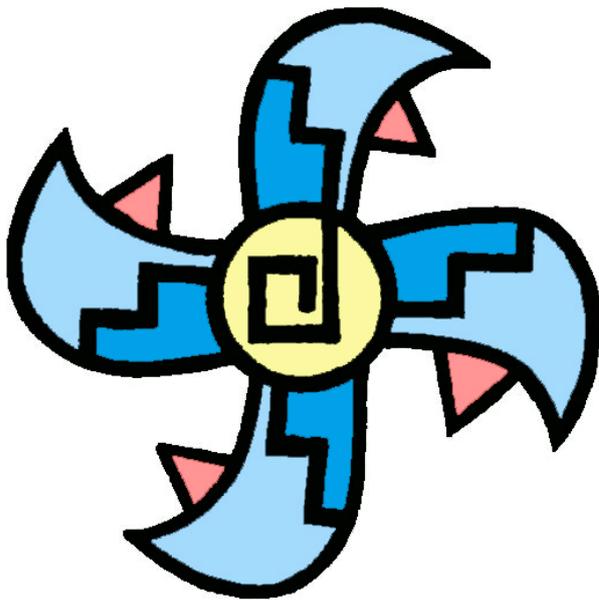


CHALDI COLLEGE (WW) Limited

Education through Feelings



“Peace And Spirit Creating Alternative Solutions”

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CHALDI COLLEGE (WW) Limited²

EDUCATION through FEELINGS:

Education via Chaldi College

30 April 2018

Through our soul, we are all endowed with natural intelligence. The natural love that constitutes one's soul is profound in its inherent intelligence. From the time of one's conception, our soul becomes encrusted with the emotional errors, restraints, constrictions, repressions, suppressions and injuries that our parents hold, they having had such harm imposed upon them by their own parents, and so on back through the generations for millenniums.

In short, the pristine soul with all its potential – particularly that being its own natural intelligence, during the child's forming years from conception to around the age of six – is suppressed and retarded to reflect the level of consciousness of one of its physical parents or both of the parents should the parents be closely aligned.

NATURAL INTELLIGENCE

Our potential, in our physical life, is a direct reflection of the consciousness level of our parents. This can be readily measured using Dr David R Hawkins' Map of Consciousness – a process requiring a minute or so! One can readily calibrate each of the parents and the child within a couple of minutes.

All of humanity's education systems espouse the development of the mind. One cannot achieve any development beyond the level of one's calibration as identified by the Map of Consciousness calibration. It is impossible. So, we see a total failure of education systems to deliver anything other than what is already in place – a child with a suppressed and retarded personality desperately kowtowing to its parents and education systems, neither of which recognise the gross error in their strivings.



The child is chock-a-block full of its parents' emotional injuries. The child is directed to engage with its wayward mind to do all kinds of things that it may not be the slightest bit interested in being engaged in. The child is directed to put its soul-based passions and gifts aside and pursue the strivings of its parents, to become their little 'me's'! The child is so loaded up with suppression and repression that its health becomes jeopardised for the rest of its life. We, as parents, have 'poisoned' our children with our own errors. Now is the time to begin to peel these injuries away. To remove the excess luggage and slim back down to the truth and loving soul-based personality that our Heavenly Parents vested us with and want us to express.

We, as parents, can do this. We can commence the journey of Healing, through the process of Feeling Healing by embracing our Feelings First and then have our minds implement what our feelings lead us to embrace.

'What we seek is seeking you' – Rumi. What we seek is our Heavenly Parents' Love, the



Divine Love. It is a different and more powerful energy than Natural Love. As we ask for and receive the Divine Love whilst engaging in our Feeling Healing process, the two loves blend. Receiving our Mother and Father's Love is a beautiful experience.

This is where all education platforms are limited. Man cannot achieve beyond his consciousness level, his Map of Consciousness calibration. We are stifled, limited, retarded beyond all comprehension, however, we have now been shown the door to break from the shackles of some 200,000 years of misguidance. We can free ourselves and grow to levels beyond our current comprehension. We are to engage in our Feeling Healing and embrace our Mother and Father's Love!

Possible relationship of Map of Consciousness (MoC) with Mansion World Spheres:

8th Sphere	1,081 – 1,251	Achievement of at-onement on reaching 1,081
7th Sphere	921 – 1,080	Divine love only, transmission to at-onement and Celestial spheres
6th Sphere	841 – 1,000	Natural love mind world – perfect Natural love
5th Sphere	781 – 920	Divine love Mansion World
4th Sphere	651 – 840	Natural love mind Mansion World
3rd Sphere	500 – 780	Divine love Mansion World
2nd Sphere	500 – 650	Natural love mind Mansion World
1st Sphere	1 – 499	Natural love mind world predominantly

World 1 embraces the regions of disharmony as well as introduction to Divine Love. All humanity awaken in spirit in the first Mansion World. Then they move, if required, upwards to higher mind levels or lower into the hell planes or over into the Divine Love healing worlds. Humanity, overall, calibrates around 212 on the Map of Consciousness.

Yes, humanity overall calibrates on the Map of Consciousness at around 212. Further, progression through the development of one's mind seldom exceeds the 2nd Sphere level. Those in the spirit Mansion Worlds are jammed into the natural love mind Mansion Worlds 1 and 2. Humanity, through thousands of years, has remained engaged in the futile effort of mind enslavement even within the spirit worlds. The calibration for personalities within the 1st natural love Mansion World spirit sphere peaks at 500 on the Map of Consciousness scale. (NOTE: These MoC sphere levels are all attainable on Earth.)

So what have been the calibrations of our great scientists?

David R Hawkins in 'Truth vs Falsehood' commented as follows: 'Einstein, Newton and Freud pushed the limits of the intellect to the edge, just short of the significant level of 500, on the Map of Consciousness, where there is a paradigm shift that includes the subjective and the reality of the spiritual, which was transcended by both Bohm and Jung and the inspiration of Madam Curie (being more feeling based, whereas mind focused Stephen Hawking calibrated 499). These calibrations also illustrate the enormous, beneficial impact that their collective work has had on society and the advancement of civilisation.' Calibrations of scientists follow:

'The levels of the above institutions reflect the calibre of the faculty, which would be expected to be at least 400 (reason and intellect) at the minimum. Those below 400 reflect the substitution of philosophic relativism and socio-political positionalities. Naïve parents send their children to college (university) to become educated and are dismayed when they discover that they have instead become indoctrinated with problematic philosophies (Shapiro, 2004). Radicalisation of students calibrates at 180. The presidents of six major USA universities calibrate below 200, as do numerous academic professors and their departments, some of which are actually lower in calibration than that of their student bodies.' David Hawkins published 'Truth vs Falsehood' in 2005.

Science – Scientists

Bohm, David	505	Halley, Edmond	460
Bohr, Niels	450	Harvey, William	475
Boole, George	460	Heisenberg, Werner	485
Burbank, Luther	450	Hippocrates	485
Copernicus, Nicolaus	455	Jung, Carl	520
Curie, Madam Marie	505	Kepler, Johannes	460
Darwin, Charles	450	Mendel, Gregor	460
Edison, Thomas	470	Maxwell, James	445
Einstein, Albert	499	Newton, Isaac	499
Faraday, Michael	440	Pasteur, Louis	485
Fermi, Enrico	455	Pauling, Linus	450
Freud, Sigmund	499	Planck, Max	475
Fuller, Buckminster	445	Rutherford, Ernest	450
Galen, Claudius	475	Salk, Jonas	455
Galileo (Galilei)	455	Steinmetz, Charles	455
Gödel, Kurt	455	Tesla, Nicola	460

Major Universities and Schools

Académie Française	415	Heidelberg, University of	445
Arizona, University of (Tucson)	405	Ivy League Colleges	455
Baylor University	430	Jones, Bob, University	400
Big-10 Universities	460	Marquette University	440
Bryn Mawr University	455	Medical College of Wisconsin	440
California, Univ. of, Berkeley	385	Meherry Medical College	420
California, Univ. of, Los Angeles	385	Morehouse School of Medicine	410
Cambridge University	455	Motorola University	400
Chicago, University of	425	Oxford Union	495
Duke University	430	Oxford University	435
Duke University Medical School	435	Sandhurst Military Academy (U.K.)	465
Edinburgh, University of, Scotland	425	Sorbonne, The (Paris)	415
Exeter Academy	465	So. Florida University	305
Fordham University	440	Stanford University	400
Harvard Divinity School	455	Tuskegee University	400
Harvard Medical School	445	Wellesley	440
		West Point Military Academy	425

Feeling Healing progression:

Humanity has for some 200,000 years floundered in its mind imprisonment. With governments supporting extensive free education, there has been some development and growth in the levels of consciousness as per the scale, however, it is limited. As can be seen from the above observations by Dr Hawkins, even the esteemed scientists seldom bridge the limitations of the 1st natural love sphere environment.

However, for those who embrace their Feeling Healing and complete the process while embracing our Parents' Divine Love achieve Celestial Heaven status, that being calibrated above 1,081 on Dr Hawkins' Map of Consciousness. Over the coming decades, a small number of people will achieve this while living here in the physical. When this occurs the world will recognise the evolutionary jump that everyone can embrace should they so wish.

It matters nought whether people have been engaged in an academic career or not. Even the most uneducated can progress by doing their Feeling Healing in conjunction with the infusion of Divine Love into their soul (following the expressing and releasing of emotional suppressions and repressions), will find their capabilities being naturally expanded beyond that of anyone currently reading these words.

As we progressively free ourselves of our childhood suppressions and repressions we will find that our natural intelligence will grow exponentially. We will find that our soul based feelings will lead us to 'discoveries' that the greatest of scientists could not achieve within a life time of focused research and investigation. This is so because of the truth and wisdom that is within our soul, being that of natural love infused with Divine Love. This, the real true you, your personality and real self, that is to shine and express itself without limitation. This is our journey and destiny to embrace and now we have been shown the way by personalities that have the authority to do so.

This is the education platform of the future:

It is not academic achievement or development of one's mind that develops one's soul and consciousness and consequently, one's natural intelligence, it is through the healing of one's injuries and the infusion of Divine Love. Developing one's mind takes one further away from God, going in the wrong direction – that of worshipping the mind!



Becoming aware of the process of Feeling Healing and having available assistance to draw upon, should one so please, is the only way that one's natural intelligence can be exponentially evolved. Such growth is exponential. The Map of Consciousness is a scale based on the common log of 10.

As our journey forward is to be an expression of one's soul, our own passions and desires, then the platform to be provided in education will respond to the passion of the individual, his or her own focus and natural inclinations and endeavours. We are not to impose upon others the restrictions and controls that have prevailed in the past. This is all about enabling the true personality of each individual to be free to bloom and express its true self.

What follows, in later pages, are comments relating to three personalities in spirit who have progressed from very moderate education platforms to being personalities within the Celestial Heavens. The three spheres of the Celestial Heavens are within the calibration ranges of 1,000 through to 1,500. As you develop and grow beyond 1,500, you together with your soulgroup will then proceed beyond the Celestial Heavens and have no further interest or direct linkage to Earth, and so one's journey continues.

In the meantime, it is the agenda of Chaldi College to enable those who desire to commence their journey through the awareness of Feeling Healing and also to support an education platform that is not restrictive, that is, to support one's soul based passions and desires, to enable one's true soul based gifts to blossom and be expressed by engaging in one's feelings.

Notes from Tommy and the Healing Sanctuary of Light by James Moncrief:

'Healing, it's something that's new for a lot of people, and is very involved, although simple to understand. It's simply that we can look to and use our feelings to heal every part of ourselves that might be wrong, sick, imperfect, evil, bad, dysfunctional, whatever terms you want to use.



'What the Healing entails is for us to reach a point in our lives when we want to use our feelings to show us the hidden truth of ourselves; that being, why we are wrong, ill, dysfunctional, in denial, all the deeper meanings which inevitably takes us back into our childhood.

'Through our feelings, we come to learn that all that's wrong with us, is so because of how we were treated as children, so all that's wrong with you, is a result of your relationship with your parents and early carers.

'These bad feelings of ours are all buried within us from our early childhood, and so our speaking them out is bringing out the energy of them. They are like a poison inside us, and to get the poison out of our soul, we need to speak it out, so emote, rant and rage, cry, moan and groan, whatever you feel, all whilst speaking out what the feeling makes you feel.

'So as adults we can want to uncover the truth of ourselves through our feelings, we want to get to know what we're all about through our feelings, and we want to know the right and true way to live through our feelings, all of which just naturally happens as you do your Healing.

'The Divine Love helps you with it. It makes you want to reach out to God for help, so we include in our longing for the truth of our feelings, to also long and ask God to help us to see the truth of our feelings They want us to see. We want our Heavenly Parents to be included in our lives, so in our Healing. They brought us into this untrue world, and we want Them to explain to us, and all through our feelings, why They wanted us to start off in such an anti truth and unloving, feeling denying way. And the best part is, They do show it all to you, you slowly begin to understand everything. But we have to want it, we have to ask Them for Their help, we have to want to become true and live true to our feelings. Hence the longing.

'You pay attention to what you are feeling. Then when you feel bad, you stop and fully acknowledge you are feeling bad. And you speak out that bad feeling. If you are with someone who's happy for you to share your bad feelings with, you tell them how bad you are feeling, telling with all the emotion and pain, anger, misery, despair for example, of that feeling. If you're not, then you write or speak out loud to God or the air – you do whatever you can to express your bad feelings the best you can. The bad feeling is in you, and you want to bring it out. And you long for the truth of why you're feeling bad; you can ask God to help you to see the truth through your feelings. And then you just keep going speaking about all you feel. Speaking is the key element.

‘For us to do our true Healing using our feelings, means to do all we can to circumvent the mind’s control; but our mind, being so heavily programmed to maintain that control, doesn’t give up without a fight, and sometimes it’s sheer hell having to fight for your feelings against your controlling mind beliefs. As you express all your pain and bad feelings out of you, then you are effectively clearing them away, but all so long as it doesn’t involve any mind control, and using the mind can be subtle.

