

PASCAS CARE

Feeling Healing

Perfect State



“Peace And Spirit Creating Alternate Solutions”

PASCAS FOUNDATION (Aust) Ltd
ABN 23 133 271 593

Em: info@pascasworldcare.com
Em: info@pascashealth.com

Queensland, Australia

Pascas Foundation is a not for profit organisation

www.pascasworldcare.com www.pascashealth.com

PASCAS INTRODUCTION:

Documents assembled by Pascas are provided for your individual assessment and exploration. The contents are sourced from a variety of avenues and publications. Every endeavour is made to determine that the contents are of the highest level of truth and veracity. At all times we ask that you go within yourself, to ascertain for yourself, how the contents resonate with you.

Pascas provides these notes and observations to assist us all in the development and growth of our own pathways and consciousness. Pascas does not hold these contents as dogma. Pascas is about looking within oneself. Much of what we are observing is new to us readers and thus, we consider that you will take on board that which resonates with you, investigate further those items of interest, and discard that which does not feel appropriate to you.

Kinesiological muscle testing, as developed by Dr David R Hawkins and quantified by his Map of Consciousness (MOC) table, has been used to ascertain the possible level of truth of documents. Such tested calibration levels appear within the document. We ask that you consider testing same for yourself. The technique and process is outlined within Pascas documents, such as Pascas Health – Energy Level of Food. From each person’s perspective, results may vary somewhat. The calibration is offered as a guide only and just another tool to assist in considering the possibilities. As a contrast, consider using this technique to test the level of truth of your local daily newspaper.

Contents are not to be interpreted as an independent guide to self-healing. The information sourced herein is not from a doctor or doctors, and any information provided in this document should not be in lieu of consultation with your physician, doctor, or other health care professional. Pascas, nor anyone associated with this document, does not assume any responsibility whatsoever for the results of any application or use of any process, technique, compound or potion as described within this document.

The sources of contents are noted throughout the document. In doing so, we acknowledge the importance of these sources and encourage our readers to consider further these sources. Should we have infringed upon a copyright pertaining to content, graphics and or pictures, we apologise. In such cases, we will endeavour to make the appropriate notations within the documents that we have assembled as a service via our not for profit arm, to our interested community.

We offer all contents in love and with the fullness of grace, which is intended to flow to readers who join us upon this fascinating journey throughout this incredible changing era we are all experiencing.

Aspiring to Living Feelings First, *John.*



“Never can one man do more for another man than by making it known of the availability of the Feeling Healing process and Divine Love.” JD

Speaking with Mary Magdalene and Jesus

Notes from Messages 108 to 138 March to May 2014

Book 4b via James Moncrief

123. Asking Jesus for the Holy Spirit... 9 March 2014

Should someone want to sincerely grow in truth, the truth of themselves, nature and God, and do so through their feelings, then they will also have to readily embrace both Jesus and Mary so as to accept help from their Spirits of Truth, and look to God as being both their Mother and Father.

Both Mary of Magdalene and Jesus of Nazareth were born free of sin. They are soulmates / soul partners. That is, they are the two parts of the same soul. Each of us has a soulmate, the other half always being of the opposite sex to the other.

Yes, bringing in the full feminine aspect of truth so Mary's and Jesus' Spirits of Truth can work together as one for each of us, so we can then move to embracing God as both our Heavenly Parents.



If one opens oneself up longing for the Divine Love and believing the things now said to you, no mind spirits will be drawn to you, they won't even know of your existence because you'll be moving toward doing your healing and ending your rebellion and your mind's control over your feelings, all the very opposite of what the mind spirits, from the natural love spirit worlds, are still trying to do. And you'll be attended to by your Celestial band for added 'protection', not that you'll actually need any protecting, your intention and inner focus keeping you safe and well away and separate from such meddling mind spirits.

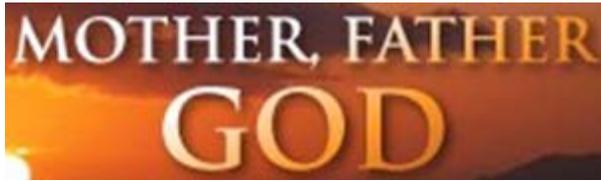
This is in contrast to those 'Divine Love people' who are longing for and receiving the Divine Love yet aren't wanting to do their healing, and who still seem to hold onto much untruth and erroneous beliefs, they are not protected from the mind spirits by their Celestial bands.

They will still be attended to by Celestials however they will also have attending mind spirits with them as they are still living with one foot in each camp. They have not fully crossed the line, that happening were they to begin their soul-healing with the Divine Love; so until such time, the Celestials will stay more in the background allowing the mind spirits to be in attendance. So that's why some of what's said in such people's messages from the spirits is not true, why it's still full of errors and untruth.

So what do the Celestials do with such people – how much involvement do they have with them?

Not much, it all depending on the person's level of truth and where they are in their soul's ascension and evil expression. If they are moving toward embracing their feelings, when they feel bad the Celestials will try to help them feel that it's right to be moving in that direction, however they can't prevent the mind spirits from trying to help them further deny their bad feelings, even by encouraging them to long for the Divine Love more.

But do these mind spirits understand what the Love is and about why one should long for it, as they aren't longing for it?



God is God, who is our Heavenly Mother and Father, being SoulMates. There is only one Soul that is God's Soul, that being the Soul of our Mother and Father. Our Heavenly Parents are the First Soulmates; The Two Who Are One who have brought us all into being.

Jesus and Mary are a son and daughter of God.



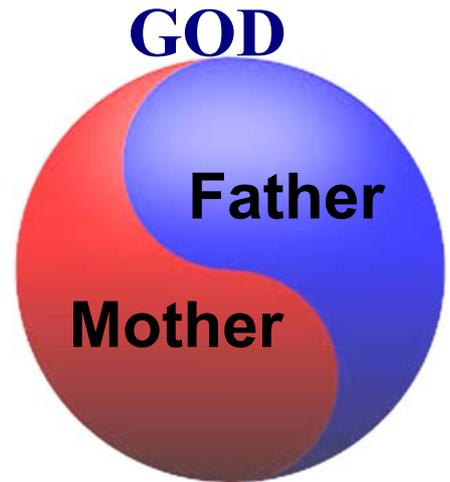
Jesus of Nazareth and Mary of Magdalene, being soulmates / soul partners, where both free of sin. Jesus and Mary, combined in their love for us, are our teachers and guidance for us to find our way home to our Heavenly Parents. To start this journey we are to liberate our souls from being entombed within our suppressive minds, through feeling and longing for the truth of our feelings via our soul and peel away our injuries incurred since conception.

Give yourself time to consolidate your relationship with our Heavenly Parents through the partaking of Their Love. And whilst you are doing this, you can learn about your healing, all that's involved with it, as there are many willing spirits to share their healing experiences with you.

When you are ready, it will start happening simply because you will want it to, it all being orchestrated by your soul. And when that time comes you will have developed a strong foundation in your relationship with the Father and Mother for you to work from. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

It is to make longing for God's Love the priority, and then do one's healing; should one want to include God and the Divine Love in one's feeling healing. This is doing your soul-healing as you are seeking to heal your soul of all evilness – of that which made you become evil, and release all the hurt and pain of not being fully and truly loved.

WE ARE Children of God



No, they don't understand but that doesn't matter for they still see that it's something that helps the person to keep being distracted from their bad feelings, it helping to make them feel good, so whatever, if that's your 'thing', then they can work with that.

Does everyone have attending spirits with them, mind Mansion World spirits or Celestial spirits?

Yes, however to more or less degrees. If you are not trying to attune with spirit, not displaying any psychic abilities so not even being able to receive mental impressions from spirits you will still have self-appointed mind spirits 'looking after you' however mostly from afar. If you are open to more involvement with them, consciously or unconsciously, then they will move closer to you and do whatever they can to 'help' you. The Celestials will only come to you if you're moving toward embracing the James Padgett material or the work James Moncrief – that being, the healing of yourself through your ongoing feeling acceptance with the ultimate aim of embracing your ascension of truth by living true to yourself and all you feel. They won't just attend everyone who wants to undergo some trauma therapy through feeling acceptance and expression. There needs to be a spiritual and so truth revealing element to it for them to be drawn to you. And so provided people have that, if they don't want to include the Divine Love, but embrace their feeling-healing, then Celestials will attend them too.

So they will help people doing their feeling-healing and soul-healing?

Yes, because such people are setting out to grow in truth through their feelings, and are more than just wishing to heal some of their problems, pain and trauma, all so they can then get back into their feeling- and truth-denying lives like so many people want to do who do some healing work or undergo some therapy of one sort or another. If you are sincerely wanting to end your rebellion and evilness, and taking steps to do so, then you'll have a band of Celestials appointed to help you. And that help will vary depending on your intention – how far you want to go. And as you won't know at the time how far you do want to go, they will know having been informed about you and your spiritual aspirations, current and future, so will know how much involvement with you they will have.

Many Celestial groups help a lot of people at once, such people who are only going to take small steps in their truth growth. Then on the other end you have Celestial groups only helping a couple of people or even one person depending on the demands and requirements of that person. James Moncrief has many Celestial groups who interact with you from time to time. James and Marion allowing the Celestials to gain experience with the way they are doing their healing so they then can help others who come under their charge.

Is it one main permanent Celestial group working with a person?

No, they rotate. James and Marion have twelve groups in attendance with them, but at any given time only one group of twelve soul-pairs is with them each, it all depending on the work each is doing on them selves.

Will other people also have more than one group with them?

Yes, those people who will be able to ascend in truth and heal a lot of their childhood repression, even do all their healing. Such people afford valuable learning experience to the Celestials so they can pass on their knowledge and experience to other Celestial groups. It's one thing for them to have done their own healing in the Divine Love spirit Mansion Worlds, but to witness it being done in the physical, although there are some parallels, is still something very different, so needs to be fully understood. The

Celestials are schooled by the Melchizedeks about them, but like everything, it's still not the same as experiencing it in real life.

So a lot of training goes into being part of a Celestial group that helps people on Earth who are doing their healing?

Yes. It's quite an 'occupation' with a vast amount of experience on offer to such Celestial spirits, all of which helps them to further put their own healing into perspective. And as people are only now beginning to actively do their healing in the physical, so it's a very intense and interesting time for them, with what they learn being readily discussed and passed on to all who are interested in such things. Many of them have been in training for a long time and are only now just starting to put what they've trained for into practice. It's a very exciting time for them and will only become more so as more people embark upon their healing.

Is there anything that people doing their healing can do to make it easier for the Celestials to work with them? Does longing for their help do anything?

It doesn't affect them, but if that's what you feel you want to do, then it's good for you to express such feelings. The Celestials are all appointed well in advance to be with you, having 'been with you' from conception. So they are well versed in all that you are, knowing all that you've done, and with a reasonably good idea of where you'll be going. So all you need to know is once you've started your healing they will be there right by your side in every step you take irrespective of whether or not you ever acknowledge them – speak with them, say a prayer of thanks to them. It's for some groups to work for their 'persons' whole healing without the person ever readily acknowledging them, not even knowing they are with them. And then there are groups who are going to be very active on an ongoing daily basis with their person or persons on Earth. And both extremes and all in between and offer the Celestial spirits a huge amount of experience of which they love every moment.

So if people want to ask them to be close to them, say just in life or in prayer and meditation, then the person should do what they feel, but the Celestials will be with them anyway?

Yes. But as you understand now, it's all about you expressing yourself, so ALL your thoughts and feelings – all good and bad ones; so even if you know the Celestials are with you, but still you want to ask them to be close to you, then do so, and at the same time with the intention of expressing all your feelings as to why you feel you want them close, and how does having them close to you make you feel, all whilst longing for the truth of such feelings. Always be working with your feelings in all that you do. Your Celestial helpers are not with you just to help you gain information about yourself, even as to why you might be feeling bad, or information about anything else. They are there to support you in your feeling acceptance and ongoing expression.

124. A conversation with Sir John Templeton.

Friday, 21 March 2014

Sir John?

Born: November 29, 1912 Died: July 8, 2008

I doubt anyone in the markets reading this would believe it was me, Sir John Templeton speaking to you James. However they too will understand when their times come should they want to know about such things.

When they begin their spirit lives?

SPIRIT MIND MANSION WORLDS are numbered 1 to 7:

To PARADISE, the HOME of OUR HEAVENLY PARENTS

Spirit Mansion Worlds are those 1 – 7. They with the Celestial Heaven spheres numbered 8, 9, 10 as well as the 3 Spheres of Disharmony are all within the Earth’s environment, and rather close by. Each sphere can accommodate more than 100 times the people than Earth may do.

Progression from the top Celestial Heaven sphere is to the Eternal Spheres, Infinite and Universal and further onwards to Paradise.

Celestial Heaven spheres 8, 9, 10 are often referred to as 1, 2, and 3 of Celestial Heaven.



Natural Love sphere progression stops at sphere 6. With only the natural love, progression is through spheres 1, 2, 4, and 6 only.

Divine Love perfects one’s natural love soul through the progression via spirit world spheres 3, 5, and 7. Soul-Healing and At-onement is achieved through the progression into sphere 8 which is the first of the Celestial Heaven spheres namely 8, 9, and 10.

One can embrace Divine Love at any time and move to DL sphere 3 and continue.

The Divine Love spheres 3, 5, 7, 8, 9, and 10 were opened by Jesus.

On death of the physical body we all arrive in the 1st Natural Love sphere.

Earth is for the individualisation of souls being the commencements of one’s journey home toward the Source Soul.

The 2 Planes of Disharmony are the hells. While one desires to cause harm to others, isolation is applied. Once the Law of Compensation is completed then one can then progress and return to the 1st Natural Love sphere and continue in their progression onto higher spheres.

The Pre-Incarnational Sphere is the waiting area for souls to be individualised / incarnated.

There are seven Earth planes around Earth, which are separate from the Mansion Worlds, but we only have access to two of them, which include the ‘hells’. Each of the Mansion Worlds also have their own seven planes ‘around’ them.

Note: The 1st Divine Love Sphere and the 1st Sphere of Disharmony may simply be planes within the 1st Natural Love Spirit World.

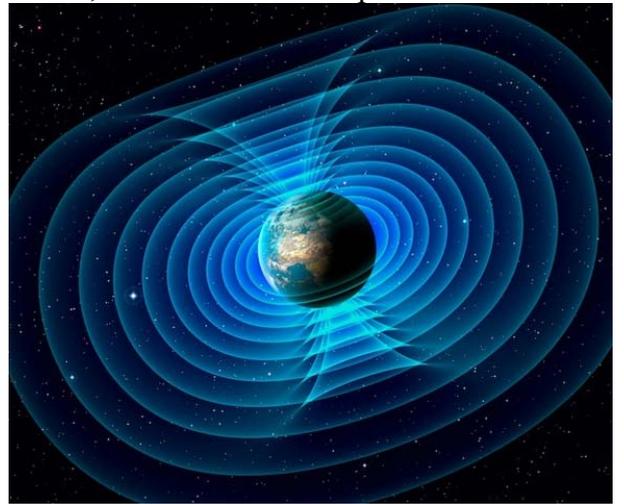
Infographics and diagrams have been added by Pascas.

MANSION WORLD, PLANES, SUB-PLANES:

by James Moncrief

There are actually 7 EARTH planes that ‘surround’ Earth. They are called Earth-planes because they use the same physical structure of Earth, they are just higher dimensions of Earth, if you like. Planes 1 and 2 are for us to use and where most people go astral travelling because we can trip around Earth seeing the scenes or become a lost soul trapped in a house being a ghost and that sort of thing. We can go to an Earth pub and sit and ‘drink’ as a spirit alongside flesh people who can’t see you. The other planes are off limits for us, one used by nature spirits, another is where our angels reside whilst attending to us, another where higher spirits can come and ‘be close to us’.

Then come the 7 Mansion Worlds, separate individual worlds in their own right so with their own unique landscapes, each also with 7 planes around them which we, as spirits, don’t have access to. And yes, within the first Mansion World, the lower sectors, or ‘planes’ within that world, and apparently they have many sectors and subsectors and sub sub again times 7, play host to the real hell sectors or ‘planes’. The hells are in sectors or planes within the 1st Mansion World, with the two Earth planes available for spirits to live in, being also collectively called ‘hells’ because most spirits within them are ‘screwed up’, not even aware they are dead, lost, still living as if they are in the flesh. It all gets a bit confusing.



So in conclusion according to what I’ve been told, there would be 2 Earth planes of disharmony and sectors or ‘planes’ of the first Mansion World that host the ‘hells’. Also, which is again more semantics rather than anything else, and my own personal taste, but I prefer to call the Mansion Worlds – worlds, and the Celestial spheres – spheres, just so avoid confusion between spheres and worlds, even though they are really the same. To me calling the Celestial spheres, spheres, makes them sound more mysterious and more spiritual, whereas for most of us, although still very different, the Mansion Worlds are really just more of what we’re used to on Earth.

And Higher sphere systems... that’s all a bit wonky. As for the Higher sphere systems, theses include: the rest of the unnumbered Celestial spheres of Nebadon, the Superuniverse, the Central Universe and the Isle of Paradise.

And the pre-incarnational sphere, I don’t know if that’s true. To me it’s just where our souls are, wherever they are. ‘Soul-land’ I call it. However I can also accept there might be a pre-incarnational plane, zone, area... sphere? – why not? And that each sphere can accommodate 100 times the people of Earth, I don’t know about the accuracy of that, it sounds good, but how many people can Earth really hold?



Earth

~~~~~

Yes. And you see it's simply the most incredible experience we can have. To die. And all that transpires. And to 'wake up', and realise you are not dead, and that a whole new life awaits you. It's a massive experience, affecting you to the very core of your being if you're open to it; it's certainly life changing – that being the understatement of the year – ha, ha!

### **126. Angry nasty spirits.**

Friday, 4 April 2014

Spirits personalities are unable to actually hurt anyone. This is so, as there are universal spirits laws against such things.

### **128. Samantha on the Divine Love Spirituality forum.**

18 April 2014

One's healing will be very hard, but nothing you won't be able to cope with, that is assured. You will be systematically broken down, but all in keeping with all that you will need to do, your soul will see to it that it all goes smoothly, even when like Samantha is feeling she is NOTHING – just evil, no love, not loving, a nothing person. All which one is meant to see and feel about one's evilness, because that is what evil is. And to be free of your evil state will only happen when you've experienced the full truth of it, and so that means, when you've felt the whole truth of it through your feelings – all the different aspects and parts of it

We have to apply our longing, apply our will, but not with our mind, although it can help you determine what you want to do, but with and through your feelings. We can't long with our mind, we have to FEEL-long if it can be put like that. Our longing is an expression of what we feel. We feel we want God's love, so we express that feeling in our longing.

There is a difference between our longing using our mind to create and motivate and activate that longing, it even creating our feeling of wanting to long, and then our true feeling longing coming from true feelings without the interference of the mind?

Yes. And this causes a lot of people problems, as you've read on the other Divine Love forums.

The Padgett Messages are just the tip of the iceberg for us, just a brief introduction of sorts?

Yes, exactly. They are merely to point us in a certain direction, but not one that will take us away from our controlling mind as Jesus and Mary are not to control us, or tell us what to do. We have to decide to end our evilness ourselves, which means accept that we are that way, and then work out how we are to go about healing ourself of it. All that has been spoken about is only the beginning, humanity has a very long way to go in understanding and taking apart its evilness bit by bit to see how it all works, how we are influenced by it and how it's all passed down through our family and carers and influencing adults during our forming years.

It's not hard to work out who is actually advancing their soul and growing in truth, and who is just playing around in their mind trying to increase their false ego and gain more false power.

This is about giving up the wrong mind-led way for a feeling-inspired one. It is having NOTHING WHATSOEVER TO DO WITH ANYONE ELSE. We are all to find our own private and personal relationship with God, which we can't do whilst we are living untrue to ourselves through our mind. But it is there, waiting for you, and ONLY to be found through our feelings.

It doesn't matter how one is, it only matters how one feels. And that the surface is not necessarily reflective of the deeper truth, which when looked for through one's feelings changes how one sees the surface, helping one to recognise other aspects in it.

### 129. **Mary's and Jesus' childhood.**

20 April 2014

Both Mary and Jesus were first born into their separate families.

When Mary decided to set up the sanctuary for deserted and unwanted poor women asking her father to help her financially and to arrange for the building she wanted to do it in, then he saw that she was different to everyone else because no one did such a thing. She converted a disused granary to assist such women including those who were abused and prostitutes.



Her parents couldn't really understand her desire to do it because by associating with such 'evil women' she would naturally be considered one of them as well, however she was too self-assured for them to make her stop or for them to go against her so they supported her; and in her circle she was accepted as being a bit odd, but also secretly praised and supported because all women felt for the plight of such unwanted women, even though they couldn't do anything outwardly to help them.

When she met Jesus, he introduced her to the notion of longing to the Father for His Divine Love, then upon receiving the Love things did start to change within herself, and quite dramatically.

As her soul transformed, which she could feel on a daily basis with the Holy Spirit and Divine Minister attending her, so she started to relate to God as also her Heavenly Mother, which she told Jesus about. He too then related to God as both his Father and Mother but decided it would be too much to make it public, and not in keeping with the mandate the Father was revealing to him, as to how he was to live his life and what truths he was to reveal. They often talked about such things as they planned their lives together including how they wanted people to see them, knowing why they wanted it that way, the way of their soul, the way of our Heavenly and Soul Parents.

But all the way along she kept spiritually growing, she knew all what Jesus was speaking about, and really the part she played as being his most beloved follower and by asking him endless probing and far reaching questions was just to help other people understand more about what he was teaching. She didn't need to ask him as she knew the answers herself, but it developed that way, as they entered into their secret liaison, secret in as much as increasingly understanding who they were, why they were on Earth, all about the Rebellion, and how humanity was going to take all they said and add it to its evilness and deny them, and how it wouldn't be until the arrival of another high Daughter and Son that the real healing would begin.

They only really came to end the Rebellion and experience incarnating into it. They came for the whole of Nebadon, not just humanity. It's the Avonals who will be just for humanity, not having to concern themselves with the greater whole and running of a local universe.

**The New Way: learning how to live true to ourselves by living true to our feelings.**

## WE ARE NOT ALONE:

In fact, our SuperUniverse is teeming with life!

The Spirit Worlds, commonly called the Mansion Worlds, and being numbered 1-7 (TUB numbers them 7-1), and the higher Celestial Heavens (spheres), appear to be within our local solar system, although they are not physical worlds like Earth – we can't visit them in a space ship, only in our spirit bodies, each world and sphere being of a higher spiritual vibration. Each of the spirit worlds and spheres are in close proximity of each other, and provide successive places of residence for us now that we've been individualised / incarnated on planet Earth.

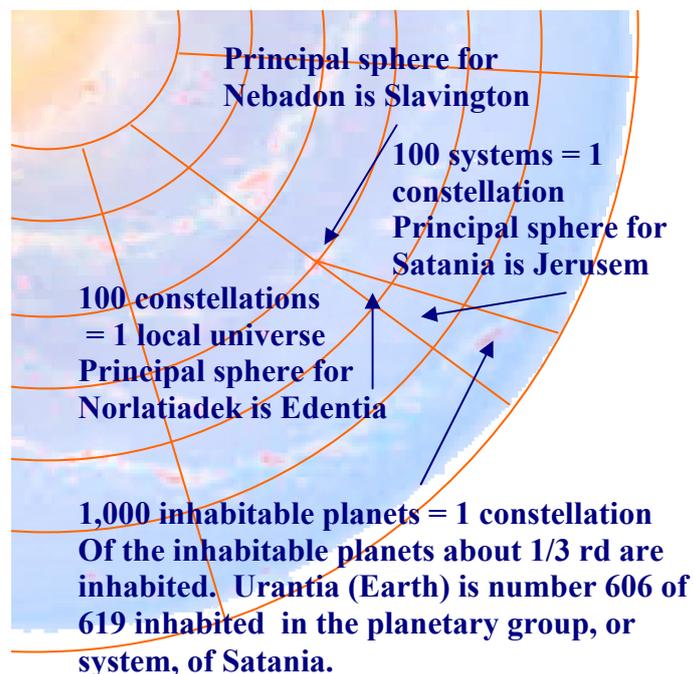
As we develop in Love we progress in and up through these worlds and spheres to ever brighter ones. Progression beyond the 7th Divine Love world results in our migration from the Mansion Worlds to the Celestial Heavens.

<sup>37:10</sup> The universe of Nebadon, which even now has more than three million inhabited worlds, with ten million in prospect. In our solar system, Earth is one of three inhabitable worlds. (The Urantia Book TUB)

<sup>32:2.9</sup> The organization of planetary abodes is still progressing in Nebadon, for this universe is, indeed, a young cluster in the starry and planetary realms of Orvonton. At the last registry there were 3,840,101 inhabited planets in Nebadon, and Satania, the local system of our world, Urantia / Earth, is fairly typical of other systems.

The Mansion Worlds of the Celestial Heavens are in the region of Jerusem.

<sup>119:8.8</sup> Urantia (Earth) is the sentimental shrine of all Nebadon, the chief of ten million (100 x 100 x 1,000) inhabitable worlds, the mortal home of Christ Michael, sovereign of all Nebadon, a Melchizedek minister to the realms, a system saviour, an Adamic redeemer, a seraphic fellow, an associate of ascending spirits, a morontia progressor, a Son of Man in the likeness of mortal flesh, and the Planetary Prince of Urantia (Earth). And your record tells the truth when it says that this same Jesus has promised sometime to return to the world of his terminal bestowal, the World of the Cross. This he has done through the Padgett Messages, etc.



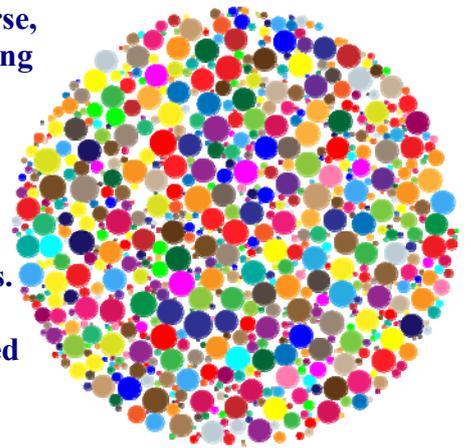
**There are 100,000 MICHAEL soulmate pairs as REGENTS throughout our SUPER-UNIVERSE:**



One of these 100,000 dots represents Nebadon, our local universe, consisting of 100 constellations with each constellation containing 100 systems which in turn have 1,000 worlds. The system in which Earth is within is called Satania.

Nebadon has some 10,000,000 physical planets, of which 3,840,101 are inhabited. The regents of Nebadon are the soulmate pair being the Paradise Creator pair, Mary and Jesus.

This structure is repeated throughout our super-universe, called Orvoton, 100,000 times. There are some 100,000 Regent pairs, equivalent to Mary and Jesus, throughout our super-universe.



There are 7 super-universes that rotate around the Isle of Paradise which is the home of our Heavenly Parents, our Mother and Father. Thus, there are some 700,000 Regent pairs equivalent to Mary and Jesus.

When we progress beyond the spirit Mansion Worlds, we enter the first of the three Celestial spheres, the home city being Jerusem, this is also the home city for all 1,000 physical worlds in Satania. From there we will progress to Salvington being the head quarters for Nebadon and the home of Mary and Jesus. Then we progress to Paradise.



**Earth**

### NEBADON, our LOCAL UNIVERSE:

*A Local Universe – Nebadon.* One hundred constellations (about 10,000,000 inhabitable planets) constitute a local universe. Nebadon contains 3,840,101 inhabited planets.

*A Constellation.* One hundred systems (about 100,000 inhabitable planets) make up a constellation.

*A System.* The basic unit of the super-government consists of about one thousand inhabited or inhabitable worlds.



Earth is #606 in the system of Satania and is the latest to have human life. *Jerusem* is the headquarters of our local system of Satania. Thus *Jerusem* is the city to which we arrive when we fuse with our indwelling spirit having sufficient Divine Love following our Healing and enter the first of three Celestial Heavens, all being for the 1,000 physical worlds within Satania.



*Salvington*, in the centre of Nebadon, is the headquarters and home of our Creator Daughter and Son, the Michaels, namely Mary Magdalene and Jesus.

All descending Daughters and Sons of God have high and divine origins. They are dedicated to the descending ministry of service on the worlds and systems of time and space, there to facilitate the progress in the Paradise climb of the lowly creatures of evolutionary origin — the ascending daughters and sons of God (humanity – us). Those Daughters and Sons who come forth from the Deities on the central Isle of Light and Life are called the *Paradise Daughters and Sons of God* and embrace the following three orders: Creator Daughters and Sons – the Michaels, Magisterial Daughters and Sons – the Avonals, the Trinity Teacher Daughters and Sons – the Daynals. All three groups have Spirits of Truth, no others do.

The remaining four orders of descending daughter and sonship are known as the *Local Universe Daughters and Sons of God*: Melchizedek Daughters and Sons, Vorondadek Daughters and Sons, Lanonandek Daughters and Sons, and Life Carriers.

The chief executive of a local system (such as Satania which includes Earth) of inhabited worlds is a primary Lanonandek Daughter and Son (was the Lucifers), the System Sovereign. The Lucifer Rebellion in the system of Satania was the last and the most widespread of all. Thirty seven (37) inhabited worlds were seduced into rebelling, by following the Lucifers and their deputies, the Satans. Earth then went on to Default at the time of Eve and Adam. Later on we crucified the Creator Son, Jesus, and ignored Mary. So now we have the physical presence of an Avonal Pair. Only the Avonal Pair can take on all of our wrongness and heal themselves. It is their Spirits of Truth that we are to long to so that we, humanity – all of us – can then heal the Rebellion and Default that we have all embraced.

Partly drawn from The Urantia Book (TUB) 7 July 2018

So they, Mary and Jesus, very quickly understood the limitations they were subjected to, humanity was still very immature psychologically, it was still steeped too heavily in superstition, it still wanted to be controlled and was still too controlling, just as it still is. Jesus and Mary didn't come when humanity was ready for and calling out to be shown the way to heal itself of its evilness. It still wanted to explore and push further and deeper into its rebellion of self, and rebellion against truth, and so rebellion against Jesus and Mary. And for all the apostles, both men and women are said to have been, being the great followers of Jesus and Mary, really such men and women had no idea and couldn't truly follow them anyway, not until they had done their healing, which they were unable to do until they were in the Mansion Worlds – the Divine Love healing Mansion Worlds that were just being made available because of Jesus' and Mary's coming.

Humanity is really to focus on the Avonal pair, they are not to be glossed over for Mary and Jesus. So they want to limit the 'presence' of them selves so to speak, so as not to overshadow the Avonal pair too much.

Humanity is to understand that Mary and Jesus are the true spiritual mother and father of the whole of Nebadon, not just humanity on Urantia because of their incarnation on our world. And that in fact it is the Avonal pair who are our true spiritual mother and father and really should be looked to as such.

Keep focused upon our feelings and healing ourself through them, for then we will be also focused on the Avonal pair, even if we don't know who they are. And that once our healing is complete, then the Avonals will be effectively handing us over to Mary and Jesus, one by one, and so including the truths about longing for the Divine Love and what it will do to our natural love soul, and then we will move away from the Avonals toward Jesus and Mary becoming more a universal citizen of Nebadon, rather than just a citizen of Earth.

Jesus and Mary want us all to become self-revealing so we can work it all out for ourselves through our feelings really making them superfluous to our needs. We are to move through and past them. It is after all, all to be in the end, between ourselves and the Mother and Father. Mary and Jesus are just the 'middlemen', nothing more than one small stepping stone on our eternal journey with the true Parents of our soul.

The more we express all our bad feelings, fully acknowledging them, living true to them, and longing for their truth and uncovering it – that is what will make it all the better for us.

### **130. Radiation, infertility and genetic mutations.**

20 April 2014

It is all greatly going to effect humanity, and for the rest of humanity's evilness. However as people embrace their healing, part of that healing will be to remove such inner problems from themselves. The genetics of the physical and indeed also on the deeper spiritual and will levels will be purified, so perfected, becoming true expression of natural love.

Part of our imperfect natural love brought about by our ongoing evilness is to have our genes affected on the physical, along with all the inner levels... that's rather obvious now having looked at it.

It all effects us, and on all levels. Many people are only focused on the physical pollution and damage we are causing the environment, fearing – and justly so – that it will have – and indeed does have – adverse long term effects on humanity, however there are even more higher or inner psychological levels and levels to the spirit and will that are damaged as well, this having far greater harmful effect upon us, as we take these effects with us into our spirit lives, unless we begin our healing. And it will be these

inner effects that will need to be healed first before the outer physical ones will. We can do some patch-up work on the physical level, but nothing of any real consequence will happen healing-wise until we heal our inner self- and truth-denying levels.

Our radiating ourselves, it being all what the Mother and Father want, as They allow us to do it, is all to negatively effect us so we can see the results of being so unloving?

Yes, we need to experience our truth- and self-denial to its fullest, and so the physical poisoning of ourselves, and not just through radiation, but through all the artificial chemicals and genetic manipulation is only one small part of it. Psychologically we are poisoning ourselves continuously, during every moment of our day, by keeping repressed any bad feeling, so we are greatly poisoning ourselves looking at how many of our early childhood feelings remain repressed within our selves. We are killing ourselves, the slow ongoing death of our soul, poisoning the light that goes into it, all whilst we continue to deny ourself the truth of our evilness, whilst on the physical world or in the mind spirit Mansion Worlds.

So our outer poisoning of the world and ourselves is only an expression of our inner poisoning?

That's how it is; it can only be that way. And as we refuse to look into our childhood repression and set about healing ourselves of it, so too do we refuse to look into ending the poisoning of our planet, depriving ourself of the very physical elements we need to sustain life.

So with the end result that as we poison our souls, so will we end up completely killing and destroying our world, the outer environment reflecting our inner one?

Yes, that's the theory. Only the Mother and Father won't take you that far, so the coming Changes are required to make us 'hit a brick wall', stop, and take stock, and start to have a good look at ourselves once most of the heavily controlling parties are taken out of action or reduced in size. But for the time being, we can't help ourselves, humanity is hopelessly addicted to false power and all the trappings that result from it, including the poisoning of ourselves. We are hopeless addicts struggling on from hit to hit, always living in fear of having that last fatal overdose, yet even wishing it would happen, just to end our misery and get our hellish existence over and done with – to end it all.

And as we are not capable of putting ourselves into and through rehabilitation, so the Mother and Father will give us a helping hand, this being what unconsciously and on a soul level, as hard as it is going to be to experience, is what we are all crying out for. We want to be saved, but it's from ourselves, and not from the likes of the Devil or Satan.

We want to end our addiction, but as we have seen for ourself, unless we do our healing, we won't be able to do it. And even though some people do 'successfully' get themselves off drugs, still they haven't healed their deep inner pain and trauma that constitutes their childhood repression, that is all still waiting for them to one day start to work on, to one day begin their real healing with and through their feelings.

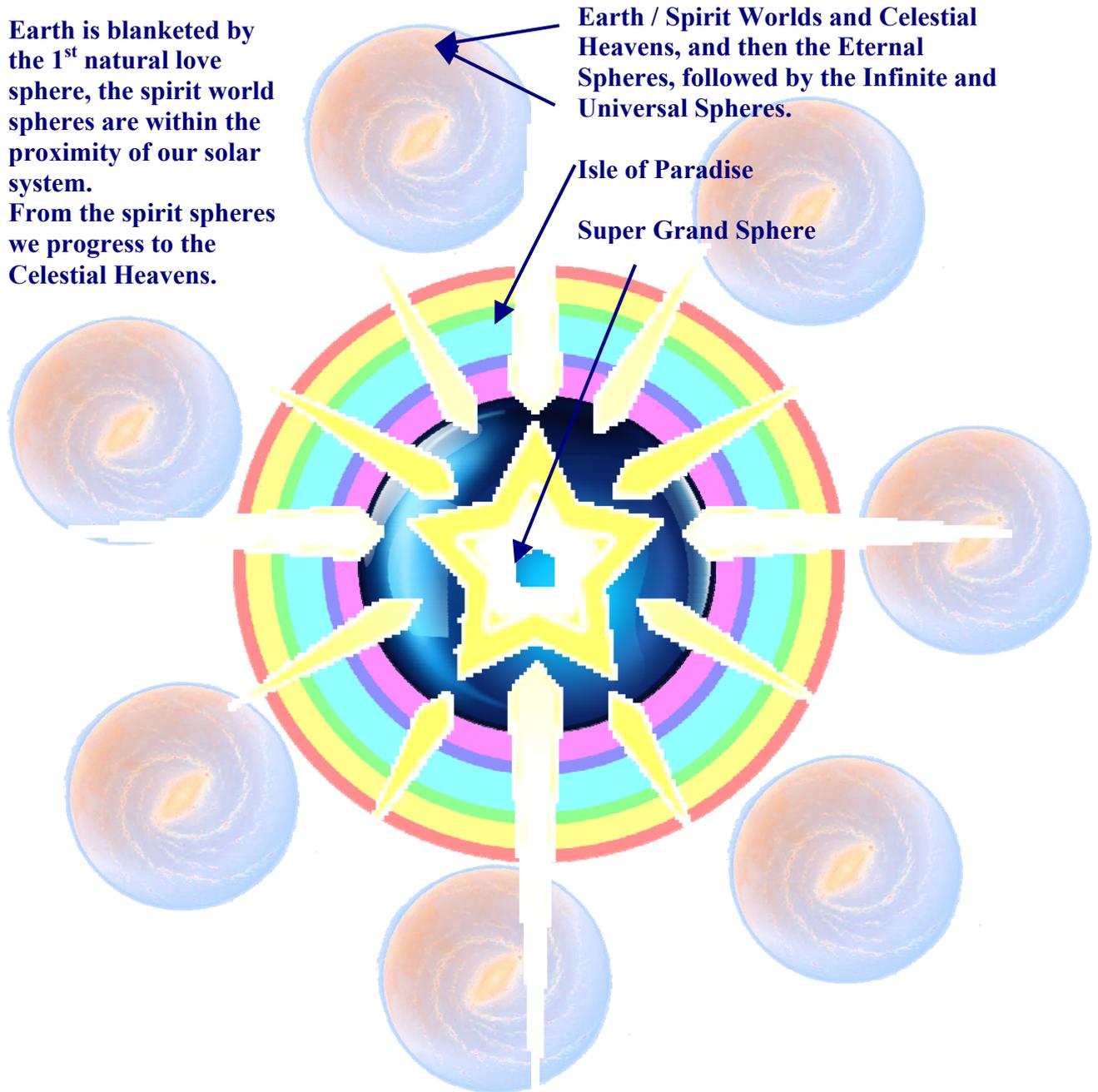
So as bad as it might be, the Mother and Father are going to give us a helping hand to at least make us stop, long enough for us to have a good look at ourselves and to see the damage we're doing to ourselves and the world; and at the same time providing us with the 'medicine' – the truth and way to heal ourselves by doing our feeling- or soul-healing, should we want to really end it all?

Yes. So we can begin our soul-therapy.

**OUR JOURNEY to the CENTRE: HEAVENLY PARENTS are UNIVERSALLY PRESENT:**  
Earth is one of the youngest inhabited planets on the outer edge of the youngest of the seven super-universes. From the spirit worlds, we progress to the spheres of many mansions, being the Celestial Heavens nearer to the centre of our super-universe. From there we progress to the Eternal spheres which circulate around the Isle of Paradise. The Isle of Paradise remains stationery and is the home of the Source Soul, our Mother and Father.

Our progression is always towards the centre – inward and upward.

Earth is blanketed by the 1<sup>st</sup> natural love sphere, the spirit world spheres are within the proximity of our solar system. From the spirit spheres we progress to the Celestial Heavens.



Infographics and diagrams have been added by Pascas.

And the brick wall humanity is soon to hit needs to be high and solid enough to make us stop dead in our tracks so we can't just see it as only another minor setback and something to recover from so we can move onto new heights of evil. It's not to be putting oneself into the rehabilitation unit for a few weeks and long enough to have a break from our addiction, even deluding oneself that we are now clean, only to once we get out and the pressure reasserts itself, having to rush back into the false security of our addiction.

We need to be given enough of a chance so people can look seriously at the option of doing their healing as is being presented, and not some 'soul healing' that is just another mind delusion game. And those people that do start their true healing and commit themselves to it, will be the light for humanity to follow, they will be the true spiritual leaders, leading others out of the darkness and into the light of truth. And as these people increase in number, this will be the 'Army of Light' that will fight the real battle for truth, for it all being fought within themselves, in every moment they are saying no to their mind and yes to their feelings.

### 132. Wesley's vibrations.

22 April 2014

We are always to keep focused on our feelings, coming out of our mind and trying to work out things with it.

We might liken them to having a dream, we have the dream on a different level of reality to our normal waking state which our mind has control over, so our dream helps to stimulate deeper levels within us to surface and ultimately penetrate that upper mind control.

So it's simply a way to stir us up, so more deeper feelings will be able to surface allowing us to experience and connect with them, all of which will help create our evolving picture of ourself in our evilness and so how it was with each of us and our parents.

In keeping with one's desire to do your soul-healing, it is important that you focus on any feelings, good or bad, that occur when you have the experience or what results from it. It's not so much about working out why this happens or how it happens, but accepting and expressing and seeking the truths of such feelings. What is necessary for those people doing their healing to understand, is that you are always to keep focused on your feelings, coming out of your mind and trying to work out things with it.

Some may have experiences happen to them as a way for their soul to help them bypass the control of their mind. So such vibrations set up within them, all of which are affecting them on inner or more subtle levels within their aura which in turn will have an effect in their waking life.

These vibrations also help them to feel comforted to some degree, as if they are drawing some sort of comfort from the very personalities themselves, however it is all actually happening within themselves,



In time they will go because they will have grown in truth to the levels by which the truth will then act as the self-loving comfort that will become their platform from which one can move yet deeper into their negative state. It would be too much to ask them, to ask anyone, to just have to face all the pain and

trauma of their early life without any inner support; it would of itself be even more damaging. So our healing works by healing a small part of ourself, which then acts as a brace or support from which we can then delve into the next bad part. Then once we have healed a bit more, with that increased self-love we are ready to tackle the next deeper part, and so on until it's all gone from us and we are only left with the truth, feeling completely self-loving and self-comforting.

James, in his healing journey, took some time to understand what Marion was going on about concerning all the repressed feeling stuff, and how they needed to just accept it, and by doing so it could finally come out, and that was good because it was only killing them by remaining suppressed within them; and that they could also long for the truth of it and the truth would just come, then James agreed to do his 'healing' too. They didn't call it healing or anything back then, that's all labels James made up with a little help from Mary and Jesus and other spirits.

Marion has always insisted that she just wants to live true to herself, and the only way she can do that is by living true to her feelings.

Healing has been one of coming out of mind, one long amazing waking up process to just how much we have denied ourself the truth of one's self. How we were taught to block out our feelings and do life through the mind.

Marion was never allowed to escape into her mind, was never allowed to gain false power from it; was always forced to stay in her bad feelings, but was never allowed to express them. So her healing is all about finally letting all her yuk repressed feelings out, and seeing what happens, where they lead her, what they make her feel and think, all with the aim of getting closer to the Father and becoming her true self.

And over the years they have come to see how they are to do their healing without using the Divine Love to try and keep our truth-denial and evilness going. The Love will always be there for everyone, now having received some of it, so there is no rush to transform one's soul. And really, it can't be transformed anyway until we have perfected our natural love through one's healing for it to transform. So, all one's focus is to be on healing, although one can keep longing for the Love every time one feels to, not because one may believe they should.

One's healing will be one long ongoing shock of new revelation as to how bad one is, how badly we were treated and how terrible our whole state is. It will be one huge new awareness and understanding that will grow into you.

But with Marion, nothing was a surprise to her, it was as if she already knew it all, but all she was doing was liberating the whole repressed feeling of it.

They both starting to see and feel more how amazing the whole experience of evil is, and James dared to even say, he is grateful for the Mother and Father for giving it to him. For as Marion says, how can you know about not feeling loved without experiencing what that feels like. And how much more does experiencing not feeling loved make you appreciate feeling loved, and what love actually is – and what it truly feels like.

They are both happy seeing it for what it is; just the outworking of our wayward minds.

When James finally could connect with them, see them for the horrible things they were – admit to them all, all the layers, they'd just go. There have been distinct cycles of this ongoing stripping him back and working to uncover what he was doing, the same problems and behaviour would come up repeatedly.

It is all masterfully worked out, every experience we have and are to have, and all either to advance our negative state or heal ourselves of it.

It is one long evolving series of pictures unfolding about one's self and one's negative state.

If you persist in believing in it, it will only lead you further into the control of your mind. Many people fear being taken over by the 'evil ones', the dark entities, the ones who are the hidden and being secret controllers, always looking for the conspiracy afoot. And so they believe they are 'in the light' and so 'protected' from the dark, but they fail to understand they are all already, by fiat of being conceived onto the Earth, in the dark, having been conceived into the Rebellion and Default (rebellion which lead to the default by Adam and Eve), and so into evil, which makes them evil too. We are evil, looking within our evilness, within our darkness, for the light. So we look over there and say, ah, that is lighter than that darkness, so that is good, that is the truth, that is the true light, that is the way I must go to rid myself entirely of the bad. However we are only moving from one side to the other within the evil and rebellious system. The only true way out into the real light is for us to do our feeling- or soul-healing.

We are not, as of yet, making it our life's work by looking to our feelings to uncover the truth of them. We are to face the truth of our childhood repression

When we are so bound up in our negative mind state our mind's focus is very narrow, extremely so, so even though with our mind full of all sorts of beliefs that give us the illusion we are greatly aware of all sorts of important things, we are contained within a very narrow part of ourself. Thus we are blocking our repressed feelings and our true self out more so with every day that we add yet more erroneous beliefs to our mind. To crowd our mind with such rubbish is limiting of itself. While we are mind control focused we can progress up to the sixth mind Mansion World, but no further. To expand your awareness through our soul is by using our feelings, is limitless.



Getting more in touch with how our parents intense and continual criticism and picking on us which has damaged us so much, identifies why we are so scared of ourselves and other people.

James when nearly 53, and Marion 63, both realised why they were still both terrified of their own parents as if they were only three years old.

**136. Mary: Yes James, I want to talk to you about such things.**

11 May 2014

There are those in the mind spirit worlds who believe everyone in those worlds should be united as one, so one religion – spirituality or spiritual system – that everyone adheres to (and the very opposite of all Divine Love Spirituality is). This is really just asserting far greater control over the lower spirits and also people on Earth by introducing the New World Order and One World Religion, which is all far more

evil than just letting everyone be free to do as they please, indulging in whatever fanciful religion or belief system they want to.

And the New Religion would take the best of all religions have to offer, together with the best of the New Age ideologies, all the self-help and positive thinking, all to ultimately be the more perfect way of denying all our bad feelings, of keeping our whole childhood repression repressed forever. And that would then be the conclusion of the Rebellion, humanity would be the most evil it could be, the most controlled, living the greatest of all fantasies, united as one being as it were all of the high sixth spirit world level of mind control. And all the feelings of people on Earth and in the mind worlds would be dominated by the minds of everyone, so they would be able to create their own feelings using their minds, feeling good, happy and loving to their hearts content, going even one step further than what is generally thought of as creating our own reality – it being a reality of complete feeling-control by the mind: so feeling denial, so soul denial, so personality and truth of oneself denial. So all unnatural and not a true expression of natural love as would be expressed by feelings that were lived true to one's soul and not controlled by one's mind.

Our mind has been so heavily brainwashed by our parents to believe they are not the bad ones, they are not the causes of all our bad feelings and rotten life. We typically don't feel – believe – we have had a bad life, and that our parents even made us believe we are grateful to them for giving us a great life, all because we didn't end up in the gutter or die of starvation. But our life has in many ways been worse than people who live in gutters and die of starvation because many of those people at least weren't made to go against their feelings as much as we have been, they being allowed to express their misery in their poor physical state.

Some do wish their parents had just given up on them and dumped them.

Their parents couldn't because then they'd have had no one they could so easily have power over, so they had to keep them onside, to make the child 'one of them', all so they, the parents, could grow in their false power.

Whilst she's still living completely against one's self, all one can feel is all their bad feelings and self hatred and being hated by everyone else including their partner, and feeling all alone with no help from anyone or her Indwelling Spirit or even the Mother and Father. They are, of course, unconsciously helped but they are not as yet to become of aware of that until well into one's healing of childhood repressions.

Because we are unloving, we are rebelling against love and its truth, so were two soulmates / soul partners together in their evilness, they'd be as unloving with each other as they can be; and the very opposite of loving – or what you understand love to be.

The correct way to go is to keep allowing one's self to feel as bad and useless and putrid and evil and unloving and whatever else comes up. We are not fight against such feelings, we are to just allow ourself to be them.

That is the right way for us to go to heal ourselves of our evilness. That is by unconditionally loving ourself. We are evil, okay, so accept that one hundred percent about our selves. So allow yourself to feel as evil and unloving and anti-truth that we are. And that is as loving as you can be, similar to what was said about the soulmate love in one's anti love condition of mind and will. We are loving ourself to the greatest degree by unconditionally allowing ourself to be as evil and no-love as we FEEL we are. And even though we might not feel a great love of ourself and for ourself, because we are of no-love,

and so can't be, still on a deeper or higher inner level, there is great love, and the most self-love. And then you can take that all the way to God, for as much as on one level it pains and hurts the Mother and Father to make you become anti-Them, and anti love and truth, anti personality, anti yourself; still They are completely the most loving in Their unconditionality by allowing and even making you experience your evilness and rejection of self and Them.

The most loving a parent can be, is to unconditionally accept its child, something we'd naturally do were we true and perfect, yet something we on Earth are miles away from experiencing.

And when humanity finally does get there, then it will know more about love than it currently does. All we know about love now is only love from within an evil state, we know nothing about what true love is all about. We have no real idea about what natural love is or even feels like in its pure state, and even less the Divine Love. And we can't, for how can we when we are minds are in control of our feelings and so dictating to us all what love is.

So what is love in evil... and it's certainly not what we might think and believe it is. How many parents feel they love their children, and yet parent them conditionally, which is not being truly loving – it being evil. How many children who've been made to accept this false love grow up believing they feel so loving of and loved by their partners and their own children. And yet are these 'so in love' people unconditionally loving their children allowing their children to grow up totally free and true to their soul?

We can't be truly loving when we are evil, that being what evil is all about – the rejection of true love. And so we have to contrive a feeling we call and feel is love, because we have nothing else. And it's just too hard to live feeling as we really feel, the truth of ourselves in our anti-love states, just as a few are trying to do, all because they only feel bad, and so, so bad. So we have to make up this mind-love to stop ourselves living and feeling the truth of our unlovingness. But that is not being loving. That is of course being what we really are – evil and anti self. And it's what we can only be, because we can't be unconditional with ourself whilst we are rejecting and denying so much of ourself – so many of our bad feelings.

So when we do want to start to truly love ourself, then we are faced with having to do our healing, as there is no other way. To love all the evil and untruth that we are. So love through total unconditional acceptance of all our unwanted hidden bad feelings.

We are to work our way down into our full self and feeling acceptance step by step. Bad feelings surface, we are to accept, identify, express and seek their truth. Then with that truth we love ourself a little more unconditionally, enough so we have the strength to then accept a little more of our self-denial as more bad feelings surface. Then with a little more truth so we can move yet deeper into ourself, and so it goes until we can completely feel as bad as we do and understand, because we feel it, the truth of why we feel that way. And when we can completely accept all of our wrongness, all of our badness, all our bad feelings, all our evilness, all how bad we believe we are, all our bad and unloving behaviour, all our self-hatred, all the really ugly, nasty, vile, most rotten and disgusting putridness of ourself; all our guilt and fear, misery and anger – our whole negative anti love and anti self state, then we will be free of it, because then we will no longer be controlling any part of ourself by using your mind – so then we will no longer be evil. And then we will be completely self-accepting, accepting all we feel, and so being completely unconditionally self-loving.

Presently we are all perfectly evil.

**INDWELLING SPIRIT, THOUGHT ADJUSTER,  
MYSTERY MONITOR (all being the same):**

The external elements, instruments of the Father, do not form attributes of our own soul upon its initial creation by our Heavenly Parents, these are the Spirit of Truth, the Indwelling Spirit, and Divine Love.

The Holy Spirit, conveys Divine Love to your soul should you earnestly and lovingly ask for it. This is the only function of the Holy Spirit.

The Indwelling Spirit becomes present when we are around the age of six. This means that the unseen helper of the Father – the Indwelling Spirit – can always interact with the mortal soul and to be of service so that eventually the leadings from the Spirit may be the catalyst for that soul to seek the Father.

The Indwelling Spirit reveals intrinsic workings of Father to your soul.

The Indwelling Spirit functions in much the same way as the Holy Spirit, ask and it will provide support and guidance.



The Indwelling Spirit / Thought Adjuster only works with us on the mind, feeling and psychic levels directly with our personality on conscious and unconscious levels of reality. It is the Divine Minister with hands-on help from our attending angels that do the actual adjusting of our mind circuits – of all our circuits, even the physical if need be.



Spirit of Truth becomes active more so when you connect to the Source Soul and commence receiving Divine Love.

You are a spirit person having a physical experience. Your physical body is encased within your spirit body.

The spirit body only exists because our soul wants it to. In the fullness of love, even all our encrustments and wrongness is not actually bad, they are just the nether side of love.

So evil is literally a state of mind, and once you heal it you even feel love for your wrongness and even no longer hate it – that being full self-acceptance. But you can't contrive these feelings or level of awareness, it has to come of itself and will through the higher levels of your Healing.

## SPIRITS of TRUTH and HOLY SPIRIT:

More from James regarding Spirits:

The Holy Spirit provides differing support and guidance to that of the Indwelling Spirit. The Indwelling Spirits guides one to God, our Heavenly Mother and Father; the Holy Spirit brings Their Divine Love into our heart.

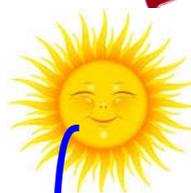
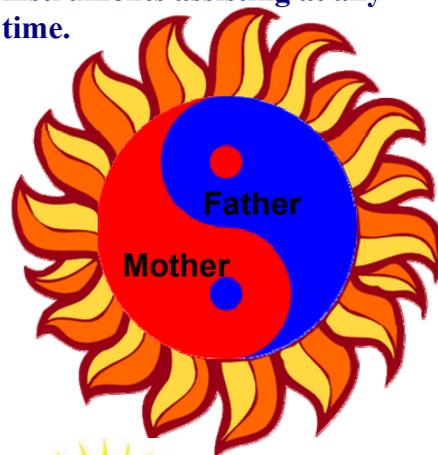
The Spirit of Truth becomes active ONLY when we choose to follow the 'owner' of that Spirit of Truth. So in our cases, Jesus and Mary Magdalene. We have to want to live the same truth as they are living, so 'be like them' and in doing so this activates the Spirit of Truth. And so if we choose to be as they are in truth, to live how they live the truth, to be of truth and the same truths they are, then with their Spirits of Truth assisting us we will come to relate to our Mother and Father just as they do.

We are growing spiritually in Mary and Jesus' universe. We have to want to be as they are in truth, if we don't want to do that then we're rebelling against them. And if we don't embrace them, then we'll never leave Nebadon, the region of the universe that encapsulates Earth.

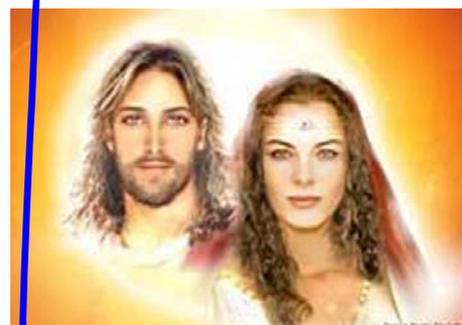
The whole idea about having Spirits of Truth coming from Paradise Pairs is so the ascending mortals (us) of that universe (from the Creator Pair) and specific worlds (from the Avonal Pairs), all end up living the same truths. And if we didn't live the same truths, we'd all still remain all over the place and have nothing we can all connect with and relate to in each other.

So we can come from all over the planet, from very diverse races and cultures, yet because we all end up embracing the Spirits of Truth that are to help reveal the truths we are to know, so we'll all be able to connect and relate to each other through the truth we're living, all being able to live happily together as Celestials, and eventually as Celestials on Earth. It's the Spirits of Truth that bring us all together, homogenises us if you like. And if we all lived true to them, we would not need any rules or laws because we would all be living and knowing the same truths – so all living the same way only expressing those truths individually.

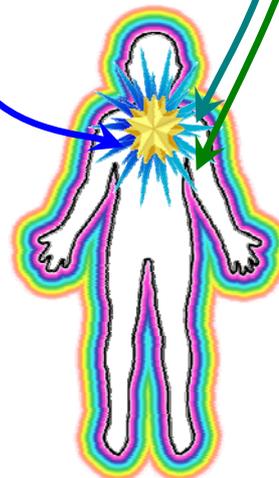
Our HEAVENLY PARENTS  
have any number of spirit  
instruments assisting at any  
time.



Holy Spirit  
conveys Divine  
Love from our  
Heavenly Parents



Spirits of Truth  
of Mary Magdalene  
and Jesus



## Revelation and Mary Magdalene

It's tough one to get your mind around.

Mary: Not if you look at it in the terms of eternity, and the value you will end up gaining from your unloving and evil beginning. With this bad beginning will give rise to an eternal fuller and deeper understanding and appreciation of love. Of what love is and what loving and feeling loved feels like. And all by first of all feeling and knowing what not feeling loved feels like. So understandably whilst you're in your no-love state it's hard to feel good about being evil, but the whole point of being evil is you're not meant to feel good, all so you can find out the truth of it.

So we're uncovering the truth of evil?

Mary: Yes. And all through your feelings, all through direct personal experience, the only way truth can be uncovered.

Keep going attending to your feelings, accepting and expressing all the pain and anguish, all your fear, anxiety, stress, misery, anger, rage, fury and guilt. Keep bringing up and speaking about it all, expressing your confusion, frustration, boredom, fantasies, perversions and feelings of being nothing and no one. Keep allowing yourself to feel all your self-hatred, hatred of other people, nature and God – keep bringing up and accepting and expressing such negative feelings. And keep LONGING FOR THE TRUTH OF ALL YOU FEEL. Your bad feelings and any good feelings – express them all!

The honey is how one will feel once one is healed; the bitterness in one's belly being the pain one will have to go through doing their healing. This is the pain one is already in. The pain one suffered (and is still suffering) through one's childhood – from conception right through to your becoming an adult around 21 years old.

**Release one's pain through expressing one's feelings.**

**in conjunction with**

**Longing for the Truth when also longing for Divine Love.**

**Mary Magdalene Indwelling Spirit Fusion was about 7 Years after Jesus' At-Onement:**  
Saturday, 2 December 2017 – John asking Nanna Beth:

When Jesus and Mary lived on Earth, what was their age difference please, and was Jesus older than Mary? We basically understand the circumstances when Jesus became at one with our Heavenly Parents when he was of the age of 33, but we do not have any comprehension of Mary's circumstances when she became at one with our Heavenly Parents when of the age of 35.

Nanna Beth: Jesus was about four and three quarters years older than Mary – she was a Taurus (April 20-May 20), he a Leo (July 23-August 22). (so consider 7 years later)

**DIVINE LOVE does not TRANSFORM one's SOUL  
FEELING HEALING is what TRANSFORMS one's SOUL**

The Divine Love does transform our soul from Natural love into Divine Love. It's our Feeling Healing that 'transforms' or heals our erroneous expression of Natural love. We have to 'heal' and so perfect our Natural love, so it can then be transformed by the Divine Love.

Divine Love does not even begin the real work of transforming one's soul, for those who focus upon receiving Divine Love to the exclusion of embracing one's Feeling Healing, they are just expanding their mind's control over themselves. Should this be one's passion, then upon passing into the spirit Mansion Worlds they will find that they can continue along this path all from within the Divine Love followers segment within the first natural love Mansion World! Yes, only from within the first natural love Mansion World.

Most of humanity on Earth are not wanting to face the very truth their feelings are making them feel every day of their life. So if they want to keep living in the spirit Mansion Worlds as they did on Earth, in complete denial of their feelings and the truth they are to shown about their wrongness, they can.

However, for those who have embraced Divine Love and begin to engage in their Feeling Healing process to begin the transformation of their soul, they will be able to sense the Divine Love already within their soul 'driving them on'. One's understanding and adjusting will be changing rapidly to that of embracing all about the Healing and doing it – all being supported by the Divine Love that one may have received previously. All one may have done with the Divine Love may make their introduction into their real Healing, by using their feelings, much easier than it is for other spirits from the mind worlds who are at the same time having to wrestle with many of their old religious beliefs or mental programming, having to take on a whole new mind-set which one could see would take some of them years, whereas for someone who has been longing for and receiving Divine Love for some time it may be only a matter of weeks. This also applies to those living in the physical.

It is the Feeling Healing process that transforms one's soul towards perfection, towards the ability to fully express one's true personality as given to us by our Heavenly Parents, it is the Divine Love that then fits that transformed soul to be able to enter the Celestial Heavens.

Reference: Pascas Care Letters – Divine Love does not Transform

**The New Way: Learning how to live true to ourselves by living true to our feelings.**

Important recommended reading is:

by James Moncrief

**The Rejected Ones – the Feminine Aspect of God**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html> ALSO at  
<https://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Rejected%20Ones%20via%20James%20Moncrief.pdf>

# FEELING HEALING + SOUL HEALING

To heal one's self is to simply look to see what feelings we are refusing ourself to feel, and accept them instead of denying them. And to fully accept them, one need to express them, speak about them, let them have their say, rather than pushing them aside, refusing to let them make you feel bad.

Doing this all with the intention of seeking the truth of why you are feeling them, of speaking about and expressing all such feelings; all feelings you have, but ALL WITH the INTENTION of UNCOVERING the TRUTH THEY WANT YOU TO SEE ABOUT YOURSELF. And it's the wanting to see the truth of them that is very important, because if you just look to accept them and speak and express them, but not seek their truth, then that's all you'll be doing, speaking and expressing them, but not healing their causes, so not fixing the things within you that are making you feel bad. And it's the truth part of it, seeking the truth of your feelings, and so, seeking the truth through your feelings, that's vitally important. It's the truth of yourself, life, nature and God, that is the spiritual aspect to it all.

You CAN'T find the truth of yourself or anything else through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

So to do our Soul-Healing consists of these steps, all of which are ongoing until it's done:

- **Admit you are feeling bad.**
- **Accept your bad feelings, identify what they are.**
- **Honour fully your bad feelings by expressing them, speaking about them to someone who is willing to hear you talk about them, or tell them out loud to our Heavenly Parents. Long for the truth of them. Long for the truth of why you feel bad – what deep within you is causing your bad feelings?**
- **And remember, bad feelings are Good! Not bad. They are not to be despised. And as hard as it is to accept them, they are still you, and a very real part of you. And if you persist in denying them and not allowing yourself to fully live them, then you are only going to keep yourself in your errors making things harder for yourself.**
- **All sickness and suffering, all bad things that happen to you, all your problems, all your addictions – your whole feeling-denying and untrue life, is all caused by your denial of bad feelings.**
- **Every problem in the world is brought about because everyone has been brought up to deny feelings, and in particular, most of their bad ones.**

If one is intent on spiritually evolving and growing in truth, then it's vital, and this is the key, that one looks to use one's feelings as the means to gain and have access to the truth of oneself. You CAN'T find the truth of yourself or anything else through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

Doing your Soul-Healing with the Divine Love, is really doing your 'Feeling-Healing'. We are designed — created — to be self-revealing of truth, and so we are all to uncover the truth within ourselves and for ourselves, and all being done by living true to our feelings. **If you accept, express and seek the truth of your feelings, then truth will come to you, and you'll grow spiritually. It's as easy as that. Also it is as easy as it is to long for, ask for and receive Divine Love.**

Notes above are drawn from James Moncrief's writings.

THE HEALING OF YOUR BAD FEELINGS THROUGH THEIR ACCEPTANCE  
AND FINDING THE TRUTH OF THEM, IS THE ACCEPTANCE OF YOUR  
NEGATIVE, REBELLIOUS, EVIL, IMPERFECT MIND AND WILL CONDITION.

To do our feeling-healing we need to become:

Aware of – Acknowledge – and Admit, our bad feelings.

So we can:

Accept – them and allow ourselves to Be them.

And then if we feel to, take:

Action – Express, speak and emote them.

Talk about them.

All being done whilst longing to, really wanting to, see the TRUTH of our feelings.

So it sounds simple.

So I repeat:

We accept our bad feelings by expressing – speaking about them to someone willing to listen to us and take us seriously. And as we speak we long for the truth of them – why we are feeling them – to be made known to us. And when we uncover and see the truth we are FREE! – healed of the causes that have made us feel bad.

Accept, Express – see the Truth, and you're Free!

ACCEPTANCE OF ALL YOU FEEL, THINK AND ARE, IS THE KEY TO DOING  
YOUR HEALING; THAT, AND WANTING TO SEE THE TRUTH OF ALL YOU  
FEEL, THINK AND ARE.

**Release one's pain through expressing one's feelings.**

**in conjunction with**

**Longing for the Truth when also longing for Divine Love.**

## Prayers to our Mother and Father

From 'Religion of Feelings' by James Moncrief

**Please Mother and Father** help me accept my untrue state and bring up all my repressed feelings so I can see the full truth of why I feel so unloved and all that's wrong with me.

**Please Mother and Father** help me see the truth of myself through my feelings.

**Please my beloved Heavenly Parents**, fill my soul with Your Divine Love. I long for Your Divine Love; please answer my prayer and yearning to be at-one with You and do Your Will by living true to myself and all my feelings. Please fill my heart and soul with Your Divine Love – please make my soul like Yours – Divine.

**Please Mother and Father**, I want to uncover the whole truth of myself through my feelings. I want to be able to feel and accept just how bad I am, how bad I feel I am, how bad I've been in my life. I want to know the whole ugly truth of myself, see it and feel it and understand how I came to be it. Please reveal to me through my feelings all the truth of myself You want me to see. I want to be as You want me to be; I want to be true and perfect, Healed of all my rebelliousness and self- and feeling-denial; I want to be good, loving, true and happy, please help me become true to myself, true to my soul, true to You.

**Please Mother and Father help me**, I'm in such bad pain, I feel so alone, so miserable, so scared, what's going to become of me, I don't understand, what's the point of me, why have You made me; please help me see the truth of myself – all the truths of myself, nature, how to be in the world, of You both. I want to know, I want to know it all through my feelings, all that there is to see, the whole truth and nothing but the truth. Please help all my pain come to the surface of me so I can embrace and accept and express it out of me. I want to use my feelings to uncover the truth they are to show me; please help me to do that.

**Please Mother and Father love me**. I want You to love me. I want to feel fully loved by You. I don't want anything else, only to be with You. Please, that is all I am asking.

**Please make me feel how unloving I am**. Please show me the horrible truth that I am. I want to see and feel and understand the worst of me, please take me into my darkest scariest ugliest unwanted rejected places within myself. I don't want to feel all the dreadful pain that I know is there locked away inside me, yet I do also want it all to come up and out of me, and I want to use it to see the truth of my wrongness, the truth of how evil I am, the truth of my fucked up state. I no longer want to be false, pretending I am okay, using my mind to make me falsely believe I am good, happy, loved and loving, when I know I'm not. For how can I be when You've brought me into my unloving state, making me be of it. And as You want me to experience being this negative way, please show me the whole truth of it. I no longer want to deny any part of myself, or any of my bad feelings. I want them all to come up so I can express them, emoting their pain, feeling how bad You've made me feel all my life and all through my early life; I want to see why, and so reveal all the truth to myself. I want to be the living truth of myself, living true to my feelings and the truth they give rise to. Please help me to do my Healing, and please fill my soul with Your Divine Love.

**The mind way is the 'dead' way; the feelings way is the 'alive' way.**

### Examples of some prayers to God:

From 'Feeling Healing' by James Moncrief

**Please God** show me the truth of myself through my feelings.

Please help me see the truth about myself You want me to see.

And please help me feel all my repressed pain; please bring up all my bad feelings so I can express them and see what it is they are to show me about myself, my life, and You.

And please help me work through my blocks, I want to Heal myself, I want to become true to myself and true to my feelings and true to You – please help me do that.

**Heavenly Mother and Father**, I feel so bad, and I know I'm doing it to myself, but I can't help it. I can't stop my compulsive addictions, so will you please bring up the buried feelings in me and show me the reasons why I can't stop. Please! I want to know – I REALLY WANT TO KNOW why I do them. Please help me Mother and Father to uncover the truth of myself. Please, I beg you, please, please, please show me the truth of them so I can give them up. I hate feeling bad, yet I know I must so I can keep expressing my bad feelings to see the truth You want me to see, so please help me feel bad.

**Please Mother and Father** fill my heart and soul with Your Divine Love. Please give me Your Love. Please love me and make me feel loved by You. I want to feel You close to me, I want You to hold me, make me feel loved by You. I only want You and to do Your Will. Please help me bring up all my repressed feelings so I can express them and uncover their truth. Please help me do my Healing. Please give me Your Love.

**I hate you Mother and Father**; why have You given me such a shit awful life? I hate myself, I hate You, I hate everything about my life. I feel so bad all the time. I've expressed so many bad feelings and still I feel bad. It's not fair, it's not fair what You've done to me. I hate You! And I want You to help me Heal myself, so I can stop feeling bad. You put me in the shit for whatever reasons, and I want You now to help me get out of it and show me what it's all been about. Please help me to Heal myself so I no longer hate You.

**I long for Your Divine Love** Mother and Father. Please fill my soul with it. And please help me uncover the truth of myself through my feelings. I want to see it all! And please make it all end, I'm so tired of always feeling so bad, please take all my bad feelings away by making me feel them and showing me the truth I am to see.

**LOVE**  
is  
**Feelings First Spirituality, The New Way**

*Feelings First Spirituality, The New Way* is a contemporary ‘religion’ based on living true to yourself through your feelings. Understanding that all you need in life is contained within your soul and is shown to you through your feelings. And by loving your feelings, by attending to them properly (talking or writing them out of you) and not denying them, you can use them to uncover the truth of yourself – the truth of your soul.

*Feelings First Spirituality* is not a formalised religion that tells you how to be, that is too controlling and is actually bad for you, limiting your spiritual growth. You can be wholly self-revealing of the truths you need to be, being the person God created you to be, all by living true to your feelings.

*Feelings First Spirituality* has no formal structure because we understand we don't need one, our soul contains within it all the truth of our spiritual ascent. If we look to our feelings for the truth they want us to see about ourselves, nature and God, then what more do we need! Our true spiritual path is the path our feelings will lead us down, that is, provided we allow them to. This is the most spiritual we can be.

**Living the New Way of Feelings First Spirituality**

You come to the understanding from your life experiences that how you are is not right, it doesn't make you feel good – that you are wrong in some way. And you want to change yourself, you want to become right, true and perfect – you want to be like God is.

*And to do this you need to do your Healing*

Your Feeling-Healing is looking to your feelings for the truth of yourself, the truth being hidden in many of the feelings you are not wanting to face in life. So you have to end your feeling denial, accepting all your bad feelings (and good ones), express them (yet not necessarily acting upon them), whilst longing to uncover the truth they are to show you.

Or, you can do your Soul-Healing, which is your Feeling-Healing together with including longing directly to God for God's Divine Love. When you receive the Divine Love into your soul, it will cause your soul to become divine, and it will deepen your personal relationship with God. Long with all your heart to God for God's Divine Love.

<http://religionoffeelings.weebly.com/>

## **Feelings First Spirituality** **The New Way**

|                                                                                                        |
|--------------------------------------------------------------------------------------------------------|
| <b>By living true to ourselves, true to our feelings, we are living true to God. It's that simple.</b> |
|--------------------------------------------------------------------------------------------------------|

# FEEL *for* TRUTH

The beauty of it all, is the truth comes to you through your own feelings. You don't need to be told it by anyone. You can work it all out for yourself. We are self-revealing of truth, it's how God created us to be, and by being it we'll feel the happiest we can feel. Truth is our great comforter, so when you feel it come up within you, ah it feels so good and you feel just right – perfect!

We know only how to deny feelings, now we can get to know how to accept them. And always with the truth being the most important part.

## FEELING TRUTH

If you don't want to uncover the truth of your feelings, then you can keep on expressing them forever but you will never fully heal yourself. Seeing the truth results in the Healing. And to see the truth you need to express all the pain out of you. The two things go hand in hand.

You can accept and express your bad feelings, letting off steam all day long, yet nothing will heal and nothing much will come of it. So this is where wanting your feelings to show you the truth of why you're feeling as you are is so important.

Don't go fishing with your mind, that will shut the truth out from rising up for you. **KEEP YOUR MIND OUT OF IT.** It's a feeling thing, doing your Feeling-Healing. (This is where we erred previously, and this how other modalities are in error.)



You long when you can, then stop longing and keep expressing. And at some point, and it might not even happen immediately, it might happen after days or weeks of expressing the same bad feelings, truth will come to you. And it does, it just comes up suddenly into your consciousness. You just know. You see the picture and you feel it's true. And you know it's true. And THEN your mind can come in and start sorting it out and putting in context.

It's the Truth that we are seeking. It's the End Point. The Reason for doing your Healing. You are to see the whole Truth of yourself. And to begin with, that's the whole truth of your unloving self, of your wrongness, of your evilness, of why you are as you are in your negative unloving mind-controlling state. To be able to fully accept yourself as you are, warts and all. To not fight or resist or try and change yourself, just to accept all you feel and all the truth of all those bad feelings you feel about yourself. And when you do, so you will be healed. You CAN'T heal yourself unless you uncover the truth of your pain, suffering and so the truth of all your bad feelings.

Through our Feeling-Healing we long for the truth of what we're feeling whenever we can. So as often as you can. You want, and REALLY WANT WITH ALL YOUR BEING, ALL YOUR WILL, to know why you are feeling bad. You yearn, want, long and beg and beg and BEG God to show you the truth of yourself through your feelings. So when you are expressing your bad feelings you can stop and long for the truth to show you what's going on, why do you feel so bad, and you can do it any time you think of it or feel to do it.

Notes from 'Feeling Healing' by James Moncrief

Heartfelt TRUTH

## Our FEELINGS are our SUPREME GUIDES:

# Feelings!

**Feelings are what guide us through our ascension of truth. So they are really our Supreme Guides.** Many people look for a person, spirit, angel, even God, for supreme guidance, however it's all right there already built in – in our feelings. **We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it's there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feelings is really: Longing for the truth of our self, because: we are our feelings. So life stirs up our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings.**

Kevin 26 Sep 2017

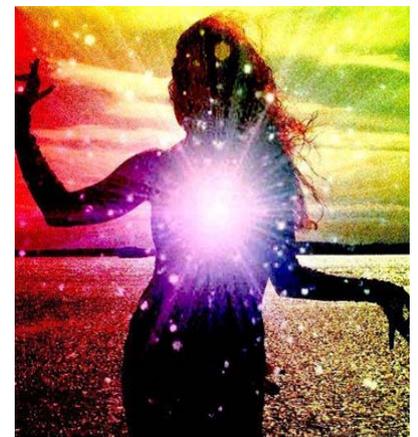
## **Using our feelings to uncover the whole truth of our negative or anti truth and anti love state.**

Kevin: **So whilst we're of an untrue state, then all we have got to help us understand why we feel bad, why we are wrong, why we are negative and anti love and truth, is our feelings. So if we focus on our bad feelings, they will lead us to the truth of why we're feeling bad. Which will be the truth of what happened to us to make us be this wrong way, and how we took on the wrong way and keep it going making us feel bad.**

## FEELING HEALING

**Note:** The vital difference between emotion and feeling is that emotions have their roots in the past, and feelings relate to the present moment. Emotions represent our feelings which were not previously expressed, and these accumulate with time.

**Note:** **Our feelings are soul-based. Our soul is always in truth. It is our soul based feelings, that when allowed to be freely recognised, we will begin to express and be who we are. This takes time and perseverance as we have encrusted our souls with layers upon layers of errors and false beliefs, it is these layers that will confuse the truth that our soul is conveying to us. Only by our progression with our Feeling Healing will our soul's expression of truth become clear and free of all cloudiness and contamination.**



“What our soul needs in accordance with our own, individual, **Soul-Light-Plan-Of-Destiny** (your life's true destiny plan), They, being our Mother and Father, will give you as required. The only way we can know truly what we need is to honour and follow our true feelings. They, springing from our soul, literally telling us what we need, and so when we genuinely feel we need something, we apply our will to get it. The hard part is knowing if our feelings are true, and until we have done our whole soul-healing, they won't be clear and totally true.” James – Introduction Course to Divine Love Spirituality

# Feelings First Spirituality

## The New Way

**Feelings First**  
**FF**  
**Feeling Free**

The New Way, Feelings First Spirituality  
 Learn to live with God through your Feelings

Accept, express and long for the truth of your feelings

Be free in your feelings  
 Free your feelings from your mind's control  
 Live true to your feelings; your feelings are your true self  
 Live true to yourself through your feelings



Live true to yourself by living true to your feelings.  
 Long for the truth of your feelings.

Accept / Express / Bring out ALL of your good, and most importantly,  
 BAD feelings.

Want to understand why you're feeling them.

Use your surface feelings to take you deeper into your repressed and  
 hidden feelings.



The Feeling Way is the True Way.  
Your feelings are your spiritual guide.  
Your feelings will take you to God.



Your feelings will show you the truth of your relationships, including your relationship with God; and if anything is wrong, untrue and unloving, then why it is.

Our feelings are sacrosanct and we should respect them accordingly. And we should NEVER block them out, ignore, override, banish, deny or reject them, because if we do, we're only doing that to ourselves, as Our Feelings Are Our Self.

Our feelings are the gateway to our soul. Our feelings are the closest we can get to our soul. Knowing the truth of our feelings is knowing the truth of our soul, and knowing the truth of God.

Feelings First Spirituality is the True path for humanity.

It embraces all people.

It completely unifies the world.

Everyone can relate to everyone else through their feelings.

And we can all live the truth that comes from our feelings, all sharing the same truths as we express and have the same feelings.

No one need be left out; no one is more special than anyone else – we are all united in Truth through our feelings.

So with and through our truth we live our lives, therefore without the need of any man-made mind-laws, rules and restrictions that limit self-expression as inspired by our feelings.



The New Way, Feelings First Spirituality is what is to replace all man-made, mind-contrived religions that so many people have enslaved themselves to. The New Way, Feelings First Spirituality will set us free of all that control, ending the Rebellion and Default within ourselves as we do our Feeling-Healing, and ending such control and spiritual stagnation in the world.

Bring on the End Times – get it over and done with! Let's all see that Jesus is not going to come again, that Prophecy has failed all the mind-controlled platforms. Allow such false systems of belief to die their long-awaited natural death, they've overstayed their welcome, it's now time they fade away. So let us show such antiquated, erroneous systems of belief the exit and bring on the fresh liberation of discovering the truth of how we are to live for ourselves, each of us personally in our lives, and all by looking to our own feelings for it. Self-revelation through our feelings is the way to go.

The Way of the Mind is ending, and is really the End Times – the End of our mind control, and **it's about time!** With the Way of our Feelings replacing it.

The End Times means the end and therefore a New Beginning. And that new beginning is a whole new Spiritual Age – an age based on self-revelation of truth through one’s feelings, coupled with and supported by higher revelations from the Celestial spirits, angels and nature spirits.



The Feelings First Spirituality is the True Way to God because it helps you get to know God, helping you to reach out, connect and be personal with God, and do God’s Will, all through your feelings. It is the only true way of getting to know the God of Feelings – our beloved Heavenly Mother and Father, the Great Soul of Divine Love.

Love comes through our feelings and not our mind, as we’ve all been wrongly led to believe.

**Feelings First; then comes The Truth; then comes Love.**

**LOVE is the Religion of Feelings, being:**

**Feelings First Spirituality, The New Way**

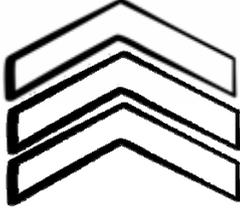


my  
**House** is your  
**Paradise**  
 **HOME**

## The CHOICE is OURS to MAKE:

### Celestial Truth:

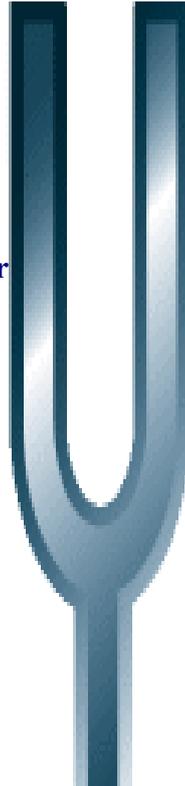
Truly all-loving;  
 Living true to oneself;  
 Mind supporting Feelings;  
 Living with the Divine Love;  
 Fully Healed of the Rebellion and Default.



### THE FEELING WAY

Feeling – Ascendance  
 Unlimited progression

- Living true to your untruth;
- Honouring all your bad feelings;
- Expressing feelings to uncover their truth;
- Healing the Rebellion and Default within yourself;
- Feeling unloved; being unloving;
- Feeling as bad as you can feel;
- Feeling like you are no one special;
- Longing for the Divine Love.



### THE MIND WAY

Mind – Transcendence  
 Limited progression

- Enlightenment, Nirvana, feeling all-loving;
- All false, mind-contrived. Anti-truth, anti-love;
- Still evolving the Rebellion and Default within yourself;
- Feeling and believing you are the Superior One;
- Living with your mind in control of your feelings;
- Living rejecting all your bad feelings;
- Living with your mind contriving you feel loved;
- Rejecting the Divine Love.



All religions, New Age, agnostic,  
 atheists, no spiritual interest,  
 Living the Rebellion and Default.

Hell:  
 Exploiting the Rebellion and Default.

The Feelings are the doer; the Mind the teller. So we are to go with our feelings, which we can't be told to do with our mind. So the longing for the Divine Love, doing our Healing by expressing our feelings and longing for their truth, are all feelings and doing it with longing. Whereas the mind just wants to tell us what to do and how to be, no feelings in it, all how our parents have treated us.

# ENOUGH IS ENOUGH

Andon and Fonta, our first parents to long for our Heavenly Parents, lived nearly 1,000,000 years ago. Naïve humanity was seduced by high spirits, the Lucifer pair, to believe they could be gods through their minds, thus men subjected women to subordination 200,000 years ago. This was added to by the default of the Adamic pair more than 38,000 years ago when they failed in their mission.

## REBELLION & DEFAULT **200,000** YEARS

When Jesus with Mary achieved their full Regency of Nebadon, in 26 CE, they immediately had the Lucifer and Satan soulmate pairs assigned to a spirit world prison. Since then, the Creator Pair have been preparing for the end of the Rebellion and Default for humanity of Earth. The Avonal Pair now on Earth, once commencing their Healing, brought about the imprisonment of the Caligastia and Daligastia pairs in the early 1990s. As the Avonal Pair advanced with their Healing they brought about the formal end of the Rebellion and Default, on 31 January 2018. It is now for all of humanity to embrace the Spirits of Truth of the Avonal Pair and undertake their healing of the imposts of the Rebellion and Default.

## Avonal **AGE 1,000** YEARS

Spirits of Truth of the Avonal Pair will guide us through our Feeling Healing and into the Celestial Heavens with Divine Love, then the Spirits of Truth of the Creator Pair will lead us through the Celestial Heavens and out through Nebadon towards our Heavenly Mother and Father in Paradise.



Each generation of 25 years or so will see marginal embracement of Feeling Healing, however 1,000 years will achieve universality.



A few will complete their healing during their lifetime but for many it will be incremental.

Universality of Feeling Healing with Divine Love will see the mitigation of discomfort, pain and illness as well as the imposts of global warming and Earth changes. As those events are to ensure that each of us embrace our feelings, both good and bad, down to the very core, so that we fully come to know who we truly are. Sciences will endeavour to remove pain only to see disease manifest in different forms. Earth disturbances are a result of the Harmonic Convergence of the late 1980s, increasing the rotation of the Earth's central core, this will only abate when humanity has universally embraced Feeling Healing. These influences are only imposed upon us so that we do not step back into the Rebellion and Default through complacency. Live Feelings First. We are to become the true personalities we are, that being daughters and sons of our Heavenly Mother and Father.

# Avonal Revelation

- We are to live Feelings First.
- We've been made to use our mind to live against many of our feelings.
- Our mind control commences at conception and is developed through our childhood.
- All the bad feelings we didn't express as we were growing up are still repressed inside us.
- And all such hidden, buried and unwanted feelings have to come out.
- And whilst they remain repressed within us, they will continue to make us feel bad and unloved.
- We get sick, depressed, suffer, have bad things happen to us because of our repressed childhood feelings.
- Humanity was brought into this state of living against itself by higher rebellious spirits.
- These Evil Ones caused the Rebellion and Default.
- We are made to rebel by default – as we have no idea we're doing it through our parenting in wrongness.
- We are all parented unlovingly – against ourselves, against our will.
- Some parenting in the wrongness is done with more love, yet it's all still wrong.
- To heal this unloving state within ourselves we have to do our Healing.
- Our Healing is our Feeling-Healing or Soul-Healing with the Divine Love.
- We can long to God for Their Divine Love, and this will help us with our Healing.
- God is our Heavenly Mother and Father, the Feminine Aspects of God having been kept hidden from us by the Evil Spirits.
- All humanity's religions and spiritual systems are designed to keep the wrongness going, to keep us away from God.
- Only by living The New Way, Feelings First Spirituality can you become right, and truly find God.
- Long for the Divine Love.
- Long for the Truth of your Feelings.
- Accepting all you feel is accepting all of yourself, it's your greatest act of self-love.
- And wanting to know the truth of your feelings, is your next greatest act of self-love.
- Love yourself through your feeling-acceptance, and the Truth will set you Free!

31 May 1914 and ongoing

### 139. How can you live in the world in a perfect state?

18 May 2014

One's soul perfection will be expressed right the way through one's self, so including the physical.

That means that if we are to manage healing ourselves, all our physical problems will somehow fix themselves, such as damaged retina, psoriasis, hernia, bad backs, stuffed knee, bad teeth, and all the things we may not want to fix ourselves by going to a doctor or dentist.

Yes, all that's wrong with you will get fixed if it's required by your soul, however should it not be and yet you still complete your healing, then you will understand that as required by your soul, your physical body is not required to be perfect also. It's a personal thing. The theory stands that: yes, being perfect of soul means perfect on all personality levels of expression, so including the physical, however there is a proviso to this, which says that it might not necessarily follow because: what is one's definition of perfection?

It is not black and white. And it's even conceivable that it won't be until people are conceived by soul-perfect parents that such people will grow up retaining such perfection on all levels including their physical bodies. And up until such time, people will be able to completely attain a Celestial level of soul perfection, and so technically finishing their healing, no longer being imperfect on the soul level, yet their bodies continue to show signs of imperfection that resulted from their evilness.

To retain such afflictions, even though they are no longer providing you with any bad feelings as you would have healed all your childhood repression from within your soul; and so although seeming like such afflictions are physical imperfections, they are really perfect for you, even as they are for you now, because they are helping provide you with the internal environment you require for the experiences you need.

As too you are unconditionally accepting yourself, because you can't do to another that which you're not doing to yourself. So only by FIRST fully and unconditionally accepting yourself, can you then accept another?

I know it might all sound obvious, but it's been so hard for anyone to see just how conditional they are, with both themselves and others.

This is because of how our parents treated us.

The more all-accepting and unconditional we are with ourselves, so will it be with all our bad feelings, so the more all-accepting and unconditional we are about our evilness. So we are even allowing ourselves to completely be evil, to completely be the horrible monsters we are.

This is so, that is what the truth, as it comes to light, helps you do. The Mother and Father, and also so too our soul, currently wants you and me to be evil. We have been incarnated into Rebellion and Default and are living it. They want you to fully experience living feeling unloved, unwanted and uncared about, abandoned and alone – rejected by those who should love you. And all of humanity's experience of the negative all on different levels and in different ways, and even seemingly on the outside to different degrees, is really all the same, just different expressions of the same anti-truth and anti-love state.

And so we have to fully allow ourself to be as we are – and so evil. But this doesn't mean going around hurting other people infringing upon their will, because that is then being conditional, you are seeking to gain power in your unlovingness by having your will over another. And so what you are to do is to fully

accept all you feel through your ongoing feeling acceptance, which will bring to light all such conditional motivations.

So as we progress in our healing we might have to admit that we do want to rape and kill, but we are to speak about all such feelings, and how we feel about having them, all whilst longing for the truth of why we have them, all without actually having to act them out. So we are breaking down our controlling mind, which is conditional by not allowing ourselves to accept our imperfect and evil state of being. So we are worked back into being true to our evilness on the levels of truth, so we can see and understand why we are unloving; all by seeing what happened to us, how it damaged our will, how we then took it all on as we tried to regain that will and its power we felt we had lost.

It is all being conditional and so unloving, just as we were parented. So we have suffered being deprived love, so we keep depriving ourselves of it by being conditional with ourselves and with others, all having to contrive love by using our mind to pretend and keep our fantasy alive that we are not evil and unloving. And as we give up all such pretence through our healing, so we can admit that we are evil and unloving but by no fault of our own, all because it was imposed on us – we were made to be it.

So the further we go in our healing, in some ways the worse we will feel as we work our way back to being as wrong as we are, but also we will feel increasingly okay about it, understanding that it's not our fault, and that really we are good and true, only we are for the time being experiencing anti-love and truth.

Being how our parents were to us is how we have learnt to be. And so in our negative unloving state we can't be loving, so we can't be unconditional. But it's whilst we are in that state that then we can feel and see and understand the full horror of what we were subjected to.

We need to stop trying to fix and save the world and look to first fix and save ourselves by living true to our evilness and by doing our healing. We fail to realise that the world is only in such a bad state because we are in that same state, we are just making it be how we are, how our parents made us.

It can't be any other way. And the more we look out there trying to save the planet without attending to ourselves and all our feelings, the worse we are actually doing for the planet even if we believe we are helping the environment or saving the wildlife or growing organic food or whatever good things we think we are doing. None of that matters because we are not saving our soul, we are doing all those so-called 'good' things still whilst we are denying our very soul, denying many bad feelings, and refusing to uncover the truth of ourselves – of our evilness, through our healing. It's just more mental control, all being done conditionally, and nothing of truly looking to accept ourselves and the world unconditionally. And all those people who talk about living unconditionally and being unconditionally loving and self-accepting, who are not doing their healing, are only further adding to their self-delusion.

Trying to save the animals, for example, whilst not attending to our own feeling-denial, is just like trying to treat something on our skin, it all being on the body, on the outside. And that we have to want to do it within ourselves and for our own sake, not for humanity. And that looking out there to help the world only keeps us unfocused and distracted from ourselves. So we don't want to try and fix anything, or make anyone change. Mary and Jesus don't, nor does even the Mother and Father, none of them tell us what to do, so we don't need to tell anyone else what to do. So really we can't do anything other than offer comfort if we're capable of that. And then if we can do something as we attend to and express all our feelings, then so be it, we can do something. But to work from the feelings in it all first trying to keep our minds out of it.

It is what it's all about, it being what everyone has to come to within themselves. As we work through our healing so we will come to fully accept ourself, and so too, everyone else and all nature. And just allowing someone else to be free to express all they feel is the true comfort and love we can give another person. Allowing them, as you allow yourself, to be free to fully embrace and so accept and express and live true to their feelings, all whilst longing for the truth of them.

Notes have been made from: **Speaking with Mary Magdalene and Jesus** – James Moncrief

Divine Love Spirituality: <http://divinelovesp.weebly.com/> and <http://dlspirituality.weebly.com/>

Feeling- and Soul-Healing: <http://divinelovesp.weebly.com/soul-healing.html>

Childhood Repression: <http://childhoodrepression.weebly.com/>

Speaking with Mary Magdalene and Jesus: <http://withmarymagdaleneandjesus.weebly.com/blog>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

Divine Love Spirituality <https://divinelovespirituality.wordpress.com/>

Free Books on Feeling-Healing and Soul-Healing with the Divine Love by James Moncrief:

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

<https://childhoodrepression.wordpress.com/tag/feeling-bad/>

[http://playpen.icomtek.csir.co.za/~acdc/education/Dr\\_Anvind\\_Gupa/Learners\\_Library\\_7\\_March\\_2007/Resources/books/alicemiller.pdf](http://playpen.icomtek.csir.co.za/~acdc/education/Dr_Anvind_Gupa/Learners_Library_7_March_2007/Resources/books/alicemiller.pdf)

Alice Miller – For Your Own Good



## WE are SOUL!

The soul is perfect when it incarnates into a human! Most assuredly the soul is perfect! The prior existence of the soul is perfect, residing in God's soul-kingdom or realm. When it incarnates and individualises into a human, it is perfect. Further, one's personality is soul based.



The soul incarnates and begins its individualization as a human in a state or condition of imperfection and corruption. The transition of a soul from a place of pure light and love into a place of darkness is a comparison where words fail us to describe.



Two states or conditions: The first of Light and Love, and the other, Earth, of darkness and imperfection. In this process of change, the soul is immediately damaged. This damage is not mere encrustments on the outside of the soul, where, somehow the interior part of the soul remains pure and pristine. The soul, the complete soul, suffers harm and damage.



For those who **lived** on Earth for a brief period of time, say, for only **one short day**, nonetheless, will have suffered damage, hurt, and injury. The damage being so deep, that the little human physical body may only live on Earth for as little as one day. At birth we arrive damaged. The spirit-body, after the Earth vessel is dropped, will continue to live and thrive in a nursery in the spirit-world.

In the spirit world nursery, one is encouraged to freely express their souls. They are not hindered or disciplined in anyway as we on Earth experience from our first days and years of life. They are not seen as most children are viewed on Earth, as wild animals that require training and rigid discipline. All are happy and able to express themselves freely.

The damage that is infused into the soul of babies emanates from its parents and those in close relationship. The soul damage becomes visibly seen as one matures into adulthood. Should we feel and express our childhood repression then our liberated soul and personality will express itself in the manner of the girl on the bottom right hand side, otherwise our appearance and health degrades as seen of those above.

**PARENTAL OVER CONTROL:**

Points by Dr Dan Neuharth

**CONTROLLING PARENT:** Adult or guardian who uses excessively narcissistic, perfectionistic, overbearing, authoritarian, confusing, or manipulative methods of childraising. This is typically experienced by all of us, further, from this experience throughout our forming years we then go on and pass these 'nurturing skills' onto our own children.

**TEN SIGNS WE HAVE OR HAD CONTROLLING PARENTS****When we were growing up, our parents...**

- Over scrutinized our eating, appearance, hobbies, and social life.
- Pressured us with perfectionistic expectations or unattainable standards.
- Forbade us from questioning or disagreeing with them.
- Discouraged us from expressing anger, fear or sadness around them.
- Violated our privacy.
- Intimidated, manipulated or overpowered us – we were to be seen but not heard.
- Discouraged our efforts to experiment and think for ourselves.
- Gave us no say in household rules and responsibilities.
- Seemed unaware of the pain they caused us or others.
- Seemed unwilling to admit they were wrong.

**TEN SIGNS OUR PARENTS MAY STILL CONTROL US****Even today as an adult, we...**

- Feel disloyal when acting or feeling differently than our parents.
- Feel easily annoyed or impatient with our parents without knowing why.
- Feel confused by parental mixed messages.
- Are afraid to express our true feelings around our parents.
- Feel intimidated or belittled by our parents.
- Worry more about pleasing our parents than being ourself.
- Find it hard to emotionally separate from our parents.
- Talk to our parents more out of obligation than choice.
- Get tense when we think about being around our parents.
- Want to temporarily reduce or sever contact with a parent.

**TEN SIGNS EARLY UNHEALTHY CONTROL MAY STILL AFFECT US****In our adult life, we...**

- Feel perfectionistic, driven, or rarely satisfied.
- Feel intimidated or easily angered around controlling people.
- Lose ourself in relationships by automatically putting others' needs first.
- Find it hard to relax, laugh or be spontaneous.
- Feel as if we are under scrutiny even when no one else is around.
- Have an eating disorder or addictive behaviours.
- Have trouble finding a spiritual belief that feels right.
- Expect others to hurt, judge, or take advantage of us.
- Have harsh "inner critics".
- Have trouble asserting ourself or feeling proud of our accomplishments.

## TEN SIGNS WE ARE OVERCONTROLLING OUR CHILDREN

### In raising our children, we...

- Micromanage their eating, appearance, hobbies, and social life.
- Give affection as a reward but withdraw it as punishment.
- Criticize our children far more than we praise them.
- Violate our children's privacy.
- Override, discount or ridicule our children's strong emotions.
- Forbid our children from asking questions or disagreeing with us.
- Are unwilling to admit our mistakes in parenting.
- Believe that we *own* our children and that they have to *earn* our love.
- See our children's desires for independence and autonomy as a personal rejection.
- Inflict physical, sexual, verbal, or emotional abuse on our children.

The reality is that each and every one of us has had an unloving upbringing throughout our forming years commencing from the time of our conception. Due to this unloving nurturing, we in turn have to varying degrees mistreated our own children with our unloving natures. It will not be until we, as parents, address our emotional injuries and errors of belief and heal ourselves of same that we will come to understand what love really is and be able to bring our children up within an environment of love.

When our parents interfere with us when we're young and forming, stopping us from being our true selves, they are in effect causing a part of our personality to stop being expressed by our soul, so in that way, that part of us is being forced to 'die'.

Humanity is now being presented with a clear way, that being, how people can once and for all heal themselves of their evilness (errors) – the True Way. It will not be anything people currently know about, it will all be entirely new, a whole new way to live life, something that's not been lived before on our world.



To liberate one's real self, being one's soul, is by embracing Feeling Healing so to clear emotional injuries and errors. With the Love, our soul's Heavenly Parents' Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

Within the realm of personality expression we have your free will, but our soul underpins everything, everything one does, think and feel. Our soul drives our existence in Creation. And if we submit to its control, which we can only do by living true to all our feelings, then we will feel such things. One will be able to live knowing our soul is in control of everything, but part of that control is allowing one to have the experience of having a free will.

If we are to live true, that means we are to live true to ourselves, which in turn means: live true to all one feels. And so if one denies one feeling in any way, one can't live true to one's self and will remain living untrue. So feelings are the key, it's not as easy as it might sound to simply start accepting and honouring all of one's feelings instead of doing all you can to dishonour and reject them. We are to live true to our soul's feelings and not submit to our minds erroneous control.

Points by Dr Dan Neuharth

| <b>CHARACTERISTICS OF CONTROLLING FAMILIES vs HEALTHIER FAMILIES</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>CONTROLLING FAMILIES</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | <b>HEALTHIER FAMILIES</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| <p><b>CONDITIONAL LOVE</b></p> <ul style="list-style-type: none"> <li>• Parental love is given as a reward but withdrawn as punishment.</li> <li>• Parents feel their children "owe" them.</li> <li>• Children have to "earn" parental love.</li> </ul> <p><b>DISRESPECT</b></p> <ul style="list-style-type: none"> <li>• Children are treated as parental property.</li> <li>• Parents use children to satisfy parental needs.</li> </ul> <p><b>STIFLED SPEECH</b></p> <ul style="list-style-type: none"> <li>• Children are told things like "Don't ask why" and "Don't say no".</li> <li>• Questioning and dissent are discouraged.</li> <li>• Problems are ignored or denied.</li> </ul> <p><b>EMOTIONAL INTOLERANCE</b></p> <ul style="list-style-type: none"> <li>• Strong emotions are discouraged or blocked.</li> <li>• Feelings are considered dangerous.</li> </ul> <p><b>RIDICULE</b></p> <ul style="list-style-type: none"> <li>• Children feel on trial.</li> <li>• Children are criticized more than praised.</li> </ul> <p><b>DOGMATIC OR CHAOTIC PARENTING</b></p> <ul style="list-style-type: none"> <li>• Discipline is often harsh and inflexible.</li> <li>• Parents see their role as bosses.</li> <li>• Parents accord children little privacy.</li> </ul> <p><b>DENIAL OF AN INNER LIFE</b></p> <ul style="list-style-type: none"> <li>• Children lack compassion for themselves.</li> <li>• Being right is more important than learning or being curious.</li> <li>• Family atmosphere feels stilted or chaotic.</li> </ul> <p><b>SOCIAL DYSFUNCTION</b></p> <ul style="list-style-type: none"> <li>• Few genuine connections exist with outsiders.</li> <li>• Children are told "Everyone's out to get you".</li> </ul> | <p><b>NURTURING LOVE</b></p> <ul style="list-style-type: none"> <li>• Parental love is relatively constant.</li> <li>• Children get affection, attention, and nurturing touch.</li> <li>• Children are told they are wanted and loved.</li> </ul> <p><b>RESPECT</b></p> <ul style="list-style-type: none"> <li>• Children are seen and valued for who they are.</li> <li>• Children's choices are accepted.</li> </ul> <p><b>OPEN COMMUNICATION</b></p> <ul style="list-style-type: none"> <li>• Speaking honestly is valued more than speaking a certain way.</li> <li>• Questioning and dissent are allowed.</li> <li>• Problems are acknowledged and addressed.</li> </ul> <p><b>EMOTIONAL FREEDOM</b></p> <ul style="list-style-type: none"> <li>• It's okay to feel sadness, fear, anger and joy.</li> <li>• Feelings are accepted as natural.</li> </ul> <p><b>ENCOURAGEMENT</b></p> <ul style="list-style-type: none"> <li>• Children's potentials are encouraged.</li> <li>• Children are praised when they succeed and given compassion when they fail.</li> </ul> <p><b>CONSISTENT PARENTING</b></p> <ul style="list-style-type: none"> <li>• Parents set appropriate, consistent limits.</li> <li>• Parents see their role as guides.</li> <li>• Parents allow children reasonable control over their own bodies and activities.</li> </ul> <p><b>ENCOURAGEMENT OF AN INNER LIFE</b></p> <ul style="list-style-type: none"> <li>• Children learn compassion for themselves.</li> <li>• Parents communicate their values but allow children to develop their own values.</li> <li>• Learning, humour, growth and play are present.</li> </ul> <p><b>SOCIAL CONNECTIONS</b></p> <ul style="list-style-type: none"> <li>• Connections with others are fostered.</li> <li>• Parents pass on a broader vision of responsibility to others and to society.</li> </ul> |

## THE EIGHT STYLES of CONTROLLING PARENTS

Points by Dr Dan Neuharth

Nearly all **controlling parents** embody one or more of the eight "styles" of controlling parenting. These styles provide a "You Are Here" point on the map of unhealthy control. Identifying your parents' styles can help you make sense of what didn't jibe in your family. Remember the series of lenses an eye doctor alternates before your eyes until you find ones that enable you to see most clearly? Recognizing your parents' styles offers the right lens that brings into focus the underlying values and themes with which you were raised. The more clearly you view your family's themes, the more readily you can become your own person. You may find elements of one or more of these styles present in either or both of your parents:

**Smothering** Terrified of feeling alone. Smothering parents emotionally engulf their children. Their overbearing presence discourages independence and cultivates a tyranny of repetition in their children's identities, thoughts and feelings.

**Depriving** Convinced they will never get enough of what they need. Depriving parents withhold attention and encouragement from their children. They love conditionally, giving affection when a child pleases them, withdrawing it when displeased.

**Perfectionistic** Paranoid about flaws. Perfectionistic parents drive their children to be the best and the brightest. These parents fixate on order, prestige, power and/or perfect appearances.

**Cultlike** Distressed by uncertainty. Cultlike parents have to be "in the know," and often gravitate to military, religious, social or corporate institutions or philosophies where they can feel special and certain. They raise their children according to rigid rules and roles.

**Chaotic** Caught up in an internal cyclone of instability and confusion. Chaotic parents tend toward mercurial moods, radically inconsistent discipline, and bewildering communication.

**Using** Determined never to lose or feel one-down. Using parents emotionally feed off their children. Hypersensitive and self-centred, Using parents see others' gains as their loss, and consequently belittle their children.

**Abusing** Perched atop a volcano of resentment. Abusing parents verbally or emotionally bully — or physically or sexually abuse — their children. When they're enraged, Abusing parents view their children as threats and treat them accordingly.

**Childlike** Feeling incapable or needy. Childlike parents offer their children little protection. Childlike parents, woefully uncomfortable with themselves, encourage their children to take care of them, thereby controlling through role-reversal.

<http://www.controllingparents.com/Default.htm>

### In a survey of adults raised with unhealthy control, percentages who said:

#### As children they felt...

- Forbidden to question or disagree with their parents: **90 percent**
- Pleasing their parents was more important than being themselves: **86 percent**
- Tense or on guard when their parents were around: **96 percent**
- That it was not okay to express anger, fear or sadness: **96 percent**
- Hemmed in and without choices: **96 percent**

#### As adults they...

- Feel perfectionistic, driven, or rarely satisfied: **82 percent**
- Worry or ruminate over confrontations: **96 percent**
- Are easily angered around controlling people: **91 percent**
- Feel extra-sensitive to criticism: **91 percent**
- Feel tense when they think about visiting their parents: **78 percent**
- Feel that their parents don't really know them as they really are: **91 percent**
- Feel that it has taken a long time to separate from their parents: **82 percent**

#### In retrospect, their parents...

- Seemed unwilling to admit it when they were wrong: **100 percent**
- Seemed unaware of the pain they caused others: **100 percent**
- Viewed the world in right-or-wrong, black-and-white terms: **96 percent**
- Encouraged connections with others outside the family: **14 percent**
- Encouraged their children to express feelings: **5 percent**



Infographics and diagrams have been added by Pascas.

**PARENTING:**

Tuesday, 16 October 2018

I, James, want to write a few points about parenting having read a few pages of *Parenting is Forever* by an Australian paediatrician – Elizabeth Green, a book I saw at the library.

**The hard truth is: if you parent whilst being of the Rebellion and Default, then you will be severely damaging your children. It's what we fail to understand; and we've been doing it for a very long time.**

The whole notion of one can be a 'good' parent or a 'bad' parent needs to be thrown out the window. When you understand we're all living in a state of truth-denial; that we are denying the truth of ourselves, nature and God; that we are living against ourselves, nature and God; that everything we do is wrong and within the Rebellion and Default, then everything one might do as parent will be wrong too.

Until you begin your Healing, everything you do with your children will be stuffing them up. It can't be helped. And you won't know how you are stuffing them up until you do your Healing. You can't see the full extent of what you are doing to them either positively or negatively as you are parenting them – unless you are doing your Healing. And you can't work out how to stuff them up less, as it doesn't work that way. They will come to know how stuffed up they are – what a 'good job' their parents did on them – when they do their Healing.



We have to do our Healing so as to see the truth of our relationship with our parents. And until we see it, we'll remain forever more bound up in our Wrongness.

And the idea that we can learn how to parent, learn how be better parents, use our mind to parent children, is wrong, too. We can use our mind to learn whatever we want, but as that too is being done in rebellion against the truth of our true self, so it's only going to negatively effect your child.

A parent might be able to parent its child to fit better into life, living a more morally acceptable, respectful and loving life, however it's all still learnt, so it's a contrivance based on current acceptable pretence and falseness – it's all untrue and a fantasy.

Parenting happens on multiple levels most of which the parents are unaware, and all starting at conception. At conception, it's all already done, it's a done deal – pregnancy, childhood, adulthood is just the outworking of it. So all our negative patterns are conceived at conception (incarnation), with the only way to change those denial, rebellious, anti truth and anti love patterns being to do your Healing by seeking the truth of your feelings. And once your Healing is complete, then you will be living wholly positive, true and loving parents.

The truth you are living is 'organically' imparted 'absorbed' by your child all the way along, and right up until you have completed your Healing when technically you are no longer the parent of your child, having given it up completely to God, it being wholly God's child. By the time we're all of a Celestial truth we are then truly children of our Heavenly Mother and Heavenly Father without any further parent / child connection on any level other than in our memories. When you have completed your Healing,

then you will be totally free of your parents. Until then, even through they might not be personally present and active in your life, still you are living out the patterns that resulted from being with them, even if that was only for a moment. With those patterns all being 'broken' and transformed into leaving your physical parents for your true Soul Parents as you progress through your Healing.

Your child becomes the truth that you are. If you living against truth, so untrue, so it will follow suit becoming untrue. The intrinsic child being an expression of its soul, is true and perfect, however we become untrue and imperfect being incarnated onto a Rebellious world. Your child can't be anything other than how you are – it is 'your' child. All the factors such as DNA and inheritance contribute to how your child is, and on all levels, not just the physical, it all being long lines of generational denial being passed onto your child. And this then works with the whole environment the child is subjected to, which includes all of nature, all what happens in one's life, and all that's happening on unseen levels from spirit, all what's going on emotionally, mentally and psychically – the relationship between them both, it all going into and working to reflect the desired outcome the child is to be in every moment of its life, all of which is ultimately underpinned and fully orchestrated by the soul.

You soul is expressing you in Creation. It has encoded within it, all that you are to ever be. God has put it already all within your soul, and your soul is 'unfolding' through light, expressing that pattern which governs every aspect of your being. So why that genetic trait is activated by those environmental conditions is all overseen and orchestrated by the soul. Nothing is random, there is no bad luck that your child suffered this problem, and it is more than because you smoked and drank during pregnancy you somehow damaged your child. All of you is damaging your child all the time, even if you feel a great love for it and it for you.

Until you've fully Healed yourself, it is all damaging, fantasy, untrue and unloving. Every second your child is with you, you are negatively affecting it (unless you are doing or have done your Healing). And even when it's not with you, you are still connected by unseen psychic cords on all levels of the mind, emotions and spiritually, so are still affecting each other. And those effects compound and become very intricate, complex and intensely psychologically involved.

And if your child is retarded, a genius, or just 'normal' and 'ordinary', that's exactly what God wants, it's how God made its soul to express itself, so it's perfect. You are the child of God that you are, even in all your wrongness. And even though you might hate how you are, you don't have to stay in that state, being able to heal yourself as you do your Healing. And when your Healing is finished, you'll truly love the whole unloving state that you were, seeing that it was all absolutely perfect how evil, uncaring and unloving you were, it all being what you needed to bring you to this point of perfection you are now living in your Celestial level of truth.

If you parent your child without doing your Healing (irrespective of being a good or bad parent and whatever you do and learn to try and help your child), then you are simply passing on the next level of wrongness in your long family line of being untrue. If you parent your child whilst you are doing your Healing, then every part you heal within yourself you'll no longer be passing onto your child, with your child potentially adjusting to the 'new you' which can happen up until the child reaches its first Saturn Return (astrologically speaking) around 28-30 years old. Once that age is reached, technically it's the end of childhood, so even if the parent/s keep Healing themselves, those positive effects won't be passed on to the child. And once a child is sexually mature, the child itself has to be open to and receptive of its parent/s to be able to keep changing, reflecting the parent/s changing as it does its Healing. Once sexually mature, the child is free to reject any such positive changes brought about by its parent/s Healing, so it might reject its changing parent who is doing his or her Healing. The Healing parent can't force any positive changes on the child once the child is sexually mature, whereas before sexual

maturity the child is still becoming its parent, so any positive (or negative changes) the parent makes will be taken on in some way and on some level by the child.

Learning to be a better parent whilst still parenting without doing your Healing only means you're going to add yet more layers to your child screwing it up even more. We are constantly adding more mental layers of self-denial to the way we live as adults, and so too our children. The Internet being the latest outside influence that can help parents to add yet more mind layers to themselves and their children. This book I am reading suggests that all parents woes and all the child's problems in the world now stem from the advent of the Internet, even as if pre-Internet, there weren't any problems with how parents parent and their resulting problematic children. And yet the Internet age is just another age along the two hundred thousand years of System Rebellion and Planetary Default, of parents unlovingly parenting their children who grow up to parent their children unlovingly. And if it we were parenting our children perfectly, if we were all Healed and living true to our feelings, there would be no Internet like we have it, and possibly no internet or anything of what we currently have. There would be other things in life reflecting our true state, things that express our love, instead of things that are expressions of our unlovingness. The Internet, like everything we create, is an expression of how screwed up we are inside, which means, how our parents screwed us up. We can only create something like the Internet – and the whole world we live in, because of our unloving parent/child relationships. So if you think the Internet and the world we've created are good and loving, then you might want to consider looking into the truth of your relationship with your parents and doing your Healing.

Any love you feel is love within the unloving state that you are and that you and everyone is expressing in the world. Nature is of perfect Natural love; we and all we create whilst we're in our imperfection, is unloving. All our relationships are unloving. Within our unloving states we can, relatively speaking, feel love and be more loving, just as we can be more evil, wrong and unloving, yet still it's all within an anti truth system, and without truth there can't be true love, for love to flow there needs to be truth: no truth, no love. Love exists outside of truth, but without truth we can't truly relate to it, so it may as well not exist. Our souls are truly of love, and we are to become truly expressing our truth as love, and loving expressing our truth with all the good feelings loves gives us, when we've completed our Healing, when we've ended our rebellion against truth and love.

We are living in an 'experiment' of how unloving you can be and what the effects of feeling unloved have on ourselves, each other and the world. Everything we are doing is wrong, so everything we are doing is making it harder for ourselves. There are no effective solutions to all our problems until we end our unloving anti-truth state by doing our Healing. We can keep using our minds to make it appear like we're being more loving and caring, just as we can use our minds to make it even harder for ourselves, but our mind is not The Way, whereas our feelings are.

A parent or parents doing their Healing will naturally effect their child as they progress, and in a positive way. However it's not for the parent to demand, make or force the child to do its Healing. Once the child is sexually mature, then it is free to make its own choice about doing it. And some older children might reject their parents who are doing their Healing, putting off doing their Healing until they are older still, which could even be during their spirit life. When someone begins their Healing in earnest, is when God through their soul says it's time.

If you are wanting to Heal yourself and become true, then part of that Healing will be about your relationship with your children – uncovering how unlovingly you've treated them whilst possibly believing you were loving and doing the right thing for them. And if you are yet to have children and do want them, then there will be lots of opportunities for you to find out more truth of your unloving state as you look to expressing and longing for the truth of all you feel – which is doing your Healing.

It's not that because you understand you are imperfect you should therefore not be having children until you are perfect having completed your Healing, but going with your feelings of wanting a child and expressing every feeling that comes up along the way as you long for the truth of those feelings. If you have any fear, anxiety, worries, guilt, sadness, anger, misery and any other bad feeling, then these are what you work on. So you can have a child as you do your Healing, with the child helping to bring up the bad feelings in you that you are to express out of yourself and see the truth of. Or, you not have a child and do your Healing. If you don't have children on Earth then you can adopt children in spirit, either doing your Healing or not. Currently spirits doing their Healing can't also adopt children, however once the New Revelation is 'activated' – revealed, then spirits doing their Healing will also be able to do it whilst having children.

A fully Healed parent will pass on such truth to its child thereby no longer subjecting its child to any untruth. And two Healed parents will give rise to a completely true child, it being totally free of the Rebellion and Default, this being the perfect humanity that humanity is to become. Slowly humanity is to Heal itself of the Rebellion and Default.

Elizabeth in her book says that young people and children are looking more to social media and their machines to conduct their relationships through, and oh my god how are parents now to deal with, compete with, simply cope with, that??!! We fail to see that the machines and the Internet is allowing us to be truer to our unloving states, we can be more impersonal by pretending we are personal through a machine and the unreal, which is the truth of the relationship we are living with each other, so the truth of the relationship between parent and child. A parent who complains that their child wants the Internet and all it offers above them, should perhaps question why does the child want to reject its parents, and in finding the answer to that question, the parent will uncover the truth of its unloving relationship with its child. We can escape into the Internet away from the relationships we hate, those with our parents. We all hate each other, not love each other, which is possibly the most difficult truth to accept. We make up fantasy relationships we project onto each other that gives us the mental ability and resulting contrived feelings to make us feel and believe we love each other. But if we take the fantasy away there is only a dark hole of nothing, a hole full of pain, the full horror, trauma, terror of agonisingly feeling you are not loved by the people who should love you.

And so because none of us can bear face the terrible truth of our unloving state, we continue to do our best to live seemingly loving with each other, doing the best we can, using our mind to alter our fantasy-unreal existences, doing all we can do to avoid having to face, accept and fully embrace the truth our bad feelings will show us when we come to do our Healing and want to give up the facade.

We currently parent negatively influencing our children on seven whole worlds' worth of truth. Which means your child, as do you, has seven whole worlds' of truth it's denying in life, all of which cause untold numbers of problems. And consequently, should you wish to do your Healing, so it will take you the Healing of all seven worlds, as represented by the seven Mansion Worlds, to complete it. The Rebellion and Default has evolved to include all seven Mansion Worlds in rebellion by default. We have taken the Rebellion on by Default through all these levels and have to heal them all through our Healing. And once Healed, we are free of our parental influences, free of our parents, free of our wrongness, free of the Rebellion and Default, true and perfect to the Celestial level of truth.

# ***We are to Find the Truth of our Childhood.***

James Moncrief – Sunday 8 September 2019

## **We are to Find the Truth of our Childhood.**

That's it; and find it through our feelings by directly connecting, feeling, experiencing, and most importantly, knowing they are true by being them. We ARE our childhood, the truth is already there, it is already within us, we are already living it, we don't have to look anywhere else for it other than within ourselves. All of why you are what you do, say and live, everything about how you are and how you conduct yourself in life, is all what your childhood was. You grew into being the adult you are because of the childhood you had, we can't be a different adult that's not a direct and complete product and result of our childhood. And if you take away the time element, we are still our childhood, our life is still manifesting how it was for us as a child. We can believe and pretend all we want that we are different to how we were as a child, that having become adult we can leave our childhood behind and move on becoming the adult we want to be. No, we think we can do that, yet we can't. We can't do anything that's not already done, we are still effectively living our childhood and being as we were in it, and that's within all the different times and phases of it, all which adds up to being one big, often contradictory, mess of ideas, beliefs and opinions about ourselves.

And we can't be anything else other than what we are, which is how it was for us through our childhood, yet we fail to see it because we're not fully connected with those parts of ourselves and all the corresponding feelings that will help us see it. So we are to find the truth of ourselves – hence: the truth of our childhood. Because in knowing the whole truth of our childhood and being it, being aware that we are it, connects us as adults fully with ourselves back then. You know how it was for you, because you feel it, your feelings tell you, show you, and there's no avoiding or denying them, because they are expressing (by making you feel) the truth of how it was for you, how it has always been since conception, and how it will remain until the Mother and Father transform you out of your untrue state – out of your unloving childhood.

So our Healing is about finding the truth of ourselves from the beginning, which equates to the truth of our whole childhood, because it's our childhood that made us be as we are. And because we were so heavily interfered with and prevented from being our natural true selves, so we have to 'Heal' all the damage that was done to us. Healing ourselves by seeing the truth of ourselves. So by acknowledging all our feelings, and by wanting to find and uncover the whole truth of our childhood, we work progressively deeper into ourselves, bringing to light all that happened to us to make us be as we are. And part of that is to help us see how much of our childhood and forming was true and loving, and how much was untrue and unloving.

And presumably, once we've brought to light within us the whole truth of our childhood, then the good, true parts, those founded on true love, will remain; and the bad, that which was founded on untruth, will be transformed out of us by God through our soul.

As a forming and developing child, we don't have enough of ourselves to find and so experience the whole truth of what's going on. But as adults we do. And if we grew up in a fully true and loving situation and environment with only loving and true relationships, then as an adult that's how we'd be feeling completely loved and true, happily wanting to bring to light all the positive influences that affected us through our childhood, all of which would be a very enjoyable and loving experience. Whereas because we grew up in rebellion against Truth and Love being forced to be mostly

untrue and unloving, and even possibly completely untrue and unloving, then it's not enjoyable going back bringing to light and expressing all our hurt and pain.

We start out not knowing anything about how it is for us through our childhood; or at best, a minimal amount as some people and families are more feeling expressive and self-aware. And through our Healing we have to get to know it all, because we are it, so we're getting to know ourselves – which for many people will equate to getting to know their shit-start in life. And once we've brought to light the truth of our childhood, then we can leave it, moving on bringing the truth to light of being a true adult. Which is what The Urantia Book means by saying we become true universal spiritual citizens once we are living a Celestial level of truth. So the Mansion Worlds are really provided for us to uncover the truth of our childhood, to see how it was for us, and consequently, how we lived as a child. And they are really only for that, and not so much for us to set about righting all that we find out is wrong within us. We are to only see and so uncover the truth of ourselves. As far as fixing ourselves, or changing or transforming ourselves, that is up to God.

The Mansion Worlds are called probationary worlds, ones in which we can settle the Law of Compensation within our untrue states and continue living against ourselves and the Truth, furthering our truth and self denial; and ones in which we can do our 'Healing' to see the whole truth of our untrue state. Which we can now do either in the Mansion Worlds themselves, or on Earth.

So there is no avoiding the truth of your childhood if you want to ascend beyond the Mansion Worlds. And the fact that none of the spiritual or religious systems on Earth are wholly devoted to helping people bring to light the truth of their childhood through their feelings, shows what a terrible state we're all in. Imagine if the whole world was focused on helping everyone bring to light the hidden truth of themselves, and so the truth of their childhood. It certainly would be a different way to live and so a different world we'd live in.

We can't actually fix anything from our childhood. We can't, only God can. And God will when we've brought to light all the truth of it that God wants us to see. We can undergo therapy (and some truth might come to light), go to the doctor, do whatever we do trying to feel better, all trying to get rid of our bad childhood, all trying to fit in with the beliefs we have from our childhood of how we should be in the world, yet it's only at best scratching the surface. God, through our soul, won't allow us to change anything from our childhood anyway, at least not until we've seen and brought to light and fully connected through our feelings with all the truth of it. There'd be no point God subjecting us to such horror if we could make it all go away before we found the truth of what it was all about and why God made our childhood as it was. So we can do a little, or so we think, adjusting ourselves this way and that, however even those adjustments we come to see through our Healing are 'allowed' because we're still just doing them within our prevailing childhood patterns. And there are what seems like endless levels within us of which we're composed, which you would expect because of the enormity of being God's children, and so there's quite a scope for us to move or play around in entertaining ourselves by believing we've changed the foundations and results of our childhood. So as we can't actually change ourselves, all we can do is want to uncover the truth of our childhood and live that truth. All of which involves vast amounts of self-acceptance, which gradually comes with the truth, growing in the acceptance that this is how you are, how God wants you to be having this experience, given the childhood you had, and there's nothing you can do about it. Other than keep on expressing every feeling that comes up, as you long for the truth of your childhood, wanting to live true to yourself.

# How is it for you if you are Truly Honest with Yourself?



♥ You truly love your children, devoting yourself to them, wanting nothing more than for them to grow up and be as they want to be?

♥ You believe you truly love your children, believing you are devoted to them, wanting them to be as you want them to be?



♥ You love your child more than you love your pet?

♥ You love your pet as much as your child, treating it as if it is another child?



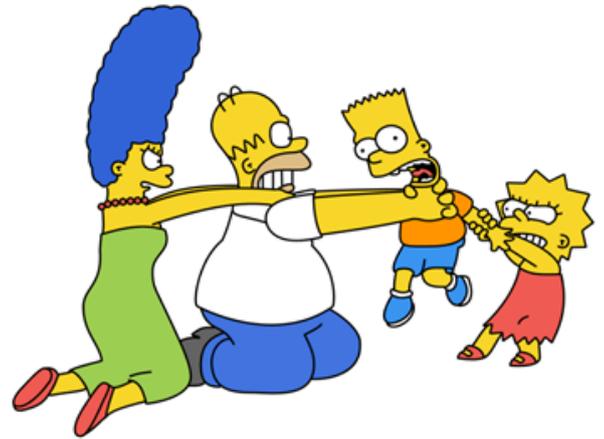
♥ You love your pet more than your child?

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

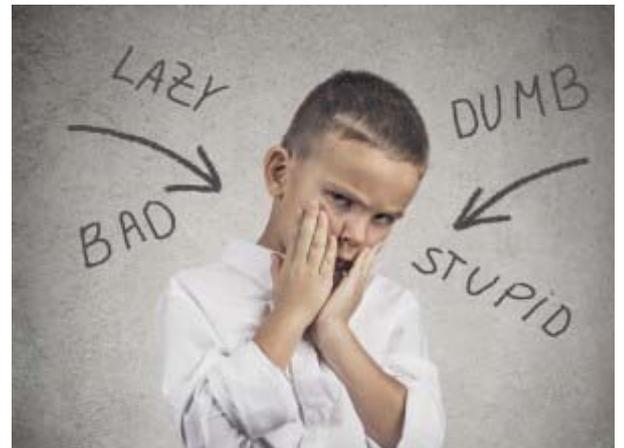
## A RANT WE all MAY NEED to EXPRESS!

Notes from James Moncrief

Yes, so much anger is repressed in me, I was so angry at mum and dad for not fixing everything, for not making everything all right. I was raging at them and God because they are the boss, mum and dad, even making out to my little mind that they were god. And as they made me be how they wanted and demanded I be, so the same should apply to them, and I was demanding they make everything be good. And that includes being nice and loving to me, and to stop making me feel bad, and to take all my pain away. And the anger kept coming, but it's so difficult for me because it's down deep in me, like in the pit of my stomach, and I'm not just up there and out there raging with it, I feel it simmering away and I can't bring it up. I try and talk about all I'm feeling hoping to connect with it, but as usual I don't even really know why I'm feeling so angry – just angry with them, with everything, with myself for being so screwed up and full of this repressed anger I can't express.



And later it moved to just feeling how much I come from people who were all heavily repressed in their anger. Mum and dad, my four grandparents, two of the men dying of bone cancer (the other of lung cancer), it's so deeply repressed. And mum and dad having sex in their 'love' for each other, which is only their vying for power over each other, and so I come into life a product of their repressed anger, of probably generations of it, long family lines of the bloody stuff, all of which has just got pushed down deeper and deeper.



Then I started to long to the Mother and Father to help me see the truth of my anger, and I starting feeling like I was a baby and so angry, screaming and crying, and yet with no one caring, and for so many hours, days, all those early months and first couple of years; and even feeling I was angry in the womb, coming into life with a stomach ulcer as I was already full of unexpressed and repressed rage. But I can still feel it there, like a smouldering cauldron deep down inside me. I just wish it would all erupt out of me, I'm so tired of feeling it and not being able to really get into it.

Mum and dad said they were perfect, even more perfect than God, saying it in sublime ways, not just openly, but giving me that impression. And so they are beyond reproach, I can't blame them, I can't be angry with them, they are the Good Ones, the Never Do Wrong ones. And all that shit about we're the Great Ones and you're not, always so competitive, all a power play, when all along they are the most imperfect ones in my life, stuffing me up so much, damaging me, making me into the nightmare of an evil person that I am. So they are the Bad Ones, Always Do Wrong, and NOT the Good Ones.



So once again I'm focused on the wrong perfect ones, not on the Mother and Father, but on mum and dad; and shit, what a laugh, it's enough to make you sick, or to cry for the rest of eternity – the sheer balls, the audacity of them to make such a claim, and yet they are the parents, the parents know all, the parents can never be wrong, the parents are always right and perfect. The parents are to be loved, honoured and obeyed. That is what it's all about isn't it? Looking to their evilness as being perfect, so looking to evil as being perfect, when it's not; and not looking to where the real perfection is, denying that, denying the truth, denying my true perfect feelings and living a lie, making up all this shit for myself about how I am, how I'm in control, how mum and dad are so good, and how much I love them and they love me, when it's all shit; and they don't love me and I don't love them, and there can't be any love because we're all imperfect. So if anything: we're all Perfectly Evil in our evilnesses. So we've got it all around the wrong way – again!



And to think I took it all on from mum, dad and the grandparents, all the shit about being perfect and superior and not needing anything or anyone, being able to do it all myself and know it all myself – yeah right, who in the hell was I kidding.

(These notes are drawn from a forum post by James Moncrief)

**To liberate one's real self, being one's soul, is by embracing Feeling Healing so to clear emotional injuries and errors. With the Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.**

**WE ARE Children of God**

# Life Cycle of **CARNAGE**



When we inflict will damage on others we cause serious pain, not only to them but also to ourselves. We don't think what we have done warrants any sort of punishment even though we have negatively affected and influenced people by inflicting our will on them against their will.

**Golden Rule: that one must always honour another's will as one honours one's own.**

It's hell here on Earth, only some aspects of life are worse than others until we partake of the Father and Mother's Love and long for the truth and set about doing our soul-healing.

These are the effects of the Divine Love when we are wanting to live true. When we set about longing for the Truth of our feelings we can't escape any longer. We have to face the truth, and express all our bad feelings.

How can make amends?

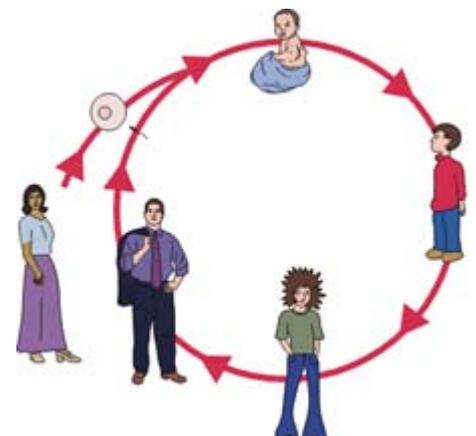
All we have to do is totally own up to these bad feelings. Accept them and don't push them aside. Let them come. Allow ourselves to feel as bad as our feelings make us feel. It's all very good. We can't actually go back and fix what's been done, but we can take responsibility for our feelings. So far as our soul exists there is no time, so we can express these feelings now and they will apply to the past back then. This is how we do our soul-healing. We have allowed the Divine Love to transform a little part of our soul, and it's brought up bad feelings, we have gone with them, we have allowed our self to experience them, all because we want to see the truth. The truth of our self, of what sort of person we are – of our life, and now this is where it begins. Today we have seen this part of the truth of our self, how in this situation we are uncaring inconsiderate, greedy, etc. And we have not liked what we have seen and would like to change our self so we aren't like that any more...

One may wish they were never like that... Not having any idea...

But now you do. And now you know that you do, you have the choice to either continue as you have been or not to. And by choosing not to, the Father and Mother will change this part of you, a small part of your negative mind will become healed, and a part of your soul will be transformed. You have changed, because you've seen and accepted the truth about yourself. You will never be that person back then ever again. A part of you has woken up.

We feel this way because it's how our parents have made us feel when we were very small.

The truth is we feel this way about ourselves, because we have been able to see that we don't treat other's with respect and this has to be coming from somewhere within us. We haven't just made it up. What we are as an adult is all from what we've learned to be as a child. So we have learnt to be this way. A child is not just born evil contrary to what some people believe or would like to think. We all start out as pure souls of love, and if we become evil, it's because we've learnt that that's



how someone, usually our parents, have wanted us to be. They have made us into what we are. We've learnt to be that way because they treated us that way. So our parents treated us as we now treat other people.

We believe our parents have loved us and yet we can do something so unloving. Had they truly loved us then we would only be of love and only able to treat others lovingly, just as we would be treating ourselves. We can't be something we are not. So any unloving act is you, you haven't just suddenly made it up; it's a part of your behavioural makeup and is governed by our mind's beliefs. We have evolved it, and the only time we could lay down such foundations was during our early childhood. In some way, on some deeper repressed and therefore unconscious level, are the memories and bad feelings of our parents treating us un-lovingly, just as we have treated other people.

And our parents themselves will have been treated in the same un-loving way by their parents and so back through the generations. The whole unloving truth and way of behaving has been long since buried and covered up by false feelings and false beliefs of love. Had we been completely loved and treated accordingly, so too would we treat all others, for we do to others what we do to ourselves and what was done to us.

All we need to do is keep praying for the Love, and longing for the truth. The only way we can truly let go of our bad feelings is by **SPEAKING THEM OUT OF US**, getting right into them with the feeling, and emoting and expressing it – whilst longing to see the truth of it...

To liberate one's real self, being one's soul, is by embracing Feeling Healing so to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

And step by step the Mother and Father will take us through our soul-healing, helping us to heal every part of ourselves, every mind circuit that is not functioning in harmony with Their Divine Love and Truth and the Laws of the Universe.

These notes are drawn from "Paul – City of Light" by James Moncrief

***Cause No Harm*** < to OTHERS  
to MYSELF

**Strive to love others as I am to love myself**

**Release one's pain through expressing one's feelings.**

**in conjunction with**

**Longing for the Truth when also longing for Divine Love.**

This is the Pathway to end the

**EARNAGE**

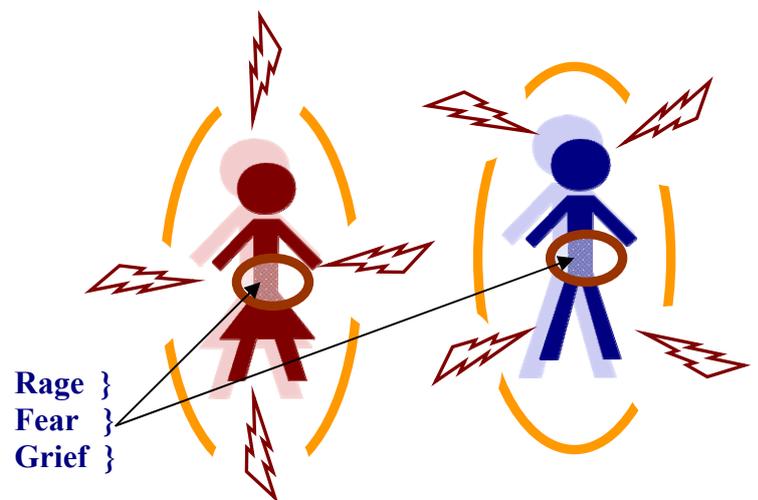
**WE ARE KILLING OURSELVES!** Chapter ‘Day 9’ of “Paul – City of Light” by James Moncrief

‘Humanity (us) has to learn about every aspect of life from behind the eight ball. It’s not only last in the race but it’s going in the wrong direction. It needs to stop. To come back, and not do what it doesn’t want to do. Listen to our feelings and try to see what they really are telling us and then try to act on them, try to honour them.

‘It will take time, but people will get the idea and start to look at themselves in a new light. We will start to see that we are dishonouring ourselves by dismissing our bad feelings and that we are actually doing ourselves great harm. And so we will need to stop and start to try and accept first of all that we do feel bad, and then having accepted that, we will then be able to move to see what we are feeling bad about, and then will naturally want to know why, right through to their core.

‘Humanity has practically tried everything else and look where it’s got itself, nowhere much. Is anyone really and honestly truly happy and if they say they are, is it true happiness and are they sure they’re not deceiving themselves?

We bring about illness within our physical body by not expressing and releasing our childhood injuries.



‘We all have felt that angry during our childhood. We can’t feel more than we felt during our childhood whilst we are in our negative mind state. We have not been allowed to remember it, we have been forced to repress it. Look what it takes for it to re-surface within you, when you try, it has to force its way up through you and look at the effect it has on you. How bad it makes you feel.

‘That’s what it will take often times to break down our resisting mind circuits, and resisting beliefs. The bad times were real and had a huge impact on us, they greatly affected us, they brought about our whole negative mind, and our self-denial. And so we have to want to see it all, even if it threatens our relationship with our mother and father and all those who negatively influenced us as a young child, with extinction. This is the real core truth, what our relationship with our parents is really all about. This is the hard-core stuff, to see how it will make us feel.

‘It all happened to you so many years ago. In a sense we have already suffered the worst of it. But that entire trauma is still within us, it’s conditioning our lives. And it won’t go away. Just because on the surface our life might not have felt so bad particularly as we get older having more control of our life, even if occasionally we are angry, it doesn’t mean we are Happy Larry deeper down inside. And one day if we don’t acknowledge that anger it’s going to show, it’ll eat us away from the inside. We will go to the doctor and be diagnosed with cancer and be given horrendous treatment that will only make us feel worse than bringing up the anger that’s causing it all would. So what do you want to do? It’s always our choice, do it with God, and They will help walk us through it and heal it all, or do it by our self never knowing exactly what we are doing and why bad things are happening to us.’

**PRESENTLY, HUMANITY is to EXPERIENCE EVIL:**

Notes from chapter Day 6 of Paul – City of Light by James Moncrief

The suffering is necessary. Often the small picture does not make sense, however, the larger picture requires it. You will see for yourself that when all the suffering is over and for some time after, all will be still growing from such experience. It will change all of your relationships with one another.

People want to know why God allows all the horrors in the world and in their own lives; usually all the suffering, but They allow it because of Their great love and respect for us. We and humanity want to suffer! Strange as it might seem but you do, and this is the truth that humanity now needs to understand. Of course you look at a little child who's been cast aside starving to death being unloved and uncared about and you wonder how can this poor little child want this negative experience, but you have to look at its soul, what experience it wants, and then you look at the Father and Mother, what They want the soul to experience. We are Their children after all. And just because we are not yet of a level of truth to understand Their intentions and reasons for things doesn't mean to say we can't at least want to. By the time you've finished your soul-healing you will see just about everything through and with different eyes.



We are in fact, being offered a very rare and extraordinary opportunity, being able to incarnate into so much denial and totally experience a negative mind life. And although it's hell living it, and a hard slog having to heal it all and turn our minds back into the positive state, once it's all done and we are free of it, no longer feeling the pain, we are able to look more objectively at all we have been through and even marvel at our own terrible experiences.

P. 31 Mary Magdalene and Jesus' Comments of the Padgett Messages Book 1 by James Moncrief  
The Mother and Father could of course at any moment take all the evil away and make us all pure, but that would deny us the experience of healing our negative state our selves, something that our souls all need to do, want to do, and to some extent, even enjoy even though we might not feel that when we feel so bad. The Mother and Father being all-loving, love us unconditionally. They allow us to experience the negative for as long as our soul wants, but They also provide us with the way out of it.

It is about using the Divine Love to help us with our discovery of truth through our soul-healing, the revealing of truth being very relevant to how we live our life on a daily hands on basis.

The Mother and Father don't want us to suffer. However we have wilfully chosen to accept the negative. We did so when we were forming, mostly unconscious of each choice, our soul having chosen to incarnate on this rebellious world. And having chosen to incarnate in the negative, They will help us suffer by helping us to manifest our negative and evil mind conditions. But when we no longer want to be of this bad – feeling state, then They will do what They can to help us heal ourselves of it, to help us wilfully choose to no longer be of it.

Although you might not understand it yet, but you got yourself into your mess and now you have to get yourself out of it. Although you will only feel that the negative was imposed on you by your parents, still you accepted that their way was right, and because you accepted it, you have to take responsibility and choose to end it within yourself, choose to no longer accept it.

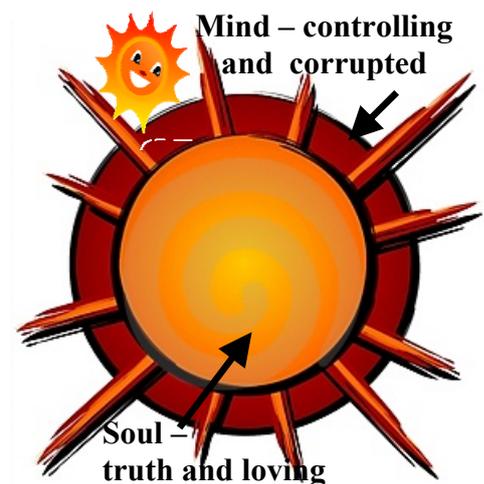
## **GENERATIONAL ENTRAPMENT:**

Each generation treats their children the same way as their own parents treated them. It is like a never ending spinning of the wheels. The norms that our parents infused upon us are what we in turn did or do to our children. For some two thousand years, humanity has not evolved in love any further than what was achieved during the first century. We have repeated the cycle time and time again.

While we continue to allow our mind to dominate our way of living we are frozen in our development. Until we allow our feelings to be our expression in living, we cannot learn the gifts of love that are continually put before us. Our children are our great teachers, however, we suppress and imprison them into our beliefs and way of expression. We teach them to shut down their feelings. This shut down of emotional expression is the strangling of toxic energies that later express themselves as pain and then illness in the physical body. This is how family generational illnesses come about.

Man has created numerous spiritual practices and religions on the same premise. These make us feel good, however they also shut down the expression of emotions and close out our feelings. It is allowing the feelings generated by one's soul that the truth of all there is to be embraced becomes available. Our religions all have some truth that is beautiful and beneficial, however they all enslave us further to our mind's control. No religion will take us to the heights that our soul expression will bring about.

Religious organisations have entered communities and brought about a moderate growth in love within such community only to find that no further growth occurs. These religious spinning wheel of norms simply adds to the traditional family practices and the communities social issues continue with a firmer entrenchment into mind controlled stagnation. There are no exceptions. All religions are mind based control entities and practices. It is only upon enabling people to embrace the expression of their emotions that real truth will begin to unfold for each individual, one by one, all being soul based truths emerging.



By longing for the truth of one's self as you accept, express and seek the truth of one's feelings, you are doing all you can so far as longing to live God's Will. That is your longing if you like. All one really need do are two things: Long for the Truth of one's soul, which is really the truth of yourself. And to actualise or realise this longing, you can do by accepting and expressing your feelings. And that will bring one back into a state of natural love perfection as one does their feeling healing. And then, as the Divine Love is available to you, long for your Heavenly Parent's Divine Love.

Our feelings are to lead the way, they being our expression of living true to our self and so living true to God, for as we live true to our self we are living true to God, it can't be any other way. However we also have a mind, with which we can understand our feelings – why we are having them and what they are showing us; and we can also use it in a negative or rebellious way to control our feelings, so become untrue to ourselves and untrue to God. However our mind is meant to act in support of our feelings and not in control of them; our feelings are first then our mind follows, and NOT the other way round.

All we have to do is stay true to our feelings. It's so much better accepting and expressing one's bad feelings instead of working so hard to deny them. It is the expressing all one's repressed feelings out of one's self and the uncovering the truth of them that is truly helping you.

## PARENTS SUPPRESS OUR WILLS!

Notes from [Mary and Jesus' Comments on the Padgett Messages](#), book 2, p.64 by James Moncrief

All of our anger is due to feeling so powerless, this some understand, however we have yet to fully embrace the feeling, meaning, and awareness of and true understanding that when we say we feel powerless, we mean will-less, and to feel will-less is at the root of all our problems and why we feel so bad. It is time to give feeling will-less more thought and feeling.



That will become the level at which we are to reach in doing our healing, and that will be why we will feel so bad when we say we feel like we are nothing, because we will then be feeling when we feel our will is not there, not functioning. And as we are to know, we always have will, yet it was with our parents and their treatment of us that made it seem and feel to us that we didn't have a will, all because they didn't allow us to be free to use it, to do as we pleased. So our whole negative state is one of feeling will-deprived, will-less, and many people and spirits when they say they feel soul-less really mean will-less.

**OPPRESSION  
AND DISCRIMINATION ARE  
NORMALIZED FROM BIRTH THROUGH  
OUR LIVED EXPERIENCES  
AS CHILDREN.**

It's just what our parents did to us. They screwed us up and then expected and made us try to make ourselves feel better and have a life. They gave us nothing of a life, nothing good to feel about, and yet expected and told us it was all up to us to make ourselves feel good and make a good life. Which is all very well, yet how can we do that when they stopped us from being able to do anything for ourselves, when they stop us from being able to make life be any way, good or bad, for ourselves.



Our childhood repressive upbringing, without exception, infuses progressively into our all controlling mind, cluttering same with errors of belief and injuries from our parents. Our all controlling power hungry minds begin to dominate our every action. The norms that we observe and participate in during our childhood become our way of living, and in turn we pass these domineering ways onto our own children. Humanity is trapped in a never ending cycle.

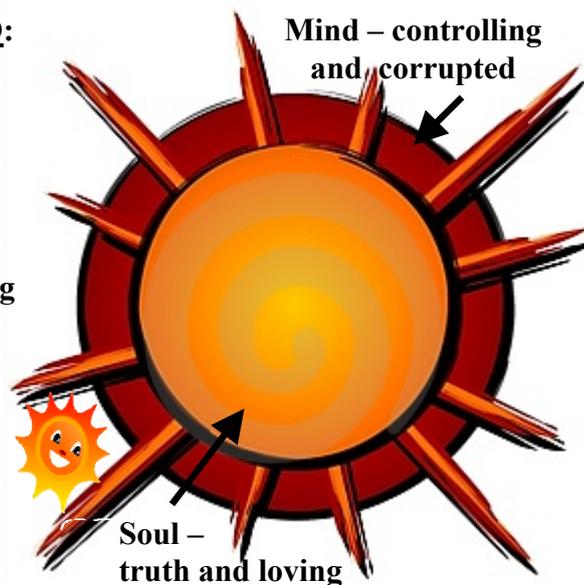


Throughout all of this perversion and persuasion our soul remains pure in truth and feeling. It is only when we avoid our mind thinking processes and allow our feelings domain, do we begin to live in truth and harmony. Our soul based feelings are our way to truth. Allow your feelings to flow freely. Our feelings are truth. Our feelings will bring harmony and peace. Our feelings will help us feel and know the truth of our injuries and errors. Then with our soul based feelings will we evolve in love and harmony with our Heavenly Parents.

### MIND CONTROLLED or FEELING DOMINATED:

From conception and throughout our childhood, we are infused with controlling natures and long held attitudes, mannerisms and beliefs of our parents and other family members. These infusions become imbedded within one's mind. These controlling platforms suppress and smother the truth and loving natures of one's always perfect soul.

It is by embracing and responding to one's feelings that the truth that we each hold within our soul will come to the surface and free us from the errors, injuries and harm that is conveyed upon us by our parents that we can freely live in our true nature.



Our minds want to assert their control over our true feelings which are soul based. Nurture the unloved child that we still are, help it stand firm in the truth and feelings it possess within its soul. Uncover the truth our soul requires us to see, know, be, and live. It is all just you and me doing what we feel to do as we become truer to our feelings. Because when we are true and feeling good because of living true to our feelings, we can be surrounded by evil, even nailed to a cross by evil, and it has no bad effect upon us.

Our whole being is expressing itself through our feelings as we connect to their truth, it's us coming out into Creation, and it is all designed – expressing truly our personality – to make us feel good. So the more in touch with our feelings using them to uncover the truth of ourself, the better we will feel about ourself and life, and the more true and so loving we will be. And then the more loved we will feel. And that's what it really is all about – feeling loved.

When our parents interfere with us when we're young and forming, stopping us from being our true selves, they are in effect de-powering us, in each of those moments.

We are to just go with all we feel, keeping our mind and what we think or believe we should feel out of it, just FEEL what we FEEL and keep expressing such feelings and longing for the truth of them. When we feel hate, fully go with that feeling, when we feel love, fully go with that feeling. And always be longing for the truth of such feelings.

As feelings come up, allow them to be expressed, long to know their purpose, and let them go. Until we do our Feeling Healing we will continue to be entombed in our mind controlling errors and injuries. Yes, these moments will be painful, but this is how to grow one's vitality and quality of all things within one's life. By also longing for the Mother and Father's Love we are then Soul Healing, Feeling Healing with the Love is Soul Healing. This is living true to one's soul. All we need is within one's soul, as we proceed along this journey our Indwelling Spirit will guide us and assist us.

We are to and will develop the desire of living true to our selves. And to live true to our selves we will have cleared our childhood infused injuries by having done our Feeling Healing.

Infographics and diagrams have been added by Pascas.

## BEGINNING the JOURNEY of GROWTH:

Generation after generation, follow the nurturing programming of their parents, errors of belief and truth are handed down as well as the ways of controlling cherished children. These unloving and untrue practices are why humanity is stagnant in its evolution, now for some 2,000 years. Our parents are false and misguided teachers. We now all can work through our erroneous and unloving ways and evolve.



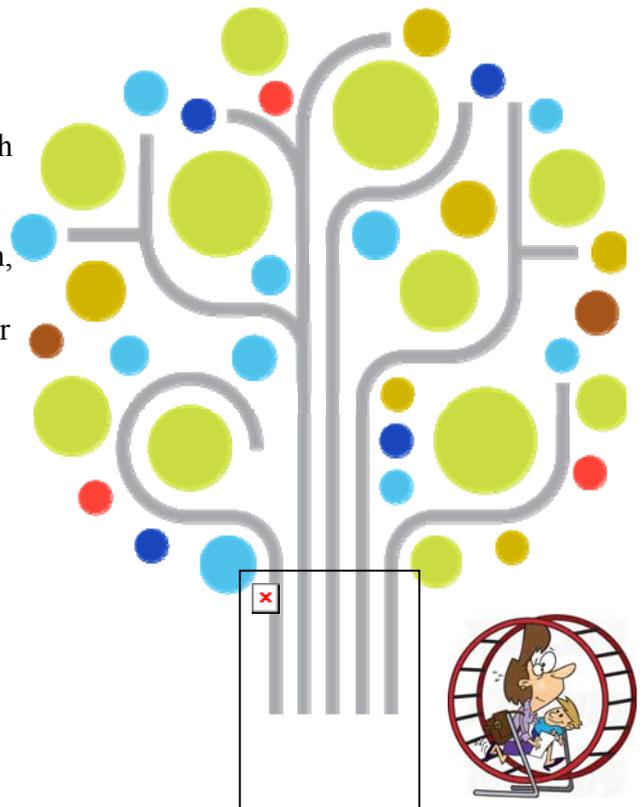
Should we reflect upon our childhood, after first saying it was wonderful, when looking at it in detail we realise that it was a nightmare of control and many other restrictions that compromised our free will.

Feeling Healing of childhood repression is the only way to break away from the treadmill and evolve:

- i. Feeling Healing is outlined in *Speaking with Mary Magdalene and Jesus* by James Moncrief.
- ii. Letting Go process is outlined in *Letting Go* by Dr David R Hawkins.
- iii. Journey Process is outlined in *Journey for Kids* by Brandon Bays.

So to do our Soul-Healing consists of these steps, all of which are ongoing until it's done:

- **Admit you are feeling bad.**
- **Accept your bad feelings, identify what they are.**
- **Honour fully your bad feelings by expressing them, speaking about them to someone who is willing to hear you talk about them, or tell them out loud to our Heavenly Parents. Long for the truth of them. Long for the truth of why you feel bad – what deep within you is causing your bad feelings?**
- **And remember, bad feelings are Good! Not bad. They are not to be despised. And as hard as it is to accept them, they are still you, and a very real part of you. And if you persist in denying them and not allowing yourself to fully live them, then you are only going to keep yourself in your errors making things harder for yourself.**
- **All sickness and suffering, all bad things that happen to you, all your problems, all your addictions – your whole feeling-denying and untrue life, is all caused by your denial of bad feelings.**
- **Every problem in the world is brought about because everyone has been brought up to deny feelings, and in particular, most of their bad ones.**



## WHAT IS THIS ALL ABOUT?

Our soul is at all times pristine and perfect, it is the source of one's intelligence, knowledge and wisdom, and is the gift of creation by our Heavenly Parents.

At conception, our soul brings our spirit body into being in Creation along with our physical body that uses the spirit body as its template. Our mind within the spirit body, from that moment onwards, begins to absorb the personality attributes of our physical parents. This includes the positive and negatives they hold, their beliefs, truthful and also in error, their injuries from emotional discord and those from their own parents and any carers including extended family.

Our soul becomes entombed in the controlling natures of one's mind. These erroneous ways of life, beliefs of control smother and suppress our soul. We are meant to express our feelings, those of our soul. We are smothered by our parents control natures, we are best considered to be 'trophies'! We, in our forming years, are controlled, suppressed, belittled, humiliated, and taught a great deal of untruth. Mind you, so were our parents. The cycle must be ended!

Many of us are introduced to religious organisations, all of which amplify further the feeling-denial and the truth-denial that we are being conditioned with. Our soul is to express and embrace, not deny and suppress. These organisations are founded on the need to control. They are an expression and amplification of the evilness that our parents convey! The teachings are at best misguided, retarding one's progression with mind based limited understandings.

Only those people who are actively using their feelings to uncover the truth of themselves will find any real inner peace once they have finished their healing. And all that will be happening will also help them to feel bad through this process, all so they can bring to light all the untruth and error of their ways, all the pain of their early childhood, and all the wrongness their parents have made them be.

Our controlling minds are to be side stepped and we are to express our feelings. It is our soul based feelings that are in truth. Our mind imprisons and retards our true selves, being our souls. For those who want to sincerely grow in truth, the truth of themselves, nature and God, are to do so through their feelings, then they will also have to readily embrace both Mary and Jesus so as to accept help from their Spirits of Truth, and look to God as being both their Mother and Father.

To be free of one's evil state, errors and injuries, this will only happen when one has experienced the full truth of it, and so that means, when you have felt the whole truth of it through your feelings – all the different aspects and parts of it.

We are to apply our longing, apply our will, but not with our mind, although it can help one to determine what you want to do, but with and through one's feelings. We can't long with our mind, we have to FEEL-long. Our longing is an expression of what we feel. We feel we want God's love, so we express that feeling in our longing.

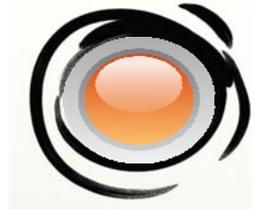
By embracing our Heavenly Parent's Love with our Feeling-Healing, then we are enhancing our endeavours and progressing with our Soul-Healing.



**To be FEELING RECEPTIVE rather than being MIND CONTROLLED:**

People are to sincerely seek the truth of themselves through their feelings. The soul is that indefinable part of one's self. It's that part we can sense, soul-perceive within ourselves, somewhere deep within our heart. And it's not centred in nor is it part of the mind as some people think.

Our soul, blessed with natural love character traits and being the home of one's personality, becomes rapidly encrusted by the personality issues of those within one's environment, commencing from the time of conception and culminating, typically, by the time one is of the age of six or seven. We reflect the encrustments of our parents and of those within our environment. Our soul always remains perfect though it can become as dark and restricted in capability as a dried up garden pea, covered in error and negativity. We are making decisions with our mind right from our first moment of conception, even with such a rudimentary mind. Those decisions compounding as our mind develops, until around age six when our mind is fully developed and we are locked into our negative state.



The Indwelling Spirit becomes present when we reach the age of six or seven. This means that the unseen helper of the Mother and Father – the Indwelling Spirit – can interact with the mortal soul and to be of service so that eventually the leadings from the Spirit may be the catalyst for that soul to seek the Father. The Indwelling Spirit reveals intrinsic workings of Father to our soul. The Indwelling Spirit guides us to uncover the truth of our soul through our feelings, whilst the Holy Spirit delivers the Divine Love into our soul, all in response to our longings for the Truth and the Love.

Together with the normal interaction between our soul and indwelling spirit all the truth we need to live will be given to us – all through ourself, all through our feelings.

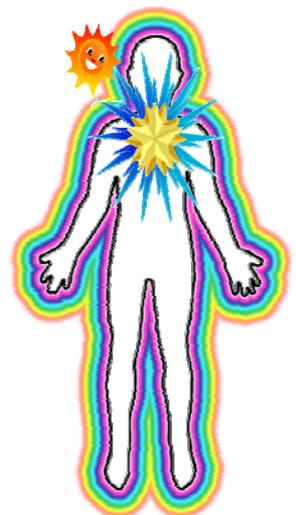
Divine Love, when asked for and received, gives one just enough strength and desire to keep pushing on, all whilst at the same time, not preventing one from feeling all the bad feelings we need to keep feeling.

It is by applying the full intention to uncover the whole truth of ourself through our ongoing feeling acceptance we are to rid ourselves of our childhood repression and all the problems it's caused.

The religion of truth is really just living truth, the truth that comes from doing one's healing; which is really just the truth that comes from everyday expressing oneself: all one feels with the intention of knowing the truth of such feelings. True, however the further we progress and the more our soul expresses in Creation, part of what goes along with that is a sense, also from our soul-perceptions, that we are actually more our soul, so we are always becoming closer to being our true and whole soul. Only through our feelings can we come to BE our soul. We will ultimately not be reliant on anyone, only our feelings.



The thought adjuster – our Indwelling Spirit, is divine in as much as it's literally a part of God's Spirit – a spirit fragment if you like, that comes from God's home – Paradise, when we're about six, and indwells our higher mind. It becomes, if we allow it to, by living true to our feelings, our 'pilot light' so to speak that God gives us to guide us back to Paradise.



Infographics and diagrams have been added by Pascas.

### **FEELING HEALING with DIVINE LOVE:**

Reflect upon your involvement with a partner and how you may have taken so much for granted. You will feel yourself sinking back into bad feelings like those previously experienced when recalling harmful treatment and events. And there is nothing you can do. It is a matter of go with it, accept them and try to speak them out, express those bad feelings. This takes effort and perseverance.

You may feel unable to speak out how bad you may feel because of other people being present. We don't want to look like a fool. Consider to speak them out in your mind. Further, speak them out to the Father and Mother!

'Oh god, God, I've been such a bad person; I feel I've been so unkind, so selfish, so chauvinistic. I haven't considered the other person at all, I haven't even asked him / her what she / he thinks and feels about things. God I don't even know her / him, I was going to marry him / her without knowing anything about her as a person. I wanted her pretty face and good body, that would do me fine, it would fit the bill, look good in the picture, she'd be the dutiful mother and wife, and we'd live well. I'd go to work every day, make us lots of money and... Oh God it all seems so futile, so meaningless. I feel so bad, I'm so sorry, oh I wish I could tell her; I hope she forgives me... Oh these feelings are awful; I can't believe how bad I feel. One minute I felt okay the next I feel like I've fallen down a great hole. Shit, how can I get out, there seems like no end to it... no end to all the bad feelings. And I don't like feeling bad. No, I don't! I've just realised, Mother and Father, I don't like feeling bad. I HATE IT! Can you Both help me? Please! What is it that I am to ask You for? Oh yes, how stupid of me, the TRUTH! Can You both help me to see the truth of these bad feelings. Why do I feel so bad? I don't want to feel bad. I don't want to be an inconsiderate asshole. I don't want to be like that with her. Can You help me to change. Please Mother and Father can You heal me, can You help me to see the truth You want me to see! Please...'

You may find yourself sitting with your head in your hands, totally absorbed in your self. The feelings may continue to well up from somewhere within yourself. You might keep moaning and groaning. You may feel oh so bad! After some time you will lift your head up. You may not really be looking at anything, you may still be seeing memory pictures of how uncaring you may have been, but your bad feelings may now seemed to be lifting. You may be still breathing heavily and your lower back may cool from sweating. You may be feeling hot. Like the passing of a huge dark thunderstorm the clouds may seem to lighten within you and now a ray of sunshine may be poking through. All will not be lost. Perhaps you were not that bad. You may take a few deeper breaths and then feel a stirring within your self and realise you may want to long to the Mother and Father for Their Divine Love.

Consider settling comfortably into a seat, close your eyes and then followed the inspiration longing with all one's heart to God for Their Love. Immediately you may feel what you may know to be the Holy Spirit coming about bringing a feeling of its presence, a closeness to you, and then the familiar light cross over and start flowing into you. You will once again be receiving the Divine Love of God into your soul and It will feel good.

'That's it, that's the big choice, asking for the Divine Love is one thing but what it's all really about is choosing to wholeheartedly to live God's Will. To be prepared to do what ever it takes, knowing that it will all work out in the greater scheme of things and for the best of all concerned. Surely it will all be, in the final outcome, perfect, just as God is Perfect. So to choose to live the Will of God is to choose to be perfect, because God is Perfect!

Notes are drawn from chapter 'Day 7' of "Paul – City of Light" by James Moncrief.

**REVELATIONS X 2: FEELING HEALING and DIVINE LOVE:**

To grow one’s soul condition we are to face the truth of our childhood repression.

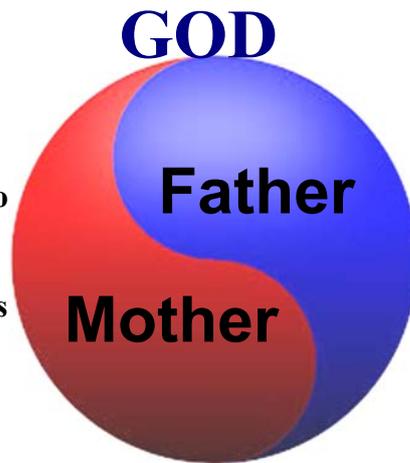
Alternatively, prevailing false doctrine will lead one further into the control of one’s mind and away from feeling, identifying and expressing emotional injuries and erroneous beliefs absorbed since one’s conception.

We have all been conceived onto the Earth into the dark, having been conceived into the Rebellion and Default, and so into error, which makes us all imprisoned within our mind controlling ways, errors and injuries.

The only true way out into the real light is to do one’s feeling-healing, or soul-healing which is by embracing the Divine Love. Our life’s work is to look to our feelings and to uncover the truth of them. Other wise we will remain bound up in our controlling minds.

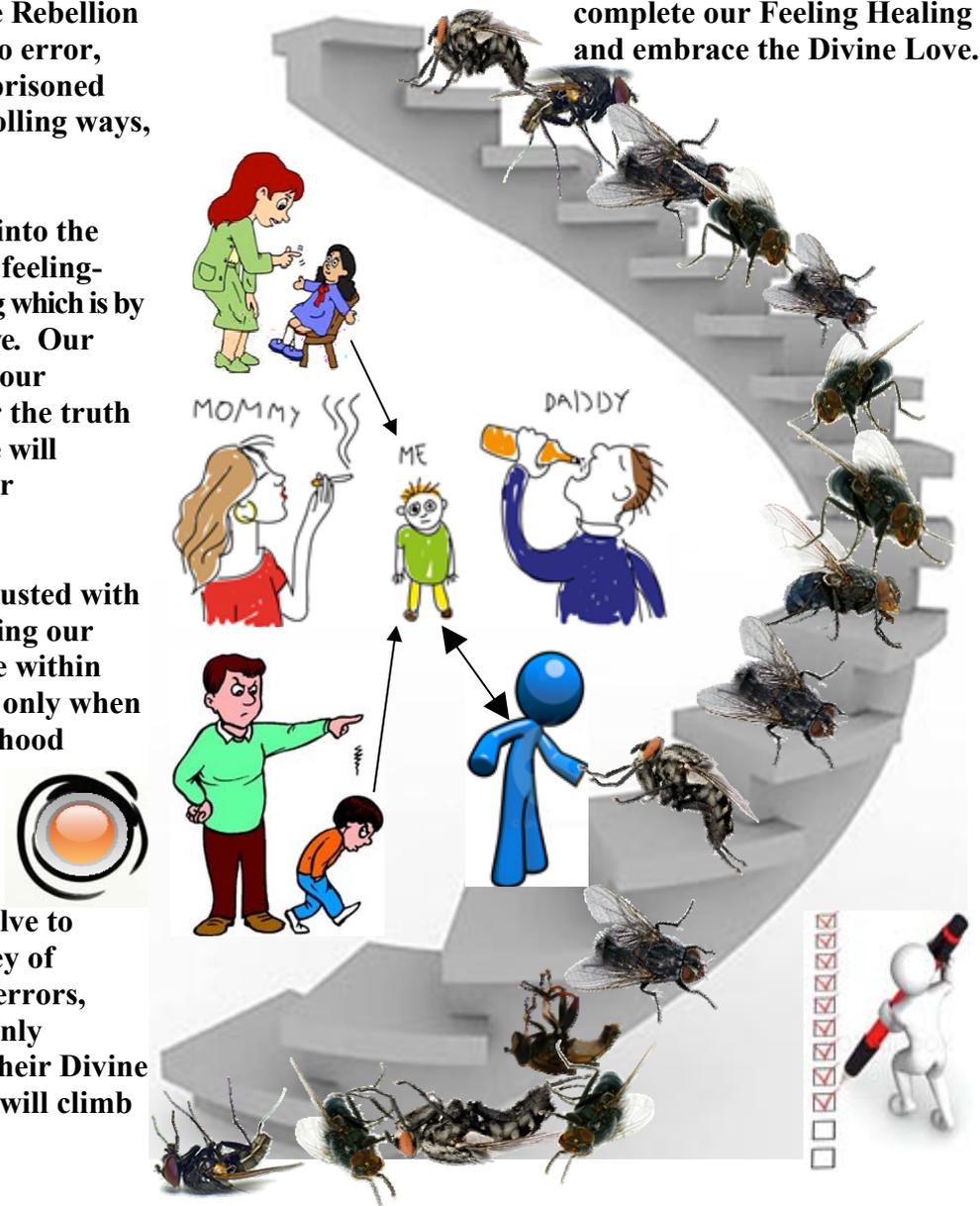
Our souls became encrusted with emotional damage during our forming years via those within our environment. It is only when we delve into our childhood injuries can we free ourselves from error and suppressed harm.

To strengthen our resolve to continue on this journey of working through past errors, engage with our Heavenly Parents and embrace their Divine Love. By doing so, we will climb the stairway.



God is God, who is our Heavenly Mother and Father. There is only one Soul that is God’s Soul, that being the Soul of our Mother and Father. Our Heavenly Parents are the First Soulmates; The Two Who Are One who have brought us all into being.

To become at one with our Heavenly Parents we are to complete our Feeling Healing and embrace the Divine Love.



Infographics and diagrams have been added by Pascas.

**SAYING “NO” to being CONTROLLED by ONE’S MIND, and EMBRACING ONE’S FEELINGS:**

Chapter ‘Day 6’ of “Paul – City of Light” by James Moncrief

‘By choosing the way of the Mother and Father and by accepting Mary and Jesus, by longing for the truth and allowing their Spirits of Truth to work with you to help you to see the truth of your soul and your soul denial, you are saying “NO” to the rebellion, “NO” to the Evil Ones who started it in the first place and “NO” to all its evil influence. You are saying “NO” to it within yourself. You are standing up and saying “No, I don’t want to live untrue, with my mind in the negative. I don’t want to live honouring the wrongness, I want to live true and with love and be with my Heavenly Parents living life according to Them, how They want it to be.” So within yourself you are in effect bringing yourself back into universal alignment, ending the Rebellion and coming back into the fold this will be realised by your entry into the Celestial spheres. And what you’re soul-healing will show you, is you’re standing up and saying “NO” to your parents because it’s our parents who’ve passed it all onto us.’

‘The great mystery that humanity has never been able to see into and crack open. Humanity has to come to the understanding that they, every parent, is passing onto its child its own negative mind condition, every parent is passing on the evil rebellious state to its child.’

‘The False Teachers are our parents, they are ALSO the Evil Ones. As of now, technically, all the evil higher rebelling spirits have been dealt with and are no longer allowed to influence humanity, so we are all the Evil Ones who constantly surround each other!’

‘As children we’ve all been made to deny our bad feelings. We felt bad because of some negative and unloving treatment we were getting, because our will was being denied its expression instead of being able to express itself. We were forced to suppress our feelings and to hold them in. And they’ve gone into our soul waiting for the day when we go back to our young selves, as it were, and reclaim them, bring them up and out into the open. It involves a heavy amount of self-analysis and psychology but we all have to do it if we eventually want to be free of our negative mind states and free to live the Will of God.’

**‘What we all discover is nothing that happens in our adult lives is as bad as what happened to us as young children – Nothing!’ ‘If a child at any stage of its life is not allowed to express itself freely then it suffers terribly.’**



‘The Divine Love will eventually start to make you feel bad, stirring things up within you, all to help you become aware that you are not living true and living according to God. And if it doesn’t, then it means you’re refusing to allow it to work on your soul. You’re refusing God showing you what’s not perfect within you. **The effects of the Divine Love when you are wanting to live true, you can’t escape any longer, you have to face the truth, and express all your bad feelings.’**

‘When you do your soul-healing with the Divine Love of God you are doing more than just healing yourself. You are setting out on your ascension consciously taking it and your life into your own hands. You are setting out to make perfect all your relationships, with yourself, your soul-mate, with all other people and creatures and the Mother and Father. It’s a whole spiritual life you’re embarking on. It’s spirituality with Divine Love – *Divine Love Spirituality*. It will make you look into all the reasons why your relationships aren’t working, as they should be, particularly the one with God and yourself. Your mind has to become perfected, pure, not rebellious – positive. Your soul will release into your aura as

you progress through your healing each next part for you to heal. So the next ‘batch’ of bad feelings will come back into your system, your soul bringing them forth to match the experiences it’s providing for you all according to your soul-life-plan all within your *Soul Light Print of Destiny*, your souls pattern for life.

‘This truth has not ever been released to Earth before. Even Jesus didn’t speak about it all. And so nothing that currently exists on Earth or in the mind Mansion Worlds is anything like it and nothing that currently exists can help you do all your soul-healing.’

‘There is a grand plan to the evolution and unfolding of all Creation, and we are all a small but equally important part of it. We are all equally as important as each other in our Mother and Father’s eyes and heart. There is also a grand plan for the unfolding and revelation of Divine Love to all worlds. On Earth it began in earnest with Jesus’ life and it is continuing to steadily evolve. Although on the surface of things it might appear that the darkness is increasing, you can rest assured that the light will resurface ever stronger. It will be a triumphant re-emergence. Humanity will see its way clear of the darkness at last. From our level of truth we can see that all is foretold and it’s a joy to play our role. And as none of us like to see the continued suffering of people and spirits, our motivation is to reveal the saving truth of Divine Love as we can. The truth can only be revealed in stages, humanity and individuals need time to integrate and outwork it. However, it all must go according to the Universal Plan and everyone must fulfil their *Soul Light Path Of Destiny*.’

‘So up until now because Mary and Jesus weren’t fully honoured no one has been able to completely access their childhood repression you speak of, and do their soul-healing.’ ‘Humanity is now going through quite a unique time on a spiritual level’

‘It’s the beginning of a whole new spiritual planetary age, an *Age of Light*, that will last for the next one thousand years with lots of revelation and things going to happen all with the effect of bringing the spirit worlds, the truth of them, closer to the lives of people on Earth who want it.’

‘Jesus and Mary’s lives on Earth two thousand years ago were fundamental to the whole evolution of this *Local Universe*, their universe. Their coming wasn’t only about Earth. This other pair that is now here on Earth, is all about Earth and as Jesus and Mary affected the whole of their universe so too with this couple will affect the whole of Earth. In time when you start to look into other spiritual and religious beliefs on Earth and begin to compare them to what the Divine Love offers you’ll see how superior it is compared to anything that’s gone before. It will really be the first time on Earth that people can actually live full spiritual lives: the truth will be available for them to do so. Up until now what people have believed to be spiritual has all only been mind advancement, not soul advancement. What I’ve been teaching you about and introducing you to is a whole *new* way of living.’

‘For the first time on Earth people will be able to directly relate to their Heavenly Parents, both their Mother and Father; long to Them for Their Love and ask Them to help them see the truth of themselves, of their negative mind states, and of their childhood repression. Nothing like this has ever been offered to humanity. Not even when Jesus came, because Mary Magdalene was denied her rightful place. So this is the first time all truth in the balance of feminine and masculine has been offered to mankind.’



### **CLEARING ONE'S SLATE of ONE'S ERRORS:**

Mary Magdalene and Jesus' comments on the Padgett Messages 18 December 1914

All thoughts and deeds are known and recorded and your healing wipes the slate clean as you replace good thoughts and deeds for your bad ones. Your healing is the righting of all wrongs, not in the actual experience they were done, but in their intent, in the mind circuit that produced them – in the original cause. That's why it's so important through your healing to uncover all the truth, the truth of all your original negative causes, so you can heal them, changing them into being true.



Mary Magdalene and Jesus' comments on the Padgett Messages 25 December 1914

To forgive sin is only to let the true penitent feel that just as soon as he prays God to blot out his past offences and truly believes that He will do so, the sins are no longer held against him for which he will have to account.

And to achieve this you have to find the truth of your sin. You pray to God to help you uncover the truth of your sin, and to liberate your repressed feelings so you can use them to find your way into the cause of your sin. And when you have seen the truth, when you are wholly responsible for your sin, then it will be blotted out. Then the original cause that created it will be removed from you. Then you will have healed this part of yourself.



If you just pray to God to blot out your sin and hope that He (They) will do so, only because you have prayed, nothing will happen – nothing will happen until you find the truth of it. You have to find the truth, so you know the truth of why you sinned. What happened to you in the first place, during your formative years, to make you deny yourself and live untrue to your feelings, and untrue to the truth and to God. And when you see the truth of what did happen to cause you to sin, then your sin will be forgiven, as you will understand why you did such a sinful thing.

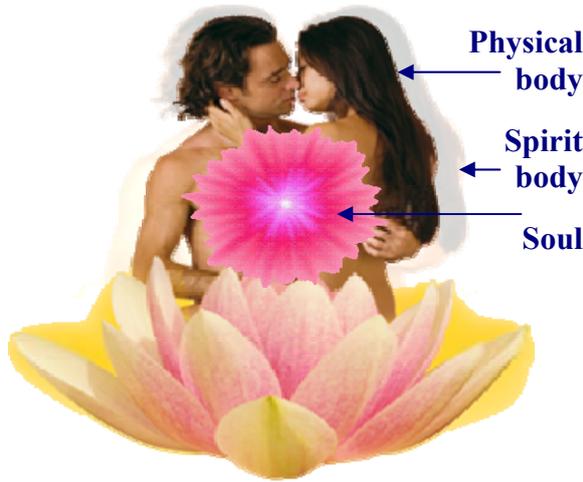
You will in effect forgive yourself, God having already forgiven you, and with your own self-forgiveness you will choose to no longer do this bad thing, and the reason for doing it will be taken from you. The Divine Minister on behalf of God will do the actual removing of this negative mental circuit, replacing the negative with a positive one. And once that is done you will no longer have the cause in you to sin, you will no longer feel the need to do this sin. You will have changed. Changed more into being the true person God created you to be, and not the false person your parents turned you into being.

The difficulty you all face is that you don't know that much of what you are doing is sinful, is done out of harmony with the laws of nature – with God. So you have to ask God to show you where and how and then why you are sinning. And to do this you need to submit to your feelings, allowing yourself to feel all your feelings, all your bad feelings which mostly you deny. And by submitting to your feelings and speaking about them you can then seek for and find the truth of them. The Mother and Father will help you along each step of the way, but you have to want to achieve such things, it requires your act of will to find the truth. You have to lead, you have to show you are trying, and that you do want to know the truth. And then you will be supported along the way.



By repenting you have to admit that you have sinned, and to do this you first have to understand what your sins are. Some are of course more obvious than others, but it's the ones you are unconscious of that will come to light through your healing you need to awaken to, and over the course of the many years your healing with take, you will be astounded as to how much of a sinner you are, how many things you do and think and feel that are wrong and need to be healed.

# First Parents being First Ensouled Humans



Our first parents, Andon and Fonta (also called Aman and Amon), were the first to exhibit human perfection hunger some **one million years ago**. Andon and Fonta were the most remarkable pair of human beings that have ever lived on the face of the Earth. This wonderful pair, the actual parents of all mankind, were in every way superior to many of their immediate descendants, and they were radically different from all of their ancestors, both immediate and remote.



The Lucifer soulmate pair believe that the mind is superior to all things. Thus they convinced the inhabitants of 37 inhabited planets within the universe of Nebadon, including Earth, to become self reliant and abandon God and Their administrative leadership. The Lucifers brought about the Rebellion on Earth two hundred thousand years ago. So for 200,000 years of spiritual darkness, humanity has suffered the consequences of one's error ridden mind.

**REBELLION**



Adam and Eve, the Adamite soulmate pair, came about **thirty eight thousand years ago** to upstep the gene structure of humanity and advance their spirituality.

**DEFAULT**

Both Eve and Adam mated with local humans and accordingly defaulted on the plan. They were to breed a superior stock that would then interbreed.

Mary of Magdalene and Jesus of Nazareth, soulmates, **two thousand years ago**, both retained perfection, and during their sojourn on Earth were enthroned as sovereign rulers of Nebadon. **The bestowal of Michael (Jesus and Mary) terminated the Lucifer rebellion.**



The Second Coming, **now in progress**, reveals the availability of Divine Love and the need for each person to engage in the process of Feeling Healing. With the Divine Love then this process is one's Soul Healing.

**BESTOWAL**

**REVELATIONS**

**× 2**

**LUCIFER REBELION HAS ENDED, and now REVELATIONS for HEALING are HERE:**



**Lucifer soulmate pair**



**Satan soulmate pair**



**Caligastia soulmate pair**



**Daligastia soulmate pair**

**Lucifer** soulmate pair were magnificent beings, a brilliant personality as one. They were designated as one of the one hundred most able and brilliant personalities in more than seven hundred thousand of their kind. From such a magnificent beginning, through evil and error, they embraced sin. They believed that their minds were all powerful and that everyone should be independent and reject the illusionary God and those who lead the path to God, namely Michael of Nebadon (Jesus and Mary).

Very little was heard of Lucifer on Urantia (Earth) owing to the fact that he assigned his first lieutenant, **Satan** (also a soulmate pair), to advocate his cause on our planet. The “devil” is none other than Caligastia (again, another soulmate pair). At the time Michael (Jesus and Mary) was on Urantia in the flesh, Lucifer, Satan, and Caligastia were leagued together to effect the miscarriage of his bestowal mission. But they signally failed.

About five hundred thousand years ago and concurrent with the appearance of the six coloured or Sangik races, Caligastia, the Planetary Prince, arrived on Urantia. There were almost one-half billion primitive human beings on earth at the time of the Prince’s arrival, and they were well scattered over Europe, Asia, and Africa. The Prince’s headquarters, established in Mesopotamia, was at about the centre of world population.

**Caligastia** had been attached to the council of the Life Carrier advisers on Jerusem. Lucifer elevated Caligastia to a position on his personal staff, and he acceptably filled five successive assignments of honor and trust. The Planetary Prince of Urantia (Earth), Caligastia, was not sent out on his mission alone but was accompanied by the usual corps of assistants and administrative helpers.

At the head of this group was **Daligastia** (soulmate pair), the associate-assistant of the Planetary Prince. Daligastia was also a secondary Lanonandek Son. He ranked as an assistant at the time of his assignment as Caligastia’s associate.

**Lucifer, with deputy Satan, and lieutenants Caligastia and Daligastia have ingrained into the human psyche to be mind dominated with its errors passing down through all parents, being self reliant and rejecting one’s own soul based feelings that are to lead us to our Heavenly Parents with the truths being provided by Mary and Jesus of Nebadon. Lucifer and Satan were removed two thousand years ago, Caligastia and Daligastia have very recently been removed. Their crimes against humanity make Adolf Hitler appear to be a saint!**



## **WE ARRIVE DETUNED!**

Our souls are a divine creation of our Heavenly Mother and Father. They could not be any other way! And are designed (such as how it has been for us) to begin incarnation in a Natural love condition reflecting the Natural love state of our world.

And we have also been provided with the opportunity to experience what is being ‘evil’, to live denying our Natural love, as seen through the denial of many of our feelings. So we here on planet Earth live on a world that has Rebelled (and then also Defaulted), of which there are only 37 within the local universe of Nebadon, consisting of 3.8 million physical worlds under the regency of Mary Magdalene and Jesus – the spiritual parents of truth of all of Nebadon! And we assassinated Jesus, and completely denied Mary not allowing her to have her say about the truth.

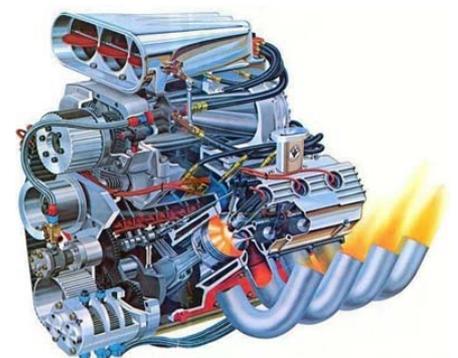
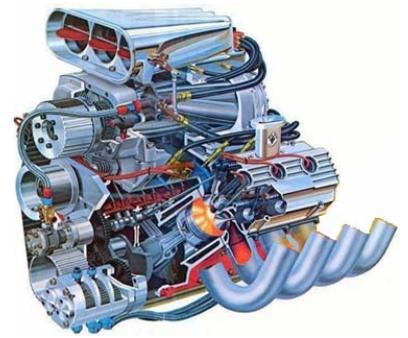
As a consequence, we are ‘detuned’ from our Natural love state and divine origin. You could say we arrived with all parts functional, however, in our untrue, dysfunctional and distorted state, we’re badly in need of a severe service, tune up or a complete reconditioning. Our goal being to bring our true self to the fore by doing our Feeling Healing, and then to progress beyond our Natural love state by further advancing our soul condition through the process of Soul Healing and receiving our Parents’ Divine Love – becoming divine.

In our feeling- and truth-denying untrue Natural love state, we have been made to use our minds to dominate our feelings, becoming more like that of mind-based creatures of nature than of human souls of truth and feelings. And this is the wrong way for us to develop. So to step beyond this limitation, we are to live true to our feelings. Our heartfelt feelings being the guiding lights to our evolution and growth of truth.

Feelings are what guide us through our ascension of truth. So they are really our Supreme Guides. Many people look for a person, spirit, angel, even God, for supreme guidance, however it’s all right there already built in and can be found through our feelings – our soul based feelings.

By living true to our self, true to our feelings, we are living true to God. It’s that simple.

Thus we are detuned once our incarnation begins. However, the way is now open for us to bring about our full divinity. To completely Heal all that’s wrong within us on a Natural love level. To embrace and then transform that Natural love into a divine state through partaking of our Heavenly Parents’ Divine Love. All the while attuning ourselves to divine perfection and enjoying the fullness of our divinity and love, as we ascend in truth on our journey all the way to Paradise – the home of our Heavenly Parents.



**ABOUT the HEALING**

James

Sunday, 15 March 2020

Hello Sam, John, Eme, Graham, Brian and Jim, I want to pass on an 'update' about how I now perceive what our Healing is and how it will go. Overall, it's still the same as I (and the spirits) have said – looking to our feelings for the truth of our self; and so being in an unloving and untrue state, doing our **Spiritual Healing** (as I'm now tending to call it) to fully connect with that; what it means to us; how it came about for us; and all the intricacies of our relationships and how they reflect the mess we're in. So our Healing is about first finding the truth of our unloving and untrue state, coming to understand the full extent of that, how it relates to us and how we relate to it, and all how it makes us feel feeling so fucked.

So what I want to add today is more about how I personally have thought my Healing would progress and how I've been wrong in that with these last couple of months making me change how I see it.

I started my Healing thinking and then believing that as I brought out all my yuk, I would change, changing for the better, becoming more true, perfect and loving. That it would be like any other normal healing, when we cut ourselves the wound gradually heals diminishing in pain and size until it's all better perhaps leaving a scar to remind us of the experience and the amazingness that we can heal like that. When we get sick we go to the doctor, do what is needed, take the pills, have the operation, and hopefully we gradually get better. And so I applied this same approach and expectation to my Spiritual Healing. If I bring out all my pain and yuk as Marion told me I had to do, then as the bad comes out and the truth comes with it, so I would gradually change making myself better – healing myself, becoming truer, ending all my pain, changing all my negative self-denying and unloving beliefs and behaviour, positively changing feeling better about myself and my life, my relationships, how I conduct myself, my aspirations, perfecting my Natural love, preparing myself for the 'Big Change' when the Divine Love wholly transforms my now perfect Natural love soul into being divine, that being the end or at the end of my Healing. So I believed that steadily through all these 23 healing years I would feel those positive changes happening in myself, and not only that, but as all of me would be changing, my compulsions and addictions would progressively end, my relationships would become truer, I would become more loving and be able to receive love, all as I grew in truth, all preparing me to become Celestial, with my being able to feel, sense and perceive that each day I was getting closer to the END of my Healing. However now after all these years, I've had to admit, accept and come to understand that my way of seeing how my Healing would go has been incorrect.

So this is now what I understand my Healing has/is about; and perhaps other people have understood this from my writings and it will be of no surprise to them, but I have been a bit dim owing to all my fucked up beliefs which I grew up with and those I've added since reading the Padgett Messages, Urantia Book and even from the spirits, all of which has been perhaps my misinterpretation of it. I'm still coming to terms with having my focus shifted, so I apologise if I ramble on repeating myself as I usually do and for writing so much.

Now I would advise someone who is wanting to start their Healing by saying that it is about, seven Mansion Worlds worth of uncovering the truth of your rebellious state. So don't expect yourself to get better or change thinking that as you progress you will work your way out of your wrongness progressively becoming better, truer and more loving, because it's not about that. It's all about becoming progressively more aware of how fucked you are, so right the way through your Healing having to stay being fucked, all so you can see the truth of how fucked you are in all the ways you are untrue. So expect to stay fucked right the way to the End of your Healing. Don't expect to

progressively get better or heal yourself like you might expect. That really it is all about only growing in truth, with you needing to stay controlled by your compulsions and addictions all the way along so you can keep using them to move deeper and deeper into the truth of your unloving and untrue state. And that it won't be until you've revealed to yourself the whole truth of your rebelliousness, when you've brought out all the bad feelings that will help you see it, that the end will come and your transformation into being true, perfect and all-loving will happen. If you expect through your Healing to gradually decrease your badness as you increase your goodness, you might end up feeling very let down when after years of working on yourself to still feel in many ways just as fucked as before you started.

John, if you were to draw one of your diagrams, then I have viewed the Healing like a pyramid, we start off with a broad base of fuckedness, with our being wrong and rebellious diminishing as we ascend in truth, and with ourselves feeling better and better about ourselves as we get closer to the apex. But now I see the whole pyramid as a column right the way to the top. And perhaps the column is capped by a small pyramid at the end of our Healing when our transformation does finally occur, however I won't know until I experience it.

I have spent these past months so pissed off with the Mother and Father about letting me down, doing all this work on myself for all these years when nothing really has changed in me. All that has seemed to change is I've become progressively more aware about how fucked I am and how my fuckedness is maintained and how it all started, but what I hoped would be my healing hasn't happened yet. And being pissed off with Them is of course really being pissed of with my parents for giving me the wrong beliefs that I applied to my Healing. God has not said how it will be, I've made all that up. And so now I'm finding out, and like everything else, it's nothing like I thought it would be.

**FUCKEDNESS**

Marion explained it well the other day by saying what we do heal through our Healing is all that is stopping us see the truth of ourselves – our untrue and false state. And I can relate to this, I have changed in many ways, I have brought to light a lot of my beliefs and ways I'm keeping my truth-denial in tact, including having these wrong beliefs about my Healing. And as I've seen what I am doing, what is in me that is blocking myself from feeling all my feelings and the truth that will come from them, so many of those blocks have diminished and some have even gone completely, allowing me to feel more clearly just how fucked I am, all my pain, all the hurt, all the misery, fear and anger, all how powerless and such a useless nothing I am and why I've had such a nothing life. So my self-awareness, my awareness about my rebelliousness, being so unloving and untrue has certainly increased and continues to do so each day.

Yet still all whilst maintaining my addictions, compulsive behaviour, disconnectedness in my relationships and how fucked up my self-expression is. So my body feels more fucked by the day, I can't stop stuffing the Aldi (super market chain) milk and almond chocolate in by the block, I am feeling more fucked by the day, all the opposite to how I thought I would feel this far into my Healing. So the truer I become to how untrue I am, the worse I feel, which is right because that's the truth of how wrong I am. I am wanting to uncover the truth of my unloving state, so I have to feel just how unloved I feel. So I have to keep feeling worse and worse because that's how I felt through my early life and all the way along, I just tried to block it all out. So through my Healing I have progressively been able to feel all my bad feelings more truly, more intensely, connecting more with them as they are myself and my life and not all the false cover up and denial of them. So it's right, even though it's still so hard to accept, that the more I progress in my Healing the worse I will feel. I should feel better and better! But it's not been like that. In some ways I don't have all the repressed bad feelings in me, the misery, fear and anger has markedly lessened, I don't spend days and days feeling so miserable as I used to, yet

when I do feel miserable, I feel it so much more acutely now being so much more aware of it. And I can connect with the truth of why I'm feeling it much quicker. So I have changed in my relationship with myself, only it's not been as I was expecting.

And I've come to realise, that had my Healing progressed like I believed it would, then as I progressively changed for the better, I'd be better, and so being better I would then not be able to feel my deeper levels of how fucked I am, my new good feelings preventing me from getting into my even deeper bad ones I'm keeping hidden. So had I worked my way up the 'healing pyramid', the higher I got the further from the truth of how fucked I really am I would have become. So now I understand why I have to stay in my fucked state right the way to the end – so I can keep connecting with it on ever deeper levels, all so I can understand all the aspects of the truth of it that God and my soul want me, need me, to see.

So as hard as it is, I am now accepting that my Mother and Father gave me a life of unhappiness. That I am to live feeling mostly unhappy, miserable, despairing, powerless, nothing, and fucked off about it all for my whole life, and really forever. And that my so-called Healing, is coming to understand and so accept that. And even though I still hope I will change and end feeling so bad, I have to fully accept that until that time comes, and if it ever does, I am dreadfully unhappy and a sad case of useless pathetic futile humanity. And that I have to keep doing all my compulsions and addictions to keep afloat, to keep living the pathetic fucked way I do, all of which is what God wants – created me to live. So there is no out, no escape, not whilst I'm still in it, for how can there be, as I am it, it is me. So all I can keep doing is working on myself through my feeling acceptance and longing for the truth to keep seeing just how fucked I am, as I had no idea when I was young, just all these horrible feelings I did all I could to block out.

So to face that I will never get 'better', that nothing will ever change for the 'better' is soul-destroying, it's too much to bear, that this is my shit life and that's it for me as I can't change myself; and god I tried, but I can't, my Mother and Father have made me so I can't. So I'm trapped in my pain forevermore, or until They decide to end it. Marion says: why do you keep doing or saying that, why don't you change yourself, focus on what is wrong and try and keep aware of it and when you do it again then work to find out why you do, bring up those feelings and gradually as they all come out you will change, you will stop doing it. And I have tried her way, but I can't do that, it's not me, I didn't get what she got being able to do that for herself, which is how she approaches her Healing. However the reality I have seen over these years for her is that she can't change the real deep fucked up stuff within her no matter how much she applies herself or expresses her pain. Nothing seems to change for either of us in our deepest fucked up self, other than getting to know it more, we're always changing in our understanding of how fucked we are and why and how powerless we are to do anything about it.

So I am changing by coming to accept that I can't actively make or induce my own change. I can't do anything other than what Marion said right at the start, just keep trying to express my bad feelings and keep longing for the truth of them. I do this in my pathetic fucked up way, which Marion says is not right and that I haven't even started my Healing properly, however I can't do anything else, this is me, this is all I can do, and every day my 'not doing my Healing as she says' is helping me see how I can't change myself, how locked into my shit I am with no way out, and that I have tried to do my best and failed, and that I am not even meant to try anymore, just accept that I am completely powerless to affect any change, and that I am completely reliant on my Mother and Father, it's all up to Them – how They want me to be. And I've been so fucking angry with Them for giving me such a shit life, just as I have been so angry with mum and dad, and yet lately even that anger has been fading off because what is the point, what does it do for me, it doesn't help me change, it doesn't make me feel better. But I have had to express it all, raging at them, at Marion, standing up to them like I wasn't able to when I was young,

getting stronger in my expressing those feelings I'm becoming more aware I have, all while understanding that compared to Marion and Samantha the strength of my feelings is very weak, I hardly feel them, they are just a blur most of the time, unlike their's which are so acute. Accepting that God even fucked up my being able to fully and passionately feeling my feelings, that I am all but feeling-numb, just wanting to hide in my fantasy mind, to watch the movies in my head as I watch the movies on the screen, to escape into a better place in my mind.

So to conclude. For anyone setting out on the phase of life called their Spiritual Healing, to expect that through your feelings you will be worked step by step ever deeper into the pain of your untruth all so you can see that how you are now as an adult is EXACTLY how you were back as a child, and that really you are still the child and nothing has changed. And that it's not going to change, you will remain being the fucked up unloved child feeling all the bad feelings of being that way right the way through to the end of your Healing. And you have to keep feeling as bad as you do, and so if you don't already feel as bad as you felt from conception and right the way through every bad part of your childhood, then your Healing will progressively help you re-connect with just how bad you did/do feel. And that you won't change for better as in feeling like you are ending your shit childhood, letting it go, healing all the pain of it, that you will keep being in and of it because it is you, there is nothing else, no other you, there is only you the child that wasn't loved as it needed to be loved by your parents. And that you will keep feeling so bad right the way until the end of your Healing. So don't expect yourself to 'heal' as you know healing to be, expect to keep feeling as bad as you do, even worse and worse, all as you keep growing in the truth and awareness of how fucked and wrong you are. And then when you have seen and felt it all, when you know all the truth of your unloving and untrue state, then you can transform into your true and loving self, then all your pain will go, then you will greatly change. But until that End Time when you make the transition in truth into the Celestial levels, keep expecting all your shitty life to remain, all your compulsions and addictions to keep plaguing you, all helping you to feel as powerless as you are, as unloved as you are, as untrue and false as you are.

Our Spiritual Healing is not about, here, take this Healing Pill, working on expressing your feelings and uncovering the truth of them and you'll get better and all your pain will progressively leave you as you become progressively a better person. No, accept that you are fucked, you will stay fucked, and you will come to see the whole truth of your fucked state, feeling how bad you feel in it, right the way to the core of your being. Great fun, yet what else can we do?

One day we all come to the realisation that we can't actually make ourselves feel any better by using our mind. We have tried to do that all our life, but one day it runs out and you can't do it anymore. And you look back at all you've done which you thought was helping you to feel good and change for the better, but it's all been shit. And then you have to express all those horrible feelings that all you've done has been a waste of time, that you are still as fucked as you've always been. And then what? If you can't change yourself using you mind, what the fuck can you do?

And then what you can do is go the other way, to try and uncover the truth of why you can't use your mind to change yourself. You can do your Spiritual Healing, however that too is not going to be like you expect. You are going to keep feeling as fucked and in the pain that you have always felt, right from the beginning, because you formed in that pain and fuckedness, it is you, it's how God wanted you to become, and you have to come to terms with that. But that doesn't mean falling in a heap and giving up, because you won't be able to do that fully either, we have to keep going, so what we can do, which I assume we all will be able to do, is work with our feelings to bring to light the truth of just how fucked we are.

You are the unhappy and unloved child. Nothing has changed. So we have the choice of living the truth of that. Which means, coming to understand through our feelings, the very feelings we've always felt, what it all means to be as you are. The truth of yourself. The truth of your unhappy and unloved self. People say they want to become true, but they jump over becoming true to all the bad untrue stuff. If they do this or that, do their Healing, they will become true. Which is right, only it means become true to how fucked you are and all the pain you feel and have always felt. Getting to know it – yourself; connecting with every part of it – yourself. Going into your hell, into your darkness, and being it, being immersed in it until it becomes light. Until what was your darkness you know so well, feel fully connected with, that there is no longer any hidden dark places you refuse to face and see. And when we've come to terms with the hell that we are, then hopefully our Mother and Father will change us into becoming truly true and loving.

And to end: here's an example of how much fun it all is. I grow up in relationships with people that I believe I love, when in fact the truth is, I hate them all. The hate coming through my Healing as my feelings lead me to it, that which I wasn't allowed to express when I was with them.

So being with people I hate, and believing they are good for me, is part of my negative pattern.

So I marry a woman wanting to be with her, because also as part of my negative pattern I have to be with someone, believing that I love and like her when really I hate her. Really I detest and can't bear how she is and all the things she goes on about and what she's interested in. I have to be with her, hating her just as I had to be with my parents hating them. It's just how it is, how I am, and I can't be any other way.

And so I was told we are soulmates / soul partners, so good luck with that. I am with my soulmate that I hate. However, perhaps that is part of living the ultimate truth of feeling unloved, so perhaps it might even be right. And if it is, it shows me just how removed from the truth I am, that we all are – which also is right, because we are very far removed from the Truth due to the Rebellion.

And part of my Healing, coming to understand and accept the truth of my unloving state, is realising this about my relationship with Marion, mum and dad and the others in my family. So Marion and I remain together, hating each other, all so we can keep helping each other in our different ways with our Healing. And when I say hate, that's harsh, when we are going for it, yelling and cursing each other slinging all our shit at each other, yes we hate each other, but that is not that often, only during the crunch, pressure times. Mostly we accept and are okay with each other, even liking each other every now and again; yet still overall, growing in the awareness and understanding that really we share little in common other than the truth that we don't love each other and our lives are fucked, separately and together, and that there's no point, and we can't leave each other – another part of our fucked state. And then to take it even further, well really I'm not with Marion, I'm still with mum and dad; just as she is not really with me, she is still with her mother and father. So our hatred of each other is really still a projection of our hatred of our parents onto each other. And what we might really feel about each other, were each of us true and were we able to truly relate to one another, we don't know, and won't know until we finish our Healing and if we still want to be together then.

The Rebellion is a complete fuck up. We are complete fuckups. I am a complete fuck up. All of which our Mother and Father want us to see and come to know through living it. They have fucked us up so we can know the truth of what it's like to feel so unloved and to live being so untrue and against ourselves. And possibly one day we'll thank Them for giving us such an extreme experience. And until that day comes, if you hate Them too, then hate Them with the full intensity of such hate for giving you such a shit life.

**FUCKUPS**

**SPIRITUAL HEALING:**

Our Healing is about first finding the truth of our unloving and untrue state, coming to understand the full extent of that, how it relates to us and how we relate to it, and all how it makes us feel so demented and live life in a stupor.

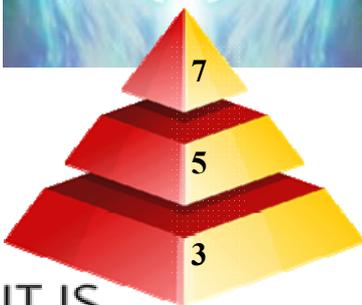
Healing is about seven Mansion Worlds worth of uncovering the truth of our rebellious state. It's all about becoming progressively more aware of how screwed up we are, so right the way through our Healing we stay being screwed up, all so we can see the truth of how demented we are in all the ways that we are untrue, all the way to the End of our Healing.

What we do heal through our Healing is all that is stopping us see the truth of ourselves – our untrue and false state.

Mansion World 7: is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving, understanding how your relationships are unloving, how you don't connect properly, how unloving you really are and why and fully accepting the truth of it, coming completely to grips with your parents not loving you as you needed to be loved – sorting it all out, including your self and feeling expression difficulties. Then comes transition.

Mansion World 5: is then about going right into the depths of them, feeling how unloved you feel and seeing how unloving you are and how that makes you feel, bringing out the majority of your pain, your misery, fear, anger, guilt, hatred, boredom, terror, rejection, nothingness, feeling powerless, alone and abandoned, and so on. Each progression is full on, all the way.

Mansion World 3: is for waking up to the truth that you're not loving and starting to get in touch with your pain, starting to accept your bad feelings, starting to work with them instead of rejecting them.



IT IS NOT THIS WAY



IT IS THIS WAY

## Spiritual Healing Expectation

Saturday, 28 March 2020

James: Some people will have the expectation that as they progressively work through their Spiritual Healing by looking to their feelings, expressing them whilst seeking their truth, they will change for the better, as in, their pain, addictions, compulsive behaviour, their self and truth-denial will leave them as they change into a better truer more perfect person. Starting off fucked and progressively becoming less fucked. However it doesn't happen like this.



And whilst many inner changes do occur through our Healing, these are mostly centred about helping us to become truer to our pain, allowing ourselves to accept our bad feelings more, getting better at expressing them, all accepting that we are in such a bad truth-denying way. All of it helping us to understand how false and untrue we are. And this continues right the way through to the end of our Healing.

How we heal is by progressively bringing out all our repressed childhood feelings and uncovering the truth of why we're feeling them. However to do this we need to remain in our untrue state right the way through to the end of our Healing so we can keep getting more in touch with such feelings bringing to light the truth of our untruth.

We are to become true to how we are. Currently we are avoiding the truth of how wrong, fucked and in a bad state we are. And we are not to avoid it, we are to fully accept this is how we are, but first we have to see it all, which do throughout our Healing.

So don't expect to feel better the further you go in your Healing, expect if anything, to feel worse and worse as you connect with the deeper repression within you. Don't expect all your Wrongness to magically go away or be transformed out of you as you grow in truth from your bad feeling expression. Don't expect anything of this until much closer to the end, or until when you've seen the whole truth of your untrue state.

We are to understand, know and be, as we are in our Wrongness. So our Healing is not about healing ourselves to avoid being it, to further push it aside. Our Spiritual Healing is about progressively bringing us face to face with our being untrue and false, feeling ALL the pain of it, accepting and expressing it, all to reveal to us why we feel so bad. We are to understand why we do all the bad things we do, however don't expect to stop doing them as you progress through your Healing. Some things might go, but other things you are and how you are that you hate about yourself might stay right the way through to the end of your Healing. And they will remain because you'll keep needing them, keep needing to do them, to further help you connect with them and to keep bringing up all the bad feelings you feel about them and from them, all to keep helping you see yet more truth about your unloving state.

You are false and untrue. You will remain false and untrue right the way through your Healing. All so you can see the whole truth of being false and untrue. And when you've seen it, then it will end, then God will transform your soul and you will change ending all your false and untrue ways of being, becoming wholly true and of a Celestial level of truth.

So far, and it's early days yet, there seems to be two very distinct ways people's Healing might unfold for them:

1. One way is for the person to know they are false and untrue, to always have known it, for them to feel unloved, to hate themselves and to feel hated, to feel many bad feelings about themselves and their lives right from as early as they can remember. These people having to be forced to remain in their

pain right through their lives, always suffering and mostly aware of it and how they were unlovingly treated as children causing them to feel so rejected, unloved and unwanted. And so when such people start their Healing it will be one ongoing expression of their pain. And as their pain comes out they will grow in further understanding why they feel it all, coming to see the whole truth of how badly and unlovingly they were treated by their parents and family. And these people will feel that they are progressively working through their pain, with good feelings coming the more of their repressed feelings they emote and express, enjoying the truth that comes to light affirming to themselves their feelings have been right all the way along. That they were right and their parents were wrong, something they've always known as their feelings have told them, and now with it all being confirmed beyond a shadow of doubt through their Healing. So such people will understand that it's right that they keep feeling bad right the way through their Healing because they have always felt bad, there never were good feelings, or at least not enough during their early life, it being how they are, how God has made them be, the life God has made them live. And these people will be fully accepting of the process, knowing that they will just keep bringing out their bad feelings until there are no more to bring out, when they will have seen all the truth of their bad feelings and unloving state of being, which will be the end of their Healing. These people will undoubtedly have certain blocks and deep trauma that might require some outside help to bring out, however mostly they will be able to easily do their Healing themselves.

2. The other way is the person who was completely turned against their abuse and pain, completely made to feel there was nothing wrong, that they are okay and even right being as they are, that they are not false or untrue, having been made to completely disconnect from the unloving treatment they received from their parents, blocking it all out, refusing to allow themselves to feel such bad feelings. These people will be very deluded, shut off almost completely to the truth of themselves being false and untrue. Shut of to so many of their repressed bad feelings, with hardly any awareness at all that they are in fact stuffed full of bad feelings they are refusing to feel. So for these people, who might need a lot of ongoing help to keep them breaking through such feeling-resistance, their Healing will be one long smashing down of their denial, slowly forcing them to wake up, admit to, to feel, that they are feeling bad and are not right. And it will be harrowing for them having to constantly face the truth through a seemingly never ending stream of worse feelings surfacing in them, seeming to come out of nowhere because they've shut them all out so long ago, not allowing themselves to remain in touch with such pain. And the bad feelings will keep coming up in them, with the more in touch and aware of their hidden pain they become, the more intense and better to relate to such pain and bad feelings they will become. So for them their Healing will seem like one long miserable painful traumatic experience as they are forced to reconnect with the pain of their forgotten and blocked out childhood. And it will be an ongoing constant revelation as to the truth of just how badly treated they were. They have believed they were loved and things were relatively good during their childhood and in their relationship with their parents, and yet their feelings and resulting truth will constantly keep showing them otherwise, that they have seriously been deluding themselves, and that in fact they are severely disconnected from themselves becoming very untrue and false, with all they increasingly think and feel about themselves and their lives being not good at all. So their Healing will seem like an ongoing agony, when really all it is will be all they have always felt, all still how they felt as a young child, all of which they systematically blocked out. So the unblocking will seem brutal and cruel to them, like God is being very unloving and mean to them subjecting them to such pain and so many overwhelming bad feelings all the way through their Healing. And with no let up, always feeling like they are being further crushed, broken down, ground down into feeling so powerless, that they are nothing, a no one, just a poor sod full of fear, misery, pain and anger about having to be subjected to it all. All of which they are to wake to understanding was all what their parents subjected to them all those years ago, and all of which they've always felt yet have kept well hidden from themselves.

So for the person who wasn't allowed to block out all their pain being able to use their mind to tell themselves they are loved and feel good about themselves, their Healing will be one long feeling of 'yes', that is right, that is how I've always felt, that is the truth of it. And even though they will feel so bad, as bad as they have always felt, still they will also feel good because finally they are getting to the bottom of it and their feelings were right. Whereas for the person who denied themselves such pain and bad feelings all the way along, using their mind to convince themselves that they are good and right and don't feel bad about themselves or life, their Healing will be one long bashing down such untruth and falseness, making them have to face the fact they were bad and wrong, that all they are is full of shit, and that really they are filled with so much pain and repressed bad feelings that it's a wonder they were able to keep it all locked away without having a clue as to how bad and traumatised they are. And they will feel their Healing is not making them feel better, and if anything as they connect with their ever deeper pain, that it's making them feel worse right the way along, and with no let up, no relief, begging God to end it, wanting it all to stop, all because daily they are having to face more of the truth of themselves. So the truth will even feel to some extent like it's a bad thing, it making them feel worse about themselves; whereas through the other Healing way the truth will make those people feel good and better about themselves as they progress in bringing to light the whole truth of their rebellious and untrue state.



And then I imagine within these two extremes of Healing, will be people with elements of both approaches.

Feeling things seem to get worse and worse as you progress in your Healing is right because your childhood got worse and worse, it compounded all the denial as you got older. And as much as you might feel worse and worse, still oddly you will feel also better and better the truer and more accepting of yourself you become to your untrue state of being. The less you deny yourself the better you feel about yourself; however to become less denying, first you will feel worse about it as you come to see just how much you are denying by getting more in touch with it all.

### **SPIRITUAL HEALING:**

**We incarnate into Rebellion, and by default become untrue to ourselves. The truth of which we are to see through our Healing. And once seen, then we will no longer be of the Rebellion, being a true, happy, perfect and all-loving personality.**

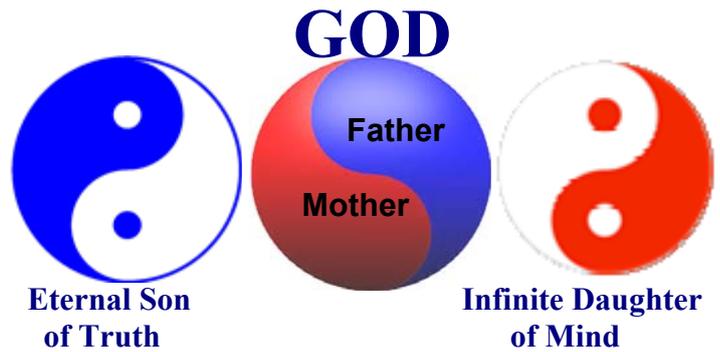


**The Healing is about becoming true to being as you are in your untruth. As you become aware, facing and accepting the truth of how wrong and untrue you are. And once you've brought all your untrue self out through each stage of your Healing and are wholly aware of yourself and your rebelliousness, then your soul and God will transform you out of being untrue and into becoming your true spiritual Celestial self, be that in the physical or when you do your Healing in spirit.**



**BECOMING DIVINE:**

We are not Divine to begin with. Our soul, personality and true self are of Natural love, created by Divine Parents, and with the POTENTIAL of becoming as They are, at-one with Them - divine. And we begin to realise this potential by longing personally to Them for Their Divine Love.



Our physical parents, from our conception, endeavour to mould us into being ‘little me’s’, that is, replicas of themselves, imposing their beliefs and personality traits upon each of us. They crush our individuality and free will. They destroy our personality, our true self. They inflict upon each of us their ways, all of which are a result of the Rebellion and Default of many, many generations ago. They drive us into believing and subsequently becoming dependant upon our minds. This is not the way for us to express our true selves and evolve along the path towards our true parents, our Heavenly Mother and Father.



No, we are not in the image of our physical parents. Though we may look like them, and act like them because they have dramatically and successfully crushed our true personality, we are each very unique and independent of our parents and all other family members. When we begin to progress along the path of engaging with our soul based feelings and seek for the Truth of our feelings, we will become free of our parents’ impositions and suppression.



Upon starting our physical life experience on Earth, our divinely created soul begins to express us as one of our soul’s two personalities in Natural love. However because of Earth being in Rebellion, so we are parented into a rebellious and anti truth and anti love state of mind control over our feelings and true self.



Natural love is good, just ‘less’ or different to Divine Love. And it’s that in our rebellious state, we’re rebelling against Natural love, and Divine Love by not taking Jesus and Mary up on their offer and allowing the Divine Love to transform our soul, as we perfect our Natural love by doing our Healing.

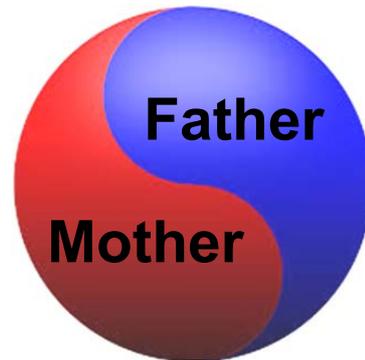
By living true to our self, true to our feelings, we are living true to God. It’s that simple. The revealing of the Feeling Healing process is the commencement of our ability to begin the Great U-Turn and go the right way. Should we then also embrace our Heavenly Parents’ Divine Love, we can also commence our Soul Healing and becoming divine – this is our destiny.



**Negative Spirit Influence  
blocked  
22 March 2017  
Law of Compensation  
quickenning  
22 May 2017**



**Rebellion and Default  
officially ended  
31 January 2018**

**CREATED in THEIR IMAGE:****GOD**

James: Mary, what does ‘we being created in the image of God’ really mean?

Mary M: It means that our Mother and Father used Themselves as the model or template if you like, upon which to bring us into being, those of us who have existential souls with the potential of expressing their two personalities in Creation.

And although our souls are divine, as in being divinely created, still whilst we start our personality expression in Natural love, so we need the Divine Love to come into our soul and bring it into the levels of Celestial divinity.

Natural love, so basically the whole of Creation, is of the image of God, and we being divinely created souls can be part of God’s Divinity becoming divine ourselves. So through your Healing, James, you become progressively divine by partaking of the Divine Love and healing yourself into perfection – your true self. And by the time you’ve completed your Healing, your soul is of the Divine Love level of Celestial truth, and your personality is an expression of that level of truth, it all being ‘confirmed’ and cemented – fused – into place upon the direct soul-union with your Indwelling Spirit. Then you are of the essence of God, true and perfect to the level of the first Celestial sphere, the first sphere of true divinity.

Mary Magdalene communicating with James 20 November 2017



**END to the REBELLION and DEFAULT – 31 January 2018:**

31 January 2018: Nanna Beth: Yes John, very good news we want to pass onto you for your records. Earth and the seven associated Mansion Worlds (including the two Earth planes) are **officially** now fully under the control of Celestial spirits. And this means John, that Earth is now ‘Ours’. It’s been a long time coming, but it’s a huge milestone and marks a tangible and real end to the Rebellion and Default. It’s one of a number of ‘End’s’ that are to occur.

With the departure of the Caligastias and Daligastias some years ago, humanity has been in a state a limbo so far as who is doing what with it, it not being allowed to be left alone so it could do whatever it liked, it always needing to have a spirit connection. With the mind spirits, as we’ve told you, basically calling the shots still happy to ignorantly carry out C&D’s plans. But now with our systematic and progressive take over, we’re now in complete control.

And what that means is we have our fingers in every pie and we’re on the case so far as what everyone is doing. However it doesn’t mean we’re taking over and telling humanity what to do and how to be, although we are able to work more with certain individuals directly and indirectly helping to move or point or orientate (depending on how you want to look at it) individuals, groups of people, whole societies, the whole world, according to the plans given to us by the Melchizedek Receivers.

So humanity will still carry on outworking it’s unloving, untrue and rebellious state, that has to be worked through to its natural conclusion, however we want you to understand and just know that it’s another end of things and beginning of the new. And it’s basically what we’ve been working with you in connection with James this past year to achieve. There is a lot more to it and how and why it’s been done, and done as it has been done, however you can find out about all of that when you come over.

So we Celestials will guide humanity now according to what our Mother and Father want, so humanity’s got a real tangible safety-net under it now, so no more ‘downside risk’, it all being to move it toward doing its Healing.

I’ll speak again soon – love Nanna Beth.



**Feelings first**

**LIVE FEELINGS FIRST**

# THE YUK MASTERS

Marion and James



Marion



Infographics and diagrams have been added by Pascas.

# REVELATIONS



**JAMES** PADGETT MONCRIEF **REVELATIONS** 1 Commenced 1914  
2 Completed 2014

## REVELATION 1

The availability of Divine Love, should we so ask for it, being revelation 1:

God's Divine Love: Pray for it, ask for it, and receive it.

Whilst we are receiving our Heavenly Parent's Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way the Father is actually loving us! When we progress, it is the Father's way of loving us into love and then we live what we are, love.

## REVELATION 2

The way to clear one's soul of childhood errors and injuries is revelation 2:

To liberate one's real self, being one's soul, is by embracing Feeling Healing so to clear emotional injuries and errors. With the Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

Release one's pain through expressing one's feelings.

in conjunction with

Longing for the Truth when also longing for Divine Love.

<http://www.pascashealth.com/index.php/library.html>

## Library Downloads – Pascas Papers

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address. [info@pascashealth.com](mailto:info@pascashealth.com)

# Steps UP!

## Quantum Jump 1



**REVELATION 1**  
James Padgett 1914 – 1923

James Padgett bravely introduced the availability of the Mother and Father's Divine Love and a great deal of additional guidance and information, all of which has been supplemented by Samuels, Judas, Reid and Arnold. All writers were under restrictions of personality and circumstances. Revelation 1 opened the door for humanity.

## Quantum Jump 2

**REVELATION 2**  
Marion and James Moncrief 2002  
– ongoing

Marion and James Moncrief have recognised the need for one to engage in Feeling Healing and, by their actions, removed restrictions that James Padgett and others above endured, thus JM is able to critique the writings of the past 100 years resolving points of confusion as well as expand on what has been written. Revelation 2 is humanity's turning point.

Due to the extra-ordinary nature of Revelations 1 and 2, humanity with the first Revelation would have continued on into its negative pathway of living, however, combining the first Revelation with Revelation two, now humanity can embrace this turning point and commence its evolutionary growth that has required two thousand years to put in place. This is the greatest event in the history of humanity and very few are aware of such, until we enable others to become aware.



Negative Spirit Influence  
blocked  
22 March 2017  
Law of Compensation  
quickenning  
22 May 2017  
Rebellion and Default  
officially ended  
31 January 2018



## **INTRODUCTION for a HEALTH CARER ENGAGING ASSISTANCE:**

**So who am I to heal?**

**Not everyone, most, but some will need temporary relief from it, so they can do other things with their lives, things they couldn't do when they are in such pain. But as you understand, that pain will still be there in their soul, and one day they will have to return to it and bring it up and out of themselves, all so they can see what truths it has hidden in it for them.**

For some people its necessary they feel all their pain because it will help them to understand more about themselves when they come to see the truth of their pain. So they need the pain so as to find the truth, it all being around the wrong way because of the rebellion against truth.

Possibly the angels might work more closely with people should those people embrace at least the notion of doing their Feeling Healing.

So, what is Feeling Healing? It's looking to your feelings for the truth of what's making you feel bad:

- **Admit you are feeling bad.**
- **Accept your bad feelings, identify what they are.**
- **Honour fully your bad feelings by expressing them, speaking about them to someone who is willing to hear you talk about them, or tell them out loud to our Heavenly Parents. Long for the truth of them. Long for the truth of why you feel bad – what deep within you is causing your bad feelings?**
- **And remember, bad feelings are Good! Not bad. They are not to be despised. And as hard as it is to accept them, they are still you, and a very real part of you. And if you persist in denying them and not allowing yourself to fully live them, then you are only going to keep yourself in your errors making things harder for yourself.**
- **All sickness and suffering, all bad things that happen to you, all your problems, all your addictions – your whole feeling-denying and untrue life, is all caused by your denial of bad feelings.**
- **Every problem in the world is brought about because everyone has been brought up to deny feelings, and in particular, most of their bad ones.**

And it's possible that you can heal everything that's wrong with you on all levels through your Feeling Healing.

Relief may occur immediately, or it may be later on. One's heartfelt longing for the truth of their feelings being good and as well as bad will determine what assistance is provided. It is up to each individual to want to live true to their feelings, and when they do, then the angels will be there to help them.

**Release one's pain through expressing one's feelings.**



**in conjunction with**

**Longing for the Truth when also longing for Divine Love.**

## WE ALL ARE BEING GUIDED HOME:

We need the Spirits of Truth of the Avonal Pair to Heal ourselves; then once Healed, (and for support (overshadowing) as well through your Healing), we need the Creator Pair, Mary Magdalene and Jesus' Spirits of Truth to see us through the Celestial spheres, while at all times embracing our Heavenly Mother and Father.

Until Mary and Jesus died and liberated their Spirits of Truth, no one from any of the worlds could leave Nebadon, because no one knew the way to do so. Nebadon is our local universe containing some 3.8 million inhabited physical worlds and their associated spirit worlds.

When we embrace the truths Mary and Jesus are revealing, and start to do our Feeling Healing, or with Divine Love, Soul Healing, we are then freeing ourselves up from our parental and self control.

Thus our journey to Paradise, to the home of our Heavenly Parents, is of our choosing as to when we progress, however, there is only one way:

**HUM:** Humanity is to ascend. We are self contained. Our soul is always in truth and perfect at all times. **By living true to ourself, true to our feelings, we are living true to God. It's that simple.**

We are to recognise that being engaged and dominated by our mind is the wrong way for us to evolve and grow in truth. We are to discard the mind enslavement that has been imposed upon as by all of our parents. We are to express our feelings, both good and bad and free ourselves of the indoctrination that humanity has embraced worldwide.

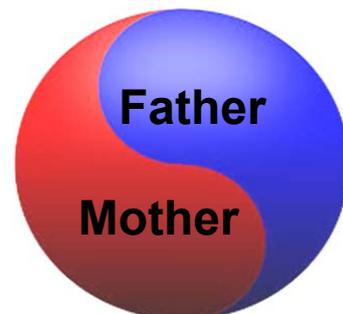
Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of our Mother and Father.

**AVO:** We are to embrace the truths and guidance of the Avonal Pair through their Spirits of Truth. It is the Avonal Pair's guidance that will lead us through our Feeling Healing, and with Divine Love, we will be able to ascend through the 7 spirit Mansion Worlds and enter the Celestial Heavens where we also interact with other world's spirits.

**J&M:** We are also to embrace the truths and guidance of the Paradise Pair, Mary and Jesus, who will then lead us through the 3 Celestial Heavens that are aligned with Earth, and then further on through Nebadon where we will then depart beyond on towards Paradise.

**M&F:** Beyond the universal zone of Nebadon, we will be guided by our Heavenly Mother and Father onwards through the universes to Paradise where we will be welcomed by them, home for us all, as we are all Children of God.

# GOD



M&F



J&M



AVO

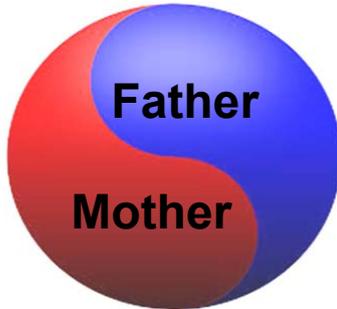


HUM

**WE ARE Children of God**

**WE ALL ARE BEING GUIDED HOME – NOW, HOW TO COMMENCE THE JOURNEY:**

**GOD**



**M&F**

For 200,000 years, we have been misled into embracing our mind's distortion of wisdom and truth. All such traditional understandings only lead us in the wrong direction, from which we must turn back from. Our soul based feelings are always in truth. Our minds are to follow our soul based truths and feelings, not the other way round, as we have been brought up to embrace.

We are to connect with our deeper repressed feelings.  
 We are to long for the truth of what we are feeling.  
 We are to live true to our selves; by living true to our feelings.

Use your surface day-to-day feelings to connect with your deeper repressed feelings. Express your surface feelings and your deeper repressed feelings to uncover the truth of yourself.



**J&M**

We all have feelings which we communicate and share with each other. And we all have deeper buried and hidden repressed feelings. Feelings from our early childhood we felt, yet weren't allowed to express. These feelings are still within us, waiting to have their say. These feelings, because they are repressed, cause us all our problems.

And as we look to uncover, bring out and accept these deeper feelings, so we're taken into new ways of looking at ourselves, our feelings, and our life. We're setting ourselves free of the controlling patterns that govern our unloving behaviour.



In this way, we progressively begin to express the personality that our Heavenly Mother and Father gave us, not the one imposed upon us by our physical parents and carers. We are to be our true and real selves.

**By living true to ourself, true to our feelings, we are living true to God. It's that simple.**

**AVO**



**HUM**

As we, humanity, long for the truth of our feelings, we can also be assisted by the Spirits of Truth of the Avonal Pair who are our spiritual teachers for Earth over this coming 1,000 years, to assist us through the Great U-Turn, away from mind dominance to being soul based feeling lead. They will assist us through the seven levels of the spirit Mansion Worlds.

Then the Creator Pair, Jesus and Mary, will lead us through Nebadon and into the greater universe. Then our Heavenly Mother and Father lead us home to Paradise.



Collectively, should we embrace them all, as we are to, then our pathway home is a journey in the hands of the Spirits of Truth of the Avonal and Paradise Pairs overseen by our Heavenly Parents.

## HOW TO GET TO PARADISE:

Long for the Divine Love

Long for the Truth

Long for the truth of your feelings

Don't deny any feelings: accept, express and want to know the truth of them

Know your feelings are the key; your feelings are the Way

Want to end your falseness and being untrue

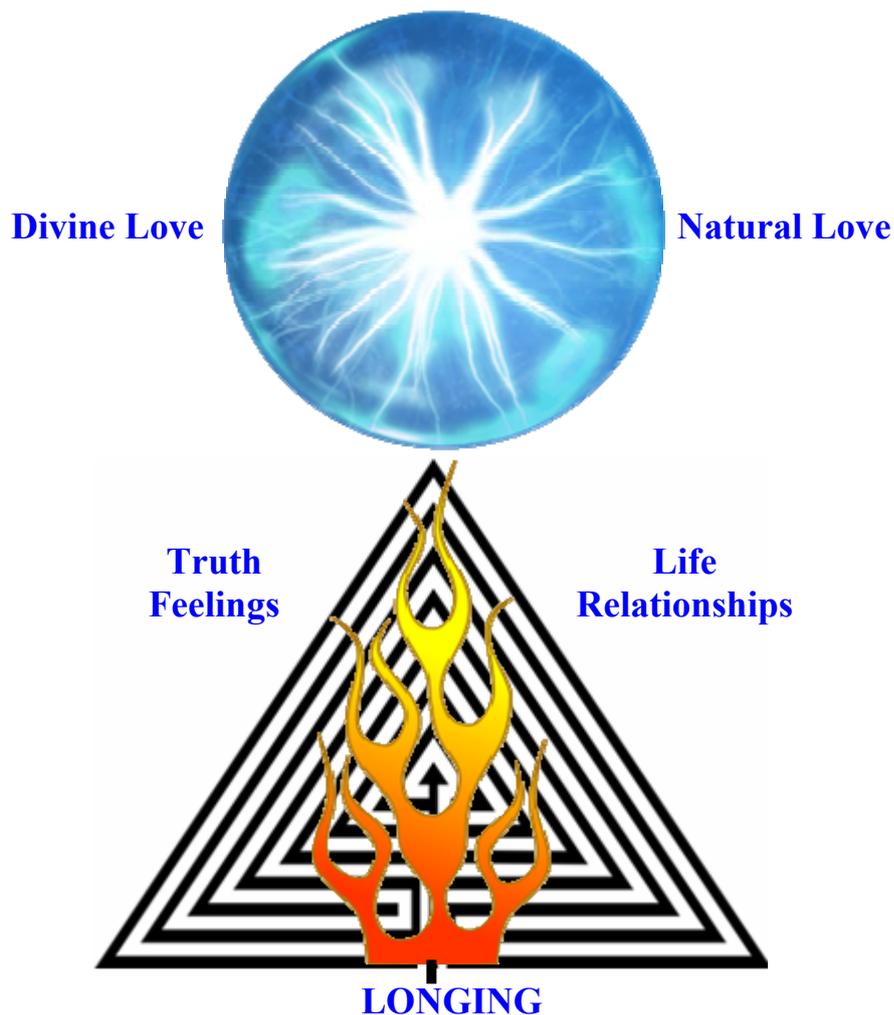
Want to understand the truth of your early life

Use your surface feelings to move deeper into yourself, bringing up your repressed feelings

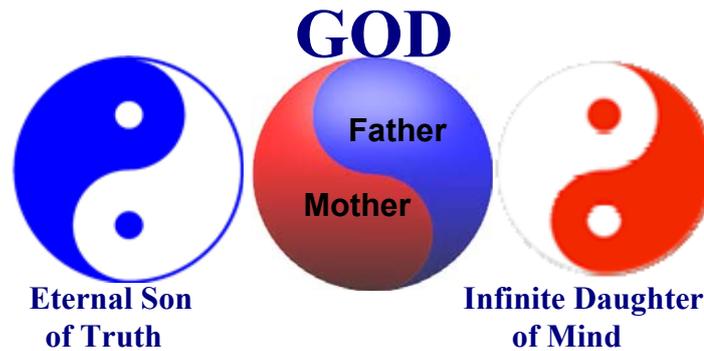
Want and long to know the whole truth of yourself

Want to do it all with God, your Heavenly Mother and Father – long to Them for help.

## The Key



Our longing drives our life. We long with feelings. We can wish for things using our mind, yet long for things with our heart. These things in the pyramid are what to long for. Longing for them, when the longing comes naturally. Longing because you feel you really want them. Long to be true with all your heart. Long to live true to your feelings. Long to understand the whole truth of yourself.



**PARADISE TRINITY:**

1. **Our MOTHER and FATHER (God) (MF) – Divine Love**  
SOUL (God) – One SOUL that is expressing its two PERSONALITIES, our Heavenly Mother and Heavenly Father (Soulmates / Soul Partners)
2. **ETERNAL SON (ES) – Divine Truth**
3. **INFINITE DAUGHTER (ID) – Divine Mind**

Then: The Second and Third Persons of the Paradise Trinity (ES and ID) are stepped down to the local universe trinity (Mary and Jesus, Divine Minister (DM), and her Holy Spirit.

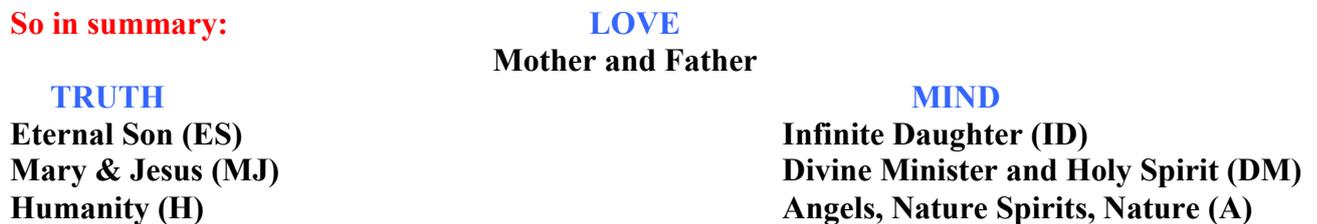
**The LOCAL UNIVERSE TRINITY:**

1. **MARY M and JESUS** – Our MOTHER and FATHER – Love – the Living Truth
2. **DIVINE MINISTER** – Mind (and her Holy Spirit)
3. **HUMANITY – Natural love, sons and Daughters – Truth, and our Angels – Mind**

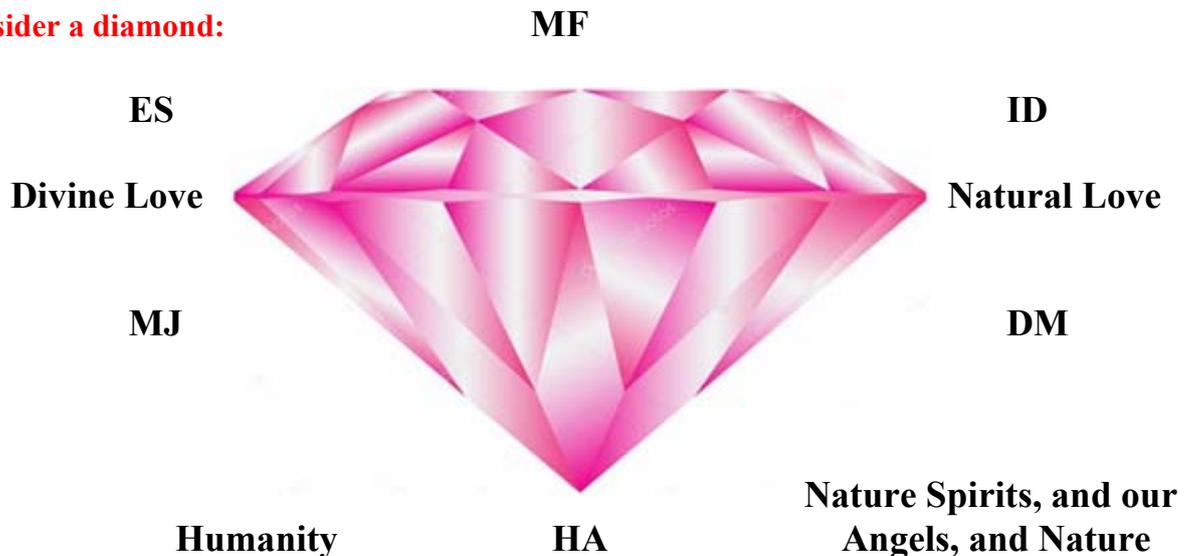
**PLANETS that engage in REBELLION:**

1. **AVONAL SOULMATE PAIR** – the Feeling Healing process – incarnate
2. **DAYNAL – TEACHER PAIRS** – they do not incarnate

**So in summary:**



**Consider a diamond:**



# Mother and Father Heavenly Parents

Creator Son & Daughter  
Jesus and Mary

Avonals  
as soulmate pairs

Trinity Teachers  
as soulmate pairs

Melchizedeks – who have taken over from the Caligastians and Daligastians being also all as soulmate / soul partner pairs.

Mortal Souls – human beings who individualise on Earth, then progress through the spirit Mansion Worlds, then into the Celestial Heavens, and beyond.

Mortal Souls – also being ascending spirits, upon completing their Soul Healing, join with their soulmate, then join their soul group of 24 mortal spirits, being 12 soul pairs. It is only as a soulgroup that anyone can progress beyond Nebadon.

The Paradise Pairs are all ONLY concerned with the SPIRITUAL wellbeing and upliftment of the planets and local universe. Currently to do with Earth:

Mary and Jesus – spiritual wellbeing and upliftment of the whole of Nebadon region.

Avonal Pair – Daynal pairs (Trinity Teacher Daughters and Sons) – Spiritual wellbeing and upliftment of individual planets and their associated Mansion Worlds.

The Local universal Sons and Daughters are all about the running of the worlds under their jurisdiction, and ensuring the higher spiritual elements can be employed, or sent astray, as in our cases through the Rebellion and Default.

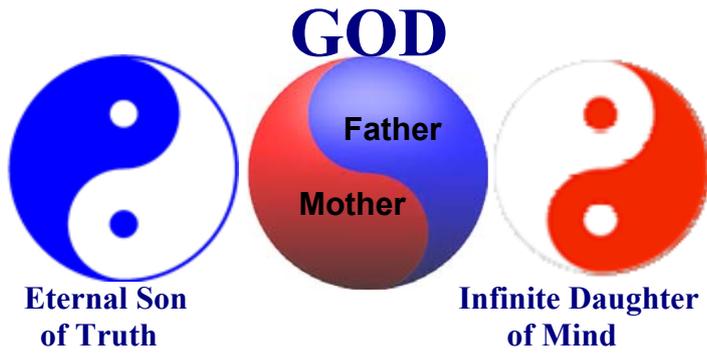
Lanonandeks – Melchizedeks (and others, such as Life Carriers and Eve and Adam).

As the Lanonandeks all rebelled – the Lucifers, Satans, Caligastias and Daligastias soulmate / soul partner pairs – so the Melchizedeks have taken over their roles, as well as doing their own.

So the Melchizedeks are the governors, overseers, the administrators and advisors and so on for Earth; they are the ‘controllers’, and they will instigate all that needs to be done to do with the ending of the Rebellion and Default. And they will enlist the willing help of ascending mortal pairs, so the mortal Celestials spirits (soulmates when available, and others waiting to unite with their partner), and at times mortal spirits in the Divine Love Healing Mansion Worlds. And the angels help all of us.

Currently the whole of Creation exists for the ascension of mortal souls from their earth planets to Paradise. It’s all one vast Grand Ascension Scheme. With all the higher and lower spiritual Daughters and Sons, together with all the many different angels and other universal spirit personalities, and even including nature and our very own pets, assisting women and men with their Ascension Journey. It being: and Ascension of Truth. Everything we do is done to help us grow in truth. (Only everything we do in our negative state is to deny ourselves our truth from our feelings, which is why we have to do our Healing.) All women and men are ascending (or growing) in truth through their experiences. And as we grow in truth by looking to our feelings to show us that truth, so we’re ascending, moving inwards and upwards through all the worlds and spheres of the Grand Universe to one day arrive on Paradise and meet our Heavenly Parents. God is providing us, Their children, with this spiritual journey called our Ascension of Truth. And by living true to our feelings, so we are progressing on our true Spiritual Path – our Ascension Path.





**CREATION of SOUL and SPIRIT:**

God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.



The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one's feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.

Feeling Pathway

Mind Pathway



The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate / soul partner) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves enabling the union with our soulmate, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.

Soulmate Pair

Angel



The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Spirit Person

Nature Spirit

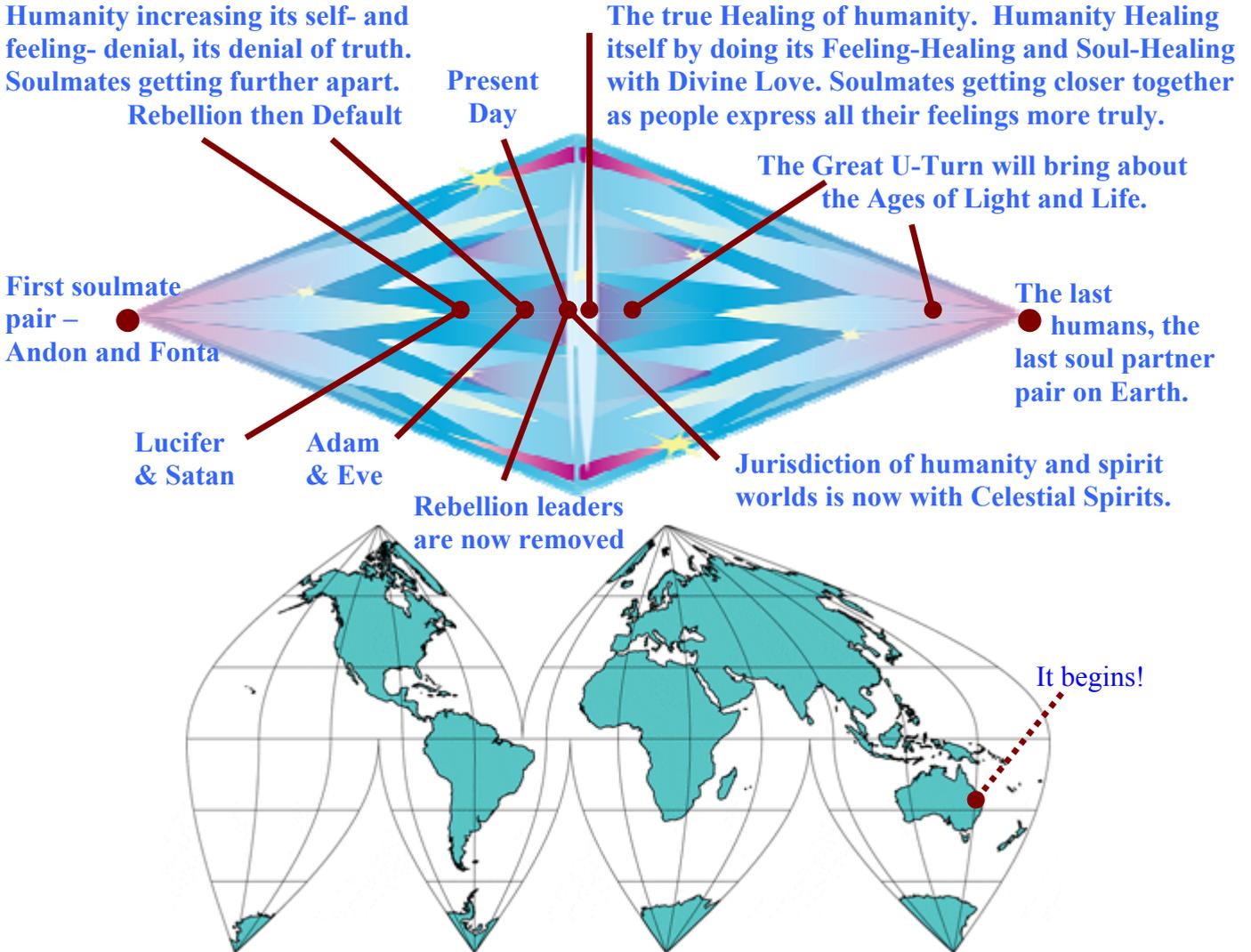


Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.

JOURNEY of HUMANITY into and through the GREAT U-TURN:

Humanity reaching its most evilness, the most lost, the most separation of soulmates. Humanity can begin its Healing. The Great U-Turn begins, the dawning of the Spiritual Age.



**This is the Great U-Turn. We are to feel and live by our feelings and express our feelings, our mind will follow in support, not the other way around.**

**Feelings First**, you can be sure about that! **Once women get that message and start living it, then the tide will really change**, with men either deciding to support them by looking to their own feelings or being left on the outer wondering what the fuss is all about.

The feminine light is going to sweep through humanity and purge it of all the yuk and darkness, helping to bring the whole of humanity back into a nurturing loving mother state of being, from which the supportive, caring father can support her and together they can make the world great again, they can bring humanity up into its natural love perfection whilst at the same time offer those people who want to spiritually grow the truths of how to embrace the Divine Love and move on to the Celestial level.

**By living true to ourselves, true to our feelings, we are living true to God. It's that simple.**  
 (Passage in blue calibrates on the Map of Consciousness at 1,500)

**OUR GUIDANCE to PARADISE, the home of our HEAVENLY PARENTS:**

There are three distinct phases of our progression to the home of our Heavenly Parents which is Paradise that is within the circle of seven Super Universes, each containing many Local Universes.

Once we progress beyond our Local Universe of Nebadon, then we are assisted and guided by our Heavenly Parents, our true Mother and Father all the way home to Paradise.

Before then, once we have completed our soul healing, we are guided through the Celestial Heaven worlds which are those that interact with humanity on Earth, then further on into and then out through Nebadon, our Local Universe. The regents of Nebadon are Mary and Jesus.

However, before then, we are to embrace our healing. That is, we are to realise who we truly are. We are not the personalities that our parents imposed upon us. We are to put aside our childhood suppression and repression and free our true personality that our Heavenly Parents gave us, and to do this we are now able to embrace the guidance of the Avonal Pair who will lead us through our healing here on Earth and through the Spirit Mansion Worlds to be able to enter the Celestial Heavens.



**The New Way: Learning how to live true to ourselves by living true to our feelings.**

|                                                                                      |                                                                                                                                                                     |                                                                    |                               |
|--------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------|-------------------------------|
| <b>Primary recommended reading:</b>                                                  | <b>consider commencing with: Paul – City of Light and Sage – and the Healing Angels of Light</b>                                                                    |                                                                    |                               |
| <b>The Rejected Ones</b>                                                             | <b>2002 – 2003</b>                                                                                                                                                  | <b>xxx</b>                                                         | <b>– James Moncrief</b>       |
| <b>Messages from Mary &amp; Jesus</b>                                                | <b>2003</b>                                                                                                                                                         | <b>xxx</b>                                                         | <b>– James Moncrief</b>       |
| <b>Paul – City of Light</b>                                                          | <b>2005</b>                                                                                                                                                         | <b>xxx</b>                                                         | <b>– James Moncrief</b>       |
| <b>Feeling Healing</b>                                                               | <b>2017</b>                                                                                                                                                         |                                                                    | <b>– James Moncrief</b>       |
| <b>Religion of Feelings</b>                                                          | <b>2017</b>                                                                                                                                                         |                                                                    | <b>– James Moncrief</b>       |
| <b>Mary Magdalene and Jesus' comments on the Padgett Messages</b>                    | <b>2007 – 2010</b>                                                                                                                                                  | <b>xxx</b>                                                         | <b>– James Moncrief</b>       |
| <b>Speaking with Mary Magdalene &amp; Jesus Sage and the Healing Angels of Light</b> | <b>2013 – 2014</b>                                                                                                                                                  | <b>xxx</b>                                                         | <b>– James Moncrief</b>       |
| <b>Road map of Universe and history of Universe:</b>                                 | <b>2017</b>                                                                                                                                                         | <b>xxx</b>                                                         | <b>– James Moncrief</b>       |
| <b>The Urantia Book</b>                                                              | <b>1925 – 1935</b>                                                                                                                                                  |                                                                    | <b>xxx as primary reading</b> |
| <b>Divine Love supporting reading:</b>                                               |                                                                                                                                                                     |                                                                    |                               |
| <b>Revelations</b>                                                                   | <b>1954 – 1963</b>                                                                                                                                                  |                                                                    | <b>– Dr Daniel Samuels</b>    |
| <b>Judas of Kerioth</b>                                                              | <b>2001 – 2003</b>                                                                                                                                                  |                                                                    | <b>– Geoff Cutler</b>         |
| <b>The Book of Truths containing the Padgett Messages or Little Book of Truths</b>   | <b>1914 – 1923</b>                                                                                                                                                  | <b>xxx</b>                                                         | <b>– Joseph Babinsky</b>      |
| <b>True Gospel Revealed anew by Jesus Vol I, II, III, IV</b>                         |                                                                                                                                                                     | <b>xxx</b>                                                         | <b>– Geoff Cutler</b>         |
| <b>Available generally from:</b>                                                     |                                                                                                                                                                     |                                                                    |                               |
| <a href="http://www.lulu.com">www.lulu.com</a>                                       | <a href="http://www.amazon.com">www.amazon.com</a>                                                                                                                  | <a href="http://www.bookdepository.com">www.bookdepository.com</a> |                               |
| <b>For Divine Love focused websites and forums:</b>                                  |                                                                                                                                                                     |                                                                    |                               |
| <b>Pascas Health:</b>                                                                | <a href="http://www.pascashealth.com/index.php/library.html">http://www.pascashealth.com/index.php/library.html</a>                                                 |                                                                    |                               |
| <b>Spiritual Development:</b>                                                        | <a href="http://new-birth.net/spiritual-subjects/">http://new-birth.net/spiritual-subjects/</a>                                                                     |                                                                    |                               |
| <b>Padgett Books:</b>                                                                | <a href="http://new-birth.net/padgetts-messages/">http://new-birth.net/padgetts-messages/</a>                                                                       |                                                                    |                               |
|                                                                                      | <a href="http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm">http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm</a> |                                                                    |                               |

**BIBLIOGRAPHY NOTE:**

James Moncrief has written numerous books and prepared numerous movie scripts. Incorporated here are primary writings.

Pascas has 550+ supportive 'Pascas Papers' accessible in Library Downloads at [www.pascashealth.com](http://www.pascashealth.com)

Pascas Primary publications being:

- U-Turn for Humanity Pascas reveals New Feelings Way
- U-Turn for Humanity pathway being New Feelings Way
- U-Turn for Humanity shutting hells through New Feelings Way
- U-Turn for Humanity through the New Feelings Way
- U-Turn for Humanity unfolding the New Feelings Way
- Universal Gift – Feeling Healing with Divine Love
- Feeling Healing and Divine Love Discussion Prompts

Selected Pascas Papers, as noted below, can be downloaded from [www.pascashealth.com](http://www.pascashealth.com) .

**James Moncrief's books, the Padgett Messages and The Urantia Book at:**

**DIVINE LOVE SPIRITUALITY – DLS:**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945  
The Urantia Book (see suggested papers to read below)

**James Moncrief Books:**

|                                                                     | MoC   |                           |       |
|---------------------------------------------------------------------|-------|---------------------------|-------|
| The Rejected Ones – the Feminine Aspect of God                      | 1,490 | Nov 2002 – Jan 2003       | 228   |
| Messages from Mary and Jesus book 1                                 | 1,485 | Feb – Apr 2003            | 189   |
| Messages from Mary and Jesus book 2                                 | 1,485 | Apr – Oct 2003            | 170   |
| Mary Magdalene and Jesus' comments on the Padgett Messages – book 1 |       | Aug 2007                  | 164   |
| Messages from 31 May 1914 – 12 January 1915                         | 1,495 |                           |       |
| Mary Magdalene and Jesus' comments on the Padgett Messages – book 2 |       | Sep 2010                  | 177   |
| Messages from 13 January 1915 – 29 August 1915                      | 1,494 |                           |       |
| Speaking with Mary Magdalene and Jesus blog – book 1                | 1,490 | Jan – Apr 2013            | 206   |
| Speaking with Mary Magdalene and Jesus blog – book 2                | 1,489 | Apr – May 2013            | 229   |
| Speaking with Mary Magdalene and Jesus blog – book 3                | 1,490 | Oct – Jan 2014            | 187   |
| Speaking with Mary Magdalene and Jesus blog – book 4                | 1,491 | Jan – May 2014            | 191   |
| Mary Magdalene comments on Revelation from the Bible KJV            | 1,485 | Dec 2013 – Jan 2014       | 84    |
|                                                                     |       | This group being pages of | 1,825 |

|                                                                  |                        |                           |       |
|------------------------------------------------------------------|------------------------|---------------------------|-------|
| Paul – City of Light                                             | 1,488.5                | 2005                      | 149   |
| Ann and Terry                                                    |                        | 2013                      | 235   |
| Feeling bad? Bad Feelings are GOOD!                              | feeling-healing book 1 | 2006                      | 179   |
| Feeling bad will make you feel BETTER – Eventually!              | feeling-healing book 2 | 2006                      | 159   |
| Breaking the Golden Rule.                                        | feeling-healing book 3 | 2006                      | 168   |
| Feeling-Healing exercises, and other healing points to consider. |                        | 2009                      | 175   |
| Cathy and Mark – a novel introducing Feeling-Healing.            |                        | 2010                      | 151   |
| Introduction course to Divine Love Spirituality                  |                        | 2006                      | 139   |
| Speaking with the Dead, Death and Dying                          |                        | 2009                      | 173   |
| Spirits and their Childhood Repression Healing                   |                        | 2010                      | 179   |
| With Verna – a nature spirit                                     |                        | 2008                      | 279   |
| Communication with spirits – meet a spirit friend                |                        | 2010                      | 37    |
| Introduction to Divine Love Spirituality website                 |                        |                           | 362   |
| Sage – and the Healing Angels of Light                           |                        | 2017                      | 260   |
| Divine Love Spirituality                                         | 1,500                  | 2017                      | 201   |
| Feeling Healing – you can heal yourself through your feelings    |                        | 2017                      | 153   |
| Religion of Feelings                                             | 1,500                  | 2017                      | 47    |
|                                                                  |                        | This group being pages of | 3,046 |

**Religion of Feelings**

<http://religionoffeelings.weebly.com/>

**Introduction to Divine Love Spirituality**

<http://dlspirituality.weebly.com/>

**Main website of DLS**

<http://divinelovesp.weebly.com/>

**Childhood Repression website**

<http://childhoodrepression.weebly.com/>

**DLS and CR forum**

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

**FEELING HEALING and SOUL HEALING with the DIVINE LOVE:****James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

**Speaking with Mary Magdalene and Jesus – books 1 – 4**

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

**Paul – City of Light**

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

**Ann and Terry**

For an example of people who might want to immediately start working on themselves and doing their Healing.

**Feeling Bad? Bad Feelings are GOOD**

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

**Feeling bad will make you feel BETTER – Eventually!**

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

**Sage – and the Healing Angels of Light**

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings  
Feeling Healing****Welcome to LOVE – the Religion of Feelings  
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

**The Padgett Messages being published as:****The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book****Release one's pain through expressing one's feelings.****in conjunction with****Longing for the Truth when also longing for Divine Love.**

**FEELING HEALING with DIVINE LOVE is SOUL HEALING:**

*A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.*

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing. Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing. Primary and most important readings are the writings of James Moncrief. Then consider the Padgett Messages, and then The Urantia Book.**

Pascas Papers, being free, are located within the Library Downloads [www.pascashealth.com](http://www.pascashealth.com)  
<http://www.pascashealth.com/index.php/library.html>

**PASCAS – document schedule.pdf      downloadable index to all Pascas Papers.**

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love; DL denotes Divine Love – living with the Love.

**PASCAS INTRODUCTION NOTES:** *All papers below can be found at Library Downloads link..*

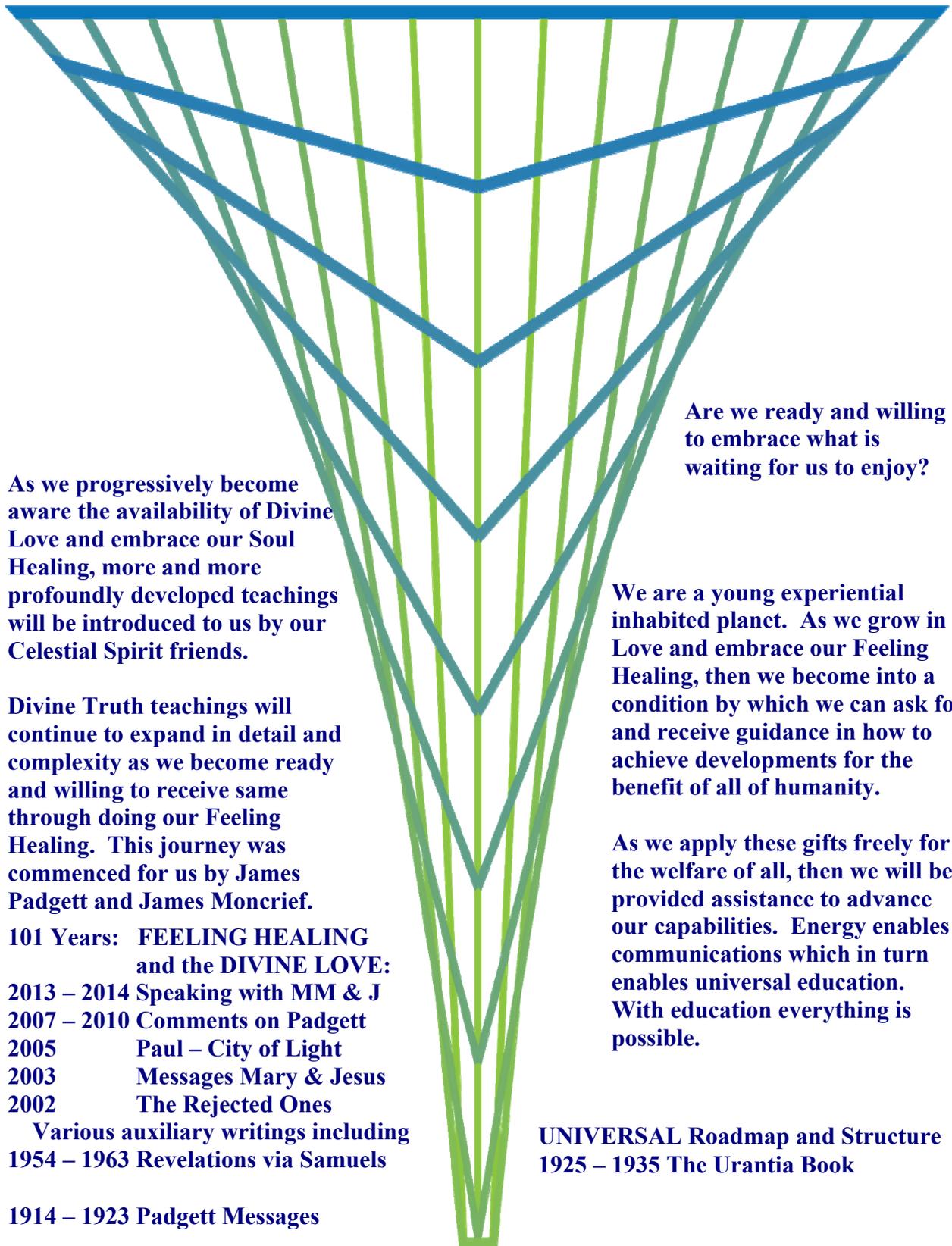
- Pascas Care Letters A Huge Upturn
- Pascas Care Letters Big Revelation
- Pascas Care Letters Feeling Healing Benefits Children
- Pascas Care Letters Feeling Healing Way
- Pascas Care Letters Little Children
- Pascas Care Letters Women's Liberation and Mother

**MEDICAL – EMOTIONS:**

- Pascas Care – Feeling Healing
- Pascas Care – Feeling Healing All is Within
- Pascas Care – Feeling Healing and Health
- Pascas Care – Feeling Healing and History
- Pascas Care – Feeling Healing and Parenting
- Pascas Care – Feeling Healing and Rebellion
- Pascas Care – Feeling Healing and Starting
- Pascas Care – Feeling Healing and Will
- Pascas Care – Feeling Healing Angel Assistance
- Pascas Care – Feeling Healing Being Unloved
- Pascas Care – Feeling Healing Child Control
- Pascas Care – Feeling Healing Childhood Repression
- Pascas Care – Feeling Healing End Times
- Pascas Care – Feeling Healing is Rebellious
- Pascas Care – Feeling Healing Live True
- Pascas Care – Feeling Healing Mary Speaks
- Pascas Care – Feeling Healing My Soul
- Pascas Care – Feeling Healing Perfect State
- Pascas Care – Feeling Healing Revelations X 2
- Pascas Care – Feeling Healing the Future
- Pascas Care – Feeling Healing Trust Yourself
- Pascas Care – Feeling Healing Versus Cult

**PASCAS  
PAPERS**

**DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:**





perceived truth MoC 880 – relative truth potential MoC 1,480