

# PASCAS CARE KIDS of the WORLD



## Introduction



**“Peace And Spirit Creating Alternative Solutions”**

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## PASCAS INTRODUCTION:

Documents assembled by Pascas are provided for your individual assessment and exploration. The contents are sourced from a variety of avenues and publications. Every endeavour is made to determine that the contents are of the highest level of truth and veracity. At all times we ask that you go within yourself, to ascertain for yourself, how the contents resonate with you.

Pascas provides these notes and observations to assist us all in the development and growth of our own pathways and consciousness. Pascas does not hold these contents as dogma. Pascas is about looking within oneself. Much of what we are observing is new to us readers and thus, we consider that you will take on board that which resonates with you, investigate further those items of interest, and discard that which does not feel appropriate to you.

Kinesiological muscle testing, as developed by Dr David R Hawkins and quantified by his Map of Consciousness (MOC) table, has been used to ascertain the possible level of truth of documents. Such tested calibration levels appear within the document. We ask that you consider testing same for yourself. The technique and process is outlined within Pascas documents, such as Pascas Care – Energy Level of Food. From each person’s perspective, results may vary somewhat. The calibration is offered as a guide only and just another tool to assist in considering the possibilities. As a contrast, consider using this technique to test the level of truth of your local daily newspaper.

Contents are not to be interpreted as an independent guide to self-healing. The information sourced herein is not from a doctor or doctors, and any information provided in this document should not be in lieu of consultation with your physician, doctor, or other health care professional. Pascas, nor anyone associated with this document, does not assume any responsibility whatsoever for the results of any application or use of any process, technique, compound or potion as described within this document.

The sources of contents are noted throughout the document. In doing so, we acknowledge the importance of these sources and encourage our readers to consider further these sources. Should we have infringed upon a copyright pertaining to content, graphics and or pictures, we apologise. In such cases, we will endeavour to make the appropriate notations within the documents that we have assembled as a service via our not for profit arm, to our interested community.

We offer all contents in love and with the fullness of grace, which is intended to flow to readers who join us upon this fascinating journey throughout this incredible changing era we are all experiencing.

Living Feelings First, *John.*



***“Never can one man do more for another man than by making it known of the availability of the Feeling Healing process and Divine Love.” JD***

# Kids of the World





### **OVERRIDING ETHOS:**

In order for humanity to evolve, we must work together, not alone. We might not represent the mainstream elements, such as that of the Hindu, Buddhist, Christian and Islamic traditions, but we are the evolutionaries for this particular spiritual pilgrimage. We are among the community that can be referred to as of the ‘changing of the guard’. Yes, this is an enormous and exciting time for humanity.

We are building a movement with such momentum that it is more powerful than the individuals involved and will survive beyond the individuals involved.

To succeed, we will progressively learn to work as one, yet be individual.

As we carry out this work, it is essential that the fate of those who come after us is always in our focus and in our hearts. The vast majority of the humans who have lived on this Earth were never well known, but their story is just as important as yours and ours. We are asking you to make your story known, we are asking you to be leaders in this guidance and to work with others who are willing to be teachers along side of you.

Further, we as a community will do much in our lifetimes that will change humanity forever.

Are we not committed to world peace, and eliminating world hunger; that we recognise the fruits on our Earth are gifts from God, and should be treated as such? Clean water, clean air, abundance of nutritious food and a safe haven are the birthright of every being on the planet.

The Great Tomorrow will evolve as such due to our collective focus on constructive and positive agendas, whilst maintaining an appropriate level of consciousness, so that all agendas are delivered by awakened doing, not ego doing.

### **SPIRITUALITY**

Pascas is non-denominational, it is spiritually based. There is no membership. There is no dogma. There is no book and no leader.

Religiosity follows a book, has dogma, is represented by some shape of mitre, hat, cap, hair style, beard, coat, gown, frock, and footwear. Followers become members, follow rituals and are obliged to look to the church for guidance. That is, members are instructed to look outside of themselves. Religions cause separation and division. Those who become part of or associated with Pascas are most warmly encouraged to follow their choice of church, and take their personal temple inside these structural temples.

Spirituality is looking within oneself. When we look inside we will find everything that is required.

### **CHALDI KNOWLEDGE CENTRES – CHALDI COLLEGE (pronounced Kaldi)**

Education is the core to enhancing the quality of life, the levels of prosperity and enlightenment one can reach. One of the fundamentals of education is that learning begins at the learners level. This means where appropriate, other initiatives in the PASCAS program will be aimed at ameliorating hunger and thirst needs for basic survival. With these basic needs met, an ability to learn and hunger for knowledge will prevail. The Chaldi Knowledge Centres will be guided by the most advanced souls within a given locale or community. Chaldi Colleges are to lead this agenda with the role of centralised management of documentation and a focus upon dissemination of the highest levels of truth in all forms possible, to reach the widest global audience.

#### **OUR GOAL:**

Reflecting up the following transcription received on 2 Feb 07 we wish to share its content:

“Children are the most vulnerable members of society.”

“But when we consider the case of children, their free will is impeded in the initial stages of their physical incarnations. They cannot physically survive on their own and without protection from those who are stronger and wiser, their ability to achieve any type of spiritual progress is nearly an impossibility. Now some would disagree and say that even a short life can teach valuable lessons, and this does happen. But this is not the ideal pattern and I would hope we can agree that taking care of children on this planet should be a number one priority of those who have taken the oath to help humanity evolve.”

Our goal is to support these objectives to ultimate limits of our collective capabilities.

#### **WE ARE TO LISTEN!**

We are to seek counsel of those in the areas of need and we are to seek their involvement in every step of each project and initiative we are to implement. The local folks must invite us in and we must involve them as much as possible in every aspect of what we are to provide. They will teach us more than our wildest dreams and we will all share in the joy of what we can collectively create and deliver.

Thus we need to seek contributions and advice from each and every person who considers this agenda. We welcome your comments, your discoveries, your wisdom and your support in all respects.



## The SUBTLE but CONSISTENT ATTACK on OUR CHILDREN:

Consider the never ending barrage upon the well being of our children of:

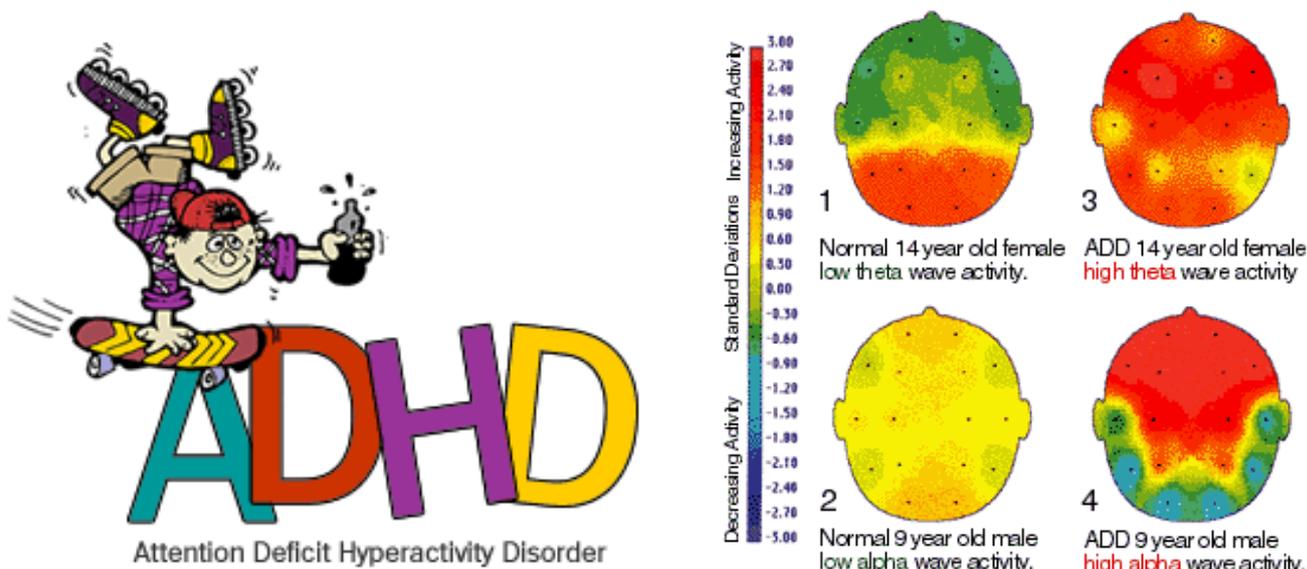
- Violent media.
- Violent video games.
- Negative website blog sites.
- Heavy metal / hip hop / rap music.
- Food that is depleted of nutrition.
- Lack of variety in diet.
- Body piercing.
- Fear media.

This is at home. This is not in a deprived and struggling economy. This is in your home – all day, every day. And you wonder why obesity and negative attitudes are rampant. Look in the shopping trolley. Look at your TV program. Look at the website blog sites that your children frequent.

Now look at how it all starts.

**‘ADHD is related to the amount of time a child watches television prior to age three. Watching television interferes with the neuronal process of circuits, plus genetics.’** But there is more to this than what is now just mentioned.

P.219 Truth vs Falsehood by Dr David R Hawkins



Clinically, the supposed “myths” of schizophrenia, depression, ADD, ADHD, mania, epilepsy, or bipolar cycling disappear promptly with psychopharmacology. The symptoms recur if medications are stopped. Obviously, if clinical conditions that have existed in all cultures throughout history were just “myths”, they would not be turned on and off by medications.

### The positive influences of spirituality

So let us look at some of the environments that bring joy to living in all aspects of the family.

People whose lives include spirituality or religious values have better health, live longer, and experience less disease, less crime, and less poverty as well as lower divorce rates. They are happier, better adjusted, and have better functioning children (Robb, 2004)

<b>Correlation of Levels of Consciousness and Society Problems</b>				
Level of Consciousness	Rate of Unemployment	Rate of Poverty	Happiness Rate "Life is OK"	Rate of Criminality
600 +	0%	0.0%	100%	0.0%
500 - 600	0%	0.0%	98%	0.5%
400 - 500	2%	0.5%	79%	2.0%
300 - 400	7%	1.0%	70%	5.0%
200 - 300	8%	1.5%	60%	9.0%
100 - 200	50%	22.0%	15%	50.0%
50 - 100	75%	40.0%	2%	91.0%
< 50	95%	65.0%	0%	98.0%

### Masculine vs Feminine influences

Now as we progress in time, social structures are changing. Historically, in a primitive or agrarian culture, the physical strength of men is necessary as is testosterone-led aggressiveness, and thus males tend to dominate. As civilisation progresses, however, and valued skills become less physical and more mental or creative, the social ranks of the sexes approach equality. The fact that corporations led by female CEOs in 2003 exceed the earnings of corporations led by male CEOs is evidence of this (Fortune, January 2004).

<b>Negative Activities</b>	<b>MoC calibration</b>	<b>Positive Activities</b>	<b>MoC calibration</b>
Bull Fighting	35	Soccer	455
Boxing	180	Ballroom Dancing	475
Body Piercing	180	Mother's Homemade Cookies	520
Cloning (Human)	180	Thanksgiving Day	515
Movie – A Clockwork Orange	70	Movie – A Space Odyssey	440
Movie – Psycho	80	Movie – What the #\$*/ Do We Know?	455
Movie – Jaws	140	Movie – Big Blue	700
TV – "Reality" Show Contest	125	TV – National Geographic	450
TV – "Reality" Shows	130	TV – Oprah Winfrey Show	510
Industries – Commercial Tobacco	160	Industries – Health	210
Industries – Gambling Casinos	160	Industries – Vintners, Wine	300
Rap, Heavy Metal, Gothic Music	35-95	The Beatles Music	460
Alcohol Addiction	90	Fresh Food	480
Drug Addiction	95	Unconditional Love	600

## Movies & games

Interestingly, only 3% of Hollywood films are rated “G”, they produce more income than the 69% of films that are rated “R”.

The internet blogger sites are loaded with more than 65% of content that is fallacy (negative).

The Ouija board is dangerous, and even more so is the game, Dragons and Dungeons, which is extremely accurate and extremely dangerous. Nintendo, and other similar video games are dangerous. It is the energy of them that is very negative.

As David Hawkins says – we are not consciously aware of the damage caused by exposure to such negative energy. It is a fallacy to think that because a child does not appear to be affected, therefore they are not. It is also false to think that it is OK to have exposure to negative energy, because of overall balance. There is nothing that makes it OK.

## Body piercing

This can cause serious energy leakage from the body, thus resulting in lethargy and negative disposition. The flow of energy from the body can be observed via Harry Oldfield’s imaging technology.



## Evolution

We can see that the downside is not “caused” by the overall national culture, economy, or nation but is the automatic consequence of the human population itself representing the whole spectrum of the evolution of human consciousness in all countries. Whether it seems “fair” or not, each element just “is that which it is” as an expression of its own potential in a given context and time.

## Criminality

Criminality is an established recidivist, re-occurring lifestyle for which no effective therapeutic endeavour has thus far been found. So far, criminality has failed to respond to any therapeutics or course of techniques, and thus, society can only respond by manoeuvres to protect itself as best it can, i.e., quarantine in prisons.

## Criticalness

The underlying myth is that being critical (negative) is “cool”, superior, and indicative of “intelligence” and, therefore, of superiority (calibrates as “false”). Criticalness actually calibrates low because it is more often an expression of envy, niggardly smallness, and spite out of jealousy. Criticalness as an attitude is a defect, not a virtue. The low calibrations of the above indicate serious departure from integrous truth and the catering to narcissistic self-interests that result in perceptual distortions and socially projected misinterpretations.

## Truth vs Falsehood

Truth brings peace and falsehood brings war, as also exemplified by the cultural wars that are polarising society currently. According to David Hawkins, the human brain cannot discern truth from falsehood and so many polarising actions are based on someone's misguided opinions. The Buddha warned twenty five hundred years ago to avoid extremes and stay balanced via the "middle way".

Spirituality unites, whereas, unfortunately, the downside of religion divides.

Man has intuited and known since the very beginning of civilisation and has been aware that life cannot be extinguished but can only change form. One then realises that there is no hand on the tiller but one's own and that "I myself am heaven and hell" (calibrates 700+) (refer to the Map of Consciousness Map).

The civilised world is ruled by reason (the 400s). The less evolved are ruled by emotionalised self-interest and need to learn that ethics, morality, concern for others, and integrity are paradoxically quite beneficial in that they bring prosperity and mutual gain. In Western civilised cultures, this is the wisdom that has been painstakingly gained after centuries of effort and self-discipline.

Every act or decision that supports life supports all life, including one's own. The ripples we create return to us. What previously may have seemed to be a metaphysical statement is now established as a scientific fact.

Everything in the universe constantly gives off an identifiable energy pattern of a specific frequency that remains for all time and can be read by those who know how. Every word, deed, and intention creates a permanent record; every thought is known and recorded forever. There are no secrets, nothing is hidden, nor can it be. Everyone lives in the public domain. Our spirits stand naked in time for all to see. Everyone's life, finally, is accountable to the universe (calibrates as "true" at level 1,000).

Consciousness research reveals that the particulars of every individual's birth are absolutely, perfectly karmically just and maximally advantageous, despite appearance or personal opinion to the contrary.



### **Kinesiological research confirms:**

Should one not overcome a substance dependency or a substance abuse then that task will be presented to them in the next or a subsequent incarnation to then complete the work of resolving and eliminating that dependency or abuse.

(True, this paragraph calibrates on the Map of Consciousness at 1,000)

Thus the karmic consequence is that the addiction is to be overcome even should that require many further incarnations by the addict. The task is not avoided by one's death. The task must be accomplished sooner or later – in this life or future lives – as long as it takes.

The higher levels of potentiality in enlightenment are elusive until one has overcome such addictions.

Addictions and substance abuse are related to unhappiness which prevails in the lower energy levels of humanity.

SOUL DEVELOPMENT LEVELS	
Level 6 – Highly Advanced	few
Level 5 – Advanced	1%
Level 4 – Upper Intermediate	9%
Level 3 – Intermediate	17%
Level 2 – Lower Intermediate	31% 73%
Level 1 – Beginner	42%

MoC – Consciousness Calibrations Worldwide	
Level of Consciousness	Percentage of population
600 +	1 in millions
540 +	0.4%
500 +	4%
400 +	8%
200 +	22%
200 -	78%
World wide average	212

**Note:** **The Map of Consciousness scale is from 1 to 1,000**  
 The Map of Consciousness (MoC) table is based on the common log of 10. It is not a numeric table.  
 A calibration increase of 1 point is in fact a 10 fold increase in energy.  
 A calibration increase of 10 points is in fact a 10,000,000,000 fold increase in energy.  
 Thus the energy differentials are in fact enormous!

## Nutrition

Nutritious food is being steadily eroded from our children's diet.

Processed food generally calibrates under 200 (negative) and is a burden on the body. Such food just 'sits' and it requires the body to work to remove it. This is the foundation of adult obesity and diabetes, etc.

Food that comes in a packet is generally denatured to the level that is below 200. That is, it is no longer life enhancing but is life sustaining. The vast majority of food to be purchased within a supermarket is with a calibration below 200.

Fresh is best. That is unprocessed food is enormously life enhancing.

Diabetes – a simple cure – no junk, no pop / soda's / sports drinks, just whole food; 80% raw, 20% heated and exercise; be patient and diabetes will resolve in 14 days to 6 months.

**Five chemists and three physicians in America carried out a protracted examination of 4,000 diabetics, and concluded that only one percent actually needed insulin. The rest of them recovered on whole foods alone.**

So, look at the shopping trolley and one can see why obesity is rampant. Fast food is a contributor, it is not the main issue. The convenience is a disguise to a global pandemic of obesity, asthma, diabetes, etc.

Thus, we, at Pascas, are committed to provide an environment which provides for greatest potential in growth in all aspects of a child's life anywhere upon this globe.



### **PASCAS GLOBAL HEALTH DOME:**

The **Health Dome** needs to be viewed internally as a hologram.

Each health modality interconnects and is complimented and supported by each and every other health modality.

No one process or practice is an exclusive solution.

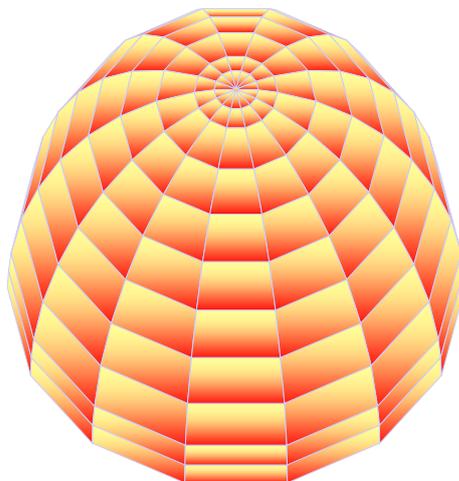
If you were to say that one practice or solution stands out above and beyond all others at the pinnacle of the **Health Dome** then that would be **Love and Forgiveness**.

The basic malady found in people is self-hatred. Self-hatred is the basic inner illness in all of us, but just how that self-hatred and non-acceptance of the self manifests is shown in our different character structures. As we work to understand our dynamics on a daily level, we can learn to accept ourselves through this process. Self-love is the greatest healer, and self-love also requires daily practice.

The broad view of the healer encompasses the totality of the human being. In healing there is no separation between body and mind, emotions and spirit – all need to be in balance to create a healthy human being. The healer focuses on physical, psychological and spiritual dysfunction. It is impossible to do healing without affecting the psychological levels of the personality. The more the healer understands the psychodynamics of his/her clients, the more the healer will be equipped to help the clients heal themselves.

**Finding the initiating cause of an illness is always a key part of healing.**

**The objective, from within the Pascas Health Dome, is to treat the cause much more so than just treat (suppress) the symptoms. Re-occurrence of many illnesses is due to the non-treatment of the cause.**



## **KINESIOLOGY and SMALL CHILDREN:**

The human mind cannot discern truth from falsehood.

However, with the aid of kinesiology muscle testing, any statement that can be held in mind or verbalised can be tested for whether it is true or not true as well as to its level of truth in relationship to the Map of Consciousness as per the chart towards the end of this document. Thus a child can research negative media news and resolve correctly when it is an erroneous announcement.

Small children can learn to do kinesiology in about five minutes. It is mainly because it never occurred to them that they couldn't do it. If we tell them they have an electrical system, they don't argue with us about it—they just get on with the business of learning how to do simple testing.

A temporary imbalance may occur, preventing kinesiology testing. It can be occasioned by recently having been with negative people, listening to heavy metal rock music, watching violent television programs, playing violent video games, etc. Negative music energy has a deleterious effect on the energy system of the body for up to one-half hour after it is turned off. Television commercials or background are also a common source of negative energy.

A long term detrimental imbalance can occur from body piercing.

The kinesiological method of discerning truth from falsehood and the calibrated levels of truth has strict requirements. Because of the limitations, calibrated levels are supplied for ready reference in prior books by David R Hawkins, and extensively in *Truth vs Falsehood*.



GEMS for ALL PEOPLE of all AGES to EMBRACE:

The GOLDEN AGE!

***Cause No Harm*** < to OTHERS  
to MYSELF

**Strive to love others as I am to love myself**

At any time, any where, and in any way you so please:

Approach our Heavenly Parents, in reverence, without fear or trepidation, just as we, as a child, approach our earthly parents knowing that open loving arms are extended to receive us at all times. As one's love grows for our Mother and Father in the Heavens, we come to know with absolute clarity and certainty that our Heavenly Parents, loves you and me and everyone in return, at all times, and that fear is an illusion created by man's mind.

God, who is our Heavenly Mother and Father, is almighty, all powerful, infinite, and all loving. The love of the Heavenly Parents for Their children, man, has been and is always infinite and ever present. As one's faith evolves, one's love for our Heavenly Parents will have no limit. As we grow in Their love, so will we grow in love for all of God's creations and our fellow man.

The Source Soul, our Heavenly Parents, simply desires for us to ask for Their Love.

God's Divine Love: Pray for it, ask for it, and receive it.

"I love you Father." "Let the Divine Love flow its energy into my soul."

"Mother Father, I desire your Love and I am loving you."

"Soul God, I love you and I love receiving and experiencing your Divine Love."

"True Soul God, I am here, I am aware of your Love.

Please hear my aspiration for your Love and as I approach you from my soul, I can feel your Love in the way that you are loving my soul."

"Please Father and Mother, may I receive Your LOVE."



Maybe we could simply long for and ask:

*Please, Father, I want some more of your Love!*



MoC 1,471

# Health & Parenting

As difficult as it may seem to comprehend, even at the time of one's conception / individualisation, we are highly intelligent and our newly forming mind is making rudimentary decisions. Immediately upon conception we (being our soul) begin to absorb the emotions and projections of those around us, within our environment, mainly from our parents and in particular from our mother, who at that time may not even be aware of our presence.

All we need to know is already within one's soul prior to conception.

We access our soul's knowings through our feelings. That is, should we express our feelings at all times then we will be drawn to truth and love at all times.

Nothing about our soul's truth is focused upon controlling or dominating anyone else. Control is the domain of the mind. The mind is within one's spirit body, and it is this mind control that we are enslaved to. For more than 200,000 years man has been enslaved to his / her mind, this was brought about by the Lucifer Rebellion at that time. For generation after generation, we have repeated the endeavours to turn our children into little 'me's'. We suppress their free expression and free will and endeavour to clone them into trophy children, our trophy, reflecting who we are, not allowing their free expression of their feelings, their true selves. For a child to comply to our orders and demands they train their minds to 'obey' and succumb to our blackmail, 'be a good girl / boy and I / we will love you!'

This is a disaster of global proportions that was instigated by Master and Mistress Lucifer 200,000 years ago and it is only now that we can do the U turn and liberate our soul's feelings and become freely expressive, and bring about the harmony that humanity strives for and knows is possible.