‘We’ve all grown up in what amounts to feeling-denying systems, and so to change that, to become wholly feeling-accepting, means all that you are in your wrongness will have to go as you become a new you, the right and true you. It’s a transformation, a progression; and as you grow in truth, so a spiritual experience

‘But the thing about it is, it’s not a quick fix solution for your problems, sickness or any aches and pains. We’re talking about long term, fixing all that’s wrong with you on all levels, and so for some people that might take years of steady consistent work on themselves.

‘And in fact, if you want to dedicate your life to completely healing yourself using your feelings, then it just becomes the central focus of your life. You know how many feelings come up for you each day, and so potentially, each one of them is a way into accessing and uncovering of the truth of yourself. So ideally, you can do it yourself, or with someone else to help you, like your partner or friend, however I see no reason why you can’t get help also from a trained therapist.

‘We are our feelings, we can feel that, we’re not our mind, not our thoughts and beliefs. Yet our mind’s thoughts and beliefs control which feelings we allow ourselves to have, and as we mostly don’t want our bad feelings, so we happily let it do so. If you want to connect with God through the mind, then that’s like trying to have a relationship with another person only on the mental level, which you can do to some degree, however it’s not very satisfying. You know for yourself, that any good relationship is good because of the feelings shared, it’s the feelings that really connect us, and so it’s the same if we want to have a good intimate relationship with God. We are to feel our feelings, all the good and bad ones, and long for the truth of them, just as we longed for the Divine Love last week. And as the truth comes to light through our feelings, then we understand ourselves more, our relationships with each other, and our relationship with God. So we’re looking to relate to the Heart of God, not the Mind of God, and the heart involves feelings. So no feelings, and no true connection.

‘Our feelings are the way, not our mind, and yet we’ve all been taught the mind is the leader and we should look to our mind, which is all part of why nothing works out for us.’

When we really want to know the truth of ourselves, we are to do so through all of our feelings.



For those who have commenced their Feeling Healing, they have progressively observed significant perception skill development, improved physical health, however, what has been most notable is the certainty that this is the way of living that will lead them home to our Heavenly Parents.

Overview:

Reference to ‘Pascas Care Letters – Healing Properties of Substances’ highlights the stunning capabilities of those who have progressed with their Feeling Healing in being readily able to address and resolve issues that the world’s scientists have not been able to address over the past 100 years.

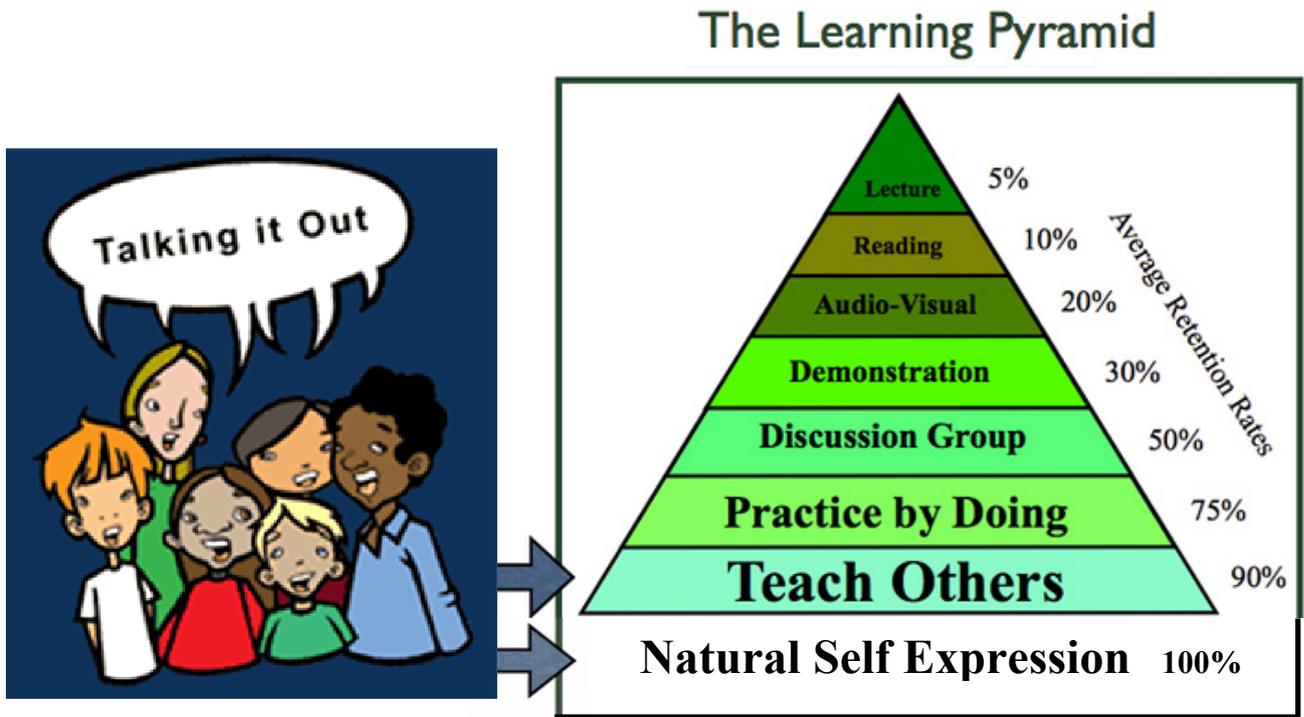
For humanity to break the shackles of the stumbling mind control systems, there is only one way, and that is to step away from going the wrong way, worshipping one's mind, and to embrace our soul-based feelings, thus engage in a way of life of living feelings first.

Somewhere within this transition from mind dominance to feelings first, humanity will step away from embracing that 'war is socially acceptable'. Yes, we as a humanity consider war as being socially acceptable. Thank God no other humanity, any where in the universes, embraces war. War is an error that our minds have brought upon us. This and many other hellish issues that humanity is confronted with will be addressed, resolved and removed as we transition into a way of living feelings first.

By becoming aware of one's feelings, and their truths that will be revealed, will lead us to embrace the gifts and passions that we are all to recognise within ourselves, and live true to ourselves, and as a consequence, true to our Heavenly Parents, Mother and Father.

Living Feelings First, *John.*

Pascas Foundation (Aust) Limited



By living true to ourselves, true to our feelings, we are living true to God. It's that simple.



EDUCATING about FEELING HEALING

Sunday, 27 October 2019

James: When considering schools and other people that are being talked to and presented them with the Truth, here are some of the main elements that might be useful should one be exposed to or wanting to live Feelings First.

Perhaps a program could be designed to introduce children to it and take them progressively deeper into understanding themselves as they grow up, with a condensed version for adults who want to do workshops, or a Feeling Healing study course for Chaldi College.

Feeling Awareness.

There are two extremes which Marion and I are coming from; and everywhere else in between.

Feeling Aware

People who are feeling aware, in that they have always been aware of their feelings, it being part of how they grew up, or they've come to be more aware of them through self-help, therapy or just life.

Marion was completely aware of her feelings since the earliest she can remember. Mostly they were bad ones, like wanting to kill herself because she felt so bad and that no one cared about her, no one loved her, no one positively related to her, from as early back as she can remember. She was aware of feelings, feeling them intensely, and looking at other people feeling and expressing their feelings. Her problem was she wasn't allowed to express them, with her Healing being one long acceptance and understanding that she can express them now, breaking through all the barriers put in place through your childhood that stopped her showing them.

There are lots of people aware of their feelings, with varying levels of being able to express them.

Feeling Unaware

I came from the opposite side, being completely feeling unaware. Feelings weren't part of our family discussion. Only if I felt physically sick were I to express those feelings so the doctor would come or we'd go to him. In my early thirties I was told I was depressed, and it was a major revelation: that was what was wrong with me! I knew being scared and unhappy, but that was it. So with Marion it was learning about identifying my feelings – that feeling is misery, that feeling is humiliation and so on, to being able to accept that I had them and then to express them.

So possibly adults, and children, would be taught about their feelings, what each feeling is, why they have them, mock situations that make them feel our different feelings, discussion about them: I had this feeling at home when mummy said or did...

And education about how important feelings are, and how good, necessary, and vital to our well being, it is to express them, and not suppress, reject, deny or repress them, as that makes us sick and makes our mind have to take over which can cause us problems.

And to include the ramifications of expressing feelings or words that might hurt other people, and why they will, and how to be sensitive and respectful in relating to oneself and others on the feeling level.

And then the differences between the mind approach and feeling approach to life.

Information about our Feeling Denial.

To introduce why humanity moved to become more feeling denying – bringing in the control from the Higher Spirits, information about the Rebellion and Default.

Information about the bigger picture and how we are all living the Rebellion by Default. How that applies in our daily dysfunctional and disconnected lives, all because we're not living true to our feelings.

More about how we get sick because our feeling denial.

How we can end our Rebellion by Default is doing our Feeling Healing.

Feeling Healing, and living Feelings First.

Introducing how we're to live truly: living true to our feelings; and if we can, we'll naturally live life as God wants us to.

The importance of living with our feelings to uncover the truth of ourselves.

The importance of longing for the truth, how it happens, what it's like when it comes, how to use our feelings to do it.

How the truth comes and we live it, rather than living a set of imposed beliefs with our mind.

What Feeling Healing involves, how it will affect you, other people, your family relationships – what to expect. How difficult it will be to do it, how much help you might need, or that you can do it by yourself.

More about the benefits of doing it, such as not passing your yuk onto your children.

yuk

Becoming Celestial on Earth. Or starting it and finishing in spirit.

The Actual doing of it.

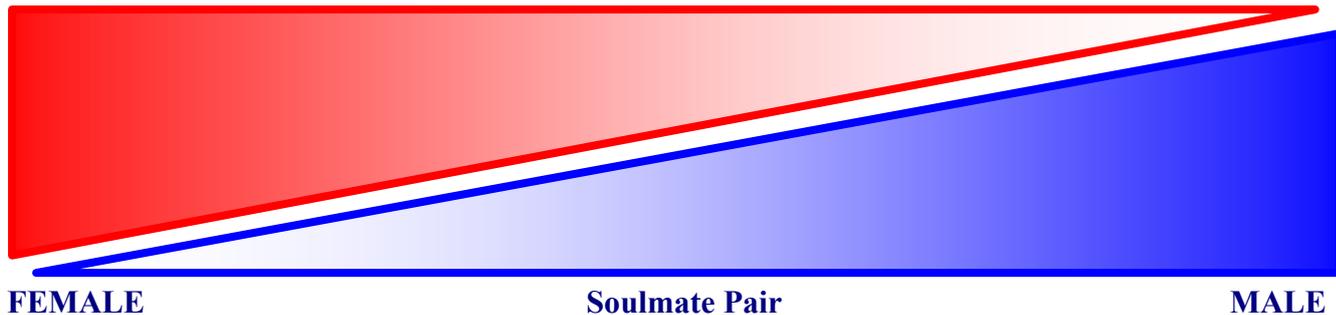
Personal Healing experience.

Feelings first

LIVE FEELINGS FIRST

FEELINGS FIRST For Kids

The EXTREMES of EMOTIONAL INJURY and SOUL SUPPRESSION:



At the extreme ends of Childhood Repression, a soulmate pair will be the first to heal themselves, having experienced their parents and close family members impose upon them forms of childhood suppression that collectively represent all possible extremes of experiences that we can have. Thus, when their Spirits of Truth are released, then all of humanity will be able to draw upon these for assistance and guidance as to how to liberate one's own soul from their own personal repression. This is the gift that this soulmate pair is to provide humanity with.

As the female is closer to her feelings, it is the female that may lead and assist the male in their Feeling Healing process, while progressing with her own. The male typically cannot do this on his own, the female being more capable due to her closeness to her feelings. However, to complete her own progression, the female requires the support and participation of the male. It is now time that we recognise that it is the woman that is our spiritual leader.

Our truth loving soul based feelings are to be brought into dominance with our minds only to support our soul based feelings. It is how we are brought up by our parents that we erroneously accept that our minds are all powerful; however they are greatly flawed and self-centred. Embracing one's own feelings is embracing the way of living that our Mother and Father desire for us to express and engage in. We are to fully express our God given personality through our feelings, not our mind based man-made impressions.

Firstly, consider discovering the truth of your emotional pain and injuries through Feeling Healing.

Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.

Primary and most important readings are the writings of James Moncrief.

Then consider the Padgett Messages, and then The Urantia Book.

TRUTH LOVING SOUL V ERROR INFLICTED MIND



NATURAL LOVE or HUMANITY's ERRONEOUS EMOTIONS:

Your soul, being your real you, is an emotional being. Your soul, though a thought of God, does not possess anything of the divine within it. It existed in a state of bliss, in a natural love state, pending individualisation which is achieved at conception which is the time of incarnation. Your soul is endowed with natural love emotions noted within the top section of the Map of Consciousness scale, being those emotions calibrating above 200.

MAP OF CONSCIOUSNESS					
God-view	Life-view	Level	Log	Emotion	Process
Self	Is	Enlightenment	700 1000	Ineffable	Pure Consciousness
All-Being	Perfect	Peace	↑ 600	Bliss	Illumination
One	Complete	Joy	↑ 540	Serenity	Transfiguration
Loving	Benign	Love	↑ 500	Reverence	Revelation
Wise	Meaningful	Reason	↑ 400	Understanding	Abstraction
Merciful	Harmonious	Acceptance	↑ 350	Forgiveness	Transcendence
Inspiring	Hopeful	Willingness	↑ 310	Optimism	Intention
Enabling	Satisfactory	Neutrality	↑ 250	Trust	Release
Permitting	Feasible	Courage	↑ 200	Affirmation	Empowerment

Humanity's erroneous emotions are those calibrating below 200 on the Map of Consciousness. The environment around a newly conceived child progressively degrades the condition of that child's soul. When the child reaches about the age of 7, the child's soul condition will reflect the parent's condition. These negative emotions are like a crust around the pure soul it has within.

