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# HOMELESS HELPING HAND

Homeless Helping Hand is truth! Presently, no one is not suffering a mental condition. We have all been misled. We have all been indoctrinated and now we are all living within a physical hell and no one is grasping just how incredible our entrapment is and how profoundly all-embracing it is.

We hold some professions in disdain while we hold others high on a pedestal. The medical profession does not treat the cause of any illness or disease – they do not cure anything – they do not know how to. The clergy and religious communities do not convey truth – there are around 3,400 significant religions and with their minor denominations we have more than 50,000 options – all purporting to convey truth. Truth is always the same – there is only one truth and yet we have 50,000 variations to choose from!

We are fully self-contained. Our feelings are soul-based. Our feelings are always in truth. Yet, from the moment of our conception we are driven to live mind-centric. We are led to believe that our mind is our pathway to the highest levels of achievements. Our parents indoctrinate us to develop our brain which is nothing more than a very capable ‘dumb computer terminal’. Our mind is part of our spirit body that functions through our etheric body to our physical. Now you may see why that when we ‘die’ that we lose nothing other than a lot of weight. Cool eh!

Here is the game. A couple of wayward high level personalities wanted us all to be subjected to their long term plans. They coerced us to live mind-centric and to ignore and suppress our feelings. By suppressing our feelings we are rejecting our true personality, thus our parents endeavour to make us like them. By the age of six years we are then degraded to the level of consciousness of one or the other of our parents – we are now projecting a personality of their making. We live our whole lives ‘obeying’ our parents and rejecting our true personality as well as being in fear of our parents’ wrath.

To reinforce our suppression and ongoing submission to a stagnating existence, our parents impose their controlling natures upon us, then education, spiritual and religious clergy, employment, and all levels of governments compound the controlling natures that we accept and adopt as our way of life. Then we do the same to our children.

As we are not living true to ourselves, our ongoing life is hell. Living against our truth brings about pain, discomfort, illness and disease. It degrades our potentials in the work environment and commerce. Our social and family arrangements are difficult and sometimes collapse.

# WE ARE ALL BEING PLAYED

**DIVIDE & CONQUER: IF THEY KEEP US FIGHTING WITH EACH OTHER, WE WILL NEVER FIGHT THE TRUE ENEMY... THE ESTABLISHMENT!**



## DIVIDE AND CONQUER MECHANISMS:

Skin Colour / Tone Bigotry	Class & Social Structures
Borders & National Cultures	Militarism is all Wrong
Language Divides	Societal Customs & Practices
Financial Enslavement	Debasement of Education
Professional Snobbery	Sexual Preference Bigotry
Assumptions Err 98% of the time	Political Division
Mind-Centrism Stagnation	Religious Bigotry
Mind Control Addiction	Mind Untruth Addiction
Institutional Controls	Leadership Propaganda & Lies
Parental / Teacher / Religion / Employer / GovernmentSuppressions	
Potable Water Security Food Security Safe Shelter Security	
Universal suppression of all peoples by covert controllers	
Living Mind Centric is prohibiting spontaneity & freedom	
Living Feelings First is living in truth & freedom !	
Women Liberating	Childhood Suppression to end

# ONCE YOU KNOW - YOU CANNOT UNKNOW!

Mary Magdalene

Once you know – you cannot unknow! So now it is time to unravel the entrapment which is intertwined into every facet of our living. We are entrapped with debt, debts for housing, transport, credit cards and now education debts. Education is cumbersome mostly due to its lack of truth. Health services are profit driven while not healing. Entertainment is lacking in love and truth. Many sports are truly ‘blood’ sports that verge on being barbaric. Media is profit focused and truth has left the building. However, we are self-contained and should we yearn and long for truth, truth will come!

But in the meantime, we may find ourselves in dire straits and require maximum support and assistance which may be necessary for 10 weeks or as long as 10 years. When we need help, time is not a factor, we need help for as long as it takes. A roof over our heads is a housing crisis situation that may be in specific aspects of our life.

**SOCIAL HOUSING** in five categories:

- Supportive Housing for the Aged - long term
- Disability Housing – long term
- Domestic Violence and Crisis Housing short to long term
- Youth Foyer (ages 16 ~ 25) to learn and earn
- Common Ground for troubled tenancies being supportive housing  
(Veterans and non-resident supportive housing which overlaps into the other five)

## WHAT IS COMMON GROUND SUPPORTIVE HOUSING?

<https://www.commongroundqld.org.au/index.php/about-us/what-is-supportive-housing/>

Supportive housing offers long term, safe, affordable housing that is intentionally linked to dedicated, tailored support services.

Supportive housing can be delivered in high density multi storey buildings, such as Brisbane Common Ground, or in lower density and scattered site dwellings as delivered in our Supportive Housing 4 Families Program.

Supportive housing is a solution that can end the cycle of homelessness for the most vulnerable individuals and families in Queensland. It offers a permanent alternative to rough sleeping, couch surfing and crisis accommodation.

Fundamental to the success of supportive housing is the shared vision of a tenancy and property manager and a support provider who work in partnership with tenants to sustain their tenancies. Permanent housing is the first step to stability, it allows people to more effectively deal with the challenges that had previously kept them homeless. Over time tenants are enabled to maximise their opportunities for an independent and healthy life.

The Common Ground model of Supportive Housing originated in New York City in the early 80's. Due to the success of the model in ending homelessness it has expanded internationally. Five Australian

States and one Territory now have at least one Common Ground development. The sixth State is currently planning for two new developments.

Brisbane Common Ground opened in July 2012, it is Queensland's first supportive housing initiative. The principles developed in the successful New York City Common Ground model, have been adopted by Common Ground Queensland and used to implement a specialised supportive housing property and tenancy management approach at Brisbane Common Ground.

**Design** – A thoughtfully designed and well maintained positive home environment that includes community spaces and opportunities for the wider community to participate. An asset for the whole community.

**Permanency & Affordability** – Housing is permanent, affordable and self-contained with rent less than 30% of income.

**Tenancy Mix** – There is a mix of tenants with a proportion having experienced homelessness and some who have not. The mix ensures a vibrant and diverse building community.

**Safety** – A concierge service is provided 24 hours a day, 7 days a week to ensure a welcoming but controlled access to the building.

**Support Services** – Onsite support services offer a holistic, tenancy focussed service to tenants who require support to remain housed and achieve their goals and aspirations. The Property and Tenancy Manager works in partnership with support provider, and tenants to sustain tenancies.

**Social Inclusion** – Each element of supportive housing aims to create the greatest degree of empowerment and independence for individuals as well as a thriving community for tenants and neighbours.

## WHAT IS AFFORDABLE HOUSING?

The Affordable Housing program recognises that there is a shortage of housing available to people who are on limited incomes and aims to increase the supply in areas where people want to live, learn, and work.

Common Ground Queensland offers affordable housing at Brisbane Common Ground to tenants who meet the eligibility requirements set out by the Department of Housing and Public Works. The rent charged to affordable housing tenants is charged at 75% of the market value. Preference is given to tenants who are currently working or studying around the Inner Brisbane area. (Nevertheless, rents should not exceed 30% of the income of the occupiers.)

The mix of affordable and supportive tenancies creates a diverse building community and opportunities for increased social inclusion.

**LIVE TRUE TO OUR FEELINGS;  
AND LONG FOR THE TRUTH OF THEM.**

## SUPPORTIVE FACILITIES and SERVICES

Reinventing and repeating what has been undertaken in the past and expecting differing results is insanity.

That is what mostly unfolds throughout our lives and that is how it has been for many generations.

Overarching any experience in a Helping Hand environment is change of environment and change in the way to live.

Awareness of what living mind-centric and suppressing one's feelings is the fundamental drivers of

our difficulties. This is a consequence of Childhood Suppression and that is to be understood and the pathway to mitigate its imposts upon our individual lives is to be provided. This requires extensive introduction and then the environment and opportunity to commence to express one's feelings and what they are drawing attention to.

Thus, common areas for guests of the facility to gather on twos or small groups is to be readily available without interruption and in relative privacy. So, community gathering points for small groups as well as communal groups of around a dozen are to be available.

This is what sets a Helping Hand facility apart from all others. This feature of understanding and awareness is imbedded into all aspects of the support options and pathways that are part and parcel of the residential complexes and visiting services.

A typical centre has the infrastructure to assist in all areas of support that anyone may consider needed in their unique situation. This is all coordinated by social workers who have been trained comprehensively and with the understandings of living feelings first rather than remaining mind-centric. Thus:

Assessment on meeting up may take several hours and appropriate people selected

Nurse availability may be 24 / 7

Security is also 24 / 7 to ensure a safe environment

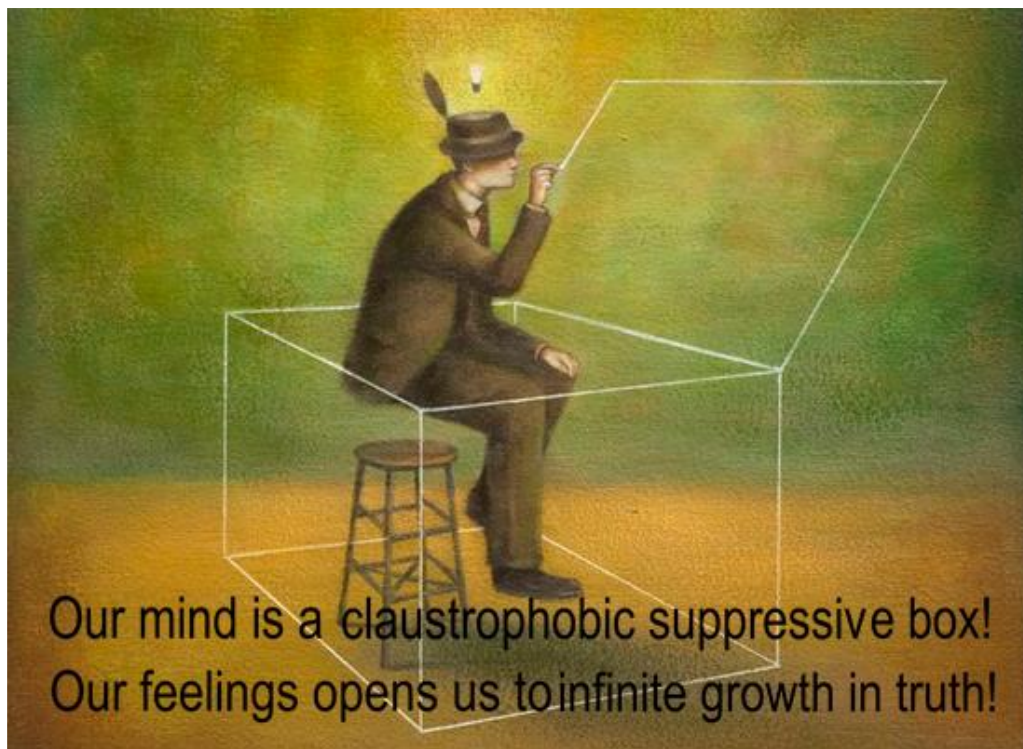
Emergency pickup maybe immediate through Uber assistance

Provision of a secure room, shower, meal and emergency clothes with toiletries

Medication through assisting pharmacy

All aspects of needs is assisted with then training in what is purposeful for the guest can be ongoing in crafts and trades as appropriate. Education that leads to employment is supported.

The needs are diverse and complex and every consideration and requirement is welcomed.



# Craft Creations



Fiber art



Oil painting



Magic



Papermaking



Patchwork



Taxidermy



Creative writing



Metalworking



Web design



Cardmaking



Needlework



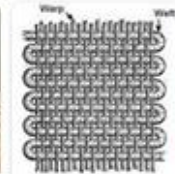
Quilting



Wood carving



Pyrography



Weaving



Upcycling



Photography



Calligraphy



Woodworking



Gardening



Watercolor painting



Toy



Quilling



Sewing



Knitting



Painting



Embroidery



Crochet



Handicraft



Drawing



Book Binding



Glassblowing



Brewing



Pottery



Scrapbooking



Origami



Cross-stitch



Floral design



Macramé



Pressed flower craft



Decoupage



Whittling



Leather crafting



Digital art



Needlepoint



Knife making



Tating



Carpenter



Doodle



Digital photography



Beadwork

# CHALDI TAFE COLLEGE

## Technical and Further Education



Building and construction



Child care



Sports and fitness



Technology, information and networking



Nursing and health



Creative



Agriculture and horticulture



Automotive



Business, justice and management



Community services



Hospitality and cookery



Beauty and hairdressing



By location



Online courses



Apprenticeships



TAFE at School

# PASCAS UNIVERSITY

## HIGHER EDUCATION SUBJECT GROUPINGS:



**ANIMALS AND  
LAND**



**ARCHITECTURE,  
BUILDING AND  
CONSTRUCTION**



**ARTS,  
HUMANITIES  
AND LANGUAGES**



**CREATIVE ARTS,  
DESIGN AND  
MEDIA**



**ECONOMICS,  
COMMERCE,  
BUSINESS AND  
MANAGEMENT**



**EDUCATION AND  
TEACHING**



**ENGINEERING**



**HEALTH  
SCIENCES  
(ACADEMIC)**



**HEALTH  
SCIENCES  
(PROFESSIONAL)**



**HOSPITALITY,  
TOURISM AND  
EVENT  
MANAGEMENT**



**INFORMATION  
TECHNOLOGY  
AND COMPUTER  
SCIENCE**



**INTERNATIONAL  
RELATIONS AND  
DEVELOPMENT  
STUDIES**



**LAW AND  
CRIMINOLOGY**



**MARINE,  
ENVIRONMENT  
AND RENEWABLE  
ENERGY**



**MEDICINE**



**MULTIMEDIA  
MOVIES AND  
MUSIC**



**NURSING,  
MIDWIFERY AND  
PARAMEDICINE**



**PSYCHOLOGY**



**SCIENCE**



**SOCIAL WORK  
AND  
COUNSELLING**



**SPORTS AND  
EXERCISE  
SCIENCE**



# Health and Healing

By expressing our feelings, both good and bad, that is, by talking out our discomforts to a companion, we are expressing the injuries that we have incurred throughout our lives. These injuries and disturbing experiences all stem back to our early forming years, our early childhood. As we yearn to know the truth behind these experiences we will confront our Childhood Suppressions which commenced from the moment of our conception and continued through to the age of six years, all being the years of our early childhood, our forming years. The pain and discomfort of expressing these events will not exceed the pain and discomfort that we experienced during our early childhood.

Nor will any illness or disease cause us greater pain and discomfort than we experienced during our Childhood Suppression. We are also to yearn to know why we are experiencing any such illness. Our Feeling Healing will not abate until we totally finish all of it. Should it diminish along the pathway then we simply would not complete our Feeling Healing. We are too long to know the truth of our feelings, what are our feelings to reveal to us about that which we are feeling.

It is the disruption to the soul light coming into our spirit body and then physical body and its return to our soul that brings about all of our discomforts, pains, illnesses and diseases. However, when we complete our Feeling Healing then we have no need for further discomforts, pains, illnesses and diseases.

Our destiny is through our Feeling Healing and the asking for and receiving of our Heavenly Parents' Love, Their Divine Love, which we all will do so as to enter the Celestial Heavens. We can achieve that state now while living in the physical.

Embracing our feelings as a way of living is opening the pathway for each and every person to evolve.

Amazingly, few have understood that our mind cannot discern truth from falsehood, that our mind is addicted to untruth; also our mind is addicted to control, control over others and the environment. Thus we have the foundations of all the social ills to be found throughout every society. When we make an assumption, it is a product of the mind. When we 'think' of form an 'opinion', these are products of the mind. Assumptions, thinking and opinions error around 98% of the time! We fluke some now and again.

Our feelings are always in truth. We are actually fully and totally endowed with all we need to know, yet we have been denied this through the way we each have been brought up – we are each indoctrinated to be mind-centric, to literally worship our minds, to suppress our feelings. Every facet of our living reinforces this erroneous dogma. Our childhood upbringing is based on mind-centricity – Johnny, don't be stupid, use your head! Johnny, if I hear another whimper out of you I will smack you – this is suppression of our feelings.

Consequently, we are diminished from our pristine true self to that of the personality and consciousness level of our parents by the time we are six years old. This is why humanity is stagnating. Generation after generation is a mirror of the previous. This is why society cannot advance or solve anything!

Living feelings first, living true to ourselves, will see evolution cumulatively unfold generation after generation. The drain on governmental social services will progressively diminish. Education will become fun and the time to complete our schooling may reduce from 12 years to as little as 4 years!

# Health and Healing of all our bodies.

“The real KEY to our Healing is longing for the Truth, and that is the truth that will come from our feelings. If you don’t want the truth of what you are feeling, then you can forget it. You can express your feelings all day like a kettle letting off steam, however if you’re not seriously wanting, and longing hard, and praying with all your will to God to help you uncover and see the TRUTH that your feelings are to show you, then you can forget it. The expressing and releasing ARE just as important, however a little less than longing for the truth.”

James Moncrief 28 May 2018



and longing for the Truth about what our feelings are drawing our attention to. We need to know, and before we can know, we WANT to know. And once we know, we cannot unknown!

This being in conjunction with:

## The GOLDEN RULE

*Never interfere with another's will.*

*We are not to impose our will upon another!*

*One must always honour another's will as  
one honours one's own.*

# CHILDHOOD TRAUMA



Throughout our forming years, from conception to around age six, we are immersed in the unloving guidance and care of those who feel they are loving. The accumulation of injuries, errors, hurt, are all of an ongoing harming nature being disturbing frozen energy that manifests aspects through the rest of our life. The suppression and ongoing repression of our natural self expression during our formative years is the foundation of all our suffering throughout our life.

Suppression and ongoing repression of our natural self-expression underlies our quality of life, it is the predictor of our level of employment, poverty or otherwise, our physical health, generator of our illnesses, our quality of relationships and all aspects of our everyday living, good and bad.

We can free ourselves of living life like a retard, yes, that is about how we emerge from our early childhood. We, as parents, are yet to discover how to bring up children. First we are to liberate ourselves from keeping suppressed our childhood repression, and this we now can do through Feeling Healing.

“The real KEY to our Healing is longing for the Truth, and that is the truth that will come from our feelings. If you don’t want the truth of what you are feeling, then you can forget it. You can express your feelings all day like a kettle letting off steam, however if you’re not seriously wanting, and longing hard, and praying with all your will to God to help you uncover and see the TRUTH that your feelings are to show you, then you can forget it. The expressing and releasing ARE just as important, however a little less than longing for the truth.”

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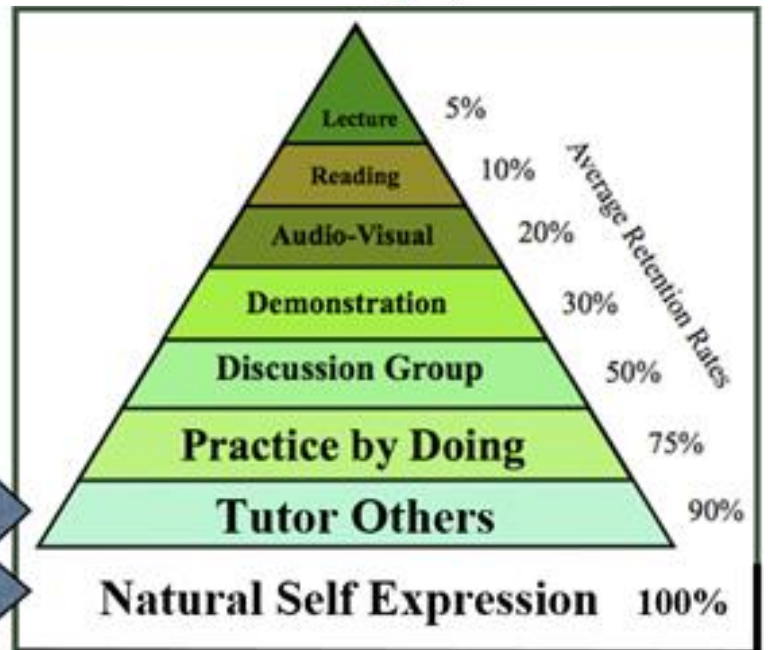
Suppression & Repression

= *Universal Depression*

**ASSUMPTIONS** and the MIND



The Learning Pyramid



*Childhood Suppression is the underlying cause of all physical illness and social issues seen throughout society.*

# **PSYCHIC BARRIERS to CHANGE!**

**To put it succinctly:**

**We have been driven, generation after generation, to embrace our minds to the point that we blindly worship our minds, due to the fact that high level spirit controllers considered we would fall to their coercion.**

**Our minds are addicted to:**

**Control over others;**

**Control over our environment.**

**That males are now addicted to having females subservient to their control.**

**That our minds cannot differentiate Truth from Falsehood.**

**That our minds are addicted to untruth and that 'fake news' and propaganda will be believed by a gullible, subservient audience.**

**That consequently, the sheeple will march to war without questioning.**

**So, financial gain for the few hidden controllers is the trigger for never ending wars, if they cannot enslave nations through debt by other means!**

**We, here on Earth, live in a physical HELL!**

## One Cause – One Pathway

# simple is what LIFE is meant to be!

Amazingly, it has not been previously understood that should we heal ourselves of what we each have taken on of the Rebellion and Default via our Childhood Suppression being experienced throughout our childhood formative years, such healing being through Feeling Healing, then we would no longer need to experience physical discomfort, pain, disease or any illness.

Sickness comes about in its diverse forms to draw our attention to our emotional injuries and errors of belief. Once we fully heal ourselves then we no longer need to experience illness! Feeling Healing is the only pathway!

The extreme diversity in the forms of illness is of a direct reflection of the diversity of our personalities and the suppressive environments we each have experienced.

It is only upon completion of our Feeling Healing that such propensity for physical health arises.

However, now it can be understood why allopathic medicine, traditional medicine and all other health systems do not bring about a cure. That is because the underlying cause has not been previously recognised and consequently it is never addressed.

To engage in living Feelings First and then to embrace Feeling Healing is addressing our Childhood Suppression as well as our ongoing Repression that continues throughout all of our life. Further, by also embracing Divine Love we are also Soul Healing and thus fitting ourselves to become of Celestial Soul Condition which we can do while living in the physical on Earth.

Humanity, over many thousands of years, has progressively gone deeper and deeper into wrongness through living mind-centric. We have always taken the wrong option – our choices have always deepened our suppression of our truth and personality.

By embracing The New Way, living Feelings First, humanity will begin to resolve the social ills that prevail throughout all societies. Progressively the circumstances for world peace will arise.

This is what the following pages reveal.

# Nothing that ails humanity can be solved or healed until we embrace our feelings!

Our FEELINGS are our SUPREME GUIDES:

# Feelings!

Feelings are what guide us through our ascension of truth. So they are really our Supreme Guides. Many people look for a person, spirit, angel, even God, for supreme guidance, however it's all right there already built in – in our feelings. We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it's there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feelings is really: Longing for the truth of our self, because: we are our feelings. So life stirs up our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings.

Kevin 26 September 2017

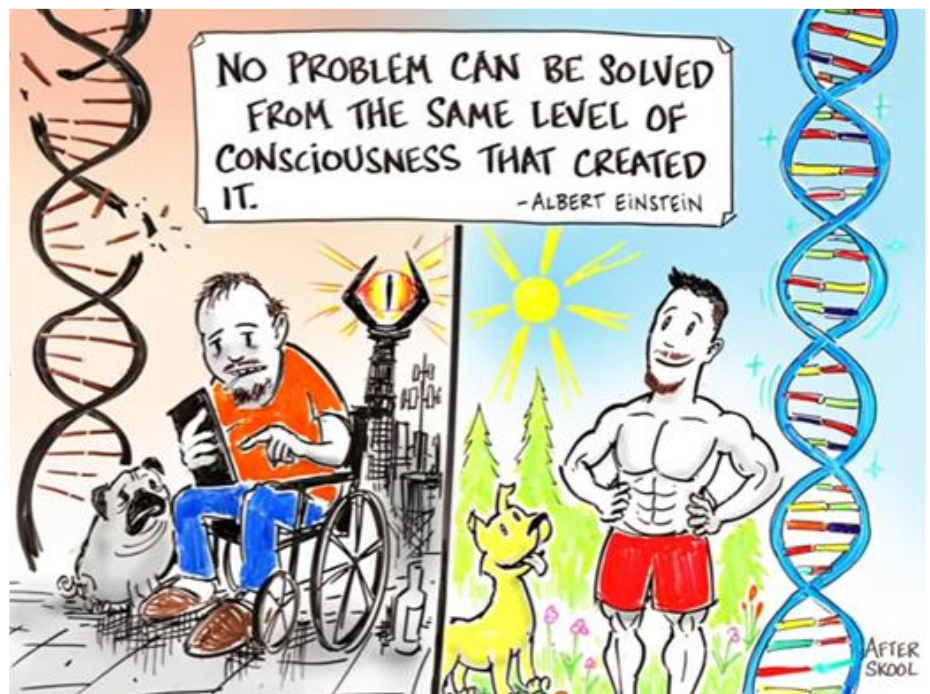
Kevin died 10 August 2012, through Feeling Healing became Celestial on 7 August 2017

*“The True Liberation of Women is Through the Truth of Their Feelings.”*

**Ongoing unsettling events for humanity will continue until the awareness of Feeling Healing becomes universally understood.**

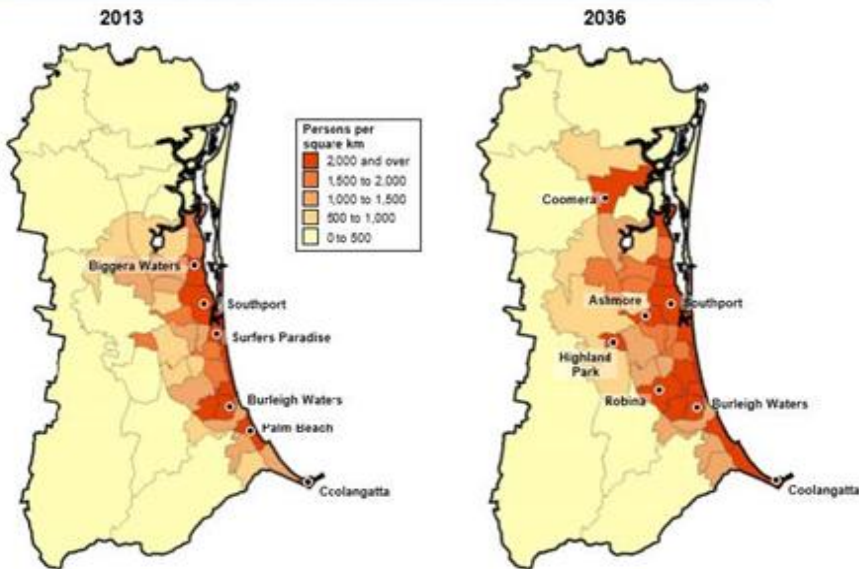
Viruses will mutate in advance of vaccines, extremes of weather and Earth events will be more intensive than ever, plagues will be beyond comprehension, civil unrest will be ongoing and throughout all societies, trade lines will collapse and war may make a total mess of many nations. The old complacent way of living is gone.

For those who embrace the Feelings Way of Living, life will be rewarding and freeing. For those who cling to their mind centric way of living, life will be difficult to being unbearable.

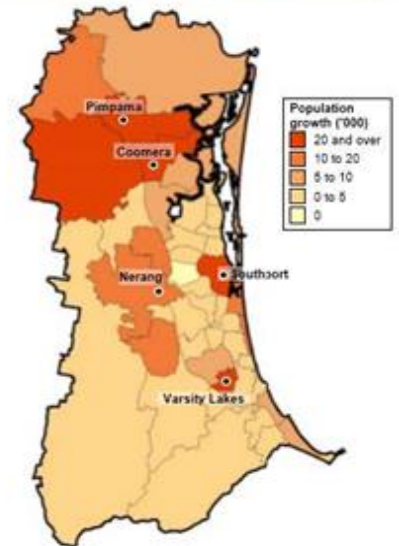


**GOLD COAST, Queensland, Australia:**

Historic and projected population density by statistical area 2 (SA2), City of Gold Coast 2013 & 2036



Absolute population growth by SA2, City of Gold Coast 2013-36



Gold Coast City Council population is about 650,000 as of June 2021.

Presently, a cluster of 100 units having a combination of 1 bedroom, 2 bedroom, 3 bedroom and larger options (housing for 300) is a priority on the Gold Coast in at least two locations. This is emergency shortage relief.

Brisbane City population is about 2,650,000. Priority is for four locations to be provided with 100 units each.

Queensland overall population is more than 5,500,000. Fourteen locations need to be established, each with 100 units.

A base need is one such complex for every 330,000 population, thus seventeen Shelter Housing projections would commence to mitigate the pressing need for emergency shelter for domestic violence and homelessness throughout Queensland.

Australia’s population is approaching 26 million, that suggests 78 facilities (7,800 units) throughout Australia is now required and then a shortfall will still need addressing. At an average of 3 persons per unit, that equates to provision for 23,400

persons and the known shortfall is being estimated at 520,000.

**Research by the Australian Housing and Urban Research Institute shows Australia is short 173,000 affordable dwellings for rent (consider 3 persons per dwelling) to house 520,000, with Sydney short 60,000 dwellings.**



**Social housing across Queensland, there are:**

**more than 21,000 one-bedroom properties,  
 about 18,000 two-bedroom homes,  
 more than 25,000 three-bedroom homes,  
 6,000 four-bedroom homes and 1,000 larger homes.**

Consider 1 resident per each one-bedroom unit	30 units	30 residents – single adult
Consider 3 residents per each two-bedroom unit	30 units	90 residents – single adult
Consider 4 residents per each three-bedroom unit	30 units	120 residents – single adult
Consider 6 residents per larger units	<u>10</u> units	<u>60</u> residents
Total	100 units	300 residents

Thus 100 adults  
 with 60 children aged 0 to 6 years  
 60 children aged 7 to 12 years  
 50 children aged 13 to 16 years  
 and 30 mature aged dependants.  
 300 residents

A Chaldi Chappy is a Pascas Community Counsellor, holding a Social Worker certificate level IV with PfD in the field of Social Work – Living Feelings First.

This is what are the qualifications of a Pascas Counsellor who is also referred to as a Chaldi Chappy having received training through a Chaldi College as an alternative to Pascas University.





Women's Shelter  
for 10 women or  
6 mums with 10 children



Social Worker certificate level IV with PFD in field of Social Work – Living Feelings First



## The Australian wide Need

**The current construction rate of social housing – is a little more than 3,000 dwellings a year!**

**Simply preventing the existing problem from getting worse calls for nearly 15,000 extra dwellings a year to be built. That’s a little over 290,000 homes over the next 20 years.**

**To eliminate the backlog as well would require an annual program averaging 36,500 units. This would need to begin gradually to build capacity and avoid inflating costs.**

The 2016 census counted 116,000 homeless people across Australia. Recognising that some would choose not to live alone, we estimate that our homeless population implies **a need for about 47,000 extra dwellings now.**

Second, our analysis considers the group whose housing needs are not being met by the market. These households are on very low incomes (excluding student households), in private rental housing, and in rental stress – where rent is more than 30% of their earnings. If you are on a very low income, housing costs of this order mean going without other essentials.

**Collectively, these components imply a current backlog of 433,000 social housing dwellings.**

**Table 2: Estimated construction cost, and dwelling type distribution (2017 prices)**

Section of Australia	Share of needed growth	Range of estimated cost/unit	Distribution of unit type			
			detached	attached	low-rise	high-rise
Greater Sydney	19.3%	\$210k–\$614k	0%	21%	60%	19%
Rest of NSW	9.9%	\$173k–\$393k	79%	21%	0%	0%
Greater Melbourne	17.5%	\$220k–\$442k	0%	70%	13%	17%
Rest of VIC	5.3%	\$170k–\$203k	100%	0%	0%	0%
Greater Brisbane	10.9%	\$208k–\$357k	15%	61%	23%	0%
Rest of QLD	13.2%	\$179k–\$285k	72%	28%	0%	0%
Greater Perth	9.4%	\$184k–\$316k	0%	92%	8%	0%
Rest of WA	2.5%	\$162k–\$265k	100%	0%	0%	0%
Greater Adelaide	5.6%	\$184k–\$261k	0%	83%	17%	0%
Rest of SA	1.3%	\$146k–\$157k	100%	0%	0%	0%
Greater Hobart	0.9%	\$271k	100%	0%	0%	0%
Rest of TAS	1.0%	\$172k–\$189k	100%	0%	0%	0%
ACT	1.2%	\$418k	0%	100%	0%	0%
Greater Darwin	0.4%	\$256k	0%	100%	0%	0%
Rest of NT	1.5%	\$186k	100%	0%	0%	0%
<b>Overall</b>	<b>100.0%</b>	<b>\$146k–\$614k</b>	<b>32%</b>	<b>44%</b>	<b>18%</b>	<b>7%</b>

Source: authors.

Addressing the deficit and future need will call for the construction of some 730,000 new social dwellings over the next 20 years. This equates to an annual average growth of 5.5% over the existing stock. 36,500 new social dwellings are required throughout Australia every year.

**Newly emerging need will expand the shortfall to 727,000 dwellings by 2036 being 36,500 homes per annum being required.**

**Table 4: Comparison of five investment pathways**

Program Summary	Scenario 1: Yr1 total	Scenario 2: Yr1 Total	Scenario 3: Yr1 Total	Scenario 4: Yr1 Total	Scenario 5: Yr1 Total
Total development costs (excl. GST and taxes)	\$7.0 billion	\$6.4 billion	\$5.8 billion	\$5.7 billion	\$5.4 billion
Total operating costs	\$2.8 billion	\$2.8 billion	\$2.8 billion	\$2.8 billion	\$2.8 billion
Rental income	\$3.2 billion	\$3.2 billion	\$3.2 billion	\$3.2 billion	\$3.2 billion
Operating Subsidy/Capital Grant	\$5.4 billion	\$4.8 billion	\$4.2 billion	\$4.1 billion	\$5.0 billion
CRA Payments	\$1.2 billion	\$1.2 billion	\$1.2 billion	\$1.2 billion	
Government subsidy	\$6.6 billion	\$6.0 billion	\$5.4 billion	\$5.3 billion	\$5.0 billion
Savings on Yr1 scenario	—	9%	18%	20%	24%

Source: authors.

### **Now to address the Root Cause!**

Provision of Family Shelter accommodation is to be considered in modules of 10 and then of larger modules of 100. This is to bring about practical support arrangements. Support counsellors are more appropriately engaged in supporting ten women or six mothers with ten children.

When providing educating and training facilities, then the diversity of requirements tend to generate practical utilisation when supporting 100 accommodation units. **Such accommodation units maybe 1, 2, 3 or more beds. Consider a configuration of 30 x 1 bedrooms, 30 x 2 bedrooms, 30 x 3 bedrooms and then 10 units with 4 or even more bedrooms. Essentially the population per unit is not to exceed six persons all being of the one family.**

**NOW for the PATHWAY FORWARD**

During Dr David R Hawkins development of the Map of Consciousness, utilising kinesiology muscle testing and working the energy calibrations factoring based on the common log of 10, the overall calibration for Earth’s humanity progressed from 190 progressively to around 207. A few years ago, the calibration was 212. As of 2021 it is 220.

<b>Consciousness Calibrations Worldwide</b>	
<b>Level of Consciousness</b>	<b>Percentage of population</b>
<b>600 +</b>	<b>1 in millions</b>
<b>540 +</b>	<b>0.4%</b>
<b>500 +</b>	<b>4%</b>
<b>400 +</b>	<b>8%</b>
<b>200 +</b>	<b>22%</b>
<b>200 -</b>	<b>78%</b>
<b>World wide average</b>	<b>220</b>

**Note:**                            **The Map of Consciousness scale is from 1 to 1,000**  
 The Map of Consciousness (MoC) table is based on the common log of 10. It is not a numeric table.  
 A calibration increase of 1 point is in fact a 10 fold increase in energy.  
 A calibration increase of 10 points is in fact a 10,000,000,000 fold increase in energy.  
 Thus the energy differentials are in fact enormous!

**This very significant rising in the overall calibration of Earth’s humanity is a direct consequence of the Avonal Pair, now on Earth, who have taken on the extremes of the Rebellion and Default errors and injuries, progressively healing themselves so as to be able to show all of humanity how to also proceed through our healing. These are the people of a higher consciousness, having come from Paradise, who are able to ‘solve the problem’ and lead the way. “Feeling Healing” is the way. Due to the immense soul quality of the Avonal Pair, it is their soul condition that as they have progressively healed themselves so as to show us the way, which has lifted the overall calibration of Earth’s humanity!**

Creating a self-sustaining community of 1,000 people requires housing and support personnel. Such a community may be that which consists of a configuration of the equivalent of three “family shelters”. This may directly involve counsellors, psychologists, nurses, doctors, pharmacists, nutritionists and a host of financial and legal support people. Then there are all the industries and professions to deliver clean air, potable water, nutritious food, safe and secure housing. And most of all are the education systems. To create and operate a self-sufficient and self-sustaining community of a thousand people requires all the same skills and support system required in nation building.

**Considering a Family Shelter** of 100 units with an overall population of 300, we may anticipate that 100 adults would be with 200 children including mature aged dependants and that the children would range in age from 0 to 16 and the mature age dependents would be of any age.

**A 100 unit Family Shelter population:**

- Thus 100 adults
- with 60 children aged 0 to 6 years
- 60 children aged 7 to 12 years
- 50 children aged 13 to 16 years
- and 30 mature aged dependants.
- 300 residents (**3 per unit average**)

**One counsellor is best engaged with 10 adults or with six mothers and their 10 children when assisting those escaping domestic violence. As a Family Shelter may have 100 adults, with between 60% to 75% escaping domestic violence, then around 15 counsellors with experiences encapsulating the skills called upon may be appropriate for such a community.** These being counsellors with Social Worker certificate level IV + Pfd in the field of SOCIAL WORK – LIVING FEELINGS FIRST.