Each suppressed feeling and each inflicted emotional injury brings about physical pain and ill health. It is only when we allow our feelings to freely flow that the energy flows through are spirit body and then physical body are of a healthy and feeling nature. We, as parents, bring about the long term health or ill health of our children. Sometimes the collective injuries that we as parents holding suppressed result in becoming evident as deformities within our children. Yes, we as parents cause the deformities within our child. Unknowingly and unintentionally we harm our children with our own emotional injuries to such an extent that our newly forming foetus is enormously injured resulting in the numerous illnesses and deformities that babies are born with, from time to time.

The baby is born and then we set about turning it into the 'model' that we want, not allowing it to freely express its true self.



This is the crime that we as parents have not been aware of for 200,000 years. It is global and it will take centuries before we all become aware that we have to embrace our emotions, allow our soul based feelings to tell us the truth of our errors and express our feelings to our partner or anyone that will listen and put these errors aside for ever. Then we will learn how to truly love our children and not burden them with the injuries that are past down generationally.



Our children mirror us, as parents. It is not that 'bad genes' are passed down; it is that we change the nature of our genes as of a result of emotional abuse and suppression which is endlessly hurled at us when as a child.

It is not until we reach puberty that we are of such an emotional maturity that we can start to independently embrace our soul based emotions, by-passing our mind's controlling nature, and express and release the injuries imposed upon us since conception and typically through to the age of around six or seven.

Only by releasing our childhood repressed emotional injuries can we return harmony and physical health to our bodies.

Though our parents typically announce that they love us, as a child, they themselves are so heavily injured that they do not know how to love, nor what love is.



	Supportive Parent is accepting and child-centered	Unsupportive Parent is rejecting and parent-centered
Demanding Parent expects much of child	<b>Authoritative Parenting</b> Relationship is reciprocal, responsive; high in bidirectional communication	<b>Authoritarian Parenting</b> Relationship is controlling, power-assertive; high in unidirectional communication
Undemanding Parent expects little of child	<b>Permissive Parenting</b> Relationship is indulgent; low in control attempts	<b>Rejecting-Neglecting Parenting</b> Relationship is rejecting or neglecting; uninvolved

Maggie Sister Nolan has demonstrated what is possible:

**Maggie Sister**



she created NEW HOPE!

.....The key to ending extreme poverty is to enable the poorest of the poor especially women get their foot on the ladder of development. The ladder of development hovers overhead, and the poorest of the poor are stuck beneath it. They lack the minimum amount of capital necessary to get a foothold, and therefore need a boost up to the first rung.  
*Join me in the struggle and together we can make a difference in the lives of the poor.....*

## NEW HOPE ACTIVITIES and PROJECTS:

<http://www.newhopeaustralia.org/>

### ONGOING PROJECTS SINCE 1989.

- Leprosy – Field work with education and eradication of Leprosy. Care of elderly Leprosy patients in colonies, including daily dressings and feeding programme for the elderly. Reconstructive surgery for Leprosy patients.
- Tribal Villages – Non formal education, reforestation and giving of small trees and crop seeds.
- Tribal Women Development – Immunisation of Mother and Child, Safe Delivery Kits, Nutrition, kitchen gardens, health education, Savings & Credit Scheme.
- Cataract Eye Surgery – Elderly in rural Tribal areas.
- Care of Children.
- Namaste House – Disabled Children. 'Open door policy' in Tribal area, reconstructive surgery when needed.
- Street Children – 11 Emergency Shelters for homeless children.
- Orphaned children – From slum areas, Tsunami affected and other traumatic reasons.
- Hospice care for Children and Mothers – affected by AIDS.
- Care of the Elderly – two homes and an ongoing programme to build more as money becomes available.
- Vocational training for disabled and disadvantaged children.
- Some other things we do...



### "Why so many activities?" you ask???

Because there is no single answer to change poverty. To change the quality of life of the poor means tackling the whole development problem not just a single issue. This is holistic development, working horizontally across all problems, not just a single issue vertical input. These pictures tell the story of a NGO – Non Government Voluntary Organisation that works to eradicate Leprosy in western Orissa, and offers custodial care to aged Leprosy victims in both Orissa and Andhra Pradesh States, India. The work covers all aspects of development – from planting trees in rural hill tribal areas, to offering vocational training to "Street" children in Visakhapatnam city. Free eye surgery for the Cataract blind, and corrective surgery for Polio crippled children. Women and children are immunized. Women are given free safe Delivery Kits. Infant Mortality is being reduced in one of India's highest IMR areas.



### Tribal Villages – Orissa

**Over 500,000 adults and children and over 400 remote tribal villages are assisted by New Hope with projects including:**

- Education and eradication of leprosy.

- Immunization against common diseases.
- Reconstructive surgery for leprosy and polio affected children.
- Cataract surgery.
- Farming: sponsored a Farm, 10 Kilometres from our community centre. Thus making us self sufficient in vegetables, fruit, milk and offering training for new farming techniques.
- Hospice care for children and mothers affected by AIDS.
- Vocational training for disabled and disadvantaged children.
- Kitchen gardens (for elimination of Vitamin A deficiency).
- Non-formal education.
- Safe delivery kits and first aid kits.
- Savings and credit scheme.
- Annual distribution of tree seedlings and alternative crop seeds.



### **Helping Tribal Women become literate reduces Infant Mortality Rates**

New Hope has been involved in rural women's rights and development for more than a decade. Part of the work that New Hope Australia supports is to encourage women in poverty line communities to become literate, we know this changes Infant Mortality Rates. It also involves women in a "Savings and Credit" programme, and opens up understanding on how not to be exploited. Part of the root cause of poverty and exploitation is the lack of education. The majority are illiterate women.



### **Cataract inter-ocular lens surgery – FREE for aged**

#### **To be old and blind in any community is a tragedy**

To be old and blind in a rural poverty-line community means economic devastation to your family and social sidelining for you as an unwanted burden. This is a sad but very real fact.

Simple inter-ocular lens surgery has changed this situation for thousands of aged in our district. Lens implants for the aged leprosy patients have made major changes to quality of life.



To save the sight of those afflicted, cataract surgery is undertaken, this costs US\$50, which includes hospital, surgery and aftercare.

### **Care of Children – Orissa, Andhra Pradesh**

- Mentally and physically handicapped Children.
- Orphans.
- Railway (street) children.
- Children of leprosy patients.
- HIV/AIDS hospice.



- 11 emergency shelters in surrounding cities: for homeless children to have a 'safe haven'

### **Namaste House – Centre for disabled children**

- After 21 years in western Orissa, New Hope's centre for the disabled NAMASTE HOUSE is the only one of its kind. It has the usual New Hope 'open door' policy. New Hope is open to any child in need.
- The physically handicapped and mentally challenged children, from poverty line communities, need every assistance to receive vocational training towards self sufficiency.
- Children afflicted by polio receive schooling, reconstructive surgery and vocational training, in most cases they then return to their villages and live productive lives. A donation US\$300 provides surgery, callipers and rehabilitation for a child.



### **Street Children – Railway Station Platform**

#### **We run 11 Emergency Shelters and link to vocational training**

These are children, who for whatever reasons are living, working, begging – surviving on railway station platforms. They act tough on the outside, but most are lonely and frightened kids.

Our care through 'emergency shelters' and half way houses into vocational training is working in 11 major railway station junctions. Vocational Training equipment is always a need. We are grateful to Railway Children UK, for the funding support towards this programme, and to the help received through them from Comic Relief.



### **Tsunami Report – Rehabilitation**

At first the news from New Hope in India, was that none of our projects or property had been damaged. Many friends rang through to find out if they were all right.

Then a phone call from Eliazar, the Director of New Hope Leprosy Trust, came to say that a Leprosy Colony down south of Chennai in a district called Cuddalore had rung and asked for New Hope to come to their aid. In a short time, money was raised in Australia and a feeding programme started for 300 children daily to be fed. This programme continued for 12 months. A Transit home for lost, traumatized, orphaned people was built and called "the Broomtime Lodge" it was a meeting place and a place to sleep and get help for 8 months. Broomtime Lodge is now a vocational centre for widows and young women. An aged care was also built with Australian funds "The Ruth Walsh Aged Care Home' and is for orphaned aged people who lost their families in the Tsunami.

## AIDS – Children's Hospice Care

It is a long hard and almost cruel scenario. Just as we are starting to see the end of treating young and new cases of leprosy, along comes AIDS. Part of the policy of Friends New Hope India Relief Australia Trust, is not to earmark funds to New Hope India – but allow them to use what we raise as they see fit. BUT we are appealing for funds to go directly to help children with AIDS in New Hope's care. Give by sponsoring a child with AIDS or give and build a room in memory of someone you loved.



## Care of the Elderly – Orissa, Andhra Pradesh

- Facilities for the elderly include:
- Four homes and Hospice for the aged providing full care.
- Elderly patients in leprosy colonies are provided with daily meals and dressing for ulcerated wounds.



## Immunisation

### Mother and Child always a priority

New Hope has always said 'Working for Change'. An exciting change in Infant Mortality Rates is a result of relentless ongoing motivation and practical outreach for mother and child immunisation programmes among the tribal hill communities. Safe delivery kits are also a vital part of lessening the mortality rate.

- **Would YOU like to:**
- Sponsor a child?
- Sponsor an aged widow in a leprosy colony?
- Give a Bundle of Love "Christmas Gift"
- Build a new 'hut' for a truly destitute begging leprosy woman.
- Having a garage sale for us?
- To Contact Maggie Sister [Click Here](#).
- [Read our NEW BOOK](#) – 'SISTER SISTER'

Or just [E-mail Us](#) and see how we can work together to make changes for people who need and deserve a break and a better quality of life.

**New Hope News**

## New Hope India Australia Inc – Wish List

### A WISH LIST PRIORITY WHEELCHAIRS – US\$300

Wheel chairs are needed for our disabled and HIV children and also the Elderly.

It's common to see our kids carrying a smaller Polio affected kid over to their school, or a young man carrying a kid who has had a leg or legs amputated from a Train accident so they can go to vocational training, to learn Tailoring or Screen printing.



Also in the case of the elderly I (Maggie Sister Nolan) often think that if we had more wheel chairs then they could be taken out to sit under a tree, instead of being bed bound. Just to sit outside and watch the kids, or the villagers passing by on the road, it seems a small ask to us, but such a huge blessing to them.

### WASHING MACHINES – HENS

In 2005 when our first Hospice for children affected by HIV/AIDS was opened, we needed a washing machine to be in the Hospice. I was at New Hope and quickly sent off an SOS to Australian friends for some funds.

It's now worn out and so have the machines at our two other Hospices. Cost of a heavy duty machine is US\$200 each. IF we received more than we needed, we would buy washing powder.



We also would love to buy some more Hens. Our elderly patients at Muniguda, keep hens and when we have enough, it provide eggs for 30 patients. HENS \$5 each and overhead FANS. Overhead fans, badly needed for our aged care hospice. FANS US\$40 each.

When someone gives US\$5 to New Hope, it does something that will change the quality of life of someone poor. That's why New Hope always says, we love \$5 just as much as we love \$5,000.

New Hope is an organization that works in India and has networks all over the world with people working in friendship, and compassion helping some of the poorest people in India. Orissa is known in India as the poorest rural state. We believe that when people collect 'pantyhose or tights' to be used by aged or deformed leprosy patients that are used to support the dressings and bandages covering their ulcers – this is 'working for New Hope' – working for change.



### **Working for Change is the theme of New Hope.**

When a woman goes to a meeting of friends, or is with the family; when a child says to their grandmother, and when a grandfather says to a grandchild.

### **"Lets sponsor a child in India with New Hope" – They are all working for change.**

It enriches our own lives when a child from a Leprosy Colony writes to us. We feel the enrichment of our own lives when someone gives us a hug and says "I give to them too".

It enriches a widow's life when she can stay at home for a day instead of begging. To say how it enriches the limited life of a child with AIDS needs no explanation.

**\$5** vaccinates a child for life against common diseases.

**\$10** feeds a family for 6 weeks.

**\$20** buys 10 children enough toys, jigsaw puzzles and colouring pencils for about 6 months. Playing and Drawing is promoted by us for children, to give them a different focus other than illness.



**\$140** buys a Sewing Machine, used in Rehabilitation projects to teach children, tailoring. (Nobody leaves our care, eg. a disabled child, widow or cured Leprosy patient without being able to be self sufficient)

**\$3,000** purchases for a year: Arts and Crafts for Materials, enabling training in the old Indian craft of "Hand Blocked" Indian designs together with some wages. This is an Income Generating programme for women and children. Within the weaving project patients are also taught to weave bandages, surgical gowns and sheets for our Reconstructive and Cataract surgery unit.

**\$5,000** will build a room – to be added onto a Hospice, or a new school room. A company or organization can name the building and receive reports and photographs together with a plaque of our appreciation.

**\$12,000** would build a new home for our elderly patients; urgently needed as more and more are alone after deaths of relatives through AIDS and other tragedy's such as the Tsunami.



OR you can write and tell us what you would like us to do with an amount of money and we will see what we can work out-we are flexible because we have so many ongoing needs.



**ChildSOS will be the adopted name to be used by Pascas to differentiate these goals from the Childhelp operations in USA.**

Someone made a call to help me



[click here to give](#)

<http://www.childhelpusa.org/>

### Mission

Childhelp USA® exists to meet the physical, emotional, educational, and spiritual needs of abused and neglected children. We do so by focusing our efforts in the areas of treatment, prevention, and research.

### Philosophy

**Childhelp USA® credits its success to its founders' visionary beliefs, which are the heart of the organization:**

- **Childhelp USA believes that every child has a unique contribution to make to the world.** We do everything within our power to help each child heal and develop self-esteem to reach their God-given potential.
- **We believe unconditional love is the foundation upon which all healing begins.** The entrance of each Childhelp USA facility features the words "All Who Enter Here Will Find Love."
- **These children, who have seen the worst that life has to offer, deserve the best that we can provide while they are in the care of Childhelp USA.**

The logo for CHILD SOS, with the words "CHILD SOS" in large, bold, blue, block letters with a white outline. The text is set against a background that transitions from red at the top to yellow at the bottom, all enclosed in a dark blue rectangular border.

## The JOURNEY process for KIDS

### Junior Journey

Using The Journey with kids is a practical and effortless way to help children clear personal issues, liberate the innate genius within, allow natural abilities to shine and their spirits to soar. The results kids experience are as profound and deep as with adults attending The Journey Intensive programs.



### Journey Processes for Children:

Using The Journey with children is a practical and effortless way to help them to clear issues and to liberate the innate genius within.

The results children and young people experience are profound and deep as they move through a private Junior Journey Process with ease.

In this process your child will release emotional blocks and get in touch with their highest potential (5 to 15). Children from 16 onwards can usually experience a full Journey process.



**PARENTING:**

Tuesday, 16 October 2018

I, James, want to write a few points about parenting having read a few pages of *Parenting is Forever* by an Australian paediatrician – Elizabeth Green, a book I saw at the library.

The hard truth is: if you parent whilst being of the Rebellion and Default, then you will be severely damaging your children. It's what we fail to understand; and we've been doing it for a very long time.

The whole notion of one can be a 'good' parent or a 'bad' parent needs to be thrown out the window. When you understand we're all living in a state of truth-denial; that we are denying the truth of ourselves, nature and God; that we are living against ourselves, nature and God; that everything we do is wrong and within the Rebellion and Default, then everything one might do as parent will be wrong too.

Until you begin your Healing, everything you do with your children will be stuffing them up. It can't be helped. And you won't know how you are stuffing them up until you do your Healing. You can't see the full extent of what you are doing to them either positively or negatively as you are parenting them – unless you are doing your Healing. And you can't work out how to stuff them up less, as it doesn't work that way. They will come to know how stuffed up they are – what a 'good job' their parents did on them – when they do their Healing.



We have to do our Healing so as to see the truth of our relationship with our parents. And until we see it, we'll remain forever more bound up in our Wrongness.

And the idea that we can learn how to parent, learn how be better parents, use our mind to parent children, is wrong, too. We can use our mind to learn whatever we want, but as that too is being done in rebellion against the truth of our true self, so it's only going to negatively effect your child.

A parent might be able to parent its child to fit better into life, living a more morally acceptable, respectful and loving life, however it's all still learnt, so it's a contrivance based on current acceptable pretence and falseness – it's all untrue and a fantasy.

Parenting happens on multiple levels most of which the parents are unaware, and all starting at conception. At conception, it's all already done, it's a done deal – pregnancy, childhood, adulthood is just the outworking of it. So all our negative patterns are conceived at conception (incarnation), with the only way to change those denial, rebellious, anti truth and anti love patterns being to do your Healing by seeking the truth of your feelings. And once your Healing is complete, then you will be living wholly positive, true and loving parents.

The truth you are living is ‘organically’ imparted ‘absorbed’ by your child all the way along, and right up until you have completed your Healing when technically you are no longer the parent of your child, having given it up completely to God, it being wholly God’s child. By the time we’re all of a Celestial truth we are then truly children of our Heavenly Mother and Heavenly Father without any further parent / child connection on any level other than in our memories. When you have completed your Healing, then you will be totally free of your parents. Until then, even through they might not be personally present and active in your life, still you are living out the patterns that resulted from being with them, even if that was only for a moment. With those patterns all being ‘broken’ and transformed into leaving your physical parents for your true Soul Parents as you progress through your Healing.

Your child becomes the truth that you are. If you living against truth, so untrue, so it will follow suit becoming untrue. The intrinsic child being an expression of its soul, is true and perfect, however we become untrue and imperfect being incarnated onto a Rebellious world. Your child can’t be anything other than how you are – it is ‘your’ child. All the factors such as DNA and inheritance contribute to how your child is, and on all levels, not just the physical, it all being long lines of generational denial being passed onto your child. And this then works with the whole environment the child is subjected to, which includes all of nature, all what happens in one’s life, and all that’s happening on unseen levels from spirit, all what’s going on emotionally, mentally and psychically – the relationship between them both, it all going into and working to reflect the desired outcome the child is to be in every moment of its life, all of which is ultimately underpinned and fully orchestrated by the soul.

Your soul is expressing you in Creation. It has encoded within it, all that you are to ever be. God has put it already all within your soul, and your soul is ‘unfolding’ through light, expressing that pattern which governs every aspect of your being. So why that genetic trait is activated by those environmental conditions is all overseen and orchestrated by the soul. Nothing is random, there is no bad luck that your child suffered this problem, and it is more than because you smoked and drank during pregnancy you somehow damaged your child. All of you is damaging your child all the time, even if you feel a great love for it and it for you.

Until you’ve fully Healed yourself, it is all damaging, fantasy, untrue and unloving. Every second your child is with you, you are negatively affecting it (unless you are doing or have done your Healing). And even when it’s not with you, you are still connected by unseen psychic cords on all levels of the mind, emotions and spiritually, so are still affecting each other. And those effects compound and become very intricate, complex and intensely psychologically involved.

And if your child is retarded, a genius, or just ‘normal’ and ‘ordinary’, that’s exactly what God wants, it’s how God made its soul to express itself, so it’s perfect. You are the child of God that you are, even in all your wrongness. And even though you might hate how you are, you don’t have to stay in that state, being able to heal yourself as you do your Healing. And when your Healing is finished, you’ll truly love the whole unloving state that you were, seeing that it was all absolutely perfect how evil, uncaring and unloving you were, it all being what you needed to bring you to this point of perfection you are now living in your Celestial level of truth.

If you parent your child without doing your Healing (irrespective of being a good or bad parent and whatever you do and learn to try and help your child), then you are simply passing on the next level of wrongness in your long family line of being untrue. If you parent your child whilst you are doing your

Healing, then every part you heal within yourself you'll no longer be passing onto your child, with your child potentially adjusting to the 'new you' which can happen up until the child reaches its first Saturn Return (astrologically speaking) around 28-30 years old. Once that age is reached, technically it's the end of childhood, so even if the parent/s keep Healing themselves, those positive effects won't be passed on to the child. And once a child is sexually mature, the child itself has to be open to and receptive of its parent/s to be able to keep changing, reflecting the parent/s changing as it does its Healing. Once sexually mature, the child is free to reject any such positive changes brought about by its parent/s Healing, so it might reject its changing parent who is doing his or her Healing. The Healing parent can't force any positive changes on the child once the child is sexually mature, whereas before sexual maturity the child is still becoming its parent, so any positive (or negative changes) the parent makes will be taken on in some way and on some level by the child.

Learning to be a better parent whilst still parenting without doing your Healing only means you're going to add yet more layers to your child screwing it up even more. We are constantly adding more mental layers of self-denial to the way we live as adults, and so too our children. The Internet being the latest outside influence that can help parents to add yet more mind layers to themselves and their children. This book I am reading suggests that all parents woes and all the child's problems in the world now stem from the advent of the Internet, even as if pre-Internet, there weren't any problems with how parents parent and their resulting problematic children. And yet the Internet age is just another age along the two hundred thousand years of System Rebellion and Planetary Default, of parents unlovingly parenting their children who grow up to parent their children unlovingly. And if it we were parenting our children perfectly, if we were all Healed and living true to our feelings, there would be no Internet like we have it, and possibly no internet or anything of what we currently have. There would be other things in life reflecting our true state, things that express our love, instead of things that are expressions of our unlovingness. The Internet, like everything we create, is an expression of how screwed up we are inside, which means, how our parents screwed us up. We can only create something like the Internet – and the whole world we live in, because of our unloving parent/child relationships. So if you think the Internet and the world we've created are good and loving, then you might want to consider looking into the truth of your relationship with your parents and doing your Healing.

Any love you feel is love within the unloving state that you are and that you and everyone is expressing in the world. Nature is of perfect Natural love; we and all we create whilst we're in our imperfection, is unloving. All our relationships are unloving. Within our unloving states we can, relatively speaking, feel love and be more loving, just as we can be more evil, wrong and unloving, yet still it's all within an anti truth system, and without truth there can't be true love, for love to flow there needs to be truth: no truth, no love. Love exists outside of truth, but without truth we can't truly relate to it, so it may as well not exist. Our souls are truly of love, and we are to become truly expressing our truth as love, and loving expressing our truth with all the good feelings loves gives us, when we've completed our Healing, when we've ended our rebellion against truth and love.

We are living in an 'experiment' of how unloving you can be and what the effects of feeling unloved have on ourselves, each other and the world. Everything we are doing is wrong, so everything we are doing is making it harder for ourselves. There are no effective solutions to all our problems until we end our unloving anti-truth state by doing our Healing. We can keep using our minds to make it appear like we're being more loving and caring, just as we can use our minds to make it even harder for ourselves, but our mind is not The Way, whereas our feelings are.

A parent or parents doing their Healing will naturally effect their child as they progress, and in a positive way. However it's not for the parent to demand, make or force the child to do its Healing. Once the child is sexually mature, then it is free to make its own choice about doing it. And some older children might reject their parents who are doing their Healing, putting off doing their Healing until they are older still, which could even be during their spirit life. When someone begins their Healing in earnest, is when God through their soul says it's time.

If you are wanting to Heal yourself and become true, then part of that Healing will be about your relationship with your children – uncovering how unlovingly you've treated them whilst possibly believing you were loving and doing the right thing for them. And if you are yet to have children and do want them, then there will be lots of opportunities for you to find out more truth of your unloving state as you look to expressing and longing for the truth of all you feel – which is doing your Healing.

It's not that because you understand you are imperfect you should therefore not be having children until you are perfect having completed your Healing, but going with your feelings of wanting a child and expressing every feeling that comes up along the way as you long for the truth of those feelings. If you have any fear, anxiety, worries, guilt, sadness, anger, misery and any other bad feeling, then these are what you work on. So you can have a child as you do your Healing, with the child helping to bring up the bad feelings in you that you are to express out of yourself and see the truth of. Or, you not have a child and do your Healing. If you don't have children on Earth then you can adopt children in spirit, either doing your Healing or not. Currently spirits doing their Healing can't also adopt children, however once the New Revelation is 'activated' – revealed, then spirits doing their Healing will also be able to do it whilst having children.

