

PASCAS CARE KIDS of the WORLD

CHILD SOS

Justice Reinvestment



“Peace And Spirit Creating Alternative Solutions”

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Pascas Care Kids of the World – JUSTICE REINVESTMENT:

Backing Bourke: An outback town's bold experiment to save its young people from a life of crime.

Monday 19 September 2016

<http://www.abc.net.au/4corners/stories/2016/09/19/4539321.htm>

It's the little town that symbolises life in the outback, immortalised by Henry Lawson who declared: *"If you know Bourke, you know Australia"*.

But this famous bush town has one of the worst crime rates in Australia.

"If you went to any prison or juvenile justice centre in this state, you'll find one of our families there."

Phil, Bourke Tribal Council

With startling rates of domestic violence, assault and property crime, too many of Bourke's residents end up in jail.

Fed up with losing their young to prison, the indigenous people of Bourke have decided to take a risk on a bold experiment to try and turn their town around.

"I just certainly felt that I had something to offer and to contribute to ensure that particularly young people don't make the same mistakes." **Alistair, Community Leader**

It's based on a groundbreaking American approach called Justice Reinvestment that tries to prevent crime through simple targeted programs.

"It's really about spending more on communities and less on prisons, so it involves working out ways that you can shift resources out of the prison system." **Sarah, Just Reinvest**

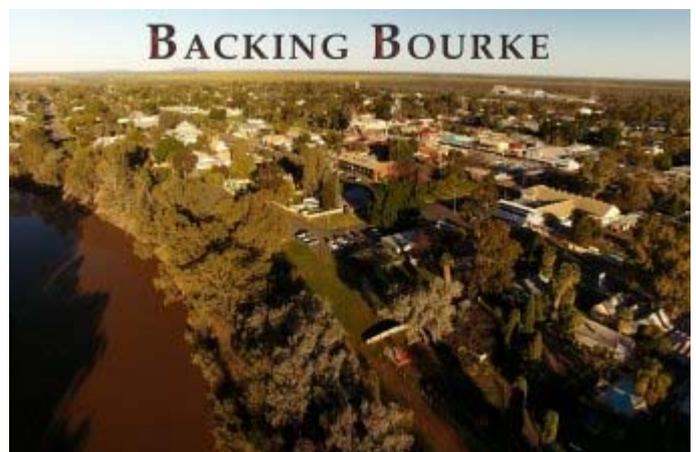
It's been so successful that in places like Texas, the state has actually been closing prisons down.

But can this same idea work in outback Australia, or for that matter, everywhere on Earth?

"We want to have the opportunity to say well all right, here is another way to do it... let us have a go at it." **Phil, Bourke Tribal Council**

Backed by wealthy philanthropists, not government, the community is putting the theory to the test with practical ideas, like offering free driving lessons. It's diverting people from jail time as driving without a license is a chronic problem in the outback.

"It's in everyone's interests to keep kids out of institutions and get them back on track. That's ultimately what we're all here for..." **Police Officer**



JUSTICE REINVESTMENT:

Justice reinvestment is a data-driven approach to improve public safety, reduce corrections and related criminal justice spending, and reinvest savings in strategies that can decrease crime and reduce recidivism.

Justice reinvestment in Australia five years on:

In the past five years, it has been encouraging to see so many different people and groups embrace justice reinvestment. However, in all of this enthusiasm there has been some confusion around what justice reinvestment actually involves.

Some academics had anticipated potential pitfalls should justice reinvestment becomes catch-all buzz word to cover a range of post release, rehabilitative, restorative justice and other policies and programs and thus lose both any sense of internal coherence and the key characteristic that it involves a redirection of resources.

It is not necessarily detrimental that advocates in Australia are already trying to adapt justice reinvestment for the Australian context. What works in the United States can be a powerful catalyst for action, but will require thoughtful adaptation to the Australian context, as well as elsewhere. Nonetheless, if the Australian brand of justice reinvestment strays too far from the evidence we may lose some of the strength of this approach – or maybe not!

There is now a growing body of literature on justice reinvestment, so this paper will only briefly summarise some of the key principles and processes of justice reinvestment to provide clarity and context.

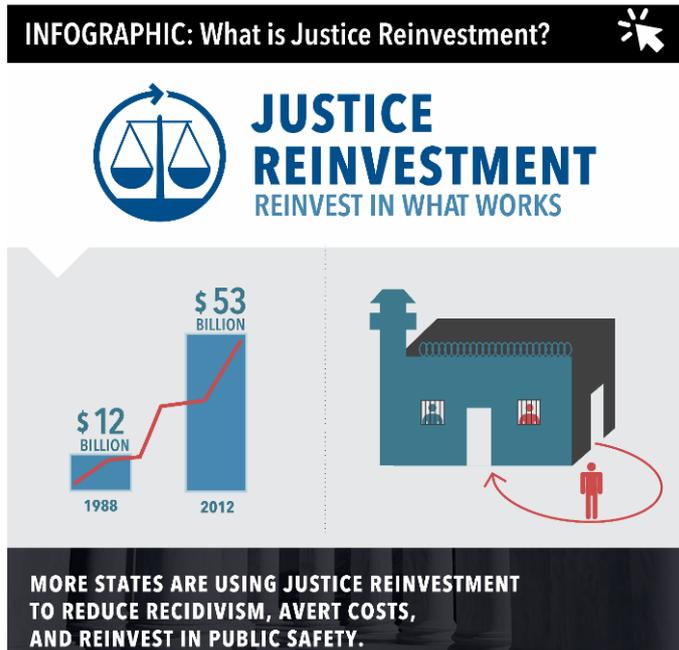
Justice reinvestment explained:

Justice reinvestment is a powerful crime prevention strategy that can help create safer communities by investing in evidence based prevention and treatment programs. Justice reinvestment looks beyond offenders to the needs of victims and communities.

Justice reinvestment diverts a portion of the funds for imprisonment to local communities where there is a high concentration of offenders. The money that would have been spent on imprisonment is reinvested into services that address the underlying causes of crime in these communities. Figure 4.1 illustrates the primary process of justice reinvestment.

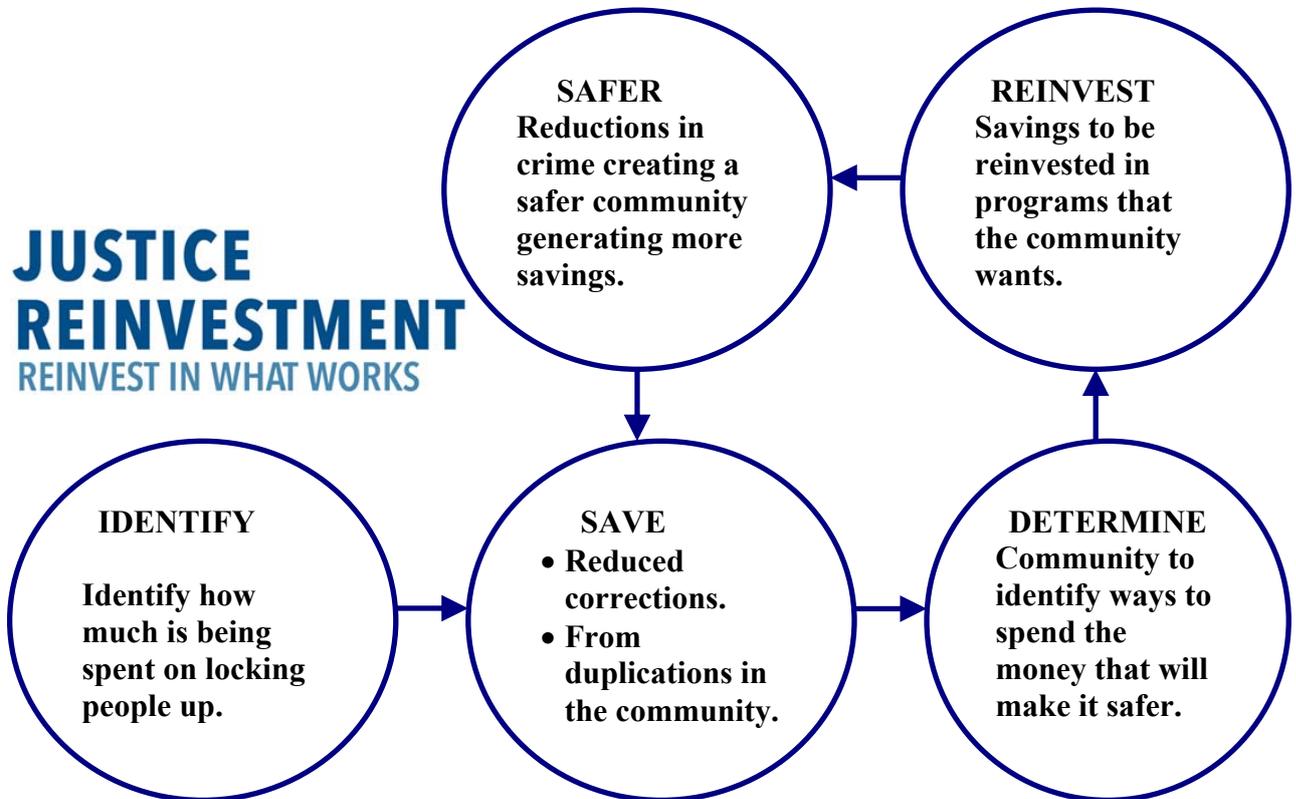
Justice reinvestment was developed in the United States by George Soros' Open Society Foundation. There are currently 30 states in the United States pursuing justice reinvestment at the state level, and at least 18 counties in six states undertaking justice reinvestment at the local level.

While justice reinvestment approaches vary depending on the needs of communities, justice reinvestment does have a consistent methodology around analysis and mapping. This work is the basis



for the justice reinvestment plan. Justice reinvestment approaches also require commitment to localism and budgetary devolution and are only made possible through political bipartisan support.

The success of justice reinvestment in the United States has been well documented. Moves to justice reinvestment are also underway in the United Kingdom.



Developments towards justice reinvestment:

Since 2009, justice reinvestment has been the subject of significant community advocacy within Australia. There are organised campaigns for justice reinvestment under way at the national level, as well as in New South Wales, Victoria, Western Australia, South Australia, the Northern Territory, Queensland and the Australian Capital Territory. Supporters include grass roots community members, service providers, academics, lawyers, police and judges.

Importantly, there is support from victims' groups. Prominent victims' advocate Ken Marslew, has made supportive comments about justice reinvestment in the media:

Some people see it as a soft option, when in fact it is a very powerful tool. Some would be a little reluctant to see offenders have more money spent on them, but if we're going to look at the big picture we really need to develop justice reinvestment across our communities.

Aboriginal and Torres Strait Islander victims' groups have also supported justice reinvestment.

This wave of community support has been instrumental in placing justice reinvestment onto the political agenda. Justice reinvestment has been considered in at least six government inquiries in the past five years. In particular, the 2013 Senate *Inquiry into the Value of a justice reinvestment approach to criminal justice in Australia* received over 130 submissions.

Recommendation 40: The Committee supports the principles of justice reinvestment and recommends that government focus their efforts on early intervention and diversionary programs and that further research be conducted to investigate the justice reinvestment approach in Australia. The Australian Government accepted (in whole, in part or in principle) all of the Reports recommendations.

To date, the thinking around justice reinvestment in Australia has mainly been in relation to Aboriginal and Torres Strait Islander communities. There are persuasive arguments for trialling this approach in the Aboriginal and Torres Strait Islander contexts given the high levels of overrepresentation and disadvantage faced by these communities. The principles of a justice reinvestment approach include localism, community control and better cooperation between local services. These also align with what we know about human rights-based practice in Aboriginal and Torres Strait Islander service delivery.

Beyond these reasons, the reality is that if we were to map the locations with the highest concentrations of offenders, many of these locations would have very high numbers of Aboriginal and Torres Strait Islanders living in them. This does not mean that the concept of Justice Reinvestment does not have universal application, it does.

Community justice reinvestment initiatives

Governments have not yet adopted justice reinvestment in Australia. However, at the community level, it is been seen with some very exciting work about what justice reinvestment could look like in Australia. This section will provide case studies for the Bourke Justice Reinvestment Project, and for an innovative community research project in Cowra.

Bourke Justice Reinvestment Project

Bourke is a small remote town in far western New South Wales with a population of nearly 3,000 people. 30% are Aboriginal and Torres Strait Islanders. Like many similar communities, Bourke has a young population, high levels of unemployment and disengagement from education, and high imprisonment rates. Text Box 4.1 provides more detailed demographic information.

Snapshot of the Bourke Aboriginal community Text Box 4.1:

“Bourke is within the traditional lands of the Ngemba peoples – occupying the east bank of the Darling River around Bourke and Brewarrina. A recent mapping exercise identified the presence of Aboriginal people from over 20 language groups. The traditional owners, the Ngemba, are a minority alongside other major language groups including the Wanggamurra, Murrawari and Barkindji.”

There is a marked gap between the life experiences of Aboriginal and Torres Strait Islander peoples and non-Indigenous residents. For instance:

- in 2011, the median income of Aboriginal and Torres Strait Islander adults living in Bourke was approximately AU\$416 per week, which was 39% less than the median income for all adults (AU\$678)
- 17% of the Aboriginal and Torres Strait Islander workforce were unemployed, compared with 2% of the non-Indigenous workforce in Bourke
- compared with non-Indigenous residents of Bourke of the same age, there were:
 - 31% fewer Aboriginal and Torres Strait Islander 15–19 year olds in education
 - 7% fewer Aboriginal and Torres Strait Islander 5–14 year olds in education.

Bourke faces significant challenges in relation to community safety. According to the Bureau of Crime Statistics and Research (BOCSAR) the Bourke Local Government Area has consistently ranked highest in the state for the rate of recorded incidents of domestic violence, sexual assault and breach of bail in recent years.

Australian Bureau of Statistics (ABS) data in 2011 shows that out of a total 223 Aboriginal young people / young adults in the Bourke Local Government Area, almost a quarter (21%) were on remand or sentenced. This does not include others in contact with the criminal justice system, for instance, those charged and on bail, or those on non-custodial orders. Crimes identified with youth include:

- car related crimes (car theft, stealing from cars and breaking windows)
- breach of bail
- property crimes (criminal trespass, break and enter and malicious damage).

At the same time, service mapping shows there are over 50 community organisations servicing the area and 40 Police. The problems of service integration have been well documented by the New South Wales Ombudsman.

In February 2013, Bourke was the subject of the dubious headline, ‘Bourke tops the list: more dangerous than any country in the world’. While this media reporting lacked nuance and sensationalised issues in the community, there is no denying the depth of challenges that need to be addressed to create a safer community in Bourke.



The Aboriginal community leadership in Bourke has courageously stepped up to take on the challenge of creating a safer community. The Bourke Aboriginal Community Working Party (BACWP), led by Mr Alistair Ferguson, approached Just Reinvest NSW in October 2012. They told the organisation that they had been working over many years to build the capacity of the Aboriginal community. Based on this work, they felt ready to trial justice reinvestment to try and break the intergenerational cycle of offending and incarceration.

One of Bourke’s strengths is the established local governance structure. Since 2002, the BACWP has been the peak representative organisation for the local Aboriginal community. The BACWP includes community members and representatives from 18 different organisations and receives funding from the New South Wales Government.

The Bourke Aboriginal leadership has also developed a comprehensive agenda for change. The strategy and structure is called Maranguka, a word from the language of the Ngemba Nation which, when

translated into English, carries the meanings of ‘to give to the people’, ‘caring’ and ‘offering help’. The first priority of Maranguka is to reduce Aboriginal contact with the criminal justice system.

People have been impressed with the significant community commitment to face these issues in an inclusive way for change.

The National Children’s Commissioner, Megan Mitchell, has also been involved with these community consultations. The involvement from the National Children’s Commissioner has helped to enable the young people to have a voice in this process. There was a watershed moment at the end of a community meeting in October 2013, when one of the Elders said that this was the first time she had seen the young people take part in a meeting like this, and how proud she was of them. One could see those young people sitting up straighter and feeling really valued and heard. This foundation of respect and inclusion helps with broad community ownership of any justice reinvestment plan.

As the project has evolved, the concept of ‘collective impact’ has come to inform the methodology for a justice reinvestment plan in Bourke.

Collective impact explained

Text Box 4.2:

“Collective impact can be summarised as diverse organisations from different sectors committing to a common agenda to solve a complex social problem. Collective impact is based on the premise that no single individual or organisation can create large-scale, lasting social change in isolation, and acknowledges that systematic social problems may only be solved by the coming together of organisations and programs.”

There are five key elements underlying the collective impact model:

- a common agenda for change, including a shared understanding of the problem and joint approach
- shared measurement for alignment and accountability
- mutually reinforcing activities, whereby differentiated approaches are coordinated through a joint plan of action
- continuous communication focusing on building trust, and a backbone of support including the resources, skills and staff to convene
- the coordination of participating organisations.

Collective impact initiatives that have been employed around the world to address various social issues have shown substantive results. Some initiatives targeting complex social problems include those relating to education, healthcare, homelessness, the environment and community development.

Collective impact has synergies with community development and may translate the more conceptual elements of justice reinvestment to a practical level.

With the community support established, the BACWP (Bourke Aboriginal Community Working Party), Just Reinvest NSW and the Australian Human Rights Commission developed a project proposal. In August 2013, this proposal was distributed to philanthropic, corporate and government sectors, and the Australian Human Rights Commission hosted an engagement meeting with funders and stakeholders.

This approach has been successful in establishing funding and in-kind support to commence the justice reinvestment project. Starting in March 2014, for a two-year period, a consortium of partners has worked with, and alongside, the Bourke community to develop a watertight social and economic case for justice reinvestment to be implemented in Bourke. The Bourke Community, the champions and supporters of Just Reinvest NSW and others then have taken that compelling case for change to the New South Wales Government for response and action.



The Bourke Justice Reinvestment team now has the financial support and resources required to pursue this work. The team comprises of:

- **Executive Officer:** Alistair Ferguson is the Executive Officer in Community Development, and is based in Bourke over the two-year project period. The position of Executive Officer is funded by the Vincent Fairfax Family Foundation and the Dusseldorp Skills Forum.
- **Facilitator:** Lend Lease is releasing Cath Brokenborough, Chair of Indigenous Engagement and Reconciliation, to fill the role of External Facilitator, and to be based in Bourke for three days per month.
- **Data Manager:** Aboriginal Affairs NSW has agreed to provide an in-house Data Manager to coordinate the collection and collation of data on Bourke.
- **Data Reference Group:** A Data Reference Group has been established, and includes representatives from the University of New South Wales (UNSW), the ABS and BOCSAR. Both the ABS and BOCSAR are providing data for this project. Aboriginal Affairs NSW will assist the Data Reference Group by conducting data relevant research for this project. As the project's university partner, UNSW will further provide advice on best practice responses to achieve the agreed shared measures.
- **Economic Modelling Team:** Over the next two years, KPMG will lead the work of costing the implementation of justice reinvestment in Bourke. KPMG will also produce an economic modelling of the cost savings for government observers.
- **Project Coordinator:** The project will be coordinated by Sarah Hopkins, Chair of Just Reinvest NSW.
- **Collective Impact Consultant:** Kerry Graham will provide advice on the collective impact framework.
- **New South Wales Police support:** Sergeant Mick Williams, a respected Aboriginal Police Officer and recipient of the Australian Police Medal, has been assigned to support the project and Maranguka more broadly.

- **Project Officer:** St Vincent De Paul has funded a Project Officer to assist Alistair Ferguson for a 12 month term.

The project team has engaged with a range of stakeholders in the community and is currently working with the Courts, Police and other community stakeholders to develop a number of initial circuit breakers. Proposals include an amnesty on warrants for young people in Bourke, and a set of protocols relating to the imposition of bail conditions and the circumstances in which bail will be breached by the Police. The initial focus of this collaborative work will lead to a dialogue on a variety of underlying issues that impact on imprisonment, such as housing, employment and education.

Why is the Bourke Justice Reinvestment Project different?

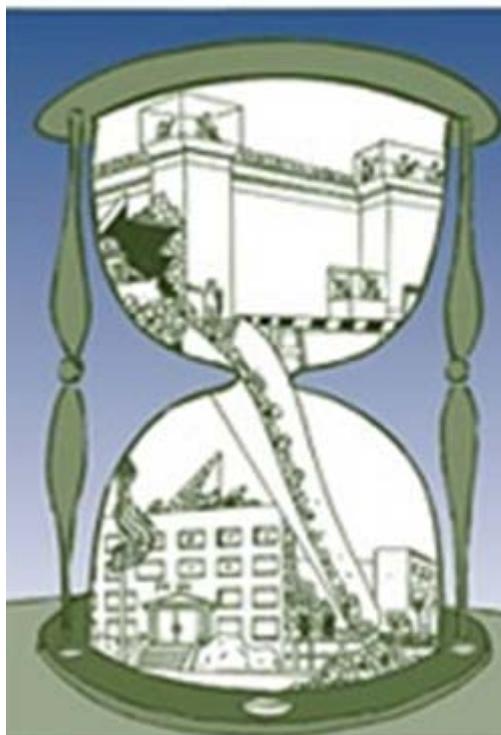
The Bourke Justice Reinvestment Project is an innovative example of communities taking control for positive change. So far, I have identified two key differences in the process.

Firstly, this project is not just about creating a community plan. In many years in Indigenous Affairs, one has seen numerous community plans, often initiated by government. Despite good intentions, many of these plans languished because there was too much emphasis on the creation of the plan, and not enough on building the relationships and commonalities of the stakeholders. Actions always speak louder than words. Or in this case, actions and relationships speak louder than plans.

In the Bourke Justice Reinvestment Project, we are seeing this process reversed. It is no accident that those involved have spent such a significant period of time building relationships and expectations before commencing the project. This goodwill is allowing them to find common ground and shared goals, for instance, around the initial circuit breaker proposals. Developing from the projects, relationships and learning, will be a justice reinvestment plan. The crucial difference will be that it will be built on achievements, not just aspirations.

Secondly, the funding consortium for the Bourke Justice Reinvestment Project is different. While the government is providing support to the project, the major funding and pro bono services come from philanthropic and corporate sources. Government funding requirements can be complex and cumbersome to manage, while corporates and philanthropists recognise and reward innovation. Corporates and philanthropists can also be nimble enough to provide resources more quickly and flexibly. This approach gives the Bourke Justice Reinvestment Project the correct degree of support and flexibility over the next two years.

IDEAS
FOR AN OPEN SOCIETY



**JUSTICE
REINVEST-
MENT**

**To invest in
public safety
by:**

**reallocating
justice
dollars to:
refinance
education,
housing,
healthcare,
and jobs.**

Cowra Justice Reinvestment Project

Researchers from the Australian National University, led by Dr Jill Guthrie, are conducting an exploratory study in Cowra to evaluate the theory, methodology and potential use of a justice reinvestment approach to addressing crime, and particularly the imprisonment of the town's young people.

Cowra is located in the central west region of New South Wales and has a population of 10,000 residents. Aboriginal and Torres Strait Islander peoples make up 6.5% of the population. While Cowra has not received the high level of attention for justice issues that Bourke has, Cowra has been described as an 'ideal case study site' due to its stable population and middle range crime profile. Further to this, there is no direct economic benefit drawn from having a prison in the community. Although the impact of incarceration is far greater for Australian Indigenous populations, the study will focus on issues of incarceration of all young people from Cowra.

Dr Jill Guthrie explains the focus of the research:

This study is a conversation with the town to explore what are the conditions, the understandings, the agreements that would need to be in place in order to return those juveniles who are incarcerated in detention centres away from the town, back to the town, and to keep those juveniles who are at risk of incarceration from coming into contact with the criminal justice system.

Participation in the project by the Cowra community has enabled the team to identify issues underlying the incarceration of its young people. Specifically, community groups and organisations have been consulted throughout the project to assist in identifying effective alternatives to prison which ought to be invested in, such as holistic and long-term initiatives, and better integrated services. Young people will also be interviewed about their experiences and suggestions for change.

The project will continue until March 2016, having commenced in April 2013. The project's outcomes may lead to recommendations for addressing the levels of young people coming into contact with the criminal justice system. Similar to the Bourke Justice Reinvestment Project, the Cowra research will build an evidence base for justice reinvestment that may be used for future advocacy.

Challenges

Five years on, it is worth considering some of the challenges that lay ahead in adapting justice reinvestment for the Australian context, and/or elsewhere, about how to move from the speculative to the practical and how we can learn from the international experiences.

Learning from the United States

The United States is now some years down the track with justice reinvestment. Even in the five years since justice reinvestment was first introduced in Australia, the concept has evolved in the United States and there is now a growing body of evidence and analysis.

Australian researchers have also been applying a critical lens to the way justice reinvestment has developed in the United States, in the context of Australian adaptations.

Australian Justice Reinvestment Project

Text Box 4.3:

“The Australian Justice Reinvestment Project (AJR Project) is a two year Australian Research Council funded project which draws together senior researchers across the disciplines of law and criminology, to examine justice reinvestment in other countries, and to analyse whether such programs can be developed in Australia. Researchers recently visited six states (Texas, Rhode Island, North Carolina, Hawaii, South Dakota and New York) to examine implementation.”

Researchers noted that ‘justice reinvestment has come to mean different things in different contexts’, with a mix of initiatives affiliated with the government funded Justice Reinvestment Initiative (JRI) of the Bureau of Justice Assistance, as well as newer local level initiatives.

At the state level, JRI (Justice Reinvestment Initiative):

Tends to emphasise the passage of legislation enshrining general criminal justice reform and ... typically this is no place-based component and as such, the ‘reinvestment in high-stakes’ communities contemplated in the original vision of justice reinvestment is largely absent. Local level initiatives were more likely to take up a particular issue (eg housing for people involved with the criminal justice system).

Researchers note that ‘worthwhile criminal justice reform is occurring under the justice reinvestment banner’ although it might be different to the original concept.

When one applies some of the research reflections to the development of justice reinvestment in Australia, what strikes home is that the community driven approach of justice reinvestment that is being seen in Bourke is in fact closer to the pure principles of justice reinvestment than some of the initiatives that have emerged in the United States.

Despite the promise of a place-based approach with strong community engagement, the United States experience has become more focused on state-wide criminal justice reforms and investment into community corrections, such as probation and parole services. That is not to discount this approach or the reductions in imprisonment that have been achieved. However, the real underlying power of justice reinvestment has always been in the place-based approach of community involvement and capacity building to create safer communities. In this respect, we are on the right track in Australia.

The current lack of government initiatives in justice reinvestment in Australia may even be a blessing in disguise, as it gives the community the time to set up robust governance, sustainable systems and a ‘watertight case’ for justice reinvestment. With this in place, justice reinvestment will be on community, not government, terms.

Community governance, capacity and involvement are crucial in developing justice reinvestment plans with Aboriginal and Torres Strait Islander communities. Without these necessary elements, there is a risk that justice reinvestment will become yet another well-meaning plan that is rolled out by government but ultimately makes little difference.

This means that doing justice reinvestment well is not an overnight solution. It may take some time to see the returns of investing in social rather than corrective services. However, if communities are in control through this process, the rewards will be deep seated and dramatic over time.

Bipartisan support for alternative to imprisonment

Bipartisan political support is unanimously cited as one of the greatest assets and challenges for justice

reinvestment. All sides of politics need to put aside populist ‘tough on crime’ rhetoric and punitive policies in favour of an economically, socially and morally responsible approach to criminal justice issues.

Unfortunately, over the past five years we have seen a continuation and, in some cases, expansion of punitive policies. We have mandatory sentencing in New South Wales, Victoria, the Northern Territory, Western Australia, Queensland and South Australia. Researchers also argue that tough bail legislation continues to contribute to imprisonment rates.

In the Northern Territory, we have seen some concerning legislation in relation to alcohol, which also reflects this mood of popular punitive policies. As mentioned in last year’s *Social Justice and Native Title Report*, one can be concerned about implications of Alcohol Mandatory Treatment and Alcohol Protection Orders. Both of these measures raise human rights concerns. Alcohol Protection Orders also have the potential to criminalise harmful alcohol use, and may lead to over policing of Aboriginal and Torres Strait Islander peoples, particularly those who are homeless.

At the same time, we have also seen considerable cuts to legal and prevention services. Aboriginal and Torres Strait Islander Legal Services are uniquely qualified to provide culturally secure services, and have the skills to ensure fair representation of Aboriginal and Torres Strait Islander defendants.

Punitive policies emerge because that is what politicians believe the public demands. There is no denying that there are times when heinous crimes do galvanise public opinion around punishment and deterrence, rather than rehabilitation and prevention. Indeed, it is clear that there are some people, including Aboriginal and Torres Strait Islander peoples, who need to be separated from society for a while.

However, there is a serious need to reorientate the conversation towards safe communities. If we can create safer communities, this will lead to less offending which in turn means less people going to jail. This may show that imprisonment is not cost effective in these times of economic restraint. This, then, becomes something we can all agree on. Shifting this discourse is a major challenge but it is a challenge that we have the determination to tackle.

Social Justice and Native Title Report 2014 (amended) Creating Safe Communities



LIFTING ONE'S COMMUNITY'S SOUL CONDITION and QUALITY of LIFE:

Can man lift himself by his bootstraps? Why not? All he has to do is increase his buoyancy and he will effortlessly rise to a higher state. Force cannot accomplish that feat; power not only, but constantly does. Ask for and receive Divine Love, the LOVE, which is power personified!

The main obstacle to man's development is his lack of knowledge about the nature of consciousness itself. Society constantly expends its efforts to correct effects instead of causes. Example; modern health system endeavours to mask the symptoms rather than treating the cause of illness.

All human endeavours have the common goal of understanding or influencing human experience.

Levels of consciousness are always mixed; a person may operate on one level in a given area of life and on quite another level in another area. An individual's overall level of consciousness is the sum total effect of these various levels.

Although the levels of consciousness span great variation, it is not common for individuals to move from one level to another during their lifetimes. The energy field which is calibrated for an individual at birth (or certainly by their seventh year) only increases, on average, by five (5) points, on the Map of Consciousness, over a lifetime. That an individual's level of consciousness is already in effect at birth is a sobering idea with profound implications. Consciousness itself, in its expression as human civilization, evolves slowly indeed, through innumerable generations.

As a child, we typically will calibrate at the same level as our parents, should they be in harmony with each other. If they are out of harmony then a child may reflect the calibration of one or the other parent. Thus our life experience is heavily influenced by the parents of the family that we are born into.

It has taken humanity 2,000 years to grow from an average calibration of 90 to around 210 currently.

Some family groups have overall calibrations in the high 400's. Other family groups have overall calibrations around 100. The life expectancy differential for them is around 20 years! These comparisons can be considered between villages, suburbs, cities, states, countries, etc. Our parents determine the probability of our life experience should we not lift ourselves up by our bootstraps and investigate, and seek to improve our emotional condition being our soul condition.

A one point growth in our calibration is a 10 fold jump in our condition. The calibrations are based on the common log of 10. Thus, any improvement is massive in progressing the potential for our life experience.

We are a personality having a physical experience in a physical body that has heritage linkages, such as Indigenous or European or Australian, etc. It is our soul condition and personality that we need to focus upon, not our heritage.



Like Father – Like Son

Inappropriate use of one's free will result in errors and are frequently manifested from false understandings. In many of Edgar Cayce's readings, he explained that evil / error is man's misuse of the gift of free will. The Creator, Source Soul, allows this, because free will is the only way for any soul to reach its original purpose for existence; to know itself to be itself yet **choose** to be one with the Whole, with the Creator and the creation. If free will is taken away, then the soul (one's real self) no longer has the potential to become an eternal companion with its Creator. As the theological concept goes, man (his soul) was made a little less than the angels but with the potential to judge even the angels. This is why souls who misuse free will are allowed more time to discover their true purpose, even if they do much harm along the way. (page 221 Edgar Cayce on the Spiritual Forces Within You)

The greatest gift that one can give to another is the awareness of the availability of the Father's great loving energy, Divine Love. When this availability is introduced to a person, then the sharing of this understanding has a profound significance when all members of the family are enabled to consider the great gift. In this one is recognising that one's condition can grow in a family setting involving not only direct family members but extended family members. One's own condition is typically a reflection or a mirror of one's overall family's condition. All members can grow essentially as a loving family unit. The problematic issues for all will progressively peel off. What may have been considered as appropriate or acceptable ways of life will progressively be put aside in favour of more loving embracement.

With certainty, when one asks for the Divine Love, one will always receive it. As one continues to ask for the Love, then over time one will physical feel it entering their body. Once received, the Love never leaves you. When one continues with this embrace, for say a year or so, then look back and wonder at the loving changes that have occurred, this is always a beautiful wonderful experience.

UNLOVING PERSONALITY

Soul encrusted with negative and damaging emotions and beliefs held by the mind in the spirit body. Soul is choked of love and the darkness impedes the flow of love which darkens the spirit body and damages the physical body for all to see.

LOVING PERSONALITY

Spirit body mind is clear of man-made negative emotions and beliefs. The flow of love from the soul illuminates the spirit body and brings beautiful harmony and health to the physical body for all to see.



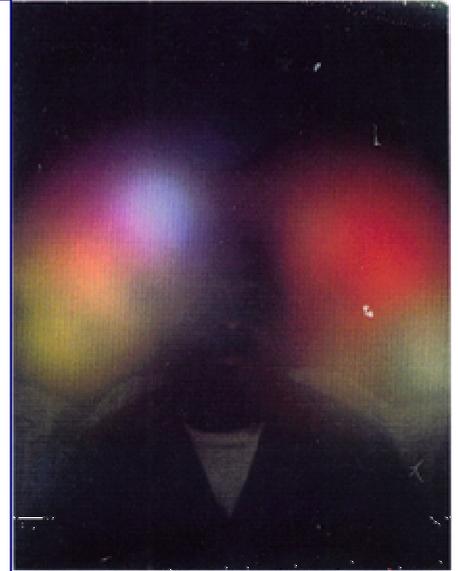
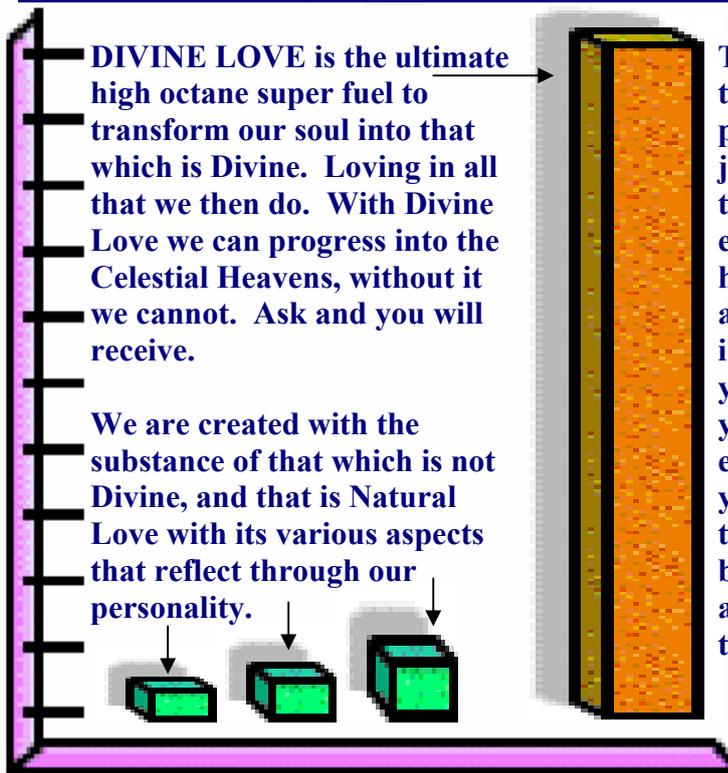
POOR SOUL CONDITION is DARKNESS:

Using Kirlian photography, this is an auric photo showing an individual who is a drug addict... notice no connection with God or Source.

Such soul condition is reflective of the man-made emotions such as apathy, despair, depression, hatred, loathing, etc.

Even when such a personality is in an environment of bright light and vibrancy, such a personality can still only see and perceive darkness.

It is this darkness of soul that fits the person for an environment that is only of darkness. The locations to which they arrive are of perpetual darkness and miserable environments until they, through their own endeavours, grow in love. This can take centuries, or they can embrace the great gift of the Source Soul and ask for the Divine Love.

