

PASCAS WORLDCARE



CARE + 3 HALVES



Education



Nutrition



Emotional
Release



“Peace And Spirit Creating Alternative Solutions”

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WorldCare + 3 Halves

With a sharing heart, millions can be enabled to lift their quality of life, should they so please.

With the introduction of:

Education
+
Nutrition
+
Health Care

to hundreds of millions of poverty entrapped people who can be enabled to enjoy a quality of life that is of a standard that will enable those who seek to grow in love to do so.

It is ever so simple to deliver such facilities and opportunities. No, we do not have to sell all of our luxury yachts, but maybe we need to share a little more than we do.

What we must consider doing is investigate how we do a lot of things. Education, nutrition, and health care as we currently utilise them are simply far too expensive and ineffective to impose upon our impoverished neighbours; and yes, we must look to the needs of our neighbours as well as to our friends in foreign and emerging countries.



Education

Everything starts with education. Everything is possible with education. Without education, nothing can progress, let alone succeed in a meaningful way.

Education through system of desire. Live in truth within the system we are in. Platforms appropriate to work with include the Montessori, Steiner and Shchetinin.

The role of people from within the Pascas community who may subsequently be in developing countries is to provide for free: housing, food, clothing, primary medical health care, primary education – donations welcome. Those things should be basic human rights.

The first soul condition that is the problem is of those people who have had too much to eat. These are the ones who take the food from those who may be lacking. The second thing is to work with the soul condition of the person who has not got enough to eat. Their Law of Attraction will change. Nothing is inconsistent in the third world when considered with the western world.

Quality food and the maintenance of safe, healthy food supplies is the essential first step. Without this, humans can't even begin to think about bettering their overall health condition. Some may believe that we have an overabundance of food in the western world. While this is true, the quality of that food has been degraded by industrialized agriculture over the past century. Passed off for "food" is highly refined and processed substances that have little nutritional value. Further compromising the food supply is the amount of chemicals utilized in its mass production. To simply replicate this model in developing countries would be disastrous. The western world needs to reign in production and encourage the local consumption of food crops. This would in turn give farmers in developing countries the ability to grow foods locally and develop as a business rather than simply as sustenance farming.

Joseph Pieper argues in his book *Leisure the Basis of Culture*, that no spiritual development (a component in becoming a self-actualized individual) can take place, no "culture" develops when people are remanded to subsistence living. Only when persons work together in community, specializing in various tasks, like farming, healthcare, teaching, etc., are people able to grow and develop at a spiritual level.

As a medical professional in the third world, one of the first things one would be doing is focusing upon allowing the person to cry. There are a lot of cultural issues in most countries about crying which is one of the reasons for their emotional issues that we may observe emerging as physical ailments.

This is where this education process is very essential – based on desire. If we are going to help with those in impoverished economic communities, one of the first things we would say is that emotions are allowed here. It is very, very important, because if people don't release an emotion, you can give them medical assistance, and even give them some famine assistance, which is still essential because it is a basic need, but in doing so, you need to encourage them to deal with their emotions, because in the end, if you don't, you will keep giving them medical assistance and keep giving them famine assistance as the emotional issues will keep re-creating the impoverished conditions.

The education program is soul education with the basics of primary education such as reading and writing. With reading and writing there are soul development elements within that. If someone or a child does not want to read, that is fine. So when they come to selecting a meal, then no assistance is

provided with the menu, they do not have a choice. The choice comes with being able to read. And you don't read them a story. You don't let them watch a movie because it helps them avoid the process of reading. You don't assist them to break God's law of looking after yourself. You only assist them when they want to do things harmoniously with God's laws.

Consider reading *Summerhill* by A.S. Neill if you haven't.

Another great take on education and perhaps one of the few redeeming qualities of the book is the *Celestine Prophecy*. The author argues that there should be one adult per child. It is essential to have this level of attention paid to children. They should be able to ask questions of a competent adult rather than learning things "second hand" from other children. Sex would be one example.

We live in an amazing world and children are amazed. This is something that we tend to lose as adults – we become desensitized to the amazement of our natural world. Technology isn't a bad thing, however, when it removes us from the Reality of life it can be harmful to us at a soul level.

In the spirit world, how it works, everything around the child is developed to pique their curiosity. And then, when they ask the question (desire), responses are given. The way that the entire education system is created in the spirit world is – ask, ask, ask, otherwise you are never told. What they do in the spirit world is they construct, not schools, but grounds, and everything in the ground that is planted there, the animals, the birds, the structures there, everything is all made to cause the child to want to ask questions. And what happens is that there is always a person available to answer their question. The person answers the question not in an intellectual way, the person answers always looking firstly at the soul like feelings, then at the bigger things like the laws of God and different things. And, at the last level, they answer in an intellectual way. The primary importance in answering them is always focusing on the emotional condition of why I could do this because of this emotional condition.

For example, in the spirit world, there are teachers that grow the plant in their hands. The children just watch, mesmerized, like there is this plant growing in a person's hands. The teacher shows them all the different things he/she had to feel to grow that plant. Then the teacher gives the children the chance to try that. Some of them grow the plant and make a mess of the plant, some of them grow the plant, sort of looking like it, and others can't grow the plant at all. Instead of punishing, the teacher focuses on what is the emotion inside of you that is causing you not to be able to grow the plant. And this is how it will happen on the Earth within its education system.

The Shchetin education system in Russia is very similar to that. The children build their own school, they created their own curriculum, they all had a desire to follow that curriculum because they created it. It is an extension of the above principals, if you like.

<http://loveforlife.com.au/content/08/12/31/mikhail-petrovich-shchetinin-kins-school-lycee-school-tekos-mikhail-petrovich-shche#>

http://www.soustvarjanje.si/e107_plugins/content/content.php?content.23

http://www.ringingcedarsofrussia.org/newsletter/16_12_06.htm

Prof Mikhail Petrovich Shchetinin established the schooling system.

If you take this system into the third world, you can see that we have some basic things that every human should have. What ever we can do to provide these things should be provided, water, food, shelter, clothing. These are the four main things, then there is safety, however, you may not be able to control that, because they might be living within a family with an abusive father. We can certainly deal with the first four needs.

However, these things could be given, and then we have a whole series of talks on how you can create these for yourselves. Most people do not want to keep getting handouts. People generally have a sense of personal pride, they don't want to keep getting handouts. Unfortunately, some long term refugees have gotten into the practice of expecting that, but that is all due to conditioning, and they are not given the resources to create at all. Like, in Palestine, for maybe fifty years, everyone has been restricted in their right to have a passport, a job, or a house.

Living Feelings First, *John.*

**Feeling
Healing with
Divine Love is
the key!**



**PASCAS
PAPER S**



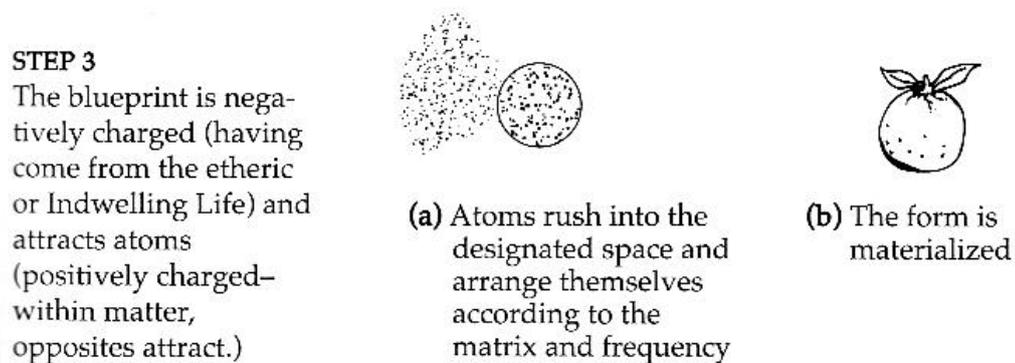
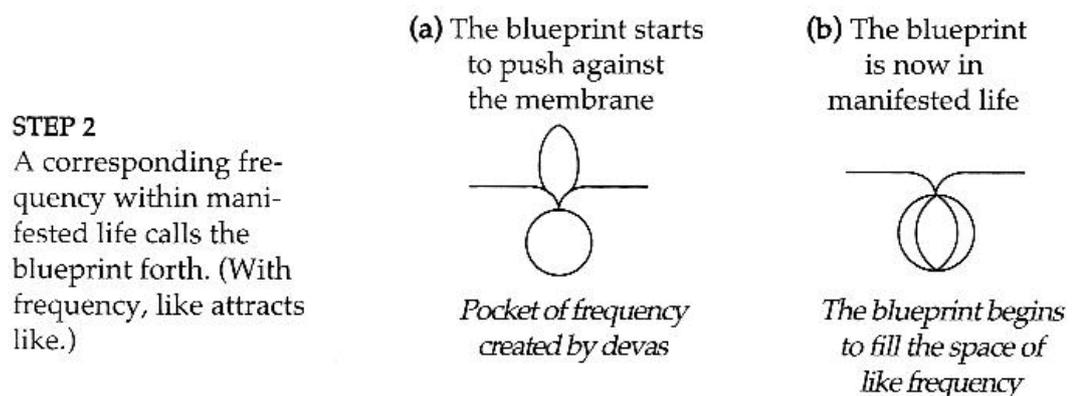
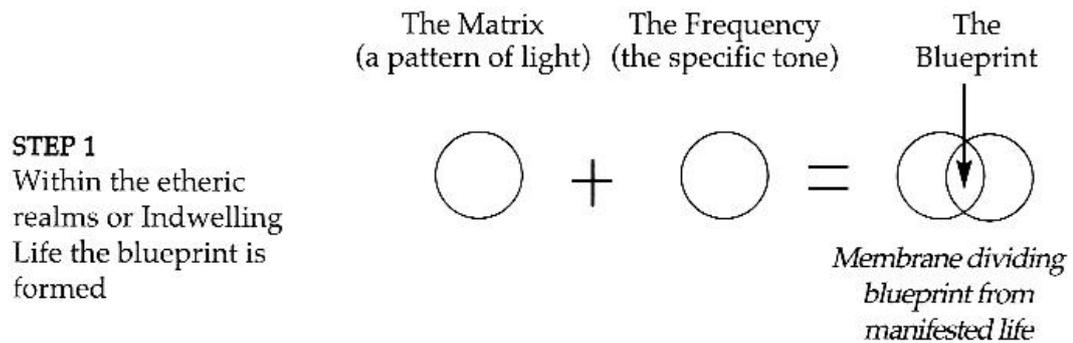
Immortality with the Love.

**PASCAS
HEALTH**



How Matter is Formed

(This is a representation diagram to introduce the process.)



By allowing children to follow their own passions and desires, it is possible for a child to complete a ten year or even a twelve year educational curriculum within three years. Via the Shchetinin system as the platform, students from all walks of life complete the Russian curriculum within three years PLUS completing a one year university degree.



This is the school founded by Mikhail Shchetinin which Anastasia presents in her books as a powerful example of how empowering education should be to bring out the most in our children.

Children are valued and respected for the wise beings they are and appreciated for the innate wisdom and creative abilities they all have.



Education is seen as drawing this out, not putting information in. There are no adult teachers.

