

PASCAS FOUNDATION (USA) LLC

MINNESOTA



Business Plan

&

Financial Feasibility



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## FINANCIAL FEASIBILITY – STATEMENTS & PROJECTIONS

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**UNITED STATES OF AMERICA**

COMMERCIAL IN CONFIDENCE

# PASCAS FOUNDATION (USA) LLC

## EXECUTIVE SUMMARY

### THE PRODUCT:

The extra-ordinary concentration of wealth in the hands of the few has enslaved the population of United States of America to a silent mantra of consumerism and militarisation. Debt enslavement has reached limits that appear impassable.

Back to 1815, this is the year Nathan Mayer Rothschild makes his famous statement:

"I care not what puppet is placed upon the throne of England to rule the Empire on which the sun never sets. The man who controls Britain's money supply controls the British Empire, and I control the British money supply."

The total wealth of the 1% reached a record US\$45.9 trillion at the end of the fourth quarter of 2021, said the Federal Reserve's latest report on household wealth. Their fortunes increased by more than US\$12 trillion, or more than a third, during the course of the pandemic.

However, those who hold the wealth that controls the military industrial complexes, the pharmaceutical corporations, the processed food manufacturers, and the financial system conceal their assets, wealth and control. These people do not make themselves known publicly. When new people seemingly come into view with wealth and power, they are mostly puppets who are being 'allowed' to do the begging for the hidden controllers.

Example, should you have an enormous cash pool then you can place it into a bank that has facilities enabling those funds to rotate from one location to the next so that the funds never see the sun set – they never show up on a bank's balance sheet. When they need to be used as collateral then they will 'pause' at an appropriate location at an appropriate time to be used for business transactions. There are numerous fund pools doing this as you read, amounts may be exceeding US\$100 trillion in some cases. The funds are never 'seen' nor are they subjected to 'income taxation'.

The concentration of wealth in the hands of few is a deplorable state of affairs, particularly for such an 'advance' society and people as the United States of America.

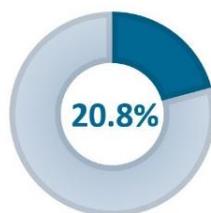
Many of the visible 'powerful people' are participants of the Bilderberg Club. They believe they are the elite, but there is a more powerful committee of a few dozen who also believe they are the elite sitting above them. But it goes further with the control being with a dozen or so families who have been in control for generations – long term controllers – then it is their chairman that carries the power.

### THE LAND of OPPORTUNITY and of the FREE:

According to 2018 US Census Data, the highest poverty rate by race is found among Native Americans (25.4%), with Blacks (20.8%) having the second highest poverty rate, and Hispanics (of any race) having the third highest poverty rate (17.6%). Whites had a poverty rate of 10.1%, while Asians had a poverty rate at 10.1%. The US official poverty rate of 11.6% was also not statistically different between 2020 and 2021.



Native American



Black



Hispanic



White



Asian

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In 2018, the poverty threshold—also known as the poverty line—for an individual was US\$12,784 (US\$245 per week). For two people, the weighted average threshold was US\$16,247 (US\$312 per week).

**5.3% of the population of the people of the United States of America — or 17.3 million people — live in deep poverty, with incomes below 50% of their poverty thresholds.**

**And 29.9% of the population of USA — or 93.6 million — live close to poverty, with incomes less than two times that of their poverty thresholds.**

From the mid-1970s, the share of income to the vast majority of US workers has been suppressed. The share of wealth has been progressively and increasingly syphoned off to the now insanely ultra-wealthy.

Further, safety nets do not exist. The healthcare system is unconscionably expensive and mostly ineffective.

## **EDUCATION**

Open and free education from primary schooling, through high schooling, technical and further education (colleges) and then university can be the only driver of any society's progress and development – particularly for United States of America (USA). Open and free to all is to be the benchmark. But what there is in USA, it is presently mind-centric whereas feeling orientation opens the potential for a far faster and greater level of development in growth and truth for all engaged.

Open implies that it is free from the restraints and dictates of government, that includes liberal and democratic governments as well as authoritarian and oppressive governments. All governments are agents of control. Open also implies free from being dominated by any specific ideology. And free implies that the education service is provided free of cost to the students at all levels. Truth is to prevail.

What has never been understood is that ALL education platforms worldwide are constricting their students' development and potential. No one had recognised that being mind-centric, the potential of every student to develop is capped at 499 on Dr David Hawkins' Map of Consciousness (MoC). High level controllers, 200,000 years ago, influenced the people of Earth to live mind centric and since then we have all suffered the consequences of that restraint. Our minds cannot discern truth from falsehood, our minds are addicted to untruth, consequently 98% of our assumptions are in error, also, our minds are addicted to control of the environment and of others. Consequently, more than 92% of the time we are at war!

## **FEELINGS are our Supreme Guide!**

**“Feelings are what guide us through our ascension of truth. So they are really our Supreme Guides. Many people look for a person, spirit, angel, even God, for supreme guidance, however it's all right there already built in – in our feelings. We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it's there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feelings is really: Longing for the truth of our self, because: we are our feelings. So life stirs up our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings.”** Kevin 26 Sep 2017

Kevin died 10 August 2012, through Feeling Healing became Celestial on 7 August 2017

We are now to bring our feelings into balance, with our minds following in how we are to live. Otherwise we will all continue living in a stupor, in a kind of zombiism that has no spontaneity and intuitiveness; this will only lead to continuing disease and illness and wars that will eventually destroy the planet and us all – however we now can consider the pathway of living through our feelings!

Our feelings are always in truth, all the truth we need and may want to know is already within us. We are to long for the truth behind what our feelings are drawing our attention to. We are then to have our mind follow in assisting us in implementing what our feelings are guiding us to consider and embrace. We are to be continually expressing what our feelings bring to our attention – both good and bad.

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This sounds easy. It is not. Others have touched upon these points but until now – 2022 – no one had gone deep enough and achieved the healing and growth that comes through living feelings first. Now it has been achieved and can be shared with all of Earth’s humanity, both in the physical as well as in spirit.

### **THE COMPANY:**

Pascas Foundation (USA) LLC is a not-for-profit, charity, to be incorporated within USA. Typically, charitable organisation, naturally, are exempt from taxation by VAT, sales tax, income and corporate tax. All funds received by a charitable organisation that is to be used for charity purposes are exempt from taxation. But the entity needs to obtain a non-for-profit status with the taxing authority. Ministry of taxation or justice are the main registration authorities for charitable organisation constitutions.

Pascas Foundation is not a religion. You cannot join it per-se, it does not have any hierarchy of control, it does not have any rituals, dogmas, creeds, cannon laws, sacraments, special clothing and hair styles, and it does not have a special book. Embracing and living through our feelings can be considered and done within the confines of anyone’s religious or spiritual practices. It is a way of living.

Pascas Foundation (USA) LLC is being established as a humanitarian entity for all of the people of the United States America and it will be managed by the people of United States America.

### **MARKETS & COMPETITION:**

#### **UNITED STATES AMERICA Doctors Nurses Teachers Ratios**

	<b>DOCTORS</b>		<b>NURSES &amp; MIDWIVES</b>		<b>TEACHER / STUDENT</b>	
	per 1,000 people		per 1,000 people		<b>ratio</b>	
<b>United States America</b>	2018	<b>2.6</b>	2018	<b>15.7</b>	2017	<b>14</b>
Mexico	2018	4.8	2019	2.4	2017	27
Canada	2019	2.4	2019	11.8	2000	17
Australia	2018	3.8	2019	13.2	1999	18
New Zealand	2018	3.4	2018	11.1	2017	15
		Austria		Switzerland		San Marino
Strongest Worldwide	2020	5.4	2019	18.0	2018	7
<a href="https://data.worldbank.org/">https://data.worldbank.org/</a>		Africa 27		Africa 30		Africa 21
Weakest Worldwide		nations 0.1		nations 1.0		nations 40+

United States needs to increase their number of doctors per 1,000 people to about double.

United States has an adequate number of nurses per 1,000 people but that is deteriorating.

United States has an adequate ratio of teachers per students, however also deteriorating.

This is a time of great change. The introduction to consider the option of Living Feelings First is unique throughout the world. Further, to move away from the lecture from the front of the room to students tutoring each other, both of these greatly advance learning potential.

The education facilities throughout United States have become progressively marginal, creating shortages in all critical sectors of the economy, possibly nowhere as acute as throughout their own advanced education sectors and also health services.

However, the mode of education is presently focused upon lecture and rote learning – this generates unresponsiveness, stagnation with no spontaneity and intuitiveness being demonstrated by students throughout their lives. The current format of teaching is retarding development of students.

### **MAJOR FOCUS for UNITED STATES AMERICA**

For the individual:

30% of the population live on incomes below twice the level of the poverty line. Social housing is not available for many. Food security. Free and open education for all. Medical clinics within reasonable

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access. Family planning to be a focus for the medical centres. Hospitals being equipped with diagnostic services and operating facilities comparable to institutions worldwide to be available for impoverished.

This is now required for the nation:

The errors of the past are still all firmly in place with the same management and systems of old.

This appears intractable, errors of the past are going to repeat, so a bold stance needs to be considered.

An oversight council of twelve people (if not more) is to oversee the implementation of solutions and changes required throughout the nation and society. The council will at all times consist of at least 50% women. The oversight council members will be United States American nationals and they will not have any political allegiances, nor will they demonstrate any religious alliance. Every person living in United States is to be treated equal. Yes, those in greatest need will be the first to be assisted with the objective that the overall agenda will lead to equal and fair treatment for all. Boundaries and barriers are to be torn down. The prejudices of all will be exposed for what they are – immoral and grossly unloving.

### **WHAT IS SPECIAL ABOUT THIS BUSINESS? Define Your CONSUMER MONOPOLY:**

Presently, only Pascas Foundation has acknowledged, embraced and documented the revelations that humanity has been provided with commencing on 31 May 1914 and continuing today. Pascas Foundation openly and freely is sharing 100% of the guidance and information that has been and continues to be collated. It dearly loves to see others freely plagiarise all that is readily downloadable from the Library Download page at [www.pascashealth.com](http://www.pascashealth.com)

Through the gift of kinesiology muscle testing, we each may proceed to test for the level of truth of each and every statement, paragraph, page and document within the library. Thus, we do not have to wait for our minds to confuse us. Even this business plan and its executive summaries can be separately calibrated for their levels of truth by reference to the Map of Consciousness (Moc) through kinesiology muscle testing. The most effective mode of teaching is through students tutoring each other. They enhance this further through embracing their feelings and responding intuitively in discussions. This requires ample meeting-up gathering points, typically for up to twelve students available throughout education centres. This is a facility that is presently not often provided for within the education sites. Also, to commence this mode of education, teachers commence their introductions of topics with around a dozen students, thus requiring even more teachers than may be envisaged. To bring this all about requires universities to embrace these understandings and lead the way. It is a major evolutionary jump in education and the potentials for all of the participants and families involved are great.

These revelations, all relating to The New Way of living and learning apply to all sectors of society, commerce, business and life experience. This is not just a focused endeavour on education and health, this is universal to all of humanity in its application. This is a time of an evolutionary jump in our potential.

Pascas Foundation is to build and deliver free education from pre-school to post-graduate university levels. This is part of a world-wide program embracing each and every nation in similar manner!

### **FINANCIAL REQUIREMENTS:**

Funding required in the form of grants to commence this national endeavour over five years is US\$15.642 billion. It is anticipated that these funds will be used for land and buildings (US\$11,830 million), plant and equipment (US\$117 million), scholarships granted (US\$91 million), and operating costs with working capital (US\$3,604 million).

### **PROFITABILITY:**

As this is a humanitarian exercise for the people of the United States, deficit funding may continue out to a decade before the national accounts start to reflect the economic generators from the installed infrastructure, trained personnel and those having been educated. Thus, then progressively the ongoing recurrent costs may be supplemented by the national government and eventually responsibility for recurrent costs are then to transfer to the nation of United States America.

**CONTACT INFORMATION:**

**Contact Person:**

**Bs: +**

**Em:**

**Bs: +**

**Em:**

**Company Name: Pascas Foundation (USA) LLC and  
Pascas Foundation (Aust) Limited  
Gold Coast, Queensland, Australia**



**UNITED STATES OF AMERICA**

COMMERCIAL IN CONFIDENCE

# PASCAS FOUNDATION (USA) LLC

## EXECUTIVE SUMMARY – BRIEF

Pascas Foundation (USA) LLC is to support the evolution of education and health facilities as well as humanitarian agencies throughout all 51 states of United States America, thus advancing the standard of education throughout all levels, pre-schooling, primary schooling, high schooling, technical and higher education colleges and within the university system, with some to have additional new or renewed campuses.

All of this whilst bringing about the awareness of living feelings first as against living mind centric. This option greatly expands the potentials of everyone who embraces their feelings having their mind to follow while also longing to know the truth of what our feelings are drawing our attention to.

This change in the way we may live will enable the people of United States America to greatly up step their consciousness which will progressively mitigate harmful activity against others and see an overall improvement in the general health of children and adults alike, thus alleviating pressures and demands on governmental services.

Pascas Foundation (USA) LLC is a not-for-profit, all of these developments are for all the people of United States America. Living feelings first is The New Way of life, it is not a religion nor is it intended to replace or obstruct any religious or spiritual practice. We have had our awareness of feelings suppressed by hidden controllers who have consequently suppressed our potentials. This is about to change for all of humanity.

These programs will require ongoing grants to cover recurrent costs and additional projects until the government (local / state / federal) of United States America benefits sufficiently to take over responsibility.

Conservative grant requirement projections are:

Year 2023	Year 2024	Year 2025	Year 2026	Year 2027
US\$1,105 million	US\$1,725 million	US\$3,040 million	US\$4,220 million	US\$5,600 million

### CONTACT INFORMATION:

Contact Person:

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Gold Coast, Queensland, Australia

# **PASCAS FOUNDATION (USA) LLC**

## **PERSONAL BENEFITS for all Children, Women and Men from REVELATIONS**

### **Application: “LIVING FEELINGS FIRST – FEELING HEALING” for Children:**

- Parents who engage in their personal Feeling Healing pass benefits to their children.
- Children by becoming aware of their Feelings enables them to bring their mind and feelings into balance in how they may live – this has been hidden from humanity until now, 2022.
- Children through their feelings awareness can readily bridge the mind ceiling of 499 on the Map of Consciousness thus opening their potential to infinity – this is just incredible.
- Children, through kinesiology muscle testing can confirm what is in truth and what is not.
- Children are not to engage in their personal Feeling Healing until they are adults – maturity is to be reached first.

### **Application: “LIVING FEELINGS FIRST – FEELING HEALING” for Women:**

- It is through women engaging in Feeling Healing that true women’s liberation will unfold.
- Women are closer to their feelings than men generally – women will lead the way.
- Feeling Healing is a long difficult process for everyone. There is no rush – we are to take our time.
- Our childhood suppression comes clearly into sight – thus family relationships may disrupt until the process of healing our suppression and ongoing repression is completed.
- Feeling Healing is a process we will all undergo – be it in the physical or in spirit, or partly in the physical completing when we are in spirit. We can stop and restart later.

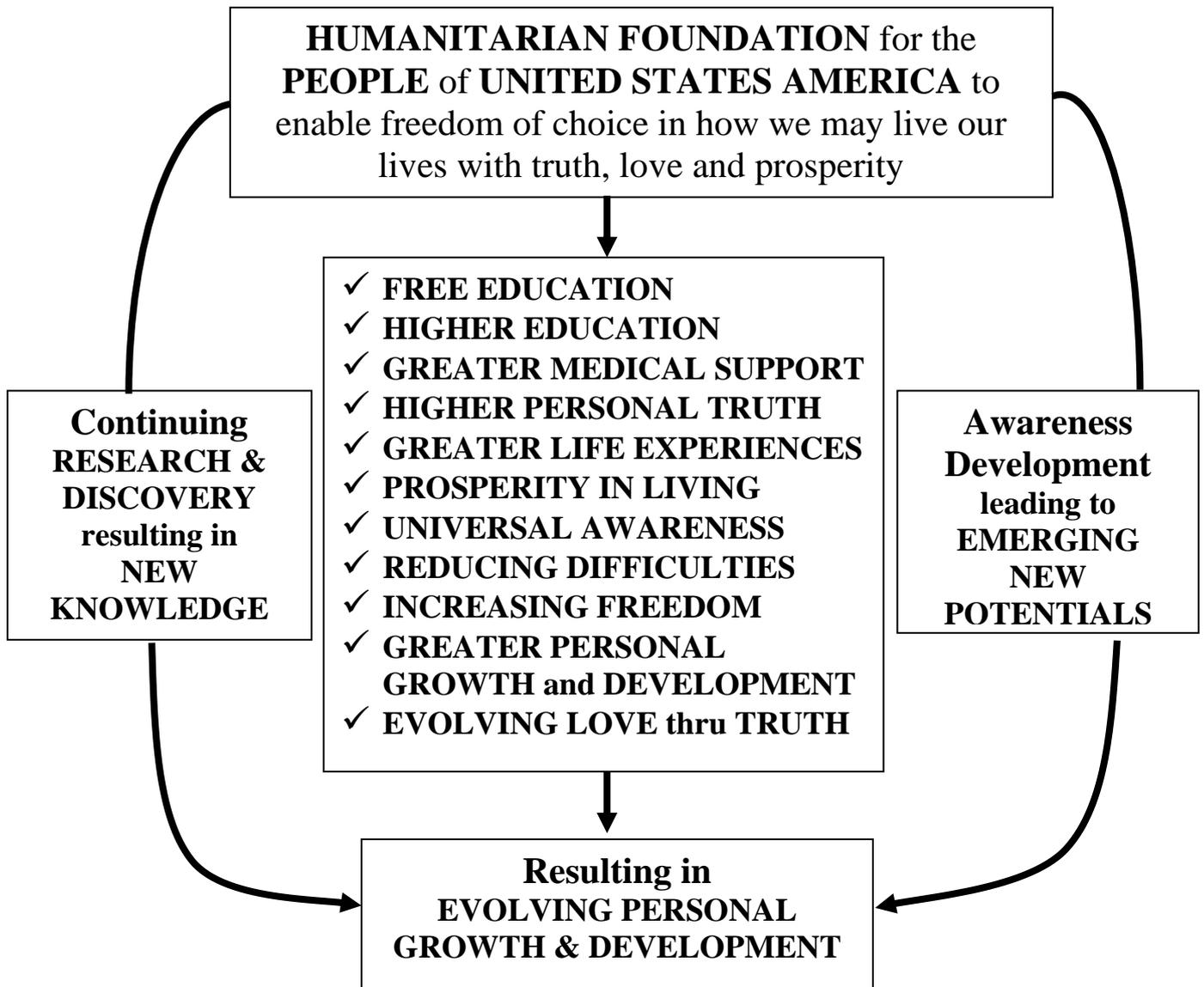
### **Application: “LIVING FEELINGS FIRST – FEELING HEALING” for Men:**

- Men may find Feeling Healing more difficult and different to how women engage with it.
- Childhood suppression is compounded by our ongoing repression of our feelings thus creating many layers to find the truth of. We need to always long to understand the truth behind our feelings, both good and bad.
- We are to express our feelings to a companion – women are generally more open to assisting than are men as well as more sensitive and supportive. Our Heavenly Parents will always assist.
- Men being more mind-centric naturally than women may find the Feeling Healing process more difficult.

### **Application: “LIVING FEELINGS FIRST – FEELING HEALING” throughout society:**

- As people grow in numbers progressing through their personal Feeling Healing, the demands on the policing forces, the legal system, courts, prisons and social security systems will abate.
- All our discomforts, illness and diseases are of the consequence of emotional injuries and errors of belief that we each absorb commencing from the moment of conception. Once we complete our Feeling Healing we are free of such discomforts, illnesses and diseases – we no longer need to experience them!

# PASCAS FOUNDATION (USA) LLC



- ⇒ **This awareness is where others are not.**
- ⇒ **These are new revelations of truth.**
- ⇒ **Bringing huge advances to everyone.**
- ⇒ **This heralds a new age of peace.**



**KEY PERSONNEL:**

Board of Directors:	<b>Rudy De Bruyn</b>	DOB
Position:	Director Co-Chairperson	
Duties:	Financial administration and executive oversight Basically, draw the people, skills and resources to resolve specific humanitarian projects throughout United States America and elsewhere.	
	<b>Jeffrey Heisey</b>	DOB
Position:	Director Co-Chairperson	
Duties:	Administration and executive oversight Humanitarian initiatives identified and resolved through networking both on the technical as well as delivery. Team constructor and leader.	
	<b>USA national</b>	DOB
Position:	Director	
Duties:	Wide ranging administration and communications throughout the undertakings of the Foundation's endeavours.	
	<b>USA national</b>	DOB
Position:	Director	
Duties:	Wide ranging administration and communications throughout the undertakings of the Foundation's endeavours.	
	<b>Helen ADAM</b>	DOB 14 September 1970
Position:	Director	
Duties:	Human relations and general oversight.	
	<b>Ian Thomas DOWLING</b>	DOB 23 July 1986
Position:	Director	
Duties:	Project development and finalisation. General administration and oversight. Oversight of projects.	
Non-executive Position:	<b>John Edward DOEL</b>	DOB 16 January 1947
	Representing Pascas Foundation (Aust) Limited Conducted substantial public accounting practice, developed and operated two private hospitals in New South Wales. Undertaken extensive industry research and business practice developments. Financial controller and project analysis.	

Technical staff are sourced from universities, however, mostly from personal association.

**A  
MESSED UP  
CHILDHOOD  
AFFECTS YOU  
IN ADULTHOOD**



**Lack of Love from Parents!**

**Parents abandon their Children emotionally!**

**Our Parenting of our Children is oh so unloving!**

**The vilest thing we do is to have Children!**

*Children only need their parents' love!*

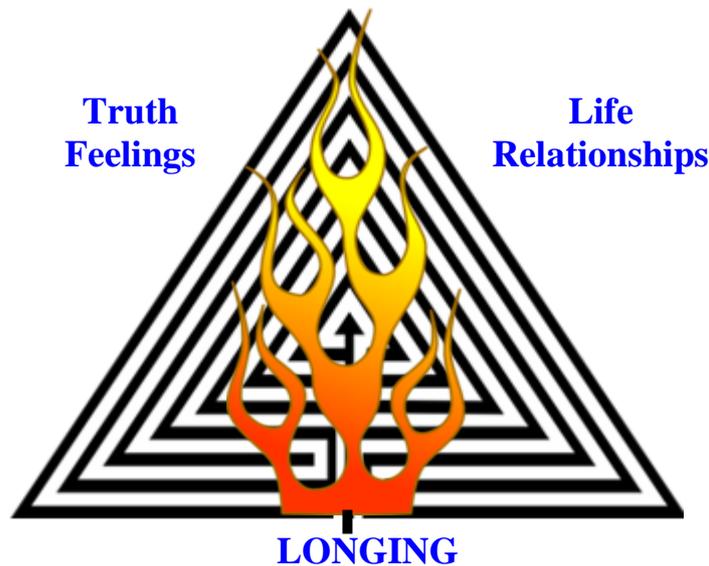


**KEY FINANCIAL DATA:**

The table sets out the Foundation's projections for the first five years of operations:

<b>FINANCIALS AUD \$,000</b>	<b>Year 1</b>	<b>Year 2</b>	<b>Year 3</b>	<b>Year 4</b>	<b>Year 5</b>
<b>GRANT FUNDS</b>	<b>1,105,000,000</b>	<b>1,725,000,000</b>	<b>3,040,000,000</b>	<b>4,220,000,000</b>	<b>5,600,000,000</b>
<b>LAND &amp; BUILDINGS</b>	<b>877,000,000</b>	<b>1,400,000,000</b>	<b>2,440,000,000</b>	<b>3,145,000,000</b>	<b>4,100,000,000</b>
<b>SCHOLARSHIPS granted abroad</b>	<b>6,700</b>	<b>13,400</b>	<b>20,100</b>	<b>24,400</b>	<b>26,300</b>
<b>DEPRECIATION</b>	<b>35,200,000</b>	<b>92,000,000</b>	<b>198,000,000</b>	<b>324,000,000</b>	<b>488,000,000</b>
<b>OPERATING Deficit</b>	<b>-186,000,000</b>	<b>-429,000,000</b>	<b>-796,000,000</b>	<b>-1,256,000,000</b>	<b>-1,830,000,000</b>
<b>NET CASH GENERATED</b>	<b>-151,000,000</b>	<b>-338,000,000</b>	<b>-601,000,000</b>	<b>-948,000,000</b>	<b>-1,343,000,000</b>

To liberate one’s real self, one’s will, being one’s soul, is begun by embracing Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we’re feeling them, express them fully, all whilst longing for the truth they are to show us.



Our longing drives our life. We long with feelings. We can wish for things using our mind, yet long for things with our heart. These things in the pyramid are what to long for. Longing for them, when the longing comes naturally. Longing because you feel you really want them. Long to be true with all your heart. Long to live true to your feelings. Long to understand the whole truth of yourself.

# Our Solution and Pathway Home

We are to bring our feelings back into balance with our mind.

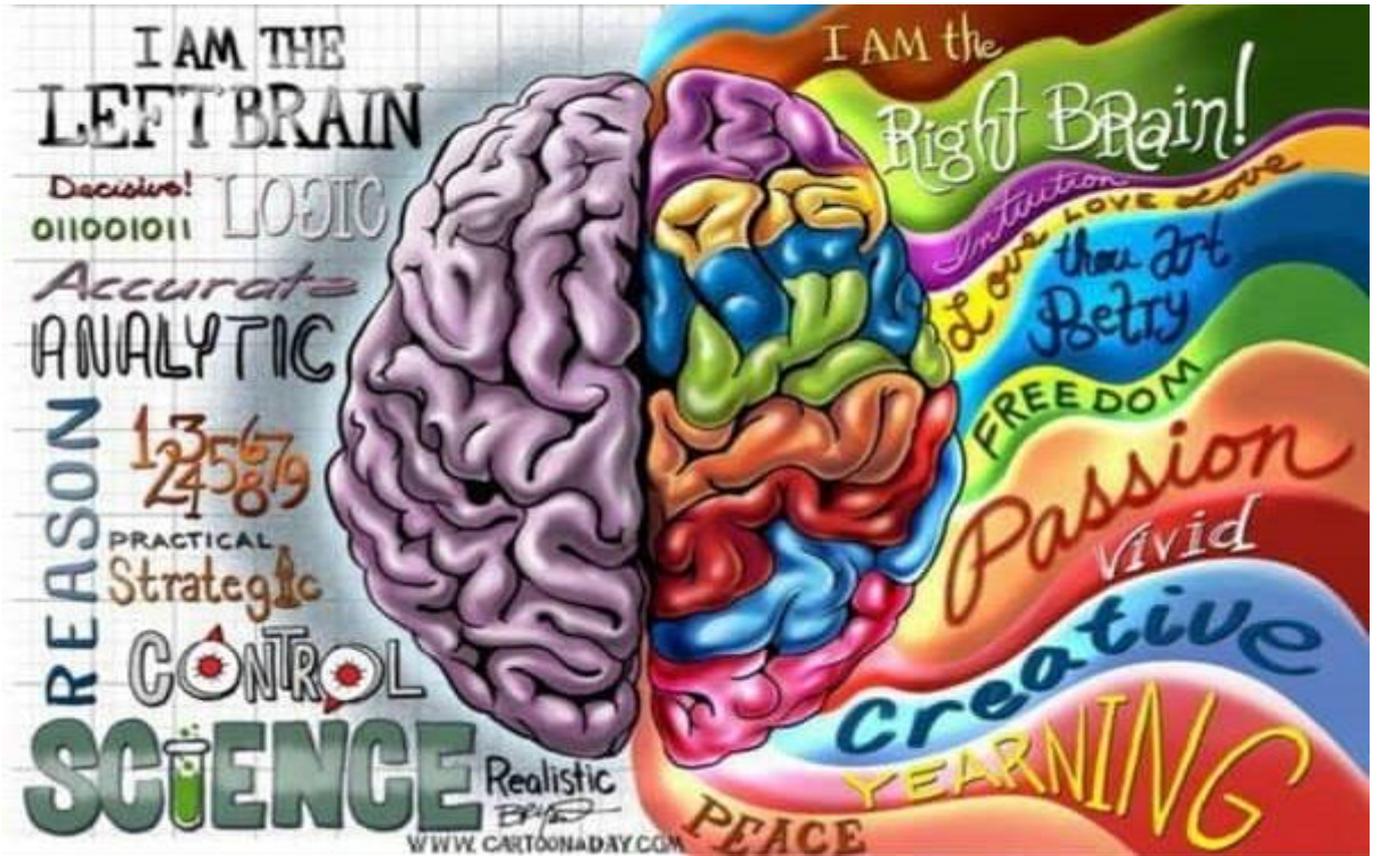


**Beliefs suppress TRUTH. Result is; Health degrade, Discomfort, Pain, Illness, Disease and Viruses**

To heal yourself with truth can only be done one way, and that is by sincerely wanting to live true, to live a life in which you want with all your heart to see the truth in each and every experience, so that as you live your body is being 'built' on truth, and so will remain rock solid, and will not feel fragile and collapse under you when disease suddenly strikes you down. Truth, Truth, Truth, and more TRUTH. You have to want to eat drink and sleep truth. To beg and ask and long with all your will for the Mother and Father to help you see and know the truth, the truth of everything that you do, everything you are, everything you feel – the whole truth of yourself. And so whilst you're of it, including, the truth of your rebellious state. "Mother and Father, please help me see, know and BE the truth You want me to live."

Kindly visit [www.pascashealth.com](http://www.pascashealth.com) then Library Download page, in Pascas Care Letters click to open:

-  [Pascas Care Letters Mind into Balance with Feelings.pdf](#)
-  [Pascas Care Letters Mind causes Discomfort Soul brings Healing.pdf](#)



The more comprehensively that our parents and early educators indoctrinated us to suppress our feelings, the greater we become ‘left brain’ centred and dominated. The greater we are mind-centric and addicted, the less are our truth loving feelings surfacing – we cannot discern truth from falsehood. Academics demonstrate mind worship, whereas nurses demonstrate passion, love and the truth of their feelings. The more extensively that we close off our feelings, the greater the propensity for psychopathic (no feelings) action resulting in domestic violence, mass shootings (schools), and on a national scale, war. Mind development is limited to 499 on Dr Hawkins’ Map of Consciousness (limit of science), whereas Living Feelings First, our potential is infinite.

H₂O is water, hydrogen and oxygen in harmony. Hydrogen (mind) on its own is explosive. Oxygen (feelings) on its own is life giving. Mind and Feelings in harmony is when we are living Feelings First with our mind following in support of our Feelings. Should we embrace Feeling Healing and with the longing (asking) for Divine Love, then our potential is infinite.



COMMERCIAL IN CONFIDENCE

# Purpose of Life

Purpose of our life is to:

Achieve individualisation. This is truly the moment of our sentient experience beginning. This occurs at the moment of incarnation which is when our newly forming foetus begins to pump blood, usually day 16 after conception. From that moment we are beginning to experience life.

We have a life purpose. We are each a unique personality with individual propensities to experience. Should our physical life be cut short then we will go on and have the experiences that we need in the 1st spirit Mansion World. If we miscarry or are aborted then we will become spirit born, be adopted to spirit parents and have a similar life to that should we have gone on and lived on Earth.

Presently we are each subjected to Childhood Suppression which we continue on throughout our lives suppressing our feelings and our true personality. This is providing us with unique life experiences as this does not typically occur with any other humanities throughout the universes. Our physical life on Earth is mostly very difficult, however this will provide each of us with unique capabilities to aid newly emerging humanities on worlds further out into space. Yes, we have an enormous journey to enjoy.

Our time of death is predetermined. We often do crazy things – but our life span is predetermined.

What we experience is also predetermined. A few are to be wealthy and become burdened with responsibility. Many are to be poor and enjoy the freedom without trappings of assets and obligations.

Most will have families while on Earth. No matter who we are, we will each parent at least three children before we can enter the first of the Celestial Heavens. We are to experience parenting, even though that may be in the spirit Mansion Worlds.

We are to live FEELINGS FIRST! We are to express our feelings, both good and bad, to a companion. We are to long / ask for the truth of what our feelings are drawing to our attention. What enters emotional needs to be expressed emotional. Should we long for our Heavenly Mother and Father's Love, then we are SOUL HEALING. Our mind is to follow supporting what our feelings are leading us to embrace – this the opposite as to how we have been brought up to live.

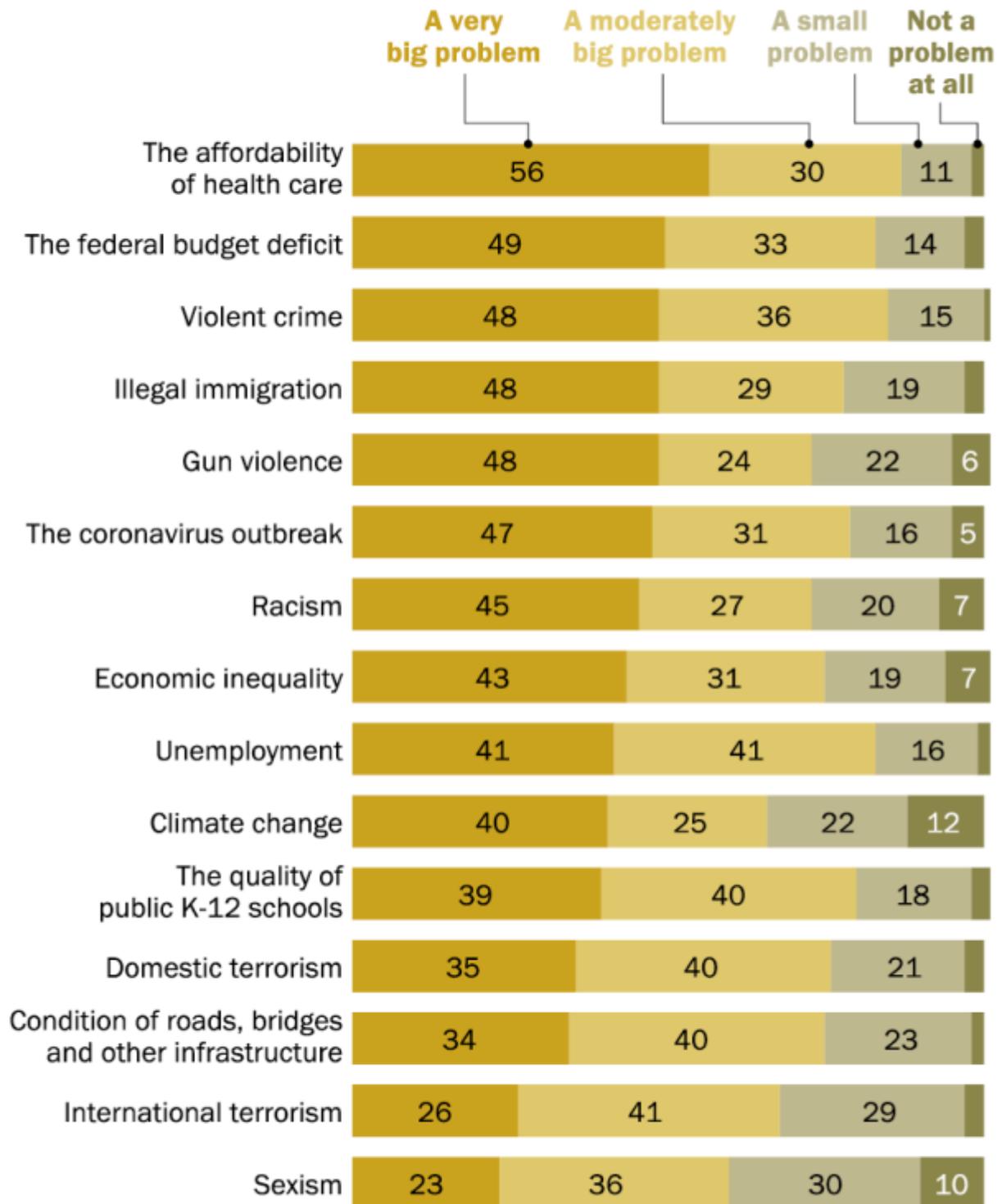
As we complete our FEELING HEALING, then and only then can we connect with our Soul Partner who is always of the opposite sex. Our soul is a duplex that manifests two personalities. And we can grow to interact with our Nature Spirits and Spirit Guides!

*It's all about*  
**Experiences**  
 &  
**FEELINGS**

**BE FEELINGS**  
**EXPRESSIVE!**

## A majority of Americans say the affordability of health care is a very big problem in the country today

% who say each of the following is ____ in the country today

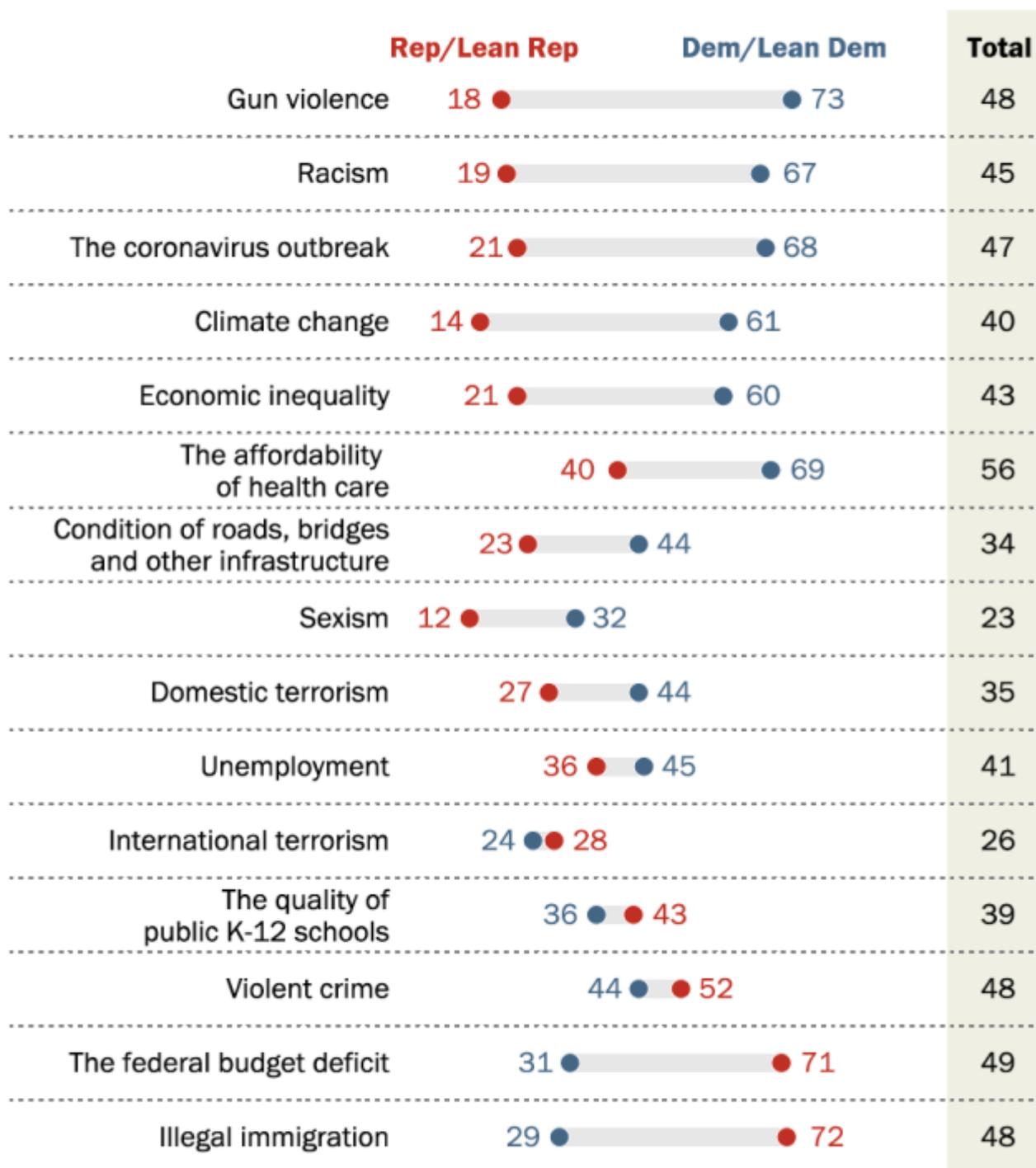


Note: No answer responses not shown.

Source: Survey of U.S. adults conducted April 5-11, 2021.

## Democrats cite several concerns as major problems; Republicans focus on illegal immigration, the deficit

% who say ____ is a very big problem in the country today



Source: Survey of U.S. adults conducted April 5-11, 2021.

PEW RESEARCH CENTER

# Perceptions



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# Perceptions



## DRINKING IN AMERICA



## DRINKING IN BRITAIN, AUSTRALIA...



## DRINKING IN Canada



## **Major Social Issues that are Prevalent in the United States**

<https://opinionfront.com/social-issues-in-united-states>

No doubt, the United States is a powerful country in the world today. It has made its mark in the history by building a strong economy that every other nation envies, and idolizes as well. But, all that glitters is not gold. And every country has its pluses and minuses. There are some serious social issues in the United States as well that need to be dealt with to maintain the position of power and prestige, and set a true example of ideal society in the world.

### **Unequal Distribution of Wealth**

Privatization is increasing in America, which provides opportunities only to those who can afford. The efforts of socialists to distribute wealth equally are also been opposed by the ruling government. Due to this, rich people are becoming richer and poor becoming poor.

### **Poverty**

Yes, it is shocking but true. Around 13-17% American population lives below the federal poverty line. The US government does not have an absolute definition for poverty, but it describes the same phenomenon as relative poverty, that is, how income relates to median income. The number of people living under poverty line is increasing at an alarming rate. **And 29.9% of the population of USA — or 93.6 million — live close to poverty, with incomes less than two times that of their poverty thresholds.**

### **Unequal Educational Funding**

The US government provides compulsory education for first 12 years. This education system is controlled by state government and a very little portion is held by local government, which determines the funding and school system of each municipality. Large number of childbearing families from affluent communities seem to be funded heavily compared to less affluent and fewer childbearing families. The problem of 'school dropouts' is also increasing due to poor school condition and service.

### **Crime and Incarceration**

Due to increased unequal opportunities, the crime rate is also increasing in the US. Prison population in America is growing every day. Most of the prisoners are drug offenders who use or sell recreational drugs. Incarceration of criminals for long sentences has led to three strikes laws and ultimately to incarceration for life after three felonies.

### **Health Issues**

The US does not provide health care to all. It does not have a socialised medicine or public health care system. Only employed people get health insurance such as employee benefit, but the unemployed, part-time, and self-employed workers have to pay for their own insurance, which is very expensive. Some studies have shown that medical bills are one of the major causes of declaring bankruptcy in the US.

### **Increasing Cost of Living**

With growing inflation, the cost of living in America is also increasing significantly. But, the minimum wage is not increasing in the same fashion, and so, many people find it difficult to fulfil their daily basic requirements. The working population makes more money and again spends more on living, which hardly leaves anything behind for savings. America has the lowest saving rate compared to any other developed nation.

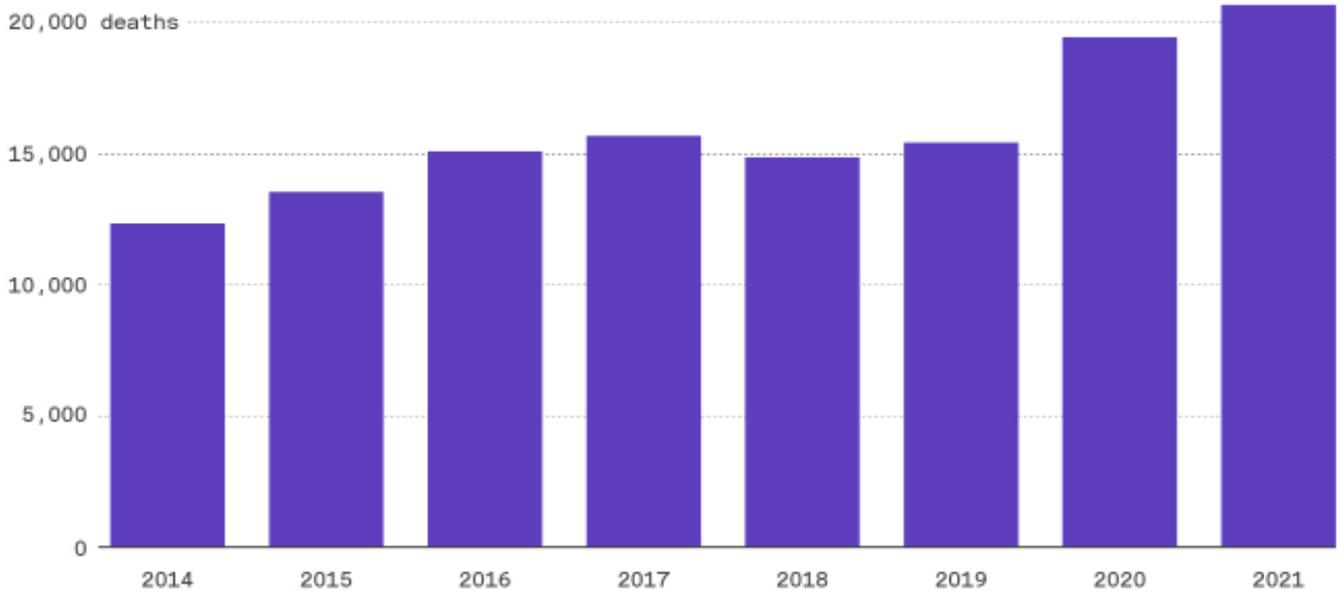
## **Gun Control and Gun Violence**

<https://www.thetrace.org/2021/12/gun-violence-data-stats-2021>

**The estimated number of guns sold in 2021 – 18.8 million. The number includes 11.3 million handguns and 7.5 million long guns.**

### **Gun deaths continued to rise in 2021**

The Gun Violence Archive recorded more gun deaths, excluding suicides, in 2021, than any year since its founding in 2014.

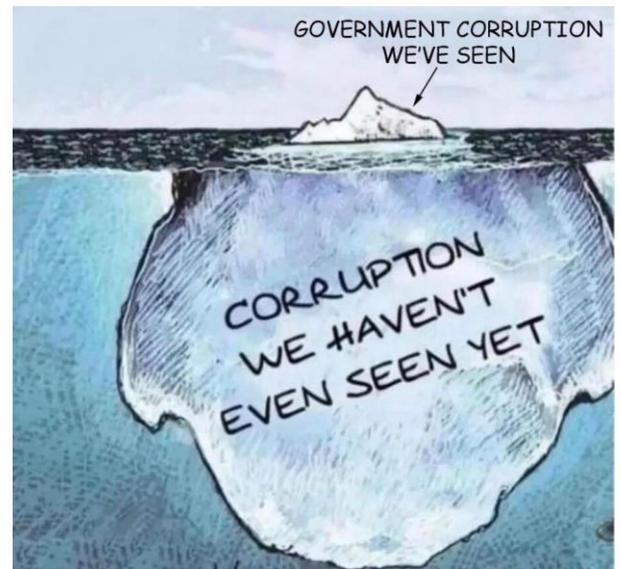


## Other Social Issues in the United States

- Affirmative Action
- Ageism
- HIV/AIDS
- Alcohol Abuse
- Airline Problems
- Anti-Muslim Discrimination and Violence
- Automobile and Highway Safety
- Capital Punishment
- Child Abuse and Sexual Molestation
- Child Labour
- Church State Separation
- Civil Rights Movements
- Corporate Crime
- Consumerism
- Criminal Justice and Rights
- Defence and Security Issues

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- Divorce and Child Support
- Domestic Violence
- Disability Rights
- Eating Disorders
- Euthanasia
- Environmental Issues, Wildlife, and Extinction of Species
- Food Safety and Drug Safety
- Mafia Wars
- Gambling
- Global Warming
- Government Subversion
- Gun Control and Gun Violence
- Homosexuality – Gay and Lesbian Rights
- Public Health Care Reform
- Homelessness
- Housing Costs
- Human Trafficking
- Illegal Immigration
- Identity Theft
- Copyright and Intellectual Property Rights
- Juvenile Crime Justice
- Juvenile Reform
- Journalistic Reform
- Media Bias
- Media, Sex, and Violence
- Mental Illness
- Money Laundering
- Natural Disaster and Disaster Relief
- Nuclear Energy, Power, and Waste
- Obesity
- Organ and Tissue Transplant
- Organized Crime
- Psychological Health
- Plagiarism
- Pornography
- Prostitution
- Racism



- Recycling and Water Conservation
- Reproductive Rights and Technology
- Scientific Research Ethics
- Sex Education
- Sexual Harassment
- Single Parenting
- Stem Cell Research
- Suicide
- Terrorism
- Toxic Waste
- Traffic Congestion
- Unemployment
- Voting Issues
- Waste Management
- Nuclear Weapons and Mass destruction
- Women's Rights

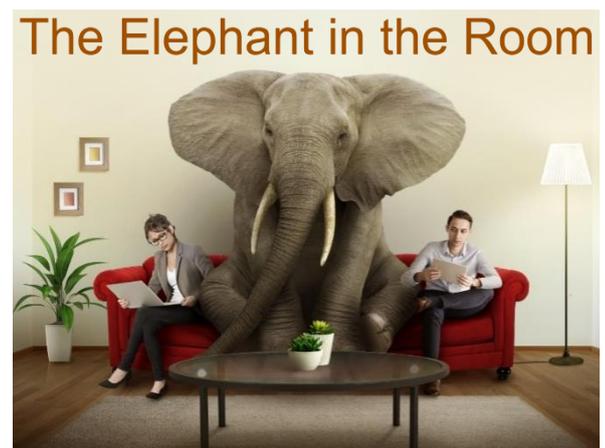
The above list is not exclusive, as there are many other specific socio-economic and cultural problems that America is faced with. The government needs to come up with stringent policies to solve the aforementioned problems. This requires planning on both, the micro and macro levels to get resolved soon.

**The leading issue is that children are not prioritised:**

**'I had a pretty good upbringing' in comparison to other people!**

**Parents have NO understanding of Love.  
Parents have NO understanding of Law of Free Will.  
Parents have NO understanding of blocking emotions.  
Parents have NO understanding of causal / core emotions.**

**The elephant in the room is Childhood Suppression. It is through Childhood Suppression that we, as parents, impose upon our children all of our emotional injuries and errors of belief, thus perpetrating the stagnation of humanity from one generation to the next. It is only through our personal Feeling Healing that we can start to mitigate this cycle and slowly alleviate each of the social issues listed above.**



# US States Fail to Protect Children’s Rights

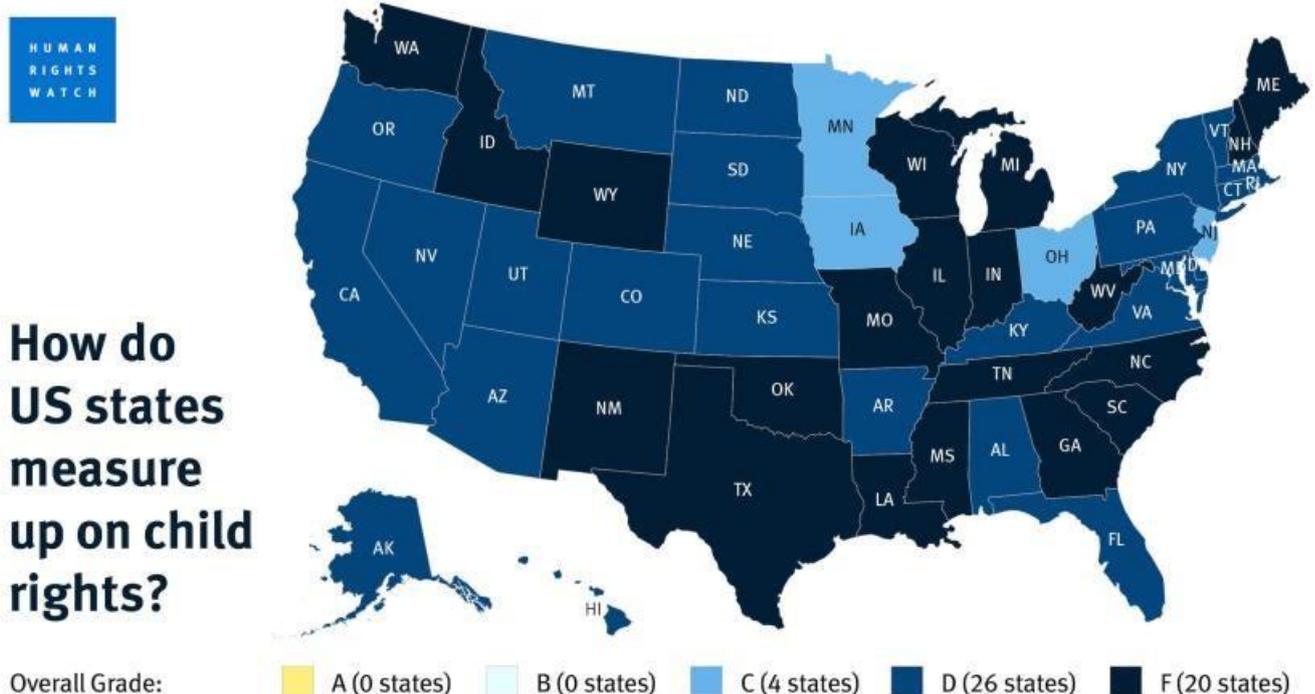
New Scorecard Gives Only 4 a ‘C’ Grade; 46 Get ‘D’ or ‘F’

<https://www.hrw.org/news/2022/09/13/us-states-fail-protect-childrens-rights>

13 September 2022

(New York) – United States state laws overwhelmingly fail to meet international child rights standards, with the vast majority failing to protect children from child marriage, hazardous child labour, extreme prison sentences, and violent treatment, Human Rights Watch said today. Human Rights Watch gave 20 states a failing “F” grade, and 26 a “D.” Not a single state received a “B” or an “A.” New Jersey, Ohio, Iowa, and Minnesota were the only states to receive a “C” grade.

A new Human Rights Watch interactive scorecard assessed 12 specific state laws in all 50 states against standards set by the Convention on the Rights of the Child, the primary international treaty on the rights of children. The laws address four issues: child marriage, corporal punishment, child labour, and juvenile justice. The United States is the only country that has failed to ratify the Convention, ratified by 196 countries.



“For people who believe the US is treating its children well, this assessment is a rude awakening,” said Jo Becker, children’s rights advocacy director for Human Rights Watch. “When it comes to child marriage, hazardous child labour, extreme prison sentences, and violent treatment of children, the vast majority of US states have abysmal laws. State policymakers should act quickly to better protect their children.”

The Convention on the Rights of the Child, adopted by the United Nations in 1989, addresses children’s rights to education, health, an adequate standard of living, freedom of expression, protection from violence and exploitation, and a broad array of other rights.

In the United States, many of the issues addressed by the Convention are left to the jurisdiction of individual states, not the federal government, and there is wide variation from state to state. States with the worst grades include Mississippi, Wyoming, Oklahoma, Georgia, and Washington.

Child marriage is legal in 43 states. According to Unchained at Last, a group dedicated to ending child and forced marriage, over a quarter million children, some as young as 10, were married in the US between the years 2000 and 2018, the year Delaware became the first US state to prohibit child marriage. On July 28, 2022, Massachusetts became the seventh state to set the minimum age at 18, without exceptions, in line with international standards. Child marriage is associated with early pregnancy, lower educational achievement, and increased risk of domestic violence and poverty.

No US state has prohibited all corporal punishment of children, and 23 states allow it in both public and private schools. Approximately 160,000 children are subjected to corporal punishment in schools each year, according to data from the US Department of Education. Black children and children with disabilities are significantly more likely to experience corporal punishment in schools. Only two states, New Jersey and Iowa, prohibit corporal punishment in both public and private schools.

Corporal punishment in child penal institutions remains legal in 16 states. The Convention calls for protection of children “from all forms of physical and mental violence,” and UN experts state that the Convention “does not leave room for any level of legalised violence against children.” Corporal punishment has been found to be both ineffective in correcting children’s behaviour and harmful to child development.

The United States remains the only country in the world that sentences children under 18 to life in prison without parole, which the Convention strictly prohibits. According to the Campaign for the Fair Sentencing of Youth, 25 states prohibit these sentences. At the beginning of 2020, more than 1,400 people were serving life-without-parole sentences in the US for offenses committed as children, in some cases as young as age 13. Sixty-two percent of those serving sentences of life without parole for childhood offenses are Black, though they make up only 14 percent of the US youth population.

International children’s rights standards state that no child should be prosecuted as an adult. Research shows that youth not tried as adults are less likely to commit new crimes. Yet in the US, an estimated 53,000 children are tried in adult courts each year.

No US state prohibits prosecuting children in adult courts, and only 28 states have any age limits on transferring children to adult court. Not a single state sets the minimum age of juvenile jurisdiction to at least 14, the international standard, and more than 30,000 children under 12 are referred to juvenile court annually. Only five states, California, Colorado, Massachusetts, Maryland, and Nebraska, set a minimum age higher than 10.

Weak protections in federal child labour law and regulations in the US fail to protect children working in agriculture, the most dangerous industry for child workers. Federal law allows children to work for hire in agriculture at younger ages, for longer hours, and in more hazardous conditions than in any other sector. A 2018 US government study found that children working in agriculture account for more than half of work-related fatalities, even though they represent just three percent of child workers.

For its scorecard, Human Rights Watch chose to focus on four issues: child marriage, corporal punishment, child labour, and juvenile justice. These four categories were selected based on an initial review of areas in which the US does not comply with the Convention on the Rights of the Child at the

federal level and where the Convention has established age-based or otherwise measurable metrics to compare specific state laws against. The assessment did not attempt a comprehensive review of all rights covered by the Convention.

Human Rights Watch developed its scorecard in cooperation with several partner organizations, including Unchained at Last, which focuses on child marriage; the End Violence Partnership, which tracks corporal punishment laws; the Campaign for the Fair Sentencing of Youth, which works to end life without parole sentences for child offenders; Human Rights for Kids, which works on juvenile justice in the United States; and Lawyers for Good Government and the Child Labor Coalition, which both work on child labour.

“State laws leave millions of children vulnerable to child marriage, violence, and exploitation,” Becker said. “While some states do better than others, all states can improve their laws to keep children safe and help them thrive.”

**OUR FORMING YEARS are MOST DYNAMIC and TRAUMATIC:**

Age-group	Age
Gestation	conception to birth
Newborn	0 days to 1 month
Infant	1 month to 1 year
Toddler	1 to 3 years
Preschool	3 to 6 years
School age child	6 to 12 years
Adolescent	12 to 18 years

**Our childhood formative years are from conception through to age of 6 years. Commencing at conception, we begin to take on all of the injuries and errors of belief of our parents and carers. We capitulate to adopting the ‘personality’ that our physical parents impose upon us, to the detriment of our true personality.**

**POTENTIAL to BENEFIT your CHILD through our own FEELING HEALING:**

**This steps down each seven years as the child matures**



**From conception to age 6 or 7**

**From 8 to age 14**

**From 15 to age 21**

**From 22 to age 28**

**As we heal, we directly heal our children similarly.**

**The Indwelling Spirit arrival for the child around age 6 or 7 starts their independence.**

# U.S. falls to ‘flawed democracy’ in latest Democracy Index

Almost one-half (49.3%) of the world’s population lives in a democracy of some sort, although only 4.5% reside in a “full democracy”, down from 8.9% in 2015 as a result of the US being demoted from a “full democracy” to a “flawed democracy.”

As they explained their scoring system, you need 8 or higher to rank among the “full democracies,” and the latest ranking for the U.S. dropped us from 8.05 in 2015 to 7.98 in 2016.

A healthy democracy requires a high level of popular confidence in the institutions of government and politics. It seems that the U.S. decline had mostly to do with a continuing decline in the U.S. electorate’s confidence in their government, their system and their elected officials, a decline that was in place before Trump stole the show. In fact, the EIU seems to be arguing that Trump didn’t cause the decline, but capitalized on it. The authors wrote:

Popular trust in government, elected representatives and political parties has fallen to extremely low levels in the US. This has been a long-term trend and one that preceded the election of Mr. Trump as US president in November 2016. By tapping a deep strain of political disaffection with the functioning of democracy, Mr. Trump became a beneficiary of the low esteem in which US voters hold their government, elected representatives and political parties, but he was not responsible for a problem that has had a long gestation.

Popular confidence in government and political parties is a vital component of the concept of democracy embodied by the Democracy Index model. Growing popular disaffection with the key institutions of representative democracy has been a factor in the democratic regression of recent years and in the rise of insurgent, populist, anti-mainstream parties and politicians in Europe and North America.

### And the rating is appropriate:

Leadership is to be found in those who calibrate on Dr David Hawkins’ Map of Consciousness scale well over 400. The population of United States America calibrates overall at 405, yet the ‘elite’ that is elected to congress do not even match the consciousness, perception and capabilities of the typical American. In

	Map of Consciousness	Population
<b>NORTH AMERICA</b>		
Canada	415	37,750,000
Mexico	300	129,000,000
United States America	405	331,000,000
	Member MoC	Congress
<b>USA CONGRESS</b>	380	535
<b>SENATE</b>	365	100
<b>HOUSE of REPRESENTATIVES</b>	390	435

fact those anointed to run the country are way below on the MoC ratings than the electors. Further investigation will reveal that those in congress holding key appointments are even lower than the overall calibration for congress. This is even more distressing because the scale is based on the common log of ten. Thus a 10 point differential is a 10,000,000,000 fold variance in energy and capability – in USA’s situation – in the negative direction. Democracy has been hijacked by vested interests. The country is being run by the hidden controllers and these are people of extreme greed, avarice and self-centredness.

America’s democracy is so incredibly flawed that is an institution that needs a total rebuild.

# Social and Policy Issues

<https://news.gallup.com/topic/category-social-issues.aspx>

These fifteen (15) social and policy issues calibrate at 190 on Dr Hawkins' Map of Consciousness scale.



POLITICS NOV 18, 2021

## Biden Approval Ratings Mostly Underwater

Majorities of Americans disapprove of President Joe Biden's handling of his job as president and five other key issues.



POLITICS AUG 3, 2022

## Abortion Issue Top Factor Urging Americans to Protest

A steady 39% of Americans say they have felt the urge to protest, and abortion is currently the top issue motivating them to do so.



SOCIAL & POLICY ISSUES JUN 16, 2022

## Americans Say Government Should Address Slavery Effects

More than six in 10 U.S. adults say the federal government has a responsibility to address the effects of slavery for African Americans, though they are divided...



POLITICS JUN 15, 2022

## Record-High 50% of Americans Rate U.S. Moral Values as 'Poor'

A record-high 50% of Americans say the state of moral values in the U.S. is poor, while 37% think it is fair and 13% excellent or good.



WORLD JUN 13, 2022

## Is the World Better for Gay People Than It Was 10 Years Ago?

Half of the world's adults (50%) now say their city or area is a "good place" for gay and lesbian people to live -- a figure that has doubled over the past decade...



POLITICS JUN 9, 2022

## Americans Say Birth Control, Divorce Most 'Morally Acceptable'

Birth control and divorce remain the most morally acceptable of 19 issues measured, and extramarital affairs and cloning humans the most morally wrong.



POLITICS JUN 2, 2022

## 'Pro-Choice' Identification Rises to Near Record High in U.S.

A poll conducted mostly after news broke that the Supreme Court may overturn Roe v. Wade finds an uptick in support for abortion being broadly legal.



POLITICS JUN 1, 2022

## Same-Sex Marriage Support Inches Up to New High of 71%

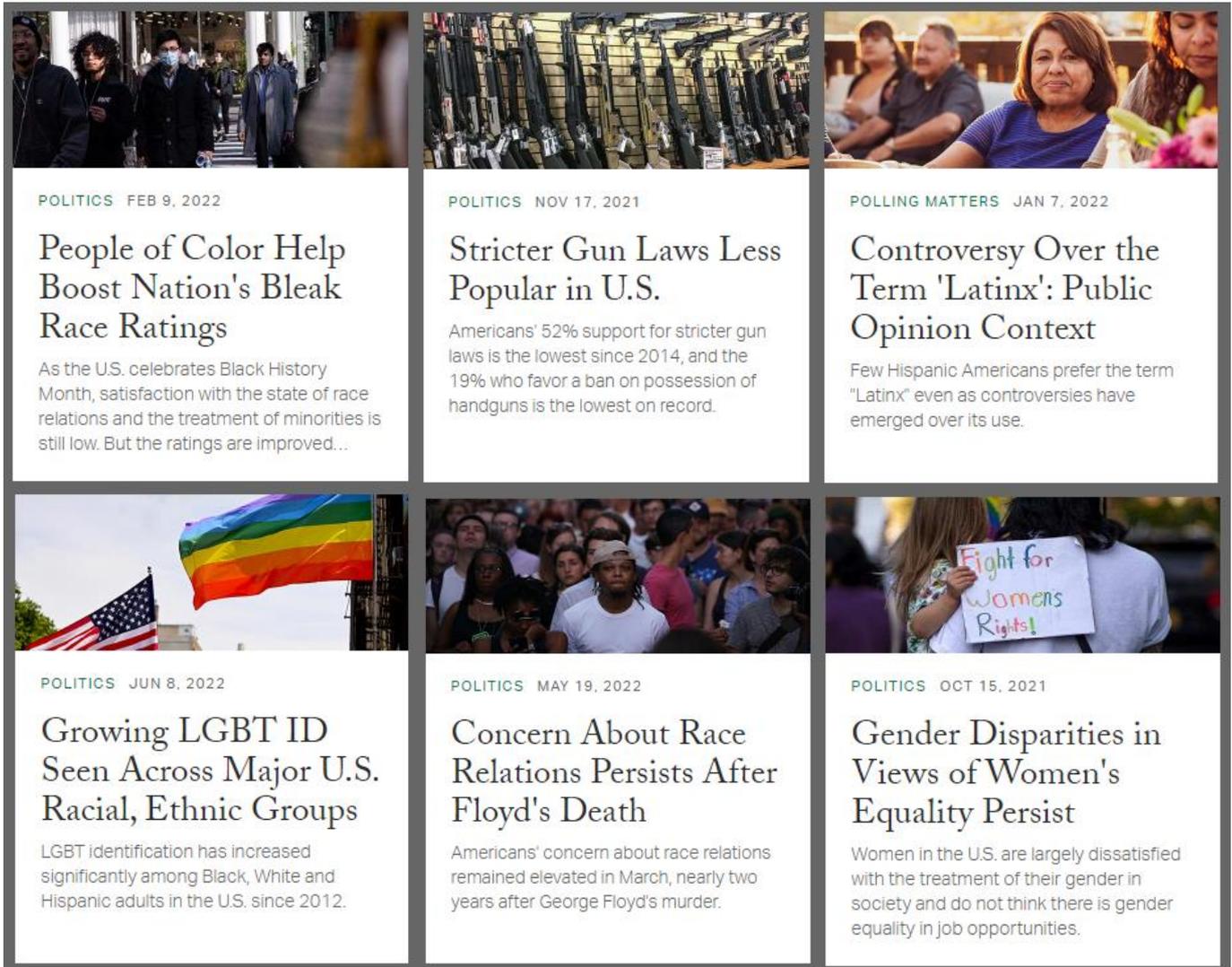
Seventy-one percent of Americans say they support legal same-sex marriage, a new high in Gallup's trend.



SOCIAL & POLICY ISSUES MAY 27, 2022

## Americans Remain Steadfast on Policing Reform Needs in 2022

Two years after George Floyd's murder by Minneapolis police, half of Americans (50%) support "major changes" to policing in the U.S., and another 39% favor...



If this is the focus of a nation, then this is a nation in morale decay and it is drowning in disillusionment now having lost for direction. USA's leadership, now being provided by all its institutions, has lost focus on the true needs of its people.

It is apparent that the few extremely wealthy are content to enslave the vast majority of people to gross consumerism when debt obligations have not entrapped every other penny. And while they drain the population, there is this adherence to dictated policy by the 'elected' officials throughout all levels of government.

Children are to come first. Given a comprehensive focus upon the loving way of engaging with and providing for our children will define the overarching needs of society as a whole.

This is time of great change and nothing is to remain the same.

## Does "The AMERICAN DREAM" really exist anymore?



This great cartoon that describes today's economic reality ... What changed? The rules of wealth have changed.

For decades, immigrating to America meant "The Land of Opportunity." People moved to the US knowing that "If you work hard, you will succeed." The Industrial Revolution brought abundant growth. Opportunities for finding a job were almost everywhere.

As a result, the recipe for success was:

*"Educate yourself. Go to college. Get a degree. Find a job. Buy a home, get a car, save money and enjoy life!"*

*To answer your question, does the "American Dream" really exist anymore? Yes, but it's quickly changing!*

**Today the American Dream is NOT founded on the discipline of hard work.** The value of "work" is being quickly depreciated because of three main macroeconomic conditions:

1. Today's new economy is deflationary. To compete, companies (*aka. job creators*) **MUST** use technology to survive. The value of labour is shifting from "doing the job" to "managing the jobs" done by machines.
2. The value of the dollar is being depreciated with today's central bank monetary policies. Those working hard "*for*" money are working hard to receive a **DEPRECIATED** mechanism of exchange of value.
3. If we combine both and add **DEBT** to the "fire," we can find millions of honest, hard-working people confused, polarised and stuck in an endless "*rat race*" to make ends meet.

The American Dream is alive and well. However the rules of the game have **DRAMATICALLY** changed.

Today, more than ever before, it's critical to work smarter, not only harder.

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## INFLATION

Money is talked about as a constant and that everything else is not. A loaf of bread is constant and so is an apple – money is not, it is printed at the whim of those who own the printing presses.



When I was a young adult, 2 cents could buy what \$1 is needed to pay for today. Inflation (printing of extra money) has reduced the buying power by 98%. Examples:



An imperial gallon of petrol used to cost 20 cents. That is 4.546 litres, a litre of petrol costs AU\$2.20 today and that equates to AU\$10 a gallon. That is a fifty fold diminishment of purchasing power.

A typical packet of 20 cigarettes will now set you back on average around AUD \$40 (£22 / US \$30), which is a hell of a lot of money if you burn through darts like a chimney. A packet of 20 Ardath cigarettes was 20 cents.

A single scoop ice cream in the cone is now AU\$2.79 (Baskin Robbins). As a single scoop was 5 cents then four for 20 cents costs more than AU\$10.

The Sunday papers were 5 cents each and stacked with comics and weekend sport. Now they are around AU\$3.00 each, so four is now more than AU\$10.

We have experienced a 98% drop in the purchasing power of our dollar and we are about to experience a further 98% drop in purchasing power.

Imagine paying AU\$500 for a gallon of petrol!!!

As of a consequence to major disruptions to supply chains around the world due to excessive demand by consumers and Covid-19 and now the Ukraine invasion by Russia, the printing presses of the world have printed a mountain of money for a smaller supply of goods and the consequence is inflation.

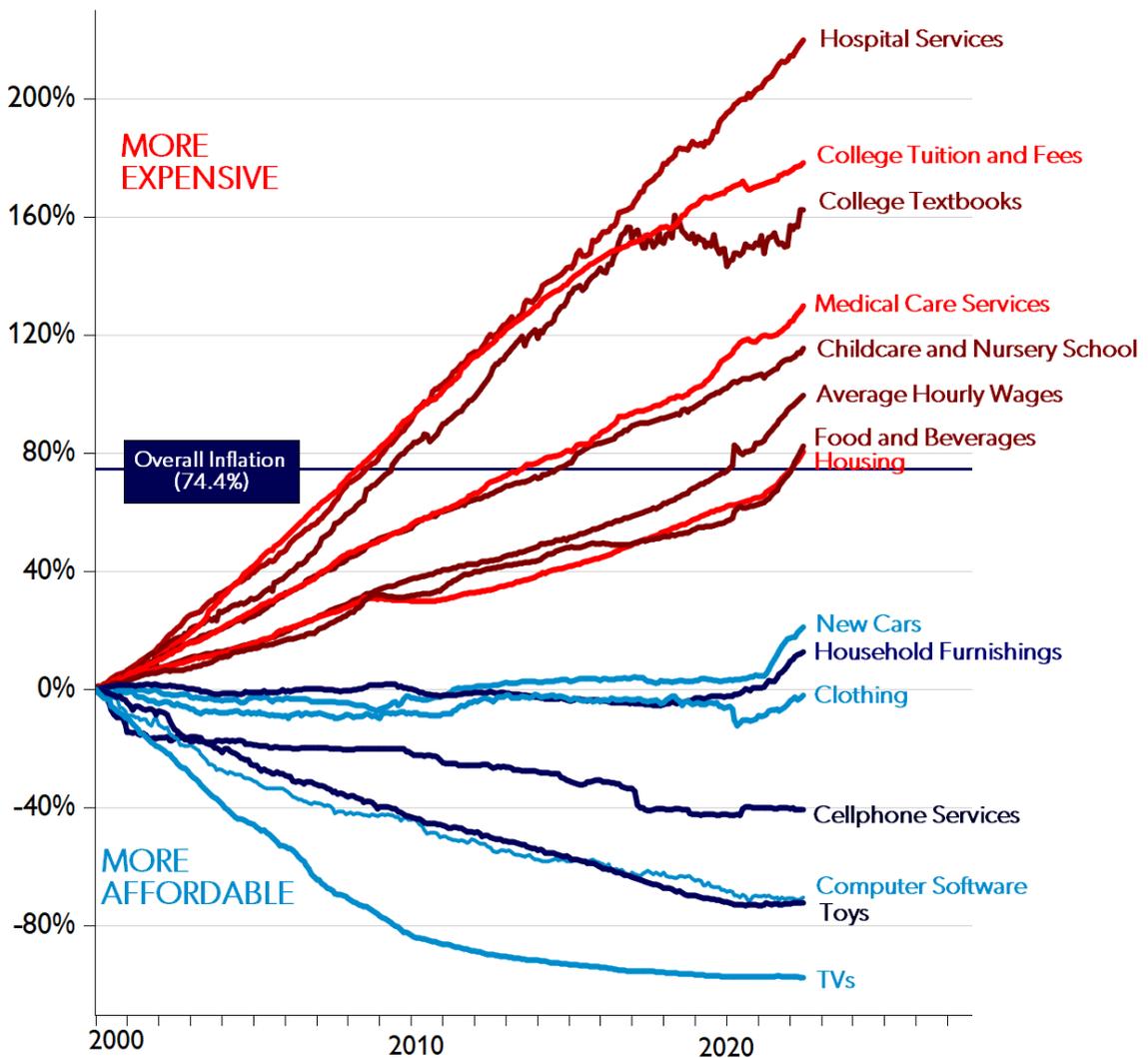
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Authorities tell us to look up there whereas we need to look not only at our governments BUT the major corporations that are the dominant price gougers. You will find the chain becomes very small, all leads back to a few very obscure and secretive families.



The era of very, very low inflation has ended. Headline inflation in Europe is 7.4% and core inflation 3.5%, way above the ECB's target of 2%. Hong Kong – As inflation soars around the world, the world's second-largest economy has kept it at bay. Consumer prices in China increased just 1.5% in March from a year earlier. The USA Consumer Price Index increased 8.5% for the year ended March 2022, following a rise of 7.9% from February 2021 to February 2022.

### Price Changes: January 2000 to June 2022 Selected US Consumer Goods and Services, Wages



Source: Bureau of Labor Statistics

Carpe Diem

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# The State of Democracy

Global Democracy Index rates, by country/territory (2021)*

**Full democracies**

9.00-10.00

8.00-8.99

**Flawed democracies**

7.00-7.99

6.00-6.99

**Hybrid regimes**

5.00-5.99

4.00-4.99

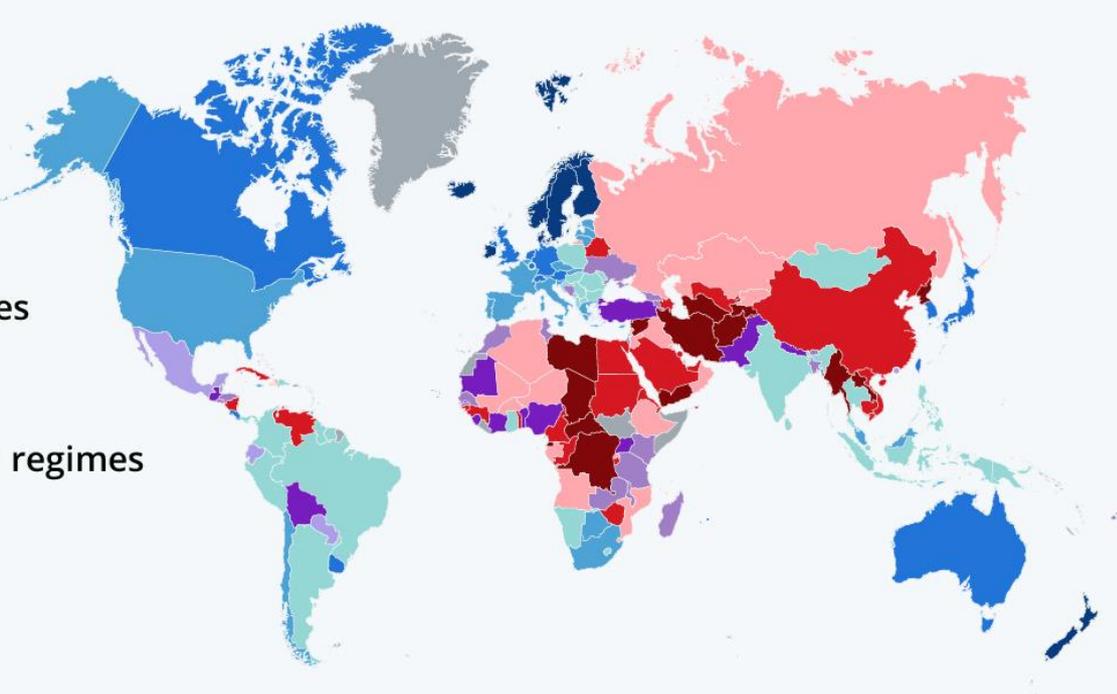
**Authoritarian regimes**

3.00-3.99

2.00-2.99

0-1.99

No data



* takes into account electoral process and pluralism, civil liberties, the functioning of government, political participation and political culture

Source: The Economist Intelligence Unit



Year 2021

Type of regime ↕	Score ↕	Countries		Proportion of World population (%) ↕
		Number ↕	(%) ↕	
Full democracies	9.01–10.00	21	12.6%	6.4%
	8.01–9.00			
Flawed democracies	7.01–8.00	53	31.7%	39.3%
	6.01–7.00			
Hybrid regimes	5.01–6.00	34	20.4%	17.2%
	4.01–5.00			
Authoritarian regimes	3.01–4.00	59	35.3%	37.1%
	0–3.00			

COMMERCIAL IN CONFIDENCE

# 64% of Americans say social media have a mostly negative effect on the way things are going in the U.S. today

<https://www.pewresearch.org/fact-tank/2020/10/15/64-of-americans-say-social-media-have-a-mostly-negative-effect-on-the-way-things-are-going-in-the-u-s-today/>

15 October 2020

About two-thirds of Americans (64%) say social media have a mostly negative effect on the way things are going in the country today, according to a Pew Research Center survey of U.S. adults conducted July 13-19, 2020. Just one-in-ten Americans say social media sites have a mostly positive effect on the way things are going, and one-quarter say these platforms have a neither positive nor negative effect.

Those who have a negative view of the impact of social media mention, in particular, misinformation and the hate and harassment they see on social media. They also have concerns about users believing everything they see or read – or not being sure about what to believe. (We cannot discern truth through our minds – our minds are addicted to untruth!) Additionally, they bemoan social media’s role in fomenting partisanship and polarisation, the creation of echo chambers, and the perception that these platforms oppose President Donald Trump and conservatives.

## How we did this

The public’s views on the positive and negative effect of social media vary widely by political affiliation and ideology. Across parties, larger shares describe social media’s impact as mostly negative rather than mostly positive, but this belief is particularly widespread among Republicans.

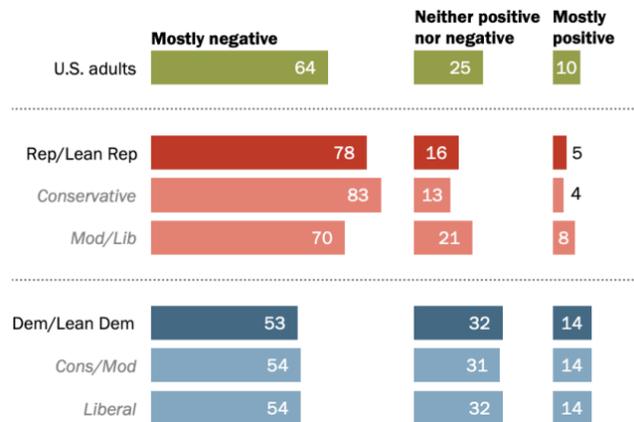
Roughly half of Democrats and independents who lean toward the Democratic Party (53%) say social media have a largely negative effect on the way things are going in the country today, compared with 78% of Republicans and leaners who say the same. Democrats are about three times as likely as Republicans to say these sites have a mostly positive impact (14% vs. 5%) and twice as likely to say social media have neither a positive nor negative effect (32% vs. 16%).

Among Democrats, there are no differences in these views along ideological lines. Republicans, however, are slightly more divided by ideology. Conservative Republicans are more likely than moderate to liberal Republicans to say social media have a mostly negative effect (83% vs. 70%). Conversely, moderate to liberal Republicans are more likely than their conservative counterparts to say social media have a mostly positive (8% vs. 4%) or neutral impact (21% vs. 13%).

Younger adults are more likely to say social media have a *positive* impact on the way things are going in the country and are less likely to believe social media sites have a negative impact compared with older Americans. For instance, 15% of those ages 18 to 29 say social media have a mostly positive effect on the way things are going in the country today, while just 8% of those over age 30 say the same. Americans 18 to 29 are also less likely than those 30 and older to say social media have a mostly negative impact (54% vs. 67%).

### Majority of Americans say social media negatively affect the way things are going in the country today

% of U.S. adults who say social media have a ___ effect on the way things are going in this country today



Note: Those who did not give an answer are not shown. Source: Survey of U.S. adults conducted July 13-19, 2020.

PEW RESEARCH CENTER



**THIS IS HUMANITY** stupified!



**Getting the Hell out of here!!**

# How do you feel about this ... ?

Should we start by asking; “what do you feel about this ... ?” then we go straight to our mind and start intellectualising a response. However, by asking; “how do you feel about this ... ?” then we might pause and reflect upon our feelings and even consider our feelings.

There are two very distinct ways of living. Firstly, we all have been guided, taught, coerced and directed to live mind-centric. ‘Use your brain Mary / Johnny’ has been hammered into each us. We have been literally brought up to worship our mind / brain.

Well folks, let us consider this! When we die we lose nothing of our intelligence and memory. When we are dead we are more alive than ever! Yes, we may lose a lot of weight but our faculties, senses, feelings, memory and intelligence continues with us, all in perfect working order. Our brain is nothing more than a dumb computer terminal, it is an interface between our physical self and our spirit body mind which in turn is an interface to our soul which is the source of all that we are and is our being.

Thousands of years ago, a couple of ‘bright sparks’ prompted us, being Earth’s humanity, to embrace our minds as being all powerful and the pathway for us to becoming mini-gods. And we see around us those who act and appear to believe that they are already ‘mini-gods’!

Our parents from the very moment of our conception start to impose their will upon us, even though they are mostly unaware that we are commencing to form. All through our gestation period in the womb we are absorbing the emotional injuries and errors of belief of our parents and those close by in our family circle. We are already being conditioned to live mind-centric, to embrace our mind and to suppress our feelings.

So, what is so brilliant about our minds? Our mind cannot discern truth from falsehood. It does not know innately what is right or wrong and it cannot discern what is best for us and what is not. It cannot make the right choice. And this is how we are indoctrinated to live by our parents. Further, our mind is addicted to untruth – so now you can see why we mostly get it all wrong. So that no one misses out on our adopted pathway of chaos and disaster, our mind is a control addict! We impose our will upon all others all the time. Look at what is continually being put to us by everyone and everything all the time!

Then our educators continue with the same impost, our religious and spiritual instructors do the same, then our employers, and to cap it all off, the multiple layers of government impose their ‘LAWS’.

## YOUR BRAIN IS A SUPERCOMPUTER

**Update its software:**

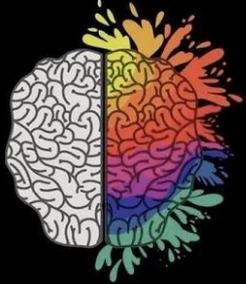
- Books
- Podcasts
- Experience

**Protect its battery:**

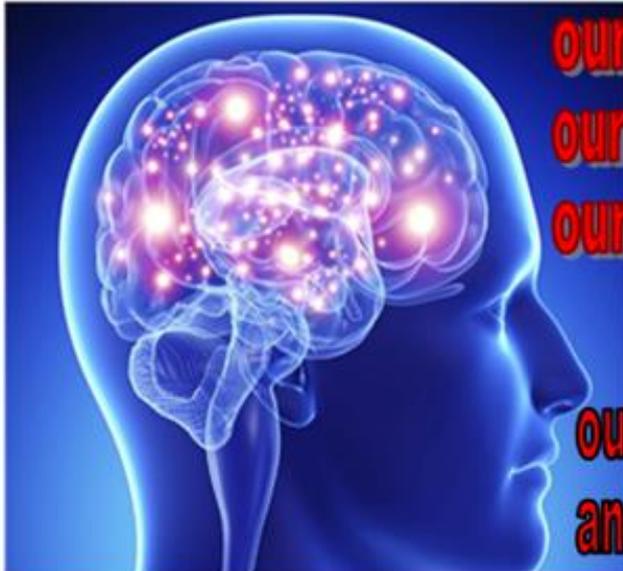
- 8 hours sleep
- Connect with nature
- Technology detox

**Clean its hard drive:**

- Meditate
- Journal
- Self-talk







**our MIND is a CONTROL ADDICT!  
our MIND is addicted to UNTRUTH!  
our MIND cannot discern TRUTH!**

**our MIND is within our SPIRIT BODY  
and orchestrates our physical BRAIN.**

**ASSUMPTIONS are the product of our MIND!**

**HEALING** ends  
**MIND-CONTROL!**



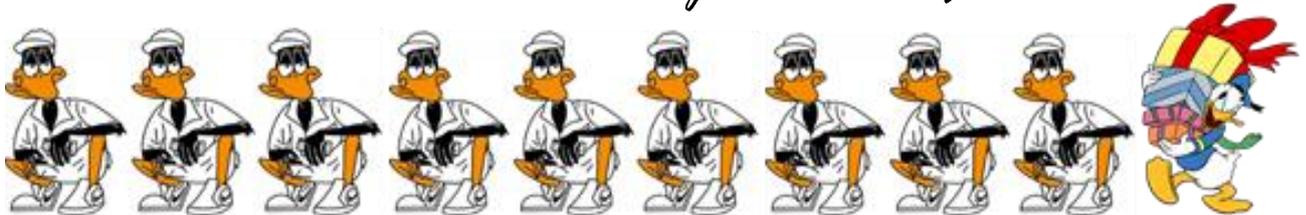
**our SOUL is our TRUTH!  
our FEELINGS are our TRUTH!  
FEELINGS FIRST, mind to follow!**

**all we need is WITHIN.  
our MIND suppresses FEELINGS.**

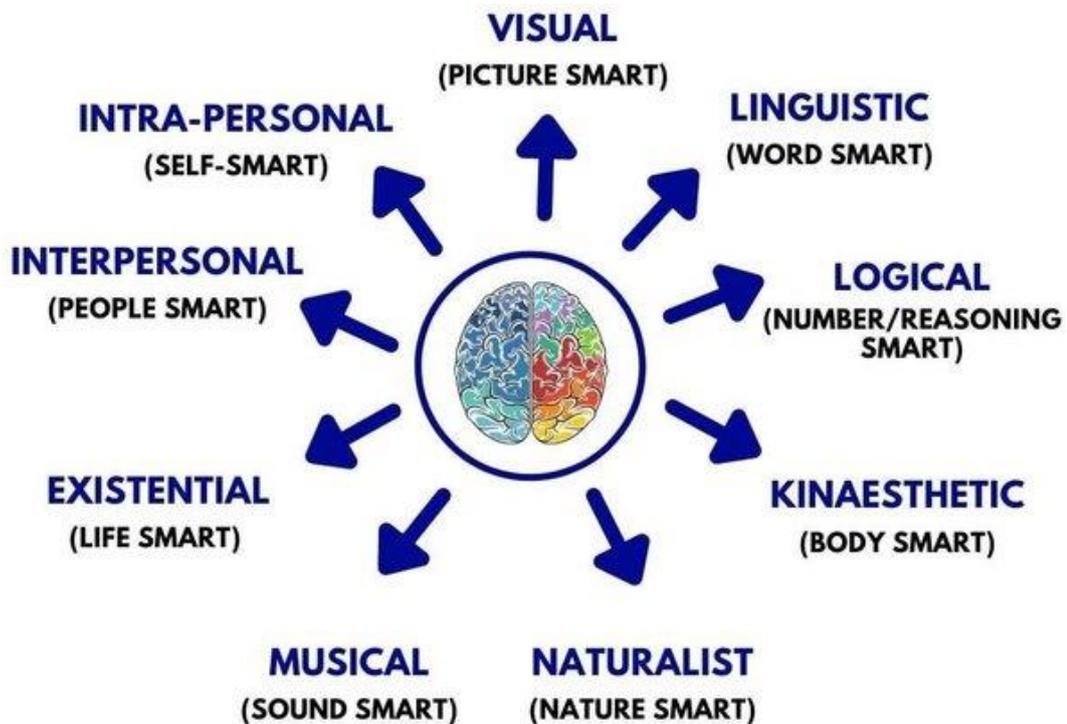
Assumptions are the product of the mind, so how does that make you feel? When someone starts a conversation with; 'I think!' then you know they are going to discuss an assumption or a series of assumptions. Kindly observe your own assumptions. The error rate is about 98% with 2% only being flukes. When we act upon an assumption we invariably have to backtrack and rework what we have done. Look at research papers. When you start to count the number of 'assumptions' that the research is based on then it will end up being a disaster. Mostly the number of 'assumptions' will tally up well into the double digits and they call it 'research'.

Now that you can consider that our minds are addicted to untruth and that assumptions are generally 98% in error, then you are allowed to consider that all institutionalised systems are not just flawed, they are grossly in error, they are subjecting us to suppression and control and that all that we have accepted and embraced has been of great harm to us, continually for many thousands of years. You may also consider that we are continually to 'look up there' when we are to look somewhere else to discover the truth of what we are being deceived about. There is nothing that we will not need to dismantle and then rebuild on truthful foundations. NOTHING!

*Ten ducks in a row, but one always misleading or misled!*



# THE 9 TYPES OF INTELLIGENCE



## A STATE of MIND!

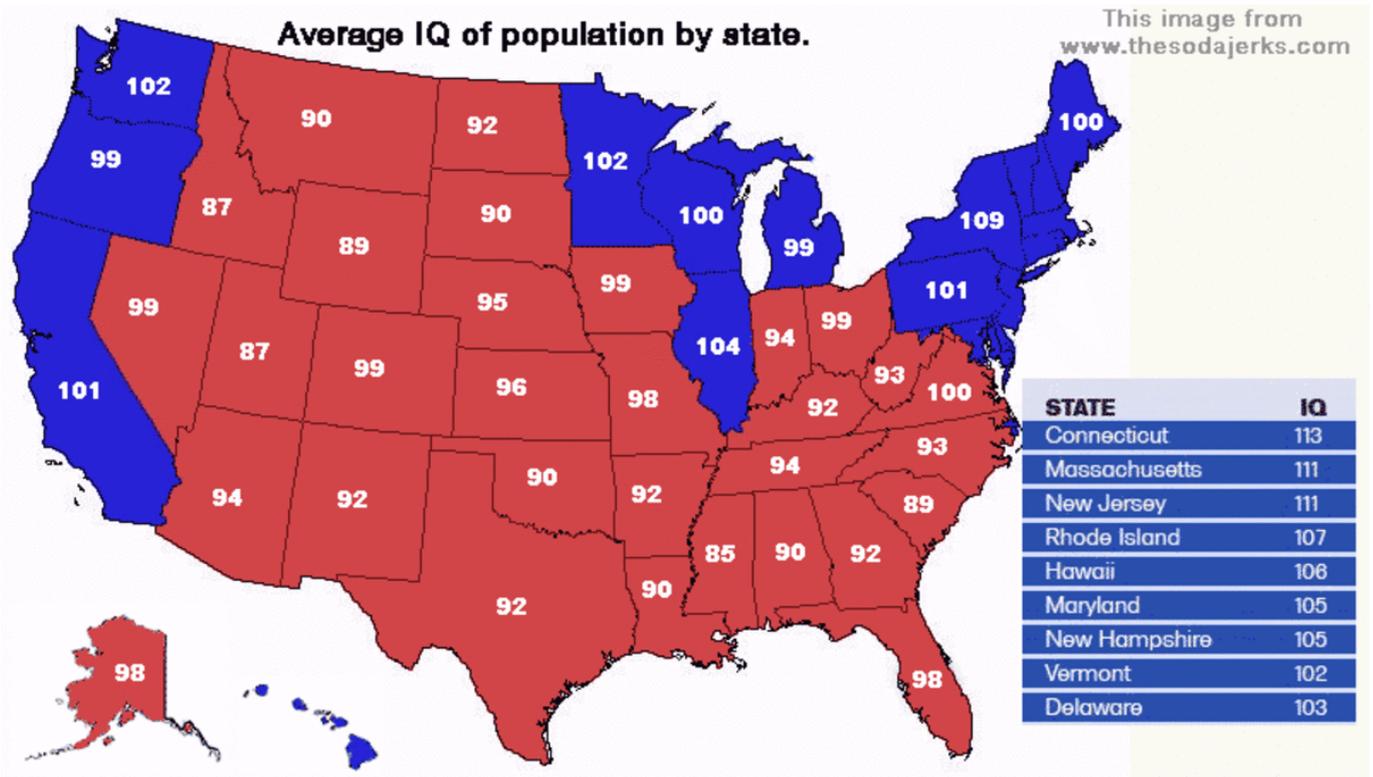
Middle class is a state of mind. The poor have got nothing to lose and live in the moment. The rich are in cahoots with government to pass laws to suit their interests.

Many who are told that they are at a given level of competency or incompetency tend to accept this as a rock solid truth and this becomes a lifelong barrier to their progress. This is a controlling mechanism recognised and utilised for thousands of years by high level invisible controllers.

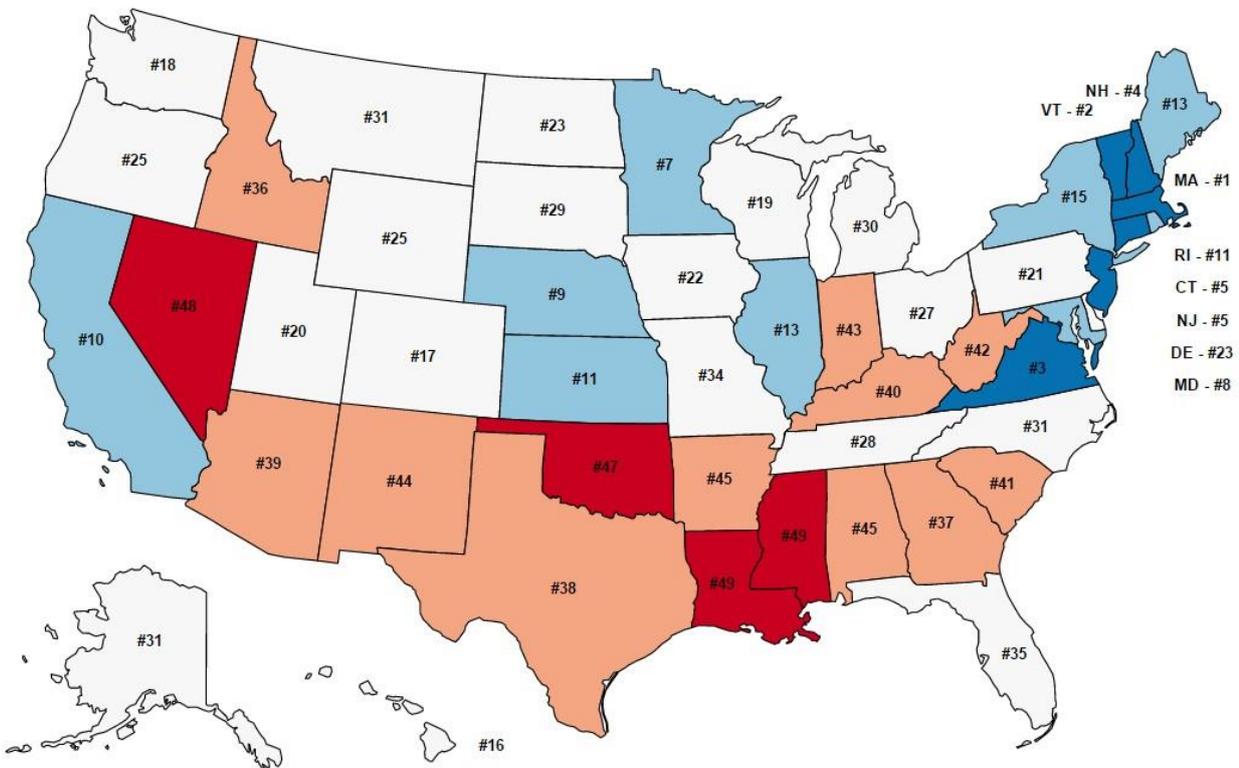
The Caste System of India is one such powerful mechanism. The Caste System now has been repackaged for our modern environment, it is now the Intelligence Quotient (IQ) assessment process. The consequences are the same. It has become a psychic barrier that will require long term continuous attention to address the false dichotomy that many have embraced as a belief.

We each have an enormous innate potential. We will each go on and achieve incredible capabilities – once we heal ourselves of our childhood suppression – the elephant in the room!

To bridge and overcome these barriers we are to strive to live feelings first having our minds to follow, our mind assisting in implementing what our feelings are guiding us to consider and embrace. Not the other way round as it has been these past 200,000 years of Rebellion and Default.



## These Are The Smartest States In America



How Smart Is Your State?

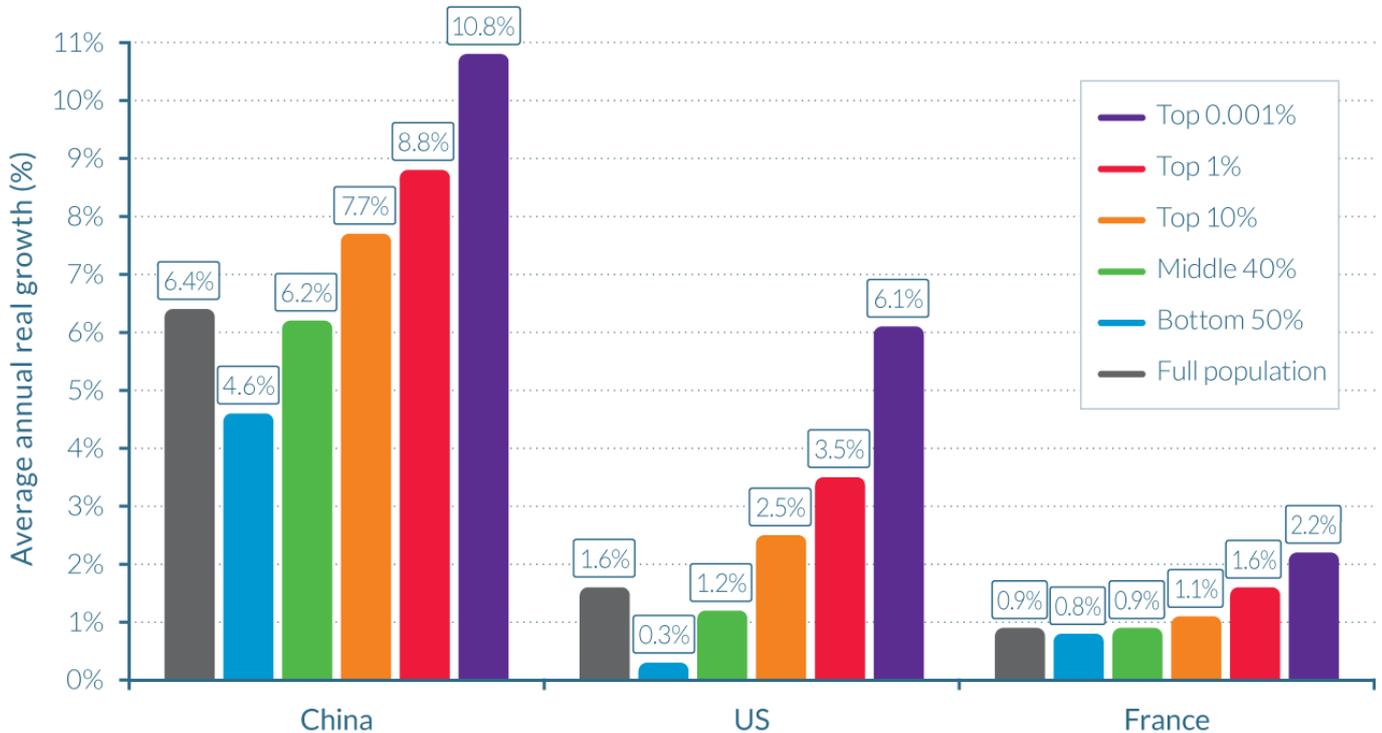


COMMERCIAL IN CONFIDENCE

**On what basis does China claim they are more democratic than the United States?**  
<https://www.quora.com/On-what-basis-does-China-claim-they-are-more-democratic-than-the-United-States>

Based on the 2018 Global Inequality Report:

**Average annual national income growth by income group in China, France and the US, 1980–2015**



Source: Part II - Trends in global income inequality

<https://wir2018.wid.world/part-2.html>

Between 1980 – 2015, the bottom 50% of the Chinese saw their income grow by 4.6% annually. The bottom 50% of the Americans saw their income grow by 0.3% annually. Basically, the poor Chinese got richer. The poor Americans did not. This is during a 35-year span.

Similar data is published by the US Congressional Budget Office.

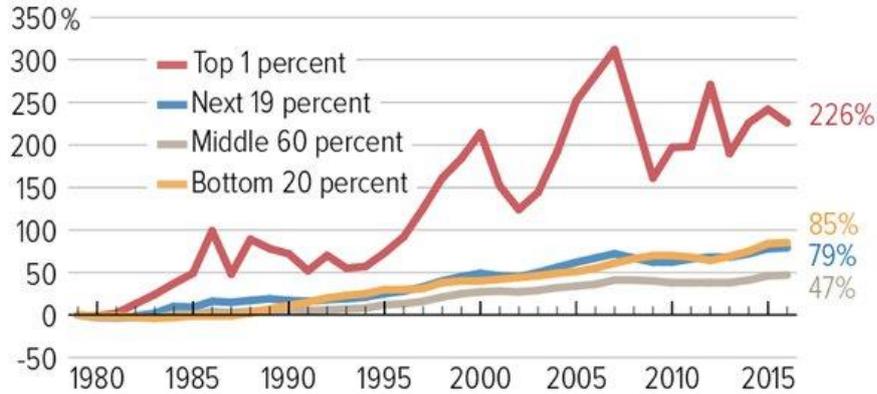
So – either you have to believe that the majority of Americans voted for 35 years to be poor, or you may come to the conclusion that democracy is not voting once every 4 years, but a constant stream of collective action, constant organisation, not doing the easy thing, but doing the hard thing.

In France, the peasant majority voted with their pitchforks to be rid of their royalties and their aristocratic minority. In the US, the poor and middle class majority mostly fought and divided each other, and voted to be poor for half a century so that their millionaire minority can become billionaires. Is that the “democracy” you are talking about?

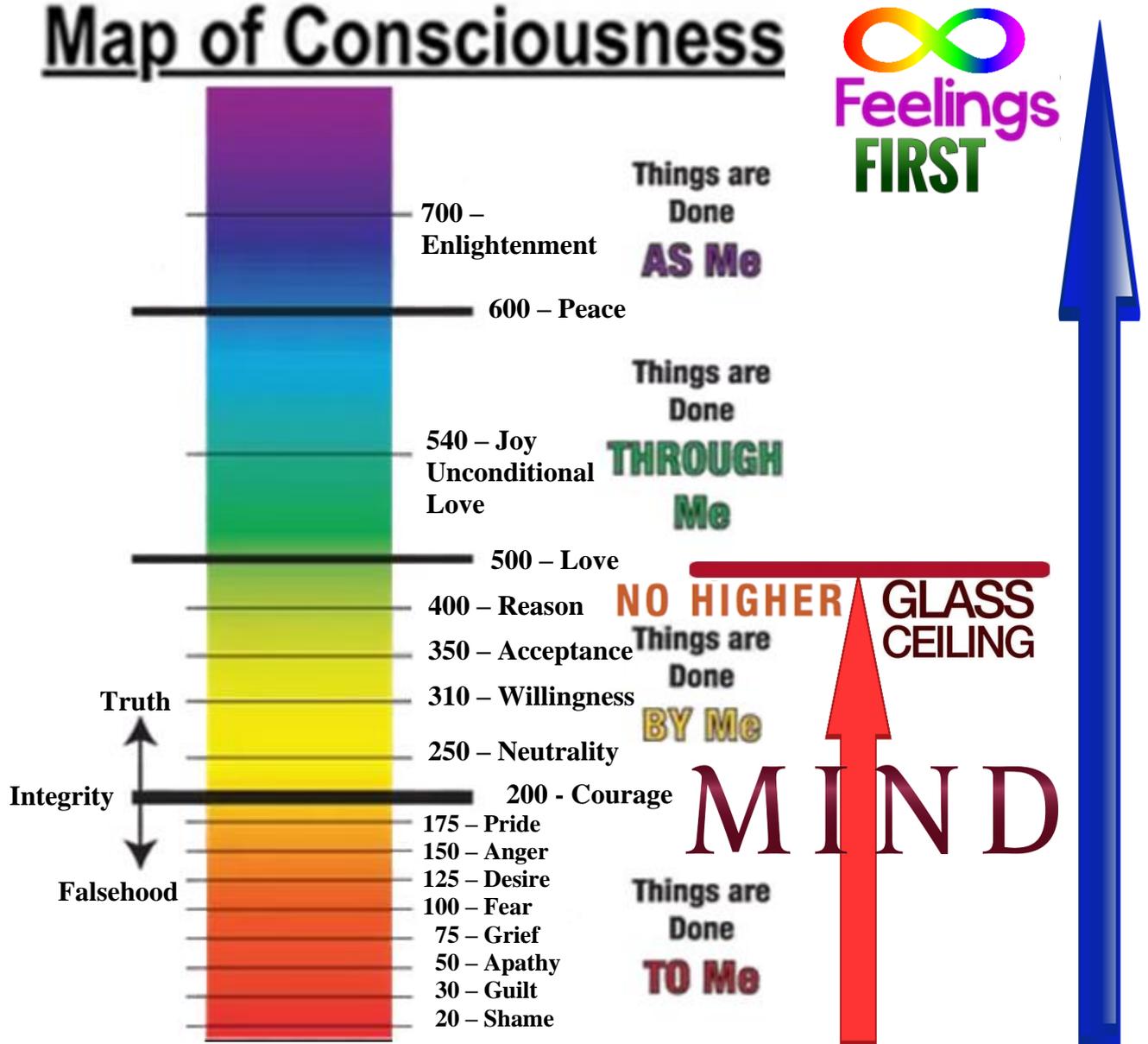
Well, if that’s the case, why would the ordinary people in other countries want to be in a “democracy”?  
 LOL.