MAP OF CONSCIOUSNESS					
God-view	Life-view	Level	Log	Emotion	Process
Man made dis-empowering emotions:			↓ 200	All the negative emotions	
Indifferent	Demanding	Pride	↓ 175	Scorn	Inflation
Vengeful	Antagonistic	Anger	↓ 150	Hate	Aggression
Denying	Disappointing	Desire	↓ 125	Craving	Enslavement
Punitive	Frightening	Fear	↓ 100	Anxiety	Withdrawal
Disdainful	Tragic	Grief	↓ 75	Regret	Despondency
Condemning	Hopeless	Apathy	↓ 50	Despair	Abdication
Vindictive	Evil	Guilt	↓ 30	Blame	Destruction
Despising	Miserable	Shame	20	Humiliation	Elimination

WE have SUCCUMBED to our MINDS and IMPRISONED OURSELVES:

Yes, we have been seduced into believing and, consequently, living through our minds. This error has permeated into all aspects of our life. As parents, we have focused upon our children's mind development and this has continued through all levels of education that we have imposed upon them.

**A LIFE
BEHIND BARS**



No level of education has progressed beyond the level of 500, as per Dr David R Hawkins' Map of Consciousness (MoC). 'The transformative energy fields from 500 up are calibratable, nonlinear, self-effulgent, radiant, and beyond verifiable scientific definition.' This is further confirmed in that only a few scientists have calibrated marginally above 500 due to them embracing their feelings. The greatest scientists have typically calibrated only at the level of 499. The mind development hits an iron braced ceiling at 500.

Note:

The Map of Consciousness (MoC) table is based on the common log of 10. It is not a numeric table.
 A calibration increase of 1 point is in fact a 10 fold increase in energy.
 A calibration increase of 10 points is in fact a 10,000,000,000 fold increase in energy.
 Thus the energy differentials are in fact enormous!

Opening ourselves up to living Feelings First further requires us to long for the truth of our feelings.

Without looking to our feelings and wanting to uncover the WHOLE truth of them, we can't heal our errors of belief and injuries. It's as simple as that despite what anyone does with their emotions and feelings. And many people in their endeavours to heal themselves have done some real Healing, if they at any time looked to their feelings for their truth, and this truth would have been forthcoming. So humanity has gained a little truth over the years. However because of the feeling-denying forces of the Rebellion and Default, that have been in play for some 200,000 years, the level of truth has remained very low.

The New Way, living Feelings First, which is now being revealed, will have many people wanting to follow it, looking to their own feelings for their own true power and freedom. As a consequence, they will no longer want to be dictated to by bogus religions or politician's corrupt social and educational systems or deep state hidden controllers or mind spirits or anyone else.

Once humanity collectively understands what has happened to them on the higher spiritual level, how the people have been controlled, and that it's over, that control is no longer controlling, it's just legacies of it, all of which the average person can deal with by destroying it in themselves, things will change markedly for the better. And as the people change, so too will how they want to live, it will be a great time of revolution, nothing will be the same. So what you are currently living through is the end of the Rebellion and Default, it literally is, and so once the end is fulfilled and the New starts, then all how it currently is and has been will cease to be.



Truth versus Falsehood:

‘It is an observed fact that even in the ordinary world of human life, the human mind cannot tell truth from falsehood, even about simple matters. The world holds an endless array of positions that are arbitrary presumptions and totally fallacious. One can observe them and respect how they are seen and valued by others without personally subscribing to them.

‘The mind is dualistic and thus sets up separatist mentations based on arbitrary, hypothetical positionalities that have no intrinsic reality. The mind thus confuses its own projections and mistakenly assumes that they have an external, independent existence, whereas, in reality, no such condition exists.

‘Science itself (calibration level in the 400s) has survived relatively intact and unscathed by the assault on truth. However this has led to the awareness that no major advance in science can occur without a further understanding of the nature of consciousness itself.

‘Not only is the majority of the content of the average mind fallacious, but it is also programmed to attack itself with self-hatred, depression, guilt, low self-esteem, envy, greed, conflict, and endless misery. These defects are then projected onto the world as hate, war, violence, and genocide. The ego defends its own limitations with prideful denial, thus becoming its own victim.

‘That the human mind, without help, is unable to tell truth from falsehood due to its own innate structure and design is so staggering a discovery that is roughly comparable to the discovery by Copernicus that caused a cultural shock in the sixteenth century. (Copernicus formulated a model of the universe that placed the Sun rather than the Earth at the centre of the universe.) Because this single fact alone is confrontational to the average mind, it will probably not be welcomed or warmly greeted by those who profit from sophistry and its illusions.

‘The ego sees Truth as its ultimate enemy. Thus, the ego really uses the mind as camouflage and becomes hidden in its clever constructions.

‘One’s inner spiritual evolution is of greater value to society than any form of doingness. The level of compassion radiates out and contributes silently to mankind’s wisdom.

‘A characteristic of the energy field of consciousness is its innate propensity to evolve to higher and higher levels in order to give expression to the highest potentialities. (This is only possible through the embracement and living true to one’s feelings, soul-based feelings.) By the time consciousness levels reach the 500s, and especially in the high 500s, one’s spiritual energy tends to flow in a generalised way and influences not only subjectivity but perceived experience as well. What is held in mind tends to present itself almost effortlessly as though by the miraculous.’

Notes from Dr David R Hawkins publications

The main obstacle to man’s development is his lack of knowledge about the nature of his feelings, his soul-based always in truth feelings.

The brain is not the origin of the mind, as science and medicine had believed, but the other way around. The mind controls the brain. The brain is activated by the mind’s intention and not vice versa. However, it is our mind that is to be subordinate to our feelings, not the other way around as we have embraced for the last 200,000 years. Our mind is to follow the guidance and promptings of our feelings and support and implement such feelings as they occur.

HUMANITY is within a kind of dormancy, or even more like a stupor!

We, all of humanity, have been reduced to the barest of self-expression, having been reduced to the least creative life we can all live, that which the Earth is currently reflecting with everything and everyone trying to be the same. The pressure to keep going this way is to end. Steadily the pressure to go the opposite way, to increase creative expression, and this is not meant through the creative arts, but in every aspect of life, socially, collectively and individually, is going to open things out enormously. It's going to be an explosion of light, that which is to end the darkness, something that's never been seen before.



It's the light in our souls, it's the light that comes from the truth we are to be living that will change us – that changes us all, light from our soul. **If one applies themselves to their Healing, thereby ending their unconscious self-denial, they will as they Heal, change and start expressing all the buried attributes, characteristics and talents, any natural part of themselves that's been denied because of their unloving parenting.** We are nothing like how we should be due to our self denial. So many people are living completely false lives, so when they become true, they will almost be the complete opposite to how they have been,

We are to be alive and vital, real expressions of our soul, to be living fully Healed lives as Celestials while living on Earth. We will still continue coming to terms with all we have been through, we all take a long time to integrate and understand it all, but we will be virtually New People.

We on Earth are used to our anti-self conditions. For the people who knew them before Healing, they will seem like completely different people, although with the same basic personality traits and characteristics. However all the self-hating, denying patterns and consequential behaviour will be gone, with all their loving self being expressed. **We are all but the living dead, whereas the Healed are the living living. And there's a huge difference.**



We and those who are Healed are like chalk and cheese, we can't relate to them anymore, and they certainly can't relate to us. **Healing is taking someone who was all but crippled right the way through their childhood and undoing all that retardation within them.** Doing one's Healing is changing the whole programming of every structure within you, all in keeping with getting older and naturally ageing with your mind and feeling systems ageing as well, working right down on the deepest will levels, it all changing, all to rid you of your wrongness and make you become right. It's a huge undertaking.

Yet it all follows on, it's not like you'll be so different from the old you that may as well not have existed, it's all there, all the new you to become, with only snippets currently being exercised and expressed, with **the rest of you in a kind of dormancy, or even more like a stupor.**



Once you have finished your own Healing, you'll be like a new person.

Notes derived from Nanna Beth 20 – 23 April 2018

MAP of CONSCIOUSNESS (MoC):

	Log		Number
19 Avatar	1000	↑	10^{1000}
18 Truth / Enlight	700		10^{700}
17 Peace	600		10^{600}
16 Joy	540		10^{540}
15 Love	500		10^{500}
14 Reason	400		10^{400}
13 Acceptance	350		10^{350}
12 Willingness	310		10^{310}
11 Neutrality	250		10^{250}
10 Courage	200		10^{200}
9 Pride	175	↓	10^{175}
8 Anger	150		10^{150}
7 Desire	125		10^{125}
6 Fear	100		10^{100}
5 Grief	75		10^{75}
4 Apathy	50		10^{50}
3 Guilt	30		10^{30}
2 Shame	20		10^{20}
1 Alive only	1		10^1

Positive zones

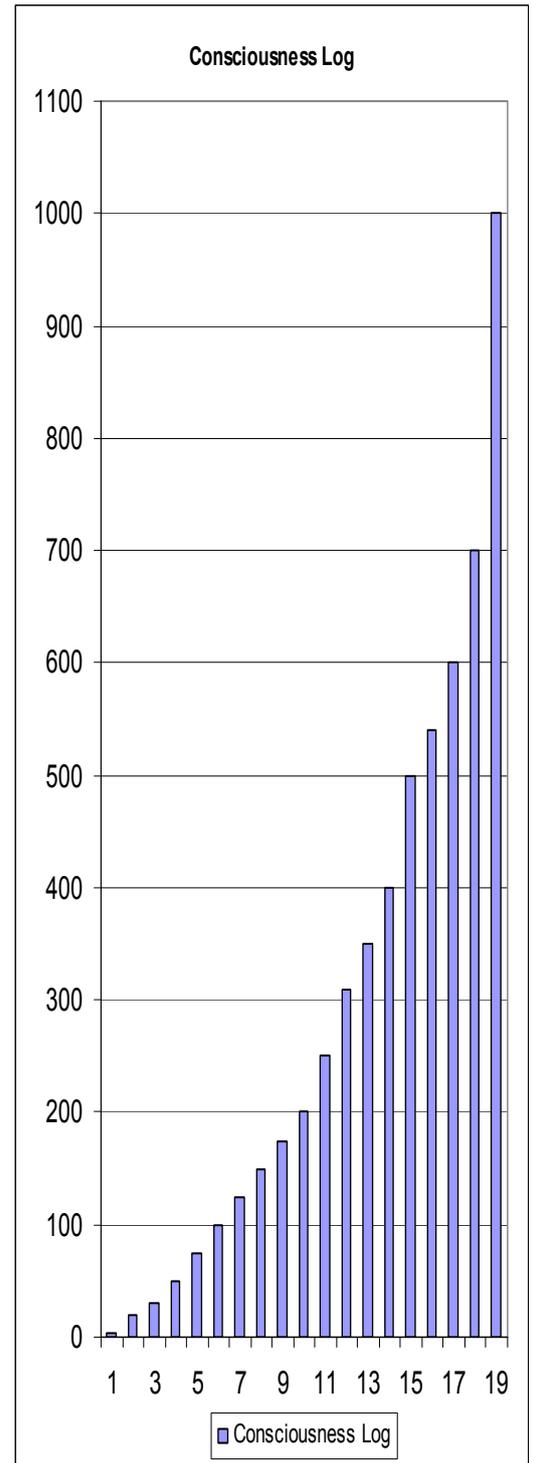
Negative zones

- 1 Avatar counter balances the negativity of all mankind (being those below 200 on the MoC)
- 12 individuals at level 700 equal 1 Avatar
- 1 individual at level 700 counter balances 70 million below 200
- 1 individual at level 600 counter balances 10 million below 200
- 1 individual at level 500 counter balances 750,000 below 200
- 1 individual at level 400 counter balances 400,000 below 200
- 1 individual at level 300 counter balances 90,000 below 200

Humanity calibrated for centuries at 190 until 1986 when it jumped to 207. Currently the calibration is around 212 MoC. 78% of humanity calibrates below 200 – before 1986 it was 85%.

Currently 22 people on the planet calibrate at 700+. Scale is based on energy calibration of an individual.

based on the common log of 10



WHICH WAY? MIND SELF RELIANT or FEELING AND GOD RELIANT:

To PARADISE, the HOME of OUR HEAVENLY PARENTS

The Way Home



Council of Elders
now around 13
Soulgroups

Maybe something like 30 billion people have recognised that our Mother and Father's Divine Love, together with embracing one's Feeling Healing, that with these two aspects, have progressed through the Mansion Worlds to the Celestial Heavens and onwards.

Mansion World 7: is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving, understanding how your relationships are unloving, how you don't connect properly, how unloving you really are and why and fully accepting the truth of it, coming completely to grips with your parents not loving you as you needed to be loved – sorting it all out, including your self and feeling expression difficulties.

Mansion World 5: is then about going right into the depths of them, feeling how unloved you feel and seeing how unloving you are and how that makes you feel, bringing out the majority of your pain, your misery, fear, anger, guilt, hatred, boredom, terror, rejection, nothingness, feeling powerless, alone and abandoned, and so on.

Mansion World 3: is for waking up to the truth that you're not loving and starting to get in touch with your pain, starting to accept your bad feelings, starting to work with them instead of rejecting them.



More than 200 billion personalities have embraced their mind and self reliance through the misguidance of 'New Age' styled ideologies and the many thousands of different religious platforms, all of which take the person further and further away from our Heavenly Parents.

For a million years, humanity has gone in the wrong direction with its self-denial of self and feeling!

Friday, 20 April 2018: **Bradley Cooper has arrived into the 1st Celestial Heaven**

Now for something very personal to me. I feel Bradley has something to convey to us. I do hope he has an auspicious date to announce. Is this so? On Tuesday afternoon, I felt his presence and vibrancy, a kind of excitement – he is now Celestial?

Bradley Cooper, son of Kevin, suicided on 21 September 1999 and early April 2018, became Celestial.

Nanna Beth: Yes, it's what you suspect, he's over here with us now (1st Celestial Sphere), that which he was trying to convey to you. He is settling in with his soulmate and coming to terms with the role he'll be playing. He'll be with you however not so much directly, but involved with an aspect of it that they'll develop and evolve as you progress.

You see John, there are lots – masses – of aspects that will unfold for us Celestials when everything starts in earnest. New avenues for us to express ourselves through. And so Brad and his partner will be involved with one of these new ways.

