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DIVIDE and CONQUER

22 July 2023

Never could it be envisaged that one personality could cause such enduring pain and distress to so many for such an extended period and have no one figure out how and what has happened to us all.

This personality could be said to have perfected the art of 'Divide and Conquer' and due to the status or level of that personality, it has taken 200,000 years to run its course and now that misery is to be brought to an end. Even that ending will take all of the next 1,000 years and a little more.



Yes, we have been divided and conquered on every level of our lives and in every aspect of how we live. Borders, old customs and prejudices are to go, but the many psychic barriers will be painful in tearing down.

We have been subjected to absolute slavery to the whims and wishes of a soul partner pair who we mostly consider mythical to non-existent. But it is even more abstract than that. This soul partner pair had others do their evilness through others. These others we have not even known to exist until very recently.



All of our fuckedness is directly related to the rebellious Lanonandek high level spirits from within our local universe of Neadon. They rejected the leadership of the Creator Daughter and Son who are the co-regents of our local universe and consequently denied the existence of our Heavenly Mother and Father.

Simply put, the soul partner pair, referred to as Lucifer, began to influence some of the humanities, within their assigned system called Satania, to suppress and reject their feelings and to live mind-centric on the false premise that we could evolve to become mini-gods through embracing our minds. The soul partner pair referred to as Satan was their deputy.



THE EVIL ONES

Some 500,000 years ago, Lucifer and his soul partner were appointed the system sovereigns over Satania. A system typically has 1,000 inhabitable worlds. Satania has 619 inhabited worlds of which Earth (Urantia) is number 606 being one of the youngest to become inhabited. Earth is also on the outskirts of our local universe of Neadon which overall has 10,000,000 inhabitable worlds of which 3,840,101 are inhabited. Massive eh!





In the process of this appointment was the appointment of the Lucifers' deputies. The soul partner pair that were appointed as deputies to the System Sovereign were the Satan soul partner pair. In true fashion, it was the Satans that did the public work of the Lucifers. Collectively they brought about the Rebellion of 37 humanities within the system of Satania. The worlds in Rebellion number 37 only out of 619 humanities throughout Satania.



Each of the inhabited worlds within a system have a soul partner pair appointed specifically as the Planetary Prince of that humanity. These are also Lanonandek high level spirits from within our local universe. It is the soul partner pair called Caligastia for Earth's humanity.

When we refer to the 'devil' we are specifically referring to the Caligastias.

A soul manifests two personalities, one is always a male and the other is always a female. There is no homosexuality or confusion, what is unfolding on Earth is of a consequence of mind injury.



The deputies to Caligastia are the soul partner pair called Daligastia. The Daligastias manifested on Earth and with mid wayer spirits began their administration of Earth's humanity some 500,000 years ago.

It was 200,000 years ago that Caligastia and Daligastia joined into the Rebellion instigated by Lucifer who was supported by Satan.



THE EVIL ONES

And when we say the Lanonandek spirits are from within our local universe, that is in distinction to the Creator Daughter and Son, the Avonal Pairs and the Teacher Pairs who are all from Paradise, the home of our Heavenly Mother and Father. The Lanonandeks have never been to Paradise nor have they had direct connection with our Heavenly Mother and Father, hence these Lanonandek's rejection of our Heavenly Mother and Father and also rejection of our co-regents of Nebadon, the Creator Daughter and Son, that we on Earth know as Jesus and Mary Magdalene. And then there is us commencing our journey in the physical here on Earth (Urantia) – pawns to the Rebellion and later the Default:



WE ARE ALL BEING PLAYED

DIVIDE & CONQUER: IF THEY KEEP US FIGHTING WITH EACH OTHER, WE WILL NEVER FIGHT THE TRUE ENEMY... THE ESTABLISHMENT!



DIVIDE AND CONQUER MECHANISMS:

Skin Colour / Tone Bigotry	Class & Social Structures
Borders & National Cultures	Militarism is all Wrong
Language Divides	Societal Customs & Practices
Financial Enslavement	Debasement of Education
Professional Snobbery	Sexual Preference Bigotry
Assumptions Err 98% of the time	Political Division
Mind-Centrism Stagnation	Religious Bigotry
Mind Control Addiction	Mind Untruth Addiction
Institutional Controls	Leadership Propaganda & Lies
Parental / Teacher / Religion / Employer / Government suppressions	
Potable Water Security Food Security Safe Shelter Security	
Universal suppression of all peoples by covert controllers	
Living Mind Centric is prohibiting spontaneity & freedom	
Living Feelings First is living in truth & freedom !	
Women Liberating	Childhood Suppression to end

This Suppression is now to be Ended!



From **CONCEPTION** through to **GRAVE** we are **CONTROLLED**.
Our Parents and Carers suppress our true
Personality and we continue with repression
 throughout our adult life!

Hidden Control thru **COVERT** to **MANIPULATION**

MIND DOMINATION OVER FEELINGS
MEN DOMINATION OF WOMEN
PARENTING - CHILDHOOD SUPPRESSION
WIDE DIVERSITY OF LANGUAGES
RESTRICTIVE EDUCATION SYSTEMS
RELIGIONS WITHOUT TRUTH & LOVE
WAGE & FINANCIAL ENSLAVEMENT
MULTI-LEVEL GOVERNMENT CONTROL
MULTIPLE RACE COLOURS & FEATURES
BORDERS AND MILITARISATION
NATIONAL PSYCHIC BARRIERS
PERPETUAL CONFLICT & WARRING!

ALL OF WHICH

PREVENTS HUMANITY'S ASCENSION

all
orchestrated by *Caligastia*
and his partner

Beliefs suppress TRUTH

Dis-ease is of Disharmony with TRUTH

Mental Illness is of CHILDHOOD SUPPRESSION

Perceived level of truth MoC 1,000

FEELING HEALING

embraces the healing of both

Disharmony with TRUTH

and

CHILDHOOD SUPPRESSION

and with Divine Love we are embracing

our

SOUL HEALING

Perceived overall level of truth MoC 920 – relative truth potential MoC 1,480

PAIN IMPOSED is PAIN ENDURED

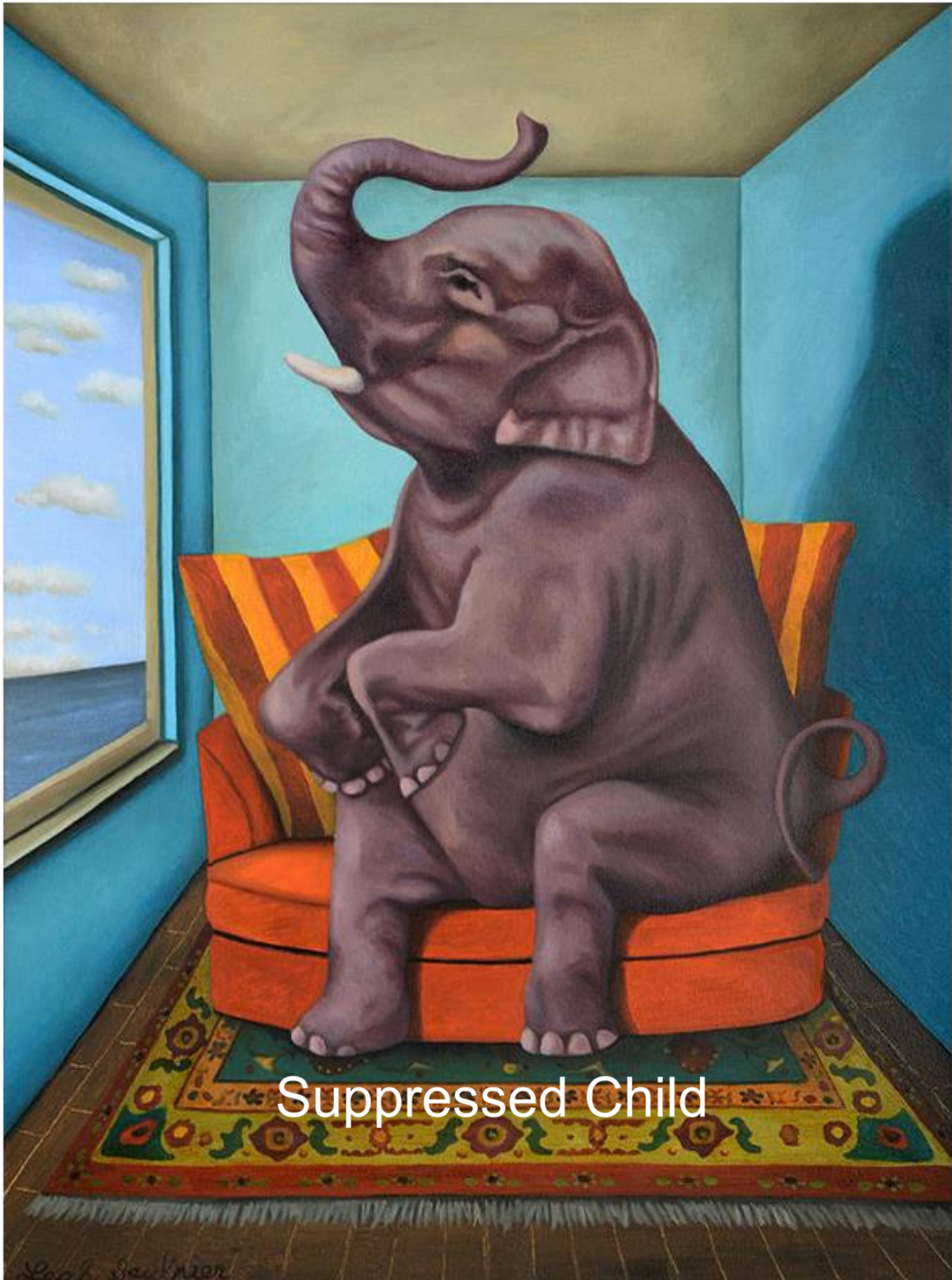
Whatever pain or discomfort we cause to come upon another person, either directly or indirectly, is the equal amount of pain we each will endure.

And this applies to all forms of control we imposed!

With the quickening of the Law of Compensation we will instantly endure that pain before we can inflict it!

Parenting, namely Childhood Suppression, is the biggest of all errors.

Childhood Suppression is the elephant in the room!



Suppressed Child

The underlying generator of all discomfort, pain, disease and illness is Childhood Suppression and ongoing Repression.

Feeling Healing is our only recovery and soul growth pathway.

It is that simple!

Childhood Suppression

The soul does it all.
The soul is a duplex,
two personalities being
manifested into the
physical by our soul.

Soul light continually
flows from the soul
through our spirit body
levels and into our
physical.

Return light being the
experiences of our
physical existence.

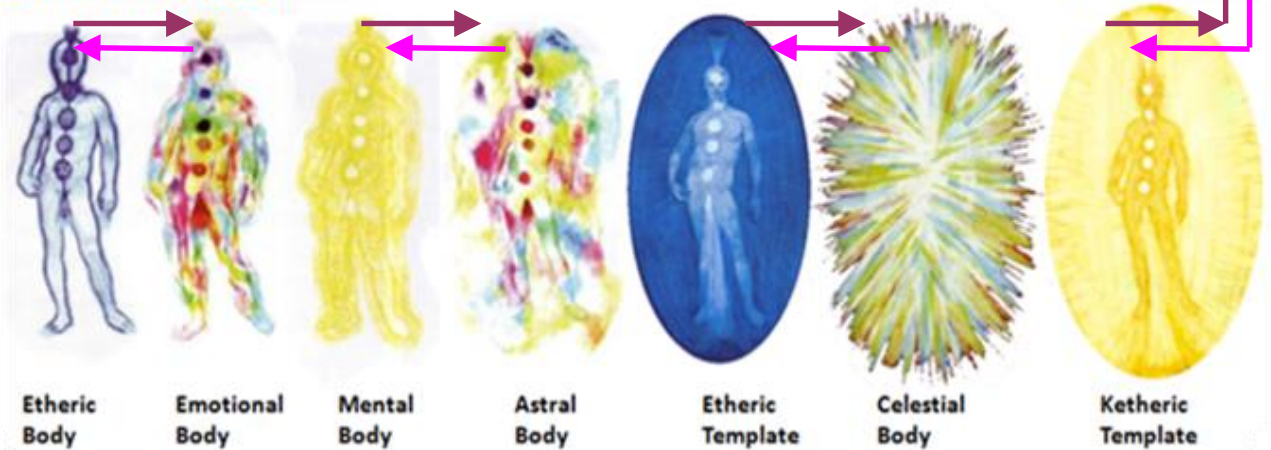
SOUL



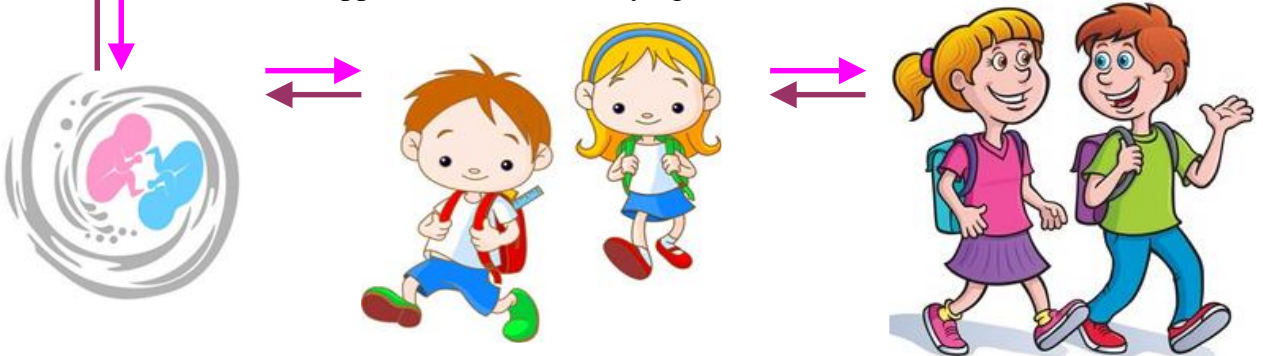
Childhood suppression
imposed upon us by our
parents and carers
causes retarded light to
return to our soul
bringing about
imbalance, reflecting
emotional injuries and
errors of belief. This
imbalance is the cause
of all our difficulties
throughout our adult life
and also all of our health
issues.

SPIRIT BODY

Brennan Model of the 7 Levels of the Human Energy Field



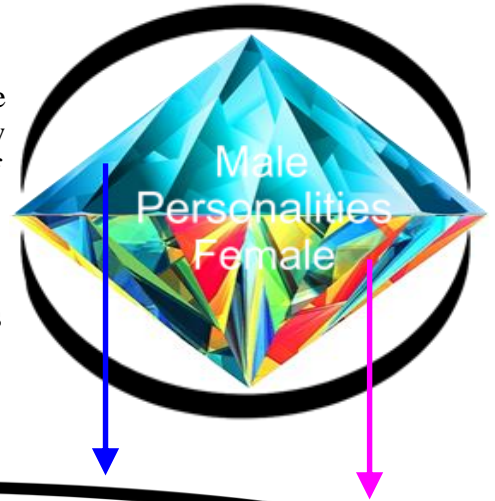
Every experience is recorded through the light returning through our spirit body and back to our soul. What emotional injuries we experience, commencing from conception, has to be expressed emotionally to heal the imbalance in soul light so that harmony and health can be achieved in our spirit and physical bodies. Childhood Suppression is the underlying cause of disease, illness, etc.



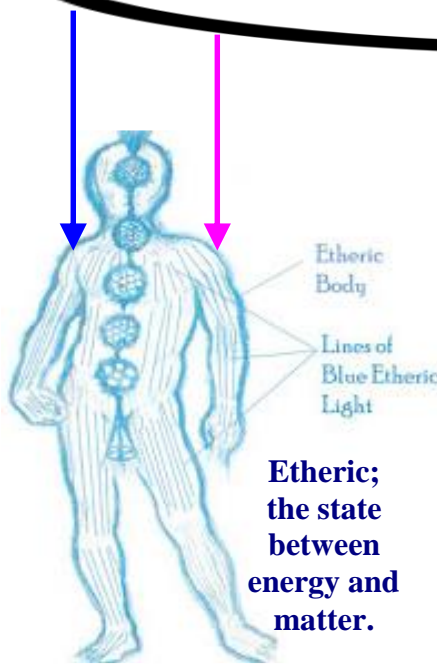
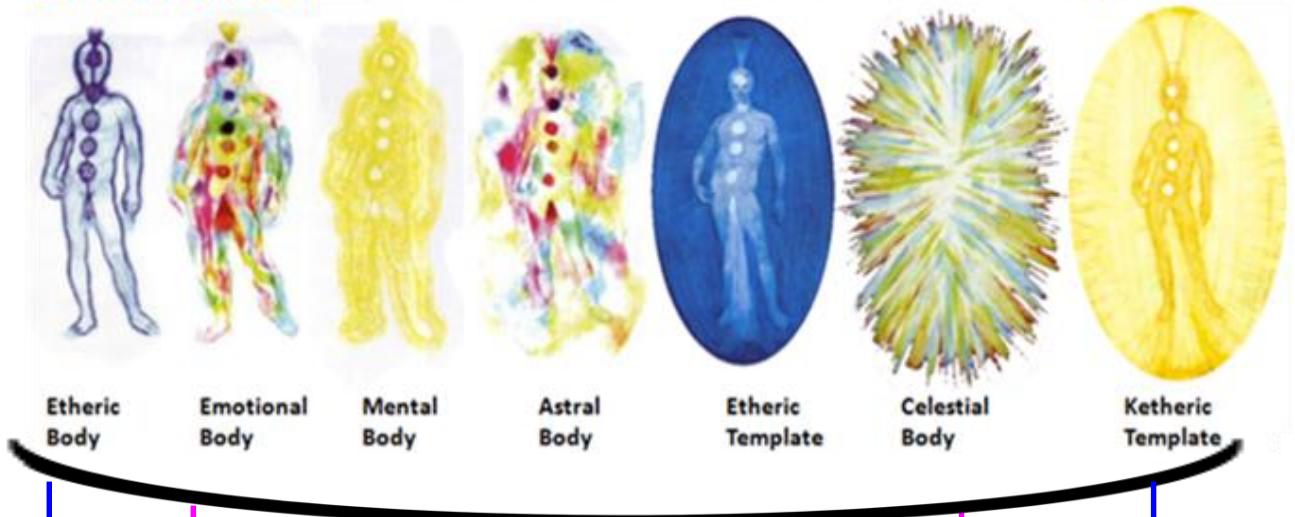
Childhood Suppression



Childhood Suppression – from conception to age six years – harmfully encrusts the soul, thus impeding light flow throughout all seven layers of the spirit body, damaging the genes within the spirit body which in turn damages the genes in the physical body, as well as setting the pattern for all of our physical health issues throughout our lives.

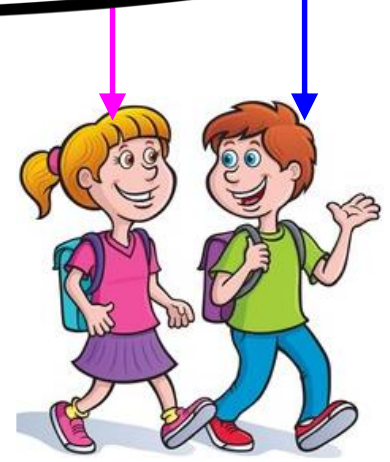


SPRIT BODY Brennan Model of the 7 Levels of the Human Energy Field



Etheric; the state between energy and matter.

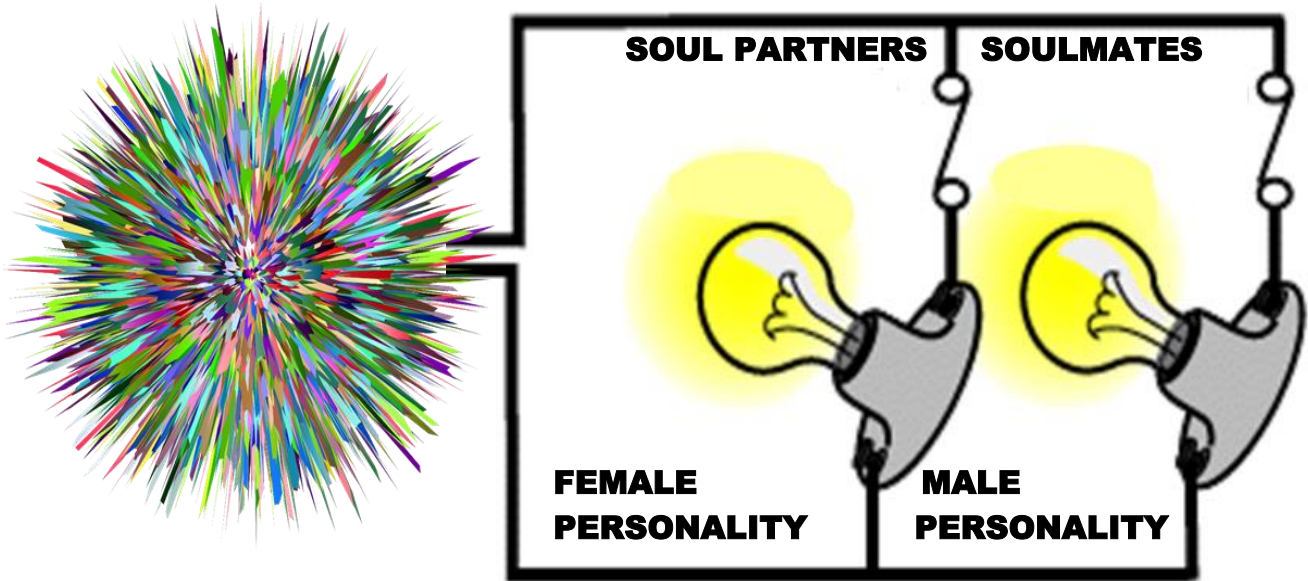
The spirit etheric body is the template for our physical body, however, no health care system or science considers that the underlying cause of any health issues are formed through our Childhood Repression and that no physical healing occurs without expressing our childhood suppressions, being feelings both good and bad and then longing for the truth behind these injuries. Medicine may suppress the pain – it does not and cannot cure – vaccines are extreme physical suppressions!



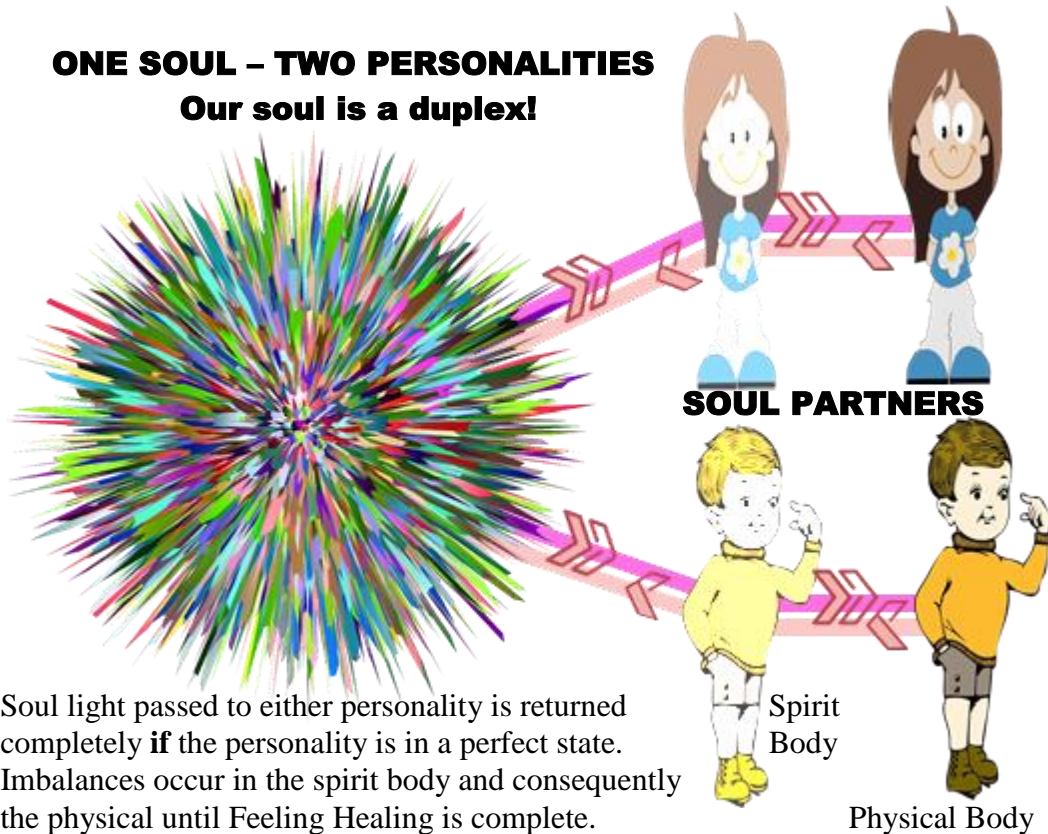
The pain from ANY illness will not exceed the pain experienced during our Childhood Suppression!

SOUL LIGHT emitted is to be BALANCED by the LIGHT RETURNED!

**Two separate personalities on parallel 'circuits' having the same soul.
What impacts one personality does not impact the other personality.**



ONE SOUL - TWO PERSONALITIES
Our soul is a duplex!



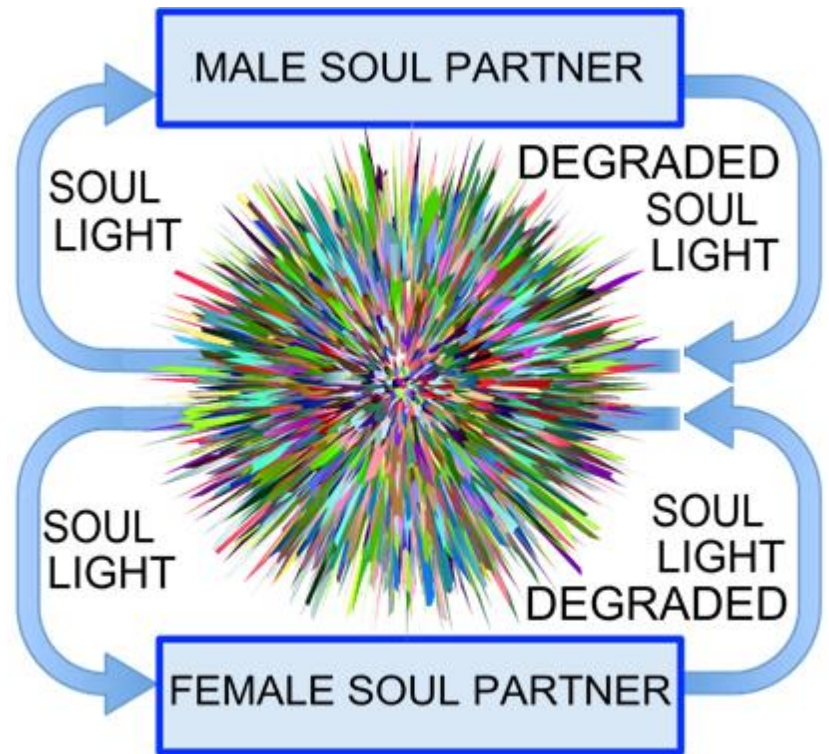
Soul light passed to either personality is returned completely **if** the personality is in a perfect state. Imbalances occur in the spirit body and consequently the physical until Feeling Healing is complete.

Health of all of Our Bodies

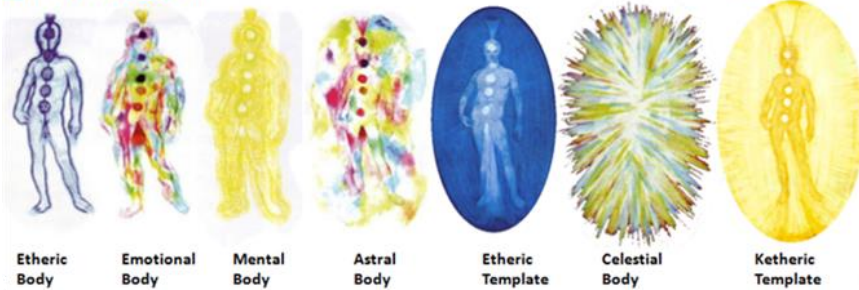
The elephant in the room is our Childhood Suppression, from conception through to age six years.

This impedes the circulating flow of soul light thus bringing about imbalances throughout our spirit and physical bodies. This manifests as discomfort, pain, illness and disease throughout our lives. All 10,000 identified diseases are of the consequence of Childhood Suppression in its numerous formats.

We are to express our feelings, both good and bad, to a companion who is open to hear what is coming to surface for us. We are to long to know the truth behind those feelings. What enters us emotionally is to be expressed emotionally. This is our Feeling Healing. This is the one and only pathway to bring about healing and harmony throughout all of our bodies, including physical.



SPirit BODY Brennan Model of the 7 Levels of the Human Energy Field



Feelings First with Mind to follow in support.

CHILDREN FIRST and WOMEN’S LIBERATION:

Put Children First

and

“The True Liberation of Women is Through the Truth of Their Feelings.”

The greatest gift we can give our child, is allowing it to be freely able to express itself, helping it to feel good about being able to say and express and communicate all it feels. **THERE IS NOTHING BETTER FOR A CHILD TO FEEL THAN KNOWING ITS PARENTS COMPLETELY WANT IT TO BE EXACTLY HOW IT FEELS IT WANTS TO BE.** To be completely unconditionally accepted for all that it is. Then it feels loved. Put children first.

and

Women ARE the true spiritual leaders, ARE able to live true to their feelings, and need to be recognised as such, appreciated for being so amazing in that capacity, and so supported and put first, something the man finds hard to do because of all his rebellious programming about being the superior dominant one.

Parents who are fully healed through Feeling Healing will come to find that their children will not suffer illness! As parents make some progress with their Feeling Healing, benefits do pass to their children. However, it is most likely that generations will come and go before society achieves utopia.

POTENTIAL to BENEFIT your CHILD through our own FEELING HEALING:
This steps down each seven years as the child matures



From conception to age 6 or 7 **From 8 to age 14** **From 15 to age 21** **From 22 to age 28**
As we heal, we directly heal our children similarly.
The Indwelling Spirit arrival for the child around age 6 or 7 starts their independence.

Each generation of 25 years or so will see marginal embracement of Feeling Healing, however in 1,000 years it will achieve universality.

A few will complete their healing during their lifetime, but for many it will be incremental.

WE ENDURE FOUR LAYERS of PERSONALITY SUPPRESSION!



Unknowingly, our parents pass onto their children (us) their beliefs and way of living that has evolved since the Rebellion, some 200,000 years ago, and then the Default, some 38,000 years ago. In this way, humanity is suppressing the female, rejecting our Spiritual Parents, namely Jesus and Mary, and denying our Heavenly Parents being our true Mother and Father, of Their truth, standing and existence.

The Rebellion is against love, the Default is all the difficulties we have in our relationships because of our rebellion. Healing the Default is becoming true, to ourselves and in our relationships, and ending our unlovingness – our rejection of love, so ending the Rebellion. Nanna Beth 29 June 2017



We are souls, our personality is an expression of our soul. It is our free expression of our soul through our feelings that we are to embrace and follow. This expression may appear to be wilful in nature, from time to time, and consequently our parents' attempt to suppress this expression. They proceed to remodel us when as young children, in the manner their parents treated them and so on for many generations going back.

During our forming years, as a child, we are unable to recognise the suppression of our personality as being extra-ordinarily harmful to our soul based personality and, accordingly, we don't know that things can be any other way. Presently, neither do our parents.



This childhood suppression way of living continues throughout our schooling years, thus we learn this is a way of life that is normal.

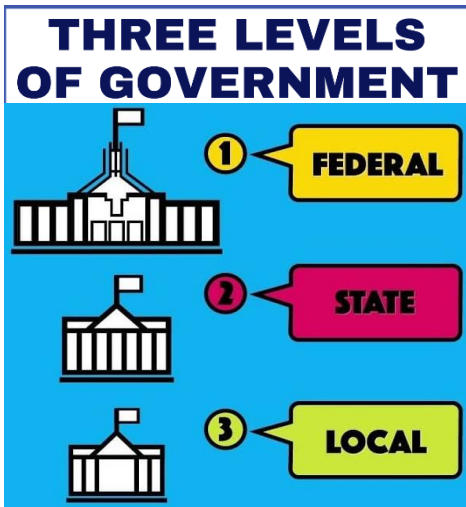
Our religions all have been formed based on the tenets of the Rebellion and Default. The teachers and leaders throughout all denominations take us further away from our suppressed feelings that have been hammered into us during our forming years, thus entrenching us further into rejecting our true selves.



The controlling and suppression mechanisms of our parents, educators and spiritual teachers all manifest throughout all of commerce. This control comes heavily and brutally down upon all levels of employment. The capability to express one's soul based attributes and gifts is sealed throughout all of one's working life.

A new way of living is to enable the liberation of one's true personality through the Feeling Healing process AND the transfer of authority to the individual via embracing freedom of expression.

BUT THERE ARE FURTHER LAYERS OF CONTROL!



HIDDEN CONTROLLERS



Federal, state and local governments impose their 'rule' upon the people that appoint them to serve these very same people!

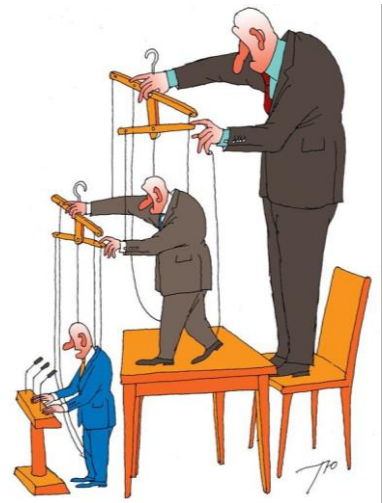
Instead of assisting their people, governments at all levels impose restrictions and controls.

The same people who 'elect' the members of parliament do not realise that the 'nominees' are often puppets of hidden controllers.

'Heads of society' are considered leaders. The 300 Bilderberg Club members are (short term) leaders throughout the world, but these are controlled by some 30 families (medium term), who are in turn are manipulated by 12 (long

term) families. All of this is managed and imposed by global secret society networks under the direction of the 12 long term families and their chairman.

GOVERNMENT
 Derived from the Latin verb **Guverno, Governare** meaning **"To Control"** & the Latin noun **Mens, Mentis** meaning **"Mind"**
To Control The Mind



celestial Friends

CONTROL DISRUPT

Since 31 May 1914, Celestials have been progressively introducing high level truths to humanity that have been prevented from sharing for thousands of years. From 31 January 2018, Celestials have been disrupting the hidden controllers on Earth and slowly bringing about their manipulation and suppression of Earth's humanity.

Negative Spirit Influence blocked
 22 March 2017
Law of Compensation quickening
 22 May 2017



Rebellion and Default officially ended
 31 January 2018
Great U-Turn now ready for mobilisation
 22 July 2023

ADDRESSING the DECEIT of the REBELLIOUS LANONANDEKS

Hi Ladies and Gentlemen

We each are about to embark upon a worldwide endeavour with aspirations to shift communities a little towards a more prosperous and progressive life.

To truly achieve our objectives we are best to understand and recognise the issues confronting the community we are proposing to introduce our possibilities for growth to.

Kindly consider this Pascas Paper which can be downloaded from www.pascashealth.com, then go to the Library Download page, scroll down into Pascas Care Letters and click on to open:



[Pascas Care Letters Worldwide Survey.pdf](#)

Kinesiology muscle testing in conjunction with Dr David R Hawkins' Map of Consciousness can enable anyone to calibrate the level of consciousness of the population of a nation, state / province, city, town, village, suburb and also drill down to a household and each individual therein within minutes.

The attached worldwide survey is now supported by more than 14 independent worldwide surveys providing enormous cross fertilisation of information and guidance. This is included in this Pascas Paper.

This provides a comprehensive starting point from which we are to initiate programs for the community, with their involvement and actual delivery control, so that optimums can be achieved.

Thus, from the thousands of assessments drawn together, we have this simple chart summarising all:

WORLDWIDE SURVEY			
Levels of Truth / Consciousness	Countries	Population2020	Lifestyle Feature
500+ MoC	NONE	0 million	Feeling orientated rather than mind-centric
400s	22	700 million	Freedom and Progressive Leadership
300s	71	4,100 million	Open and Free Education
200s	50	1,100 million	Current Religions
100s & below	73	2,100 million	Survival Living
Overall 220	216	8,000 million	Humanity entrenched in mind-centricity

The Map of Consciousness chart is based on natural love and is a scale of 0 - 1,000 based on the common-log of 10. A 10 point improvement is a 10,000,000,000 fold increase in energy. The overall scale also goes on to infinity.

Hereditary environments are fundamentally our prisons. We each end up calibrating at the same level of consciousness as one or the other of our parents, should they differ. Thus our environmental heritage imposes upon us the conditions that prevail generation after generation. Our parents impose upon us, unknowingly, their errors and injuries and all this occurs before our sixth year. We then go on living the social and emotional issues that our parents carried throughout their adult life, now we continue on doing the same throughout our adult life. Thus, the Worldwide Survey prevailing today shows that over a quarter of Earth's humanity are still living in a survival mode that prevailed more than 2,000 or even 2,500 years ago.

Kindly review Pascas Care Letters Worldwide Survey as it presents a vast array of understanding of the diversity of the environments in which living feelings first can greatly up-step communities while technological support is introduced and infrastructure developments anchor in the growth that they welcome and support for themselves.

Pascas Foundation (Aust) Ltd is a not-for-profit and the work involved is unique requiring enormous inputs from many people. We seek your participation through membership of the Foundation as we look to collaborate with each of you in the delivery of your own agendas. Kindly consider application for membership please. There are no obligations.

cheers for now

John Doel for
Pascas Foundation (Aust) Ltd

Rome
2 thousand
years ago

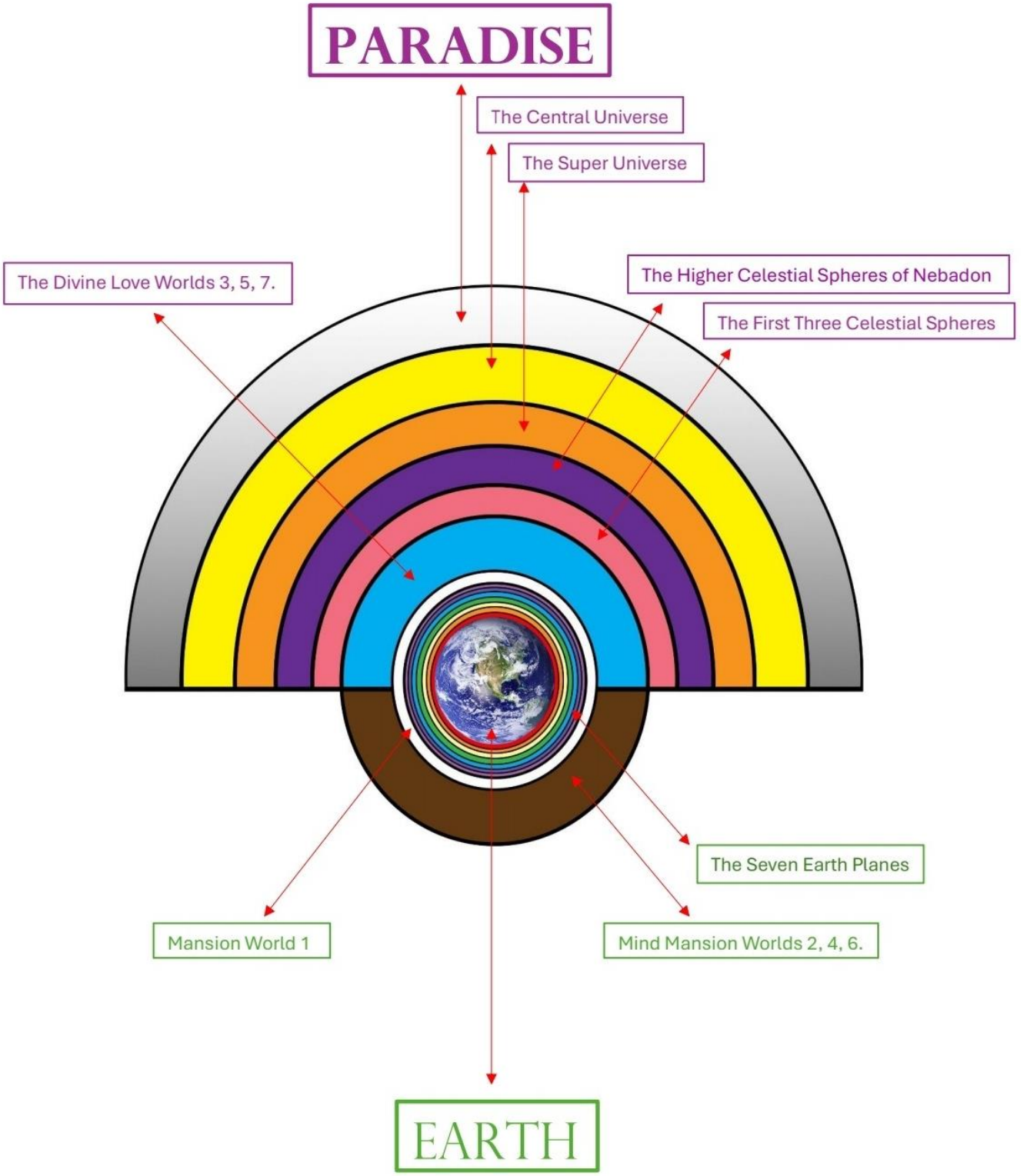


Africa
like...
an hour ago



2,000 years ago the world population was 300 million and all were living in survival mode. Now in 2020 we have over 2,100 million people living in survival mode. We have successfully multiplied the 'living in survival mode' by seven fold!

OUR ASCENSION OF TRUTH



COSMIC UPDATE

The Current Fate of the Evil Ones

Sometime in the early 90's, I forget the date, it possibly being buried somewhere in my writings, the remaining Evil Ones, Caligastia and Daligastia, formerly had their rule terminated, they then joining Lucifer and Satan who's rule was ended by Jesus when he came to Earth, being put with them in a spirit-prison, or in a confinement sector, in the seventh earth plane.

As we understand from The Urantia Book, their powers were diminished because of Jesus and Mary M coming to Earth; still, they were easily able to cause humanity to create its horribly controlling religions through the Age of the Cross, and continue those already created, that were designed by them to keep people hopelessly bound up in their Wrongness, in their rebelliousness, in the Rebellion by Default.

Because it is the actions of Higher Male spirits on Technical levels who affect technical changes on spiritual levels on Earth and to humanity, and in the greater Universe, so The Urantia Book only talks about the men spirits, the male Evil Ones – the male leaders of the Rebellion; and of Jesus himself, thereby leaving out the unseen, and so mostly unknown, influences of their soulpartners (soulmates), the women spirits with them. All spirits, including ourselves, we being spirits in flesh, have a soulmate.

So we don't know from the book, or anywhere else, that Mary M is Jesus' soulmate, and was just as instrumental in her way in bringing about the end of the Rebellion on the System level, as Jesus was. When Jesus told Satan to 'f--k off', that he and Lucifer no longer had any power to run the Rebellion, so it was that Mary Magdalene on her Technical side, told Mrs Lucifer and Mrs Satan, to 'f--k off'. (Mary and Jesus didn't use such swear words, they are mine.)

And so it also happened when Mr Caligastia and Mr Daligastia were finally stopped in their nefarious ways negatively influencing us on Earth and in the Mind Mansion Worlds, so too were their soulmates stopped, Mrs Caligastia and Mrs Daligastia.

The eight Evil Ones, now interned on the seventh earth plane, are here 'on' Earth, and not on the earth planes of one of the other rebellious worlds, because Mary and Jesus bestowed themselves on Earth to end the System Rebellion. And at the same time, they came to tell their whole Universe that our Mother and Father's Divine Love was (and still is) available to be longed for and received into our souls, thereby taking the perfect Worlds and Spheres of Nebadon, who were of Natural love, into becoming Divine. Nebadon, although still with some worlds like our Earth and its seven Mansion Worlds being technically of Natural love, even though we too can long for and receive the Divine Love, is now considered a Divine Universe because Mary and Jesus completed their seventh Bestowal on Earth, and 'liberated' the Divine Love.

James

COSMIC UPDATE

Punishment of the Evil Ones

Mr and Mrs Lucifer, Satan, Caligastia and Daligastia's punishment for rebelling, is now being carried out through the seventh earth plane. It's not known, for the likes of myself, as to how long it will last, nor what it will involve, however one might reasonably assume it will continue until the last person on Earth and in the Mansion Worlds, and possibly on all the Rebellious earths and their associated mansion worlds, have completed their Spiritual Healing, being no longer of the Rebellion. So, for us, with no trace of the Rebellion and Default left.

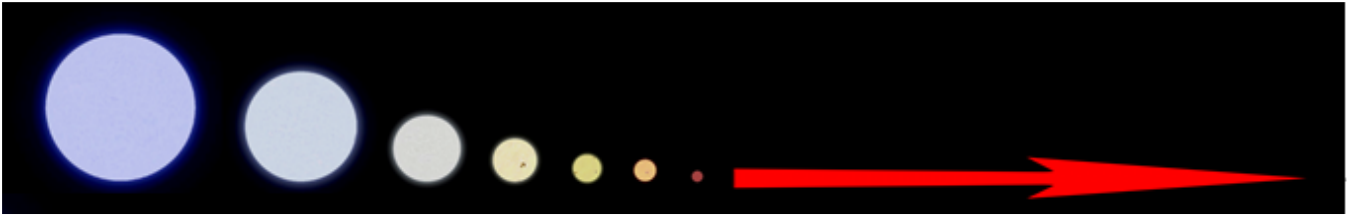
Currently, through the seventh earth plane, they are 'living' in an English Manor or Stately House, one that is open to the public. They are there with people traipsing in and out of the House and their bedrooms, around the Garden, unseen and unheard by people, yet 'with' the people, having to listen to their conversations and feel the low 'vibration' of them, how false, untrue, mind-controlled and disorientated the people are, as most people are on Earth, all so they can be 'subjected' to their evil handiwork. They caused us to become evil and rebellious, so now and for a long time to come, they will be moved about the Earth through the seventh earth plane, having to spend time seeing and feeling their unloving affects on people, beginning their Hell-Time, all of which should at some point make them start to realise that which they did: how negatively affecting us all was not good, that it's causing so much pain, suffering and torment as we live dealing with their evil legacy. However, judging by their arrogance and egos that refuse to admit for now that they are bad and wrong in all they did, it's going to take a long time to sink in that it's all over for them, and they did something very wrong by taking matters into their own hands and out of the loving hands of our Heavenly Parents.

Will the Evil Ones one day after this level of hell-time is complete, start doing their Spiritual Healing? Or will they simply 'cease to be'. And do we care?

And if they do their Healing, and when they are fully redeemed, what will they do then...

James

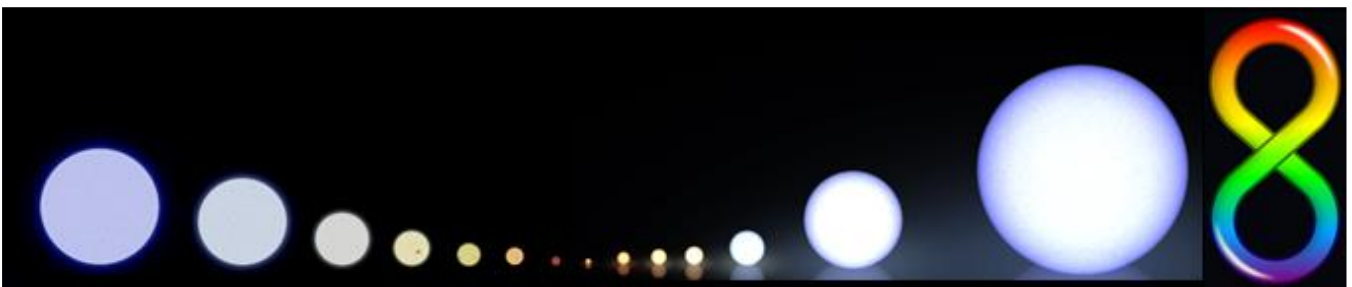
OUR CHOICE!