- A frontline facility may be a Pascas Café with showers, laundering, business centre and meetup area.
- A small Pascas Family Shelter would have 1 counsellor to assist 10 adults or 6 mothers with 10 children.
- A medium Pascas Family Shelter may have 30 units to house 90 residents with meeting rooms, community play areas and have 5 or 6 counsellors.
- A full Pascas Family Shelter may have 100 units to house 300 residents with Pascas Crèche, Pascas Café, community meeting area and business facilities and have 15 counsellors including administration.



Gold Coast City Council population is about 650,000 as of June 2021. Presently, a cluster of 100 units having a combination of 1 bedroom, 2 bedroom, 3 bedroom and larger options (housing for 300) is a priority on the Gold Coast in at least two locations. This emergency shortage relief.

Brisbane City population is about 2,650,000. Priority is for six or more locations to be provided with 100 units each.

Queensland overall population is more than 5,500,000. Fourteen locations need to be established, each with 100 units.

A base need is one such complex for every 330,000 population, thus seventeen Shelter Housing projections would commence to mitigate the pressing need for emergency shelter for domestic violence and homelessness throughout Queensland.

Australia's population is approaching 26 million, that suggests 78 facilities (7,800 units) throughout Australia is now required and then a shortfall will still need addressing. At an average of 3 persons per unit, that equates to provision for 23,400 persons and the known shortfall is being estimated at 520,000. This agenda addresses only 5%.

**Budget AU\$700,000 per unit, a 100 unit complex budget may be AU\$70,000,000. 78 facilities would amount to AU\$5.46 billion and then add community Pascas Cafes as well as medium and smaller shelters for regional communities; then a budget of possibly AU\$9 billion is to provide for establishment and ongoing operating costs until the facilities become financially self-funding. The focus of this endeavour is to primarily address the shortfall in housing availability for domestic violence victims and non-residents.**

# HOMELESSNESS IN SWEDEN: A COUNTRY IN A HOUSING CRISIS



<https://borgenproject.org/homelessness-in-sweden/#:~:text=Overall%2C%20the%20solution%20to%20homelessness,state%20rather%20than%20social%20services.>

16 July 2020

Sweden is known for its generous welfare state; however, homelessness in Sweden is a rising concern. Swedes spend a larger proportion of their disposable income on housing compared to other European countries, and that figure is rising rapidly. The lack of affordable housing and the growing population has led to a housing crisis and an increase in homelessness.

The definition of homelessness in Sweden is divided into four categories:

- acute homelessness
- institutional care and category housing
- long-term housing solutions
- short-term insecure housing solutions

The Swedish government conducts a national survey every six years to analyse trends in homelessness. The survey reported that 33,269 people were homeless in 2017. Since the last report in 2011, acute homelessness increased from 4,500 to 5,935 people, and those in long-term housing solutions increased from 13,900 to 15,838.

### ***Who Are The Most Vulnerable to Homelessness?***

Women are increasingly more susceptible to homelessness, compared to men. More than one-third of the homeless in Sweden have children younger than 18, resulting in at least 24,000 children with parents who are homeless.

The majority of parents struggling with homelessness stated the main cause as having an income too low for them to qualify as tenants in the ordinary housing market. This factor forces them to enter the secondary market and into long-term, but insecure, housing situations.

In recent years, a large influx of migrants including refugees has contributed to rising homelessness in Sweden. Around 43% of people that are homeless were born in a country other than Sweden. Sweden has the highest rate of homelessness per 1,000 inhabitants in Scandinavia.

More people are becoming homeless due to evictions, sudden unemployment, or relationship breakups than due to mental health or substance abuse issues. Since more than 20% of the homeless do not need additional social services besides housing, they do not get support at all. The largest contributor to homelessness in Sweden is the housing crisis.

### ***The Housing Crisis***

There is a lack of available and affordable housing in Sweden, especially in cities. In 2017, 88% of municipalities reported a housing shortage. The wait time for an apartment is significantly increasing over time, making it nearly impossible to secure a rental apartment.

A reason for the shortage is that new construction is not keeping up with the growing population. There is low production of new public housing or rental apartments due to the cost of land, workers and materials; the cost is high due to the extremely high demand. There is little space left to build, and architects and city planners are reluctant to build taller to adhere to Swedish building customs. The rentals that are built are directed to upper-class markets with an average rental rate substantially higher than what social services will pay. Rising costs have made it even more difficult for marginalised groups to enter the conventional housing market.

### ***What is the Solution?***

To deal with the lack of housing, some have turned to co-housing. Companies such as Colive are remodelling large houses where tenants would pay for a bedroom and shared common spaces. The plan is to create tens of thousands of units within the decade.

Homelessness in Sweden is more of a structural issue than a social one, although the social aspects should not be ignored. While there is no explicit national strategy to address homelessness, there have been calls for an integrated housing provision strategy in which the state, region and municipality are all jointly responsible for providing adequate housing. Policies need to be more proactive to tackle the large proportion of people stuck in the secondary housing market. Measures need to be put in place to incentivise affordable housing builds with specific goals for low-income housing, according to the Stadmissionen report.

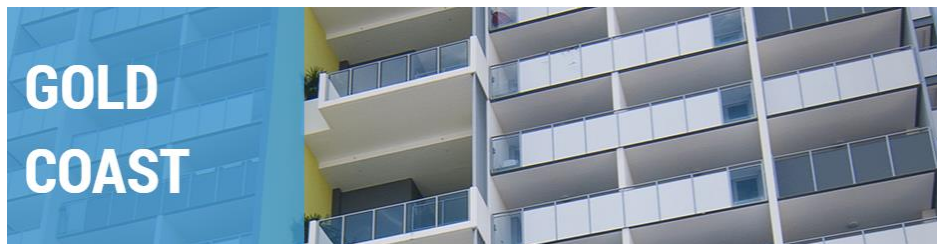
Having one's own home is a fundamental need that also offers safety and security. Housing First, a method for dealing with homelessness in New York City, was implemented in Stockholm and Helsingborg in 2010. This approach eliminates conditions for housing and treats housing as a fundamental human right. Now, 94 municipalities in the country have Housing First strategies; these programs are local and not national.

Overall, the solution to homelessness in Sweden requires solving the housing crisis. The government needs to enact policies that spur affordable constructions while simultaneously moving the responsibility of homelessness prevention to municipalities and the state rather than social services.

– *Katie Gagnon*



# GOLD COAST



## Introducing Common Ground Gold Coast

Common Ground Gold Coast (CGGC) has been established through the support of Common Ground Queensland (CGQ). CGGC is a subsidiary organisation of CGQ, created with the express aim of establishing a Common Ground supportive housing project on the Gold Coast.

The Common Ground model is a solution to homelessness underpinned by supportive housing principles, bringing housing, support services and the community together.

Our initial project will seek to establish 200 units of supportive housing to permanently house and support individuals sleeping rough, or those who experience chronic homelessness. It is hoped that governments at all levels, business and the community, will contribute to delivering this project on the Gold Coast where the need is significant.

*“Common Ground is a place to call home and a place to belong. We end homelessness a person at a time. We give people back the stability, dignity, care and community that chronic homelessness takes away from them. For the past 10 years we have delivered our supportive housing response at Brisbane Common Ground - we know it works. We are excited to be working with your community and supporters to deliver a Common Ground for the Gold Coast.”*

**Mario**, CEO, Common Ground Queensland, Australia

(07) 3370 8320

Sue Pope, CEO, Erin 0400 331 788

[admin@commongroundqld.org.au](mailto:admin@commongroundqld.org.au)

Gold Coastchair:

[Southport@parliament.qld.gov.au](mailto:Southport@parliament.qld.gov.au)

**Rob Molhoek**, Liam, Southport Park Village, 175 Ferry Rd, Southport QLD 4215 (07) 5600 1100

Thursday August 24, 2023 | Gold Coast Bulletin

## Charity pledges \$12m for homelessness

**Amaani Siddeek**

A “revolutionary” housing solution to help those facing homelessness is on its way to becoming a reality for the Gold Coast.

The initiative, headed by Common Ground Gold Coast, will aim to build a 200 apartment high-rise in the heart of Southport that will work to permanently rehome and support people who are sleeping

rough. Southport MP and chair of Common Ground Gold Coast Rob Molhoek said the initiative offers people who are homeless – many of whom struggle with mental health or drug and alcohol issues – a safe place to “relearn how to live”.

“The ‘supportive housing model’ means they have access to counsellors, support workers and more importantly security to keep them safe,” Mr Molhoek said of people living rough. On

Thursday, Gold Coast organisation James Frizelle Charitable Foundation announced at Queensland Parliament House that it would donate \$2 million to Common Ground Gold Coast and pledged a further \$10 million over the next two years. It’s the largest donation to date that the foundation has ever signed.

James Frizelle said: “We can blame the government and you can blame all sorts of people – but it’s quite scary how bad

homelessness has become. We see so many people who are homeless and sleeping in cars including families, children and women escaping domestic violence.

“But our goal with (this) donation is to inspire other businesses to do the same.”

Trisha Harris, Mr Frizelle’s wife and business partner, said the donation was in line with the foundation’s motto: ‘Give where you live, while you live’.

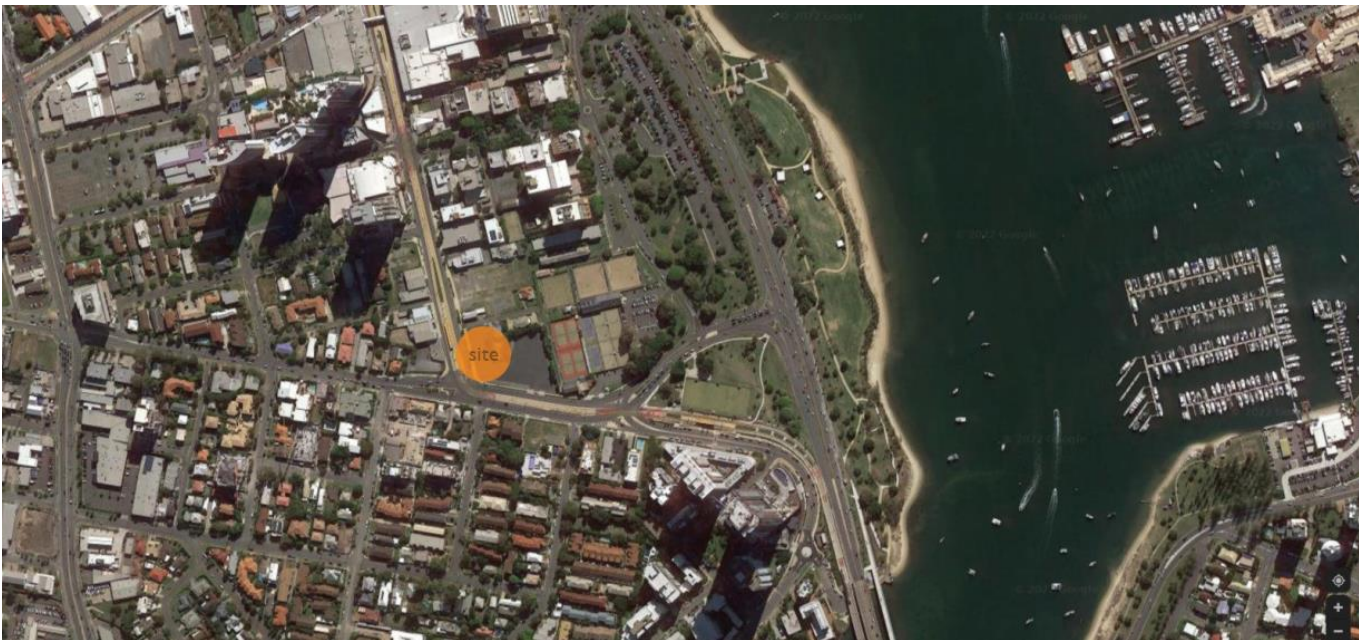
# Common Ground



**Common Ground proposed projects:**

<b>Southport</b>	<b>200 units</b>	<b>AU\$120 million</b>	<b>2 year build</b>
<b>Cairns</b>	<b>60 units</b>	<b>\$40 million</b>	
<b>Fortitude Valley</b>	<b>200 units</b>	<b>\$180 million</b>	
<b>Tweed Heads</b>	<b>100 units</b>	<b>\$60 million</b>	
<b>Recurrent ongoing costs</b>		<b>\$100 million</b>	
		-----	
<b>Program initial</b>		<b>AU\$500 million</b>	

**Scarborough St, Southport:**



200 Units

1 bed units for single or couples – living area with space for short term visitors

Studio units – designed with some separation / differentiation between sleeping area and living space

Self contained with kitchen, bathroom and laundry

Disability access and wheelchair access

Sound attenuation between units

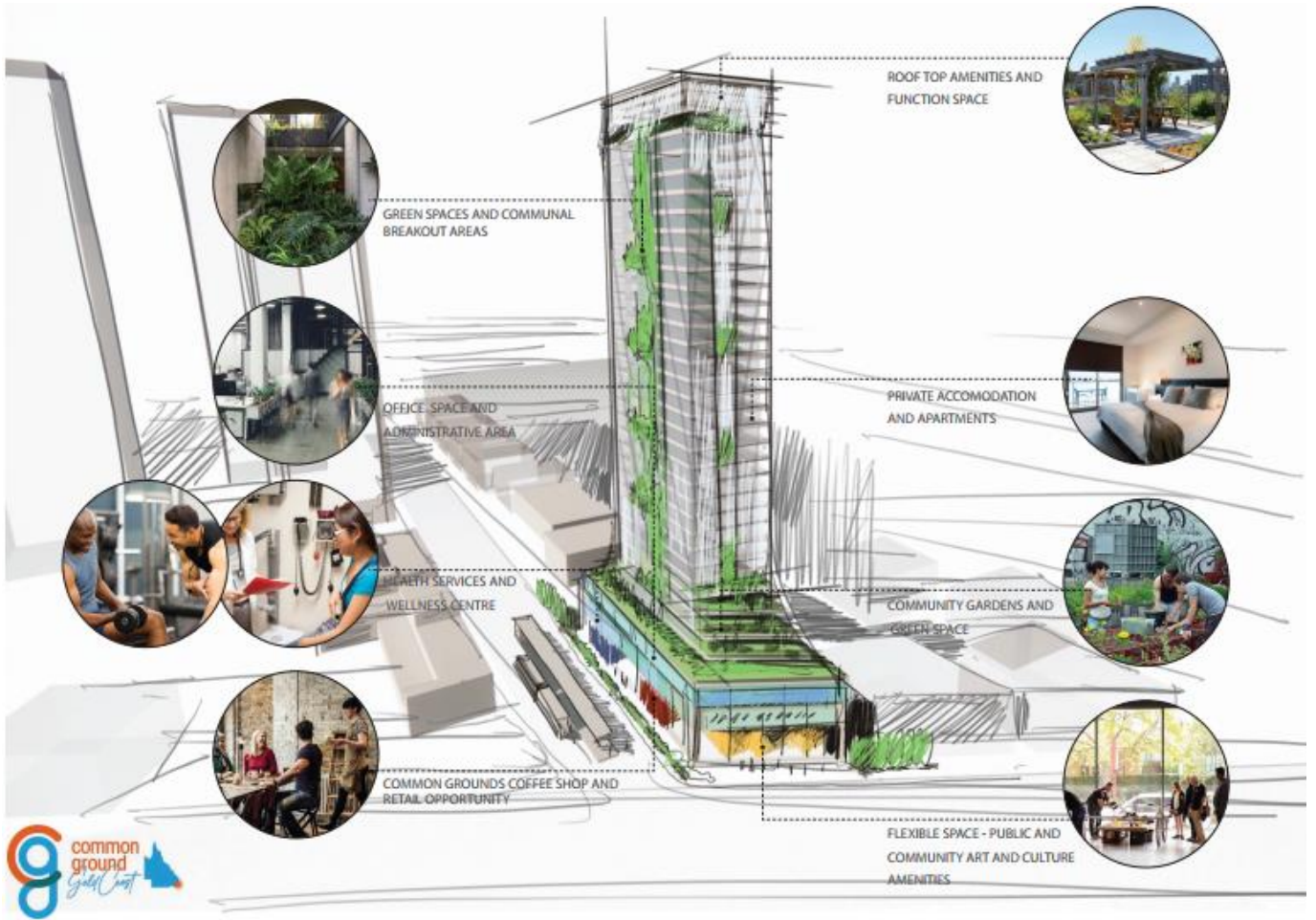
Cross ventilation – bathroom ventilation

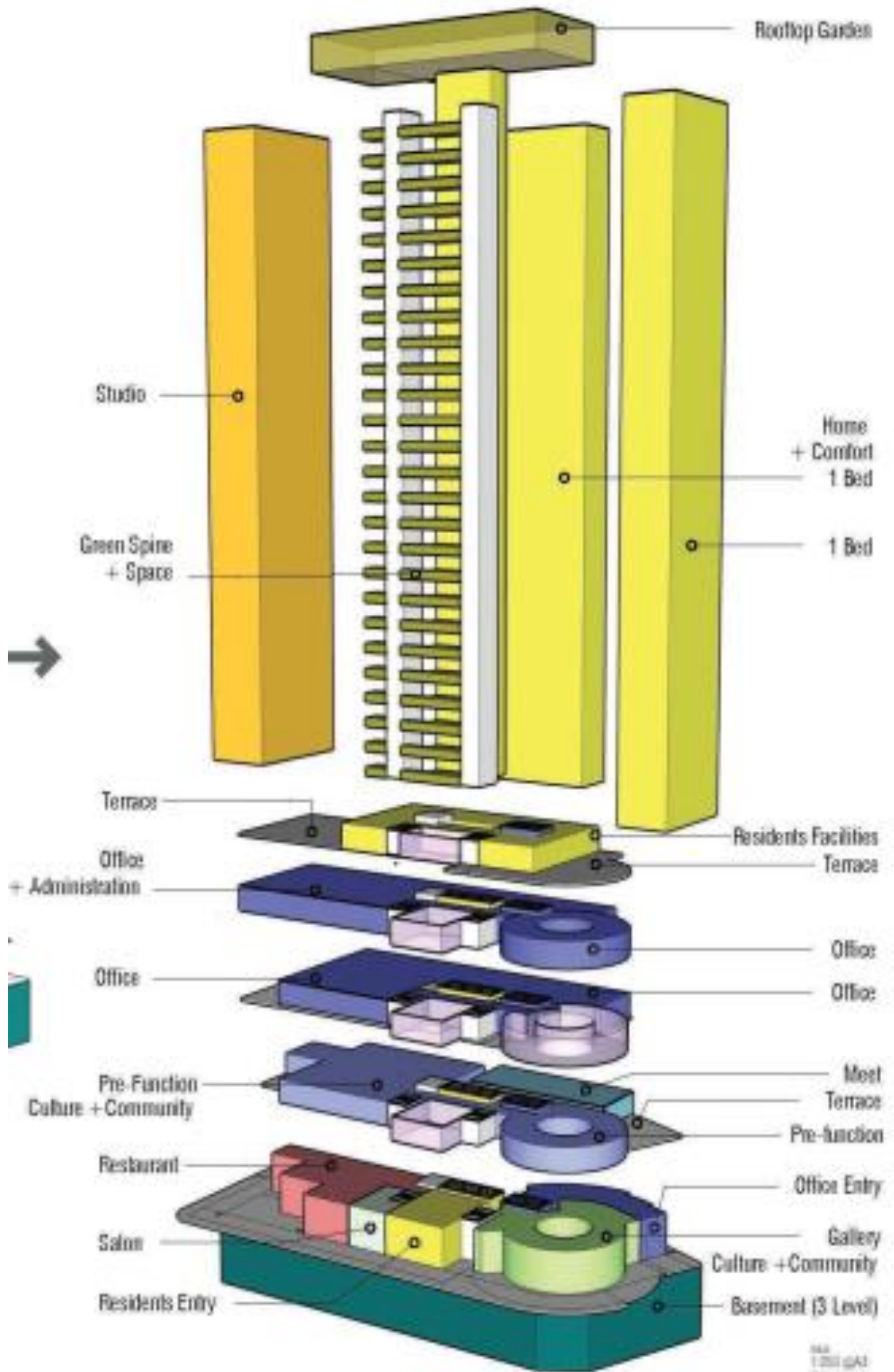
**Special considerations:**

For some units on lower levels close to support staff for highly complex tenants.

Additional sound attenuation – area to accommodate "pacing"

Proximity to sensory modulation room





# Australian Alliance to End Homelessness

[aeh.org.au/#:~:text=Homelessness%20is%20solved%20by%20providing,that%20have%20intentional%20community%20services.](http://aeh.org.au/#:~:text=Homelessness%20is%20solved%20by%20providing,that%20have%20intentional%20community%20services.)

The Australian Alliance to End Homelessness (AAEH) is an independent champion for preventing and ending homelessness in Australia.

**We recognise that the scale of homelessness in Australia is both preventable and solvable and that despite the common misconception to the contrary, we can end homelessness in Australia.**

Since 2013, we have supported individuals, organisations, governments, and local communities to work collaboratively to systemically end homelessness.

Specifically, we work to prevent, reduce, and end homelessness by ensuring that everyone has access to the housing and support they need, so that any future incidents of homelessness are rare, brief, and a one-time occurrence. This is how we define an end to homelessness.

## Advance to Zero

We seek to demonstrate that ending homelessness is possible in Australia through our Advance to Zero (AtoZ) Campaign, starting with rough sleeping.

Through AtoZ, we support communities to utilise a range of proven solutions including real-time by-name list data, coordinated systems, prevention, improvement science, advocacy, and other activities to ensure that their local housing and homelessness system is able to support more people into permanent housing than are coming into that system – not just at a point in time, but over time.

We measure this by calculating what we call Functional Zero, a dynamic way of determining if a community has been able to make homelessness rare, brief, and a one-time occurrence.

To help guide these efforts to end homelessness, we have developed the Advance to Zero methodology, based on what's working around the world and what we've learned from efforts so far in Australia.

## Training and Advisory

Our work is evidence-based and informed by a global network of expertise and knowledge built up by some of the most innovative and successful international efforts to end homelessness. The AAEH itself is modelled on the highly successful National Alliance to End Homelessness in the USA and the Canadian Alliance to End Homelessness.

We work closely with Community Solutions in the US, which, since our inception, have helped to train and coach a range of Australian communities. Community Solutions has coached and supported a growing number of communities in the US and worldwide to achieve Functional Zero homelessness.

We also have partnerships and work closely with a range of other leading international organisations like the Institute of Global Homelessness (IGH), OrgCode (Canada), The Institute of Healthcare Improvement (Various), Crisis (UK), the Corporation for Supportive Housing (USA), and others.

Through what we have learned by working with all of these partners, we offer a range of Training and Advisory Services. This includes our biennial (every two years) Australian Zero Homelessness Summit



**advance to zero**

and Leadership Academy on Ending Homelessness, as well as the development of various data and collaborative tools, resources, and infrastructure to support individual and collective efforts to end homelessness.

### **Allied Networks**

We understand that no single person, organisation, or government can tackle homelessness alone. It requires a collective effort including collaboration, data, and coordinated action across governments, as well as a diverse range of organisations and individuals.

With this in mind, we strive to bring together those who share a commitment to ending homelessness through a series of Allied Networks, which we directly support or work closely with. These networks unite practitioners, policymakers, academics, people with lived experience of homelessness, and leaders from both corporate and community sectors, spanning all industries.

Through these networks, we aim to foster greater collaboration, enhance best practices, and advocate for change. Simultaneously, we work to build an increased understanding of the complex and interconnected causes of homelessness while raising awareness of the fact that we can end it.

Ultimately, the AAEH exists to bring community, business, and government together to inspire action for an end to all homelessness in Australia.

### **What we stand for**

AAEH is committed to preventing and ending homelessness in Australia by ensuring everyone has access to safe, sustainable housing and the services they need. We believe any incidents of homelessness that do occur should be rare, brief and non-recurring.

We understand that access to safe, affordable, appropriate and sustainable housing is not merely about shelter.

### **The benefits of ending homelessness**

Research studies from around the world consistently demonstrate that having access to safe, affordable housing provides a foundation on which individuals and families can build better futures.

Specifically, individuals and families can use the safety, security and stability of housing to:

- Exit homelessness
- Rise out of poverty
- Improve the health of themselves and their family
- Reconnect with family where there has been estrangement
- Engage in work, study and community participation
- Provide a stable home, school and community for children to be a part of
- Break the cycle of intergenerational poverty by giving children the chance to thrive.

The benefits of such actions extend far beyond individuals and families to the whole community. Community benefits include reducing the economic impact on Australia's taxation system by reducing overall spending on health, justice and welfare budgets. By investing funds strategically into evidence-based programs that prevent crisis situations or quickly address them, we can reduce the number of high-cost tertiary level incidents such as emergency room presentations.

## **Our strategy**

Based on evidence from around the world we know the scale of homelessness in Australia is both preventable and solvable.

Housing First is a proven approach that connects people experiencing homelessness with long-term housing as quickly as possible and without preconditions. Work performed by our member organisations around Australia using the Housing First approach has demonstrated that homelessness is not inevitable, that Housing First principles work in the Australian environment, and the work done and successes to date are scalable.

The collaborative, multi-organisation projects completed to date that successfully met and exceeded targets also highlighted that there is excellent impact potential when organisations work together to deliver a coordinated approach to ending homelessness.

Homelessness is solved by providing an adequate supply of safe, appropriate and affordable housing and for those who require it, supportive housing with tenancies that have intentional community services. In some situations, people who experience homelessness will also need ongoing community support to sustain their housing and to access other services they need like health and employment. Resolving homelessness requires a range of responses to meet the needs of individuals experiencing homelessness.

We seek strong, bipartisan, national, state and local political leadership on the issue to ensure homelessness will be solved by a coordinated local effort.

We are committed to working in partnership with local communities to develop effective local responses to homelessness built on robust and well-informed research. We seek strong, bipartisan, national, state and local political leadership on the issue to ensure homelessness will be solved by a coordinated local effort. We need a national agenda that focusses on providing our communities with an adequate supply of affordable housing, one that matches people to the housing and support services they require to access and successfully maintain their tenancy.

Our plan to end homelessness is multi-faceted, reflecting the holistic nature of homelessness, and the collaboration required to prevent and end it.

Our plan includes six distinct but interrelated elements:

1. Homelessness – prevention and early intervention
2. National rough sleeper housing and support: Advance to Zero
3. Increased safe and affordable housing
4. Increased permanent supportive housing
5. Essential links between health and housing
6. Partner to achieve the vision for ending homelessness in Australia.

Working together as a community, with a shared vision we will deliver the foundation on which individuals and families can build better futures.



Chair: Karyn Walsh CEO Micah Projects  
(Queensland)

Queensland (metro)

[Brisbane Alliance to End Homelessness](#) (led by Micah Projects)

Email: [admin.atoz@micahprojects.org.au](mailto:admin.atoz@micahprojects.org.au)



**Sue Pope**

CEO at Common Ground Queensland

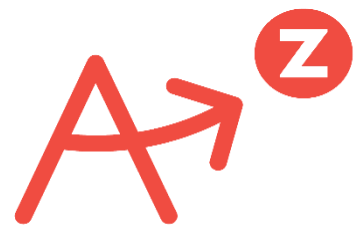
(07) 3370 8320

Sue Pope, CEO,

Erin 0400 331 788

[admin@commongroundqld.org.au](mailto:admin@commongroundqld.org.au)

Sue has more than 20 years' experience working in the health and community sectors in Queensland – with 12 of those years in senior management roles. Sue has experience working on a number of diverse and complex portfolios including mental health, alcohol and other drugs, primary healthcare, prevention, community capacity building, chronic disease, rural and remote health and parenting and family wellness. Sue has a passion for person-centred system and service design and evaluation, and for improving service quality by amplifying the voices of people who use health and community services.



**advance to zero**





**advance to zero**

<https://aaeh.org.au/assets/images/211122-AtoZ-Factsheet.pdf>

Goal: Make Homelessness rare, brief and a one-time thing by:  
Identify everyone by name, understanding their needs, support them into housing and prevent future instances of homelessness from occurring or reoccurring.

AtoZ Problem / Solution frame

## The Advance to Zero Campaign Detailed Fact Sheet

The Advance to Zero (AtoZ) Campaign is a ground-breaking national initiative of the Australian Alliance to End Homelessness (AAEH) that supports local collaborative efforts to end homelessness, starting with rough sleeping – one community at a time.

The campaign itself is a collaboration (or what's sometimes called a Collective Impact Initiative) between a broad range of communities, organisations and individuals that are all committed to making homelessness rare, brief and a one-time occurrence – how we define an end to homelessness.

Using a range of proven approaches from around the world communities are supported not just to address individual instances of homelessness, or even reduce overall homelessness but to end it.

The Advance to Zero (AtoZ) Campaign utilises a methodology that has been developed by the various partners of the AAHE across Australia and brings together knowledge of what is working from efforts around the world including work by Community Solutions, the Institute of Global Homelessness, OrgCode and the Canadian Alliance to End Homelessness as well as the many organisations and campaigns associated with the AAHE.

The Campaign supports community-based efforts to build public support for ending homelessness and political support for renewed commonwealth, state and local government investment in the type of housing, support services and healthcare needed to end homelessness in each community.

The AAHE supports communities participating in the AtoZ campaign through a series of six monthly improvement cycles, through which communities work together and share knowledge about their efforts to end homelessness. With our international and domestic partners, the AAHE provides training, coaching and other infrastructure or tools based support through these improvement cycles.

Whilst the campaign starts with rough sleeping it doesn't finish there. Some communities also focus on all chronic homelessness, families, veterans and others. Our strategy, based on what has worked overseas, is to break the problem up and to focus on changing the system of support services, not just at improving the way individual services in a community operate. It is by focusing on this system change effort and putting the individual needs of the people at the centre of that system can we actually end homelessness, by making it rare, brief and a one-time occurrence. More information about the methodology can be found below.

The campaign is also supported by a series of allied networks focused on particular sectors like health, business or veterans, places like states and territories, or service models like the Common Ground and Youth Foyer communities of practice. The AtoZ Campaign is inspired by the Build for Zero Campaign in the USA and Canada and has sought to incorporate many of the lessons and insights from these and other efforts including the 100,000 Homes Campaign in the USA and the local equivalents – the Brisbane 500 Lives and the Perth 50 Lives campaigns.

Homelessness is solvable, we know this because a growing number of communities around the world have demonstrated it. Through the collective effort of communities across Australia working together to better identify, triage, coordinate and advocate for the permanent housing and support real-time data shows that we can end homelessness not just at a point in time, but to sustain this over time too.

Ending Homelessness starts with a shared goal, shared data, and a shared commitment – this is what the AtoZ Campaign seeks to support communities to build.

**Want to get involved?**

Please get in touch with us to learn more about the AtoZ campaign and how you can get involved by emailing us at: [info@aaeh.org.au](mailto:info@aaeh.org.au)

**Want more Information?**

See below for further information about what is involved with the methodology, implementing it and who is involved.

**The Advance to Zero Campaign Communities**

The Following are the communities and organisations supporting the campaign.



## The Advance to Zero Homelessness Methodology - Overview

The methodology is driven by a shared vision to end all homelessness, starting with rough sleeping. It is guided by the four approaches to ending homelessness and eight proven solutions as set out below:



We work with communities across Australia to seek to implement this through continuous improvement cycles consisting of:



## Methodology in Detail

The AtoZ Campaign is about bringing community, business and government together to end homelessness. Our shared vision is to end all homelessness in Australia, starting with rough sleeping, and we intend to do this by ensuring that when homelessness does occur it is rare, brief and a one-time thing.

The Advance to Zero Homelessness Methodology has been developed collaboratively by the Australian Alliance to End Homelessness (AAEH) and its many partners since we were established in 2013. It incorporates what we have learned about implementing the successful work of our partners from around the world and in Australia. These international partners include: Community Solutions International, the

Institute of Global Homelessness, OrgCode, the Canadian Alliance to End Homelessness, the Corporation for Supportive Housing, the Institute For Healthcare Improvement and many others.

Homelessness is a complex problem, in recognition of this, our efforts to end homelessness must be able to respond to this complexity. That's why we have identified four different 'approaches' that should all be taken to the problem, they are:

- 1 **Housing First** – the commitment to provide immediate access to housing with no housing readiness requirements, whilst simultaneously working with people to promote recovery and wellbeing.
- 2 **Person-centred and strengths-based** – a commitment to put the person sleeping rough at the centre of the service system, to build on their strengths to support an end to their homelessness. Listening to the voices of people with a lived experience of homelessness is central to this approach.
- 3 **Evidence-based systems change** – a commitment to seek to change the entire system of support for people experiencing homelessness, not just individual services, and to do so based on what the data and evidence show the people in that system need.
- 4 **A place-based collective impact approach to collaboration** – Commitment to work together in a specific place and in a coordinated way that hold everyone involved accountable to reach our shared goal of ending street homelessness.

In addition, there are eight proven solutions that need to be implemented in a way consistent with each of the four approaches to ending homelessness, these solutions are:






- 1 **Assertive outreach** – street outreach efforts are essential to helping to identify and support people who feel unsafe or otherwise unable to come into traditional services – including through the use of Connections (or Registry) Weeks.
- 2 **Common Assessment** – Supporting these efforts is a common assessment tool (i.e. the VI-SDAT) that enables the collection of data on an individual's needs so that they can be assessed and recommended for support in a consistent, evidence-informed way. Common assessment also aids with the implementation of no-wrong door approaches.
- 3 **A real-time quality by-name list** – of people experiencing homelessness and their individual needs, provides a shared understanding who needs support, whether efforts are working, how to best target resources, and how to improve the service system as a whole. It enables scarce housing and support to be triaged according to local priorities and it enables a prevention focus, better advocacy and the implementation of the Housing First approach.
- 4 **Coordinated systems** – a community-wide coordinated approach to delivering services, supports and housing that is strategic and data-driven to allocate resources and deliver services equitably, efficiently, and effectively. This includes having governance structures, service coordination structures and documented practices, for housing allocation, case conferencing and system-level troubleshooting.
- 5 **Continuous improvement** – is about building problem-solving capability across a system through an ongoing process of learning, testing and adopting new ideas and ways that build on the successful efforts to drive reductions in homelessness through cycles of improvement. It is about shifting mindsets and utilises the plan, do, study, act approach.
- 6 **Data-driven prevention** – the use of data and continuous improvement practices to ensure a shared understanding of how best to reduce the 'inflow' of people entering into rough sleeping through a range of

prevention and early intervention measures.

- 7 Data informed system advocacy** – using data to drive changes in policies and practices of all governments and organisations and to drive changes in the attitudes and behaviours within the community to effect broaden based calls for social change that are needed to prevent and end all homelessness.
- 8 More of the right housing and support** – using the real time data from the by-name list to support better systems planning and advocacy to get access to more of the right housing and support needed to support people existing homelessness to sustain their tenancy – particularly supportive housing for those with the most acute needs and chronic experiences of rough sleeping.

We understand that this is a lot for any community to process, that is why we have developed five improvement cycles to support communities wanting to end homelessness to break up the problem and start the journey. These phases and associated support tools are: (see diagram below)



	<p><b>1. Action Planning</b></p> <p>You'll develop a community action plan to help get stakeholders on the same page, set targets, focus areas, allocate tasks, agree on next steps and build an improvement team that can take responsibility for getting to zero.</p> <ul style="list-style-type: none"> <li>• Action Planning Training and Toolkit - including accountability framework, templates, etc</li> <li>• VI-SPDAT Training resources</li> <li>• Connections Week Toolkit and Training</li> <li>• Training - Introduction to the Advance to Zero methodology, assertive outreach, Housing First, etc.</li> </ul>
	<p><b>2. Quality By-Name List</b></p> <p>You'll work with a coaching team to build a comprehensive real-time, by-name list of people experiencing rough sleeping homelessness in your community.</p> <ul style="list-style-type: none"> <li>• Learning Sessions &amp; Coaching Calls</li> <li>• Score Card</li> <li>• Training - Continuous Improvement (i.e. quality improvement science, action labs, etc.), Coordinated Systems, BNL's &amp; prevention, etc.</li> </ul>
	<p><b>3. Reduce to Zero</b></p> <p>You'll learn the science of testing improvement ideas in rapid cycles to drive monthly reductions in homelessness.</p> <ul style="list-style-type: none"> <li>• Learning Sessions &amp; Coaching Calls</li> <li>• Coordinated Systems Checklist &amp; Cultural Engagement Protocol (in development)</li> <li>• System Reviews, Solutions Labs, and other training.</li> </ul>
	<p><b>4. Sustaining Zero</b></p> <p>You'll learn how to sustain functional zero for your target population.</p> <ul style="list-style-type: none"> <li>• Learning Sessions &amp; Coaching Calls</li> <li>• System Reviews, Solutions Labs, and other training.</li> </ul>
	<p><b>5. Zero for All *</b></p> <p>You'll expand your focus to new target populations and drive toward ending all homelessness.</p> <ul style="list-style-type: none"> <li>• Learning Sessions</li> <li>• Coaching Calls</li> <li>• System Reviews, Solutions Labs, and other training.</li> </ul>

\* = not necessarily sequential

# Ending homelessness in Australia

<https://www.missionaustralia.com.au/what-we-do/ending-homelessness>

At Mission Australia, we believe every person across the country should have access to safe and secure housing.



Homelessness is a problem that goes beyond ‘rooflessness’ and a lack of access to safe shelter. The experience of homelessness includes vulnerable people living in refuges, crisis accommodation or in temporary housing.

According to the Australian Bureau of Statistics, a person will experience homelessness when there is a lack of suitable accommodation alternatives and their current living arrangement:

- is in a dwelling that is inadequate; or
- has no tenure, or if their initial tenure is short and not extendable; or
- does not allow them to have control of, and access to space for social relations.

**Every night, more than 122,000 people in Australia experience homelessness**—although the most visible experience of homelessness involves sleeping rough on the streets, this type of homelessness only represents 6% of the homeless population. Thousands of men, women, young people and children forced to ‘couch surf’, seek shelter in a car or rely on temporary accommodation, are experiencing different forms of homelessness. People living in severely overcrowded dwellings or inadequate forms of shelter that fall well below adequate standards, such as boarding houses and caravan parks, are also considered to be experiencing homelessness.

