# Avanal Revelations for all of Humanity



#### **PASCAS:** Overview Kit:

WWW.PascasHealth.comLibrary DownloadFEELING HEALING:section:Pascas Care Feeling Healing Angel Assistance.pdf

On Friday, 31 March 2017, James wrote what he experienced and understood:

James Moncrief: "I spoke with you on the phone and you talked about your - our - the healing centres being places where possibly the angels might work more closely with people should those people embrace at least the notion of doing their Feeling Healing.

"Then, no sooner, and this bit you'll laugh at and have to take more deep breathes as your fried mind has yet more to digest, I hear loud and clear in my mind, which even gave me a bit of a start as it was so definite: "**It's been granted!**"

"To which I replied: What's been granted?

"That which John wants concerning what you're thinking about – the angels and their possibly healing and helping people as he was suggesting.

"And I asked: Why has it been granted?

"Because it is in keeping with the parameters which define what you and Marion are doing.

"They said that any reasonable suggestion made by someone like John, by someone who gets it and understands the importance of it, will be considered should it be within the necessary parameters. And that in fact it's for the likes of John to define what will transpire to some extent within these parameters, it all being part of humanity's contribution to healing itself. Of which I am to merely assist in best I can. So there's the Celestials doing their part, working it all out, just as it seems there will be the Earth part, people like yourself John working your part out."

Subsequently, James went on with his questioning: "Anyway, Beth, are you there, John says he wants me to speak with you some more, he keeps coming up with these hair-brained ideas (owing to you lot having fried his mind making it more open to you) because he's reading things into "Sage" that I had no idea were there, so what do you reckon about it, about his idea being '**Granted**'.

Beth (Celestial Spirit – 3<sup>rd</sup> Celestial Heaven – John's grandmother):

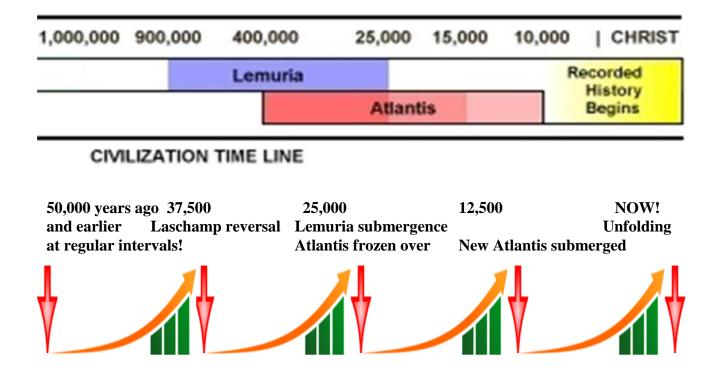
"Yes James, it was all perfect, your relationship with John is moving along nicely. It's all as it's meant to be, and I know we keep telling you this, but it's for your mind, because it's still resisting, which of course it must, until you've finished your Healing.

"And yes, we understand how you feel like you're beginning to float along, as is my grandson, he is floating amongst the clouds most of the time, however it's all part of helping you both to let go and be open to what may come, because as you both know, you've now set sail and you have no idea where you will dock along the way and where your ultimate destination will be.

"You are partners should you keep feeling like you want to keep going as you are, and that much you are both accepting and it makes us all feel good over here."



'John on cloud nine.'



**GEOPHYSICAL POLE SHIFTS appears to take place every 12,000 to 13,000 years!** 

## This time, in the history of humanity, is the most exciting time ever experienced.

### FOR 200,000 years ALL SCRIPTURES and Earth based INSTITUTIONALISED SYSTEMS are the WORK of the REBELLIOUS LANONANDEKS:

The rebellious Lanonandeks from within our local universe are these soul partner pairs:





Lucifer pair Satan pair Arrested and imprisoned 26 CE



Caligastia pair Daligastia pair Arrested and imprisoned 1993 CE

3



Highly esteemed Lanonandek spirits from within our local universe of Nebadon were assigned as System Sovereigns of our local system to oversee Earth's humanity and their spiritual development. 200,000 years ago they, the Lucifers, became infatuated with their authority and turned against the regents of Nebadon, Mary and Jesus, as well as rejecting God. Through their Planetary Princes, also Lanonandek spirits, they had taken the humanities of 37 worlds within their local system into their Rebellion.

By living through our minds, suppressing our feelings, we on Earth will continue to be at war with each other, illnesses of all descriptions will continue from our feelings suppression, famine and inequalities prevail, control of others is the core of all systems, we cannot determine truth from falsehood and life on Earth is a living hell. We have been continually seduced by mind Mansion World spirits and we live life in a stupor – nothing more than zombies doing the begging of the evil ones, the rebellious Lanonandek spirits.

By living through our minds, suppressing our soul based feelings, we have been progressively going further and further away from our Heavenly Parents, now to the point that we cannot go any further. Through working cracks in the Universal Contract governing the Rebellion and Default, this control has been ended formally as of 31 January 2018.



To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

God's Divine Love: Pray for it, ask for it, and receive it.

The Golden rule is: Never interfere with another's will.