The moment prior to our conception, we are in pristine, perfect soul condition of Natural love. Consider that to be 1,000 on Dr David R Hawkins' Map of Consciousness scale – the largest sphere above. From that moment on we are being 'fire hosed' the errors and damage that our parents hold and carry. Somehow, we make birth – the middle sphere above. By the time we are six years of age, our childhood suppression of our true personality by our parents ends upon the arrival of our Indwelling Spirit. Now, our soul condition is the smallest sphere. We will now calibrate on the Map of Consciousness scale at the level of one or the other of our parents – we are now literally a clone of their messed up personality. We continue on at that level for the rest of our lives. We also go on and do the same to our own children, thus this stagnation goes on for generation after generation – for aeons.

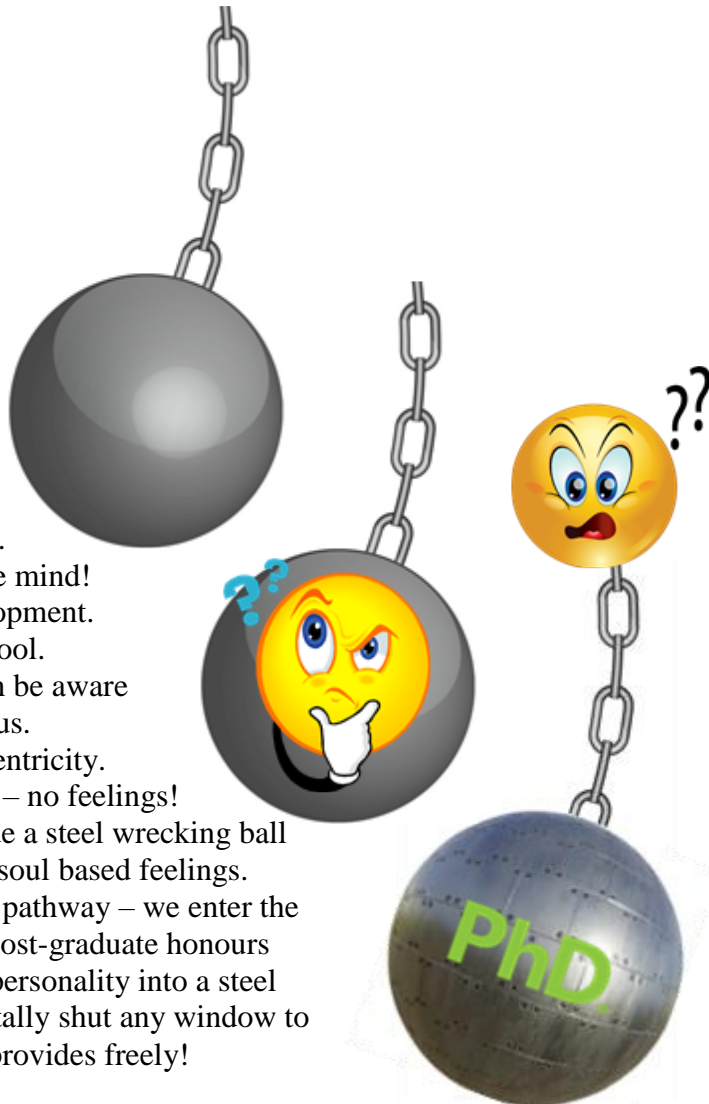


We can perfect our mind's control and achieve a state of bliss which is all false and eventually ends with us crashing back to reality. Or, we can embrace our Feeling Healing and heal all our damage that which we took on as we got older as well as the damage imposed upon us by our parents and carers. Thus, we can grow in truth and love beyond 499 on the Map of Consciousness and perfect our Natural love, returning to the condition before conception. This could take a very long time – and then we are stuck in the 7th spirit Mansion World condition.



And here is the most wonderful pathway open for us all. By embracing our Feeling Healing with the Divine Love, through longing for the truth behind what our feelings are drawing to our attention and asking our Heavenly Mother and Father for Their Love, Divine Love, we can heal our childhood suppression and ongoing repression, with the Divine Love, then we can progress into the first of the Celestial Heavens and continue onwards with our evolving growth in truth and love all the way to Paradise, the home of our Heavenly Mother and Father. The pathway is now defined and open to all.

WE ERRONEOUSLY EMBRACE OUR MIND TO LEAD US THROUGH LIFE!



Our parents teach us to live through our minds.
 We are taught to be mind-centric – worship the mind!
 We go to school and it is all about mind development.
 There is no consideration about feelings at school.
 Our religious institutions do not appear to even be aware
 of our feelings, nor how they are important to us.
 If we go into employment then it is all mind-centricity.
 Higher education is further mind development – no feelings!
 We have now totally immersed ourselves inside a steel wrecking ball
 with no comprehension or appreciation of our soul based feelings.
 Then we take the ultimate mind imprisonment pathway – we enter the
 pinnacle of the education system – we gain a post-graduate honours
 degree – PhD – we have now imprisoned our personality into a steel
 wrecking ball with an outer layer of steel to totally shut any window to
 our soul based feelings and the truth our soul provides freely!

Living mind-centric locks us into a stagnate state that has a ceiling of 499 on Dr David R Hawkins' Map of Consciousness. While we ignore and suppress our feelings, we cannot evolve past this glass ceiling of MoC 499, being 'Reason'. Fixed in a stupor, a life of zombiism that we see all around us!

**ONCE YOU KNOW -
 YOU CANNOT UNKNOW!**

Mary Magdalene

**This time, in the history of humanity, is
 the most exciting time ever experienced.**

We were all humans until:

Truth Inside Of You



Race disconnected us,
Religion separated us,
Politics divided us,
And **Wealth** classified us.

BUT WHY AND WHO SEPARATED US?

PSYCHIC BARRIERS to CHANGE!

To put it succinctly:

We have been driven, generation after generation, to embrace our minds to the point that we blindly worship our minds, due to the fact that high level spirit controllers considered we would fall to to their coercion.

Our minds are addicted to:

Control over others;

Control over our environment.

That males are now addicted to having females subservient to their control.

That our minds cannot differentiate Truth from Falsehood.

That our minds are addicted to untruth and that 'fake news' and propaganda will be believed by a gullible, subservient audience.

That consequently, the sheeple will march to war without questioning.

So, financial gain for the few hidden controllers is the trigger for never ending wars, if they cannot enslave nations through debt by other means!

We, here on Earth, live in a physical HELL!



Every facet and every phase of our living is mind-centric dominated. We are all pawns to our minds as of a consequence of Lucifer and Satan's coercion of Caligastia and their deputies, Daligastia.

Our mind is addicted to control, control over others and the environment. Our mind cannot discern truth from falsehood, it is addicted to untruth. Consequently when we form an 'assumption' the error rate is 98%. We fluke about 2% of our assumptions. The best result noted is an error rate of only 96%! When we 'think' we are forming an assumption. When we see a report that commences with 'in my opinion' then we know it is already flawed. It is the ultimate to hear someone start a conversation with; 'In my opinion, I think that based on these assumptions...' Count the number assumptions that any research paper is based upon. Most scientific research papers are really announcing that the so-called scientists have no idea about which they are reporting upon. All the scientific findings need to be reinvestigated.

The Lanonandeks have done a superb subversion job on Earth's humanity. We are one of the 37 humanities that have submitted to their guile, some of the others have not taken on the Rebellion as completely as Earth's humanity. However, none of the other 37 humanities have also Defaulted. The bestowal of the Adamite pair, Adam and Eve, more than 38,000 years ago, partially failed in their mission of uplifting Earth's humanity, both physically and spiritually. Thus we have the unique 'crown' of being both in Rebellion and Default, and that is the crown throughout all of our local universe of Nebadon and then all of the seven super-universes, some 700,000 local universes!

Outside of the Rebellion world, humanities live primarily embracing their feelings. They live feelings first generally speaking. Our feelings are always in truth. Should we live feelings first then we are fully self-contained. All that we need to know will emerge through our feelings. Instead of having to rework the errors of our mind generated assumptions, we find that at the end of the day what we have done is appropriate, not requiring correction, reworking and amending. Life is so much easier allowing our feelings to lead the way having our minds in support assisting in implementing what our feelings are leading us to consider. Our feelings are from our soul, our soul is always in truth.

Women are closer to their feelings than are men. The Lucifers were aware of this, thus they prompted men to dominate and have women subordinated to men. Thus, for the past 200,000 years women have been progressively been more and more suppressed through the domination of men. That is about to be corrected. As women begin to live Feelings First they will find their true freedom. Women will lead the way for humanity out of the Rebellion and Default embracing ALL of Earth's humanity.

Psychic barriers have been progressively imposed upon humanity. These can be individual, community, regional, state, national and/or worldwide. We 'think' we have freedom. Many have adhered to a specific religion all of their lives. Some have changed religions and their special 'holy' book as of a consequence of their search for something more in truth. When you research closely you will find that such people who have changed religions cannot embrace and undertake a further change!

There is a Universal Contract governing the Rebellion and Default setting the rules of its operation!

Even the aspect of fear of death was imposed upon humanity to suppress connectivity with those who are in spirit throughout the spirit Mansion Worlds, mostly the mind Mansion Worlds 1, 2, 4 and 6.

DIVIDE and CONQUER STRUCTURE:

DIVIDE & CONQUER STRUCTURE



perfectly imperfect

The SinBins  are to  **EVIL** empty!

Ten ducks in a row, but one always misleading or misled!



TurningPoint 22 July 2023

“The CHOSEN ONES” – Pride and Assumptions both at their best!

Notes from The Urantia Book (TUB):

1925 – 1935

(602.1) 53:1.4 Very little was heard of Lucifer on Urantia (Earth) owing to the fact that he assigned his first lieutenant, Satan, to advocate his cause on your planet. Satan was a member of the same primary group of Lanonandeks but had never functioned as a System Sovereign; he entered fully into the Lucifer insurrection. **The “devil” is none other than Caligastia, the deposed Planetary Prince of Urantia (Earth)** and a Son of the secondary order of Lanonandeks. At the time Michael (Mary and Jesus) was on Urantia in the flesh, Lucifer, Satan and Caligastia were leagued together to effect the miscarriage of his bestowal mission. But they signally failed.

(803.2) 71:3.2 Much as it is to be regretted, national egotism has been essential to social survival. The chosen people doctrine has been a prime factor in tribal welding and nation building right on down to modern times. But no state can attain ideal levels of functioning until every form of intolerance is mastered; it is everlastingly inimical to human progress. And intolerance is best combated by the co-ordination of science, commerce, play and religion.



(1005.1) 92:2.5 Races of men only superficially accept a strange and new religion; they actually adjust it to their mores and old ways of believing. This is well illustrated by the example of a certain New Zealand tribe whose priests, after nominally accepting Christianity, professed to have received direct revelations from Gabriel to the effect that this self-same tribe had become the chosen people of God and directing that they be permitted freely to indulge in loose sex relations and numerous other of their olden and reprehensible customs. And immediately all of the new-made Christians went over to this new and less exacting version of Christianity.

(1005.2) 92:2.6 Religion has at one time or another sanctioned all sorts of contrary and inconsistent behaviour, has at some time approved of practically all that is now regarded as immoral or sinful. Conscience, untaught by experience and unaided by reason, never has been, and never can be, a safe and unerring guide to human conduct. Conscience is not a divine voice speaking to the human soul. It is merely the sum total of the moral and ethical content of the mores of any current stage of existence; it simply represents the humanly conceived ideal of reaction in any given set of circumstances.

(1018.6) 93:5.1 Although it may be an error to speak of “chosen people,” it is not a mistake to refer to Abraham as a chosen individual. Melchizedek did lay upon Abraham the responsibility of keeping alive the truth of one God as distinguished from the prevailing belief in plural deities.

(1023.6) 93:9.9 The national ego of the Jews was tremendously depressed by the Babylonian captivity. In their reaction against national inferiority they swung to the other extreme of national and racial egotism, in which they distorted and perverted their traditions with the view of exalting themselves above all races as the chosen people of God; and hence they carefully edited all their records for the purpose of raising Abraham and their other national leaders high up above all other persons, not excepting Melchizedek himself. The Hebrew scribes therefore destroyed every record of these momentous times which they could find, preserving only the narrative of the meeting of Abraham and Melchizedek after the battle of Siddim, which they deemed reflected great honour upon Abraham.

(1055.1) 96:2.3 It was only after the days of Melchizedek and Abraham that certain tribes of Semites, because of their peculiar religious beliefs, were called the children of Israel and later on Hebrews, Jews, and the “chosen people.” Abraham was not the racial father of all the Hebrews; he was not even the progenitor of all the Bedouin Semites who were held captive in Egypt. True, his offspring, coming up out of Egypt, did form the nucleus of the later Jewish people, but the vast majority of the men and women who became incorporated into the clans of Israel had never sojourned in Egypt. They were merely fellow nomads who chose to follow the leadership of Moses as the children of Abraham and their Semite associates from Egypt journeyed through northern Arabia.

(1057.2) 96:4.6 Moses proclaimed that Yahweh was the Lord God of Israel, who had singled out the Hebrews as his chosen people; he was building a new nation, and he wisely nationalised his religious teachings, telling his followers that Yahweh was a hard taskmaster, a “jealous God.” But nonetheless he sought to enlarge their concept of divinity when he taught them that Yahweh was the “God of the spirits of all flesh,” and when he said, “The eternal God is your refuge, and underneath are the everlasting arms.” Moses taught that Yahweh was a covenant-keeping God; that he “will not forsake you, neither destroy you, nor forget the covenant of your fathers because the Lord loves you and will not forget the oath by which he swore to your fathers.”



“Chosen by God,' eh?
— What's the catch?”



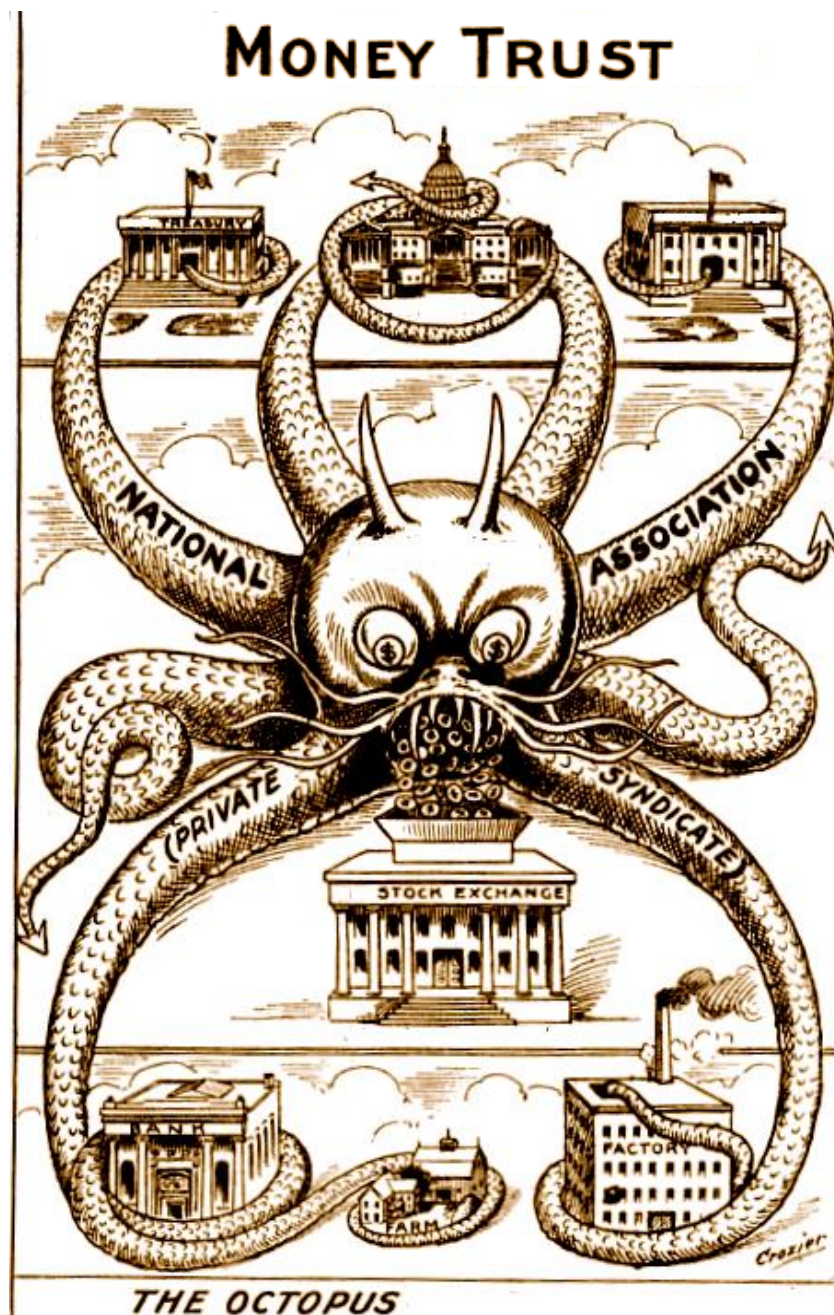
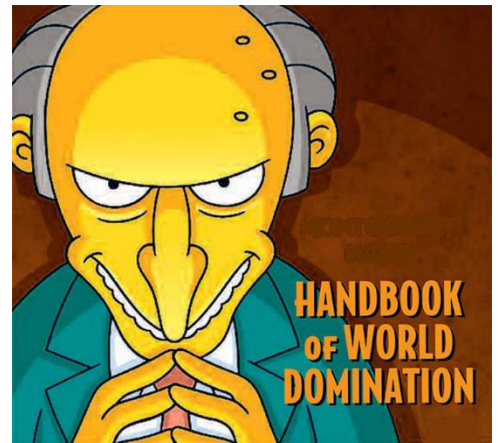
(1058.4) 96:5.6 Moses feared to proclaim the mercy of Yahweh, preferring to awe his people with the fear of the justice of God, saying: “The Lord your God is God of Gods, and Lord of Lords, a great God, a mighty and terrible God, who regards not man.” Again he sought to control the turbulent clans when he declared that “your God kills when you disobey him; he heals and gives life when you obey him.” But Moses taught these tribes that they would become the chosen people of God only on condition that they “kept all his commandments and obeyed all his statutes.”

(1065.5) 97:4.2 Amos was not merely a restorer or reformer; he was a discoverer of new concepts of Deity. He proclaimed much about God that had been announced by his predecessors and courageously attacked the belief in a Divine Being who would countenance sin among his so-called chosen people. For the first time since the days of Melchizedek the ears of man heard the denunciation of the double standard of national justice and morality. For the first time in their history Hebrew ears heard that their own God, Yahweh, would no more tolerate crime and sin in their lives than he would among any other people. Amos envisioned the stern and just God of Samuel and Elijah, but he also saw a God who thought no differently of the Hebrews than of any other nation when it came to the punishment of wrongdoing. This was a direct attack on the egoistic doctrine of the “chosen people,” and many Hebrews of those days bitterly resented it.

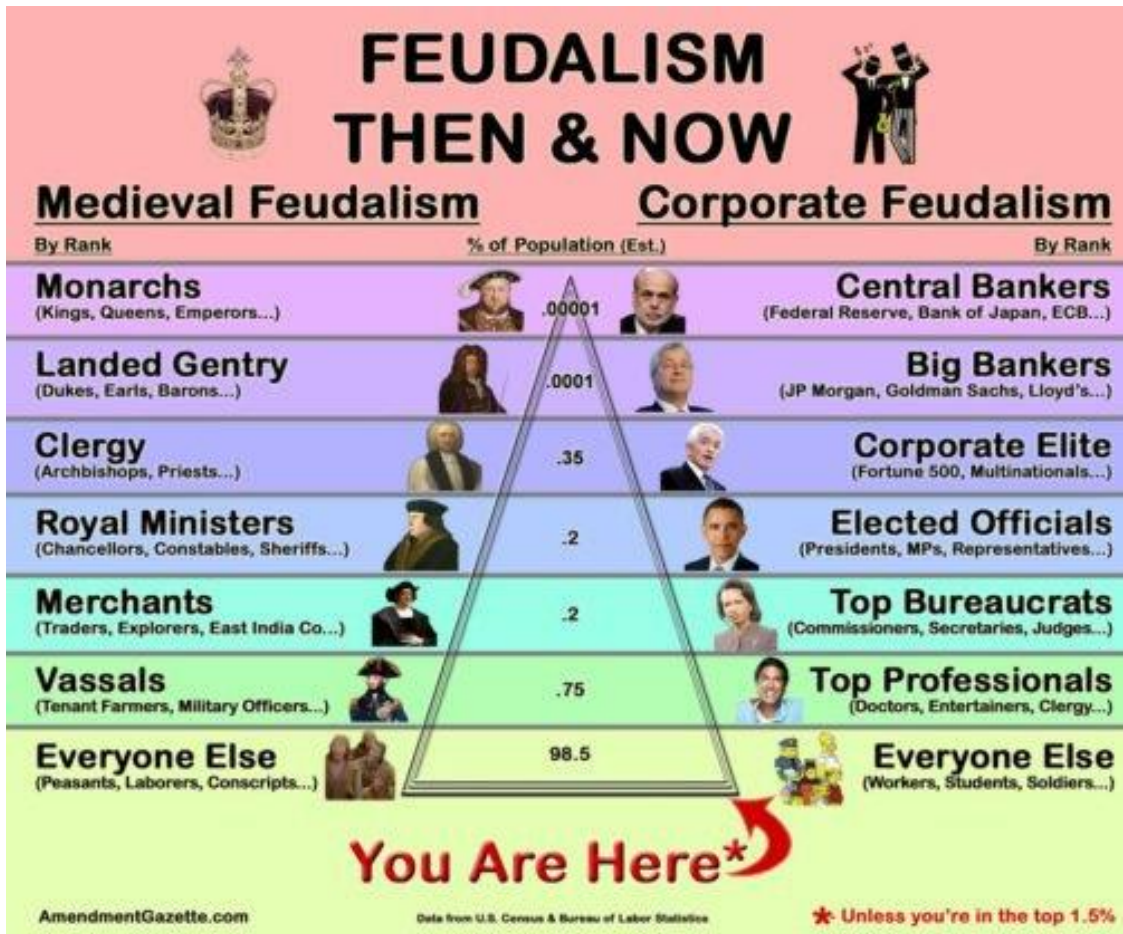
(1068.1) 97:7.1 The destruction of the Hebrew nation and their captivity in Mesopotamia would have proved of great benefit to their expanding theology had it not been for the determined action of their priesthood. Their nation had fallen before the armies of Babylon, and their nationalistic Yahweh had suffered from the international preachments of the spiritual leaders. It was resentment of the loss of their national god that led the Jewish priests to go to such lengths in the invention of fables and the multiplication of miraculous

appearing events in Hebrew history in an effort to restore the Jews as the chosen people of even the new and expanded idea of an internationalised God of all nations.

(1071.3) 97:8.5 All modern religions have seriously blundered in the attempt to put a miraculous interpretation on certain epochs of human history. While it is true that God has many times thrust a Father's hand of providential intervention into the stream of human affairs, it is a mistake to regard theologic dogmas and religious superstition as a supernatural sedimentation appearing by miraculous action in this stream of human history. The fact that the "Most Highs rule in the kingdoms of men" does not convert secular history into so-called sacred history.



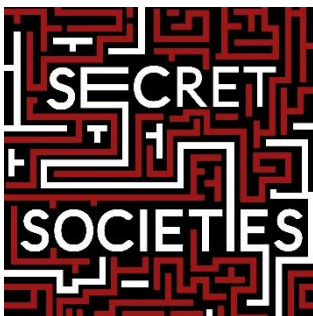
Where Hidden Controllers prioritise their ‘influencers’:



and where Hidden Controllers prioritise education budgets:

(Australian government prisoner costs annually AU\$120,000 – university student subsidy AU\$11,000)





Secret Societies

These are organisations whose members are sworn to secrecy about their activities.

Through their affiliations, their tentacles are worldwide. From the headquarters of a dominant secret society, with enough financial influence then you can manipulate all the major governments and centres of influence worldwide.

One particular financial empire has been successful in having their nominated candidate become president of the United States of America – from their private club in London! They succeed with more than half of the presidential elections delivering their nomination as President!

HIDDEN CONTROLLERS



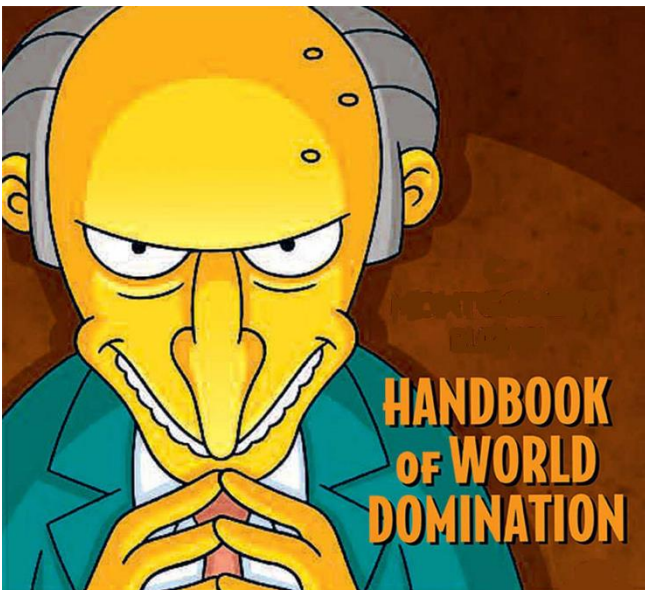
TOTAL DOMINATION

Who Rules the World



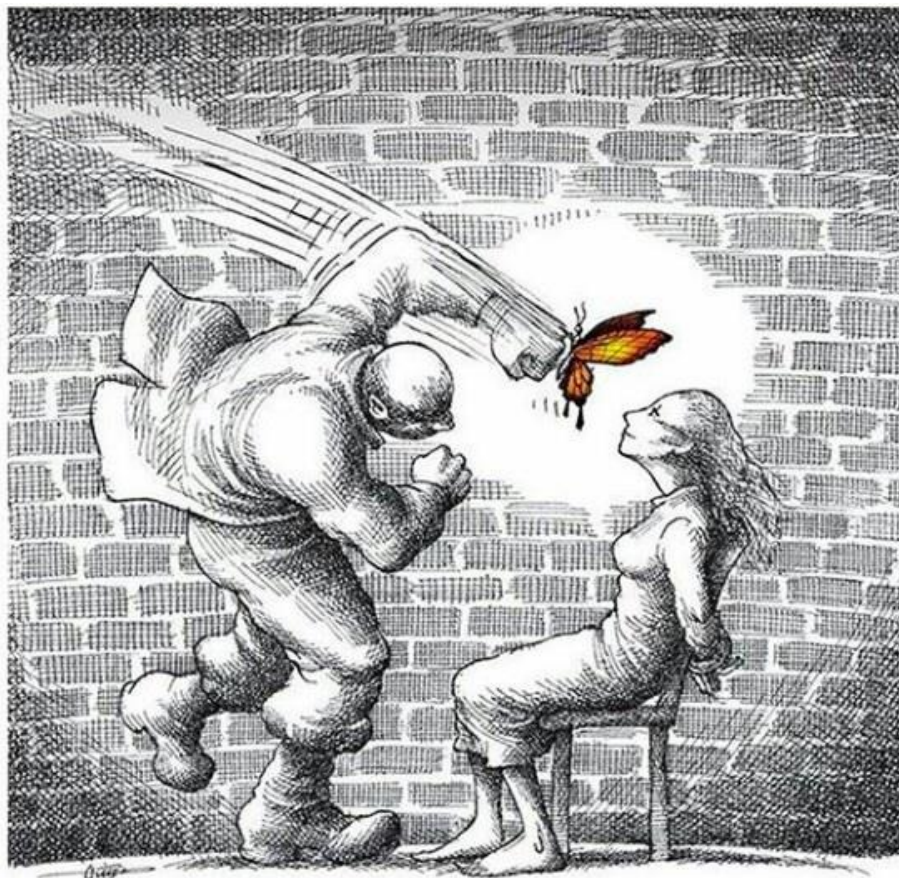
WE DID IT! WE MONEY-GRUBBED OUR WAY TO OWNING HALF THE WORLD'S WEALTH!
ARE YOU THINKING WHAT I'M THINKING?

THE OTHER HALF!!!



"Chosen by God," eh?
— What's the catch?"

MILITARISM is all WRONG!



**Violence is not
the answer.**

Violence is never Justified

Never is hatred, nor discord, nor war among men justified – no matter what the cause – and if men will only learn the Truth there will never exist such feelings or acts. Militarism is all wrong. Jesus 25 December 1915

To Hell In A Handbasket



Evil Ones



Rebellious Lanonandeks

**The Golden rule is:
Never interfere with another's will.**

From our moment of conception to around six years of age, we are submerged in our parents controlling addictions that were imposed upon them by their parents and so it has been these past 200,000 years. Our Indwelling Spirit arrives when we are six years old and then we are responsible for our actions, however, we find that our expanding environment awakens us to further methods of exerting control over others. We all go on with our life imposing our control over others, mostly because this is the only way we can survive and that is how others live. We remain oblivious to the harm, discomfort and pain that we cause others and unaware that whatever we cause to another will come back upon us as equivalent pain in the form of compensation that we will each endure – eventually! We may consider a sarcastic comment made in jest is inconsequential – but the pain felt by the slight will be returned to us.

We may go on to be involved in commercial activities where deceit may be the accepted practice, yet the harm is caused to others will come back to each of those involved, with the leader to bear it all.

Development of weapons of destruction have consequences for all involved, but none greater than upon the authorising personalities. Developing medications and vaccines that bring about harm draw compensation. Nuclear devices have generational consequences as do vaccines that manipulate genes. Thus, those who develop such technologies stand beside those who authorise their application. But those who mandate their application may find generations suffering harm requiring ongoing accumulating compensation to be addressed.

We look upon notorious barbarism by despot leaders as the pinnacle of harm requiring incomprehensible compensation, but we have leaders of religious sects and institutions of various kinds who we treat with great respect and honour when the ongoing harm they impose is far greater.

Then we look to how all this evilness became so widespread and entrenched, the actions of the Evil Ones 200,000 years ago are still building up compensation requirements as everyone today is living against the will of their personality and seeking control over others, even if it is only within their family – there is not one of us who is not entrenched into the Rebellion and Default imposed upon Earth's humanity by these evil four soul partner Lanonandek spirit leaders – Lucifer, Satan, Caligastia and Daligastia.

One must always honour another's will as one honours one's own.

Zelmar, a Melchizedek, 1 July 2003: The Rebellion leaders have all now been interned on a sector of one of the higher Earth planes. And they will remain in the 'hell of their own making' until they fully feel, and so repent, coming to understanding the pain and suffering they have caused. Can you imagine how many souls they have caused pain to on all the rebellious worlds (37), so that's a lot of pain, a lot of time feeling such pain caused as their compensation, for them to understand the extent of the damage they have done. And time needed to bring about the rectification of their own personality expression; because as you can image, being so rebellious means they are very shut off to their true feelings, very much caught up in their controlling minds, so living with very corrupted, distorted and dysfunctional personalities. So potentially, it is conceivable they will remain in such isolation until everyone on all rebellious worlds (37) and in their associated mind Mansion Worlds have completed their Healing.

Zelmar, a Melchizedek, 27 June 2003: All that is rebellious and so of the Lucifer Rebellion will be one day cease to be. So deep within you, you know the truth that you are not right, that you are rebellious, and so also the truth that one day you too will cease to be. (not rebellious)

Zelmar, a Melchizedek, 1 July 2003: You understand about Lucifer and Satan, but what about their soul-mates, their other halves, and how instrumental have these hidden feminine evil spirits been in shaping the course of the Rebellion.

Who do you think it was that coerced Eve into defaulting, do you think it was Satan or Lucifer, would Eve listen to such male spirits as much as she might listen to their female partners? It's been, in fact, the unseen evil women spirits who've had far more of a hands-on negative influence on humanity than the men spirits. The four evil women spirits (the partners of Caligastia and Daligastia were involved too) have worked to turn women against the truth of their feelings, so mothers then turn their children against themselves. And as the boys grow up, so they too have taken on their evil role of dominating women, and now even supporting those women who want to dominate and be their equal, as you are seeing through the feminist movement. **True liberation of the woman (and man) will only come when women start to fully honour all their feelings** as I have been talking about, then women being mothers will be the greater influence on their children in helping them to not be so rebellious. And as women (and men) one day become fully Healed, then in such perfect and true relationships will women and men parent children no longer inducting them into their rebelliousness.

The evil women spirits drove the personal and more intimate level of the Rebellion, whereas the evil men spirits drove the impersonal and bigger picture side of it.

The Rebellion leaders have all now been interned on a sector of one of the higher Earth planes. And they will remain in the 'hell of their own making' until they fully feel, and so repent, coming to understanding the pain and suffering they have caused. Can you imagine how many souls they have caused pain to on all the rebellious worlds (37), so that's a lot of pain, a lot of time feeling such pain caused as their compensation, for them to understand the extent of the damage they have done. And time needed to bring

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Zelmar, a Melchizedek, 23 July 2003: Your next question, James, concerns the whereabouts of Caligastia and his partner. Caligastia, for the readers who may not know, was your (Earth's) planetary Prince, the Lanonandek Son who was the spirit governor of your world and who embraced Lucifer and Satan, helping them to bring the System Rebellion to your Earth. Caligastia and his partner had another Lanonandek Pair who helped them, the Daligastias. And together the four of them coerced Adam and Eve away from being true to themselves bringing about the Planetary Default.

And as *The Urantia Book* states, with Jesus' (and Mary's) coming, the powers of these four Evil Ones were severely lessened. Jesus and Mary ended the reign of the Lucifers and Satans thereby technically ending the Rebellion in their universe of Neadon. However, it was left to the arrival of Avonal pairs to fully end the Rebellion on the individual rebellious worlds. So, the Caligastias and Daligastias power was substantially lessened to the point of during the past two thousand years they have only been able to subtly impress upon certain mind spirits and people on Earth, who might have been open to them, to help further the Rebellion. But that has ended now because of the Avonal pair, with only the mind spirits being able to coerce you on Earth. (Mind spirit Mansion Worlds 1, 2, 4 and 6.)



The Caligastias really had all the power over humanity, they did the greatest amount of damage to you. They did far more hands on damage to you than the Lucifers of Satans, and yet you didn't even know of their existence until *The Urantia Book*. So the ones you fear as being the Evil Spirits, Lucifer and Satan, didn't actually have that much personally to do with Earth. They orchestrated the Rebellion on the higher spirit levels, with the Caligastias being helped by the Daligastias, carrying out their nefarious plans on Earth and in the mind Mansion Worlds.

All eight of the Evil Spirits are now interned on a detention world (actually it is the highest earth plane associated with Earth and not on another rebellious world's earth plane, because of Mary and Jesus' relationship with the Earth) awaiting judgement of their crimes. So they can no longer negatively affect or hurt you, they are no longer guiding the Rebellion along its nefarious course, they no longer have a say in it on any level. And nor can they, should they have a 'turn of heart', directly participate in eradicating the negative effects of their dirty work. It has all been taken out of their hands. So it's now all up to yourselves, the main controllers on your world and the controlling mind spirits who are guiding them, they are now your 'evil ones'. And soon these more controlling people and mind spirits will be dealt with by the Avonal pair, once they have finished their Healing. Then all such control will cease and people will be entirely free to get on being a controller in their own little personal world as they continue to live their negative mind patterns, and without being able to control others; or end such control by doing their Healing. The prophesied 1,000 years of peace will then come to humanity as it lives through the forthcoming Spiritual Age.

So far living in their detention plane, Caligastia and his partner have not wanted to relinquish their false power one bit, even though all about them it is obvious to us that they have no real power anymore. The Daligastias, perhaps because they had more personally to do with people, having been materialised on Earth and living with people so many years ago, have started to show levels of guilt and remorse with a growing conscience as to the damage they wrought.

Before we are conceived, we have had nothing to do with the culture or heritage into which we are about to be born.

Conception is individualisation of our unique personality!

Then our parents and carers infuse us with their errors and injuries!

We perpetrate their erroneous ways!

It's all about
Experiences
 &
FEELINGS

John the
Typist



BE FEELINGS
EXPRESSIVE!

Living Feelings First is to replace Mind Centricity

A hidden very few controllers have orchestrated every system and way of living for humanity to be mind-centred. While we live through our minds WE CANNOT EVOLVE!!! Our minds are wonderful but they are, in themselves, addicted to control over the environment, over others and ourselves, and our minds are addicted to untruth, they cannot discern truth from falsehood. We have been screwed for the past 200,000 years through these hidden controls.



Firstly, all the emotional injury that we take on, that we are infused with, commencing at the moment of conception, is what limits our capabilities throughout lives. It is these same emotional injuries, mostly infused upon us by our physical parents, which set in place our health throughout our lives, our social issues, our quality of life and our prosperity. However, through mind centricity we remain stagnant.

What we take on emotionally must be released emotionally. We must talk it out of us emotionally. The pain will be no greater than the pain that was felt when we were infused or repressed throughout our childhood forming years. But this is the one and only pathway to heal and evolve beyond the zombiism that we see around us. We are all functioning in a stupor due to the limitations of mind centricity.

Our feelings are always in truth, they are our truth. With truth we have freedom and prosperity – yet we will need little – as our fears and addictions will be put aside. The connectivity with the spirit worlds will also open up to those who heal through their Feeling Healing.

Childhood Suppression is the underlying cause of all physical illness and social issues seen throughout society.



LIVING MIND CENTRIC is SUBMITTING to RETARDATION and MEDIOCRITY

Our mind is a wonderful instrument when it is used to implement what our feelings prompt us to embrace. However, our high level spiritual leaders prompted us all to believe that our potential would be found through our minds, so much so that we could become ‘mini-gods’ through the perfecting of our minds.

Our potential through mind centricity is 499 on Dr David R Hawkins’ Map of Consciousness (MoC) being the peak of Reason. This is also the peak of development of those who enter into the 1st spirit Mansion World where billions upon billions remain for aeons, blind to their entrapment to hidden controllers. Some further their mind perfection through their ongoing suppression of their feelings and progress blindly through the 2nd and 4th only to reach a dead end at the 6th spirit mind Mansion World, never getting out of the hells and entering the 1st of the Celestial Heavens. They eventually have to do a Great U-Turn and retrace their steps and then work through the 3rd, 5th and 7th spirit healing Mansion Worlds and then commence their progression through the Celestial Heavens living Feelings First.

Hidden controllers within the spirit worlds, for the past 200,000 years, have kept us in their enslavement as they understood that:

- Our minds are addicted to control, control of others and our environment.
- Our minds cannot discern truth from falsehood – thus easily led through our mind’s lack of discernment.
- Our minds are addicted to untruth – a global pandemic has demonstrated worldwide submission to a few through governmental dictates – conspiracy theories abound – nations can be easily led to war against others.
- Worshipping our minds, believing that when we ‘think’ that we discern truth when it is error, stagnates our progress, thus keeping us in submission. Education systems worldwide embrace this.
- Assumptions are the product of the mind, the error rate is around 98%. The doctrines of the Catholic Church demonstrate this to ‘perfection’.
- Feelings are our soul-based truth. Females are closer to feelings, so these hidden controllers had males make females subordinate to men. History reveals very few women leaders – look at the religious institutions.
- All religions are the product of the workings of these very same hidden controllers.
- These beliefs, patterns of living and norms are entrenched through generation after generation.
- We believe that **‘I had a pretty good upbringing’ in comparison to other people!**
However:
 - Parents have NO understanding of Love.**
 - Parents have NO understanding of Law of Free Will.**
 - Parents have NO understanding of blocking emotions.**
 - Parents have NO understanding of causal / core emotions.**
- Hidden control has kept parents from knowing how to be loving true parents, consequently:

Parents abandon Children emotionally!

- And the Rebellion against God, love and truth has progressively evolved and intensified to the point that on 31 January 2018 intervention from even higher level spirits has formally ended the Universal Contract governing the Rebellion and Default of the rebellious Lanonandek spirits led by Lucifer who submitted to his female soul partner’s wily assertions.

Systems of Deception!

One person with unfettered and supreme control, a System Sovereign, has had aeons of time to passively and stealthfully impose upon his minions (us – you and me) a way of living that assures him, the arch hidden controller, that we would remain compliant and submissive to his begging. His extreme intelligence and consciousness is no match for us ascending mortals who arrive naively upon Earth with absolute dependence upon parents who have already capitulated – unknowingly – to his wily stealth.

The System Sovereign's goal was that we do not evolve, that we remain fearful of our true Heavenly Parents, that our true pathway for spiritual development is not revealed, that we live in a manner of servitude and ignorance through our minds believing that our submission to our minds will enable us to become all powerful and even mini-gods. When we transition into the spirit mind Mansion Worlds, we remain collectively his waiting army to fulfil his ambitions to expand his domain and territory. We have been well and truly screwed over through his imposed systems of:

- Parenting – unable to love our children due to lack of truth in what we are provided with.
- Education – minimalistic, having our minds unable to progress beyond reason – our minds are addicted to untruth and control of others including our environment.
- Health systems – ignorance of our spirit bodies and gross ignorance of underlying cause of illnesses which are through the lack of being loved. Our health systems cannot heal.
- Commercial systems – we become salary slaves with suppressive debt slavery resulting from the costs of education, housing, health services, transportation and necessities for survival.
- Political systems – that divide the community into camps and then deliver representation of only a portion of the population without candidates having necessary leadership skills and experience.
- Religions – there is only one truth. We are to live through our feelings – not our minds.

We have been led to live mind centric which is the pathway of all of nature except humanity which is ensouled. We of humanity are to live feelings first with our minds to assist in implementing what our soul based feelings lead us to embrace. We are truth seekers and truth is to be found through our feelings.

Higher level personalities than our System Sovereign have now taken on all of the evilness and wrongness of what these rebellious Lanonandek spirits have imposed upon us and have healed themselves of these injuries. Now all systems assembled during the Rebellion and Default, now ending, need to be rebuilt!

Our pathway to Paradise, the home of our Heavenly Mother and Father, is through living embracing our soul based feelings, living feelings first, to express what our feelings draw our attention to and to long for the truth of what our feelings are to show us – both good and bad.

A lady named Samantha found James Moncrief's writings on a website and commenced to engage in her Feeling Healing. This may have been in 2013. Samantha is like all of us, she is an ascending mortal. She has no specialness nor has she had any support other than James' writings on the internet. Samantha has been successful with her healing. She has been very successful. She has now written numerous books outlining her experiences so each and every one of us can follow her example. An ascending mortal, Samantha, has conquered all that the rebellious Lanonandeks, led by Lucifer, has imposed upon us. Samantha is the new mother of humanity in demonstrating to us how to embrace the one and only pathway home to our Heavenly Mother and Father.

**Living Mind dominated is
claustrophobic and suppressive!**



The Mind presents a treacherous glass ceiling!

All Lies are shown up as pain!

Worst thing for our children are their parents!

We are in Pain because of our Unloving Childhood!

Who hurt me when I was a child?

Our Solution and Pathway Home

We are to bring our feelings back into balance with our mind.



Feelings First with Mind to follow in support.

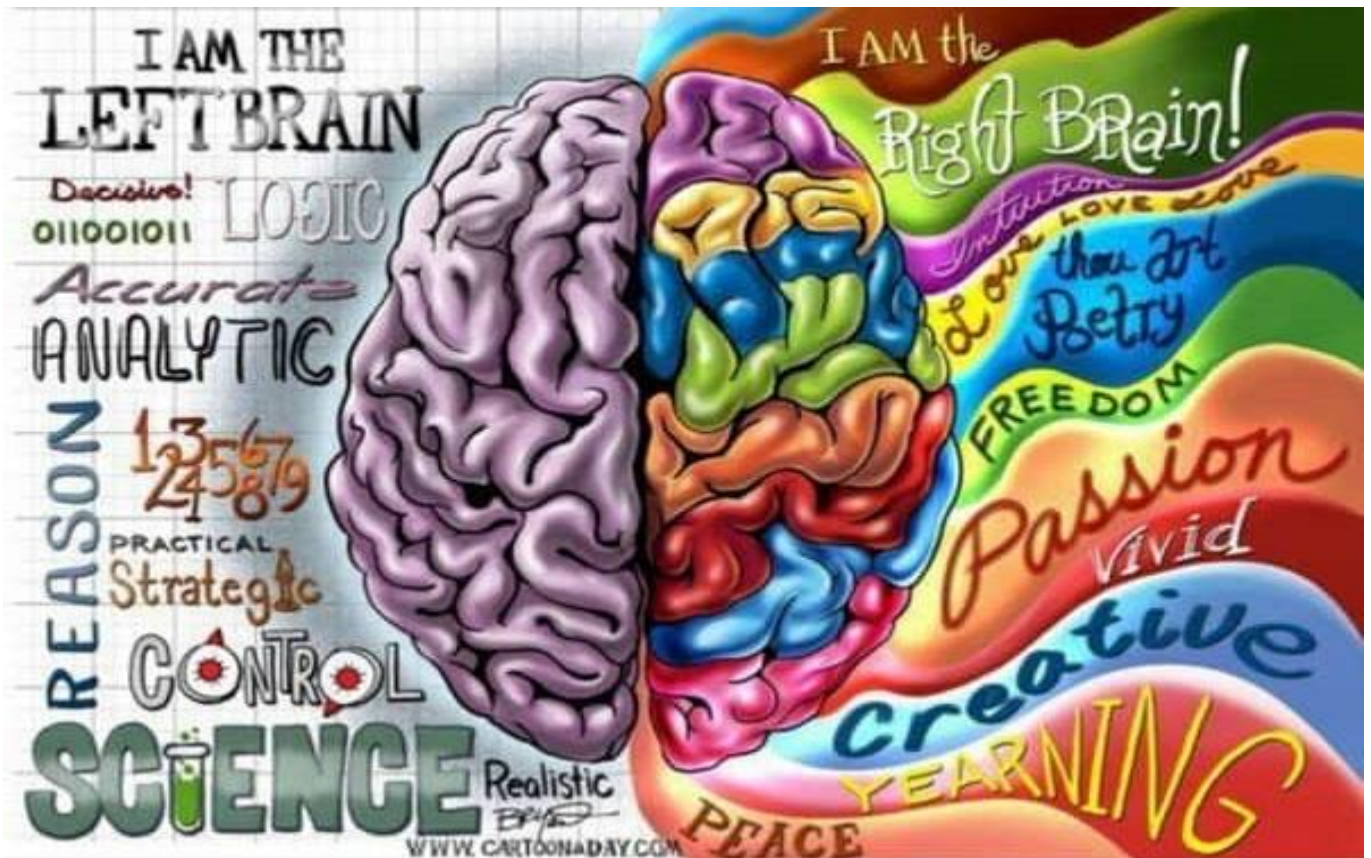
Beliefs suppress TRUTH. Result is; Health degrade, Discomfort, Pain, Illness, Disease and Viruses

To heal yourself with truth can only be done one way, and that is by sincerely wanting to live true, to live a life in which you want with all your heart to see the truth in each and every experience, so that as you live your body is being 'built' on truth, and so will remain rock solid, and will not feel fragile and collapse under you when disease suddenly strikes you down. Truth, Truth, Truth, and more TRUTH. You have to want to eat drink and sleep truth. To beg and ask and long with all your will for the Mother and Father to help you see and know the truth, the truth of everything that you do, everything you are, everything you feel – the whole truth of yourself. And so whilst you're of it, including, the truth of your rebellious state. "Mother and Father, please help me see, know and BE the truth You want me to live."