## Who is at risk of homelessness?

Despite the common perception of a person experiencing homelessness as an older male who sleeps in an inner-city park or street, there is no 'typical' experience of homelessness.

People of all ages and backgrounds are at risk of homelessness but according to data from the Census, Aboriginal and Torres Strait Islander people, children and older women are more vulnerable to homelessness than other groups in society.

- **Aboriginal and Torres Strait Islander people:** Despite accounting for only 3.2% of our population, 20% of all people experiencing homelessness identify as Aboriginal and Torres Strait Islander and experience much higher rates of overcrowding.
- **Children and young people:** Children and young people living with a single parent or fleeing family and domestic violence can be particularly vulnerable to homelessness. In 2021-22, three in ten people who received assistance from specialist homelessness services were under 18 years. More than 43,000 children under the age of nine received support.
- **Older women:** More than 7,300 women aged 55 and over are homeless but the proportion of older women experiencing homelessness continues to increase, rising 7% in the last five years. Additionally, older women experiencing homelessness are typically hidden from view, with many moving between family or friends or live in overcrowded dwellings.

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## The complex causes of homelessness in Australia

Homelessness is caused by a range of complex systemic, structural and individual factors including social disadvantage, financial hardship, poor health and more.

Vulnerable people experiencing or at risk of homelessness can also grapple with a range of mental health issues, alcohol or other drug dependencies and relationship instability. Structural factors such as the shortage of social and affordable housing options contribute to the risk of homelessness.

At Mission Australia, we know firsthand that people can experience homelessness as a result of a change in circumstances such as a relationship breakdown, loss of a job or death of a loved one.



## Domestic violence is one of the leading causes of homelessness in Australia.

Domestic and family violence is one of the main reasons people seek support from specialist homelessness services. In 2018-2019, 40% of people in search of accommodation at specialist homelessness services experienced domestic and family violence. This threat to their safety means many women and their children are forced to leave their homes, often with nowhere to go.

Learn more about homelessness in Australia by viewing our [reports and submissions](#).

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## Preventing homelessness in Australia

We aim to support vulnerable people at risk of homelessness—not just during a crisis—but throughout their journey towards independence.

Prevention and early intervention are key to addressing homelessness in Australia. Mission Australia offers a range of supports to people at risk of eviction, provides crisis and transitional accommodation and helps people find long-term, sustainable and affordable housing options. Our staff also work with people experiencing alcohol and drug problems, mental health issues, problem gambling and other factors that can affect their ability to maintain a tenancy.



Mission Australia Housing provides social and affordable housing options to support an individual's journey towards independence. Discover more about [Mission Australia Housing](#) or [find a community service](#) near you.

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## Public perceptions of homelessness

The common perception of a homeless person is an older man with a drinking or drug problem who sleeps in an inner-city park or street. However, we know from our experience and Census figures there is no “typical” homeless person.

Homelessness can affect men, women and children from a wide range of backgrounds living in our cities, suburbs and country towns.

Yet the problem is often masked by the fact that people experiencing homelessness move from one temporary solution to another, making do until they can find permanent accommodation.

These people – the ‘hidden homeless’ – move between the homes of family members or, as is often the case with young people who ‘couch surf’, a series of friends. Some stay in refuges, boarding houses, cheap motels, caravans and even cars. As you can imagine, such uncertainty can take an enormous toll on a person's self-worth and capacity to go to school, find work and stay healthy.

Homelessness also comes at a high social and economic cost to our society, which is why prevention is so vital.

## 7 myths about homelessness in Australia

When people think about others who are [homeless in Australia](#), the images that come to mind aren't always accurate.

Here are seven common myths and misconceptions surrounding homelessness in Australia, and the truths behind them.

### Myth 1 Our homeless community is made up of middle-aged men.

People of all ages and backgrounds — including women, children, families, young people and older people — can become homeless.

Almost a quarter (24%) of people who are homeless in Australia are aged between 12-24 years. This includes approximately 19,400 children under 14, who don't have a safe place to call home.

Six out of ten people seeking support from homelessness services are women.

## Myth 2 Homeless people sleep on the street.

Contrary to common perception, only 6% of people who are homeless are sleeping rough in improvised dwellings such as sleeping in parks, bus shelters, abandoned buildings or shop doorways.

Majority of people are hidden from view; 'couch surfing', moving between shelters, living in overcrowded dwellings or sleeping in cars.



## Myth 3 Being homeless is a choice.

**Domestic violence** is one of the main reasons people seek help from a homeless service. Every week, women across Australia, often with children, escape abusive partners with nowhere to go and no other option.

Other social, economic and health-related factors; shortage of affordable housing, financial problems, relationship issues, unemployment or illness can also push people out of their homes.

## **Myth 4 Homeless people just need to get a job.**

The high cost of rental housing, particularly for low income earners, forces many families and individuals out of their homes with no place else to live.



People living with a physical or mental health issues may face additional barriers to finding suitable and affordable accommodation.

## **Myth 5 Homelessness is simply about physical housing and 'rooflessness'.**

Living independently requires more than just having a roof over your head. Mission Australia provides individuals with the support and life skills to find a safe home, maintain a tenancy and thrive in the community.

Services that support people to address mental health issues, re-engage with education, employment or training, overcome alcohol or drug dependencies, and more, are crucial for people to achieve lasting change.

## **Myth 6 Homelessness will never happen to me.**

Homelessness can be triggered by a range of factors and circumstances that are outside of our control. Factors such as sudden job loss, injury and illness can lead to homelessness and can happen to anyone.



## **Myth 7 We will never solve homelessness.**

Social and economic factors contribute to the problem of homelessness in Australia. However, Mission Australia's work is making a big difference. In 2022, through our 78 homelessness and housing services, we supported 23,755 people to get back on their feet and move towards rebuilding an independent life for themselves.

Only together can we break the cycle of homelessness in Australia.

## **Three leading causes of homelessness in Australia**

Homelessness can affect anyone, triggered by a range of circumstances that are outside of our control.

But first, what is **homelessness**?

Homelessness is defined by the Australian Bureau of Statistics as a lack of suitable accommodation alternatives. It is a problem in our communities that goes beyond 'rooflessness' and a lack of access to safe shelter. The experience of homelessness includes vulnerable people living in temporary accommodation, caravan parks or in their cars.

While homelessness is a complex issue that can affect men, women and children from various backgrounds, here are three leading causes of homelessness in our communities:

## **1. Domestic and family violence can lead to homelessness**

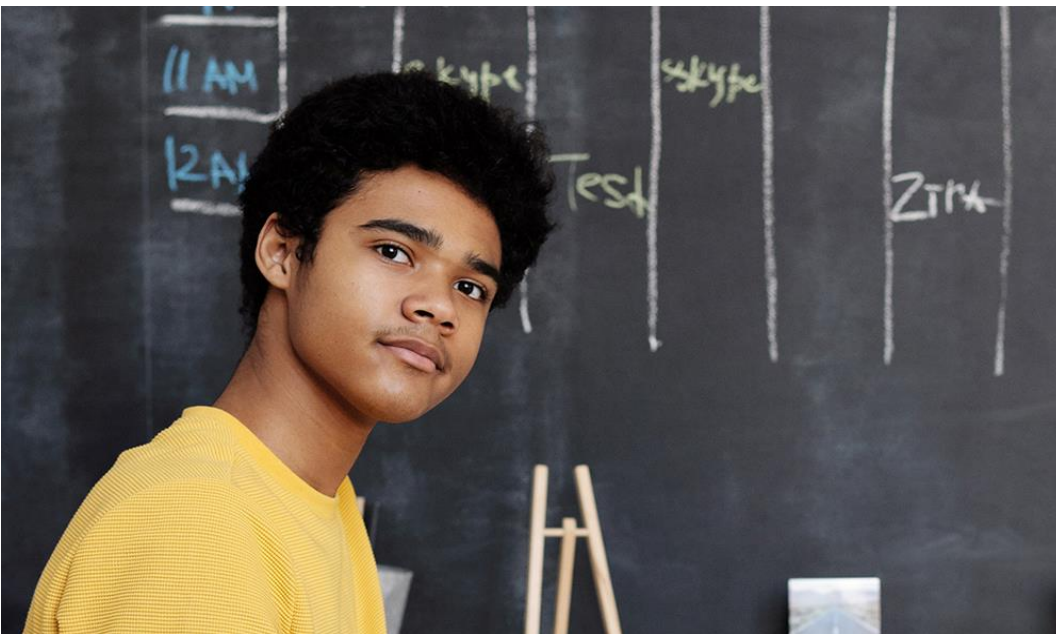
Domestic and family violence— a form of violent, abusive or bullying behaviour —can force many women and children to leave their homes, often with no support and nowhere else to go.

In 2021-22, around 108,000 people who experienced domestic and family violence also required support from a specialist homelessness service. Of those people, 75% were females.

Dee\*, a mother of two young children informed her GP of domestic and family violence after four years of marriage to her husband. Her GP connected her with a domestic and family violence support service, which immediately referred her to one of Mission Australia's housing services. With the help of staff, Dee was able to remove herself from the violent relationship and find refuge in a temporary accommodation managed by Mission Australia Housing.



**Domestic and family violence** is also a major contributor to **youth homelessness** in Australia. In 2019, Mission Australia's Youth Survey Report found that one in six young people who responded to the survey said they had experienced some form of homelessness.



### Tim's story

Tim\* was 15 years old when he was linked with one of Mission Australia's Reconnect services in Adelaide. Tim's mother was in Queensland and his father was in

prison. He was couch surfing at the time and had no income, making it hard for him to attend school. With help from Mission Australia, Tim was able to purchase school supplies, school uniforms and find safe accommodation. Tim now attends school regularly.

Without the proper care and support, young people may become involved with substance abuse and can face long-term homelessness. For thousands of women and young people in similar situations as Dee or Tim, facing homelessness can feel safer than living in a home where domestic and family violence is a reality.

## 2. Mental health is interrelated to homelessness

Mental illness and the experience of being homeless are often interrelated, affecting an individual's self-confidence, ability to attain employment or sustain their tenancy. In 2021-22, around 82,500 people with a current mental health condition received support from a specialist homelessness service. Just under half of these people experienced homelessness and around 12% had nowhere to sleep.

In Richard's\* case, a redundancy from his position at a government organisation had a significant impact on his mental health. The 62-year-old faced severe anxiety and re-entering the workforce proved more difficult than he imagined. Without an income, Richard couldn't keep up with rental. When a Mission Australia homelessness service first met him, he was sleeping rough in the laundry of an apartment block. **[Read more about different experiences of homelessness in Australia.](#)**

The link between mental health and homelessness is also apparent in young people. In Australia, in 2021–22, around 48% of young people who received help from a specialist homelessness service also faced a current mental health issue.

## 3. Sudden life changes can trigger homelessness

No one is immune to homelessness. Unexpected changes in circumstances can trigger experiences of homelessness. Life events such as the death of a loved one, sudden job loss or relationship breakdowns can expose people to a chain of events that results in homelessness.

For thousands of Australians, the risk of losing their home is only one pay slip away. The high cost of rental housing combined with the lack of affordable housing options, particularly for low income earners, can force many families and individuals out of their homes with no place to live.

When the pandemic hit Australia, the financial disruption and interruptions to businesses and livelihoods was unexpected.





### Abby's story

For 40-year-old Abby\*, a single mother living in Australia, the COVID-19 restrictions cost cut her working hours and led to a significant reduction of income. The supplementary payments barely covered her bills and with rent falling further behind, Abby was on the brink of homelessness. When she got in touch with a Mission Australia housing service, Abby was approved to receive financial support to cover her rent and avoid homelessness.



Identifying the leading causes of homelessness can help us break the cycle of homelessness in Australia. With a regular donation or one-off gift to Mission Australia, you can help us end homelessness and support people in need to thrive.

# 5 facts you didn't know about homelessness

**Homelessness** is not the first picture that comes to mind when you think about life in Australia but, living without a home is a reality for people like Amy and her three young children. Amy and her children were among thousands of other people escaping domestic or family violence with nowhere safe to go. Unable to afford accommodation and turned away from shelters, they were forced to live in a borrowed car.

Sadly, stories like Amy's are not uncommon.

In Australia, homelessness can affect people of all ages, men, women, children, and all circumstances but many of us simply don't see the reality of homelessness in our communities. To uncover the reality of homelessness, here are five facts you probably didn't know about homelessness in Australia:

## 1. There are over 122,000 people experiencing homelessness on any given night

With a relatively small population, it's alarming to think that on any given night, more than 122,000 people experience homelessness in Australia. People experiencing homelessness are among the most vulnerable in our community. In fact, almost 29,000 people without a stable home are aged 18 or younger<sup>1</sup> and in 2021–22, around 25,300 people over 55 years received support from specialist homelessness services.

## 2. Only 6% of people who are homeless are sleeping on the streets

The small number of people that sleep rough on streets and park benches are not accurate representations of the common and widespread reality of homelessness.

Homelessness can look vastly different to the stereotypes we hold.

Only 6% of people that lacked safe and adequate shelter sleep on the streets, according to the 2021 Census.

*Most people experiencing forms of homelessness are hidden from public view.*

The remaining families and children without a home are forced to couch surf, rely on temporary accommodation such as hostels or caravan parks and many will seek shelter in a makeshift dwelling such as a car.

### **3. Over 17,600 children younger than 12 years are homeless**

In Australia, over 15,800 children younger than 12 years don't have a safe space to call home. Of this number, just over 200 children will experience the harshest form of homelessness, relying on parks, bus shelters or shop fronts for warmth.<sup>1</sup>



Without the stability of a safe and secure home, children experiencing homelessness—either on the street or in temporary housing—are forced to grow up without the necessities to enable their healthy development and growth.

### **4. 60% of Aboriginal and Torres Strait Islander people experiencing homelessness live in severely overcrowded dwellings**

Although Aboriginal and Torres Strait Islander people make up a small portion of the entire population, they are over-represented when it comes to homelessness. Sixty per cent of Aboriginal and Torres Strait Islander people experiencing homelessness live in severely overcrowded dwellings, often in remote or regional areas with limited access to support services.

According to the Australian Bureau of Statistics, living in an overcrowded dwelling is considered a form of homelessness, having detrimental effects on an individual's health, quality of life and access to education and employment.

## 5. Domestic and family violence is one of the leading causes of homelessness in Australia

**Domestic and family violence** is one of the leading causes of homelessness in Australia.

*On average, one woman in Australia is killed as a result of domestic violence every 9 days, compared to one man every 29 days.*

This threat to their safety means many women and their children are forced to leave their homes, often with nowhere to go.



In 2022, Mission Australia assisted 23,755 people through 78 homelessness and housing services. Through our services we can provide mothers like Amy, who escaped domestic violence a safe place to call home.

### Why are so many Australian children homeless?

Childhood is a critical time, affecting our health, development, and setting the foundations for the rest of our lives.

Sadly, around 19,400 children aged 0-14 are homeless in Australia. During a time when safety and stability are most important, some children are forced to 'couch surf', live in overcrowded dwellings or sleep in a car.

### Why are children in Australia homeless?

Homelessness is not a choice for children or their families. In Australia, in 2021-22, over half of (51% or 136,400 people) receiving specialist homelessness services accessed these services for interpersonal reasons such as domestic and family violence or family breakdown.

**Domestic and family violence is a major cause of homelessness.** Without access to emergency accommodation or support networks, vulnerable parents and their children often have nowhere else to go in times of crisis.



When Amy and her three children fled their abusive home, the family moved into a cheap rental property. But when the property was sold, Amy could no longer afford the rent and the family was evicted.

With nowhere else to go, Amy and the children were forced to live in their car. The children used the local park toilets to wash and slept in the back seat.

The children became anxious and depressed with no room to play or sleep properly. They had frequent colds, and Lily and Aiden regularly missed school. It was upsetting not to be able to see their friends and they fell behind in their class work.

Thankfully, Amy was put in contact with Mission Australia, and we found a home for her and her children. We also linked Amy to studies that would later help her find a job and helped settle the children into a new school. With our support, Amy is now on the path to independence and her children are thriving in a stable and secure home life.

Read more about our [homelessness and housing services](#).

# How does homelessness impact children?

**Homelessness** – the constant moving from place to place, without a permanent home – can impact children well into their adult lives. The experiences of homelessness are varied and can include 'couch surfing' with distant relatives or friends, relying on crisis accommodation, shelters or cheap motels. Or worst of all, sleeping in a car with no toilet, no place to wash and no place to cook.

At an early age, children are particularly vulnerable to the impacts of homelessness.



## Some of the detrimental impacts of homelessness on children:

1. **Emotional strain:** Without a safe home, other areas of a child's life can be dramatically disrupted. Children who are homeless are often forced to move away from their school and friends, leave behind much-loved pets and forego hobbies and social activities. Disruptions to their daily routines can have a negative impact on children.

2. **Developmental delays:** Tragically, research shows that children experiencing homelessness have poorer physical and mental health and lower educational outcomes than their peers. Without continued schooling, children can fall behind in their learning, experience mental health strain and have lower self-esteem.
3. **Adverse health effects:** Children and families without a home are also likely to skip meals and experience food insecurity or nutritional deficiencies.

At Mission Australia, we believe everyone should have access to safe and secure housing – when a child's life is disrupted by no fault of their own, your support can help us provide them with a safe place to call home.

**Helping Hand**  
**4**  
**Homeless**

## HOMELESS HELPING HAND is to APPEAL to the KANGAROO COURT!!!

For Australia, the Kangaroo Court is the highest court in the land ... well above the High Court ... and a court that ONLY deals in vital matters of kangaroo elegance, jumping to conclusions, and leaping across both language and race barriers.



*Australia's highest court – Kangaroo Court – in deep session pondering great questions.*

As the lack of comprehension and understanding of the needs and pathways to be provided for all communities, societies and cultures, Helping Hand is to appeal to the Kangaroo Court for a ruling to have The Great U-Turn and The New Way introduced for all of humanity, not just for Australia, thus setting the way forward for the benefit of all, everywhere, no matter whatever their circumstances maybe!



A question of such magnitude will require the calling in of the Full Court, which includes the officiating Emus, as part of the Australian Coat of Arms.

*Depiction of the Full Court – both Kangaroos and Emus may sit in judgement.*

As neither the kangaroo or the emu can move backwards, their decision will be a very forward thinking one, leaping tall buildings in a single bound, and faster than speeding locomotives.



# Church in San Francisco Opens Its Door For Homeless People To Sleep Overnight

<https://futureprimate.com/2018/11/01/church-in-san-francisco-opens-its-door-for-homeless-people-to-sleep-overnight/>



According to the Gubbio Project's website:

**“No questions are asked when our guests walk into the churches; in an effort to remove all barriers to entry, there are no sign-in sheets or intake forms. No one has ever been turned away; all are welcomed, respected and treated with dignity”.**

Approximately 15 years ago, the St. Boniface church in San Francisco started opening its doors for homeless people in need of shelter. Father Louis Vitale of the church along with community activist Shelly Roder, started the effort, which is known as The Gubbio Project in 2004. Hundreds of people every day pass through this church, use the pews to sleep on, and get blankets from the staff.

One of the primary complaints that people frequently have concerning homeless shelters is that they may feel like prisons, and might be extremely dangerous as well. However, the Gubbio project seems to be different. 95% of those surveyed claimed they always or mostly feel safe at The Gubbio Project, and that those who pass through aren't treated like prisoners in opposition to many other shelters.

## FIVE ORGANISATIONS HELPING TO REDUCE HOMELESSNESS IN AUSTRALIA

<https://flatmate.com/blog/organisations-helping-homeless-australia/>

Posted on November 23, 2015



Did you know that 1 in 200 people are homeless across Australia on any given night? This number is truly hard to believe. **Approximately there are 105,237 people in Australia who are homeless right now!**

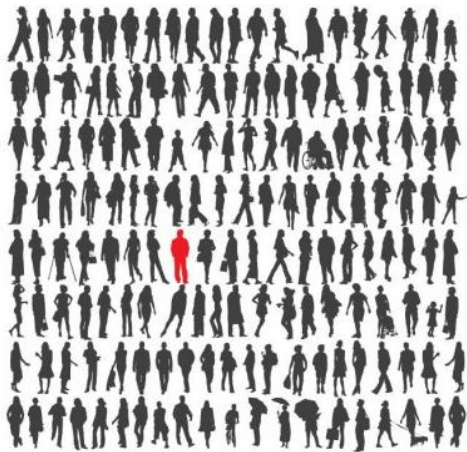
A more staggering number is that 1 in 8 Australians have experienced homelessness at some point in their lives. It's certainly an issue which needs a big wake up call.

What is the government doing about it? Major non-profit bodies have stated previously that the government needs to address this issue promptly.

Recently, Glenda Stevens, CEO of Homeless Australia, has called for the government to focus more attention and funding to help with the homeless concern in Australia. In response to a recent RMIT survey, where they found 1.4 million Australians have slept rough at some stage in their lives, Stevens responded;

*"This research should be a big wakeup call to the government. Without taking real steps to address the chronic lack of affordable housing and considering the impact of funding that does not properly resource services this number is only going to rise," she said.*

## 1. Homelessness Australia



On any given night in Australia **1 in 200** people are homeless



Homelessness Australia is the national peak body for homelessness in Australia. They play a big role, alongside their mission, to research, develop and promote national policy to help drive action in reducing people who are homeless and support the various impacts it has for a diverse range of people.

## 2. Mission Australia

**MISSION AUSTRALIA** | together we stand

Mission Australia has been a great organisation which has been around for 155 years, helping Australian's who suffer from homelessness, employment, alcohol and drug issues, youth services, family and children services, mental wellbeing, and help form strategic initiatives and policy development and advocacy. A truly great organisation with the aim of cutting homelessness by 50% in the year 2025.

## 3. StreetSmart Australia



Flatmate.com is proudly partnered with StreetSmart Australia to drive community support through grassroot campaigns and helping other small niche community organisations with grants and funding. They are based in Melbourne and nationally raised over AU\$3 million and have helped fund over 1,100 projects. Alongside these amazing stats, they have supported over 452 organisations.

#### 4. Salvation Army



The Salvation Army in Australia has continued to be a great contributor to the social good of Australia. In addition to the many other causes they are helping, helping the homeless crisis in Australia is certainly one of them. The Red Cross has numerous programs to help people maintain their housing and avoid homelessness, as well as those currently experiencing homelessness.

#### 5. St. Vincent De Paul Society



Another major peak body is St. Vincent De Paul, who have helped over many years, people who are experiencing homelessness in Australia and people who are close to being homeless. They have some amazing initiatives and campaigns to raise money, including the CEO Sleepout campaign, and the campaign to pressure the state and territory governments to solve the homeless crisis in Australia.

***There are many more organisations and we want to help them!***



# PASCAS Homeless Helping Hand

Specifically, individuals and families can use the safety, security and stability of housing to:

- Exit homelessness
- Rise out of poverty
- Improve the health of themselves and their family
- Reconnect with family where there has been estrangement
- Engage in work, study and community participation
- Provide a stable home, school and community for children to be a part of
- Break the cycle of intergenerational poverty by giving children the chance to thrive.

So, what is that Pascas is open to support and deliver to our friends in these situations of stress?

First is a national platform of assistance in making available dedicated and permanent accommodation for those who require a secure roof over their heads.

Firstly, let us consider a nationwide approach for the support of those in a homelessness crisis so that an integrated and coordinated support network can be provided so that seamless integrated arrangements can be provided for those that need to be moved to other regions and those who are best supported in a different location can be accommodated.



Secondly, what are the underlying causes that bring about the potential of homelessness to arise. Should we understand the underlying cause then we can better support the adult and associated children in addressing the underlying cause while assisting in their personal development so that they may exit out homelessness and rise out of poverty. In the process of doing this then they improved the health of themselves and their family.

It is only with these writings that the underlying cause of the potential for homelessness can now be understood, identified and addressed. No university education nor any social welfare service has identified and address these issues worldwide, let alone understood and enabled social workers and individuals to be aware of the underlying causes and circumstances that bring about homelessness and how to address these situations.

As the drivers of homelessness are addressed then the potential for reconnection with family may emerge, engagement in work, study and community participation unfolds. Thus, provision of a stable home, and schooling with a community for the children involved becomes part of their lives. Not only is the breaking of cycle of intergenerational poverty becomes a real possibility – the purpose of one's life becomes clear and one's journey unfolds without fear and with great anticipation.

**This time, in the history of humanity, is the most exciting time ever experienced.**

# Consider asking yourself this question: Who hurt me when I was a child?

From the moment of conception, unknowing to parents, is the infusion of the parents' emotional injuries and errors of belief into the newly forming spirit of the emerging child. It is these errors and injuries that disrupt the flow of soul-light throughout the bodies that bring about physical deformities and childhood illness in the baby.



The transitioning from perfection in natural love of the newly arriving personality to the levels of one or the other parent continues through to arrange the age of six years when the level of consciousness of the child will then reflect the level of one of the parents. From then on, the child will continue life reflecting what its parents imposed upon it. Then the child will do the same to its children. This is why there is stagnation in consciousness development for centuries in a row.



For those who become aware of living feelings first rather than being mind-centric, this presents the opportunity for an evolutionary lift in the consciousness of humanity.

## UNLOVING PERSONALITY

**Soul encrusted with negative and damaging emotions and beliefs held by the mind in the spirit body. Soul is starved of love and the darkness impedes the flow of love which darkens the spirit body and damages the physical body for all to see.**

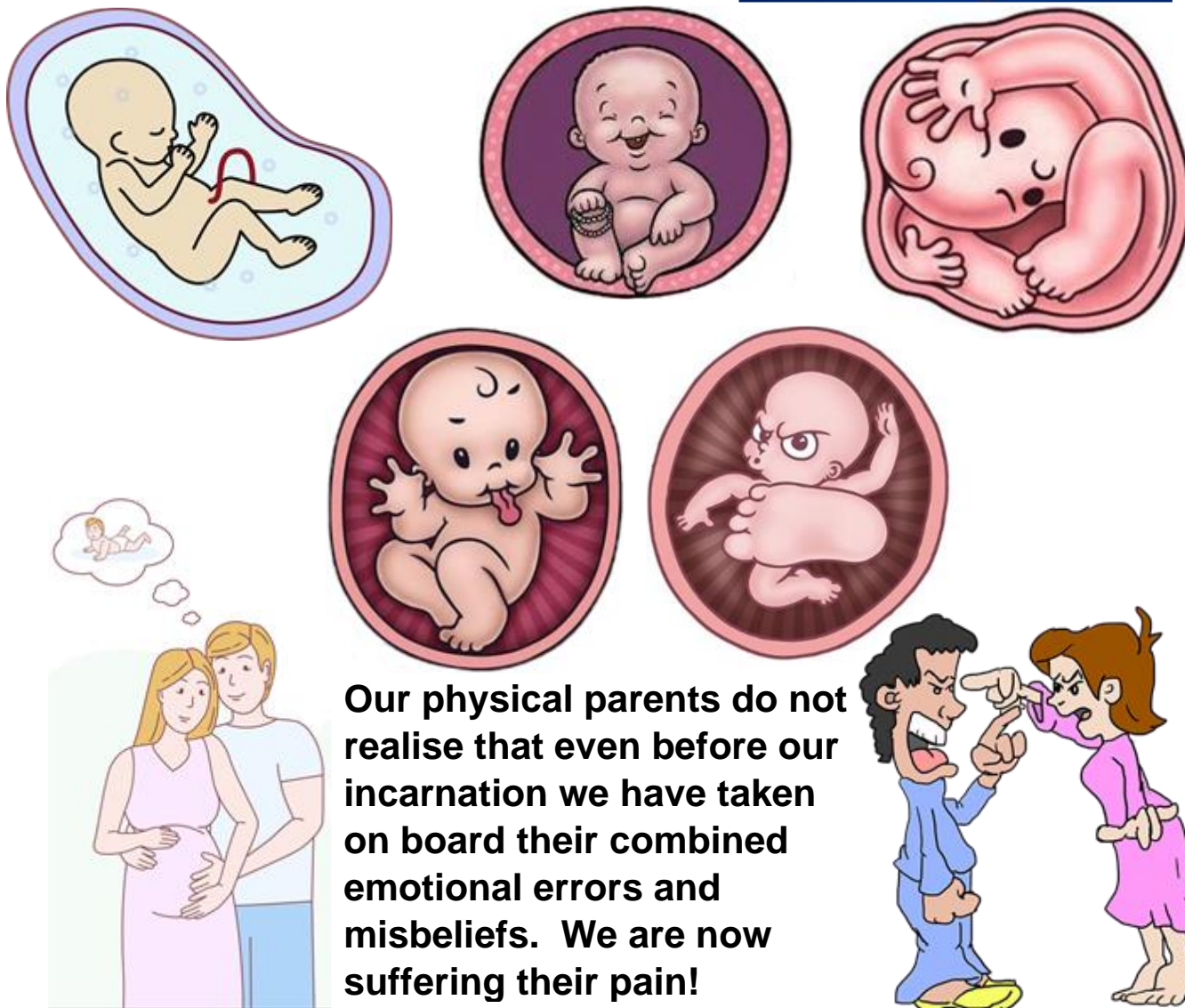
## LOVING PERSONALITY

**Spirit body mind is clear of negative emotions and beliefs. The flow of love from the soul illuminates the spirit body and brings beautiful harmony and health to the physical body for all to see.**



## OUR INDUCTION into PHYSICAL LIFE:

At our conception, we are welcomed by a relentless infusion of errors and injuries, unknowingly, carried by our parents and carers!



Our physical parents do not realise that even before our incarnation we have taken on board their combined emotional errors and misbeliefs. We are now suffering their pain!

We are conceived perfect. Our childhood illnesses, deformities and personality distortions are all a cocktail of their injuries. The onslaught is so great that worldwide around 50 million miscarriages occur annually.

Only by embracing Feeling Healing will miscarriages, deformities, childhood illnesses and abortions abate worldwide – and then childhood delinquencies will also abate.

## **EARTH'S HUMANITY 2023**

**Our children are expressions of love ... until we suppress their true personality and with it their expression of love ... we degrade our children's level of consciousness to that of our own, they become little ME's, they absorb our emotional injuries and errors of belief and we lock them into a life that is a full reflection of our unconsciousness**

**How could this be so?**

**Every year there are around 130 million live births. Every year there are around 45 million miscarriages, it takes two to bring about a conception and on the 16<sup>th</sup> day thereafter the heart starts pumping and we have a child that is fully incarnated. The embryo is always perfect. It is our emotional injuries flooding upon the newly forming child that overwhelms its ability to survive through to childbirth – it miscarries never to experience a physical existence.**

**Further, there are around 45 million abortions each year. As two people are involved, that represents two out of three people born that then go on to abort a child. That is a further demonstration of love – the lack of it.**

**There are 60 million girl babies missing in China. In birthing suites there have been buckets of water to address the arrival of a girl child. In India there are also 60 million girl babies missing – demonstrations of lack of love.**

**About 7,000,000 children are sexually abused every year in the Philippines (population 113 million). Frequently it is the Filipino children being raped by their fathers or uncles. These men usually are 30 to 40 year old, and do not have a stable job. The scenarios in Indonesia (population 280 million) and India (population 1.4 billion) are similar – as it is in a lot of countries.**

**This is as difficult to write as it is to read – there is no need to add to this.**

**NOW, we have the way to heal ourselves of this generational malaise and begin to bring our children into a world of love, support and freedom.**

**Please join with us and let us all hold hands and begin as small communities to embrace the grace and wisdom that has now been shared with us all so that the end of the hidden control and Rebellion and Default is removed from our lives and an era of peace and joy can begin to surface for future generations that all are to benefit from our humble beginnings.**



# This Suppression is now to be Ended!



From **CONCEPTION** through to **GRAVE** we are **CONTROLLED**.  
**Our Parents and Carers** suppress our true  
**Personality** and we continue with repression  
**throughout our adult life!**

# Hidden Control thru **COVERT** to **MANIPULATION**

**MIND DOMINATION OVER FEELINGS**

**MEN DOMINATION OF WOMEN**

**PARENTING - CHILDHOOD SUPPRESSION**

**WIDE DIVERSITY OF LANGUAGES**

**RESTRICTIVE EDUCATION SYSTEMS**

**RELIGIONS WITHOUT TRUTH & LOVE**

**WAGE & FINANCIAL ENSLAVEMENT**

**MULTI-LEVEL GOVERNMENT CONTROL**

**MULTIPLE RACE COLOURS & FEATURES**

**BORDERS AND MILITARISATION**

**NATIONAL PSYCHIC BARRIERS**

**PERPETUAL CONFLICT & WARRING!**

**ALL OF WHICH**

**PREVENTS HUMANITY'S ASCENSION**

**all**  
**orchestrated by** *Caligastia*  
**and his partner**

**WE are to LIVE BY and EXPRESS OUR TRULY LOVING SOUL BASED FEELINGS:**



We arrive into the physical world (at conception) with a pure and free personality and a soul based will that are to be truly and fully expressed. Unwittingly, our carers, namely our mother and father and those close by, set about remodelling our individuality. That is, they shut our personality and self expression down. The result of this is traumatic. This is reflected through our physical body. This childhood suppression is what brings about all of our pains, illnesses, and mental disturbances. Only by embracing our emotional pain and injuries, either good or bad, and longing for the truth of them, and expressing them (talking) through these experiences to a companion, can we release these dreadful encrustments suffocating our true selves and liberate our personality, being our soul. We are to follow our passions and heart felt desires and to live true to ourselves, this is how our Heavenly Parents know us as and this is what we need to return to so that we can find our way home to Them.



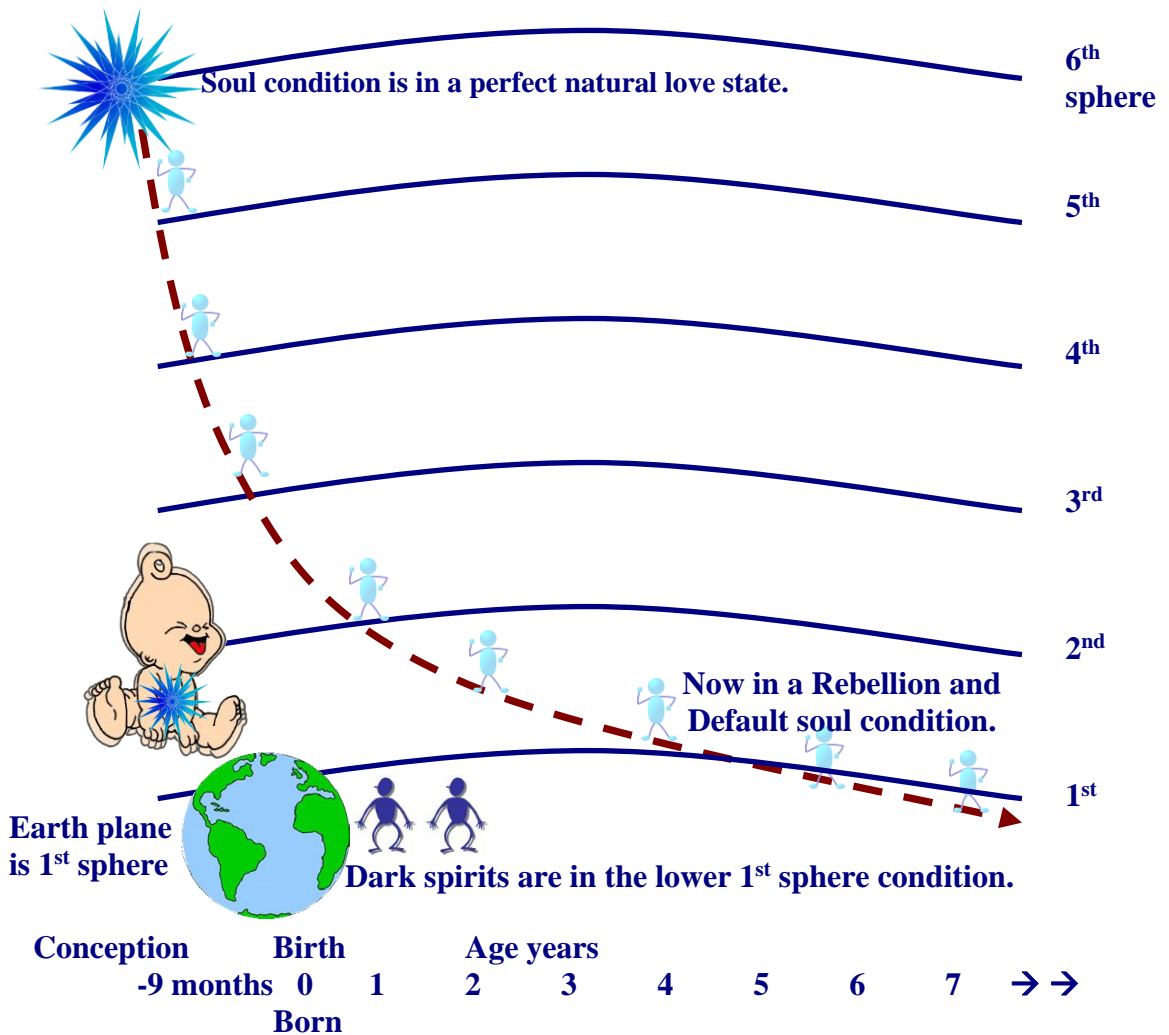
**SOUL CONDITION of BABIES are SUPPRESSED to that of its PARENTS!**

A newly incarnated soul is immediately being infused with the emotional injuries of those in its environment, that is, the damaging emotions and erroneous beliefs of its mother, its father and of those within its family environment.