**DIVINE LOVE being AVAILABLE is our SALVATION:**

The Divine Love is far more powerful than the natural love. If I would have to put a number on how much stronger, just so you can understand what I'm trying to say, I would say 10 or maybe even 100 times. Of course this is purely hypothetical because natural love is only a derivative of Divine Love so it is almost impossible to compare them this way. If you ask for the Divine Love to enter your soul it will be 10 or 100 times more efficient, 10 or 100 times stronger than if you would let the natural love flow through your soul. So it will help to break down "the wall" you've created around your soul 10 or 100 times faster than the natural love would do.

John (Apostle) 19 January 2015

Whilst we are receiving the Mother and Father's Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way the Mother and Father is actually loving us! When we progress, it is our Heavenly Parents' way of loving us into love and then we live what we are, love.

John chatting with Nanna Beth through James:

Wednesday, 28 February 2018

John: My feelings have been that the Australian Indigenous peoples are also subject to the Default. The Urantia Book suggests that the Default by Adam and Eve was about 38,000 years ago, whereas the Australian Aborigines appear to have become isolated here some 60,000 years or more ago. That suggests that the Default may have been a lot longer ago than what The Urantia Book suggests. What timings should we consider for these events and how were the Aborigines impacted by the Default? Similar scenarios may apply with other isolated older cultures also.

Nanna Beth, 3rd Celestial Heaven: Everyone on the world since Jesus and Mary's time have been completely bound – conceived into – the full Default and Rebellion. Pre Mary and Jesus, there was isolated pockets of less impact from time to time, not a thorough mixing, but since their time, everyone has been of it.

The Australian Aborigine was isolated from time to time, however enough outside contact was maintained to ensure the genetic transference of the Default affected all communities, and then you must remember there have always been fallen angels and mind spirits working on people from spirit (the angels up until Mary and Jesus). So psychologically and genetically, the effects of the Rebellion and Default have been well dispersed and thoroughly integrated.

And in fact it's been the unseen work of the mind spirits that have done the most damage, as people in spirit have naturally wanted to 'bring their people up to speed on Earth', so even though considered 'primitive', no indigenous peoples were left out of it, particularly as the Caligastias and Daligastias saw to it that everyone was under their control.

Consider reading:  [Rejected Ones via James Moncrief.pdf](#)

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BIOLOGICAL RACE and HUMAN DIVERSITY:

Heritable race seems as obvious as the colour of one's skin and the texture of their hair. A troublesome inheritance is often considered to be related to genes, race and human history.

Individuals commonly look upon themselves as being the physical body. Thus they polarise their existence upon their family culture and history. At the same time they tend to look at outsiders who may be distinctly different in colour, appearance, religious embracement and culture as being unacceptable.

We are not our physical body. And we are not of the nature and personality that our biological parents are. We each are a unique and beautiful soul connected by a cord of light to a spirit body that is the template of the physical body that comes about by the commingling of the life forces of the body's physical parents. We are attracted to the newly forming embryo. Each and every one of us could have been drawn to be individualised into any family on the planet. We are individuals who commence our self awareness at the time of conception of the physical body of a baby as it commences its short life.



By being attracted to a specific race, culture and that family's religion does not make us any different to anyone else, other than the view we take on board for our physical life's journey. Think of how you would like to be treated. Then treat all other people the same way. Progress in love by developing loving kindness toward one's self, then to a good friend, then to a neutral person, then to a difficult person, and finally toward the entire universe of life!



From the moment of conception / incarnation we absorb the emotions of those within our environment, mostly those of our parents. By the time we are around seven years of age we will most likely reflect the emotional structure / soul condition of one or the other parent. Thus, generation after generation remain within the same soul condition envelope. Our gene structure reflects one's emotional and soul condition. Should we grow in love then genes will adjust to reflect this evolutionary development.

When the environment is one of anger, fear, apathy or such like, then the blaming on of outside circumstances is resorted to. Thus, generation after generation may blame outside circumstances and others for their unsatisfactory life predicaments, when it is of their own making.



Like Father – Like Son



Like Mother – Like Daughter

As individuals within family environments step away from the norms of the family and develop their love of self and the love for others then a shift away from generational patterns is achievable. This can be on significant scales, such as when whole communities embrace love and move into higher levels of soul condition. This can see positive major shifts in the social environment within communities. Educational systems may find students performing better, health systems may have less taxing demands on services, and policing services may have less call on their workforce. All in all, the prosperity of the community grows.

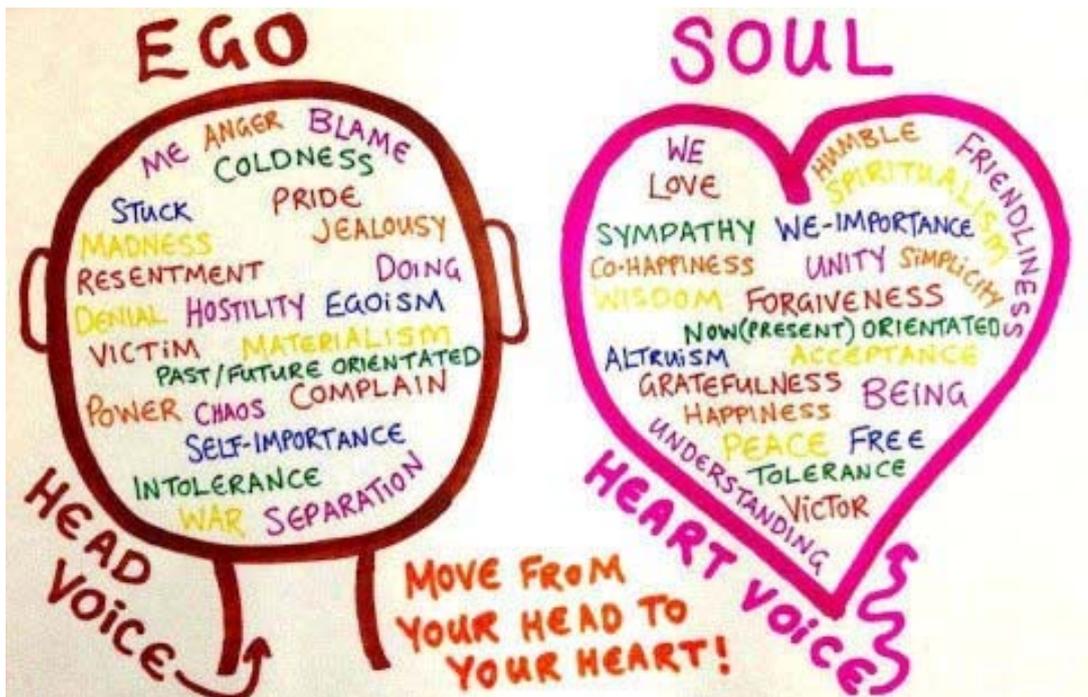
The greatest joy within observing such a development is that old grievances that have been handed down from generation to generation can and are put aside and more constructive agendas then dominate discussion.

Natural Love Flow

Natural love is Creation's love;
 One can swap back and forwards between paths
 I am God
 Intellectual
 Self reliant (trust myself)
 Self-determination way of life
 Mind dominates
 Thinking = Mechanistic
 rational
 analysis
 reductionist
 linear
 Values = Mechanistic
 expansion
 competition
 quantity
 domination
 Adult like
 Control
 Millions of paths (man created)
 Peak possibility is 6th sphere
 time to complete path:
 100 years to over 1,000 years

Divine Love Flow

Divine Love is Soul's love.
 I am God's son/daughter/child
 Emotional
 God reliant (God relationship)
 Soul-spirit living harmony
 Soul dominates
 Thinking = Holistic
 intuitive
 synthesis
 integrative
 non-linear
 Values = Holistic
 conservation
 co-operation
 quality
 partnership
 Child like
 Feeling
 Defined path (God created)
 Peak possibility is infinity
 (sphere / mansion world are same)
 5 years to over 10 years to at-onement



SPIRITUALITY was and will return to be the WORLD'S LEADING WAY OF LIFE:

The ancient Sacred Inspired Books were written for the purpose of teaching early man religion; therefore, man's first religion was the teachings of the Sacred Books.

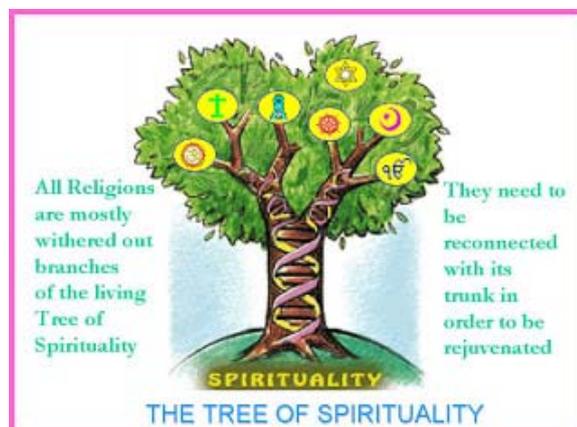
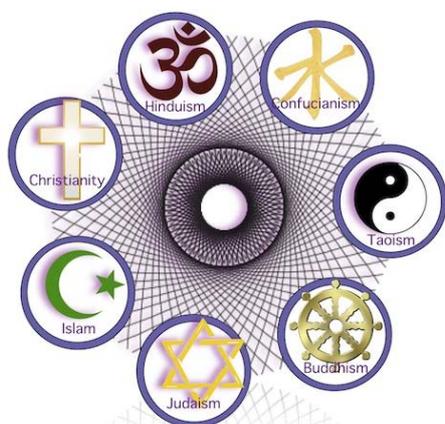
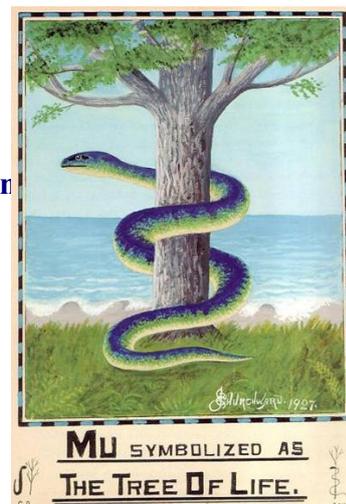
The basis of the first religion taught to man was – Love. The Love of Man for his Heavenly Parents, the Love of the Heavenly Mother and Father for his son, man, and the love of man for all of God's creations.

Man was taught to approach the Creator in reverence but without fear or trepidation, just as a child would approach his earthly mother and father knowing that open loving arms were extended to receive him.

Early man knew no fear of God, the Mother and Father, because he loved the Mother and Father and he knew They loved him in return.

All of the ancient teachings were the same all over the world, it was a universal church without sect, creed, theology or dogma.

Every teaching was plain and simple without a particle of theology. The most ignorant could understand every phrase in it. There was nothing of any kind indefinite. It was impossible not to understand it thoroughly. Man was taught to approach the Heavenly Parents, not with fear or dread, but with confidence, and above all, Love: as a child would run to its earthly father who is standing with outstretched arms to receive it. Love stood at the head of the 12 great virtues, because Love governs the Universe and the Heavenly Parents is The Great Love.



Now all peoples of all faiths and way of life can embrace the universal gift of our Heavenly Parents. This gift was known to the first family and again known in the 1st and 2nd century. Living with the Love is universally being taught through the teachings from 31 May 1914 and ongoing, by our Celestial Friends, and that gift is the light golden blue energy substance being the Divine Love of our Heavenly Parents that is shared with all who so ask to receive it. It is that simple, ask and you will receive the Love substance of God instantly.

God's Divine Love: Pray for it, ask for it, and receive it.
Our Heavenly Parents simply desires for us to ask for Their Love.

GEMS for ALL PEOPLE of all AGES to EMBRACE:

The GOLDEN AGE!

Cause No Harm < to OTHERS
to MYSELF

Strive to love others as I am to love myself

At any time, any where, and in any way you so please:

Approach our Heavenly Parents, in reverence, without fear or trepidation, just as we, as a child, approach our earthly parents knowing that open loving arms are extended to receive us at all times. As one's love grows for our Mother and Father in the Heavens, we come to know with absolute clarity and certainty that our Heavenly Parents, loves you and me and everyone in return, at all times, and that fear is an illusion created by man's mind.

God, who is our Heavenly Mother and Father, is almighty, all powerful, infinite, and all loving. The love of the Heavenly Parents for Their children, man, has been and is always infinite and ever present. As one's faith evolves, one's love for our Heavenly Parents will have no limit. As we grow in Their love, so will we grow in love for all of God's creations and our fellow man.

The Source Soul, our Heavenly Parents, simply desires for us to ask for Their Love.

God's Divine Love: Pray for it, ask for it, and receive it.

"I love you Father." "Let the Divine Love flow its energy into my soul."

"Mother Father, I desire your Love and I am loving you."

"Soul God, I love you and I love receiving and experiencing your Divine Love."

"True Soul God, I am here, I am aware of your Love. Please hear my aspiration for your Love and as I approach you from my soul, I can feel your Love in the way that you are loving my soul."

"Please Father and Mother, may I receive Your LOVE."



Maybe we could simply long for and ask:

Please, Father, I want some more of your Love!



MoC 1,471

DIVINE LOVE ENERGY BRINGS ABOUT HARMONY and PEACE:

The Divine Love energy substance progressively removes man-made energies that accompany errors in belief, injurious emotions and harm from past errors.

The Love of our Heavenly Parents is never withheld from us, should we so ask for it. Barbara Ann Brennan depicts here the anger energies leaving the spirit body of a lady.

When one begins to ask for and receive the Divine Love energy substance, the inflowing of the light golden blue energy expels man-made emotional injuries. It is in this way we achieve forgiveness for past mistakes. It is in this way that we progressively peel away harmful natures of our personality.

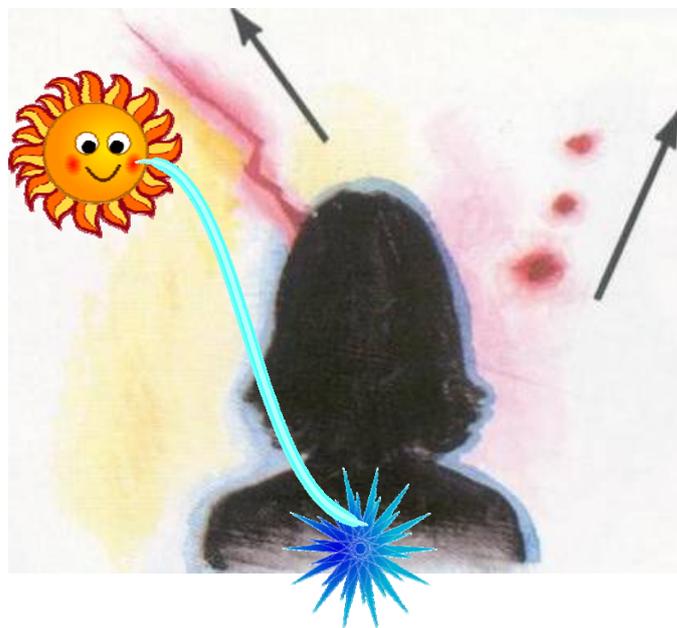
We can struggle for decades with self discipline to step away from harmful attitudes that we generally accumulate during our early childhood, or we can embrace the great gift from our Heavenly Parents, namely the energy substance of Their Love and achieve same within months.

As we progressively receive more and more of the Mother and Father's Love, which never leaves us throughout all of eternity, we find that we lose emotional errors for ever, never to revisit them again.

It is by the progressive receipt of the ultimate high octane energy substance, the Divine Love, that we evolve.

As we evolve, we bring about harmony within our soul, this is reflected through our spirit body in which our soul is connected. As the energy flows rejuvenate with the removal of the energy blockages resulting from the injuries of error, we bring about health to our physical body and a vibrancy to life akin to living in heaven whilst on earth. We live in an ocean of Divine Love.

The real you is your soul.



NATURAL LOVE or HUMANITY's ERRONEOUS EMOTIONS:

Your soul, being your real you, is an emotional being. Your soul, though a thought of God, does not possess anything of the divine within it. It existed in a state of bliss, in a natural love state, pending individualisation which is achieved at conception which is the time of incarnation. Your soul is endowed with natural love emotions noted within the top section of the Map of Consciousness scale, being those emotions calibrating above 200.

MAP OF CONSCIOUSNESS					
God-view	Life-view	Level	Log	Emotion	Process
Self	Is	Enlightenment	700 1000	Ineffable	Pure Consciousness
All-Being	Perfect	Peace	↑ 600	Bliss	Illumination
One	Complete	Joy	↑ 540	Serenity	Transfiguration
Loving	Benign	Love	↑ 500	Reverence	Revelation
Wise	Meaningful	Reason	↑ 400	Understanding	Abstraction
Merciful	Harmonious	Acceptance	↑ 350	Forgiveness	Transcendence
Inspiring	Hopeful	Willingness	↑ 310	Optimism	Intention
Enabling	Satisfactory	Neutrality	↑ 250	Trust	Release
Permitting	Feasible	Courage	↑ 200	Affirmation	Empowerment

Humanity's erroneous emotions are those calibrating below 200 on the Map of Consciousness. The environment around a newly conceived child progressively degrades the condition of that child's soul. When the child reaches about the age of 7, the child's soul condition will reflect the parent's condition. These negative emotions are like a crust around the pure soul it has within.

MAP OF CONSCIOUSNESS					
God-view	Life-view	Level	Log	Emotion	Process
Man made dis-empowering emotions:			↓ 200	All the negative emotions	
Indifferent	Demanding	Pride	↓ 175	Scorn	Inflation
Vengeful	Antagonistic	Anger	↓ 150	Hate	Aggression
Denying	Disappointing	Desire	↓ 125	Craving	Enslavement
Punitive	Frightening	Fear	↓ 100	Anxiety	Withdrawal
Disdainful	Tragic	Grief	↓ 75	Regret	Despondency
Condemning	Hopeless	Apathy	↓ 50	Despair	Abdication
Vindictive	Evil	Guilt	↓ 30	Blame	Destruction
Despising	Miserable	Shame	20	Humiliation	Elimination

MAP OF CONSCIOUSNESS

Level	Log
ENLIGHTENMENT	700-1000
PEACE	600
JOY	540
LOVE	500
REASON	400
ACCEPTANCE	350
WILLINGNESS	310
NEUTRALITY	250
COURAGE	200
PRIDE	175
ANGER	150
DESIRE	125
FEAR	100
GRIEF	75
APATHY	50
GUILT	30
SHAME	20

PERSONALITY TRAITS:

Less than two dozen people on planet Earth.

Would not pick up a weapon let alone use it. These people gravitate to the health industry and humanitarian programs.

Debate and implement resolutions without argument and delay.

Debate and implement resolutions in due course.

Debate and implement resolutions with some degree of follow up generally needed.

Management supervision is generally necessary.

Politics become the hope for man's salvation.

Cause no harm to others starts to emerge. Power overrides force.

Illness is developed by those man erroneous emotions that calibrate 200 and lower.

Armies around the world function on pride. Force is now dominant, not power.

Harm of others prevails, self interest prevails.

Totally self reliant, not God reliant.

Fear dominates all motivation.

Suicide is possible and probable.

At these levels, seriously harming others for even trivial events appears to be justifiable.

Poverty, unemployment, illness, etc., this is living hell on Earth.

A NATION'S or COMMUNITY'S COLLECTIVE SOUL CONDITION:

One's soul condition has direct relationships with all facets of living. To grow and improve one's soul condition is the greatest gift one can give him or her self as it has universal benefits that last for eternity.

Dr David R Hawkins' development of the Map of Consciousness (MoC) and research with kinesiology muscle testing observed the overall calibration of consciousness level of many countries and communities. Developed economies are within the highest brackets. Civil unrest and wars are within the lowest two brackets.

Consider the average life expectancy and per capita income relative to the MoC calibration. Then review the subsequent table for rate of unemployment, rate of poverty, rate of criminality, and happiness rate 'life is okay':

MoC	No. of Countries	Average MoC	Average Life Expectancy	Per Capita Income 2013
400s	10	406	78.50	US\$46,690
300s	13	331	71.77	US\$20,508
200s	10	232	69.45	US\$14,927
High 100s	18	176	69.00	US\$12,283
Low 100s	7	129	61.88	US\$6,560
Below 100	11	66	52.73	US\$5,500
WORLD		212	70	US\$13,100

Correlation of Levels of Consciousness – Soul Condition – and Society Problems				
Level of Consciousness	Rate of Unemployment	Rate of Poverty	Happiness Rate "Life is OK"	Rate of Criminality
600 +	0%	0.0%	100%	0.0%
500 - 600	0%	0.0%	98%	0.5%
400 - 500	2%	0.5%	79%	2.0%
300 - 400	7%	1.0%	70%	5.0%
200 - 300	8%	1.5%	60%	9.0%
100 - 200	50%	22.0%	15%	50.0%
50 - 100	75%	40.0%	2%	91.0%
< 50	95%	65.0%	0%	98.0%

Note:

The Map of Consciousness (MoC) table is based on the common log of 10. It is not a numeric table.

A calibration increase of 1 point is in fact a 10 fold increase in energy.

A calibration increase of 10 points is in fact a 10,000,000,000 fold increase in energy.

Thus the energy differentials are in fact enormous!

Consciousness Calibrations Worldwide	
Level of Consciousness	Percentage of population
600 +	1 in millions
540 +	0.4%
500 +	4%
400 +	8%
200 +	22%
200 -	78%
World wide average	212

Chronic illness indicates a huge denial of the soul.

Illness = out of harmony with love and truth.

It is the release of emotions that are out of harmony with Truth and Love, and the praying for the inflowing of Divine Love that brings about health and harmony to our bodies.

Fields above 500 - Love based
Awareness
Beingness
More feeling based activity, rather than intellectual – in the mind based activity.
Energy field of Love is the one that heals.

Fields 200 – 500 - Doingness
Intellectual
Life is seen as an opportunity.
We are getting closer and closer to truth.

Fields below 200 - Wanting & Craving
Desiringness
Fear Driven
Self hatred
Grudges
Values are based on what one has.
The energy fields below 200 are opposed to life, do not support life.

Violence is never Justified

Kinesiology muscle testing used in conjunction with Dr David R Hawkins' Map of Consciousness (MoC) can determine any one's level of consciousness in relation to the MoC scale within a couple of minutes. Kinesiology muscle testing can be used to determine if any statement held in mind is true or not true within seconds. Using this process anything that can be verbalised can be investigated. One's intent to do something or not do something can be determined, however one can not investigate the future. Past events are easily investigated. Testing has its own security blanket; it does not function when unloving intent is engaged. The level of truth and love of any statement, any document can be determined.

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SELF CENTRED ACTIONS and AGGRESSION HAS CONSEQUENCES:

Any action that causes harm to one's self, or to another, degrades your soul condition. Your soul being your real self.



We may have a big powerful physical body, but our real strength is the condition of our soul. Should we assert our unloving nature and desires, then our soul's radiance and energy is progressively degraded. This can extend to the point where our soul's radiance is nothing more than that of a dried up darkened garden pea. 

Our soul condition is reflected through our spirit body for all to see. Upon entering the spirit world, into the 1st sphere, a healthy loving soul will be reflecting out through a spirit body the same size as that of the physical body whose personality has now separated from that body.



A degraded soul results in a significant diminishment of the size of the spirit body. The poorer the condition the smaller the spirit body – significantly smaller. Further, there is little to no radiance, therefore, little to no light. There is greatly diminished capability in all aspects of spirit life and a great loss of the capability to move about.

In this condition, one is isolated into a very lonely dark environment to begin the long process of recovery and development of love for one's self and for all those around them.

One is always being loved, and help is always available, one just has to learn to accept this offer of love.

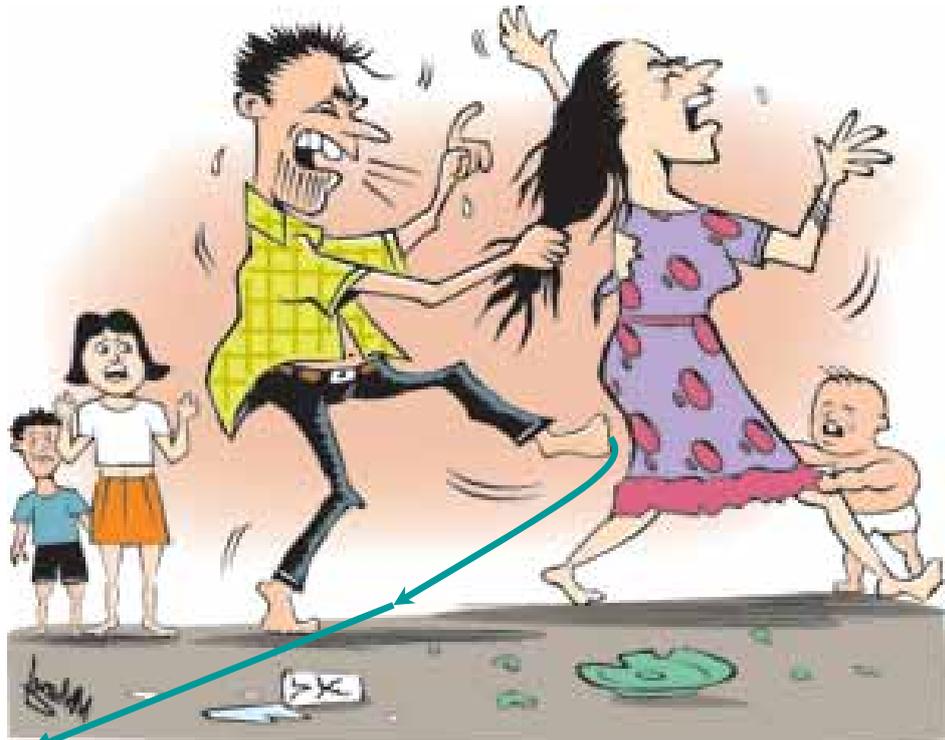
One can always recover and grow in love from what ever condition they may find themselves in.



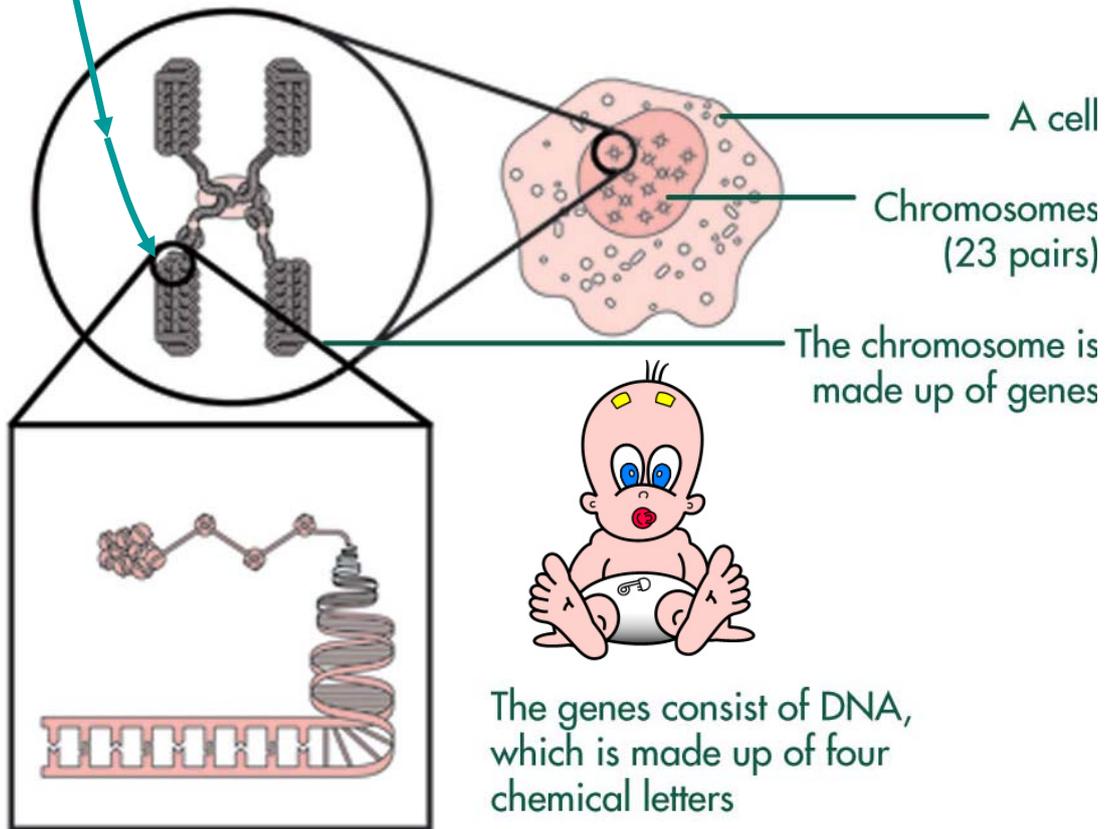
Cause No Harm

Golden Rule: that one must always honour another's will as one honours one's own.

By living true to ourself, true to our feelings, we are living true to God. It's that simple.



Emotional injuries and errors that parents hold are readily absorbed by their children, and these emotional issues can negatively affect their children's genes. Similarly, should the parents resolve these negative emotions / errors then the corresponding repair can appear within the children's emotional structure and physical state including their genes.



HEALTH and HARMONY of the BODIES:

Man suffers from evil and error and disease.

First arises the necessity of understanding how, and by what means these things came into existence, and then it will become easier for the understanding of the means and the way by which they may be eliminated from the life and apparent nature of mankind.



These things, foreign to God's creation, were created by man alone in the excessive and unlawful exercise of his will power in following out the suggestions and desires of his animal appetites, which unduly asserted themselves when man lost a part of his spirituality by his disobedience. Man must understand that these excrescences (morbid outgrowths) to his perfect creation are real and existing, and result in his own damnation and alienation from the good, and are antagonistic to his original and natural condition of perfection – and that they cannot be swept out of existence by the mere assertion that they are not real.

Man must understand that they are the creatures primarily of the inordinate exercise of the animal appetites and desires, and not of the exercise of the mind, and that they are to be eradicated by the same process in reverse order as was used in their creation. The purity of his true being is always besmirched (soiled) by the impurities of his own artificial being, and always will be, until he eliminates these impurities which, as to him and to his fellow man, are real, persistent existences.

As sin and evil are not the creatures of the spiritual desires, but wholly of the animal, then to eradicate from man's being these things of evil and sin, the efforts of man must be directed towards the supplanting of the unlawful and inharmonious animal desires and appetites, by appetites and desires arising from the same source that is in harmony with the laws creating this very source.

The loss of the spiritual aspiration, or the perversion of the animal appetites, similarly causes man to become out of harmony with the Father's laws. Man in order to become free from these foreign parts of his being, must strive, not by a denial of their reality, but by the effort to supplant them. Man is a creator as well as a creature, and as these things are the creatures of man alone, then so far as the being of man is involved, they have a reality which will persist until their creator – man – has destroyed them. Jesus 9 July 1916

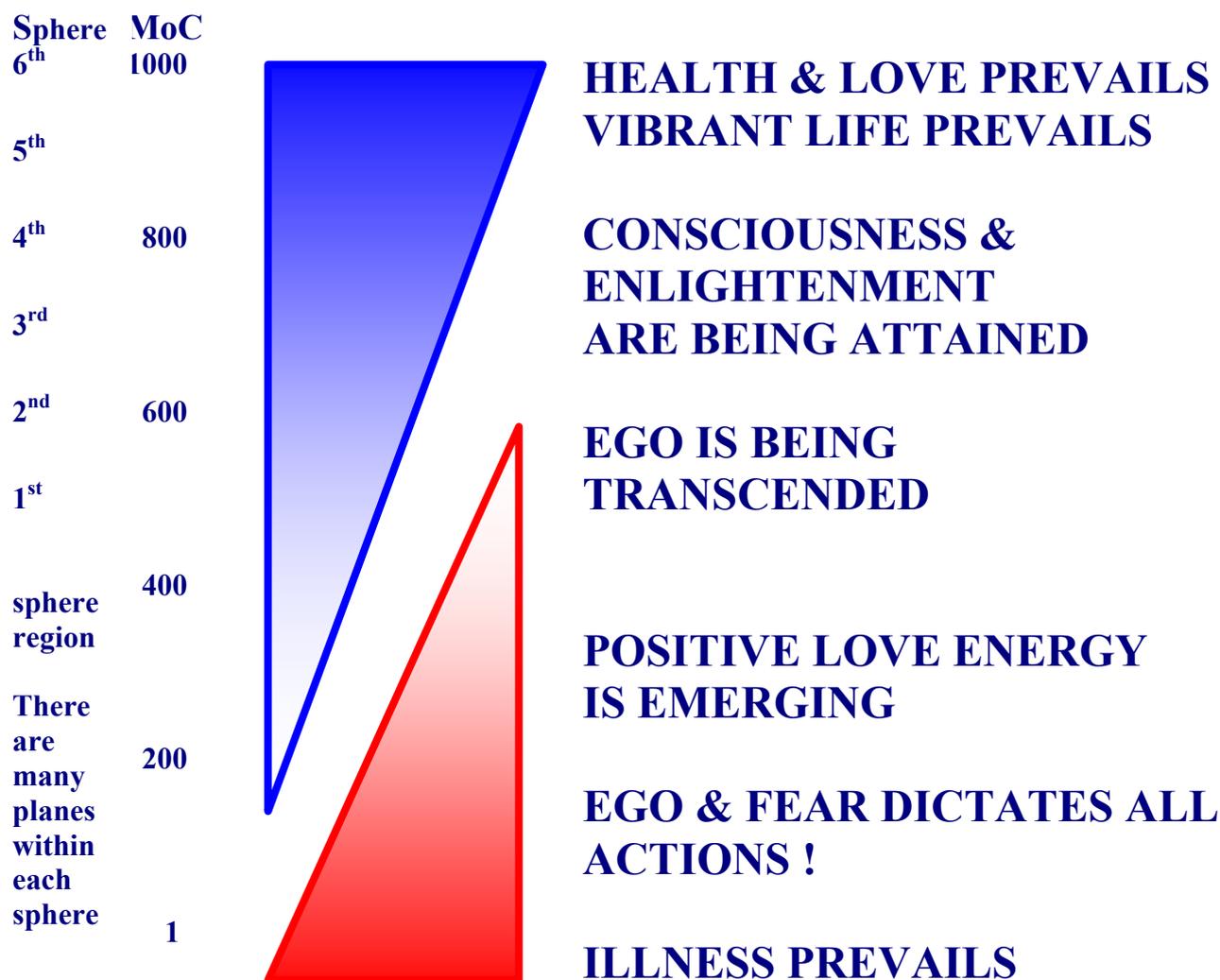
Only by man longing for, asking for, and receiving the Love of God will man be assisted and be able to remove that which is disharmonious to his bodies and rid that which is in error and sinful and disease from his bodies.

Harmony within one's soul brings about harmony in one's bodies and a healthy body. Receipt of God's Love, Divine Love, slowly but steadily brings about health to the physical body.

Never is hatred, nor discord, nor war among men justified – no matter what the cause – and if men will only learn the Truth there will never exist such feelings or acts. Militarism is all wrong. Jesus 25 December 1915

“All dis-ease is mind generated, and all healing is generated by the love energy of one’s soul.”

The Ego (mind based) manifests illness; the lower one’s level of consciousness (soul condition) then the more prevalent will be illness. Below the levels of 200, the ego and fear of the mind dominate; however, as you raise your level of consciousness by growing in love and achieve a level of 500 or higher, you begin to transcend ego dominance. At the level of 600, all healing is possible.



DIVINE LOVE progressively brings about HEALTH of the PHYSICAL BODY:

The way the Divine Love works in a mortal soul is so practical that it takes us some time to see this truth. One’s natural love is slowly perfected by the presence of the Divine Love in one’s soul. As more and more of the Divine Love is asked for and received, progressively, more and more of one’s man-made erroneous beliefs and emotional errors are resolved and dissolved by the light golden blue energy substance. As these injuries progressively leave the spirit body, then health of the physical body steadily returns. As these injuries are permanently removed then a re-occurrence of the illness is impossible. A permanent recovery is then achievable.

TELEVISION and COMPUTER GAMES:

P.230 Power vs Force by Dr David R Hawkins

While the young are being programmed by specialised TV and computer games that glorify violence, their parents are being brainwashed by adult media. Kinesiographical testing showed a fairly typical TV serial caused test subjects to go weak 113 times during a single episode. Each of these weakening events suppressed the observer's immune system; each weakening reflected an insult to the viewer's central as well as autonomic nervous system. Invariably accompanying each of these 113 disruptions of the acupuncture system were suppressions of the thymus gland; each insult also resulted in damage to the brain's delicate neurohormonal and neurotransmitter systems. Each negative input brought the watcher close to eventual sickness and to imminent depression – now the world's most prevalent illness.