Kindly visit www.pascashealth.com then Library Download page, in Pascas Care Letters click to open:

 [Pascas Care Letters Mind into Balance with Feelings.pdf](#)

 [Pascas Care Letters Mind causes Discomfort Soul brings Healing.pdf](#)



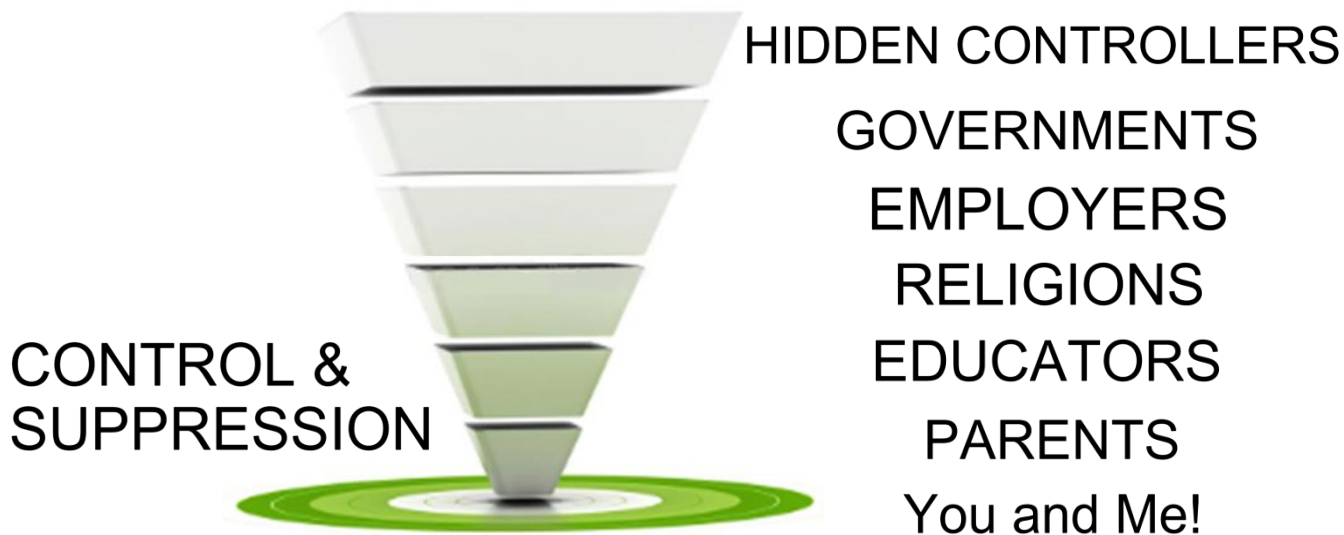
The more comprehensively that our parents and early educators indoctrinated us to suppress our feelings, the greater we become 'left brain' centred and dominated. The greater we are mind-centric and addicted, the less are our truth loving feelings surfacing – we cannot discern truth from falsehood. Academics demonstrate mind worship, whereas nurses demonstrate passion, love and the truth of their feelings. The more extensively that we close off our feelings, the greater the propensity for psychopathic (no feelings) action resulting in domestic violence, mass shootings (schools), and on a national scale, war. Mind development is limited to 499 on Dr Hawkins' Map of Consciousness (limit of science), whereas Living Feelings First, our potential is infinite.

H₂O is water, hydrogen and oxygen in harmony. Hydrogen (mind) on its own is explosive. Oxygen (feelings) on its own is life giving. Mind and Feelings in harmony is when we are living Feelings First with our mind following in support of our Feelings. Should we embrace Feeling Healing, wanting to know the truth behind what we are feeling, and with the longing (asking) for Divine Love, then our potential is infinite.



CONTROLLED from the MOMENT of OUR CONCEPTION:

Thus, from the moment of conception we are controlled in a manner that suppresses our true personality and imposes barriers against true individuality, spontaneity, intuitiveness and wonderful progress in our potential.



HIDDEN CONTROLLERS – both in the Physical as well as Spirit

GOVERNMENT – Local, State and Federal plus world governing bodies

EMPLOYMENT – All forms of employment, even when self-employed

RELIGIOUS & SPIRITUAL – These are all centres of control, all promote living through the mind

EDUCATION – The notion of feelings is yet to be recognised at any level sufficiently

PARENTHOOD – Parents have no understanding of Living Feelings First

The Elephant in the room is CHILDHOOD SUPPRESSION!

From the moment of our conception we are absorbing our parents' emotional injuries and errors of belief. This continues relentlessly through to when we are six years of age. By then we are reflecting the personality of one or the other of our parents, should they be differing between themselves. Thus, the issues from a generation continue for generation to generation.

This flows through to all segments of society. Our minds are addicted to control, control over others and of our environment. Further, our mind cannot discern truth from falsehood, it is also addicted to untruth. We have all been misguided to live through our minds and to ignore and suppress our feelings. It is our feelings that are always in truth, our feelings are our source of truth.

We are now to consider and embrace living feelings first with our minds following in support.

This is the Great U-Turn!

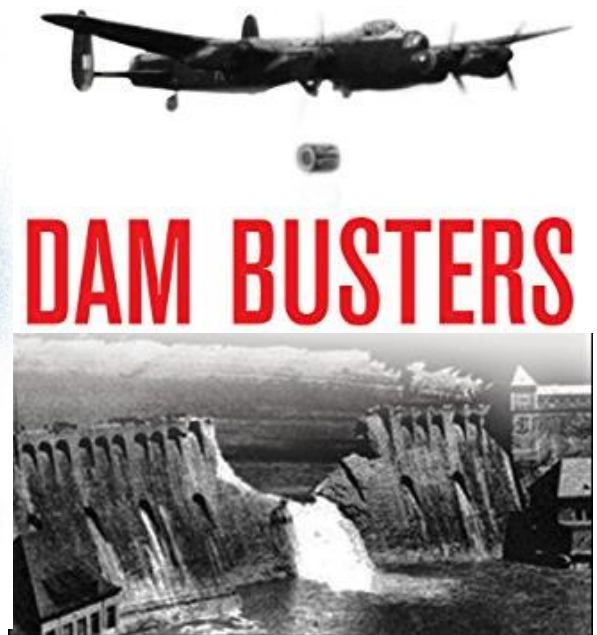


LIVING FEELINGS FIRST is EMBRACING EXPONENTIAL POTENTIAL and FREEDOM

REALISATION of being DECEIVED

Once humanity collectively understands what has happened to them on the higher spiritual level, how the people have been controlled, and that it's over, that control is no longer controlling, it's just legacies of it, all of which the average person can deal with by destroying it in themselves, things will change markedly for the better. And as the people change, so too will how they want to live, it will be a great time of revolution, nothing will be the same. So what you are currently living through is the end of the Rebellion and Default, it literally is, and so once the end is fulfilled and the New starts, then all how it currently is and has been will cease to be.

Nanna Beth 3rd Celestial Heaven 20 March 2018



DIVIDE & CONQUER STRUCTURE

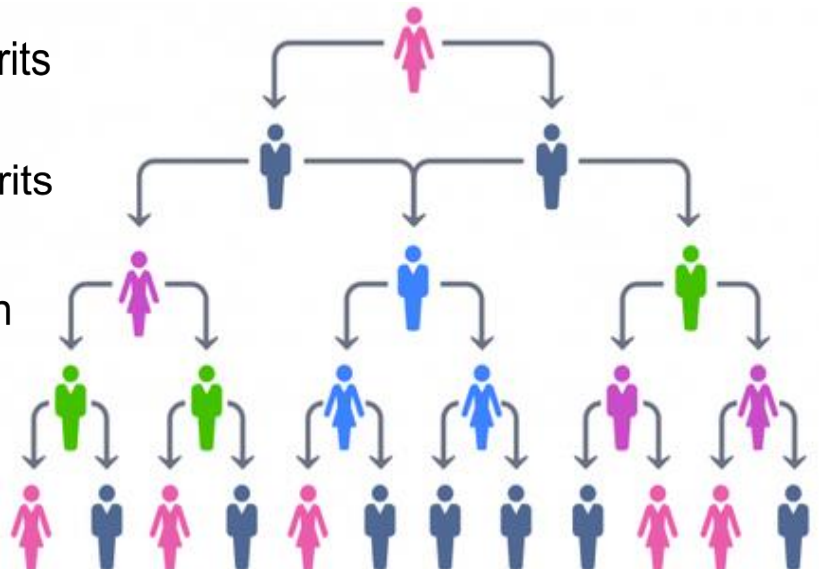
Rebellious Lanonandek Spirits

Mind Mansion Worlds Spirits

Hidden Controllers on Earth

Puppet Leaders on Earth

Earth's Humanity



Negative Spirit Influence
blocked
22 March 2017
Law of Compensation
quickenning
22 May 2017



Rebellion and Default
officially ended
31 January 2018
Great U-Turn
now ready for mobilisation
22 July 2023

REBELLION & **DEFAULT**
officially ended
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Negative Spirit Influence
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quickenning
22 May 2017

GREAT
U-Turn
now ready for mobilisation
22 July 2023

OUT WITH THE CONTROLLERS!



Yes, John, I've been thinking more about what you said on the phone about your five stages, and it's perfect how you worked it out, and how well Pascas slots in, because as you said, potentially, directly and indirectly, Pascas stands to make some severe changes in the world. If you are associated with the Audit, and that is thorough and has a lot of power behind it, then really the whole power structure of the world could change, and surely, or hopefully, for the better, simply by allowing other more balanced and equitable 'controllers' to come up the world to ensure everyone has a more balanced say. And that's all in keeping with all the so-called Adjustments Isabella and the Angel Girls were doing, and supposedly still are doing, making adjustments in the minds of those people who are to come up against a lot of pressure to relinquish such control, and those who are to step up to replace them in a positive sense.

James Moncrief 22 July 2023



Note the dates; 22 March, 22 May, 22 July, these are months 3, 5 and 7! These are also the numbers for the healing spirit Mansion Worlds from which Isabella and the Angel girls are already assisting us from. Prior to now there has been no assistance from these spirit worlds OR the three Celestial Heavens, 1, 2 and 3. The Universal Contract governing the Rebellion and Default had prevented such interaction by these spirit personalities with Earth's humanity in the physical.

ORCHESTRATION OF THE GREAT U-TURN

Machiventa Melchizedek and his soul group conceived the master plan for the ending of the Rebellion and Default instigated by the rebellious Lanonandek spirits some 200,000 years ago. In 1980 BC, Machiventa Melchizedek manifested outside of Salam, north of Jerusalem, and commenced tutoring Abraham for what he had to be done in preparation for the coming of the Creator Daughter and Son, the co-regents of Nebadon, being Jesus and Mary Magdalene. Thus, this manifestation being the first physical step taken in the plan to end the Rebellion and Default. Machiventa Melchizedek continues to oversee this plan and remains actively involved in leading this endeavour even today.

DIVIDE & CONQUER STRUCTURE

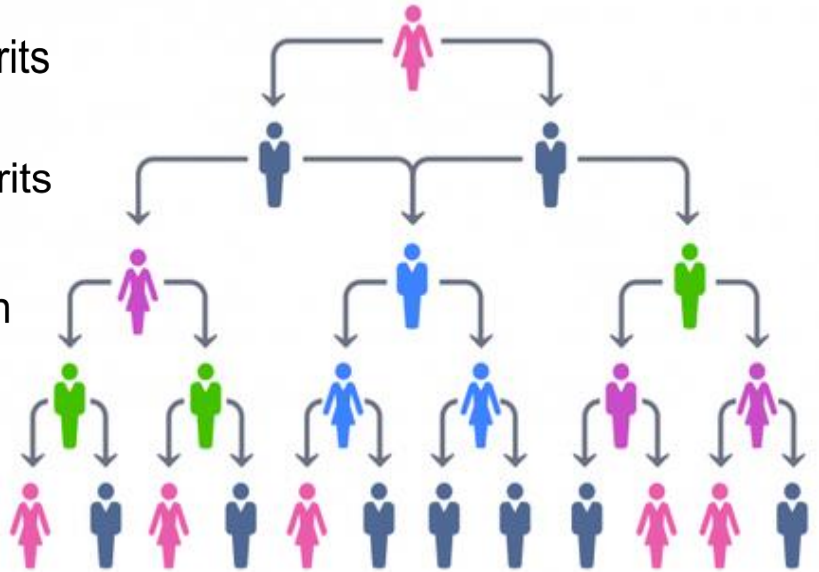
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Thus, this is how the ending of the Rebellion and Default is unfolding:

Rebellious Lanonandek Spirits: The Creator Daughter and Son were on Earth for what can be referred to as 'federal government' duties; they were to address the needs of all the humanities throughout Nebadon, all 3,840,101 humanities. They did not specifically take on Earth's unique issues, however they set into play the steps for the ending of the Rebellion and Default. Jesus and Mary Magdalene were meant to come to Earth and not be noticed!

When Jesus and Mary Magdalene commenced their public work in 26CE, this triggered the arrest and spirit world imprisonment of the System Sovereigns and their deputies, the Lucifers and the Satans, being the Lanonandek spirit leaders of the rebelling 37 humanities throughout Satania – there are 619 inhabited worlds throughout Satania. The Creator Daughter and Son also opened the spirit healing Mansion Worlds and the three Celestial Heaven spheres relating to and for Earth's humanity. Prior to this event, there was no pathway for Earth's humanity to heal themselves of the Rebellion and Default and no Celestials as the Divine Love had not been previously available so as to fit a soul and the soul's two manifested personalities for transitioning into the Celestial Heavens. Note that this unfolded 2,000 years after Machiventa Melchizedek's manifestation in 1980BC.

Now, a further 2,000 years later we have the manifestation of the Avonal Pair on Earth. They are here for 'state government' duties, one humanity only and that being Earth's humanity. They are here specifically to address the Rebellion and Default issues of Earth's humanity. The Avomals have personally taken on the extremes of the Rebellion and Default. When they commenced their Feeling Healing process in 1993, this triggered two further events. Firstly being the arrest and spirit world imprisonment of the Planetary

Princes and their deputies, the Caligastias and the Daligastias, being the Lanonandek spirits leaders of the Earth's Rebellion instigated some 200,000 years ago and the Default more than 38,000 years ago. Secondly was the blocking and ongoing accumulation of the funds necessary to undertake what is required to bring about worldwide awareness of what has been imposed upon Earth's humanity and how we are to be able to heal ourselves of what we each have unknowingly taken on of the Rebellion and Default. That is; the funding required to bring about the introduction of the coming Avonal Age.

As an aside, there are now Avonal Pairs on each of the 37 rebelling worlds. Each world's circumstances is different to all others. Earth's predicament is the direst. You could say we have perfected wrongness!

Thus, the Rebellious Lanonandek Spirits have been taken out of their controlling positions of the Rebellion and Default by the joint steps undertaken by the Creator Daughter and Son in conjunction with the Avonal Pair. This is possible for them to do so as they are from Paradise, the home of our Heavenly Mother and Father, whereas the Lanonandek Spirits are from within our local universe of Neadon. Personalities of a higher consciousness are required to resolve issues created by personalities of a lower consciousness, thus their intervention being required.

Mind Mansion World Spirits: On the 22 March 2017, the healed personalities from Earth's humanity who are now within Celestial Heaven spheres 1, 2 and 3, blocked ongoing interference with Earth's humanity coming from the mind Mansion Worlds 1, 2, 4 and 6. This was led by Nanna Beth who is the spokes personality for her soul group within the 3rd Celestial Heaven – John's grandmother!

Hidden Controllers on Earth are now to be progressively addressed through many pathways. This involves ongoing involvement from the Celestial spirits, plus the work that has recently commenced from spirits within the healing spirit Mansion Worlds and from initiatives in the physical on Earth. The Hidden Controllers have polarised a great proportion of the financial wealth throughout Earth, thus technically creating 'financial slavery' on a scale incomprehensible. A forensic audit is being commenced to bring this concentration of wealth out from such control and then for the purpose of distribution for the benefit of all of humanity. That initiative is being undertaken from within Australia.

Puppet Leaders on Earth through direct and indirect confrontation and negotiation, they will be encouraged to see the folly of their ways; that is, being submissive to the propaganda, inducements and covert manipulation of the hidden controllers on Earth who are now losing their financial resources and power. A technique of embarrassment is engaged, if this at first does not gain traction on a private endeavour then it will become public embarrassment. This initiative is being implemented through leadership in Australia.

Earth's Humanity is to be provided with every possible avenue to become aware of what they have been subjected to and how they can consider and then embrace Living Feelings First, Feeling Healing, and with Divine Love, their Soul Healing, this being The New Way for Earth's Humanity. This being the agenda of Pascas Foundation on a global scale. This being initiated by John. In fact, all of the key players of every facet of the ending of the Rebellion and Default are known to John. There are many key people from around the world involved who have dedicated their lives to this purpose. This they have continued to do without question or wavering. The work has been intensive for most of these people over the past three decades and now on 22 July 2023 the Great U-Turn is now ready for mobilisation on a grand scale.

**BY LIVING TRUE TO OUR FEELINGS
THERE IS NO NEED FOR CONTROL!**

CLOSINGS DOWN THE REBELLION & DEFAULT INTRODUCING THE AVONAL AGE OF 1,000 YEARS

Level 1 control

Rebellious Lanonandek Spirits



Jesus and Mary Magdalene as well as the Avonal Pair addressed the Lanonandeks.



Lucifer pair
Arrested and imprisoned 26 CE

Satan pair

Caligastia pair
Arrested and imprisoned 1993 CE

Daligastia pair

Level 2 control

Mind Mansion Worlds Spirits

Nanna Beth

Mind controlling spirits blocked by Celestials. Helpful spirits now aiding Earth's humanity.



Hidden Controllers on Earth

Level 3 control



Each level on Earth being separately and collectively addressed.

Collectively we are all



Puppet Leaders on Earth

Level 4 control



DAM BUSTERS



Earth's Humanity

Level 5 control

PASCAS



GREAT -Turn

BEING SPIRITUAL

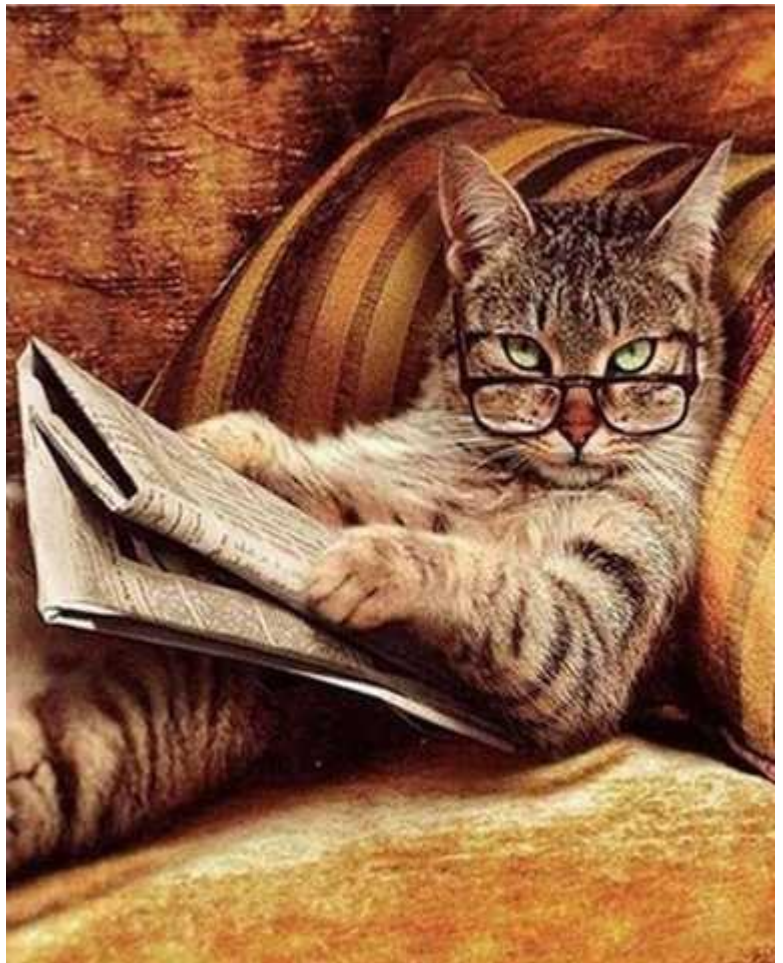
James Moncrief

10 December 2021

We are spirit beings in a flesh body, when we die our physical body dies and we wake up fully conscious in our spirit bodies in the spirit Mansion Worlds. We are living unconsciously now in our spirit body, as we live consciously focused in our physical body.

We are a soul that is expressing two personalities in Creation. You are one of the two personalities of your soul, your soulmate or soul-partner being the other personality of your soul. When you achieve living a certain level of truth, your soul will bring you together for the rest of eternity, this usually being once you've finished our Spiritual Healing.

Currently we are all born in Rebellion by Default against the truth of ourselves and against the truth of God. We are wrong, untrue and imperfect, even though we want to believe we are right. To become right, true and perfect we have to bring to light the truth of our rebellious state. This we do through our Spiritual Healing.



We do our Healing by attending properly to our feelings, by ending our mind control over them, ending our denial of many of our bad ones, expressing them all with the emotion of them, as we long for the truth our feelings are to show us about ourselves.

Being spiritual is expressing all of yourself (all of our personality) lovingly in life. It involves becoming wholly aware of all we are through all we feel. It is liberating our repressed childhood feelings so we can come to understand what parts we are not being expressing truly, which parts of we are in rebellion against our soul. It involves breaking down our erroneous beliefs, ending our unloving and uncaring negative behaviour, whilst coming to see the truth of why we have such beliefs and do such bad things to ourself and other people.

It's about how we are treating ourself, because of how we were treated as a child by our parents. And uncovering the truth of our relationship with our parents and family, and seeing if any of it was indeed loving as we might feel and believe it was, or if it wasn't loving.

Being Spiritual is then fully expressing ourself lovingly in all our relationships. It is about the evolving truth of the relationship with ourself, other people, and with God. Nothing else.

We are to live being completely true to ourselves in the moment.

If you feel good, you live true to feeling good; if you feel bad, you live true to feeling bad.

We are not to live, as we all do, by denying and then pretending we are something that we're not. We are not to live falsely and untrue as we do. We deny many bad feelings, doing all sorts of things to keep us feeling good, to stop us feeling bad; and this is wrong, this is denying we feel bad by pretending we feel good. This is living untrue to ourselves.

Being untrue, we have to live true to our wrong and false state. We have to want to know the truth of our untrue state of mind. We have to want to get to the point of being as we really are, as we really feel, so honouring, accepting and expressing all our bad feelings. We have to want to know the truth of why we are feeling them.

If you feel you hate yourself, are revolting, ugly, a failure, can't cope, are not caring and loving; feel scared, miserable and are full of anger, lonely, depressed, and powerless, desperately wanting some control, all the bad stuff, then this is what you have to fully accept about yourself and not try to push it away. Instead of doing positive affirmations, we should do negative ones when we feel bad, allowing ourselves to be as bad as we feel we are.

I'm not
faking
being sick,
I'm faking
being well

We need to know, and so be, how we really are, living feeling fully connected with our bad state we're in. We have to own it. We are in a negative and untrue state of mind, so we have to be fully aware of and connected with ourselves in that state. We are living against ourselves, so we have to understand why and what that means, what it feels like, how it all came about through our childhood, and how we express it in all our relationships.

Being spiritual is uncovering the truth of how you really are, how you really feel; it's not creating some nice acceptable mind-created picture of yourself. And being that truth, no longer trying to avoid it. By living true to all your feelings, expressing them and really wanting to see the truth they will show you about yourself, is how you do your Spiritual Feeling Healing so as to live true to your untrue state of being.

And when you are truly yourself, allowing yourself to be all the bad parts and without trying to do anything to cover them up and keep them away, then you move on out of being untrue and into living in a true state. Then once in that true state of being, you will keep living true to it, feeling very good, happy and loved, all the good feelings of no longer living against yourself.



LONGING for the TRUTH of our FEELINGS

James Moncrief

10 December 2021

Your feelings are the key to your spiritual growth. They are the key to your well-being.

It is through your feelings that you grow in truth; that you become more aware of yourself. This is doing your Feeling-Healing.

Your bad feelings are just as important as your good feelings.

Most people do all they can to block out and stop themselves feeling bad.

Yet to deny our bad feelings so heavily is to deny ourself the truth about ourself they will show us.

We can't properly spiritually grow if we are denying our bad feelings.

Spiritual advancement begins by accepting ourself – so accept you feel bad.

We are to embrace and acknowledge all our bad (and good) feelings as we feel them. We are to stop denying them; stop trying to block them out, dismiss them, and override them by using our mind to change our feelings. We feel bad – so feel bad. We feel miserable, scared, sad, lonely, angry, unwanted, disrespected, hurt, and so on, so allow ourself to feel those feelings, and to feel them as fully as we can.

By allowing ourself to embrace fully all our feelings is the greatest act of self-love; denying any feeling is the greatest act of self-hate.

As we accept our bad (and good) feelings, we then try to 'bring them out', to express them, to say how bad we're feeling, to tell ourself, God, our partner or friend. We open our mouth and emote the feeling, going with it, saying all it makes us want to say. And ideally we keep saying all it makes us feel until we stop feeling it. However, it can be hard work and very difficult to keep expressing such deep pain, so we do as much as we can at any one time. It all has to come out of us, rather than keeping it in.

And as we're accepting and expressing our bad feelings (and good ones), we long for the truth of why we're feeling them. Really want to know why. Understanding that they will take us back into our childhood with our parents and family, all so we can understand that the bad feelings we're feeling now are the exact same bad feelings we felt back then. And now as an adult we can understand why we felt them back then as a young child, what was going on in our relationships with our parents, and were such relationships loving and good for us, or hurting us, were unloving, rejecting and denying us. And this is the truth we have to want to understand about ourself. And our feelings are the key. And this is 'being spiritual' – it's growing in the truth of ourself.

Enters emotionally - is to leave emotionally!

Important recommended reading is:

by James Moncrief

The Rejected Ones – the Feminine Aspect of God

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>



PARENTS are GOD

James Moncrief

10 December 2021

As children, our parents are our gods. A parent can do no wrong. The parent is perfect. We are made to obey them, be grateful; we have to do as they say. Only the child is wrong. They make us be how they want us to be – for our own good. Is it cruel child abuse?

They hurt us, reject us, call us evil – the naughty little devil; humiliate us, make us feel miserable, sad, scared, alone, angry, unloved; even hate them, because that's what we need, according to them, to make us able to deal with and cope in the world – with them.

And they make us love them. We have to love our parents, because if we don't, look out! And our survival depends on it. So we tell ourselves, as we tell them, we love them. We love them as we love God. God is really just our parents. We can't do without them. Our Mother and Father God is our mum and dad. Do we hate God or love God?

The parent has all the power. The parent is powerful. The parent has a child to have power over it. The child is powerless. In our rebellious state of mind, being a parent is the ultimate controlling power trip, even if you are a more genuine caring and loving parent. The child feels powerless, even if it is given a little power by its parents.

We, as powerless children, grow up doing all we can to gain power. By becoming a parent ourselves is now our chance to have ALL POWER over our children.

The cycle repeats. The powerless becomes the powerful causing the next generation to feel powerless, who in turn have to become parents so they can feel powerful.

The grandparent gains even more power; over its own child and over its children's children. The grandparent is the God of the God's. So the child feels even more powerless; powerless with its parents, powerless with its grandparents. So as an adult it desperately seeks power. It MUST have its own children at all cost, because it can't remain feeling a loser, a failure, a powerless nothing, forever.

We don't truly love ourselves; so we can't truly love our children. We can believe we love ourselves; as we believe we love our children. And so do our children truly love us?

What is the truth of your parent/child love, and your child/parent love? Doing your Feeling-Healing is the only way to find out. Provided you do want to know such truth.



The TRUTH of CHILDHOOD

James Moncrief

10 December 2021

The most important part of all our lives is to uncover the truth of our childhood.

And we do this by doing our Spiritual Healing.

By attending to our feelings properly: completely accepting our bad feelings, expressing the full emotion of them, whilst longing for the truth they are to show us about ourselves and our relationships with our parents and family.

We can't spiritually grow or grow as a person unless we uncover the truth of our childhood through our feelings.



We have to find out through our repressed childhood feelings if our relationship with our parents and family was loving or unloving during our childhood. During it, which parts were we treated respectfully, with care and with love; and during which parts were we made to feel uncared about, disrespected and rejected, hurt and unloved.

We have to break down the untruth of our mind and its erroneous beliefs that cause us to live in a false state: that our relationships with our parents were loving when perhaps they weren't. We all want to believe we love our parents and they love us; however, is the love you feel for and from your parents true love, or only a love fabricated by our mind? This is the truth we must want to see about ourselves and our relationship with them.

Everything bad that happens to us, any problems we have, why we get sick, any bad feelings we have, why our relationships might fail, all comes from our unloving childhood. Once our childhood finishes, we are complete, living by repeatedly cycling through our set childhood feeling patterns. The exterior of our life, what happens to us and what we create through our adult life, is nothing more than living out how it was for us as a child. The basis for being a so-called success or failure in life, was all established through our childhood. It was all determined by our parents loving or unloving relationship with us.

We can never fully heal ourselves unless we want to uncover the whole truth of our childhood. We can look into bits of it, get more in touch with some early trauma, some of which might help to explain why we are feeling bad and why we are trapped in our addictive and self-abusive behaviour. But not until we uncover the WHOLE truth of our childhood through our feelings, will we be finally be set free of it – will we be free of all our pain.

Feeling Healing sets us FREE!

SCARED TO DEATH



FEAR OF DEATH

A day by day account of the first 40 days after arriving in the 1st spirit Mansion World can be downloaded by going to www.pascashealth.com then Library Download page, scroll down to Medical – Death and Dying and click on to open:

 [Pascas Care Death & Dying Transition & Assimilation.pdf](#)

 [Pascas Care Death & Dying Transition & Assimilation Marjorie.pdf](#)

Marjorie is John's sister, **Marjorie passed over into spirit on 26 November 2020**. As of July 2023, Marjorie had left the 1st spirit Mansion World and had progressed through the 3rd and 5th spirit healing Mansion Worlds and was presently in the 7th healing Mansion World. The next transition is for her to enter the 1st of the Celestial Heavens thus then being of Celestial Spirit status.

We are more alive than ever - when we die!

We are welcomed within an arrival hall.

We awake upon a soft white bed to be greeted by those who have been close to us during our life on Earth – family and friends. There may be spirits in attendance, all to comfort and support us upon our waking.



We wake up on a fluffy white bed within an environment not all that much dissimilar to that of a convalescent home or hospital without all the devices and electronic systems.

We have no recollection whatsoever of what transpires from the time we leave our physical body to the moment that we wake up on a soft bed being welcomed by people and voices that we recognise.

We may have lingered a little or a bit more than a little in time observing our physical body once we separated from it and then come awake with family members and friends being present.



We do not experience the death of our physical body!

We do not experience the death of our physical body! Even if you fell off a three story building and death was certain then your angelic companions would separate the cords connecting your spirit body to the physical body before your body impacts with the ground – you might observe your body dying but you will not experience the pain of it.

For example: when Judas Iscariot, who betrayed Jesus of Nazareth, suicided by using his rope like belt, tying it to a rock and then jumping over the cliff edge into the rubbish dump, outside of Jerusalem, only to find the rope coming off the rock; he subsequently observed his body smash on the rocks below, he did not experience the pain of the death of his body.

When the cords are separated between the spirit body and the physical body, THEN the physical body will die, and along with it, all pain. It is by us separating from the physical body that life within the physical body ceases. It is not the other way around.

This is so for all of nature. Even when an antelope is trapped by a predator such as an alligator or lion, should the engagement be certain of death then the antelope's nature spirits will separate the life force from the antelope and consequently the drawn out death of the physical body is not felt by the antelope.

For some of us, we may linger in our astral body / spirit state and watch the proceedings and goings on around our dead physical body before commencing the full transition process into the spirit Mansion Worlds. Our two 'angels of death' manage the whole death and dying process while we are in a state of total unawareness, then awakening our consciousness within the spirit arrival room, as we wake up conscious in our pain-free spirit body.



Once separation of the spirit body from the physical body takes place, there is NO returning to the physical body. Life of the physical body is now impossible. No other entity can enter that physical body. Its life experience is over.

It is our soul that orchestrates everything. It is our soul that brings about the spirit body which becomes the template for the physical body at conception. The physical body is the vessel for individualisation of the personality. And should that be for a fleeting moment – then the unborn child will become spirit born to have its

equivalent 'physical life experience' all within the 1st spirit Mansion World.

Following separation from the physical body, there is no tunnel or light that is followed. These are impressions that relate to out of body experiences or near death experiences which do not represent actual death of the physical body. There is no one that has consciously experienced their transition to an arrival hall in the 1st spirit Mansion World. There are numerous adjustments being made to the spirit body during the transition from the physical world to the 1st spirit Mansion World through which the angels in attendance require the personality to be unconscious. This is also the case when a personality transitions from any of the spirit Mansion Worlds to a higher Mansion World. However, that is not the case when we transition from the highest Mansion World, the 7th, to the 1st of the Celestial Heavens – that is a journey to embrace and talk about for the rest of eternity. Transitioning into the Celestial Heaven is the time of the fusing of your Indwelling Spirit / Thought Adjuster with your soul. Your Indwelling Spirit is a fragment of our Heavenly Mother and Father's Soul – we become in continual commune with God and that is when we begin our Celestial life!

**Upon death of the physical body
we lose nothing but a lot of weight!
Oh, and our reproductive organs.**

We are not our physical body. We are spirit personalities having a physical experience. Propagation of children only occurs within the physical environment. However, should we want to experience raising a family, this we can do within the spirit Mansion Worlds by adopting physical foetuses, babies and young children who've died, becoming 'spirit born children' – there are presently 50 million aborted children and about 45 million miscarried children each year.

Life is all about experiences and the feelings that arise from such experiences.

Throughout the 200,000 years of the Rebellion and Default, all of humanity has suppressed their feelings and embraced their minds.

We are now to embrace our feelings and have our minds follow. When we embrace our Feeling Healing with Divine Love then we can heal ourselves of the Rebellion and Default and progress into the Celestial Heavens.



Oh, and even though we have no reproductive organs, we continue to be able to have sexual experiences throughout our spirit world life! That will give you something to investigate!

WHOLE DIFFERENT Way of Life.



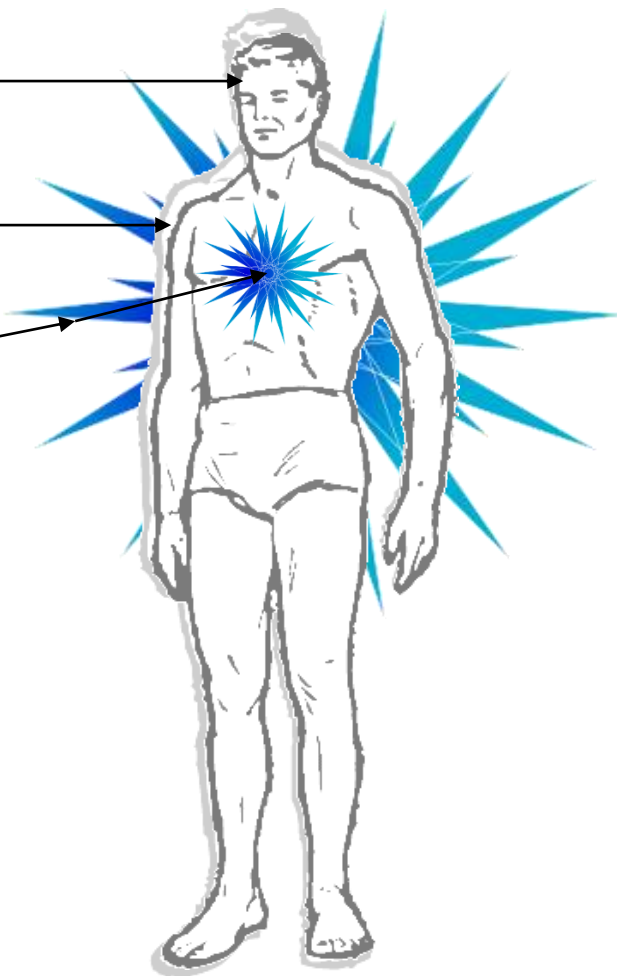
ASPECTS of LIFE:

Physical /
material body
Brain

Spirit /
etheric body
Mind

Soul + Spirit
Combination

Senses
Desires
Memory
Passions
Intention
Free Will
Emotions
Creativity
Awareness
Personality
Aspirations
Intelligence
Consciousness
The Real You
is your Soul!



The spirit body is composed of a different kind of matter, "finer" or more "ethereal". The fact that its aspect reflects the condition of soul is a clear indication that the soul influences largely its formation, and even more, the soul is indeed the creator of this body, which covers it and provides it with the characteristic of individuality. The formation of the spirit body begins at the moment of incarnation of the soul in the foetus, incarnation which only takes place should there exist a high probability that the spirit of life has found in the new organism a stable biological structure, allowing it to carry out its life-giving function.

P529 Judas of Kerioth 8th May 2002

At the moment of conception we achieve individualisation and become self aware, we are then able to exercise our free will. At the moment of conception, our soul, being our real self, is creating the newly forming embryo and everything else every step of the way as Judas says above. And our soul utilises our parents' life forces to achieve incarnation.

Incarnation is complete 16 days after conception when the embryo commences to pump blood.

At the moment of conception, there is nothing of the Divine within us. Only as we proceed to ask for and receive Divine Love does our soul slowly and progressively change into the nature of that which is Divine. As our soul receives Divine Love, and embraces Feeling Healing, it will grow, and grow, and grow in brilliance and into that which is Divine.

Feelings first

We arrive amongst similarly back grounded people.

1st spirit Mansion World time is Earth time!

1st Mansion World distances are Earth's measures!

ps: Angels do not have wings!

Angels remain invisible to us until we heal!

**Personalities from within the Mansion Worlds,
such spirits can hear and feel our thoughts
but we on Earth cannot do likewise!**

**People in spirit - 'spirits' - are the same
as they were in the physical.**

**People treat others in the same way as they
did when living on Earth!**

Try the pinch yourself test!



And then look in the mirror!



Our favourite beverages are to die for!



Exquisite clothing off the rack!

**Passing into the spirit worlds
is a time for Celebration!**



POLITICAL SYSTEMS in General and Sri Lanka

Few presently understand that all institutionalised systems around the world have been covertly structured to inhibit and restrain Earth’s humanity from progressing, particularly spiritually, and become intuitively freely expressive of their inbuilt talents. Firstly, we are all guided, well indoctrinated to embrace our minds as being all powerful and our only pathway to becoming little supermen and superwomen. By living mind centric we cannot progress beyond 499 on Dr David Hawkins’ Map of Consciousness. We are each a walking zombie with no spontaneity and intuitive potential until we embrace our feelings.

Look at the institution of politics. We think we have a free system. It is a tyrannic manipulation. Instead of having candidates to choose to elect to run our nations, we have ‘nominees’ who are covertly put in front of us to stifle our nation. Compare the political candidate nomination process to the way executives are selected to run successful major corporations. In short, no political candidate should be put forward unless that personality calibrates 400 or higher on Dr Hawkins’ Map of Consciousness (MoC) scale.

Then we find each candidate is coerced to be a representative of a ‘political party’. Why? The candidate no longer can freely express and engage his personal talents – he must adhere to the party policies. The policies of a party are written by people who have not been elected by the people. Why is this so? The policies of the party are mostly the dictates of those who secretly fund the party. Who are these funders? In very serious cases you can actually find a chain back through ‘secret societies’ within each country, this extends back the highest levels of the Masonic system and you eventually end up in London. And then you end further back in the hands of a small group of very secretative and almost never seen families whose trade and empires bleed the pockets of the people of every nation.

While we have mind centric people who are low in the MoC calibration we have governments that are hell bent on controlling and suppressing their people. And we have governments that do not have the capability to perceive and recognise the dire straits the nation is in, nor the capability that they have been entrapped into ways that benefit foreign covert controllers and not their people.

We need political candidates that are vetted in similar manner as those who are sought to run major corporations. Further, these candidates need to calibrate over 400 on the Map of Consciousness – they need to be independent of party institutions – they need to be their true and wonderful selves.

As an example; the people Sri Lanka presently (2022) calibrate around 165 overall on the Map of Consciousness. The members of the Sri Lankan government who are presently in power calibrate overall at 330 MoC, out of this group, the Cabinet overall calibrates at 340 MoC. The members of the government who are in opposition calibrate at around 335 MoC. Overall, this is a better situation than that which prevails for most countries – but it is a long way short of the 400 MoC benchmark. It is also interesting that the most critical positions of those in power are also the lowest in calibration. They actually suppress the potential of those cabinet members who are more capable.

LOVE	500	Debate and implement resolutions without argument and delay. 470
REASON	400	Debate and implement resolutions in due course. 440
ACCEPTANCE	350	Debate and implement resolutions with some degree of follow up generally needed. 410
WILLINGNESS	310	Management supervision is generally necessary.
NEUTRALITY	250	Politics become the hope for man’s salvation.

This is an extract from the Map of Consciousness. If you want a pro-active, constructive and vibrant leadership then it is to be found with those people in the MoC range 410 to 470. The scale is based on the common log of 10, it is not a straight lineal scale. The differences between people with even a 1 point variation in energy is dynamic – a 10 point difference is 10,000,000,000 increase in energy. Utilising kinesiology muscle testing, most people can calibrate anyone who are anywhere in the world, in a minute or so. Nothing is secret!

The candidate selection process and the party system needs to be greatly changed, otherwise nations will continue to stagnate and be under the covert control of foreign hidden manipulators.

Kindly visit www.pascashealth.com, then go to Library Download page, scroll down to open PDFs:

Pascas Care Letters

 [Pascas Care Letters Democracy.pdf](#)

Medical

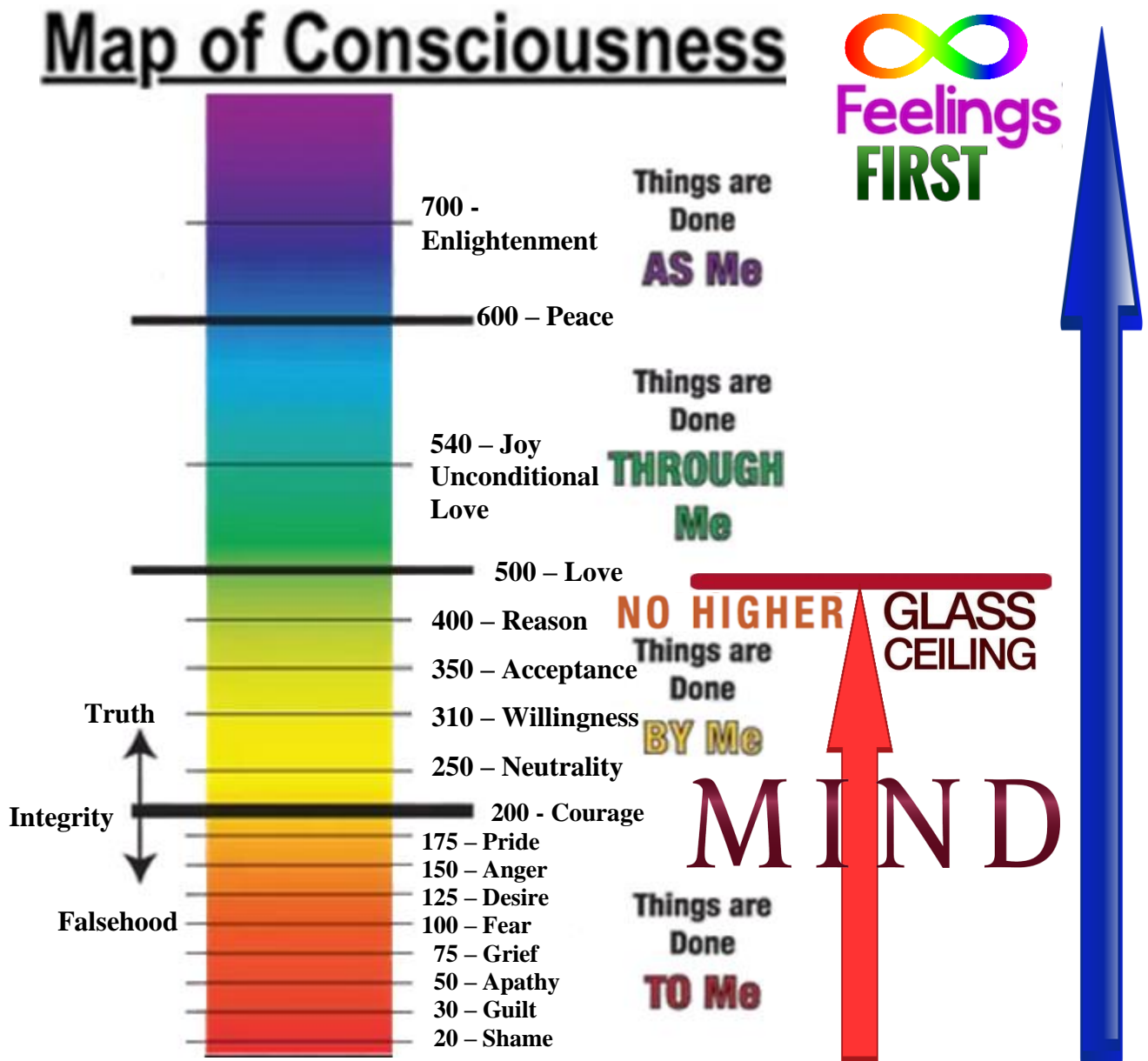
 [Pascas Care Kinesiology Testing.pdf](#)

 [Pascas Care Kinesiology Personality Traits.pdf](#)



Problems Caused by Economic Disparity





This outline of the Map of Consciousness spells out the fact that while we live Mind-Centric and ignore and suppress our Feelings we cannot pass 499 MoC. Our mind being in control, as we have all been indoctrinated to live, is a glass ceiling. Humanity cannot heal anything, cannot be spontaneous, has no intuitiveness, and is locked into living in the deep hell states. This is why people find themselves in abusive homes, domestic violence, housing stress, homelessness and gross difficulties of all kinds. This is why we are easily manipulated, embrace propaganda and are being controlled by a few.

Women are closer to their feelings and that is why the nursing profession hosts a lot of women who calibrate a little over 500. These women are the healers in hospitals.

By aspiring to live Feelings First we are each breaking the glass ceiling and opening our potentials to grow in truth and love not only to 1,000 MoC, but to infinity. This is our destiny.

As communities embrace living Feelings First and having their minds to follow in supporting what their feelings are guiding them with, then ALL of the social ills of society will begin to mitigate. Please, do you comprehend the importance of what is being shared throughout this document?

MAP OF CONSCIOUSNESS

Map of Consciousness from Dr David R Hawkins, M.D., Ph.D. "Power vs Force".

Level	Log
ENLIGHTENMENT	700-1000
PEACE	600
JOY	540
LOVE	500
REASON	400
ACCEPTANCE	350
WILLINGNESS	310
NEUTRALITY	250
COURAGE	200
PRIDE	175
ANGER	150
DESIRE	125
FEAR	100
GRIEF	75
APATHY	50
GUILT	30
SHAME	20

PERSONALITY TRAITS:

- Less than two dozen people on planet Earth.
- Would not pick up a weapon let alone use it. These people gravitate to the health industry and humanitarian programs.
- Debate and implement resolutions without argument and delay. 470
- Debate and implement resolutions in due course. 440
- Debate and implement resolutions with some degree of follow up generally needed. 410
- Management supervision is generally necessary.
- Politics become the hope for man's salvation.
- Cause no harm to others starts to emerge. Power overrides force. Illness is developed by those man erroneous emotions that calibrate 200 and lower.
- Armies around the world function on pride. Force is now dominant, not power.
- Harm of others prevails, self-interest prevails.
- Totally self-reliant, not God reliant.
- Fear dominates all motivation.
- Suicide is possible and probable.
- At these levels, seriously harming others for even trivial events appears to be justifiable.
- Poverty, unemployment, illness, etc., this is living hell on Earth.

WE EACH NOW CAN CLIMB TO INCOMPREHENSIBLE LEVELS OF CONSCIOUSNESS



Perhaps people will choose to return to a more aboriginal way of life, very simple and in tune with nature, yet focusing wholly on the highest spiritual life that can be lived, beginning with the doing of one's Healing.

Living Feelings First growth potential is

Our Feelings are our Supreme Guide! Truth is found through our feelings, we are to long for the truth about what our feelings draw our attention to. Our soul based feelings are always in truth. We are fully self-contained. This simple fact has been hidden from us for 200,000 years while our hidden controllers, the evil ones, kept us under their selfish controlling agenda.

Living through our feelings first with our minds to follow in assisting with what our feelings guide us to consider is a rewarding, freeing and vibrant life. Whereas we all have been retarded through living mind centric.



Living through our Feelings First, the New Way, and longing for truth of what they are to reveal, expressing what we feel, both good and bad, will enable us to progress through the Feeling Healing Mansion Worlds while living on Earth. With Divine Love we will be fit to enter the Celestial Heavens and then progress through all the Celestial Heavens of our local Universe of Nebadon and then onwards to Havana and Paradise, the home of our Heavenly Mother and Father.

Not only will we progress beyond 1,000 MoC when transitioning into the 1st of the Celestial Heavens, by the time we reach Paradise we will have progressed to what could only be described as infinity – well not quite – but we will be truly awesome in our evolution and development.