It's an important point which I'll try to explain further, to try and give you something of a picture; as you understand the Rebellion and Default has been going one way for a very long time, so everything is well entrenched in that way, even over here, so the Mansion Worlds how they work, including the Healing worlds, and even the first three Celestial spheres. So to have EVERYTHING turned on its head and go the other way, well that's a massive event, and something that's going to affect us all. And so having been reduced to the barest of self-expression of us all, including you on Earth, having been reduced to the least creative life you can all live, that which the Earth is currently reflecting with everything trying to be the same, the pressure to keep going this way is to end, and steadily the pressure to go the opposite way, to increase creative expression, and I don't just mean through the creative arts, but in every aspect of life, socially, collectively and individually, is going to open things out enormously. So masses of new opportunities are going to unfold, so for you on Earth, the spirits in the Mansion Worlds (1 to 7) and for us Celestials (3 worlds). It's going to be an explosion of light, that which is to end the darkness, something that's never been seen before. So there are masses of new opportunities that Celestials will be involved in, all of which will work through to you on Earth, and Bradley and his lovely (soulmate) partner will be part creators in one of these fields. He might be able to explain it to you in times to come, however as it doesn't even exist now other than in the ether and Melchizedek schools, so that might take a bit of time. However it will all be tied in with all that you'll be doing John. I know it might be hard for you to understand, but that doesn't matter. When the dynamo starts to crank up, so the light is going to start to shine brighter and brighter.

[Note from John: This is a clear introduction of just how suppressed we have all been in expressing ourselves as a consequence of the Rebellion and Default. Through engaging with our Healing, we are stepping away from our mind's suppressive wayward control to the freedom and liberation of our feelings. Living through one's mind is going the wrong way, embracing and following one's feelings is engaging in truth and going the right way – towards Paradise and our Heavenly Parents. Our truth all comes from within one's own soul being expressed through one's feelings. Further, as we ask for and receive our Heavenly Parents' Love, the Divine Love, our natural intelligence grows, particularly as we engage with our feelings. The peak of this potential development, while living in the physical, is when having progressed through one's healing along with embracing our Parents' Divine Love, one's soul becomes fused permanently with their Indwelling Spirit – that is the moment of at-onement, from then on one is living continually through their feelings in communion with our Healing Parents, this is living as a Celestial while in the physical on Earth.

Apologies here Brad, objective is to present the vast void that you have climbed through, that being entombed in the greatest of feeling suppression to now being a Celestial spirit. Bradley Cooper is my nephew, he is the son of my brother-in-law Kevin Cooper. Kevin, now also Celestial, was a carpenter with little interest in anything other than the sporting channels on his television set (just setting a scene Kev). Bradley was best described as a labourer. For example, Brad worked on the construction of gas pipelines. For a period, Brad worked with my brother, Lloyd, as a groundsman at the local country club – lawn bowls and golf course. When Brad showed up for work on Mondays, he best measured his weekend as the quantum of shakes he had, and that his pocket full of money had gone, as he generally could not remember what he did over the weekend. By Friday he was set to have yet another such weekend. One can now recognise this pattern as being an expression of feeling unloved during one's forming years – the addiction being a direct consequence. Bradley suicided on 21 September 1999 and in the early part of April 2018 he is now a Celestial spirit, now within the 1st Celestial Heaven.

From the above description by Nanna Beth (my grandmother resident in the 3rd Celestial Heaven) of what Bradley is becoming engaged in doing is an introduction to the enormous suppression of our true selves that all humanity is living with. As we free ourselves from the Rebellion and Default (living through our minds) and embrace our soul based feelings with the truth therein while receiving our Heavenly Parents' Divine Love, we will all discover the unquestionable, incomprehensible capabilities that we are endowed with. The potential for all of Humanity is being able to live Heaven here on Earth while in the physical.]

Monday, 23 April 2018:

Nanna Beth and Bradley – his speed of 'recovery'. John was wondering, Nanna Beth, if you could please say more about how he's (and Kevin) changed so much.

Nanna Beth: It's the light in their soul James, it's the light that comes from the truth they are living that's changed them – that changes us all, light from our soul. It's the same for you on Earth as it for us over here, **if one applies themselves to their Healing, thereby ending their unconscious self-denial, they will as they Heal, change and start expressing all the buried attributes, characteristics and talents, any natural part of themselves that's been denied because of their unloving parenting.** Seeing such spirits changing so much, seeing it in myself – feeling it, feeling myself as I grew and changed in the truth, shows us all just how severely denied we are. We're nothing like how we should be in our self denial. So many people are living completely false lives, so when they become true, they'll almost be the complete opposite to how they've been, which is what John, you are finding so amazing with Brad and Kevin.

And it's true, as you'd see for yourself, they are nothing like they were on Earth. They are alive and vital, real expressions of their soul, and now living fully Healed lives as Celestials and still coming to terms with all they've been through, we all take a long time to integrate and understand it all, but they are virtually – New People, albeit spirits.

You on Earth are used to your anti-self conditions, you've not got a group of Celestials, people who've fully Healed themselves, to show you how much they are changed. But in time you will. And those people, for the people who knew them before, will seem like completely different people, although with the same basic personality traits and characteristics. However all the self-hating, denying patterns and consequential behaviour is gone, with all their loving self being expressed. **You are all but the living dead, we are the living living. And there's a huge difference.**

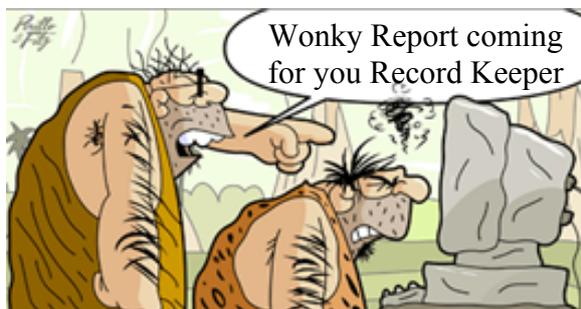
And you John, are forgetting, because you're getting more used to it, used to it through myself and the others in our family who are impressing themselves on you, that we Celestials are vastly different to spirits in the Mansion Worlds. We are like chalk and cheese, we can't relate to them anymore, and they certainly can't relate to us. You speaking with me through James is very artificial because ordinarily you'd not have access to me or any Celestial, so you'd not know of the changes to us spirits. It's all very easy for James to 'speak us through to you' however it's a very rare occurrence, something that is only able to be done because of the Healing he has done. It's all part of the specialness of what's happening, and really it's for you on Earth to discover how you will change yourselves when you do your Healing. It's not for us to say.

But as I said, the changes are vast, you have no idea how substantial they are, **you are taking someone who was all but crippled right the way through their childhood and undoing all that retardation within them.** And it's not a matter of the angels just waving their magic wand like with Sage and the crippled person is healed, that is all only on the physical with a few other auric adjustments to the mind; but doing your Healing, changing the whole programming of every structure within you, all in keeping with getting older and naturally ageing with your mind and feeling systems ageing as well, working right down on the deepest will levels, it all changing, all to rid you of your wrongness and make you become right. It's a huge undertaking.

So you're right to be amazed because it is amazing all that happens. As you will see for yourself, once you've finished your own Healing John, you'll be like a new person. And yet it all follows on, it's not like you'll be so different from the old you that may as well not have existed, it's all there, all the new you to become, with only snippets currently being exercised and expressed, with **the rest of you in a kind of dormancy, or even more like a stupor.**

And by the way, things are stepping ahead quickly now, things are starting to speed up, that being on the world and SI front. Everyone down there is having to change quickly in the behind the scenes, areas of the world and government. And some people are easily able to go with it, others are falling by the wayside. Pressure is being increased and exerted on all sides, so you'll start to feel the solid investments are not so solid as they have been, that being, those controlling them and keeping solid the blocks you've been facing, having to relax as they become more fluid.

I'll speak to you soon, love Nanna Beth.

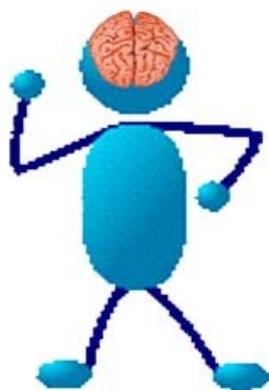


27 April 2018: Nanna Beth says it's all for us to work out, as we know, so there's nothing else she wants to add. Other than give you her blessing and big hug and kiss. I think you get a Big Gold Star John, and you'd better not think about burning down the new college you're building – hey, it's probably karma that you have to pay back, rebuilding the shitty old school with a brand spanking new one, yet one with a new 'religion' (way of living – Feelings First) contained within it.

SCIENCE is to EMBRACE THEIR SOUL BASED FEELINGS or FLOUNDER!

We have imprisoned our potential within the depths of the largest steel wrecking ball ever imagined whilst believing our wayward chaotic mind is all superior and a wonderful genius. Well, our brain / mind is a pathetically clumsy retard compared to the wisdom and truths that are freely accessible through our soul based feelings, only should we embrace our feelings and then have our mind implement what our feelings convey. Those of the near future will demonstrate the potential of our soul's wisdom and capabilities through embracing their Feeling Healing with Divine Love. The greatest of the world's academics will be humbled as they observe their ineptitude being that of being akin to being a young infant now being guided by a pre-eminent scholar of each and every scientific path presently acknowledged, by those embracing their soul-based feelings.

MIND WORSHIP Stagnation, pathway to nowhere



'We are truth-creations, so our feelings **MUST** come first and then all the mind stuff can follow. And if our feelings **DON'T** Feelings First, then we will limit our mind's understanding.

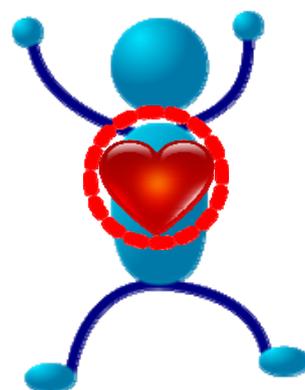
'We think our world is 'advanced', ha, what a joke that is, advanced in what? What **ARE** we advanced in, is denying our mind its rightful advancement through our feelings and soul perceptions, so yes, we're rocking along very well in this self-denial.

'Look at how hard our **top scientists have to work at trying to push the limits of their mind, lucky if they have one significant breakthrough in their career.** All because we are pushing up against the absolute boundaries of our mind-denial, that being represented by the End Times of this age which the End of that denial being the end of the Rebellion and Default against our True Way.

'Imagine being one of these scientists who are living true to their feelings having done their Healing. And **EVERYDAY** we are having more astounding breakthroughs because of advancing or growing in Truth, with our mind reeling in trying to keep up with it all. That is living life on the edge – the cutting edge of Truth. The Truth leads through our feelings and the mind will slot right into place supporting it.'

Verna

FEELINGS FIRST Freedom, liberation and discovery



SCIENCE and FEELINGS:

Friday, 30 March 2018: Graeme Bates: [If we fully understood mathematics and vibrational frequencies we would better understand how the universe works...or is that too simplistic?](#)

Verna: Not too simplistic, it's correct, however there's more to it than that and it all has to be done with TRUTH first. You are truth-creations, so your feelings MUST come first and then all the mind stuff can follow. And if your feelings DON'T Feelings First, then you'll limit your mind understanding. You think your world is 'advanced', ha, what a joke that is, advanced in what? What you ARE advanced in, is denying your mind its rightful advancement through your feelings and soul perceptions, so yes, you're rocking along very well in this self-denial. Look at how hard your **top scientists have to work at trying to push the limits of their mind, lucky if they have one significant breakthrough in their career**. All because you are pushing up against the absolute boundaries of your mind-denial, that being represented by the End Times of this age which the End of that denial being the end of the Rebellion and Default against your True Way. **Imagine being one of these scientists who are living true to their feelings having done their Healing. And EVERYDAY you are having more astounding breakthroughs because of advancing or growing in Truth, with your mind reeling in trying to keep up with it all. That is living life on the edge – the cutting edge of Truth. The Truth leads through your feelings and the mind will slot right into place supporting it.**

The above has been reiterated at this point to emphasise that humanity's minds are not what will get us out of the dung – it is to be our soul based feelings.

Saturday, 31 March 2018: Nanna Beth: Look at it this way John, humanity is in the shit, and has been for a very long time. And so has had a long time to study the shit. And it can work out that it's in the shit and what the shit is all about, but that's all it can do. It can pretend that it can take itself out of the shit, but it can't. It's not allowed to.



Not until someone comes along and does really heal themselves of it, and someone who has the **spiritual authority** to allow others to do the same. So that's where we are. The authority is making the revelation to you. People can now choose to study how to Heal themselves, this being the next phase and 'science' people will apply their attention to. The great writers of humanity have well and truly documented the wrongness, you can see it all, and you know it comes from your early life. And many have tried to work out ways to heal themselves.

But **without looking to your feelings and wanting to uncover the WHOLE truth of them, you can't heal it**. It's as simple as that despite what anyone does with their emotions and feelings. And many people in their endeavours to heal themselves have done some real Healing, if they at any time looked to their feelings for their truth, truth would have been forthcoming. So humanity has gained a little truth over the years. However because of the feeling-denying forces of the Rebellion and Default, the level of truth has remained very low.

Now however **with the keys being given to you as to how far you have to go and what is really involved in doing your whole Healing, so that is the New Frontier awaiting mankind.**

EMBRACE YOUR FEELINGS and have YOUR MIND to FOLLOW!

The capabilities of one's soul based feelings to reveal profound and never before understood truths is beyond question and comprehension. While humanity remains entombed within the mind, humanity is frozen on a course of misery, deprivation and stagnation.

Humanity's education systems have freed us to some extent, however they are extolling the mind as the way to evolve. All our guidance and education platforms are taking us deeper into our wayward minds and further away from our truths to be embraced through our soul based feelings. Our early childhood carers and then all the way through to the highest levels of training and education take us deeper into our minds, suppressing our personalities, and that is further away from our Heavenly Parents.



Only through embracing our soul based feeling truths do we begin to open up to our true selves, our true personalities. While we are mind engaged we have only the potential of a pile of dung! And some of us strive to be king of the dung heap! When we are soul based feeling engaged do we blossom beyond that which is most beautiful of all of nature. Only through our feelings do we begin to discover the potential that is within us all. It is our feeling based personality that we are to release and nurture, and to nurture it we need only ask for and receive our heavenly parents Divine Love whilst engaging in our Feeling Healing. We do not need to strive for academic excellence, that is only worshipping the mind!