Subtle grades of depression kill more people than all other diseases of mankind combined. There is no antidepressant that will cure a depression which is spiritually based, because the malaise does not originate from brain dysfunction but from an accurate response to the desecration of life. The body is the reflection of the spirit in its physical expression, and its problems are the dramatisation of the struggles of the spirit which gives it life. A belief that we ascribe to “out there” has its effect “in here”. Everyone dies by his own hand. That is a hard clinical fact, not a moral view.

What makes the endless television programs, which are concerned with mayhem and its various forms, so attractive? It is because what is being acted out on the screen, where it is safe, are all the forbidden unconscious fantasies in our own psyche. Once we are willing to look at the same movies on the TV screen of our own minds and see whence they really originate, the attraction of such “entertainment” disappears. People who have acknowledged the content of their own shadow have no interest in crime, violence, and fearful disasters. Negative forms of entertainment typically shut down one's immune system for around 24 hours – or longer! TV is a serious health hazard!

Sustained and chronic fear gradually suppresses the body's immune system. Fear is what blinds us to the real dangers of life. In fact, fear itself is the greatest danger that the human body faces. It is fear and guilt that bring about disease and failure in every area of our lives.

We could take the same protective actions out of love rather than out of fear. It is Love that protects us. It is natural love that we are endowed with, being the energy substance that is our soul. It is love energy of the soul that heals our physical body. Should we long for, ask for, and receive Divine Love, then the imperfections enveloping our soul are progressively dissolved and our capacity to heal ourselves is greatly enhanced. It is when we are within a loving environment that one's immune system is activated and strengthened.

To liberate one's real self, one's will, being one's soul, is begun by embracing Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

HOW EMOTIONS EMERGE AS AN ILLNESS: Healing and Recovery P53 by Dr David R Hawkins

Every time someone goes below level 200 (Courage) as per the Map of Consciousness (MoC) scale, we find upon testing that their energy system is imbalanced. Characteristically, most people will 'blow out' one particular acupuncture meridian rather than another.

For example, every time they have negative thoughts or feelings consequent to a negative belief system, they may impair the heart meridian. As the years go by, every time they have a resentment, go into self-pity, or criticise someone else, it disrupts the energy and flows down the heart meridian. This depletes the life energy of the heart, and the continual repetition begins to alter its physiology in very delicate ways. It begins to express itself through irregularities in the autonomic nervous system, which operates in the functioning of the body organs.

As a result, there begins an impairment of the physiology of the heart itself, including the lining of the arteries. As the years go by, the habitual disruption of the heart meridian brings impairment on the physical level, which is an expression of what has been held in mind. That is the basic premise – the body expresses what is held in mind, not vice versa. The body expresses a person's habitual way of thinking.

The mechanics of negativity short-circuit the acupuncture system and the autonomic nervous system. This in turn alters and impairs the sensitive electrical and chemical processes that are going on in the cells, resulting in pathological changes within the anatomy and dysfunction that results in a coronary attack, heart disease, or heart failure. The heart failure comes about partly as a result of years of negative mental attitudes. The mind would like to blame it on cholesterol, stress, one's lifestyle, genetics, what goes on in the family, and so on. These are all merely explanations, excuses, and rationalisation to try to make intelligible that which is not clearly defined.

When looking at the exact mechanics, we see that what we hold in mind begins to manifest on the physical plane because it is the mind that has the power. The mind is within one's spirit body.

One of the difficulties to overcome in self-healing is the willingness to accept the great power of the mind. We cannot let a negative thought go unchallenged. Disease is an expression of one's attitude and habitual way of looking at things.

The specifics of healing a particular illness consist of (1) letting go of resisting the sensory experience of it, (2) no longer putting names or labels on it, and (3) using no words at all. Welcome experiencing what you are experiencing in a very radical way at the same time (4) cancel the thought form and belief system, and (5) choose the energy field of Love, which heals.

To put oneself in an energy field of 540 is to automatically heal oneself. A loving thought then heals, and a negative thought creates illness.

How do we pick up the negative belief systems? We pick them up through television and well-intentioned people. Their intention is to prevent these illnesses in us by educating us about them. Instead, we find that the mind is now programmed to accept a specific belief system. Unconscious guilt then comes up and utilises that belief system, which causes an impairment of energy flowing through the energy fields that run down through the twelve meridians of the acupuncture energy system.

That being said, there is no need to analyse one's condition, just receive healing by embracing, longing for and asking for the light golden blue energy substance being the Divine Love.

The healing of the body alone should never be forced. Complete healing takes place only through the Soul, via the spirit body, via the nervous system and the spirit consciousness of each cell.

HARMONY within the SOUL = HARMONY within the PHYSICAL BODY:

Emotional injuries, erroneous beliefs, harmful intentions are all damages encrusted upon one's soul. Such injuries are to the spirit body in which the soul is nested.

Such man made errors degrade the pristine soul and such damages impact upon one's spirit body which in turn emerge as discomforts, then pains, then as illnesses within the physical body.

Medical assistance and treatment may alleviate the illness / pain however the cause remains.

Until we endeavour to remove the errors and injuries, the propensity for the illness remains.

Love energy from the Father is the only substance that alleviates and progressively removes errors and injuries, and this Love energy is the only substance that permanently brings about harmony and health for our soul which subsequently brings about health to our spirit body and physical body.

Earnestly pray for, ask for, and receive the Love from the Father, such Love will always be provided to those who ask for same – always!

ASK! **ASK!**
Ask! **ASK!**
ASK! **ASK!**



Ask for, long for and receive our Parents' Divine Love.

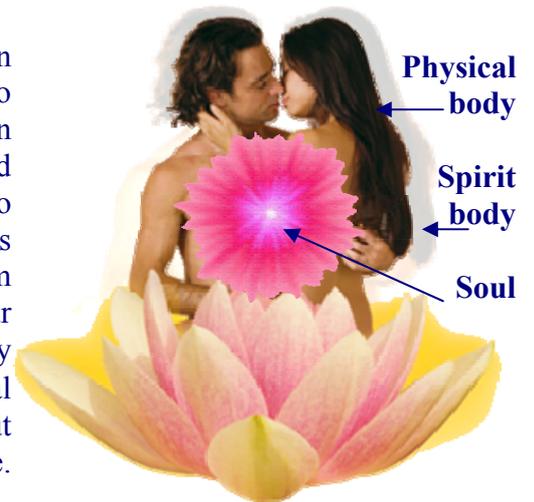
The energy substance of Divine Love assist in releasing errors.



The Love will grow one's soul in radiance.

The REAL YOU is the SOUL:

One's personality, natural intelligence, memory and human attributes all are soul based. The soul initiates conception so it can start expressing one of its two personalities in Creation. It creates the will, then 'wills' the spirit body and physical body and all that connects them with the will into being. Our soul constantly sustains or expresses us, one of its two personalities, in Creation. The spirit can't separate from the soul because the soul keeps it in existence. We need our spirit and physical bodies to experience our personality through. When the spirit body separates from the physical body, one continues on living in a different form without losing any of the attributes experienced during physical life. Incarnation is the process of individualisation of the soul.



Without a soul, our physical bodies would function and interact similarly to that of a domestic animal. An unsouled human body (thought not possible) would respond like a household puppy! Domestic animals calibrate on Dr David Hawkins' Map of Consciousness between 200 and 250, the human body calibrates at 200. All animals have spirit bodies, these do not survive into the spirit Mansion Worlds. Our SOUL IS NOT ENSOULLED IN OUR SPIRIT BODY. Our soul exists existentially in a whole different level or plane or place or dimension of being – 'soul land'. It doesn't exist in Creation, it's not experiential like Creation is. The soul, all souls, help create their part of Creation by expressing their personalities into Creation, and then by having their personalities do things (further create) in Creation.



Our first parents, Andon and Fonta (also called Aman and Amon), were the first to exhibit human perfection hunger some one million years ago (993,500 years ago). Adam and Eve, Adamite bestowals, arrived some thirty eight thousand years ago – or earlier.

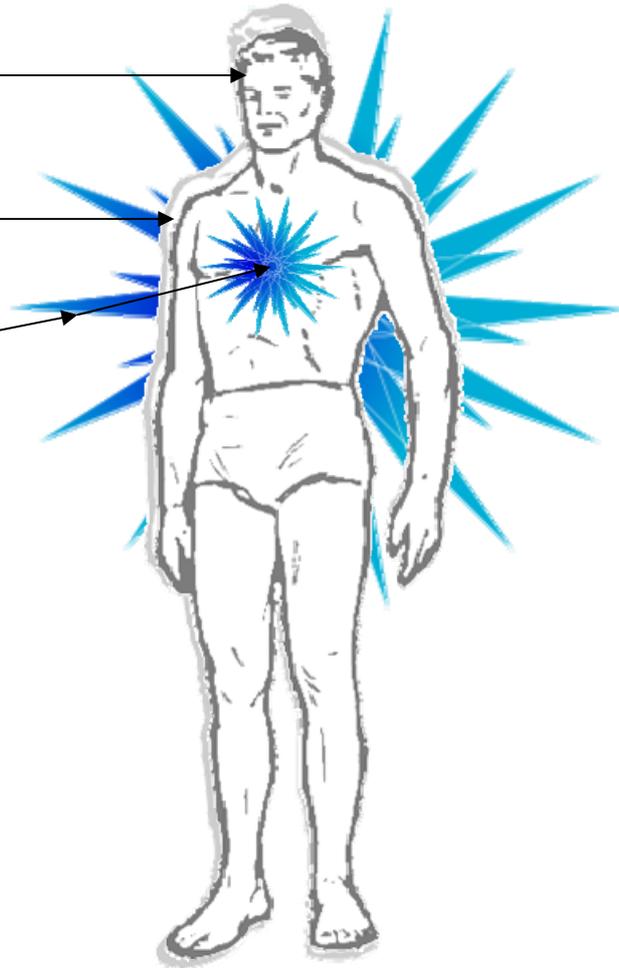
Aman and Amon were the first True Humans, which means, the first soul expressing its soulmate pair, its two personalities, in Creation – on Earth. From which came forth the rest of us. So they had a soul from the start, which separated them from their animal parents. It's the soul that wants to fully express itself through its two personalities perfectly in Creation, which is the so-called 'human perfection hunger'. It, our soul, wants to be Perfect like its Heavenly Parents, the Soul that Created it. We, focused as personalities, want to be perfect, like the Personalities of our Mother and Father that are Perfect. Our soul wants to be like Their Soul. Our soul wants to ascend us to Paradise so we can be with Them, as physically close to Them on a personality level that we can be, and then see what happens.

There were aunts and cousins, parents and grandparents. But they were not human like Aman and Amon – they were really animals, though of the same species. Aman and Amon wandered off from the family, since they could find no way of relating to them at all. How could they? They were incapable of rational thought, speech, or anything human. Aman and Amon knew that forevermore that they were apart.

Aman and Amon may have been twins. They were indeed a primate species of humanoids. But they, themselves were more beautiful than their animal relatives, and they knew, even from their very appearance, that they were marked even by Nature to be different.

ASPECTS of LIFE:

<u>Physical / material body</u> Brain	→
<u>Spirit / etheric body</u> Mind	→
<u>Soul + Spirit Combination</u> Senses Desires Memory Passions Intention Free Will Emotions Creativity Awareness Personality Aspirations Intelligence Consciousness <u>The Real You</u> <u>is your Soul!</u>	→



The spirit body is composed of a different kind of matter, "finer" or more "ethereal". The fact that its aspect reflects the condition of soul is a clear indication that the soul influences largely its formation, and even more, the soul is indeed the creator of this body, which covers it and provides it with the characteristic of individuality. The formation of the spirit body begins at the moment of incarnation of the soul in the foetus, incarnation which only takes place should there exist a high probability that the spirit of life has found in the new organism a stable biological structure, allowing it to carry out its life-giving function.

P529 Judas of Kerioth 8th May 2002

At the moment of conception, we incarnate, that is, we achieve individualisation and become self aware and we are then able to exercise our free will.

At the moment of conception, our soul, being our real self, is creating the newly forming embryo and everything else every step of the way as Judas says above. And our soul utilises our parents' life forces to achieve incarnation.

At the moment of conception, there is nothing of the Divine within us. Only as we proceed to ask for and receive Divine Love does our soul slowly and progressively change into the nature of that which is Divine. As our soul receives Divine Love, and embraces Feeling Healing, it will grow, and grow, and grow in brilliance and into that which is Divine.

The SUBSTANCE of The LOVE brings about PHYSICAL HEALTH:

December 5, 2003

<http://new-birth.net/contemporary-messages/messages-sorted-year/messages-2003/millions-of-souls-millions-of-paths-ks-5-dec-2003/>

"When you know that you are souls with a spiritual body and a physical body, and that these two bodies reflect the condition of your soul, then how can there be any question about which part of your being is the most important?"

"If you want to be well and healthy, happy and strong, then you must see that it is important for you to get your souls into the highest and best condition possible."

Apostle Peter

In the same way we will go about achieving our very personal and valued goals so will we go about creating harmony within our communities and peace worldwide.

"The opening up of the soul permits a permanent exchange with Divinity, a permanent recharge of this healing energy that allows not only the re-establishment of lost health, but the continuity of health, providing such a perfect balance, even in the physical body, that noxious agents like bacteria and virus cannot find any opportunity to unchain pathological reactions, which we commonly call illness.

"But it is true that people without the benefit of Divine Love would lack the protective shield, which the intrinsic healing energies of Divine Love provide for those who pray for our Heavenly Father's Grace."

Judas – August 19th, 2001

Divine Love is the Great Gift that God desires to give to the heart-soul that asks, yearns and seeks for It. It is unconditional Love *conditionally* given that requires no preparation. It is conditional only because Divine Love cannot and will not be given to any person without that person first asking and yearning for It.

We Inherit our Emotional Errors from the Environment around us during Childhood:

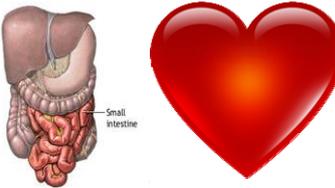
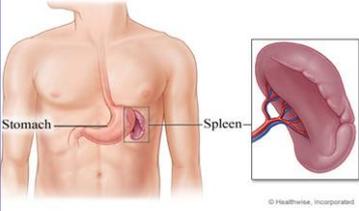
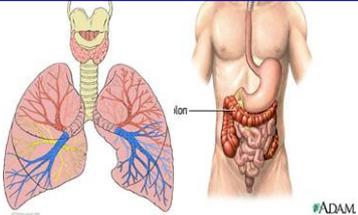
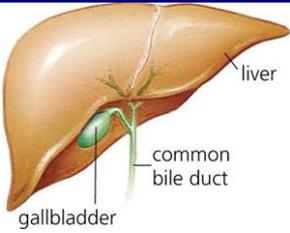
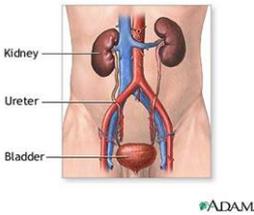
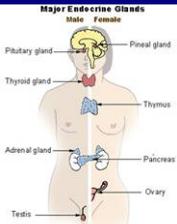
We are to build but one temple. The Temple of the Living God is the blending of the greater (Divine Love) with the lesser (natural love) through which the lesser becomes one with the greater. The impurity was caused by the separation of the lesser from the greater. The purity is caused by their union, so that no longer is there a greater and a lesser but just the one good, whole, pure air of at-onement. When you let the Love of the Father pour through you to all things, nothing fears you and no harm can befall you. It is separation from the Source Soul, Father, which has caused sin / error, sickness, poverty, and death. It is union with the Creator, Father that causes one to become a whole Being or to become conscious of being whole.

Life and Teaching of the Masters of the Far East Vol I by Baird T Spalding.

Note: Following the writings of James Moncrief, one could consider that any reference to the Father, by other relevant writers, may be read as a reference to 'our Mother and Father'. Further, when considering soul healing, then reference to Divine Love could be referred to as 'Feeling Healing with Divine Love'.

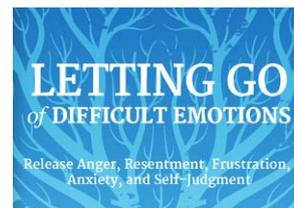
EMOTIONS affect SPECIFIC ORGANS:

Emotional injuries and held errors have specific energy signatures and vibrations. So do each part of our physical body. Errors held within one’s mind affect the flow of energies through one’s spirit body, the spirit body is the template of the physical body. The resulting energy flow constrictions then initiate issues, and then pain, and then illnesses within the physical body.

Organs	EMOTION CODE™ CHART		
	Column A	Column B	
	Row 1 Heart or Small Intestine	Abandonment Betrayal Forlorn Lost Love Un-received	Effort Un-received Heartache Insecurity Over joy Vulnerability
	Row 2 Spleen or Stomach	Anxiety Despair Disgust Nervousness Worry	Failure Helplessness Hopelessness Lack of Control Low Self-Esteem
	Row 3 Lung or Colon	Crying Discouragement Rejection Sadness Sorrow	Confusion Defensiveness Grief Self-Abuse Stubbornness
	Row 4 Liver or Gall Bladder	Anger Bitterness Guilt Hatred Resentment	Depression Frustration Indecisiveness Panic Taken for Granted
	Row 5 Kidneys or Bladder	Blaming Dread Fear Horror Peeved	Conflict Creative Insecurity Terror Unsupported Wishy Washy
	Row 6 Glands & Sexual Organs	Humiliation Jealousy Longing Lust Overwhelm	Pride Shame Shock Unworthy Worthless

LETTING GO with The LOVE:

Find a comfortable position to relax and be still and free from interruption. This may be for a few minutes or as long as you may please.



Long for and ask our Heavenly Parents for Their Love, the ultimate high octane super fuel being the light golden blue energy substance of Divine Love. Each little drop of the Divine Love received whilst doing one's Feeling Healing prompts one a little further. Ask for assistance and the Love to enable held errors of thought and belief to be released. One's personal intent and involvement in letting go of past incurred difficult emotions is most beneficial.

Step 1: Focus on an issue that you would like to feel better about, and then allow yourself to feel whatever you are feeling in this moment. Identify the negative feeling. Focus quietly on the feeling. Breathe into the sensations and allow them to be.

Step 2: Ask yourself one of the following three questions:

- Could I let this feeling go?
- Could I allow this feeling to be here?
- Could I welcome this feeling?

The mechanism of letting go is concerned with the emotional “what” from moment to moment, without involving the intellect. What is the benefit of this emotional feeling? What is the point of holding this hurtful belief at all? One may start laughing at the absurdity of long held errors or injuries upon reflection. **Breathe into the sensations and allow them to be.** Your willingness to accept the sensations may intensify them. This is okay.

Step 3: No matter which question you started with, ask yourself this simple question: Would I? In other words: Am I willing to let go?

Step 4: Ask yourself this simpler question: When? This is an invitation to just let it go NOW.

Step 5: Repeat the preceding four steps as often as needed until you feel free of that particular feeling.

The only way we can truly let go of them is by SPEAKING THEM OUT OF US, getting right into them with the feeling, and emoting and expressing it – whilst longing to see the truth of it...

Our willingness to let go thinking and accept what's happening is our ticket to inner freedom. Each time you sense a disruption inside, turn down the volume on the thoughts, breathe into the sensations and allow them to be. This is what we need do to let go. Simple. The challenge comes in being vigilant with letting go all negativity – no exceptions.

This process is ever so freeing and uplifting, though sometimes difficult.

Reference: ‘Letting Go – The Pathway of Surrender’ by Dr David R Hawkins

**Feeling Healing
with Divine Love is
the key!**



FEELING HEALING versus other EMOTIONAL PROCESSING METHODS:

Thursday, 13 July 2017

Hi James and Nanna Beth

(questions from John)

The question to address is:

What is different with the outlines of the Feeling Healing process as against the numerous other emotional processing methods?

Nanna Beth, 3rd Celestial Heaven: The difference is the focus on the truth: uncovering the truth of yourself through your feelings – uncovering the truth of your feelings. It's a rebellion against the Truth, so if one doesn't want the truth, nothing will happen, one will only move deeper into one's rebellion against it.

And because the focus is on the Truth, so one can use it all the way to uncover the Whole Truth of Oneself. And there is nothing else teaching that.

All the other systems that involve looking to feelings to some degree fail to understand the deeper significance of wanting the Truth. Many people uncover some truth of themselves through their feelings, but mostly they end the process because they don't want to follow it right the way through, which means they only want to heal some momentary pain, and once that is done, are usually happy to continue on in their untrue state.

And because one is wanting to uncover the whole truth of oneself, then it becomes a full spiritual experience, and one that can be done by oneself, so without needing help from another, although at times help is sought and used. So the Feeling Healing embraces Healing the whole seven Mansion Worlds worth of self- and feeling-denial, which is the complete Rebellion and Default. Other systems might only work at some aspect of it, limiting the ascent of truth through all the Mansion Worlds.

And basically no one understands the absolute depth of the problem within themselves, which is only borne out by people and spirits doing their whole Healing. Much of the current psychological understanding falls well short of understanding the depths that are involved because they don't include the overall problems brought about by the Rebellion and Default. You have to understand you are rebelling against yourself: the truth of yourself, and so against your own soul; which is then the truth of God, so the Mother and Father; and that also includes the truth of Mary and Jesus. So at some point you have to rectify all those relationships, which you can't do unless you understand the bigger spiritual picture. And so that's what James has revealed, taking all Marion has said, all the books offer, adding his own stuff, and putting it all together as a way of life, a spirituality that can be lived, and one that initially focuses on Healing oneself of all one's wrongness.

Why have all other methods of releasing and delving into emotions not been successful?

Nanna Beth: Because they don't understand the scope of the problem, as I said above. They are not approaching it from the point of view of understanding the nature of one's Repressed Childhood state, the extent of that; and then how one needs to allow oneself to feel all the bad feelings, not reject them; and then bring them out, which is the releasing of them; all whilst wanting to know the truth of them – the truth of what you are feeling. And that truth is what needs to come up within you so you can heal your will and become a truly functioning person, fully self-expressive, self-loving, and growing continually in truth.

All the other systems work within the control of the mind, so once the therapy ends, the mind regains control albeit in a different way. Only the Feeling Healing and Soul Healing with the Divine Love, seeks to entirely break the control of the mind over one's feelings.

Why haven't other methods been going deep enough?

Because people are basically afraid to push into such early childhood trauma without understanding where they are going or what it's all about. The leap of faith is too great, as it would mean they would have to rise above and conquer the Rebellion and Default within themselves, and that's simply too much to ask. The negative truth-denying systems within everyone are too deeply entrenched.

However the spiritual structure outlined by James provides a structure that allows you to deal with the Rebellion and Default, allowing you to maintain your faith, and evolve it, as you progress in your growth of truth – it gives one a picture to work with. Very few people, and possibly only Marion in fact, are able to press on into such dark depths without any structure and with only a faith that it's what she and God want to do.

I (Beth) couldn't have done it Marion's way John, I wouldn't have allowed myself to feel such pain, I needed to understand the bigger-picture reasons as to why I was in such pain, and be given the understanding that if I kept at it, one day it would end. Marion doesn't know it will end, she just keeps going one bad feeling at a time, which requires a tremendous amount of faith and over so many years and through so many inner obstacles; and still she doesn't know if it will end, but as she says, there is nothing else she can do other than keep going because she tried everything else. And she doesn't want to let her mind come in, only wanting to stay true to her feelings, so she doesn't want to know about the bigger picture even though she has worked it out along the way for herself and for James to understand which he's worked into his books.

So the spiritual aspect or approach James has provided, even if it's not actually talked about; the simplicity of honouring your feelings, and in particular your bad ones, then by accepting them you allow them to have their say, so you express them, all whilst longing for the truth, includes all one needs to know. And so by doing that, one will be able to fully Heal themselves working it out along the way for themselves; and even if they don't understand it, will be living the highest truest spiritual life one can live in one's wrongness, which in time will lead to one's Healing of one's rebellion and default.

On the surface of it, what James has related seems overly simple, but doing it yourself, and see what happens and what results; and that will take one deep into oneself uncovering the whole truth of oneself.

Many will consider that what they have been doing is adequate – why are they wrong in their understandings?

Nanna Beth: Because they don't understand what it's really all about. They don't understand the mind is in control of their true feelings, and that needs to be stopped. They don't understand the significance of their rebellion against the Truth, and how that happened by default. They don't understand that it's about uncovering the whole truth of yourself through your feelings, all your feelings, but focusing to begin with on your bad ones because they are what most people don't want to see. Everyone else sees it that they are doing this feeling type healing to make themselves better, to rid themselves of their pain and trauma, so instead of taking a pill to take the pain away, they are using some sort of emotional clearing system. But that is all still to take the pain away, to fix themselves, to heal themselves, to effectively take a pill so it all goes away, just like what the 'Divine Love people' hope the Divine Love will do for them, but it's not to uncover the whole truth of themselves. We have to see the truth of our

pain, why we're in it, how it all came about, so what really went on in all our early relationships. It's not about doing anything that just takes all our suffering away. We have suffered for valid reasons, which all have to come to light. And so only emotional and feeling accepting systems to help one see such truth of one's pain and suffering are of any worth. And unless you uncover the whole truth of yourself, you'll never set yourself free of your rebellion and default, of all your soul pain. And the truth means to see the whole truth of why you feel unloved, how unloving your early relationships were, why you don't love yourself, why you are unloving, why you are evil and wrong, which basically no one wants to face.

So to summarise: We all have to see the truth of our unlovingness. We can't avoid it – deny it. We have to face it and feel all it makes us feel. And all those bad feelings lead us into the truth of it. So we have to understand – bring to light through our feelings – all the truth of our unloved, negative, evil, wrong state. And then once we've done that, we can be free of it. So until you uncover and feel the whole truth of it, it will never leave you, you'll remain in rebellion against yourself, you'll continue to be unloving.

I have considered with James, that Marion and he actually represent the two extremes of what is involved in soul-healing. I have found one such writing by James, back in 2006, that points to this. My feeling is that their two extreme ends of the experience matrix makes them perfect for bringing together the understandings that will benefit all people, no matter what their circumstances maybe.

Nanna Beth: If we accept that Marion and James are the Avonal Pair here to reveal the essential truths to humanity about how people can Heal themselves of their rebellion against the truth of themselves, then what you deduce is correct, for they have between them had to take on every negative aspect of the Rebellion and Default and so Heal it, which is healing all the circuits on a technical level, thereby opening the way for humanity to follow.

So if you consider this John, it is pretty amazing that two people can take on all the denial humanity is in, approaching it from opposite ends, which equates to the effects of the Default of Eve and Adam (following on from the Rebellion), and that such wrongness can be concentrated into two family units, and mostly in two parent pairs (being Marion's parents and James' parents). And so what is the likelihood of that? And then for them to live in the same city being the first children of such 'bloodlines of denial', and meet each other, and at a time needed to give themselves all the time to systematically work their way laboriously up through all the negative mind and will circuits. So to be subjected to so much woe, and to be able to keep going with no help from anyone other than each other, and a little backup from the spirits and the Mother and Father on James' side, yet with that involvement opening up even more messed up and corrupted mind circuits he's had to work his way through.

So if it is true they are the Avonal Pair, it shows us all just how incredible the soul of the Avonals are, to be able to go into such corruption, taking it all on, and then working it all through and Healing themselves of it, all basically without any real help from anyone, so just on faith and pure longing for the truth.

And should they reach the end of their Healing before they die, and should the truth then be fully declared that they are the Avonal Pair, even going against all what The Urantia Book (TUB) says, they having to uncover the truth in all things whilst rejecting the untruth such as in TUB and Padgett Messages (PM), with nothing having been straightforward and of any real help, then it will be cause for major celebration.

And it's what we are preparing for, what you are too John, to see if Marion and James are indeed the Pair, and then to give them all the support they will need to do whatever it is they are to do in the public sense. This is all their private work so far, of which you and I have become substantial parts of, the doing of their Healing preparing themselves for when they are Healed.

And if it turns out they are not an Avonal Pair, they are only just a pair of ordinary mortals who've somehow managed to keep going, dealing with all their pain, longing for and bringing to light all the truth of it, then they will be the most extraordinary mortal pair because they will have been the one's who broke the back of the Rebellion and Default. So either way you look at it, it will be quite an achievement.

And so we are all waiting to see if the theory is realised by such Avonal-truth awakening in their soul at some point, for then we will all know it will be true, just as they too will know. For now Marion doesn't contend with any of it, and James only on a mental level because of what the Melchizedeks told him years ago, but it all has to come to them through their feelings like all truth, which will only happen once they've fully Healed themselves or toward the end of their Healing. Because in the meantime, whilst they are still in their wrongness and denial of truth, part of that denial is denying the truth that they are Avonals. And again the whole Avonal business has been yet more problems and negative circuits James has had to personally work through, whereas Marion has solely focused on only dealing with her feelings, not having to contend with all the other mind stuff.

James, when you feel up to it, may I have your observations please? And Nanna Beth, your angelic eye on this subject would be most helpful, if you please?

These two subjects are possibly leading to the crux of what we are sharing through the Pascas Papers. I now see that these 'colourful' handouts are essential in introducing and supporting the major publications of James Moncrief and James Padgett.

Nanna Beth: The handouts will help introduce people to such writings. But what I want you to understand John, is really it's James – because of his writings (and Marion, because she is leading them both in it all) that is what's most important. The Padgett Messages (PM) are really to be included in James' work, which he does, by taking the crucial parts and integrating them into his work – with the most important truth being that about longing for the Divine Love. So really the PM are secondary.

As you understand, the Padgett Messages can't heal you. The Divine Love is about immortality of the soul and becoming divine, it's not about ending your rebellion against the Truth. And ending the rebellion needs to come first: the Truth then the Love, then the Divine Love can be introduced, even though of course the Divine Love can be introduced at any time.

So really one need only work with James' (and Marion's) work, which includes longing for the Divine Love. People are to look to them first, and then later to Mary and Jesus. To put Mary and Jesus ahead of Marion and James can cause you problems because you will overlook what Marion and James are revealing. But as Mary and Jesus are known and with such importance placed on Jesus, and now with the PM and the Divine Love, so it's all the more confusing. Even added to by James having written focusing on and making Mary and Jesus more important than himself and Marion.

But as I said, it's Marion and James first, then Mary and Jesus and the Divine Love. And Marion and James are more than capable of also introducing the Divine Love and the truth of Mary and Jesus, which they would have done had Mary and Jesus not come to Earth. So really Mary and Jesus are not needed, and as I said, can get in the way, causing people to focus too heavily on them whilst missing the more

essential truths of having to do your Healing by looking for the truth of your feelings (the 'Divine Love people' being examples of this). However with Mary, and Jesus in the PM, being so dominant, it is all just more of the confusion and part of the rebellion. And at the same time I don't want to downplay Mary and Jesus and lead people to believe they are not as important as Marion and James, for they are most important, and much more important being the Creator Pair of Nebadon, and Marion and James would rather not exist than have people think they were more important than Mary and Jesus; but as you understand, I'm just trying to put the revelation of truth into context, because it's all being revealed round the wrong way.

People and spirits were given the opportunity to deny Mary and Jesus whilst they were on Earth, taking the Rebellion deeper; and then to further deny them right the way through their age; and now further still by including the PM. And now people will be given the added opportunity of denying Marion and James, which all ends up being one huge mess. And one in which only Marion and James can unravel. For I am only saying to you now what James has already written and what Marion and he have talked about. I wouldn't dream of taking anything away from them, and it's not my place to do so.

Firstly, consider discovering the truth of your emotional pain and injuries.

Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.

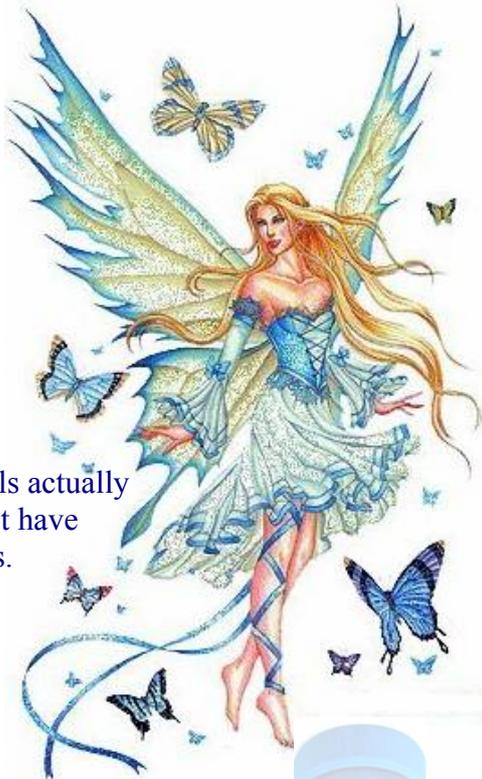
Primary and most important readings are the writings of James Moncrief.

Then consider the Padgett Messages, and then The Urantia Book.

Love from us all over here – your Nanna Beth.

LUMINOSITY of the SOUL grows with LOVE:

DIVINE LOVE is a SUBSTANCE



Angels actually do not have wings.



One's soul can grow from the condition of a dark dried up pea to that of a Celestial Angel by asking for and receiving Divine Love. Divine Love changes the essence of the soul to that of the Divine. Nothing else can do this.



**CREATOR,
MOTHER,
FATHER,
GOD.**

Father
Mother

Divine Love is delivered through the Holy Spirit, should you ask for Their Love.

Your soul can be likened to a plasma ball.



Soul releases errors and negative emotions via one's Feeling Healing with Divine Love.



MoC

WE are INCARNATED with Natural Love, but not with Divine Love:

We are conceived with natural love, however, we are not endowed with anything of the Divine. While we are without anything of the Divine, namely Divine Love, we can grow our natural love attributes and progress to that of being the perfect man whose lodging is found in the 6th Sphere. We do not have immortality without having received Divine Love.

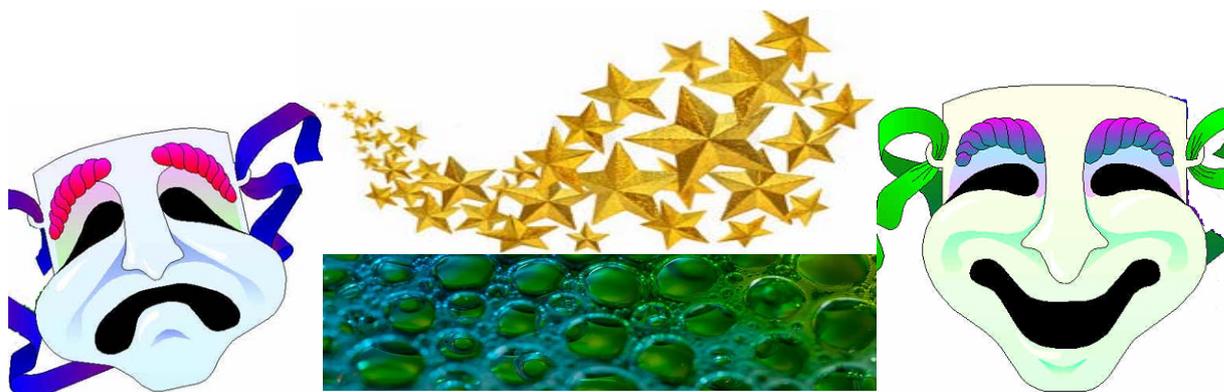


Natural love radiance is very different from that which Divine Love brings.

The two loves complement each other, bringing about greater harmony.



When we become aware of the presence of Divine Love and subsequently ask for and then receive the Divine Love, our soul steadily starts to change to that which is Divine and we achieve immortality. This is the Immortal Choice that we can make whilst here in the physical or later in the spirit world. Once we add Divine Love to our being, we continue then with the two loves, that of the natural love and also that of Divine Love. As we continue and receive Divine Love, our soul condition progresses so that we may eventually enter the Celestial Heaven, 8th sphere, should we have engaged in the proves of Feeling Healing, and above, then progress further to enter the Eternal Spheres, then the Infinite and Universal Spheres, and then further on towards the Spheres of Paradise.



We are endowed by our Parents with natural love, maybe we neglect this gift from time to time. As we progress in time, we can add the greatest gift there is to our being, that is by asking for and receiving Divine Love. Not only does the infusion of Divine Love, with one's Feeling Healing, repair our natural love attributes, we evolve into a joyous and loving person in all respects. With the infusion of Divine Love, with the two loves, we become the complete being.