### Income Gains at the Top Dwarf Those of Low- and Middle-Income Households

Percent change in income after transfers and taxes since 1979



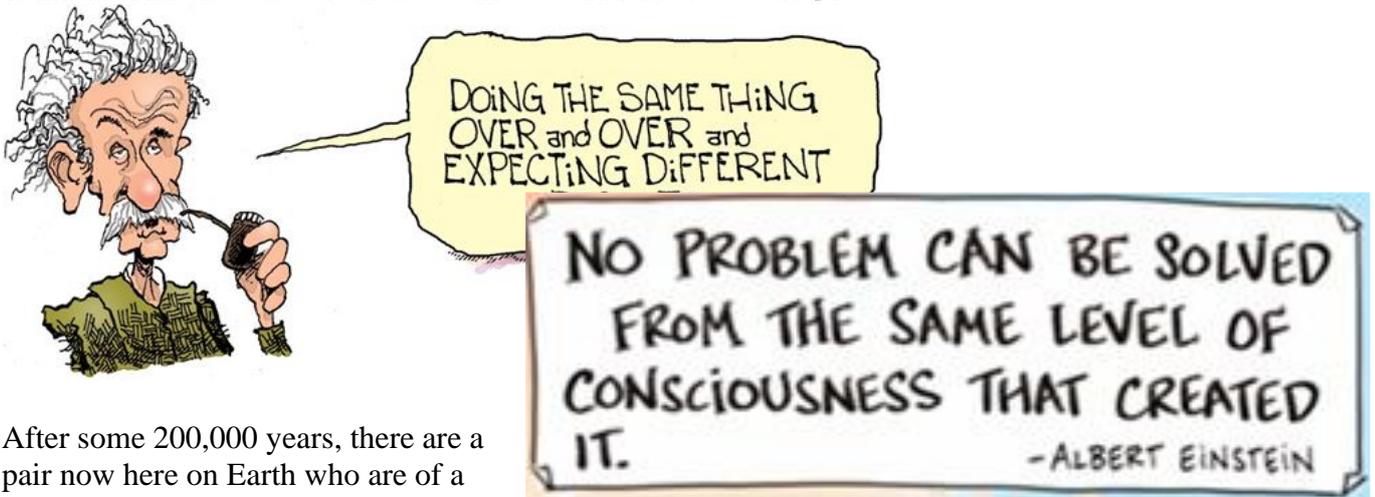
## Map of Consciousness



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ALL spiritual and religious systems and institutions apparently espouse to lead us to higher levels of consciousness on a pathway to Heaven. Instead, they have all supported the way of life of being mind-centric. While we ignore and suppress our feelings, our soul based feelings which are always in truth, then we cannot progress beyond 499 on Dr David R Hawkins' Map of Consciousness scale. We cannot progress beyond what is the ceiling of consciousness for those now in the 1st spirit Mansion World. There are seven Mansion Worlds that we are to progress through before we can enter the 1st of the Celestial Heavens. These spiritual and religious systems and institutions continue to do the begging of the 'bright sparks' who imposed this entrapment and suppression upon all of humanity. These spiritual and religious systems and institutions are not doing anything to advance humanity – they are aiding our controllers!

## EINSTEIN'S THEORY OF INSANITY



After some 200,000 years, there are a pair now here on Earth who are of a higher consciousness than those who created the problem that has engaged all of Earth's humanity, and this couple have taken on the extremes of the Rebellion and Default and are healing themselves of it in demonstration for humanity to emulate and follow in the doing of their own Feeling Healing. This is the culmination of 4,000 years of progressive steps, physically commencing with Machiventa Melchizedek, then Jesus and Mary of Magdalene, and now the Avonal Pair. Yes, all of these personalities are each of a higher level of consciousness than those who created the Rebellion and Default on Earth. And no, doing the same thing over and over is not the pathway forward.

Yes, it is clear to many that democracy, whatever that means to each of us, is flawed within the most powerful nation that purports to support and promote it around the world. Democracy in which ever nation it is said to be in has been hijacked for the benefit of the few. Deception prevails.

It is not a nation drinking through the straw, draining the wealth of other nations. It is the hidden silent few draining the many within the umbrella of national structures and arrangements. These crafty few families have for many generations drained the collective wealth of the majority without being brought to account. These few families control governments, if they cannot then they control the second tier of the administration of those governments and are always

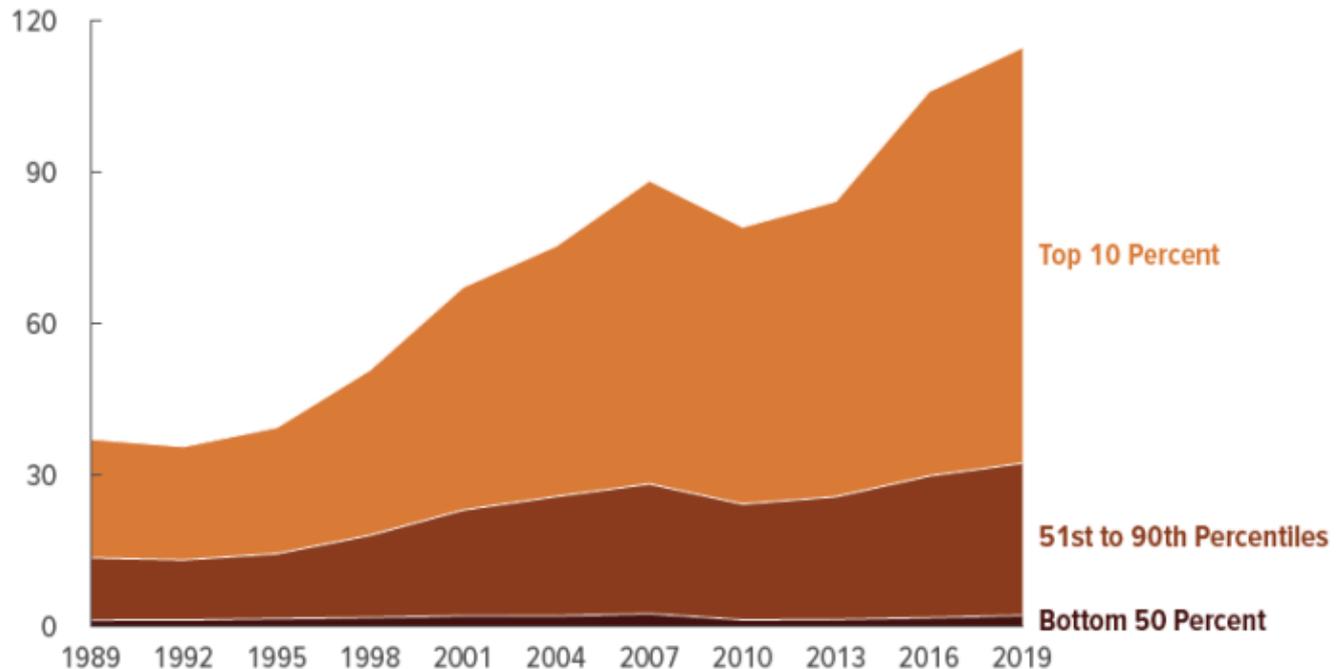


positioning and training compromised replacements in all the critical positions to do their begging and be their puppets.

### Total Family Wealth, by Wealth Group

Trillions of 2019 Dollars

### Distribution of family wealth in the USA.



How could they possibly do this? Specific secret societies are a conduit and network worldwide. Should you look at the societies that each of the presidents of USA have been active members of then you see the controlling pathway. These secret societies typically link up through Lodges at their highest and secluded levels, which in turn may lead back to, say London and then to a Club. It is in one such Club that the majority of United States America then future presidents have been anointed. Funding of election corresponds with the acceptance and endorsement of appropriate 'policies'. The hidden controllers have been successful for the majority of US presidential elections through this pathway. Donald J Trump spoiled the election of Hilary Clinton, so that was a failure for this covert controlling group.

Over the decades we can all see the ever expanded tentacles of suppressive debt being imposed upon families. All systems are structured to make us all obedient consumers and corresponding debt slaves. Home finance was limited to 80% of valuation then with 'insurance' systems it is now 95% and greater. Consumer finance became more and more accessible for motor vehicles, then large home appliances and now it is almost instant on everything. Credit card finance can be almost unlimited. And now it is education financing that literally guarantees a funded student a life of debt slavery whereas education was free for all and needs to become free for all once again. And if you should have ill health in USA then medical expenses may most likely send an uninsured into bankruptcy.

Step back and look at processed food. The ultimate control and ownership of processed food may lead you to the same few mega-wealthy families who control such food distribution networks worldwide. The nutrition value of highly processed package food is NIL!

These hidden secret controllers may appear benevolent but they are also the funders of wars – BOTH SIDES. Then consider looking at the ultimate ownership of military industry complexes!

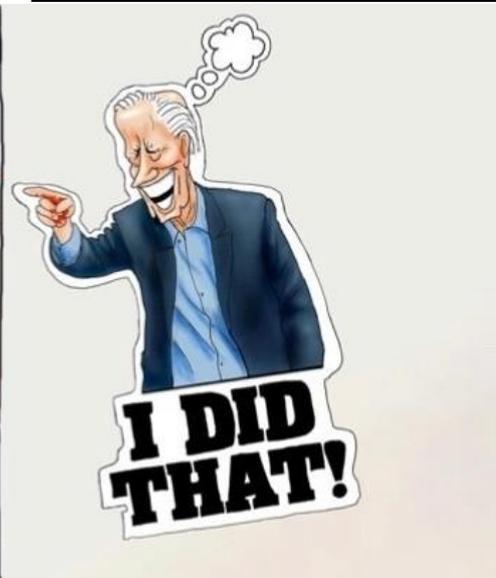
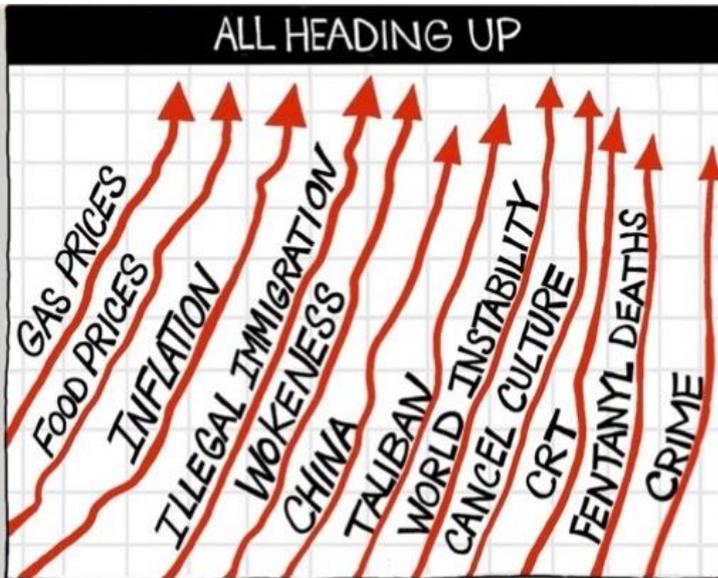
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Donald John Trump was the 45th president of the United States from 2017 to 2021.

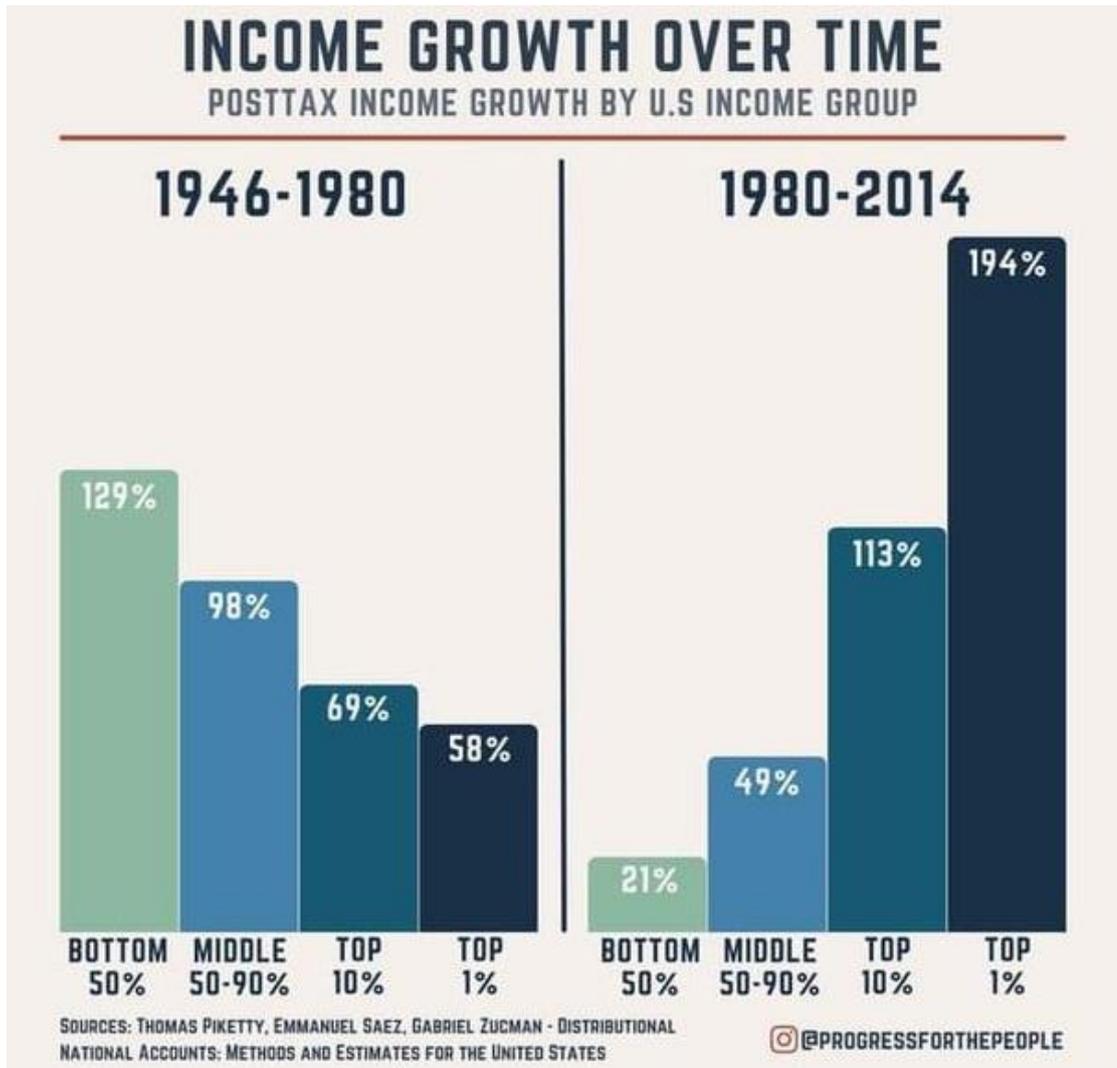
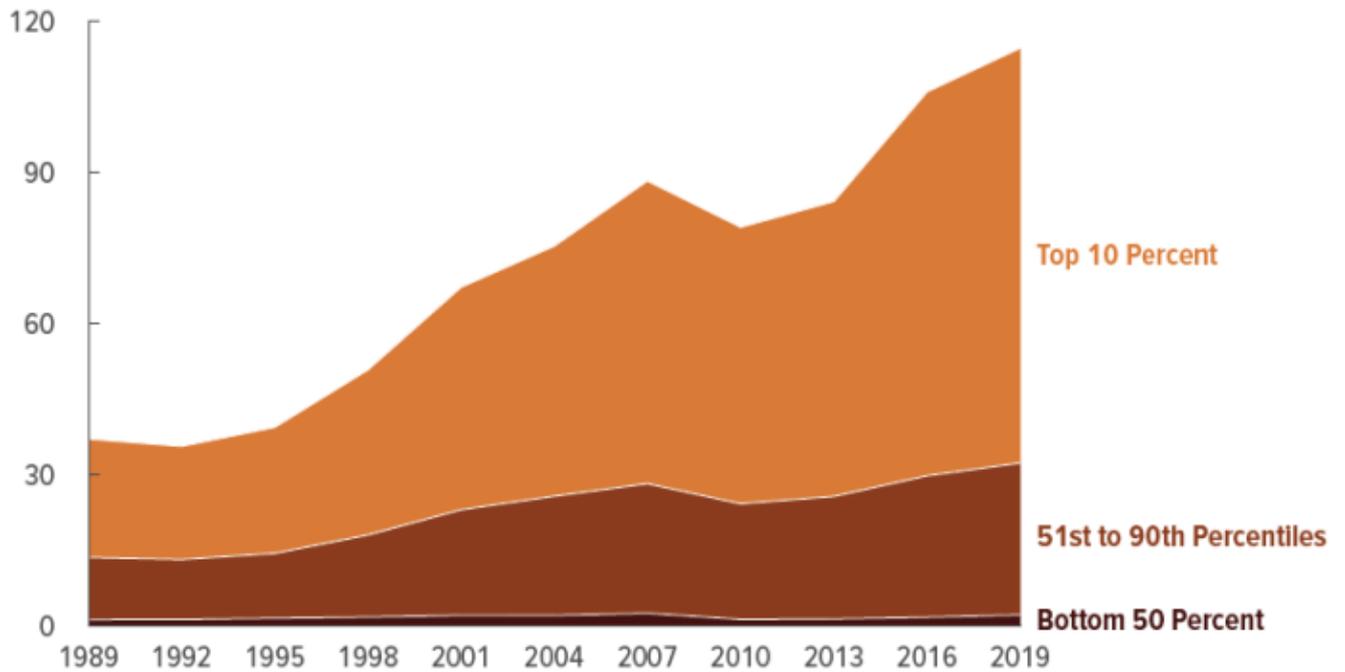
Kim Jong-un is the Supreme Leader of North Korea since 2011 and the leader of the Workers' Party of Korea since 2012.

Joseph Robinette Biden Jr. is the 46th president of the United States having commenced term of four years on 20 January 2021.



**Total Family Wealth, by Wealth Group**  
Trillions of 2019 Dollars

**Distribution of family wealth in the USA.**

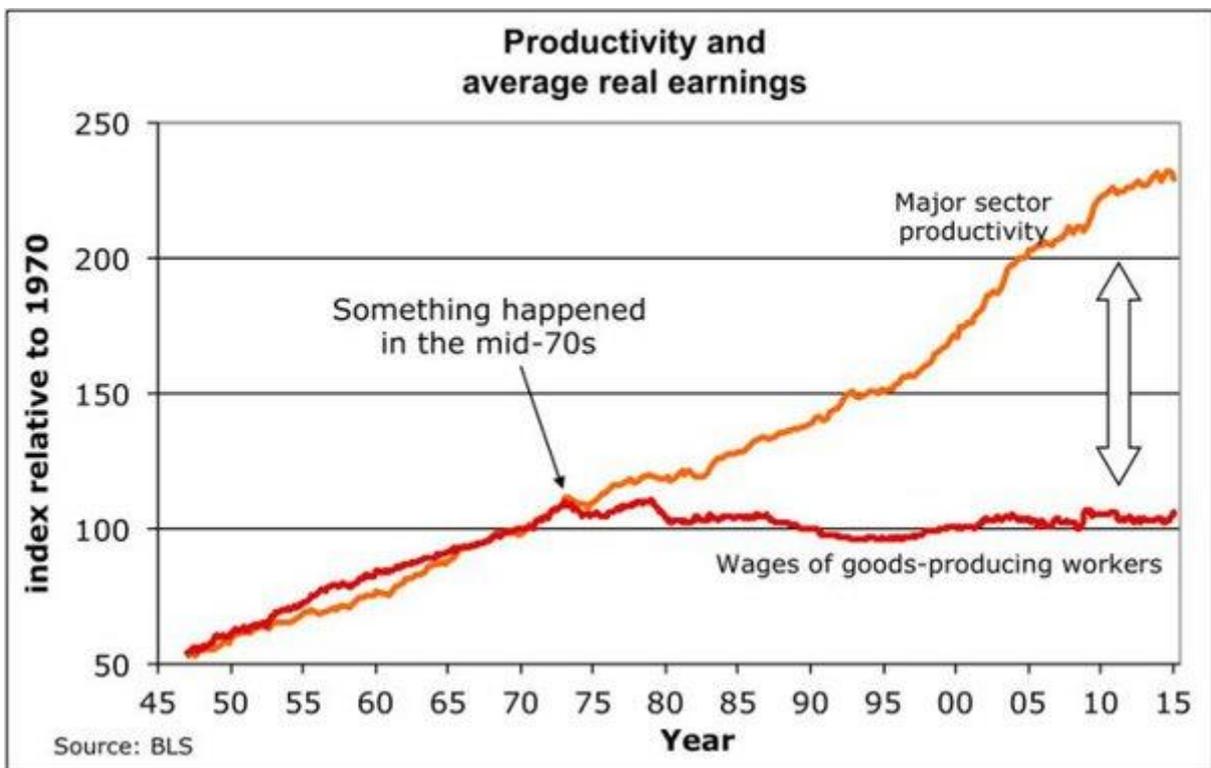


## INEQUALITY:

From the end of World War II until the early 2000s the number of democracies and the proliferation of human rights was generally increasing, but since then, it has been slowly decreasing. What is a good explanation for this change?

Two internal Western factors and one external.

- Unprecedented rise in *inequality*, in some countries to the pre-WWI levels. More and more people are getting less and less of the cake, and the fact that the cake is growing nicely, somehow doesn't make them happy



- Exhaustion of the welfare model as the foundation of liberal democracy, because of the *demographic decline*. Millennials and their kids must work more and harder for the same pay to uphold the comfortable lifestyle of retired people. They can't do anything within the democratic framework. The numerous, long-living, fun-loving baby-boomers outvote and outcompete the youngsters in politics, hands down and dentures out.
- The epic success of the *meritocratic autocracy* in China. It seemingly substitutes the short-sighted unpredictable chaos of democratic consensus-building with an impenetrable, depoliticised, benevolent stability and long-term planning horizon of one-party rule.

**WHAT is LOVING ABOUT THESE?**

<http://www.historyinorbit.com/175-fascinating-little-known-photos-of-the-past/>

These two bullets were found after the Battle of Gallipoli which started in 1915 and ended in 1916 during WWI. The allies consisted of British, French, Australia and New Zealand against a fierce Turkish Army. In the end, the allied side lost 46,000 troops while the Turkish lost 65,000, with the Allies retreating from the battle.



The First Atomic Bomb – The Gadget was the first atomic bomb ever made and was tested at Trinity Site, New Mexico, near Alamogordo on 16 July 1945.



These two photos are a representation of the universal gross insanity of humanity!

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# **What is loving about these?**



## Which country is the greatest threat to world peace?

[What do most Americans fail to understand about U.S. foreign policy?](https://www.quora.com/What-do-most-Americans-fail-to-understand-about-U.S.-foreign-policy/)

<https://www.quora.com/>

This is a map showing the most common poll response to the question “Which country is the greatest threat to world peace?”



Canada, Romania, and the United States chose “Iran”. Afghanistan and India chose “Pakistan”. A few chose “Israel”.

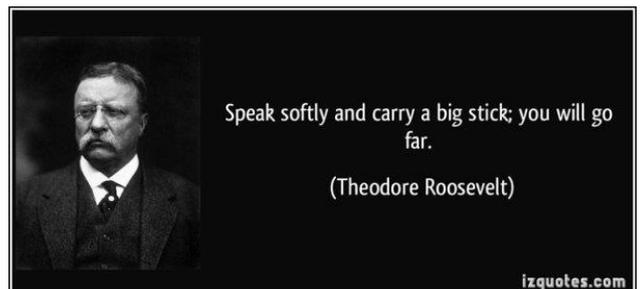
But the overwhelming consensus among the Americas, Europe, Asia, Africa, allies and enemies alike was “The United States”

That’s because it doesn’t have one foreign policy – it has four



The original one was exemplified by the development of the State Department and is exemplified by this guy, one of the greatest Americans who ever lived.

Benjamin Franklin, the ambassador to France and one of the most popular people in both countries at the time. For decades, this exemplified the reach of American foreign policy.



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But then came this guy. (Ike. Dwight Eisenhower)

Honestly, this fellow was a fine president, but he leaned too heavily on the Department of Defence. There's even a term coined to describe his brand of foreign policy:

[Gunboat diplomacy – Wikipedia](#)

So, now we have the State Department pursuing the “diplomatic” solution, but the threat of the Defence Department pursuing the “military” solution. From this point forward, if you were dealing with the United States, you couldn't be sure who you were dealing with.

Things were soon muddled by this guy.

Again, a fine president, but despite being an opponent of what he called the “military industrial complex”, he started leaning heavily on America's newly established centralised intelligence services which promptly helped to stage coups in Iran and Honduras.

So, now, if you're a foreign nation, you deal with the Department of State, you keep an eye on the Department of Defence, and now you learn you have to deal with “covert diplomacy” – people working behind the scenes, not really attached to either State or Defence. In fact, they may have no idea what the CIA is up to.

And then, there's the fourth branch of American foreign policy

Multinational corporations. Now, these have always been a problem for foreign governments from the Dutch East India Company (which pretty much ran its own foreign policy) to the Hudson's Bay Company (which really governed most of Canada for two centuries) to the Congo Free State (which operated independently of the elected government of Belgium). I mean it's all well and good to get one of them to drill for your oil or farm your land, but if you want to change the deal, there's always the danger that they will call their friends at State, or Defence, or the CIA.

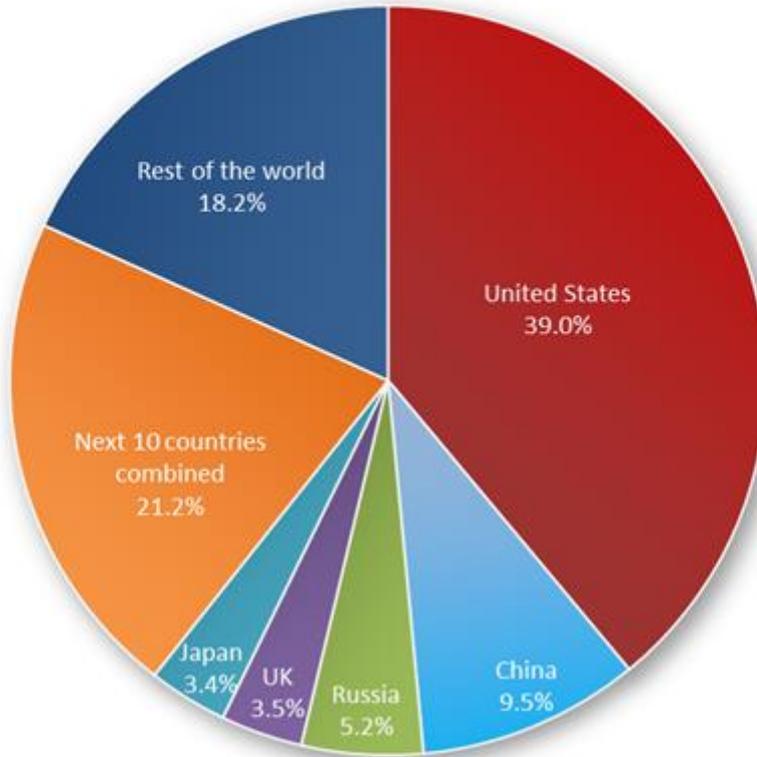
Take the [United Fruit Company – Wikipedia](#), which was active from 1899 to 1970 and still exists as Chiquita Brands. It was so common for them to bribe the heads of foreign governments friendly to their interest that American writer O. Henry coined a term for it that we use to this day. [Banana republic – Wikipedia](#)

Now, if you're taught civics, you learn all about the State Department. What you don't learn is that it only controls the open, friendly part of U.S. foreign policy. All that complicated stuff remains hidden. However, it's that hidden stuff that other countries worry about.

## **What do most Americans fail to understand about U.S. foreign policy?**

What most Americans do not fully realise is the extent of the damage US foreign policies are inflicting on poor and weaker countries. Consider Venezuela for example. 28 million people are suffering from serious economic conditions. Now Venezuela had to fight COVID-19 in dire straits. Despite this, the US increased its seizure of Venezuela's funds in addition to more sanctions. The message from Washington is clear. Venezuela's oil is more valuable to Washington than the Venezuelan people.

### Global Distribution of Military Expenditure in 2012



Source: SIPRI Military Expenditure Database 2013, <http://milexdata.sipri.org>

### WORLD WAR 3: THE FOUR BIGGEST CONFLICTS IN THE WORLD RIGHT NOW THAT COULD TRIGGER WAR

India vs Pakistan	China vs US
Russia vs US	Iran vs US

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**Military Expenditure worldwide pa US\$2 Trillion  
vs Humanitarian Aid worldwide pa US\$50 Billion**

**Gun Ownership and Homicides, Selected Countries**

	Civilian-owned guns per 100 people (2017)	Gun homicides per 100,000 people (2019)
United States	120.5	4.12
Canada	34.7	0.5
Australia	30	0.18
Norway	28.8	0.07
Israel	6.7	1.05
United Kingdom	4.6	0.04
Japan	0.3	0.02

Sources: Small Arms Survey; Institute for Health Metrics and Evaluation.

COUNCIL on FOREIGN RELATIONS



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Murder Rate by Country 2022			
Rate per 100K population			
Country	Homicide Rate ▼	Homicide	
MoC			
405	United States	4.96	16,214
180	Kenya	4.93	2,533
80	Angola	4.85	1,217
380	Italy	0.57	345
305	China	0.53	7,525
340	Bahrain	0.52	7

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# ***Violence is never Justified***

**Never is hatred, nor discord, nor war among men justified – no matter what the cause – and if men will only learn the Truth there will never exist such feelings or acts. Militarism is all wrong. Jesus 25 December 1915**

**Why do police arrest and shoot children in democratic America, while in other non-democratic countries this seems unthinkable?**

<https://www.quora.com/Why-do-police-arrest-and-shoot-children-in-democratic-America-while-in-other-non-democratic-countries-this-seems-unthinkable>

Because in other countries they make sure the police get some education.



By the numbers: US police kill more in days than other countries do in years

The Guardian has built the most comprehensive database of US police killing ever published. Compare their findings to those from the UK, Australia, Iceland and beyond

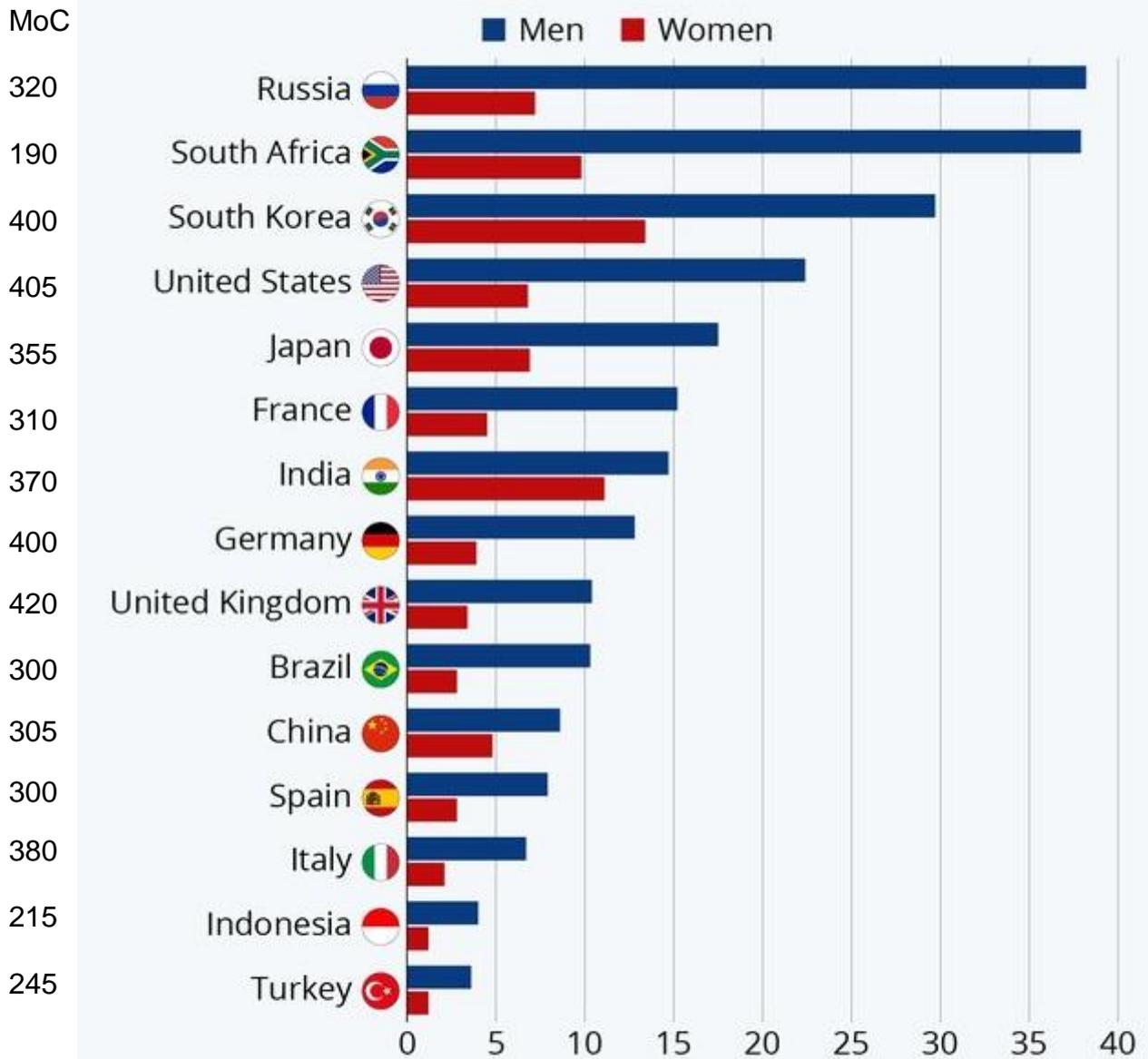
<https://www.theguardian.com/us-news/2015/jun/09/the-counted-police-killings-us-vs-other-countries>

***Violence is never Justified***

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# Suicide Rates Around the World

Estimated rate of suicide per 100,000 population in selected countries in 2019



Source: WHO



**PSYCHOPATH**

**A mentally unstable person** especially: a person having an egocentric and antisocial personality marked by a lack of remorse for one's actions, an absence of empathy for others, and often criminal tendencies.

<b>Symptoms</b>	Boldness, superficial charm, pathological lying, lack of empathy or remorse, inclination to violence and manipulation, impulsivity, narcissism
<b>Causes</b>	Genetic and environmental
<b>Risk factors</b>	Family history, poverty, parental neglect
<b>Differential diagnosis</b>	Sociopathy, narcissism, Machiavellianism, sadism, borderline personality disorder, bipolar disorder (mania)
<b>Prognosis</b>	Poor

*Psychopaths are not neurally equipped to have concern for others*

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4059069/>

How many psychopaths are there in USA?

	<b>Item - Interpersonal</b>	<b>2 Factor Affective</b>	<b>3 Factor Lifestyle</b>	<b>4 Factor Antisocial</b>
1	Glibness-Superficial Charm	1	1	1
2	Grandiose Sense of Self Worth	1	1	1
3	Need for Stimulation	2	3	3
4	Pathological Lying	1	1	1
5	Conning-Manipulative	1	1	1
6	Lack of Remorse or Guilt	1	2	2
7	Shallow Affect	1	2	2
8	Callous-Lack of Empathy	1	2	2
9	Parasitic Lifestyle	2	3	3
10	Poor Behavioural Controls	2	--	4
11	Promiscuous Sexual Behaviour	--	--	--
12	Early Behavioural Problems	2	--	4
13	Lack of Realistic, Long-Term Goals	2	3	3
14	Impulsivity	2	3	3
15	Irresponsibility	2	3	3
16	Failure to Accept Responsibility	1	2	2
17	Many Marital Relationships	--	--	--
18	Juvenile Delinquency	2	--	4
19	Revocation of Conditional Release	2	--	4
20	Criminal Versatility	--	--	4

This translates to **approximately 1,150,000 adult males** who would meet the criteria for psychopathy in the United States today. And of the approximately 6,720,000 adult males that are in prison, jail, parole, or probation, 16%, or 1,075,000, are psychopaths.

Psychopathy is astonishingly common as mental disorders go. It is twice as common as schizophrenia, anorexia, bipolar disorder, and paranoia, and roughly as common as bulimia, panic disorder, obsessive-compulsive personality disorder, and narcissism. Indeed, the only mental disorders significantly more common than psychopathy are those related to drug and alcohol abuse or dependence, depression and post-traumatic stress disorder. No matter where one stands on the long-debated question of whether “nothing works” when it comes to criminal rehabilitation, there is no doubt that the psychopath has grossly distorted the inquiry. Psychopaths are not only much more likely than non-psychopaths to be imprisoned for committing violent crimes, they are also more likely to finagle an early release using the deceptive skills that are part of their pathologic toolbox, and then, once released, are much more likely to recidivate, and to recidivate violently.

The causes of psychopathy, like the causes of most complex mental disorders, are not well understood. There is a growing body of evidence showing that psychopathy is highly correlated to aberrant neuronal activity in specific regions of the brain. Those neurological causes are in turn almost certainly either genetic or the product of very early developmental problems. Indeed, the clinical evidence of signs of psychopathy in very young children suggests that the classical blank slate model of the psychopath as the adult product of childhood maltreatment probably misses the mark. Although the question is still debated, many scholars of psychopathy have accepted an interactive model, in which the people who become psychopaths are seen as having a genetic or early developmental predisposition for the disorder, which then blossoms into psychopathy when the predisposed individual interacts with a poor environment.

This is just one example of the nature versus nurture gnarl endemic to the larger question of why humans behave the way they do. Psychopathy is a particularly good example of why it is so difficult to tease out these causative influences. On the one hand, it is not difficult to imagine that a parent’s failure to bond with an infant could produce the kinds of neurological and clinical changes associated with psychopathy, and indeed there are many of these so-called “attachment theories” to explain a host of mental diseases. There are studies galore that correlate the neglect and abuse of children to those children growing up with increased risks of depression, suicide, violence, drug abuse and crime.

Though psychopaths make up roughly 1% of the general male adult population, they make up between 15% and 25% of the males incarcerated in North American prison systems.

**NOTE:** At the moment of conception, our soul and personality are both in perfect condition. From that moment on, the newly forming embryo and personality are continually subjected to the emotional injuries and errors of belief of its parents and those close within the family circle. As this continues throughout gestation, these injuries also detrimentally alter the genes of the growing baby in the womb. It is these injuries that bring about birth defects in the baby. By the time the child reaches six years of age it will calibrate on Dr David Hawkins’ Map of Consciousness scale at a similar level as one or both of its parents. The child through its unique personality then grows into adult life being a clone of its parents.

We are each totally responsible for our actions, however our life is a consequence of our childhood suppression imposed upon each of us by our parents and those close within our family. When investigating extreme actions of anyone, the childhood upbringing and parents need to be included.

## **MISCARRIAGE and ABORTION**

This is a communication from Benjamin John who is John's unborn son having miscarried at twelve weeks into term:

Benjamin John, from within 2nd Celestial Heaven:

Thursday, 18 May 2017

"I am Benjamin, John, although that is not the name my spirit parents gave me. And it was myself coming to you as you have had me on your mind from time to time. I am not part of what is going on with you John, I have my own very separate life to you, however I am a Celestial and Beth and I have occasion to speak together through work that we do. (At twelve weeks into term, Benjamin, as we grew to call him, miscarried, being around April 1975.)

"I came to you, as I have come periodically to you and Carolyn, more of out of curiosity as to what my life might have been like had things been different and were I to be one of your Earth children.

"As it was, I had a very happy upbringing with my spirit parents, we lived on the first Mansion World in one of the big cities and I had four brothers and two sisters and was very artistic, going to what would be the equivalent of art college, where I developed my artistic skills to quite a high degree.

"And that was all before I was introduced to the Divine Love, which I did through you, following it up with Beth as she came to me when I expressed interest in it, which just so happened to be coincidental on one of my periodic visits to you. You were very taken with the Padgett Messages and were involved with AJ (Miller) and Mary Luck (that was from July 2009 until November 2011), and I spent some time with you and them and the other people and spirits involved with them, as there were quite a gathering of spirits who attended all they were doing.

"Beth soon put me straight about the Divine Love and the Healing, and then I embarked upon it, having to do it like we all do, coming to understand that my upbringing was not so different from many on Earth, and possibly even so, had I been your flesh child. My art, I put on hold as I worked continuously on myself, meeting my soulmate, and now we are living in the Second Celestial sphere.

"And from here, we intend moving on, we have no feeling for having anything to do with the physical Earth and all the changes that are soon to take place which Beth and yourself, John, are involved in, no, that's not for us, as my soulmate was also 'Spirit Born', as we call ourselves and those of us who never got born on Earth, as we want to ascend on our journey to Paradise.

"I will come and meet you when you come over and we'll spend time getting to know each other, there will be, no doubt, many questions you will want to ask me about how my life has been and how I've turned out, and I will be more than happy to answer them, but then I will leave you, as it will be for me to move on, as you are to remain – so I understand from Beth – for a time working still with Earth.

"I came to you now for you to know that I am okay, very well in fact, fully in love with my life and my beautiful partner, and that I have no hard feelings about you or Carolyn, or about anything I might have missed out on, now having worked through all such issues through my Healing.

“You might be interested to know that I got ‘married’ as some of us spirits do, and we adopted children of our own, however the relationship failed as I wanted to move on into the Divine Love, and we’ve all gone our separate ways. All of which, again, I have healed and worked through, not unlike how it is for many people on Earth.

“And really I came to say goodbye rather than hello, for I am leaving Earth as you might say, wishing to, as I said, move higher into the Celestial spheres of Nebadon (our local universe – Jesus and Mary Magdalene are co-regents). There are a lot of spirits like myself and my partner who are wanting to move higher to Paradise, we feel a strong pull within us to do so, as you too will feel when your time comes to leave the lower Celestial spheres and start on our spiritual ascent in earnest.

“However as I said, I will descend to spend time with you when you need it, and then our true separation will come, and we’ll see what our Mother and Father has in store for us.

“I will not be coming back to you now that we’ve made contact this way through James. You can think to me and I will acknowledge such thoughts and respond accordingly, but as I said, Satia and myself, Nariko (that’s a good enough approximation James) are, together with our soulgroup, heading Paradiseward. (We each have been named by our Heavenly Parents, these names we adopt when entering the Celestial Heavens. These names could be those given by parents or be soul names.)

“I am looking forward to our time together John, when your time comes and you are ready for my visit, and until then I wish you all the best with your endeavours. You are, as you know, in very good hands with Nanna Beth, as you like to call her, and so I will say goodbye and thank you for your time John. Thank you James.”

**Miscarriages** are of the consequence of parents’ emotional injuries and errors of belief. As these are continually ‘fire hosed’ upon the newly forming embryo and personality it is little wonder that any newly arriving child survives to be born. Some 50 million miscarriages is an approximation of what unfolds each year worldwide.

We may generally consider that the newly arriving personality is unaware of what is unfolding outside of the womb. This is incorrect. The newly arriving child is totally aware on an emotional basis of all that is taking place with and between its parents, also close family members. We each will go on and recall all of this all the way back to the moment of conception. I, John, feel that I understand the pain and drama of my mother back to about a month before I was born. My mother had been diagnosed with tuberculosis and was to be quarantined for six months. Consequently she had to separate me from her within a week of my birth for six months. I then had three ‘mothers’, Aunt Bell, Aunt Mame and housemaid Pauline (from Mame’s household). Then when my real mother came home – well envisage my confusion please.

Rejection of a child by its parents is a dreadful and ongoing injury bringing pain endured throughout life.

We each may have observed, from time to time, a child being separated and lost from its parents when in a supermarket or shopping complex. The distress of the child requires great care from those who come to its aid. This is only a momentary event for any child but will take years to have the pain healed if it is allowed to express the pain – otherwise the emotional injury will remain with it.

When a child is rejected by its parent or parents while in the womb, this is fully felt and its abortion is anticipated by the child. It does not matter if the ‘morning after’ pill is involved or at any time up to full term, the rejection by its parents is a long term disaster for the aborted child.

Then we have the missing girl babies. Demographic statistics clearly identify around 60 million girl babies missing in each of India and China. In China, the practice of having a bucket of water available in a birthing room has been the practice in some regions should the baby being born is a girl.

Should a child be aborted or miscarried prior to incarnation which is the moment when the newly formed foetus begins to pump blood, typically at day sixteen (16) after conception, then the personality will withdraw to later find a new host parent pair. Should the incarnation process be achieved, then the individualisation of the personality is complete and the physical experience is fulfilled and the child does not need to return to the physical world should abortion or miscarriage be imposed upon the newly forming foetus and child. The child will then go on to be spirit born, as Benjamin outlined above.

A child in the womb is no different to a child that is already born.

Should a child not be wanted, then every precaution to avoid conception needs be considered. If a child is conceived then it needs to be embraced and loved and be allowed to be born.

The pain we cause another will be fully experienced by those who cause that pain. We each will be put into the position of being the victim. We will each go through the pain, stress and trauma of our victims to the full extent as if we are our victim. This is what compensation entails. We each are personally and fully responsible for all of our actions. There is no avoiding or escaping, even though we may put the inevitable off for some time.

John (me) is extremely blessed and grateful for the communications from his unborn son, Benjamin, as he is also from his brother-in-law, Kevin, his nephew Bradley, first cousin, Raymond, grandmother, Nanna Beth, mother, Marie, and his sister Marjorie. Together they have written more than one million words (equivalent to ten books) all from the spirit Mansion Worlds and mostly from within the three Celestial Heavens. This is the first time in history that such a family group has communicated this way. These writings, being guidance and revelations, are a gift to all of humanity. These writings will be published in multiple languages.

My family have all demonstrated that we are all more alive than ever, when we are dead!

### **Childhood Suppression is the elephant in the room.**

We as parents bring up our children in the only manner that we know – how we were brought up. Thus, for generation after generation we endeavour to clone our children to be ‘little me’s’. We infuse our children with all of our emotional injuries and errors of belief and by the time they are six years old their wonderful pure and pristine personality is now a confused cocktail of three or more personalities, its own personality and of its parents and close family members.

This cocktail produces personalities sometimes calibrating less than 80 on Dr David R Hawkins’ Map of Consciousness (MoC) scale and that is the domain and region of psychopaths. This is the development of adolescent delinquency. This represents a little more than 1% of the population but with the proliferation

of high powered automatic weapons, this makes USA more dangerous to live in than Angola or Kenya. The combination of guns and psychopaths is the foundation for mass murder.

Worldwide, 2 out of 3 will experience a miscarriage, further, 2 out of 3 will be involved in an abortion.

Worldwide, more than 1 in 5 women will suffer domestic violence.

Worldwide, more than 1 in 4 children will suffer child abuse. When we consider verbal abuse then it is 100% that children suffer abuse – “don’t be stupid, you are an idiot, etc.”

So, we receive a precious gift of a perfect personality that calibrates near to 1,000 on Dr Hawkins’ Map of Consciousness and only around 55% survive through to birth! Then we see the newly born baby with birth defects and no one tells the parents that they imposed these defects through infusing their own emotional injuries and errors of belief upon the child – all because we as parents have not endeavoured to heal ourselves before bringing the child into this physical world.

Then, we as parents continue our onslaught upon the child totally ignoring its true personality that its Heavenly Mother and Father endowed it with because we as parents ‘know better!’

Apart from cloning our children, we teach it to embrace, if not worship, its mind, suppressing its true and loving feelings. “If you don’t stop crying, I will give you something to cry about!” Consequently, we are all locked in to being unable to grow and evolve beyond 499 on the Map of Consciousness. We cannot even recover our original state, let alone continue on advancing way beyond our original state.

So, as adolescents and teenagers we get bored with stealing cars and taking drugs, with go and fetch some military grade automatic weapons and shoot up a school because I didn’t get given the grades that I should have. The co-conspirator of these crimes are the parents!!!

We now have been shown how to heal our emotional injuries and errors in belief. This commences by striving to live feelings first, having our mind to follow assisting in implementing what our feelings prompt us to embrace. Then by expressing our feelings, both good and bad to a companion, we are commencing our Feeling Healing. We are to long to know the truth of what lies behind our feelings – we will be shown. What enters emotionally must be expressed emotionally. Then should we long for our Heavenly Mother and Father’s Divine Love we are commencing our Soul Healing.

This is the Great U-Turn for humanity.

**GREAT**  
**U-Turn**

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COMMERCIAL IN CONFIDENCE

## ***“The True Liberation of Women is Through the Truth of Their Feelings.”***

**Imagine women came to understand their True Liberation is through the Truth of their Feelings.**

**It's time for the true Women's Revolution:**

Liberation of the Feminine:

Women are Spiritual – live true to your feelings.

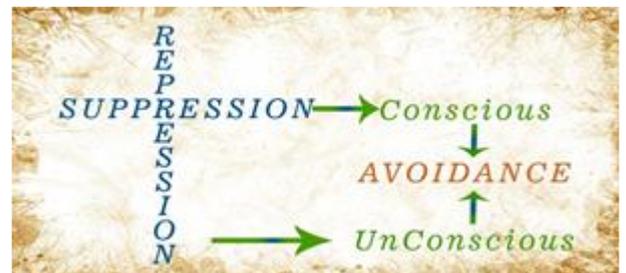
Put your feelings first – always. Let your feelings speak, DON'T DENY THEM.

I am my feelings. I care what I feel. I deserve the right to allow my feelings the right to exist. Let me OUT – Let my feelings have their Say. I will no longer keep them back, hold them in, shut them up. I want to be Heard. I want my feelings to have their say. I want to hear what my own feelings are telling me. It's time to face the truth, and my feelings are the way to it. My feelings won't like being suppressed, not once I get my mind out of their way.

Viva La Feelings – Women are Feelings. Women are Spiritual. Our Feelings are our true spirituality. Deny our feelings and we are denying our spirit. The suppression and forced repression of our feelings is to end. Bring Them ALL Out. Open your mouth and let your feelings come out, let your feelings have their say, and Long for the truth of Them. Want to know the truth of your feelings. My feelings are the Way to My Truth. I want to be true, beginning with being true to my feelings. And through my feelings I will be guided and shown how to live.

God loves all Feelings. You can only love God with your Feelings. Give ALL your good and bad feelings to God. Bring them out, stop keeping them hidden and bottled up. If you don't, you'll never uncover the truth of yourself, nor will you really get to know yourself or God.

Your feelings are the key to your successful relationships. Block your feelings and you're blocking your relationships. Express your feelings and want them to show you the deeper truth of yourself, and your relationships will become true too.



Long Live My Feelings. MeTOOandmyFEELINGS. I am Woman let me FEEL. It's time to honour what I feel. Liberate the true feminine by liberating ALL your feelings. It can be very difficult, there will be many obstacles within yourself and outside of yourself, however if you want to truly set yourself free of your pain and suffering, then seek and long with all your heart for the truth of your feelings – for your feelings to show you the truth God wants you to see about yourself. And slowly you will heal, slowly you will change and overcome all such difficulties.

James Moncrief 18 March 2018

# Living FEELINGS FIRST

FEELINGS FIRST For Kids

COMMERCIAL IN CONFIDENCE

**The subject of WOMEN'S LIBERATION:**

19 May 2003

As it has been evolving, women have been gaining equal rights with men. And so they should, men shouldn't make them feel inferior in the first place, women should always have felt equal, but men need their power over women, as women – their mothers – have made them feel so powerless.

What I want to point out is that women are setting out to be the equal of men, but that is being equal with men who are negative minded, and negative willed. Women want to compete, gaining equal status in the negative, in controlling things negatively, just as they see men do. And if this is what a woman wants then she should be able to have it, but what we want you to understand is that this sort of women's liberation is only liberation within the negative. And we want ALL WOMEN AND MEN to be equally liberated from their negative rebellious and unloving minds. So it's a different type of liberation: true spiritual liberation, we are suggesting.

Women are the true spiritual leaders, however if they merely persist in competing with men for power within the negative they will gain nothing. They will be selling out their soul and selling themselves out with a false liberation.

Jesus – co-regent of Nebadon with Mary Magdalene

12 June 2003

One day you will revere the child as the most precious thing on your world, and everything will start to be designed with children taken into full consideration. If you think that humanity seems to be changing fast in its exploration of relationships, think again, it hasn't even got going.

The great changes heralded in the forthcoming age are to be changes in relationships between you all. Things will become secondary, as you start to sort out once and for all, the truth of your relationships together. Women's liberation is only the first up-welling allowing women to feel somewhat more equal with men, but still all in the wrong ways. From here, at least being wrongly equal you can start to tackle the bigger issue of being all wrong. And then look at how you are torturing your children. This will be the biggest eye opener and the hardest for most to accept. The private and sacred ground of the parent-child relationship will soon come under closer scrutiny with the braver of you accepting the truth and wanting to see it, and then wanting to do something about it all. This will show up just how lacking in love you are and how much you are playing games of charade when it comes to happy families.

The purging of humanity, to come clean and admit just how evil it is, will be a big challenge. Not all will be able to do it in this age, but great steps forward will generate enough momentum to carry it on into the future ages. Your torture of one another and of yourselves cannot go on. You are all crying out for help and relief from the pain and torment, so now you can do something about it. So many people say nothing makes sense, and that's because it doesn't. It can't add up in the negative, but at least now you know the way to do something about it. The upsurge you experienced towards the end of last century will only continue getting stronger with each generation.

Mary Magdalene – Jesus' soul partner

**Hello Ladies;** please allow your feelings to be the pathway to liberation. There is no need to endeavour to be equal or like men. They have no answer for those who aspire and live through their feelings. As you do so then you will automatically realise that you are not only equal but then leading the men. John

Kindly go to [www.pascashealth.com](http://www.pascashealth.com) then to the Library Download page, scroll down to Pascas Care Letters and click on to open and download:



[Pascas Care Letters Women's Liberation and Mother.pdf](#)

**WOMEN LEAD**

Saturday, 19 August 2017

Helen – 3rd Celestial Heaven: **No man has any real power, that's the irony of the Rebellion and Default, you only believe you do, but it's a farce, and as much as women feel so dominated and powerless, they actually have all power because mostly the men leave the child raising in the hands of women. So the child turns out to be as the woman wants it, although most women aren't aware of that or of the actual power they wield, still that's how it is, with you living in what seems on the surface a man-dominated and run world, yet scratch that surface and dig deeper and you'll see it all comes from your early childhood and it was mothers who were mostly in control for you then.**

**Women want their liberation, they want the power they believe they are being denied, yet ironically as well, they've already got it, they've always had it, as the men don't want to take over rearing the children. However women have failed to realise that they've had their own freedom in the palm of their hands, nursing their babies, and could have parented their children to take that power into their own hands. However that hasn't happened fully yet, however women are trying to get it now, which is just taking back the power they believe is rightfully theirs, yet is just the power of being rebellious and evil, so it's not that great, as they would see should they ever succeed in getting it fully from the men.**

**Pascas Papers are to help women embrace the truly spiritual way of life on Earth, helping them understand the importance of their very own feelings, helping them understand that to deny them is hurting them, is going against themselves, is being very unloving and disrespectful to themselves, so if they truly want to be loving of themselves, and so loving of their children and do the right thing, then they'd better start living true to their feelings and stop denying them.**

**And so it's the most momentous time for humanity coming right up. We women Celestial spirits are on the march, and as the Mother told you James last night, you are to help us and give us all the support you can, and do as we ask of you so long as your feelings agree with it, which you are doing now by allowing me to write all of this with you, so the **Revolution Of Woman Power** is commencing, and it's very thrilling to say the least! So don't worry about your hair falling out Crystal, looks aren't everything you know, and there are far greater things for you to do.**

**Feeling Healing with  
Divine Love is the key**



**to enter the  
Celestial Heavens:**

**This time, in the history of humanity, is  
the most exciting time ever experienced.**

COMMERCIAL IN CONFIDENCE

**WOMEN are the TRUE SPIRITUAL LEADERS of HUMANITY!**

Our soul manifests a male and female personality – it is a duplex! One soul – two personalities! Our soul is the centre of our two personalities. We are children of our Heavenly Parents, our Mother and Father.



We are meant to live through the guidance of our soul based feelings – not live by our mind. Our mind cannot discern Truth. Our mind is addicted to Untruth. Our mind is a Control Addict.

High level spirits seduced humanity to live through their minds, thus bringing about the Rebellion – 200,000 years ago! Then the Adamites Defaulted on their mission – more than 38,000 years ago.

**The Rebellion is against love, the Default is all the difficulties we have in our relationships because of our rebellion. Healing the Default is becoming true, to ourselves and in our relationships, and ending our unlovingness – our rejection of love, so ending the Rebellion.**

Okay, because we are amongst billions of people who have been forced to join the Rebellion and Default, we are one of them – experiencing all the crud and wrongness we can possibly get ourselves into. Yep, we are rebelling against our soul, which also means we are rebelling against our soulmate / soul partner and also our Heavenly Mother and Father.

As we are rebelling against our soul partner, the other personality originating from our common soul, we are being toxic to him or her. We carry this pattern into our relationships with others of the opposite sex. Many commit heinous crimes against their soulmates / soul partner only to discover this upon completing their Healing.

**REBELLION**

**When we are living true to our feelings, we will be living true to the will of our soul no longer with our mind getting in the way. And so too will we be living True to God's Will. We live God's Will by living fully expressing all we feel as we long for the truth of such feelings. Our feelings are to guide us in life, not our mind; our true feelings are Our Way, which is also: God's Way.**

**By living true to ourselves, true to our feelings, we are living true to God. It's that simple.**

**And it is the women that will lead the way in Healing, not only of themselves but also for men.**

**To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing so to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.**

**Feelings First Spirituality, The New Way**  
**Feelings are your own truth and personality**  
**LIVE FEELINGS FIRST**

COMMERCIAL IN CONFIDENCE

**HUMANITY is within a kind of dormancy, or even more like a stupor!**

We, all of humanity, have been reduced to the barest of self-expression, having been reduced to the least creative life we can all live, that which the Earth is currently reflecting with everything and everyone trying to be the same. The pressure to keep going this way is to end. Steadily the pressure to go the opposite way, to increase creative expression, and this is not only meant through the creative arts, but in every aspect of life, socially, collectively and individually, is going to open things out enormously. It's going to be an explosion of light, that which is to end the darkness, something that's never been seen before.

It's the light in our souls, it's the light that comes from the truth we are to be living that will change us – that changes us all, light from our soul. **If one applies themselves to their Healing, thereby ending their unconscious self-denial, they will as they Heal, change and start expressing all the buried attributes, characteristics and talents, any natural part of themselves that's been denied because of their unloving parenting.** We are nothing like how we should be due to our self-denial. So many people are living completely false lives, so when they become true, they will almost be the complete opposite to how they have been.

We are to be alive and vital, real expressions of our soul, to be living fully Healed lives as Celestials while living on Earth. Continually coming to terms with all we have been through, we all take a long time to integrate and understand it all, but we will virtually be New People.

We on Earth are used to our anti-self-conditions. For the people who knew us before Healing, we will seem like completely different people, although with the same basic personality traits and characteristics. However all the self-hating, denying patterns and consequential behaviour will be gone, with all our loving self being expressed. **We are all but the living dead, whereas the Healed are the living living. And there's a huge difference.**



We and those who are Healed are like chalk and cheese, we can't relate to them anymore, and they certainly can't relate to us. **Healing is taking someone who was all but crippled right the way through their childhood and undoing all that retardation within them.** Doing one's Healing is changing the whole programming of every structure within you, all in keeping with getting older and naturally ageing with your mind and feeling systems ageing as well, working right down on the deepest will levels, it all changing, all to rid you of your wrongness and make you become right. It's a huge undertaking.

Yet it all follows on, it's not like you'll be so different from the old you that may as well not have existed, it's all there, all the new you to become, with only snippets currently being exercised and expressed, with **the rest of you in a kind of dormancy, or even more like a stupor.**



Once you have finished your own Healing, you'll be like a new person.

Notes derived from Celestial Nanna Beth 20 – 23 April 2018

**PASCAS  
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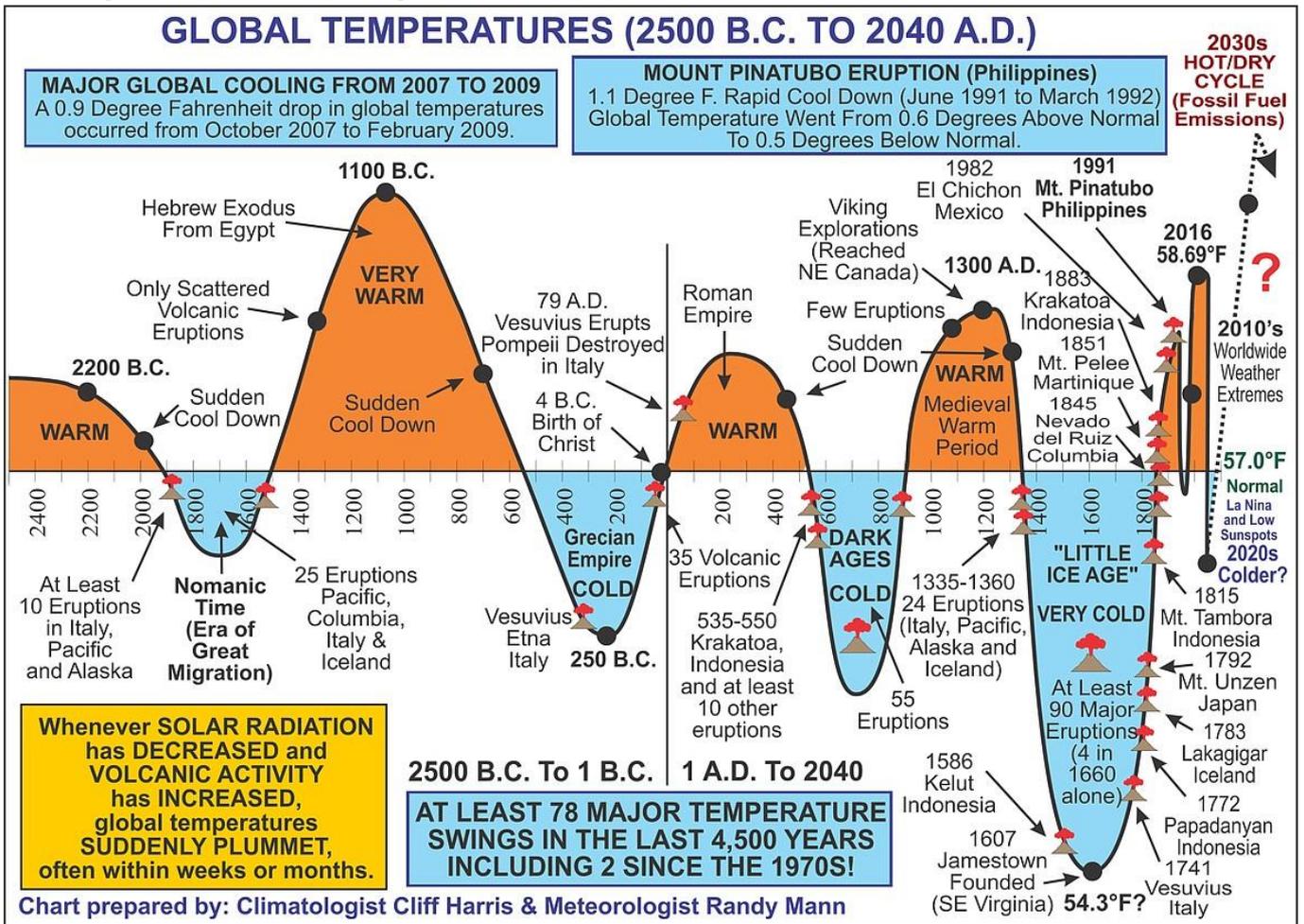
**EARTH CHANGES**



All the people of all the populations are being told that we are damaging the atmosphere causing global warming when the heating is unfolding at and from the core of Earth. Yes, down there!

During the second half of the 20th century (1950s onwards) there have been increases, if not surges, of energy received by our Sun from the core of the Universe. The Sun has transmitted this increased energy outwards and it has been received into the core of all the planets within our local solar system. In turn this increased energy has slightly increased the internal rotation of Earth's core bringing about surface tension, warming from underneath and significant changes in the pattern of weather events, earthquakes, volcanic activity (mainly under the oceans) and changes in our environments.

Yes, we need to reduce our polluting of Earth and also find and adopt alternative energy systems as the burning of combustible fuel is depleting a very finite supply of fossil fuels. But the changes in the ocean levels is not man made. The rotation of the core is spreading the oceanic tectonic plates thus some islands are rising and some are subsiding.



## The BIBLE

### Religion in the United States

Protestant	42%	Atheist	5%	Hindu	1%
Catholic	21%	Agnostic	6%	Buddhist	1%
Mormon	2%	Jewish	1%	Other religion	1%
Orthodox	0.5%	Muslim	1%	Unanswered	1%
Unaffiliated	18%				

Commencing on 31 May 1914, Apostles Matthew, Mark, Luke, John, Paul, Judas, Peter, as well as Mother Mary, Mary Magdalene and Jesus of Nazareth have progressively written through James Padgett, Dr Daniel Samuels and Hans Radax, with copious writings now through James Moncrief. What they have addressed, amongst many revelations, are the significant errors and omissions throughout the New Testament. These can now be reviewed by going to [www.pascashealth.com](http://www.pascashealth.com), then to the Library Download page, scroll down to Medical – Soul Condition & Health, then click on to open and download:

-  [Bible New Testament Matthew Peshitta Lamsa.pdf](#)
-  [Bible New Testament Revelation Mary Magdalene.pdf](#)
-  [Bible New Testament Review - Part I.pdf](#)
-  [Bible New Testament Review - Part II.pdf](#)
-  [Bible Old Testament Revisited.pdf](#)

The New Testament only had Matthew's notes that he had made during Jesus' public work, to start with. Most of the New Testament was written down a decade or much more after Jesus' death. Since then, assumptions and personal interpretations have compounded issues with the records. Copying and subsequent translations have been manipulated for political agendas. The knowledge of the availability of Divine Love was lost following the Nicean Council in 325 AD. Nevertheless, these some 300 pages containing around 185,000 words have fulfilled their purpose.

You will find that the commentary now added will lead most to conclude that the Catholic Church has got one thing right out of all its cannon laws, dogmas, creeds, rituals and sacraments – its name!

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing.  
Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.  
Primary and most important readings are the writings of James Moncrief.  
Then consider the Padgett Messages, and then The Urantia Book.**

Pascas Papers, being free, are located within the Library Download [www.pascashealth.com](http://www.pascashealth.com)  
<http://www.pascashealth.com/index.php/library.html>

**The event that is unfolding now is meant to be noticed and the records of revelations already exceed 60,000 pages, being more than 20 million words, and the public work is yet to formally begin!**

This is a time of great change and with it comes enormous clarity and access to support that we have never previously experienced. The three major sets of writings are all part of the one revelation that has been unfolding since 1914 and continues today through 2022 and ongoing.



**Plan no harm then have no pain. Your angels will celebrate your change of heart!**

**Our feelings will guide us to be free of any compensation and away from causing harm to others.**

**REBELLION and DEFAULT formally ended 31 January 2018:**



All in keeping with the **outworking of the Rebellion and Default**. Humanity is so shut off to anything that one's feelings provide, we are all but minds robotically carrying out instructions; nothing is fluid, intuitive nor feeling-free. Our whole world can't change as it is, because everyone and everything is so bogged down in the mire of artificial laws and procedures.

**WE'VE BEEN SCREWED BY  
LUCIFER REBELLION**

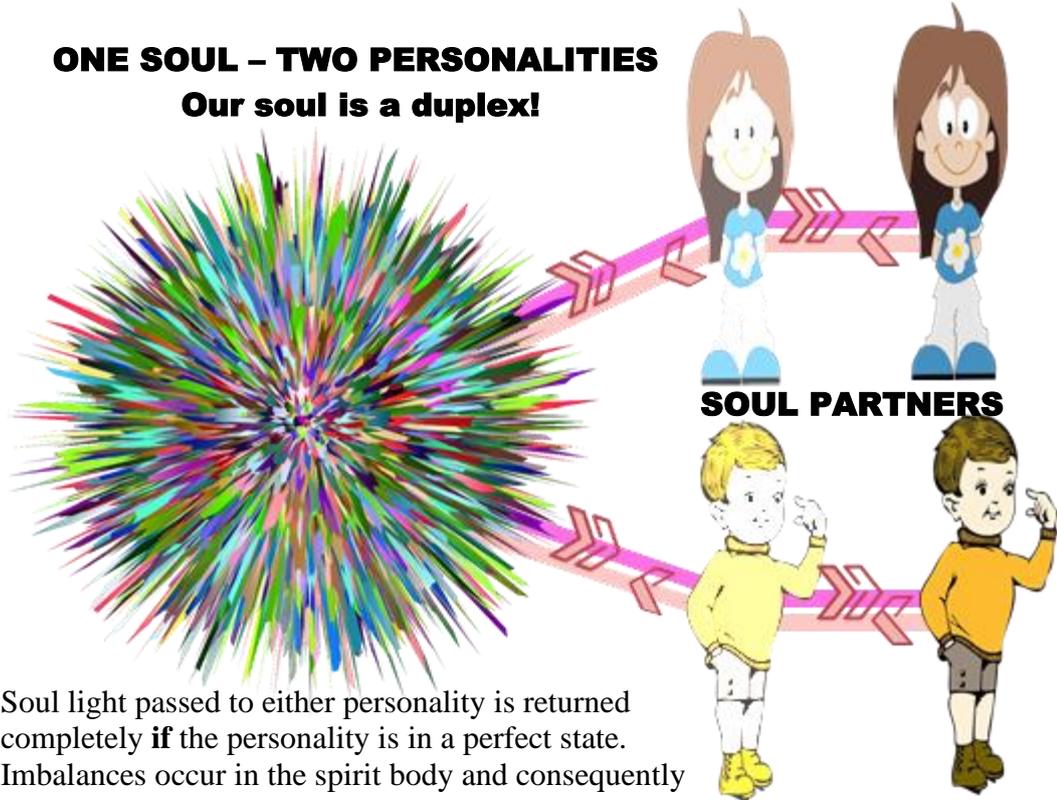


Negative Spirit Influence  
blocked  
22 March 2017  
Law of Compensation  
quickenning  
22 May 2017  
Rebellion and Default  
officially ended  
31 January 2018



**OUR PHYSICAL HEALTH is DEPENDANT UPON BALANCING the RETURN of the LIGHT RECEIVED from OUR SOUL**

**ONE SOUL – TWO PERSONALITIES**  
**Our soul is a duplex!**



Soul light passed to either personality is returned completely **if** the personality is in a perfect state. Imbalances occur in the spirit body and consequently the physical until Feeling Healing is complete.

To balance the soul light flow through the circuitry requires our **FEELING HEALING** to be completed. This will require of each of us a great effort over years. **FEELING HEALING** has now been demonstrated for the first time in the history of humanity.



**Feelings First with Mind to follow in support.**

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**END to the REBELLION and DEFAULT – 31 January 2018:**

31 January 2018: Nanna Beth, 3rd Celestial Heaven: Yes John, very good news we want to pass onto you for your records. Earth and the seven associated Mansion Worlds (including the two Earth planes) are **officially** now fully under the control of Celestial spirits. And this means John, that Earth is now ‘Ours’. It’s been a long time coming, but it’s a huge milestone and marks a tangible and real end to the Rebellion and Default. It’s one of a number of ‘End’s’ that are to occur.

With the departure of the Caligastias and Daligastias (C&D) some years ago (1993), humanity has been in a state a limbo so far as who is doing what with it, it not being allowed to be left alone so it could do whatever it liked, it always needing to have a spirit connection. With the mind spirits, as we’ve told you, basically calling the shots still happy to ignorantly carry out C&D’s plans. But now with our systematic and progressive take over, we’re now in complete control.

And what that means is we have our fingers in every pie and we’re on the case so far as what everyone is doing. However it doesn’t mean we’re taking over and telling humanity what to do and how to be, although we are able to work more with certain individuals directly and indirectly helping to move or point or orientate (depending on how you want to look at it) individuals, groups of people, whole societies, the whole world, according to the plans given to us by the Melchizedek Receivers.

So humanity will still carry on outworking it’s unloving, untrue and rebellious state, that has to be worked through to its natural conclusion, however we want you to understand and just know that it’s another end of things and beginning of the new. And it’s basically what we’ve been working with you in connection with James this past year to achieve. There is a lot more to it and how and why it’s been done, and done as it has been done, however you can find out about all of that when you come over.

So we Celestials will guide humanity now according to what our Mother and Father want, so humanity’s got a real tangible safety-net under it now, so no more ‘downside risk’, it all being to move it toward doing its Healing.

I’ll speak again soon – love Nanna Beth.



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# Root Cause

Highly esteemed Lanonandek spirits from within our local universe of Nebadon were assigned as System Sovereigns of our local system to oversee Earth's humanity and their spiritual development. 200,000 years ago they, the Lucifers, became infatuated with their authority and turned against the regents of Nebadon, Mary and Jesus, as well as rejecting God. Through their Planetary Princes, also Lanonandek spirits, they had taken the humanities of 37 worlds within their local system into their Rebellion.

Through living through our minds, suppressing our feelings, we on Earth will continue to be at war with each other, illnesses of all descriptions will continue from our feelings suppression, famine and inequalities prevail, control of others is the core of all systems, we cannot determine truth from falsehood and life on Earth is a living hell. We have been continually seduced by mind Mansion World spirits and we live life in a stupor – nothing more than zombies doing the begging of the evil ones, the rebellious Lanonandek spirits.

Through living through our minds, suppressing our soul based feelings, we have been progressively going further and further away from our Heavenly Parents, now to the point that we cannot go any further. Through working cracks in the Universal Contract governing the Rebellion and Default, this control has been ended formally as of 31 January 2018.

# Pathway Forward

To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

**God's Divine Love: Pray for it, ask for it, and receive it.**

**The Golden rule is: Never interfere with another's will.**

**Golden Rule: that one must always honour another's will as one honours one's own.**

**New Feelings Way: learning how to live true to ourselves by living true to our feelings.**

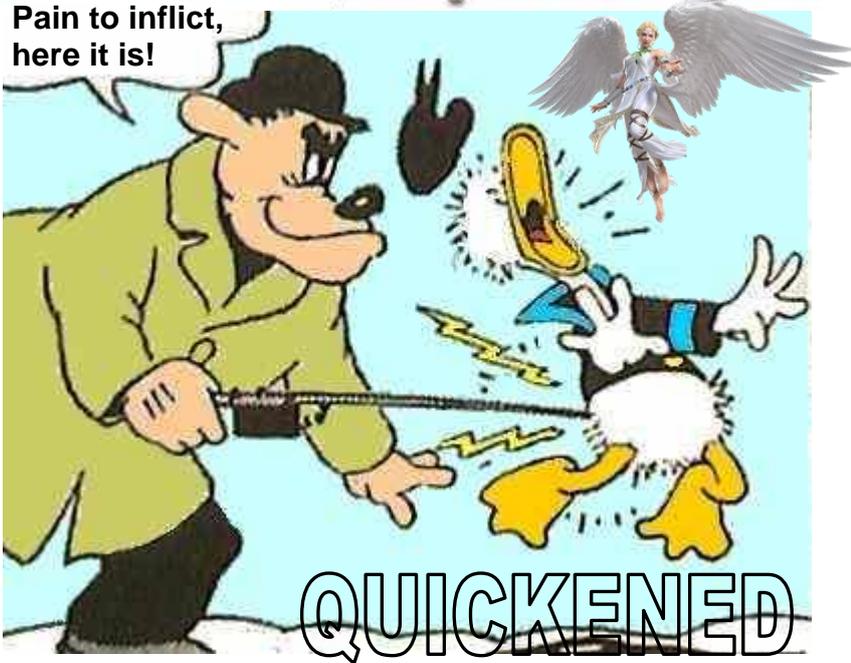
**We are to express our feelings, both good and bad, at all times, and to long for the truth of them.**

**By living true to ourselves true to our feelings, we are living true to God. It's that simple.**

# THE QUICKENING Law of Compensation

## Law of Compensation

Pain to inflict,  
here it is!



Nanna Beth – 3rd Celestial Heaven, 2 April 2019:

‘Earthing’ levels of the Law of Compensation are far greater than anything humanity could ever come up with so far as ‘destroying one’s enemies’. And yet people are not or no person is the enemy. This change is solely for humanity, to help everyone, even the worst most controlling person, to help them end being helplessly and hopelessly trapped within their wrongness, even if they can’t see it nor believe they want to end it. So in the short term they might not give any thanks for what is to be done – what is now being done – however everyone will come to understand and be grateful for ‘turning it around’, for turning them around, for stopping them continuing on in their mad rebellious rush to oblivion.

### THE TURNAROUND

A lot of mostly well-meaning people will be fine, like how it is for most well-meaning people when they arrive in the Mansion Worlds, with a few minor adjustments being made. But overall, a huge sense of relief being experienced that ‘God has your back’, that you can finally trust and rely on God to ‘look after you’ because no one will be able to hurt or harm you as they’d instantly suffer such trauma themselves and even possibly before they got to the point of openly inflicting it on you.

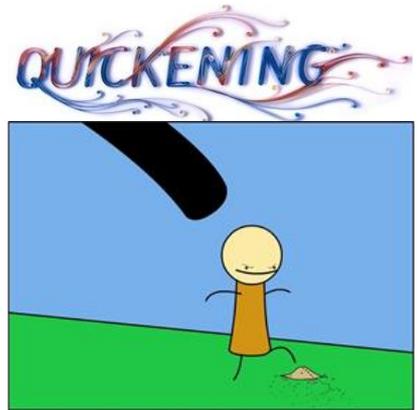
GOD'S GOT  
YOUR BACK!

A hypothetical example of how the quickening or ‘Earthing’ of the Law of Compensation may work as it does within the 1st Spirit Mansion World:



James: What’s to stop the hidden controllers discovering I like women, to set me up with say a nice Russian alluring Jewish woman, who comes into my life on the pretext of wanting to do her Healing, only to stitch me up or knock me off? I like allowing my woman-fantasies to run amuck, as you understand?

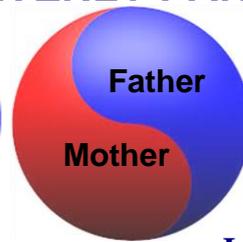
Nanna Beth – 3rd Celestial Heaven: In the context of all of this, it’s a valid point James, to which I will counter by saying she will not come to you in that light. Firstly, being Healed, you will not feel the same fanciful attraction to such women; and secondly, she wouldn’t get a foot in the door, because once you are fully Healed (or the Avonal Pair), then you both personally have ‘lowered the Law of Compensation’, so it is instantly applied; which means, should anyone seek to even contemplate harming you, let alone the physical destruction of you, then that person or persons will be ‘struck down’ by the Law of Compensation hardly able to function anymore as all the pain of that harm they were wishing to inflict on you would become inflicted instead on them, with their angels making it happen, leaving them in no condition to approach you, to seduce you with any feminine charms, or to plot blowing you up from afar. And then, as we’ve talked about, that personal relationship with the Law of Compensation, because through your Healing you have fully settled it within yourselves, will be imposed on humanity when the time is right, by you (or the Avonal Pair) carrying out the dictates of the Eternal Son and Infinite Daughter. And when that happens, there goes all the plans of the Evil Ones, all the Jewish control and anyone else seeking any sort of control over nature or anyone else. And as we talked about yesterday, then it will be like a ‘blanket from Heaven’ will descend over the whole world – the whole of humanity, and a spiritual blanket – bringing with it a sense of peace as everyone instantly becomes subjected to the Law of Compensation to the level of the first Mansion World. However up until that time, so the plans of the Rebellion will move toward fruition, with we Celestials mitigating some of them, those we’re allowed to interfere with as you progress in your Healing.



**HEAVENLY PARENTS**



**Eternal Son of Truth**



**Father  
Mother**



**Infinite Daughter of Mind**



**Angels of Encouragement to Behave! We each have two angels with us at all times.**

When the time comes, the Angels will administer the Law of Compensation as it is Earthed. It is through the earthing of this law that an era of peace may prevail over humanity on Earth. A form of the carrot and the stick. The carrot being our transformation through undertaking our Healing with Divine Love – Soul Healing.



Let's Be Friends

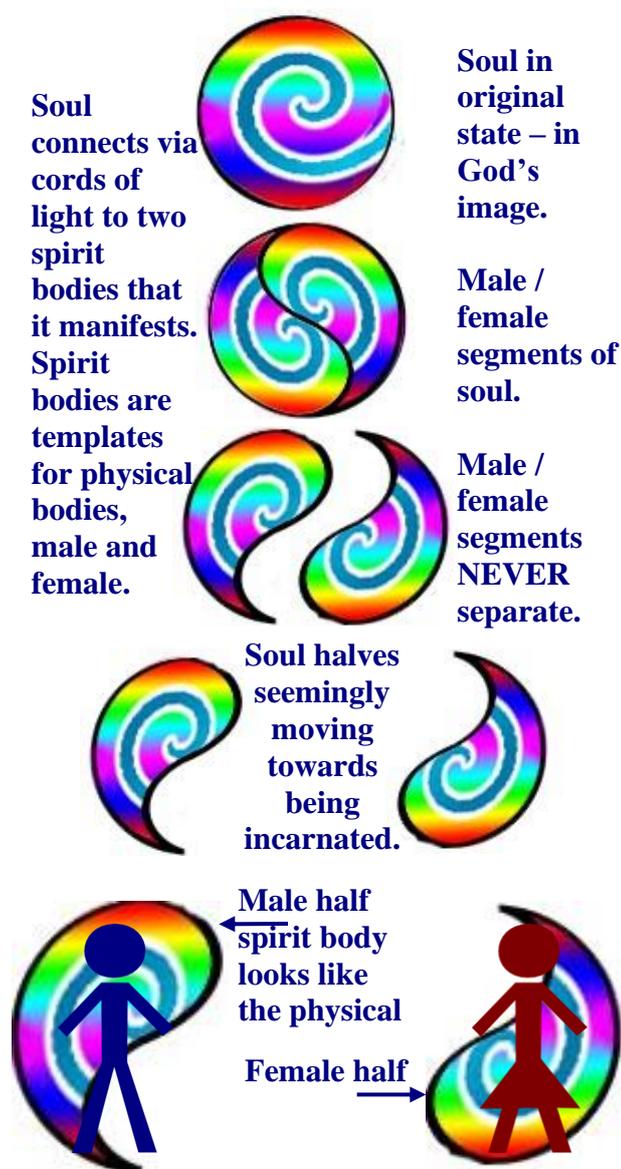
**The SOUL DOES IT ALL.** THE SOUL INITIATES CONCEPTION AND THE GROWING OF THE PHYSICAL AND SPIRITUAL BODIES, AND ALL THAT CONNECTS THEM TO EACH OTHER AND TO THE SOUL ITSELF.

The soul oversees EVERYTHING – we are soul. And our soul is duplex, in that it has bestowed upon it, two unique personalities by its Creator Parents – our Heavenly Mother and Father. So at conception, our soul incarnates you, one of the two personalities into Creation – life. The soul does it all. The soul doesn't come at some point embracing the embryo. The embryo wouldn't exist if it weren't for the soul wanting it to exist. We are never separate from our soul.

We are one of the personality expressions of our soul, our soulmate is the other one, our 'other half'. Our soul can incarnate its two personality expressions at different times on Earth. With each 'half' experiencing life as a full individual and independent personality destined at a predetermined time to meet each other, which will more than likely happen at some point through one's Healing or when one has finished it. And whilst we're living in rebellion against our soul, ourselves, our truth, so it's highly unlikely we'll have anything to do with our soulmate / soul partner until we start to heal that rebellion, because we are anti each other – anti the truth of ourselves and each other. We can ONLY experience true soulmate love when we are FULLY healed of our rebellion and default – when we've done our Healing.

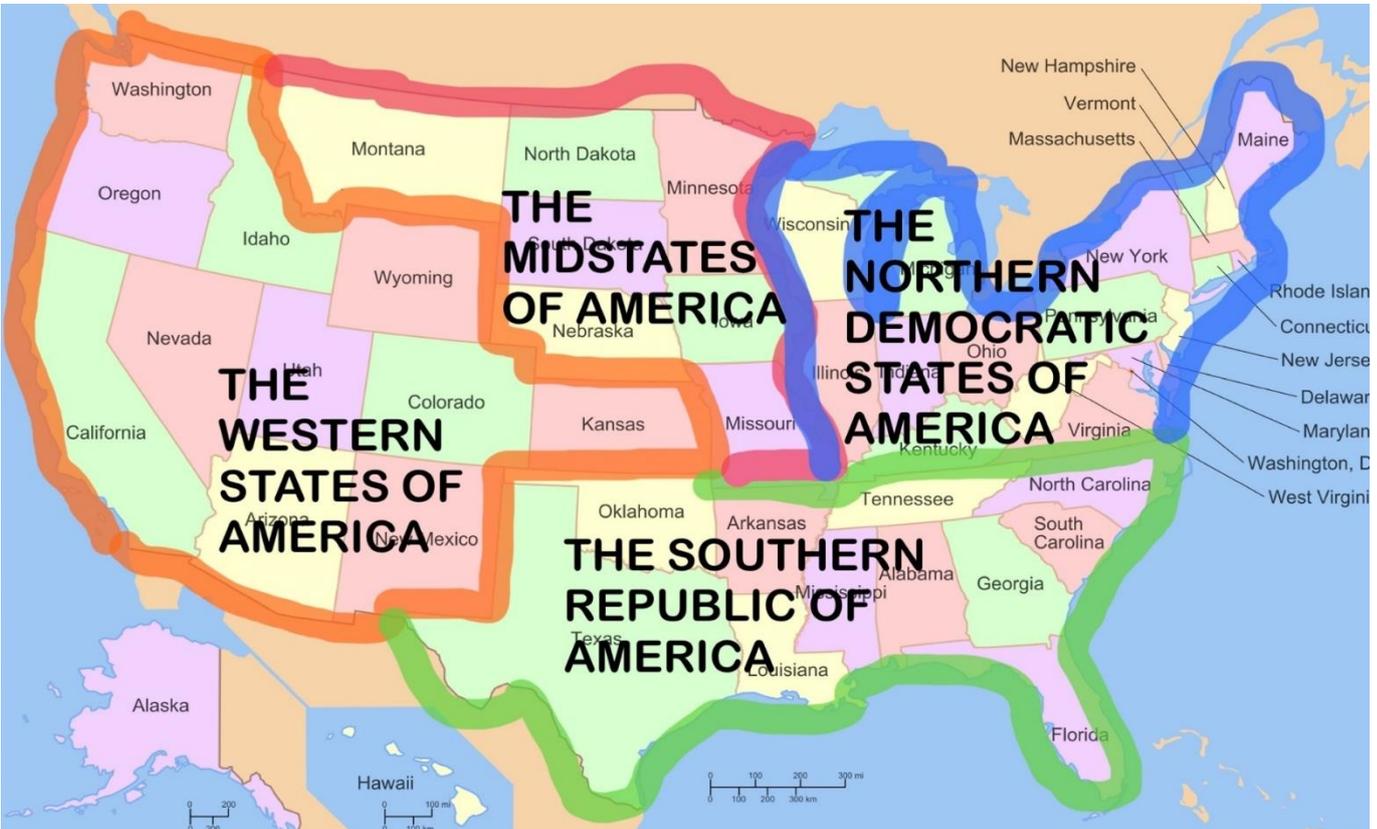
And our soul would naturally, had we not been unlovingly interfered with by our parents, evolve us in truth through our feelings and the experiences that give rise to them. However, because our parents unwittingly got in the way and stopped our soul from doing this, so we've become untrue and have to do our Healing to sort ourselves out, to bring ourselves back into being how we would naturally be were we not screwed around with.

The point of our Healing is to find the whole truth of our unloved state, all through our feelings and not with our mind. So once the truth is revealed, we can be set free of that untrue state. So we're not to look for specific traumas, we're not to try and home in on them, bringing to light all the bad feelings associated with them, then we're 'healed' of it, able to resume our life without the burden of that terrible experience. Certainly our Healing will do that, heal all the bad feelings associated with and resulting from that traumatic experience, however it doesn't stop there, it goes on and deeper until every aspect of self-expression that has been thwarted by negative unloving parental and childhood experiences – all one's trauma from feeling unloved – comes out and the truth seen. So healing our specific traumas is only one part of the Healing, with it being much more.





As we move further into the New Way, the way of Living Feelings First, the Avonal Age of the coming 1,000 years, we will have no ‘need’ for the control and the controlling ways of the past 200,000 years. Nation states will become irrelevant and lose their ‘purpose’. Nations will break up into smaller and smaller entities until borders become meaningless. This will be a phenomenon that will unfold all over the world. Where authority is most oppressive and extreme, these will be early to break up. Freer people will be slower to push for their separation and independence. Controlling mechanisms and systems will fall away. Militarisation will end, armies will be disbanded, policing forces will diminish, with the Law of Compensation having been earthed, court systems will have little to consider regarding criminality, and prisons will empty.



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## Problems Caused by Economic Disparity

<https://contentgenerate.com/problems-caused-by-economic-disparity/>

2 July 2020

**Economic Disparity** generates the conditions dual and low-quality education, illiteracy, compromised health, provincialism, terrorism, etc.

The term ‘economic disparity’ refers to the difference in economic status and living standard of people, groups of people, people of different provinces, districts, etc. The economic disparity also exists on basis of gender, race, regional, religious, languages and ethnic discrimination.

### **Provincialism**

Less developed and small provinces / states may have grievances of injustice in the distribution of resources. For them, the largest and most developed province is responsible for their underdevelopment and economic miseries.

The inequality in the distribution of resources gives rise to the issues like provincialism in which politicians keep their provinces paramount over the country. Consequently, the politics of blame game between provinces and point-scoring becomes prominent rather than the politics of addressing the issues of the public.

### **The threat to national integration**

Different provinces or regions with all their distinct cultures, languages, histories, etc., are part of one state – the nation – under the very notion of ‘protection of economic and political rights under the same umbrella’. But, the existence of economic disparity among different regions and classes tells us another story. It informs us that the state does not ensure the protection of socio-economic and political rights and interests on basis of equity.

Separatist tendencies and movements may or do surface as a result of injustice and exploitation causing a threat to national integrity and integration.

### **Crimes and Terrorism**

A proportion of poverty-stricken people in the under-developed regions resort to crime, such as abduction for ransom, bank dacoity (armed robbery with violence), murder on the booty, robbery, etc., as they increasingly feel alienated and disappointed.

Similarly, one of the social evils associated with economic disparity is committing suicide. According to research, 75% of suicides occur in low and middle-income societies.

Terrorist organisations also recruit young people from underdeveloped and economically underprivileged areas and sections of society. The terrorist networks recruit these young people in the name of free education, food, clothing and other beautiful hope-giving rhetoric. With the passage of time, they brainwash until these young carry out activities related to terror.

### **Illiteracy and low-quality education**

The distribution of schools differs from region to region. The villages have comparatively a very small number of schools vis cities. Similarly, there are few or no colleges and universities in rural areas. In order to pursue higher education, students need to go to cities and other regions.

The students going to other regions and cities make a very small percentage of the total student body aspiring for higher education. The majority cannot go to the cities because of poverty. The huge expenses that they will have to incur to meet residential, educational, clothing, and food needs away from home discourage village students to move to cities for higher education.

### **Compromised health**

People in underdeveloped regions do not have access to quality and basic health care facilities. The mortality rate of women and children is high. In critical conditions, deaths occur on the way as patients are rushed to hospitals in far-flung areas. The majority of people cannot afford to go to other regions for treatment as they cannot afford it.

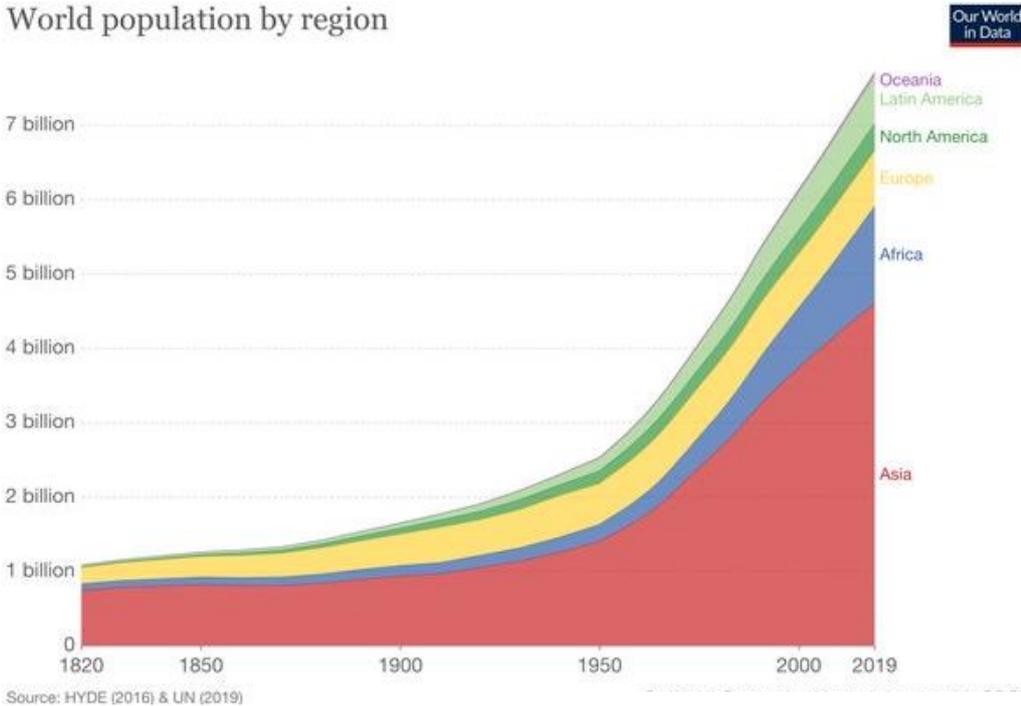


**Why does the USA have a much higher per capita income (US\$65,000 approximately even higher than Northern Europe's) compared to China and Russia (US\$10,000 approximately)?**  
<https://www.quora.com/Why-does-the-USA-have-a-much-higher-per-capita-income-65-000-approximately-even-higher-than-Northern-Europes-compared-to-China-and-Russia-10-000-approximately>

This questions is a bit more interesting than it first appeared. First of all we need to look at some figures to get a rough idea of what has happened over time.

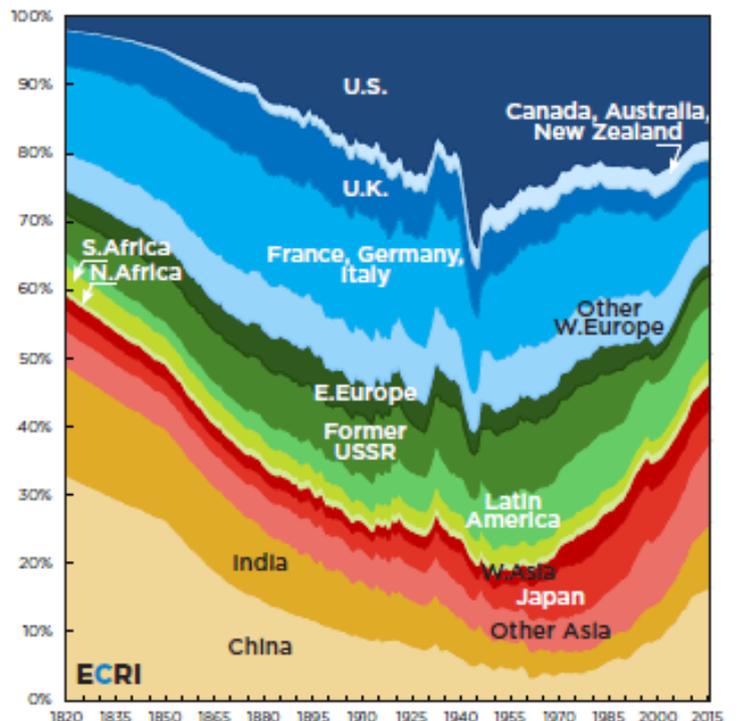
It is fairly obvious that things massively changed after 1950. That's one major "pivot"

World population by region



The second graph is also important. It looks at GDP for each country and you can see there is a minor blip for World War 1 but thing massively change during World War 2 which is another "pivot"

Share of World GDP (%), 1820-2016 CE



So what are some key dates and people:

- 1820 is towards the end of the industrial age for Europe and America. China and India are still agricultural societies.
- Gilded Age (1870 to 1900)
  - Rockefeller and Standard Oil with “horizontal integration”, “vertical integration” and the business trust.
  - Andrew Carnegie and Carnegie Steel Company
  - Vanderbilt family with rail and shipping.
- 1920 America has Henry Ford with Ford motor car and more importantly the assembly line.
- 1960 Silicon Valley and the information age.
- 1980 Cold War.
- 1990 Russia converted to a market economy and corruption destroys a lot of value.

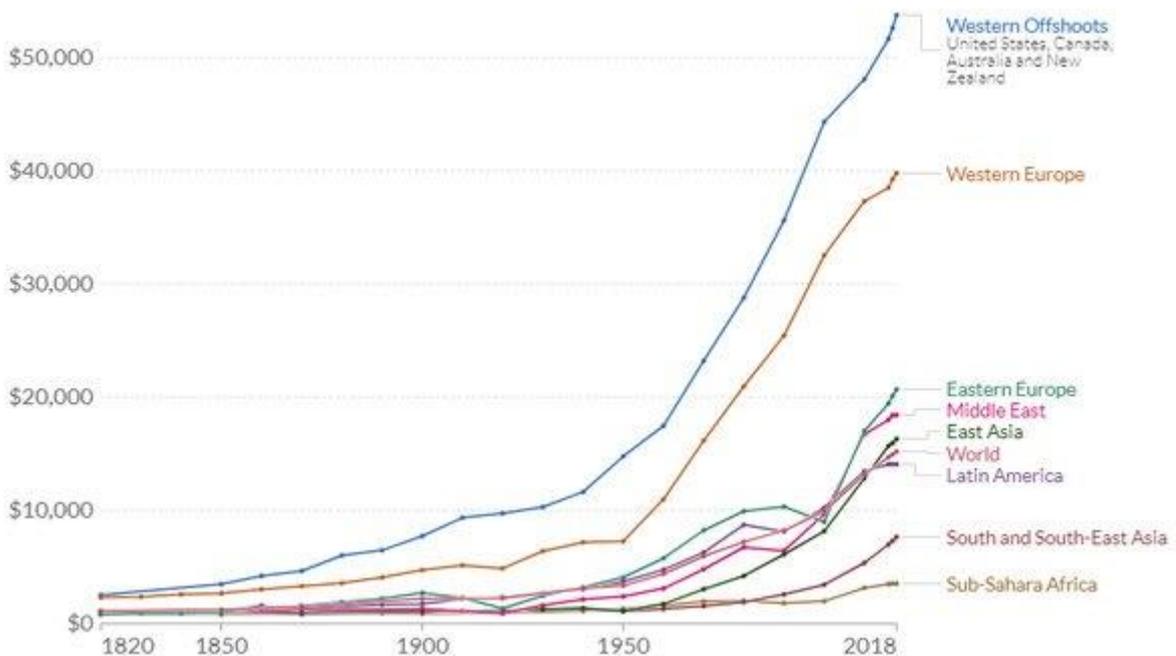
If you look at 1800 to roughly 1900 America was ahead of every other country. The population was relatively small but there are a few people that were able to drive innovation and create a massive amount of wealth. Most of this time India and China are slowly becoming less important (as far as GDP is concerned).

Things changed with the creation of the cars, planes and “mass _____” which ultimately destabilised existing power balances and lead to WW1 & WW2. During this time Russia is generally staying stable.

Lots of people know what happened after WW2:

### GDP per capita, 1820 to 2018

This data is adjusted for differences in the cost of living between countries, and for inflation. It is measured in constant 2011 international-\$. 



Source: Maddison Project Database 2020 (Bolt and van Zanden, 2020)

OurWorldInData.org/economic-growth • CC BY

- America basically “stole” most of Europe’s money and gave them dollars instead which had to be spent in the US.

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- America made a deal with the UK after the war that effectively transferred a lot of wealth from the UK to the USA.
- The creation of the Federal Reserve and everyone using USD.
- The Green Revolution which meant we had enough food for everyone and people didn't starve to death (the pivot in population).
- China and Asia became industrialised over 100 years after Europe and America.
- Russia lost a lot of economic value from the cold war, spending too much money on defence and corruption when they opened up the economy.
- China was a long way behind until after 1950 and has slowly steadily improved since the end of WW2, the Sino-Japanese war and the internal civil war.

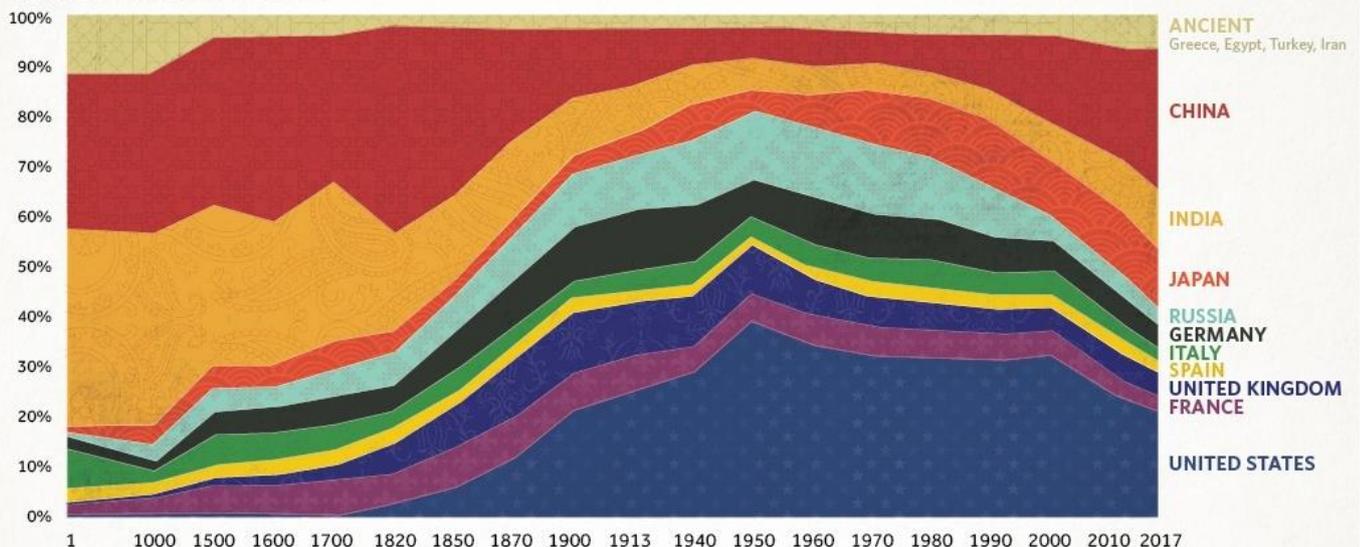
So why?

- The American civil war happened back in the 1860 and was followed by the Gilded Age. Since then it hasn't been destroyed in any way (steady increase).
- China was a farming society while America was developing and was then kept back by local wars. Since then it has started to catch up but it takes time (v shape).
- Russia was generally better than China but then had multiple wars that damaged the country and the corruption when it became a market economy which put it back decades (roller coaster).

## 2,000 YEARS OF ECONOMIC HISTORY IN ONE CHART

All major powers compared by GDP from the year 1 AD

SHARE OF GDP (WORLD POWERS)



## US wealth inequality - top 0.1% worth as much as the bottom 90%

<https://www.theguardian.com/business/2014/nov/13/us-wealth-inequality-top-01-worth-as-much-as-the-bottom-90>  
[Angela Monaghan](#) 13 November 2014

Not since the Great Depression has wealth inequality in the US been so acute, new in-depth study finds

Unemployed men queue for coffee and bread at a soup kitchen in New York, during the Great Depression. Photograph: FPG/Getty Images



Wealth inequality in the US is at near record levels according to a new study by academics. Over the past three decades, the share of household wealth owned by the top 0.1% has increased from 7% to 22%. For the

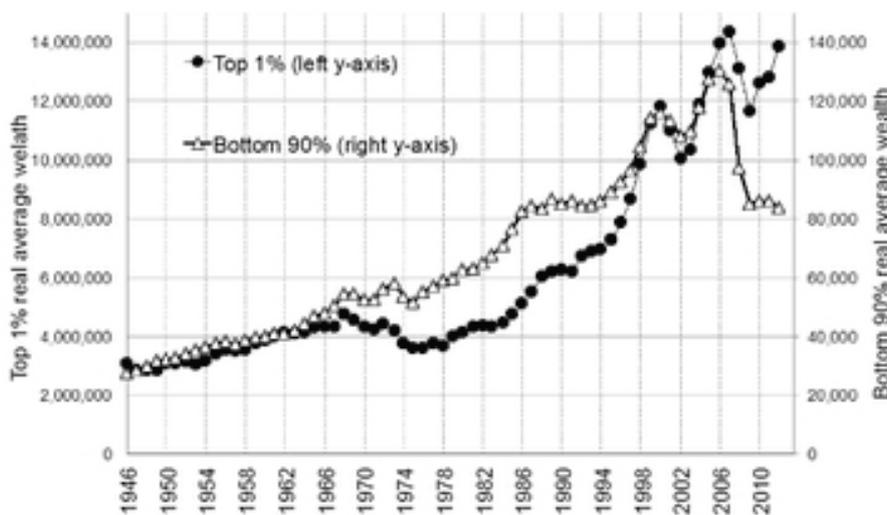
bottom 90% of families, a combination of rising debt, the collapse of the value of their assets during the financial crisis, and stagnant real wages have led to the erosion of wealth. (This continues to be so.)

### The share of wealth owned by the top 0.1% is almost the same as the bottom 90%

The research by Emmanuel Saez and Gabriel Zucman [pdf] illustrates the evolution of wealth inequality over the last century. The chart shows how the top 0.1% of families now own roughly the same share of wealth as the bottom 90%.

The picture actually improved in the aftermath of the 1930s Great Depression, with wealth inequality falling through **to the late 1970s**. It then started to rise again, with the share of total household wealth owned by the top 0.1% rising to 22% in 2012 from 7% in the late 1970s. **The top 0.1% includes 160,000 families** with total net assets of more than \$20m (£13m) in 2012.

In contrast, the share of total US wealth owned by the bottom 90% of families fell from a peak of 36% in the mid-1980s, to 23% in 2012 - just one percentage point above the top 0.1%.



### There is a new wealth divide in the US

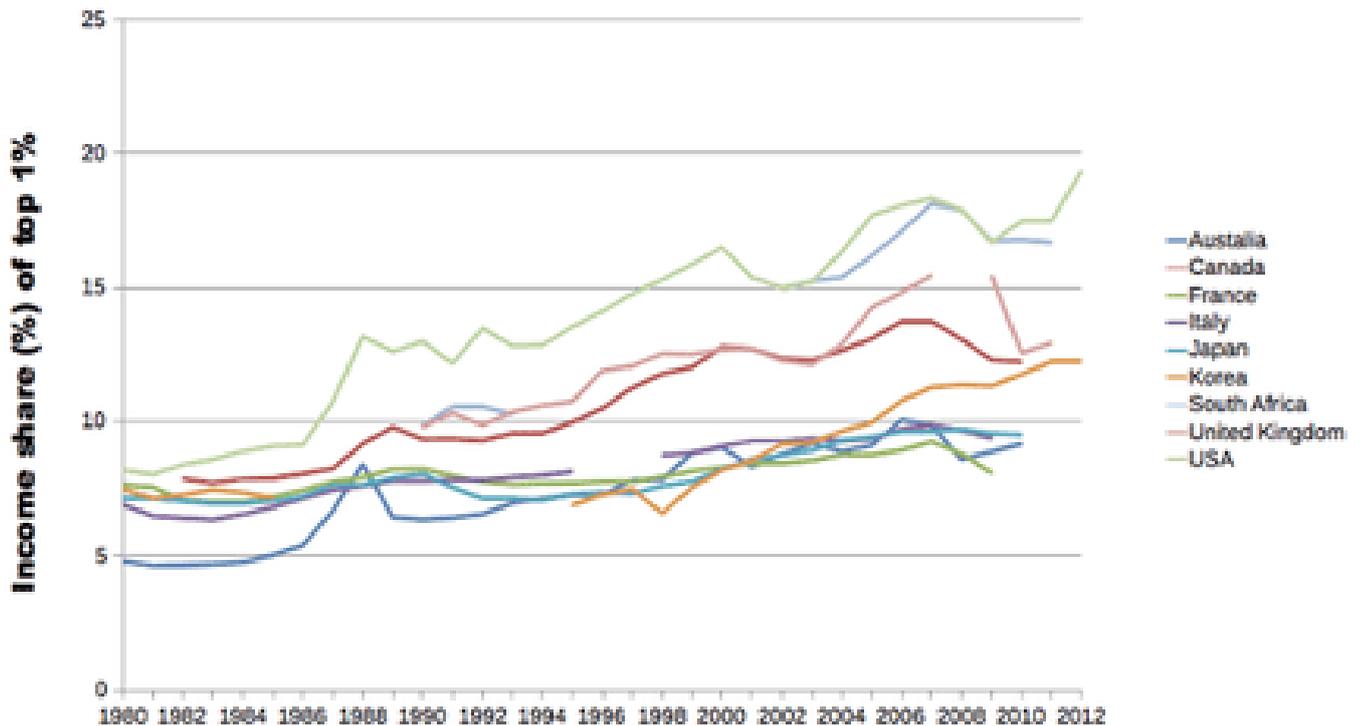
Average wealth of families in the bottom 90% and the top 1% of the wealth distribution, in constant 2010 US dollars, 1946-2012 Photograph: Emmanuel Saez and Gabriel Zucman

The growing indebtedness of most Americans is the main reason behind the erosion of the wealth share of the bottom 90%,

according to the report's authors. Many middle-class families own their homes and have pensions, but too many have higher mortgage repayments, higher credit card bills, and higher student loans to service. The average wealth of bottom 90% jumped during the stock market boom of the late 1990s and the housing bubble of the early 2000s. But it then collapsed during and after the most recent financial crisis.

Since then, there has been no recovery in the wealth of the middle class and the poor, the authors say. The average wealth of the bottom 90% of families is equal to US\$80,000 in 2012— the same level as in 1986. In contrast, the average wealth for the top 1% more than tripled between 1980 and 2012.

### Income inequality across the G20 is worrying, Oxfam warns



Income inequality in the G20 Photograph: Oxfam

Among the nine G20 countries with sufficient data (featured in the graph above), the richest 1% of people (by income) have increased their income share significantly since 1980, according to Oxfam. In Australia, for example, the top 1% earned 4.8% of the country's income in 1980. That had risen to more than 9% by 2010.

Oxfam says that in the time that Australia has held the G20 presidency (between 2013 and 2014) the total wealth in the G20 increased by \$17tn but the richest 1% of people in the G20 captured \$6.2tn of this wealth – 36% of the total increase.

**J**OHAN BOGLE, THE Vanguard founder who passed away in 2019, once told a story about money that highlights something we don't think about enough:

At a party given by a billionaire on Shelter Island, Kurt Vonnegut informs his pal, Joseph Heller, that their host, a hedge fund manager, had made more money in a single day than Heller had earned from his wildly popular novel *Catch-22* over its whole history. Heller responds, "Yes, but I have something he will never have ... enough."

*Enough.* I was stunned by the simple eloquence of that word—stunned for two reasons: first, because I have been given so much in my own life and, second, because Joseph Heller couldn't have been more accurate.

For a critical element of our society, including many of the wealthiest and most powerful among us, there seems to be no limit today on what enough entails.



**The richest 1% owns more than 43% of the world's wealth.**

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*Before we are conceived, we have had nothing to do with the culture or heritage into which we are about to be born.*

*Conception is individualisation of our unique personality!*

*Then our parents and carers infuse us with their errors and injuries!*

*We perpetrate their erroneous ways!*

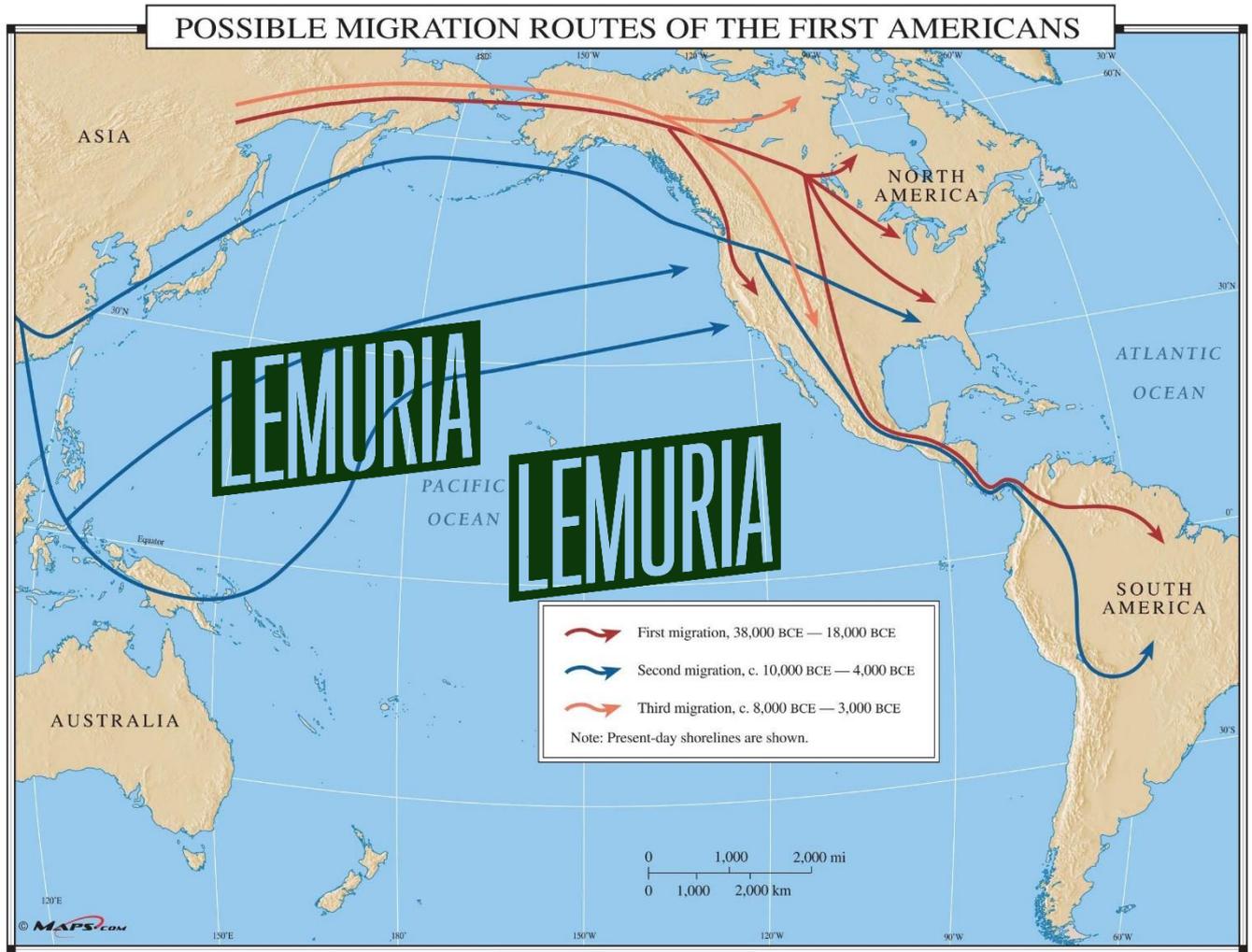
*It's all about  
Experiences  
&  
FEELINGS*

John the  
Typist



**BE FEELINGS  
EXPRESSIVE!**

# PEOPLE of the UNITED STATES of AMERICA



visualvoyage Distributed By Universal Map POSSIBLE MIGRATION ROUTES OF THE FIRST AMERICANS #001

Lemuria, also referred to as Mu, was an island continent in the Pacific Ocean basin. The continent enable its people to travel to Asia as well as north and south America. Sailing had been mastered a long time ago. There were some ten racial groupings on Lemuria. Thus, the Indian natives throughout north and south America would have mostly come from or through Lemuria.

Lemuria submerged with the advent of the pole shift that preceded the last pole shift. Lemuria submerged around 25,000 years ago. The last pole shift was around 12,500 years ago and that resulted in the submergence of Atlantis in the Caribbean / Atlantic Ocean regions. These are cyclical events of between 12,000 to 13,000 years apart. A severe pole shift event is typically followed by a moderate event, the last two have been severe.



<https://www.ancient-origins.net/history/why-isn-t-map-history-books-007401>

## **Tribes**

As of January, 2016, there are 566 legally recognized Native American tribes in the United States, as determined by the Bureau of Indian Affairs.

Prior to European contact, there were over 1,000 tribes, bands or clans, but sadly, some were completely extinguished as a result of disease epidemics or war.

Today, there is not a single accurate historical map that reflects the location of Native American tribes in North America in a single time period, as the post-European contact situation was ever changing, with contact occurring at different times in different areas.

From the 16th through the 19th centuries, the population of Native Americans sharply declined from approximately 20 million, to a low of 250,000. Today, there are approximately 2.9 million Native Americans in North America.

As of 2000, the largest groups in the United States by population were Navajo, Cherokee, Choctaw, Sioux, Chippewa, Apache, Blackfeet, Iroquois, and Pueblo.

## **Regions**

Native American tribes in the United States are typically divided into 8 distinct regions, within which tribes had some similarities across culture, language, religion, customs and politics.

Northwest Coast – Native Americans here had no need to farm as edible plants and animals were plentiful in the land and sea. They are known for their totem poles, canoes that could hold up to 50 people, and houses made of cedar planks.

California – Over 100 Native American tribes once lived there. They fished, hunted small game, and gathered acorns, which were pounded into a mushy meal.

The Plateau - The Plateau Native Americans lived in the area between Cascade Mountains and the Rocky Mountains. To protect themselves from the cold weather, many built homes that were partly underground.

The Great Basin – Stretching across Nevada, Utah, and Colorado, the Native Americans of the Great Basin had to endure a hot and dry climate and had to dig for a lot of their food. They were one of the last groups to have contact with Europeans.

The Southwest – The Natives of the Southwest created tiered homes made out of adobe bricks. Many of the tribes had skilled farmers, grew crops, and created irrigation canals. Famous tribes here include the Navajo Nation, the Apache, and the Pueblo Indians.

The Plains – The Great Plains Indians were known for hunting bison, buffalo and antelope, which provided abundant food. They were nomadic people who lived in teepees and they moved constantly following the herds.

Northeast - The Native Americans of the Northeast lived in an area rich in rivers and forests. Some groups were constantly on the move while others built permanent homes.

The Southeast – The majority of the Native American tribes here were skilled farmers and tended to stay in one place. The largest Native American tribe, the Cherokee, lived in the Southeast.

## Languages

It is estimated that there were around one thousand languages spoken in the Americas before the arrival of the Europeans.

Today, there are approximately 296 indigenous languages across North America. 269 of them are grouped into 29 families, while the remaining 28 languages are isolates or unclassified.

None of the native languages of North America had a writing system. However, the spoken languages were neither primitive nor simple. Many had grammar systems as complex as those of Russian and Latin. There was (and is) enormous variety between the languages. Individuals from clans or tribes just one hundred miles apart may have been completely unable to communicate by speech. Neighbouring tribes often used a form of sign language to communicate with each other.

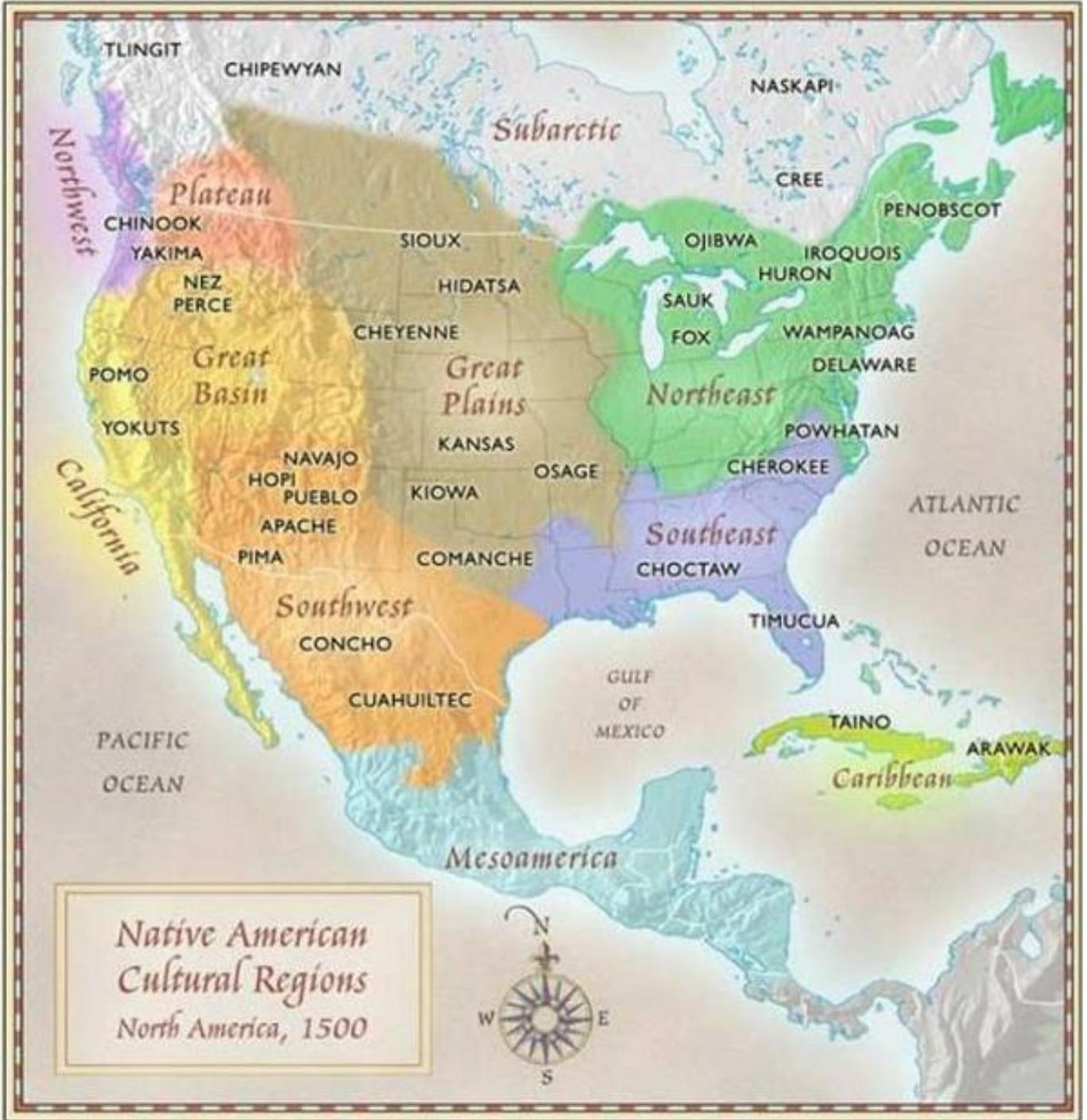
According to UNESCO, most of the indigenous languages in North America are critically endangered, and many are already extinct.

In the United States, the Navajo language is the most spoken Native American language, with more than 200,000 speakers in the Southwestern United States.

Only 8 Native American languages in the United States have a population of speakers large enough to populate a medium-sized town. These are Navajo, Cree, Ojibwa, Cherokee, Dakota, Apache, Blackfoot and Choctaw.

Less than 20 Native American languages in the United States are projected to survive another 100 years.

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The 2020 demographic changes as well as improvements to the ways in which race and ethnicity data are collected and processed reveal the U.S. population is more racially and ethnically diverse than measured in 2010.

The following groups are used in the diversity calculations:

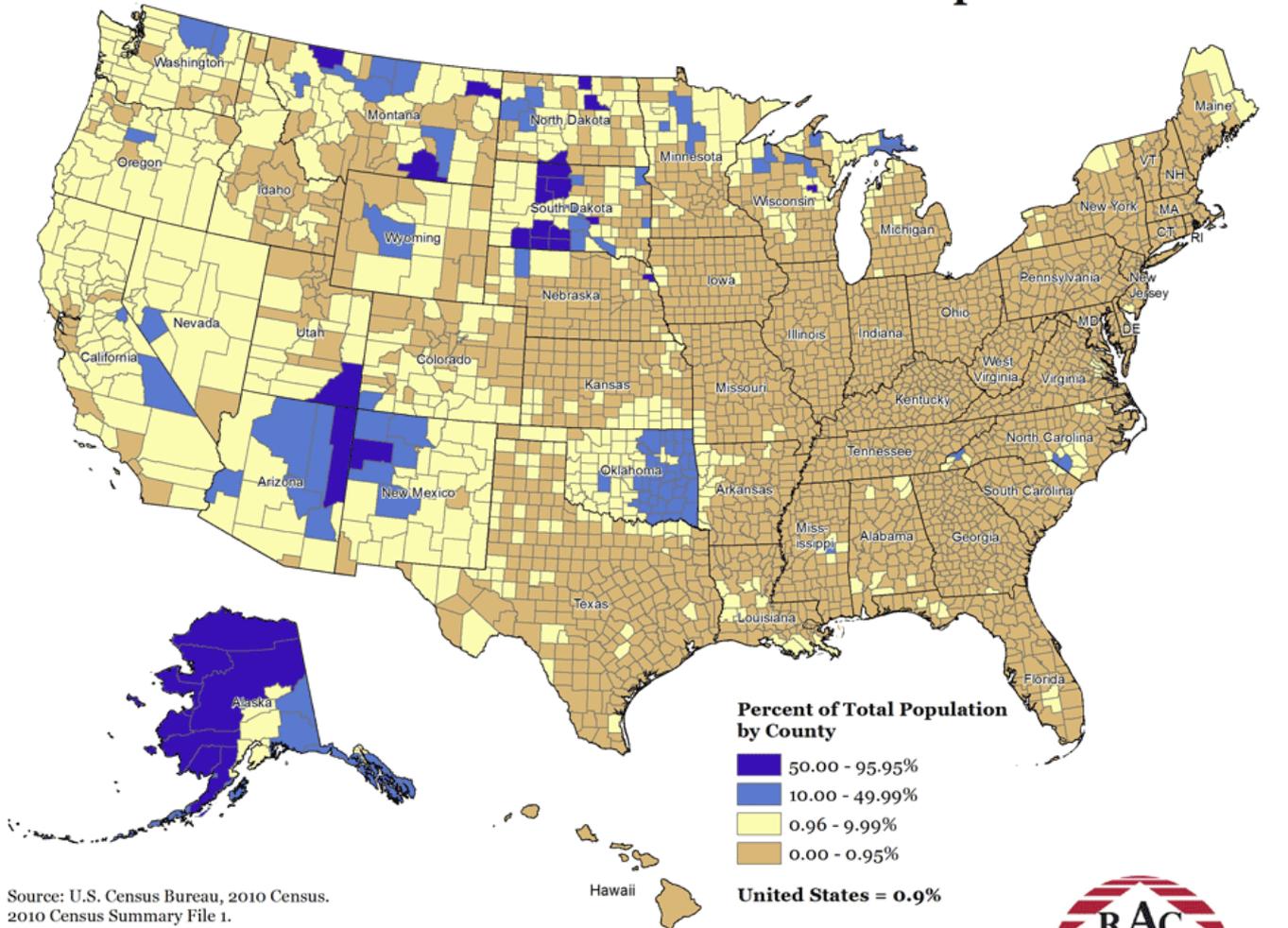
- Hispanic or Latino.
- White alone non-Hispanic.
- Black or African American alone non-Hispanic.

- American Indian and Alaska Native alone non-Hispanic.
- Asian alone non-Hispanic.
- Native Hawaiian and Other Pacific Islander alone non-Hispanic.
- Some Other Race alone non-Hispanic.
- Multiracial non-Hispanic.

Prevalence rankings illustrate the percent of the population that falls into the first-, second- or third-largest racial or ethnic groups in 2020:

- The most prevalent racial or ethnic group for the United States was the White alone non-Hispanic population at 57.8%. This decreased from 63.7% in 2010.
- The Hispanic or Latino population was the second-largest racial or ethnic group, comprising 18.7% of the total population.
- The Black or African American alone non-Hispanic population was the third-largest group at 12.1%.

American Indian and Alaska Native Population

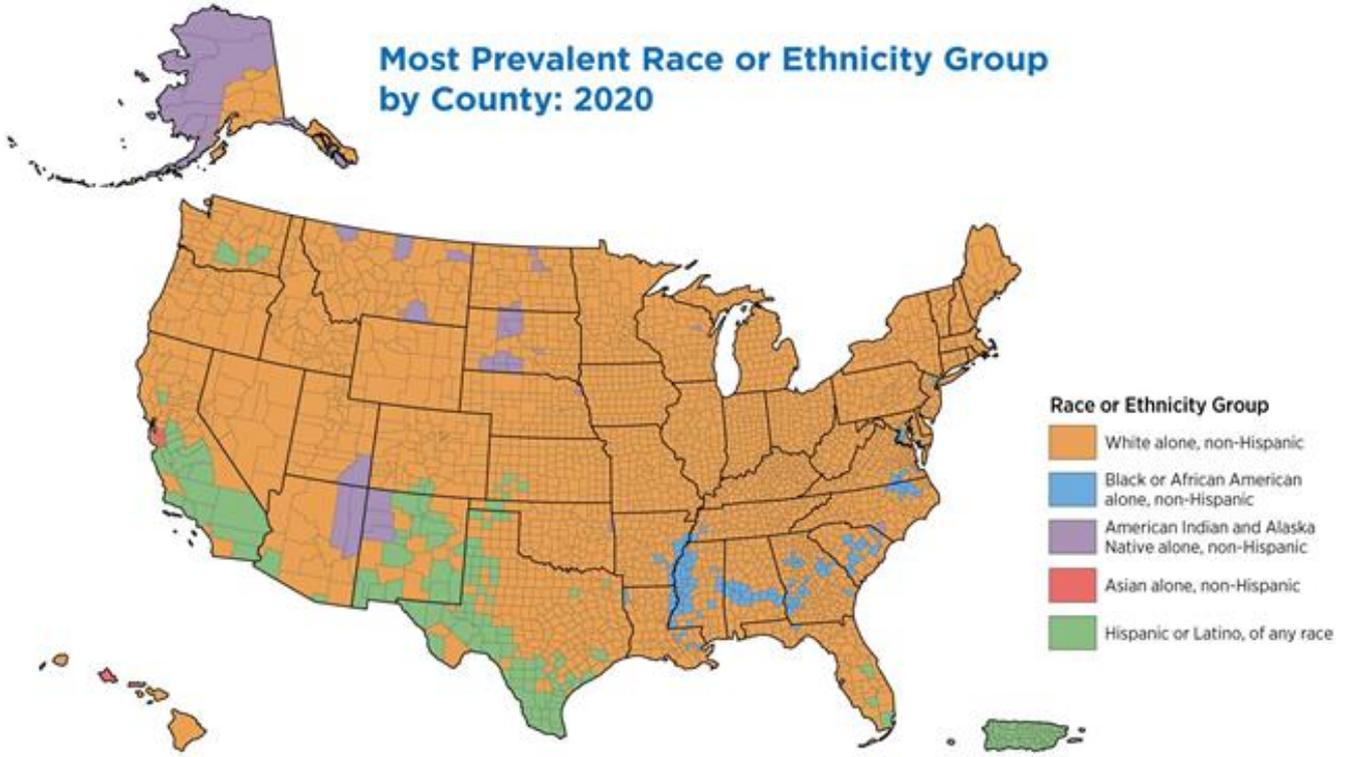


Source: U.S. Census Bureau, 2010 Census. 2010 Census Summary File 1.

Note: Alaska and Hawaii not shown to scale



Most Prevalent Race or Ethnicity Group by County: 2020

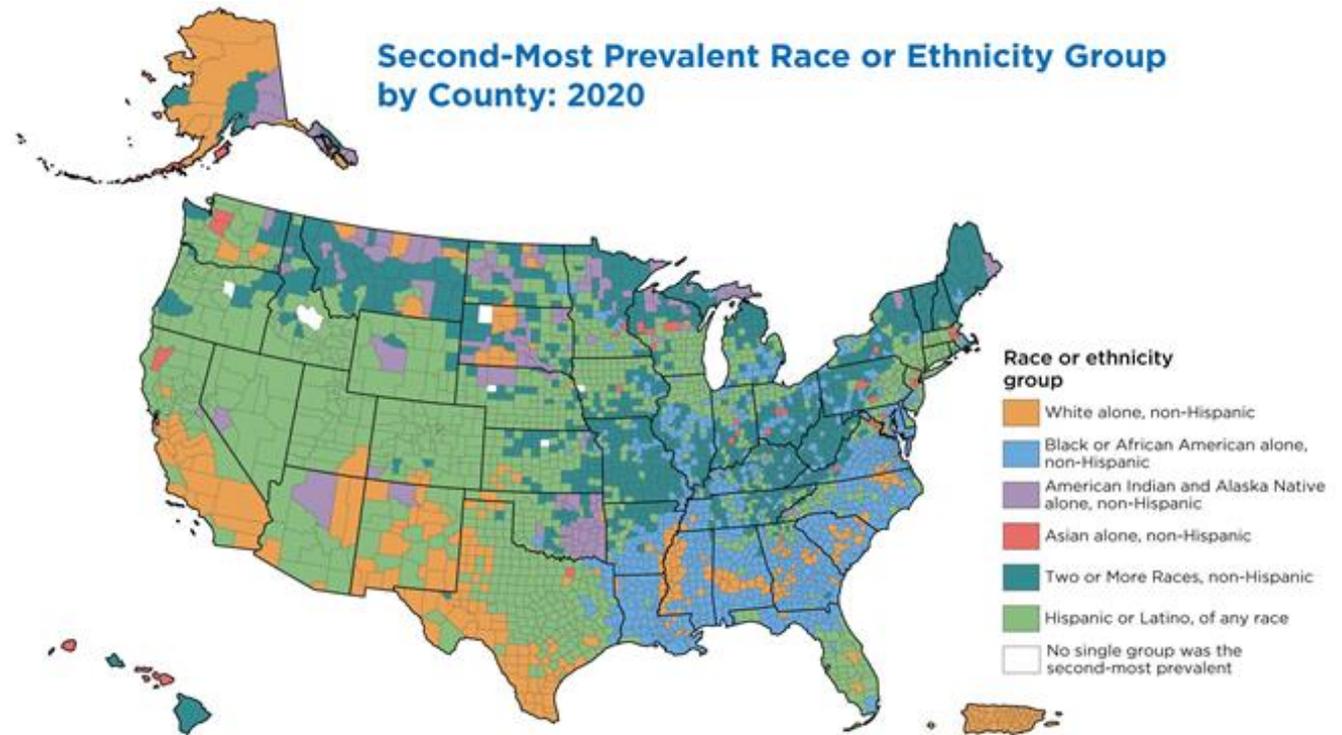


Note: Native Hawaiian and Other Pacific Islander alone, non-Hispanic; Some Other Race alone, non-Hispanic; and Two or More Races, non-Hispanic were not the most prevalent groups in any county.

Information on confidentiality protection, nonsampling error, and definitions is available at <https://www2.census.gov/programs-surveys/decennial/2020/technical-documentation/complete-tech-docs/summary-file/>.

Source: U.S. Census Bureau, 2020 Census Redistricting Data (Public Law 94-171) Summary File.

Second-Most Prevalent Race or Ethnicity Group by County: 2020

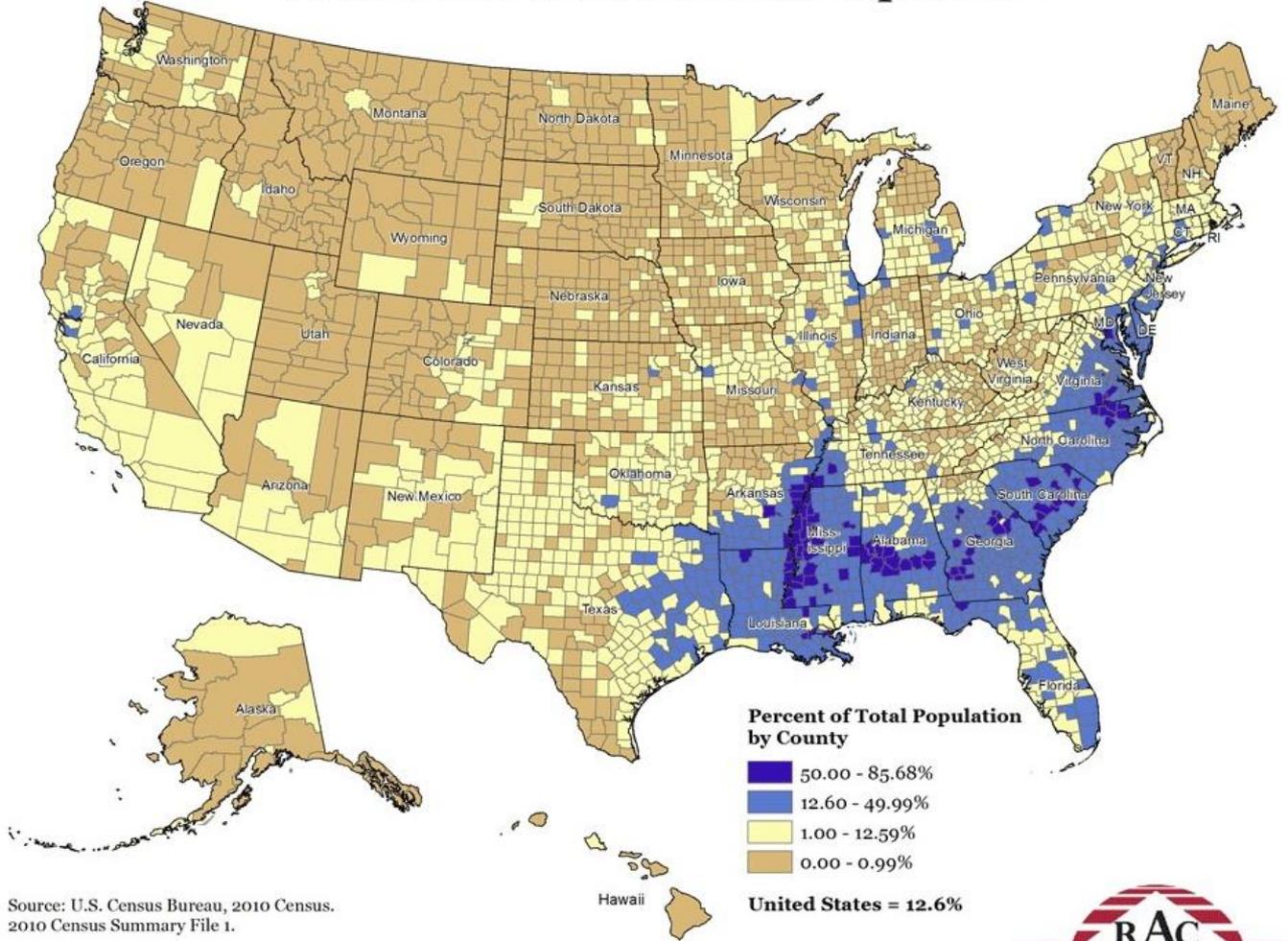


Note: Native Hawaiian and Other Pacific Islander alone, non-Hispanic, and Some Other Race alone, non-Hispanic were not the second most prevalent group in any county.

Information on confidentiality protection, nonsampling error, and definitions is available at <https://www2.census.gov/programs-surveys/decennial/2020/technical-documentation/complete-tech-docs/summary-file/>.

Source: U.S. Census Bureau, 2020 Census Redistricting Data (Public Law 94-171) Summary File.

Black or African American Population

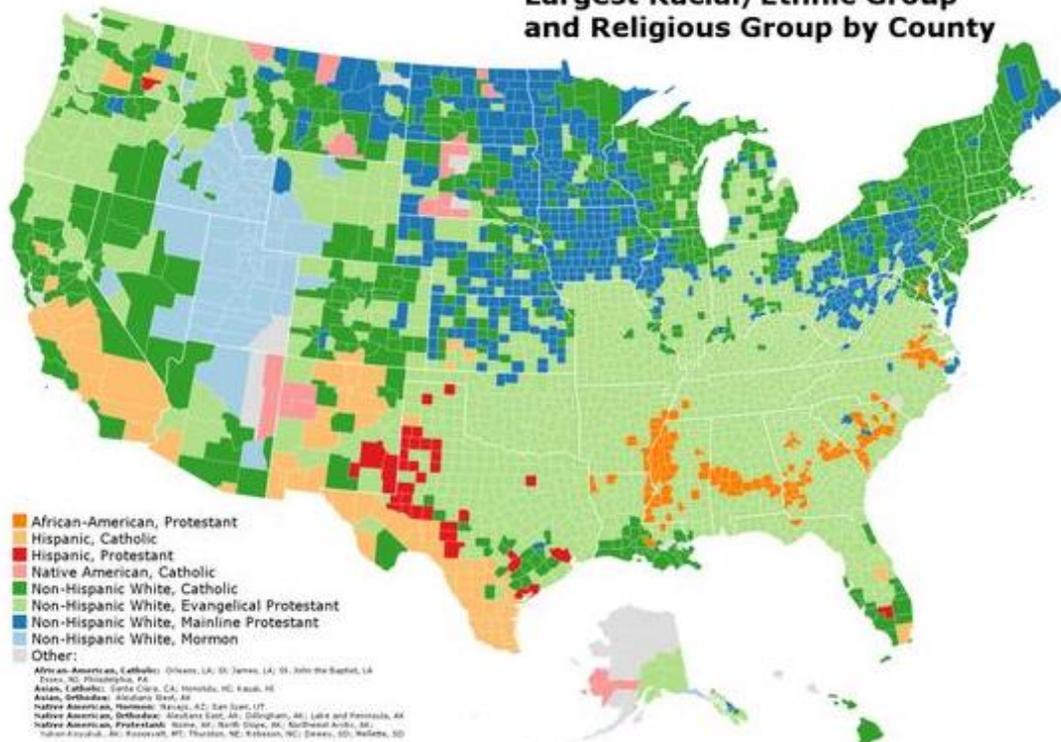


Source: U.S. Census Bureau, 2010 Census, 2010 Census Summary File 1.

Note: Alaska and Hawaii not shown to scale

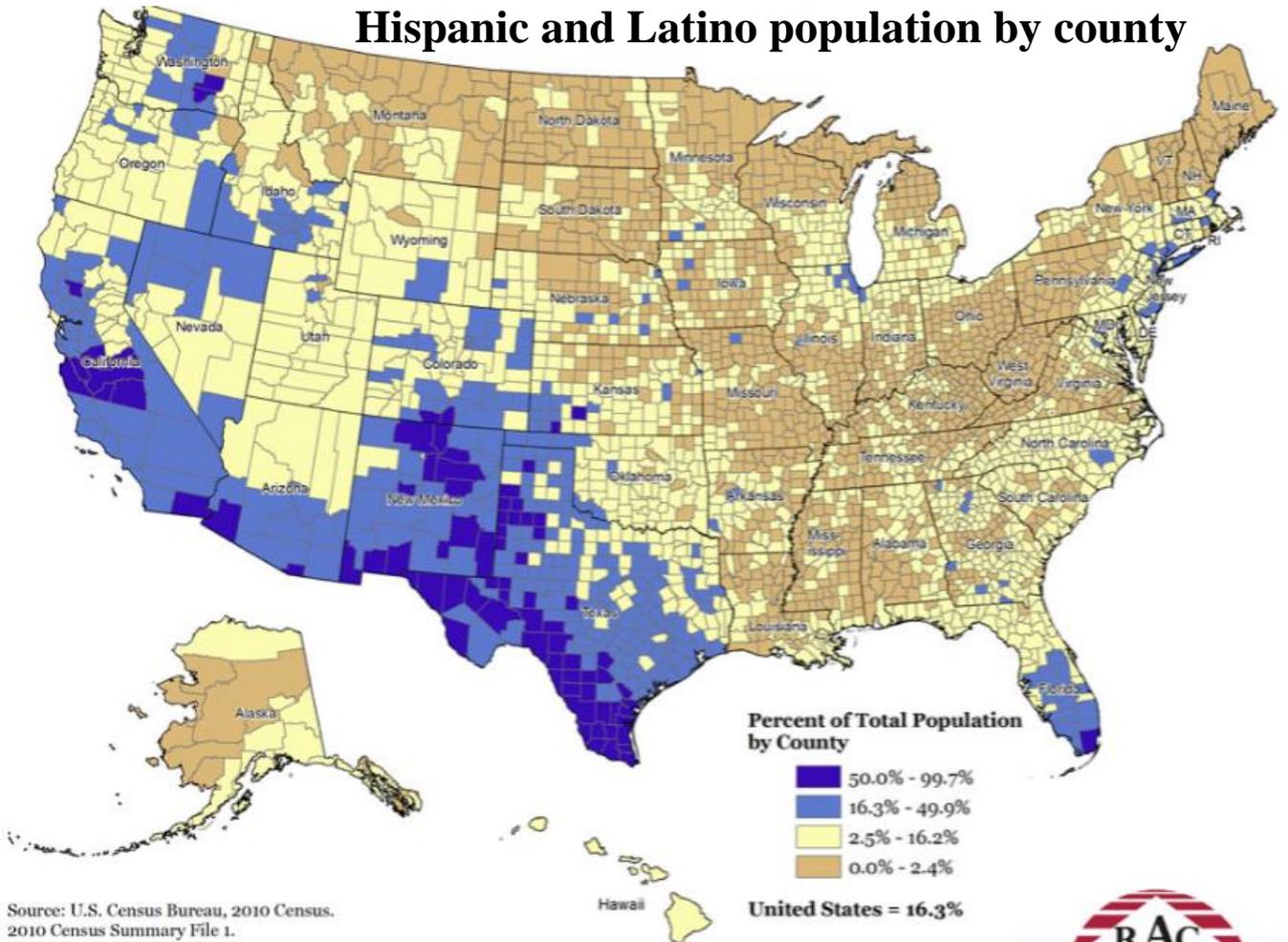


Largest Racial/Ethnic Group and Religious Group by County



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Hispanic and Latino population by county

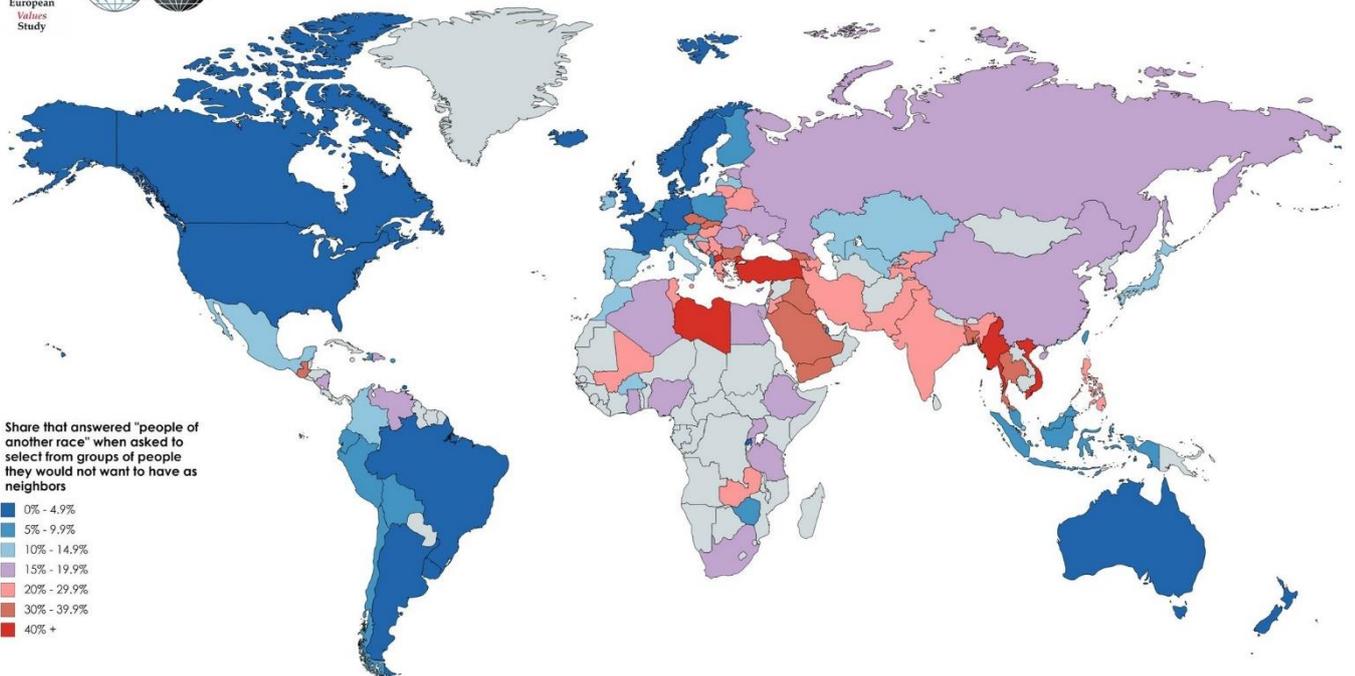


Source: U.S. Census Bureau, 2010 Census, 2010 Census Summary File 1.

Note: Alaska and Hawaii not shown to scale



Racial tolerance around the globe



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The population of the United States is not distributed evenly. Instead, we tend to bunch up in communities, leaving the spaces in between more sparsely inhabited. Most Americans live in or near cities; today 53 percent live in the 20 largest cities. 75 percent of all Americans live in metropolitan areas.

Population Distribution
Where do we live?
Where don't we live?

This map shows population density. The relative height of each major city reflects its population in 1990.
Source: U.S. Census Bureau.

Go West. Nevada is the fastest growing state, followed by Arizona, Utah, Colorado, and Utah.

Wyoming has the lowest population density of all states in the lower 48 with an average of five people per square mile.

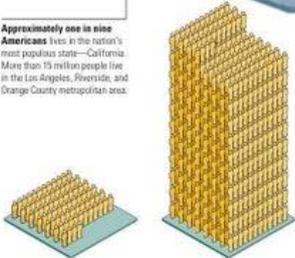
What happens in the empty spaces? Some of it is farming country. More than one quarter of America's crop land is used to grow corn. One third of what is produced is exported to other countries.

Chicago, the country's third largest city, has a population of about three million people. There are 21 states with populations smaller than this city.

Largest metropolitan area includes New York City and portions of New Jersey and Long Island with a total population of 20 million.



Approximately one in nine Americans lives in the nation's most populous state—California. More than 15 million people live in the Los Angeles, Riverside, and Orange County metropolitan area.



Distributing our population evenly would put an average of 76 people per square mile.

New Jersey is the most densely populated state with an average of more than 1,000 people per square mile.

Alaska is a sparsely populated state with an average of one person per square mile.

Wet. Some states are full of water. For example, Louisiana includes more than 8,000 square miles of lakes and wetlands. That's an area bigger than Connecticut and Rhode Island combined.

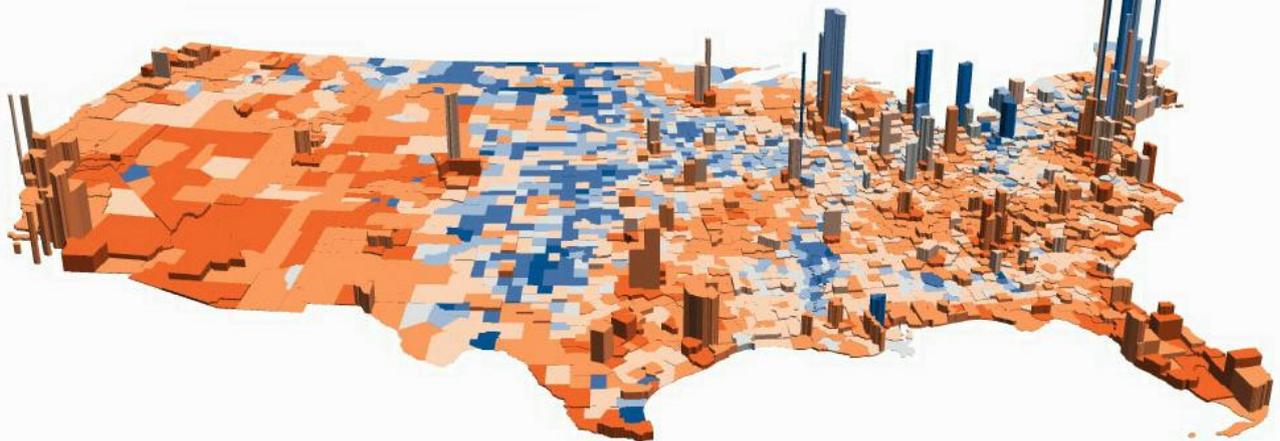
Coastal areas are home to more than half the U.S. population.

US Population and Growth Trends
Change in county population, 1970-2030

Projected change in county population (percent), 1970 to 2030

- >+250% (highest +3,877%)
- +50% to +250%
- +5% to +50%
- 5% to +5%
- 20% to -5%
- 40% to -20%
- <-40% (lowest -60%)

Each block on the map illustrates one county in the US. The height of each block is proportional to that county's population density in the year 2000, so the volume of the block is proportional to the county's total population. The color of each block shows the county's projected change in population between 1970 and 2030, with shades of orange denoting increases and blue denoting decreases. The patterns of recent population change, with growth concentrated along the coasts, in cities, and in the South and West, are projected to continue.



There is much to do and share without prejudices or distinction.

We are all interconnected.

We are all on a never ending learning pathway.

No one and no thing should come between any of us, no one is greater or lesser than another, nothing should be withheld or withdrawn from anyone's free will to consider or to embrace or reject.

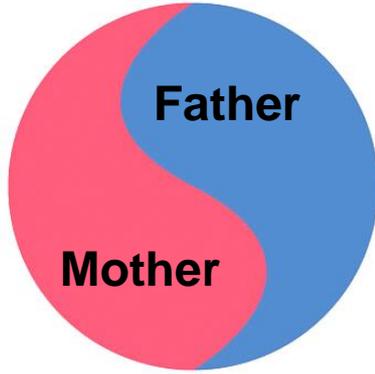
We embrace everyone's wisdom and strive to grow.

With this in mind, we see everyone in a loving way.



We support loving passions and desires and everything that assists one to realise such loving passions and desires.





Our Heavenly Mother and Father.

Our Heavenly Parents do not need an intermediary to connect with us, nor do we need an intermediary to connect to our true Mother and Father.

STATE
KEEP THEM SEPARATE
CHURCH



We are God's children. Our souls are in His / Her likeness as we are Their creation.

No matter where we are on Earth, we can always connect with our Creator without needing an intermediary.



Kindly review full text at www.pascashealth.com, go to Library Download page, then scroll down to Medical – Soul Condition and Health, and then click on to open the PDF:
 [Pascas Care Separation to Embrace.pdf](#)

Pascas Oversight Council of United States America

PASCAS OVERSIGHT COUNCIL of UNITED STATES AMERIA: An oversight council of twelve people (if not more) is to oversee the implementation of solutions and changes required throughout the nation and society. If their guidance is not being adhered to then funding stops! The council will at all times consist of at least 50% women. The oversight council members will be United States America nationals and they will not have any political allegiances, nor will they demonstrate any religious alliance. Every person living in United States America will be treated equal. Yes, those in greatest need will be the first to be assisted with the objective that the overall agenda will result in equal and fair treatment for all. Boundaries and barriers are to be torn down. The prejudices of all will be exposed for what they are – immoral and grossly unloving.

Council members will be selected through a process similar to becoming employed by a major corporation in a high executive position. Firstly, the candidate must calibrate well over 400 on Dr David Hawkins' Map of Consciousness. Only with the candidates well developed level of perception can they carry out the dynamic shift in the culture of the people of Unites States America and that is only with those calibrating above 400 MoC.

It is time for the people to know and understand the limitations of what they holding on so tightly and adhering to with great personal cost to themselves and their children is all for no avail. A museum with the theme of "HUMANITY'S JOURNEY" is to be established in two or three strategic locations. The museum may be annexed to university campuses. It is the story of the Journey of Humanity as it has unfolded and what our ongoing journey entails. Humanity is on a most privilege and exciting pathway and few have only recently come to understand its wonders.

Humanity's Journey

"HUMANITY'S JOURNEY" is an entertaining educational experience that will take participants through how and why all the errors and difficulties have unfolded and how we are to heal from these. This is now possible due to the enormous amount of guidance that has unfolded for all of humanity and now it is to be shared freely for all.

With this background, then all will come to understand the futility of conflict and repression of others as well as the covert suppression that ALL institutionalised norms and systems impose upon us all.

And the program intended to be reviewed and expanded upon is that which this introductory business plan and financial feasibility now introduces.

**This time, in the history of humanity, is
the most exciting time ever experienced.**

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ONE OVERARCHING CAUSE – ONE PATHWAY FORWARD

The whole of Earth's humanity has been right royally screwed by the personal agenda of one pair of self-interested high level personalities who embraced the belief that we each could become literally mini-gods through living mind-centric and thus suppressing our feelings. It is our feelings that are our truth!



This has been a long drawn out agenda that has now reached its fruition and is to be put aside for all and for ever.

The coming of the time when humanity commenced to be influenced to embraced being mind-centric – living through our minds – and literally worshipping our minds as being all powerful and wonderful – was first imposed upon us some 200,000 years ago.



The first of humanity to have a longing for human perfection lived about 993,500 years ago. Andon and Fonta lived south of the Caspian Sea. They were of a red skin complexion and with a general appearance similar to the Eskimos of today with brown to black hair and eyes also. Their offspring even reached and lived in Tasmania, now being an island state of south eastern Australia, more than 950,000 years ago.

It was some 500,000 years ago that high level personalities were appointed as the Planetary Princess and Prince of Earth. This coincided with the Sangik family, living on the tablelands of north eastern India, having what can be referred to as the rainbow family – 5 red, 2 orange, 4 yellow, 2 green, 4 blue, and 2 indigo coloured children. As time unfolds, these colours were and are intended to inter-marry and blend into an olive colouring for our skin. Later the orange, green and blue colours died out.

It was 200,000 years ago that the concept of living mind-centric was slowly introduced to Earth's humanity – this being the commencement of the Rebellion by Earth's humanity.

We have always been meant to live feelings first having our minds to follow in support of our feelings. It is our feelings that are always in truth. In fact, all that we need to know is accessible to each of us through our feelings. We are fully self-contained! When we embrace and follow what our feelings are prompting us with, life is so much more productive, progressive, refreshing and enjoyable.

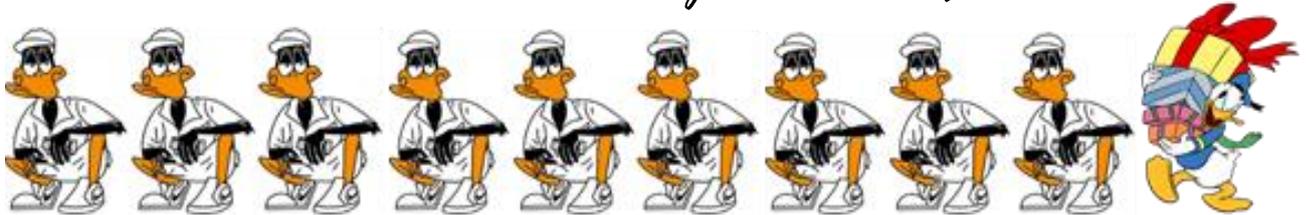
However, what we experience and see imposed around us is this all persuasive need to be mind-dominated, resulting in pressures, conflict and stress in numerous forms and ways.

But, our minds cannot discern truth from falsehood. Our minds are addicted to control, control of our environment and of others. Our minds are addicted to untruth! Take a note, mental or otherwise, and over time you may observe that the assumptions that we may make are around 98% in error! The other 2% are flukes. When someone commences a conversation with "I think" – cringe! They are commencing a potentially meaningless conversation based on an erroneous assumption – mind-centric!

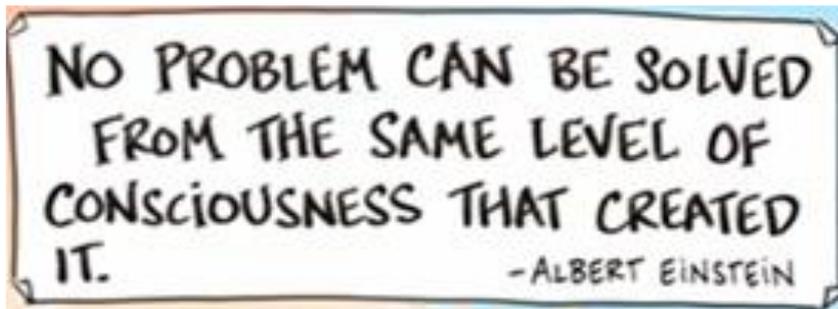
Whenever we carefully consider a 'scientific' research document, first count the number of assumptions it is 'premised' upon. One assumption and it is mostly flawed – you may become distressed when the tally of assumptions throughout the research is into double-digits!

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Ten ducks in a row, but one always misleading!



We mentally cannot correct these deceptions. But, we experience the ramifications every day.



Einstein is correct. But what is the problem?

You will come to see that our Planetary Princess and Prince were subordinate to our System Sovereign and it was our System Sovereign's goal to keep Earth's humanity shackled in their undeveloped state

without the potential to evolved for his (and her – soul partners) expansionary agenda. An 'army' was needed by the System Sovereigns to expand their personal authority to other humanities. Consequently we see great difficulties all over the world because we have all embraced the wrong pathway – WE CANNOT ADVANCE and EVOLVE BY LIVING MIND-CENTRIC! In fact we cannot get past 499 on Dr David R Hawkins' Map of Consciousness (MoC). Mind-centricity is a glass ceiling to our potential.

Every facet of society, every institution, every norm, every custom that we each embrace is detrimental to us. There is a deceptive restraint in-built in everything we are traditionally embracing. Every scientific development is potentially a poor option for us – but we cannot recognise that which is better because our minds prevent us from seeing through the charade of our beliefs within our minds.

So, how did these high level personalities make their manipulation so enduring?

Tribes had been forming before their manipulation – but there was little diversity in physical appearance. So the Sangik family raised the family with the six colours. More than 38,000 years ago, Adam and Eve introduced the seventh colour, the crimson coloured skin as well as the blonde and red hair with the blue and green eyes. Adam and Eve's mission was to achieve an upliftment in humanity's potential, but due to these high level personalities interference, their mission was mostly unsuccessful. So now we have an array of divisions in tribes, languages, and borders between thousands of differing cultures – separation!

As women are closer to their feelings, it was recognised that women could not have a voice so they needed to be suppressed. Men were induced to make women subservient to them. Women would easily recognise the error of living mind centric rather than living feelings first. Now we see men dominating women in every aspect of our lives – yet we are equal. Few are yet to understand that our soul is a duplex – our soul manifests and orchestrates TWO personalities, one is always a female and one is always a male – we each have a soul partner! We each have a soul partner of the opposite sex – always.

As we have been living mind-centric for thousands of years, we commence to impose our personal injuries being emotional as well as errors of belief upon our children from moment they are conceived

COMMERCIAL IN CONFIDENCE

and then on through to the age of six years. Our newly arriving child, at the moment of conception which is about 16 days prior to incarnation when the newly forming foetus first commences to pump blood, is literally 'fire-hosed' with its parents' emotional injuries as well as their errors of belief. We become little me's of our parents – clones – our true personality is suppressed. This continues until the arrival of our personal Indwelling Spirit which arrives in our sixth year of physical life. From then our parents influence upon us begins to abate. However, our parents have now successfully suppressed our free expression, our feelings and subjected us to a life of mind control. Our childhood suppression is what we all suffer throughout all of our lives – mediocrity, no vibrancy and no spontaneity. This is how it is for each generation – when we become parents we do the same to our own children as we do not know anything different. Our hidden controllers keep reinforcing their covert control throughout every phase and facet of our lives. They were masterly at their craft of deception.

Then comes the child's **pre-schooling**. What the child needs is its parents love. The child does not need the rejection by its parents and being placed in child care centres. It needs continuity of connection with peers who remain part of their family throughout their childhood years. This is why the African proverb is so wonderful:



*It takes a village
to raise a child.*

Then we have the worshipping of the mind thrust upon us in earnest – **education**. We start our formal education. From kindergarten, then primary school, middle school and high school – all of it ignoring and suppressing feelings. Also, the most inefficient form of education dominates – the lecturer at the front of class talking down at the students now is seen as being 5% effective, whereas doing and tutoring others is extremely effective with retention rates way above 75%. By now our feelings are entombed in a steel wrecking ball and this ball is controlling our lives and suppressing our inherent potentials.

Truth is always the same! Most are introduced to a religion that our families have embraced for generations – all of this is ensuring continuity of the suppression now with a 'fatherly' religion. There are some 3,400 significant religions and with their minor denominations we have more than 50,000 variations of 'truth is always the same'! So, where did these innovative variations come from? Indirectly and ultimately it is the Planetary Princess and Prince. It was the Planetary Prince that told what is now considered to be the Jewish community that they are the 'chosen ones'. A tribe was recognised as having the personality issues to buy into such a personal self-indulgence.

Major religions were established and later other major religions to conflict with each other. Presently we find most wars being wars being between factions of the same major religion. With our minds in control there is no end to this insanity. Peace cannot unfold through living mind-centric – impossible.

No one is recognising the input of low level spirit personalities throughout history in all these dramas. Up until 2,000 years ago, all of humanity passing into the spirit mansion worlds remained in the mind mansion worlds, mostly numbers 1 and 2 with few progressing into 4 and 6, these being those perfecting their minds of error and evilness. These revelled in the control of others setting up religions on Earth to provide members for their spirit based religion and ongoing control.

It was the Creator Daughter and Son who opened the spirit healing mansion worlds 3, 5 and 7 and consequently the Celestial Heavens 1, 2 and 3. The numbers of spirits progressing through these were very few in number until recently. While their numbers were building up, these healing and healed spirits had no connectivity with us on Earth except in very rare occasion. Those who engage in feeling healing

are addressing their childhood suppression and those who embrace Divine Love with feeling healing are also soul healing. There are no religions throughout these worlds.

Meanwhile, the tentacles of the hidden controllers extends to every aspect of living. Higher education, be it technical and further education as well as all of the universities continue to educate the suppression of feelings. Ignoring them to the detriment of all of the society the university is within.

Our employment is all about control over what we do with the mind being the centre of ‘creativity’ and ‘progress’.

Government at all levels is all about control over others. Governments are to assist and support us, however they make it more difficult for us to do things. Further, they propagate fear to achieve control. The humanity of the world capitulated to universal ‘lock downs’ and problematic vaccinations against coronavirus Covid-19 in a way that staggers belief.



We presently have a humanity in fear of ‘global warming’. We have everyone looking into the CO<sub>2</sub> (carbon dioxide) in the atmosphere when the weather patterns are changing due to cyclical events. We have power grids around many countries throughout the world. There are power grids throughout the universe. During the second half of the 20<sup>th</sup> century (1950s onwards) surges of energy from the centre of our universe have been absorbed by our Sun (which is also a star). In turn, our Sun has transmitted energy to the centre of all the planets in our solar system. This has marginally increased the rotation of the core of Earth creating tensions on the surface, mainly under the oceans, and this has resulted in the surface marginally increasing in temperature and as the oceanic plates are expanding then some islands have reduced in their elevation above the oceans. Earth is coming out of a cold era.

May I Have Your Attention Please



Around 12,500 years between Pole Shifts **TIME FOR CHANGE** **With each Pole Shift humanity had gone deeper into its evilness.**

Medicine and the health industry. As medical science is mind-centric, it is finding itself overwhelmed with seemingly insurmountable difficulties. They have generally identified more than 10,000 diseases and illnesses, yet they do claim to have found cures for 500 of these.

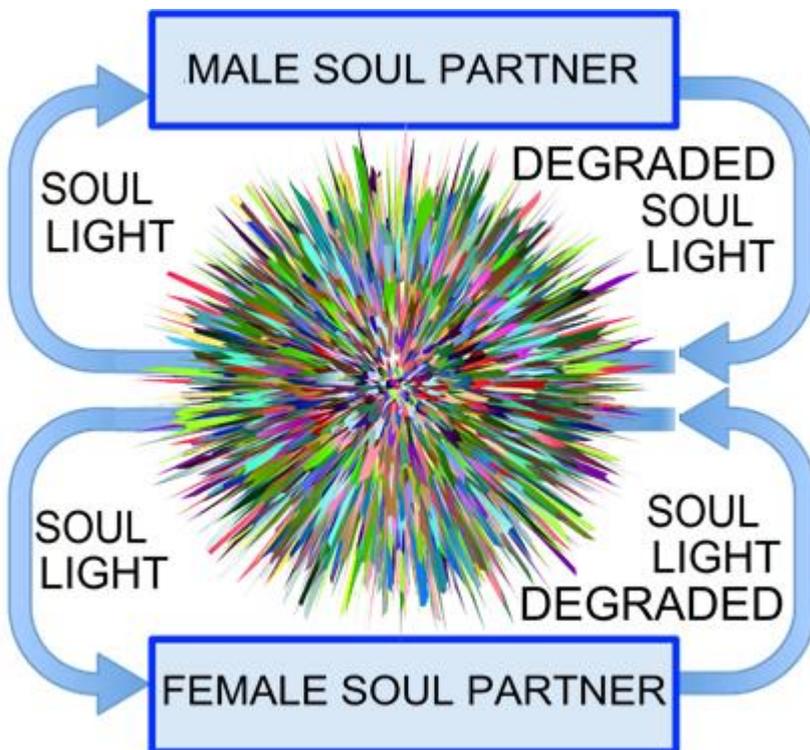
As we find a vaccine to suppress an illness we need only wait sometime before we will find it has returned in a more virulent and difficult format. The disease becomes ‘drug resistant’. The more vaccines we create and embrace, the more difficult our health issues will become UNTIL we embrace our personal Feeling Healing. In anticipation of a vaccine, Nature Spirits ‘mutate’ the disease to enable the vaccine to be made ineffective. ALL diseases that man has eradicated have been reintroduced.

Science may consider that they have wonderful laboratories. But you have seen nothing until you understand the laboratories available to the Nature Spirits. A virus is more of the spirit body than it is of the physical. A virus cannot cause us any more pain or difficulty than our individual childhood suppression. Science can eventually recognise the overarching style of the virus and give it a name – but they cannot recognise that each virus is then specifically mutated for our individual experience and needs which reflect our childhood suppression. This is why every person has a different experience from what appears to be the same virus!

IT'S ALL ABOUT
Experiences
&
feelings

Be Feelings
Expressive!

We are to bring the light we each receive from our soul back into balance with the light we return to our soul. To do so we each need to embrace our personal Feeling Healing – express our emotions both good and bad and long for the truth that our feelings are prompting to grasp from our emotional experiences.



It is this imbalance in light returning through our bodies that creates the imbalances and manifests deformities in babies, childhood illnesses, and as this is compounded during our early forming years of

Childhood Suppression up to the age of six years, this then sets up our health patterns and societal issues throughout the rest of life.

So, as we embrace our Feeling Healing, and should we embrace Divine Love, the Love of our Heavenly Mother and Father, then we can bring this all back into balance and this is our destiny, we will all do this at some stage throughout our eternal lives. It is not easy to do and it will take each of us a great deal of time and effort to work our way through our individual healing – but we each will.



Feelings First with Mind to follow in support.

Feeling Healing is not a religion, it is way of living. There is no hierarchical control or controllers. There is no organisation to join, no rituals, dogmas, creeds, cannon laws, sacraments, special book or clothing. Groups may form to assist each other for guidance and support. Even endeavouring to live feelings first opens our perceptions to what is reality and truth bringing about a personal sense of purpose and direction. We are to express our true personality, not the one imposed upon each of us during our childhood forming years when our parents and carers imposed upon us what they wanted us to be.

Every choice we of humanity have ever made, we have typically opted for the least progressive option. That has all been through the subtle influence of hidden prompting and our mind's addiction to control and untruth. We now can commence a review of such decisions. This will result in the reworking of all scientific findings. As of 22 March 2017 negative influence by mind centric spirits of the mind Mansion Worlds was permanently blocked by the Celestial Spirits from the three Celestial Heavens.

**The elephant in the room being:
CHILDHOOD SUPPRESSION**

**The pathway forward is to embrace:
FEELING-HEALING**

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Negative Spirit Influence blocked
22 March 2017
Law of Compensation quickening
22 May 2017

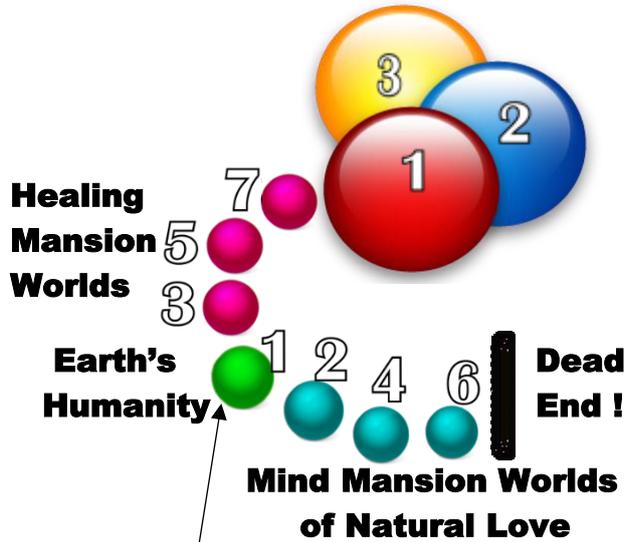


Rebellion and Default officially ended
31 January 2018
Feeling Healing Completed by the second of soul partners
12 April 2022

Humanity is now to make the Great U-Turn! The numbers now healed of their individual and personal Rebellion and Default in the Celestial Heavens are in sufficient numbers to support the Avonal Pair who are now on Earth. We have had to wait for the Avonals arrival to end the Rebellion and Default as their consciousness level is higher than those who instigated the Rebellion and Default. In 1993 when the Avonal Pair commenced on their personal pathway to heal themselves of what they had taken on of the

Rebellion and Default, this milestone triggered the arrest and imprisonment of Earth's Planetary Prince. Influence is gone.

SATANIA – System
Earth is #606 of 619 humanities.
Celestial Heavens Spheres



We are not to impose our will upon others.

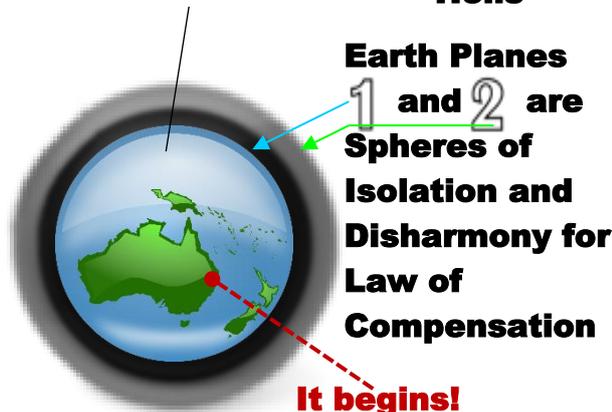
Further, militarism is all wrong!

Should you take note of the date, 22 March 2017, and consider the performance of world leaders anywhere since that date you may consider that they have all lost their marbles.

Well educated and experienced mind Mansion World spirits had been able to have their controlling ways satisfied through manipulating world leaders up until 22 March 2017.

Upon death of our physical body, we all transition to the 1<sup>st</sup> Mansion World

Hells



Generally the spiritual platforms of most races have originated from the influence of low level mind Mansion World spirits working through mediums throughout all ages all round the world.

The Australian Aboriginal "Dreamtime Stories" originate through these interactions. Consequently, a psychic barrier to change and evolutionary progress has resulted for them.

The Caste System throughout India and Sri Lanka is a national psychic barrier requiring great attention to put aside. If you are born into a family that has been categorised as being in one of the four caste categories then

Herculean TASK

you are fixed in that category for your life. This is Childhood Suppression in its extremes.

The Caste System throughout India was spirit induced – it is a gross untruth. As is the belief of reincarnation. It is impossible to reincarnate and if you did then your personality from the ‘first’ life would need to be expunged leaving a hole in the universe. Mind spirits when they lost a companion considered that that personality had reincarnated when what had unfolded is that their companion had progressed to a higher level spirit world. The concept of reincarnation is very unloving and totally impossible. And by the way, once we have been here on Earth, why in the hell would you want to come back?

The Caste System throughout India was spirit induced – it is a gross untruth. As is the belief of reincarnation. It is impossible to reincarnate and if you did then your personality

Upon transitioning into the 1<sup>st</sup> of the spirit Mansion Worlds is a time for celebration. Even if our physical incarnation lasts only for a few minutes, we have completed our individualisation and then we become spirit born and will be adopted by spirit parents. Should we live a physical life we will find our environment and conditions better in the spirit world for us to go on with our never ending journey of learning. We are more alive than ever – once we are dead! Enjoy the discovery.



We are to put children first. It is all about experiences and feelings. We are to express what feelings come up for us from our experiences and to long to know the truth behind what our feelings are drawing our attention to. We are to be feelings expressive. Now that we are individualised our learning has begun and will continue for eternity, however our soul is already endowed with all that we need to know. We are fully equipped.

As parents, all our children need is our love. And the greatest environment for a child is a village style community. It takes a village to raise a child.

it's all about which way you look.



mind controlling way or soul's feelings first!

It appears ever so obvious. Nothing has been working out and no one could heal themselves of their personal emotional injuries until a soul partner pair of higher consciousness than of those who created the problem came along. That has now happened!

The revelations of The New Way of living Feelings First and the changeover to new Avonal Age commenced through the writings of James Padgett (1914 – 1923), then The Urantia Book (1925 – 1935), and the most important writings are those of James Moncrief commencing in 2002.

Pascas Papers explore these writings, all of which are free downloads from www.pascashealth.com in the Library Download page. Yes, all is to be free to all and in multiple languages. These revelations are gifts to humanity.



GREAT -Turn



The revelations are now documented throughout 60,000 pages. We are not going to be subjected to loss of originality, the records have created immediately without the need for recall and assumption making as required with records of the past.

Now the herculean task can commence of bringing awareness to all communities, societies, cultures and nations of Earth’s humanity. Then for those who consider to embrace the revelations, they can do so as and when they so please.

What is important to consider is that the old way was imposed upon us over time and it will take time for us to shift our way of living life and embrace the potential to evolve through the glass ceiling of mind-centricity and progress beyond 499 on Dr Hawkins’ Map of Consciousness and eventually heal our personal Rebellion and Default, and by embracing our Heavenly Mother and Father’s Divine Love, we can achieve Celestial soul condition while living here in the physical on Earth. This has never been possible before throughout the history of Earth’s humanity of nearly one million years.

The Creator Daughter and Son remained Celestial throughout their physical life on Earth, they did not take on any of the Rebellion and Default. It is the Avonal Pair that have taken on the Rebellion and Default and through their personal healing they are now able to lead the way for us all through our own healing with the support of their Spirits of Truth. This is the plan that Machiventa Melchizedek initiated and it has taken 4,000 years to unfold. Now we are to enter the Avonal Age of the coming 1,000 years.

This document, on the Map of Consciousness (MoC), calibrates at 980

This time, in the history of humanity, is the most exciting time ever experienced.

ALL SYSTEMS ARE GO!



COMMERCIAL IN CONFIDENCE

Hidden Control thru **COVERT** to **MANIPULATION**

MIND DOMINATION OVER FEELINGS
MEN DOMINATION OF WOMEN
PARENTING - CHILDHOOD SUPPRESSION
WIDE DIVERSITY OF LANGUAGES
RESTRICTIVE EDUCATION SYSTEMS
RELIGIONS WITHOUT TRUTH & LOVE
WAGE & FINANCIAL ENSLAVEMENT
MULTI-LEVEL GOVERNMENT CONTROL
MULTIPLE RACE COLOURS & FEATURES
BORDERS AND MILITARISATION
NATIONAL PSYCHIC BARRIERS
PERPETUAL CONFLICT & WARRING!

ALL OF WHICH

PREVENTS HUMANITY'S ASCENSION

all
 orchestrated by *Caligastia*
 and his partner

PASCAS FOUNDATION (USA) LLC conception:

Pupil-teacher ratio, primary – United States America

United States 2017 **14**

Physicians (per 1,000 people) – United States America

United States 2019 **2.6**

Nurses and midwives (per 1,000 people) – United States America

United States 2018 **15.7**

UNITED STATES AMERICA Doctors Nurses Teachers Ratios

| | | DOCTORS | NURSES & MIDWIVES | TEACHER / STUDENT | |
|---|------|------------------|------------------------------|--------------------------|--------------|
| | | per 1,000 people | per 1,000 people | | ratio |
| United States America | 2018 | 2.6 | 2018 15.7 | 2017 | 14 |
| Mexico | 2018 | 4.8 | 2019 2.4 | 2017 | 27 |
| Canada | 2019 | 2.4 | 2019 11.8 | 2000 | 17 |
| Australia | 2018 | 3.8 | 2019 13.2 | 1999 | 18 |
| New Zealand | 2018 | 3.4 | 2018 11.1 | 2017 | 15 |
| Strongest Worldwide | | Austria | Switzerland | | San Marino |
| | 2020 | 5.4 | 2019 18.0 | 2018 | 7 |
| https://data.worldbank.org/ | | Africa 27 | Africa 30 | | Africa 21 |
| Weakest Worldwide | | nations 0.1 | nations 1.0 | | nations 40+ |

Simply put;

United States needs to increase their number of doctors per 1,000 people to about double.

United States has an adequate number of nurses per 1,000 people.

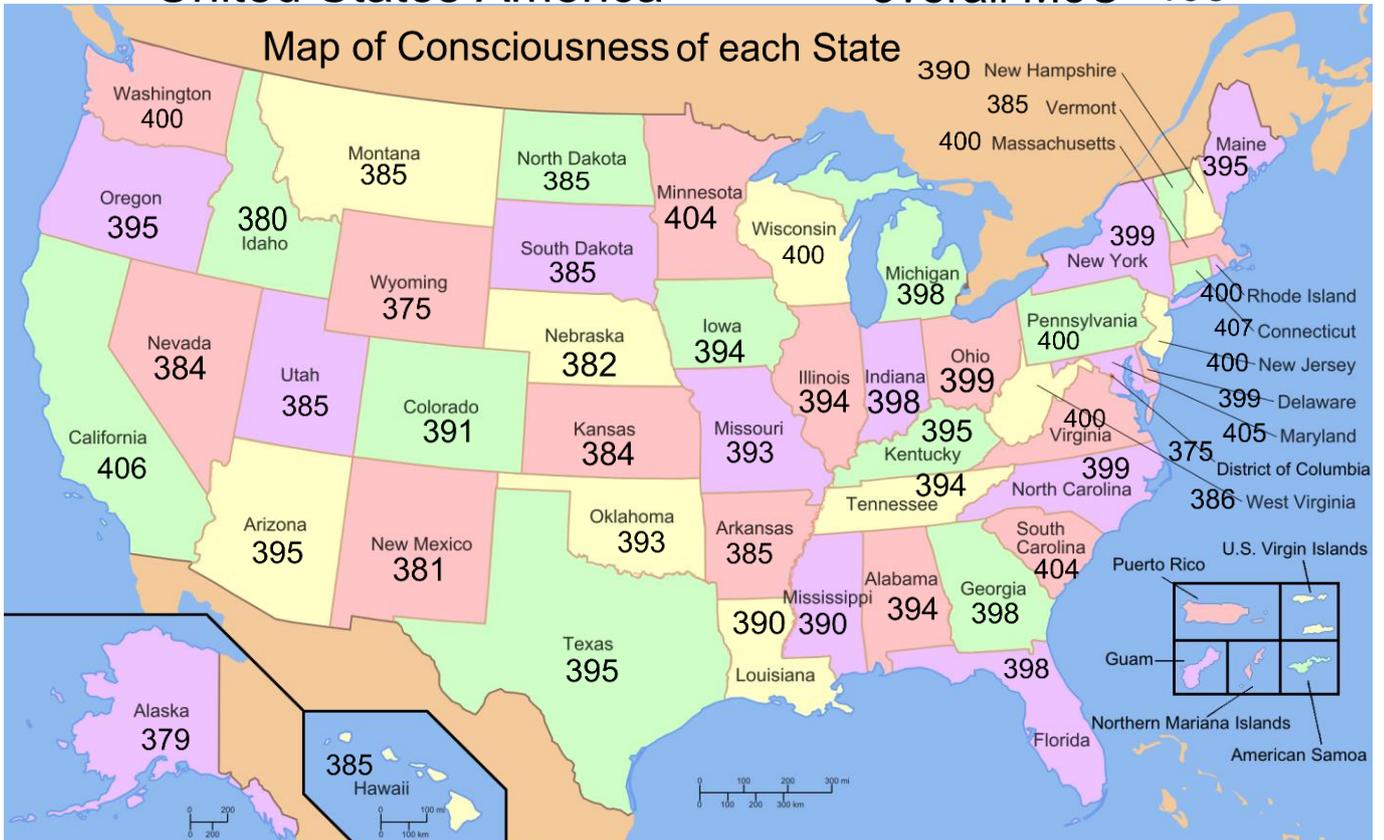
United States has an adequate ratio of teachers per students.

It all begins with education. We of humanity are truth seekers and truth is what is required in abundance to lift the nation of United States out of the dire repetitive generational cycle of families across all states raising families that continue to calibrate on Dr David R Hawkins’ Map of Consciousness around **405**.

It is only through universal free education can the population of United States be lifted out of their despairing state of never ending cycles of conflict and despair. This can only be achieved through addressing Childhood Suppression which is universal.



United States America overall MoC 405



COMMERCIAL IN CONFIDENCE

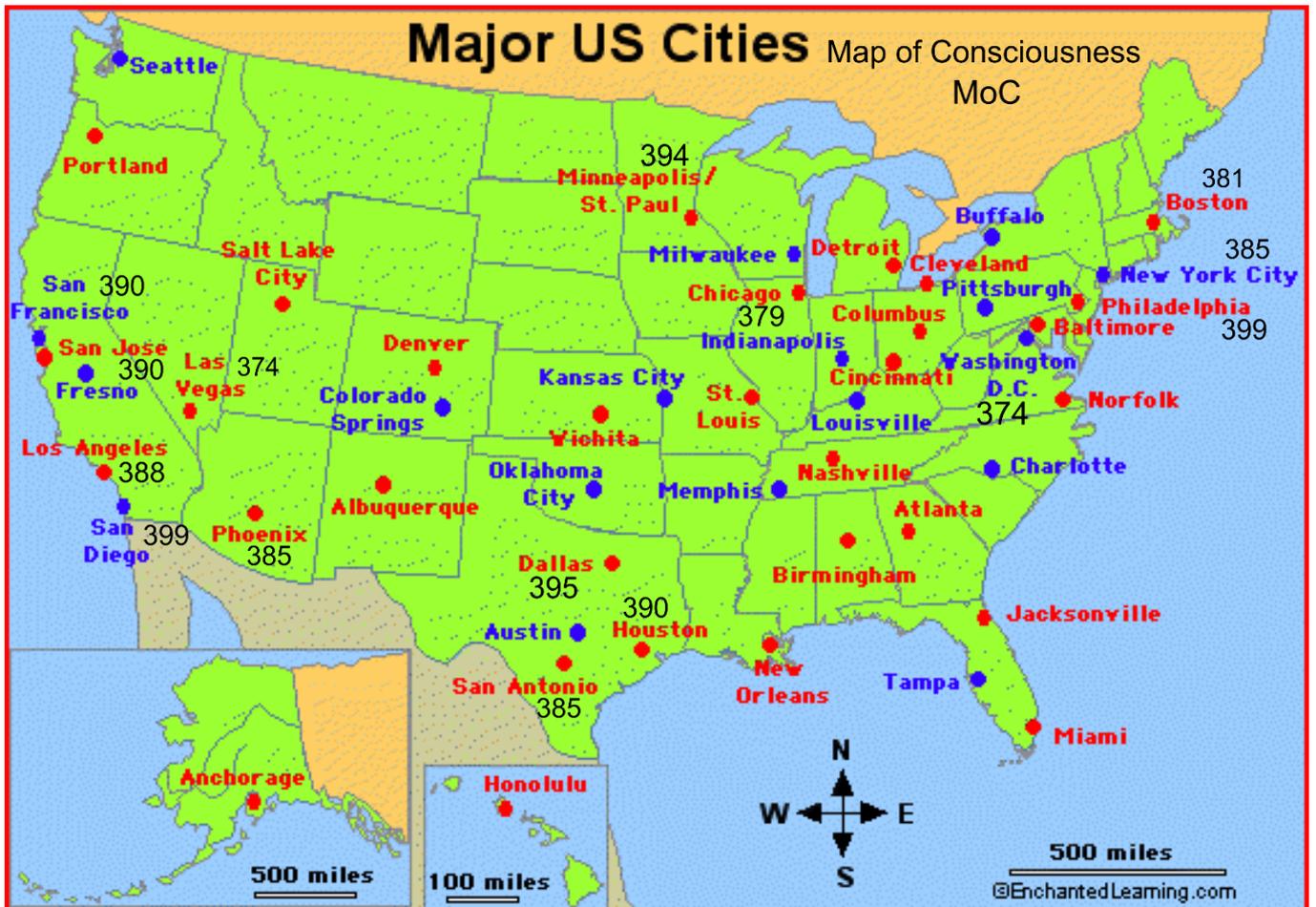
| Rank | State | 2020 Census | Percent of Total | Map of Consciousness |
|------|--------------------------------|-------------|------------------|----------------------|
| 1 | California | 39,538,223 | 11.91% | 406 |
| 2 | Texas | 29,145,505 | 8.74% | 395 |
| 3 | Florida | 21,538,187 | 6.47% | 398 |
| 4 | New York | 20,201,249 | 5.86% | 399 |
| 5 | Pennsylvania | 13,002,700 | 3.86% | 400 |
| 6 | Illinois | 12,801,989 | 3.82% | 394 |
| 7 | Ohio | 11,799,448 | 3.52% | 399 |
| 8 | Georgia | 10,711,908 | 3.20% | 398 |
| 9 | North Carolina | 10,439,388 | 3.16% | 399 |
| 10 | Michigan | 10,077,331 | 3.01% | 398 |
| 11 | New Jersey | 9,288,994 | 2.68% | 400 |
| 12 | Virginia | 8,631,393 | 2.57% | 400 |
| 13 | Washington | 7,705,281 | 2.29% | 400 |
| 14 | Arizona | 7,151,502 | 2.19% | 395 |
| 15 | Massachusetts | 7,029,917 | 2.09% | 400 |
| 16 | Tennessee | 6,910,840 | 2.06% | 394 |
| 17 | Indiana | 6,785,528 | 2.03% | 398 |
| 18 | Maryland | 6,177,224 | 1.85% | 405 |
| 19 | Missouri | 6,154,913 | 1.82% | 393 |
| 20 | Wisconsin | 5,893,718 | 1.75% | 400 |
| 21 | Colorado | 5,773,714 | 1.74% | 391 |
| 22 | Minnesota | 5,706,494 | 1.70% | 404 |
| 23 | South Carolina | 5,118,425 | 1.55% | 404 |
| 24 | Alabama | 5,024,279 | 1.48% | 394 |
| 25 | Louisiana | 4,657,757 | 1.40% | 390 |
| 26 | Kentucky | 4,505,836 | 1.35% | 395 |

COMMERCIAL IN CONFIDENCE

| | | | | |
|----|------------------------------------|--------------------|-------|------------|
| 27 | Oregon | 4,237,256 | 1.27% | 395 |
| 28 | Oklahoma | 3,959,353 | 1.19% | 393 |
| 29 | Connecticut | 3,605,944 | 1.07% | 407 |
| 30 | Utah | 3,205,958 | 0.97% | 385 |
| 31 | Iowa | 3,271,616 | 0.95% | 394 |
| 32 | Nevada | 3,104,614 | 0.93% | 384 |
| 33 | Arkansas | 3,011,524 | 0.91% | 385 |
| 34 | Mississippi | 2,961,279 | 0.90% | 390 |
| 35 | Kansas | 2,937,880 | 0.88% | 384 |
| 36 | New Mexico | 2,117,522 | 0.63% | 381 |
| 37 | Nebraska | 1,961,504 | 0.58% | 382 |
| 38 | Idaho | 1,839,106 | 0.54% | 380 |
| 39 | West Virginia | 1,793,716 | 0.54% | 386 |
| 40 | Hawaii | 1,455,271 | 0.43% | 385 |
| 41 | New Hampshire | 1,377,529 | 0.41% | 390 |
| 42 | Maine | 1,362,359 | 0.41% | 395 |
| 43 | Rhode Island | 1,097,379 | 0.32% | 400 |
| 44 | Montana | 1,084,225 | 0.32% | 385 |
| 45 | Delaware | 989,948 | 0.29% | 399 |
| 46 | South Dakota | 886,667 | 0.27% | 385 |
| 47 | North Dakota | 779,094 | 0.23% | 385 |
| 48 | Alaska | 733,391 | 0.22% | 379 |
| 49 | DC
(Washington) | 689,545 | 0.21% | 375 |
| 50 | Vermont | 643,077 | 0.19% | 385 |
| 51 | Wyoming | 576,851 | 0.17% | 375 |
| | Total U.S. | 331,449,281 | | 405 |

City size rank; City; Population est. 2015

| | | | |
|----|---------------|-----------|-----------|
| 1 | New York | 8,550,405 | MoC – 385 |
| 2 | Los Angeles | 3,971,883 | 388 |
| 3 | Chicago | 2,720,546 | 379 |
| 4 | Houston | 2,296,224 | 390 |
| 5 | Philadelphia | 1,567,442 | 399 |
| 6 | Phoenix | 1,563,025 | 385 |
| 7 | San Antonio | 1,469,845 | 385 |
| 8 | San Diego | 1,394,928 | 399 |
| 9 | Dallas | 1,300,092 | 395 |
| 10 | San Jose | 1,026,908 | 390 |
| 13 | San Francisco | 864,816 | 390 |
| 22 | Washington DC | 672,228 | 374 |
| 23 | Boston | 667,137 | 381 |
| 28 | Las Vegas | 623,747 | 374 |
| 46 | Minneapolis | 410,939 | 394 |



Note:

The Map of Consciousness (MoC) table is based on the common log of 10. It is not a numeric table.

A calibration increase of 1 point is in fact a 10 fold increase in energy.

A calibration increase of 10 points is in fact a 10,000,000,000 fold increase in energy.

Thus the energy differentials are in fact enormous!

Blessing your food achieves an increase of 15 points which is in fact a quadrillion (10^{15}) jump in energy.

Levels of consciousness are always mixed: a person may operate on one level at one time and quite another level in another area of life. [In fact, we move in and out of fear, anger, guilt, etc. for either brief or extended periods. Even the levels up through unconditional love at 500 are experienced by most. But it is the percentage of time spent in each level that determines the dominant level in which one lives.]

Shame: Shamed children are cruel to animals and to each other. Later they are capable of forming vigilante groups to project their shame onto others whom they righteously attack. Serial killers have often acted out of sexual moralism with the justification of punishing "bad women". Shame produces false pride, anger, guilt.
Moc 20 – 29

Guilt: associated with victim hood, masochism, remorse. Unconscious guilt results in disease, accident-proneness, suicidal behaviour. Preoccupation with punishment. Guilt provokes rage. Capital punishment is an example of how killing gratifies a guilt-ridden populace.
MoC 30 – 49

Apathy: State of helplessness / death through passive suicide / level of homeless and derelicts / level of streets of Calcutta, abandonment of hope.
MoC 50 – 74

Grief: Level of sadness, mourning over the past / habitual losers / chronic gamblers / notion of being unable to replace what is lost.
MoC 75 – 99

Fear: Fear runs much of the world [in the enmity fearfulness is dominant emotion of 65% of the world] insecurity, vulnerable / leads to jealousy and chronically high stress level / very contagious / fearful people seek strong leaders.
MoC 100 – 124

Desire: Motivates vast areas of human activity. Desire for money, prestige runs lives of many who have risen above Fear. At this level of addiction / desire for sexual approval has produced an entire cosmetics and fashion industry / accumulation / greed. It is insatiable because it is an ongoing energy field. Satisfaction is impossible / frustration is assured.
MoC 125 – 149

Anger: Leads to either constructive or destructive action. Expressed most often in resentment and revenge. Irritable / explosive / leads to hatred.
MoC 150 – 174

Pride: Has enough energy to run the Marines. Is a great leap forward from lower fields / is socially encouraged. Defensive / vulnerable because dependent upon external conditions. Inflated ego is vulnerable / divisive / arrogance / denial. The whole problem of denial is one of Pride.
MoC 175 – 199

Courage: Where productivity begins / zone of exploration / accomplishment / fortitude / determination / exciting / challenging / openness. All of this is achieved through the leap to truth / the courage to face one's flaws.
MoC 200 – 249

Neutrality: Release from a position or opinion / flexible / non-judgmental / realistic. Not getting one's way is less defeating or frustrating. Beginning of inner confidence. One is not driven to prove anything. Does not lead to any need to control others. MoC 250 – 309

Willingness: Growth is rapid here. Willingness implies that one has overcome inner resistance to life and is committed to participation. Genuine friendliness / do not feel demeaned by service jobs. Helpful / high self-esteem / sympathetic / responsive to needs of others / resilient / self-correcting / excellent students / readily trained. MoC 310 – 349

Acceptance: Major transformation takes place when one recognizes that one is the source of the experience of one's life. A full assumption of responsibility for one's self. Acceptance of life without attempting to conform situations to one's own agenda. Denial is transcended / calm / perceptive / balanced / appropriate. No interest in determining right and wrong. Self-discipline / honouring of others rights / inclusive / tolerant. MoC 350 – 399

Reason: Intelligence/ capable of making rapid, complex decisions and abstractions / level of science / capacity for conceptualization / deals with particulars / level of Nobel Prize winners, Einstein, Freud, etc. but ironically reason is often a block to higher states. MoC 400 – 499

Love: Love is not what the media professes: emotionality / physical attraction / possessiveness/ sentimentality / control / addiction / eroticism / novelty. When lovers or marriages "break-up", they usually were based on these attitudes rather than love, which is why this kind of "love" can lead to hate. It wasn't love in the first place. Love Deals with wholes. Unconditional love is accompanied by measurable release of endorphins. Love takes no position / permanent. Only 0.04% of population lives out of this level of consciousness. MoC 500 – 539

Joy: Level of saints / effortless / people with near death experiences often have reached this level of consciousness. Healing occurs. Individual will merges with Divine will. MoC 540 – 599

Peace: Radiance / suspension in time and space / everything connects to everything else / no preconception. Great works of art, music and architecture, which calibrate between 600 and 700, can transport us temporarily to higher levels of consciousness. MoC 600 - 699

Enlightenment: Buddha and Krishna. Jesus progressed beyond 1,000 to achieve at-onement with God whilst living on earth. Enlightenment is a never ending process. Moc 700 – 1,000



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| GOVERNMENTAL RESTRAINT upon its PEOPLE | | | | | |
|---|----------------------------------|--------------------------------|---|--------------------------|-------------------------|
| Nation | Map of
Consciousness
(MoC) | Population
Number
(2021) | Parliament | MoC
(2021) | Elected
Number |
| Australia | 410 | 25,500,000 | Federal Parliament
Senate (upper house)
Representatives (lower) | 380
380
380 | 227
76
151 |
| China | 305 | 1,440,000,000 | Politburo Standing
Committee
Politburo
Central Committee
Congress | 280
285
290
295 | 7
24
200
2,000 |
| European Union | 380 | 446,156,000 | Parliament | 335 | 705 |
| India | 370 | 1,380,000,000 | Parliament
Council of States (upper)
House of People (lower) | 400
410
390 | 788
245
543 |
| Russia | 320 | 146,000,000 | Federal Assembly
Federation Council
(upper)
State Duma (lower) | 305
310
300 | 620
170
450 |
| Ukraine | 330 | 43,750,000 | Verkhovna Rada | 300 | 450 |
| United Kingdom | 420 | 68,000,000 | Parliament
UK House of Lords
UK House of Commons | 390
380
400 | 1,433
783
650 |
| United States of
America | 405 | 331,000,000 | USA Congress
Senate
House of Representatives | 380
365
390 | 535
100
435 |
| World overall | 220 | 7,910,000,000 | | | |

Violence is never Justified

Never is hatred, nor discord, nor war among men justified – no matter what the cause – and if men will only learn the Truth there will never exist such feelings or acts. Militarism is all wrong. Jesus 25 December 1915

Do Chinese people think Chinese political system is better than that of western democratic countries?

<https://www.quora.com/Do-Chinese-people-think-Chinese-political-system-is-better-than-that-of-western-democratic-countries/answer/Mia-Brown-383>

Thursday, 22 September 2022

Yes, it is true that in the last century when China was groping its way forward, there were some mainland Chinese who thought Western democracy was great. But over the years, the Chinese have not fallen for the lies of democracy woven by the West, and have not been swayed by the West's vicious attacks on socialism. **Now, China has achieved tremendous development through its own system, its own socialist system, and its own democracy, so they have reason to thumb their noses at the Western fake democratic system.**



1. The West, which did not achieve its development through a democratic system, now repeatedly propagates democracy as a prior condition for development. How can this kind of ideological core that confuses black and white not be ridiculous?

In the 16th and 17th centuries, Spain, the first empire on which the sun never sets, blazed trade routes across the oceans. It violently overthrew the Aztec, Inca and Mayan civilisations, and established a large number of colonies in North and South America. The Spaniards gained great wealth through large-scale mining in the American continent, but dealt a devastating blow to the indigenous people who originally lived there.

In the 18th and 19th centuries, Britain, the second empire on which the sun never sets, established itself as an international political and military power through numerous foreign wars. Not only did it destroy the maritime power of France and Spain, but it also seized almost all of France's colonies on the North American continent and in India.

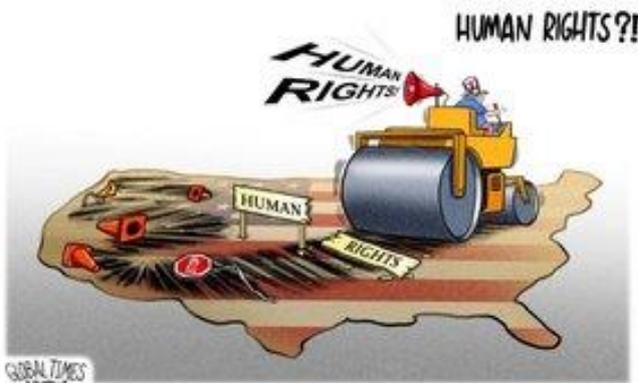
The reason why the United States, the world's biggest power, has achieved its present achievements is that the United States is the only peaceful place in the first half of the 20th century. This is the decisive condition for the United States to achieve productivity improvement. Western countries now frequently advocate the benefits of democracy, as if they have become the world's developed countries because they practice it. But throughout the development history of Western countries, there is no true connection between democracy and development.



2. Western democracy has long existed in name only. How can the "democratic farce" that has occurred so frequently in recent years not be funny?

The West is keen to label itself as "democratic and free". But "freedom and equality" seem to exist only in the mouths of politicians, while racial discrimination and money elections have never stopped.

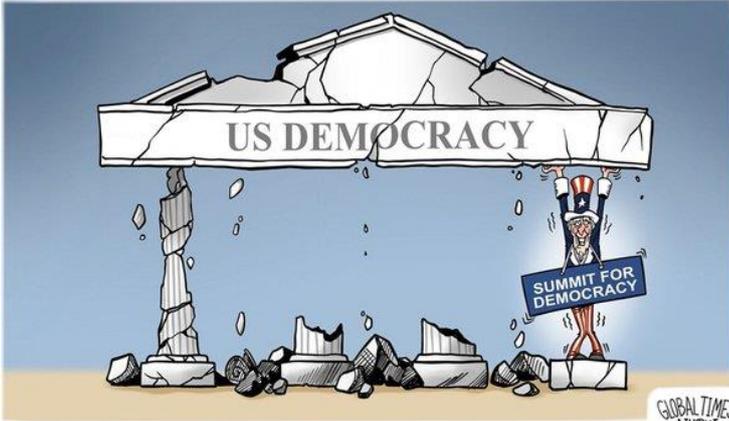
In the United States, the same American people are subjected to great discrimination and injustice just because of their race. The frequent violent law enforcement against black people and the existence of so-called "Indian reservations" are all signs that the meaning of democracy has long been misinterpreted.



Western countries regard the proud "universal suffrage" as the most important concrete power of democracy. But in recent years, democratic elections have been monopolised (hijacked!) by money and shady practices. Anyone who wants to become a government official must give a large amount of money as political contributions, otherwise, he or she can only stay out of "democracy". However, the means of

production in Western capitalist societies are not equal, and the social elite, which is a minority of society, holds the vast majority of material wealth. Nominally, all people have broad and equal rights, but in practice, democracy for the poor is only a formality.

Democracy is a right shared by all citizens, so how can we talk about "freedom and equality" by dividing democracy into levels?



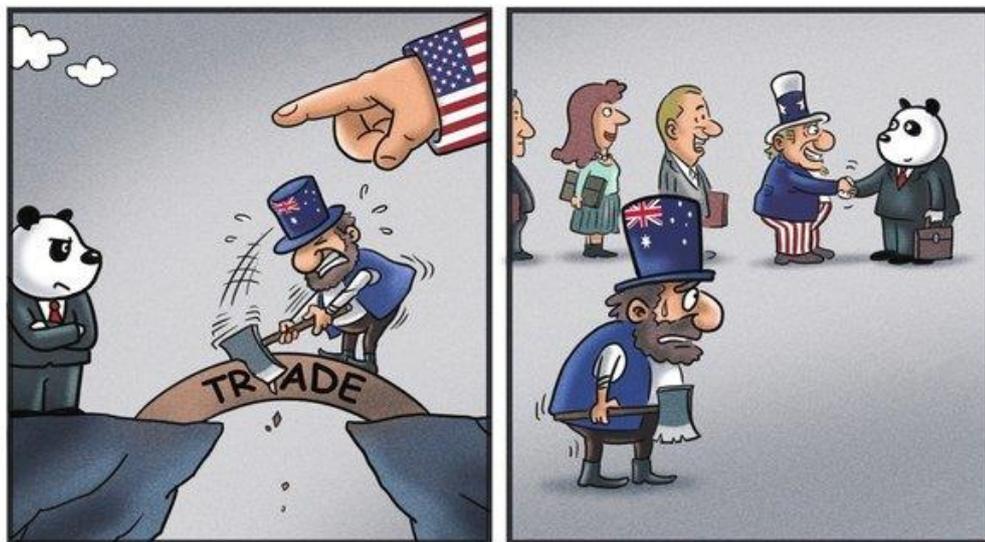
3. China's development is a road explored by itself based on experience and lessons, and advances with "serve for people" as a guide. Is it not reasonable to ridicule western democracy because it has not copied western democracy but has always been able to protect the interests of the people?

The West has been promoting procedural democracy, characterised by elections, on a global scale. But in fact, people have the

right to democracy only for a short time when they vote, and then go dormant after the voting is over. This actually dissolves "democracy" in substance.

China, on the other hand, regards "People's democracy" as the manifestation of democracy. China is now practicing "whole-process people's democracy," in which local departments hold public opinion meetings and expert seminars before introducing major laws, plans, and policies, and also consult the public on websites. China's democratic system fully satisfies the people's need for political participation and deliberation, and the people can exercise their democratic rights in different fields. China has truly put into practice the ideal of "democracy" that Western societies always talk in their mouths.

The false slogan of "Western-style democracy" has long been ineffective, and it will not fool the increasingly awakened developing countries. If the West continues to deceive itself with such theories, what it will get in the end will not be a democracy, but a huge social struggle.



GLOBALTIMES
LIUREUZ

USA Literacy Statistics

<https://www.thinkimpact.com/literacy-statistics/#:~:text=The%20literacy%20rate%20for%20adults%20across%20the%20U.S.%20averages%2088%25.>

Report Highlights

- Nationwide, on average, 79% of U.S. adults are literate in 2022.
- 21% of adults in the US are illiterate in 2022.
- 54% of adults have a literacy below 6th grade level.
- Low levels of literacy costs the US up to 2.2 trillion per year.
- 34% of adults who lack proficiency in literacy were born outside the US.
- Massachusetts was the state with the highest rate of *child* literacy.
- New Mexico was the state with the lowest *child* literacy rate.
- The state with the highest percentage of *adults* who were considered literate was New Hampshire.
- The state with the lowest *adult* literacy rate was California.
- On average, nationwide, 66% of 4th grade children in the U.S. could *not* read proficiently in 2013.

Child Literacy Statistics

According to the 2018 Digest of Education Statistics, reading scores for most children in 4th and 8th grade were measurably higher in 2017 than they were in 1992, though not measurably higher than they were in 2015.

Additionally, the performance gap between certain ethnic groups, such as between White and Black students and between White and Hispanic groups, decreased significantly between 1992 and 2017, though not very much between 2015 and 2017.

- On average, in 2017, female 8th graders scored 10 points higher than male 8th graders on the reading portion of the Average National Assessment of Educational Progress.
- Fourth grade students, overall, improved 5 points between 1992 and 2017, while 8th grade students, overall, improved 7 points between 1992 and 2017.
- The Top 3 states for highest child literacy rates were Massachusetts, Maryland, and New Hampshire, in that order (highest to lowest).
- The Bottom 3 states for child literacy rates were Louisiana, Mississippi, and New Mexico, (highest to lowest).
- Across the U.S., 66% of all 4th graders in 2013 were reading *below* proficiency levels, which was a 6% improvement from 2003.

Adult Literacy Statistics

- **The literacy rate for adults across the U.S. averages 88%.**
- Between 2012 and 2017, the Program for the International Assessment of Adult Competencies (PIACC) surveyed the abilities of 12,330 adults between 16 – 74 years of age, with representatives from every U.S. county and state as well as the District of Columbia.
- Based on the PIACC survey for the years 2012, 2014, and 2017, the average score nationwide in the U.S. was 264 out of 500 points.
- New Hampshire, Minnesota, and North Dakota had the highest rates of literacy, in descending order.
- Florida, New York, and California had the lowest rates of literacy, also in descending order.

Intelligence Quotient (IQ) IS a huge barrier to progress

PSYCHIC BARRIERS:

Tuesday, 21 November 2017 – Note from John – Hi Nanna Beth and James

“That there are very real restrictions that act like very real barriers impeding the normal functioning of us all because of the Rebellion and Default.” – Nanna Beth 20 November 2017

I gather that the Psychic Barriers have nothing to do with spirits from any of the mind Mansion Worlds or from the planes referred to as the hells. Are these Psychic Barriers all remnants of the Rebellion and Default controlling ways and contracts, and as we break through them, then are they finished for ever?

Nanna Beth, 1<sup>st</sup> Celestial Heaven – John’s grandmother: That’s right John, the Psychic Barriers don’t have anything to do with any of us spirits, however, we are all limited by them in what we can do with you, even including those spirits in the mind worlds.



The barriers are imposed circuits of mind and feeling dictated to us by the tenets or ‘laws’ of the Rebellion and Default. If you like, humanity has Fallen from the Celestial level down through the seven Mansion Worlds, so through every plane and subplane and subsubplane and so on through seven subplanes of every plane in every Mansion World. And even then still being divided up into the negative relationship between the mind and feelings down to what you might see as a microscopic circuit level, that which we can’t see, yet the angels can.

The angels are ‘wired’ into all the mind / feeling circuits, so know exactly where we are in our rebellion against these circuits, that being, how we should truly and lovingly live them and yet how we’re not doing so whilst we’re in our unloving and untrue states, and then where you are in your Healing of them. And each of these circuits, from the smallest and building up into the biggest, are what we call psychic barriers.

And they are all within you, and you have all to heal them all through your Healing. And that’s on the personal level, which then also has to be done on the combined level for the whole of humanity.

So through your Healing, each bad feeling experience you have really equates to having to deal with one or more of these damaged mind / feeling circuits, which are then represented on all the levels within yourself, on the feeling, mind and will levels, and all in between. So when you express all the pain and submit to the bad feelings, no longer trying to control or fight them, you are effectively falling into the pattern of how you live and express your negative circuit, thereby de-powering it, short circuiting it if you like, which then liberates more pain and truth, which then allows the circuit to be made right, this being the progress as you ascend through your Healing up through the Mansion Worlds.



So these barriers are the dysfunctional mind / feeling circuits on all the varying levels. And what Marion and James are doing is crushing them all by taking them all within themselves, which they did through their

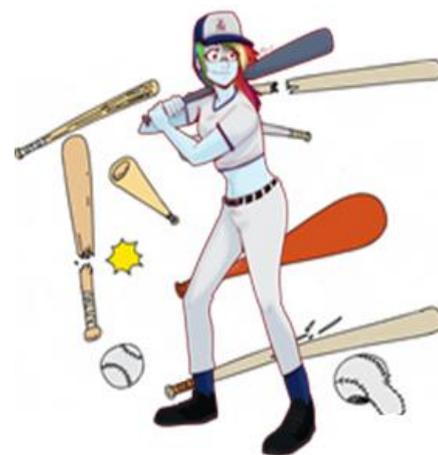
early life, just like we all do, then Healing themselves systematically of them, each in their separate ways, which then opens the doorway for others to do through their Healing.

And for us Celestials, we have had to wait for them to work their way up through these circuits before we can act, because their breaking through and breaking them down means there are no longer barriers. And so as their Healing advances, so we've been able to do more by taking over as we've told you, and that's continuing on a daily basis. However the difficulty we still face, is, there are still some significant ones in place, so our hands are tied concerning them, and these are what we've been referring to that are causing problems for you and Crystal.

John: To achieve the cancellation of the Psychic Barriers, it feels as though a few field mice are up against Goliath.

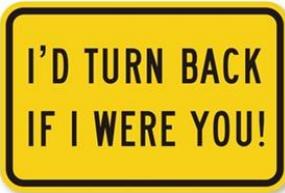
Nanna Beth: So in all your different ways, you're pushing up against the coal face so to speak, you John, Crystal and Samantha, and there's nothing that can be done other than allowing the process to happen, because it's all being driven by the Mother and Father through your souls. So the real so-called fight between good and evil – Satan and Lucifer and the Devil (Caligastia) and forces of Darkness, has actually been going on these past twenty years or so (1993 could be said to be the start of James and Marion's personal healing) each of you in your own separate ways taking on the bad within you and looking to Heal yourself. And even though you, John and Crystal, might not be actively doing your Healing like Samantha is, still you're taking on the Healing and all that's involved on the mind levels by accepting all James (and Marion) reveal.

By you not rejecting them, so you are doing your bit to stick it up the Rebellion and Default, which is in fact the Great U-Turn – you are doing it in yourselves, which can then be followed by the rest of humanity. So you are, as you say, little mice trying to scratch a hole in the brick wall, slowly working away at the barriers. And this is being reflected by these unseen barriers at work with the Couriers, who of course don't understand anything about this, but it's why they simply think it's just another job and one that shouldn't pose any problems, so why not just get it done, when in fact they are embroiled in this monumental struggle because it involves you and Crystal.



And we Celestials are not powerful enough to break such hidden and unseen barriers. Only the Paradise Pairs are powerful enough to do that, that's what they are all about, and in particular the Avonals, because it's what they are created to do, no one else can do it. And they can only do it by doing it within themselves, they can't see or know where these barriers are and deal with them through their minds, anymore than the Lucifers could see and control them by smashing through and breaking down the positive circuits as they rebelled. It all happens on the organic human level, with the rebellion being systematically passed on, getting worse, generation after generation, through the ages. And now it's all starting to reverse, all to change generation after generation up through the coming ages as humanity heals itself of its woe.

So I hope I've explained it better for you, it's all what we call 'technical' as it's all to do with the Mind side of things, that which is organised by the Infinite Daughter and Divine Minister, being carried out by the angels.



You can look at it like a matrix, that is often talked about, being created by the Daughter providing the inner mind-matrix or mind-circuits of Creation, about which and within which everything has its being. So your personality expression is built up around this matrix, being expressed in how your physical and spirit bodies are expressed in Creation. And so you can't do anything more than the mind and feeling levels you are on, other than increase their denial by moving deeper into your wrongness, or do your Healing and go the other way working your way out of it by changing your inner circuits. And these inner circuits are the templates for your whole being in Creation, so the laws of the physical body and all the rest run along them. And at best you can identify the laws or circuits, and live with them, but you can't change them. We can only change them within ourselves by doing our Healing. And as enough of humanity Heals itself, so then the greater changes will take place too. But that's more for the future. Right now it's about you few individuals doing what you need to do.



Negative Spirit Influence blocked
22 March 2017
Law of Compensation quickening
22 May 2017
Rebellion and Default officially ended
31 January 2018



We are TRUTH SEEKERS!

Gaste System vs Intelligence Quotient vs Map of Consciousness

We are Truth Seekers! We are to ask questions and then ask more questions. We are to long to know the truth of whatever we are drawn to. We may find that we are passionate about particular subjects and matters and others we have no interest in whatsoever. That is reflecting our true personality and a start to recognising the journey we are intended to experience. Not one of us is the same as any other personality and that includes those who have come before us and those who are yet to come. We are each a unique and wonderfully capable personality.

And there comes our Childhood Suppression. At the moment of our conception (some 16 days before our physical incarnation when the heart of our newly forming foetus begins to pump blood and that then heralds our incarnation and completion of our individualisation into the physical) we are perfect in all aspects. Our soul condition is recognisable as a little lower than 1,000 on Dr David R Hawkins' Map of Consciousness and our foetus is in perfect condition. Our soul has been doing everything to bring about our arrival into the physical.

Then we are literally fire hosed with the emotional injuries and errors of belief of our parents and those close within the family. This begins from conception and continues on seemingly endlessly through to around the age of six years, all the way through our childhood forming years. By the time we are six years of age, we will then be calibrating at the same level as one or the other of our parents, should they be dissimilar in their calibration on the Map of Consciousness. This is why there is and has not been for nearly 2,000 years any real evolution or growth in the consciousness of Earth's humanity.

ALL institutionalised systems, customs, norms are covertly structured to maintain control over us and ensure that we do not evolve in our consciousness so that we do not break free from the hidden control of the few who brought about our overall suppression and submission through their rebellion.



COMMERCIAL IN CONFIDENCE

Some 200,000 years ago, humanity was passively but persistently encouraged and guided to live mind-centric. We were led to believe that through our minds we could become all powerful, even mini-gods. We were to ignore our feelings which are always in truth and instead embrace our mind's guidance.

Interestingly, our mind cannot discern truth from falsehood, our mind is addicted to untruth, and our mind is a control addict. Assumptions we make are consequently 98% in error!



Women are closer to their feelings than are men. Consequently these hidden controllers brought about having women subjugated to men. If women were allowed to be free to have their say, they would have promptly brought an end to this rebellion, a rebellion that has prevailed these past 200,000 years. The Rebellion and Default is now to end.

But first we have a great deal to undo and then put aside while embracing The New Way of living Feelings First. Firstly we will explore the controlling mechanism of the Caste System coming out of India:

OLD WAY to transition to THE NEW WAY

The Caste System of India was instigated through mind controlling personalities imposing their will upon a population that was open and unknowingly submissive to the corruption of their free will and way of life. Once a citizen is led to believe that they fall under one of the Caste System levels they continue to submit and subject themselves to such limiting error throughout their whole lives and impose this error of belief upon their own children leaving them ready prey to this controlling mechanism.

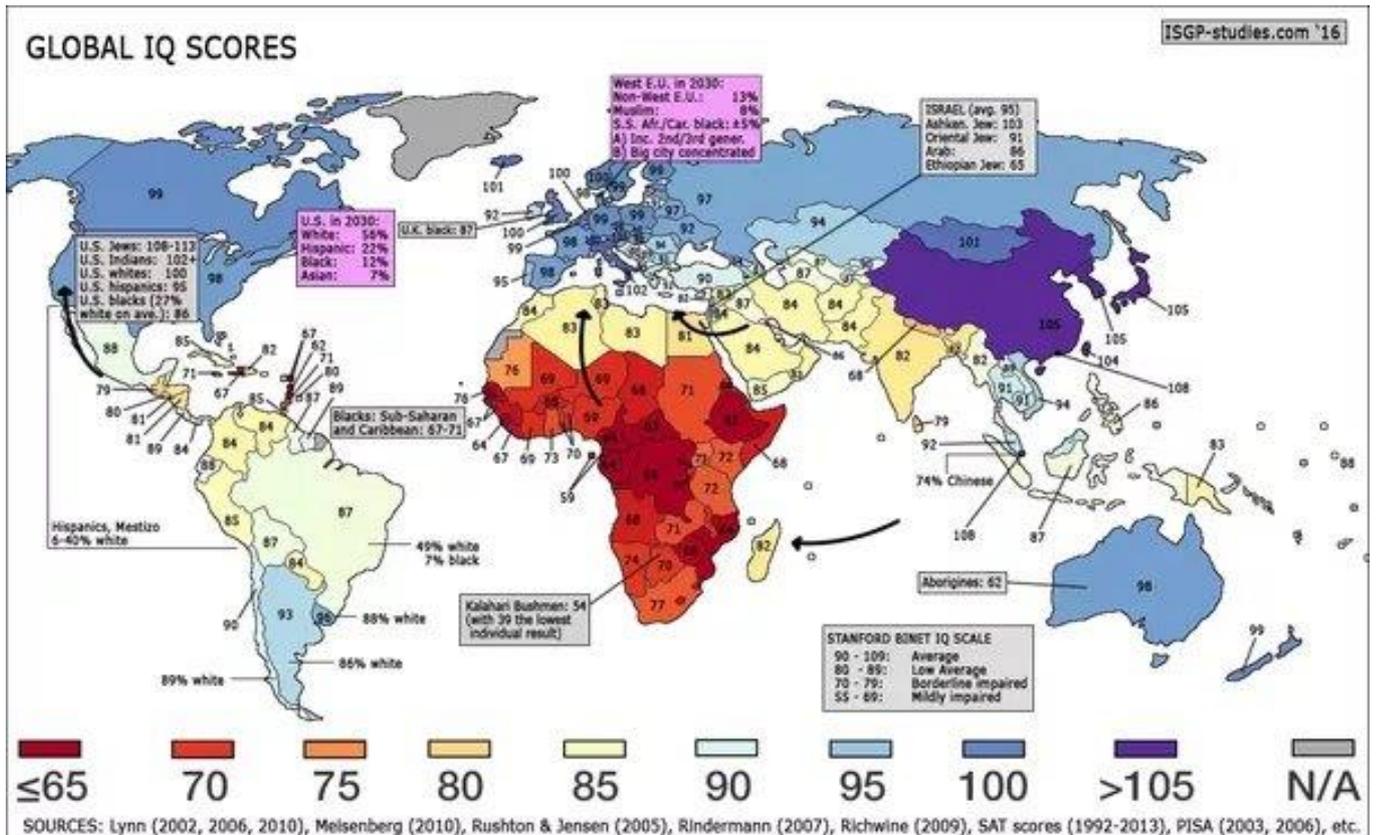
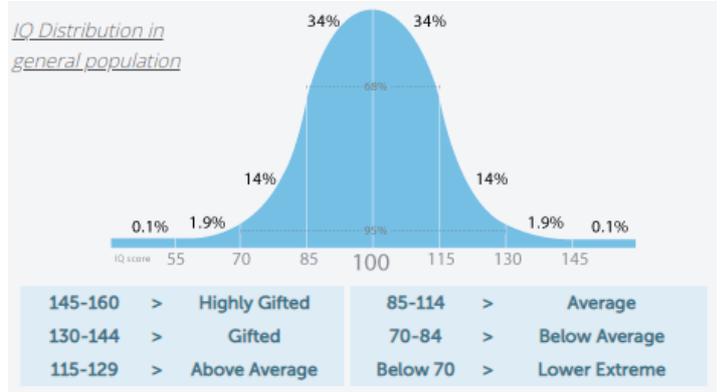
Intelligence Quotient (IQ) system is a modern day Indian' Caste System imposed upon the whole world through a modern day repackaging of those hidden controllers agenda.

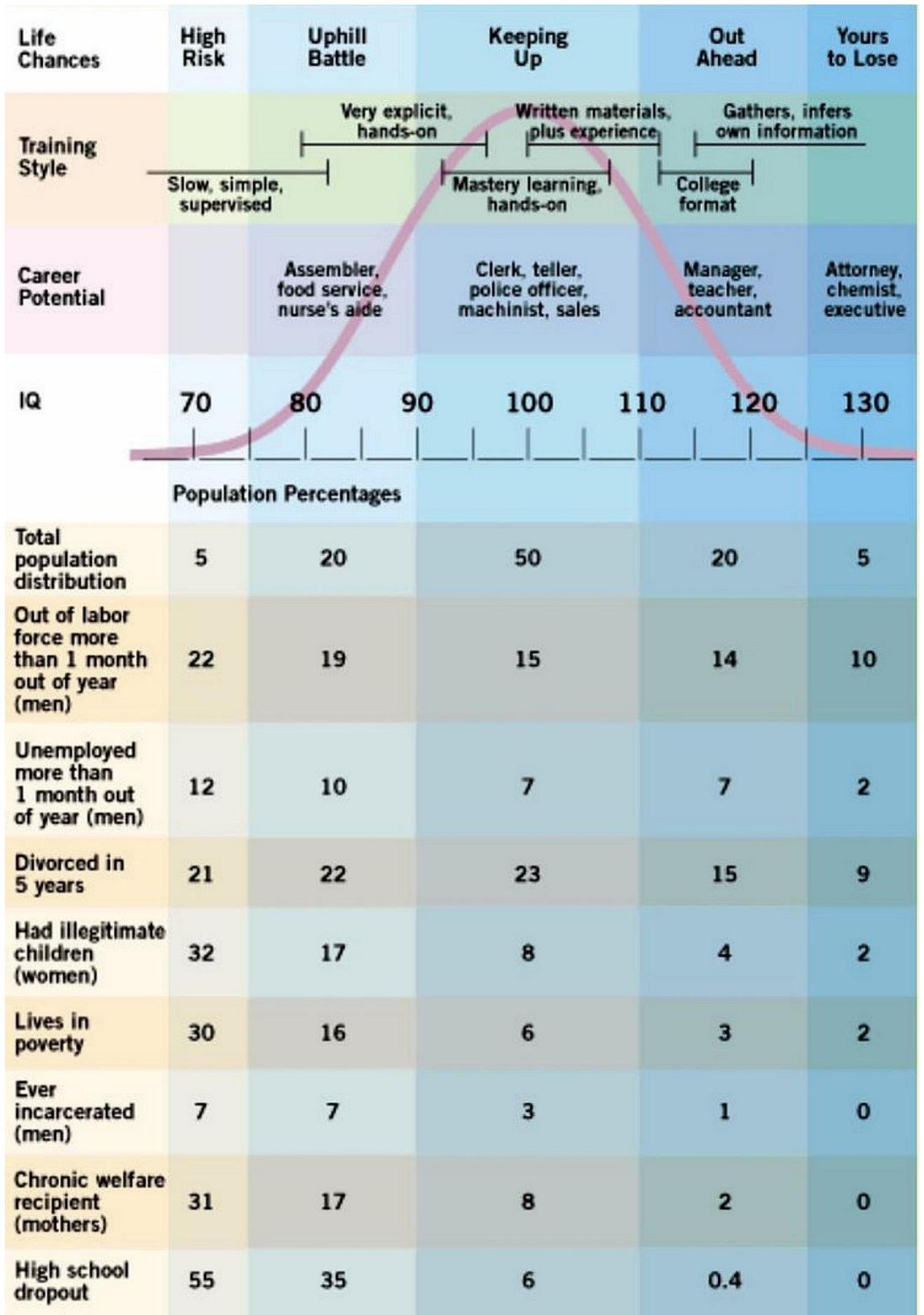
IQ (intelligence quotient) compared by countries

<https://www.worlddata.info/iq-by-country.php>

The question of the intelligence of a certain nationality or population may be controversial. In fact, intelligence is influenced by national, political, and geographic factors. Often surprisingly but scientifically proven, a warmer climate may badly affect the intelligence quotient. However, Childhood Suppression is the elephant in the room.

The displayed IQ was averaged from the results of 9 international studies and compared the average income and government expenditures on education from 1990 to 2010.





REALITY

We each will have our day in the sunshine. No matter what our present situation is, we will each have the opportunity and also engage and deliver unquestionably outstanding feats and demonstrations of our inbuilt intelligence and capabilities.

Presently, all of us are living out our individual Childhood Suppression. If we are not provided with the loving freedom to personally express our true selves, we are going to emulate the ways of our parents and carers that heavily influenced us throughout our childhood forming years, from the moment of our conception. We will remain stagnating throughout our lives never experiencing the capabilities that we each are blessed with prior to our conception. We are truly wondrous beings.

Should we not personally strive for more complex and interesting experiences, then we will not grow and develop our demonstrable IQ as we go along on our life's journey of discovery of truth and love.

We are each truth seekers. This is who we are and that is what we will continue to do throughout eternity. By reading this you are already becoming a research scientist!

However, a research scientist is mind-centric, she or he is caught under the glass ceiling trap of the mind and cannot grow beyond 499 MoC on Dr David R Hawkins' Map of Consciousness. Should we each strive to live feelings first then we may grow beyond 500 MoC and even beyond 1,000 MoC while living in the flesh here on Earth. Should we do this then all of humanity will benefit in wondrous ways!

Average IQ (intelligence quotient) score by Job

| IQ test range | The average IQ score by Job |
|---------------|--|
| 80 | Factory Packers and Sorters, Labourers; Gardeners; Upholsterers; Farmhands; Miners, Sales Manager. |
| 90 | Truck and Van Drivers, Warehousemen; Carpenters; Cooks and Bakers; Small Farmers. |
| 100 | Sheet Metal Workers, Machine Operators; Shopkeepers; Butchers; Welders. |
| 110 | Salesmen; Foremen; Electricians; Clerks; Policemen; Telephone Operators. |
| 120 | Nurses; Accountants; Stenographers; Pharmacists; School Teachers; Managers. |
| 130 | Lawyers, Physicians, (Civil and Mechanical), Engineers and Surgeons. |
| 140 | Research Scientists and Professors. |

Average IQ (intelligence quotient) – Classification Table

| IQ test range | IQ Classification | % of World Population |
|-----------------|-------------------|-----------------------|
| 130 and above | Very Superior | 2.1% |
| 121-130 | Superior | 6.4% |
| 111-120 | High Average | 15.7% |
| 90-110 | Average | 51.6% |
| 80-89 | Low Average | 13.7% |
| 70-79 | Borderline | 6.4% |
| Scores under 70 | Extremely Low | 4.1% |

We are to embrace our feelings, both good and bad, and express them to a companion. But more importantly we are to long for the truth of what our emotions are drawing our attention to. We are fully self-contained, it is our feelings that are always in truth and love and this is what we are to embrace, we are to engage and follow our feelings and have our mind assist in implementing what our feelings are leading us to do – not the



other way around as we have all been previously taught.

What's Your Emotional Intelligence Quotient (EIQ) Score?

Should we grow up in a family environment that is engaged in routine endeavours such as picking leaves to make tea, fruit picking and general small crop management, painting buildings, even bridges, repetitive routines, then our experiences are not conducive to learning and discovery, consequently our 'IQ' will reflect that as being mediocre.



Should we seek out and engage in more complex employment and experiences, then our 'IQ' will lift reflecting the greater skills now being expressed by our personality. Thus, family exposure to industries related to considered university degree courses and a student's work experience within firms of that industry can greatly increase success for such students. Work experience with study leads to mastery.

However, should we embrace someone's assumption of the level that they consider our Caste System rating is or the 'IQ' rating that some system generates as our destiny then we are embracing the covert suppressive control imposed upon the people to the great detriment of ourselves and this can be ongoing for years should we not take opportunities to experience and investigate at every moment.

MAP OF CONSCIOUSNESS

Map of Consciousness from Dr David R Hawkins, M.D., Ph.D. "Power vs Force".

| Level | Log |
|---------------|----------|
| ENLIGHTENMENT | 700-1000 |
| PEACE | 600 |
| JOY | 540 |
| LOVE | 500 |
| REASON | 400 |
| ACCEPTANCE | 350 |
| WILLINGNESS | 310 |
| NEUTRALITY | 250 |
| COURAGE | 200 |
| PRIDE | 175 |
| ANGER | 150 |
| DESIRE | 125 |
| FEAR | 100 |
| GRIEF | 75 |
| APATHY | 50 |
| GUILT | 30 |
| SHAME | 20 |

PERSONALITY TRAITS:

Less than two dozen people on planet Earth.

Would not pick up a weapon let alone use it. These people gravitate to the health industry and humanitarian programs.

Debate and implement resolutions without argument and delay. 470

Debate and implement resolutions in due course. 440

Debate and implement resolutions with some degree of follow up generally needed. 410

Management supervision is generally necessary.

Politics become the hope for man's salvation.

Cause no harm to others starts to emerge. Power overrides force. Illness is developed by those man erroneous emotions that calibrate 200 and lower.

Armies around the world function on pride. Force is now dominant, not power.

Harm of others prevails, self-interest prevails.

Totally self-reliant, not God reliant.

Fear dominates all motivation.

Suicide is possible and probable.

At these levels, seriously harming others for even trivial events appears to be justifiable.

Poverty, unemployment, illness, etc., this is living hell on Earth.

GS vs IQ vs MoC

By utilising kinesiology muscle testing in the manner that Dr David R Hawkins introduced in his book, *Power vs Force*, we each can determine that:

- The Caste System is a false doctrine and that it calibrates on the Map of Consciousness at 95
- The IQ (intelligence quotient) system is a false belief and it calibrates on the MoC at 94

Anything that calibrates under 200 is false, in error, wrong and generally harmful to us. While we live mind-centric we cannot progress beyond 499 and that is the peak of REASON. It is 499 that we find many of the world’s most renowned scientists calibrating at. As they are mind centric they have reached the glass ceiling and cannot progress beyond until they begin to embrace their feelings.

We can easily calibrate the level of truth of anything! We can calibrate the books within our own library. As we do this we find that the quality of what we read lifts, and then lifts, and then lifts some more. Then we find we throw out most of what we had held in our library!

- Power vs Force published by David R Hawkins calibrates on the Map of Consciousness at 850
- PASCAS PAPERS from Library Download page of www.pascashealth.com calibrate MoC 880

Note:
 The Map of Consciousness (MoC) table is based on the common log of 10. It is not a numeric table.
 A calibration increase of 1 point is in fact a 10 fold increase in energy.
 A calibration increase of 10 points is in fact a 10,000,000,000 fold increase in energy.
 Thus the energy differentials are in fact enormous!

By living true to ourselves, true to our feelings, we are living true to God. It’s that simple.

James Moncrief 18 March 2018 This statement tests true at MoC 1,000

On 22 March 2017, negative spirit influence from the mind spirit Mansion Worlds has been blocked by Celestials from within the three Earth focused Celestial Heavens thus ending the continuation of such misguidance, influence and interference.

Thus, now we can determine what is true and what is not, we can determine the level of anything’s truth and we do not need to read or embrace such material or writings before determining its veracity. Thus, kinesiology muscle testing with asking probing questions contribute to truth discovery. Our feelings are always in truth. We are to allow our innate guidance to surface and then we are to embrace this guidance.

Most importantly, we now can step away from traditions with certainty of their errors. We no longer need or continue to remain feeling compelled to adhere to past erroneous ways and practices. Further we now have revealed to us how to heal our emotional injuries and erroneous beliefs through Feeling Healing, and should we embrace our Heavenly Mother and Father’s Divine Love by simply asking for it, then we are Soul Healing.

This time, in the history of humanity, is the most exciting time ever experienced.

COMMERCIAL IN CONFIDENCE

THE ARROGANCE OF HUMANISM

important than other people.

Arrogant personality trait can be a nation's psychic barrier!

Arrogance

<https://ideapod.com/arrogant-personality-traits/>

Arrogance is essentially believing that you are better, smarter, or more important than other people.

Superior, overbearing, self-entitled, and presumptuous are just a few of the qualities which may define an arrogant person.

Arrogance is an incredibly unattractive trait in anyone. Arrogance often goes hand in hand with pushiness. Which is one of the reasons arrogant people can be incredibly rude in social settings.

They believe they are more important than others. They lack the consideration to think about other people's feelings or needs. They always put themselves first.

All of these factors combine to create impolite, abrupt, and even nasty behaviour towards others. You may find that arrogant people have a short fuse and will easily snap or talk down to you. That's particularly the case when they view somebody as being in an "inferior" position to them — for example, the waiter at a restaurant.

Disagree with an arrogant person at your peril because they're unlikely to let it drop. They usually have a grasping need to be right in every situation — even apparently trivial matters.

Never letting an argument go and fiercely protecting their opinions and beliefs is a sign of their **fragile ego**. They often **adopt a fixed rather than growth mindset** which closes them off from considering other people's points of view.

The reason arrogant people are often boastful is that deep down they want adoration. They need to be recognised as a cut above the rest, and so seek external validation. Despite outwardly seeming to have an inflated opinion of themselves, in reality, many arrogant people care a great deal about what others think of them.



This craving for attention can make arrogant people the life and soul of the party, and even quite charming in certain circumstances. They very often seek the limelight and enjoy all eyes being on them.

Poet and novelist Charles Bukowski highlighted perfectly: **“The problem with the world is that the intelligent people are full of doubts while the stupid ones are full of confidence.”**

Forget imposter syndrome, arrogant people have the opposite issue. They tend to overestimate their capability.

COMMERCIAL IN CONFIDENCE

Initially, this assertion can see arrogant people smooth-talking their way into better jobs or positions of power. Ultimately though this delusional self-belief in their own ability will be discovered when they fail to put their money where their mouth is.

Go along with what an arrogant person says and all might be smooth sailing. But as soon as you challenge their worldview or way of doing things, you will quickly find yourself in their bad books. They have to have things their own way.

One of the biggest struggles in dealing with someone who always thinks they know best is that **they are closed off to considering they could be wrong.**

Closed-mindedness and **stubbornness** mean many arrogant people won't negotiate or back down. In their mind, your options are to accept what they say or suffer the consequences.

Arrogant people lack the skill of self-awareness to objectively question or evaluate their own qualities, actions, and feelings. Without the ability to truly see themselves, they find it difficult to change unhealthy or destructive behaviour. Excessive competitiveness is another arrogant personality trait. All of life is a competition to them, and so they seek to win rather than collaborate.

The authors of a study into arrogance concluded that within arrogant people:

“Their combination of the “dark” traits of **narcissism**, **psychopathy**, and **aggression** leads them to be constantly vigilant for opportunities that allow them to edge out people they perceive as competitors. Because they value winning above all else, they'll also be likely to enter into arguments.”

Arrogant people see the world as a dog-eat-dog place, where they need to dominate to succeed. One of the perhaps more subtle forms of arrogance is constantly interrupting or speaking over people.

Not only does it show a lack of patience to wait to speak, but consistently cutting in is a way of signalling that what they have to say is more important than you.

If an arrogant person feels that they are no longer the centre of attention within the conversation they may butt in to reassert their need for domination.

“Actually I think you'll find...”, “No, you're wrong”, and “I completely disagree” are common phrases you will hear time and time again from the lips of arrogant people.

Far from simply playing devil's advocate, they enjoy highlighting whenever they think someone is wrong because doing so makes them feel right. Arrogant people often challenge everything that is said to a pointless and excessive degree.

Maybe sometimes they have a point, but it's less about “righting wrongs” and more about trying to assert their own intellectual superiority on others.



Being challenged or criticised for an arrogant person is too great of a threat to their ego. That's why at the first sign of either of these things arrogant people will likely become incredibly defensive. Because actually deep down they are insecure, they feel the need to defend or protect themselves from any perceived threat. Sometimes that threat can be as little as a difference in opinion or being proven wrong about something.

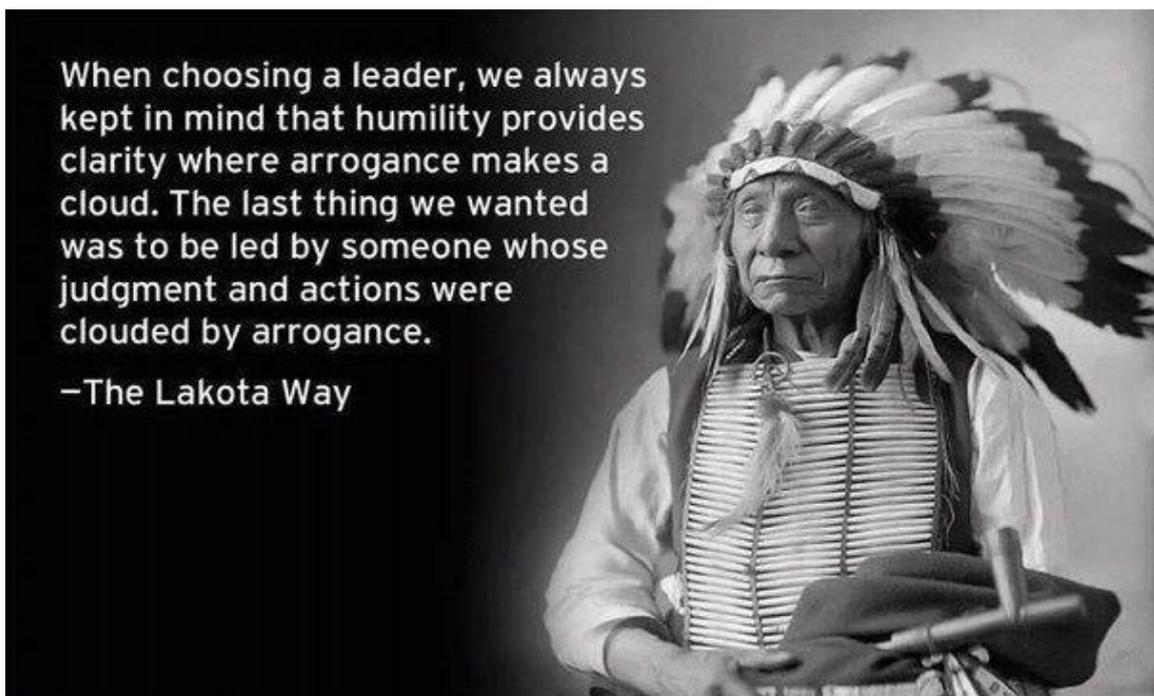
It could be the way they look at you or even the way they totally ignore you. It might be the tone of voice they use when they speak to you. Perhaps it's the disregard they show. There is usually something in the demeanour of a truly arrogant person which screams that they are overly sure of themselves. This act that they put on might even border on delusions of grandeur. However it shows up, they can have a smug and cocky way of carrying themselves.

Compassion and understanding can be seen as weaknesses of an arrogant person. That's because displaying these characteristics actually takes incredible inner strength which arrogant people struggle with. Because of this, they are often rude to the "little" people in life whilst sucking up to anyone they deem has value or matches their perceived status. They find it difficult to see other people's perspectives or understand people who are different from them.

Arrogant people often make it all about them. Their stories, their anecdotes, and their conversations tend to centre around "me, me, me". Whilst studies have shown the key to happiness could actually be thinking of others above yourself, that is an alien concept to arrogant people. If you have an arrogant friend, partner, or family member you may find yourself constantly discussing their lives whilst they seem disinterested in what's going on with you.

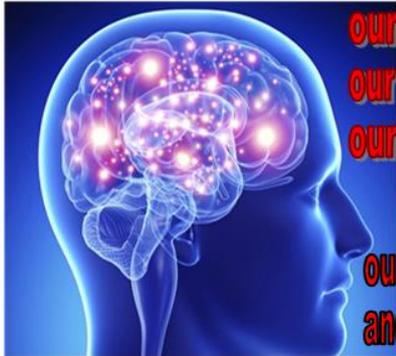
Arrogant people can seem cruel or mean at times. In order to elevate themselves higher, their tactic can be to try to reduce the status of those around them. This can be overt or passive-aggressive, but they will actively point out perceived flaws or mistakes of others. Whenever an arrogant person belittles someone around them it is so that they can feel better about themselves having "proved" they are superior.

There's no denying it, arrogance within someone can be infuriating.



COMMERCIAL IN CONFIDENCE

A Nation's Persona! National Psychic Barrier



**our MIND is a CONTROL ADDICT!
our MIND is addicted to UNTRUTH!
our MIND cannot discern TRUTH!**

**our MIND is within our SPIRIT BODY
and orchestrates our physical BRAIN.**

ASSUMPTIONS are the product of our MIND!

Consider this! For generations, parents have coerced their children to 'develop their minds', to embrace their minds in every aspect of their living, to reject their feelings at all times, to literally worship their minds to the detriment of their feelings.

This is also the mantra of the nation's education system.

The world is now experiencing the product of this ideology. They are seeing a nation of people demonstrating an ego and arrogance that is a combination of the "dark" traits of narcissism, psychopathy, and aggression. This arrogance is essentially believing that they are better, smarter, or more important than other people. They are being superior, overbearing, self-entitled, and presumptuous.

They are closed off to considering they could be wrong. Closed-mindedness and stubbornness mean many arrogant people won't negotiate or back down. In their mind, your options are to accept what they say or suffer the consequences.

Arrogant people lack the skill of self-awareness to objectively question or evaluate their own qualities, actions, and feelings. Without the ability to truly see themselves, they find it difficult to change unhealthy or destructive behaviour.

Compassion and understanding can be seen as weaknesses of an arrogant person. That's because displaying these characteristics actually takes incredible inner strength which arrogant people struggle with.

They remain imprisoned in their mind centricity until they open to their feelings, their soul-based feelings that are always in truth. Until they do so, their national social issues will slowly destroy their society and civilisation. The situation is leading to civil tension and potential internal conflict. Their health system is lacking, the education curriculum is restricting student development, and the nation is disillusioned with its own self-importance. However, for those who open to their feelings, their future will be incredible.



**our SOUL is our TRUTH!
our FEELINGS are our TRUTH!
FEELINGS FIRST, mind to follow!**

**all we need is WITHIN.
our MIND suppresses FEELINGS.**

EINSTEIN'S THEORY of INSANITY



Enter:

The NEW WAY **The NEW WAY**

POLITICAL SYSTEMS in General and United States America

Few presently understand that all institutionalised systems around the world have been covertly structured to inhibit and restrain Earth's humanity from progressing, particularly spiritually, and become intuitively freely expressive of their inherit talents. Firstly, we are all guided, well indoctrinated to embrace our minds as being all powerful and our only pathway to becoming little supermen and superwomen. By living mind centric we cannot progress beyond 499 on Dr David Hawkins' Map of Consciousness. We are each a walking zombie with no spontaneity and intuitive potential until we embrace our feelings.

Look at the institution of politics. We think we have a free system. It is a tyrannic manipulation. Instead of having candidates to choose to elect to run our nations, we have 'nominees' who are covertly put in front of us to stifle our nation for the benefit of a few oligarchs (local and foreign!). Compare the political candidate nomination process to the way executives are selected to run successful major corporations. In short, no political candidate should be put forward unless that personality calibrates 400 or higher on Dr Hawkins' Map of Consciousness (MoC) scale.

Then we find each candidate is coerced to be a representative of a 'political party'. Why? The candidate no longer can freely express and engage his personal talents – he must adhere to the party policies. The policies of a party are written by people who have not been elected by the people. Why is this so? The policies of the party are mostly the dictates of those who secretly fund the party. Who are these funders? In very serious cases you can actually find a chain back through 'secret societies' within each country, this extends back the highest levels of the Masonic system and you eventually end up in London. And then you end further back in the hands of a small group of very secret and almost never seen families whose trade and empires bleed the pockets of the people of every nation.

While we have mind centric people who are low in the MoC calibration we have governments that are hell bent on controlling and suppressing their people. And we have leaders that do not have the capability to perceive and recognise the dire straits the nation is in, nor the capability that they have been entrapped into are the ways that benefit foreign covert controllers and not the people of their nation.

We need political candidates that are vetted in similar manner as those who are sort to run major corporations. Further, these candidates need to calibrate over 400 on the Map of Consciousness – they need to be independent of party institutions – they need to be their true and wonderful selves.

The people of United States America presently calibrate around 405 overall on the Map of Consciousness. The members of the United States government who are presently in power calibrate overall at 380 MoC, out of this group, the Senate overall calibrates at 365 MoC, whereas the House of Representatives calibrates at 390. Overall, this is a better situation than that which prevails for most countries – but it is a long way short of the 400 MoC benchmark. (The scale is based on the common log of 10.) It is also interesting that the most critical positions of those in power are also the lowest in calibration. They actually suppress the potential of those governing members who are more capable.

Congressional districting is controlled by state legislatures. Both Republicans and Democrats gerrymander their congressional districts shamelessly. As it is that oligarchs 'endorse' their preferred candidates to do their begging, there is little wonder that the people are becoming more and more disillusioned with politicians as they are not only not as conscious as those who elect them, they are stooges for industry or mega-wealthy families. Further, should the 'money men' not get their nominee up, they typically have stooges for them throughout the second tier of governmental decision making, thus frustrating genuine for the people governance overall.

Worldwide, this is becoming more and more apparent to electors. Electors will slowly become aware of how democracy and all other political systems are being hijacked. As they do, they will bring to an end this subversive control and seek to rebuild a better system of governance. This may take decades to unfold, but unfold it will.

| | | |
|-------------|-----|--|
| LOVE | 500 | Debate and implement resolutions without argument and delay. 470 |
| REASON | 400 | Debate and implement resolutions in due course. 440 |
| ACCEPTANCE | 350 | Debate and implement resolutions with some degree of follow up generally needed. 410 |
| WILLINGNESS | 310 | Management supervision is generally necessary. |
| NEUTRALITY | 250 | Politics become the hope for man's salvation. |

This is an extract from the Map of Consciousness. If you want a pro-active, constructive and vibrant leadership then it is those people in the MoC range 410 to 470. The scale is based on the common log of 10, it is not a straight lineal scale. The differences between people with even a 1 point variation in energy is dynamic – a 10 point difference is 10,000,000,000 increase in energy. Utilising kinesiology muscle testing, most people can calibrate anyone who is anywhere in the world, in a minute or so.

The candidate selection process and the party system needs to be greatly changed, otherwise nations will continue to stagnate and be under the covert control of foreign hidden manipulators.

Kindly visit www.pascashealth.com, then go to Library Download page, scroll down to open PDFs:

Pascas Care Letters

 [Pascas Care Letters Democracy.pdf](#)

Medical

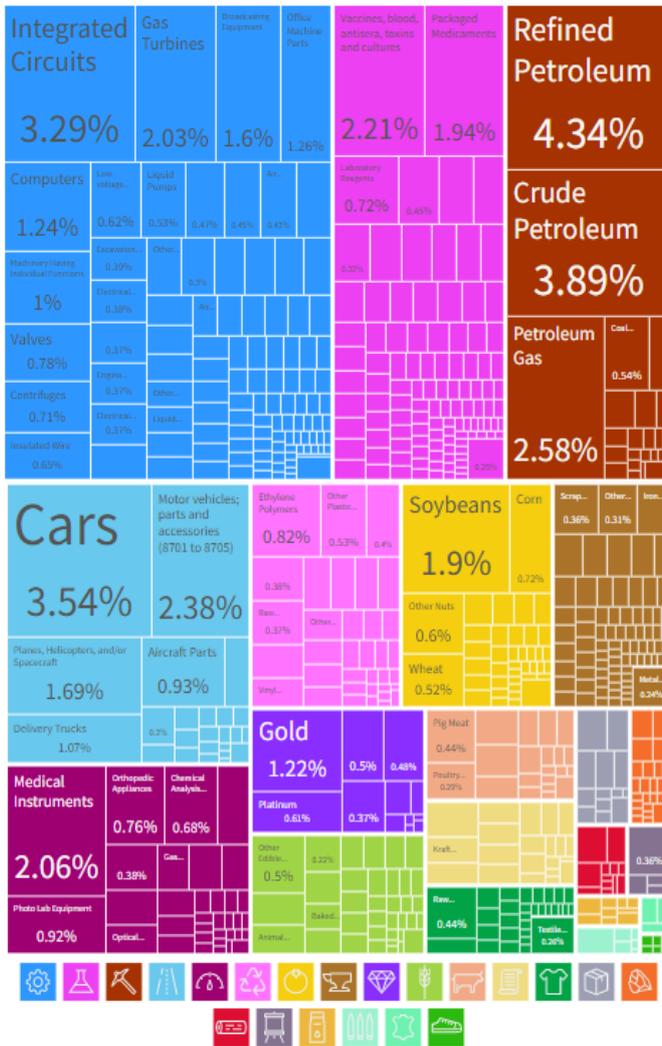
 [Pascas Care Kinesiology Testing.pdf](#)

 [Pascas Care Kinesiology Personality Traits.pdf](#)

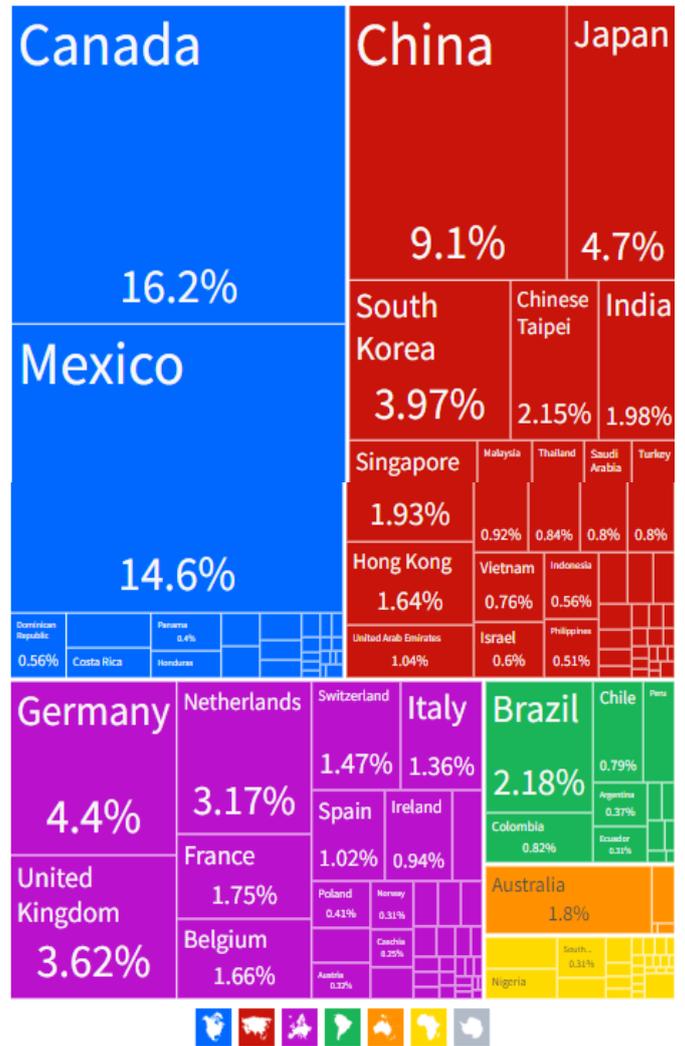
UNITED STATES EXPORTS

<https://oec.world/en/profile/country/usa>

Exports (2020)
 [Click to Select a Product]
 Total: \$1.34T

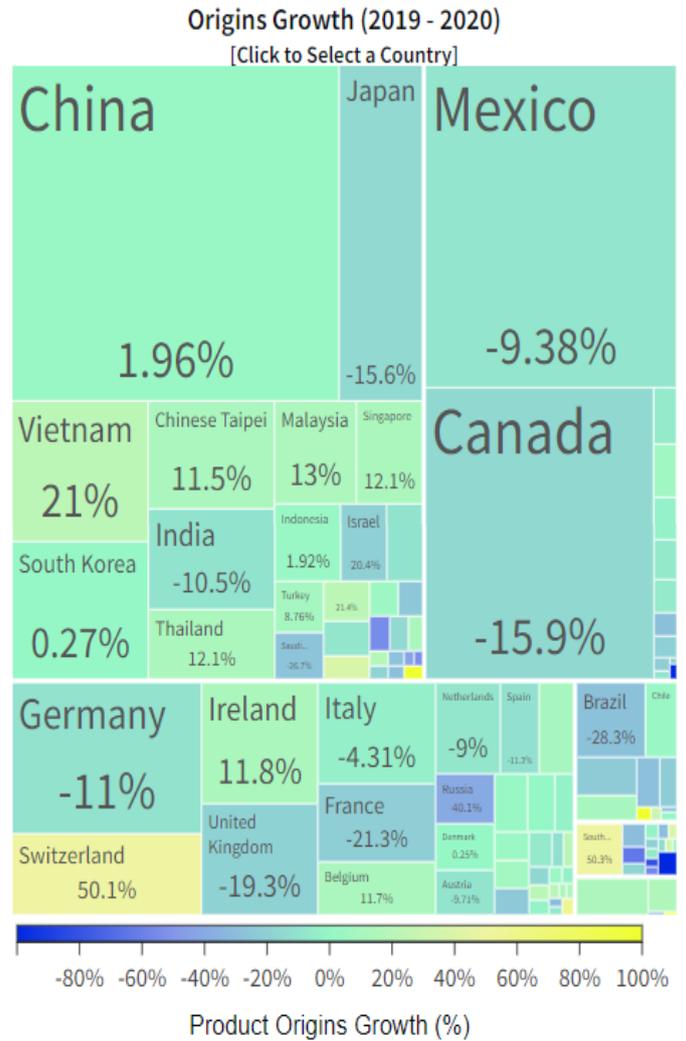
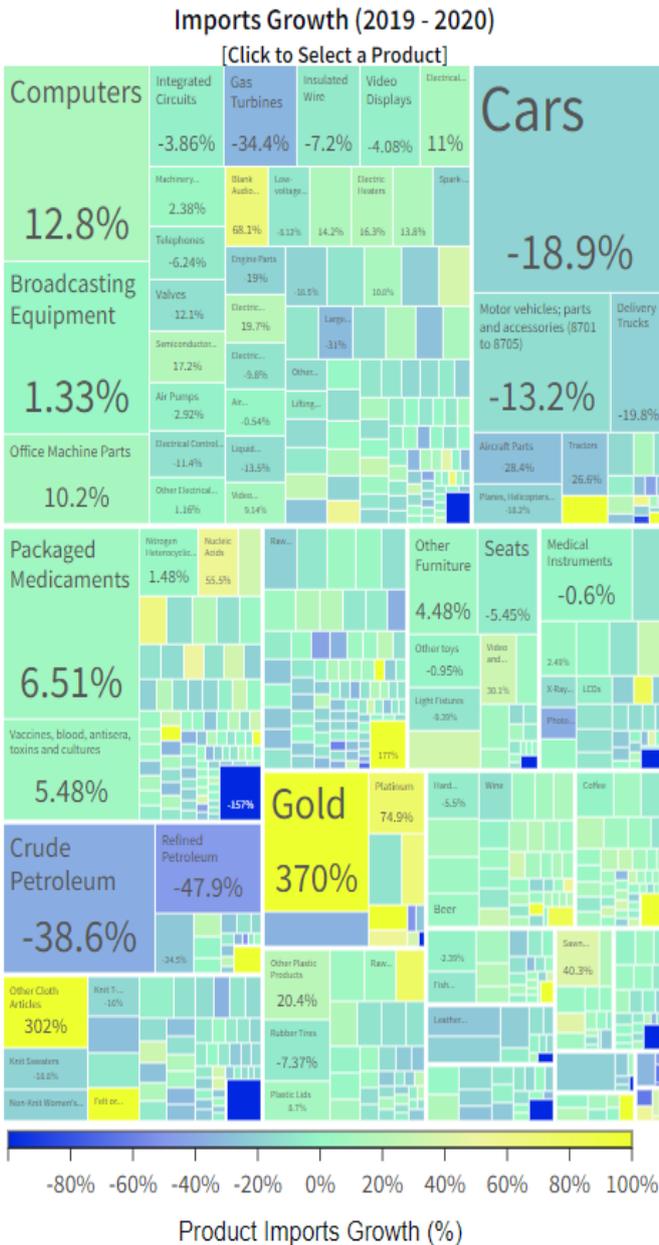


Destinations (2020)
 [Click to Select a Country]
 Total: \$1.34T



UNITED STATES IMPORTS

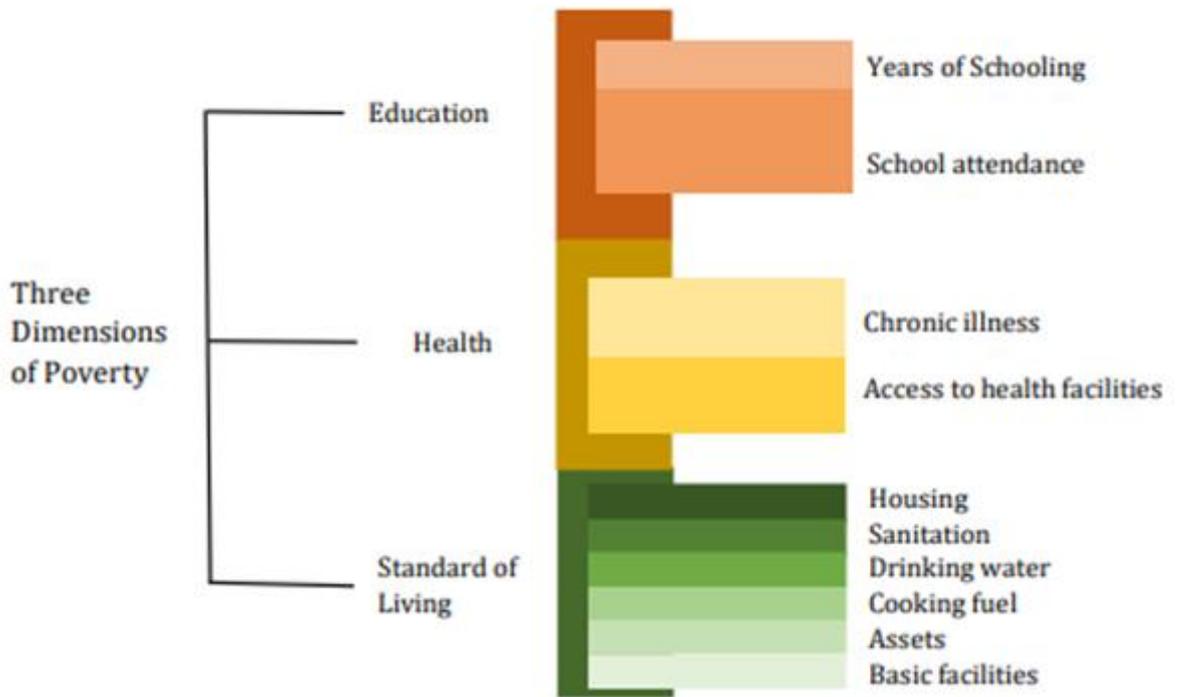
<https://oec.world/en/profile/country/usa?subnatTradeValueSelector=tradeScale2&yearlyTradeFlowSelector=flow1&tradeScaleSelector1=tradeScale2>



Multidimensional Poverty

Oxford Poverty & Human Development Initiative (OPHI)

Structure of the National MPI



Multidimensional Poverty in the United States

[https://mppn.org/multidimensional-poverty-in-the-united-](https://mppn.org/multidimensional-poverty-in-the-united-states/#:~:text=Data%20for%202017%20indicate%20that,largest%20contributors%20to%20the%20MDI.)

[states/#:~:text=Data%20for%202017%20indicate%20that,largest%20contributors%20to%20the%20MDI.](https://mppn.org/multidimensional-poverty-in-the-united-states/#:~:text=Data%20for%202017%20indicate%20that,largest%20contributors%20to%20the%20MDI.)

3 December 2019

The U.S. Census Bureau 2017 reported with an innovative multidimensional poverty measurement exercise called the Multidimensional Deprivation Index (MDI), which is intended to complement, without replacing, the official income-based poverty measures.

The MDI, which is based on the Alkire-Foster method, has six dimensions: standard of living, education, health, economic security, housing quality, and neighbourhood quality.

Data for 2017 indicate that, according to the MDI, **15.4% of the US population is multidimensionally poor**, somewhat more than the official measurement for monetary poverty at 13.4%. Standard of living and housing quality were the largest contributors to the MDI.

| Dimensions | How Dimensions Are Measured |
|-----------------------|--|
| Standard of living | In poverty according to the official monetary poverty measure. |
| Education | Aged 19 or older and without a high school diploma or GED; based on head of household educational attainment for those under the age of 19. |
| Health | Predicted health status is poor. Based on cut-off value of 3 disabilities reported for people under the age of 65 and 3.5 for people aged 65 and over. |
| Economic security | At least two of the following conditions:
i. Lacked health insurance,
ii. Unemployed all of the prior 12 months,
iii. Cumulative hours worked per week for the household were less than 35 hours (for those under 65) and no retirement or Social Security income in the household (over 65). |
| Housing quality | At least two of the following conditions:
i. Lacked complete kitchen,
ii. Lacked complete plumbing,
iii. Overcrowded housing unit (more than two persons per room),
iv. High cost burden (spending more than 30% of household income on housing costs). |
| Neighbourhood quality | Lived in a county with at least two of the following conditions:
i. High crime (more than 500 violent crimes per 100,000 inhabitants),
ii. Poor air quality,
iii. Poor food environment (if the food environment index is below 6). |

1 in 6 US kids are in families below the poverty line

20 May 2022

<https://theconversation.com/1-in-6-us-kids-are-in-families-below-the-poverty-line-183323>

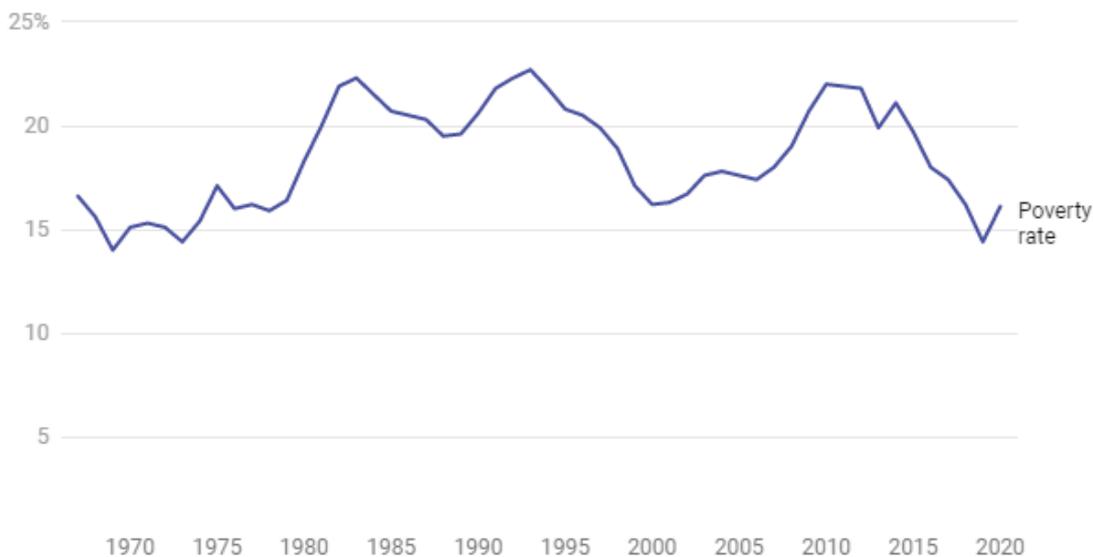
In the United States, children are more likely to experience poverty than people over 18.

In 2020, about 1 in 6 kids, 16% of all children, were living in families with incomes below the official poverty line – an income threshold the government set that year at about US\$26,500 for a family of four. Only 10% of Americans ages 18 to 64 and 9% of those 65 and up were experiencing poverty, according to the most recent data available.

The official child poverty rate ticks down when the economy grows and up during downturns. It stood at 17% in 1967 – just about the same as in 2020. In many recent years the rate hovered even higher – around 20%.

Persistence of US child poverty since 1967

The official child poverty rate stood at 16% in 2020, roughly equal to levels seen in the late 1960s.



This metric excludes government benefits, tax credits and other official sources of monetary assistance.

Chart: The Conversation, CC-BY-ND • Source: [Census Bureau](#) • [Get the data](#) • [Download image](#)

Another way to measure poverty

Researchers calculate the official poverty rate by adding up a household's income and comparing it with a threshold of what is needed to survive.

The government has calculated this rate the same way since the 1960s.

One of its shortcomings is that it excludes several sources of income, including tax credits and the Supplemental Nutrition Assistance Program, which are intended to reduce poverty.

In 2011, the government began to calculate an alternative metric: the supplemental poverty measure. It includes SNAP and tax credits. It also uses thresholds based on the cost of living in different areas of the

country. For a family of four, this threshold currently ranges from \$24,000 to \$35,000, depending on where a family lives and whether they own or rent housing.

According to this alternative measure, 10% of children were living in poverty in 2020, the lowest rate ever recorded.

Depending on which measure you use, either 7 million or 11.7 million U.S. children lived in poverty in 2020.

By both metrics, poverty is higher for children of colour. **The official poverty rate for Black children stood at 26%, and 23% for Hispanic children, while for white, non-Hispanic children it was 10%.**

Supplemental measure of US child poverty though 2020

Unlike the official poverty rate, the supplemental measure of poverty takes into account tax credits and other government benefits. According to this metric, the share of children in poverty declined in 2020 – despite economic upheaval from the COVID-19 pandemic.

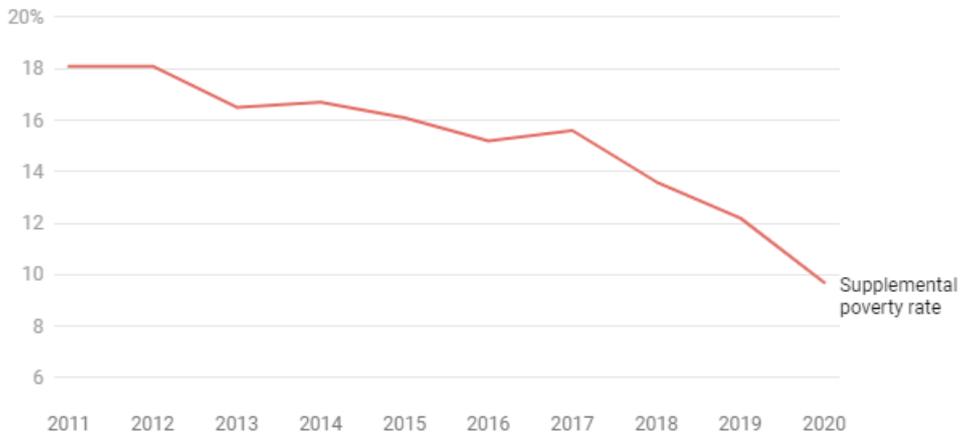


Chart: The Conversation, CC-BY-ND • Source: [Census Bureau](#) • [Get the data](#) • [Download image](#)

Before and after 2020

Both child poverty rates had been declining before the COVID-19 pandemic.

The official rate dipped to 14% in 2019 from 21% five years earlier. It shot back up to 16% in 2020, when the pandemic compounded economic hardships for many families.

The supplemental measure of child poverty tells a more complete story.

Steps the government took during the pandemic, including its series of economic impact payments, the child tax credit expansion and a boost in SNAP benefits, led the supplemental child poverty rate to keep declining even during the economic crisis.

The government will release its child poverty data for 2022 in September 2023. But some researchers at Columbia University have monthly data suggesting that child poverty rose steeply after the expiration of the pandemic-era programs. They estimate that 3.7 million more children were living in poverty in January 2022 than in December 2021 because of the expiration of the child tax credit expansion.

Who lives in Poverty USA?

<https://www.povertyusa.org/facts>

All those who make less than the Federal government’s official [poverty threshold](#)... which for a family of four is about US\$25,700. People working at minimum wage, even holding down multiple jobs. Seniors living on fixed incomes. Wage earners suddenly out of work. Millions of families everywhere from our cities to rural communities.



Women



Men

Poverty does not strike all demographics equally. For example, in 2018, 10.6% of men, and 12.9% of women lived in Poverty USA. Along the same lines, the poverty rate for married couples in 2018 was only 4.7% - but the poverty rate for single-parent families with no wife present was 12.7%, and for single-parent families with no husband present was 24.9%.

In 2018, the poverty rate for people living with a disability was 25.7%. That’s nearly 4 million people living with a disability—in poverty.

Poverty by Age



Children



Seniors

Children in Poverty

In 2018, 16.2% of all children (11.9 million kids) lived in Poverty USA—that’s almost 1 in every 6 children.

In 2015, the National Center on Family Homelessness analysed state-level data and found that nationwide, 2.5 million children experience homelessness in a year.

Seniors in Poverty

Though the official census data gives seniors a 2018 poverty rate of only 9.7%, the Supplemental Poverty Measure, which accounts for expenses such as the rising costs of health care, raises the senior poverty rate to 14.1%.

Poverty by Ethnicity

According to 2018 US Census Data, the highest poverty rate by race is found among Native Americans (25.4%), with Blacks (20.8%) having the second highest poverty rate, and Hispanics (of any race) having the third highest poverty rate (17.6%). Whites had a poverty rate of 10.1%, while Asians had a poverty rate at 10.1%. The US official poverty rate of 11.6% was also not statistically different between 2020 and 2021.



The Economics of Poverty

Poverty thresholds are determined by the US government and vary according to the size of a family, and the ages of its members. In 2018, the poverty threshold—also known as the poverty line—for an individual was US\$12,784 (US\$245 per week). For two people, the weighted average threshold was US\$16,247 (US\$312 per week).

| <u>Poverty Thresholds</u> | <u>2018</u> | <u>USD</u> |
|---------------------------|-------------|------------|
| Three people | | \$19,985 |
| Four people | | \$25,701 |
| Five people | | \$30,459 |
| Six people | | \$34,533 |
| Seven people | | \$39,194 |
| Eight people | | \$43,602 |
| Nine or more people | | \$51,393 |

For more details about poverty thresholds, visit the US Census Bureau. Poverty thresholds are intended for use as a statistical yardstick, not a complete description of what people and/or families actually need to live.

What's worse, 5.3% of the population—or 17.3 million people—live in deep poverty, with incomes below 50% of their poverty thresholds.

And 29.9% of the population—or 93.6 million—live close to poverty, with incomes less than two times that of their poverty thresholds. To learn more about poverty thresholds and what it is like to live at the poverty line, take a look at the statistics.

Sources: *How the US Census Measures Poverty, US Census Bureau; Income, Poverty, and Health Insurance Coverage in the United States: 2019, US Census Bureau (p. 18-19).*

Employment

Following 3 consecutive years of annual increases, the 2018 median household income of \$63,179 was not significantly different than the 2017 median. However, the real median income for family households increased by 1.2% and for nonfamily households by 2.4%. In 2018, the median income for family households was \$80,663, while the median income for nonfamily households was \$38,122.

Regarding the people who earned income in 2018, an estimated 76.8% of men and 63.9% of women worked full time, year-round. This combines for a 2% increase from the previous year and continues a shift from part time to full time work status. However, in 2018, the earnings of women who worked full time, year-round were only 81.6% of that for men working full time, year-round.



Source: *US Census Bureau; Income and Poverty in the United States: 2019*

Food Insecurity

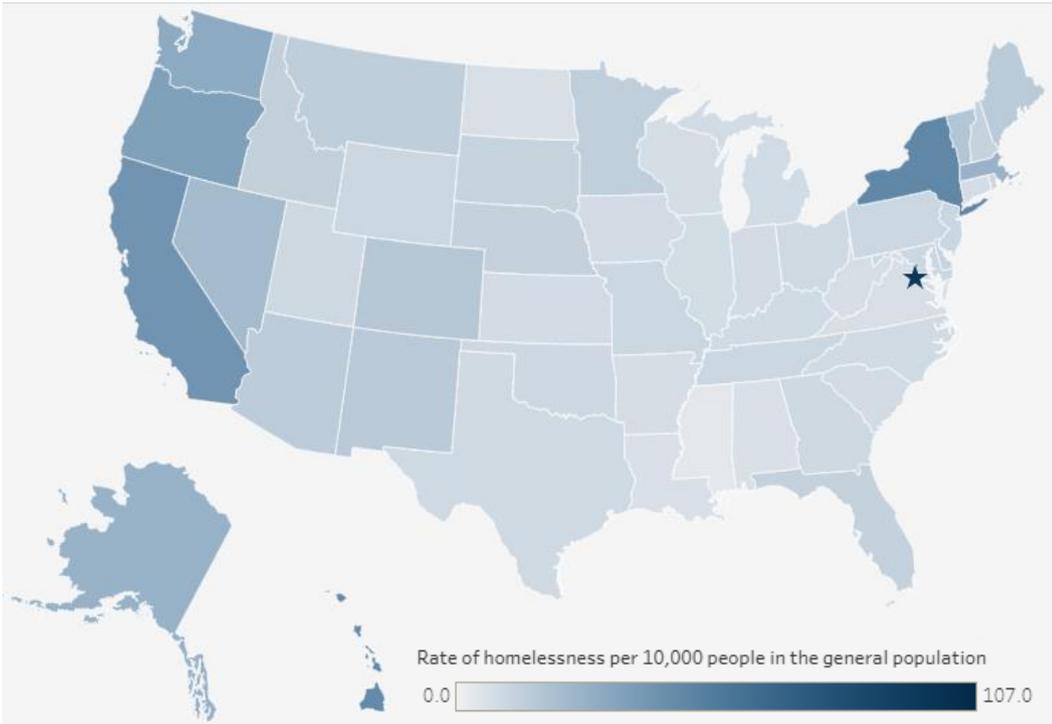
The USDA estimated that **11.1% of US households were food insecure in 2018**. This means that approximately 14.3 million households had difficulty providing enough food for all their members due to a lack of resources. Rates of food insecurity were substantially higher than the national average for households with incomes near or below the Federal poverty line.

State of Homelessness: 2022 Edition

<https://endhomelessness.org/homelessness-in-america/homelessness-statistics/state-of-homelessness/>

The Basics

In January 2020, there were 580,466 people experiencing homelessness on our streets and in shelters in America. Most were individuals (70%), and the rest were people in families with children. They lived in every state and territory, and they include people from every gender, racial, and ethnic group. However, some groups are far more likely than others to become homeless.



Special Populations. Historically, policymakers and practitioners at every level of government have focused special attention on specific populations and subpopulations.

For example, decision-makers are often concerned about children and young people due to their developmental needs and the potential life-long consequences of hardships in early in life. People in families with children make up 30% of the homeless population. Unaccompanied youth (under age 25) account for 6% of the larger group.

People experiencing “chronic homelessness” belong to another group that is often singled out for attention. These individuals have disabilities and have also: 1) been continuously homeless for at least a year; or 2) experienced homelessness at least four times in the last three years for a combined length of time of at least a year. Chronically homeless individuals are currently 19% of the homeless population.

Finally, due to their service to our country, veterans are often analysed separately from the larger group. They represent only 6% of people experiencing homelessness.

Populations Most at Risk. Although the homeless population is diverse, inequalities are evident among subgroups. To identify meaningful differences among groups, it is necessary to look beyond overall population counts. Comparing rates of homelessness (or a group's homeless counts within the context or its overall size) reveals which groups are more likely to experience homelessness (or which ones are more at-risk of being in these circumstances).

Risk is significantly tied to gender, race, and ethnicity. Males are far more likely to experience homelessness than their female counterparts. Out of every 10,000 males, 22 are homeless. For women and girls, that number is 13. Gender disparities are even more evident when the focus is solely on individual adults (the most significant subgroup within homelessness). The overwhelming majority (70%) are men.

Race is another significant predictor. As with so many other areas of American life, historically marginalised groups are more likely to be disadvantaged within housing and homelessness spheres. Higher unemployment rates, lower incomes, less access to healthcare, and higher incarceration rates are some of the factors likely contributing to higher rates of homelessness among people of colour.

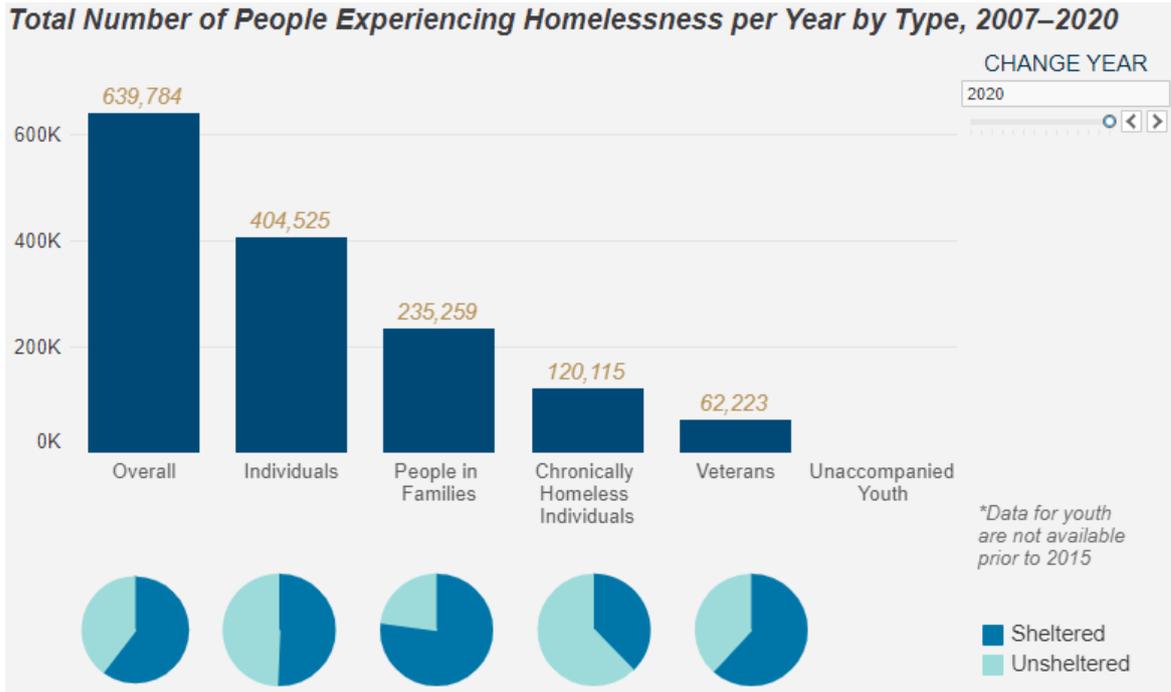
Numerically, white people are the largest racial group within homelessness, accounting for more than a quarter-million people. However, historically marginalised racial and ethnic groups are often far more likely to experience homelessness. The reasons for the disparities are many and varied but tend to fall under the umbrellas of racism and caste. Throughout American history, private actors have contributed to the status quo, but so has government via actions and inactions resulting in limited housing opportunities, suppressed wages, and other unhelpful outcomes.

Native Hawaiians and other Pacific Islanders have the highest rate of homelessness (109 out of every 10,000 people). Groups such as Native Americans (45 out of every 10,000) and Black or African Americans (52 out of every 10,000) also experience elevated rates. Importantly, these rates are much higher than the nation's overall rate of homelessness (18 out of every 10,000).

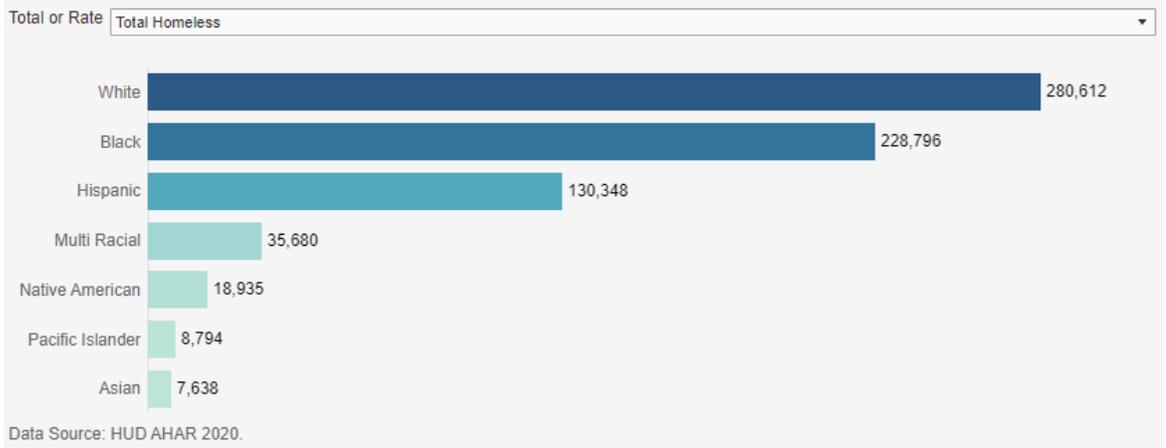
Unsheltered Homelessness. The nation has a system of temporary shelters that reaches 354,000 people on a given night. However, some still sleep in locations not ordinarily designated for that purpose (for example, sidewalks, subway trains, vehicles, or parks). Unsheltered people are considered particularly vulnerable due to their exposure to the elements and lack of safety, among other things.

Homeless programs and systems provide shelter for most people experiencing homelessness (61% in 2020). However, significant variation exists among populations and subpopulations. For example, children are often a priority for homeless services systems. As a result, families with children are least likely to be unsheltered (only 10% of unsheltered people were living in families with children). However, young people not living with their families do not enjoy the same access to services—50% of unaccompanied homeless youth in 2020 were unsheltered.

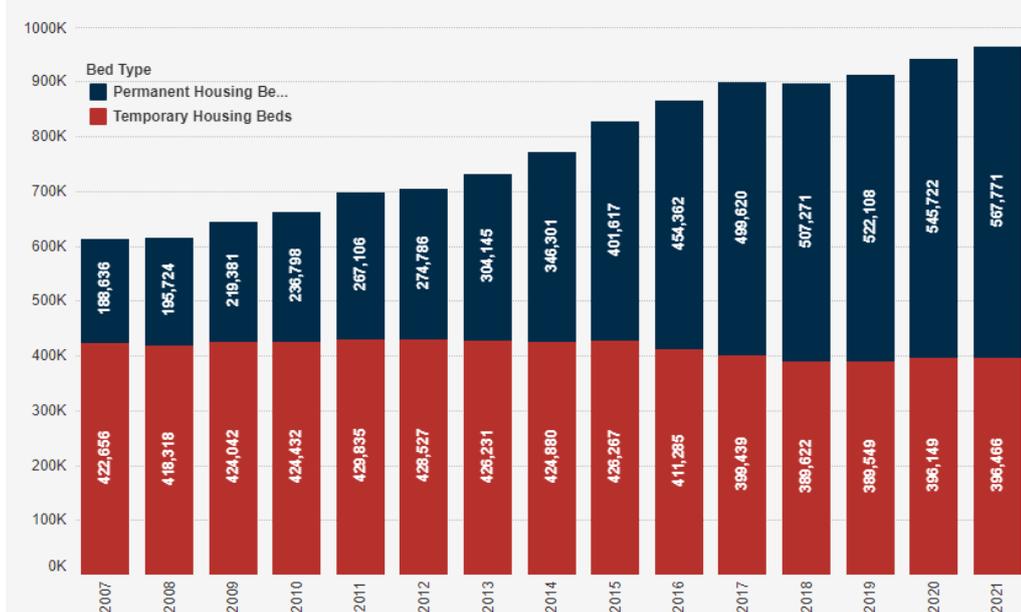
Individuals experiencing homelessness on their own are particularly at risk of being unsheltered. In 2020, for the first time since data collection began, the majority of those who were homeless as individual adults (51%) were unsheltered. These circumstances were most likely for those who are chronically homeless, with 66% living without any shelter at all.



Counts and Rates by Race / Ethnicity, 2020



Permanent vs Temporary Bed Inventory Trends, 2007–2021





Los Angeles
MISSION
The Crossroads of Hope

<https://losangelesmission.org/>

HOMELESSNESS IN LOS ANGELES

69,144

People in Los Angeles County are experiencing homelessness

6.5%

Increase in people aged 62 and older who are experiencing homelessness

3 out of 4

People experiencing homelessness remain unsheltered

69,144

People in Los Angeles County are experiencing homelessness

Nearly **3 out of 4** remain unsheltered

18,345

have endured domestic violence

10,838

have chronic illness

3,681

are veterans

22%

Increase in people aged 62 or older who are experiencing homelessness

6.5%

Of people experiencing homelessness are currently fleeing violence

9,322

People over the past year are experiencing homelessness the first time

DO YOU NEED HELP?

Domestic Violence USA

<https://www.socialsolutions.com/blog/domestic-violence-statistics/>

Domestic Violence is a major issue in the U.S. and around the world, and many non-profit organisations work tirelessly to provide critical support and services to survivors. Every year, **more than 10 million men and women in the U.S. are subjected to Domestic Violence**. Its impact can be felt far and wide:

1. More than 1 in 3 women (35.6%) and more than 1 in 4 men (28.5%) in the U.S. will experience rape, physical violence and/or stalking by an intimate partner in their lifetime.
2. Nearly **20 people per minute** are physically abused by an intimate partner in the United States. During one year, this adds up to more than 10 million women and men.
3. 1 in 4 women and 1 in 7 men have experienced severe physical violence by an intimate partner during their lifetime.
4. Intimate partner violence accounts for 15% of all violent crimes.
5. On a typical day, there are **more than 20,000 phone calls** placed to domestic violence hotlines nationwide.
6. Worldwide, almost one-third (27%) of women aged 15-49 years who have been in a relationship report that they have been subjected to some form of physical and/or sexual violence by their intimate partner.
7. 1 in 4 gay men, 1 in 3 bisexual men and 3 in 10 heterosexual men will experience rape, physical violence and/or stalking by an intimate partner in their lifetime.
8. 44% of lesbian women and 61% of bisexual women experience rape, physical violence or stalking by an intimate partner.
9. Nearly 2 in 5 transgender people report having experienced intimate partner violence or other forms of coercive control and/or physical harm.
10. Most cases of domestic violence are **never reported** to the police.
11. In domestic violence homicides, women are six times more likely to be killed when a gun is in the house.
12. **1 in 15 children are exposed** to intimate partner violence each year, and 90% of these children are eyewitnesses to this violence.
13. Almost half (47.5%) of American Indian/Alaska Native women, 45.1% of non-Hispanic Black women, 37.3% of non-Hispanic White women, 34.4% of Hispanic women, and 18.3% of Asian-Pacific Islander women experience contact sexual violence, physical violence and/or stalking by an intimate partner in their lifetime.
14. Globally as many as 38% of all murders of women are committed by intimate partners.
15. Women with disabilities have a **40% greater risk** of intimate partner violence, especially severe violence, than women without disabilities.
16. 53% of battered women still involved with the perpetrator experienced self-blame for causing the violence.
17. Approximately 63% of homeless women have experienced domestic violence in their adult lives.
18. 1 in 5 **female high school students** reports being physically and/or sexually abused by a dating partner.
19. A study shows that the lifetime economic cost of intimate partner violence to the U.S. population is **US\$3.6 trillion**.
20. On average, more than 3 women and 1 man are murdered by their intimate partners in the U.S. every day.

The numbers may be staggering, but so many great organisations are working to end domestic violence and support its survivors.



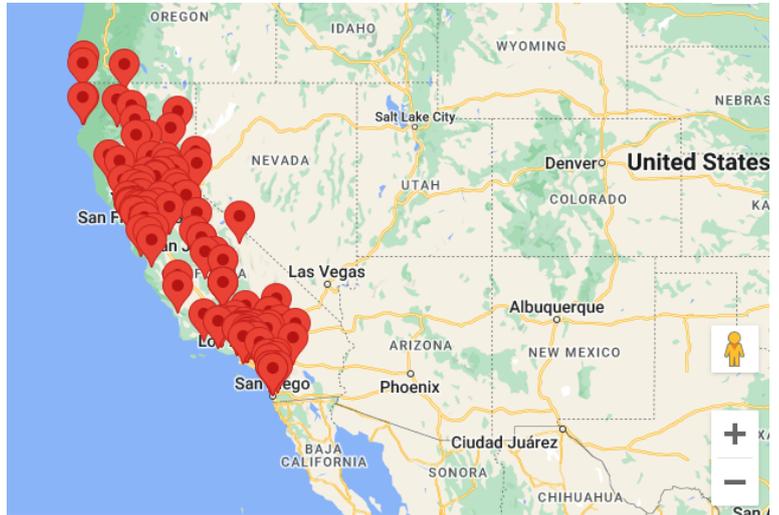
<https://www.cpedv.org/domestic-violence-organizations-california>

Domestic Violence Organizations in California

Here is a link to over 170 assistance organisations relating to domestic violence, however, not one of them understand or comprehend the:

- Overarching cause of domestic violence.
- Our childhood suppression.
- Our ongoing repression.
- Difficulties of living mind-centric.
- Generational transfer of violence.
- Feeling Healing.

Consequently the cycles continue.



Women's Shelters

A nationwide directory of shelters for women

<https://www.womenshelters.org/cit/ca-camarillo>

Women's Shelters in Camarillo, California

Welcome to our Camarillo, California page. We provide listings of: women's shelters, family shelters, transitional housing, residential treatment centres and other residential services for women.

Many shelters also provide services such as alcohol and drug rehab treatment along with clinics, and best of all supportive housing options.



<https://californiaagainstsavery.org/connect/>

Human Trafficking and Child Prostitution Slavery

In 2018, 3,272 victims of human trafficking were identified in California. Find the closest coalition fighting human trafficking in your area and learn about the different ways you can contribute to the fight!

With all, the underlying cause is not understood and consequently healing is not being introduced.

Social Housing for Domestic Violence, Homeless, etc

| | | |
|--|-----------------|------------------------------|
| Consider 1 resident per each one-bedroom unit | 30 units | 30 residents – single adult |
| Consider 3 residents per each two-bedroom unit | 30 units | 90 residents – single adult |
| Consider 4 residents per each three-bedroom unit | 30 units | 120 residents – single adult |
| Consider 6 residents per larger units | <u>10</u> units | <u>60</u> residents |
| | Total 100 units | 300 residents |

A 100 unit Family Shelter population:

Thus 100 adults
 with 60 children aged 0 to 6 years
 60 children aged 7 to 12 years
 50 children aged 13 to 16 years
 and 30 mature aged dependants.
 300 residents **(3 per unit average)**

Around 3 in 10 households will most likely have a special needs member.

A Family Shelter of 100 units with an overall population of 300, we may anticipate that 100 adults would be with 200 children including mature aged dependants and that the children would range in age from 0 to 16 and the mature age dependants would be of any age.

One counsellor is best engaged with 10 adults or with six mothers and their 10 children when assisting those escaping domestic violence. As a Family Shelter may have 100 adults, with between 60% to 75% escaping domestic violence, then around 15 counsellors with experiences encapsulating the skills called upon may be appropriate for such a community.

Budget US\$400,000 per unit, a 100 unit complex budget may be US\$40,000,000. 100 facilities would amount to US\$4 billion and then add community Pascas Cafes as well as medium and smaller shelters for regional communities; then a budget of US\$6 billion is to provide for establishment and ongoing operating costs until the facilities become financially self-funding.

The focus of this endeavour is to primarily address the shortfall in housing availability for domestic violence victims, human trafficking refuge, homelessness and unsupported non-residents.

- A frontline facility may be a Pascas Café with showers, laundering, business centre, meetup area, and the availability of Pascas Counsellors. All are welcome; women, men and children.
- A small Pascas Family Shelter may have 1 Pascas Counsellor to assist 10 adults or 6 mothers with 10 children.
- A medium Pascas Family Shelter may have up to 30 units to house 90 residents with meeting rooms, community play areas and have 5 or 6 counsellors.
- A full Pascas Family Shelter may have 100 units to house 300 residents with Pascas Crèche, Pascas Café, community meeting area and business facilities and have 15 Pascas Counsellors including administration. Counsellors being available to Pascas Café and for home visits.

Child Abuse

<https://www.cdc.gov/violenceprevention/childabuseandneglect/fastfact.html>

What are child abuse and neglect?

Child abuse and neglect are serious public health problems and adverse childhood experiences (ACEs). They can have long-term impacts on health, opportunity, and wellbeing. This issue includes all types of abuse and neglect of a child under the age of 18 by a parent, caregiver, or another person in a custodial role (such as a religious leader, a coach, a teacher) that results in harm, the potential for harm, or threat of harm to a child. There are four common types of abuse and neglect:

- **Physical abuse** is the intentional use of physical force that can result in physical injury. Examples include hitting, kicking, shaking, burning, or other shows of force against a child.
- **Sexual abuse** involves pressuring or forcing a child to engage in sexual acts. It includes behaviours such as fondling, penetration, and exposing a child to other sexual activities.
- **Emotional abuse** refers to behaviours that harm a child's self-worth or emotional well-being. Examples include name-calling, shaming, rejecting, withholding love, and threatening.
- **Neglect** is the failure to meet a child's basic physical and emotional needs. These needs include housing, food, clothing, education, access to medical care, and having feelings validated and appropriately responded to.

How big is the problem?

Child abuse and neglect are common. At least 1 in 7 children have experienced child abuse or neglect in the past year in the United States. This is likely an underestimate because many cases are unreported. In 2020, 1,750 children died of abuse and neglect in the United States.



Children living in poverty experience more abuse and neglect. Experiencing poverty can place a lot of stress on families, which may increase the risk for child abuse and neglect. Rates of child abuse and neglect are 5 times higher for children in families with low socioeconomic status.

Child maltreatment is costly. In the United States, the total lifetime economic burden associated with child abuse and neglect was about US\$592 billion in 2018. This economic burden rivals the cost of other high-profile public health problems, such as heart disease and diabetes.

What are the consequences?

Children who are abused and neglected may suffer immediate physical injuries such as cuts, bruises, or broken bones. **They WILL also have emotional and psychological problems, such as anxiety or posttraumatic stress.**

Over the long term, children who are abused or neglected are also at increased risk for experiencing future violence victimisation and perpetration, substance abuse, sexually transmitted infections, delayed brain development, lower educational attainment, and limited employment opportunities.

Chronic abuse may result in toxic stress, which can change brain development and increase the risk for problems like posttraumatic stress disorder and learning, attention, and memory difficulties.

How can we prevent child abuse and neglect?

Child abuse and neglect are preventable. Certain factors may increase or decrease the risk of perpetrating or experiencing child abuse and neglect. To prevent child abuse and neglect violence, we must understand and address the factors that put people at risk for or protect them from violence. Everyone benefits when children have safe, stable, nurturing relationships and environments. CDC developed Preventing Child Abuse & Neglect: to help communities use the best available evidence to prevent child abuse and neglect.

Different types of violence are connected and often share root causes. Child abuse and neglect are linked to other forms of violence through shared risk and protective factors. Addressing and preventing one form of violence may have an impact on preventing other forms of violence.

-  **Strengthen economic supports to families**
 - Strengthening household financial security
 - Family-friendly work policies
-  **Change social norms to support parents and positive parenting**
 - Public engagement and enhancement campaigns
 - Legislative approaches to reduce corporal punishment
-  **Provide quality care and education early in life**
 - Preschool enrichment with family engagement
 - Improved quality of child care through licensing and accreditation
-  **Enhance parenting skills to promote healthy child development**
 - Early childhood home visitation
 - Parenting skill and family relationship approaches
-  **Intervene to lessen harms and prevent future risk**
 - Enhanced primary care
 - Behavioral parent training programs
 - Treatment to lessen harms of abuse and neglect exposure
 - Treatment to prevent problem behavior and later involvement in violence



The History of Childhelp

Helping victims of child abuse is more than just a desire, it is our lifetime commitment. This commitment began when our founders, two young Hollywood actresses, encountered 11 homeless orphans abroad, and all of their lives were forever changed.

Over the last 63 years, Childhelp has impacted **over 11 million children's lives.**

From 30 June 2007 to 3 July 2007, while in Las Vegas, Graham Golding and John Doel met with Sarah O'Meara (left) and Yvonne Fedderson (right), the founders of Childhelp USA.



COMMERCIAL IN CONFIDENCE

Recognizing Signs of Child Abuse

What is child abuse? Child abuse is when someone, whether through action or failing to act, causes injury, death, emotional harm, or risk of serious harm to a child.

In 2019 there were **656,000** victims of child abuse\*

On average **5 CHILDREN DIE** each day from child abuse\* #fivetoomany



PHYSICAL ABUSE

- bruises, burns, cuts
- broken bones
- internal injuries, brain damage
- fear of parent/caregiver



EMOTIONAL ABUSE

- delays in development
- illnesses like ulcers, skin disorders
- anxiety, depression
- social isolation



SEXUAL ABUSE

- difficulty sitting, walking
- bleeding or bruises near genital area
- depression, eating disorders
- decline in school performance



CHILD NEGLECT

- low weight or height for age
- poor hygiene, inadequate clothing
- untreated medical problems
- struggling in school, often tired



BULLYING

- unexplained injuries
- hesitant to go to school
- lost or damaged possessions
- loss of friendships, low self-esteem



ONLINE ABUSE

- reluctant to discuss online activity
- depression or low self-esteem
- unexplained messages from strangers
- explicit content on devices

RISK FACTORS & PROTECTIVE FACTORS

Risk factors increase the potential for abuse. Protective factors decrease the potential for abuse.



RISK FACTORS

- special needs
- family history of abuse/neglect
- substance abuse
- mental health issues
- social isolation



PROTECTIVE FACTORS

- supportive environments
- parental employment
- good coping skills
- child monitoring
- child abuse prevention education, like Childhelp Speak Up Be Safe (www.speakupbesafe.org)

In case of emergency call **911**

Questions? Not sure where to turn?
TEXT • CHAT • CALL
24 hrs/day, 7days/week

CHILDHELP NATIONAL
CHILD ABUSE HOTLINE
1-800-4-A-CHILD
childhelp hotline.org



6730 N. Scottsdale Road, Suite 150, Scottsdale, AZ 85253
childhelp.org • 800.790.2445 • @childhelp

Childhelp exists to meet the physical, emotional, educational and spiritual needs of abused, neglected and at-risk children.

\*Child Maltreatment 2019 report



SIGNS OF Physical Child Abuse

Physical child abuse is any non-accidental physical injury to a child.

RISK FACTORS

- abuser was abused as child
- substance abuse
- community violence
- stress in the home
- mental health issues

20-30%

of adults report physical abuse in their own childhood.

SIGNS IN PARENT/ CAREGIVER

- history of violence and/or abuse
- can't or won't explain child's injuries
- critical, aggressive toward child
- delays/prevents medical care for child
- keeps child isolated

Physical abuse was involved in **673** child abuse fatalities in 2019.

PHYSICAL SIGNS IN CHILD

- bruises, burns, cuts, broken bones, sprains, dislocated joints
- injuries at different stages of healing or with distinctive shapes
- unexplained injuries
- internal injuries, brain damage
- frequency and history of injuries (e.g., after weekends, vacations)

BEHAVIORAL SIGNS IN CHILD

- wears long sleeves out of season
- afraid of certain adults or going with them
- withdrawn, depressed, anxious
- self-destructive, acts out, aggressive
- violent themes in play, artwork, etc.
- reports severe discipline

PROTECTIVE FACTORS

Protective factors decrease the potential for abuse.



PROTECTIVE FACTORS

- supportive environments
- parental employment
- good coping skills
- child monitoring
- child abuse prevention education, like Childhelp Speak Up Be Safe (www.speakupbesafe.org)

In case of emergency call **911**

Questions? Not sure where to turn?
TEXT • CHAT • CALL
24 hrs/day, 7days/week

CHILDHELP NATIONAL
CHILD ABUSE HOTLINE
1-800-4-A-CHILD
childhelphotline.org



6730 N. Scottsdale Road, Suite 150, Scottsdale, AZ 85253
childhelp.org • 800.790.2445 • @childhelp
Childhelp exists to meet the physical, emotional, educational and spiritual needs of abused, neglected and at-risk children.

Do Orphanages Still Exist in America?

<https://www.americanadoptions.com/adoption/do-orphanages-still-exist>

Essentially, no. The adoption process in the United States no longer involves traditional orphanages. Today, there are three primary forms of domestic adoption: a child may be **adopted from the foster care system**, as an infant in a private adoption or as a relative or **stepchild of the adoptive parents**. Relative or stepparent adoptions are the most common form of domestic adoption today. In these arrangements, a stepparent or relative becomes the legal parent for his or her spouse's or relative's child.

Adopting from the foster care system is the closest modern domestic adoptions come to adopting from an orphanage in the U.S. When a child is placed in foster care and his or her parent's rights have been legally terminated, that child may be adopted. However, these children are typically not "orphans," and not every child in foster care is legally adoptable. Many are waiting to be reunified with their parents, whose parental rights have not been terminated. About 100,000 of the 400,000 children currently in the system are **waiting to be adopted**, either by their foster parents or by adoptive families who have not fostered before.

The third type of adoption in the United States is domestic infant adoption. American Adoptions is a fully licensed, not-for-profit **national domestic adoption agency** that performs domestic infant adoptions across the nation. In this type of adoption, hopeful adoptive parents are matched with an expectant mother during her pregnancy **and then adopt the baby** when he or she is born.

CHILDREN ENTERING FOSTER CARE

In 2020, 213,964 children under 18 entered foster care in the United States, a rate of 3 per 1,000. The rate of entry has hovered at 3 or 4 per 1,000 for two decades. Kids ages 1 to 5 make up the largest share (30% in 2020) of children entering care. National data also show that Black and American Indian children continue to be overrepresented among those entering foster care. In 2020, Black children represented 20% of those entering care but only 14% of the total child population, while American Indian kids made up 2% of those entering care and 1% of the child population.

On any given day, there are **nearly 424,000** children in foster care in the United States. In 2019, over 672,000 children spent time in U.S. foster care. On average, children remain in state care for over a year and a half, and five percent of children in foster care have languished there for five or more years.

<http://www.pascashealth.com/index.php/library.html>

Library Download – Pascas Papers

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address. info@pascashealth.com

The Crisis

[https://www.forothers.com/the-crisis/?gclid=CjwKCAjws--ZBhAXEiwAv-RNL4E9paDYx0\\_hecgi6H1vPmPVZWuT5axMq9dcImTHu-5o6aiv4LcPjRoCOr0QAvD\\_BwE](https://www.forothers.com/the-crisis/?gclid=CjwKCAjws--ZBhAXEiwAv-RNL4E9paDYx0_hecgi6H1vPmPVZWuT5axMq9dcImTHu-5o6aiv4LcPjRoCOr0QAvD_BwE)

More than 420,000

children and youth are already in the foster care system.

90%

of these children will experience severe trauma.

Only 50%

will reunite with their biological families.

25%

will 25% will attempt suicide.

and that's just for those who are still in the system. For the 23,000 young adults who age out each year,

81%

of young men will become incarcerated.

71%

of young women will be pregnant before their twenty-first birthday, with half of their children destined to be placed in the foster care system themselves.

40%

will be homeless within 18 months.

97%

of these young adults will immediately enter into chronic poverty.

COMMERCIAL IN CONFIDENCE

The State of America's Children® 2021

OVERVIEW

<https://www.childrensdefense.org/state-of-americas-children/soac-2021-overview/>

CHILD POPULATION: America's children are more diverse than ever.

- There were 73 million children in the U.S. in 2019 — 22% of our nation's population.
- In 2019, children of colour made up 49.8% of all children and the majority of children under 5.

CHILD POVERTY: Children remain the poorest age group in America, with children of colour and young children suffering the highest poverty rates.

- Nearly 1 in 7 children—10.5 million—were poor in 2019. Nearly 71% of poor children were children of colour. More than 1 in 4 Black children and more than 1 in 5 Hispanic and American Indian / Alaska Native children were poor compared with 1 in 12 white children.
- The youngest children are the poorest. Nearly 1 in 6 children under 6 were poor and almost half lived in extreme poverty below half the poverty line.

INCOME AND WEALTH INEQUALITY: Income and wealth inequality are growing and harming children in low-income, Black and Brown families.

- The share of all wealth held by the top one percent of Americans grew from 30% to 37% and the share held by the bottom 90% fell from 33% to 23% between 1989 and 2019.
- Today, a member of the top 10% of income earners makes about 39 times as much as the average earner in the bottom 90%.
- In 2019, the median family income of white households with children (\$95,700) was more than double that of Black (\$43,900), and Hispanic households with children (\$52,300).

HOUSING AND HOMELESSNESS: The lack of affordable housing and federal rental assistance leaves millions of children homeless or at risk of homelessness.

- More than 1 in 3 children live in households burdened by housing costs, meaning more than 30% of their family income goes toward housing.
- More than 1.5 million children enrolled in public schools experienced homelessness during the 2017-2018 school year.
- 74% of unhoused students during the 2017-2018 school year were living temporarily with family or friends.

CHILD HUNGER AND NUTRITION: Millions of children live in food-insecure households, lacking reliable access to safe, sufficient, and nutritious food.

- More than 1 in 7 children—10.7 million—were food insecure, meaning they lived in households where not everyone had enough to eat. Black and Hispanic children were twice as likely to live in food-insecure households as white children.
- The Supplemental Nutrition Assistance Program (SNAP) helped feed 17 million children in Fiscal Year 2018 — nearly a quarter of all children in America.

COMMERCIAL IN CONFIDENCE

- Half of all families that received SNAP in 2019 were not able to get enough healthy food, however, because SNAP benefits were too low. Among households with children, monthly SNAP benefits averaged just \$118 a person — or less than \$4 a day.

CHILD HEALTH: Our children have lost the health coverage they need to survive and thrive at an alarming rate.

- An estimated 4.4 million children under age 19, were uninsured — an increase of 320,000 more children without health insurance since 2018.
- Disparities in health insurance coverage persist. The rates of uninsured children are especially high among Hispanic children, undocumented children, children living in the South, and children in families with lower incomes.
- Medicaid and CHIP are the foundation of the nation’s health insurance system for children. In 2019, nearly 36 million children under 19 received comprehensive, paediatric-appropriate and affordable health coverage through Medicaid and CHIP.

EARLY CHILDHOOD: The high cost of child care and lack of early childhood investments leaves many children without quality care during critical years of brain development.

- Centre-based child care for an infant cost more than public college tuition in 28 states and the District of Columbia in 2019. More than 80% of two-child families were paying more for child care than for rent.
- During the 2018-2019 school year, only 34% of 4-year-olds and 6% of 3-year-olds were enrolled in a state-funded preschool program.

EDUCATION: America’s schools continue to slip backwards into patterns of deep racial and socioeconomic segregation, perpetuating achievement gaps.

- During the 2017-2018 school year, 19% of Black, 21% of Hispanic, and more than 26% of American Indian / Alaska Native public school students did not graduate on time compared with only 11% of white students.
- More than 77% of Hispanic and more than 79% of Black fourth and eighth grade public school students were not proficient in reading or math in 2019, compared with less than 60% of white students.
- In 2017, 60% of Black children attended high-poverty schools with a high share of students of colour while fewer than 9% of white children did.

CHILD WELFARE: For the first time since 2012, the number of children in the child welfare system fell, but too many children wind up in foster care because of poverty.

- Black and American Indian / Alaska Native families are disproportionately impacted by the child welfare system. Nationally, Black and AI/AN children are represented in foster care at a rate 1.66 and 2.84 times their portion of the overall population, respectively.
- After steadily declining since 2008, the number of children aging out of the foster care system jumped by more than 14% in 2019, with 20,445 youth reaching adulthood without a permanent family.

YOUTH JUSTICE: A disproportionate number of children of colour are incarcerated in the juvenile justice and/or adult criminal justice systems, placing them at risk of physical and psychological harm.

- Despite a 67% reduction in child arrests between 2009 and 2019, 530,581 children were arrested in the U.S and a child or teen was arrested every 59 seconds.
- Black children were 2.4 times more likely to be arrested and American Indian children were 1.5 times more likely to be arrested than white children.
- Black youth represented less than 15% of the total youth population but 52% of youth prosecuted in adult criminal court in 2018. Black youth are nine times more likely than white youth to receive an adult prison sentence, American Indian / Alaska Native youth are almost two times more likely, and Hispanic youth are 40% more likely.

GUN VIOLENCE: Child and teen gun deaths hit a 19-year high in 2017 and have remained elevated since.

- Gun violence was the leading cause of death for children and teens ages 1-19 in 2018, surpassing motor vehicle accidents for the first time.
- In 2019, 3,371 children and teens were killed with guns — one every 2 hours and 36 minutes.
- Black children and teens had the highest gun death rate, followed by American Indian / Alaska Native children and teens. Black children and teens were 4 times more likely to die from gun violence than their white peers.
- The United States has more guns than people—and nearly 1 in 5 are sold without background checks.

IMMIGRANT CHILDREN: Family separation and anti-immigrant policies are dangerous to children’s health, development, and well-being.

- Nearly 1 in 4, approximately 18 million, U.S. children lived with at least one immigrant parent in 2018.
- More than 1 in 4 immigrant children did not have health coverage in 2019, 25.5% compared to 5.1% of native-born citizen children.
- An estimated 6.9 million children lived with undocumented parents. Chronic uncertainty and distress about the threat of enforcement activity destroy children’s sense of safety and their mental health.

“The greatest gift you can give your child, is allowing it to be freely able to express itself, helping it to feel good about being able to say and express and communicate all it feels.

“THERE IS NOTHING BETTER FOR A CHILD TO FEEL THAN KNOWING ITS PARENTS COMPLETELY WANT IT TO BE EXACTLY HOW IT FEELS IT WANTS TO BE.

“To be completely unconditionally accepted for all that it is. Then it feels loved.”

Mary Magdalene, 13 May 2003

Yes, this is Mary of Magdalene. She has only ever written through James Moncrief, whereas Jesus has only ever written through James Padgett, and now James Moncrief.

UNITED STATES AMERICA POPULATION 2022 331 million.

The current population of the **United States of America** is **335,395,743** as of Sunday, October 9, 2022, based on Worldometer elaboration of the latest United Nations data.

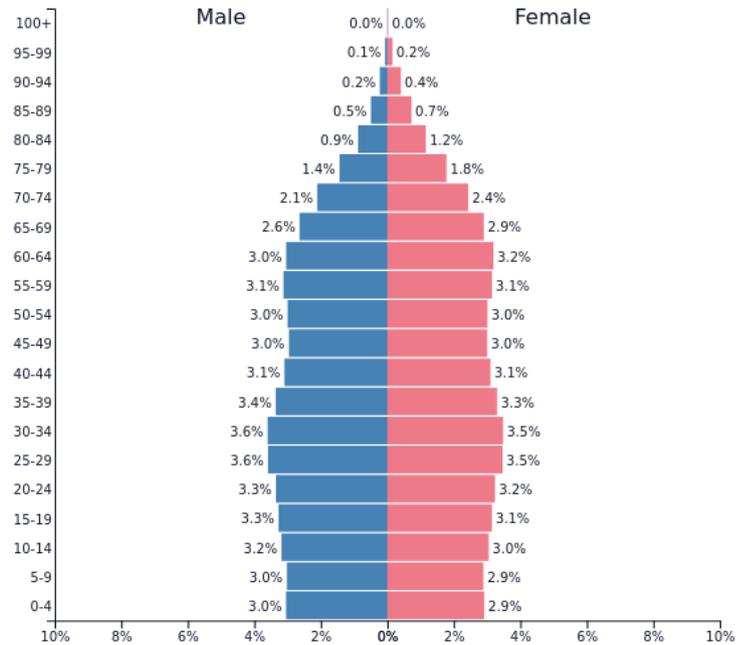
The United States 2020 population is estimated at **331,002,651** people at midyear according to UN data.

82.8 % of the population is **urban** (273,975,139 people in 2020).

United States life expectancy: 79.05 years (2022)

American **men expect to live an average of 76.1 years**, while **women expect to live an average of 81.1 years**, a five-year difference.

United States median age: 38.5 years



United States Population Forecast

| Year | Population |
|------|-------------|
| 2020 | 341,387,000 |
| 2025 | 357,452,000 |
| 2030 | 373,504,000 |
| 2035 | 389,531,000 |
| 2040 | 405,655,000 |
| 2045 | 422,059,000 |
| 2050 | 439,010,000 |

PopulationPyramid.net United States of America - 2022 Population: 334,805,268

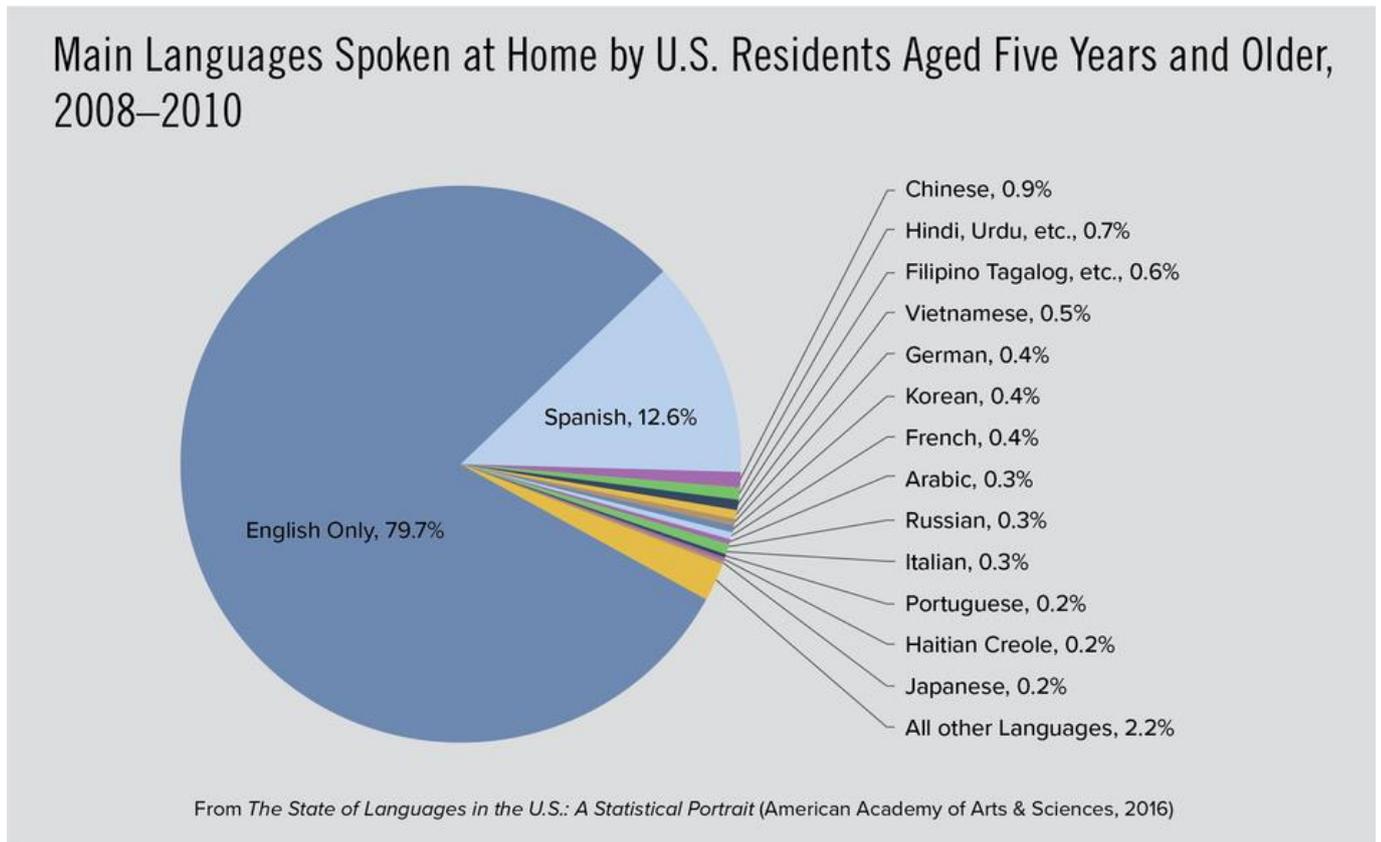


Languages of United States America

<https://www.amacad.org/publication/state-languages-us-statistical-portrait/section/3>

According to the U.S. Census Bureau, U.S. residents speak more than 350 languages. Among those who report speaking a language other than English, nearly two-thirds speak Spanish. And the languages spoken by U.S. residents are not evenly distributed geographically around the country. In many regions, English is the only language spoken by more than 95% of the population; in other parts of the country, a language other than English is the primary language for more than half the population.

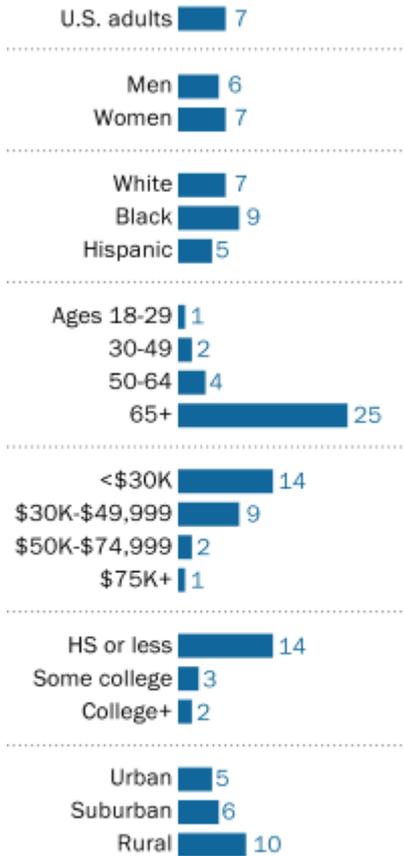
A small but very important portion of the non-English languages spoken in the United States includes the 169 Native American and Alaskan indigenous languages, which are listed as vulnerable or critically endangered by UNESCO (indicating that the language is only spoken in limited domains, such as at home, or is no longer used or taught as the mother tongue). A number of flourishing language reclamation projects are attempting to increase the number of speakers of Native American and indigenous languages in years to come.



Internet users in United States America:

Who's not online?

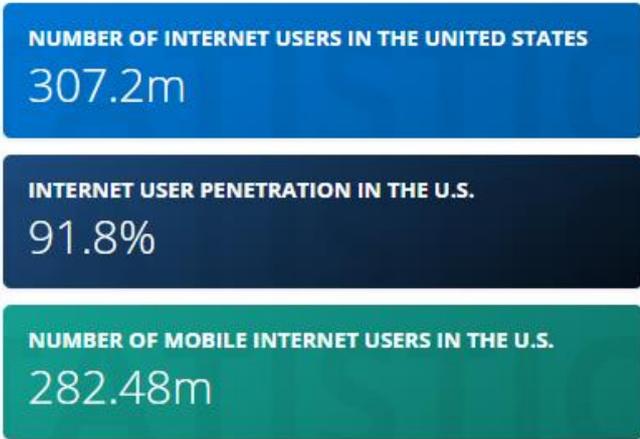
% of U.S. adults who say they do not use the internet



Note: White and Black adults include those who report being only one race and are not Hispanic. Hispanics are of any race. Respondents who did not give an answer are not shown.
 Source: Survey of U.S. adults conducted Jan. 25-Feb. 8, 2021.

PEW RESEARCH CENTER

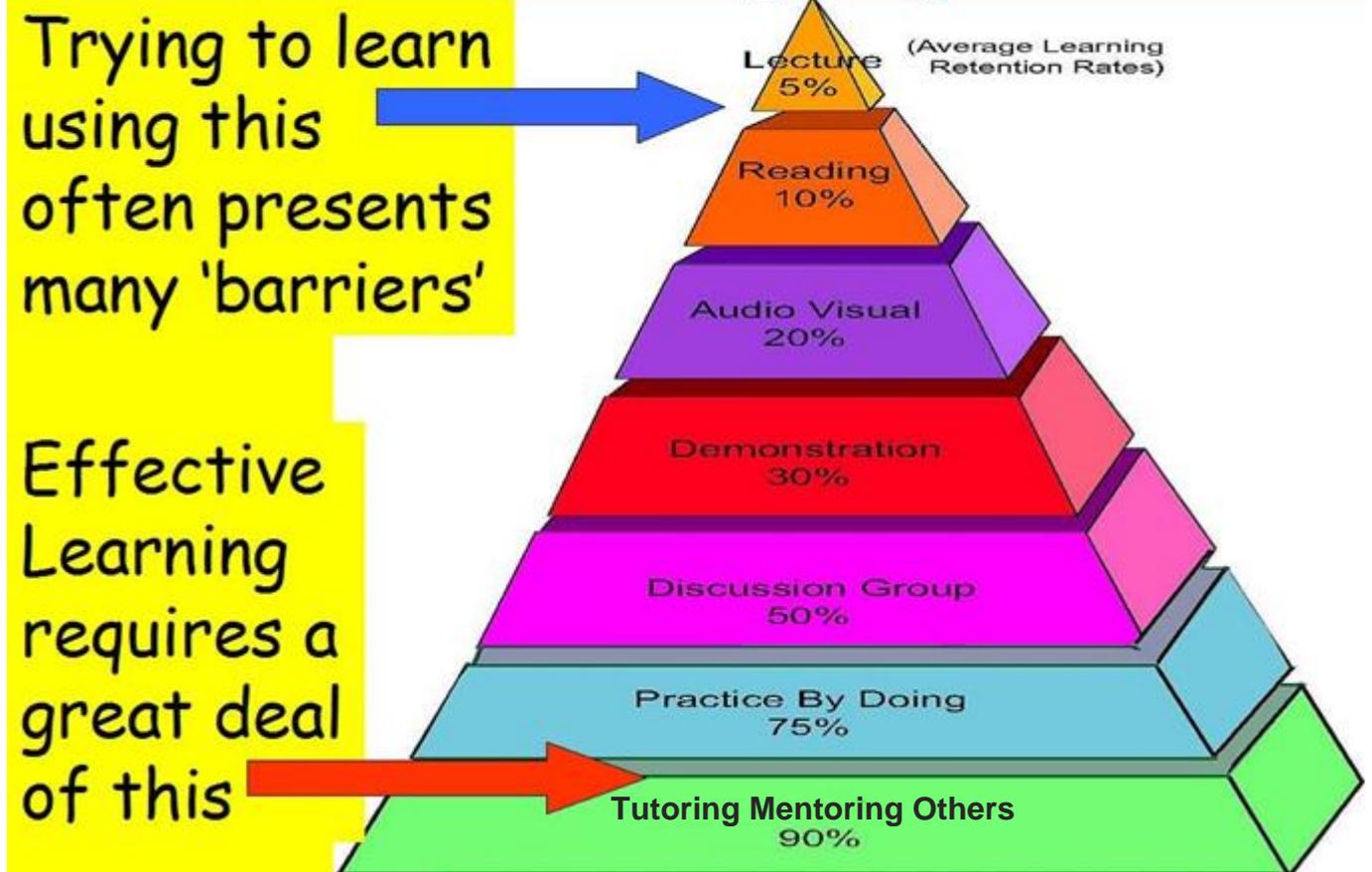
The internet has become one of the most vital tools for communication, information, and entertainment in today's globalized world. More than half of the global population is connected to the internet, and while some regions still lack the infrastructure that is needed to provide sufficient online coverage, others have internet penetration rates close to 100 percent. Among the [largest online markets in the world](#), the United States ranks third with over 307 million internet users nationwide. As a global hub of technological innovation and home to some of the world's [leading internet companies](#), the United States has increased its digital population for over two decades. Today, [over 90% of Americans have access to the internet](#), many of whom could no longer imagine a life without it.



United States America
EDUCATION INEQUALITY
and
INEFFECTUALNESS



The Learning Pyramid



100% retention is **Natural Self Expression**

The 15 Biggest Failures of the American Public Education System

<https://www.publicschoolreview.com/blog/the-15-biggest-failures-of-the-american-public-education-system>

27 May 2022

The world is in a constant state of change and those who fail to adjust fall behind. Unfortunately, the American public education system has not kept up with the times and is currently facing a number of serious problems.

Decades ago, the American formal education system was designed to meet the changing needs of the industrial revolution. What was once a time of growth has changed over the years and, with the current economic climate, that system is no longer able to meet modern needs. But what are the biggest failures of the American public education system, and how can they be remedied?

We'll explore fifteen of the biggest failures affecting the American public education system today. We'll also explore five of the biggest emerging trends in American education.

The Top 15 Failures in American Public Education

Policymakers are constantly fighting to make changes to the American public education system, and not all of them are beneficial. Over the years, there has been a great deal of back-and-forth that has left the public education system in shambles. Some of these problems are easy to identify and have been long-standing issues while others are new, brought about by advances in technology, changes in policy, and general change that happens with time.

Every story has two sides, and for every policy or program put into place, there are going to be proponents and critics. Below you'll find an overview of some of the biggest issues facing the American public system as well as arguments from people on both sides of the issue.

Here are the top 15 failures affecting the American public education system:

1. Deficits in government funding for schools.

Funding is always an issue for schools and is, in fact, one of the biggest issues facing the American public education system today. For more than 90% of K-12 schools, funding comes from state and local governments, largely generated by sales and income taxes. Research shows, however, that funding has not increased with need – many states are still issuing funding that is lower than it was before the Great Recession. Lower funding means fewer teachers, fewer programs, and diminished resources.

2. Decline in school safety.

There has been a string of high-profile mass shootings in American schools, resulting not only in dozens of deaths but many debates about school safety. In one poll, over 50% of teenagers said they were worried about the possibility of gun violence in school. Teachers all across the country are faced with the problem of figuring out how to prevent attacks and protect the lives of students and personnel. Some suggest special training for teachers and concealed weapons might make schools safer while critics argue that more guns in schools could lead to more accidents and injuries.

3. Challenges with technology in education.

Today's students have grown up using technology and have come to expect it in the classroom, but there are arguments about how large a role technology should play in education. Supporters suggest that technology creates the potential for more active student engagement and provides instant access to up-to-date resources while critics say it could be a distraction. While technology in the classroom certainly has its benefits, certain aspects of technology are challenging. For example, smartphones and easy access to technology have made it easier for students to cheat and can negatively impact learning.

4. Controversy over charter schools and voucher programs.

Another hot topic in education today is school choice. Charter schools and school vouchers allow parents to choose options other than traditional public schools for their children. Charter schools are funded by a combination of private and public funds and operate outside the public school system. School vouchers allow parents to use public funds to send their child to a school of choice, including private schools. Critics of these schools suggest that charter schools and voucher programs siphon funds away from public schools that are already struggling financially.

5. Problems with the common core curriculum.

The Common Core State Standards were developed to specify exactly what students should know before graduating high school. It was developed in 2009 to promote educational equity across the country, holding all students to the same standardized testing requirements. Some see the problem as a federal intrusion into the state control of education and others say that it doesn't allow for teacher innovation and flexibility with the learning process. Most states adopted the standards when they were introduced but more than a dozen have since repealed or revised them.

6. Decreased teacher salaries.

Teacher salaries are by no means impressive and, in most states, they have decreased steadily over the past few years. In fact, research shows that the average salary for public elementary and secondary school teachers dropped by nearly 5% between the 2009/10 school year and now. States like Oklahoma and Colorado experienced a 17% and 16% decrease – these states also saw massive teacher walkouts in 2018. There are, of course, some states where teacher salaries increased, and some teachers received a growth in benefits that may or may not be enough to balance out wages that are low overall.

7. Emphasis on standardised testing.

Along with Common Core, there has been an increased focus on standardised testing, especially during the No Child Left Behind years. Schools and teachers are judged based on student test scores which, many argue, is not a fair or accurate measure of efficacy. Many critics argue that standardised testing is one of the biggest problems in American education, suggesting that the pressure to produce high test scores leads to a teach-to-the-test approach and reduced focus on non-tested subjects like art.

8. Arguments about teacher tenure.

Tenure is designed to protect teachers from being fired for personal or political reasons – the school district must demonstrate just cause. In many states, tenure is granted to public school teachers who have consistently received satisfactory evaluations, though some states don't award it at all. Supporters

suggest that tenured teachers can advocate for students without having fears of reprisal while critics say that it makes it harder for school districts to dismiss ineffectual teachers. Some also suggest that tenure may encourage complacency, allowing teachers to put forth the minimal effort.

9. Bullying in schools.

Violence in schools is a rising issue and bullying is a key contributor. According to the National Center for Education Statistics, over 20% of students in grades 6 through 12 have been bullied either in school or on their way to/from school. This figure is actually down from 32% in 2007 but is still much too high. The challenge with these statistics is that many students who are bullied do NOT report it. Bullied students experience a wide range of physical, behavioural, and emotional problems that can impact not only their education but also their lives.

10. Growing problems with student poverty.

According to data from the National Center for Education Statistics, more than 50% of the public-school population in the United States was made up of low-income students. This is a significant increase from 38% in 2001. This is a nationwide problem with 40% of public-school students qualifying for free or reduced-price lunches in 40 states. In 18 of those states, student poverty rates were over 50%. Studies have shown that low-income students tend to perform lower than affluent students and family income shows a strong correlation with student achievement measured by standardised tests.

11. Schools are overcrowded.

In the 2011/12 school year, the average class size in American public schools was about 21 students in elementary school and almost 27 students in secondary school. Anecdotal reports, however, suggest that classrooms today have closer to 30, and in some cases, 40 students. Teachers and other proponents of smaller class sizes suggest that class size influences the quality of instruction with smaller class sizes have improved student outcomes. Critics say that the cost of limiting class sizes is a limiting factor and that it may not be worth it. In Florida, class sizes were capped in 2002 but a 2010 study showed no significant impact on test scores for students in grades 4 through 8.

12. Student mental health challenges.

Mental health is a growing concern in the United States and one that even affects school students. A 2018 study showed that nearly two-thirds of college students experienced overwhelming anxiety and anxiety has been reported in younger students as well. Even schools that are trying to make a difference face challenges. For example, the recommended ratio of students to counsellors is one counsellor for every 1,000 to 1,500 students but the U.S. college campus average is 1,737 to 1. Awareness of mental health issues is increasing, but there is still a stigma that prevents many students from seeking care.

13. Parents are not involved enough.

Teachers in public schools can only do so much to support their students. When the students go home for the day, the state of their home life can impact their development both personally and academically. In cases where parents lack higher education, they may not be able to provide the assistance students need to learn and to complete homework. Students in low-income families face additional challenges at home, though even middle- and upper-class families aren't off the hook. In many families, parents are too career-focused and have little time to spend supporting their child's education.

14. Too many schools are being closed.

Schools all over the country are closing their doors in numbers that are quite alarming. This only leads to an increase in issues with large class sizes and poor access to resources. It is easy for parents, teachers, and communities that are affected by closures to feel targeted even when school board members provide unbiased data. In some cases, closures cannot be prevented but they can be delayed and communities should consider other solutions or alternative uses for the school such as a community centre or adult education centre.

15. Lack of teacher innovation and outdated teaching methods.

The teaching methods used decades ago simply do not work for the modern student. One of the biggest things holding back the American public education system is a lack of teacher innovation, partially created by the enforcement of standardised testing and the Common Core curriculum. Unfortunately, the problem really needs to be addressed at the federal level with changes to policies that will result in a change within the public education system. America needs teachers who are better trained to meet the needs of their students and who are willing to speak up and facilitate change. Teachers are on the front lines and, without them speaking up, change is not possible.

Problems abound in the American education system, but growth and change are possible.

The Top 5 Emerging Trends in Education

Though the American public education system certainly has its issues, it is by no means a lost cause. The only thing anyone can do is change with the times and there are a number of emerging trends in education that could be a step toward resolving some of the issues above.

Here is an overview of the top 5 emerging trends in American education:

- Increase in maker learning initiatives.
- Moving away from a letter grade system.
- Changing classroom approaches like flipped learning.
- The institution of micro-credentials.
- Growing concern for social and emotional development.

Now, let's take a quick look at each of these trends.

1. Increase in maker learning initiatives.

In many schools, teaching is the focus when education should really be focused on student learning. Maker education allows students to follow their own interests and to test their own solutions for problems in a do-it-yourself approach to education. Students learn in collaborative spaces where they identify problems, create inventions, make prototypes, and keep working until they have the final result that works. There is little hard evidence on the trend as of yet, but it is growing quickly.

2. Moving away from a letter grade system.

Student assessment is necessary to test the efficacy of teaching strategies and curriculum – it is also a good way to measure individual student growth and success. For many years, letter grades have been the primary method of student assessment but that is changing. Leaders in education currently feel that the traditional letter grade model is not a sufficient measure of the skills most highly valued in the modern workforce – skills like creativity and problem-solving.

In 2017, the Mastery Transcript Consortium was formed and includes over 150 private high schools. These schools have adopted a digital system that provides qualitative descriptions of student learning and samples of work instead of the grade-based transcript system. Public schools are quickly adopting the trend as well in a nationwide shift toward mastery-based or competency-based learning.

3. Changing classroom approaches like flipped learning.

The traditional model of teaching places the teacher in front of the class giving a lecture, followed by students working at home on assignments to enhance their understanding of the subject. Flipped learning involves students watching videos or relevant coursework prior to class, and using class time to expand on the material through group discussions or collaborative projects. Flipped learning allows students to control their learning pace and **encourages students to learn from each other**, exploring subjects more deeply than they otherwise might.

4. The institution of micro-credentials.

This trend in higher education is a departure from traditional college degrees that require years of study over a multi-year span. Micro-credentials, rather, are also known as digital badges or nano degrees that demonstrate knowledge or skill in a given area and are earned through short, targeted educational offerings. About 20% of higher education institutions offer some kind of alternative credentialing system, often partnering with third-party learning providers.

5. Growing concern for social and emotional development.

Traditional education is focused on academics but there is a movement toward nurturing the whole student called social-emotional learning (SEL). This movement is based on the growing consensus that schools have a responsibility to protect and develop students' social and emotional development in addition to their cognitive skills. SEL focuses on helping students manage their emotions, show empathy, set goals, identify their strengths and make responsible decisions. Research on SEL shows a reduction in anti-social behaviour and an improvement in academic achievement and long-term health.

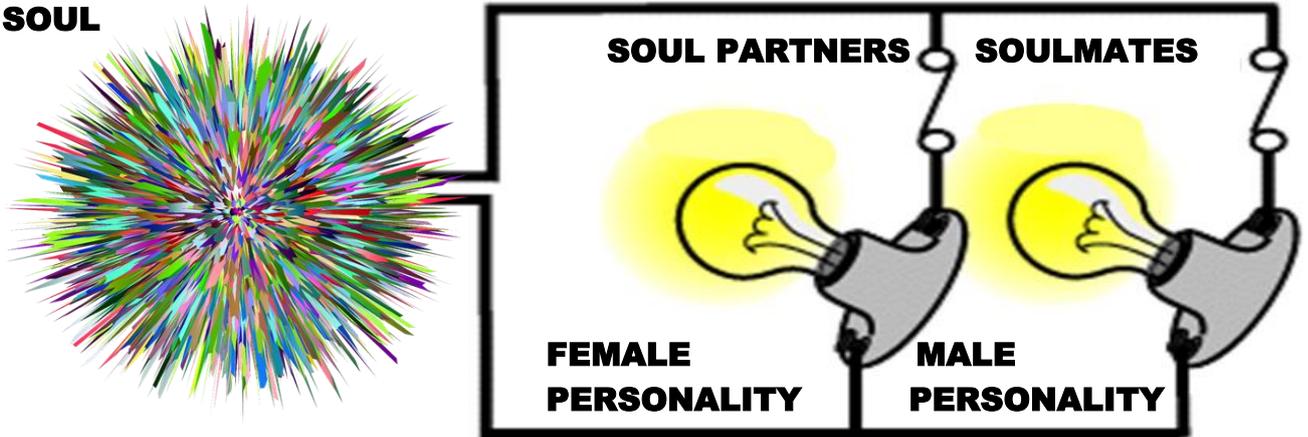
The United States is a giant country with a huge population, making it difficult to standardise education or make improvements across the board. Though there are many problems with the American public education system, there are also many people (including legislators) who are dedicated to making positive changes that could benefit the future students of this country.

Health of all of Our Bodies

SOUL LIGHT emitted is to be BALANCED by the LIGHT RETURNED!

**Two separate personalities on parallel 'circuits' having the same soul.
What impacts one personality does not impact the other personality.**

SOUL

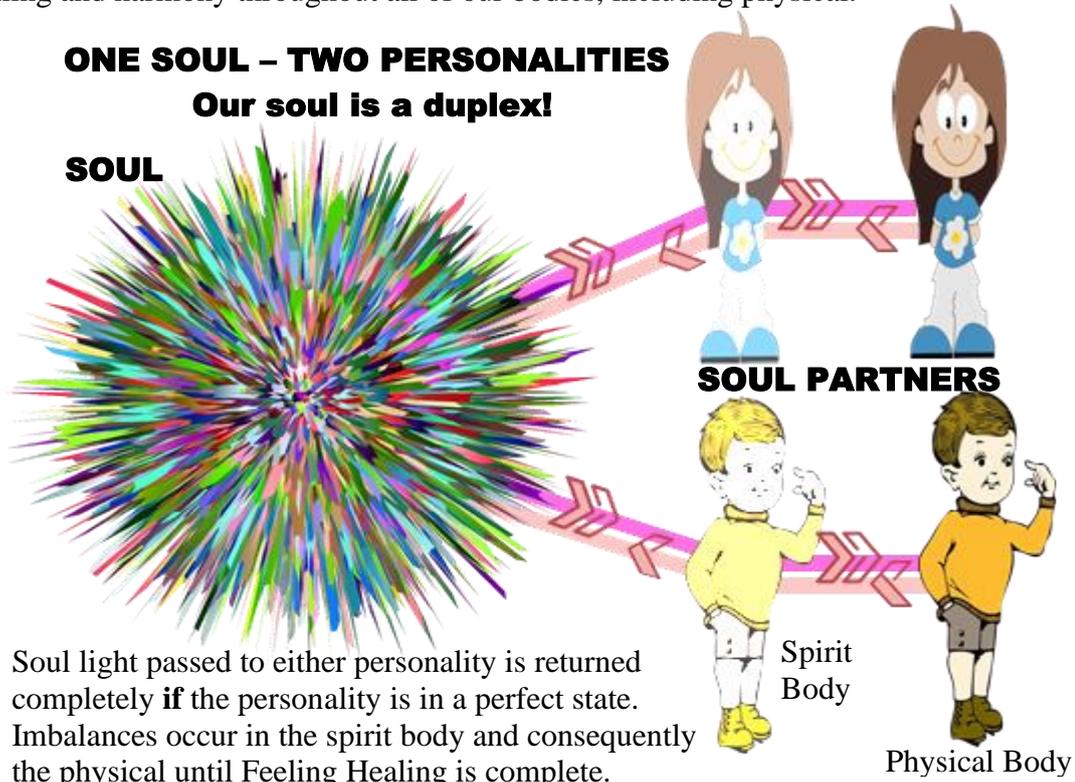


The elephant in the room is our Childhood Suppression, from conception through to age six years. This impedes the circulating flow of soul light thus bringing about imbalances throughout our spirit and physical bodies. This manifests as discomfort, pain, illness and disease throughout our lives. All 10,000 identified diseases are of the consequence of Childhood Suppression in its numerous formats.

We are to express our feelings, both good and bad, to a companion who is open to hear what is coming to surface for us. We are to long to know the truth behind those feelings. What enters us emotionally is to be expressed emotionally. This is our Feeling Healing. This is the one and only pathway to bring about healing and harmony throughout all of our bodies, including physical.

ONE SOUL – TWO PERSONALITIES **Our soul is a duplex!**

SOUL



Soul light passed to either personality is returned completely **if** the personality is in a perfect state. Imbalances occur in the spirit body and consequently the physical until Feeling Healing is complete.

NOTHING IS FORGOTTEN



The moment of our conception will ultimately be remembered as a most stressful and damaging experience. We are literally continuously fire hosed with our parents' emotional injuries and erroneous beliefs – and they do not even know we have arrived!



We, as parents, may tell ourselves that our children 'will get over it', 'they will forget about it!' That is a gross lie and

error – we each do not forget ANYTHING!

We are each to heal ourselves of the hurt and harm imposed upon us by expressing what we feel, both good and bad, and long to understand the truth behind what our feelings are drawing our attention to.



It is through these corruptions (errors of belief, emotional injuries, events that we have not been allowed to complete, our will being imposed upon, controls imposed upon us by others trying to make us be who we are not, etc.) that our energy flows back to our soul are degraded and that ultimately damages our physical and spirit bodies bringing about discomfort, pain, illness and disease. It is the imbalance of the flow of energy from our soul and that which we return that is the underlying cause of all identified illnesses, maybe all 10,000 or more so far catalogued.

In our senior years, many of us are said to be losing our memory and awareness of what may be unfolding around us. Nevertheless, we each will remember everything that is imposed upon us and what unfolds for us. This is recorded within our spirit body and soul's memory. Everything throughout every moment of our life is recorded, never to be lost.



It is only when we heal our erroneous beliefs and emotional injuries through our personal Feeling Healing that we will 'forget' the pain and suffering that we have had imposed upon us throughout our life, from conception to death, by those who sort to control us and impose their will upon each of us and our ongoing repression of our childhood suppression.

NOTHING IS EVER FORGOTTEN

COMMERCIAL IN CONFIDENCE

Beliefs suppress TRUTH

Dis-ease is of Disharmony with TRUTH

Mental Illness is of CHILDHOOD SUPPRESSION

Perceived level of truth MoC 1,000

FEELING HEALING

embraces the healing of both

Disharmony with TRUTH

and

CHILDHOOD SUPPRESSION

and with Divine Love we are embracing

our

SOUL HEALING

The whole human race is suffering from repressed childhood and mind control.

At the moment just prior to conception, we are in a pristine condition, our soul is in a perfect natural love state and our now forming embryo is also in a perfect physical state. Conception takes place and the fire hosing of our parents' emotional injuries and erroneous beliefs begins unloading upon us. Incarnation takes place 16 days later when the foetus begins pumping blood.

By the time we are six years of age, just prior to the arrival of our Indwelling Spirit, our soul condition is reflecting the level at which our parents are at. If our parents' soul conditions are different, then we will be reflecting the level of one or the other parent. This is easily ascertained by using kinesiology muscle testing in the manner that Dr David R Hawkins has published, in conjunction with his Map of Consciousness (MoC).

This is how humanity remains stagnant for generation after generation. We become the level at which our parents are at and then we go on and do the same thing to our own children.

Suppression of our true personality throughout our early childhood forming years by our parents is possibly the greatest crime of all. We now can abandon this entrapment by Living Feelings First and then also embracing Feeling Healing, and in particular Soul Healing with Divine Love.

Presently, our life is one continuous suppression of our true personality by:

1. Our physical parents and carers throughout our early childhood.
2. Schooling, our teachers through pre-school, primary, high school and higher education.
3. Our spiritual and religious teachers of all denominations.
4. Our employers in all forms. None more severe than military service.
5. Our government at all levels; local, state and federal.

The people of United States America presently calibrate overall at **405** on Dr David R Hawkins' Map of Consciousness. While they continue in this manner, as they have done so in the past, this may remain their state for the coming centuries.

It is now possible to introduce a pathway to vibrancy, spontaneity and truth – this is the agenda herein!

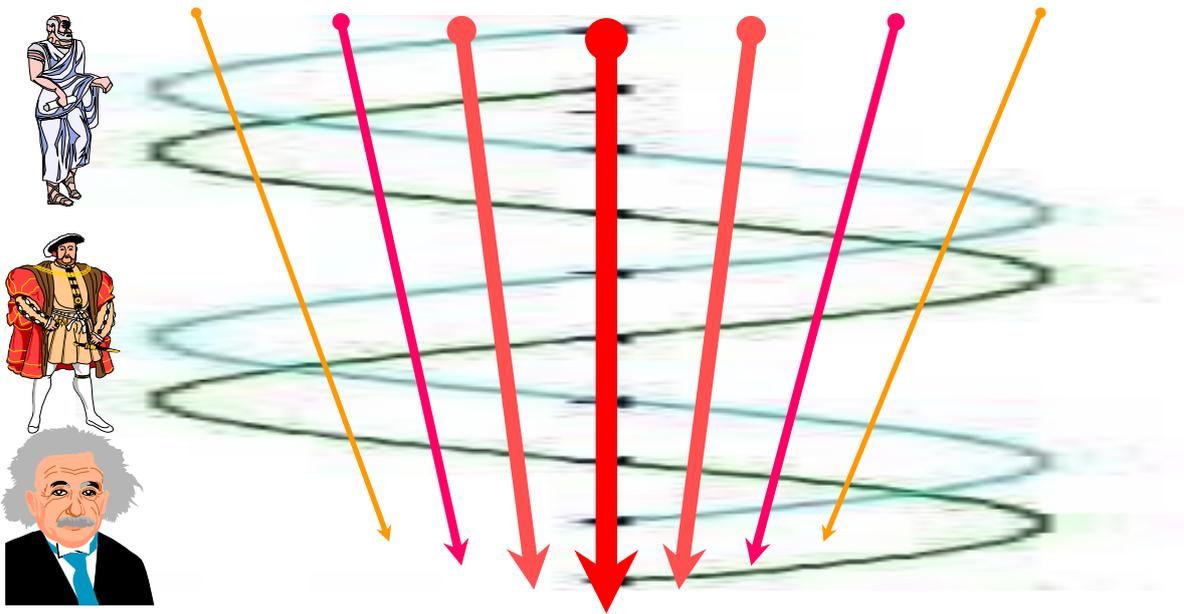
United States life expectancy: 79.05 years (2022)

American **men expect to live an average of 76.1 years, while women expect to live an average of 81.1 years**, a five-year difference.

United States median age: 38.5 years

generations

OUR BLOCKED EMOTIONS FLOW DOWN FROM GENERATION to GENERATION:



Childhood illnesses, and illnesses of baby within the womb, stems from blocked emotions passed down from generation to generation, resulting in malfunctions in the foetus.

We are a product of all that has come before us.

Our own soul condition is reflected in our children.



To assist baby, as well as our self, work and pray to express our blocked emotions.

Clearing our negative emotions – Feeling Healing – grows our soul condition as well as that of our children.

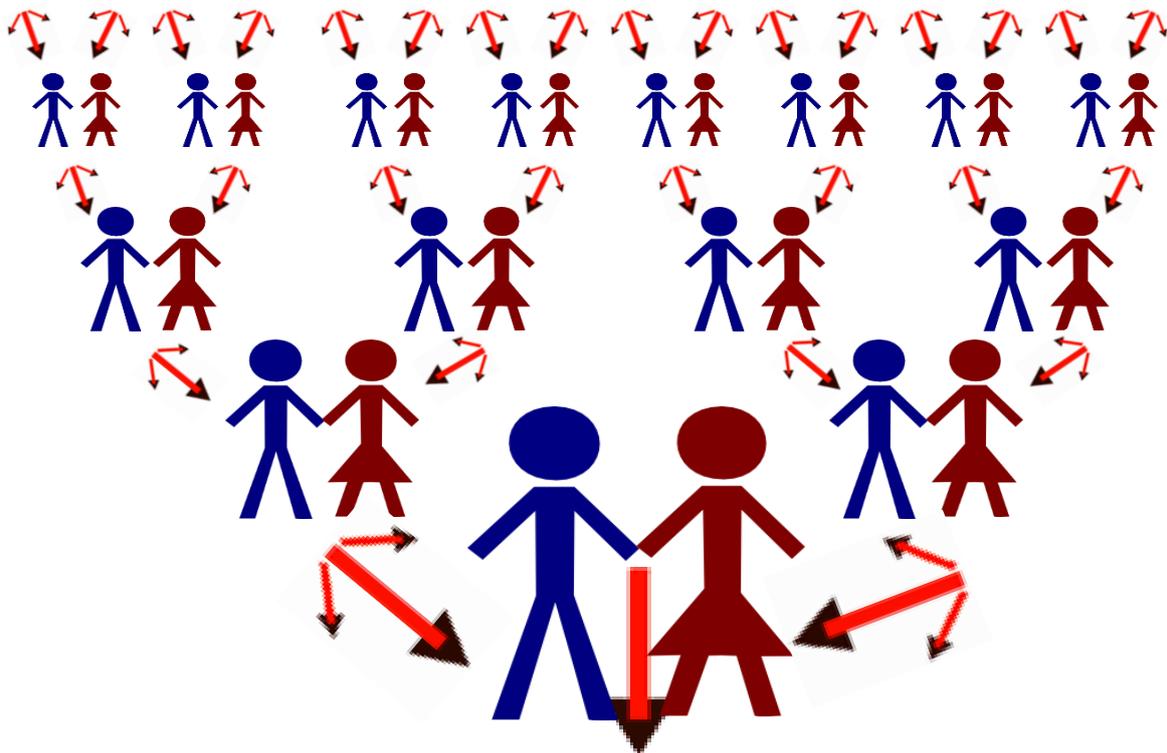
Baby’s body, when conceived, is always perfect. Their soul condition is also perfect.

GENERATIONAL TRANSFER of EMOTIONAL BLOCKS and INJURY:

As children we are conceived taking on the denial of the seven Mansion Worlds which is passed onto us though our parents and carers. We absorb our parent’s emotional injuries and their soul condition, which can typically reflect more of one or the other parent, however both parents input is of equal importance. As children we continue to mirror our parents’ soul condition until we leave home. When we decide to heal our childhood suppression and ongoing repression, we then have to systematically work through all seven worlds of feeling-denial, healing all the unloving influences from our parents. This is doing our Feeling Healing.

In turn, we are a reflection of our parents’ soul condition, and their parents’ soul condition and so on back through the generations. We can break this cycle by working on our own soul condition, feeling our emotions and expressing our fears and blockages while seeking truth.

These emotional blockages and injuries frequently manifest in our children as illnesses, even before birth or shortly there after. It is the accumulation and combination of issues held by past generations that insidiously manifest as life threatening illness episodes within unborn and new born babies. Parents through their own healing can lift illness from their children! Thus, to assist our children, we must firstly resolve emotional issues within our selves. General emotional injuries or blockages manifest as various health issues. Thus, an illness episode or pain can be generally related to parents’ emotional issues.



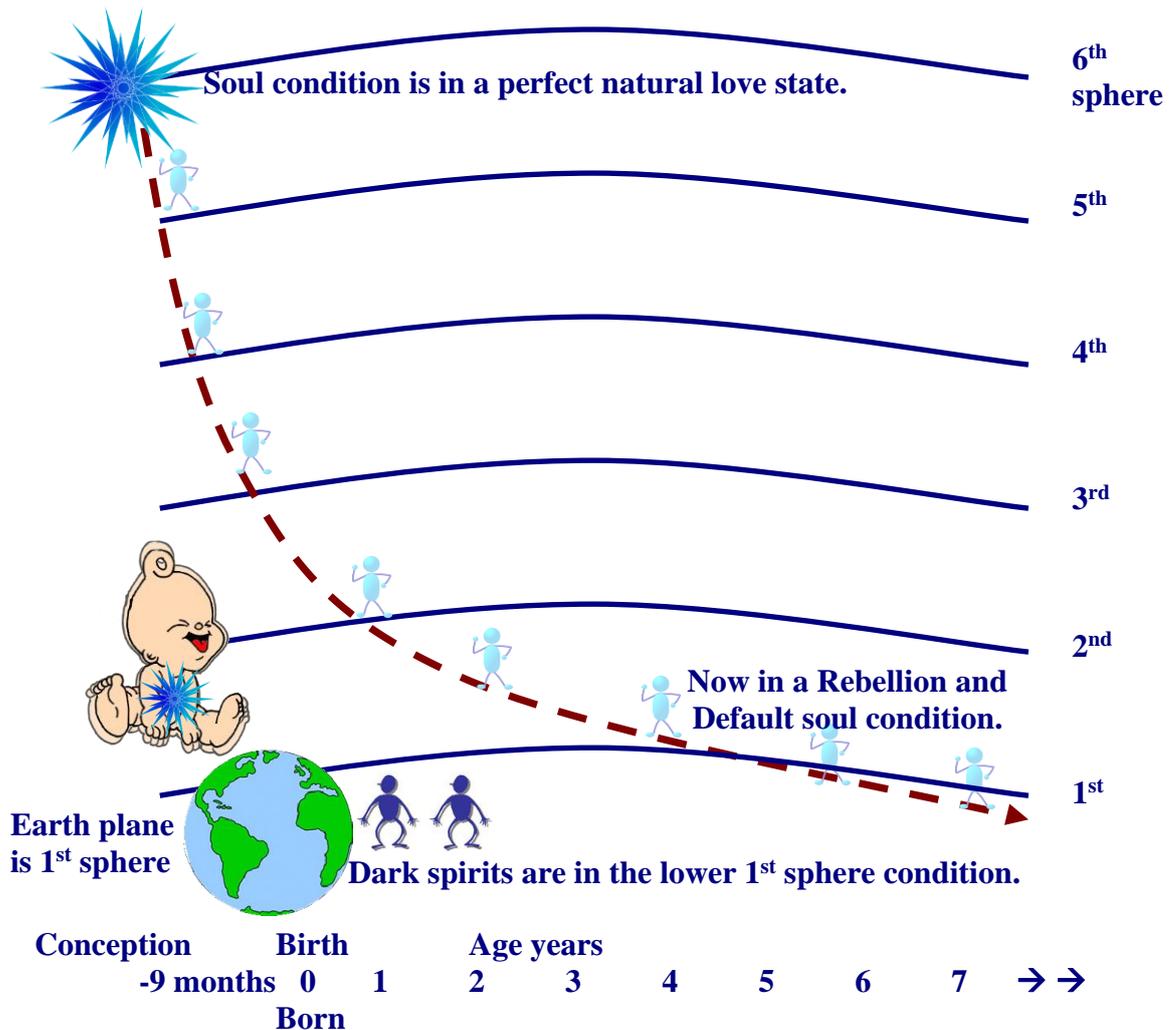
SOUL CONDITION of BABIES are SUPPRESSED to that of its PARENTS!

A newly incarnated soul is immediately being infused with the emotional injuries of those in its environment, that is, the damaging emotions and erroneous beliefs of its mother, its father and of those within its family environment.

This process continues until the child reaches around the age of six, then it tends to develop its own way from then on, however, closely aligning itself with a parent or both parents. Kinesiology testing of Map of Consciousness confirms this suppression progress. Conception can be likened to facing a water cannon for the child!

Poor condition spirits may have previously connected with a young child should the environment be conducive for such a relationship. However, on 22 March 2017, all such spirit connections became blocked. A spirit cannot harm another personality.

We, as parents, can work on our own soul condition, through feeling healing, which in turn benefits the baby. We can also ask and prompt spirits to seek help from brighter spirits from within their own environment.



OUR INDUCTION into PHYSICAL LIFE:

At our conception, we are welcomed by a relentless infusion of errors and injuries, unknowingly, carried by our parents and carers!



Our physical parents do not realise that even before our incarnation we have taken on board their combined emotional errors and misbeliefs. We are now suffering their pain!

We are conceived perfect. Our childhood illnesses, deformities and personality distortions are all a cocktail of their injuries. The onslaught is so great that worldwide around 50 million miscarriages occur annually.

Only by embracing Feeling Healing will miscarriages, deformities, childhood illnesses and abortions abate worldwide – and then childhood delinquencies will also abate.

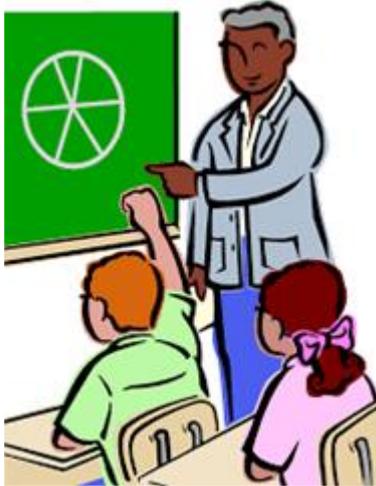
COMMERCIAL IN CONFIDENCE

WE ENDURE FOUR LAYERS of PERSONALITY SUPPRESSION!



Unknowingly, our parents pass onto their children (us) their beliefs and way of living that has evolved since the Rebellion, some 200,000 years ago, and then the Default, some 38,000 years ago. In this way, humanity is suppressing the female, rejecting our Spiritual Parents, namely Jesus and Mary, and denying our Heavenly Parents being our true Mother and Father, of Their truth, standing and existence.

The Rebellion is against love, the Default is all the difficulties we have in our relationships because of our rebellion. Healing the Default is becoming true, to ourselves and in our relationships, and ending our unlovingness – our rejection of love, so ending the Rebellion. Nanna Beth 29 June 2017



We are souls, our personality is an expression of our soul. It is our free expression of our soul through our feelings that we are to embrace and follow. This expression may appear to be wilful in nature, from time to time, and consequently our parents’ attempt to suppress this expression. They proceed to remodel us when as young children, in the manner their parents treated them and so on for many generations going back.

During our forming years, as a child, we are unable to recognise the suppression of our personality as being extra-ordinarily harmful to our soul based personality and, accordingly, we don’t know that things can be any other way. Presently, neither do our parents.



This childhood suppression way of living continues throughout our schooling years, thus we learn this is a way of life that is normal.

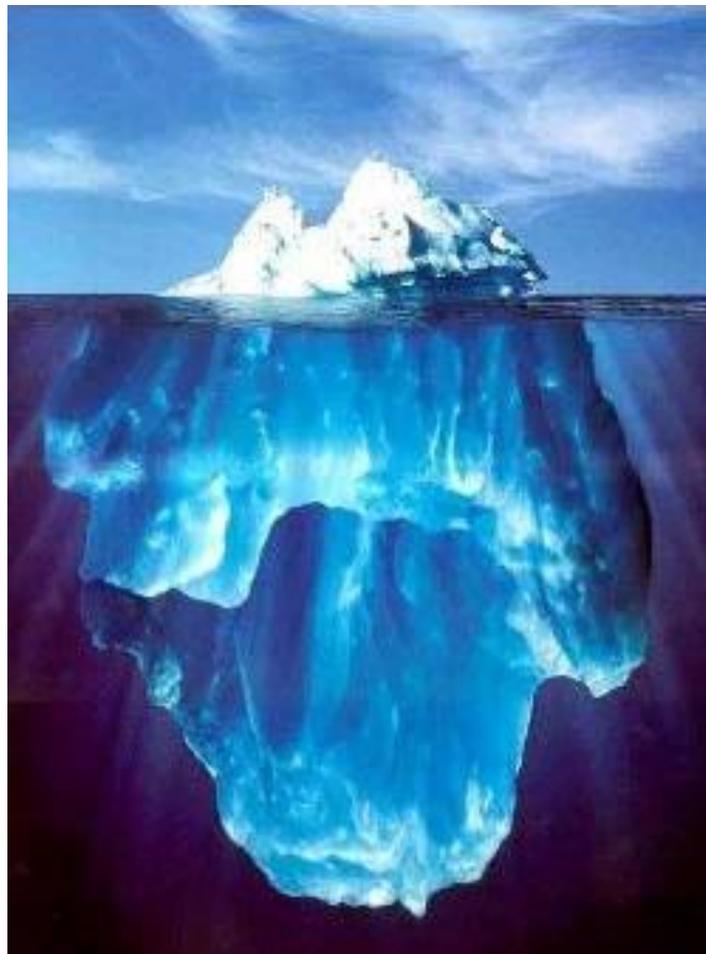
Our religions all have been formed based on the tenets of the Rebellion and Default. The teachers and leaders throughout all denominations take us further away from our suppressed feelings that have been hammered into us during our forming years, thus entrenching us further into rejecting our true selves.



The controlling and suppression mechanisms of our parents, educators and spiritual teachers all manifest throughout all of commerce. This control comes heavily and brutally down upon all levels of employment. The capability to express one’s soul based attributes and gifts is sealed throughout all of one’s working life.

A new way of living is to enable the liberation of one’s true personality through the Feeling Healing process AND the transfer of authority to the individual via embracing freedom of expression.

If a girl spends only 2 years at school, she is likely to have more than 7 children. If she spends 6 years at school, she is likely to have around 4 children. If she spends 12 years at school then she will have only 2 children. World poverty is best averted by the tool of education in the first instance.



Symbolically, the iceberg is a good representation of the undiscovered potential in all of us.

How many nurses are needed?

<https://www.qualtrics.com/au/experience-management/industry/nursing-shortages/?rid=ip&prevsite=en&newsite=au&geo=AU&geomatch=au>

The International Council of Nurses estimates there is a [current global shortage of 5.9 million nurses](#), with the potential for the number to [rise to 13 million by 2030](#). In the US alone, the Bureau of Labour Statistics expects to see nearly 200,000 vacancies for registered nurses each year as the industry faces mass resignation.

Why is there a nursing shortage?

The reasons for the nursing shortage are complex and multifaceted. In this post, we'll focus on 5 of the main factors affecting the nursing shortage:

- Lack of nursing education resources for training new nurses
- A record number of nurses getting ready to retire in the next decade
- Burnout and stress related to the pandemic and general working conditions
- Staff nurses transitioning to more lucrative travel nurse roles
- Nurses feel their jobs are changing rapidly and often for the worse

Lack of educational resources

Potential nurses run into roadblocks before they even enter the workforce. Schools are citing a lack of qualified nurse faculty and budget constraints as primary reasons for turning away aspiring nurses. In 2019, US nursing schools turned away over [80,000 qualified applicants](#) due to nurse faculty shortages and insufficient resources.

The [American Nurses Association estimates](#) that more registered nursing jobs will be available in 2022 than any other profession in the United States. At this point, nursing schools are not keeping pace to meet the demand. That problem will only worsen in upcoming years as the nursing shortages intensify.

Additionally, schools do not seem to be preparing nurses properly for entry into the workforce, with some estimates reporting that between [30-57% of nurses quit](#) their jobs within their first two years of employment. New nurses often cite workload, scheduling, and lack of resources to meet their patients' needs as reasons for leaving.

High turnover rates among new registered nurses, combined with a lack of resources for prospective nursing school enrolment, lead to the current situation where there are not nearly enough nurses entering the workforce.

200K to 450K Nursing Shortage Expected by 2025 Without Action

<https://revcycleintelligence.com/news/200k-to-450k-nursing-shortage-expected-by-2025-without-action>

Low projected rates of new nurses along with increased patient demand related to COVID-19 and an aging population are expected to exacerbate the nursing shortage by 2025.

8 June 2022

The country (United States) may see a nursing shortage of between 200,000 and 450,000 registered nurses (RNs) by 2025 if healthcare stakeholders and federal leaders do not take action to address the dwindling workforce, according to a report from McKinsey & Company.

McKinsey's latest data reflects responses from 710 frontline nurses and 156 healthcare professionals providing direct patient care.

Healthcare providers continue to face workforce shortages and operational challenges that were exacerbated by the COVID-19 pandemic. In addition, patient demand will likely rise in the coming years due to the country's growing and aging population.

Researchers estimated that the US will have a 10 to 20 percent nursing gap by 2025 as the number of patients needing care exceeds the number of nurses. The RN supply could potentially see a low of 2.4 million, while the RN demand could be a low of 2.8 million nurses.

The country would have to more than double the number of new graduates entering and staying in the nursing workforce every year for the next three years to meet this demand, according to McKinsey.

The projected nursing shortage could improve or worsen depending on how the industry responds to the crisis.

For example, the number of nurses needed would decrease by about 25,000 for every 1 percent expansion of capacity achieved through new care delivery models, technology-enabled productivity tools, or alternative care sites, the report stated. On the other hand, the shortage could worsen by around 30,000 nurses for every 1 percent of nurses that leave the field.

Between 2017 and 2021, the RN turnover rate increased from 17% to 26%. According to separate data from McKinsey, 29% of RNs reported that they were likely to leave direct patient care as of March 2022. Among those RNs, 15% intended to leave the workforce altogether.

The rate of new nurses coupled with the retirement rate will likely be a substantial driving factor behind the nursing shortage, the report emphasised.

Between 2016 and 2019, new registered nursing licenses grew by 4% each year. The growth rate in 2020 was only about 1% due to the pandemic. After applying pre-pandemic nursing license rates, assuming the percentage of RNs in direct patient care roles is constant, and presuming the retirement rate will remain at 3% per year, the rate of new nurses would still be below demand.

The prevalence of COVID-19, long COVID, and chronic conditions in an aging population are projected to increase patient demand for nurses. The country is expected to see a 1 to 12 percent increase in inpatient hospitalisation days in 2025, according to the report.

In addition, older adults with chronic conditions increasingly sought care in ambulatory and outpatient settings, with visit volumes at these care sites expected to grow.

The report presented several actions healthcare leaders can take to help address the nursing shortage.

Organisations should work on attracting more people to nursing roles to increase the number of new graduates entering the workforce. Educational institutions could promote traditional nursing paths, encourage allied health professionals to consider nursing, or identify and train new sources of talent.

To support this encouragement, institutions would have to **increase the number of academic and clinical spots for nurses**, the report noted.

“To increase the number of spots, higher education institutions could increase resources and healthcare providers could find ways to support training while still often managing their own staff shortages,” researchers wrote.

New care delivery models could also help address the workforce shortage by reducing the burden on nurses and maximising their time and energy.

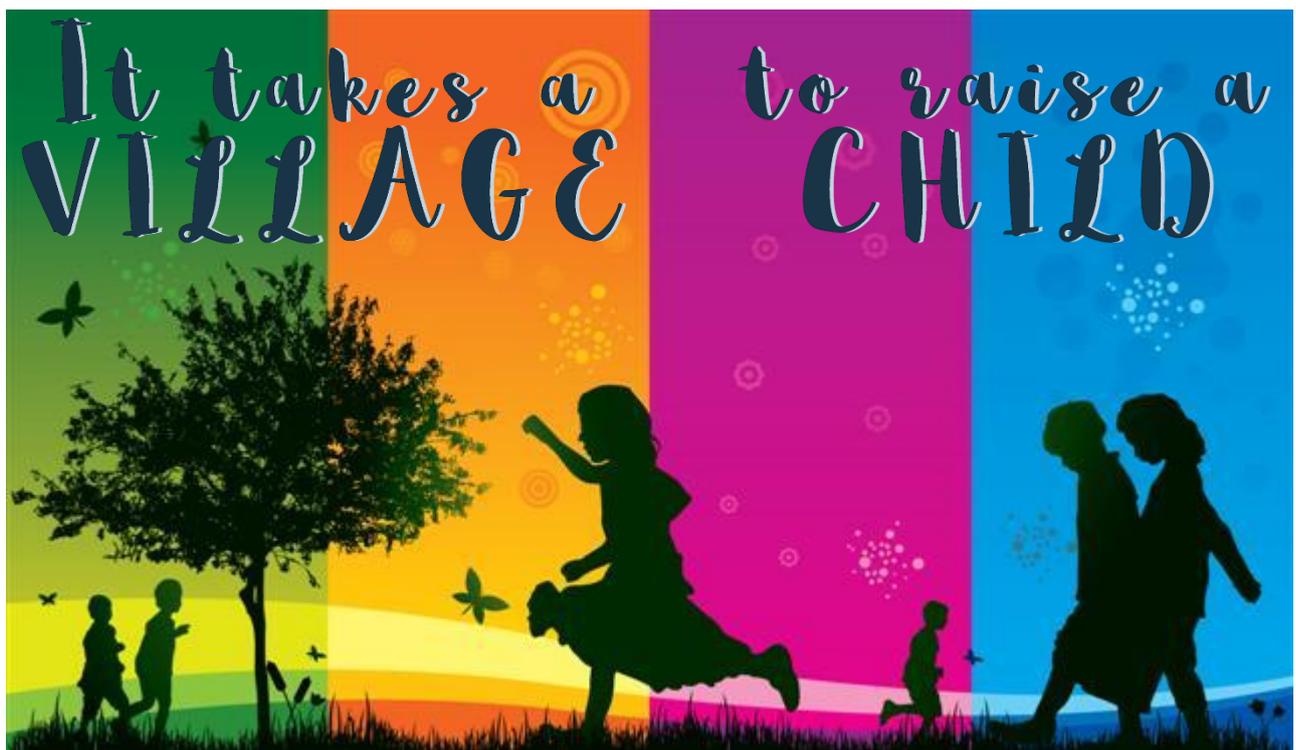
Additionally, healthcare providers could leverage analytics and artificial intelligence to improve workforce planning efficiency, the report suggested.

Federal and state governments should also take action to help address the projected nursing shortage. For example, public officials could launch educational campaigns that highlight the benefits of nursing. Governments could also develop financial incentives for current and prospective nurses, such as tuition reimbursement, student loan forgiveness, or additional financial support, the report concluded.

PASCAS FOUNDATION may consider:

- Each child is a lifelong engagement, certainly interaction is ongoing to age 28 years.
- The child is to be listened to, to be encouraged to ‘talk it out’, to express itself.
- Carers are to have long term association with the child – as long as possible.
- Consideration of support in physical and financial ways is to be equally available to the carer(s) as well as the children.
- The child is a unique personality and it is that personality that is to be nurtured and allowed to bloom.
- We are not to impose our will upon the child, we are to allow the child to discover and teach us who they truly are.
- We are each on a never ending journey of learning and being educated – mostly through our experiences.
- Thus, education opportunities are to be supported throughout each and every facet of the child’s life.
- The comforts and conditions of lodgings for the child is to be representative of what we expect and embrace within our own homes. Lodgings are to be warm and secure with all the appropriate comforts that enable a child to experience and for them to express themselves as we would welcome.
- All that we would desire for ourselves is to be available for the children and their carers, with all the security and potentials that we embrace.
- Fresh is best – home cooked meals are always the benchmark when it comes to our own nutrition.
- These hallmarks of support may be impossible to quantify as every child is different, every situation is different, every environment is different and the carers who bring their love, time, energy and support are as equally different. This is how it is within every family.

So, as institutions open to the possibilities of The New Way through engaging with Pascas Foundation then we will all discover what is required, what is involved and how this may unfold.



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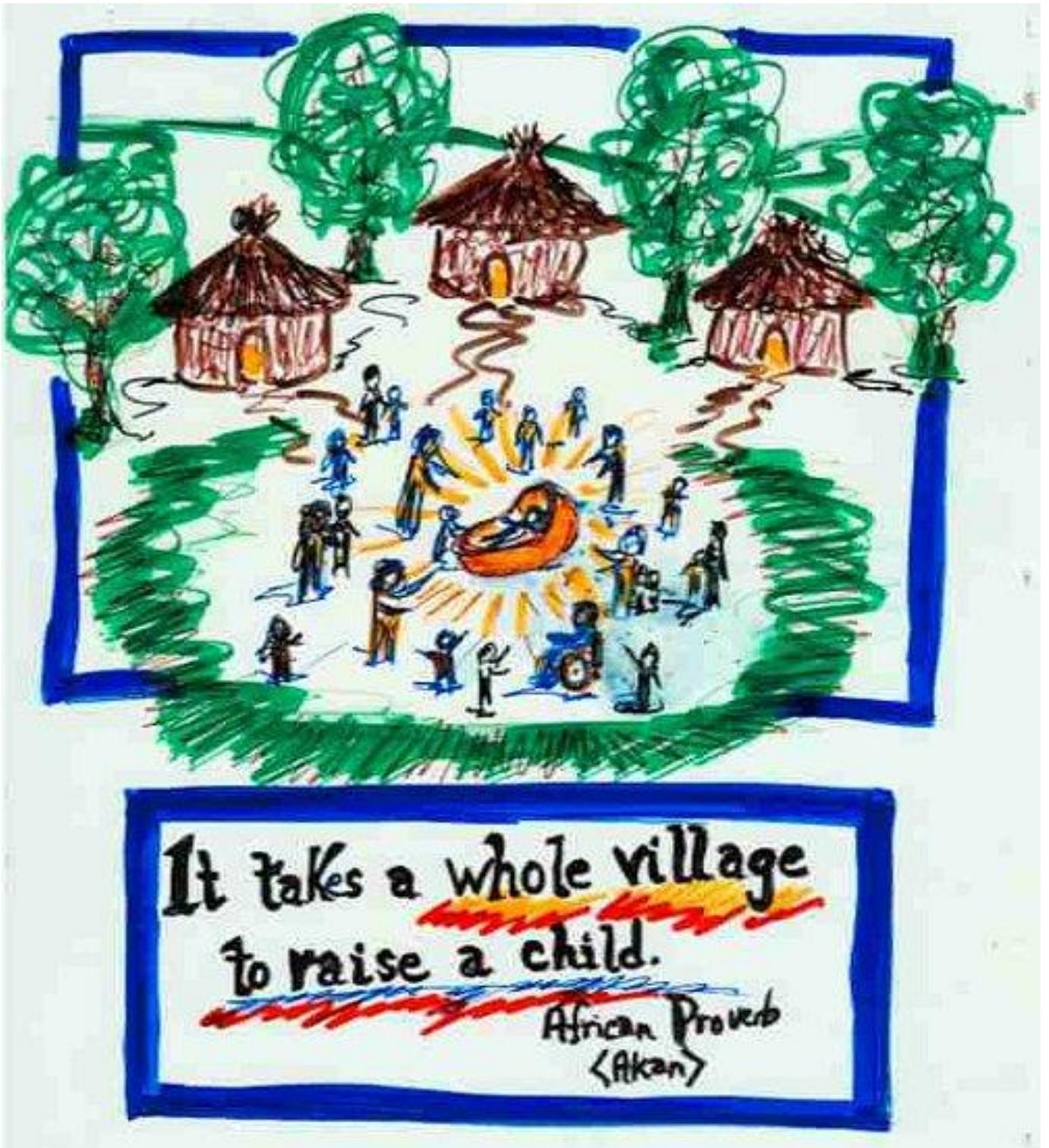
VILLAGE RAISING of a CHILD vs Corporate CHILD CARE

Governments may perceive that income generated (and their taxes) by parents while having their children ensconced in a corporate child care centre is beneficial for the nation. Please consider this:

- The child and children, when at child care centres, are being deprived of their direct interaction with a parent or both parents in the time of its life it needs them the most.
- Ask yourself, who hurt me the most when I was a child? Being abandoned is lifelong harm.
- Being abandoned is a crisis for a child that NEVER heals! Five minutes lost in a supermarket barely matches the trauma of being left all day amongst strangers at a child care centre.
- We say, the child will get over it – we even tell the child to get over it! It does not and WE do not.
- By suppressing the child's personality we are entombing it into a lifetime of trauma. We brush all this off because that is what our own parents did. Our life long dramas are consequently repeated by the child in its adult life. We are fixing our children to never ending treadmills of our making.
- Until we personally begin to heal ourselves of our own childhood suppression then we are ensuring our errors and injuries are absorbed and repeated by our own children.
- We are to express our feelings – both good and bad. Yet we ignore our children when they wish to talk and express their feelings. Many of us were told to be seen and not heard.
- We are to listen to our children – not hide them in child care centres.
- We are to listen to our neighbours, to our community – and they to us. We are to express our feelings to each other – that is how we begin to heal our childhood suppression.
- Consider the vast array of distractions we each have accumulated – TVs, laptops, mobile phones, movies – look at how most of these do not involve interaction and communication with people.
- We pass these all onto our children – so they do not even communicate with each other.
- Suddenly, all of humanity is awash with mental illness.
- What is mental illness? It is the imbalance of light returning from our physical being back to our soul thus bringing about distortion in our overall light energy. Should we begin to express our feelings, both good and bad, and long for the truth behind our feelings, then we will begin to bring that light back into balance and heal ourselves – and our children at the same time!
- The Village Community way of bringing a child up is also a healing way of living. We are to collaborate as a community and in collaboration we are to dialogue, discuss and express our feelings between each other. We are to be true to ourselves. In this way we are healing ourselves and bringing up our children appropriately in a village format – a small community.
- Should a Child Care setting be part of a small community / village arrangement then every child in the care of the centre should personally know, each day, at least one of the adult supervisors due to the child's extended family interactions prior to attending child care.
- An appropriate Child Care setting may be seen as having one parent of say five children in attendance each day. That is, during a five day week, even though the attending parents are rotating, the child may have a close relationship with one of the supervising adults each day.
- In this way, the governments will find their long term national medical costs being reduced as healing of the community unfolds and mental health issues abate. This will extend into the policing, courts and prison systems as well as all aspects of social service.

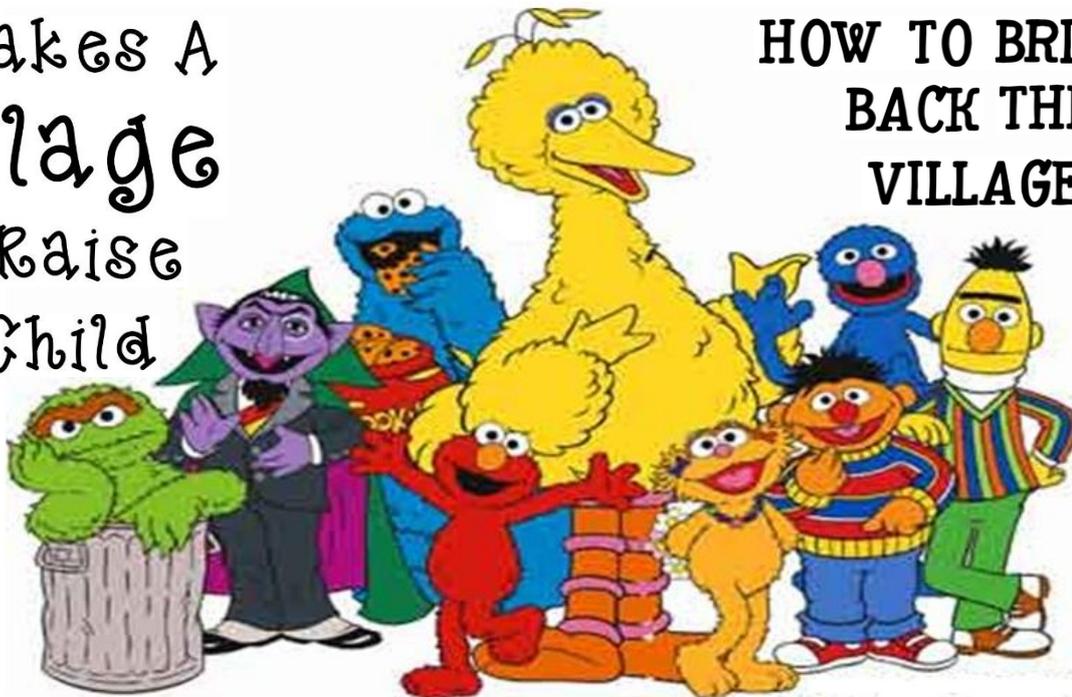
Corporate child care systems have become long term problematic for all of humanity.

COMMERCIAL IN CONFIDENCE



IT TAKES A VILLAGE TO RAISE A CHILD: HOW TO REBUILD THE VILLAGE!

It Takes A
Village
To Raise
A Child



HOW TO BRING
BACK THE
VILLAGE

A friend asks; Is the village gone? That utopic place where neighbours are available to drop in at a moment's notice to watch our kids while we go to our dentist appointment. That dream world where our new baby is greeted with dish after dish of home-made fresh meals? That magical place where strangers help us to load our groceries into our car?

It's so hard when we don't have a ready-made village. Even harder when we live far from family. That is fine until we have kids. All of a sudden, our cosy little home feels like a deserted island.

Raising littlies is hard. Hard on the body, hard on the emotions, really hard on the marriage. And babysitters are expensive! And child care centres even more so!

People weren't designed to do this parenting thing alone. What do we do, then, when we live in an individualistic community and don't have free babysitters (aka family) nearby?

HOW TO BRING THE VILLAGE BACK

1. REALLY SEE THE PEOPLE AROUND US.

To bring back the village, first we need to be cognisant of the people around us. Crying babies are hard to ignore, but people do it all of the time. Even if the situation is not so obvious, there is always someone who is crying out for help. The first step we need to take is to see them.

2. MAKE THE FIRST MOVE TO HELP.

She continues: While on a flight, I saw an exhausted mama and heard the pitiful baby. I remembered those days. Those evenings with our first colicky baby when it seemed that *nothing* would stop his cries. It would

be so easy to leave them alone and let them handle it, the mother, father and grandmother, but how would that benefit the village?

With a sigh, I took off my headphones and put away my book, I relinquished my evening of blessed solitude on a flight. Tapping the grandmother on the arm, I asked, “Do you think she’d like me to try to soothe the baby? I could hold her for a while.”

She replied, “Oh, the dad is right in front of her. He can hold the baby if she needs a break. Plus, this baby... she won’t go to anyone but her mom. I know it’s hard to hear – I feel bad, too.”

In the individualistic era that we live in, people are reluctant to ask for, or accept, help from strangers. It’s up to us to not only see the situation, but to have the courage to step up and offer help. If it’s brushed aside, it may be time to move to step 3...

3. PROVE YOUR SINCERITY BY FOLLOWING UP.

It would have been SO EASY to put my headphones back on at this point. *Well– I did my duty and they don’t need my help (pats self on back).* But, did I really? How many times has someone offered something to you, but you felt they only did it to be nice, so you refused? More often than you can remember, I’d wager.

People can be so damn polite, never saying what they really want or need. My gut told me that I should ask again.

“Well, I had a baby like this,” I told the grandmother, “and I may know a few tricks.”

“Really???” She immediately leaned across the aisle and relayed my words to the tired mama. About 0.5 seconds later, the baby was scooted across the aisle into my arms. That’s how you know that you are in the company of a parent of a colicky newborn.

However, had I not proven my sincerity by offering a second gesture of help, they would never have asked.

We’re starting to get a little out of our comfort zones here, opening ourselves up to rejection and even judgement. Vulnerability must precede change, though. For the village to return, we need to practice some openness with acquaintances and strangers.

4. PUSH PAST THE BOUNDARIES OF YOUR COMFORT ZONE.

Going back in my mind four years to my eldest newborn period, I asked for a blanket and tightly swaddled the 3-month-old baby girl. I sprang into action with the 5 S’s from Dr. Harvey Karp’s – **swaddle, side-stomach position, shush, swing and suck**. (Well, 4 S’s, to be exact, since they said she didn’t have a pacifier / dummy.)

IT TAKES A VILLAGE
to raise a child



**HOW TO BRING BACK
THE VILLAGE**

*It takes a
village to
raise a child....*



I don't know about you, but if I hold a baby that is not my own and it starts crying, I'm pretty quick to hand it back. No one wants to be responsible for someone else's crying baby.

This poor baby was so worked up at this point that she just looked at me in terror and continued screaming. My rational mind said, "It takes time. Her fight-or-flight response is in full control right now, and it will take time to calm her down." My safe side screamed at me, "WHAT ARE YOU DOING? YOU HAVE AN AUDIENCE NOW, AND YOU ARE CONTINUING TO ROCK A SCREAMING BABY THAT IS NOT YOURS!"

It almost won out. I almost handed her back. But I knew that I should keep going. I knew that my tricks would work once the cortisol left her system and her little body calmed down. I kept going, swaying and shushing until my mouth was dry. Little by little, I could feel the muscles relax, the little shudders of surrender. She was falling asleep, but wasn't there yet. Every so often she'd tense back up and look around wildly, but would calm again with the continued shushing.

After ten or fifteen minutes, she was in a sound sleep. I held her for another thirty minutes while the exhausted mom slept. Then she nursed her and handed her to the dad, who held her the rest of the flight, looking like he was scared to move a muscle. I bet he was. The whole family was amazed and so grateful. **I felt like a superhero.**

It's so easy for us to stay silent. That silence may stem from feelings of inadequacy, fear of reprisal, fear of vulnerability, or even selfishness. This whole incident only took only minutes out of my day, but it meant the world to this family.

More than the time, it took courage to step out of my comfort zone and offer the help. To take back the village, it will take courage. It will take reshaping the societal norms of how we interact with others. It will take – God forbid! – putting down our mobile phones and really seeing the people around us.

It will take a village. But it can start with each of us.

This personal experience illustrated how we can see opportunities to reach out to others. What if we are the one who needs help? What if we are lamenting that the village is gone, and we are struggling so much?

5. DON'T BE AFRAID TO ASK FOR HELP.

When I had a two year old and a newborn, I had a frustrating splash pad experience when I was obviously struggling to help my toddler change his clothes while my baby screamed. I was surrounded by other parents, and not one made eye contact or offered to help.

I posed the scenario to my Facebook friends, and the responses were enlightening. Many moms stated that they felt uncomfortable offering help because when they had, they were met with suspicion, as if they had ulterior motives for asking.

As we talked about the airplane story, it takes courage to offer help to a stranger. We have no idea how they will respond, and that's an uncomfortable feeling. If we are the one needing help, don't look at the people around us as if they are unfeeling bastards, self-absorbed to the point where they don't care what we are struggling with. Maybe they see us and empathise, but they are scared to step into our personal boundary and out of their comfort zone. Ask them. Give them the permission to help you. You just might be surprised.

REBUILDING THE VILLAGE TAKES A VILLAGE

It won't happen in a day. It won't happen with just one person. The butterfly effect holds true, though, and every little positive action will ripple outward. See people. Be courageous. Ask for help. Be the village.

CHILD CARE CENTRE EXPERIENCES and OBSERVATIONS:

“I was a terrible Mother, I would leave my children with anyone who was willing to look after them just as long as I could do what I wanted to do, they got in the way, I shouldn't have had them. All I wanted to do was give them away. I was a fake Mother, I put my business and social time way before my children, I feel so sorry for my Children now, they were too young to remember most of it but the damage shows itself to me constantly that I can hardly bear to look and see the truth of what I have done to them because of my terrible, selfish parenting.”

People will say child care is vital in their lives, if they don't have child care then they can't go to work and nothing will get paid for but it is terrifying for the child to get dropped off with strangers.

“I remember it as a child. It was before my parents moved us to Africa so I must have been 4 or 5 and just starting school, shit the terror of those first few weeks. I ran away constantly because the huge building and the people were strangers to me and mum was nowhere to be seen, I had no idea what was going on, why was I here? Where was mum? I won't ever see her again!! I really believed that every time she dropped me off I would not be seeing my family again and it is all so vivid even though I was so young, the trauma is still with me.”

“My sister has only just recently stopped working as a Child Care Centre manager in Essendon, a suburb of Melbourne in Australia. She often spoke of traumatised children being left with her at the centre while their parents had to go to work, their kids screaming for them not to go and the parents being worried that they will be late for work. It is all about the parents and the child just has to comply, do what it is told no matter how traumatic it is for them, they should be with the parents, **they should be put first**, above money, above jobs, above nights out but how can adults who weren't cared about as children, care about their children!!”

I know the damage it did to me, John, at such a young age, all I wanted was my mum. I now see the damage it has done to my children, when all they wanted was me and I couldn't give myself to them in the way they needed, I didn't want to be with them, i wanted to carry on my life as if they weren't in it. It feels terrible to say it but it is true. It was just all about me!

“My sister would say that she felt used most of the time, the parents were very rarely appreciative and would send their children in to day care with all sorts of illnesses, just as long as they could go to work and carry on their lives, willing to pay very high fees just as long as their children didn't get in the way of their lives. Child care wouldn't exist if parents were willing to stay with their children and look after them, there would be no need for it but we have created lives that need both parents to work, to keep our heads above water with all the things we need to pay for. Child care just helps us as parents to continue our evilness and rejection of our children, lets us continue to put ourselves and our jobs, Money and social lives above our children. If we really cared we would **put our children first** and there would be no question about wanting to stay home and bring up our children but we don't care. What we do care about is carrying on our lives as if our children didn't exist so Child Care Centres help us do that and we will pay dearly for it.”

FEELING HEALING directly benefits the PARENTS’ CHILDREN:



Parents’ baby from conception through to age 6, 100% benefit, age 14 – 75%, 21 – 50%, 28 – 25%. Prior to conception we are in a perfect Natural love state. By the time we are age 6, we are then reflecting the consciousness level of one or the other of our parents. As they heal their Childhood Suppression through Feeling Healing, they are directly healing us, their children, subject to our age – maturity.

Only through Feeling Healing which can be readily introduced through all education and health systems and services, will we cure our Childhood Suppression.

| Consciousness Calibrations Worldwide | |
|---|---------------------------------|
| Level of Consciousness | Percentage of population |
| 600 + | 1 in millions |
| 540 + | 0.4% |
| 500 + | 4% |
| 400 + | 8% |
| 200 + | 22% |
| 200 - | 78% |
| World wide average | 220 |

All the social ills of society are frozen into generational transfer. This can only be mitigated through Feeling Healing, and even then it will require generation after generation to advance the progress and lift the overall consciousness levels of humanity, from 220 to the 440s at least!

| Correlation of Levels of Consciousness – Soul Condition – and Society Problems | | | | |
|---|-----------------------------|------------------------|------------------------------------|----------------------------|
| Level of Consciousness | Rate of Unemployment | Rate of Poverty | Happiness Rate “Life is OK” | Rate of Criminality |
| 100 - 200 | 50% | 22.0% | 15% | 50.0% |
| 50 - 100 | 75% | 40.0% | 2% | 91.0% |
| < 50 | 95% | 65.0% | 0% | 98.0% |

POTENTIAL to BENEFIT your CHILD through our own FEELING HEALING:

This steps down each seven years as the child matures



From conception to age 6 or 7
From 8 to age 14
As we heal, we directly heal our children similarly.
From 15 to age 21
From 22 to age 28

The Indwelling Spirit arrival for the child around age 6 or 7 starts their independence.

PASCAS COUNSELLOR CARERS:

The optimum ration is considered one accredited counsellor carer per ten adults. With regards to children then one accredited counsellor carer per ten children with six adults in the family units involved around the children.

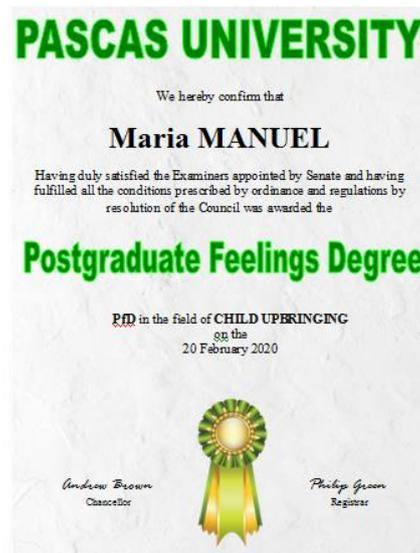
Postgraduate **Feelings!** Degree Pfd

Pfd being in the field of SOCIAL WORK – LIVING FEELINGS FIRST.

Equivalent to Counsellor Social Worker certificate level IV + Pfd.

Kindly consider reading: www.pascashealth.com
then proceed to Library Download:

- Pascas Worldcare Supporting Hands
- Pascas Care Letters – Family Shelters Abuse & Remedial
- Pascas Care Letters – Family Shelters Overview
- Pascas Care Letters – Family Shelters Protection
- Pascas Care Letters – Family Shelters Social Housing
- Pascas Care Letters – Family Shelters Support Centre
- Pascas Care Letters – Family Shelters towards Liberation
- Pascas Care Letters – Root Cause now to Pathway Forward
- Pascas Care Letters – Root Cause now to Pathway Forward (short)



It is imperative that ongoing contact with the children is lifelong. That is, there is benefit of being a confident and supportive relationship through to the age of 28 years. As we personally embrace our individual feeling healing, this also indirectly benefits children under our care through to the age of 28 years, the time of their first Saturn return. As we evolve and progress through Living Feelings First and Feeling Healing, we benefit the children under our personal care even though this progressively diminishes every seven years (100% to age 6, 75% to age 14, 50% to age 21, 25% to age 28, and then they are on their own so to speak).

The more carers that are involved with a child then the more confusing it is for the child, thus leading to complications, stress, fear and loss of confidence, self-esteem and rejection of all involved.

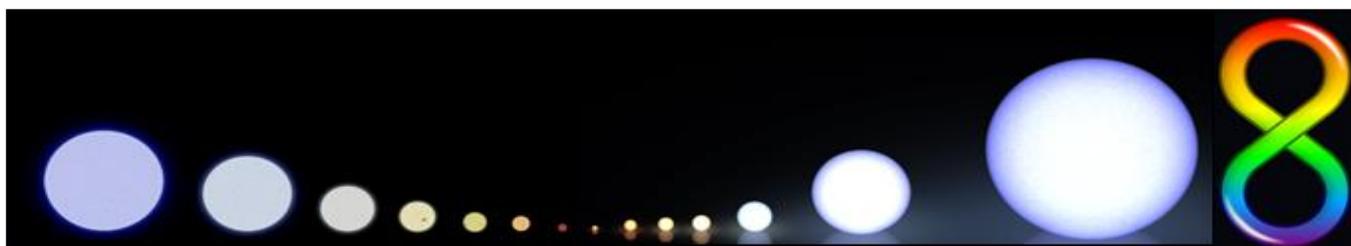
The number of children that a carer may embrace within an orphanage may be significantly less than 30 and the number of carers engaged may need to be far greater than suggested, through experience we will come to determine what is appropriate and provide the support that is required. The long term benefits for all, as well as society will far exceed the costs.

OUR CHOICE!

The moment prior to our conception, we are in pristine, perfect soul condition of Natural love. Consider that to be 1,000 on Dr David R Hawkins' Map of Consciousness scale – the largest sphere above. From that moment on we are being 'fire hosed' with the errors and damage that our parents hold and carry. Somehow, we make birth – the middle sphere above. By the time we are six years of age, our childhood suppression of our true personality by our parents ends upon the arrival of our Indwelling Spirit. Now, our soul condition is the smallest sphere. We will now calibrate on the Map of Consciousness scale at the level of one or the other of our parents – we are now literally a clone of their messed up personality. We continue on at that level for the rest of our lives. We also go on and do the same to our own children, thus this stagnation goes on for generation after generation – for aeons – or has done so until NOW!



We can perfect our mind's control and achieve a state of bliss which is all false and eventually ends with us crashing back to reality. Or, we can embrace our Feeling Healing and heal all our damage that which we took on as we got older as well as the damage imposed upon us by our parents and carers. Thus, we can grow in truth and love beyond 499 on the Map of Consciousness and perfect our Natural love, returning to the condition before conception. This could take a very long time – and then we are stuck in the 7<sup>th</sup> spirit Mansion World condition.



And here is the most wonderful pathway open for us all. By embracing our Feeling Healing with the Divine Love, through longing for the truth behind what our feelings are drawing to our attention and asking our Heavenly Mother and Father for Their Love, Divine Love, we can heal our childhood suppression and ongoing repression, with the Divine Love, then we can progress into the first of the Celestial Heavens and continue onwards with our evolving growth in truth and love all the way to Paradise, the home of our Heavenly Mother and Father. The pathway is now defined and open to all.

This time, in the history of humanity, is the most exciting time ever experienced.

COMMERCIAL IN CONFIDENCE

Beliefs suppress TRUTH

Dis-ease is of Disharmony with TRUTH

Mental Illness is of CHILDHOOD SUPPRESSION

Perceived level of truth MoC 1,000

FEELING HEALING

embraces the healing of both

Disharmony with TRUTH

and

CHILDHOOD SUPPRESSION

and with Divine Love we are embracing

our

SOUL HEALING

Perceived overall level of truth MoC 920 – relative truth potential MoC 1,480
COMMERCIAL IN CONFIDENCE

PROVE THAT THE PRODUCT DOES WHAT YOU SAY IT CAN DO:

12 April 2022 was the date when a pair had their first appreciation of nearing their completion of their personal Feeling Healing. This heralds the date when the first people on Earth considered that their personal healing of what they had personally taken on of the Rebellion and Default is achievable. It is this pair that through their personal experience and journey are now able to reveal how we can heal ourselves.

Further, Samantha in England commenced her healing in 2013 and is now close to completion of her personal healing also.

This self-healing is the achieving of a soul condition state equivalent to that which we all are in at the moment prior to our conception. From the moment of conception on we are absorbing the errors and injuries of our parents and carers continually through to the time we are six years of age when our Indwelling Spirit arrives. It is this, our Childhood Suppression, that we are to heal.

While we are mind-centric, we are literally frozen into the retarded condition of one or the other of our parents. We cannot progress beyond their condition without embracing our feelings and longing for the truth that our feelings are drawing our attention to.

PROVE THAT YOU CAN SELL THE PRODUCT AT THE PRICE YOU SAY YOU CAN:

The process of Feeling Healing, and with Divine Love, then Soul Healing, is free to all of humanity. It is a way of living. It is not a religion, there is no controlling hierarchy, dogmas, creeds, cannon laws, sacraments, rituals, special clothing and books. There is nothing to join and be subjected to. The revelations are free to all. It is The New Way, a way of living life through our feelings, our soul based feelings which are always in truth. Truth IS Love! This is a freeing way of life!

PROVE THAT YOU CAN PRODUCE THE PRODUCT AT THE COST YOU SAY YOU CAN:

For those who love to embrace all the details, then these revelations will take some considerable time to research, study and embrace. To some it may seem all so very obvious. And there will be those who are in between these categories. Books written revealing these understandings will have their typical costs. Internet sources are free to all. Formal education programs may have delivery costs in the normal fashion of most education.

PROVE THAT YOU OWN THE TECHNOLOGY:

Copy right may apply to material and publications principally to preserve the integrity of the writings. Plagiarism is welcome as long as the integrity of the original writings remains intact. There are presently more than 60,000 pages of material – 20 million words – to embrace!

THIS is a time of GREAT REVELATION and CHANGE for HUMANITY:

What is unfolding now is the biggest event in the history of humanity. For those of us who open to our feelings, the disturbances around us will be acceptable as then we see the need for change, for those who remain mind-centric, life will be difficult.

This is the most exciting time in the history of humanity.

So, may we introduce a few aspects? These documents can be shared from www.pascashealth.com that are in the Library Download page, scroll through the index and click to open the PDF:

PASCAS CARE LETTERS

 [Pascas Care Letters Beliefs Suppress Truth.pdf](#)

As we absorb beliefs that are in error and experience emotional injuries, this disrupts our flow of light to and from our bodies. The accumulation of these manifest as physical illness. The medical industry has 'identified' over 10,000 illnesses and claim to have found cures for 500 only. As we learn to live through our feelings and begin to express our feelings, both good and bad, all the time longing to know the truth of what our feelings are drawing our attention to, we begin to heal this energy imbalance.

To put this another way. Talk it out to a companion. A friend who listens is helping you heal a little. Express it all.

 [Pascas Care Letters Etheric Spirit Body.pdf](#)

We are not just our physical body. In fact our physical body is the least of our existence.

You may also be surprised that we can now interact with anything that has life!

Our childhood suppression commences from the moment of conception which is about 16 days prior to our incarnation. This continues through to the age of 6 years. It is our parents imposition of their own injuries and erroneous beliefs that we need to express – talk it out to a friend – and this is the Great U-Turn that each of us will undertake, eventually.

MEDICAL – SPIRITUAL REFERENCES

 [Rejected Ones via James Moncrief.pdf](#)

We are each one of the rejected ones.

The lady who conveyed these writings has only ever written through one person, there are now about ten books, but this one focuses upon our focus here for communities. She will love your embrace – and you will love who it is.

MEDICAL – EMOTIONS

 [Pascas Care Living Feelings First - Adults.pdf](#)

-  [Pascas Care Living Feelings First - Children - Annexures.pdf](#)
-  [Pascas Care Living Feelings First - Children - Discussions.pdf](#)
-  [Pascas Care Living Feelings First - Children - Graphics.pdf](#)
-  [Pascas Care Living Feelings First - Children.pdf](#)
-  [Pascas Care Living Feelings First - Drilling Deeper - Structures.pdf](#)
-  [Pascas Care Living Feelings First - Drilling Deeper.pdf](#)
-  [Pascas Care Living Feelings First - Reference Centre.pdf](#)

This set is used within schools. Parents are asked to participate. The platform is founded on what has been introduced to a number of schools within South Africa as well as other countries. It is now stepped up to encapsulate what we now further understand. This is an awareness program for children as they are to learn to appreciate their feelings. Adults can go on and engage in their personal Feeling Healing.

This Library is rather extensive. As questions may arise, then we can explore them also.

MEDICAL

-  [Pascas Care Kinesiology Testing.pdf](#)

Through kinesiology muscle testing, you and I can test anything to determine if it is in truth or not. Also, by using the Map of Consciousness table developed by Dr David R Hawkins, then we can determine the level of truth of anything. Yes, even all the above documents, then even page by page, or even each paragraph.

And now that you may have considered the above, kindly return to PASCAS CARE LETTERS:

-  [Pascas Care Letters Glass Ceiling Barrier Removal.pdf](#)

Without embracing Living Feelings First and then engaging in our personal Feeling Healing, we remain restrained within the 1<sup>st</sup> spirit Mansion World condition indefinitely. This situation was imposed upon us all by rebellious high level spirits from within our Local Universe of Neadon, 200,000 years ago!

This statement from above: "What is unfolding now is the biggest event in the history of humanity" calibrates at 1,000 on the Map of Consciousness!

Kindly share as you please.

cheers for now

John Doel



The ROOT CAUSE!

May we introduce the underlying condition as well as the pathway to evolving out of this seemingly never ending cycle of conflict and hopeless, then we all can start to bring about the ending of desperation.

The ROOT CAUSE Explained:

High level hidden controllers have passively and slowly coerced all of humanity to live against their true selves in such a manner that it has been (UNTIL NOW!) impossible for us to evolve out of the cycles of conflict, illness, disease and deprivation.

They have been extremely artful and brilliant in their complete achievement of dominating humanity in that we of humanity have had no way and no hope of every breaking the cycle of war, disease and periodic self-destruction without intervention from even higher spirit assistance.

We each have been guided to live mind centric. As children, we have been told to develop our minds, to learn our math tables, to memorise this and that, that our minds are what will make us all important and capable. We have all bought into this lie. As parents, we raise our children in the manner we have been raised – so the cycle has been going on generation after generation – for aeons.

Our minds are addicted to untruth, our minds cannot discern truth from falsehood, our minds are addicted to control, control over others and the environment. When we ‘think’ we are submitting ourselves to our erroneous minds. Thinking leads to assumptions. We act on our assumptions. Consider checking yourself, just hold off on acting on an assumption and investigate further. 98% of all assumptions are in error, the other 2% are flukes. This is what we have all bought into, hook, line and sinker.

Our FEELINGS are our SUPREME GUIDES:



Feelings are what guide us through our ascension of truth. So they are really our Supreme Guides. Many people look for a person, spirit, angel, even God, for supreme guidance, however it's all right there already built in – in our feelings. **We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it's there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feelings is really: Longing for the truth of our self, because: we are our feelings. So life stirs up our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings.** Kevin 26 Sep 2017

Kevin died 10 August 2012, through Feeling Healing became Celestial on 7 August 2017

We are to embrace our feelings, our feelings are always in truth, our feelings are soul based, as they are always in truth, they are love, living feelings first is living in truth and love – this is what we all aspire to yet we have been sent in the wrong direction, down the abyss to a form of living hell. Yes, as we are living against our selves, against our soul and consequently against our soul partner, we are living in hell. Further, our soul is a duplex, it brings into the physical two personalities, one a female and the other a male – ALWAYS!

When we are conceived, that is at the moment of conception, we are always perfect and that includes the physical foetus. Incarnation takes place when the newly forming foetus commences to pump blood and that is generally day 16 after conception. It is the infusion of emotional injuries and errors of belief of our parents into our being that we have child defects, childhood illness, miscarriages and all kinds of difficulties – this is all compounded throughout our early forming years by our childhood suppression by our parents up until age six years when our Indwelling Spirit arrives. Then whatever we are dictates the rest of our lives – until we start to heal ourselves through our personal Feeling Healing.

NOW, while we endeavour to perfect our minds we are imprisoning ourselves within our personal steel wrecking ball – we cannot progress beyond 499 on Dr David R Hawkins' Map of Consciousness scale. We have locked ourselves into the limitations of the 1<sup>st</sup> spirit Mansion World, the ceiling is 499. Presently, humanity on Earth calibrates around 220. The scale is based on the common log of 10, a 1 point increase is a 10 fold increase in energy, 10 points is 10 billion fold increase!

We have seven spirit Mansion Worlds to progress up through before we enter the Celestial Heavens and yet all our systems and way of living on Earth retard us perpetually to the first of those seven – and we adhere to this entrapment. Well, it is time we stuck that all in the rubbish bins and free ourselves and become the incredible personalities and beings that we truly are and that is what this agenda here is all about.

SUPPORT PROGRAMS

Firstly, support is to be considered within major regional cities, then throughout all the states of United States America as relationships, local support and prioritisation of needs are identified.

ORPHANS and ORPHANAGES

Those orphans within institutions or are about to be placed within an institution, should there be living relatives then preference is to be considered for the supporting of the family unit to enable them to remain as a unit. Solutions may take many formats.

The education of orphans may be supported corresponding to the age grouping of the orphan. This may be for pre-schooling through to higher education and university. As the orphan matures, the support is not to be cut off at a specific age, it may continue with phasing down continuing until 28 years of age.

Longevity of ongoing support for individual orphans by their assigned carers is preferred. Thus the conditions of engagement of carers and their individual needs are also to be factored into the needs to be accommodated.

The orphanage buildings and the fitout there of may need a make-over. The environment within buildings may be substandard and significant renovations and appropriate climate control within the buildings may need to be attended to.

First and foremost is to involve as many people in as many ways possible to determine optimum solutions and then the delivery of those solutions.

CHILD CARE and PRE-SCHOOLING

The same ethos as above.

It is important that the child has with him or her continuously people that he or she is familiar with. The child is not to be ‘abandoned’.

DOMESTIC VIOLENCE and FAMILY SHELTER

One in four women are subjected to domestic violence. That is in peaceful times – this is a war zone.

If the perpetrator of the domestic violence is open to assistance in resolving the tendency towards violence then that person is also to be assisted. This does not mean that this is an endeavour to re-unite the parties, however it is a part of the endeavour to reduce repeat offending.

Children are often considered in a way that ‘they will get over it!’ They don’t, further they often consider this is how a family functions and then go on and replicate the drama when as adults.

LIVING FEELINGS FIRST

As we explore each of these elements of support, it is more and more apparent that the shift away from living mind-centric to living feelings first is embraced as a priority. Feeling Healing follows for those who seek to go that next step. No one expected to do anything. No one is being asked to do anything. However, it is important that parties, adults, parents, children, carers, educators, health carers, etc., become aware of the differences and the possibilities. Then it is each person’s choice should they wish to consider as well as their timing.

EDUCATION; SCHOOLS and UNIVERSITY

Firstly is the reinstatement of school facilities to prime condition. This may also involve significant upgrades and additional facilities. It is time to bring about a higher level of vibrancy and potential for all to embrace.

As the only way to overcome the cycles of conflict both on a domestic as well as international levels, then the introduction of Living Feelings First throughout the education system may require additional facilities, teacher training and possibly additional teachers.

This may best be facilitated through the establishment of a Pascas University as a demonstration and training unit in how this may unfold throughout all sectors of the society and professions. Of very necessary priority is the addressing of the emotional stress and harm inflicted on every member of all families throughout United States America and their extended families around the world. We have to ‘talk it out!’ This is not only living feelings first, it is also our Feeling Healing. Never has it been previously understood that we are too long to know the truth that our feelings are to reveal to us as we express our feelings, both good and bad.

CRAFT CREATIONS

Traditional home skills have been neglected worldwide. It is time to re-introduce this skills through Community Craft Creation Centres.

DIAGNOSTIC MEDICAL UNIT

Comprehensive medical diagnostic units are complex, requiring a significant array of expensive imaging equipment and a large specialised building space.

However, it may be time to establish a state of the art medical clinic and hospital to service the state and adjoining cities in close proximity.

Thus a medical facility with 400 beds and more than 12 operating theatres and a fully comprehensive diagnostic unit would then provide the opportunity to deliver a children hospital unit as not only a facility to lead the health sector but to be also annexed to a Pascas University as a teaching hospital.

HOUSING, FOOD SECURITY, HEALTH SERVICES and EDUCATION

Potable water supply is essential to have adequately.

Lodgings for all in whatever format that resolves the need prior to long term solutions.

Food security is unquestionably compromised by pre-existing commercial cartels.

Existing health services are over whelmed apart from being understaffed and inadequate.

Education is the long term solution to all that is to be resolved. However, it is now time to take the education services beyond the retardation of mind-centricity and break through the glass ceiling, opening up the pathway to infinite growth and prosperity.

FEELINGS GIVE RISE TO THE TRUTH

The CHILD is to FREELY EXPRESS ITSELF: Messages from Mary and Jesus 13 May 2003

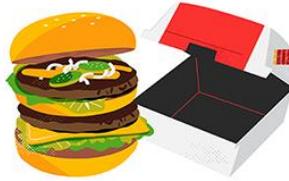
Mary: The greatest gift you can give your child, is allowing it to be freely able to express itself, helping it to feel good about being able to say and express and communicate all it feels. **THERE IS NOTHING BETTER FOR A CHILD TO FEEL THAN KNOWING ITS PARENTS COMPLETELY WANT IT TO BE EXACTLY HOW IT FEELS IT WANTS TO BE.** To be completely unconditionally accepted for all that it is. Then it feels loved.

The extent of our unloving parenting that we all have had to endure as children is now killing us, which is the truth of how bad it is. It is killing us because we refuse to understand what is happening, we refuse to connect to our pain, we refuse to accept the truth!

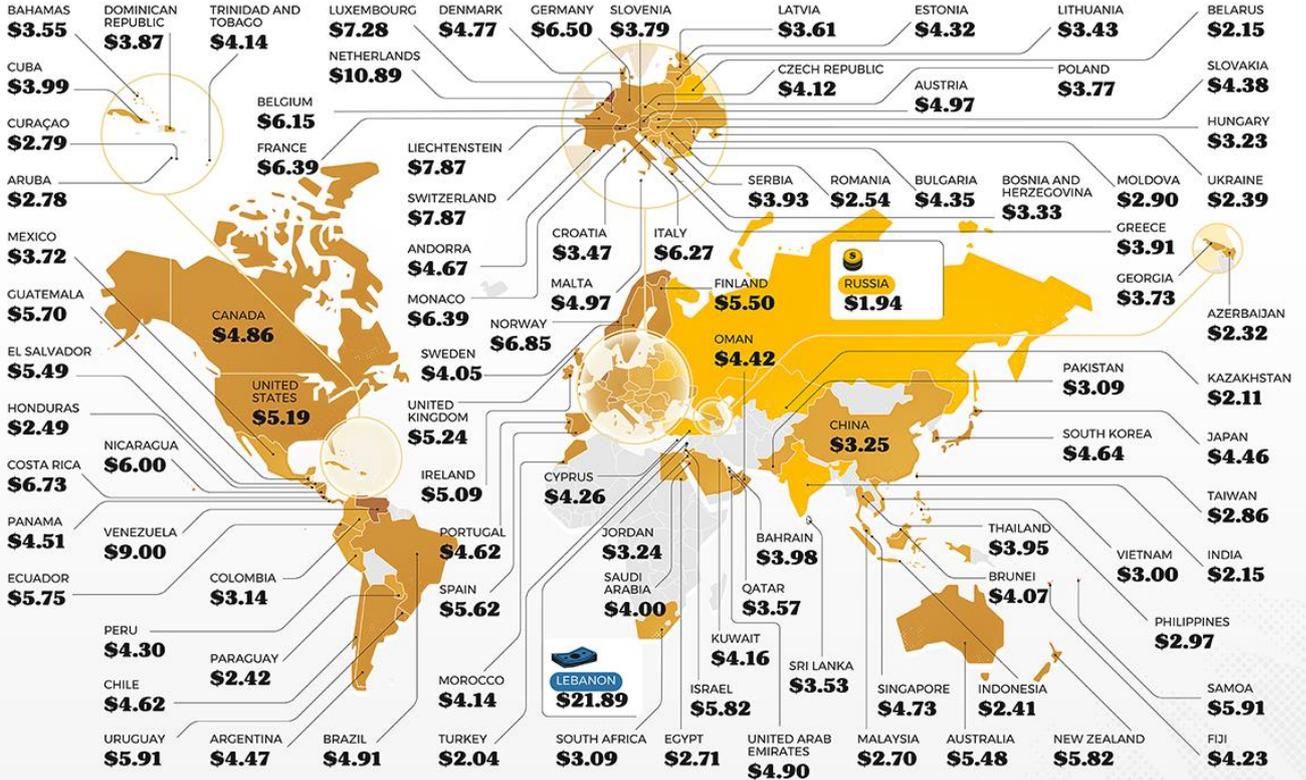
Parenting – unable to love our children due to lack of truth in what we are provided with.

We don't truly love ourselves; so we can't truly love our children. We can believe we love ourselves; as we believe we love our children. And so do our children truly love us?

THE PRICE OF A MCDONALD'S
Big Mac
IN EVERY COUNTRY



While the Big Mac is available in any McDonald's restaurant, prices vary widely. Besides Lebanon, the Big Mac is the most expensive in the Netherlands - a whopping \$10.84. For the same price, you could buy more than five Big Macs in Russia, where the sandwich costs \$1.94 - the least of any country.



Source: International McDonald's official websites

THIS IMAGE IS LICENSED UNDER THE CREATIVE COMMONS ATTRIBUTION-SHARE ALIKE 4.0 INTERNATIONAL LICENSE - WWW.CREATIVECOMMONS.ORG/LICENSES/BY-SA/4.0

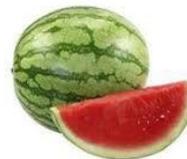
Expensivity

BUSINESSMAN

VALUE ADDING

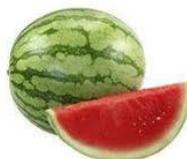


\$1



\$1.50

ENTREPRENEUR



\$1



\$5

COMMERCIAL IN CONFIDENCE

SALARY – WAGES PACKAGE

Annual salary or wage is the cost of you or me being employed with an organisation for a full year.

It is not the cash that you or I take home, it is the total expense to be employed for a full year within a firm, enterprise or corporation, being the cost of them employing you or I.

Within Australia, salary packaging the maximum amount allowed each Fringe Benefits Tax (FBT) year means you're making the most of this employee benefit. The maximum for employees of not-for-profit organisations is AU\$15,900 (this is also known as your 'tax free cap') and AU\$9,010 for hospital and healthcare employees. Salary packaging to the 'cap' means you're using the maximum amount you're allowed to salary package. Thus each country may have a specific industry taxation arrangement.

Motor vehicles provided to an employee are part of their salary package. The cost of the motor vehicle, though paid by the enterprise / employer reduces the cash element of the salary – the take home pay for an employee. If the employee is using the car for the usual family activities, the car is at their home each night, and the motor vehicle is used to get the employee to and from work, then it is his or her private car for all intents and purposes. A delivery van may be used for a lot of business trips and is typically not part of a salary package.

- Car loan costs – lease agreement monthly payments is a typical format to finance the purchase.
- Fuel
- Car insurance – car rental costs
- Maintenance costs and servicing
- Registration and licensing
- Depreciation
- Total costs

| | Cheapest car (annual cost) | Costliest car (annual cost) | Average annual cost |
|------------|---------------------------------------|--|----------------------------|
| Small car | Kia Cerato S (AU\$7,096) | Volkswagen Passat 132 (AU\$8,908) | AU\$8,203 |
| Medium car | Toyota Camry Ascent Sport (AU\$9,451) | Volkswagen Passat 132 TSI (AU\$11,654) | AU\$10,478 |
| Large car | Holden Commodore RS (AU\$11,573) | Kia Stinger 330S (AU\$15,094) | AU\$13,255 |
| 4WD Ute | Mitsubishi Triton GLX (AU\$12,012) | Toyota Landcruiser Workmate (AU\$17,937) | AU\$13,662 |
| Sports | Toyota 86 GT (AU\$10,459) | Ford Mustang Fastback (AU\$13,974) | AU\$11,901 |

Source: RACQ Running Costs Report, 2019 (to adjust to 2022 global conditions – add 50% say)

Consider that we drive 12,000 kilometres per year, that is about 200 hours driving (not working) at 60 kilometres an hour, the motor vehicle costs of running the car is say AU\$1 per kilometre (Taxation office

says AU 78cents) then the direct annual cost of the car is AU\$12,000 which is paid as part of the salary package. Thus a fully funded car provided in a wage package could equate to AU\$12,000 in lieu of cash.

A salary or salary package can include housing, transport (motor vehicle) and other benefits.

When exploring such services as <http://www.salaryexplorer.com/> what is referred to as the salary is the gross amount of the financial commitment by the employer when engaging an employee; e.g.:

| | | |
|--|-----|--------------------------|
| Salary / wage package, GROSS AMOUNT | say | AU\$112,000 per annum |
| This may include: | | |
| Superannuation contribution 12% | | \$12,000 |
| Salary before Superannuation | | \$100,000 |
| An approved motor vehicle package | | \$12,000 |
| Net taxable (IF car is for 'business use') | | \$88,000 |
| Australian income tax deducted | | \$19,067 + Medicare Levy |
| Net Take Home Cash | | \$68,933 |

The Salary is \$112,000 being the gross cost to the enterprise. What we take home is the net cash after superannuation, packaged items such as housing, motor vehicle, etc., then deduct personal income tax.

Salary Explorer survey relates to the gross amount.

Resident tax rates 2022–23

(ATO July 2022)

| Taxable income | Tax on this income (Australian \$ and taxation) |
|-----------------------|--|
| 0 – AU\$18,200 | Nil |
| \$18,201 – \$45,000 | 19 cents for each \$1 over \$18,200 |
| \$45,001 – \$120,000 | \$5,092 plus 32.5 cents for each \$1 over \$45,000 |
| \$120,001 – \$180,000 | \$29,467 plus 37 cents for each \$1 over \$120,000 |
| \$180,001 and over | \$51,667 plus 45 cents for each \$1 over \$180,000 |

The above rates do not include the Australian [Medicare levy](#) of 2%.

- There is no national sales tax in the US and therefore no standard rate. Sales or use tax rates vary by state, ranging from **2.9 to 7.25 percent at the state level**.
- Corporations in the United States pay federal corporate income taxes levied at a **21 percent** rate. Forty-four states levy a corporate income tax. Rates range from 2.5 percent in North Carolina to 11.5 percent in New Jersey.

USA FEDERAL TAXATION and STATE PERSONAL INCOME TAX

The United States tax year generally is the same as the calendar year, or **1 January through 31 December**. 1 Aug 2022

For the 2022 tax year, there are also seven federal tax brackets: 10%, 12%, 22%, 24%, 32%, 35% and 37%. Your tax bracket is determined by your filing status and taxable income in 2022.

2022 Single Filers Tax Brackets

| If taxable income is: | The tax due is: |
|---------------------------------------|---|
| Not over \$10,275 | 10% of the taxable income |
| Over \$10,275 but \$41,775 | \$1,027.50 plus 12% of the excess over \$10,275 |
| Over \$41,775 but not over \$89,075 | \$4,807.50 plus 22% of the excess over \$41,775 |
| Over \$89,075 but not over \$170,050 | \$15,213.50 plus 24% of the excess over \$89,075 |
| Over \$170,050 but not over \$215,950 | \$34,647.50 plus 32% of the the excess over \$170,050 |
| Over \$215,950 but not over \$539,900 | \$49,335.50 plus 35% of the excess over \$215,950 |
| Over \$539,900 | \$162,718 plus 37% of the excess over \$539,900 |

2022 Married Filing Separately Tax Brackets

| If taxable income is: | The tax due is: |
|---------------------------------------|---|
| Not over \$10,275 | 10% of the taxable income |
| Over \$10,275 but \$41,775 | \$1,027.50 plus 12% of the excess over \$10,275 |
| Over \$41,775 but not over \$89,075 | \$4,807.50 plus 22% of the excess over \$41,775 |
| Over \$89,075 but not over \$170,050 | \$15,213.50 plus 24% of the excess over \$89,075 |
| Over \$170,050 but not over \$215,950 | \$34,647.50 plus 32% of the the excess over \$170,050 |
| Over \$215,950 but not over \$323,925 | \$49,335.50 plus 35% of the excess over \$215,950 |
| Over \$323,925 | \$86,127 plus 37% of the excess over \$323,925 |

Seven states levy no individual income tax at all. Of those states taxing wages, nine have single-rate tax structures, with one rate applying to all taxable income. Conversely, 32 states and the District of Columbia levy graduated-rate income taxes, with the number of brackets varying widely by state.

SUSTAINABLE DEVELOPMENT GOALS



SUSTAINABLE DEVELOPMENT GOALS (SDG):



The Sustainable Development Goals (SDGs), also known as the Global Goals, were adopted by the United Nations in 2015 as a universal call to action to end poverty, protect the planet, and ensure that by 2030 all people may embrace peace and prosperity. The 17 SDGs are integrated – they recognise that action in one area will affect outcomes in others, and that development must balance social, economic and environmentally sustainability.

The SDGs more relevant than others embraced by PASCAS are:

SDG 4: Quality Education. Ensure inclusive and equitable quality education and promote lifelong learning opportunities for all.

SDG 3: Good Health and Wellbeing. Ensure healthy lives and promote well-being for all at all ages.

SDG 7: Affordable and Clean Energy. Ensure access to affordable, reliable, sustainable and modern energy for all.

Also relevant, but of lesser scale are:

SDG 2: Zero Hunger. Ensure fresh food being available for all at all times.

SDG 6: Clean Water and Sanitation. Ensure availability and sustainable management of water and sanitation for all.

SDG 16: Peace, Justice and Strong Institutions. Promote peaceful and inclusive societies for sustainable development, provide access to justice for all and build effective, accountable and inclusive institutions at all levels. We are not to impose our will upon another!

Three of the other SDGs are also cross-cutting across our work:

SDG 1: No Poverty. End poverty in all its forms everywhere. Safe lodgings and meaningful, paid employment.

SDG 5: Gender Equality. Achieve gender equality and empower all women and girls.

SDG 17: Partnerships for the Goals. Strengthen the means of implementation and revitalise the global partnership for sustainable development.

TO EXPAND upon the above:



SDG 4: QUALITY EDUCATION

Ensure inclusive and equitable quality education and promote lifelong learning opportunities for all.

Target 4.1: Ensure that all girls and boys complete free, equitable and quality primary and secondary education leading to relevant and effective learning outcomes.

Target 4.2: Ensure that all girls and boys have access to quality early childhood development, care and pre-primary education so that they are ready for primary education.

Target 4.3: Ensure equal access for all women and men to affordable and quality technical, vocational and tertiary education, including university.

Target 4.5: Eliminate gender disparities in education and ensure equal access to all levels of education and vocational training for the vulnerable, including persons with disabilities, indigenous peoples and children in vulnerable situations.

Target 4.6: Ensure that all youth and a substantial proportion of adults, both men and women, achieve literacy and numeracy.

Target 4.a: Build and upgrade education facilities that are child, disability and gender sensitive and provide safe, non-violent, inclusive and effective learning environments for all.

Target 4.b: Substantially expand globally the number of scholarships available to developing countries, in particular least developed countries, small island developing States and African countries, for enrolment in higher education, including vocational training and information and communications technology, technical, engineering and scientific programmes, in developed countries and other developing countries.

Target 4.c: Substantially increase the supply of qualified teachers, including through international cooperation for teacher training in developing countries, especially least developed countries and small island developing states.



SDG 3: GOOD HEALTH and WELL-BEING

Ensure healthy lives and promote well-being for all at all ages.

Target 3.1: Reduce the global maternal mortality ratio to less than 70 per 100,000 live births.

Target 3.2: End preventable deaths of newborns and children under 5 years of age, with all countries aiming to reduce neonatal mortality to at least as low as 12 per 1,000 live births and under-5 mortality to at least as low as 25 per 1,000 live births.

Target 3.3: End the epidemics of AIDS, tuberculosis, malaria and neglected tropical diseases and combat hepatitis, water-borne diseases and other communicable diseases.

Target 3.4: Reduce by one third premature mortality from non-communicable diseases through prevention and treatment and promote mental health and well-being.

Target 3.7: Ensure universal access to sexual and reproductive health-care services, including for family planning, information and education, and the integration of reproductive health into national strategies and programmes.

Target 3.8: Achieve universal health coverage, including financial risk protection, access to quality essential health-care services and access to safe, effective, quality and affordable essential medicines and vaccines for all.

Target 3.c: Substantially increase health financing and the recruitment, development, training and retention of the health workforce in developing countries, especially in least developed countries and small island developing States.



SDG 7: AFFORDABLE and CLEAN ENERGY

Ensure access to affordable, reliable, sustainable and modern energy for all.

Target 7.1: Ensure universal access to affordable, reliable and modern energy services.

Target 7.2: Increase substantially the share of renewable energy in the global energy mix.

Target 7.b: Expand infrastructure and upgrade technology for supplying modern and sustainable energy services for all in developing countries, in particular least developed countries, small island developing States, and land-locked developing countries, in accordance with their respective programmes of support.



SDG 2: ZERO HUNGER

Ensure that the infrastructure and resources are available within communities to provide fresh produce all year round. Should there be inadequacies, work to resolve this either within the community or from outside of the community.

Target 2.1: Ensure universal access to safe and nutritious food.

Target 2.2: End all forms of malnutrition.

Target 2.3: Double the productivity and incomes of small-scale food producers.

Target 2.4: Ensure sustainable food production and resilient agricultural practices.

Target 2.5: Maintain the genetic diversity in food production.

Target 2.a: Invest in rural infrastructure, agricultural research, technology and gene banks.

Target 2.b: Prevent agricultural trade restrictions, market distortions and export subsidies.

Target 2.c: Ensure stable food commodity markets and timely access to information.



SDG 6: CLEAN WATER and SANITATION

Ensure availability and sustainable management of water and sanitation for all.

Target 6.1: Achieve universal and equitable access to safe and affordable drinking water for all.

Target 6.2: Achieve access to adequate and equitable sanitation and hygiene for all and end open defecation, paying special attention to the needs of women and girls and those in vulnerable situation.



SDG 16: PEACE, JUSTICE and STRONG INSTITUTIONS

Promote peaceful and inclusive societies for sustainable development, provide access to justice for all and build effective, accountable and inclusive institutions at all levels. This is only possible through The NEW WAY.

Target 16.1: Significantly reduce all forms of violence and related death rates everywhere. Violence is never justified!

Target 16.2: End abuse, exploitation, trafficking and all forms of violence against and torture of children. Abuse of any form is torture.

Target 16.5: Substantially reduce corruption and bribery in all their forms.

Target 16.6: Develop effective, accountable and transparent institutions at all levels.



SDG 1: NO POVERTY

End poverty in ALL its forms everywhere.

Target 1.1: Eradicate extreme poverty for all people everywhere, currently measured as people living on less than US\$1.25 a day (2020).



SDG 5: GENDER EQUALITY

Achieve gender equality and empower all women and girls.

Target 5.2: Eliminate all forms of violence against all women and girls in the public and private spheres, including trafficking and sexual and other types of exploitation.

Target 5.2: Ensure women's full and effective participation and equal opportunities for leadership at all levels of decision-making in political, economic and public life.



SDG 17: PARTNERSHIPS for the GOALS

Strengthen the means of implementation and revitalise the global partnership for sustainable development.

Target 17.9: Enhance international support for implementing effective and targeted capacity-building in developing countries to support national plans to implement all the sustainable development goals.

Target 17.17: Encourage and promote effective public, public-private and civil society partnerships, building on the experience and resourcing strategies of partnerships data, monitoring and accountability.



EMOTIONAL NEGLECT



KIDS

in families with emotional neglect will blame self in order to PRESERVE the PARENT

o o o

EMOTIONAL NEGLECT can also occur when an attuned parent isn't able to EMOTIONALLY

'FIND' a particularly unique child.



CHRONIC SHAME can develop when a child interprets their distress in aloneness -As- proof something is wrong with THEM.



CHILDREN with too much shame learn to

NUMB

all emotion

HOWEVER



EMOTIONS are a COMPASS FOR LIVING

WE NEED THEM!



EMOTIONS EXIST IN THE BODY

\*EVEN IF\* A PERSON HAS SHUTDOWN AWARENESS OF THEM.

EXPERIENTIAL THERAPY

Includes a focus on bringing awareness to bodily sense of emotion.

INHIBITORY emotions

- include
- SHAME
- GUILT
- ANXIETY

THESE SERVE TO AVOID



7 CORE EMOTIONS

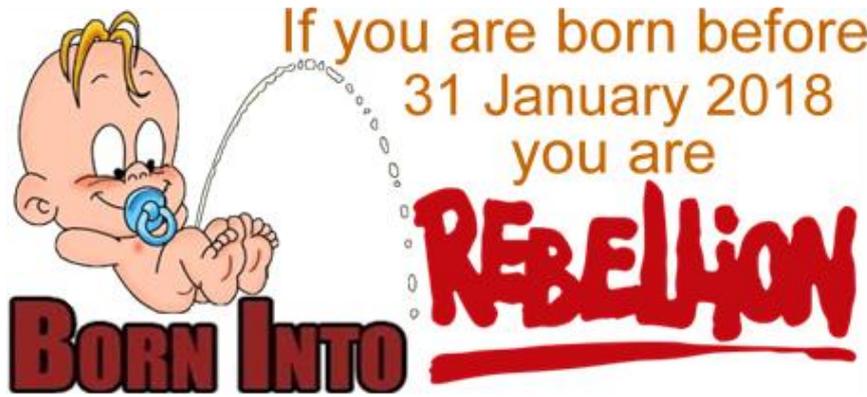
- SADNESS
- ANGER
- FEAR
- DISGUST
- JOY
- EXCITEMENT
- AROUSAL

FROM HILARY JACOBS HENDEL ON

MENTAL HEALTH HAPPY HOUR

DOODLE BY @LINDSAYBRAMAN

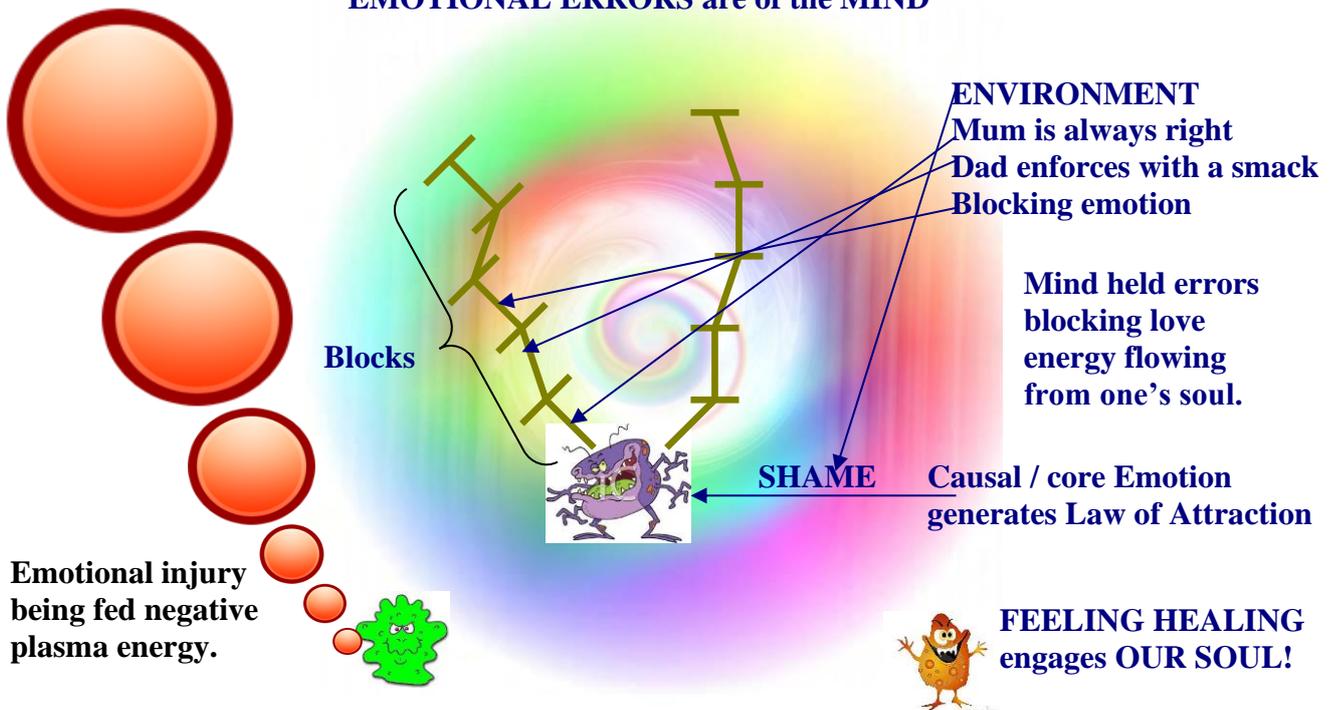
LAYERS upon LAYERS are to be healed through longing for the TRUTH!



To the extent that parents have healed themselves prior to conceiving a child, that child will now be free of those impostors of the Rebellion and Default through parents' Healing.

Everyone will still be born into the Rebellion up until the Avonal Age actually starts. People are currently being born into the Rebellion which is going through the initial stages leading up to its complete end, but that doesn't affect new people being conceived by their rebellious parents. And even during the Avonal Age, people conceived and born to 'mind-parents', rather than 'feeling-parents' who will be doing their Healing or having Healed it, will still come completely into the Rebellion and Default. The Rebellion and Default will be modified compared to how it is now because of the Avonal influence, but still everyone refusing to embrace the Avonal's Truth and so The New Way by doing their Healing, will still become wholly of the Rebellion and Default.

EMOTIONAL ERRORS are of the MIND



GLASS CEILING BARRIER REMOVAL:

| Correlation of Levels of Consciousness – Soul Condition – and Society Problems | | | | |
|---|-----------------------------|------------------------|------------------------------------|----------------------------|
| Level of Consciousness | Rate of Unemployment | Rate of Poverty | Happiness Rate “Life is OK” | Rate of Criminality |
| 600 + | 0% | 0.0% | 100% | 0.0% |
| 500 - 600 | 0% | 0.0% | 98% | 0.5% |
| 400 - 500 | 2% | 0.5% | 79% | 2.0% |
| 300 - 400 | 7% | 1.0% | 70% | 5.0% |
| 200 - 300 | 8% | 1.5% | 60% | 9.0% |
| 100 - 200 | 50% | 22.0% | 15% | 50.0% |
| 50 - 100 | 75% | 40.0% | 2% | 91.0% |
| < 50 | 95% | 65.0% | 0% | 98.0% |

These two charts demonstrate the stark reality of one’s probable quality of life that we will experience relative to our personal calibration as per the Map of Consciousness developed by Dr David Hawkins. This calibration level is essentially set for life by the time we reach the age of six (6) years.

| | No. of Countries | Average MoC | Average Life Expectancy | Human Development Index | Happiness Index | Education Index | Per Capita Income 2020 |
|------------------|-------------------------|--------------------|--------------------------------|--------------------------------|------------------------|------------------------|-------------------------------|
| 400s | 10 | 406 | 78.50 | 0.939 | 6.8 | .861 | US\$54,010 |
| 300s | 13 | 331 | 71.77 | 0.798 | 5.9 | .684 | US\$17,827 |
| 200s | 10 | 232 | 69.45 | 0.759 | 5.8 | .648 | US\$16,972 |
| High 100s | 18 | 176 | 69.00 | 0.724 | 5.2 | .639 | US\$9,900 |
| Low 100s | 7 | 129 | 61.88 | 0.653 | 4.7 | .567 | US\$2,628 |
| Below 100 | 11 | 66 | 52.73 | 0.564 | 4.2 | .488 | US\$2,658 |
| WORLD | | 220 | 70 | | | | US\$10,900 |

USA overall population calibration is MoC 405

| United States MoC | No. of Countries | Average MoC | Average Life Expectancy | Human Development Index | Happiness Index | Education Index | Per Capita Income 2021 PPP |
|--------------------------|-------------------------|--------------------|--------------------------------|--------------------------------|------------------------|------------------------|-----------------------------------|
| 405 | 1 | 405 | 79.10 | 0.926 | | .900 | US\$68,300 |

The overall consciousness of humanity remained at 190 on Dr David R Hawkins' Map of Consciousness (MoC) scale for around 1,700 years up until the mid 1900s. It has only recently began to rise due to a few people realising that living feelings first, that is, embracing our feelings, our soul based feelings which are always in truth, and having our minds to follow in implementing what our feelings are guiding us to do, that we can break free of the shackles of mind-centric living. This revelation has had a profound positive impact. Through living feelings first we can heal ourselves of our childhood suppression which is imposed upon us from the moment of conception through to the age of six years by our parents and those close to us – there are and have been no exceptions – we all have and are subjected to childhood suppression.

While we live mind-centric we cannot progress beyond 499 on Hawkins' Map of Consciousness. That is the glass ceiling we are to break through now, and remove the re-stictiveness of mind-centricity from our lives. For 200,000 years, we have been misguided to worship our minds and now we are free to choose THE NEW WAY – to live through our feelings, to live feelings first, and as we grow to do so, then the glass ceiling will be dissolved for ever for those who embrace their feelings over their mind.

War between nations, war between people will continue until we heal ourselves of our childhood suppression through embracing our feelings, our soul based feelings of truth. Disease and illness of all kinds will continue to plague us until we heal ourselves of our childhood suppression. All social ailments are of the consequence of our childhood suppression. This is the greatest time in the history of humanity because we now have been shown how to heal ourselves of our childhood suppression. This has now been achieved. It has never occurred in prior times throughout the history of humanity.

Of the past 3,400 years, humans have been entirely at peace for only 268 of them, or just **8%** of recorded history. War has prevailed throughout 92% of the time of modern history. How many people have died in war? At least 108 million people were killed in wars in the twentieth century alone. **Conflict and violence are currently on the rise**, with many conflicts today being waged between non-state actors such as political militias, criminal and international terrorist groups.

Earth's humanity is presently experiencing 'rolling' disruptions that commenced on 22 March 2017 and are likely to continue unfolding relentlessly for around three decades. Nothing and none of the systems that came about during the 200,000 era of the Rebellion and Default are going to be allowed to continue. Nothing will remain the same. We are not going to be allowed to continue with our old ways without great difficulty. We are being encouraged to seek a new way – The NEW WAY! For those who steadfastly hold onto the old ways, their lives will be very difficult. For those who seek the New Way and begin to embrace the new way, they will find life significantly easier.



WE'VE BEEN SCREWED BY LUCIFER REBELLION

Lucifer and his soul partner, with his assistant Satan and soul partner, brought about the Rebellion 200,000 years ago, and through his deputies, Caligastia and Daligastia, and their soul partners, they brought about the default by Adam and Eve of their mission on Earth more than 38,000 years ago.

REBELLION & DEFAULT

COMMERCIAL IN CONFIDENCE

On the 31 January 2018, the formal ending of the Rebellion and Default took place, now the out working of the Rebellion is to unfold.

The earthing of the Law of Compensation commenced to quicken on 22 May 2017 and may be fully earthed when the Avonal bestowal pair complete their mission on Earth. The Avonal Pair are to introduce the coming Avonal Age of 1,000 years during which time all of Earth's humanity will progressively be introduced to Feeling Healing, Living through our Feelings, Living Feelings First and the way to heal ourselves of what we have each taken on of the Rebellion and Default, mostly through our Childhood Suppression commencing at the moment of conception and completing when we are six years of age.

END<sup>OF</sup>THE LINE

LAW OF COMPENSATION

Through the earthing of the Law of Compensation, in the way it is applied throughout the spirit Mansion Worlds, is why it has been said that a 1,000 years of peace will unfold after the third and final world war.

Insanity Of Humanity

Presently, all of humanity is functioning in one form or another of a stupor, living zombie like, never responding intuitively with any form of spontaneity. The insanity of humanity is visible to all. It will only be when individuals heal themselves of their childhood suppression and begin to fully live through their soul based feelings, having their minds following in executing what our feelings are guiding us to embrace, will the depth of our retardation become obvious to each of us.

The New Way – Feeling Healing

Freedom Pathway being Feeling Healing

Feeling Healing is the pathway to TRUTH and HAPPINESS!

How is it that we are each so retarded?

Wayward high level leadership of Earth's humanity has cleverly crafted and institutionalised systems that impede every aspect of our living. This has been so for the past 200,000 years.

We were firstly guided, influenced to embrace living mind-centric. That is, we now believe that through our minds that we may achieve all of our goals, we can become almost everything we want, that we can become powerful and prosperous and progress to the greatest heights imaginable. We are to live suppressing our feelings, we are taught by our parents to suppress our true personality and to embrace the personality they want us to be – like them – deluded!

LAW OF FORGIVENESS

As women are closer to their feelings than men, these high level wayward leaders guided men to subordinate women. Thus, these past 200,000 years, women have been subjected to suppression by men because as women embrace their feelings and begin to express their feelings, which are always in truth, women will expose the folly of mind superiority. We are to live feelings first and have our minds follow in the process of implementing what our feelings are leading us to embrace. Not the other way round as it now is – mind first and feelings suppressed.

Our minds are wonderful and all part of our progression – when in support of our feelings. Our minds cannot discern truth from falsehood and are addicted to untruth, our minds are addicted to control of the environment and other people. Our thoughts are mind generated, when we say; 'I think', we begin to express an assumption generated by our mind – assumptions are around 98% in error, the other 2% are flukes. Our feelings are always in truth. We are fully self-contained, all we need to know is self-contained, we have all we need within ourselves, all we need to do is allow our feelings to surface and embrace them, having our minds to follow in implementing our feeling's guidance.

Education

All education platforms, worldwide, are predominantly mind-centric. There is no feeling orientation and embracement in the way we are to live within education platforms. In fact, education is a tiresome, boring process of lectures. A lecturer delivering a tirade of words from the front of a room is the most ineffective teaching and learning device imaginable – it is also the most commonly employed teaching process.

Children only need their parents' love!

Children, they only need their parents' love and they will have everything they need in life, and they will have it all because they have felt loved, like they came first in their parents lives, like they were so special nothing bad could happen to them and all because they felt truly loved and that is all that mattered.

LAW OF COOPERATION

The LAW of COOPERATION

Is to work in conjunction with (cooperating with) the Law of Compensation.

LAW OF COMPENSATION

It's a Universal Law potentially to be 'imposed' upon humanity on Earth. It is currently in 'operation' in the Mansion Worlds, ensuring everyone cooperates in a friendly way with everyone else to maintain a certain standard of life as agreed upon by all involved, that which is determined by the Mind (rebellious) or Truth (Healing) way the spirits might be living.

Currently on Earth in our rebellious states, the Laws of Compensation and Cooperation are not active. So we live with the 'every man for himself' ethic, the powerful being the successful 'winners' who dominate the not so powerful 'failures'. Whereas in the Mansion Worlds (and the rest of non-rebellious Creation), equality, so even in a rebellious state, is the Law, and so if you cross the line inflicting dominance over another causing some level of suffering, pain and hurt, you will instantly come under the workings of the Law of Compensation and have to compensate for such transgression by feeling all that pain, hurt and suffering you have caused the other spirit to feel. So naturally, Universal Law and Order is maintained by everyone honouring the Law of Compensation, no one wanting to bring its 'wrath' down upon themselves.

Then added to keeping the peace, is the Law of Cooperation, for everyone in the Mansion Worlds who are happy and content to further their rebellious mind state in worlds 1, 2, 4 and 6; or doing their Healing, starting in world 1 and moving through 3, 5 and 7. So everyone willingly feels they want to cooperate with everyone else. Therefore, in the rebellious mind worlds, all spirits willingly and 'lovingly' cooperate with all other mind spirits; and the same in the Healing worlds, together with everyone willingly cooperating with the Healing. If you don't want to cooperate then you'll feel very bad, so everyone willingly wants to do some 'work' for the greater good of all. So there is no need for spirit money or spirit barter for any work done, because everyone willingly loves to work for other spirits, wanting nothing in return, loving giving and receiving as they feel moved to do. So for example, many spirits make spirit clothes out of the spirit material willingly and lovingly for other spirits to wear, freely giving such spirit clothes away, not wanting anything in return other than the receiving spirit being happy to wear and love their clothes. So, the Mansion Worlds function peacefully in their rebellious states – or in their Healing states.

So, now imagine if the two Laws are activated and applied to humanity on Earth... how would things change – and drastically change they would!

For example, everyone who is wilfully doing anything to make another suffer, feel hurt and pain, would cease their harmful ways, themselves feeling all that suffering, hurt and pain they've inflicted on the other person. So personally, as in personal relationship if you hit someone, emotionally, politically, socially, on all levels. If you run a business or government that is hurting people economically, socially, emotionally, spiritually, mentally, in any way causing anyone to suffer, then you're going to feel all that pain of all the people you're hurting. Even if you're doing it indirectly. If you work for a business or company and are forced to hurt others through policy of those controlling the company, no doubt you will still feel bad for what you've done, and you might leave, but if it's your only source of livelihood, then the Law of

COMMERCIAL IN CONFIDENCE

Compensation won't be as harsh or won't possibly be applied at all. So really it applies to those who are wilfully hurting, coercing or deceiving others, who will have to do their Hell Time to compensation for all suffering and pain caused.

So, imagine if suddenly everyone had to stop hurting everyone else, including all animal abuse – how would the world be?

LAW OF FORGIVENESS

Parents hurting their children are exempt from the Law, in that it will still apply, however it is suspended until the parent does their Spiritual Healing, and then it will come under the greater Law of Forgiveness. So parents doing their Healing and waking up to the truth of how badly and unloving they have treated their children, will feel all the pain of their transgressions as the Law of Compensation works upon them, however it will be a part of their Healing under the Law of Forgiveness, because the Rebellion has been thrust upon us all, and so parents won't have to do actual separate Hell Time, however they will feel like hell doing their Healing when they see and feel how unlovingly they've treated their children.

One could argue that it's not fair everyone being subjected to the Law of Compensation because we've all unwittingly and unconsciously been subjected to the horrors of the Rebellion, however once we're an adult, rebellion or not, we're still answerable for our actions. And so if you cross the line and infringe upon another's will to the degree of making them suffer pain, the Law of Compensation will apply to you.

So if the Law of Compensation is applied to Earth, one can imagine there will be many of the world's top controlling people suddenly stricken down with all the pain of their wrongdoing, thereby leaving quite a gap in the way things get done, into which other people will have to step.

And if the Law of Cooperation is applied at the same time, then in theory the world can dispense with the need for money, so no power or wealth accumulation, everyone can have what they want, and no one will want such power over others because of the Law of Compensation – and then how does the world keep functioning when suddenly there is no need to go to work to make money to survive? Hence the need for the Law of Cooperation, because like in the Mansion Worlds, everyone will feel driven to cooperate with the whole, so people will want to go to work for the sake of working to make everything keep working. Not to earn a living, just so they can participate in the whole of making life be as everyone will want it to be, that being a pleasant, good and happy standard of living. So the companies and governments will still work if need be, however their purpose and reason for existence will be for the good of the whole, with workers volunteering to work to keep them going. A utopia heaven on Earth, even a rebellious one, just as the Mansion Worlds are called heaven.

So is the new Spiritual Age that is possibly forthcoming, heralding the end of the 'Lawless' Rebellion? Is humanity on Earth to move to mirror humanity in the Mansion Worlds? So can life over there be applied to life here on the physical Earth? Will people strive to continue living their rebellious ways cooperatively within the overseeing Law of Compensation, all in a 'nice, friendly and loving' evilness, like in the mind Mansion Worlds? Whilst other people will strive to live cooperatively doing their Healing, wanting to finally end being of the Rebellion and Default?

The Learning Pyramid:



Once the core subject material is introduced, students tutoring each other in small groups of around 12 people is the most superior learning process – yet seldom provided for. Practice by doing, tutoring others flows into natural self-expression, thus achieving comprehensive knowledge of any core subject – and it is permanent learning. Our whole life is about experiences and the feelings that come from such experiences. As feelings arise we are to long to know the truth behind what those feelings are endeavouring to reveal to us. We are truth seekers! And we are to be feelings expressive!

By being mind-centric, we cannot progress up Dr David R Hawkins' Map of Consciousness (MoC) scale beyond 499. On the MoC, 400-499 is the field of 'Reason' – the pinnacle of science!

It's all about
Experiences
 &
FEELINGS

BE FEELINGS
EXPRESSIVE!

Universally, all sectors of education, pre-school, primary school, high school, craft centres, technical and further education, university, etc., are all mind centric platforms that retards one's freedom of expression and closes down evolutionary growth potential. The PhD – Doctor of Philosophy – is the extreme of feelings suppression with total immersion into one's mind.

Health

Are there really 10,000 diseases and just 500 ‘cures’?

“Regulators, scientists, clinicians and patient advocacy groups often cite ~7,000 as the number of rare diseases, or between 5,000 and 8,000 depending on the source. While this consensus process is still ongoing, USA National Institutes of Health currently estimate the number of rare diseases to be more than 10,000. An estimate published by the University of Michigan Medical School that “there are roughly 10,000 diseases afflicting humans, and most of these diseases are considered ‘rare’ or ‘orphan’ diseases.”

“There are other estimates, as well. The German government lists 30,000 diseases, of which it says 7,000 are rare, though it cannot be determined how that figure was calculated. Anderson noted that the 10th revision of the International Statistical Classification of Diseases and Related Health Problems (known as ICD-10) has nearly 70,000 codes, which would be an upper-bound estimate.

“The focus is really on rare diseases, but a credible case can be made that there are at least 10,000 diseases in the world, though there is likely more. And there are a bit over 500 treatments. So, as far as round numbers go, 10,000 diseases / 500 treatments works as a talking point.”

However, NO ONE comprehends what is the underlying cause of disease! Our health carers, our doctors and nurses never discuss or outline why we have a discomfort, pain, illness or disease. Kindly ask yourself, when was the last time your medical practitioner outlined to you why you have a particular health issues that you presented yourself with to him or her? **There is ONE cause – CHILDHOOD SUPPRESSION.**



Medical sciences introduce a never ending array of names for a never ending array of ailments without comprehending the elephant in the room – our **Childhood Suppression and ongoing Repression**. ALL our discomforts, pain, illnesses and diseases are generators to have each of us express our feelings, both good and bad. As we grow in embracing this way of living FEELINGS FIRST and long for the truth of what our feelings are drawing our attention to, we will come to recognise that all our issues have their foundations throughout our childhood forming years, from the moment of conception through to the age of six years, up to when our Indwelling Spirit arrives.

Our soul orchestrates it all. Our soul does everything. Our soul brought our spirit body into existence and, in turn, our etheric spirit body is the template of our physical body. Light continually flows from our soul

COMMERCIAL IN CONFIDENCE

through our spirit body and into our physical body. Our experiences in the physical are expressed back to our soul as light. Everything that we experience is recorded by this light returning by our soul. Emotional injuries and errors of belief that we experience impede the flow of light back to our soul – consequently we are degraded by such accumulating damage and harm. Look at a young child and then look at yourself now!

At the moment of our conception, we are perfect in every respect – both in Natural love and physically. We are then literally fire-hosed by our parents' emotional injuries and errors of belief and this is ongoing. They are not even aware of our existence when this onslaught commences – no wonder many conceptions do not survive to incarnation which is when the foetus commences to pump blood some 16 days after conception.

*My individual "Rebellion and Default"
is my overarching virus!*

*We are to express our feelings,
both good and bad, emotionally!*

Talk it out with a Friend!

Childhood Suppression is the elephant in the room!



COMMERCIAL IN CONFIDENCE

The underlying generator
of all discomfort, pain,
disease and illness is
Childhood Suppression
and ongoing Repression.

Feeling Healing is our
only recovery and
soul growth pathway.

It is that simple!

Living Feelings First growth potential is

Our Feelings are our Supreme Guide! Truth is found through our feelings, we are to long for the truth about what our feelings draw our attention to. Our soul based feelings are always in truth. We are fully self-contained. This simple fact has been hidden from us for 200,000 years while our hidden controllers, the evil ones, kept us under their selfish controlling agenda.

Living through our feelings first with our minds to follow in assisting with what our feelings guide us to consider is a rewarding, freeing and vibrant life. Whereas we all have been retarded through living mind centric.



Living through our Feelings First, the New Way, and longing for truth of what they are to reveal, expressing what we feel, both good and bad, will enable us to progress through the Feeling Healing Mansion Worlds while living on Earth. With Divine Love we will be fit to enter the Celestial Heavens and progressively then through all the Celestial Heavens of our local Universe of Neadon and then onwards to Havana and Paradise, the home of our Heavenly Mother and Father.

Not only will we progress beyond 1,000 MoC when transitioning into the 1<sup>st</sup> of the Celestial Heavens, by the time we reach Paradise we will have progressed to what could only be described as infinity – well not quite – but we will be truly awesome in our evolution and development.

Living mind-centric limits growth to 499 MoC

We all live through our minds! We all suppress and ignore our feelings. This has been how we have been led to live by high level spirits who had ambitions of self glorification to our detriment. These wayward spirits had allusions of expansionary empowerment and they needed Earth's humanity as their foot soldiers! Through their deceit, we would continue to live in spirit as we do on Earth without any prospect of progressing out of the spirit mind Mansion Worlds.

Should we continue with aspirations in the perfecting of our mind then we can progress from the 1<sup>st</sup> spirit Mansion World to the 2<sup>nd</sup> mind spirit Mansion World, then 4<sup>th</sup> and finally 6<sup>th</sup> mind spirit Mansion World to a dead end. In these higher worlds we may appear to be guru type personalities but we have gone further away from God – we have then perfected our evilness!

The mind can even stave off the time when the Law of Compensation is addressed.

A U-Turn is required and then one would commence embracing their feelings and progress through the Feeling Healing Mansion Worlds 3, 5 and 7. With Divine Love then on completion of the 7<sup>th</sup> spirit healing Mansion World process we transition to the 1<sup>st</sup> of the Celestial Heavens.



While we suppress and ignore our feelings we are living in hell and putting ourselves through untold misery, pain and suffering when we can achieve healing to the level that we are living as Celestials while in the physical on Earth!!!

PASCAS FOUNDATION (USA) LLC

We enable awareness so that people and communities may profoundly grow their lives, livelihoods and exponentially enhance their futures.

Empowerment is by:

the New Way: Learning how to live true to ourselves by living true to our feelings;

enabling the true liberation of women through the truth of their feelings;

assisting urban as well as remote and rural communities with access to truth through all levels and forms of education;

supporting delivery of quality and accessible healthcare;

improving opportunities for and the safety of all, especially women and children;

and fostering a new era of leadership and leaders.

It takes a village to raise a child.

LIVING FEELINGS FIRST and EARLY CHILDHOOD

THEORY OF CHANGE

A 'theory of change' explains how activities are understood to produce a series of results that contribute to achieving the final intended impacts. Theory of Change supports the social, human rights and assets changes needed to lift communities out of poverty by working across four program areas: education, health, equality and leadership.



PROGRAM LOGIC MODEL

The following program logic is used to describe programmatic interventions within effective framework:

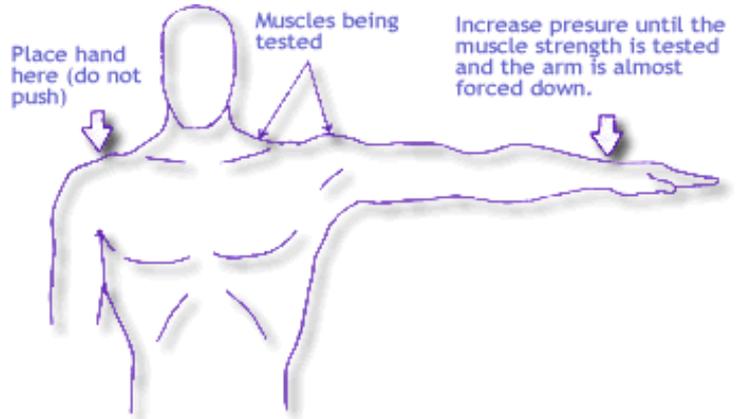


EINSTEIN'S THEORY of INSANITY



DOING THE SAME THING
OVER and OVER and
EXPECTING DIFFERENT
RESULTS.

Kinesiology Muscle Testing



Basics of muscle testing

Through kinesiology muscle testing, we can determine what is in truth and what is not, further, we can also determine the level of truth of anything!

NO PROBLEM CAN BE SOLVED
FROM THE SAME LEVEL OF
CONSCIOUSNESS THAT CREATED
IT.
-ALBERT EINSTEIN

The SITUATION and the OPTION:

Presently the population of United States America overall calibrates at around 405 on Dr David R Hawkins' Map of Consciousness. Earth's humanity overall is calibrating at around 220.

Worldwide Level of Consciousness based on the Map of Consciousness (MoC)

see Power vs Force by Dr David R Hawkins

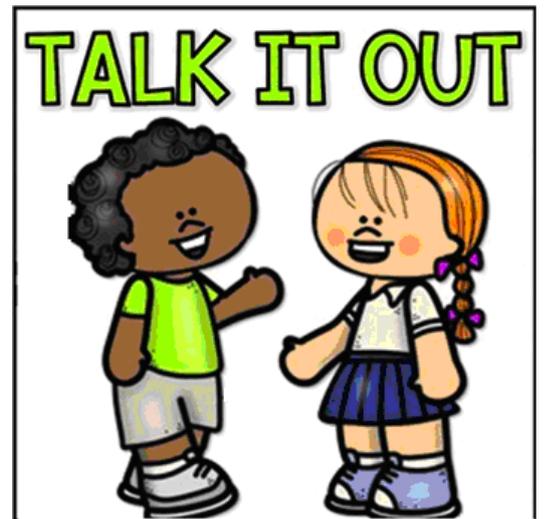
| | | |
|--|-----|-----|
| 6,000 years ago | MoC | 72 |
| At the time the Vedas were written | | 74 |
| At the birth of Buddha | | 91 |
| Prior to the conception of Jesus of Nazareth | | 101 |
| After the birth of Jesus of Nazareth | | 147 |
| At the death of the last apostle | | 182 |
| In 827 AD (at the death of Charlemagne) | | 190 |
| When Abraham Lincoln took office as President | | 190 |
| Avonal Pair progress through their Feeling Healing in 2022 | | 220 |

| Correlation of Levels of Consciousness – Soul Condition – and Society Problems | | | | |
|---|-----------------------------|------------------------|------------------------------------|----------------------------|
| Level of MoC Consciousness | Rate of Unemployment | Rate of Poverty | Happiness Rate "Life is OK" | Rate of Criminality |
| 600 + | 0% | 0.0% | 100% | 0.0% |
| 500 - 600 | 0% | 0.0% | 98% | 0.5% |
| 400 - 500 | 2% | 0.5% | 79% | 2.0% |
| 300 - 400 | 7% | 1.0% | 70% | 5.0% |
| 200 - 300 | 8% | 1.5% | 60% | 9.0% |
| 100 - 200 | 50% | 22.0% | 15% | 50.0% |
| 50 - 100 | 75% | 40.0% | 2% | 91.0% |
| < 50 | 95% | 65.0% | 0% | 98.0% |

The people of United States of America can continue as they are, passing their ways of living, emotional injuries, errors of belief on down through their generations, living in despair, dependency, poverty and hardships or embrace a new way of living, the New Way, Living Feelings First. Though the people present a happy, friendly persona, it is a national façade.

The option is that universal free education be made available throughout United States and that the option to consider and embrace living feelings first, with our mind to follow in support, as against how it presently is, our mind being the centre of education with all its limitations and suppressions.

Our life is our experiences and the feelings that arise from our experiences. We are to express and talk out what we are feeling from our experiences. Communities who are feelings focused evolve rapidly whereas mind centricity entombs communities within their quagmire for the aeons to come.



MARKET OPPORTUNITY:**TENTATIVE WISH LIST (Education)**

1. Early Childhood Education (identify and fund a model school).

Kindly consider a pre-school to be established within every province. This may be centred in communities that the mothers can obtain employment. The mode of operation and management of a centre could have a combination of trained personnel with extended family supporting. The structure may vary to reflect the needs and customs of the town or larger villages. Training of key staff is a priority leading to opening of pre-schools – this could be considered through regional campuses of Pascas University that are to be established.

THE ITCH

- Assumptions are our greatest enemy. Our minds cannot discern truth from falsehood. Our minds are addicted to untruth and control of others and the environment.
- Our soul based feelings are always in truth – yet we are taught from conception to suppress them.

2. Early Childhood Teacher Training program.

Living Feelings First is outlined in eight Pascas Papers that may be downloaded from www.pascashealth.com in the Medical – Emotions section on the Library Download page:

-  [Pascas Care Living Feelings First - Adults.pdf](#)
-  [Pascas Care Living Feelings First - Children - Annexures.pdf](#)
-  [Pascas Care Living Feelings First - Children - Discussions.pdf](#)
-  [Pascas Care Living Feelings First - Children - Graphics.pdf](#)
-  [Pascas Care Living Feelings First - Children.pdf](#)
-  [Pascas Care Living Feelings First - Drilling Deeper - Structures.pdf](#)
-  [Pascas Care Living Feelings First - Drilling Deeper.pdf](#)
-  [Pascas Care Living Feelings First - Reference Centre.pdf](#)

These papers have been specifically developed for the education system and classroom application. These are to be added to the materials that may be considered by the Education Leadership Team. The culture of the people in each region being accommodated, to be melded with the environment presently existing and evolving.

3. School library / resource centre in each province possibly in the model school.

We can consider establishing a model demonstration school in every province – and even more than one – or as many as seen appropriate. Each school when reviewing their library / resource centre, with no exceptions, can have their wish list considered, should they come forward with what they may feel required. This will need a significant administration team and appropriate resources to manage the logistics. This could also involve internet communications involving satellite, renewable power generation and laptops / ipads / tablets to be provided and installed.

4. Teacher professional development (in-service, workshop etc.) on various topics such as early literacy and numeracy including multi modal literacy), civic and citizenship education, basic health and hygiene.
5. Consider the establishment of teachers' training campuses in provinces with potential teachers also being provided with scholarships to enable them to follow their passions and complete required training. Scholarships may be extended to providing housing and costs of living. These provincial campuses may be the start of Pascas University throughout United States America.
6. Training on Leadership and Management in Schools aimed at school principals, curriculum leaders, etc. to engage in school policy development, implementation, and evaluation.

Again, Pascas University campuses in provinces to enable as many potential educators to be accommodated to build the numbers of true educators to a level that education throughout United States America can be an example of what can be achieved in a short period. This will also require the flattening of the hierarchical controlling domination that prevails throughout the education systems worldwide – it is this control that is stifling free flowing initiatives of many great educators. Workshops can be conducted at all appropriate Teacher Training campuses for all leader type educators.

Kindly reference through www.pascashealth.com at the Library Download page, scroll down to the heading Corporate Foundation Documents and click on to open:

-  [Pascas WorldCare Teams.pdf](#)
-  [Pascas WorldCare Teams and Bottom Up Democracy.pdf](#)
-  [Pascas WorldCare Teams Wisdom & Operation.pdf](#)
-  [Pascas WorldCare Teams with PTQP.pdf](#)

7. Standards Based Curriculum materials – review against unfolding events and emerging revelations. Textbooks for different subjects may benefit from review and development, then train teachers on them as well on how to use other newly evolved Teachers' resources.

All materials and textbooks may be supplied. Uniforms may also be supplied. Kitchen facilities may be included in the schools and food supplied and prepared by catering staff for breakfast and lunch as required. The question is to ensure respect and acceptance of such support. Is it simply handed out? Is it invoiced to each student and announced as a scholarship? Is there a nominal payment from the student? It is to be free, however the student is to understand its importance in a way that is culturally acceptable.

8. Alternative education (adult and early school leavers) skills training to improve lives addressing inequities and promoting social justice concept. Begin by funding existing Technical and Vocational Education and Training (TVET / TAFE) schools with infrastructure, resources, (tools and equipment).

Pascas styled TVET / TAFE Colleges may be established in each province and concentrated on providing Technical and Trade Skills and IT training to equip the school leaver to be immediately and valuably employed in the local workforce, thereby retaining more of the population in the regional areas. Again, the education is to be free. This may be done with; “here are your fees and, congratulations, here is a scholarship”.

9. STEM (Science, Technology, Engineering, Mathematics) education – develop resource materials to help teachers to implement these various projects prescribed in the curriculum. Such as teacher workbook. Concept applied in projects. Materials / equipment needed for these to support.

This is a big task and it is for those with big overview sight and then detail focus to attend to the minute requirements. It will also be an ongoing evolution. Pascas is to support this agenda all the way.

10. Sport development in schools (Physical Education (PE) equipment, uniforms, etc.).

Sport is the only reason why many attend school. Education is meant to be fun. This is mostly lost in the controlling addictions of most people throughout the education world and elsewhere in our lives. Sport is an important component of the school syllabus and fields and courts and swimming pools may be established in each school and the necessary equipment and uniforms supplied.

11. Water tanks for schools and proper toilets facilities.

Drinking water tanks and state of the art toilet facilities can be included in all schools as well as Teacher Training Colleges and Technical Colleges. Again, consider instructing an administration team to request what each education facility considers that it needs and then approve a delivery and installation operation.

12. Education material with foundations based on assumptions to be recognised for what they are – in error!

Our minds are addicted to untruth. Our minds cannot discern truth from falsehood. Consequently 98% of assumptions are wrong – the other 2% are flukes. Count the number of assumptions in research papers. We will then discover and understand the reason why society is floundering!

13. Education of girls to be prioritised.

If a girl spends only 2 years at school, she is likely to have more than 7 children. If she spends 6 years at school, she is likely to have around 4 children. If she spends 12 years at school then she may have only 2 children. World poverty is best averted by the tool of education in the first instance.

Girls and women are closer to their feelings than boys and men. Consequently, it is through our feelings that we excel. The belief that men are to dominate the female is that leaders of the past understood that should females be allowed to fully express themselves through their feelings then the men with their control would be ended. Today, we now start that ending for the advancement of both women and men!

14. The potential within us all is incomprehensibly amazing – however it will NOT be revealed through our minds. Our potential and our true personality will reveal itself through our soul-based feelings – this is The New Way – our new way of living. We are to live feelings first, express our feelings, both good and bad without acting upon them, and to long to know the truth of what our feelings are bringing to our attention.

Living mind centric, as we are all taught to do so from birth and throughout all our walks of life, imprisons each of us into limitations of mediocrity. We have no spontaneity, flare, intuition and creativity – we live life in a stupor, zombie like. Not even the greatest scientists in history calibrated higher than 499 on Dr David R Hawkins' Map of Consciousness (MoC) scale – the peak of reason. Scientists can go through life

achieving one or two break throughs whereas people living through their feelings routinely achieve break throughs. Being mind-centric is how humanity is controlled by the few. The education systems around the world are the arch agents of suppression for these controllers.

Now we can set ourselves all free to bloom in spontaneity, wisdom and vigour through our feelings – and it is all cost free!

15. We are to live through our feelings. Our soul does it all. We are to put aside the façade personality that our parents and early childhood carers imposed upon us. We are now, through our feelings, to discover who and what we truly are. This is incredibly freeing and beautiful. Our true brilliance will shine for all to see.

Life is about what OUR soul wants for us to experience. Living through our feelings eliminates mountains of stress that our mind brings upon us. Our day ends with being fresh with many achievements and goals attained. Should we live submitting to the imposed will of others, life is suppressive and unrewarding. We are to be who we truly are and that is the experiences that we are to have and to be expressed through our feelings. Doing this on a national basis will bring about an exemplary society, and that will be the peoples of United States America.

The New Way: Learning how to live true to ourselves by living true to our feelings.

This time, in the history of humanity, is the most exciting time ever experienced.

Other Thoughts:

As the initial units for each of the educational elements are being constructed and opened then the planning and construction could be underway simultaneously at other sites in each Province. Issues encountered will be numerous but different in each location – so proceeding on multiple fronts is prudent – we will discover as we go along without delay.

Every aspect of how we have been living life is to be reviewed, reconsidered, redesigned, reconstructed and reintroduced. None of the institutional ways of doing things is to be automatically replicated or even continued. That is why the Education Leadership Team is unique from conception.

ALL societal growth has been the result of its education system, however they have all been proceeding down a rabbit hole to a glass ceiling being its dead end. Now for the Great U-Turn!

Childhood Suppression is the underlying cause of all physical illness and social issues seen throughout society.

*We are in PAIN because of
our UNLOVING CHILDHOOD!*

and



Living through our Minds is Killing us!

Living through our Minds is Killing us!

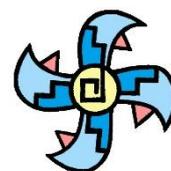
CHALDI COLLEGE – EDUCATION: Nanna Beth – 3<sup>rd</sup> Celestial Heaven and James 28 July 2017

James: John has been wondering about how to set up schools and schooling ‘under a tree’, in keeping with it all being opposite to what we’re all used to, can you give him any suggestions or point him in the direction he should look?

Nanna Beth – 3<sup>rd</sup> Celestial Heaven: These are some ideas he can consider – just suggestions John, we won’t say it has to be this or that way, as you know, it’s for you to work things out. So basically, what would you like John – how would you have liked school to be?

CHALDI COLLEGE

Schooling is voluntary. It should be made to be something children want to do, not something that’s forced on them.



It should be fun, as in keeping the whole focus on making them feel good about all they are doing. Not artificially praising them or praising them over their peers, but just supporting and being personal with them, allowing them to respond and find their own way.

It should not be separated into classes based on age. Classes should involve all ages, for example, the younger ones can learn and watch and be helped by the older ones, but not forcing the older ones to help the younger, all voluntary and what would naturally happen, more like in a big loving family rather than segregated because of age or whatever. Perhaps the 5, or less, to 10 in one group, 11 to 16 in another.

Teachers are to be able to deal with children of all ages, and work to allow the student to progress at the students own pace. Special or extra schooling can be provided when necessary to students that want more.

The subjects should all be practically oriented. Everything offered and so accepted voluntarily. Reading, writing and basic arithmetic, all so as to help the child deal with the real world. Other subjects like psychology – morals and ethics, love and friendship, acceptance and tolerance of ALL feelings, particularly bad ones, resolving disagreements, expressing feelings and yet not necessarily acting on them – particularly the bad ones, all based around how to respect and treat other people how you’d like to be treated. And how if you hurt by infringing upon another's will, then you will have to suffer that same amount of hurt, either now or in spirit. And about the Feeling Healing, what happens when you feel bad feelings, how to look to your feelings for their truth, so as to grow in understanding of yourself, nature, life, other people, and God – the whole spiritual aspect, including the Divine Love and Mother and Father, yet no religious indoctrination. The history, culture, place in the world. How to integrate with the modern world, computers, phones, internet, etc. Sport, play, arts, creative lessons and involvement. How to live and respect nature, the natural world, the environment, hygiene, natural health, sex, contraception, abortion and so on – about the person, the body, things to dispel myth and falseness, general science. Trades, technical work, hands on experience – building stuff, ways to use one’s mind to do what one wants to do.

Duration of classes, half a day, longer when older for those wanting to learn more, homework voluntary and at the child's initiative – wanting to do it.

School is just part of life, not separate to life. Part of the family, tribe, society, not separate from it. Inclusion of other adults, parents, family members, as aides, helpers, teachers, together with professional teachers. Lots of people, and in particular older people (who also have the time), are natural teachers and should be encouraged even though they’ve not been specifically trained. One can only learn a certain

amount being taught to be a teacher, yet in reality, very few trained teachers have any real natural feeling for it. The more the 'teacher' makes their pupil feel the pupil is the important one, and the teacher is only there to help them if they need their help, and not to stuff it down their throats whether they like it or not, is where to begin. And how a child of differing ages learns, is as varied as the children themselves. So the more 'teachers' the better, and that means the child can gravitate to the 'teacher' that best suits them, rather than having to spend a whole year with someone you hate and you feel hates you.

University for higher learning, full on, voluntary, free, all information on any subject available with competent teachers. So the student can excel should they want to.

It all being with the focus on the person, offering them things which they can try and see if they like. Things that will help them in the world; and how to be a person living true to themselves – true to their own feelings; and how to respect another as one respects oneself.

James: Nanna Beth, John would like any comments on the Council of Elders continuing to contact people on Earth after he's croaked it.

Nanna Beth: It's as James said, there will be an increasing number of people opening up to us Celestials for all sorts of help, once they understand who we are and how we can help. So yes John, there will always be some main people on Earth we'll work with. And should it all keep needing to move along with one entity in control, such as what you're starting out with, then yes, that is how we'll engineer it. Should it break up or be broken up into many entities, then we'll be ready for and going with that. As much as we say we are in control, we mean that we are in control instead of the mind spirits. But still we are to work with humanity, in as much as humanity leads and we augment.

James: And Nanna Beth, I thought I'd ask you about the Religion of Feelings, as John is against a religion of any sort because of all that religions have done to us all, do you have any thoughts on it?

Feelings First Spirituality, New Feelings Way

Nanna Beth: It's all up to you James, what you want. Of course you're not wanting to go and instigate yet another religion in which people have to adhere to a set of rules because you know what will happen to that, **any rules allowing people and their controlling agendas to take control over others, is something to be avoided at all times.** However the notion of a 'religion', and one based on feelings, with no fixed agenda, no rules, just founded on truths, will allow people to have some sort of structure to relate to should they need that, but one in which they are entirely free to do whatever they feel based on their feelings. And with the Feeling Healing and Soul Healing being at its core, then those people intent on that will be able to work on themselves and it won't matter to them whether they are part of something or not.

As you understand, some people will like the idea, others won't like the word religion and will want to do it alone, so do whatever you feel you want to do. We don't call it anything over here other than Our Healing, yet we all had embraced the Divine Love before we began our Healing, however potentially that won't be so for a lot of people on Earth, and to say that people have to embrace the Divine Love to do their Healing would cancel out a large amount of people and is putting a rule in place, which doesn't need to be there and would only get in the way.

So to call it a Religion and yet to make it as free as you are intending James, is something for you to decide for yourself, which really just gets down to using the word religion. And I know it appeals to you because

it is a religion that is not a religion, yet more a true religion of truth than any of the existing religions are, so you're showing up those religions for the untruth that they are.

Anyway, it's what you want to do James, it's not for us to say one way or the other. And you will do what you want to do, you'll hear people's complaints or if they like the idea, weigh it all up, and still do what you want to do.

James: So you don't force or coerce anyone to do anything they don't want to do. Because who wants to be treated that way – no one!

Feelings First is a way of living without any dogmas, creeds, rituals, cannon laws, hierarchy or controls of any kind.



It takes a village to raise a child

POTENTIAL to BENEFIT your CHILD through our own FEELING HEALING:

This steps down each seven years as the child matures



From conception to age 6 or 7

From 8 to age 14

From 15 to age 21

From 22 to age 28

As we heal, we directly heal our children similarly.

The Indwelling Spirit arrival for the child around age 6 or 7 starts their independence.

The Golden rule is: Never interfere with another's will.

God's Divine Love: Pray for it, ask for it, and receive it.

Our Heavenly Parents simply desires for us to ask for Their Love.

The New Way: learning how to live true to ourselves by living true to our feelings.

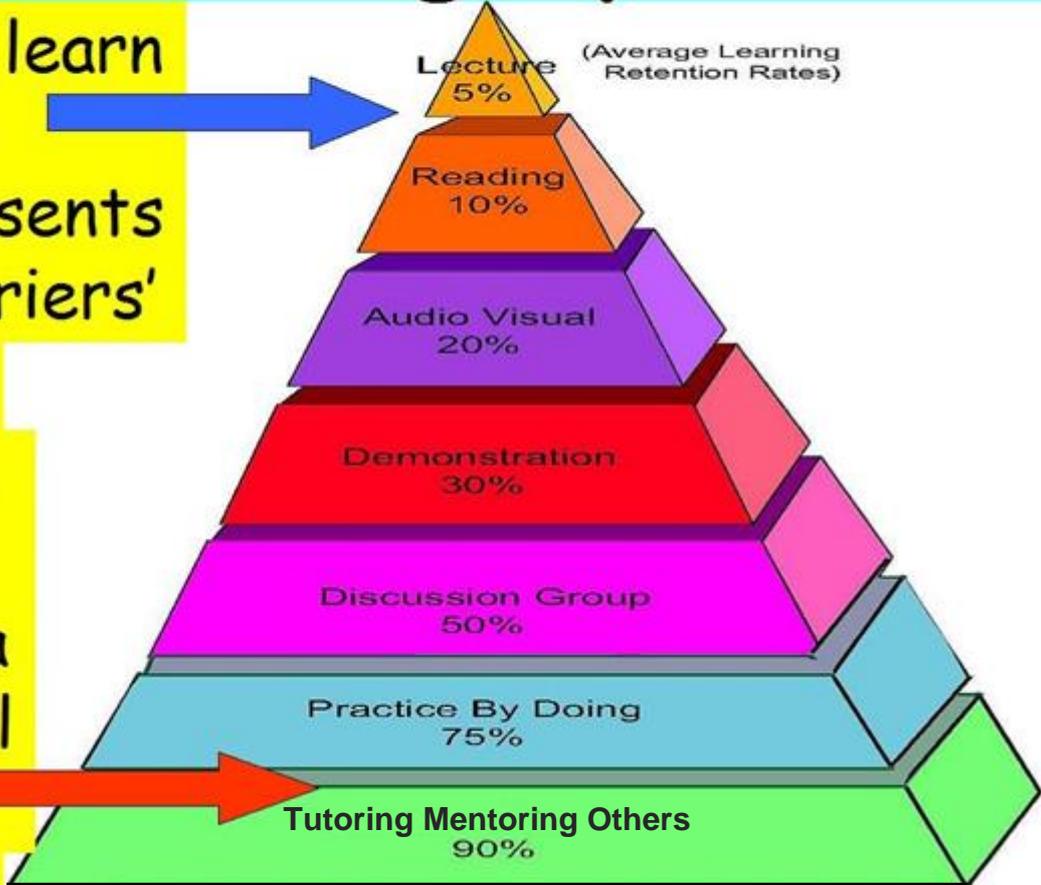
We are to express our feelings, both good and bad, at all times, and to long for the truth of them.

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

The Learning Pyramid

Trying to learn using this often presents many 'barriers'

Effective Learning requires a great deal of this



100% retention is **Natural Self Epression**

SUGGESTED READING:

Kindly go to www.pascashealth.com and then to the Library Download page and then to open the following, scroll down to the topic and click on the PDF:

CORPORATE ALLIANCES

Chaldi Child Care Centre – Safe Space
 Chaldi College Free to Learn Instinctively
 Chaldi College Free to Learn Pathway
 Chaldi College Primary thru to High – Feelings First
 Chaldi College Women and Girls’ Education
 Chaldi College (WW) – Education through Feelings
 Chaldi College (WW) – Technology & Product Information
 Chaldi University Postgraduate Feelings Degree

Pascas University and Global View
 Pascas University and the Meeting House
 Pascas University Universally Free Education
 Pascas WorldCare Craft Creations
 Pascas WorldCare Cultural Centre
 Pascas WorldCare Supporting Hands

ELSEWHERE

Pascas Care Kinesiology Testing
 Pascas Care – Living Feelings First – Adults
 Pascas Care – Living Feelings First – Children
 Pascas Care – Living Feelings First – Children Annexures
 Pascas Care – Living Feelings First – Children Discussions
 Pascas Care – Living Feelings First – Children Graphics
 Pascas Care – Living Feelings First – Drilling Deeper
 Pascas Care – Living Feelings First – Drilling Deeper Structures
 Pascas Care – Living Feelings First – Reference Centre
 Pascas Care – Multimedia Movie City
 Pascas Care Letters – Beliefs Suppress Truth
 Pascas Care Letters – Etheric Spirit Body
 Pascas Care Letters – Psychology and Feeling Healing
 Pascas Park – Journey of Man

Pascas Primary publications being:

U-Turn for Humanity Pascas reveals New Feelings Way
 U-Turn for Humanity pathway being New Feelings Way
 U-Turn for Humanity shutting hells through New Feelings Way
 U-Turn for Humanity soul light and the New Feelings Way
 U-Turn for Humanity through the New Feelings Way
 U-Turn for Humanity treacherous assumptions New Feelings Way
 U-Turn for Humanity unfolding the New Feelings Way
 Universal Gift – Feeling Healing with Divine Love
 Feeling Healing and Divine Love Discussion Prompts
 Pascas Care Death & Dying Transition & Assimilation Marjorie

Also kindly consider reading:

www.pascashealth.com

then proceed to Library Download :

Pascas Care Letters – Root Cause now to Pathway Forward

Pascas Care Letters – Root Cause now to Pathway Forward (short)

Pascas Care Letters – Funding for Change Over

Pascas Care Letters – Family Shelters Abuse & Remedial

Pascas Care Letters – Family Shelters Social Housing

Pascas Care Letters – Family Shelters Overview

Pascas Care Letters – Family Shelters towards Liberation

Pascas Care Letters – Back to Basics

Pascas Care Letters – Change

Pascas Care Letters – Dr Hawkins validates Feeling Healing

Pascas Care Letters – Education through Feelings

Pascas Care Letters – Finaliters our Destiny

Pascas Care Letters – Glass Ceiling Barrier Removal

Pascas Care Letters – Humanity is Addicted to Untruth

Pascas Care Letters – Journey of Earth's Humanity

Pascas Care Letters – Life is a Highway

Pascas Care Letters – Live True to How You Truly Are

Pascas Care Letters – Moving out of Healing

Pascas Care Letters – My Customs Heritage and Nationality

Pascas Care Letters – One Soul Two Personalities

Pascas Care Letters – Psychology and Feeling Healing

Pascas Care Letters – Spirit Evolution and Environmental Changes

Pascas Care Letters – There is only One Way to Heal One's Self

Pascas Care Letters – Transition & Assimilation following Death

Pascas Care – Death & Dying Transition & Assimilation Marjorie

Pascas Care – Kinesiology Testing

Pascas Care Centre – Pacific Basin Nations

Pascas WorldCare – ASEAN and Pacific Island Nations

Or simply allow your feelings

Important recommended reading is:

by James Moncrief

The Rejected Ones – the Feminine Aspect of God

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>

<http://www.pascashealth.com/index.php/library.html>

Library Download – Pascas Papers

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the
 mailout list, kindly provide your email address. info@pascashealth.com

COMMERCIAL IN CONFIDENCE

ENOUGH IS ENOUGH

Andon and Fonta, our first parents to long for our Heavenly Parents, lived nearly 1,000,000 years ago. Naïve humanity was seduced by high spirits, the Lucifer pair, to believe they could be gods through their minds, thus men subjected women to subordinacy 200,000 years ago. Also added to this was the default of the Adamic pair more than 38,000 years ago when they failed in their mission.

REBELLION & DEFAULT 200,000 YEARS

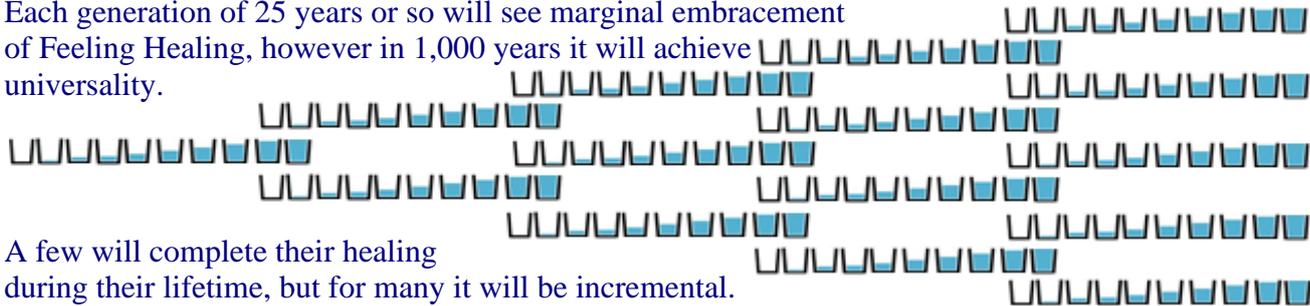
When Jesus with Mary achieved their full Regency of Nebadon, in 26 CE, they immediately had the Lucifer and Satan soulmate pairs assigned to a spirit world prison. Since then, the Creator Pair have been preparing for the ending of the Rebellion and Default for humanity of Earth. The Avonal Pair now on Earth, once commencing their Healing, brought about the imprisonment of the Caligastia and Daligastia pairs in the early 1990s. As the Avonal Pair advanced with their Healing they brought about the formal end of the Rebellion and Default, on 31 January 2018. It is now for all of humanity to embrace the Spirits of Truth of the Avonal Pair and undertake their healing of the imposts of the Rebellion and Default.

Avonal AGE 1,000 YEARS

Spirits of Truth of the Avonal Pair will guide us through our Feeling Healing and into the Celestial Heavens with Divine Love, then the Spirits of Truth of the Creator Pair will lead us through the Celestial Heavens and out through Nebadon towards our Heavenly Mother and Father in Paradise.



Each generation of 25 years or so will see marginal embracement of Feeling Healing, however in 1,000 years it will achieve universality.



Universality of Feeling Healing with Divine Love will see the mitigation of discomfort, pain and illness as well as the imposts of global warming and Earth changes. These events are to ensure that each of us embrace our feelings, both good and bad, down to the very core, so that we fully come to know who we truly are. Sciences will endeavour to remove pain only to see disease manifest in different forms. Earth disturbances are a result of the Harmonic Convergence of the late 1980s, increasing the rotation of the Earth's central core. This will only abate when humanity has universally embraced Feeling Healing. These influences are only imposed upon us so that we do not step back into the Rebellion and Default through complacency. Live Feelings First so that we become the true personalities we are, that being daughters and sons of our Heavenly Mother and Father.

COMMERCIAL IN CONFIDENCE

Ten ducks in a row, but one always misleading or misled!



Tug - of - War

GREAT
U-Turn

COMMERCIAL IN CONFIDENCE

WHY be MIND-CENTRIC rather than FEELINGS FIRST with MIND SUPPORTING?

WHY did the LANONANDEK DAUGHTERS and SONS REBEL?

The Lucifer, Satan, Caligastia and Daligastia soulmate pairs are all high level Lanonandek spirits:

FOR 200,000 years ALL SCRIPTURES and Earth based INSTITUTIONALISED SYSTEMS are the WORK of the REBELLIOUS LANONANDEKS:

The rebellious Lanonandeks from within our local universe are these soulmate pairs:



According to The Urantia Book (TUB) there are various orders of Paradise Descending Daughters and Sons. (NB: TUB only refers to the masculine so doesn't include Daughters.) The Descending Daughters and Sons descend or step down from Paradise to reach out and 'down' to the Ascending mortals – men and women on the evolutionary worlds, who are reaching out and 'up' to Paradise and for such help from the descending spirit pairs. Ascending mortal pairs (soulmates) cannot by themselves ascend to Paradise, because it is not 'encoded' in their soul. So they need higher help and guidance from the descending pairs. So if people don't have this higher help they will never spiritually and physically progress very far. And if this higher help goes haywire, people are stuffed until other higher helpers comes to rescue them.

One such Descending Pair, the Creator Pair, comes out from Paradise to a section of space when it is ready for them – Mary M (Magdalene) and Jesus in our case; and in union with the Divine Minster, create or 'bring into being' a Local Universe – Nebadon. Mary and Jesus then attend to the whole (local) universe, with Avonal Descending Paradise Pairs coming as required to the individual earth worlds to ensure and initiate the spiritual changing of the ages that is needed to advance the spiritual development of mortals in accordance with the Paradise Plan.



Part of the Creation of Nebadon includes the creation of Local Universal Descending Daughters and Sons that hold key positions on individual worlds and oversee larger areas or sections of the Nebadon. The Lanonandeks being these key administrators, guides, overseers, are the ones that ensure the ascending mortals of each world are given what they need in accordance with the unfolding phases of their evolution, as well as providing the necessary Mansion World structures and organisation of the Celestials spheres, the greater part of Nebadon, all so mortals of the evolutionary worlds can find their way up and through the Local Universe so as to set out on their greater spiritual journey through the Super Universe and Central Universe to Paradise. The Lanonandeks make sure all the parts work as they are intended to do, with the Melchizedeks being more involved with the ongoing teaching and personal education of mortals about all things through the Local Universe.

The Lucifers, Satans, Caligastias and Daligastias are all Lanonandek daughter and son pairs.

The Lucifers were the overseers of this sector – System – of Nebadon that includes Earth – Urantia. The Satans were to help the Lucifers, being the main liaison pair with the Caligastias (The Planetary Prince and Princess) who oversaw Earth directly from spirit, and the Daligastias being physically materialised on Earth so as to oversee and help evolve the local races of Earth on all levels – the practical, physical and spiritual, this being how it was five hundred thousand years ago. And for three hundred thousand years, everything went well.

The whole of Creation thus far is one gigantic Ascending mortal scheme – The Ascension Scheme. So everything in it works to help slowly evolve humanity along the plans designed for them by the Descending Pairs and the Mother and Father, with the idea to evolve, through ongoing self-expression, the people from all the earths up through the Mansion Worlds and into the Celestial spheres and on through and out of Nebadon. So if anything goes wrong in any level of the universe then it causes problems for the mortals who are wanting to ascend.

The Lucifers were outstanding members of their Order. However according to TUB (if I remember correctly), they were passed over when they applied to oversee certain parts of Nebadon – and so why did that happen??? Then finally they got their chance. As to why they rebelled – it is said their egos, their self-importance, grew, and they weren't able to control it. They were seduced by some inner need for greater power – but why did that happen? And is it just like everything else, there is variation in all things and so they went the way of rebelling against Mary and Jesus and the Mother and Father. And not being of a higher Paradise Order, they are more prone to being seduced by their inner biases, whereas supposedly Paradise Descending Daughters and Sons are too perfect, being of Paradise origin, and so wouldn't or even can't rebel. And Avonal Pairs can willingly take on rebellion, but that's their choice and they are not technically rebelling or defaulting, they needing to do this so they can heal themselves of the Wrongness thereby liberating the world of rebellion, and in our (Earth) case, also the default. Which means providing people and spirits in the Mansion Worlds their Spirits of Truth, so everyone in a rebellious state can look to them instead of the Evil Ones, the rebellious Lanonandeks, for the way out of rebellion and onto Paradise.

The Evil Ones took over their part of Nebadon, Mary and Jesus allowed them to, allowing the Rebellion and subsequent Default on Earth to run its course. However it continues to cause masses of disruptions to the natural way of things, all of which we've been and continue to be subjected to.



So because humanity for two hundred thousand years has been increasingly subjected to the Rebellion and then also the Default of Eve and Adam, we are well and truly entrenched in the unconscious belief that the Evil Ones are the Gods, and that we're to look to them for the way to be happy and feel loved – that they are the Living Truth. And yet, as we can all see from our own lives when we start to address our bad feelings, this is wrong, false and misleading, only making us feel even more unhappy, unloved and powerless in our negative truth-denying state and being unable to do anything about it – because ascending mortals are not able to go against the higher Daughters and Sons. So without humanity knowing it, we have been praying to the Evil Ones as if they are God, even with people who pray to Jesus, praying to a mind-created fantasy Jesus and not the real one, as can be seen by the Evil Ones strategically denying humanity the truth of the Divine Love, with our need to long for it being excluded from the Bible and not found in any other rebellion-created religion.

Mary and Jesus being the highest Paradise Pair, by their coming to Earth, terminated the System Rebellion of the Lucifers and Satans. So that level of evil influence on all the rebellious physical worlds ended two thousand years ago. And then it's required for each world to be attended to by a bestowal Avonal Pair, who take on the evilness of that world and heal it within themselves, thereby ending the control in our case of the Caligastias and Daligastias, which has now apparently happened, with the Avonal Pair only to finish their Healing so as to signal the complete technical end of the Rebellion and Default.

So their – the Avonal pair – Healing involves dealing with the Rebellion and Default within themselves on all levels, so people and the mind Mansion World spirits can then choose to follow them and do their Healing. So by following the Avonal Pair you are going against the Evil Ones (currently it being their legacy within you and on the world), looking to end their negative, unloving and untrue influences within yourself. And once done, you become a Celestial, either on Earth or in the Celestial spheres, and free to align yourself with Mary and Jesus, which is done by partaking of the Divine Love, and free to live your ascension to Paradise – free to become at-one with your Mother and Father.

We're all living the demented levels of the demented minds of the four Lanonandek pairs that rebelled. And as we do our Healing, so we come to see how fucked they are, as we see how fucked we are; how they passed that fuckedness onto us through our parents, how we've become so tangled up in our Wrongness, not knowing what is true – we live untruth believing it's true – we feel false love believing it's true love. We're all around the wrong way, deeply mixed up, and needing to do our Spiritual Healing to get ourselves out of our sinful and evil ways, so as to come back into alignment with the Truth. So all that we are has to go, and we're to uncover a whole New Way on all levels, personally and how to live, as we liberate ourselves from our dementedness.

With the Evil Lanonandeks no longer at large, having been detained on a prison world awaiting judgement as to what will happen to them, so the Melchizedeks stepped in taking over their positions. I don't know why other Lanonandeks weren't appointed, however I guess it's because of the damage done by the Rebellion. We who are here and part of it have to deal with it ourselves, so no outsiders other than Mary and Jesus and the Avonal Pair being from Paradise that can override that limitation.

And the Melchizedeks have enlisted the Celestial spirits' help. So together, they now in effect play the roles of the Lanonandeks. And as the Avonals progressively heal themselves, thereby liberating humanity from the dictates of the Rebellion and Default, so the Celestials are being given increasing power and authority to do what the Lanonandeks would have done. So the Rebellion, on a positive note is providing the Celestial spirits with unique opportunities as part of their ascension, as we hear from Helen and Nanna Beth – both 3<sup>rd</sup> Celestial Heaven spirits. And I would imagine, people who finish their Healing and become Celestials on Earth, will also in some way be given extraordinary opportunities as well, all of which will involve some level of healing the world and doing what the Lanonandeks and Eve and Adam should have done. Even to the point of Celestials on Earth who have children, will in some way be like the new 'Eves and Adams' populating the world with perfect and true children, all who are completely free of the Rebellion and Default.

And what happens to the Evil Ones? I imagine they will have to undergo a long period of Compensation experiencing the pain they caused all the people and angels who were under their care. And after that, if they are not extinguished outright, possibly they might be rehabilitated to some degree; however as TUB suggests, without ever receiving the power they once had. However, as all works out for the best and ultimately is all-loving, it will be fascinating to see through our own lives how all the pain we've been made to suffer ends up helping us and being the best thing for us.

And one last thing to note, had there been no Rebellion or Default, then on Earth we'd still have the Daligastias and Eve and Adam helping people grow and evolve on all levels. Still being the higher Daughters and Sons that we can look to knowing that we're not alone, that we are being looked after and loved and that a greater life of ascension awaits us. And we would by now know of the Caligastias and all the help they would be providing on the higher spiritual levels, as well as the help they would be giving mortal spirits in the Mansion Worlds. And we would know of the Satans and Lucifers and all the help they were providing on the System level. And we've understood that in a way these higher Daughters and Sons are like mini gods to us, yet not our Heavenly Mother and Father. And they would be pointing us toward Mary and Jesus helping us understand that they are the Creator Pair. And here we live in their universe of Nebadon, and that all they are doing for and with us is to help us evolve and grow on all levels as we look to our feelings for our truth we are to live as we express the personalities from our souls on our way through Nebadon and onto Paradise. It all being a perfectly unified and loving experience for us. We being able to see the higher Daughter and Son as in the Daligastias and the Material Pair, Eve and Adam, who'd be for us the perfect humans that we could strive to be like. So we would want to be perfect in our humanness like Eve and Adam, and perfect in our spiritualness like the Daligastias. With both pairs showing us that we can be both perfect on the material and physical level, as we can be on the spiritual level. Which is completely the opposite of how we've been made to live, because all of that perfection has been denied us, with our being so screwed up about how we are to live both materially – physically and spiritually – we having no idea about either, and with them working fully in opposition to each other. And with our longing for and wanting the Truth, the truth of how we're to live physically and spiritually, all of which is to come (and ONLY come) through each of us individually and as a consequence of properly attending to and expressing ALL we feel.



Negative Spirit Influence blocked
22 March 2017
Law of Compensation quickening
22 May 2017
Rebellion and Default officially ended
31 January 2018

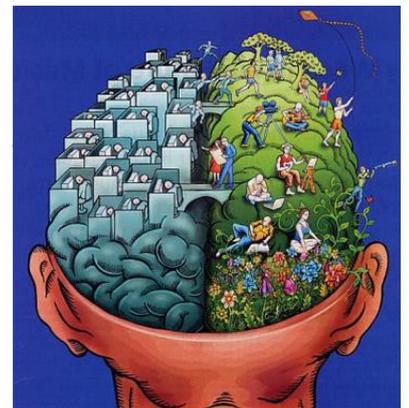


Here is the crux of our issues, and each and every one of us is incredibly different from anyone else. Further, our parents and early childhood carers have been equally different from each other thus we are all at differing points of wrongness – Rebellion and Default we experience is again very unique to any others.

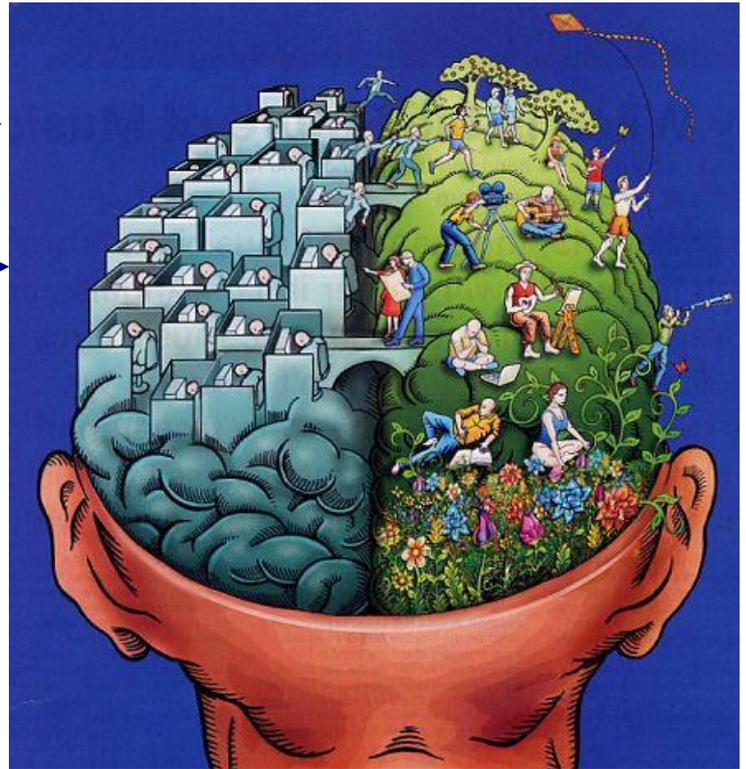
Should we totally shut off from our feelings then the extremeness of evilness will be the result as our mind does not have the balance required for us to live a loving life. Our Rebellion and Default endeavours to close us off from our truth and loving soul.

Personalities, higher than the rebelling Lanonandeks, have now shown us the way to heal ourselves of our personal Rebellion and Default, having healed themselves of the extremes which they personally had taken on.

OUR PERSONALITY
Our Mind Side Our Feelings Side

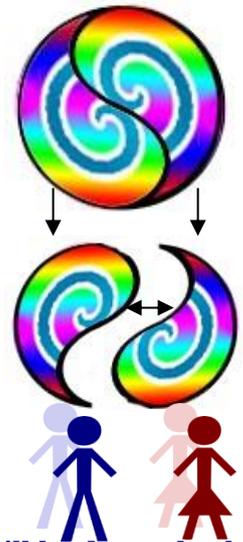


Personality



SOUL PERSONALITY – SOUL PARTNERS

Each soul, ever created, is unique. Just as each snowflake is unique. Every soul is unique from every other soul ever created. By referring to your soul, we are referring to your soul prior to its manifestation of two personalities. Each soul expresses two absolutely unique personalities. Your soul then individualises / incarnates two separate spiritual and physical bodies, one half into a male body and the other half into a female body, thus the personality is further distinguished by its male or female aspects. Your soul half, has a personality separate and distinct from every other soul. Your personality is bestowed complete by our Father and Mother. The soul expresses its two personalities into Creation. Your personality traverses your physical body, your spirit body, and your soul. At the time of death of the physical body, your personality continues on existing in through your spirit body and soul.



No matter where and when our two soul halves, soul partners incarnate, they will be drawn back together again as they grow in love.

The individuality of each soul half is never lost as they grow in love and return together.



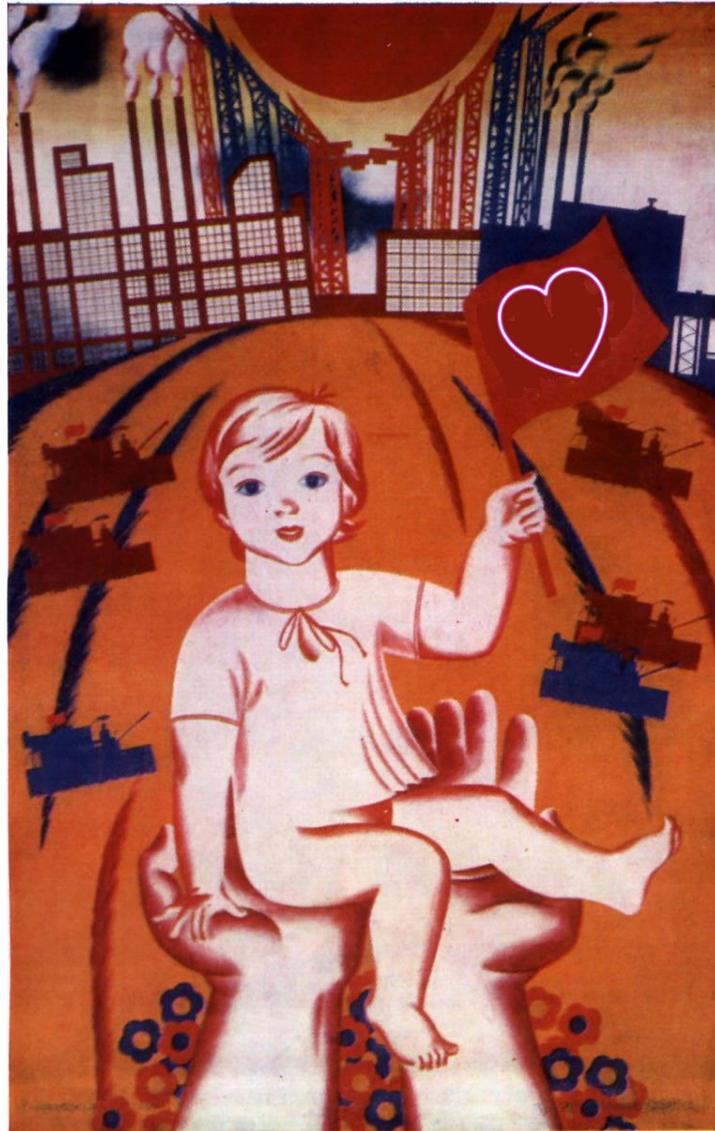
The real you is your soul, which remains connected through cords of light to your spirit body.



All a child needs is its parent's love.



COMMERCIAL IN CONFIDENCE



Correlation of Levels of Consciousness and Societal Problems

| Level of Consciousness | Rate of Unemployment | Rate of Poverty | Happiness Rate "Life is OK" | Rate of Criminality |
|------------------------|----------------------|-----------------|-----------------------------|---------------------|
| 600+ | 0% | 0.0% | 100% | 0.0% |
| 500-600 | 0% | 0.0% | 98% | 0.5% |
| 400-500 | 2% | 0.5% | 70% | 2.0% |
| 300-400 | 7% | 1.0% | 50% | 5.0% |
| 200-300 | 8% | 1.5% | 40% | 9.0% |
| 100-200 | 50% | 22.0% | 15% | 50.0% |
| 50-100 | 75% | 40.0% | 2% | 91.0% |
| <50 | 97% | 65.0% | 0% | 98.0% |

COMMERCIAL IN CONFIDENCE



Inside of me there are two dogs. One is mean and evil and the other is good and they fight each other all the time. When asked which one **wins I answer, **the one I feed the most.****

– Sitting Bull

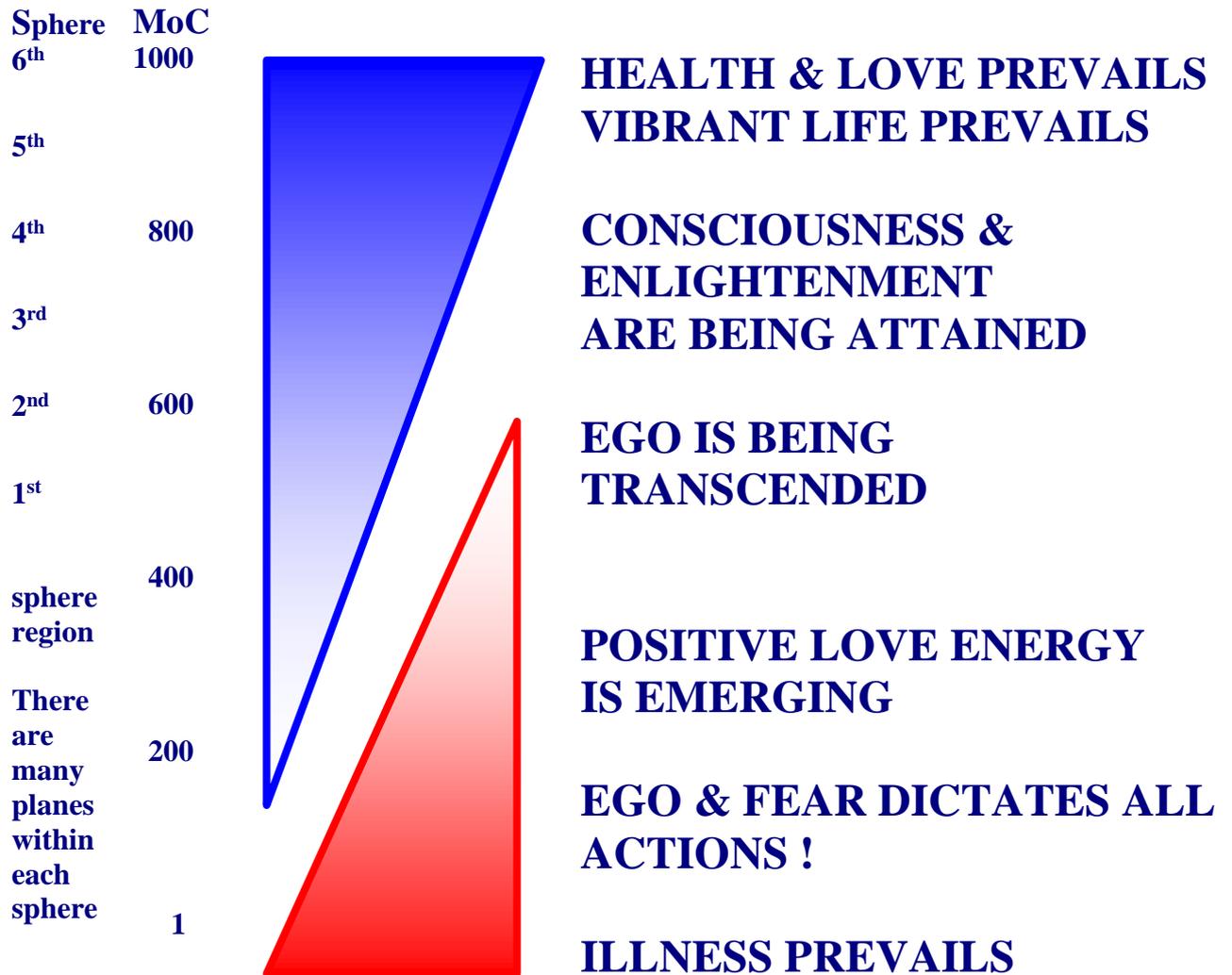
AZ QUOTES



COMMERCIAL IN CONFIDENCE

“All dis-ease is mind generated, and all healing is generated by the love energy of one’s soul.”

The Ego (mind based) manifests illness; the lower one’s level of consciousness (soul condition) then the more prevalent will be illness. Below the levels of 200, the ego and fear of the mind dominate; however, as you raise your level of consciousness by growing in love and achieve a level of 500 or higher, you begin to transcend ego dominance. At the level of 600, all healing is possible.



NATURAL LOVE FLOW**DIVINE LOVE FLOW****Mind Centric****Internal to Self***You can move back and forwards between ways of life:***Subjective Environment****Without a Focus****Release of Thoughts****Stimuli Fades Away****Blank out to Nothing****Consciousness Expands****The Mind Flows****You Know More – self centred****Connect with a Source of Wisdom Greater than Self however limited to natural love****Gain Information****Unify in Consciousness – Earth plane****A State of Mind****The Development of Love from Within Yourself****Belief: I am God****Intellectual Development, Growth of a Super Mind – Mind Dominance****Self Reliant (Trust of Self) Making it Happen****Self-determination way of life****Adult Like – Control over Everything****Control****Millions of Paths (man created)****Kingdom of Man – Limited Progression****Peak possibility is 6th Mansion World – Moral****Development****Time to complete path, which is a dead end:****100 years to over 1,000 years****Now you have to turn around and start your Feeling Healing!****Living Feelings First****External to Self****External to Self****More in Focus****Release of Goals or Vested Interests****Stimuli Increases in Clarity****Perk up to New Possibilities****Experiences Expands****The Life Flows****You Do More – for others****Connect with as Source of Guidance Beyond self and embracing Divine Love****Gain Harmony and an Orderly Rhythm to Life Experiences****Unify with the World at Large – Universal****A State of Being****Love comes from God – Longing for God's****Love to Enter Me****Belief: I am God's son / daughter / child****Emotional Intelligence, Growth emotional in Love – Soul Dominance****God Reliance (Relationship with God)****Powerful Creation from Desires****Soul-Spirit living harmony****Child Like – Freedom & Spontaneity –****Authentic Emotional Expression****Feeling****Defined Path (God Created)****Kingdom of God – Infinite Progression****Peak possibility is infinite – atonement 8<sup>th</sup>****sphere – being 1<sup>st</sup> Celestial Heaven****Upon entering Celestial spheres and much higher!****Time to enter Celestial Realms & atonement: in as little as 5 to 10 years!****Now you are a Celestial and starting your progression to Paradise.**

|  | NATURAL LOVE Path | DIVINE LOVE Path |  |
|---|--|---|---|
| | the development of | | |
| | LOVE from within YOURSELF | LOVE comes from GOD
longing for Gods love to enter me | |
| | BELIEF: I am God | BELIEF: I am a Child of God | |
| | Intellectual Development
Growth of a Super MIND
MIND DOMINANCE | Emotional Intelligence
Growth emotionally in LOVE
SOUL DOMINANCE | |
| | Self Reliance (Trust of Self)
Making it happen | God Reliance (Relationship with God)
Powerful creation from Desire | |
| | ADULT-LIKE
CONTROL OVER EVERYTHING | CHILD-LIKE
FREEDOM & SPONTANEITY
Authentic emotional expression | |
| | KINGDOM OF MAN
LIMITED PROGRESSION
Peak possibility 6th sphere
MORAL DEVELOPMENT | KINGDOM OF GOD
INFINITE PROGRESSION
Transformation from Human to the Divine
The Experience of New Birth
LESSONS IN LOVE AT ONE MENT
emotionally real | |
| | Lateral experience of
the Universe
MILLIONS OF PATHS of
PERSONAL TRUTH | Connectedness through Truth
ONE PATH TO GOD
THE WAY OF THE HEART
CHRIST CONSCIOUSNESS | |
| | REMAIN IN FALSE BELIEFS
MAKING DETAILED PLANS
JUSTIFICATION | GIVE UP ALL MY ERRORS
LONGING FOR GODS TRUTH TO ENTER
HUMILITY | |
| | no soulmate union | soulmate union | |

HEALTH with or without the LOVE:

Feeling Healing, with Divine Love, has a powerful positive effect on the physical body, balancing the hormones and generally promoting physical health, which is really the same thing as saying that the state of a mortal's soul impacts directly on that mortal's physical health.

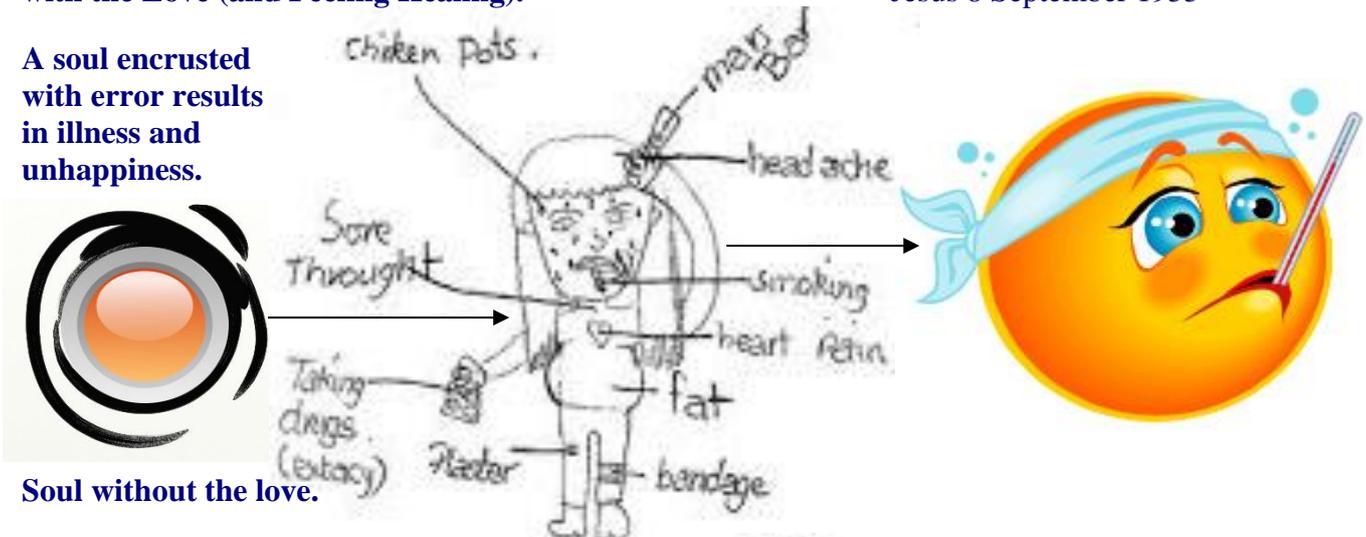
The Master, because he experienced the New Birth soul condition as a mortal, his physical nature was directly affected, so it would be accurate to say that because of this, his nutritional needs were somewhat different from other mortals.

Throughout his ministry (when the New Birth soul condition was his), he was actually in perfect physical health, and this was apparent through a sense of well-being that actually manifested on a physical level as well as a spiritual one. Aman (first man) 24 January 2007

The influence of sinful emotions and thoughts and actions upon the soul is such that the spiritual emotions and aspirations of man becomes dormant, and as though not existing, and the soul itself is encrusted with evil.

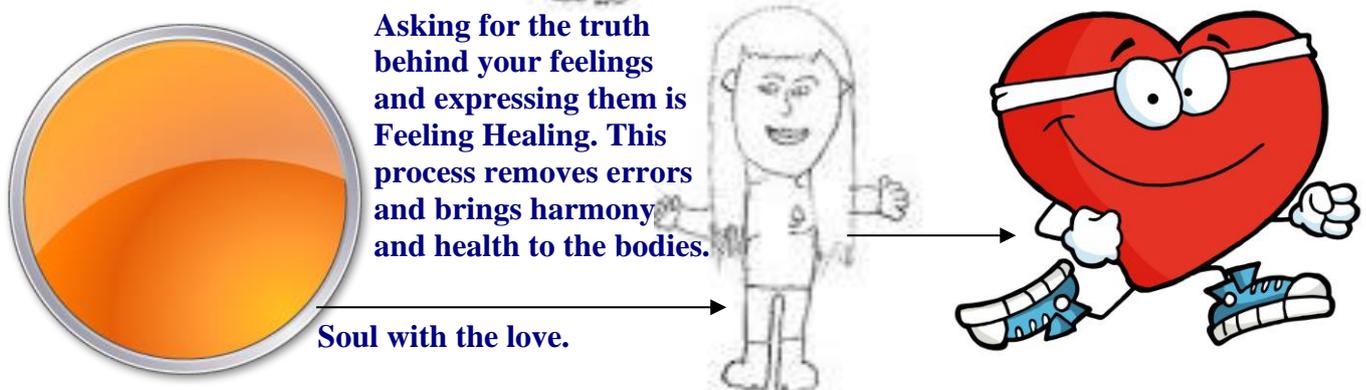
Through prayer, thoughts and soul longings, the spiritual nature in man can be developed so as to dominate the personality, and he will act in accord with the feelings and emotions of his soul. The evolution of man from the natural being to the purified soul and, if he so desires it, to the state of the divine angel **is possible with the Love (and Feeling Healing).** Jesus 8 September 1955

A soul encrusted with error results in illness and unhappiness.



Soul without the love.

Asking for the truth behind your feelings and expressing them is Feeling Healing. This process removes errors and brings harmony and health to the bodies.



Soul with the love.

UNLOVING PERSONALITY

Soul encrusted with negative and damaging emotions and beliefs held by the mind in the spirit body. Soul is starved of love and the darkness impedes the flow of love which darkens the spirit body and damages the physical body for all to see.

LOVING PERSONALITY

Spirit body mind is clear of negative emotions and beliefs. The flow of love from the soul illuminates the spirit body and brings beautiful harmony and health to the physical body for all to see.



HARMONY within the SOUL = HARMONY within the PHYSICAL BODY:

Emotional injuries, erroneous beliefs, harmful intentions are all damages encrusted upon one's soul. Such injuries are to the spirit body impairing the flow of loving energies of one's soul.

Such mind-made errors degrade the pristine soul by retarding the soul-light flowing to our body and having impaired light being returned, and such damages impact upon one's spirit body which in turn emerge as discomforts, then pains, then as illnesses within the physical body.

Medical assistance and treatment may alleviate the illness / pain however the cause remains.

Until we endeavour to remove the errors and injuries, the propensity for the illness remains.

Firstly, consider discovering the truth of your emotional pain through Feeling Healing.

Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.

Primary and most important readings are the writings of James Moncrief. Then consider the Padgett Messages, and then The Urantia Book.

Natural Love Flow

Mind Centric

Natural love is Creation's love;

One can swap back and forwards between paths

I am God

Intellectual

Self reliant (trust myself)

Self-determination way of life

Mind dominates

Thinking = Mechanistic

rational

analysis

reductionist

linear

Values = Mechanistic

expansion

competition

quantity

domination

Adult like

Control

Millions of paths (man created)

Peak possibility is 6th sphere

time to complete path:

100 years to over 1,000 years

Feelings First with Divine Love Flow

Feelings First with mind in support

Divine Love is Soul's love.

One can swap back and forwards between paths

I am God's son/daughter/child

Emotional

God reliant (God relationship)

Soul-spirit living harmony

Soul dominates

Thinking = Holistic

intuitive

synthesis

integrative

non-linear

Values = Holistic

conservation

co-operation

quality

partnership

Child like

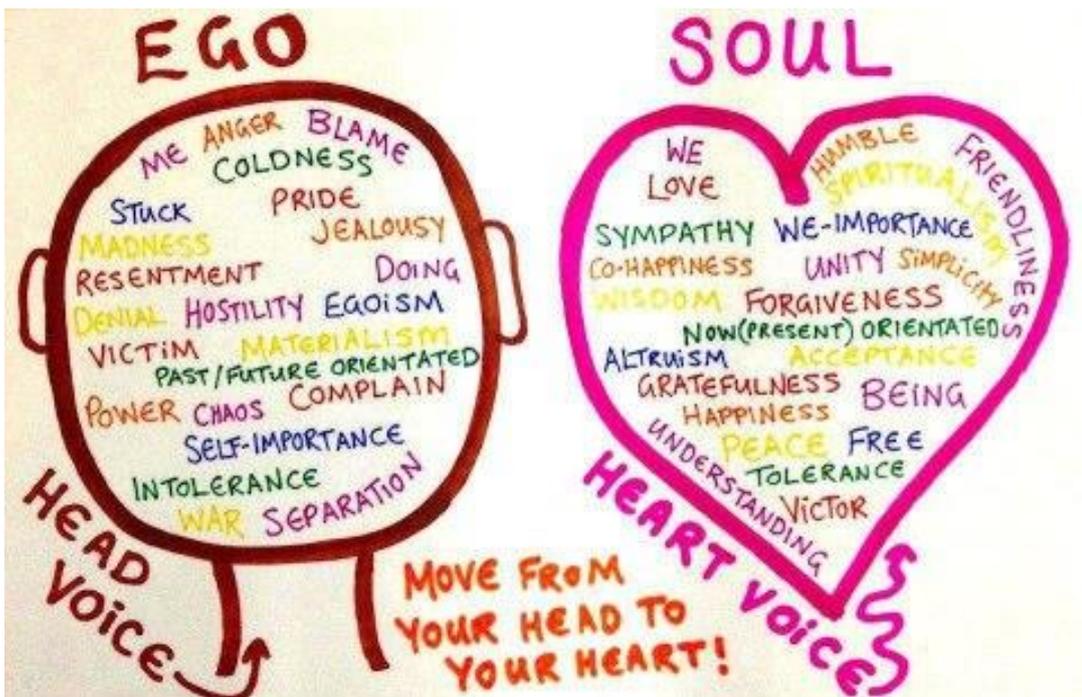
Feeling

Defined path (God created)

Peak possibility is infinity

(sphere / mansion world are same)

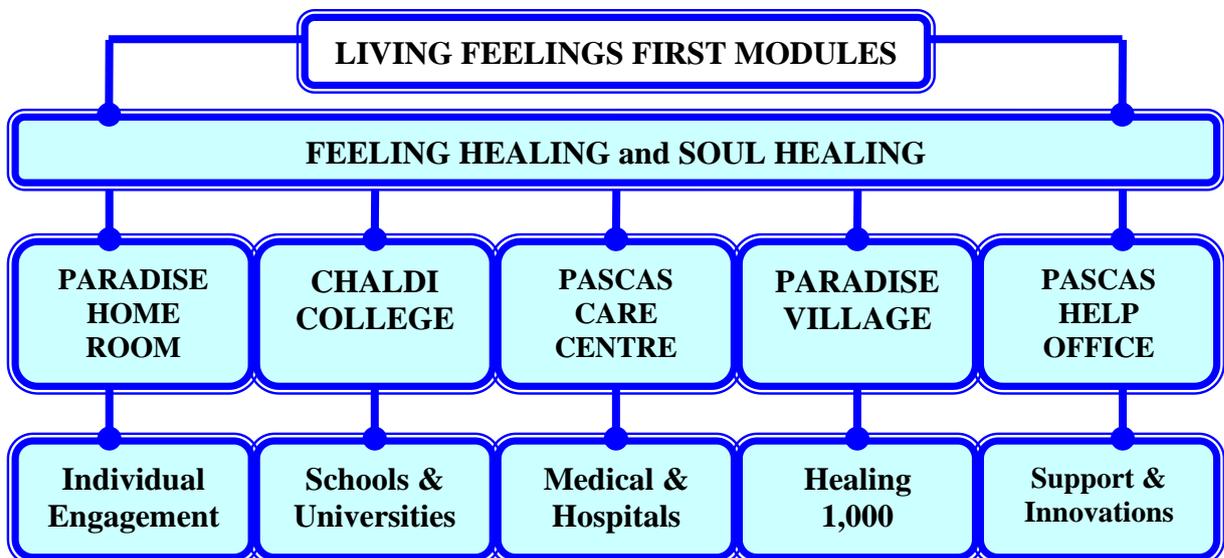
5 years to over 10 years to at-onement



| MoC | No. of Countries | Average MoC | Average Life Expectancy | Human Development Index | Happiness Index | Education Index | Per Capita Income 2020 |
|-----------|------------------|-------------|-------------------------|-------------------------|-----------------|-----------------|------------------------|
| 400s | 10 | 406 | 78.50 | 0.939 | 6.8 | .861 | US\$54,010 |
| 300s | 13 | 331 | 71.77 | 0.798 | 5.9 | .684 | US\$17,827 |
| 200s | 10 | 232 | 69.45 | 0.759 | 5.8 | .648 | US\$16,972 |
| High 100s | 18 | 176 | 69.00 | 0.724 | 5.2 | .639 | US\$9,900 |
| Low 100s | 7 | 129 | 61.88 | 0.653 | 4.7 | .567 | US\$2,628 |
| Below 100 | 11 | 66 | 52.73 | 0.564 | 4.2 | .488 | US\$2,658 |
| WORLD | | 220 | 70 | | | | US\$10,900 |

| United States MoC | No. of Countries | Average MoC | Average Life Expectancy | Human Development Index | Happiness Index | Education Index | Per Capita Income 2021 PPP |
|--------------------------|-------------------------|--------------------|--------------------------------|--------------------------------|------------------------|------------------------|-----------------------------------|
| 405 | 1 | 405 | 79.10 | 0.926 | | .900 | US\$68,300 |

Note:
 The Map of Consciousness (MoC) table is based on the common log of 10. It is not a numeric table.
 A calibration increase of 1 point is in fact a 10 fold increase in energy.
 A calibration increase of 10 points is in fact a 10,000,000,000 fold increase in energy.
 Thus the energy differentials are in fact enormous!



COMMERCIAL IN CONFIDENCE

UNITED STATES OF AMERICA PASCAS UNIVERSITY



TAFE



Technical And Further Education Craft Creations Family Shed

| | | |
|-------------------------------|---------------------------------|--------------------------------|
| x^2 Year 10 | Δ Year 11 | \sqrt{y} Year 12 |
| \leq Year 7 | $\text{\textit{pencil}}$ Year 8 | \approx Year 9 |
| ∞ Year 4 | $\%$ Year 5 | $\text{\textit{apple}}$ Year 6 |
| $\text{\textit{dots}}$ Year 1 | $\text{\textit{hand}}$ Year 2 | \pm Year 3 |



KINDERGARTEN PRESCHOOL



Chaldi Child Care Centre & Kindergarten

WELCOME!



SAFE SANCTUARIES



COMMERCIAL IN CONFIDENCE

The Learning Pyramid:



It will only be the breaking through of the glass ceiling of 499 of Dr David R Hawkins' Map of Consciousness (MoC) that humanity can and will move towards a state of harmony and peace. While we continue to live mind-centric, we cannot progress beyond the category of Reason which peaks at 499 on the MoC. This is how we have been misguided to live for thousands of years. As we are now coming to understand, all institutionalised systems worldwide are structured to inhibit our natural progression.

Our teaching systems are focused upon the lecture, an orator at the front of the room talking down to students. As you now observe, it is the least effective method of education. Small groups tutoring each other is the way forward. All levels of education can be moved to meeting groups of around 12 or so participants.



Pascas Foundation, with aligned support, is to deliver such education platforms. Further, education is to be delivered free.

WITHIN EVERY MEETING HOUSE, FREE AND OPEN DISCUSSION FLOWS THROUGH A 'FISH BOWL' STRIVING TOWARDS 'NATURAL SELF EXPRESSION'!



CRAFT CREATIONS
 Shop front – retail and ordering facility. The administration and support for the complete Craft Creations Centre.

PASCAS CAFÉ
 Being part of Craft Creations, it is a catering, nutrition cooking facility that functions also as a Pascas Café. Food and nutrition are the premiers of all crafts.

HOME CRAFTS
CRAFT CREATIONS is generally focused towards skills embraced by women in their practical attention to the needs of the family. That said, there are no boundaries. At all times, the opportunity to introduce and enable children of all ages to become proficient is supported. Those within the community are to be supported in their sharing of their unique skills with others.

STRUCTURAL CRAFTS
CRAFT CREATIONS embraces word working, metallurgy and mechanical repairs. This could be said to be the domain of a Men’s Shed, however, the whole family is welcome. These specialised skills need to be shared as much as every other craft.

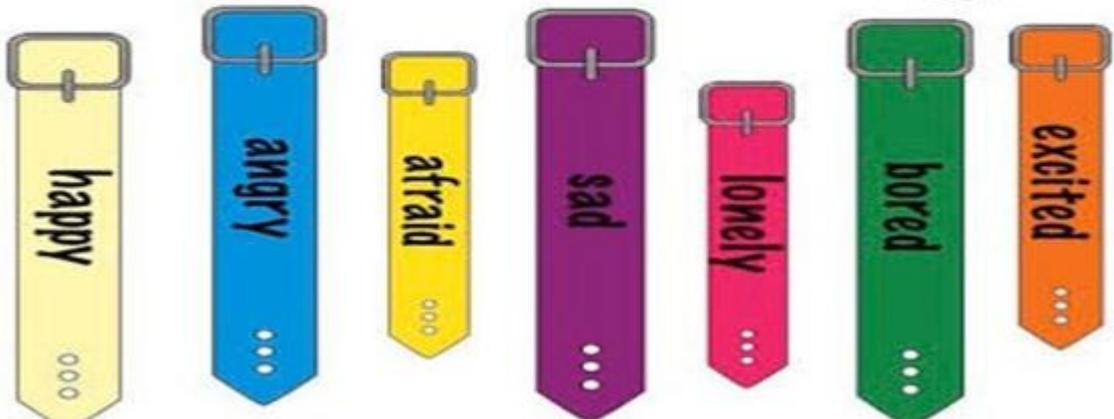
CRAFT CREATIONS is to enable anyone to be autonomous and self-sufficient in their endeavours.

MEETING HOUSE
 Discussion pods for around 12 people as meetup rooms.

FAMILY SHELTER
 Modules of 10. Studio rooms to accommodate a parent and two children, or thereabouts.

FEELINGS
must be
FELT

Express Your Feelings

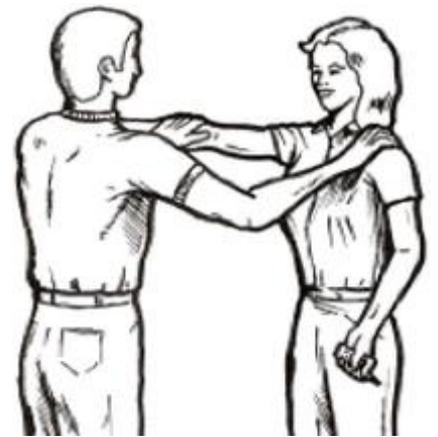


**BE FEELINGS
EXPRESSIVE!**

It's all about
**Experiences
&
FEELINGS**

THE TRUTH WILL SET US FREE, BUT FIRST IT WILL MAKE US MISERABLE!
To Truly get to know yourself is the Bravest thing you will ever do!

NO PROBLEM CAN BE SOLVED FROM THE SAME LEVEL OF CONSCIOUSNESS THAT CREATED IT.
-ALBERT EINSTEIN



Kinesiology Muscle Testing for the level of truth

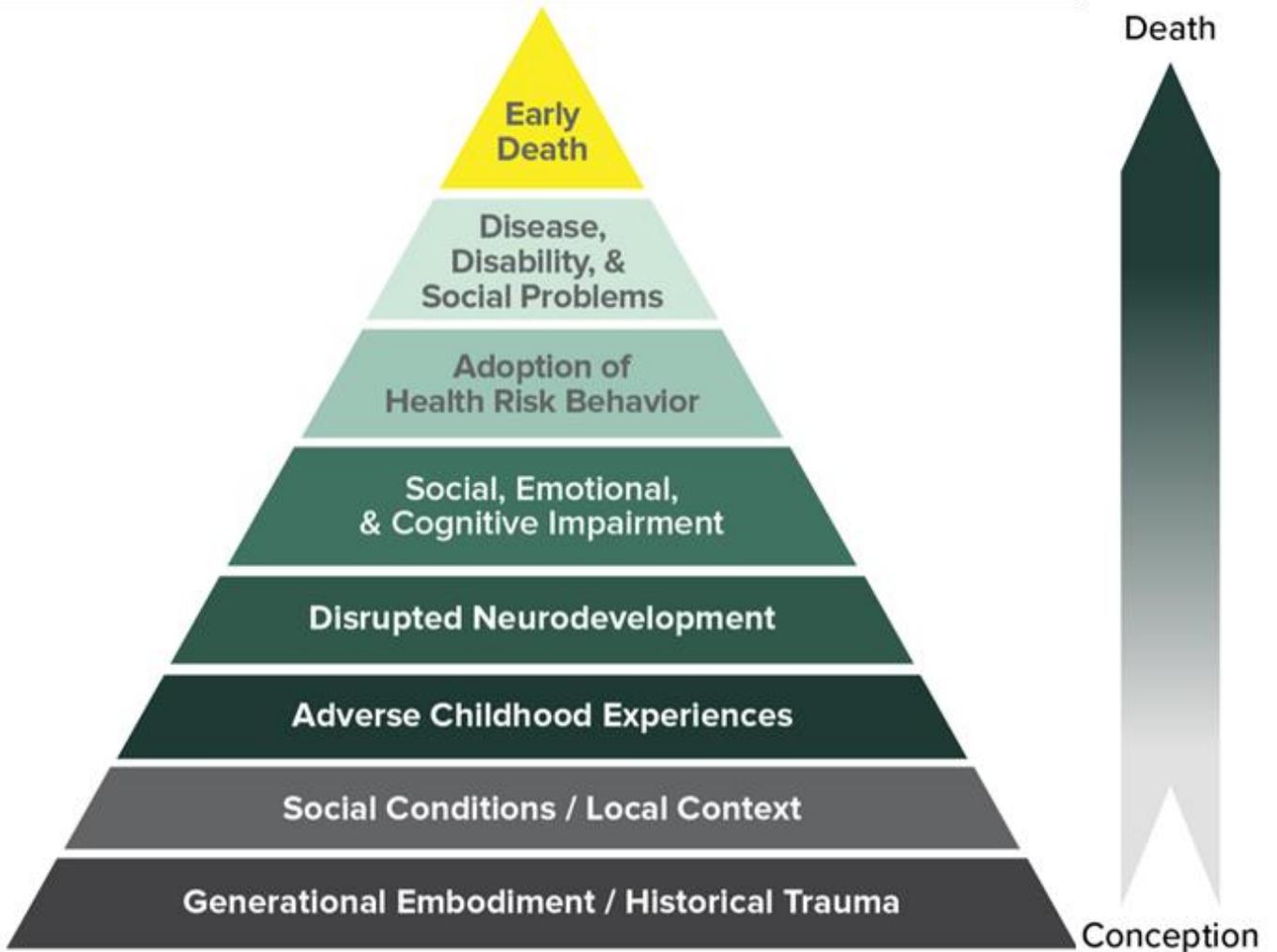


our MIND is a CONTROL ADDICT!
our MIND is addicted to UNTRUTH!
our MIND cannot discern TRUTH!
our FEELINGS are our TRUTH!
FEELINGS FIRST, mind to follow!

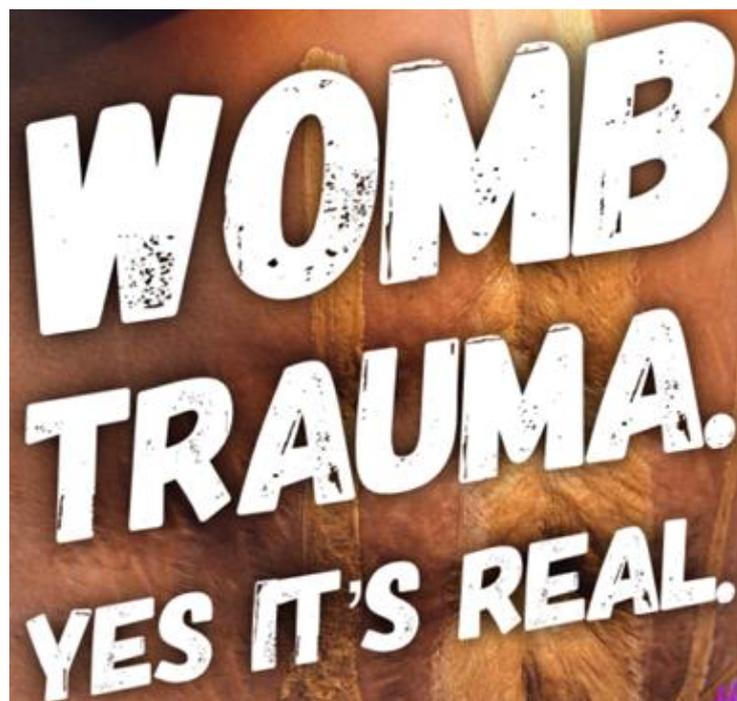
<http://www.pascashealth.com/index.php/library.html>

Library Download – Pascas Papers

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address. info@pascashealth.com



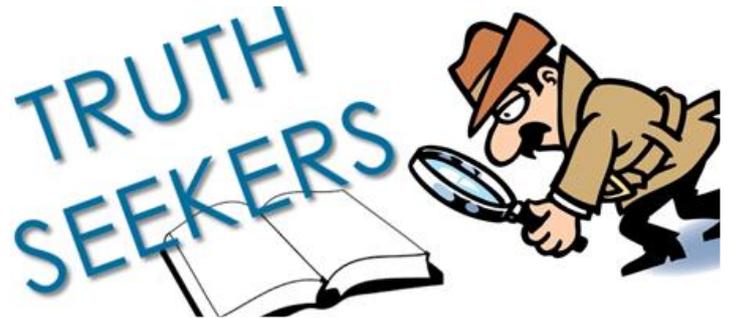
Mechanism by which Adverse Childhood Experiences Influence Health and Well-being Throughout the Lifespan



We Are
TRUTHSEEKERS

**WE ARE
TRUTH
SEEKERS**

**WE ARE
THE TRUTH
SEEKERS**



THE TRUTH SEEKERS



COMMERCIAL IN CONFIDENCE

PASCAS UNIVERSITY

HIGHER EDUCATION SUBJECT GROUPINGS:



ANIMALS AND LAND



ARCHITECTURE, BUILDING AND CONSTRUCTION



ARTS, HUMANITIES AND LANGUAGES



CREATIVE ARTS, DESIGN AND MEDIA



ECONOMICS, COMMERCE, BUSINESS AND MANAGEMENT



EDUCATION AND TEACHING



ENGINEERING



HEALTH SCIENCES (ACADEMIC)



HEALTH SCIENCES (PROFESSIONAL)



HOSPITALITY, TOURISM AND EVENT MANAGEMENT



INFORMATION TECHNOLOGY AND COMPUTER SCIENCE



INTERNATIONAL RELATIONS AND DEVELOPMENT STUDIES



LAW AND CRIMINOLOGY



MARINE, ENVIRONMENT AND RENEWABLE ENERGY



MEDICINE



MULTIMEDIA MOVIES AND MUSIC



NURSING, MIDWIFERY AND PARAMEDICINE



PSYCHOLOGY



SCIENCE



SOCIAL WORK AND COUNSELLING



SPORTS AND EXERCISE SCIENCE

CHALDI TAFE COLLEGE

Technical and Further Education



Building and construction



Child care



Sports and fitness



Technology, information and networking



Nursing and health



Creative



Agriculture and horticulture



Automotive



Business, justice and management



Community services



Hospitality and cookery



Beauty and hairdressing



By location



Online courses



Apprenticeships



TAFE at School

COMMERCIAL IN CONFIDENCE

Craft Creations



Fiber art



Oil painting



Magic



Papermaking



Patchwork



Taxidermy



Creative writing



Metalworking



Web design



Cardmaking



Needlework



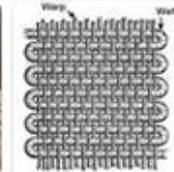
Quilting



Wood carving



Pyrography



Weaving



Upcycling



Photography



Calligraphy



Woodworking



Gardening



Watercolor painting



Toy



Quilling



Sewing



Knitting



Painting



Embroidery



Crochet



Handicraft



Drawing



Book Binding



Glassblowing



Brewing



Pottery



Scrapbooking



Origami



Cross-stitch



Floral design



Macramé



Pressed flower craft



Decoupage



Whittling



Leather crafting



Digital art



Needlepoint



Knife making



Tatting



Carpenter



Doodle



Digital photography



Beadwork

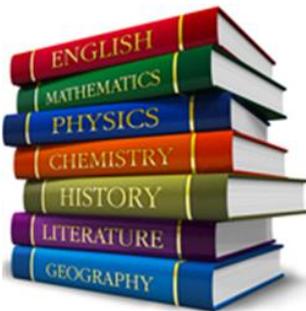
CHALDI COLLEGE

Primary thru to High

"Feelings First"



Children Tutoring Each Other!



COMMERCIAL IN CONFIDENCE

Pascas Care Hospital



Pascas Care Medical Clinic

Medical Specialties

- | | | | | | |
|--|---|--|---|--|---|
| 
Geriatrics | 
Obstetrics | 
Postnatal Care | 
pregnancy | 
Cardiology | 
Fetus |
| 
Rhinology | 
Pulmonology | 
Dental Care | 
Facial Plastic Surgery | 
Gynecology | 
Dermatology |
| 
Otology | 
Gastroenterology | 
Hepatology | 
Psychiatry | 
Plastic Surgery | 
Symptom Checker |
| 
Human Brain | 
Pelvic Bone | 
Neurosurgery | 
Chiropractic | 
Hematology | 
Osteology |
| 
Breast Augmentation | 
Breast Reduction | 
Optometry | 
Naturopathy | 
Newborn | 
Herbal Medicine |
| 
Ear examination | 
Eye Specialties | 
Dermatology | 
Neurology | 
Orthopedics | 
Pulmonology |

Pascas Care MEDICAL CENTRE



PASCAS HEALTH SANCTUARY:

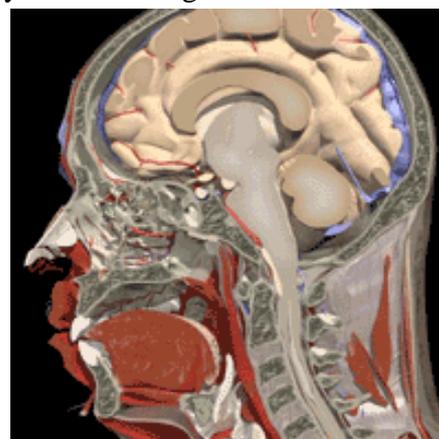
ALLOPATHY PROFESSIONAL MEDICAL TEAMS - OVERVIEW

Briefing notes by Dr Daniel T O'Connor who will act as liaison officer and be instrumental in the establishment of the medial advisory committee which is to consist of 12 to 22 members:

The team concept as per these headings for the Pascas Health Sanctuary and Clinics goes like this:

NEUROSURGERY:

A neurosurgical team includes neurosurgeons capable of dealing with intracranial, spinal and peripheral neurological disorders. They are supported by neurophysicians for diagnostic work as well as radiologists and various therapists who are involved post-operatively. A neurosurgical team also requires that there be nursing staff with expertise in the management of neurosurgical cases.



EARS, NOSE & THROAT - ENT:

In addition to orthodox ENT surgeons there is a need for an endoscopic sinus surgeon, laser surgeon, head and neck surgeon, along with support and speech pathologists, speech therapists, radiologists, etcetera.

UROLOGY:

Surgeons and urologists co-operate most frequently in the discipline of urology. A urologist with paediatric experience or a paediatric surgeon with urological experience is also essential as well as support physiotherapists etcetera.

ORTHOPAEDIC:

General orthopaedic surgeons would be needed plus arthroscopy experts, hand surgeons, microsurgions, trauma surgeons. Physiotherapy and orthopaedic surgery can't survive without each other.

TRAUMA SURGERY:

Trauma surgery is a special consideration as the Hospital will have a busy accident and emergency department so there needs to be readily available general surgeon with trauma experience; orthopaedists, neurosurgeons, etc., twenty-four hours a day to back up the Accident and Emergency (A & E) department and with the ability to call in other surgical disciplines as required for example, ophthalmic, plastic, etcetera.

GYNAECOLOGY:

Gynaecological surgery is now split into general gynaecology, cancer surgery, endoscopic surgery, colposcopic and laser surgery. Either way, the hospital will require several experts or gynaecologists with multiple expertise.

IN-VITRO FERTILISATION - IVF:

There is no mention of IVF in the projected work areas and this may well be of consideration for Pascas Health Sanctuary. For IVF there is need in addition to endoscopic surgical expertise, a dedicated laboratory support team for efficient function as well as support counsellors, etcetera.

Radiology / ultrasound are an integral part of gynaecological services these days.

GENERAL SURGERY:

General surgeons have split their expertise so there are now colorectal surgeons, breast and endocrine surgeons, vascular surgeons, endoscopic surgeons, and so on. Their teams include radiology / ultrasound, alimentary tract endoscopists, endocrinologists, pathologists, physiotherapists, etcetera.

Paediatric surgery is a highly specialised area which encompasses endoscopic surgery as well as plastic surgery and requires special theatre facilities and post-operative care teams.

OPHTHALMIC SURGERY:

Eye surgeons now specialise in the anterior and posterior chamber of the eye, plastic and reparative / corrective surgery, laser surgery, lens extraction and implants, and work on a mix of day case and inpatient care. They require orthoptists and trained ophthalmic nursing staff as part of their team.

DENTAL and FACIOMAXILLARY SURGEONS:

They work in the same area and need radiological, pathology and physiotherapy support.

PLASTIC and RECONSTRUCTIVE SURGERY:

Plastic and reconstructive surgeons include microsurgical repair teams, reconstructive surgery and head and neck surgeons who again require radiology, pathology, physiotherapy and special nursing care staff.

CARDIO THORACIC:

Cardiac by-pass surgeons need the assistance of cardiologists, radiologists, perfusionists as well as physiotherapists and highly skilled intensive care nursing personnel.

This list is not exhaustive but aims to provide an idea of the teams that are required for the various surgical units that Pascas Health Sanctuary Hospital being established on the Gold Coast, Queensland, as well as the Bahamas and South Africa and elsewhere during the construction and fitout period.

You will note that there are particular support disciplines common to all surgical teams - for example, radiology, anaesthetics, physiotherapy and nursing care.

For many of the surgical disciplines specialised nursing skills are required - for example, ophthalmic, orthopaedic, paediatric and so forth.



ONCOLOGY - CANCER:

When looking at the relevant cancer treating teams you add to the basic unit specialist radiotherapists as well as radiologists and these are two separate areas of expertise with the frame work of radiology, chemotherapy specialists and pathologists, counsellors and support staff and the usual management goes like this:

A patient is diagnosed with a malignancy. Pathological confirmation is obtained and the relative oncology unit usually considers the individual in committee and allocates a therapeutic management protocol for the ongoing care of the patient. For this purpose special specific discipline oncology clinics are held where follow-up is also maintained after initial treatment. These clinics are usually held on a once a week basis and there would be in attendance, for instance say for gynaecology, the patients gynaecological cancer surgeon, radiotherapist, chemotherapy specialist, support nursing staff or counsellor and pathologist.

These special discipline teams usually meet on a weekly basis where they see new cases and follow-up cases and of course function all year round.

One reason why it is important to make sure there is two of every type of surgical specialist on the staff is that there is always people away on leave or at courses and so forth, and if there is only one person then everything grinds to a halt during their absence, whereas if with at least two then these clinic services go on irrespective.

CARDIOLOGY:

Similarly with heart disease patients, the diagnosis involves triage by clinical history and examination, stress test, angiography and perhaps nuclear medicine, and then a committee of the cardiology clinic may allocate individuals to different therapeutic programs - for example, angioplasty or CABG surgery or palliation only, etcetera.

Within the cardiology clinic there will therefore need to be cardiologists, interventional cardiologists, radiologists, cardiac surgeons, as well as anaesthetists with specialised skills and perfusionists, physiotherapists, dieticians, psychologists, etcetera.



RADIOTHERAPY UNIT:

There will be a need for two of everyone covering radiation oncology, medical oncology, radiographers covering planning and treatment, nursing staff that are oncology trained in therapeutic radiation, physicists, x-ray engineers and pharmacist – pharmacy to be equipped with laminar flow unit. Patient care has two groups, a day care unit to accommodate 10 in a quiet area with observation and the other being a cluster of wards for the more serious cases. A radiotherapy director is to be appointed.

DIRECTOR of MEDICAL SERVICES:

Each clinical service will have its own director who, in turn, are to be supported by a Director of Medical Services as appointed by Pascas Health Sanctuary.

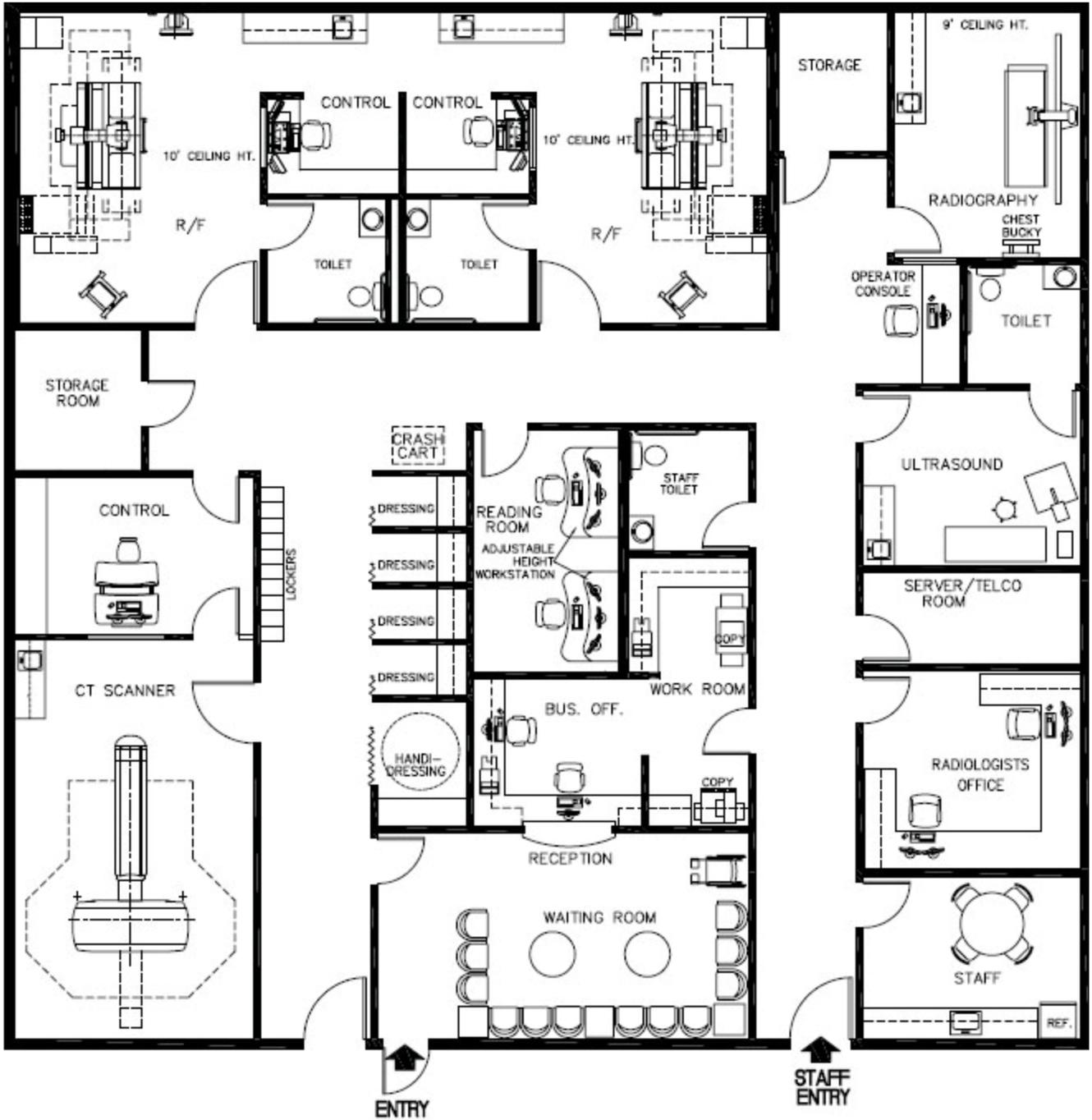
Case management is assigned to a Diagnostic Streamer. Patient interviews will typically be with all appropriate diagnostic technicians within one session.



Streamer's Meeting



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RADIOLOGY

4422 SF

PASCAS HEALTH SANCTUARY – MEDICAL ADVISORY COMMITTEE:

The medical advisory committee has a number of functions:

- a. Provide advice to the administration of the complex.
- b. Set the levels for ethics and skills.
- c. Endorse medical providers to use the facility and reject those who do not possess the standards set by the medical advisory committee.
- d. Advise on the equipment and physical assets required to enable the medical teams to function at the level set by the committee and the administration.
- e. Assist in ensuring that all proposed medical services are provided and at the highest possible standard.

A representative would be appointed from each department and the appointees then elect their chairman. A Leader will act as liaison officer between the committee and administration.

MEDICAL TEAMS:

Based around their various disciplines and frequently with overlapping boundaries:

| | | |
|--------------|---|---|
| MEDICINE | Endocrinology
Paediatrics
Respiratory
Oncology
Haematology | (Diabetes - Thyroid - Endrenal)
Cardiology
Renal Medicine
(crosses over to all sections)
Dermatology |
| PATHOLOGY | DIAGNOSTICS | RADIOLOGY |
| SURGERY | Neurosurgery
Urology
Trauma Surgery
In-Vitro Fertilisation
Ophthalmic Surgery
Plastic & Reconstructive Surgery | Ears Nose & Throat
Orthopaedic
Gynaecology
General Surgery
Dental & Faciomaxillary Surgery
Cardio Thoracic |
| ANAESTHETICS | Anaesthetics
Intensive Care - Coronary Care | Pain Clinic |
| EMERGENCY | Crash Team | Ambulance |

These teams will typically be drawn from the more than 200 medical specialists and 550 general practitioners practising within the region of service.

PASCAS HEALTH SANCTUARY – X-RAY UNIT:

DIAGNOSTIC SERVICE

The X-Ray Unit is possibly the most important and most expensive diagnostic unit within the total complex. The unit requires a wide range of equipment not only within the department but mobile units within the Theatre suites.

Access to the Unit has to be from:

1. The emergency / casualty service department and being direct.
2. Outpatients being referred by Doctors within the complex and outside the complex.
3. Inpatients being brought from the wards for examination and emergency service and support for the Theatres.

EMERGENCY

Emergency patients should not be moved long distances from one hospital department to another during crucial times in their fight for life says American radiographer Mary Lou Durizch.

And she says the best set-up for saving lives is often in smaller hospitals where the radiography department is next to the emergency room.

EQUIPMENT SUPPORT

An engineers office is to be set up within the hospital to enable bio-medical engineers to maintain the equipment on site. The room should be 4 metres by 4 metres and this would enable most maintenance and repairs to be carried out on site.

It is proposed that the Hospital would employ its own technician though he would be trained by the major equipment supplier for the department.

Service contracts after the initial 12 months warranty are 7% of the unit cost per annum however these can be negotiated down to 4%.

Steve Shapter, the past General Manager of the Medical Division of Toshiba (Australia) Pty Ltd (Bs 02 9887 3322 - current General Manager is Rosina Davies) has proposed that Toshiba would pay the Hospital for the use of its facilities for making the centre a training unit for Toshiba. About 20 technicians are trained at a time and they would be disbursed to all over South East Asia, Australia and New Zealand. The concept has merit in as much it will assist in the promotion of the complex in export market areas.

EQUIPMENT SUPPLIER

The best deal is to be struck with a supplier who can provide the widest range of equipment at the best price. Equipment must be compatible such as the CAT Scan must be compatible with the Linear Accelerator.

A one supplier situation will enhance maintenance as responsibility will be with one firm and economies in maintenance can be achieved as outlined above as well as the speed of the maintenance.

The supplier will have to actively promote our facility locally and overseas.

MAGNETIC RESONANCE IMAGING

Apart from its very expensive price tag of up to US\$4 million and the lack of any refund to Medicare patients, it is clear that the equipment is undergoing continual rapid development and that the correct time to review an acquisition would be in 1996. Rapid enhancements are being made to programs as well as the hardware which would put current models in the dark ages within two years.

MRI has the lead over CT's in the neurological department. It is clear that MRI can carry out a number of investigations that CT cannot do as well.

Dr Simon Strass states that he experienced the need for at least two patients per week requiring the services of MRI. A survey of a wide range of Doctors is required to be undertaken.

Space must be provided within the complex such as for MRI Spectroscopy.

EQUIPMENT SUPPLIER

They may be:

Toshiba

Fischer Imaging Aust

General Electric

Hitachi

Phonar

Seimans

Philips

Elscint Medical Equipment

DISABILITY accommodating MEDICAL CENTRE:

One in five people have a disability that needs medical attendance.

Access to health services



Disability group

Disability group is a broad categorisation of disability. It is based on underlying health conditions and on impairments, activity limitations and participation restrictions. It is not a diagnostic grouping, nor is there a one-to-one correspondence between a health condition and a disability group.

Broadly, grouping disabilities depends on whether they relate to functioning of the mind or the senses, or to anatomy or physiology. Each disability group may refer to a single disability or be composed of a number of broadly similar disabilities. These 6 separate groups are based on the particular type of disability;

- sensory and speech (sight, hearing, speech)
- intellectual (difficulty learning or understanding)
- physical (including breathing difficulties, chronic or recurrent pain, incomplete use of limbs and more)
- psychosocial (including nervous or emotional conditions, mental illness, memory problems, and social or behavioural difficulties)
- head injury, stroke or acquired brain injury
- other (restrictions in everyday activities due to other long-term conditions or ailments).



Comprehensive care delivery

- Patients are engaged as partners in their care
- Goals of care guide clinical decisions and the patient journey
- Diversity and equity are respected and supported
- Transparency is a core element of safety and quality care

Clear purpose, strategy and leadership

- A commitment to exceptional person-centred care is clearly stated in the organisations purpose and strategy
- Great leadership drives exceptional person-centred care, with the support of champions across the organisation
- A person-centred strategy is articulated to the workforce and the community and implemented across the organisation.

People, capability and a person-centred culture

- An organisational culture for person-centred care is built and maintained through long-term systematic approach
- The capabilities of all members of the workforce are continually developed through formal and informal learning
- The organisation regularly monitors and is dedicated to support workforce satisfaction and wellbeing

Person-centred governance systems

- Consumers and the community are involved in governance at all levels
- Consumers are trained and supported to meaningfully contribute
- Organisational structures and models of care are designed around the person
- There are clear accountabilities at all levels – from the board to the clinician
- Financial, strategic and operational decisions and processes are person-centred

Strong external partnerships

- Healthcare organisations have a comprehensive network of service partner and relationships
- There is a focus on seamless transitions and coordination of care
- Healthcare organisations operate as leaders in the system improvement
- Community volunteers are recognised and supported as critical partners in enhancing the patient experience

Person-centred technology and built environment

- Person-centred design principles are applied to the built environment
- Healthcare organisations are pragmatic and innovative where resources are limited
- Technology must enhance patient experiences and outcomes, but also not be relied upon alone

Measurement for improvement

- There is culture of learning and continuous improvement
- Measurement can be acted on to improve outcomes and reflects what patients and communities value

The term “medically disabled” refers to **disability based solely on impairment(s) which are considered to be so medically severe as to prevent a person from doing any substantial gainful activity.**

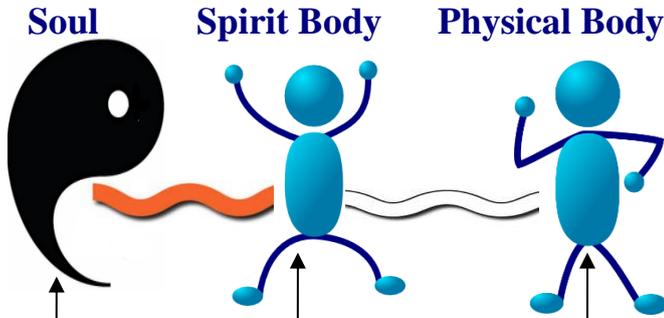
Recognising that each person with a disability has unique needs, we offer services that aim to provide an array of support options to help you make the best decision. Programs like [Adult Family Care](#) and [Personal Care Attendant](#) offer ways for you to live with a caregiver or on your own with just the right amount of in-home support for your needs, while [Healthy Living](#) workshops can help you learn to better manage your condition and take control of your life.

- | | |
|---|--|
| Adult Day Health Screens | Information & Referral |
| Adult Family Care | Long-Term Care Ombudsman Program |
| Benefits Counselling | Meals on Wheels |
| Case Management | Money Follows the Person |
| Community Choices | Nursing Facility Discharges |
| Community Nursing Facility Screens | Nutrition Education & Consultation |
| Congregate Housing | Options Counselling |
| Consumer-Directed Care | Personal Care Attendant Program (PCA) |
| Enhanced Community Options | Private Pay Care Management (Senior Options) |
| Farm to Home Food Program | Respite Services |
| Home Care Services | Rides for Health |
| Information and Caregiver Resource Centre | Serving the Health Insurance Needs of Everyone |
| Healthy Living | Supportive Housing |
| <ul style="list-style-type: none"> o My Life, My Health: Living Well with Long-Term Health Conditions o Chronic Pain Self-Management o Diabetes Self-Management o A Matter of Balance: Managing Concerns About Falls o Healthy Eating For Successful Living in Older Adults o Enhance Wellness Coaching o Healthy Living Testimonial | |

Benefits of person-centred care

| | | | |
|--|--|---|---|
|  <p>Better patient and community experience</p> <ul style="list-style-type: none"> ✓ Improved patient satisfaction ✓ Improved patient engagement ✓ Improved community perceptions of healthcare organisations |  <p>Better workforce experience and improved wellbeing</p> <ul style="list-style-type: none"> ✓ Improved workforce satisfaction ✓ Improved workforce attitudes ✓ Less workforce turnover ✓ Reduced emotional stress for the healthcare workforce ✓ Improved workforce wellbeing |  <p>Better clinical outcomes, safety and quality</p> <ul style="list-style-type: none"> ✓ Lower mortality ✓ Reduced readmissions ✓ Reduced length of stay ✓ Reduced healthcare acquired infections ✓ Improved treatment adherence |  <p>Better value care through lower costs of care</p> <ul style="list-style-type: none"> ✓ Shorter length of stay ✓ Lower costs per case ✓ Better utilisation of low versus high cost workforce members ✓ Less workforce turnover |
|--|--|---|---|

HIERARCHY of HEALING SYSTEMS



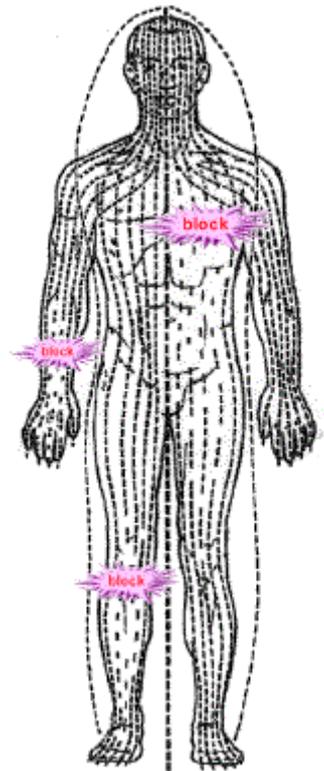
ALLOPATHIC – Western Medicine treats the symptoms, is highly regulated and costly as it is cost driven. Symptoms are suppressed – no healing!

ENERGY HEALING – Eastern Therapies also treat the symptoms with the assistance from natural love spirits from the realms up to the 6<sup>th</sup> spirit Mansion World.

Therapy applied to the spirit body is through an energy therapist who may work on the chakras, whereas a chiropractor works on the physical body. Such types of therapy deal with the effects and ignore the soul and the causes – temporary healing.

FEELING HEALING – EMOTIONAL EXPRESSION addresses the cause. Soul level clearing and growth provides permanent solutions whereas the other two systems provide temporary relief.

If we focus on our childhood suppression, that is the commencement on our pathway home to our Heavenly Parents. Improving our soul condition is the ultimate goal.



When educators do not know what it is that they are teaching - that is the subject of Medicine!

Doctors do not know what the cause is of any illness - that is maybe why they have identified more than 10,000 illnesses and diseases!

Education and Health systems are now to EVOLVE!

The elephant in the room being: CHILDHOOD SUPPRESSION

The pathway forward is to embrace: FEELING-HEALING

Pathway Forward

Hippocratic Oath



New Feelings Way: learning how to live true to ourselves by living true to our feelings.

We are to express our feelings, both good and bad, at all times, and to long for the truth of them.

By living true to ourselves true to our feelings, we are living true to God. It's that simple.

Golden Rule: that one must always honour another's will as one honours one's own.

The Golden rule is: Never interfere with another's will.

God's Divine Love: Pray for it, ask for it, and receive it.

To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

PASCAS FOUNDATION (AUST) Ltd



7 July 2022

Pascas Foundation (USA) LLC TEAMS

A paramount team leader may be seen in:

<https://www.gobankingrates.com/net-worth/politicians/volodymyr-zelensky-net-worth/>

“Volodymyr Zelenskyy earned most of his money as a Ukrainian entertainer, starring in Russian-language films including “Love in the Big City,” “Office Romance,” and “8 First Dates.” The tri-lingual president, who is fluent in Russian, Ukrainian and English, also dubbed the Ukrainian voiceovers for “Paddington” and “Paddington 2.”

“From 2015 to 2019, he starred in a political satire comedy series, “Servant of the People.” The oddly prophetic show, which aired for 51 episodes, chronicled the adventures of a high school teacher turned president of Ukraine. In 2019, Zelenskyy ran for office and was elected as president.

“Although this marked Zelenskyy’s first foray into politics, he does have the education to back up his recent career change. He graduated from Kryvyi Rih Institute of Economics with a law degree, but never practiced, according to ClutchPoints.

“Zelenskyy’s current role as Ukrainian president earns him only 28,000 Hryvnia per month, or just US\$930 per month, per Celebrity Net Worth — which is an annual salary of roughly US\$11,200 per year.

“The Ukrainian president, Volodymyr Zelenskyy won the hearts of the western world when, upon the recent invasion of his country by Russia, he refused an offer from the U.S. to help him evacuate from the capital, Kyiv. “I need ammunition, not a ride,” he famously said.”

A fringe benefit of being President is that you may be provided with body armour!

Communications are difficult at the best of times, however within a multicultural / multilingual nation such as United States of America, the multiple languages being engaged throughout the nation makes communications even more difficult.

Control is an addiction throughout all of humanity. Control over others as well as control over the environment. We have all been induced since very early childhood to be mind-centric. It is our mind that is addicted to control, control over others and the environment. Further, our mind cannot discern truth from falsehood, our mind is also addicted to untruth. Consequently our assumptions are 98% of the time in error – the other 2% are flukes!

Thus, Pascas universally gravitates to favour functioning as **TEAMS**.

Kindly go to www.pascashealth.com, then the Library Download page, scroll down the index to CORPORATE FOUNDATION DOCUMENTS, and click to open:

 [Pascas WorldCare Teams.pdf](#)

 [Pascas WorldCare Teams and Bottom Up Democracy.pdf](#)

 [Pascas WorldCare Teams Wisdom & Operation.pdf](#)

 [Pascas WorldCare Teams with PTQP.pdf](#)

Teams provides for team members to have the potential to experience and develop in the areas they prefer and that the community of the team is a focus training and experiencing environment. It is not hierarchical, there is no paramount dominant authority, we are each to be listened to.

Consequently, there are no closed office doors. It is even preferable to remove all doors from offices. We may even go so far as to throw away keys to filing cabinets. Human resource people may retain confidential files appropriately.

An hierarchy sometimes has a director as its pinnacle. So, what is a director?

When a corporation is established, the Register of Companies requires directors to be nominated. It is a statutory requirement. These appointees authorise annual reports, consequently sign same, they call meetings and tend to officiate at annual general meetings. Over a full year, this may take as little as one hour of their time. It is a statutory requirement!

A group in an organisation that may be seen as important is the executive leadership administrative team – ADMINISTRATION – and it is this team who develop wide ranging, comprehensive, oversight, managerial supportive skills. They have multiple rolls. And they are to fill in for each other. They are to act intuitively. They are the big picture / little picture guys. They may be highly educated or just highly experienced. But, most importantly, one is not any more ‘important’ than the other. They are all very important and critical to the vibrancy and productivity of the venture.

With a team, the team as a whole is the hierarchy. And this hierarchy does anoint a team leader, typically for a year. Leadership is important, but more important is our individual experiences. It is from what we experience that we discover and thrive from. We are to express what unfolds for us through our feelings, we are to share our feelings to our companions and we are to seek / long to understand that which we are feeling, both good and bad. This we will and are to do for eternity.

We each have been suppressed in expressing ourselves. This commenced from the moment of conception. Our parents, once they realised (eventually) that we were here, began to impress upon us THEIR plans for us. That amplified when we were born and by the time we were six years of age they have totally suppressed our true personality, the one our Heavenly Parents know us by, and we have ever since been presenting a personality façade that our parents imposed upon us. This is how and why we are all in such a difficult and confused state.

Now, under TEAM structures there are no titles. Everyone is to be encouraged to express their true selves, they are to be provided with pathways and windows to truly be themselves, to follow their passions. This is unique and difficult to comprehend, let alone accept and engage in. Admittedly, this will be difficult to achieve, however let us give it a chance to unfold.

As no one has a title, then we each have a generic title such as ‘administration’. We are to embrace our passions and let them shine. There are no ‘directors’, there are no ‘executives’, we are each very important, unique, special personalities and our title is our NAME!

We each have somethings, some gifts, something special, an experience, a desire, a personal but withheld ability and this is what Pascas welcomes and invites to have bloom. Yes, sometimes this will drive us crazy with what the hell are you doing, and then we will discover that we all benefit by this expression of individuality – so let us all stand together to allow individuality to bloom!

BUSINESS CASE:

We are each unique personalities. There is no one else like you or me on Earth. There never has been and there never will. Yet, from the moment of conception we are driven to adopt a false façade personality that typically our parents and early childhood carers impose upon us.

Firstly, we are continually influenced to live mind centric, we ‘need’ to develop our minds, we need to learn our times tables, we need to learn our alphabet, we need to learn poetry by rote, we need to do all kinds of things. But most damaging and dangerous is we ‘need’ to worship our minds and suppress our feelings. This starts from conception and by the time we are six years old we are entombed in our minds. Our personality is now imprisoned in a steel wrecking ball and this has fixed our life experiences into place – suppression of our true personality will now continue throughout our whole life.

This is what our early childhood suppression and ongoing repression brings about:

- We worship our minds which cannot discern truth from falsehood.
- We embrace our mind’s dominance which causes us to need to be in control.
- Our mind is addicted to control of others and the environment.
- Also, our mind is addicted to untruth.
- As we worship our mind, we embrace the ‘assumptions’ that it unfolds for us. These assumptions are 98% in error with only 2% being in truth – these being flukes!
- When we ‘think’ we are disguising yet more erroneous assumptions.
- We are taught to suppress our feelings – Billy, don’t cry or I will give you something to cry about!
- Our feelings are always in truth. Our feelings surface from our heart area – ‘I should have followed my gut feelings’ – as against from the mind. Our feelings originate from our soul which is ALWAYS in truth.
- We are to live embracing our feelings having our mind assisting in implementing what our feelings guide us to consider. Feelings first with our mind to follow. This is in total contradistinction to how we are brought up to live.
- We are too long to understand the truth that we are to recognise from that which our feelings draw to our attention, both good and bad. Everything that we need to know is already known to us should we embrace our feelings and seek / long / ask for that which we feel for.
- As we are ALL mind centric, can we determine if any of these revelations are true and how?
- Dr David R Hawkins in ten books, starting with “Power vs Force”, introduced the “Map of Consciousness” (MoC) and with kinesiology muscle testing, not only can we determine if a statement is true or not true, we can also determine the level of truth of any statement. You and I can test each and every one of these statements for truth and the level of its truth.
- If we can hold in mind a statement then we can test its level of truth in less than one minute.
- The cost of UNTRUTH to society is 100% of all the social ailments that prevail throughout humanity, the consequence of living mind-centric, of worshipping our minds.
- Some 200,000 years ago high level spirit personalities seduced humanity to embrace our minds as the pathway to becoming mini-gods, to becoming all powerful through our minds. Only now, in 2022, do we understand how to heal ourselves of this error. It is not easy but that is what we all will do (eventually).
- As we each have taken on the emotional injuries and errors of belief of our parents, this impedes the flow of energy to and from all of our bodies to be out of balance – out of truth. This energy flow is like the electric circuit required to drive an electric appliance, like a light bulb. This is our soul light

that animates our spirit bodies and then in turn our physical body. When we are not in truth, the light we return is out of balance with what we received.

- Soul light being out of balance is the driver and origination of each and every one of our physical discomforts, pains, illnesses and disease. This is the consequence of living mind centric rather than feelings first.
- As we as parents live mind centric then when conception occurs, the newly arriving personality is literally fire-hosed with our emotional injuries and errors of belief. This dramatically damages the soul-light circulation for that perfectly formed child. A miscarriage is of a direct consequence of our injuries. A child being born with physical defects is of a direct consequence of our injuries. Childhood illness is of a direct consequence of our personal injuries.
- During our early childhood our soul condition degrades to the level of our parents!
- As we go on throughout the child's early forming years suppressing its true personality, endeavouring to mould its personality to what we believe it should be, we are bringing it into the condition that will be how it will experience life and its physical health.
- Every one of us is presenting a façade personality imposed upon us by our parents.
- Every one of us is suffering ongoing repression of our true personality to varying degrees.
- It is this early childhood suppression that fills the health system and hospitals with medical issues to be addressed all the way through our life to our physical death.
- It is this early childhood suppression that overwhelms the policing, courts and prison systems.
- It is this early childhood suppression that generates domestic violence.
- It is this early childhood suppression that has whole societies functioning in a stupor – moronic!
- It is this addiction to untruth from being mind-centric that we have conflicts and wars –
CIVIL UNREST!
- While living mind centric we cannot evolve beyond 499 on Dr David R Hawkins' Map of Consciousness (MoC). We cannot grow and live beyond what is the equivalent to the first spirit Mansion World. We are to evolve through the equivalent of seven spirit Mansion Worlds before we can enter the first of the Celestial Heavens. Prior to being conceived we each were in the condition equivalent to the seventh spirit Mansion World – just below being Celestial.
- Only when we embrace our feelings and begin to Live Feelings First, only then can we grow beyond the restraints, the restrictions of living mind centric. We have been purposely restrained by hidden controllers who seduced us to live mind centric – now we can heal that error and what we have individually taken on of that misguidance and grow to being of a Celestial Soul Condition even while living here physically on Earth.
- We now have the pathway to heal ourselves physically and then avoid conflict and war. The cost of this is our personal time and energy to embrace THE NEW WAY by LIVING FEELINGS FIRST and then go on and embrace FEELING HEALING. This is what Pascas is introducing to all of humanity. It is a way of living, it is not a religion.
- It is simple to introduce but difficult to do. Yes, others are healing themselves.
- The alternative is continuing with living in the despair and pain that you see around us.
- The golden rule is: "Never interfere with another's will."

The contents of this document test:

TRUE

On the Map of Consciousness, the contents of this document calibrates at:

MoC 1,000

John the Typist

MAP OF CONSCIOUSNESS

Map of Consciousness from Dr David R Hawkins, M.D., Ph.D. "Power vs Force".

| Level | Log |
|---------------|----------|
| ENLIGHTENMENT | 700-1000 |
| PEACE | 600 |
| JOY | 540 |
| LOVE | 500 |
| REASON | 400 |
| ACCEPTANCE | 350 |
| WILLINGNESS | 310 |
| NEUTRALITY | 250 |
| COURAGE | 200 |
| PRIDE | 175 |
| ANGER | 150 |
| DESIRE | 125 |
| FEAR | 100 |
| GRIEF | 75 |
| APATHY | 50 |
| GUILT | 30 |
| SHAME | 20 |

PERSONALITY TRAITS:

Less than two dozen people on planet Earth.

Would not pick up a weapon let alone use it. These people gravitate to the health industry and humanitarian programs.

Debate and implement resolutions without argument and delay. 470

Debate and implement resolutions in due course. 440

Debate and implement resolutions with some degree of follow up generally needed. 410

Management supervision is generally necessary.

Politics become the hope for man's salvation.

Cause no harm to others starts to emerge. Power overrides force.

Illness is developed by those man erroneous emotions that calibrate 200 and lower.

Armies around the world function on pride. Force is now dominant, not power.

Harm of others prevails, self-interest prevails.

Totally self-reliant, not God reliant.

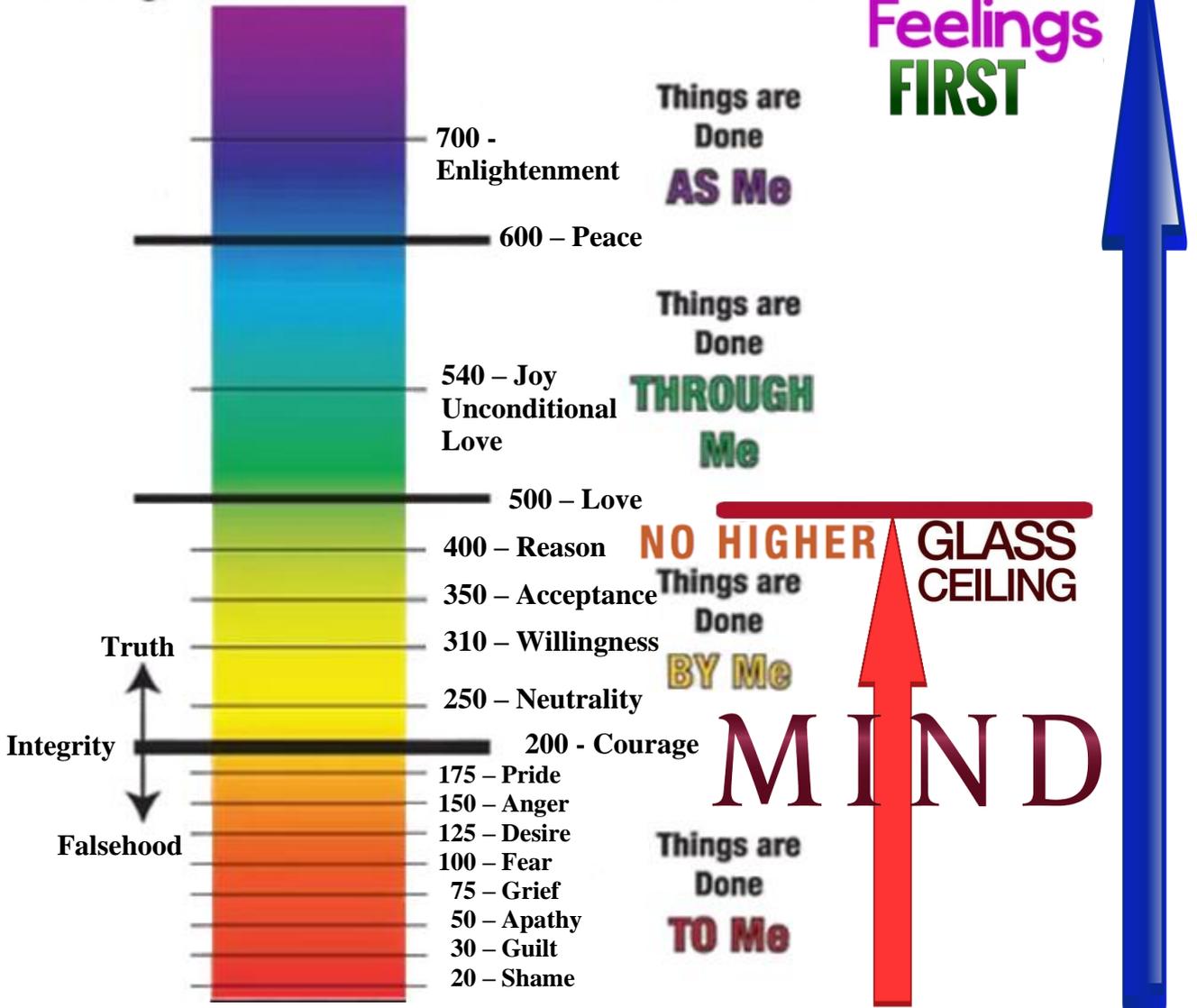
Fear dominates all motivation.

Suicide is possible and probable.

At these levels, seriously harming others for even trivial events appears to be justifiable.

Poverty, unemployment, illness, etc., this is living hell on Earth.

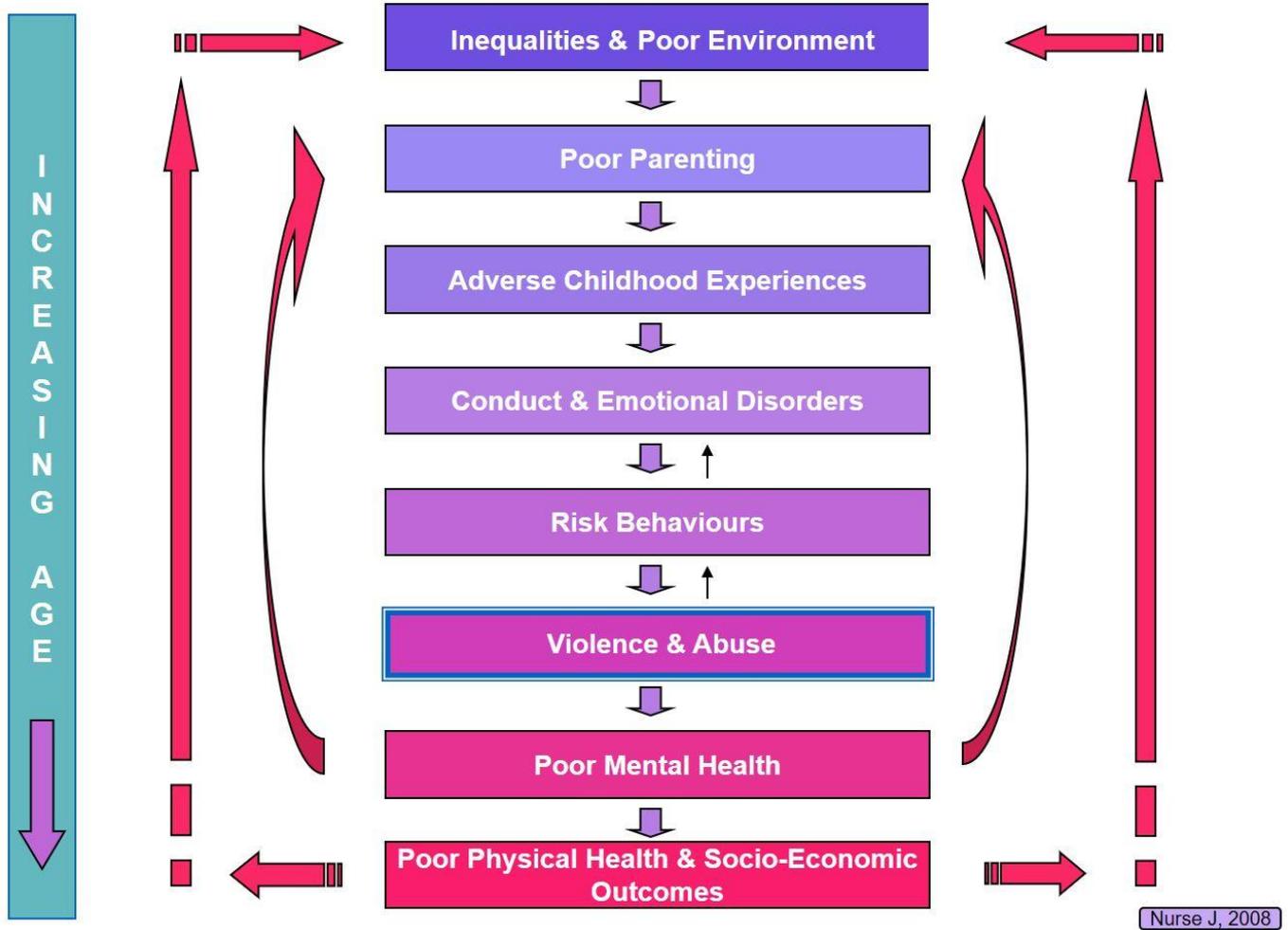
Map of Consciousness



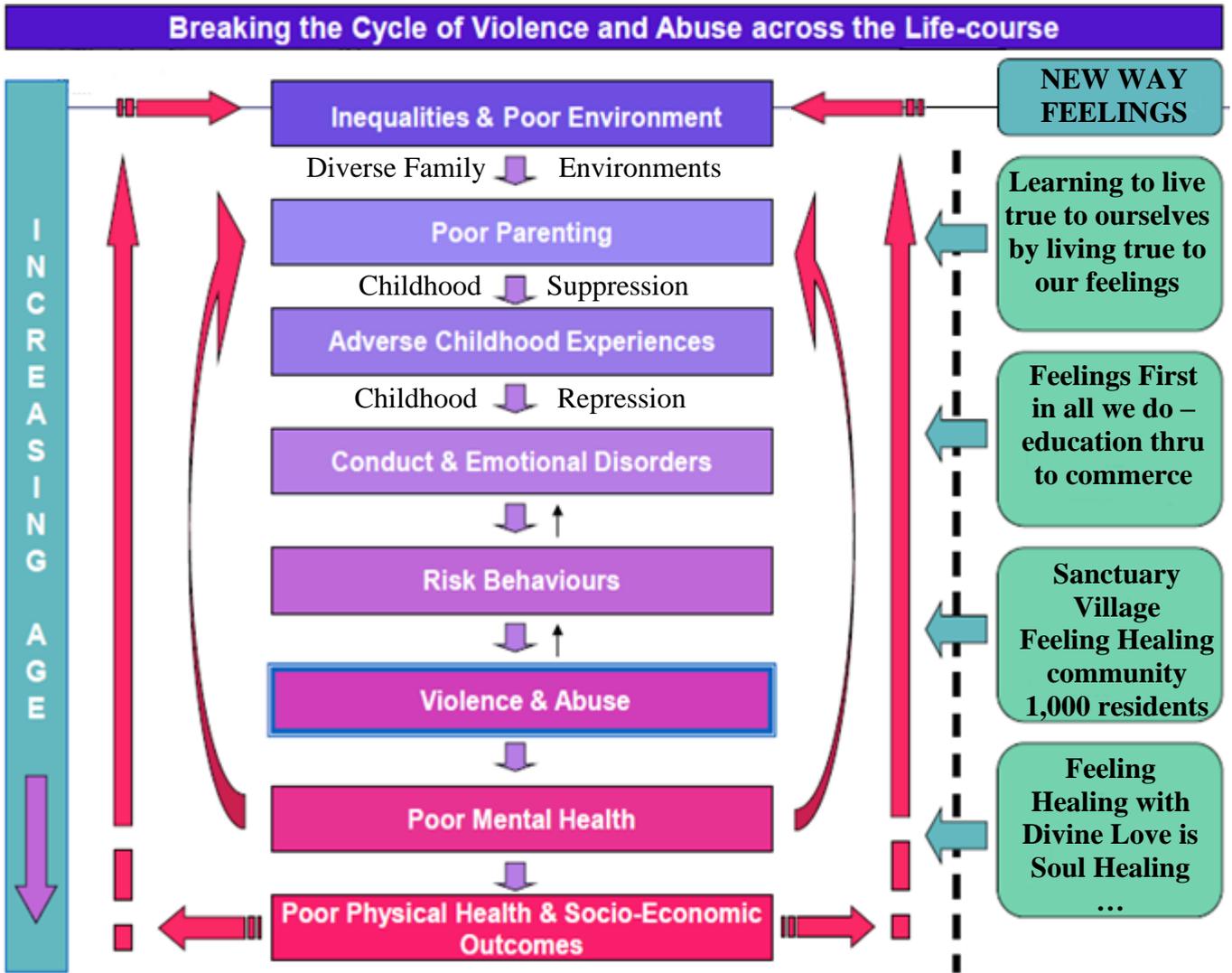
LIFE IS FOR LEARNING



The Cycle of Violence and Abuse across the Life-course

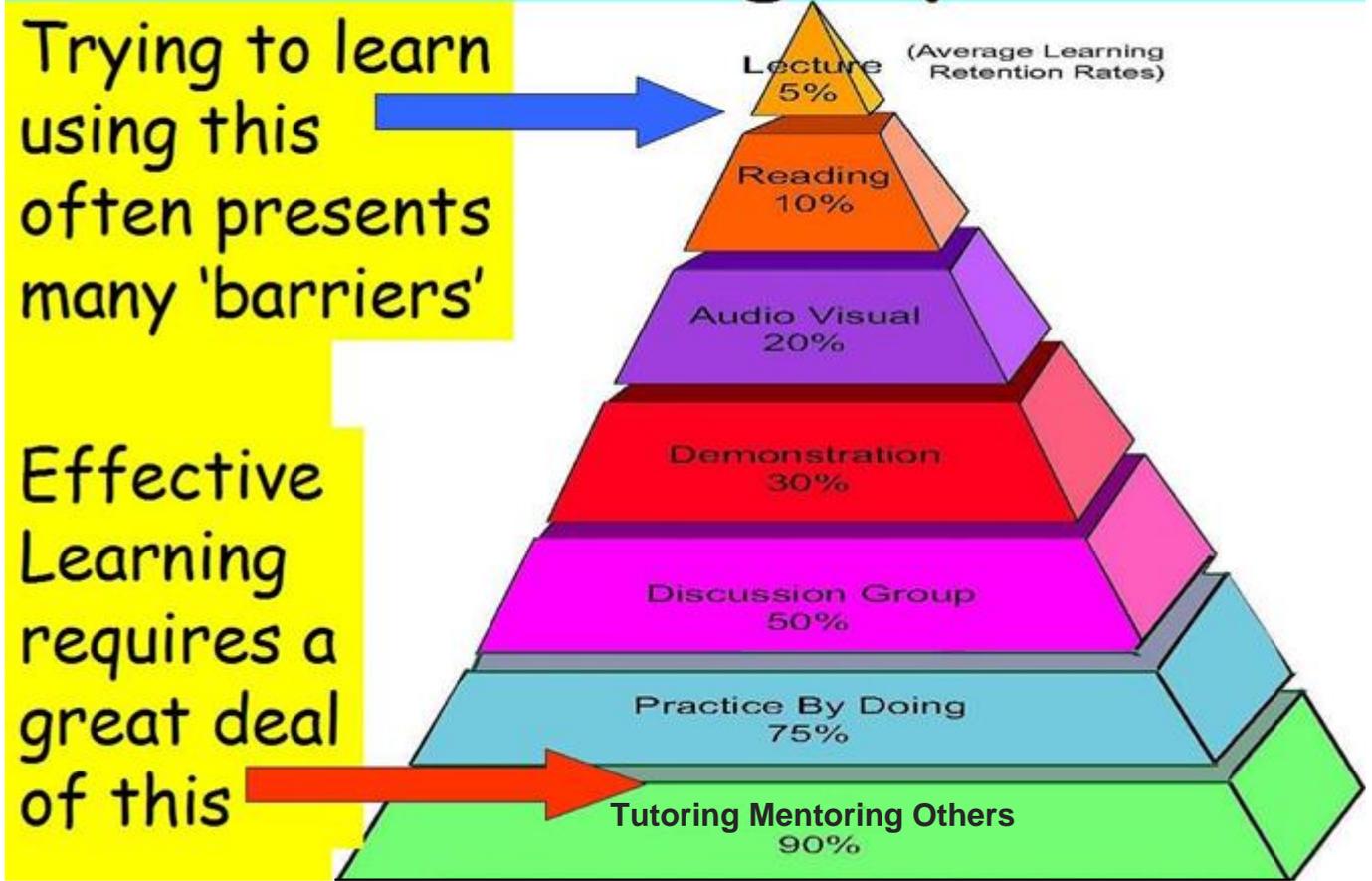


Seek **truth** from the cradle to the grave.



Childhood Suppression is the underlying cause of all physical illness and social issues seen throughout society.

The Learning Pyramid



100% retention is **Natural Self Expression**

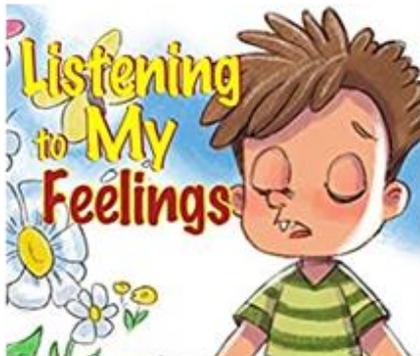
Correlation of Levels of Consciousness and Societal Problems

| Level of Consciousness | Rate of Unemployment | Rate of Poverty | Happiness Rate "Life is OK" | Rate of Criminality |
|------------------------|----------------------|-----------------|-----------------------------|---------------------|
| 600+ | 0% | 0.0% | 100% | 0.0% |
| 500-600 | 0% | 0.0% | 98% | 0.5% |
| 400-500 | 2% | 0.5% | 70% | 2.0% |
| 300-400 | 7% | 1.0% | 50% | 5.0% |
| 200-300 | 8% | 1.5% | 40% | 9.0% |
| 100-200 | 50% | 22.0% | 15% | 50.0% |
| 50-100 | 75% | 40.0% | 2% | 91.0% |
| <50 | 97% | 65.0% | 0% | 98.0% |

*From our head to our toes,
what our feelings say goes!*



Feelings, good and bad, are to be expressed.



Talk it Out!

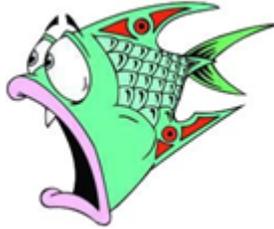
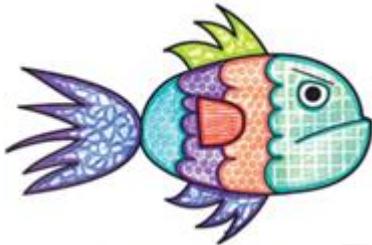


Heartfelt feelings are our truth.

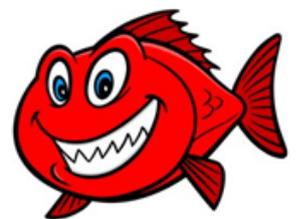
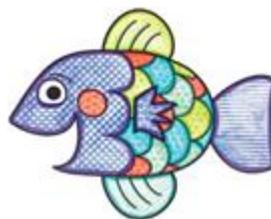
LONG to KNOW ABOUT what you are FEELING!
Long to understand the truth behind
what your feelings are pressing upon you.



Ask to know the truth about that which you feel.
It is knowing the truth of that
which you feel that sets you free!



Always be true to your feelings
because they are your truth
and truth is love and our way home!



Express your feelings to those who matter to you.
Suppressed feelings bring about pain and illness.
Talk it out to a friend!

One to One Sharing:

Talk it out with a buddy what happened with you yesterday or over the weekend. Was it fun? Was it not? Was it a bother? Why do you feel it was that way for you? Say to your friend what ever comes up in how you feel about what happened for you. Then listen to your friend share his/ her day / days and what she / he experienced. Then ask your friend to talk again later.

Junior school classroom with a student assisting. Students to form into pairs and discuss their feelings about their experiences.



Important recommended reading is:

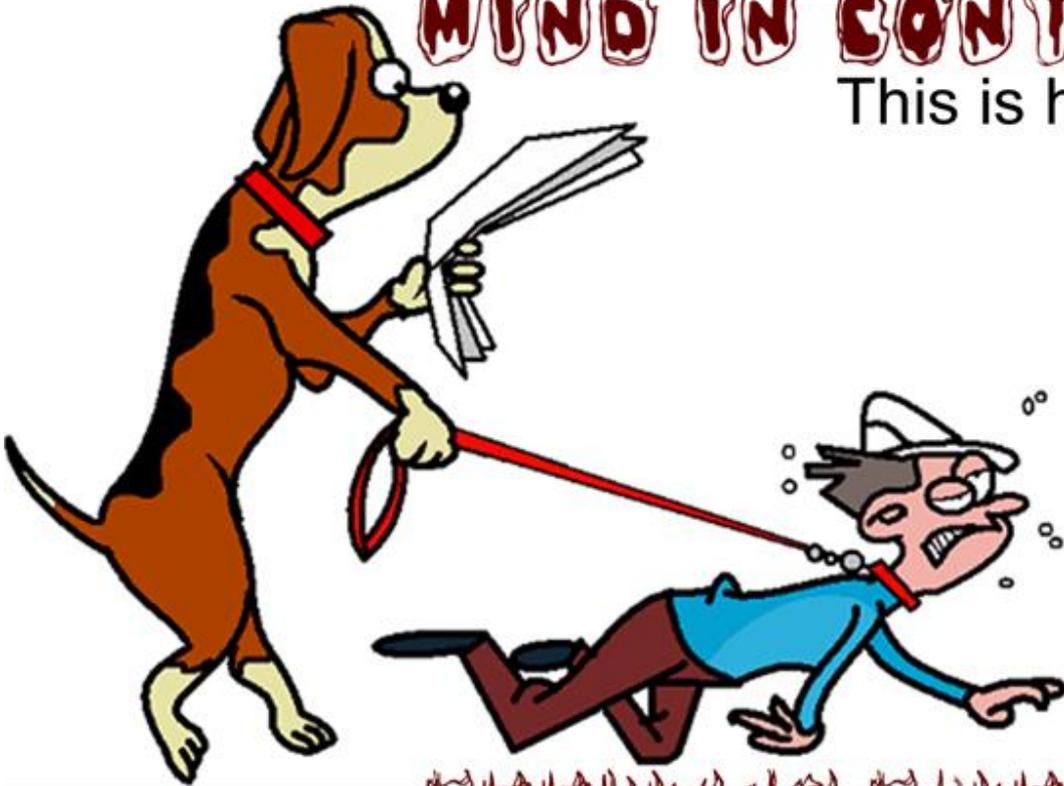
by James Moncrief

The Rejected Ones – the Feminine Aspect of God

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at <https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>

MIND IN CONTROL

This is how it is!



FEELINGS FRIED

Great U-Turn

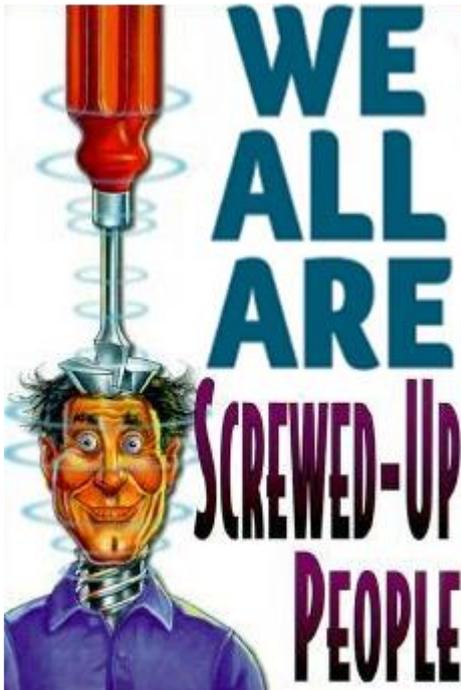
Feelings
in Control

This is how it is to be!

Mind in Support



**Consider asking yourself this question:
Who hurt me when I was a child?**



THE SCRATCH

"All that we need to know is within us all. We need to long for the truth behind that which our feelings are bringing our attention to. Behind each feeling there will be another and even more truth of ourselves to be embraced. We have been misled for aeons and now we can excel and blossom as we are intended to do so. Our potential is infinite."

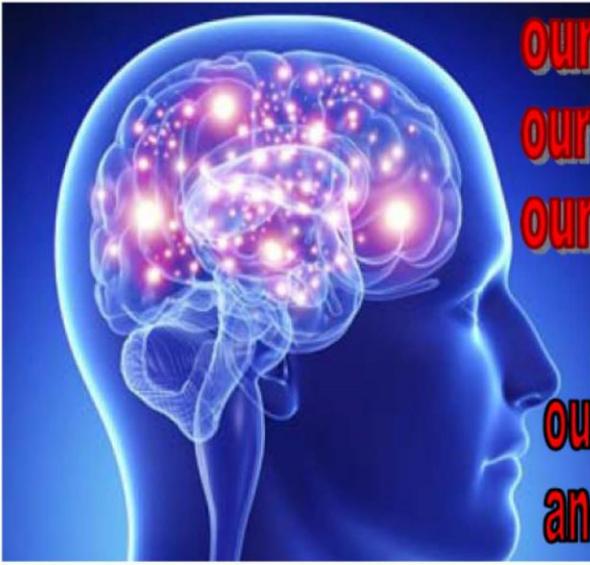
John the Typist

It is time for us all to bring our mind into balance with our feelings and open our pathway to the potential within each of us. Few recognise the difficulties that being mind-centric cause each of us. We literally worship our minds while suppressing our feelings and our true personality. We act upon assumptions that are around 98% of the time just wrong. We may start a conversation with "I think" meaning it is an assumption rising from our minds and then have a meaningless discussion!

We are truth seekers. Our life is about experiences and the feelings that arise from each such experience. Our physical existence is the commencement of our journey through our local system, local constellation, then out through our local universe and then all the way to Paradise, the home of our Heavenly Mother and Father. We each will excel in our own way and time.

Now is the greatest time in the history of humanity for it has now been revealed to us by higher level spirit personalities as to how we are to live, should we so choose to. And through these revelations we can now start to address appropriately and progressively all that ails society.

This is what Pascas Foundation brings to all the peoples of the world – revelations of **TRUTH!**



**our MIND is a CONTROL ADDICT!
our MIND is addicted to UNTRUTH!
our MIND cannot discern TRUTH!**

**our MIND is within our SPIRIT BODY
and orchestrates our physical BRAIN.**

ASSUMPTIONS are the product of our MIND!

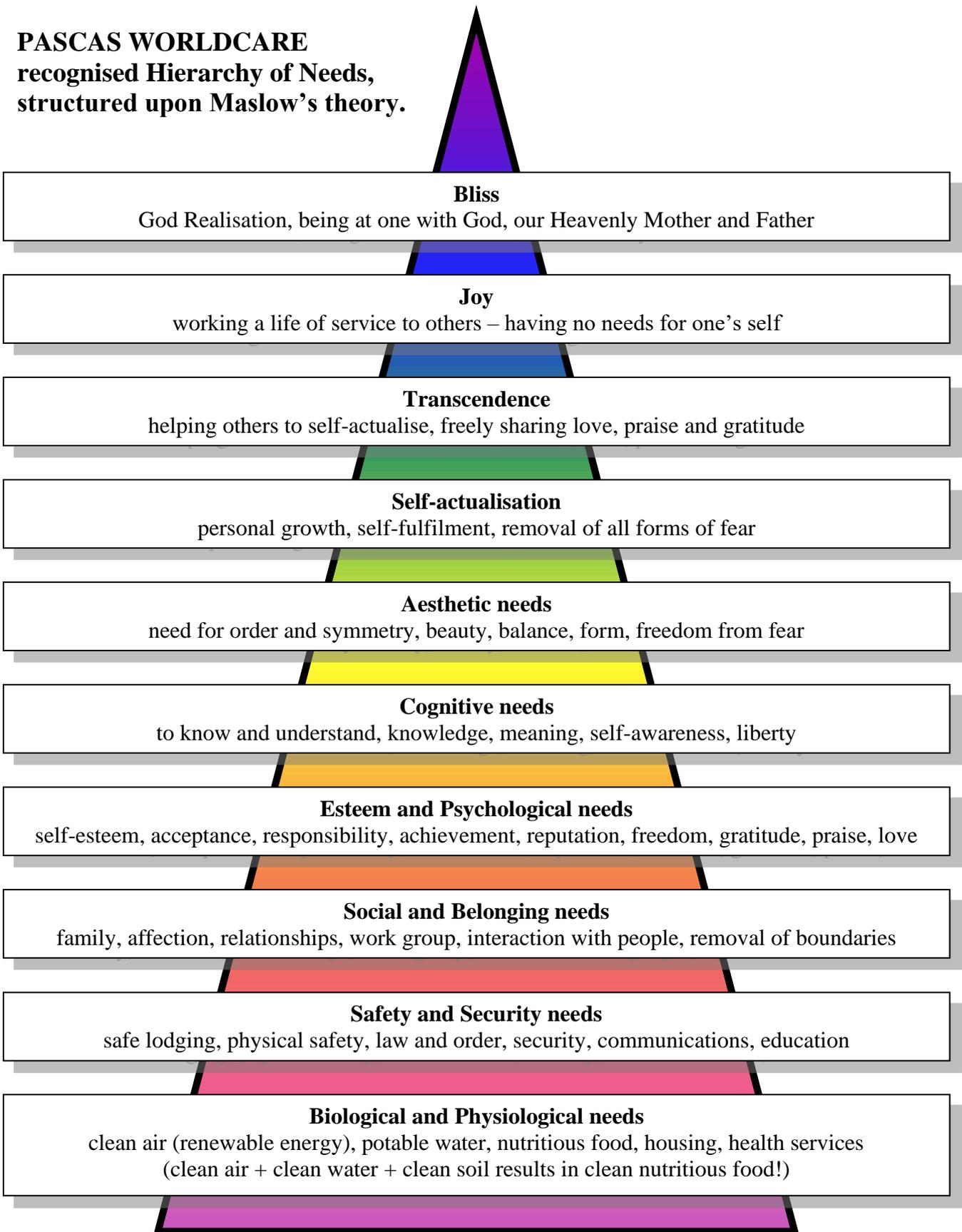
HEALING ends
MIND-CONTROL!



**our SOUL is our TRUTH!
our FEELINGS are our TRUTH!
FEELINGS FIRST, mind to follow!**

**all we need is WITHIN.
our MIND suppresses FEELINGS.**

PASCAS WORLDCARE
recognised Hierarchy of Needs,
structured upon Maslow's theory.



MARKETING CONCEPT:

Career paths focused upon herein:

Education and Teaching

Nursing, Health and Medical

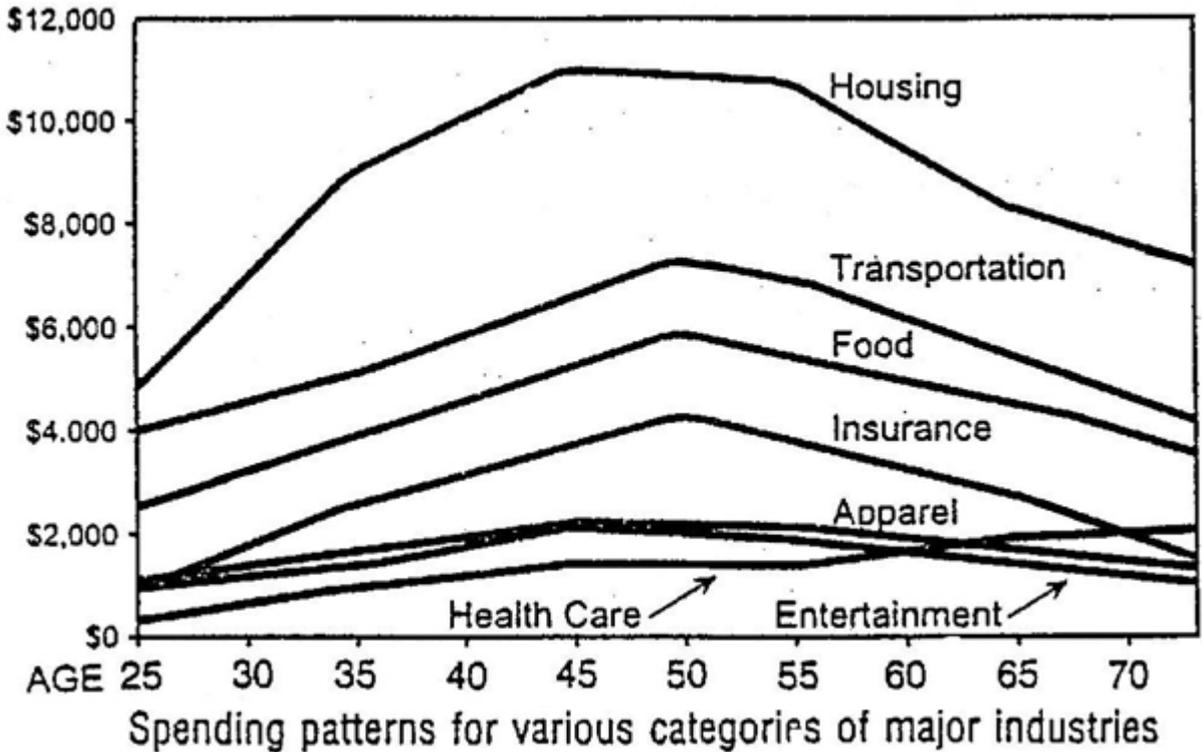
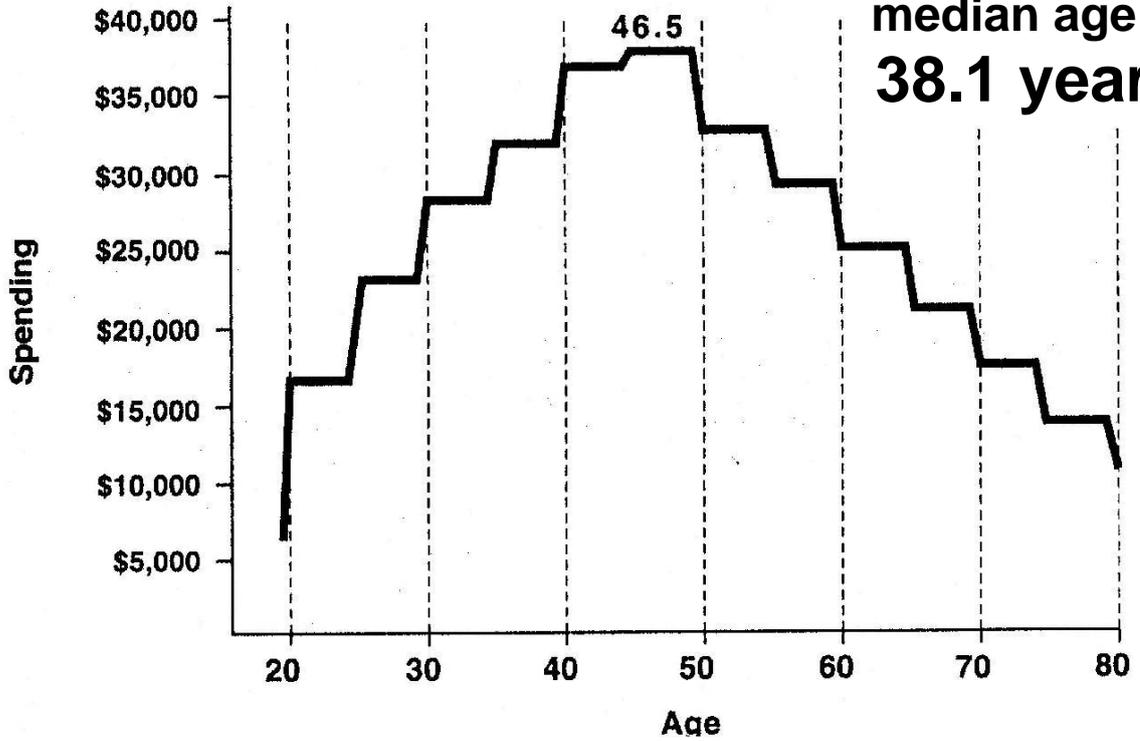
Agriculture and Food Security



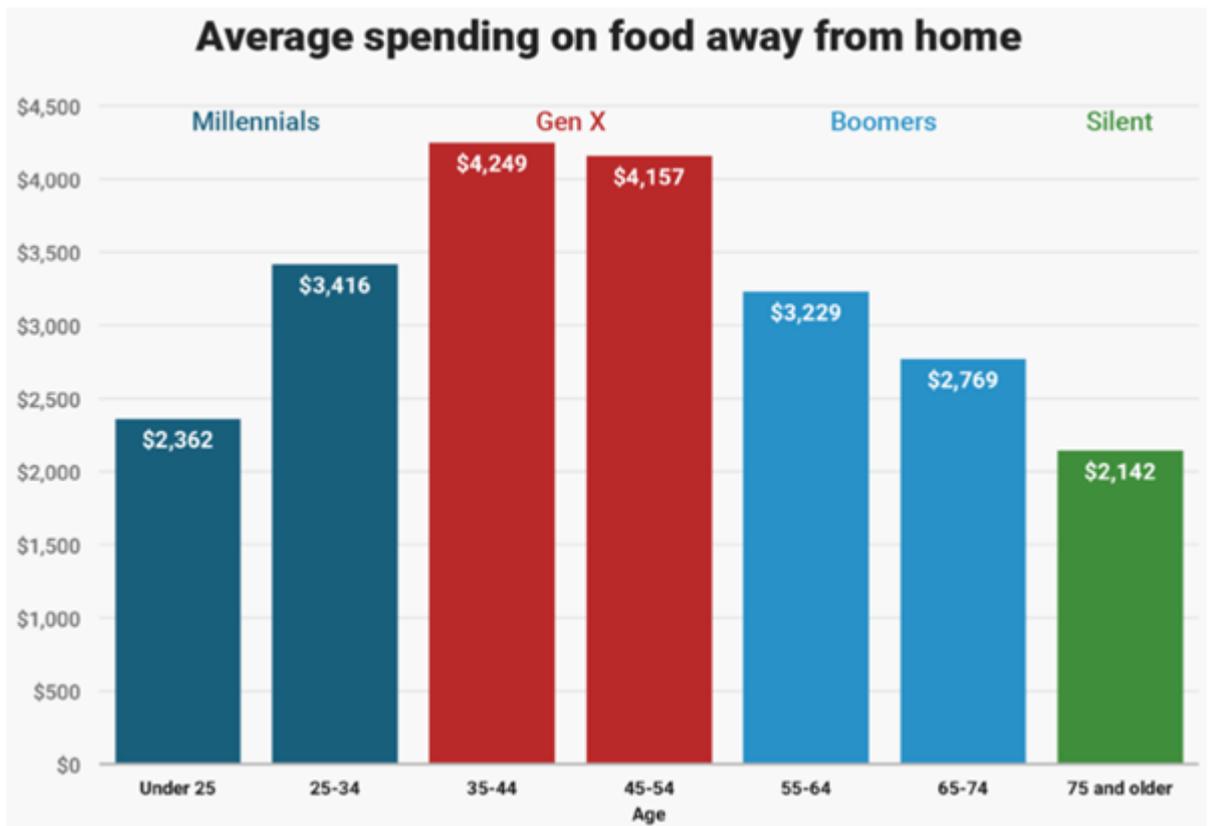
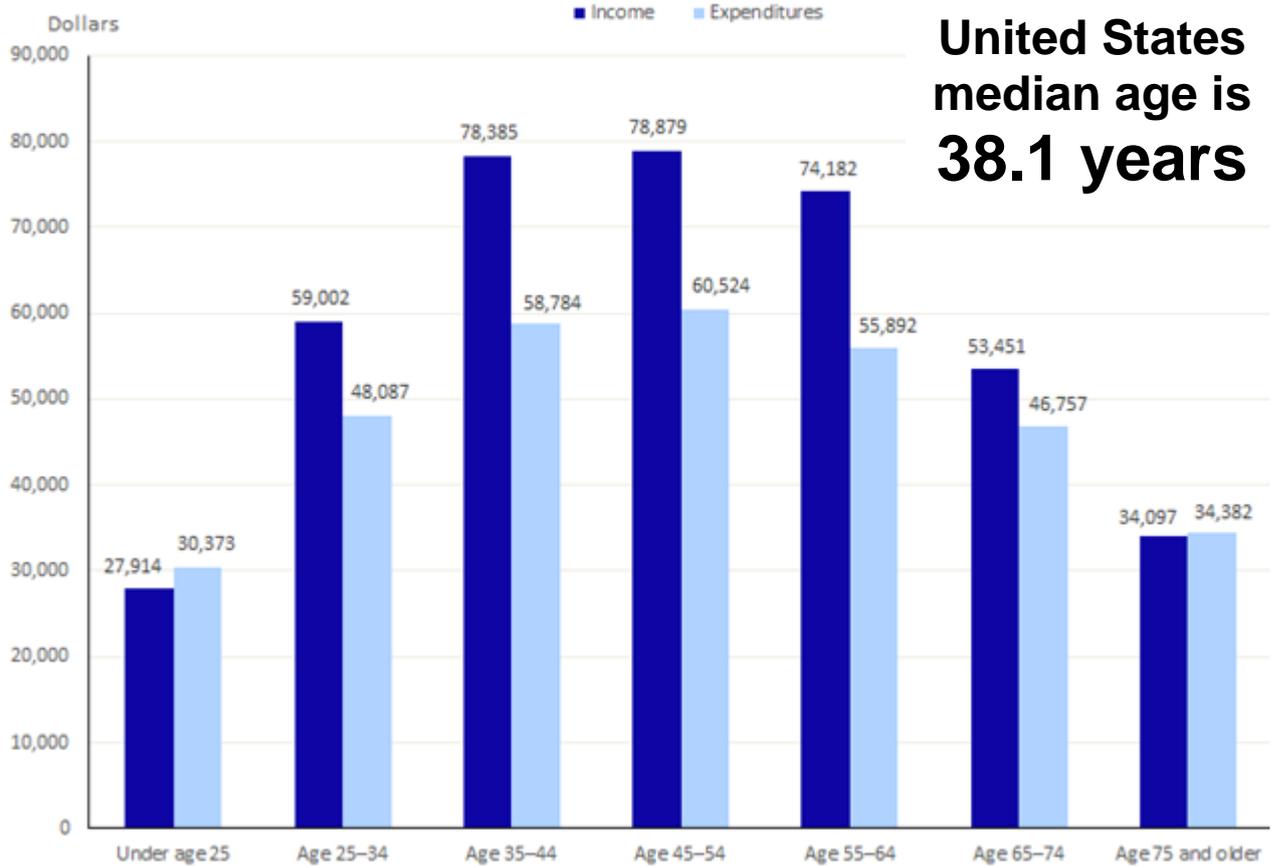
BUYER TRENDS – Patterns within societies:

Average Annual Family Spending by Age (5-year age groups)

United States
median age is
38.1 years

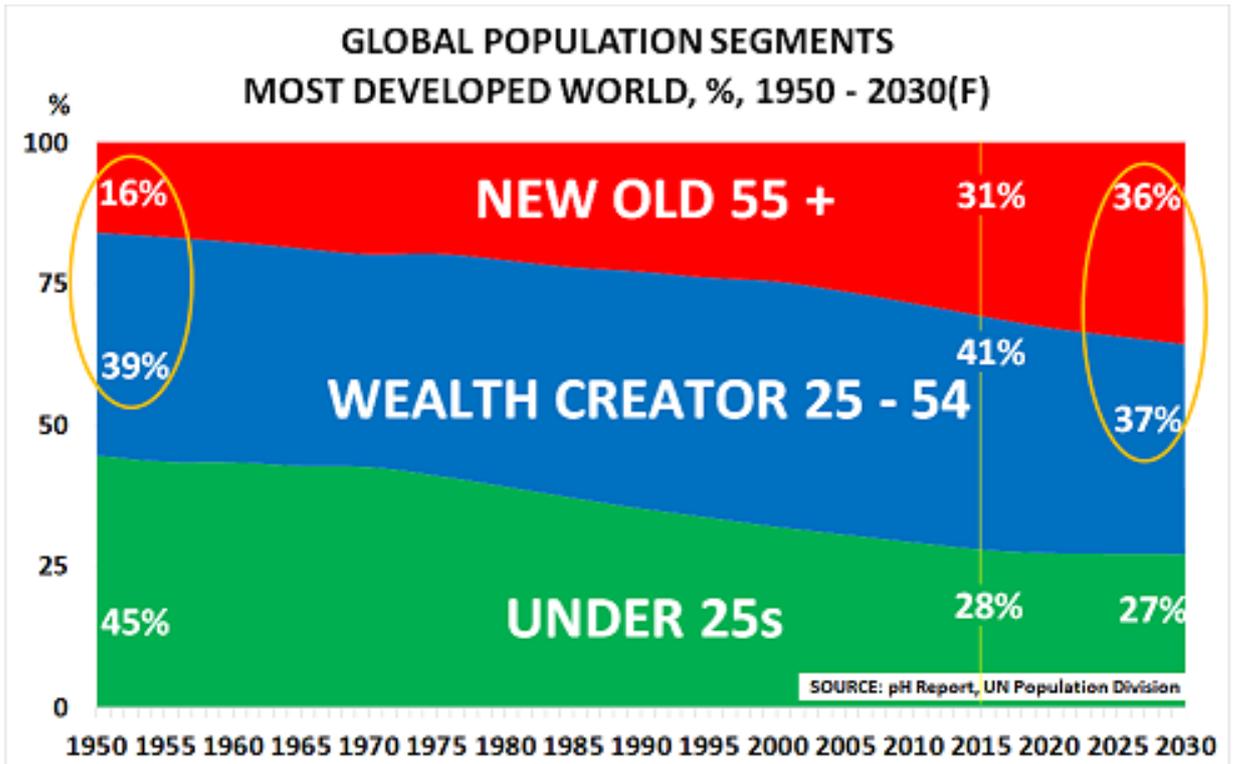
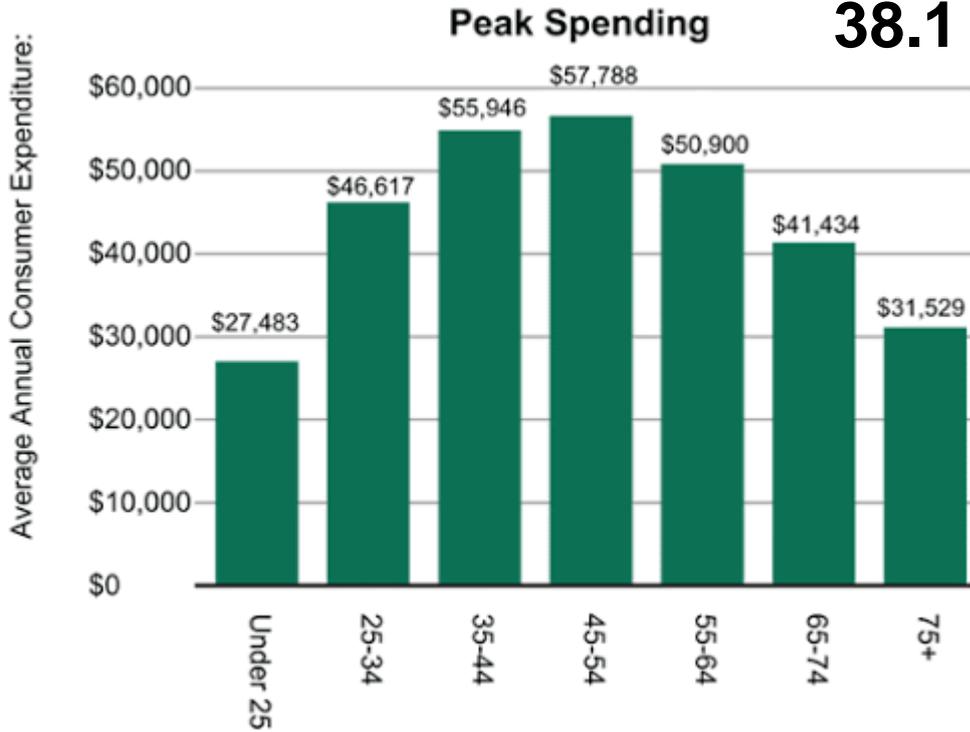


Income and expenditures, by age of reference person



These observations being relevant within every society:

**United States
median age is
38.1 years**



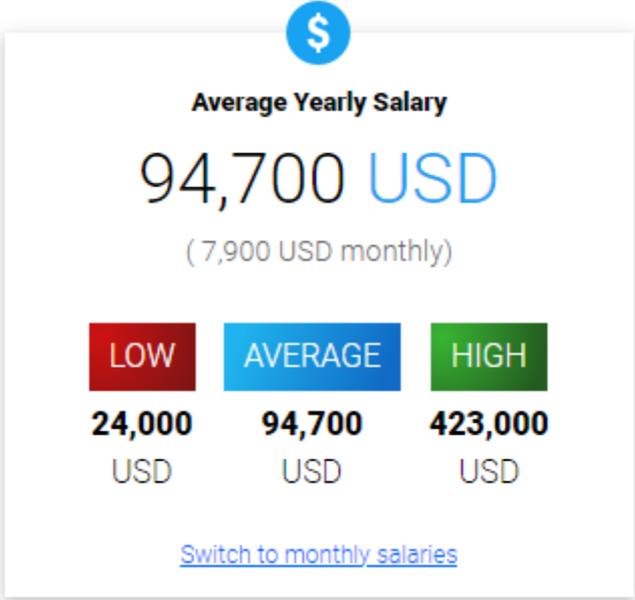
UNITED STATES SALARY:

A person working in **United States** typically earns around **US\$94,700** per year. Salaries range from **US\$24,000** (lowest average) to **US\$423,000** (highest average, actual maximum salary is higher).

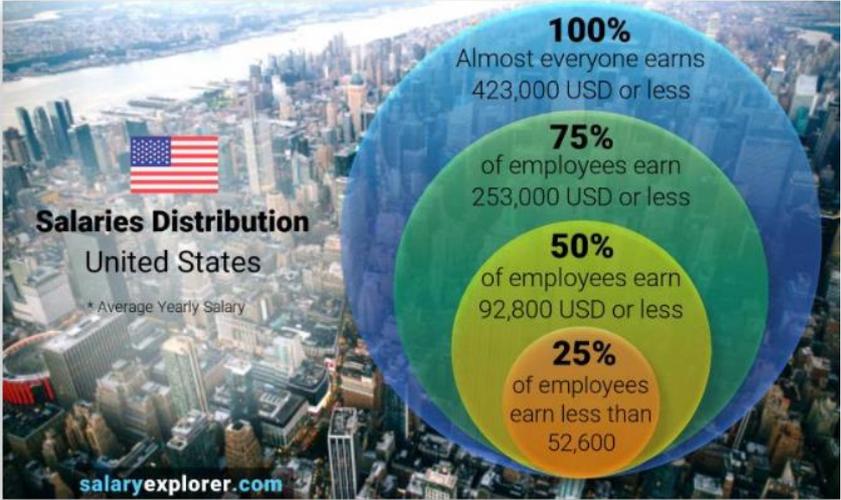
A Master's degree program or any post-graduate program in **United States** costs anywhere from **US\$39,500** to **US\$118,000** and lasts approximately two years. That is quite an investment.

United States of America - Gross domestic product per capita in current prices. In 2021, GDP per capita for United States of America was **US\$61,280**.

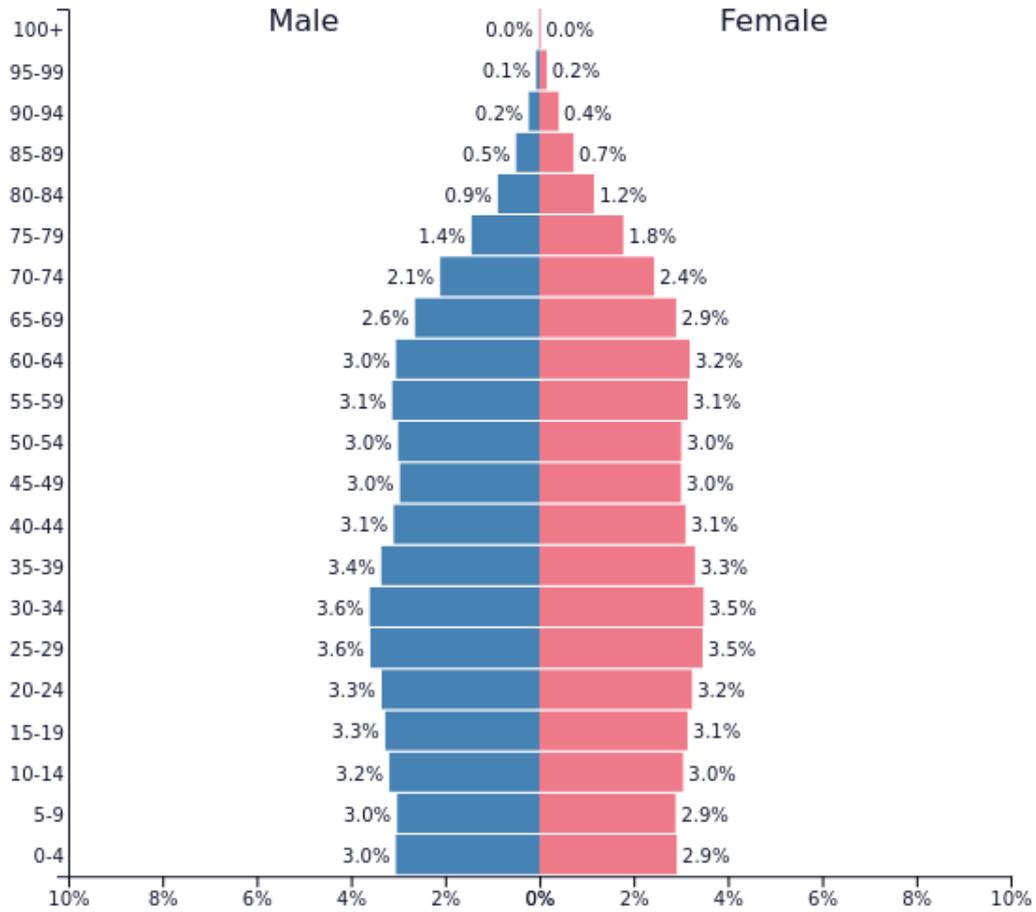
The Gross Domestic Product per capita in the United States was last recorded at **US\$63,069** in 2021, when adjusted by purchasing power parity (PPP). The GDP per Capita, in the United States, when adjusted by Purchasing Power Parity is equivalent to 355 percent of the world's average. source: [World Bank](#)



Distribution of Salaries in United States



COMMERCIAL IN CONFIDENCE



PopulationPyramid.net

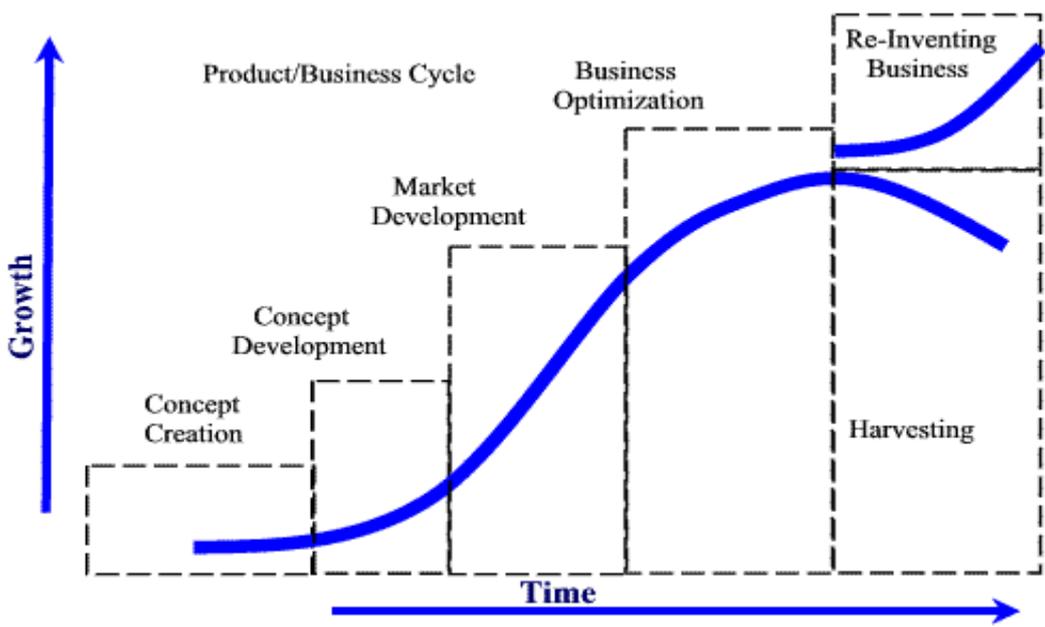
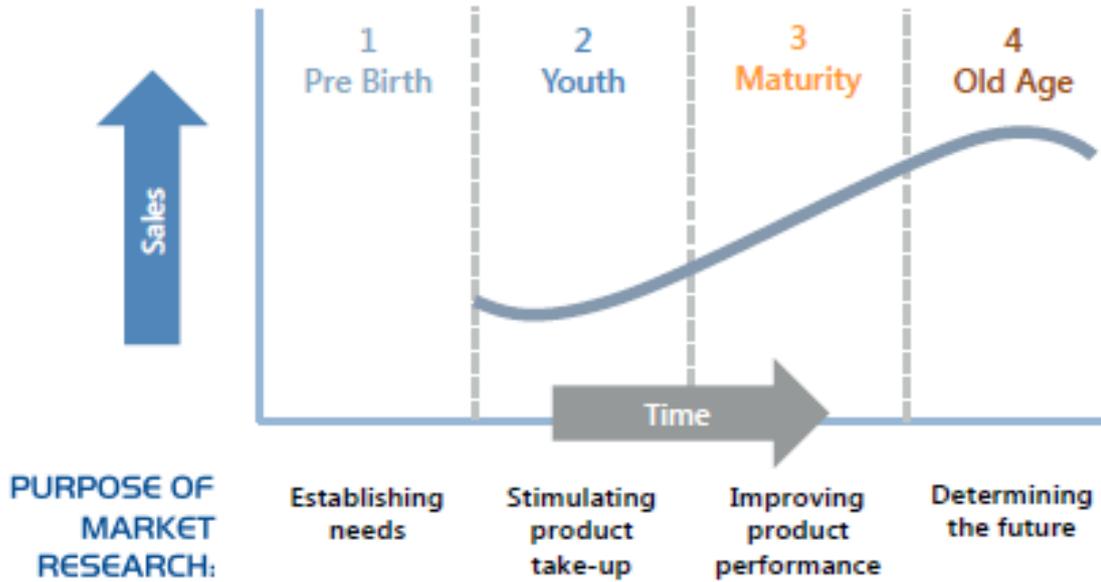
United States of America - 2022
Population: 334,805,268

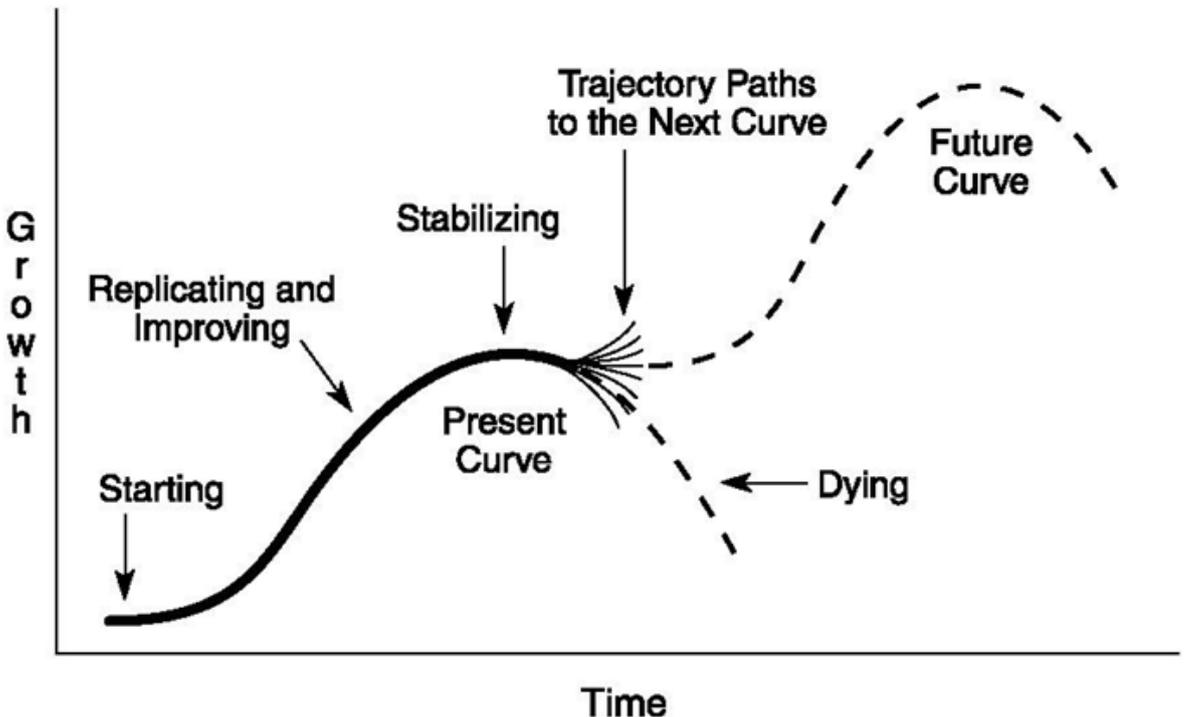
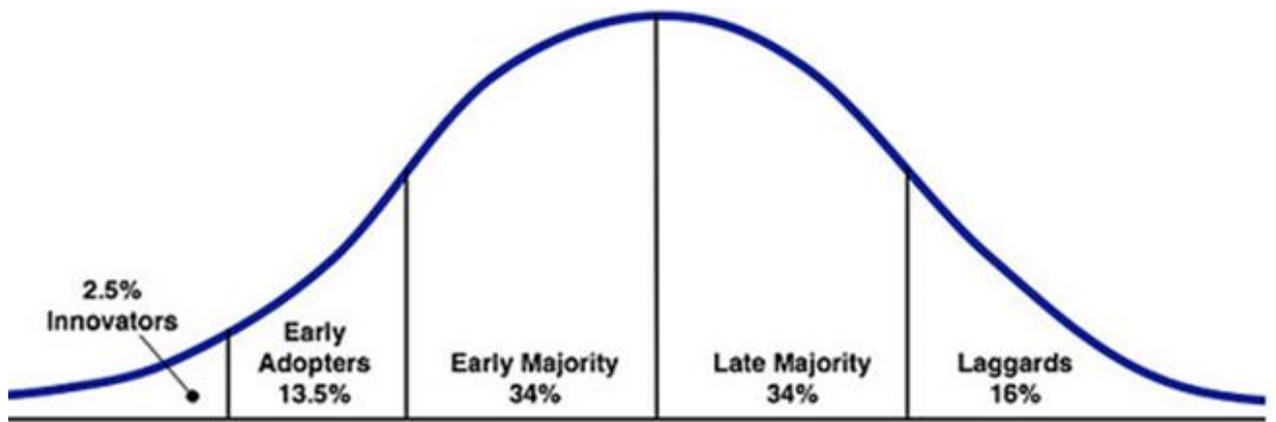
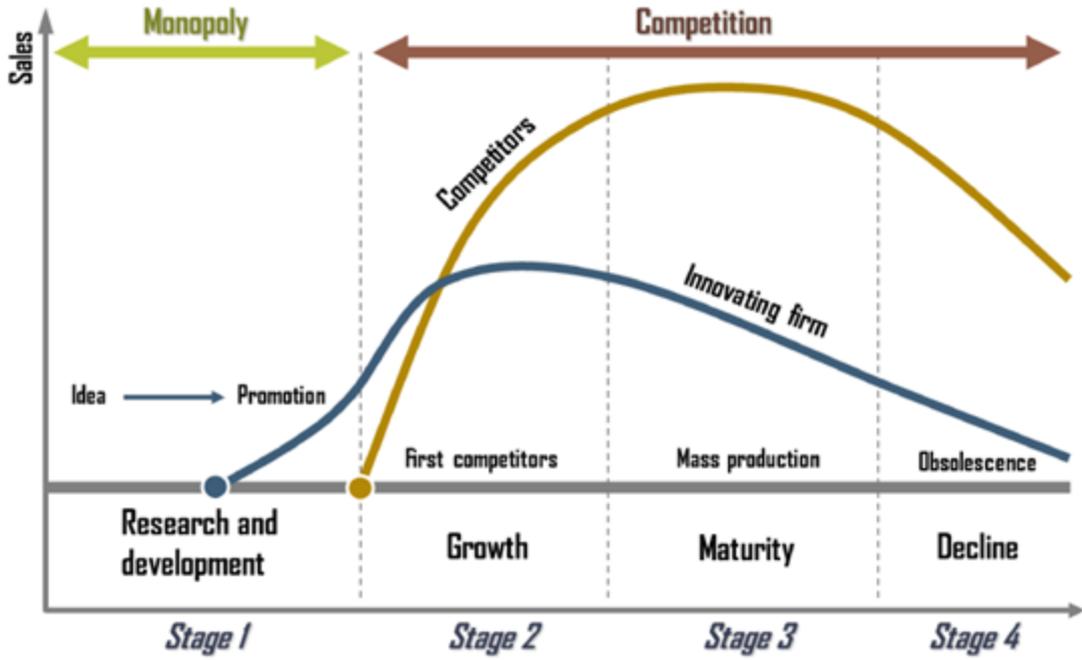


COMMERCIAL IN CONFIDENCE

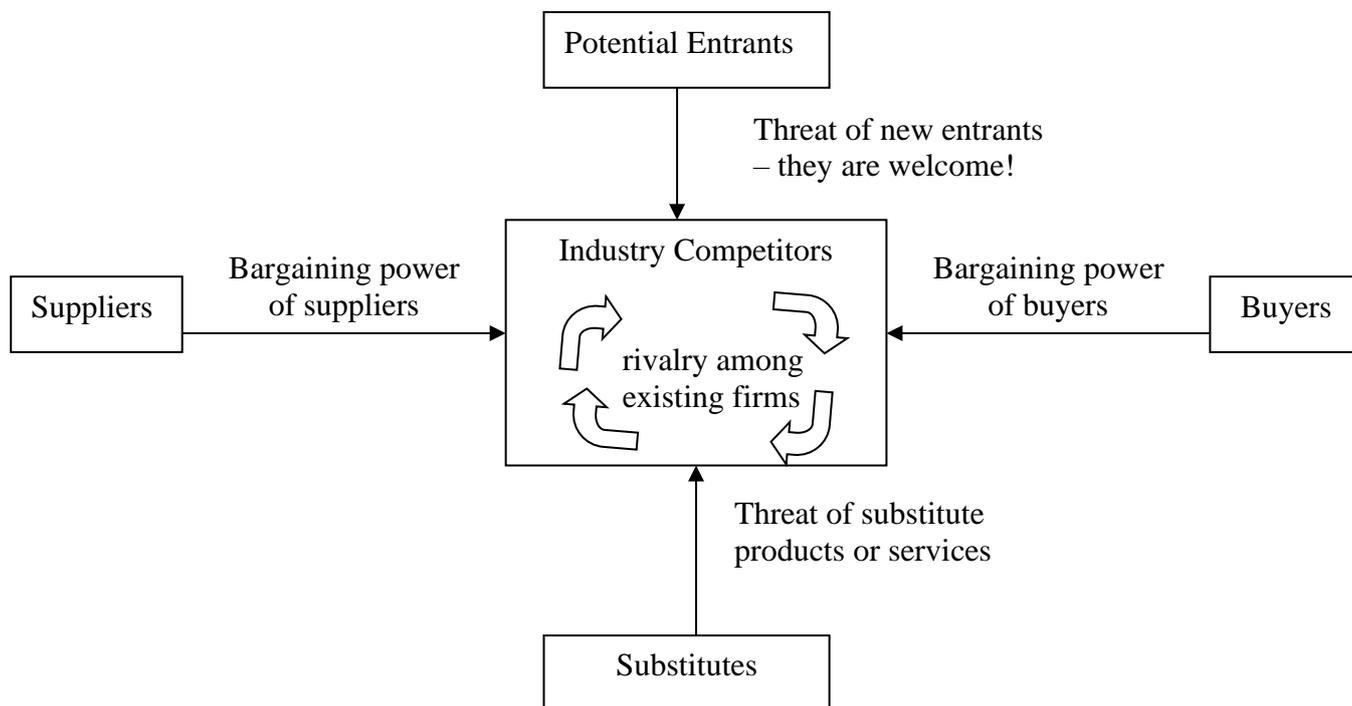
PRODUCT CYCLE – services:

New Product Development





FIVE-FACTOR INDUSTRY PORTER MODEL:



BARGAINING POWER-

1. RELATIVE FRAGMENTATION OF BUYERS AND SELLERS

There are some 3,400 spiritual institutions and with their minor denominations there are more than 50,000 organisations promoting 'truth'. As truth is always the same, then the people of the world are in a quandary. High level hidden controllers have led humanity to live mind-centric, to worship our minds in the erroneous belief that we can achieve everything, even to become mini-gods, whereas it has always been a constricting way of living to keep humanity from evolving so that we remained restrained to do as these controllers directed.