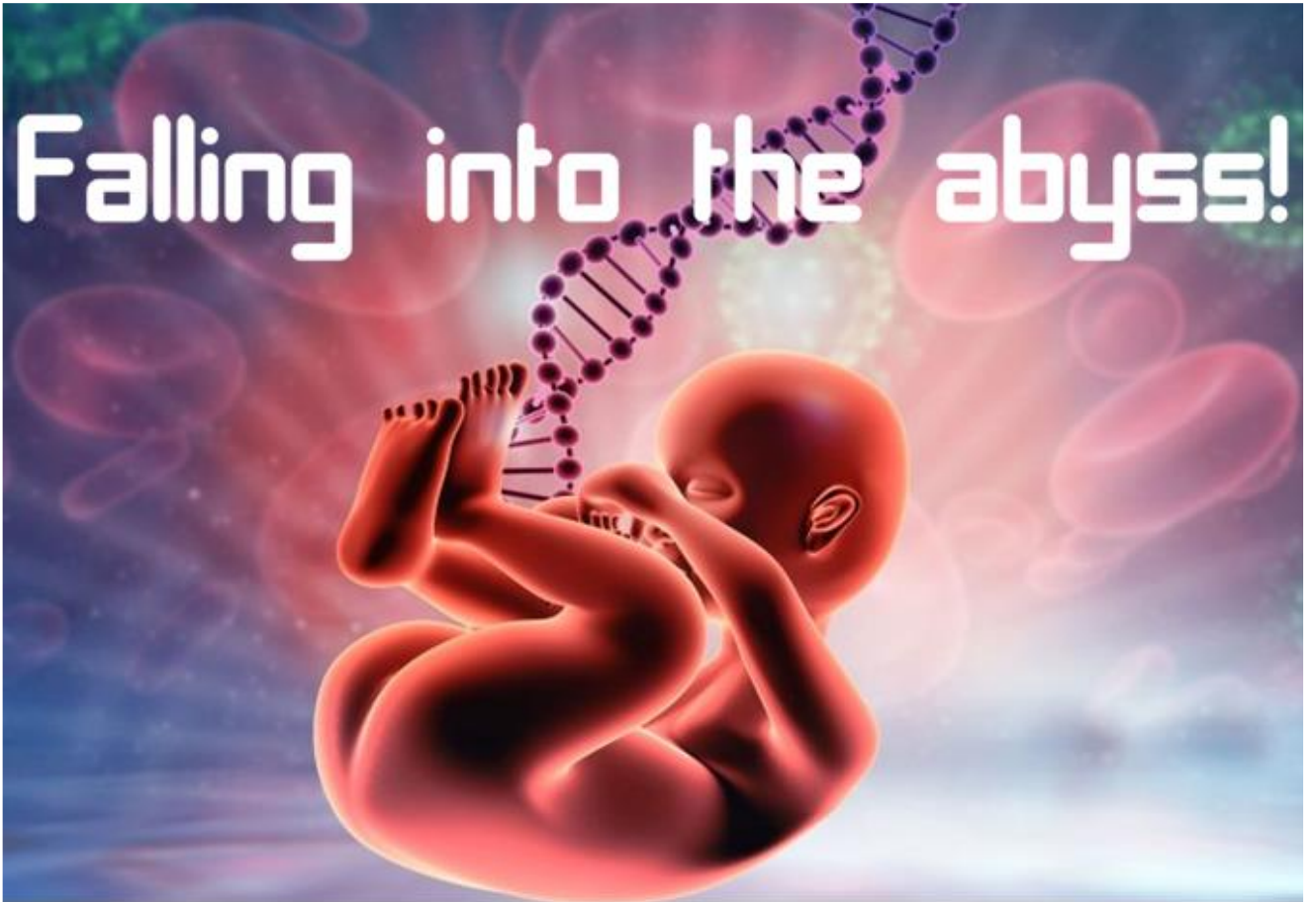
This process continues until the child reaches around the age of six, then it tends to develop its own way from then on, however, closely aligning itself with a parent or both parents. Kinesiology testing of Map of Consciousness confirms this suppression progress. Conception can be likened to facing a water cannon for the child!

Poor condition spirits may have previously connected with a young child should the environment be conducive for such a relationship. However, on 22 March 2017, all such spirit connections became blocked. A spirit cannot harm another personality.

We, as parents, can work on our own soul condition, through feeling healing, which in turn benefits the baby. We can also ask and prompt spirits to seek help from brighter spirits from within their own environment.



# Falling into the abyss!



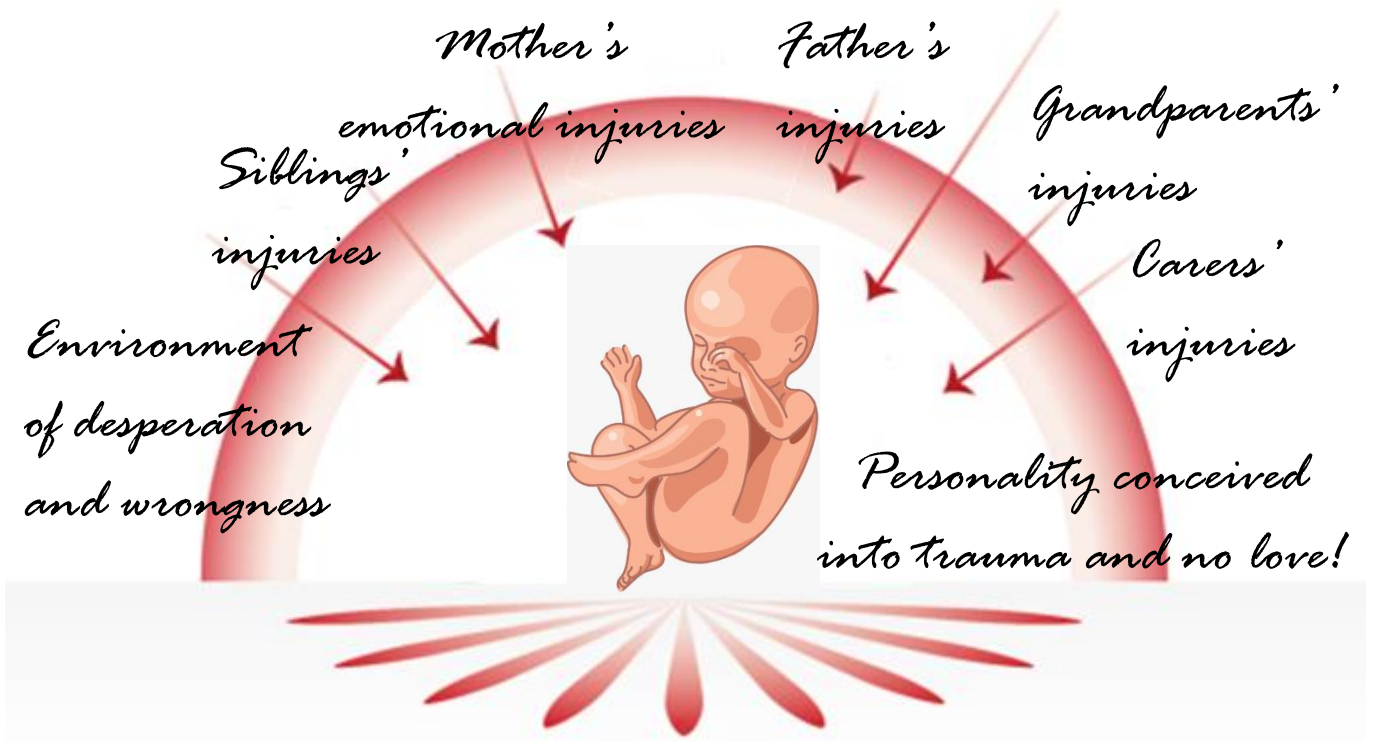
to example parents like  
these



## ANGER



ANXIOUS      ANNOYED  
 SAD      CONFUSED      OVERWHELMED  
 EMBARRASSED      SCARED      GUILTY      STRESSED  
 REJECTED      INSECURE      HURT      FRUSTRATED      LONELY  
 NEGLECTED      JEALOUS      TIRED      GRUMPY  
 WORRIED      SURPRISED      DISGUSTED      BORED      SHY



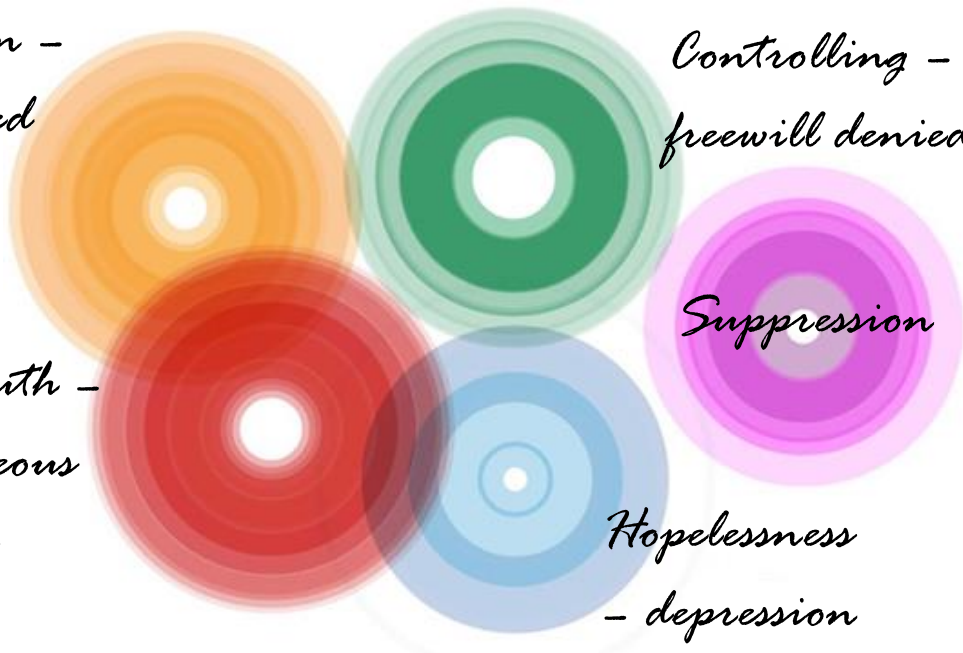
Rejection - unwanted

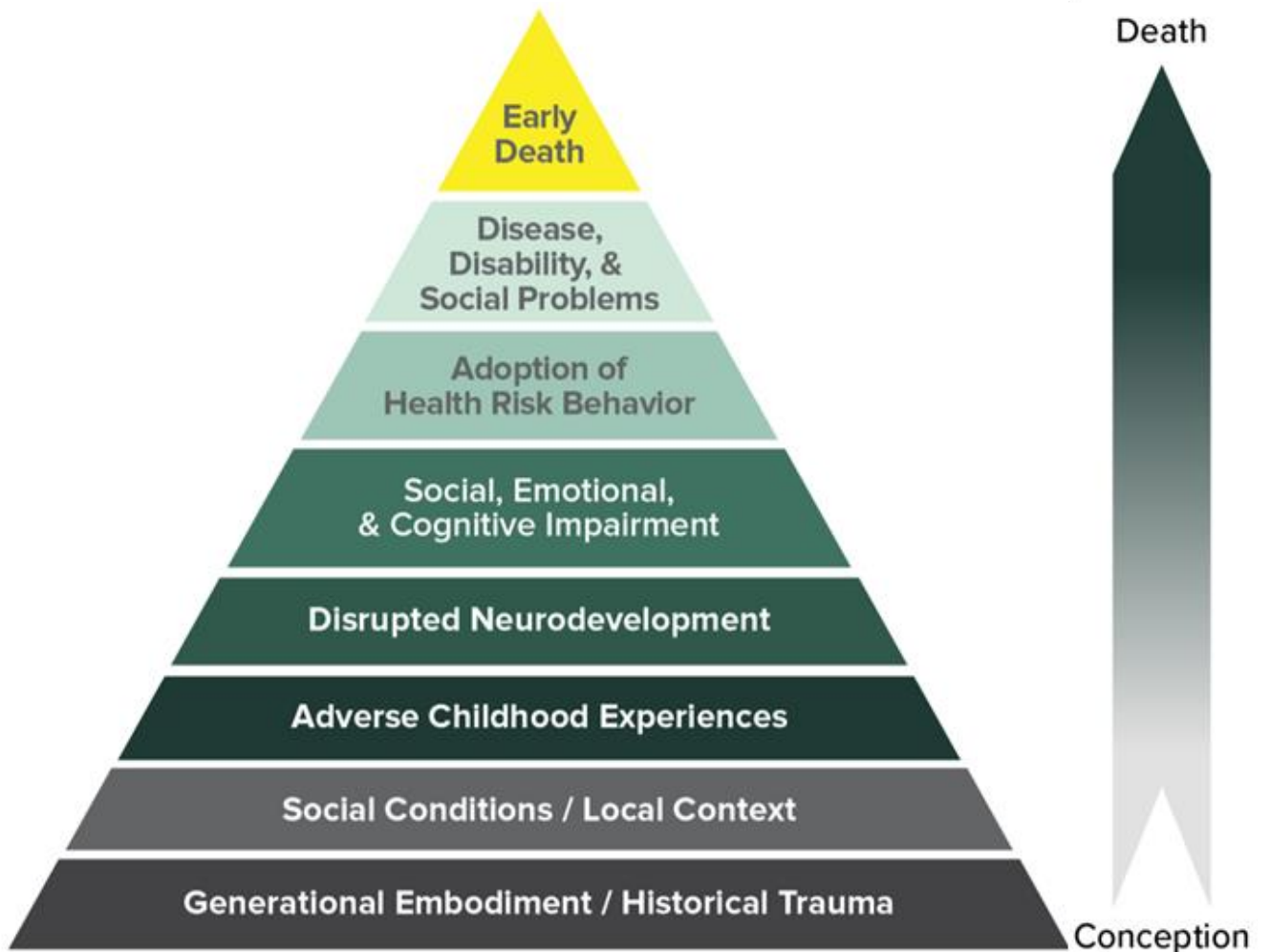
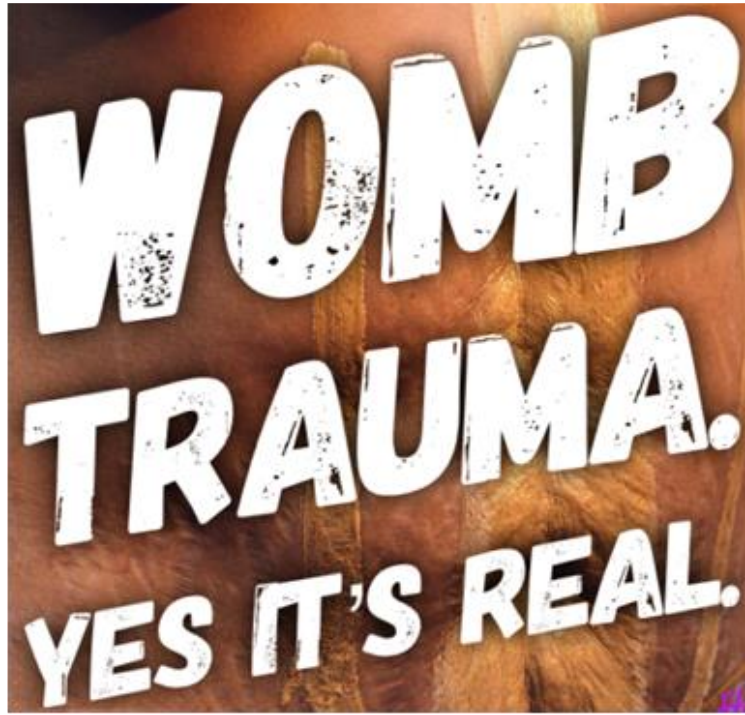
Controlling - freewill denied

Untruth - erroneous beliefs

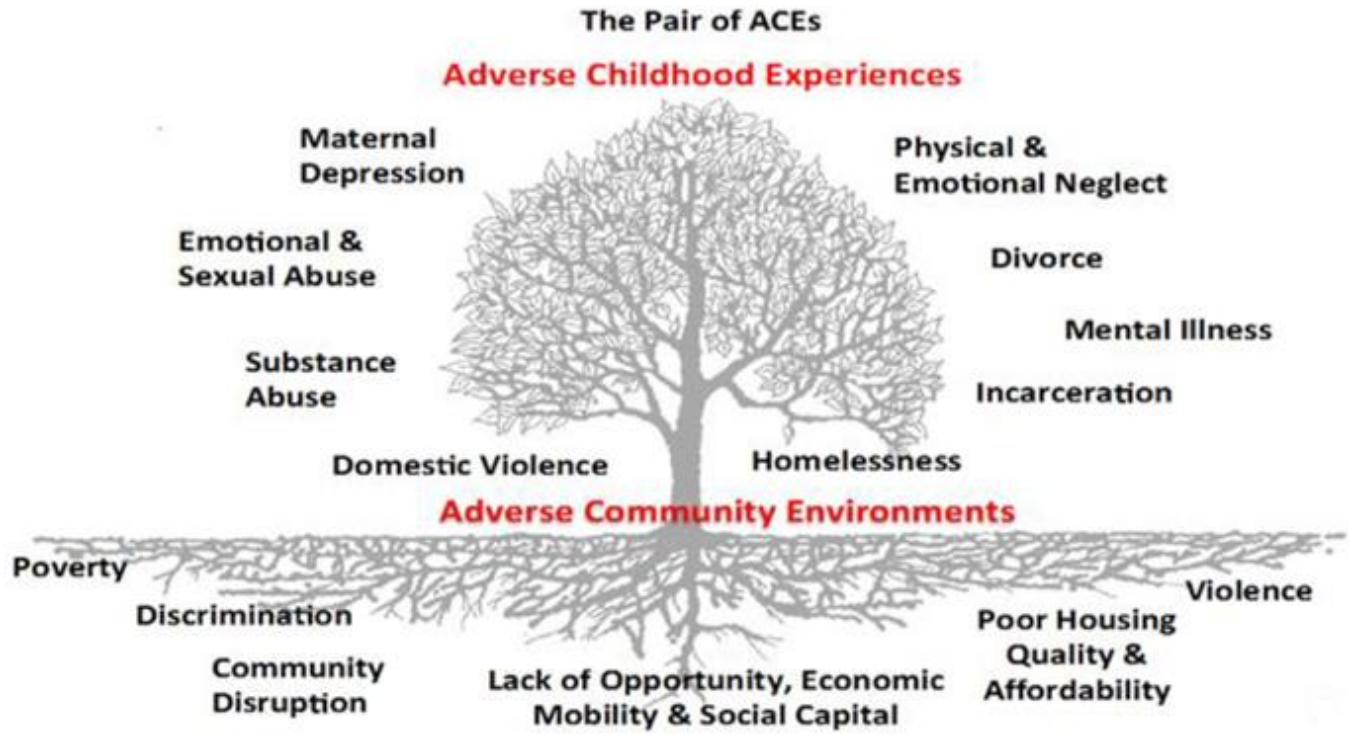
Hopelessness - depression

Suppression





Mechanism by which Adverse Childhood Experiences Influence Health and Well-being Throughout the Lifespan







# PARENTS

## 78% calibrate under 220

MAP OF CONSCIOUSNESS					
God-view	Life-view	Level	Log	Emotion	Process
Self	Is	Enlightenment	700 1000	Ineffable	Pure Consciousness
All-Being	Perfect	Peace	↑ 600	Bliss	Illumination
One	Complete	Joy	↑ 540	Serenity	Transfiguration
Loving	Benign	Love	↑ 500	Reverence	Revelation
Wise	Meaningful	Reason	↑ 400	Understanding	Abstraction
Merciful	Harmonious	Acceptance	↑ 350	Forgiveness	Transcendence
Inspiring	Hopeful	Willingness	↑ 310	Optimism	Intention
Enabling	Satisfactory	Neutrality	↑ 250	Trust	Release
Permitting	Feasible	Courage	↑ 200	Affirmation	Empowerment
Indifferent	Demanding	Pride	↓ 175	Scorn	Inflation
Vengeful	Antagonistic	Anger	↓ 150	Hate	Aggression
Denying	Disappointing	Desire	↓ 125	Craving	Enslavement
Punitive	Frightening	Fear	↓ 100	Anxiety	Withdrawal
Disdainful	Tragic	Grief	↓ 75	Regret	Despondency
Condemning	Hopeless	Apathy	↓ 50	Despair	Abdication
Vindictive	Evil	Guilt	↓ 30	Blame	Destruction
Despising	Miserable	Shame	20	Humiliation	Elimination

**OUR FORMING YEARS are MOST DYNAMIC and TRAUMATIC:**

Age-group	Age
Gestation	conception to birth
Newborn	0 days to 1 month
Infant	1 month to 1 year
Toddler	1 to 3 years
Preschool	3 to 6 years
School age child	6 to 12 years
Adolescent	12 to 18 years

Our childhood formative years are from conception through to age of 6 years. Commencing at conception, we begin to take on all of the injuries and errors of belief of our parents and carers. We capitulate to adopting the ‘personality’ that our physical parents impose upon us, to the detriment of our true personality.



Somehow, we go on smiling and laughing...



## **LIVING MIND CENTRIC is SUBMITTING to RETARDATION and MEDIOCRITY**

Our mind is a wonderful instrument when it is used to implement what our feelings prompt us to embrace. However, our high level spiritual leaders prompted us all to believe that our potential would be found through our minds, so much so that we could become ‘mini-gods’ through the perfecting of our minds.

Our potential through mind centricity is 499 on Dr David R Hawkins’ Map of Consciousness (MoC) being the peak of Reason. This is also the peak of development of those who enter into the 1<sup>st</sup> spirit Mansion World where billions upon billions remain for aeons, blind to their entrapment to hidden controllers. Some further their mind perfection through their ongoing suppression of their feelings and progress blindly through the 2<sup>nd</sup> and 4<sup>th</sup> only to reach a dead end at the 6<sup>th</sup> spirit mind Mansion World, never getting out of the hells and entering the 1<sup>st</sup> of the Celestial Heavens. They eventually have to do a Great U-Turn and retrace their steps and then work through the 3<sup>rd</sup>, 5<sup>th</sup> and 7<sup>th</sup> spirit healing Mansion Worlds and then commence their progression through the Celestial Heavens living Feelings First.

Hidden controllers within the spirit worlds, for the past 200,000 years, have kept us in their enslavement as they understood that:

- Our minds are addicted to control, control of others and our environment.
- Our minds cannot discern truth from falsehood – thus easily led through our mind’s lack of discernment.
- Our minds are addicted to untruth – a global pandemic has demonstrated worldwide submission to a few through governmental dictates – conspiracy theories abound – nations can be easily led to war against others.
- Worshipping our minds, believing that when we ‘think’ that we discern truth when it is error, stagnates our progress, thus keeping us in submission. Education systems worldwide embrace this.
- Assumptions are the product of the mind, the error rate is around 98%. The doctrines of the Catholic Church demonstrate this to ‘perfection’.
- Feelings are our soul-based truth. Females are closer to feelings, so these hidden controllers had males make females subordinate to men. History reveals very few women leaders – look at the religious institutions.
- All religions are the product of the workings of these very same hidden controllers.
- These beliefs, patterns of living and norms are entrenched through generation after generation.
- We believe that **‘I had a pretty good upbringing’ in comparison to other people!**  
However:
  - Parents have NO understanding of Love.**
  - Parents have NO understanding of Law of Free Will.**
  - Parents have NO understanding of blocking emotions.**
  - Parents have NO understanding of causal / core emotions.**
- Hidden control has kept parents from knowing how to be loving true parents, consequently:

**Parents abandon Children emotionally!**

- And the Rebellion against God, love and truth has progressively evolved and intensified to the point that on 31 January 2018 intervention from even higher level spirits has formally ended the Universal Contract governing the Rebellion and Default of the rebellious Lanonandek spirits led by Lucifer who submitted to his female soul partner’s wily assertions.

# BLUEPRINT

## We are our Childhood



## Mass Formation Psychosis

### Lost and confused!



# The problem with humanity is that:



We accepted our parents as being 'gods'!  
Then we accepted our teachers as supreme educators  
Then university professors implied all knowing  
3,400+ Religions ALL hold the only truth!  
Now only our employers are to be obeyed!  
Over all of these are numerous government layers!

All direct us to worship our minds  
All suppress and ignore our feelings  
None allow our true personality to be expressed  
We are all in some form of depression and stupor!

We are to aspire to and live Feelings First  
and long for the Truth that our Feelings show us!  
And long for the Love of our Heavenly Parents!

**Beliefs suppress TRUTH.**

**Result is; Health degrade, Discomfort, Pain, Illness, Disease and Viruses**  
**To heal yourself with truth can only be done one way, and that is by sincerely wanting to live true, to live a life in which you want with all your heart to see the truth in each and every experience, so that as you live your body is being ‘built’ on truth, and so will remain rock solid, and will not feel fragile and collapse under you when disease suddenly strikes you down. Truth, Truth, Truth, and more TRUTH. You have to want to eat drink and sleep truth. To beg and ask and long with all your will for the Mother and Father to help you see and know the truth, the truth of everything that you do, everything you are, everything you feel – the whole truth of yourself. And so whilst you’re of it, including, the truth of your rebellious state. “Mother and Father, please help me see, know and BE the truth You want me to live.”**

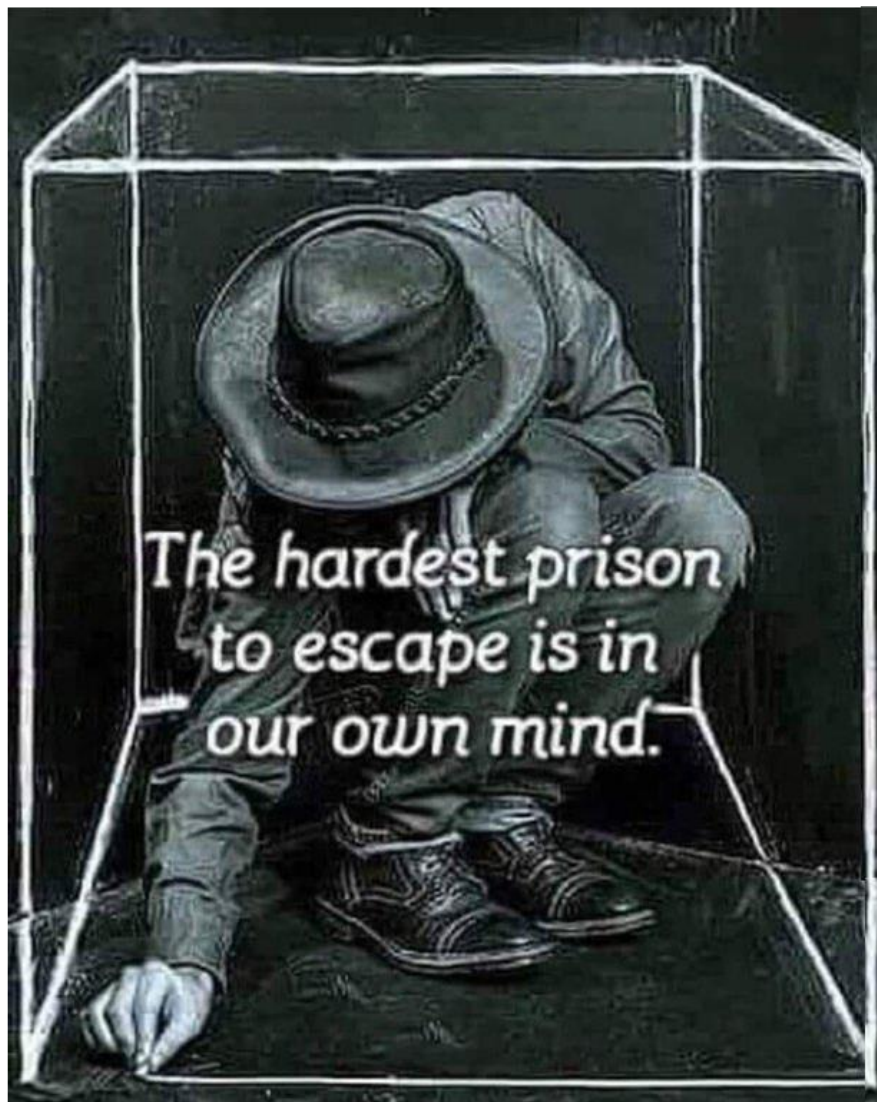
Kindly visit [www.pascashealth.com](http://www.pascashealth.com) then Library Download page, in Pascas Care Letters click to open:



[Pascas Care Letters Mind into Balance with Feelings.pdf](#)



[Pascas Care Letters Mind causes Discomfort Soul brings Healing.pdf](#)



# Systems of Deception!

One person with unfettered and supreme control, a System Sovereign, has had aeons of time to passively and stealthfully impose upon his minions (us – you and me) a way of living that assures him, the arch hidden controller, that we would remain compliant and submissive to his begging. His extreme intelligence and consciousness is no match for us ascending mortals who arrive naively upon Earth with absolute dependence upon parents who have already capitulated – unknowingly – to his wily stealth.

The System Sovereign's goal was that we do not evolve, that we remain fearful of our true Heavenly Parents, that our true pathway for spiritual development is not revealed, that we live in a manner of servitude and ignorance through our minds believing that our submission to our minds will enable us to become all powerful and even mini-gods. When we transition into the spirit mind Mansion Worlds, we remain collectively his waiting army to fulfil his ambitions to expand his domain and territory. We have been well and truly screwed over through his imposed systems of:

- Parenting – unable to love our children due to lack of truth in what we are provided with.
- Education – minimalistic, having our minds unable to progress beyond reason – our minds are addicted to untruth and control of others including our environment.
- Health systems – ignorance of our spirit bodies and gross ignorance of underlying cause of illnesses which are through the lack of being loved. Our health systems cannot heal.
- Commercial systems – we become salary slaves with suppressive debt slavery resulting from the costs of education, housing, health services, transportation and necessities for survival.
- Political systems – that divide the community into camps and then deliver representation of only a portion of the population without candidates having necessary leadership skills and experience.
- Religions – there is only one truth. We are to live through our feelings – not our minds.

We have been led to live mind centric which is the pathway of all of nature except humanity which is ensouled. We of humanity are to live feelings first with our minds to assist in implementing what our soul based feelings lead us to embrace. We are truth seekers and truth is to be found through feelings.

Higher level personalities than our System Sovereign have now taken on all of the evilness and wrongness of what these rebellious Lanonandek spirits have imposed upon us and have healed themselves of these injuries. Now all systems assembled during the Rebellion and Default, now ending, need to be rebuilt!

Our pathway to Paradise, the home of our Heavenly Mother and Father, is through living embracing our soul based feelings, living feelings first, to express what our feelings draw our attention to and to long for the truth of what our feelings are to show us – both good and bad.

A lady named Samantha found James Moncrief's writings on a website and commenced to engage in her Feeling Healing. This may have been in 2013. Samantha is like all of us, she is an ascending mortal. She has no specialness nor has she had any support other than James' writings on the internet. Samantha has been successful with her healing. She has been very successful. She has now written numerous books outlining her experiences so each and every one of us can follow her example. An ascending mortal, Samantha, has conquered all that the rebellious Lanonandeks, led by Lucifer, has imposed upon us. Samantha is the new mother of humanity in demonstrating to us how to embrace the one and only pathway home to our Heavenly Mother and Father.



# THE EMOTIONAL GUIDANCE SCALE

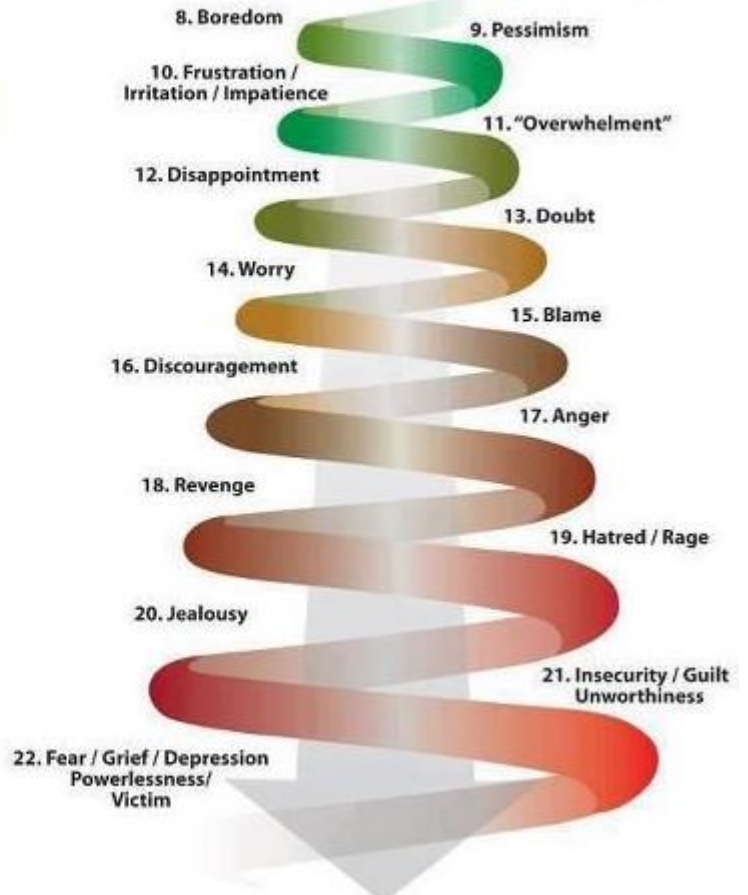
## UPWARD SPIRAL HPF



Feeling loved, wanted and accepted.



## DOWNWARD SPIRAL LNF



Feeling unloved, unwanted and rejected.



**It is only through living Feelings First that dissolves errors and fits a person for a higher habitat. Man, left to his own devices, can require many centuries to grow and then cannot enter the Celestial Heavens. By embracing the Feeling Healing process, long for truth and with the Mother and Father's Love to complement one's personal willpower to grow in soul condition exponentially, we evolve out of depression, mediocrity and stagnation. This we can commence to do so now!**



# The Drama of Life:

'I had a pretty good upbringing' in comparison to other people!

- Parents have NO understanding of Love.
- Parents have NO understanding of Law of Free Will.
- Parents have NO understanding of blocking emotions.
- Parents have NO understanding of causal / core emotions.



**Feeling  
Unloved  
and  
Unwanted**



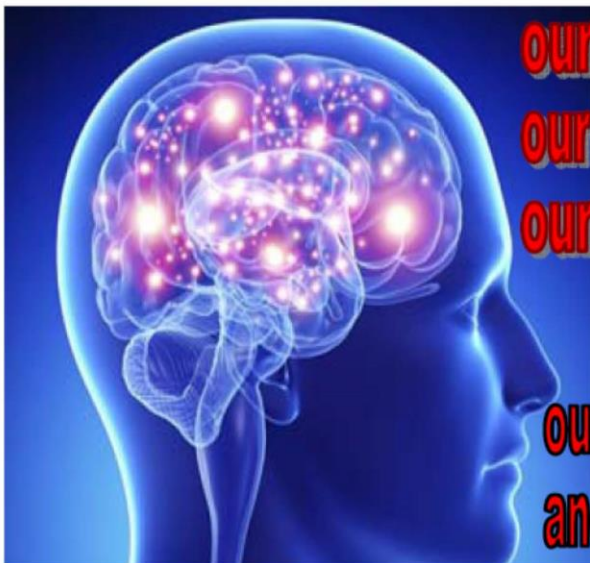
**EMOTIONAL  
ABUSE from  
PARENTS**



We, as parents, were born into the Rebellion and Default, having no idea it existed or what it was about. The Rebellion and Default formally ended on 31 January 2018. We now understand that through suppressing our children's true personality, having them live through their minds rather than through their soul-based feelings, this suppression and repression practiced world-wide has induced universal depression. Only through Feeling Healing, longing for the truth behind all feelings, both good and bad, and expressing all that comes to us, will we free ourselves of these errors and heal ourselves. Vibrancy and truth is our destiny!



**Suppression & Repression = Universal Depression**



**our MIND is a CONTROL ADDICT!  
our MIND is addicted to UNTRUTH!  
our MIND cannot discern TRUTH!**

**our MIND is within our SPIRIT BODY  
and orchestrates our physical BRAIN.**

**ASSUMPTIONS are the product of our MIND!**

**HEALING** ends  
**MIND-CONTROL!**



**our SOUL is our TRUTH!  
our FEELINGS are our TRUTH!  
FEELINGS FIRST, mind to follow!**

**all we need is WITHIN.  
our MIND suppresses FEELINGS.**

**A NATION'S or COMMUNITY'S COLLECTIVE SOUL CONDITION:**

<b>Correlation of Levels of Consciousness – Soul Condition – and Society Problems</b>				
<b>Level of Consciousness</b>	<b>Rate of Unemployment</b>	<b>Rate of Poverty</b>	<b>Happiness Rate “Life is OK”</b>	<b>Rate of Criminality</b>
600 +	0%	0.0%	100%	0.0%
500 - 600	0%	0.0%	98%	0.5%
400 - 500	2%	0.5%	79%	2.0%
300 - 400	7%	1.0%	70%	5.0%
200 - 300	8%	1.5%	60%	9.0%
100 - 200	50%	22.0%	15%	50.0%
50 - 100	75%	40.0%	2%	91.0%
< 50	95%	65.0%	0%	98.0%

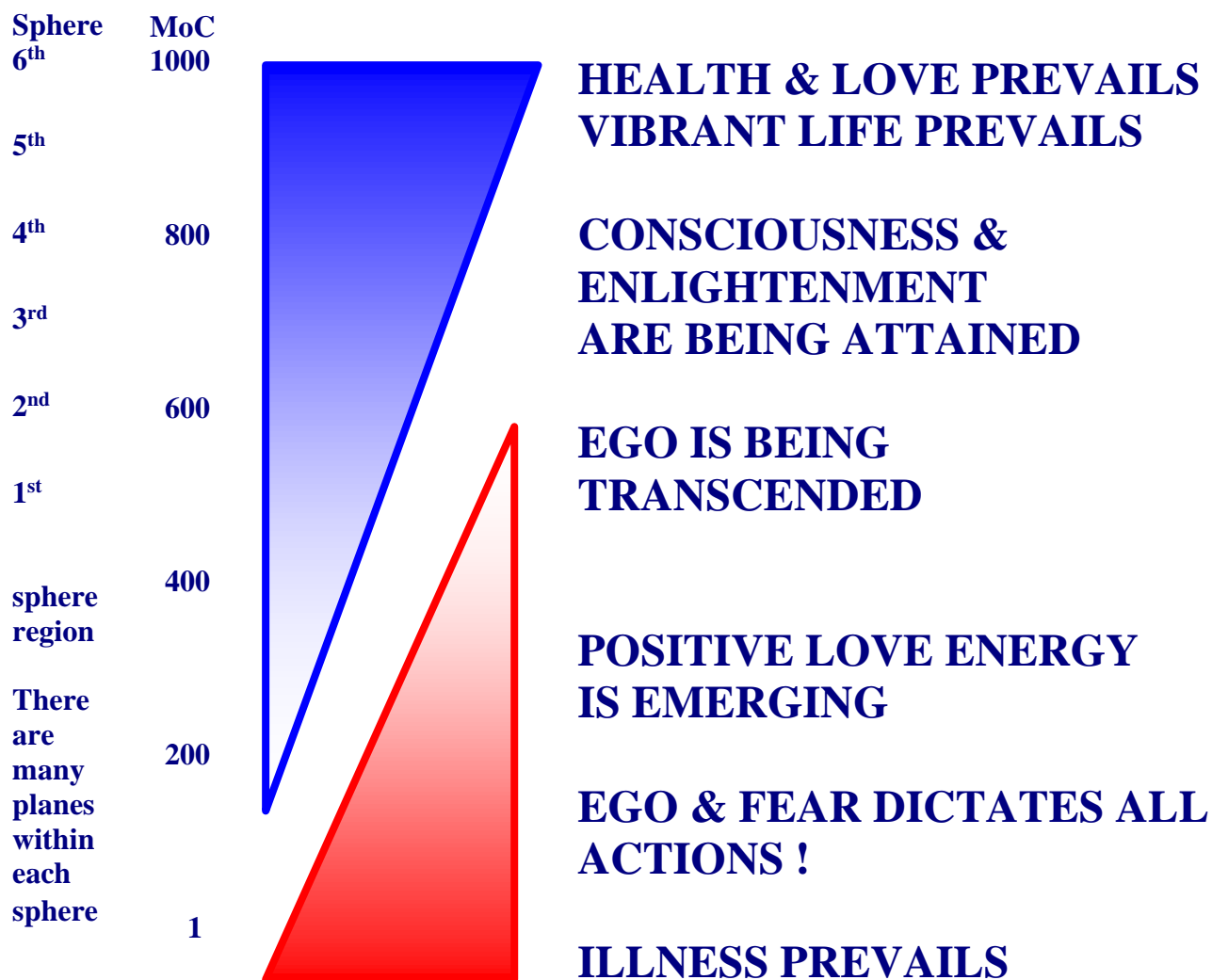
One's soul condition has a direct relationship with all facets of living. To grow and improve one's soul condition is the greatest gift one can give him or herself as it has universal benefits that last for eternity. This is achieved by embracing Feeling Healing through which we commence to repair the damage incurred by the Rebellion and Default that is passed down to us by our parents. Further, by embracing Divine Love with Feeling Healing we are doing our Soul Healing and progressing towards Celestial status.

Dr David R Hawkins' development of the Map of Consciousness (MoC) and research with kinesiology muscle testing observed the overall calibration of consciousness level of many countries. Developed economies are within the highest brackets. Civil unrest and wars are most frequent amongst those within the lowest brackets. Consider the average life expectancy and per capita income relative to the MoC calibration. Consider education as the crux of progress and development. Then review the above table for the rate of unemployment, rate of poverty, happiness rate 'life is okay' and rate of criminality.

<b>MoC</b>	<b>No. of Countries</b>	<b>Average MoC</b>	<b>Average Life Expectancy</b>	<b>Human Development Index</b>	<b>Happiness Index</b>	<b>Education Index</b>	<b>Per Capita Income 2020</b>
<b>400s</b>	<b>10</b>	<b>406</b>	<b>78.50</b>	<b>0.939</b>	<b>6.8</b>	<b>.861</b>	<b>US\$54,010</b>
<b>300s</b>	<b>13</b>	<b>331</b>	<b>71.77</b>	<b>0.798</b>	<b>5.9</b>	<b>.684</b>	<b>US\$17,827</b>
<b>200s</b>	<b>10</b>	<b>232</b>	<b>69.45</b>	<b>0.759</b>	<b>5.8</b>	<b>.648</b>	<b>US\$16,972</b>
<b>High 100s</b>	<b>18</b>	<b>176</b>	<b>69.00</b>	<b>0.724</b>	<b>5.2</b>	<b>.639</b>	<b>US\$9,900</b>
<b>Low 100s</b>	<b>7</b>	<b>129</b>	<b>61.88</b>	<b>0.653</b>	<b>4.7</b>	<b>.567</b>	<b>US\$2,628</b>
<b>Below 100</b>	<b>11</b>	<b>66</b>	<b>52.73</b>	<b>0.564</b>	<b>4.2</b>	<b>.488</b>	<b>US\$2,658</b>
<b>WORLD</b>		<b>220</b>	<b>70</b>				<b>US\$10,900</b>

## “All dis-ease is mind generated, and all healing is generated by the love energy of one’s soul.”

The Ego (mind based) manifests illness; the lower one’s level of consciousness (soul condition) then the more prevalent will be illness. Below the levels of 200, the ego and fear of the mind dominate; however, as you raise your level of consciousness by growing in love and achieve a level of 500 or higher, you begin to transcend ego dominance. At the level of 600, all healing is possible.



To liberate one’s real self, one’s will, driven by one’s soul, moves one to embrace Feeling Healing so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we’re feeling them, express them fully, all whilst longing for the truth they are to show us. It is Feeling Healing with Divine Love that one progresses through the spirit healing Mansion Worlds 3, 5 and 7 and enters the first of the Celestial Heavens.

# MAP OF CONSCIOUSNESS

Map of Consciousness from Dr David R Hawkins, M.D., Ph.D. "Power vs Force".

Level	Log
ENLIGHTENMENT	700-1000
PEACE	600
JOY	540
LOVE	500
REASON	400
ACCEPTANCE	350
WILLINGNESS	310
NEUTRALITY	250
COURAGE	200
PRIDE	175
ANGER	150
DESIRE	125
FEAR	100
GRIEF	75
APATHY	50
GUILT	30
SHAME	20

## PERSONALITY TRAITS:

Less than two dozen people on planet Earth.

Would not pick up a weapon let alone use it. These people gravitate to the health industry and humanitarian programs.

Debate and implement resolutions without argument and delay. 470

Debate and implement resolutions in due course. 440

Debate and implement resolutions with some degree of follow up generally needed. 410

Management supervision is generally necessary.

Politics become the hope for man's salvation.

Cause no harm to others starts to emerge. Power overrides force.

Illness is developed by those man erroneous emotions that calibrate 200 and lower.

Armies around the world function on pride. Force is now dominant, not power.

Harm of others prevails, self-interest prevails.

Totally self-reliant, not God reliant.

Fear dominates all motivation.

Suicide is possible and probable.

At these levels, seriously harming others for even trivial events appears to be justifiable.

Poverty, unemployment, illness, etc., this is living hell on Earth.

**PEACE and HARMONY or CONFLICT and WAR:**

MAP OF CONSCIOUSNESS	
Level	Log
At-onement Transition	1080
ENLIGHTENMENT	700-1000
PEACE	600
JOY	540
LOVE	500
REASON	400
ACCEPTANCE	350
WILLINGNESS	310
NEUTRALITY	250
COURAGE	200
PRIDE	175
ANGER	150
DESIRE	125
FEAR	100
GRIEF	75
APATHY	50
GUILT	30
SHAME	20

**Council of Elders**  
being those at-one with their  
Indwelling Spirits.

**Feelings!**

*first*



Humanity that is above 500 on the Map of Consciousness scale is Feelings First orientated.

Conflict does not occur amongst these people. They engage with their soul based truths. Below 500 one is predominantly mind orientated!

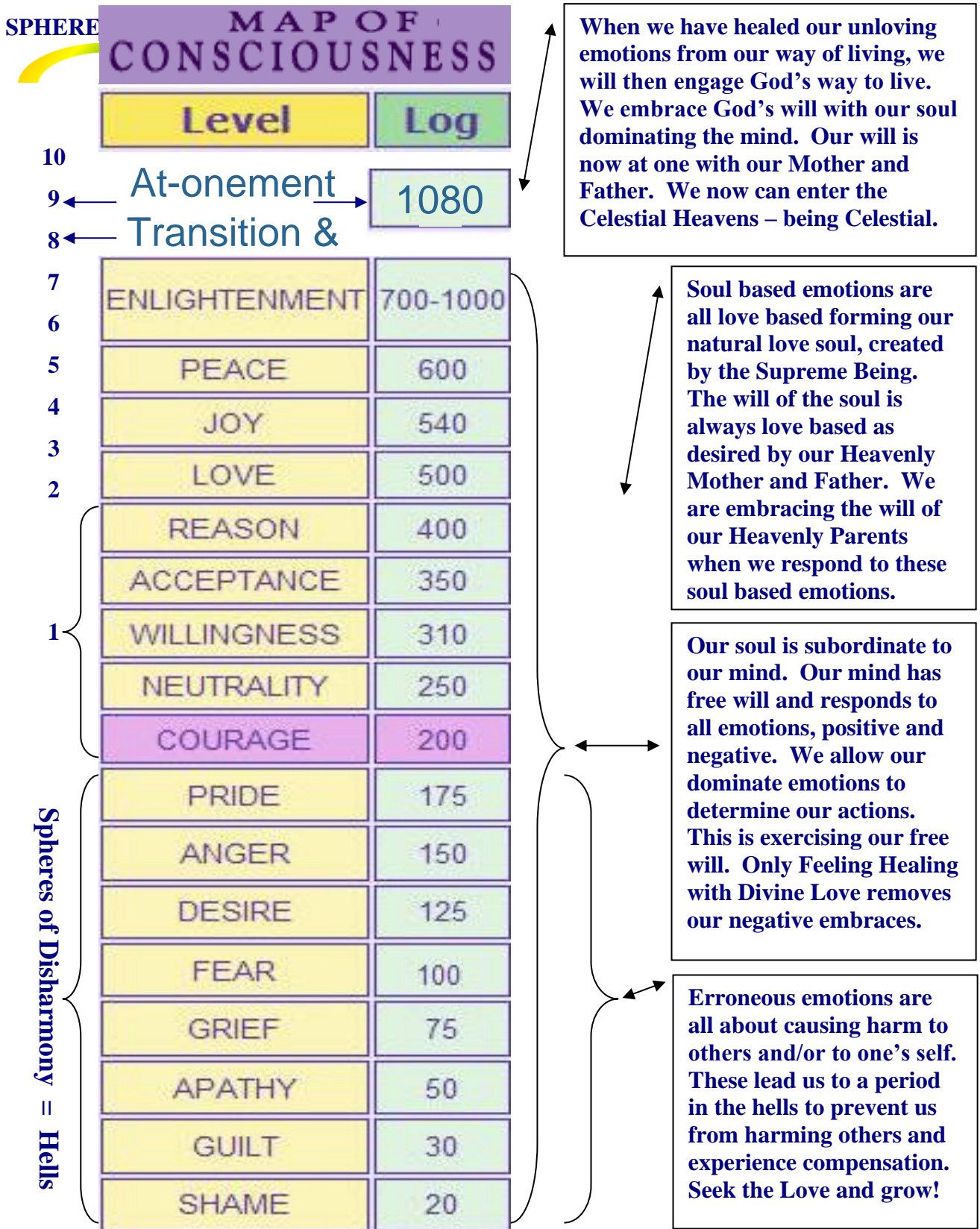
Presently, humanity calibrates overall at around 220 and is engaged with their wayward, controlling, addicted minds. Through living feelings first with one's mind subordinated thereto, humanity will universally progress beyond conflict of any kind, particularly war.



Below 500 we have: ↓



WILL or FREE WILL:



# feelings

New way

The NEW

The NEW

*It's all about*  
**Experiences**  
&  
**FEELINGS**



**BE FEELINGS**  
**EXPRESSIVE!**

**WHOLE DIFFERENT** Way of Life.



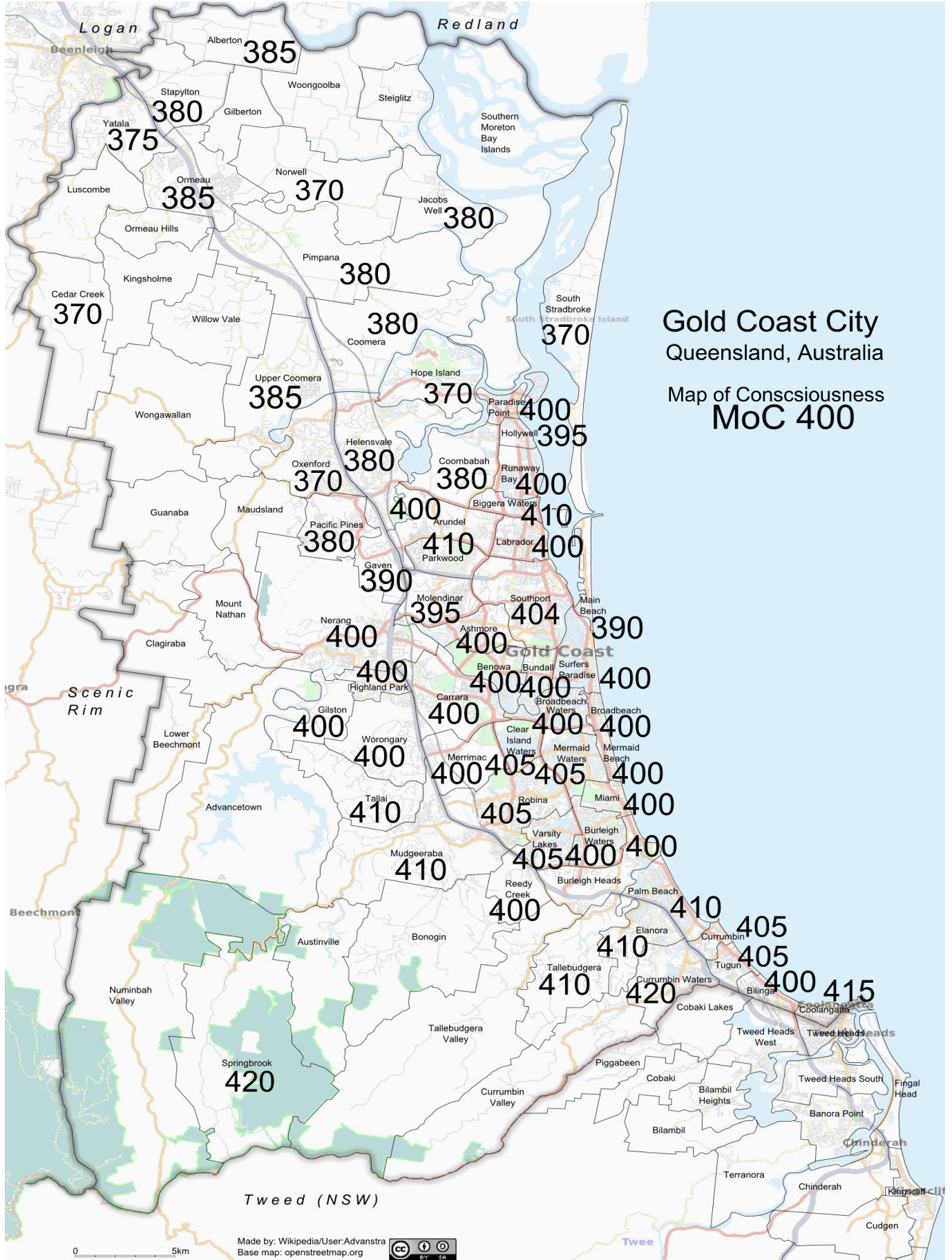
*Mind*



*feelings*



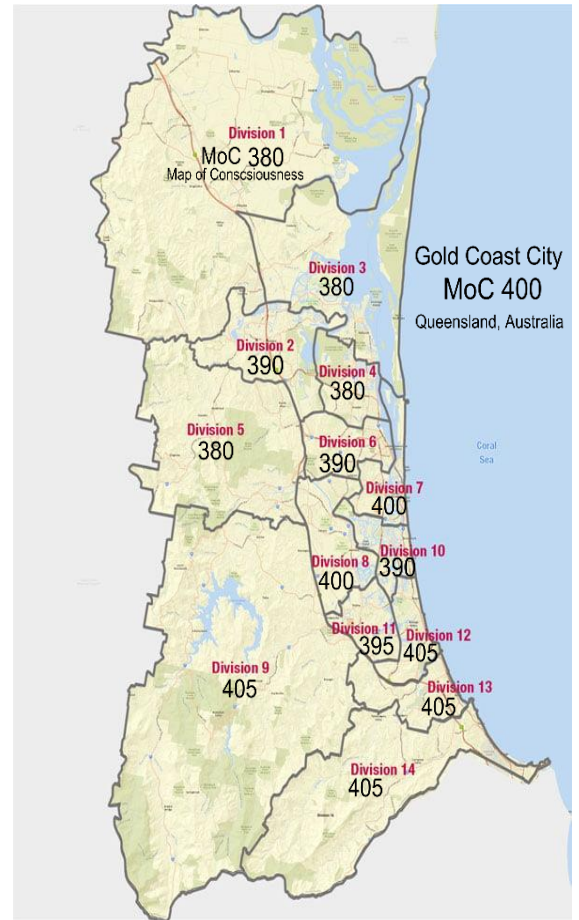
**GOLD COAST CITY calibration of consciousness of suburban residents:**



**Gold Coast City area, Map of Consciousness (MoC) calibration overall: 400**

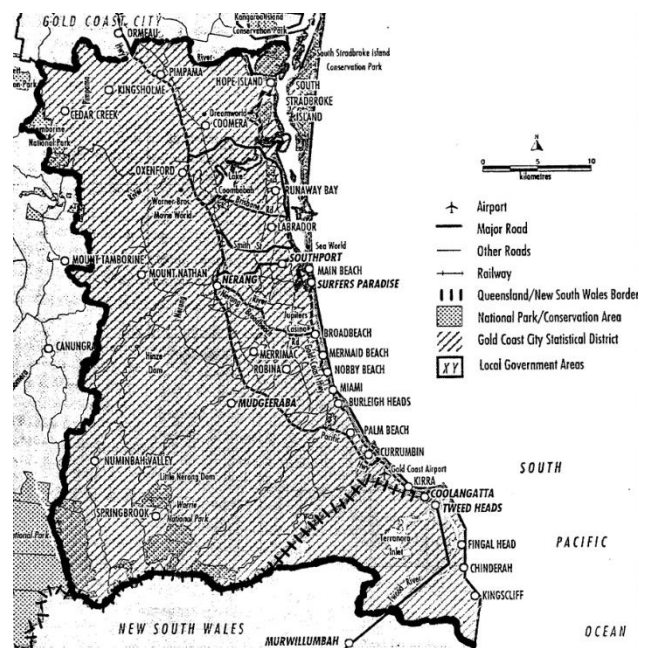
The kinesiology muscle testing calibrations of most of the suburbs of the Gold Coast are outlined in contrast to the calibration of remote Australian communities which are mostly populated by Australian aboriginals who typically continue to embrace traditional customs and life style.

<b>GOLD COAST</b>	<b>MoC</b>	<b>400</b>		
<b>Suburbs</b>	<b>MoC</b>	<b>Suburbs</b>	<b>MoC</b>	
Alberton	385	Gilston	400	
Stapylton	380	Carrara	400	
Yatala	375	Benowa	400	
Ormeau	385	Bundall	400	
Norwell	370	Surfers Paradise	400	
Jacobs Well	380	Broadbeach Waters	400	
Pimpama	380	Broadbeach Waters	400	
Cedar Creek	370	Mermaid Beach	400	
Coomera	380	Mermaid Waters	405	
Upper Coomera	385	Clear Island Waters	405	
South Stradbroke	370	Merrimac	400	
Hope Island	370	Worongary	400	
Helensvale	380	Tallai	410	
Oxenford	370	Mudgeeraba	410	
Coomabah	380	Robina	405	
Paradise Point	400	Miami	400	
Hollywell	395	Burleigh Heads	400	
Runaway Bay	400	Burleigh Waters	400	
Biggera Waters	410	Varsity Lakes	405	
Pacific Pines	380	Reedy Creek	400	
Gaven	390	Palm Beach	410	
Arundel	400	Elanora	410	
Parkwood	410	Tallebudgera	410	
Labrador	400	Currumbin Waters	420	
Southport	404	Currumbin	405	
Molendinar	395	Tugun	405	
Main Beach	390	Bilinga	400	
Ashmore	400	Coolangatta	415	
Nerang	400	Springbrook	415	
Highland Park	400			



<b>Council</b>	<b>MoC</b>
<b>Divisions</b>	<b>MoC</b>
1	380
2	390
3	380
4	380
5	385
6	395
7	400
8	400
9	405
10	400
11	400
12	405
13	405
14	405

**Gold Coast-Tweed Head, Australia, Statistical Area Population 2023**  
**732,000**



### Correlation of Levels of Consciousness and Societal Problems

Level of Consciousness	Rate of Unemployment	Rate of Poverty	Happiness Rate “Life is OK”	Rate of Criminality
600+	0%	0.0%	100%	0.0%
500-600	0%	0.0%	98%	0.5%
400-500	2%	0.5%	70%	2.0%
300-400	7%	1.0%	50%	5.0%
200-300	8%	1.5%	40%	9.0%
100-200	50%	22.0%	15%	50.0%
50-100	75%	40.0%	2%	91.0%
<50	97%	65.0%	0%	98.0%

The lower one’s level of consciousness is the lower one’s life expectancy is, the lower one’s income is, and the more likely we may end up in a prison!

Generally speaking, it may be considered that an Australian Aboriginal is around 12 times more likely to end up in a prison than a new Australian. Australians overall calibrate around MoC 415 and the Australian Aboriginals calibrate around MoC 290, however the Australian Aboriginals who live clustered together in small remote communities typically calibrate around MoC 190. The above chart tells the story – high criminality prevails – and that story is the same all around the world.

It has come this time in history that all psychic barriers and family traditional customs and norms are to be confronted, questioned, tested and put to the sword as appropriate. We will each come to the realisation that generations before us did not know any better and accepted what had been accepted by their parents, and their parents before them. All is based on our mind’s determinations and they are flawed by the limitations of our mind which cannot discern truth from falsehood, is addicted to untruth and also addicted to control, control over others and the environment around us. This is entrenched by our teachers, by our spiritual leaders, by our employers and by the multiple layers of government who we are subjected to, none knowing any better than others. It is our feelings, our soul-based feelings that are always in truth and love – these we are taught to suppress!

This erroneous way of living was imposed upon us by high level spirit personalities who wanted to keep us subjected to their personal agendas.

There is no greater controlling agent than our parents. It is our parents’ controlling addictions that is the elephant in the room.

Through our parents’ controlling addiction we each end up calibrating on the map of consciousness at the same level as one or the other of our parents, thus humanity continues to not grow in truth and love. A perfect controlling mechanism imposed upon us by hidden controllers two hundred thousand years ago!

Now we are to put that all aside and it is an enormous task that will take all of the next one thousand years – the coming Avonal Age.

**Torres Strait Island Regional Council, northern tip Queensland – mostly Aboriginal populations:**  
Empowering our people, in our decision, in our culture, for our future

<http://www.tsirc.qld.gov.au/our-region/torres-strait/geographical-location-and-map>

<b><u>TORRES STRAIT POPULATION</u></b>		<b>MoC</b>	<b>MoC</b>
	<b>Population No</b>	<b>Calibration</b>	
<b>Eastern Islands</b>			
Mer (Murray Island)	450	193	
Erub (Darnley Island)	400	190	
Ugar (Stephen or Stephens Island)	80	175	
	930		188
<b>Central Islands</b>			
Iama (Yam or Turtle-backed Island)	350	180	
Masig (Yorke Island)	180	174	
Warraber (Sue Island)	250	175	
Puruma (or Poruma) (Coconut Island)	180	172	
	960		178
<b>Western Islands</b>			
Badu (Mulgrave Island)	900	180	
Moa (Banks Island) Kubin Community	350	176	
Moa (Banks Island) St Pauls Community	240	175	
	1,490		177
<b>Southern Islands</b>			
Waiben (or Wayben) (Thursday Island)	2,610	205	
Keiri (or Kiriri) (Hammond Island)	220	188	
Nurupai (or Ngurupai) (Horn Island)	600	195	
Muralag (Prince of Wales Island)	20	180	
	3,450		195
<b>Northern Islands</b>			
Saibai (Saibai Island)	400	176	
Boigu (Talbot Island)	260	175	
Dauan (Mt Cornwallis Island)	150	174	
	810		175
<b>Cape York communities</b>			
Bamaga	800	179	
Seisia	165	177	
	965		178
	<u>8,605</u>	<u>8,605</u>	<u>194</u>
<b>Torres Strait Population:</b>			
Indigenous / native + PNG population	84.0%		
Non-indigenous / white population	16.0%		
	<u>100.0%</u>		
<b>Northern Territory</b>			
Katherine	10,000	199	
Tennant Creek	3,100	204	
Alice Springs	25,200	218	
<b>Australia (overall)</b>			<u>415</u>

Kindly go to [www.pascashealth.com](http://www.pascashealth.com) then Library Download page, scroll down to Kids of the World and click on to open the PDF:

 [Pascas Care Kids of the World Communities Torres Strait.pdf](#)

 [Pascas Care Letters Voice to Parliament Australian Aboriginals.pdf](#)

# Homelessness Action Plan – Gold Coast 2024

Homelessness can affect anyone of any age and can be temporary or long term. People at risk could be divided into many different categories using the reason/s that made them homeless, such as Age, Health /Mental health, Domestic and Family Violence, Women over 50+, Young people, and now due to the Rental Crisis we even have entire families sleeping in the car or in the tents.

Additional problem could be for people that are non-Australian citizens / residents and have not their immigration status in Australia resolved. This is also applicable to foreign students in Australia who are not eligible for any governmental assistance.

Department of Housing – current waiting time is over 15 years to be housed in public housing in Queensland (similar in all other States).

We, including Multicultural Family Organisation, want to make sure that any experience of homelessness on the Gold Coast is:

- rare
- brief and
- non-recurring.

**The Gold Coast Homelessness Action Plan 2024 outlines the City's roles, responsibilities, and strategic responses to homelessness. We work closely with the Queensland Government and local services to reduce homelessness in the city.**

**Homeless and need help?**

**If you are experiencing homelessness, at risk of becoming homeless or know someone who is, find details of support options below:**

**Gold Coast Homelessness Service, 93 Golden Four Drive, Bilinga QLD 4225, provides accommodation and support services. Call 07 5579 6060**

**Homeless Persons Information Queensland**

**Call for confidential advice 24 hours a day on 1800 474 753 or TTY 1800 010 222.**

**7CareConnect is a map-based list of support services including meals, accommodation and health services. A weblink to 7CareConnect is available on all City Libraries' public computers.**

**Vans and Kitchens website provides information on services offering food and drinks, as well as support contacts.**

**Public and community housing**

**The Queensland Government Department of Communities, Housing and Digital Economies helps Queenslanders who need access to housing.**

**Private rental accommodation**

**Queensland Statewide Tenant Advice and Referral Service**

**The Service can provide free tenancy information, advice and assistance to tenants.**

The phone service operates from 9am to 5pm weekdays and until 7pm on Tuesdays and Wednesdays.  
Call 1300 744 263.

Queensland Residential Tenancies Authority

The Authority provides information for both tenants and landlords about renting in Queensland. This includes beginning and ending tenancies and resolving disputes.

### **Supporting Those at Risk of Homelessness**

**Wesley Mission Queensland works with tenants to sustain stable housing. Call 1300 865 306**  
**Homeless Connect Hotline: 1800 474 753**

**Gold Coast Homelessness Network is a not for profit organisation that works with its members to prevent and reduce homelessness across the region. We exist to educate, raise awareness and support the effective service delivery for homelessness on the Gold Coast.**

### **SERVICES:**

Gold Coast Homelessness Service, Uniting Care Community (Blair Athol) **Call 07 5579 6060**

Gold Coast Homelessness Program (SAAP) funded service providing crisis and transitional accommodation and associated support services. Support services include: meals, laundry and bathroom facilities. Please note Laundry and bathroom facilities are closed on weekends), support, counselling, information referral advocacy. Emergency relief outlet. Housing Options Project young people 16- 25 years, assisting singles and families to access accommodation in private rental market, boarding houses and share accommodation.

ON CALL 24 HOURS FOR ACCOMMODATION ONLY. No charge to people in crisis. Walk in or referral. Breakfast 7:30 am, Lunch 12:30pm, Dinner 6.00pm. Two hours of notice if any meal is required.

9 Golden Four Dr, Bilinga QLD 4225, Australia", displayed above

### **YOUTH SERVICE GC**

We aim to reduce and prevent the cycle of homelessness and assist young people to sustain their tenancies. We partner with the Gold Coast community to raise awareness about Youth Homelessness and collaborate to find solutions. We deliver specific planned activities, programs and follow up support focusing on life skills to foster independence and sustaining tenancies, health and wellbeing, and social and community engagement.

Our Accommodation and Support Program uses a specialised case management approach to engage young people aged 16-25 years to secure and sustain tenancies. We believe that Housing First is the best response to support young people to get back on track. We assist young people, and their families where appropriate, to resolve the issues that are putting them at risk of homelessness. We also support young people who are sleeping rough, couch surfing, or living at home.

Our Team provides the following support and assistance...

**Youth Outreach** supports assessment and exploration of needs to assist a young person to make choices about the kind of support that they receive. Youth Outreach provides short periods of support or a brief intervention whilst waiting on available accommodation opportunities if a young person chooses to not accept accommodation support but requires assistance into other services or requires referral to another housing provider.

**Mobile Support Team** supports young people within communities to connect to services, improve life and independent living skills, sustain tenancies and assist with the development of individual goals. The Team also works closely with young people living in SPin and STAY Housing.

**OBSERVATION:**

As can be seen above, it is very hard to navigate for people who are on the street and most services refer you to one another as no one is able to do holistic approach and solve several issues on the spot. Translated into English – it looks good on the paper but it doesn't work.

**IN SHORT:**

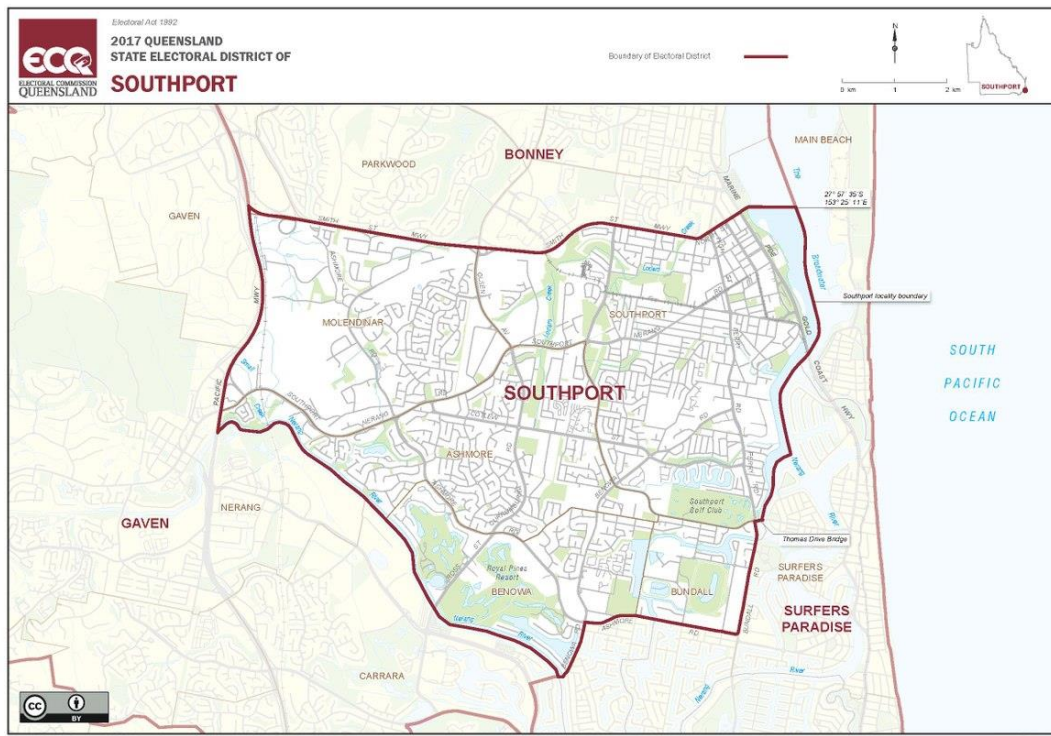
There is no comprehensive ongoing support of any satisfactory level for those who need a roof over their heads. This is the situation Australia wide.

It is even direr for those who are not Australian citizens.

**SOUTHPORT** Electoral District on the Gold Coast, Queensland, Australia

An electoral district for state elections may have around 110,000 voters.

The Southport Electoral District is equivalent to the most multicultural district anywhere throughout Australia.



# LIFE EXPECTANCY – AUSTRALIAN ABORIGINALS

[https://ctgreport.niaa.gov.au/life-expectancy#:~:text=In%202015%E2%80%932017%2C%20Indigenous%20life,females\)%20\(Figure%207.2\).](https://ctgreport.niaa.gov.au/life-expectancy#:~:text=In%202015%E2%80%932017%2C%20Indigenous%20life,females)%20(Figure%207.2).)

Target

**Close the life expectancy gap within a generation (by 2031)**

## Key points

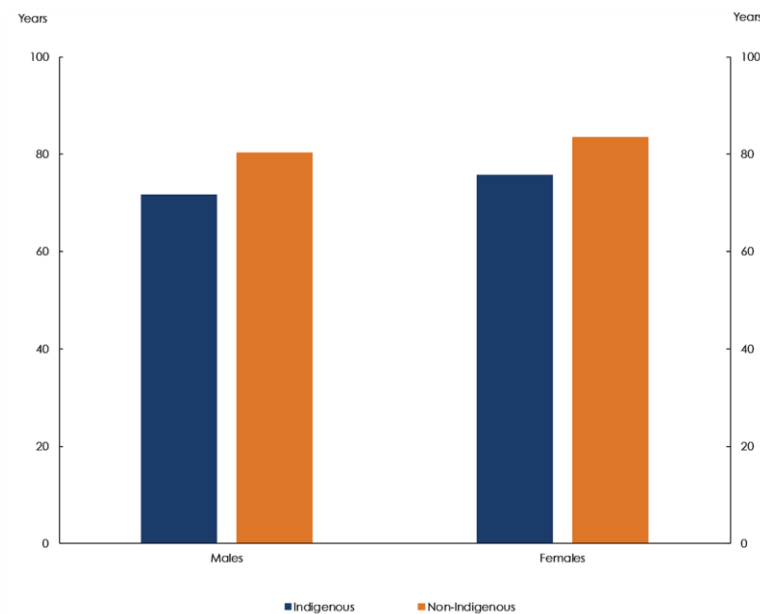
- In 2015–2017, life expectancy at birth was 71.6 years for Indigenous males (8.6 years less than non-Indigenous males) and 75.6 years for Indigenous females (7.8 years less than non-Indigenous females).
- Over the period 2006 to 2018, there was an improvement of almost 10 per cent in Indigenous age-standardised mortality rates. However, non-Indigenous mortality rates improved at a similar rate, so the gap has not narrowed.
- Since 2006, there has been an improvement in Indigenous mortality rates from circulatory disease (heart disease, stroke and hypertension). However, this has coincided with an increase in cancer mortality rates, where the gap is widening.

## What the data tells us

### National

The target to close the life expectancy gap by 2031 is not on track. The life expectancy target is measured using the Australian Bureau of Statistics (ABS) estimates of life expectancy at birth, which are available every five years.

In 2015–2017, life expectancy at birth was 71.6 years for Indigenous males and 75.6 years for Indigenous females. In comparison, the non-Indigenous life expectancy at birth was 80.2 years for males and 83.4 years for females (Figure 7.1). This is a gap of 8.6 years for males and 7.8 years for females.



Life expectancy is an overarching target, which is dependent not only on health, but the social determinants (such as education, employment status, housing and income). Social determinants are estimated to be responsible for at least 34% of the health gap between Indigenous and non-Indigenous Australians. Behavioural risk factors, such as smoking, obesity, alcohol use and diet, accounted for around 19% of the gap (AHMAC 2017).

Figure 7.1: Life expectancy at birth by Indigenous status, 2015–2017

Source: Australian Bureau of Statistics 2018, Life tables for Aboriginal and Torres Strait Islander Australians, 2015–2017, Cat. no. 3302.0.55.003, ABS: Canberra.