There is no such thing as

**ETERNAL
DAMNATION**

MAN'S GIFT of FREE WILL and the AVAILABILITY of DIVINE LOVE:



Our first parents, who were created together, were perfect in their physical organism as they ever were afterwards or as any man or woman ever became from that time into the present. At their time of physical creation they were more perfect than mankind is now as they had no physical ailments, no sickness, and no deformity of any kind.

Man was and is created with free will. That is, they have the right to choose. When we employ our will we are following the will or our Heavenly Parents.

When man chooses free will, he can follow his own man made passions and desires or he can choose the will of our Mother and Father, our Heavenly Parents.

Man is a creator and he has created emotional errors. When he employs emotional errors and injuries, these result in harm to others and to himself. When man causes harm there are consequences. Illness as a result of man's created emotional errors is man made.

As emotional injuries become imbedded into his being, cloaking and suppressing his own loving soul, these errors or injuries are passed down through the generations until they are resolved and abandoned by later generations. In the meantime, such generational injuries frustrate free flow of loving energies throughout the spirit body which is the template to the physical body. The collective injuries of a family environment are picked up by babies during gestation and early childhood.

As family members abandon emotional errors, the cloaking of the soul is removed and healthy energy flow returns to the physical body thus bringing about health to the person.

As man adopts more and more the way of the will of our Parents, Mother and Father, health and prosperity prevail within the personality and also for the family.

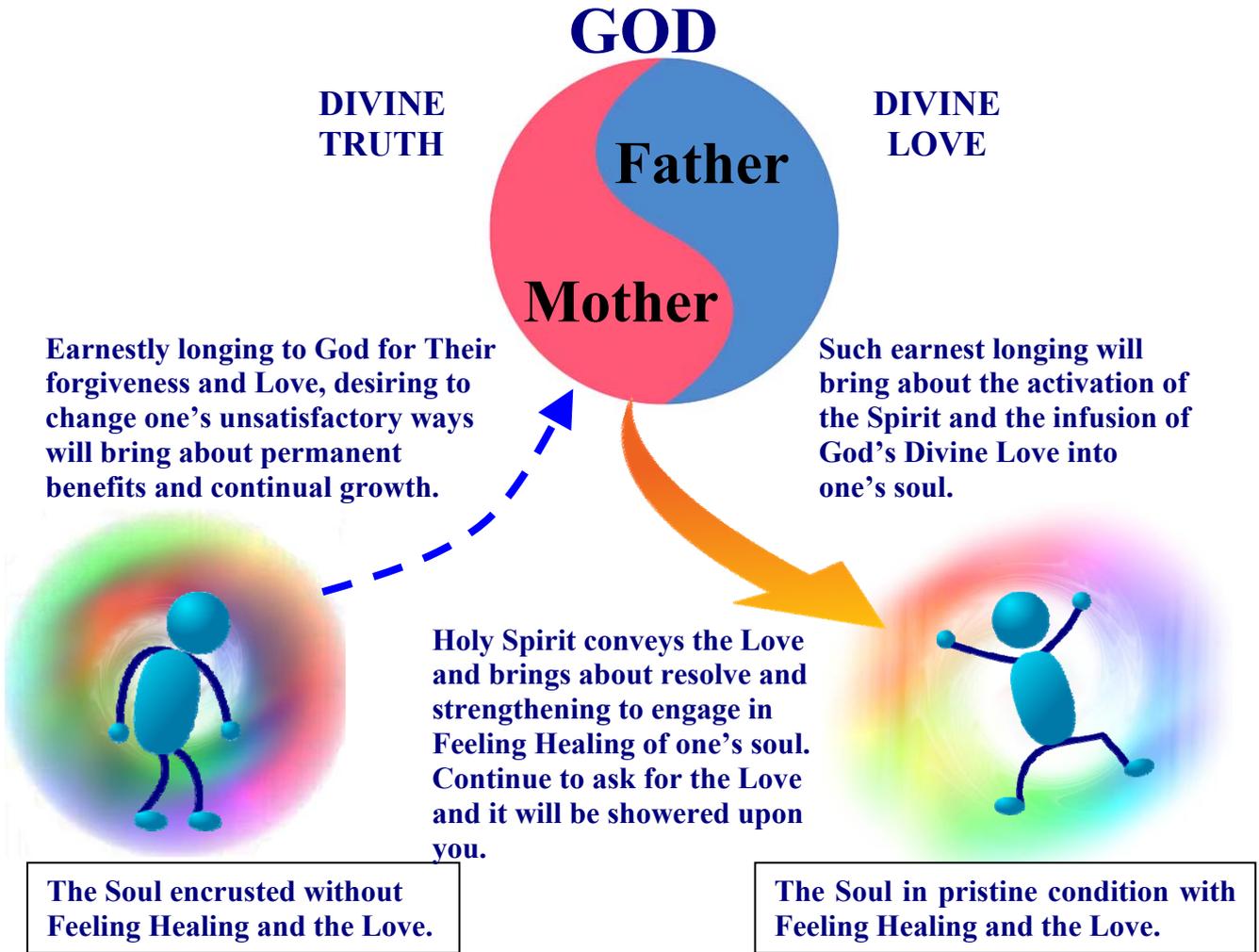
It is this free will that enables us to grow in love and progress through the spirit worlds into the Celestial Heavens. This is unique only to the ensouled man.

Free will has its issues. However, without this tremendous gift of free will we would not have the choice nor the way to grow in love and reach the Celestial Heavens and more.



This free will is not available to any of the other of God's creations, they do not have a soul and they cannot grow beyond the level at which they are created.

Man, with his soul and free will, being created with natural love, can progress to the highest levels of the spirit worlds. However, should man with his free will embrace the availability of Divine Love then he can grow and enter the Celestial Heavens. No other creature has this potentiality.



The Divine Love is a love available for the Human soul that, in its cause and effect, actually perfects the personality together with one's Feeling Healing process, as it progresses to a greater experience of living in the determination of living in God's Divine Universal harmony. Every personality has the gift of freedom of self-determination to enjoy and extend through life's experiences and it is this gift of freedom and human nature that may prevent one from participating in the freedom and gift of the Divine Love. The Divine Love, once being received is added to one's nature, having being formed on natural love.

DIVINE LOVE BLENDS WITH NATURAL LOVE:

One cannot receive Divine Love unless they have Natural Love! Divine Love perfects one's natural love.

If you do not have Natural Love you do not exist! One's natural love is a unique variation of the humanness that each of us is. Our natural love soul is our personality, our intelligence, our memory and all those aspects that make us a loving free will endowed individual. Of the one trillion or so individual souls that will individualise on Earth, we each are unique. Not only are we unique on Earth, no other soul throughout all of the universes is the same as any one of us.

That is the incredible nature of our natural love soul, within this energy comes the potential for courage, neutrality, willingness, acceptance, reason, love, joy, peace and enlightenment in varying amounts. These are the Source Souls gifts within our soul's structure. It is when we embrace these loving aspects we are then embracing the Father's will.

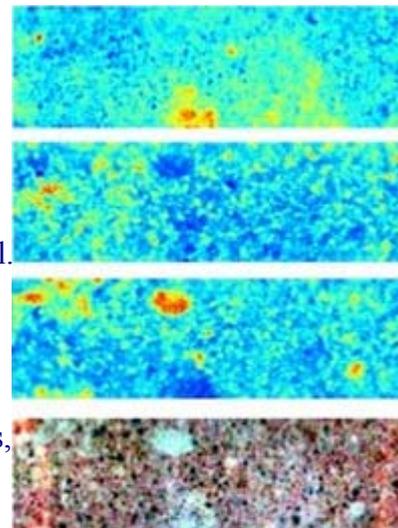
We are also all creators, so we have created pride, anger, desire, fear, grief, apathy, guilt and shame; and subsequently encrusted our always beautiful soul with these man-made attributes. When we engage with these emotions we are embracing free will and stepping away from the Father's will, His way.

We are individuals because we are of the energy substance called natural love, we being our souls.

Divine Love is uniform in every aspect. Divine Love is an energy substance that is 10 to 100 times more powerful than natural love, however, it is uniform. If our essence was only of the Divine Love we would all be clones – identical with each and every one another. The Divine Love is available for us to perfect our natural love and make our soul complete.

Divine Love blends wonderfully perfectly with natural love. That is the plan. The plan is for us to travel along struggle street and get to the high end of town with our self reliance, or to embrace the super juice of the Source Soul and journey into the stratospheres of wonderment, beauty and incredible love.

The light golden blue energy substance of Divine Love progressively blends with the natural love energy that is the foundation of one's soul. Before embracing the Father's Love, one's soul typically is encrusted with man-made emotional injuries, encrusting and darkening the soul.



One is not exclusive to the other. The Divine Love when added to our soul and blended with the natural love progressively brings about a diminishment and ultimately a total eradication of the man-made embellishments of our negative emotions. Further, it then goes on to enhance all of the loving natural love gifts that are within us since the creation of our soul and further develops their natures. It is only with the blending of Divine Love within our soul that we can shed unloving man-made emotions and then grow into our potentialities. It is the presence of Divine Love that ultimately impedes us from engaging in harmful man-made ways and emotions. Oh what a wonderful gift from the Father, should we so ask for it!

There are only two Loves – the Natural Love and the Divine Love – and only the Divine Love can bestow into a mortal soul that quality of Immortality that enables a soul to live with the Father in atonement in the Celestial Heaven and then to progress beyond those glorious realms.

The way the Divine Love works in a mortal soul is so practical that it takes us some time to see this truth. One's natural love is slowly perfected by the presence of the Divine Love in one's soul. As more and more of the Divine Love is asked for and received, progressively, more and more of one's man-made erroneous beliefs and emotional errors are resolved and dissolved by the light golden blue energy substance, the Divine Love.

When we earnestly and lovingly ask for Divine Love, the Divine Love is added to our soul, thus we steadily and progressively become complete in our being.

“The differences between what are regarded as two paths, the Natural Love Path and the Divine Love Path, is, essentially, the amount of Divine Love that beings have been able to acquire.”

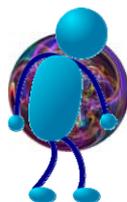
Quote from Celestial Spirit Richard 22 December 2012

We never lose our natural love, we perfect it and blend it with the Divine Love. Divine Love, once received, never diminishes, it is forever self-replenishing. We can continually ask and receive more and more of the Love, there are no limits to its availability and how much we can receive into our soul.

Divine Love is a wonderful transformative element and the most wonderful in the universe but it will not actively overcome the Free Will of man. Each one must pay great heed to their own heart and their true care of themselves and of others.

The guidance to love one's neighbour and oneself is perhaps the most difficult to observe during one's existence on Earth as it is abundantly apparent that this is rarely done to the fullest degree. The world is full of discord and war and greed. Even with all of this, it is possible for an individual to engage to live in accord with this guidance, with humility and acceptance, and to succeed in this endeavour one is greatly aided by embracing the Love and living a life with the Love, the Father's Divine Love.

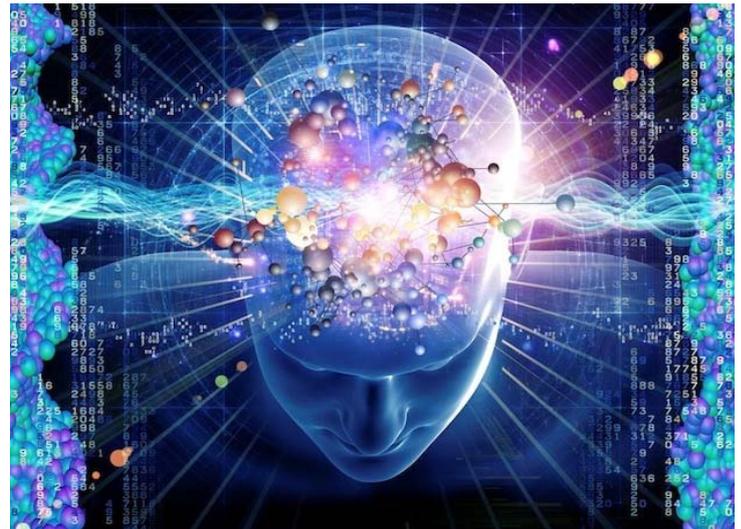
**Soul expands as it grows in love and condition.
Natural love has a limit to its development.
The first two personalities typify the condition and vibrancy
of natural love and self reliance. The awakening to Divine
Love can achieve rapid growth in vibrancy
and growth beyond comprehension.**



One's soul is connected to one's spirit body in the region of the physical heart. The spirit body is the template of the physical body. Our mind is within the spirit body as are all of our senses that our physical body responds to. Our memory and personality are soul based. Upon shedding of the physical body we lose nothing, in fact we become more alive than ever. The Love of our Heavenly Parents, when embraced, is infused through our spirit body and into our soul bringing great freedom, love and joy.



The natural love is the energy substance that is one's unique soul. Each personality is unique and that is achieved through the natural love energy substance at the time of its creation by our Heavenly Parents. The natural love has a finite development potential towards its own perfection.



Divine Love is uniform and changeless. The Divine Love energy, being light golden blue, perfects the natural love energy without changing the personality created by Mother and Father. With the Love, one can grow beyond perfection and become fitted to live with in the Celestial Heavens and beyond.

The Love itself is not 'spirit'; it is a substance of Energy that is harmonious with spirit. There are only two Loves – the Natural Love and the Divine Love – and only the Divine Love can bestow into a mortal soul that quality of Immortality that enables a soul to live with the Father in their at-onement in the Celestial Heaven and to progress beyond these glorious realms.

EMBRACING the LOVES:



Our soul is formed from the substance known as natural love. This natural love enables us to develop to that which is the perfect man, an excellent, capable and loving personality. However, there is a limit to our growth founded on natural love for there is nothing of the Divine within the substance of natural love.



Should we ask for, and then receive Divine Love, then the Divine substance of Divine Love can be added to our being, thus providing us with an infinite potential for growth and development in the Love that is Divine.

The natural love and Divine Love are not divided when in the soul.

The natural love is harmonious in the Immortal greater love, the Divine Love, and so, never shall an Immortal faith and Immortal truth fall.



Adding Divine Love to your being can be likened to developing a powerful engine based on natural love to that which is found within a most powerful muscle car. One's performance capabilities progressively develop as the regular fuel of natural love is slowly, but steadily supplemented with the fuel of Divine Love, thus changing that which is founded on natural love to that of the Divine, namely Divine Love.



Your fuel steadily is converted to that which is of the highest octane level ever envisaged.

The Divine Love is the wonder of the universe. How this invisible substance causes so much change in our mortal nature is a miracle to behold and experience.

Living with the Divine Love brings about harmony throughout all of one's bodies, systems and personality. One's capabilities and love continue to greatly expand.



Divine Love always has its effects in harmony with the expression and development of natural love. Therefore your awareness and expression of natural love in your life is a vital element in accepting Divine Love into your life and fostering its development of your soul. Divine Love is the great harmoniser and is therefore not isolated but its effects are universal.

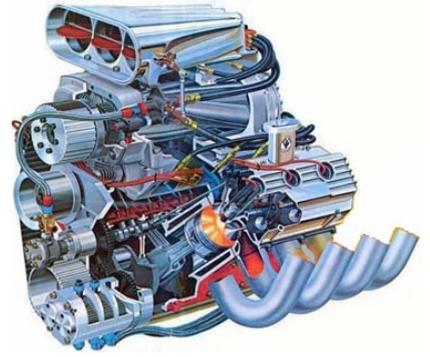
Divine Love is the 'ultimate' high octane fuel.



WE ARRIVE DETUNED!

Our souls are a divine creation of our Heavenly Mother and Father. They could not be any other way! And are designed (such as how it has been for us) to begin incarnation in a Natural love condition reflecting the Natural love state of our world.

And we have also been provided with the opportunity to experience what is being ‘evil’, to live denying our Natural love, as seen through the denial of many of our feelings. So we here on planet Earth live on a world that has Rebelled (and then also Defaulted), of which there are only 37 within the local universe of Nebadon, consisting of 3.8 million physical worlds under the regency of Mary Magdalene and Jesus – the spiritual parents of truth of all of Nebadon! And we assassinated Jesus, and completely denied Mary not allowing her to have her say about the truth.



As a consequence, we are ‘detuned’ from our Natural love state and divine origin. You could say we arrived with all parts functional, however, in our untrue, dysfunctional and distorted state, we’re badly in need of a severe service, tune up or a complete reconditioning. Our goal being to bring our true self to the fore by doing our Feeling Healing, and then to progress beyond our Natural love state by further advancing our soul condition through the process of Soul Healing and receiving our Parents’ Divine Love – becoming divine.

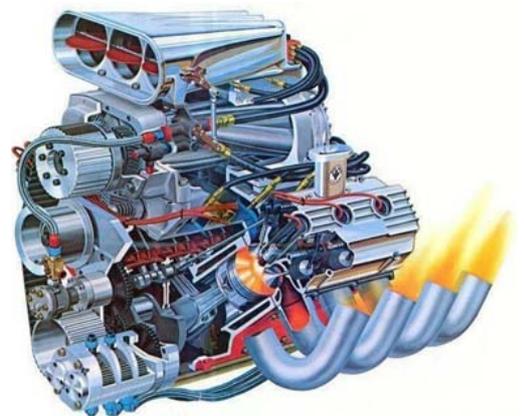


In our feeling- and truth-denying untrue Natural love state, we have been made to use our minds to dominate our feelings, becoming more like that of mind-based creatures of nature than of human souls of truth and feelings. And this is the wrong way for us to develop. So to step beyond this limitation, we are to live true to our feelings. Our heartfelt feelings being the guiding lights to our evolution and growth of truth.

Feelings are what guide us through our ascension of truth. So they are really our Supreme Guides. Many people look for a person, spirit, angel, even God, for supreme guidance, however it’s all right there already built in and can be found through our feelings – our soul based feelings.

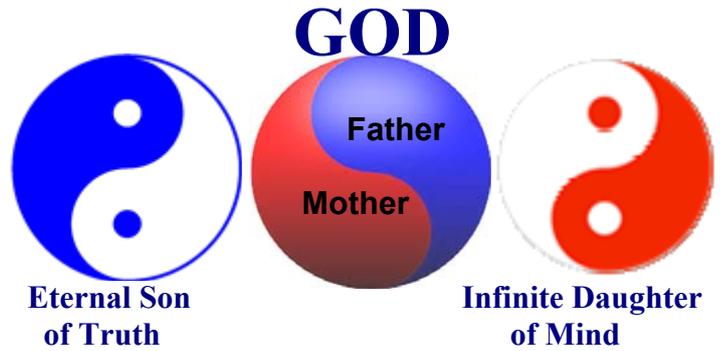
By living true to our self, true to our feelings, we are living true to God. It’s that simple.

Thus we are detuned once our incarnation begins. However, the way is now open for us to bring about our full divinity. To completely Heal all that’s wrong within us on a Natural love level. To embrace and then transform that Natural love into a divine state through partaking of our Heavenly Parents’ Divine Love. All the while attuning ourselves to divine perfection and enjoying the fullness of our divinity and love, as we ascend in truth on our journey all the way to Paradise – the home of our Heavenly Parents.



WE were DIVINE, and
WE are to BECOME DIVINE AGAIN:

Our personality, our soul, our real self, are all creations of our Heavenly Parents. We, our real selves, are not creations of our physical parents. Within our original status, we were of Divine nature.



Our physical parents, from our conception, endeavour to mould us into being ‘little me’s’, that is, replicas of themselves, imposing their beliefs and personality traits upon each of us. They crush our individuality and free will. They destroy our personality, our true self. They inflict upon each of us their ways, all of which are of a result of the Rebellion and Default of many, many generations ago. They drive us into believing and subsequently becoming dependant upon our minds. This is not the way for us to express our true selves and evolve along the path towards our true parents, our Heavenly Mother and Father. We are to embrace the Eternal Son of Truth, not the Infinite Daughter of Mind.



No, we are not in the image of our physical parents. Though we may look like them, and act like them because they have dramatically and successfully crushed our true personality, we are each very unique and independent of our parents and all other family members. When we begin to progress along the path of engaging with our soul based feelings and seek for the Truth of our feelings, we will become free of our parents’ impositions and suppression.



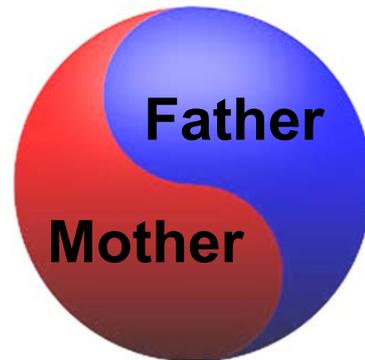
Upon starting our physical life experience on Earth, our divinely created soul begins to express us as one of our soul’s two personalities in Natural love. However because of Earth being in Rebellion, so we are parented into a rebellious and anti truth and anti love state of mind control over our feelings and true self.



Natural love is good, just ‘less’ or different to Divine Love. And it’s that in our rebellious state, we’re rebelling against Natural love, and Divine Love by not taking Jesus and Mary up on their offer and allowing the Divine Love to transform our soul, as we perfect our Natural love by doing our Healing.

By living true to our self, true to our feelings, we are living true to God. It’s that simple. The revealing of the Feeling Healing process is the commencement of our ability to begin the Great U-Turn and go the right way. Should we then also embrace our Heavenly Parents’ Divine Love, we can also commence our Soul Healing and a returning to that of being divine – this is our destiny.



CREATED in THEIR IMAGE:**GOD**

James: Mary, what does ‘we being created in the image of God’ really mean?

Mary M: It means that our Mother and Father used Themselves as the model or template if you like, upon which to bring us into being, those of us who have existential souls with the potential of expressing their two personalities in Creation.

And although our souls are divine, as in being divinely created, still whilst we start our personality expression in Natural love, so we need the Divine Love to come into our soul and bring it into the levels of Celestial divinity.

Natural love, so basically the whole of Creation, is of the image of God, and we being divinely created souls can be part of God’s Divinity becoming divine ourselves. So through your Healing, James, you become progressively divine by partaking of the Divine Love and healing yourself into perfection – your true self. And by the time you’ve completed your Healing, your soul is of the Divine Love level of Celestial truth, and your personality is an expression of that level of truth, it all being ‘confirmed’ and cemented – fused – into place upon the direct soul-union with your Indwelling Spirit. Then you are of the essence of God, true and perfect to the level of the first Celestial sphere, the first sphere of true divinity.

Mary Magdalene communicating with James 20 November 2017



EXPERIENCING RECEIVING DIVINE LOVE:

Be still and quiet; reflect in silence. Love is present. Keep asking, longing, and never cease: this is your part. It is your cooperation actively engaged that brings the transformation and continues the process.

You cannot see it; sometimes you will experience it as simple quietness and calmness. This is as pure and real as any other experience, whether demonstrative joy through laughter and dance, or other expressions.

Divine Love is present; it is always present. It does not fade or disappear. Rest, relax and breathe. Pray and wait.

Maintain daily prayer and meditation. When you do this you are building a home for the dwelling of the Divine Love. Your continual invitations establish an attitude of welcome to the Divine Love. These build a bridge for the Divine Love to carry you to new and higher levels of change and transformation: places of new realms for your soul growth and development.

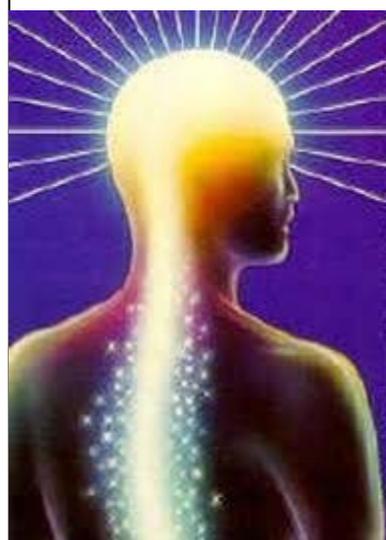
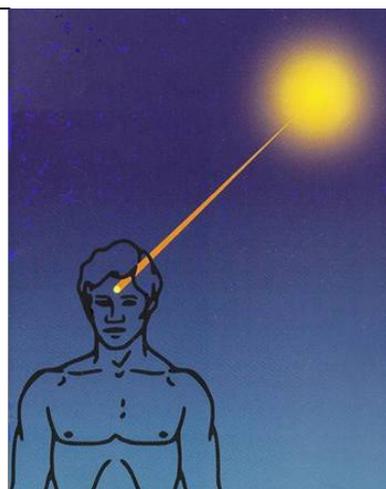
The Voice of Divine Love

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As the receiving of the Love is always assured when longed for and asked for, the experience of receiving may become apparent by the occurrence of a warming embrace in the region of the third eye chakra, or with some, around the heart chakra region. This may be very subtle and gentle for some and may be for a few moments or extend for some time. Many do not physically feel the Love embracing them and this is totally fine, nevertheless the Love is being received.

On a few occasions, one may feel the love through the third eye region and then feel it expand as if it were to become a warming buzzing 'hat band' progressively expanding around one's head. This can intensify and feel as though one's cranium is about to pop off! Should this continue to intensify, then the sensation may flow down one's main meridian to the base of one's spine. Now that is something else! Relax and enjoy the great gift for this can be an experience that may continue for a short while or for quite some time.

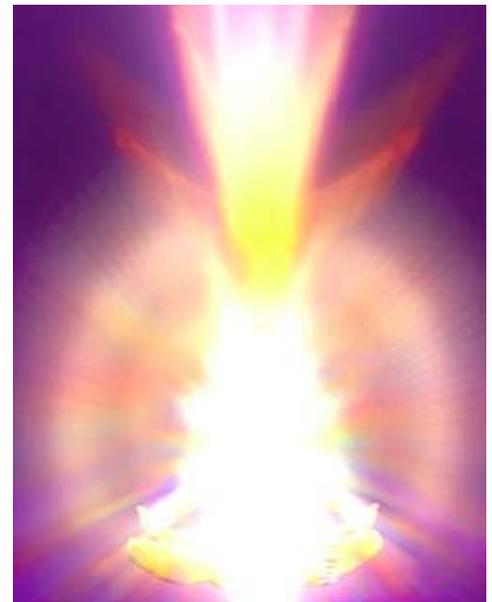
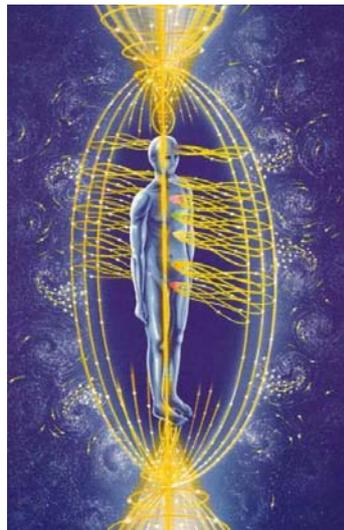
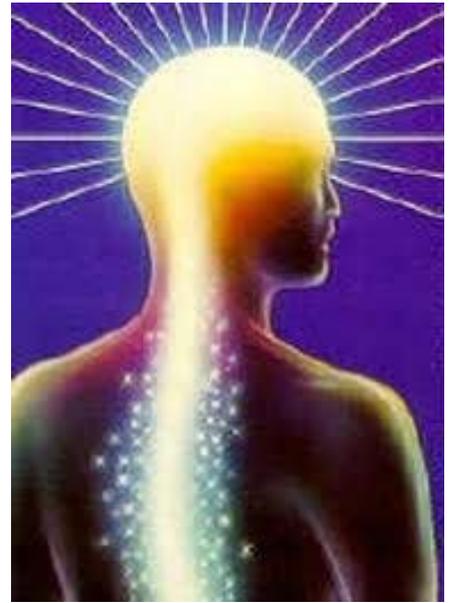
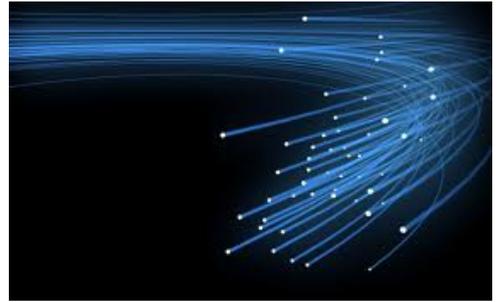
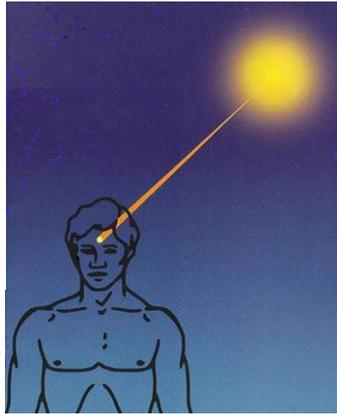
Always, when one longs for the Love, it will shower over one's body and be absorbed in through the spirit body chakras into one's soul. Occasionally the Love will overflow from one's soul and some will reside within one's spirit body. At no time will you be discomforted. This light golden blue energy substance is the ultimate high octane super fuel gifted to us by our Mother and Father to us all.



**CONNECTION with GOD:**

**Holy Spirit / the Spirit  
infusing Divine Love.**

**Progressive escalation of  
Divine Love flowing.**



**Our Heavenly Parents simply desire for us to ask for Their Love.**

**DIVINE LOVE ASSISTS WITH DISSOLVING UNLOVING TENDENCIES:**

For man to be at-one with the Mother and Father, our Heavenly Parents, man must become love; that is, his soul must be filled or permeated with this Love, the Divine Love, to such an extent, that it will become impossible for anything that is not of love to be or remain part of his soul.

Paul 20 August 1915

But let men know that even while on Earth they can obtain this inflowing of the Holy Spirit in their hearts to such an extent that sin and error will be entirely eradicated.

There is only one thing that saves one from their sins and makes them at-one with the Father, and that is the inflowing of the Divine Love into their souls. As this Divine Love fills their souls, all sin and error must disappear.

Of course this is a relative matter, for it depends upon how much of this Divine Love is in their souls to determine how much of sin or error exists. The more of the Divine Love, the less of sin, and on the contrary, the more of sin the less of the Divine Love. But, I want to say with all the emphasis that I am capable of, that it is possible for a human being to obtain such a quantity of this Divine Love in his soul that sin will be entirely eradicated. This was the doctrine taught by Jesus, and this is the truth of God's law of Love.

The foundation truth is that the Divine Love of the Father can clear our souls from all sins, and make us perfect, to the extent that we receive that Love into our souls.

It is the Holy Spirit which conveys God's Love to man and manifests its workings in a real and irresistible manner and with this Love we are enabled to become over-comers and inheritors of immortality and homes in the Celestial heavens.

Paul 31 August 1915

Where love is there can be no sin or unhappiness, and fear is not.

We, who live in the Celestial Spheres, know this to be a fact, and with all the force and authority that knowledge gives, we declare this truth: the love that casts out all fear is the Divine Love of the Father, and when a spirit or human being obtains that, there exists no such thing as fear, and nothing that could create or permit fear to exist.

God wants the souls of men in love and not in fear, and the only way in which such end can be accomplished is for men to see and know Him as a God of Love only. No man can come to the Mother and Father except through this New Birth and faith in the Their Love (and through Feeling Healing).

Andrew 17 September 1915

It is the Divine Love that slowly but permanently eradicates harmful attitudes, beliefs and practices that one may have gathered along their journey of living. It is only with this Love that erroneous ways are expunged from one's nature and character. This is the great gift to humanity that few are aware of.

***“Never can one man do more for another man than by making it known of the availability of the Feeling Healing process and Divine Love.” JD***

# Feelings First Spirituality, The New Way

## Uncover the Truth of yourself through your Feelings

**DIVINE LOVE does not TRANSFORM one's SOUL**  
**FEELING HEALING is what TRANSFORMS one's SOUL**

The Divine Love does transform our soul from Natural love into Divine Love. It's our Feeling Healing that 'transforms' or heals our erroneous expression of Natural love. We have to 'heal' and so perfect our Natural love, so it can then be transformed by the Divine Love.

Divine Love does not even begin the real work of transforming one's soul, for those who focus upon receiving Divine Love to the exclusion of embracing one's Feeling Healing, they are just expanding their mind's control over themselves. Should this be one's passion, then upon passing into the spirit Mansion Worlds they will find that they can continue along this path all from within the Divine Love followers segment within the first natural love Mansion World! Yes, only from within the first natural love Mansion World.

Most of humanity on Earth does not want to face the very truth their feelings are making them feel every day of their life. So if they want to keep living in the spirit Mansion Worlds as they did on Earth, in complete denial of their feelings and the truth they are to shown about their wrongness, they can.

However, for those who have embraced Divine Love and begin to engage in their Feeling Healing process to begin the transformation of their soul, they will be able to sense the Divine Love already within their soul 'driving them on'. One's understanding and adjusting will be changing rapidly to that of embracing all about the Healing and doing it – all being supported by the Divine Love that one may have received previously. All one may have done with the Divine Love may make their introduction into their real Healing, by using their feelings, much easier than it is for other spirits from the mind worlds who are at the same time having to wrestle with many of their old religious beliefs or mental programming, having to take on a whole new mind-set which one could see would take some of them years, whereas for someone who has been longing for and receiving Divine Love for some time it may be only a matter of weeks. This also applies to those living in the physical.

It is the Feeling Healing process that transforms one's soul towards perfection, towards the ability to fully express one's true personality as given to us by our Heavenly Parents, it is the Divine Love that then fits that transformed soul to be able to enter the Celestial Heavens.

Reference: Pascas Care Letters – Divine Love does not Transform

**FEELINGS FIRST For Kids**

## U-TURN for HUMANITY:

### Why are we doing a U-Turn?

We are doing a U-Turn **because** the year 2017 heralded the end of the Rebellion and Default. For two hundred thousand years, humanity has been going in the wrong direction.

### What is this fundamental step that will change our way of living?

We are to come to understand / know the foundational cause of all our feelings, both good and bad. As we explore and investigate our feelings, each time they arise, one by one, we are to talk them through, express them to a companion or friend or anyone who will listen. As we express them, while at the same time coming to understand how they have come about, we will find that they will be resolved and that they will not come up again.

We will find that all of our feelings / emotions have their foundations from our childhood. And by childhood, that is from the time of one's conception all the way through to about the age of six. It is the repression of our childhood feelings that is the base or foundational cause of each and every one of our adult personality issues, pains, difficulties, illnesses and distressful life experiences.

**We have to see the whole truth of our negative or self-denial state, before we can heal it and be free of it.**

The vital difference between **emotions** and **feelings** is:

- emotions have their roots in the past,
- feelings relate to the present moment,
- emotions represent feelings not previously expressed,
- and these accumulate over time.

Many emotional clearing processes encourage us to look into our feelings, however, none go so far as to drill down into the core foundation of any emotional feeling to the point that we strive to KNOW the core issue, the origin of the feeling, be it good or bad, and actually come to know what it is!

The *Journey Process* is generally known worldwide. It stops short of longing to know, that is asking for the knowing of the events that brought about such a feeling. Yes, we are to acknowledge the feeling, say being angry. Then accept that behind that anger is the feeling of being small, and then look at the underlying reason of why we are feeling small. What is the truth behind that feeling? Ask our Heavenly Parents what is behind all of this feeling. What is the foundation, the origin of the feeling? All the time talking it out, expressing it, with a friend. The expressing of the experience is the release of the emotion / feeling, this is what removes it for ever from within our essence, our **soul**.

### Why ask our Heavenly Parents? I thought God was just God – singular?

This is part of the revealings that have been unfolding for us very recently – that is – since 2002.

We are made in the image of God. This has been understood for centuries, for 2,000 years. Our soul is duplex. Our soul expresses itself through two personalities. One soul 'subdivides' into two, one half



**Feeling  
Healing with  
Divine Love is  
the key!**



always being female and the other half always being male. We are a reflection of how God is. God being one Soul is expressed as Mother and Father. God is two personalities. They are soulmates. And each of us has a soulmate, and our soulmate is always of the opposite sex, because the Mother and Father are the opposite sex.

Thus, when we long for the truth behind a feeling, then we can long to our Heavenly Mother and Father. Only they can tell us. No spirit personality can tell us. No canonised saint can tell us, we may as well ask our next door neighbour. That would be just as productive. Mary and Jesus can't tell us, as they are also spirit personalities.

### **I was taught that Jesus was God? And what is this about Mary?**

Mary of Magdalene and Jesus of Nazareth were both born free from sin. Neither of them are God. They are both children of God, just like you and me.

History needs to be corrected. Both Jesus of Nazareth and Mary of Magdalene became at one (At-One) with our Heavenly Mother and Father during their physical lives here on Earth in the first century; Jesus in the year 26CE and Mary in the year 33CE, or thereabouts. Jesus died aged 35 (born 7BC died 29CE), and Mary died aged 47 or 48 (born 2BC died 47CE).