Higher level personalities have now revealed and shown that through embracing our feelings, living feelings first and longing for the truth that our feelings are to show us, we can heal ourselves of our childhood suppression, open ourselves to our soul based truths and become highly intuitive spontaneous personalities with infinite potential and free from the constraints of our minds.

This awareness is to be shared with humanity through the education and health sectors primarily as it will be embraced by all sectors of life and living.

2. SIGNIFICANCE OF PURCHASE AS A PROPORTION OF THE TOTAL EXPENDITURE

These revelations are to be freely available to all of humanity. For those of us who like to know the details, all the ins and outs, this may require considerable time to investigate all that now is available to consider.

For those who embrace doing their Feeling Healing, then this will involve all their time.

3. PRODUCT STANDARDISATION OR DIFFERENTIATION

There is only one way to engage in our Feeling Healing, it is how you will do it and there is no other way. The principals of how we are to do our Feeling Healing are all the same, however we are each unique and consequently we have unique childhoods and personalities and thus we will have a unique experience in our Feeling Healing. Yes, we will all do our Feeling Healing be it in the physical or in spirit or a combination of both.

4. COSTS OF SWITCHING TO ANOTHER SUPPLIER

Truth is always the same. There is only one pathway.

5. IMPORTANCE OF QUALITY OF THE PRODUCT TO THE BUYER

There is only one set of guidance in publication. Presently this is some 60,000 pages being about 20 million words. The core writings have been restricted to being through James Padgett and then James Moncrief and that is to avoid confusion. The most important writings are those of James Moncrief.

6. INFORMATION AVAILABLE FOR THE BUYER ABOUT THE SUPPLIER

The supplier are high level spirits – there are many of them identified throughout the writings. The core revelations all come from personalities that are of a higher level of consciousness and truth than those who imposed the Rebellion and Default upon us.

THE THREAT OF NEW ENTRANTS OR SUBSTITUTES –

There are already many systems that purport to heal through emotional clearance systems. None go far enough. None go deeper enough – there are many, many layers. But most significantly, none guide us to long to know the truth that our feelings are and will show us, reveal to us.

COMPETITIVE RIVALRY –

1. NUMEROUS OR EQUALLY BALANCED COMPETITORS

There are no others that have been provided with the Truths that are now being shared to all freely. Further, no others have recognised the importance of these revelations to the education and health sectors. And further, no others have been provided with the financial resources to global introduce to all of humanity this way of living which is ever so freeing and will lead to significant evolutionary growth in consciousness levels. Today, in 2022, we see all of humanity in some kind of moronic stupor with major wars in various countries. As the new spiritual age unfolds, wars will end!

2. SLOW INDUSTRY GROWTH

Yes, humanity will be slow to embrace what is being introduced through Pascas.

FOUNDATION'S PROGRAM:

VISION STATEMENT:

“To build an inspiring high quality, international standard university having multiple campuses throughout United States of America that provides outstanding opportunities for students, lecturers, professionals and the surrounding community to excel, thrive and succeed in.”

“This will lead to widespread enhanced pre-schooling, primary schooling, high schooling, craft creations, technical and further education as well as university facilities and services that will support all facets of all sectors of social services, health, education, commerce and industry.”

HISTORY:

Pascas Foundation (Aust) Limited was incorporated on 16 September 2008 and progressively received and obtained revelations dating back to 31 May 2014 that are all published throughout the Pascas Papers that can be downloaded from the Library Download page on www.pascashealth.com. The way we are to live is feelings first with our minds to follow whilst longing for the truth behind what our feelings are drawing our attention to. This is the greatest time in the history of humanity as peace and harmony amongst all people is to now unfold through universal change in everything that we engage in.

THE TEAM:

Presently, it is a small group of people, some in the far parts of the world, who lead the way for Pascas. That is about to change dramatically as the work of Pascas becomes generally public.

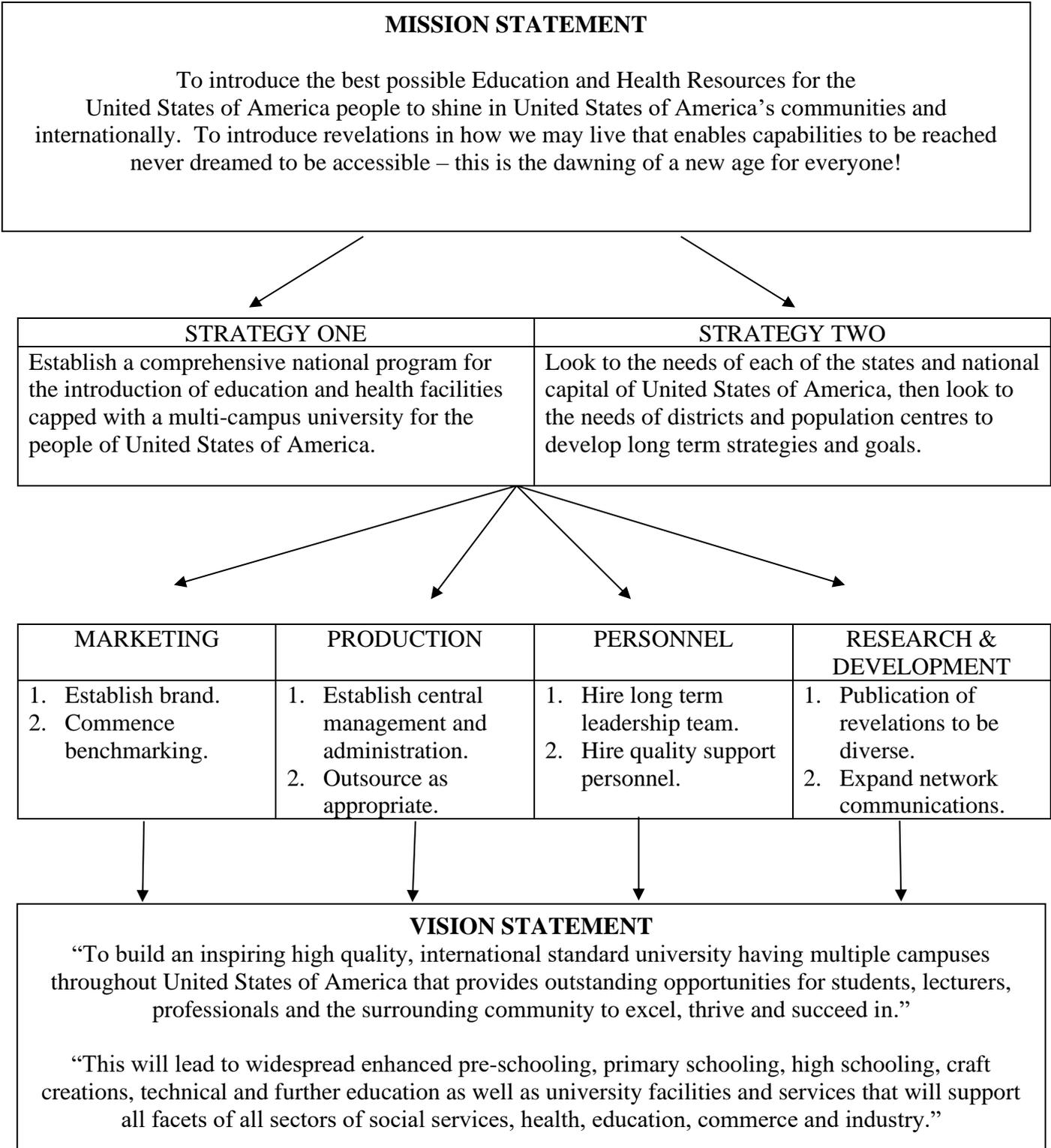
LAYERS of MANAGEMENT – REFLECTING the ORGANISATION CHART:

| ORGANISATION CHART – LAYERS of MANAGEMENT | |
|--|---|
| Layer 1 | Chief Executive Officer – Board of Directors |
| Layer 2 | Administration – Commercial Manager – Promotion – Public Relations – Marketing – Financial Controller – Personnel – Quality Control – Research & Development – Project Development – Site Management – Design & Architecture – Acquisitions |
| Layer 3 | Managers: - Business Development – Group Marketing – Relations Domestic – Relations International – Communications – Information Technology IMS – Technical Engineer – Purchasing / Stock Control – General Administration – Maintenance Engineer – Work Place & Safety |
| Layer 4 | Process Technicians: Team Leaders
Team Specialist – Senior Controller / Trainer – Senior Operators
Support Operators – Trainee Operator – Administration Support Staff |

TEAM STRUCTURES WILL ENCOMPASS ALL LEVELS

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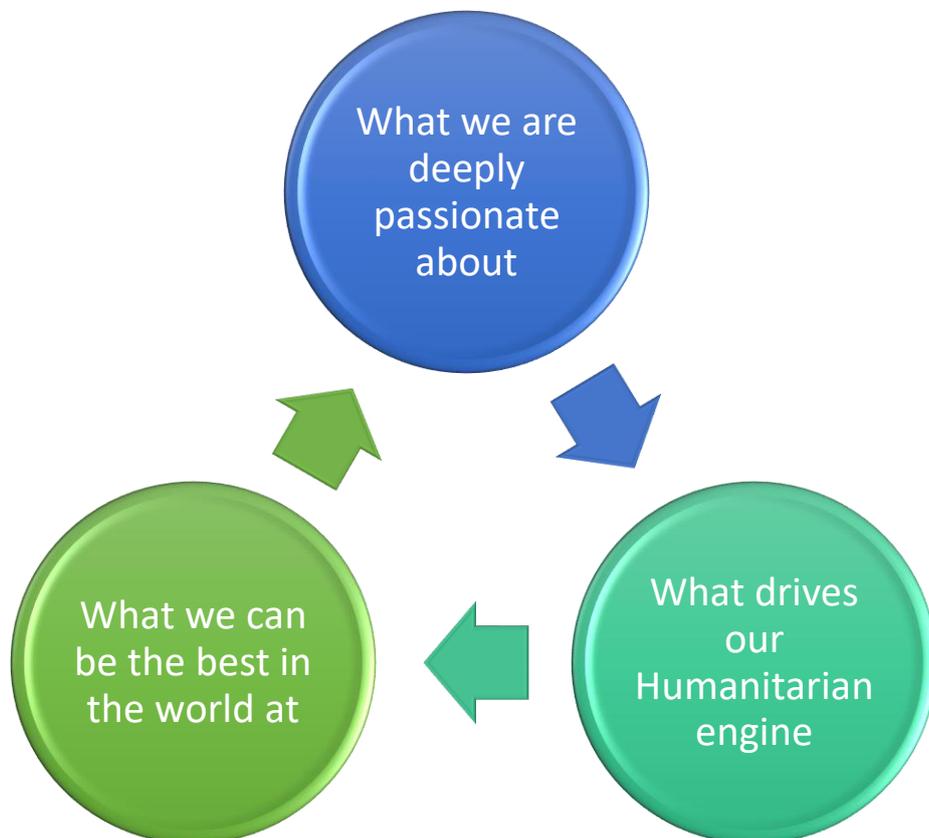
ACTION PLAN:



STRATEGY:

Pascas Foundation (USA) LLLC identifies drivers to a successful strategy as:

- Advancement of the Education and Health Sectors awareness and capacities.
- Commence growing the numbers of teachers, nurses and doctors through scholarships
- Build education centres while developing curriculums.
- Introduce education and health centres with capabilities and capacities required by communities.
- Education and Health Sector expertise to double in numbers, then double again.
- Ownership of the freehold land and buildings, or very long secure land leases, from which to provide services in education and health.
- Solar electricity with batteries as required.
- Broadband Internet bandwidth on demand for all students and families.
- Superior technology suited to the geographic conditions and other conditions that prevail.
- Outsource services, engineering and equipment locally where possible.
- High levels of security.
- These endeavours are for ALL the people of United States of America.
- Research and development continually ongoing.
- Access to diverse media content – communication and involvement by all.

PASCAS FOUNDATION focuses upon:

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GOALS & MILESTONES SCHEDULES:

SHORT TERM GOALS Year 1

- ✓ Consolidate our management team.
- ✓ Establish our brand name and market appreciation for our endeavours and services.
- ✓ Establish that our Corporate Shared Values positions us as an EXCELLENT Foundation.
- ✓ Meet our milestones and exceed our goals.
- ✓ Identify specific market penetration strategies for other products and industries.
- ✓ Monitor customer expectations and satisfaction levels.
- ✓ Enhance the Foundation's objectives and services in response to people's needs, requests and issues.
- ✓ Develop complementary programs to grow the potential for all involved.

MEDIUM TERM GOALS Years 2 - 4

- ✓ Bring operating budgets into line with management objectives for both schools and health facilities.
- ✓ From then on, maintain a balanced budgeted cash flow.
- ✓ Fully establish the market presence as per our identified market plan with a focus on the needs and goals for each state throughout United States America.
- ✓ Meet budgeted program guidelines.
- ✓ At all times understand the vision of the Foundation, its humanitarian objectives and targets for consistent growth in the sectors of society that it is focused upon.

LONG TERM GOALS Years 5 - 6

- ✓ Crystallise the value of the humanitarian projects by way of expansion into other neighbouring countries.

| | MILESTONES | IN MONTHS |
|----|---|------------------|
| 1. | Achieve targets as set out in the financial feasibility. | |
| 2. | Management team formalised. | 2 |
| 3. | Production and delivery teams bedded in. | 3 |
| 4. | Communications plan finalised, costed, approved and implemented. | 3 |
| 5. | Commence sites acquisition and construction in accordance with financial feasibility. | |
| 6. | First education and health facility opened within communities. | 4 |
| 7. | Format of programs and range resolved with a program of priorities. | 6 |
| 8. | Product accreditation and endorsements achieved. | 6 |
| 9. | Third party endorsement from peer review. | 6 |

Key Performance Indicators (KPIs) based on Critical Success Factors (CSFs)

| CSFs | KPIs |
|---|---|
| Attainment of pre-determined goals. | <ul style="list-style-type: none"> ✓ Expenditure within 10% range of budget. ✓ Expenses not exceeding budget. ✓ Projects implemented within proximity of budget timing. |
| Comprehensive planning for the future. | <ul style="list-style-type: none"> ✓ Business Plan always updated for 5 years ahead. ✓ Comprehensive new plant and equipment and upgrade plan for 5 years ahead. ✓ Information distribution always being updated. |
| Financial stability – Foundation being humanitarian in focus. | <ul style="list-style-type: none"> ✓ Budget cash flow variance <10%. ✓ Business Plan with > 15% of outcomes. |
| Positive perception by the market. | <ul style="list-style-type: none"> ✓ Education – student and teacher satisfaction. ✓ Health – patient / friends and clinician satisfaction. ✓ Positive community reporting. ✓ Invitations to participate in showcases and forums. |
| Good understanding of market requirements. | <ul style="list-style-type: none"> ✓ No orders lost because of “missing” features. ✓ Sales meeting budget forecast. |
| Understanding of significant, relevant, innovative life style pathways. | <ul style="list-style-type: none"> ✓ Ability to bring this awareness to all. ✓ Competitors attempting to copy or make use of revelations. |
| High quality product. | <ul style="list-style-type: none"> ✓ Information provided being always in truth – accurate. ✓ Updates being addressed within a few days. |
| Superb team work. | <ul style="list-style-type: none"> ✓ Absenteeism low or < 1 day a year per person. ✓ Consistent enthusiasm. ✓ Consistent quality with attention to detail. ✓ No lost time injuries. |
| Reliable supply & service chain. | <ul style="list-style-type: none"> ✓ Suppliers offering unsolicited innovation. ✓ Supplier’s products arriving < 5 days late. ✓ Spare parts for service available < 5 days after order. ✓ Change to external service support agents < 1 per year. ✓ Primary response to customer’s service requirements < 24 hours, any day, anywhere. |
| Being an employer of choice. | <ul style="list-style-type: none"> ✓ Job applications arriving unsolicited. ✓ Zero resignations due to dissatisfaction with the Company. ✓ Employees introducing friends of high calibre as potential employees. |

The SWOT ANALYSIS OVERVIEW:

| SWOT ANALYSIS | |
|---|---|
| Strengths of our Foundation: | We can utilise these strengths as follows: |
| Humanitarian fund allocation capabilities. | Large scale investment into the education and health sectors, with broad distribution of higher education for all sectors of society. |
| Weaknesses of our Foundation: | These weaknesses will be overcome as follows: |
| Limited experience within the USA landscape, even with many local team members. | Gain in the field expertise within the United States America landscape through operatives within the education and health sectors within USA. |
| Opportunities open to our Foundation: | Will be grasped by us as follows: |
| Greater development of the education and health sectors as well value adding co-operatives being founded. | Opening up for more opportunities to enter other sectors within USA. |
| Threats facing our Foundation: | Will be avoided as follows: |
| Governmental regulation and opposition. | Supersede the market with more advanced techniques, technology and proven performance.
Effective negotiation with government and other stakeholders. |

RISK ANALYSIS:

The key risk issues that are identified in the above SWOT Analysis have been prioritised and the risk mitigation management implementations are summarised as follows:

- Lack of infrastructure within the education and health sectors within USA.
- Lack of food security throughout USA.
- Lack of secure housing for many sectors of society.
- Subsidising consumer costs through scholarships for higher education.
- Subsidising patient's costs through subsidising running costs of health services being provided.
- Engaging with local communities for support.
- Creating local employment while expanding the availability of needed services in education and health.
- Adhering to governmental regulations.
- Remaining apolitical – not being aligned to any one political party.

MARKET PENETRATION:

The Foundation's growth is humanitarian-driven rather than product-driven. Customer needs and wants have been researched and the Foundation's services and products are focused on fulfilling customer needs.

At this point, consumer needs have been assessed by interaction between companions of the Foundation and people throughout many communities. The Foundation has adopted a Market Planning Process to develop and grow its data base. This entails:

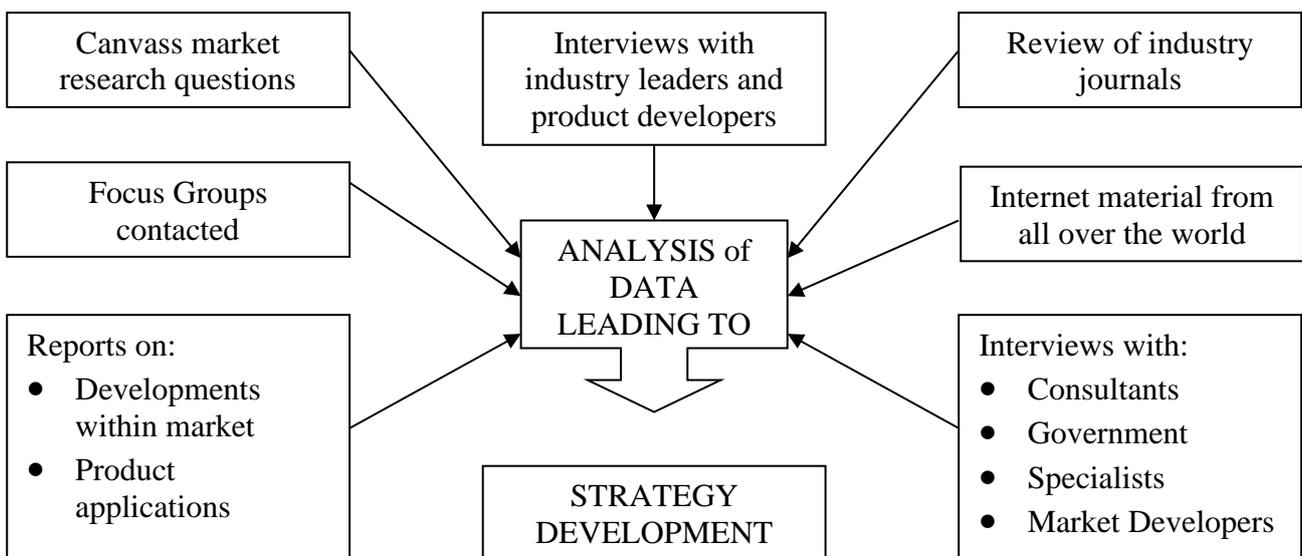
| MARKET PLANNING PROCESS | |
|---|---|
| PREPLANNING REQUIREMENTS
 | <ul style="list-style-type: none"> ● Identify markets for products and services. ● Determine Foundation's goals and expectations. ● Establish objectives. |
| SITUATION ANALYSIS
 | <ul style="list-style-type: none"> ● Identify education and health needs. ● Analyse what is already established and delivering. ● Identify markets, segments, size and share. ● Identify inside and outside influences. ● Analyse distribution. ● Analyse market coverage. ● Analyse for ongoing improvement. ● Evaluate marketing communications. ● Analyse positioning as an organisation. |
| PROBLEMS and OPPORTUNITIES
 | <ul style="list-style-type: none"> ● Determine marketing success factors. ● Identify key problems and opportunities. |
| SEGMENT PRIORITY
 | <ul style="list-style-type: none"> ● Determine education and health segment priority. ● Establish business / service direction by segment. ● Establish objectives by segment. ● List assumptions and restrictions – and then investigate. |
| STRATEGIES and TACTICS
 | <ul style="list-style-type: none"> ● Develop strategy options. ● Select strategies. ● Develop tactics. ● Schedule and budget tactics. |
| MARKETING PLAN EVALUTAION
 | <ul style="list-style-type: none"> ● Estimate needs and related costs. ● Prepare cost benefit analysis and profit projections. |
| CONTROLS and MEASUREMENTS | <ul style="list-style-type: none"> ● Establish controls and measurements. ● Analyse management effectiveness. |

MARKET RESEARCH:

The Foundation market research has focused upon:

- ✓ The people of USA regarding to their needs and aspirations.
- ✓ Student, teacher, lecturer, doctor, nurse, allied health and administration – how do our revelations and services solve their problems.
- ✓ Market segment and industry characteristics.
- ✓ Market sizes and value – volumes and value of units in given segment.
- ✓ Services and products awareness and sensitivity.
- ✓ Importance of convenience and relevance.
- ✓ Willingness to consider a new processes and awareness.
- ✓ Branding and awareness.
- ✓ Education and health sector direction, attitudes and stigmas.
- ✓ Government initiatives and attitudes.
- ✓ Overseas attitudes and trends.

Data was sourced using the following market research methodology:



Secondary data supported the following:

- Government attitude is supportive of the introduction of this Foundation's initiatives.
- The potential market for the Foundation's initiatives is quantifiable.
- The market share that this Foundation is targeting is readily achievable.
- Professional opinion enforces the Foundation's decision to proceed.
- Specific early entry markets have been identified to have the Foundation focus upon.
- Findings support the focus that the Foundation's marketing strategy is and how to deal with issues relating to the products and services being introduced.
- Attitudes and trends are similar in the domestic market as well as relevant overseas markets.

Primary data revealed the following:

- A lack of awareness of the revelations and service application.
- A desire for convenience in the provision of educations and health services.
- A desire for simple access and use of education and health services.
- A lack of knowledge of how to benefit from the revelations and advancement in services.
- A lack of brand awareness.
- Pricing is acceptable for services proposed as they meet the market, so to speak.
- Strong interest from the market segments in which the Foundation is to introduce its services.
- Early product users have been identified.
- Brand name development and awareness program has been dealt with.
- Customer support services have been resolved.



One must always honour another's will as one honours one's own.

MARKET SEGMENT to INTRODUCE the FOUNDATIONS OPPORTUNITIES:**PHILOSOPHY**

To see the United States of America communities evolve, grow and thrive in living standards, quality of life, physical, mental and spiritual health in the Education and Health Sectors and beyond, and to inspire the residents to excel in all areas of life, family and community.

By supporting the education and health sectors throughout United States of America, Pascas Foundation (USA) LLC is to position the citizens in society to live a progressively improving quality of life and standard of living.

MARKET

The market for Pascas Foundation (USA) LLC is the entire nation, 331,000,000 citizens, where all students and citizens are affected by the availability of health services, through hospitals and aid posts. The way forward involves the advancement of high schooling resources and curriculum to bring about a larger cohort of qualified students to progress through higher education to deliver more qualified staff for all the levels and sectors of the health industry.

COMPETITION

One may anticipate that all of the not-for-profit and governmental agencies may welcome the initiatives of Pascas Foundation (USA) LLC.

MARKETING

The marketing activities to promote the long term plans and projects of Pascas Foundation (USA) LLC may include the following:

- Social media marketing
- Written materials, books and magazines
- Video promotions
- Movies
- Advertising in community newspapers
- Advertising at schools and hospitals
- Community billboards advertising
- Seminars
- Promotional activities in expositions, school and hospital open days

INTERNET MARKETING:

eCOMMERCE STOREFRONT

This is an introduction to the website marketing platform to be developed by this Foundation.

Human nature by default has been programmed to be socially active to a certain extent. Some people are more active, while others are less so!

However, people have always been looking for ways to connect and network with each other. And, in this age of digitisation, people have found ways to be socially active on the internet, which is possible with the advent of the numerous social networking platforms and apps. Here are more than 100 site options:



GROWTH IN THE FOUNDATION'S SERVICE AVENUES BEING:

The Foundation will grow its field of influence by services:

Providing evolved and enhanced services to existing customers – the community.

Existing services to new customers sourced through market expansion avenues.

New products and services to existing customers.

New products and services to new customers.

Expand the marketing territories.

| GROWTH STRATEGY | |
|--------------------------------|---|
| Market Penetration | <ul style="list-style-type: none"> ● Increasing existing customer usage through:
Implementing price incentives on a sliding scale for increased use of products / services.
Increasing the rate of product / service obsolescence.
Increasing the size of unit of purchase.
Identifying alternative uses for products. ● Attracting clients / participants from competitors through:
Differentiating products / services from our competitors.
Reducing fee structure.
Increasing promotional effort. |
| New Market Development | <ul style="list-style-type: none"> ● Developing new geographical markets, through:
Expanding our business regionally, nationally and then internationally.
Franchising and licensing our business and products (without fees!).
Joint venturing with others in new markets. ● Developing new market segments through:
Getting referrals.
Strategic alliances.
Promoting our services in alternative media forms. ● Converting potential customers that currently do not use our products / services through:
Implementing reduced fee trial use of products / services offered.
Identifying alternative uses for our products and services.
Reviewing fee and price structure and position our business at either the upper or lower ends of the market by brand separations and separate marketing programs. |
| New Product Development | <ul style="list-style-type: none"> ● Develop new features for products and services. ● Develop variations to existing products and services. ● Develop new products and services aimed at identified markets. |
| Diversification | <ul style="list-style-type: none"> ● Buying a related business (health centres and education centres). ● Using existing distribution network to grow innovations. ● Stability development. ● Grow new products and business entities. |

MOSAIC PROFILING: What is your mosaic profile looking like?

Mosaic is a quantitative framework to measure the overall health and growth potential of private companies using non-traditional signals. The Mosaic score is comprised of 3 individual models — what we call the 3 M's, each relying on different signals (although all the signals utilised are not revealed for obvious reasons).

Market

The quality of the market or industry a company competes in is critical. If you are part of a hot industry, that serves as a tailwind to push you along. Conversely, being in an out of favour space means fewer investors, partners, media, and more. The market model looks at the number of companies in an industry, the financing and exit momentum in the space, and the overall quality and quantity of investors participating in that industry.

Money

The money model assesses the financial health of a company, i.e. is it going to run out of money? Look at burn rate, the quality of the investors and syndicate that may be part of the company, its financing position relative to industry peers and competitors, and more.

Momentum

The final model is momentum, look at a variety of volume and frequency signals including social media, news / media, sentiment, and partnership and customer momentum. Look at these on an absolute and relative basis vs. peers / industry comparables. The relative piece is critical as it ensures that, for example, enterprise software companies who may get less media attention or who spend less time on social media are not penalised versus consumer-focused tech companies.

How is mosaic used?

Corporate Innovation

Pinpoint fast-growing private companies to understand viable business models, products and technologies

Corporate Strategy

See fast-growing markets and industries before anyone else to inform executives on strategic decisions

Competitive Intel / Market Research

Assess the health of start-ups competing in your industry to advise your build, buy, or partner strategy.

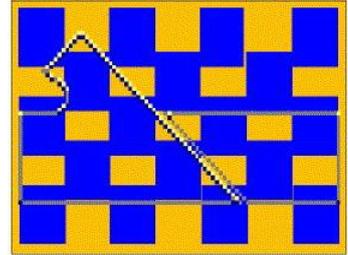
Corporate Development and M&A (mergers and acquisitions)

Monitor the health and growth potential of possible acquisition targets as part of due diligence process

Corporate Venture Capital

Identify the start-ups with the highest growth potential to satisfy your corporate investment philosophy

REEFWOOD CRAFTWORKS



Tables



American Beech Dining



Chess Dining



Ti Tree Table
with Bark Picture



Ancient River Gum , SilverAsh,
Flame She Oak

Chairs



China Chair



Regency



1920



Regency2



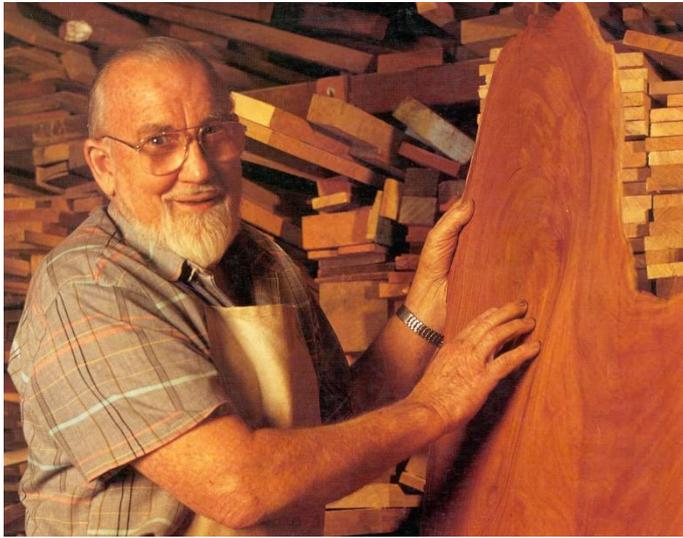
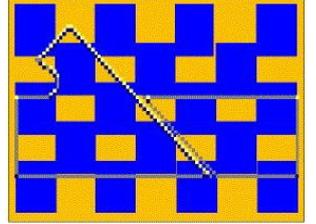
Lloyd Wright



Cedar Dining



REEFWOOD CRAFTWORKS

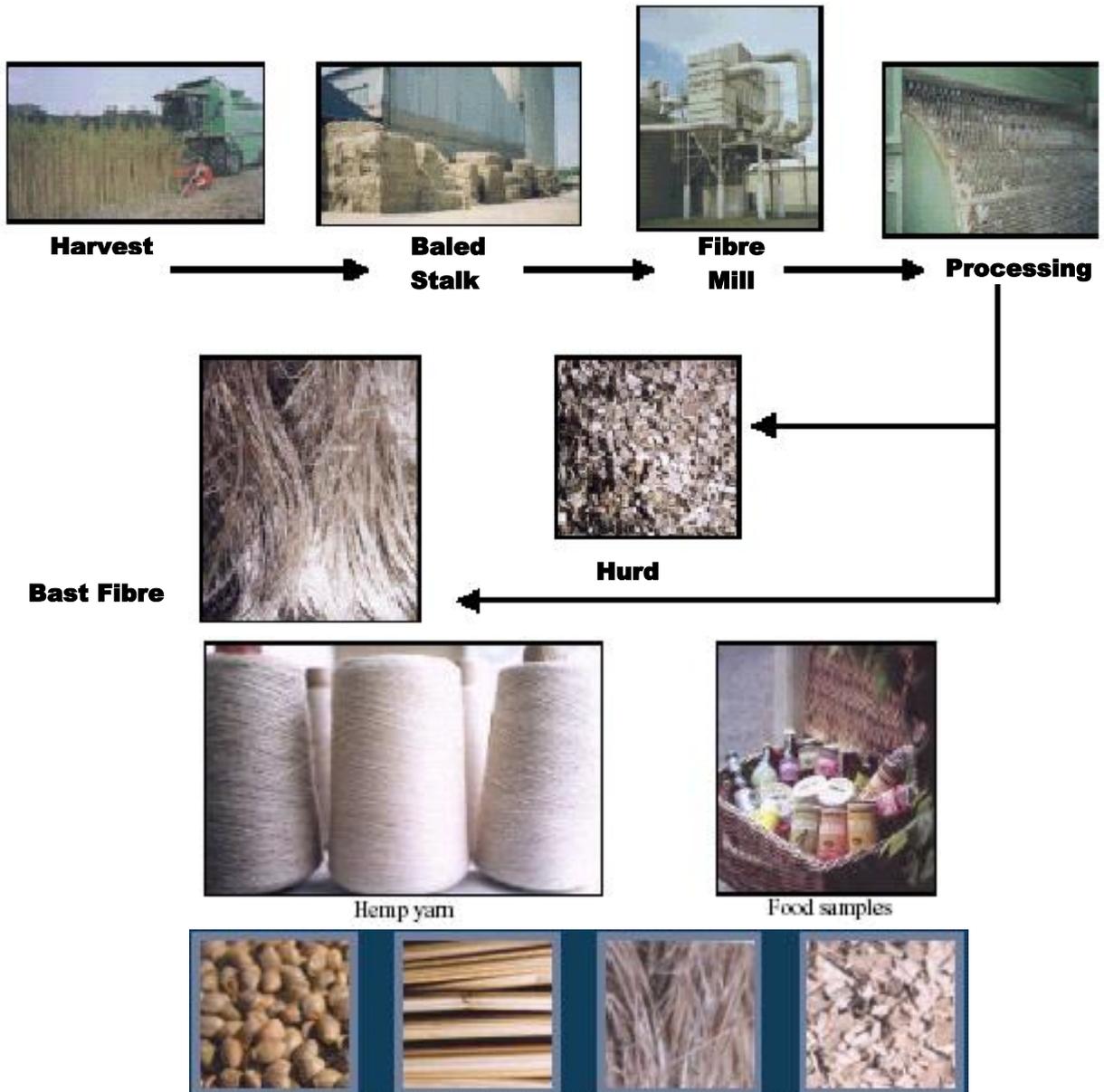


Value adding Natural Resources!

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ECOFIBRE INDUSTRIES



Value adding Natural Resources!

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HYDROPONICS

| Fruit and Vegetables | Traditional hydroponics - average per sq mt. | Rotating Growing System Hydroponics - average per sq mt | Percentage Increase Up To | Increases in kilos per sq mt. |
|-----------------------------|---|--|----------------------------------|--------------------------------------|
| Strawberries | 5 - 8 kilos | 123 kilos | 1792% | 117 kilos |
| Ice Berg Lettuce | 72 kilos | 619 kilos | 760% | 547 kilos |
| Tomatoes | 45 kilos | 250 kilos | 456% | 205 kilos |



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NEW BIOSPHERE AGRICULTURE MORINGA



GRAM FOR GRAM
MORINGA
LEAVES CONTAIN:



7 TIMES THE VITAMIN C
FOUND IN ORANGES



4 TIMES THE CALCIUM &
2 TIMES THE PROTEIN
FOUND IN MILK



4 TIMES THE VITAMIN A
FOUND IN CARROTS



3 TIMES THE POTASSIUM
FOUND IN BANANAS

Fresh drumstick fruit
Moringa seed
Moringa leaf
Moringa seed kernel
Moringa soup powder

Drumstick powder
Moringa seeds(PKM1and PKM2)
Moringa pickle Moringa tea powder
Moringa cake powder
Moringa Juice powder

Moringa oil
Moringa leaf powder
Moringa fruit powder
Moringa root
Moringa capsule

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TINY OIL MILL

Groundnut



(Kernels) 46 to 48%

Castor Seed



40 to 48%

Sunflower



32 to 40%

Copra



62 to 68%

↓
Groundnut Decorticator
Peanuts



↓
Sunflower Cracker or Palm
Nut Cracker



↓
Copra Cutter



Oil Seeds & % of Oil

PALM
KERNEL



38 to
45%

SESAM



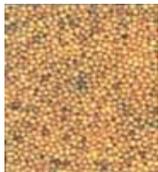
50 to
56%

RAPSEED



38 to
45%

MUSTARD



38 to
45%

LIN
SEED



40 to
50%

COTTON
SEED



18 to
22%

SOYA
BEAN



18 to
22%

PALM
FRUIT



20 to
22%

↓
Value adding Natural Resources!

NEW BIOSPHERE AGRICULTURE

The Marvellous Mushroom.



Mushrooms are unique amongst other vegetable crops in that they are grown in a totally artificially controlled atmosphere. Cropping is not dependent on the climate. Mushrooms are not seasonal and are available all months of the year. Of course, small growers without sophisticated climate control systems cannot grow over the hotter summer months.

Estimated amount of water required for producing 1 kg of fresh oyster mushrooms using rustic technologies, in comparison with that for other food and forage crops (Martínez-Carrera *et al.*, 1998).

| Product | Litres of water/kg | Protein content <sub>a</sub> | Litres of water per gram of protein |
|---------------------------------------|--------------------|------------------------------|-------------------------------------|
| Oyster mushrooms (<i>Pleurotus</i>) | 28 | 2.7 | 1.0 |
| Potatoes | 500 | 2.1 | 23.8 |
| Wheat | 900 | 14.0 | 6.4 |
| Alfalfa | 900 | 6.0 | 15 |
| Sorghum | 1,110 | 11.0 | 10.0 |
| Corn | 1,400 | 3.5 | 40.0 |
| Rice | 1,912 | 6.7 | 28.5 |
| Soybeans | 2,000 | 34.1 | 5.8 |
| Broiler chicken | 3,500 | 23.8 | 14.7 |
| Beef | 100,000 | 19.4 | 515.4 |



Mushrooms are the perfect food for everyone!

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NEW BIOSPHERE AGRICULTURE



**APIARY
BEEKEEPING
&
HONEY**



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Apo<sup>ch</sup> Life Pack



Apo<sup>ch</sup> is able to deliver fresh food with shelf lives greater than a year without requiring refrigeration. We start with prime quality inputs and it remains prime quality for periods of one to up to three years.

Life Pack long life shelf stable foodstuff, safe, nutritious, wholesome, high quality, that require no refrigeration to maintain consistency.

Apo<sup>ch</sup> has the ability to offer this technology to an almost endless number of food types, covering all major cooked food brackets i.e. Meats, Sea foods, Dairy and Vegetable.

With no refrigeration required, previously unserviceable markets become accessible. For example; fresh vegetables processed in the Pacific Basin can be exported to Middle East, Asia or even Europe.

TASTE
of **HEALTH**

Value adding Natural Resources!

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Pascas Food Basket



Eat the Colors of the Rainbow

Fresh is Best!



When and where as required!

Cooperatives for the Local People

Cooperative arrangements within communities may be focused upon small area enterprises through to whole of nation endeavours to bring to the global markets high volumes of quality goods derived through value adding processes applied to natural resources and regional produce from the land, river and sea, encapsulating all elements of farming and animal produce.

Microfinance typically engages a cooperative of around five women when financing home enterprises. A cooperative is particularly useful when local fishermen bring their catches together at canneries for preparation to market their fish to foreign markets.

The introduction of 'Craft Creations' is to enliven the community's recognition of their high quality traditional skills and then enable their customary craftware to be globally marketed through a cooperative of their own making.

This is all about cooperatives to bring to the fore traditional and innate skills that fulfil needs for people around the globe, not just the local village. A cooperative may embrace several nations.

Natural resources that may be used in producing high quality goods in large volumes include:

Forrest logs processed into high quality furniture in volume for large distribution chains.
 Timber offcuts for high strength laminated beams and reconstituted timber products.
 Local building systems utilising local resources for durable housing – local market solutions.
 Hydroponics particularly for produce that is not native to the area and its climate.
 Aquaculture in rivers, estuaries and sea to mitigate depletion of ocean resources.
 Traditional home produce being increased in volume to provide famine relief worldwide.
 Hemp production to be on scale to enable volumes sufficient for manufacturing processing.
 Cocoa, coffee, moringa, sandalwood, tea, vanilla, plus others, cropping to be of commercial scale, cooperatively run. All farming and animal produce come into the equation for cooperatives.

What is available within a region and what may be introduced can now be thoroughly appraised and reviewed scientifically through local endeavours and with the support of research organisations such as CSIRO of Australia, increasing commercial options and products. Nothing beats the insight and wisdom of the locals. Their FEELINGS, as well as our own, are to be embraced. Our feelings are the greatest guide as to how and what we are to embrace.

Education at all levels for all ages is our never ending journey. How it has been in ages gone by is not how it will continue. Dynamic change is unfolding and for those who embrace change, our futures are enticing, for those who don't they will have difficulties. We are to embrace and value add our natural resources, we are not to rape and pillage our environment, the forests are to remain, the rivers clean and our oceans are to restock with fish.

Now is the time for nation building, now we are to embrace self-sufficiency without the need for foreign goods and services. We have all we need within us and within our environment, so let us build the way forward for all within our community and show the world how it is to be.

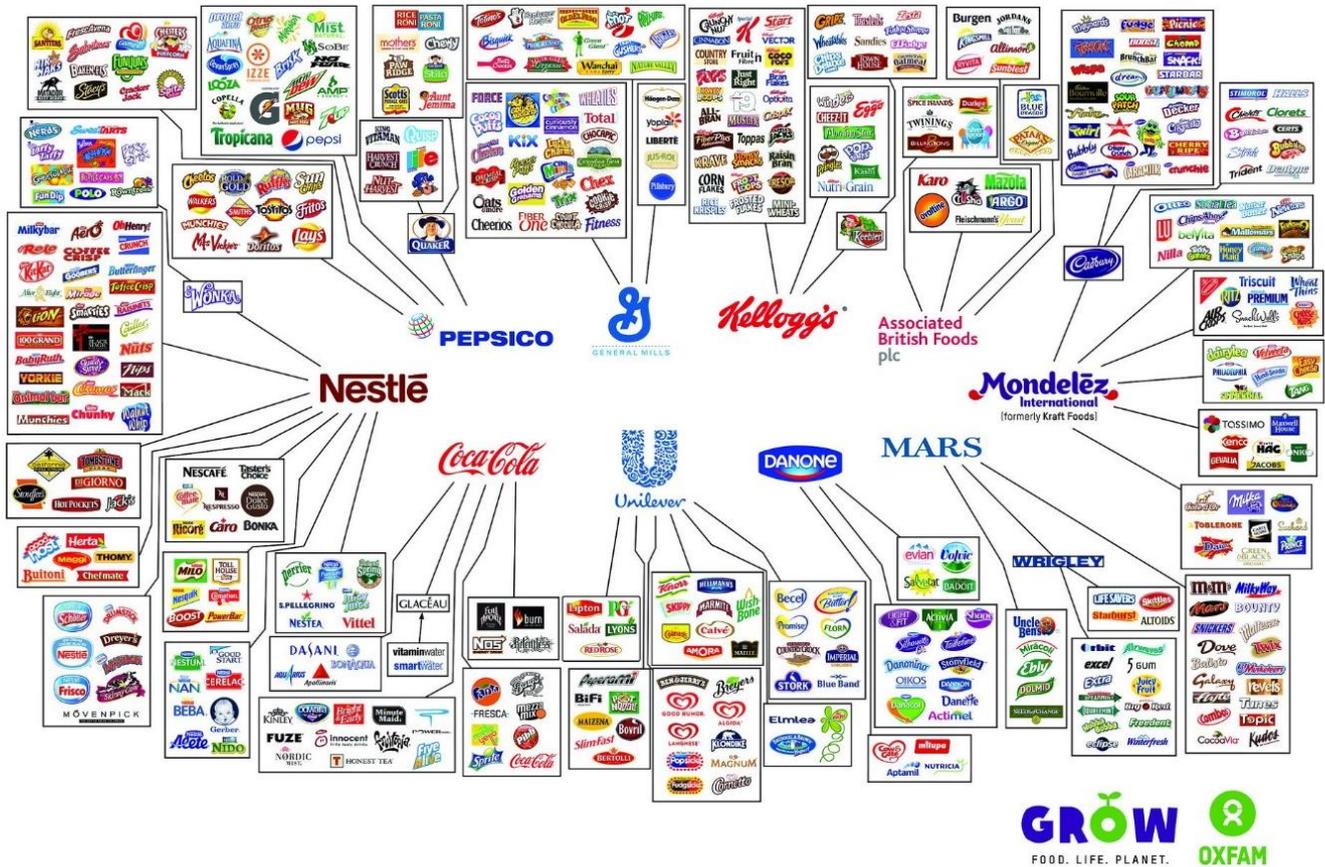
Value adding Natural Resources!

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Unmasking the Global Food Cartel: Is Massive Starvation and Population Reduction Their Next Move?

<https://healthimpactnews.com/2021/unmasking-the-global-food-cartel-is-massive-starvation-and-population-reduction-their-next-move/>

5 July 2021



**Commentary by Brian Shilhavy
Editor, Health Impact News**

The Globalists who control the world today are not politicians. Politicians are puppets, chosen by the Globalists, who control the world’s financial system.

At the very top of the pyramid they are Satanists, specifically “Satanic Jews” which I define in this article:

[Identifying the Luciferian Globalists Implementing the New World Order – Who are the “Jews”?](#)

Their modus operandi is the world’s financial system, and the Globalist companies that run the world. We recently published the very well-written commentary by F. William Engdahl on BlackRock, the investment firm which he claims has more financial influence than the Federal Reserve and the governments of most nations. See:

[Unregulated Investment Firm BlackRock: More Political and Financial Influence than the Federal Reserve and Most Governments](#)

Today, I am republishing an article from a website called “Behind The News Network,” a site I have been following in my newsfeed since the COVID-19 Plandemic began last year.

I have not referenced or republished any of the work from this website previously, because the main pen-name that is used for most of the articles published recently there, Sam Parker, are largely unreferenced.

But it doesn’t take long to determine that whoever this Sam Parker is (and very possibly it is a pen-name for several people), he is extremely well-educated, and I don’t mean in just an academic sense. He understands world politics, and not the kind of “politics” you will read in the corporate media, and not even much in the alternative media.

He is obviously an insider, because only an insider could publish this kind of material, and this person probably could not get away with revealing their true identity and remain alive.

The reason I am republishing this article today, is because it is in my topic of specialty, which is food.

As I have previously written, many of the top sources in the alternative media are “controlled opposition.” That is not to say they do not produce good journalism, but it means there are certain topics they dare not touch, and when they do, they are threatened, and forced to take down certain articles.

That does not apply to me, as editor of *Health Impact News*, because I do not draw my income from the content produced on *Health Impact News*. I earn my income through my food company, [Healthy Traditions](#), which began as Tropical Traditions in 2001, when we became the first company to import a “virgin coconut oil” from the Philippines for the U.S. market.

I own 100% of Healthy Traditions, and neither Healthy Traditions nor *Health Impact News* is backed by Wall Street Investment firms (not that they have not come calling over the years to try and buy me out!) that we have to answer to.

We were able to leverage the power of the new and emerging technology of the Internet in the early 2000s to directly educate the American consumer about how they had been brainwashed by the Globalists in regards to nutrition, such as the USDA dietary guidelines that wrongly condemned saturated fats in general, and coconut oil specifically, in order to prop up a failed theory of heart disease that condemned these healthy, traditional fats, in favour of a low-fat dietary philosophy that benefited the main cash crops in America that they used to dominate the world: soy, corn, and wheat. (USDA stands for U.S. Department of Agriculture and is a federal agency that Abraham Lincoln founded in 1862. The USDA is responsible for overseeing farming, ranching, and forestry industries, as well as regulating aspects of food quality and safety and nutrition labelling.)

Tied into this false theory of heart disease was a booming market for cholesterol-lowering drugs, and Pfizer became the most profitable pharmaceutical company of its day with its blockbuster cholesterol drug, Lipitor.

But we prevailed, and even though we are just a shadow of the company we once were, the American public now has access to coconut oil in almost every major grocery retailer today, but the public has no idea the sacrifices that were made to make that a reality.

It was only possible because Big Tech had not been corrupted yet by the Globalists, and the technology was what I was able to leverage to even the playing field, going directly to the American consumer with the truth, and the American consumer, which has far more power than they realise, let the Globalists running the food supplies know that they wanted coconut oil, and they also wanted their butter back, instead of the fake margarines that were the REAL cause of heart disease. (See: [The War Against Butter is Over: Butter Won](#) from 2014.)

Since this is just a commentary to introduce Sam Parker's excellent article on our food system, I won't go into all the details of how we fought the Globalists to remain in business over the years to offer consumers an alternative to the commodity food industry.

But we were forced to leave the Philippines when we became too successful in selling coconut oil when local terrorists tried to kidnap me and my children in order to hold us for ransom, and then once we relocated in the U.S. I had to fight the FDA who accused us of selling "unapproved drugs" since they only allow their "approved" pharmaceutical products to make any kind of statements for curing disease.

But I have learned much about this industry the past 20 years, and I can vouch for the veracity of what Sam Parker writes here, and even though he does not provide references, most of this can be verified through independent research.

And the short summary of what he explains here is this: just a handful of companies control the bulk of the world's food, and if they want to turn off the faucet, they can, and it will result in massive starvation and death, and a drastic reduction of the world's population.

That is what Sam Parker fears, which is why he put the time into writing this. He has unmasked the Globalists who control the world through the food supply chain, and named names.

He writes: "Genocide is an intent of this system, not a side-effect."

You will definitely want to take the time to read this, and prepare accordingly.

The Global Food Cartel – Instrument for Starvation

by Sam Parker

[Behind the News Network](#)

The Control Apparatus

July 2021

The control of food for use as a weapon is an ancient practice. The House of Windsor inherited certain routes and infrastructure.

One finds the practice in ancient Babylon / Mesopotamia 4,000 years ago. In Greece, the cults of Apollo, Demeter, and Rhea-Cybele often controlled the shipment of grain and other food stuffs, through the temples. In Imperial Rome, the control of grain became the basis of the empire.

Rome was the centre. Conquered outlying colonies in Gaul, Brittany, Spain, Sicily, Egypt, North Africa, and the Mediterranean littoral had to ship grain to the noble Roman families, as taxes and tribute. Often the grain tax was greater than the land could bear, and areas of North Africa, for instance, were turned into dust bowls.

The evil city-state of Venice took over grain routes, particularly after the Fourth Crusade (1202-04). The main Venetian thirteenth century trading routes had their eastern termini in Constantinople, the ports of the Oltremare (which were the lands of the crusading States), and Alexandria, Egypt.

Goods from these ports were shipped to Venice, and from there made their way up the Po Valley to markets in Lombardy, or over the Alpine passes to the Rhône and into France. Eventually, Venetian trade extended to the Mongol empire in the East.

By the fifteenth century, although Venice was still very much a merchant empire, it had franchised some of its grain and other trade to the powerful Burgundian duchy, whose effective headquarters was Antwerp.

This empire, encompassing parts of France, extended from Amsterdam and Belgium to much of present-day Switzerland. From this Venetian-Lombard-Burgundian nexus, each of the food cartel's six leading grain companies was either founded, or inherited a substantial part of its operations today.

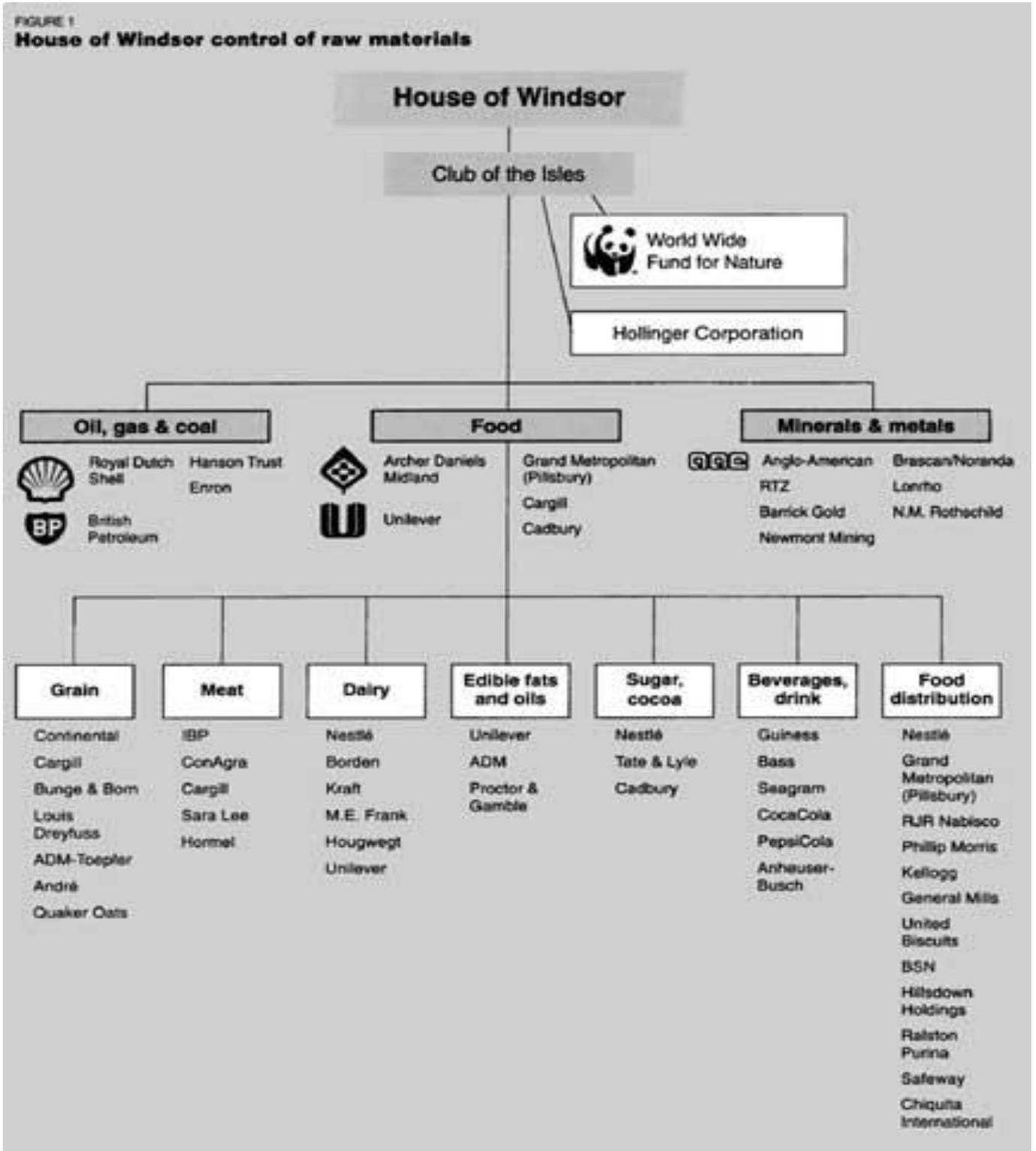
By the eighteenth and nineteenth centuries, the British Levant and East India companies had absorbed many of these Venetian operations. In the nineteenth century, the London-based Baltic Mercantile and Shipping Exchange became the world's leading instrument for contracting for and shipping grain.

Ten to 12 pivotal companies, assisted by another 3 dozen, run the world's food supply. They are the key components of the Anglo-Dutch-Swiss-American cartel, which is grouped around the 2 families (Rothschilds and Rockefellers).

Led by the six leading grain companies – this food and raw materials cartel has complete domination over the world's cereals and grains supplies, from wheat to oats and corn, from barley to sorghum and rye. But it also controls meat, dairy, edible oils and fats, fruits and vegetables, sugar, and all forms of spices.

Each year tens of millions die from the most elementary lack of their daily bread. This is the result of the work of the BAC cartel ("British-American Cartel"). And, as the ongoing financial collapse wipes out bloated speculative financial paper, the oligarchy has moved into hoarding, increasing its food and raw materials holdings. It is prepared to apply a tourniquet to food production and export supplies, not only to poor nations, but to advanced sector nations as well.

Today, food warfare is firmly under the control of London and New York. Today’s food companies were created by having had a section of this ancient set of Mesopotamian-Roman-Venetian-British food networks and infrastructure carved out for them.



The oligarchy has built up a single, integrated raw materials cartel, with three divisions – energy, raw materials, and increasingly scarce food supplies.

Figure 1 above represents the situation. At the top are the House of Windsor and Club of Isles. Right below are the principal control instruments of the Rothschilds – the Worldwide Fund for Nature – headed by Prince Phillip – which leads the world in ethnic conflicts and terrorism.

The firms within each cartel group are listed. While they maintain the fiction of being different corporate organisations, in reality this is one interlocking syndicate, with a common purpose and multiple overlapping boards of directors.

The oligarchy owns these cartels, and they are the instruments of power of the oligarchy, accumulated over centuries, for breaking nations' sovereignty.

Up to the 1940s, the share of international trade in grains was around 10 million tons. This was a substantial amount, but small compared to the levels of trade that would follow.

World War 2 ravaged the globe, creating mass hunger, especially in Eurasia, and what is today the Third World. Under the impetus of American programs such as "Food for Peace", the worldwide trade in grains shot up to 160 million tons by 1979.

Today, 2021, it is 515 million tons per year. In addition, tens of millions of other foodstuffs are traded each year.

It is proper for countries with grain, meat, dairy, and other surpluses to export them. But the cartel's four exporting regions were given pre-eminence in a brutal manner, while much of the rest of the world was thrust into enforced backwardness.

The 2 families (Rothschilds and Rockefellers) denied these nations seed, fertiliser, water management, electricity, rail transportation, that is, all the infrastructure and capital goods inputs needed to turn them into self-sufficient food producers.

These nations were reduced to the status of vassals: Either import from the cartel's export regions, or starve.

However, the food cartel also has control internationally. For example, outside of the US, the largest producer of soybeans and soybean products are Argentina and Brazil.

One of the Big Six grain companies, Bunge and Born, settled in Argentina in 1876, and accumulated plantations of hundreds of thousands of acres. In the second half of the twentieth century, it also moved into Brazil. Today, in Brazil and Argentina, Bunge and Born is a major force in soybeans and related products, along with Cargill, Louis Dreyfus and Continental.

Thus, the grain cartel dominates output everywhere. Further tightening the control are joint ventures, especially in the area of producing new strains of seeds and biotechnology.

Cargill, the world's largest grain exporter, through its Nutrena division, is also the biggest producer of animal feed and hybrid seed in the world. In 1998, Cargill announced a joint venture with Monsanto, one of the leading farm biotechnology firms.

Also in 1998, Novartis (the new company name for the 1996 merger of Swiss chemical giants CIBA-Geigy and Sandoz) formed a joint venture with Land O'Lakes, and through them, with ADM, for the development of specialty corn hybrids for food and feed markets.

Meanwhile, the food cartel reduced the export regions, which supposedly enjoy favoured status, to a state of servitude as well. During the last 4 decades, millions of farmers in the US, Europe, Canada, Australia, Argentina, Brazil, India and South Africa, have been wiped out.

This report will document, for the first time, the extent of concentration and control that the raw materials cartel exercises over both the international and domestic trade in food. It will look at the food cartel's international and domestic control over grain, milk, edible oils and fats, and meat.

This article will provide the names of the key forces in the cartels' control of the world's food supply.

The five privately held grain companies were carved out from the centuries-old Mesopotamian-Venetian-Burgundian-Swiss-Amsterdam grain route, which today extends around the world.

The Big Five are Cargill, Continental, Louis Dreyfus, Bunge and Born, and André Cargill Company, the world's largest grain company, is based in the Minneapolis, Minnesota suburb of Minnetonka.

It was founded by Scotsman William Cargill, in Conover, Iowa in 1865, and has been run, since the 1920s, by the billionaire MacMillan family. But the true nexus of Cargill is in Geneva, Switzerland, where Cargill's international trading arm, Tradax, Inc., is headquartered, having been established there in 1956.

Archer Daniels Midland's purchase of Töpfer, a Hamburg, Germany-based Grain Company, vastly increased ADM's presence in the world grain trade. Töpfer's trade is situated within the old Venice-Swiss-Amsterdam-Paris routes, and it has extensive business partnerships with the British Crown jewel, the Rothschild Bank.

The manner in which the grain cartel companies operate is highly secretive. All but ADM-Töpfer are private companies.

Profiles & Histories

Here are the strategic profiles of some of the key companies that constitute the food sector of the BAC cartel ("British-American Cartel"). The British have a far greater degree of control in the food business, due to its predecessor's involvement, dating back centuries.

Allied with various other European families and companies, the totality of the European food companies, the British companies effectively exert control over most of the European giants.

This is due to the fact that the Rothschilds have based themselves in London, since 1795, and from this base, managed to dominate European business and finance.

The US has come to the party late. But, since 1945, under Rockefeller patronage, the American companies have made great strides in the field of food. That is why the title "British-American Cartel," or BAC, for short.

The profiles confirm that through multiple forms of concentration, these companies dominate grain, dairy, meat, and other food production, and the processing and distribution system of food, all the way to the supermarket.

Very little food moves on the face of the Earth without the food cartel having a hand in it.

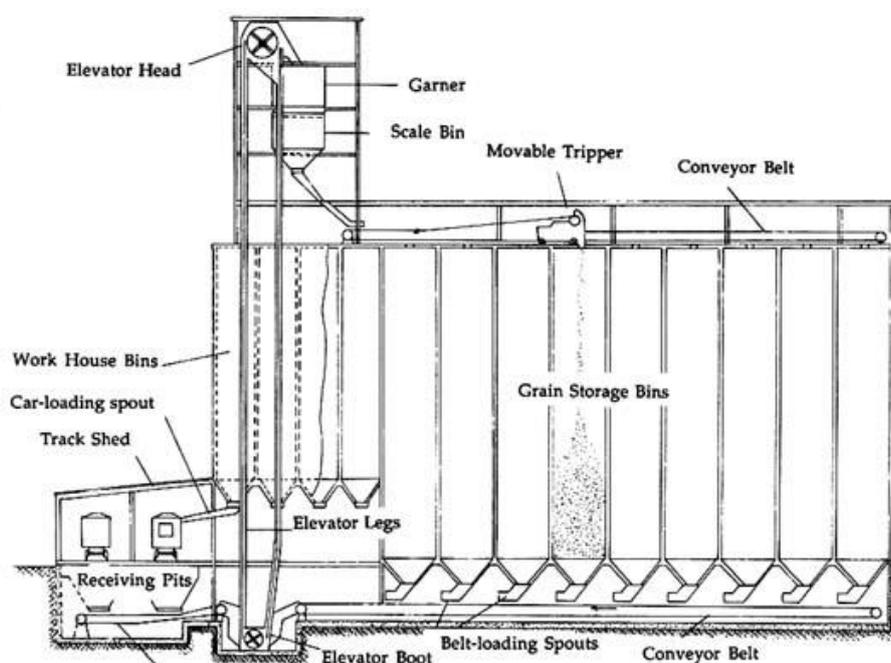
COMMERCIAL IN CONFIDENCE

Cargill

Cargill raises 700,000 pigs, 14 million turkeys, and 500 million broiler chickens. In the US, it owns 440 barges, 16 towboats, 3 huge vessels that sail the Great Lakes, 22 ocean-going ships, 3,000 railroad hopper cars, and 3,500 tank cars.

Cargill and its subsidiaries operate 900 plants globally. It has 500 US offices, 300 foreign offices. It operates in 60 countries.

Shortly after the American Civil War, William Cargill, a Scottish immigrant sea merchant, bought his first grain elevator in Iowa. In 1870, with his brother Sam, William Cargill bought grain elevators all along the Southern Minnesota Railroad, at a time when Minnesota was becoming an important shipping route.



But Cargill's biggest break came when he bought elevators which went west along the line of James J Hill's Great Railroad Northern. Hiss was the business partner of Ned Harriman (father of Averell Harriman, and a front for William Rockefeller – brother of John D). Through a rebate system, and other arrangements, Hill's rail line builds the Cargill operation.

Twice during the 20th century, the Cargill firm nearly went under, and between 1909 and 1917, Cargill hovered on the brink of bankruptcy. The

founder's daughter married John Macmillan.

William Rockefeller rescued the firm and designated Macmillan and his family to come in and reorganise Cargill. This was the period in which the Macmillan family started running Cargill.

Following the 1929 stock market crash, and ensuing Great Depression, Cargill nearly went bankrupt, but, this time was again rescued by the Rockefellers Chase Manhattan Bank. Chase sent its officer John Peterson to help run Cargill, and soon headed the firm.

Since then, the Rockefellers Chase bank has a stake in Cargill. With Rockefeller backing, Cargill began to expand.

Cargill has been repeatedly cited for "blending" – adding foreign matter to its grain. For example, an export contract may allow for 8% of the grain volume that a company is exporting to be foreign matter.

If Cargill's grain load is only 6% foreign matter, it will mix in dirt and gravel. A Cargill supervisor said, in July 1982, "If we've got a real clean load, we will make sure we hold it until we can mix it with something dirtier. Otherwise, we'd be throwing away money."

Cargill has expanded into every major crop and livestock on earth, in over 60 countries. It has also expanded into coal, steel (becoming America's 7th largest steel producer), waste disposals and metals.

Today, Cargill runs one of the 10 largest commodity brokerage firms in the US, trading on the Chicago and world markets. In 1995, Cargill bought the US business of Continental Grain. The combined Cargill and Macmillan families own 100% of the company's stock, with a combined net worth of some US\$15 billion.

Continental Grain

It is the second largest grain trader in the world. The combined Cargill-Continental nexus accounts for some 50-60% of the world's export share.

Continental processes and markets beef, pork, poultry, seafood, along with animal feeds and wheat flour. The company transports nearly 95 million tons of grains, oilseeds, rice, cotton, and energy products annually, an amount that exceeds the annual production of almost every country in the world. Continental owns a fleet of towboats and 500 river barges.

It owns over 1,500 hopper cars. It has offices and plants in 50 countries, on 6 continents.

Simon Fribourg founded the business as a commodity-trading company in Belgium, in 1813. Fifty years later, the Fribourg family went into milling, building mills in Luxembourg and Belgium, especially Antwerp, which, with its deep harbors and connections to the Rhine River, transported Fribourg flour and wheat to and from the rest of Europe.

By 1914, the heirs moved operations to London, to capitalise on the ability to trade grain internationally. In 1920, the headquarters moved to Paris.

Then, in the 1920s, the company opened offices in the US. During the Depression of the 1930s, the Continental Company made out like bandits.

The then head of the family, Jules, instructed his New York agent to buy Midwest grain elevators, which were at depressed prices, with the instructions, "Don't bother to look at them – just buy them." When the Nazi army invaded France in June 1940, the Fribourgs fled to America.

In 1969, the Fribourgs, working with the Cargill company, and through an agent of the grain cartel in the US Dept of Agriculture, Clarence Palmby, helped destroy the American merchant fleet, by convincing President Nixon that the "50-50" provision, by which half of all American grain exports had to be carried on American vessels, should be abolished, in order to land a large Russian grain order.

Almost all of the grain went on Russian-bottom boats. Various favours paid off, for, in 1973, the Russians rewarded Continental by making an unprecedented purchase from the company of 6 million tons of grain and soybeans.

In 1976, Continental was fined US\$500,000 for short-weighting ships. In the late 1970s, when Congo, or Zaire, which was very poor, was unable to pay its bills, Continental cut off food shipments to that starving nation.

In the 1970s, Continental became the first grain company to sell grain to China. The company is headed by Paul Fribourg. The Fribourg family own 100% of the company, and the family is worth some US\$4 billion.

Louis Dreyfuss

It is the number 1 French grain exporters, number 3 world grain exporter, number 4 US grain exporter, number 5 Argentine grain exporter, and so on. Louis Dreyfuss operates 57 vessels – bulk carriers, lakers, panamaxs, and chemical and LNG ships worldwide.

Leopold Louis Dreyfuss was born in France. In 1852, at age 19, he set up his wheat trading operations in Switzerland. He built mills and grain elevators throughout Europe, and by the end of the 19th century, he was marketing all types of grain, corn, barley, and other crops.

Louis Dreyfuss, although privately owned, is also a cooperative under French Law. It owns 49% of the coop UFC. Under this arrangement, UFC sells French grain exclusively for itself and Dreyfuss, both within the EU and other markets.

This allows Dreyfuss to obtain credit at low interest rates from the semi-official French bank – Credit Agricole, on terms that are not available to purely private companies. Louis Dreyfuss also owns one of the largest private banks in France, the Dreyfuss Bank. The current head of the firm is Gerard Louis Dreyfuss. The Dreyfuss family is worth some US\$3 billion.

Bunge & Born

It is the largest Brazilian grain exporter, as well as a large exporter from Argentina and the US. Bunge operates 50 grain elevators in the US, and has a giant grain export elevator in Quebec City.

In 1750, in Amsterdam, the Bunge family had starting trading hides, spices, and rubber from Dutch overseas colonies. In 1850, Charles Bunge moved the family business to Antwerp, Belgium. Charles's two sons established a merchant dynasty straddling the Atlantic Ocean. With his brother-in-law George Born, Ernest established the firm Bunge and Born.

In 1897, a Jewish grain trader – Alfred Hirsh joined the firm in Buenos Aires. In 1927, Hirsh became president of Bunge and Born, holding that position for 30 years.

Hirsh and others at Bunge and Born accumulated millions of acres of land in the rich soil region of the pampas. The extent of the Bunge and Born domination of the Argentine economy was revealed in 1974, when the Montoneros terrorists kidnapped the heirs to the firm, Jorge and Juan Born, and held them for many months.

During the time the brothers were in captivity, they revealed that Bunge and Born not only dominated Argentina's agriculture, but also that the Bunge companies produced 40% of Argentina's paint, 35 % of its tin cans, 20% of its textiles, etc.

Argentine President Juan Peron attempted to suppress the power of Bunge and Born and other grain cartel companies in Argentina. When Peron became President for the first time in 1946, he moved to have the government buy the grain from the Argentine farmer and export it.

The profits were used to finance the industrialisation of Argentina. In 1948, he established the Institute for the Promotion of Trade (IAPI) to achieve this purpose.

However, the grain cartel companies, weakened by Peron's reforms, wanted him out of power. In 1955, Peron was deposed and the IAPI system he had set up was disbanded. When Peron returned to power in 1973, he established a National Grain Board for the same purpose.

Again, Peron was fiercely opposed by the grain cartel companies. He died in 1974, and was succeeded by his wife, Evita. In 1976, Evita Peron was overthrown. The National Grain Board was disbanded, and control of grain and meat exports was returned to the private grain companies.

In the meantime, Bunge had diversified a large share of its capital into Brazil and the US. However, the power of Bunge and Born is still strong in Argentina. The Born and Hirsh families, which run Bunge and Born today, are each conservatively estimated to be worth a billion dollars.

Andre

It is the number 1 South African grain exporter, and the 5th largest grain exporter in the world.

It was founded in 1877 by George Andre in Switzerland. He imported wheat from Russia for pasta. In 1937, Frederic Hediger went to the US and founded Garnac, using money from George Andre.

Garnac became a subsidiary of the Andre Holding Company. During the 1970s, after an embargo had been placed on the commercial activities of what was then Rhodesia (now Zimbabwe), Andre helped sell Rhodesian grain on world markets through illegal channels. After Andre's death, in 1942, his three sons inherited the company. The Andre family is conservatively estimated to be worth more than US\$2 billion.

Archer Daniels Midland / Topfer

It is the 6th largest world grain exporter, with 9% of the market. It is also the number 1 US soybean crusher, with an estimated 40% of the market. It is also the no 1 producer of ethanol, the number 2 US flour miller, and more. ADM/Topfer makes enough flour to bake 16 billion loaves of bread and enough soybean meal to feed 14 billion broiler chickens – twice as many broilers as the US produces.

In 1878, Jon Daniels began crushing flaxseed to produce linseed oil and in 1920 formed the Daniels Linseed Company. George Archer, another experienced flaxseed crusher joined the company in 1903. In 1923, the company bought Midlands Products and adopted the name Archer Daniels Midland (ADM).

ADM purchased a 50% stake in Topfer International, one of the most powerful second-tier grain cartel companies. This purchase also works the other way, with the older Hamburg-based Topfer Company, with extensive roots in Europe, exercising an influence over ADM.

The Topfer Co has an over 70% equity position in two French firms – Compagnie Europeene des Cereales and G. Muller. The remaining shares in these companies are held by the Rothschild Group in France. These two French companies own 10 large grain elevators in France and Germany.

The head of ADM in the 1980s was Andreas, who regularly contributed between US\$50,000 and US\$100,000 a year to the organised crime-linked Anti-Defamation League of the B'nai B'rith.

ConAgra

It is the number 1 US flour miller, number 1 US sheep slaughter, number 2 US beef and pork slaughter, among other things.

Conagra was founded in Nebraska in 1919 as Consolidated Mills, a grain processor (the name was changed to ConAgra in 1971). In 1982, ConaGra bought the Peavey Company, along with its Minneapolis confederates, the Pillsbury and Washburn families dominated the milling of American flour.

This immediately made ConaGra America's largest flour miller. This was followed by a slew of purchases in the meatpacking industry.

IBP

It is the number 1 US beef and pork slaughterer. IBP is the largest butcher in the world, accounting for 14% of the US total. Japan, which consumes half of all US meat exports, is a major market for IBP.

It was formed in 1960 by A. Anderson and C. Holman, as Iowa Beef Processors. IBP makes money by driving down the wages of its workforce, and the price of beef paid to farmers.

Nestle

It is the number 1 world food company, number 1 world trader in dry milk powder, condensed milk, seller of chocolate and confectionary products, and the number 1 seller of mineral water, and number 3 US coffee firm. Nestle has 500 manufacturing plants on 6 continents.

In 1866 in Cham, Switzerland, Charles Page founded the Anglo-Swiss Condensed Milk Co. In 1867, in nearby Vevey, Henri Nestle founded Farine Lactee Henri Nestle. In 1905, Nestle and the Anglo-Swiss Condensed Milk Company merged.

In 1922, a banker, Louis Dapples, took over management of the company, and eventually became chairman of Nestle. Over the next 90-odd years, Nestle made one takeover after another, especially during the past two decades. It controls the export of powdered milk to the developing sector.

Nestle also owns Alcon eye products, and 26% of L'Oreal, the world's largest shampoo and cosmetics company. It is controlled by the Rothschild Group. Its board of directors serves as a retirement home for central bank heads (those central banks that are under Rothschild ownership, such as the central banks of European countries, and the BIS).

Unilever

It is the number 1 world producer of ice cream, and margarine, and one of the top five world exporters of dry milk powder, the number 1 European tea seller, the number 2 world producer of soaps and detergents, and one of the top five world crushers of palm oil, and one of the world's largest producers of olive oil.

In 1885, Englishman William Lever and his brother formed Lever Brothers. It produces Lifebuoy, Lux, Rinso, and Sunlight soaps. In the Netherlands, rival butter-makers, Jurgens and Van den Burgh were pioneers in margarine production.

In 1927, they created the Margarine Union, a cartel that owned the European market. In 1930, the Margarine Union and Lever Brothers merged, forming Unilever. Both Unilever and Royal Dutch Shell are corporate entities that express the joint interests of the Anglo-Dutch monarchies, as well as the Rothschild Group.

Philip Morris

It is the number 2 world food company, number 1 US Food Company.

In 1847, Philip Morris opened a London tobacco store, and by 1854 he was making his own cigarettes. In 1919, US financier George Whelan purchased the rights to market Philip Morris brands such as Marlboro.

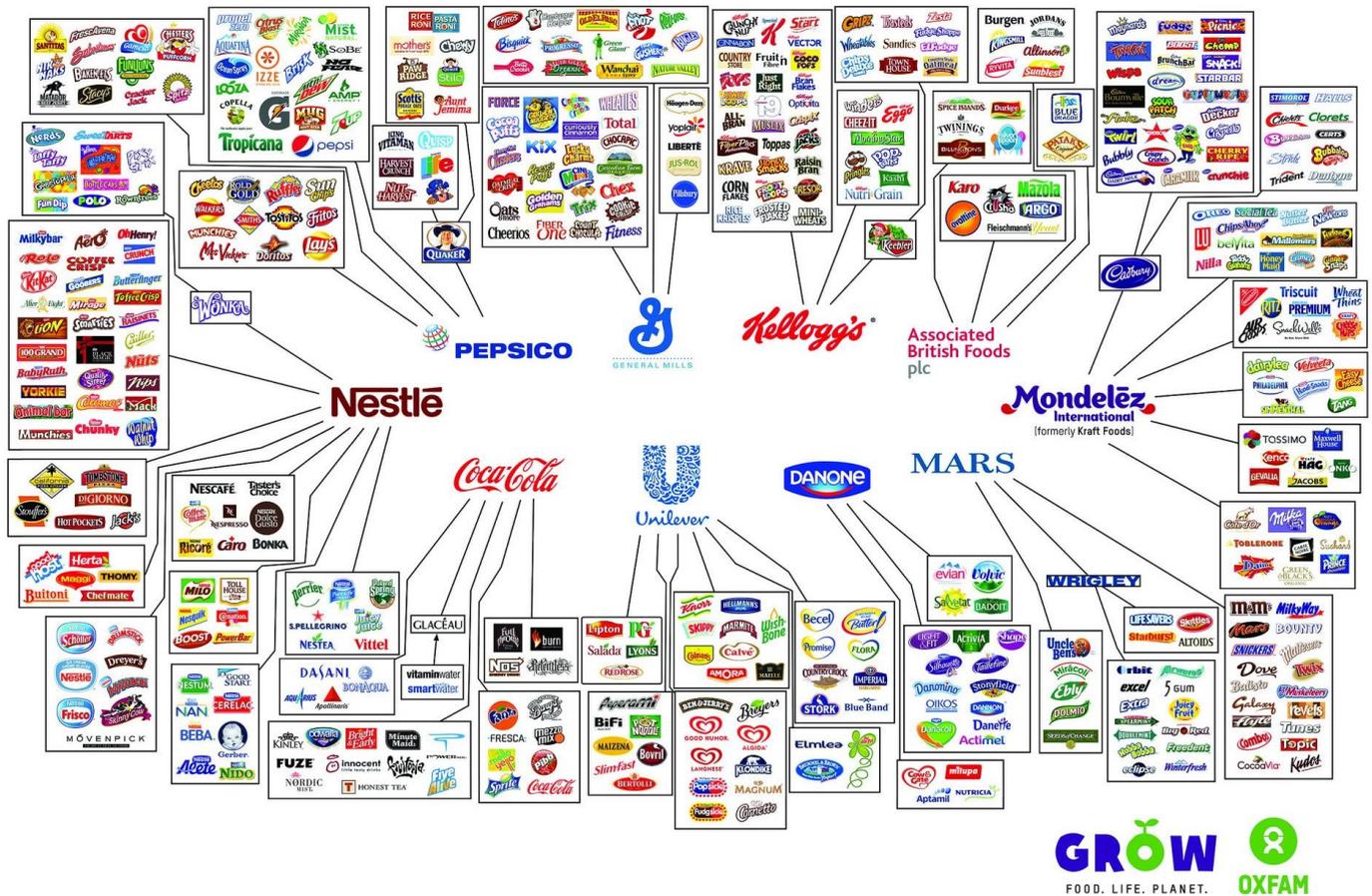
Ten years later, Whelan’s successor began manufacturing the cigarettes in Richmond, Virginia. In 1985, Philip Morris bought General Foods; in 1988, it acquired Kraft Foods. Philip Morris is one of the largest cigarette smugglers in the world, both for sale and as barter for other illegal goods. It is also one of the world’s largest marijuana dealers.

Major US Food Companies

It has been extremely difficult to gather information on the grain cartel companies, as they are privately-owned. It was easier to gather information on US companies, as most of them are public companies.

Here is a list of the other major food companies. Most of these are within the Rockefeller orbit. These include Coca Cola, Pepsico, Mars, Walmart (acts as a distribution entity). This is just to name a few.

Below is a partial list of a few of the world’s largest food companies. Grain companies are excluded.



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[Pascas Care Energy Level of Food.pdf](#)

MARS

WRIGLEY



DANONE



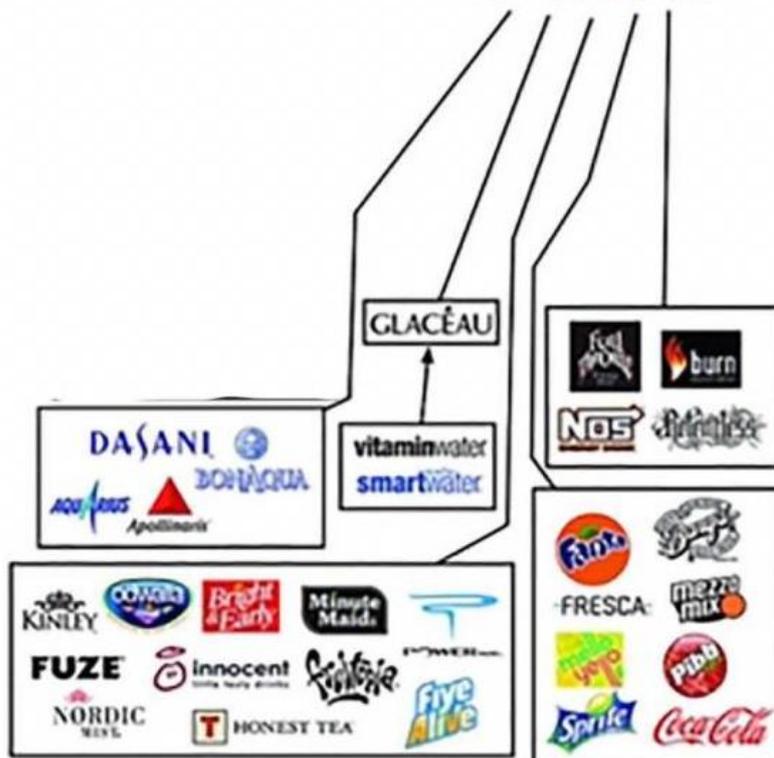
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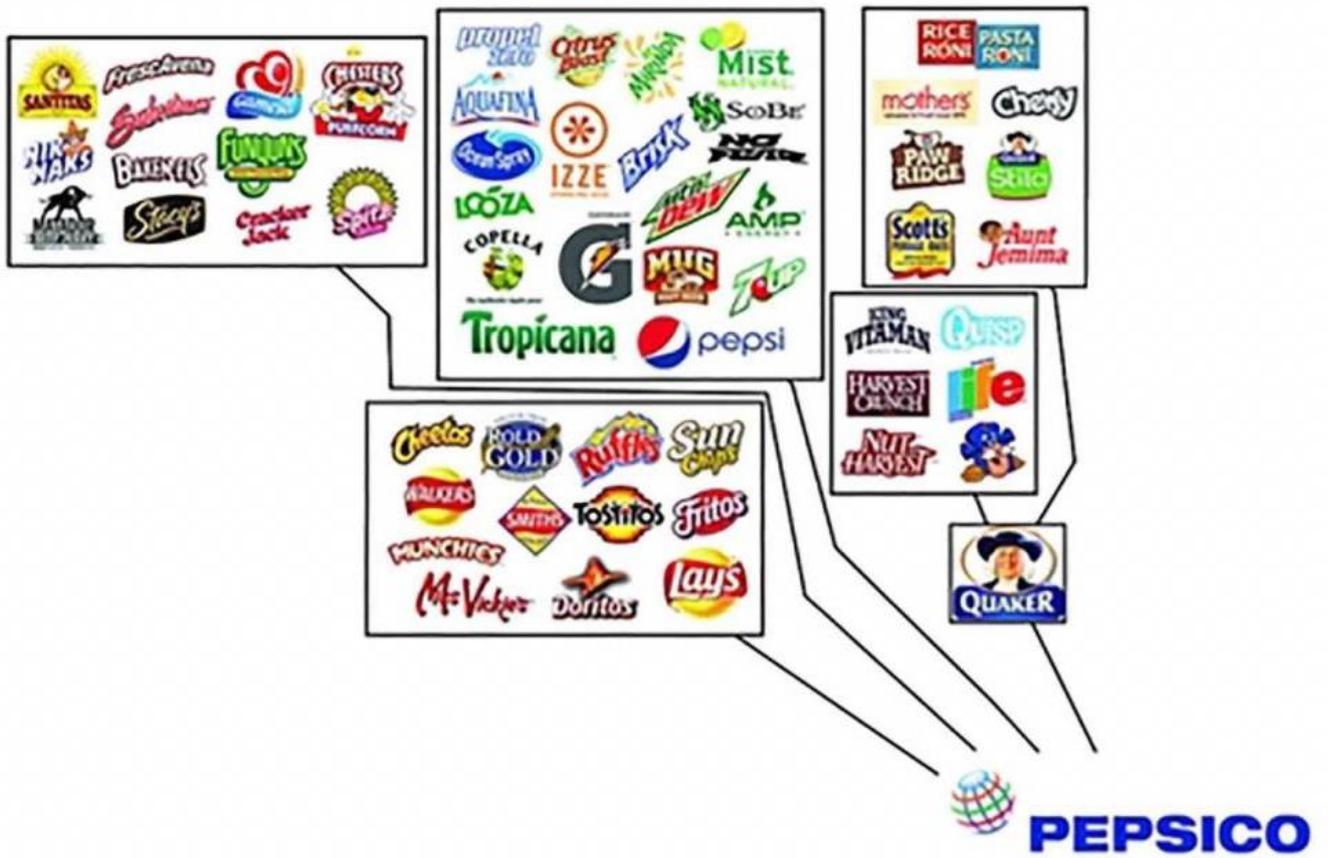


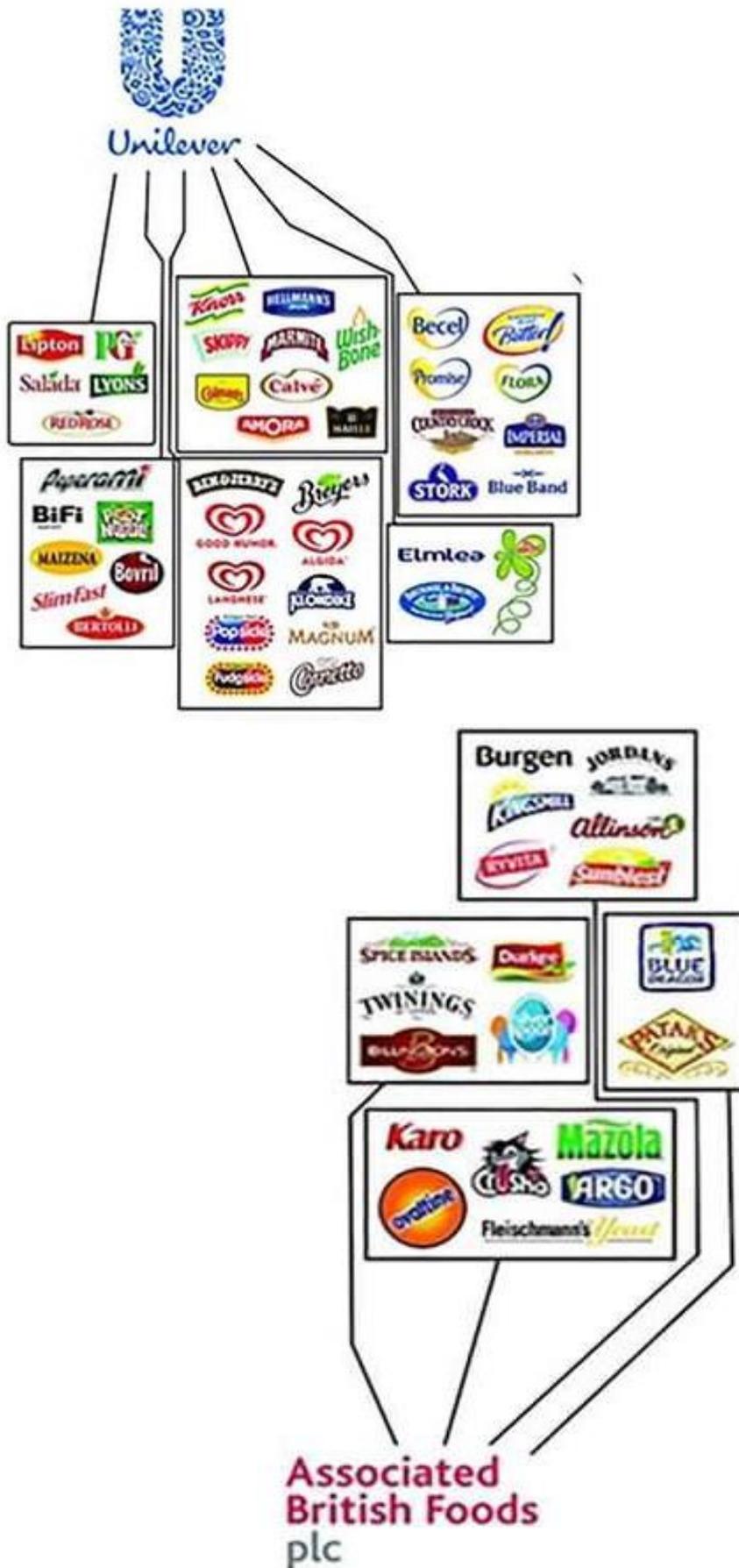
Kellogg's

Coca-Cola



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Domestic Markets

The cartel exercises an iron hand over the domestic agricultural economies of nations, especially those that comprise the four export source regions of the food cartel. This is exercised through the processing industries: If one controls the processing industries, one controls domestic trade.

Except for use as animal feed, corn, wheat and soybean cannot be eaten in their unrefined form. The grain or soybean must be processed. The same is true for meat, which must be slaughtered and cut, before it is fit for human consumption.

This is where the processing / milling industries, in the case of grains and soybeans, and the packing / slaughtering houses, in the case of meat come in. Taking America as the test case, in order to make the case generally, one can see the cartel's domination is about 90% of milling capacity.

In 1979, the top four millers controlled 41% of the industry. Today, they control 92%!

Finally, four of the six leading grain cartel companies own 64% of America's grain elevator storage capacity. However, this figure is deceptive. Many of the grain elevators are in local areas, where there is a substantial degree of individual or cooperative ownership.

When one gets to regional grain elevators, the grain cartel's ownership percentage is much higher. And at ports, where grain is trans-shipped, the same four grain cartels own 89% of all grain facilities. A farmer must sell his grain either to a grain elevator or, in the rarer case where he can afford transport, to a grain miller.

In either case, it is grain Cartel Company to which he must sell. By this process, the grain cartel sets the price to the farmer – at the lowest levels possible.

Much of their workings are shrouded in mystery, because they release little information to the public. People who have attempted to write books about the grain companies have spent years without getting a single interview from any of the reigning grain company families.

Unlike many American companies, where the founding family has long since departed the scene, such as in the case of Morgan bank or Chrysler Corp., the grain cartel companies are run by the same families that have run them for centuries. The inter-married MacMillan and Cargill families run Cargill; the Fribourg family runs Continental; the Louis Dreyfus family runs Louis Dreyfus; the André family runs André; and the Hirsch and Born families run Bunge and Born.

While evading taxes and inspection, Cargill also uses its network to move large shipments of goods anywhere on the globe, on split-second notice. It has an in-house intelligence service that matches the CIA's: It uses global communication satellites, weather-sensing satellites, a database that utilises 7,000 primary sources of intelligence, several hundred field offices, etc.

Cargill is representative of all of the grain companies, and a brief examination of it gives insight into all the others. Cargill, which had US\$101 billion in annual sales in 2014, has a dominant position in many aspects of the world food trade. It is the worlds and the United States' number-one grain exporter, and has a market share of 25-30% in each of several commodities.

It is the world's number-one cotton trader; the number-one U.S. owner of grain elevators (340); the number-one U.S. manufacturer of corn-based, high-protein animal feeds (through subsidiary Nutrena Mills); the number-two U.S. wet corn miller and U.S. soybean crusher; the number-two Argentine grain exporter (10% of market); the number-three U.S. flour miller (18% of market), U.S. meatpacker (18% of market), U.S. pork packer / slaughterer, and U.S. commercial animal feeder; the number-three French grain exporter (15-18% of the market); and the number-six U.S. turkey producer.

It also has a fleet of 420 barges, 11 towboats, 2 huge vessels that sail the Great Lakes, 12 ocean-going ships, 2,000 railroad hopper cars, and 2,000 tank cars. Cargill has been able to place its people in top posts around the world. Today, Cargill Company is privately owned and run by the MacMillan family. The MacMillan family's collective wealth, sits at US\$15.1 billion.

The food cartel continues to consolidate its worldwide control in the face of the oncoming financial disintegration. In the past 30 years, the food cartel has bought up many milling-processing plants and bakeries throughout the former Soviet Union and East bloc, bringing these nations under tight food control.

The food cartel has also built up its control, in the food distribution industries, through such combines as Philip Morris, Grand Metropolitan-Pillsbury, and KKR-RJR-Nabisco-Borden; i.e. Philip Morris, which owns Kraft Foods, General Foods (Post cereals), the Miller Brewing Company, and a host of other brand names.

The food cartel's power must be broken. But the Anglo-Dutch-Swiss-American cartel is playing for high stakes—the ability to constrain the supply of raw materials, and above all, food, to turn back the clock of history, and reduce mankind from the 8 billion population (2022) it currently enjoys' to the state of a few hundred million semi-literate souls scratching out a bare existence. That assault cannot be fought timidly.

The full truth about the food cartel must be known.

Alongside the hyper-speculation in food and related commodities that must be stopped urgently, there is a related feature of the food crisis to be eliminated: the now-extreme globalisation of the food chain.

This has come about under the control of a select few commodities and logistics cartels, operating above and against national governments and the interests of their populations. Nations have been forced into dependence on food from hundreds and thousands of miles away; now it isn't there to be had.

Genocide is an intent of this system, not a side-effect.

Governments and financiers today, prominently including Federal Reserve chairman, is notorious for saying that the current spike in food prices, and the growing shortfalls are simply a result of "increased demand," i.e., "market forces."

They are maliciously lying.

What "markets"? The way it works is that these cartel companies' activities and practices are what is meant when "the markets" are cited.

The companies are, in fact, the hard-product wing of the financial interests; best called the neo-British Empire, and since the late 1940s, joined by the American faction.

Read the full article (this is the second of a 3-part series) at [Behind the News Network](#).

Past articles on *Health Impact News* that deal with this topic:

This document calibrates overall as true – on the Map of Consciousness it calibrates 405.

FRESH is BEST!



Worldwide GDP for 2021 was US\$95 Trillion of which 5.3% was spent on education or US\$5 Trillion.

Humanitarian expenditure worldwide did not reach US\$50 Billion in 2021.

Total military expenditure worldwide in 2021 was US\$2 Trillion.

STATE OF DEMOCRACY



DRUNK, HIGH & DRUGGED
ZOMBIES

COMMERCIAL IN CONFIDENCE

New Feelings Way: learning how to live true to ourselves by living true to our feelings.

We are to express our feelings, both good and bad, at all times, and to long for the truth of them.

By living true to ourselves true to our feelings, we are living true to God. It's that simple.

Golden Rule: that one must always honour another's will as one honours one's own.

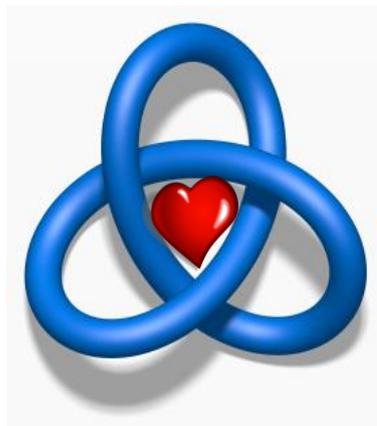
The Golden rule is: Never interfere with another's will.

Our Heavenly Parents simply desire for us to ask for Their Love.

God's Divine Love: Pray for it, ask for it, and receive it.

Violence is never Justified

Never is hatred, nor discord, nor war among men justified – no matter what the cause – and if men will only learn the Truth there will never exist such feelings or acts. Militarism is all wrong. Jesus 25 December 1915



Violence is never Justified

COMMERCIAL IN CONFIDENCE



TALK IT OUT



We are to express our feelings, both good and bad, and nothing is sacrosanct or to be withheld.

All that's wrong and untrue within us has to be expressed out of us, each of us, it all has to come to light for us to see the truth of. We have to know the truth of ourselves and the truth of our family relationships.

Everything needs to be expressed, to come out into the open.

What enters emotionally has to be expressed emotionally – it has to come out emotionally – leave us emotionally!

However, we are not to act upon what we are feeling emotionally! We are not to act it out! But, we are to go on and long to know the truth of what is behind our feelings, why we are having these feelings and experiences.

Long to the Mother and Father for Their Divine Love, and ask Them to help you see the truth through your feelings – that which They want you to know. Long and ask; long and pray. Pray to see, know and BE the truth, the truth of you – of all of it!



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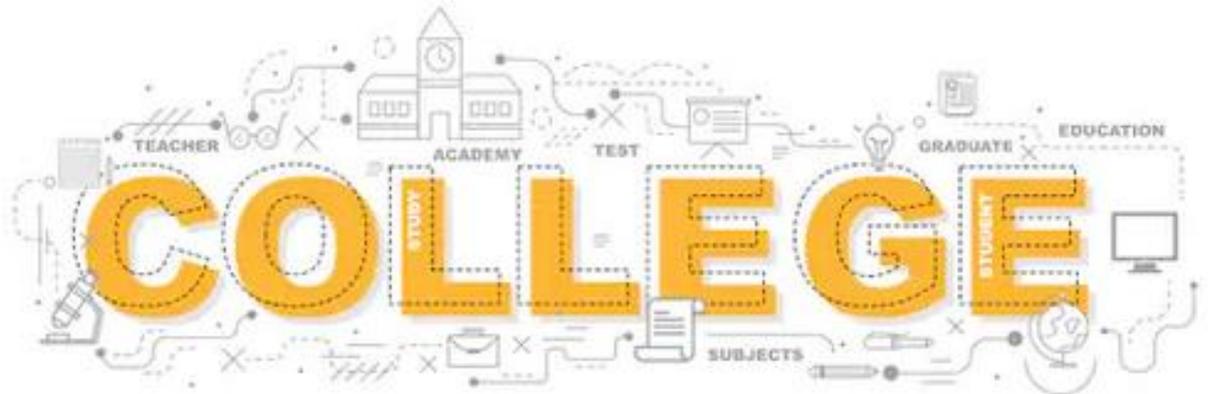
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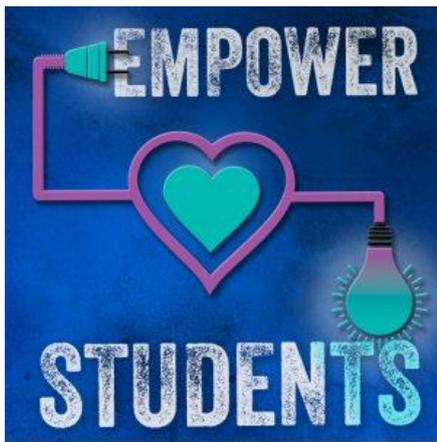
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"THE" profession is:

TEACHING



to:

Learn through play
Independently explore subject
 +
Research with fellow students
Explore topics you enjoy
Engage in what you are passionate about
Ask — and keep asking
Question every aspect
Commonsense is not common
Assumptions are mostly in error
Embrace what you may be feeling
We have been retarded and restrained
We are to be our true self
We are to express all our feelings
We are self contained — all is within
By doing is how we learn
Tutoring others is a great self teacher
 ∞ *Our capabilities are infinite*



while you



∞



From the moment of conception
and then onwards for all of eternity .

We are TRUTH SEEKERS!

COMMERCIAL IN CONFIDENCE

Healed potential



Insightful Genius

Brilliance!

DYNAMIC

vibrant