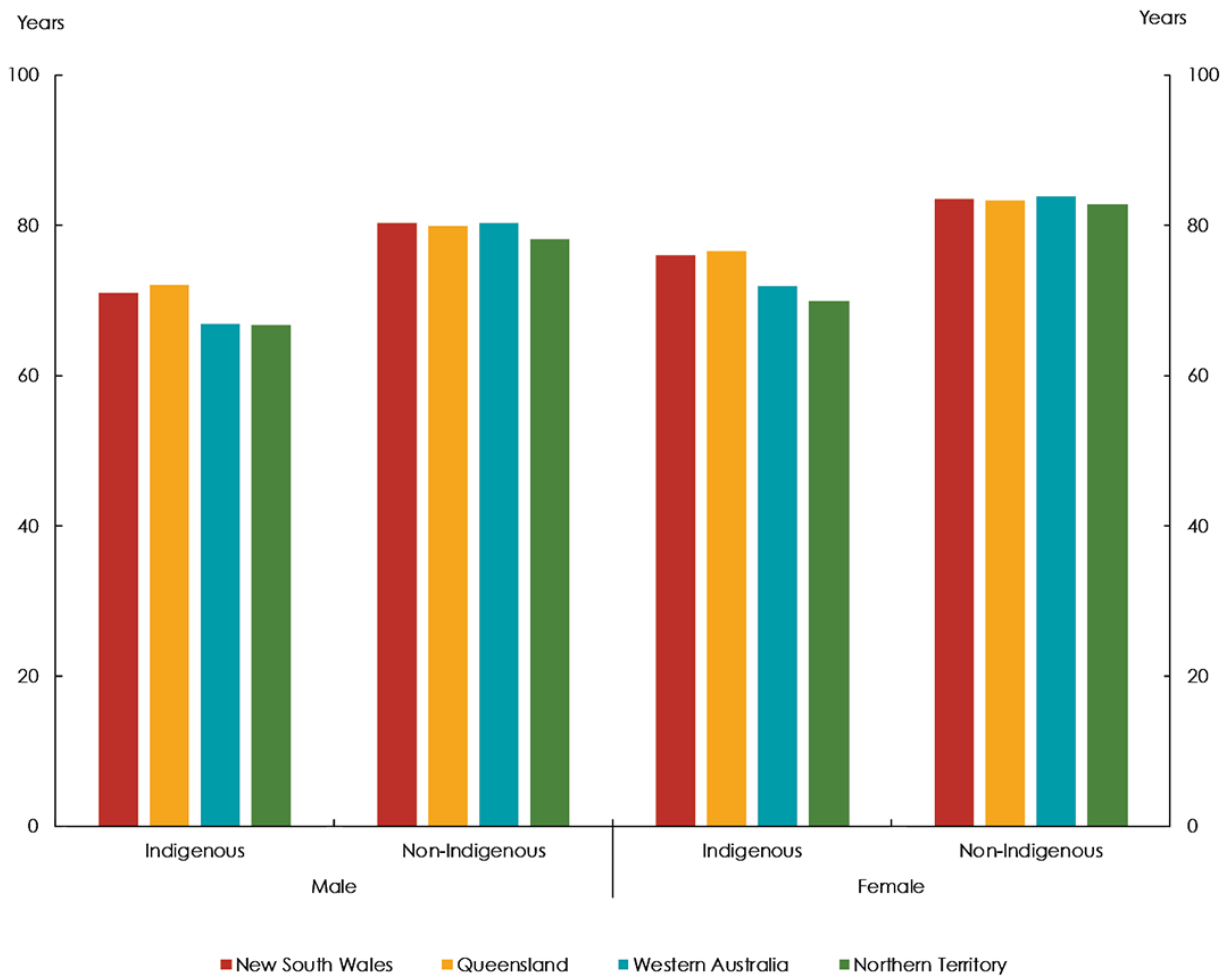
States and territories

As reported last year, New South Wales, Queensland and the Northern Territory—the three jurisdictions with agreed trajectories for the life expectancy target—are not on track to meet the target.

In 2015–2017, Indigenous life expectancy was highest in Queensland (72.0 years for males, 76.4 years for females) and lowest in the Northern Territory (66.6 years for males, 69.9 years for females) (Figure 7.2).

The gap in life expectancy was the largest for males in Western Australia (13.4 years) and for females in the Northern Territory (12.8 years).

Figure 7.2: Life expectancy at birth by jurisdiction, 2015–2017



Source: Australian Bureau of Statistics 2018, Life tables for Aboriginal and Torres Strait Islander Australians, 2015–2017, Cat. no. 3302.0.55.003, ABS: Canberra.

Life expectancy by remoteness

Life expectancy for Indigenous Australians living in remote Australia was lower than for those living in urban areas. In 2015–2017, life expectancy for Indigenous males living in Remote and Very Remote areas combined was estimated to be 6.2 years lower than that of Indigenous males living in Major Cities (65.9 years compared with 72.1 years). The equivalent comparison for Indigenous females was 6.9 years lower (69.6 years compared with 76.5 years).

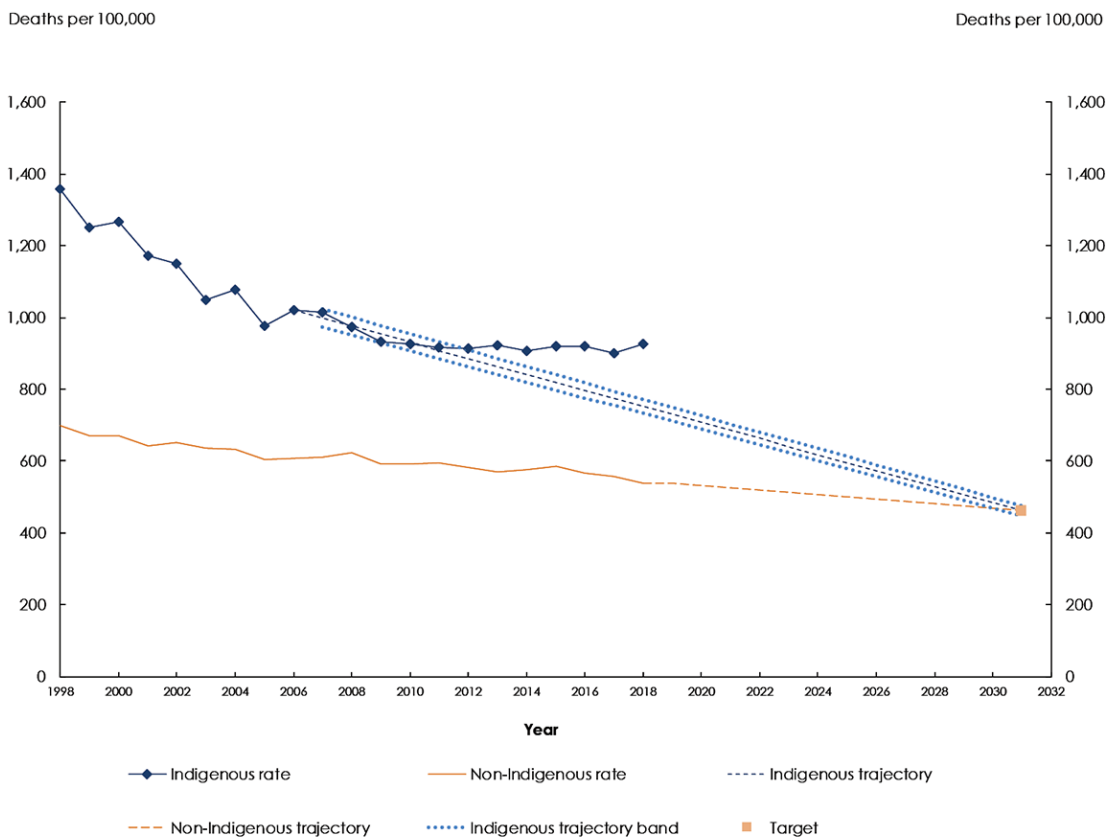
While life expectancy for Indigenous males and females decreases with remoteness, life expectancy for non-Indigenous males and females is similar across all remoteness categories. This means that the gap is widest in Remote and Very Remote areas.

### Mortality

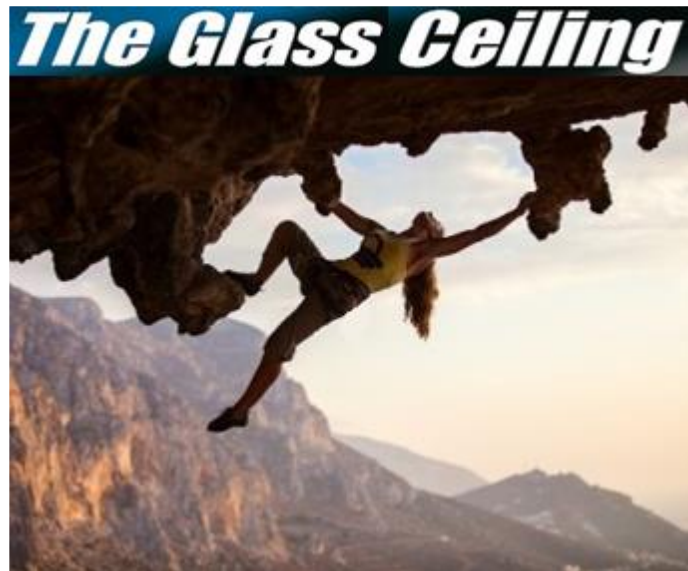
Age-standardised mortality rates are used as a proxy to track progress against the life expectancy target annually. This is because the ABS Indigenous life expectancy estimates are only available every five years, while mortality data are available annually.

In 2018, there were 3,218 Indigenous deaths (1,780 males and 1,438 females). This was equivalent to an age-standardised mortality rate of 927 per 100,000—around 1.7 times the non-Indigenous rate (539 per 100,000). The Indigenous rate was not within the range required to meet the target (Figure 7.3). Between 2006 to 2018, Indigenous age-standardised mortality rates improved by almost 10%. However, non-Indigenous rates improved at a similar rate, so the gap has not narrowed. As such, the Indigenous mortality rate has not been on track to meet the target since 2011. The rate of improvement of Indigenous mortality rates has not been as strong as prior to the 2006 baseline.

Further research (including data linkage) is required to understand the reasons why the rate of progress has slowed despite improvements in the detection and management of chronic disease. This is discussed in more detail at [Causes of death](#). Figure 7.3: Age-standardised mortality rates, trajectory to 2031 target



# Living Mind dominated is claustrophobic and suppressive!



The Mind presents a treacherous glass ceiling!





# CLOSE THE GAP

When considering the overall calibration of Aboriginal communities in remote areas around Australian, the closing of the gap between the overall population and the remote area indigenous communities is already closed. That is, nothing further can be done except for the subject people to become aware that their traditional way of living is restraining growth and development of their levels of consciousness. It is up to each individual to embrace change or stagnate as they now are.

## BREAK THROUGH OUR GLASS CEILING



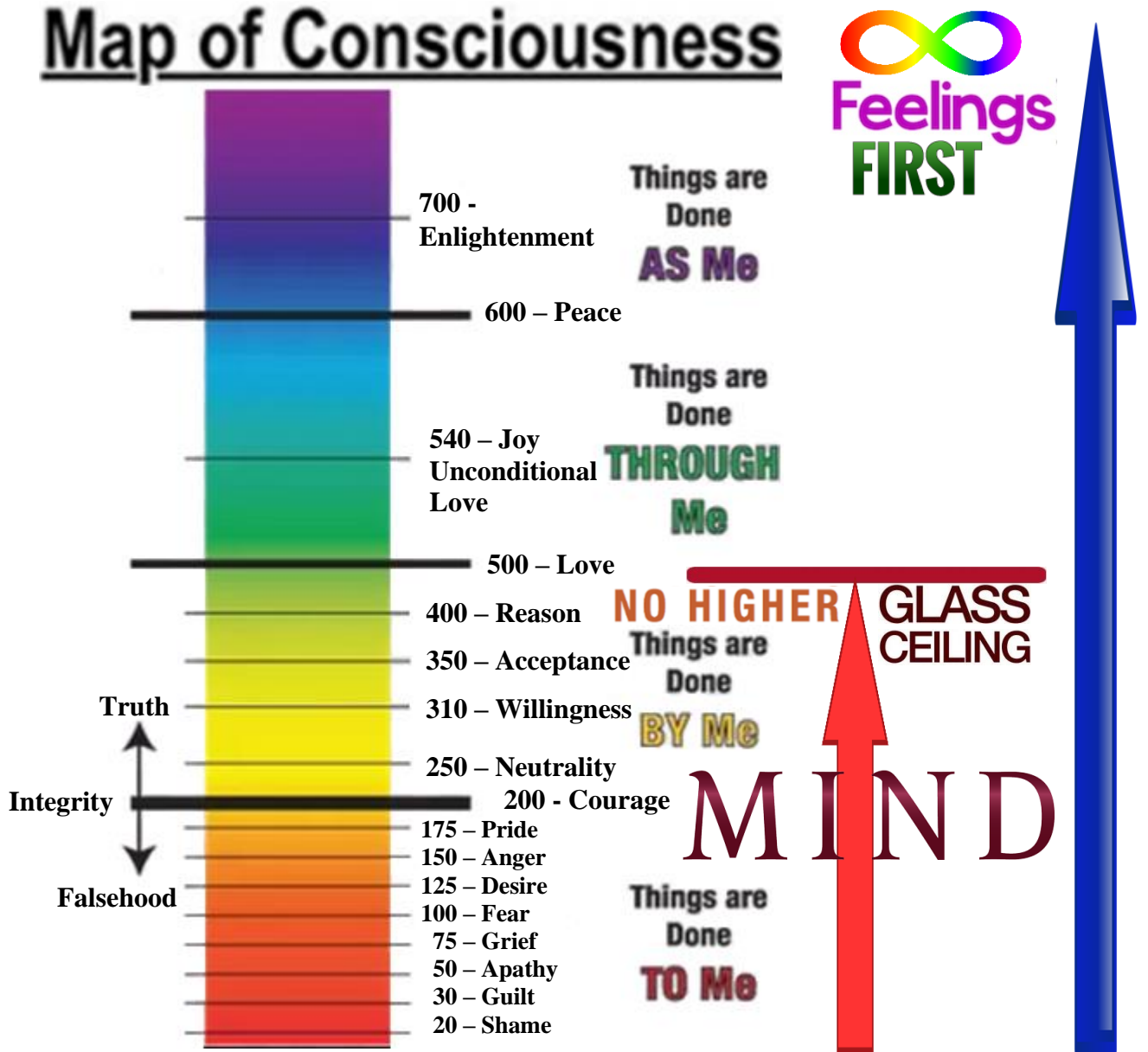
For the population overall, while one lives mind-centric then their potential to grow in consciousness beyond 499 on the Map of Consciousness (MoC), this being the peak of 'reason', is very limited.

For those who embrace living feelings first and commence their personal Feeling Healing then they are breaking through the glass ceiling of 499 MoC and should they also embrace asking for our Heavenly Mother and Father's Divine Love then their potential in consciousness and soul condition is infinite.

## Feelings First IT'S A WAY OF LIVING.



# Map of Consciousness



This outline of the Map of Consciousness spells out the fact that while we live Mind-Centric and ignore and suppress our Feelings we cannot pass 499 MoC. Our mind being in control, as we have all been indoctrinated to live, is a glass ceiling. Humanity cannot heal anything, cannot be spontaneous, has no intuitiveness, and is locked into living in the deep hell states. This is why people find themselves in abusive homes, domestic violence, housing stress, homelessness and gross difficulties of all kinds. This is why we are easily manipulated, embrace propaganda and are being controlled by a few.

Women are closer to their feelings and that is why the nursing profession hosts a lot of women who calibrate a little over 500. These women are the healers in hospitals.

By aspiring to live Feelings First we are each breaking the glass ceiling and opening our potentials to grow in truth and love not only to 1,000 MoC, but to infinity. This is our destiny.

As communities embrace living Feelings First and having their minds to follow in supporting what their feelings are guiding them with, then ALL of the social ills of society will begin to mitigate. Please, do you comprehend the importance of what is being shared throughout this document?

## Living Feelings First growth potential is

Our Feelings are our Supreme Guide! Truth is found through our feelings, we are to long for the truth about what our feelings draw our attention to. Our soul based feelings are always in truth. We are fully self-contained. This simple fact has been hidden from us for 200,000 years while our hidden controllers, the evil ones, kept us under their selfish controlling agenda.

Living through our feelings first with our minds to follow in assisting with what our feelings guide us to consider is a rewarding, freeing and vibrant life. Whereas we all have been retarded through living mind centric.



Living through our Feelings First, the New Way, and longing for truth of what they are to reveal, expressing what we feel, both good and bad, will enable us to progress through the Feeling Healing Mansion Worlds while living on Earth. With Divine Love we will be fit to enter the Celestial Heavens and then progress through all the Celestial Heavens of our local Universe of Nabadon and then onwards to Havana and Paradise, the home of our Heavenly Mother and Father.

Not only will we progress beyond 1,000 MoC when transitioning into the 1<sup>st</sup> of the Celestial Heavens, by the time we reach Paradise we will have progressed to what could only be described as infinity – well not quite – but we will be truly awesome in our evolution and development.

## Living mind-centric limits growth to 499 MoC

We all live through our minds! We all suppress and ignore our feelings. This has been how we have been led to live by high level spirits who had ambitions of self-glorification to our detriment. These wayward spirits had allusions of expansionary empowerment and they needed Earth's humanity as their foot soldiers! Through their deceit, we would continue to live in spirit as we do on Earth without any prospect of progressing out of the spirit mind Mansion Worlds.

Should we continue with aspirations in the perfecting of our mind then we can progress from the 1<sup>st</sup> spirit Mansion World to the 2<sup>nd</sup> mind spirit Mansion World, then 4<sup>th</sup> and finally 6<sup>th</sup> mind spirit Mansion World to a dead end. In these higher worlds we may appear to be guru type personalities but we have gone further away from God – we have then perfected our evilness!

The mind can even stave off the time when the Law of Compensation is addressed.

A U-Turn is required and then one would commence embracing their feelings and progress through the Feeling Healing Mansion Worlds 3, 5 and 7. With Divine Love then on completion of the 7<sup>th</sup> spirit healing Mansion World process we transition to the 1<sup>st</sup> of the Celestial Heavens.

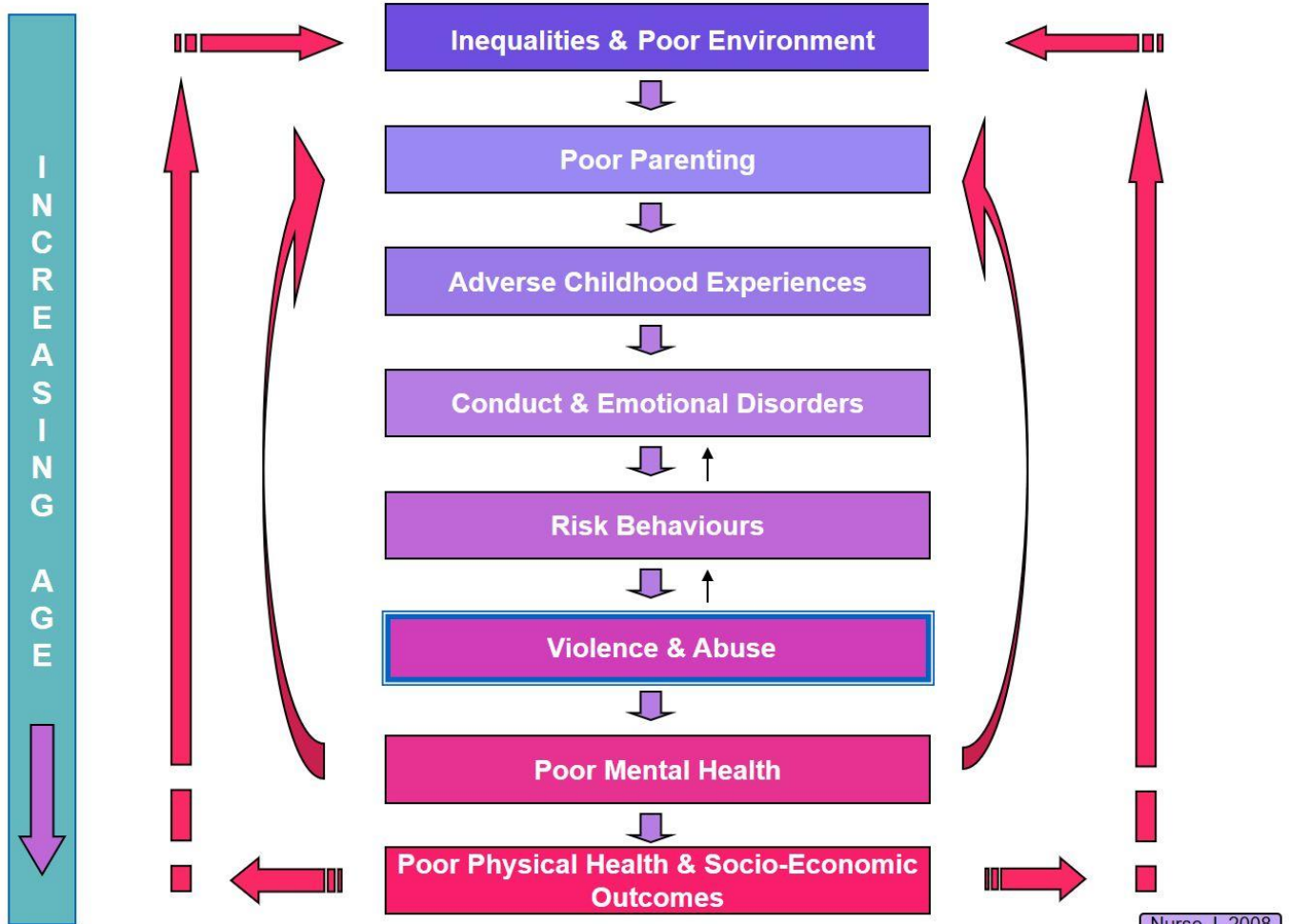


While we suppress and ignore our feelings we are living in hell and putting ourselves through untold misery, pain and suffering when we can achieve healing to the level that we are living as Celestials while in the physical on Earth!!!

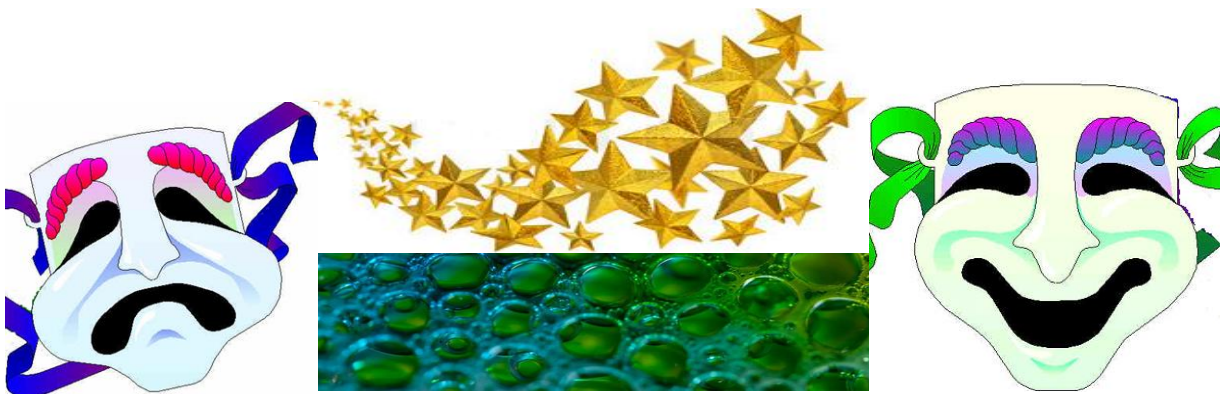
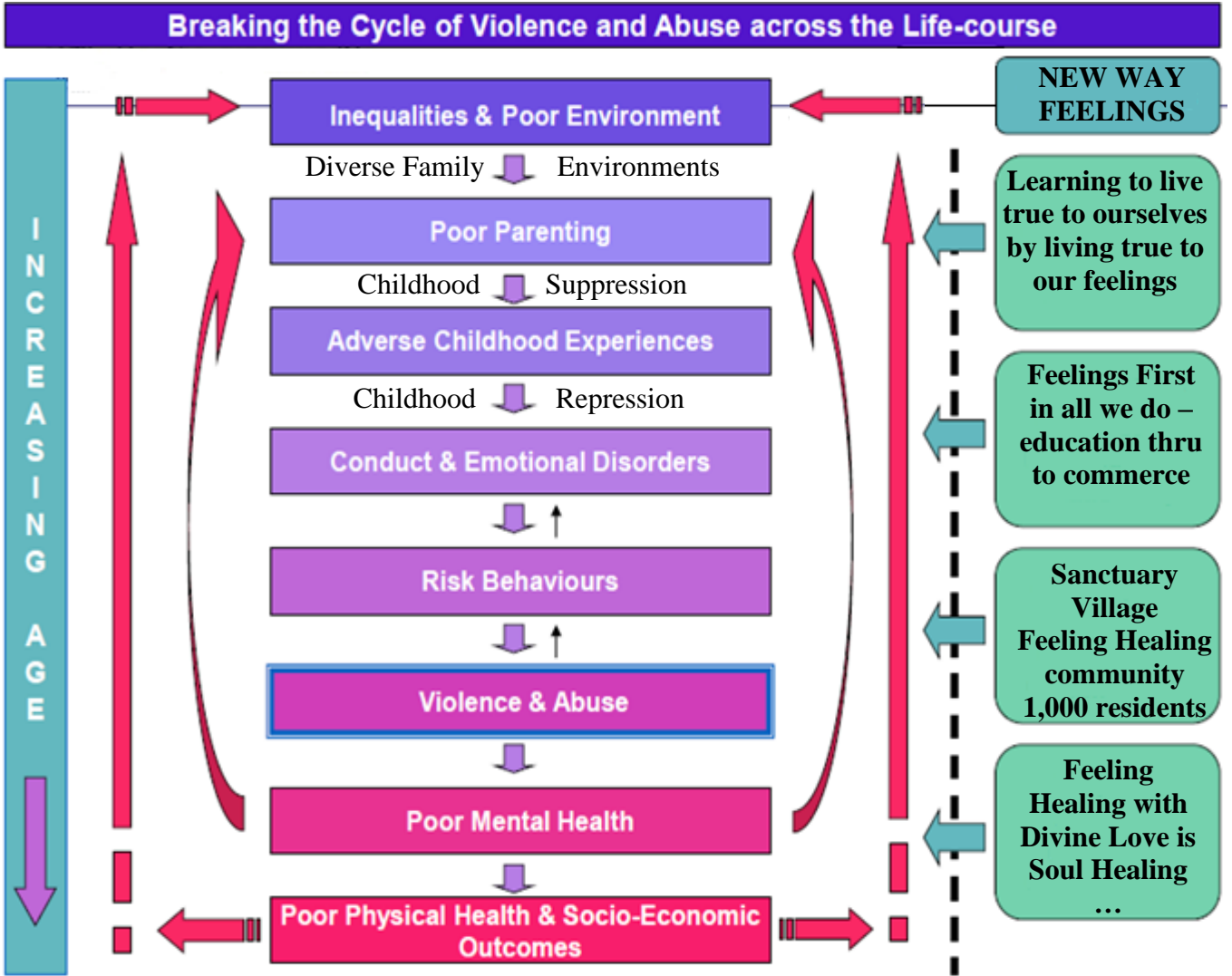
# LIFE IS FOR LEARNING



## The Cycle of Violence and Abuse across the Life-course



Seek **truth** from the cradle to the grave.



We are endowed by our Heavenly Parents with natural love, maybe we neglect this gift from time to time. As we progress in time, we can add the greatest gift there is to our being, that is by asking for and receiving Divine Love. Not only does the infusion of Divine Love, with one's Feeling Healing, repair our natural love attributes, we evolve into a joyous and loving person in all respects. With the infusion of Divine Love, with the two loves, we become the complete being.



# MIND vs FEELINGS

Mind vs Feelings – Your Choice.

And now is an appropriate Time To Make this Choice!

Everyone is to choose: The Mind Way;

or The New Feelings Way.

Which way of living do you choose: Mind Way?

or the Feelings Way of living?

Do you continue in your Mind Way?

or do you embrace The New Feelings Way?

Do you choose the Dead End Mind Way?

or the Eternal Happiness Feelings Way?

Times up for the Mind Way;

the Feelings Way is taking over.

False Spirituality – The Mind Way;

True Spirituality – The Feeling Way.

The End Times and Final Judgement; or Paradise – the choice is yours to make:

Continue in your soul-destroying feeling  
and truth denying Mind Way;

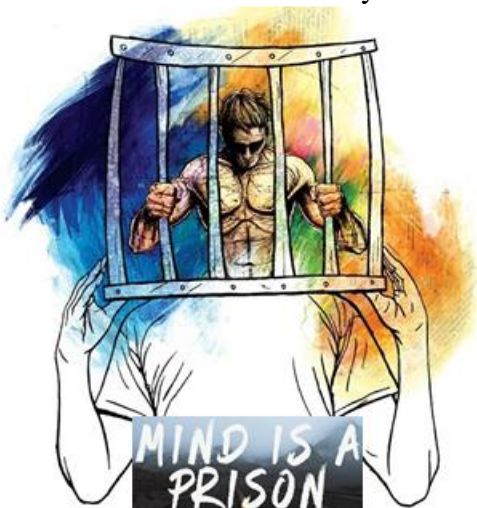
or embracing The New Feelings Way  
by doing your Spiritual Healing;

Maintaining the mind's imposed façade of a robotic,  
retarded individual, in a stupor, perpetrating the  
errors of generations gone by;

or The Feeling Way which is the discovery pathway  
to releasing your true, vibrant personality

The Mind Way – rejecting the truth of yourself  
by denying feelings, restricted forever to the  
mind Mansion Worlds;

or The Feeling Way – uncovering the truth of  
your feelings and ascending to Paradise.



The mind is to be of service!  
The mind is designed to Follow,  
to be of service to the truth,  
of service to the heart, and  
your Feelings!



# Living Feelings First is to replace Mind Centricity

A hidden very few controllers have orchestrated every system and way of living for humanity to be mind centred. While we live through our minds WE CANNOT EVOLVE!!! Our minds are wonderful but they are, in themselves, addicted to control over the environment, over others and ourselves, and our minds are addicted to untruth, they cannot discern truth from falsehood. We have been screwed for the past 200,000 years through these hidden controls.



Firstly, all the emotional injury that we take on, that we are infused with, commencing at the moment of conception, is what limits our capabilities throughout lives. It is these same emotional injuries, mostly infused upon us by our physical parents, which set in place our health throughout our lives, our social issues, our quality of life and our prosperity. However, through mind centricity we remain stagnant.

What we take on emotionally must be released emotionally. We must talk it out of us emotionally. The pain will be no greater than the pain that was felt when we were infused or repressed throughout our childhood forming years. But this is the one and only pathway to heal and evolve beyond the zombiism that we see around us. We are all functioning in a stupor due to the limitations of mind centricity.

Our feelings are always in truth, they are our truth. With truth we have freedom and prosperity – yet we will need little – as our fears and addictions will be put aside. The connectivity with the spirit worlds will also open up to those who heal through their Feeling Healing.

## WHOLE DIFFERENT Way of Life.



**BEING SPIRITUAL**

James Moncrief

10 December 2021

We are spirit beings in a flesh body, when we die our physical body dies and we wake up fully conscious in our spirit bodies in the spirit Mansion Worlds. We are living unconsciously now in our spirit body, as we live consciously focused in our physical body.

We are a soul that is expressing two personalities in Creation. You are one of the two personalities of your soul, your soulmate or soul-partner being the other personality of your soul. When you achieve living a certain level of truth, your soul will bring you together for the rest of eternity, this usually being once you've finished our Spiritual Healing.

Currently we are all born in Rebellion by Default against the truth of ourselves and against the truth of God. We are wrong, untrue and imperfect, even though we want to believe we are right. To become right, true and perfect we have to bring to light the truth of our rebellious state. This we do through our Spiritual Healing.

We do our Healing by attending properly to our feelings, by ending our mind control over them, ending our denial of many of our bad ones, expressing them all with the emotion of them, as we long for the truth our feelings are to show us about ourselves.

Being spiritual is expressing all of ourself (all of our personality) lovingly in life. It involves becoming wholly aware of all we are through all we feel. It is liberating our repressed childhood feelings so we can come to understand what parts we are not being expressing truly, which parts of we are in rebellion against our soul. It involves breaking down our erroneous beliefs, ending our unloving and uncaring negative behaviour, whilst coming to see the truth of why we have such beliefs and do such bad things to ourself and other people.

It's about how we are treating ourself, because of how we were treated as a child by our parents. And uncovering the truth of our relationship with our parents and family, and seeing if any of it was indeed loving as we might feel and believe it was, or if it wasn't loving.

Being Spiritual is then fully expressing ourself lovingly in all our relationships. It is about the evolving truth of the relationship with ourself, other people, and with God. Nothing else.



**Our incredible journey!**

# The New Way

## Living True to Your Feelings

We live denying many of our feelings, which is not good or healthy for us.

Early in our childhood our parents, families and society in many ways tell us that expressing certain feelings is not right, it's unacceptable, forcing us to block them out.

“Stop crying, you're too old to cry”. “If you carry on behaving badly, you'll be punished”. “Smile, stop looking so miserable, what have you got to be unhappy about!”

We are told many of our childhood bad feelings (and often good ones too) are not welcome, which is saying, you are not welcome as you are, you must change yourself and be as we say you are to be. It's not loving to be treated that way.

And by forcing ourselves to change causes us to suppress and then keep repressed many bad feelings. And all those repressed bad feelings fester away inside us making us sick and unhealthy.

To be made to stop expressing any feeling means we are being stopped from expressing the whole of yourself. And that is very damaging.

Living by not expressing ALL our feelings fully means we can't enjoy fulfilling relationships, it causes problems, unhappiness and all illness.

So all our problems and difficulties stem from the fact that during our childhood we were stopped from expressing all of ourselves, by not being allowed to express all of our feelings. And this is how the whole world lives. Some people, families and societies being more or less feeling-expressive than others.

And The New Way seeks to end any repression of feelings. It's to understand that we should live fully expressing all we feel and not with our mind heavily in control of ourselves limiting our self- and feeling-expression.

The Old Way is living the Mind way of feeling repression. An unloving way of being.

**The New Way** is living the **True Way** of feeling expression. A loving way of being.





# Great Transformation of Humanity!

# Root Cause

Highly esteemed Lanonandek spirits from within our local universe of Nebadon were assigned as System Sovereigns of our local system to oversee Earth's humanity and their spiritual development. 200,000 years ago they, the Lucifers, became infatuated with their authority and turned against the regents of Nebadon, Mary and Jesus, as well as rejecting God. Through their Planetary Princes, also Lanonandek spirits, they had taken the humanities of 37 worlds within their local system into their Rebellion.

Through living through our minds, suppressing our feelings, we on Earth will continue to be at war with each other, illnesses of all descriptions will continue from our feelings suppression, famine and inequalities prevail, control of others is the core of all systems, we cannot determine truth from falsehood and life on Earth is a living hell. We have been continually seduced by mind Mansion World spirits and we live life in a stupor – nothing more than zombies doing the begging of the evil ones, the rebellious Lanonandek spirits.

Through living through our minds, suppressing our soul based feelings, we have been progressively going further and further away from our Heavenly Parents, now to the point that we cannot go any further. Through working cracks in the Universal Contract governing the Rebellion and Default, this control has been ended formally as of 31 January 2018.

# Pathway Forward

To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

**God's Divine Love: Pray for it, ask for it, and receive it.**

**The Golden rule is: Never interfere with another's will.**

**Golden Rule: that one must always honour another's will as one honours one's own.**

**New Feelings Way: learning how to live true to ourselves by living true to our feelings.**

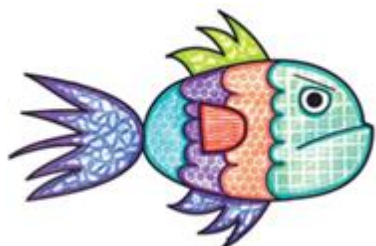
**We are to express our feelings, both good and bad, at all times, and to long for the truth of them.**

**By living true to ourselves true to our feelings, we are living true to God. It's that simple.**

**LONG to KNOW ABOUT what you are FEELING!**  
**Long to understand the truth behind**  
**what your feelings are pressing upon you.**



**Ask to know the truth about that which you feel.**  
**It is knowing the truth of that**  
**which you feel that sets you free!**



**Always be true to your feelings**  
**because they are your truth**  
**and truth is love and our way home!**



**Express your feelings to those who matter to you.**  
**Suppressed feelings bring about pain and illness.**  
**Talk it out to a friend!**



*From our head to our toes,  
what our feelings say goes!*



*Feelings, good and bad, are to be expressed.*



*Talk it Out!*



*Heartfelt feelings are our truth.*

*Then we are to continue by longing for  
the truth that our feelings are to reveal to us!*



# TALK IT OUT



We are to express our feelings, both good and bad, and nothing is sacrosanct or to be withheld.

All that's wrong and untrue within us has to be expressed out of us, each of us, it all has to come to light for us to see the truth of. We have to know the truth of ourselves and the truth of our family relationships.

Everything needs to be expressed, to come out into the open.

What enters emotionally has to be expressed emotionally – it has to come out emotionally – leave us emotionally!

However, we are not to act upon what we are feeling emotionally! We are not to act it out! But, we are to go on and long to know the truth of what is behind our feelings, why we are having these feelings and experiences.

Long to the Mother and Father for Their Divine Love, and ask Them to help you see the truth through your feelings – that which They want you to know. Long and ask; long and pray. Pray to see, know and BE the truth, the truth of you – of all of it!



# Truth is Freedom

Before being conceived, we each have had nothing to do with the culture or heritage of the family and its people into which we are now born.

After we pass over into our spirit lives, we each will have little or nothing further to do with the culture or heritage of our family that we lived with on Earth.

We each are one of many voices within our communities.

We are to embrace our experiences and limitations of our family upbringing which our soul has desired for us to have. We are spirit personalities having a physical experience and this physical life here on Earth is the commencement of our incredible journey which will take us through many universes.

We are not to accept the limitations, the psychic barriers of our family, nor those of our national culture and its ethos. The people of a community, a region, a state, a nation respond to and reflect a common set of values, customs and culture, which is passed down through the generations, this is a psychic imposition or barrier that inhibits evolution, our true self expression and our growth in potential and personality.

Now, it is this time in history that, individually, we each are to free ourselves of the Rebellion and Default that has been imposed upon us by hidden controllers, both of those from within the spirit worlds and of their defacto agents here in the physical.

We now have the option to embrace and enjoy the freeing truths that our soul can and will expose to us – we are fully self-contained. We are to look within, to our feelings, and to long for, to ask for the truth that our feelings will exquisitely and amazingly reveal to each of us.

The wonders of intuitiveness and spontaneity are ours to behold, experience and enjoy – this is of our choosing. We can continue living a limiting mind-centric life or embrace living Feelings First – The New Way – with its infinite potential. The gateway is now open and the pathway is defined.

This we are to share with all of humanity as we are Freedom's voice.

MoC 904



## ONE SECOND TO MIDNIGHT



# **The Golden rule is: Never interfere with another's will.**

From our moment of conception to around six years of age, we are submerged in our parents controlling addictions that were imposed upon them by their parents and so it has been these past 200,000 years. Our Indwelling Spirit arrives when we are six years old and then we are responsible for our actions, however, we find that our expanding environment awakens us to further methods of exerting control over others. We all go on with our life imposing our control over others, mostly because this is the only way we can survive and that is how others live. We remain oblivious to the harm, discomfort and pain that we cause other and unaware that whatever we cause to another will come back upon us as equivalent pain in the form of compensation that we will each endure – eventually! We may consider a sarcastic comment made in jest is inconsequential – but the pain felt by the slight will be returned to us.

We may go on to be involved in commercial activities where deceit may be the accepted practice, yet the harm is caused to others will come back to each of those involved, with the leader to bear it all.

Development of weapons of destruction have consequences for all involved, but none greater than upon the authorising personalities. Developing medications and vaccines that bring about harm draw compensation. Nuclear devices have generation consequences as do vaccines that manipulate genes. Thus, those who develop such technologies stand beside those who authorise their application. But those who mandate their application may find generations suffering harm requiring ongoing accumulating compensation to be addressed.

We look upon notorious barbarism by despot leaders as the pinnacle of harm requiring incomprehensible compensation, but we have leaders of religious sects and institutions of various kinds who we treat with great respect and honour when the ongoing harm they impose is far greater.

Then we look to how all this evilness became so widespread and entrenched, the actions of the Evil Ones 200,000 years ago are still building up compensation requirements as everyone today is living against their personality will and seeking control over others, even if it is only within their family – there is no one of us who is not entrenched into the Rebellion and Default imposed upon Earth's humanity by these evil four soul partner Lanonandek spirit leaders – Lucifer, Satan, Caligastia and Daligastia.

# **One must always honour another's will as one honours one's own.**

Zelmar, a Melchizedek, 1 July 2003: The Rebellion leaders have all now been interned on a sector of one of the higher Earth planes. And they will remain in the 'hell of their own making' until they fully feel, and so repent, coming to understanding the pain and suffering they have caused. Can you imagine how many souls they have caused pain on all the rebellious worlds (37), so that's a lot of pain, a lot of time feeling such pain caused as their compensation, for them to understand the extent of the damage they have done. And time needed to bring about the rectification of their own personality expression; because as you can image, being so rebellious means they are very shut off to their true feelings, very much caught up in their controlling minds, so living with very corrupted, distorted and dysfunctional personalities. So potentially, it is conceivable they will remain in such isolation until everyone on all rebellious worlds (37) and in their associated mind Mansion Worlds have completed their Healing.

Zelmar, a Melchizedek, 27 June 2003: All that is rebellious and so of the Lucifer Rebellion will be one

day cease to be. So deep within you, you know the truth that you are not right, that you are rebellious, and so also the truth that one day you too will cease to be.

Zelmar, a Melchizedek, 1 July 2003: You understand about Lucifer and Satan, but what about their soul-mates, their other halves, and how instrumental have these hidden feminine evil spirits been in shaping the course of the Rebellion.

Who do you think it was that coerced Eve into defaulting, do you think it was Satan or Lucifer, would Eve listen to such male spirits as much as she might listen to their female partners? It's been, in fact, the unseen evil women spirits who've had far more of a hands-on negative influence on humanity than the men spirits. The four evil women spirits (the partners of Caligastia and Daligastia were involved too) have worked to turn women against the truth of their feelings, so mothers then turn their children against themselves. And as the boys grow up, so they too have taken on their evil role of dominating women, and now even supporting those women who want to dominate and be their equal, as you are seeing through the feminist movement. **True liberation of the woman (and man) will only come when women start to fully honour all their feelings** as I have been talking about, then women being mothers will be the greater influence on their children in helping them to not be so rebellious. And as women (and men) one day become fully Healed, then in such perfect and true relationships will women and men parent children no longer inducting them into their rebelliousness.

The evil women spirits drove the personal and more intimate level of the Rebellion, whereas the evil men spirits drove the impersonal and bigger picture side of it.

The Rebellion leaders have all now been interned on a sector of one of the higher Earth planes. And they will remain in the 'hell of their own making' until they fully feel, and so repent, coming to understanding the pain and suffering they have caused. Can you imagine how many souls they have caused pain on all the rebellious worlds (37), so that's a lot of pain, a lot of time feeling such pain caused as their compensation, for them to understand the extent of the damage they have done. And time needed to bring about the rectification of their own personality expression; because as you can image, being so rebellious means they are very shut off to their true feelings, very much caught up in their controlling minds, so living with very corrupted, distorted and dysfunctional personalities. So potentially, it is conceivable they will remain in such isolation until everyone on all rebellious worlds (37) and in their associated mind Mansion Worlds have completed their Healing.

Zelmar, a Melchizedek, 23 July 2003: Your next question, James, concerns the whereabouts of Caligastia and his partner. Caligastia, for the readers who may not know, was your (Earth's) planetary Prince, the Lanonandek Son who was the spirit governor of your world and who embraced Lucifer and Satan, helping them to bring the System Rebellion to your Earth. Caligastia and his partner had another Lanonandek Pair who help them, the Daligastias. And together the four of them coerced Adam and Eve away from being true to themselves bringing about the Planetary Default.

And as *The Urantia Book* states, with Jesus' (and Mary's) coming, the powers of these four Evil Ones were severely lessened. Jesus and Mary ended the reign of the Lucifers and Satans thereby technically ending the Rebellion in their universe of Nebadon. However, it was left to the arrival of Avonal pairs to fully end the Rebellion on the individual rebellious worlds. So, the Caligastias and Daligastias power was substantially lessened to the point of during the past two thousand years they have only been able to subtly impress upon certain mind spirits and people on Earth, who might have been open to them, to help further the Rebellion. But that has ended now because of the Avonal pair, with only the mind spirits being able to coerce you on Earth.



evil  
ONES

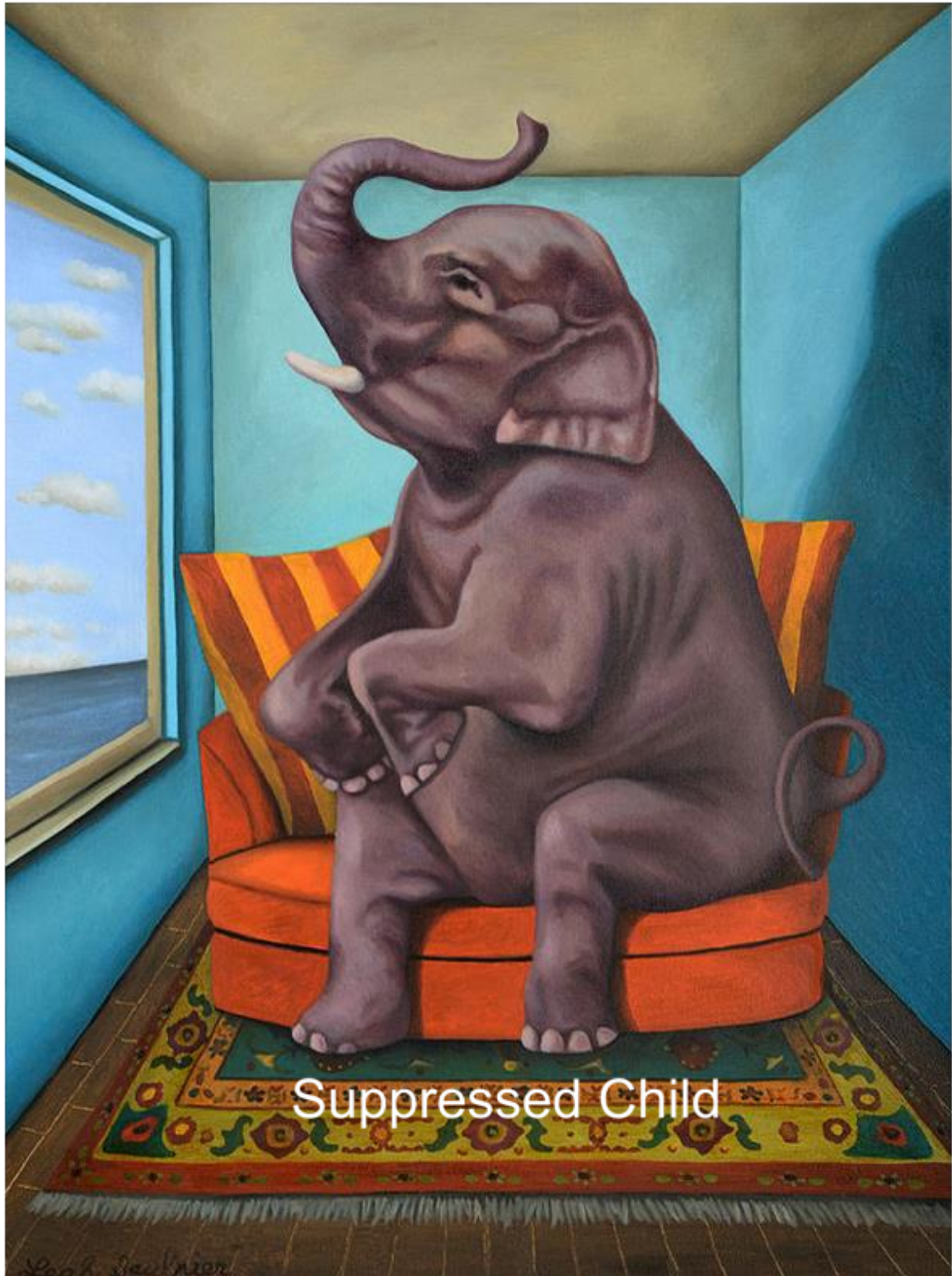
The Caligastias really had all the power over humanity, they did the greatest amount of damage to you. They did far more hands on damage to you than the Lucifers of Satans, and yet you didn't even know of their existence until *The Urantia Book*. So the ones you fear as being the Evil Spirits, Lucifer and Satan, didn't actually have that much personally to do with Earth. They orchestrated the Rebellion on the higher spirit levels, with the Caligastias being helped by the Daligastias, carrying out their nefarious plans on Earth and in the mind Mansion Worlds.

All eight of the Evil Spirits are now interned on a detention world (actually it is the highest earth plane associated with Earth and not on another rebellious world's earth plane, because of Mary and Jesus' relationship with the Earth) awaiting judgement of their crimes. So they can no longer negatively affect or hurt you, they are no longer guiding the Rebellion along its nefarious course, they no longer have a say in it on any level. And nor can they, should they have a 'turn of heart', directly participate in eradicating the negative effects of their dirty work. It has all been taken out of their hands. So it's now all up to yourselves, the main controllers on your world and the controlling mind spirits who are guiding them, they are now your 'evil ones'. And soon these more controlling people and mind spirits will be dealt with by the Avonal pair, once they have finished their Healing. Then all such control will cease and people will be entirely free to get on being a controller in their own little personal world as they continue to live their negative mind patterns, and without being able to control others; or end such control by doing their Healing. The prophesied 1,000 years of peace will then come to humanity as it lives through the forthcoming Spiritual Age.

So far living in their detention plane, Caligastia and his partner have not wanted to relinquish their false power one bit, even though all about them it is obvious to us that they have no real power anymore. The Daligastias, perhaps because they had more personally to do with people having been materialised on Earth and living with people so many years ago, have started to show levels of guilt and remorse with a growing conscience as to the damage they wrought.

The one and only truly effective vaccine is the healing of our Childhood Suppression and ongoing Repression through **FEELING HEALING!**

# Childhood Suppression is the elephant in the room!



Suppressed Child



The underlying generator of all discomfort, pain, disease and illness is Childhood Suppression and ongoing Repression.

Feeling Healing is our only recovery and soul growth pathway.

It is that simple!

# Childhood Suppression

The soul does it all.  
The soul is a duplex,  
two personalities being  
manifested into the  
physical by our soul.

Soul light continually  
flows from the soul  
through our spirit body  
levels and into our  
physical.

Return light being the  
experiences of our  
physical existence.

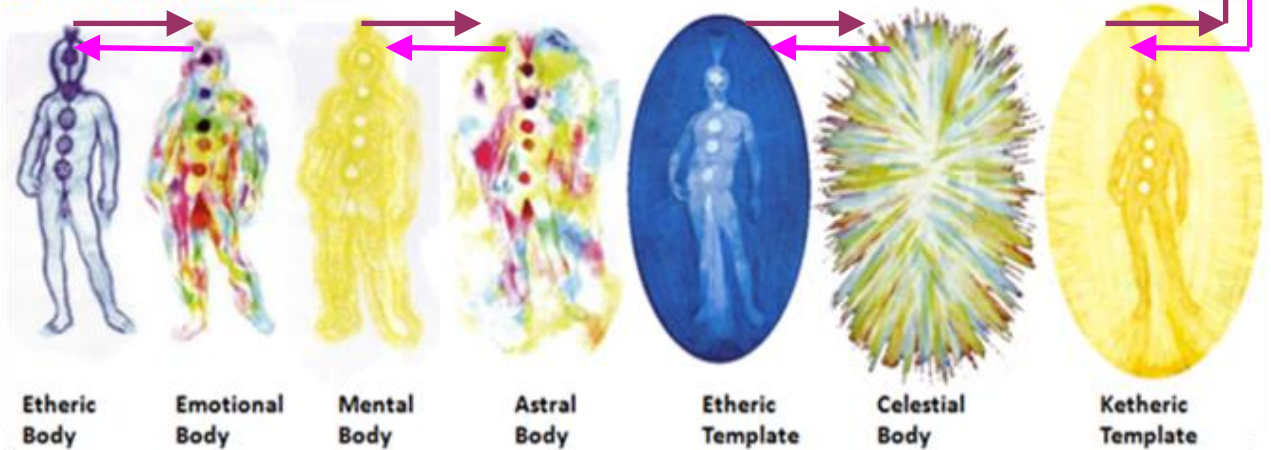
## SOUL



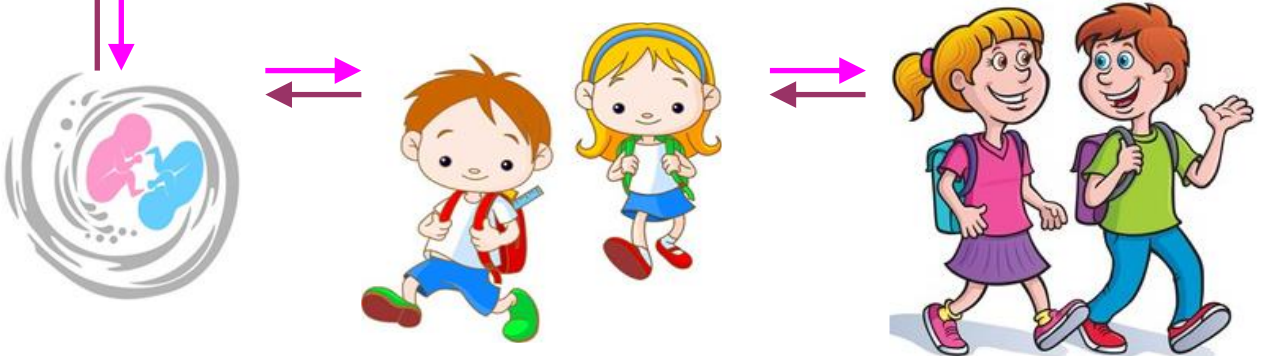
Childhood suppression  
imposed upon us by our  
parents and carers  
causes retarded light to  
return to our soul  
bringing about  
imbalance, reflecting  
emotional injuries and  
errors of belief. This  
imbalance is the cause  
of all our difficulties  
throughout our adult life  
and also all of our health  
issues.

## SPIRIT BODY

Brennan Model of the 7 Levels of the Human Energy Field



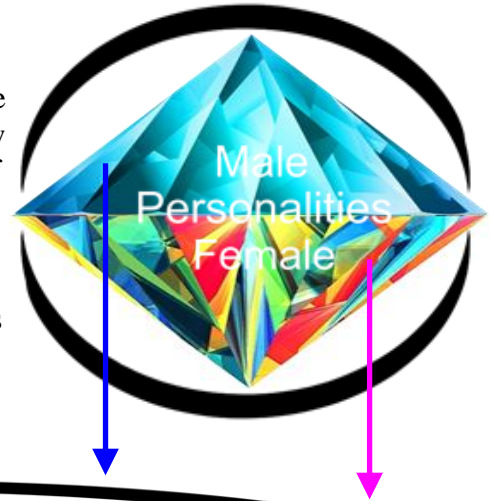
Every experience is recorded through the light returning through our spirit body and back to our soul. What emotional injuries we experience, commencing from conception, has to be expressed emotionally to heal the imbalance in soul light so that harmony and health can be achieved in our spirit and physical bodies. Childhood Suppression is the underlying cause of disease, illness, etc.



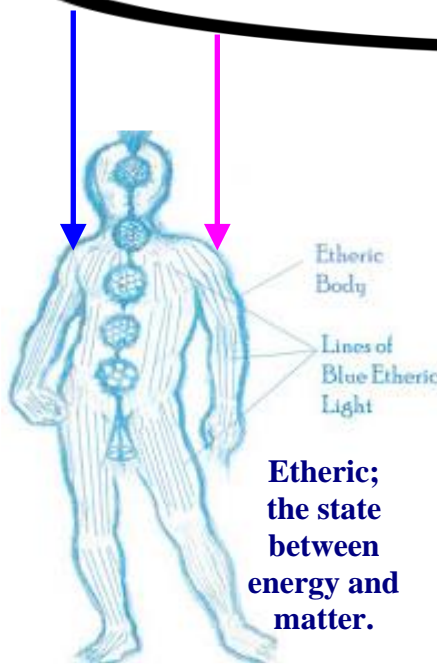
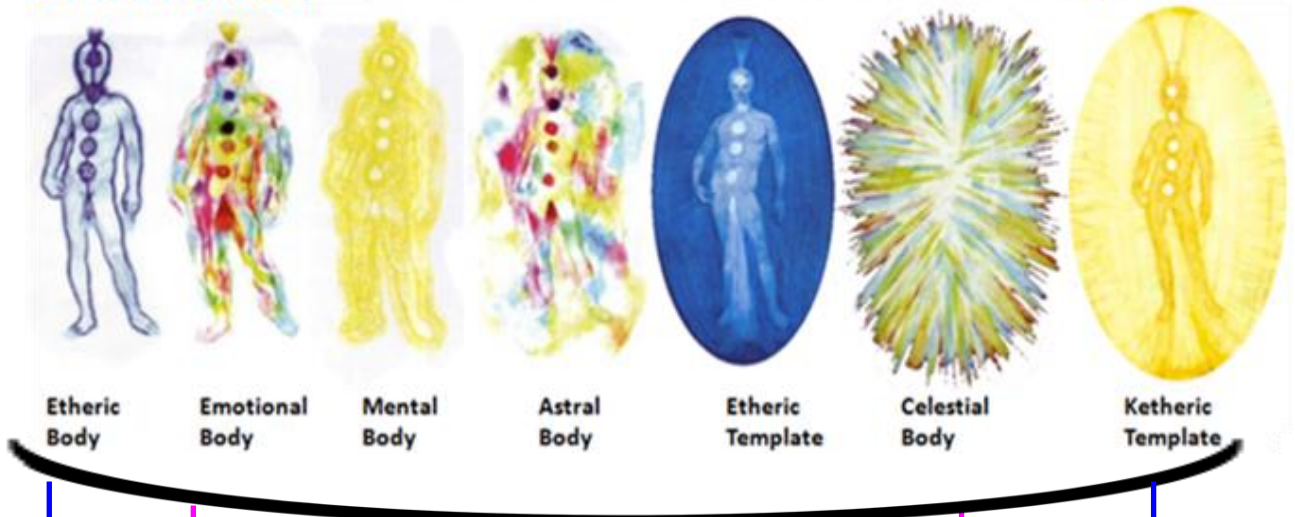
# Childhood Suppression



Childhood Suppression – from conception to age six years – harmfully encrusts the soul, thus impeding light flow throughout all seven layers of the spirit body, damaging the genes within the spirit body which in turn damages the genes in the physical body, as well as setting the pattern for all of our physical health issues throughout our lives.



## SPRIT BODY Brennan Model of the 7 Levels of the Human Energy Field



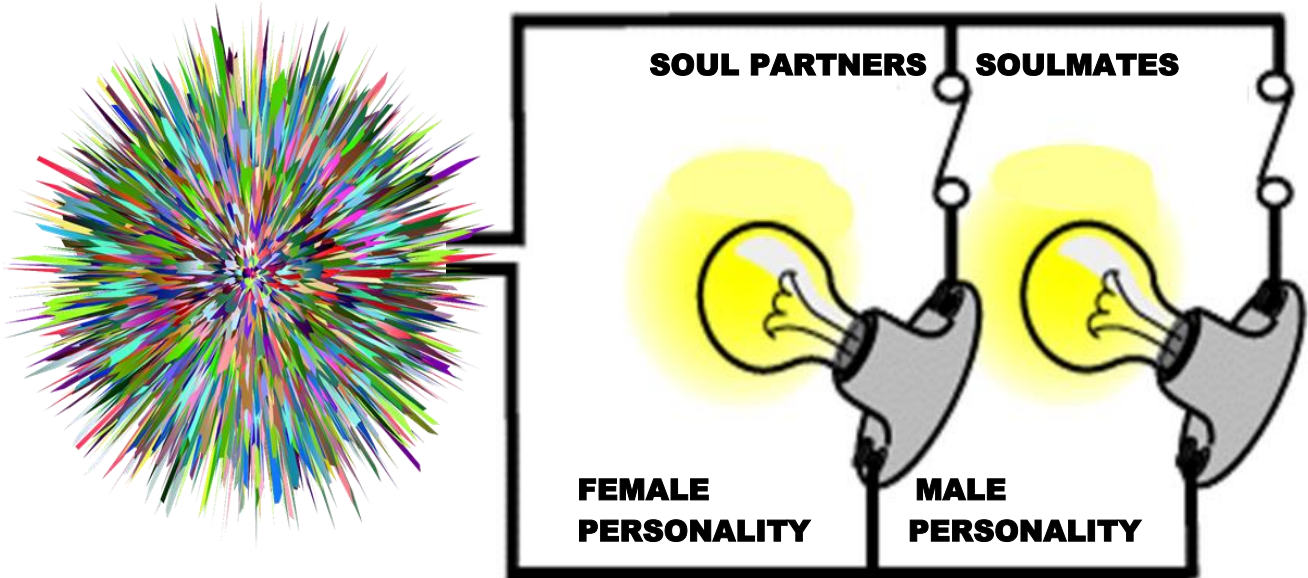
The spirit etheric body is the template for our physical body, however, no health care system or science considers that the underlying cause of any health issues are formed through our Childhood Repression and that no physical healing occurs without expressing our childhood suppressions, being feelings both good and bad and then longing for the truth behind these injuries. Medicine may suppress the pain – it does not and cannot cure – vaccines are extreme physical suppressions!



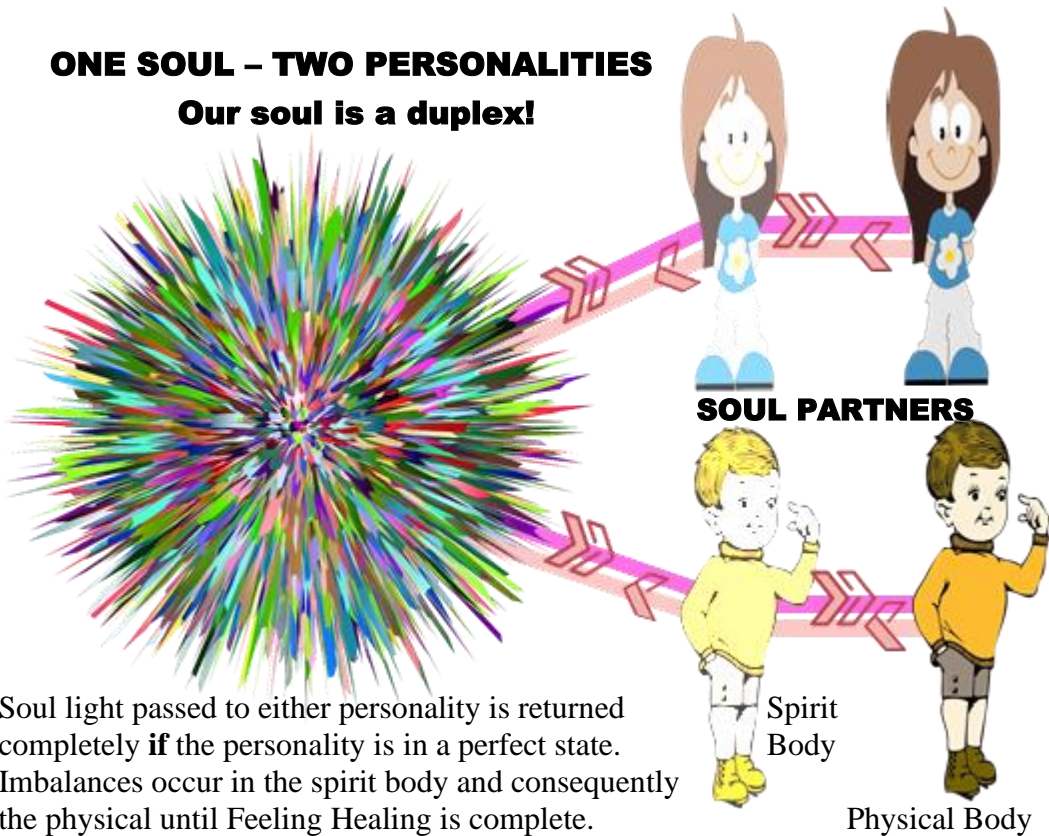
**The pain from ANY illness will not exceed the pain experienced during our Childhood Suppression!**

**SOUL LIGHT emitted is to be BALANCED by the LIGHT RETURNED!**

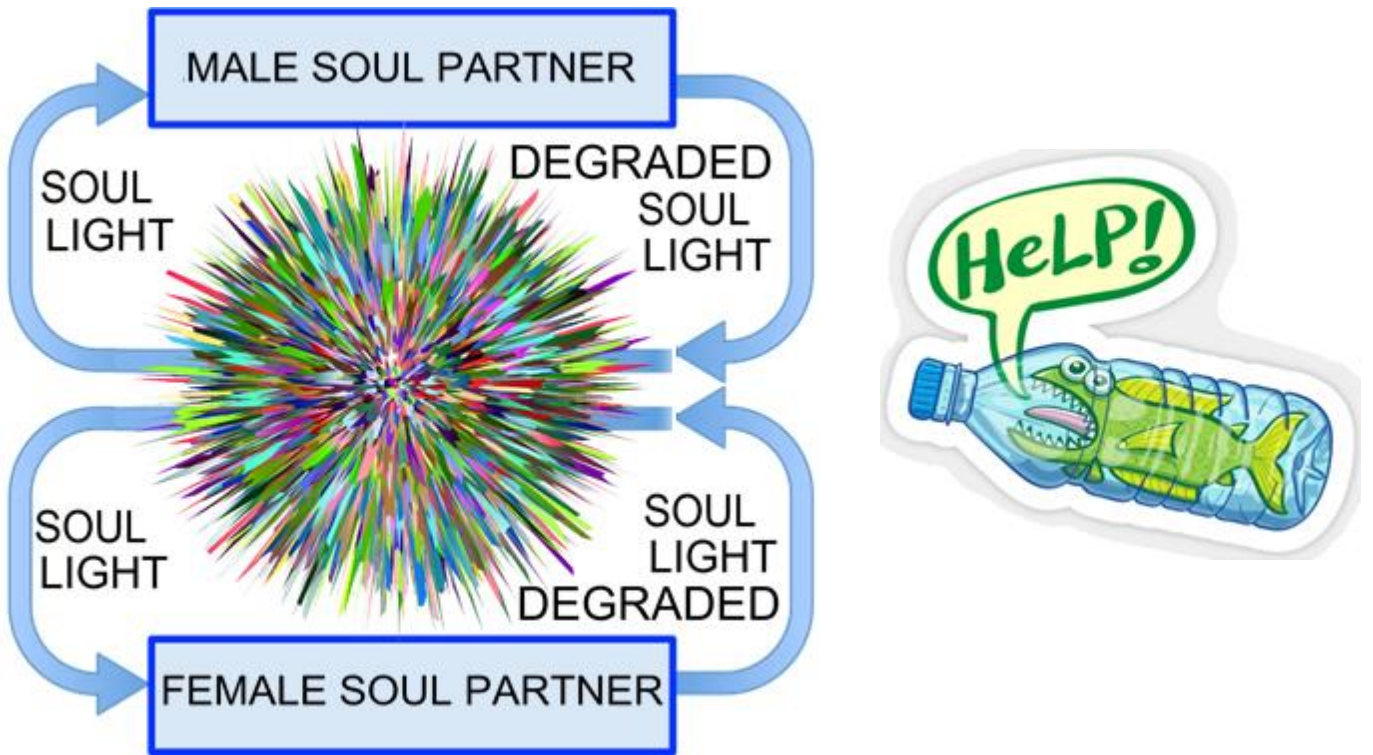
**Two separate personalities on parallel 'circuits' having the same soul. What impacts one personality does not impact the other personality.**



**ONE SOUL – TWO PERSONALITIES**  
**Our soul is a duplex!**

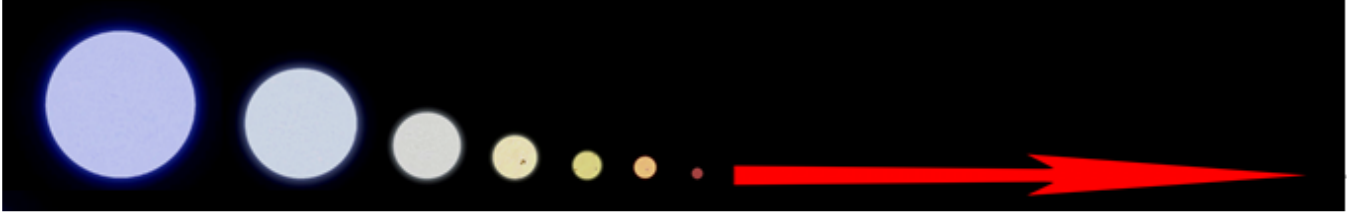


Soul light passed to either personality is returned completely **if** the personality is in a perfect state. Imbalances occur in the spirit body and consequently the physical until Feeling Healing is complete.



Feelings First with Mind to follow in support.

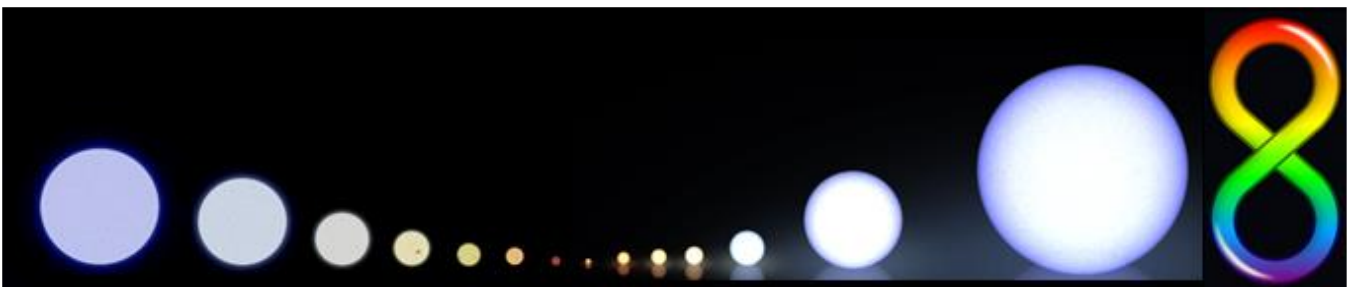
**OUR CHOICE!**



The moment prior to our conception, we are in pristine, perfect soul condition of Natural love. Consider that to be 1,000 on Dr David R Hawkins’ Map of Consciousness scale – the largest sphere above. From that moment on we are being ‘fire hosed’ the errors and damage that our parents hold and carry. Somehow, we make birth – the middle sphere above. By the time we are six years of age, our childhood suppression of our true personality by our parents ends upon the arrival of our Indwelling Spirit. Now, our soul condition is the smallest sphere. We will now calibrate on the Map of Consciousness scale at the level of one or the other of our parents – we are now literally a clone of their messed up personality. We continue on at that level for the rest of our lives. We also go on and do the same to our own children, thus this stagnation goes on for generation after generation – for aeons.



We can perfect our mind’s control and achieve a state of bliss which is all false and eventually ends with us crashing back to reality. Or, we can embrace our Feeling Healing and heal all our damage, that which we took on as we got older as well as the damage imposed upon us by our parents and carers. Thus, we can grow in truth and love beyond 499 on the Map of Consciousness and perfect our Natural love, returning to the condition before conception. This could take a very long time – and then we are stuck in the 7<sup>th</sup> spirit Mansion World condition.



And here is the most wonderful pathway open for us all. By embracing our Feeling Healing with the Divine Love, through longing for the truth behind what our feelings are drawing to our attention and asking our Heavenly Mother and Father for Their Love, Divine Love, we can heal our childhood suppression and ongoing repression, with the Divine Love, then we can progress into the first of the Celestial Heavens and continue onwards with our evolving growth in truth and love all the way to Paradise, the home of our Heavenly Mother and Father. The pathway is now defined and open to all.

**This time, in the history of humanity, is the most exciting time ever experienced.**

**FEELING HEALING directly benefits the PARENTS' CHILDREN:**



Parents' baby from conception through to age 6, 100% benefit, age 14 – 75%, 21 – 50%, 28 – 25%. Prior to conception we are in a perfect Natural love state. By the time we are age 6, we are then reflecting the consciousness level of one or the other of our parents. As they heal their Childhood Suppression through Feeling Healing, that are directly healing us, their children, subject to our age – maturity.

Consciousness Calibrations Worldwide	
Level of Consciousness	Percentage of population
600 +	1 in millions
540 +	0.4%
500 +	4%
400 +	8%
200 +	22%
200 -	78%
<b>World wide average</b>	<b>220</b>

Only through Feeling Healing which can be readily introduced through all education and health systems and services, will we cure our Childhood Suppression.

All the social ills of society are frozen into generational transfer. This can only be mitigated through Feeling Healing, and even then it will require generation after generation to advance the progress and lift the overall consciousness levels of humanity, from 220 to the 440s at least!

Correlation of Levels of Consciousness – Soul Condition – and Society Problems				
Level of Consciousness	Rate of Unemployment	Rate of Poverty	Happiness Rate "Life is OK"	Rate of Criminality
100 - 200	50%	22.0%	15%	50.0%
50 - 100	75%	40.0%	2%	91.0%
< 50	95%	65.0%	0%	98.0%

**POTENTIAL to BENEFIT your CHILD through our own FEELING HEALING:**

**This steps down each seven years as the child matures**



**From conception to age 6 or 7**

**From 8 to age 14**

**From 15 to age 21**

**From 22 to age 28**

**As we heal, we directly heal our children similarly.**

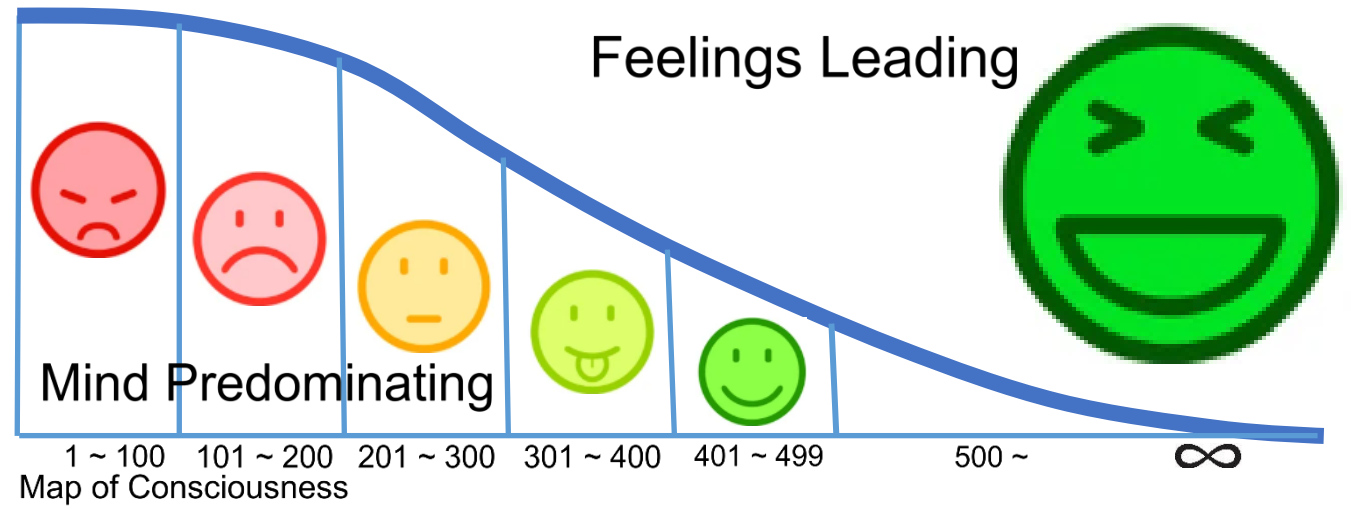
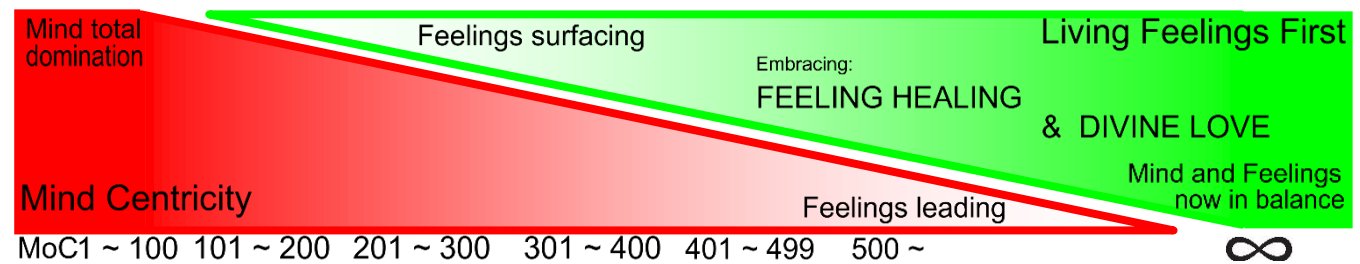
**The Indwelling Spirit arrival for the child around age 6 or 7 starts their independence.**

# Living Mind-Centric versus Living Feelings First

**Mind Total Domination:** We are without a moral compass when rejecting our feelings!!  
 The mind cannot discern truth from falsehood! The Mind is addicted to untruth!  
 The mind is addicted to control of others and of the environment!  
 We present a false façade of pleasantness, cooperation, kindness and yet we are very disturbed and distressed through ongoing suppression of our true self.  
 When totally suppressing our feelings, we have no empathy, perception and remorse, yet this is the majority of people worldwide!