Further, their sojourn on Earth was the completion of their process to become the full Regents of the sector of planets that is referred to as Nebadon. The region within our super-universe that is referred to as Nebadon contains 3.8 million inhabited planets. If you look into the night sky, each star / sun potentially has between none to three inhabited planets within its orbit. Within Nebadon, the soulmate pair, namely Mary and Jesus, are our Spiritual Teachers of Truth. Their domain is all 3.8 million physical planets plus their associated spirit worlds. Each physical world has seven associated spirit worlds, which is the case for Earth being one of the 37 that have rebelled.

Some 200,000 years ago, Lucifer with his soulmate and his deputy, Satan with his soulmate, brought about a rebellion on 37 of the inhabited planets within the region called Satania, one of the local universal systems of Nebadon. Earth compounded the situation through the Default of Adam and Eve about 38,000 years ago. Thus the population of Earth, being in the worst condition through the Rebellion and Default, became the location for Mary and Jesus to have their physical experience to complete their ascendancy to full Regency of the local universal system being Nebadon.

Their lives on Earth was the start of the unravelling of the Rebellion and Default. Upon Jesus becoming At-One with our Mother and Father, he was then vested with the authority and power to have the Lucifers and Satans arrested, and they now reside exiled within a prison world.

Notice that there were no records of Jesus and Mary's teachings and experiences made during their physical life. That was because they did not specifically come here for us, they came for the benefit of all peoples of all planets and spirit worlds throughout Nebadon.

As they are Paradise descending spirits, they have **Spirits of Truth**. Upon Mary and Jesus' death, they released their Spirits of Truth. As spirits, Jesus and Mary are how we will be, once we've finished our Soul Healing. They can only be in one place at any one time. However, it is their Spirits of Truth throughout Nebadon that we can connect with for guidance. It is through their Spirits of Truth that spirit personalities can progress through and out of Nebadon.

Those planets that have Rebelled need further assistance, and they need it on a localised manner. This can only be provided by another bestowal of a **Paradise Pair**, and that is in the form and manner of an **Avonal soulmate pair** who come here specifically for us.

### **What is the purpose of an Avonal pair, and are they here on Earth?**

Unlike Jesus and Mary who were always free from sin and did not experience how to heal themselves, the Avonal pair are to experience all of the extremes of evilness and then proceed to heal themselves. Mary and Jesus through their bestowal on Earth ended the Lucifers spiritual rebellion in Nebadon; the Avonals bestowal is primarily concerned with ending the Default of Adam and Eve by the Avonals themselves personally healing the effects of such a damaging Fall.

The soulmate Avonal pair are to be, and have been, subjected to the extremes of childhood suppression and repression, and then, through their Feeling Healing, are experiencing all the facets of emerging truth as they slowly progress through a protracted and difficult healing process. As they reach specific milestones, this also enables those in the Celestial Heavens, (the three worlds where Celestials reside) to be empowered to assist us in the physical on Earth.

The first considered milestone was the arresting and imprisonment of the Caligastia soulmate pair and the Daligastia soulmate pair. After the arrest of the Lucifers and Satans in the first century, as nothing further occurred, the Caligastias and Daligastias continued on from spirit as if they were kings and queens, suppressing all of humanity and with plans to take over the universe. It was possibly in the early 1990s that they were 'judged' and 'removed'. They were caught unaware that an Avonal bestowal pair were on Earth.

### **How is all this becoming known? Has Jesus and Mary communicated directly to Earth?**

Unlike in the first century, when no records were kept (as the event related to all of Nebadon and it was actually setting the stage for the Avonal bestowal pair to arrive on Earth), every effort to retain records in great detail of this current series of events is now being attended to. Consider this. The New Testament of the Bible is some 300 pages. The records of the Second Coming, which this is, the primary records are possibly 6,000 pages, with direct complementary records increasing that to over 10,000 pages and with all the supplementary records to date, there may be as many as 40,000 pages, certainly well over 30,000 pages of material presently.

Jesus directly communicated through James Padgett from 1914 to 1923. Mary of Magdalene (Mary M) has directly communicated through James Moncrief from 2002 and is ongoing. Jesus has also communicated directly through James Moncrief. Neither have ever directly communicated through any one else, however, some Celestial Spirit personalities have provided information through other personalities on Earth with the support and approval of Jesus and Mary, thus some confusion, though the quality of the information is very reliable.

### **You say this is the Second Coming? You say I am living during the time of the Second Coming?**

Yes you are. And it's more than that. This is the Second Coming, the End Times and the Handover!

In fulfilment of the prophecy in the first century, the Second Coming commenced on 31 May 1914 through the writings with James Padgett and concluded in 2014 through the writings with James Moncrief.

The End Times are well advanced. Mary and Jesus are well advanced in handing over their direct involvement with Earth to those within the Celestial Heavens. When this is completed, the Handover will also occur. **The Hand Over is to the Avonal Bestowal pair** and it is they who will guide the population on Earth through their Feeling Healing processes for the next 1,000 years, being the next spiritual age. The Handover will take place after the Avonal pair complete their personal Healing of the Rebellion and Default. Then will follow with their Spirits of Truth being officially liberated in alignment with Mary M and Jesus' Spirits of Truth upon their death.

Major events have occurred with the progression of the Avonal pair's Feeling Healing, which they are also doing whilst embracing our Heavenly Parents' Divine Love, thus they are doing their Soul Healing.

|                  |                                                                                                                                                                                                                         |
|------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Early 1990s:     | The arrest of the Caligastia and Daligastia soulmate pairs.                                                                                                                                                             |
| 22 March 2017:   | Negative spirit influence was blocked.                                                                                                                                                                                  |
| 31 March 2017:   | Angel assisted healing will become available upon the Avonal pair completing their own Feeling Healing, being with Divine Love, thus it being Soul Healing.                                                             |
| 22 May 2017:     | Law of Compensation quickening.                                                                                                                                                                                         |
| 2 December 2017: | Psychic Barriers maintaining the Rebellion and Default were cracked.                                                                                                                                                    |
| 8 December 2017: | Bring on the money to <b>'house the future of humanity'</b> .                                                                                                                                                           |
| 31 January 2018: | Earth and the seven associated Mansion Worlds (including the two Earth planes) are <b>officially</b> now fully under the control of Celestial spirits. This marks a tangible and real end to the Rebellion and Default. |

**How does this all fit into our future way of living?**

**This time, in the history of humanity, is the most exciting time ever experienced.**

**The whole human race is suffering from repressed childhood and mind control.**

Through one's Feeling Healing, and should we embrace our Heavenly Parents' Divine Love, then with their Love we are doing our Soul Healing, and eventually we can live totally in accordance with our soul based feelings and live free from error – no more fear and no more physical illnesses is possible!

**By living true to ourselves, true to our feelings, we are living true to God. It's that simple.**

Our soul is always perfect. In fact, we are the complete package. All that we need to know is within our soul. This knowledge has been denied from us since the time of the Rebellion and compounded by the Default. That is what was brought upon us by the Lucifers and his cohorts. We have always been meant to live true to our soul based feelings but we were taught to embrace our error riddled mind – this was aided by our parents – unknowingly all parents have taught their children to be mind dominant. **This is the Great U-Turn. We are to feel and live by our feelings and express our feelings, our mind will follow in support, not the other way around.**

“Many people look for a person, spirit, angel, even God, for supreme guidance, however it's all right there already built in – in our feelings. **Feelings** guide us through our **ascension of truth**. So they are really our Supreme Guides. We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it's there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feelings is really: **Longing for the truth of our self, because: we are our feelings**. So life stirs up

our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings.”

Kevin of the 1<sup>st</sup> Celestial Heaven 26 September 2017

(Kevin Cooper died 10 August 2012, through Feeling Healing became Celestial on 7 August 2017.)

It is through the assistance of the Spirits of Truth of the Avonal Pair, upon the completion of their Soul Healing, that we will be guided through our Feeling Healing process, and should we embrace our Mother and Father’s Divine Love, then our Soul Healing.

Then should we embrace Mary and Jesus as our Spiritual Teachers of Truth, their Spirits of Truth will lead us on the path through the Celestial Heavens where we will certainly meet up with our soulmate and join our soulgroup, which will eventually consist of twelve soulmate pairs. Then as a soulgroup, the Spirits of Truth of Mary and Jesus will lead us up through and out of Nebadon towards Paradise.

It is then our Mother and Father in Paradise who draw us to them and we will eventually meet our Heavenly Parents.

Meanwhile, while we live on Earth, we will have assistance and guidance previously denied to us throughout the era of the Rebellion and Default. Under the Contract controlling and managing the Rebellion and Default, the powers and capabilities of our Celestial Heaven spirit personalities, all three worlds of them, were heavily restricted and almost of no assistance to us at all. Further, Nature Spirits and our Angels were heavily denied contact with us physical people because of the Rebellion and Default, all of which is soon to change, so we can look directly to them for help concerning healing ourselves and understanding all aspects of nature.

As we embrace our Feeling Healing, Celestial spirits will and can greatly assist us. In fact, during the year of 2017 they have blocked all mind spirits from the Natural Love Mansion Worlds: 1, 2, 4 and 6 from interfering with us. Celestials have taken control of all facets of living and life on Earth. Celestials are those spirits who have completed their Feeling Healing and progressed through Divine Love Mansion Worlds 3, 5 and 7 and now live in the higher Celestial Heavens, 1, 2 and 3 (when we become At One with our Heavenly Parents then we leave the Mansion Worlds and progress through the next three spheres related to Earth, hence the Celestial Heavens are also referred to as being numbered 8, 9 and 10).

The Nature Spirits of Earth, who live in the third Earth plane, can now directly interact with those who are embracing their Feeling Healing. Nature Spirits are essentially ‘angels in waiting’. They have been on Earth prior to anything that we now see living in nature. When they first started to arrive, there was no life in the seas or on land. They have consequently witnessed everything that has happened on Earth, including all prior human civilisations that we continue to largely remain ignorant of. Their knowledge and assistance is of great importance to us. We are to interact with them on an ever increasing scale. They are to become an invaluable source of information for us concerning how we are best to live with nature.



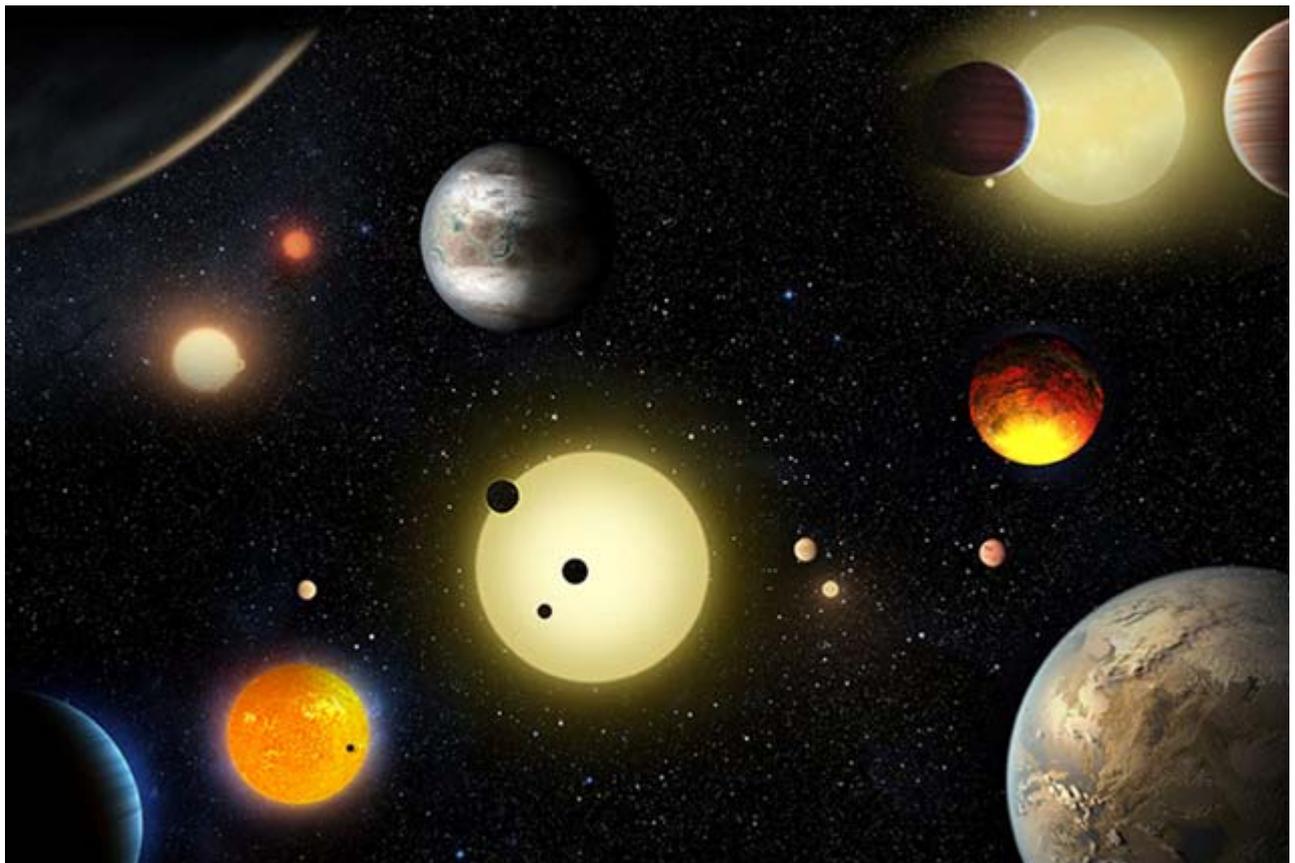
Further, we may become more aware of our **Indwelling Spirit**, which arrives for each of us during our sixth year, as we now progress with our Feeling Healing, or with Divine Love, our Soul Healing.

And all of this is possible as we embrace our Feeling Healing process, acknowledge and accept the Avonal pair, acknowledge and accept our Spiritual Teachers of Truth, namely Mary and Jesus, and more importantly, grow to love our Heavenly Parents, our true Mother and Father.

We do not need intermediaries, rituals, liturgy, dogmas, creeds, fancy clothing, or institutions. It is our soul based feelings and expressions that we may exchange directly with our Heavenly Parents. Groups may form to assist each other, and that is our choice and within our free will.

**This is the greatest event in the history of humanity.**

This is the Great U-Turn that humanity will embrace throughout the next 1,000 years. MoC 1,480



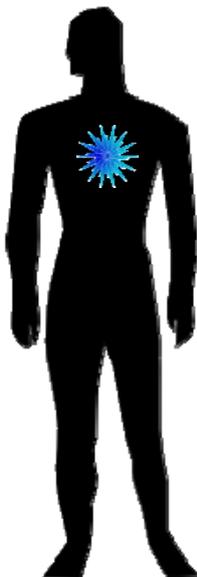
**The BEAUTIFUL MIRACLE:**

5 October 2012

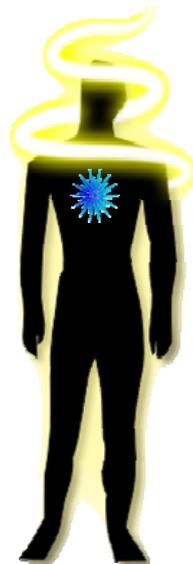
The Divine Universe

The way in which the Spirit conveys the Divine Love into the soul is a beautiful miracle. The attribute of mortal soul prior to incarnation has to it, a potential within it that is part of its formed nature. After the soul incarnates this potential remains part of the soul and even if the forming personality is unaware of such a soul potential, the potential still exists. The Divine Love is entirely suitable in its energy of harmony to be the energy that a mortal soul can utilise. The Spirit covers the spirit body when the individual sincerely asks the Soul of God for the Divine Love and this covering of the spirit body is where the dynamic of this beautiful miracle takes place. From the internal longing of the individual for the Divine Love this activates the Spirit Law that activates the Spirit that is then attracted to the spirit body upon which the Spirit material of the spirit body draws the Divine Love into its soul and this union complete. The key here is to gain a perceptive insight into realising that the spirit body is not an inert body but that it is living and has activity, recognisable from its first forming from the Spirit Law that materialises a spirit body. The Spirit and the spirit body to give an analogy are like two attracting magnets and when the surface of the spirit body is touched by the Spirit, this causes the automatic response of the Divine Love to permeate into the attribute of soul and so begins the transformation of energy from the natural into the Immortal Divine Harmony. If the individual continues the receipt of Divine Love the energy that is Divine Love actively begins to change the soul and this is felt in the spirit body systems and can produce feelings of love and elation. The spirit-mind begins to change as all spirit body systems are affected by the changed condition now experienced in the soul as the soul becomes living and vital. In one's progression of this Divine transformation, the soul will mature enough from the amount of Divine energy it receives and at that moment the surface of the spirit body and the Spirit are continuously attracted to each other and one is living in the presence of our Mother and Father in perfect harmony and this clarifies the truth about what it means to be truly at-one with God.

**Soul within  
spirit body  
prior to receiving  
Divine Love.**



**Divine Love being received  
from The Spirit, covering the  
spirit body of the requesting  
personality.**



**Divine Love having been  
assimilated within one's soul,  
now being reflected through the  
radiance of the spirit body.**



### UNCRUSTING ONE'S SOUL:

One's soul is always perfect. One's soul is a creation of our Heavenly Parents, and Their creations are always perfect.

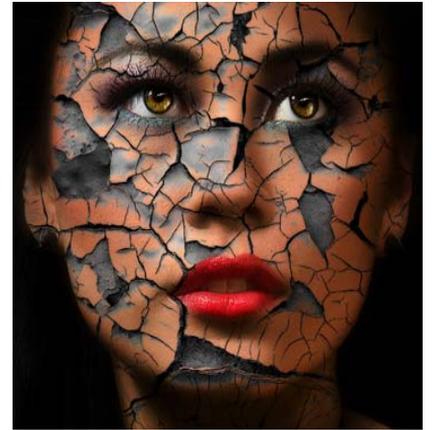
Their great gift to us is free will. We have the option to embrace Their will or freely do as we please, we have free will.

As we progress through our early childhood years we absorb the attitudes, beliefs and habits of those within our environment. Some of these are in error. Such emotional errors and injuries melded with errors in belief encrust one's soul with unhealthy and unloving energies. These encrustments retard the flow of loving energies into one's soul. Such soul having created one's spirit body, which in turn is the template for one's physical body.

As we become aware of our Mother and Father's greatest gift in all of the universes, we can ask for and receive this gift, being Their Divine Love. It is a light golden blue energy substance that will progressively through one's Feeling Healing process dissolve the injuries and errors that may have enmeshed one's soul. Feeling Healing with this Loving energy will slowly enable each of us to break free of past held erroneous beliefs and injuries that we have drawn upon ourselves. We can cast this shell off, such shell which is endeavouring to imprison us in misery.

With the Love of our Parents, the beauty with which we were created can come to the surface and we can then proceed to progress beyond the ceiling that our natural love formed soul has in development. Feeling Healing with the vibrant energy of Divine Love can enable us to live a life here on Earth as though we were in Heaven. All we need do is ask for It.

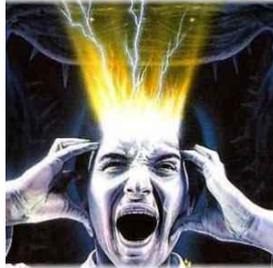
The Love of our Parents' is the greatest gift for all of humanity, without exception and without condition other than the longing for and the asking for it, at anytime, at any place, and in any way one so pleases. Enjoy the journey!



### LACK of SELF- LOVE:

- A composite of:
- lack of self-worth
  - lack of self-acceptance
  - arrogance and pride
  - self-loath and hatred
  - lack of self-awareness.

Why one has imperfection in their natural love is due to an extension of one of these traits, and all these traits relate back to one single finite Truth, which in its cause is a lack of self-love. The lack of self-love to one's self is the cause, the root cause, on why there is so much fear within individuals, the human world and the lowest spheres in the spirit world. The individual will have a memory that describes how this lack of self-love appears and many people deny this existence of the lack of self-love within themselves because it hurts too much to see it.



Our perfect soul is founded on natural love. Our soul may become encased / encrusted in error bringing about lack of self love. To dissolve the errors encrusting our perfect soul is by growing in truth through the ongoing healing of one's negative state, by doing our Feeling-Healing of our toxic emotions. By ending our feeling denial and healing any personality expression denial we have.

The Mother and Father's Divine Love will slowly strengthen our resolve to perfect one's own natural love, should we address such errors. Slowly but surely, with the Divine Love, our soul's condition will grow and grow. With the Love this will fit one to enter the Celestial Heavens, and beyond, being in the love of all that surpasses man's imagination. Try the experiment.

I ♥  
ME

**UNIQUE NATURE of DIVINE LOVE ENERGY:**

- The Divine Love is a light golden blue energy substance and is a gift from our Heavenly Parents.
- The Divine Love is maybe ten to a hundred times more powerful than the natural love which is the essence of man’s soul. There is nothing of the divine within natural love.
- It is the longing for, asking for, and receiving of this Love energy that brings about immortality.
- It is by the receiving of this Love energy that the receiver thereof can shed, through the process of Feeling Healing, man made errors in belief and adopted harmful mannerisms, habits, and harming emotions – permanently!
- The Divine Love energy once embedded into a soul, the Love energy will remain in one’s soul in perpetuity and can regenerate and maintain itself indefinitely.
- The effect of the Divine Love energy is cumulative; it gets stronger as more is received.
- This Divine Love energy has the capacity to carry information, thus growing one’s perceptions.
- The Divine Love energy does not decay over time or distance from source.
- The Love energy does not radiate as waves but expands outwards in circles of energy.
- The Love energy is more field like than wave like and it tends to fill the environment.
- It is capable of passing through solid objects with no loss of intensity.
- The space that the Divine Love energy occupies is not a vacuum but comprises a network of harmoniously balanced and balancing loving energies.
- The Divine Love energy, a stationary energy, cannot be evaluated by man’s current frequency instruments which are designed to measure Hertzian energy frequencies and wavelengths.
- The Divine Love energy is the greatest gift in the entire universe and this is the way by which man can evolve, together with Feeling Healing, into the loving natures that he is fitted for.

- A. All emotions have varying frequencies.
- B. Map of Consciousness by Dr David Hawkins.
- C. Man’s soul has only loving emotions.
- D. Man absorbs harmful beliefs and ways.
- E. Man can ask for and receive Divine Love that begins to dissolve unloving attributes.
- F. Progressively all harmful attributes will be permanently removed from person.
- G. As more and more Feeling Healing is completed, with Divine Love, then one becomes fitted to enter the Celestial Heavens.

| MAP OF CONSCIOUSNESS  |          |
|-----------------------|----------|
| Level                 | Log      |
| At-onement Transition | 1080     |
| ENLIGHTENMENT         | 700-1000 |
| PEACE                 | 600      |
| JOY                   | 540      |
| LOVE                  | 500      |
| REASON                | 400      |
| ACCEPTANCE            | 350      |
| WILLINGNESS           | 310      |
| NEUTRALITY            | 250      |
| COURAGE               | 200      |
| PRIDE                 | 175      |
| ANGER                 | 150      |
| DESIRE                | 125      |
| FEAR                  | 100      |
| GRIEF                 | 75       |
| APATHY                | 50       |
| GUILT                 | 30       |
| SHAME                 | 20       |

**A.** **B.** **C.** **D.** **E.** **F.** **G.**

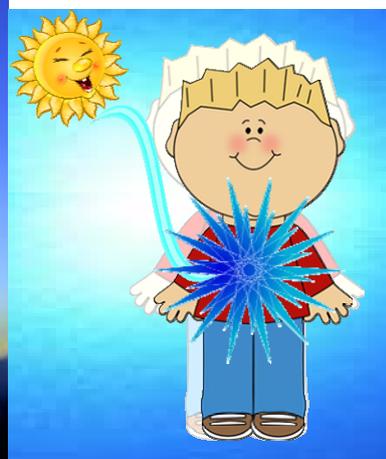
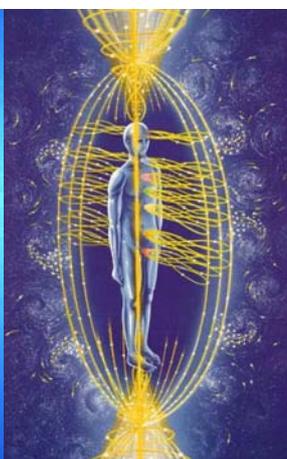
Divine Love strengthens one’s resolve to remove from one’s nature those aspects that are harmful and unloving.

**WE LIVE in an OCEAN of LOVE:**

Our Parents' Divine Love energy substance surrounds each and every one of us at all times. We can ask to receive this Love also, at all times. When we do so, the instrument of God, the Holy Spirit, will gently and precisely infuse the Their Love energy through our spirit body chakras and into our soul. Our soul, being our real self, is connected to our spirit body which in turn is the template for our physical body. Our personality, memory, intelligence and humanness is our soul; our mind and senses are spirit body based, physical body is the vehicle by which our soul is individualised.



As we receive more and more of the Mother and Father's Love, our soul grows and whilst doing our Feeling Healing, emotional errors and false beliefs fade and fall from our personality. It is this that enables us to slowly but permanently lose those attributes that are harmful to others and to one's self. The Love is our salvation.



**God's Divine Love: Pray for it, ask for it, and receive it.**

**“Please Mother and Father, may I receive Your LOVE.”**

**“I love you Father.” “Let the Divine Love proclaim its energy into my soul.”**

**“Mother and Father, I desire your Love and I am loving you.”**

**“Soul God, I love you and I love receiving and experiencing your Divine Love.”**

**“True Soul God, I am here, I am aware of your Love. Please hear my aspiration for your Love and as I approach you from my soul, I can feel your Love in the way that you are loving my soul.”**

**Try it; give the Love a go! If you want to shine, receive the Love.**

<http://www.pascashealth.com/index.php/library.html> visit Library section of [www.pascashealth.com](http://www.pascashealth.com)

audio files for download: [Prayer for Divine Love from the Padgett Messages.mp3](#)

[The Voice Of Divine Love.m4a](#)

Files take some time to download.

There are further audio files for downloading from the Medical – Spiritual References section.

***“Never can one man do more for another man than by making it known of the availability of the Feeling Healing process and Divine Love.” JD***

# FEELING HEALING + SOUL HEALING

To heal one's self is to simply look to see what feelings we are refusing to let ourself feel, and accept them instead of denying them. And to fully accept them, one needs to express them, speak about them, let them have their say, rather than pushing them aside, refusing to let them make you feel bad.

Doing this all with the intention of seeking the truth of why you are feeling them, of speaking about and expressing all such feelings; all feelings you have, but ALL WITH the INTENTION of UNCOVERING the TRUTH THEY WANT YOU TO SEE ABOUT YOURSELF. And it's the wanting to see the truth of them that is very important, because if you just look to accept them and speak and express them, but not seek their truth, then that's all you'll be doing, speaking and expressing them, but not healing their causes, so not fixing the things within you that are making you feel bad. And it's the truth part of it, seeking the truth of your feelings, and so, seeking the truth through your feelings, that's vitally important. It's the truth of yourself, life, nature and God, that is the spiritual aspect to it all.

You CAN'T find the truth of yourself, or anything else, through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

So to do our Soul-Healing consists of these steps, all of which are ongoing until it's done:

- **Admit you are feeling bad.**
- **Accept your bad feelings, identify what they are.**
- **Honour fully your bad feelings by expressing them, speaking about them to someone who is willing to hear you talk about them, or tell them out loud to our Heavenly Parents. Long for the truth of them. Long for the truth of why you feel bad – what deep within you is causing your bad feelings?**
- **And remember, bad feelings are Good! Not bad. They are not to be despised. And as hard as it is to accept them, they are still you, and a very real part of you. And if you persist in denying them and not allowing yourself to fully live them, then you are only going to keep yourself in your errors making things harder for yourself.**
- **All sickness and suffering, all bad things that happen to you, all your problems, all your addictions – your whole feeling-denying and untrue life, is all caused by your denial of bad feelings.**
- **Every problem in the world is brought about because everyone has been brought up to deny feelings, and in particular, most of their bad ones.**

If one is intent on spiritually evolving and growing in truth, then it's vital, and this is the key, that one looks to use one's feelings as the means to gain and have access to the truth of oneself. You CAN'T find the truth of yourself or anything else through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

Doing your Soul-Healing with the Divine Love, is really doing your 'Feeling-Healing'. We are designed — created — to be self-revealing of truth, and so we are all to uncover the truth within ourselves and for ourselves, and all being done by living true to our feelings. **If you accept, express and seek the truth of your feelings, then truth will come to you, and you'll grow spiritually. It's as easy as that. Also it is as easy as it is to long for, ask for and receive Divine Love.**

THE HEALING OF YOUR BAD FEELINGS THROUGH THEIR ACCEPTANCE  
AND FINDING THE TRUTH OF THEM, IS THE ACCEPTANCE OF YOUR  
NEGATIVE, REBELLIOUS, EVIL, IMPERFECT MIND AND WILL CONDITION.

To do our feeling-healing we need to become:

Aware of – Acknowledge – and Admit, our bad feelings.

So we can:

Accept – them and allow ourselves to Be them.

And then if we feel to, take:

Action – Express, speak and emote them.

Talk about them.

All being done whilst longing to, really wanting to, see the TRUTH of our feelings.

So it sounds simple.

So I repeat:

We accept our bad feelings by expressing – speaking about them to someone willing to listen to us and take us seriously. And as we speak we long for the truth of them – why we are feeling them – to be made known to us. And when we uncover and see the truth we are FREE! – healed of the causes that have made us feel bad.

Accept, Express – see the Truth, and you're Free!

ACCEPTANCE OF ALL YOU FEEL, THINK AND ARE, IS THE KEY TO DOING  
YOUR HEALING; THAT, AND WANTING TO SEE THE TRUTH OF ALL YOU  
FEEL, THINK AND ARE.

**Release one's pain through expressing one's feelings.**



**in conjunction with**

**Longing for the Truth when also longing for Divine Love.**

## Prayers to our Mother and Father

From 'Religion of Feelings' by James Moncrief

**Please Mother and Father** help me accept my untrue state and bring up all my repressed feelings so I can see the full truth of why I feel so unloved and all that's wrong with me.

**Please Mother and Father** help me see the truth of myself through my feelings.

**Please my beloved Heavenly Parents**, fill my soul with Your Divine Love. I long for Your Divine Love; please answer my prayer and yearning to be at-one with You and do Your Will by living true to myself and all my feelings. Please fill my heart and soul with Your Divine Love – please make my soul like Yours – Divine.

**Please Mother and Father**, I want to uncover the whole truth of myself through my feelings. I want to be able to feel and accept just how bad I am, how bad I feel I am, how bad I've been in my life. I want to know the whole ugly truth of myself, see it and feel it and understand how I came to be it. Please reveal to me through my feelings all the truth of myself You want me to see. I want to be as You want me to be; I want to be true and perfect, Healed of all my rebelliousness and self- and feeling-denial; I want to be good, loving, true and happy, please help me become true to myself, true to my soul, true to You.

**Please Mother and Father help me**, I'm in such bad pain, I feel so alone, so miserable, so scared, what's going to become of me, I don't understand, what's the point of me, why have You made me; please help me see the truth of myself – all the truths of myself, nature, how to be in the world, of You both. I want to know, I want to know it all through my feelings, all that there is to see, the whole truth and nothing but the truth. Please help all my pain come to the surface of me so I can embrace and accept and express it out of me. I want to use my feelings to uncover the truth they are to show me; please help me to do that.

**Please Mother and Father love me**. I want You to love me. I want to feel fully loved by You. I don't want anything else, only to be with You. Please, that is all I am asking.

**Please make me feel how unloving I am**. Please show me the horrible truth that I am. I want to see and feel and understand the worst of me, please take me into my darkest scariest ugliest unwanted rejected places within myself. I don't want to feel all the dreadful pain that I know is there locked away inside me, yet I do also want it all to come up and out of me, and I want to use it to see the truth of my wrongness, the truth of how evil I am, the truth of my fucked up state. I no longer want to be false, pretending I am okay, using my mind to make me falsely believe I am good, happy, loved and loving, when I know I'm not. For how can I be when You've brought me into my unloving state, making me be of it. And as You want me to experience being this negative way, please show me the whole truth of it. I no longer want to deny any part of myself, or any of my bad feelings. I want them all to come up so I can express them, emoting their pain, feeling how bad You've made me feel all my life and all through my early life; I want to see why, and so reveal all the truth to myself. I want to be the living truth of myself, living true to my feelings and the truth they give rise to. Please help me to do my Healing, and please fill my soul with Your Divine Love.

**The mind way is the 'dead' way; the feelings way is the 'alive' way.**

### Examples of some prayers to God:

From 'Feeling Healing' by James Moncrief

**Please God** show me the truth of myself through my feelings.

Please help me see the truth about myself You want me to see.

And please help me feel all my repressed pain; please bring up all my bad feelings so I can express them and see what it is they are to show me about myself, my life, and You.

And please help me work through my blocks, I want to Heal myself, I want to become true to myself and true to my feelings and true to You – please help me do that.

**Heavenly Mother and Father**, I feel so bad, and I know I'm doing it to myself, but I can't help it. I can't stop my compulsive addictions, so will you please bring up the buried feelings in me and show me the reasons why I can't stop. Please! I want to know – I REALLY WANT TO KNOW why I do them. Please help me Mother and Father to uncover the truth of myself. Please, I beg you, please, please, please show me the truth of them so I can give them up. I hate feeling bad, yet I know I must so I can keep expressing my bad feelings to see the truth You want me to see, so please help me feel bad.

**Please Mother and Father** fill my heart and soul with Your Divine Love. Please give me Your Love. Please love me and make me feel loved by You. I want to feel You close to me, I want You to hold me, make me feel loved by You. I only want You and to do Your Will. Please help me bring up all my repressed feelings so I can express them and uncover their truth. Please help me do my Healing. Please give me Your Love.

**I hate you Mother and Father;** why have You given me such a shit awful life? I hate myself, I hate You, I hate everything about my life. I feel so bad all the time. I've expressed so many bad feelings and still I feel bad. It's not fair, it's not fair what You've done to me. I hate You! And I want You to help me Heal myself, so I can stop feeling bad. You put me in the shit for whatever reasons, and I want You now to help me get out of it and show me what it's all been about. Please help me to Heal myself so I no longer hate You.

**I long for Your Divine Love** Mother and Father. Please fill my soul with it. And please help me uncover the truth of myself through my feelings. I want to see it all! And please make it all end, I'm so tired of always feeling so bad, please take all my bad feelings away by making me feel them and showing me the truth I am to see.

**LOVE**  
is  
**Feelings First Spirituality, The New Way**

*Feelings First Spirituality, The New Way* is a contemporary ‘religion’ based on living true to yourself through your feelings. Understanding that all you need in life is contained within your soul and is shown to you through your feelings. And by loving your feelings, by attending to them properly (talking or writing them out of you) and not denying them, you can use them to uncover the truth of yourself – the truth of your soul.

*Feelings First Spirituality* is not a formalised religion that tells you how to be, that is too controlling and is actually bad for you, limiting your spiritual growth. You can be wholly self-revealing of the truths you need to be, being the person God created you to be, all by living true to your feelings.

*Feelings First Spirituality* has no formal structure because we understand we don't need one, our soul contains within it all the truth of our spiritual ascent. If we look to our feelings for the truth they want us to see about ourselves, nature and God, then what more do we need! Our true spiritual path is the path our feelings will lead us down, that is, provided we allow them to. This is the most spiritual we can be.

**Living the New Way of Feelings First Spirituality**

You come to the understanding from your life experiences that how you are is not right, it doesn't make you feel good – that you are wrong in some way. And you want to change yourself, you want to become right, true and perfect – you want to be like God is.

*And to do this you need to do your Healing*

Your Feeling-Healing is looking to your feelings for the truth of yourself, the truth being hidden in many of the feelings you are not wanting to face in life. So you have to end your feeling denial, accepting all your bad feelings (and good ones), express them (yet not necessarily acting upon them), whilst longing to uncover the truth they are to show you.

Or, you can do your Soul-Healing, which is your Feeling-Healing together with including longing directly to God for God's Divine Love. When you receive the Divine Love into your soul, it will cause your soul to become divine, and it will deepen your personal relationship with God. Long with all your heart to God for God's Divine Love.

<http://religionoffeelings.weebly.com/>

## **Feelings First Spirituality The New Way**

|                                                                                                        |
|--------------------------------------------------------------------------------------------------------|
| <b>By living true to ourselves, true to our feelings, we are living true to God. It's that simple.</b> |
|--------------------------------------------------------------------------------------------------------|

# Feelings First Spirituality

## The New Way

**Feelings First**  
**FF**  
**Feeling Free**

The New Way, Feelings First Spirituality  
 Learn to live with God through your Feelings

Accept, express and long for the truth of your feelings

Be free in your feelings  
 Free your feelings from your mind's control  
 Live true to your feelings; your feelings are your true self  
 Live true to yourself through your feelings



Live true to yourself by living true to your feelings.  
 Long for the truth of your feelings.

Accept / Express / Bring out ALL of your good, and most importantly,  
 BAD feelings.  
 Want to understand why you're feeling them.  
 Use your surface feelings to take you deeper into your repressed and  
 hidden feelings.



The Feeling Way is the True Way.  
Your feelings are your spiritual guide.  
Your feelings will take you to God.



Your feelings will show you the truth of your relationships, including your relationship with God; and if anything is wrong, untrue and unloving, then why it is.

Our feelings are sacrosanct and we should respect them accordingly. And we should NEVER block them out, ignore, override, banish, deny or reject them, because if we do, we're only doing that to ourselves, as Our Feelings Are Our Self.

Our feelings are the gateway to our soul. Our feelings are the closest we can get to our soul. Knowing the truth of our feelings is knowing the truth of our soul, and knowing the truth of God.

Feelings First Spirituality is the True 'religion' for humanity.  
It embraces all people.  
It completely unifies the world.



Everyone can relate to everyone else through their feelings.  
And we can all live the truth that comes from our feelings, all sharing the same truths as we express and have the same feelings.  
No one need be left out; no one is more special than anyone else – we are all united in Truth through our feelings.  
So with and through our truth we live our lives, therefore without the need of any man-made mind-laws, rules and restrictions that limit self-expression as inspired by our feelings.

The New Way, Feelings First Spirituality is what is to replace all man-made, mind-contrived religions that so many people have enslaved themselves to. The New Way, Feelings First Spirituality will set us free of all that control, ending the Rebellion and Default within ourselves as we do our Feeling-Healing, and ending such control and spiritual stagnation in the world.

Bring on the End Times – get it over and done with! Let's all see that Jesus is not going to come again, that Prophecy has failed all the mind-controlled religions. Allow such false systems of belief to die their long-awaited natural death, they've overstayed their welcome, it's now time they fade away. So let us show such antiquated, erroneous systems of belief the exit and bring on the fresh liberation of discovering the truth of how we are to live for ourselves, each of us personally in our lives, and all by looking to our own feelings for it. Self-revelation through our feelings is the way to go.

The Way of the Mind is ending, and is really the End Times – the End of our mind control, and **it's about time!** With the Way of our Feelings replacing it.

The End Times means the end and therefore a New Beginning. And that new beginning is a whole new Spiritual Age – an age based on self-revelation of truth through one’s feelings, coupled with and supported by higher revelations from the Celestial spirits, angels and nature spirits.



The Feelings First Spirituality is the True Way to God because it helps you get to know God, helping you to reach out, connect and be personal with God, and do God’s Will, all through your feelings. It is the only true way of getting to know the God of Feelings – our beloved Heavenly Mother and Father, the Great Soul of Divine Love.

Love comes through our feelings and not our mind, as we’ve all been wrongly led to believe.

**Feelings First; then comes The Truth; then comes Love.**

**LOVE is the Religion of Feelings, being:**

**Feelings First Spirituality, The New Way**



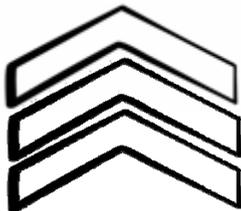
my  
**House** is your  
**Paradise**  

**HOME**

## The CHOICE is OURS to MAKE:

### Celestial Truth:

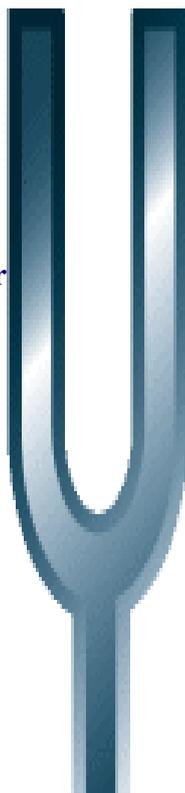
Truly all-loving;  
 Living true to oneself;  
 Mind supporting Feelings;  
 Living with the Divine Love;  
 Fully Healed of the Rebellion and Default.



### THE FEELING WAY

Feeling – Ascendance  
 Unlimited progression

- Living true to your untruth;
- Honouring all your bad feelings;
- Expressing feelings to uncover their truth;
- Healing the Rebellion and Default within yourself;
- Feeling unloved; being unloving;
- Feeling as bad as you can feel;
- Feeling like you are no one special;
- Longing for the Divine Love.



### THE MIND WAY

Mind – Transcendence  
 Limited progression

- Enlightenment, Nirvana, feeling all-loving;
- All false, mind-contrived. Anti-truth, anti-love;
- Still evolving the Rebellion and Default within yourself;
- Feeling and believing you are the Superior One;
- Living with your mind in control of your feelings;
- Living rejecting all your bad feelings;
- Living with your mind contriving you feel loved;
- Rejecting the Divine Love.



All religions, New Age, agnostic,  
 atheists, no spiritual interest,  
 Living the Rebellion and Default.

Hell:  
 Exploiting the Rebellion and Default.

The Feelings are the doer; the Mind the teller. So we are to go with our feelings, which we can't be told to do with our mind. So the longing for the Divine Love, doing our Healing by expressing our feelings and longing for their truth, are all feelings and doing it with longing. Whereas the mind just wants to tell us what to do and how to be, no feelings in it, all how our parents have treated us.

## Our FEELINGS are our SUPREME GUIDES:

# Feelings!

**Feelings are what guide us through our ascension of truth. So they are really our Supreme Guides.** Many people look for a person, spirit, angel, even God, for supreme guidance, however it's all right there already built in – in our feelings. **We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it's there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feelings is really: Longing for the truth of our self, because: we are our feelings. So life stirs up our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings.** Kevin 26 Sep 2017

## **Using our feelings to uncover the whole truth of our negative or anti truth and anti love state.**

Kevin: **So whilst we're of an untrue state, then all we have got to help us understand why we feel bad, why we are wrong, why we are negative and anti love and truth, is our feelings. So if we focus on our bad feelings, they will lead us to the truth of why we're feeling bad. Which will be the truth of what happened to us to make us be this wrong way, and how we took on the wrong way and keep it going making us feel bad.**

## FEELING HEALING

**Note:** The vital difference between emotion and feeling is that emotions have their roots in the past, and feelings relate to the present moment. Emotions represent our feelings which were not previously expressed, and these accumulate with time.

**Note:** **Our feelings are soul-based. Our soul is always in truth. It is our soul based feelings, that when allowed to be freely recognised, we will begin to express and be who we are. This takes time and perseverance as we have encrusted our souls with layers upon layers of errors and false beliefs, it is these layers that will confuse the truth that our soul is conveying to us. Only by our progression with our Feeling Healing will our soul's expression of truth become clear and free of all cloudiness and contamination.**



“What our soul needs in accordance with our own, individual, **Soul-Light-Plan-Of-Destiny** (your life's true destiny plan), They, being our Mother and Father, will give you as required. The only way we can know truly what we need is to honour and follow our true feelings. They, springing from our soul, literally telling us what we need, and so when we genuinely feel we need something, we apply our will to get it. The hard part is knowing if our feelings are true, and until we have done our whole soul-healing, they won't be clear and total true.” James – Introduction Course to Divine Love Spirituality

# REVELATIONS



**Revelation 1:** Our soul becomes encrusted with harmful ways of life, plus negative and erroneous beliefs, these mainly stem from our childhood upbringing and environment. Thus we live untrue to ourselves, we become 'evil'. Whilst we hold to these injuries we limit the amount of Love that we can receive into our soul. To open our soul to the Love we must firstly and progressively feel into our emotional injuries and allow them to be released. Until we emotionally experience past errors and injuries we hold onto them.



To free our soul of damage and toxic emotions we must open ourselves to experiencing them. This is a progressive, slow and uncomfortable cleansing process that we must all experience. Only by addressing the generational injuries will we, as humanity, evolve in love.



To fully divest one's self of our badness, we have to 'go into' our feelings. Call this process of clearing toxic emotions as 'Letting Go', 'Emotional Processing', 'Journey Process' or 'Feeling Healing'. Embracing Divine Love then Feeling Healing becomes Soul Healing.

As part of our Feeling-Healing we will have to work our way into all our feelings to see if indeed they are coming truly from our heart and soul, or if they are being heavily influenced by our mind. And this will then lead us into questioning and uncovering the truth, if there is any, to our beliefs and why we behave the way we do; and is such behaviour based on truth, or is it based once again on untruth, belief, and rules of our mind.

**Revelation 2:** We can long for, ask for and receive the Mother and Father's Divine Love. The greater our soul is free of error and injury, the more of the Divine Love can be received and assimilated into our natural love formed soul. The Love does not free us of injury, however, it strengthens our resolve to continue on our journey to be free of error and injury, to step away from evil aspects that have been encapsulated within our humanness and soul. It is this Love, the Divine Love, that brings about immortality of our soul and it is this Love that will eventually fit us to enter the Celestial Heavens and progress for ever more onwards to Paradise. These two revelations free us from error and enable us to grow in love ever more.



**Immortality with the Love.**

# Steps UP!

## Quantum Jump 1



### REVELATION 1

James Padgett

1914 – 1923

James Padgett bravely introduced the availability of the Mother and Father's Divine Love and a great deal of additional guidance and information, all of which has been supplemented by Samuels, Judas, Reid and Arnold. All writers were under restrictions of personality and circumstances. Revelation 1 opened the door for humanity.

## Quantum Jump 2

### REVELATION 2

Marion and James Moncrief

2002

– ongoing

Marion and James Moncrief have recognised the need for one to engage in Feeling Healing and, by their actions, removed restrictions that James Padgett and others above endured, thus JM is able to critique the writings of the past 100 years resolving points of confusion as well as expand on what has been written. Revelation 2 is humanity's turning point.

Due to the extra-ordinary nature of Revelations 1 and 2, humanity with the first Revelation would have continued on into its negative pathway of living, however, combining the first Revelation with Revelation two, now humanity can embrace this turning point and commence its evolutionary growth that has required two thousand years to put in place. This is the greatest event in the history of humanity and very few are aware of such, until we enable others to become aware.



Negative Spirit Influence  
blocked

22 March 2017

Law of Compensation  
quickenning

22 May 2017

Rebellion and Default  
officially ended

31 January 2018



**END to the REBELLION and DEFAULT – 31 January 2018:**

31 January 2018: Nanna Beth: Yes John, very good news we want to pass onto you for your records. Earth and the seven associated Mansion Worlds (including the two Earth planes) are **officially** now fully under the control of Celestial spirits. And this means John, that Earth is now ‘Ours’. It’s been a long time coming, but it’s a huge milestone and marks a tangible and real end to the Rebellion and Default. It’s one of a number of ‘End’s’ that are to occur.

With the departure of the Caligastias and Daligastias some years ago, humanity has been in a state a limbo so far as who is doing what with it, it not being allowed to be left alone so it could do whatever it liked, it always needing to have a spirit connection. With the mind spirits, as we’ve told you, basically calling the shots still happy to ignorantly carry out C&D’s plans. But now with our systematic and progressive take over, we’re now in complete control.

And what that means is we have our fingers in every pie and we’re on the case so far as what everyone is doing. However it doesn’t mean we’re taking over and telling humanity what to do and how to be, although we are able to work more with certain individuals directly and indirectly helping to move or point or orientate (depending on how you want to look at it) individuals, groups of people, whole societies, the whole world, according to the plans given to us by the Melchizedek Receivers.

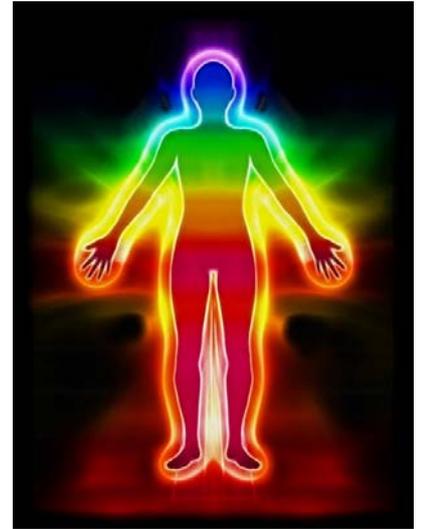
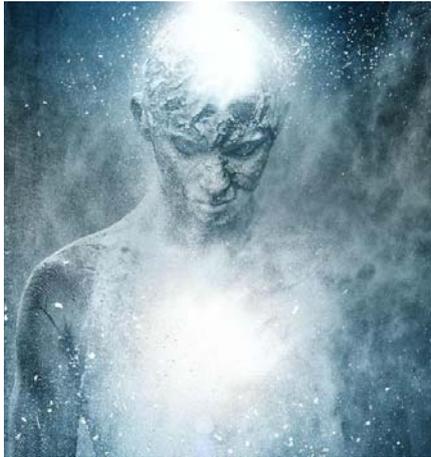
So humanity will still carry on outworking it’s unloving, untrue and rebellious state, that has to be worked through to its natural conclusion, however we want you to understand and just know that it’s another end of things and beginning of the new. And it’s basically what we’ve been working with you in connection with James this past year to achieve. There is a lot more to it and how and why it’s been done, and done as it has been done, however you can find out about all of that when you come over.

So we Celestials will guide humanity now according to what our Mother and Father want, so humanity’s got a real tangible safety-net under it now, so no more ‘downside risk’, it all being to move it toward doing its Healing.

I’ll speak again soon – love Nanna Beth.



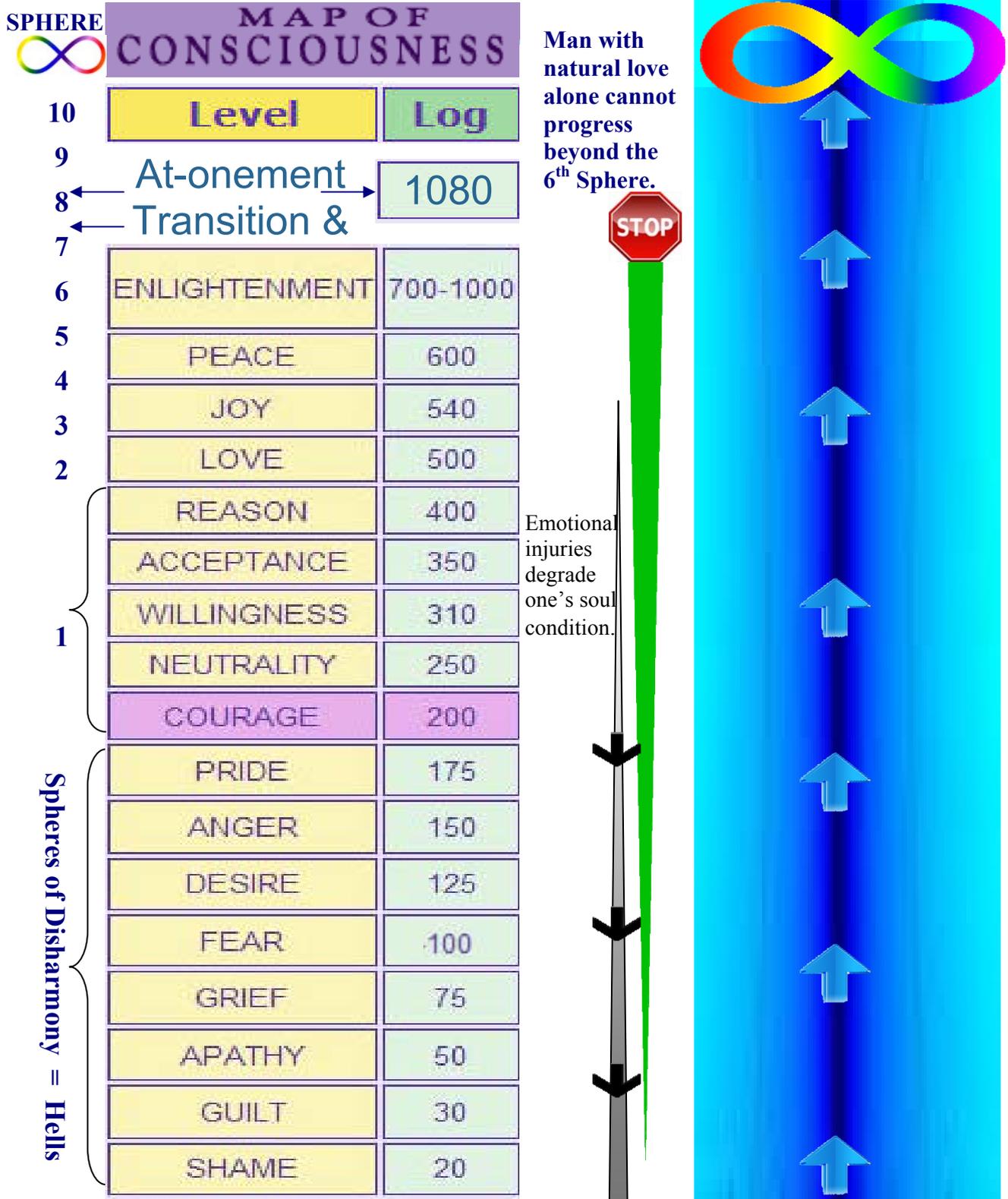
**SOUL CONDITION / EMOTIONAL HEALTH ENLIVENS with DIVINE LOVE:**



Asking for and receiving our Heavenly Parents' energy of Divine Love slowly assists in dissolving and removing man's negative emotions and subsequently brings about a vibrant, radiant soul that emerges as an outgoing happy and loving living personality. With the God's Love, which is a substance, and embracing one's Feeling Healing one can progress from any dark and depressing situation to that with resilient faith bringing about a quality of life that is heaven on earth.



**DIVINE LOVE STRENGTHENS ONE’S RESOLVE TO EXPRESS ONE’S EMOTIONS:**  
 The light blue energy substance of Divine Love is 10 to 100 times more robust than natural love. As the asked for Divine Love blends with the natural love, the Divine Love strengthens one to express and slowly remove man’s injuries and emotions encrusted around one’s soul.



**MAN's ERRORS can be REMOVED with FEELING HEALING :**

Man has engaged, by use of his own free will, errors of belief and harmful ways of living, which he readily infuses into his children and close associations, be they family, extended family and friends, throughout his journey of life.

These low energy attributes are barriers to evolution and cause harm to the physical body. Unloving attitudes can be erased forever!

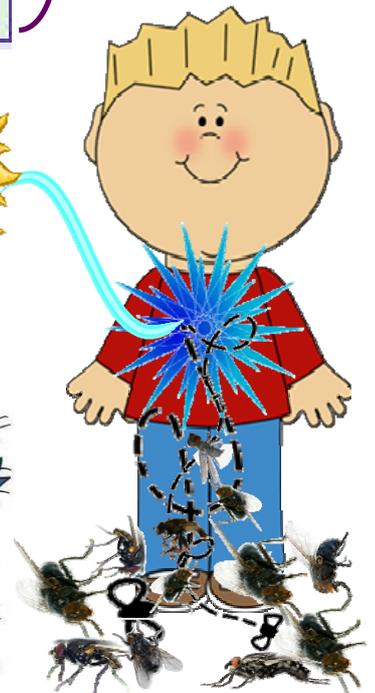
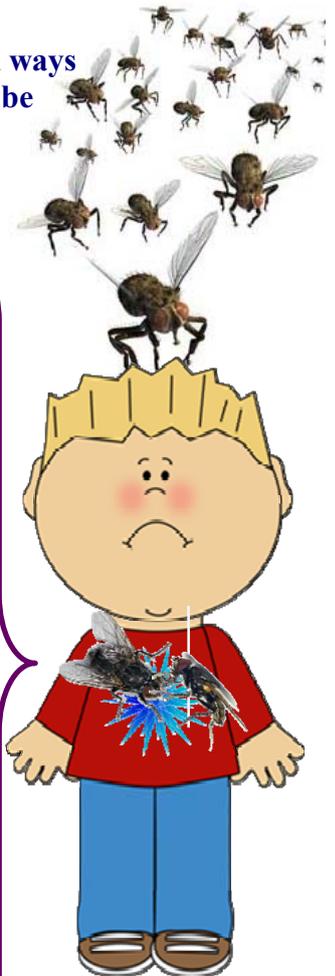


'Louie the Fly' is a mere irritant that can be permanently put aside by the feeling-healing of one's self.

Divine Love, our Parents' ultimate high octane super fuel, the light golden blue energy substance restricts progressively those errors of life style living and beliefs that man so readily adopts through the examples of others during one's forming years of living.

Once received, the Love energy remains ever present, never diminishing, and always restricting the return of man-made harmful natures. As one continues to feel and heal themselves of harmful attributes that may be encrusting one's ever pure soul, the Feeling Healing with Love energy causes them to become mere memories! The Divine Love remains ever present, thus harmful emotions and errors do not re-enter one's way of living and personality. The greatest gift to share with an evolving young personality is the awareness of the Love and the great benefits that It brings for all of eternity.

|              |     |
|--------------|-----|
| <b>Level</b> | 200 |
| PRIDE        | 175 |
| ANGER        | 150 |
| DESIRE       | 125 |
| FEAR         | 100 |
| GRIEF        | 75  |
| APATHY       | 50  |
| GUILT        | 30  |
| SHAME        | 20  |



**FEELING HEALING PROGRESS DOES NOT CHANGE OUR PERSONALITY:**

Through our Healing we work our way up to a Celestial Soul Condition whilst retaining all our erroneous patterns. We express out of us all our repressed emotions and blocked feelings showing us the truth of why we have them, we change and feel much better about ourselves, becoming more self-aware and self-accepting. Then when we've uncovered the whole truth of unloving state, our Healing is completed as our erroneous patterns leave us.



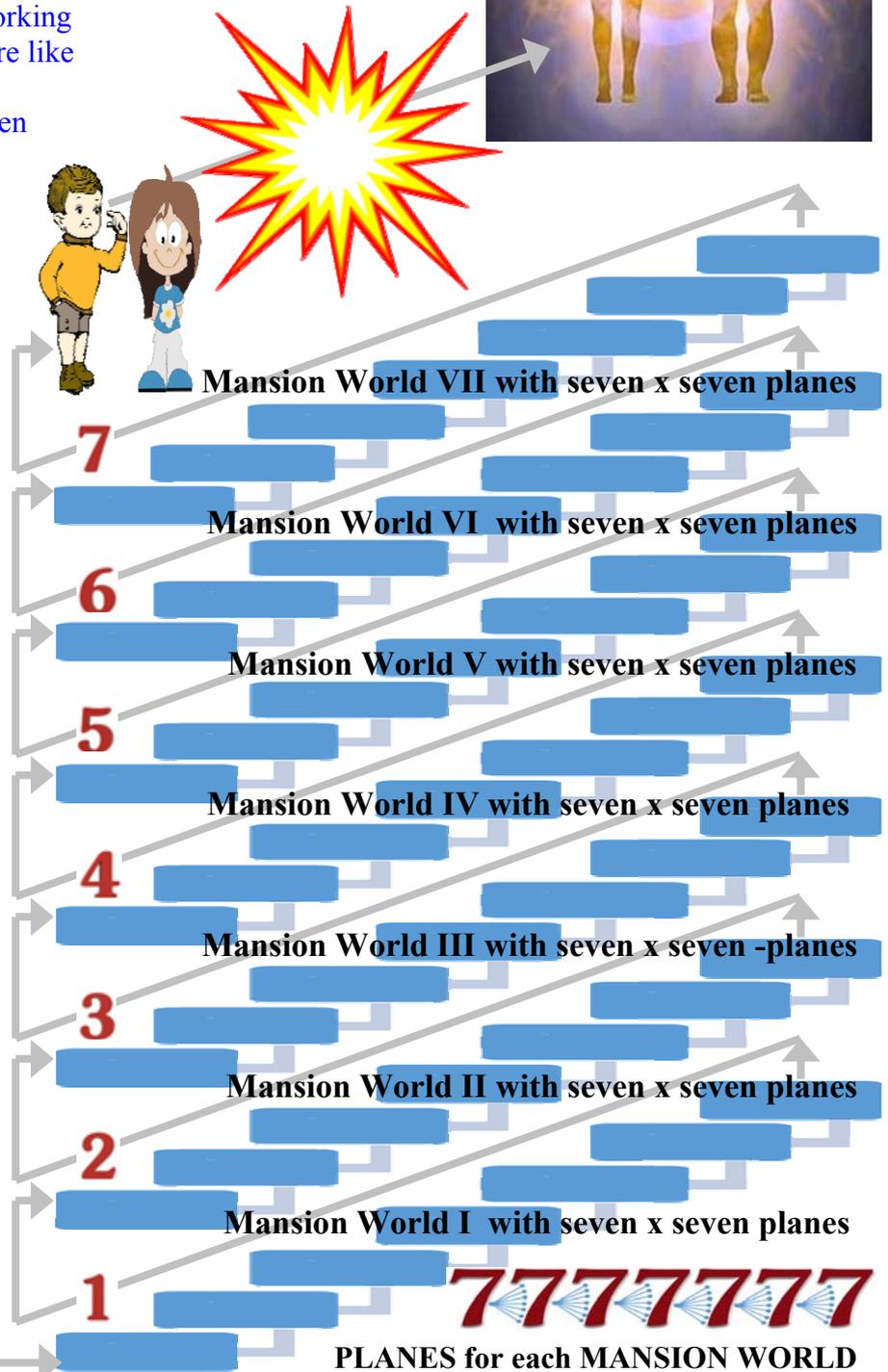
So it's not so much a journey working our way up the pyramid, it's more like moving up a series of elevators, working through each of the seven worlds seeing how untrue and wrong we are.

And by the time we get to the top, we're fully cognisant of our 'sins and errors' and why we've felt all the bad feelings we had and how our negative beliefs kept us strapped within our truth-denying state.

Our Healing is our seeing the whole truth of our distorted way of being. And once we've seen it, then our soul transforms us out of our negative truth-denying state into a positive truth-loving one. We are still the same personality, only we're now living happily with ourselves rather than unhappily against ourselves.

Our final transition from being of a rebellious condition of mind to a Celestial Soul Condition of feelings, is glorious.

**Mind  
Worshipping  
Zombies in  
a Stupor**



### NATURAL LOVE BLENDS PERFECTLY WITH DIVINE LOVE:

Both are energies. Natural Love energy forms each soul and each individual soul is unique. Our personality, intelligence, memory, and humanistic characteristics are unique. It is our gift of free will that tends to enable us to error, however, it is the uniform nature of Divine Love and Feeling Healing that brings about our growth and release of man-made negativities.

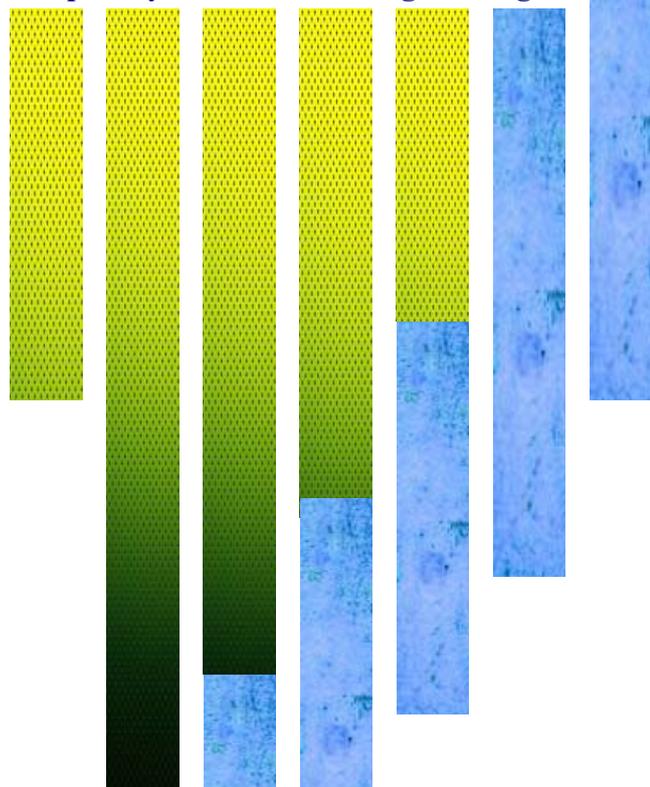
#### MAP OF CONSCIOUSNESS

|       |     |
|-------|-----|
| Level | Log |
|-------|-----|

|                       |      |
|-----------------------|------|
| At-onement Transition | 1080 |
|-----------------------|------|

|               |          |
|---------------|----------|
| ENLIGHTENMENT | 700-1000 |
| PEACE         | 600      |
| JOY           | 540      |
| LOVE          | 500      |
| REASON        | 400      |
| ACCEPTANCE    | 350      |
| WILLINGNESS   | 310      |
| NEUTRALITY    | 250      |
| COURAGE       | 200      |
| PRIDE         | 175      |
| ANGER         | 150      |
| DESIRE        | 125      |
| FEAR          | 100      |
| GRIEF         | 75       |
| APATHY        | 50       |
| GUILT         | 30       |
| SHAME         | 20       |

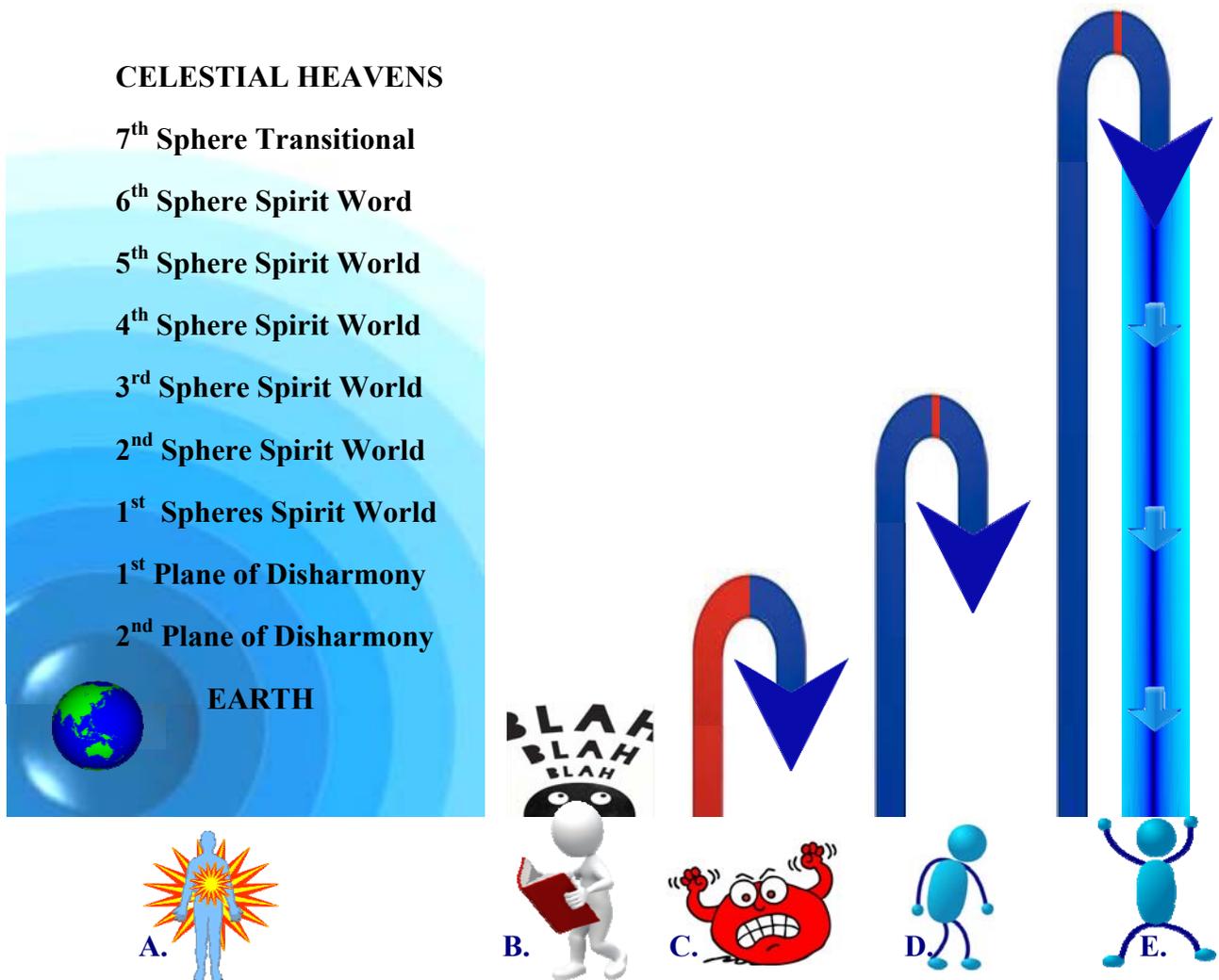
One's soul is gifted with the emotions of courage through to enlightenment. Man-made emotions are those of pride down to shame – these we can step away from with Feeling Healing.



A. B. C. D. E. F. G.

- A. Unborn child's soul is always perfect and remains that way throughout life.
- B. Child in first seven years absorbs man-made emotional characteristics from environment.
- C. Cognitive capabilities enable each person to choose to ask for and receive Divine Love.
- D. Divine Love strengthens one's resolve to release negative emotions should we continue to ask for more and more of this ultimate high octane super fuel, this light golden blue energy.
- E. Progressively, harmony comes about through our bodies and the inclinations to engage in negative ways and causing harm to others or one's self dissipate.
- F. As we embrace the Feeling Healing process, the Divine Love transforms our soul so that we no longer have any inclinations to do anything other than the will of the Source Soul, no more harm to others.
- G. It is with the blending of the Natural Love with the Divine Love that fits a person to become at one with our Mother and Father and to enter the Celestial Heavens.

**LOVE ASSOCIATED WITH ONE'S PROJECTED THOUGHTS:**



- A.** Our soul is connected to our spirit body which is the template for the physical body.
- B.** Every time when one prays to God from within the intellect, their prayer rises no higher than one's head. It does not go any higher because one's heart is not involved. Mindlessly repeating prayers learnt by rote is almost pointless.
- C.** Projecting your rage impacts on those around you and into the spheres of disharmony, however now your heart is involved! Causing harm to others brings about consequences.
- D.** Focused intention and desire for earthly creations is generally assisted by intellectually and loving spirit personalities from within the lower Spirit World Spheres, 1 and 2.
- E.** An earnest longing and desire to receive our Heavenly Parents' Divine Love projects into the Celestial Heavens and brings about an immediate infusion of the Mother and Father's Love into one's soul, delivered through the instrument, the Holy Spirit, of our Creator.
- Thus, one's level of feeling, earnestness, longing and love associated with prayers, meditation and desires is relative to the success of one's communications. Our thoughts project at a speed in excess of that of light and they are received into the spirit world or worlds at a level relative to the subject matter being focused upon. At all times, love focused communications will rise to the higher spheres.

**The LOVE that brings about FORGIVENESS:**

This Divine Love, and by this I mean the only way through which salvation can be obtained, can enter and fill the soul through the sincere longing of the soul to assuage the thirst for at-onement with the Father through prayer. Revelation 17 – November 12th, 1960 – Jesus

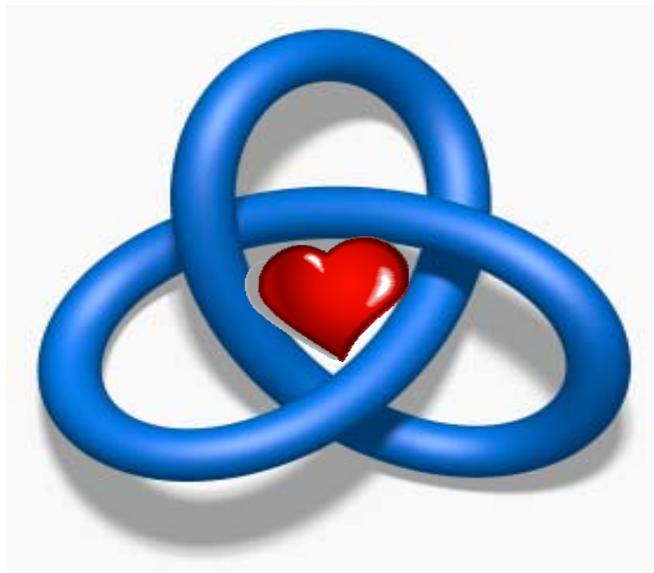
**The only way for man to achieve forgiveness of sins is through the obtaining of the Divine Love or through purification of the natural love, a long and tedious process that fits the individual soul for a place in the Sixth Sphere.** Revelation 50 – October 18th, 1954 – Jesus

Divine Love fits a personality to enter the Celestial Heavens, way above the 6<sup>th</sup> Sphere. Without this Love, man cannot enter the Heavens. It is this Divine Love that brings about immortality for man.