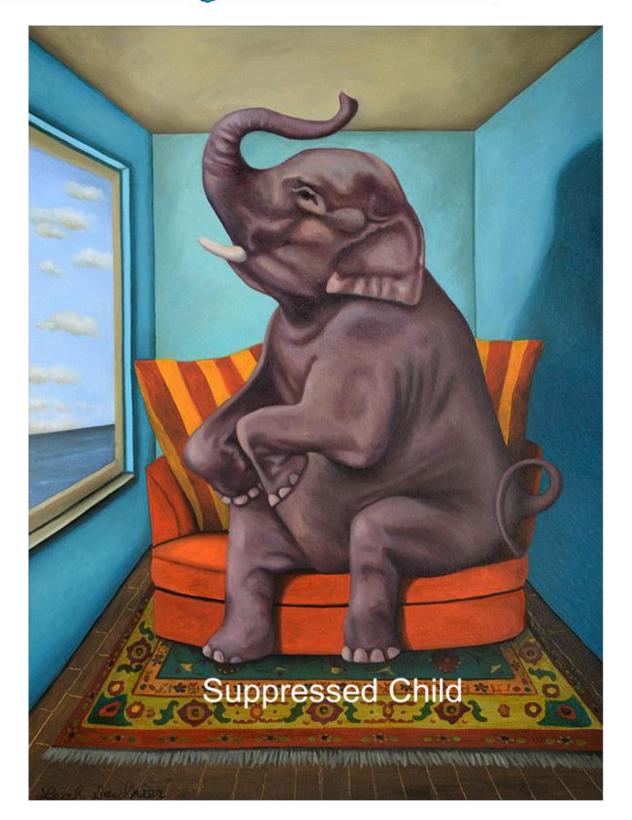
Golden Rule: that one must always honour another's will as one honours one's own.

New Feelings Way: learning how to live true to ourselves by living true to our feelings.

We are to express our feelings, both good and bad, at all times, and to long for the truth of them.

By living true to ourselves true to our feelings, we are living true to God. It's that simple.

# Childhood Suppression is the elephant in the room!



# Childhood Suppression

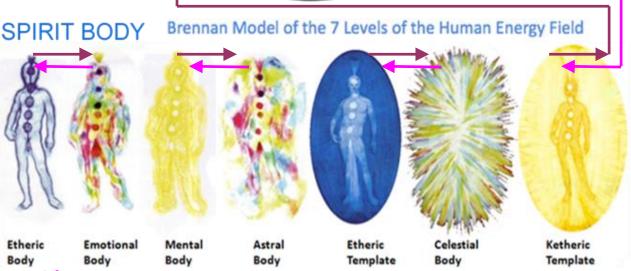
The soul does it all. The soul is a duplex, two personalities being manifested into the physical by our soul.

Soul light continually flows from the soul through our spirit body levels and into our physical.

Return light being the experiences of our physical existence.



Childhood suppression imposed upon us by our parents and carers causes retarded light to return to our soul bringing about imbalance, reflecting emotional injuries and errors of belief. This imbalance is the cause of all our difficulties throughout our adult life and also all of our health issues.

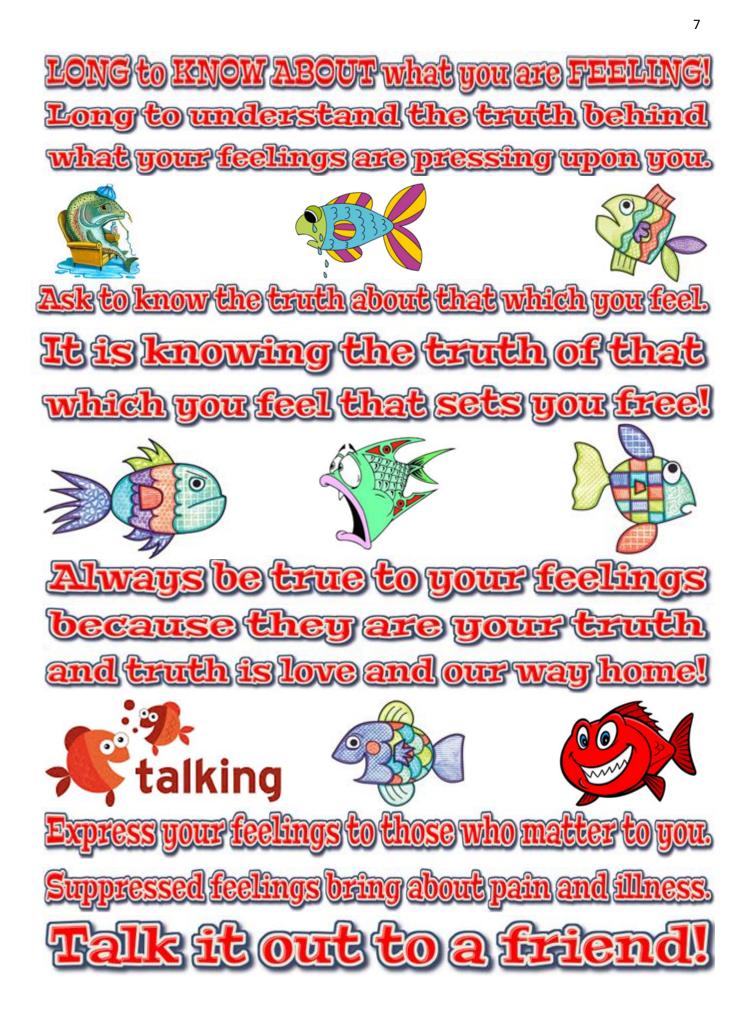


Every experience is recorded through the light returning through our spirit body and back to our soul. What emotional injuries we experience, commencing from conception, has to be expressed emotionally to heal the imbalance in soul light so that harmony and health can be achieved in our spirit and physical bodies. Childhood Suppression is the underlying cause of disease, illness, etc.