Children are given responsibility for their own education, learning together and teaching each other in small groups of mixed ages (8 through to 17 years) and covering the entire high school syllabus in a year or two, while also managing the school, its administration, meals, maintenance, etc, all by themselves.



They focus on one academic subject at a time, mastering its core principles before adding the “fat” around this before moving on to another area.

They are encouraged to delve as deep as they desire into a subject, moving into university level – there are no restrictions to their learning. All areas of learning are connected and understood as parts of one big jigsaw puzzle that all fit together beautifully.



This is a disciplined orderly environment yet children feel free and independent to grow to their full potential. The students themselves have built and decorated the school from scratch, brick by brick and written their own text books.

The school develops the whole person with much time being devoted each day to the arts: music, dance, culture exploration, exercise, and all this in a healthy outdoor environment; learning from nature, in nature and with nature.

This is a school for the future where the outdated model of our current school system is seriously challenged and an inspiring example of how things can and should be is presented.

Mikhail Shchetinin together with Leonid Sharaskin, who brought the Ringing Cedars books to the English speaking world, are investigating ways to bring this positive example of education to the Western world. Shchetinin's book on his philosophy of education will hopefully be available in English in the near future.



Nutrition

A meat based diet requires twenty (20) times the resources for delivery than those required for a vegetable and fruit based diet.

Further, intensive agricultural systems can deliver enough food from one acre of land to feed two thousand people all year round. The locations of such intensive agricultural units can be in very marginal localities and the delivery of food is still possible on such large scales.

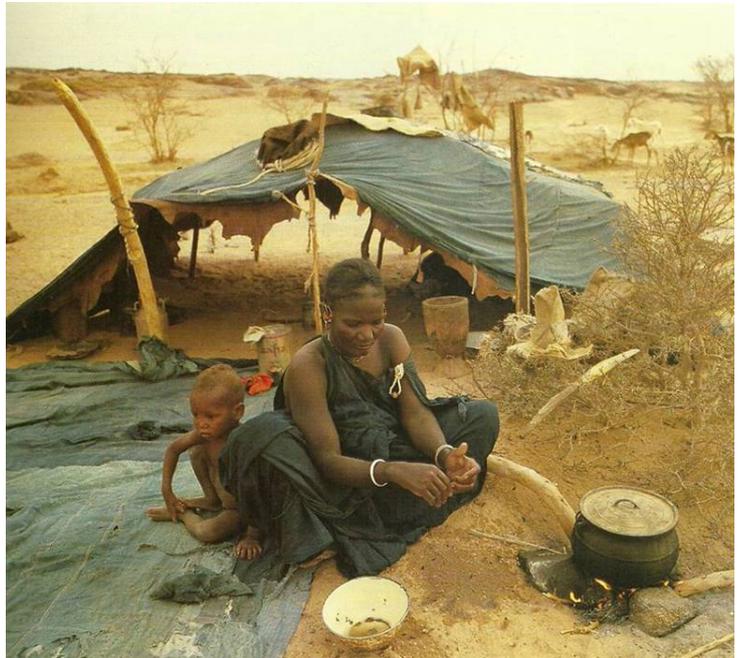


CROP	Growing Space Between Plants	Galvanised 6 m Troughs pr sect	RGS Units Total Sections	Plants pr Trough	Average Weight pr plant	Crops per anm	Kilograms per annum
Tomatoes	333mm x 333mm	14	2.5 resulting in 10	17	8 kilograms	4.0	76,160
Fancy Lettuce	200mm x 225mm	16	2 resulting in 8	114	250 grams	18.0	65,664
Iceberg Lettuce	250mm x 350mm	16	2 resulting in 8	92	1 kilogram	16.0	188,416
Strawberry	200mm x 260mm	16	2.5 resulting in 10	228	750 grams	9 months only	27,360
Cucumis	353mm x 353mm	11	2.5 resulting in 10	16	8 kilograms	3.0	42,240
Melons	353mm x 353mm	11	2.5 resulting in 10	16	8 kilograms	3.0	42,240
Egg Plant	353mm x 353mm	11	2.5 resulting in 10	16	5 kilograms	3.0	26,400
Capsicum	353mm x 353mm	11	2.5 resulting in 10	16	9 kilograms	3.5	55,440
Cucumber	353mm x 353mm	11	2.5 resulting in 10	16	9 kilograms	3.5	55,440



Changing lifestyles

Despite our growing understanding of the causes of hunger and the plight of the hungry, the situation is getting worse. Public opinion in the developed lands is increasingly aroused to protest and to help. But the reality of one world and one family of man living in it is still not accepted by many people when it threatens their own standard of living. For example, some people who give money to charities helping with food aid may not be so ready to change their own eating habits. Yet the evidence suggests that a diet based largely on meat is incredibly wasteful of the world’s resources. **Animals reared for meat eat over 40% of all the grains grown in the world. If those grains were fed directly to people they would feed twenty (20) times as many as are fed by meat.**



New Biosphere Agriculture

The New Biosphere Agriculture (NBA) growing environment significantly influences the success of hydroponic, agriculture and aquaculture systems. Attention to the variables will influence growers’ yield. By monitoring the in-house eco system of the applied biosphere technology within the mini biom incorporating:

- | | | |
|---------------|-------------|------------------------|
| temperature | humidity | CO ₂ levels |
| negative ions | harmonics | oxygen |
| sunlight | fogging | water quality |
| nutrients | air quality | etc. |

the grower can control the effects of these variables on the system to deliver optimums.

5,000	people can be fed from	1.00	hectare
2,000	people can be fed from	1.00	acre

Nutrition

The nutrition value of freshly grown food is the pinnacle of all foods should it be grown within your own home environment without application of chemicals.

“Let food be your medicine and medicine be your food.” Hippocrates

RAW FOOD MEALS:



United States: The Revis family of North Carolina. Food expenditure for one week US\$341.98
(Sure hope most American families eat more fresh fruits and vegetables and less junk food than this family.)



Chad: The Aboubakar family of Breidjing Camp
Food expenditure for one week: 685 CFA Francs or US\$1.23



Going vegetarian is the easiest and quickest way to lower your carbon footprint, reduce pollution, and save energy and water. That's because meat production requires staggering amounts of land, water, and energy, compared to plant foods.

A New Biosphere Agricultural (NBA) demonstration and training unit has a twofold task. In regions of crisis where such technology is of urgent need, the NBA unit can be used as a training facility for those who are to operate the unit being established within the community of need. Whilst the training is being undertaken, the component parts and equipments would be shipped, installed and commissioned for handing over to those who are being trained.

Further, the NBA training unit would be able to process its fresh produce into 'Life Packs' that can be shipped to provide some food resources whilst the yet to be installed NBA unit comes on line and starts producing fresh food.

Life Pack

Life Pack technology enables vegetables and fruits to be processed and shipped without requiring refrigeration and without losing nutritional value (retaining 95%), and such processed food has a shelf life of around one year.

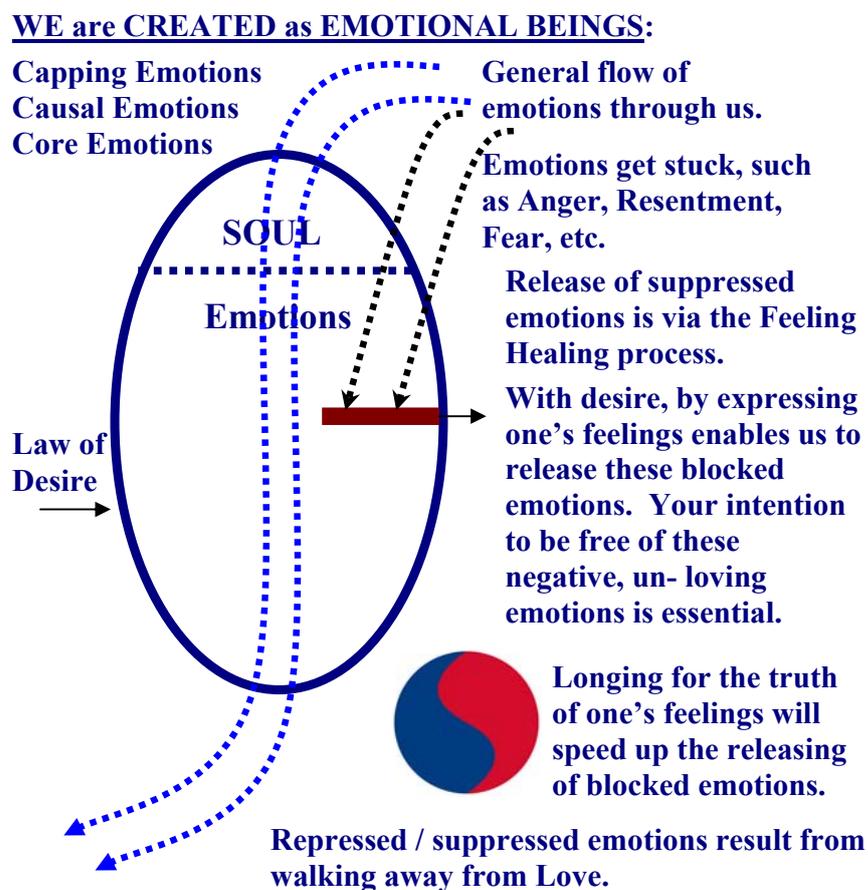
Obviously, the community that is being fitted with an NBA facility starts to produce surplus food to local needs, then a Life Pack processing unit can be considered to enable food to be delivered to other regions within their environment.

It is with agricultural programs that the greatest transfer of technologies can be introduced to a community. There is not an aspect of science that agriculture does not draw upon. It is with this in mind that technology options will be made available by Pascas WorldCare into such communities.

Emotional Release

What is the cause of any illness? We go to the doctor and he treats the symptoms, but what caused the illness? The question is seldom asked. If we understand the cause then we can deal with these issues and significantly reduce the probability of the illness, or a similar illness from re-occurring.

We can deal with the underlying cause of any illness and we do not need drugs to do so. Amazing! A health platform without costly drugs. Okay, it takes some personal effort and also time, but the underlying cause of any illness can be firstly alleviated and then removed for ever.



Accessing and clearing emotions is easily said but difficult to do, so why do it?

You invariably start to bring up old experiences and painful experiences; they eventually all relate around your childhood. Aren't we over that? The answer is NO! Our childhood was typical and considered fine to being great. Well it wasn't, and we have suppressed so much of our negative childhood experiences that we are continuing to create turmoil within our bodies and our lives.

Our parents were great, especially our mother. Well the fact is they did not know how to love us and they curtailed our free will and caused us to have all of the negative emotions that we are now

recognising as the underlying cause of our issues. In particular, our mother was not the greatest mother we universally give her credit for, which is often a difficult fact to face.

So why bring up all these negative experiences from the dim past? Unless we delve into these stored negative emotions we are stuck and stagnant and headed into a physically painful life. Unless we free the body of these blockages, these emotional congestions are like awkward hand grenades within our physical body with pins pulled. The emotional blockages can cause devastating illness and disease. They also negatively affect our Law of Attraction and block us from manifesting the life of our dreams.

It is time to steadily remove them one by one. The only way to release emotions is to experience them. Don't rush it, steadily work through the experiences. Allow them to come up in whatever order that they emerge. Once you recognise this, they will unmask themselves in due course and in a timely manner that you can comfortably handle, though not so comfortable at times. But if you stay committed to FEELING and RELEASING your emotions and changing your soul condition, you will soon see amazing results.

As you progress on your journey of accessing and clearing your emotions, it becomes self evident to those around you. The vibrancy of your inner well being manifests itself in your general appearance.

Your child like nature begins to return.

Your general joy permeates your countenance.

Though the accessing and processing of any of your blocked emotions may result in anger, fear and grief being experienced, the rewards emerge within you and all those around you benefit and enjoy the emergence of the real beauty of your being.

It is a golden gift that you bring to yourself and the many others around you.

Time and time again, even the smallest amount of progress on this long adventure shows the rewards in such a vibrant way that many easily observe and feel the great changes taking hold within you.

Become the vibrant happy face in the crowd.

As you progress with clearing blocked emotions, things that used to bother you or trigger you will no longer be noticed. In turn, you won't trigger those around you. Once you remove an issue, a negative emotion, it is gone for ever.



EMOTIONS and ILLNESS:

All disease, every disease, illness is of a result of emotions – mind based.

All fear is what causes your pain, all illness is related to fear in some way.

We are addicted to dealing with effects, not the causes.

Coffee is an anti-depressant – we use coffee to avoid our emotions.

Emotional injuries are very specific.

Autism – parents clear emotions – autism is cleared for the child. Autistic children are of the result of denied emotions of the parents.



Parents barrage emotions upon child, child is very sensitive. If a child has illness and personality issues, you need to look at your own issues.

Childhood illnesses and illnesses of baby within the womb, stems from blocked emotions passed down from generation to generation.

We are a product of all that has come before us.

To assist baby, as well as yourself, work to clear your blocked emotions.

Our children are conceived from within the 6th sphere state or equivalent thereto (perfect man), by the time they are born, or shortly thereafter, they have absorbed their parent's emotional injuries and their soul condition typically reflects that of one or the other parent. Either way, the child's soul condition is typically that of the 1st sphere (earth plane state) by the time they are two years old. Our children continue to mirror our soul condition, or that of one of the parents, up and until they leave home and start to establish their own home with a partner.

Thus, to assist our children, we must firstly resolve emotional issues within our selves.

In turn, we are a reflection of our parents' soul condition, and their parents' soul condition and so on back through the generations. We can break this cycle by working on our own soul condition, feeling our emotions and processing our fears and blockages.

These emotional blockages and injuries frequently manifest in our children as illnesses, even before birth or shortly there after. It is the accumulation and combination of issues held by past generations that insidiously manifest as life threatening illness episodes within unborn and new born babies. As an example, parents clearing their emotions can lift autism from their children!

Specific emotional injuries or blockages manifest as specific health issues. Thus, an illness episode or pain can be readily related to specific emotional issues that need processing.

Mental illness and distress is typically caused by spirit interaction and influence. Until the person considers that it is spirit, or multiple spirit influence, little can be done. Multiple spirits can over-cloak a person periodically.

Help the spirit people that are around the person. This does not deal with the cause of the attraction. It is a two pronged assistance. Assist the person to process the emotion behind the attraction to enable the connection to be removed.

Every single illness within our body is about an emotional denial. It is the denial that creates sickness.

You are completely responsible for everything created – accidents, illness, etc.

If I have an illness that appears to be incurable, I am denying my Law of Attraction, and I am also denying my physical pain, and I am also most likely denying my emotional pain, so I am in a lot of denial of what has created that particular thing.

Denial of grief manifests as asthma. When a parent denies his/her grief, they are denying their children the experience of their own sadness and when they do that, they get into an asthmatic state straight away.

Every denial of grief by children, during their life, which is the subsequent denial by the parents of their own grief that caused them to shut down their own grief during their life so that now their asthma is of a result of their own grief as well.

No matter how old the child is, if you, as parent, have shut down your own emotion when they were little, how much of their emotion is really yours? A lot of it. Not the stuff they chose to do, but the stuff you chose to do when they were little. That stays with them for good, during their life, until they release it.

You will find that you, as a parent, even at 80 when your child is 60, she or he will have an emotional experience as a result of you releasing the emotion. The child can release it themselves, but there is a really positive effect when the parent chooses to release their emotion on the child.

The FIRST HEALING CENTRE – 2,000 years ago!

Mary Magdalene and Jesus' comments on the Padgett Messages Book 2

by James Moncrief

15 May 2010

Mary asked a couple of the first women spirits who attained the Celestial spheres to come and speak to James. That is, those who were introduced to feeling into their emotions while living on Earth.

Maria was the first to speak: We had all been working on ourselves just as she has told you, by accepting our feelings, speaking about them to each other, and longing for the truth of them. Mary took us all in hand as we willingly submitted to her, and worked on ourselves as our souls sort to liberate all our repressed childhood feelings.

My name is Ryola and I was also one of the five original women to enter the Celestial spheres having commenced our healing while on Earth through the guidance of Mary. 17 May 2010

To tell you a little about myself: I am Egyptian, I met Mary (where she went to live after leaving Palestine) through other women when she lived in Egypt during her final years. Immediately I loved every thing about her. She was so wise, so compassionate and so understanding. She was never judgemental, never told any of us how we should be; was never forceful; was never overbearing, she was all-accepting, and this endeared her to us all. Quite simply, there wasn't anyone else like her and we all intuitively felt this and loved this about her. She was unique – and she still is! We felt she was special, and after much probing she confided in us, and what it was she would have us do, if it was what we wanted to do.

Mary told us of her plans, of establishing a **healing centre** as it were, for more than just helping wayward unwanted strays like we all were. She wanted to help us to help ourselves, but on a soul level as much as on the emotional, mental, spiritual and physical levels. She explained to us how all our troubles – and we had a great deal of them – all came from our early childhood, from how we were treated by our parents, which none of us disputed. And that we could help ourselves by wanting to look for the reasons why we felt so unhappy back in our early childhood, which sounded good enough, yet how were we to go back into our early childhood, a time and place that none of us wanted to revisit.

As we lived with her for some years, slowly through our every day lives, Mary helped us to understand how crucial it was for us to allow ourselves to feel all the bad things we did about ourselves, to speak to her and each other about such bad things, to listen to each other, and to look for the truth of such bad feelings, which would come in response to our being together with that intention – everything coming out of our feelings. And gradually we experienced and saw what she meant.

Mary also explained to us about the Divine Love and the effect it would have upon our soul, and so willingly we agreed to sit in prayer with her longing for it.

We didn't consider ourselves as being spiritual or wanting to live spiritually, it was just our lives, which we wanted to be better than they were. We were all in some pain having suffered many traumas through our lives, and we wanted relief from such pain. And slowly it came.

During those years with Mary, before she died, we all knew something very special was happening with us, we didn't understand the bigger picture, and none of us wanted to know it back then. We wanted to be able to bring our repressed childhood feelings out and live true, this we understood, and set our minds

and will to achieve. We didn't know about the negative mind and all it entailed, that was to come as we ascended the mansion worlds (spirit spheres).

Expressing and living true to our feelings is the way of things, the way to make us all happy and to feel loved. And by doing so, the whole inequality between the sexes has been addressed, with men having to become followers of women, for as you have read and feel within yourself, women being the true spiritual leaders. And so we are, and so we continue to prove this in the mansion worlds, and one day it will happen on Earth. For the Rebellion to end, for evil to be vanquished, women will have to rightly assert themselves by living true to their feelings. And those men, such as yourself, who want this, knowing it will help them, knowing that you need women to be this way, knowing it's the true way of things, will delight in the change. But for those men who want to persist in living untrue to their feelings and in the dominate position, time will show them being passed by.

I hear you asking me: is it easier for women to do their healing? And to answer that I'd have to say, no, I don't think so, only because of how it is on Earth for men and women, it would seem so. So in a way, yes, I would say overall, it is. But it's more that men and women approach it from opposite ends of the spectrum having many different issues. And if a man, such as yourself, can allow his ego to be broken down with minimal resistance, then surely his healing will progress more swiftly than one who fights wanting to stay in control. And then for women who are now power-hungry and able to have power in your modern day, so to will they find it harder to give up their false power for humility, such as your mother and grandmother.

And as you know, in the end it doesn't matter. It's all only about the individual and their own progress in truth. And because we've all been treated so differently as little children, it's too hard to generalise, and better to avoid such things. Which is more a woman's way than a man's: to simply stay true to your own feelings, to live within the boundaries of all you feel, and not to move out into the mind where it's easier to gain power with information and intellectual understanding, all of which will be useless and of no help when it comes down to progressing in truth.

As you know, so much of what your world considers as very important and everyone should know about or be involved in, is man's doing, and all but a useless waste of time, something that succeeds in only entertaining the mind and keeping one away from one's feelings.

I am Netti

18 May 2010

I am to tell you something about what it was like for us doing our healing. It was very hard. It is very hard for everyone no matter how much time they take to do it. And as you understand the theory by experiencing it for yourself, it can't be any other way. For when you have been denied love right from the very beginning of your incarnation, and formed your beliefs and behaviour based around your feelings of feeling rejected and powerless; with it making you feel that it's incredibly unfair with you having no say in it at all, you can't but feel very hurt. And the pain of such hurt, the anger and misery, as you are experiencing, is very bad. And it's the same for all of us. Some people as you know had seemingly a more loving upbringing than others, but still it won't be as loving as it should have been, so still there will be lots of unexpressed and repressed anger, fear and hatred needing to come out, all of which will shed light on the truth: that the amount of love you did need was not forthcoming and denied you.

The great mystery that humanity is struggling to find is why it feels so bad, and why when it feels loved and thinks it is loved, it still feels bad. For I tell you, when you do feel loved, and loved founded on a true and positive mind and will, there is no room for bad feelings, you simply can't and don't feel bad, you feel loved. And there is none of this feeling so-called loved for a time, short or long, and then feeling bad again. Once you are free, true, pure and perfect, love it is and love it will always be. And I tell you there is a huge difference. Anyone feeling loved on Earth, even the most loved feeling person, still has no idea about love and what love really feels like – what it feels like to be fully loved, by yourself and your soul-partner (soulmate).

And as you know, there is no other way to feel this love until you do your soul-healing. Not even partaking of the Divine Love will make you feel this way until you have done your healing. Nothing will make you feel fully loved until you have done your soul-healing, because nothing can. Nothing can make you feel loved when you don't fully love yourself. And you can't fully love yourself because you were not fully loved in the beginning.

Modern-day women on Earth believe they are liberated compared to women of years before, yet such liberation is false, it only being a different outworking of the negative state. Such women are no freer than anyone is or has been in the negative. And true women's liberation will only come when women start to do their feeling- or soul-healing, accepting all they feel, being able to speak about such feelings, whilst seeking and finding the truth of them. When women and men become thus liberated, then humanity will start to turn the corner for the journey home. But until that time, such 'liberated' women whilst feeling much better about having power in their lives and being able to successfully compete with men – even dominate men, will be doing even more damage to their children than what has already been done by more suppressed women. The children of such 'liberated' women, as you can now personally testify James, don't feel freer and more loved.

Goals of Pascas WorldCare are marked by our desire to:

Treat the cause rather than the symptoms; this is the focus of Pascas Care.

People look for miracles to cure disease which is ONLY the removal of the effect of the emotion.

Further stated policy, Pascas Care – Kids of the World:

The greatest gift for our children that we could possibly provide is to enable for them to grow up without fear.

Yes, a child who is free of fear is free of illness due to being loved.



PASCAS CARE:

Over the years, and more recently, we have been researching and observing health issues and treatment modalities.

Our objective has always been to treat the cause, not the symptoms.

By treating the symptoms, all you and I are doing is masking the cause and once the treatment stops, the symptoms re-emerge or rebound.

We are all aware of cancerous tumours seemingly being dealt with only to have a 'herd of elephants' emerge in about five years or so later. This is a comment to highlight how this also happens with many different illness issues.

Apart from medication that our allopathic system makes available, many also utilise energy based platforms, such as Reiki, homeopathy, Orion Healing, etc. There are many such platforms, that when provided by highly proficient practitioners, that are highly effective.

What is now understood is that these efficacious energy modalities often provide a solution only to be found to lose their effectiveness as time goes on. Like the medication, months or a few years later the condition comes back.

We are emotional beings. It is suppressed emotions (energy in motion no longer), that causes the emergence of the illness.

It is only by dealing with these suppressed emotions that we can permanently remove the illness.

"The doctor of the future will give no medicine, but will interest his patients in the care of the human frame, in diet, and in the cause and **prevention** of disease."

~ [Thomas Alva Edison quotes](#)

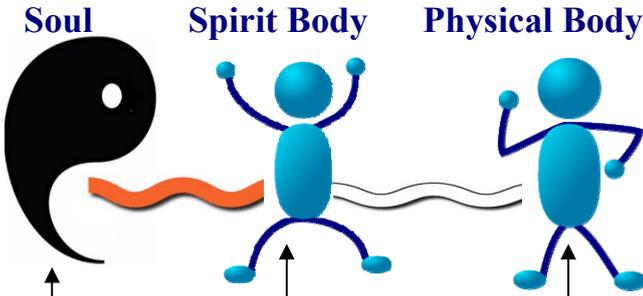
"**Prevention** is a whole lot less costly than treatment and maybe more effective."

~ [Debbie Adair quotes](#)

"The more **signs** that point to the road of good health and disease **prevention**, the more people shall find and travel her path"

~ [Harold Guderjahn quotes](#) (from one of our own Pascanians!)

HIERARCHY of HEALING SYSTEMS



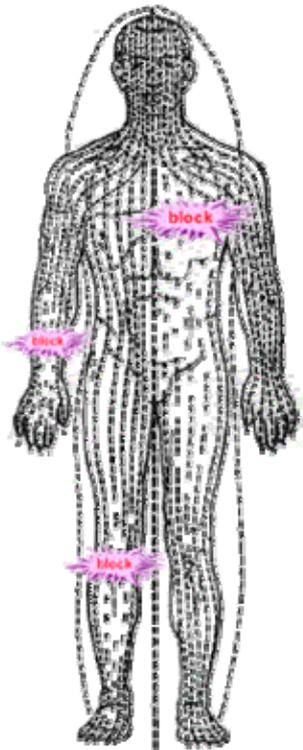
ALLOPATHIC – Western Medicine treats the symptoms, is highly regulated and costly as it is cost driven.

ENERGY HEALING – Eastern Therapies also treat the symptoms with the assistance from natural love spirits from the realms up to the 6th sphere.

Therapy applied to the spirit body is via energy therapist who may work on the chakras, whereas a chiropractor works on the physical body. Such type of therapy deals with the effects and ignores the soul and the causes.

EMOTIONAL PROCESSING and CLEARING deals with the cause. Soul level clearing and growth provides permanent solutions whereas the other two systems provide temporary relief.

If you focus on the soul, that is the most powerful tool to improve yourself.



ASK!
ASK!
 Ask!
ASK!
 ASK!



Ask for, long for and receive our Parents' Divine Love.

The energy substance of Divine Love assist in releasing errors.

The Love will grow one's soul in radiance.

Care

With every action that you are about to consider or undertake, ask yourself: **Is it loving?**

Goals of Pascas WorldCare are marked by our desire to:

Treat the cause rather than the symptoms; this is the focus of Pascas Care.

People look for miracles to cure disease which is ONLY the removal of the effect of the emotion.

Further stated policy, Pascas Care – Kids of the World:

The greatest gift for our children that we could possibly provide is to enable for them to grow up without fear.

Yes, a child who is free of fear is free of illness due to being loved.



The only aid that really helps to repair damage is aid that gives the hungry a future as well as a meal today. Emergency aid is vital but it must be linked to long-term improvements in the life situations of the hungry.

One of the ways in which help is most needed is in the area of education in its widest meaning.

A plan to follow:

1. Effective aid comes more often from agencies at work than from government aid.
2. Effective aid is often a package of measures.
3. Effective aid is concerned with making repairs and improvements that are sustainable.
4. Effective aid is organised in partnership with the local people.

In this manner we are to deploy all the resources of Pascas Care, New Biosphere Agriculture, Chaldi College and all of the technologies being made available through Pascas WorldCare as considered appropriate, for the long term benefit of the communities that we are invited into.

We may see the emergence of a gift economy, rather than a monetary economy, come into prominence during this process of sharing.

In this world, **25,000** children under the age of 5 **die every day** from hunger, poverty, disease or a combination of all three.



CHILD SOS

Violence is never Justified

Pascas considers that violence is never justified under any circumstances. In regions of violent unrest, Pascas may consider declining an invitation to enter such region until such times that the violent unrest is resolved and ended.

Pascas will work within communities only in a loving way. Pascas will work with other agencies to optimise what can be achieved with the limited resources that we all have.

Pascas' aim is to enable communities and Pascas facilities to become autonomous and self – sustaining. We aim to teach how to fish, not to give fish, so to speak.

Pascas is to bring with it into communities seeking support from Pascas WorldCare, platforms of education, nutrition and health care. This summation literally embraces all aspects of life and all the sciences known to man.

At all times, we are to ask ourselves, **is this action loving?**

Cause No Harm < to OTHERS
to MYSELF

Strive to love others as I am to love myself

“Every day is a day of devotion.”

Please Mother and Father, may I receive Your LOVE.

God's Divine Love: Pray for it, ask for it, and receive it.

Our salvation IS the embracing of the Feeling Healing process with Divine Love.

By living true to ourself, true to our feelings, we are living true to God. It's that simple.

Release one's pain through expressing one's feelings.

in conjunction with

Longing for the Truth when also longing for Divine Love.

<http://www.pascashealth.com/index.php/library.html>

Library Downloads – Pascas Papers

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address.

Everything is interconnected!

Even in our makeup, we do not recognise our reality. We take our body as being ourselves. Yes, our brain is housed within our physical body, but our mind is housed within our spirit body. Our spirit body looks just like our physical body; however, we cannot readily see it with our physical eyes, though some people do so and clearly.

Our memory and intelligence is housed within our soul. It is our soul that animates the spirit body and subsequently our physical body. Not even with our spirit eyes can we see our soul, our real self.

In our sleep state, our spirit body goes about its business while the body rests. We often sleep on an issue and wake up in the morning with a clear understanding of how to proceed regarding that issue. Our spirit body investigates and resolves much for ourselves while we sleep.

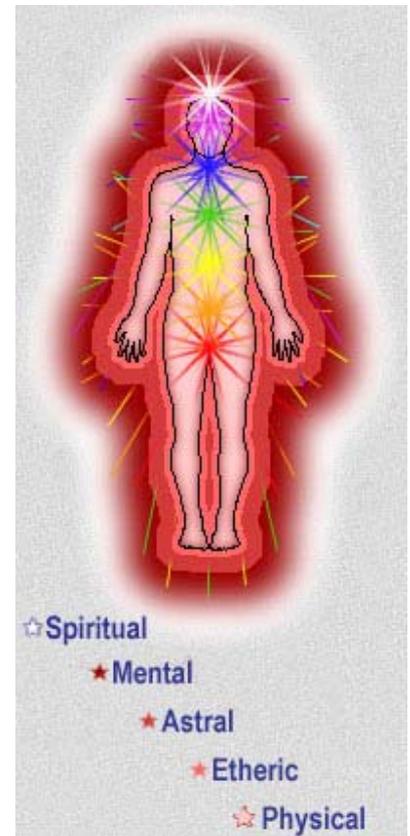
Our complete soul is a duplex soul, each half is complete within its self. Each half typically incarnates into a body of different sex, male half and female half. Eventually, the two halves will rejoin as one soul with two personalities and two spirit bodies. Now that is getting connected.

As we grow in love, we will lose our fear of lack. We will not need to horde as we now do. By sharing, those in impoverished conditions will be able to be supported. By such support, we will all benefit from the higher capabilities arriving from education and productivity being universally enhanced. Such productivity being based on sharing and not hoarding will achieve a world of abundance.

We do not need marinas around the world with pleasure craft that are seldom used. We may continue to enjoy pleasure craft by sharing. There will be many examples of this practice to ensure that resources are appropriately utilised.

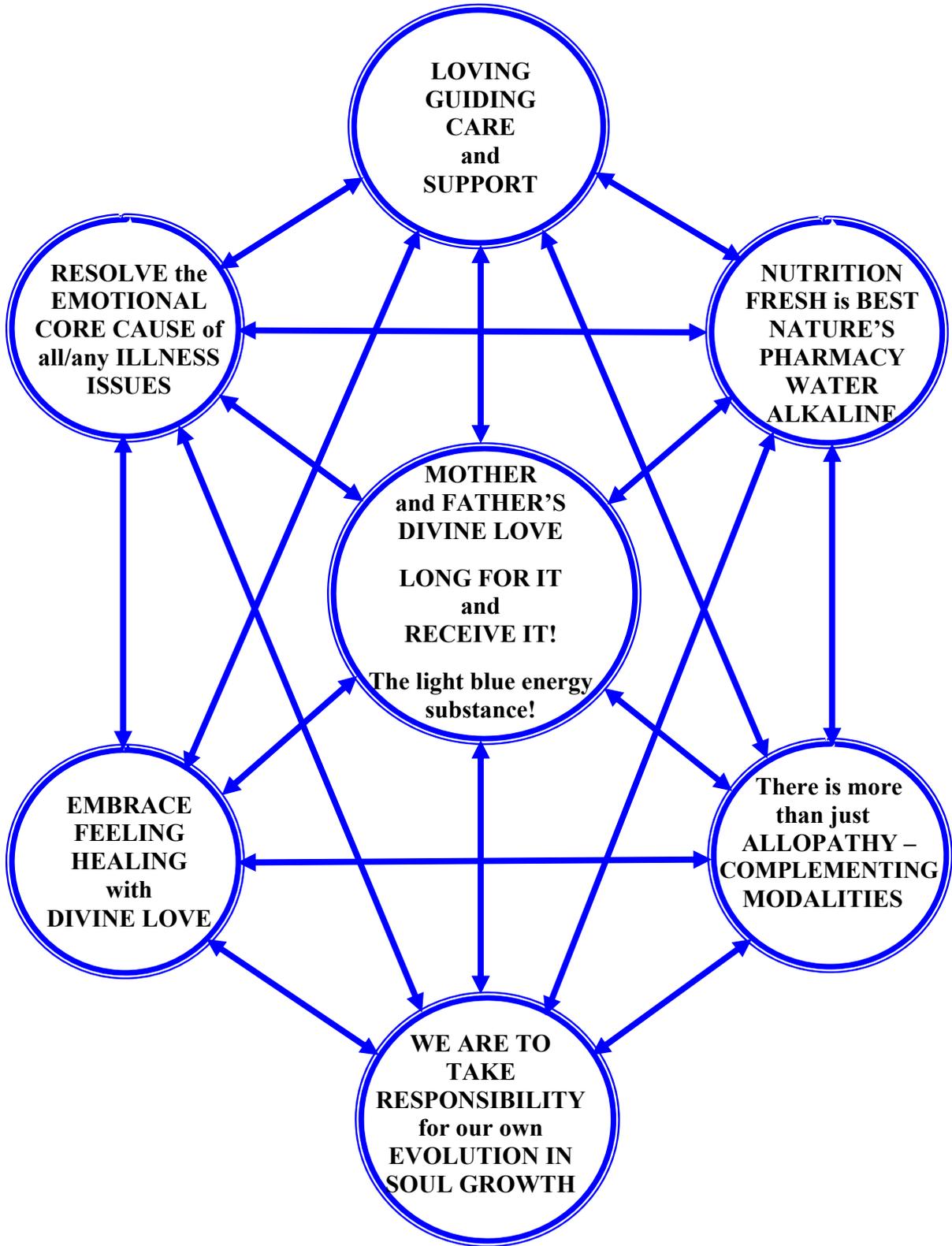
Thus, the interconnectivity of everything is highlighted by the issues of blocked negative emotions within our soul, which in turn results in issues in our spirit body, and then subsequently illnesses, sometimes decades later, emerging in our physical body. Education is the start of the process, being aware of emotional injuries leads to being able to release these blocked emotions. The damage caused by these emotional injuries can be increased by inappropriate and unloving diets. Further, the recovery of the body from illness is also assisted by an appropriate fresh nutritious diet. The release of the emotional injury is the greatest gift that you can give your body, thus leading the way to great health.

Everything within our environment is interconnected and our environment extends to the worlds that we cannot yet see.

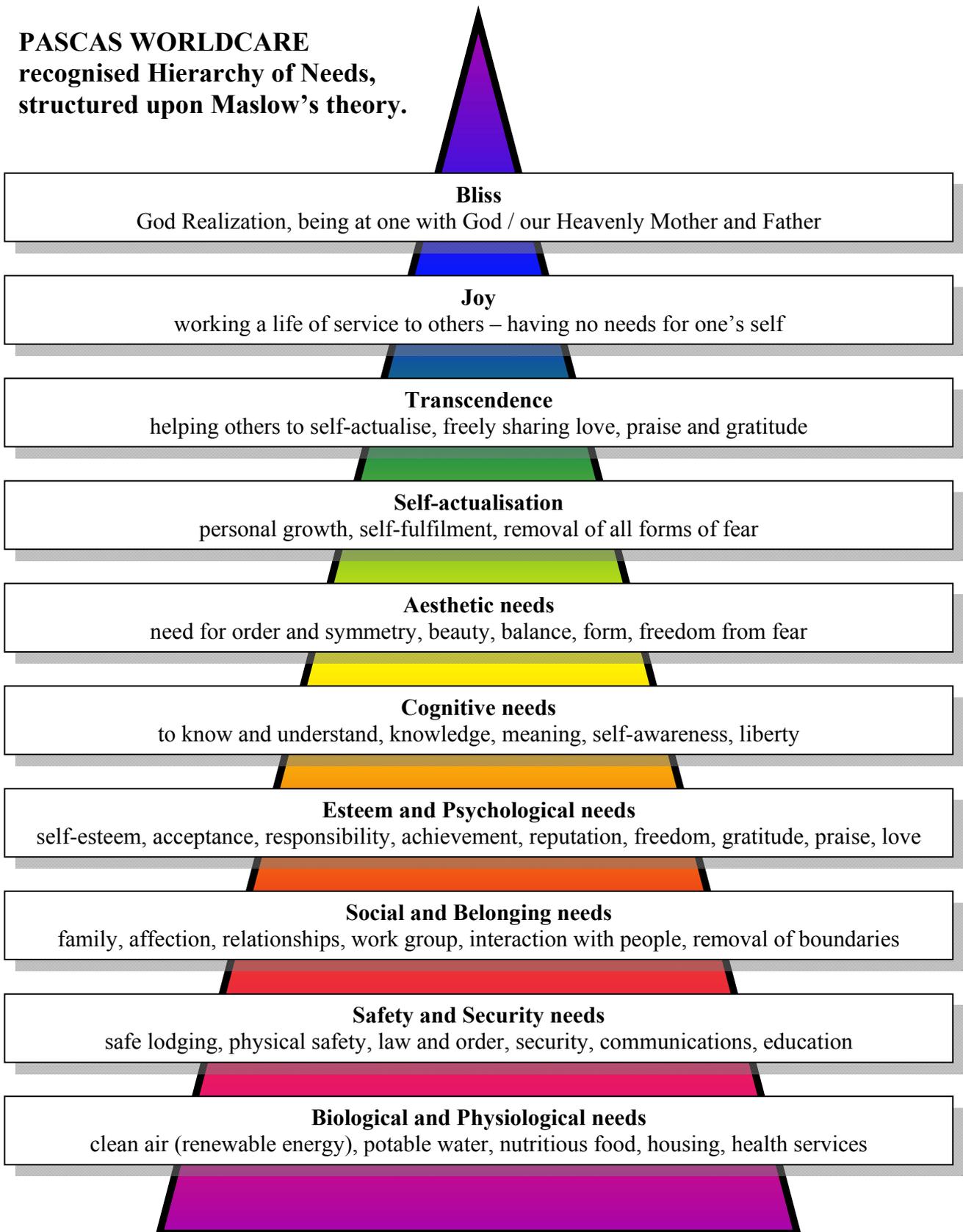


HEALTH and HEALING

EVERYTHING is INTERCONNECTED!



PASCAS WORLDCARE
recognised Hierarchy of Needs,
structured upon Maslow's theory.



Light of Truth of PASCAS

Throughout the evolution of Pascas, Pascas has been gently guided and supported by its Council of Elders from within the Celestial Heavens. All documentation, all concepts, all who have interacted with the forming of Pascas WorldCare and the various arms, have been in response to the guidance from our Celestial Council of Elders – from within the 3rd Celestial Heaven. Throughout the coming millennium, our Celestial friends will be guiding and assisting Pascas WorldCare.

COUNCIL of ELDERS

**Council of Elders
now around 20
soul-groups from
the 3rd Celestial
Heaven**



Communications between the Celestial Council of Elders and those within the physical administration of Pascas WorldCare will be via those who complete their Feeling Healing on Earth, as years go by.



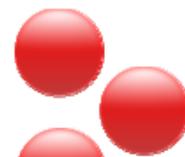
Avonal PAIR Oversight



The administration of Pascas may be also supported in their interconnectivity with our Celestial guidance through those within Pascas and its administration who are sensitive in their nature and are able to perceive guidance from our Celestial companions on this journey of delivering the Great U-Turn. It is through the nature of sensitivity that Celestial Spirits have interacted with Pascas during decades of formative years and the establishment of the foundations for Pascas for the next 1,000 years.

LIGHT OF TRUTH

Pascas as an entity, due to the contributions from our Celestial friends, is functioning within the 5th Divine Love Spirit Mansion worlds level. Further, the Pascas Papers that are designated as references for Feeling Healing and Divine Love are within the level of Truth of the highest of the Celestial Heavens. Pascas will be supported in this manner for the coming millennium.

-  Celestial Heavens 8, 9, 10 also referred to as 1, 2, 3 being at-one with Mother and Father.
-  Divine Love Spirit Mansion worlds, healing / crying worlds 3, 5, 7.
-  We all transition to Natural Love Spirit Mansion world 1, and typically go in the wrong direction to Natural Love Spirit Mansion worlds 2, 4, 6 and cannot go further!

Cause No Harm < to OTHERS
to MYSELF

Strive to love others as I am to love myself

To liberate one’s real self, one’s will, being one’s soul, is by embracing Feeling Healing so to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we’re feeling them, express them fully, all whilst longing for the truth they are to show us.

Divine Love
is the key!



God's Divine Love:

Pray for it, ask for it, and receive it.

Feeling Healing with
Divine Love is the key



to enter the
Celestial Heavens:



GEMS for ALL PEOPLE of all AGES to EMBRACE:

The GOLDEN AGE!

Cause No Harm < to OTHERS
to MYSELF

Strive to love others as I am to love myself

At any time, any where, and in any way you so please:

Approach our Heavenly Parents, in reverence, without fear or trepidation, just as we, as a child, approach our earthly parents knowing that open loving arms are extended to receive us at all times. As one's love grows for our Mother and Father in the Heavens, we come to know with absolute clarity and certainty that our Heavenly Parents, loves you and me and everyone in return, at all times, and that fear is an illusion created by man's mind.

God, who is our Heavenly Mother and Father, is almighty, all powerful, infinite, and all loving. The love of the Heavenly Parents for Their children, man, has been and is always infinite and ever present. As one's faith evolves, one's love for our Heavenly Parents will have no limit. As we grow in Their love, so will we grow in love for all of God's creations and our fellow man.

The Source Soul, our Heavenly Parents, simply desires for us to ask for Their Love.

God's Divine Love: Pray for it, ask for it, and receive it.

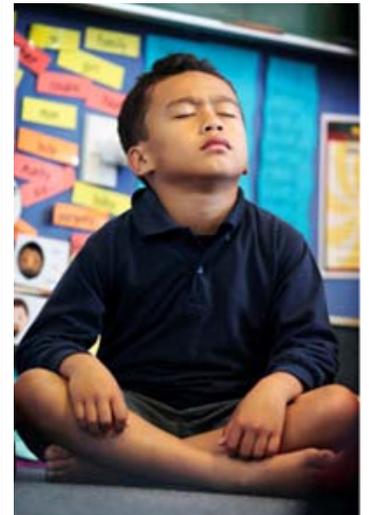
"I love you Father." "Let the Divine Love flow its energy into my soul."

"Mother Father, I desire your Love and I am loving you."

"Soul God, I love you and I love receiving and experiencing your Divine Love."

"True Soul God, I am here, I am aware of your Love. Please hear my aspiration for your Love and as I approach you from my soul, I can feel your Love in the way that you are loving my soul."

"Please Father and Mother, may I receive Your LOVE."



Maybe we could simply long for and ask:

Please, Father, I want some more of your Love!



MoC 1,471

WE ALL ARE BEING GUIDED HOME:

We need the Spirits of Truth of the Avonal Pair to Heal ourselves; then once Healed, (and for support (overshadowing) as well through your Healing), we need the Creator Pair, Mary Magdalene and Jesus’ Spirits of Truth to see us through the Celestial spheres, while at all times embracing our Heavenly Mother and Father.

Until Mary and Jesus died and liberated their Spirits of Truth, no one from any of the worlds could leave Nebadon, because no one knew the way to do so. Nebadon is our local universe containing some 3.8 million inhabited physical worlds and their associated spirit worlds.

When we embrace the truths Mary and Jesus are revealing, and start to do our Feeling Healing, or with Divine Love, Soul Healing, we are then freeing ourselves up from our parental and self control.

Thus our journey to Paradise, to the home of our Heavenly Parents, is of our choosing as to when we progress, however, there is only one way:

HUM: Humanity is to ascend. We are self contained. Our soul is always in truth and perfect at all times. **By living true to ourself, true to our feelings, we are living true to God. It’s that simple.**

We are to recognise that being engaged and dominated by our mind is the wrong way for us to evolve and grow in truth. We are to discard the mind enslavement that has been imposed upon as by all of our parents. We are to express our feelings, both good and bad and free ourselves of the indoctrination that humanity has embraced worldwide.

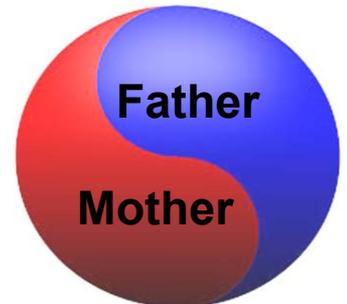
Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God’s soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of our Mother and Father.

AVO: We are to embrace the truths and guidance of the Avonal Pair through their Spirits of Truth. It is the Avonal Pair’s guidance that will lead us through our Feeling Healing, and with Divine Love, we will be able to ascend through the 7 mansion spirit worlds and enter the Celestial Heavens where we also interact with other world’s spirits.

J&M: We are also to embrace the truths and guidance of the Paradise Pair, Mary and Jesus, who will then lead us through the 3 Celestial Heavens that are aligned with Earth, and then further on through Nebadon where we will then depart beyond on towards Paradise.

M&F: Beyond the universal zone of Nebadon, we will be guided by our Heavenly Mother and Father onwards through the universes to Paradise where we will be welcomed by them, home for us all, as we are all Children of God.

GOD



M&F



J&M



AVO

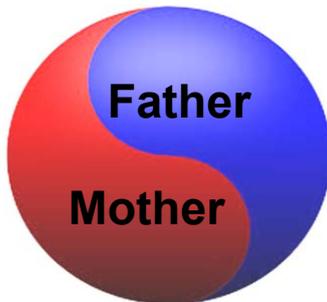


HUM

WE ARE Children of God

WE ALL ARE BEING GUIDED HOME – NOW, HOW TO COMMENCE THE JOURNEY:

GOD



M&F

For 200,000 years, we have been misled into embracing our mind’s distortion of wisdom and truth. All such traditional understandings only lead us in the wrong direction, from which we must turn back from. Our soul based feelings are always in truth. Our minds are to follow our soul based truths and feelings, not the other way round, as we have been brought up to embrace.

We are to connect with our deeper repressed feelings.
 We are to long for the truth of what we are feeling.
 We are to live true to our selves; by living true to our feelings.

Use your surface day-to-day feelings to connect with your deeper repressed feelings. Express your surface feelings and your deeper repressed feelings to uncover the truth of yourself.



J&M

We all have feelings which we communicate and share with each other. And we all have deeper buried and hidden repressed feelings. Feelings from our early childhood we felt, yet weren’t allowed to express. These feelings are still within us, waiting to have their say. These feelings, because they are repressed, cause us all our problems.

And as we look to uncover, bring out and accept these deeper feelings, so we’re taken into new ways of looking at ourselves, our feelings, and our life. We’re setting ourselves free of the controlling patterns that govern our unloving behaviour.

In this way, we progressively begin to express the personality that our Heavenly Mother and Father gave us, not the one imposed upon us by our physical parents and carers. We are to be our true and real selves.

By living true to ourself, true to our feelings, we are living true to God. It’s that simple.



AVO



HUM

As we, humanity, long for the truth of our feelings, we can also be assisted by the Spirits of Truth of the Avonal Pair who are our spiritual teachers for Earth over this coming 1,000 years, to assist us through the Great U-Turn, away from mind dominance to being soul based feeling lead. They will assist us through the seven levels of the spirit mansion worlds.

Then the Creator Pair, Jesus and Mary, will lead us through Nebadon and into the greater universe. Then our Heavenly Mother and Father lead us home to Paradise.

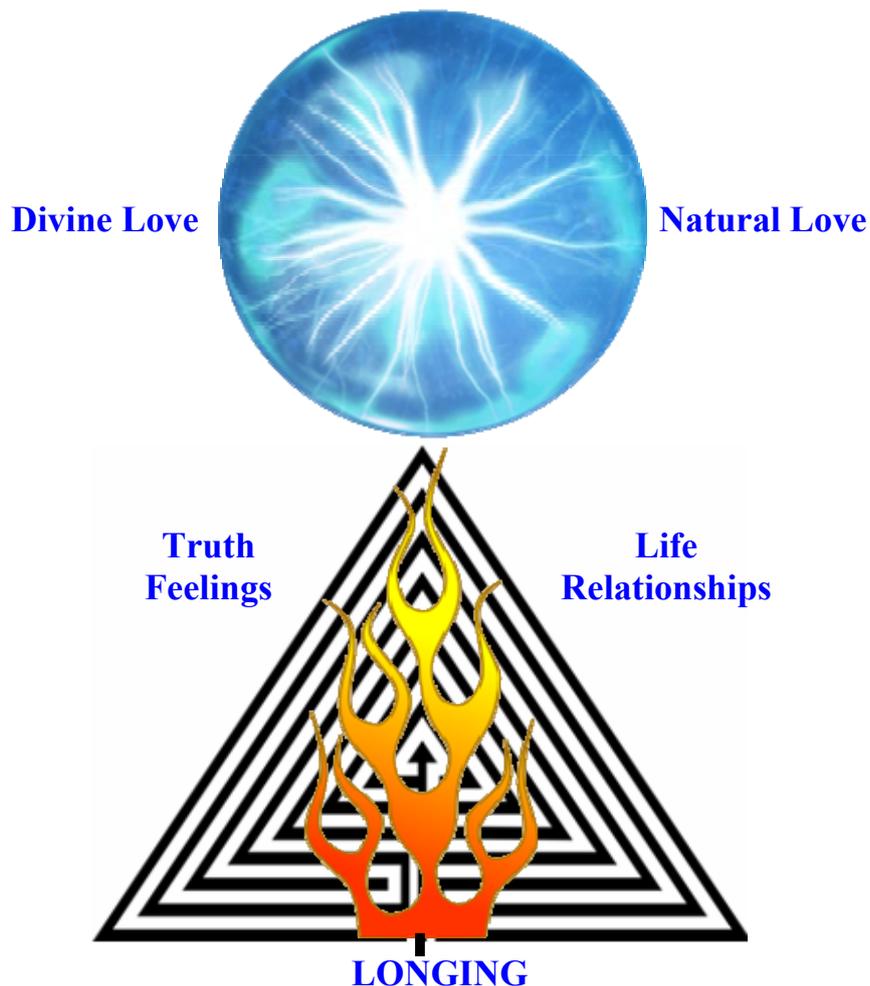
Collectively, should we embrace them all, as we are to, then our pathway home is a journey in the hands of the Spirits of Truth of the Avonal and Paradise Pairs overseen by our Heavenly Parents.

WE ARE Children of God

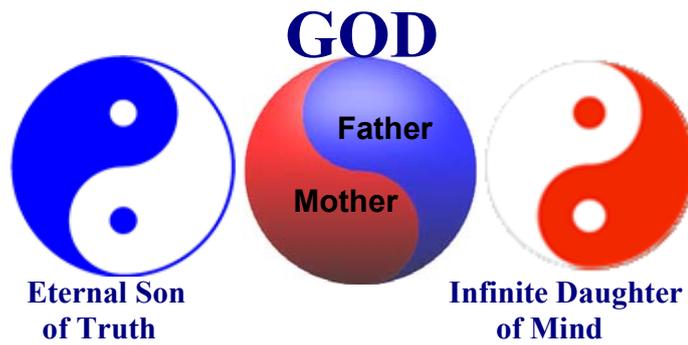
HOW TO GET TO PARADISE:

Long for the Divine Love
 Long for the Truth
 Long for the truth of your feelings
 Don't deny any feelings: accept, express and want to know the truth of them
 Know your feelings are the key; your feelings are the Way
 Want to end your falseness and being untrue
 Want to understand the truth of your early life
 Use your surface feelings to move deeper into yourself, bringing up your repressed feelings
 Want and long to know the whole truth of yourself
 Want to do it all with God, your Heavenly Mother and Father – long to Them for help.

The Keys



Our longing drives our life. We long with feelings. We can wish for things using our mind, yet long for things with our heart. These things in the pyramid are what to long for. Longing for them, when the longing comes naturally. Longing because you feel you really want them. Long to be true with all your heart. Long to live true to your feelings. Long to understand the whole truth of yourself.



PARADISE TRINITY:

1. **Our MOTHER and FATHER (God) (MF) – Divine Love**
SOUL (God) – One SOUL that is expressing its two PERSONALITIES, our Heavenly Mother and Heavenly Father (Soulmates)
2. **ETERNAL SON (ES) – Divine Truth**
3. **INFINITE DAUGHTER (ID) – Divine Mind**

Then: The Second and Third Persons of the Paradise Trinity (ES and ID) are stepped down to the local universe trinity (Mary and Jesus, Divine Minister (DM), and her Holy Spirit.

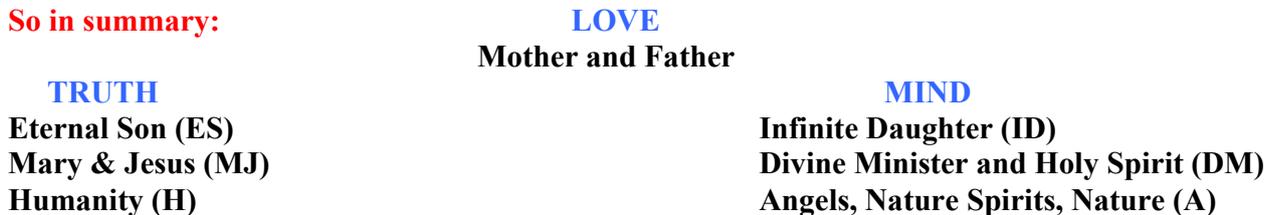
The LOCAL UNIVERSE TRINITY:

1. **MARY M and JESUS (MF) – Love – the Living Truth**
2. **DIVINE MINISTER (ID) – Mind (and her Holy Spirit)**
3. **HUMANITY – Natural love, sons and Daughters – Truth, and our Angels – Mind**

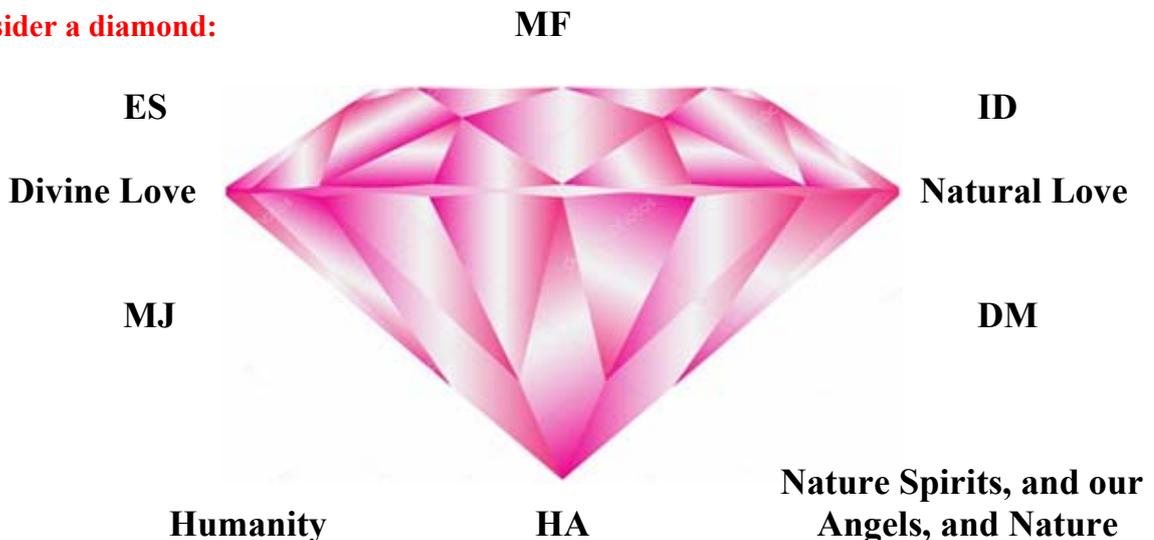
PLANETS that engage in REBELLION:

1. **AVONAL SOULMATE PAIR – the Feeling Healing process – incarnate**
2. **DAYNAL – TEACHER PAIRS – they do not incarnate**

So in summary:



Consider a diamond:



Mother and Father Heavenly Parents

Creator Son & Daughter
Jesus and Mary

Avonals
as soulmate pairs

Trinity Teachers
as soulmate pairs

Melchizediks – who have taken over from the Caligastians and Daligastians being also all as soulmate pairs.

Mortal Souls – human beings who individualise on Earth, then progress through the Mansion Spirit Worlds, then into the Celestial Heavens, and beyond.

Mortal Souls – also being ascending spirits, upon completing their Soul Healing, join with their soulmate, then join their soul group of 24 mortal spirits, being 12 soul pairs. It is only as a soulgroup that anyone can progress beyond Nebadon.

The Paradise Pairs are all ONLY concerned with the SPIRITUAL wellbeing and upliftment of the planets and local universe. Currently to do with Earth:

Mary and Jesus – spiritual wellbeing and upliftment of the whole of Nebadon region.

Avonal Pair – Daynal pairs (Trinity Teacher Daughters and Sons) – Spiritual wellbeing and upliftment of individual planets and their associated mansion worlds.

The Local universal Sons and Daughters are all about the running of the worlds under their jurisdiction, and ensuring the higher spiritual elements can be employed, or sent astray, as in our cases through the Rebellion and Default.

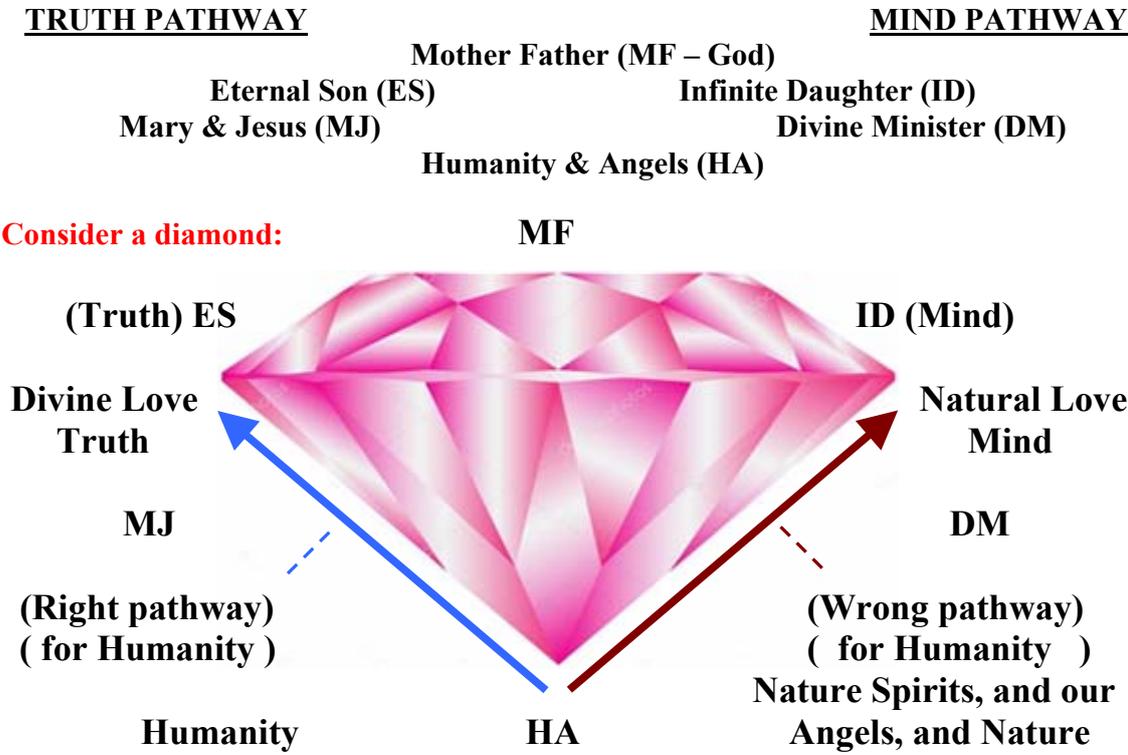
Lanonandeks – Melchizedeks (and others, such as Life Carriers and Eve and Adam).

As the Lanonandeks all rebelled – the Lucifers, Satans, Caligastias and Daligastias soulmate pairs – so the Melchizedeks have taken over their roles, as well as doing their own.

So the Melchizedeks are the governors, overseers, the administrators and advisors and so on for Earth; they are the ‘controllers’, and they will instigate all that needs to be done to do with the ending of the Rebellion and Default. And they will enlist the willing help of ascending mortal pairs, so the mortal Celestials spirits (soulmates when available, and others waiting to unite with their partner), and at times mortal spirits in the Divine Love Healing mansion worlds. And the angels help all of us.

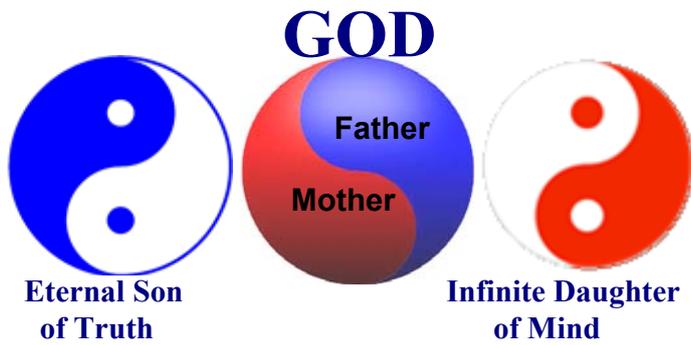
Currently the whole of Creation exists for the ascension of mortal souls from their earth planets to Paradise. It’s all one vast Grand Ascension Scheme. With all the higher and lower spiritual Daughters and Sons, together with all the many different angels and other universal spirit personalities, and even including nature and our very own pets, assisting women and men with their Ascension Journey. It being: and Ascension of Truth. Everything we do is done to help us grow in truth. (Only everything we do in our negative state is to deny ourselves our truth from our feelings, which is why we have to do our Healing.) All women and men are ascending (or growing) in truth through their experiences. And as we grow in truth by looking to our feelings to show us that truth, so we’re ascending, moving inwards and upwards through all the worlds and spheres of the Grand Universe to one day arrive on Paradise and meet our Heavenly Parents. God is providing us, Their children, with this spiritual journey called our Ascension of Truth. And by living true to our feelings, so we are progressing on our true Spiritual Path – our Ascension Path.

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God’s soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.



Humanity is to pursue the pathway for Truth through one’s soul based feelings, this is the right pathway. However, humanity commences its journey founded on natural love, which we now know is to be perfected through one’s Feeling Healing process and then made divine through asking for and receiving our Heavenly Parents’ Divine Love.

For 200,000 years, **humanity** has pursued the pathway of the Mind, being that of the brain, this is the wrong pathway. The Mind is the pathway for Angels and that of all of Nature.



CREATION of SOUL and SPIRIT:

God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one’s feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.



Feeling Pathway

The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves enabling the union with our soulmate, as we progress in truth up through the mansion worlds, celestial heavens and all the way to Paradise.



Soulmate Pair



Angel



Spirit Person



Nature Spirit

The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit mansion worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective



Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.

WE EACH have a Nature Spirit pair, Spirit Guide pair, and an Angelic Pair:

For those doing their Healing or are interested in doing it will from that time have their own personal angels, spirit guides and nature spirits with them, with whom they are to develop their own relationships should they want to. It is not about ‘sharing’ the same angels or guides or nature spirits, it is about you relating specifically to your ‘own’ ones because they are provided for YOU. It’s all for you, to maximise the experiences we each need.



We are all to have our own pure relationships. And it’s the same of course in life with your friends, however over there, in spirit, dealing with Nature Spirits, Spirit Guides, and Angels, it’s more personal and private and ‘JUST FOR YOU’. So we have our own separate, unique relationships.

For example, Nature Spirit Verna has been assigned to be specifically and only with James, and she ain’t going to be assigned to anyone else, so she won’t be sharing herself around.

This is SO IMPORTANT to understand so that in future there won’t be all these people claiming to be speaking with Verna or Mary Magdalene or Jesus or Nanna Beth or anyone else who is part of it all in such capacity. Mary M and Jesus have spoken with James as they have, making it quite clear he is all they are speaking with.

We each have a band of a Nature Spirit pair, Spirit Guide pair, and an Angelic pair, each pair being in their soulmate relationship. Even though we are ascending mortals having a soulmate, even our soulmate has his or her own group of six personalities assisting him or her. Our assigned Nature Spirits do not continue with us into spirit, our Spirit Guides may for a time assist upon entry to the spirit mansion worlds, however, our Angelic pair continue with us for eternity.



Feelings!
first



On the WINGS of a BUTTERFLY: No 12, Traveller, an immortal journey, via Zara and Nicholas

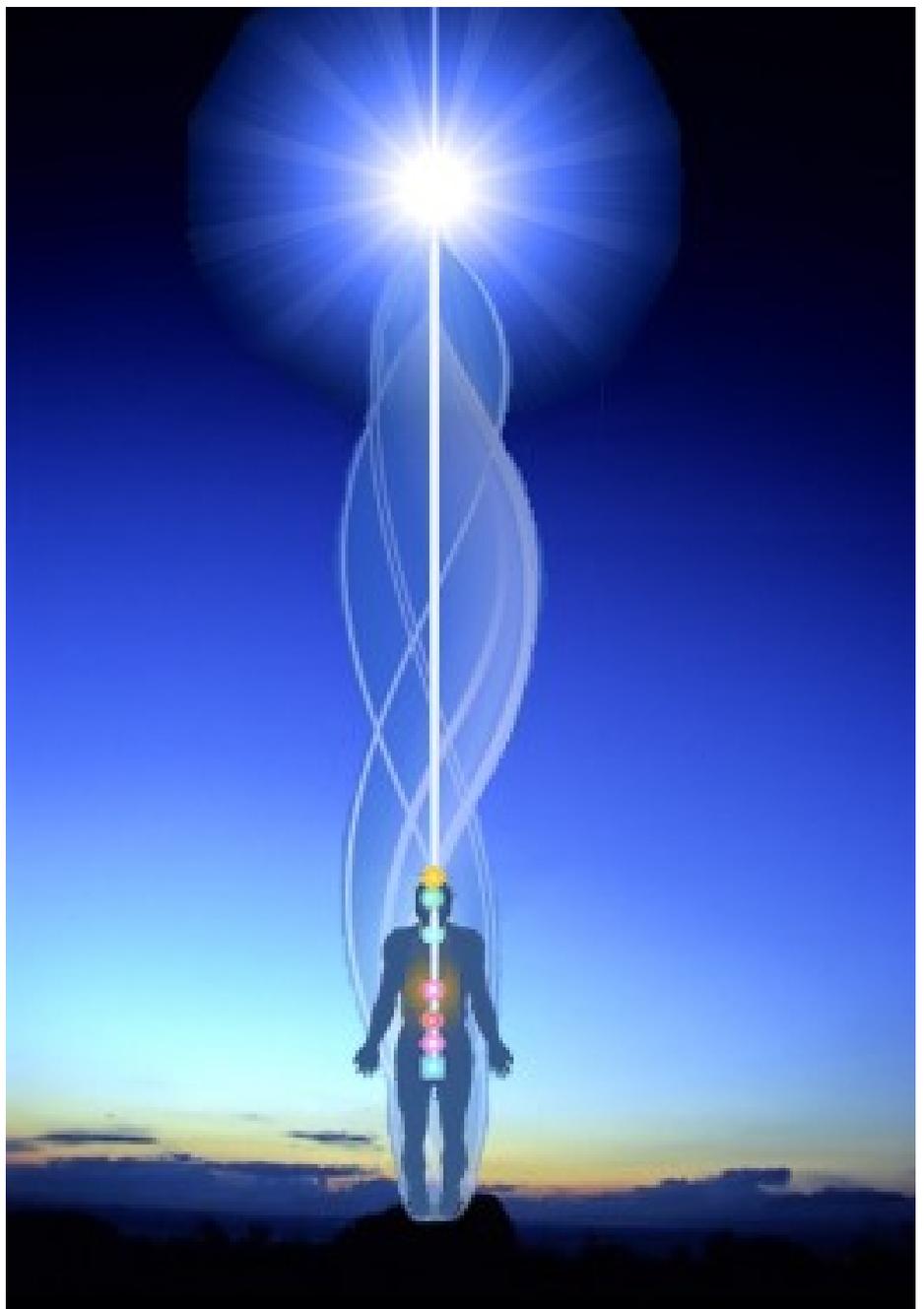
Once upon a time there was a butterfly sitting with closed wings in a person's heart. This butterfly had been sitting with wings closed for a long time. The person couldn't figure out why they always felt a little sad. One day, this person asked another person why they feel sad. The response happened quickly and the person didn't like the response. It was said that perhaps your soul is sad. Several days passed and soon that person found themselves sitting by the sea. The sea has great longing to it. As the sun shone on a late spring day, the person thought about their soul and that perhaps, the person's remark was true, and that this person was a messenger of some sort. Suddenly a breeze swept through the beach and the person heard a distinct voice speak directly to him! The voice said, "Let your soul breathe in Divine Love." That was all the voice said.

The person didn't know what the Divine Love was or where it was, but now the sadness had greater longing so the person decided to breathe in the Divine Love and just like that – the closed wings of the butterfly opened and the person's sadness started to dissolve.

Happiness will be mine the person thought upon feeling the Love and this will take time for me to learn how to live such happiness.

Never again, in the heart of that person, did the butterfly close its wings.

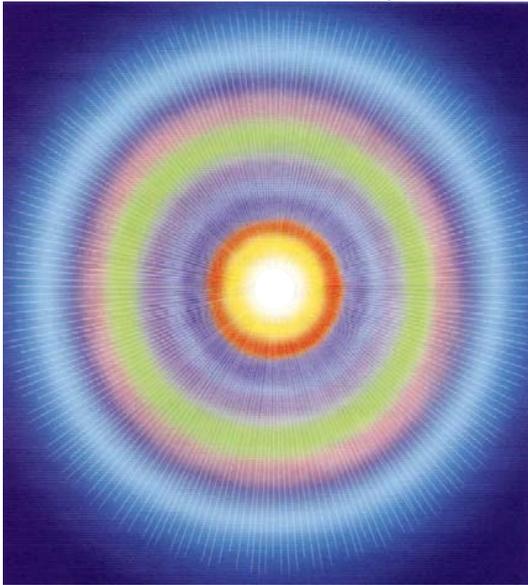
Traveller



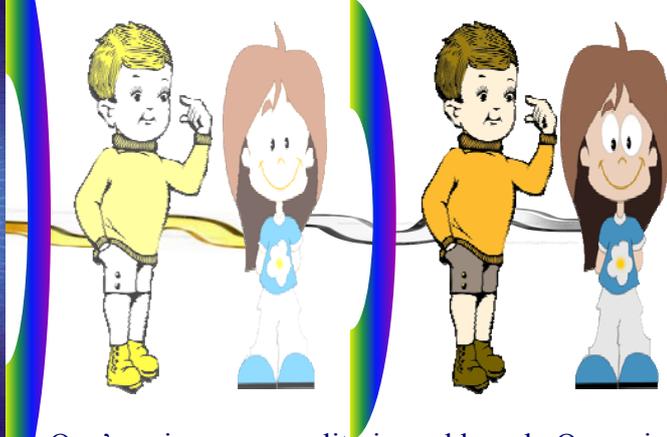
DIMENSIONS of ONE'S EXISTENCE:

Our SOUL IS NOT ENSOULD IN OUR SPIRIT BODY. Our soul exists existentially in a whole different level or plane or place or dimension of being – ‘soul land’. It doesn't exist in Creation, it's not experiential like Creation is. The soul, all souls, help create their part of Creation by expressing their personalities into Creation, and then by having their personalities do things (further create) in Creation.

SOUL exists existentially



Our Physical Body and our Spirit Body are of Creation, being linked together by cords of light as are the two spirit bodies, male and female, to the one Soul.



One's unique personality is soul based. Our unique soul expresses its unique personality through the two spirit bodies and physical bodies expressing both the male and female aspects.

P E R S O N A L I T Y

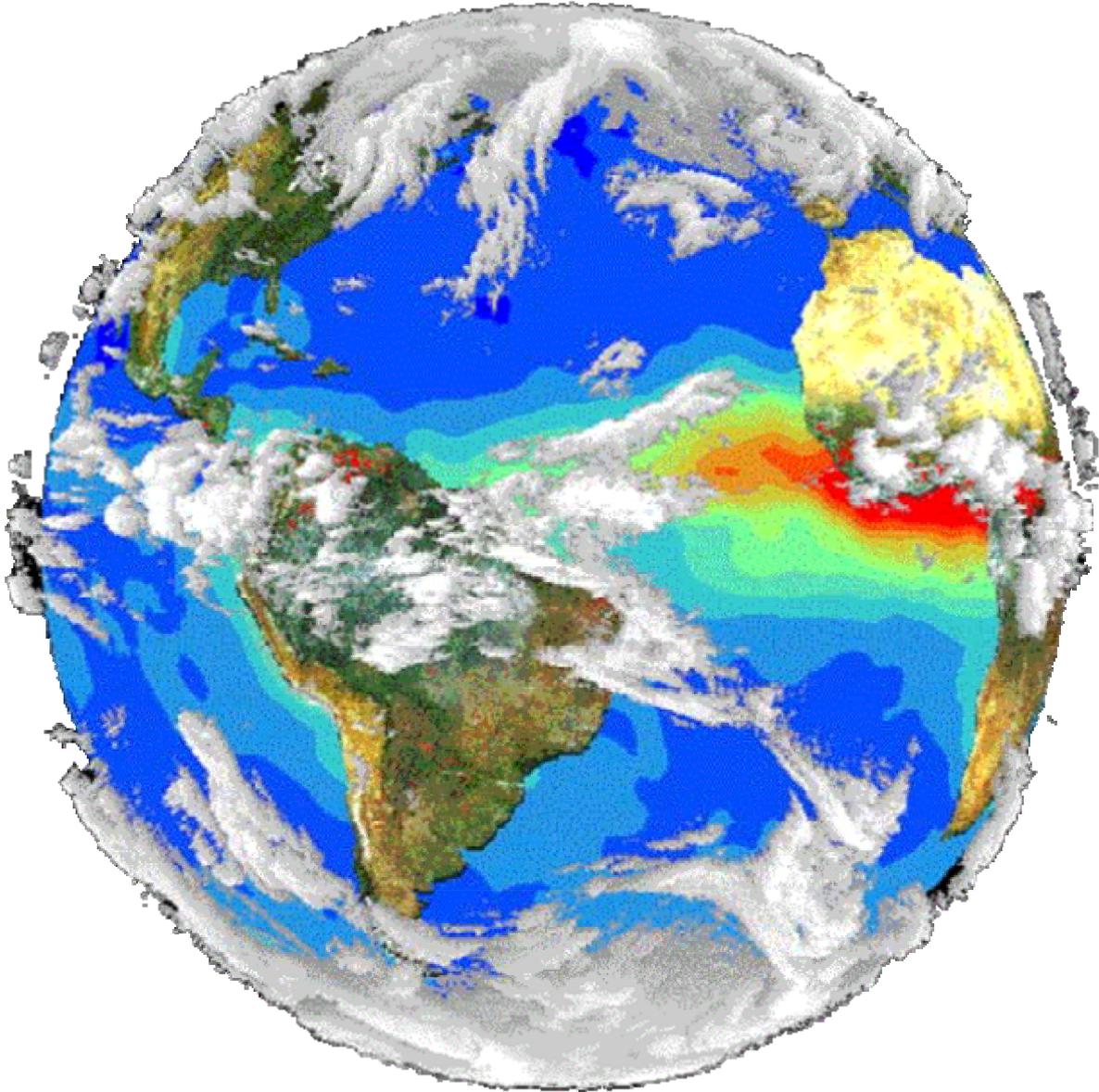


Our soul is our real self.



SOUL  **SPIRIT BODY**  **PHYSICAL BODY**

Our soul connects with one's spirit body which inturn connects with the physical body.



Our earth, our home is such a beautiful wonderful place! Enjoy.