This great Love of the Father was created or rather has always been, for the redemption of the vilest sinner who seeks and believes. March 24<sup>th</sup>, 1915 – Ann Rollins

Only the Divine Love can give man of a Divine Nature, and that no self development or cultivation of the Natural Love to the greatest and most sublime extent are sufficient to make man at one with the Father in the divine sense and which makes the spirit a partaker of this Divine Essence of the Father. One needs to come to understand the difference between the two loves and what the New Birth means. March 24<sup>th</sup>, 1915 – Jesus

**Feeling  
Healing with  
Divine Love is  
the key!**



**Immortality with the Love.**

**This time, in the history of humanity, is the most exciting time ever experienced.**

## CLEANSING of ONE'S SOUL BRINGS UNDERSTANDING, PERCEPTION and WISDOM:

When one receives God's Touch there is a corresponding change within you and the conditions which built up from one's lifetime of experience, and from the prevailing conditions of this world, and from the conditions of one's forefathers, there is a need to have much of this expiated from one's soul. Feeling healing cleansing of encrustments around one's souls brings evermore understanding and perception and wisdom within and is a way for Source Soul to enable you to benefit this world.

Our soul, from conception, absorbs the natures and emotional injuries of those around us. These injuries and errors of belief encrust one's soul, thus we reflect the soul condition of our family.

Personal endeavours are slow and often falter. By asking our Heavenly Parents, for Their Love, the Divine Love instantly arrives and drop by drop, one by one, the light golden blue energy substance strengthens our resolve to remove emotional errors and injuries. By feeling-healing emotional issues with the Love we will have removed an unloving issue from around our soul.

When one looks back in time, one can observe that harmful issues literally have fallen from one's embrace. Do not resist the changes within you, but accept with joy that God is changing you and you are coming to the new birth of your soul.



The great gift of the Father's Love is always available to us, it is no further away than the tip of one's nose. Ask and one will always receive.

With this Love within one's soul, harmful natures cease to be engaged or embraced.

To bring about the peace that passes all understanding so that it may flourish within one's soul, one must allow these inharmonious conditions to be let go and this will enable the Love to flood within you.

This is God's greatest gift to you and in receiving this; we will bring light into the world. With Feeling Healing and this Love then our feet are upon the Divine Path.

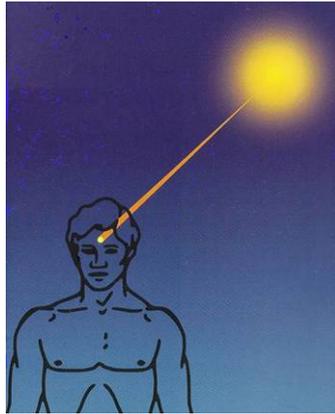


**VISUALISATION with LONGING:**

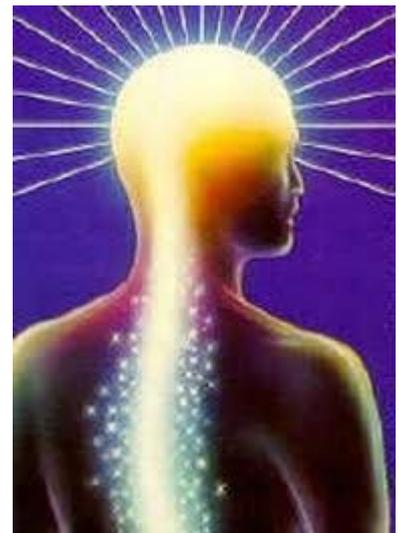
**Holy Spirit infusing Divine Love.**

**Progressive escalation of Divine Love flowing.**

**Visualise yourself as you were when young and with an empty bowl, and then thankfully ask the Mother and Father for Their Love – Their Divine Love:**



***"Please, Mother and Father, I want some more."***



## **Feeling Healing – Healing yourself through your feelings.**

- ✓ **Your feelings are the real and true you.**
- ✓ **If you are denying any feelings you are denying yourself.**
- ✓ **If you are denying yourself you can't ever be truly happy.**
- ✓ **To heal all your pain and suffering, you can look to your feelings for why you are feeling bad.**
- ✓ **If you want to know the truth of yourself, then it's your feelings you will need to look to.**
- ✓ **Your feelings hold the hidden keys to unlocking the truth of who you really are.**
- ✓ **Uncover the truth of yourself through your feelings and you will know why you feel all you do.**
- ✓ **Everything in life, why all that happens to you does, and everything about yourself, can be explained to you through your feelings.**
- ✓ **Why your relationships might not be as good as you would like, why some might fail, you will understand through your feelings.**
- ✓ **How to live a good, true, happy and loving life will come to you as you start paying attention to all your feelings.**
- ✓ **However you will also have to pay attention to all your bad feelings, and this can be very harrowing.**
- ✓ **By honouring – accepting and then expressing all the bad feelings you feel, you will slowly bring to light all the reasons why you don't feel good.**
- ✓ **And as you liberate yourself from these hidden repressed bad feelings, so you will start to feel better and better about yourself.**
- ✓ **It's a process, and it can take time, years possibly, but all that's hard will eventually pass becoming good.**
- ✓ **Expressing all your feelings, and particularly your bad ones, whilst longing and really wanting to know the truth of why you're feeling them, is doing your Feeling Healing.**
- ✓ **You can Heal yourself through your feelings. And in fact, it's the only way to really heal yourself.**
- ✓ **And if you wish to do your Healing with God, you can also long for God's Divine Love.**
- ✓ **Feeling Healing – Using your feelings to heal yourself.**

## ***DIVINE LOVE – what does it do?***

**Divine Love, which is a substance, progressively:**

**Transforms one's soul from that which is of natural love to that which is Divine**

**As natural love is enhanced with the Parent's Love, we reject our tendency to error**

**Divine Love, our Parent's Love, restrains errors, untruths and emotional stress**

**As we reject the condition to error, we develop our love for our brothers and sisters**

**Divine Love helps one with the discovery of truth through one's soul-feeling healing**

**Our natural intelligence grows, perceptions rise with our soul intelligent feelings**

**As Law of Compensation is resolved, the Love reduces returning to being in error**

**Receipt of Divine Love, the Parent's Love, grows our faith, we become God reliant**

**As our faith grows our propensity to undertake one's Feeling Healing strengthens**

**With the Love, our Feeling Healing becomes Soul Healing, this we are to undertake**

**Without the Love we remain self reliant and dependent upon our own will power**

**Only with the Love will our soul condition grow rapidly, all around us also benefit**

**The Love is the only substance that changes the human soul to that which is Divine**

**Only by asking and receiving Love do we become fitted to enter Celestial Heavens**

**Only by asking for and receiving the Divine Love does our soul become immortal.**

# THE DILEMMA ?

The major religions have not recognised the teachings gifted to all of us between 31 May 1914 and ongoing. Their congregations are not aware of the greatest gift in the universe being available for them to receive. Creeds, doctrine and dogmas govern rather than the Truths of Divine Love.



Traditional religious institutions persist in 'hiding their heads in the sand' by intellectualising ancient traditions and teachings that contain errors and assumptions causing a continuance in ways that are arduous and have limited benefits towards enabling man to perfect himself, rather than achieving a growth that is exponential and unlimited through the embracement of the great gift of our Heavenly Parents' Divine Love energy. Admittedly, it is a most difficult and traumatic experience to step away and progress above such long held beliefs that have been dedicated to, however, the harm resulting from withholding the knowledge will have to be compensated for. We may ignore, then deny, then defer; holding the doors closed for the great majority of the world's population without providing them with the pathway and option of receiving Father's Love. However, the Divine Love is so inclusive that everyone, with all their beliefs, can begin receiving this Love and what then gradually happens is that any erroneous belief dissolves with one's gradual acceptance of their soul life.

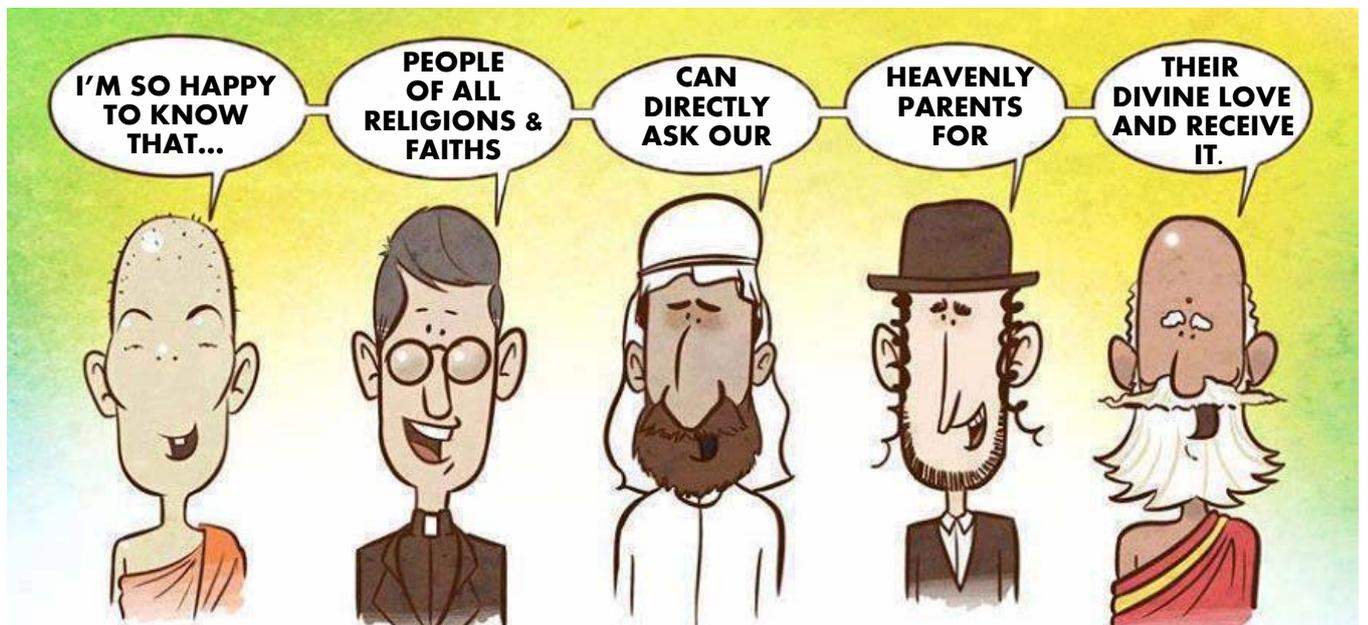
**Ignore → Deny → Defer**  
**or Embrace and share the Knowing!**



**WE ARE SO HAPPY TO KNOW THAT PEOPLE OF ALL RELIGIONS & FAITHS CAN DIRECTLY ASK THE SOURCE SOUL, OUR CREATOR, FOR HIS DIVINE LOVE AND RECEIVE IT.**

**DIVINE LOVE TEACHINGS are MULTI-FAITH and for ALL FAITHS:**

The beautiful gift of the Mother and Father's Love, the Divine Love, is available to all, no matter what one's soul condition maybe or what one's beliefs are. The Love is given to everyone who longs for the gift and asks for it. There are no boundaries or conditions other than the necessity to ask for the Love. The great gift is filtered through one's spirit body into the soul by the instrument known as the Holy Spirit. This light golden blue energy substance blends with one's natural love and progressively assists in the peeling off of negative emotional issues and erroneous beliefs through one's Feeling Healing process, bringing about great happiness and fitting the personality to enter the Celestial Heavens.



## WE ALL ARE BEING GUIDED HOME:

We need the Spirits of Truth of the Avonal Pair to Heal ourselves; then once Healed, (and for support (overshadowing) as well through your Healing), we need the Creator Pair, Mary Magdalene and Jesus' Spirits of Truth to see us through the Celestial spheres, while at all times embracing our Heavenly Mother and Father.

Until Mary and Jesus died and liberated their Spirits of Truth, no one from any of the worlds could leave Nebadon, because no one knew the way to do so. Nebadon is our local universe containing some 3.8 million inhabited physical worlds and their associated spirit worlds.

When we embrace the truths Mary and Jesus are revealing, and start to do our Feeling Healing, or with Divine Love, Soul Healing, we are then freeing ourselves up from our parental and self control.

Thus our journey to Paradise, to the home of our Heavenly Parents, is of our choosing as to when we progress, however, there is only one way:

**HUM:** Humanity is to ascend. We are self contained. Our soul is always in truth and perfect at all times. **By living true to ourself, true to our feelings, we are living true to God. It's that simple.**

We are to recognise that being engaged and dominated by our mind is the wrong way for us to evolve and grow in truth. We are to discard the mind enslavement that has been imposed upon as by all of our parents. We are to express our feelings, both good and bad and free ourselves of the indoctrination that humanity has embraced worldwide.

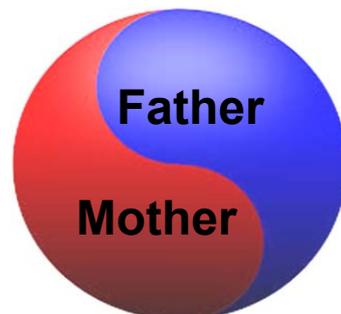
Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of our Mother and Father.

**AVO:** We are to embrace the truths and guidance of the Avonal Pair through their Spirits of Truth. It is the Avonal Pair's guidance that will lead us through our Feeling Healing, and with Divine Love, we will be able to ascend through the 7 spirit Mansion Worlds and enter the Celestial Heavens where we also interact with other world's spirits.

**J&M:** We are also to embrace the truths and guidance of the Paradise Pair, Mary and Jesus, who will then lead us through the 3 Celestial Heavens that are aligned with Earth, and then further on through Nebadon where we will then depart beyond on towards Paradise.

**M&F:** Beyond the universal zone of Nebadon, we will be guided by our Heavenly Mother and Father onwards through the universes to Paradise where we will be welcomed by them, home for us all, as we are all Children of God.

# GOD



M&F



J&M



AVO

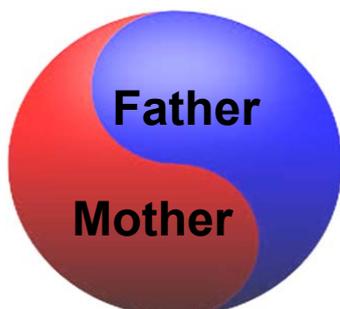


HUM

**WE ARE Children of God**

**WE ALL ARE BEING GUIDED HOME – NOW, HOW TO COMMENCE THE JOURNEY:**

**GOD**



**M&F**

For 200,000 years, we have been misled into embracing our mind's distortion of wisdom and truth. All such traditional understandings only lead us in the wrong direction, from which we must turn back from. Our soul based feelings are always in truth. Our minds are to follow our soul based truths and feelings, not the other way round, as we have been brought up to embrace.

We are to connect with our deeper repressed feelings.  
We are to long for the truth of what we are feeling.  
We are to live true to our selves; by living true to our feelings.

Use your surface day-to-day feelings to connect with your deeper repressed feelings. Express your surface feelings and your deeper repressed feelings to uncover the truth of yourself.



**J&M**

We all have feelings which we communicate and share with each other. And we all have deeper buried and hidden repressed feelings. Feelings from our early childhood we felt, yet weren't allowed to express. These feelings are still within us, waiting to have their say. These feelings, because they are repressed, cause us all our problems.

And as we look to uncover, bring out and accept these deeper feelings, so we're taken into new ways of looking at ourselves, our feelings, and our life. We're setting ourselves free of the controlling patterns that govern our unloving behaviour.

In this way, we progressively begin to express the personality that our Heavenly Mother and Father gave us, not the one imposed upon us by our physical parents and carers. We are to be our true and real selves.



**By living true to ourself, true to our feelings, we are living true to God. It's that simple.**

**AVO**



**HUM**

As we, humanity, long for the truth of our feelings, we can also be assisted by the Spirits of Truth of the Avonal Pair who are our spiritual teachers for Earth over this coming 1,000 years, to assist us through the Great U-Turn, away from mind dominance to being soul based feeling lead. They will assist us through the seven levels of the spirit Mansion Worlds.

Then the Creator Pair, Jesus and Mary, will lead us through Nebadon and into the greater universe. Then our Heavenly Mother and Father lead us home to Paradise.

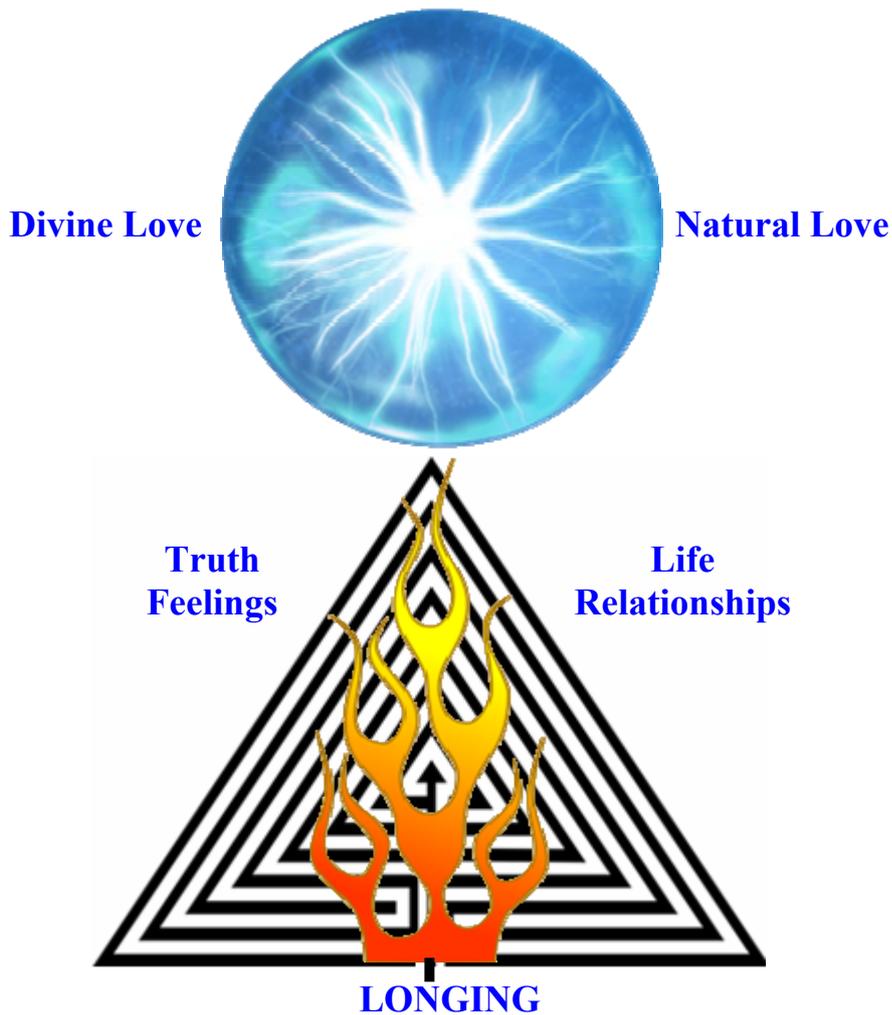
**WE ARE Children of God**

Collectively, should we embrace them all, as we are to, then our pathway home is a journey in the hands of the Spirits of Truth of the Avonal and Paradise Pairs overseen by our Heavenly Parents.

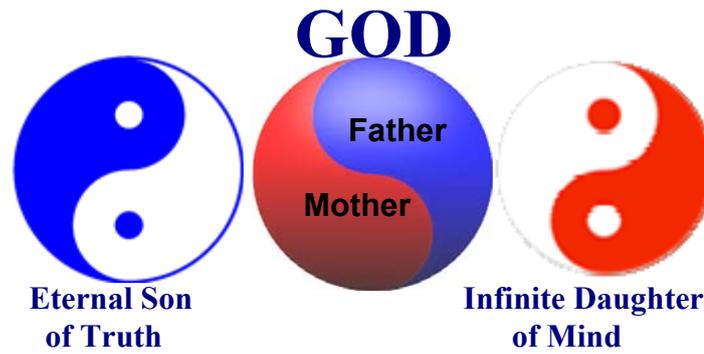
HOW TO GET TO PARADISE:

**The Key**

- Long for the Divine Love
- Long for the Truth
- Long for the truth of your feelings
- Don't deny any feelings: accept, express and want to know the truth of them
- Know your feelings are the key; your feelings are the Way
- Want to end your falseness and being untrue
- Want to understand the truth of your early life
- Use your surface feelings to move deeper into yourself, bringing up your repressed feelings
- Want and long to know the whole truth of yourself
- Want to do it all with God, your Heavenly Mother and Father – long to Them for help.



Our longing drives our life. We long with feelings. We can wish for things using our mind, yet long for things with our heart. These things in the pyramid are what to long for. Longing for them, when the longing comes naturally. Longing because you feel you really want them. Long to be true with all your heart. Long to live true to your feelings. Long to understand the whole truth of yourself.



**PARADISE TRINITY:**

1. **Our MOTHER and FATHER (God) (MF) – Divine Love**  
SOUL (God) – One SOUL that is expressing its two PERSONALITIES, our Heavenly Mother and Heavenly Father (Soulmates)
  2. **ETERNAL SON (ES) – Divine Truth**
  3. **INFINITE DAUGHTER (ID) – Divine Mind**
- Then: The Second and Third Persons of the Paradise Trinity (ES and ID) are stepped down to the local universe trinity (Mary and Jesus, Divine Minister (DM), and her Holy Spirit.

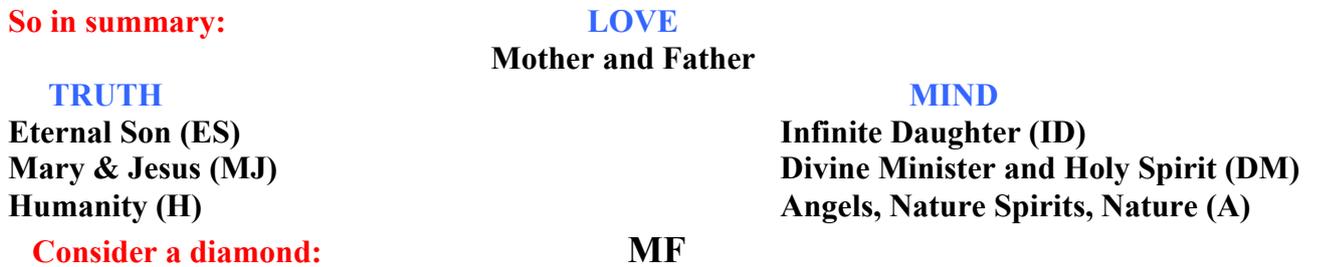
**The LOCAL UNIVERSE TRINITY:**

1. **MARY M and JESUS** – Our MOTHER and FATHER – Love – the Living Truth
2. **DIVINE MINISTER** – Mind (and her Holy Spirit)
3. **HUMANITY – Natural love, sons and Daughters – Truth, and our Angels – Mind**

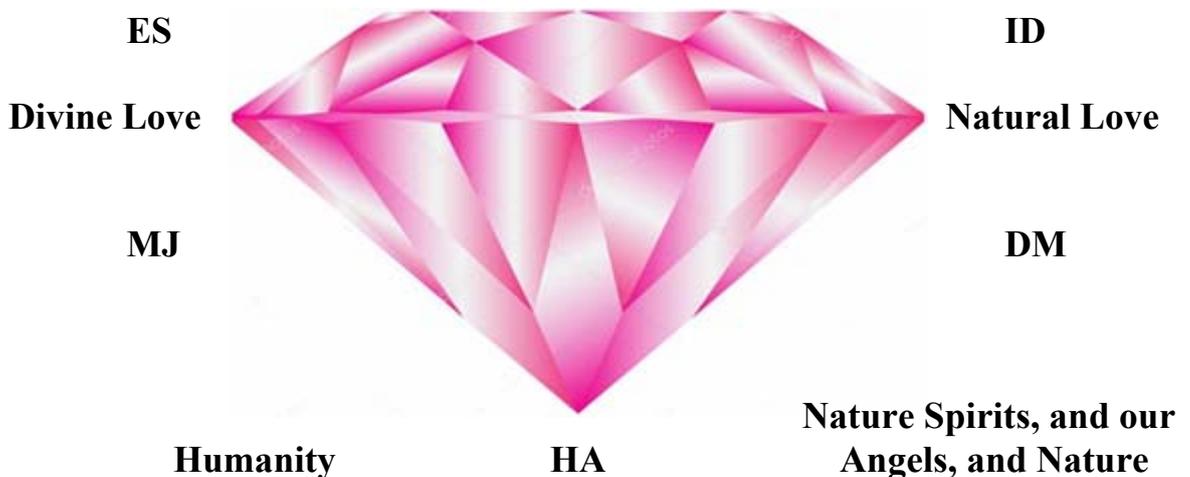
**PLANETS that engage in REBELLION:**

1. **AVONAL SOULMATE PAIR** – the Feeling Healing process – incarnate
2. **DAYNAL – TEACHER PAIRS** – they do not incarnate

**So in summary:**



**Consider a diamond:**



# Mother and Father Heavenly Parents

Creator Son & Daughter  
Jesus and Mary

Avonals  
as soulmate pairs

Trinity Teachers  
as soulmate pairs

Melchizedeks – who have taken over from the Caligastians and Daligastians being also all as soulmate pairs.

Mortal Souls – human beings who individualise on Earth, then progress through the spirit Mansion Worlds, then into the Celestial Heavens, and beyond.

Mortal Souls – also being ascending spirits, upon completing their Soul Healing, join with their soulmate, then join their soul group of 24 mortal spirits, being 12 soul pairs. It is only as a soulgroup that anyone can progress beyond Nebadon.

The Paradise Pairs are all ONLY concerned with the SPIRITUAL wellbeing and upliftment of the planets and local universe. Currently to do with Earth:

Mary and Jesus – spiritual wellbeing and upliftment of the whole of Nebadon region.

Avonal Pair – Daynal pairs (Trinity Teacher Daughters and Sons) – Spiritual wellbeing and upliftment of individual planets and their associated Mansion Worlds.

The Local universal Sons and Daughters are all about the running of the worlds under their jurisdiction, and ensuring the higher spiritual elements can be employed, or sent astray, as in our cases through the Rebellion and Default.

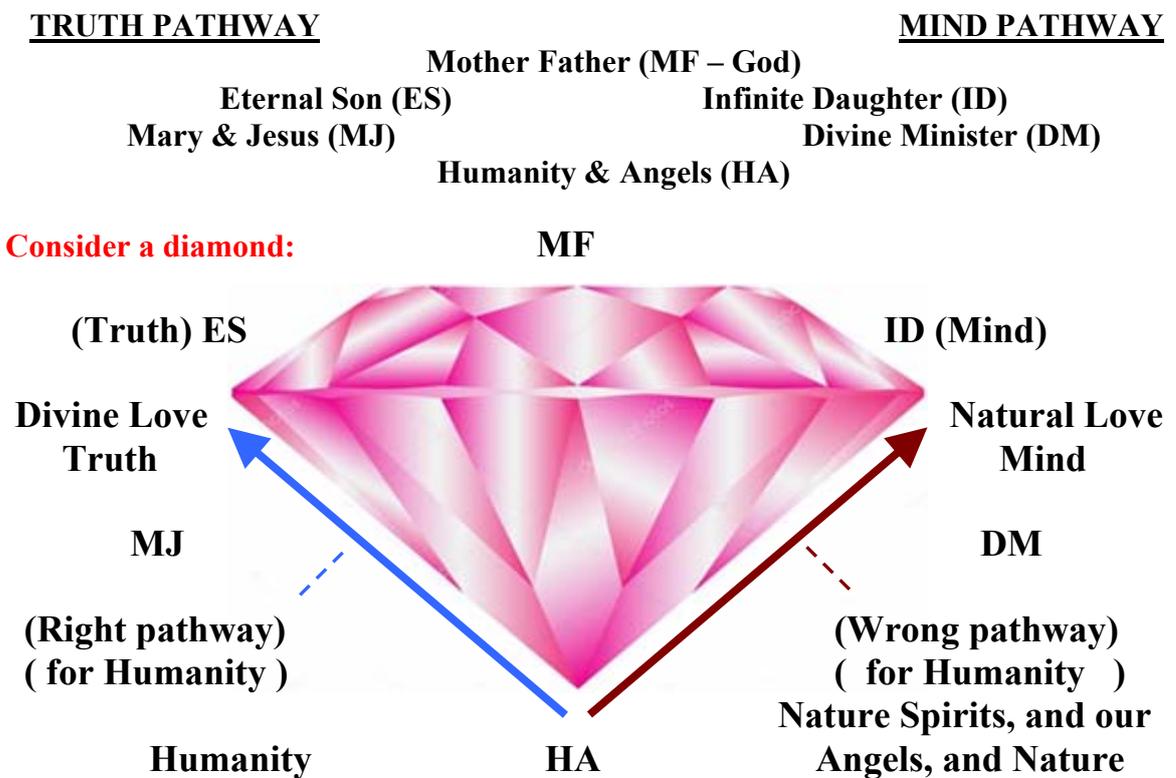
Lanonandeks – Melchizedeks (and others, such as Life Carriers and Eve and Adam).

As the Lanonandeks all rebelled – the Lucifers, Satans, Caligastias and Daligastias soulmate pairs – so the Melchizedeks have taken over their roles, as well as doing their own.

So the Melchizedeks are the governors, overseers, the administrators and advisors and so on for Earth; they are the ‘controllers’, and they will instigate all that needs to be done to do with the ending of the Rebellion and Default. And they will enlist the willing help of ascending mortal pairs, so the mortal Celestials spirits (soulmates when available, and others waiting to unite with their partner), and at times mortal spirits in the Divine Love Healing Mansion Worlds. And the angels help all of us.

Currently the whole of Creation exists for the ascension of mortal souls from their earth planets to Paradise. It’s all one vast Grand Ascension Scheme. With all the higher and lower spiritual Daughters and Sons, together with all the many different angels and other universal spirit personalities, and even including nature and our very own pets, assisting women and men with their Ascension Journey. It being: and Ascension of Truth. Everything we do is done to help us grow in truth. (Only everything we do in our negative state is to deny ourselves our truth from our feelings, which is why we have to do our Healing.) All women and men are ascending (or growing) in truth through their experiences. And as we grow in truth by looking to our feelings to show us that truth, so we’re ascending, moving inwards and upwards through all the worlds and spheres of the Grand Universe to one day arrive on Paradise and meet our Heavenly Parents. God is providing us, Their children, with this spiritual journey called our Ascension of Truth. And by living true to our feelings, so we are progressing on our true Spiritual Path – our Ascension Path.

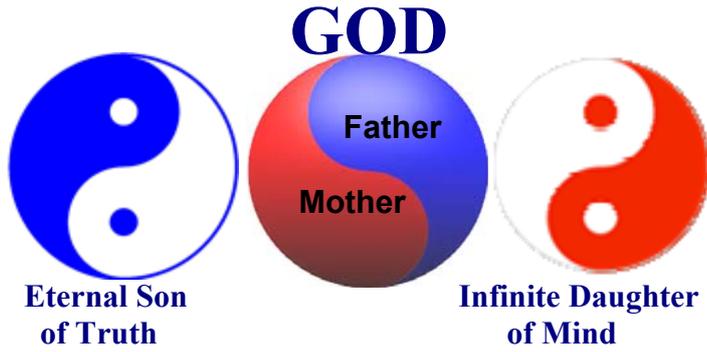
Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God’s soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.



**Humanity** is to pursue the pathway for Truth through one’s soul based feelings, this is the right pathway. However, humanity commences its journey founded on natural love, which we now know is to be perfected through one’s Feeling Healing process and then made divine through asking for and receiving our Heavenly Parents’ Divine Love.

For 200,000 years, **humanity** has pursued the pathway of the Mind, being that of the brain, this is the wrong pathway. The Mind is the pathway for Angels and that of all of Nature.

**CREATION of SOUL and SPIRIT:**



God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one's feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.



Feeling Pathway

Mind Pathway



Soulmate Pair



Angel

The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves enabling the union with our soulmate, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.



Spirit Person



Nature Spirit

The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.



Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.

**“VOICE of DIVINE LOVE”**

**PRAYER / MEDITATION:**

**16 February 2015**

Family Reunion – Afterlife Contact: through Joseph Babinsky page 175

<https://www.lulu.com/shop/search.ep?keyWords=Family+Reunion+Afterlife+Contact&type=>

The Divine Love is the ingredient of real and definite change. This love will not force the change, but change will come if you continue to desire it to do so. When you are anxious to see the change it escapes your attention. Be still and quiet; reflect in silence. Love is present. Keep asking, longing, and never cease: this is your part. It is your cooperation actively engaged that brings the transformation and continues the process.

Do not fade; do not walk away. Remain in the presence of Love. Be stubborn if need be. Remain in the place of active waiting. This is active silence – energetically remaining steadfast in the place of waiting for more of the Divine Love to flow to your soul. You cannot see it; sometimes you will experience it as simple quietness and calmness. This is as pure and real as any other experience, whether demonstrative joy through laughter and dance, or other expressions.

Do not interpret times of quiet as moments when you are unheard or ignored, or worse, that you are rejected. Divine Love is present; it is always present. It does not fade or disappear. Thus, you must not walk away disillusioned and feel forsaken. There is no need for you to sulk. Do not give into feelings of neglect and rejection.

Come once again to your chamber of prayer. Maintain daily prayer and meditation. When you do this you are building a home for the dwelling of the Divine Love. Your continual invitations establish an attitude of welcome to the Divine Love. These build a bridge for the Divine Love to carry you to new and higher levels of change and transformation: places of new realms for your soul growth and development. They are experiences and expressions of your soul journey to new homes being visited.

You are presently trying on new clothes. You are a soul travelling to new places in new areas having new vistas. You ask if this or that is your new home. The answer is yes and no. You will feel uncomfortable and this indicates it is time to move on. Where you dwell causes you to feel uncomfortable. Where you once felt comfortable no longer feels this way. It is time to move: time to follow your heart, and time to explore.

If you move too quickly and reach too soon for a higher place, you will feel discomfort. You will find your new home; this is certain. Now, at this present moment, you are seeking your new home. Do not be alarmed; you will find the peace that your soul desires.

Come home; come home and rest. This is the call that you feel. Do not fear change. You are not slipping backwards to a lower place; you are heading in a new direction: a place higher – higher still. Rest, be quiet, and be still. Listen and hear the whispers of this call.

Your friends await you – new friends as well as old. Your old friends have beckoned to you and they wait your arrival. Remain still and quiet as you move forward. This moment is rich with new adventure.

Are these words familiar to you? Do you recognise them? They are the words of change and progress. They are words in a song that you may have sung or heard many times before. You may have sung or heard it yesterday and a month ago, and also last year and the year before. You may have sung or heard these words many years ago too.

Pause, breathe deeply; sigh, and, and if you must, cry if need be. This is your soul's journey as you travel the road of great change – the transformation of your soul.

Remember, it is said that only you can prevent the Divine Love changing you from the mortal to immortal. This is true; it remains as true as ever. And it shall remain true during the entire course of your transformation process.

Today you are in a new place. You have not been this way before. Take a rest, breathe deeply and be still. Listen and hear.

The voice that comes to you is the voice of the Divine Love in your soul. Allow me to change you. Do not define me or draw a chart showing a prescribed plan of process and progress. I cannot be so rigidly pictured. Be fluid and flexible. Allow me to expand your soul-vision. Allow me to open your eyes that you may see clearly the new home I am leading you toward.

I am the voice of Divine Love wisdom. Allow me to teach you and guide you. I will not lead you astray.

I am the voice of your transformation – the change and transformation of your soul.

Listen and hear. Be quiet and very still so that my voice may become clearer within you.

Are you ready? Are you ready to continue your journey? Are you ready to begin once again? You have not been this way before: are you ready for the next step?