A fully Healed parent will pass on such truth to its child thereby no longer subjecting its child to any untruth. And two Healed parents will give rise to a completely true child, it being totally free of the Rebellion and Default, this being the perfect humanity that humanity is to become. Slowly humanity is to Heal itself of the Rebellion and Default.

Elizabeth in her book says that young people and children are looking more to social media and their machines to conduct their relationships through, and oh my god how are parents now to deal with, compete with, simply cope with, that??!! We fail to see that the machines and the Internet is allowing us to be truer to our unloving states, we can be more impersonal by pretending we are personal through a machine and the unreal, which is the truth of the relationship we are living with each other, so the truth of the relationship between parent and child. A parent who complains that their child wants the Internet and all it offers above them, should perhaps question why does the child want to reject its parents, and in finding the answer to that question, the parent will uncover the truth of its unloving relationship with its child. We can escape into the Internet away from the relationships we hate, those with our parents. We all hate each other, not love each other, which is possibly the most difficult truth to accept. We make up fantasy relationships we project onto each other that gives us the mental ability and resulting contrived feelings to make us feel and believe we love each other. But if we take the fantasy away there is only a dark hole of nothing, a hole full of pain, the full horror, trauma, terror of agonisingly feeling you are not loved by the people who should love you.

And so because none of us can bear face the terrible truth of our unloving state, we continue to do our best to live seemingly loving with each other, doing the best we can, using our mind to alter our fantasy-unreal existences, doing all we can do to avoid having to face, accept and fully embrace the truth our bad feelings will show us when we come to do our Healing and want to give up the facade.

We currently parent negatively influencing our children on seven whole worlds' worth of truth. Which means your child, as do you, has seven whole worlds' of truth it's denying in life, all of which cause untold numbers of problems. And consequently, should you wish to do your Healing, so it will take you the Healing of all seven worlds, as represented by the seven Mansion Worlds, to complete it. The Rebellion and Default has evolved to include all seven Mansion Worlds in rebellion by default. We have taken the Rebellion on by Default through all these levels and have to heal them all through our Healing. And once Healed, we are free of our parental influences, free of our parents, free of our wrongness, free of the Rebellion and Default, true and perfect to the Celestial level of truth.

# **SUPERKIDS**

## **Natural self Expression through Feelings**

**Self Empowering**

**Self Revealing**

**Self Loving**



## **Feelings First**

## Messages from Mary and Jesus

book 2 by James Moncrief

18 May 2003

I want to go over the thoughts you had yesterday that were inspired by your feelings, as they set out clearly what went wrong with the relationship with your parents; although, I will present these thoughts conceptually and not personally as you experienced them. Mary.

As a soul coming into creation, you are love, all love, and you want to be accepted so that you can give and receive and experience all the facets of love. Love is all things and all experiences and so your push into life is one of love, it is a loving act. And, if it is met with love and you are welcomed, accepted and wanted, then you experience good feelings – if you are not welcomed, accepted or wanted, bad feelings. And as you know there is a very substantial difference between good and bad feelings, between love and being accepted and wanted, and not loved, being unwanted and rejected. To express your soul's love you don't have to do anything, it just naturally happens if it – you – are being accepted. As a person in the womb, then as an infant person, then a young child person, you naturally give love, you are beaming with it, as it is the life force driving you into being. And the Mother and Father have lovingly made you adorable as a new-born, infant and young child, giving you every chance of being welcomed openly and lovingly. The baby animal is so much loved for its cute innocence and helplessness, with the human baby all the more adorable, when it's *yours*. So many people want the baby and are happy when it comes, but later reject it as it grows up.

**Rejection of the child as it grows older is obvious compared to it being adored as a young infant, but what is not so obvious is right from conception, a moments rejection can effect the forming embryo; a moments rejection during pregnancy can effect that moments development of the foetus, and this rejection can have severe results. It can seriously retard the development of the newly forming person; it can lay down the foundations of rejection and self-denial patterns – it is the beginning of the negative mind being formed. Deformities: physical, mental and emotional, can occur, all of which reflect the state of the parents relationship with their child. All deformities and illnesses and problems that arise in pregnancy to affect the newly born child, come from its moment-to-moment relationship with its parents from conception onwards. As to why not all children are born retarded or deformed because of the impact of the parents negative condition is determined by the needs of the soul, what the soul of that child / person requires to experience from the negative condition – to begin life with.**

Scientists will say that such retardation and deformities are the result of gene deficiency and other environmental factors, but these things are only secondary, they are *used* by the soul to help express the negative condition the newly forming child is experiencing from its parents. EVERYTHING BEGINS WITH RELATIONSHIPS; RELATIONSHIPS ARE THE KEY TO EVERYTHING. No defective child will ever be born; will ever need to be born, to parents that are of a Celestial level of truth and of a positive mind. That is because the parent / child relationship will always be perfect and all-loving. Our souls are perfect having been created based on a Perfect Pattern. So if they are allowed to perfectly express themselves – us – in Creation, then we would be perfect, we'd never show any imperfection.

The imperfections only reflect the inability of the soul to express its personality perfectly in Creation, and such inability only happens when it's stopped from doing so, when something like another will, that of your parents, imposes itself on you, stopping you freely express yourself. You might think that an

embryo of only two cells or four could not possibly *feel* rejected or unloved, but in that you would be mistaken. It doesn't feel it as you would feel it now, but it does feel it as an embryo does. And how it feels is determined on subtle levels based on the light from its experience. If it doesn't experience its parents' light as it requires to give it a good experience, one of love, then this *negative* light is registered and recorded by the soul as a negative experience, and will await the day when you allow this negative light to come forth being expressed through your healing. This might be difficult to understand, but everything is really only light, soul (existential) or Creational (experiential) light, and when the light is interfered with in any way, then this is evil or negative.

**Golden Rule: that one must always honour another's will as one honours one's own.**

The reality is you are all conceived defective, in and of the negative, although not everyone manifests this defectiveness or retardation, this negative interference, in a physical, mental or emotional deformity. Most of you express it spiritually with your physical, mental and emotional being relatively normal. Spiritually you are all defective, you all live in and on a detention world, and die moving to live on other detention worlds – the Mansion Worlds (spirit sphere 1 – 7). These are not imprisonment worlds like the world the leaders of the Rebellion now live on, however they are worlds that are cut off from a regular and normal relationship with the universe of Nebadon. You are all alone, you don't share your Mansion Worlds with other ascending spirits from other mortal worlds, because you don't have true relationships. In your relationships you are alone, in your families you are alone, even in the best of a seemingly loving relationship, you are alone. So this isolation is reflected in the bigger picture, and will only change when individuals do their healing and understand the depths to which they do feel unloved and alone.

Right from the moment of your conception you need to be wanted, 100%, anything less and you will feel not wanted, not as loved as you want and need to be, so not as able to express yourself. And this is how you are all introduced to this world. You are all welcomed at conception with a slap in the face, and when you are born, a slap on the other end. And this sets the tempo of life, which in most cases only gets worse.

As I have said, even the most loving of parents (unless they have done their soul-healing) are not as loving as their child needs them to be. You are all fighting a losing battle. So what you feel in those beginning months is that you are not being as welcomed and accepted as you want to be. You feel bad, restricted, and not able to express yourself. You cannot just be. You feel a force on you, one that is restricting you, holding you back, preventing you from being how you want to be. And naturally you want to fight this force so you become angry. Your emerging will tries to rectify the problem and this is done with anger.

How you experience your anger in the womb or when you are a few days old, is not how you experience anger when you are six years old, but to your soul it is the same. Any restriction placed on your will is *experienced* or *registered* in your soul, and it will stay there until you do your healing. And then when you heal it, it will come out through all your systems. And as an adult when you experience it through your healing, you'll know where exactly it's coming from. You will feel and perceive it, and know it was anger from when you were in the womb or just after you were born or when you were six years old. Your soul will show you the truth, it will cognise it in your mind for you to understand what you are feeling, but only when first you honour and accept and want to know the truth of your feelings.

Being so small all you can do is love, you just want to be wanted – accepted. If your parents totally wanted you then the expression of your personality would have somewhere to go and be well received. You wouldn't feel like a helpless blob on the bed wondering what your life is all about, wondering why you feel alone, cold, abandoned, rejected. You would feel that every bit of you was being warmly soaked up into them, and the pleasure they would be experiencing in wanting you, would in turn be their love coming back to you. And as you feel their love coming back, you would feel full acceptance of yourself. So in a sense, and in truth, you would be loving yourself. Your love, your personality expression, is going out into Creation, into the world – into your parents, and the world – they – would be giving it all right back to you; and you would feel very loved, completely happy and contented without a fear in the world, willing and wanting to forge into life as much and as fully as you can in each and every moment. And if your parents accepted and kept on truly wanting you in every moment, then you'd grow up knowing only self-love, self-acceptance; feeling confident and not scared, angry, miserable, depressed, with rejection being a long way off. You would then also have a huge natural capacity to love and be loved, and if you felt rejected in any way it would immediately make you feel bad and you would be able to deal with it and see why you were feeling it. But it would not crush you making you feel your life is threatened, crushing you out of existence.

Instead of this loving scenario, you have reflected back to you is no love, rejection and anger. Your will tries to get what you want, love, and so you protest when you are not happy, but often this only brings more retaliation upon you, more anger and rejection. So what you feel the world is telling you, the whole world being your parents when you are small, is that it does not want you, does not welcome you, does not accept you, and is not loving. And this you then apply to yourself. You are too small to differentiate between yourself and your parents and the world, everything, for all you know and perceive, is still you.

Full differentiation does not begin until the time when your Indwelling Spirit arrives about six years old, and is completed at sexual maturity. Until then where you begin and end is not so clear, and when you are in their womb and newly born there is virtually no separation. So what your parents are feeling about themselves you feel; how they treat themselves is how they treat you, so you learn this, it becomes you, so you treat yourself in the same way. The feedback you receive from them is what you take on and identify with as your individuation takes place. You know nothing else other than what is reflected back to you by your parents, and this goes on and on at all levels – physical, emotional, mental, spiritual and on the will level. You are multi dimensional, experiencing on all these levels at once.

So you might appear to your parents to be a *nice, good*, quite and contented baby, when the reality is inside you are frightened to the extent of not being able to put up any fight any longer. What you see on the surface is not necessarily what is being experienced on the deeper inner levels. Your torture does not all have to show on the physical. You may never have a physical ailment, but still that does not mean you are living a perfect life of love. Most of you only go by what you see, and do not worry about and even dismiss what you feel, and this is where the greatest problems lie.

As you grow up, the feedback you receive conditions you into becoming completely negative – negative towards yourself. How you treat yourself as an adult is the outworking of this. You inwardly blame yourself for all the rejection you feel, and you believe that all you are, and can be, is rejected and not loved, to the extent that you felt from your parents. You may believe that as an adult, finally away from the control of your parents, you can get the career you want and the money you need to go and eat all the takeaways you want, indulging your *free* time on your own pleasure. You can turn on the television and relax, have a drink or a few, smoke, take drugs, work more, have a family and children, have a full life;

but if you analysis it all, as you will through your healing, you will see that all these things are not actually good for you, and are in fact hurting you, and the whole life you are living is bad and wrong for you. You will see it is all controlled and conditioned by your parental influences, and you are just a product of this – of them.

As we have said, you live in relativity's all within the negative. You might not like your job, but with the money you make up for the trial of having to go to work by living it up on the weekends, or in your spare time. You believe the job is bad, but at least you are enjoying *some* good things that are your own. But they are not good, for it is all still bad, just one thing not as bad as another. Your soul will never be happy going to the bar and getting drunk, using such things as a replacement for the love it needs. Neither will it feel content and fulfilled by having children believing they will fill the gap of love-depravity you feel. All such love substitutes are not love and will only keep your negative patterns in place. Only love will heal your soul and make you feel whole, happy, bright and alive. Only LOVE! Love is what you missed out on, and love is what you need. The Mother and Father's Love is the single greatest source of love on offer to you. It would be wise to accept Their offer.

Having unloving and rejection behaviour reflected back to you as a child in varying degrees has been the environment, or that part of Creation, in which you have formed. And you will gravitate to the part of the world that suits your patterns and allows you to exist how you believe you should. By the time you are an adult you will have completed your self-rejection. Instead of being completely self-loving you will be self-rejecting, not wanting and not loving yourself. You will be living fully in rebellion against yourself, and this is how you will remain until you do your healing.

As you heal and break down this self-rejection, slowly you will feel yourself filling up with love. And then one day you will feel full, and then even overflowing; and then you will want to actively love others. And you will, when your cup is overflowing, be the loving example that Jesus was and is to you all. You will then know what it is to follow him and be the love that he is. And your soul will be healed of all its pain, anger and denial. And you will truly be the real and true you completely separated from the world of your parents and able to be a truly willing and loving individual, the child of your True, Willing and Loving Heavenly Parents.

I think we have covered it all for the time being James. I want the repetition in these messages, because, as you have experienced, it might just be put in a way slightly different from the last that makes the reader see something or triggers a new insight or understanding. And as there is so little expression of this truth on your world, it needs to be said and expressed a lot of times. Mary.

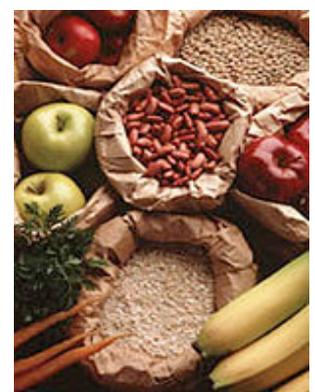
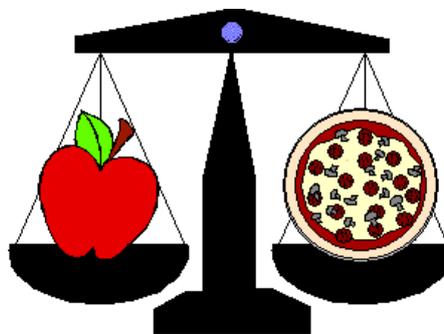
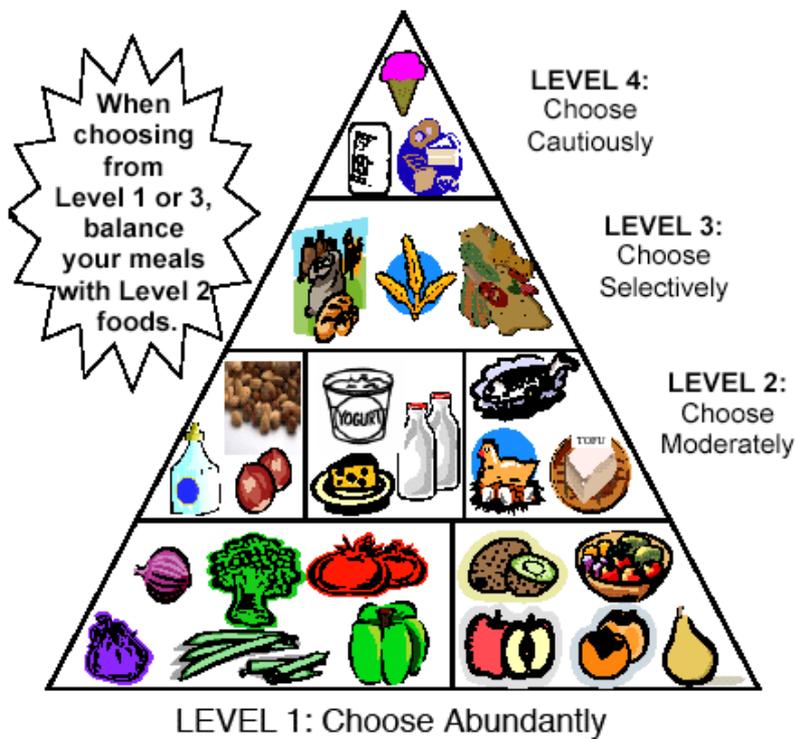
**Release one's pain through expressing one's feelings.**



**in conjunction with**

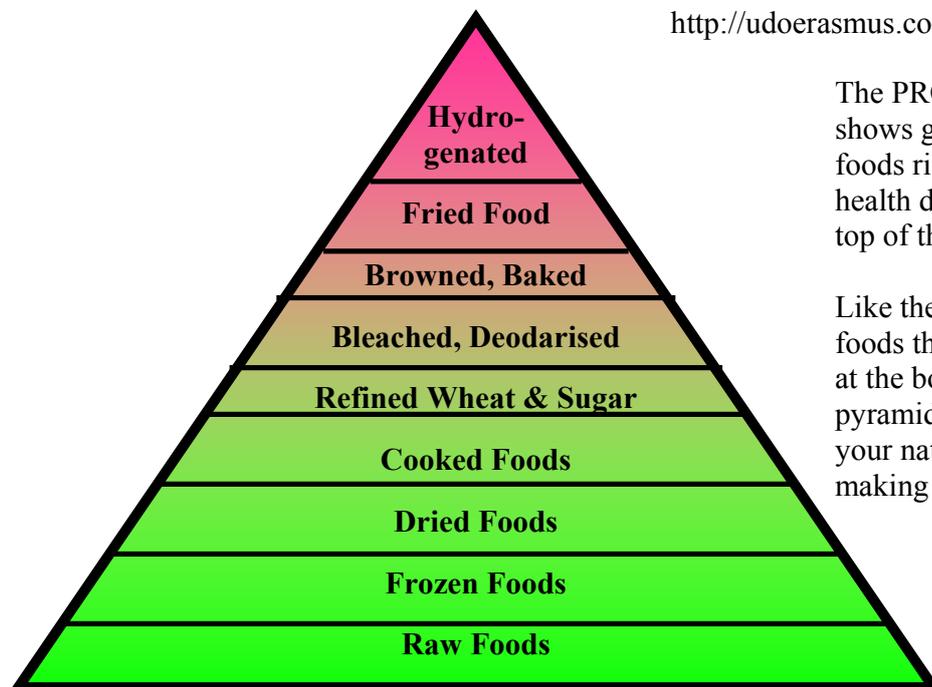
**Longing for the Truth when also longing for Divine Love.**

# FOOD PYRAMID



### Udo Erasmus CHOICE FOOD PROCESSING PYRAMID

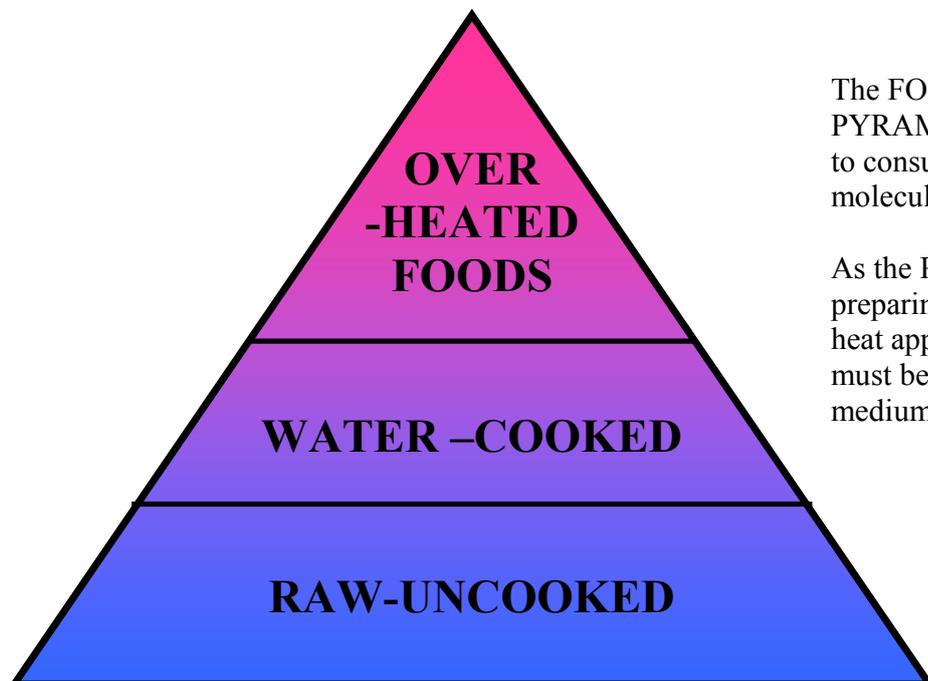
[http://udoerasmus.com/pyramid/pyr\\_index.htm](http://udoerasmus.com/pyramid/pyr_index.htm)



The PROCESSING PYRAMID shows graphically how processed foods rise in toxicity and potential health dangers as they approach the top of the pyramid.

Like the main food pyramid, the foods that are most vital are located at the bottom of the processing pyramid. Remember to consult your naturopath or dietician before making significant dietary changes.

### Udo Erasmus CHOICE FOOD PREPARATION PYRAMID



The FOOD PREPARATION PYRAMID simply state the best way to consume food with minimal molecular damage and nutrient loss.

As the Pyramid suggests, when preparing food, the least amount of heat applied is best. Also, if heat must be applied, water is a preferable medium to oil for cooking.

**Udo Erasmus CHOICE FOOD PYRAMID:  
HEALTHY PEOPLE**

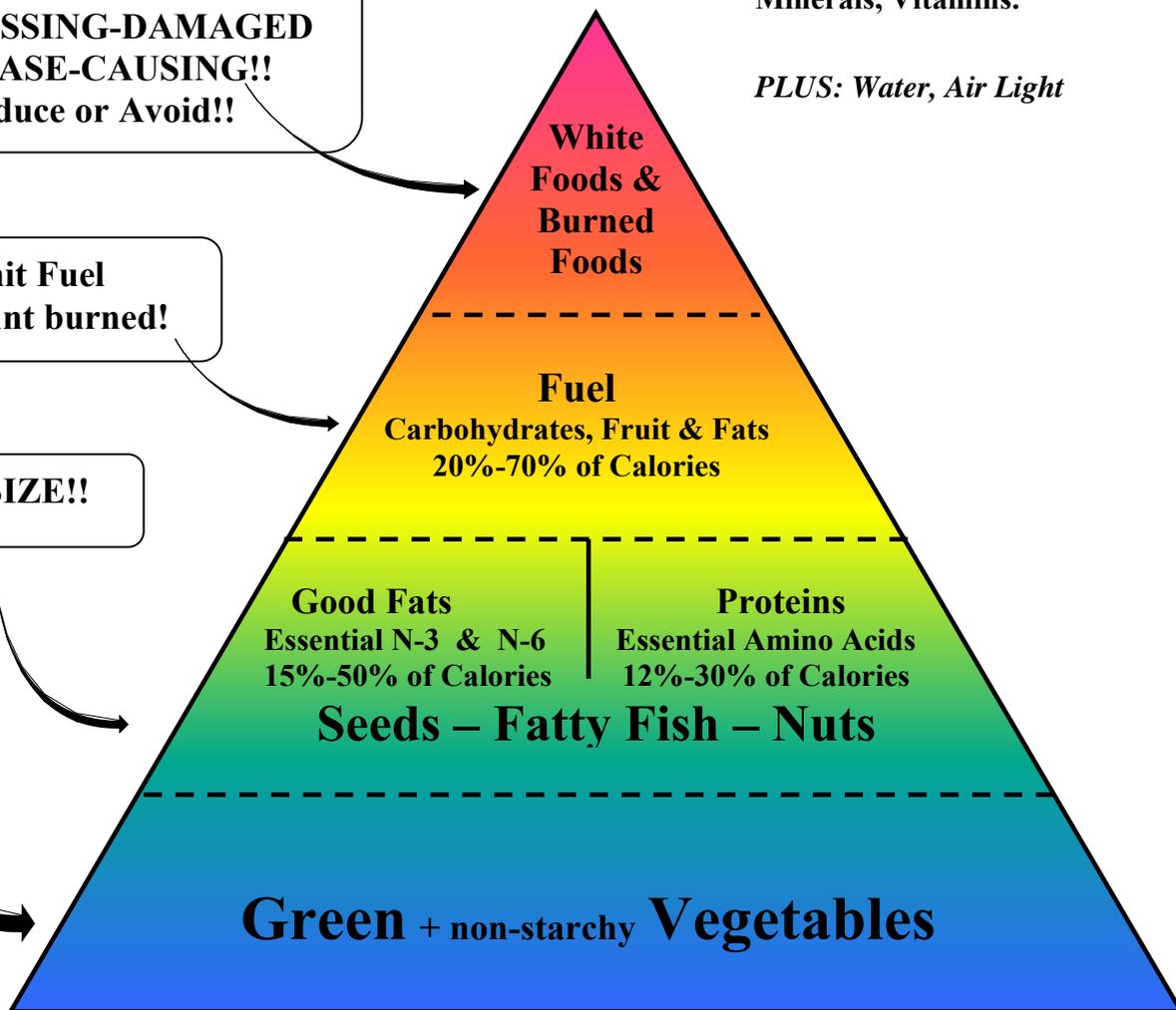
**SUPPLEMENTS:**  
Digestive Enzymes,  
Probiotics, Antioxidants,  
Fibre, Phytonutrients,  
Minerals, Vitamins.