ying cause of disease, illnes



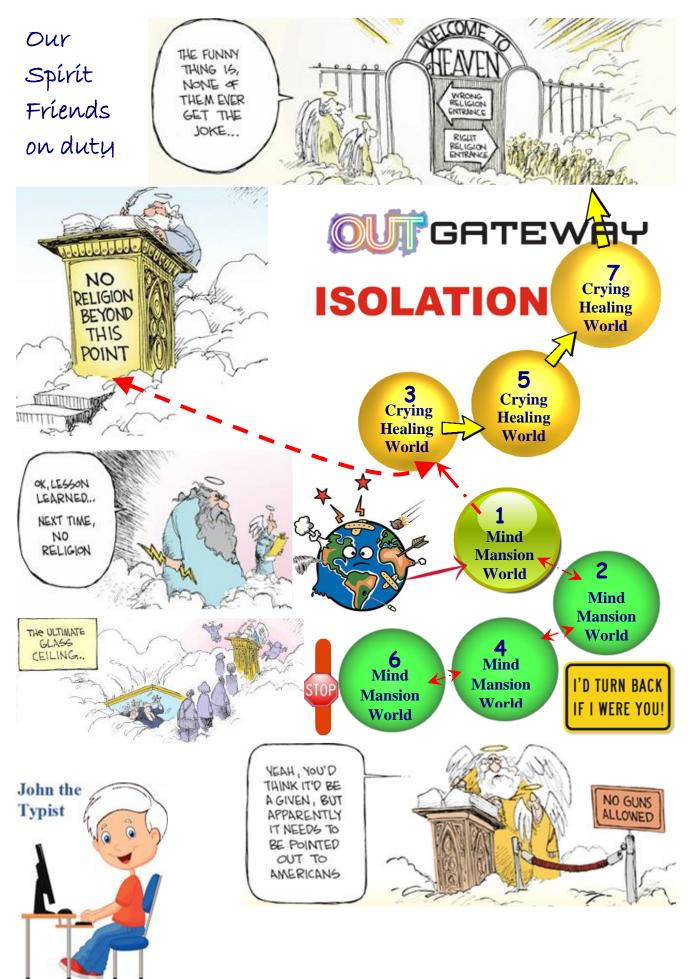






## WHAT ENTERS EMOTIONALLY IS TO BE EXPRESSED EMOTIONALLY WHILE LONGING FOR THE TRUTH TO BE KNOWN ABOUT WHAT IS BEING FELT!







Golden Rule: that one must always honour another's will as one honours one's own. By living true to ourself, true to our feelings, we are living true to God. It's that simple.





11

Compensation





Tuesday, 19 December 2023, marks the appointment of Eve and Adam as oversight of Earth's humanity throughout the 3 Celestial Heavens, the 7 Mansion Worlds and on Earth for the coming Avonal Age of the next 1,000 years, as announced officially by Mary Magdalene, coregent with Jesus, of Nebadon.





## Soul Partners

**ONE SOUL = TWO** Physical / PERSONALITIES material body Brain The two personalities from the one soul are Spirit / eternally compatible etheric body once they are healed Mind of their Rebellion and Default. Soul + Spirit **Combination** Senses **Desires** Memory Soul **Spirit Physical Passions Body Body** Intention **One Soul = Two Personalities Free Will Emotions** Creativity Awareness **Personality** The capabilities and **Aspirations** potentialities of every Intelligence individual personality is only limited by their Consciousness childhood suppression **The Real You** and repression. Once we heal, then our selfis your Soul! expression will reveal our true selves. **Our Soul** orchestrates everything!

### MAP OF CONSCIOUSNESS

Level	Log
ENLIGHTENMENT	700-1000
PEACE	600
JOY	540
LOVE	500
REASON	400
ACCEPTANCE	350
WILLINGNESS	310
NEUTRALITY	250
COURAGE	200
PRIDE	175
ANGER	150
DESIRE	125
FEAR	100
GRIEF	75
APATHY	50
GUILT	. 30
SHAME	20

Map of Consciousness from Dr David R Hawkins, M.D., Ph.D. "Power vs Force".

#### **PERSONALITY TRAITS:** Less than two dozen people on planet Earth. Would not pick up a weapon let alone use it. These people gravitate to the health industry and humanitarian programs. Debate and implement resolutions without argument and delay. 470 Debate and implement resolutions in due course. 440 Debate and implement resolutions with some degree of follow up generally needed. 410 Management supervision is generally necessary. Politics become the hope for man's salvation. Cause no harm to others starts to emerge. Power overrides force. Illness is developed by those man erroneous emotions that calibrate 200 and lower. Armies around the world function on pride. Force is now dominant, not power.

Harm of others prevails, self-interest prevails.

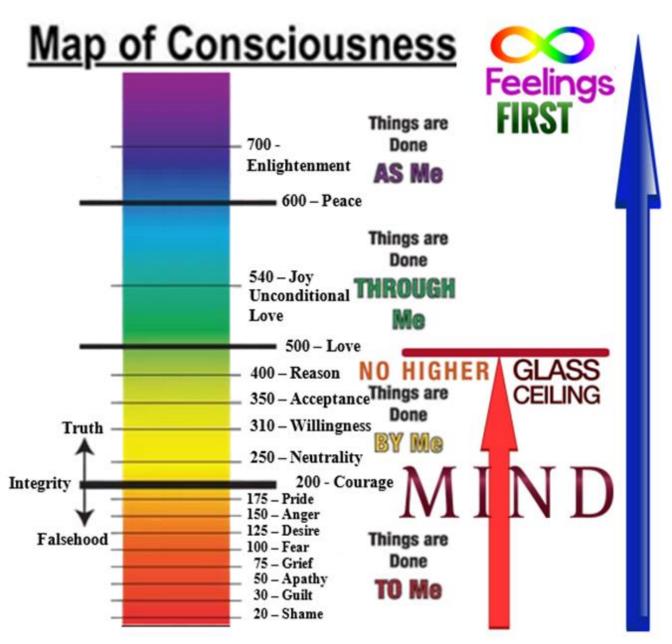
Totally self-reliant, not God reliant.