Living mind-centric limits growth to 499 MoC

We all live through our minds! We all suppress and ignore our feelings. This has been how we have been led to live by high level spirits who had ambitions of self-glorification to our detriment. These wayward spirits had allusions of expansionary empowerment and they needed Earth's humanity as their foot soldiers! Through their deceit, we would continue to live in spirit as we do on Earth without any prospect of progressing out of the spirit mind Mansion Worlds.

Should we continue with aspirations in the perfecting of our mind then we can progress from the 1st spirit Mansion World to the 2nd mind spirit Mansion World, then 4th and finally 6th mind spirit Mansion World to a dead end. In these higher worlds we may appear to be guru type personalities but we have gone further away from God – we have then perfected our evilness!

The mind can even stave off the time when the Law of Compensation is addressed.

A U-Turn is required and then one would commence embracing their feelings and progress through the Feeling Healing Mansion Worlds 3, 5 and 7. With Divine Love then on completion of the 7th spirit healing Mansion World process we transition to the 1st of the Celestial Heavens.



While we suppress and ignore our feelings we are living in hell and putting ourselves through untold misery, pain and suffering when we can achieve healing to the level that we are living as Celestials while in the physical on Earth!!!

ASSUMPTIONS *and the* MIND

Truth, until now, has been ‘rationalised’ by the mind. The mind cannot discern what truth is. The mind is addicted to untruth as well as control over the environment, others and the personality to which it is associated with – you and me!

My personal experience is that through the mind, assumptions are generally about 98% flawed and in error. The 2% accuracy is from flukes!

You may listen to endless ‘debates’ and discussions that may go on for hours and the mental hi-jinks are pathetically insane.

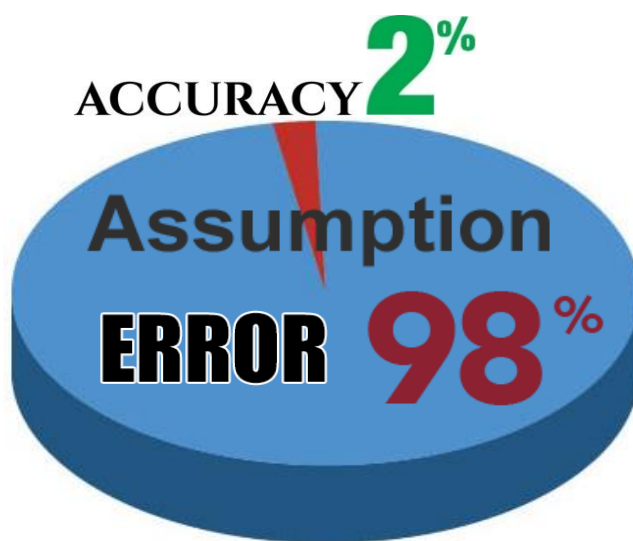
When you quietly sit there and use kinesiology muscle testing you can resolve what the answer to what is being debated in seconds – well minutes in some cases.

You may wonder why this is not generally known. Dr David R Hawkins published *Power vs Force* in 1995. Well, it does not suit people that want to keep secrets. Further, the process is free – you do not make a profit out of it!

What is true and what is false can be determined in seconds. You do not have to read the material, document, book or see the movie – you can calibrate the level of truth of anything in seconds. Not only can you determine if something is in truth or not true, but also the level of that truth. You can calibrate a book, then its chapters, then page by page, paragraph, line, whatever you feel is needed by you.

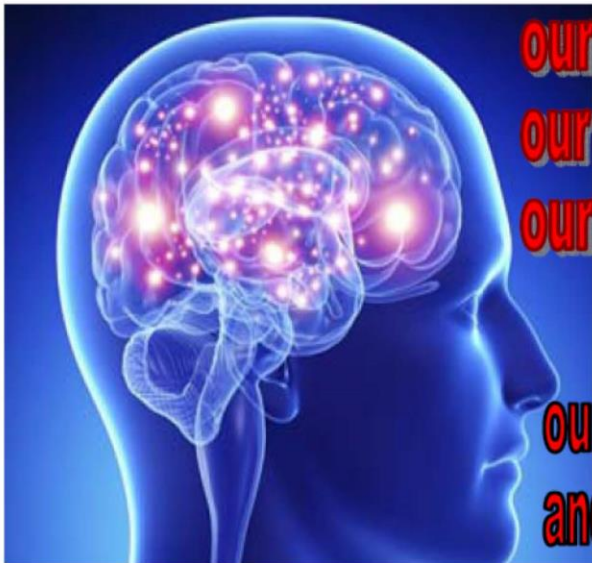
A few followed the secret process of the election of a pope for the Roman Catholic Church. They determined who the front runners were, what the elimination round of voting resolved, then down to the final two, who they were, then who won, and then who voted for him and who didn’t. They had answers before the black then white smoke came out of the chimney. It is not difficult, you can do it.

The focus here on ‘assumptions’ is that a great deal of what we live our lives by is based on assumptions. All of these assumptions can now be revisited and the restructuring that will follow will be all embracing.



Suppression of feelings being the core cause!

Suppression & Repression = Universal Depression



**our MIND is a CONTROL ADDICT!
our MIND is addicted to UNTRUTH!
our MIND cannot discern TRUTH!**

**our MIND is within our SPIRIT BODY
and orchestrates our physical BRAIN.**

ASSUMPTIONS are the product of our MIND!

HEALING ends
MIND-CONTROL!



**our SOUL is our TRUTH!
our FEELINGS are our TRUTH!
FEELINGS FIRST, mind to follow!**

**all we need is WITHIN.
our MIND suppresses FEELINGS.**

MoC	No. of Countries	Average MoC	Average Life Expectancy	Human Development Index	Happiness Index	Education Index	Per Capita Income 2020
400s	10	406	78.50	0.939	6.8	.861	US\$54,010
300s	13	331	71.77	0.798	5.9	.684	US\$17,827
200s	10	232	69.45	0.759	5.8	.648	US\$16,972
High 100s	18	176	69.00	0.724	5.2	.639	US\$9,900
Low 100s	7	129	61.88	0.653	4.7	.567	US\$2,628
Below 100	11	66	52.73	0.564	4.2	.488	US\$2,658
WORLD		220	70				US\$10,900

First to be considered is the education index, anything less than .750 and you have all the social ills within that population.

NOTE: Upon achieving MoC 1,000 there is NO disease or social illness or societal issues!

How can we identify the population to focus upon? As can be seen, any community calibrating less than 200 on the Map of Consciousness table needs a lot of structured educational attention and not the education system presently generally provided.

Level of Consciousness	Percentage of population
600 +	1 in millions
540 +	0.4%
500 +	4%
400 +	8%
200 +	22%
200 -	78%
World wide average	220

Level of Consciousness	Rate of Unemployment	Rate of Poverty	Happiness Rate "Life is OK"	Rate of Criminality
600 +	0%	0.0%	100%	0.0%
500 - 600	0%	0.0%	98%	0.5%
400 - 500	2%	0.5%	79%	2.0%
300 - 400	7%	1.0%	70%	5.0%
200 - 300	8%	1.5%	60%	9.0%
100 - 200	50%	22.0%	15%	50.0%
50 - 100	75%	40.0%	2%	91.0%
< 50	95%	65.0%	0%	98.0%

Kinesiology muscle testing when used in conjunction with Dr David R Hawkins' Map of Consciousness can determine the relative consciousness condition of any state, district, city, suburb, town, village and consequently the level of issues that need to be addressed. Kindly go to www.pascashealth.com and then Library Download page, scroll down to Medical and click on to open:

 [Pascas Care Kinesiology Testing.pdf](#)

 [Pascas Care Kinesiology Personality Traits.pdf](#)

The mind is to be of service!
The mind is designed to Follow,
to be of service to the truth,
of service to the heart, and
your Feelings!





↑ Earth

CREATOR
daughter and son

Avonal Pair

SPIRITUAL LEADERSHIP

SPIRITS OF TRUTH

LOCAL UNIVERSE
NEBADON

HUMANITY
OF
PLANET EARTH

Both the Creator and Avonal pairs are bestowals from Paradise and have Spirits of Truth which are released following the death of their physical bodies. The Creator pair is the co-regent of our local universe of Nebadon. They have set the pathway for the Avonal pair to show the way for Earth's humanity to heal itself of the Rebellion and Default. The Avonal pair's focus is one humanity, of Earth, whereas the Creator pair is for all of Nebadon.



Journey of Earth's Humanity

Years ago:

993,500 **Andon and Fonta - aspire for human perfection.**

950,000 **Andonites reach Tasmania - southern Australia.**

500,000 *Caligastia - Lanonandek - appointed Planetary Prince
Daligastia manifests on Earth with staff
Sangik Family - Northern India - 6 colours*

200,000 *Lucifer - Lanonandek - rebels against Jesus & Mary
Caligastia draws Earth into Rebellion*

38,000 **Adam and Eve manifest on Earth
Adam and Eve default their mission**

1980 BCE **MACHIVENTA MELCHIZEDEK MANIFESTS**
Commences end of Rebellion & Default

7 BCE **Jesus of Nazareth born**

2 BCE **Mary of Magdalene born**
Creator Daughter & Son Bestowal

1914 - 1923 **Padgett Messages - second coming**

1925 - 1935 **The Urantia Book - history of humanity**

1944 CE **Bretton Woods Conference - funding**

2002 - 2022 **James Moncrief - Revelations**
Avonal Daughter & Son Bestowal
Avonal Age of 1,000 years begins!

200,000 Years Rebellion

200,000 years of UNFETTERED DOMINATION!

by wayward High Level Spirits

Universal Rebellion & Planetary Default

GEOPHYSICAL EARTH CHANGES appears to take place every 12,000 to 13,000 years!



CIVILIZATION TIME LINE

50,000 years ago and earlier at regular intervals!	37,500 Laschamp reversal	25,000 Lemuria submergence Atlantis frozen over	12,500 New Atlantis submerged	NOW! Unfolding
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EARTH CHANGES

Larger civilisations have previously existed on Earth, with elements more advanced in some ways than Earth's civilisation of today – in the year 2021!

Populations have been routinely reduced by earth changes to smaller numbers. Post Earth change events typically require surviving populations having to restart from ground zero.

SACRED and INSPIRED WRITINGS sets, each of about 10,000 tablets, were carried from Mu (Lemuria), these were then located at: Tibet, Deccan Plateau in central India, Gobi Desert in Central China, Upper Egypt, Babylon in Mesopotamia and Mexico City. Further copies of each of these original sets were further made. The foundations of Buddhism are remnants of the mind controlling practices of the Atlanteans! The books accredited to Moses are his translations of writings on clay tablets brought from Lemuria to Egypt. Thus it can be seen that the immigration from Lemuria going west cross over with the Atlanteans going east. Remnants of prior civilisations spiritual systems have been the foundations of new ways and beliefs – all taking humanity deeper into the mind, away from feelings and away from our Heavenly Mother and Father.

Following each earth change, humanity has gone deeper into the Rebellion and Default. Spiritual platforms have been passed down through many civilisations. Clay tablets have survived cataclysmic earth changes with researchers re-introducing remnants in later times with further imposts infused by mind Mansion World spirits all in keeping with Lucifer's rebellious dictates. As from 31 January 2018 we can now go upon the pathway of healing the Rebellion and Default within each of us through Living Feelings First and with Divine Love, embrace our Soul Healing.

4,000 Years Unfolding

1980 BCE

Machiventa Melchizedek

1900s BCE

ABRAHAM

Bestowals from Paradise:

Creator Daughter and Son

Mary Magdalene and Jesus

PADGETT MESSAGES

THE URANTIA BOOK

Incarnation of the Avonal Pair

MM Jesus

2 BCE 7 BCE

REBELLION & DEFAULT

FORMALLY ended 31 JANUARY 2018

46 CE 29 CE

Bestowals from Paradise:

Avonals - Magisterial Daughter and Son

Machiventa Melchizedek, to this day, continues to oversee the plan that was evolved more than 4,000 years ago to progressively open cracks in the Universal Contract governing the Rebellion and Default instigated by Lucifer 200,000 years ago. With 'federal' authority, the Creator Daughter and Son brought about the Lucifers and Satans' spirit world imprisonment 2,000 years ago, and set the Avonal bestowals in place.

The commencement of the Padgett Messages on 31 May 1914 triggered the bestowal of the Avonal Pair for Earth's humanity. The Avonals' 'state' authority brought about the Caligastias and Daligastias spirit world imprisonment in 1993. The Avonals' healing of what they have taken on of the Rebellion and Default ends the Rebellion and Default. Now we can all follow and progress on the pathway to Paradise.

200,000 years of UNFETTERED DOMINATION! by wayward High Level Spirits

200,000 years ago

Jesus & Mary

NOW!



TOTAL DOMINATION Universal Contract

FOR 200,000 years ALL SCRIPTURES and Earth based INSTITUTIONALISED SYSTEMS are the WORK of the REBELLIOUS LANONANDEKS:

The rebellious Lanonandeks from within our local universe are these soulmate pairs:

THE EVIL ONES



Lucifer pair
Arrested and imprisoned 26 CE



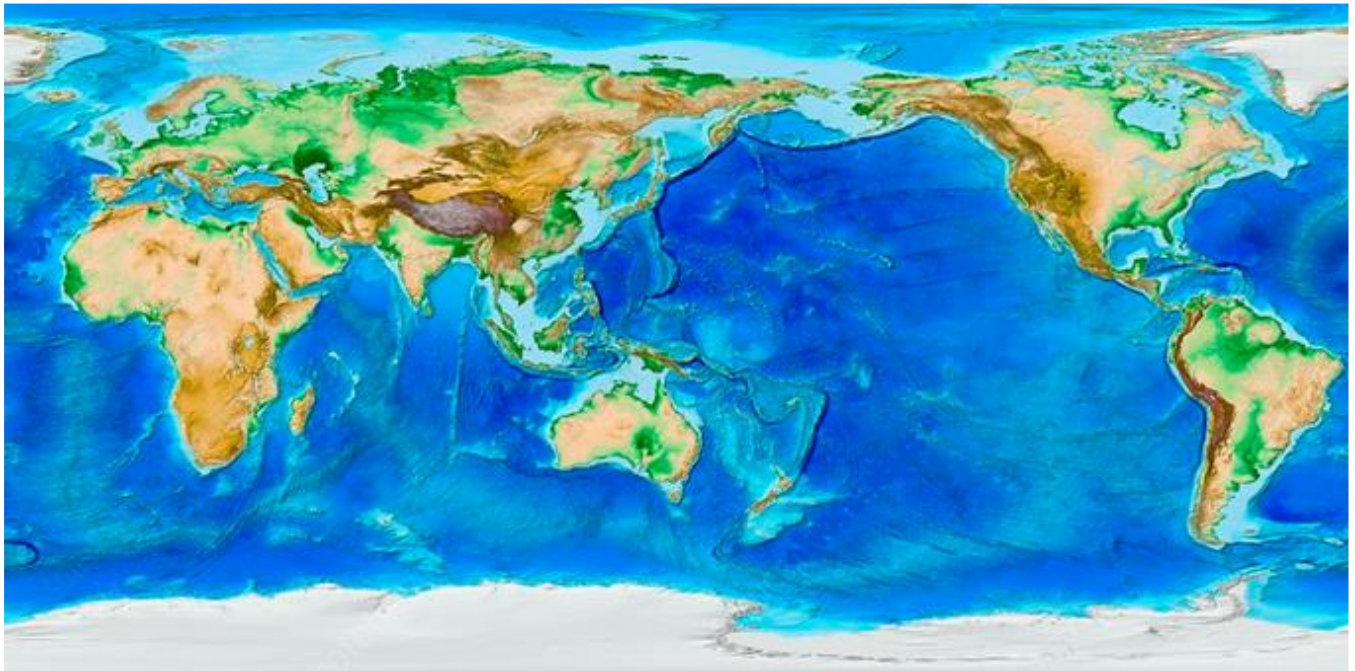
Satan pair



Caligastia pair
Arrested and imprisoned 1993 CE



Daligastia pair



Now Ended!

200,000 years of UNFETTERED DOMINATION! by wayward High Level Spirits

OUR MIND CONTROLS US!



Feelings Way or the Mind Way

The rebellious Lanonandeks, led by the Lucifer and Satan soul partner pairs, instilled upon Earth's humanity, countless platforms of mind domination institutionalised systems. Even throughout remote regions, such as for the Australian Aboriginals, the mind Mansion World spirits imposed themselves so deeply into the psyche of the Aboriginals that they are profoundly impacted by mind platforms through their traditional practices, so much so that they may take longer than most to realise the freedom that comes from Living Feelings First and begin to heal themselves of 200,000 years of living and going in the wrong direction through mind domination.

The Rebellion mind dominance maintained the environment of conflict throughout all facets of living life on Earth. Where ever you have mind domination you have conflict and war! It is as simple as that.

Truth is always truth. There is only one truth. So instead of having one spiritual platform for and throughout Earth's humanity, we have 3,400 significant religions and when you add on the small denominations that are offshoots of all the major religions, you have around 50,000 religious communities professing to embrace the 'one truth'!

While we live through our minds, conflict at all levels will unfold. Only through Living Feelings First and having our minds to follow will harmony eventuate. This is a change in how we have been living for 200,000 years that is now to be embraced by the overwhelming majority of humanity during the coming Avonal Age of 1,000 years.

Important recommended reading is:

by James Moncrief

The Rejected Ones – the Feminine Aspect of God

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>

To aid this transition, the quickening of the Law of Compensation is to unfold for humanity on Earth. It will be earthed in the same way as it is applied throughout the spirit Mansion Worlds.

The HELLS are to EMPTY!

The SinBins are to empty!



Earth Planes 1 and 2 are Spheres of Isolation and Disharmony for the Law of Compensation – ‘Hells’

Through the intervention of a Magisterial Daughter and Son, an Avonal soul partner pair, from Paradise, we of Earth’s humanity are now being shown how to heal ourselves of what we have each taken on of the Rebellion and Default. We are being shown and made aware of how to live true to our feelings and to long for the truth of what our feelings are to show us. We are to live feelings first and have our minds follow to implement what our feelings are guiding us to embrace.

WE ARE THE TRUTH SEEKERS

We are the Truth seekers. Our minds cannot discern truth from falsehood. Our soul-based feelings are always in truth. As we embrace and live through our feelings we will step away from error. As we learn and express our feelings, both good and bad, we will release the errors that we have absorbed during our childhood suppression and ongoing repression, thus healing ourselves of our personal Rebellion and Default.

As we progress with our healing, then we will transgress the ceiling of the mind’s limitation (499 on Dr Hawkins’ Map of Consciousness) and embrace our potential which is to infinity through our soul-based feelings of Truth.

The quickening of the Law of Compensation, as a consequence of the emerging 1,000 year Avonal Age now commencing, for those who set their ‘minds’ to cause harm to another may progressively find themselves being debilitated with the equivalent of the pain they intend to inflict, thus preventing the error being executed. Within the spirit mind Mansion Worlds, this is instantaneous. How this is to unfold on Earth is yet to be understood. However, injuries to others will be compensated for while one lives in the physical on Earth, thus the progressive emptying of the Hells will unfold. This will bring about an era of peace on Earth as conflict and war will be impossible.

LAW OF COMPENSATION Quickening

WE EACH have a Nature Spirit pair, Spirit Guide pair and an Angelic Pair:

For those doing their Healing or are interested in doing it, will from that time have their own personal angels, spirit guides and nature spirits with them, with whom they are to develop their own relationships should they want to. It is not about ‘sharing’ the same angels or guides or nature spirits, it is about you relating specifically to your ‘own’ ones because they are provided for YOU. It’s all for you, to maximise the experiences we each need.

We are all to have our own pure relationships. And it’s the same, of course, in life with your friends. However over there, in spirit, dealing with Nature Spirits, Spirit Guides and Angels, it’s more personal and private and ‘JUST FOR YOU’. So, we have our own separate, unique relationships.



For example, Nature Spirit Verna has been assigned to be specifically and only with James, and she ain’t going to be assigned to anyone else, so she won’t be sharing herself around.

This is SO IMPORTANT to understand; so that in future there won’t be all these people claiming to be speaking with Verna or Mary Magdalene or Jesus or Nanna Beth or anyone else who is part of it all in such capacity. Mary M and Jesus have spoken with James as they have, making it quite clear he is the only one they are speaking with.

We each have a band of a Nature Spirit pair, Spirit Guide pair, and an Angelic pair, each pair being in their ‘soulmate’ relationship. Even though we are ascending mortals having a soulmate, even our soulmate has his or her own group of six personalities assisting him or her. Our assigned Nature Spirits do not continue with us into spirit, our Spirit Guides may for a time assist upon entry to the spirit Mansion Worlds. However, our personal Angelic pair continues with us to Paradise, and then even possibly being with us throughout eternity.



Feelings! first



In a way, each person's Indwelling Spirit, which is really God, is contracting out the work needed to be done with you to other agencies. So to us spirits, the angels, the nature spirits, other elements under the Divine Minister's control, and even other non-humanity spirits, all of which end up doing increasingly more amounts of what your Indwelling Spirit does. And this 'outsourcing' is to affect greater personality interaction, increasing your experiences so they are maximised through interaction with different personalities rather than just relying solely on God. Overall, we are to become increasingly at-one with God, but we are to do that by becoming increasingly immersed in the experience of being with others.

Nanna Beth – 3rd Celestial Heaven: 25 December 2018



We each have a band of a Nature Spirit pair, Spirit Guide pair, and an Angelic pair, each pair being in their 'soulmate / soul partner' relationship. In addition we have our personal Indwelling Spirit.

The PHENOMENON of VISIBILITY:



Firstly, animals do not have a spirit life. Should we need to interact with a deceased pet animal, then a particular class of angel will present as your pet. The life force of all of nature pools their life experience to subsequently become Nature Spirits who evolve to being angels.

Each higher progression of a human mortal consequently becomes invisible to those remaining at the lower level, as it is with angels, though those of the lower level remain visible to the progressing ascending mortal.

In reverse, those spirit personalities descending from Paradise, the home of our Heavenly Mother and Father, need to detune themselves so as to become visible to those in our local universe of Nebadon.

Those on Earth and throughout the seven earth planes have the same visibility progression. Earth, being the densest, is visible to all. But each plane, starting at 1, becomes progressively finer, with each plane above the last invisible to the lower. The same applies throughout the 7 spirit Mansion Worlds that we progress through to enter the first of the Celestial Heavens.

Higher levels can always make themselves visible should they wish to. Spirits and ascending mortals of lower levels may not be aware of higher levels until they evolve and progress.



NATURE SPIRITS

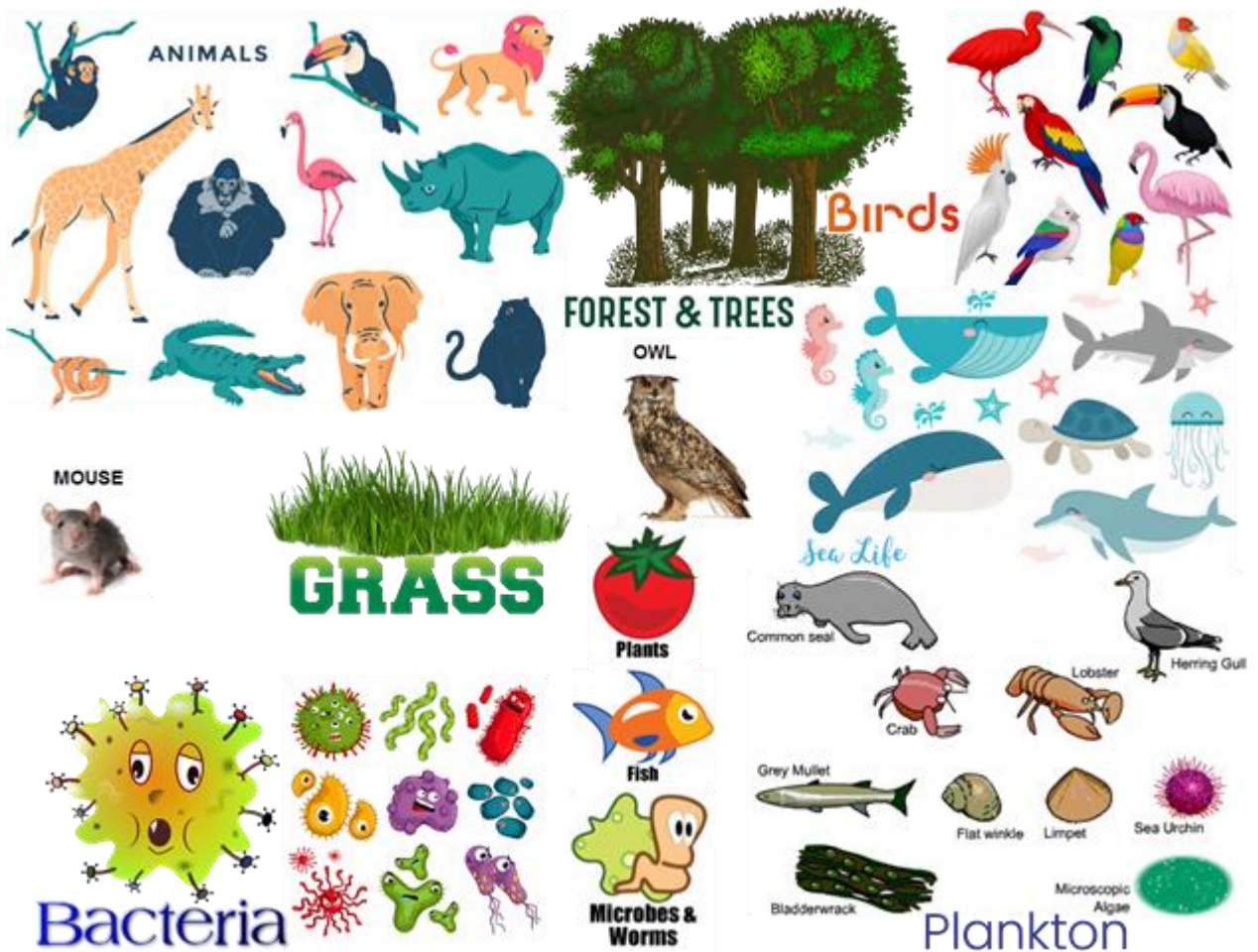
Nothing of nature reincarnates! And neither do we! Reincarnation is a false belief. Zero, zilch! Not even a blade of grass, a leaf from a tree, bacteria or plankton, or ourselves, has a subsequent physical life experience. However, except for humanity, the life force of all of what forms nature, after its sole physical experience, returns to a pool from which Nature Spirits emerge. All of nature is mind orientated. Nothing of nature has a soul, except for humanity which is truth and feelings orientated.

Meet Verna, a Nature Spirit, also known as ‘Lady of the Lake’: “Your spirit is your own unique spirit expressing the light of your soul; our spirits, also uniquely our own, however come from a composite of many other spirits. And in my case for example, and I’m about average, or ‘usual’ – as much as I hate to admit it – I’m composed, for want of a better word, of about five hundred billion creature spirits. So yes, you could say we’re complex on that level. And yet on other levels, we’re considered rather basic, we are after all *only* nature spirits, not great angels.”



“With Verna – a nature spirit” by James Moncrief

As the Rebellion and Default is now technically ending, those who embrace Feeling Healing and Divine Love will open themselves to communication with their Nature Spirit pair. For 200,000 years of the Rebellion, humanity of Earth has been closed to interaction with Nature Spirits. Humanity is truth seeking personalities who are to live through their feelings whereas nature is mind orientated and are to evolve their minds. A Nature Spirit’s next phase of evolution is that of being an angel which then will have many further evolutionary progressions upwards. Angels also step down from Paradise.





Ask the Australian Aboriginal Peoples involved (and any community anywhere in the world):

This is the beginning and paramount from what I can see, no one does it; or if they do, not to any real depth or with any real sympathetic understanding. So bringing the Aboriginal community together and asking them: How do you want to live? What would you like? And starting there. And with the understanding that they don't have to try and get 'back to the old ways', to start with them right now in this moment, and what would you like to make you feel better about yourself, your living environment and the community?

This is indicative of their history:

Stone and natural glass tools

Aboriginal stone tools.

Aboriginal stone tools were highly sophisticated in their range and uses. Stone and natural glass were fashioned into chisels, saws, knives, axes and spearheads. Stone tools were used for hunting, carrying food, for making ochre, nets, clothing, baskets and more. Australian Aboriginal people are thought to be one of the first to use stone tools to grind seeds, and the first to create ground edges on stone tools.

They could grind a precision edge from stone that was as sharp as any metal blade found in England in 1788.





Kangaroo grass seeds were ground into flour and used to make bread for many thousands of years gone by.

Kangaroo grass is a prolific seeder and unlike grasses introduced by European settlers, is deep-rooted and perennial, so it doesn't need to be resown every year. Growing up to 1.5 m tall, kangaroo grass is a tall, drought-tolerant grass that can grow in full sun to partial shade, in sandy or clay soil, and doesn't need a lot of water once it has established.



Weirs and fish traps

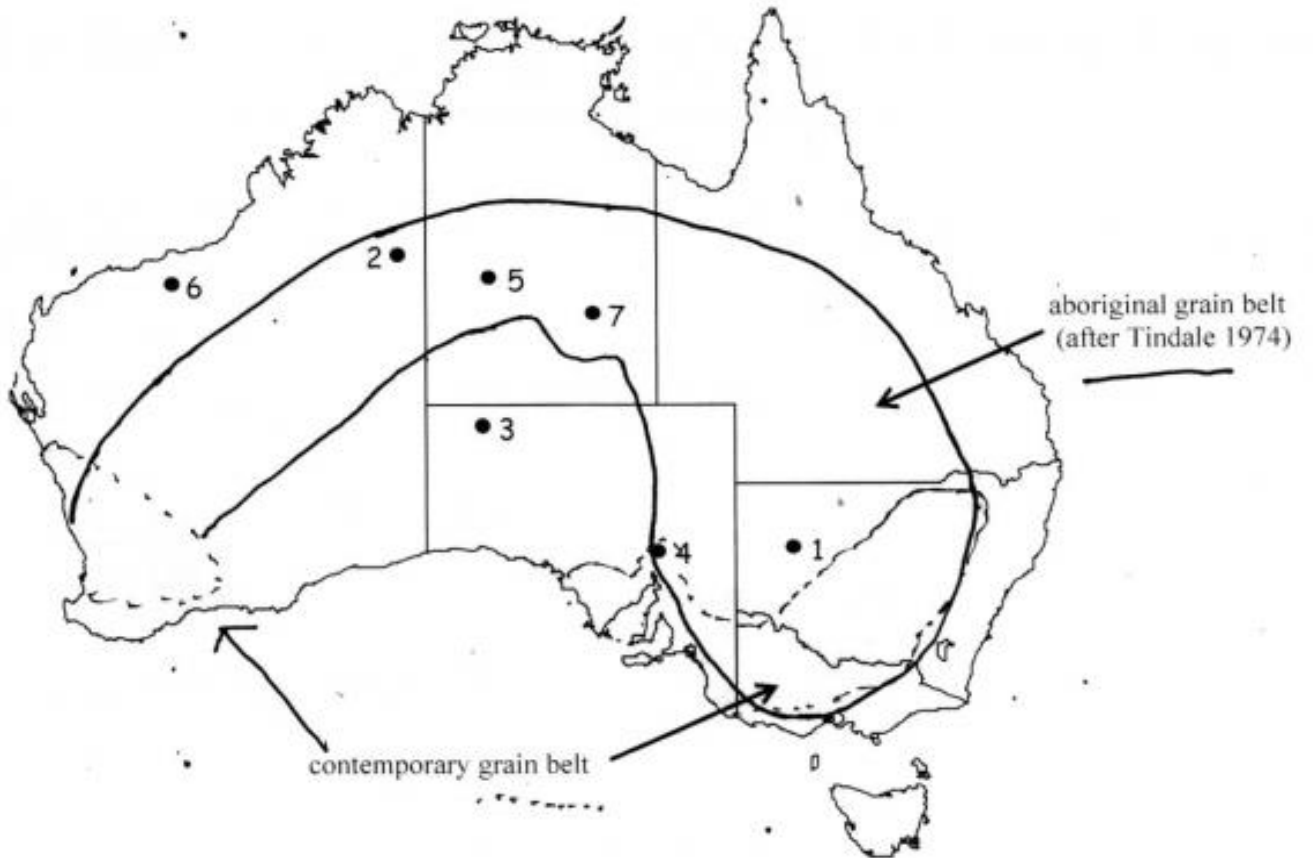
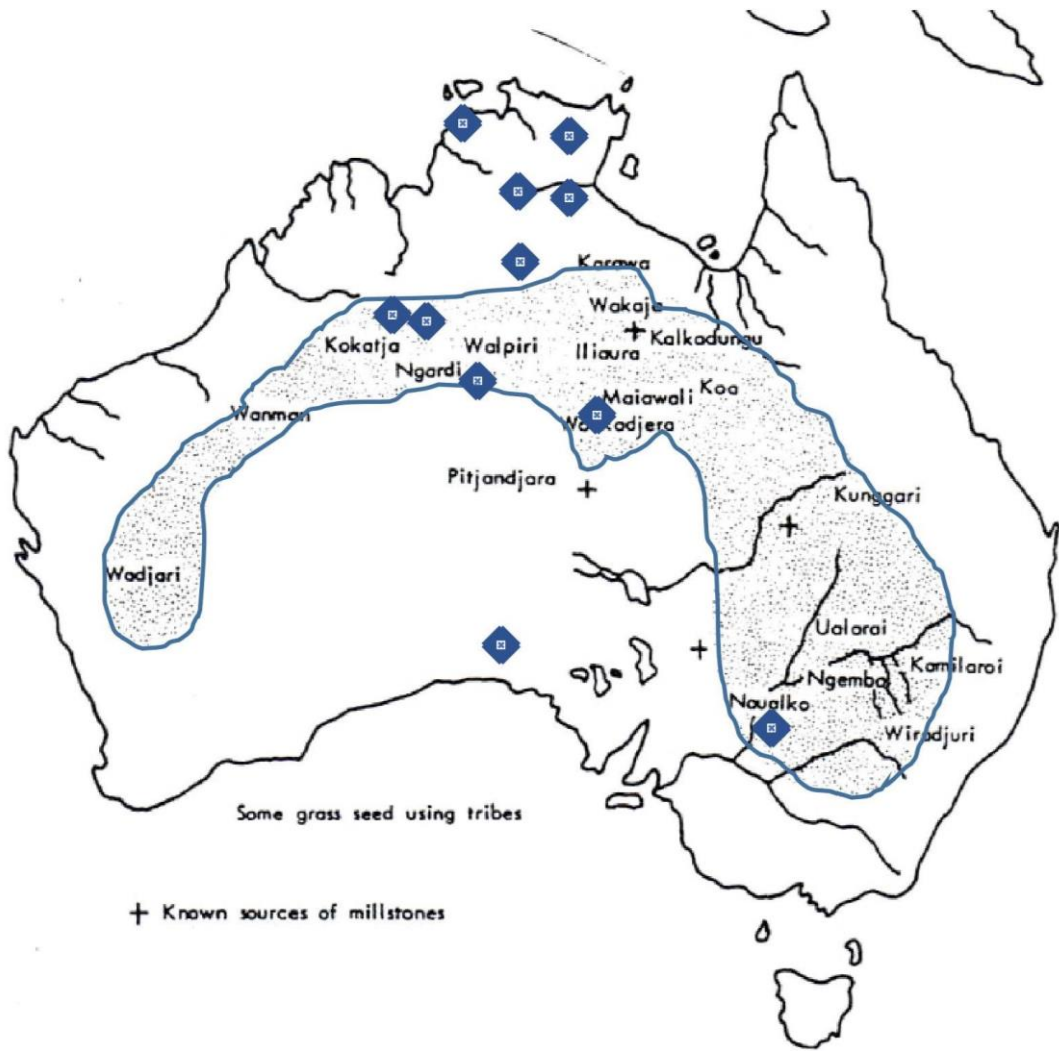
Aboriginal people demonstrated a sophisticated understanding of engineering, physics and aquaculture in the design of elaborate stone fish traps in New South Wales (NSW), and the 100 sq.km eel farm at Lake Condah in Victoria (VIC). They made these fish farms by creating complex systems of canals, linked weirs and ponds out of river stones. Lake Condah shows evidence of a very large, settled community that harvested and smoked eels to trade. Some of Australia's Aboriginal fish traps are thought to be up to 40,000 years old. They may be some of the oldest surviving human-made structures in the world.



The Aboriginal use of fire is incredible as are their understandings of bush foods.

Gunyah houses built by Australian Aboriginals





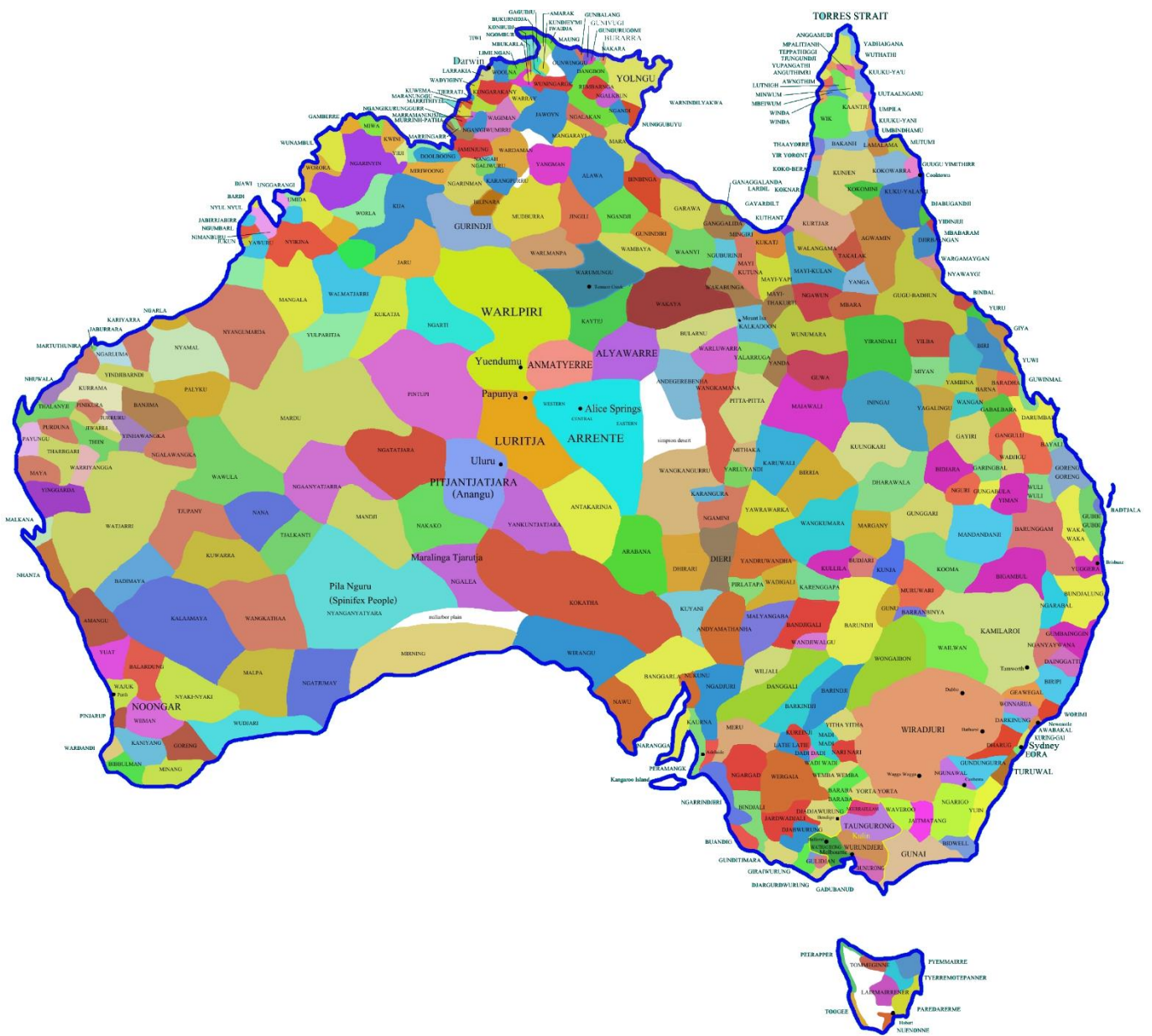
Australia Aboriginal nations and languages

Using the published resources available at that time, the map attempts to represent all the language or tribal or nation groups of the indigenous people of Australia.

The population was split into 250 individual nations, many of which were in alliance with one another, and within each nation there existed separate, often related clans, from as few as 5 or 6 to as many as 30 or 40. Each nation had its own language, and a few had several.

Or there could be about 500 different Aboriginal peoples in Australia, each with their own language and territory and usually made up of a large number of separate clans.

Today, there are 250 distinct Aboriginal language groups spread throughout Australia.



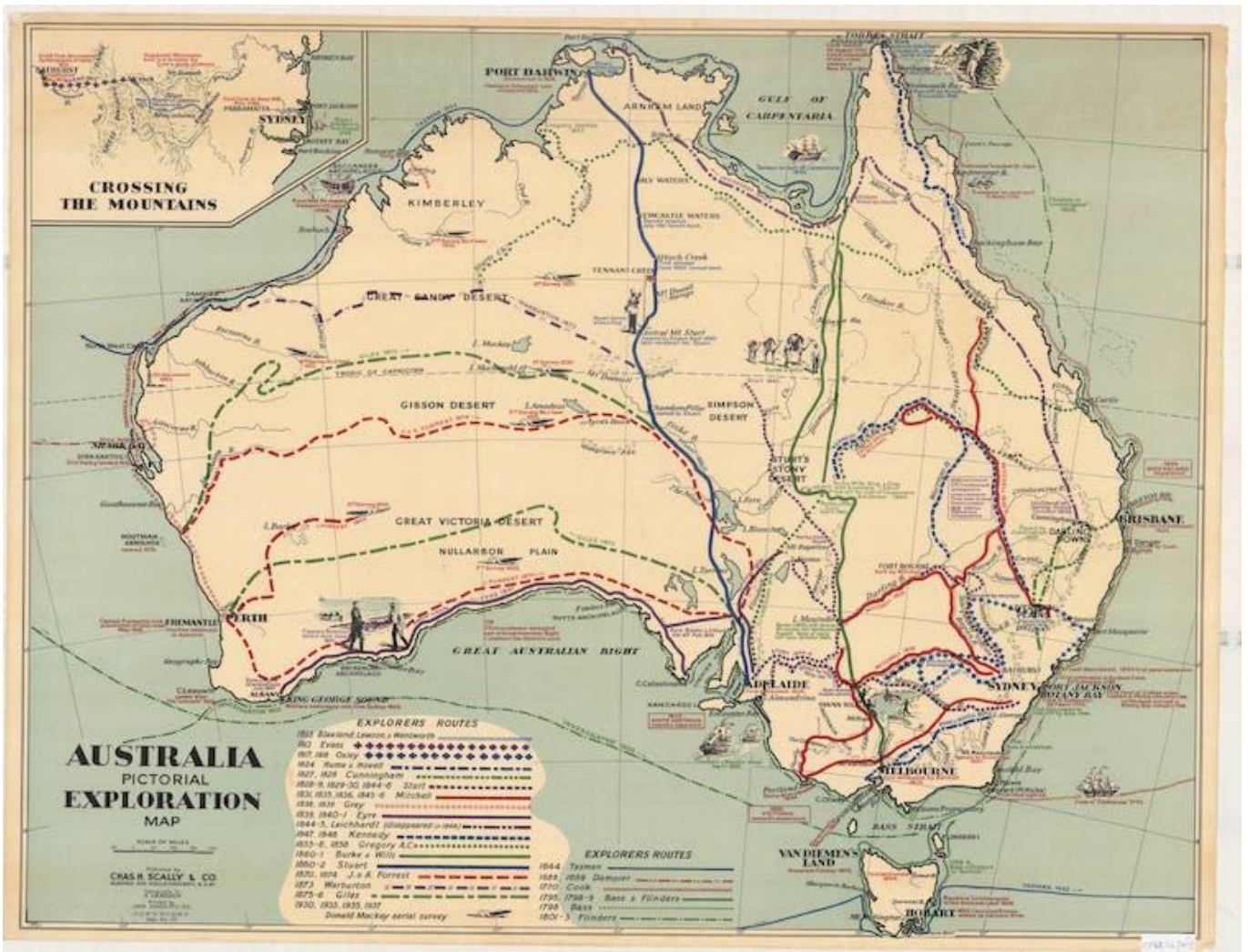
Australia Aboriginal pathways well-trodden

<https://theconversation.com/we-mapped-the-super-highways-the-first-australians-used-to-cross-the-ancient-land-154263>

These super-highways might have been more than just routes used for the initial peopling of Sahul.

Several of the super-highways our models identified echo well-documented Aboriginal trade routes criss-crossing the country. This includes Cape York to South Australia via Birdsville in the trade of pituri native tobacco, and the trade of Kimberley [baler shell](#) into central Australia.

There are also striking similarities between our map of super-highways and the most common trading and stock routes used by early Europeans. They followed already well-known routes established by Aboriginal peoples.



Early routes of European explorers in Australia. Courtesy of Universal Publishers Pty Ltd

These Aboriginal exchange routes and the relatively recent trade routes of early Europeans cannot be used directly to validate a map from tens of thousands of years ago. But there are strong similarities that might suggest an extraordinary persistence of routes across the entire time period of human occupation of Australia.

NATURE SPIRITS and GUARDIAN ANGELS are EXCLUSIVELY ASSIGNED

Sunday, 26 May 2019

James: Hello my dear Verna, how are you this getting-colder day?

Verna, a Nature Spirit: I am very well my dear James. You want to talk to me, wanting to gain more wisdom from the old chook.

James: I do, if you'd be so kind. Old? What's that – 2 billion years and counting? How are your wrinkles coming, like being etched in stone?

Verna: Thankfully, no such afflictions of age do we have to deal with. I look just as I looked the day I was created. Not a day over sixteen my dear one. We don't 'age' as such, we just get wiser, more noble, more, well, what can I say – Lady-like.



James: You've got quite a few admirers amongst us 'fleshies'.

Verna: Yes, I know James, such is the price of fame!

James: And so much so a friend of John and his partner said they were channelling you.

Verna: Which you know is an impossibility because I am only to speak with you. We nature spirits and angels when we're engaged in a personal relationship with you on Earth, as I am with you James, are specifically chosen to be with you because of how our personalities work / mesh together. And it's very, very, VERY specific – have you got the picture, so specific that I CAN'T interact with another mortal as I am with you! So I can't and won't be with John P. and his partner for example, speaking through her, that is all a contrivance on their part and not in keeping with the Laws of spirit / mortal communication which includes nature spirit and angel / mortal communication.

And the thing is, with spirits speaking to you, it's different, the same Laws don't apply because you are like them, so spirits in the mind and healing Mansion Worlds, the Celestials, can speak to as many different people on Earth as they want, with each receiving person perhaps sounding slightly or even a lot different giving the impression that it might not be the same spirit. All of which rightly can lead to lots of confusion for you lot who can't readily see us spirits and angels.

So you can be happy knowing that although others might claim to be speaking with me, they won't be, not unless as you understand there is some specific need for me to, which would only be to help them with whatever it was and not in a long term personal situation like I have with you, James, because of how specific you and I are together. It's like being with your soulmate, there is ONLY your soulmate that you fit so closely with, so you could say in a crude way that I am your nature spirit soulmate, even though there is no such thing, however I say it like that to illustrate that it is so specific, my light and the light of your mind gels to the degree of enabling us to work so closely together like this, all to help you reveal the truths you need to see. And even though you can and have at times momentarily worked with others of my kind, you've not moved to have a deeper more personal interaction with them like you are with me.

EARTH CHANGES

Verna, a Nature Spirit: I do understand, and as I've said all I want to say so far, let's move on. You want to talk more about the Earth changes?

James: Yes. I've been listening to a lot of different ideas about it on YouTube, some people saying the latest Big One about 12,000 – 13,000 years ago coming about because of meteorite impacts, others saying

it resulted from a reoccurring micronova from the sun, others saying it's because of the galactic wave impact which is possibly related to the micronova, others saying it's from within the Earth itself, some saying it's a very predicable cycle and linked in with the Pole Shifts or even causing them or they being part of it, some saying it's just a one off, yet with such one offs happening periodically to the Earth. And I'm not going to ask you which is it, because I think I know your answer, however I want to talk more about it with you concerning specification and how that comes about. The last Shift saw the loss of many species, in particular the mega fauna, which seems to have happened only at certain times and possibly not with every cataclysmic Pole Shift, which makes me think perhaps not each Shift is as bad as the other. Certainly they are all bad compared to how the World currently is, but not always as cataclysmic enough to cause the loss of so many species and the wholesale destruction of human civilisation that has obviously happened at other times. So how does it all work; can you please shed more light on that for me Verna?