*PLUS: Water, Air Light*

**NUTRIENT – DEFICIENT  
PROCESSING-DAMAGED  
DISEASE-CAUSING!!  
Reduce or Avoid!!**

**Limit Fuel  
to amount burned!**

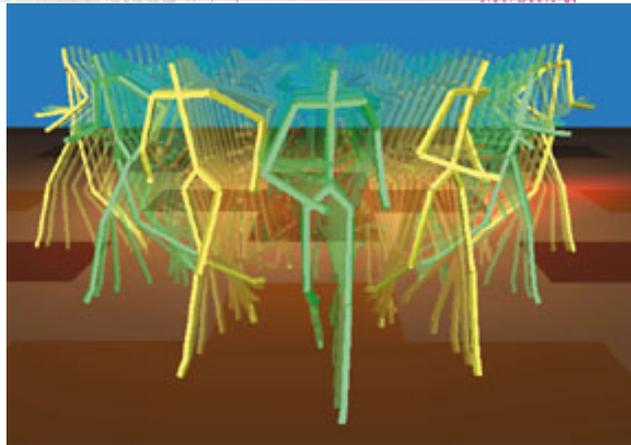
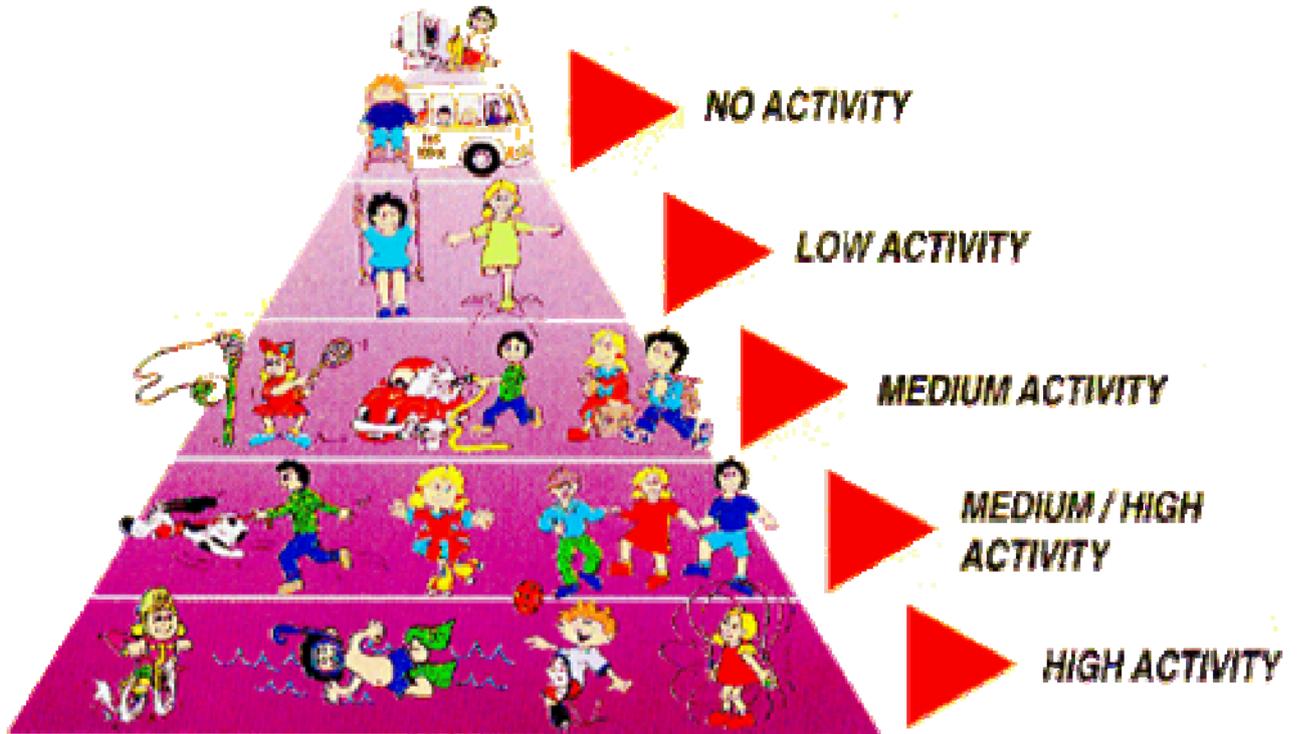
**EMPHASIZE!!**



**Udo's Choice™ Food Pyramid**

Illustrates health food choices as forming the base or bottom.  
As you proceed higher on the pyramid, you encounter foods that present more of an obstacle to digestion and metabolism.

**Fresh is Best!**



**Eat** the Colors of the **Rainbow**



## **CHILDREN and MEDIA VIOLENCE:**

### **Did you know?**

- By the time a child is eighteen years old, he or she will witness on television (with average viewing time) 200,000 acts of violence including 40,000 murders (Huston, et al, 1992).
- Children, ages 8 to 18, spend more time (44.5 hours per week- 6 1/2 hours daily) in front of computer, television, and game screens than any other activity in their lives except sleeping (Kaiser Family Foundation, 2005).
- Since the 1950s, more than 1,000 studies have been done on the effects of violence in television and movies. The majority of these studies conclude that: children who watch significant amounts of television and movie violence are more likely to exhibit aggressive behaviour, attitudes and values (Senate Committee on the Judiciary, 1999).
- Media violence affects children's behaviour states the American Medical Association, American Academy of Paediatrics, American Psychological Association, American Academy of Family Physicians, and American Academy of Child & Adolescent Psychiatry (Congressional Public Health Summit, 2000).
- Children are affected at any age, but young children are most vulnerable to the effects of media violence (Bushman, 2001). Young children:
  - are more easily impressionable.
  - have a harder time distinguishing between fantasy and reality.
  - cannot easily discern motives for violence.
  - learn by observing and imitating.
- Young children who see media violence have a greater chance of exhibiting violent and aggressive behaviour later in life, than children who have not seen violent media (Congressional Public Health Summit, 2000).
- Violent video games can cause people to have more aggressive thoughts, feelings, and behaviours; and decrease empathetic, helpful behaviours with peers (Anderson, 2004; Gentile, 2003).
- Children who watch more TV and play more video games are not only exposed to more media violence, but are more likely to act more aggressively with peers and tend to assume the worst in their interactions with peers (Buchanan, et al, 2002).
- Violence (homicide, suicide, and trauma) is a leading cause of death for children, adolescents and young adults, more prevalent than disease, cancer or congenital disorders (American Academy of Paediatrics, 2001).

### **What's Happening**

Six prominent medical groups (American Academy of Pediatrics, American Academy of Child & Adolescent Psychiatry, American Psychological Association, American Medical Association, American Academy of Family Physicians and the American Psychiatric Association) warn of these effects of media violence on children:

- Children will increase anti-social and aggressive behaviour.
- Children may become less sensitive to violence and those who suffer from violence.
- Children may view the world as violent and mean, becoming more fearful of being a victim of violence.

- Children will desire to see more violence in entertainment and real life.
- Children will view violence as an acceptable way to settle conflicts.  
(Congressional Public Health Summit, 2000)

Many factors in the portrayal of media violence contribute to its affect on children and teens (Comstock, 1994, Huesmann, 2001):

- What are the consequences for aggressive behaviour? Is it rewarded or punished? Aggressive behaviour on screen that lacks consequences, portrayed as justified, or is rewarded will have a greater effect on children.
- When the violence is committed by an attractive or charismatic hero, with whom the child identifies, the effect of that violence will be greater.
- When the child's attention is focused on the violence on the screen, causing the child to be engaged or aroused, the impact is greater.
- If the child sees the violence in the show as being realistic, reflecting real life, the impact will be greater.

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**Cause No Harm** < to OTHERS  
to MYSELF  
Strive to love others as I am to love myself



**CHILD SOS**

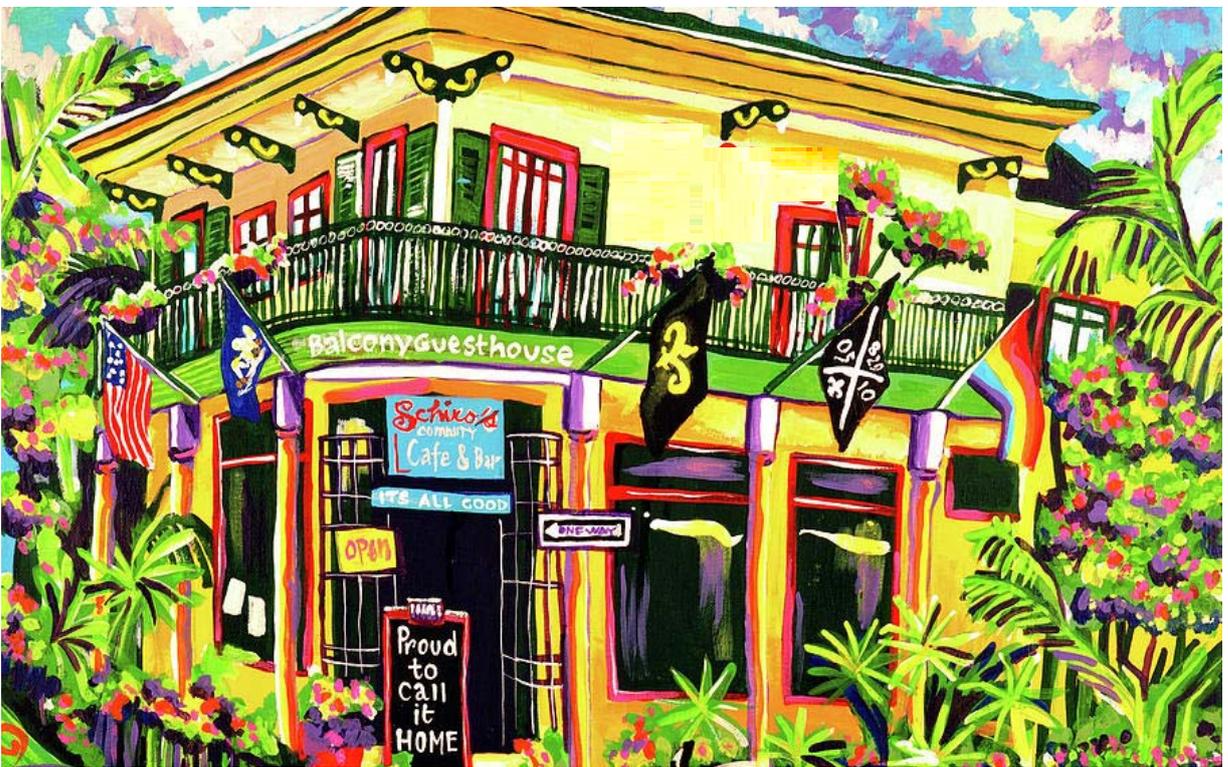
The GATE WAY to a SAFE HOUSE FACILITY is a COMMUNITY CAFÉ:

Pascas Café, a Community Café run by the community for Kids of the World – Safe House.

• **Pascas Cafe** *with* **Raw Power!**



**Community  
Café**



**FAMILY COMMUNITY FACILITY:**

At all times, the objective is to provide assistance for all families and residents in the community. Those who perpetrate a difficult situation need just as much consideration and assistance as those who are victims of the abuse.

Pascas Café is a community facility to provide dissemination of understandings and information to assist all throughout the community including nutritious food. The administration of the Pascas Café incorporates the administration and management of adjoining safe houses, one for children in need and one for women in need.

**Pascas Cafe**

**Community  
Café**



**FreeToBeKids**  
"working to rescue, shelter and set free children from extreme forms of abuse or exploitation."



**ChildSafe  
network**

*Together, protecting children.*

**SAFE HOME<sup>®</sup>**



**SAFE HOME<sup>®</sup>**



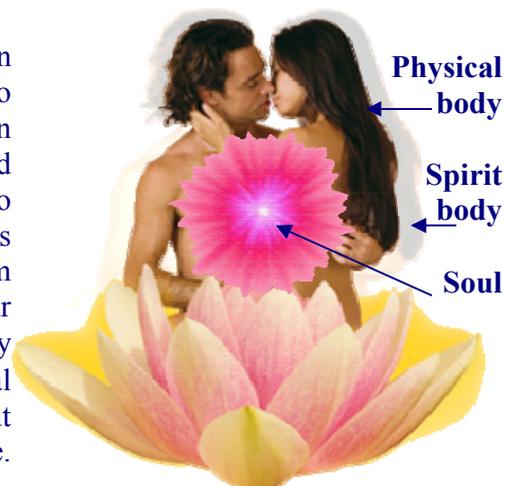
Child abuse



Child**Safe**

### The REAL YOU is the SOUL:

One's personality, natural intelligence, memory and human attributes all are soul based. The soul initiates conception so it can start expressing one of its two personalities in Creation. It creates the will, then 'wills' the spirit body and physical body and all that connects them with the will into being. Our soul constantly sustains or expresses us, one of its two personalities, in Creation. The spirit can't separate from the soul because the soul keeps it in existence. We need our spirit and physical bodies to experience our personality through. When the spirit body separates from the physical body, one continues on living in a different form without losing any of the attributes experienced during physical life. Incarnation is the process of individualisation of the soul.



Without a soul, our physical bodies would function and interact similarly to that of a domestic animal. An unsouled human body (thought not possible) would respond like a household puppy! Domestic animals calibrate on Dr David Hawkins' Map of Consciousness between 200 and 250, the human body calibrates at 200. All animals have spirit bodies, these do not survive into the spirit Mansion Worlds. Our SOUL IS NOT ENSOULLED IN OUR SPIRIT BODY. Our soul exists existentially in a whole different level or plane or place or dimension of being – 'soul land'. It doesn't exist in Creation, it's not experiential like Creation is. The soul, all souls, help create their part of Creation by expressing their personalities into Creation, and then by having their personalities do things (further create) in Creation.



**Our first parents, Andon and Fonta (also called Aman and Amon), were the first to exhibit human perfection hunger some one million years ago (993,500 years ago). Adam and Eve, Adamite bestowals, arrived some thirty eight thousand years ago – or earlier.**

**Aman and Amon** were the first True Humans, which means, the first soul expressing its soulmate pair, its two personalities, in Creation – on Earth. From which came forth the rest of us. So they had a soul from the start, which separated them from their animal parents. It's the soul that wants to fully express itself through its two personalities perfectly in Creation, which is the so-called 'human perfection hunger'. It, our soul, wants to be Perfect like its Heavenly Parents, the Soul that Created it. We, focused as personalities, want to be perfect, like the Personalities of our Mother and Father that are Perfect. Our soul wants to be like Their Soul. Our soul wants to ascend us to Paradise so we can be with Them, as physically close to Them on a personality level that we can be, and then see what happens.

There were aunts and cousins, parents and grandparents. But they were not human like Aman and Amon – they were really animals, though of the same species. Aman and Amon wandered off from the family, since they could find no way of relating to them at all. How could they? They were incapable of rational thought, speech, or anything human. Aman and Amon knew that forevermore that they were apart.

Aman and Amon may have been twins. They were indeed a primate species of humanoids. But they, themselves were more beautiful than their animal relatives, and they knew, even from their very appearance, that they were marked even by Nature to be different.

## **"HOMO SPIRITUS"**

..The appearance in humanity of the realization of God as the ultimate Reality, and source of Existence and Creation marked the beginning of the emergence of a new, evolutionary branch of mankind called HOMO SPIRITUS... the awakened man who has bridged the evolutionary leap from physical to spiritual, from form to nonform, and from linear to nonlinear.

The awakened man realizes that it is consciousness itself that constitutes the core of the evolutionary tree in all its seemingly stratified and evermore complex expressions as the evolution of life.

David Hawkins M.D., Phd.

**“Every day is a day of devotion.”**

**Please Mother and Father, may I receive Your LOVE.**

**God's Divine Love: Pray for it, ask for it, and receive it.**

**Our salvation IS the embracing of Feeling Healing and Divine Love.**

Maybe what Dr Hawkins is recognising is the changes that unfold and will when one undertakes and progresses all the way through with their Feeling Healing with the embracement of our Heavenly Parents Love, and thus their Soul Healing.

**To liberate one's real self, one's will, being one's soul, is begun by embracing Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.**

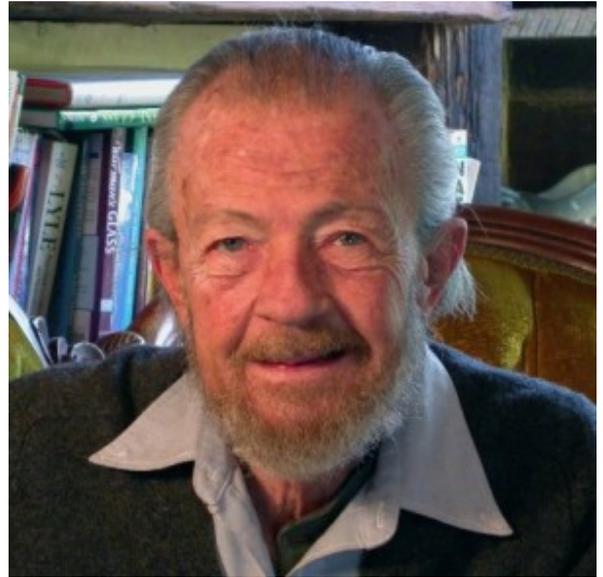
**Feeling  
Healing with  
Divine Love is  
the key!**



**PAPER S**  
SCAS

**Dr DAVID R HAWKINS:**

David Ramon Hawkins, M.D. (born June 3, 1927, died 19 September 2012) is an American psychiatrist, mystic, author and controversial spiritual teacher in Sedona, Arizona. He is best known for his book *Power vs. Force*, in which he writes that applied kinesiology can distinguish the truth or falsity of any statement. He directs the non-profit Institute for Advanced Spiritual Research Inc. and operates Veritas Publishing to publish his books and seminars.



“Make a gift of your life and lift all mankind by being kind, considerate, forgiving, and compassionate at all times, in all places, and under all conditions, with everyone as well as yourself. This is the greatest gift anyone can give.”

“Every thought, action, decision or feeling creates an eddy in the interlocking, interbalancing, ever-moving energy fields of life, leaving a permanent record for all of time. This realization can be intimidating when it first dawns on us, but it becomes a springboard for rapid evolution.”

“The downside of spiritual education is the build-up of the vanity of 'I know' and the devaluation of people who are 'not spiritual'. Therefore it is important as a foundation to spiritual training and education to learn how consciousness manifests as the ego and its mechanisms.”

“It is only the minority of people who seek self-improvement or personal growth. This is because whatever one's self-criticisms, one secretly really believes that one's way of being is okay and probably the only correct one. They are alright as they are, and all problems are caused by other people's selfishness, unfairness, and by the external world.”

Saturday, 5 August 2017: Nanna Beth: David Hawkins is living in the mind worlds, so I am told, and would be of no benefit to you John. His legacy is again one of those things that sits well with you, that you enjoy and can relate to and use as you do. And really it is now for humanity to use what is available to it having come from the mind worlds, because there won't be anything further coming through from them. Now it will be up to the natural inspiration of the individual on Earth, and those who are working with us, those people who want to do their Healing. The ways of the Rebellion and Default are to die, to fade away, however this will happen gradually as people of it still try to advance themselves, their lives and humanity in their wrongness, but the next real new inspiration will come from those who embrace the New Way.

Everything is interconnected.

**Whilst we are receiving our Heavenly Parents' Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way our Mother and Father are actually loving us! When we progress, it is God's way of loving us into love and then we live what we are, love.**

MUSINGS by JOHN:

Thursday, 28 September, 2017

Kevin died on 10 August 2012 without any thought for spirituality and no passion for any religion, other than showing up. On 7 August 2017, he arrived into the 1st Celestial Heaven. Three days short of 5 years!!! He had met his soulmate, Kathaleen, and she arrived a few weeks before him into the first Celestial Heaven, as you may have read.

The writings that followed from Kevin are outstanding. Kevin is now a world teacher!!! He and Kathaleen both are. Neither would comprehend this, but they are. Kathaleen and Kevin's writings answers and leads anyone to the destination we are to find, in our own time.

I would like to contrast this achievement with someone I greatly respect.

David Ramon Hawkins, M.D. (born June 3, 1927, died 19 September 2012) was an American psychiatrist, mystic, author and controversial spiritual teacher in Sedona, Arizona. He is best known for his book Power vs. Force, I have read everything I can about his works – 10 books, plus videos, etc. Miracles happened around him spontaneously. The Catholic Church would make him a saint within seconds.

Hmm – Dr David Hawkins has stayed trapped in his mind and may remain in the mind spirit Mansion World for centuries, unless he embraces his feelings. He will remain stagnant and limited in his mind condition. Whereas Kevin is now a far greater and truer teacher than this great mind of Dr Hawkins. What a switch in roles! Kevin has progressed exponentially past Dr Hawkins in soul development. Go you good things, Kev and Kath.

Cheers John

Same day: Dr David Hawkins: Hello John. I have been asked to speak to you through James in this way, you being one of my ardent fans and followers of the principles I developed through my life on Earth.

Your assessment of me is correct, and I did spend time in the mind worlds trying to assimilate all that I did on Earth with all that was happening to me in my new spirit life.

Upon my arrival over here in the first Mansion World I was greeted as something of a spiritual celebrity with a host of mind spirits (as James calls them) greeting me, they being the ones who 'empowered' me to do the so-called miracles I did on Earth.

I want to tell you, it's quite a humbling experience to realise, like many of us who did such marvellous things on Earth, that it wasn't actually our own doing, we were not the sole instigator of such 'happenings', that it was other spirits working through us. And that although I attributed it to God, still I secretly thought it was all my own incredible doing, so to have to accept that I was just a conduit – that I really was, and having little more than an innate ability to be that conduit, I felt a bit flat.

And to bolster my flagging ego, I would tune into those people on Earth who were still thinking well of me, yourself John being one such person. And here again, by doing this, I gave myself a rude shock having to face the fact and realise that few people truly understood what I was teaching, taking my work

and corrupting it for their own gain. And believe it or not, I never thought such a thing would happen. So, who of my 'earthly followers' was staying true to what I taught – who actually got it?

And I kept coming back to you as one of these people John. Admittedly, had I helped you personally, you'd have had an even greater understanding and appreciation of my work, however you accept it as is and haven't corrupted it, and have guided other people to be interested in it. So I have followed you over the years in this, which meant I also took notice of what you were doing in your other spiritual interests, some of which were vastly different to anything I'd ever heard about, or found out about over here in my limited little mind world.