There are many precious souls around and about to encourage you. However, it really is now you and I, the Divine Love and you – your soul. I am the voice of the Divine Love in your soul. Do you hear the sound of my voice? Do you recognise the sound of Divine Love? Is my voice clear? Does it resonate within you?

Be still and trusting. I will guide you safely home. The way is before us. The way ahead is open. It leads to higher places and higher realms where a beautiful home awaits you.

We are not yet there. It is close; just a little further ahead. One more step ... just one step at a time. Until we arrive, there will always be one more step.

Rest, relax and breathe. Pray and wait.

I am near; I am present. Take my hand. Reach for my out-stretched hand.

Feel my presence ... so close; so very near.

I am the voice of the Divine Love within your soul.

I Am – Source Soul

“Voice of Divine Love” message calibrates on MoC at:



<http://www.pascashealth.com/index.php/library.html> visit Library section of [www.pascashealth.com](http://www.pascashealth.com)  
audio files for download: [Prayer for Divine Love from the Padgett Messages.mp3](#)  
[The Voice Of Divine Love.m4a](#)

There are further audio files for downloading from the Medical – Spiritual References section.

**LONGING for the LOVE:**

Dear Creator, fill my soul with your great Essence, your Love Divine and I will walk this Path as your child, ever seeking to come closer to you, ever seeking to receive this wondrous Gift, ever seeking to open my eyes and my ears and my mind of the soul so that I may know truly and wondrously who You are, who I am and the wonderment that is your creation, Beloved Mother and Father. I am ready. I am willing. I have a deep desire to know, I have a deep desire within my soul to love and I want to love, Mother and Father, in all the ways that I am capable of and to be your channel of Love in this world, to bring the Light of your Love into this world, to be in this wondrous flow and harmony, to know this great joy, profound and deep, holy and joyous. Mother and Father, I am with you. Be with me within my soul. Be with me now.

Kea 16 May 2016

The **PRAYER for DIVINE LOVE** (as given by Jesus within the first century) 2 December 1916

**Our Father, who art in heaven, we recognize that You are all Holy and loving and merciful, and that we are Your children, and not the subservient, sinful and depraved creatures that our false teachers would have us believe. That we are the greatest of Your creation, and the most wonderful of all Your handiworks, and the objects of Your great soul's love and Tenderest care.**

**That Your will is that we become at one with You, and partake of Your great love which You have bestowed upon us through Your mercy and desire that we become, in truth, Your children, through love, and not through the sacrifice and death of any one of Your creatures.**

**We pray that You will open up our souls to the inflowing of Your love, and that then may come Your Holy Spirit to bring into our souls this, Your love in great abundance, until our souls shall be transformed into the very essence of Yourself; and that there may come to us faith--such faith as will cause us to realize that we are truly Your children and one with You in very substance and not in image only.**

**Let us have such faith as will cause us to know that You are our Father, and the bestower of every good and perfect gift, and that only we, ourselves, can prevent Your love changing us from the mortal to the immortal.**

**Let us never cease to realize that Your love is waiting for each and all of us, and that when we come to You, in faith and earnest aspiration, Your love will never be with-held from us.**

**Keep us in the shadow of Your love every hour and moment of our lives, and help us to overcome all temptations of the flesh, and the influence of the powers of the evil ones, which so constantly surround us and endeavour to turn our thoughts away from You to the pleasures and allurements of this world.**

**We thank You for Your love and the privilege of receiving it, and we believe that You are our Father --the loving Father who smiles upon us in our weakness, and is always ready to help us and take us to Your arms of love.**

**We pray this with all the earnestness and longings of our souls, and trusting in Your love, give You all the glory and honour and love that our finite souls can give.**

**Amen**

MoC



Note: The 'false teachers' are our parents, as they are also the 'evil ones'. Also, the evil ones, being those parts of one's mind, that are controlling you.

# Divine Love

## The Gift that keeps Giving

*A general universal platform on how to experience Divine Love*

As more people become aware of the *Divine Love*, how to experience the Divine Love suggested a need to provide a general universal platform that is simple yet an effective way for one to experience *Divine Love*. People may learn about the availability of *Divine Love* by word of mouth or from reading literature that introduces this gift for our soul, and also by participating with group dynamics where the *Divine Love* is introduced and discussed. The essence of this simple platform is its independence so that the individual may feel guided to include this process in one's daily life and experience the *Divine Love* as they so please.

The platform introduced here is a technique that is simple, constant, practical and has been utilised in the generally by many for over twenty years with loving consistent results, accommodating participants and their diversity of belief and cultural background. This process is a reliable place to begin with the experience of *Divine Love*. It needs to be confirmed that accepting *Divine Love* rests with our soul and heart and that to experience this Love will comfort one in their individual faith experience as we all aspire toward the greater reality of Love, Truth and Spirit.

### A Universal Platform on How to Experience the Divine Love:

At this moment you may be generally aware that one can experience the *Divine Love*.

Find a comfortable chair; sit down in a relaxed and normal position.

Close your eyes and take three deep single breaths in through your nose and out through your mouth to clear energy and to relax into this experience. Have a little faith and proceed without great expectations.

Gently turn your inner heart and voice to the Soul, God in faith when you feel ready, ask the Soul, God with your own loving voice for an inflowing of *Divine Love*. Having asked sincerely, there is no need to continuously ask. The Soul, God hears sincere love in the asking and so The Spirit that brings the Love acts, and *Divine Love* is now flowing.

Having asked once, you will be receiving the *Divine Love*.

Proceed without expectation on what will happen as you experience the Love.

Sometimes your mind may wander – or there are thoughts, feelings or physical sensations. Experiencing the *Divine Love* is never a forceful experience.

Continue for as long as you feel you would like to. This may be for 5 minutes or 20 minutes or an hour. Times will vary, on each occasion, for the individual or group.

Take another few deep breaths to assist your focus. Give love to the Soul, God and in your own voice consider inwardly saying this; Soul, God that I love your Soul and I am lovingly grateful to receive this *Divine Love*.

Then when you feel ready, open your eyes and take another deep breath or two, and this closes the experience.

### **Some helpful observations and hints:**

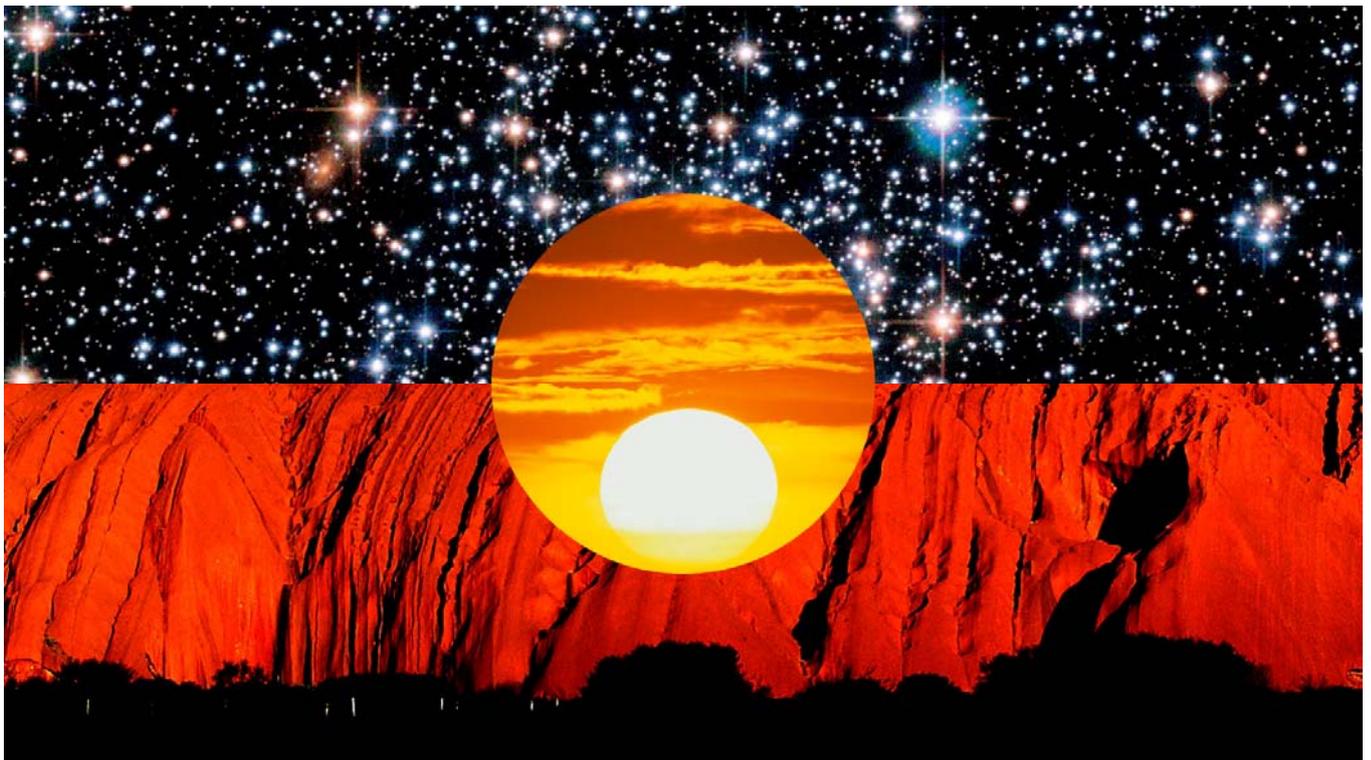
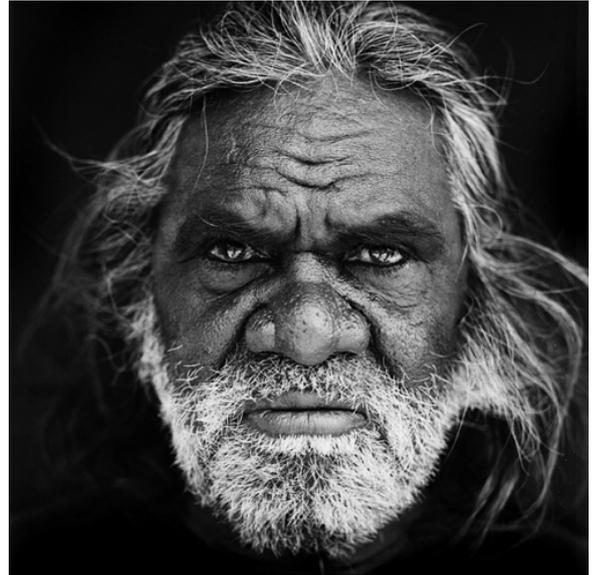
- This general process on how to experience the *Divine Love* is uncomplicated. Some people have utilised this platform for many years, never changing the process significantly.
- The essence of this standard platform is to experience the *Divine Love* in a comfortable way, therefore this technique is simple, effective and inclusive.
- Experiencing the *Divine Love* can be a long-term experience so having a practical, simple, functional standard platform provides a process from which one may and can experience the *Divine Love*.
- From this general platform people who like prayer or meditation, reflection, spirit communication, or just being *in* and *with* the Love can extend their experience from this standard position.
- Lastly, enjoy! And know that when a person is experiencing the *Divine Love* that one is in the tender care of the Soul God, and that no spirit interference will or can happen, for no spirit can interfere with the Sovereignty of *Divine Love*, which is God's Alone!
- Enjoy, Celebrate and Shine!

A gift of experience from Zara and Nicholas endorsed by many, many others.



### UNIVERSALITY of the LOVE:

Should you be open to and communing with our Heavenly Parents, our Mother and Father, no matter who you are and where you are, your desire for Their love will be showered upon you. We do not need to be anywhere in particular or be receiving guidance from any particular person, our relationship with our Heavenly Parents is a very personal one to one communion that can bring about a flow of Their Divine Love into one's soul anytime we desire as often as we desire, anywhere we may be no matter what we may be doing. It is our choice and our free will that only needs to be applied. Embrace and enjoy the Love.



#### **Three Great Truths:**

- **God is soul, being our Heavenly Parents, Mother and Father;**
- **that each individual soul is a duplex – both male and female;**
- **and Feeling Healing with Divine Love is the pathway to Paradise.**

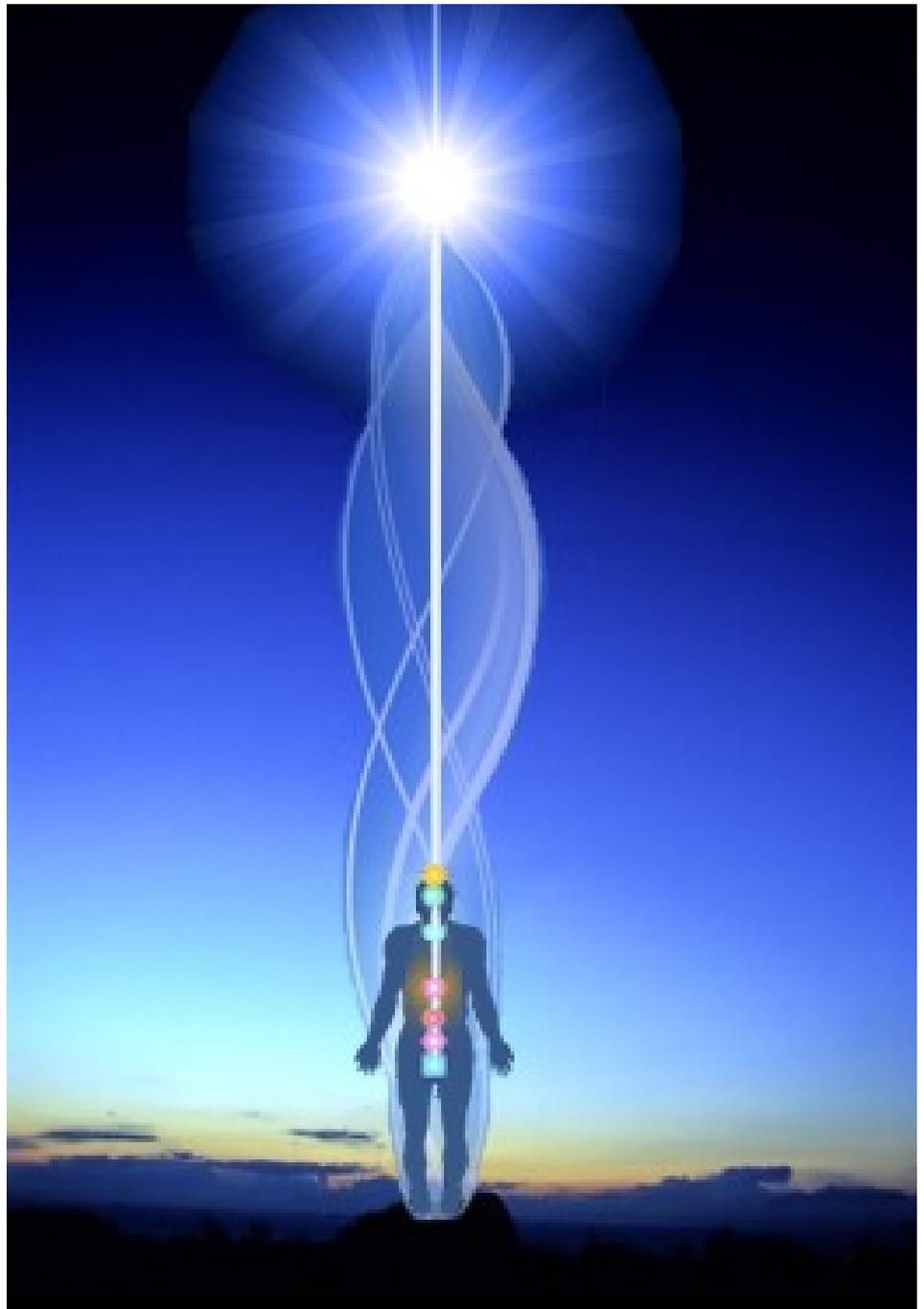
**On the WINGS of a BUTTERFLY:** No 12, Traveller, an immortal journey, via Zara and Nicholas

Once upon a time there was a butterfly sitting with closed wings in a person's heart. This butterfly had been sitting with wings closed for a long time. The person couldn't figure out why they always felt a little sad. One day, this person asked another person why they feel sad. The response happened quickly and the person didn't like the response. It was said that perhaps your soul is sad. Several days passed and soon that person found themselves sitting by the sea. The sea has great longing to it. As the sun shone on a late spring day, the person thought about their soul and that perhaps, the person's remark was true, and that this person was a messenger of some sort. Suddenly a breeze swept through the beach and the person heard a distinct voice speak directly to him! The voice said, "Let your soul breathe in Divine Love." That was all the voice said.

The person didn't know what the Divine Love was or where it was, but now the sadness had greater longing so the person decided to breathe in the Divine Love and just like that – the closed wings of the butterfly opened and the person's sadness started to dissolve. Happiness will be mine the person thought upon feeling the Love and this will take time for me to learn how to live such happiness.

Never again, in the heart of that person, did the butterfly close its wings.

Traveller



Whilst we are receiving our Parents' Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way our Mother and Father is actually loving us! When we progress, it is the Father's way of loving us into love and then we live what we are, love. Message 278 Destiny

**Our Heavenly Parents simply desire for us to ask for Their Love.**

**“I love you Father.” “Let the Divine Love proclaim its energy into my soul.”**

**“Mother and Father, I desire your Love and I am loving you.”**

**“Soul God, I love you and I love receiving and experiencing your Divine Love.”**

**“True Soul God, I am here, I am aware of your Love. Please hear my aspiration for your Love and as I approach you from my soul, I can feel your Love in the way that you are loving my soul.”**

**Try it; give the Love a go! If you want to shine, receive the Love.**

**Follow your heart, follow your love and do that in loving action, your inner love leads in your asking the Soul of God to receive a little of the Love.**

**God's Divine Love: Pray for it, ask for it, and receive it.**

Our Celestial Teachers know no fear, nothing that they say or do infers any fear as they do not know what fear is. All that is taught and is to be taught is about the Love, the Divine Love, receive a little and then look back in a few months and the changes will be self apparent. That is all there is to it, that is all that one need consider, it is so wonderfully simple that it is difficult to comprehend.

The above simple and short prayers were written by our Celestial Friends.

Enjoy the journey with the Love.

[www.pascashealth.com](http://www.pascashealth.com) kindly visit the Library Download:  
Click on the file and the PDF will download for you:

**PASCAS  
PAPERS**

Universal Gift – Feeling Healing with Divine Love  
Pascas Care – Kids of the World – Justice Reinvestment  
Pascas Care – Kids of the World – Communities  
Pascas Care – Kids of the World – Communities Pilbara WA  
Pascas Care – Kids of the World – Torres Strait  
Pascas Care – Kids of the World – Street Kids – Gold Coast  
Pascas Care – Kids of the World – Without Fear  
Pascas Care – Kids of the World – With the Love  
Pascas Care – Like Father Like Son

PascasHealth.com at Library Downloads in Medical – Spiritual Reference are meditation audio files.

|                                                                                                                                                                            |                                                                                                                            |                                                                           |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------|
| <b>Primary recommended reading:</b>                                                                                                                                        | <b>consider commencing with:</b>                                                                                           | <b>Paul – City of Light</b>                                               |
| <b>The Book of Truths</b>                                                                                                                                                  | <b>1914 – 1923</b>                                                                                                         | <b>xxx – Joseph Babinsky</b>                                              |
| <b>containing the Padgett Messages or</b>                                                                                                                                  |                                                                                                                            |                                                                           |
| <b>Little Book of Truths</b>                                                                                                                                               |                                                                                                                            | <b>– Joseph Babinsky</b>                                                  |
| <b>True Gospel Revealed anew by Jesus Vol I, II, III, IV</b>                                                                                                               | <b>xxx</b>                                                                                                                 | <b>– Geoff Cutler</b>                                                     |
| <b>The Rejected Ones</b>                                                                                                                                                   | <b>2002 – 2003</b>                                                                                                         | <b>xxx – James Moncrief</b>                                               |
| <b>Messages from Mary &amp; Jesus</b>                                                                                                                                      | <b>2003</b>                                                                                                                | <b>xxx – James Moncrief</b>                                               |
| <b>Paul – City of Light</b>                                                                                                                                                | <b>2005</b>                                                                                                                | <b>xxx – James Moncrief</b>                                               |
| <b>Mary Magdalene and Jesus'</b>                                                                                                                                           |                                                                                                                            |                                                                           |
| <b>comments on the Padgett Messages</b>                                                                                                                                    | <b>2007 – 2010</b>                                                                                                         | <b>xxx – James Moncrief</b>                                               |
| <b>Speaking with Mary Magdalene &amp; Jesus</b>                                                                                                                            | <b>2013 – 2014</b>                                                                                                         | <b>xxx – James Moncrief</b>                                               |
| <b>Sage and the Healing Angels of Light</b>                                                                                                                                | <b>2017</b>                                                                                                                | <b>xxx – James Moncrief</b>                                               |
| <b>Road map of Universe and history of Universe:</b>                                                                                                                       |                                                                                                                            |                                                                           |
| <b>The Urantia Book</b>                                                                                                                                                    | <b>1925 – 1935</b>                                                                                                         | <b>xxx as primary reading</b>                                             |
| <b>Divine Love supporting reading:</b>                                                                                                                                     |                                                                                                                            |                                                                           |
| <b>Revelations</b>                                                                                                                                                         | <b>1954 – 1963</b>                                                                                                         | <b>– Dr Daniel Samuels</b>                                                |
| <b>Judas of Kerioth</b>                                                                                                                                                    | <b>2001 – 2003</b>                                                                                                         | <b>– Geoff Cutler</b>                                                     |
| <b>The Golden Leaf</b>                                                                                                                                                     | <b>2008</b>                                                                                                                | <b>– Zara &amp; Nicholas</b>                                              |
| <b>The Richard Messages</b>                                                                                                                                                | <b>2012 – 2013</b>                                                                                                         | <b>– James Reid</b>                                                       |
| <b>The Divine Universe</b>                                                                                                                                                 | <b>2012 – 2013</b>                                                                                                         | <b>– Zara &amp; Nicholas</b>                                              |
| <b>Family Reunion Afterlife Contact</b>                                                                                                                                    | <b>2014 – 2015</b>                                                                                                         | <b>– Joseph Babinsky</b>                                                  |
| <b>Traveller, An Immortal Journey</b>                                                                                                                                      | <b>2014 – 2015</b>                                                                                                         | <b>– Zara &amp; Nicholas</b>                                              |
| <b>Destiny, Eternal Messages of Divine Love</b>                                                                                                                            | <b>2015 – 2016</b>                                                                                                         | <b>– Zara &amp; Nicholas</b>                                              |
| <b>Feeling Healing</b>                                                                                                                                                     | <b>2017</b>                                                                                                                | <b>– James Moncrief</b>                                                   |
| <b>Religion of Feelings</b>                                                                                                                                                | <b>2017</b>                                                                                                                | <b>– James Moncrief</b>                                                   |
| <b>The Way of Divine Love</b>                                                                                                                                              |                                                                                                                            | <b>– Joseph Babinsky</b>                                                  |
| <b>Divine Love – The Greatest Truth in the World</b>                                                                                                                       |                                                                                                                            | <b>– Joseph Babinsky</b>                                                  |
| <b>The Human Soul</b>                                                                                                                                                      |                                                                                                                            | <b>– Joseph Babinsky</b>                                                  |
| <b>Divine Love Flowing</b>                                                                                                                                                 |                                                                                                                            | <b>– Joseph Babinsky</b>                                                  |
| <b>The Truth</b>                                                                                                                                                           |                                                                                                                            | <b>– Werner Voets</b>                                                     |
| <b>Through the Mists, The Life Elysian, The Gate of Heaven</b>                                                                                                             |                                                                                                                            | <b>– Robert James Lees</b>                                                |
| <b>Life in the World Unseen</b>                                                                                                                                            |                                                                                                                            | <b>– Anthony Borgia</b>                                                   |
| <b>Gone West</b>                                                                                                                                                           |                                                                                                                            | <b>– J M S Ward</b>                                                       |
| <b>Post Mortem Journal</b>                                                                                                                                                 |                                                                                                                            | <b>– Jane Sherwood</b>                                                    |
| <b>After Death / Letters from Julia</b>                                                                                                                                    |                                                                                                                            | <b>– William T Stead</b>                                                  |
| <b>Thirty Years Among the Dead</b>                                                                                                                                         |                                                                                                                            | <b>– Carl A Wickland</b>                                                  |
| <b>A Wanderer in the Spirit Land</b>                                                                                                                                       |                                                                                                                            | <b>– Franchezzo</b>                                                       |
| <b>Life Beyond the Veil Vol I thru to V – Rev George Vale Owen</b>                                                                                                         |                                                                                                                            | <b>– Geoff Cutler</b>                                                     |
| <b>The Holy Bible from the Ancient Eastern Text</b>                                                                                                                        |                                                                                                                            | <b>– Dr George M Lamsa</b>                                                |
| <b>Available generally from:</b>                                                                                                                                           |                                                                                                                            |                                                                           |
| <b><a href="http://www.lulu.com">www.lulu.com</a></b>                                                                                                                      | <b><a href="http://www.amazon.com">www.amazon.com</a></b>                                                                  | <b><a href="http://www.bookdepository.com">www.bookdepository.com</a></b> |
| <b>For Divine Love focused websites and forums:</b>                                                                                                                        |                                                                                                                            |                                                                           |
| <b>Pascas Health:</b>                                                                                                                                                      | <b><a href="http://www.pascashealth.com/index.php/library.html">http://www.pascashealth.com/index.php/library.html</a></b> |                                                                           |
| <b>Spiritual Development:</b>                                                                                                                                              | <b><a href="http://new-birth.net/spiritual-subjects/">http://new-birth.net/spiritual-subjects/</a></b>                     |                                                                           |
| <b>Padgett Books:</b>                                                                                                                                                      | <b><a href="http://new-birth.net/padgetts-messages/">http://new-birth.net/padgetts-messages/</a></b>                       |                                                                           |
| <b><a href="http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm">http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm</a></b> |                                                                                                                            |                                                                           |

**James Moncrief's books, the Padgett Messages and The Urantia Book at:**

**DIVINE LOVE SPIRITUALITY – DLS:**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945  
The Urantia Book (see suggested papers to read below)

**James Moncrief Books:**

|                                                                     | MoC   |                           |       |
|---------------------------------------------------------------------|-------|---------------------------|-------|
| The Rejected Ones – the Feminine Aspect of God                      | 1,490 | Nov 2002 – Jan 2003       | 228   |
| Messages from Mary and Jesus book 1                                 | 1,485 | Feb – Apr 2003            | 189   |
| Messages from Mary and Jesus book 2                                 | 1,485 | Apr – Oct 2003            | 170   |
| Mary Magdalene and Jesus' comments on the Padgett Messages – book 1 |       | Aug 2007                  | 164   |
| Messages from 31 May 1914 – 12 January 1915                         | 1,495 |                           |       |
| Mary Magdalene and Jesus' comments on the Padgett Messages – book 2 |       | Sep 2010                  | 177   |
| Messages from 13 January 1915 – 29 August 1915                      | 1,494 |                           |       |
| Speaking with Mary Magdalene and Jesus blog – book 1                | 1,490 | Jan – Apr 2013            | 206   |
| Speaking with Mary Magdalene and Jesus blog – book 2                | 1,489 | Apr – May 2013            | 229   |
| Speaking with Mary Magdalene and Jesus blog – book 3                | 1,490 | Oct – Jan 2014            | 187   |
| Speaking with Mary Magdalene and Jesus blog – book 4                | 1,491 | Jan – May 2014            | 191   |
| Mary Magdalene comments on Revelation from the Bible KJV            | 1,485 | Dec 2013 – Jan 2014       | 84    |
|                                                                     |       | This group being pages of | 1,825 |

|                                                                  |                        |                           |       |
|------------------------------------------------------------------|------------------------|---------------------------|-------|
| Paul – City of Light                                             | 1,488.5                | 2005                      | 149   |
| Ann and Terry                                                    |                        | 2013                      | 235   |
| Feeling bad? Bad Feelings are GOOD!                              | feeling-healing book 1 | 2006                      | 179   |
| Feeling bad will make you feel BETTER – Eventually!              | feeling-healing book 2 | 2006                      | 159   |
| Breaking the Golden Rule.                                        | feeling-healing book 3 | 2006                      | 168   |
| Feeling-Healing exercises, and other healing points to consider. |                        | 2009                      | 175   |
| Cathy and Mark – a novel introducing Feeling-Healing.            |                        | 2010                      | 151   |
| Introduction course to Divine Love Spirituality                  |                        | 2006                      | 139   |
| Speaking with the Dead, Death and Dying                          |                        | 2009                      | 173   |
| Spirits and their Childhood Repression Healing                   |                        | 2010                      | 179   |
| With Verna – a nature spirit                                     |                        | 2008                      | 279   |
| Communication with spirits – meet a spirit friend                |                        | 2010                      | 37    |
| Introduction to Divine Love Spirituality website                 |                        |                           | 362   |
| Sage – and the Healing Angels of Light                           |                        | 2017                      | 260   |
| Divine Love Spirituality                                         | 1,500                  | 2017                      | 201   |
| Feeling Healing – you can heal yourself through your feelings    |                        | 2017                      | 153   |
| Religion of Feelings                                             | 1,500                  | 2017                      | 47    |
|                                                                  |                        | This group being pages of | 3,046 |

**Religion of Feelings**

<http://religionoffeelings.weebly.com/>

**Introduction to Divine Love Spirituality**

<http://dlspirituality.weebly.com/>

**Main website of DLS**

<http://divinelovesp.weebly.com/>

**Childhood Repression website**

<http://childhoodrepression.weebly.com/>

**DLS and CR forum**

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

**FEELING HEALING and SOUL HEALING with the DIVINE LOVE:****James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

**Speaking with Mary Magdalene and Jesus – books 1 – 4**

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

**Paul – City of Light**

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

**Ann and Terry**

For an example of people who might want to immediately start working on themselves and doing their Healing.

**Feeling Bad? Bad Feelings are GOOD**

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

**Feeling bad will make you feel BETTER – Eventually!**

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

**Sage – and the Healing Angels of Light**

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings  
Feeling Healing**

**Welcome to LOVE – the Religion of Feelings  
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

**The Padgett Messages being published as:****The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book**

**Release one's pain through expressing one's feelings.**

**in conjunction with**

**Longing for the Truth when also longing for Divine Love.**

**FEELING HEALING with DIVINE LOVE is SOUL HEALING:**

*A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.*

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing. Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing. Primary and most important readings are the writings of James Moncrief. Then consider the Padgett Messages, and then The Urantia Book.**

Pascas Papers, being free, are located within the Library Downloads [www.pascashealth.com](http://www.pascashealth.com)  
<http://www.pascashealth.com/index.php/library.html>

**PASCAS – document schedule.pdf      downloadable index to all Pascas Papers.**

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love; DL denotes Divine Love – living with the Love.

**PASCAS INTRODUCTION NOTES:** *All papers below can be found at Library Downloads link..*

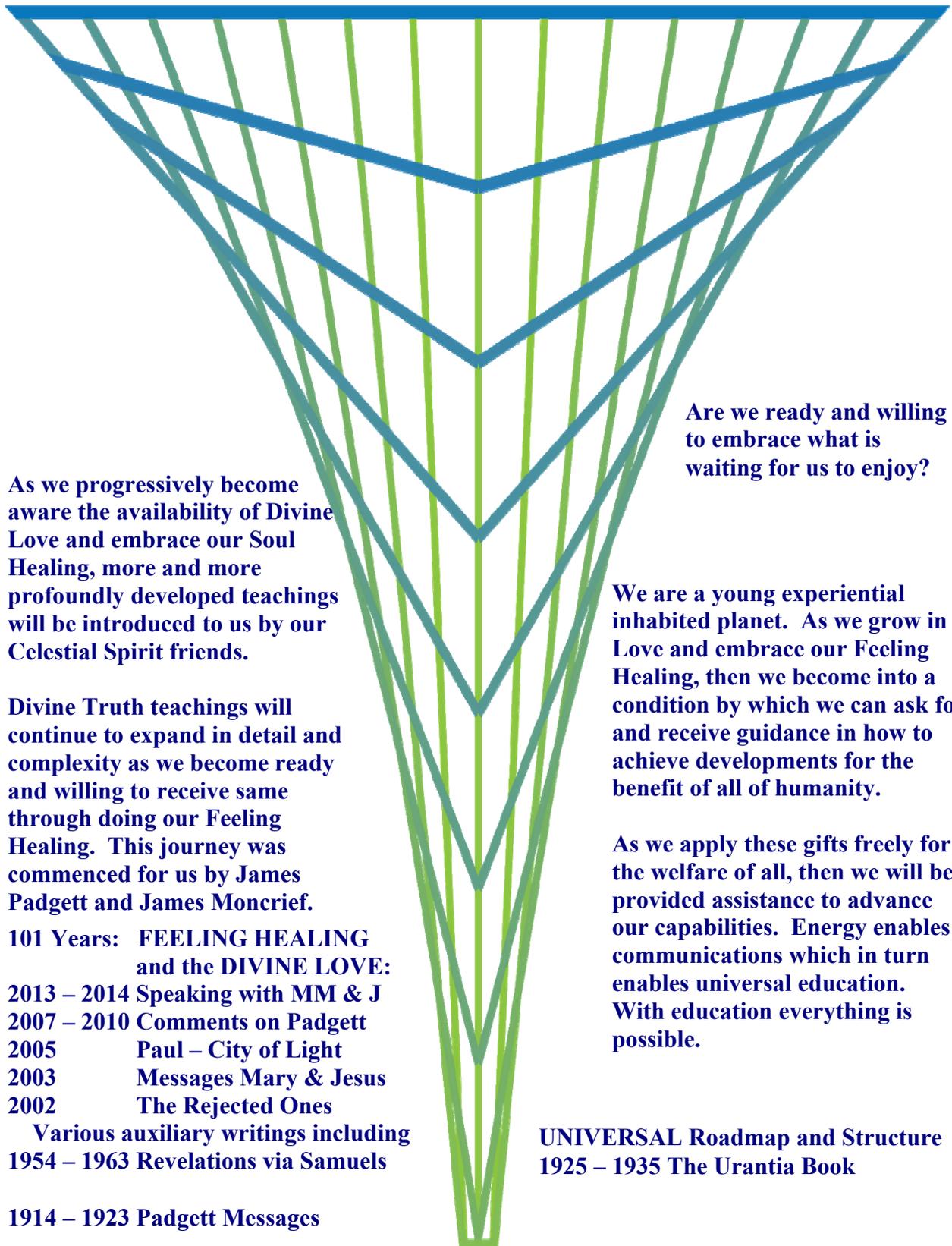
- Pascas Care Letters A Huge Upturn
- Pascas Care Letters Big Revelation
- Pascas Care Letters Feeling Healing Benefits Children
- Pascas Care Letters Feeling Healing Way
- Pascas Care Letters Little Children
- Pascas Care Letters Women's Liberation and Mother

**MEDICAL – EMOTIONS:**

- Pascas Care – Feeling Healing
- Pascas Care – Feeling Healing All is Within
- Pascas Care – Feeling Healing and Health
- Pascas Care – Feeling Healing and History
- Pascas Care – Feeling Healing and Parenting
- Pascas Care – Feeling Healing and Rebellion
- Pascas Care – Feeling Healing and Starting
- Pascas Care – Feeling Healing and Will
- Pascas Care – Feeling Healing Angel Assistance
- Pascas Care – Feeling Healing Being Unloved
- Pascas Care – Feeling Healing Child Control
- Pascas Care – Feeling Healing Childhood Repression
- Pascas Care – Feeling Healing End Times
- Pascas Care – Feeling Healing is Rebellious
- Pascas Care – Feeling Healing Live True
- Pascas Care – Feeling Healing Mary Speaks
- Pascas Care – Feeling Healing My Soul
- Pascas Care – Feeling Healing Perfect State
- Pascas Care – Feeling Healing Revelations X 2
- Pascas Care – Feeling Healing the Future
- Pascas Care – Feeling Healing Trust Yourself
- Pascas Care – Feeling Healing Versus Cult

**PASCAS  
PAPERS**

**DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:**



**Cause No Harm** < to OTHERS  
to MYSELF

Strive to love others as I am to love myself

To liberate one's real self, one's will, driven by one's soul, moves one to embrace Feeling Healing so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

Divine Love  
is the key!



**God's Divine Love:  
Pray for it, ask for it, and receive it.**

Feeling Healing with  
Divine Love is the key



to enter the  
Celestial Heavens:

