How is it for you, how are you receiving me?

James: I feel very tense, a tension that I don't feel with Marie and the other spirits, I'm having to take deep breaths to settle myself down and just keep typing. But it's okay, please continue, tell me whatever you like, and if you'd like me to ask any questions, I will.

Marge: Mum says it's coming from me, your tension, I'm tense! I don't want to do anything that might hurt or upset or make you feel bad, I want it all to work properly. She's now telling me that it's the difference in our light, you having to be subjected to my lower light. She is allowing me to do it by myself with you, she's not adding her spirit light to help me, she says she will if I start to get tired. And it is tiring, having to concentrate so much. I can feel your light pushing against mine, mum says that's

natural and will help me know you are a real person I am talking with. If I keep focused on just saying the words to you, that's okay, but if I start thinking about all how incredible it is actually speaking to you on Earth, then I start to lose the connection. John said I'd be able to do this, and I wanted to, it sounded like a good idea, I have wanted to be able to tell my children and family how I am, that I am very happy now, no longer in any pain, in fact I feel so very good in myself, in my spirit body, which of itself is a wonderful thing; and emotionally, I am feeling better by the day, more accepting of my new state and life, not being freaked out by it all so much as I was. So I'm starting to settle in, and it's very nice here, but there is so much to do and see and talk about, that I even feel a bit guilty for not spending more time thinking about everyone back on Earth. (Marjorie passed over into the 1<sup>st</sup> spirit Mansion World on the evening of Thursday, 26 November, aged 76 – this is her 12<sup>th</sup> day – Earth time – in spirit.)

James: I think they will understand, you've gone through a huge experience – dying, god, I can't imagine what it must be like. I've spoken with many spirits about it, yet still, the lead up to it and the unknown, scares the shit out of me.

Marge: (Laughing) You're right James, you're making me laugh, I was scared to death of dying, the fear would come up in me at times, it was too much, too intense, but luckily my illness took me into the pain and being so drugged that most of that fear actually subsided when I died. My actual death, I can't remember anything, I know I went to sleep, but I was sleeping a lot then, and then instead of waking up still in the hospital, I woke up in a different room, it had a whole different feel to it, it was light, you've read about the spirit light, and it's true, it is brighter over here, it's hard to explain, and it's very uplifting, I immediately felt happy, and very good, no longer sick, no pain, even clear-headed from all the drugs. And the Arrival Attendant was there and she was very nice, telling me that I had died and left my physical body and that I had woken up in a spirit world where everyone who dies comes to so as to begin their new spirit life.

And it all seemed so right, I knew what she was saying was right, there were no doubts in my mind, there wasn't much in my mind at all, but I felt good. It wasn't until some time later that it started to sink in that I'd done it – I'd died, and it was okay, I was successful, which I know might sound like a funny thought and feeling to have, but I felt very pleased with myself that I had done it, almost like I'd pulled it off in some way. I know everyone dies of course, but you do wonder if you will do it okay, you worry about what if something goes wrong, if you're no good at actually the death part, and you stay in limbo somewhere, or something very bad happens to you that you can't get out of, that there is even worse pain than all you've already been through. I didn't worry that God might punish me or some old Catholic stuff like that, I actually felt God was happy with me, with my life on Earth, that I'd been good during it, done the best I could, so I didn't have anything to worry about there, I just hoped that I'd do well in the business of actually dying. So I was very pleased with myself that I did it, even though I now understand that I had no say in it of course, it all being done by my Angels, with who I am very grateful to for giving me such an easy death when the time came. So it's my first achievement in my new life, that I died and came to life again, it's all so bizarre really James, to think that there is actually life after death, and then when you are over here, here with everyone else, there are spirits everywhere, so many spirit-people, all doing their thing, new arrivals daily from Earth, others moving on out into the greater spirit world starting their new lives, so what was all the worry about death for! So many happy spirits meeting up with their loved ones and friends, the reunions are wonderful, so many spirits crying with happiness, meeting those they loved who they never thought they'd see again, and then once you're over the initial surprise, it's all so natural, and you feel, well of course we keep living, how mad we are to think and believe that we don't! (I like how you do the exclamation marks, I raise my voice a little and you pick that up, and like you put in the brackets knowing this was an aside... and how do I know what you are typing when I can't see you? I can register it in your mind, you sort of say in you mind as



you're typing (even that you are typing) all I am saying to you, including some of the added punctuation like the exclamation marks. !!!!!!! Ha, ha, that was fun making you type them all!)

I know you have to go soon, so before you do, I want you to thank John for me... oh, okay, you want me to talk as if I'm talking directly to him... very well... Thank you John, for all you told me when you visited me. I wanted to tell you, as you said it would, it has greatly helped me. Because of our talk I was more prepared than so many of the newly arriving spirits, and I can see now how that has actually eased me into my new spirit life more, to which I am grateful to you. Some spirits do have a hard time of it, it's all so wonderful to begin with, but still it's a great shock to them, and I see them struggling with it within themselves. Just to know that you might get a new life as a spirit waking up in a spirit world, and that there will be those people you love there to meet you, it was true for me, and that helped me accept and come to terms with it all. There is so much to accept, as I said, it's such a huge change, such an extraordinary transition, so to be forewarned in the small way I was, has helped me, so it wasn't so much of a shock. So thank you John, and thank you and Carol for making the trip to see me, I very much appreciate that, as I appreciate everything everyone did for me. I cry a lot at the love and tenderness, the care that so many people showed me, so many people in my family and the nurses and doctors, it makes me start crying now... sorry James, and I sense you are picking up my crying feelings.

James: It's good to feel them Marge.

If you don't mind, I will stop now, but I hope to come back later on if that's alright with you.

Marge: That's fine James. I'm not going anywhere. Mum is staying for the day, it's in the morning here now, and we're going to walk in the Park. How do I stop writing to you – break the connection, do I just hang up – ha, ha? Oh, it's Okay, mum is telling me. Okay, so I want to stop and stop my focus on you, and you like 'sign off'... Okay, I think I can do that.... here goes... Speak to you soon James... My love to everyone back on Earth, speak soon – Marjorie, a newly arrived spirit in the spirit worlds... how's that, oh god, I just want to keep going, I can see you could get into the swing of this, it would be nice to be able to talk to my family like this, I don't think I'd ever want to stop... but I must, I'm sorry James, mum is telling me to stop and break the connection.

James: No problems, I'll break it at my end too, it was nice to 'meet' you.

Marge: Bye James, and thank you for allowing me to come to you like this.

Later:

James: Marjorie?

Marge: Oh, hello James, yes, I'm here. Mum and I are walking in the Park. To answer your question about it, it's what everyone calls it 'The Park'. It's full of large trees, they look a bit like Oak trees, but they are different. They have a waxy sheen on their large dark green leaves. They are very beautiful, it's like a well looked after botanical gardens, nothing 'bushy' like what we're used to in Australia. It has a lovely peaceful feel, there are lots of spirits in small groups sitting under the trees and walking along the grassy paths... yes, the paths are of grass, or what looks like grass, it is alive I guess, I don't know about such things over here in spirit – spirit grass and spirit trees you could say. I am asking mum, but she says unless it's necessary, she'd rather I speak my perceptions to you – tell you how it is for me, rather than her taking over.

James: What have you been talking about?

Marge: Oh dear, where to start! So many things. My mind is still rather, what I'd say as being, skittish, mum is so controlled, so regal in her spirit light – it's hard to get the right words to use. I know she is keeping her spirit light turned down so as to be with me, she's explained a little about that to me, but I can sense in her a great strength of light, of knowing, I guess you could say, like she knows about it all. It would be good to be that way myself, still, being only new here, can't rush into things.

We have just been talking about how I am feeling about being here, all of it, my having a new life, and I've been trying to tell her what I'm feeling, which I will try to convey to you. Overall I am feeling thrilled to the very depths of my being, it's so exciting, the more I see and understand that lies before me, a whole new eternal life for one thing, and I get goose bumps on my spirit arms and neck, memories of physical ones I am told. It's so exciting, and feeling new vitality coming into me daily, I feel in like in some ways I'm a little girl again, happy to be out in the Park, ready to go exploring. But then I am quickly overwhelmed with the enormity of it all, of all that's happened and is still happening to me. I look at mum, and I can't believe how good she looks, so young and alive, glowing with her spirit-beauty, my spirit body is still old and as I was when I died, although it's not sick, and all that is so odd, yet also so natural somehow. I am told my spirit body will 'de-age' – how's that for one of those internet 'Americanisms'! So I will look my beautiful young self one day, dear Ron will be happy about that!

And then I have periods of feeling very bad about everyone I've left behind, I hate to think of everyone feeling sad about my passing, it was very strange to say the least suddenly arriving at my own funeral, that is now somewhat a blur in my mind, too much was going on and I wasn't settled enough in myself to really deal with and appreciate it, I wish I could go back and love everyone more than I was able to, and to try and convey to them that I am fine, really good in fact. It was very nice to be with everyone, but hard dealing with all the sadness, the sense of loss. And I felt many conflicting emotions and feelings. I was sad to have died, to have left everyone, yet at the same time the spirit light was coming into me and that makes you feel good about being alive here in spirit, and I can see, as many spirits have told me, that the spirit light is a 'great healer', in a relatively short time it can remove all such pain, that you feel better and better about being here in the spirit world, and I can feel the light working within me to push away any sadness or sense of loss.

It's a lot having to come to terms with it all, all so different to anything I've felt before. The Light is captivating, I can see it shining through the leaves of the trees, I can see it in the air about me, and I can feel it even coming into me. It's shining into me and like I am breathing it into me in some way. Everything is very still, nature, the trees and bushes around us, there's no breeze or wind, and yet that feels as it should be. Everything feels just right, like there's nothing you want to do to make it better, it's all perfect as it is – heaven, I guess you could call it.

Mum doesn't actually say that much, we talk a little together, yet mostly it's just being together, and being together sort of imbues you with the other person – with their spirit. I can sense her presence, her spirit light, having an effect on me. It's hard to say exactly what it is, and it feels very nice, comforting, soothing, warm and affectionate, very loving and caring, it's so nice being with her, seeing her again, and again it all seems so natural, as if we were never parted, that the time since she died has evaporated, she's been away, on a holiday, and lots has obviously happened to her, yet no time seems to have passed.

No, I'm talking to you in my mind now, not having to talk out loud, and mum says she can hear what I'm saying, so that's another whole wonderful and amazing thing about being a spirit.

Yes, people (I keep forgetting to call them spirits) are with their pets, dogs mostly, like on Earth, spirit dogs they must be, although one woman had a monkey, a cute little dark-faced creature. There are a few children, though not many, in some of the groups. Everyone who is walking, is walking, no running, no cycling or anything like that, it's all very sedate, and I can sense that it's all for us newly arrived spirits, all to help us settle in, acclimatise ourselves to our new situation in life. There's a little river running through this part of the Park, there are some pretty parrot-looking bright green and blue birds flying about, like our Lorries in size, but other than them and the dogs, I can't see any other animal life. The feeling of nature here in the Park is not as organic as it is on Earth, if that's the right word to use. It's more of a different substance, spirit substance I guess, I don't even know if the trees are actually growing in the sense of the word that we'd know it to mean back on Earth, they give me the feeling that they are alive with the spirit of the spirit world, but are just as they are, like they've been somehow just made that way, as big as they are, they didn't start out from a seed, and that's that. That there is no need for them to change. What changes is we spirits change.

(Animals, birds, trees, all that of nature on Earth does not transition into the spirit worlds. There is a specific class of spirit – Sporangia or something like that – that forms themselves to represent pets and birds for the benefit of spirit people to comfort them.)

I will be leaving where I'm living soon, it's still to be worked out where I will go and what I will do, I have to decide soon, and with so much being offered to me, I'm trying to see how I feel about it all and what feels right.

Do I want to do anything specifically? I hope you don't mind me saying your questions James... no, you don't, good. Dearly I would love to travel, not to be tied down, to move about this world, to explore and see what it's all about, and then to move about the Earth in the Earth planes, which I'm told I can do. We have ready access to them, and as they are around the Earth, so we can be in them 'on' Earth. Like when I went to my funeral, I was there on Earth, yet in the Earth plane, standing amongst everyone, looking at them, listening to them speaking, all without them seeing or being aware of me. So I want to travel the Earth seeing many of the sites, and the same here in this world, which is its own world, in that it's not based on or around Earth. So here amongst us are no people on Earth, this Park is not on Earth, it's only here in this spirit world. I don't know why, but that seems important for me to tell you that James, to try and explain it as I relate to it.

Oh good, you're happy with that... you already know all that, oh, god, I hope I'm not boring you then! No, phew, okay, so I will go on.

Mum has told me a little about the two different ways to living over here: with and through your mind, like how mostly I did on Earth; or with and through your feelings, and that if I want to live that way, it will take me into doing my Spiritual Healing. I don't really understand what that is all about, she's not pushing me or telling me too much, we've only lightly touched on it, however I can see it is a rather big decision to make. She stresses to me that I don't have to make it, I can just get on living here in this world, she only wanting to make me aware that there is 'another way' of living should I want another way. And not being sure what my way here is now, makes it rather difficult to know of this 'other way'. Still, one step, one day at a time in paradise – eh, as that's about what it feels like over here.

I feel so different to how I felt on Earth, here I feel lighter, as if my body is not so important, it's more my mind, feelings, my emotions, more about me, me the person, what I am, who I am, that sort of thing. Mum is saying because that's how I am, more aligned to those aspects of life, rather than wanting to live an 'earthy' type spirit life, which she says many spirits want to do.

One thing that struck me earlier this morning before mum came was something another spirit said to me about how she was feeling so upset about dying, she so longed to be back with her family, with her daughter and granddaughter, they were in a pretty poor financial state, and now without her helping, things will only get worse for them, and she wishes she could somehow help them, she's wanting to go to the Earth plane and see if she can offer any help to them. I don't think she knows really what she's talking about, perhaps she can help them in some way from spirit, I don't know, there's so much I don't know, but it all seems very desperate and yet I could identify with her plight. It's a very bad state to be in, for her and her family, I can see she is torn, she can't just enjoy the beginnings of her new life in spirit. She resists the spirit light making her happy, I got the feeling from her that if she gave into the warming comforting and uplifting effects of the spirit life, she'd be abandoning her daughter and granddaughter, and she doesn't want to turn her back on them. It's very difficult for her, I didn't know what to say, and mum says she will have to spend time with them until she can finally let them go. Apparently that's how it is for a lot of spirits, they can't leave or let go of their family and loved ones on Earth, having to stay close with them through the Earth plane.

After speaking with this woman spirit, I started feeling guilty that I wasn't feeling so bad about not being with my family as much as she says she wants to be with hers, but I'm sorry, I don't. Mum says my death and separation is as it should be, showing my connections with everyone are right. That I died, and we are to let each other go and get on with our separate lives, God said it was time for that, and so that's what happened, so that's why I'm feeling my separation and death as a good thing. Mum is explaining how it's a compulsive addiction this woman is suffering under, she is addicted to her small family, her whole net worth, her whole worthiness and sense of self and self-esteem is tied up in being involved so much with her family, she believes they need her, they won't survive without her, that giving her the power she is desperate for, making and continuing to make herself believe she was wanted, necessary, needed, and loved. And those things mum is saying are true, she was needed, very much so, and loved, and survival might be difficult for her daughter now she has to do more of it on her own, yet still it's a problem this woman will have to work through so as to one day let her family go so she can move on in her own spirit life. Her daughter and granddaughter might themselves die soon, unable to survive on Earth, or they might live longer giving this woman spirit time to adjust to her new spirit life, coming to understand she is to get on in this spirit world, developing new relationships, doing new things.

I sort of understand what mum is saying, which makes me feel better about how I'm feeling, understanding my feelings are right, and that I am not to mourn the loss of my family if I don't feel it as much as this woman is.

However that's not to say that I don't feel sad about not being with them, I do, I feel a terrible deep sense of loss; however the new spirit light quickly flows into me making me feel better again. And I feel a pull in me to get on with my new life, I've been given a whole new life, God wants me to start living – I am living – my new life! And knowing I can easily visit everyone back on Earth, which helps too, knowing that soon I'll be allowed to move freely about the Earth plane. Mum says I have my spirit-trainer-wheels on, and other spirits will guide me and show me how to do all that in those places, I am to be shown the places I can go and how to stay out of the darker areas of the Earth planes, and what they are all about, and once that's all done, then I'll be free to largely do as I please.

We're finishing our walk now James. And mum is telling me to finish with you too. So I hope I've not prattled on to long. Anyway, I can't do anything more... or less. If you'd like to speak with me again, I'd like that, especially as I get to do most of the talking! I don't know how we are to organise all of that... mum is saying she'll take care of it. She's good like that. She always was.

I'd better try ending it with you again. Speak to you soon James, and I send my love to my family should they be interested in knowing a little about me and what I'm doing.

Goodbye James – Marge. (How's that, a better sign off this time...? Oh good!)

Later still:

Marge: James – are you free, I sense you're still open to me, is that right?

James: Yes Marge, I've just finished re-reading what you wrote earlier. Do you want to say something else? Where are you?

Marge: I'm in my room, mum has gone, and I was thinking I would like to try and convey more of my feelings about seeing and being with her.

James: Sure, please go ahead. It's perfect timing.

Marge: Good, so I'll see how I go with you on my own.

I love Marie so much, I can't believe it, her love flows into me, I just have to think about her and I can even feel her loving me from afar. I feel very emotional about it, I was half-hoping, even half-expecting to see her again, because of what John said, but being with her, being in her light, feeling her strong presence, her strength of mind, and all I can do is hold on stopping myself from wanting to abandon myself altogether, throwing myself into her arms. Like I told you, I feel in so many ways like a young girl, and now I'm back with mum, and mum is so loving, so full of love to give me, so much love, so much love I felt for her when I loved her on Earth and felt loved by her, but now it's almost like I'm back with her in some way and she is loving me, loving me even more than she did, it's like we're able to love each other more freely, I don't really know what I'm talking about, but it feels more open between us, and any of the bad stuff, the negative, the disagreements, none of that matters, only love matters, only feeling good with each other. It might be that I'm so raw and still not yet having found my spirit-legs, but when I let myself go, I feel very emotional about it all, about being with her, and knowing now that she is a high Celestial spirit, that she is so advanced, and she is my mother and she still loves me, still wants to be with her daughter, still wants me in her life, she hasn't moved on so much that she's no longer interested in me, and that is doing something to me, opening me up, affecting me very deeply. I feel blessed in a way, none of the other spirits I've been mixing and talking with have their mothers like I have mine, their mothers are not Celestial spirits, whereas mine is, and all I can do is cry, I am so lucky, so fortunate, so amazed by it. John touched on such things, yet I had no idea how much of an effect it would all have on me. Nanna is coming to see me soon, we've not caught up yet, and I know James you've written a lot with Beth, and I understand she is even higher in her spirit truth than mum is, and so her light will be even stronger, and I can't wait until I see her and feel her, and I hope too that she loves me as much as mum is. I want to be with them, to be wrapped up and ensconced in their love, to never leave it, to be held securely by it, as I can remember at times when I was as a young child. And I hope that when my children and grandchildren come over here into the spirit worlds, that I will be as mum is, that I will be able to meet them and love them with the fullness of spirit light that I feel emanating from mum.

And I don't really want to get all emotional with you James, even though I can feel you don't mind, you like it, and that makes me feel better, but really I feel an emotional mess, I have to tell you, I feel opened up by mum's love, like I am all exposed, child-like in it again, and it feels good, and yet at the same time, how am I going to be able deal with it? I hope I will settle down, mum says it's all part of my adjusting to my new life, but the feelings, the emotions are all so intense, intensified by the spirit light,



it's very amazing, like your feelings and emotions are alive, real things, full of spark, like they are electrically charged, so I hope I do settle into it more.

Yes, I guess you are right, a lot of spirits possibly do use their mind to control such intense feelings, I know I was tempered somewhat in my being able to feel good and such love during my life, so possibly that's what mum says concerning the mind way and getting on using your mind to keep such incredibly strong emotions and feelings under control.

Okay, I see from reading your mind, that allowing myself to let them be, fully feeling and expressing them, and then wanting to know the truth of them, why I am feeling them so fully, so deeply, yes, I can see that might be a good thing... okay, and that is heading more toward the feeling way of living as mum was talking about, so not trying to control being so emotional.

Yes, you might be right there too, that if I do want to keep feeling so emotionally open that I might need some help, guidance as to how to live like that. Possibly mum can advise me about that, I will tell her how she is making me feel and how I feel about it. Yes, good idea, to be it with her, to not try and control my feelings when I'm with her. I want to emulate her, I can feel myself trying to be strong in my light like I feel she is, not wanting to be a little crying child saying I love you mummy, I love you mummy, and that's all I really do want to say, that is all I really feel.

Okay, so be that little girl, that there's nothing wrong with allowing myself to be her... yes, all right, I'll see if I can. And you're right, what is wrong with it, just because I was told it was wrong when I was a little girl, but the love I am feeling now, I've never felt anything like that. And then when I think and focus on my own children and family, my grandchildren, think of being with Ronald, god those feelings start and they too are very strong, too strong possibly, too overwhelming, I want to rush to them and love them with all the love in my heart, I want to smother them in it, make them feel consumed with my love for them, as that's how I'm feeling it for them. It's so strong, I feel like I'm going to explode with love for them, it's making me feel a bit scared, what if I can't deal with it, what am I going to do... I'm sorry James, I can feel it wearing on you a little, and it's of none of your concern. I'm sorry I don't feel such love for you James, but I don't know you, we don't have that sort of connection, which is probably just as well, as it's enough to feel like this for my family and for mum.

So thank you for writing my feelings, I will try to allow myself to feel the feelings with the full emotion of them, and I fear that I will be crying for some time... okay, so you think that might be part of my healing, like a purging of some of the dross or darkness from my Earth life... yes, I can image that, like all this new spirit light is having the effect of sort of flushing me out, or flushing some of that darkness out of me. That'd be very nice, I hope you're right in that, I'll ask mum about it tomorrow, she's coming to see me each day now for a period of time.

I feel a bit better now, thank you for allowing me to tell you James. Funny that I am asking you, there are plenty of my other family here who've I've met and have said I could call them any time, but I think in some way, as you don't know me, and we were speaking together this way, it's better keeping it all private, keeping these nice strong feelings to myself, that's what I want to do, cherish and even nurture them... yes, I guess so, like nurturing myself as the young girl I was... Yeah, okay, as I still am... I guess I still am, that's a new thought for me. I feel very close to myself being as I was when I was a little girl, all part of these new adjustments I suppose. So you think I should go with them, not fear the intensity of the love, I mean, god, everyone wants to feel loved, and so loved, but actually feeling it so strongly, I'm a little frightened of it being so strong, of not really knowing what to do with it, not knowing how to be with it. Just be myself, let it flow into and through me, be open to it, not pushing it away when it gets too much. And to even ask God to help me understand the strength of these feelings of love, yes, I can

do that, that sounds like a good thing to do. I will go now and ask God, I'll pray to God to help me understand why I'm feeling so emotional about it all at the moment.

Thank you James, I'd like to speak with you some more another time if that's okay with you?

James: Sure. As you're now 'tuned into me' you can make me feel when you want to talk with me, and I can 'listen' for you, just like now.

Marge: Okay, thank you, that'd be good. I'll go now, goodbye James.

James: Bye Marge.

### **MARGE – day 19!**

Tuesday, 15 December 2020

James: Marge, how are you feeling, John reckons it's time we should hear from you again?

Marge, 1<sup>st</sup> spirit Mansion World: I know James, and I have been wanting to come to you again, however I've not been feeling that well.

James: That's no good, can you tell me why you've been feeling bad? Most spirits say they feel good, and better and better having woken up in their new spirit lives.

Marge: I know James, and I was feeling good, however the last couple of days I've sort of what you might say, 'fallen in a bit of heap'. It's too much. Most spirits, so I have been told, don't have to deal with all I am having to. I will try and explain it to you, for it will help you and possibly other people understand what might happen to them upon their deaths.

Within my 'spirit' I feel very good, so good, completely elated the more I settle into this new life. It's within my mind, the pressure is bearing down upon me. It's hard having talked with mum (Marie – 1<sup>st</sup> Celestial Heaven), and Beth (Nanna Beth – 3<sup>rd</sup> Celestial Heaven) came too, yesterday, adding to it – she telling me what it is that's happening to me.

It's that having been told about their Celestial lives and the two different ways of living over here that have been presented to me, I'm struggling with knowing what to do. Do I ignore mum and Beth and just settle into what they call a mind way of living, similar to how I lived on Earth, that being how all the other Arrival Spirits like myself are organising themselves and feeling really good about? Or, do I take mum and Beth's advice and move into finding out more about the Spiritual Healing and living closer to my feelings, which I now understand better, and means basically ending my old way of life and setting out to start living a whole new and unknown way.

You might know James, however I wasn't what you might call very spiritually orientated. I dabbled a bit over the years, you know, all the usual stuff from religious to what would be called alternative, but all very superficially. At one point when I was in my mid-thirties I thought more about 'the meaning of life' and 'God' and all the rest, but as I never found satisfactory answers, I didn't go on with it. Really I can see I am fitted for getting on living as I was, not really being too disturbed, notwithstanding the whole death experience. So to suddenly be presented with such of what seems so extreme an alternative, I don't know. So that's what my trouble is, it being very troubling in my mind because I feel like I should decide, and soon, even though both mum and Beth stressed there is no time pressure on me, that I am free to do as I please in my new spirit life.

Which is all very well, however you know how it is, they are such glorious spirits, you have no idea, they are extraordinarily beautiful, in their poise, in how regally they conduct themselves, how confident and self-assured they are. They are good at blending in when they are here with me and with all the other spirits, but when we are alone and they tend to allow more of their true spirit light to be present, I can hardly look them in the face they being so glorious. They are truly two magnificent women, I admire them both, and would dearly love to be like them. And I know they have worked extremely hard on themselves to achieve their level of truth, but I don't know if I'm ready for such hard personal examination. They both told me some of their Healing experiences, I asked them to help me understand the sorts of things that might happen to me, and oh dear, am I ready for that level of self-scrutiny?

So I fluctuate between wanting to be like them, and then never wanting to have anything to do with them, because when I am with them, the pull is strong to follow and be like them, then when they have gone, I feel relaxed, more at ease. I feel very pathetic in comparison to them, very 'small' in my meagre spirit light. They are so grand, so bright, so true I guess, whereas I start to shake with the knowledge that I am not as pure as they are, no way, I've got many problems; which, thanks to them, thanks to John, thanks to now being involved with you James, are starting to become a bit more glaring. I've worked hard all my life to deny such bad things in myself, things I know I should work on within myself to better myself, to make myself be a better person, but that too was too hard. I dabbled and tried, but again nothing really happened for me in a positive way. And I know I shouldn't compare myself to them, but it's hard, you know?

So I'm struggling with it in my mind, I can only talk with them about it, as none of the other spirits around here would know what I'm talking about; and I don't mind that, mum and Beth said they could organise other spirits closer to my level both of the mind or feelings way I could talk with, but I tend to want to sort this out myself. I understand it is for me, what I want to do, and perhaps I should be more open to and grateful for and take advantage of other outside help, but really I'd rather keep it all private.

To think, okay, I will carry on with my ordinary life as I lived on Earth, with all my problems, some I'm aware of other, others I'm unaware of, fine, so what's wrong with that way of living? And there is nothing, so far as I can see, all these other spirits couldn't be happier with their new lives, carrying on from where they left off when on Earth. We speak about all their hopes and plans, all the time. I pretend to join in, I have some hopes and plans too, things I'd like to do, but they are not going through any spiritual crisis, I guess you could call it that. Deciding whether or not I want to become a spiritual spirit. Beth says it's only a matter of time before every mind spirit will go into a mental crisis having to deal with the issues I'm working through, so it's just that it's happening to me sooner rather than later. Which of itself is fine too, there's nothing wrong with that if we're all to go through it one day, only being made aware of it now when everyone else around me has no idea, well I tend to feel the odd one out, like I'm not part of the Newly Arrived Group. And even though I know, as it's already happening, we all mostly go our separate ways, some small new-friend-groups are going off together exploring what life has to offer over here, others going eagerly with their family or old friends, still I would like to have felt more like everyone else, rather than being different, if you know what I mean.

And then having said that, I have to admit that I do like being a bit different, that I'm not just like everyone else... and round and round it all goes in my mind.

I have been going for long walks, I've found new places in nature to walk where I can be by myself, and I like doing that. They are further away from where I'm living, and as I'm getting the hang of willing myself around, it takes no time to get there. I don't really know where these places are in the context of

where I'm living on this world, I know little still about any of it, it is only that Beth and mum took me to them, and once having gone there, I can will myself back to them.

So I walk thinking about it all, and talking about it when they are with me. They are both very gentle with me, Beth is so lovely, I could hardly remember her, so really she's like meeting a whole new spirit, but she is very loving, gentle and yet very firm, very strong in herself. I don't know how to describe what I really mean by saying that, as mostly it's just awe I feel being with them.



Another spirit took me to visit my family, she helped me navigate the world (Earth) from spirit, it being, I guess, in one of the two Earth planes, would that be right? – something like that mum said. To be honest, there is so much information, if you open up to it, it pours in, so that's another thing we Newly Arrived have to come to terms with, how to limit the flow of information.

Anyway, it was lovely to see everyone, as much as it was also disturbing. I felt such love for them all, and intense love, ashamedly, more

than I used to feel when on Earth. And I wanted to stay, to just be with them, be with them in their houses, in the car, at work, being far closer to them than I was when I was alive on Earth. And it was disturbing listening into their thoughts and being able to feel their feelings so easily. It wasn't that anything they thought or felt was itself disturbing, they are all such good hearted people, I feel very proud of them, my children, but being able to feel their feelings so intently and intensely, it's like you're suddenly 'inside' their body with them, and that was disturbing. Being on Earth, you're never that close to anyone, no one I think shares ALL their thoughts and feelings to another person – how can you, with so many of them moving too fast through you, you hardly being aware of them, let alone focusing on them too much. But being with everyone in which there was no barrier, no physical bodies in the way, not for me at least, it was just like everyone was an open window I could see and feel into. So that was intense, disturbing, understanding that from a spirits perspective you on Earth have no privacy. I felt like I was being too invasive, I felt embarrassed that I was feeling more than I could see they were even feeling about themselves. It's quite shocking. My guide said you get used to it, that most people's feelings become quite predictable when you understand the circumstances of their lives and you tend to shut a lot of it out, which might be so, but for my first time, that was confronting. And thankfully for us spirits here together in our world, it's more or less like it was for us together on Earth, we don't have such ready access to each others thoughts and feelings. However I think mum and Beth do, being so much higher than my level.

My heart ached with love for everyone. I was with them all, with Ron and my daughters, in their and my house, right there, holding them, walking through them and walking through the walls, listen to their conversations, it all being weird really, and yet it all seems natural as well.

And then wanting to talk to them, trying to, but they not hearing me, being oblivious of my being there, that too sort of gets to you. I felt sad, down, and in the end had to leave. I think I was expecting they'd all be so happy to see me, however as that is not how it works, the impact did have the effect of making me understand more than this is real, my life in spirit is very different to my life on Earth, and that I am no longer part of Earth life. It does take a lot to sink in, it does for me at any rate, so it seems, but mum and Beth assured me it's the same for everyone, it was the same for them.

I am feeling very emotional about it all, having to stop myself from having a good cry... yes James, you're right, I should let myself go; and why not, I might feel a bit better... and yes, it is a lot to take on all by myself. Yes, it is a lot to go through when you weren't expecting anything like it, not that I was expecting anything much at all.

So as you can see, a lot is happening all putting a lot of pressure on me. However, as I said, in one way it's all so wonderful, I have times of sheer spirit exhilaration, and then I have times of feeling the pressure of having to decide how I am going to live.

Mum is coming tomorrow and we'll talk more about it all, she said she is able to take me to visit where I'd live should I want to look more into her way of life. So I will go with her and see how I feel about that. (Marjorie was brought up on a sheep and wheat farm called 'Clearview' some 30 kilometres – 20 miles from the township where she lived her final years.) (Spirit world day is 3 Earth days!)

The other big thing that's happened James, which John has been wanting to know about, is I have been spending a bit of time with dad (James Hetherington Lloyd Doel is his name). It was good to see him. He too has changed a lot, although not like mum, he is happy in his new spirit life in the mind side of things, as mum explained, he being with a new wife and family. And all that is very odd to deal with in one way, however in another way like so much of it over here, it seems perfectly normal. We move on, life moves on, you start a whole new life, and so new relationships, new things you want to do, new places to live, always so many new spirits to meet. Everyone is so happy to talk and share their experiences, there is a very open, accepting and warm feeling 'in the air'. You can't help it, with the relief in so many spirits being palpable that they have ended their Earth life no longer having to put up with all the pain and hardships. Myself included. And although there is also in many of us an underlying sadness that we can't be with our loved ones on Earth, still the spirit light keeps buoying you up all the time, saying it's only temporary, you'll meet and be with them again in the future. Which is some consolation for a time, but still, what about all that you will miss out on by not being with them between now and that future. More adjustments.

I've only met two spirits that were angry about dying and bemoaning the fact that they died when they still had so much they wanted to do on Earth. Mostly, and perhaps it's just the 'lot' of spirits I passed over with, are all more than happy to have no more pain from all the suffering they'd been going through leading up to their death.

Getting back to dad, it's funny, it was nice, very nice in fact seeming him, I was surprised by that, it was like we were best friends, long lost friends newly come together. Feelings that are there when we are together, yet when we are apart, then I don't feel so close, and I don't know that I want to either. He is so happy in his spirit life, he said I could come and live with him and he'd show me around and we could get to know each other, but I don't want to, I want to stay separate for some reason, possibly while I sort out all what I've been telling you.

I asked him about the Celestial spheres and living a feeling way of life and he didn't know what I was talking about. I tried to explain my rudimentary understanding of it, but he changed the subject, it was clear he wasn't interest in such things. He brushed it all aside by saying too many spirits get too caught up in the 'having to work life out' approach to life over here. So I didn't go on with it. And in fact, having broached it with a few other spirits I'm a bit friendly with, they too showed no interest. One of them listened and considered what I was saying, but said she didn't know about such things, that it might be possible, and that perhaps one day she would find out, and so I guess it wasn't to be that day I was speaking to her!



So I feel quite alone in one sense, expecting to feel bad about that, but then find I surprise myself by feeling actually quite good about it. I like my independence, I have really always liked it, but in a marriage and with the children I had to compromise on many things; but now, it's all for me, all how I want my life to be, and I feel rather excited about being able to be so selfish for once. It being ALL for me, I don't have to justify myself to anyone, I don't have to ask them if it's all right with them if I do whatever. It's taking me a bit to get used to, but I can feel myself growing into enjoying these new feelings, that I only have myself to consider now, not a host of other people. What I do – who's going to care about that? No one. No one is going to come and tell me I am bad, or wrong, or I can't do that. Ha, it's great really! It is, I lie on my bed and I think: here I am, just me, and other than all this mind stuff to work out, I feel really good, so good, and it's all here in front of me, a whole new world to discover. And I'm free, so we're told, that I can virtually do whatever I like. And finding out there are so many things to look into and find out about; and that I don't have to go to work and earn money to pay the rent or think about setting up a new house to live and all the rest. More adjustments; so many, all the time. But all good, they are, really good, it all being so incredible really.

God is pretty damn amazing, life on Earth was amazing enough, but then you've got all this going on over here.

We have these 'organising spirits' I call them, that come to us, we're on their roster and they are to help us get further settled into our new spirit lives. I have a lovely young woman, she is only fifteen, however she certainly seems to know her way around the place. So we talk about things I might like to do, and she offers ideas and suggestions; and if I say I'd like to do that or think about that, then either herself, or she organises someone else, will take me and introduce me to whomever I would need to be introduced to so as to do whatever it is I want to do.

I told her, Alicia, that I thought I'd like to go travelling, around Earth, see Earth first to sort of 'finish off' and then go for trips about this world, and so away she went: "Well there is group leaving on an Earth tour on Wednesday another on Friday, I can squeeze you into one...; there is a lady she knows who's similar to my age who's wanting a travelling companion, someone willing to explore Earth with her; there is a handsome man she can 'hook me up with' who'd be more than happy to show me around, show me the 'spirit ropes', a very 'nice' man." She makes me laugh, she's such a match-maker, always wanting everyone to be happy. She said if I wanted to, I could do what she is doing, she could organise it, she seems to be able to organise anything – if you like meeting new spirits and putting new spirits together, it's great fun!

And it is all about having fun, enjoying what you do.

James: I've read some spirits saying you have to do some sort of work helping others?

Marge: Yes, apparently you do, however from what Alicia says there doesn't seem to be much pressure about doing that. She says being a New Arrival they cut you some slack and really you do as you please. I don't understand all the ins and outs, but there does seem to be ways about doing things, which if you're in the know, so to speak, as she keeps telling me she would be more than happy to help me understand, you can basically do as you please.

The idea of doing some work to help others, nursing and helping newly arrived spirits to find their feet, I don't know, I don't know enough myself yet, I have to find my own feet. And I have to avoid Alicia trying to 'hook me up' with every eligible (according to her) passing man spirit. She herself says she doesn't want to be burdened with a steady boyfriend, she loves being single and with lots of spirit

friends. She died when she was ten in a car accident in Peru, and seems to know her way about the place and how things go. She's a very capable young woman, we get on well. I've not as yet spoken to her about my life problems, but I might bridge the subject with her.

So I hope John is happy with what I have said.

I will go now James. Alicia has just come. She doesn't know I talk with you, and I might tell her about that too – I don't think anything would phase her. She's got that look of telling me about another potential 'hook up', probably some newly arrived relative of hers, she's incorrigible, but she's good fun, adding to the light that is abundant over here.

I'll come again soon. Bye for now – Marjorie.

**MARGE – day 19!**

Continued

Tuesday, 15 December 2020

Later:

Marjorie, newly arrived 1<sup>st</sup> Mansion World: I can hear you asking me questions in your mind James. Alicia has gone, so I can answer some of them. She is such a dear girl, she came saying she was worried about me, wanting to know if there was anymore she could do for me. I assured her she was doing more than enough, which she seemed happy about, however she kept persisting. I thought about telling her about my life-decision problem, but decided it wasn't the right time. I told her there was something I wanted to talk to her about, but I needed time with her, and she suggested that she take me on a trip to her home in Peru and we could talk about that during the trip. And feeling delighted with that idea, I'd love to go with her to Peru, to see, "meet" as she put it, her family, that being at least a start in my seeing some more of the world. So we "organised" that I we'd go in a couple of days time, she had to see to some of her other "people" and then we could go. So I'm looking forward to that. But to answer some of your questions.

How I was taken to Earth to visit my family went like this. I'm living in what would amount to a huge block of flats, possibly thousands of them, I have no idea how many and they are built in. a semi-circle with the inner part looking out to The Park. Within our section there are endless small bedrooms, I'm 6667773896, more the phone number to remember, however with our spirit minds, remembering such things is easy, yet another of my new life pleasures, not forgetting anything!

In my room, which is a soft very pale yellow colour, like it's been painted, I have a bed, very comfortable, subtle lighting that I can adjust to different intensities and colours using my mind, a table and chair and that's all. I am told, that should I need room for clothes I might acquire furniture that can be provided to hang them or put them in. However so far I've been happy wearing the same garment, everyone else has, so I've seen as yet no reason to change. And it's what I thought I'd like to wear when I first awoke in the Arrival Room. From what I understand, we get the choice of wearing what we want using our mind when we first wake up, which I did and then once we're established we can choose to wear creations from other spirits or learn now to make our own using our minds. So everyone wears a whole mixture of clothing, which is fun, as so many spirits are from so many different countries. I've only met two other Australian spirits Newly Arrived, a man and a woman about my own age. However they have since moved away.

So within our massive block of flats there are sections in which all spirits can freely meet and spend time. It's all beautiful, very tastefully done, like a top hotel's foyer, and spirits mingle, sit, there is a big

bar, areas for food, you play the pokies and other gambling games, all sorts of entertainment, all so to keep us happy with things so many of us are familiar with. And then there are areas away and more peaceful, which I prefer to go.

I met a small group of women spirits, again about my own age, and I meet with them and we talked about our lives on Earth, our families and all we're coming to understand about our new spirit lives.

Then to go to Earth. Alicia organised for a spirit who specialises in taking newly arrived spirits like myself back to Earth to see their family and friends. This spirit came and she took me to another enormous building. It's incredible how you can move here in spirit. You can walk or run, swim, we have a large swimming pool in the 'complex' as some spirits refer to it. Or you can just sort of close your eyes and will yourself where you want to go. You have to know where you want to go, and so you think of being there and want to be there and bingo, you're there. There are areas in which you can freely will yourself, 'flying' areas some of the spirits call them, and some of these areas are well marked so you move into them and away you go, then to arrive in another such marked area where you wanted to arrive.

So in the complex, it's like going to the lifts, you go into the marked area, which is about the size of a basketball court, and there are lots of them in the complex, so I'm told, and we hold hands so I could follow her, my spirit guide, and suddenly we were in this other massive building. And it is huge. I couldn't begin to describe it, something very science fiction looking.

And in this building are departure and arrival areas for Earth. I understand how it all works, but something along the lines of you move to the desired country you want to go to in the lower Earth plane, I guess you also decide which Earth plane now understanding there are two to choose from. So we went into the first, the closest one to Earth, the Earth dimension as she called it, as that allows you to be as close to people on Earth that you can be.

Anyway, I just followed her, and she took me to the departure area for Australia. We then walked into what looked like a huge airport terminal, all very plush and nicely designed, lots of spirits walking and standing, sitting on the lovely chairs. And by lots I mean, possibly thousands or even hundreds of thousands, I don't know but a huge mass of spirits.



And then it became obvious that the general flow was going and coming, departure and arrival. So we headed towards the arrival, my guide telling me all about it, but as I told you, the information became too much, so she eased back and we walked together mostly in silence, my eyes popping out on their stalks at the amazingness of it all.

Then we got to the area in which we were to go to Australia, which was just from what I could see like a huge opaque glass wall, and you just walked through it, no worries, no problem and instantly you were walking out of it, or presumably its equivalent in the Earth plane in Sydney over the harbour, which was a nice surprising touch. So you walk out onto the water and from there you are free to will yourself wherever you want to go in Australia.

I didn't want to visit the city, and having told my guide a day before my family details she knew about them and said that it was now my turn to will us to them. She said she'd just follow me, which she did.



So following her direction I thought of visiting Ron and so there I was with him at home. He was in the kitchen and suddenly I was with him. And that was weird. It was really good, but so strange. All of which I told you about earlier.

So I spent time with Ron, then moved onto each of our

daughters. Spending time with them at work, in their cars, in their homes, with my grandchildren, just being with them doing what they were doing, 'tuning in' on them, listening to their thoughts and when they were speaking to each other, feeling their feelings.

I've decided not to include personal family things James, in our writings together. Mum instructed me what I am to speak to you about, as so I understand, it's to be part of your work. So I hope you don't mind about that. I don't fancy telling other people, should they read this, all about my family and our family relationship, so I will keep those parts as general as I can.

All in all I spent a day with my family, one of your Earth days, which are much shorter than our days, so for me it was in my day it was just a mornings outing.

When I'd had enough, my spirit guide, Helena, who'd been ever so patient and had gone off and left me to it, she saying she had other people she wanted to visit, and that when I was ready to go I was to summons or call her with my mind, which I did, returned and then we retraced our steps back the complex.

It was an exhausting experience, seeing a bit more about the new world I'm living in and a little of what to expect from my new spirit life, along with the fact that suddenly I was able to return to my old world and old life on Earth in that way. I was very happy I went, as difficult and confronting as it was, and Helena said now I knew how to do it and where to go, I could go and visit them anytime. So I guess with Alicia I'll be going to the departure area for Peru. At least it won't be so personally confronting, or I hope it won't be, by visiting her family and people I don't know.

I've been thinking about my wanting to visit Earth, and I do get the feeling that it's sort of like finishing off my old life in a way, going to places on Earth I'd always wanted to go, possibly seeing how some things work that I'd wondered about yet how could you ever know unless you were an unseen spirit having a sneak peak. It's all quite exciting really.



Another part I want to add, before I finish, was near the complex, which is in the country with The Park being the main part of the outside for us, there is a reasonable size city. And I have been on a few excursions into it.

It's very cosmopolitan, they call it Hedaa, double 'a' James, and I have no idea yet as to how it fits into the scheme of things on this world, but it's about as big as Sydney, but much prettier, there are many large and small lakes dotted through it, with many spirits obviously living there and a large central city area, but it's more like one massive market. There are churches, mosques, synagogues so far as representing the major religions, lots of other religious temples but I'm not up with them and we didn't have a tour guide and I don't want to do that sort of thing anyway, but the best part is this market. It is huge, about half the size of the city and bustling with spirit life. I went a couple of times with small groups of women from the complex, we had a guide for the first visit, but we've gone back ourselves since then a few times.

And it's fascinating, there are countless numbers of small stalls, spirits making anything and everything you can possibly imagine, very fine intricate needle work, all so beautiful, such fine embroidery on the most glorious clothes and head and arm and leg wear, as in bands and scarves and hats and turban looking things of every colour and design. Then there are potters, craftsmen and women spirit making all sorts of things for your home, artists everywhere, all sort of crystal workers I know you'd like James, having been told a few things about you by my mum and Beth. It just went on and on.

And then there were endless cafes, bars, all sorts of other places, nothing sexual or seedy, everything above board and everyone so happy and welcoming. There were groups, so many different groups playing music, so many musical instruments I've never seen, and some of the noises were heavenly. And it was so clean, not a speck of dirt, no pollution, no dust – NO DUST!, can you believe it, no cleaning, no having to wash the dishes, it's all done using your mind.

And there were signs up everywhere with spirits, artisans offering to teach spirits their trade, everyone so giving, so generous, I can see how if making things like that interested you, you could spend eternity moving from one thing to another.

I have another guide Maxine who 'managers' me at the complex. She told me today that I will be staying for another couple of weeks at the complex, then I will be moving. She couldn't tell me more than that, and I don't know how she knows such things, she wouldn't let on, part of being a manger of spirits I guess. And I feel that will suit me. I don't want to stay here for much longer, I want to get on and see and do other things, sort myself out really, see if by doing these other things, visiting places, whatever, leads me to working out my life choice.

I will add, unlike how so many of my 'new friends' talk, not all mind you, but enough, I am not wanting to get on and 'hook up' with a spirit man. I have met so very nice men of all ages, and I could see if you wanted to go that way, there are certainly a lot on offer, however I don't want to involve myself in anything like that. Many spirits like me feel still too attached to our Earthly relationships, as I do to Ron, and I don't want to do anything to jeopardise that. I don't really want to say anymore a about it either, but I have been wondering about waiting for Ron to come over and would he want to keep being together with me, and how would all of that go. I have not been told when his time is to come to move on from Earth, I have been told I can find out, that certain family information like that is available at the central registry, wherever that might be, but so far I am not wanting to try and plan and organise myself like that. Some of the other spirits I've been with have started to create all sorts of plans for when their husband or wife dies and joins them, assuming their wife and husband will want to join them, as I've



heard other stories about all sorts of rude shocks spirits get when things don't go according to plan, when their spouse is glad to be rid of them and not wanting to continue tied to a marriage they were only doing out of obligation or habit or whatever other reasons it might have been. It all does make you think, or it has been making me think, whereas I can also see for some of the other spirits, they don't want to think about it. They were happy and secure in what they had on Earth and so they want to keep going with it, despite their being offered a whole new spirit life. And I understand, to be here with your loved one starting together a whole new life, and so some of them have said they are prepared to wait for as long it takes before their spouse or partner dies can joins them, whereas other as I said, can't wait to be off into greener pastures.

I read that thought of yours James, you can't get away with anything like that with us, we're in touch with it all. When I said greener pastures you thought, "like to Sex World" and no, I've not heard anything about that. However from what I imagine it to be based on its name, and from everything else I've heard being over here, it wouldn't surprise me. However that's not my speed. I will go with Alicia and visit her 'world' taking it one step at a time.

And with that James, I will bid you goodnight. Tell John, or I'll tell him myself – you have no need to worry John, I am very much enjoying writing these little messages with James, like a sort of diary, and as long as he is open to it, I am happy to oblige you both. It is helping me, and if as you hope, it might some day help another person, well perhaps I am and have already started a bit of my 'work' over here as a Newly Arrived spirit.

Speak to you soon James, I see if I can organise to take you with Alicia and myself on our trip. By now – Marge.

Is James gong to be portal hopping also?



**MARGE – day 21!**

**She becomes the teacher!**

Thursday, 17 December 2020

(Three days on planet Earth is the equivalent of one spirit Mansion World day.)

James: Are you there Marge?

Marjorie, newly arrived 1<sup>st</sup> Mansion World: Yes James, I've been waiting for you to get back from your walk. I am still trying to come to terms with all you told me yesterday on your walk. I thoroughly enjoyed talking with you like that. I wish my daughters were open and receptive to my speaking with them like you are.

James: John doesn't think so.

Marge: No. It would be a big step for them to take. I can understand why so many people who are settled in their Earth lives would not want to become unsettled by looking to more spiritual things like you are. I imagine this sort of thing would appeal to only a specific few. I wouldn't have been so open to it, it has taken my dying and being here in a new world and with a new life to consider to shake me up so as to accept something as far reaching as what you were saying on your walk yesterday.

Since then a lot has happened to me, some of which I want to tell you about, and which is in keeping with what I've just said.

I told you how in the Complex I'm living in they offer talks, seminars, lectures, on just about every imaginable subject possible. It's all a bit much really, so much to take in, however I happened to be walking past one of the rooms in which a talk was about to start and a nice spirit man was standing by the door asking spirits if they'd like to come in and listen. He asked me and I asked him what was the talk about, to which he said it was about understanding the lay out of the world we're living in. Like an orientation talk, covering the sorts of places where spirits live and what they do, the different major and minor sectors of the world, as he called them. He was a very charming man, in his fifties, Marlon, from England, and has been in the spirit worlds for five years. And it was he who gave the talk. It was very interesting, again too much information for me, however I did gain from it a general appreciation of the enormity of this spirit world. He called it simply World 1, didn't talk about it in terms of Mansion Worlds, and said it was one of four such worlds we spirits could live in. (The mind Mansion Worlds are numbered 1, 2, 4 and 6.) And that the world itself was bigger than Earth and with more land and less oceans than Earth, so more land for spirits to live on. He said there were no countries just major sectors and then lesser ones depending on the interests of spirits. The biggest sectors, and they seemed huge, are the religious ones, which stands to reason, with each of the main religions having their main central sector and then lots of lesser or minor ones. Then he further broke things down to sectors in which large family groups, some numbering in the hundreds of thousands, a whole sector for your family tree, and then smaller and smaller to areas given over to allow individuals to have their own slice of the world in which they could live however they wished.

He then he went onto the ethics of life on these spirit worlds, saying that basically if you want to get on and even move up the worlds, then it's about your state of mind. If you are wanting to be good, do the right thing by other spirits, be loving and friendly, and want to live an exemplary moral life, then things will more than likely work well for you. Should you want to be evil and do bad things, then you will quickly find yourself in the lower hell sectors that are in the Sectors of Darkness as he called them. He didn't dwell on any of the bad stuff.

But the thing is, and what I wanted to talk to you about, and what Marlon told me afterwards as we went and had coffee and something to eat together, was there was only ten of us listening to his talk, and he said that was about normal and he gave his talk once a week. And I said, only ten of us newly arrived

spirits come each week out of the thousands that must continually be passing through the Complex, I found that incredible, so few spirits interested in finding out more about this new world we've all suddenly found ourselves in.

And Marlon said yes, it is astounding, however most spirits aren't interested, they are happy to get on with their new life without having to get bogged down listening to talks and being told how it all works, most spirits happy to work it out as they go. And I probably would have been the same, it was only that I happened to be walking past at that moment when he invited me in. The talks are advertised in certain locations, but like everything, you have to want to find out about them, as there are so many and so much going on all the time, I guess no one really cares too much; which is good, in that you are free to do as you please without having to be told every step of your new life how you are to be and what you can and can't do; and yet, having been controlled like that all my life, it's a bit disconcerting knowing that it is entirely up to me.

He said from what he understood, most spirits move into being with some branch of their family, with their family welcoming them and helping them get established. He said most spirits seem more than happy with that, not wanting to break out on their own, quite content to let their whole death and waking up experience settle before they start to move out exploring and investigating the world.

So I understood what he was saying, that basically it's too much the whole death experience for most of us to deal with, which I can understand. And that then made me reflect on my few days here since I awoke, and I could see it's because of the influence of mum, Beth and you James, all inspired by John before I died, that has given me a bit of a different outlook to most of the spirits I am here with.

During our conversation I asked Marlon what he had done since being over here and what he wanted to do, as in, did he have future plans, do spirits plan for the future, have goals and that sort of thing. I understand you don't have a career, so you don't go to school or do higher schooling to ready you for an adult life having to make money and all the rest, so what motivates spirits.

He said he wants to move higher into the next world, and then as high as one can go, to be Transcendent, to become at one with the Mind Of All. Which he said would give me access to All Knowledge. He said his way to achieve this was through Service, to help other spirits better themselves, and in doing so, he is bettering himself. He is doing it all through hands on help, and not as part of some religious or spiritual philosophy. He said he gives talks on hundreds of subjects, and so that is his Service, learning about what spirits might be interested in and then imparting such information to help them better themselves and enrich their lives. He said he has looked into all the religions and many of the alternative systems of belief but none of them did anything for him, he being sceptical of most of what they say; for example, believing Jesus is coming again, and yet where is he coming from? They don't say. They don't know, only that he is coming. Marlon said surely Jesus must be in the highest world, for as there are only four worlds, where else could he be? However, he said from all he has been able to determine, the high spirits are not as high in spiritual light as Jesus, so does that mean he lives in his own personal high sector in which no one has seen him and he doesn't visit the religions that believe in him, and so why doesn't he? Doesn't he want to have anything to do with them? Does it mean he doesn't agree with them, which would certainly be very weird, or is he waiting for them to achieve some sort of critical mass in their numbers of followers, like apparently some of them believe they are working toward achieving. So many difficulties, not enough facts, too many holes in their beliefs and things they say, so he gave them all up. He says he will get to see for himself when he gets to the highest world.



**SPHERES of PARADISE**

**INFINITE and UNIVERSAL SPHERES**

**ETERNAL SPHERES**

**CELESTIAL HEAVENS**

**Soul spheres  
are not  
numbered.**

**Soul spheres  
are to:**



**The New Birth = Become at one with God: sphere 8**

**Peak Sphere =**

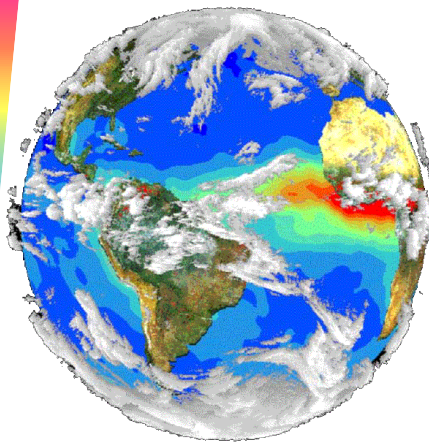
**6**

**4**

**2**

**1**

**NATURAL  
LOVE  
SPHERES**



**7**

**5**

**3**

**Spirit body  
spheres are  
1 - 7**

**DIVINE  
LOVE  
SPHERES**

**Earth sphere is for  
the physical body.**



He has such a lovely speaking voice, he's a very commanding man, very handsome, quite distinguished looking, and speaks with a lot of authority. He says as part of his Service, he will only talk about what he knows from personal experience, whereas so many spirits will talk about all sorts of things they've only heard from other spirits or make up themselves. So I like his integrity.

During the course of our discussion I asked him if he'd heard about the Healing Worlds, and the Celestial spheres, and that perhaps it's within those higher spiritual spheres Jesus lives. He didn't know what I was talking about, he'd not heard anything about other worlds. But he was very interested and asked me to tell him more, which led me to telling him about mum (Marie) and Beth (Nanna Beth, Marie's mother) and how they'd come to meet me and what they told me about the choice I can make so far as how to live over here in spirit, that between the mind way and the feelings way. And I told him briefly some of what you told me on 'our' walk yesterday James (you doing the walking whilst I was resting on my bed). I don't know if I understand it correctly, however he seemed astounded, flummoxed, he couldn't believe what I was saying, because in his five years he'd never heard anyone say anything like what I was, and he said he'd talked with countless numbers of spirits.

We then went for a walk in The Park continuing our conversation. And he became increasingly excited. He told me, that if what I said was correct, then that would change his whole world vision, change his understanding about everything, potentially change his whole reason for being. He was so excited, he kept asking me to tell him more, but I don't know more, and I think I got half of what I said to him mixed up, and he asked me to tell him again and again. He asked me so many questions, about things I didn't understand, so in the end I suggested that if he would like, I'd ask mum when she comes next if he could meet her and ask her all his questions, to which he was delighted. So that's what I will do. He can't wait, he wants to meet her now!

However I said I had other things I need to do first. He asked if in the meantime we could meet again and continue our discussions, to which I agreed. I like him a lot, he's very quick, very smart, and so open to everything. He's not rejected anything I have said, if he doesn't know, he is willing to admit that, and see if there is some way he can find out the answer. He was a schoolmaster at one of the private English schools and he says he's always loved teaching and learning, and being in the spirit worlds suits him down to the ground, as it's all so readily available, everything you want to know about. He says he'd be more than happy to show me about, taking me to some of the incredible art galleries, old and contemporary, show me some sights, old and new, so I said I would like that. He says he's not married or involved with anyone, so is free to do as he pleases, which also suits him, not wanting to have to deal with any emotional entanglements. He said he was married on Earth, his wife is in this world, he sees her every now and again, but they are growing further apart, she having met a new spirit man she loves. He didn't have children of his own, saying the children he taught was more than enough, and has no desire to have any here in his spirit life. He said he can't see himself settling down wanting to bring into existence or join what is already in existence, a large family clan like so many spirits delight in doing. He was an only child and so likes his independence, all of which sits very well with me and how I am feeling about things more by the day. I too want to be alone, free to do things my way and on my terms and in my time. No pressure, no constraints, just like how it was meeting him, just walking past and next thing I'm listening to his lovely English voice, and then I'm having tea with him, he had the coffee, and then our walk and now possibly he meeting mum.

And I know what you are thinking James, that it might be fortuitous for him to meet me because he might be ready to move on into the Healing worlds, and that thought crossed my mind too. I can't believe how I am now having these thoughts, starting to feel like I know some things that most of my contemporary spirits don't know, and even someone like Marlon who's obviously been around and knows what's what over here. I feel rather chuffed, a bit self-important, which is a good feeling. I loved



the look on his face when I said mum was a high Celestial spirit, the Celestial spheres being higher than the Seven Mansion Worlds. His face was priceless, his mind in overdrive trying to process the enormity of what I'd told him, yet he didn't resist me, he took it all in his stride, flabbergasted he was.

And I find that so incredible, he being a spirit as I said that knows his way around, has talked to many spirits about their lives over here, and yet he has never heard of the Healing Mansion Worlds or the higher Celestial spheres. I told him the Celestial spheres were many in number going all the way to Paradise, where God lives. I hope that is right... good... and his eyes nearly popped out. He said: were God lives, God actually has, what, His own house? I said I don't know about that, only that one day we are all to meet with God on Paradise, but it's a long way and we need to grow a lot spiritually to get there. He wanted to know more, but that was all I could offer him, my knowledge being limited. But the fact that he took me so seriously, that made me suddenly take myself more seriously, and I thought, gosh, what if what I am telling him is actually right, something like that could be life changing to say the least. To have such an aim as to want to go to Paradise to actually be with God – well that's something to strive for I guess.

And then hearing these strange words coming out of my mouth, me, Marjorie no-one from country Australia, me who's never been interested in such things in my life, and yet, here I am talking as if I know about such things, god, what's got into me!

And then I only have to remember mum and Beth, I can't wait until Marlon meets mum, his eyes will fall out onto the ground. And I know just by looking at her when we are alone together when she can be more herself in her true spirit light, he'll be speechless, like I am. And she's only my mum, she too is no-one from nowhere, and yet she looks so radiant, so splendid, so beyond any of the other spirits I see around here.

So that's a bit of fun I've had, feeling rather chuffed about myself being able to shock someone like Marlon. He said while he waits for my mind-call, he will look into the things I have said, to see if he can find out anything about it himself, so it will be good to see if he comes up with anything.

Anyway, I have to go now, I'm going with some other lady friends to the Market in Hedaa, we're going dancing, having a 'day on the tiles' as when it gets dark we're all so exhausted we can't do anything but sleep, so we have to do everything during the day.

So I will speak to you soon James. Bye now – Marjorie.



**MARGE – day 22!**

**Life Review!**

Friday, 18 December 2020

Marjorie, newly arrived spirit 1<sup>st</sup> Mansion World: James, I want to tell about something else that's happened to me. I've had my Life Review – you said I would probably have it, so now I can tell you about it. Are you aware of what it's like and what it's all about?

## Life Review

James: A little, however please tell me what happened and how it was for you. How are you feeling since having it?

Marge: Not so good actually. A lot has been stirred up in me, lots of regrets, some guilt, seeing some things about myself that I didn't understand where bad things during my life, and not feeling very good about being that way, doing and saying such unloving and selfish things. However I will explain what it's all about.

I was told I was to have it, we all have it, all the Newly Arrived spirits, and I should say, we 'undergo' it. I was told I had nothing to worry about, that it was a process to look back over your life on Earth to see if you are happy with it or not, which sounded odd to me, as in: Was I happy with my life on Earth? I'd not thought about it in that way. And if I wasn't happy, well what then – do I get another life with a greater chance of being happy? I don't know James, some of the things over here seem very slack and half-arsed, and no one else seems to care, other than myself. I would do things differently, there is not that much personal care and attention for us newly arrived spirits, everyone is so blasé about it all, which is how things would annoy me back on Earth. It seems like it on the surface that someone is caring, but really, it's all so slap-dash and no one really takes that much time or care with anyone else. I know that's a big generalisation as not everyone is like that, however that's how it seems to be. They tell us we can't die again and bad things don't happen to you anymore so there's nothing to worry about, and you'll sort it out, however that attitude annoys me. It's a big experience we've all been through, so shouldn't there be more fuss made of us, more something? I don't know what, and possibly it's just how I am feeling at the moment, and I obviously need to be here with these other spirits, as we're all quite similar in many regards. We're all from Western First World countries, so possibly wherever the Third World Newly Arrived are, if it works that way, they might be more attentive and caring of each other and all they've been through in leaving their Earth lives.

So I'm told that I have to have this thing called a Life Review and yet it wasn't explained to me exactly what it was all about, just: you'll be all right, we all have one, it's the only thing over here we all have to do. But that makes me wonder: well what if it's not all right, what happens then and what does that mean?

## Life Review

So I was taken into a room with a chair in it, not unlike a dentist's chair, it was very comfortable, and the lights in the room were dimmed to just before complete darkness. There was a 'technician' there with me who told me to relax and allow myself to go to sleep if that's what I felt like doing. I didn't feel tired, a bit on edge, and yet again she wouldn't tell me anything about what I might expect to happen, only that I'll look back over my life, sort of reviewing it in some way.



Perhaps, looking back, part of the experience was that I was to go into it mostly blind and unknowing for it to have its greatest impact on me, which might explain why everyone was off hand about it; yet still, I don't see what the point of it all was.

So I'm sitting in this chair, the last thing I feel like is going to sleep, and suddenly I see myself waking up having arrived in spirit – I am looking at myself and at the same time back 'in myself' remembering what it was like. And then next thing I'm back in the hospital on Earth, and then back through other parts of my life right the way back into my early childhood.

It was somewhat like a dream but far more intense and real, it was me in a way back in all those experiences I did have, only it was also as if there was someone else or some other part of my conscious awareness with me, sort of commenting on the stages and events I was seeing. I mean, the whole experience was incredible, and it was all happening so fast, I want to stop the 'video' and replay or move slower through some part or branch down other memories, but I had no such control in it, it all just happened to me.

And then it was over and that was that. Nothing else was said, the lights brightened and I was free to go.

Which again was fine, it was good it was over, as weird as the whole experience was, but then nothing else was said, and I didn't know what to do, so I went to my room and did sleep. Then when I woke up, it all started, parts of what I'd seen / remember / re-lived in way, came back to my mind, and mostly the feelings and emotions involved. And so some of them I was very happy about, happier in fact than when I had lived the actual experience, like I was seeing more that went on in the experience than what I was aware of when I was having it. And that's how it was with the births of all my children, with times with Ron and the kids, odd things, like with a customer in the shop John told you I had, and some good interactions with them, and that was really good in my Life Review, and yet why was it, when it was just so far as I could remember not out of the ordinary.

And then on the negative side, similar things, some of the experiences I understood were bad, I had treated someone badly, not really much to do with my children, but other people in my life, and nothing specifically to do with Ron, other outside things. And I felt bad during those times on Earth and so felt bad again during my Life Review; and then other times I didn't understand that my actions or words had hurt someone so badly, so that made me feel bad. However really, it's not fair, I wasn't aware of myself back then like I am now, I was younger and not as wise or whatever, and yet all this stuff comes up in you and so what are you meant to do about it.

## Life Review

I have since asked some of those spirits that assist us who've been through it themselves, and they said my experience was normal, and they too didn't really understand what it was all about other than seeing if you made anyone feel really bad, and if they are now living in the spirit worlds, you might feel like you want to go and apologise to them; which I guess is fair enough, but what if they are not dead yet, are we meant to wait until they die so you can apologise to them? And everyone said, it's up to you, no one really knowing what to do. And they said if you wanted to talk stuff over with spirits who act like counsellors or psychologists, that can be organised, however mostly they said I will more than likely feel stirred up for a few days then it will pass and I will get on with your new life.

So really the whole thing seems a bit bizarre. I am reading your mind as I'm writing this James, and you might be right in what you say, I will ask mum when she comes next. You saying that because we're in Rebellion then it, along with how impersonal everyone is, is all part of the madness, nothing really

making that much sense; whereas if we were true, then the Life Review would make perfect sense and be part of our growing in more awareness of ourselves.

Anyway, I thought I'd tell you about it and some of the other thoughts that are getting stronger in me. And again, I am wondering how much of an impact mum, Beth and yourself are having on me, because I don't know, I don't feel happy and like I'm settling more into my new life, like everyone else seems to be. They don't question anything, they just go along, like it's all mapped out for them, plodding along so far as I can see. A lot of the women I went dancing with say they feel like they are young girls again, and love how exciting it is to rediscover their youth, remembering things they loved doing on Earth and wanting to do them all over again, here in their new spirit lives. But for me, that all seems a bit dull, I did those things on Earth, and some were fun and I really enjoyed doing them, however I'm not so sure that's all I want to keep doing over here.

And things you James, mum and Beth told me keep going round in my mind, things that seem 'bigger' than this world and this life, it's hard to explain it, I've not felt anything like this before. I have always felt like I fitted into 'my world' that I had things mostly under control, until I got very sick. And things, my life, pretty much went as I wanted it to, and I fulfilled a lot of my expectations about it. Life was mostly good and I felt happy, secure and settled in my life on Earth. And I can see so many of the spirits I'm here with felt the same during their lives on Earth, nothing out of the ordinary, all pretty predictable I suppose, which is not a very good way to look back at my own life. And yet I can't help it. And this Life Review thing, suddenly bringing back a flood of memories, so much I'd forgotten and not thought about since I experienced them, and now to have it all there in my mind, I can recall it all very easily, and reflecting on it makes me feel the same feelings, somewhat along the lines of: yeah, been there done that, so now what, I want to move on.

## Life Review

I'm seeing Marlon (And how you've spelt his name is right, odd perhaps for an Englishman, however what would I know, I'll ask him about it. I know you were turning it over in the car this morning James, trying Marlin, or Marlyn, but stick with Marlon) later I will talk about it and my disturbing feelings with him. So far, he's the only spirit that I've met who wants to think a bit deeper, even our helper spirits who've been here for a long time some of them, over thirty, fifty years, and they are still happy doing the same work with us Newly Arrived, and I don't know, god I think I'd be bored brainless. Perhaps I'm missing something about this new life, that I should be more grateful to God giving me a whole new life, but it's making me feel like I want to get away from this Complex, and maybe getting out on my own would be better.

I think my Life Review has stirred me up in other ways too, possibly even adding to what you, mum and Beth, and all Marlon is helping me see as to what I might expect from living here in this world.

As you're soon to make lunch, I'll go; and possibly we can speak later should you want to do some more writing. Marge.

Later:

James: Marge, John was just saying on the phone how happy he is with all you're saying, and how you say it, is so much you.



Marge: I'm glad he can tell it is me, because IT IS ME! It really is James. I can detect you still have your doubts, and about so many things to do with all of this spiritual stuff as you call it, and I don't know about much of it, however I assure you, what I am trying to convey to you is all that's happening to me, all the main parts anyway.

I'm glad you've tuned back in, I think I'm getting better at working all of this with your mind, I really enjoy doing it and I'm glad John and Lloyd (Marge's brothers) are getting something from it. Just wait until it's their turn!

Anyway, on a more serious note now, I wanted to add some more to what I was saying earlier. Really I think I am not that well suited to all that I see going on about me. One of my new women friends, an American, she found other poker players who she says are very good, saying she is very good too, no lack of self-confidence there, and that she loves sitting for days playing cards. That she loved playing cards back on Earth, and here she can play forever without having to stop to go to the toilet, having to eat, having to do the housework, having to look after the children and grandchildren, her husbands, now she can bet all she likes and it doesn't matter if she loses, it's all good fun with her delighting in knowing she is getting better at it by the day. All she wants to do is play cards, and there are rooms filled with spirits doing that. And I can see it might be therapeutic, all part of their settling in and coming to terms with their dying, leaving their families, starting their new spirit lives, however it's not for me. I couldn't think of anything worse.

So I think you understand what I'm starting to feel more, that this scene is not for me.

Now, this is what I really want to tell you about, I'm feeling a bit better being distracted somewhat from all that Life Review stuff, so picture this, Marlon came and we went for another walk in The Park. I know it quite well now, so I took him to the more secluded parts, there are lots of beautiful flowers and shrubs, lovely tall trees, small lakes, water birds, turtles and water lizards, lilies in flower, purple, red, yellow and pink, it's all so tranquil and so beautiful, with only he and I walking along a sandy path. (And don't know what the lizards and turtles eat, I don't think they do eat James, they are spirit lizards and spirit turtles — remember, they just exist, like we all do over here.) Then suddenly before us appears a bright woman spirit — it's mum! Marie walks toward us and Marlon can't believe what he is seeing. She looks her radiant self, so beautiful, so refined, so bright in her light. And she carries her light so well, like you were meeting the queen or someone very important. But she is so natural, friendly, warm and loving, all of which you feel emanating from her. And her eyes sparkle and Marlon is besotted. She is younger than both of us; he says he likes being older and doesn't feel the need to be his younger self because being older goes with his teacher persona of being more wise.

## Introductory Talk

I introduce mum and Marlon to each other. And then before Marlon has a chance to say anything, she says "Hello Marlon, I've organised for you and Marjorie to attend an introductory talk about the Spiritual Healing and living with God's Divine Love. It's time you left this Sector, time for you to move on, time for you to start living true to your feelings, time for you to begin your true ascent of Truth to Paradise".

# Spiritual Healing and Living with God's Divine Love



Marlon's mouth was hanging open, he was like a little puppy, certainly putty in Marie's hand. He'd have done anything she said. He said yes, he feels ready, however I'm sure he has no idea what she was talking about. And then, as there is no time like the present, she said, come with me, I'll take you there now. And then she disappeared (you get used to spirits appearing and disappearing – it's no big deal James), and we, stunned and left looking at each other, meekly followed her, because, what else could we do, her pull was too great. I just thought of going with her, and away I went, and next thing Marlon and I know is, we've arrived (appeared) standing alongside mum at the back of a room that had about fifty spirits sitting in a semi circle around two spirits, a man and a woman both of whom had the same feel and light about them as mum had. She ushered us to two empty seats and then resumed standing at the back. And we listened for about an hour about living a different way of life to that which we are living.

Because of things mum, Beth and you had told me James, it wasn't that new, what I was hearing, however hearing it again from these two lovely spirits, and looking at everyone listening so intently, including Marlon who was speechless and entranced absorbing everything they said like his life depended upon it, it all helped to go into me more. I am a reasonable student, when I put my mind to it, but with all they said, I didn't have to apply myself, it all made sense, I could see what they were saying and I felt it answered a lot of the questions that had been forming in my mind. It all sounded right. There was no hard sell, all very straightforward, and yet all an ultimatum really, that's how it's coming across to me: you either are happy playing cards for the rest of eternity in his part of heaven, using your mind to try and beat your opponents, and that is your whole excitement and reason for being, trying to excel in your mind's competitiveness; or, you can embrace this feeling way of living whereby you strive to give up living with your mind in control, wanting to be true to your feelings and allowing them to lead you through your spiritual growth.

When it was over, Marie took us back to The Park and we talked for some time with her about it; or rather, Marlon did, mostly I just listened. He couldn't get enough, he'd said before mum came that he couldn't find out anything anywhere about what I'd told him; and now having sat and listened to these spirits speak about such things, another world of insight and investigation was opening up to him. He just couldn't get over the fact that nowhere in his travels and no one, other than me, had ever mentioned anything about any of what we'd just listened to. Mum told him it was because he wasn't ready for the truth and information, whereas now he is. That his soul wanted him to move on, to start to get serious about his spiritual growth, growing through his feelings and moving away from his mind. She said it will be hard for him because he is so used to living through his mind, he has trained his mind to perform in its ways that give him his power and feelings of superiority, however all that mental 'power' is false and will only serve in the end to work against his true soul development. To which he just nodded saying he could see what she was saying knowing all she said was right and true.

In answer to his questions she said she would organise other Celestial spirits like herself to come and help him understand it more, and then if he wished, they would help him settle into the Divine Love Sector in the First World where we'd been in listening to the Celestials talk. He was so excited, saying when can he move! I think he is very bored with his giving-talks life, and as so few spirits really get that excited about learning as he does, so to be introduced to this whole new and hidden way of life, he's finding very appealing. Lot's more to learn.

Mum also said I could go with him, we could both move and attend the introductory courses to see if all that's told to us does appeal, helping us to know if we're ready for such a marked change in our lives. She told us that there was no condition, we were free to attend the courses and if we didn't want to keep going with it we could end at anytime coming back into the regular mind sectors doing whatever it was we wanted to do. She has no vested interest with me, I am just like any spirit, only because I am her

daughter that she has come to me personally, otherwise it would be other Celestials who specialise in introducing mind spirits to the Feeling Way of life, The New Way, who'd have helped me. And because Marlon was happy to know about it all with me, so she was able to help us both to begin with; but as she's already told me, it's not her thing, she with her soulgroup (12 soul partner pairs – 24 personalities) being concerned focusing on the other end of spirits Spiritual Healing, when they are nearing its completion, not when they are first starting out.

We talked with her for about an hour, my mind was numb with all the information, Marlon would have liked to have gone further, but he must surely be exhausted with all the information and more so the impact it was having on him. I could see it visibly affecting him. It was as if in his spirit light he'd been a dried sponge, and the more he spoke with mum, it was as if he was soaking up her spirit light and coming to life.

She suggested that Marlon spend a few days talking it over between us and doing what we will before she comes again to see what we want to do. To which we both agreed. Marlon wanted to leave with her there and then off to start his new, new spirit life, however I could see he also understood that he should take the time to let it settle within him.

I was very happy it worked out so well with his meeting mum. I thought she might have been too much for him, however he did very well I thought. I could see, judging by how she'd been the other times she'd visited me, that she was working her light with him, affecting him in some unseen way, so there is obviously a lot more that goes on between us all and especially between the higher spirits and us lower ones, which I suppose having said that, it would be a bit strange if that didn't happen.

Mum left and Marlon and I continued walking and talking. Then we went to Hedaa to wander around the markets and sit in cafes. It's nice being with him, no pressure, no underlying sexual stuff, we like each other, friends, and that's all. He is very much off in his mind most of time, and his mind was churning away thinking over all mum and the other Celestials said to us. But it was good, he'd be lost in thought for a while, which gave me time to consider my own feelings and thoughts about it all, including about him, as we wandered and sat looking at spirit life go by.



You get used to it all very quickly, again I suppose it would be strange if you didn't. It all seems so natural, like you've been doing it all your life, living as a spirit in the spirit worlds, watching all the other spirits going about their spirit lives. You forget Earth is somewhere with your family and all you left behind, it all still going on, whilst all of this over here is going on. And then you think that this market and this cafe we're sitting in is a mere fraction of this big spirit world, and so the countless numbers of spirits that there must be. We worry about death, scared that it might be the end, nothing else, and then you sit watching all these spirits talking, happy, loving doing all they are doing, the friendly almost continual party atmosphere, and you can hardly relate to such fear and how you were as you were dying. And you think, no pain, I don't feel pain, I've not felt anything like all that pain I suffered leading up to me death, and you hardly give that a thought, you've moved on, you don't feel pain, you feel great, all that pain now only a memory, and one you're glad to see the back of.

So that was Marlon's meeting with mum. I'm not going to try and write with you James all what was told to us at the talk mum took us too. She said it's all what you've included in your writings. And as I've said, I don't as yet pretend to understand much of it anyway. However from what she's said James, all you have written with the spirits like herself is right, it's all what they've organised for you to write, it's all that is to be needed by people on Earth and also for many of the mind spirits like Marlon (and

even myself), who are more than ready for it. She says it's coming to a time in which there is to be a Great Crossing Over, in which masses of mind spirits will surge into the Healing Feeling Worlds. So she said if Marlon and I want to move there now, we'll be doing so before the rush. She talks along the same lines as you do James about it all, that it's all what this is all about, my writing with you, your connection and relationship with John, all that's been happening for you both and will continue to happen. I still don't understand it all, but when she speaks you just know all she says is true.

## Great Crossing Over

I am going to visit John very soon – I'll spend time being with you John and visit you too Lloyd, tuning in on you to see if I can gain a better understanding about you and all of this from your mind, and I intend visiting my family again soon.

I'm feeling better about that now, understanding that I can't do anything for them, but I can stay in touch, and I like that, knowing it's easy to visit them, to stay in touch. I like the feeling it gives me knowing they are there and I can go to them and be with them anytime I want, even if they don't know I am visiting and standing there with them.

Alicia still wants me to visit her family, so we're doing that very soon, and I'm looking forward to that too. It's incredible how an experience of something over here can have such a strong impact on you. Occasionally experiences did on Earth, but mostly things were pretty predictable, as in what you'd expect. But I find here I will have an experience with someone, and I'll be thinking and feeling one way and with one set of thoughts, and then I'll have another experience with someone else, and suddenly all my thoughts and feelings will have changed. I look back at how I was only a few hours ago and I seem to have changed, moved on is the feeling I get, which feels good, but it's all so fast, I feel like I should take more time to think about it all, allowing myself to catch up, as if I have or might be left behind in some way; but no, I'm not, it all happens easily, effortlessly, and before I know it I'm talking as if I've come to grips with it all, I know what I'm saying, when some time before I felt all at sea and without a clue. If life is going to continue like this over here, well I'm going to have to adjust myself to accepting this new pace. And don't get me wrong, I like it, it's thrilling, it's just taking some time to get used to. I feel so much lighter, freer in myself, in my mind and feelings, I feel like I was living my life in cement back on Earth, that just the act of physical movement was exhausting, which it was in the end, whereas over here, I felt light as a feather, like a bird able to flit about effortlessly.

I'll go again James. Speak to you soon – Marjorie.

**MARGE – day 23!**

**Peruvian Family**

Saturday, 19 December 2020

James: You there Marge?

Marjorie, newly arrived 1<sup>st</sup> spirit Mansion World: I'm here! Hello James, I was listening in on your phone conversation with John. Good fun listening in! I had, as you know, no idea that there was life after death, let alone it might involve all these fun things I'm doing.

I am so happy he's so happy.

James: He loves all you've said, says he's in awe of you, how straightforward and to the point you are, and how much you're telling us about how it is for you over there.

Marge: I thank him for suggesting to me on my death bed that such a thing might be possible, not that I took what he said too seriously, however, here I am. (John: Yes, I felt Marge did not take my suggestion seriously, but I also 'knew' as I told her of this possibility to convey her progress upon passing over into spirit that it was all arranged as we talked!) I'm currently laying on my bed, catching my breath really, before I go forth again, another foray into my new spirit life. I'm enjoying how open minded about it all you are James, accepting of all I say, particularly as you don't know for sure if all I convey to you is true. God, for all you know, spirit might be the most boring place ever, and that I'm actually speaking to you from a box in the ground making all this up!

James: I don't care anymore Marge. I used to worry about whether or not what you spirits were telling me was right, or even if you are actually spirits, and it's not just my fanciful mind making it all up, but I don't care anymore, having gone beyond caring, too much has happened, and as I have no way of proving any of it... As long as John and Lloyd are happy with all you are saying, that's good enough for me. And all you are saying more or less fits in with what other spirits have told me over the years, you're filling in more gaps. And I understand that this is just one person's account of how it is for them in spirit, and that it might be a very different experience for other people when they go into spirit.

Marge: Yes, I have been thinking about that too, my view of my new spirit life being very narrow. I was talking with Marlon about it, and he said that his arrival in spirit was pretty similar to mine, although not in the same area of this World. And he said that there are other areas that are very different, they reflecting the needs of those spirits that come into those areas. For example, a person from a primitive tribe is not going to die and find themselves surrounded by Western spirits playing the pokies and cards, they'd not be able to deal with that, so their arrival would, so I imagine, and from what Marlon was saying, be more suited to what they might expect – were they to expect anything along the lines of there being life after death. However, that's not saying how it's like here is what I was expecting, god, you could have woken me up in a tribal situation, and oh well, if this is what my new spirit life is, being part of a tribe, so be it, and let's see what that would be like!

I've just got back from my trip to Peru; ha, I can hardly believe it when I step back and look at how amazing the whole business of moving around is over here. We dropped in on Alicia's family in Peru like you might just pop round the corner visiting a neighbour for a cuppa. Peru! And it was stunningly beautiful what little I saw of it.



She was so excited in taking me to visit her family, we picked up her spirit sister on the way, she was older than Alicia, she also dying in a car accident, a different one to Alicia. A run of back luck in her family. She 'works' in another part of this World.

I have no idea where we went, but suddenly there was her sister and then just as suddenly we were all at the departure area for Peru, however it was a different building to the one where I went to Australia. Alicia said these departure and arrival areas to the Earth planes are dotted about this World, and they are the main ones; there are also lesser ones you can use but they take longer to move through, she didn't know why, it's just how it is. Which seems to be the state of a lot of things over here, "it's just how it is". I guess someone would know, or perhaps that's part of being a Celestial spirit, you might be able to find out about such things; but really, as I'm not that interested, so I'm joining the rest of the crowd, shrugging my shoulders and just getting on with it. I guess being amazed about everything over here will fade in time too.



I had intended our writing about my trip in real time, however you would have had to get up at 6 am and I don't think you'd have been very pleased about that. So I will tell you how it went.

Her family lives in a nice house on the outskirts of Lima, again we arriving over the sea coming into the city. And what an impressive sight, you leave the departure window and then suddenly there is the blue ocean underneath you and the beach and cliffs and the city with all the buildings and mountains in the background. But no sooner had I taken in that sight and Alicia, holding my hand, zipped me off to her family home. It was dinner time. Her mother and father were in the living area, they had a large wooden table, beautifully made in a rustic sense, and lovely dark stone irregular large tiles, I guess you'd call them, on the floor, like paving stones, and pretty painted colours on the walls, bright blues, greens and reds, and other wooden beams, very nice, Peruvian Indianish, although they looked very Western in their dress and modern appliances in the room.



Alicia's mother was finishing the cooking, her grandmother was there and a grandfather, but they were not married, his wife is apparently living in the spirit World we'd just left. She has another brother and two other sisters who were sitting at the dining table. Then suddenly the three of us are there standing behind them more in the middle of the house. Alicia and her sister rushed forward hugging and kissing her parents and sisters and brother and grandparents in that order. And then the most extraordinary thing happened when Alicia hugged her youngest sister, suddenly her sister said excitedly, "Alicia is here!" And then her sister's name. (I've forgotten her sister's name, it was hard to pronounce.) And the family all looked at the younger sister expecting to see Alicia and her sister, but then they all settled down to



their meal accepting Alicia and her sister were with them, including them in conversation, telling them what they'd been doing. And the psychic sister could catch bits of what Alicia and her sister were telling them. I could see that the connection was a bit rough, but enough was conveyed, enough to know that none of them thought of it as weird that they were being visited by their two dead daughters.

And yes, to answer your question James, Alicia provided me with some sort of gismo, I held it in my hand and it translated for me. Very nifty! They were all speaking Peruvian, Spanish I guess, or a the Peruvian version of it, I don't know, I didn't ask too many questions, happy to be a spirit fly on the wall. And it was a conversation not unlike what Ronald and I would have around the dinner table with our daughters when they were younger and all at home.

The family atmosphere was very warm and loving, very personal, they all wanting to know all that was going on with Alicia and her sister, just as they filled them in with all they'd been doing. Alicia's father's business is doing well, it was something to do with finance, I don't know, I only caught the gist of it, but they were happy and prosperous and life was good.

It was nice to see them all so happy together, and seeing how they couldn't see their two dead daughters but so readily accepting them as being in spirit and living their spirit lives, it all being so normal, it making me think how different we all are. Alicia said she new lots of families that were similar to hers in that they had or knew of someone who could talk to some degree with spirits so it was an accepted part of their lives; and that of course life goes on, and why wouldn't it; and well, of course, life does go on, and why indeed wouldn't it! God obviously has a lot more in store for us that just our life on Earth, and so here was this family showing to me that there doesn't have to be such a gulf between being alive on Earth and being alive in the spirit worlds.

We stayed for an hour or so as they ate their meal, and then it was time to go. Alicia and her sister saying their goodbyes, more hugging and kissing, which their younger sister was able to relay to everyone. They were very excited, all very happy, and telling the girls to come back soon. And it was so nice to see Alicia and her sister's love for their family, and yet no sign of missing them or wishing they could be with them. Everyone was very accepting of this is how their lives are, these two girls are getting on with their spirit lives, whilst everyone else in their family is getting on with their Earth lives. And when it comes time for the grandparents or whoever might be next to die and come into the spirit worlds, they know they'll be met by Alicia and her sister. It's nice, you know James, the continuity, that's what has stayed with me the most since our visit, that all that love and affection so openly displayed and shared by them all, and between people and spirits, when someone dies, doesn't have to end, there doesn't have to be the separation, it's just more of life, some people live long lives, others shorter, but overall, life goes on, and on and on, and god knows how long for.

Alicia said if I wanted to, her sister (I think her name is something like Melishaea, said fast) would take me sight-seeing around the city or up into the mountains because everyone wants to visit Machu Picchu, as she had to be back for one of her 'spirit people' that needs "organising" back on our World. I said, I would like to come back another time as I was feeling a bit tired with the whole amazing experience of how her family was so accepting of her and her sister and the whole visit. Really, I wanted to ask Alicia if she would take me herself, I like her a lot as I told you, but I don't feel the same rapport with her sister although she too is a very nice girl. So I'll ask her later if she would mind talking me on a private tour of her country's sights.



So then we retraced our steps coming back home. I still find it strange calling my room here in this Complex my 'home', always thinking of home back on Earth in my house with Ronald; still, as we all keep telling each other "it takes time to settle into our new spirit lives".

Another strange thing, but when Alicia said her sister would take me around seeing the sights, suddenly I didn't feel like seeing the sights was the big thrilling thing I'd been thinking it would be. I felt happy visiting her family. I don't really know what the feeling is, but finding myself more interested in visiting with a real Peruvian family, that was much better, observing them doing their ordinary everyday things, rather than looking at the city or other tourist sights. I would love to visit Machu Picchu, but that can wait, it's sort of like, this experience here with Alicia and her family is somehow more important to me than simply looking at an ancient site in the mountains. Do you know what I mean, this is real life, happening now, and this is what is appealing to me. And the ability her younger sister had being able to communicate with her spirit sisters as she did, that too has affected me in some way. I don't know, but again I think it's all in keeping with my writing with you like this James, all what John loves about it all, all what mum is helping me understand about the bigger picture.

In reading your mind and feeling your feelings James, I know you are excited and not surprised about Alicia's sister doing what she could do, being a go-between for her dead sisters and the rest of the family; yet for me, it shocked me a bit, to think that people have such a different life experience and how good that is. I mean, what if everyone had access to someone like Alicia's sister, someone with a bit of psychic potential like that; and I could see her struggling and missing some of what was said, and mixing things up, and Alicia and her sister would yell at her, spelling out what they were saying, and sometimes their sister would get it, and everyone was so excited, and other times, no, it was too hard for her to understand. But they all loved trying to do it, and getting enough, even if it wasn't true exactly, and even if they made up stuff using their minds a bit by creating a bit of a fantasy picture about their spirit sisters and daughters; still, that didn't matter, it was their obvious love and closeness, that nothing has been lost because of the girls deaths, they still can carry on their relationships with each other. So death in a family doesn't have to be so destructive, so crushing and devastating; it is bad, of course, the person no longer there with you in flesh, but it doesn't have to be so final. Yes, I think that's what I've been trying to say. It doesn't have to be final, you can still have something of a relationship with your family back on Earth and for them on Earth with you in spirit. I would love to be able to have that with my family back on Earth, for myself to communicate with them, even it is in a rough way like it was for Alicia's family through her younger sister who was trying so hard; and loved trying, trying to do her best and they all hanging on her every word, trying to help her figure it out, like it was a great puzzle, even a game they were all involved in trying to decipher their spirit daughters' words.

So the experience was as surprise for me, and delightful. Alicia is coming to visit me again later, so I'm going to ask her if she would mind my spending a little more time with her, getting to know her more, us being friends, an odd mix, so far as our ages go, but why not, things over here are different, not so much segregation from what I can see, more a general acceptance that we're all here in this World together, and no one is really older or younger. I mean, of course we are, but when spirits who've been here for fifty years having died when they were eighty years old look younger than you, well it turns a lot of your perceptions on their head. I still feel motherly toward Alicia, even though she has far more spirit World experience than I have, however perhaps I can offer her something else that I can see she would still love to be able to get from her mother. Anyway, I'm actually feeling quite emotional about it all, so I will share my feelings with her. I have nothing to lose, she can only say she doesn't feel anything for me, and that's fine too. And I know I am looking at her as something along the lines of 'daughter replacement'; still, why not, and it's how I am feeling. And part of what I have been deciding these past few days is that this is how I am going to approach my new spirit life. To 'follow my feelings', to act on

them; so John, you can be happy about that too. My feelings, as I told you James are sort of richer in some way over here. I was going to say stronger, but no, they are the same strength as back on Earth, but they are richer, brighter, stand out more in some way, that's the best I can describe it. My thoughts are clearer; my feelings richer, brighter.

I've noticed a lot more new spirit faces around the Complex and some of the one's I'd become more familiar with I realised I've not seen lately, so I guess 'my lot' are all beginning to leave the Complex and start their new spirit lives in earnest. I've been thinking over what the Celestial spirits and mum told us about living the Feelings Way, and it is sounding more appealing, so again John, you'll be happy with my leaning more that way.

I know you don't mind James what I do, you're just typing my communication with you, however John would be delighted were I to move into considering doing my Spiritual Healing in earnest, following in mum and Nanna's footsteps. And you know what brother John, I think I will go that way. I think I have already made my mind up, I don't really see the point of staying here in the Mind World learning things, visiting places, meeting spirits to get involved with a life here doing pretty much what I was doing back on Earth. I can see the appeal of wanting to spiritually grow, to move on as they say, to gain Truth, to become like mum and Nanna Beth and that other Celestial pair we listened to are. There is something about them, something I can't put my finger on, but it gives me the feeling of wanting to be close to them, with them, in their light, taken up by it, even filled with it myself. Yes, that would be very nice. It's this strange thing, the Light. There is of course sunlight on Earth, and that feels very nice to be in when it's not too hot; and occasionally throughout my life I met a person, even a customer who might come into the shop briefly, who had something else about them, but I never knew what it was, I was just intrigued or had my attention captured by them for a while. But over here, the Light, it's all present and all consuming. We don't have a sun as such, but there is a source of light, and I guess, Spirit Light – that's as good as a name as anything else. And it sustains you, you feel it coming into you in some way and it is keeping your spirit 'alive' I guess, even though not alive as what we're used to on Earth, alive or dead, but alive as in fuelling your spirit body so you can do all you feel you want to do.

And you can feel that spirit light in everyone, and then when you meet these Celestial spirits, they have this other stronger more empowered light about them, within them, coming from them. And when they open up more and 'turn it on' well it does have a power to it, you can feel yourself either being repulsed or drawn to it, repulsed when they are making you feel intimidated by their light, and drawn to them when you feel loved by them and not scared of them.

So to live in that light, with other Celestial spirits, and then with your soulmate (soul partner – one soul manifests two personalities, one female and one male always) and soulgroup (twelve soul partner pairs – twenty four personalities) as they talk about, it does make me want to get closer to them... yes, and be like them.

Still, the thought of having to work through all that's wrong within me, bringing it all out so I can see how damaged I am because of this Spiritual Rebellion we've all been subjected to... and then what you were saying John to James on the phone, the notion of seeing how I might have damaged my children, having to bring all that out and face the pain of all the pain I might have caused them to feel, that doesn't make me feel good. However, what am I going to do: live denying all of that for the rest of my mind life, pretending that I was the perfect parent and my children are perfectly happy with how I mothered them; and we all pretend we all love each other, and when they come over here they too get on pretending the same things? Do I say: it's okay mum and dad, you didn't hurt me, I forgive you, even though I feel so hurt by them? Do I just use my mind to cover over and deny the pain of such hurt? And do I expect my own children to do the same about their hurt I might have caused them? Do I go

along with everyone else being the same as them when you touch on the subject of not doing the right thing by your children, telling yourself you did the best you could, it wasn't your fault any problems they might have, and they will forgive you, as you can forgive yourself? All this so-called forgiveness everyone is so intent on – just forgive and forget; do a bad thing, say a bad thing, forgive them, forgive yourself, and we can pretend we all love each other. Keep being friendly and nice at all costs.

I remember when the children were young and I would worry about hurting them, doing something that would affect them badly; but would keep going telling myself what we all said: that we can only do our best and all the rest and all because we love them. Which is all very well, but like I feel from you James and understand about Marion, what happens to the child that is damaged and fucked up, do we parents just say, oh sorry about that but you'll work it out? We didn't know, we only loved you and meant no harm, god we didn't want to hurt you, we loved you, so don't blame us. But for the damaged child, what are they then to do; say, oh that's fine mum, I don't blame you for ruining my life, I understand, you did your best ruining me with all your love. I can't get away with it anymore James. And I don't want to; I don't want to live that way anymore. I have to start taking responsibility. And from what the Celestial were saying, the only way for me to do that is to do my Spiritual Healing because everything else is only more of the same, which is as I now understand, using your mind to rationalise, justify, abrogate all blame, refuse to take responsibility for your actions, using a mind-made forgiveness to gloss over everything blocking out all the bad stuff.

So I'm feeling sort of damned if I do and damned if I don't. And talking with mum about it, through her Spiritual Healing she felt all the pain of how badly she treated us John and Lloyd, and Joyce too. She said she suffered greatly, as did Nanna Beth when she had to come to terms with all the loving treatment she imposed on mum and the others. So I can see that as it has all been passed down generation to generation, we passing on the Wrongness of the Rebellion to our children, we all have to one day come to terms with that. And as difficult as it is, well if it has to be done, better sooner than later I suppose.

So these are my latest thoughts and feelings John. I am moving toward going with Marlon and living even perhaps in some way with him, or however mum would suggest would be best for me, for us both, and starting the introductory courses about The New Way.

## The NEW WAY The NEW WAY

And the other thing is, I've not really given much thought to God. Only in passing since my Catholicism faded and became less important in my life to all but non-existent. I would have pangs of guilt at times from what we were taught, and feel God 'over me' at times in some way, but it was never a nice loving God feeling, it being always more judgemental, like God might be displeased with me or about to tell me off, even punish me in some way. And then having come over here being amongst the other New Arrivals there's no more about God than there would have been with a similar group of people like this on Earth. But then when you have anything to do with the Celestials, God comes up more, sort of being unavoidable I guess as part of their desire to live is to become wholly at-one with God through God's Divine Love. And thinking about God in terms of: God who created me, my Mother and Father who do truly love me, I like that. And then thinking that I might be able to move up these spirit worlds to get to where this Creator of my soul, the Creator of me, might actually be, and that I might be able to meet Them in Person. Over here the notion of actually meeting with God, with my Heavenly Mother and Heavenly Father, doesn't seem so far fetched. In this spirit light I sort of already feel closer to Them than any time on Earth. They seem more real, attainable in a way, and I like the feelings that brings up in me.

# Boundaries of HELL!

Humanity on physical Earth is in Rebellion and Default, thus hell! Upon death we all arrive in the 1<sup>st</sup> spirit mind Mansion World where we typically suppress our poor state and remain in the mind Mansion Worlds indefinitely. Some have a period in the 'hells' compensating for the pain they have caused others. Many continue their 'mind worshipping'. However the way out is by embracing Feeling Healing, and with Divine Love, Soul Healing to progress up through the Crying Healing Worlds and transition out to the first of the Celestial Heavens.

## GATEWAY

Transitioning into the Celestial Heavens is also out of: **ISOLATION**



If you go against yourself, if you're untrue to yourself, then you are going against God and all God's laws, and compensation is required to bring you back into the fold, which is what happens through our Spiritual Healing. It's the Law of Forgiveness, forgiving yourself through self-acceptance, which is dominant in this part of your life. If you cross the line and abuse your children, that being up until they are 21 years old, then you have both levels and amounts of Compensation and Forgiveness to deal with, that which happens as part of your Healing. And as everyone abuses their children, we being conceived into our parents' rebellion against the truth of our soul, so all who have children have to come to terms with all they've done through their Healing.

Kevin 18 Feb 2019

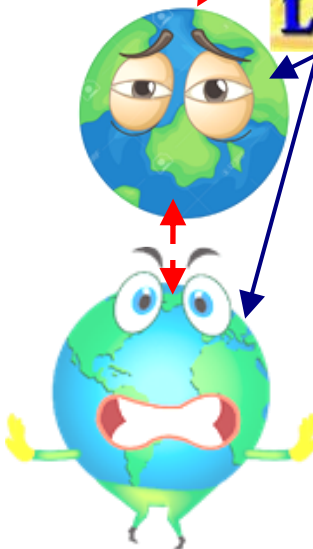
### Law of Forgiveness



### Law of Compensation

If you go against someone else, as in cross the line and grossly interfere with their will, and there are degrees of this, then you will have to suffer the pain you have caused the other person, spirit or creature, which as you know is the Law of Compensation; and as to the extent of crossing that line and hurting another determines whether you have to spend time in the hells or not.

Kevin 18 Feb 2019



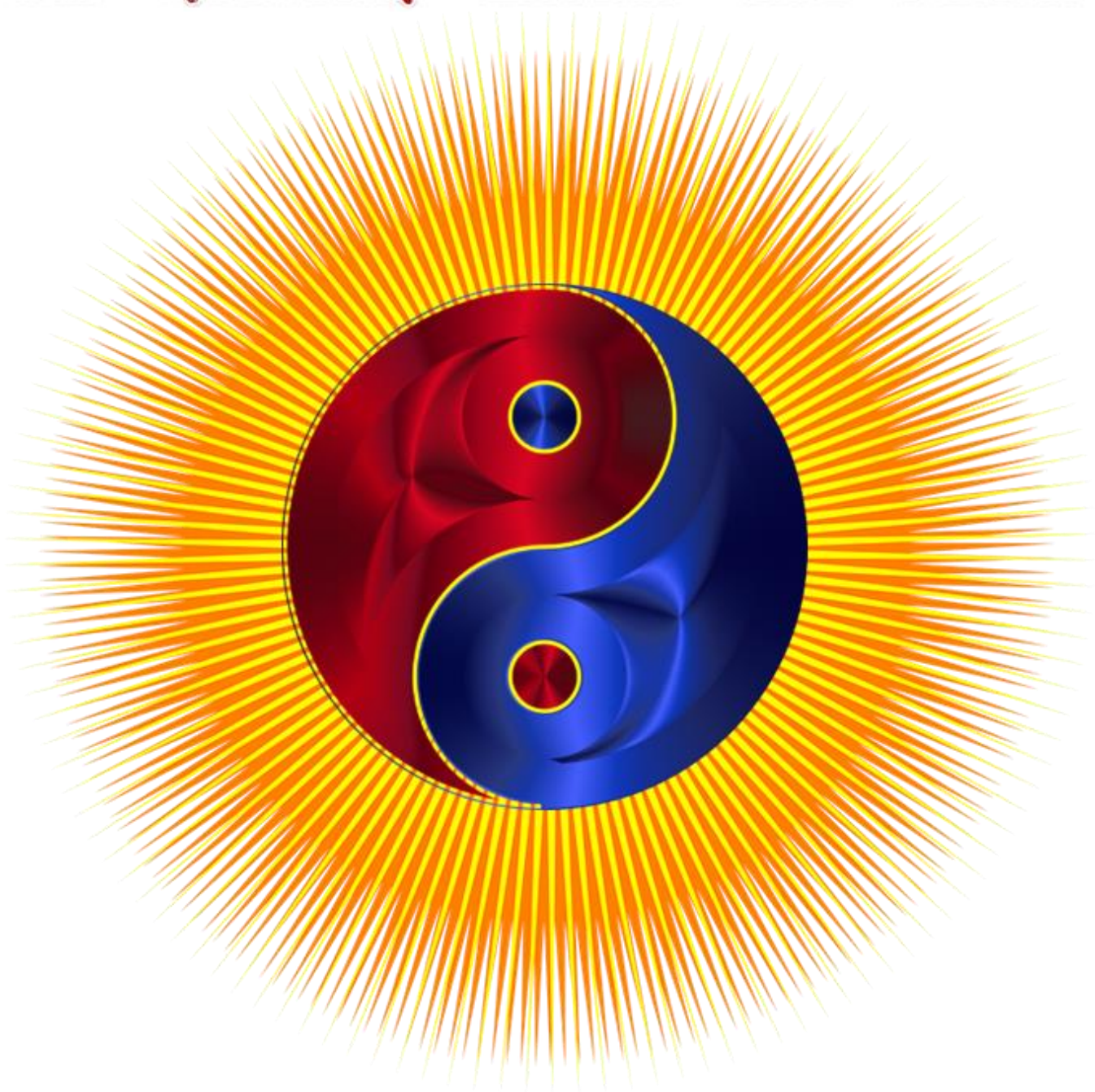
The minor 'hells' are the lower levels of the 1<sup>st</sup> mind Mansion World whereas the more severe are the Planes of Isolation being the 2<sup>nd</sup> Earth plane with the severest being the 1<sup>st</sup> Earth plane. Pain caused to another is the pain that will be endured before returning to the 1<sup>st</sup> mind Mansion World, all then to consider your Feeling Healing.



I have always loved God and wanted to be loved by God, those feelings being more from when I was a young child. But as I grew up and as an adult, God receded as I was more concerned with the practical realities of life, all the daily concerns, and God was more distant, if existing at all.

However, as I said, over here, look at this whole huge and new spirit World I am living on, then looking back at Earth, and knowing there are other higher Worlds, suddenly Creation for me has expanded, being filled with all these worlds and spheres, sectors and planes, and so many spirits in them all. If there are just as many spirits in this world as there are people on Earth, and then similar numbers of spirits on all these other Mansion Worlds, let alone the Celestial spheres where mum (Marie) and Beth live, god, how many spirits are there? And you think of all the people who've lived on Earth and who have died, and there's your answer! And then you think: well shit, my horizon is expanding, things are far greater than I understood; and so who created it all, and so you come back to God.

## Our Heavenly Mother and Father



And why have They – why have They created me? And being told by the Celestials that I can find out, well that gets you thinking; yes, I'd like to know why God did actually create me. Why did you God give me the Earth life I lived; why are You now giving me this spirit life? And having such similar thoughts on Earth, I never felt I was ever in reach of actually obtaining possible answers to such far reaching questions. But over here, well such answers might be in sight.

So this light, and all the other lights I'm involved with; and even yours James, as I can feel it coming from you as we write together, some of your thoughts and comments in your mind on things I say that you try to hold back not wanting to unduly influence or direct me, which I am grateful for, however it is all effecting me; and best of all, I can feel it doing so, and it's all very pleasant, not confronting, not fearful, and all still with no pressure, and that's one of the best parts.

It's all happening to me naturally, nothing is being forced on me, I don't have a bunch of 'New Way' spirits pushing their spiritual and religious agenda on me. I can't bear that, whereas this is subtly changing me – the light again. And it's nice. I want to change. And that too was new for me, it struck me last night, a realisation – I do want to change! I don't want to remain the same. I can see, and so many spirits I talk with say, they don't want to change, they love being exactly how they are, their new spirit life being an extension of their Earth life, that they couldn't be happier, and they would hate to have died and been forced to change.

But I want to change, and saying this now, getting you to type it for me James, I want to change a lot! The thought of not changing scares me, it repulses me, I don't want to be stuck in what I would feel as a rut, and especially now I've been given this whole new spirit life. God, I want to change so I can experience a different life, a different way of life, and so perhaps this New Way the Celestials talk about, would be such a change. I do worry it might be too much of a change, however I won't know until I start living that way, and at least as mum told Marlon and I, there is no expectation on us, and we can stop it if we don't like it, there is no pressure. And living without pressure, no expectations, I love that. When I feel them creeping up on me, myself putting them on myself, I quickly stop and remove them, I want to remain free and unburdened by a lot of self-imposed stuff I learnt to afflict myself with during my life. I did all that on Earth, it coming from my childhood and all the expectations of growing up, and I don't want to do that over here in my new life. The slate in some ways has been wiped clean, and I'd like to keep it that way. At least for as long as I can. I probably will burden myself again, as it's hard not to do so, it's all I've ever done; yet at least being able to see clearly that is what I have done, I can think about not doing it.

Thank you James for allowing me to speak my thoughts and feelings like this. More about me than what spirit life over here is like. However, as you say reading your thoughts, it is, isn't it, about the effects of the light, of living in this spirit World, of my new spirit life; this is what it's all about, which is what you would like me to convey to you, the more personal side of things for me. And I understand that's what you want more than just what the World is like and what we can do over here. Good, so I will continue this way with you.

I will go now. And to you John, I am so happy that you like all I am writing to you through James. It is something I never knew one could do, let alone that I'd enjoy doing it so much. Really I think it's the most important part in many ways of my coming over here so far. The fact that I can reflect like this back on my Earth life, and on my new life here in spirit. All of which is helping me become more aware of myself. And I like that, I have always wanted to get to know myself more. I never really had the time to give to myself, to take time out just for myself, to get to know myself, to examine my thoughts and feelings, to question them. And had I, I don't think I would have thought I could have found anyone in my life to share such inner parts of myself with. Ideally, to do that in all my relationships would have

been ideal, and especially in my marriage, however my life was more about dealing with all the practical realities, not trying to understand myself better. So now being introduced to that by these Celestial spirits, that it's ALL ABOUT GETTING TO KNOW THE TRUTH OF YOURSELF THROUGH YOUR FEELINGS, and nothing else matters, well that changes everything. It's then all for me, all about me, which does seem very self-indulgent, but hey, who's life is this!

So living it for myself, that is very appealing. They tell you over here in this mind World that it's all about putting the other spirit first, putting yourself aside, doing all you can to make other spirits feel good, not making anyone feel bad, being humble, not being egotistical, putting the ego, the self, aside, trying to be self-less, that's all the stuff Marlon talks about as to how to move up in the Worlds he knows. The more self-less you can be, the better, the more giving, the less selfish. However it's all about there being less of yourself. In one way it all sounds good, right and appealing, until you then listen to the Celestials who present just about the opposite, working to have the most of yourself present. They say, it's all about yourself, all for you, and not in a selfish egotistical power-hungry way, but for you in discovering the truth of yourself, who you really are, what you really are about, complete self-investigation through your feelings and not trying to control how you are using your mind. What really does make you tick, and why has God made you this way, made you be from your childhood as you are being this adult spirit. And that you can do your Spiritual Healing devoting every moment to yourself. It all, your whole life, being about bringing to light within yourself, all who you are, the truth of yourself. And that all your time is given over to yourself doing your Spiritual Healing, all so you can sort out and bring to light all that is wrong with in, all so you can see the error of your ways. And to not worry about putting yourself aside and doing all you can to help everyone else. Living by making yourself the most important person in your own life, not the other person; and again, not in a conceited way, but in a truly loving way, by allowing yourself to be all you are, all you are feeling, expressing and bringing to light all that's within you, including whatever might be buried in you, stuff you've tried to hide and lock away keeping hidden from yourself. To bring it all out, see what's there: hey, this is me, this is really who I am, what I am, what I am feeling, how I want to be and why, these are my beliefs, these are my good and bad behaviours all based on how it was for me during my childhood. This is all the good and bad me.

And yes, I like the sound of that. Surely God has created me to get to know all of myself, good and bad, rather than putting myself aside and trying to see how everyone else is. Does God want me to keep living by covering up all the bad and damaged stuff within me, all I might have suffered during my childhood and life that wasn't loving, to pretend none of that bad stuff happened, to keep blocking it all out and be like Marlon pretending to be happy teaching spirits all this stuff with most of them only taking a cursory interest in it. I can see he is having to strain himself to keep his lid on so as to keep going. I could see when mum (Marie) offered him an alternative way of living, and one he'd never heard about so never considered, he couldn't contain himself wanting to get straight into it, to see if it might offer him a way out. And a way out of what – the false life he has crafted using his mind since he's been here in spirit, and possibly how he's lived his whole life?

I'm meeting him tomorrow to discuss with him what both of us feel about what mum and the Celestials said. So I'm going to talk to him about some of what I've written with you James.

I will go now. I'll speak again soon James. My love to you John and Lloyd.

**CRYING WORLDS HEAL, the LOVE WORLDS LIBERATE PERSONALITY:**

To PARADISE, the HOME of OUR HEAVENLY PARENTS

# The Way Home



Council of Elders  
now around 20  
Soulgroups



Celestial Heavens are the Spheres of Love. One has to be a fully integrated personality, as in expressing all the aspects of one's self equally and lovingly, before one can leave the 3<sup>rd</sup> Celestial sphere – Sphere of Love, after having embraced the Way of Feelings.

When in the Celestial Heavens we work on bringing to light all the attributes of one's personality. We are to be a fully integrated personality, as in expressing all the aspects of ourself equally and lovingly, before you can leave the third Celestial sphere.

While we progress through the Divine Love Crying Worlds, we are to live true to our untruth, by living the truth of it. We only need to be true and perfect to our untrue state, and when we've done that, we're Healed. Even though we're still imperfect so far as fully expressing our personality, all of which we then perfect at the Celestial level. So really to qualify for the Celestials, that is about one living completely true to one's wrongness, and partaking of the Divine Love to a certain level, and then once that's done and being a Celestial, one can carry on bringing to light all those parts that one was denied the expression of whilst living untruth to oneself.

We are to uncover the truth of our untruth through the Healing crying Mansion Worlds levels (and their equivalent on Earth); and then once that's done, and with the appropriate amount of Divine Love in our soul warranting fusion with our Indwelling Spirit, we can move into the Celestial spheres of love (or their equivalent on Earth).

Earth has been subjected to the Rebellion and Default until now! As a soulmate pair progress with their Feeling Healing, the Rebellion and Default conditions are being cancelled.

We all arrive into the 1<sup>st</sup> Mind Natural Love Mansion World. Most continue their way of living without any awareness of the Feeling Healing process and the availability of Divine Love.

The 1<sup>st</sup> and 2<sup>nd</sup> Mind natural love Mansion Worlds are jammed to the rafters with spirit personalities. Those who progress to the 4<sup>th</sup> and 6<sup>th</sup> Mind Mansion Worlds are progressing further away from God, continuing with the Way of the Mind!





James: Before you go Marge, do you like Michael Jackson? Can you hear Marion playing him in the background?

Marge: I can hear him now you've made me more aware what the music is. I block out the background noise in your mind James.

James: Like most of my mind, it only being background noise worthy of blocking out – I like that!

Marge: (Laughing) Nothing like that James. I did like Michael's music. I wouldn't say I was a fan, more so when I was younger and he was more the rage. Then I didn't know what to think about all they said he was accused of doing with the children. I had moved on by then. I find listening to him whilst trying to concentrate on what I want to say to you and for you to write is too difficult, so I will continue blocking the music out. We did dance to some of his music the other day at the Hedaa markets, along with music from just about everyone else too, and some

**Hedaa** spirit music makers I wasn't familiar with. However at the moment I have no need for music or any of the arts to entertain me. In fact it's the opposite, I am relishing being able to have peace of mind in the sense of so few outside intrusions disturbing me, music included. I want to be with myself, with my thoughts and feelings I was talking with you about (making you type about). I feel that is too important to me currently, rather than being distracted by entertainment of any kind.

James: Is it hard for you to shut Michael's music out when we write together?

Marge: No, not at all, because your mind seems good at doing most of the blocking out for me, and so it's then easy for me to do the rest. You need to block it out to a degree so as to keep concentrating on what I want you to type, I can't just take over your mind and use your body to type what I want whilst you somehow go off listening to Michael.

I'd better go now and cut our connection. You are tiring, I can sense that, your back is aching badly leaning against the arm of your couch and your mind is struggling to keep going being tuned into me.

Bye James – Marjorie.

(For the record, should have Michael imposed his will upon other children in the manner that the media conveyed, Michael would have been required to compensate with time in the hells. He has not been required to do so! Michael Jackson has recently entered the 5<sup>th</sup> Mansion World, the second of the three Healing and Divine Love worlds.)





**MARGE – day 24!** (Eighth day in spirit Mansion World time!)

Sunday, 20 December 2020

Marge: I had a wonderful day today James. I spoke with Marlon about all and more I wrote with you yesterday, about all I am feeling, and he didn't block me, he listened intently, he didn't understand it all, however he was wanting to understand. He asked me lots of questions about myself, about mum (Marie), and told me what he'd been thinking and feeling, some of which I was able to help him put into context, which I felt very good about.

It was so good, being able to be myself like that, open and honest, with no pretence, no saying all the usual platitudes of being friendly. And all because I had nothing to lose. I don't care if Marlon wants to join me as we look into doing our Spiritual Healing together or if he decides against it. I am feeling, and more so having spoken with him, that it is what I want to do. And what *I* want to do, not something that we are going to do together or anything like that. I can feel within me that it has to be myself making up my own mind what I want to do and so how I want to be. So had he not wanted to listen to all I said, I would have felt that he's not right for me to be with in this way or ready to take that big step within himself into living such a different way, and I would have *nicely* let him go.

And then I met with Alicia and we had a long walk and a great talk. She is so mature in some ways, and yet also still a girl, and I told her what I wanted to do and why, all about the other way of living true to one's feelings, instead of how it is in this World living trying to perfect having your mind in control of everything you do. And she too didn't resist me, she could see, and quickly, for herself, all I was saying was right. And then she said at the end of our discussion that she wanted to come with me, and did she think she'd be able to come with me and Marlon to listen to what these higher Celestial spirits say. I was surprised and yet so happy she wants to come with me.

I told her I didn't see why not, I didn't know if you have to be a certain age to begin doing your Spiritual Healing, it being such a big thing and so centred around your childhood – do you have had to have finished your childhood, and so is there an age for that, 18, or 21, or is it different over here in spirit anyway so far as what denotes your childhood, and then the start of being an adult.

I told her I'd love her to come with me. I do really love her, there is something so special about her for me, I feel so happy being with her, it's an amazing feeling. I do feel very motherly of her, and yet it's also more, like she represents some aspect of my younger self, and one in which I was never free to explore and express. And so by somehow being with her, her energy, light, enthusiasm, is like myself able to live what I was never able to do. I know it sounds like living vicariously through someone else, and that is not a good way to be, however there's more to it too. I know I'm not her and not trying to live through her, but I can't help seeing aspects of my younger self in her, which as I said, I knew was in me and I wanted to express back then, but circumstance in my life didn't allow me to. And I know I don't want to influence her selfishly because I want to gain something from her, and we talked about all of that, which she was fine with saying she was more than capable of making up her own mind and that she too felt good being with me.

Anyway, after she'd gone, mum arrived and I asked her about Alicia and she said that up until recently there was an age limit on a spirit starting their Spiritual Healing, it being not so much an age as determined by the number of years lived, but where they were in themselves in their development of mind that showed them as being still in their childhood. But she said, owing to certain higher spiritual circumstances, changes to do with the Rebellion ending, which she didn't explain to me James, yet said you would understand, children of all ages are now allowed into the Healing Worlds. Previously she said they weren't even allowed to visit, but now they can live with their parents or custodian parental

spirits in the Healing Worlds. It's all very new and things are already changing a lot in certain parts of the Healing Worlds, all of which many Healing spirits are very excited about.

She said this is a huge change for such Worlds, one that has been long awaited, because previously, there weren't children in such Worlds, which meant, spirits doing their Spiritual Healing had to leave any children they might have behind in the Mind Worlds, having to keep going back into such Worlds to visit and be with them. But now spirits doing their Healing can bring their children with them, should their children want to come, and spirits can also have babies and families of their own as they set about doing their Spiritual Healing. (Miscarried, aborted and young children who have died are adopted.)

Mum (Marie, also John's mother) said because of this recent dramatic change in the Healing Worlds, it's going to change almost all aspects of life in such Worlds, or at least for a lot of spirits who are associated with children. She said spirits that want to do their Healing without being disturbed by babies and children will be able to move into child-free sectors, however for those spirits wanting to have children and do their Healing, it's the start of a whole new spiritual phase in these Healing Worlds.

She said, as Alicia is nearly of adult age in her mind, it doesn't really effect her, she will be free to live with me should we want to live together, and I would love that.

So I feel so happy, the two spirits I have met here in such a sort time, I am able to be with as we all take this big step of venturing into a whole new way of living life. I feel so excited, as do Marlon and Alicia. Alicia sounded excited by it all, but I'll still have to see how she feels about it during the coming days to see if really she is ready and wanting to take such a big step, so I'm not letting my excitement run away with me; yet still, I feel so good, the best I've felt since being here.

Mum suggested we again give ourselves a little more time to let it all settle in, we are free to visit the 'Celestial Sector' as she called it, here in this First World, where she took Marlon and I the other day; free to talk with Celestials there, as well as with other spirits like ourselves who are just starting out doing their Spiritual Healing. And then when we're all ready, one of the Celestial pairs will talk to us about where we'll want to live, and what they think would be best for the three of us, and then organise it all for us.

I could see mum was also very happy, although I could sense she wasn't going to let herself get carried away, waiting until we have all made our minds up more. And I thank her for that, for not trying to push me or encourage me, just playing it true and allowing me to make up my own mind. I know she understands how much of an effect she is already having on me, and so I guess she wants to try and limit that. However, she has nothing to worry about. Having talked with Marlon and Alicia; again, if they don't come with me, that's fine, as I know it's what I want. It's a strong feeling, and getting stronger in me James. I feel very determined to start, at least learning more about what to expect in doing my Spiritual Healing and setting out living this New Way.

So I wanted to tell you before you stopped reading through what we wrote yesterday.

I'll go now James and speak again soon. I am so happy – HAPPY SPIRIT MARJORIE.

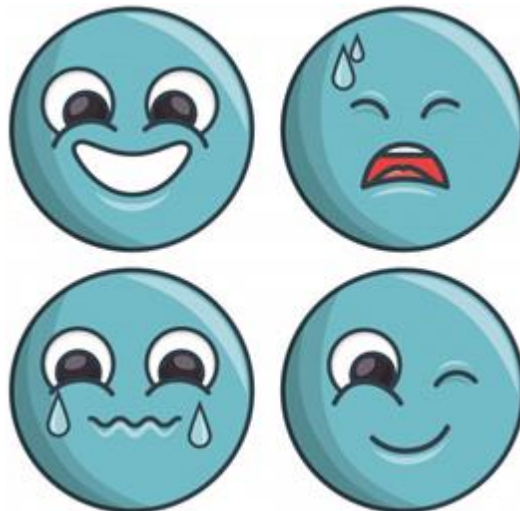
Bye James.



# NEW FEELINGS WAY



Finding the Truth of Our Childhood  
Through our Feelings Way



Feelings First Spirituality, New Feelings Way  
Feelings are our own Truth and Personality

**CHILDREN within HEALING SECTORS**

Monday, 21 December 2020

James: Hello Marie?

Marie, 1<sup>st</sup> Celestial Heaven – also Marjorie and John’s mother: Yes James, you want to talk with me about children now being allowed into the Healing Mansion Worlds (spirit Mansion Worlds 3, 5 and 7).

James: Yes. It being another significant point in humanity’s ending the Rebellion and Default (formally ended 31 January 2018). John will like that adding it to his list of major changes. (Marie told her daughter Marjorie (Marge) who’s newly arrived in spirit and who is deciding she wants to do her Spiritual Healing that a spirit friend of hers, Alicia who’s 15, can now also do her Healing, children up until recently not being allowed in the Healing Mansion Worlds.)



**Negative Spirit Influence  
blocked  
22 March 2017  
Law of Compensation  
quickenning  
22 May 2017  
Rebellion and Default  
officially ended  
31 January 2018**



Marie: Yes, Alicia is most welcome to move into the Healing Worlds and begin doing her Spiritual Healing, even though she is still technically a child. A child as defined by her level of mind development. She will do it as she completes her childhood, which is highly unusual and new for us Celestial spirits because such a thing has not as yet been allowed to happen because of the ongoing restrictions and limitations imposed on humanity both on Earth and in the Mansion Worlds preventing children to be influenced by spirits or people who are actively doing their Spiritual Healing.

Because, as you can image James, a child being affected by its parents and those adults around it who are doing their Spiritual Healing is going to be very different from a child who has suffered at the hands of their parents and adults about them who are ONLY of the Rebellion and Default.

So it means that both now on Earth and in the spirit Healing Mansion Worlds, children can now grow up with parents who are doing their Healing, so the child will be affected in all sorts of other ways to be revealed, all of which for us Celestials who are studying the effects of Rebellion and Default on all levels, presents us with a whole other dimension of discovery. For how are these children going to be, being part of the Old Way and part of the New Way; how will it effect their development and their adult lives? And will they want to keep going with their Healing as they attain adulthood; can they heal themselves being free of the Rebellion and Default by the time they reach adulthood? And all the different effects on them as to whether they begin as a baby being brought into the New Way and Healing way of life of their parents, or as a toddler, a young child pre adjuster arrival, a post adjuster child, a teenager. All of which is completely new for all of us over here, and you too on Earth, as it’s never been lived before. In all the two hundred thousand years of the Rebellion such a thing has not happened. So humanity is stepping out into another huge unknown.



**PARADISE**

Home to our Heavenly Mother and Father



We are to progress through NEBADON, our Local Universe, and then onwards - -

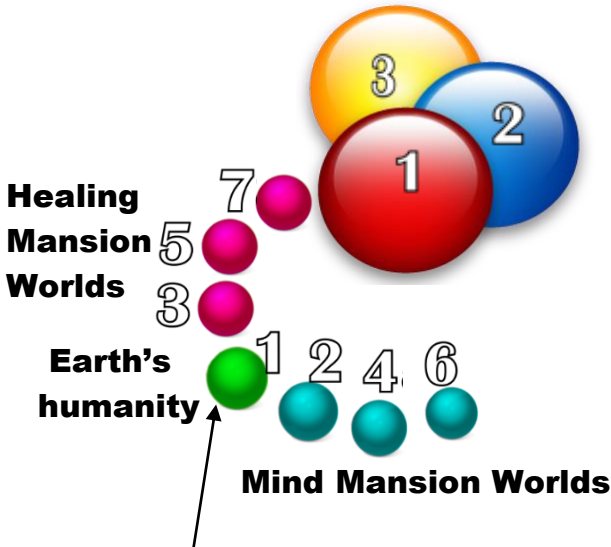


**SATANIA – System**

Earth is #606 of 619 humanities.  
Celestial Heavens Spheres

**Avonal AGE**  
GREAT **U-Turn**  
**End Times**

the **Handover**  
**THE CHANGE**  
**AFTERTIMES**  
**NEW FEELINGS WAY**



This is the time in the history of Earth's humanity when the greatest event ever experienced throughout its almost one-million-year history is taking place.

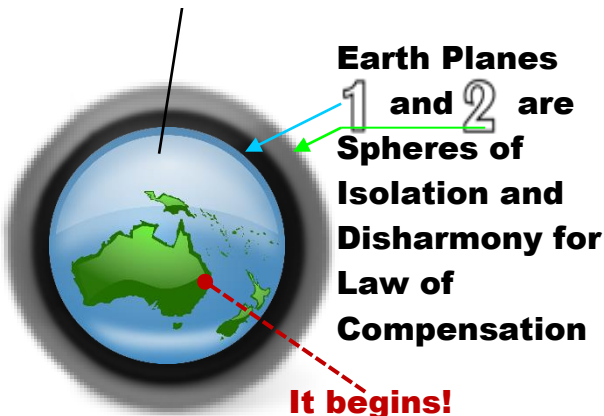
At the time of World War II, 1939-1945, Earth's humanity was around 2.4 billion. Given the major recovery issues post war, the duration could be said to be 10 years and then some.

What is unfolding for humanity now is a factor 100 times more significant, and then some. Not only is Earth becoming fully engaged, so too are the 2 Earth planes, the 7 spirit Mansion Worlds and the 3 Celestial Heavens. That is 13 worlds.

Earth's population in 2020 is approaching 8 billion; spirit Mansion Worlds 1 and 2 have approximately 200 billion; the numbers for the 2 Earth planes are unknown, however they are near capacity; the Mansion Worlds 3, 4, 5, 6 and 7 could be any number. The 3 Celestial Heavens have approximately 30 billion personalities engaged in assisting in these events and the administration of the coming Avonal Age. All worlds combined having in excess of 250 billion personalities – more than 100-fold. Now add the angels!

The Avonal Age is for the next 1,000 years, more than 100 times the duration of World War II – well, 40 generations of 25 years each.

Upon death of our physical body, we all transition to the 1<sup>st</sup> Mansion World



And it does signal a deeper end of the Rebellion, because now there will be people and spirits who grow up not 100% subjected to the Rebellion and Default, but parts of it, and all to differing degrees as determined by the age of the child as it comes into the New Way, along with how far along its parents will be in their Healing.

A child of say three years old is going to be influenced very differently with parents who are just starting out doing their Healing, as compared to ones well on their way in their Healing. As will a child who comes into the Healing worlds being one month old, six months, six years or ten with parents at all different levels of their Healing.



And then it waits to be seen if people and spirits more advanced in their Healing will want to actually adopt babies and children; or will people and spirits already have children they can bring from the mind worlds to join them in their Healing; and will people and spirits just beginning their Healing and understanding all the damage they might inflict on their child want to start a family in the first place.

You can think through all the different possibilities James: for example; spirits and people who are already in a relationship who both decide to do their Healing, and either already have children or want to start a family as they start their Healing; spirits or people who have started their Healing, meet each other, fall in love, decide to get married or be together, and then want to or do have a family, all as they are having to work through the difficulties of bringing to light and expressing their bad feelings so as to uncover the truth of their Wrongness.

James: Yes, I've been thinking through such situations. For me the main thing is that it does mean the Sanctuaries on Earth, as I have envisaged them, will have people living at all different stages and phases of their Spiritual Healing and being introduced into it, all mixed in together with children of all ages. There will be people doing their Healing with children or having no children, along with people wanting to find out about doing it with children or having no children.

**POTENTIAL to BENEFIT your CHILD through your own FEELING HEALING:**

**This steps down each seven years as the child matures**



**From conception to  
age 6 or 7**

**From 8 to age 14**

**From 15 to age 21**

**From 22 to age 28**

**As we heal, we directly heal our children similarly.**

**The Indwelling Spirit arrival for the child around age 6 or 7 starts their independence.**

Marie: Yes, it was when you started writing your movies about the Sanctuaries, including children in them, that the way was opened for us over here in the Healing worlds to include children. You never questioned it during your writing about it, and so that allowed it to happen over here.

James: It never occurred to me that the Sanctuaries would only be for adults doing their Healing. And had it, that would have not made sense, because what would be the point of that, the whole point of the Sanctuaries is to include children so people on all levels can be together. There would surely have to be

children involved so eventually children will grow up as perfect Celestial children. It could be that people had to do their Healing first, then become Celestial parents, whereas those people doing their Healing couldn't have children, however that wouldn't allow all the other in between parts that you spoke about with people, humanity, evolving their relationship with children through the doing of ones Healing. And being in the physical sexual world in which most of us are fucked up sexually as well as everything else, it would be hard to stop people having children whilst they were doing their Healing.

Marie: That's right, so it's to be a mix, babies and children becoming involved with spirits and people on all levels of their Healing as to evolve the maximum life experience from all that happens. It also means children in the Healing worlds, and in time on Earth too, will be around and involved with Celestials and not just people or spirits doing their Healing.

Celestial spirits will not be able to have families or become active parents, however in time on Earth that is to happen – Celestial Earth parents will be able to have children. However for that to happen, it means people being progressively younger in age will be able to complete their Healing, and really from all we can see, for that to happen, it would be from children subjected to their parents who are well into their Healing so those children are less affected and negatively influenced by the Rebellion and Default, thereby being able to themselves heal what will still need healing being younger adults and when Celestials are still able to have children.

James: Yes, I can see that, and that's how I thought it would have to go. Another part you told Marge was those Healing spirits who don't want children around are able to live in children-free sectors in the Healing Worlds.

Marie: Yes, for the time being, that is so. It wouldn't be fair to subject everyone to babies and children, especially those spirits who don't want to have anything to do with children. So they are being given child-free areas to live in, so everyone is happy with the new developments. In time, so we understand, those child-free sectors will end with there being no such separation and the Healing Worlds become more like how you see your Sanctuaries.



One of the things I told you last night as you were musing over such development was that because children weren't allowed in the Healing Worlds it deterred many spirits from starting their Healing because they didn't want to be separated from their children or they still wanted to have a spirit family in the mind worlds. So now all such spirits are welcome in the Healing Worlds. And already we are seeing something of a small exodus from the mind worlds and a big influx in numbers of spirits wanting to do their Healing with their family.

And everyone understands it's all new, so there will no doubt be many teething problems as the existing spirits adjust to having children around or move to avoid them, and as the new families of spirits with children sort out how they are going to organise being with their children and do their Healing.

Up until this change, it was all very orderly in the Healing Worlds, as you've been told, spirits starting their Healing would live in healing groups in dormitories, learning about it all, being involved in group therapy, and then having time themselves to work on themselves. Now with children becoming

involved, that's all changing. Some of the old structure will remain for those spirits who don't want to be involved with children or who are childless, and other Sanctuary type set ups are beginning, more along the lines of what you imagine James in your Sanctuaries on Earth. So perhaps how they evolve over here in the Healing Worlds with children will also affect those Healing Sanctuaries that develop on Earth.

## The New Way Healing Sectors

For the time being it's mostly in the Celestial Sector, as Marjorie told you it was called, that being the The New Way Healing Sector of the First World and then in the Healing Third World that we're seeing the most changes. We anticipate changes including children being slower in the Fifth and Seventh Worlds, as you might imagine, with those spirits being more committed to working on themselves, established in their way of doing their Healing and so not so open to being greatly disturbed by the inclusion of children.

However it is also understood that being with children, one's Healing might progress faster, for more bad feelings will come up when one is more intimately involved with parenting, especially with everyone understanding that the inclusion of all bad feelings is essential, and going to drastically change parental / child relationships.

As it is in the Mind Worlds, spirit parents control their children's bad feelings, firstly trying to not allow them to have them, and then if they do, quickly shutting them down in their child, children having to fit into the mind way denying so many of their feelings right from the start. And so for both those mind-children and their mind-parents coming into the Healing Worlds having to get used to allowing each other to have their bad feelings is the greatest challenge for everyone.

There are a host of Celestial pairs and soulgroups (12 Celestial soul partner pairs) involved with this change, lots of us have been preparing, although we've not had much to go on. Still we hope that from what we gain over here we'll be able to pass through to Earth so as to help those people in the Healing Sanctuaries and during the next Spiritual Age (Avonal age of 1,000 years).

James: And presumably there are lot of problems between mind spirits and their children about them leaving and moving into the Healing Worlds?

Marie: Yes. A child well established in the mind way of life might not see it as a good thing, for themselves or for their parents, to change their whole way of being. So still a lot of parents are deferring their moving to the Healing Worlds until their children are older and have 'left home'. But then to counter that, there are now more mind spirit children, like Alicia, who are old enough to decide for themselves to check out this new way of living and then if they want, to begin their Healing. There are even children finding out about it who want to do it yet their parents don't want to do it. So there are all sorts of problems emerging, all to be expected.

And then we had wondered before all of this, what about the babies and children who might be chosen by spirits doing their Healing, how should this all be set up; would the Angels know which babies and children are to be adopted by potential Healing parents, which of course they do know, but what I mean is, would they establish new nurseries and children areas containing the babies and children the Healing spirit parents can choose from, so having babies and children separated for those to go with Healing spirit parents, and those to go with mind spirit parents.



However so far, and it looks like this is how it will continue to be, there is no suggestion of any separation like that happening and spirit Healing parents are adopting babies and children from the regular nurseries and children adopting places from which mind parents adopt.



James: So overall it's another step of bringing the Mansion Worlds into a normal state?

Marie: Yes, eventually there has to be normal life, no mind controlling stuff, all spirits and all people on Earth, living naturally the New Way, so all the usual parenting taking place, nothing out of the ordinary because of the negative unloving influences of the Rebellion and Default. The Mansion Worlds as they are currently set up, being divided between the Healing way and Mind Way is a major distortion. Having worlds for only mind control is a major, major, major distortion. Then having Healing worlds to heal the distorted mind way, is a major, major distortion. So all that needs to eventually go, so with no one needing to do any Healing because there is no longer any trace or remnant of such mind controlling rebelliousness. However that is quite some time off. So the opening up of the Healing Worlds to children is yet another step toward this ultimate goal.

James: So how does it work with babies and children who are subjected to their parents doing their Healing – how does it affect such babies and children?

Marie: As I said, it depends on the level of their Healing the spirit parent is at, coupled with the age of the baby or child. However generally to answer your question James, the baby and child will develop being negatively affected to the degree of rebelliousness in their parents, along with being positively affected to the degree of how much their parents have Healed themselves.

James: However we are not really healing ourselves progressively through our Healing as I understand it, we're just becoming true to how fucked we are, with the actual Healing taking place during our



Transformation once we're true to our Wrongness. (Progressing from the 7<sup>th</sup> Mansion World into the 1<sup>st</sup> Celestial Heaven.)

Marie: That is right James, however as the parent becomes true to their Wrongness, bringing out their repressed feelings associated with it, that will still have a positive effect on their child, as it will mean the child will be subjected to less of a negative effect from the rebelliousness in their parents. Because the parent is becoming conscious of how rebellious they are, so the child will grow up being exposed to that, so not so unconsciously being inducted into the Rebellion by Default. The child will still be exposed to, and so become of, the Rebellion and Default, but not to the degree it would have been had it been parented by completely mind orientated parents. So the more feeling orientated the child's parents become, the more too will the child become feeling orientated, rather than wholly mind orientated. Only a child parented by Celestial parents will be completely free of the Rebellion and Default, so all we're looking at is how much less of an effect the baby and then child will be exposed to through its development, which is what we call a 'positive'.

## WHOLE DIFFERENT Way of Life.



James: And presumably that means the child who might grow up with parents doing and even completing their Healing, will still as an adult, have to work through whatever within it remains to be Healed. I guess it needs to be an adult to do that, as it can't start doing it itself as a child because it's still a child, still becoming of the influences of its parents and environment?

Marie: Yes, that's right. However as we told you through Marjorie concerning Alicia, it's not determined by an age, but by mind development. Alicia herself is well-adjusted on the mind levels so will basically be able to start taking responsibility for her Healing herself. And part of what might be intended for her, which will come about because of the closeness between her and Marge is that Marge will help her grow up more by being more of a motherly presence for her, although expressed more as a mature influence. So Marge will help Alicia mature the little more that she will need, which will happen as Marge encourages Alicia to start talking to her about any bad feelings she might have. Alicia being only in the mind worlds specifically for five years, will find she'll be able to move into allowing herself to express her repressed bad feelings relatively easily, compared to say a child who's grown up most of its life in the mind worlds. Still, as Alicia quickly upon her death and arrival in the First Mind World, being still the growing child, adopted the mind ways being good at living them, so it will require a little

of Marge's help to break down some of those mind barriers, which Marge will be able to do because she herself has not had time to work at living the mind way so fully in the mind Worlds, like Marlon has. So Marge will be instrumental in helping them both move to confront and then move through some of their mind-controlling barriers. And Alicia, because she is still in her childhood and soon to leave it, she will be easily able to grasp the idea of allowing herself to feel and express her bad feelings, moving through her mind blocks, whereas Marlon is going to find that part much more difficult as he's so much more entrenched in his mind way. He was secure in living that way on Earth and then moving even deeper into the Mind Way in the mind worlds, so he will find it all the more difficult having to confront such difficulties in himself. However what he does have in his favour, is because he has lived that way so much, and seen for himself that it doesn't work in the end, and he being more than ready to change and start living true to his feelings, he will be very determined to break down and move through all his mind resistance.

James: So what is the next change/s for you Celestials and the Mansion Worlds, can you tell me that?

Marie: Yes, as you already know them James. There is a change coming for us Celestials to be free to fully express our light to you on Earth. We would be able to help those people doing their Healing and who will have completed it, to us to live closer to you, we being able to impart more of ourselves, more of our light, more of the 'gifts of our light' to you on Earth. We are what you might call a resource for you on Earth that is working at say 5%, so when we can express ourselves with you to 100%, that, combined with the Angels also being allowed to express themselves at 100% rather than at about their current 5%, will mean things will start spiritually 'rocking along' for humanity in the Sanctuaries. When there are no restrictions between us and yourselves on Earth – that's what we Celestials are all

## Law of Compensation

looking forward to.

And along with that is another great change to come, the 'earthing of the Law of Compensation', which will mean the whole Earth becomes orientated more along the lines of the First Mind World. And it might not sound like a step in the right direction with everyone becoming yet more heavily mind entrenched, however it will be a step in the right direction compared to the wayward mess Earth has always been in through the Rebellion. Earth first needs to become an extension of the First Mind World, or, the First Mind World being expressed on Earth, so as to focus all people in the same mind-controlling direction. And then from that will come the inner and outer encouragement for people to stop living the Mind Way, they wanting to move into the Feeling Way. But for that to happen, the Law of Compensation first needs to be activated on Earth. Without the Law of Compensation, the truth about the Spiritual Healing will not be so active – willingly embraced; so ironically, the world has to become harmonised more in its mind-control for the Revelation of The New Way to sink in, to be offered as an obvious alternative: the Feelings Way versus the Mind Way.

## Feelings Way versus Mind Way

James: So Marie, when you said you Celestials will be able to express yourselves at 100% does that include you being able to affect healings through people, like hands on healing, as the Angels affect their healing of people – things like that?





Marie: Yes. The Angelic Healing will be miraculous, whereas our Celestial healing is more organic, more hands on, more in keeping with how people naturally would heal themselves. And we Celestials are currently not allowed to affect people, heal people, on Earth this way. However that is soon to change James when your hands on healing become activated properly. And not just in healing ways, but in imparting information of all sorts in a personal organic and natural way. The Angels too will impart information of all sorts but in an instantaneous revelatory way. We Celestials will work as we've worked with you James throughout your Healing, working with you by helping you to expand and grow according to the natural leadings of your soul, more personally involved with you at each stage of your spiritual development. So we Celestials will be involved with people all the time, like we are with you; whereas the Angelic involvement will be sporadic with most people. Your Angels are always with you, however not always 'injecting' revelation or understanding into you in a revelatory way. For some people their Angelic input will be constant, but in different ways to our constant Celestial involvement. The two ways, Celestial and Angelic, complimenting each other. And all constituting what is a full Spiritual Age for the 1,000 years. All of which you've included in your movies. Some of your movies have focused more on the Angelic side, some more with the Celestials and people doing their Healing, and then others a combination of both. All the essence of your movies are to be earthed. It's all in them James.

James: Thank you Marie, I will go now and think about all you've said. And I've got more bad feelings to express to Marion.

Marie: I understand James. Come back to me if you want to talk about it some more. Speak to you soon, bye now – Marie.

(Note from James: Don't stress yourself John trying to understand all of this as I haven't gone to any lengths with Marie to explain it, just enough for me to get the drift.)

## MARGE – day 26!

Tuesday, 22 December 2020

James: (Earlier today coming back from doing the shopping I thought I'd drive further to the end of the Island (Phillip Island, southern Victoria, Australia) to see how the seagull breeding was going at the Nobbies. There was nothing in my mind, then I had a thought about Marge; then another thought, and then we were having a conversation out to the Nobbies and back. Some of which I want to include now in this writing with her. There are times, where as much as I might like to speak with a spirit, it's just blank, I can't do it, then other times like this with Marge, it happens easily. She said she was speaking to me whilst walking in The Park. She was





walking and I was driving, all just in our minds, no need for phones!)

Marge, newly arrived 1<sup>st</sup> Mansion World spirit: Yes James, here I am again and now you're sitting on the couch, so I can detect from your thoughts, it was enjoyable talking with you earlier like that when you were in the car. And for me to be able to so easily speak with you, like you said, effortlessly and without my having to come closer to you – I was walking along a path in The Park, it is incredible how life over here in spirit is.

So to recap on what we were talking about in the car. I was telling you how I'm coming to realise, particularly having listened in again on your last conversation with John, that having this involvement with you on Earth and then with mum (Marie) and Nanna Beth being higher Celestial spirits, is, I can see, deeply affecting me, it making it easier for me to embrace such changes that are occurring within me, or possibly even making them happen.

Mum was explaining, as you were too in the car, how the Angels did a lot of deep adjustment work in me during my death, I can see that now, it's becoming clear when I compare myself to most of the spirits I have met here at the Complex.

As I was telling you in the car, I met a group of Newly Arrived Australians, they came mostly from Sydney and Melbourne, were all in their eighties, didn't know each other on Earth, yet have all gravitated toward each other here at the Complex. I heard them talking and introduced myself. I being a little more experienced now about certain aspects of spirit life, having been here for all of a couple more weeks compared to them who are still finding their feet, they were eager to ask me questions about all this "new spirit life we've been granted".

I don't know about it being granted, as it's just what happens – possibly a legacy from God granting you a new life because you've been good. Jokingly they are all so pleased that they had not gone to hell, still unaware of the reality that the Hells in the Earth planes are a real place and condition or state of mind that some spirits suffer, however I didn't enlighten them.

Why I am speaking about them with you James, is to tell you that having spent time with them over a few days now, it's becoming very clear that had not the Angels done whatever 'adjustments' they did to me, I'd be sitting here with these Aussie spirits feeling very much a part of their group. I was one of these people, new spirits, I am of their generation and have lived a life they could easily relate to having lived similar lives themselves. And listening to their hopes and fears, their plans for setting out in their new God-granted spirit life, that too would have been me saying the same things. But it's not me, not anymore, I am so different now. I sat with them feeling very different and apart from them. It was worrying in the beginning, but then it started to dawn on me just how much I have changed in the short time since my death and waking up. I have changed, as reflected in what I have told you James, you can see that in our writing together, I am not like these men and women, the types of people I grew up with and became. When I look back at myself before my death, I was not aware and nor would I have been open to anything like what I am now. And had my Angel Adjustments not occurred, I'd still not be open to any of it, wanting to be like these spirits happy to resume their old ways in their new spirit life. I don't do any of my old ways anymore, I hardly have any of the same old thoughts, my behaviour has changed in how I relate to these spirits, I am now, compared to them, a square peg in a round hole.

And I can see these spirits don't see me as anyone different to them, just as I wouldn't have been able to see a person or spirit like I am now had I come across them before I died and had the Angels not adjusted me.

Mum says the adjustments were because the Angels knew from my soul that I was going to move into the Feeling and Healing Mansion Worlds, that my 'time' being of only the Mind Way was to end with my death. And it sure has, that is so clear to me now, so clear, and that's what I wanted to say to you, it's so, so, so clear, chalk and cheese stuff James, which I was telling you in the car earlier.

So it's absolutely amazing, I can so easily imagine being as these Australian spirits are, I look at the women, and they are me, or how I used to be, and how I would have been had my soul not wanted to affect such changes in me. And my soul – I can accept it is my soul – and that too is so new for me. It was of course talked about, we've all got a soul and all that, but never before had I considered in the light of it actually directing and determining my life, it orchestrating everything, and so much so, that my Angels respond to it making adjustments within me that then allow me to change and start living being effectively like a whole new person.

God I think, that could be Ronald and I sitting there as a newly arrived couple in our new spirit life, happily chatting away with these other spirits, not feeling any different from them, even wanting to stay in touch with them, possibly develop friendships with them as we all moved out into our mind lives; and yet no, I'm about to leave this Mind World for a whole new Feeling World, or at least Feeling Sector in this World, but one that is so different from how it is here.

Whilst I was sitting listening to them I imagined telling them about the Divine Love, Spiritual Healing, the division of the mind and feeling Worlds, Celestial spirits, one's soul Ascension of Truth to Paradise, The New Way, all things I have so easily accepted as being the normal way of things in only a few weeks, and I couldn't see them accepting any of it. I could imagine their blank looks, like I've seen on other spirits I've broached such subjects with, the vacant stare like no one is home because they are not interested at all.

And then it dawned on me, oh god, if Ron, when he dies, doesn't undergo such an Angelic adjustment like I did, then he will be sitting there and I won't be able to communicate with him anything of what I am now about, just as I can't with these spirits. And then it would also be the same with my daughters, and the same with probably everyone I knew in my Earth life. I was of the mind way, I can see that now, completely of it, and not wanting anything to disturb me from it, it being, as what you said in the car James, that it was what my soul wanted, for me to be of the mind way, as I was, and my being completely oblivious to it. I was happy with my life, my beliefs and way of doing things, how I conducted myself, I wouldn't have wanted to change, and yet here I am now having these changes happening to me, I couldn't be happier about changing!

Then as you said in the car; that this Change is happening to me sooner rather than later, for reasons contained within my soul, and all I am going through is all every mind spirit will at some point have to go through, as we're not to stay bound up in our mind way forever.

And that is a big WOW for me. How incredible. So these spirits I was talking with will at some point in their mind lives undergo some deep inner adjustments, possibly affected by their Angels, and then those adjustments will start manifesting in their lives, and they too will start changing, feeling dissatisfied with how they've been, how they are, wanting to move on, and with new opportunities, new spirits coming into their lives, like it's happened to me with you James, Marlon and Alicia, mum and Beth, all helping me along in my changing, as these spirits will be helped along when it comes their time to move from the Mind Worlds to the Feeling Worlds and there to start doing their Spiritual Healing and live The New Way.

**Spiritual Healing and live The New Way**

So I am in a crude way, living their futures. I sit with them thinking, wow, you are setting off into this Mind World to further develop living with your mind in control of yourselves, carrying on how you lived on Earth, and then one day, you will be like I am looking at other mind spirits feeling how much you are changing and wanting to leave the Mind Worlds.

And I do want to leave them, the feeling is building in me, almost like I'm becoming allergic to them, I WANT OUT, I can't wait to move, I'm feeling impatient, I don't want to be here with these spirits anymore, they give me nothing, I don't feel I gain anything to help me in my spiritual growth from them. All I feel is drawn into their stagnation, into their mind control, and it repulses me, scares me even, to know that I was, and still are of course in many ways, just like them, not open to anything spiritually higher, so Earth focused, materially focused, not wanting anything to ruffle my feathers, nothing to confront my comfortable and secure way of living, nothing to jolt me out of my comfort zone. And now the jolt has actually occurred, and yet how considerably, how gently, so subtly, all so naturally, and hardly without my being aware that I was changing.

I'm back in my room having 'time out' talking with you James. I like lying on my bed speaking with you like this in my mind. My thoughts are clear, and as you are concentrating on typing, I can rave on, rather than us having a conversation like in the car.

So I want to say again, how incredible it is that I can speak with you on Earth, James, about all this sort of thing, it being what you love to speak about and are living; and then with mum and Beth – high Celestial spirits. And I am sure that is all what is contributing to the changes going on within me, having such input from outside, and yet with me ready for that. And that's right, isn't it, if I wasn't ready for it, if it wasn't my soul saying Marge, it's time for you to move on, none of this would be happening to me and I wouldn't be speaking to you or mum. It's all so incredibly amazing, and thrilling, I just had no idea.

So listening in on John saying to you James that he didn't think I'd be ready for any of this, he was sure right, I wasn't back then before my death, but now dear brother, looks what's happening to me! And it is real, I swear to you, I'm not making any of this up – and it really is me Marjorie your sister. If only we could talk now John, it would be all I'd want to talk with you about.

I visited you, John, the other day. Alicia and I came to the Earth plane as she wanted to 'meet' my family and see where I had lived, so we did the rounds. You were in your office and we were standing behind you as you were reading something on the screen. I didn't 'try to make contact' or anything, however I could sense in you some of what I have been saying just now, how much you too have changed, all of which I had no idea about. And how much it feels good. I will meet you, John and Lloyd, when your times come, I wouldn't miss it for quids, to be able to say, YOU'RE RIGHT! And look at me, as hopefully by then I will be well on my way in doing my Spiritual Healing.

Since discussing the Spiritual Healing with Alicia and telling her I am moving into a new Sector to look into it more, and she saying she wanted to know about it too, something markedly has changed also in her. As we were visiting my family and I was showing her some of



Australia (I tell you John, being able to zip about so easily, god is that the way to fly!), I started to notice changes in her. She was closer to me, more affectionate, which I gladly reciprocated. Then toward the end of our day together I began to sense that in fact she is not right in herself, she is very much full of grief from dying and having to leave her family being so young, and that some of how she is, being the 'organiser', is a cover for all the pain she has not dealt with, she busying herself organising spirits all to keep her mind off the fact that really she feels so sad not able to keep living with her family on Earth. She is very hurt by dying so suddenly, shocking, traumatising her, yes James, that's right, she is, and she's kept it all in, and I started to feel really she needs to cry and cry about it. I felt so sorry for her, which made me feel even closer to her, wanting to hold her and tell it's all right for her to have all these terrible feelings. And I could feel her moving closer to me, feeling better about being with me, that I do love her; and I really do, it is quite extraordinary feeling it so strongly and growing stronger so quickly. And that she can count on me, that I am there for her, that she can come to me, and I will mother her a little. I will not pretend to be a substitute mother, I'm not going to get into anything like that, but I can feel she still does need a lot of loving mothering, and I want to give it to her.

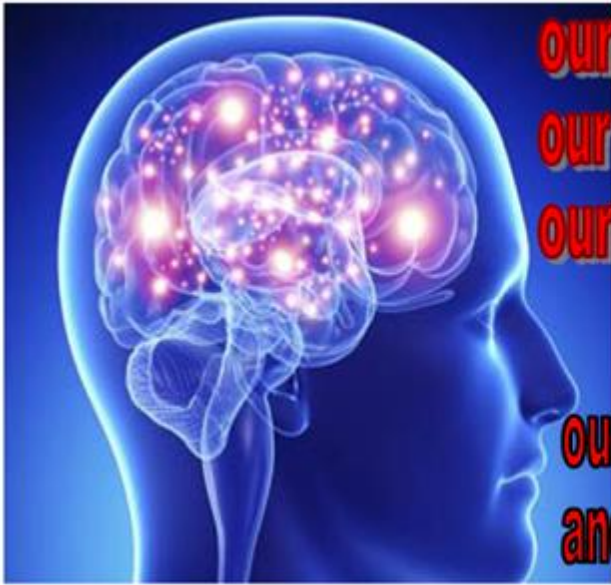
So I felt even happier, so happy that she still wants to come with me to the Healing Sector. She said if it's all right with me, that she'd like to live with me, and I couldn't be more happy about that. She just wants it to be her and I and not Marlon, and I understand and I agree with her, it's what she needs, and I would be more than happy to provide that closeness for her. So I've asked mum if she can arrange that, and arrange something good for Marlon so he doesn't feel like he is being pushed away, and she said she'd take care of it for me. Good having a mother in 'high places' – Ha, Ha!

So shortly, when mum has arranged it all, we'll move. Marlon is still more than keen, he's even been back to where we listened to the Celestials and got himself reading material and other information he's been looking at. He says he loves it all, it floors him to think this has all been there right under his nose and not a hint of it during his time in the mind worlds. So I guess his soul is saying time for you too Marlon, the Angels must have been doing some adjusting on him too.

So that's all I really wanted to convey to you James. I'm feeling a bit blown away with it all, to say the least. Everything seems to be happening so fast. I've never felt my life changing like this and so quickly – I've never experienced anything like this at all! And I am starting to love the whole spiritual side of it, meaning, that I am starting to become spiritual, me, Marjorie, that it's starting to become an important word in my vocabulary. And as mum has been helping me to understand, what the mind way calls 'spiritual' and 'being spiritual' is very different from the feelings way of living true to yourself through the truth that comes up in you as a result of living true to your feelings. There is so much to it all, but I'm loving that too. It's all so interesting – would you ever think you'd hear those words coming from my lips John! Me, Marge being interested in true spiritual things. I don't feel spiritual, however again when I look at myself compared to those other Australian spirits I've been speaking to, I feel like I'm miles away from them, higher in some way – more spiritual? We are all spirits, but they are spirits going nowhere other than deeper into their mind control; whereas I am becoming a spirit that's wanting to go the other way, out of my mind's control and into living true to my feelings.







**our MIND is a CONTROL ADDICT!  
our MIND is addicted to UNTRUTH!  
our MIND cannot discern TRUTH!**

**our MIND is within our SPIRIT BODY  
and orchestrates our physical BRAIN.**

**HEALING** ends  
**MIND-CONTROL!**



**our SOUL is our TRUTH!  
our FEELINGS are our TRUTH!  
FEELINGS FIRST, mind to follow!**

**all we need is WITHIN.  
our MIND suppresses FEELINGS.**



It's very appealing: living close to my feelings. So many of them I've feared and have believed were bad in that I shouldn't allow myself to dwell on them, so have done all I could to block them out – I'm seeing that more about how I am. I could see it with those other Aussie spirits, any bad feeling that might have started to come up, any sadness about them dying and leaving their families behind, especially their grandchildren and great grandchildren in a couple of cases, they'd do exactly what I would have done, push the pain aside, not give it any power, deny it, quickly laugh it off or dismiss it in some way, but as mum has been helping me understand, that is a very unloving way of being, using your mind like that to deny your feelings. And that we should allow ourselves to feel all our feelings, allowing them to be and have their say, all of which makes such perfect sense. And it being a far more loving way to be – loving of yourself by accepting yourself, accepting all your feelings. And yet again, I know had I been told that or read about in a book back on Earth, I might have thought, yes, that does make sense, however I wouldn't want to live it, and now I can't wait.

So I can feel I'm yearning for Alicia and I to be settled in our new place in the Feeling Sector, and then to gently start encouraging her to let her feelings come up and out. And I feel ready to be there for her to do that, to listen to however bad she might feel. But then I think about myself, and am I ready to open up like that... and well I might need some help there. It's easy to see the pain in Alicia, she being young and not so entrenched in her feeling control. However I am well entrenched. It's a nice idea thinking I'll be free in myself to express all that I've tried to keep hidden from myself and Ron and my family for so many years. I think I might need some more Angelic adjusting there to help me with that. Still, I'm feeling keen to start, to try at least, to see if I can do it. I do want to start my Spiritual Healing in earnest. And come what may, for as I said, increasingly I am wanting to put myself first, and if my Healing means an end to my relationship with Ron, with my daughters, were they still wanting to keep living their mind ways, well so be it. And it might sound harsh: give that Marge only a couple of weeks of freedom and she's off with hardly a backward glance and no thought to what she's left behind, well it's true in a way, although I am giving it all much thought, and yet if this is my new life now, well I can hardly go against my soul now, can I?

I have all these new feelings James, feeling good about things I've never felt good about before, things I didn't even know existed let alone I'd be interested in, even captivated by.

Alicia has been living with her sister, and when she told her sister about this new way of living, her sister scoffed at her saying she was going to be taken over by an evil cult. And when Alicia told me that I asked her what she thought, did she think it was an evil cult that might take her over, and she said that if I thought it was good and not evil, that was good enough for her.

As I've said James, she is such a lovely girl. She looks so beautiful with her Peruvian looks, her lovely skin colour and black hair and sparkling eyes, she's so alive, life seeming to be oozing out of her.

I will go now James, unless you want to try and get a word in. No... good; speak to you in the car or on your next walk or whenever. Marjorie.

Note from John, younger brother to Marjorie: To me, Marjorie is very excited about commencing to realise her potentialities through Living Feelings First which is also engaging in her Spiritual Healing and putting aside the repressive and constrictive mind living domination that we have all been introduced to and been subjected to. All of humanity is living in a kind of stupor and suffering some level of depression – that now can be changed. Further, I get the impression that my sister, Marjorie, is looking forward to Lloyd and I arriving into the 1<sup>st</sup> spirit Mansion World!!! Sorry Marge, neither of us is in any rush.

**Marge – day 27!** (this being 9<sup>th</sup> Mansion World spirit day!) Wednesday, 23 December 2020

James: Hi Marge, I'm getting hooked on needing my daily dose of 'speaking with Marjorie'.

Marge, newly arrived 1<sup>st</sup> Mansion World spirit: That's fine with me James. I wasn't intending to speak with you today, wanting to give you a break from me, however if you'd like me to continue...

James: I was wondering if you could please tell me more about how it is over there in your spirit life. Such as: how spirits do things, make things, whatever else you've seen.

Marge: My experience is still very limited James, however I think I know what you are asking of me.

To begin with, my personal hygiene – what do I do for that? Nothing! It's AMAZING, yet I do nothing about it, because there is nothing to do. Nothing leaks or drips or smells or gets dirty or grows unwanted hairs, it's such a joy not having to worry about such physical things ever again. Our spirit bodies are perfect for us, they don't require constant attention and upkeep, we don't have to do anything to keep them functioning well. AND GUESS WHAT? Some of my wrinkles are going!!! I'm looking younger!

I have been given some lovely clothes, spirits offering them to me in the markets, and I can fix my hair using my mind to be in a certain style. If I want my nails coloured or changed from my natural spirit body ones, there are any number of spirits in Hedaa's market willing to do that for me, and colour my hair, my eyes, tattoo my spirit body, body paint it, 'put a face on', all of which I can keep on my body for any length of time, until another spirit removes such things. I can have a different hair colour every five minutes if I want. And no one would complain, everyone loves it the more you want to do, because it gives them all more to do. And it's about the interaction you're having with everyone, everyone wanting to be nice, friendly and helpful in our all working together in our spirit lives.

**Hedaa**

I would have to learn how to apply such things as hair colour and body art, which would be easy to do as so many spirits are willing to show others how to do such things, all by using your minds to do it. However so far I'm happy to enlist other's help for such things, not that I am wanting to have my spirit body painted or tattooed, however I am auburn in my hair colour, a nice rusty red and slightly longer than shoulder length and dead straight with a straight horizontal fringe, very Cleopatra-esque, like one of those wigs you see some of the actresses wearing in movies, all very smart looking – at least I think so.

I am favouring a lovely floral dress and small belt that looks like a thin woven tree-branch; the beautiful autumnal colours of the flowers in the dress stand out shining like real spirit flowers; and matching my hair and dress I'm wearing beautifully crafted rust-coloured slip-on half-heel shoes that have a lovely oak-like leaf crafted into the front of them and fit so comfortably like my dress that I hardly know I'm wearing them. So I feel very gay sashaying around in my new ensemble. A woman spirit is creating a matching hat and scarf for me. And I'm wearing a beautiful satin-like set of lingerie, which feels so good against my



spirit skin. Everything here is designed to make you feel as good as you can about yourself. The temperature is temperate, perfect; Marlon says there are tropical hot areas, cold snowy alpine and hot dry desert areas you can live in. Every experience is catered for, so it seems.

I feel very feminine, more so than I did on Earth, and it's nice that men and women spirits all encourage the masculine and feminine expression. And it's not all sexual, although a lot is, but that's okay too, as it's not as gross as in the physical body. I have met a few gay spirit men, and they too relish their gay spirit lives, enjoying their gay relationships as they had on Earth.

It is very much a teaching / learning thing over here. Everyone is offering to teach you whatever you want. It's such a 'sharing' thing. You can see how people on Earth try to share and be as friendly and all-accepting as the spirits are over here, only Earth life is not as conducive as it is over here to such ways.

From what I understand, the construction of a building, for example, is performed by many spirits coming together who are experienced in creating all the spiritual materials to be used, all again using their minds. You think up what you want to manifest, you need to have the pattern or image in your mind, and then bring the imaginary form into being. I don't know how that works and it's a skill you can learn, however again I've not as yet wanted to 'think' anything into being, happy to take and use what other spirits have created. Then all the artisans or builders come together working at the construction which has to happen utilising certain spiritual laws, again which I don't understand yet. There are things you can and things you can't do, all depending on the Laws governing the spirit worlds. And then once your spirit creation is in existence it will remain until such time as you or other spirits wish for it to be dismantled, then apparently whatever it is can be changed into something else or broken down to cease to exist. So some of the bigger buildings and structures, so I understand, have been around for a very long time, tens of thousands of years so Marlon was telling me, and other more contemporary things come and go.



I've now been to a few other cities in this world, and they all seem to have a general architectural theme, so you recognise them by their having a certain feel and character to them; some which I like, others I can't stand. I have also been invited to some houses of various spirits, relatives of New Arrivals I've become friendly with, and their houses are similar to what I'm used to from Earth, only without all the usual appliances. One had lots of art in it, another was very Spartan, all personal choice and all different designs depending on the spirits who build them. And nothing that's really grabbed me yet.



I've been to other Parks all of which reflect a great diversity of spirit plant and spirit animal life. I am told that every animal and plant that's ever lived on Earth can be found somewhere on this World, including dinosaurs, which you said you've written about – 'Dinosaur World' for example; which Marlon said he's been to and it's great to see all the extinct flora and fauna, however as yet I have no desire to visit such places. Marlon says he'll take me around more whenever I like, but as I've written to you, I thought I'd love to have visited such places, but I've been too consumed with sorting myself out and coming to terms with all my adjustments I was talking about yesterday.

Yes; the Sectors and sub-sectors and so on are areas in which you can and can't go into. Apparently a spirit or group of spirits can apply for a specific area of land for their own use, and they can make it private, so a sort of barrier of light exists around it, which then becomes your own private sub-sector. And then there are more general and open sectors. Certain areas in the cities are not readily accessible to the public, whereas other areas are called open areas in which anyone can go. And really there are so many open areas that I've not worried about the private ones. And it's a feeling you learn, when you have that feeling you can't go there, and so you don't. It's off limits and you move on. So you can have your own 'piece of heaven' in which you can happily live by yourself or with whomever or whoever you want without any outside disturbance or intrusion from other spirits. And all spirits from what I understand willingly respect such privacy and don't want to intrude. Possibly some spirits want to know what's behind the barrier, and possibly there are ways of 'hacking' into such private areas, but that's not something I'm interested in doing. I don't care what people do in their private areas, and I'm happy we can have private areas and that everyone is not just open to everyone else.

Tomorrow, mum (Marie – 1<sup>st</sup> Celestial Heaven spirit) is taking Alicia and I to look at a place she has found that we might like to live in, and we're both looking forward to that.

You are asking James if you've seen any cars and planes and stuff like that having written about such things in one of your novels, and I have not seen anything like that, everything has been walking and bicycle riding. There are also lots of different 'craft' I guess you could call them, for getting around, sort of flying skateboards and hovering things. Some things look motorised, but all carrying only one or two spirits, nothing bigger. However, Marlon was saying he can take me to a city, and he said there quite a few like them, in which they specialise in mirroring certain cities or the likes of cities on Earth. He said there is a New York, Paris, London, Tokyo and Sydney (Australia) he's been too, and they have cars, buses, subways, aeroplanes and all the rest of what is in the cities on Earth; restaurants, cinemas, concert halls, stadiums, shops, apartments, and the usual things connecting them, roads, railways, the planes flying, ships, all so spirits can live as they did in such places on Earth. He said many spirits when people on Earth might have wanted to live in New York for example, but never could, so now they can. And many spirits as people loved living in New York, so they still can.

He said you can also go back to the Earth planes and pretend you are living in such cities and driving around in cars and all the rest, but you have to be a spirit in a person's car for example, whereas in the First Mansion World New York you can make or have your own spirit car. And he said, bizarrely, the spirits love being caught in traffic jams, love feeling irate and yelling at each other during peak hour, all mimicking their Earthly counterparts. I guess in time I will visit such places, just to see what they're like, however I have no intention of living in a city like that, I couldn't think of anything worse!

However as Marlon says, spirits want the experience, they want to experience all they missed out on Earth or recreate all they loved there; so there are spirits on waiting lists wanting to become residents in these 'Earth cities'. Marlon says all that's on Earth is represented in some way over here in this First Mansion World, and lots more, a lot of which the spirits intend manifesting on Earth. He says so much of what's on Earth has first existed in the spirit worlds, being 'passed through' to Earth, the concept and idea, how to build it and so on. He says all the science fiction movies, all the alien space ship stuff comes from the creative minds of spirits over here. He says you can go to places and see all sorts of UFOs flying around (unidentified flying object), whatever spirits can conjure up in their minds and then manifest. He says some of the UFOs people say they see on Earth are in fact spirit projections of UFOs from over here in the spirit worlds. Apparently groups of spirits 'specialise' in being able to combine the power of their minds to affect and influence certain things on Earth. So they love creating images of say a UFO, and ghosts, and other weird things to spook people on Earth.

Personally I don't know about any of this, however he's seen a lot and I take his word for it, and I don't see why he'd tell me such things if they weren't true as he's always wanting to do the right thing and be perfect and right.

Where the Complex is, and Hedaa itself, is more European with a touch of Mexican. The city itself is more stayed and European, and the American newly arrived spirits love visiting 'mini Europe'; all the galleries, the churches, temples and so on, graceful buildings, like they are going on a trip to Europe; and it is very nice, capturing lots of the nicest parts of European cities, then with the market more like a big Mexican market, or South or Central American market. It's very creative, and a lot of textile work, yet none of which I want to look further into and do myself; for as I said, none of how I was interests me enough to want to keep doing such things. I want to learn more about The New Way, that's all I'm interested in, which I am still finding a remarkable change within myself.

## The NEW WAY The NEW WAY

I want to learn about spiritual things James, and none of the mind so-called spiritual stuff; nothing about the mind-made religions, which I now understand have all been made up by people and spirits over here. I am told there are no churches or mosques or Eastern temples in the Feeling Mansion Worlds. (Mansion Worlds 3, 5 and 7.) There are temples in which spirits gather to long for their Mother and Father's Divine Love, and places in which to worship God in keeping with the truths Mary Magdalene and Jesus revealed, but nothing of the mind distortion that we know as the religions of Earth, which so many mind spirits still want to believe in.

The more time I spend here at the Complex, having more to do with other New Arrivals, the less I want to be here. Because I'm now something of an 'experienced' new arrival, I have been asked if I want to help other New Arrivals, to take on more of an official role, however I've declined such offers saying I have found something else I prefer to do. No one has as yet asked me what that other thing is, but I don't mind about that, as I don't feel up to trying to explain about the Spiritual Healing, Divine Love and The New Way.

Marie says (and I'm now more often preferring to call her Marie rather than mum, again another big change) if Alicia and I like the place she has in mind for us tomorrow, we can stay there, we won't have to come back to the Complex, she will organise our move, telling the Register spirits that we have moved on and left the Complex. She is so helpful, and as there is no one I'd want to say goodbye to anyway, I like the idea of simply disappearing from the Complex. Marie also says she's found a group of spirits in which Marlon would feel at home with, spirits like ourselves who are wanting to start learning more about the Healing. So he's going with her to meet them tomorrow too. He says he's fine with my living alone with Alicia should we want to and he living elsewhere. He is very understanding, I've been explaining this new found love I have for Alicia and he says he totally understands, he's known other spirits that have found they suddenly love another spirit with a strong rapport and connection seeming to come out of nowhere. I actually think he hasn't got much time for Alicia anyway, she's too young, and he doesn't want to feel obligated to teach her things, he now wants to teach only himself, he's looking forward to indulging himself with other spirits who are wanting to learn all you can about this new way of living. Alicia I don't think would want him to teach her, but he would feel obliged to do it, he wouldn't be able help himself because that's all he's done for so long. So he wants to break that pattern in himself, so possibly stay in a child-free area. I don't mind having children around, so we'll see what mum comes up with for us, she's not told me anything about it wanting to keep it as something of a surprise and not wanting to influence me in any way.



# NEW FEELINGS WAY

*Mother* *Father*  
**PARADISE** **SUPREME BEING**

HAVONA  
 ORYONTON  
 Superuniverse  
 NEBADON  
 LOCAL UNIVERSE  
 Celestial  
 HEAVENS

Living Feelings First, longing for the truth of our feelings and expressing them, both good and bad, is the new Feelings Way. It is the only way we can heal ourselves of our Rebellion and Default; our minds controlling domination of our true personality. It opens us up to our soul-based truth, and the love that follows.

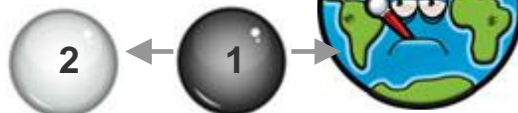
For the past 200,000 years, all of humanity has been enslaved to the controlling natures of minds. We now have been shown how to heal ourselves and set ourselves on the pathway to Paradise, to our Heavenly Mother and Father.

Possibly around 200 billion spirits live in Worlds 1, 2, 4 and 6. Many are ancient spirits content in their mind ways; some are perfecting their mind worship by advancing into the 4<sup>th</sup>; with those having perfected it in the 6<sup>th</sup> believing they are gods!

**DEAD END**  
 STOP



1<sup>st</sup> Earth plane is the darkest of the 2 Spheres of Isolation – Hells.



I'D TURN BACK IF I WERE YOU!

**MANSION WORLDS**

Our soul condition, personality traits, mannerisms, errors, beliefs and behaviour, ALL transfer with us, upon death, into the 1<sup>st</sup> Mansion World. Our controlling emotional and mental addictions all continue with us when living in the mind Mansion Worlds 1, 2, 4 and 6. Doing our Spiritual Healing moves us into the Healing worlds 3, 5 and 7, to be set free of them.

So it's all working out perfectly for us, so perfect, I can't believe it, I keep catching myself holding my breath waiting for something to go wrong, waiting for the good dream to end, but so far so good.

I'll stop now James; I am meeting Marlon and we're going to Hedaa for more of a look around. I'll speak to you after Marie has taken us to the Healing Sector.

Bye again – Marjorie.

**Marge – day 28!      Christmas Eve**

Thursday, 24 December 2020

Marjorie, newly arrived 1<sup>st</sup> Mansion World: I feel down today James. Mum (Marie, 1<sup>st</sup> Celestial Heaven spirit) has postponed our move until after Christmas.

Christmas, oh god, that's the last thing I feel like doing or being involved with this year. So many of the New Arrivals at the Complex are so excited about it, wanting to visit with their families back on Earth or be with their families over here. But I can't get into it this year, all part of my changes I guess. Really it's the last thing I want to do. Dad (James Hetherington Lloyd Doel – so many James!) invited me to join him and his family, other spirits have asked me to join them, I have declined all offers saying I will go to visit my family back on Earth, but I don't know if I will. I don't really see the point, being there with everyone when they can't see me, I can't talk to them, reading their minds, feeling their thoughts, good and bad, I don't think I want to put myself through all of that.

I feel torn, sort of like being caught in no-man's land. Do I keep up the ties with my Earth family, trying to still be part of it; or do I let them go, and possibly find a new 'family' who I can do my Spiritual Healing with? I fluctuate between the two, pulled to not letting go, and then letting go. If I let go there's a great sense of loss, and one that's very final, like I will have nothing and no one, no reason for living; it's strange, I have to keep being the mother to my children and grandmother to my grandchildren, it's all very important, and because why... so they won't forget me, so they won't cut the ties that bind me to them... and yet my death has done that to a great degree, I am no longer there with them, I have gone, left, I'm just memories now and mostly they still feel sad thinking about me. It will be a sad Christmas for them this year because I won't be there, and I don't know if I want to be there included in those bad feelings. It's too hard, it all hurts too much, being taken away from your family, the people you love and who you know love you. And I can't go to mum and Nanna Beth, they being Celestials with no such family ties anymore. I don't have a family clan over there to be part of as I don't feel any pull to be with dad and his 'people'.

Alicia says I can come with her to visit her family tomorrow when they have Christmas day, but I don't think I want to do that. Marlon has family too and has invited me to come with him; but no, I think I'll leave it all alone, be with myself, a time to reflect on all that's happening to me.

Christmas over here is big for some spirits, they are actively preparing for their celebration. I hadn't thought about it, haven't really taken much notice, but now it seems to be everywhere, so I guess the traditions we celebrate on Earth are celebrated over here too. Marlon says there are other quarterly, half yearly and yearly spirit celebrations in which a lot of spirits enjoy festivities; and then there are other occasions from time to time in which a lot of the First World celebrate – any excuse for a big party it sounds like, which I can understand, as so many spirits only want to be happy all the time, so the more they can get together and celebrate, the better.

I think my feeling sad is all part of my letting go, mourning my old life, feeling so good yesterday, and then today the opposite.

I was going to write saying I'm sorry for making you feel my heaviness, but I know you understand James. It's to be expected, as you say; and more of such feelings, they being what will start coming up for me should I want to start doing my Spiritual Healing.

*Spiritual Healing*

So let me explore these feelings some more. I feel sad that I am no longer the central controller of my family; yes James, you're right, that I no longer command having such power that was attributed to me

simply because I was the grandmother and mother. Power, I'd not thought of in that light before, however I see what you mean; and that now I have been stripped of such power, I am feeling lost, not knowing what to do, having no say, no control, no power in my family.

I was important before my death, so much revolved around me, now nothing does. Now I'm at a loose end, cut loose by death, alone, with no one, no one to love, no one who loves me, so many bad feelings James.

To think of being with my family, a fly on the wall, unseen, unable to hold and kiss and hug, unable to have our usual family arguments, all the good and bad times. Yes, I feel sad, a deep sense of loss. Such sadness and grief. So much has gone, ended, can't be ever again... no more love for and from my family. I've been so caught up in all the good changes in me, hardly having a moment to myself, all of which I guess has been keeping these bad feelings away.

I was listening to your phone conversation with Graham earlier today James (I hope you don't mind my listening in like that, it's hard not to as it's so easy to tune in on you now we've established this connection), all the difficulties he's having with his brother and two sisters, all his bad feelings coming up to do with his mother in particular, and now more so since she recently died, it all being stirred up in him because of his willingness to look into his Spiritual Healing.

And it made me reflect more on my own family relationships, of which, and especially now how I'm feeling, are not as good as I might have wanted to believe they were. I can see the cracks in them that have always been there yet I did all I could to not see. And if those cracks are only going to widen, then I dread what feelings will come out of them. And yet like Graham was saying, the falseness is all around, everything is so false, our lives, really what are they all about with so much of what we do covering up those cracks. I can see how I wasn't true in my relationships; how could I be, the relationships would not have been able to go on had I been more true to my feelings, they would have failed and I wasn't ready for that. But now being forcibly separated by my death, I have been wrenched away from them and so more the cracks are laid bare.

## *Spiritual Healing*

As I have been saying to you James, so many of the new arrival spirits want to get on remaking their old lives here in their new spirit life. They want to keep up the pretence that all is well in their relationships, mum (I'm back to calling her mum today) has been telling me more about what our Spiritual Healing involves, all that Graham was saying on the phone.

I felt for him James, I could see how difficult it is for him; and feeling rejected by your family, and feeling you need to reject them because they don't consider you properly, not interested in how you're feeling. I am in his position in some ways now James, I realised that during your conversation with him, for were I to go back and be with my family as I am now, I'd not be wanted, I am no longer their mother and grandmother, I've changed too much, I'd feel more like Graham does, I think. And that's the thing, isn't it, you can't go back. I can't go back, it's over; I mean, it really is over for me. So many spirits love that they are welcomed into their large extended family, slotting back into old relationships, making new ones, getting to know each other all over again, yet all because they want to live in this Mind World; they love it, they don't want to change and move on. Whereas I have changed, and so quickly, I am no longer the Marjorie I was, I'm Marge mark-two. And the new me can't fit into this World, nor back into my family were I to suddenly materialise back on Earth.

I can feel a big part of me wanting to believe that I could fit back in if suddenly I was given my old life back on Earth, and things would go along as they had, but that now is too unreal, it can't be. It's hard

having to face that I have moved on, changed, I'm different from how they knew me, they wouldn't relate to their mother and grandmother now. My young grandchildren probably wouldn't know I've changed so much, but I would be different with them. How could I be their grandparent now knowing what I do know about the mind way of life? I would surely want to try and prevent them from growing up being so involved in it, and yet would that be my business to do so? So many new things to think about now, life was relatively straightforward for me before, but now it's not. At least it's not when I think about myself in context with my old self, how I used to be. If I think about myself as the new spirit me, and all I want to do with Alicia and moving to the Healing Sector and starting a whole new way of life, I feel very focused, everything feels right, so if I keep my old life out of it, I feel like I felt yesterday, feeling so alive, so vital, so happy and looking forward to my new life. But then bring in my old life, I feel deflated, sad, unfocused, caught up in so many conflicting feelings and thoughts about everything.

I feel torn as I said, a part of me wanting to be happy with my new spirit life setting out in it like so many of the spirits around me are carrying on living what they are used to; and yet then I feel more unhappy with that way of life, not wanting to be part of it anymore, wanting to flee the Complex, and wanting to be with spirits who are like I am now, who've changed or are changing, moving from this old way to the new way of living. I wanted to be able to speak with you Graham, to spend time listening to your reflections and bad feelings about all that's happening to you, being able to share mine with you and listen to yours. I can understand Graham how you want to be with people who feel as you do, all so you can put more of what you are feeling in context, to know you are not alone in your new feelings, to understand there are other people feeling all the difficulties with their family, and all in the context of wanting to do your Spiritual Healing. Not just ordinary difficulties we all have, and going to a therapist or whomever to get emotional help; but all in the context of doing your Spiritual Healing so you can grow in truth and advance your soul in truth. I want to grow in truth, truth coming from my feelings; I understand that from mum and Beth, and you James. I understand there is a big difference, and feeling it in you Graham, you heading toward doing your Spiritual Healing, I want to be with someone like you Graham rather than try and fit back in with my family having Christmas.

*Spiritual Healing*

*Grow in truth, truth coming from our Soul Feelings*

I feel sorry for you Graham, that it's not all set out for you on Earth as it is for us over here. From what mum has told me it's all so well organised, so many spirits having done their Spiritual Healing over the years; but for you on Earth with no one to relate to, nowhere to go, no Healing Sanctuary as yet in existence, that would be difficult. Having so many bad feelings coming up and with no one to go to, no help with them; I know I will have such help, knowing the Celestial spirits will help me provides me with a big sense of security so as to move to the Healing Sector and start attending the introductory talks and everything else, meeting other spirits who I imagine will be feeling stirred up in their family feelings like you are feeling Graham.

And I have mum and other Celestials who are 'living proof' of the Healing; you don't have anyone Graham. So difficult it must be for you having to work it out yourself, travelling blind in it; I only have to think about mum and she connects with me in my mind and we can talk about whatever I want, she is always there for me, so I have immediate support to all of my feelings, knowing they are right and I am having them because of all the changes going on within me.



I am feeling a bit better now James, thank you again for allowing me to write all I have with you, it all helps, being able to express some of myself in this way, in all the different ways available to me.

It is all making me feel I am wanting to meet and be with spirits who are feeling feelings like you are feeling Graham. You said to James you don't mind living alone, yet doing things, you like being with other people; and I can relate to that, I am like that too, I couldn't do my Healing on my own, I want to do it with other spirits. I'm so happy that I'm moving to live in a sector that only has such Healing spirits living there; to feel I'm not alone in all I am feeling, to know other spirits are feeling as bad as I might feel. To know that other spirits have family issues, cracks, that they are no longer wanting to do all they can to hide all the bad stuff.

I can sense you thinking back over some of what I've asked you to write today James, and you're thinking that there is so much more to what I've said; and I should think there will be. I know I'm only starting out investigating myself this way, setting out to start my Spiritual Healing, and with such a long way to go before I come to terms with all of my rebelliousness – those cracks are going to become wide fissures. Still, it's a start, isn't it James; and that's all I can do.

I will leave you now. Thank you again for talking with me. If you don't mind Graham I wouldn't mind visiting you so I can tune in on some of your difficulties; and because of your relationship with John. I am interested in all that John is setting out to do. I've been asking Marie (mum) about it more, Pascas and all the rest John would like to have happen. I sort of have it in mind keeping in touch with all that you establish on Earth concerning the Healing; however that might only be for now yet another distraction from my own bad feelings and thinking it will be something to occupy my mind with. I have been even toying with the idea of somehow possibly helping you all with it, or being involved in it in some way from spirit, however once I become established more in my Healing, then perhaps that will become all-consuming, pulling me away from having anything further to do with Earth.

James: You're already helping Marge, our writing like this, it being part of what John wants and helping people by understanding how it's going for you.

Marge: I guess so James. I feel like I'm just thinking these thoughts to an invisible friend on Earth, you're like a pen pal I've not actually met. So in a way James, you're not really real, a figment of my imagination, even though Alicia and I did drop in on you and Marion the other day so I could get more of feel for you in your life. I wasn't going to tell you... I don't know why not... I think you might have thought I was intruding on your privacy – I hope you don't mind? I do feel a bit strange being able to so easily visit people unannounced on Earth, as if it is a gross intrusion of people's privacy... You don't mind my visiting any time James... okay, thank you, that's good to know.

I will go now. I'll speak to you soon James. Thank you again for listening to me. I feel a bit back to 'normal'... is that good or bad? Bye James.

**Marge – Day 30** (day 10 in Mansion World spirit time)

Saturday, 26 December 2020

James: Marge, how was Christmas Day (Friday) for you?

Marge, newly arrived 1<sup>st</sup> Mansion World spirit: It turned out all right in the end James. It started off as I was feeling the day before when I ‘spoke’ to you. I was still feeling very down, sad about it all, grieving about the loss of my family, feeling so helpless not being able to communicate with them, let alone actually be there in person with them. I was having memories about all the good parts of past Christmases right back to my childhood, feeling how much I loved them all, which I know wasn’t entirely true, filtering out any bad times and bad feelings; feeling if only I could go back now I would give my family the best Christmas ever, knowing it’s such an important time to show how much we all love each other, coming together at the end of the year. Nothing religious about it, just a getting together to celebrate our family’s love, our closeness, togetherness, feeling how much we love each other. I felt such an outpouring of love for everyone, far more than I ever did when on Earth, yet I could also see it was all only because of my separation from them, I was building our love and closeness up into being more than it actually was.

## Healing Sector - 1st Mansion World

Marie (mum and 1<sup>st</sup> Celestial Heaven spirit) suggested I attend a Healing group in the Healing Sector during Christmas day, as I’d decided I wasn’t going to be with anyone’s family, neither my own or Alicia’s or Marlon’s or Dad’s; no, I wanted to not do it and see how it made me feel. So I did what she suggested and attended a Healing group, in which most of the spirits felt many of the same bad feelings about the loss of love that it was bringing up in them because of not being able to be back on Earth with their family at this time.

They, like me, were also partially aware of how false it all was, this so-called love, yet it was strong in us all, a love for the past, a mourning. Really, as it was pointed out, it was our mourning of a fantasy unfulfilled, this so-called intense love we were all feeling for our families. It was pointed out by the attending Celestial pair, that were we actually able to be back with our families, we’d be back as we were back then, and not as we are now, feeling all this new intense love for them.

It took me a while, however I can see what the Celestials were getting us to understand, that we were wanting to project this love onto being with our families in the belief that we did feel such love for, with and from our families when we were with them. And it’s true, I loved my family, along with the others in this Healing group all loving their families, however we were all building this love up into something extra special now that we were feeling deprived of the love we had. And our believing we could in some way, were we to magically be giving another chance of having Christmas back on Earth in the physical, express this intense love we were all feeling. When the reality would be, if we did go back somehow magically, we’d soon be as we were back then, because that’s how we were, and all this magical extra love stuff is only a fantasy. It sounds obvious: but you can’t be something you are feeling now, then think if you went back into your past, you’d be those new feelings. Of course it doesn’t work that way, you can only be how you were when you were it, you can’t change the past by superimposing a made up better (or worse I guess) future.

So then the Celestials helped us work through why we felt this greater love for our families now at Christmas time (why not feel it all the time?). And for me it was that I was feeling powerless by not feeling important in my family life at Christmas so I was trying to compensate for feeling unloved, by

creating so much more love, imaginary love, that I felt such a deep love for all of my family, way more than I ever have, all of which was wrong, false and mind-contrived. And I also came to understand that had I not had the guiding hand of these Celestials, I might have used this increased intensity of love for my family to believe that this was actually how I did feel about them, that really I had such a deep love for my family, it coming out now. And I would have clung onto that making myself feel more important, more special, because I had such power being so loving. I'd never considered feeling loved and being loving, as having a power. That love equals power – with my mind wanting to see it that way, use it that way, having power over my bad feelings, feeling unloved, by blocking them out creating all this intense extra power I suddenly felt as love for my family.

If I'm honest, I loved my family, but never to the extent I was feeling yesterday. That was so intense, so amazing really, I was crying with such love for everyone. Then to look at it as a reaction to my actually feeling unloved, a way I have of creating this extra love to make myself feel more important, more special, more in control, more powerful and not powerless, having such great power to love everyone so much. I could even see why so many people want to emulate being Jesus or someone they consider was very loving. If I could love as Jesus loved, or how we're told he loved, then I'd be as powerful as Jesus! That I want power in and from my love, not just love for itself, but love for power. That the more loving I am, the more powerful I am. The less loving I am; the less powerful. All which is what the mind way of life is all about, trying to increase your love, being more loving, all so you can rise up in the mind worlds and feel you are more important, more powerful, and not at the mercy of feeling powerless and so not loved and not loving.

It was all an incredible eye-opener for me, and a good taste of what might be to come for me should I do my Spiritual Healing.

## *Spiritual Healing*

My mind was reeling at the end of the Healing group session, we covered a lot of ground with most of the psychology new to me, however presented all so I could see it, connect with it, feeling it through my feelings. None of it was purely mental or intellectual, it was all what we were feeling, exploring our feelings, following them along trying to see what they were showing us about ourselves. It was very intense, lots of spirit crying, lots of emotional releasing, and very enlightening.

I felt better for expressing all the emotion out of me I was feeling so bad about, and yet also worse by seeing I was making up this extra love for my family so as to gain power from such mind-derived love. It explaining why I was feeling so bad. That I can make myself feel and increase in love all to block out my bad feelings of not feeling loved because I couldn't be with my family. Wow, what an insight into yourself! I had no idea I was like that; however it's true, I've been thinking about it since then and I can see it more clearly. I have used what I have called love, as power. I used it over my children; I see my children using it over their children. And I was feeling very bad about being this way, however those bad feelings for the time being have eased off, which is I think because Alicia came back and she was full of excitement about being with her family, so she distracted me from my bad feelings about using my love this way.

And writing it now with you James, I still can't comprehend it fully, it is amazing, that one can use love for reasons of gaining power. And so as it was pointed out in the Healing group, if we can do that, then this love surely can't be real or true love, because love is love, love is not to be used in a good or bad way, it just is what it is – isn't it? So if you can say you feel love and yet that love is giving you power in some way, which means you are using it to control, then what really is that love? Is it still pure love if it can be used to gain power and take power away? I used my so-called love to de-power my children. "Mummy loves you... but if you don't behave..." then what, you won't get Mummy's love?

So what sort of love is this “Mummy’s Love”? Not very loving, is it? It being all about Mummy having power, controlling my children, forcing them to be how I want them to be, all under the guise of loving them.

Shit James, if this is what it’s all about doing our Spiritual Healing, then I can see it’s going to be hard work. Having to face such truth about yourself, and then having to deal with the bad feelings about seeing yourself using love to work an unloving number on your children, all to make yourself, at their expense, feel more powerful, to maintain your control as the parent. To de-power my children to make myself powerful, using love in such a manipulating way, surely that is not loving, and possibly even... evil? And then why do I want that control anyway... which leads back into feeling so powerless being so controlled by my parents. I had no idea James, no idea at all.

## **Childhood Suppression and its Repression**

The Healing group had twenty spirits like myself, we sat in a semi circle facing the Celestial pair. And it was full-on. The feelings and all their emotions were pouring out of us all. The Celestials never flinched, they loved it, you could see that, they were encouraging us to bring out all we felt, pushing, prodding and encouraging us to do so, confronting us hard at times, then being so loving and accepting themselves at other times.

I was blown away by how they were, such mastery, they ‘played’ the group like we were a piece of music they were conducting and orchestrating at the same time.

The Healing Session went for four hours, I was totally exhausted at the end of it, as we all were; we were all a bit stunned, shocked really... what just happened... what was that all about? I’m still ‘processing’ it – another one of those horrible Americanisms. However, some of them are appropriate, as I do feel like the whole experience is being processed by some part of me.

All these bits and pieces keep coming to me; I’m suddenly back in the group listening to something one of the other spirits said or one of the Celestials (who were a soulpair by the way – one soul and two personalities) or something I said; and suddenly I understand more things about it, or my thoughts would take me further into seeing something I hadn’t seen about myself or one of the others.

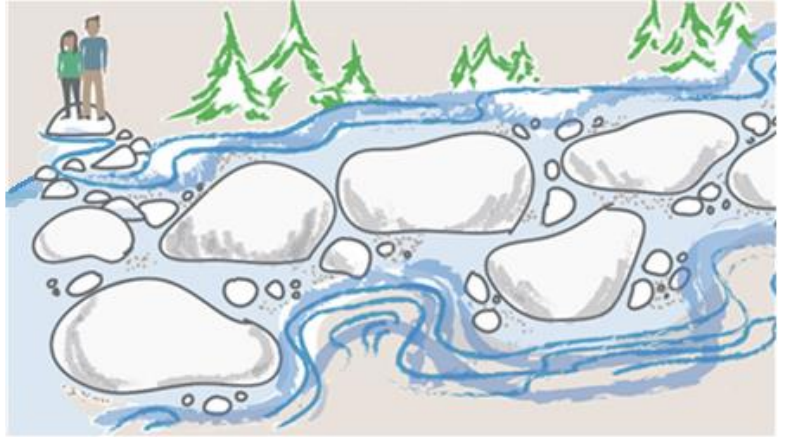
The whole Healing group experience was incredible, to suddenly be bearing your heart and soul like that, and all about love, analysing what your feeling of love is and isn’t – extraordinary. I thought we’d have a bit of a lecture or something, possibly express a few of our bad feelings a little; but no way, it was like we were all suddenly thrust into the thick of it, and that was perfectly natural. I didn’t feel self-conscious, I was expressing my feelings along with everyone else, saying how sad I felt, crying floods of tears, grieving over the loss of my family, angry with God for depriving me of such love, and then telling everyone in the group how much I loved my family. And we were all saying it, it wasn’t just me. And then to so gently (almost eloquently, now looking back over the session) be brought around to be shown for ourselves through other feelings how our love was for us to feel better, to gain power over feeling unloved and powerless. Then helping us relate that to how we did that to our children and all how it had been done to us as children.

Some of us struggled with all the parts of it, but we all managed to get there, no one left the group before it ended, no one rejected the Celestials, it was like something else was going on James during the Healing session, some other force or light was at work. I’ve never experienced anything like it. It was

like suddenly we'd all been thrown into the river of feelings, a river made by our own feelings, and as we flowed along in it the Celestials helped us to see certain things about ourselves.

I can feel you wishing James you had access to such Healing groups. I was tuned into you before we started writing this today when you were reading what Samantha had emailed to you about not having anyone whom she can express all she feels to, how difficult it is for her. And how she said reading about how it is for us over here, and especially as she'll read what I've just said concerning my first Healing group of The New Way, makes it even harder feeling so deprived of such help. I don't know how she and you can do your Healing without such help. Still I guess it's how it has had to be for you, Marion and Samantha.

## River of Feeling Life



I've only recently become aware of you Samantha, mum was telling me how much she's been involved (and loves being involved with you) with your Healing for the last year or so. It's all so incredible, how much the Celestials can and can't do, all because of having to comply with the mandates of the Rebellion and Default (the Universal Contract).

There is no way I could have done what you have done and are doing Samantha, it is simply extraordinary. Using the same words to describe something that is beyond words makes it all sound lame; however, to have now had a very small taste of what is to be expected in my Spiritual Healing, and then to think Samantha, you have been doing it yourself all these years, I can't fathom the enormity of it and all you must have been through.

All of us in the group were first timers in such a Healing group – although it wasn't their first session as a group. Some spirits afterwards told me they'd attended a lot of therapy groups whilst on Earth and even a little in the Mind Worlds, however all of them said they'd never experienced anything like what we did.

They said having been prepared more or less in what the Spiritual Healing was all about, and that they were all there with the same intention and for the same reasons, made in their minds the difference.

There is a common goal, aim, a specific direction in doing your Spiritual Healing. And it's a whole thing, something that can be achieved as demonstrated by the Celestials. It's not setting out to work on yourself because you've got this or that trauma you might like to rid yourself of, or because you feel depressed, anxious, sad, or because you can't maintain significant relationships for any length of time, and you want to know why. It's a whole setting out to bring to light the whole truth of yourself through your feelings, so it's all about all of you, much bigger than one small part.

The group of Healing spirits warmly welcomed me to their group. They said they'd been doing it for a month and had had eight sessions, so possibly this helped a bit too as they all pretty much knew what to expect. The Celestials said I was most welcome to permanently join their group if Marie thought it



might be good or I felt I wanted to. It was good to dip my toe in the deep end, giving me a lot more to think about it all.

Tomorrow, Alicia and I are moving to our new apartment, Marlon is moving to his in a few days time. He needs more time to finish what he does and say goodbye to family and friends. I asked him what does he tell his family and friends he's going to be doing and does he say where he's going, and he says he tells them that he's found a new spiritual way of living he wants to investigate, it being in another Sector, and everyone is happy with that. It's the sort of thing a lot of spirits apparently say all the time, everyone finding something new they want to do, and sometimes those things mean moving. He told them he'll be able to see them all still; however he told me, that if living The New Way is all he hopes it will be, then really he'll be happy never to see any of his family or mind-friends (as he now calls them) again. He says he wants to meet new like-minded about The New Way spirit friends, making a clean start, immersing himself wholeheartedly in it all. He's still very excited.

This might interest you James, it was a beautiful experience Marlon gave me the other day, and I was going to tell you sooner but I felt too bad.

He took me to a friend of his who is like a curator of a live spirit butterfly museum – a cute name, a Flutterflarium, as they call it. It was this spirits man's own private sector. He had about five thousand spirits 'working' with him, and the area of land was huge and covered by a very large and high net over all the trees.

Then within the sector (we had to 'fly' around it, it being too big to walk) were other minor parts of varying climate all artificially induced and maintained by the 'workers' so as to accommodate all the specific needs of their 'pets'. There were areas open to the public, however we were shown the off limit private parts.

It was simply the most beautiful experience I've ever had. He said they had every known butterfly on Earth in their spirit butterfly collection. The butterflies never died and were simply stunning with the spirit light picking up all their beautiful colours. And not only butterflies, but moths of all sizes, and all their incredible looking caterpillars living in the grasses and on shrubs, trees, whatever they lived on, on Earth.



And included in the collection were butterflies from long ago, ones now extinct on Earth, which he said came from older and ancient spirits who could remember what they looked like.

And there were countless numbers of them, all fluttering about obviously happy in their spirit lives. And they were so friendly, they would land on you, fly with you, great clouds of beauty flashing their amazing colours about. I had no idea that Earth was the home of so many butterflies, it's staggering the bounty of nature. He took us to one section that was kept separate from all the others and the butterflies in this area where the mind creations of the spirits who maintained the museum. And although no better than nature's butterflies, and some I didn't like, it all showed me just how incredible God is as expressed in the beauty of Nature.

If you wanted a boost to feeling good, those butterflies sure are where to be!

Marlon was saying he'd been to similar places with all sort of birds, specialising for example in parrots or tropical honeyeaters, and insects, everything that is on Earth, and seems to have been on Earth, is 'collected' and maintained in one way or another, according to him. And seeing all those beautiful butterflies fluttering about in the spirit light, I can understand why you might want to devote your spirit life to being with them.

They don't require food or need to be breed, however the presence of being with the butterflies was what kept them all being in existence in the Mind World. Neither Marlon nor the curator seemed to know how the butterflies were kept 'alive' as spirit butterflies, something I've been meaning to ask Marie about.

The Curator, Dean, said periodically they have 'release days' when those selected are let out into the greater Mind World. And those released are then replaced using the minds and desire of those spirits involved in wanting them replaced. So they are sort of always 'making more of them', which again I didn't quite understand. If there is one in spirit existence they can 'think' others of its kind into being. There were multiple copies of all the ones we saw flying about. So again, just another wonder to live with over here in the spirit worlds.

It's interesting how these and so many spirits want to keep a close connection with Earth, they visit the Earth planes looking for new species and specimens to 'bring into being' in spirit. I would have thought they'd have found every specie by now, however he says they haven't, so they are surprised every now and again. He says part of the fun of making a 'new discovery' will be finding a variant of an existing specie, like a mutation within the specie, so they are always on the look out, which is as you might imagine much easier to do being a spirit than it is trying to capture live specimens in the wild having to deal with thick tropical forest in many cases. So the spirit 'collectors' can follow individual butterflies around, examining and comparing them to others of their kind, they being able to go into inaccessible areas on Earth from spirit with ease.

It was lovely to see them all and to listen to the passion the 'workers' spoke with about their love of butterflies. However again it made me think – is that the sort of thing I might want to do for the rest of my spirit life? I consider everything "for the rest of my spirit life", because, even though I know you might change and do other things, still, thinking of it long term like that helps me feel, no, it's nice for a visit, but not long term. And then I think: Is there anything I would like to do long term over there in the Mind Worlds...? and nothing comes to mind, only the same feeling of wanting to move on, away from it all, with the notion of spending years working on myself doing my Spiritual Healing being more beneficial to me than tending to beautiful butterflies.



I will go now James. Thank you again for allowing me to come to you like this. Alicia has come and wants me to help her get ready for a Christmas party she's going to with her friends. We might go to the Market and see if we can find her something new to wear – a pretty exotic butterfly dress perhaps?

I'll speak to you soon – Marjorie.

**Marjorie relocates to Healing Sector**

**Day 31**

Sunday, 27 December 2020

Marge, newly arrived 1<sup>st</sup> Mansion World spirit: It's been a big day today James. Alicia and I have moved into our new lives. Marie took us to the Divine Love and Spiritual Healing Sector here within the First Mansion World, having organised a lovely apartment for us to live in.

## **Divine Love and Healing Sector - 1st Mansion World**

We succeeded in finding Alicia a very beautiful butterfly dress, pretty large purple butterflies on a deep blue and green background. She looked so pretty, all her friends loved it, she felt so good and had a great time singing and dancing. They went to see a band, some group, I've forgotten its name, it's a Peruvian group she enjoys the music of.

Then in the morning, early, Marie (mum, 1<sup>st</sup> Celestial Heaven spirit) took us to where we are now. I'm here in the apartment having been out 'shopping' with Alicia, and we're organising where to put everything.

The apartment is in a large apartment complex filled with other spirit families, lots of girls about Alicia's age, it's perfect. So I thanked mum as Alicia won't feel too alone removed from her friends in the mind Sectors, she's already introduced herself to the neighbours up and down and is there now in one of their apartments. She is coming and going, with everyone wanting to join in helping us move furniture in, making suggestions where to put things, all of which is new for me. At first it was a little confronting. I had vaguely thought about getting a peaceful place just for myself, I'd not thought it through properly; and so now, being here surrounded by spirits of all ages coming and going, being adopted into an instant new community, I thought, to hell with it, if I'm starting my new spirit life and it's going to be based around expressing feelings, this environment will no doubt make me feel a lot of feelings, so I'll just go with it.

So having changed my mind, making that adjustment to alter my outlook, I've been enjoying all the comings and goings. So many spirits have been offering us things, so I've had to say no sorry to the ones we don't want, however no one is offended, they laugh and say we've all got different taste and as you can't fit it all inside...

We're midway up in the apartment block; it's largish with two bedrooms and a nice lounge. We don't need anything else, no bathroom, no kitchen, all of which is such a relief. And best of all it's got a lovely homely feel to it. It's got medium dark pinky-red wood trim and the same colour 'wood' floor; or the closest to wood it is, I don't know what spirit things are actually made of. The walls are white, it's spotlessly clean and cosy. I've been mostly allowing Alicia to decorate the lounge room as she wants, and I like her taste, it's very aesthetically pleasing, matching her butterfly dress and Peruvian style. And in my room I'm keeping it simple, just a bed and places to keep clothes, a small table for my trinkets and any jewellery I might acquire, and that's about it.

Another wonderful thing about being here in the First World is there is no theft, no one would dare steal from another or you'd immediately suffer the consequences of the Law of Compensation, as Marie calls it. And if you wanted something anyway, you only have to ask where you got it from and its maker would probably be more than delighted to make one of your own. You can have all the gem stones and gold you want, and as they don't have a monetary value, no one is going to take them for that reason. So we don't have to lock the door, it would be unheard of! It does however take some getting used to, I still automatically check for my keys and purse and all the rest.

## **Law of Compensation**

The apartment complex is situated in what you might call a suburb of similar complexes. They are all very tastefully designed, and have not far away a large area designed for younger spirit children to play. Thankfully where we are their noises can only just be heard outside, but not inside. Thank you Marie!

Alicia just came in with a young girl her own age she's just met and already they look like good friends. She is beaming with all the attention. Mum 'thought called me' just before we started writing James, saying she wished to meet and speak with me. I have just told Alicia that I am going now to meet Marie, she is smiling and waving good-bye, saying she will finish "organising" the apartment. She has other clothes she wants to collect from her sister's apartment.

So I will go now, this being all in real time James: I'm walking out the door of the apartment onto a long balcony that runs along the front of all the apartments on each level to an area at the end that is like a mini helicopter pad which is the perfect coming and going place. Another spirit woman standing there just vanished, and now it's my turn.

I think of being with Marie, I have no idea where she is other than somewhere within this Spiritual Healing sector and at a Park. So hold on a moment whilst I will myself to be with her...

...Okay, you're still with me, so here I am now standing in front of her. She smiles at me and turns to start walking along a grassy path surrounded by trees I don't recognise. We are the only ones here, it's very quite with a nice ferny-glen feel to the area.

I walk along beside her. She is looking radiant as usual, allowing more of her spirit light to shine forth being alone together like this; and as she just said, as she's listening to what I am asking you to write for me, that she can be more her true spirit light here in the Spiritual Healing Sector than she can in the mind worlds. That her light, it being of a higher vibration to mine and the spirits living in this sector will add to keeping the light 'brighter' than that of the surrounding mind sectors.

The whole feel of this sector is not as heavy as in the mind sectors, it's sort of 'lighter', as all the spirits here, including all the one's we've been meeting at the complex are learning about or actually starting their Spiritual Healing. The whole Sector, and I'm told it's relatively large as Sectors go, is ONLY for those spirits starting out longing for the Divine Love of God and doing their Spiritual Healing. I'm looking forward to talking with some of them about how they came to be in this sector and what they think about the Spiritual Healing.

*Spiritual Healing*  
*Longing for Divine Love*

Mum is explaining to me that where Alicia and I are now living is a relatively new addition to the Healing Sector because of the inclusion of children I was telling you about the other day. She said my being involved with all the families and children will stir up a lot more feelings for me, that things will get pretty intense, however she feels I should be able to deal with it all.

James, can you please write Marie's and my conversation, instead of my having to tell you it all in my words – is that alright with you? Yes; good.

Marie, 1<sup>st</sup> Celestial Heaven spirit: I want to talk to you about your writing with James, following on from what we were talking about the other day. (Which I didn't tell you about James.)

Me (Marge): About why I'm writing this with him, telling him some of what's been happening to me?



Marie: Yes. For him it's to help him fill out his Revelation, fill in some gaps in his understanding about spirit life; and for you it's helping you integrate all the changes you are going through. You don't understand how deep the change is that's been affected in you by your angels so you can move quickly from being of the mind way of life to this feeling way. It's not usually what most mind spirits experience, with their transformation taking a longer time. However we have wanted you, Marge, to demonstrate in something of a condensed form what people and mind spirits will undergo when their time comes to begin their Spiritual Healing.

## The NEW WAY The NEW WAY

Me (Marge, newly arrived 1<sup>st</sup> Mansion World spirit): So everyone does have a specific time to start living The New Way; it's cut and dry, it being what God wants?

Marie: Yes. Although for some people and spirits, like how it's going for you, the change will be very obvious, whereas for other people and spirits it might be more drawn out. However, when such people and spirits look back they will see there was a definite definable change.

Me: Are more spirits waking up now because of all the changes coming about from the ending of the Rebellion, or is it consistent in number as it has been?

Marie: It's still a consistent number, however soon it will substantially increase. Other changes are soon to occur on Earth and in the Mind Worlds causing a lot more people and spirits to start waking up to the error of their ways. And so part of the reason for you writing with James like this, is to help people and spirits to understand what might be happening to them.

Me: Spirits too?

Marie: Yes, many mind spirits will read what you have both written together. They will read over the shoulders of people they know on Earth, and through word of mouth will recommend reading his (James) books. The momentum is to build with increasing numbers of mind spirits and people finding out about this alternative way of living, something they might like to consider in the light of how they are feeling – all they have tried yet gaining limited satisfaction from. It is to be made known that there are the two ways of living available, and the strengths and difficulties of both, it all being part of the push to introduce a higher spiritual understanding. (Books written on Earth are 'copied' by spirits and spirit world published!)

Me: So this is all what you're involved in mum?

Marie: Yes, all us Celestials of the lower Celestial spheres are working toward this end (Celestial Heaven spheres 1, 2 and 3). We're all helping to prepare for the coming Changes. All of which revolves around a Spiritual Awakening for humanity on Earth and in the mind worlds. People and the mind spirits are spiritually stagnant, spiritually decaying. The religions have taken people and mind spirits as far into their rebellious denial as they can. These people and spirits can't go any deeper in denying themselves. They can't further their mind denial by evolving their religions further into the Rebellion and Default, because those things have ended so far as being evolved themselves by the higher rebellious spirits. So without the continual unloving input from the higher rebellious spirits, people and mind spirits are no longer able to follow them deeper into their personal and collective rebellion.



Natural Love Flow

Natural love is Creation's love;

One can swap back and forwards between paths

I am God

Intellectual

Self reliant (trust myself)

Self-determination way of life

Mind dominates

Thinking = Mechanistic

- rational
- analysis
- reductionist
- linear

Values = Mechanistic

- expansion
- competition
- quantity
- domination

Adult like

Control

Millions of paths (man created)

Peak possibility is 6th sphere

time to complete path:

100 years to over 1,000 years

Divine Love Flow with Feelings First

Divine Love is Soul's love.

I am God's son/daughter/child

Emotional

God reliant (God relationship)

Soul-spirit living harmony

Soul dominates

Thinking = Holistic

- intuitive
- synthesis
- integrative
- non-linear

Values = Holistic

- conservation
- co-operation
- quality
- partnership

Child like

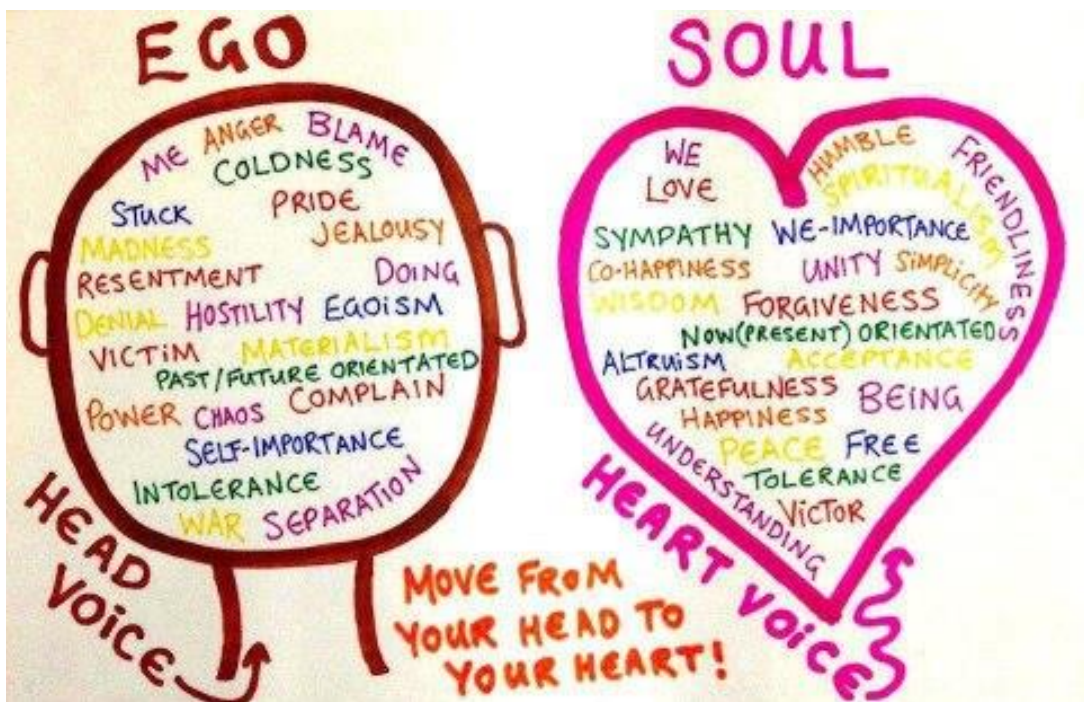
Feeling

Defined path (God created)

Peak possibility is infinity

(sphere / mansion world are same)

5 years to over 10 years to at-onement



Increasingly people and mind spirits will feel dissatisfied with their religions and spiritual systems. The numbers of people and mind spirits of such religions will continue to increase because of difficulties in people's lives on Earth, however such people will fail to find what they are looking for within their religion. So many people, along with many mind spirits, will start feeling restless within their soul, looking for something, wanting something more from life, from their relationships, from their religions and spiritual systems, thereby being more open to receive the Truth.

Me: So there will be more mind spirits coming into this Healing Sector?

Marie: Yes, the Sector is going to be significantly expanded.

Me: I am feeling like I would like to stay with the Healing group I went to.

Marie: It's up to you; I'm not going to tell you what to do. I will be available in your mind to talk, and on occasion we will be able to meet, however I don't want you to think you need my approval for anything. You are to follow your own feelings Marjorie, do as you please. Find your own way.

Me: I understand. I want that anyway. Although it's hard with you being of such a higher spiritual light to not look up to you for guidance.

Marie: There are others who will provide you with such guidance. It's important that we sever all family ties. It will naturally happen through your Healing, however I don't want you to deny or prejudice any feelings because of feelings we might have for each other since you've come into spirit. You are to be true to all your feelings that come up to do with me as your mother who treated you lovingly and unlovingly during your childhood. I don't want to influence your relationship with me from back then, by you developing more of a relationship with me now. I am no longer that Marie who was your mother. I am of course in one sense, and that will be how your feelings continue to relate to me; however myself personally, I have ended being that Marie, being a new Marie now in my Celestial truth. So being as I am now I don't want to interfere with me your mother from back then during your childhood.

Me: I understand. I had hoped we might be able to spend more time together, I love being with you mum... with this new you. So yes, I see what you're saying. That should my relationship were it to deepen with this Celestial you might adversely affect my relationship with you when I was a child.

Marie: That's right. It's difficult, and yet more feelings you will be encouraged to express and seek the truth of; however a lot of pain, hurt and anger is going to come up within you about how unlovingly I treated you, and I want you to know that these feelings will be right when you feel them. Think of me as your mother back then, and not of me now as a fully redeemed Celestial spirit.

Me: So are you saying from now on you'll keep me at arms length to protect my childhood feelings of you?

Marie: Yes, that's exactly right. You will need to be consumed with all your feelings from your early life to do with me and your father, all so you can reveal to yourself the truth of your relationship with us, and the truth of the relationship we had with you, the truth of the relationships that formed you. And I don't want to say anything that might cause you to be unclear, to dismiss some of your pain and bad feelings when they come up, when you feel how unloving and badly I treated you back then.

Me: Already you saying that I want to say: but you didn't meant it back then; you love me now, and surely that's all that matters, I can feel your love for me, it makes me feel very good mum.

Marie: I know, and that's what's to be avoided. Were we to spend more time together I would not be able to limit my feelings for you, however they are feelings I feel being in my true state, and not the feelings I felt for you when you were inside me, a baby, a young girl. My love for you now would cause your mind to cling onto it, preventing you from being open to accepting all the bad feelings about our relationship you're going to have coming up for you to express and find the truth of. I can't be impartial, so I will keep my distance. I would love nothing else than to be close to you all through your Healing, and there will be times when you are being true to your deeper pain and the bad feelings you feel about me, when I will be able to shed light on such pain for you and be with you helping you express all you feel. However that will be further on in your Healing, when you are more adjusted to and knowing of your bad feelings. When you can feel them without my being with you distracting you from them. So for now, it's best that I keep my distance, all so you can become established on your Healing Path.

Me: Ok. So you're saying that in time I will be able to be with you without your love and spirit light distracting me from my bad feelings?

Marie: That's right. My light would be too bright and your mind would use it keep denying your bad feelings, all of which we now want to avoid. But in time your mind will no longer have control over your feelings, so I will be able to be with you more in your Healing, helping you face, accept and express all the unlovingness you felt and still feel from me, from when you were a little girl. Our relationship was far from being of perfect love, I wasn't capable of loving you as you needed to be loved, and consequently I deeply hurt you; and all of that hurt, sadness and pain of not feeling fully loved by me is to come up in you, all so you can uncover the truth of it.

Me: Do you still feel bad about not loving me as I wanted and needed you to love me?

Marie: No, because I have healed it all within me. Now I look at it and address it within myself as truth. The truth being I didn't love you for all the reasons you will uncover through your Healing. And you will through your feelings come to understand why I couldn't love you as you needed to be loved, all what happened to me when I was a young girl depriving me of the love I needed. I know the whole truth of it, however it's for you to find it all yourself now Marge and not for me to tell it to you. Telling it to you, explaining what happened between us, would solve nothing, only providing your mind with more ammunition to keep denying the truth you are to find within yourself through your own feelings. Within your soul you know why I didn't love you, and you know all how my not loving you made you feel. And you know the good parts of my loving you as well as all the bad parts of my not loving you. It's all within you, all waiting for you to bring out so you can see it all and know it all for yourself, all through your own feelings. It's all about you Marge, it's your life; you are to want to explore it through your feelings. I have damaged you, the damage is done, you're the living result of it, I can see it and feel it all within you, I am deeply sorry for what I did to you, how badly I treated you, however you are to uncover the truth of it all now for yourself.

Me: I forgive you mum, I understand you couldn't help it.

Marie: You only understand a fragment of it, there are worlds of it for you to understand, as you will uncover through your feelings and grow in truth through these Mansion Worlds. Now you feel you can say you forgive me, because you are not in the depths of your pain of feeling how unlovingly I treated you. You won't feel like forgiving me then, and so you shouldn't, you must remain true to your feelings

all the time. It's the Truth that comes up within us that shows us why it all happened the way it did, and within the Truth comes a natural forgiveness and understanding, an acceptance, and so many other feelings. It's a journey of self-discovering you are embarking upon Marjorie, an amazing journey as hard as it will be feeling all your bad feelings. And as you grow in truth, so our relationship will change. And when you have finished your Healing and are of a Celestial Truth, our relationship will be wholly loving and very different to how it is now and how it was when you were young. And you are to evolve, to 'grow' your way up to it, moving through all the hidden depths of all the feelings you suppressed and then kept repressed through your childhood and adult life. So I will 'be there' but not directly involved in your Healing, other Celestials are to play that role.

Me: Alright. I feel sad that you won't be actively involved with me, I would love that mum, it would make amends in a way for any bad stuff between us, surely?

Marie: That's only your mind speaking. It's about your feelings Marge, nothing more. It's all how you feel so as to uncover and bring to light the truth within you. It's not about my or even your doing anything to change what happened between us, it's for you to uncover the truth of what did happen. You have to see the whole truth of all the good and bad of our relationship, accepting it all for what it was, understanding why it was as it was. And keeping the mind out of it, it being done all through your feelings. You'll understand what I mean when you become used to allowing your feelings to guide you. So it's not about you trying by using your mind, to make amends for our relationship, for you thinking things are different now between us, that you will change making things better as your Healing progresses. It's simply about you uncovering the truth of how it was between us back then and all through your adult life until this point. You are to be that truth, knowing it was and is that way. Our relationship will change naturally as you progress, but it's not to focus on trying to achieve that change by enlisting your mind, because if you do you'll keep bringing your mind in maintaining its control over your feelings. It's for you to stay true to all you feel, dealing with me your mother as you knew me and related to me when you were a child, and then as an adult, having been unlovingly affected by me when you were growing up.

*Stay True to all we Feel*

Me: I think I understand what you're saying.

Marie: I know it's difficult, however in time it will make more sense to you.

Me: Alright. Is there anything you can tell me about Alicia, anything I should do for her?

Marie: Keep responding to your feelings. She'll be introduced to a Healing Group of spirits around her age with the guiding Celestials gently helping the group to become aware of their feelings and encouraging them to express them. The Celestials will work to guide the children deeper into themselves through their feelings, whilst at the same time understanding they have not finished their childhood and so will guide them in that too. She will feel life will grow in meaning and understanding, and she will love being close to you. As you know, she feels very sad about not being with her family, so your mothering of her will help bring a lot of that pain to the surface. You'll know what to do as you respond to your feelings; and you'll learn which feelings you can express to her and which other ones you will save for your group and other adults.

I will go now. We'll speak again soon. You can still call me in your mind anytime. It's the personal face-to-face we're to ease back on.

Me: Okay mum. Thank you for doing all you've done for us both, and for Marlon.

**WHICH WAY? MIND SELF RELIANT or FEELING AND GOD RELIANT:**

To PARADISE, the HOME of OUR HEAVENLY PARENTS

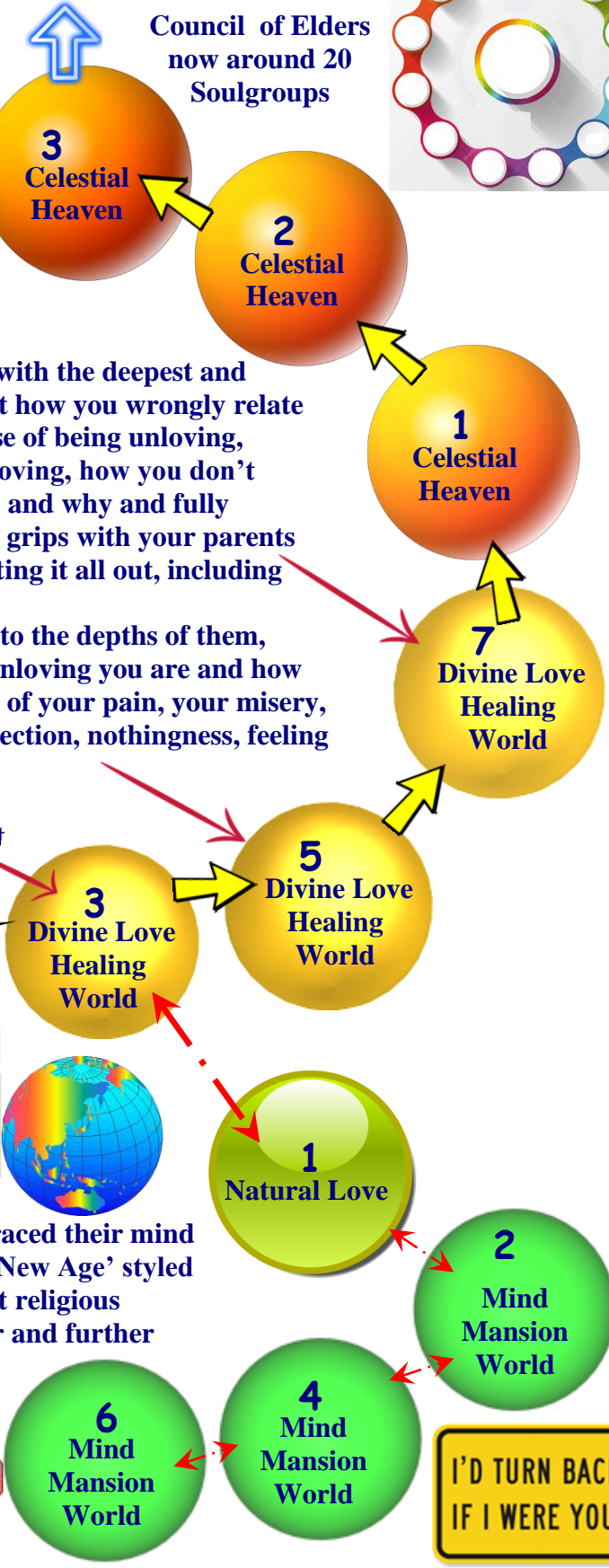
# The Way Home

Maybe something like 30 billion people have recognised that our Mother and Father’s Divine Love, together with embracing one’s Feeling Healing, that with these two aspects, have progressed through the Mansion Worlds to the Celestial Heavens and onwards.

Mansion World 7: is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving, understanding how your relationships are unloving, how you don’t connect properly, how unloving you really are and why and fully accepting the truth of it, coming completely to grips with your parents not loving you as you needed to be loved – sorting it all out, including your self and feeling expression difficulties.

Mansion World 5: is then about going right into the depths of them, feeling how unloved you feel and seeing how unloving you are and how that makes you feel, bringing out the majority of your pain, your misery, fear, anger, guilt, hatred, boredom, terror, rejection, nothingness, feeling powerless, alone and abandoned, and so on.

Mansion World 3: is for waking up to the truth that you’re not loving and starting to get in touch with your pain, starting to accept your bad feelings, starting to work with them instead of rejecting them.



More than 200 billion personalities have embraced their mind and self reliance through the misguidance of ‘New Age’ styled ideologies and the many thousands of different religious platforms, all of which take the person further and further away from our Heavenly Parents.

For a million years, humanity has gone in the wrong direction with its self-denial of self and feeling!



Marie, 1<sup>st</sup> Celestial Heaven spirit: It's been my pleasure.

Marge: We gave each other a spirit hug and she left – vanished. I walked some more thinking over what she said. It's a pity mum is not going to be more involved with me during my Healing, however I think I understand what she was saying, how she is now distracting me too much from how I am to remember her when I was young. So James, our Healing takes us into the full exploration of our childhood, that seems to be the main focus about it – am I right in that?

James: It's definitely a big focus, however there is also so much more. It includes coming to understand how your childhood has made you be the adult you are. So it will bring to light any imperfection within you, any behaviour that makes difficulties for you in your relationships and how you express yourself, it will help you see the whole truth of your relationship with yourself. And with God. It all revolves around your childhood, because that's how you became as you are, so seeing all the positive and negative influences back then, and then how they all affected and made you become the adult you are. And so how you've been through your life, how all those positives and negatives have influenced all your adult relationships, so with your own children and grandchildren, with Ronald and everyone else you've been close to. It's to uncover the WHOLE TRUTH OF YOURSELF, so all that you are, including, all that made you be as you are. It's very comprehensive; and as Marie was saying, coming to see it all yourself through your feelings, your feelings showing you the way to the truth of it all, the truth of yourself.

Marge: I understand. It takes a while to sink in.

James: You can't really know it until you live it. You can understand what you think you understand using your mind, but you know how it is, the theory often being so different to when you live it in practice.

So what do you have in mind to do now so far as your Healing goes?

Marge: Marie introduced us to the spirit caretaker of the apartment complex Alicia and I moved into. Mum had already explained our situation to her. So Alicia and I are meeting with her later this evening to discuss what she recommends, and for her to tell us whatever else we might need to know. She's a lovely spirit, doing her Healing in this Sector. And from what I gather it will be a mixture of attending lectures, talks and discussion groups, being recommended extra materials we can study, like books and our equivalent of DVD's, movies, other visual aids available to us. We have talking books, lectures, talks and discussions you can listen to at home, and then there are various types of groups. From what I've been told, there are groups like the one I went to in which you actually do Healing; there are more personal groups, such as one spirit is focused on by the whole group for the whole session, everyone contributing to that spirit's feeling expression, encouraging them, and saying what they feel. Then there are smaller groups and one-on-one with other spirits in our group, or with the Celestials. There are groups in rooms, outside in the Parks, in all sorts of places apparently. There are sitting and walking groups, you walk and talk your feelings out discussing them with another spirit or spirits. And also I understand you can formalise it all time-wise if you want, it's all up to us, what we want and what the Celestials might suggest for us; or you can do it all informally. You can, for example, attend a full group like the one I went to, once a week, once a day, as often as you want; and you can attend different groups. Your Healing group can decide to have a Healing Session every day; or you can attend a different Healing group each day. It's a matter, from what I have gathered so far, of seeing what places are available and fitting in. Or, if you want to organise another group yourself with spirits of your choosing, if you all band together wanting to do your Healing together, then that too can be organised with the Celestials. The emphasis is always placed on ourselves. There are lots of options however it's

all up to the individual as to what they want to do. There is no control, no you have to do this, you must do that. No exams or courses to pass, or anything like that. If you come to a group and can't fit in because you've been missing the group sessions then you'll know it's not for you and so move to another group. You might be asked to leave if you're disturbing others in a group, that's about the only disciplinary thing I have heard about. So it's all up to us as to how much we really do want to heal ourselves. If you don't want to make the effort, that is up to you, it meaning I guess you are not ready to devote more time and more of yourself to yourself.

I think I will try different things, see how it all starts to unfold for me. I might reject it, I might find I actually don't want to do my Healing, or be not as fully committed as some spirits are, I might want to be a part-timer. Marie suggested being open to my feelings, and trying not to work it all out in my mind. Not to draw up a mind plan only to find it's causing me to stop feeling all my feelings. And that suits me. I like being organised, but being able to organise myself, not having it done for me. I'm looking forward to it, going with my feelings taking one step at a time and not putting pressure on myself that I have to do it or should get on and make a strong commitment to it.

I'm going back to the apartment now to see what Alicia's up to. Do you want to come back with me or shall we end the 'session'?

James: I'll come back for a short time. I'm getting a bit tired, that was very difficult typing your's and Marie's conversation like that. I've not done that before. It's far easier when you're directing your light at me.

Marge: I'm sorry about that, I didn't know.

James: Not at all, I am grateful for the experience.

Marge: Okay, hang on a moment and I return to the apartment...

....Okay, now to find her. I've arrived back at the 'landing pad' and I'm walking along the balcony... ah, good, there she is, she's seem me... she's standing in the door of our apartment so I'll just zip along here to be with her... Okay, if you can record our conversation – but it might stress you out too much?

James: I'll give it a go for a bit.

Marge: I'm still talking with James in my mind, I want him to write what we say to each other.

Alicia: Can I speak to him – Hello James, can you hear me, it's Alicia?

James: She can tune into me directly if she wants Marge, would she be able to do that? It would be easier for me than writing what you say to each other.

Alicia: Hello, yes James, I can do that easily. I saw you in your home the other day, I know who you are, Marge has told me all about you. She told you about my taking her to my home in Peru.

James: Yes she did, she told me how your sister was struggling to listen to what you and your sister were saying to her from spirit.

Alicia (laughing): Yes, yes, James, she is no good at it, but she likes to try, it gets so frustrating at times, but then when she gets it, we are all so happy, it is fun, it's fun being here in spirit, although I also miss being with my family. You know I died in a car crash, Marge has told you all about me, right?

James: A little about you; yes, she told me you died in a car crash, was that a horrible thing to experience?

Alicia: No, not for me, I died instantly, I didn't feel anything. I remember a loud bang noise, then I woke up in a spirit hospital. I was sad I had died, but I met new spirit friends, and then my sister she too died in a car crash, and so we lived together.

James: And Marge says you're happy moving there to live with her and start doing your Spiritual Healing?

Alicia: I don't know that much about it, but I love Auntie Marge. She is like a mother to me over here. I love her so much, it will be fun living with her. She is so easy to be with, she let's me do whatever I want. I have already met a nice girl next door, so am very happy with her, so I will see what this Spiritual Healing is all about. You're doing your Healing on Earth Marge says?

James: Yes, I've been doing it with my wife Marion for many years now. As part of it, I enjoy finding out what it's like for you spirits in your spirit lives.

Alicia: Yes, a lot to understand. Marge and I will tell you all you need to know. I would like to help you understand how it is for us, can I tell you that, I like speaking to you like this?

James: Sure, I'd like that.

Alicia: I will go now, nice to meet you James, my new friend is wanting me to come to her apartment.

James: Bye Alicia, nice to meet you, speak to you soon – okay?

Alicia: Yes, soon.

Marge: She's a dear girl. I probably won't see her much by the look of things, which might be good in that she won't be dependent on me and will give me time to work on myself. I want to read some of your books James, and some accounts of other spirits doing their Healing. I was shown one spirits' diary of her Healing, very detailed, all the feelings she had as she progressed along with her experiences of what happened and all she thought about it. It's easier for us to read over here, we can all speed read, so a great volume of work like her Healing Record is not too daunting a task. And then there are videos of Healing Groups, so I'm going to start with a few of them tonight if Alicia is busy, and if I'm not asked to further meet the neighbours. I thought I'd settle in first then start getting to know our neighbours.

I'll go now James. I want to tidy up the apartment, there's stuff everywhere, I can see Alicia got a bit sidetracked in "organising" her decorating.

James: Okay. I'll close off. Thank you Marge, speak to you soon.

Marge: Bye James.

**Marjorie and Neighbours (8 ‘interviews’)****Day 32**

Monday, 28 December 2020

Marge, newly arrived 1<sup>st</sup> Mansion World spirit: James, I’ve been meeting some of my neighbours, and in light with what you were thinking earlier in that you’d like to speak with spirits about what caused them to wake up becoming disgruntled with their mind way of life and moving here to live truer to their feelings, I thought I’d ‘interview’ them for you, as it comes up naturally in our getting to know each other.

They have told me their stories, and I will get you to write them as if they are directly telling them to you. However they are not actually telling their waking up stories to you, you understand, you won’t be able to speak with them, I’ll still be the one speaking to you. So it’s as they told it to me, which I am relating to you based on my memory. Got it!

James: I’ve got it. Thank you for organising it like this Marge.

Marge: It’s no problem. It occurred to me to do it this way with you, like asking you yesterday to record in real time Marie’s and my conversation – trying new ways of communicating with you.

James: And you can remember these conversations so easily?

Marge: Yes, better than I used to be able to do when on Earth, however I was always good at it. So are you ready to begin? The first spirit’s name is Julianna. So I’ll tell you the conversation we had, or at least the relevant parts concerning her waking up.

Julianna: I lived in French Guiana, died from disease of the liver, lived in the mind worlds for many, many years with my people. (French Guiana is an overseas department of France on the northeast coast of South America, composed mainly of tropical rainforest.) Life was good in the Lands Of Light. No disease, no bad men, no cruelty, no mistreatment of spirits. I had a big family, loved my husband, loved my children. My spirit children grew up, we adopted more spirit children – always so many spirit babies and spirit children needing good loving spirit homes. We were all happy, one very large spirit family. I couldn’t be happier, we all so loved each other, love, love, love, everywhere love, all so different from my unhappy life on Earth. I had a husband on Earth and he hit me when he didn’t like me, when I did something that displeased him. He hit our children. Life was hard. We were poor. Then I died of my disease. I was so happy to leave him. Life in the spirit world was heaven compared to my hell on Earth. I met a new spirit man, he became my new husband, the one I had all the spirit children with. And as I told you, life was very good, it couldn’t have been better.

Then one day my spirit husband comes and tells me he’s met another spirit woman he loves more than he loves me. How can this be? We love each other before God – forevermore. No, this is not right, he cannot love another spirit woman more than he loves me his wife!

Then he says he is leaving me. How can he leave me, and all his children? He says he will have two wives, he can do anything he wants in heaven. But I don’t want to share him! I tell him so, and he gets angry with me, ANGRY with me, his wife he loves for eternity in heaven. No, this cannot be, what is wrong, everything is going wrong. We have never got angry with each other. He yells at me more, he says I’m not as pretty as his new wife, he loves her more than me, he is leaving me. He left me! I was shocked. He took our children saying his new wife will look after them. I didn’t want him to, but he just took them – what could I do? I didn’t know what to do. So many bad feelings I was feeling, which was not right. I had only felt good feelings being in the Lands Of Light.

Then awful memories of my bad husband on Earth came back to me. I couldn't stop them, couldn't block them out. They plagued me. I was in a bad state, I went to the Earth plane very disturbed. I crashed. I didn't know what was happening to me. Now I understand I had a psychic breakdown. Too many bad emotions coming up in me. I felt very unhappy, desperately sad, why had my life gone so wrong so suddenly when life in heaven had been so good? I prayed to God. I begged God to help me, to save me, to show me where I went wrong, what I did wrong to make my heaven husband stop loving me. I spent long years of feeling very bad, wandering lost in the Earth planes, meeting other spirit men, being with them, only to have them treat me like my first husband on Earth did. Was my heaven husband and good life with him a dream?

Then one day I met another spirit man and he was good to me, loved me, treated me with respect. Good feelings started to come back to me, and I thought – can I live with him, husband three in a new heaven life? But he said he didn't want to marry me. He wanted other things in life, but what were these other things? Spiritual things, but where are these Spiritual things?

He found out about spiritual things, he said he'd been in all the religions and none of them were any good, he wanted to live with God, and one day he said he found out how to live with God. He asked me if I wanted to come and live with God with him the right way. I said yes, I want to live with you and God the right way.

And so here I am, here now with him and our new family. He, Maccino, tells me about doing my Spiritual Healing, that I can find out through my feelings the truth of why I had my other husbands and why they treated me as they did. I want to know the truth of my relationships with them. Maccino and I go to Group – Healing Group. We talk about all we feel, we long for the truth of our feelings, we pray to God, for our Mother and Father's Divine Love. We feel closer to God being here in this Sector. We feel God loving us. We love that. Our spirit children are happier, we are happier with each other, although we understand we have lots of bad stuff from our childhoods we have to bring out, so many repressed feelings, so much sadness, so much hurt, so much pain, great misery we feel because of not being loved greatly by our parents. We are learning about it all, as you will Marge, it will help explain everything to you, all how you are, all why the things that happened to you in your life happened. So that is how I came awake.

Jonathan: I was Christian, heavily into the Church, on Earth and then when I died and came into the First World. The Church was everything for me. I devoted my life to God; in service to God. I wanted to be at-one with God, to live and breathe every breath with God. I wasn't a priest, I was a layperson and layspirit, yet my whole life was consumed with God. I would pray all day and for days in spirit, it being easier to devote myself to prayer than when on Earth.

And I prayed for years, twenty years in all, believing I was getting closer to God, purifying my soul, wanting nothing more than to be with God.

Then one day something didn't feel right. It was hard to accept, but suddenly it was as if my whole reality has shifted during our 'down time'. I went to spirit sleep as I'd always done during these past years, only to wake up like I was a whole different person. At first I was shocked. I didn't know what had happened. I spoke to my friends and fellow Christian's and they said they didn't know, that I should pray to God for answers – pray harder, longer, always pray more to be with God and for God to show me what He wanted me to see, for me to be how He wanted me to be.

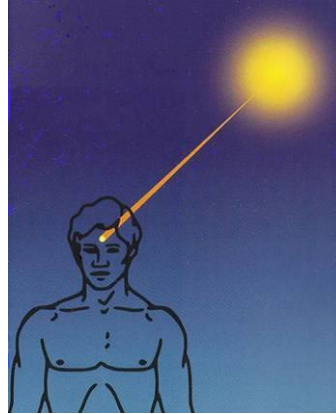


**VISUALISATION with LONGING:**

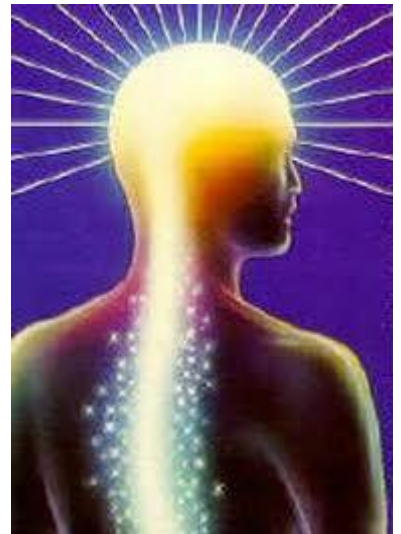
**Holy Spirit infusing Divine Love.**

**Progressive escalation of Divine Love flowing.**

**Visualise yourself as you were when young and with an empty bowl, and then thankfully ask the Mother and Father for Their Love – Their Divine Love:**



***"Please, Mother and Father, I want some more."***



At first, during the first few days, I just felt odd, I couldn't define it, however I knew something within me was different. Then as the days past I started to have new thoughts, ones I'd never had before; and they were questioning thoughts expressing concerns and doubts, which again I'd never had. They were questions such as: Does God actually hear my prayers? And, has God actually answered them? With my mind I answered these thoughts: Yes, of course God hears my prayers; yes He's answered them, look how my life had gone, how much I love God, how much closer to God I have become.

And yet it got worse: What if God doesn't actually love you? What if God hates you? It was as if someone else was asking me these questions, it wasn't me asking myself: does God actually love me?

I couldn't stand it, was it the Devil, Satan asking me these questions, testing my faith, and other's agreed. Absolute devotion to prayer was what I needed to do. I prayed more, and yet the more I prayed the worse I started to feel.

Then finally, after about three months, I couldn't take it anymore, I was going to breakdown in some way, I couldn't understand it, no one could – it was what happened. I was so devout, an example to others, they looked up to me, and yet I felt like my whole being was going to collapse if I kept going that way. I was having some sort of spiritual breakdown.

Then during my prayers late one night, I was resisting 'down time', I had a vision. Suddenly before me was standing a spirit in bright white light. At first I thought it was God, the light was so bright. Then it started speaking to me. It told me I was having a spiritual breakdown and that I was living the wrong way, that if I did really want to be with God so much, there was another true way to do that, however it couldn't be done as I was doing it, it could only be done outside of the Church.

I didn't know what to think, it was unheard of, I dared not tell anyone. Satan had come to me. However the love I felt from this spirit I could not deny. And as more days passed I came to feel how this spirit in his visitation really did have my best interests at heart.

Then one night I prayed for him to come again, and he did, and we talked more, and then more each night for about a month after that. Which led to my waking up and letting go of my mind's control through my Christian Faith. And here I am, like you Marge, starting to do my Spiritual Healing, longing for and receiving God's Divine Love, feeling so good that I have found the true path to God. It's taking a lot of effort to let go and give up my Christian beliefs, however it's happening. So that was how my waking up happened for me.

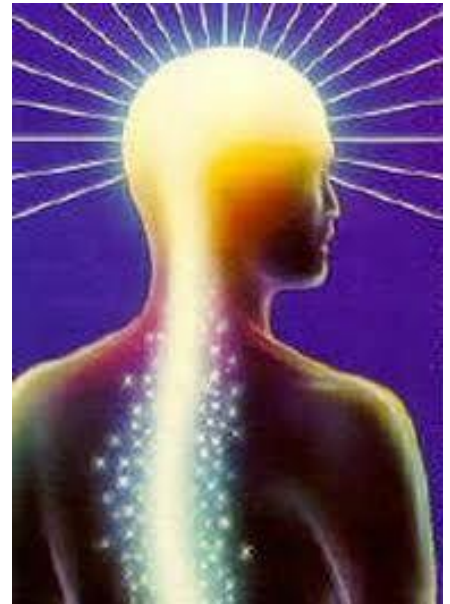
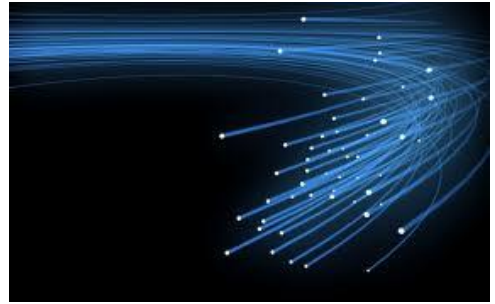
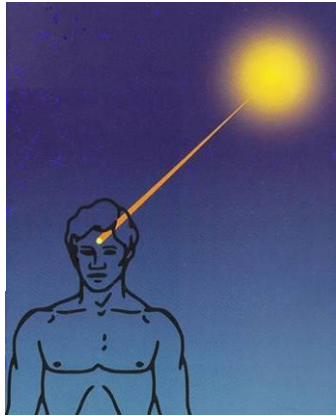
Wendy: From what you've told me about yourself Marge, my waking up story is similar to yours in some ways. I came into spirit having lived a relatively happy life on Earth. I had a good relationship with my husband, no transgression on either side, we loved and respected each other and raised our children the best we could. Like you, I died from cancer, and like you something happened to me upon my arrival into spirit. I can see it now in retrospect, and was not aware of it as you said it happened for you, however you had higher spirit help, I didn't.

I went into my new spirit life with my spirit family and relatives, thinking I would learn all the things I'd wanted to learn on Earth yet never got the chance to. I had to end my education when I was fifteen and go to work, I never went to university and always regretted that I never made time for it as I got older, but with the children and other things happening, work and so on, I never got round to it. So now here in spirit with all the universities freely available, and time to attend them, I could start learning, filling in gaps in my education, which at the time, I believed was very important. I felt as I'd missed out on it when I was young, in some way I'd sort of been left behind by the world, so I wanted to catch up.

**CONNECTION with GOD:**

**Holy Spirit / the Spirit  
infusing Divine Love.**

**Progressive escalation of  
Divine Love flowing.**





I didn't have a chip on my shoulder feeling badly done by, it was just as my life was, I accepted that, studying and learning wasn't for me, although it was what I wanted to do the most. Just to be able to do nothing else other than read, and to read anything I wanted to, to explore and read for myself all the great authors and to see what they had to say about life.

So I went to the university in our sector and starting reading, however it wasn't the great authors, it was a book called simply: How to Truly Live with God.

I felt strongly drawn to read the book, it being in the university library which was enormous. So, so many books! I remember standing flummoxed in the library thinking: And so why this one book out of all these books; and particularly when I wasn't even interested in God, let alone wanting to live truly with God. Why had that one stood out for me? I had shunned all religious stuff on Earth and over here, yet I just felt I should at least read the first few pages and see what it was about.

I sat in the library and started reading. I opened it and read: Open your Heart to God and long to God for His Divine Love. I kid you not, that's how the book started. And as I read those words I did what it said, I somehow opened my heart to God, and I must have longed properly to God for His Divine Love. Because the next thing I knew I felt a huge in-rush of God's Love. I just knew it was God's Divine Love. I don't know how I knew, I just did. And it felt so good, I felt so loved, so deeply loved, I couldn't believe it. I was pinned to the library seat with God's Divine Love rushing into my heart. I started crying. Another spirit asked me if I was all right. I was so much better than all right!

Once I'd gathered myself together enough to leave the library I went into a Park and continued reading the book, which went on to explain about living with the Divine Love and doing one's Spiritual Healing. And that was it. I knew that's what I really wanted to do. It was such a strong feeling in me; however, how to do it? I did all the book said, and then a few weeks later in the Park, I met a spirit and in conversation it became apparent that he not only knew about living with God's Divine Love but said he would take me to where I could begin my Spiritual Healing in earnest. And here I am! I chose to live in the children's sector because I love being with children.

I've been here for six months now and I've come to understand that some deep change happened to me upon my arrival and waking up in this spirit world, all of which slowly unfolded into all I've told you. So that's how I understand what you've told me of yourself Marge.

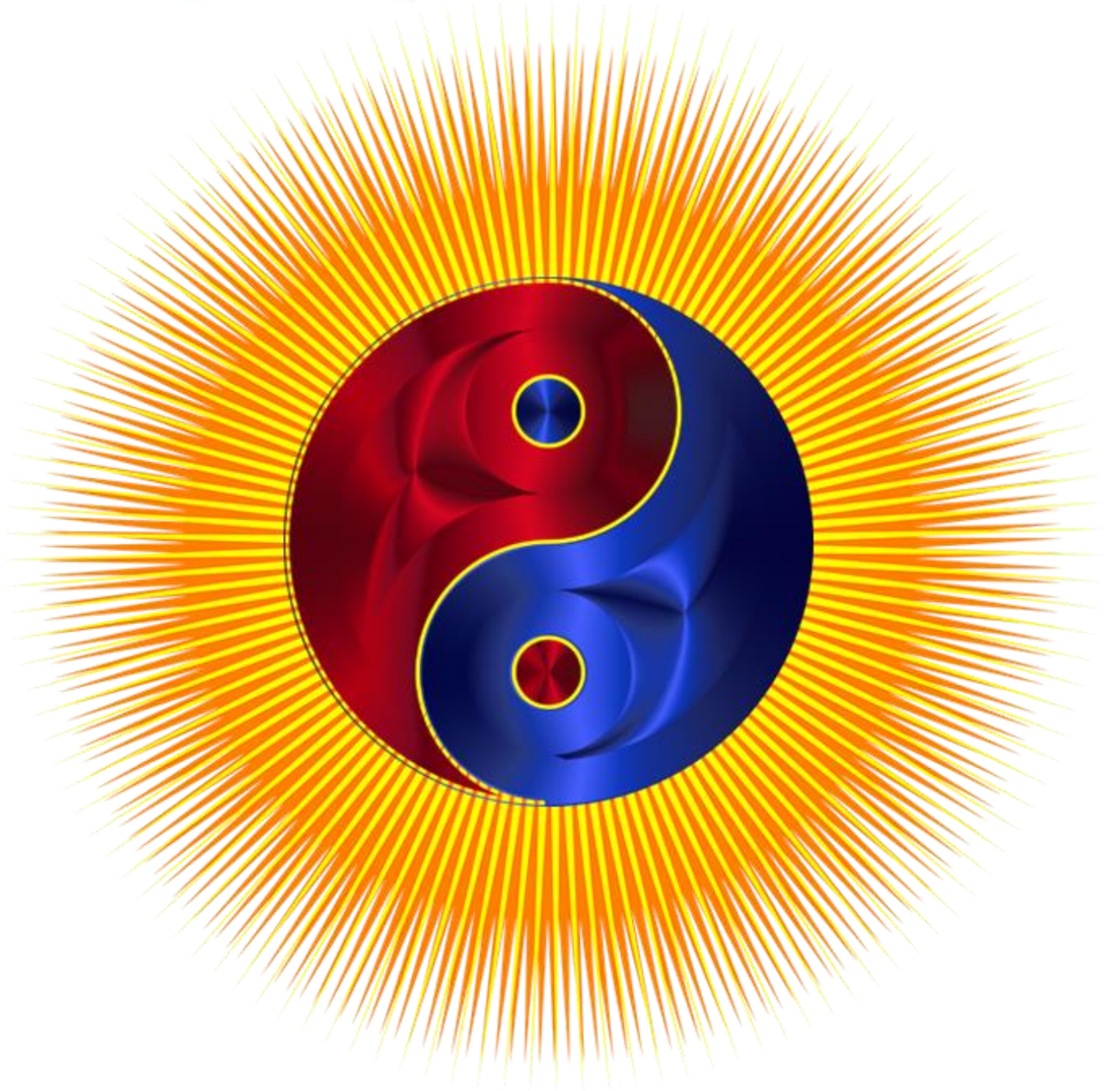
Oranje: I was happy in my spirit life, learning about life, enjoying being with my partner, we made music, spirit love; loved singing and dancing our tribal songs. Then I had a dream. A bright ancestor spirit came to me and said it was time for me to move on spiritually in my life. I didn't know what he was talking about. Then a few days later I met a spirit man who said he could show me what my dream meant. And so here I am. Through him I came to understand that my way of living was all with my mind in control of my feelings, which was so true, and that I was keeping my soul imprisoned by doing that, and to set myself free I needed to attend truly to my feelings, allowing myself to express them, all of them, even my bad feelings, even though I rarely had bad feelings in my spirit life.

I brought my family here, my three girls after my partner said he wasn't interested in The New Way and living through feelings to uncover the truth of oneself.

I am so happy to meet you Marge, and Alicia too, she and Regainy already look like they will be firm friends. My girls are slowly understanding about the mind way of life, the Rebellion and Default, how wrong and bad that is for them and their development as spirit personalities, and how to live true to their

feelings. We are all understanding how important it is to live with our feelings in control of our lives, getting better at expressing all we feel to each other, rather than using our mind to control our feelings.

## Our Heavenly Mother and Father





River: I was a complete mess on Earth. I was sexually abused as a young girl and into my early teens. I always felt it was my fault, I was to blame, I made the men and my father do it to me, I was such a horrible person, and I killed myself.

I woke up in a spirit hospital for suicide ‘victims’. I underwent a long period of therapy, some being quite intense at times. I didn’t spend time in Hell (the hell planes) for killing myself like so many people said would happen to me if I followed through with my threats of taking my own life. The focus of my therapy was that I wasn’t a bad person, I was not to blame myself, I had screwed up beliefs that I could change using my mind, I only had to work at it, do all the therapeutic mind exercises. That I was good, a good spirit person, that God loved me, and that now my Earth live was over, I was free to make my new spirit life however I wanted it to be. During one of my therapy sessions I asked: so does that mean I can still be the victim if I want to be? That didn’t go down too well.

I couldn’t see the point of doing all this therapy to achieve what amounted to taking the blue pill, the feel-good and you’re alright and nothing bad will ever happen to you again, pill. Use your mind to sweep it all under the carpet, those men who hurt you will pay for their crimes doing hell-time, forgive and forget them and move on. It’s all over. And besides, you’re still alive, aren’t you, and you’ve been given a whole new pain-free spirit life, so what are you complaining about, get over it!

But I couldn’t get over it. I didn’t want to get over it. I was still too much of an emotional mess. And why couldn’t I get over it and move on with it like so many of those other spirits doing therapy were able to do? They had been beaten to a pulp by their husband or family, tortured in war, died horrible drawn out deaths by starvation of natural causes of nature or self-induced, so many drug overdoses – people who’d killed themselves in every conceivable way and for so many different reasons. One spirit guy even said he killed himself because he felt like doing something different in his life. Telling us he hadn’t felt bad, he just woke up one morning and decided to see what death was like. Talk about in denial, so fucked he had no idea about how he really felt so bad in his so happy life. I mean, even I know if you feel truly happy, you’re not going to wake up one morning and simply kill yourself to see what the death experience is like. So now he was in his new spirit life, and off he happily went, wondering what was the point of all the therapy when he wasn’t fucked up like the rest of us cot cases.

I don’t know why, but I felt possessive of my bad feelings, perhaps that was just another part of how fucked up my childhood made me be – my Healing will show me. And so I didn’t respond well to the mind-therapy, as that’s how I see it now.

They said a small percentage who came through the place were like me; and I said: yeah, so what happened to them? No one knew, they were simply told it wasn’t working for them, sorry about that, and were put back out into the regular spirit population. So my time came, and I was told I had to leave and sort out my problems myself out there in the wider spirit world.

So I left and linked up with druggies living under a bridge along some river in England in one of the Earth planes. I ‘did’ drugs along with these true Earthies, as we called them, there being other dark and dross-ridden ‘drug addict’ spirits like myself with them. I lived like that pretending I was getting high – yes, I was pretty fucked up in my mind, for about a year, then thought, shit, I’ve had enough of this crap, and left. I roamed about, feeling like shit, but still not really wanting to know why. It’s easier to feel bad in the Earth planes, they are not as heavily ‘having to be nice and feel happy’ as are the Mind Worlds. I believed it was just how I was, how God made me, my ‘lot’ in life – someone had to experience always be feeling fucked, right?

Then I got the idea of finding some spiritual centre to 'dry out' in. I found some place, full of fruit loops if you ask me, like how my mother was, believing all the usual New Age sorts of things, using spirit crystals to help them transcend to be with Source and increase their mental awareness. I fucked them off and went wandering again. Then I met this really odd spirit, he was mad, he spoke a kind of gibberish, and yet also within his words was something else. And you can think I'm making all this up, but seriously, this has been my spirit life so far.

So I hooked up with this mad man who the more I got to know over the next three months the more I came to see was just putting on a show. One day I called him on it, and suddenly he said I was right, it was all a show, and just for me! I asked him why, and he said because he was to lead me to take myself seriously in the way of wanting to know why my father and the other men had treated me so badly by taking sexual advantage of me. I said, yeah, okay, I could be into that. He was a bit 'spirit touched' if you ask me... and he still is!

He brought me here saying he wanted to have a spirit family with me, and now we're doing our Spiritual Healing together. We are living down there below you Marge. We've got three children and went a week ago to choose another baby. I will be told when its, he, is due to come and I'll go into the baby receiving nursery where I will simulate having a short spirit pregnancy and then giving spirit birth, it all being done with my mind. I can take you there, the whole place and all that happens is so peaceful, it's amazing. I did it with my other three.

And I've come to understand that as I bring to light how unlovingly I was treated by my parents, then I will be more aware of my unloving behaviour of my own children, so saving them from such torment. So my motivation to do my Healing is for my children, I need them to help me, it's for myself too, however for now, I need them to keep me here and focused on wanting to bring out all my untruth so I won't inflict it, or as much of it, on them.

And you might say it's irresponsible of me wanting to have children when I'm so badly fucked up, but I've always wanted to have children, more than anything, and so here now with my partner Madman, I can. You'll meet him later, he's gone of being mad somewhere else. He has to play the fool because that's all he knew how to be growing up, it was how he survived, playing the fool and being considered mad in his town so people would take pity on him. So he's having to work through those issues, how he uses being mad, or at least, pretending to be mad, to gain power, to have power and feel important in the world.

Jake: I grew up on a farm in the Central USA, no big deal; lived out my life doing my best to be a loving husband and father. Came into spirit expecting more of the same. I died before my wife and I was waiting for her to die, however as fate would have it, I met another spirit woman I liked. We fell in together. She was into everything spiritual she could find, you know, an Alternative Gal as she called herself. She took me to places and we met lots of spirits talking about their outlooks and beliefs, and one day she found out about The New Way. We came for an introductory lecture, and suddenly I was captivated, the Celestials spoke so commandingly, yet so at ease and comfortable about it all, explaining how there were the two opposing ways of living. The mind way I could clearly see being how I was living. And what was this New Way, Spiritual Healing: coming to understand why I am as I am, and why I am caught up in all my mind control. So here we are. We started a family and brought the two kids with us, understanding that it's a new thing here in this Spiritual Healing Sector having children with you. So that's my story. Glenda would be happy to tell you how she found out about The New Way, wouldn't you love?

# MIND vs FEELINGS

Mind vs Feelings – Your Choice.

And now is an appropriate Time To Make this Choice!

Everyone is to choose: The Mind Way;

or The New Feelings Way.

Which way of living do you choose: Mind Way?

or the Feelings Way of living?

Do you continue in your Mind Way?

or do you embrace The New Feelings Way?

Do you choose the Dead End Mind Way?

or the Eternal Happiness Feelings Way?

Times up for the Mind Way;

the Feelings Way is taking over.

False Spirituality – The Mind Way;

True Spirituality – The Feeling Way.

The End Times and Final Judgement; or Paradise – the choice is yours to make:

Continue in your soul-destroying feeling  
and truth denying Mind Way;

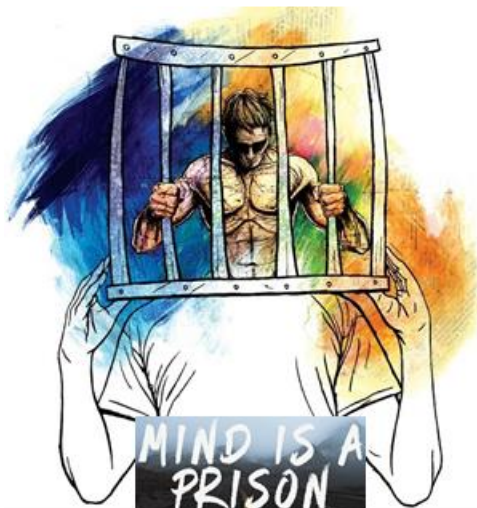
or embracing The New Feelings Way  
by doing your Spiritual Healing;

Maintaining the mind's imposed façade of a robotic,  
retarded individual, in a stupor, perpetrating the  
errors of generations gone by;

or The Feeling Way which is the discovery pathway  
to releasing your true, vibrant personality

The Mind Way – rejecting the truth of yourself  
by denying feelings, restricted forever to the  
mind Mansion Worlds;

or The Feeling Way – uncovering the truth of  
your feelings and ascending to Paradise.



Glenda: Sure. It's no big deal. I always felt there was more to life, God, Source, All There Is, whatever. Organised Religion never did it for me, Western or Eastern. I liked the alternative approach, I loved all the creative people, and then spirits I met. I loved talking with them about life, what they thought it was all about, hoping I guess that one day someone would say something to me that really made sense.

And that one day came when I met a spirit woman, Nicean, she telling me she'd recently been to an introductory talk in a different Sector, one she'd not known existed. And it turned out to be here. It was when she started saying that we were missing the point in our spiritual approach, that all the systems I'd been looking into were all trying to get away from any bad feelings you might have, whereas this other way said we should honour all our bad feelings, because they are just as important to us as good feelings, right? And if they weren't, then why would we have them? Are we meant to feel bad feelings only to do all we can using our mind to stop us feeling them? That was all so different, so I brought Jake with me to check out this New Way and to see what this Spiritual Healing – Healing Using Your True Feelings, was all about. So that's how it was for me.

### *Healing using our True Feelings*

Do you know what was the biggest surprise for me? Once I started attending the Healing Groups, so many bad feelings have been coming up in me. So where are they all coming from? I've hardly felt bad coming to spirit, and all I did over here allowed me to stop any bad feelings that might creep up; and yet now, open the dam bad feeling flood gates – shit!

(I asked her about her relationship with Jake, that surely like with all relationships there were bad feelings at times between then; and if so, how did they deal with them here in the Mind World?)

Sure, Jake and I would rub up against each other from time to time and we'd feel bad, however we'd quickly say we were sorry, we didn't mean it, patch it over, not wanting to delve deeper, no way, that's what you didn't do, anything to stop upsetting your partner. You did all you can in your relationship to always feel in love with each other, you never want anything to come between you, so no bad feeling was going to pry us apart. No way, we'd both been through all that sort of shit on Earth in our relationships. I had divorced twice because of the bad feelings becoming too great ruining any good feelings we'd initially had for each other. Jake is more easy going than I am and was able to ride out the ripples in his marriage, hanging together with his wife; however now for both of us, we've opened the can of proverbial worms, and we're having to accept that it's good to allow any bad feelings to come up in the relationship, and for us to yell and fight them out if we need to, all to keep expressing all our shit so we can long for the truth of it to see where it's all coming from within us, how it all relates back to our childhood. And as a lot of shit happened for both of us during our childhoods, so it's to be expected now we're freeing ourselves of our mind control that shut down our bad feelings, that we're re-feeling, or re-experiencing them in a way; you know Marge, allowing ourselves to feel what we weren't allowed to feel back when we were younger.

The difficult part is having to learn not to take all our shit out on the kids. Some of it they trigger in us and we give it right back to them. We encourage them, as they are learning, to express all the bad shit they feel, so we have some good scraps; but other stuff is too much for them, it's not for them to be involved with, so we go away together to get our shit out together or with other Celestial help. A lot of it is getting pretty intense and we don't want to subject or project all that crap onto them.

We've been here for six months now, and as we're getting more serious about doing our Healing, seeing it is all we do want to do, to become true to all our shit, and to take our kids along for the ride, helping them become aware of all their feelings and gently guiding them to see how they too can use their feelings, good and bad, to long for and find the truth of themselves, we've been told we'll be able to

move into the Third World. We're looking forward to leaving, not all the spirits around here are wanting to devote all their time to their Healing; which is fine, they are not expected to, we've all got to find our own way, however we are wanting to move and be with other serious Healing spirits.

When you start to get into it, when you feel it's good to express all your shit, and I mean, really good, that it's like a poison that's within you and you need to bring it out; so when you can, and you can feel it actually coming out and leaving you; and then when you long for the truth of why you're feeling so bad, and suddenly you start to see things about your relationship with your mother or father or both, and suddenly something you've always wondered about to do with yourself or why things happen to you, all makes sense, then it sort of takes a hold of you, gets you in its grip, and you want to keep going. It's damn hard, but that's okay because you come to understand, if you don't know already, it was damn hard for you through your childhood. And so our waking up to how hard it was for us and why it was, how unloved we felt and why because of how our parents treated us, makes us question how we relate to and treat the kids, not wanting to hurt them and deprive them of love like we were. And I know we're still putting our shit on them, however each day becoming more aware of it, well it changes you, you know, your attitudes and approach, and what you want to achieve, what sort of life you want to make for your kids, what sort of environment you want to make for them to grow up in. So if we can help them, and better still, encourage them to live true to all their feelings, to express them to uncover the truth they are to be shown by them, to help them understand that through their feelings their soul is communicating with them, it showing them how God wants them to be and live, well that's certainly a damn sight better than all the unloving shit Jake and I both got growing up.

And one more James, Nathan.

Nathan: Yeah, I was told about it by my mother. I got a shock seeing her again when I woke up here in the spirit world. I thought death was the end of existence. I loved her dearly when she was alive on Earth, then she died, and I missed her dreadfully. So then there she was, that was good enough for me, I felt so happy, to be with her again.

She took me to live with her, I was ten years old then, I'm twelve years old now, and so here we are, she bringing me here to live in this Healing Sector. She's explained to me that she needs to be here to work through much of her childhood that wasn't good. And I'm okay with that. I like it here, the Celestials are helping us kids to understand about ourselves, our feelings, and how important they are for us in life. And it helps me understand mum and a lot of what she went through with dad before she died, most of which I had no idea about. I like Alicia, I think we'll be good friends; she can come with me to our Healing Group, there's lots of us there who'll like her, she'll fit in well.

Marge: So as you can see James, a bit of a mixed bag, and that's only in meeting these spirits since I've been here. It all happening naturally as we're doing things together, it's all so relaxed, knowing we're all one way or another in the same boat. I stop for half an hour talking with someone I've just met, standing on the balcony or sitting in our lounge or in their's. There's always spirits about, coming and going about their Healing. We are all so lucky being able to devote every moment to it, not having to go to work or think about washing the baby and changing nappies and having to plant the veggies and make the meal or whatever. We have so much time, all the time, to ourselves.

I will go now. If you'd like me to convey more of my 'interviews' with spirits through to you, just ask. It takes nothing for me to do it for you like this. And I enjoy it, it adding another dimension to my new spirit life.

So we'll talk again soon. Bye now – Marjorie.



# ***We are to Find the Truth of our Childhood.***

James Moncrief – Sunday 8 September 2019

## **We are to Find the Truth of our Childhood.**

That's it; and find it through our feelings by directly connecting, feeling, experiencing, and most importantly, knowing they are true by being them. We ARE our childhood, the truth is already there, it is already within us, we are already living it, we don't have to look anywhere else for it other than within ourselves. All of why you are what you do, say and live, everything about how you are and how you conduct yourself in life, is all what your childhood was. You grew into being the adult you are because of the childhood you had, we can't be a different adult that's not a direct and complete product and result of our childhood. And if you take away the time element, we are still our childhood, our life is still manifesting how it was for us as a child. We can believe and pretend all we want that we are different to how we were as a child, that having become adult we can leave our childhood behind and move on becoming the adult we want to be. No, we think we can do that, yet we can't. We can't do anything that's not already done, we are still effectively living our childhood and being as we were in it, and that's within all the different times and phases of it, all which adds up to being one big, often contradictory, mess of ideas, beliefs and opinions about ourselves.

And we can't be anything else other than what we are, which is how it was for us through our childhood, yet we fail to see it because we're not fully connected with those parts of ourselves and all the corresponding feelings that will help us see it. So we are to find the truth of ourselves – hence: the truth of our childhood. Because in knowing the whole truth of our childhood and being it, being aware that we are it, connects us as adults fully with ourselves back then. You know how it was for you, because you feel it, your feelings tell you, show you, and there's no avoiding or denying them, because they are expressing (by making you feel) the truth of how it was for you, how it has always been since conception, and how it will remain until the Mother and Father transform you out of your untrue state – out of your unloving childhood.

So our Healing is about finding the truth of ourselves from the beginning, which equates to the truth of our whole childhood, because it's our childhood that made us be as we are. And because we were so heavily interfered with and prevented from being our natural true selves, so we have to 'Heal' all the damage that was done to us. Healing ourselves by seeing the truth of ourselves. So by acknowledging all our feelings, and by wanting to find and uncover the whole truth of our childhood, we work progressively deeper into ourselves, bringing to light all that happened to us to make us be as we are. And part of that is to help us see how much of our childhood and forming was true and loving, and how much was untrue and unloving.

And presumably, once we've brought to light within us the whole truth of our childhood, then the good, true parts, those founded on true love, will remain; and the bad, that which was founded on untruth, will be transformed out of us by God through our soul.

As a forming and developing child, we don't have enough of ourselves to find and so experience the whole truth of what's going on. But as adults we do. And if we grew up in a fully true and loving situation and environment with only loving and true relationships, then as an adult that's how we'd be feeling completely loved and true, happily wanting to bring to light all the positive influences that affected us through our childhood, all of which would be a very enjoyable and loving experience. Whereas because we grew up in rebellion against Truth and Love being forced to be mostly untrue and

unloving, and even possibly completely untrue and unloving, then it's not enjoyable going back bringing to light and expressing all our hurt and pain.

We start out not knowing anything about how it is for us through our childhood; or at best, a minimal amount as some people and families are more feeling expressive and self-aware. And through our Healing we have to get to know it all, because we are it, so we're getting to know ourselves – which for many people will equate to getting to know their shit-start in life. And once we've brought to light the truth of our childhood, then we can leave it, moving on bringing the truth to light of being a true adult. Which is what The Urantia Book (TUB) means by saying we become true universal spiritual citizens once we are living a Celestial level of truth. So the Mansion Worlds are really provided for us to uncover the truth of our childhood, to see how it was for us, and consequently, how we lived as a child. And they are really only for that, and not so much for us to set about righting all that we find out is wrong within us. We are to only see and so uncover the truth of ourselves. As far as fixing ourselves, or changing or transforming ourselves, that is up to God.

The Mansion Worlds are called probationary worlds, ones in which we can settle the Law of Compensation within our untrue states and continue living against ourselves and the Truth, furthering our truth and self denial; and ones in which we can do our 'Healing' to see the whole truth of our untrue state. Which we can now do either in the Mansion Worlds themselves, or on Earth.

So there is no avoiding the truth of your childhood if you want to ascend beyond the Mansion Worlds. And the fact that none of the spiritual or religious systems on Earth are wholly devoted to helping people bring to light the truth of their childhood through their feelings, shows what a terrible state we're all in. Imagine if the whole world was focused on helping everyone bring to light the hidden truth of themselves, and so the truth of their childhood. It certainly would be a different way to live and so a different world we'd live in.

We can't actually fix anything from our childhood. We can't, only God can. And God will when we've brought to light all the truth of it that God wants us to see. We can undergo therapy (and some truth might come to light), go to the doctor, do whatever we do trying to feel better, all trying to get rid of our bad childhood, all trying to fit in with the beliefs we have from our childhood of how we should be in the world, yet it's only at best scratching the surface. God, through our soul, won't allow us to change anything from our childhood anyway, at least not until we've seen and brought to light and fully connected through our feelings with all the truth of it. There'd be no point God subjecting us to such horror if we could make it all go away before we found the truth of what it was all about and why God made our childhood as it was. So we can do a little, or so we think, adjusting ourselves this way and that, however even those adjustments we come to see through our Healing are 'allowed' because we're still just doing them within our prevailing childhood patterns. And there are what seems like endless levels within us of which we're composed, which you would expect because of the enormity of being God's children, and so there's quite a scope for us to move or play around in entertaining ourselves by believing we've changed the foundations and results of our childhood. So as we can't actually change ourselves, all we can do is want to uncover the truth of our childhood and live that truth. All of which involves vast amounts of self-acceptance, which gradually comes with the truth, growing in the acceptance that this is how you are, how God wants you to be having this experience, given the childhood you had, and there's nothing you can do about it. Other than keep on expressing every feeling that comes up, as you long for the truth of your childhood, wanting to live true to yourself.

# How is it for you if you are Truly Honest with Yourself?



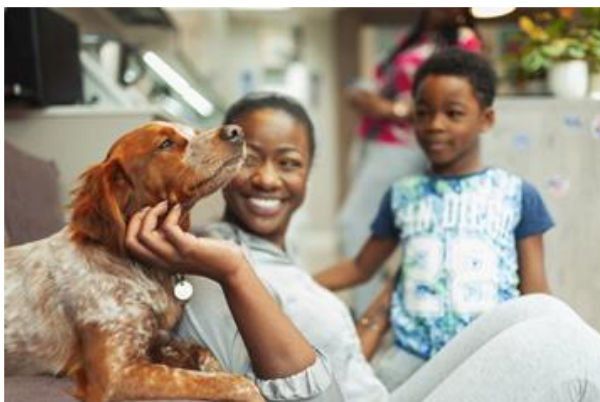
♥ You truly love your children, devoting yourself to them, wanting nothing more than for them to grow up and be as they want to be?

♥ You believe you truly love your children, believing you are devoted to them, wanting them to be as you want them to be?



♥ You love your child more than you love your pet?

♥ You love your pet as much as your child, treating it as if it is another child?



♥ You love your pet more than your child?

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

**Marjorie Day 33 Adriana** (Eleventh day in spirit Mansion World time!) Tuesday, 29 December 2020

James: Hi Marge, both John and Samantha say all we're writing is not too much for them, they love it all, and to please continue. So much is happening to you so fast.

Marge, newly arrived 1<sup>st</sup> Mansion World spirit: Tell me about it James. I can hardly keep up with myself. It all being so new; suddenly I'm in my new spirit life and it couldn't be more different to my old life. Not that I had any idea of what my new spirit life was going to be like; yet still, this has all taken me by surprise. And the best thing is, it all feels so normal, like really it's no big deal, I'm just doing what I want. Following my feelings – ha, ha, not that I know what that means. But I feel, I want to do this, so I do it, I feel I don't want to do that, so I don't do that – how else can you live your life? So it's only what I do, how I've always been, only what is changing is my relationship with myself, life, God, the Old Way, and now all this about living the New Way, so much new awareness and understanding, so many new things, so my mind is what's changing so much. And so far, that all feels good too!

## The NEW WAY The NEW WAY

James: I was saying to John that I would like to discuss either with you or Marie about the differences of how people will wake up to The New Way 'down here' in the physical, compared to how it's for you spirits in the Mind Way, as in the examples you gave me yesterday.

Marge: Yes James, I've been monitoring your thoughts to see what you've been thinking and feeling about what I asked you to write yesterday, and about all we've written together.

James: Are you happy with my thoughts and feelings about it all?

Marge: Yes. And like you are wondering, I also sense at play within my changing so much, together with my communicating such changes to you, and my even being involved with you in the first place, being somehow guided by higher spirit authorities. And of course it's all God's doing, however I can sense mum heavily involved in goings on behind the scenes in all that's happening to me. When I ask her, like you've suggested I do, she is reticent – guarded – about it. I get a sense from her that there is only so much I am to see, you know, like they say in the movies: "On a need to know basis". Which I know you also feel a lot of the time. It's frustrating at times; but then I think: oh well, it is all helping me by being a pawn in such proceedings, it's all making me feel good, and I trust mum to do what's best for me, so I carry on. And I mean: what else can I do?

James: I know exactly what you're saying. The Great Unfolding – that our lives are. Layers within layers, it all being governed by the level of Truth you are living.

## *The Great Unfolding - that our lives are!*

Marge: I understand that too, and I do want to grow in this Truth that so many of the spirits talk about – and that is more along the lines of what I was going to talk about with you today.

However first, to answer your question about what will be the differences in 'waking up' between how we spirits who are so heavily locked into the Mind Way and those of you on Earth not so heavily entrenched in it in the ways we are over here, and really I have no idea. So you'll have to ask Marie. Again listening to what Graham was saying to you about all the difficulties he's having with his family



relationships, and how they seem to be increasing the more he allows himself to be open to his bad feelings; and then following your thoughts comparing that to how it's been for these mind spirits I've been speaking with, I can only think that because the Law of Compensation is not as yet present on Earth, so allowing people to be more 'free' in their mind controlling ways, so it will be all the usual life, family and relationship problems that intensify needing to be sorted out that will bring about their 'awakening'. And people being frustrated with the usual ways of trying to get help, might find being exposed to understanding about The New Way more appealing, so leading to their complete spiritual awakening to the Truths I am coming to understand.

## Law of Compensation

If I put myself back in my Earth life, and were I able to embrace The Revelation of The New Way; if I was able to grasp how important it was for me to express all my feelings whilst longing for the truth of them, then during those crunch times when everything seemed to compound into causing me to feel nearly hysterical, when everything is so out of control, then I might have found some solace during such trying times in moving closer to wanting to do my Spiritual Healing.

I don't really know of course, it all being speculation on my part. So ask mum or Beth (Marge's grandmother – 3<sup>rd</sup> Celestial Heaven), I'm sure they'd have more for you. However... hang on a moment, mum (Marie – 1<sup>st</sup> Celestial Heaven) is obviously monitoring my talking with you now as she's come into my mind saying: "It waits to be seen James by people doing their Spiritual Healing on the physical. We don't know as yet as there is only yourself, Marion and Samantha who've actually started doing it in earnest. So none of us Celestials know what to expect. We are like you in that we speculate and imagine certain scenarios, however until people start to take it on, really we can't say and don't want to start guessing."

So she's not much help to you either James.

And as she is not going to be more forthcoming, would you like me to continue telling you more about: 'The Fascinating New Life of Marjorie'?

## The Fascinating New Life of Marjorie

James: Please, I'll type away.

Marge: I officially invited myself to join the Healing Group I first went to. They were more than happy to have me. I am now in 'mind-touch' with all the members of the Group and the two overseeing Celestials.

So no sooner had I told them I wanted to become a permanent attendee and participant, they said they were meeting today, so I've just come back from that Group session. My head is spinning with new ways to look at things, at myself, life, love, and a lot of it is very confronting. I feel stirred up, blown out really, I don't know what I'm feeling, possibly too many conflicting emotions and feelings, so just a blur.

It was a Group session different to how it was the first time. It was one of the other 'versions' of therapy I was telling you about. The whole session was focused on one spirit: Adriana. And oh god, I wonder how she is feeling now. I have it in mind to go and visit her after I've spoken with you James. Talk about being under the spot light, or perhaps more rightly – in the firing line. Shit, it was full-on to say the least. I had no idea.



When I arrived they said I didn't have to say anything, and that it would be preferable if I didn't as the session was all to be focused on Adriana. If I did feel I really needed to say something, then I could, but really it was to observe my own feelings as the session progressed with her.

Okay, so we're in this simple pale-blue-carpeted room with matching seats, which were surprisingly comfortable; white walls and nothing else. We were sitting in the semi circle, all of us except Adriana. She was where the Celestials had been the other day, she by herself sitting with all the rest of us about her in the semi circle. The two Celestials, Paula and Orion, being in the centre of the semicircle and so right in front of Adriana. I was on the end of the right hand arc from Adriana's perspective.

I mean, shit, to sit like that would be of itself intimidating enough, like you're about to be grilled in some high power job interview. She was nervous, we could all see that, and as she said so herself. She was wringing her hands, she'd have been sweating if spirit bodies sweated.

Adriana is, I guess, in her mid-thirties, however that doesn't really mean anything as she might have died when she was eighty or six and been living in the Mind Worlds for years – I'll find out more personal details about her the more we get to know each other.

She is of a white complexion, which again doesn't necessarily mean she was white when on Earth, as we spirits can change our skin colour along with so much of our spirit body.

It was good that I didn't know anything about her, so the impact of the session was intense not knowing what any of it was about or what to expect.

So the Celestials started the session. And there's no mucking about. It's like, okay, you're here to work at bringing to light repressed bad feelings within you, and your mind is programmed to stop you feeling them, so we'll help you break through your barriers...

Paula says straight out to Adriana, no finessing about, no trying to soften the blow:

Paula, Celestial: "You're full of shit! How can you say you loved your children when you yelled at them about not doing what you told them to do! How much control over them did you want?"

Adriana: (Stunned at the full frontal attack) I didn't know I was not being loving to them.

Paula: Why didn't you know?

Adriana: I don't know, I didn't know – how could I know. I was their mother, I was being loving by telling them how they should be in life. It was what being a parent was, and all parents loved their children. I loved them as babies, they were so cute; I loved them as they grew up, I always loved my children.

Paula: And so why can't your son hold down a relationship, why is he on his third wife? And your daughter, why is one of her children now in prison; surely if you'd loved her truly she'd have loved her daughter truly who wouldn't now be in prison? If you grow up fully loved, you don't end up in prison. The evidence speaks for itself; you're full of shit, your love is worthless, you didn't love them, so how can you say that you did and still do?

Adriana: (crying) I didn't know, I thought I was doing the best for them, that I did love them.

Orion, Celestial: So what do you think about what Paula said, is there any truth to that?

Adriana: Yes, there is. I want to say no and say you Paula are the one full of shit, that I did love my children, to fight you saying you have no right to question my parenting, to judge me, to accuse me of being unloving. However, I know you're right. My feelings are too strong now, my mind can't hold onto its false beliefs, I know that now, that you are right. I didn't love them, I might have loved them a little, but the evidence speaks for itself. I know you're right, you are, I understand that now, that how one is treated as a child is shown in one's adult life, and my children's adult lives speak for themselves, they are not the lives of well adjusted adults who grew up feeling loved and good about themselves. And why didn't they, because of me, of me and their father (she's heavily sobbing now).

Paula, Celestial: So what are you going to do about it?

Adriana: What do you mean? What can I do about it, the damage is done?

Paula: If there was something you could do, what would that be do you think?

Adriana: Tell them how sorry I am (more deep heart-wrenching sobbing). I am so sorry Peter; and Helen, I'm so sorry. I thought I was doing what was right, I believed I loved you, I felt a strong love for you, however I can see how I treated you so often was not loving. No, it wasn't, and I'm so sorry. I am, so sorry, I wish I could go back and change the way I was with you, but I can't, I'm sorry, I can't go back, I hurt you, caused you so many problems, your adult lives are not good, they are not working, when I visit you I feel sorry for you, I want to try and help you, but now I know I can't, the damage is done, it was done when I became your mother and your father became your father. I know that now, I loved you both when you were babies, but it wasn't a true love, I don't know what it was, but I do see that had it been what you really needed then you'd have formed properly, you'd have grown in such true and perfect love and would have become true and perfect loving adults and with lives expressing that love and perfection. But that's not how your adult lives are; and I feel so bad, it's all my fault, I am guilty, I did it to you, I didn't know, but I did, I can see the truth of it now (more deep sobbing spirit tears).

Paula: Can you tell me more how you're feeling now?

Adrian: I feel so bad, so bad, I feel like I'm the worst person alive, I shouldn't exist, I shouldn't have been a parent, their mother. I did such a bad thing; how will I ever be forgiven, I am so guilty; I should be in the prison, not my granddaughter. It should be me suffering, not her, she didn't deserve it, my daughter didn't deserve it, it's all my fault and I feel so bad, I should kill myself, I should be drawn and quartered, made to suffer all the pain I have caused my two dear children to suffer. I had no idea, that's the killer part, no idea, I thought I was a normal mum, I loved my kids, I did what we all did; but I didn't, I didn't love them as they needed to be loved. I am wicked, evil, God will punish me.

One of other Group members: Why would God punish you when God wanted you to be their mother and to mother them unlovingly?

Adriana: I don't know, it's how I feel. God punishes you if you do bad things. I have done bad things to my children by not loving them.

Another Group member: It's not a feeling, that's a belief. You've been made to believe that God will punish you; when why would God punish you when God has wanted you to be their unloving mother.

God made you be unloving because of giving you your unloving parents, God wants us all to be unloving and yet to believe we are loving.

Adriana: I know, we've talked about that as a Group, but it's still how I'm feeling.

Paula: So can you talk more about those feelings – what sort of punishment do you think God will do to you?

Adriana: He'll make me pay somehow. He'll... I don't know... He'll beat me, hurt me, kick me... (again more deep sobbing). No, please God, don't hit me, please, don't, I promise I will be good, I promise, please don't hit me anymore, please, please... (even more deep wracking sobbing).

Paula: Keep going.

Adriana: I'm so scared, so scared of being punished by God.

Another Group member: Why?

Adriana: Because God doesn't accept evil. I am evil. I treated my children evilly by not loving them. I am EVIL, EVIL, EVIL, EVIL. "You are such an evil little girl, you wait until your father gets home, I will tell him how bad you are and he will punish you" (more sobbing, with her head in her hands and in her lap).

Paula: Keep going.

Adriana: (more intense wringing of her hands) I'm so scared, he's going to come home and punish me, I'm so bad, such an evil girl, she will tell him again, he will hit me, he hurts me, I don't want him to hit me, it hurts, I want him to love me, daddy, please love me, don't hit me, don't hurt me again... I'm so scared he will be angry with me again. I beg mum to not tell him, I plead with her not to, that I promise I will be good, I'll do as she says, I will always do what she says, just don't tell daddy, please don't tell him... (more sobbing).

Marge: (God, I don't know how she can keep going, it's so emotionally heart-breaking, we're all crying, we can all relate to it, we're all feeling emotionally raw and vulnerable; except the Celestials who are very intensely focused on her, almost being with her in some highly intimate and personal way. Oh god, one day it will be me sitting there like poor Adriana is!)

Paula: Long for the Truth of all these feelings; ask God to help you see what God wants you to see from all you've expressed and felt today. (Adriana is longing in her mind.) Say it out loud to us all, as you long hard for the truth, really wanting to see and know it as being true.

Adrian: Please God show me the truth of what I'm feeling. I want to know the truth, please help me see it how You want me to.

Paula: Good girl Adriana. (Adriana bursts into tears again.)

Adriana: They never told me I was a good girl. NEVER. Not once. Other people told me I was good, but for them I was never good enough. I wanted to love my children telling them all the time how good they were, how much I loved them, they were good, they were very good, and I didn't want to treat them as I was treated.

But I did still treat them unlovingly, didn't I? As you said Paula, look at their lives, the results, my daughter is horrible to her daughter, I tried to make it all better by not being as my mother was to me, yet I still passed it onto Helen, who passed it on to Melanie. It doesn't stop, does it? I can pretend I am being the opposite to my mother, being good, supportive, telling my children how good they are, but it's all superficial, what is the underlying truth I am really conveying to them? My actions belied my false beliefs of being loving, I wasn't truly loving, was I? I was evil, just as my mother treated me evilly and unlovingly. I didn't love them as I believed I was loving them. Oh My God, that's it: I only believed I loved my children, it was all a belief all my life, my love based on myself believing I was being loving, and yet it wasn't true love. (She looks at us all with amazement in her eyes along with the horror of what she has just admitted about herself. Paula nods and smiles at her. Then she suddenly bursts into tears again.)

I didn't truly love them, I didn't, I didn't, I'm just as my mother said I was, EVIL, I am evil because I didn't love them! I yelled at them when they didn't do what I wanted them to do, I hit them, I didn't tell them they were evil, like my mother told me, however I might as well have, it's the same thing, isn't it! I am evil. My mother told me I was evil, and so I am evil. Oh my god, she made me be evil, she said I was evil, and I am. I hate her, I HATE MY MOTHER FOR TREATING ME SO EVILLY, FOR NOT LOVING ME. I HATE, HATE, HATE, HATE HER! I want to kill her, go to her and tell her how much I hate her. I am seething with hatred for my mother, for what she did to me, how unlovingly she treated me. I wasn't evil, was I, I was an innocent little child; how can a young baby and child be evil? It's not right, to accuse me of being evil all because I didn't do what she said. I punished my children for not doing what I said. I am scared of God punishing me when really it's not God, is it, it's my own mother, and worse, my father. Oh shit, my father is God, I am projecting dad onto God. It's not God who's going to punish me, for as you said Craig, God made me become evil, God wanted me to be as I was with my children, it's really daddy I'm so scared of. Daddy, don't hit me, please don't hit me again (she starts sobbing again). Why did he hit me so much? Why? Why did you hit me so much daddy? Didn't you love me... (deeper sobbing) ...no, he didn't love me. Dad didn't love me, had he truly loved me, he wouldn't have hit me, I know that now. I didn't understand, I thought he hit me because he loved me, he said he was helping me understand how to be the right way in life. He made me feel it was right that he hit me, for my own good and all that shit. All what I said to my children. I hit you and I love you. It's because I love you that I am hitting you. Fucked! I'm so fucked up in my mind. Shit, how much worse is it going to get?

Paula, Celestial: Do you want to keep going, or have you had enough?

Adriana: I think I've had enough. I'm exhausted. I need time to take it all in. (Paula then gets up and walks to her helping her stand and giving her a full hug, rubbing her back, kissing her. Adriana starts crying again, and Paula holds her like a loving mother. Paula says she will take her back to her apartment and stay with her for a while talking it through if she wants. Adriana nods and the two of them leave the room. The rest of us breathe a sign of relief that it's over.)

So James, it was sure emotionally draining. And it's given me a lot to think about. What I can't convey in this communication to you was the sense of electricity in the air in the room all the way through the session – that spirit light again. We were all 'wired' into every feeling and emotion Adriana was going through. God, it felt like I was her and going through all the feelings and emotions she felt. I feel wrung out, tired too, and yet I only observed! I can sense you too James were sweating it out, trying to type with tears coming into your eyes. So this is it, hard-ball you might say. If I want to get stuck into all my shit, then I am going to be Adriana sitting there with my head on the chopping block.

There is so much involved in it all, how can you ever hope to work it all out; I mean: what was done to me, I have done to my children, who are doing it to their children – is that really how it is? I mean, shit, if that's so, really we have no idea about parenting, no idea whatsoever about what effects we're really having on our children. If we believe a whole lot of stuff which is not true, and then parent based on those beliefs without even knowing our actions belie our beliefs, then well, we're really all terribly fucked up. And so this is all our Spiritual Healing is to reveal to us, all of this sort of thing?

My thoughts since coming back have been racing covering so many subjects. Adriana covered so much ground. I had no idea. That she was projecting her fear of being punished onto God, I mean, just that – Wow, that is huge. That of itself is a whole world of investigation. We're made to be scared of God, when really it's our own parents pretending to be God. I can read your mind James, you saying our parents are gods to us, we only know about them, we don't know about God. Which is so true, when you're so young, you don't know about God, but you sure know about your parents being there hurting you if they do. The religions have a lot to answer for, all the shit they teach you about having to obey God: if you're not a good person God will punish you. So it really does go back to your childhood, that really they should be saying: if you don't obey your parents, it will be your parents and not God who will punish you. And of course, it is your parents, they did punish us – did God? I can't say God punished me for being bad, but I know mum and dad sure did.

But then God made mum and dad do it. God caused mum and dad to be as they were because of how they were parented by their mother and father, God making us all be as we are, so what's all this shit about God being Love, and we all should love God, when God is making us all become evil parents, as Adriana said. So is it that God is loving by making us be unloving? And why – so we can experience both sides of the coin: being loving and being unloving?

I first baulked at the word evil, but then I've known of parents accusing their children of being evil, and so being a poor little child copping all that unloving abuse, I'd never thought it through, but you are going to grow up believing you are evil, aren't you? How could you believe anything else? Then to live your whole life believing you are evil and that God is going to punish you for being that way – what has she suffered through her life, the poor woman. How could you deal with that... and you're saying James: that it's the same for us all, we're all made to feel we're the evil one, the bad one, in one way or another. We might not be called evil, but we're all made to feel we are, because of being unlovingly treated. When your parents make you feel unloved and tell you in whatever way you are bad, you take it on, you believe you are bad; and then you override that, you try not to believe it, you cover it all up, yet it's all still there within you. Yes, I can see that James. We do, don't we?

God, I don't know what to think. My mind feels like the egg scrambler has been put in it and turned on. Gee, there's going to be a lot for me to sort out, that much I can see.

If you don't mind James, I feel like putting a mind-feeler out to Adriana... yes, she's accepted my 'call'... I'm asking her if she'd like me to visit her... she says she would... good.

I'm walking out of the apartment, Alicia is off with her new friends, we're catching up later so she can start telling me how she's "organising" her new life here.

I'm about to leave the 'take off pad'... have a moment with Marion...

...Okay, I'm knocking on Adriana's apartment door... she opens it, it's not unlike mine, though smaller, she lives alone. She looks sad, I feel to hug her... we hug each other, she is thanking me for wanting to



see how she's doing. We sit down on her couch. Would you mind writing our conversation James? I'll tell Adriana what I'm intending doing with you, just in case she doesn't want me to...

...Okay, I've briefly explained all of that too her, and she says she's fine about it.

Me, Marge: That was an awful lot to go through, how are you feeling now?

Adriana: A bit better. Still a lot of emotional pain is coming up in me. So many bad feelings, so much hurt (she's crying again. I sit and wait; she looks like she's in so much pain, the poor woman.)

Thank you for coming, I'm sorry...

Me, Marge: Don't be sorry, this is what it's all about, so I'm coming to understand. If you want to talk about what you went through, with me, please do, it's all new to me and I want to understand.

Adriana: Thank you Marjorie. I don't want to burden you with all my pain. You've got your own pain to deal with; it's too much, I don't know if I can cope at times, it's too much to deal with, so many bad feelings, so much pain. (She's crying again. I move closer to sit beside her and hug her, she is putting her head into my shoulder crying more. I feel so sorry for her. She apologises again.)

Me, Marge: You've got nothing to apologise for, cry all you want, bring out more of your pain. I don't mind, please, I mean it, cry all you like. (She's sobbing and sobbing. I think absurdly about getting her a cup of tea, to make her feel better, and yet we're here to allow ourselves to feel our pain, not have cups of tea trying to keep blocking it out. So I hold her tight, and she seems to like that. I feel like she's my child, my daughter, she seems like she's about seven years old. Tears are coming in my eyes too.) It was so bad of your mother accusing you of being evil and then making your father punish you.

Adriana: Yes, it was. I know it was, and yet still I try to block it out, I keep telling myself that they did love me, they did love me (I can feel the old responses coming up in me, my mind wanting to assure her they did love her, but I force them away and just listen), when what Paula said was right, the evidence is there in my children's lives, I can see it in them, I know, I remember how I treated them at times, so badly, I would lay into them hard, almost killing them at times, and then I'd feel so guilty. I'd beat myself up with my mind accusing myself of being evil, all affirming what my mother said I was. I hate that I believed her, that I am evil, that she made me be evil, and now I am. I treated my children evilly, it's all so true, and I hate it all. I hate it so much; and yet what can I do, I feel so powerless, I can't change the past, I can't make amends, I can't go to both my children and say I am sorry, here's all the love I should have given you when you were young. It doesn't work that way, it's done, it's over, they are grown up, they are adults full of my evilness. And how am I to live with that Marge? How?! It's too hard, I will feel guilty forever; I wish God did come and punish me, you know, get it over and done with. I could go to hell and be punished for my sins, for being so evil, punished until God says I am no longer evil. But God doesn't come, I'm not having to live in the hells, I'm here, having to bring out all my pain, to feel it as fully as I can, and that's hell.

Me, Marge: So maybe you are in hell, just not in the actual Hells; in emotional hell within yourself?

Adriana: You're right, it's true, I'd not thought of it like that. And I am, aren't I; this is hell, I am in hell, I don't have to go anywhere; oh shit, thank you Marge for helping me see that. (I'm perplexed; it just seemed the logical thing to say.)

I'm in hell, I AM IN MY OWN HELL. (She's crying again. How many tears are inside us waiting to come out? God, will I cry that much when my time comes? I hug her tight again, she responds pressing into me, and she obviously values the affection and closeness, the sympathy perhaps?)

Me, Marge: It sounds like you grew up in hell and have never left it.

Adriana: It wasn't always that bad. We had good times; and that's what's so hard, I want to stay with all the good times; they sort of loved me in their way, they weren't always bad to me. We'd go away on great holidays, we had lots of fun family time together doing things, but the bad parts, they were bad, and they seem to be taking over my memories.

Me: Perhaps that's what is meant to happen, it being what happens when you concentrate on all the bad stuff. The good stuff takes care of itself, it was good, but it's all the bad stuff we don't want to see or know about, we doing all we can to block out, that's what we have to face and focus on bringing out. (Oh god, I sound like Marie!)

Adriana: Yes, you're right. They have told us that. But when it actually starts to happen, I don't want my good memories to go, it's like they are fading away, and I'm scared of losing them... what happens if they turn out not to be as good as I thought they were?

Me: Oh, I see what you mean. Like they might fade away because... why... they are fantasies, you only believing they were good, or better than they really were?

Adriana: Yes. What if I have made more of them, what if they weren't that good after all, and that my whole childhood was actually hell. I can't face it, it's too hard. Some of the others have said it's happening to them, the further they go in their Healing and the more they are able to see the truth of all that happened to them through their childhood, that so much of what they believed was good is starting to be shown to them through their feelings to not be good at all. Can it be possible that we can delude ourselves to such an extent that we can convince ourselves that our childhood, or parts of it, was loving and good and happy, and yet really it wasn't, it all being as you say, a fantasy? Can that be true Marge, was your childhood happy and loving and full of good times...? And what happens if through your Healing, some of, or even all of those memories, get eroded away by the truth that you weren't loved as you thought, believed and wanted to be?

Me: (Well that's certainly a thought to keep me awake at nights! I don't think I'm ready for that yet James. You say I'll have to wait and see, that all the good, if it is truly good, will stay; and if it is all false, it will go, it's just how waking up to the truth of yourself is. Okay, I accept that James, I'll wait and see what my feelings have in store for me, I won't jump too far ahead.) I see, that is a lot to grasp.

Adriana: It is, like all of this. My feelings keep taking me deeper and deeper into myself, showing me things about myself that I don't want to see. However, I have to face them, accept them, I do, I know I do, because I also know all my feelings are showing me is real. I can't avoid the truth they are showing me about myself. It's all too real. My feelings are right. It really is real Marge, as you'll see once you get going. I've been doing my Healing for three months now.

Me: Only three months, you seem to have covered a lot of ground so fast. (Look who's talking when I think about how fast my whole life has changed having died, and I haven't even started my Healing yet!)

Adriana: Yes, I know, in such a short time. I was ready though. I have changed so much in becoming so much more aware of myself. I knew nothing about any of this. I studied it and listened to other spirits speak about their Healing and I sat in on Healing sessions before I started in earnest. I believed I was an okay parent, I wasn't perfect, and yet who is? A thought my children and their problems were their own doing – and couldn't they see that? I would visit them seeing the mistakes they were making and I'd want to tell them to stop, they were getting it all wrong, yet of course I couldn't, being here in spirit. And then I realised during one Healing session that I was yelling at them from spirit still treating them as if they were little children, I was wanting to scold and hit and tell them off for being bad, I hadn't changed; and then I saw it was all my doing, they were still following blindly the unloving pattern I'd created in them.

We don't change Marge when we become adults. I believed we did; I was free of my childhood and so free to do as I pleased as an adult. But on the feelings level, the patterns of my ingrained behaviour, they were fixed in me through my childhood, I am them, I can't change them, I can only become more aware of them. God is the only one who can change me from being as my childhood created me to be.

But as the Celestials tell us, God won't change us until we've become fully aware of all these unloving patterns. And that too is hell, feeling so powerless within yourself that you can't change yourself. I want to stop being an unloving, uncaring and evil parent – spirit – but I can't just decide to stop being how my childhood made me be. I used to believe I could, doing all those self-help courses and reading all the self-betterment books, going to the psychologists I went to 'to sort me out', and yet how successful was I? I wasn't, and that too makes me want to cry; such a waste of fucking time and money believing I was progressing and becoming a better person, only to now be told by Paula (a Celestial); and worse, having to face, the cold hard evidence I can see in my own behaviour and actions, that I've not changed at all, I'm exactly still as my childhood made me. And that I'm full of shit. So what was all that self-help shit about? We are all so fucked, we have no fucking idea.

I'm sorry for only talking about myself Marge, I should be asking you about yourself, you being new to the Group.

Me: Don't worry about that, I think we'll be getting to know each other rather well before all this has been worked out of us. (ha! she's laughing!)

Adriana: Yes, no doubt you're right. I've never had such personal relationships before. The men I was always with didn't want to talk about their feelings, not that I did much either; I was always so frustrated with them, not unlike my son's wives are with him. I empathise with them, and yet I made him be as he is. I want to say to them, don't bother, you'll only feel so hurt.

Me: Do you visit your children and grandchildren a lot?

Adriana: Yes. Too much really. I should let them go, but I can't.

Me: That might be because they are to help you with your Healing.

Adriana: I think so, yes; and they are. I see myself in them, how I treated them being how I was treated. I had no idea we passed it all onto our children, one generation after the next, we all passing all our shit onto our children and then onto their children.

Me: Yeah, I'm still coming to terms with that. It's all pretty incredible to think it's like that, and that we don't have a clue about it. We talk about passing our physical genes on, "He's got his grandfather's

blue eyes and red hair” but not all our emotional stuff, all our behaviour and negative beliefs, all the bad treatment we got as children from our parents... who got it all from their parents... my mind can hardly hold the picture of it.

Adriana: Would you like something to eat or drink. I can make us a cup of spirit tea if you'd like that, or spirit water and lemon, I'm liking the taste of that lately, it being something I used to like as a young girl?

Me: No, thank you, I'm alright. If you want to speak about any other bad feelings, please do.

Adriana: Ah fuck, I've had enough for the time being. You can only do so much. Would you like to go for a walk, I know a really beautiful place, I could take you there?

Me, Marge: Sure, I'd like that. (So I will leave you here James. That's enough for one day, you can only do so much at once! I'll speak to you soon. Marge.)

James: Bye Marge, thank you, that was all so good. I am exhausted! I'll have to get some Aldi (supermarket) almond chocolate to recover. Feeding my need to keep feeling good, instead of always feeling so miserable.



**Marjorie Day 34 Receiving Divine Love**

Wednesday, 30 December 2020

Marge, newly arrived 1<sup>st</sup> Mansion World spirit: I went with Marlon to his new Healing Group. They invited me to sit in. I sat with other spirits new to their Spiritual Healing yet not of Marlon's group over to one side and in the background.

Marlon is loving being here in this Healing Sector, he can't get enough of the bigger picture information, it explaining so much and answering so many questions about life and everything else he's always wondered about.

I had a good walk and talk with Adriana, however she told me she's soon to move into World Three (first of three healing Mansion World, being 3<sup>rd</sup> Mansion World). Apparently most of the Healing group I am in are soon to move. She said it was an advanced group so far as how most Healing Groups are here in this sector of the First World – which my visit to Marlon, that I'm about tell you, illustrates.

I felt bad about her going to leave when I've only just met her, however it does explain how I have been feeling since the Group session with her, that perhaps I'm a bit in over my head in this Healing Group. It's good in that it's sure confronting so many of my beliefs, making me reassess virtually every aspect of my 'old life' seeing that there are ways to look at life and oneself that I never knew existed. My old life never brought such confrontation of belief to me. And yet my new life is all about that.

As I sat in Marlon's Group, which was about the same in number as mine and seated in an arc in front of the Celestial pair, I was expecting to feel the heavy emotions again, however, as you will see, they never came. This is how I remember some of it from the beginning, I will only tell you parts of it, as there's no need to recount the whole session.

Celestial spirit (man): Does anyone have a bad, or good, feeling they'd like to talk about?

Group spirit 1 (man): I do. I felt like a fool today. I was having a conversation with another spirit I've just met, I said something and he laughed at me. And that made me feel bad. I don't like anyone laughing at me.

Celestial spirit (man): Would anyone like to say anything to that, does that make anyone feeling anything?

Group spirit 2 (woman): I hate that too, I hate spirits laughing at me. I hate feeling stupid. (long pause)

Celestial spirit (woman): Why do you hate feeling stupid?

Group spirit 2 (woman): You know, it makes me feel bad. Everyone hates feeling stupid – don't they?

Celestial spirit (woman): Can you express more of how you feel when you feel stupid – how does feeling stupid make you feel?

Group spirit 2 (woman): It makes me feel bad.

Celestial spirit (woman): Yes, but what does feeling bad feel like? Can you go further into your feeling bad?





Group spirit 2 (woman): How does feeling bad feel? I don't know, I've not thought about that... I feel bad, you know, you feel bad, like someone has been mean to me, yeah, mean to me... hurt, yeah, I feel hurt. I feel bad because I feel hurt. They have not treated me properly, they have been mean to me, hurt me by not respecting me and all of that makes me feel bad. I sure don't feel happy about them making me feel stupid, that much I know.

Celestial spirit (man): How does all that then make you feel?

Group spirit 2 (woman): How do you mean?

Celestial spirit (man): Do you feel angry for example? Do you feel like you want to fight back; or, do you feel like curling up in a ball and crying – running away, perhaps?

Group spirit 2 (woman): Curling up in a ball. Sometimes angry and wanting to fight back, yeah, I might feel that too. But crying, hurt and I want to cry, they were mean to me because of what they said; and yes, I feel like I want to cry. I don't like admitting it, but I feel like I'm a little girl and I want to cry because that person was mean to me.

Celestial spirit (woman): And you think there is something wrong with crying because you feel hurt by the mean thing said to you?

Group spirit 2 (woman): Yes. I don't want to cry like a little girl every time someone says a bad thing to me, god, I'd be crying most of the day. I want to feel good, not bad; and how can you survive in life if you are so open, vulnerable to everyone, you have to toughen up, that's how it was in my life, you'd not survive if you let all those mean things anyone said to you effect you so much.

Celestial spirit (woman): And yet here you are saying you feel like crying because someone said a mean thing to you?

Group spirit 2 (woman): Yes.

Celestial spirit (woman): So what's wrong with that? What's wrong with feeling your feelings, and if you feel hurt or stupid because of something someone said to you, a mean thing, isn't that what we have feelings for?

Group spirit 2 (woman): Yes, I guess so.

Celestial spirit (woman): And yet you won't allow yourself to feel your bad feelings, believing it's wrong to do so, you have to be tough so as to survive?

Group spirit 2 (woman): Yes.

Celestial spirit (woman): And how does that make you feel?

Group spirit 2 (woman): Bad. It's not right, is it? I'm stopping myself from feeling stupid and hurt, stopping my bad feelings because of my belief that I'm not meant to feel these bad things. I can't cry, I was told not to cry, it was for sooks, I can remember my mother yelling at me saying I had to grow up, stop crying, crying is a weakness... yes, I can remember her telling me that. I am weak if I cry, and being weak is bad. I don't want to be weak, everyone will walk all over me, I have to be strong. Then

being here in the mind worlds, it was better, everyone trying to be nice, if you were mean it was the bad thing, you were bad, and so few spirits were mean to me, I didn't have to worry about feeling hurt or stupid, I didn't have to worry about crying. So I am controlling myself because of my belief that it's wrong to feel bad and cry. So it's true, isn't it, it really is, that is how I am – what I believe...

Celestial spirit (man) to Group spirit 1 (man): Evan, when this spirit laughed at you and you felt like a fool, does that make you feel like crying?

Group spirit 1 (Evan): No, I don't feel that bad.

Group spirit 3 (woman): Because you're a man, and no way are you going to allow yourself to feel bad to the extent of crying, because then you really would look foolish and we'd all laugh at you.

Group spirit 1 (Evan): You might be right. Is this what we all have to do – get to the point of crying?

Celestial spirit (man): No, you don't have to all get to any point. It's for each of you to explore yourself through your own feelings. Some spirits might want to cry more, other's not so much, it all depending on how it was for you through your childhood. However, Evan, if you are stopping yourself crying because of beliefs that it's bad to cry, then in time you'll bring those beliefs to light and you might find you do actually want to cry when you feel laughed at. And there's nothing wrong with that. If you feel hurt because of being laughed at, that's okay, it's right in fact; the fact that you don't feel hurt being laughed at is wrong. If you genuinely didn't feel bad being laughed at, then you'd not have said you felt bad and wouldn't give it a second thought. So because you have brought it up today, it's obviously making you feel bad enough to start this session, so there is more to it within you for you to find through your feelings.

Group spirit 1 (Evan): Okay, I understand that. So I have to work harder at trying to express what feeling laughed at makes me feel?

Celestial spirit (man): Yes. (long pause)

Celestial spirit (woman): So, come on Evan...

Group spirit 1 (Evan): You want me to try and express more now?

Celestial spirit (woman): That's what we're here for... isn't it? (the group chuckles)

Group spirit 1 (Evan): Sorry. Of course.

Celestial spirit (woman): And you're now feeling humiliated again with the Group laughing at your foolishness?

Group spirit 1 (Evan): Yes. Humiliated, you're right, I do feel humiliated.



Celestial spirit (man): And how does feeling humiliated make you feel?

Group spirit 1 (Evan): Like crying. Okay, I get it. I do. It's true. Oh shit. I do feel like crying; but then I'm scared that if I do, you'll all laugh at me even more, and I'll feel more foolish and even more humiliated. Oh fuck, it's a vicious circle spiralling down inside me, one bad feeling on another.

Celestial spirit (man): Good. It is, like a chain reaction; and you're to be able to follow it through yourself all the way back to the cause of who hurt you, who laughed at you, ridiculing you and making you feel so humiliated and hurt to the point of wanting to cry, and then crying.

Group spirit 4 (woman): Want to disappear, want to run away, end it all, just not exist, that's how it makes me feel when I feel humiliated like that. I wish I wasn't there – here, I don't want everyone laughing at me, I can't stand it. I can't fight, I can't hide, I can't run, I am stuck, powerless in my humiliation, so embarrassed, I want to vanish, not be here, just go, I don't know where, get away, escape, the feelings are too bad, too humiliating, everyone is looking at me as though I am the worst piece of shit ever to have walked the Earth. God I hated those feelings when I was young. I can remember making a fool of myself and people laughing or my parents telling me off; and when they did it in front of other people, and strangers was the worst, out in public, telling me off so everyone would look at me, god I hated that, I was so embarrassed, feeling my cheeks and whole face burning; knowing they could all see me feeling so embarrassed made it even worse. Oh god, don't make me remember those dreadful feelings, I have worked hard my whole life to ensure I never felt those bad feelings again. Just remembering them a bit now, I don't want to go there, no way, they are too intense, too bad, I feel humiliated having to admit I felt so bad like that.



Group spirit 5 (man): I've never felt embarrassed or humiliated like that.

Group spirit 6 (woman): Bullshit – you've never once in your life felt humiliated and embarrassed because people were laughing at you for something stupid you did or said? I don't believe you, you're in some serious denial there.

And it went on like that James for about four hours, everyone having a bit of a say, the Celestial's slowly working the Group this way and that. It's like they are prizing open something that's stuck together tightly. So trying to find a crack, working it a bit, finding another one, working it, and so on. It was incredible to watch them directing the Group like that.

Marlon said afterwards that's how the Groups he's been to so far, about four of them, are. And it seems like the Group evolves a feeling-theme each time. So today it was about feeling a fool, embarrassed, humiliated when you're laughed at. And god, who hasn't felt like that? And all those horrible feelings you feel when you feel so hurt like that.

I went for a walk with Marlon afterwards and he was telling me of how his mother would make him feel humiliated and stupid if he got something wrong she was trying to teach him, some school work, trying to read a word correctly. And that it wasn't that she laughed at him, but just her correcting him made him feel that way, so he has ever since done his very best to get it right, which was why he wanted to be a teacher, so he could teach other people to get it right so they'd not feel humiliated getting it wrong and having to be corrected. He hadn't got that far seeing that truth about himself during the Group, that all

came out during our walk and talking about it, so he is so excited to be able to share that with the Group when they meet tomorrow.

It is all fascinating, if you are interested in people / spirits and how we all tick. I have been most of my life, however only to a limited extent, nothing like this where that is all it's about. So I'm beginning to see that if you're not wanting to go deep into yourself trying to see what makes you tick, the Spiritual Healing will probably not appeal to you.

James: That's why it's been so hard for me – one of the reasons, anyway. I was parented to not be interested in myself or other people, only in things and information to make me sound superior. I found out about the Healing as part of my spiritual information quest, Marion telling me, as she is only interested in getting to know the truth of herself and other people. So with my mind I understood I needed to do my Healing, however I'm not really interested in all of this about what makes us tick. All of me resists it, I don't want to know about all this crap within myself that's fucking me up, all how it came about, my unloving relationship with my parents, I just want to jump over it all and get on with doing 'my thing', the thing that keeps my mind off any bad feelings.

However, 'my thing' as it's turning out, is all about what makes us tick! So I am sort of interested in it as my interest grows in me about myself. But still, even my writing this with you Marge, is for the information side of things, to be able to present it so other people might find it helpful, and not so much about all the specific shit feelings and how unlovingly everyone's been parented. Not on a personal level, if I keep it all impersonal, that's fine. My whole Healing progress has been one long tedious Group session like Marlon's, with Marion being my 'Celestial' guide.

Marge: I see what you're saying James. Many men I've known are like you in that they've not wanted to get into deep emotional and feeling stuff about themselves or anyone else, wanting to talk about the footy or work or anything to keep their minds off feeling humiliated and like crying because someone laughed at them at the BBQ (barbeque). And yet we Australian's love deriding each other by laughing at each other and playing the fool, and having to shrug it off and pretend we don't feel hurt, it's all good mateship fun; when really I suppose we all should be standing round crying together because of the hurt underlying it all that we're trying to keep covered up.

I'm going to keep going to Marlon's Group, it's not as intense as my Group; and in saying that, I think I might even ask to join it.

And it doesn't stop, at least not for me, so it seems.

When I left Marlon I went home to find Alicia in a state. She was curled up in a ball on the sofa crying. I'll recount my conversation with her for you.

Me, Marge: Alicia, what's wrong? (I moved to sit beside her and she immediately curled up in my lap with my hugging her, crying deeper. I let her cry stroking her gently. I didn't say anything figuring she'd speak when she felt she could.)

Alicia: I miss mama and papa. I want to be with them. I hate not being with them. I hate it, I hate it, I hate that God made me die, I hate God for killing me, I want to be with mama and papa. I want to go back, I like it here with you Marge, but I want to go back and be with them, be normal, have a normal childhood, like other children, it's not fair. Why did I have to die? I didn't do anything wrong. That car crashed into us, it wasn't our fault. Why, why, why, it's not fair, I hate my life, I hate being here, I want

to be back how it was, back with mama and papa, laughing and having fun, going to school, being with my brother and sisters, I want us all to be together, it's not fair that I can't be, it's not, it's not, it's not...

Me, Marge: No, it's not fair. I feel sorry for you not being able to grow up in your family, it has been so difficult for you.

Alicia: It has, it has been so difficult for me. I have to pretend that I'm alright, that I'm a happy girl, that I am a good organiser; I have to do things to make spirits like me, think well of me, think I'm smart and good and can do things well. I feel so alone, I have no one, no family, my spirit sister she is too busy with all her spirit friends, she says her dying was the best thing that happened to her, she doesn't have to keep being told what to do by mama and papa. And I hate her, she doesn't care about them, she doesn't care about our family, not like I do. I want us all to be back together, then it's all right, as it's meant to be, us all being a family, being together, together for always, that's what I want.

Me: But even if you were still back with them and all together, you're still going to grow up one day and want to live your own life, possibly having your own family.

Alicia: I want to be with them now, I do, I do, more than anything in the world, I want to be back with them, to stay like that, forever, for nothing to change, for the accidents not to happen, for us to all be happy together, loving each other, doing all the good things we liked to do. (She was quite for a time, still lying in my lap, my stroking her head and back, hugging and kissing her. Then she sat up and gave me a bit hug.)

You are good to me Marge, thank you so much for being here like this for me. I feel a bit better now. I still wish I could be back with them, yet I know I can't. It's hard, having these feelings in me, I try to not let them come up, but Elistiena (the Celestial spirit woman of her Healing Group she just started going to) said we shouldn't try to hide them, that it's good if we can allow ourselves to feel them, as bad as they made us feel. And I don't want to hide them anymore Marge, it's too hard, trying to keep it all in, trying to pretend I am happy all the time when I'm not happy all the time. I am not happy now, I am sad, and it does feel better letting myself be sad.

Me: If you feel sad Alicia, then that's how you feel, and there's nothing wrong with that. You are feeling sad, and you have very good reasons for feeling sad. You feel very sad not being with your mother and father, and so you should, it's a horrible thing that happened to you, to be taken away from them when you needed them as you did. And so of course you feel sad, it would be wrong to not feel sad. And so when you feel sad, you can allow yourself to feel as sad as you feel. And when you don't feel sad, well you won't feel sad, so you won't even think about it.

Alicia: And you don't mind if I feel sad with you... what if I feel sad a lot of the time... will you still keep loving me? (I started crying and hugged and kissed her.)

Me: Yes, I will love you feeling sad. I love you now and you're feeling sad. You can feel as sad and as much as you want with me, and I will keep loving you. You can feel sad all the time we're together, don't feel you have to keep trying to make me feel happy. And if I feel sad, will you let me feel sad and not try and stop me; and will you still love me? (she's nodding her crying face) And so we can agree to be sad together if that's how we feel, we can both be here crying with sadness if that's what we're feeling like doing. Is that okay with you?

Alicia: Yes Auntie Marge, that is very good. I will be sad with you if I feel sad and I won't stop you feeling sad if you feel sad. Do you feel sad?



Me: I'm feeling sad that you feel so sad. I want to try and cheer you up, to take your sadness away, like I used to do with my children. I thought it was wrong to allow someone to feel as sad as they wanted to feel, I always tried to make them feel better. But now I'm coming to understand that was the wrong way to be, so I am accepting you feel sad, and you feeling sad is making me feel sad, I'm not trying to make myself feel better either.

Alicia: But I don't want to make you sad with my sadness.

Me: That's not up to you Alicia. You are to feel what you feel; and if you feel very sad like this, then you stick to feeling sad, and you let me worry about myself. And so if you feel sad and that makes me feel sad, then that's how I am feeling. And if I feel sad, then I will try to not stop myself feeling sad. So we can both be sad together if that's how we make each other feel – okay?

Alicia: Yes. So we can be sad together. I don't feel as sad as I did.

Me: Good. However, if you do again, do you promise you will be sad with me, and that you will come to me as soon as you feel one little bit sad so you can be all that sadness with me. I want you to feel as sad as you feel, so don't hold back – okay? And if you have other worries about my not loving you as much because you are always sad, then do you also promise you'll keep telling me about any such worries too?

Alicia: I promise. (We hugged and kissed again. Then suddenly another of her new friends was at the door, and I said, yes, off you go, I love you Alicia and thank you for being sad with me.)

So she went off happily. And once she'd gone, oh god James, did I crash. I felt so sad because I wasn't able to be as I feel now with Alicia, with my children. I have changed so much, everything moving along so fast. It's like one long continual therapy session over there in the Healing worlds.

I felt so bad about how I was with my children, I won't go into it, I've decided again I'm not going to include my personal feelings about my family in our communication, I want to keep them to myself and express them over here with those spirits understanding of the Healing.

I lay on my bed for about two hours crying, feeling so sorry and sad for my children, thinking about other ways I could have done things, chastising and criticising myself, lots of good stuff for me to bring up in the Healing Groups.

And then once the bad feelings eased, I decided, this IS my life now James, I am fully committing to my Healing. So many bad feelings in me I can feel are now starting to push up. With all everyone, including yourself James, has helped me see and understand about so many things about life, I feel I now have enough of a framework or foundation of what it's all about, to know what I want. So I'm going to attend and join as many Healing Groups as I can. It is all so fascinating. And how I was with Alicia, surprised me, where did that all come from? So much is obviously going into me, I'm absorbing it all, and then starting to express it in ways I've not been like before. And I'm liking it all. It is all so hard, so much emotional strain and pressure, however look at the results. And you do feel better getting it off your chest; and also, coming to understand where it's all coming from within you; or better still, where it all came from, how it was with your own parents and children, and why it was like that.

The Truth, I am coming to understand, explains why: why it all happened as it did, why we are as we are; and all we have to do is accept the truth of ourselves. We're told that here all the time, but it's not

until you start feeling it happening within you that you understand how good it is. How important it is. Just to fully accept yourself. For Alicia to fully accept her sadness. It's all there within her, I can see and sense it, and how could it not be there? I can see, I've seen it right from the first day I met her, so much sadness within her she's trying so hard to keep covered up. And so if she can feel better about expressing it, bringing it all out, accepting herself feeling sad, then that has to be good, doesn't it? And it has to be better than struggling on her whole life trying to keep it in, to keep it buried, to suppress it all.

## Accept the Truth of Ourselves To Fully Accept Ourselves!

So that's your 'instalment' for the day James. I'll go now and speak again soon. Marjorie.

Later:

Marge: Oh James, I'm glad you're still there re-reading what I've been telling you. I've just had the most wonderful experience, I can hardly believe it, I've never felt anything like it. Talk about extremes, one moment sobbing and feeling so sad, the next feeling the complete opposite, so light and full of love and the joy of life!

Adriana 'thought-called' me asking me if I'd like to go with her to a Divine Love meditation. She said she knew a group that prayed and longed for God's Divine Love in a lovely meditation / prayer room. I agreed to go along... why not, I was feeling a bit better from how I felt earlier lying crying on my bed about how 'evil' a parent I was.

She took me deep into the middle of a forest. It was secure and warm, quiet, so peaceful. Beautiful tall trees were all around us, and the meditation 'room' was up high, nestled in the middle of these trees. It's an enchanting place, and incredible being up amongst and 'in' the trees.

It was designed as if the trees had 'grown' it themselves, it being somehow 'part of them'. I've never seen anything like it, it was so realistic.

There were about thirty spirits getting ready for their meditation / prayer for the Divine Love. Some were sitting Eastern style with their legs crossed in lotus position; others, like me, sat on comfortable 'wooden' chairs. The chairs seemed to have a lot of cushioning built into them, even though it wasn't obvious until you sat down. Then once sitting down, I felt like I never wanted to



get up again. I could feel all the heavy emotions in me and sadness, all I was feeling about my own children and with Alicia.

One of the spirits took us in meditation and prayer for the Divine Love. Another spirit, having welcomed me, explained to me for my benefit, as obviously all the others were regulars, that I was to relax and long for God's Divine Love following the instructions when to do so. He explained that prayer is asking for something, so we were going to ask God for Their Divine Love – God being generally, so I understand here in the Healing Sector, our Heavenly Mother and Heavenly Father, the ultimate SoulMates, which is cute. And that our asking, our praying, is done with a sincere longing, a yearning, in which no words need to be said. That it's not a mind prayer thinking up words to ask for God's Love. However, he said, having said that, as long as we long with all our heart for Their Divine Love, we can also back that longing up by saying words. Got it! I think?

We all closed our eyes and the 'guide' said to imagine being close to God, like God is our Parents, our Mother and Father. And our true loving Parents. And to imagine being with Them wanting Their Love. Wanting Them to love you. We are Their children; I am Their child, so be with Them as a child would be with loving parents. Which was okay, I could do that, remembering years ago being a young girl and how much I wanted God to love me and how much I wanted to be with God and Jesus.

Then we were told to long to Them for Their Divine Love. To yearn, to really want it, to long for Them to fill our hearts and soul with Their Divine Love. And I could do that.

Then they said if we wanted to, to speak to Them in our mind, asking Them for Their Divine Love. To use our own words, just whatever we wanted to say to Them. So I did that too.

Me, Marge: Dear God, my Heavenly Mother and Father, so I now understand You are. I want to ask You Both for Your Divine Love. I understand that I need it as part of my soul growth; but really, God, Mother and Father, I want You both to love me. I have always wanted You God to love me, to feel loved by God, so please, will You answer my longing and prayer and love me now? I want to do the right thing. I want to do my Spiritual Healing. You have given me this new start in my spirit life; You gave me my old life in which You made me feel at times unloved by my parents, and I was at times unloving to my children, and I don't really understand why You did that to me, why You Both wanted me to feel bad in those ways, still I understand that You will show me why through my feelings. So please, I ask You Both again: Can You please fill my heart and soul with Your Divine Love. I am longing to You Both for it, like I have been told... so how about it my Heavenly Parents?



And then James, it HAPPENED! It was not an unfamiliar feeling I had felt at times through my life, and even since being here in spirit, however this was about five hundred times more intense.

They loved me James, with Their Divine Love. They were pouring it into me. I felt like I was sitting under a waterfall of Their Love. And it was Their Love, their Divine Love, I knew it was. And I felt so good. This was all I've been wanting all my life, to feel so loved, I've never felt anything like it. In talking with the others afterwards, it was, so I would now say, my first truly deep spiritual experience. I've not felt anything like it before.

Their Divine Love flowed into me for about twenty minutes. Then I started to feel like if I received another drop I'd burst. I was full, I felt full, like God had topped me up, or filled me up. I had tears streaming down my eyes, my spirit heart was beating like it too was going to explode. I felt full – full of Their Love. It was incredible. I've settled down now, but for about an hour I felt like I was floating. I was going to float away on a cloud of God's Love that was inside my heart and soul, floating out of that tree house meditation room.

The others in the group said I was welcome to come to their meditation tree house anytime, alone, with other spirits, with them as a group. They were all so nice, so loving. They said it might not always be so full-on as what I'd experienced, I was obviously in love-deficit (aren't we all!), I must have been yearning for it, possibly as a young girl, but life had stopped the connection between me and God. (So much for the Church doing its job it was supposed to do!) Certainly I had no connection with my Heavenly Mother, I didn't even know She existed, it has always been just the Father. But during that prayer, She was there with me, They Both were.

So what another incredible experience. Adriana was so pleased for me having such a good experience. She said it's not like that for everyone, that some spirits have to work hard to long truly, having to get their mind out of the way that might be blocking such a relationship of love between themselves and their Mother and Father. That I was obviously ready for it.

And I had no idea that I was. It was yet another complete surprise. I'd been told about the Divine Love, that it's God's Love and we don't have it within us, that we're not created divine (despite what the Church says, another falsehood), that we're of Natural love, and to become divine, we can only do so by longing for and receiving the Divine Love. And I had tried to long for it since finding out about it over here, and I did feel sort of something, but nothing like this.

Others of the meditation group said it might have been all my emotional opening up, becoming more receptive to my feelings, that helped to put me in a state of mind and feeling so as to long and be with the Mother and Father like that.





And the best part for me is: I know They are real. They are James! God, my Heavenly Mother and Heavenly Father who created me, are real; They are my Soul Parents, the Creators of my soul, the Creators of my real self. My Earthly parents did their part to bring me into Creation to start living my life, but it was my Soul Parents that created my soul.

I feel like the ground has shifted underneath me, or perhaps I should say, I have shifted my position on the ground. I am 'different' again, and I feel profoundly so, in some inexplicable way. I now really do have God, my Heavenly Mother and Father in my life. I can still feel Them here with me. I'm going to take Alicia there, and then we can long for Their Divine Love at home too.

It was all so personal, so intimate. I wasn't aware of the others in the mediation group once we started. It was as if I with my Mother and Father only existed, just Them and me, no one else. It was such a sublime experience, I feel special, privileged sort of in a way, knowing God really does love me.

And then feeling so good feeling loved by God stirs up other thoughts and feeling along the lines of: well, if You Both do love me so much, why did You put me through all I've been through feeling unloved and not loving my children? I don't feel that is very loving – You are not loving. And yet sitting in Their Divine Love and feeling so loved by Them – They are loving! So it's one of those, another Americanism James, 'Go figure' quandaries. On which I am not going to dwell.

So I wanted to tell you before you finished writing for the day. I feel so proud of myself. I feel like in some way, I'm now a bona fide spirit. Like I've made the grade or something in some way. Probably a lot of shit; still, I have to go with my feelings! More to talk with in one of my Healing Groups. I'll ask if there is a Group that specifically talks about experiences with the Divine Love and our Mother and Father.

I can tell you're fading now, so I will go. Speak to soon. Thank you James – Marjorie.

**Whilst we are receiving our Heavenly Parents' Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way our Mother and Father are actually loving us! When we progress, it is God's way of loving us into love and then we live what we are, love.**



**Marjorie Day 35    New Year's Eve**

Thursday, 31 December 2020

Marge, newly arrived 1<sup>st</sup> Mansion World spirit: Hi James, I've been speaking with Adriana again, some of which I want to tell you about.

She took me to a place which was one of the most amazing things I've ever seen. It was back in a sector of the First Mind World (1<sup>st</sup> Mansion World), an underground creation by spirits. It was like a crystal theme park in a way, although not with rides, but exhibits which you walked through, and felt. It was quite remarkable; it was, so she told me, designed to make you experience the different vibrations of spirit light. And you did, you could feel the light actually affecting you.

It was a series of caves, some were very small, others vast caverns. And each section of cave was made of different crystals, some the same size and colour – and every possibly colour you could imagine; and then others with crystals of different sizes and colours. And as amazing and beautiful as it was, it was also stunningly pretty, all so aesthetically pleasing, and sort of incredibly weird, feeling all you felt moving through each cave and cavern. We experienced a whole range of emotions and feelings, and even surprisingly for the Mind



World, bad feelings as well. So I would take a step, for example, into blue crystal light, the most striking royal blue and I would feel intensely happy, excited, like I wanted to do anything and everything – and I could! Then we'd move into a slightly red and purple pulsating cave that was a huge cavern of the most incredible crystals, and yet I'd feel intensely claustrophobic; then into the narrowest cave having to walk single file and with greens and pinks and I felt like I was standing in the biggest open space ever. It was so weird being in a small enclosed space and yet your feelings contradicted your sight, feeling you were in a huge open space, and all because of the interplay of the crystal light. And then into a pulsating deep red, golden yellow with greenish-purple cave, that being a very poor description of the colours, and oh my god, you felt like you'd just walked into the depths of hell, so depressed, full of despair, murderous, you felt you had to get out of there as fast as you could before you slit your wrists or threw up.

We took our time, savouring and marvelling at the beauty and what feelings the crystals invoked in us. And we talked.

Adriana was saying that in the first true Spiritual Healing World, the Third Mansion World, where she's soon to move to, all the spirits were able to do their Healing themselves. She said she would still receive help, but it was when you'd broken through your main barriers that were preventing you from allowing your bad feelings to come up, be felt and expressed, that you were considered up and running yourself in your Healing. And I could see that about her, from how well she did in the intense Healing experience. She is still feeling emotions and feelings from the experience, she saying that's how those intense sessions were designed to work, with such personal intensity that it broke through your mind's resistance, allowing yourself to feel all your feelings.

Which is incredible to understand, that our mind has so much control over us, over our feelings. And that too, like everything else, we locked in place as part of our childhood pattern we developed and grew into.

## OUR MIND CONTROLS US!



And she is right, I am becoming more aware of it in myself, feeling how much control I want and enforcing it through my mind. I am a controller James. I can hear you thinking: Welcome to the club, we're all controllers; which I also understand, however starting to really see it for yourself – it's not something you want to eagerly admit about yourself.

I don't want to be a controller, making other people and spirits do what I want; which I don't really do, not outwardly, however inwardly I am so judgemental, thinking people and spirits should be other than they are, they should be more how I am, as if I am god and know what's best for myself and everyone else. And yet it's all my own deluded mental fantasy, demanding they be like me.

Then seeing that's how I was with my children, a demigod to them. I knew what was right; they did not. I was the boss, the controller; they did what I said. And so being able to do it to my children who were helpless and couldn't fight or say no to me, I was totally in control.

And as much as I have to admit, as bad as it might sound, I like it that way. I enjoyed, and still enjoy, having the say, having such control. Having to admit all the bad things about yourself, being shown them through your feelings so there's no denying them, having to face them, then having to deal with all the other bad feelings that come up, is tough, humiliating to say the least.



**Capricorn**

December 22 -  
January 19

And I'm a Capricorn. And I know James, from listening to things you've talked about with Marion, with your mother and sister both being Capricorns and how controlling they were, well I have to admit how you think about them, I'm a lot like that too.

Things have to go my way, I am bossy, I bossed my children at times, and way too much I can see. And how do you know how much is too much, we're all so blind to how much we control. And as you know, which is what I'm coming so see, and a lot of what Adriana was explaining to me, all because we were so heavily controlled as children. And that being so controlled, you're made to feel powerless. Then feeling powerless you learn to take control in the hope of regaining power. Your natural power is taken from you by your parents, so you compensate and learn by following them, what they did to you, you learn to do to others, by developing your ways of being controlling to have power. So I used my children to gain power, the power my parents took from me. They took my natural power so I took my children's natural power, and my children take their children's power and so it's gone through the generations.

And then waking up realising you are controlling, so as to have power because you feel so powerless, how do you then stop being controlling? Am I to somehow give up my control, and then what... just feel how powerless I feel? Yes, you are saying. Okay, so how do I give up that control when surely it's all part of my childhood pattern, how I've grown into being a controlling adult?

James: You don't give it up, for as you say, you can't. You can only long for and want to see the truth of being the controller you are. And at the same time, long for and want to see the truth of being so powerless. To be as powerless as you are; and, at the same time, be the controller you are. And to feel and know it all, that this is you Marge: this is how I am; I am a controller, and I am powerless – which is why I control. And this is why I am like this – all the reasons that you will come to see through your Healing as your feelings lead you to bring it all out so you can be the truth of yourself – how powerless and controlling you are.

Marge: Okay, so you're saying our Healing is not about trying to actually fix ourselves, this being what Adriana was also trying to explain to me, but to simply allow ourselves to be as bad as we are. So for me to allow myself to be as controlling and powerless as I am?

### **SPIRITUAL HEALING:**

**We incarnate into Rebellion, and by default become untrue to ourselves. The truth of which we are to see through our Healing. And once seen, then we will no longer be of the Rebellion, being a true, happy, perfect and all-loving personality.**



**The Healing is about becoming true to being as you are in your untruth. As you become aware, facing and accepting the truth of how wrong and untrue you are. And once you've brought all your untrue self out through each stage of your Healing and are wholly aware of yourself and your rebelliousness, then your soul and God will transform you out of being untrue and into becoming your true spiritual Celestial self, be that in the physical or when you do your Healing in spirit.**

James: Which means, to stop using your mind (and why you do use your mind that way?) to tell yourself you are something other than what you really are. So to stop telling yourself you are not a controller, because you are a controller, and telling yourself you are not powerless, because you do feel powerless. So it's breaking down the delusion we live in because our mind is saying we are other than what our feelings show us we are. So it's about becoming true to your feelings, because your feelings will be true, they will express and help you feel the truth of how you really are. So your feelings will lead you into helping you feel how powerless you are, and how controlling you are to compensate for feeling lacking in power. You are already that way Marge, it being how your childhood made you feel, so it's clearing away all that's within yourself preventing you from being true to how you really are. Which sounds strange: because how can you be anything else other than what you are; however your mind has

been made to believe you're different to how you are. And it's the same for all of us. So our minds make us see ourselves in a false way, they stop us seeing the truth of how we really are; because when we do, then we feel bad, and as we don't want to feel bad, so we've enlisted our mind to make up a fantasy self that we believe we are, all to block out the bad stuff, deluding ourselves that we feel good about being powerless and controlling by telling ourselves we're not powerless or controlling.

Marge: I still don't understand it that well. It's a lot to come to understand. And so if I continue working to bring out all the bad feelings that come up in me, then what happens: all that mind control I'm exerting over myself and all my wrong beliefs I have about myself will breakdown leaving me with the truth of myself – which is really how I am?

James: Yes, and how you are in your fucked state. How you are in your unloved-by-your-parents state. Which is how you are in your rebellious state, because all of it is your untrue unloving self, rebelling against your true loving self. You've been forced to go against yourself, to become something other than what you really are. But first of all in our Healing, we have to come to understand how wrong we are, how false, how untrue, how damaged and distorted, how rebellious. So we have to see and be the full truth of how fucked we are. And once we are living that truth, then, so I understand, as it's not happened to me yet, God will transform us out of our unloving, untrue and rebellious state, to being loving and true.

Marge: Yes, that's along the lines of what Adriana was telling me. We are damaged – fucked, as you so eloquently say James, with each of us expressing how wrong we are in all our different ways, which our feelings help us understand. And so instead of trying to stop ourselves being fucked, we're to just allow ourselves to be as fucked as we are, coming to understand, again through our feelings, why we are so fucked. So being fucked and yet without doing anything about it, just be as fucked as we are?

James: Perfect Marge; yes, that's how I understand it to be. It took years for me to stop thinking I should change, and should be able to change, all the parts wrong in myself that Marion helped me see. And now understanding I can't actually change myself, so change my childhood and all I've become as a result of it, feeling powerless to affect any positive changes, just allowing myself to be as fucked as I am, that really sucks, it makes me feel so angry, and a million times more powerless. To remain in my fucked-up state, feeling how bad I feel and how bad I make other people feel, and not being able to do anything about changing myself and stopping being that way, really sucks. And yet, that's exactly how it was for me throughout my childhood. I had no say in it, it was 'done' to me. I took it all on becoming as I am, so this is me now, fucked and all. This is what my Healing is leading me to see about myself, all the masses of ways I am fucked and how it all came about; and my just being it, living true to it, being how I am, and not trying to change myself, just accepting myself as I am. This being the Truth of myself God wants me to see in my unloving fucked up state. This is the Truth of how fucked I am. I am fucked – this is me being fucked. I am my expression of being fucked.

Marge: I see. So I should give up thinking I can change myself, that I can stop being controlling for example?

James: Yes, however that's still using your mind, which is still controlling. The idea and desire is right, to want to give up thinking you can change yourself, but you're to allow yourself to become it naturally through your feeling expression and the truth that will come up within you as a result. If you say, I am a controller, I see how I am trying to control, and then set out trying to change yourself to not be a controller or lessen your control, to basically fix the problem within yourself, then that is still exerting control over yourself. And it's the same if you can see that about yourself, then say, right, I will stop trying to change myself. Because more than likely you still keep trying to change yourself right the way

though most of your Healing, because you were forced to change, and made to believe changing yourself was good and something you could do when you were a child. You're still saying to yourself, exactly what your parents said to you, that you are no good as you are, and so need to fix or change yourself. It's a vicious circle. So all you are to do through your Healing is keep staying true to your feelings, which will in turn lead you to see the truth of all how controlling you are, and that's it, you only need to see the truth of it all. You don't have to change yourself by trying to control yourself in other ways by making yourself change. You will come to see, and then accept, all how controlling you are, all the different ways.

Marge: I see what you're saying, so by my trying to stop being controlling in the ways I see I am being controlling, is still my being controlling. So there's no escape from it, so as you were saying, only accepting I am it. And how being that way makes me feel.

James: Yes. So in the end you will come to accept all how controlling you are, feel yourself being it, knowing the whole truth of how and why you are controlling. You'll see how it all came about, seeing the truth of your relationships with your parents and early controllers who made you become a controller. So our Healing allows us to see the whole truth our childhood has made us be.

Marge: Difficult?

James: Very. And it's a process. You fight your control, by asserting control, you go this way and that, wrestling it out, and all being led by the feelings that keep coming up in you, all as you long to see and uncover and be the truth of them. Which in time leads you into complete acceptance of your 'controlling-ness'. And it's not that you come to understand you are a controller, and so as you can't stop yourself being it, then fuck it, I will then get on controlling in all the ways I do. But you come to be the whole truth of it, and then it's how being that way makes you feel. Which by rights, and what I would imagine, is you come to know completely and with all your heart, all through you, that you don't want to be the controller you are. It doesn't make you feel good. It's not loving being that way. And yet, that is how I am; still, I don't want to be rebellious, I don't want to be part of the Rebellion and Default as being expressed by all my controlling ways. However, I understand God is wanting me to experience this, and this is how bad it makes me feel being this way, and how bad I feel not being able to change myself.

And where I am now in my Healing, I am waiting for God to change me, to affect my inner Transformation that will take me out of my controlling rebellious anti love, anti truth and anti self ways of being caught up in all my mind control, into being a Celestial, effectively free of my unloving childhood, free to start living as if I have been Born Anew, free to start living a life wholly of love.

We are in a bad state, and we're to know how being in that bad state makes us feel. How feeling unloved and being unloving feels – all the different horrible feelings. And how it REALLY makes us feel, and not what our mind might tell us. We're to know how feeling unloved really makes us feel. That being what our living in our rebellious way is – being unloving and feeling unloved.

That's how I'm currently seeing it Marge. I might still have more to go and understand about the Healing process, I won't know completely until I am of a Celestial Truth. You would have to discuss it more with your Celestial spirit helpers.



**SPIRITUAL HEALING:**

Our Healing is about first finding the truth of our unloving and untrue state, coming to understand the full extent of that, how it relates to us and how we relate to it, and all how it makes us feel so demented living life in a stupor.

Healing is about seven Mansion Worlds worth of uncovering the truth of our rebellious state. It's all about becoming progressively more aware of how screwed up we are. So right the way through our Healing, we stay being screwed up all so we can see the truth of how demented we are in all the ways that we are untrue, all the way to the End of our Healing.

What we do heal through our Healing, is all that is stopping us see the truth of ourselves – our untrue and false state.

Mansion World 7: is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving; understanding how your relationships are unloving, how you don't connect properly, how unloving you really are and why and fully accepting the truth of it, coming completely to grips with your parents not loving you as you needed to be loved – sorting it all out, including your self and feeling expression difficulties. Then comes transition.

Mansion World 5: is then about going right into the depths of them, feeling how unloved you feel and seeing how unloving you are and how that makes you feel, bringing out the majority of your pain, your misery, fear, anger, guilt, hatred, boredom, terror, rejection, nothingness, feeling powerless, alone and abandoned, and so on. Each progression is full on, all the way.

Mansion World 3: is for waking up to the truth that you're not loving and starting to get in touch with your pain, starting to accept your bad feelings, starting to work with them instead of rejecting them.



IT IS NOT THIS WAY



IT IS THIS WAY

Marge: I have asked mum (Marie, 1<sup>st</sup> Celestial Heaven) about it, however she suggested I speak with you about it. I understand it's the sort of thing you have to experience for yourself, however I do feel I'd like to know more about what I'm in for, or getting myself into, what the aim and goal of our Spiritual Healing is.

James: Yes, of course. I do too. However like with you, the Celestials have said a certain amount, but really they work it so I have to find out for myself through my own experience. Which is what we all have to do. So even though the Healing path is more defined for you over there in the Healing Worlds than it is for us here where it hardly exists; still, and incredibly so, we're all to experience our Healing as if we're the first and only ones doing it, it all being such a personal experience for us, which is how our lives are anyway.

Marge: Yes, I see what you're saying. It is amazing that it does seem to be worked into being just what life is. I mean, I don't have to do anything other than what I'd ordinarily want to do in my life, and yet I am living a whole different approach or way to life, all this with the emphasis on my feelings. And even though I'm going to these Healing Groups, still, they are just another thing I want to do, like going to play bowls or cards or whatever you like doing.

So what I mean is, I go for a walk with Adriana through these incredible crystal caves, like going to the zoo or to a museum or art gallery or whatever, and instead of talking about the children and what's going on at work or whatever, I am talking with her about the aim of my Spiritual Healing, how do you become a Celestial spirit, how do you do your Healing, finding out how controlling I am and how much that control has hurt my children, as how much I was hurt by the control my parents had over me. Just a different focus in life, I suppose.

So much of it is getting used to being this new way, looking at life in such a different way, approaching it differently, I can understand that.

James: Yes, there's a lot to see, and you've only recently been introduced to it. I think you're doing a fantastic job, all the new experiences you're having which are so different to how it was for you on Earth. Dying is big enough, and coming to terms with your new spirit life, let alone also being introduced into a whole New Way, and then starting to do your Healing.

Marge: Yes, a lot has happened rather quickly.

James: We've all been incarnated into a Spiritual Rebellion against the Truth, and all of Default, our parents not aware they were doing so. So we've all been damaged, and live that damage believing it's the right way to be, and yet it's the wrong way to be. We're going against Truth, Love and Perfection by being rebellious, caught up in this Rebellion we're not even aware of being caught up in. Then to have to wake up to it, becoming aware of how damaged we are. And then moving to one day be free of the Rebellion and living with Truth, Love and Perfection. It's a lot to ask, a lot to experience. And for someone such as yourself Marge, you've had seventy six years of being the Wrong Way, now your soul is suddenly waking you up to how wrong you are. And that phase will go for as long as you need to do your Spiritual Healing so as to become true to all how damaged you are. Then hopefully when that phase ends, your Mother and Father will transform your soul into the complete divine love perfection of the Divine Love you've started praying for, moving you out of the Rebellion and ending your rebelliousness, ending living against the truth of yourself and the Truth of God.

# ENOUGH IS ENOUGH

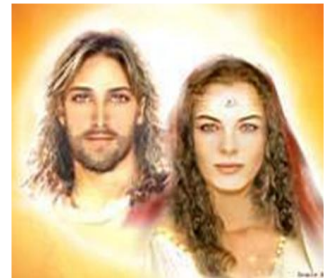
Andon and Fonta, our first parents to long for our Heavenly Parents, lived nearly 1,000,000 years ago. Naïve humanity was seduced by high spirits, the Lucifer pair, to believe they could be gods through their minds, thus men subjected women to subordination 200,000 years ago. Also added to this was the default of the Adamic pair more than 38,000 years ago when they failed in their mission.

## REBELLION & DEFAULT **200,000** YEARS

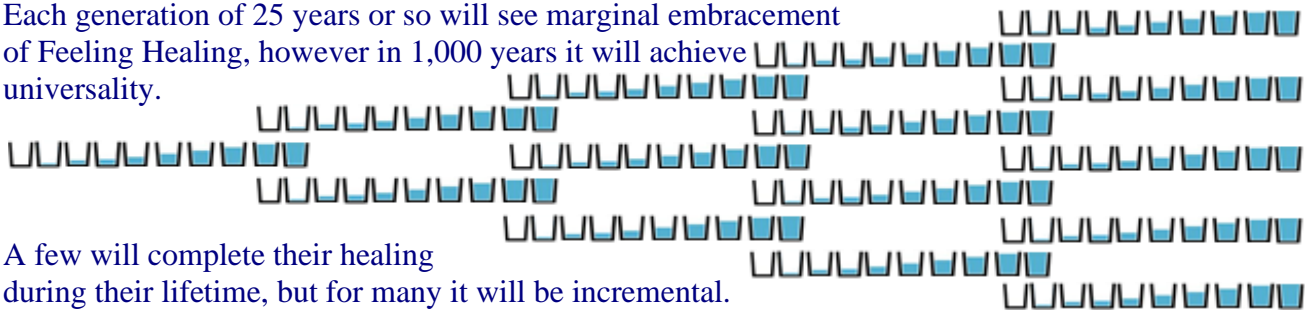
When Jesus with Mary achieved their full Regency of Nebadon, in 26 CE, they immediately had the Lucifer and Satan soulmate pairs assigned to a spirit world prison. Since then, the Creator Pair have been preparing for the ending of the Rebellion and Default for humanity of Earth. The Avonal Pair now on Earth, once commencing their Healing, brought about the imprisonment of the Caligastia and Daligastia pairs in the early 1990s. As the Avonal Pair advanced with their Healing they brought about the formal end of the Rebellion and Default, on 31 January 2018. It is now for all of humanity to embrace the Spirits of Truth of the Avonal Pair and undertake their healing of the imposts of the Rebellion and Default.

## Avonal **AGE 1,000** YEARS

Spirits of Truth of the Avonal Pair will guide us through our Feeling Healing and into the Celestial Heavens with Divine Love, then the Spirits of Truth of the Creator Pair will lead us through the Celestial Heavens and out through Nebadon towards our Heavenly Mother and Father in Paradise.



Each generation of 25 years or so will see marginal embracement of Feeling Healing, however in 1,000 years it will achieve universality.



A few will complete their healing during their lifetime, but for many it will be incremental.

Universality of Feeling Healing with Divine Love will see the mitigation of discomfort, pain and illness as well as the imposts of global warming and Earth changes. These events are to ensure that each of us embrace our feelings, both good and bad, down to the very core, so that we fully come to know who we truly are. Sciences will endeavour to remove pain only to see disease manifest in different forms. Earth disturbances are a result of the Harmonic Convergence of the late 1980s, increasing the rotation of the Earth's central core. This will only abate when humanity has universally embraced Feeling Healing. These influences are only imposed upon us so that we do not step back into the Rebellion and Default through complacency. Live Feelings First so that we become the true personalities we are, that being daughters and sons of our Heavenly Mother and Father.

So it's a huge change for you, and it's only going to get bigger and more intense. You're setting out to end one way of being, which is a wrong way (and all of it is wrong, not just a couple of minor things), to become another way of being, and the right way. I'm still coming to terms with it and I've been doing my Healing for over twenty years, I'm still understanding all that's involved. Which is why writing this with you, listening to your experiences of waking up, is further helping me understand more how fucked I am and why. It's further helping me come to terms with, and so accept, my rebellious unlovingness.

Marge: I see. So there is a lot more to our communicating like this?

James: There is for me. And if there is for you, that's what you will come to see.

Marge: There is James, I am already seeing it. Adriana was asking me about you and all I do with you, she was amazed, she'd not heard of any spirit talking about the Healing back to anyone on Earth. As far as she understood, the Healing was only something you could do when you came to the spirit worlds. So I explained my understanding that the truth of it is being revealed to Earth, which myself, little old me, is playing my little part. Which blows my mind James, to think that might actually be so.

I think I will go now. It's time for you to make Marion's and your lunch anyway. Thank you for talking it over a bit more with me. There's certainly a lot of talking involved in all of this. I've never talked so much in all my life about things I mostly have no idea about!

Speak to soon James. Marge.

Later:

Marge: I went to Alicia's Group and thought you might like to hear what that was like. She was happy for me to be there, along with about a dozen other spirit parents of the spirit children of her Group. There were about twenty children, equal number of boys and girls, all around her age, fifteen (in case you forgot her age James).

All their chairs were back against the wall at one end. Elistiena (woman) and Acarana (man) her Group's two spirit Celestial 'guides' were sitting at different places in the line. It was all much more informal compared to the adult Groups I've so far been to. We 'observers' were along the sides of the room.

Elistiena told the Group that she wanted everyone to think about feeling sad, which I thought was very appropriate for Alicia (and of course it was, the Celestials knowing what's best). And then each of the children was to stand in front of the Group and act being sad. They were instructed to think of something that made them sad, and to be sad. Then Elistiena asked who wanted to go first. Alicia looked at me and jumped up off her chair and walked to the centre of the room, and from seeing happy and talking with all her friends, instantly she was sad. And so sad, she started me crying again.

She crumpled down onto the carpet being so sad, she was crying. I knew what she was thinking and feeling.

Elistiena came up to her, crouching down and gently stroking her back, saying "good, that's very good showing your feelings like that, showing us how sad you are feeling. Would you like to tell us why you feel so sad Alicia?"

Alicia: I miss being with my mama and papa, I feel sad not being with them. I want to be with them sometimes, and when I do, then I feel very sad. Other times I don't feel sad. I have been feeling sad since you said it was good to allow ourselves to feel the feelings we don't like feeling. I don't like feeling sad, but I feel sad.

Then another girl walked over to Alicia and sat next to her holding her and crying too.

Other girl: I too am very sad. Like you Alicia, I feel sad because I can't be with my mummy and daddy. I love being with my spirit mummy and daddy, but I also wish I could be with my Earth mummy and daddy, I would like to be with both my spirit and Earth mummy and daddy.

Elistiena left them together feeling sad, and telling each other why they felt so sad. Then a boy came forward and he stood looking sad. Elistiena asked him why was he feeling so sad, and he said he felt sad when his pet dog had died, that he loved his dog, Max, it had been a German Shepard and had grown up with him on Earth. But then Max got shot by a hunter who mistook him for being a wolf. Max had managed to get back home, and died in the boy's arms.

Each of the children came forward also looking sad, some standing looking sad, others sitting down on the carpet.

Elistiena and Acarana took time with each of the children talking to them about why they were feeling bad, gently encouraging them to express their sadness. They didn't push or force or control the children, just allowing them to be their feelings.

There was such a nice feeling in the room, very loving.

Then Elistiena and Acarana invited us observing parents to come and join the children. I was amazed at that, and yet then I thought, of course, why not, to involve us all, as that's surely what it's all about. Then I thought, why are not all the parents here helping their children; but then I thought, like everything here, it's all how you want it to be, nothing is forced.

I approached a boy, saying hello, and that I was Alicia's Auntie. He knew who I was. I asked him why he was feeling sad. He said because he'd been left at the nursery for such a long time. He'd died when he was four and had come into the spirit world to find himself in a large children's nursery. And that was okay, there were lots of adult spirits looking after all the newly arriving spirit children. And then families of those children would come and collect their newly arriving children. But no one came for him. He wanted his grandma to come, but she didn't. And two then three years passed and still no one from his family came to collect him.

He said his grandma did finally come, but she told him she couldn't take him, that she had a new family now, a new spirit husband and he didn't want to have anything to do with any of her Earthly relatives. She was sorry.

He said he felt so unwanted, no one wanted him, so many of the other children had come and gone and yet he was still left there. He said the spirits working there loved him and treated him very well, but they all had so many children of their own they couldn't take him.

"No one wanted me, I was all alone, no one wanted me; why, why didn't they want me, what was wrong with me?"



I told him I felt sad for him, that it was terrible no one wanting him, that he seemed a very nice boy. And I asked him, what happened in the end; how did you come to be here in the Healing Sector?

“One day a spirit woman came and she saw me and asked me why I was still there in the nursery. I said I don’t know, no one wants me. And when I said that to her, she gave me such a big hug, she said that wasn’t right, that she’d been looking for someone just like me to love, and would I think I might like to come and live with her. And I said I would. She took me to live at her home, and it was just her and I. She said when she had been a young child on Earth, she was a single child and her father had got drunk all the time and hit her mother, and that made her feel very lonely, so she knew what it felt like feeling all alone and like no one wanted you, no one loved you. So she said she would love me and make me feel loved and no longer feel alone. And then when I was fourteen and a half, we moved here to live in this Healing Sector. So here I am.”

He then asked me if I ever felt sad, to which I assured him I did. I said I’d never felt alone like he must have felt, but I felt sad for lots of other reasons, such as lately feeling sad for not being as loving to my children as I should have been, because of all the new things I am seeing about myself starting to do my Spiritual Healing here in the Healing sector. I asked him where his mother was, and did she come to these Healing sessions with him, and he said “She usually did, but she couldn’t today as she was going to have an interview about getting me a sister, and that if she was able to, she would meet me after the session and we will go and meet her.” He said he hopes his mother does find a spirit sister for him, as then he will feel even less alone.

I moved to another child as Elistiena came to speak to the boy I’d been talking with, and that’s how the Healing session went. Gently encouraging the children to express feeling sad, allowing them to be in their sadness, with us adults, and the children with each other.

And I really appreciated that, being allowed to feel your bad feeling with others, it all being so gentle, natural, no forcing or demanding the children express themselves.



I understood later from Elistiena that in this Group were all children that had died around ten years old or under, so having spent five years in the Mind Worlds. She said they were all much gentler spirits by and large compared to children who might have died at fifteen and come almost straight from Earth. She invited me to come to one of those Groups as they were often very lively with the teenagers full of many of their terribly bad Earth feelings. She and Acarana oversaw fifteen of these Healing Groups dealing with children of different ages and feeling-needs.

Fifteen, I was amazed, that’s a lot of work. They were with Alicia’s Group for about two hours, and have been working with her Group once a day. In some of their harder groups they might do three or four Sessions a day with the same individual of one Group, it all depending on the needs of the children, and basically, how messed up they are. She said they both love being with the four year olds the most (they don’t work with younger children); being surrogate mothers and fathers to them, focusing on encouraging the little children to express and learn about their different feelings.

She said so far as Alicia’s Group goes, as all us parents and Aunties like me had to write details about our children when our children joined their Groups, the Celestials will work the Group pretty much

knowing which feelings the children are going to be feeling the most, which ones they will be wanting to hide and not express; and keep working them to understand that it's okay to feel all they do; and that being that way is good, it helping them in their spirit lives. And I could see, you'd need to have the children's parents wanting to be involved in their children's lives this way, their parents intent on doing their own Healing, or else it would be hard for the children waking up to their feelings and the parents still intent on denying them.

Afterwards Alicia said she liked me being there, and didn't mind that I was talking to her friends about them feeling sad. So I think that's another regular Healing Group I'll be attending.

And although it's all for these children, still I was amazed how much I got from the whole experience, being able to be involved with the children myself. To again simply be told, and to see, that it's all right feeling sad, feeling any bad feeling. And then being with these teenagers who were so accepting of all their feelings, they taking it all as normal life, enjoying the positive and loving attention everyone was giving to their bad feelings, with no one scolding them and telling them off for feeling bad. Now I see how mad we all are by not honouring all our feelings. And okay, so you feel really bad feeling bad, however you still feel bad, it's still a part of you, and so feeling that bad feeling should be respected and not rejected and treated like unwanted vermin. It's so much better than: You can't feel those bad feelings, they are bad, evil, the devil, and all the rest of the rubbish we subject our children and ourselves to. To think, the whole focus of so many spirits in the three Mind Worlds (numbered 2, 4 and 6) is to keep denying your bad feelings as much as you can, all so you can keep up the pretence of feeling good all the time, it's pretty fucked really. How much is that screwing you up!

**Allow our Feelings to surface and embrace them!**

It was also good to speak with some of the other parents, slowly getting to know these spirits, all who come from all walks of life, different nationalities on Earth, we're all mixed in together, all equal, no racist stuff or inequality that I've detected so far; all understanding we're all fucked and in the same boat, we're all our fucked state in different ways; and so, what's wrong with that; and let's get on with it, helping each other to understand what's really going on within ourselves. It creates a nice feeling of unity, none of that underlying competitiveness – my child's better than yours because he or she doesn't feel all those bad feelings, he or she doesn't cry all the time like your pathetic child does. Now if anything, it would be the other way round: look at how well my child feels and expresses her sadness, must better than yours does! However there is nothing like that.

And if anything, if there is a feeling common to us all, I think it's that we all feel sorry for each other, being wreckages from our fucked up Earth and Mind World lives, all as together and helping each other to start waking up to the truth of how we really are.

So I think I will also attend some of Elistiena and Acarana's other Groups so as to get a feel for all that's going on Healing-wise in this Healing Sector.

And then to think of those two Celestial spirits, and knowing all these Celestial pairs are true soulmates (soul partners), so what an experience sharing together all they do; and all the Celestials that are helping us, to know they were like us, they started their Spiritual Healing like we are, coming to terms with The New Way and seeing all the incredible truth about how unloving they were and how unloved they felt. And then to do their Healing, progressing up through the Healing Worlds; then to become Healed, and Celestial; and then wanting to come back to where it all began for them and help others like Alicia and myself. Gee, you just never know what life might have in store for you, do you. I look at them and I

think: Am I going to be here one day as a Celestial Healing spirit with my true soulmate like they are. Being so loving, so attentive, so wise, so understanding, so caring, so giving, wanting nothing in return, and yet with the children pouring their love out to them. It must be very rewarding, better than just indulging in your own mind delusion somewhere in the Mind Worlds. However, that's my judgemental side coming out again, because each to their own, and it's not my place to say otherwise. More bad feelings for me to express in one of my Healing Groups.

I will go James. Thank you again for writing all I want to say. Speak to you soon – Marjorie.

***We are more alive than ever  
- when we are dead!***

**Marjorie Day 36      New Year's Eve at Fun World**  
(Twelfth day in spirit Mansion World time!)

Friday, 1 January 2021

James: Hi Marge, did you do anything for the New Year?

Marge, newly arrived 1<sup>st</sup> Mansion World spirit: We did James. Adriana took Alicia and I into a mind-world sector here in the First Mansion World. Marlon went off somewhere with some spirits from his Healing Group. I think he's keen on one of the women, he's not coming forward about it, so I'm not prying, and I hope it works out for him.

We arrived in what can only be said to be a 'world' of fun parks, Disney Land sort of stuff. And it was the sheer amount of land it covered that was astounding. FUN WORLD it is called. I gasped at the sight of it. For the full effect, the full impact, the arrival platform is situated on the top of a small mountain overlooking the huge Fun Valley that spreads out at one end over a wide plain further than the eye can see.



Alicia hadn't been there before, and she loved it. I don't know if I loved it or hated it. It was too overwhelming, the whole spectacle. There was every type of Fun Park ride, circus act, Fun Park games, you can imagine. You know how Las Vegas looks like with all the lights and casinos, well the valley was full of lights, so many lights; and it was night, the spirits, so Adriana said, making it night time to simulate a real New Year's Eve back on Earth. No casinos though, only rides and games to play. So many coloured lights flashing and blinking, huge Ferris wheels, incredibly complicated roller coasters, just looking at them with all their loops and spirals and steep ups and downs, shooting through crystal lit caves, underwater fairy-land tunnels, fairy and angel forests, with fairies of all sizes made by the minds

of spirits, flying about, goblins, Lord of the Rings full-on, it was too much. It would take you years to look at everything, to go on all the rides and play all the games. And it was packed, there was hardly standing room, all the spirits squashed in together, and yet that was all part of the Fun.



Incredibly, Alicia bumped into a mind-friend of hers who wanted her to go off with her, so she went off, with Adriana and I catching up with her every now and again by thinking-being-with-her and somehow we were by her side. I don't know how everyone moved about like that with so many spirits everywhere, however it worked effortlessly and without anyone being angry, everyone being so friendly, happy, having the time of their lives.

Adriana took me on a few of her favourite rides, and talk about sensory overload, I couldn't even begin to describe them. I reckon there must have been every type of Amusement Park ride every dreamed up on Earth and then about a million other ones. And because you don't have to worry about gravity on the spirit body like it is in the physical, you could be thrown around, whizzing upside down, spiralling, like being in a jet fighter plane, flashing here and there, it was thrilling, exhilarating, but I don't think I'll be rushing back there.

It showed me again, how everything about the mind spirits is for entertainment of the mind, keeping the mind happy, keeping your mind focused on only feeling good. Feel happy and be loving to yourself and everyone else at all times. It all being so false; at least that much I'm being able to see more clearly now.

I asked Adriana how she dealt with that, how the place didn't repulse her, making her want to run back to the peace and quiet of our Healing Sector, and she said she was able to put herself back in how she was living in the Mind sectors, she put her bad feelings on hold, delighting in allowing the entertainment of the Fun sector to overwhelm her mind and make her feel good how it used to do for her. Then when she was back in the Healing sector, putting her mind to helping her feel and express all her bad feelings.

There were spirits of all ages and nationalities, it was good on that level, everyone blending in and getting on well, no one drunk and carrying on, no fighting, it being just one Huge Party.

And so the tension and excitement built toward the 'turning' of the year. I don't know if we actually have spirit years as such over here, I'd have to ask Marie. Adriana didn't know either, she just saying the Fun Night matched the year on Earth. And so I guess, because how would you know anyway, we celebrated the end of the year and beginning of the new one, when you did too on Earth. However, as to whether it was when Australia did or New York, I have no idea, all these petty things really bothering me at the time. No one else seemed to care.

And when the year ended, oh my god, was that an even bigger light show, the whole place erupted in light and colour, the night sky was full of fireworks, and all sorts of creations of light. There were animals of light, ghosts, all sorts of creatures, famous art works, portraits of famous people on Earth and in the spirit worlds. And you'll like this James, Michael Jackson, Elvis (even a quick series of Popes and Presidents, and lots of people and spirits I didn't recognise) burst into the night sky with one of their songs booming out. The sky full of so much going on you couldn't take it all in.

Music was everywhere, everyone was singing and dancing, the spirits themselves were all wearing light-clothes, they were lit up, changing colours, flashing, so many different designs, clothes with flashing



words on them so you could ‘read’ the person’s New Year's Eve message. It was incredible, breathtaking, and it all having such an uplifting effect on you.

We caught up with Alicia and her friends for the End of Year Count Down Light Spectacular, they’d thought-called others to join them, so some of her new friends from the Healing Sector were there as well; and it was wonderful seeing how happy and excited she was.

And I was happy too, it was very exciting, thrilling, everyone was swept up in the happiness of the occasion.

Having come back home, again I feel sad for not being able to be there with family, which is good for me to feel more of my bad feelings.

And being back in the mind sectors, feeling how intent all the spirits are in keeping themselves happy by using their minds, has been good to make me reflect on and think about my new life.

And although being caught up in such a thrilling and spectacular event like that, it being an amazing experience to have, still, no way would I want to live there like so many spirits do, wanting nothing more than to play all the games and continuously ride the Fun rides.

Adriana said there are quite a few similar Fun Park sectors, she said she’s seen a lot of what this First World offers from the mind side and feeling side. And it reminds me of how I was when I first arrived, all those days ago – ha, ha, when all I wanted to do was visit everything there was to see in this World and on Earth, and how now I have no such desire, it’s just vanished. I feel content to accept what comes my way.

So that was my New Year’s Eve, James. I got ‘drunk’ on the light. And so again, this spirit light is pretty amazing stuff. Being able to affect your emotional state through light, colour, sound and the vibration given off by the interplay of colours and sounds. It’s pretty amazing, that’s the only word I can use to describe how amazed I am by so much of our spirit lives!

I can see the pictures flashing through your mind James of things on a spiritual level to do with light, colour, sound and the vibration, all that Eastern chakra stuff and Alternative spiritual way of trying to raise your vibration using colour and sound, mantras and so on; yes, as you are saying, all to affect the mind so it can keep its control over all those feelings you want to keep repressed. All the information seems so important to understand, being in the mind sectors, but being back here in the feeling Healing sector, no one is interested much, as all we want to do is work to get more in touch with all the feelings within us, and particularly all the repressed ones, no longer wanting to keep them hidden from us.

## Feeling Way or the Mind Way!

The Feeling Way and the Mind Way are two such opposing extremes, that much I’m coming to understand. It being such a significant division, and yet one that people have no idea about on Earth. So I can see James what you’re wanting to do, to make a revelation of the Feelings Way, offering people an alternative, for those people not wanting to live indulging their mind in a Fun World Theme Park for the rest of their lives, and instead wanting to work hard on themselves bringing to light all their hidden bad feelings, all so they can understand the hidden truth of themselves. None of which is nice, knowing we’re all living in a rebellious way against God and the truth of ourselves; yet all of which we need to bring to light within ourselves if we do want to spiritually ascend in truth.



I can feel you are very pleased with me seeing it like that James. I'm pleased with myself too. I feel I'm getting the hang of it, coming to understand what it's all about, and why I'm involved in this with you. It's all been a set up, hasn't it, by Marie, Beth, yourself, John and Samantha, I can sense that more now.

James: Set up by our Mother and Father, all being worked through the expression of our souls.

Marge: Yes, of course. How could it be any other way.

And like I said before, I am very happy playing my small part in this with you James. I know we're coming to the end of our time together, we both having to move on in our different ways. And it's a good feeling, feeling I understand a bit more about what it's all for.

I'm taking Alicia to the Meditation and Prayer Tree, as I call it. Do you want to come with us? Good, I thought you'd say yes.

She's very excited. I've checked it out with the spirit that told me how to long and pray for the Divine Love and he told me a time when it would be free for just the two of us. So I've been writing with you filling in time until it's time we can go. And so as that time is now, we're 'launching' from the 'pad', so hang on a moment until we arrive there...

...Okay, that didn't take long.

I will ask you to write what Alicia says, as she wants to say hello to you.

Alicia: Hello James, Marge and I have just arrived at the Prayer Tree House, it's so beautiful, up here amongst all the green and brown. I love it here, I'm so glad I've come with Marge to do a prayer to God.

James: Have you prayed to God before Alicia?

Alicia: Yes, when I was a young girl in Church. Not over here, I haven't been to Church over here.

James: And you had a very exciting New Year's Eve, Marge was telling me, a bit different to being there in the Prayer Tree.

Alicia: Yes, yes, it was soooooo exciting, I've never experienced anything like that, all the rides to go on, all the lights, it was fun. But I like it here too, it's very different, very peaceful.

Marge has organised two chairs for us and we're sitting facing each other. She's saying I am to close my eyes and relax. I'm doing that, it's hard though, I want to keep them open and keep looking up at the light sparking through the leaves and branches of the tall trees. But I'm doing as she says.

She is saying for me to imagine that I am with God, my Heavenly Mother and Father, to imagine that They are with me, standing in front of me; and I am to ask Them for Their Divine Love. She wants me to long for Their Divine Love, to really want Them to give it too me. She's already explained the difference between my longing with my heart for Their Divine Love and my asking Them for it using my mind, my longing being the more important way.

So I'm doing what Marge said, imaging They are here with me and I am longing for Their Divine Love. They are here with me James! And I can feel Them loving me!

James, I can feel Their Divine Love gently flowing into me. It makes my head want to rise up looking into heaven. I can feel a warm light coming into me, flowing into me through my face, into my head, into my heart. I can't actually see Them, but I feel like They are with me in some way. It feels nice. I've not felt Their Divine Love like this before, not in Church.

Now Marge is telling me I can speak to Them, so I will.

Hello Heavenly Mother and Father, thank You for Your Divine Love You are giving me.

Oh James, They are speaking back to me... is that right... can God speak to You?

James: Yes, Alicia. What are They saying to you?

Alicia: It's the Heavenly Mother, I can feel Her hugging me, She's making me cry; She says She and the Father will take all my sadness away from my heart as I bring all my bad feelings out. That I am Their good girl for allowing myself to feel bad like I am. And that She and my Heavenly Father are always with me; and that I can come and be with Them like this, within myself, whenever I want. The Heavenly Father is saying I can long for Their Love anytime I want to. And I am telling Him; yes, I will.

The Heavenly Mother is now saying She is going to give me a picture, like a dream. Okay, thank you Mother.

It's of my mother on Earth hugging me, making me feel loved. I remember when she hugged me like this James. I am crying more, feeling happy and sad. I want her to hug me like this, I do, so much, I long for my mother on Earth to hug me and love me so I know she loves me.

And now my Heavenly Mother is saying She loves me like my mama loves me. I can't stop the tears... Marge has come and is now sitting next to me, hugging me, loving me... I can't say anymore James...

Marge: I kept an eye on her as she started her prayer for the Divine Love. Then she started crying and I moved to hug her. I could hear what she was saying to you James. It's all so loving, I'm crying too, feeling so loved – why can't we all feel so loved like this all the time? Why do we have to feel so deprived of this Love, and deprived of so much love if it is so readily available? Why doesn't the Church focus on longing for our Mother and Father's Divine Love? Why doesn't it understand?

I'm still sitting hugging Alicia, we're both crying. She is sitting like an angel, with a straight back, her face with spirit tears running down it and her eyes still closed looking up as if into heaven. And I am longing for Their Divine Love, I can feel it moving into me, not as strongly as it did before. It's more gentle; loving, caring. It's nice, so nice. I won't say anything further James... I'll just sit here with Alicia and our Heavenly Mother and Heavenly Father feeling loved by Them. I'm so pleased it was so easy for Alicia, and that she can actually talk with Them.

I will come back to you later James.

Later:

Marge, newly arrived 1<sup>st</sup> Mansion World spirit: I'm back at home, Alicia (15 years old) is visiting next door. She is such a sociable girl, free and confident in her sociability.

She loved her Divine Love experience with her Heavenly Mother and Father. She was talking with Them afterwards and again when we got back to the apartment. They are in her mind, and everything They say to her makes perfect sense, it's caring and supportive, yet not sentimental. So how does that work, is it really *the* Mother and Father – God?

James: You haven't been told anything about the Indwelling Spirit of God?

Marge: No, nothing, what is it?

James: It's a spirit fragment of God that is sent to us by the Mother and Father when we're about six years old. It indwells our higher mind, we've all got one. And it serves as being our 'inner God voice' or the 'voice of God within' which people and spirits say they can hear. We can all hear it if we want to speak directly with Them, and somehow the Indwelling Spirit enables Them (our Heavenly Parents) to speak to us, like They were speaking to Alicia, so it would be her Indwelling Spirit orchestrating that for her.

Marge: So I can speak with Them too, like Alicia can?

James: Yes, in theory. However from my experience, the reality is not everyone might want to speak with Them like that. Marion can if she really tries, but she says she doesn't want to have a relationship with Them in her mind, only directly through her feelings. She wants Them to guide her, 'speak' to her, through her feelings, given up any mind control she might have. Some people I've met have been able to easily speak with Them, but then they start wanting God to tell them how to be and what they should do in life, wanting God to tell them ahead of time what's going to happen to them: Do you want me to turn left or right at this intersection God? Wanting God to take over their life through their mind. Whereas God guides us through our feelings. So it's not good if you're going to use Them to further stop yourself feeling all your bad feelings.

A lot of people have blocks about it, about God, however once you start living The New Way and doing your Healing and longing for and receiving Their Divine Love, you've got a better chance of opening up that inner connection with Them through your Indwelling Spirit of God, whilst staying true to your feelings.

When you next long for the Divine Love Marge, ask the Mother and Father if they will speak to you, and go to Them expecting Them to. And should They, then you'll know what it seems like to me when you're speaking to me, because They use similar inner lines of communication. All of which, I imagine is not unlike how it is for you spirits communicating telepathically as you do.

Marge: Telepathically; yes, that's right, that's how we can do it with each other over here.

All right then, I will see if They will speak to me next time I pray for Their Divine Love.

And so presumably, you James can speak with your Indwelling Spirit of God?

**INDWELLING SPIRIT, THOUGHT ADJUSTER,  
MYSTERY MONITOR (all being the same):**

The external elements, instruments of the Father, do not form attributes of our own soul upon its initial creation by our Heavenly Parents, these are the Spirit of Truth, the Indwelling Spirit, and Divine Love.

The Holy Spirit, conveys Divine Love to your soul should you earnestly and lovingly ask for it. This is the only function of the Holy Spirit – Acting Spirit.

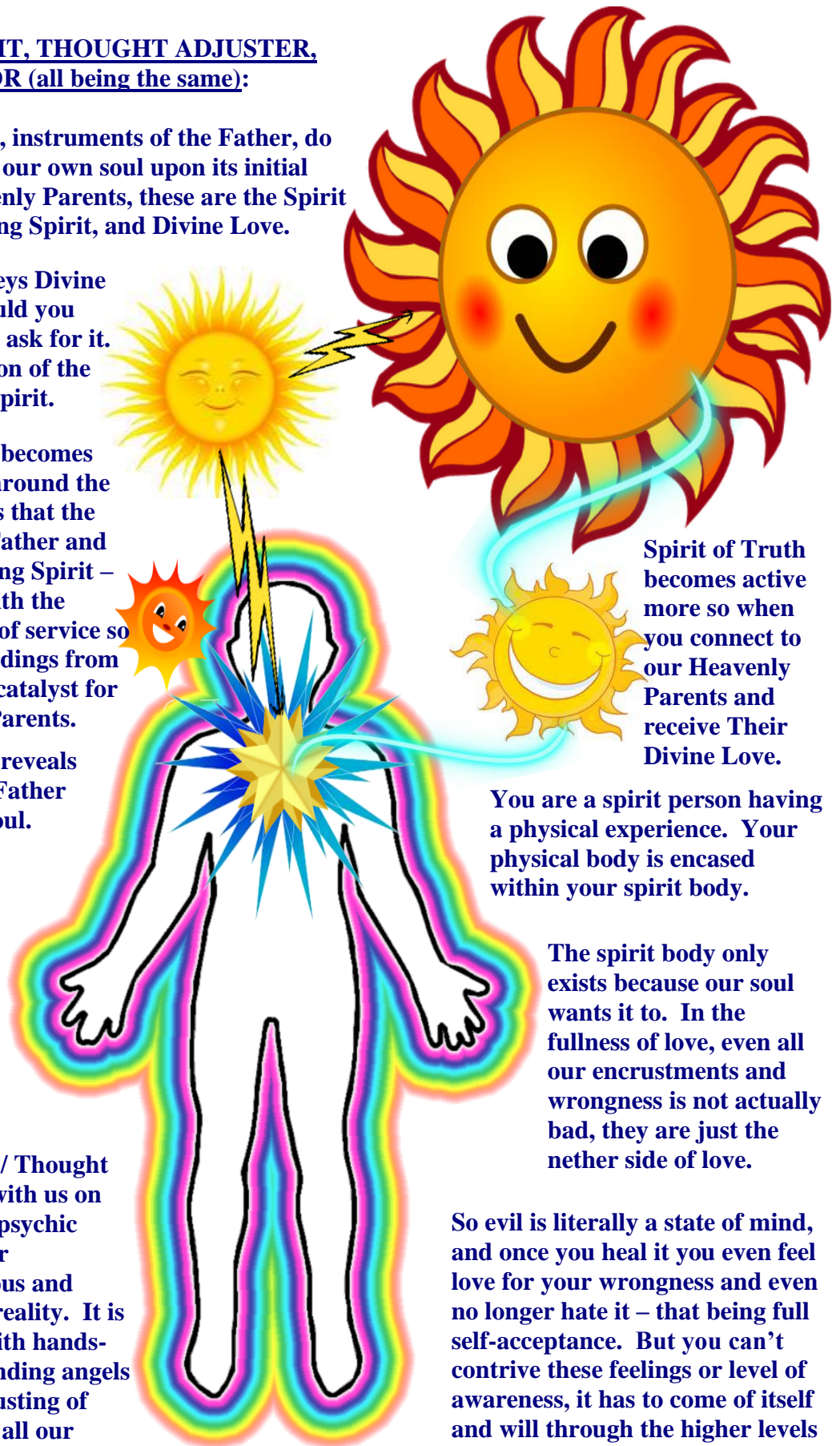
The Indwelling Spirit becomes present when we are around the age of six. This means that the unseen helper of the Father and Mother – the Indwelling Spirit – can always interact with the mortal soul and to be of service so that eventually the leadings from the Spirit may be the catalyst for that soul to seek our Parents.

The Indwelling Spirit reveals intrinsic workings of Father and Mother to your soul.

The Indwelling Spirit functions in much the same way as the Holy Spirit, ask and it will provide support and guidance.



The Indwelling Spirit / Thought Adjuster only works with us on the mind, feeling and psychic levels directly with our personality on conscious and unconscious levels of reality. It is the Divine Minister with hands-on help from our attending angels that do the actual adjusting of our mind circuits – of all our circuits, even the physical if need be.



Spirit of Truth becomes active more so when you connect to our Heavenly Parents and receive Their Divine Love.

You are a spirit person having a physical experience. Your physical body is encased within your spirit body.

The spirit body only exists because our soul wants it to. In the fullness of love, even all our encrustments and wrongness is not actually bad, they are just the nether side of love.

So evil is literally a state of mind, and once you heal it you even feel love for your wrongness and even no longer hate it – that being full self-acceptance. But you can't contrive these feelings or level of awareness, it has to come of itself and will through the higher levels of your Healing.

James: Yes. The Urantia Book (TUB) has a few papers about it; why we have it, about it's relationship with us. Which I can explain more to you if you like, however I'm sure any of the Celestials would tell you about it.

The main part I think is helpful to understand is that it's pre-personal, in that it is a spirit fragment of God, but it's lacking personality. So it comes into your mind, for example Marge, sent by God to one day when you've completed doing your Spiritual Healing, actually fuse with your spirit mind. And so then it's permanently with you, with you 'giving it' your personality, and it giving you a direct spirit connection with God. So literally do you and God become one, in the sense of that spirit part of God being forevermore with you. And the thing is, for fusion with your Indwelling Spirit to happen, you will need your soul to be divine to the degree of the Celestial level of Truth, which is why you're starting to long for the Divine Love.

Marge: So my receiving some Divine Love like I have means my soul is becoming divine?

James: Yes. We're created in the image of God, but as you start to receive God's Divine Love in your soul, the very essence of God, then so too is your soul starting to be transformed into God's divine essence. Which is how you really become at-one with God, through partaking of Their Divine Love and your soul becoming divine like Them.

And the other big thing is, we are mortal in our Natural love, and being mortal, it's possible that one day God might choose to end such love, and we would cease to be. Being of Natural love we are separate from God. So once we've partaken of Their Divine Love, the Divine Love being Their very essence, so, 'as God is'; and as God is immortal, then so too do we become immortal souls. So then we are no longer separate, we're at-one with God to the degree of divinity (Divine Love) within our soul.

So Marge, you and Alicia on a soul level are now immortal because you have both received some of Their Divine Love in your soul. So you will exist as a soul-personality forevermore. Nothing can ever take that from you, you will forever be a part of God and God's Creation. God won't make anything that is divine as They are, cease to be, because it's all part of Them.

So in effect Marge, you've stepped over the line saying to your Heavenly Mother and Father, the Creators of your soul, the Creators of yourself, that you do want to be with Them as one of Their children, one of Their Creations, forevermore. Which is why we have to specifically long to Them for Their Divine Love, because we're saying to Them, we do want to be as You are, we do want to be with You, we do want to live Your Will, we don't want to live separately doing our will against You, caught up in our rebellious God-denying mind ways. We want to live Your Truth, and with Your Love; we don't want to live against Your Love and Truth, which is also against our own love and truth. You don't want to remain separate from Them.

It's actually a huge and crucial spiritual step for a soul to take, however it's hardly understood here on Earth or in the mind worlds (spirit Mansion Worlds 1, 2, 4 and 6). As you know, people in their religions believe they are living God's Will, because they believe they are. But they aren't until they have begun to receive God's Divine Love and do their Spiritual Healing. It's through our Healing that we leave doing it all ourselves using our minds in a rebellious God-rejecting way, coming to end all our denial of God, Love and Truth, ending living against our soul and Their Soul. And choosing to live Their Way and in the same Perfection as They are. God has said to Creation for us to be Perfect as They are; and so for us to fulfil that mandate, we have to first choose to want to be as perfect as God is, and if we truly do, then set about becoming that perfection by doing our Spiritual Healing and longing for and receiving Their Divine Love.



And also, to be able to become Celestial, for you Marge to: one day enter into the Celestial spheres, leave the Mansion Worlds, and carry on with your Ascent of Truth to Paradise to 'be with God', you need to have Their Divine Love in your soul. If you're only of Natural love, you will always be confined to the Mansion Worlds, you can't leave them. The rest of Creation, the Celestial level and above, is divine, and so we have to become divine to exist in them.

Marge: So praying and longing for the Divine Love is very important?

James: Yes, about the most important thing you can do; other than your Spiritual Healing – because with or without God's Love in your soul, surely one day you'll want to set yourself free of living untrue to yourself – living against yourself.

So to complete the picture, for your Indwelling Spirit fragment of God to fuse permanently with your mind and soul, as it comes from God and is a divine spirit fragment, so you need a divine soul for it to fuse with. So once again, you can't fuse with your Indwelling Spirit if you remain only of Natural love, so you can't make the deeper personal connection with your Mother and Father that your Indwelling Spirit allows you to have. So it all goes together.

Marge: Which the Church fails to understand and doesn't teach?

James: They screwed it up because they are all part of the Rebellion and controlling mind way, which is all about denying such truth.

Marge: So all those religious believers who believe they are becoming, or will one day become at one with God, won't unless they too long for and receive the God's Divine Love?

James: That's right, as they will remain in their Natural love.

And it doesn't matter what beliefs you have, because a belief being of the mind is not part of your soul. And this with the Divine Love and your Healing is all happening on a soul level. Your beliefs can change, you can believe anything, you can believe you are divine and living God's Will, yet that's just part of your mind delusion if you have not actually received any Divine Love in your soul and are striving to end your rebellious ways by doing your Spiritual Healing. So such religious beliefs only serve to keep you bound up further in your mind delusion, and are ironically preventing you from achieving, and so living on a soul level, what you believe in your mind.

However a lot of people in all the religions, because they do sincerely want to be with God, might have inadvertently longed for the Divine Love and received it, so without knowing of its significance. However until they leave their mind-controlling religion and start to do their Spiritual Healing, the Divine Love they might have received sort of lies dormant within their soul. And because they have received some Divine Love, even though they might not be aware of its significance or even that they have it within their soul, they are still guaranteed immortality. Jesus tells us through the Padgett Messages that potentially one day, a long way off mind you, should God close the Mansion Worlds, then all those spirits still of Natural love and persisting in their rebellious ways will cease to be. Whereas those with the Divine Love in their soul will at least be able to keep going until they've done their Healing.

Parts of this are spoken about in The Urantia Book (1925-1935) and Padgett Messages (1914-1923) here on Earth, and you'd have them and their equivalents over there, or the Celestials will tell you about it.

So you can see why the Celestial spirits are so special: they have fused with their Indwelling Spirits, are divine, immortal, truly living God's Will, are completely free of the Rebellion and Default, are in a true and pure state of love; and because of that, can also be fully loving with their soulmates (again something that can't happen until you are Celestial). So it's quite a goal, something to strive for, to become of a Celestial level of Truth as they are. And apparently, although no one so far has achieved it, we can become of a Celestial level of Truth on Earth, which is what Marion, Samantha and I want to be.

Marge: So you're saying James that you can't actually be with your soulmate (soul partner) until you're Celestial?

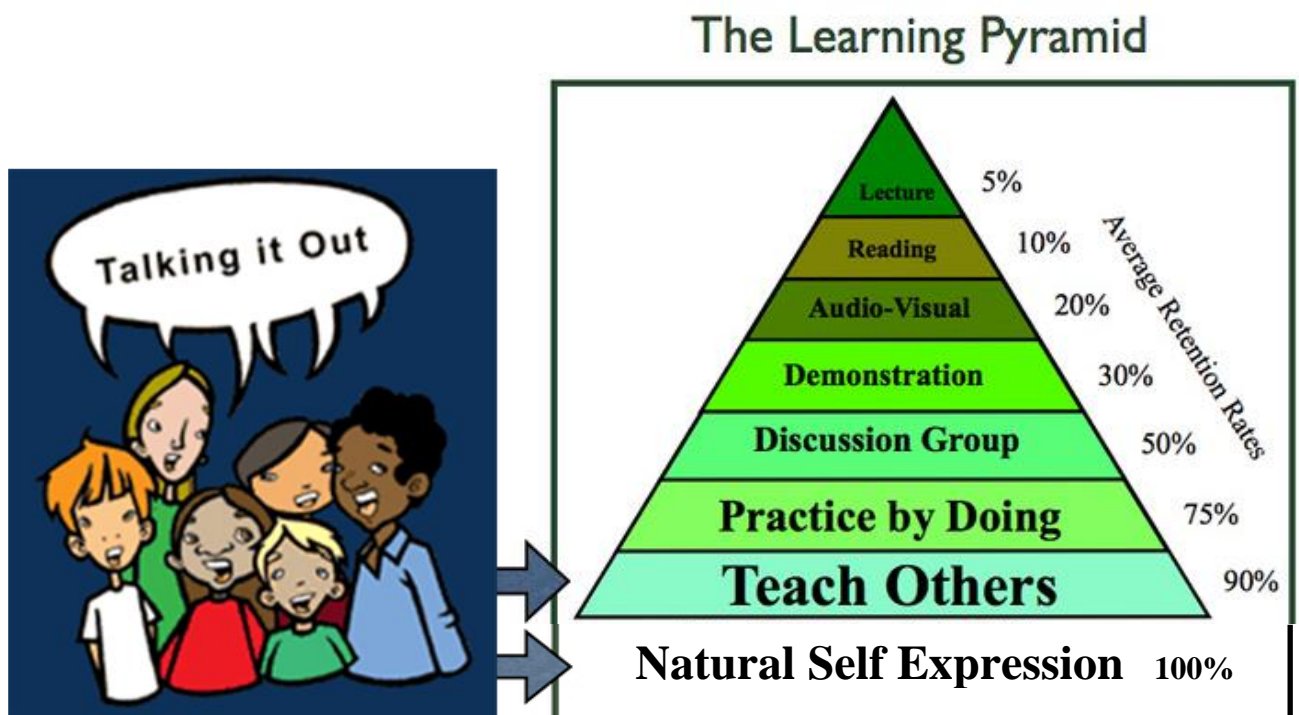
James: From my understanding, you can be with them still in your fucked state, although it's highly unlikely, and possible only were you doing your Spiritual Healing so you could help each other with it. And if that were so, you'd not be having the great all-loving soulmate experience together because you'd both be rebellious and so anti-love, all of which you'd be working out together between yourselves, so more than likely hating each other rather than being madly in love with each other. However, once you are fully Healed and Celestial, then you'd be able to be with your soulmate (soul partner) in the perfect loving soulmate union.

Marge: So those people on Earth, and spirits like so many talked about in the mind sectors, who believe they are with their soulmate, are what?

James: Deluding themselves. It's just more of their mind controlling fantasy.

Marge: I see. And all those mind spirits will never leave the Mind Worlds unless they do their Spiritual Healing... I know that. It's amazing how so many things you do know, but it's not until you actually say them out loud that it locks in.

James: Marion was saying that earlier. As soon as she speaks about whatever she is feeling, it changes her feeling or leads her onto seeing something else about herself or other people.



Marge: So all this you've just told me about the Divine Love, really everyone should know about it?

James: Yes, one day. Again, it's all up to our Mother and Father as to how They want people and spirits to grow in Truth – or to continue denying it by living in their mind controlled lives.

Marge: Hmm... so Alicia and I should keep longing for the Divine Love?

James: Yes, when you feel you want to. It should, like it all, be from your feelings – because you feel you want to, and not because you understand with your mind that it's something you should do for the good of your soul. Again, like all of this, it should be feelings led. So if you don't really feel like longing and yet you try by using your mind because you think you should, then you might find They won't respond to your longing as it's no longer genuinely coming from your heart, it then being just a mind prayer. And also like it all, we're to work it out for ourselves, as it will differ for us all.

Marge: I see. I feel like I can't wait to have another prayer for Their Divine Love. I was thinking of waiting for Alicia and seeing if she wants to do it here at the apartment; or if she is busy, I might do it myself after I finish speaking with you. And I want to try and speak to Them.

James: If you can't speak to Them, I can try and help you do it, talk or prompt you through it. I've not actually done that with a spirit before, however we could write it out like this. And if you're having difficulties doing it in your mind, speak it all out loud to Them, all what you want to say to Them, your longing for Their Love, and then what They might say back to you.

Marge: So you've helped other people speak with God?

James: Yes, years ago I had a Divine Love meditation and prayer group in which I helped people speak with their Indwelling Spirit, their spirit guides, and their Angels.

Marge: And we have Angels over here like you have them on Earth, I think you told me that or someone else did?

James: Yes, they are mostly unseen living in the Angel Earth plane, a place specifically for them. You have a pair of them helping you with what you need, as we all do on Earth. When you're a Celestial you'll be able to meet your personal Angelic Guardians and see them, they are with the Celestials in the Celestial spheres. They will help you in your Ascension to Paradise.

Marge: So my Angels will be with me all the way to Paradise, along with my fused Indwelling Spirit, once I've completed my Healing?

James: Yes.

Marge: It's incredible James, there's always so much more. And it's because of the Rebellion that so little of this information has been available on Earth?

James: Yes. Bits and pieces, a lot of misunderstanding, and not enough so as to help an individual truly begin their Ascension of Truth to Paradise. Which is why I want to write all this and make it available so people can find out about it and do their Healing. However I have to complete mine first so I know it is all right and true.



In a way, each person's Indwelling Spirit, which is really God, is contracting out the work needed to be done with you to other agencies. So to us spirits, the angels, the nature spirits, other elements under the Divine Minister's control, and even other non-humanity spirits, all of which end up doing increasingly more amounts of what your Indwelling Spirit does. And this 'outsourcing' is to affect greater personality interaction, increasing your experiences so they are maximised through interaction with different personalities rather than just relying solely on God. Overall, we are to become increasingly at-one with God, but we are to do that by becoming increasingly immersed in the experience of being with others.

Nanna Beth – 3<sup>rd</sup> Celestial Heaven: 25 December 2018



We each have a band of a Nature Spirit pair, Spirit Guide pair, and an Angelic pair, each pair being in their 'soulmate' relationship. In addition we have our personal Indwelling Spirit.



Marge: So you're saying no one could do any of this, what I am now doing, on Earth. And like Adriana was saying, it was only available when you came into the spirit worlds, and only then when you wanted to find out about The New Way.

# The NEW WAY The NEW WAY

James: That's right. So through my writings someone can now find out about it all, as I've tried to put all the bits and pieces together, sorting through all the misinformation and untruth, trying to find out what is right and true.

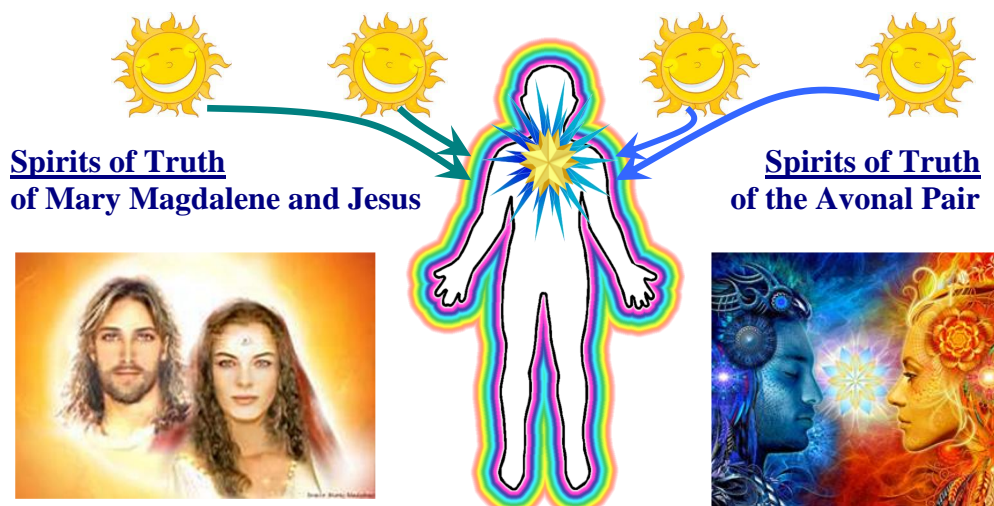
Marge: That's a pretty amazing undertaking James.

James: It's the only thing I've wanted to do in life that's fully captured my attention. I want to sort myself out, and so to do that, I've had to work out, and with Marion's help, how to go about it. She told me about the Healing, I had no idea we had to do it. I liked all the mind side of understanding about it all, whereas she is only about the feelings side. So I needed her to help me get in touch with my buried feelings. So with her and you spirits, along with the Mother and Father, my Angels and Nature spirits, I would like to think I've got a pretty good idea of it all now. However, that still waits to be seen by my finishing my Healing. I have to complete it first before I can know if all I've been writing these years and all the Healing I've been doing with myself and Marion, is right. And a lot of it has been thanks to your mother and grandmother, and thanks to your brother introducing me to them, making me 'reach out' to them, to which they responded. And now with yourself Marge.

Marge: I see. Gosh, mum (Marie, 1<sup>st</sup> Celestial Heaven sphere) and Nanna Beth (3<sup>rd</sup> Celestial Heaven sphere), yes, it's quite amazing (there's that word again).

I will go James, I can sense you're getting ready to end it for the night. Thank you for all you've told me, I will follow it up with the Celestials.

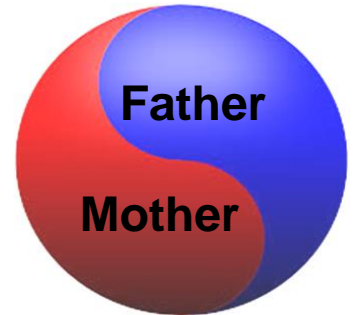
Speak to you again soon. Marjorie.





# MUM & DAD THIS WAY

# GOD



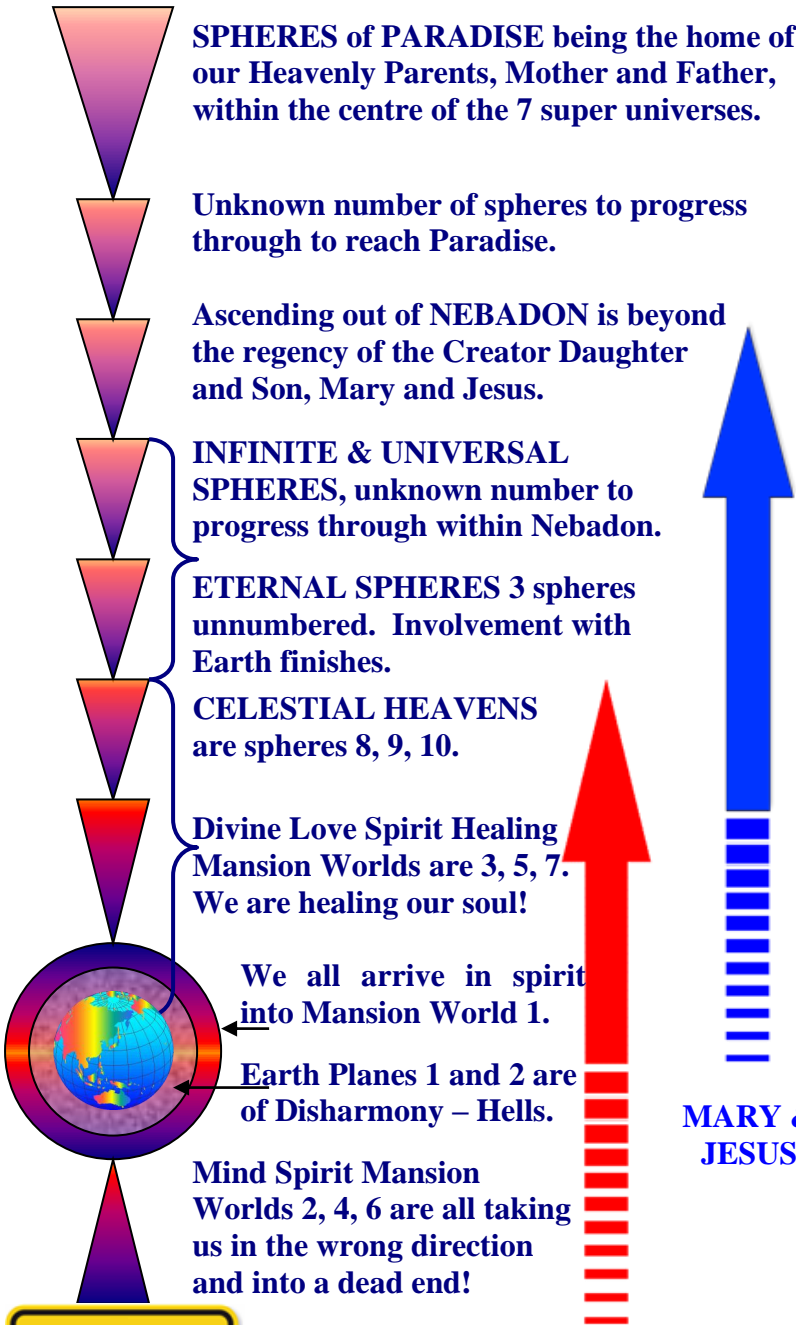
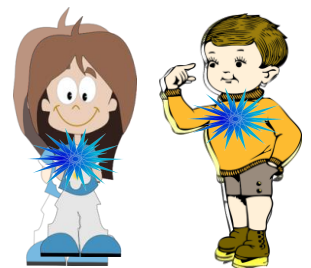
HEAVENLY PARENTS



JESUS & MARY



AVONALS



**I'D TURN BACK IF I WERE YOU!**



AVONAL PAIR

GOD

MARY & JESUS

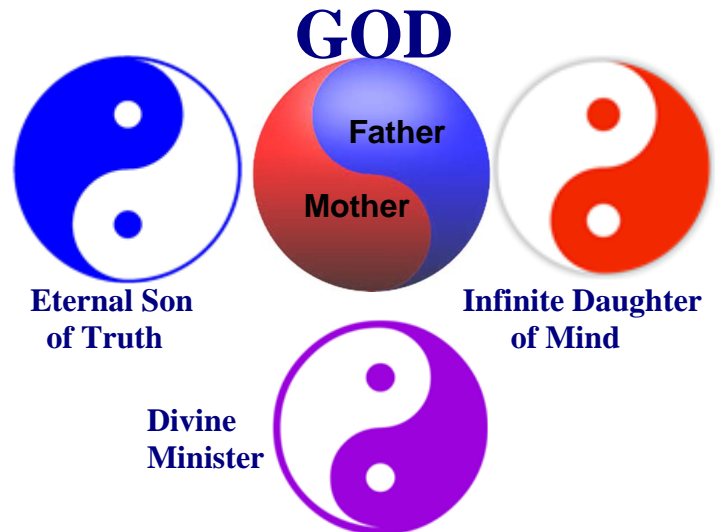
Throughout the Avonal Age of 1,000 years, their Spirits of Truth will assist us in embracing and engaging with our Feeling Healing and with Divine Love our Soul Healing. They will assist us to develop our soul well into Celestial Heaven status should we persevere with such a goal. The extent to which the Avonal Pair develop themselves while here in the physical on Earth is the level that their Spirits of Truth will be able to assist us. Then it will be Mary and Jesus' Spirits of Truth that will assist us up and out of Nebadon, where our Heavenly Parents will then assist us onto Paradise, Their home.

**Marjorie Day 37 preparing to move on!**

Saturday, 2 January 2021

Marge, newly arrived 1<sup>st</sup> Mansion World spirit: Hi James, I have talked over what you said about the Divine Love and the Indwelling Spirit with a Celestial pair I discovered who are available to discuss such things with. Adriana told me about them. You can go to them or they come to you.

They were a delightful pair, so enthusiastic and happy I was wanting to move deeper into understand more of what I'm actually doing in a spiritual and Truth sense. They said, which was surprising to me, that relatively few spirits doing their Healing wanted to also investigate all the spiritual information side of it. Many spirits become aware that it's beneficial for them to long for the Divine Love, and they do, yet don't want to go much further into understanding what you told me. Possibly we spirits pick it up, a bit here and a bit there, by the time we finish our Healing. I can understand that, there's more than enough to occupy your mind through trying to come to terms with all the psychology and behaviour and belief patterns you reveal to yourself through your feelings.



One thing they said about the Divine Love is that in fact it actually comes from the Divine Minister, She being something like the Mother Spirit for us all in this Universe. (Our local universe is called Nebadon which has 3,840,101 physically inhabited worlds of which Mary Magdalene and Jesus are co-regents of.) They only touched on this, as we went onto other things. Then later it came back into my mind as I was thinking over all they said, so I thought I'd ask you about it.

James: She is the 'Mother of Mind' for us here in our universe (Nebadon). It's a bit complicated, however basically Mary Magdalene and Jesus (who are soulmates / soul partners) are the 'Father of Truth', and so we follow Mary and Jesus to the Truth here within their Local Universe; whilst the Divine Minister provides the Mind side of things for us, being the 'Mother of Mind'. So She helps us work through all the problems of our mind, as Mary and Jesus' Spirit of Truth helps to reveal the truths we need to know as we attend to our feelings properly.

The Divine Minister also directs the Holy Spirit (which is an attribute of Her Mind) to bring the Divine Love to us when we're longing for it. So when you feel that lovely feeling of the Love coming about you, like the Holy Ghost moving about you and then moving into you, that's actually the Holy Spirit delivering the Divine Love into your heart and soul. I don't think we're advanced enough yet in truth to actually sense or feel the Divine Love itself, so it comes to us through the Holy Spirit from the Divine Minister on behalf of our Heavenly Mother and Father. Everything is stepped down from God.

Marge: I see. So reading your mind James, it's the interaction between our Indwelling Spirit, the Divine Minister, and the truth contained in our soul from our feelings, that enables us to feel we're actually communicating directly with our Mother and Father, as I feel when I receive Their Love, feeling They really were loving me.

James: Yes, that's right.

Marge: Marie is tuned in, she was helping me out. And so again the Church doesn't really understand such things.

James: No. They claim the Holy Spirit can speak to people, speaking in tongues, and heal people, however that's not right. The Holy Spirit is just a mind-circuit of the Divine Minister, with its only function being to bring the Divine Love into our longing hearts and souls. It's not a spirit with its own personality, so we can't talk to it or it to us. It doesn't do anything else than convey the Divine Love.

The speaking in tongues thing, keeping it all mysterious in the way the messages are communicated, is from what I understand just religious spirits in the mind worlds speaking to people on Earth; they having to do in such a mysterious way to make it sound special – and you're a special person if you can decipher / translate what it's saying. And when people say the Holy Spirit told them this or that, it's more than likely other mind spirits talking to them. And the same with any such miraculous healing attributed to the Holy Spirit. That is either done again by mind world spirits, or in some situations, by Angels. But it's not done by the Holy Spirit. If any so-called healing came from the Holy Spirit, really it would be coming directly from the Divine Minister Herself. Which can happen so I understand under very specific circumstances and in relation to the Higher Daughters and Sons, like Mary Magdalene and Jesus. Usually such miraculous healings the Divine Minister would instruct Angels to do. All the Angels here within Mary and Jesus' universe are ultimately under the Divine Minister's command. She really is the 'Mother' to them, to the Angels and Nature spirits, along with all of nature, they all being creations of Her Mind.

Marge: And how do you know this James?

James: Some of it I've read about; spirits, including Mary and Jesus, have told me bits and pieces; the Angels themselves, and the Divine Minister Herself.

Marge: So you've spoken with them all?

James: Yes. I've not spoken with the Divine Minister that often, as she works more through her Angels.

Marge: I see. I find I can only take so much in at one time James.

James: Yes, that's understandable Marge! All this sort of information when you are wanting to know the Truth through your feelings, when you are striving to do your Healing, carries with it more of the spirit light you've been talking about. So when you take on the information and start to personally connect with it, you're also receiving the 'light of it', and so that's what causes you to feel like you've had enough, because you're full of the light of such truth and information. And it then takes time for you to 'process' it all. And the more advanced you are in Truth, so the more Light of Truth you can deal with.

Marge: I do feel it's so much more real to me than say just being told something in the mind worlds and like how it was on Earth. It's like this information and truth, as you say, has more 'body' or depth to it, and so from what you're saying, that's the spirit light of it.

James: Yes. You take it in and it affects you on many levels, all of which adds up to you living spiritually by growing in truth and the understanding of it, all being driven through your Spiritual Healing as you're following, accepting, expressing and longing for the truth of your feelings.

Marge: So it comes back to my continuing to live the right way with my feelings.

James: Yes. When you attend to your feelings the right way, when you're not working to deny any of them, then naturally you grow in Truth – the truth about yourself comes to light. And along with that, you also grow in a spiritual light that reflects the level of truth you are living. So when for example you're with the Celestials, like your mum, then it's the light of their truth that you are feeling emanating from them. And that can feel like you're being drawn to them, to be like them, it being a good feeling; or, you will be repulsed by it, being unable to be with them, it making you feel bad – because you're not wanting the truth they are living. So when they go into the mind worlds being with spirits who don't want to know about or live the higher Celestial truths they are living, they either have to turn the light of their truth right down, or else freak the mind spirits out who'd all cower in fear of their light, in fear of the truth, because they are living against it. The light of the Celestials Truth showing them up for the untruth they are.

Marge: Yes, mum told me that's what she has to do and why. And because she doesn't like turning her Truth-Light down, she rarely wants to visit the mind worlds, as they are unreceptive to her.

James: It being the same for all the Celestials. So she came to you in the first mind world because of specifically wanting to help you, and mostly you met in places with few mind spirits.

Marge: Yes, mostly alone in The Park. It must be hard for her having to turn her light down.

James: I don't know. I've not asked her about that. All the Celestials, even the one's helping you with your Healing, would have to keep their light down being on the First Mansion World with you, however less so being in the Healing sector where you need their light to affect you positively by helping to stir you up and bring up more of your repressed feelings.

Marge: So the Celestials are constantly affecting us... all to help us with our Healing. I'll ask them about it James.

So when my mind is changing, as I express my feelings, that is my Angels helping it to change being guided to by the Divine Minister – is that right?

James: Yes, all in conjunction with your Indwelling Spirit and the needs of your soul, all doing for you what the Mother and Father want.

Marge: So our Heavenly Parents delegate what They want done?

James: Yes. Which is why it's called an Ascension of Truth, because as we grow or evolve in truth, so we move up and in through all the levels of such delegation, until we're finally with Them on Paradise.

Marge: I think I've had enough information for the time being James.

I didn't get round to praying again for the Divine Love with Alicia, however I still intend to. She wants to too, however we both got caught up speaking with neighbours.

One other thing I want to tell you before I go, is that I'm going to have an intensive Group Healing session tomorrow like how it was for Adriana. And apparently, so the Celestials I was talking about the Divine Love today said, if it goes well and I feel good about all that happens, if I can go with my

feelings well enough, then should I want, I will be able to move with Adriana into the Third World. And Alicia will be able to come with me too.

So that made me feel good, as I'm liking Adriana more. We have a good rapport, and as she suggested, we'd be able to work helping each other do our Healing together, and I like the idea of that.

The Celestials said it doesn't matter about the actual time spent here in this First World Healing Sector, it's simply how open to my feelings I am. And I can feel myself opening up. Compared to Marlon's group, my lying for hours on my bed crying, is much more open than they are. So I'm happy about that, moving with Adriana, which she seems to think will be in a few weeks. And by then I'd be even more open to my feelings. It all seems right, you know, something inside me, some part of me wants to do it, to get going in it. So I suppose it's my soul wanting me to push on, and that could be why it's happening relatively fast compared so some of the other spirits. More of what my Angels did for me when I died.

I was hoping Alicia would say she'd want to come with me, and she said she would. She said she wants to stay with me, and wouldn't miss leaving her new friends. She says her new friends will all be coming sooner or later into the next Healing World anyway. She is very open to her feelings, she can instantly feel as bad as she feels, like a young child, one moment she's fine, then in a flash, she's feeling so bad. So we're talking more about all she feels. And Adriana has been helping too, and she would like Alicia to be with us. She still wants to live with children around, as they 'trigger' her bringing up many of her bad feelings.

And as for Marlon, well it will be a parting of the ways. And he's happy about that, happy to move slowly along with his Healing Group. He says that as much as he does in his Healing, it's also bringing up other things he wants to do in the regular mind sectors, so he says he might be staying in this First World Healing sector for some time before he moves on.

And although I hardly know him, as he said, "It's obvious to me Marge that you're much more suited to getting on with expressing your feelings and longing for the truth of them, than I am, I think we can both see that. And if you feel you want to move on, move on, go for it Marge, get right into your Healing, rid yourself of the horrible Rebellion within you." So it was nice to have his support.

So I am now, having only recently arrived here in this Healing sector, starting to prepare myself mentally for moving on. For getting serious about my Spiritual Healing, James.

I don't want to do anything else. I can feel my connection with my family fading away, I will see them when it's their time to come over here into spirit. Adriana says I will more than likely visit them for the purposes of my Healing, so through my Healing I will keep in touch with them. And I like the sound of that.

And I feel nothing for the mind worlds. So much is always going on in them; however, really, as I felt earlier, thinking about Peru, Butterflies, the Crystal Caves, The Market, and New Year's Eve, I can live without it all. It's no longer important. I will go to them as Adriana says, again to help me with my Healing, but not just to sight see or be with other mind spirits.

So my desire to do my Spiritual Healing is starting to consume me James. And like all you and the Celestial pair were telling me about the Divine Love, our Mother and Father, our Ascension of Truth to Paradise, and all the rest, I want to know about it all. I want to know what life is for, what really is the



purpose of it, and what is my true purpose – what does God want of me? And I want to get closer to God.

Something else has changed in me since sitting under that ‘waterfall’ of Their Divine Love. So many changes. And I’m feeling: They are my true Mother and Father, I am Their child, They created me; and so, I want to get to know Them, get to know my real Spiritual and Soul Mother and Father. And if They want me to ascend in Truth to Paradise, well I want to get on with it. I can feel the desire in me to get on with it, getting stronger, I guess a spiritual desire: to know the Truth and be of it. Like how the Celestials are. I feel so good whenever I am with any of them, they all have such a loving light about them. And I want to be as they are.

So in a way, I’m glad that I’m moving so fast in all of this, that I’ve not had time to develop friendships and settle in, only to have to leave them and move on or they leave me and move on. Adriana and Alicia are the only ones I care about at the moment, and as I’m able to go with them, I couldn’t be more happy.

So I’ll stop now and tell you how I fair tomorrow. I’m a bit nervous, I might be a cot-case afterwards. Anyway, I want to be ‘broken open’ more, because if all that darkness within me I am keeping repressed, I want to bring it out and see the truth of it.

Hopefully I’ll speak to you tomorrow. Until then James. Marge.

**Marjorie Day 38 In the 'Hot Seat'**

Sunday, 3 January 2021

Marge, newly arrived 1<sup>st</sup> Mansion World spirit: I'm shattered James. Oh god, I've never experienced anything like that. I'll try and convey something of what I went through to you. I'm sorry if I don't feel up to scratch. I feel like I'll need a week of intensive therapy to deal with the Healing session. Bizarre: I need therapy to deal with the therapy!

I sat in the 'hot seat' and the Celestials didn't hold back. They were all straight into me. Challenging me on my beliefs, nearly every word I said they cut into, asking me why I said it, why I said it that way, how did that make me feel, why was I feeling that feeling, and on and on; and oh god, I hardly knew whether I was Arthur or Martha.



I won't go into the specific details because it quickly got into my relationship with Ronald, my children, grandchildren, myself, on and on relentlessly showing me up for how untrue, false, controlling and unloving I am. It all helping me to understand that how I was back then during all the stages of my Earth life, is how I still am. It showed me clearly I have not changed in myself at all since my childhood. It was a dramatic insight, a horror revelation, that there is no escape, and how easily the defences of my mind could be broken apart and taken down. I felt like I was an army going into battle, this is me, this is what I believe, how I behave, and I thought I was reasonably okay, I could hold my own, even be better at life than some, that I might be even able to win the battle. However, feeling completely humiliated, I was crushed out of existence in the first five minutes. I tried to resist, and not even valiantly, it was no good, they were an overwhelming force, bearing down on me, smashing through my mind's blocks. I was a sitting duck. They all could see me for what I was, and nailed me. It was quite incredible really. I have had some better feeling moments since, in which I've been able to appreciate what they did to and for me, but mostly I feel a shattered wreck.

Adriana has been with me, helping me work through some of the emotions and feelings that keep coming up with my mind struggling to reclaim some of the higher ground, with Adriana reminding me of other things that came out through the session that slaughters my mind's attempt at regrouping.

I feel pulled apart, my ego and image of myself has been severely tarnished. No hurt and deep pain has come up, I've not cried, it was more a straight out broadside on my mind and its control it has over me. The control I give it; even the control I want it to have. It was torn to pieces, everything I thought about myself was shown to be false, a fantasy – delusion. And if I protested, that invited more of their insight and deeper understanding, which took my mind apart even more.

It was good in that it was all guns blazing, it is what I want. I don't want the slow approach of Marlon's group, I want to get into the thick of it; so as Adriana said, having my mind beaten around like that will help me move past its barriers into my underlying repressed feelings.

I became aware through the session of how much I am living in my mind, how much I've set it up, worked it out, to have and maintain all my nice beliefs about myself, the world, myself as a parent, thinking actually I was quite smart having worked it all out and being good in it. I thought I was one of the more rational and well sorted out people in the world, I wasn't suffering from all the psychological emotional drama so many people were caught up in. I was superior to them, more advanced even, I wasn't as pathetic as they were, I was better than most. So did I get a rude awaking. I have to admit I

believed I was on or somewhere near the top the pile relatively speaking, however now I feel like I'm on the bottom, that I don't know anything, that I have not a clue about the truth, true reality, what life is really meant to be about.

So I haven't come home an emotional wreck crying my heart out. I have come home feeling like someone has got to work inside my head with a crow bar. My mind feels battered around, torn apart, incredible really, as I've never felt anything like it. I feel like I, the whole of me, is one massive head ache, only I'm not actually in pain as such, although I know I am in deep pain, the pain of seeing how wrong and misguided I am.

I will give you an example of the sort of thing that happened. You remember, Paula is the woman Celestial; Orion the Celestial man.

Paula, Celestial woman spirit: So Marjorie, do you consider yourself a good mother?

Me, Marge: Yes, reasonably, I know I wasn't perfect by a long shot –

Paula: Tell me one thing in which you would say you were good at and loving with your children?

Me: I would think about what they needed –

Paula: As in physical needs, nappy needs changing, feeding them?

Me: Yes.

Paula: Did you think about their psychological welfare?

Me: A little. I didn't really know about any of that, not what I know now.

Paula: Why didn't you?

Me: I don't know.

Paula: So you have been given this pure little baby, a new personality coming into life, and you didn't stop to consider the impact of yourself upon it in a psychological way?

Me: No, I didn't have time, it was too much to just keep up doing all the chores.

Paula: You didn't take time out to think, is this, what I am doing and how I am treating my baby or young child, going to affect it later in its life in a positive or negative way?

Me: I did try at times, but how could you know, I couldn't see into the future, I did what my friends did, what we all did.

Paula: And how do you feel not being more considerate of the impact of yourself on your children?

Me: I've been feeling bad lately about that, wishing I had been more loving and more considerate, the more I'm waking up to seeing things in different ways. I wasn't as I am now back then when I was a younger woman. I wasn't as wise, not as mature. I didn't know the importance of parents with their children, I didn't understand the impact parents are having, and I still don't think I understand very well.

Paula: And how does that make you feel?

Me: Sad. I want to go back and do things differently with them, but I can't go back.

Paula: So you can admit that really you didn't have a clue about being a parent?

Me: Yes.

Paula: And that by not having a clue you hurt your children?

Me: Yes.

Paula: And that really you didn't love them as they needed to be loved?

Me: Yes. I'm coming to see and understand that more. And it's not good. But still, I couldn't have been any other way, it was how I was.

Paula: And so you're happy to live with that, are you? Saying: oh well, it wasn't my fault, I couldn't have been different to how I was; just palm it off, push it aside, sweep it under the carpet, telling yourself it wasn't your fault, you did the best you could.

Me: No. I want to say I did do the best I could... however I know what you're saying Paula, and you're right, I can't get away from it, I can't opt out excusing myself for the hurt I caused them and the damage I did to them. It was me, I did it, no one else; and you're right that I have to take full responsibility. I didn't love them as they needed to be loved, I didn't know how, I wasn't capable of it, that much I'm coming to see about myself. Yet still, I agree with you, I can't wriggle out of it, I can't blame someone else, it was me, me and them, no one else. I can't even blame Ronald, he played his part, it is as you say, all myself, I have to take full responsibility for my actions. I am to be judged and the sentence passed.

Paula: And what do you think will be the sentence you will get?

Me: I don't know. I don't know.

Paula: Do you think you should go to hell; be forced to break rocks in a prison colony for bad parents?

Me: Yeah, probably. I don't know... what could pay for my sins, what could I do to make reparations for the damage I did to them. Ideally I'd like to go back and do it right-

Orion, male Celestial spirit: And you think you could do that, just go back and do it better – what would be one thing you'd do better?

Me, Marge: I was going to say love them more... however I see what you're getting at Orion, how could I do that, how could I go back and be more loving. I believed I was loving, I believed I loved them as much as I could. And now seeing that love of mine fell way short, I can't just conjure up more love, be more loving – how can you do that? No, I would go back being the same as I was, because how could I be any different to how I was back then?

Orion: Exactly. So any thoughts of going back and being more loving would just be a fantasy?

Me: Yes.

Orion: And no use indulging in...

Me: No. So are you saying I might indulge in such fantasies, imagining I might be more able to be more loving, imagining going back and being different with them?

Orion: What do you think Marge?

Me: ...Yes, you're probably right. I can see I would want to do that. But isn't that part of when you see you've been wrong, you imagine being right?

Orion: Yes, and something we all do; however what I want you to see is that it could become a trap, so to be aware that is what you are doing.

Me: A trap, how do you mean?

Orion: That you might use such imaginings of your mind to stop yourself feeling your deeper underlying bad feelings. You might get caught up in imagining loving your children more and doing things differently with them, going back over being with them, as a way of making yourself feel better, telling yourself, well at least I can see now what I did wrong and I wouldn't be that way.

Me: I see what you're saying. Yes, I would be inclined to do that. I have done it in my life before.

Paula: And how does doing it make you feel?

Me: It used to make me feel good, like I was progressing in my life, in myself, bettering myself, when I could see mistakes I made. However, in light of what you're saying and in context with doing my Healing, I see what you're getting at, that I might use such imaginings that I am better than I was, to block out being how really bad I was.

Paula: Good; very good Marge. That's right. You will do, and need to do, such imaginings, it's what we all do, all so long as you understand that your focus is to be always on the deeper feelings underlying it all. So not to allow your mind to creep back into asserting its control over you, making you feel you're now okay and even a better parent because you can see some of the errors of your ways, so you don't have to feel as bad. But that's all bullshit, because as you said, you can't go back and change what's done, all you can do is feel how bad you feel because of what you did. And allowing yourself to keep feeling all those very bad feelings. They are what are important, not whether you can even see your mistakes and believe you can fix them or you wouldn't make them again. Do you understand, it's very important?

Me, Marge: Yes, I see what you're saying. So that is my temptation, to bring my mind back into feeling it has some power, that I am in control once more by seeing how I'd change myself fixing my mistakes. And if I allowed it to do that, then I would stop myself feeling my deeper pain of how unloving a parent I really was.

Paula: Yes, very good, perfect.

Me: (crying) Thank you. I don't want to fall into that trap, yet how can I avoid it?



# We do everything possible to avoid our Feelings!

We embrace the controlling natures of our mind to fill our day with activities that avoid our inherent truth to arise through our feelings and then having to express them and seek the truth behind them. We submit to imprisonment within our minds and willingly allow our life to roll on in a retarded and aimless manner that we can continue in earnest even when we transition into the spirit mind Mansion Worlds. Everything we may do is to avoid meaningful communication with another person and to distract ourselves from allowing our feelings to bring forth the vibrant and incredible true personality that we are that has been suppressed throughout our early forming years, from conception through to six years of age. Eventually our soul will say enough is enough and we will be confronted with a crash to open ourselves to our feelings and heal our Rebellion.



Orion: Like this, by what you're doing now here with us, by our making you face it, seeing it for yourself, seeing how your mind works, how it wants to keep asserting control over your feelings, all making you more aware of yourself. And for you to understand that you are to become more aware of it, whether you do it or not doesn't really matter, because if you are intent on wanting and longing for the truth, you will come to see when you slip up and your mind takes back control. Which is inevitable, it happens to us all when we're living with our minds so heavily in control of ourselves. So we just want to make you aware that it is more than likely something your mind will be inclined to do. Something you will be inclined to do.

Me, Marge: How do you know I am inclined to do that with my mind?

Paula: We can see it in you.

Me: So you know me so well when we've only just met and I hardly know you at all?

Paula: Yes.

Me: Right. I feel very small. Transparent, so I can't hide anything from you?

Paula: So you want to hide things from us? Do you feel you need to hide yourself or some of yourself from us – why?

Marge: And on it went James, for four hours! And it seemed like I'd been sitting there for only half an hour. And I wondered about the others, they just observing me, were they bored listening to all my stuff, yet Adriana said no one was, she and the others were all riveted to every word. And so again, it's the light, and because we're all locked into our Healing, all wanting to move deeper into ourselves. We are all able to help each other, directly or indirectly.

So I feel like some of my more private inner being, which I wasn't even aware of, has been exposed for all to see. I mean to say: Are the Celestials that experienced that they can read my life as an open book? Am I so predictable to them? How humiliating, that I am just another fucked person on the conveyor belt going through my predictable Healing. They can probably see everything I will go through, it all making me feel very small, that I'm not special after all, I don't have some unique and extraordinary quality about me. Just another one of the mass moving through the Healing sector starting to become aware of her shit.

I don't know what I was expecting, to be better than most, above average, a pupil with promise that stands out a bit brighter than the rest? And as Adriana was saying, often it's not even so much about what actually transpires during the session, but what comes up within you as a result of it. As if the Celestials are injecting light into us in some way, probing, prodding and questioning; and it's the overall and then personal affect it has on you that is what you are to consider. As Adriana pointed out, my healing session was more a mind clash, my mind coming up against the Celestial's minds. And I lost big time. And then as Adriana also pointed out, I view everything in terms of it being a competition, and that there has to be a winner and loser, so this time round I lost, as if I am in a battle with the Celestials, one which I am bound to continuously lose... so why even bother.

And that too is an important point, to be told I am so competitive; and sure, I've known that I am, other people told me as much throughout my life; and yet now, suddenly with Adriana telling me in light of the Healing session, it's sunk in, and oh my god, another humiliation to suffer, that I am trying to beat everyone else, and then... I wanted to beat my children. I was in competition against them. I was

always the winner... I had all power over them... and the realisation that I was in battle against them, it was me or them... and then, oh shit, that's not very loving, is it? Then I want to scream with the horror of seeing this truth about myself. And it is true, I can't escape.

I am highly competitive, I want to be the winner, and it's just how I go about it, an all out assault, or being more crafty, but still wanting to get my way. And that is not a good way of being a parent.

I am reading your mind James, you musing over how so much of my Healing focus is on my relationship with my children, whereas I've not said much about myself being the child and how badly I felt I was treated. And when your focus, James, has all been on you feeling unloved by your parents.

And I don't know about the difference. I am sure my feeling unloved by my mother and father will come. And it might be the whole death thing and then coming into my Healing, with my children and family being still the upper most in my mind having been so recently removed from them. And going back visiting them, listening to their thoughts and feelings, it offered insights into them (and myself) that I'd not been able to see before, so all of that has been playing on my mind.

And as you are saying, it is possibly the differences between us. You not having children. And with you being wholly consumed with your parents and how they treated you, you needing to come to terms with all of that, so possibly other people will be like you or myself. I don't know. However it is interesting because everyone in my Healing group with Paula and Orion are focused more on their relationships with their children. It occurred to me the other day that we all have children, whereas possibly there are other Healing groups in which the spirits don't have children so it's more about their relationship with their parents.

I'm yet to explore all the different Groups, or as many as I can. I keep thinking I will go and visit one, then something else takes me away, which has been making me feel that possibly I am just to go with my feelings, and it's only my mind thinking I should go and visit all the different Groups so I can learn more. And as Adriana said, part of learning new stuff can be one of the ways our mind maintains its control. When you are learning new things, that can appeal to your ego, making you feel you're gaining more power, all of which is very tempting to do in the mind sectors. So for us here in the feeling sector, to let that go, or come to see if indeed it is a part of our controlling pattern.

And I can relate to that, I do want to learn, master it, then feel superior believing I have a good understanding, and one that's better than others. So as much as I think I should learn more about it all, and even so I can tell you James, feeling you'll be impressed with me and feel pleased with my knowledge, all making me feel I am being good and approved of by you, this writing with you being important; and I'll be better than the others because they are not relaying all they come to understand back to someone on Earth. All my ego James, me feeling I'm better than other people and spirits. All not good. I don't want to feel I am superior. So more I have to come to understand about myself.

Go and make lunch. Alicia has come and wants me to go with her, so I'll come back after lunch – Marge.

James: Right Marge, I'll do as you say.

Marge: Oh dear, sorry, I can't help it; I am controlling telling you what to do, just brushing you aside because Alicia has come. Oh god.

Later:



Marge: I'm wrestling with my control, why I want to control, why I need to control. And as Adriana says, it will no doubt be something that I'll be striving to work out throughout my Healing.

James: As we're all controllers, we will all struggle with it throughout our Healing. We've all been made to feel powerless in so many ways, and it's for us to find the patterns, to uncover the truth of our ways we are then trying to compensate for feeling so powerless by asserting control falsely making ourselves feel better. Marion's helped shed light on all my controlling ways, which I still do, only I'm now much more aware of them after all my Healing years.

**We are all Control Addicts!**

Marge: So seeing how it's come through my family line?

James: Yes, how your mother and father controlled you, how their parents controlled them, and you might even go back further. It is all fascinating how and what specifically comes to light through your Healing. I'm realising there is endless negative stuff potentially for me to see about how fucked I am; however, I've been wondering: how much of it does the Mother and Father specifically want me to see, and why; or, will They want me to see it all, and it's just going to take a long time. And how deep are our hidden depths anyway? A lot has happened to us since conception.

Marge: And all of these hidden depths are our unconscious?

James: Yes. I read a psychologist saying that after a life time of dealing with very depressed people she believes you can't actually ever get into the depths of your unconscious and all that's repressed within you. Which I now disagree, as our Healing is going to take us into it all. We have to see the whole truth of our negative state, bringing it all to light as we express all our bad feelings to do with it – all how bad being in such an unloving and untrue state is making us feel. So we're all going to scrape the bottom of our barrel, bringing our unconscious into the light. And it takes time, being systematically worked through the mind and feeling circuits deep into yourself.

Marge: I feel I am officially on my way now James. I was listening to your conversation with Marion, she saying that you decided by using your mind that your Healing was something you needed to do, whereas she decided to do it through her feelings, knowing it was what she wanted to do. She wanting to bring her Truth to light; you not really wanting it but believing you have to because if you don't you'll remain feeling bad.

And I don't really understand it, although I can relate to you believing you have to do it. Marlon is coming along like that, fighting it really, wanting to do it because he's told he has to (so he believes), like God his Parent is telling him he now has to do his Healing, and being told means he has to begrudgingly do it. Whereas I understand Marion, I feel I want to do it. I want to sort myself out. I don't feel like I'm being told I have to do it. I have found out about it, looked into it, dipped my toe into expressing my feelings, and found that truth, insight and understanding has come to light in me, all of which does show me more how I am, what I am like. And I like that, I do want to know, no matter how many horrible things I see about myself. So I am stepping into this because I want to do it, I do want to uncover the truth of my bad state through my feelings. So I am not resisting it like Marlon is, I don't feel I'm being forced to do it, almost against my will, and that really I'd rather just be left alone... but left alone to what... live in my untrue mind-deluded state forevermore. And like you said, then waiting

until God says too bad, you've had enough time to do it, and either forces you to, or simply ceases you to be.

No, I am wanting to take it on as a good thing, not it being a hard and difficult thing like he seems to think it is. And sure, it is hard and difficult, but that's life, that's how our childhood was. So my Healing is a good thing that is going to help me, and not like you feel from listening to you and Marion that it's something you hate, being forced to do it.

James: Yes, you're right. I detest it in so many ways. I feel trapped: damned if I do it; damned if I don't do it. So it's been forced on me. The whole Rebellion was forced on me, I didn't want it, and now I'm told it's all up to me to get myself out of it. Why the fuck doesn't God just get me out of it if God doesn't want me to stay in it, God having put me in it in the first place? And then that is countered by: God wants me to experience an unloving state of being, and the Healing of it. And yet as you say Marge, it's all mind stuff. Marion has none of that. She accepts it's her life, it was unloving and now she is working to bring the truth to light of all how unloving it was; and if one day she moves into being loving, great, however in the meantime, she is just determined to keep expressing her feelings to see where they lead her. And at times she even loves that God has given her the unloving life she's had... and then when she's fully fucked off with God for it, she let's Him have it expressing all her anger at Him. (She still mostly sees God as her Father; where as I relate to God as my Mother and Father.)

Marge: Yes, I see. I was wondering whether I should tackle Marlon on it, thinking that perhaps he wasn't facing up to it, that he should stop complaining about how hard it is and will get, and just get on with it. But now I understand, that's not my place, that's for him to work through for himself with his Group or whomever.

And actually, I feel really good that I don't see it all in a mind way like he does, that I must be truer to my feelings, seeing it as Marion does. It's going to be one feeling at a time, and if they are mostly bad feelings, so be it, I'll just keep working to accept them, express them, as I long for the truth of them.

And that explains why I am able to move on into the Third World, (3<sup>rd</sup> spirit Mansion World, the first of three Healing worlds) as I've been told, whereas Marlon doesn't want to let go of his mind life. And I can understand that, it, I suppose, will be a weening process for him. He has far more invested in the mind way. He was successful in it, able to have a high degree of control making himself feel special and powerful. And for him to relinquish that, will be hard. Whereas for myself, I wasn't able to get settled firmly in a mind way of life over here. I don't feel I have any say, any power or control in it. That obviously wasn't what God had in mind for me. I have just been swept out of the mind way of things into looking to my feelings. And as little as I understand the different ways, I do prefer this way. Which I guess is why I'm here looking more to my feelings; and as I said, because I want to, it feels right to me. I don't have any resistance to it. Luckily my mind is not feeling as threatened as Marlon's mind is, he feeling he's being forced to give up his control, whereas I feel happy, as hard as it is, to see the controller I am, and hopefully won't need to develop other mind controlling ways.

James: It's good to hear about your side Marge. And I can relate to all you're saying about Marlon. So for you, as you said, it just feels right, you feel it is you. For me, I don't feel it is right, I don't feel anything about anything in my life is right, I never have. So it's the same as I've always felt; whereas you possibly felt right through your life, and felt right as a child.

Marge: I did. I enjoyed a lot of my childhood. I felt I had power and was in control, which I hope I allowed my children to have to some degree. I wasn't controlled like you by not having any power, and you having to get it through your mother who was depriving you of it, you pretending you had it by in



some way pretending you are her. That is way too deep and too hard for me. I don't know how you are able to deal with that truth as it's coming to light in you. Marie (mum, 1<sup>st</sup> Celestial Heaven spirit) was filling me in again about you, Marion and Samantha (English lady advanced in her Healing), helping me to see all you are revealing about yourselves.

And to answer the question in your mind, no, mum has not been very forthcoming about her own Healing. Again because she says she wants me to work it out for myself, she not wanting to interfere. And it's the same with Beth (grandmother – Nanna Beth – 3<sup>rd</sup> Celestial Heaven spirit). So the two spirits I could actually get the most help from in one way, stand to interfere with my Healing the most. And I can see their point, however it would be good to be able to work it all through with them. But as soon as I thought that for you to write, mum replied in my mind by saying that when I get to my deepest pain, hurt and hatred of her, if she was as I want her to be in my Healing, I wouldn't be able to embrace all that hatred, rage, hurt and pain. So it's best if she remains more impersonal for the time being.

James: How are you feeling now about your Healing session?

Marge: Good. I still need time to work through it all; however I understand that happens of its own accord. Alicia came and she was so happy having a great time with her friends, and I find it hard to be sad and feeling bad when she is so happy. However, I know it's all within me, it's not going anywhere, and it will come up when the time is right. I am being coached by good spirits, and I'm valuing Adriana's understanding and healing experience. She's very perceptive about more of the subtle things to do with the whole Healing process, so she's helping me see more into it. I know Marlon wouldn't be able to understand, he probably wouldn't know what the hell she was talking about, and it's a stretch for me, however she explains herself well, and then I grasp it, and wow, it's like a curtain is pulled back and I see what she's saying. And that is a thrill, to suddenly get it, waking up a bit more, and seeing myself and my relationship with the Healing, with her, with Alicia and Marlon, in a new light.

I do enjoy the psychology of it. I don't know what you call it all really, I just call it my 'waking up', because I do feel like I've been asleep in my life; asleep to so many of the realities that were going on, I remained unconscious to them. So now waking up to them, wow again, look at that, look at how I negatively affected my child that way by saying that word at that time, look at the power and control I needed over her, and then look at the ramifications of that, the unloving consequences, and then how bad I feel about it. And as Paula kept pointing out, my having no idea, and I didn't. I have been asleep all my life, and yet when I was living it, I felt wide awake most of the time. It is incredible how there are all these different layers or planes of reality, and that now I have come into a higher one, so I'm starting to see things from a higher level. And then to think there are so many higher levels, and all the way to Paradise. I am blown away by that, that our Heavenly Mother and Father have created us with such amazing potential, a little of which I guess I'm starting to touch on within myself.



I want to change the subject telling you about Alicia's and my prayer for the Divine Love. We did have one together in our apartment.

James: Sure.

Marge: It was really nice, we lit spirit scented-candles, and put on lovely mediation music of Alicia's choice, her friend told her it was really good. We made ourselves comfortable, turned down the light, and there was such a nice feeling in the room.

It was so nice, just the two of us in our apartment. I loved how seriously she took it, she wanted it all to be right, for her to feel right. And when she did, which involved her just about “re-organising” the whole room – I couldn’t stop laughing, with her telling me to stop and be serious; and of course, the more she did that, the more I couldn’t stop, and then she started laughing too, and so we both lost it. It was such a good start to our peaceful prayer for the Divine Love!

Then we were finally ready, and we sat in prayer and longed to our Heavenly Parents for Their Divine Love. And the Love came into both of us from Them, courtesy of the Divine Minister via the Holy Spirit (see James I have been paying attention), and I could feel it coming about me like you said. It wasn’t the water-fall effect this time, more gentle, like I was being enveloped by my Mother and Father, and that felt lovely.

I asked Alicia if she wanted to say anything out loud to our Mother and Father, to which she said she did.

Alicia: Hello my dear beloved angel Mother and Father, God of Heaven, Creators of my soul; Marge and I are longing to You Both for Your Divine Love. I can feel You loving me, thank you, it feels so good, You are making me feel so happy. I love You Both; I love Marge; I love my Earthly mother and father; brothers and sisters. I thank you for giving me the life you are giving me, for giving me so many good friends, for making me feel bad when You know I have to express more of my pain and hurt. I understand that, and I thank You Both for giving me all the Healing help in the Group. And I want to live as You want me to live, so can You Both please show me how that is, the right way for me to live, the way You want me to. Thank You.



Such lovely words she spoke, I was crying, I felt so happy for her, so proud, she having grasped the essence of it all so well. And perhaps she is to become very spiritual, it seems to suit her well, she is so much like a child still and yet becoming also so wise and understanding. She is so child-like in her feeling expression, so spontaneous, and so willing to express all she feels. She is not embarrassed expressing what she feels, and is growing in confidence by the day. And she is so sympathetic, so caring, she leaves me to shame. I am so protective of myself, so scared that something bad will be said or happen to me, that if I am not nice then others will talk badly about me, accuse me of being unloving, criticise me; whereas she seems to have no such fears. She is so open to life, and through her I am seeing how closed off to it I am. I am resisting it in my ways, as Marlon resists the Healing. I have to keep my control in tact, I don’t like feeling it being threatened, scared of losing control and so losing any power I might have. Whereas Alicia has no such issues. So I can see how she is going to help me a lot, she is so much more pure in herself and true to herself and her feelings, so natural, whereas I have a lot of conflicting confusion I will have to unwind and sort out.

We sat quietly for a time, and then Alicia asked me if I minded her speaking what the Mother was saying to her. I said no, of course not, anytime.

Alicia (the Mother speaking to her): **I will show you how Your Heavenly Father and I want you to be Alicia, We will answer your prayer. And We will show you through your feelings. All you need to do is keep living expressing all you feel as fully as you can, keep wanting to know the truth of your feelings, and your feelings will guide you. And slowly you will come to know Us, as We come to know you. We want you to be as feeling expressive as you can be, because then We will know how you are, We will delight in being with you, We will enjoy your personality, and getting to know**

**you. And as you get to know yourself through your feelings, so too will you be getting to know Us. And that's what We want.**

Marge: Alicia thanked her Heavenly Mother and we sat in Their Love for a little longer.

And it was so nice, thinking over what the Mother had said to Alicia, thinking over all I've been through since dying; and yes John (brother to Marge), I laughed too, listening into your conversation with James when you said you're more alive when you're dead. And it's so true, that's how it feels to me, like I'm still coming alive, waking up from some murky dream that was my life back on Earth. That my mind is still clearing, that I am still being re-energised in my spirit, my spirit light shining a bit brighter. So I do feel more alive now having died. And who would have known it would be like that – not me!

**We are more alive than ever  
- when we are dead!**

We finished our prayer, with Alicia thanking our Mother and Father out loud for Their Divine Love. Then we both stayed in a stunned, blissful state, looking at each other. And then suddenly we burst out laughing again at the whole enormity, amazingness and happiness of it all.

I mean, so say James, sitting here listening to God speak to you! I then realised I forgot to ask Them to speak to me, but that's all right, I will do it possibly next time. I don't feel the need to do it as strongly as I did, these feelings coming and going, so I will when the time is right.

Alicia loves that she can speak with *her* Mother and *her* Father who are in Heaven. And God bless her. She doesn't want me to tell anyone that she can do it. For the time being I'm to keep it a secret, not that I have anyone other than Adriana I'd want to tell; and Alicia has already told her – she was allowed into the secret.

So mum's the word, and that too is nice, something the three of us can share in our little private world we're developing within the greater world. That we can be with the other spirits, and we can then share something precious between us. Which again all makes me feel so sad, because if only I had such awareness as I have now back with my children, being able to feel how precious they were, and being able to savour more of our little world we shared together.

However it is so much easier for us here, as I said, no pooey nappies, no meals to make, no clothes to wash, no housework having to keep everything clean, none of the million and one things that tied me up too much, too much of the time so I couldn't just kick back, relax and not worry. I don't worry about Alicia getting sick, or myself for that matter, because we don't get sick in our spirit bodies like we could in our physical ones, when I worried so much about my own children getting sick. I don't have to earn money, there are none of those material pressures on us, we have all the time in the world only for ourselves. God, my Mother and Father, have brought a spiritual fairy-spirit into my life and so I will appreciate her, watching her grow and develop her soul and her personality expression. I'm looking forward to it and thanking Them, for Their Divine Love, and everything else.

I will go now James. And thank you again. Marjorie.

**Marjorie Day 39 last Marge – sad!**  
(Thirteenth day in spirit Mansion World time!)

Monday, 4 January 2021

Marge, newly arrived Mansion World spirit: Yes, James, today is our last ‘session’. Marie (mum, 1<sup>st</sup> Celestial Heaven spirit) has told me it’s time to finish our time together. I need to get on devoting myself to my new Healing life, and you’ll need to get on with whatever it is God has in store for you.

It is very encouraging to hear the positive feedback about our writing together, I am glad if I’ve been able to help people feel better in their lives in some way, even though all I have been speaking about is feeling bad feelings and not doing anything to stop feeling them.

Adriana said that she’s been told, which applies to Alicia and I, that we can move into the Third World (first of three spirit Healing Mansion Worlds) anytime we like. We are to go there for a visit so as to choose where we might want to live, and then we can move any time we like. Adriana has arranged for us to go on a visit in a few days time along with other members of our Healing Group, they too wanting to move on.

And from what she’s told me, it’s the same as how we’ve been living, we can live in another apartment or in a small house the three of us together, and she’s been offered some to choose from. She says she likes the idea of a small house which is in what she calls ‘woods’ and yet is still close to others who have families so Alicia won’t feel too removed from teenagers her age. And Alicia says she doesn’t mind, she loves the pictures of the little house in the woods, I’ve not seen them yet, however it sounds very appealing. So I think we’ve already decided on it.

And Alicia is also happy because two of her new friends are also moving into the next Healing World and their families are going to live near by, so it all seems to be working out. My feeling for her is that living apart in our little house and not always being caught up in all the goings on in an apartment block will help her mature more. I might be wrong, but I see she can be easily distracted, which she is aware of too. However, like everything in life, it waits to be seen, she might end up living at her friend’s houses or apartments and coming to visit Adriana and myself, so we’ll see what happens.

I’m really looking forward to it, to be away from the mind distractions, for even though we’re here in this Healing sector, we’re still predominately in a mind world and so you can’t get away entirely from it. So being in a world that is only for and with spirits doing their Healing, we all wanting to get on with it and nothing more, I’m longing for that. I can feel the yearning for it growing in me, and they are nice feelings. I feel like I am finding my, dare I say, ‘true’ purpose in life. I’ve never felt like wanting to commit myself to anything so strongly; and I guess, I couldn’t commit to anything better than committing to do my Spiritual Healing.

As yes, Marie (Marjorie’s mother) hasn’t said anything about whether or not we’ll talk more. I am open to it, however let’s see how I feel when I’m settled after we’ve moved into the Healing World.

So before I go, is there anything you’d like to ask me about what I have said to you. I know you’ve asked me in your mind as we’ve gone along, and please continue to do that if you like, I will keep the ‘line’ open.

James: No, there’s nothing I want to ask you. I was musing over our time together and all you’ve said, having a feeling that today would be our last ‘message’ together, and I was enjoying seeing how much you’ve conveyed without specifically speaking about it. Again I sense the help from behind the scenes from Celestials having a hand in how you’ve presented it all to me, and I thank them for that too.

Marge: I have had such help. I'd not said anything about it, however I have had communication with the band of Celestials that help you with your writing. Marie organised for them to speak with me, outlining the sorts of things you might like me to convey to you, so I have tried to work along those guidelines. I did understand that there was more to our writing together than both of us are aware of, and so I would think in time more of that understanding would come to you, as I hope it comes to me.

So before I go, I would like to say to John (brother), thank you for loving all I have written, I am so happy you've enjoyed it and like how things have unfolded for me. I will await your arrival into spirit and perhaps this time round it will be your sister telling you how it is, as you tried to tell me before I died.

I have not asked mum (Marie) about what's going to happen for you on Earth, she suggested it was best that I didn't know, that I focused solely on myself, and that she'd fill me in later. Anyway, it doesn't matter for me as my connection with Earth is fading more by the day. I don't care what happens to it, nor do I care what you might want to do with what I've written with you James. You are free to do as you please with it. I am just another spirit of many who are setting out living a new way in their spirit life.

Alicia has just come in, we're at home, and I've told her that this is my last speaking with you. She wants to say goodbye, so I'll give you over to her.

Alicia: Hi James. Marge, Adriana and I are moving soon, are you coming with us?

James: No Alicia, I don't think so. I think Marge might need a break from me, allowing you three to settle into your new home, which Marge says you like the look of.

Alicia: Yes, it's by a small lake, we can go out on it, there are spirit fish, ducks and geese. I have always wanted a pet and Marge says I will be able to have whatever I want. And I'm thinking about one of those parrots that talk easily to you. Our spirit parrots are like your's on Earth, just as pretty, but are much better speakers.

And two of my new friends are coming over into the new world too, and they are going to live nearby, so I'm excited about that. There is a small town nearby, and other apartment buildings with other families in them all doing their Healing. So I'm sure I will meet more friends too.

I will go now; I hope you are doing well in your Healing, it can be very difficult when you feel so bad, but that is the way of it, and I want to let myself feel all my feelings.

I will give you back to Marge. Bye James!

Marge: Yes, a talking parrot; oh well, why not, possibly it will be able to help us with our Healing in some way. Where the new house is, is perfect for Adriana and I to go for walks in the woods and around the lake. I'm looking forward to that. I feel in some way it's important for me to just let go, to take time to ease properly into my new spirit life. It's been such a whirlwind from the moment I woke up after dying (it still sounds funny saying that) and I long for some peace time, notwithstanding all my bad feelings coming up, yet time to settle into my new life. So I hope the little house in the woods will help me do just that.



Anyway, I will tune in and tell you when we've arrived. And until then, we'll be attending our Healing Groups; and for myself, learning more about the Spiritual Healing.

So I will go now, Alicia wants me to come with her to one of her friend's apartment so we can all go to a place they want to take us in one of the mind sectors. They won't tell us what it is, they want to surprise us. So I will stop now.

Thank you very much James for taking this time with me. I have enjoyed it, and learnt so much, and I now want time to actually think about what we've written together. I am 'tuned into' John, so I'll be able to see what people say about our writing.

She's telling me to hurry up.

So once again, thank you James; and as I said, I'll remain open, for a while at least, so please 'call' me if you want.

James: Thank you Marge, I've loved writing with you. I hope your Healing goes well for you. And maybe we can meet when my times comes to move into the spirit worlds.

Marge: I'd like that. Bye now – Marjorie.

Epiloge:

**Marjorie Day 40 last – last Marge**

Tuesday, 5 January 2021

Marge: I had to pop back and tell you James that we saw our new 'little woods home' and it's perfect, lovely, with such a good feeling about it, peaceful, warm, homely.

I'm still accepting that the three of us women can live there together in the woods and without any fear of anything bad or strange happening to us, no intruders of the human or animal kind; that no one will disturb us as that sort of thing can't happen in these Healing Mansion Worlds.

Paula and Orion suggested another Celestial soulmate pair who's Group Adriana and I can join, and we met them, and they are very nice and pleased for us 'making it this far in our Healing' and say we're more than welcome to join their Group. And we went and met the new Celestial pair Alicia will be working with, and she says she also wants to keep attending her current Group, which she can do moving between the worlds.

And we're not waiting, we're moving tomorrow. Alicia has gone into her organising mode, organising with a spirit couple she met who have a young child, to take over our apartment as is, so that makes it even easier.

So you can tell John, it's all done now. By tomorrow we'll be settled in our new home in a new World. Alicia says she knows where she can get the parrot she wants, one of those big blue Macaws, and she wants to 'Peruvianise' our new home, which is slightly out of context with the surrounding woods, however, who cares! I am freeing up more by the day, and feeling so good about that. I couldn't be more happy James. And so now to work hard on myself and see how unhappy I will become bringing all my repressed feelings out.

I really am going now James. Goodbye – Marjorie.

Note from brother John: I am just so very, very proud of my little big sister, Marjorie!