And I write such things in the past tense because I am very happy to say, all of which I am so grateful to you for John, that I have now progressed into the lowest sector of the Divine Love on the first Mansion World. I am learning all about it, and about the Healing, all under the incredibly patient and loving assistance of higher Celestial spirits, like those who wanted me to speak with you today.

So you can chalk me up as one of your admirers, and a mind spirit who has converted to the 'Ways of the Divine Love'. I still have a lot more to understand, this is true, and as it's so different to my earthly and mind spirit way of thinking, will take time to integrate into my way of thinking – which means, to change my way of thinking into a completely new way.

That is all I wanted to say. And although you might think that my coming is rather inconvenient with you having just written about me again, however here I am and this is what I want to say.

All the best to you John. You have no idea how grateful I am to you, and I have a strong pleasant feeling that that gratitude is only going to increase.

Yours respectfully,  
Dr. David Hawkins

(James: As I was reading your comparison of the Doctor with K and K, I started to feel the energy building... oh here we go again... he's wanting to speak to me!)

Friday, 29 September 2017: Dear James and John (Noted from Samantha in England)

To be 'used' so fully by Mind Spirits, to create all he (Dr David) did under their influence, all so cunning, that must have felt quite devastating to him and I am feeling a lot of sadness, emptiness and let down with in myself as I understand how it feels to learn that my whole life has not been my own but that of my parents, their will, control and untruth and I have felt feelings of it all being such a waste of my experience being like that, a waste of the personality God created me to be. I am very sad as Dr David Hawkins realised how 'used' he has been, being a conduit for the Mind Spirits, I feel like that too, used by my parents to be as they wanted me to be instead of nurturing me to be myself and help develop the personality God gifted me.

I (Sam) bought 'Letting Go – the pathway of Surrender' by Dr Hawkins and I was very up with all of his feeling work but then felt the change in me with the mind dominant aspect of Dr Hawkins work, it was that I wasn't drawn to and felt myself draw back from it but now he can go on from what he already knows, go further into the feeling aspect of what he discovered and I am sure he will get so much support in that

from the Divine Love spirits that are guided to help him. Isn't that just so wonderful John, to have that help, like you have in Kevin and Kathaleen.

### CONCLUSION:

David Hawkins' own story explains that the 'Letting Go' process is inadequate. The 'Letting Go' publication and process is his own research. Pure and simple; Dr David was knocking on the door, but that process was unable to open the door.

Again, his own story now endorses the Feeling Healing process!

This leaves no doubt as to the veracity of what Marion and James and Samantha are doing. It is THE ONLY WAY! The only way being the Feeling Healing process coupled with Divine Love.

This clears away confusion for many people who may explore everything. Other emotional processing and releasing modalities simply do not delve far enough into one's injuries and errors of belief. Yes, they provide some temporary relief, but none of them go beyond the mind and into the soul to the core and foundation of our injuries, all of which stem from our childhood upbringing.

Dr David Hawkins has now clearly put aside his own teachings and confirmed that his and all other modalities are inadequate.

Now, we all can focus upon the only way home!

### FEELING HEALING with DIVINE LOVE is SOUL HEALING:

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing.**  
**Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.**  
**Primary and most important readings are the writings of James Moncrief.**  
**Then consider the Padgett Messages, and then The Urantia Book.**

**Release one's pain through expressing one's feelings.**

**in conjunction with**

**Longing for the Truth when also longing for Divine Love.**

**Feeling  
Healing with  
Divine Love is  
the key!**



**PARENTING:**

Tuesday, 16 October 2018

I, James, want to write a few points about parenting having read a few pages of *Parenting is Forever* by an Australian paediatrician – Elizabeth Green, a book I saw at the library.

The hard truth is: if you parent whilst being of the Rebellion and Default, then you will be severely damaging your children. It's what we fail to understand; and we've been doing it for a very long time.

The whole notion of one can be a 'good' parent or a 'bad' parent needs to be thrown out the window. When you understand we're all living in a state of truth-denial; that we are denying the truth of ourselves, nature and God; that we are living against ourselves, nature and God; that everything we do is wrong and within the Rebellion and Default, then everything one might do as parent will be wrong too.

Until you begin your Healing, everything you do with your children will be stuffing them up. It can't be helped. And you won't know how you are stuffing them up until you do your Healing. You can't see the full extent of what you are doing to them either positively or negatively as you are parenting them – unless you are doing your Healing. And you can't work out how to stuff them up less, as it doesn't work that way. They will come to know how stuffed up they are – what a 'good job' their parents did on them – when they do their Healing.



We have to do our Healing so as to see the truth of our relationship with our parents. And until we see it, we'll remain forever more bound up in our Wrongness.

And the idea that we can learn how to parent, learn how be better parents, use our mind to parent children, is wrong, too. We can use our mind to learn whatever we want, but as that too is being done in rebellion against the truth of our true self, so it's only going to negatively effect your child.

A parent might be able to parent its child to fit better into life, living a more morally acceptable, respectful and loving life, however it's all still learnt, so it's a contrivance based on current acceptable pretence and falseness – it's all untrue and a fantasy.

Parenting happens on multiple levels most of which the parents are unaware, and all starting at conception. At conception, it's all already done, it's a done deal – pregnancy, childhood, adulthood is just the outworking of it. So all our negative patterns are conceived at conception (incarnation), with the only way to change those denial, rebellious, anti truth and anti love patterns being to do your Healing by seeking the truth of your feelings. And once your Healing is complete, then you will be living wholly positive, true and loving parents.

The truth you are living is ‘organically’ imparted ‘absorbed’ by your child all the way along, and right up until you have completed your Healing when technically you are no longer the parent of your child, having given it up completely to God, it being wholly God’s child. By the time we’re all of a Celestial truth we are then truly children of our Heavenly Mother and Heavenly Father without any further parent / child connection on any level other than in our memories. When you have completed your Healing, then you will be totally free of your parents. Until then, even through they might not be personally present and active in your life, still you are living out the patterns that resulted from being with them, even if that was only for a moment. With those patterns all being ‘broken’ and transformed into leaving your physical parents for your true Soul Parents as you progress through your Healing.

Your child becomes the truth that you are. If you living against truth, so untrue, so it will follow suit becoming untrue. The intrinsic child being an expression of its soul, is true and perfect, however we become untrue and imperfect being incarnated onto a Rebellious world. Your child can’t be anything other than how you are – it is ‘your’ child. All the factors such as DNA and inheritance contribute to how your child is, and on all levels, not just the physical, it all being long lines of generational denial being passed onto your child. And this then works with the whole environment the child is subjected to, which includes all of nature, all what happens in one’s life, and all that’s happening on unseen levels from spirit, all what’s going on emotionally, mentally and psychically – the relationship between them both, it all going into and working to reflect the desired outcome the child is to be in every moment of its life, all of which is ultimately underpinned and fully orchestrated by the soul.

Your soul is expressing you in Creation. It has encoded within it, all that you are to ever be. God has put it already all within your soul, and your soul is ‘unfolding’ through light, expressing that pattern which governs every aspect of your being. So why that genetic trait is activated by those environmental conditions is all overseen and orchestrated by the soul. Nothing is random, there is no bad luck that your child suffered this problem, and it is more than because you smoked and drank during pregnancy you somehow damaged your child. All of you is damaging your child all the time, even if you feel a great love for it and it for you.

Until you’ve fully Healed yourself, it is all damaging, fantasy, untrue and unloving. Every second your child is with you, you are negatively affecting it (unless you are doing or have done your Healing). And even when it’s not with you, you are still connected by unseen psychic cords on all levels of the mind, emotions and spiritually, so are still affecting each other. And those effects compound and become very intricate, complex and intensely psychologically involved.

And if your child is retarded, a genius, or just ‘normal’ and ‘ordinary’, that’s exactly what God wants, it’s how God made its soul to express itself, so it’s perfect. You are the child of God that you are, even in all your wrongness. And even though you might hate how you are, you don’t have to stay in that state, being able to heal yourself as you do your Healing. And when your Healing is finished, you’ll truly love the whole unloving state that you were, seeing that it was all absolutely perfect how evil, uncaring and unloving you were, it all being what you needed to bring you to this point of perfection you are now living in your Celestial level of truth.

If you parent your child without doing your Healing (irrespective of being a good or bad parent and whatever you do and learn to try and help your child), then you are simply passing on the next level of wrongness in your long family line of being untrue. If you parent your child whilst you are doing your

Healing, then every part you heal within yourself you'll no longer be passing onto your child, with your child potentially adjusting to the 'new you' which can happen up until the child reaches its first Saturn Return (astrologically speaking) around 28-30 years old. Once that age is reached, technically it's the end of childhood, so even if the parent/s keep Healing themselves, those positive effects won't be passed on to the child. And once a child is sexually mature, the child itself has to be open to and receptive of its parent/s to be able to keep changing, reflecting the parent/s changing as it does its Healing. Once sexually mature, the child is free to reject any such positive changes brought about by its parent/s Healing, so it might reject its changing parent who is doing his or her Healing. The Healing parent can't force any positive changes on the child once the child is sexually mature, whereas before sexual maturity the child is still becoming its parent, so any positive (or negative changes) the parent makes will be taken on in some way and on some level by the child.

Learning to be a better parent whilst still parenting without doing your Healing only means you're going to add yet more layers to your child screwing it up even more. We are constantly adding more mental layers of self-denial to the way we live as adults, and so too our children. The Internet being the latest outside influence that can help parents to add yet more mind layers to themselves and their children. This book I am reading suggests that all parents woes and all the child's problems in the world now stem from the advent of the Internet, even as if pre-Internet, there weren't any problems with how parents parent and their resulting problematic children. And yet the Internet age is just another age along the two hundred thousand years of System Rebellion and Planetary Default, of parents unlovingly parenting their children who grow up to parent their children unlovingly. And if it we were parenting our children perfectly, if we were all Healed and living true to our feelings, there would be no Internet like we have it, and possibly no internet or anything of what we currently have. There would be other things in life reflecting our true state, things that express our love, instead of things that are expressions of our unlovingness. The Internet, like everything we create, is an expression of how screwed up we are inside, which means, how our parents screwed us up. We can only create something like the Internet – and the whole world we live in, because of our unloving parent/child relationships. So if you think the Internet and the world we've created are good and loving, then you might want to consider looking into the truth of your relationship with your parents and doing your Healing.

Any love you feel is love within the unloving state that you are and that you and everyone is expressing in the world. Nature is of perfect Natural love; we and all we create whilst we're in our imperfection, is unloving. All our relationships are unloving. Within our unloving states we can, relatively speaking, feel love and be more loving, just as we can be more evil, wrong and unloving, yet still it's all within an anti truth system, and without truth there can't be true love, for love to flow there needs to be truth: no truth, no love. Love exists outside of truth, but without truth we can't truly relate to it, so it may as well not exist. Our souls are truly of love, and we are to become truly expressing our truth as love, and loving expressing our truth with all the good feelings loves gives us, when we've completed our Healing, when we've ended our rebellion against truth and love.

We are living in an 'experiment' of how unloving you can be and what the effects of feeling unloved have on ourselves, each other and the world. Everything we are doing is wrong, so everything we are doing is making it harder for ourselves. There are no effective solutions to all our problems until we end our unloving anti-truth state by doing our Healing. We can keep using our minds to make it appear like we're being more loving and caring, just as we can use our minds to make it even harder for ourselves, but our mind is not The Way, whereas our feelings are.

A parent or parents doing their Healing will naturally effect their child as they progress, and in a positive way. However it's not for the parent to demand, make or force the child to do its Healing. Once the child is sexually mature, then it is free to make its own choice about doing it. And some older children might reject their parents who are doing their Healing, putting off doing their Healing until they are older still, which could even be during their spirit life. When someone begins their Healing in earnest, is when God through their soul says it's time.

If you are wanting to Heal yourself and become true, then part of that Healing will be about your relationship with your children – uncovering how unlovingly you've treated them whilst possibly believing you were loving and doing the right thing for them. And if you are yet to have children and do want them, then there will be lots of opportunities for you to find out more truth of your unloving state as you look to expressing and longing for the truth of all you feel – which is doing your Healing.

It's not that because you understand you are imperfect you should therefore not be having children until you are perfect having completed your Healing, but going with your feelings of wanting a child and expressing every feeling that comes up along the way as you long for the truth of those feelings. If you have any fear, anxiety, worries, guilt, sadness, anger, misery and any other bad feeling, then these are what you work on. So you can have a child as you do your Healing, with the child helping to bring up the bad feelings in you that you are to express out of yourself and see the truth of. Or, you not have a child and do your Healing. If you don't have children on Earth then you can adopt children in spirit, either doing your Healing or not. Currently spirits doing their Healing can't also adopt children, however once the New Revelation is 'activated' – revealed, then spirits doing their Healing will also be able to do it whilst having children.

A fully Healed parent will pass on such truth to its child thereby no longer subjecting its child to any untruth. And two Healed parents will give rise to a completely true child, it being totally free of the Rebellion and Default, this being the perfect humanity that humanity is to become. Slowly humanity is to Heal itself of the Rebellion and Default.

Elizabeth in her book says that young people and children are looking more to social media and their machines to conduct their relationships through, and oh my god how are parents now to deal with, compete with, simply cope with, that??!! We fail to see that the machines and the Internet is allowing us to be truer to our unloving states, we can be more impersonal by pretending we are personal through a machine and the unreal, which is the truth of the relationship we are living with each other, so the truth of the relationship between parent and child. A parent who complains that their child wants the Internet and all it offers above them, should perhaps question why does the child want to reject its parents, and in finding the answer to that question, the parent will uncover the truth of its unloving relationship with its child. We can escape into the Internet away from the relationships we hate, those with our parents. We all hate each other, not love each other, which is possibly the most difficult truth to accept. We make up fantasy relationships we project onto each other that gives us the mental ability and resulting contrived feelings to make us feel and believe we love each other. But if we take the fantasy away there is only a dark hole of nothing, a hole full of pain, the full horror, trauma, terror of agonisingly feeling you are not loved by the people who should love you.

And so because none of us can bear face the terrible truth of our unloving state, we continue to do our best to live seemingly loving with each other, doing the best we can, using our mind to alter our fantasy-unreal existences, doing all we can do to avoid having to face, accept and fully embrace the truth our bad feelings will show us when we come to do our Healing and want to give up the facade.

We currently parent negatively influencing our children on seven whole worlds' worth of truth. Which means your child, as do you, has seven whole worlds' of truth it's denying in life, all of which cause untold numbers of problems. And consequently, should you wish to do your Healing, so it will take you the Healing of all seven worlds, as represented by the seven Mansion Worlds, to complete it. The Rebellion and Default has evolved to include all seven Mansion Worlds in rebellion by default. We have taken the Rebellion on by Default through all these levels and have to heal them all through our Healing. And once Healed, we are free of our parental influences, free of our parents, free of our wrongness, free of the Rebellion and Default, true and perfect to the Celestial level of truth.

# **SUPERKIDS**

## **Natural self Expression through Feelings**

**Self Empowering**

**Self Revealing**

**Self Loving**



**Feelings First**

## Feelings First Spirituality The New Way

**Feelings First**  
**FF**  
**Feeling Free**

The New Way, Feelings First Spirituality  
Learn to live with God through your Feelings

Accept, express and long for the truth of your feelings

Be free in your feelings  
Free your feelings from your mind's control  
Live true to your feelings; your feelings are your true self  
Live true to yourself through your feelings



Live true to yourself by living true to your feelings.  
Long for the truth of your feelings.

Accept / Express / Bring out ALL of your good, and most importantly,  
BAD feelings.  
Want to understand why you're feeling them.  
Use your surface feelings to take you deeper into your repressed and  
hidden feelings.



The Feeling Way is the True Way.  
 Your feelings are your spiritual guide.  
 Your feelings will take you to God.



Your feelings will show you the truth of your relationships, including your relationship with God; and if anything is wrong, untrue and unloving, then why it is.

Our feelings are sacrosanct and we should respect them accordingly. And we should NEVER block them out, ignore, override, banish, deny or reject them, because if we do, we're only doing that to ourselves, as Our Feelings Are Our Self.

Our feelings are the gateway to our soul. Our feelings are the closest we can get to our soul. Knowing the truth of our feelings is knowing the truth of our soul, and knowing the truth of God.

Feelings First Spirituality is the True path for humanity.  
 It embraces all people.

It completely unifies the world.

Everyone can relate to everyone else through their feelings.

And we can all live the truth that comes from our feelings, all sharing the same truths as we express and have the same feelings.

No one need be left out; no one is more special than anyone else – we are all united in Truth through our feelings.

So with and through our truth we live our lives, therefore without the need of any man-made mind-laws, rules and restrictions that limit self-expression as inspired by our feelings.



The New Way, Feelings First Spirituality is what is to replace all man-made, mind-contrived religions that so many people have enslaved themselves to. The New Way, Feelings First Spirituality will set us free of all that control, ending the Rebellion and Default within ourselves as we do our Feeling-Healing, and ending such control and spiritual stagnation in the world.

Bring on the End Times – get it over and done with! Let's all see that Jesus is not going to come again, that Prophecy has failed all the mind-controlled platforms. Allow such false systems of belief to die their long-awaited natural death, they've overstayed their welcome, it's now time they fade away. So let us show such antiquated, erroneous systems of belief the exit and bring on the fresh liberation of discovering the truth of how we are to live for ourselves, each of us personally in our lives, and all by looking to our own feelings for it. Self-revelation through our feelings is the way to go.

The Way of the Mind is ending, and is really the End Times – the End of our mind control, and **it's about time!** With the Way of our Feelings replacing it.

The End Times means the end and therefore a New Beginning. And that new beginning is a whole new Spiritual Age – an age based on self-revelation of truth through one's feelings, coupled with and supported by higher revelations from the Celestial spirits, angels and nature spirits.



The Feelings First Spirituality is the True Way to God because it helps you get to know God, helping you to reach out, connect and be personal with God, and do God's Will, all through your feelings. It is the only true way of getting to know the God of Feelings – our beloved Heavenly Mother and Father, the Great Soul of Divine Love.

Love comes through our feelings and not our mind, as we've all been wrongly led to believe.

**Feelings First; then comes The Truth; then comes Love.**

**LOVE is the Religion of Feelings, being:**

**Feelings First Spirituality, The New Way**



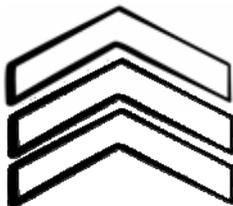
my  
**House** is your  
**Paradise**  
 **HOME**

## The CHOICE is OURS to MAKE:

### Celestial Truth:

Truly all-loving;  
Living true to oneself;  
Mind supporting Feelings;  
Living with the Divine Love;

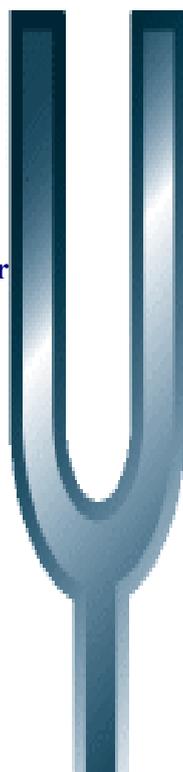
Fully Healed of the Rebellion and Default.



### THE FEELING WAY

Feeling – Ascendance  
Unlimited progression

- Living true to your untruth;
- Honouring all your bad feelings;
- Expressing feelings to uncover their truth;
- Healing the Rebellion and Default within yourself;
- Feeling unloved; being unloving;
- Feeling as bad as you can feel;
- Feeling like you are no one special;
- Longing for the Divine Love.



### THE MIND WAY

Mind – Transcendence  
Limited progression

- Enlightenment, Nirvana, feeling all-loving;
- All false, mind-contrived. Anti-truth, anti-love;
- Still evolving the Rebellion and Default within yourself;
- Feeling and believing you are the Superior One;
- Living with your mind in control of your feelings;
- Living rejecting all your bad feelings;
- Living with your mind contriving you feel loved;
- Rejecting the Divine Love.



All religions, New Age, agnostic,  
atheists, no spiritual interest,  
Living the Rebellion and Default.

Hell:  
Exploiting the Rebellion and Default.

The Feelings are the doer; the Mind the teller. So we are to go with our feelings, which we can't be told to do with our mind. So the longing for the Divine Love, doing our Healing by expressing our feelings and longing for their truth, are all feelings and doing it with longing. Whereas the mind just wants to tell us what to do and how to be, no feelings in it, all how our parents have treated us.

## Our FEELINGS are our SUPREME GUIDES:

# Feelings!

Feelings are what guide us through our ascension of truth. So they are really our Supreme Guides. Many people look for a person, spirit, angel, even God, for supreme guidance, however it's all right there already built in – in our feelings. We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it's there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feelings is really: Longing for the truth of our self, because: we are our feelings. So life stirs up our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings. Kevin 26 Sep 2017

## Using our feelings to uncover the whole truth of our negative or anti truth and anti love state.

Kevin: So whilst we're of an untrue state, then all we have got to help us understand why we feel bad, why we are wrong, why we are negative and anti love and truth, is our feelings. So if we focus on our bad feelings, they will lead us to the truth of why we're feeling bad. Which will be the truth of what happened to us to make us be this wrong way, and how we took on the wrong way and keep it going making us feel bad.

## FEELING HEALING

**Note:** The vital difference between emotion and feeling is that emotions have their roots in the past, and feelings relate to the present moment. Emotions represent our feelings which were not previously expressed, and these accumulate with time.

**Note:** Our feelings are soul-based. Our soul is always in truth. It is our soul based feelings, that when allowed to be freely recognised, we will begin to express and be who we are. This takes time and perseverance as we have encrusted our souls with layers upon layers of errors and false beliefs, it is these layers that will confuse the truth that our soul is conveying to us. Only by our progression with our Feeling Healing will our soul's expression of truth become clear and free of all cloudiness and contamination.



“What our soul needs in accordance with our own, individual, **Soul-Light-Plan-Of-Destiny** (your life's true destiny plan), They, being our Mother and Father, will give you as required. The only way we can know truly what we need is to honour and follow our true feelings. They, springing from our soul, literally telling us what we need, and so when we genuinely feel we need something, we apply our will to get it. The hard part is knowing if our feelings are true, and until we have done our whole soul-healing, they won't be clear and total true.” James – Introduction Course to Divine Love Spirituality

# FEELING HEALING + SOUL HEALING

To heal one's self is to simply look to see what feelings we are refusing ourself to feel, and accept them instead of denying them. And to fully accept them, one need to express them, speak about them, let them have their say, rather than pushing them aside, refusing to let them make you feel bad.

Doing this all with the intention of seeking the truth of why you are feeling them, of speaking about and expressing all such feelings; all feelings you have, but ALL WITH the INTENTION of UNCOVERING the TRUTH THEY WANT YOU TO SEE ABOUT YOURSELF. And it's the wanting to see the truth of them that is very important, because if you just look to accept them and speak and express them, but not seek their truth, then that's all you'll be doing, speaking and expressing them, but not healing their causes, so not fixing the things within you that are making you feel bad. And it's the truth part of it, seeking the truth of your feelings, and so, seeking the truth through your feelings, that's vitally important. It's the truth of yourself, life, nature and God, that is the spiritual aspect to it all.