John F Kennedy on Saturday, 28 October 2017, wrote: 'In my (JFK) soulgroup (12 soulmate pairs), for example, we have a soulpair who were ignorant natives from the Amazon, who knew nothing about the greater world, having no conception of America, let alone her President. They knew their chief, he was their president, and that was enough for them. And yet these uneducated and uncultured (compared to my revolting standards that I grew up in) people, took to their Healing like so many spirits, and are now every bit my equal, as I am every bit their equal, for we are in the same soulgroup in the third Celestial sphere.'



When a small group here on Earth complete their Feeling Healing while embracing our Heavenly Parents Divine Love, they will demonstrate their inherent truth based wisdom and capabilities. This group may number only around a dozen or so, however, their healed souls will shine so brilliantly in their actions and guidance that the whole of humanity will be able to come to realise that they have been taken in the wrong direction for thousands of years and that the Great U-Turn is absolutely the only way to freedom, our Heavenly Parents, and life on Earth as though it is in Heaven.

Feelings first

LIVE FEELINGS FIRST

FEELINGS FIRST For Kids

Correlation of Levels of Consciousness – Soul Condition – and Society Problems				
Level of Consciousness	Rate of Unemployment	Rate of Poverty	Happiness Rate “Life is OK”	Rate of Criminality
600 +	0%	0.0%	100%	0.0%
500 - 600	0%	0.0%	98%	0.5%
400 - 500	2%	0.5%	79%	2.0%
300 - 400	7%	1.0%	70%	5.0%
200 - 300	8%	1.5%	60%	9.0%
100 - 200	50%	22.0%	15%	50.0%
50 - 100	75%	40.0%	2%	91.0%
< 50	95%	65.0%	0%	98.0%

MoC	No. of Countries	Average MoC	Average Life Expectancy	Per Capita Income 2013
400s	10	406	78.50	US\$46,690
300s	13	331	71.77	US\$20,508
200s	10	232	69.45	US\$14,927
High 100s	18	176	69.00	US\$12,283
Low 100s	7	129	61.88	US\$6,560
Below 100	11	66	52.73	US\$5,500
WORLD		212	70	US\$13,100

Consciousness Calibrations Worldwide	
Level of Consciousness	Percentage of population
600 +	1 in millions
540 +	0.4%
500 +	4%
400 +	8%
200 +	22%
200 -	78%
World wide average	212

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Note:

The Map of Consciousness (MoC) table is based on the common log of 10. It is not a numeric table.
 A calibration increase of 1 point is in fact a 10 fold increase in energy.
 A calibration increase of 10 points is in fact a 10,000,000,000 fold increase in energy.
 Thus the energy differentials are in fact enormous!

MAP OF CONSCIOUSNESS

Level	Log
ENLIGHTENMENT	700-1000
PEACE	600
JOY	540
LOVE	500
REASON	400
ACCEPTANCE	350
WILLINGNESS	310
NEUTRALITY	250
COURAGE	200
PRIDE	175
ANGER	150
DESIRE	125
FEAR	100
GRIEF	75
APATHY	50
GUILT	30
SHAME	20

PERSONALITY TRAITS:

Less than two dozen people on planet Earth.

Would not pick up a weapon let alone use it. These people gravitate to the health industry and humanitarian programs.

Debate and implement resolutions without argument and delay.

Debate and implement resolutions in due course.

Debate and implement resolutions with some degree of follow up generally needed.

Management supervision is generally necessary.

Politics become the hope for man's salvation.

Cause no harm to others starts to emerge. Power overrides force.

Illness is developed by those man erroneous emotions that calibrate 200 and lower.

Armies around the world function on pride. Force is now dominant, not power.

Harm of others prevails, self interest prevails.

Totally self reliant, not God reliant.

Fear dominates all motivation.

Suicide is possible and probable.

At these levels, seriously harming others for even trivial events appears to be justifiable.

Poverty, unemployment, illness, etc., this is living hell on Earth.

CHALDI COLLEGE – EDUCATION:

Nanna Beth and James 28 July 2017

James: John has been wondering about how to set up schools and schooling under a tree, in keeping with it all being opposite to what we're all used to, can you give him any suggestions or point him in the direction he should look?

CHALDI COLLEGE

Nanna Beth: These are some ideas he can consider – just suggestions John, we won't say it has to be this or that way, as you know, it's for you to work things out. So basically, what would you like John – how would you have liked school to be?



Schooling is voluntary. It should be made to be something children want to do, not something that's forced on them.

It should be fun, as in keeping the whole focus on making them feel good about all they are doing. Not artificially praising them or praising them over their peers, but just supporting and being personal with them, allowing them to respond and find their own way.

It should not be separated into classes based on age. Classes should involve all ages, for example, the younger ones can learn and watch and be helped by the older ones, but not forcing the older ones to help the younger, all voluntary and what would naturally happen, more like in a big loving family rather than segregated because of age or whatever. Perhaps the 5 (or less) to 10 in one group, 11 to 16 in another.

Teachers are to be able to deal with children of all ages, and work to allow the student to progress at the student's own pace. Special or extra schooling can be provided when necessary to students that want more.

The subjects should all be practically oriented. Everything offered and so accepted voluntarily. Reading, writing and basic arithmetic, all so as to help the child deal with the real world. Other subjects like psychology – morals and ethics, love and friendship, acceptance and tolerance of ALL feelings, particularly bad ones, resolving disagreements, expressing feelings and yet not necessarily acting on them – particularly the bad ones, all based around how to respect and treat other people how you'd like to be treated. And how if you hurt by infringing upon another's will, then you will have to suffer that same amount of hurt, either now or in spirit. And about the Feeling Healing, what happens when you feel bad feelings, how to look to your feelings for their truth, so as to grow in understanding of yourself, nature, life, other people, and God – the whole spiritual aspect, including the Divine Love and Mother and Father, yet no religious indoctrination. The history, culture, place in the world. How to integrate with the modern world, computers, phones, internet, etc. Sport, play, arts, creative lessons and involvement. How to live and respect nature, the natural world, the environment, hygiene, natural health, sex, contraception, abortion and so on – about the person, the body, things to dispel myth and falseness, general science. Trades, technical work, hands on experience – building stuff, ways to use one's mind to do what one wants to do.

Duration of classes, half a day, longer when older for those wanting to learn more, homework voluntary and at the child's initiative – wanting to do it.

School is just part of life, not separate to life. Part of the family, tribe, society, not separate from it. Inclusion of other adults, parents, family members, as aides, helpers, teachers, together with professional teachers. Lots of people, and in particular older people (who also have the time), are natural teachers and should be encouraged even though they've not been specifically trained. One can only learn a certain amount being taught to be a teacher, yet in reality, very few trained teachers have any real natural

feeling for it. The more the 'teacher' makes their pupil feel they are the important one, and the teacher is only there to help them if they need their help, and not to stuff it down their throats whether they like it or not, is where to begin. And how a child of differing ages learns, is as varied as the children themselves. So the more 'teachers' the better, and that means the child can gravitate to the 'teacher' that best suits them, rather than having to spend a whole year with someone you hate and you feel hates you.

University for higher learning, full on, voluntary, free, all information on any subject available with competent teachers. So the student can excel should they want to.

All with the focus on the person – the individual – offering them things which they can try and see if they like. Things that will help them in the world; how to be a person living true to themselves – true to their own feelings – and how to respect each other as one respects oneself.

James: Nanna Beth, John would like any comments on the Council of Elders continuing to contact people on Earth after he's croaked it.

Nanna Beth: It's as James said, there will be an increasing number of people opening up to us Celestials for all sorts of help, once they understand who we are and how we can help. So yes John, there will always be key people on Earth we'll work with. And should it all keep needing to move along with one entity in control, such as what you're starting out with, then yes, that is how we'll engineer it. Should it break up or be broken up into many entities, then we'll be ready for and going with that. As much as we say we are in control, we mean that we (Celestials) are in control instead of the mind spirits. But still we are to work with humanity, in as much as humanity leads and we augment.

James: And Nanna Beth, I thought I'd ask you about the Religion of Feelings, as John is against a religion of any sort because of what all religions have done to us all, do you have any thoughts on it?

Nanna Beth: It's all up to you James, what you want. Of course you're not wanting to go and instigate yet another religion in which people have to adhere to a set of rules because you know what will happen to that, **any rules allowing people and their controlling agendas to take control over others, is something to be avoided at all times.** However the notion of a 'religion', and one based on feelings, with no fixed agenda, no rules, just founded on truths, will allow people to have some sort of structure to relate to should they need that, but one in which they are entirely free to do whatever they feel based on their feelings. And with the Feeling Healing and Soul Healing being at its core, then those people intent on that will be able to work on themselves and it won't matter to them whether they are part of something or not.

As you understand, some people will like the idea, others won't like the word religion and will want to do it alone, so do whatever you feel you want to do. We don't call it anything over here other than Our Healing, yet we all had embraced the Divine Love before we began our Healing, however potentially that won't be so for a lot of people on Earth, and to say that people have to embrace the Divine Love to do their Healing would cancel out a large amount of people and is putting a rule in place, which doesn't need to be there and would only get in the way.

So to call it a Religion and yet to make it as free as you are intending James, is something for you to decide for yourself, which really just gets down to using the word religion. And I know it appeals to you because it is a religion that is not a religion, yet more a true religion of truth than any of the existing religions are, so you're showing up those religions for the untruth that they are.

Anyway, it's what you want to do James, it's not for us to say one way or the other. And you will do

what you want to do, you'll hear people's complaints or if they like the idea, weigh it all up, and still do what you want to do.

James: So you don't force or coerce anyone to do anything they don't want to do. Because who wants to be treated that way – no one!

Feelings First is a way of living without any dogmas, creeds, rituals, cannon laws, hierarchy or controls of any kind.

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.

Golden Rule: that one must always honour another's will as one honours one's own.

By living true to ourself, true to our feelings, we are living true to God. It's that simple.

FEELINGS FIRST For Kids

<http://www.pascashealth.com/index.php/library.html>

Library Downloads – Pascas Papers

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address. info@pascashealth.com

Tuesday, 27 March 2018:

Nanna Beth and John via James

Education systems appear to have a pyramid that can be likened to climbing to disaster. The student kowtows to the teacher, who kowtowed to his university lecturer, who kowtowed to get his masters degree, then kowtowed to a professor to get his doctorate, and then as a professor kowtowed to the chancellor of the university, all being closed down to someone else's indoctrination, all of which is in great need of re-investigation and review to remove the impositions of the mind and structures of the Rebellion and Default. It is feelings first, and it is our feelings, that are to unravel the imposts of 200,000 years of handed down error. This will take aeons to unravel, first it has to be recognised, then it is a step by step working through with no particular starting point other than what is first recognised as being in wrongness. Is this so?



Nanna Beth: Offer an educational system based around feeling expression, understanding that the child knows what it wants to do, will require guidance, yet is to be supported and allowed to find its own way by looking to its own feelings. It will all slot into place. People will want to home school where they can, and they can be supported. Pascas can help provide alternatives focused on Feelings First. Many people will come and want to be involved who'll have a lot of ideas about how to implement such things. Again it all being done 'in house' so you won't have to worry.

Tuesday, 20 March 2018: And all of this is of course running parallel to yourself, or yourself to it, with a designated crossing of paths when it won't matter anymore as to what the world thinks because the New Way will be revealed and many people will want to follow it, looking to their own feelings for their own true power and freedom no longer wanting to be dictated to by their bogus religion or politician's corrupt social and educational systems or deep state hidden controllers or mind spirits or anyone else.

Once humanity collectively understands what has happened to them on the higher spiritual level, how the people have been controlled, and that it's over, that control is no longer controlling, it's just legacies of it, all of which the average person can deal with by destroying it in themselves, things will change markedly for the better. And as the people change, so too will how they want to live, it will be a great time of revolution James, nothing will be the same. So what you are currently living through is the end of the Rebellion and Default, it literally is, and so once the end is fulfilled and the New starts, then all how it currently is and has been will cease to be.

Important recommended reading is:

by James Moncrief

The Rejected Ones – the Feminine Aspect of God

<http://divinelovespy.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at
<https://www.pascashealth.com/index.php/library.html?file=files/opensource/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>

NATURE SPIRITS will INTERACT and ASSIST US in our ENDEAVOURS:

Extracts from ‘With Verna – a Nature Spirit’ by James Moncrief
I, Verna – a nature spirit, would like to say to the people of future who will read this, that we are more than willing to make contact with you humans, however, **WE WILL ONLY DO SO WITH THOSE PEOPLE WHO ARE STRIVING TO LIVE TRUE TO THEMSELVES BY HEALING THEIR NEGATIVE STATES.** We can’t otherwise, if people are choosing to remain as they are, all bound up in their evilness, untrue and bad feeling denial, as the new age will forbid it. Once the new Spirits of Truth have been liberated, we will have to adhere to them, not that we would want to do anything else anyway. And we can’t wait to have the new Spirits of Truth to guide us as they help and guide you.



Now, why I’m telling you this is because there’s going to be an upsurge of people saying they are speaking to nature spirits, people who are not doing their healing nor seeking the truth of themselves. They will say they are, and their nature spirit communication will be part of them doing so, but it won’t be true. So beware, many people will say they are speaking to our kind when they aren’t, speaking only to mind spirits in the lower Mansion Worlds and Earth planes.

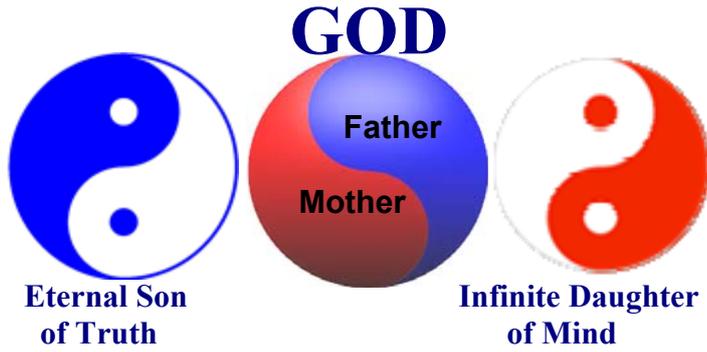
It’s far more important for you to gain a true understanding of your own personal role in nature, how you are to conduct yourself with nature, and also the same with the impersonal, the greater whole. And along the way your knowledge about how things are in nature will expand directly through your experiences and with our input. But (put this in capitals please James); **BUT OUR INPUT WILL ONLY COME TO THOSE PEOPLE WHO ARE STRIVING TO LIVE TRUE TO THEMSELVES THROUGH THEIR FEELINGS,** by doing all you have written James; essentially, all Mary has told you and all Marion has told and helped you with.