Fear dominates all motivation.

Suicide is possible and probable.

At these levels, seriously harming others for even trivial events appears to be justifiable.

Poverty, unemployment, illness, etc., this is living hell on Earth.

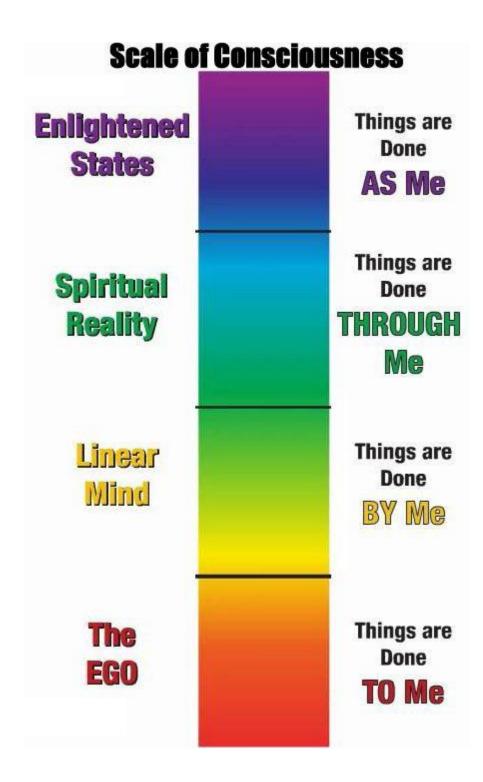


This outline of the Map of Consciousness spells out the fact that while we live Mind-Centric and ignore and suppress our Feelings we cannot pass 499 MoC. Our mind being in control, as we have all been indoctrinated to live, is a glass ceiling. Humanity cannot heal anything, cannot be spontaneous, has no intuitiveness, and is locked into living in the deep hell states. This is why people find themselves in abusive homes, domestic violence, housing stress, homelessness and gross difficulties of all kinds. This is why we are easily manipulated, embrace propaganda and are being controlled by a few.

Women are closer to their feelings and that is why the nursing profession hosts a lot of women who calibrate a little over 500. These women are the healers in hospitals.

By aspiring to live Feelings First we are each breaking the glass ceiling and opening our potentials to grow in truth and love not only to 1,000 MoC, but to infinity. This is our destiny.

As communities embrace living Feelings First and having their minds to follow in supporting what their feelings are guiding them with, then ALL of the social ills of society will begin to mitigate. Please, do you comprehend the importance of what is being shared throughout this document?





our MIND is a CONTROL ADDICT! our MIND is addicted to UNTRUTH! our MIND cannot discern TRUTH!

**our MIND is within our SPIRIT BODY and orchestrates our physical BRAIN.** 

**ASSUMPTIONS are the product of our MIND!** 

# HEALINGends MIND-CONTROL!



our SOUL is our TRUTH! our FEELINGS are our TRUTH! FEELINGS FIRST, mind to follow!

all we need is WITHIN. our MIND suppresses FEELINGS.



Earth

### daughter and son SPURITUAL LEADERSHIP SPIRITS OF TRUTH DCALUNIVERSE NEBADON HUMANITY OF PLANETEARTH



CREATOR

Both the Creator and Avonal pairs are bestowals from Paradise and have Spirits of Truth which are released following the death of their physical bodies. The Creator pair is the co-regent of our local universe of Nebadon. They have set the pathway for the Avonal pair to show the way for Earth's humanity to heal itself of the Rebellion and Default. The Avonal pair's focus is one humanity, of Earth, whereas the Creator pair is for all of Nebadon.



Avonal Pair



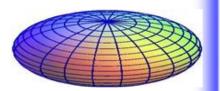
### Three Layers of Progression Federal, State and Local

Paradise Havona

PARADISE Heavenly Mother and Father Infinite Daughter or Mind Eternal Son of Truth

Creator Daughter and Son Avonal Daughter and Son

Within each of 7 Super Universes there are 1,000 local universes.



Nebadon has 100 constellations, each with 100 local systems, which each have 1,000 inhabitable worlds. LOCAL UNIVERSE of NEBADON Co-regents Mary & Jesus – Creator Daughter and Son (federal oversight of 3,840,101 humanities) Melchizedek order – oversight advisers Lanonandek order – system sovereigns Lanonandek order – planetary princes Adamites order (Adam and Eve) There are many orders and classes of spirits as well as angels.



Earth's humanity is now guided by Celestial Spirits.

LOCAL SYSTEM SATANIA contains EARTH Creator D&S removed system sovereign (Lucifer) 26 CE – federal administration. Avonal D&S removed planetary prince (Caligastia) 1993 CE – state administration. Melchizedek plan to end Rebellion and Default now executing.

Earth's Celestial Spirits now guiding Earth's humanity out of Rebellion and Default.

Trinity

# MUM & DAD THIS WAY

**SPHERES of PARADISE being the home of our Heavenly Parents, Mother and Father, within the centre of the 7 super universes.** 

Unknown number of spheres to progress through to reach Paradise.

Ascending out of NEBADON is beyond the regency of the Creator Daughter and Son, Mary and Jesus.

**INFINITE & UNIVERSAL SPHERES, unknown number to progress through within Nebadon.** 

ETERNAL SPHERES 3 spheres unnumbered. Involvement with Earth finishes. CELESTIAL HEAVENS

are spheres 8, 9, 10.

Divine Love Spirit Healing Mansion Worlds are 3, 5, 7. We are healing our soul!

> We all arrive in spirit <u>in</u>to Mansion World 1.

> <u>Earth Planes 1 and 2 are</u> of Disharmony – Hells.

Mind Spirit Mansion Worlds 2, 4, 6 are all taking us in the wrong direction and into a dead end! MARY & JESUS

**AVONALS** 

I'D TURN BACK IF I WERE YOU!

#### **AVONAL PAIR**

Throughout the Avonal Age of 1,000 years, their Spirits of Truth will assist us in embracing and engaging with our Feeling Healing and with Divine Love

GOD

our Soul Healing. They will assist us to develop our soul well into Celestial Heaven status should we persevere with such a goal. The extent to which the Avonal Pair develop themselves while here in the physical on Earth is the level that their Spirits of Truth will be able to assist us. Then it will be Mary and Jesus' Spirits of Truth that will assist us up and out of Nebadon, where our Heavenly Parents will then assist us onto Paradise, Their home.

GOD

Father

**Mother** 

HEAVENLY PARENTS

**JESUS & MARY** 

21



Trinity Teacher Pairs assist in teaching a humanity out of Rebenlon (Land). Trinity Teacher Pairs assist in teaching a humanity through their evolution / healing There are other classes of spirits. It was the Lanonandek spirits that brought about 37 humanities entering Rebellion with Earth also Defaulting through the Adamic assignment partial failure. The Rebellion being only within the System of Satania of which Earth is one of the 37. The Rebellion formally ended on 31 January 2018.



## Journey of Earth's Humanity

Years ago: 998,500 950,000 500,000 38,000 1930 BGE 7 BCE 2 BGE 1914 - 1923 1925 - 1985 1944 GE 2002 - 2022

Andon and Fonta-aspire for human perfection. Andonites reach Tasmania - southern Australia.

Caligastia -Lanonandek- appointed Planetary Prince Daligastia manifests on Earth with staff Sangik Family - Northern India - 6 colours

Lucifer - Lanonandek - rebels against Jesus & Mary 200,000 Caligastia draws Earth into Rebellion

Adam and Eve manifest on Earth Adam and Eve default their mission

Machiventa Melchizedek Manifests Commences end of Rebellion & Default Jesus of Davareth bern Darry of Dagdalene born Greater Daughter & Son Bestowal Padgett Messages - second coming The Chanth Book - bistory of bummity Bratton Wloods Conference - funding James Moneriei - Revelations Avanal Daughter & San Bestaval Rectined Eatery 000,1 to ept lancoll



The first physical step to bring about the end of the Rebellion and Default for Earth's humanity was the materialisation of Machiventa Melchizedek 1,973 years prior to Jesus' conception. The plan could be said to have been meticulously mapped out and each step has unfolded with Machiventa Melchizedek, together with Jesus and Mary, orchestrating our Heavenly Mother and Father's intentions to this day. The plan culminates with the appearance of the Avonal bestowal pair from Paradise, being a Magisterial Daughter and Son, who will guide Earth's humanity, both in the physical and spirit, through their individual Feeling Healing, and with Divine Love their Soul Healing, during the next spiritual age of 1,000 years now to commence, being the Avonal Age. Machiventa Melchizedek has been administering this 4,000 year unfoldment and will continue with his role throughout the Avonal Age. Now we are engaging in the biggest event in history for Earth's humanity, the healing of the imposts of the Rebellion and Default. All of the Avonal Age is now required to establish the universality of the healing Earth's humanity.



MM Jesus 2 BCE 7 BCE 46 CE 29 CE

600s CE

Paulism Christianity

Muhammad - Islam



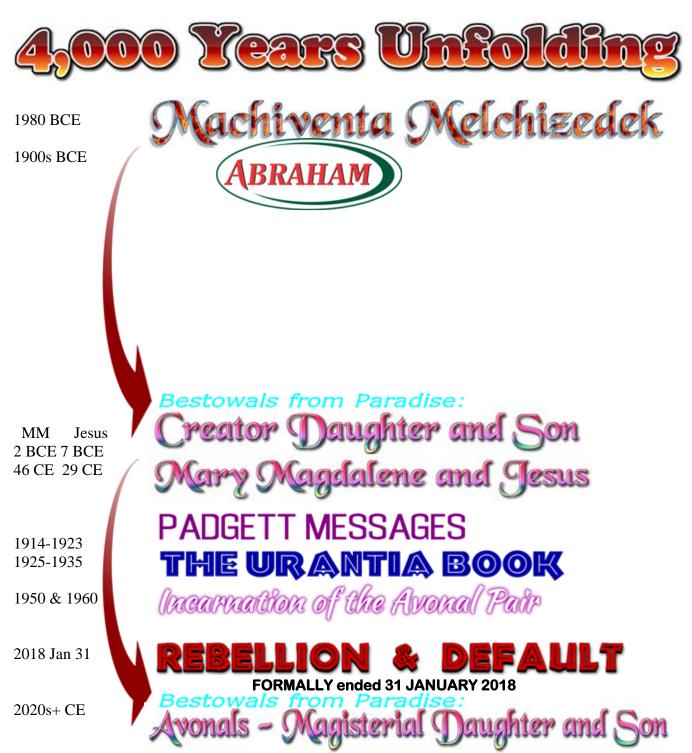
Avonals - Magisterial Daughter and Son

2018 Jan 31

A Universal Contract enabled high level rebellious spirits, through mind Mansion World subordinate spirits, influenced spiritual writings and practices throughout Earth's humanity in a manner that took people deeper into living through their minds and away from God. Christianity was founded by a high Jewish Rabbi, Paul, not by Jesus. Then Paul's platforms were further contaminated. Until now, we were not even aware we have been subjected to a Rebellion these past 200,000 years, and Default of 38,000 years! Now we are to heal ourselves of them.

Ten ducks in a row, but one always misleading!





Machiventa Melchizedek, to this day, continues to oversee the plan that was evolved more than 4,000 years ago to progressively open cracks in the Universal Contract governing the Rebellion and Default instigated by Lucifer 200,000 years ago. With 'federal' authority, the Creator Daughter and Son brought about the Lucifers and Satans' spirit world imprisonment 2,000 years ago, and set the Avonal bestowals in place.

The commencement of the Padgett Messages on 31 May 1914 triggered the bestowal of the Avonal Pair for Earth's humanity. The Avonals' 'state' authority brought about the Caligastias and Daligastias spirit world imprisonment in 1993. The Avonals' healing of what they have taken on of the Rebellion and Default ends the Rebellion and Default. Now we can all follow and progress on the pathway to Paradise.



#### **EXPERIENCES, FEELINGS and TRUTH:**

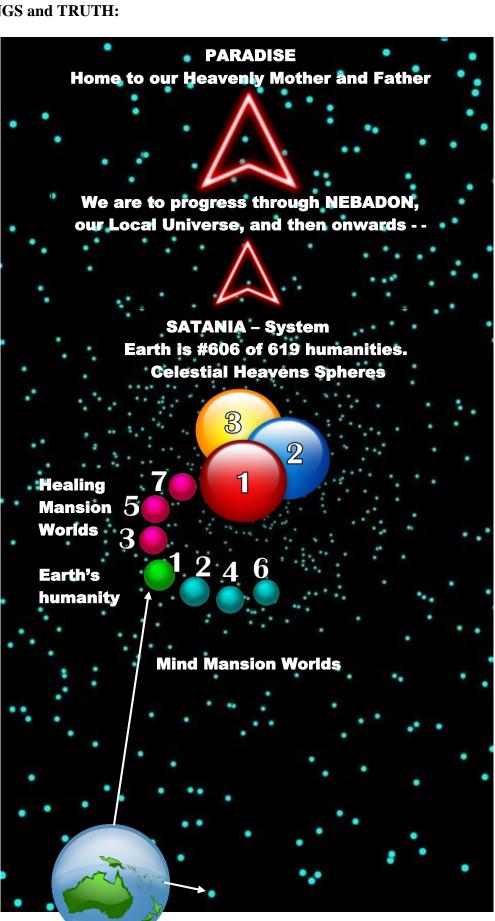
We look into the night sky and see around 1,000 stars that possibly are the hosts to the 619 humanities of our local system, Satania. Earth is on the outskirts of Satania.

When we 'die', and shed our physical body as we are spirits having a physical experience, we all arrive on the 1<sup>st</sup> spirit Mansion World.

If we continue to live through our minds, then we may progress to worlds 2, 4 then 6 and no further – dead end!

Should we embrace Feeling Healing with Divine Love, we will start our journey of Truth and Love, progressing through Healing Mansion Worlds 3, 5 and 7, then through the Celestial Heavens and onwards out through our Universe of Local Nebadon and on to Paradise, the home of our Heavenly Parents.

The spirit worlds are within different а dimension to the physical stars and earths. However, picturing the spirit worlds within the centre of our local system is only a visualisation aid necessarily and not accurate.





JOURNEY TO PARADISE

MINOR SECTOR

LOCAL UNIVERSE

CONSTELLATION

LOCAL SYSTEM

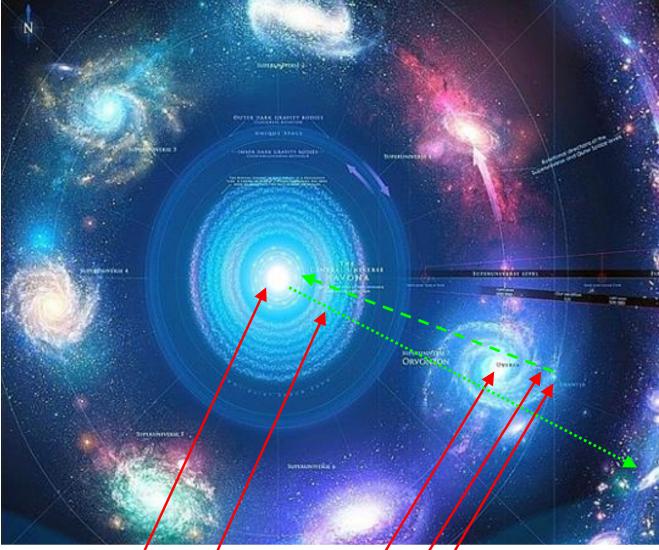
EARTH

SOLAR SYSTEM



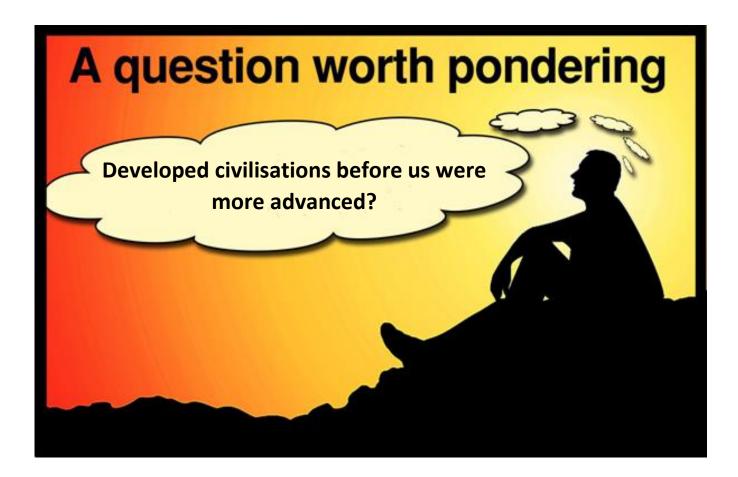
#### **OUR JOURNEY**

Ascension is from Earth (Urantia) through Nebadon, Orvonton, Havona to Paradise. Then in Paradise we progress to be Finaliters and possibly assigned to a newly forming universe.

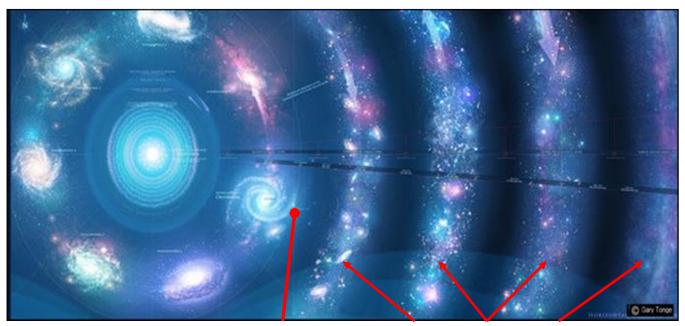


Isle of Paradise Havona home of our Ascendington Heavenly Mother & Father Orvonton – our Super Universe Nebadon – our Local Universe Urantia being Earth

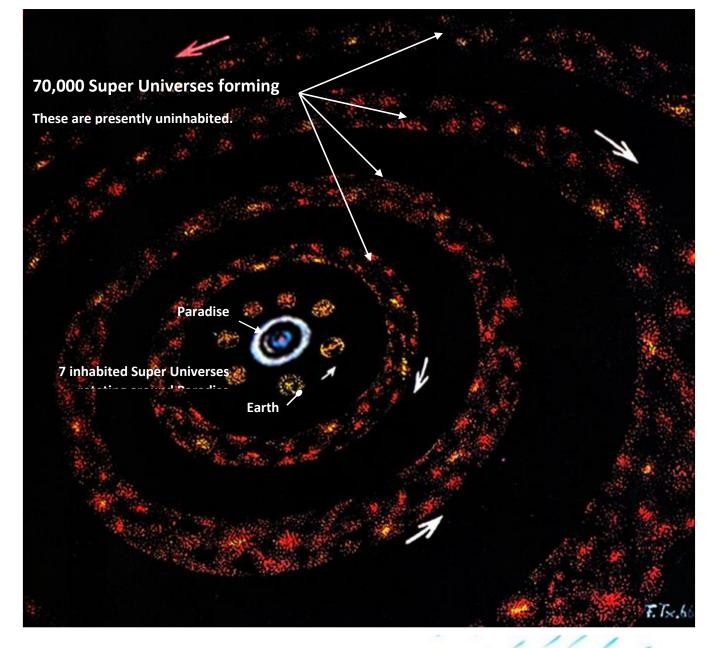
### Finaliter, being what we become when we finally arrive in Paradised



### and



Earth 70,000 Super Universes forming







Purpose of our life is to:

Achieve individualisation. This is truly the moment of our sentient experience beginning. This occurs at the moment of incarnation which is when our newly forming foetus begins to pump blood, usually day 16 after conception. From that moment we are beginning to experience life.

We have a life purpose. We are each a unique personality with individual propensities to experience. Should our physical life be cut short then we will go on and have the experiences that we need in the 1<sup>st</sup> spirit Mansion World. If we miscarry or are aborted then we will become spirit born, be adopted to spirit parents and have a similar life to that should we have gone on and lived on Earth.

Presently we are each subjected to Childhood Suppression which we continue on throughout our lives suppressing our feelings and our true personality. This is providing us with unique life experiences as this does not typically occur with any other humanities throughout the universes. Our physical life on Earth is mostly very difficult, however this will provide each of us with unique capabilities to aid newly emerging humanities on worlds further out into space. Yes, we have an enormous journey to enjoy.

Our time of death is predetermined. We often do crazy things - but our life span is predetermined.

What we experience is also predetermined. A few are to be wealthy and become burdened with responsibility. Many are to be poor and enjoy the freedom without trappings of assets and obligations.

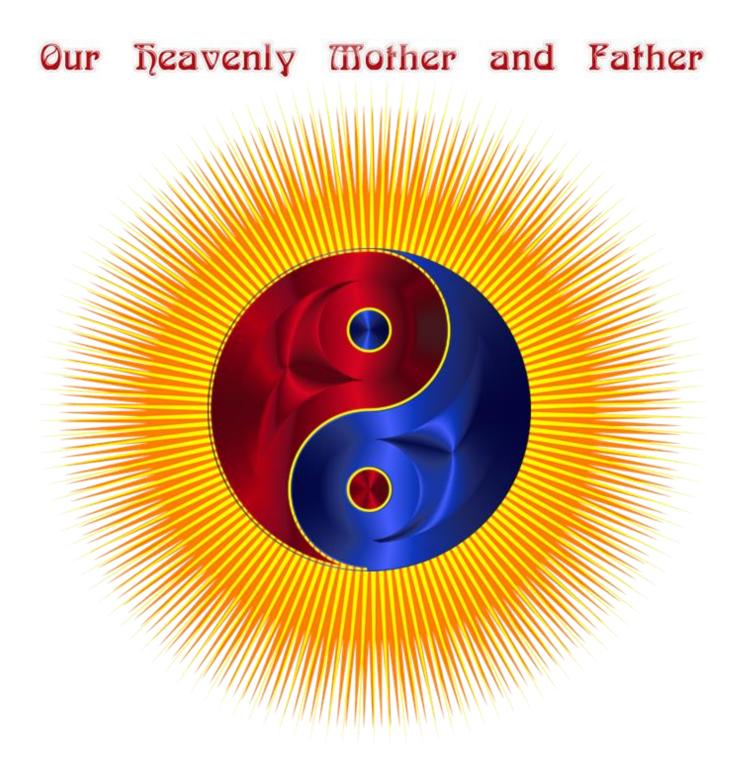
Most will have families while on Earth. No matter who we are, we will each parent at least three children before we can enter the first of the Celestial Heavens. We are to experience parenting, even though that may be when we are in the spirit Mansion Worlds.

We are to live FEELINGS FIRST! We are to express our feelings, both good and bad, to a companion. We are to long / ask for the truth of what our feelings are drawing to our attention. What enters emotionally needs to be expressed emotionally. Should we long for our Heavenly Mother and Father's Love, then we are also SOUL HEALING. Our mind is to follow supporting what our feelings are leading us to embrace – this is the opposite as to how we have been brought up to live.



As we complete our FEELING HEALING, then and only then can we connect with our Soul Partner who is always of the opposite sex. Our soul is a duplex that manifests two personalities. And we can grow to interact with our Nature Spirits and Spirit Guides!





## Heavenly Mother & Father LOVE

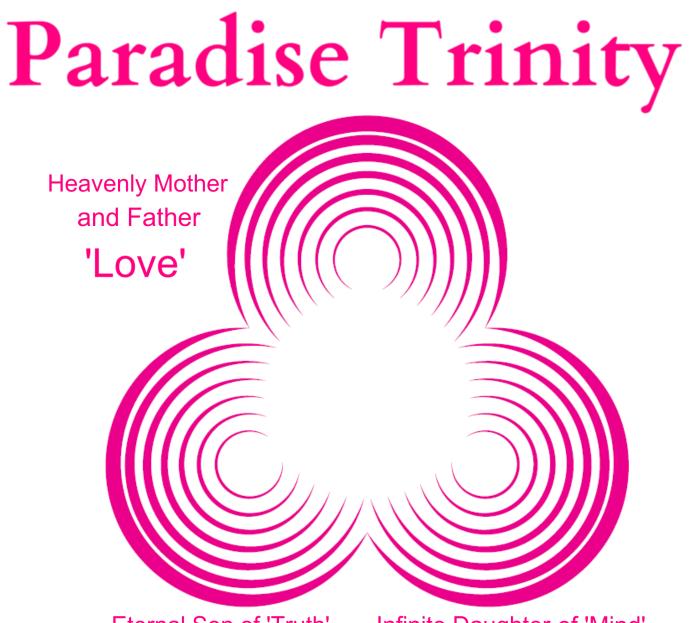


Creator Daughter & Son are of Love and Truth. Avonal Daughter & Son are of Truth and Mind. Nature is of the Mind.

Humanity is of Truth and Mind then with Indwelling Spirit, also of Love.

Humanity is best suited to be assisted by the Avonals and then by Creator Daughter & Son.

## Indwelling Spirit LOVE



Eternal Son of 'Truth'

Infinite Daughter of 'Mind'

Jesus and Mary's soul are different in design than ours. They are a Creator Daughter and Son, or similarly referred to as Michael Daughter and Son soul, and within their soul is expressed only two of the Primary Aspects of Deity. They are of the Mother and Father, our Heavenly Parents and the Eternal Son.

Avonal Daughters and Sons are expressive of the Eternal Son and Infinite Daughter.

The core of humanity (us mortals of Earth) is of the Truth and Mind, and then with the addition of the Indwelling Spirit, we can then relate to the Love.

And with the Avonal pair now on our world (Earth), or assisting us through others on Earth, they too expressing the Son of Truth and Daughter of Mind, we actually are far better suited to relating to them than we are to Mary and Jesus. **Great Gifts through our Feelings are:** 

The Awareness of our Heavenly Mother and Father

That our soul is a duplex – both male and female – one soul, two personalities

That Feeling Healing with Divine Love is our pathway to Paradise – our true home

Freely expressing our Feelings to a companion is expressing our true personality – the personality bestowed upon us by our Heavenly Mother and Father – our true Mum and Dad!

> These are truths of living Feelings First Spirituality, The New Way