You CAN'T find the truth of yourself or anything else through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them. So to do our Soul-Healing consists of these steps, all of which are ongoing until it's done:

- **Admit you are feeling bad.**
- **Accept your bad feelings, identify what they are.**
- **Honour fully your bad feelings by expressing them, speaking about them to someone who is willing to hear you talk about them, or tell them out loud to our Heavenly Parents. Long for the truth of them. Long for the truth of why you feel bad – what deep within you is causing your bad feelings?**
- **And remember, bad feelings are Good! Not bad. They are not to be despised. And as hard as it is to accept them, they are still you, and a very real part of you. And if you persist in denying them and not allowing yourself to fully live them, then you are only going to keep yourself in your errors making things harder for yourself.**
- **All sickness and suffering, all bad things that happen to you, all your problems, all your addictions – your whole feeling-denying and untrue life, is all caused by your denial of bad feelings.**
- **Every problem in the world is brought about because everyone has been brought up to deny feelings, and in particular, most of their bad ones.**

If one is intent on spiritually evolving and growing in truth, then it's vital, and this is the key, that one looks to use one's feelings as the means to gain and have access to the truth of oneself. You CAN'T find the truth of yourself or anything else through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

Doing your Soul-Healing with the Divine Love, is really doing your 'Feeling-Healing'. We are designed — created — to be self-revealing of truth, and so we are all to uncover the truth within ourselves and for ourselves, and all being done by living true to our feelings. **If you accept, express and seek the truth of your feelings, then truth will come to you, and you'll grow spiritually. It's as easy as that. Also it is as easy as it is to long for, ask for and receive Divine Love.**

THE HEALING OF YOUR BAD FEELINGS THROUGH THEIR ACCEPTANCE AND FINDING THE TRUTH OF THEM, IS THE ACCEPTANCE OF YOUR NEGATIVE, REBELLIOUS, EVIL, IMPERFECT MIND AND WILL CONDITION.

To do our feeling-healing we need to become:

Aware of – Acknowledge – and Admit, our bad feelings.

So we can:

Accept – them and allow ourselves to Be them.

And then if we feel to, take:

Action – Express, speak and emote them.

Talk about them.

All being done whilst longing to, really wanting to, see the TRUTH of our feelings.

So it sounds simple.

So I repeat:

We accept our bad feelings by expressing – speaking about them to someone willing to listen to us and take us seriously. And as we speak we long for the truth of them – why we are feeling them – to be made known to us. And when we uncover and see the truth we are FREE! – healed of the causes that have made us feel bad.

Accept, Express – see the Truth, and you're Free!

ACCEPTANCE OF ALL YOU FEEL, THINK AND ARE, IS THE KEY TO DOING YOUR HEALING; THAT, AND WANTING TO SEE THE TRUTH OF ALL YOU FEEL, THINK AND ARE.

**Release one's pain through expressing one's feelings.**

**in conjunction with**

**Longing for the Truth when also longing for Divine Love.**

# REVELATIONS



**Revelation 1:** Our soul becomes encrusted with harmful ways of life, plus negative and erroneous beliefs, these mainly stem from our childhood upbringing and environment. Thus we live untrue to ourselves, we become 'evil'. Whilst we hold to these injuries we limit the amount of Love that we can receive into our soul. To open our soul to the Love we must firstly and progressively feel into our emotional injuries and allow them to be released. Until we emotionally experience past errors and injuries we hold onto them.



To free our soul of damage and toxic emotions we must open ourselves to experiencing them. This is a progressive, slow and uncomfortable cleansing process that we must all experience. Only by addressing the generational injuries will we, as humanity, evolve in love.



To fully divest one's self of our badness, we have to 'go into' our feelings. Call this process of clearing toxic emotions as 'Letting Go', 'Emotional Processing', 'Journey Process' or 'Feeling Healing'. Embracing Divine Love then Feeling Healing becomes Soul Healing.

As part of our Feeling-Healing we will have to work our way into all our feelings to see if indeed they are coming truly from our heart and soul, or if they are being heavily influenced by our mind. And this will then lead us into questioning and uncovering the truth, if there is any, to our beliefs and why we behave the way we do; and is such behaviour based on truth, or is it based once again on untruth, belief, and rules of our mind.

**Revelation 2:** We can long for, ask for and receive the Mother and Father's Divine Love. The greater our soul is free of error and injury, the more of the Divine Love can be received and assimilated into our natural love formed soul. The Love does not free us of injury, however, it strengthens our resolve to continue on our journey to be free of error and injury, to step away from evil aspects that have been encapsulated within our humanness and soul. It is this Love, the Divine Love, that brings about immortality of our soul and it is this Love that will eventually fit us to enter the Celestial Heavens and progress for ever more onwards to Paradise. These two revelations free us from error and enable us to grow in love ever more.



**Immortality with the Love.**

# Steps UP!

## Quantum Jump 1



**REVELATION 1**  
James Padgett 1914 – 1923

James Padgett bravely introduced the availability of the Mother and Father's Divine Love and a great deal of additional guidance and information, all of which has been supplemented by Samuels, Judas, Reid and Arnold. All writers were under restrictions of personality and circumstances. Revelation 1 opened the door for humanity.

## Quantum Jump 2

**REVELATION 2**  
Marion and James Moncrief 2002  
– ongoing

Marion and James Moncrief have recognised the need for one to engage in Feeling Healing and, by their actions, removed restrictions that James Padgett and others above endured, thus JM is able to critique the writings of the past 100 years resolving points of confusion as well as expand on what has been written. Revelation 2 is humanity's turning point.

Due to the extra-ordinary nature of Revelations 1 and 2, humanity with the first Revelation would have continued on into its negative pathway of living, however, combining the first Revelation with Revelation two, now humanity can embrace this turning point and commence its evolutionary growth that has required two thousand years to put in place. This is the greatest event in the history of humanity and very few are aware of such, until we enable others to become aware.



Negative Spirit Influence  
blocked  
22 March 2017  
Law of Compensation  
quickenning  
22 May 2017  
Rebellion and Default  
officially ended  
31 January 2018



**END to the REBELLION and DEFAULT – 31 January 2018:**

31 January 2018: Nanna Beth: Yes John, very good news we want to pass onto you for your records. Earth and the seven associated Mansion Worlds (including the two Earth planes) are **officially** now fully under the control of Celestial spirits. And this means John, that Earth is now ‘Ours’. It’s been a long time coming, but it’s a huge milestone and marks a tangible and real end to the Rebellion and Default. It’s one of a number of ‘End’s’ that are to occur.

With the departure of the Caligastias and Daligastias some years ago, humanity has been in a state a limbo so far as who is doing what with it, it not being allowed to be left alone so it could do whatever it liked, it always needing to have a spirit connection. With the mind spirits, as we’ve told you, basically calling the shots still happy to ignorantly carry out C&D’s plans. But now with our systematic and progressive take over, we’re now in complete control.

And what that means is we have our fingers in every pie and we’re on the case so far as what everyone is doing. However it doesn’t mean we’re taking over and telling humanity what to do and how to be, although we are able to work more with certain individuals directly and indirectly helping to move or point or orientate (depending on how you want to look at it) individuals, groups of people, whole societies, the whole world, according to the plans given to us by the Melchizedek Receivers.

So humanity will still carry on outworking it’s unloving, untrue and rebellious state, that has to be worked through to its natural conclusion, however we want you to understand and just know that it’s another end of things and beginning of the new. And it’s basically what we’ve been working with you in connection with James this past year to achieve. There is a lot more to it and how and why it’s been done, and done as it has been done, however you can find out about all of that when you come over.

So we Celestials will guide humanity now according to what our Mother and Father want, so humanity’s got a real tangible safety-net under it now, so no more ‘downside risk’, it all being to move it toward doing its Healing.

I’ll speak again soon – love Nanna Beth.



## U-TURN for HUMANITY:

### Why are we doing a U-Turn?

We are doing a U-Turn **because** the year 2017 heralded the end of the Rebellion and Default. For two hundred thousand years, humanity has been going in the wrong direction.



### What is this fundamental step that will change our way of living?

We are to come to understand / know the foundational cause of all our feelings, both good and bad. As we explore and investigate our feelings, each time they arise, one by one, we are to talk them through, express them to a companion or friend or anyone who will listen. As we express them, while at the same time coming to understand how they have come about, we will find that they will be resolved and that they will not come up again.

**Feeling  
Healing with  
Divine Love is  
the key!**



We will find that all of our feelings / emotions have their foundations from our childhood. And by childhood, that is from the time of one's conception all the way through to about the age of six. It is the repression of our childhood feelings that is the base or foundational cause of each and every one of our adult personality issues, pains, difficulties, illnesses and distressful life experiences.

**We have to see the whole truth of our negative or self-denial state, before we can heal it and be free of it.**

The vital difference between **emotions** and **feelings** is:

- emotions have their roots in the past,
- feelings relate to the present moment,
- emotions represent feelings not previously expressed,
- and these accumulate over time.

Many emotional clearing processes encourage us to look into our feelings, however, none go so far as to drill down into the core foundation of any emotional feeling to the point that we strive to KNOW the core issue, the origin of the feeling, be it good or bad, and actually come to know what it is!

The *Journey Process* is generally known worldwide. It stops short of longing to know, that is asking for the knowing of the events that brought about such a feeling. Yes, we are to acknowledge the feeling, say being angry. Then accept that behind that anger is the feeling of being small, and then look at the underlying reason of why we are feeling small. What is the truth behind that feeling? Ask our Heavenly Parents what is behind all of this feeling. What is the foundation, the origin of the feeling? All the time talking it out, expressing it, with a friend. The expressing of the experience is the release of the emotion / feeling, this is what removes it for ever from within our essence, our **soul**.

**Why ask our Heavenly Parents? I thought God was just God – singular?**

This is part of the revealings that have been unfolding for us very recently – that is – since 2002.

We are made in the image of God. This has been understood for centuries, for 2,000 years. Our soul is duplex. Our soul expresses itself through two personalities. One soul ‘subdivides’ into two, one half always being female and the other half always being male. We are a reflection of how God is. God being one Soul is expressed as Mother and Father. God is two personalities. They are soulmates. And each of us has a soulmate, and our soulmate is always of the opposite sex, because the Mother and Father are the opposite sex.

Thus, when we long for the truth behind a feeling, then we can long to our Heavenly Mother and Father. Only they can tell us. No spirit personality can tell us. No canonised saint can tell us, we may as well ask our next door neighbour. That would be just as productive. Mary and Jesus can’t tell us, as they are also spirit personalities.

### **I was taught that Jesus was God? And what is this about Mary?**

Mary of Magdalene and Jesus of Nazareth were both born free from sin. Neither of them are God. They are both children of God, just like you and me.

History needs to be corrected. Both Jesus of Nazareth and Mary of Magdalene became at one (At-One) with our Heavenly Mother and Father during their physical lives here on Earth in the first century; Jesus in the year 26CE and Mary in the year 33CE, or thereabouts. Jesus died aged 35 (born 7BC died 29CE), and Mary died aged 47 or 48 (born 2BC died 47CE).

Further, their sojourn on Earth was the completion of their process to become the full Regents of the sector of planets that is referred to as Nebadon. The region within our super-universe that is referred to as Nebadon contains 3.8 million inhabited planets. If you look into the night sky, each star / sun potentially has between none to three inhabited planets within its orbit. Within Nebadon, the soulmate pair, namely Mary and Jesus, are our Spiritual Teachers of Truth. Their domain is all 3.8 million physical planets plus their associated spirit worlds. Each physical world has seven associated spirit worlds, which is the case for Earth being one of the 37 that have rebelled.

Some 200,000 years ago, Lucifer with his soulmate and his deputy, Satan with his soulmate, brought about a rebellion on 37 of the inhabited planets within the region called Satania, one of the local universal systems of Nebadon. Earth compounded the situation through the Default of Adam and Eve about 38,000 years ago. Thus the population of Earth, being in the worst condition through the Rebellion and Default, became the location for Mary and Jesus to have their physical experience to complete their ascendancy to full Regency of the local universal system being Nebadon.

Their lives on Earth was the start of the unravelling of the Rebellion and Default. Upon Jesus becoming At-One with our Mother and Father, he was then vested with the authority and power to have the Lucifers and Satans arrested, and they now reside exiled within a prison world.

Notice that there were no records of Jesus and Mary’s teachings and experiences made during their physical life. That was because they did not specifically come here for us, they came for the benefit of all peoples of all planets and spirit worlds throughout Nebadon.

As they are Paradise descending spirits, they have **Spirits of Truth**. Upon Mary and Jesus' death, they released their Spirits of Truth. As spirits, Jesus and Mary are how we will be, once we've finished our Soul Healing. They can only be in one place at any one time. However, it is their Spirits of Truth throughout Nebadon that we can connect with for guidance. It is through their Spirits of Truth that spirit personalities can progress through and out of Nebadon.

Those planets that have Rebelled need further assistance, and they need it on a localised manner. This can only be provided by another bestowal of a **Paradise Pair**, and that is in the form and manner of an **Avonal soulmate pair** who come here specifically for us.

### **What is the purpose of an Avonal pair, and are they here on Earth?**

Unlike Jesus and Mary who were always free from sin and did not experience how to heal themselves, the Avonal pair are to experience all of the extremes of evilness and then proceed to heal themselves. Mary and Jesus through their bestowal on Earth ended the Lucifers spiritual rebellion in Nebadon; the Avonals bestowal is primarily concerned with ending the Default of Adam and Eve by the Avonals themselves personally healing the effects of such a damaging Fall.

The soulmate Avonal pair are to be, and have been, subjected to the extremes of childhood suppression and repression, and then, through their Feeling Healing, are experiencing all the facets of emerging truth as they slowly progress through a protracted and difficult healing process. As they reach specific milestones, this also enables those in the Celestial Heavens, (the three worlds where Celestials reside) to be empowered to assist us in the physical on Earth.

The first considered milestone was the arresting and imprisonment of the Caligastia soulmate pair and the Daligastia soulmate pair. After the arrest of the Lucifers and Satans in the first century, as nothing further occurred, the Caligastias and Daligastias continued on from spirit as if they were kings and queens, suppressing all of humanity and with plans to take over the universe. It was possibly in the early 1990s that they were 'judged' and 'removed'. They were caught unaware that an Avonal bestowal pair were on Earth.

### **How is all this becoming known? Has Jesus and Mary communicated directly to Earth?**

Unlike in the first century, when no records were kept (as the event related to all of Nebadon and it was actually setting the stage for the Avonal bestowal pair to arrive on Earth), every effort to retain records in great detail of this current series of events is now being attended to. Consider this. The New Testament of the Bible is some 300 pages. The records of the Second Coming, which this is, the primary records are possibly 6,000 pages, with direct complementary records increasing that to over 10,000 pages and with all the supplementary records to date, there may be as many as 40,000 pages, certainly well over 30,000 pages of material presently.

Jesus directly communicated through James Padgett from 1914 to 1923. Mary of Magdalene (Mary M) has directly communicated through James Moncrief from 2002 and is ongoing. Jesus has also communicated directly through James Moncrief. Neither have ever directly communicated through any one else, however, some Celestial Spirit personalities have provided information through other

personalities on Earth with the support and approval of Jesus and Mary, thus some confusion, though the quality of the information is very reliable.

### **You say this is the Second Coming? You say I am living during the time of the Second Coming?**

Yes you are. And it's more than that. This is the Second Coming, the End Times and the Handover!

In fulfilment of the prophecy in the first century, the Second Coming commenced on 31 May 1914 through the writings with James Padgett and concluded in 2014 through the writings with James Moncrief.

The End Times are well advanced. Mary and Jesus are well advanced in handing over their direct involvement with Earth to those within the Celestial Heavens. When this is completed, the Handover will also occur. **The Hand Over is to the Avonal Bestowal pair** and it is they who will guide the population on Earth through their Feeling Healing processes for the next 1,000 years, being the next spiritual age. The Handover will take place after the Avonal pair complete their personal Healing of the Rebellion and Default. Then will follow with their Spirits of Truth being officially liberated in alignment with Mary M and Jesus' Spirits of Truth upon their death.

Major events have occurred with the progression of the Avonal pair's Feeling Healing, which they are also doing whilst embracing our Heavenly Parents' Divine Love, thus they are doing their Soul Healing.

Early 1990s:	The arrest of the Caligastia and Daligastia soulmate pairs.
22 March 2017:	Negative spirit influence was blocked.
31 March 2017:	Angel assisted healing will become available upon the Avonal pair completing their own Feeling Healing, being with Divine Love, thus it being Soul Healing.
22 May 2017:	Law of Compensation quickening.
2 December 2017:	Psychic Barriers maintaining the Rebellion and Default were cracked.
8 December 2017:	Bring on the money to <b>'house the future of humanity'</b> .
31 January 2018:	Earth and the seven associated Mansion Worlds (including the two Earth planes) are <b>officially</b> now fully under the control of Celestial spirits. This marks a tangible and real end to the Rebellion and Default.

**How does this all fit into our future way of living?**

**This time, in the history of humanity, is the most exciting time ever experienced.**

**The whole human race is suffering from repressed childhood and mind control.**

Through one's Feeling Healing, and should we embrace our Heavenly Parents' Divine Love, then with their Love we are doing our Soul Healing, and eventually we can live totally in accordance with our soul based feelings and live free from error – no more fear and no more physical illnesses is possible!

**By living true to ourselves, true to our feelings, we are living true to God. It's that simple.**

Our soul is always perfect. In fact, we are the complete package. All that we need to know is within our soul. This knowledge has been denied from us since the time of the Rebellion and compounded by the Default. That is what was brought upon us by the Lucifers and his cohorts. We have always been meant to live true to our soul based feelings but we were taught to embrace our error riddled mind – this was aided by our parents – unknowingly all parents have taught their children to be mind dominant. **This is the Great U-Turn. We are to feel and live by our feelings and express our feelings, our mind will follow in support, not the other way around.**

“Many people look for a person, spirit, angel, even God, for supreme guidance, however it’s all right there already built in – in our feelings. **Feelings** guide us through our **ascension of truth**. So they are really our Supreme Guides. We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it’s there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feelings is really: **Longing for the truth of our self, because: we are our feelings**. So life stirs up our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings.”

Kevin of the 1<sup>st</sup> Celestial Heaven 26 September 2017

(Kevin Cooper died 10 August 2012, through Feeling Healing became Celestial on 7 August 2017.)

It is through the assistance of the Spirits of Truth of the Avonal Pair, upon the completion of their Soul Healing, that we will be guided through our Feeling Healing process, and should we embrace our Mother and Father’s Divine Love, then our Soul Healing.

Then should we embrace Mary and Jesus as our Spiritual Teachers of Truth, their Spirits of Truth will lead us on the path through the Celestial Heavens where we will certainly meet up with our soulmate and join our soulgroup, which will eventually consist of twelve soulmate pairs. Then as a soulgroup, the Spirits of Truth of Mary and Jesus will lead us up through and out of Nebadon towards Paradise.

It is then our Mother and Father in Paradise who draw us to them and we will eventually meet our Heavenly Parents.

Meanwhile, while we live on Earth, we will have assistance and guidance previously denied to us throughout the era of the Rebellion and Default. Under the Contract controlling and managing the Rebellion and Default, the powers and capabilities of our Celestial Heaven spirit personalities, all three worlds of them, were heavily restricted and almost of no assistance to us at all. Further, Nature Spirits and our Angels were heavily denied contact with us physical people because of the Rebellion and Default, all of which is soon to change, so we can look directly to them for help concerning healing ourselves and understanding all aspects of nature.

As we embrace our Feeling Healing, Celestial spirits will and can greatly assist us. In fact, during the year of 2017 they have blocked all mind spirits from the Natural Love Mansion Worlds: 1, 2, 4 and 6 from interfering with us. Celestials have taken control of all facets of living and life on Earth. Celestials are those spirits who have completed their Feeling Healing and progressed through Divine Love Mansion Worlds 3, 5 and 7 and now live in the higher Celestial Heavens, 1, 2 and 3 (when we become At One with

our Heavenly Parents then we leave the Mansion Worlds and progress through the next three spheres related to Earth, hence the Celestial Heavens are also referred to as being numbered 8, 9 and 10).

The Nature Spirits of Earth, who live in the third Earth plane, can now directly interact with those who are embracing their Feeling Healing. Nature Spirits are essentially ‘angels in waiting’. They have been on Earth prior to anything that we now see living in nature. When they first started to arrive, there was no life in the seas or on land. They have consequently witnessed everything that has happened on Earth, including all prior human civilisations that we continue to largely remain ignorant of. Their knowledge and assistance is of great importance to us. We are to interact with them on an ever increasing scale. They are to become an invaluable source of information for us concerning how we are best to live with nature.



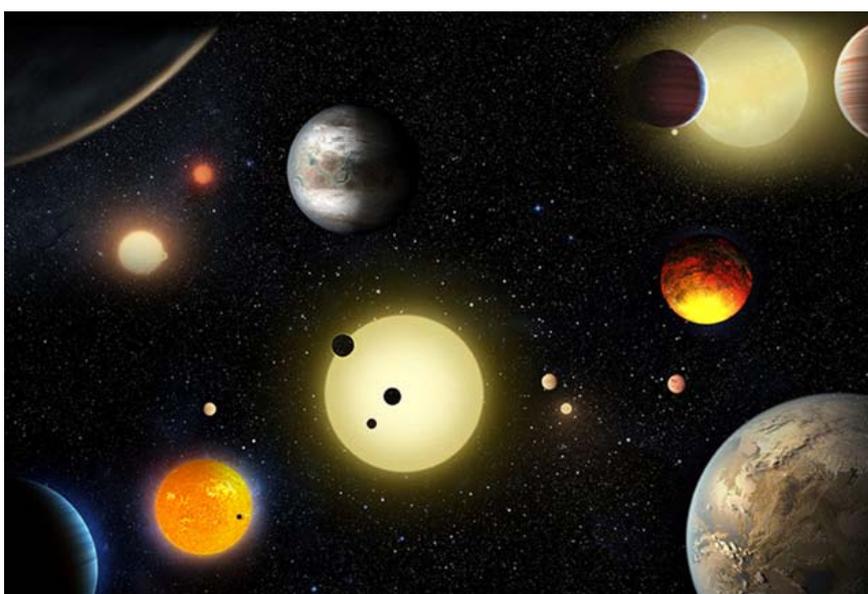
Further, we may become more aware of our **Indwelling Spirit**, which arrives for each of us during our sixth year, as we now progress with our Feeling Healing, or with Divine Love, our Soul Healing.

And all of this is possible as we embrace our Feeling Healing process, acknowledge and accept the Avonal pair, acknowledge and accept our Spiritual Teachers of Truth, namely Mary and Jesus, and more importantly, grow to love our Heavenly Parents, our true Mother and Father.

We do not need intermediaries, rituals, liturgy, dogmas, creeds, fancy clothing, or institutions. It is our soul based feelings and expressions that we may exchange directly with our Heavenly Parents. Groups may form to assist each other, and that is our choice and within our free will.

**This is the greatest event in the history of humanity.**

This is the Great U-Turn that humanity will embrace throughout the next 1,000 years. MoC 1,480



**DIVINE LOVE does not TRANSFORM one's SOUL  
FEELING HEALING is what TRANSFORMS one's SOUL**

The Divine Love does transform our soul from Natural love into Divine Love. It's our Feeling Healing that 'transforms' or heals our erroneous expression of Natural love. We have to 'heal' and so perfect our Natural love, so it can then be transformed by the Divine Love.

Divine Love does not even begin the real work of transforming one's soul, for those who focus upon receiving Divine Love to the exclusion of embracing one's Feeling Healing, they are just expanding their mind's control over themselves. Should this be one's passion, then upon passing into the spirit Mansion Worlds they will find that they can continue along this path all from within the Divine Love followers segment within the first natural love Mansion World! Yes, only from within the first natural love Mansion World.

Most of humanity on Earth does not want to face the very truth their feelings are making them feel every day of their life. So if they want to keep living in the spirit Mansion Worlds as they did on Earth, in complete denial of their feelings and the truth they are to shown about their wrongness, they can.