We are able to impress certain insights and understandings upon her (Marion), we do upon you both, all of which help you understand nature more; yours and the natural world, and your relationship with it. So everyone who grows in truth, as a part of that growth, comes to love nature more, relating to it very personally through their own nature, so we are able to move in and be with you.

James: So really your kind is to have a very close and complete relationship with us.

Verna: Yes, it will grow and evolve as humanity does. We are just a part of the natural realm as are plants, animals and the air you breathe. We should not be kept alienated from you. And just because you might not be able to see us, doesn’t mean we are less important or have less of an influence on you, in fact we have more of an influence than does direct experience with plants and animals. Your hands on physical experience with nature is very limited, there is only so much you can do with and in it. But your understanding of it and its relationship to yourself and yourself to it, is all but unlimited, it growing – your awareness of it all growing, as you grow in truth. And humanity is meant to grow in complete harmony with the natural world whilst it’s here with it, not separately from it as you currently are. You are going against nature, not going with it, so you are going against your own natures, not with them, which of course is why you’re going against nature. Your parents set you against yourself, your own nature, so you don’t see that nature offers you anything other than what you can get from it. But that’s all thankfully soon to change, and as there is already a slow awakening taking place in certain parts of humanity as to how special nature is, so this will continue to evolve.

CREATION of SOUL and SPIRIT:



God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one's feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.



The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves enabling the union with our soulmate, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.

Feeling Pathway

Mind Pathway



Soulmate Pair

Angel



Spirit Person

Nature Spirit



The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.

WE EACH have a Nature Spirit pair, Spirit Guide pair, and an Angelic Pair:

For those doing their Healing or are interested in doing it will from that time have their own personal angels, spirit guides and nature spirits with them, with whom they are to develop their own relationships should they want to. It is not about ‘sharing’ the same angels or guides or nature spirits, it is about you relating specifically to your ‘own’ ones because they are provided for YOU. It’s all for you, to maximise the experiences we each need.



We are all to have our own pure relationships. And it’s the same of course in life with your friends, however over there, in spirit, dealing with Nature Spirits, Spirit Guides, and Angels, it’s more personal and private and ‘JUST FOR YOU’. So we have our own separate, unique relationships.

For example, Nature Spirit Verna has been assigned to be specifically and only with James, and she ain’t going to be assigned to anyone else, so she won’t be sharing herself around.

This is SO IMPORTANT to understand so that in future there won’t be all these people claiming to be speaking with Verna or Mary Magdalene or Jesus or Nanna Beth or anyone else who is part of it all in such capacity. Mary M and Jesus have spoken with James as they have, making it quite clear he is all they are speaking with.

We each have a band of a Nature Spirit pair, Spirit Guide pair, and an Angelic pair, each pair being in their ‘soulmate’ relationship. Even though we are ascending mortals having a soulmate, even our soulmate has his or her own group of six personalities assisting him or her. *Our assigned Nature Spirits do not continue with us into spirit, our Spirit Guides may for a time assist upon entry to the spirit Mansion Worlds, however, our personal Angelic pair continues with us to Paradise, and then even possibly being with us throughout eternity.*



Feelings first

OUR GUIDANCE to PARADISE, the home of our HEAVENLY PARENTS:

There are three distinct phases of our progression to the home of our Heavenly Parents which is Paradise that is within the circle of seven Super Universes, each containing many Local Universes.

Once we progress beyond our Local Universe of Neadon, then we are assisted and guided by our Heavenly Parents, our true Mother and Father all the way home to Paradise.

Before then, once we have completed our soul healing, we are guided through the Celestial Heaven worlds which are those that interact with humanity on Earth, then further on into and then out through Neadon, our Local Universe. The regents of Neadon are Mary and Jesus.

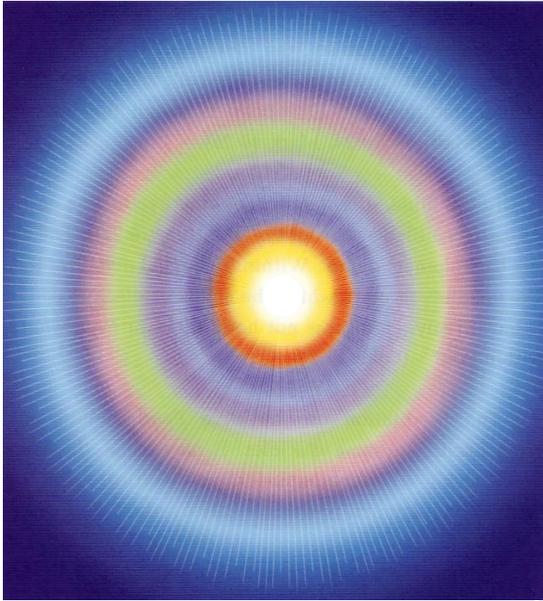
However, before then, we are to embrace our healing. That is, we are to realise who we truly are. We are not the personalities that our parents imposed upon us. We are to put aside our childhood suppression and repression and free our true personality that our Heavenly Parents gave us, and to do this we are now able to embrace the guidance of the Avonal Pair who will lead us through our healing here on Earth and through the Spirit Mansion Worlds to be able to enter the Celestial Heavens.



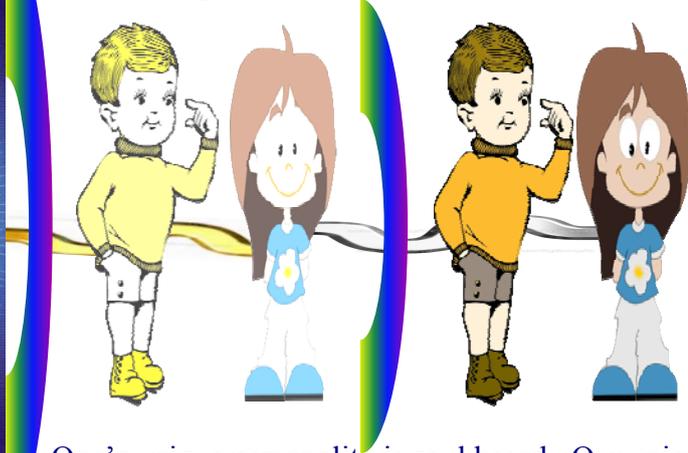
DIMENSIONS of ONE'S EXISTENCE:

Our SOUL IS NOT ENSOULLED IN OUR SPIRIT BODY. Our soul exists existentially in a whole different level or plane or place or dimension of being – 'soul land'. It doesn't exist in Creation, it's not experiential like Creation is. The soul, all souls, help create their part of Creation by expressing their personalities into Creation, and then by having their personalities do things (further create) in Creation.

SOUL exists existentially



Our Physical Body and our Spirit Body are of Creation, being linked together by cords of light as are the two spirit bodies, male and female, to the one Soul.



One's unique personality is soul based. Our unique soul expresses its unique personality through the two spirit bodies and physical bodies expressing both the male and female aspects.

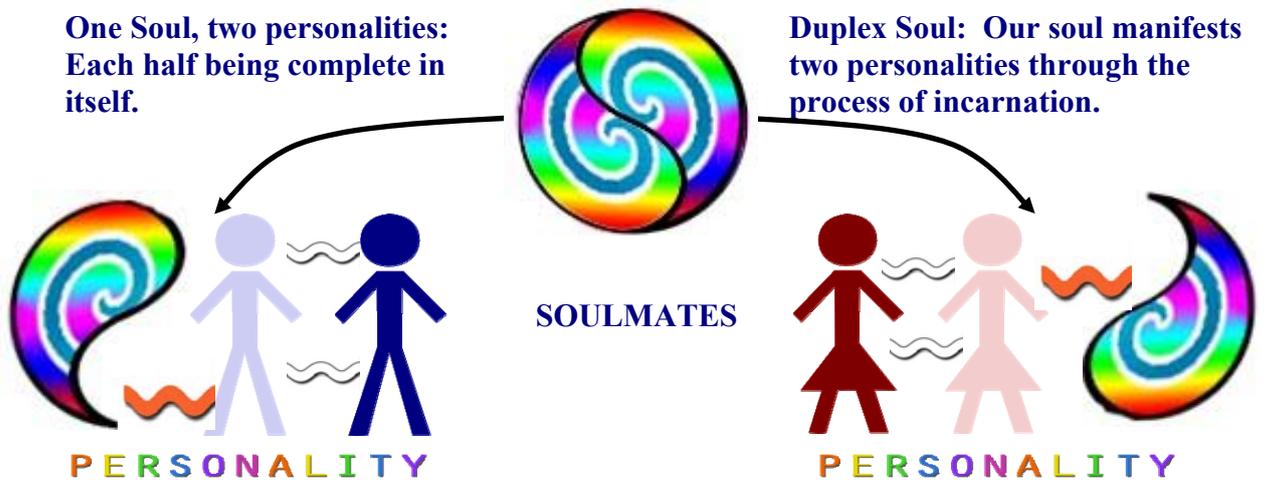
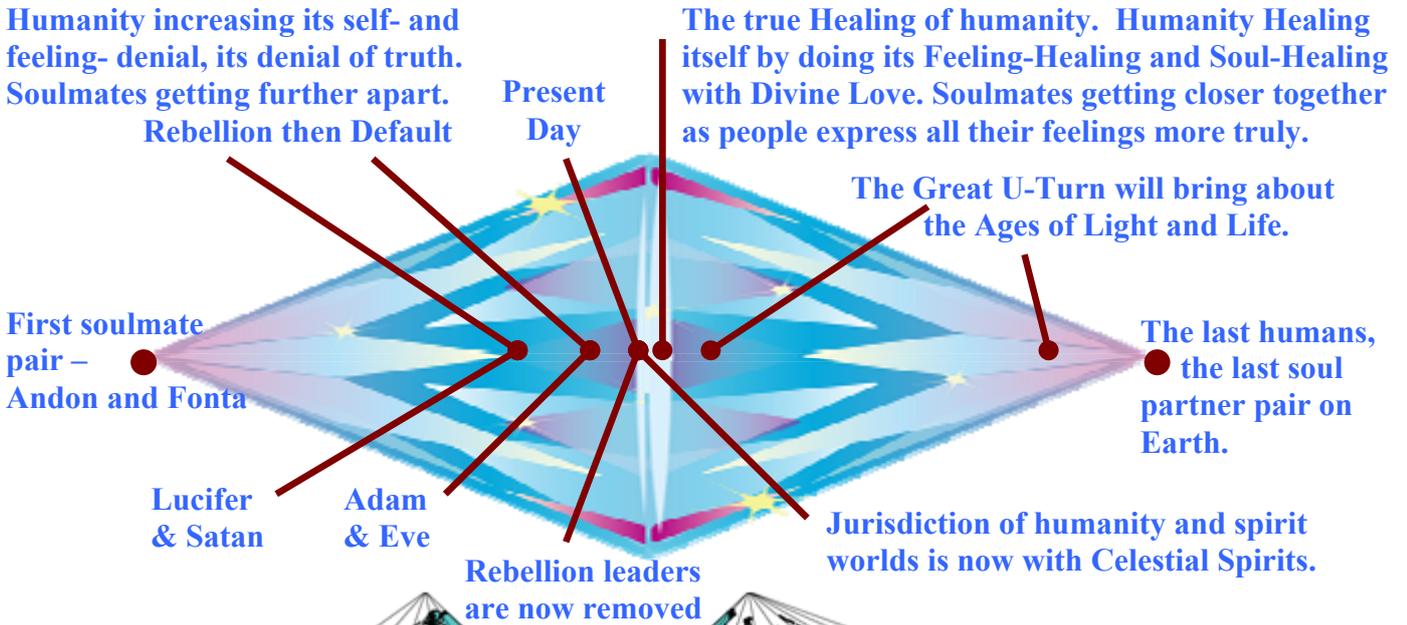
PERSONALITY



**Our soul is the centre of our personality.
We are children of our Heavenly Parents.
Our soul manifests a male and female personality - it is a duplex!**

JOURNEY of HUMANITY into and through the GREAT U-TURN:

Humanity reaching its most evilness, the most lost, the most separation of soulmates. Humanity can begin its Healing. The Great U-Turn begins, the dawning of the Spiritual Age.



FEELING HEALING and SOUL HEALING:

The soul is that indefinable part of yourself. It's that part you can sense, soul-perceive within you, but you don't actually know where. And it's not centred in nor is it part of the mind as some people think. Your soul is separate to all of yourself, that is all the parts or attributes of your personality that are being expressed continuously by it in Creation. Separate and yet inextricably linked to you by light.



Our soul contains the pattern of all we are, all we have been and all we'll ever be. Nothing enters it or leaves it save for light and the Divine Love of God, which is also a Light. Soul-light comes forth from the soul in accordance with its pattern, this light interacting with Creational light on the will level first then moving outward expressing all the aspects of yourself – your personality you need to live life with. As you express yourself, and that's every part of yourself, all physical, spiritual and all in between, so you are generating an experiential light, which then goes back into your soul via your will, which in turn then causes your soul to express the next part of its pattern, and so it goes, as you're evolved into being by your soul.



Our soul absorbs the environment around it, commencing from conception. Thus our pristine soul becomes progressively contaminated by the injuries and erroneous beliefs of its parents. The harm becomes most apparent during our later forming years, that is, during our adolescence.



Should we become aware of feeling our childhood injuries and begin healing ourselves, we can slowly remove the encrustments from our soul, such encrustments stifling our real personality. Thus we can start to revitalise our personality and allow our real self, our soul to blossom and dominate our humanness. Our parents, unknowingly, stifle and suffocate our will, our capability to express one's self.

Feeling healing is the pathway to begin to live fully expressing one's true personality. This can be a slow painful process of revisiting the truth of the unloving environment that actually prevails during our childhood years.