Verna: There is a cyclic Pole Shift caused by various factors, internally from within the Earth and externally from the Sun and in relationship to the whole Local Universe, all of which has varying impacts upon the surface and inner Earth, and including the makeup of the outer forces surrounding the Earth. For example, a satellite in orbit currently around the Earth might not be able to remain in orbit or remain functional in orbit after the next Pole Shift, it depending on many factors that would influence the upper atmosphere and levels of space of closer proximity to Earth. (Notwithstanding its destruction during the Shift anyway.) So what existed in one age, the varying frequencies on all levels that might affect the Earth and influence the impact of the sun's light, might not exist in another age, and as to how much it might change, if it does at all, varies between ages. And the same happens on the physical Earth, and in the whole solar system, and on all the other planets, so there are a lot more factors for your scientists to study.

What I am leading to in answer to your question is, there are two levels continuously affecting the Earth and humanity and all life on the planet: The physical levels, and the deeper underlying and determining spiritual levels. The natural physical world is evolved (created) to respond to all the higher spiritual influences and so frequencies of light that govern its evolution, including the evolution of life on the world and humanity's personal evolution.

So certain spiritual influences are present when life begins on the world, those influences affecting the Life Plasm brought to the world by the Life Carriers as you've read about in The Urantia Book (TUB).

So a world is designed to carry and support the natural life in accordance with the eventual needs of the humanity that is to reside upon it. And once the humanity begins to express itself, then that world continues its spiritual evolution and related physical evolution to enable the humanity to grow and develop as required. And in the case of Earth, to include and support the unloving and negative influences of the Rebellion and Default.

So at various points there are what we call confluences of specification which are enabled by the Pole Shift or meteor impact or times of other severe light waves, of varying sorts, that come from the deeper levels of the Universe. So when all of these factors coincide, we nature spirits, knowing in advance what to expect, plan for the extinction of certain species and the materialisation of other ones. And sometimes we do literally instantly materialise a new species, or many, all readily expressing certain potential inherent within them, and at other times we evolve new species into being, and sometimes we do both together. So there's not just one way of how a new specie comes into being, however there are times when it's more conducive for us to act, with the last Pole Shift being a major confluence of such factors, so you saw the all but instantaneous end to many species and the emergence of others. But as you've deduced, that doesn't happen with each Pole Shift, and mostly there are many Shifts between such large changes of specie evolution, with one such big one being the impact of the meteor that killed many of the dinosaurs and the Pole Shifts around that time too.

The main thing I want you to see James, is that the species that have lived and will live on the world are SOLELY FOR HUMANITY, even those that have lived many millions of years ago. They have all been part of the world, all affecting in different ways humanity during its different ages, between its spiritual ages and physical Pole Shift events.

Which brings me to another point, that the spiritual influences (ages) can cover many physical Pole Shifts, with the last Shift wiping out most of the spiritual ways of the previous age and starting a new age this Pole Shift age which began with the primitive people's religions and spiritual beliefs, up to and including Mary and Jesus and all that's resulted from them, and now starting to include all that you and Marion are introducing, and possibly moving into the next major Spiritual Age – the Avonal Age. However, as to whether or not the beginning of that Age is to be preceded by another Pole Shift, or begins with the Shift, or if a Shift is to come once the Age has officially started or at the end of it, I can't say, that's to be revealed to you at a later date.

We nature spirits are the sole coordinators of the physical specification of the world. Species don't come and go or continue to exist without our say so. We are the 'spirits of nature'. So because **nature itself is unlike you, it not having an actual spiritual life or spirit body in which it continues to live in and advance once it dies**, so we play that role for all the creatures and plants. In a crude way you could say we nature spirits are the spiritual template for the natural world. And we even oversee the construction and destruction of the minerals in the Earth that comprise the rocks you are familiar with. We oversee the natural oil production within each Pole Shift age, together with how many diamonds and the amount of gold for example is to be made available to you, and all the rest. We coordinate it all in accordance with the dictates of the Life Carriers and higher overseeing angels. So all you have in the natural realm for each Pole Shift age, all you need to help you explore and express yourselves on all the levels as determined by the spiritual requirements of your soul, we provide for you together with our angelic helpers.

So we ensure those species survive the Shifts and to what degree, just as we provide the ending of the species and the bringing into being of new ones, and really on the most personal level, in a way we determine when a plant or animal dies and when another is born, however it's not that we attend personally to each and every life form in the natural world, however on a spiritual level we do, if that makes sense.

And we do by ensuring we adhere to the various higher spiritual Laws that are in place, and when we do, so everything works according to plan. And then because of the disruption of the normal order of things because of the Rebellion and Default, we have been called upon to make other unforeseen changes, and still are making them.

Humanity is currently making a right mess of the world, you are killing off just as many species as are naturally ending at this time, and mostly you don't give a shit about it. You are so disconnected with nature, you believe you love it because you plant a tree in your garden, however for the most part, even including the primitive and more closer to Earth people, you don't understand anything about it or your true relationship with it. And how can you when you hardly understand anything about yourselves! For the most part you don't even understand that you're in rebellion, that all of your religions and spiritual systems and ways of life are rebellious and working against nature.

You believe people like your **Australian Aborigines** were more in touch with nature because they didn't seemingly destroy it as much as the white man invaders have done, however they weren't, not spiritually speaking. **They hunted and gathered and did a minimal amount of farming**, but they still didn't understand about our connection with the World, they didn't personally interact with us, they developed their own wayward spiritual beliefs and ceremonies all designed to keep them fully entrenched within the Rebellion in a more primitive way, and it was all still wrong by higher spiritual standards. So the aboriginal culture had to go, just as in the end so will the white man culture, as people of all races who do their Healing

and who do work more closely with us nature spirits will end up doing. But that's still some way off and there's a lot of spiritual awareness awakening that needs to happen first.

So in one way it seems like the aborigines were closer to nature and the natural world, which they were in their more primitiveness, whereas they weren't in a spiritual sense. And this confuses a lot of people, attributing more spiritualness to them than should be, as their beliefs are no more or worse than any others that are rebellious. And so shouldn't be held in higher regard. They can of course be appreciated like **all spiritual and religious beliefs for being an expression of truth-denial and the Rebellion**, should one want to appreciate such wayward beliefs, however that's not where you are focused James.

And the thing about bringing new species into being, we construct environmental scenarios in our plane that simulate how we intend such species coming into being and interacting with other species on Earth. And we do all of this within the pattern given or afforded to us by the Life Carriers. So we are the ones who actually construct the 'look' of the new specie, as it complies with the intentions of the Life Carriers. Nothing is willy-nilly, everything has a specific purpose and many niches to fulfil, even if the specie itself has little to do directly with humanity; yet indirectly it being part of the overall natural ecosystem of Earth, it does. And in our 'preparation of species' we factor into them the genetic variation that humanity can potentially work with, all of which is designed to provide you with the experiences people require.

And how we actually materialise the potential specie in our plane and then materialise it on Earth, should it be one that's to instantaneously come into being, is done with the help of our angelic advisors, as we nature spirits can't actually create or de-create anything, that being what the angels do. So we design the specie in accordance with the plans we've been given; and then also in accordance with our angelic supervisors and when we are ready to have it in existence, first within our Earth plane (third Earth plane) and next actually on Earth, the angels do it.

We have a vast section or sub-plane if you like within our Earth plane in which we can simulate new species either within the world as it exists or within the world as we predict it might be post Pole Shift or whenever the next major specification event is due to happen. And you see, we have thousands, even hundreds of thousands of years in some instances, to work with these new species, with many of our number being solely responsible for such specification and they having little to nothing to do with humans either on Earth or in spirit.

So these areas are what we affectionately call our 'labs', the laboratories in which we undertake specification. We have seven such major sub-planes within our Earth plane that surrounds your physical world, and four of these sub-planes are given over exclusively to the 'development' of species. And I say development like that because it's all done with light, not as you might imagine. We don't, for example, set out building a new specie from the DNA upwards, cell by cell and so on to what sort of feathers and their colours the new bird might have. We do it all with light, and were you to come into our planes and look at how it all works you'd not be able to relate to it as we do. We can see you as you see the world and as you see yourselves, and we can see the world and yourselves as we nature spirits see it and yourselves, that being how angels see. And that is in light, and with light, and it's very hard for us to describe what that actually means because you are not a nature spirit or angel. And as you can vaguely see or imagine seeing auras for example, and sensing them around all living creatures and even inanimate rock, so far as what we see as what we'd call the aura is hundreds to thousands more times more intense and deeper than you'd ever be able to see. And this 'universe of light' is really how we have our being, by our coming and relating to you James and looking at how you see the world is very different for us, it's interesting, but it's nothing compared to the beauty and colour and light we constantly live in. However, each to their own, and although you mortal souls are slow on the uptake say in this area, by the time you attain Paradise you'll be able to soul-perceive such light like we can, so you'll get there in the end.

James: That's reassuring to know Verna. So we seem a bit dim to you nature spirits?

Verna: That's an understatement! James, you were amazed at viewing under crossed polar light the minerals in the common stones you were looking at in the thin sections during your geology course at university, you were in awe of the hidden beauty, well that beauty is a micro amount of the beauty of light we see, exist in, have our being in, and are of ourselves. So we see specification like some sort of amazing computer simulation you might be able to imagine, and yet for us it's not in a computer as such, it's all very real, the as yet unrealised or unearthed species are very real, they are in existence although not physically so, nor are they actually alive and so won't die, yet for us it's like our 'living imagination' if I can put it like that.

So we control the specification of Earth, and until you understand that, your scientists and religious thinkers will keep coming up with all sorts of explanations about how it's done, none of which will be anywhere near the truth.

And the other thing you might like to know when you ponder the amazing complexity of species, they themselves and their interaction with all other species, is this sort of thing, dealing with the complexities of such interactions, is our and the angels' speciality, it's nothing for us to design and work within them. Holding the whole complex nature of the physical Earth and its relationship with the spiritual realities is nothing, we can see it in our minds, work directly with it and within it, it's effortless. You wonder how can a bird know to migrate along the chosen path it does, how can it follow the magnetic lines aligning itself with the stars in the night sky, and yet keep going even when cloudy, unerringly homing in on its other home on the other side of the world? And yet for us that's nothing, to get creatures to do anything we want them to do is effortless. All the creature world of Earth is immediately responsive to us nature spirits, we're more evolved than it is, so we can make it do whatever we like, as can the angels, and in a way, should they need to, make us nature spirits do whatever they want. And we do, only we're more independent of mind, the next step on or up from animals and plants of the physical world.

And some other points I want to add: We nature spirits of Earth are ONLY nature spirits of Earth, and so ONLY concern ourselves with species of Earth. There are other angels, and the Life Carriers of course, who are concerned with other earths and the life on them and the overall synthesis of life within the Local Universe and the localised areas of it. So for such far reaching angels, and Sons and Daughters of God as are the Life Carriers, they view the whole of Nebadon as one large natural organism of life with each of the earth worlds expressing different aspects of Nebadon's 'personality', which really is the personality of the soul of Mary and Jesus combined with the Divine Minister.



So you can see, the Earth is a whole universe within itself, just as it's part of the Greater Universe. And then added to the material or physical universe, are all the spiritual levels with all their minerals, plants and animals of spirit origin.

And basically I think you'd have to be Finaliter to be able to comprehend more fully the enormity of it all and how one small material world like the Earth fits into and contributes to the whole.

Finaliter

So I think that should provide you with a little more insight into how we nature spirits are so far as some of our relationship to your natural world. But as I said, I can't reveal to you how the next Shift or major change will take place, but as you can already see for yourselves, there's already a huge reduction in species taking place. And so, why should this be happening? And part of the answer is of course for you to help see how much devastation and destruction you are reaping on your world

because of your persistence with your rebellious and anti-love ways, and part is in preparation for the next overall spiritual age that is to come on your world, with the Avonal Age being part of that, or within that.

James: Yes, I see what you're saying Verna. It's a lot to think about, and really as we have no idea about any of it, I suppose it's how each of us individually reacts to it all through our feelings.

Verna: It is James, as there is nothing else you can do. And as things are setting themselves up for a massive spiritual change, for a vast influx of truths to saturate the world with The New Way, something humanity has no idea about yet could be likened to having a bucket of cold water suddenly poured all over it, so the loss of species on the world will end up being the least of many people's concerns as they struggle to deal with assimilating all the new spiritual information. As John D. delights in thinking, what's a few hundred pages of mostly inaccurate rubbish contained within the Bible, compared to thousands of pages containing very liveable and important life-changing truths you are revealing. It's going to take time to assimilate it all, and it will be simply too much for most people, however small bits and pieces can be addressed as you continue to shed light on such subjects for those people who really are spiritually keen.



James: And you've just added more pages Verna!

REVEALER

Verna: It can't be helped James, it's what you are, yours and Marion's soul is a Revealer, so all those spirits, angels and nature spirits aligned with you, are all for the purpose of helping you with that revelation. And being Avonals and coming up through the dross, you are free to reveal a copious amount of insight, understanding and fresh truth. All of which John D. can take and do what he likes with – eh John... keeping you awake a little at night are you... no, not at all as you have to keep having your spirit system adjusted at night to cope with your dealings with James.

James: Well thank you again Verna, I need a rest now.

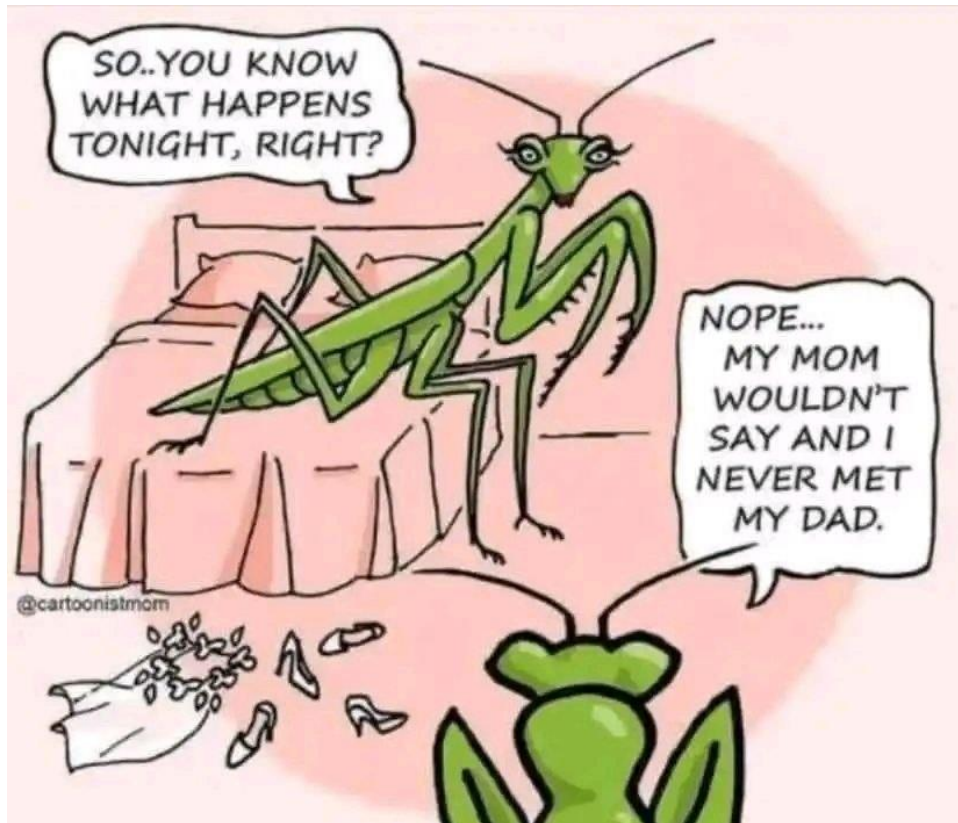
Verna: It's my pleasure James. Plenty more from where this all came from, should you feel the need to ask.

James: Yeah, I'll bear that in mind.

Verna: And so to end, let me leave you with this little bit: Once the door swings open, it's going to open very wide. So until then my dear one, keep expressing and paying attention to your feelings; keep longing for the truth, and keep feeling as demented as you can. Goodbye – Verna of Nature Spirit Land.



Hmm, well Verna, please explain this creation:



With Verna – a Nature Spirit

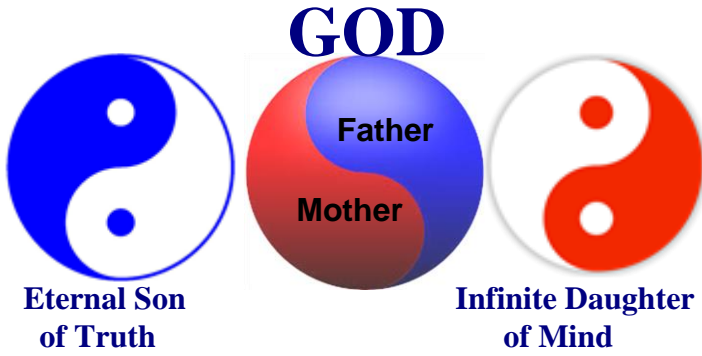
7 May 2012

James: So your spirit is very complex?

Verna, a Nature Spirit: Yes, it's not as straightforward as is yours, yours coming solely from your soul. Your spirit is your own unique spirit expressing the light of your soul; our spirits, also uniquely our own, however come from a composite of many other spirits. And in my case for example, and I'm about average, or 'usual' - as much as I hate to admit it, **I'm composed**, for want of a better word, **of about five hundred billion creature spirits**, so yes, you could say we're complex on that level. And yet on other levels, we're considered rather basic, we are after all *only* nature spirits, not great angels.

James: I suppose the spirit of a bacteria is not that big.

Verna: It's not a matter of big or small in the sense that you know it. It's all a matter of life experience, of light. All creature spirits are composed of light, this light being seen, related to, understood, even broken down into its component parts by higher angels. As you've been told, as it's the same for you, each experience you live is composed of many 'lights', that being that much light in the spirit of that experience. So our spirit existence is literally a sum of all the light experiences of light those creatures lived. Your light experience, or the light from your experience, goes into your soul, and then re-emerges being expressed as your spirit, as all that you are, all that sustains you in Creation; your truth being one part of that spirit that becomes manifest, that you live. The light from all our experiences goes into our mind, that being, into expanding and evolving our mental awareness and capabilities, the higher angels having a greater mind than we do. And that angelic mind is not to be confused with your mortal or spirit minds because the two are vastly different. The angelic mind you can't grasp with your limited mind, you can through your soul perceptions when you're healed and of Celestial truth, but until then, you'll have no idea about it. And it's not just a thinking mind as yours currently mostly is, it's a mind of action, or mind of pure and true thought, of insight, a mind of discovery and collection, the collection of all that it is - a mind of light. When an angel moves, it does so not because of its feelings like you do, but because of its mind, the spirit that its mind is, or, the mind of its spirit. Are you confused yet James?



CREATION of SOUL and SPIRIT:

God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one’s feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.

The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soul partner) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves, enabling the union with our soul partner, as we progress in truth up through the Mansion Worlds, Celestial Heavens and all the way to Paradise.



Feeling Pathway

Mind Pathway



Soulmate Pair



Angel



Spirit Person



Nature Spirit



The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.

NATURE SPIRITS will INTERACT and ASSIST US in our ENDEAVOURS:

Extracts from 'With Verna – a Nature Spirit' by James Moncrief

I, Verna – a nature spirit, would like to say to the people of future who will read this, that we are more than willing to make contact with you humans, however, **WE WILL ONLY DO SO WITH THOSE PEOPLE WHO ARE STRIVING TO LIVE TRUE TO THEMSELVES BY HEALING THEIR NEGATIVE STATES.** We can't otherwise, if people are choosing to remain as they are, all bound up in their evilness, untrue and bad feeling denial, as the new age will forbid it. Once the new Spirits of Truth have been liberated, we will have to adhere to them, not that we would want to do anything else anyway. And we can't wait to have the new Spirits of Truth to guide us as they help and guide you.



Now, why I'm telling you this is because there's going to be an upsurge of people saying they are speaking to nature spirits, people who are not doing their healing nor seeking the truth of themselves. They will say they are, and their nature spirit communication will be part of them doing so, but it won't be true. So beware, many people will say they are speaking to our kind when they aren't, speaking only to mind spirits in the lower Mansion Worlds and Earth planes.

It's far more important for you to gain a true understanding of your own personal role in nature, how you are to conduct yourself with nature, and also the same with the impersonal, the greater whole. And along the way your knowledge about how things are in nature will expand directly through your experiences and with our input. But (put this in capitals please James); **BUT OUR INPUT WILL ONLY COME TO THOSE PEOPLE WHO ARE STRIVING TO LIVE TRUE TO THEMSELVES THROUGH THEIR FEELINGS,** by doing all you have written James; essentially, all Mary has told you and all Marion has told and helped you with.

We are able to impress certain insights and understandings upon her (Marion), we do upon you both, all of which help you understand nature more; yours and the natural world, and your relationship with it. So everyone who grows in truth, as a part of that growth, comes to love nature more, relating to it very personally through their own nature, so we are able to move in and be with you.

James: So really your kind is to have a very close and complete relationship with us.

Verna: Yes, it will grow and evolve as humanity does. We are just a part of the natural realm as are plants, animals and the air you breathe. We should not be kept alienated from you. And just because you might not be able to see us, doesn't mean we are less important or have less of an influence on you, in fact we have more of an influence than does direct experience with plants and animals. Your hands on physical experience with nature is very limited, there is only so much you can do with and in it. But your understanding of it and its relationship to yourself and yourself to it, is all but unlimited, it growing – your awareness of it all growing, as you grow in truth. And humanity is meant to grow in complete harmony with the natural world whilst it's here with it, not separately from it as you currently are. You are going against nature, not going with it, so you are going against your own natures, not with them, which of course is why you're going against nature. Your parents set you against yourself, your own nature, so you don't see that nature offers you anything other than what you can get from it. But that's all thankfully soon to change, and as there is already a slow awakening taking place in certain parts of humanity as to how special nature is, so this will continue to evolve.

Nature Spirits control every aspect of the natural world:

28 June 2012

Extracts from 'With Verna – a Nature Spirit' by James Moncrief

We have a progressive consciousness, we are evolving our minds, as I've told you, but they being a creation of Mind can so be influenced by higher angelic minds. So really in the mock you had, what I meant was we nature spirits can prevent fish from being caught if that's what we're asked to do by either higher angels on behalf of the Mother and Father, the Divine Minister in Nebadon, or by Sons and Daughters of Truth, that being Mary and Jesus, the Creator Pair, or Avonal Pairs.

We'd know the Avonal pair would ask us knowing from their feelings and the truth they were living that it would be what the Eternal Son and Infinite Daughter desired.

We nature spirits can control EVERY aspect of the natural world if need be. We can make anything happen, from causing earthquakes and volcanic eruptions, down to move the smallest bacteria this way and that. We can bring about any mutations that are desirable, and we can work in the moment or over long periods of time. Nothing is too much for us when it comes to influencing the material plane, that's what we're all about as nature spirits, we do always and continually influence it. By our very nature, our very existence we're influencing it. Nature on the physical level doesn't and can't exist without our ongoing influence. And as to that influence, what it entails, that all awaits humanity, and one day we'll be able to tell various people everything we do. There will be those people destined to have very close and open relationships with our kind, and they will learn and see what we do. And then humanity will be able to move toward living more truly with us and our natural influence, all of which will make people feel so much happier about how they live and treat their natural environment. Currently you are so far away from the truth, heading fast in the opposite direction, so you are the furthest you've ever been from our kind. But once the age changes, then we'll be able to come to you as you'll be able to come to us and things will start to change for the better, that's what we're all looking forward to.

Potsy, the cat, her spirit has gone to join with the combined spirit from all Earth's creatures, to be drawn upon to create us nature spirits, and in fact the sporangia as well, having become part of the spirit collective energy from which my kind, among others, are drawn.



We, being ensouled humanity, are to move with our feelings, respond and act upon our feelings, we all are, and so based on our feelings we bring our mind into play, and then things happen which affect our feelings and so our mind adjusts accordingly.



John the Typist,
much younger,
in his overalls!



IN DOING WE LEARN!

The Job-ready Graduates scheme for university fees is on the chopping block – but what will replace it?

19 July 2023 Australia

The Job-ready Graduates package invests in higher education in areas of national priority so the higher education system can deliver the best results for students, industry and the community. This is to improve higher education for students. It is to improve accountability and information for providers, deliver more opportunities for regional areas, and is to support research.

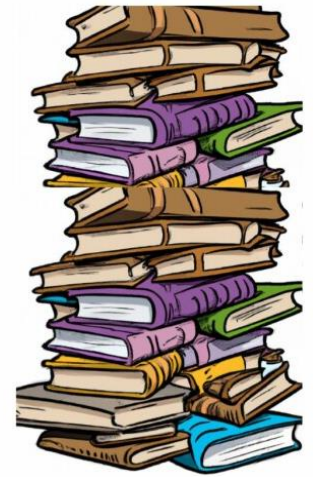
The changes are to deliver more job-ready graduates in the disciplines and regions where they are needed most and to help drive the nation’s economic growth.

HOW MUCH WE LEARN... FROM MISTAKES

FROM THEORY



FROM PRACTICE



STEM subjects are prioritised over Humanities. STEM stands for Science, Technology, Engineering and Maths.

The HUMANITIES and social sciences are the study of human behaviour and interaction in social, cultural, environmental, economic and political contexts. The humanities and social sciences have a historical and contemporary focus, from personal to global contexts, and consider challenges for the future, namely:

History, Philosophy, Geography, Anthropology, Religious studies, Linguistics, Classics, Literature, Archaeology, Social science, Sociology, Political science, Psychology, Digital humanities, Law, Fine arts, Art, Media studies, Gender studies, Language, Music, Visual arts, Art history, Ancient history.

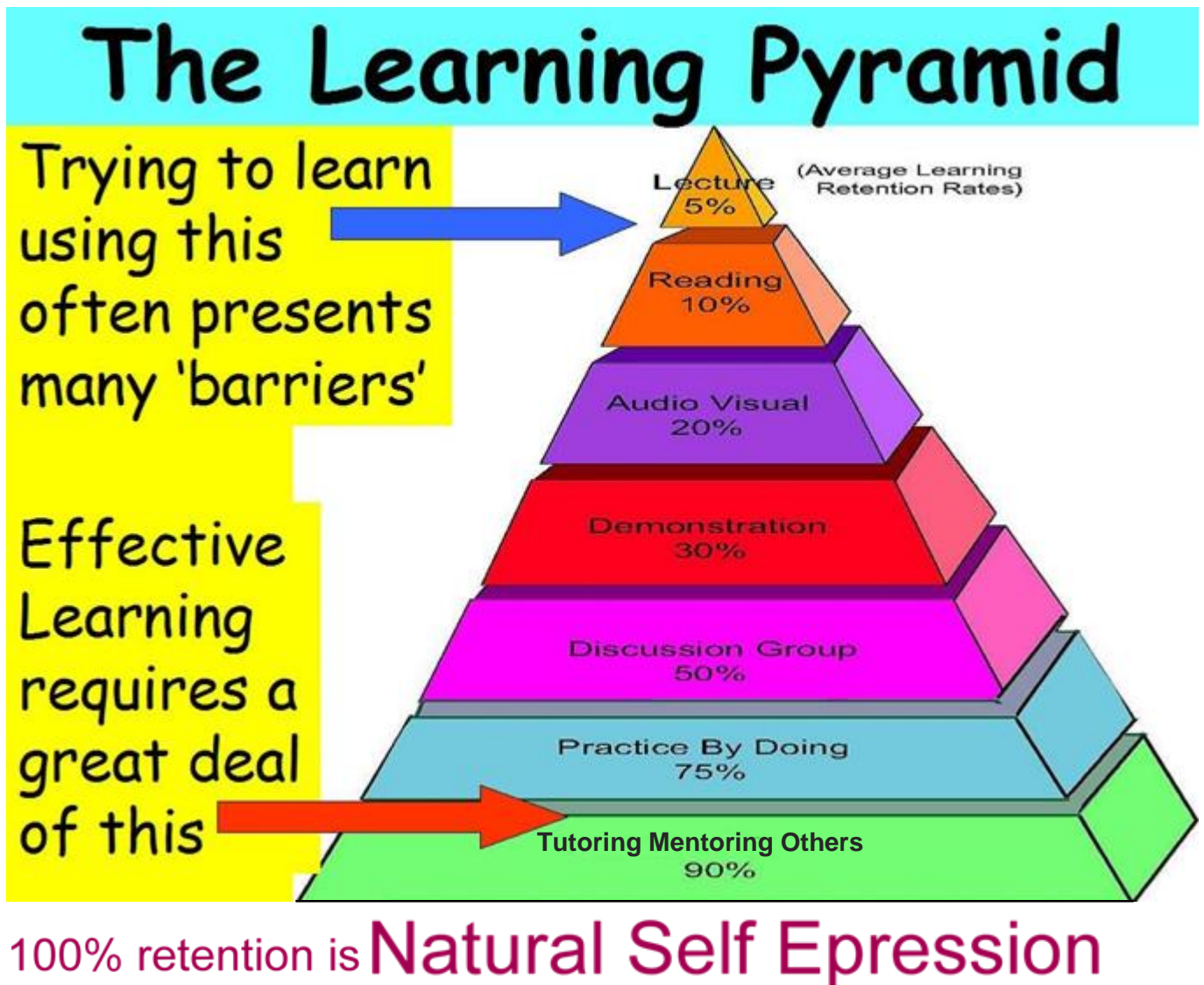
It was intended to steer students to courses that matched labour market demand (such as teaching or nursing) or other national priority areas (such as mathematics and foreign languages). Student contributions for these courses were discounted. Other courses, notably arts degrees, saw price increases. The cost of most subjects more than doubled. But this does not work.

Indigenous, regional, low socioeconomic status and female students would all pay more on average than they do now. This is because they are more likely to take courses that are currently discounted under Job-ready Graduates including nursing, teaching and agriculture.

Two key goals for the accord are to expand the higher education system to meet labour market skill needs and to provide more opportunities for people from disadvantaged backgrounds.

It is proposed a “universal learning entitlement” for tertiary education, including vocational and higher education. Currently anyone who meets university entry criteria is eligible for a government subsidised place and a HELP loan (student education loan), but whether they receive it depends on whether a university will accept them.

Work experience during the course is critical to the students’ comprehension of what he or she is being taught. Work experience typically disrupts part time employment that students need to survive throughout the years of higher education – this needs to be considered with each students’ financial assistance package. We learn by doing – not by listening to lecturers!





Australian Federal EDUCATION MINISTER – Hon Jason Clare

20 July 2023

<https://www.youtube.com/watch?v=83ZquZWQNO0>

<https://www.abc.net.au/news/2023-07-21/university-accord-student-higher-education-reforms-could-sting/102626504>

Poorer families from the outer suburbs, bush regions and indigenous students are three times more likely to fall behind the preferred levels of achievement than inner suburb students.

Fifteen years ago, the gap in reading skills of 8 year old members of poor families compared to wealthy families was 1 year – now in 2023 the gap is 2 years. And most of these children never catch up, in fact the gap gets bigger and bigger every year at school.

More students are dropping out of high school now (2022), particularly kids from poor families and particularly from public schools. In 2017, 83% of students at public schools finished year 12, whereas in 2022 it was 76%.



We now live in an age that every job being created will require you to finish high school AND then go onto TAFE or university. And that applies to rich, poor, city, outer suburbs, bush, indigenous, black and white. This is what gives us the skills we need.

Almost one in two now have a university or TAFE degree – but not everywhere – not in the outer suburbs, not in the regions, not in poor families.

Only 15% of students from poor families have a university degree today – and it's even lower if you are indigenous.

The review currently underway into education is in three sections:

Early education system

The education system

And the university accord incorporating all higher education.

There is to be a focus particularly for women to achieve a higher level of work force participation.

A student is 50% more likely to finish high school if they have been pre-schooled – and then those who have been pre-schooled are also more likely to continue onto higher education.

Every 4 year old is to be provided with 15 hours a week pre-schooling. The states of Victoria and New South Wales are taking that to 30 hours by 2032 / 2030 – that is 6 hours each of 5 days a week.

The objective is to evolve a truly universal education system. Presently, if you are from an outer suburb, from the bush or indigenous – you 3 times more likely to fall behind.

Small group tutoring in the Alice Springs school (in the remote centre of Australia) is improving literacy, behaviour, attendance and performance. Levels now being higher than for the capital, Darwin.

Presently 36% now have a university degree. That needs to grow to 55% by 2050.

Presently (2023) there are 900,000 university students that are supported with Commonwealth of Australia funding. That needs to grow to 1,800,000 by 2050. To reach these student numbers then a great increase in participation will need to come from the outer suburbs, the bush and indigenous communities.

Universal learning entitlement encapsulates those who are eligible for a Commonwealth funded place, from poor background and the regions, and from under-represented groups. A further expansion of the university education system is for the provision of degree apprenticeships.

HECS-HELP is a scheme that assists eligible Commonwealth supported students to pay their student contribution amount with a loan. HECS-HELP loans are available at all public universities and at a handful of private higher education providers.

HECS = Higher Education Contribution Scheme = the type of loan you take out as a university student to pay your contribution of your university fees. HELP = Higher Education Loan Program = this is the overall program that provides loans to eligible students (whether at TAFE, college or university).

Presently there are 34 university hubs throughout Australia. There are 34 to be added, with 20 in the regions and 14 for the outer suburbs. Hubs are beachheads for future universities.

A common thread is planned for preschool through to all levels of education and higher education.

The focus is move outside the 10 kilometre radius of central business districts (CBD).

Cost of living is an overarching influence on going to university – not the fees. Students who have to give up part time jobs to do work experience dominate those dropping out. Students choose courses that they are passionate about, the fees do not influence course option choice.

Pre-schooling leads to more young people finishing high school and then they choose university or TAFE. TAFE and university are EQUALLY important.

Typically a student completing either a TAFE or university degree may earn AU\$100,000 per annum whereas a non-graduate may earn AU\$70,000 per annum – that is a differential of AU\$30,000 each and every year of their working lives.

Of the jobs now being created, 9 out of 10 will require higher education qualification, 4 will be TAFE degrees and 5 will require university degrees.

Indigenous students who do not complete schooling are likely to end up in jail. A prisoner costs the government AU\$120,000 per annum. A higher education Commonwealth supported place (CSP) costs the government AU\$11,000 per annum. A Commonwealth supported place (CSP) is a place at a university or higher education provider where the government pays part of your fees.

address:

INHERITED AND/OR PSYCHIC BARRIERS
BIG PICTURE / LITTLE PICTURE VISION



What is something Russians are tired of hearing about?

<https://www.quora.com/>

I, Alex Chevko, live in Prague, in the Czech Republic, so I am going to write my answer from my personal POV, based upon my experience with Czechs. What am I, as a Russian, tired of hearing about from the Middle-Europeans?

Russians are brainwashed by their media: In general, Russians are very much aware of what is going on in their country. I even dare to say that they are more aware of what is going on in the world than their European counterparts since Russia has common borders with 14 countries. Russian media covers it very thoroughly – for example, many Russian journalists live in the places they write about, or at least have some ties there. Contrary to what many Europeans think, they also do inform themselves about what is happening in the West – sometimes with more or less pieces of ideology, sure, but much less compared to the tons of disinformation and half-truths in their European counterparts. Sure, there is pro-government media in the country – but there are many other voices which are just as loud.

Technology dependent societies: Societies that evolve to being technology dependent fail.

Humanities are not meant to be alone. That is, we are to learn and evolve through our experiences. As we grown in dependency upon artificial aid then our learning through doing is avoided and ultimately ended. This is the ending of a civilisation. There have been advanced societies on Earth prior to the present!

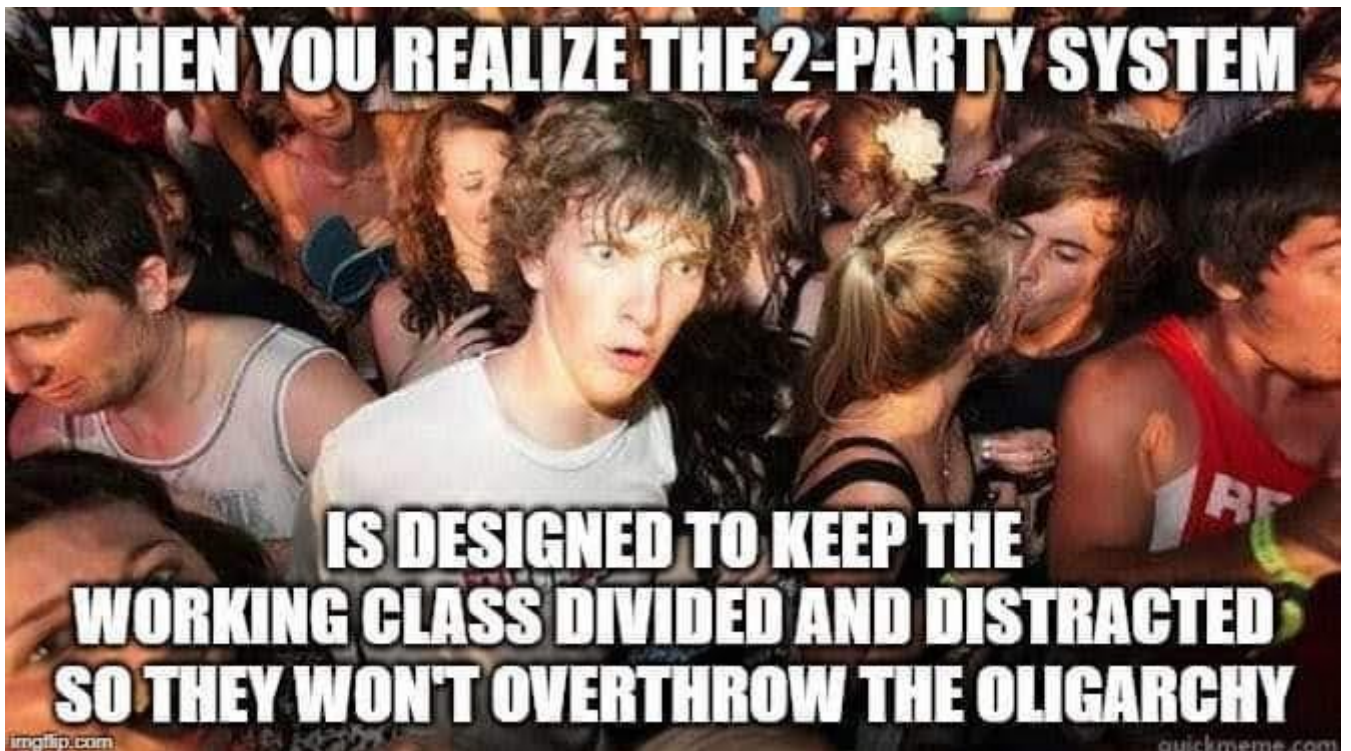
Further, indoctrination of the people is at the whim and control of small financially powerful cartels with covert selfish agendas that is readily imposed through the myriad of media platforms that readily collaborate for whatever funding they can get. Misleading information has brought about populations shutting themselves in their homes for weeks on end – whereas others did not without any differentiation to outcome relating to perceived threats.

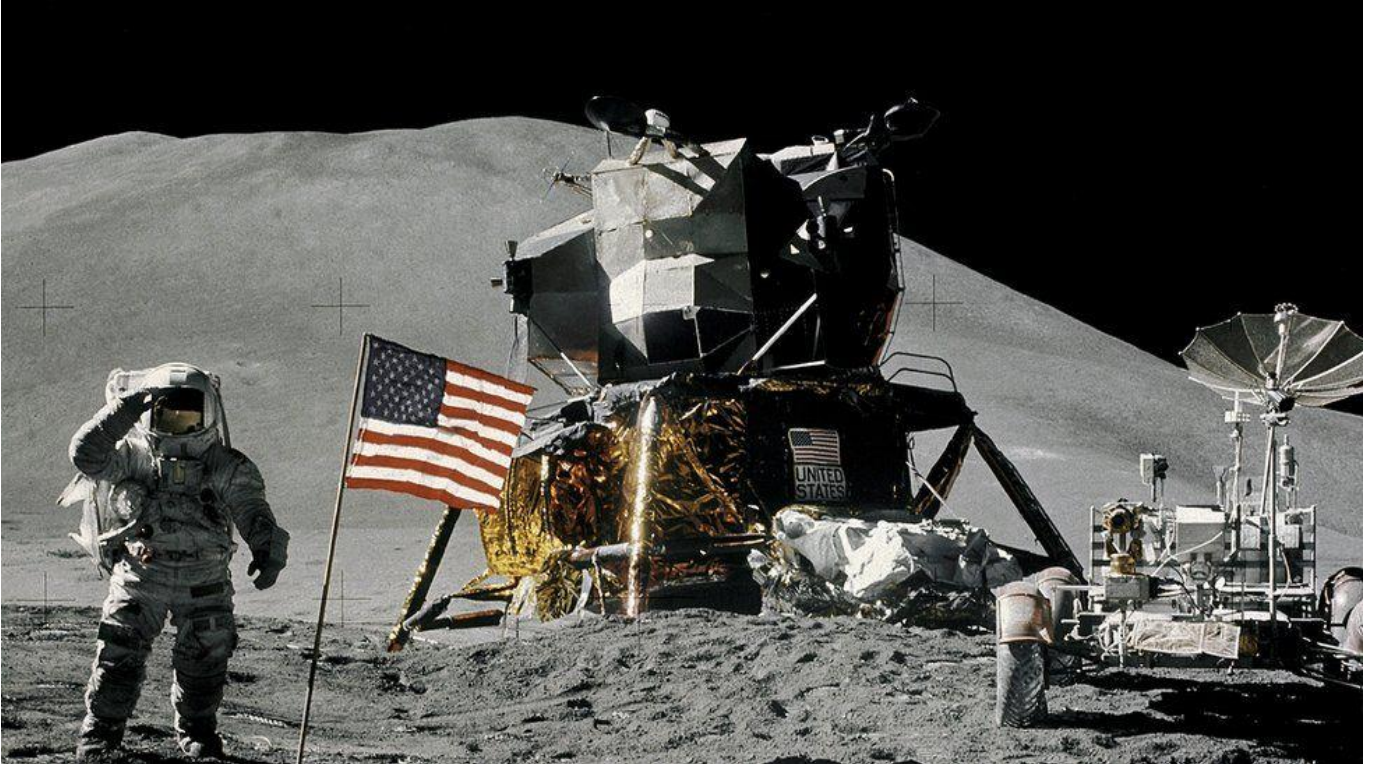
polluted media environment?



Through the use of kinesiology muscle testing, we each can test the level of truth of anything within a minute or so. Power vs Force by Dr David R Hawkins.

GLOBAL
FAKE
NEWS
Insanity Of
Humanity





Tektite glass in Apollo 12 sample

<https://pubmed.ncbi.nlm.nih.gov/17843588/>

Science 5 June 1970

The glassy portion of lunar sample 12013 from Apollo 12 is chemically more like some tektites from Java than like any terrestrial igneous rock. It satisfies all the chemical criteria for a tektite. Tektites are relatively recent and acid rocks, whereas the moon is chiefly ancient and basaltic; hence, tektites are probably ejected volcanically, rather than by impact, from the moon.

Tektite



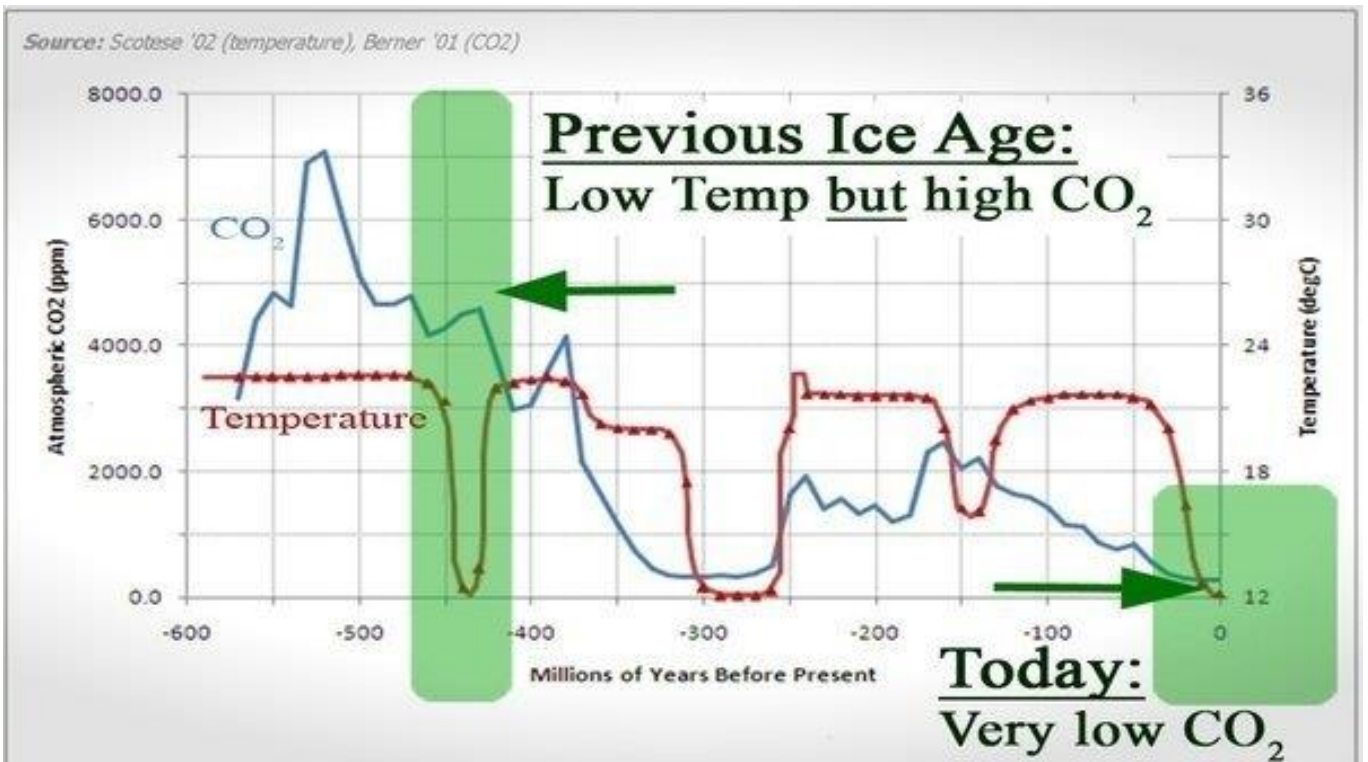
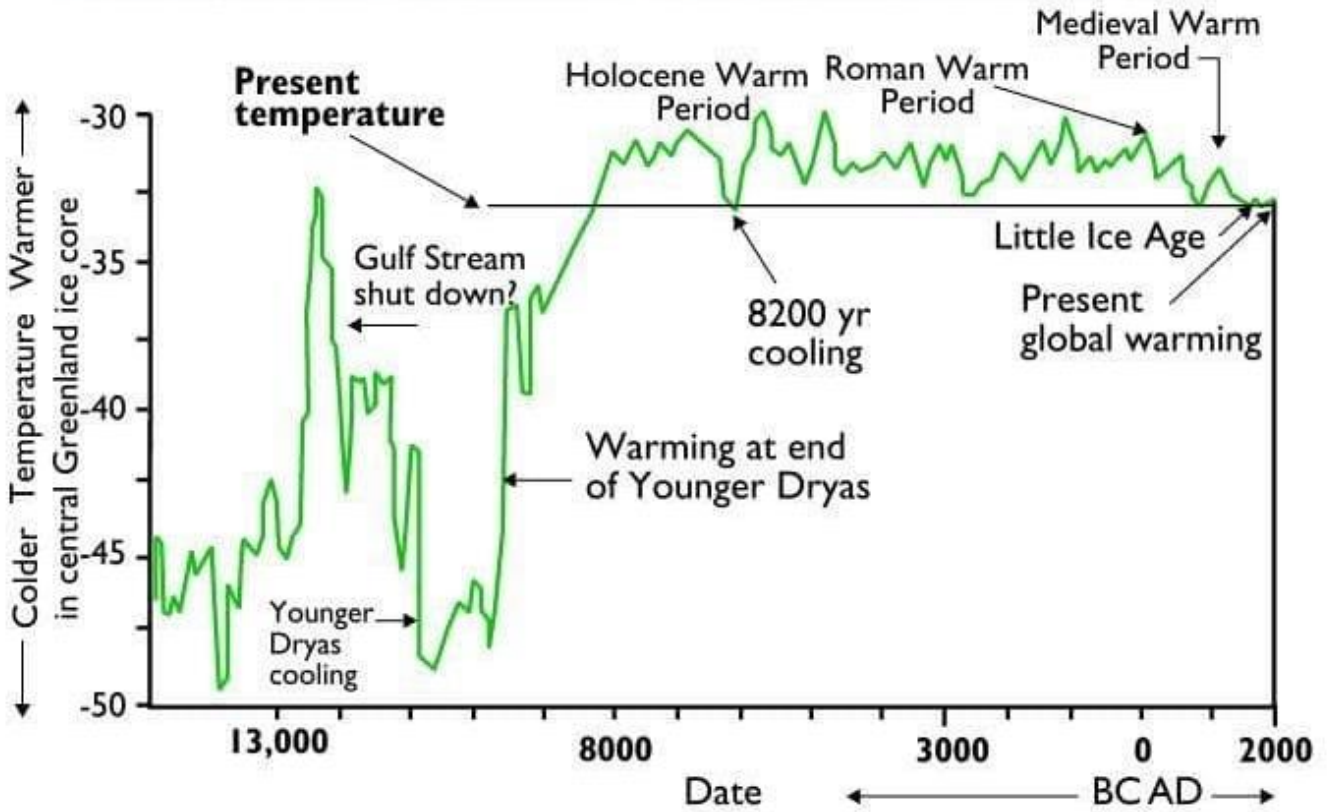
A major element of the six Moon landings was research into the Sun novering 12,000 to 13,000 years ago and that Earth is considered to be due for another cyclical pole shift. When the Sun novas it sheds its dust shell and the planets in its solar system are showered with tektites. The US government has deceived the world as to why it primarily went to the Moon.

Apollo Lunar Landings (1969 - 1972)

Apollo Mission	Launch Date	Landing Date	Landing Site	Latitude	Longitude	EVA time (hours)	Traverse (km)	Sample Return (kg)
11	16 Jul 1969	20 Jul 1969	Mare Tranquilitatis	0.674 N	23.473 E	2.53	0.25	21.55
12	14 Nov 1969	19 Nov 1969	Oceanus Procellarum	3.013 S	23.422 W	7.75	1.35	34.35
14	31 Jan 1971	05 Feb 1971	Fra Mauro	3.646 S	17.472 W	9.38	3.45	42.28
15	26 Jul 1971	30 Jul 1971	Hadley Rille	26.132 N	3.633 E	19.13	27.9	77.31
16	16 Apr 1972	20 Apr 1972	Descartes	8.973 S	15.501 E	20.23	27.	95.71
17	07 Dec 1972	11 Dec 1972	Taurus-Littrow	20.191 N	30.772 E	22.07	35.	110.52

There is NO correlation between atmospheric CO₂ and global temperatures!

TEMPERATURE CURVE LAST FIFTEEN THOUSAND YEARS



HIGHER CO² LEVELS are CRITICAL for FOOD PRODUCTION

How long do you think Earth has before all life goes extinct, due to either humans or natural causes (asteroid, global warming)?

<https://www.quora.com/How-long-do-you-think-Earth-has-before-all-life-goes-extinct-due-to-either-humans-or-natural-causes-asteroid-global-warming>

11 June 2023

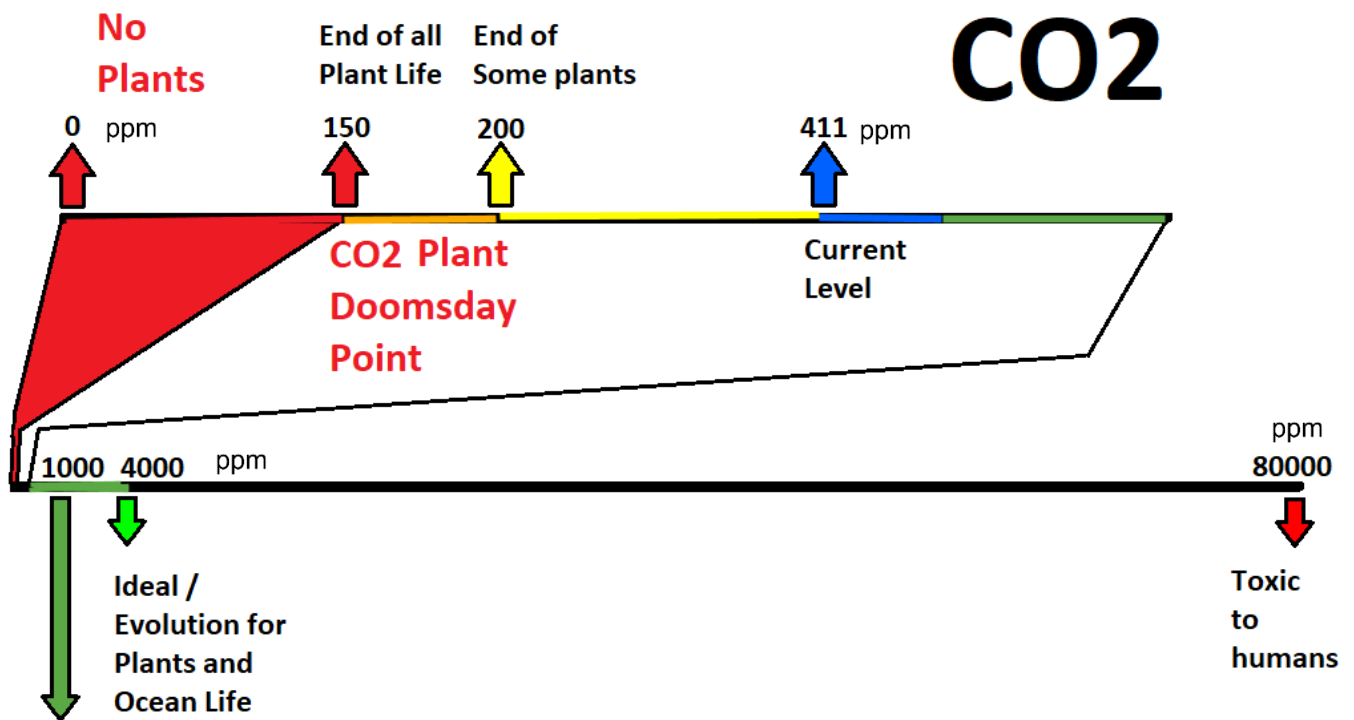
It really depends on how soon CARBON SEQUESTRATION efforts can reduce atmospheric CO² from 400ppm to 200ppm and cause a chain reaction of extinctions.

Long term levels of CO² in the atmosphere have been typically 1% (10,000 ppm).

CO² levels would need to increase 25 fold to reach that level – and still be low!

CO² levels presently are dangerously low and present worldwide famine potential!

CO² levels approaching 0.100% appear to be optimum for global food security!



Farm Greenhouses

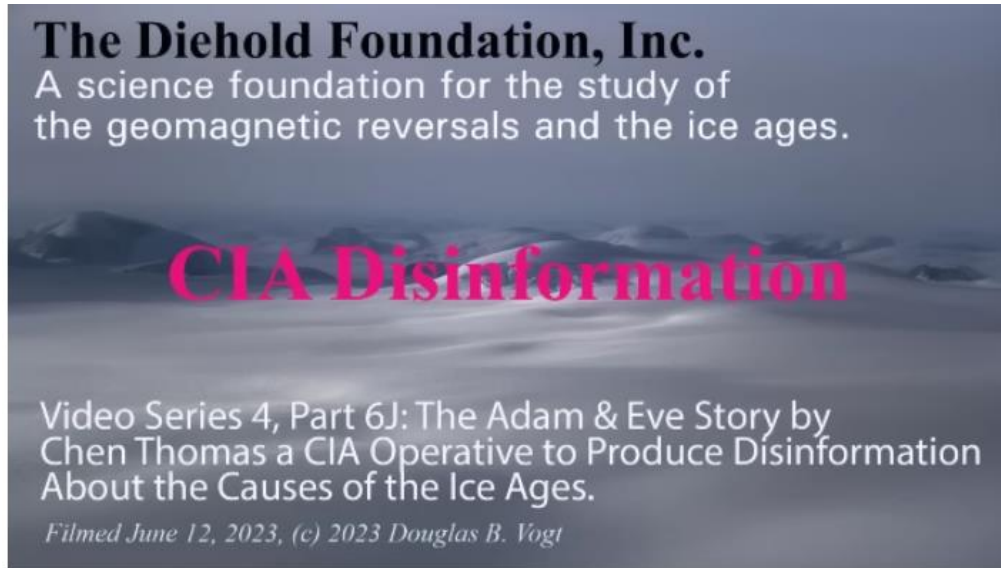
Level in a room of people

CO² has recently increased only from 340ppm to 420ppm, a long way off 1,000ppm!

Throughout the first quarter of the 21st century (2000 – 2025), humanity has been hell bent on its self-destruction by endeavouring to lower the atmospheric CO² levels, should they have fallen to the low levels as noted above, worldwide famine would have unfolded!

Science is confused and frequently in error due to dependence upon mind-centricity.

HOW DID THIS ERRONEOUS and HARMFUL PROPAGANDA ORIGINATE?



Series 4, Part 6J, Adam and Eve Story by Chen Thomas CIA Disinformation

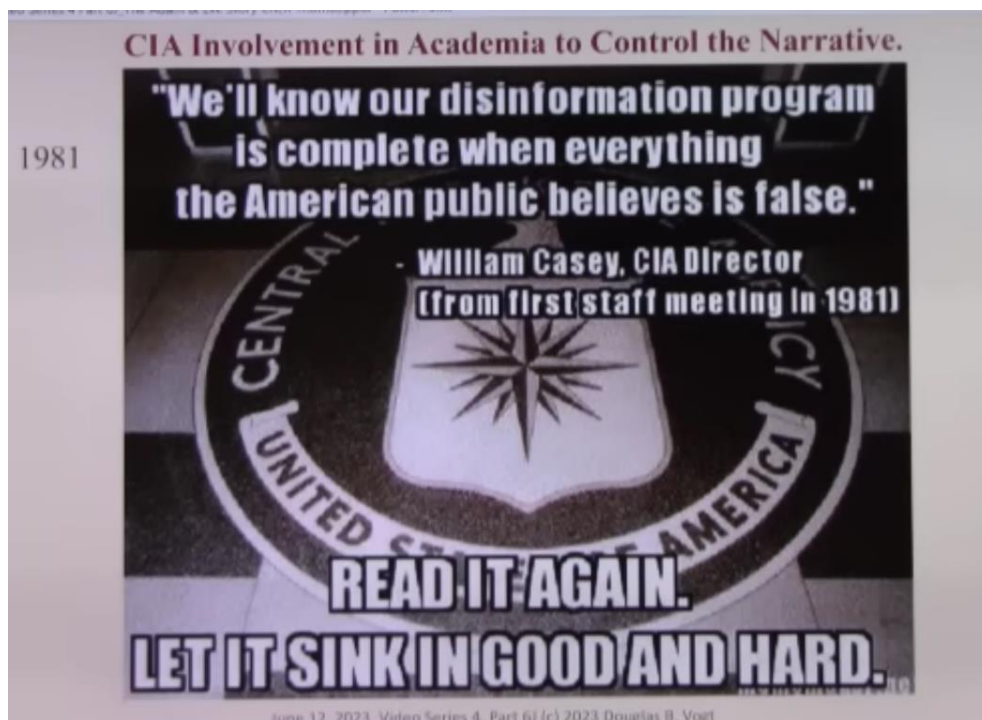
https://www.youtube.com/watch?v=cZkq_bCQmfk

<https://www.youtube.com/watch?v=ajp9Xr5n6cg>

Diehold Foundation published this YouTube on 12 & 17 June 2023

<https://dieholdfoundation.com/>

The alternative reality of what is causing global warming as well as what causes cataclysms, this being introduced by Chan Thomas with the false premise of carbon dioxide (CO²) as being the driver of global warming, while he was working with the USA agency of the CIA (Central Intelligence Agency). Through an act of Congress, being the Central Intelligence Agency Act 1949, encapsulating the Education Partnership Agreement, “improvement of education in science, technology, engineering, arts and mathematics”, which enables CIA to impose its programs of disinformation, as well as their own agendas and propaganda upon the people of USA through the education system as well as the media. However, Wallace S Broecker tried to give credence to the idea that CO² is causing global warming (Journal Science 8 August 1975). Broecker is really the father of global warming.



June 12, 2023, Video Series 4, Part 6J (c) 2023 Douglas B. Vogt



Factory packaged food is loaded with:

PRESERVATIVES

SUGAR SALT FAT

FOOD SUPPLY and NUTRITION

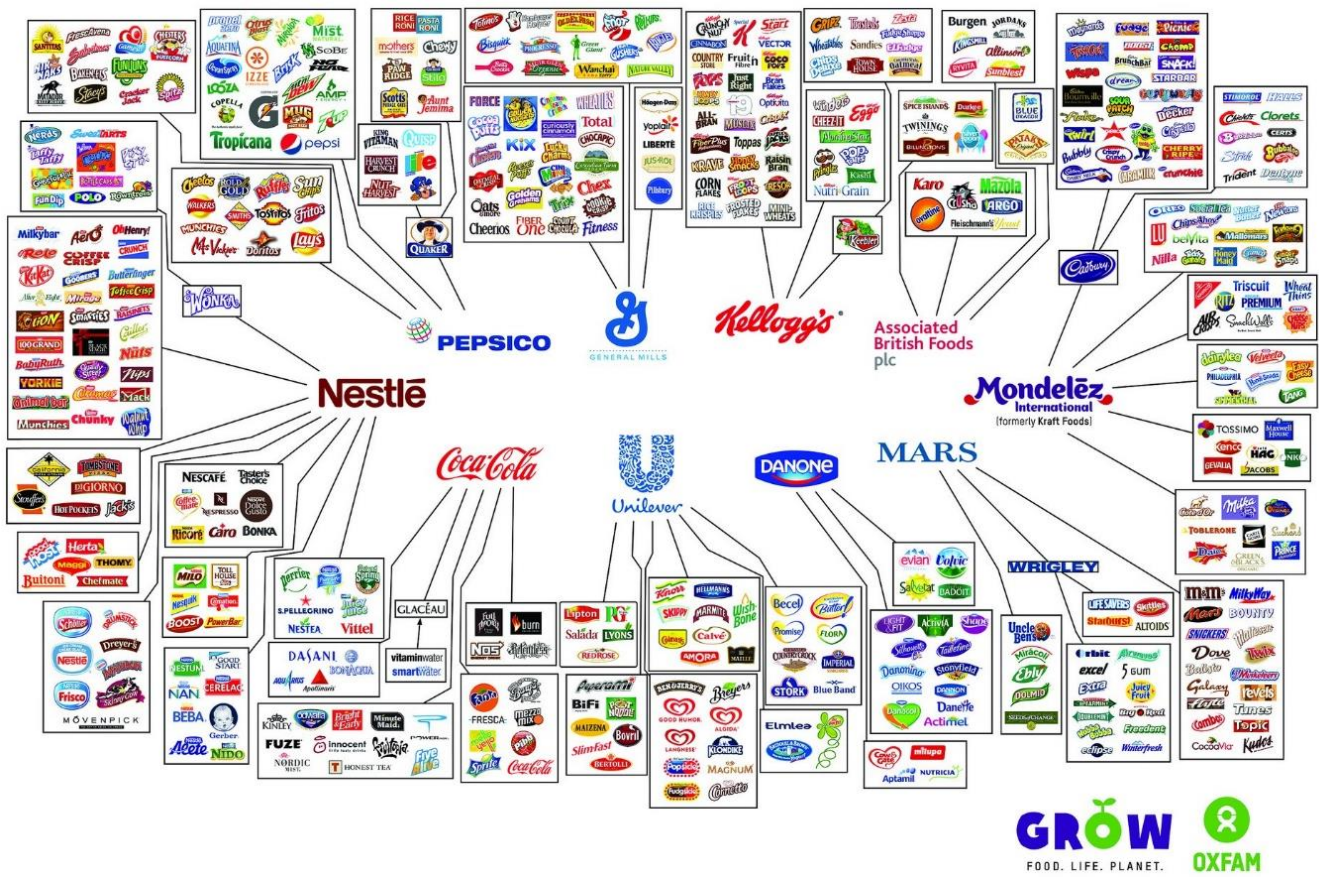
We look at the food supply coming from thousands and thousands of farmers only to find there are many choke points. Look at the ownership of grain elevators / wheat silos throughout a country. In USA the ultimate control and ownership leads back to the Rockefellers and in Europe to the Rothschilds. When you look at the thousands and thousands of different food items in supermarkets you find that they remarkably lead back to around a dozen major food manufacturing conglomerates and then with difficulty you find control and ownership is in the hands of 'The Global Food Cartel – Instrument for Starvation' being [hidden controlling cartel members](https://healthimpactnews.com/2021/unmasking-the-global-food-cartel-is-massive-starvation-and-population-reduction-their-next-move/).

<https://healthimpactnews.com/2021/unmasking-the-global-food-cartel-is-massive-starvation-and-population-reduction-their-next-move/>

“Ten to 12 pivotal companies, assisted by another 3 dozen, run the world’s food supply. They are the key components of the Anglo-Dutch-Swiss-American cartel, which is grouped around the 2 families (Rothschilds and Rockefellers).”

MAP of CONSCIOUSNESS	MoC	calibrations
Food	200	At this level and above food is life enhancing.
Food, Commercial Cat	192 – 202	Below 200 is anti-life – negative.
Food, Commercial Machine-made	188 – 200	Energy dense but nutrition poor.
Black Tea	185	Refining of most foods removes nutrients.
Percolated Coffee / Cappuccino / etc	165	
Corn Flakes	85	

Again, we each can use kinesiology muscle testing and Dr David Hawkins’ Map of Consciousness scale to determine the energy level of factory processed foods, as he did:



If the food comes in factory packaging, it is expensive and of little nutritional value typically. Fresh from the market is best but better still is the food grown in our home back yards!

FRESH is BEST!

As we review the following energy calibrations we note that the more numerous are the processing steps in bringing our food to our tables, the further the energy and nutritional value is depleted.

It goes something like this:

		MoC Calibration
Obtained absolutely fresh	energy level could be, say:	500
Cutting it up or grinding it	process lowers energy level by 100 therefore now	400
Cooking process	lightly stirred fried is best – baking is too long	300
So let’s put it in a container and freeze it	drop another 100 points	200

Note: The Map of Consciousness (MoC) scale is based on the common log of 10. A 1 point variation is a 10 fold variation. 10 points is 10,000,000,000 times increase or decrease in energy. The above reductions are mind boggling drops in food nutrition and energy at each step in the processing chain.

Kindly visit www.pascashealth.com then Library Download, scroll down to Nutrition and click on:

[Pascas Care Energy Level of Food.pdf](#)

Pascas Food Basket



Pascas Food Basket agenda is focused firstly upon 'Fresh is Best'. Home grown food in organic conditions being eaten while fresh, having being picked ripe and then home prepared, is the ultimate nutritional food we can have.

Nevertheless, in situations where there are shortages then it is what can be provided having the highest level of life sustaining nutrition possible.

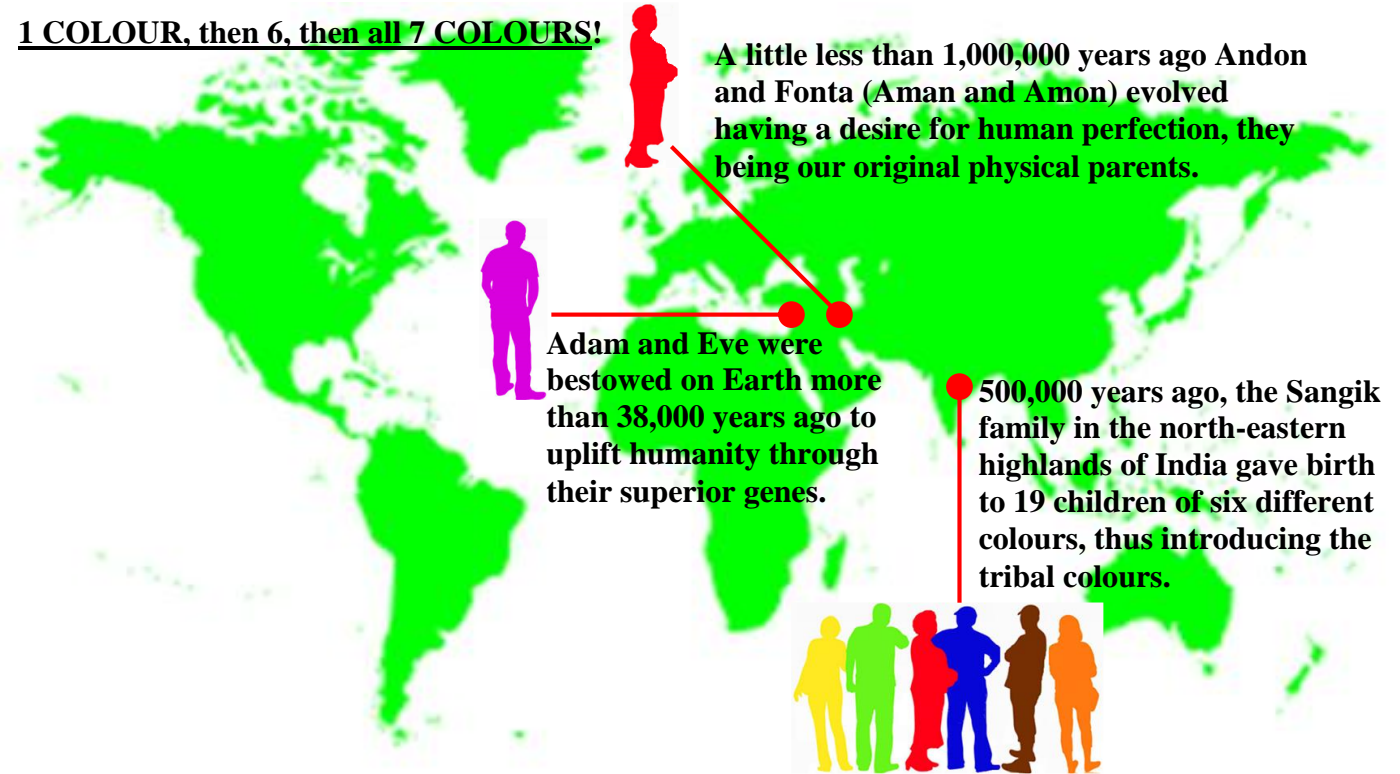


Food Incorporated Stewardship for Hunger



SKIN TONES and COLOURS of HUMANITY

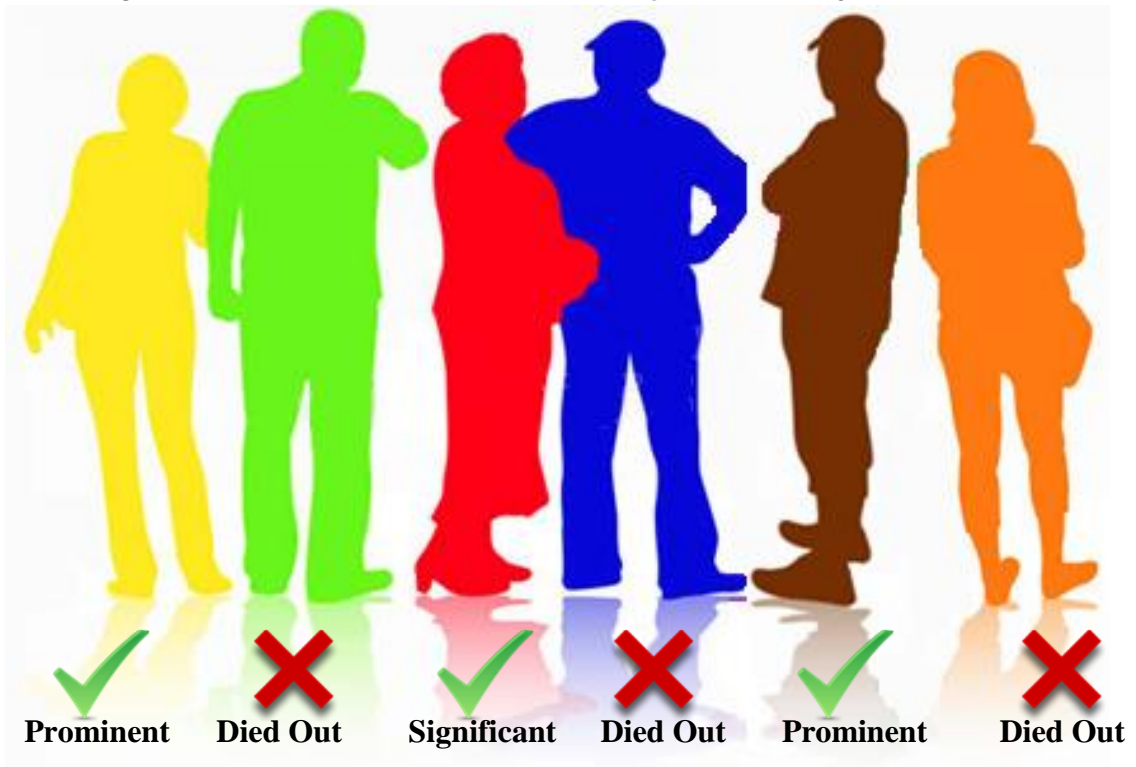
1 COLOUR, then 6, then all 7 COLOURS!

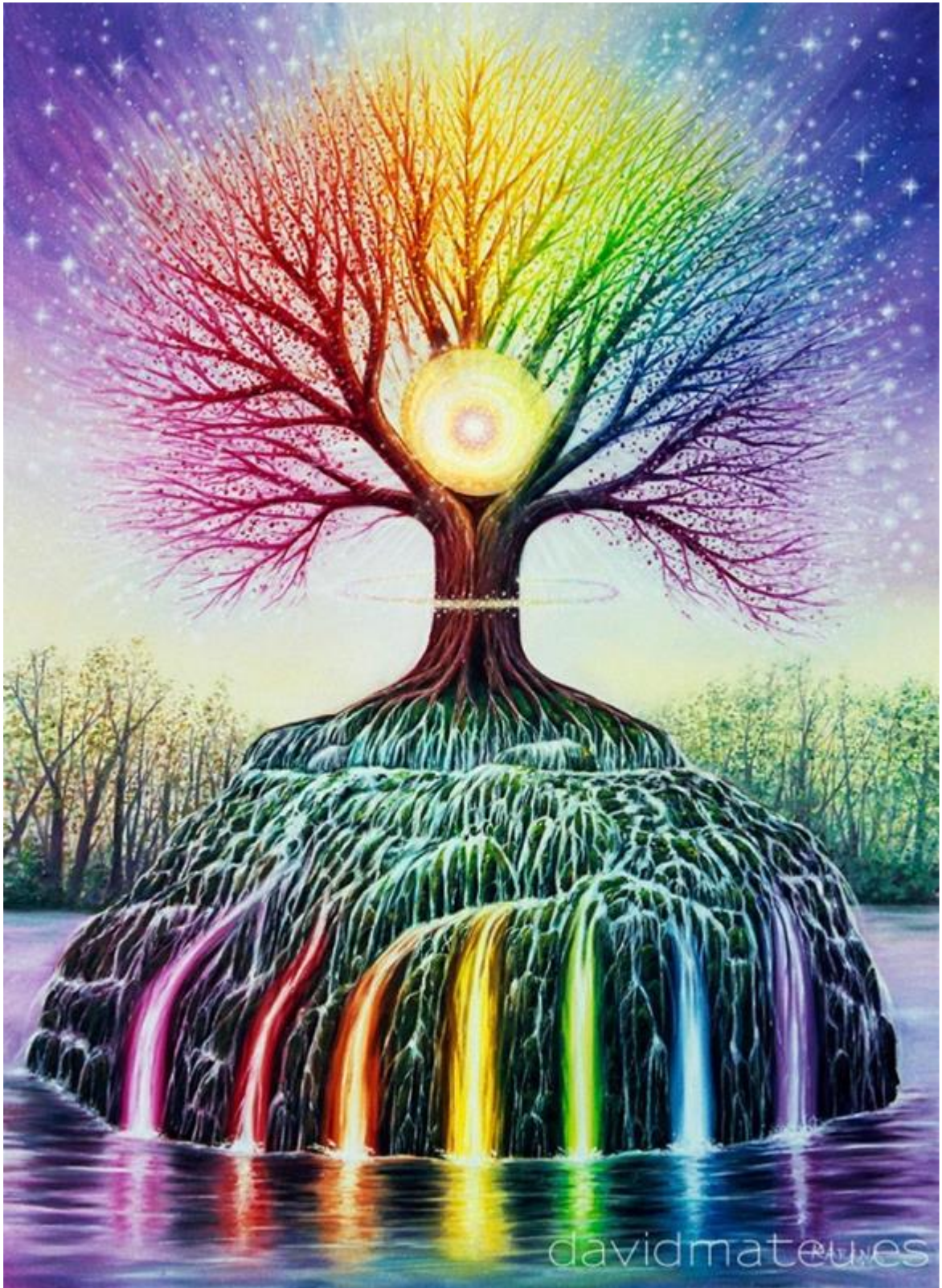


HUMANITY PHYSICAL COLOURINGS and order of emergence:

500,000 years ago Sangik parents of the Badonan tribes of the north-eastern highlands of India gave birth to all six colours – 19 children to one family!

Yellow	Green	Red	Blue	Indigo (black)	Orange
3	4	1	5	6	2





Our skin colours as and how they arrived:

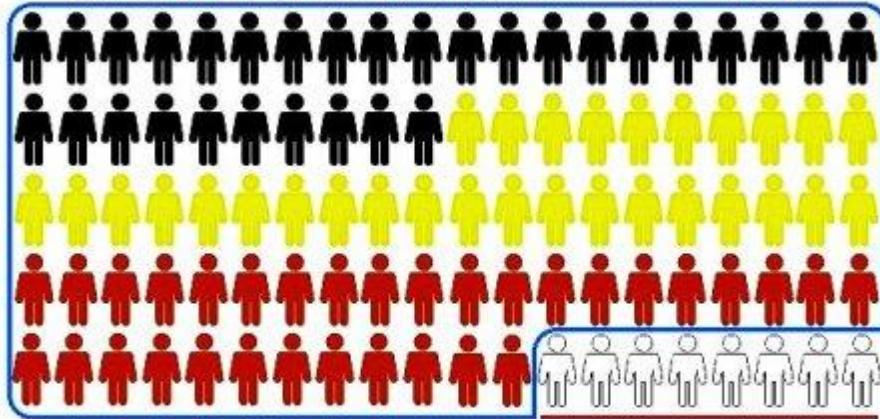
Being the colours of the rainbow!

Red by Andon and Fonta from south of the Caspian Sea some 993,500 years ago (also brown and black hair with brown and black eyes).

Orange, Yellow, Green, Blue and Indigo by the Sangik Family from the north eastern tablelands of India some 500,000 years ago (they had 19 children 5 red then 2, 4, 2, 4, 2 in order of colours).

Crimson by Adam and Eve from the Garden of Eden more than 38,000 years ago (also blonde and red hair with blue and green eyes).

GLOBAL POPULATION BY RACE



"Minorities"

Majority

**Non-Whites are the overwhelming majority on this planet.
Whites are a tiny minority.**



A humanity is endowed with seven colours, just like the rainbow in the sky!
 993,500 years ago, our first humans were the twins, Andon and Fonta and they were redskins having an appearance approaching that of the Eskimos. These red skinned people travelled far from south of the Caspian Sea, reaching Tasmania – Australia’s south, 950,000 years ago!
 Re: The Urantia Book



500,000 years ago the Sangik family in the north- eastern highlands of India had 19 children, 5 red, 2 orange, 4 yellow, 2 green, 4 blue, and 2 indigo (black) – the first and only rainbow family!

These formed groups and sometime later the orange, green and blues died out – killing each other!

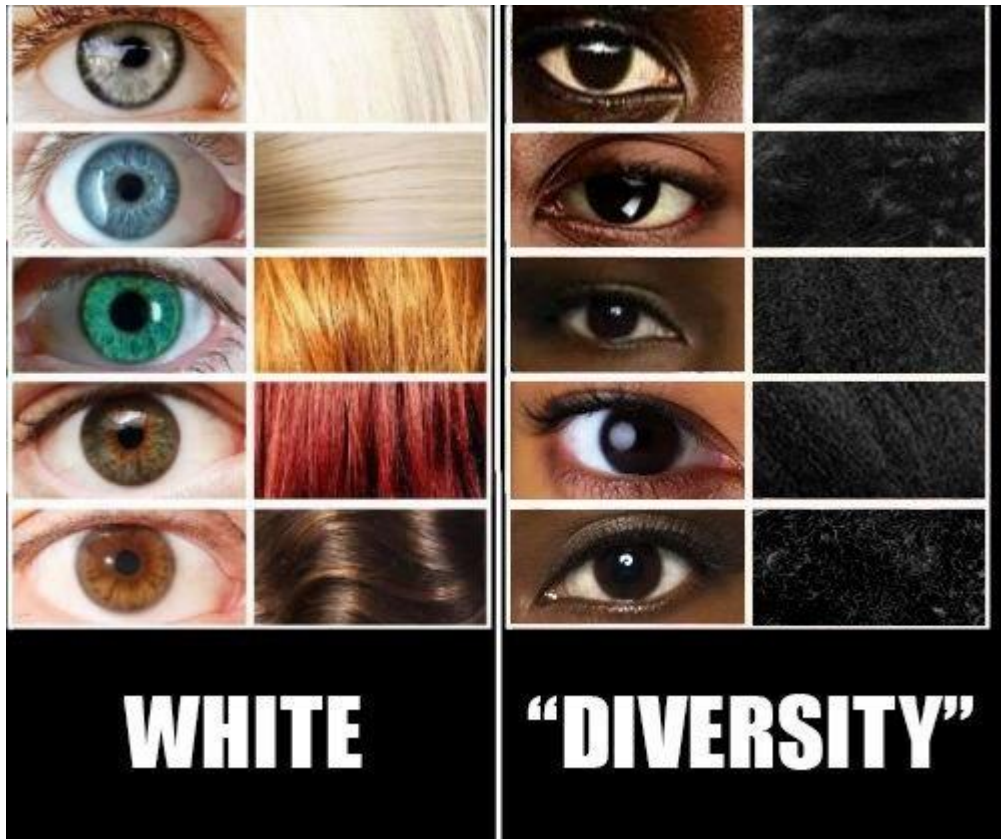


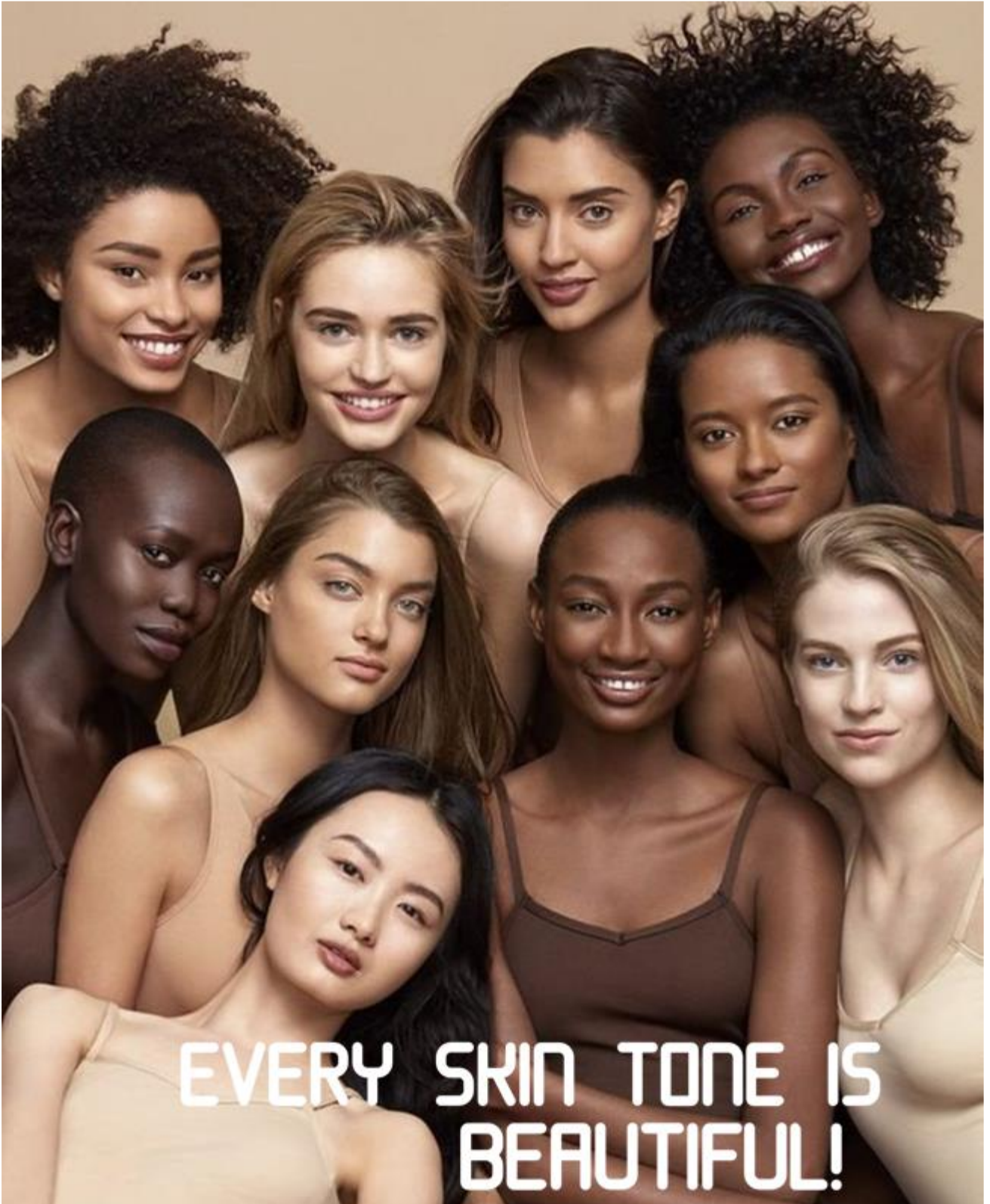
Adam and Eve materialised on Earth more than 38,000 years ago and introduced the remaining colour, violet (white). As you can see, there are no black or white people!



Earth’s humanity now has four colours, red, yellow, indigo and violet. They will intermingle and blend to become of an olive complexion!







**EVERY SKIN TONE IS
BEAUTIFUL!**

Now this is an incredible indigo skin tone – she is a model from Sudan.



**Meltima
Roto**

OF THE
**COLORED
PEOPLE**

Coffee COLOURED
PEOPLE



Things money can't buy

1. Manners
2. Morals
3. Respect
4. Character
5. Common sense
6. Trust
7. Patience
8. Class
9. Integrity
10. Love



LAW OF COMPENSATION & LAW OF COOPERATION

James Moncrief

8 October 2022

Through the earthing of the Law of Compensation as well as the Law of Cooperation, Earth's humanity is going to experience 1,000 years of peace. Preceding this coming into full operation there may be great consternation between nations, however peace is to unfold for 1,000 years.

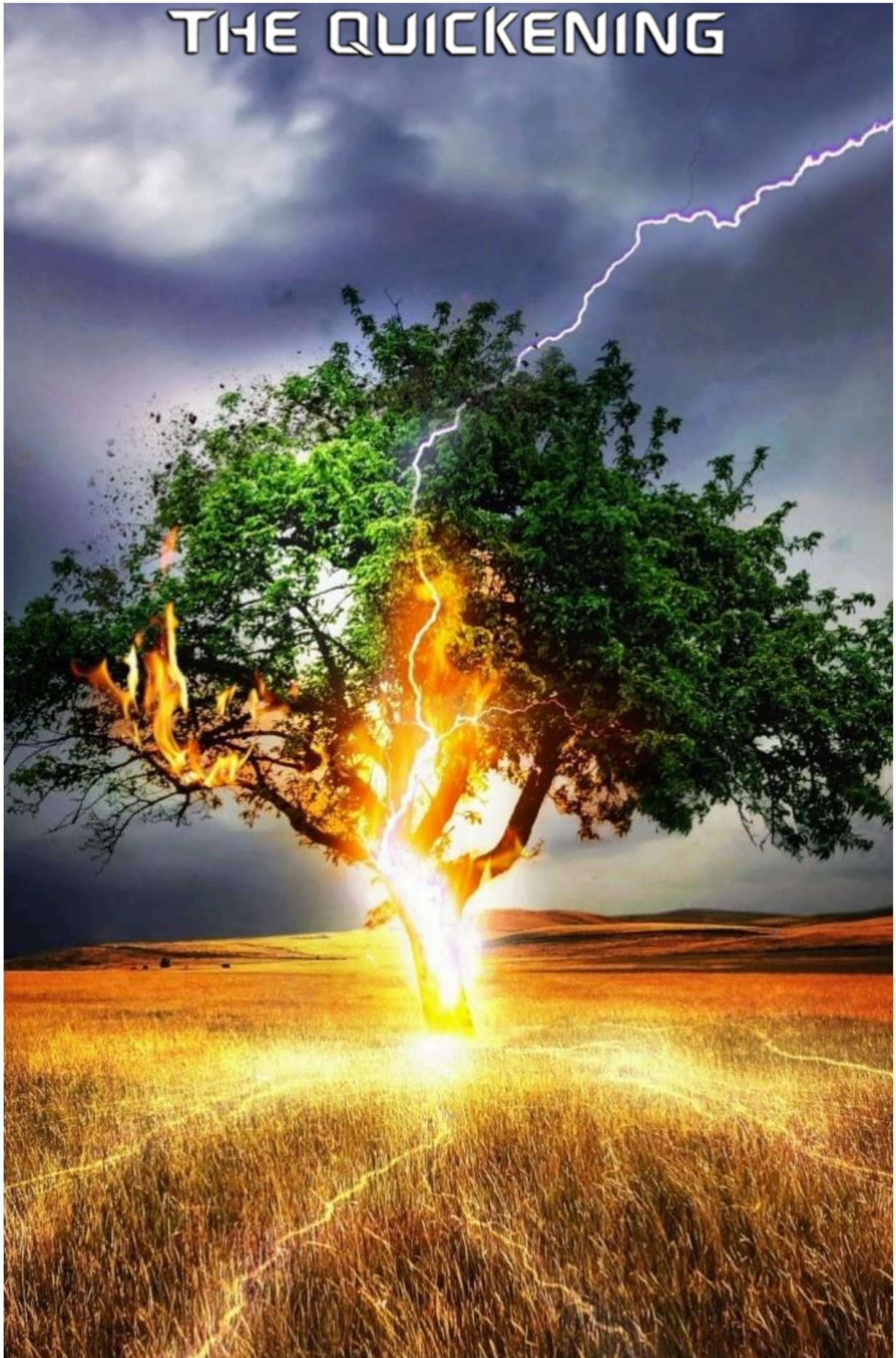
Currently on Earth in our rebellious states, the Laws of Compensation and Cooperation are not active. So we live with the 'every man for himself' ethic, the powerful being the successful 'winners' who dominate the not so powerful 'failures'. Whereas in the Mansion Worlds (and the rest of non-rebellious Creation), equality, so even in a rebellious state, is the Law, and so if you cross the line inflicting dominance over another causing some level of suffering, pain and hurt, you will instantly come under the workings of the Law of Compensation and have to compensate for such transgression by feeling all that pain, hurt and suffering you have caused the other spirit to feel. So naturally, Universal Law and Order is maintained by everyone honouring the Law of Compensation, no one wanting to bring its 'wrath' down upon themselves.

Then added to keeping the peace, is the Law of Cooperation, for everyone in the Mansion Worlds who are happy and content to further their rebellious mind state in worlds 1, 2, 4 and 6; or doing their Healing, starting in world 1 and moving through 3, 5 and 7. So everyone willingly feels they want to cooperate with everyone else. Therefore, in the rebellious mind worlds, all spirits willingly and 'lovingly' cooperate with all other mind spirits; and the same in the Healing worlds, together with everyone willingly cooperating with the Healing. If you don't want to cooperate then you'll feel very bad, so everyone willingly wants to do some 'work' for the greater good of all. So there is no need for spirit money or spirit barter for any work done, because everyone willingly loves to work for other spirits, wanting nothing in return, loving giving and receiving as they feel moved to do. So for example, many spirits make spirit clothes out of the spirit material willingly and lovingly for other spirits to wear, freely giving such spirit clothes away, not wanting anything in return other than the receiving spirit being happy to wear and love their clothes. So, the Mansion Worlds function peacefully in their rebellious states – or in their Healing states.

So, now imagine if the two Laws are activated and applied to humanity on Earth... how would things change – and drastically change they would!

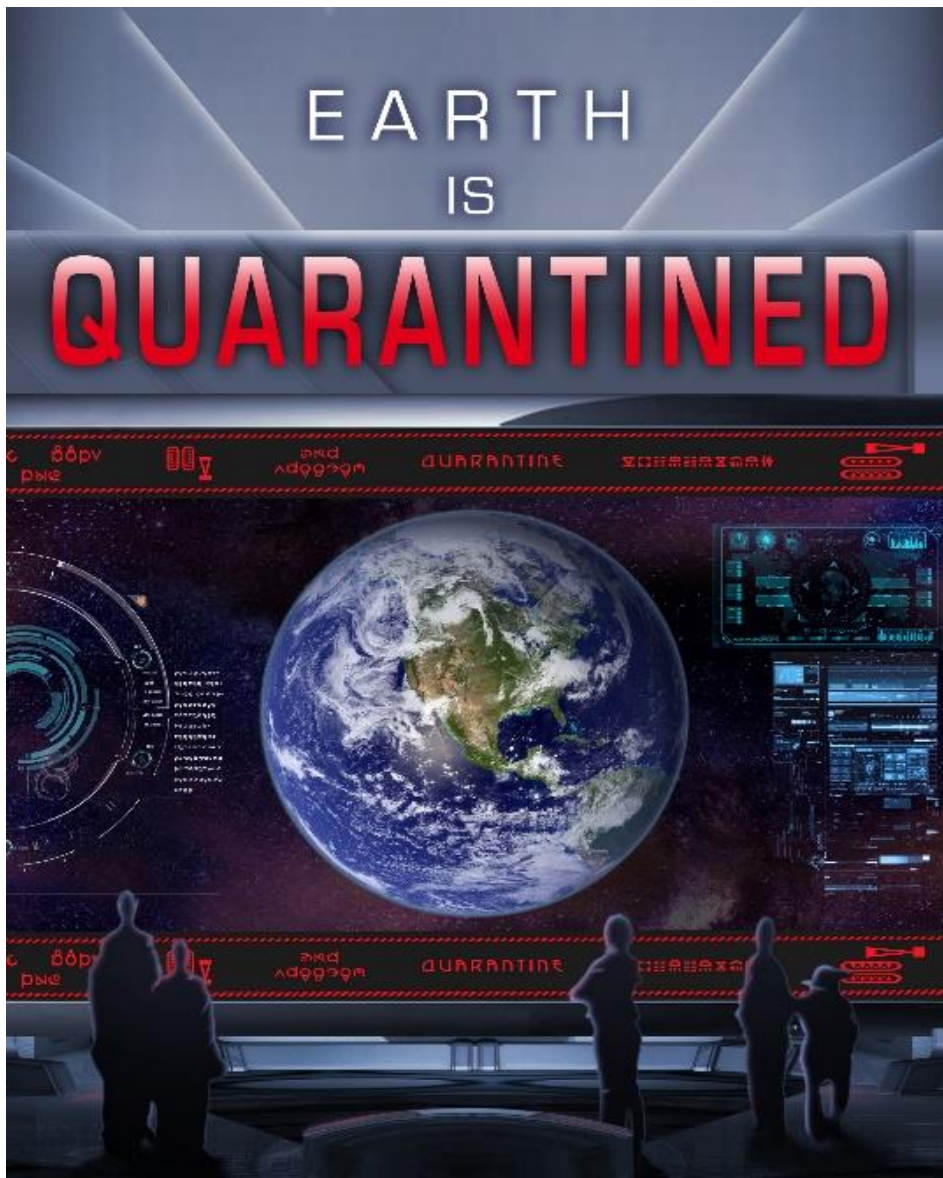
LAW OF COMPENSATION

THE QUICKENING



The Earth is in Quarantine

200,000 YEARS



This is why and how, with certainty, that Earth has not had any alien visitations, apart from the enormous distance issues!

Healed potential



Insightful **Genius**

Brilliance!

DYNAMIC

vibrant

Soul Partners

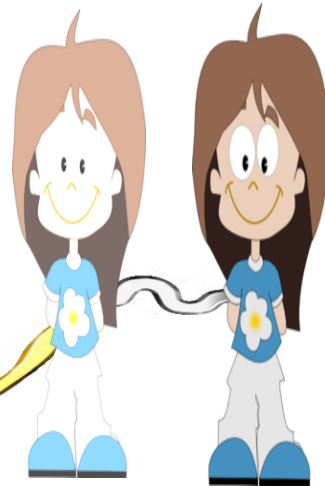
Physical / material body
Brain

Spirit / etheric body
Mind

Soul + Spirit Combination
Senses
Desires
Memory
Passions
Intention
Free Will
Emotions
Creativity
Awareness
Personality
Aspirations
Intelligence
Consciousness
The Real You is your Soul!
Our Soul orchestrates everything!

ONE SOUL = TWO PERSONALITIES

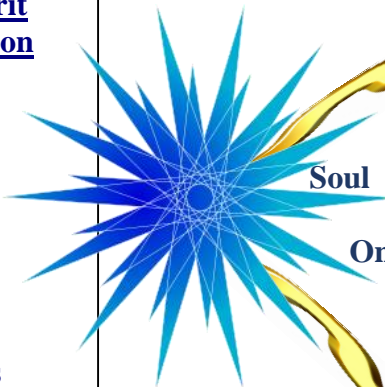
The two personalities from the one soul are eternally compatible once they are healed of their Rebellion and Default.



Spirit Body

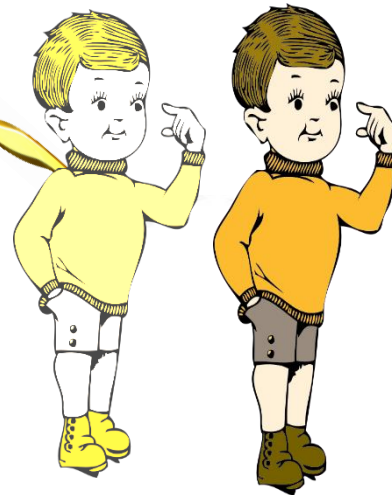
Physical Body

One Soul = Two Personalities



Soul

The capabilities and potentialities of every individual personality is only limited by their childhood suppression and repression. Once we heal, then our self-expression will reveal our true selves.



Soul Partner

Many long for and seek their soulmate / soul partner which they will find only upon completing their Feeling Healing. And should they have embraced Divine Love, becoming of a Celestial soul condition. Our soul is duplex. One soul expresses two personalities – one being female and the other male – always. There is no homosexuality on a soul level, only on a dysfunctional personality level. When each soulmate couple have respectively healed the Rebellion and Default within them, then being compatible partners for all of eternity, embark upon their joint journey (ascension) to Paradise – the home of our Heavenly Mother and Father – the Original Soul Partners!

During 2020, this account was made of soul partners of a family group who had lived close together in a small rural community in mid New South Wales of Australia. They are all now in the Celestial Heavens. More or less, the diversity of experiences and journeys may be considered typical for many billions of family personalities:

Nanna Beth's soul partner lived and worked in Western Australia's gold mining industry at the same time that Beth lived in New South Wales, Australia.

Her daughter, Marie's soul partner is a native from the Middle Eastern Kingdom of Quasoria, which no longer exists, but was on an island in the Pacific that also no longer exists. He's what you would call an ancient spirit, from three pole shifts back. (A pole shift is a cyclical event that unfolds around 12,000 to 13,000 years, the last one being more than 12,000 years ago. That suggests he may have lived on Earth some 40,000 years ago. Adam and Eve materialised on Earth more than 38,000 years ago in the Middle East, on a peninsula at the eastern end of the Mediterranean Ocean.)

Kevin, born in 1937, married Marie's eldest daughter. Kathaleen, Kevin's soulmate / soul partner was born in 1901, and is from Tennessee, USA, and is black. Kevin is white, so they are 'salt and pepper'.

Bradley, Kevin's son, suicided in 1999, and early April 2018 became Celestial. Bradley's soul partner is from the region that is now Russia – but it was not when she lived.

Raymond, Nanna Beth's grandson, died aged 23. Raymond entered the 1st Celestial Heaven in May 2018. His soulmate / soul partner had been in the Celestials for about twenty years and she was in the third Celestial Heaven sphere then. She is from northern Europe.

Benjamin John, Marie's grandson, miscarried at twelve weeks and was spirit born. His soul partner is also spirit born and they are now in the 2nd Celestial Heaven, both having had lives in the spirit Mansion Worlds that replicated living as if they were on physical Earth.

Physical incarnation (individualisation) is complete with the first heartbeat, around 16 days after conception. Reincarnation is impossible. Annually, 130 million physical births take place, 45 – 50 million abortions as well as 45 – 50 million miscarriages. Childhood deaths annually may be as high as 10 million. Thus, around 45% of all incarnations do not achieve adult life.

While we remain living within the Rebellion and Default, we are rebelling against our soul; and consequently, against our soul partner. If we were able to find our soul partner, let alone recognise him or her, we would more than likely be repulsed by each other. Upon completion of our Spiritual Healing, usually we become connected with our soul partner, and then it is so for eternity.

EXPERIENCES, FEELINGS and TRUTH:

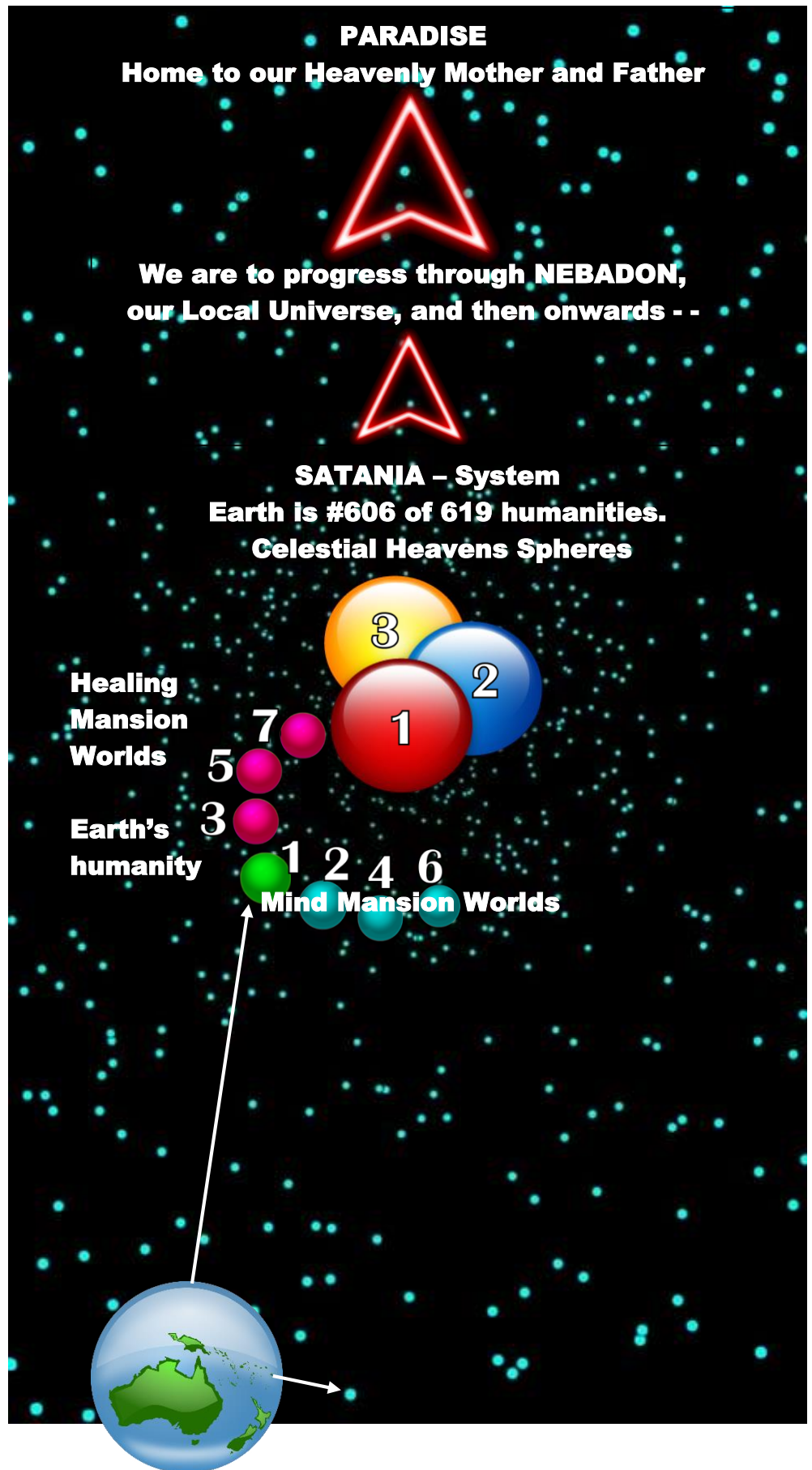
We look into the night sky and see around 1,000 stars that possibly are the hosts to the 619 humanities of our local system, Satania. Earth is on the outskirts of Satania.

When we ‘die’, and shed our physical body as we are spirits having a physical experience, we all arrive on the 1st spirit Mansion World.

If we continue to live through our minds, then we may progress to worlds 2, 4 then 6 and no further – dead end!

Should we embrace Feeling Healing with Divine Love, we will start our journey of Truth and Love, progressing through Healing Mansion Worlds 3, 5 and 7, then through the Celestial Heavens and onwards out through our Local Universe of Nebadon and on to Paradise, the home of our Heavenly Parents.

The spirit worlds are within a different dimension to the physical stars and earths. However picturing the spirit worlds within the centre of our local system is only a visualisation aid and not necessarily accurate.

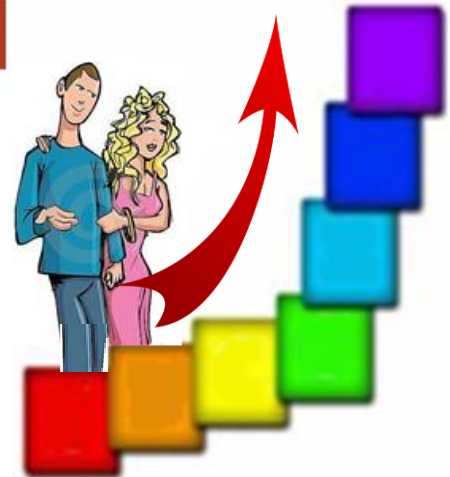
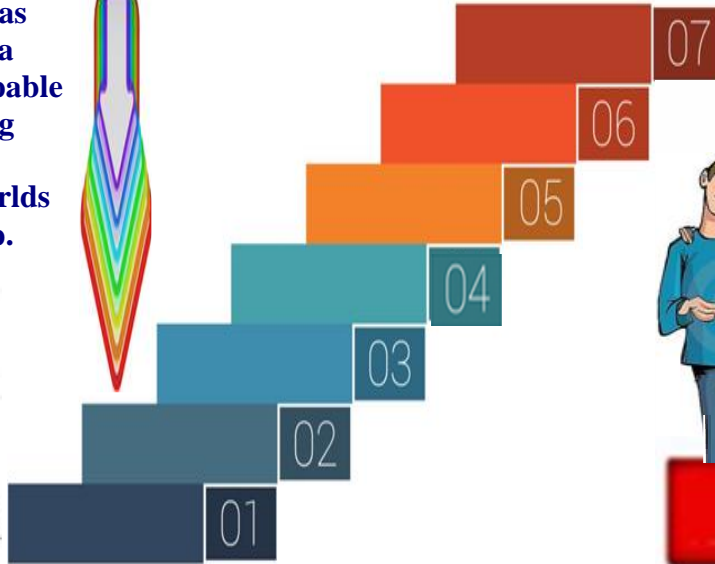


This time, in the history of humanity, is the most exciting time ever experienced.



Celestial Soul Condition

Humanity has devolved to a stupor incapable of recovering through the mansion worlds without help.



Humanity is now to embrace the Great U-Turn and retrace through all the seven sets of sub-planes that contain the seven sub-sub-planes and so on, to progress up through each to the seven mansion worlds through Feeling Healing, and then with Divine Love, fuse their soul with their indwelling spirit, and in so doing, as one soul manifests two personalities, we arrive into the first Celestial Heaven condition to join our soul partner and then soulgroup.



are to **EVIL** empty!

THE GREATEST SHOW

is ON EARTH



The Golden rule is: Never interfere with another's will.

God's Divine Love: Pray for it, ask for it, and receive it.

Our Heavenly Parents simply desires for us to ask for Their Love.

The New Way: learning how to live true to ourselves by living true to our feelings.

We are to express our feelings, both good and bad, at all times, and to long for the truth of them.

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.



the perfect storm

The truth will set you free,
but first it will make you miserable.

Law of Compensation

Jesus and
Mary Magdalene

SPIRITUAL
Mother & Father
Nebadon
3,840,101 Planets



Universal Contract
governs the
Rebellion & Default

KIDS are not CRIMS and GENES set up the RICH

Tuesday, 26 March 2019

John: Hello Kevin, Kathaleen, Nanna Beth, Samantha and even James,

I would appreciate comments regarding these two articles in my local newspaper please.

KIDS ARE NOT CRIMS: AMA (Australian Medical Association)

Gold Coast Bulletin 26 March 2019

page 12

Doctors are calling for the age of criminal responsibility to be raised from 10 years to 14 years.

Australian Medical Association president Tony Bartone said this would prevent the unnecessary criminalisation of vulnerable children.

“Australia has one of the lowest ages of criminal responsibility in the world,” he said yesterday.

Under the current regime, 10-year-olds can be dealt with by the criminal justice system and be charged, prosecuted and imprisoned. Dr Bartone also said criminalisation of children was a national problem that disproportionately affected indigenous youth.

“Most children in prison come from backgrounds that are disadvantaged,” he said. “These children often experience violence, abuse, disability, homelessness and drug or alcohol misuse. “Criminalising the behaviour of young and vulnerable children creates a vicious cycle of disadvantage and forces children to become entrenched in the criminal justice system.”

The AMA wants federal and state governments to support health, education and rehabilitative alternatives to the criminal justice system.

Kevin – 1st Celestial Heaven, John’s brother-in-law: G’day John, I’ll have a go at trying to give you what you’re looking for.

Ideally Feeling First needs to be offered, even perhaps made mandatory, at least learning the basic principles of it, to all offenders, so, whether they agree or like it or not, at least are shown that all their troubles and anti-social behaviour stem from their parental environment, much of which most of those people would know anyway. However what they can now be given is a potential way to get themselves out of their unloving patterns, however that also would require possibly skilled people who can speak about and help them implement their Healing, should anyone want to do it, based on their own Healing experiences.

Feeling Healing is of course the only way such deep ingrained problems like those concerning the aborigines can be eased and with possibly some resolution sought, however it’s going to all come about by certain individuals working on themselves and then being able to help others. So really your work John will be to cast your nets far and wide so as to make contact with those specific people, as humanity will change because of the personal involvement from such people, not by some overseeing government or educational administration taking it on, on good faith, that it can be applied with positive results.

So I would advise to keep using these things to help yourself see the enormity of the problems you face, how far away from the truth humanity is, as you come to understand that truth more, but understand that as we’ve told you, you actually won’t have to worry about how ‘it will all go down’ because that’s for other people to make happen.

GENES SET UP THE RICH

Gold Coast Bulletin 26 March 2019

page 13

Wealth and success may be less to do with hard work or luck and more to do with DNA, it seems. (DNA, short for deoxyribonucleic acid, is the molecule that contains the genetic code of organisms.)

An analysis of 286,000 Britons showed that the genetic make-up of those who earned over £100,000 (AU\$186,380) differed from those on low incomes. A scan pointed to 24 “golden genes” that affect intelligence, the immune system, and the strength of muscles and heart – and so can make the difference between economic success and poverty.

The discovery follows work at the Centre for Cognitive Ageing in Edinburgh, capital of Scotland.

Kevin: This too shows, that sure, under any conditions certain people are going to be more predisposed to achieving whatever it is they want than other people, however that’s assuming everyone wants to achieve the same goals. Perhaps those people without the ‘golden genes’ wouldn’t actually want to do all you have to do that those ‘high achievers’ do, should they drop their fantasies of being like these so-called ‘winners’.

Humanity is currently expressing itself in a very narrow and now quite predictable range, and within that, as you all understand, as it’s all about control through wealth accumulation, so the current conditions suit those people able to succeed in them, so of course their genes would reflect that.

However what would happen if the parameters drastically changed and humanity was focused in another direction as to what was considered winning and being one of the powerful controllers? And you might find the ‘dumbos’ suddenly becoming on top of the pile with the right DNA, whereas today’s current top dogs, fail. Horses for courses, and of course narrow minded science will find what it wants to find.

And all of that becomes irrelevant when a relative dumbo like myself who wasn’t much of a high achiever on Earth can do his Healing and now live comfortably in the first Celestial sphere (1st Celestial Heaven) ‘looking down on’ many of the power people and rich of my day who are still contained within the hells ‘doing their time’ or trying to regain that power in the mind Mansion Worlds; so I ask you, what happens to all the DNA and so-called genetic advantage then?

Humanity will continue along its present course because it can’t do anything else, this is the course set within and expressive of Mary and Jesus’ age. As you said John, it’s the ‘frequency’ of the Age, and it won’t be until the frequency changes when the next Age starts that other people will find their genes more suited to it. However as you understand, everyone has the same potential because as we’re all children of God so we’re all on our way to Paradise, even if that way has been somewhat distorted.

And another point too is, that people of this current Age, have and will, up until this Age ends, be able to keep going pretty much as they are used to in the mind Mansion Worlds as they were on Earth. So the controllers of Earth have pretty much sought to maintain that control in the mind worlds and for the most part have been able to do it – this being something of a big generalisation as you understand because lots can happen to you causing change when you die, such as having to do ‘hell time’ or being liberated from your poverty stricken life on Earth. But with that Age ending, such people won’t be able to carry on in the mind worlds, everything being turned on its head.

The Truth is to be revealed following a certain plan John, and one that has not as yet been specifically revealed to you. Being currently in the lead up to it, you can see how things have been and currently are going, however as to the specifics of what is to come, and that covers all fronts, is as yet, unrevealed. So you might like to keep bearing that in mind because it’s not going to be revealed to you John, not until Marion and James conclusively finish their Healing so you can see that it can end.

So all these thoughts and ideas in your mind, and although many are coming from us, are only given to you so as to keep expanding your understanding of the problems facing humanity so far as continuing on the course they are on, and how great a change it is going to have to make for it to undertake its U-Turn.

All that we've revealed to James, all he's worked out, all he's passed on to you and all he hasn't, is still all within Mary's and Jesus' age, so it's limited, whereas when he moves into his own Age, then nothing will restrain that which he might wish to know, within the parameters of his and Marion's Age. So you're being kept to a micro level of it all and mostly in the dark, which is shown by so few people becoming actively interested in it, all because it's not really part of Mary's and Jesus' age. However once you all Cross Over into the New Age, things will pick up markedly and change altogether.

Kathaleen and I are still getting to know each other, still coming to terms with the fullness of all we've been through during our Earth lives and Healing years. You are right James in that our Healing takes us to the limits of our Wrongness in the sense of having to understand it on all levels and how we're living it. And once fully expressed it can end, and then more time is given to coming to terms with the severity of it all. Life on Earth, from conception to death and doing your Healing, is very stressful because it's all going against us, it's so peaceful for us now, and it will take us, so we are told, some time to settle into this newfound peace of our soul. I feel like from conception to becoming a Celestial was like being shot out of a cannon, whereas now I am walking on clouds – gentle, loving, reassuring and adjusting to a new time. Our time, the time we take to do things, and which things are important to us, are changing all the time as we're getting used to being our new way, so our time is very different to yours. We will say soon and soon is whenever it comes about, and we love every moment of the adventure, whereas you want soon to come about quickly because most of how you currently are you don't like, so you want a better picture sooner rather than later, all of which reflects, and is a function of your dysfunction.

Other things like these articles will come to your attention John, for as I said, it's all necessary for you to formulate your mind's understanding of it all, and as you are realising each day, there is just so much to it. And I assure you, James has only recorded a fraction of what he and Marion have been through and talked about over the years, and still only then is that a fraction. Living true to your feelings will become a vast area of life to explore for many people, so with many new books, films, artworks to express it. It will give lots of people a new interest and focus in life, with many of those people finding they are well suited to it, it suiting them far more than the life they've had to try and succeed in. So their genetic disposition will be far more suited to living with their feelings first and uncover the truth of them, than living in a feelings last and mind first truth-less life.

I'll speak to you soon, our love you to all, Kevin.

Kevin died 10 August 2012, through Feeling Healing became Celestial on 7 August 2017

DREAM BIG!

THIS IS GONNA BE BIG!

Look what is unfolding:

- a. The Second Coming of Jesus and Mary which commenced on 31 May 1914 by Jesus and the Celestials writing through James Padgett and then Mary Magdalene and Jesus with further Celestials writing through James Moncrief, commencing in 2002 and fulfilling the Second Coming.
- b. The End Times being the end of the direct involvement of Mary and Jesus with Earth's humanity not only in the physical but also those in spirit within the Mansion Worlds.
- c. The Hand Over and Change Over will unfold with the closing out of Mary and Jesus' era with humanity of Earth and the commencement of the Avonal Age with the Celestial Spirits controlling and guiding Earth's humanity for this coming spiritual age of 1,000 years.
- d. And now those from within the spirit Mansion Worlds 3, 5 and 7, being assisted by Angels also helping the Celestials with assignments on Earth with Earth's humanity.
- e. The official commencement of the Avonal Age is the time when the Avonal Pair complete their Feeling Healing with what they have taken on from the Rebellion and Default so they, through their Spirits of Truth, can then guide others in how to follow and do their own Feeling Healing, also with Divine Love, their Soul Healing.
- f. This not only involves the restructuring of systems and teachings on Earth with its 8 billion people but also on the spirit Mansion Worlds 1, 2, 4 and 6 plus the two Earth Planes that are the hells being those in a very bad way – overall that possibly involves more than 200 billion spirit personalities. It also involves the Feeling Healing spirit Mansion Worlds 3, 5 and 7. All of this is to be overseen by the Celestial Heavens' spirits in their worlds 1, 2 and 3. Thus 1 physical world with 2 Earth planes, 7 Mansion Worlds and the 3 Celestial Heavens are all in the process of restructuring and to do so everyone will be marshalled to assist in some manner. All of this will be ongoing for the next 1,000 years being the spiritual age of the Avonals.

So, that is why this is **BIG!** But wait there is more! It is being monitored throughout **all** the worlds in Nebadon, all the associated spirit worlds of the 3,840,101 physical worlds. Nebadon is just one of the 100,000 local universes within our super-universe and there are seven super-universes; this event of the Great U-Turn is being monitored throughout as Earth is in the deepest state of the Rebellion and Default of all the physical worlds, **Humanity of Earth is in the worst state.** And of course this is all being monitored in Paradise, the home of our Heavenly Mother and Father. The monitoring is preparation in order to handle further Rebellions as new universes develop. We from Earth will be of great assistance in addressing these later events. Earth is the Greatest Show throughout all of the universes!





Australian Quokka



To All the Suppressed Kids who are Dealing with the Consequences now as Adults...

The feeling of being rejected, disapproved of and conditionally loved by our primary caregivers – parents – is a monumental, long-lasting burden that we all carry. It produces chronic shame, guilt and anxiety. As a child we are blamed for doing things wrongly and in doing so we perceive ourselves as being bad, inconsequential, and having to embrace a persona that is not our true selves. We abandon our feelings expressiveness and embrace our minds to live life in the world foreign to truth and love. Our parents murder our free expression of our feelings and true personality! There are no exceptions.



Discomfort, Pain, Illness and Depression.

Verna, a Nature Spirit, 17 April 2020: Nature isn't randomly popping up viruses that might suddenly sweep through affecting humanity 'evilly'. The Rebellion and Default are the true viruses that we are all 'infected' with. Viruses are more of the spirit really, which is why they are so elusive. If our soul needs to give us the experiences of the virus we will 'catch' it. Other disease, like cancer, and the breakdown of the physical structure is again wholly physical however they are the physical manifestations from the breakdown of our spiritual light in our spirit systems.

All illness results from our inner levels of discontentment – BECAUSE WE DON'T FEEL LOVED.

Should every soul, all at the same time, need the experiences from a virus to feel all the feelings we need, then it will be **different feelings for every person.**

Humanity is to uncover the truth of evilness, its wrongness, of its rebellion and default. And illness is to show us that we are wrong. We wouldn't get sick if we were right. ILLNESS IS OUR FRIEND. It's all about what went into us through our forming and early childhood. All the secrets are contained back there within ourself. When we 'go in' we're to go into our early life through our adult 'now' feelings.

Corona, 24 March 2020: "There is no way on earth I (Corona) can possibly be worse than how your parents treated you, it just can't happen, I can only affect you as far and as badly as your parents affected you. I can't create more pain in you than your parents have already created.

"The extent of unloving parenting that you all had to endure as children is now killing you, that is the truth of how bad it was. It is killing you because you refuse to understand what is happening, you refuse to connect to your pain, you still refuse to accept the truth and this is the open door for me (Corona) to enter into you and find a cell for me to live off and mutate and multiply in you. Your denied and suppressed feelings let me in.

"Stop resisting me and work with me in what I want you to know about yourself. I am no greater pain than the pain you felt and denied as a child.

"You fear me killing you, making you feel so bad, yet isn't this all so familiar, isn't this how you felt with your parents at times in your life? Isn't this how they made you feel, only they didn't allow you to feel it fully, only a tiny portion of the pain they inflicted on you, with the rest you were forced to deny and keep suppressed. And this is what I 'feed' on, all your repressed misery and pain. It is your parents you fear, and I am helping you feel that truth.

“Your parents forced you to do their will and gradually your own will got left behind not being considered at all by your parents. And that is how I have to work with you all, and you will all feel me differently depending on the severity of your will denial and suppression.

“You were parented by two of the same Viruses, they are the Virus that is within you right from your conception and took away your will just as I am doing to you now. I am treating you the same way as your parents treated you as children and you refused to see it, so denied it.

“I am reuniting you with the truth of how hurt and unloved you feel because of your unloving childhoods. You all have the power to turn this around and all you have to do is to begin feeling how I am making you feel, accept every feeling, express every feeling and find the truth through your feelings. Do this and I will lose strength and lose the hold I have over you because I no longer have to make you feel so bad to make you feel your feelings. You have the cure within you all and that cure is YOUR FEELINGS!!”

(These are extracts from Corona speaking through a nature spirit to Samantha.)

The spiritual upliftment so far as the new ‘vibration’ humanity will experience is the new vibe of the next age, and it’s upliftment will only be uplifting those people who chose to do their healing, to submit to their bad feelings and by expressing them to uncover the truth of their evilness – all that resulted from our childhood.

If we all Heal ourselves, being of true and perfect Natural love, then by living in harmony with nature, which we would naturally be doing, such horrendous diseases would not afflict us, because we would not need them to show us that we are disharmonious with nature.

When we are fully Healed, we won’t need to get sick, the Celestial spirits don’t get sick, they don’t have the bad feelings as we do on Earth and in the mind Mansion Worlds, and so we won’t need to have those feelings that would come from an illness, so we won’t get sick.



EVERYTHING that happens to us does so to help us live one of two ways. So we will ‘get a virus’ to help us go further into our truth-denial; or we will get one to help us come out of it.

Our bodies are designed to live anywhere, even in the most infested disease ridden place on the planet, and we will get sick if we need that sickness to further our truth-denial, or we will get sick if we need it to help us heal our truth-denial, or we simply won’t get sick. There is NO OTHER REASON why we get sick!

If we are going to get sick, that will happen either way because we are already sick within ourself and from how we were treated through our childhood – there are no other reasons. We are sick because we are denying the truth of ourself and God. We are all very ill being in the Rebellion and Default. **The Rebellion and Default are the true viruses that we are all ‘infected’ with.**

The New Way

Living True to Your Feelings

We live denying many of our feelings, which is not good or healthy for us.

Early in our childhood our parents, families and society in many ways tell us that expressing certain feelings is not right, it's unacceptable, forcing us to block them out.

“Stop crying, you're too old to cry”. “If you carry on behaving badly, you'll be punished”. “Smile, stop looking so miserable, what have you got to be unhappy about!”

We are told many of our childhood bad feelings (and often good ones too) are not welcome, which is saying, you are not welcome as you are, you must change yourself and be as we say you are to be. It's not loving to be treated that way.

And by forcing ourselves to change causes us to suppress and then keep repressed many bad feelings. And all those repressed bad feelings fester away inside us making us sick and unhealthy.

To be made to stop expressing any feeling means we are being stopped from expressing the whole of yourself. And that is very damaging.

Living by not expressing ALL our feelings fully means we can't enjoy fulfilling relationships, it causes problems, unhappiness and all illness.

So all our problems and difficulties stem from the fact that during our childhood we were stopped from expressing all of ourselves, by not being allowed to express all of our feelings. And this is how the whole world lives. Some people, families and societies being more or less feeling-expressive than others.

And The New Way seeks to end any repression of feelings. It's to understand that we should live fully expressing all we feel and not with our mind heavily in control of ourselves limiting our self- and feeling-expression.

The Old Way is living the Mind way of feeling repression. An unloving way of being.

The New Way is living the **True Way** of feeling expression. A loving way of being.



We do everything possible to avoid our Feelings!

We embrace the controlling natures of our mind to fill our day with activities that avoid our inherent truth to arise through our feelings and then having to express them and seek the truth behind them. We submit to imprisonment within our minds and willingly allow our life to roll on in a retarded and aimless manner that we can continue in earnest even when we transition into the spirit mind Mansion Worlds. Everything we may do is to avoid meaningful communication with another person and to distract ourselves from allowing our feelings to bring forth the vibrant and incredible true personality that we are that has been suppressed throughout our early forming years, from conception through to six years of age. Eventually our soul will say enough is enough and we will be confronted with a crash to open ourselves to our feelings and heal our Rebellion.



The problem with humanity is that:



We accepted our parents as being 'gods'!
Then we accepted our teachers as supreme educators
Then university professors implied all knowing
3,400+ Religions ALL hold the only truth!
Now only our employers are to be obeyed!
Over all of these are numerous government layers!

All direct us to worship our minds
All suppress and ignore our feelings
None allow our true personality to be expressed
We are all in some form of depression and stupor!

We are to aspire to and live Feelings First
and long for the Truth that our Feelings show us!
And long for the Love of our Heavenly Parents!

Root Cause

Highly esteemed Lanonandek spirits from within our local universe of Nebadon were assigned as System Sovereigns of our local system to oversee Earth's humanity and their spiritual development. 200,000 years ago they, the Lucifers, became infatuated with their authority and turned against the regents of Nebadon, Mary and Jesus, as well as rejecting God. Through their Planetary Princes, also Lanonandek spirits, they had taken the humanities of 37 worlds within their local system into their Rebellion.

Through living through our minds, suppressing our feelings, we on Earth will continue to be at war with each other, illnesses of all descriptions will continue from our feelings suppression, famine and inequalities prevail, control of others is the core of all systems, we cannot determine truth from falsehood and life on Earth is a living hell. We have been continually seduced by mind Mansion World spirits and we live life in a stupor – nothing more than zombies doing the begging of the evil ones, the rebellious Lanonandek spirits.

Through living through our minds, suppressing our soul based feelings, we have been progressively going further and further away from our Heavenly Parents, now to the point that we cannot go any further. Through working cracks in the Universal Contract governing the Rebellion and Default, this control has been ended formally as of 31 January 2018.

Pathway Forward

To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

God's Divine Love: Pray for it, ask for it, and receive it.

The Golden rule is: Never interfere with another's will.

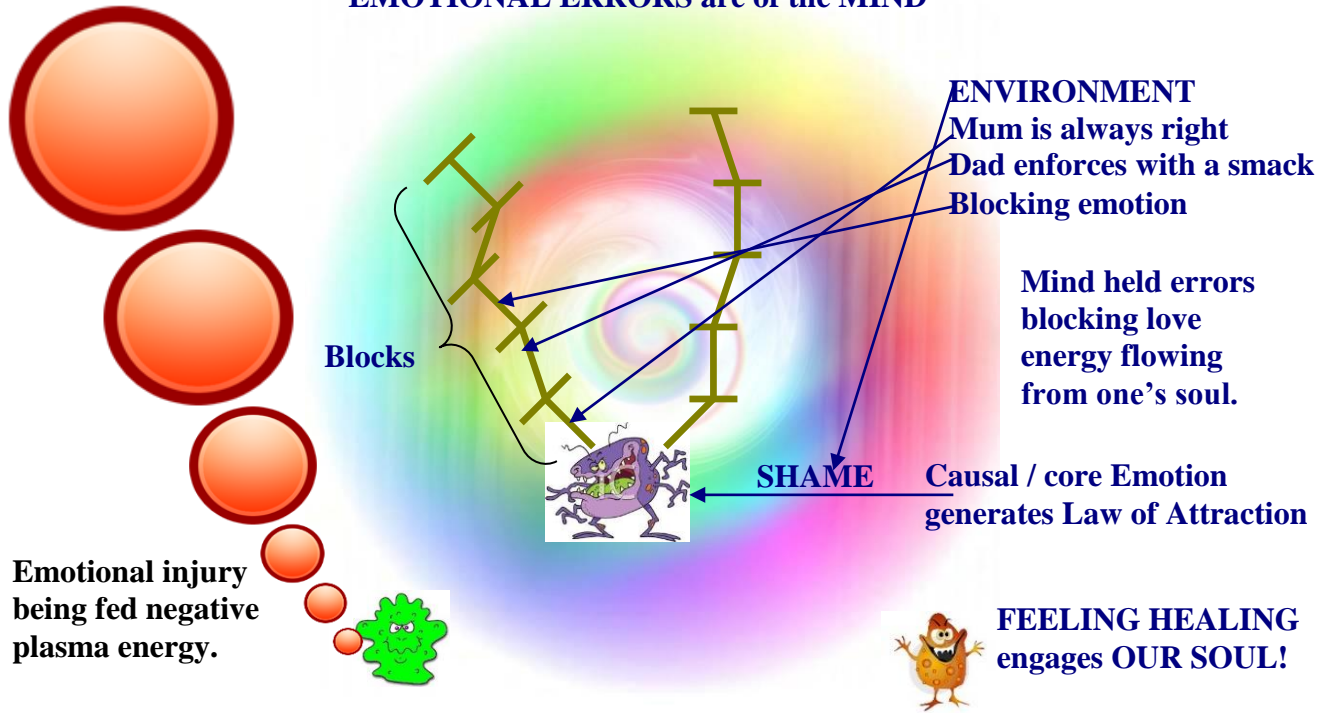
Golden Rule: that one must always honour another's will as one honours one's own.

New Feelings Way: learning how to live true to ourselves by living true to our feelings.

We are to express our feelings, both good and bad, at all times, and to long for the truth of them.

By living true to ourselves true to our feelings, we are living true to God. It's that simple.

EMOTIONAL ERRORS are of the MIND



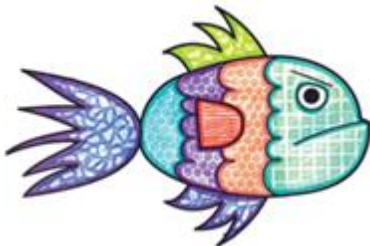
Enters emotionally - is to leave emotionally!

**WHAT ENTERS EMOTIONALLY
IS TO BE EXPRESSED
EMOTIONALLY WHILE LONGING
FOR THE TRUTH TO BE KNOWN
ABOUT WHAT IS BEING FELT!**

LONG to KNOW ABOUT what you are FEELING!
Long to understand the truth behind
what your feelings are pressing upon you.



Ask to know the truth about that which you feel.
It is knowing the truth of that
which you feel that sets you free!



Always be true to your feelings
because they are your truth
and truth is love and our way home!



Express your feelings to those who matter to you.
Suppressed feelings bring about pain and illness.
Talk it out to a friend!

*From our head to our toes,
what our feelings say goes!*



Feelings, good and bad, are to be expressed.



Talk it Out!



Heartfelt feelings are our truth.

*Then we are to continue by longing for
the truth that our feelings are to reveal to us!*



**“ SOMETHING NONHUMAN DOESN'T
BECOME HUMAN BY GETTING OLDER AND
BIGGER. WHATEVER IS HUMAN IS HUMAN
FROM THE BEGINNING ”**



I LOVE MY LIFE

Purpose of Life

Purpose of our life is to:

Achieve individualisation. This is truly the moment of our sentient experience beginning. This occurs at the moment of incarnation which is when our newly forming foetus begins to pump blood, usually day 16 after conception. From that moment we are beginning to experience life.

We have a life purpose. We are each a unique personality with individual propensities to experience. Should our physical life be cut short then we will go on and have the experiences that we need in the 1st spirit Mansion World. If we miscarry or are aborted then we will become spirit born, be adopted to spirit parents and have a similar life to that should we have gone on and lived on Earth.

Presently we are each subjected to Childhood Suppression which we continue on throughout our lives suppressing our feelings and our true personality. This is providing us with unique life experiences as this does not typically occur with any other humanities throughout the universes. Our physical life on Earth is mostly very difficult, however this will provide each of us with unique capabilities to aid newly emerging humanities on worlds further out into space. Yes, we have an enormous journey to enjoy.

Our time of death is predetermined. We often do crazy things – but our life span is predetermined.

What we experience is also predetermined. A few are to be wealthy and become burdened with responsibility. Many are to be poor and enjoy the freedom without trappings of assets and obligations.

Most will have families while on Earth. No matter who we are, we will each parent at least three children before we can enter the first of the Celestial Heavens. We are to experience parenting, even though that may be when we are in the spirit Mansion Worlds.

We are to live FEELINGS FIRST! We are to express our feelings, both good and bad, to a companion. We are to long / ask for the truth of what our feelings are drawing to our attention. What enters emotionally needs to be expressed emotionally. Should we long for our Heavenly Mother and Father's Love, then we are also SOUL HEALING. Our mind is to follow supporting what our feelings are leading us to embrace – this is the opposite as to how we have been brought up to live.

It's all about
Experiences
 &
FEELINGS

As we complete our FEELING HEALING, then and only then can we connect with our Soul Partner who is always of the opposite sex. Our soul is a duplex that manifests two personalities. And we can grow to interact with our Nature Spirits and Spirit Guides!

**BE FEELINGS
 EXPRESSIVE!**

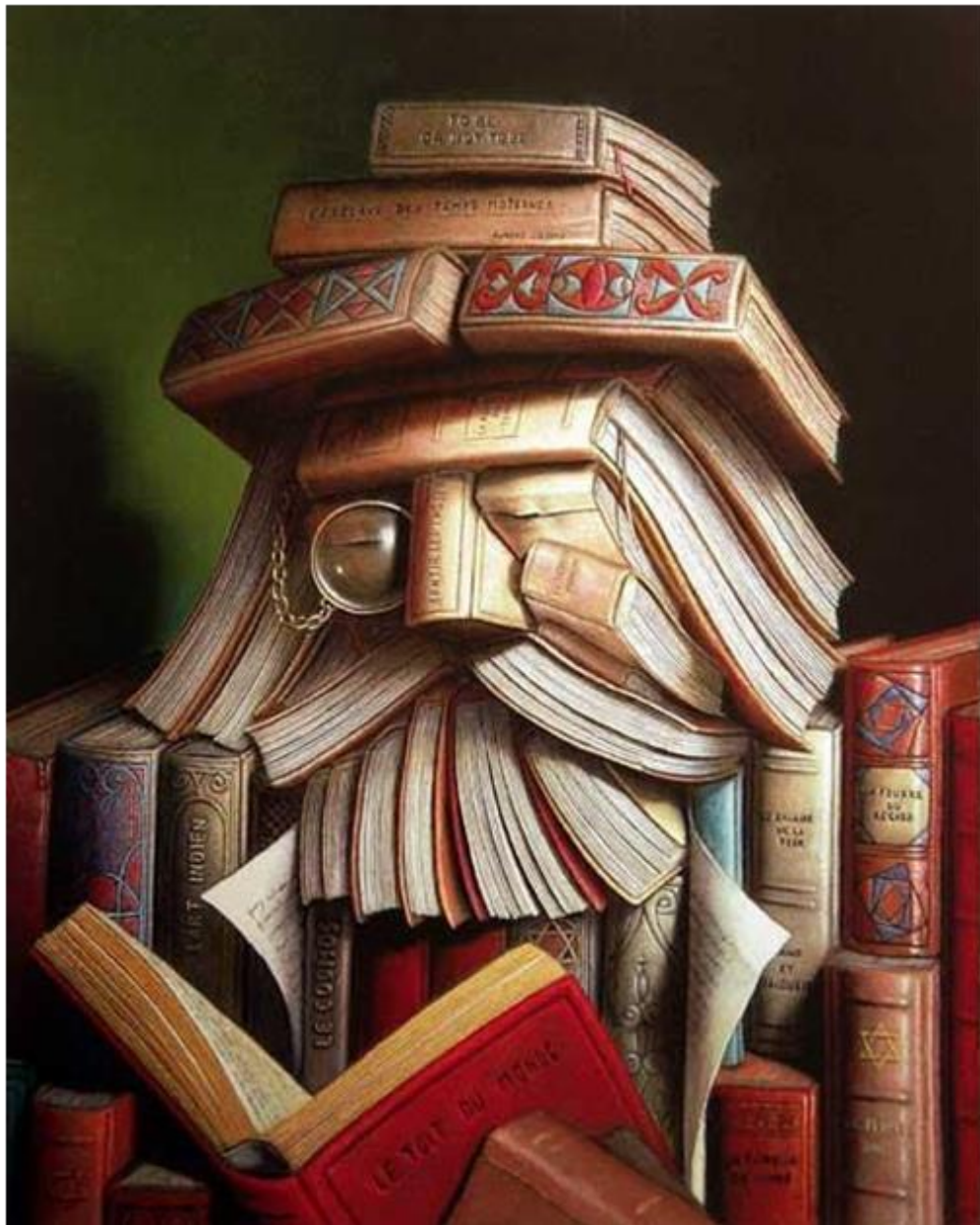
Children are now to embrace and express their feelings in all that they do and experience. It is our feelings that are our guiding light of love and truth. Truth is love.



Why?

May we ask why we have not understood this before? The Universal Contract governing the Rebellion and Default had to work its course. Cracks in it are now being worked to end the Rebellion and Default.

Education is to reveal itself through our feelings. Our soul based feelings are always in truth. And truth is love! We are fully self-contained. Our feelings are to lead our mind in all that we do, not live how we have been previously taught. It is that simple!



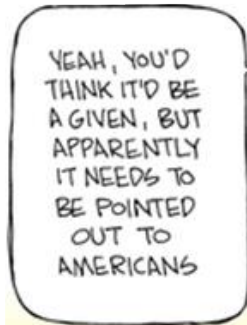
Within, I know who I am and what my future journey beholds! My feelings are to be my guide being supported by my mind - not the other way around as it has been!



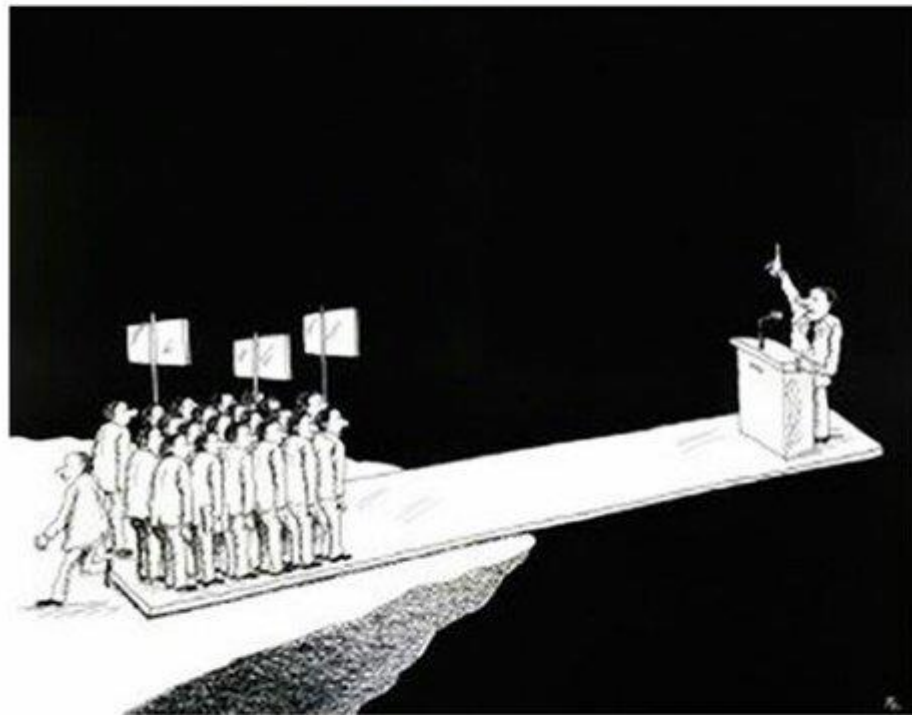
Our Spirit Friends on duty



OUT GATEWAY ISOLATION



MANY THINGS WILL CHANGE



WHEN PEOPLE REALISE THEIR TRUE POWER

Truth is Freedom

Before being conceived, we each have had nothing to do with the culture or heritage of the family and its people into which we are now born.

After we pass over into our spirit lives, we each will have little or nothing further to do with the culture or heritage of our family that we lived with on Earth.

We each are one of many voices within our communities.

We are to embrace our experiences and limitations of our family upbringing which our soul has desired for us to have. We are spirit personalities having a physical experience and this physical life here on Earth is the commencement of our incredible journey which will take us through many universes.

We are not to accept the limitations, the psychic barriers of our family, nor those of our national culture and its ethos. The people of a community, a region, a state, a nation respond to and reflect a common set of values, customs and culture, which is passed down through the generations, this is a psychic imposition or barrier that inhibits evolution, our true self expression and our growth in potential and personality.

Now, it is this time in history that, individually, we each are to free ourselves of the Rebellion and Default that has been imposed upon us by hidden controllers, both of those from within the spirit worlds and of their defacto agents here in the physical.

We now have the option to embrace and enjoy the freeing truths that our soul can and will expose to us – we are fully self-contained. We are to look within, to our feelings, and to long for, to ask for the truth that our feelings will exquisitely and amazingly reveal to each of us.

The wonders of intuitiveness and spontaneity are ours to behold, experience and enjoy – this is of our choosing. We can continue living a limiting mind-centric life or embrace living Feelings First – The New Way – with its infinite potential. The gateway is now open and the pathway is defined.

This we are to share with all of humanity as we are Freedom's voice.

MoC 904



ONE SECOND TO MIDNIGHT





TALK IT OUT



We are to express our feelings, both good and bad, and nothing is sacrosanct or to be withheld.

All that's wrong and untrue within us has to be expressed out of us, each of us, it all has to come to light for us to see the truth of. We have to know the truth of ourselves and the truth of our family relationships.

Everything needs to be expressed, to come out into the open.

What enters emotionally has to be expressed emotionally – it has to come out emotionally – leave us emotionally!

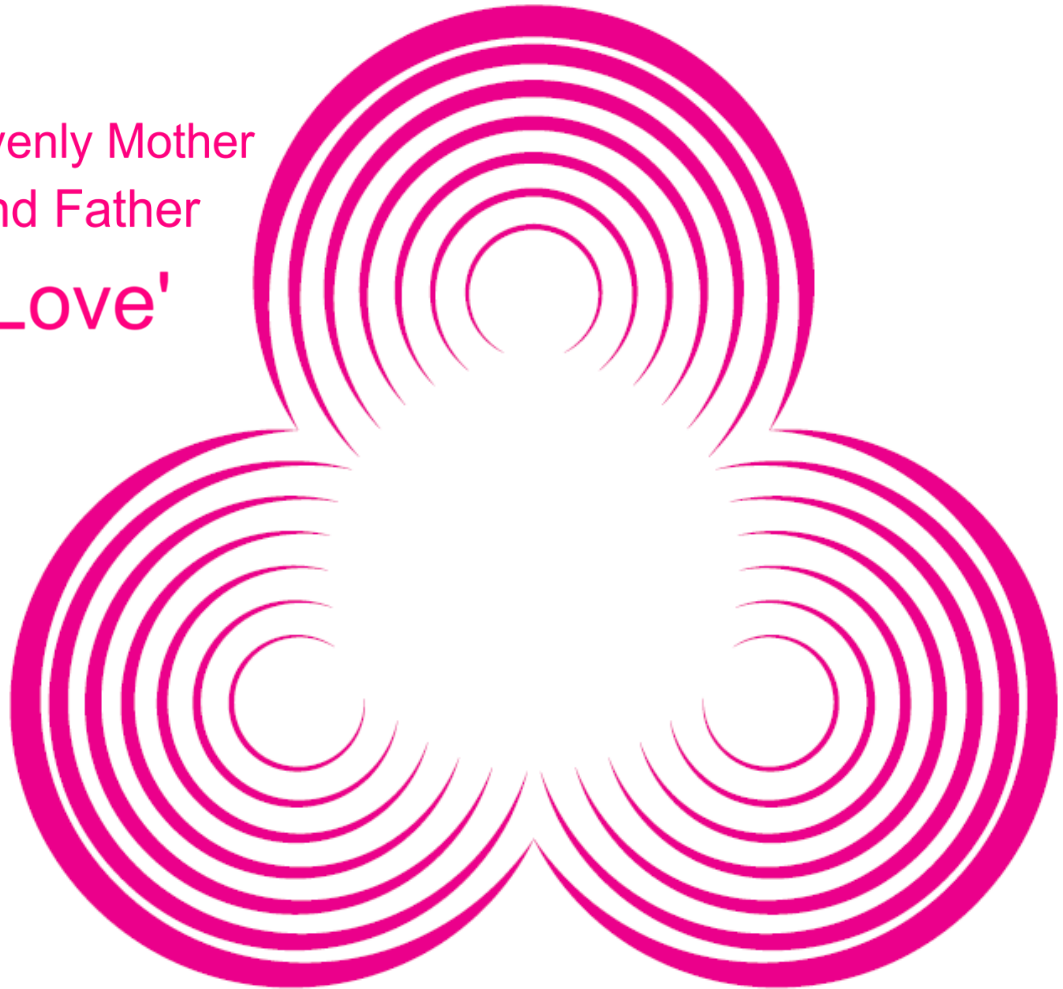
However, we are not to act upon what we are feeling emotionally! We are not to act it out! But, we are to go on and long to know the truth of what is behind our feelings, why we are having these feelings and experiences.

Long to the Mother and Father for Their Divine Love, and ask Them to help you see the truth through your feelings – that which They want you to know. Long and ask; long and pray. Pray to see, know and BE the truth, the truth of you – of all of it!



Paradise Trinity

Heavenly Mother
and Father
'Love'



Eternal Son of 'Truth'

Infinite Daughter of 'Mind'

Jesus and Mary's soul are different in design than ours. They are a Creator Daughter and Son, or similarly referred to as Michael Daughter and Son soul, and within their soul is expressed only the two of the Primary Aspects of Deity. They are of the Mother and Father, our Heavenly Parents and the Eternal Son. Avonal Daughters and Sons are expressive of the Eternal Son and Infinite Daughter.

The core of humanity (us mortals of Earth) is of the Truth and Mind, and then with the addition of the Indwelling Spirit, we can then relate to the Love.

And with the Avonal pair now on our world (Earth), they too expressing the Son of Truth and Daughter of Mind, we actually are far better suited to relating to them than we are to Mary and Jesus.

Heavenly Mother & Father LOVE



TRUTH MIND
Eternal Son Infinite Daughter

Creator Daughter & Son are of Love and Truth .

Avonal Daughter & Son are of Truth and Mind .

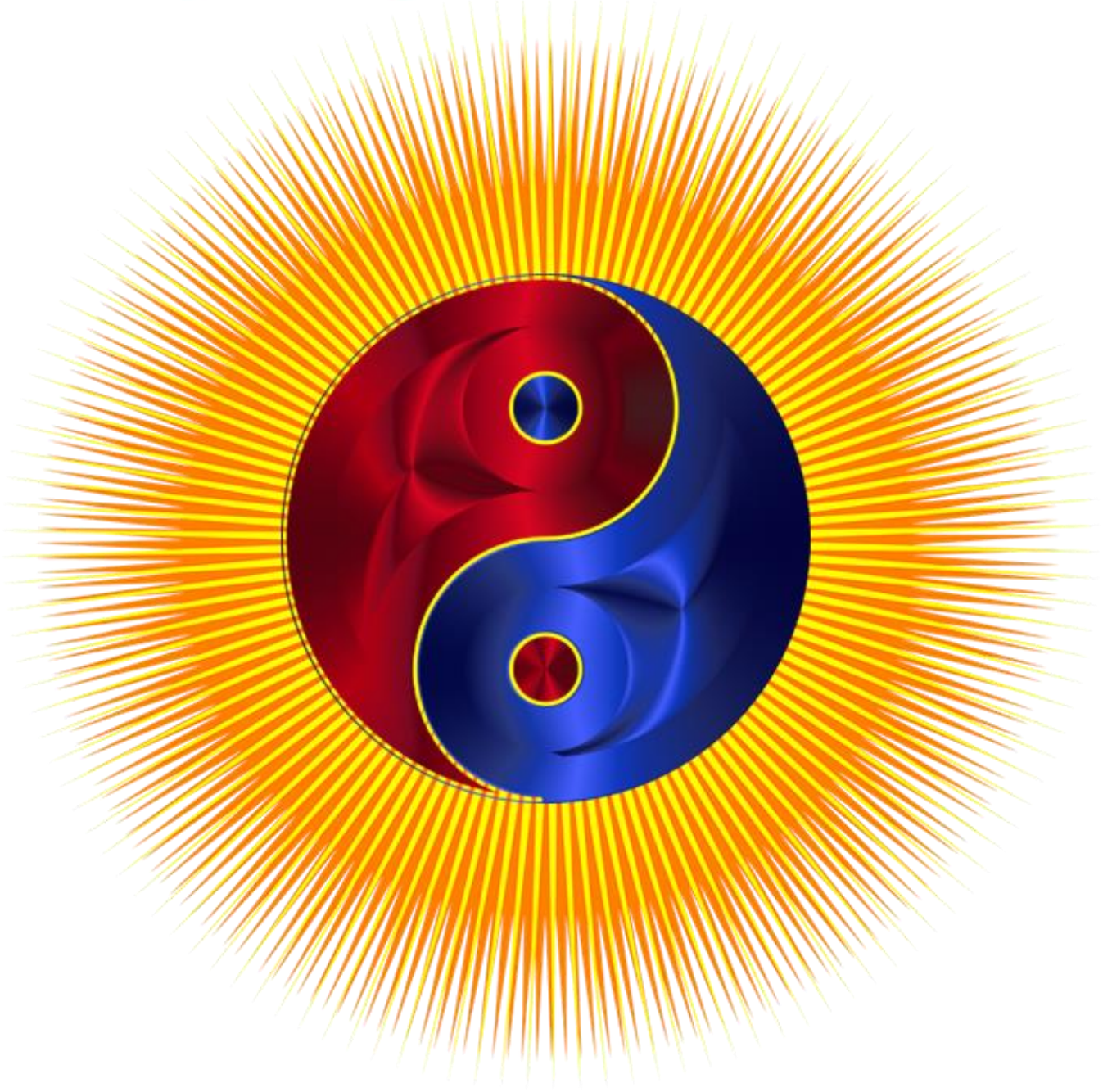
Nature is of the Mind .

Humanity is of Truth and Mind then with Indwelling Spirit, also of Love .

Humanity is best suited to be assisted by the Avonals and then by Creator Daughter & Son .

Indwelling Spirit  LOVE

Our Heavenly Mother and Father



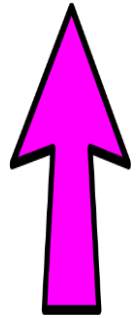
Avonal Revelations for all of Humanity



Ascension of Truth to Paradise

ASCENSION of TRUTH to PARADISE

DIVINE LOVE – Feelings in control – FEELINGS WAY
DIVINE CELESTIAL HEAVENS – CELESTIAL SPHERES
 UNITING with SOULMATE / SOUL PARTNER and SOULGROUP
 BEING DIVINE, ETERNAL, IMMORTAL, FUSION with INDWELLING SPIRIT



THE FEELINGS WAY ** LIVING A FEELING-LED LIFE **

Transformation of soul from **Perfect** Natural Love to being **Divine** – being of **Divine Love**.
 Transformation of soul from **Imperfect** Natural Love to being **Divine** – being of **Divine Love**.

Transition from Mind to Feeling way of living

NATURAL LOVE – mind in control – MIND WAY
 SEVEN MANSION WORLDS

We have to do our: SPIRITUAL HEALING
 (FEELING HEALING)
 (SOUL HEALING)

Uncovering the truth of feeling Unloved

IMPERFECT NATURAL LOVE
 REBELLIOUS
 REBELLION AND DEFAULT

Against Truth and Love
 Living Untrue; against ourselves
 Denying many feelings
 Become Truth to being untrue
 Imperfect relationships
 Feelings of love within an unloving state

LIFE ON EARTH
WHAT WE ARE LIVING
AN UNLOVING LIFE

Self-Acceptance

No Healing needs to be done
 Being true and loving
 All done with Natural love
 Uncovering the truth of feeling loved

PERFECT NATURAL LOVE
 NOT REBELLIOUS
 NO REBELLION OR DEFAULT

Not Against Truth and Love
 Living Truth; not against ourselves
 Not denying any feelings
 Become truth to being true
 Perfect Relationships
 Feelings of love in loving state

LIFE ON A PERFECT WORLD
 What we wish we were living
 A Loving life



THE MIND WAY ** MIND-LED LIFE **

We are to move from our mind way to a feeling way of life within our rebellious and untrue state. We are to live truth to our being untrue, knowing and being the truth of why we are untrue.

GREAT U-TURN

Living True to Ourselves

LIVING TRUE to OURSELVES

We are to live truth to ourselves through ALL our feelings. We are untrue.
 We are to live truth to being untrue. We are to stop pretending we're true.
 We're to admit we're full of shit; and be as full of shit as we are.

God made us be rebellious and untrue, so we are to live being rebellious and untrue, not trying to not be as God made us. And we are to live true to being fucked, until God transforms us and changes us into being true and loving, ending our rebelliousness.

With all of us having been incarnated into a truth-denying rebellious world, we are to live true to how untrue, false and unloving we are. We are to stop using our mind to pretend we are true and loving when we're not.

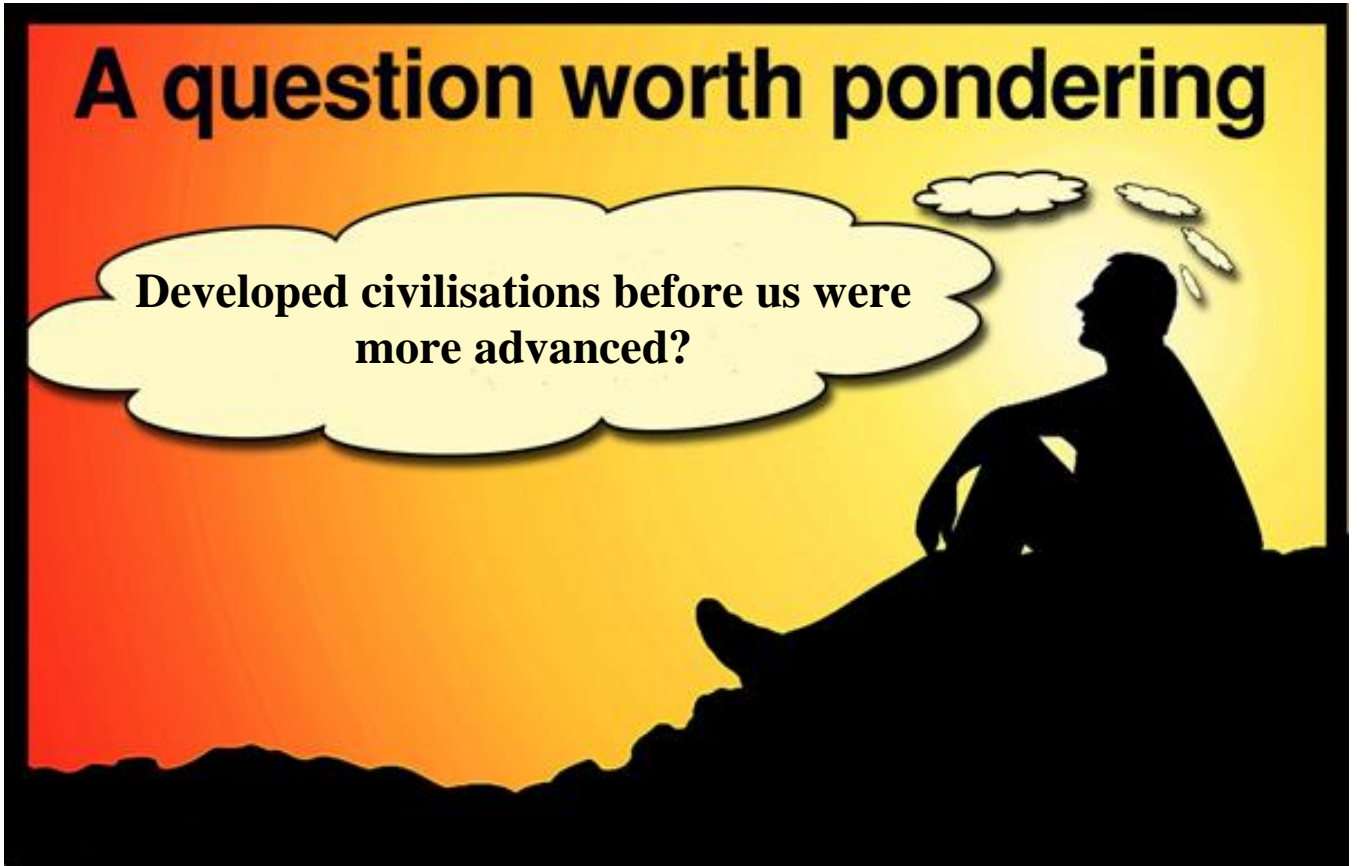
We are to fully embrace, through our feelings, the truth of how wrong, bad and evil we are. And through our Spiritual Healing we are to fully accept how rebellious we are, living and being it. And knowing how being rebellious (being of and in Rebellion) makes us feel.

We are not to use our mind to pretend we are true; that we are loving, caring and sympathetic, as we're not those things.

Being of Natural Love we experience love through our mind. And so being in an imperfect state, some (if not all) of our mind love will be false and untrue.

When we have been transformed into our true Divine Love state having done our Spiritual Healing, then all the love we experience will be through our heart and soul with true feelings and no longer with our mind. With all love being true and based on the Truth.

We are to find the Truth of Love

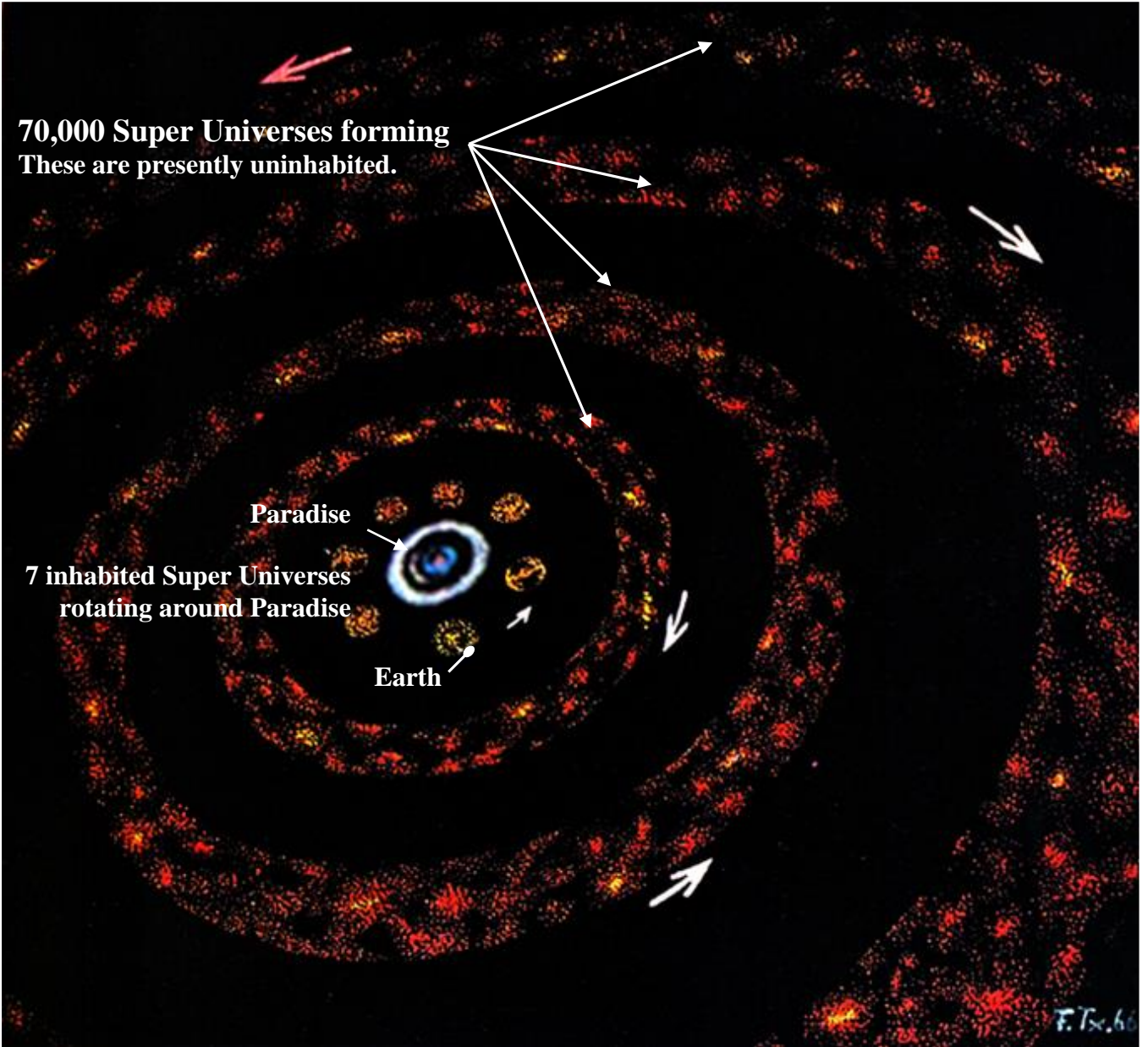


and



Earth

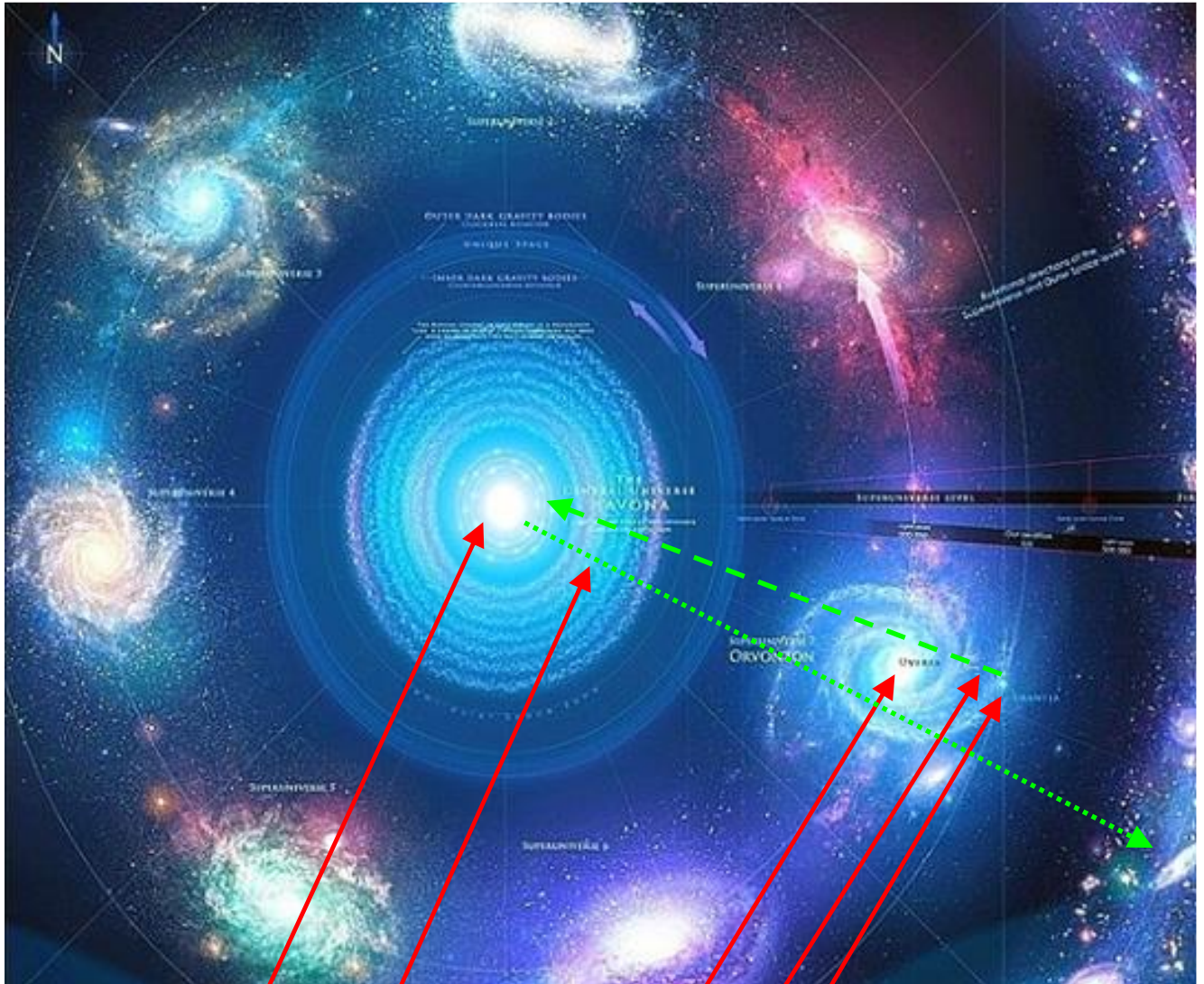
70,000 Super Universes forming



Finaliters

OUR JOURNEY

Ascension is from Earth (Urantia) through Nebadon, Orvonton, Havona to Paradise.
Then in Paradise we progress to be Finaliters and possibly assigned to a newly forming universe.

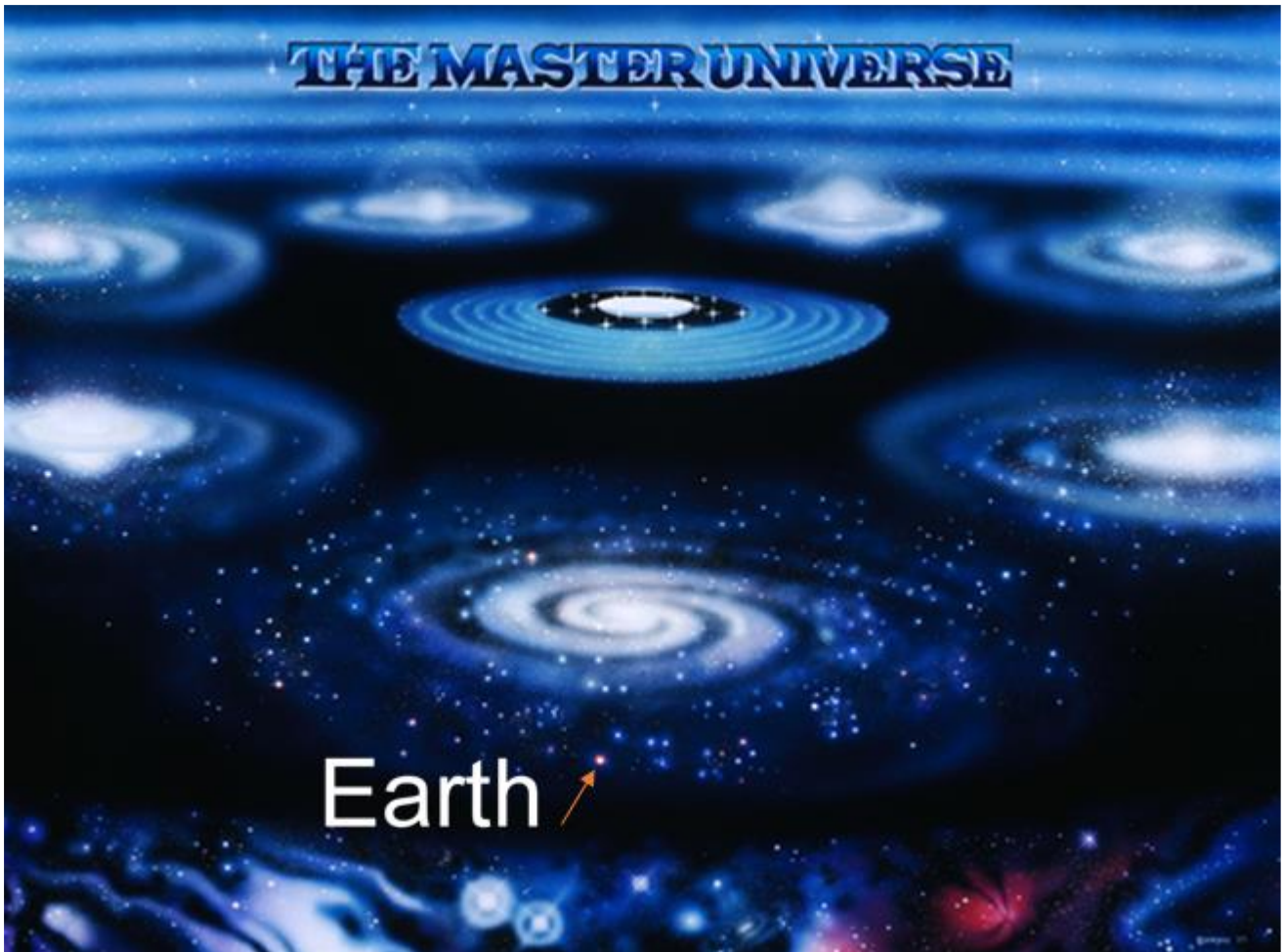


Isle of Paradise
home of our
Heavenly Mother & Father

Havona
Ascendington

Orvonton – our Super Universe
Nebadon – our Local Universe
Urantia being Earth

Finaliter, being what we become when we finally arrive in Paradise!



Our journey is one of experience and the feelings that arise from our experiences. From the moment of conception we are on our learning pathway, experiencing the emotions of our parents and carers. Our feelings are our truth, it is through our feelings that we evolve in truth. We are to long for the truth that our feelings draw our attention to.

Our physical parents and family is the focus of our experience on Earth. As we all have been subjected to the Rebellion and Default of Earth's humanity, we are all to heal ourselves of being unloved and the errors and injuries that we have been subjected to. Only through the completion of our Feeling Healing do we leave the environment which is referred to as Hell. It is through the guidance of the Avonal soul partner pair, their Spirits of Truth, that we are now able to complete our Feeling Healing.

When we transition into the 1st Celestial Heaven, having completed our Healing and Acceptance of how we have been messed up and the way we are having had the experience of living in a Rebellion and Default, can we then start to assimilate with other humanities within our Local System.

Our local system is called Satania, home city and headquarters being Jerusem. It consists of 1,000 physical worlds that have the potential of a humanity living on these worlds. 619 are physically inhabited of which Earth is number 606, one of the youngest. As we progress beyond the first three Celestial Heavens, then we start to interact and become knowledgeable of these additional humanities.

Then we progress into our local constellation called Norlatiadek. Norlatiadek consists of 100 local systems, and its home city is Edentia. The Garden of Eden is named after Edentia. Again we go through a process of coming to understand how the constellation works and the peoples that are throughout it.

Then we enter the local universe as a whole, named Nebadon with Salvington being its headquarters and home of the co-regents being soul partners Creator Daughter and Son, Michaels, namely Mary Magdalene and Jesus. It is through the Spirits of Truth of Mary and Jesus that we are guided through all of the Celestial Heavens to Salvington.

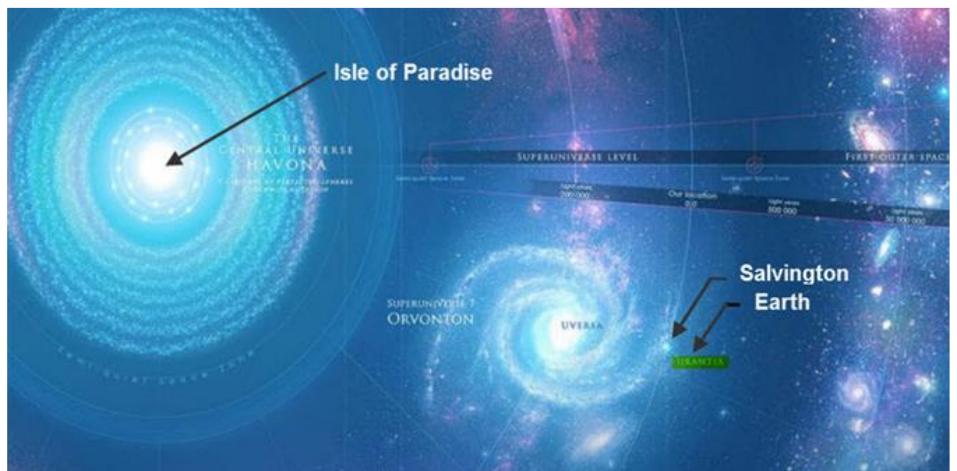
From Nebadon then it is our Heavenly Mother and Father that guide us through the next three major sectors of our super-universe being the Minor Sector, then Major Sector, then the super-universe of Orvonton.

Then we progress into Havona and Isle of Paradise, the home of our Heavenly Mother and Father and on completion of achieving understanding of how all the systems work in the manner that we are required to, we become Finaliters. After all, we are truth seekers!

Then what follows is that we then visit and achieve an understanding of how each of the other six super-universes work and how all sever super-universes function and work together.

When fully accredited we will most likely be assigned to one of the newly forming 70,000 super-universes that presently are not inhabited. Finaliters have many optional assignments.

We are truth seekers and through our obtained truth we will be able to assist humanities throughout the emerging universes.





22 July 2023

1 Rebellious Lanonandek Spirits

Paradise spirit personalities imprison the rebellious Lanonandeks, the evil ones, in CE 26 and CE 1993 ending their domination over humanity.

2 Mind Mansion Worlds Spirits

Celestial Spirits block the influence from controlling mind Mansion World spirits over Earth's humanity commencing on 22 March 2017.

3 Hidden Controllers on Earth

Law of Compensation quickening commences 22 May 2017. Hidden Controllers on Earth now having their finances impeded and their influence destabilised.

4 Puppet Leaders on Earth

Puppets of Earth's hidden controllers are to be 'embarrassed' into embracing the wishes and needs of their constituents and deliver humanitarian programs.

5 Earth's Humanity

PASAS FOUNDATION, on 22 July 2023, now to bring awareness worldwide of The New Way to all of Earth's humanity. Enter the Great U-Turn and ending of the Rebellion and Default.



PASAS



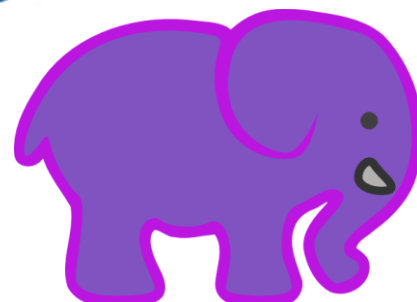
Symbolising the elephant in the room is depicting the Childhood Suppression that has been imposed upon every child throughout the 200,000 years of the Rebellion and Default, however many personalities have now joined together to bring about The New Way, the ending of the Rebellion and Default, the Change Over from the Age of the Creator Daughter and Son, being the past 2,000 years, to the Avonal Age which will be the next 1,000 years.

Each of the many 'elephant' personalities involved to bring about the Great U-Turn can be depicted by the graphic above, however it involves personalities throughout the Celestial Heavens, 1, 2 and 3, it involves personalities throughout the spirit healing Mansion Worlds, 3, 5 and 7, none are greater than the Avonal Pair. In the physical there are three personalities that have collaborated unknowingly on this single journey, they now have a surprisingly small number of supporters, however that support is about to grow dynamically and exponentially.

Then there is one stalwart lady who has on her own successfully embraced her Feeling Healing, and with Divine Love, her soul healing. She is the first to succeed in all of humanity's 993,500 year history. She has demonstrated personally what the Avonal Pair have come to Earth to Reveal.

It is the Avonal Pair who have bravely taken on the extremes of Earth's Rebellion and Default and commencing in 1993 slowly and painfully worked their way through, what they call, the Feeling Healing process to demonstrate the way for all of Earth's humanity, both here in the physical as well as within the spirit Mansion Worlds 1, 2, 4 and 6. Thus, their success will see the introduction of the Avonal Age, the coming 1,000 years for Earth's humanity.

Avonal AGE 1,000 YEARS



<http://www.pascashealth.com/index.php/library.html>

Library Download – Pascas Papers

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address. info@pascashealth.com

Within the Library Download page within Pascas Care Letters at www.pascashealth.com kindly download the following two files:



[Pascas Care Letters Root Cause now to Pathway Forward.pdf](#)



[Pascas Care Letters Root Cause now to Pathway Forward short.pdf](#)

Important recommended reading is:

by James Moncrief

The Rejected Ones – the Feminine Aspect of God

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20->

To liberate one's real self, one's will, being one's soul, is by embracing Feeling Healing so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

Within the Library Download page within Pascas Care Letter at www.pascashealth.com kindly download the following:

- Pascas Care Letters – Family Shelters Abuse & Remedial
- Pascas Care Letters – Family Shelters Overview
- Pascas Care Letters – Family Shelters Protection
- Pascas Care Letters – Family Shelters Social Housing
- Pascas Care Letters – Family Shelters Support Centre
- Pascas Care Letters – Family Shelters towards Liberation



FURTHER READING:

Free downloads are from [www.pascashealth](http://www.pascashealth.com) in the Library Download page, scroll down for the PDFs:

PASCAS CARE PARENTING

Sam's Book – Parenting and Feeling Healing	Book I	Experience
Sam's Book – Parenting and Feeling Healing	Book II	Conception
Sam's Book – Parenting and Feeling Healing	Book III	Magic
Sam's Book – Parenting and Feeling Healing	Book IV	Nothingness
Sam's Book – Parenting and Feeling Healing	Book V	Setting Free
Sam's Book – Parenting and Feeling Healing	Book VI	Pain and Rage
Sam's Book – Parenting and Feeling Healing	Book VII	Vision
Sam's Book – Parenting and Feeling Healing	Book VIII	Childhood
Sam's Book – Parenting and Feeling Healing	Book IX	Self-Acceptance
Sam's Book – Parenting and Feeling Healing	Book X	Physical Illness

Pascas Care – Parenting Awareness
 Pascas Care – Parenting Eureka Moment
 Pascas Care – Parenting Feelings Supreme Guides
 Pascas Care – Parenting Health Generation
 Pascas Care – Parenting into the Abyss
 Pascas Care – Parenting Rebellion

Important recommended reading is:

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<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20->



Mind Centric Way

Feelings First Freedom

Primary recommended reading:	consider commencing with:	Paul – City of Light and Sage – and the Healing Angels of Light
The Rejected Ones	2002 – 2003	xxx – James Moncrief
Messages from Mary & Jesus	2003	xxx – James Moncrief
Soul Light from Zelmar Melchizedek	2003	xxx – James Moncrief
Paul – City of Light	2005	xxx – James Moncrief
Feeling Healing	2017	– James Moncrief
Religion of Feelings	2017	– James Moncrief
Mary Magdalene and Jesus' comments on the Padgett Messages	2007 – 2010	xxx – James Moncrief
Speaking with Mary Magdalene & Jesus Sage and the Healing Angels of Light	2013 – 2014	xxx – James Moncrief
Road map of Universe and history of Universe:	2017	xxx – James Moncrief
The Urantia Book	1925 – 1935	xxx as primary reading
Divine Love supporting reading:		
Revelations	1954 – 1963	– Dr Daniel Samuels
Judas of Kerioth	2001 – 2003	– Geoff Cutler
The Book of Truths containing the Padgett Messages or Little Book of Truths	1914 – 1923	xxx – Joseph Babinsky
True Gospel Revealed anew by Jesus Vol I, II, III, IV	xxx	– Joseph Babinsky
		– Geoff Cutler
Available generally from:		
www.lulu.com	www.amazon.com	www.bookdepository.com
For Divine Love focused websites and forums:		
Pascas Health:	http://www.pascashealth.com/index.php/library.html	
Spiritual Development:	http://new-birth.net/spiritual-subjects/	
Padgett Books:	http://new-birth.net/padgetts-messages/	
	http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm	

BIBLIOGRAPHY NOTE:

James Moncrief has written numerous books and prepared numerous movie scripts. Incorporated here are primary writings.

Pascas has 600+ supportive 'Pascas Papers' accessible in Library Download at www.pascashealth.com

Pascas Primary publications being:

- U-Turn for Humanity Pascas reveals New Feelings Way
- U-Turn for Humanity pathway being New Feelings Way
- U-Turn for Humanity shutting hells through New Feelings Way
- U-Turn for Humanity simple is what Life is meant to be
- U-Turn for Humanity soul light and New Feelings Way
- U-Turn for Humanity through the New Feelings Way
- U-Turn for Humanity treacherous assumptions New Feelings Way
- U-Turn for Humanity unfolding the New Feelings Way
- Universal Gift – Feeling Healing with Divine Love
- Feeling Healing and Divine Love Discussion Prompts
- Pascas Care Death & Dying Transition & Assimilation Marjorie

Selected Pascas Papers, as noted below, can be downloaded from www.pascashealth.com from within the Library Download page.

James Moncrief's books, the Padgett Messages and The Urantia Book at:

DIVINE LOVE SPIRITUALITY – DLS:

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945
The Urantia Book (see suggested papers to read below)

James Moncrief Books:	MoC		
The Rejected Ones – the Feminine Aspect of God	1,490	Nov 2002 – Jan 2003	228
Messages from Mary and Jesus book 1	1,485	Feb – Apr 2003	189
Messages from Mary and Jesus book 2	1,485	Apr – Oct 2003	170
Soul Light from Zelmar, a Melchizedek, books 1 and 2	1,480	May – Sep 2003	480
Mary Magdalene and Jesus' comments on the Padgett Messages – book 1		Aug 2007	164
Messages from 31 May 1914 – 12 January 1915	1,495		
Mary Magdalene and Jesus' comments on the Padgett Messages – book 2		Sep 2010	177
Messages from 13 January 1915 – 29 August 1915	1,494		
Speaking with Mary Magdalene and Jesus blog – book 1	1,490	Jan – Apr 2013	206
Speaking with Mary Magdalene and Jesus blog – book 2	1,489	Apr – May 2013	229
Speaking with Mary Magdalene and Jesus blog – book 3	1,490	Oct – Jan 2014	187
Speaking with Mary Magdalene and Jesus blog – book 4	1,491	Jan – May 2014	191
Mary Magdalene comments on Revelation from the Bible KJV	1,485	Dec 2013 – Jan 2014	84
		This group being pages of	2,305

Paul – City of Light	1,488.5	2005	149
Ann and Terry		2013	235
Feeling bad? Bad Feelings are GOOD!	feeling-healing book 1	2006	179
Feeling bad will make you feel BETTER – Eventually!	feeling-healing book 2	2006	159
Breaking the Golden Rule.	feeling-healing book 3	2006	168
Feeling-Healing exercises, and other healing points to consider.		2009	175
Cathy and Mark – a novel introducing Feeling-Healing.		2010	151
Introduction course to Divine Love Spirituality		2006	139
Speaking with the Dead, Death and Dying		2009	173
Spirits and their Childhood Repression Healing		2010	179
With Verna – a nature spirit		2008	279
Communication with spirits – meet a spirit friend		2010	37
Introduction to Divine Love Spirituality website			362
Sage – and the Healing Angels of Light		2017	260
Divine Love Spirituality	1,500	2017	201
Feeling Healing – you can heal yourself through your feelings		2017	153
Religion of Feelings	1,500	2017	47

This group being pages of 3,046

Religion of Feelings

<http://religionoffeelings.weebly.com/>

Introduction to Divine Love Spirituality

<http://dlspirituality.weebly.com/>

Main website of DLS

<http://divinelovesp.weebly.com/>

Childhood Repression website

<http://childhoodrepression.weebly.com/>

DLS and CR forum

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

FEELING HEALING and SOUL HEALING with the DIVINE LOVE:**James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

Speaking with Mary Magdalene and Jesus – books 1 – 4

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

Soul Light – books 1 and 2

A Melchizedek, Zelmar, sums up how we are to heal ourselves and ascend to Paradise.

Paul – City of Light

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel.

Ann and Terry

An example for people who might want to immediately start working on themselves and doing their Healing.

Feeling Bad? Bad Feelings are GOOD

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

Feeling bad will make you feel BETTER – Eventually!

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

Sage – and the Healing Angels of Light

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings
Feeling Healing**

**Welcome to LOVE – the Religion of Feelings
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

The Padgett Messages being published as:

The True Gospel Revealed Anew by Jesus volumes 1 – 4

Book of Truths by Joseph Babinsky

The Urantia Book

Release one's pain through expressing one's feelings.

in conjunction with

Longing for the Truth when also longing for Divine Love.

FEELING HEALING with DIVINE LOVE is SOUL HEALING:

A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing.
Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.
Primary and most important readings are the writings of James Moncrief.
Then consider the Padgett Messages, and then The Urantia Book.**

Pascas Papers, being free, are located within the Library Download www.pascashealth.com
<http://www.pascashealth.com/index.php/library.html>

[PASCAS – document schedule.pdf](#) **downloadable index to all 550+ Pascas Papers.**

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love;
DL denotes Divine Love – living with the Love.

PASCAS INTRODUCTION NOTES: *All papers below can be found at Library Download link.*

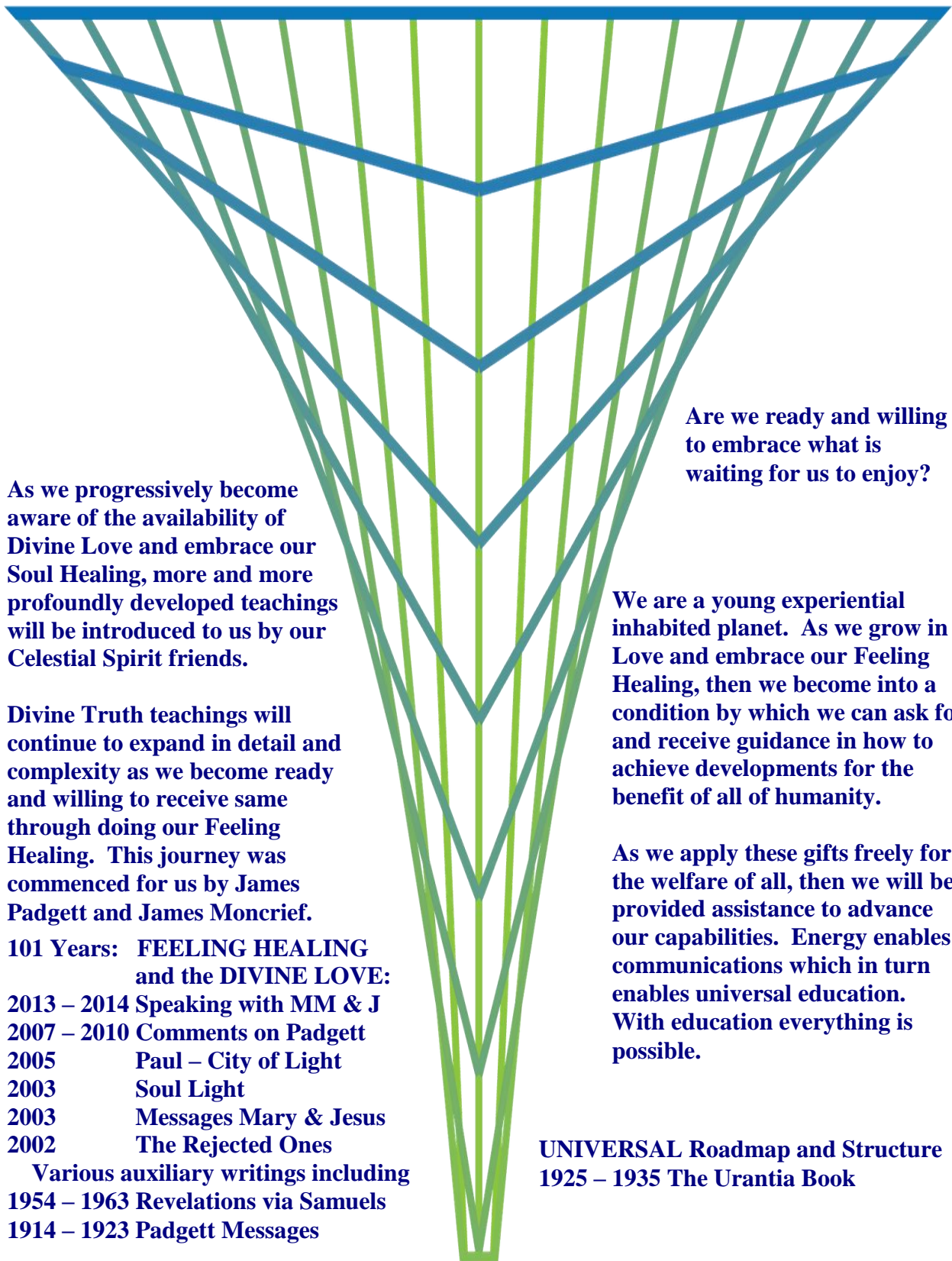
Pascas Care Letters A Huge Upturn
Pascas Care Letters Big Revelation
Pascas Care Letters Feeling Healing Benefits Children
Pascas Care Letters Feeling Healing Way
Pascas Care Letters Little Children
Pascas Care Letters Women's Liberation and Mother

MEDICAL – EMOTIONS:

Pascas Care – Feeling Healing
Pascas Care – Feeling Healing All is Within
Pascas Care – Feeling Healing and Health
Pascas Care – Feeling Healing and History
Pascas Care – Feeling Healing and Parenting
Pascas Care – Feeling Healing and Rebellion
Pascas Care – Feeling Healing and Starting
Pascas Care – Feeling Healing and Will
Pascas Care – Feeling Healing Angel Assistance
Pascas Care – Feeling Healing Being Unloved
Pascas Care – Feeling Healing Child Control
Pascas Care – Feeling Healing Childhood Repression
Pascas Care – Feeling Healing End Times
Pascas Care – Feeling Healing is Rebelling
Pascas Care – Feeling Healing Live True
Pascas Care – Feeling Healing Mary Speaks
Pascas Care – Feeling Healing My Soul
Pascas Care – Feeling Healing Perfect State
Pascas Care – Feeling Healing Revelations X 2
Pascas Care – Feeling Healing the Future
Pascas Care – Feeling Healing Trust Yourself
Pascas Care – Feeling Healing Versus Cult

**PASCAS
PAPERS**

DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:



Philosophy of global changes

Age of a new way

Soul healing

Put **C**hildren first

Awareness so that people can improve their lives

Spirit creating alternative solutions

Team Ukraine

"THE" profession is: **TEACHING**



to:

Learn through play
Independently explore subject
Research with fellow students
Explore topics you enjoy
Engage in what you are passionate about
Ask — and keep asking
Question every aspect
Commonsense is not common
Assumptions are mostly in error
Embrace what you may be feeling
We have been retarded and restrained
We are to be our true self
We are to express all our feelings
We are self contained — all is within
By doing is how we learn
Tutoring others is a great self teacher
Our capabilities are infinite



while you



Living Feelings First!

INTUITIVE

INSIGHTFULNESS

DYNAMIC

NATURAL INTELLIGENCE

SPONTANEOUS

VIBRANCY

foresightful

Wisdom & Truth

FREEDOM

EQUALITY



perceived truth MoC 935 – relative truth potential MoC 1,480