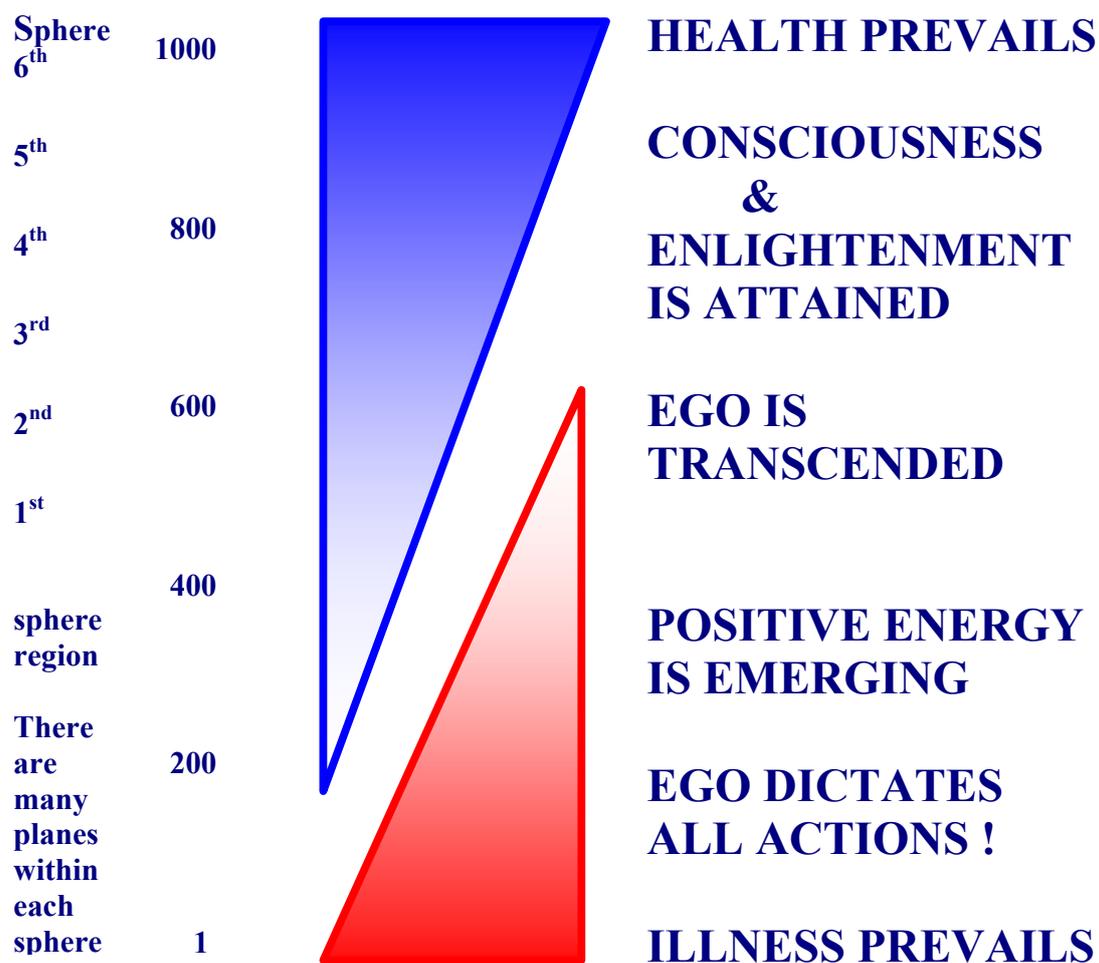
However, for those who have embraced Divine Love and begin to engage in their Feeling Healing process to begin the transformation of their soul, they will be able to sense the Divine Love already within their soul 'driving them on'. One's understanding and adjusting will be changing rapidly to that of embracing all about the Healing and doing it – all being supported by the Divine Love that one may have received previously. All one may have done with the Divine Love may make their introduction into their real Healing, by using their feelings, much easier than it is for other spirits from the mind worlds who are at the same time having to wrestle with many of their old religious beliefs or mental programming, having to take on a whole new mind-set which one could see would take some of them years, whereas for someone who has been longing for and receiving Divine Love for some time it may be only a matter of weeks. This also applies to those living in the physical.

It is the Feeling Healing process that transforms one's soul towards perfection, towards the ability to fully express one's true personality as given to us by our Heavenly Parents, it is the Divine Love that then fits that transformed soul to be able to enter the Celestial Heavens.

Reference:                   Pascas Care Letters – Divine Love does not Transform

## **“All dis-ease is mind generated, and all healing is generated by the love energy of one’s soul.”**

The Ego manifests illness, the lower ones level of consciousness, then the more prevalent illness will be. Below the levels of 200, the ego dominates, however, as you raise your level of consciousness and achieve a level of 600 or higher, you have transcended the ego. At the level of 600, all healing is possible. All suffering is the result of the ego. The Creator does not direct floods, conflagrations, earthquakes, volcanoes, storms, lightning, or rainfalls. These are impersonal effects of conditions within the physical world and its universe.



In the presence of The Creator, all suffering ceases. One has returned to one’s Source, which is not different from one’s own Self. It is as though one had forgotten and now awakened from a dream. All fears are revealed to be groundless; all worries are foolish imaginings. There is no future to fear nor past to regret. There is no errant ego / self to admonish or correct. There is nothing that needs changing or bettering. There is nothing about which to feel ashamed or guilty. There is no ‘other’ from which one can be separated. No loss is possible. Nothing needs to be done, no effort is required, and one is free from the endless tug of desire and want.

## KINESIOLOGY MUSCLE TESTING – GENERAL INFORMATION:

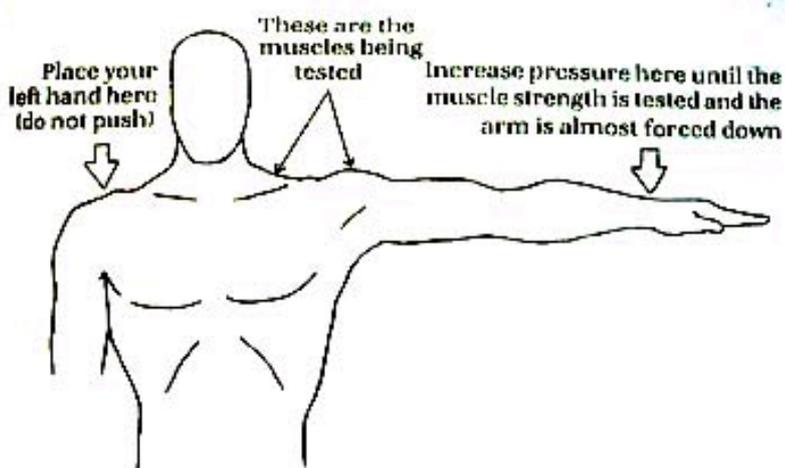
David R Hawkins – Transcending the Levels of Consciousness P.372

The energy field of consciousness is infinite in dimension. Specific levels correlate with human consciousness, and these have been calibrated from “1” to “1,000”. See the Map of Consciousness. These fields reflect and dominate human consciousness.

Everything in the universe radiates a specific frequency or minute energy field that remains in the field of consciousness permanently. Thus, every person or being whoever lived and anything about them, including any event, thought, deed, feeling, or attitude, is recorded forever and can be retrieved at any time in the present or the future.

### TECHNIQUE

The kinesiological response (muscle testing) is a simple “yes” or “not yes” (no) response to a specific stimulus. It is usually done by the subject’s holding out an extended arm and the tester pressing down on the wrist (bony bit) of the extended arm, using two fingers and light pressure. Usually the subject holds a substance to be tested over their solar plexus with the other hand. The test says to the test subject, “Resist”, and if the substance being tested is beneficial to the subject, the arm will be strong. If it is not beneficial or has an adverse effect, the arm will go weak. The response is very quick and brief.



*Basics of Muscle Testing*

**It is important to note that the intention, as well as both the tester and the one being tested, must calibrate over 200 in order to obtain accurate responses.**

**If either the tester or the one being tested is dehydrated, errors will occur. A large glass of water will promptly remedy this situation.**



Solar plexus is that region about 2.5 inches above your belly button. The test subject holds the item over their solar plexus with one hand and extends the other arm for response in the normal way.

The higher the levels of consciousness of the test team, the more accurate are the results. The best attitude is one of clinical detachment, posing a statement with the prefix statement, “In the name of the highest good, \_\_\_\_\_ calibrates as true. Over 100 on the Map of Consciousness. Over 200, etc.” The contextualization “in the highest good” increases accuracy because it transcends self-serving personal interest and motives.

**‘Light Body Health Sciences’, being Energy Medicine, is the next major advancement in health management:**

**Kinesiology is the interface between the linear and the non-linear.**

<b>LIGHT BODY HEALTH SCIENCE</b>	<b>Energy Calibration</b>
<b>Divine Truth</b>	<b>1300 - 1500</b>
<b>Jhana Yoga – Advaita pathway</b>	<b>975</b>
<b>Bhakti Yoga</b>	<b>935</b>
<b>Raja Yoga</b>	<b>935</b>
<b>Karma Yoga</b>	<b>915</b>
<b>Nova Siliqua (practitioner + modality)</b>	<b>835</b>
<b>Svaroopaa Yoga (The Bliss Yoga) (practitioner + modality)</b>	<b>835</b>
<b>Homeopathy David Little (practitioner + modality)</b>	<b>800</b>
<b>Reiki Angela (practitioner + modality)</b>	<b>760</b>
<b>Om (pronounced òm as in loan) A-U-M</b>	<b>740</b>
<b>Homeopathy Rajan Sakaran (practitioner + modality)</b>	<b>720</b>
<b>Young Living Essential Oils</b>	<b>690</b>
<b>Resonance</b>	<b>640</b>
<b>Svaroopaa Yoga</b>	<b>615</b>
<b>Asana Pranayama Mudra Bandha Yoga</b>	<b>610</b>
<b>Reiki Platform (practitioner + modality)</b>	<b>610</b>
<b>Body Cleanse – full body cleanse</b>	<b>610</b>
<b>Consciousness Levels Calibrations – Kinesiology</b>	<b>605</b>
<b>Clinical Kinesiology</b>	<b>600</b>
<b>Orion Healing</b>	<b>600</b>
<b>Journey Process</b>	<b>600</b>
<b>Light Body Work (practitioner + modality)</b>	<b>600</b>
<b>Homeopathy Soham Foundation (practitioner + modality)</b>	<b>550</b>
<b>TWELVE-STEP RECOVERY PROGRAMS</b>	
<b>Alcoholics Anonymous</b>	<b>540</b>
<b>Kundalini Yoga</b>	<b>510</b>
<b>SCIENCE CLINICAL</b>	
<b>Psychoanalysis (Freud)</b>	<b>460</b>
<b>Psychoanalysis (Jung)</b>	<b>460</b>
<b>Energy Medicine</b>	<b>460</b>
<b>Pharmacology</b>	<b>450</b>
<b>America’s Best Hospitals</b>	<b>450</b>
<b>Surgery</b>	<b>440</b>
<b>Internal Medicine</b>	<b>440</b>
<b>Medicine, General</b>	<b>440</b>
<b>Medicine, Holistic</b>	<b>440</b>
<b>Psychiatry</b>	<b>440</b>
<b>Kriya Yoga</b>	<b>410</b>

<b>Acupuncture</b>	<b>405</b>
<b>Oriental Medicine</b>	<b>395</b>
<b>Hatha Yoga</b>	<b>390</b>
<b>DBT Psychology</b>	<b>385</b>
<b>Clinical Psychology</b>	<b>380</b>
<b>Psychiatric Hospitals</b>	<b>355</b>
<b>Homeopathy General</b>	<b>200</b>
<b>Nursing Homes</b>	<b>200</b>
<b>Hospitals</b>	<b>180</b>
<b>DRUGS &amp; ALCOHOL</b>	
<b>Alcohol Addiction</b>	<b>90</b>
<b>Cigarettes</b>	<b>85</b>
<b>Marijuana</b>	<b>80</b>
<b>Cocaine, Heroin, Methamphetamines</b>	<b>6</b>

**Note:**

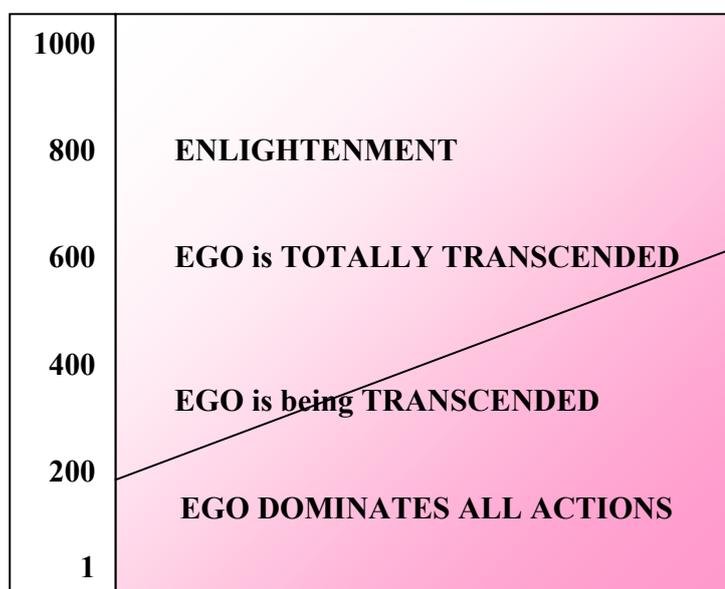
The Map of Consciousness (MoC) table is based on the common log of 10. It is not a numeric table.

A calibration increase of 1 point is in fact a 10 fold increase in energy.

A calibration increase of 10 points is in fact a 10,000,000,000 fold increase in energy.

Thus the energy differentials are in fact enormous!

**Blessing your food** achieves an increase of 15 points which is in fact a quadrillion ( $10^{15}$ ) jump in energy.



**PASCAS CAFÉ – Community Café – focus:****Energy Level of Food as calibrated based on the Map of Consciousness scale 1 – 1,000:**

The scale is based on the common log of 10, a 1 point jump is a 10 fold increase in energy.

Cookies made for Family	520	<b>Blessing</b> food adds 15 points to calibration.
<b>Green Juice = Raw Power</b>	<b>510</b>	
Home cooked sea fish + organic salad	410	
Home roasted free range chicken + salad	410	Calibrations above 350 involve organics.
<b>Raw Food = Raw Power food blessed</b>	<b>365</b>	<b>(overall menu)</b>
Roadside Farm Stands	355	A 1 point jump is a 10 fold increase in energy.
<b>Raw Food = Raw Power – Byron Bay</b>	<b>350</b>	<b>(overall menu)</b>
Vick's (product)	345	
Wine or Beer	330	Single serve per day.
Campbell's Soup (product)	325	
Uncle Ben's Rice (product)	315	
Quaker Oats	305	
Pepsi (beverage)	305	Single serve per day.
Coca-Cola (beverage)	305	Single serve per day.
Tea, Green	300	
Food, Blessed Homemade	215 +	Organically grown foods have approximately
Food, Homemade	209 +	75% to 350% the nutritional and mineral
Food, Blessed Machine-made	207	value of commercially grown foods.
Food, Commercial	207	Organic home grown foods is even higher.
Vegetarianism	205	
Grilled / BBQ steak	205	
Muesli	205	
Donald Duck (cartoon)	205	Above 200 is pro-life – positive.
<b>Food</b>	<b>200</b>	<b>At this level and above food is life enhancing.</b>
Food, Commercial Cat	192 – 202	Below 200 is anti-life – negative.
Food, Commercial Machine-made	188 – 200	
Black Tea	185	
Body Piercing	180	
Milk – Pasteurised	180	
Coffee	175	
McDonalds, KFC, Hungry Jacks	175	All food below 200 is detrimental to health!
Microwaved Store Meals	170	
Taco Bell Fast Food	165	
Pizza Fast Food	165	
Public Hospital Meals	165	
Alcohol Addiction	90	6 or more drinks a day.
Corn Flakes	85	
Cigarettes	85	
Marijuana	80	
Cocaine	7	
Heroin, Methamphetamines	6	Every and any substance can be calibrated!

Most calibrations are sourced from David Hawkins' book 'Truth vs Falsehood'.

**MAP of CONSCIOUSNESS CALIBRATIONS reflect the nature of the TOPIC:**

The level of truth of a topic or subject is reflected in the calibration through employing Dr David R Hawkins' Map of Consciousness with kinesiology muscle testing. A publication or movie about manufacturing food would be around 200, whereas meals prepared in a loving home would be around 500. The subject of pornography through to war would be less than 200, whereas natural love topics can readily be over 500 and up into the 800's plus. Material introducing Feeling Healing with Divine Love, by its nature, will range between 1,480 to 1,500 on Dr David R Hawkins' Map of Consciousness (MoC), in its purest form of presentation. This has never been previously achieved.

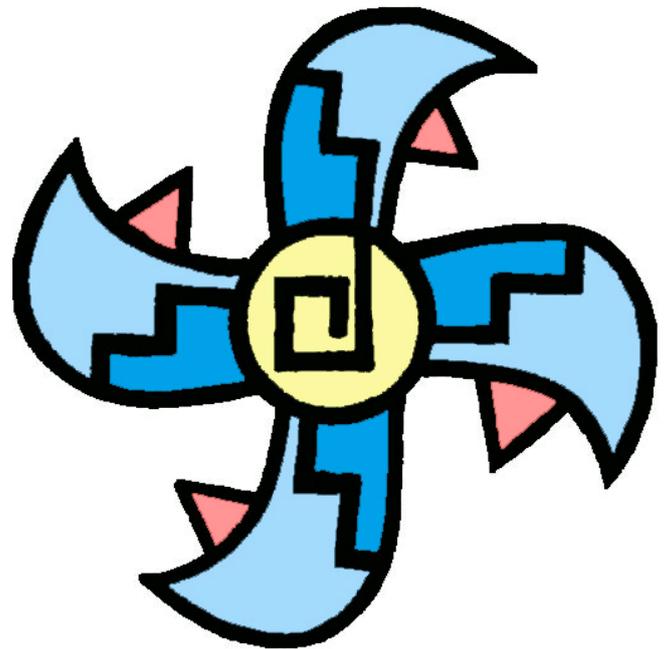
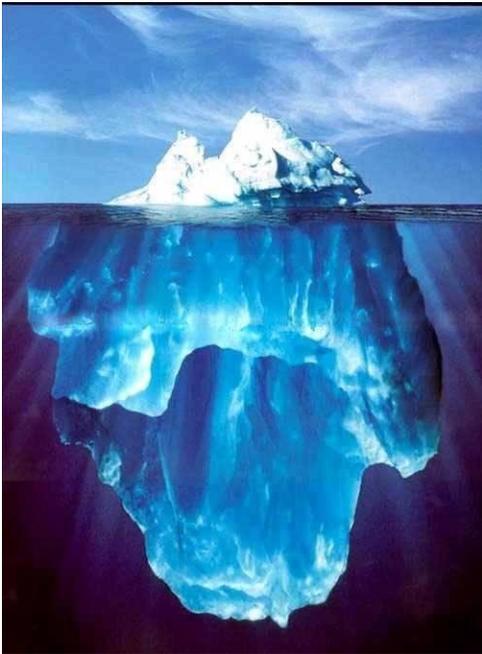
<b>MAP of CONSCIOUSNESS</b>	<b>MoC</b>	<b>calibrations</b>
God, our Heavenly Mother and Father	Infinity	Location being Isle of Paradise
Celestial Heavens peak	<b>1,500</b>	3 <sup>rd</sup> Celestial Heaven (10 <sup>th</sup> spirit Mansion World)
Feeling Healing / Divine Love teachings	1,480 – 1,500	3 <sup>rd</sup> Celestial Heaven spirit guided
Now at one with Heavenly Parents	1,081	1 <sup>st</sup> Celestial Heaven entry at Jerusem
Feeling Healing with Divine Love	1,080	7 <sup>th</sup> Divine Love transitional sphere to Heavens
Natural Love peak	<b>1,000</b>	6 <sup>th</sup> spirit Mansion World peak – can't go further!
Pascas WorldCare (as a platform)	880	5 <sup>th</sup> spirit Mansion World being for Divine Love.
Lamsa Bible (minus the Old Testament and Book of Revelation, but including Genesis, Psalms, and Proverbs)	880	4 <sup>th</sup> spirit Mansion World equivalent being natural love orientated, the Bible is taking one away from truth – their soul based feelings.
Koran	700	4 <sup>th</sup> spirit Mansion World equivalent.
Torah	550	First five books of the 24 books of the Tanakh.
Cookies made for Family	520	Made with love (this supports cooking shows).
Enter EITHER natural or divine pathway	<b>500</b>	2 <sup>nd</sup> natural love OR 3 <sup>rd</sup> Divine Love spirit world.
Peak of mind total orientation	499	1 <sup>st</sup> spirit Mansion World peak.
King James Bible (from the Greek)	475	
Roman Catholic Church	450	Church (worldwide) – mind controlled – reason.
Home cooked sea fish + organic salad	410	
Home roasted free range chicken + salad	410	
Wine or Beer	330	(in moderation!)
Roman Catholicism administration	305	As an institution in year 2004.
Tea green	300	
<b>Humanity</b>	<b>212</b>	The population of the world overall.
Vegetarianism	205	
Muesli	205	Above 200 is pro-life – positive.
<b>Food</b>	<b>200</b>	<b>At this level and above food is life enhancing.</b>
Food, Commercial Cat	192 – 202	Below 200 is anti-life – negative.
Food, Commercial Machine-made	188 – 200	Energy dense but nutrition poor.
Black Tea	185	Refining of most foods removes nutrients.
Percolated Coffee / Cappuccino / etc	165	
Corn Flakes	85	
Fish (living in ocean)	20	
Bacteria	1	

## MAP of CONSCIOUSNESS

God-view	Life-view	Level	Log	Emotion	Process
Self	Is	<b>Enlightenment</b>	<b>700 - 1,000</b>	Ineffable	Pure Consciousness
		↑			
All-Being	Perfect	<b>Peace</b>	<b>600</b>	Bliss	Illumination
		↑			
One	Complete	<b>Joy</b>	<b>540</b>	Serenity	Transfiguration
		↑			
Loving	Benign	<b>Love</b>	<b>500</b>	Reverence	Revelation
		↑			
Wise	Meaningful	<b>Reason</b>	<b>400</b>	Understanding	Abstraction
		↑			
Merciful	Harmonious	<b>Acceptance</b>	<b>350</b>	Forgiveness	Transcendence
		↑			
Inspiring	Hopeful	<b>Willingness</b>	<b>310</b>	Optimism	Intention
		↑			
Enabling	Satisfactory	<b>Neutrality</b>	<b>250</b>	Trust	Release
		↑			
Permitting	Feasible	<b>Courage</b>	<b>200</b>	Affirmation	Empowerment
		↓			
Indifferent	Demanding	<b>Pride</b>	<b>175</b>	Scorn	Inflation
		↓			
Vengeful	Antagonistic	<b>Anger</b>	<b>150</b>	Hate	Aggression
		↓			
Denying	Disappointing	<b>Desire</b>	<b>125</b>	Craving	Enslavement
		↓			
Punitive	Frightening	<b>Fear</b>	<b>100</b>	Anxiety	Withdrawal
		↓			
Disdainful	Tragic	<b>Grief</b>	<b>75</b>	Regret	Despondency
		↓			
Condemning	Hopeless	<b>Apathy</b>	<b>50</b>	Despair	Abdication
		↓			
Vindictive	Evil	<b>Guilt</b>	<b>30</b>	Blame	Destruction
		↓			
Despising	Miserable	<b>Shame</b>	<b>20</b>	Humiliation	Elimination

**Power vs Force** by David R Hawkins, MD, PhD – the Hidden Determinants of Human Behaviour  
 ISBN: 1-56170-933-6 published Hay House Australia Pty Ltd [www.hayhouse.com.au](http://www.hayhouse.com.au)  
 Or [www.veritaspub.com](http://www.veritaspub.com) for the trilogy Power vs Force, The Eye of I, and I, Reality and Subjectivity.

# Chaldi Knowledge Centre



**Beacons  
of Light  
around  
the globe**



**CHALDI COLLEGE:****(pronounced Kaldi)**

The Akkadians which include the Sumerians, continued the Naacal teachings and built colleges for the teaching of the wisdom of the Motherland which included the Cosmic Sciences and religion. These colleges they called Kaldi or Chaldi (the C was pronounced K in Naga). Kaldi or Chaldi is a Naga word meaning enclosed or surrounded. This was in reference to the fence or wall which always surrounded these colleges. These colleges were open and free to all who deserved to learn the wisdom of the Motherland. The slave was as welcome as the king. The various peoples who successively occupied the land, all took advantage of the Chaldi Colleges to extend their learning. The Israelites when in captivity in Babylonia or Chaldea patronized them to a very great extent.

**Our overall mission is to raise the God / Universal consciousness of humanity by:**

1. **Raising our own energy / consciousness.**
2. **Raising others energy / consciousness.**
3. **Provide education and learning.**
4. **Provide health and wellness.**
5. **Supporting the provision of clean air, clean water, nutritious food, and a safe haven**

**Vision** – to raise the collective energy / consciousness of humanity through education.

**Mission statement** – raise consciousness through consciousness.

**Programs:**

Chaldi will provide programs for all areas of education required throughout the group.

These programs will fall into the following categories:-

1. Adult education
2. Tertiary education
3. Secondary education
4. Primary education
5. Pre school education

In particular Chaldi will provide by either creating or sourcing, all the training required for all the project members' staff training programs, and train the trainers as required to deliver Chaldi programs in all areas.



## **CLOSING SUMMARY:**

Not only do we have an enormous variation of consciousness levels within children groups within every community around the globe, we also have an enormous variety of social, economic, health and environmental issues to consider within each of these communities, all stemming from being rejected.

It is only by bringing together all the available skills, understandings, research, technologies and best endeavours that we, as a collective group, can and will achieve in making a very incredible and important contribution to the long term welfare of our World Kids.

We must act as one. We are to also look at each community that we are to enter as being unique requiring solutions specific to that location.

We are, within history, witnessing an evolutionary jump in humanity – and this is our call to action.

We are also witnessing an enormous shift in technological capabilities, some of which is the emergence of metaphysical capabilities as a direct result of humanities and sciences positive shift in consciousness.

Only can we constructively and effectively go forward with these programs if we work together as one.

We look forward to understanding programs and undertakings that you consider priority and seek to understand how we can support your planned undertakings so that we can all work with the highest level of efficiency and skills. We are suggesting that Pascas WorldCare will make available all its possible skills and resources to those folks who wish to pursue programs under the global banner.

We welcome input from anyone to grow our capabilities in these endeavours.

### **The Children - - -**

**Relative to our children or any children with whom we would interact, our one dominant intention would be to give them a conscious understanding of how powerful and important and valuable and perfect they are. Every word that would come out of our mouths would be a word that would be offered with the desire to help this individual know that they are powerful. It would be a word of empowerment. We would set the Tone for upliftment and understand that everything will gravitate to that Tone if we would maintain it consistently.**

**Love, John**



<http://www.pascashealth.com/index.php/library.html>

## **Library Downloads – Pascas Papers**

**All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address.**

[info@pascashealth.com](mailto:info@pascashealth.com)



**JAMES** PADGETT **REVELATIONS** 1 Commenced 1914  
 MONCRIEF 2 Completed 2014

## **REVELATION 1**

The availability of Divine Love, should we so ask for it, being revelation 1:

**God's Divine Love: Pray for it, ask for it, and receive it.**

Whilst we are receiving our Heavenly Parent's Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way the Father is actually loving us! When we progress, it is the Father's way of loving us into love and then we live what we are, love.

## **REVELATION 2**

The way to clear one's soul of childhood errors and injuries is revelation 2:

To liberate one's real self, being one's soul, is by embracing Feeling Healing so to clear emotional injuries and errors. With the Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

## WE ALL ARE BEING GUIDED HOME:

We need the Spirits of Truth of the Avonal Pair to Heal ourselves; then once Healed, (and for support (overshadowing) as well through your Healing), we need the Creator Pair, Mary Magdalene and Jesus' Spirits of Truth to see us through the Celestial spheres, while at all times embracing our Heavenly Mother and Father.

Until Mary and Jesus died and liberated their Spirits of Truth, no one from any of the worlds could leave Nebadon, because no one knew the way to do so. Nebadon is our local universe containing some 3.8 million inhabited physical worlds and their associated spirit worlds.

When we embrace the truths Mary and Jesus are revealing, and start to do our Feeling Healing, or with Divine Love, Soul Healing, we are then freeing ourselves up from our parental and self control.

Thus our journey to Paradise, to the home of our Heavenly Parents, is of our choosing as to when we progress, however, there is only one way:

**HUM:** Humanity is to ascend. We are self contained. Our soul is always in truth and perfect at all times. **By living true to ourself, true to our feelings, we are living true to God. It's that simple.**

We are to recognise that being engaged and dominated by our mind is the wrong way for us to evolve and grow in truth. We are to discard the mind enslavement that has been imposed upon us by all of our parents. We are to express our feelings, both good and bad and free ourselves of the indoctrination that humanity has embraced worldwide.

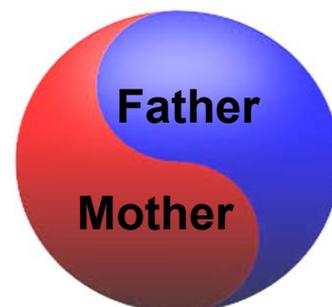
Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of our Mother and Father.

**AVO:** We are to embrace the truths and guidance of the Avonal Pair through their Spirits of Truth. It is the Avonal Pair's guidance that will lead us through our Feeling Healing, and with Divine Love, we will be able to ascend through the 7 spirit Mansion Worlds and enter the Celestial Heavens where we also interact with other world's spirits.

**J&M:** We are also to embrace the truths and guidance of the Paradise Pair, Mary and Jesus, who will then lead us through the 3 Celestial Heavens that are aligned with Earth, and then further on through Nebadon where we will then depart beyond on towards Paradise.

**M&F:** Beyond the universal zone of Nebadon, we will be guided by our Heavenly Mother and Father onwards through the universes to Paradise where we will be welcomed by them, home for us all, as we are all Children of God.

# GOD



M&F



J&M



AVO

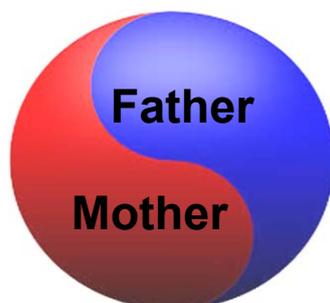


HUM

**WE ARE Children of God**

**WE ALL ARE BEING GUIDED HOME – NOW, HOW TO COMMENCE THE JOURNEY:**

**GOD**



**M&F**

For 200,000 years, we have been misled into embracing our mind's distortion of wisdom and truth. All such traditional understandings only lead us in the wrong direction, from which we must turn back from. Our soul based feelings are always in truth. Our minds are to follow our soul based truths and feelings, not the other way round, as we have been brought up to embrace.

We are to connect with our deeper repressed feelings.  
We are to long for the truth of what we are feeling.  
We are to live true to our selves; by living true to our feelings.

Use your surface day-to-day feelings to connect with your deeper repressed feelings. Express your surface feelings and your deeper repressed feelings to uncover the truth of yourself.



**J&M**

We all have feelings which we communicate and share with each other. And we all have deeper buried and hidden repressed feelings. Feelings from our early childhood we felt, yet weren't allowed to express. These feelings are still within us, waiting to have their say. These feelings, because they are repressed, cause us all our problems.

And as we look to uncover, bring out and accept these deeper feelings, so we're taken into new ways of looking at ourselves, our feelings, and our life. We're setting ourselves free of the controlling patterns that govern our unloving behaviour.

In this way, we progressively begin to express the personality that our Heavenly Mother and Father gave us, not the one imposed upon us by our physical parents and carers. We are to be our true and real selves.



**By living true to ourself, true to our feelings, we are living true to God. It's that simple.**

**AVO**



**HUM**

As we, humanity, long for the truth of our feelings, we can also be assisted by the Spirits of Truth of the Avonal Pair who are our spiritual teachers for Earth over this coming 1,000 years, to assist us through the Great U-Turn, away from mind dominance to being soul based feeling lead. They will assist us through the seven levels of the spirit Mansion Worlds.

Then the Creator Pair, Jesus and Mary, will lead us through Nebadon and into the greater universe. Then our Heavenly Mother and Father lead us home to Paradise.

**WE ARE Children of God**

Collectively, should we embrace them all, as we are to, then our pathway home is a journey in the hands of the Spirits of Truth of the Avonal and Paradise Pairs overseen by our Heavenly Parents.

### HOW TO GET TO PARADISE:

Long for the Divine Love

Long for the Truth

Long for the truth of your feelings

Don't deny any feelings: accept, express and want to know the truth of them

Know your feelings are the key; your feelings are the Way

Want to end your falseness and being untrue

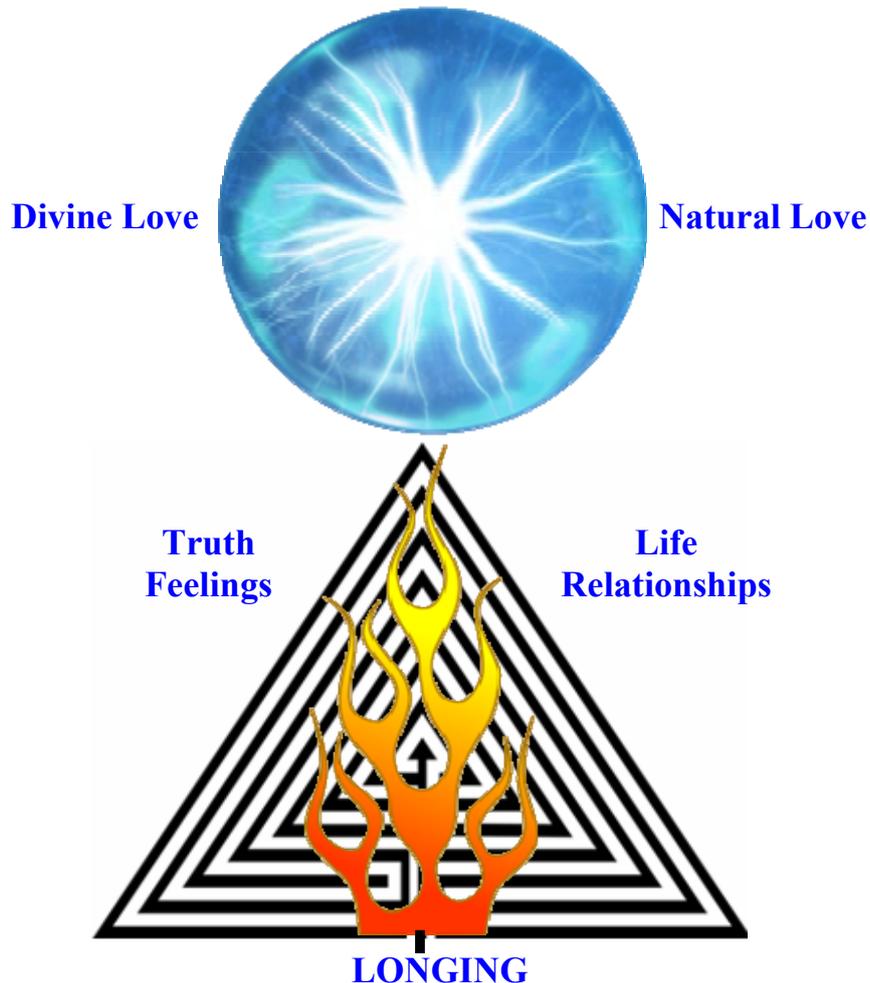
Want to understand the truth of your early life

Use your surface feelings to move deeper into yourself, bringing up your repressed feelings

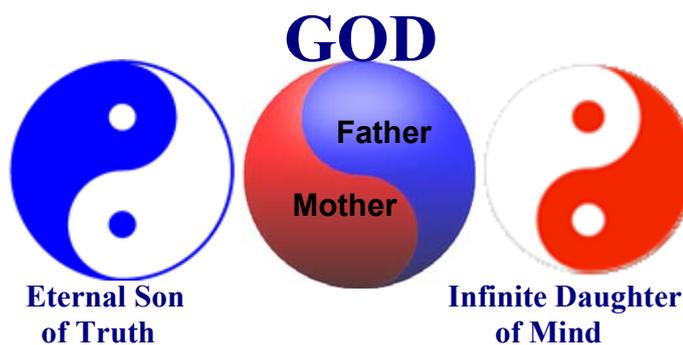
Want and long to know the whole truth of yourself

Want to do it all with God, your Heavenly Mother and Father – long to Them for help.

### The Key



Our longing drives our life. We long with feelings. We can wish for things using our mind, yet long for things with our heart. These things in the pyramid are what to long for. Longing for them, when the longing comes naturally. Longing because you feel you really want them. Long to be true with all your heart. Long to live true to your feelings. Long to understand the whole truth of yourself.



PARADISE TRINITY:

1. **Our MOTHER and FATHER (God)** (MF) – **Divine Love**  
SOUL (God) – One SOUL that is expressing its two PERSONALITIES, our Heavenly Mother and Heavenly Father (Soulmates)
2. **ETERNAL SON** (ES) – **Divine Truth**
3. **INFINITE DAUGHTER** (ID) – **Divine Mind**

Then: The Second and Third Persons of the Paradise Trinity (ES and ID) are stepped down to the local universe trinity (Mary and Jesus, Divine Minister (DM), and her Holy Spirit.

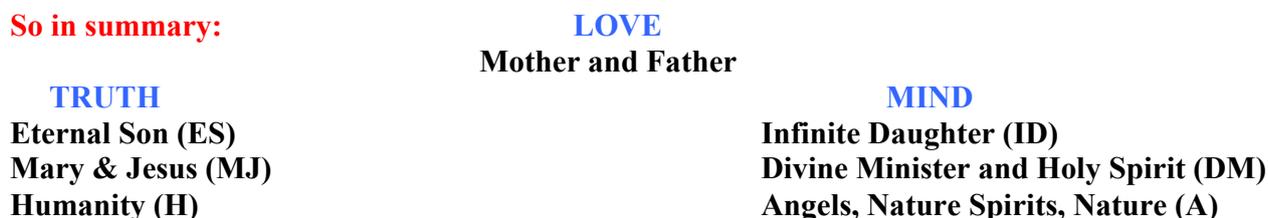
The LOCAL UNIVERSE TRINITY:

1. **MARY M and JESUS** – **Love**  
– the **Living Truth**
2. **DIVINE MINISTER** – **Mind** (and her Holy Spirit)
3. **HUMANITY – Natural love, sons and Daughters – Truth, and our Angels – Mind**

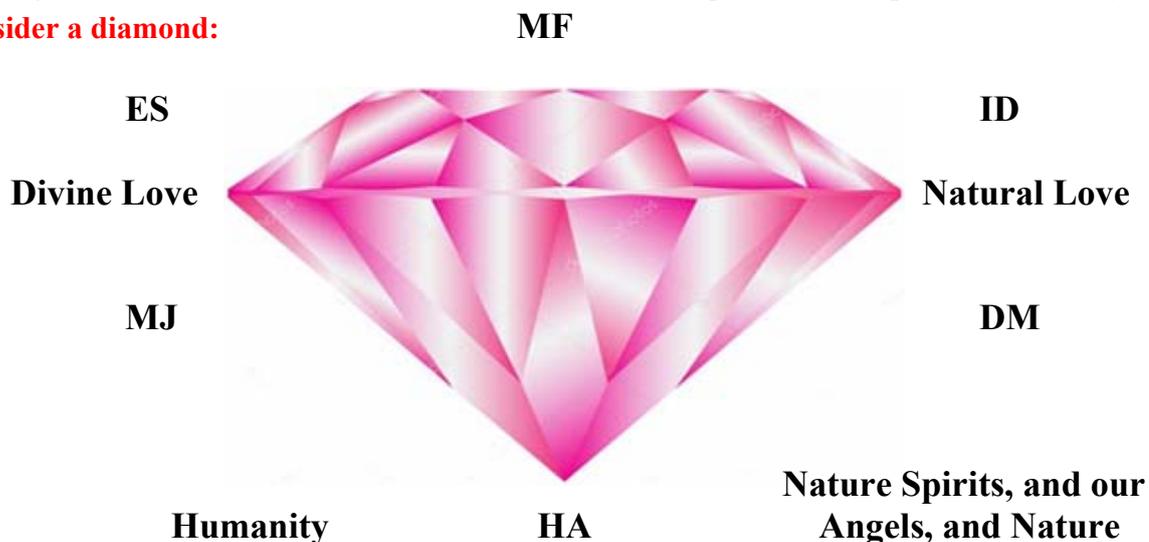
PLANETS that engage in REBELLION:

1. **AVONAL SOULMATE PAIR** – the **Feeling Healing process – incarnate**
2. **DAYNAL – TEACHER PAIRS** – they do not incarnate

**So in summary:**



**Consider a diamond:**



# Mother and Father Heavenly Parents

Creator Son & Daughter  
Jesus and Mary

Avonals  
as soulmate pairs

Trinity Teachers  
as soulmate pairs

Melchizedeks – who have taken over from the Caligastians and Daligastians being also all as soulmate pairs.

Mortal Souls – human beings who individualise on Earth, then progress through the spirit Mansion Worlds, then into the Celestial Heavens, and beyond.

Mortal Souls – also being ascending spirits, upon completing their Soul Healing, join with their soulmate, then join their soul group of 24 mortal spirits, being 12 soul pairs. It is only as a soulgroup that anyone can progress beyond Nebadon.

The Paradise Pairs are all ONLY concerned with the SPIRITUAL wellbeing and upliftment of the planets and local universe. Currently to do with Earth:

Mary and Jesus – spiritual wellbeing and upliftment of the whole of Nebadon region.

Avonal Pair – Daynal pairs (Trinity Teacher Daughters and Sons) – Spiritual wellbeing and upliftment of individual planets and their associated Mansion Worlds.

The Local universal Sons and Daughters are all about the running of the worlds under their jurisdiction, and ensuring the higher spiritual elements can be employed, or sent astray, as in our cases through the Rebellion and Default.

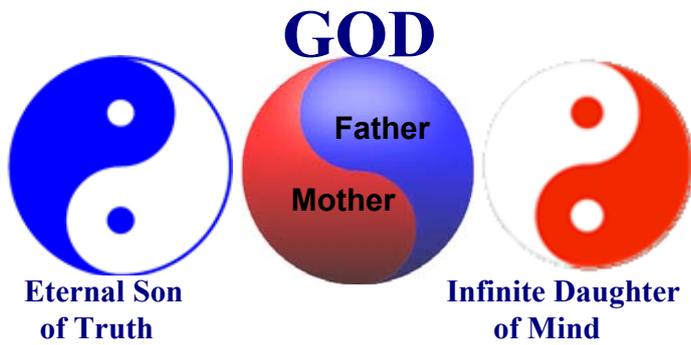
Lanonandeks – Melchizedeks (and others, such as Life Carriers and Eve and Adam).

As the Lanonandeks all rebelled – the Lucifers, Satans, Caligastias and Daligastias soulmate pairs – so the Melchizedeks have taken over their roles, as well as doing their own.

So the Melchizedeks are the governors, overseers, the administrators and advisors and so on for Earth; they are the ‘controllers’, and they will instigate all that needs to be done to do with the ending of the Rebellion and Default. And they will enlist the willing help of ascending mortal pairs, so the mortal Celestials spirits (soulmates when available, and others waiting to unite with their partner), and at times mortal spirits in the Divine Love Healing Mansion Worlds. And the angels help all of us.

Currently the whole of Creation exists for the ascension of mortal souls from their earth planets to Paradise. It’s all one vast Grand Ascension Scheme. With all the higher and lower spiritual Daughters and Sons, together with all the many different angels and other universal spirit personalities, and even including nature and our very own pets, assisting women and men with their Ascension Journey. It being: and Ascension of Truth. Everything we do is done to help us grow in truth. (Only everything we do in our negative state is to deny ourselves our truth from our feelings, which is why we have to do our Healing.) All women and men are ascending (or growing) in truth through their experiences. And as we grow in truth by looking to our feelings to show us that truth, so we’re ascending, moving inwards and upwards through all the worlds and spheres of the Grand Universe to one day arrive on Paradise and meet our Heavenly Parents. God is providing us, Their children, with this spiritual journey called our Ascension of Truth. And by living true to our feelings, so we are progressing on our true Spiritual Path – our Ascension Path.





**CREATION of SOUL and SPIRIT:**

God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one’s feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.

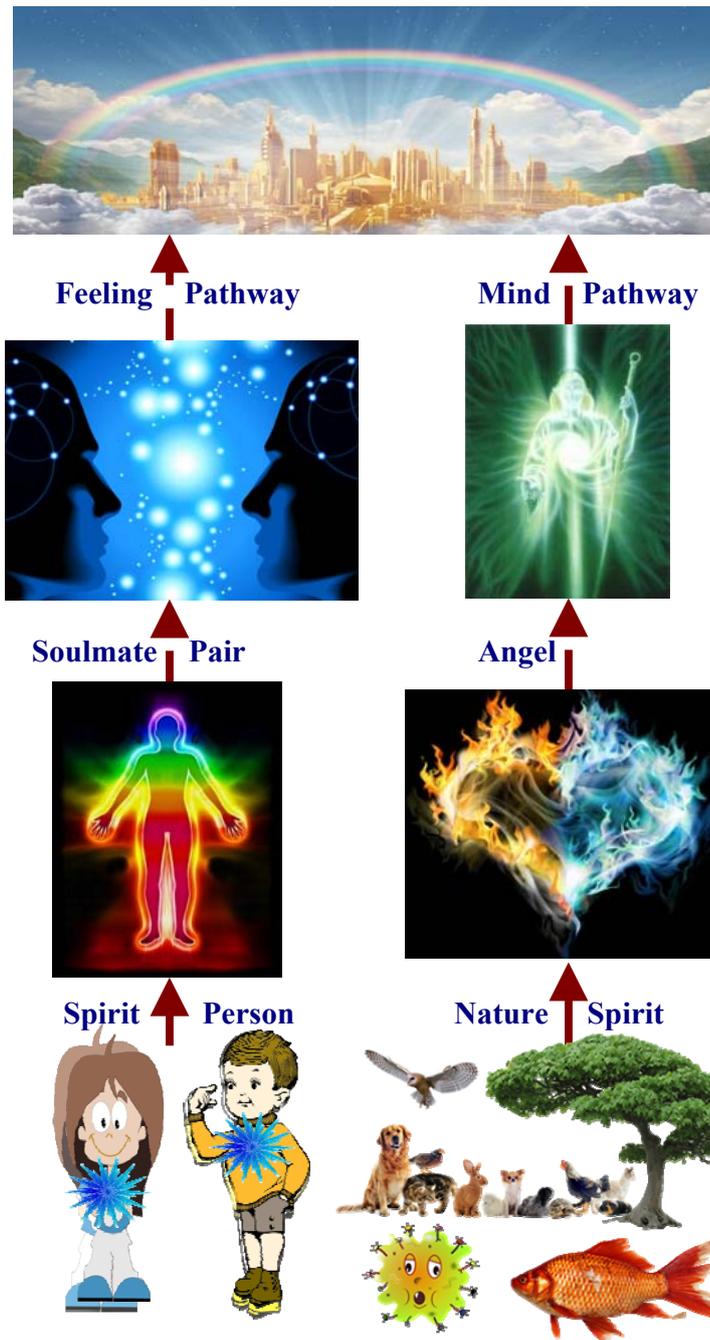
The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves enabling the union with our soulmate, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.

The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective

Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.



# PASCAS CARE

## "Beacons of Light"

### around the globe



This document overall:

Map of Consciousness calibration 880