**Soul Based Feelings:** They are always in Truth. Truth is Love. Through our feelings we have all we need to know, we are fully self-contained in what our Feelings will reveal to each of us!  
 Our feelings will set us free!

**“To liberate one’s real self, one’s will, driven by one’s soul, moves one to embrace Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we’re feeling them, express them fully, all whilst longing for the truth they are to show us.”**





# Living Mind-Centric versus Living Feelings First

The first humans, Andon and Fonta, to have a longing for human perfection lived only 993,500 years ago. Some 500,000 years ago, a Planetary Prince was assigned to Earth as well as the skin colours expanded through the Sangik Family from red only to include orange, yellow, green, blue and indigo. The orange, green and blue colours died out. Then 200,000 years ago, our spirit oversight induced Earth's humanity to live mind-centric and to ignore our feelings. Earth is 1 of 37 humanities within the System of Satania to have joined into Rebellion. Adam and Eve lived more than 38,000 years ago and introduced the crimson skin with blonde and red hair and blue and green eyes. The Rebellion and Default on Earth is now ending, having formally ended on 31 January 2018 but will take 1,000 years to work its way out.

Until 2,000 years ago, Earth's humanity could only progress through the mind spirit Mansion Worlds 1, 2, 4 and 6. For almost 1 million years there was no possibility to progress anywhere other than to the dead end of perfecting our minds and that is in rebellion to the co-regents of our Local Universe of Nebadon and also to our Heavenly Mother and Father. Even today there may be around 230 billion personalities residing in the mind spirit Mansion Worlds 1, 2, 4 and 6.

It was not until 2,000 years ago that the Regents of Nebadon opened the Healing spirit Mansion Worlds 3, 5, and 7, also the Celestial Heavens 1, 2 and 3.

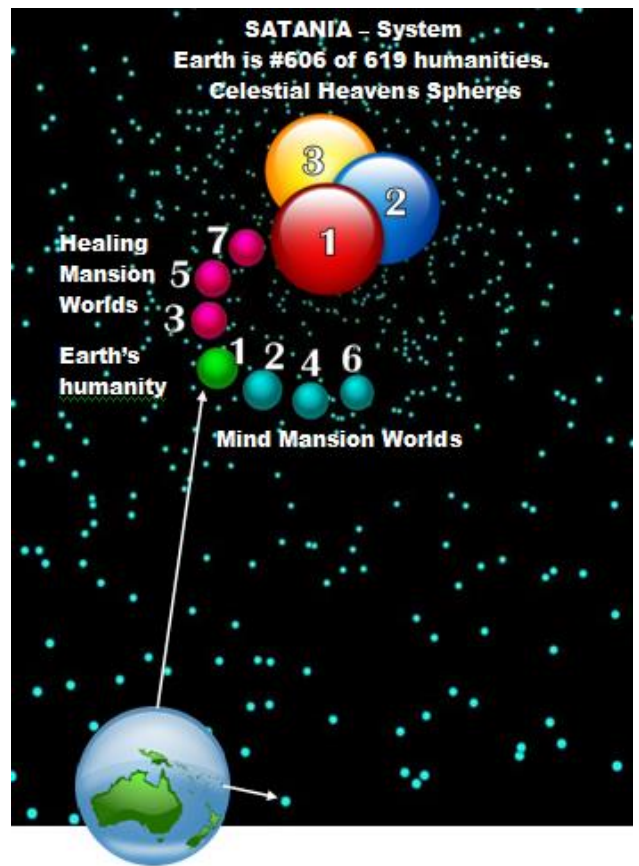
Prior to then there were no Celestial Spirits. The first to enter were five ladies from Egypt who Mary Magdalene tutored after escaping there after Jesus' very traumatic Friday. The numbers slowly built up to what maybe around 25 billion now. Contact with Celestials has been restricted until now.

Meanwhile, advanced mind Mansion Worlds who with their addiction for control, have aided 'healers' on Earth to heal people. The mind is extra-ordinarily powerful and with their assistance temporary suppression of many illness have been facilitated.

Angelic healing took place during the life of Jesus. Jesus did not heal people, however Angelic healing did take place. The physical body is healed but the underlying emotional injury and errors of belief remain to be healed by the person in question.

On 22 March 2017, interference with Earth's humanity by mind spirits from the mind Mansion Worlds has been mostly blocked from interacting with Earth's humanity. Spirit assisted 'healing' is no longer possible.

Possibly in the latter part of 2022 and then ongoing, the conditions and circumstances may be in place for Angelic healing to unfold yet again for Earth's humanity. Firstly it is to be what is necessary for the soul. Secondly, aspiring to live Feelings First and even considering embracing Feeling Healing is a precursor for assisted healing. One's longing and circumstances are fundamental to the possibilities. This is a time of great change and for those who embrace the changes, this is a most exciting time in the history of humanity.



# A HELPING HAND



# Beliefs suppress TRUTH

Dis-ease is of Disharmony with TRUTH

Mental Illness is of CHILDHOOD SUPPRESSION

Perceived level of truth MoC 1,000

## FEELING HEALING

embraces the healing of both

Disharmony with TRUTH

and

CHILDHOOD SUPPRESSION

and with Divine Love we are embracing

our

## SOUL HEALING

Perceived overall level of truth MoC 920 – relative truth potential MoC 1,480

# Purpose of Life

Purpose of our life is to:

Achieve individualisation. This is truly the moment of our sentient experience beginning. This occurs at the moment of incarnation which is when our newly forming foetus begins to pump blood, usually day 16 after conception. From that moment we are beginning to experience life.

We have a life purpose. We are each a unique personality with individual propensities to experience. Should our physical life be cut short then we will go on and have the experiences that we need in the 1<sup>st</sup> spirit Mansion World. If we miscarry or are aborted then we will become spirit born, be adopted to spirit parents and have a similar life to that should we have gone on and lived on Earth.

Presently we are each subjected to Childhood Suppression which we continue on throughout our lives suppressing our feelings and our true personality. This is providing us with unique life experiences as this does not typically occur with any other humanities throughout the universes. Our physical life on Earth is mostly very difficult, however this will provide each of us with unique capabilities to aid newly emerging humanities on worlds further out into space. Yes, we have an enormous journey to enjoy.

Our time of death is predetermined. We often do crazy things – but our life span is predetermined.

What we experience is also predetermined. A few are to be wealthy and become burdened with responsibility. Many are to be poor and enjoy the freedom without trappings of assets and obligations.

Most will have families while on Earth. No matter who we are, we will each parent at least three children before we can enter the first of the Celestial Heavens. We are to experience parenting, even though that may be when we are in the spirit Mansion Worlds.

We are to live FEELINGS FIRST! We are to express our feelings, both good and bad, to a companion. We are to long / ask for the truth of what our feelings are drawing to our attention. What enters emotionally needs to be expressed emotionally. Should we long for our Heavenly Mother and Father's Love, then we are also SOUL HEALING. Our mind is to follow supporting what our feelings are leading us to embrace – this is the opposite as to how we have been brought up to live.

*It's all about*  
**Experiences**  
 &  
**FEELINGS**

As we complete our FEELING HEALING, then and only then can we connect with our Soul Partner who is always of the opposite sex. Our soul is a duplex that manifests two personalities. And we can grow to interact with our Nature Spirits and Spirit Guides!

**BE FEELINGS  
 EXPRESSIVE!**

# VOICE

We each are to VOICE our pain - the pain from within!

And our pain is our Childhood Suppression.

This being our families' traditions and customs of unknowing erroneous ways.

It is the untruth of held spiritual platforms.

It is our own imprisonment within our mind of arrogance and control addiction.

It is the imposition of control placed on us by those from many levels of influence!

We each are to VOICE our pain to a companion who has compassion for us, and long for truth!

We are to discover that truth which is freedom and love that has been hidden from us.

We are to discover that our feelings are our truth.

We are to discover that we are each fully self-contained - truth is within us - and that it is our soul based feelings that generations have told us to suppress and ignore.

No more controlling institutionalised systems are required! - NONE!

# VOICE

# The Helping Hand

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing. Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing. Primary and most important readings are the writings of James Moncrief. Then consider the Padgett Messages, and then The Urantia Book.**

Consider a 'profile' to be able to recognise the propensity for homelessness to unfold as well as all the social ills that may unfold:

## Profile of Indigenous Australians

<https://www.aihw.gov.au/reports/australias-health/profile-of-indigenous-australians>

Population size and location: In 2016, an estimated 798,400 Aboriginal and Torres Strait Islander people were in Australia, representing 3.3% of the total Australian population (ABS 2019b).

Among the Indigenous Australian population in 2016:

- 91% identified as being of Aboriginal origin (an estimated 727,500 people).
- 4.8% identified as being of Torres Strait Islander origin (an estimated 38,700 people).
- 4.0% were of both Aboriginal and Torres Strait Islander origin (an estimated 32,200 people) (ABS 2018a).

Based on the Australian Bureau of Statistics (ABS) projections, the number of Indigenous Australians in **2022 was estimated to be around 896,300**. The Indigenous Australian population is projected to reach about 1.1 million people by 2031 (ABS 2019c). Aboriginal population of Australia MoC 290

## Population – Australian Bureau of Statistics

<https://www.abs.gov.au> › statistics › people › population

Australia's population was **25,978,935 people** at 30 June 2022.

## Australia Population (2023) – Worldometer

<https://www.worldometers.info> › world-population › au...

The current population of Australia is **26,253,734** as of Saturday, January 21, 2023, based on Worldometer elaboration of the latest United Nations data.

Australian population overall

MoC 415

## Aboriginal Dreamtime Stories

MoC 280

Dr David R Hawkins, psychiatrist, published the Map of Consciousness (MoC) in "Power vs Force" and it is not a lineal scale, it is based on the common log of ten, a 10 point increase is 10,000,000,000 increase in energy. Anything calibrating under 200 is false, anti-life and just needs to be avoided, yet the majority of humanity calibrates under 200 – hence worldwide crime, stress and disasters prevail.

The Bible of Christianity calibrates around MoC 475. The Pascas Papers calibrate at a perceived level of truth of 880 to around 920, with a general potential level for truth of 1,480.

Once humanity collectively understands what has happened to them on the higher spiritual level, how the people have been controlled, and that it's over, that control is no longer controlling, it's just legacies of it, all of which the average person can deal with by destroying it in themselves, things will change markedly for the better. And as the people change, so too will how they want to live, it will be a great time of revolution, nothing will be the same. So what you are currently living through is the end of the Rebellion and Default, it literally is, and so once the end is fulfilled and the New starts, then all how it currently is and has been will cease to be.



Nanna Beth 3<sup>rd</sup> Celestial Heaven, John's grandmother, 20 March 2018

Our feelings are soul-based. Our soul is always in truth. It is our soul based feelings, that when allowed to be freely recognised, we will begin to express and be who we are. This takes time and perseverance as we have encrusted our souls with layers upon layers of errors and false beliefs, it is these layers that will confuse the truth that our soul is conveying to us. Only by our progression with our Feeling Healing will our soul's expression of truth become clear and free of all cloudiness and contamination.

Without looking to our feelings and wanting to uncover the **WHOLE** truth of them, we can't heal our errors of belief and injuries. It's as simple as that despite what anyone does with their emotions and feelings. And many people in their endeavours to heal themselves have done some real Healing, if they at any time looked to their feelings for their truth, and this truth would have been forthcoming. So humanity has gained a little truth over the years. However, because of the feeling-denying forces of the Rebellion and Default that have been in play for some 200,000 years, the level of truth has remained very low.

The New Way, living Feelings First – Feeling Healing – which is now being revealed, will have many people wanting to follow it, looking to their own feelings for their own true power and freedom. As a consequence, they will no longer want to be dictated to by bogus religions or politician's corrupt social and educational systems or deep state hidden controllers or mind spirits or anyone else.

### Our FEELINGS are our SUPREME GUIDES:



Feelings are what guide us through our ascension of truth. So they are really our Supreme Guides. Many people look for a person, spirit, angel, even God, for supreme guidance, however it's all right there already built in – in our feelings. We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it's there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feelings is really: Longing for the truth of our self, because: we are our feelings. So life stirs up our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings.

Kevin, John's brother-in-law, 26 September 2017

Kevin died 10 August 2012, through Feeling Healing became Celestial on 7 August 2017

## São Paulo's micro-houses keeping homeless families off the streets

<https://www.bbc.com/news/world-latin-america-66053560>

26 August 2023



Rows of tents have sprung up underneath the elevated highway in São Paulo  
By Katy Watson BBC South America correspondent

**The minhocão is one of São Paulo's most famous landmarks. An elevated highway that snakes its way through the centre of the city, it weaves through the tightly packed apartment buildings to connect the east to the west.**

The road's official name is the Elevado Presidente João Goulart. But people here prefer to call it by its nickname, the minhocão, a reference to a giant mythical beast that roamed the forests of South America.



As much as it dominates the city with its sheer size, the minhocão also provides shelter for a growing number of people.

For underneath the elevated road, more and more homeless families are erecting tents, driven out of their homes by rising rent and having to sleep rough.

Many others have to make do with blankets handed to them by the city council.



The blankets are all that some of those living on the street have to shield themselves from the elements  
And every day gets harder as the winter sets in.

São Paulo's authorities estimate around 34,000 people are sleeping rough on the streets this year while figures from the Federal University of Minas Gerais put the number closer to 50,000.

The homeless population has soared more than 31% since the pandemic, and the number of families sleeping rough has risen 111% in the same time period, according to the city council.

With growing numbers of people needing help, the traditional strategies of soup kitchens and shelters are falling short.

So this year the city has come up with a new temporary solution: the micro-house.

The first village of micro-houses was built close to the banks of the Tiete River, in the neighbourhood of Canindé.



The tiny homes were placed around a playground

Home to one of São Paulo's original favelas, today the site houses 20 or so families, each living in a little box that looks similar to a shipping container and measures 18 sq m. **Favela** (Portuguese: [fɐ'vɛlɐ]) is an umbrella name for several types of working-class neighbourhoods in Brazil. The term, which means slum or ghetto.

A square with a playground gives the area a community feel. Children are playing with toys, their parents sitting on benches and watching on.

The aim is to build a total of 1,000 such houses across the city by the end of the year, housing 4,000 people.

"It's a way of looking after people based on the well-known international concept of Housing First, offering housing as the first step in helping to get them back on their feet," explains Carlos Bezerra Junior, who is the social welfare secretary at São Paulo City Hall, which is in charge of the project.

Daniela Martins, 30, walks me around her micro-house.



Daniela and Rafael share their 18 sq m house with their two young children

She shares a double bed with her husband Rafael, 32, and their four-year-old daughter Sofia. On the opposite wall, there's a cot for three-month-old baby Henri.



The corner kitchen has a small stove, a sink and a fridge, and next to it is a simple bathroom.

The Covid-19 pandemic hit the family hard. Rafael lost his job as a sales assistant and Daniela's work as a cleaner dried up.

They lived in a shelter for eight months before this opportunity came up.

The home is small but it is giving the family a chance to start afresh.

"This is a place where we are trying to get back to living in society, to be human again, you know?" explains Rafael. "We just want a normal life – so many employers think that people who live in a shelter are bad people."

The stigma that comes with losing a home makes getting back on your feet that much harder, say experts from homeless charities.

"Traditionally, those who are living on the streets are mostly male with some mental problems and issues with their families," says Raquel Rolnik, professor at the Faculty of Architecture and Urban Planning of the University of São Paulo.



The number of people sleeping rough has shot up

"Now we are talking about entire families living on the street. So clearly the issue is housing – the idea that the city administration is mobilising to address the topic of housing is good news."

But, she says, the micro-houses are not a perfect solution.

"There is a lot of criticism about the format, the concentration of tiny homes grouped together in the same place, forming ghettos," she explains.

She criticises the lack of urban planning and thinks better use could be made of existing, often abandoned, housing to make that habitable too.

Brazil is a country infamous for its inequality and immense favelas. But even these least desirable spaces – large areas of makeshift housing built by squatters – have become unaffordable for many.

"Of course it's free for the first ones who squat, but not free for the second, for the third or for the 10th," says Raquel Rolnik.

"They are also based on business activities – an activity of providing what is not provided in the formal market. And this in the context of a total absence of a housing policy."



Eliane lives in a favela, but the rent is more than she can afford

São Paulo's largest favela is Paraisópolis (Paradise City in English), a name resident Eliane Carmo da Silva, who lives in a cramped room with mould growing on the walls, finds ironic.

Her home is in a little alleyway off the main road, on the ground floor, with at least two more floors of informally

built flats above her.

Eliane and her husband pay US\$73 (£58) a month for a space large enough for a double bed, a cooker and a fridge but little more.

It is more than they can currently afford to pay. Their granddaughter, Rennyly Victoria, has a heart condition and the little they earn goes on the medication that keeps her alive.

While their landlord is understanding, it is getting harder to make ends meet, even though they receive food and aid from local charities.

"This month we had to use some rent money to buy her medicines," Eliane explains, adding "I will never let her die."

And she will not let her ambition die either. "At the moment, paying rent [means] we don't make ends meet. Without donations, things would be incredibly difficult," she says.

"My dream is to have my own house of course – work to earn money and keep pushing through."



**WILL! The Soul does everything!**



**WILL Healing**

**Our HEALING is one long act of Self-Love!**

**GREAT**  
*U*Turn

**THE**  
**CHANGE**  
&  
**Avonal AGE**

# PASCAS FOUNDATION (Aust) Ltd

We enable awareness so that people and communities may profoundly grow their lives, livelihoods and exponentially enhance their futures.

Empowerment is by:

the New Way: Learning how to live true to ourselves by living true to our feelings;

enabling the true liberation of women through the truth of their feelings;

assisting urban as well as remote and rural communities with access to truth through all levels and forms of education;

supporting delivery of quality and accessible healthcare;

improving opportunities for and the safety of all, especially women and children;

and fostering a new era of leadership and leaders.

*It takes a village to raise a child.*

**LIVING FEELINGS FIRST and EARLY CHILDHOOD**

**Kindly consider reading:** [www.pascashealth.com](http://www.pascashealth.com) then proceed to Library Download :

Pascas Care Letters – Family Shelters Abuse & Remedial  
 Pascas Care Letters – Family Shelters Overview  
 Pascas Care Letters – Family Shelters Per Capita Inequality  
 Pascas Care Letters – Family Shelters Protection  
 Pascas Care Letters – Family Shelters Social Housing  
 Pascas Care Letters – Family Shelters Support Centre  
 Pascas Care Letters – Family Shelters towards Liberation  
 Pascas Care Letters – Homelessness Helping Hand  
 Pascas Care Letters – Root Cause now to Pathway Forward  
 Pascas Care Letters – Root Cause now to Pathway Forward (short)

Chaldi College Free to Learn Instinctively  
 Chaldi College Free to Learn Pathway

Pascas Care Letters – Back to Basics  
 Pascas Care Letters – Change  
 Pascas Care Letters – Finaliters our Destiny  
 Pascas Care Letters – Humanity is Addicted to Untruth  
 Pascas Care Letters – Journey of Earth’s Humanity  
 Pascas Care Letters – Life is a Highway  
 Pascas Care Letters – Live True to How You Truly Are  
 Pascas Care Letters – Moving out of Healing  
 Pascas Care Letters – My Customs Heritage and Nationality  
 Pascas Care Letters – One Soul Two Personalities  
 Pascas Care Letters – Psychology and Feeling Healing  
 Pascas Care Letters – Spirit Evolution and Environmental Changes  
 Pascas Care Letters – Transition & Assimilation following Death

Pascas Care – Death & Dying Transition & Assimilation Marjorie  
 Pascas Care – Kinesiology Testing

Pascas Care Living Feelings First Adults  
 Pascas Care Living Feelings First Children  
 Pascas Care Living Feelings First Children Annexures  
 Pascas Care Living Feelings First Children Discussions  
 Pascas Care Living Feelings First Children Graphics  
 Pascas Care Living Feelings First Drilling Deeper  
 Pascas Care Living Feelings First Drilling Deeper Structures  
 Pascas Care Living Feelings First Reference Centre

Important recommended reading is:

*by James Moncrief*

### ***The Rejected Ones – the Feminine Aspect of God***

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at  
<https://www.pascashealth.com/index.php/library.html?file=files/opensource/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>

<http://www.pascashealth.com/index.php/library.html>

## Library Download – Pascas Papers

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address. [info@pascashealth.com](mailto:info@pascashealth.com)

Within the Library Download page within Pascas Care Letters at [www.pascashealth.com](http://www.pascashealth.com) kindly download the following two files:



[Pascas Care Letters Root Cause now to Pathway Forward.pdf](#)



[Pascas Care Letters Root Cause now to Pathway Forward short.pdf](#)

Important recommended reading is:

by James Moncrief

### The Rejected Ones – the Feminine Aspect of God

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at  
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>

**To liberate one's real self, one's will, being one's soul, is by embracing Feeling Healing so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.**

Within the Library Download page within Pascas Care Letter at [www.pascashealth.com](http://www.pascashealth.com) kindly download the following:

- Pascas Care Letters – Family Shelters Abuse & Remedial
- Pascas Care Letters – Family Shelters Overview
- Pascas Care Letters – Family Shelters Protection
- Pascas Care Letters – Family Shelters Social Housing
- Pascas Care Letters – Family Shelters Support Centre
- Pascas Care Letters – Family Shelters towards Liberation





**FURTHER READING:**

Free downloads are from [www.pascashealth](http://www.pascashealth.com) in the Library Download page, scroll down for the PDFs:

**PASCAS CARE PARENTING**

Sam's Book – Parenting and Feeling Healing	Book I	Experience
Sam's Book – Parenting and Feeling Healing	Book II	Conception
Sam's Book – Parenting and Feeling Healing	Book III	Magic
Sam's Book – Parenting and Feeling Healing	Book IV	Nothingness
Sam's Book – Parenting and Feeling Healing	Book V	Setting Free
Sam's Book – Parenting and Feeling Healing	Book VI	Pain and Rage
Sam's Book – Parenting and Feeling Healing	Book VII	Vision
Sam's Book – Parenting and Feeling Healing	Book VIII	Childhood
Sam's Book – Parenting and Feeling Healing	Book IX	Self-Acceptance
Sam's Book – Parenting and Feeling Healing	Book X	Physical Illness

Pascas Care – Parenting Awareness  
 Pascas Care – Parenting Eureka Moment  
 Pascas Care – Parenting Feelings Supreme Guides  
 Pascas Care – Parenting Health Generation  
 Pascas Care – Parenting into the Abyss  
 Pascas Care – Parenting Rebellion

Important recommended reading is:

by James Moncrief

### **The Rejected Ones – the Feminine Aspect of God**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at  
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>



**Mind Centric Way**

**Feelings First Freedom**

<b>Primary recommended reading:</b>	<b>consider commencing with:</b>	<b>Paul – City of Light and Sage – and the Healing Angels of Light</b>
<b>The Rejected Ones</b>	<b>2002 – 2003</b>	<b>xxx – James Moncrief</b>
<b>Messages from Mary &amp; Jesus</b>	<b>2003</b>	<b>xxx – James Moncrief</b>
<b>Soul Light from Zelmar Melchizedek</b>	<b>2003</b>	<b>xxx – James Moncrief</b>
<b>Paul – City of Light</b>	<b>2005</b>	<b>xxx – James Moncrief</b>
<b>Feeling Healing</b>	<b>2017</b>	<b>– James Moncrief</b>
<b>Religion of Feelings</b>	<b>2017</b>	<b>– James Moncrief</b>
<b>Mary Magdalene and Jesus' comments on the Padgett Messages</b>	<b>2007 – 2010</b>	<b>xxx – James Moncrief</b>
<b>Speaking with Mary Magdalene &amp; Jesus Sage and the Healing Angels of Light</b>	<b>2013 – 2014</b>	<b>xxx – James Moncrief</b>
<b>Road map of Universe and history of Universe:</b>	<b>2017</b>	<b>xxx – James Moncrief</b>
<b>The Urantia Book</b>	<b>1925 – 1935</b>	<b>xxx as primary reading</b>
<b>Divine Love supporting reading:</b>		
<b>Revelations</b>	<b>1954 – 1963</b>	<b>– Dr Daniel Samuels</b>
<b>Judas of Kerioth</b>	<b>2001 – 2003</b>	<b>– Geoff Cutler</b>
<b>The Book of Truths containing the Padgett Messages or Little Book of Truths</b>	<b>1914 – 1923</b>	<b>xxx – Joseph Babinsky</b>
<b>True Gospel Revealed anew by Jesus Vol I, II, III, IV</b>		<b>xxx – Geoff Cutler</b>
<b>Available generally from:</b>		
<a href="http://www.lulu.com">www.lulu.com</a>	<a href="http://www.amazon.com">www.amazon.com</a>	<a href="http://www.bookdepository.com">www.bookdepository.com</a>
<b>For Divine Love focused websites and forums:</b>		
<b>Pascas Health:</b>	<a href="http://www.pascashealth.com/index.php/library.html">http://www.pascashealth.com/index.php/library.html</a>	
<b>Spiritual Development:</b>	<a href="http://new-birth.net/spiritual-subjects/">http://new-birth.net/spiritual-subjects/</a>	
<b>Padgett Books:</b>	<a href="http://new-birth.net/padgetts-messages/">http://new-birth.net/padgetts-messages/</a>	
	<a href="http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm">http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm</a>	

### **BIBLIOGRAPHY NOTE:**

James Moncrief has written numerous books and prepared numerous movie scripts. Incorporated here are primary writings.

Pascas has 600+ supportive 'Pascas Papers' accessible in Library Download at [www.pascashealth.com](http://www.pascashealth.com)

Pascas Primary publications being:

- U-Turn for Humanity Pascas reveals New Feelings Way
- U-Turn for Humanity pathway being New Feelings Way
- U-Turn for Humanity shutting hells through New Feelings Way
- U-Turn for Humanity simple is what Life is meant to be
- U-Turn for Humanity soul light and New Feelings Way
- U-Turn for Humanity through the New Feelings Way
- U-Turn for Humanity treacherous assumptions New Feelings Way
- U-Turn for Humanity unfolding the New Feelings Way
- Universal Gift – Feeling Healing with Divine Love
- Feeling Healing and Divine Love Discussion Prompts
- Pascas Care Death & Dying Transition & Assimilation Marjorie

Selected Pascas Papers, as noted below, can be downloaded from [www.pascashealth.com](http://www.pascashealth.com) from within the Library Download page.

**James Moncrief's books, the Padgett Messages and The Urantia Book at:**

**DIVINE LOVE SPIRITUALITY – DLS:**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945  
The Urantia Book (see suggested papers to read below)

**James Moncrief Books:**

	MoC		
The Rejected Ones – the Feminine Aspect of God	1,490	Nov 2002 – Jan 2003	228
Messages from Mary and Jesus book 1	1,485	Feb – Apr 2003	189
Messages from Mary and Jesus book 2	1,485	Apr – Oct 2003	170
Soul Light from Zelmar, a Melchizedek, books 1 and 2	1,480	May – Sep 2003	480
Mary Magdalene and Jesus' comments on the Padgett Messages – book 1		Aug 2007	164
Messages from 31 May 1914 – 12 January 1915	1,495		
Mary Magdalene and Jesus' comments on the Padgett Messages – book 2		Sep 2010	177
Messages from 13 January 1915 – 29 August 1915	1,494		
Speaking with Mary Magdalene and Jesus blog – book 1	1,490	Jan – Apr 2013	206
Speaking with Mary Magdalene and Jesus blog – book 2	1,489	Apr – May 2013	229
Speaking with Mary Magdalene and Jesus blog – book 3	1,490	Oct – Jan 2014	187
Speaking with Mary Magdalene and Jesus blog – book 4	1,491	Jan – May 2014	191
Mary Magdalene comments on Revelation from the Bible KJV	1,485	Dec 2013 – Jan 2014	84

**This group being pages of 2,305**

Paul – City of Light	1,488.5	2005	149
Ann and Terry		2013	235
Feeling bad? Bad Feelings are GOOD!	feeling-healing book 1	2006	179
Feeling bad will make you feel BETTER – Eventually!	feeling-healing book 2	2006	159
Breaking the Golden Rule.	feeling-healing book 3	2006	168
Feeling-Healing exercises, and other healing points to consider.		2009	175
Cathy and Mark – a novel introducing Feeling-Healing.		2010	151
Introduction course to Divine Love Spirituality		2006	139
Speaking with the Dead, Death and Dying		2009	173
Spirits and their Childhood Repression Healing		2010	179
With Verna – a nature spirit		2008	279
Communication with spirits – meet a spirit friend		2010	37
Introduction to Divine Love Spirituality website			362
Sage – and the Healing Angels of Light		2017	260
Divine Love Spirituality	1,500	2017	201
Feeling Healing – you can heal yourself through your feelings		2017	153
Religion of Feelings	1,500	2017	47

**This group being pages of 3,046**

**Religion of Feelings**

<http://religionoffeelings.weebly.com/>

**Introduction to Divine Love Spirituality**

<http://dlspirituality.weebly.com/>

**Main website of DLS**

<http://divinelovesp.weebly.com/>

**Childhood Repression website**

<http://childhoodrepression.weebly.com/>

**DLS and CR forum**

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

**FEELING HEALING and SOUL HEALING with the DIVINE LOVE:****James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

**Speaking with Mary Magdalene and Jesus – books 1 – 4**

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

**Soul Light – books 1 and 2**

A Melchizedek, Zelmar, sums up how we are to heal ourselves and ascend to Paradise.

**Paul – City of Light**

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel.

**Ann and Terry**

An example for people who might want to immediately start working on themselves and doing their Healing.

**Feeling Bad? Bad Feelings are GOOD**

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

**Feeling bad will make you feel BETTER – Eventually!**

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

**Sage – and the Healing Angels of Light**

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings  
Feeling Healing**

**Welcome to LOVE – the Religion of Feelings  
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

**The Padgett Messages being published as:**

**The True Gospel Revealed Anew by Jesus volumes 1 – 4**

**Book of Truths by Joseph Babinsky**

**The Urantia Book**

**Release one's pain through expressing one's feelings.**

**in conjunction with**

**Longing for the Truth when also longing for Divine Love.**

**FEELING HEALING with DIVINE LOVE is SOUL HEALING:**

*A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.*

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing.  
Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.  
Primary and most important readings are the writings of James Moncrief.  
Then consider the Padgett Messages, and then The Urantia Book.**

Pascas Papers, being free, are located within the Library Download [www.pascashealth.com](http://www.pascashealth.com)  
<http://www.pascashealth.com/index.php/library.html>

**[PASCAS – document schedule.pdf](#)      downloadable index to all 550+ Pascas Papers.**

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love;  
DL denotes Divine Love – living with the Love.

**PASCAS INTRODUCTION NOTES:** *All papers below can be found at Library Download link.*

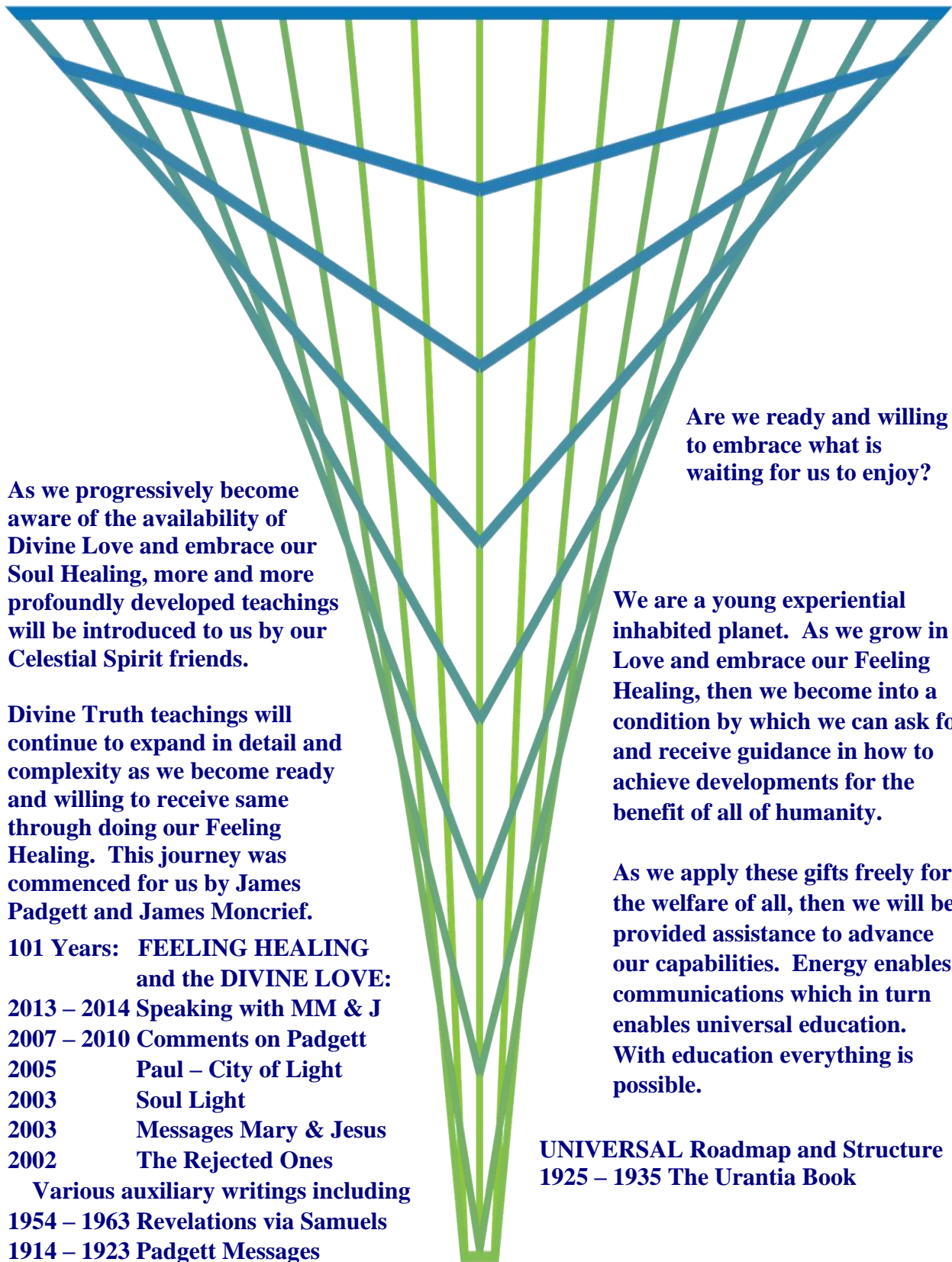
Pascas Care Letters A Huge Upturn  
Pascas Care Letters Big Revelation  
Pascas Care Letters Feeling Healing Benefits Children  
Pascas Care Letters Feeling Healing Way  
Pascas Care Letters Little Children  
Pascas Care Letters Women's Liberation and Mother

**MEDICAL – EMOTIONS:**

Pascas Care – Feeling Healing  
Pascas Care – Feeling Healing All is Within  
Pascas Care – Feeling Healing and Health  
Pascas Care – Feeling Healing and History  
Pascas Care – Feeling Healing and Parenting  
Pascas Care – Feeling Healing and Rebellion  
Pascas Care – Feeling Healing and Starting  
Pascas Care – Feeling Healing and Will  
Pascas Care – Feeling Healing Angel Assistance  
Pascas Care – Feeling Healing Being Unloved  
Pascas Care – Feeling Healing Child Control  
Pascas Care – Feeling Healing Childhood Repression  
Pascas Care – Feeling Healing End Times  
Pascas Care – Feeling Healing is Rebellious  
Pascas Care – Feeling Healing Live True  
Pascas Care – Feeling Healing Mary Speaks  
Pascas Care – Feeling Healing My Soul  
Pascas Care – Feeling Healing Perfect State  
Pascas Care – Feeling Healing Revelations X 2  
Pascas Care – Feeling Healing the Future  
Pascas Care – Feeling Healing Trust Yourself  
Pascas Care – Feeling Healing Versus Cult

**PASCAS  
PAPERS**

**DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:**



**Before the revelation of Feeling Healing, and with Divine Love, Soul Healing, we have been withheld in mediocrity!**

**It is now possible to smash through the Glass Ceiling to infinite growth in Truth and Love!**



Living Feelings First!

INTUITIVE

INSIGHTFULNESS

DYNAMIC

NATURAL INTELLIGENCE

SPONTANEOUS

VIBRANCY

foresightful

*Wisdom & Truth*

FREEDOM

EQUALITY

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# PASCAS UNIVERSITY

We hereby confirm that

**SALLY JOY SMITH**

Having duly satisfied the Examiners appointed by Senate and having fulfilled all the conditions prescribed by ordinance and regulations by resolution of the Council was awarded the

**Postgraduate Feelings Degree**

**PfD** in the field of **SOCIAL WORK**

**LIVING FEELINGS FIRST**

on the

22 February 2022



*Andrew Brown*

Chancellor

*Philip Green*

Registrar

"THE" profession is:



to:

*Learn through play*  
*Independently explore subject*  
*Research<sup>+</sup> with fellow students*  
*Explore topics you enjoy*  
*Engage in what you are passionate about*  
*Ask — and keep asking*  
*Question every aspect*  
*Commonsense is not common*  
*Assumptions are mostly in error*  
*Embrace what you may be feeling*  
*We have been retarded and restrained*  
*We are to be our true self*  
*We are to express all our feelings*  
*We are self contained — all is within*  
*By doing is how we learn*  
*Tutoring others is a great self teacher*  
*Our capabilities are infinite*



while you



**Our feelings are our truth.  
By living outside of our feelings  
we bring about our difficulties!**