By fully embracing our memories of injuries we endured and also expressing these to our soul Parents whilst longing for, asking for and receiving the Divine Love, we will reinvigorate our soul's potential to truly love and experience life to its full potential, with one's soul growing in truth.





JAMES PADGETT MONCRIEF **REVELATIONS** 1 Commenced 1914
2 Completed 2014

REVELATION 1 Divine Love addresses the issues of the Rebellion.

REVELATION 2 Feeling Healing addresses the issues of the Default.

These two 'headlines' came about from Mother's comments through James. Thursday, 29 June 2017

We are to recognise the degree of the impact that the Default has had on the way humanity lives. That is, it is suggested that the way we remodel our children to become clones of ourselves, the way we suppress their true selves, and cause them to capitulate to be our 'little me's' is a result of the way life emerged directly from the Default some 38,000 years ago.

Whereas the Rebellion, of 200,000 years ago, was the rejection of the Mother and Father as well as our Spiritual parents, Mary and Jesus.

Thus two distinctly catastrophic events.

We need these two events put into perspective, if you please. We need to bring these two separate events into a clear comprehensive way of understanding so that the relevance is clearly understood.

This enables the two revelations to stand out, and as to why one had to follow the other distinctly.

Nanna Beth: The Rebellion, John, is against the Mother and Father, against Their Love, and Their Truth. It is the rejection of Them, saying: there is no God. It's denying the Personalities that God is. It's rejecting and denying personality interaction, which is all about love. So it's unloving. And to hide that, to pretend otherwise, means the mind has to be used to corrupt one's feelings. To claim: 'I am God, I am love, I am Truth', means I am the only one and all the rest should fuck off and leave me alone so I can get on with my greatness. It's being totally mind-consumed with yourself, with such arrogance, that really you only see yourself in your narcissism, and nothing else and no one else exists.

The sadness of the Lucifer's relationship (Lucifer and his soulmate) is they didn't love each other truly, only by using their minds to pretend they did. Really they hated each other, being so unloving, and had they been true to that, they would have moved to the absolute opposite ends of Creation, there to be in their own greatness telling themselves all day long how wonderful they were – being self-loving the wrong way through their minds. Which is all really: self-hating.

And so we have relationships in which we hate ourselves because we are untrue and unloving, then we come together contriving love for one another, then believe we love God as well and want to do His Will. It's all false, all wrong, all evil, all unloving. That's what we've got to see. That we are rejecting ourselves, and so each other, and God, in every part of ourselves, in every interaction. Really we should be hitting each other continuously on the head, and hitting ourselves too.

The Rebellion is the rejection of true love. Of Natural love and Divine Love.

The Default simply compounds the issue by focusing it all on the relationships. As in, how we live our rebellion is through the Default. Pre-default, humanity was openly rebellious, it was evolving yet lacked personal focus; then with the Default, humanity was able to take it into all that it's become. So we're all living out the truth of Eve and Adam's rebellion, which equals their default.

To heal the Default in us means we have to see the truth of all our unlovingness in our relationships with ourselves, each other, with nature mostly through our relationship with our pets, how we treat animals for food, and the desecration of the environment, and with our Mother and Father. There is lots to it.

And as we see this, it takes us into dealing with our rebellion. We chose to not be loving when we uncover through our feelings the truth of how unloving we are. We chose to live true to our Natural love and the Divine Love, so true to ourselves and our Mother and Father. And these are not mental decisions, they are feeling ones, you want to go that way because you feel it's right and good for you, which it is. You feel you don't want to be unloving because it's not right and bad for you, it feels bad.

So in the expression and depths of our feelings, and particularly our bad ones, we can feel how being unloving makes us feel, and we slowly want to be the other way. Which can be difficult because we don't know how that other way is, never having been wholly or truly loving; but you long for it, you want it, knowing it's a possibility and reality that can somehow be achieved. So this is really 'willing' it, willing ourselves to be loving, and ending our willing ourselves to be unloving; and our soul and God complies with our will and so gradually changes us from being unloving into being loving.

I think to help you summarise it, you could simply say: **The Rebellion is against love, the Default is all the difficulties we have in our relationships because of our rebellion. Healing the Default is becoming true, to ourselves and in our relationships, and ending our unlovingness – our rejection of love, so ending the Rebellion.**

I hope this helps John, it might be a bit much, however I put myself back in it as I was, so James could relate more to it as it was important for him to make the will-connection in it as he did.

There is a lot to be talked about and truth seen concerning both the Rebellion and Default, with every person and spirit making their contribution to it as they uncover such truth within themselves. So it's for you to take what you will putting it in your own words. So if you still don't understand some aspect, please ask.

James: I want to add here, something Marion was talking about last night. It's true technically that we are evil and bad and hate, that all having been put on us by default – we didn't ask for it. So in that light, it's not right to keep hating and blaming ourselves for being bad when we couldn't / can't help it. All we can do is accept how we are, whilst seeing the truth of it through our feelings. If we don't like all we see, we express those feelings, even though they make us feel bad, but we don't have to endlessly punish ourselves for being as we are because of what other people did to us.

FEELINGS FIRST For Kids

LOVE
is
Feelings First Spirituality, The New Way

Feelings First Spirituality, The New Way is a contemporary ‘religion’ based on living true to yourself through your feelings. Understanding that all you need in life is contained within your soul and is shown to you through your feelings. And by loving your feelings, by attending to them properly (talking or writing them out of you) and not denying them, you can use them to uncover the truth of yourself – the truth of your soul.

Feelings First Spirituality is not a formalised religion that tells you how to be, that is too controlling and is actually bad for you, limiting your spiritual growth. You can be wholly self-revealing of the truths you need to be, being the person God created you to be, all by living true to your feelings.

Feelings First Spirituality has no formal structure because we understand we don't need one, our soul contains within it all the truth of our spiritual ascent. If we look to our feelings for the truth they want us to see about ourselves, nature and God, then what more do we need! Our true spiritual path is the path our feelings will lead us down, that is, provided we allow them to. This is the most spiritual we can be.

Living the New Way of Feelings First Spirituality

You come to the understanding from your life experiences that how you are is not right, it doesn't make you feel good – that you are wrong in some way. And you want to change yourself, you want to become right, true and perfect – you want to be like God is.

And to do this you need to do your Healing

Your Feeling-Healing is looking to your feelings for the truth of yourself, the truth being hidden in many of the feelings you are not wanting to face in life. So you have to end your feeling denial, accepting all your bad feelings (and good ones), express them (yet not necessarily acting upon them), whilst longing to uncover the truth they are to show you.

Or, you can do your Soul-Healing, which is your Feeling-Healing together with including longing directly to God for God's Divine Love. When you receive the Divine Love into your soul, it will cause your soul to become divine, and it will deepen your personal relationship with God. Long with all your heart to God for God's Divine Love.

<http://religionoffeelings.weebly.com/>

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

Related Pascas Papers:

Chaldi Child Care Centres – Safe Space
Chaldi College Primary thru to High – Feelings First
Chaldi College (WW) Education through Feelings
and much more!

FEEL *for* TRUTH

The beauty of it all, is the truth comes to you through your own feelings. You don't need to be told it by anyone. You can work it all out for yourself. We are self-revealing of truth, its how God created us to be, and by being it we'll feel the happiest we can feel. Truth is our great comforter, so when you feel it come up within you, ah it feels so good and you feel just right – perfect!

We only know how to deny feelings, now we can get to know how to accept them. And always with the truth being the most important part.

FEELING TRUTH

If you don't want to uncover the truth of your feelings, then you can keep on expressing them forever but you will never fully heal yourself. Seeing the truth results in the Healing. And to see the truth you need to express all the pain out of you. The two things go hand in hand.

You can accept and express your bad feelings, letting off steam all day long, yet nothing will heal and nothing much will come of it. So this is where wanting your feelings to show you the truth of why you're feeling as you are is so important.

Don't go fishing with your mind, that will shut the truth out from rising up for you. KEEP YOUR MIND OUT OF IT. It's a feeling thing, doing your Feeling-Healing. (This is where we erred previously, and this how other modalities are in error.)



You long when you can, then stop longing and keep expressing. And at some point, and it might not even happen immediately, it might happen after days or weeks of expressing the same bad feelings, truth will come to you. And it does, it just comes up suddenly into your consciousness. You just know. You see the picture and you feel it's true. And you know it's true. And THEN your mind can come in and start sorting it out and putting it in context.

It's the Truth that we are seeking. It's the End Point. The Reason for doing your Healing. You are to see the whole Truth of yourself. And to begin with, that's the whole truth of your unloving self, of your wrongness, of your evilness, of why you are as you are in your negative unloving mind-controlling state. To be able to fully accept yourself as you are, warts and all. To not fight or resist or try and change yourself, just to accept all you feel and all the truth of all those bad feelings you feel about yourself. And when you do, so you will be healed. You CAN'T heal yourself unless you uncover the truth of your pain, suffering and so the truth of all your bad feelings.

Through our Feeling-Healing we long for the truth of what we're feeling whenever we can. So as often as you can. You want, and REALLY WANT WITH ALL YOUR BEING, ALL YOUR WILL, to know why you are feeling bad. You yearn, want, long and beg and beg and BEG God to show you the truth of yourself through your feelings. So when you are expressing your bad feelings you can stop and long for the truth to show you what's going on, why do you feel so bad, and you can do it any time you think of it or feel to do it.

Notes from 'Feeling Healing' by James Moncrief

Heartfelt TRUTH

Arvonal Revelation

- We are to live Feelings First.
- We've been made to use our mind to live against many of our feelings.
- Our mind control commences at conception and is developed through our childhood.
- All the bad feelings we didn't express as we were growing up are still repressed inside us.
- And all such hidden, buried and unwanted feelings have to come out.
- And whilst they remain repressed within us, they will continue to make us feel bad and unloved.
- We get sick, depressed, suffer, have bad things happen to us because of our repressed childhood feelings.
- Humanity was brought into this state of living against itself by higher rebellious spirits.
- These Evil Ones caused the Rebellion and Default.
- We are made to rebel by default – as we have no idea we're doing it through our parenting in wrongness.
- We are all parented unlovingly – against ourselves, against our will.
- Some parenting in the wrongness is done with more love, yet it's all still wrong.
- To heal this unloving state within ourselves we have to do our Healing.
- Our Healing is our Feeling-Healing or Soul-Healing with the Divine Love.
- We can long to God for Their Divine Love, and this will help us with our Healing.
- God is our Heavenly Mother and Father, the Feminine Aspects of God having been kept hidden from us by the Evil Spirits.
- All humanity's religions and spiritual systems are designed to keep the wrongness going, to keep us away from God.
- Only by living The New Way, Feelings First Spirituality can you become right, and truly find God.
- Long for the Divine Love.
- Long for the Truth of your Feelings.
- Accepting all you feel is accepting all of yourself, it's your greatest act of self-love.
- And wanting to know the truth of your feelings, is your next greatest act of self-love.
- Love yourself through your feeling-acceptance, and the Truth will set you Free!

31 May 1914 and ongoing

Feelings First Spirituality

The New Way

Feelings First
FF
Feeling Free

The New Way, Feelings First Spirituality
 Learn to live with God through your Feelings

Accept, express and long for the truth of your feelings

Be free in your feelings
 Free your feelings from your mind's control
 Live true to your feelings; your feelings are your true self
 Live true to yourself through your feelings



Live true to yourself by living true to your feelings.
 Long for the truth of your feelings.

Accept / Express / Bring out ALL of your good, and most importantly,
 BAD feelings.
 Want to understand why you're feeling them.
 Use your surface feelings to take you deeper into your repressed and
 hidden feelings.



The Feeling Way is the True Way.
Your feelings are your spiritual guide.
Your feelings will take you to God.



Your feelings will show you the truth of your relationships, including your relationship with God; and if anything is wrong, untrue and unloving, then why it is.

Our feelings are sacrosanct and we should respect them accordingly. And we should NEVER block them out, ignore, override, banish, deny or reject them, because if we do, we're only doing that to ourselves, as Our Feelings Are Our Self.

Our feelings are the gateway to our soul. Our feelings are the closest we can get to our soul. Knowing the truth of our feelings is knowing the truth of our soul, and knowing the truth of God.

Feelings First Spirituality is the True path for humanity.

It embraces all people.

It completely unifies the world.

Everyone can relate to everyone else through their feelings.

And we can all live the truth that comes from our feelings, all sharing the same truths as we express and have the same feelings.

No one need be left out; no one is more special than anyone else – we are all united in Truth through our feelings.

So with and through our truth we live our lives, therefore without the need of any man-made mind-laws, rules and restrictions that limit self-expression as inspired by our feelings.



The New Way, Feelings First Spirituality is what is to replace all man-made, mind-contrived religions that so many people have enslaved themselves to. The New Way, Feelings First Spirituality will set us free of all that control, ending the Rebellion and Default within ourselves as we do our Feeling-Healing, and ending such control and spiritual stagnation in the world.

Bring on the End Times – get it over and done with! Let's all see that Jesus is not going to come again, that Prophecy has failed all the mind-controlled platforms. Allow such false systems of belief to die their long-awaited natural death, they've overstayed their welcome, it's now time they fade away. So let us show such antiquated, erroneous systems of belief the exit and bring on the fresh liberation of discovering the truth of how we are to live for ourselves, each of us personally in our lives, and all by looking to our own feelings for it. Self-revelation through our feelings is the way to go.

The Way of the Mind is ending, and is really the End Times – the End of our mind control, and **it's about time!** With the Way of our Feelings replacing it.

The End Times means the end and therefore a New Beginning. And that new beginning is a whole new Spiritual Age – an age based on self-revelation of truth through one’s feelings, coupled with and supported by higher revelations from the Celestial spirits, angels and nature spirits.



The Feelings First Spirituality is the True Way to God because it helps you get to know God, helping you to reach out, connect and be personal with God, and do God’s Will, all through your feelings. It is the only true way of getting to know the God of Feelings – our beloved Heavenly Mother and Father, the Great Soul of Divine Love.

Love comes through our feelings and not our mind, as we’ve all been wrongly led to believe.

Feelings First; then comes The Truth; then comes Love.

LOVE is the Religion of Feelings, being:

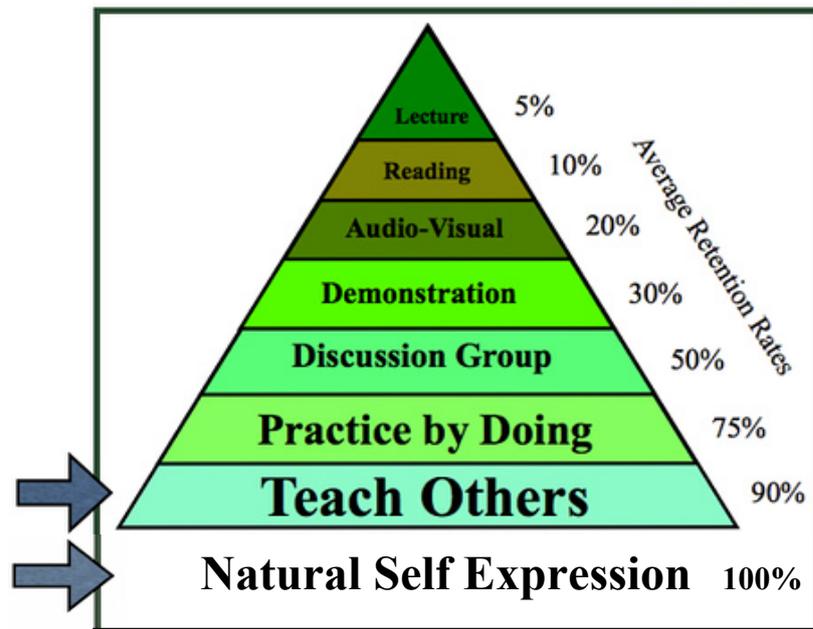
Feelings First Spirituality, The New Way



my
House is your
Paradise
 **HOME**



The Learning Pyramid



Primary recommended reading:	consider commencing with:	Paul – City of Light
The Book of Truths	1914 – 1923	xxx – Joseph Babinsky
containing the Padgett Messages or		
Little Book of Truths		– Joseph Babinsky
True Gospel Revealed anew by Jesus Vol I, II, III, IV	xxx	– Geoff Cutler
The Rejected Ones	2002 – 2003	xxx – James Moncrief
Messages from Mary & Jesus	2003	xxx – James Moncrief
Paul – City of Light	2005	xxx – James Moncrief
Mary Magdalene and Jesus'		
comments on the Padgett Messages	2007 – 2010	xxx – James Moncrief
Speaking with Mary Magdalene & Jesus	2013 – 2014	xxx – James Moncrief
Sage and the Healing Angels of Light	2017	xxx – James Moncrief
Road map of Universe and history of Universe:		
The Urantia Book	1925 – 1935	xxx as primary reading
Divine Love supporting reading:		
Revelations	1954 – 1963	– Dr Daniel Samuels
Judas of Kerioth	2001 – 2003	– Geoff Cutler
The Golden Leaf	2008	– Zara & Nicholas
The Richard Messages	2012 – 2013	– James Reid
The Divine Universe	2012 – 2013	– Zara & Nicholas
Family Reunion Afterlife Contact	2014 – 2015	– Joseph Babinsky
Traveller, An Immortal Journey	2014 – 2015	– Zara & Nicholas
Destiny, Eternal Messages of Divine Love	2015 – 2016	– Zara & Nicholas
Feeling Healing	2017	– James Moncrief
Religion of Feelings	2017	– James Moncrief
The Way of Divine Love		– Joseph Babinsky
Divine Love – The Greatest Truth in the World		– Joseph Babinsky
The Human Soul		– Joseph Babinsky
Divine Love Flowing		– Joseph Babinsky
The Truth		– Werner Voets
Through the Mists, The Life Elysian, The Gate of Heaven		– Robert James Lees
Life in the World Unseen		– Anthony Borgia
Gone West		– J M S Ward
Post Mortem Journal		– Jane Sherwood
After Death / Letters from Julia		– William T Stead
Thirty Years Among the Dead		– Carl A Wickland
A Wanderer in the Spirit Land		– Franchezzo
Life Beyond the Veil Vol I thru to V – Rev George Vale Owen		– Geoff Cutler
The Holy Bible from the Ancient Eastern Text		– Dr George M Lamsa

Available generally from:

www.lulu.com

www.amazon.com

www.bookdepository.com

For Divine Love focused websites and forums:

Pascas Health: <http://www.pascashealth.com/index.php/library.html>

Spiritual Development: <http://new-birth.net/spiritual-subjects/>

Padgett Books: <http://new-birth.net/padgetts-messages/>

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm>

James Moncrief's books, the Padgett Messages and The Urantia Book at:

DIVINE LOVE SPIRITUALITY – DLS:

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945
The Urantia Book (see suggested papers to read below)

James Moncrief Books:

	MoC		
The Rejected Ones – the Feminine Aspect of God	1,490	Nov 2002 – Jan 2003	228
Messages from Mary and Jesus book 1	1,485	Feb – Apr 2003	189
Messages from Mary and Jesus book 2	1,485	Apr – Oct 2003	170
Mary Magdalene and Jesus' comments on the Padgett Messages – book 1		Aug 2007	164
Messages from 31 May 1914 – 12 January 1915	1,495		
Mary Magdalene and Jesus' comments on the Padgett Messages – book 2		Sep 2010	177
Messages from 13 January 1915 – 29 August 1915	1,494		
Speaking with Mary Magdalene and Jesus blog – book 1	1,490	Jan – Apr 2013	206
Speaking with Mary Magdalene and Jesus blog – book 2	1,489	Apr – May 2013	229
Speaking with Mary Magdalene and Jesus blog – book 3	1,490	Oct – Jan 2014	187
Speaking with Mary Magdalene and Jesus blog – book 4	1,491	Jan – May 2014	191
Mary Magdalene comments on Revelation from the Bible KJV	1,485	Dec 2013 – Jan 2014	84
		This group being pages of	1,825

Paul – City of Light	1,488.5	2005	149
Ann and Terry		2013	235
Feeling bad? Bad Feelings are GOOD!	feeling-healing book 1	2006	179
Feeling bad will make you feel BETTER – Eventually!	feeling-healing book 2	2006	159
Breaking the Golden Rule.	feeling-healing book 3	2006	168
Feeling-Healing exercises, and other healing points to consider.		2009	175
Cathy and Mark – a novel introducing Feeling-Healing.		2010	151
Introduction course to Divine Love Spirituality		2006	139
Speaking with the Dead, Death and Dying		2009	173
Spirits and their Childhood Repression Healing		2010	179
With Verna – a nature spirit		2008	279
Communication with spirits – meet a spirit friend		2010	37
Introduction to Divine Love Spirituality website			362
Sage – and the Healing Angels of Light		2017	260
Divine Love Spirituality	1,500	2017	201
Feeling Healing – you can heal yourself through your feelings		2017	153
Religion of Feelings	1,500	2017	47
		This group being pages of	3,046

Religion of Feelings

<http://religionoffeelings.weebly.com/>

Introduction to Divine Love Spirituality

<http://dlspirituality.weebly.com/>

Main website of DLS

<http://divinelovesp.weebly.com/>

Childhood Repression website

<http://childhoodrepression.weebly.com/>

DLS and CR forum

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

FEELING HEALING and SOUL HEALING with the DIVINE LOVE:

James Moncrief Publications:

all publications are free downloads:

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

Speaking with Mary Magdalene and Jesus – books 1 – 4

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

Paul – City of Light

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

Ann and Terry

For an example of people who might want to immediately start working on themselves and doing their Healing.

Feeling Bad? Bad feelings are GOOD

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

Feeling bad will make you feel BETTER – Eventually!

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

Sage – and the Healing Angels of Light

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings
Feeling Healing**

**Welcome to LOVE – the Religion of Feelings
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

The Padgett Messages being published as:

The True Gospel Revealed Anew by Jesus volumes 1 – 4

Book of Truths by Joseph Babinsky

The Urantia Book

Release one's pain through expressing one's feelings.

in conjunction with

Longing for the Truth when also longing for Divine Love.

FEELING HEALING with DIVINE LOVE is SOUL HEALING:

A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.

Firstly, consider discovering the truth of your emotional pain through Feeling Healing. Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing. Primary and most important readings are the writings of James Moncrief. Then consider the Padgett Messages, and then The Urantia Book.

Pascas Papers, being free, are located within the Library Downloads www.pascashealth.com
<http://www.pascashealth.com/index.php/library.html>

PASCAS – document schedule.pdf downloadable index to all Pascas Papers.

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love; DL denotes Divine Love – living with the Love.

PASCAS INTRODUCTION NOTES: *All papers below can be found at Library Downloads link..*

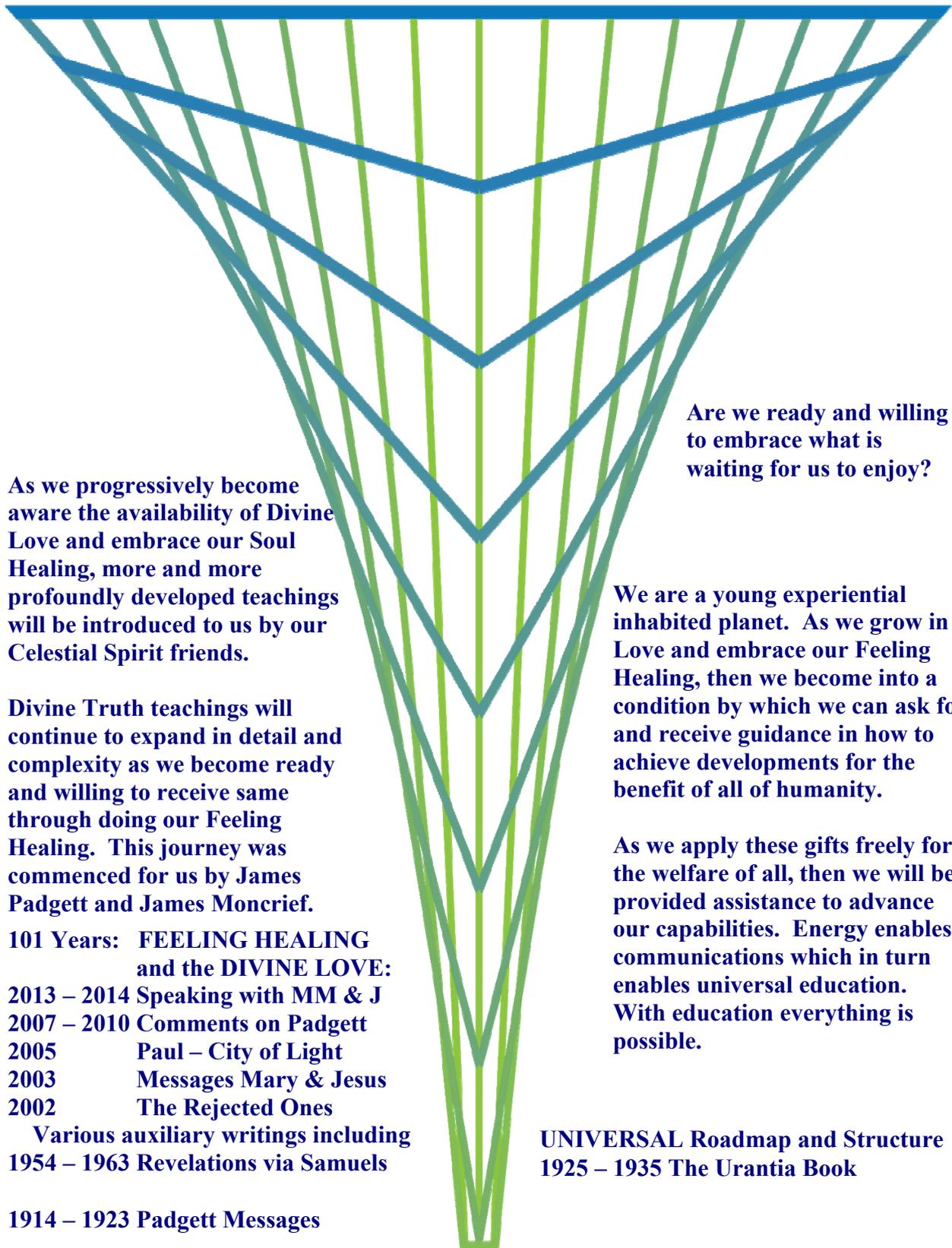
Pascas Care Letters A Huge Upturn
 Pascas Care Letters Big Revelation
 Pascas Care Letters Feeling Healing Benefits Children
 Pascas Care Letters Feeling Healing Way
 Pascas Care Letters Little Children
 Pascas Care Letters Women's Liberation and Mother

MEDICAL – EMOTIONS:

Pascas Care – Feeling Healing
 Pascas Care – Feeling Healing All is Within
 Pascas Care – Feeling Healing and Health
 Pascas Care – Feeling Healing and History
 Pascas Care – Feeling Healing and Parenting
 Pascas Care – Feeling Healing and Rebellion
 Pascas Care – Feeling Healing and Starting
 Pascas Care – Feeling Healing and Will
 Pascas Care – Feeling Healing Angel Assistance
 Pascas Care – Feeling Healing Being Unloved
 Pascas Care – Feeling Healing Child Control
 Pascas Care – Feeling Healing Childhood Repression
 Pascas Care – Feeling Healing End Times
 Pascas Care – Feeling Healing is Rebelling
 Pascas Care – Feeling Healing Live True
 Pascas Care – Feeling Healing Mary Speaks
 Pascas Care – Feeling Healing My Soul
 Pascas Care – Feeling Healing Perfect State
 Pascas Care – Feeling Healing Revelations X 2
 Pascas Care – Feeling Healing the Future
 Pascas Care – Feeling Healing Trust Yourself
 Pascas Care – Feeling Healing Versus Cult

**PASCAS
 PAPERS**

DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:



Cause No Harm < to OTHERS
to MYSELF

Strive to love others as I am to love myself

To liberate one’s real self, one’s will, driven by one’s soul, moves one to embrace Feeling Healing so to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we’re feeling them, express them fully, all whilst longing for the truth they are to show us.

Divine Love
is the key!



**God's Divine Love:
Pray for it, ask for it, and receive it.**

Feeling Healing with
Divine Love is the key



to enter the
Celestial Heavens:

