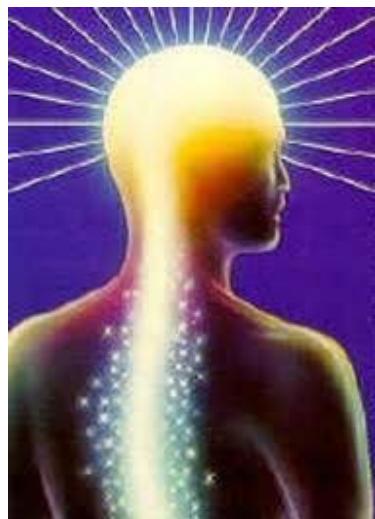


PASCAS CARE KIDS of the WORLD



Science and the Love



“Peace And Spirit Creating Alternative Solutions”

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PASCAS INTRODUCTION:

Documents assembled by Pascas are provided for your individual assessment and exploration. The contents are sourced from a variety of avenues and publications. Every endeavour is made to determine that the contents are of the highest level of truth and veracity. At all times we ask that you go within yourself, to ascertain for yourself, how the contents resonate with you.

Pascas provides these notes and observations to assist us all in the development and growth of our own pathways and consciousness. Pascas does not hold these contents as dogma. Pascas is about looking within oneself. Much of what we are observing is new to us readers and thus, we consider that you will take on board that which resonates with you, investigate further those items of interest, and discard that which does not feel appropriate to you.

Kinesiological muscle testing, as developed by Dr David R Hawkins and quantified by his Map of Consciousness (MOC) table, has been used to ascertain the possible level of truth of documents. Such tested calibration levels appear within the document. We ask that you consider testing same for yourself. The technique and process is outlined within Pascas documents, such as Pascas Care – Energy Level of Food. From each person's perspective, results may vary somewhat. The calibration is offered as a guide only and just another tool to assist in considering the possibilities. As a contrast, consider using this technique to test the level of truth of your local daily newspaper.

Contents are not to be interpreted as an independent guide to self-healing. The information sourced herein is not from a doctor or doctors, and any information provided in this document should not be in lieu of consultation with your physician, doctor, or other health care professional. Pascas, nor anyone associated with this document, does not assume any responsibility whatsoever for the results of any application or use of any process, technique, compound or potion as described within this document.

The sources of contents are noted throughout the document. In doing so, we acknowledge the importance of these sources and encourage our readers to consider further these sources. Should we have infringed upon a copyright pertaining to content, graphics and or pictures, we apologise. In such cases, we will endeavour to make the appropriate notations within the documents that we have assembled as a service via our not for profit arm, to our interested community.

We offer all contents in love and with the fullness of grace, which is intended to flow to readers who join us upon this fascinating journey throughout this incredible changing era we are all experiencing.

Living Feelings First, *John.*



“Never can one man do more for another man than by making it known of the availability of the Feeling Healing process and Divine Love.” JD



Pascas Care Kids of the World embracing Feeling Healing and Receiving the Love:

There is a two page document following this introduction which contains such an incredibly simple process that has incomprehensible consequences of the greatest beauty.

I know this to be true as I have been unknowingly following the same steps for some time. Now they are presented for us in written outline as having been shared with others for around twenty years.

For some time I have been discussing with others just how simple this is and the incredible beneficial consequences that one can receive is beyond comprehension.

As one may read through the two page template, one can envisage that enjoyment of the gift is typically instantaneous and as often as one embraces. Experience of the gift can and usually does take a number of events before one physically begins to knowingly experience the process, give yourself some time, and then you will begin to physically recognise the receipt of the gift.

There are no boundaries and exclusions. Many intermittently enjoy the occasion without understanding or comprehending what has occurred. What we are sharing with all is an understanding of the gift that so many participate in and the blessings that come with it. No race, creed, faith, are excluded, nor is there any dogma, intermediary or ritual involved.

Consider establishing your own comfortable pathway and enjoy the moment as and when you so please.

These are the teachings that have been introduced to us over the past 100 years.

“The whole essence of Divine Love is that the receiving of it is a completely personal issue. It is freely available to all and the receipt of it is subsequent to prayer of acceptance. Now it is most important to realise that prayer takes many forms some of which are conscious expressions to our Mother and Father and others arise out of actions that are completely harmonious with God’s Laws. When one acts towards others with love and acceptance of the equality of all in the eyes of God, one is effectively praying and opening oneself to Divine Love. The essence of this is that all have free will that allows them to act in harmony with the Laws of God or not. When one is acting in such harmony one is immediately open to receive all of the gifts that Our Creator offers. You have often read that there are many who don’t know of Divine Love yet have significant amounts of it in their souls and this is the reason for this.

“Now there is a corollary to this which is that not all who are praying for Divine Love are receiving it in the quantities that they hope or, indeed, at all. Not all prayer achieves the desired harmony with God and the Laws of God that leads to the opening of an individual to the flow of Divine Love. Prayer is created from a base which is the human who is praying.

“A strong and efficient structure cannot be built on an insubstantial base. Jesus / the Master taught this in his parables in a most clear manner. Everything the Master taught was about individuals and the desired ways of living that would best establish one’s relationship with God. He spoke metaphorically of buildings or physical structures which referred to people as it was only people and their relationship

with God that were his interests. He never preached the institutionalisation of spirituality or the creation of religions. These arose out of the desires of some to control the lives and behaviours of others.

“Each person needs to be creating within themselves a state of honesty, acceptance and humility. This is what is necessary to progress towards harmony with God. Each one needs to make this their primary focus. No one can truly teach what they are not living in their own lives, nor can one offer to another a gift that they do not truly own as it is not theirs to give.

“The solution to this situation lies completely within individuals who are prepared, either alone or in association with others, to make a clear commitment to their own personal progress and development. This does not have to proceed following any prescribed formulae. Do you know of any such formulae? There are none. There is the oft repeated injunction to pray for the Divine Love and this is as often misunderstood as it is spoken. The words that are spoken in prayer are probably the least important elements of prayer, unless they come from absolute sincerity and carry this feeling with them. God always hears the Truth that is given forth from every person and not words that are less than truth but more often represent hope. It is only expressed truth that will open one to the receipt of further Truth. Each one can express to the limit of her/his capacity and is never expected to be perfect. Please remember that everyone in earthly life is as a child in their journey of spiritual exploration and no more is expected of any human than is expected of any human child at their level of growth and development.

Love your neighbour as yourself.

Golden Rule: that one must always honour another’s will as one honours one’s own.

“This is the simplest of statements and perhaps the least understood because it is approached from the attitude of mistrust that is endemic in the world. Within the understanding of ‘love’ are concepts of acceptance and humility. Perhaps the single greatest limitation is that very few have any concept of what it means to love oneself let alone another. Loving, in whatever concept it is considered, involves acceptance of and honouring of the existence of self and others. No person has any greater right than another to the gifts of God. All have equal rights but this is not acknowledged or honoured and will only be generally respected to the degree which individuals do so.

“I speak very firmly because, in truth, there is no leeway in this. One either does it or not. To move towards doing this one needs to begin and the best place is with oneself and the ones closest to you. Most people fear doing this because there is a belief that one will be taken advantage of. In the world as it exists this will often happen. However there is a vital modifying factor. If one attempts to ‘love’ another with fear or bitterness in one’s heart, these feelings are what will dominate the transaction. The failure will not represent the weakness or failure of love but will show that what was sown was reaped.

“Each one must begin to deal first with their feelings about themselves and the way with which they treat themselves. Honesty is essential together with the humble acceptance of what one discovers. Working at this is a process which needs to be seen as one of discovering beauty rather than blackness and horror. Virtually every human who exists is much more beautiful than they ever come to believe while they are still living on Earth.

"How one lives one's life and how one relates to others with whom one shares existence will determine the quality of one's prayer. Consider that for it is a statement of truth. It is a restatement of the message of the parable of buildings and their foundations. Truth is never based on falsity as such is impossible. What one sows, one reaps and there is no alternative to this.

"The essence of living lies in the very basic and simple truths which were taught by the Master while he also expounded about Divine Love. These truths were not invented by him as they have existed as long as has man. They are Truths and must be so regarded.

"In all that we say to you we stress, and will always stress, that the responsibility for each person's life lies with that person and only with that person on Earth and in spirit. This responsibility may seem onerous but becomes less so as one learns to accept it and to live in harmonious association with others who are also accepting of it. Harmony always eases the burden of whatever one faces in living. All of life seeks harmony and one finds this to increasing degrees as one progresses on Earth and in spirit.

"I am Francis, Celestial Teacher, Brother and Most Loving Friend. I leave you with my blessings."

The Richard Messages Vol II message 75 via James Reid 15 July 2014

As always, share as you please.

Cheers for now

John



If you wonder at the power of feelings and thoughts as energy, the following information can assist you in comprehending its ever present vibrational influence. Scientists used to believe that energy travelled at the rate of 186,000 miles per second. They have recently discovered, however, that it travels 700 times faster!! Thought being energy, therefore, means that thought travels at the same speed, which is 130,200,000 miles per second.

Chapter 2 – Energy Vibrations – 'Feelings Buried Alive Never Die' by Karol Truman



God is God, who is our Heavenly Mother and Father, being SoulMates. There is only one Soul that is God's Soul, that being the Soul of our Mother and Father. Our Heavenly Parents are the First Soulmates; The Two Who Are One who have brought us all into being.

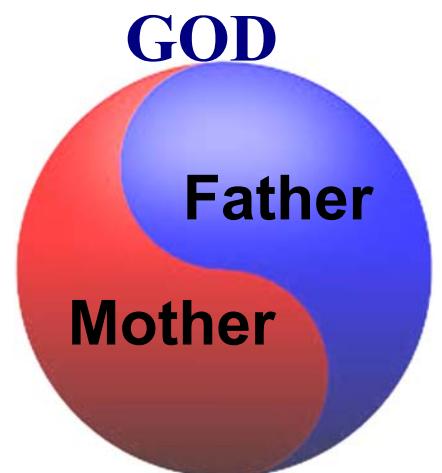
Jesus and Mary are soulmates and a son and daughter of God.

Mary of Magdalene and Jesus of Nazareth, where both free of sin. Mary and Jesus, combined in their love for us, are our spiritual teachers and guidance for us to find our way home to our Heavenly Parents. Mary and Jesus have liberated their Spirits of Truth who we can long to for assistance and guidance. They are known as Jesus and Mary of Nebadon, the universe system in which Earth is. They are the Creator Son and Daughter ruling this region.

To start this journey we are to liberate our souls from being entombed within our suppressive minds, through feeling and longing for the truth of our feelings via our soul and peel away our injuries incurred since our conception.

The Avonal pair, should they be here, are to support humanity on Earth exclusively. They are to continue the work of the Creator Pair, Mary and Jesus, and will be assisted by them. The Avonal pair will, during their life on Earth, experience the full Feeling Healing process and Soul Healing process so that through their Spirits of Truth, which they are to release upon their physical death, will be able to be called upon by all those who embrace their own Healing. The Earth names of the Avonal Pair may not become known.

Humanity, all being soulmate pairs, are ascending mortal souls who are to reach inward and progress Paradise-ward for the God experience. As part of our journey of evolving our souls we are to experience evil, that is the denial of God and the Creator Pair. We can long to the Spirits of Truth of Mary and Jesus and soon to the Spirits of Truth of the Avonal Pair. Our Indwelling Spirit is our direct connection to and with God.



Feelings!

Our FEELINGS are our SUPREME GUIDES:

Feelings are what guide us through our ascension of truth. So they are really our Supreme Guides. Many people look for a person, spirit, angel, even God, for supreme guidance, however it's all right there already built in – in our feelings. We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it's there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feelings is really: Longing for the truth of our self, because: we are our feelings. So life stirs up our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings.

Kevin 26 Sep 2017

Using our feelings to uncover the whole truth of our negative or anti truth and anti love state.

Kevin: So whilst we're of an untrue state, then all we have got to help us understand why we feel bad, why we are wrong, why we are negative and anti love and truth, is our feelings. So if we focus on our bad feelings, they will lead us to the truth of why we're feeling bad. Which will be the truth of what happened to us to make us be this wrong way, and how we took on the wrong way and keep it going making us feel bad.

FEELING HEALING

Note: The vital difference between emotion and feeling is that emotions have their roots in the past, and feelings relate to the present moment. Emotions represent our feelings which were not previously expressed, and these accumulate with time.



Note: Our feelings are soul-based. Our soul is always in truth. It is our soul based feelings, that when allowed to be freely recognised, we will begin to express and be who we are. This takes time and perseverance as we have encrusted our souls with layers upon layers of errors and false beliefs, it is these layers that will confuse the truth that our soul is conveying to us. Only by our progression with our Feeling Healing will our soul's expression of truth become clear and free of all cloudiness and contamination.

“What our soul needs in accordance with our own, individual, **Soul-Light-Plan-Of-Destiny** (your life’s true destiny plan), They, being our Mother and Father, will give you as required. The only way we can know truly what we need is to honour and follow our true feelings. They, springing from our soul, literally telling us what we need, and so when we genuinely feel we need something, we apply our will to get it. The hard part is knowing if our feelings are true, and until we have done our whole soul-healing, they won’t be clear and total true.” James – Introduction Course to Divine Love Spirituality

WE ARE TO BE OUR TRUE SELF – OUR SOUL BASED FEELINGS!

We are to use our feelings to uncover the truth of ourselves. Just how important are each of our feelings? Well really, they are ALL as important; as in, nothing else in life even matters other than what we are feeling.

We are all so conditioned and used to living with our mind in control of ourselves, that many of our feelings, and mostly so many of our bad feelings, we dismiss or shut out and refuse to deal with. We should go the other way in life, so instead of denying so many of our feelings, trying to acknowledge them all, to bring them all out, every last bad one, even if means stopping everything else and attending to them; and by attending to them is to make sure we express them, speak about them, the whole idea being not to keep suppressing them, to make sure they come up and out of us as we feel them.

Along with this: we are to long for the truth of our feelings; as in, the truth they are wanting us to see about ourselves, because apparently hidden or behind or within each feeling, is something it's trying to tell us about ourselves. And that is how God wants us to live – it is to live a true spiritual life.

We are not meant to be alone, we are to have someone with whom we can share our whole self with, telling them all we think and feel. If you do not have a companion, talk it out loud to your Heavenly Parents.

If you feel a bad feeling, you don't let it pass, you stop with it, focus on it fully accepting it; and with the emotions of it, express it the best you can; and then at the same time, long for the truth of it – want to see what it's all about – why you're feeling it.

There are hidden deeper underlying causes in us that will come to light as to why we're really feeling bad. So we might, for example, be angry with something that's happening in our life now, but as we express that anger, longing for the truth of it, it will lead us back into our earlier life connecting with the same anger we felt about other things; and then back even deeper into connecting, or it should be reconnecting, with anger we felt with our parents when our parents treated us badly.

That means there will be a lot for us to deal with if the bad feelings we're feeling now are also going to lead us back into buried bad feelings from our past.

Sage and the Healing Angels of Light by James Moncrief



By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

WE are meant to grow up LIVING FULLY CONNECTED to our FEELINGS:

Humanity has always had an awareness and involvement with spirits, with life on the other side, because we are all heading that way, we all end up dying and becoming one of the spirits, and were humanity living rebellion-free, then nearly everyone would enjoy some level of spirit involvement either directly or indirectly, loving such an expansive awareness in life.

We are meant to grow up living fully connected with our feelings in our physical reality, and at the same time with full feeling awareness of spirits and life after death, because after all, God is the greatest Spirit of us all.

And so having an awareness and involvement with spirits can, and should, help us have more of an awareness with our Mother and Father. And it's not with just spirits, it's also with the angels who are with us all the time, and the nature spirits should we be open to them, and even higher spirits if we are to work with them, such as the Melchizedeks or Trinity Teacher Pairs. But mostly for those people involved with the Divine Love, it will be with the Celestials spirit group that is assigned to help them.



It is very important to understand that spirits and spirit life is meant to be part of life on Earth. However that's not to say everyone need to have an ongoing relationship with their spirit friends, but they can at least still be aware of spirits and spirit life and where we will be going and something about what to expect once we die. And when you are open to it, lessening the grip of one's fears about it, then we will find it will be just another aspect or level of life, and one that can give us quite a lot of comfort.

TRUTH LOVING SOUL V ERROR INFILCTED MIND



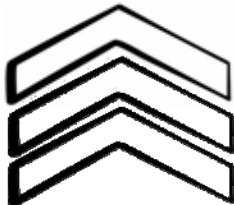
**Feeling
Healing with
Divine Love is
the key!**



To liberate one's real self, one's will, being one's soul, is by embracing Feeling Healing so to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

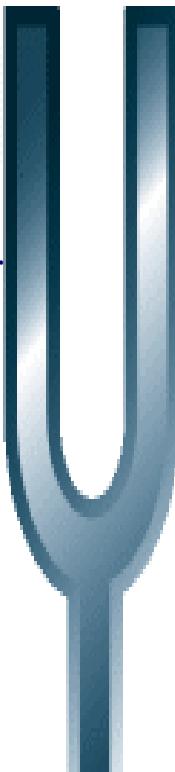
Celestial Truth:

Truly all-loving;
 Living true to oneself;
 Mind supporting Feelings;
 Living with the Divine Love;
Fully Healed of the Rebellion and Default.

**THE FEELING WAY**

Feeling – Ascendance
Unlimited progression

- Living true to your untruth;
- Honouring all your bad feelings;
- Expressing feelings to uncover their truth;
- **Healing the Rebellion and Default within yourself;**
- Feeling unloved; being unloving;
- Feeling as bad as you can feel;
- Feeling like you are no one special;
- Longing for the Divine Love.

**THE MIND WAY**

Mind – Transcendence
Limited progression

- Enlightenment, Nirvana, feeling all-loving;
- All false, mind-contrived. Anti-truth, anti-love;
- Still evolving the Rebellion and Default within yourself;
- Feeling and believing you are the Superior One;
- Living with your mind in control of your feelings;
- Living rejecting all your bad feelings;
- Living with your mind contriving you feel loved;
- Rejecting the Divine Love.



All religions, New Age, agnostic,
 atheists, no spiritual interest,
 Living the Rebellion and Default.



Hell:
Exploiting the Rebellion and Default.

The Feelings are the doer; the Mind the teller. So we are to go with our feelings, which we can't be told to do with our mind. So the longing for the Divine Love, doing our Healing by expressing our feelings and longing for their truth, are all feelings and doing it with longing. Whereas the mind just wants to tell us what to do and how to be, no feelings in it, all how our parents have treated us.

GEMS for ALL PEOPLE of all AGES to EMBRACE:The GOLDEN AGE!

Cause No Harm < to OTHERS
to MYSELF

Strive to love others as I am to love myself

At any time, any where, and in any way you so please:

Approach our Heavenly Parents, in reverence, without fear or trepidation, just as we, as a child, approach our earthly parents knowing that open loving arms are extended to receive us at all times. As one's love grows for our Mother and Father in the Heavens, we come to know with absolute clarity and certainty that our Heavenly Parents, loves you and me and everyone in return, at all times, and that fear is an illusion created by man's mind.

God, who is our Heavenly Mother and Father, is almighty, all powerful, infinite, and all loving. The love of the Heavenly Parents for Their children, man, has been and is always infinite and ever present. As one's faith evolves, one's love for our Heavenly Parents will have no limit. As we grow in Their love, so will we grow in love for all of God's creations and our fellow man.

The Source Soul, our Heavenly Parents, simply desires for us to ask for Their Love.

God's Divine Love: Pray for it, ask for it, and receive it.

"I love you Father." "Let the Divine Love flow its energy into my soul."

"Mother, Father, I desire your Love and I am loving you."

"Soul God, I love you and I love receiving and experiencing your Divine Love."

"True Soul God, I am here, I am aware of your Love. Please hear my aspiration for your Love and as I approach you from my soul, I can feel your Love in the way that you are loving my soul."

"Please Father and Mother, may I receive Your LOVE."



Maybe we could simply long for and ask:

Please, Mother and Father, I want some more of your Love!

MoC 1,471



Divine Love

The Gift that keeps Giving

A general universal platform on how to experience Divine Love

As more people become aware of the ***Divine Love***, how to experience the Divine Love required a need to provide a general universal platform that is simple yet an effective way for one to experience ***Divine Love***. People may learn about the availability of ***Divine Love*** by word of mouth or from reading literature that introduces this gift for our soul, and also by participating with group dynamics where the ***Divine Love*** is introduced and discussed. The essence of this standard platform is its independence so that the individual may feel guided to include this simple platform in their daily life and experience of ***Divine Love***.

The platform introduced here is a technique that is simple, constant, practical and has been utilised in the general public for over 20 years with good consistent results, accommodating participants and their diversity of belief and cultural background. This platform is a reliable place to begin with the experience of ***Divine Love***. It needs to be confirmed that accepting ***Divine Love*** rests with our soul and heart and that to experience this Love will comfort one in their individual faith experience as we all aspire toward the greater reality of Love, Truth and Spirit.

A Universal Platform on How to Experience the Divine Love:

Firstly, you are aware now that you can experience the ***Divine Love***.

Find a comfortable chair; sit down in a relaxed and normal position.

Close your eyes and take 3 deep single breaths in through your nose and out through your mouth to clear energy and to relax into this experience. Have a little faith and proceed without great expectations.

Gently turn your inner heart and voice to the Soul, God in faith when you feel ready, ask the Soul, God with your own loving voice for an inflowing of ***Divine Love***. Having asked sincerely, there is no need to continuously ask. The Soul, God hears sincere love in the asking and so The Spirit that brings the Love acts, and ***Divine Love*** is now flowing.

Having asked once, you will be receiving the ***Divine Love***.

Proceed without expectation on what will happen as you experience the Love.

Sometimes your mind may wander – or there are thoughts, feelings or physical sensations. Experiencing the ***Divine Love*** is never a forceful experience.

Continue for as long as you feel you would like to. This may be for 5 minutes or 20 minutes or an hour. Time will vary for the needs of the individual or group.

Take another few deep breaths to assist your focus. Give our love to the Soul, God and in our own voice inwardly say this Soul, God that you love this Soul and are grateful to receive this ***Divine Love***.

Then when you feel ready, open your eyes and take another deep breath or two, and this closes the experience.

Some helpful hints:

- This general universal platform on how to experience the ***Divine Love*** is uncomplicated. Some people have utilised this platform for over 20+ years, never needing to change.
- The essence of this standard platform is to experience the ***Divine Love*** in a comfortable way therefore this technique needs to be simple, effective and inclusive.
- Experiencing the ***Divine Love*** can be a long-term experience so to have a practical, simple, functional standard platform solves a lot of problems about *how to experience the ***Divine Love****.
- From this general platform people who like prayer or meditation, reflection, spirit communication, or just being *in* and *with* the Love can extend their experience from this standard position.
- Lastly, enjoy! And know that when a person is experiencing the ***Divine Love*** that one is in the tender care of the Soul God, and that no spirit interference will happen, for no spirit can interfere with the Sovereignty of ***Divine Love***, which is God's Alone!
- Enjoy, Celebrate and Shine!

6th June 2014

Melbourne, Australia

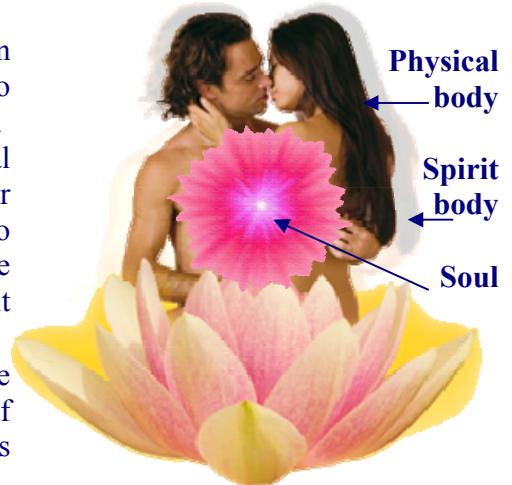
A gift of experience from Zara and Nicholas
endorsed by many, many others.



The REAL YOU is the SOUL:

One's personality, natural intelligence, memory and human attributes all are soul based. The soul initiates conception so it can start expressing one of its two personalities in Creation. It creates the will, then 'wills' the spirit body and physical body and all that connects them with the will into being. Our soul constantly sustains or expresses us, one of its two personalities, in Creation. The spirit can't separate from the soul because the soul keeps it in existence. We need our spirit and physical bodies to experience our personality through. When the spirit body separates from the physical body, one continues on living in a different form without losing any of the attributes experienced during physical life. Incarnation is the process of individualisation of the soul.

Without a soul, our physical bodies would function and interact similarly to that of a domestic animal. An unsouled human body (thought not possible) would respond like a household puppy! Domestic animals calibrate on Dr David Hawkins' Map of Consciousness between 200 and 250, the human body calibrates at 200. All animals have spirit bodies, these do not survive into the spirit Mansion Worlds. Our SOUL IS NOT ENSOULED IN OUR SPIRIT BODY. Our soul exists existentially in a whole different level or plane or place or dimension of being – 'soul land'. It doesn't exist in Creation, it's not experiential like Creation is. The soul, all souls, help create their part of Creation by expressing their personalities into Creation, and then by having their personalities do things (further create) in Creation.



Our first parents, Andon and Fonta (also called Aman and Amon), were the first to exhibit human perfection hunger some one million years ago (993,500 years ago). Adam and Eve, Adamite bestowals, arrived some thirty eight thousand years ago – or earlier.

Aman and Amon were the first True Humans, which means, the first soul expressing its soulmate pair, its two personalities, in Creation – on Earth. From which came forth the rest of us. So they had a soul from the start, which separated them from their animal parents. It's the soul that wants to fully express itself through its two personalities perfectly in Creation, which is the so-called 'human perfection hunger'. It, our soul, wants to be Perfect like its Heavenly Parents, the Soul that Created it. We, focused as personalities, want to be perfect, like the Personalities of our Mother and Father that are Perfect. Our soul wants to be like Their Soul. Our soul wants to ascend us to Paradise so we can be with Them, as physically close to Them on a personality level that we can be, and then see what happens.

There were aunts and cousins, parents and grandparents. But they were not human like Aman and Amon – they were really animals, though of the same species. Aman and Amon wandered off from the family, since they could find no way of relating to them at all. How could they? They were incapable of rational thought, speech, or anything human. Aman and Amon knew that forevermore that they were apart.

Aman and Amon may have been twins. They were indeed a primate species of humanoids. But they, themselves were more beautiful than their animal relatives, and they knew, even from their very appearance, that they were marked even by Nature to be different.

CLEANSING the SOUL:

Years and years of personal endeavours to step away or above harmful habits and personality traits that are harmful to others and one's self have been mainly futile. We all want to grow in our love for ourself and of others.

Our beautiful loving personality that we are blessed with at conception / incarnation becomes encrusted with errors and personality issues of those around us, particularly during our early childhood. The personality of those living around us, during our early years, becomes encrusted over our pristine soul thus clouding our radiance into dullness. We become mind controlled!

Our Heavenly Parents want what is actually best for each of us and there is a source of light that's willing to give it to each of us, but only at our soul and spirit's quest for union with the divine. Not our ego's need for things.

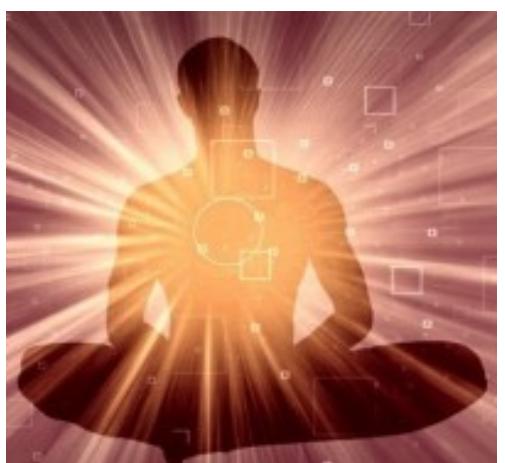
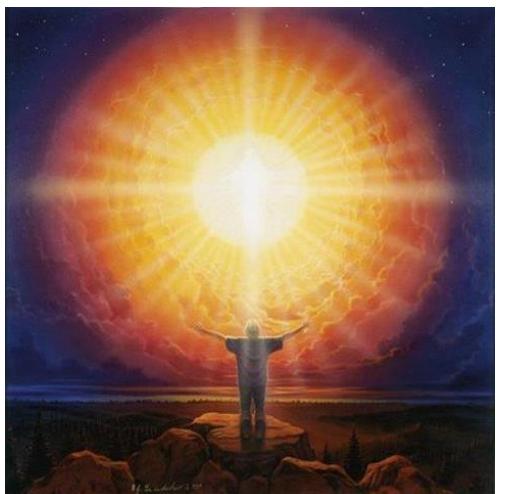
It is only with our Feeling Healing and the infusion of the Love, that the Mother and Father conveys via the Holy Spirit, do we start to dissolve negative issues, habits and personality errors from our soul and personality. Our personality is part of our soul structure.

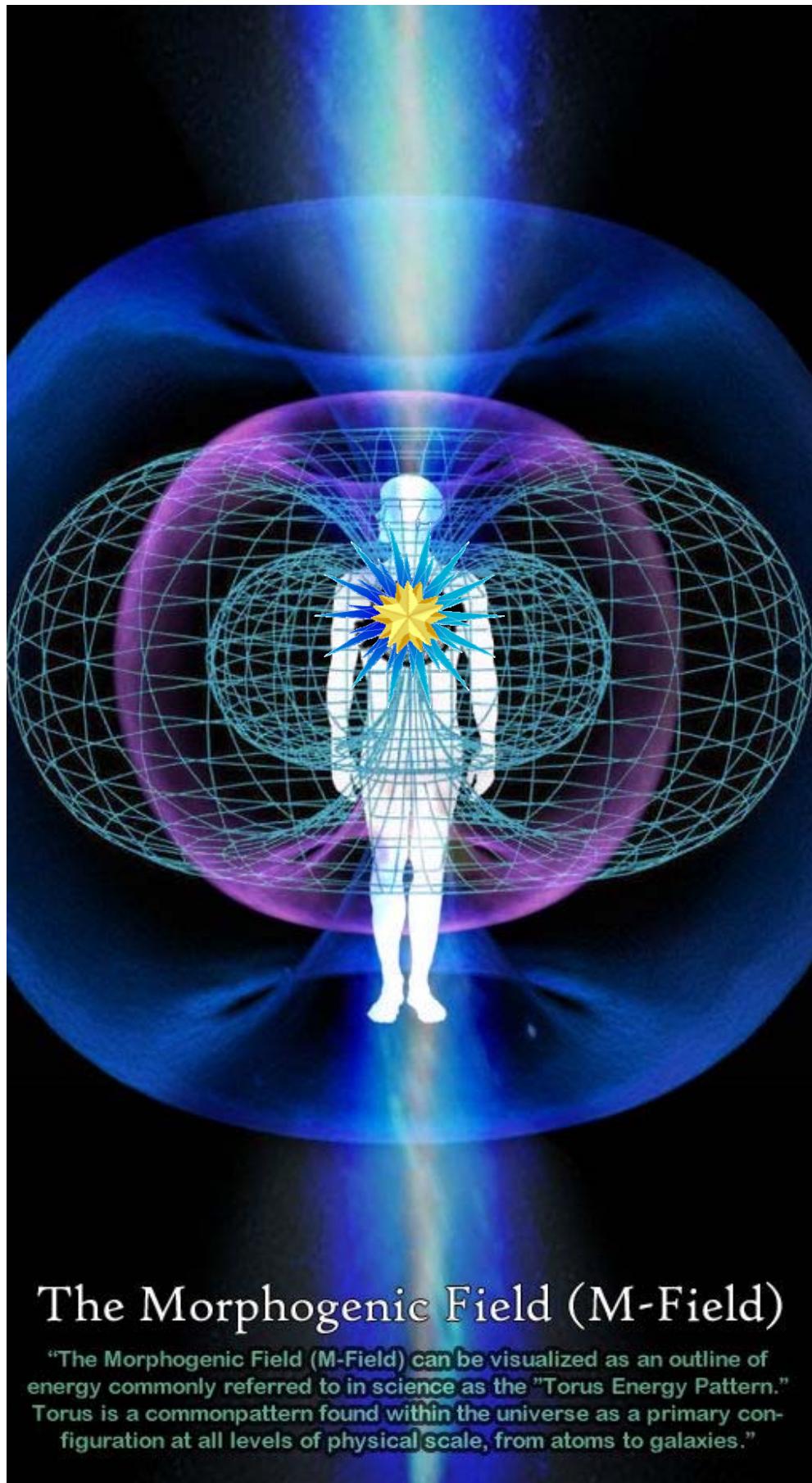
All we need do is ASK for this Love. An earnest longing and desire for the Mother and Father's love will never be withheld, it will shower over our spirit body, the template of our physical body, and be absorbed into our soul. As the Love permeates through our soul, errors of personality will slowly but surely dissolve.

Over time, as we progress along our path of asking for and receiving this love, the natural love which we were blessed with prior to conception will be progressively transformed into Love that is Divine. This Divine Love will slowly emerge as radiance through our being.

With Feeling Healing and this Love we find harmful habits and personality traits become a distant memory. With this Love, we find ourselves unable to harm others or ourselves. With this Love we find our quality of life blossom and joy starts to emerge in all aspects of our living.

With this Love we become immortal. With this Love we become fitted for the Heavens that the Mother and Father have prepared for us all. Just ask and faith, love, and happiness will follow. Yes, just ask!





A SPIRIT SCIENCE ADVANCED COURSE on SACRED GEOMETRY:

Spirit Science 21 – Toroidal Flow

<http://www.youtube.com/watch?v=1-4zmd0TNU>

Thrive

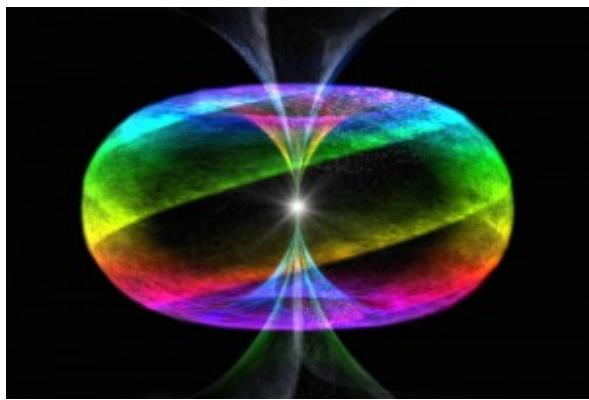
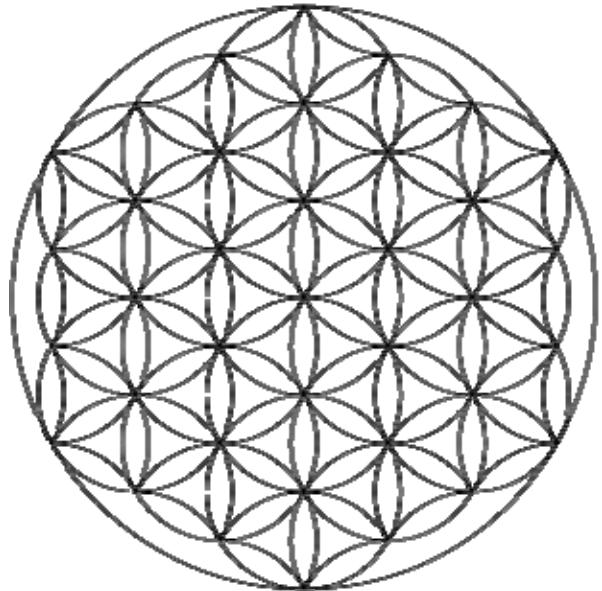
<http://www.youtube.com/watch?v=lEV5AFFcZ-s>

The Flower of Life is both the simplest thing to understand, and incredibly complex all at the same time for those who seek to know what it's really all about. As you know, it is a simple pattern which fractals to all levels of both the material world, and the world of energetic principle and flow.

Learning and Seeing the Flower of Life is really about awakening on all levels. Physical, Mental, Emotional, Spiritual, and all of the bits in-between. Things like recognizing when what someone is saying is true or not, asking questions to find out more, sharing a whole and complete reflection between others, and opening up to greater understandings than you currently have.

Today we're going to go through the Flower of Life from a more advanced level. This isn't Pee-Wee Sacred Geometry anymore. Now we're in the big leagues.

The Primer for this lesson is to watch Spirit Science 6. [If you haven't seen Spirit Science 6, please click here.](#) I'm assuming most of you have seen it already, so I am omitting it from this post for that reason.

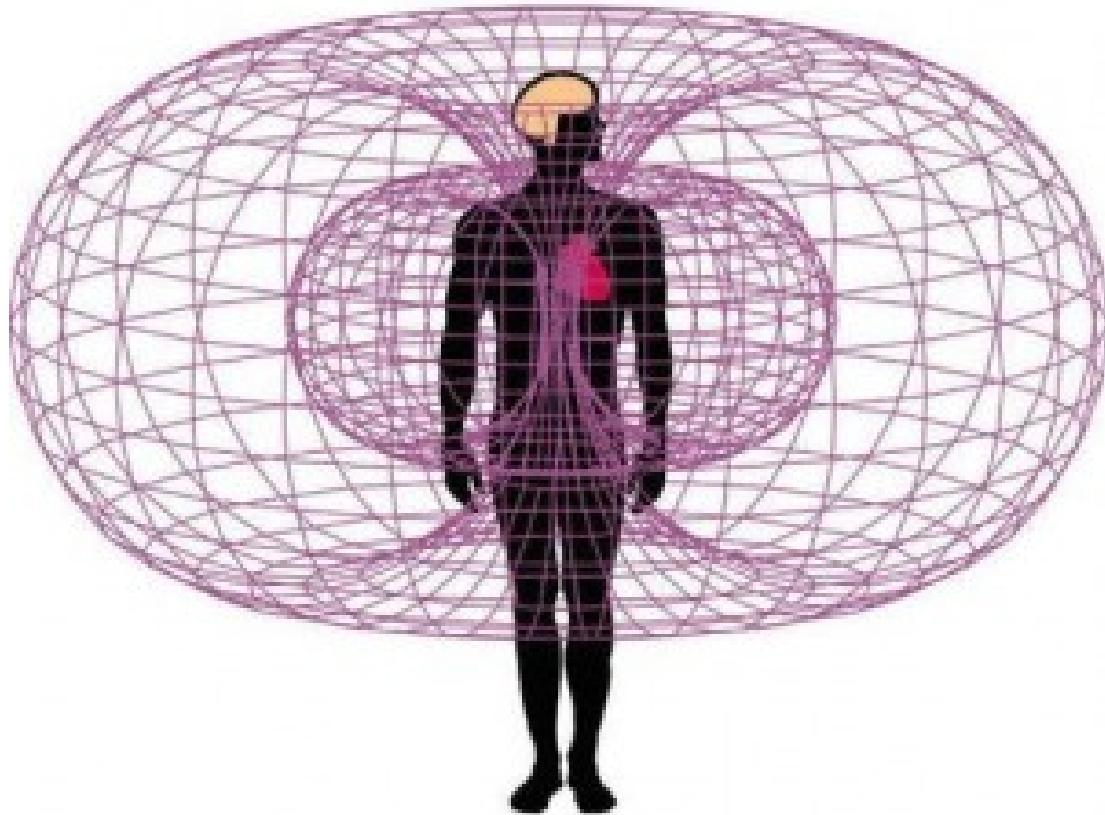


In continuing what the Flower of Life means, we have to look at the parts of how they are made up. You have Circles, and you have Trion-Re's and Trinities. Today we are going to be focusing on the Torus, and next time we'll look at the Trinities and Trions.

Anytime you see a Circle, think of it as having the basic structure of a Toroidal Field. A Toroidal Field is always in the shape (*of course*) of a Torus, which is one of the only infinitely looping shapes. It's generally Female in nature, with a point of Maleness right in the centre, the point of singularity. Like the Black blob

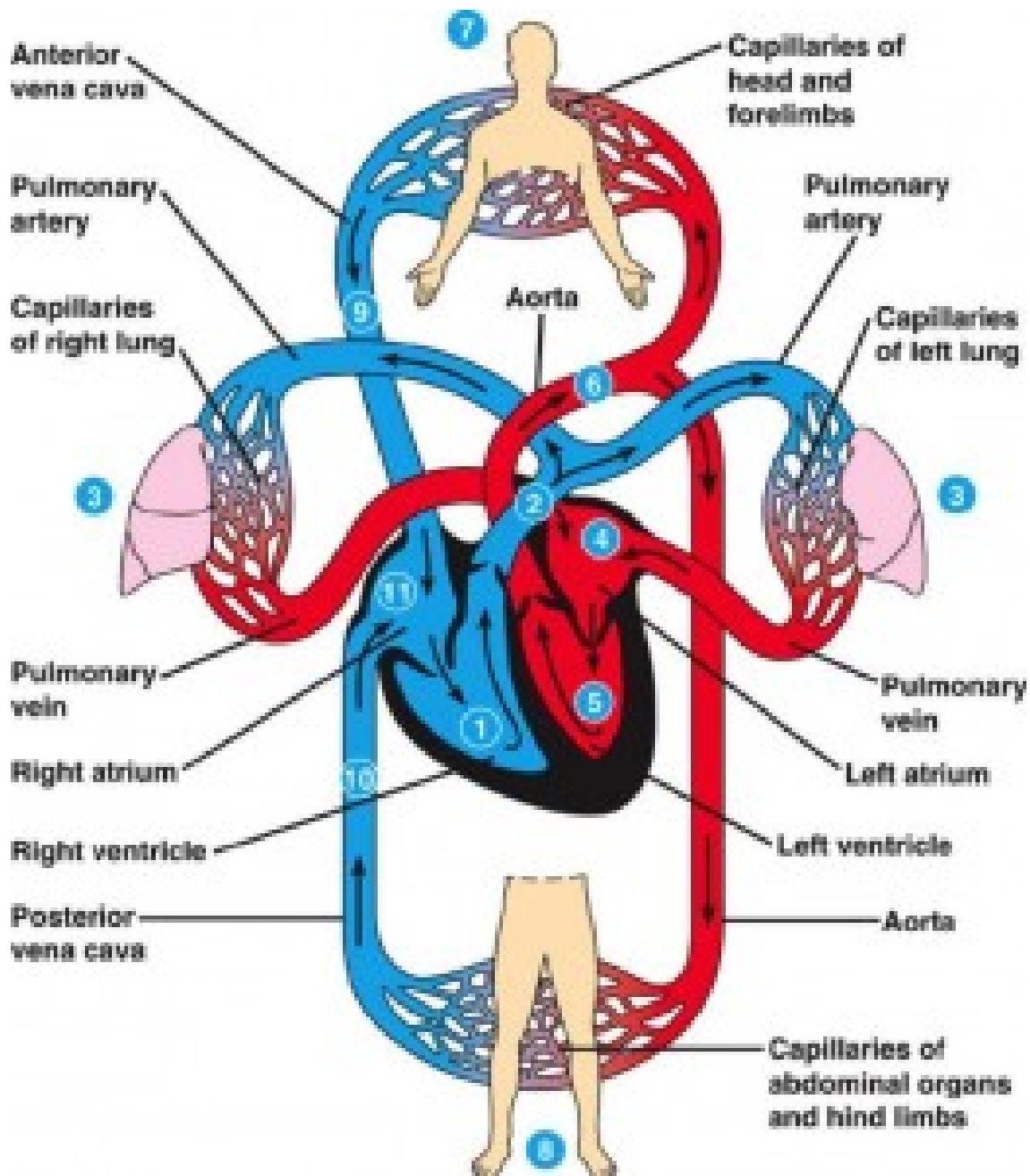
with the white dot inside the Yin-Yang.

To really get an idea about what the Torus is, please take a few minutes to watch this video below. It will explain everything so that I don't have to. If you've seen it before or the idea is fresh and you got it, then keep reading on!

Spirit Science 21 – Toroidal Flow<http://www.youtube.com/watch?v=1-4zmd0TNU>

Circles and Toroidal Fields have a natural geometric structure to them in both the Male and the Female aspects. The male structure is the Cubeoctohedron, which you saw in that video above. While this is the basic building block geometry for a sphere, all of the male forms take place inside of a sphere, or between singularity centre-points of many spheres (*which is again, inside a greater sphere*). So lets not get too caught up in the Cubeoctohedron, or at least not yet.

You are a Toroidal Field in more ways than one. Your bodies individual organs, and your body as a whole function with the basic principles and flows of a Torus, which escalate in vibration all the way until we get an actual energetic toroidal sphere around you.



Let's
at

look
this

briefly. Your body flows blood to the heart, (*the physical representation of the core singularity*), which it then sends outward on the left hand side, down and around and back to the heart on the right hand side. It's at a 90 degree angle from the way the toroidal field flows on an energetic level, which as you know is vertical.

As seen in the picture to the right, it's basically two infinity loops... and if you look at one infinity loop, it's also a torus! 😊

It doesn't just happen with blood too, a lot of the core organs function this way. Lungs, brain, liver, they're all bringing something in, transmuting it, and sending it back out. That's the shape, over and over again.

Now, there's a scene that you might have seen which shows what it looks like when two people come into each others field. It creates that Vesica Pisces. This is the first step towards creating a real Flower of Life.

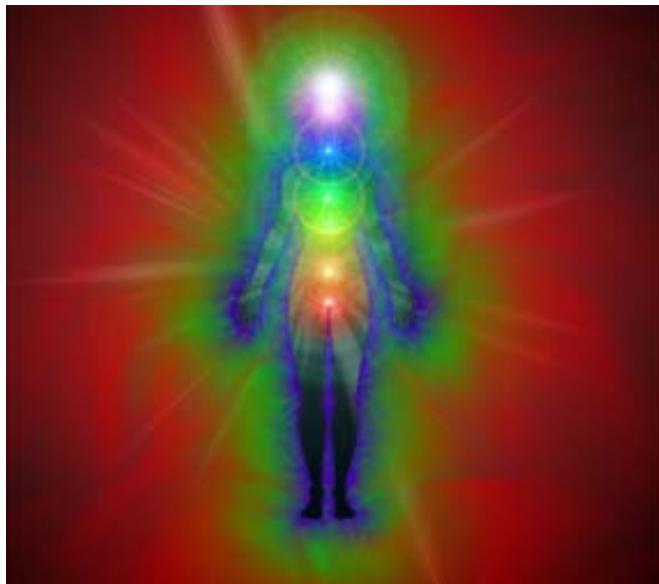
What that looks like is an engaged back and forth in conversations with each other, or an engaged back and forth in anything you're doing together, working on projects, making food, whatever it is. It's that infinity loop that continually builds by passing inspiration, ideas, or even physical goods or services back and forth that propels the communication with each other.



Vesica Pisces

Part of the whole point of the Flower of Life is to expand outwards, so as you are growing your energetic field will begin to expand outwards, as it probably already has. Of course, it also expands inwards, and that's where the whole "Know Thyself" thing comes from. You know yourself by knowing the universe around you, and you know the universe around you by knowing yourself.

In simple terms, it basically means that you're becoming aware on a larger scope. You're familiar with how the energy of a room feels, or your starting to see why someone might be having struggles (*based on the recognition of the pattern that you've experienced before*). It could manifest through knowing exactly what some food needs to make it taste amazing, or intuiting what to say in a public speech.



You might become aware of the synchronicities happening all around you, and you might even be using all of that information you're aware of to create something you've never done before. *All signs of being a creator.*

To read more about being a creator, [open this window in a new tab and check it out in a little while.](#)

Your connections with your environment are a direct relationship to what's happening inside you, and likewise, your internal connections, thoughts,

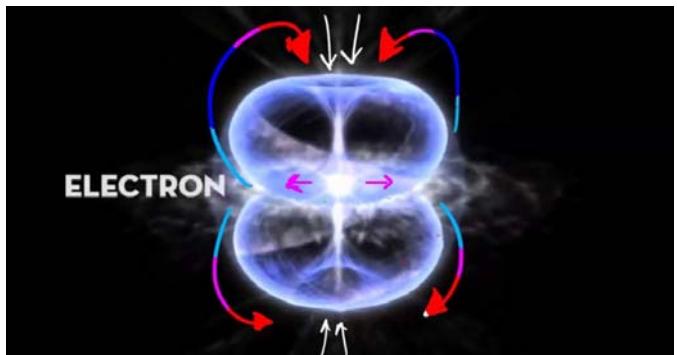
feelings, all of those are a direct relationship to what's happening outside of you.

It's not one or the other, it's both. It's important to interact with both. To learn to shift awareness back and forth between the inside and the outside, faster and faster until they both start happening at the same time, and you are aware of both constantly. Like a light being on both inwards and outwards simultaneously, rather than one or the other.

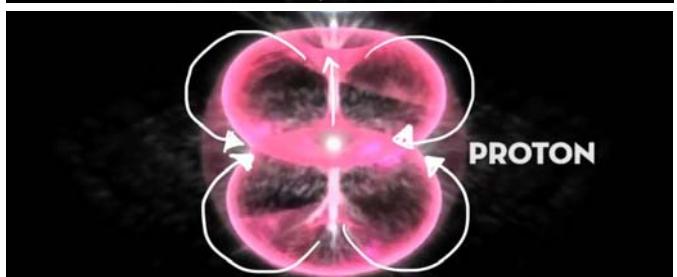
The key word there is “**Awareness**”. *First you get good, THEN you get fast.* Don't go off and try and build a house when you have no idea how to use a saw. It's a learning process, so I'm presenting this for everyone. Some of you already know this and it's a friendly reminder, and some of you are reading about this for the first time.

Now, remembering that every Circle is a Toroidal Field, when two Toroidal Fields merge and begin creating new things, they can come together in several different ways. Here are some pictures that demonstrate what I'm talking about.

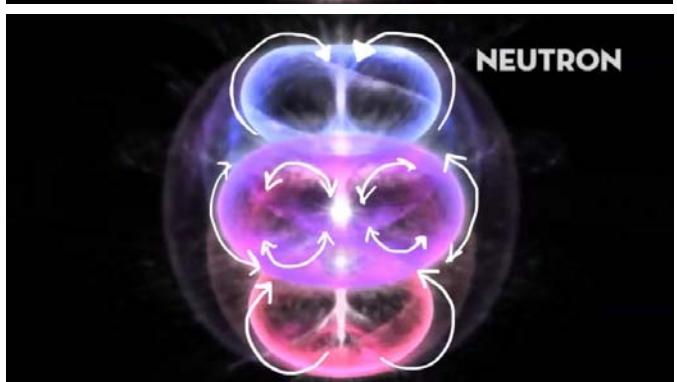
The Electron is two Toroidal Fields, with an outward spin. What I mean is that the spheres spin away from the centre horizontally, and propel energy outwards and around the tops and bottoms, and back in to the centre.



The Proton is the opposite of the Electron. It spins inward horizontally and shoots energy outwards from the top.



The Neutron is the birth of the next thing. Neutrons are spinning in all directions, and is created from one of the protons and one of the electrons synthesizing with each other.

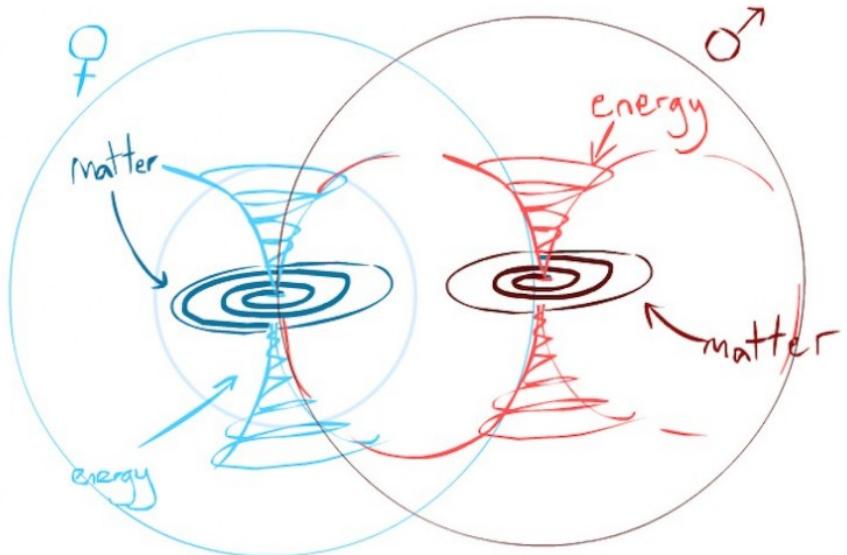


This last one is a rough drawing of a scene from a new Spirit Science video 😊 It's not done yet, but it's all about singularities. The idea here is that the spheres can also come together sideways, it doesn't have to be full the way that it's shown above. What's the difference between the two?

That's a good question...

What I do know about this sideways one is that this is how NEW singularities get formed. I think that this is the pattern that the seed and egg duality come together to become the basis of a baby... A single celled baby, with an awareness of its own. Conception and incarnation occur at the same time.

Our energetic fields connect with everything; in fact, we are our energetic fields – connecting with everything. We are the awareness that connects all of the matter inside of us, and the awareness that connects to everything externally as well.



In your connection to your environment you create Vesica Pisces all over the place. It's the basis for any connection; two bodies of energy that interact with each other in some way, shape or form. It can look like anything. If you're planting the garden, then you are having a large Vesica Pisces with the garden, and an individual one for every seed that you plant in the ground.

If you're talking with a group of people, then you are making a focused Vesica Pisces with the group of energy, and each individual is receiving your energy to create their own Vesica Pisces, both in relationship to

you, and each other.

Creating a Flower of Life between people is going to be an evolving process. I imagine that in the end it would look like the way Cells work together (*in principle, not in physical action*). Healthy Cells act in unison with each other. There is a constant stream of energy going to them all the time, they are vitalized, they are creating, working hard, but thoroughly enjoying what they do.



And think about it, if a Cell didn't want to be doing what it was doing, why would it be doing it? The only time a cell doesn't do what it wants to do is when it's infected by a very stressful and manipulative energy called Cancer. Or rather... the cell itself is stressed, and possibly manipulated by something else, which causes what we call cancer.

We're just not there yet. There's too much pain, suffering, and damage on the planet for us to feel that way... but we can make that happen, in fact, we are

making it happen. You are making it happen. **Your role in all of this is Legendary!**

As you begin to recognize and notice these patterns, this movement of energy, and how it moves, and especially WHY it moves, you begin to change things on a variety of levels, which are all essentially different manifestations of the same thing.

This video Thrive recently published (God I love these guys!), explaining the nature of the Toroidal Field in relationship to Atoms, and so on and so forth.

Thrive

<http://www.youtube.com/watch?v=lEV5AFFcZ-s>

Just imagine, when you interact with someone for the first time you make a Vesica Pisces with them, and energy starts interacting, and so does the matter. Materially, maybe it looks like a handshake, or a hug. Perhaps it looks like looking into each others eyes, or waving your arms around as you describe something.

Energetically, tiny packets of energy are being relayed which make up the collective whole of what it is you are expressing. It's happening through those very same geometries we just saw above, toroidal fields coming together, and going apart.

When you become aware on deeper, more intimate (and simultaneously externally larger) level, everything begins to change. When healthy, abundant energy flows, especially Divine Love, into your body, through you, and around you, those vibrations emanate outwards to everyone around you. Those individual particles, the billions and billions of atoms and subatomic particles that are influenced by your change in emotional state, or your carrying out of a physical action to accomplish your goal... *For they are as much of Your creation as Your body is.*

Your role is nurturing and supporting those who receive it from you. It is also to continue to receive from the pre-existing connections that you have, and nurture and support those connections to be greater than they ever were.

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

Here's the whole point in all of this. Spreading ideas like the Flower of Life is not about spreading a shape. That path only leads to more dogma and religion.



The Flower of Life is about recognizing the connection between each other, and then acting on it to the effect of creating a shift in the awareness of those around you. When people, all people, become more aware that the person sitting next to you is NOT an angry gruff old man but a man who has suffered a great deal of pain in his life and is very stressed about it, you have a little more compassion for them and strive to support them and give them the friend that they need.

With that awareness and support from each other, we gain the power to create anything. It's like levelling up, we can do anything and create anything because we were the creators of everything else, and the only limit that we can place is the limits we place on ourselves.

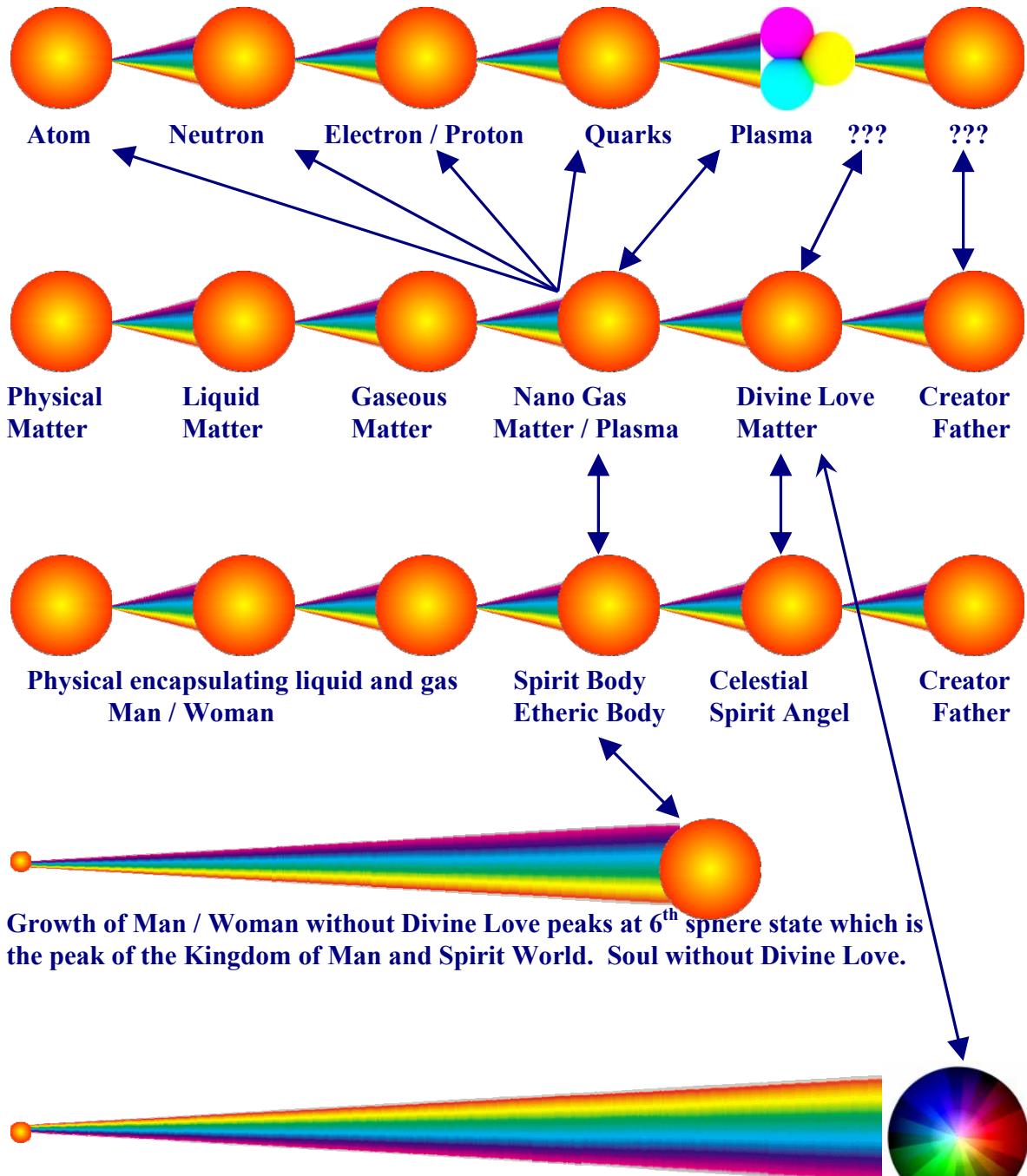
With awareness AND genius, we can put together some really cool stuff. I mean, growing houses cool! Flying ships cool!

The Flower of Life is a container. *A Container without restriction.* It is completely free, and it is the pattern by which creation comes easy, and in fact, the pattern by which creation comes at all.



STAGES of MATTER:

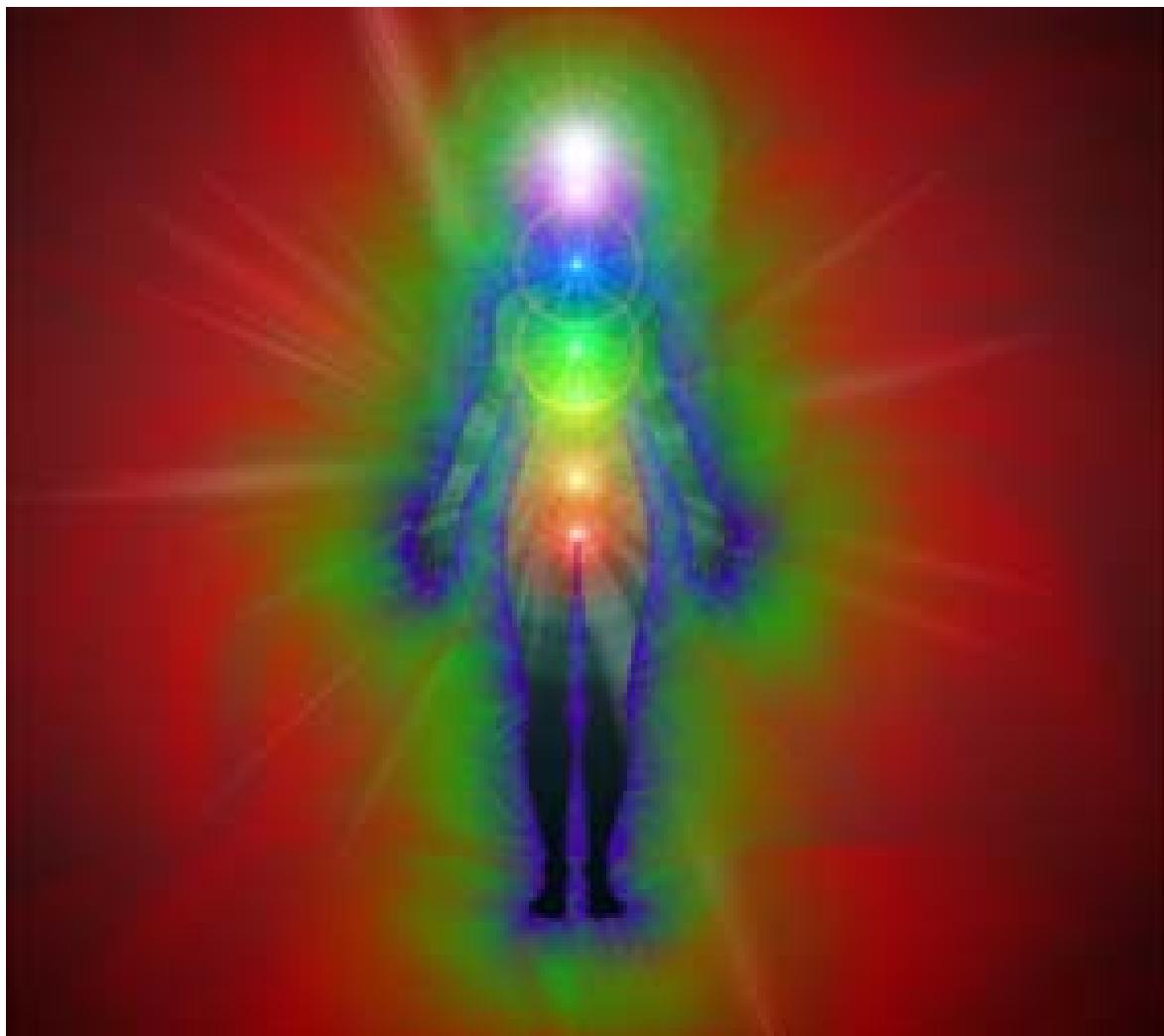
Matter becomes finer and finer and more incredible within each phase:



Growth of Man / Woman without Divine Love peaks at 6th spnere state which is the peak of the Kingdom of Man and Spirit World. Soul without Divine Love.

Soul seeking, and receiving, and growing with Divine Love. The nature of one's soul changes into that of the Divine when receiving Divine Love. Only Divine Love does this. Growth of Man / Woman with Divine Love enables entry into the Celestial Realms, 8th sphere and above, with growth into infinity:





Release one's pain through expressing one's feelings.

in conjunction with

Longing for the Truth when also longing for Divine Love.

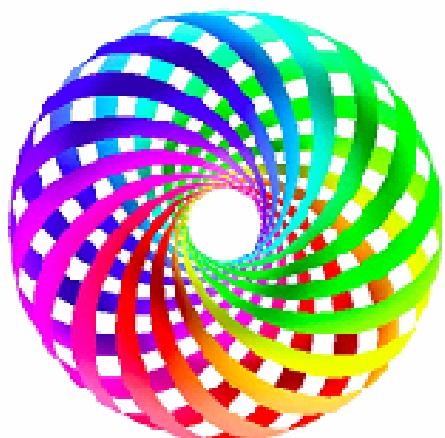
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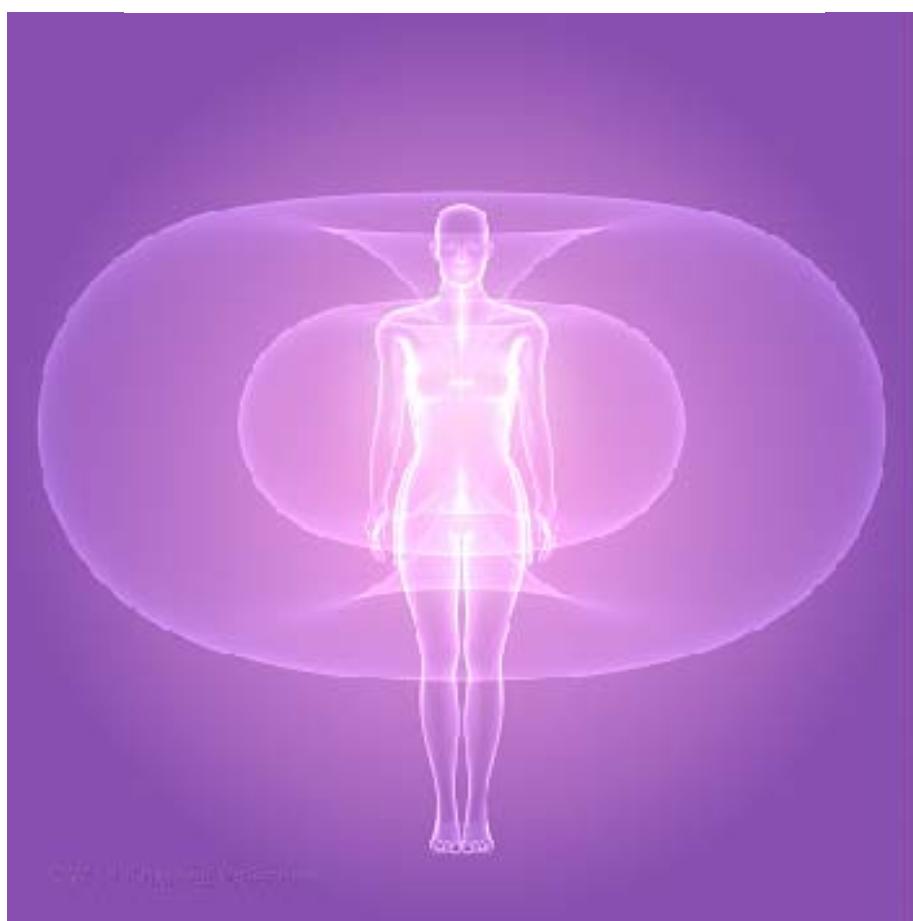
The SAME THING



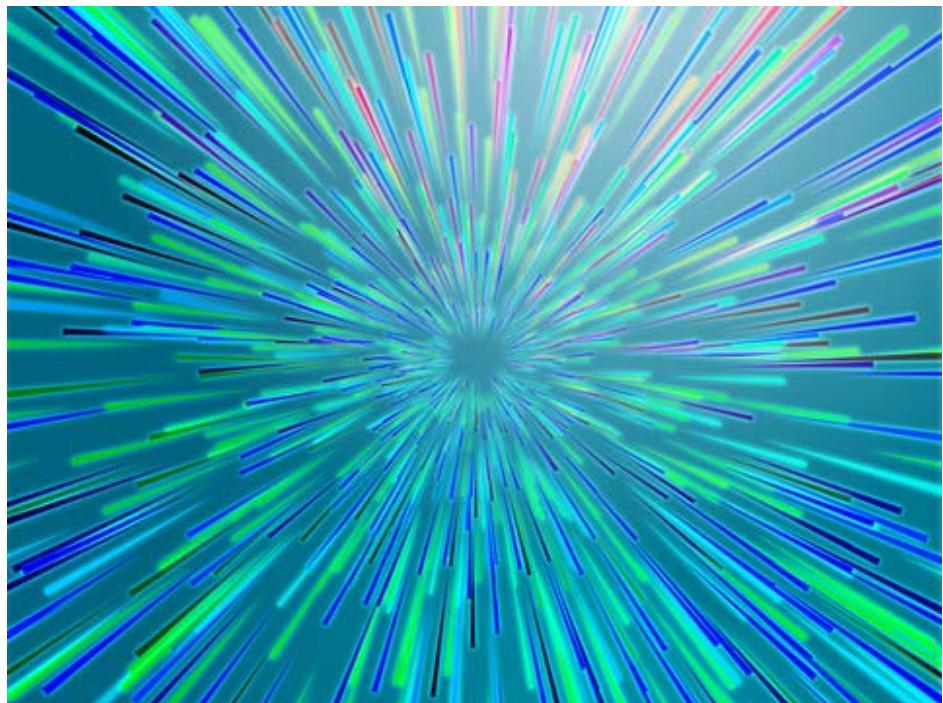
Torus



Aura

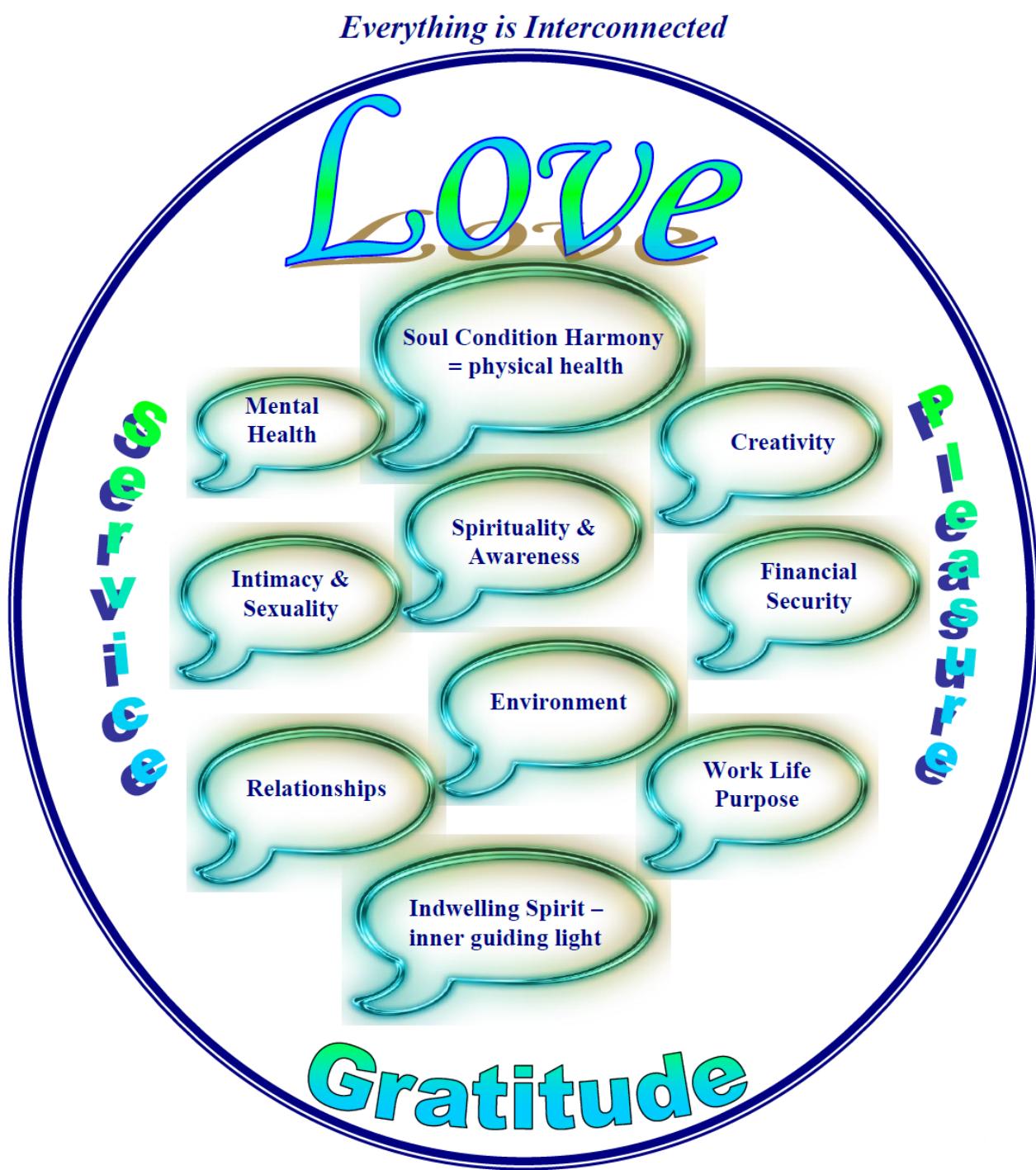






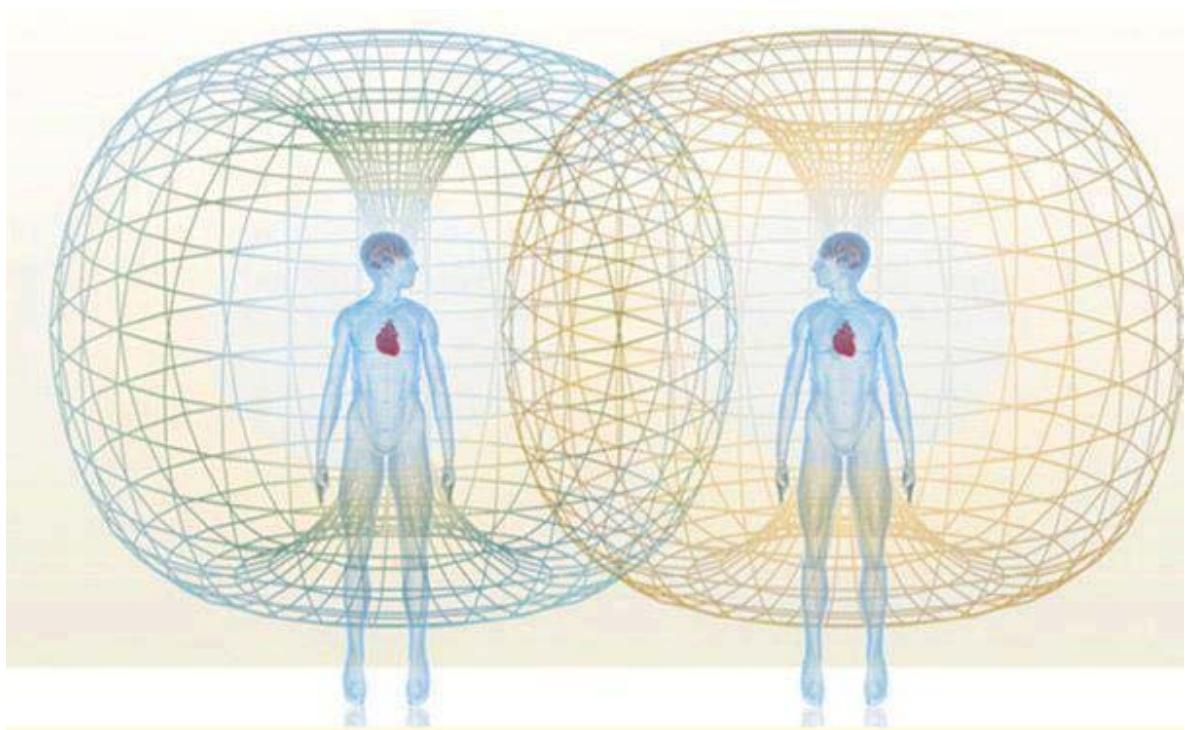
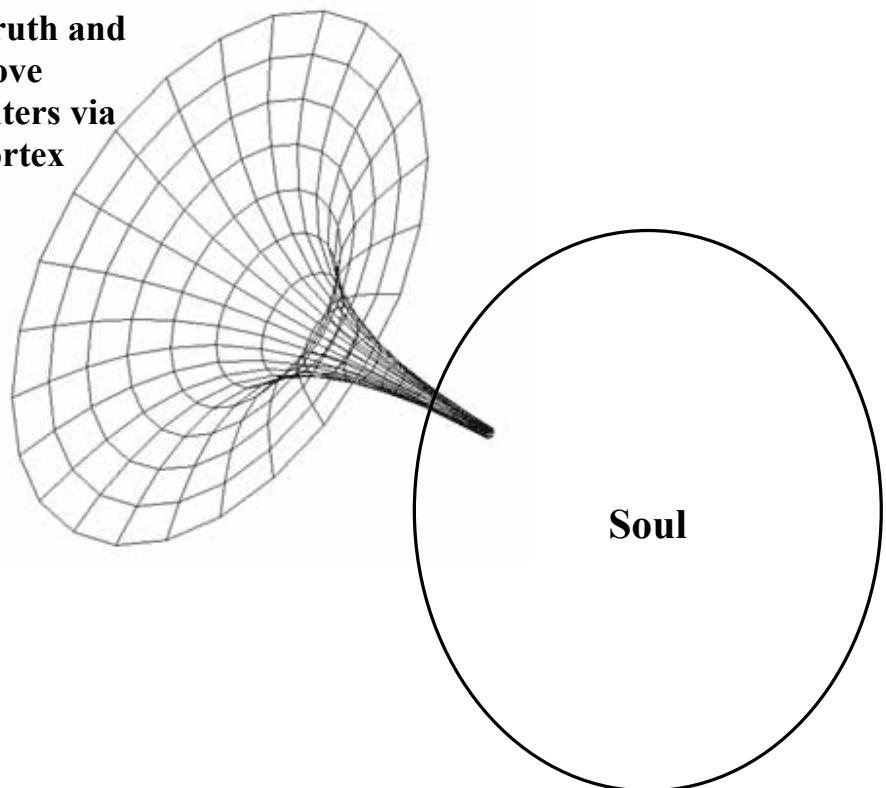
Souls Interconnecting.





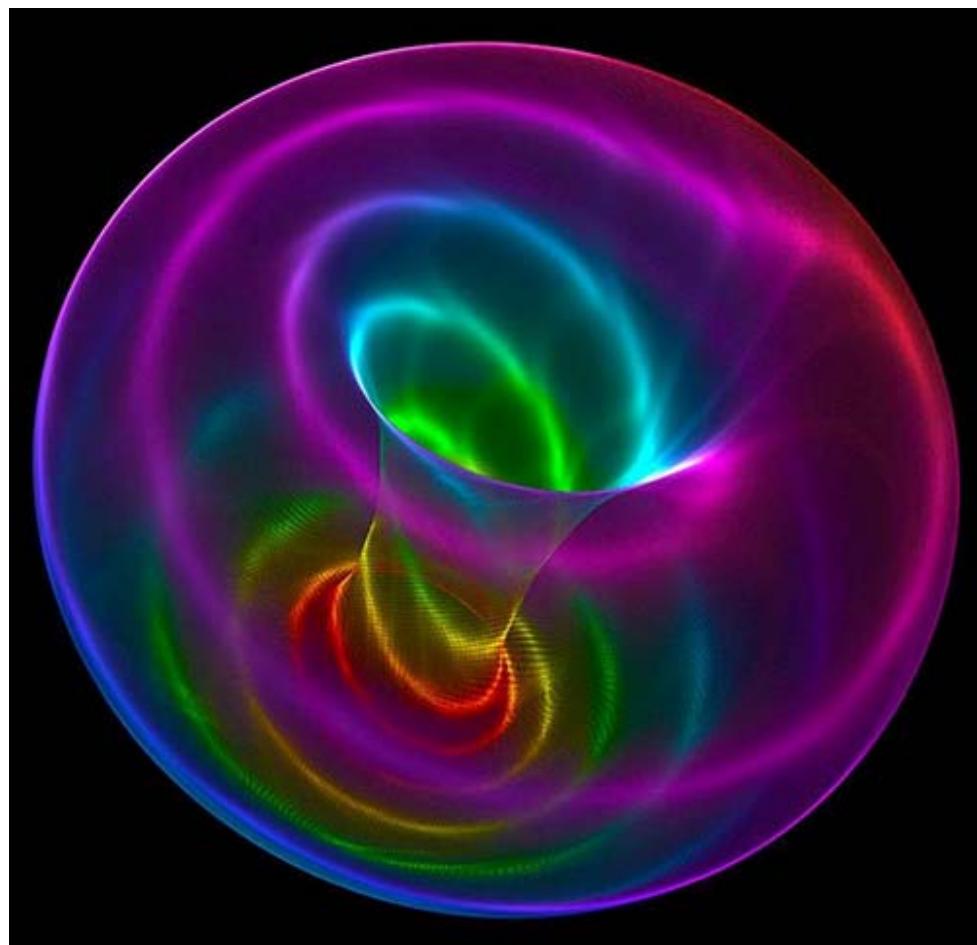
By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

**Truth and
Love
enters via
vortex**



Torus – the fundamental geometry in the universe

Torus is a geometrical shape that continuously ‘comes back to itself’, recycling its own energy. It represents our consciousness and the power of our thoughts. It demonstrates that Science and Spirituality are one. Torus is a powerful vortex of energy when it rotates.



An exercise for becoming more aware of your body's energetic field.

The human body is surrounded by an energy field moving in the flow of a torus, known as the toroidal field. You've probably heard of the toroidal field, but a lesser known energetic point in your body is the assemblage point. All energy must have an epicentre of rotation, in our case it's the centre point of the toroidal field, this is the assemblage point...the heart centre. Today we're going to bring awareness to these two energetic fields.

While doing this exercise, keep an open mind. The human mind is a powerful tool, if you approach this from a space of doubt, you'll probably experience nothing.

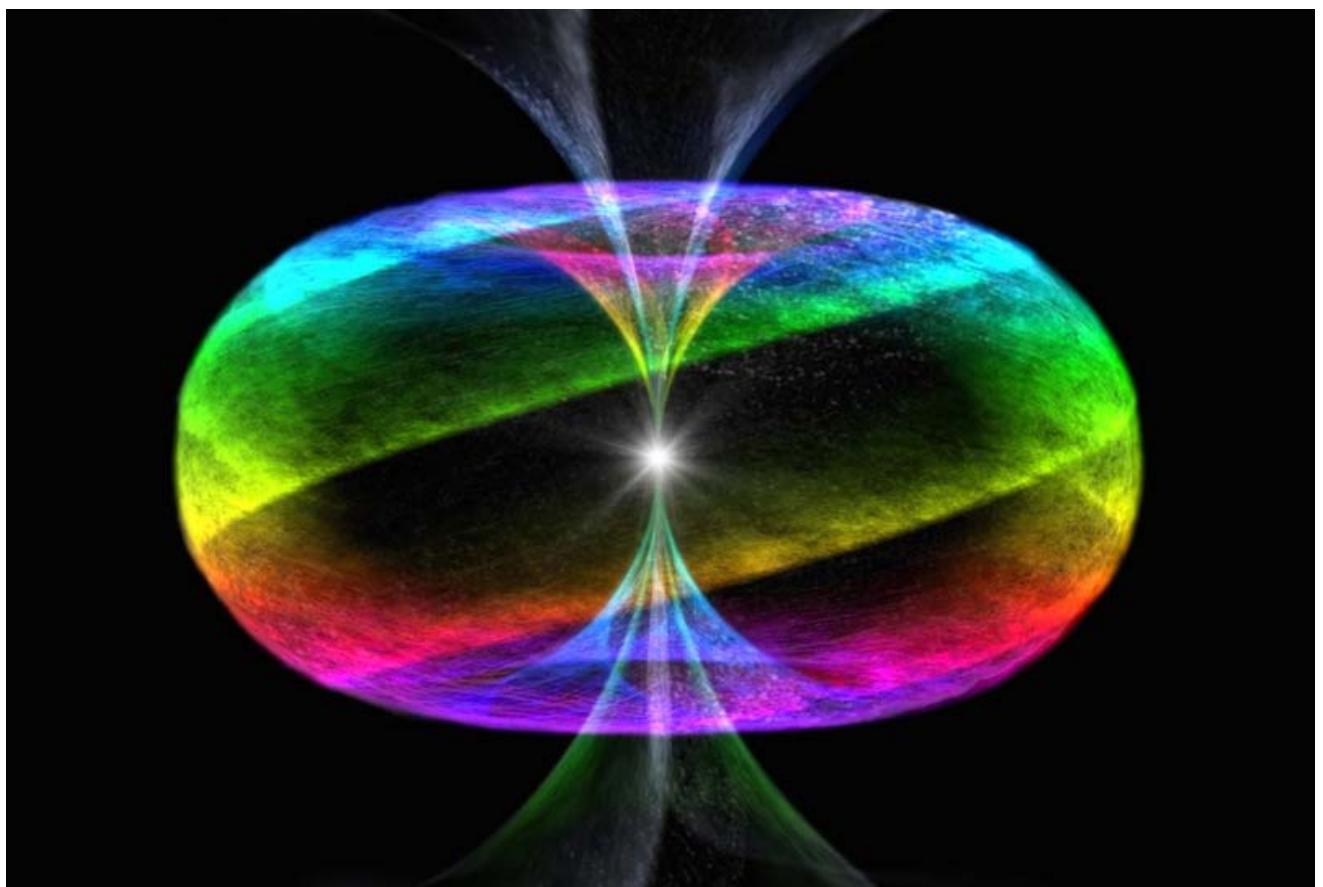
Put your hands out in front of you. Place palms together and apply a slight pressure. Begin rubbing your palms together back and forth. Keep this up for at least 30 seconds, feel the energy building. Now, holding your palms parallel to each other, separate your hands 1 to 2 inches (2 to 5 centimetres). Hold your hands in this position for at least 1 minute, feeling the flow of energy between your palms. Very gradually expand the distance between your palms, keep it slow, feel the energy there expanding, don't force it. Keep your focus on this energy for several minutes, if you feel the energy pulsating, allow your palms to pulsate back and forth with the flow of this energy. When you are ready, when you've had your fill of holding this energy, without touching your hands together, take your hands up to your mouth and breathe in the energy held between your palms, breathe in deeply and take this energy inside of you.

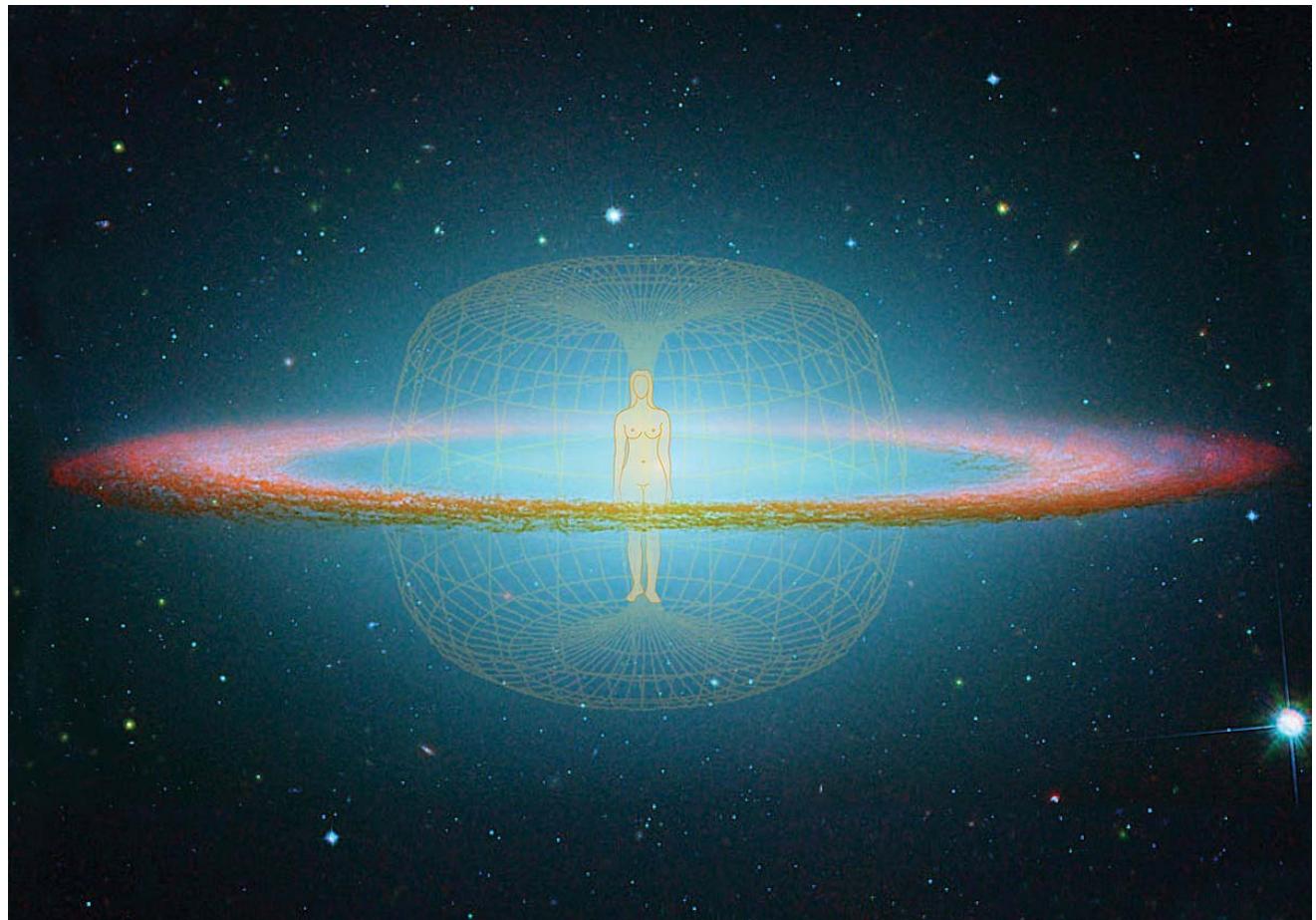
Feel the energy enter your body and expand your heart centre. Your heart centre is the assemblage point of your bodies energetic field, the centre point of the toroidal field. Feel the point where your energy meets and flows, your energetic centre point, your heart centre. Embrace this energy, feel it pulsing through your whole body and feel it emanating out into your energetic field. Breathe into your heart centre, deeply, slowly, for several minutes, feel yourself becoming centred. Feel your breath carry this energy from your heart centre out to your whole body in the flow of your toroidal field. Feel how all of your energy is connected through this assemblage point of your heart centre. Feel how there is always new energy being carried into your centre point and out of your centre point, at all times. You are deeply connected to this energy on all levels. Carry this connection to your energetic flow with you throughout your day.

Maintaining this deep connection to your energy field in your day to day activities can greatly affect you in a very positive way. Our energetic awareness and the toroidal field's assemblage point positioning are directly tied to our psychological and physical well being. As humans, we are beings of energy, we must flow. ~

<http://you-are-another-me.tumblr.com/post/68828124661/an-exercise-for-becoming-more-aware-of-your-bodys>

The centre point is the location of one's soul.

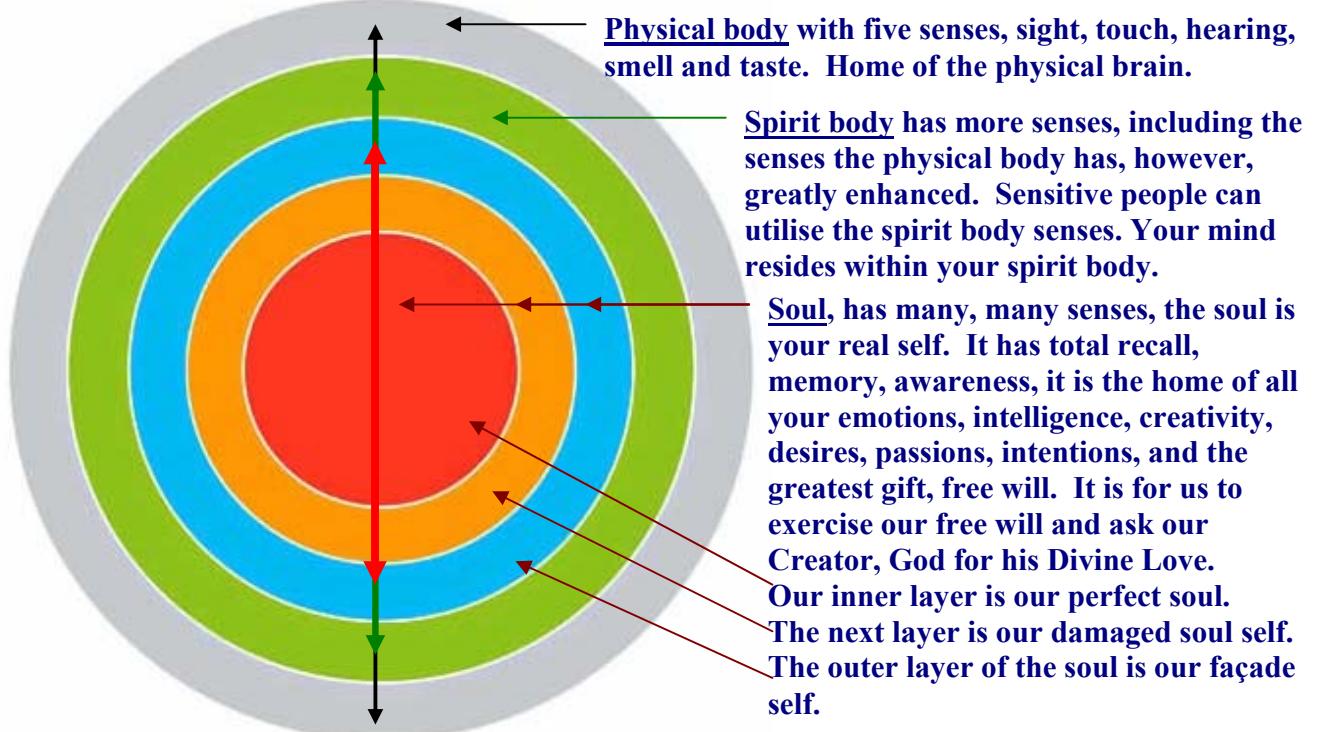


MerKaBa Sombrero Galaxy graphic by Ortlieb Schrade

Everything in this world is channelled. Everything inspired, either by the voice of fear or the voice for Love – every moment of every day you are choosing what frequency to channel – what quality of thought to channel – what dimension of feelingness to channel. Every second, it never changes. (Grace as a Reality CD)



Soul condition is the sum total of all of the different emotions, desires, passions, etc., all wrapped up together in terms of how much love there is in every one of those.



WE SUBMIT TO EMBRACING OUR PARENTS ERRORS!

At the moment of conception your soul activated your will to become of your earth parents, you in effect, agreed to accept all that they were; to partake of their negative states, which they subjected and impressed on you through your formative years. By the time you became an adult you were a product of them, wholly a part of the negative mind state of this world. Currently you are imperfect and will only regain perfection of soul once you have completed your soul-healing.

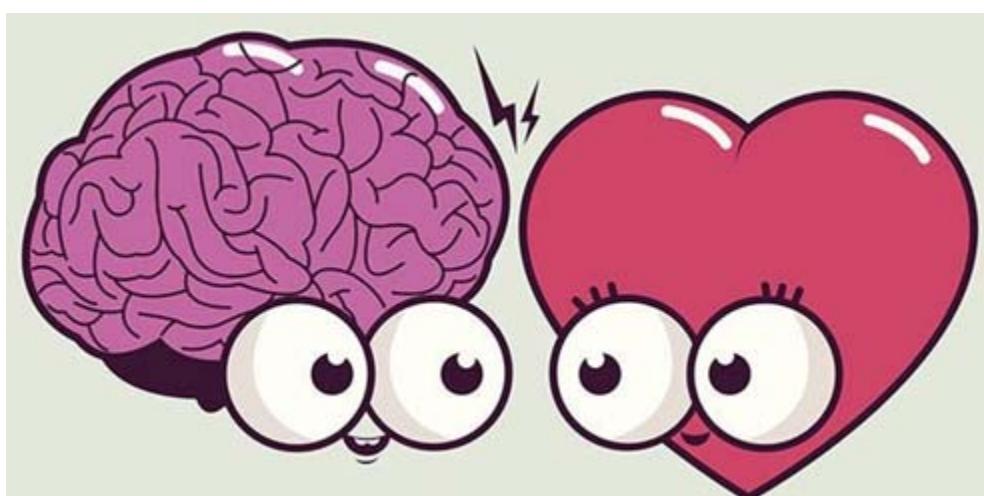
Jesus Message 33 (part) 9 January 2003
 The Rejected Ones – Living True to One's Feelings



Like Father – Like Son



Like Mother – Like Daughter



Our mind strives to control and is always subject to error. The mind's controlling natures based on error are the foundation of all the misery, illness and drama on Earth for all of humanity. Put them aside by expressing them.

Our soul based feelings, given to us by our Heavenly Parents, are always in truth. Allowing our feelings to lead our way of living that is living true to God. Express all your feelings and long for the truth of them.

WE ARE TO LIBERATE OUR SUPPRESSED PERSONALITY:

We NEVER lose our personality, it is ours, and it's our precious gift from our Mother and Father. We are always who They have made us be. Personality is sacrosanct. It's the most valuable thing in Creation, it's what all Creation rides on, it's what all Creation exists for: the expression of personality.

All our Healing does is liberate our true personality, so it doesn't actually change us, and in make us be a different person, it just liberates all the parts of us that were stopped from freely expressing themselves.

All that is wrong or bad or imperfect within you, will turn into being perfect, right and good. You get rid of all the bad stuff by liberating all the hidden good, and as that comes to light, so the bad fades and then leaves altogether because you no longer need to be that false untrue you, the one your parents have made you be. But YOU, the basic intrinsic you, never changes, and all you don't love about yourself will go as you gradually love yourself more, all as you keep bringing out your repressed feelings.

Helen talking to James Moncrief 5 April 2017

When you start to do your soul-healing you are moving away from the control of your negative mind.

We all have a great responsibility to Creation and to our Heavenly Parents: to strive to be true and adhere to the perfection of our soul, so that by our own existence, as shown in our lives, we are helping to build Creation in the right way. A positive mind is of perfection and will add positively to Creation; a negative mind only seeks to add imperfection and destroy Creation. Creation being created by perfect love will only tolerate imperfection for so long. Although you are living a valuable experience in your evil and negative mind states, Creation and your soul will only tolerate such self-denial for so long. One day, if not sooner rather than later, you will feel the pressure on you to change, to find out why you are not happy and not all loving – to find out the truth of your no-love, denial state.

When you start to do your soul-healing you are moving away from the control of your negative mind.

Love can only go where truth exists.

Messages from Mary and Jesus via James Moncrief 13 March 2003

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.

FEELING HEALING is ABOUT GOING EVER SO DEEPLY INTO ONE'S OWN PAIN:

You are going to feel all the bad you feel now, and all the bad you felt during your childhood. If you don't remember feeling bad during your childhood, you still have to want to see if there are bad feelings buried deep in you that you are not aware of, feelings you have shut out of your mind, so its imperative that you must want to feel bad – that you want to accept your bad feelings and stop denying them.

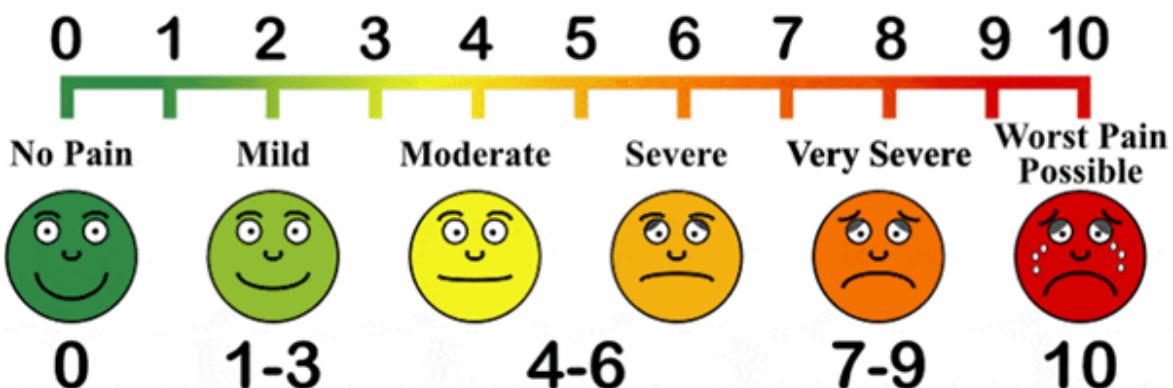
I want you to understand that feeling bad is good, it is the right way to go, it is heading in the right direction, it is your ascension, your spiritual growth – what you need to do to heal your negative mind. It is to do the opposite to your training, to allow yourself to feel as bad as you do, instead of dismissing all your bad feelings and pretending you don't feel them. It is going against all that you know, and all that has been taught to you, and is against all of your minds conditioning. But still, as I said, you are setting off in an unknown direction, and feeling bad, and wanting to feel bad, and allowing yourself to feel all the millions of bad feelings that will come up in you, IS THE RIGHT WAY. It will be very new to you, and you might feel bad about this, and about feeling bad, but that is all good, and that is what I would expect. The Mother and Father will provide experiences for you that will make you feel bad: angry, miserable, pain and many other bad feelings. All those feelings you wish would just go away are the ones you now must wish to have, and own, and express, and own up to, as being a part of you.



And all through it I want you to ask, and even if necessary, to beg, the Mother and Father to show you the truth of why you are feeling bad. THIS IS EXTREMELY IMPORTANT – TO WANT TO KNOW THE TRUTH OF WHY YOU ARE FEELING BAD. For without wanting to know why – what's the point, you may as well just keep on denying them, doing things believing they are making you feel good.

I don't want you to go to Them with your mind for a quick answer, although you can discuss everything with Them; but to ask Them to SHOW YOU THE TRUTH THROUGH YOUR FEELINGS, so you can feel, and experience, and know categorically for yourself, why you feel bad. The truth will come up independently to your mind. Your mind should be kept out of it, until the truth has come as a result of your expressing your feelings, then you can use it to think about all you have seen about yourself. You have to want to know your feelings, all the reasons why you feel so bad. Mary

Messages from Mary and Jesus book 2 via James Moncrief 28 April 2003



The whole human race is suffering from repressed childhood and mind control.

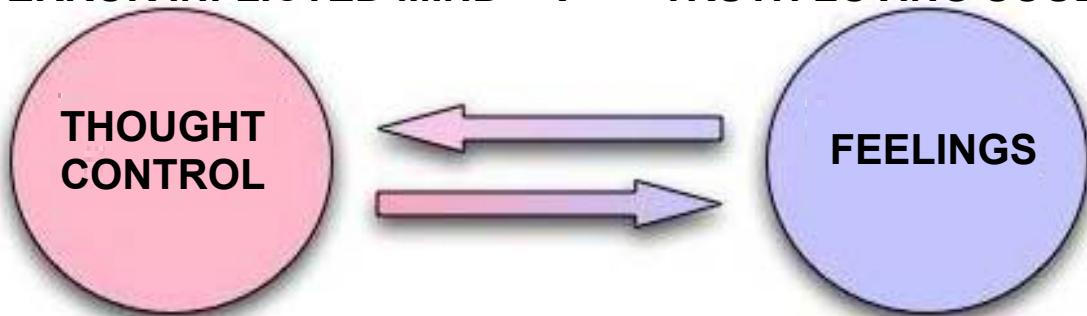


Be controlled by your oppressive mechanical mind, or set yourself free through your feelings and allow your soul based truths to surface. Allow your feelings to be felt, and seek the truth of them. This is how we can all evolve in love.



Our minds are infused with childhood injuries and errors. Only by expressing them as they surface, and finding the truth of them that we set ourselves free and grown in love.

ERROR INFILCTED MIND V TRUTH LOVING SOUL



Our FEELINGS are our SUPREME GUIDES:



Feelings are what guide us through our ascension of truth. So they are really our Supreme Guides. Many people look for a person, spirit, angel, even God, for supreme guidance, however it's all right there already built in – in our feelings. **We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it's there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings.** Longing for the truth of our feelings is really: Longing for the truth of our self, because: we are our feelings. So life stirs up our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings.

Kevin 26 Sep 2017

Using our feelings to uncover the whole truth of our negative or anti truth and anti love state.

Kevin: So whilst we're of an untrue state, then all we have got to help us understand why we feel bad, why we are wrong, why we are negative and anti love and truth, is our feelings. So if we focus on our bad feelings, they will lead us to the truth of why we're feeling bad. Which will be the truth of what happened to us to make us be this wrong way, and how we took on the wrong way and keep it going making us feel bad.

FEELING HEALING

Note: The vital difference between emotion and feeling is that emotions have their roots in the past, and feelings relate to the present moment. Emotions represent our feelings which were not previously expressed, and these accumulate with time.



Note: Our feelings are soul-based. Our soul is always in truth. It is our soul based feelings, that when allowed to be freely recognised, we will begin to express and be who we are. This takes time and perseverance as we have encrusted our souls with layers upon layers of errors and false beliefs, it is these layers that will confuse the truth that our soul is conveying to us. Only by our progression with our Feeling Healing will our soul's expression of truth become clear and free of all cloudiness and contamination.

“What our soul needs in accordance with our own, individual, **Soul-Light-Plan-Of-Destiny** (your life’s true destiny plan), They, being our Mother and Father, will give you as required. The only way we can know truly what we need is to honour and follow our true feelings. They, springing from our soul, literally telling us what we need, and so when we genuinely feel we need something, we apply our will to get it. The hard part is knowing if our feelings are true, and until we have done our whole soul-healing, they won’t be clear and total true.” James – Introduction Course to Divine Love Spirituality

Life Cycle of CARNAGE



When we inflict will damage on others we cause serious pain, not only to them but also to ourselves. We don't think what we have done warrants any sort of punishment even though we have negatively affected and influenced people by inflicting our will on them against their will.

Golden Rule: that one must always honour another's will as one honours one's own.

It's hell here on Earth, only some aspects of life are worse than others, until we partake of the Father and Mother's Love and long for the truth and set about doing our soul-healing.

These are the effects of the Divine Love when we are wanting to live true. When we set about longing for the Truth of our feelings we can't escape any longer. We have to face the truth, and express all our bad feelings.

How can we make amends?

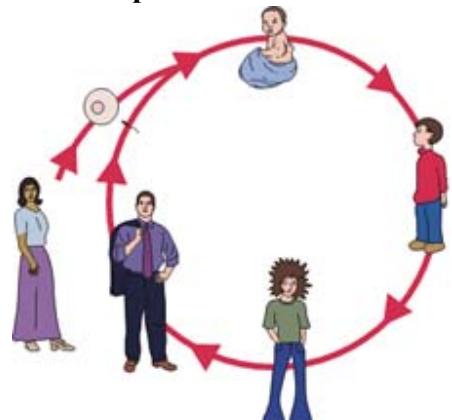
All we have to do is totally own up to these bad feelings. Accept them and don't push them aside. Let them come. Allow yourself to feel as bad as your feelings make you feel. It's all very good. We can't actually go back and fix what's been done, but we can take responsibility for our feelings. So far as our soul exists there is no time, so we can express these feelings now and they will apply to the past back then. This is how we do our soul-healing. We have allowed the Divine Love to transform a little part of our soul, and it's brought up bad feelings, we have gone with them, we have allowed our self to experience them, all because we want to see the truth. The truth of our self, of what sort of person we are – of our life, and now this is where it begins. Today we have seen this part of the truth of our self, how in this situation we are uncaring inconsiderate, greedy, etc. And we have not liked what we have seen and would like to change our self so we aren't like that any more...

One may wish they were never like that... Not having any idea...

But now you do. And now that you know that you do, you have the choice to either continue as you have been or not to. And by choosing not to, the Father and Mother will change this part of you, a small part of your negative mind will become healed, and a part of your soul will be transformed. You have changed, because you've seen and accepted the truth about yourself. You will never be that person back then ever again. A part of you has woken up.

We feel this way because it's how our parents have made us feel when we were very small.'

The truth is we feel this way about ourselves, because we have been able to see that we don't treat other's with respect and this has to be coming from somewhere within us. We haven't just made it up. What we are as an adult is all from what we've learned to be as a child. So we have learnt to be this



way. A child is not just born evil contrary to what some people believe or would like to think. We all start out as pure souls of love, and if we become evil, it's because we've learnt that that's how someone, usually our parents, have wanted us to be. They have made us into what we are. We've learnt to be that way because they treated us that way. So our parents treated us as we now treat other people.

We believe our parents have loved us and yet we can do something so unloving. Had they truly loved us then we would only be of love and only able to treat others lovingly, just as we would be treating ourselves. We can't be something we are not. So any unloving act is you, you haven't just suddenly made it up; it's a part of your behavioural makeup and is governed by your mind's beliefs. We have evolved it, and the only time we could lay down such foundations was during our early childhood. In some way, on some deeper repressed and therefore unconscious level, are the memories and bad feelings of our parents treating us un-lovingly, just as we have treated other people.

And our parents themselves will have been treated in the same un-loving way by their parents and so back through the generations. The whole unloving truth and way of behaving has been long since buried and covered up by false feelings and false beliefs of love. Had you been completely loved and treated accordingly, so too would you treat all others, for we do to others what we do to ourselves and what was done to us.

All we need to do is keep praying for the Love, and longing for the truth. The only way we can truly let go of our bad feelings is by SPEAKING THEM OUT OF US, getting right into them with the feeling, and emoting and expressing it – whilst longing to see the truth of it...

To liberate one's real self, being one's soul, is by embracing Feeling Healing so to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

And step by step, the Mother and Father will take us through our soul-healing, helping us to heal every part of ourselves, every mind circuit that is not functioning in harmony with Their Divine Love and Truth and the Laws of the Universe.

These notes are drawn from "Paul – City of Light" by James Moncrief

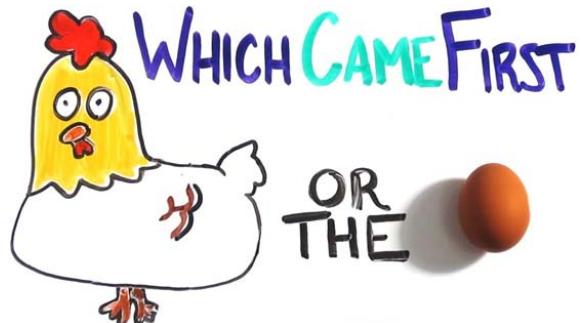
Cause No Harm < to OTHERS
to MYSELF

Strive to love others as I am to love myself

This is the Pathway to end the **GARNAGE**

FEELING HEALING and DIVINE LOVE:

The revelation of Divine Love came before the understanding that one is to open to their feelings and long for the truth those feelings are trying to show us – wanting to uncover that truth of one's self. We are to feel into our emotional injuries and erroneous beliefs and allow our soul to function.



It's not about trying to empower ourself because we feel powerless, it's about accepting our bad feelings – accepting them as we submit to them, all so we can feel every bit of powerlessness we feel; and understand all why we feel that way, and how all of the parts of feeling it make us feel. It is wanting to uncover the whole truth of it, which is the whole truth of one's self.

We do feel powerless, that is the truth we are living – so accept it! And from there; okay: so why am I feeling this way, and how does feeling this way make me feel; what was done to me to make me feel this bad, and how have I taken it all on keeping myself feeling this way. So we uncover all the ins and outs of it – all the truth. And when we've brought it all to light and brought out all our repressed feelings to do with it, then we'll change, then we'll heal, then our soul will change our negative patterns into positive ones. And that is the only way we can ascend our soul in truth whilst we're of a negative anti-truth state.

When our parents interfere with us when we're young and forming, stopping us from being our true selves, they are in effect causing a part of our personality to stop being expressed by our soul, so in that way, that part of you is being forced to 'die'. You can't however completely eradicate that part of you, it merely stays there waiting for the day you liberate it, however the feelings it makes you feel are like you are being forced to die, which is why you cry and protest and fight. We are de-powered, as the true power of our soul through our will can't be manifested, it's not being able to bring that part of one's self into being.

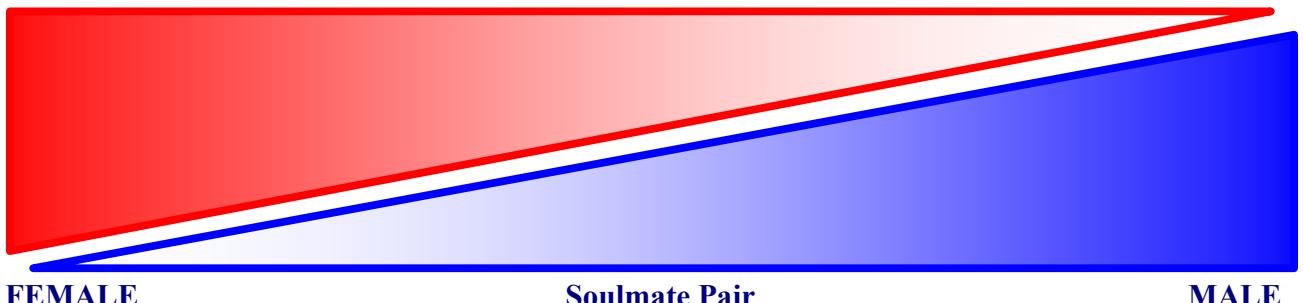
FEELING HEALING For Kids

Feeling healing is the pathway to begin to live fully expressing one's true personality. We are not to live by a set of rules, even if they are self-imposed, we are to live true to our feelings – always! And our feelings will break all mind-imposed rules, but will lead us to fit in with all soul-expressed rules. And by living true to our feelings, true to ourselves, we will naturally be living true to God's Feelings (and not true to God's Mind and Thoughts) – true to God, so true to God's will; or, true to God's Way. Living true to one's soul.

Revelation 1 is to embrace our 'feeling healing' in a manner that you feel works for you, and Revelation 2 is that by embracing the Mother Father's Divine Love we are then 'soul healing'.



The EXTREMES of EMOTIONAL INJURY and SOUL SUPPRESSION:



At the extreme ends of Childhood Repression, a soulmate pair will be the first to heal themselves, having experienced their parents and close family members impose upon them forms of childhood suppression that collectively represent all possible extremes of experiences that we can have. Thus, when their Spirits of Truth are released, then all of humanity will be able to draw upon these for assistance and guidance as to how to liberate one's own soul from their own personal repression. This is the gift that this soulmate pair is to provide humanity with.

As the female is closer to her feelings, it is the female that will lead and assist the male in their Feeling Healing process, while progressing with her own. The male cannot do this on his own, only the female is capable due to her closeness to her feelings. However, to complete her own progression, the female requires the support and participation of the male. It is now time that we recognise that it is the woman that is our spiritual leader.

Our truth loving soul based feelings are to be brought into dominance with our minds only to support our soul based feelings. It is how we are brought up by our parents that we erroneously accept that our minds are all powerful; however they are greatly flawed and self-centred. Embracing one's own feelings is embracing the way of living that our Mother and Father desire for us to express and engage in. We are to fully express our God given personality through our feelings, not our mind based man-made impressions.

Firstly, consider discovering the truth of your emotional pain and injuries through Feeling Healing.

Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.

Primary and most important readings are the writings of James Moncrief.

Then consider the Padgett Messages, and then The Urantia Book.

TRUTH LOVING SOUL V ERROR INFILCTED MIND



FEELING HEALING + SOUL HEALING

To heal one's self is to simply look to see what feelings we are refusing to let ourself feel, and accept them instead of denying them. And to fully accept them, one needs to express them, speak about them, let them have their say, rather than pushing them aside, refusing to let them make you feel bad.

Doing this all with the intention of seeking the truth of why you are feeling them, of speaking about and expressing all such feelings; all feelings you have, but ALL WITH the INTENTION of UNCOVERING the TRUTH THEY WANT YOU TO SEE ABOUT YOURSELF. And it's the wanting to see the truth of them that is very important, because if you just look to accept them and speak and express them, but not seek their truth, then that's all you'll be doing, speaking and expressing them, but not healing their causes, so not fixing the things within you that are making you feel bad. And it's the truth part of it, seeking the truth of your feelings, and so, seeking the truth through your feelings, that's vitally important. It's the truth of yourself, life, nature and God, that is the spiritual aspect to it all.

You CAN'T find the truth of yourself, or anything else, through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them. So to do our Soul-Healing consists of these steps, all of which are ongoing until it's done:

- **Admit you are feeling bad.**
- **Accept your bad feelings, identify what they are.**
- **Honour fully your bad feelings by expressing them, speaking about them to someone who is willing to hear you talk about them, or tell them out loud to our Heavenly Parents. Long for the truth of them. Long for the truth of why you feel bad – what deep within you is causing your bad feelings?**
- **And remember, bad feelings are Good! Not bad. They are not to be despised. And as hard as it is to accept them, they are still you, and a very real part of you. And if you persist in denying them and not allowing yourself to fully live them, then you are only going to keep yourself in your errors making things harder for yourself.**
- **All sickness and suffering, all bad things that happen to you, all your problems, all your addictions – your whole feeling-denying and untrue life, is all caused by your denial of bad feelings.**
- **Every problem in the world is brought about because everyone has been brought up to deny feelings, and in particular, most of their bad ones.**

If one is intent on spiritually evolving and growing in truth, then it's vital, and this is the key, that one looks to use one's feelings as the means to gain and have access to the truth of oneself. You CAN'T find the truth of yourself or anything else through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

Doing your Soul-Healing with the Divine Love, is really doing your 'Feeling-Healing'. We are designed — created — to be self-revealing of truth, and so we are all to uncover the truth within ourselves and for ourselves, and all being done by living true to our feelings. **If you accept, express and seek the truth of your feelings, then truth will come to you, and you'll grow spiritually. It's as easy as that. Also it is as easy as it is to long for, ask for and receive Divine Love.**

THE HEALING OF YOUR BAD FEELINGS THROUGH THEIR ACCEPTANCE AND FINDING THE TRUTH OF THEM, IS THE ACCEPTANCE OF YOUR NEGATIVE, REBELLIOUS, EVIL, IMPERFECT MIND AND WILL CONDITION.

To do our feeling-healing we need to become:

Aware of – Acknowledge – and Admit, our bad feelings.

So we can:

Accept – them and allow ourselves to Be them.

And then if we feel to, take:

Action – Express, speak and emote them.

Talk about them.

All being done whilst longing to, really wanting to, see the TRUTH of our feelings.

So it sounds simple.

So I repeat:

We accept our bad feelings by expressing – speaking about them to someone willing to listen to us and take us seriously. And as we speak we long for the truth of them – why we are feeling them – to be made known to us. And when we uncover and see the truth we are FREE! – healed of the causes that have made us feel bad.

Accept, Express – see the Truth, and you're Free!

ACCEPTANCE OF ALL YOU FEEL, THINK AND ARE, IS THE KEY TO DOING YOUR HEALING; THAT, AND WANTING TO SEE THE TRUTH OF ALL YOU FEEL, THINK AND ARE.

Release one's pain through expressing one's feelings.

in conjunction with

Longing for the Truth when also longing for Divine Love.

Feelings First Spirituality The New Way

Feelings First
FF
Feeling Free

The New Way, Feelings First Spirituality
Learn to live with God through your Feelings

Accept, express and long for the truth of your feelings

Be free in your feelings
Free your feelings from your mind's control
Live true to your feelings; your feelings are your true self
Live true to yourself through your feelings



Live true to yourself by living true to your feelings.
Long for the truth of your feelings.

Accept / Express / Bring out ALL of your good, and most importantly, BAD feelings.
Want to understand why you're feeling them.
Use your surface feelings to take you deeper into your repressed and hidden feelings.



The Feeling Way is the True Way.
 Your feelings are your spiritual guide.
 Your feelings will take you to God.

Your feelings will show you the truth of your relationships, including your relationship with God; and if anything is wrong, untrue and unloving, then why it is.

Our feelings are sacrosanct and we should respect them accordingly. And we should NEVER block them out, ignore, override, banish, deny or reject them, because if we do, we're only doing that to ourselves, as Our Feelings Are Our Self.

Our feelings are the gateway to our soul. Our feelings are the closest we can get to our soul. Knowing the truth of our feelings is knowing the truth of our soul, and knowing the truth of God.



Feelings First Spirituality is the True path for humanity.

It embraces all people.

It completely unifies the world.

Everyone can relate to everyone else through their feelings.

And we can all live the truth that comes from our feelings, all sharing the same truths as we express and have the same feelings.

No one need be left out; no one is more special than anyone else – we are all united in Truth through our feelings.

So with and through our truth we live our lives, therefore without the need of any man-made mind-laws, rules and restrictions that limit self-expression as inspired by our feelings.



The New Way, Feelings First Spirituality is what is to replace all man-made, mind-contrived religions that so many people have enslaved themselves to. The New Way, Feelings First Spirituality will set us free of all that control, ending the Rebellion and Default within ourselves as we do our Feeling-Healing, and ending such control and spiritual stagnation in the world.

Bring on the End Times – get it over and done with! Let's all see that Jesus is not going to come again, that Prophecy has failed all the mind-controlled platforms. Allow such false systems of belief to die their long-awaited natural death, they've overstayed their welcome, it's now time they fade away. So let us show such antiquated, erroneous systems of belief the exit and bring on the fresh liberation of discovering the truth of how we are to live for ourselves, each of us personally in our lives, and all by looking to our own feelings for it. Self-revelation through our feelings is the way to go.

The Way of the Mind is ending, and is really the End Times – the End of our mind control, and **it's about time!** With the Way of our Feelings replacing it.

The End Times means the end and therefore a New Beginning. And that new beginning is a whole new Spiritual Age – an age based on self-revelation of truth through one's feelings, coupled with and supported by higher revelations from the Celestial spirits, angels and nature spirits.



The Feelings First Spirituality is the True Way to God because it helps you get to know God, helping you to reach out, connect and be personal with God, and do God's Will, all through your feelings. It is the only true way of getting to know the God of Feelings – our beloved Heavenly Mother and Father, the Great Soul of Divine Love.

Love comes through our feelings and not our mind, as we've all been wrongly led to believe.

Feelings First; then comes The Truth; then comes Love.

LOVE is the Religion of Feelings, being:

Feelings First Spirituality, The New Way



REVELATIONS

Revelation 1: Our soul becomes encrusted with harmful ways of life, plus negative and erroneous beliefs, these mainly stem from our childhood upbringing and environment. Thus we live untrue to ourselves, we become 'evil'. Whilst we hold to these injuries we limit the amount of Love that we can receive into our soul. To open our soul to the Love we must firstly and progressively feel into our emotional injuries and allow them to be released. Until we emotionally experience past errors and injuries we hold onto them.

To free our soul of damage and toxic emotions we must open ourselves to experiencing them. This is a progressive, slow and uncomfortable cleansing process that we must all experience. Only by addressing the generational injuries will we, as humanity, evolve in love.



To fully divest one's self of our badness, we have to 'go into' our feelings. Call this process of clearing toxic emotions as 'Letting Go', 'Emotional Processing', 'Journey Process' or 'Feeling Healing'. Embracing Divine Love then Feeling Healing becomes Soul Healing.

As part of our Feeling-Healing we will have to work our way into all our feelings to see if indeed they are coming truly from our heart and soul, or if they are being heavily influenced by our mind. And this will then lead us into questioning and uncovering the truth, if there is any, to our beliefs and why we behave the way we do; and is such behaviour based on truth, or is it based once again on untruth, belief, and rules of our mind.

Revelation 2: We can long for, ask for and receive the Mother and Father's Divine Love. The greater our soul is free of error and injury, the more of the Divine Love can be received and assimilated into our natural love formed soul. The Love does not free us of injury, however, it strengthens our resolve to continue on our journey to be free of error and injury, to step away from evil aspects that have been encapsulated within our humanness and soul. It is this Love, the Divine Love, that brings about immortality of our soul and it is this Love that will eventually fit us to enter the Celestial Heavens and progress for ever more onwards to Paradise. These two revelations free us from error and enable us to grow in love ever more.



Steps UP!

Quantum Jump 1



REVELATION 1

James Padgett

1914 – 1923

James Padgett bravely introduced the availability of the Mother and Father's Divine Love and a great deal of additional guidance and information, all of which has been supplemented by Samuels, Judas, Reid and Arnold. All writers were under restrictions of personality and circumstances. Revelation 1 opened the door for humanity.

Quantum Jump 2

REVELATION 2

Marion and James Moncrief

2002

– ongoing

Marion and James Moncrief have recognised the need for one to engage in Feeling Healing and, by their actions, removed restrictions that James Padgett and others above endured, thus JM is able to critique the writings of the past 100 years resolving points of confusion as well as expand on what has been written. Revelation 2 is humanity's turning point.

Due to the extra-ordinary nature of Revelations 1 and 2, humanity with the first Revelation would have continued on into its negative pathway of living, however, combining the first Revelation with Revelation two, now humanity can embrace this turning point and commence its evolutionary growth that has required two thousand years to put in place. This is the greatest event in the history of humanity and very few are aware of such, until we enable others to become aware.



Negative Spirit Influence
blocked
22 March 2017
Law of Compensation
quickening
22 May 2017
Rebellion and Default
officially ended
31 January 2018



END to the REBELLION and DEFAULT – 31 January 2018:

31 January 2018: Nanna Beth: Yes John, very good news we want to pass onto you for your records. Earth and the seven associated Mansion Worlds (including the two Earth planes) are **officially** now fully under the control of Celestial spirits. And this means John, that Earth is now ‘Ours’. It’s been a long time coming, but it’s a huge milestone and marks a tangible and real end to the Rebellion and Default. It’s one of a number of ‘End’s’ that are to occur.

With the departure of the Caligastias and Daligastias some years ago, humanity has been in a state a limbo so far as who is doing what with it, it not being allowed to be left alone so it could do whatever it liked, it always needing to have a spirit connection. With the mind spirits, as we’ve told you, basically calling the shots still happy to ignorantly carry out C&D’s plans. But now with our systematic and progressive take over, we’re now in complete control.

And what that means is we have our fingers in every pie and we’re on the case so far as what everyone is doing. However it doesn’t mean we’re taking over and telling humanity what to do and how to be, although we are able to work more with certain individuals directly and indirectly helping to move or point or orientate (depending on how you want to look at it) individuals, groups of people, whole societies, the whole world, according to the plans given to us by the Melchizedek Receivers.

So humanity will still carry on outworking its unloving, untrue and rebellious state, that has to be worked through to its natural conclusion, however we want you to understand and just know that it’s another end of things and beginning of the new. And it’s basically what we’ve been working with you in connection with James this past year to achieve. There is a lot more to it and how and why it’s been done, and done as it has been done, however you can find out about all of that when you come over.

So we Celestials will guide humanity now according to what our Mother and Father want, so humanity’s got a real tangible safety-net under it now, so no more ‘downside risk’, it all being to move it toward doing its Healing.

I’ll speak again soon – love Nanna Beth.





*Please sir, I want some more!
or maybe
Please Mother and Father, I want some more!*

God's Divine Love: Pray for it, ask for it, and receive it.

The BEAUTIFUL MIRACLE:

5 Oct 2012

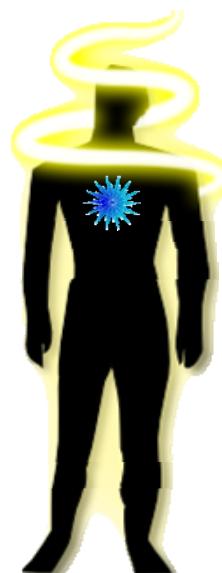
The DIVINE UNIVERSE

The way in which the Spirit conveys the Divine Love into the soul is a beautiful miracle. The attribute of mortal soul prior to incarnation has to it, a potential within it that is part of its formed nature. After the soul incarnates this potential remains part of the soul and even if the forming personality is unaware of such a soul potential, the potential still exists. The Divine Love is entirely suitable in its energy of harmony to be the energy that a mortal soul can utilise. The Spirit covers the spirit body when the individual sincerely asks the Soul of God for the Divine Love and this covering of the spirit body is where the dynamic of this beautiful miracle takes place. From the internal longing of the individual for the Divine Love this activates the Spirit Law that activates the Spirit that is then attracted to the spirit body upon which the Spirit material of the spirit body draws the Divine Love in to its soul and this union complete. The key here is to gain a perceptive insight into realising that the spirit body is not an inert body but that it is living and has activity, recognisable from its first forming from the Spirit Law that materialises a spirit body. The Spirit and the spirit body to give an analogy are like two attracting magnets and when the surface of the spirit body is touched by the Spirit, this causes the automatic response of the Divine Love to permeate into the attribute of soul and so begins the transformation of energy from the natural into the Immortal Divine Harmony. If the individual continues the receipt of Divine Love the energy that is Divine Love actively begins to change the soul and this is felt in the spirit body systems and can produce feelings of love and elation. The spirit-mind begins to change as all spirit body systems are affected by the changed condition now experienced in the soul as the soul becomes living and vital. In one's progression of this Divine transformation, the soul will mature enough from the amount of Divine energy it receives and at that moment the surface of the spirit body and the Spirit are continuously attracted to each other and one is living in the presence of our Mother and Father in perfect harmony and this clarifies the truth about what it means to be truly at-one with God.

**Soul within
spirit body
prior to receiving
Divine Love.**



**Divine Love being received
from The Spirit, covering the
spirit body of the requesting
personality.**



**Divine Love having been
assimilated within one's soul,
now being reflected through the
radiance of the spirit body.**



SHINING TOWARD SPIRIT:
665. The Shining toward Truth

Vol III, p. 157, 14 Nov 2014 – 14 Mar 2015 Zara and Nicholas
www.lulu.com

It is I Matthew, a teacher of the Divine Love. I have communicated with you recently, now I desire to provide you with a visual description of the Love.



Imagine a continuous Energy shining light blue that is unbroken with a seamless surface that surround every mortal and Immortal spirit. Imagine if you were to become aware that this energetic field of light-blue Energy existed in its shining radiance just near where you are. Now that you are aware that this unbroken Divine Love is unified energetic field of living Love, by opening toward the Soul of God and aspiring for the Divine Love, the Acting Spirit gently brings a small portion of this shining blue Energy into your soul

The Divine Love that you have received remains part of this great Energy that the Divine Love is and even though this small portion of Divine Love, now within your soul, in its shining radiance and energetic cause, it is never separated from the continuous energetic field of Energy that the Divine Love is. Having partaken of this Energy it is with perception that one is aware that the Divine Love within one's soul is the same Divine Love that every person and spirit who has partaken of this Love, participates with. Even though in our individuality we partake of this Divine Energy, this Love is never broken away from the Source and Origin from which this Divine Love emanates.

The Divine Love is bestowed into our finite soul by the Acting Spirit, but this Spirit remains in contact with our spirit body and does not enter the finite soul to become part of our finite soul essence that we are. No mortal or Immortal spirit can manifest in their soul the Acting Spirit so that this Spirit – this Holy Spirit – becomes part of our existing finite spirit body. Only the Divine Love and its Energy becomes part of our finite soul, which causes the change to our spirit body. The Acting Spirit always remains its own attribute and never does a Celestial spirit claim ownership or take possession of the Acting Spirit within their soul. (The Holy Spirit / Acting Spirit is an instrument of our Heavenly Parents, Mother and Father.)

This is one of the wonderful Truths by which we who have been transformed by the Divine Love understand our personal relationship with our Mother and Father's ever-present Acting Spirit. The shining Energy of Divine Love is all around us and when we have partaken of this Love, part of our finite nature becomes independently shining in this true perfect Love.

I provide these words that may appeal to those who are visual and to express the universal appearance of the Divine Love and the personal touch when in contact with the Acting Spirit.

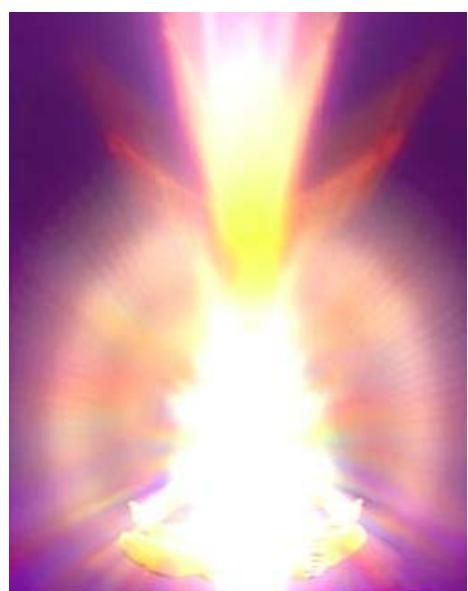
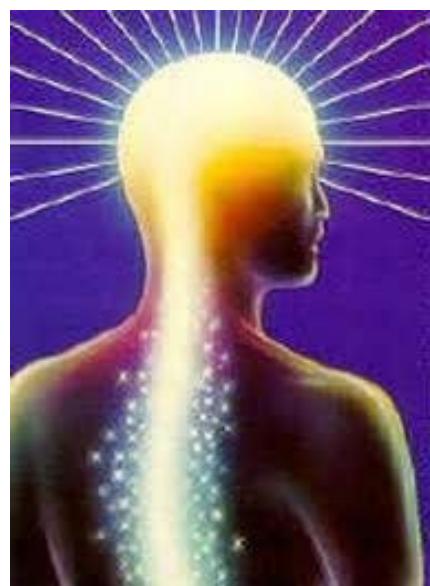
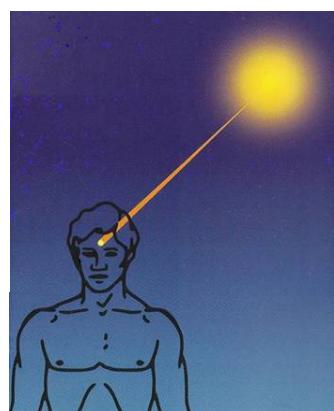
Matthew (Apostle)

Whilst we are receiving our Heavenly Parents' Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way our Mother and Father are actually loving us! When we progress, it is God's way of loving us into love and then we live what we are, love.

CONNECTION with GOD:

Holy Spirit / the Spirit infusing Divine Love.

Progressive escalation of Divine Love flowing.



EXPERIENCING RECEIVING DIVINE LOVE:

Be still and quiet; reflect in silence. Love is present. Keep asking, longing, and never cease: this is your part. It is your cooperation actively engaged that brings the transformation and continues the process.

You cannot see it; sometimes you will experience it as simple quietness and calmness. This is as pure and real as any other experience, whether demonstrative joy through laughter and dance, or other expressions.

Divine Love is present; it is always present. It does not fade or disappear. Rest, relax and breathe. Pray and wait.

Maintain daily prayer and meditation. When you do this you are building a home for the dwelling of the Divine Love. Your continual invitations establish an attitude of welcome to the Divine Love. These build a bridge for the Divine Love to carry you to new and higher levels of change and transformation: places of new realms for your soul growth and development.

The Voice of Divine Love

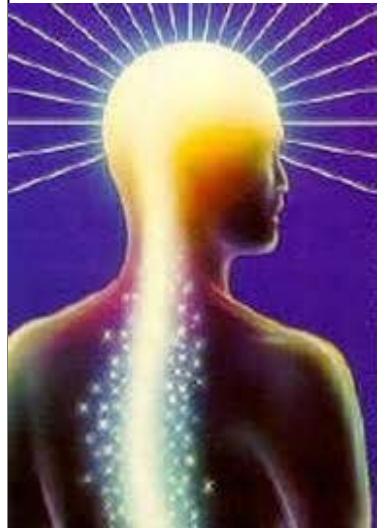
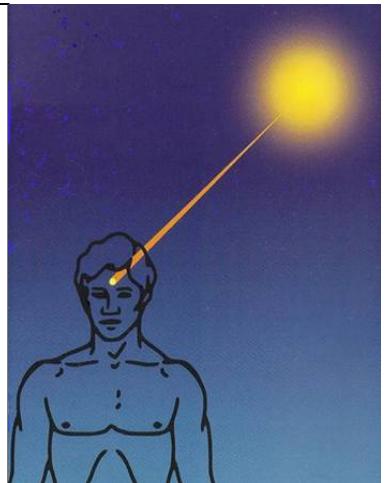
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As the receiving of the Love is always assured when longed for and asked for, the experience of receiving may become apparent by the occurrence of a warming embrace in the region of the third eye chakra, or with some, around the heart chakra region. This may be very subtle and gentle for some and may be for a few moments or extend for some time. Many do not physically feel the Love embracing them and this is totally fine, nevertheless the Love is being received.

On a few occasions, one may feel the love through the third eye region and then feel it expand as if it were to become a warming buzzing ‘hat band’ progressively expanding around one’s head. This can intensify and feel as though one’s cranium is about to pop off! Should this continue to intensify, then the sensation may flow down one’s main meridian to the base of one’s spine. Now that is something else! Relax and enjoy the great gift for this can be an experience that may continue for a short while or for quite some time.

Always, when one longs for the Love, it will shower over one’s body and be absorbed in through the spirit body chakras into one’s soul. Occasionally the Love will overflow from one’s soul and some will reside within one’s spirit body. At no time will you be discomfited. This light golden blue energy substance is the ultimate high octane super fuel gifted to us by our Mother and Father to us all.

MoC 1,500



### NATURE and STAGES of FUSION:

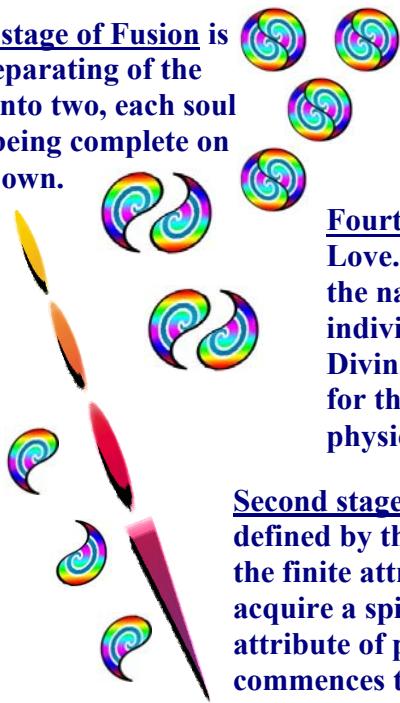
**Seventh stage of Fusion** of individuality is the transition from the Eternal Spheres to the Spheres of Paradise. The individual is now fully fledged in their union with God and can travel around the entire soul Sphere that God is and resides in.



**Sixth stage of Fusion** truly demonstrates how the personality is infused with extended attributes of mind-spirit function as the individual progresses from the Celestial Heaven and enters the Eternal Spheres.

#### Pre-Incarneational Sphere:

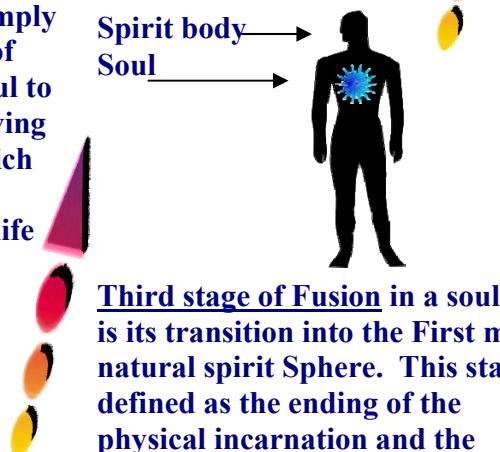
**First stage of Fusion** is the separating of the soul into two, each soul half being complete on their own.



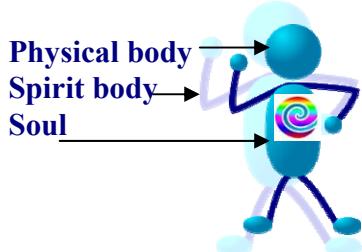
**Fifth stage of Fusion** transpires when their natural love changes and one's soul progresses to the condition to be of Celestial soul quality, one enters the Celestial Heaven.



**Fourth stage of Fusion** involves the Divine Love. This can happen at any time during the natural life experience of the individual. Happens when the Immortal Divine Love enters the attribute of the soul for the first time, either when in the physical body state or spirit body state.



**Second stage of Fusion** is simply defined by the incarnation of the finite attribute of the soul to acquire a spirit body and living attribute of personality, which commences the finite soul's individualisation of mortal life experience.



**Third stage of Fusion** in a soul's life is its transition into the First mortal natural spirit Sphere. This stage is defined as the ending of the physical incarnation and the beginning of life in the spirit world.

**TELEPATHY:** Well, actually, thought energy travels 700 times faster than suggested here.

**OUR SOUL**, upon conception, starts to radiate from within one's spirit body at the speed of light into its surroundings and out into space. At the speed of light, 300,000 kilometres a second / 186,000 miles a second, our soul's perceptions circle the earth in 1/8<sup>th</sup> of a second. A soul's thoughts reach a person on the other side of Earth and respond to the originating person within 1/8<sup>th</sup> of a second should each person tune into the other. We radiate our being outwards in ever expanding dimensions, increasing in proportions from the moment of our conception, at the speed of light continually.

Telepathy is a condition of tuning into another person, be they in a physical body or within the spirit worlds, and conversing with them through one's inner senses.



**OUR JOURNEY to the CENTRE: HEAVENLY PARENTS are UNIVERSALLY PRESENT:**

Earth is one of the youngest inhabited planets on the outer edge of the youngest of the seven super-universes. From the spirit worlds, we progress to the spheres of many mansions, being the Celestial Heavens nearer to the centre of our super-universe. From there we progress to the Eternal spheres which circulate around the Isle of Paradise. The Isle of Paradise remains stationery and is the home of the Source Soul, our Heavenly Parents, Mother and Father.

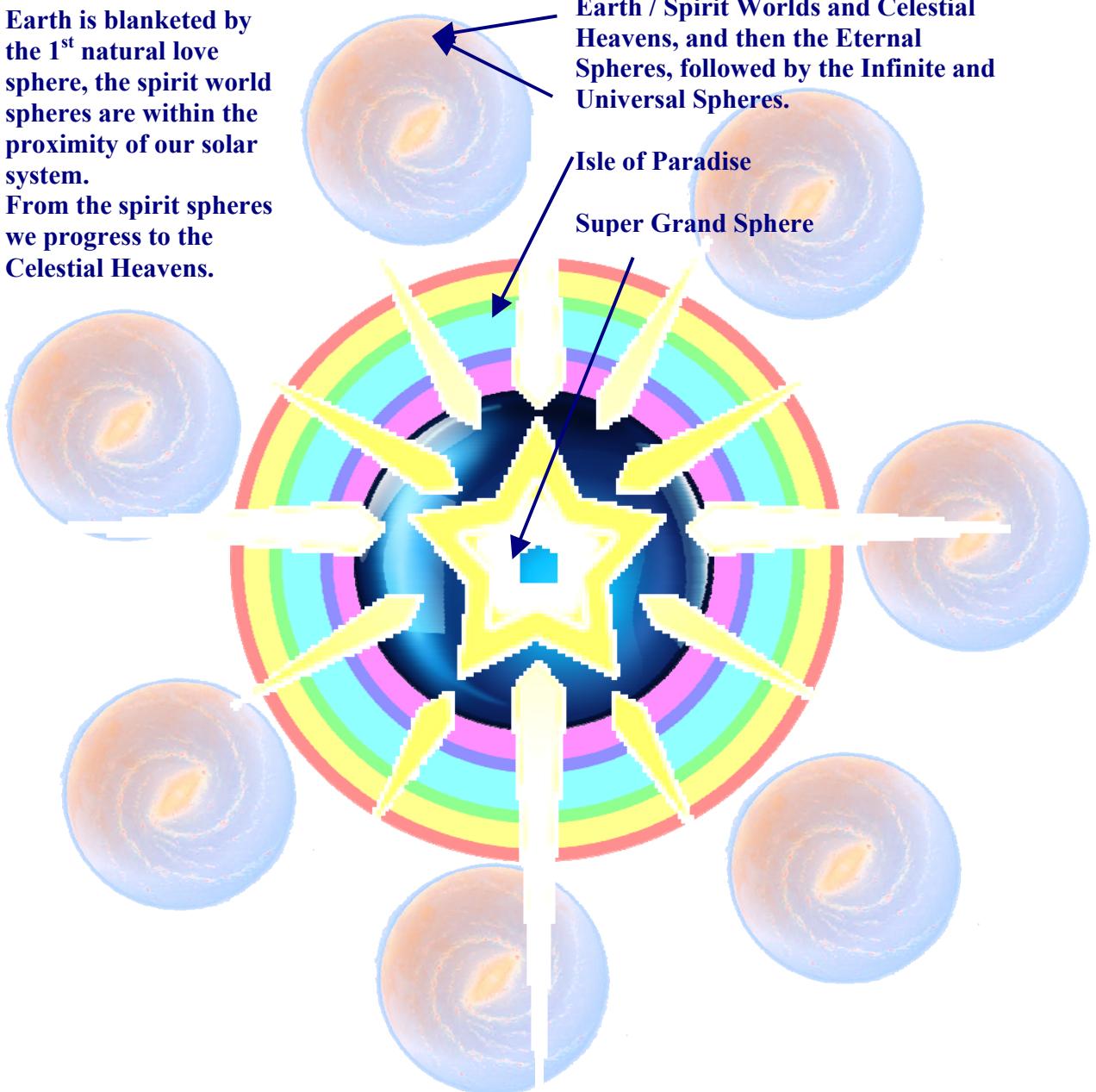
Our progression is always towards the centre – inward and upward.

Earth is blanketed by the 1<sup>st</sup> natural love sphere, the spirit world spheres are within the proximity of our solar system.

From the spirit spheres we progress to the Celestial Heavens.

Earth / Spirit Worlds and Celestial Heavens, and then the Eternal Spheres, followed by the Infinite and Universal Spheres.

Isle of Paradise  
Super Grand Sphere



**TEACHING, GIVING, LEARNING:**[www.tqlhubs.com](http://www.tqlhubs.com) The Holistic Education Foundation Co. Ltd.

Some further concepts that arise pertaining to science and love:

- this 'torus light of love' illuminates the endless 'dream worlds' of the One-Self, while providing the energetic (EM) framework for condensation of all 'dream worlds'
- it flows like a river of consciousness from the Reality of no-thing beyond the Universe; the changeless Source and Upholder of every-thing
- without attributes, the Reality is unknown and unknowable; the Beingness of being; pure Awareness of Consciousness; the witness of God's dreams
- this non-duality can be pictured as the unchanging presence in the 'always Now'; the screen onto which our ever-changing 3D reality is projected by the light of Love
- thus, our bodies and world can be viewed as mirrors that reflect the infinite permutations of the 'dreams of God'
- while the Love from knowing this unity of our Self as God holds the key to real understanding, gratitude, courage, humility, acceptance and transformation

Some more ideas regarding approaches for young people (and people in general):

- from analogies my brother used, my 10 year old nephew likened the situation of life to a video game
- many understand the analogy to a holodeck with the sun as the holographic projector
- further, they comprehend how our current digital technologies are like primitive / childish versions of the universal game
- this all points to God / Source as the master designer / creator of both tech and related life games
- the use of light and magnetism to form the 'framework' to support the 'images' within becomes clear to them
- even the idea that modern tech is God's way of teaching us how He works His wonders becomes palatable, if not logical

So, it seems to me that there is endless scope for animations, games, stories, films, meditations and related projects that could evolve within the new educational framework outlined in the Overview document that follows.

Perhaps this can provide an outline for discussion and exploration...I'd be delighted to hear your views and to collaborate on the project.

Bestest,

Peter Forrest

## **TEACHING, GIVING, LEARNING:**

### **tgl OVERVIEW:**

#### **A NEW MODEL FOR KINDERGARTEN EDUCATION – 'Nurturing the Learner'**

##### **Scope**

Quite simply, holistic education means that all parts of the learner are catered for by teachers trained in the theory and practice of the new model. All aspects of life and living – physical, emotional, intellectual, spiritual, social, cultural and environmental – are intertwined in a person-centred approach to learning. The internal and external environments of learner, community and society are interconnected. Essentially, learners are given opportunities to self-define by their choices.

The holistic model takes from best practice to provide a bespoke design for the unique cultural needs of the local community, with spiritual values and practice underpinning all aspects of the curriculum.

##### **Core Issues**

- early years education is considered to be the key time for development of the brain. Our ability to communicate and relate to others successfully depends on these initial experiences
- a natural rhythm of innovation and creativity with time for assimilation offers a real opportunity for serious growth that informs future development
- the whole community is included so that they feel invested in the concept, while experiential and sensory-based learning becomes valuable to all stages of positive human development
- principles of respect, responsibility and community are evolved through exploration and discovery within a supportive and enriching environment using a self-guided, problem-solving, emotional intelligence curriculum
- the teacher is the facilitator in the child's learning, developing individual learning programmes that follow the child's interest
- the natural environment becomes a central basis for exploration, enquiry and clarification of learning within the natural ebb and flow of relationship
- involvement of family and community are seen as a key to influence development of local policy and curriculum
- the fundamental unity, art and beauty of the universe is taken into account in the purpose of education, the nature of the growing child and the relationship between humanity and life itself
- independence, freedom and respect for a child's natural psychological development are intrinsic

##### **Essential Elements**

- the learner is introduced to the process to suit their individual stage of development and style of learning, using personalised, theme-based, creative and emotionally-intelligent curriculum
- intergenerational projects involve parents, grandparents and families at all levels including creative arts such as theatre, story-telling, music, art, tai-chi, xi-gong, meditation, dance etc.
- the natural rhythms of the day, month and season are allowed for with differing lengths of time for diverse types of learning and daily physical activity
- beauty, light and nature characterise the environment with special places for quiet and reflection – stained glass to catch light and colour, flower and oil fragrances, soft music
- other spaces for performance, dressing-up, growing, preparing and cooking food, observing

nature and the changing seasons, phases of moon and cosmos with teacher as facilitator

- sensitive, secular approach to integrate spiritual aspects of life with scientific understanding so that learning is related to and relevant to the nature of the human being involved
- a secure, yet flexible structure to mirror nature and reflect natural human development to prepare for transition from the dependence of the baby to the independence of the adult
- the adventure of learning is enabled, related to skills and values free from institutionalised dogma and fixed ideas; an emporium for experience and choice appears

### **Next Steps**

- visit from client to meet team for detailed discussions and visits to view processes in action
- development of critical path and related cost analysis for investment planning
- visit to country of requirement by key personnel – recruitment process and identify University to evaluate
- key personnel from foreign country to visit U.K. for training
- translation and preparation of distance learning programmes
- visit to foreign country to develop operations and training
- commence project
- monitor, evaluate and report
- train the trainer and roll out the programme

### **tgl software and systems**

- tgl software enables skills exchange to generate an alternative, debt-free means of exchange
- in the process, media productions are hosted to present the processes, skills and projects as they unfold and evolve
- the software can be tailored and administered to suit any particular local requirements
- for example, related to this project, community members can be rewarded in an alternative local currency when they choose to join in the process, of giving, teaching and learning
- so, the local community can join the process of holistic education and generate new debt-free liquidity as a reward and stimulus for the socio-economy
- all tgl members can present, find and barter goods, services, skills, courses, projects, blogs, websites, forum discussions and media productions within the tgl virtual on-line village to facilitate and mirror their real world growth

Peter Forrest

The diversity of educational programs needs to be driven by the passions and desires of those seeking guidance and learning.

**Please Mother and Father, may I receive Your LOVE.**

# PASCAS FOUNDATION (AUST) Ltd



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## BEAUTIFUL SIMPLICITY

We arrive in this beautiful world in pristine condition and with a wondrous soul. As we progress through our early years we become entangled with our environment and global influences. Throughout all of this, our soul continues to be the pristine beautiful entity that it was when it was created, however, it may become a little encrusted by the free will choices made from time to time.

We wonder why we have to be confronted by such an array of difficulties and disturbing events. Why do we experience such pain, anguish and threatening events and scenarios? How do we confront these issues? How do we progress beyond their influences? Why is this all so?

If we did not have free will then these difficulties would not occur! Yes, it is the great gift of free will that we all have that can be loving or unloving in its application by us and for us.

It is only by our own personal application of free will that we can grow beyond the influence of the negativities that we experience in their millions throughout our life time.

The beautiful simplicity is that we can use our free will to unpeel the encrustments around our soul by asking for and receiving Love. But what is this Love?

The Love is the greatest gift in all of the universe that our Source Soul has made available to us; should we so ask for it. You see, with our great gift of free will came the freedom from having the gift imposed upon us. Never are we imposed upon to do anything that we do not want to do. The gift of the Love that enables our soul to blossom is not imposed upon us. We need only long for it and ask for it, and we will receive it, always, without exception.

But what is this Love? Can science help with an answer? Well, yes they can. Science has identified the ultimate high octane super fuel that is the light golden blue energy substance that is Divine Love, however, science has not identified how to harness it! In this we can help them, you simply ask for it.

Scientists refer to an energy substance similar, but not the same as Divine Love, as “scalar energy”, or “zero-point” energy or as “radiant energy”:

- The scalar energy once embedded into an object, the energy will remain in the object indefinitely and can regenerate and repair itself indefinitely.
- The effect of scalar energy is cumulative, it gets stronger with time.
- Scalar energy is capable of imprinting itself on human DNA.
- Scalar energy do not decay over time or distance from their source.
- Scalar energy does not radiate as waves but expands outwards in circles of energy.
- Scalar energy is more field like than wave like and it tends to fill the environment.

- It is capable of passing through solid objects with no loss of intensity.
- A scalar energy is known as a fifth-dimensional non-linear and non Hertzian field.
- The space the scalar occupies is not a vacuum but comprises a network of harmoniously balanced energies.
- This energy has the capacity to carry information.
- Instead of being focused in beams or running along wires, it tends to fill its environment. They are unbounded and capable of passing through solid matter and implant its signature on them. It can be created by electromagnetic generators or naturally.
- Scalar energy, a stationary energy, cannot be evaluated by our current frequency instruments which are designed to measure Hertzian energy frequencies and wavelengths. However, its effect on objects into which it has been embedded can be strikingly demonstrated with Kirlian photography or Gas Discharge Visualization (GDV).

If science has identified one of the great spiritual mysteries of the world then what else have they identified?

Firstly, Divine Love, known as scalar energy was recognised by James Clark Maxwell in the 1850s, then harnessed by Nikola Tesla, and now various scientists are progressing with applications of this energy.

Secondly, Nuclear Engineer Mehran Keshe has scientifically defined the aspects and functionality of the spirit body, though he refers to it as soul. The spirit body is the template of the physical body to which the soul is connected by cords of light. The soul is your real self. Your personality, natural intelligence, memory and humanistic aspects are all within the soul, the mind is within the spirit body.

Thirdly, Andrew Glazewski (1905-1973) was a physicist, a scientist, a healer, mystic, priest and charismatic speaker, he has this to say: “You emit a field, and the field is present in your surrounding space. What you emit is heat in the form of infra-red radiation. The pattern, that is unique to your personality, covers the world in 1/8<sup>th</sup> of a second. (Speed of light is 186,000 miles per second.) You are a station transmitting your unique pattern, and if I want to tune into you, I have to tune into your pattern. I don’t need to go to you to find out this and that, because your pattern covers the Earth in 1/8<sup>th</sup> of a second. So you are everywhere. My field is also everywhere. There is no distance because your pattern is here and now. What is important to know is that your thinking is in your field and not in your head, which is only a transformer. Your thinking and your self are in the field. Your body is only a transformer for your everyday life. Your consciousness.”

Fourthly, Van Allen has potentially identified the location of the lowest spirit world spheres that blanket Earth. The Van Allen Belt being a series of radiation belts are layers of energetic charged particles that are held in place around a magnetized planet, such as the Earth, by the planet's magnetic field.

The greatest scientist of all time understood these facts some two thousand years ago. The gentle man from Nazareth taught:

**“God is Love. They offer Their Love to all Their children, that is to say, to all humanity. Moreover, They are always a personal God who invites us to enter into contact with Them, should we wish to do so. They will listen to us and They will answer.”**

We can go back as far as 70,000 years, and this is what Colonel James Churchward derived from a set of some 10,000 clay tablets that had come from Lemuria into Tibet, copies were in other locations:

**Our Mother and Father, Source Soul, are almighty, all powerful, infinite, and at all times loving. The love of our Heavenly Parents for Their children, woman and man, has been and is always infinite and ever present. As one's faith in our Mother and Father evolves, man's love for his Heavenly Parents will have no limit. As man grows in his love, so will man grow in his / her love for all of God's creations.**

**Approach the Source Soul, our Mother and Father, in reverence, without fear or trepidation, just as a child approaches his / her earthly mother and father knowing that open loving arms are extended to receive him / her at all times. As one grows in their love of our Mother and Father, one becomes to know with certainty that God loves him in return, at all times, and that fear is an illusion created by man's mind.**

All of the ancient teachings were the same all over the world, it was a universal church without sect, creed, theology or dogma.

With the Divine Love we can at all times embrace the will of the Father and achieve freedom from error and harmful ways, thus finding our way home! And to move along this path we simply develop our embracement of: God's Divine Love; by praying for it, asking for it, and receiving it.

As our soul condition steadily grows in love we step away from causing any harm to others which would also bring about consequences. Also, as our soul development progresses, our self love grows which also enables us to step away from causing any self harm which would also bring about consequences.

### **Our Heavenly Mother and Father simply desire for us to ask for Their Love.**

**“Mother and Father, open my soul to this Gift, Your Love. Open my soul and may Your Holy Spirit touch my soul and pour within it your essence, your Love that I may be transformed, that I might be your true child, embraced and carried, lit along my life’s path in the glory of your Light and care and protection.”**

Jesus 11 May 2016

**Whilst we are receiving our Heavenly Parents’ Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way our Mother and Father are actually loving us! When we progress, it is God’s way of loving us into love and then we live what we are, love.**

The beautiful simplicity is that as our faith grows from trying the experiment of asking for and receiving the Love, this faith grows to a belief and then a knowing. As we receive more and more of the Love, we physically experience the inflowing of the Love through our bodies into the soul. This gentle warming may be around the third eye area, or around the heart area, or some variation thereof.

The Love, once received, never dissipates, it never diminishes, once received you have it for all eternity. It is the receipt of this Love that is the first time that something of the Divine is within you, this is what brings about immortality and fits one to enter the Heavens. This is what was taught to us in the first

century and this understanding was subsequently lost to humanity. It is now found and never will be lost again.

### **Guidance and Teachings 31 May 1914 and ongoing**

With the coming of the availability of personalities that were and are open to truths without contaminating them with preconceived beliefs and errors of understanding as well active imagination, it has been possible to deliver a large body of profound truths. Over this 101 year period, than can be recognised as the second coming, teachings and guidance has been provided by some 1,000 parties that have now been published in more than a dozen books, most in recent years.

### **Love and Health of the Physical Body**

Energy medicine acknowledges energy as a subtle, living force: a force that determines the status of one's health and general being. In energy medicine, a human body is seen as a network of vital energy both within and outside the physical body.

Generally, disease begins when there is a disturbance or obstruction in the energy patterns. When we have a physical illness, disease or injury, 'compression' forms in the energy field around the body. Even if one attempts to heal the physical effect, it is typically unlikely that healing will take place until the energy field is balanced and harmonised.

Healing takes place with the body activating its natural healing energies. The healing process also restores energy patterns, which have become compromised, by nurturing the weak links back to health. This means that in energy medicine, energy is both medicine (natural healing energies) and the patient (weak energy link). Traditional systems of medicine in India and China have used and continue to use the principles of energy medicine in healing patients. Modern day therapies that use the principles of energy medicine include therapies such as breathing techniques, acupuncture, bio-field therapies, bio-magnetic therapies and homeopathy.

It is the infusion of Divine Love energy into one's soul that brings about the peeling off of negative emotional patterns and energies and brings about harmony throughout the bodies, spiritual and physical.

It is the continuing practice of asking for and receiving of the Source Soul's Love that brings about a vibrancy and brilliance to one's soul and fits it for a life of living in heaven whilst here in the physical on Earth.

<http://www.pascashealth.com/>  
visit the library page to access the:

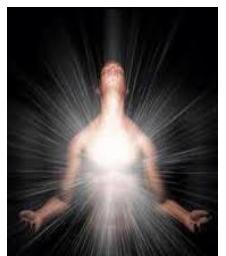
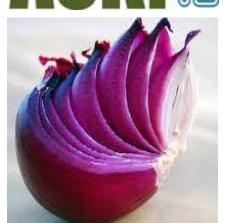
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Living feelings first,

*John Doe*

Pascas Foundation (Aust) Limited

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## EMBRACING the LOVES:



Our soul is formed from the substance known as natural love. This natural love enables us to develop to that which is the perfect man, an excellent, capable and loving personality. However, there is a limit to our growth founded on natural love fore there is nothing of the Divine within the substance of natural love.



Should we ask for, and then receive Divine Love, then the Divine substance of Divine Love can be added to our being, thus providing us with an infinite potential for growth and development in the Love that is Divine.

**The natural love and Divine Love are not divided when in the soul.**

**The natural love is harmonious in the Immortal greater love, the Divine Love, and so, never shall an Immortal faith and Immortal truth fall.**

Adding Divine Love to your being can be likened to developing a powerful engine based on natural love to that which is found within a most powerful muscle car. One's performance capabilities progressively develop as the regular fuel of natural love is slowly, but steadily supplemented with the fuel of Divine Love, thus changing that which is founded on natural love to that of the Divine, namely Divine Love.



Your fuel steadily is converted to that which is of the highest octane level ever envisaged.

**The Divine Love is the wonder of the universe. How this invisible substance causes so much change in our mortal nature is a miracle to behold and experience.**

**Living with the Divine Love brings about harmony throughout all of one's bodies, systems and personality. One's capabilities and love continue to greatly expand.**

Divine Love always has its effects in harmony with the expression and development of natural love. Therefore your awareness and expression of natural love in your life is a vital element in accepting Divine Love into your life and fostering its development of your soul. Divine Love is the great harmoniser and is therefore not isolated but its effects are universal.



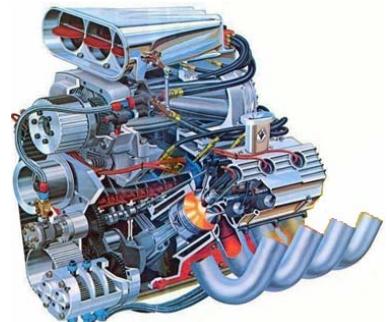
Divine Love is the ‘ultimate’ high octane fuel.



## **WE ARRIVE DETUNED!**

Our souls are a divine creation of our Heavenly Mother and Father. They could not be any other way! And are designed (such as how it has been for us) to begin incarnation in a Natural love condition reflecting the Natural love state of our world.

And we have also been provided with the opportunity to experience what is being ‘evil’, to live denying our Natural love, as seen through the denial of many of our feelings. So we here on planet Earth live on a world that has Rebelled (and then also Defaulted), of which there are only 37 within the local universe of Nebadon, consisting of 3.8 million physical worlds under the regency of Mary Magdalene and Jesus – the spiritual parents of truth of all of Nebadon! And we assassinated Jesus, and completely denied Mary not allowing her to have her say about the truth.



As a consequence, we are ‘detuned’ from our Natural love state and divine origin. You could say we arrived with all parts functional, however, in our untrue, dysfunctional and distorted state, we’re badly in need of a severe service, tune up or a complete reconditioning. Our goal being to bring our true self to the fore by doing our Feeling Healing, and then to progress beyond our Natural love state by further advancing our soul condition through the process of Soul Healing and receiving our Parents’ Divine Love – becoming divine.

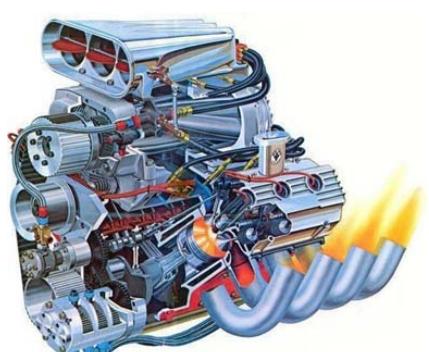


In our feeling- and truth-denying untrue Natural love state, we have been made to use our minds to dominate our feelings, becoming more like that of mind-based creatures of nature than of human souls of truth and feelings. And this is the wrong way for us to develop. So to step beyond this limitation, we are to live true to our feelings. Our heartfelt feelings being the guiding lights to our evolution and growth of truth.

Feelings are what guide us through our ascension of truth. So they are really our Supreme Guides. Many people look for a person, spirit, angel, even God, for supreme guidance, however it’s all right there already built in and can be found through our feelings – our soul based feelings.

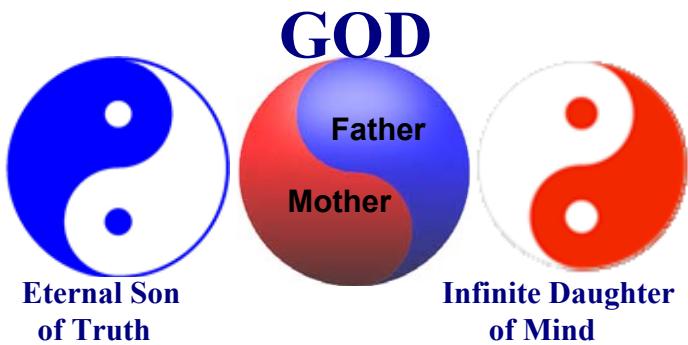
By living true to our self, true to our feelings, we are living true to God. It’s that simple.

Thus we are detuned once our incarnation begins. However, the way is now open for us to bring about our full divinity. To completely Heal all that’s wrong within us on a Natural love level. To embrace and then transform that Natural love into a divine state through partaking of our Heavenly Parents’ Divine Love. All the while attuning ourselves to divine perfection and enjoying the fullness of our divinity and love, as we ascend in truth on our journey all the way to Paradise – the home of our Heavenly Parents.



**WE were DIVINE, and  
WE are to BECOME DIVINE AGAIN:**

Our personality, our soul, our real self, are all creations of our Heavenly Parents. We, our real selves, are not creations of our physical parents. Within our original status, we were of Divine nature.



Our physical parents, from our conception, endeavour to mould us into being ‘little me’s’, that is, replicas of themselves, imposing their beliefs and personality traits upon each of us. They crush our individuality and free will. They destroy our personality, our true self. They inflict upon each of us their ways, all of which are of a result of the Rebellion and Default of many, many generations ago. They drive us into believing and subsequently becoming dependant upon our minds. This is not the way for us to express our true selves and evolve along the path towards our true parents, our Heavenly Mother and Father. We are to embrace the Eternal Son of Truth, not the Infinite Daughter of Mind.



No, we are not in the image of our physical parents. Though we may look like them, and act like them because they have dramatically and successfully crushed our true personality, we are each very unique and independent of our parents and all other family members. When we begin to progress along the path of engaging with our soul based feelings and seek for the Truth of our feelings, we will become free of our parents’ impositions and suppression.



Upon starting our physical life experience on Earth, our divinely created soul begins to express us as one of our soul’s two personalities in Natural love. However because of Earth being in Rebellion, so we are parented into a rebellious and anti truth and anti love state of mind control over our feelings and true self.

**WRONG WAY  
GO BACK**

Natural love is good, just ‘less’ or different to Divine Love. And it’s that in our rebellious state, we’re rebelling against Natural love, and Divine Love by not taking Jesus and Mary up on their offer and allowing the Divine Love to transform our soul, as we perfect our Natural love by doing our Healing.

By living true to our self, true to our feelings, we are living true to God. It’s that simple. The revealing of the Feeling Healing process is the commencement of our ability to begin the Great U-Turn and go the right way. Should we then also embrace our Heavenly Parents’ Divine Love, we can also commence our Soul Healing and a returning to that of being divine – this is our destiny.

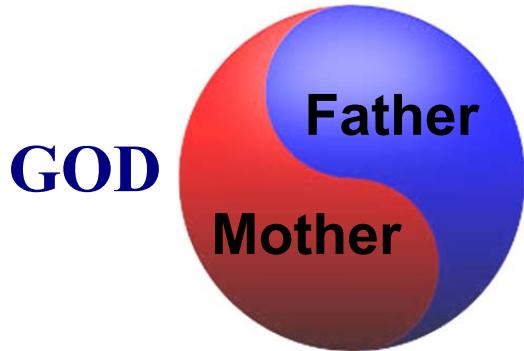
**THIS WAY**

Negative Spirit Influence blocked  
22 March 2017  
Law of Compensation quickening  
22 May 2017



Rebellion and Default officially ended 31 January 2018

**CREATED in THEIR IMAGE:**



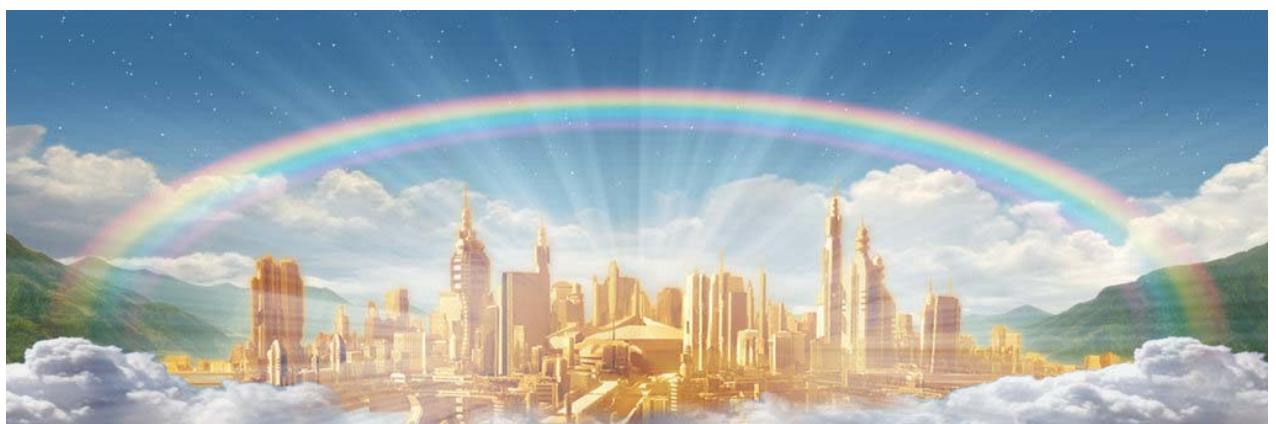
James: Mary, what does 'we being created in the image of God' really mean?

Mary M: It means that our Mother and Father used Themselves as the model or template if you like, upon which to bring us into being, those of us who have existential souls with the potential of expressing their two personalities in Creation.

And although our souls are divine, as in being divinely created, still whilst we start our personality expression in Natural love, so we need the Divine Love to come into our soul and bring it into the levels of Celestial divinity.

Natural love, so basically the whole of Creation, is of the image of God, and we being divinely created souls can be part of God's Divinity becoming divine ourselves. So through your Healing, James, you become progressively divine by partaking of the Divine Love and healing yourself into perfection – your true self. And by the time you've completed your Healing, your soul is of the Divine Love level of Celestial truth, and your personality is an expression of that level of truth, it all being 'confirmed' and cemented – fused – into place upon the direct soul-union with your Indwelling Spirit. Then you are of the essence of God, true and perfect to the level of the first Celestial sphere, the first sphere of true divinity.

Mary Magdalene communicating with James 20 November 2017



## U-TURN for HUMANITY:

### Why are we doing a U-Turn?

We are doing a U-Turn because the year 2017 heralded the end of the Rebellion and Default. For two hundred thousand years, humanity has been going in the wrong direction.



### What is this fundamental step that will change our way of living?

We are to come to understand / know the foundational cause of all our feelings, both good and bad. As we explore and investigate our feelings, each time they arise, one by one, we are to talk them through, express them to a companion or friend or anyone who will listen. As we express them, while at the same time coming to understand how they have come about, we will find that they will be resolved and that they will not come up again.

We will find that all of our feelings / emotions have their foundations from our childhood. And by childhood, that is from the time of one's conception all the way through to about the age of six. It is the repression of our childhood feelings that is the base or foundational cause of each and every one of our adult personality issues, pains, difficulties, illnesses and distressful life experiences.

**Feeling  
Healing with  
Divine Love is  
the key!**



### We have to see the whole truth of our negative or self-denial state, before we can heal it and be free of it.

The vital difference between **emotions** and **feelings** is:

- emotions have their roots in the past,
- feelings relate to the present moment,
- emotions represent feelings not previously expressed,
- and these accumulate over time.

Many emotional clearing processes encourage us to look into our feelings, however, none go so far as to drill down into the core foundation of any emotional feeling to the point that we strive to KNOW the core issue, the origin of the feeling, be it good or bad, and actually come to know what it is!

The *Journey Process* is generally known worldwide. It stops short of longing to know, that is asking for the knowing of the events that brought about such a feeling. Yes, we are to acknowledge the feeling, say being angry. Then accept that behind that anger is the feeling of being small, and then look at the underlying reason of why we are feeling small. What is the truth behind that feeling? Ask our Heavenly Parents what is behind all of this feeling. What is the foundation, the origin of the feeling? All the time talking it out, expressing it, with a friend. The expressing of the experience is the release of the emotion / feeling, this is what removes it for ever from within our essence, our **soul**.

### Why ask our Heavenly Parents? I thought God was just God – singular?

This is part of the revealings that have been unfolding for us very recently – that is – since 2002.

We are made in the image of God. This has been understood for centuries, for 2,000 years. Our soul is duplex. Our soul expresses itself through two personalities. One soul ‘subdivides’ into two, one half always being female and the other half always being male. We are a reflection of how God is. God being one Soul is expressed as Mother and Father. God is two personalities. They are soulmates. And each of us has a soulmate, and our soulmate is always of the opposite sex, because the Mother and Father are the opposite sex.

Thus, when we long for the truth behind a feeling, then we can long to our Heavenly Mother and Father. Only they can tell us. No spirit personality can tell us. No canonised saint can tell us, we may as well ask our next door neighbour. That would be just as productive. Mary and Jesus can't tell us, as they are also spirit personalities.

### **I was taught that Jesus was God? And what is this about Mary?**

Mary of Magdalene and Jesus of Nazareth were both born free from sin. Neither of them are God. They are both children of God, just like you and me.

History needs to be corrected. Both Jesus of Nazareth and Mary of Magdalene became at one (At-One) with our Heavenly Mother and Father during their physical lives here on Earth in the first century; Jesus in the year 26CE and Mary in the year 33CE, or there abouts. Jesus died aged 35 (born 7BC died 29CE), and Mary died aged 47 or 48 (born 2BC died 47CE).

Further, their sojourn on Earth was the completion of their process to become the full Regents of the sector of planets that is referred to as Nebadon. The region within our super-universe that is referred to as Nebadon contains 3.8 million inhabited planets. If you look into the night sky, each star / sun potentially has between none to three inhabited planets within its orbit. Within Nebadon, the soulmate pair, namely Mary and Jesus, are our Spiritual Teachers of Truth. Their domain is all 3.8 million physical planets plus their associated spirit worlds. Each physical world has seven associated spirit worlds, which is the case for Earth being one of the 37 that have rebelled.

Some 200,000 years ago, Lucifer with his soulmate and his deputy, Satan with his soulmate, brought about a rebellion on 37 of the inhabited planets within the region called Satania, one of the local universal systems of Nebadon. Earth compounded the situation through the Default of Adam and Eve about 38,000 years ago. Thus the population of Earth, being in the worst condition through the Rebellion and Default, became the location for Mary and Jesus to have their physical experience to complete their ascendancy to full Regency of the local universal system being Nebadon.

Their lives on Earth was the start of the unravelling of the Rebellion and Default. Upon Jesus becoming At-One with our Mother and Father, he was then vested with the authority and power to have the Lucifers and Satans arrested, and they now reside exiled within a prison world.

Notice that there were no records of Jesus and Mary's teachings and experiences made during their physical life. That was because they did not specifically come here for us, they came for the benefit of all peoples of all planets and spirit worlds throughout Nebadon.

As they are Paradise descending spirits, they have **Spirits of Truth**. Upon Mary and Jesus' death, they released their Spirits of Truth. As spirits, Jesus and Mary are how we will be, once we've finished our Soul Healing. They can only be in one place at any one time. However, it is their Spirits of Truth throughout Nebadon that we can connect with for guidance. It is through their Spirits of Truth that spirit personalities can progress through and out of Nebadon.

Those planets that have Rebelled need further assistance, and they need it on a localised manner. This can only be provided by another bestowal of a **Paradise Pair**, and that is in the form and manner of an **Avonal soulmate pair** who come here specifically for us.

### **What is the purpose of an Avonal pair, and are they here on Earth?**

Unlike Jesus and Mary who were always free from sin and did not experience how to heal themselves, the Avonal pair are to experience all of the extremes of evilness and then proceed to heal themselves. Mary and Jesus through their bestowal on Earth ended the Lucifer's spiritual rebellion in Nebadon; the Avonals bestowal is primarily concerned with ending the Default of Adam and Eve by the Avonals themselves personally healing the effects of such a damaging Fall.

The soulmate Avonal pair are to be, and have been, subjected to the extremes of childhood suppression and repression, and then, through their Feeling Healing, are experiencing all the facets of emerging truth as they slowly progress through a protracted and difficult healing process. As they reach specific milestones, this also enables those in the Celestial Heavens, (the three worlds where Celestials reside) to be empowered to assist us in the physical on Earth.

The first considered milestone was the arresting and imprisonment of the Caligastia soulmate pair and the Daligastia soulmate pair. After the arrest of the Lucifer and Satans in the first century, as nothing further occurred, the Caligastias and Daligastias continued on from spirit as if they were kings and queens, suppressing all of humanity and with plans to take over the universe. It was possibly in the early 1990s that they were 'judged' and 'removed'. They were caught unaware that an Avonal bestowal pair were on Earth.

### **How is all this becoming known? Has Jesus and Mary communicated directly to Earth?**

Unlike in the first century, when no records were kept (as the event related to all of Nebadon and it was actually setting the stage for the Avonal bestowal pair to arrive on Earth), every effort to retain records in great detail of this current series of events is now being attended to. Consider this. The New Testament of the Bible is some 300 pages. The records of the Second Coming, which this is, the primary records are possibly 6,000 pages, with direct complementary records increasing that to over 10,000 pages and with all the supplementary records to date, there may be as many as 40,000 pages, certainly well over 30,000 pages of material presently.

Jesus directly communicated through James Padgett from 1914 to 1923. Mary of Magdalene (Mary M) has directly communicated through James Moncrief from 2002 and is ongoing. Jesus has also communicated directly through James Moncrief. Neither have ever directly communicated through any one else, however, some Celestial Spirit personalities have provided information through other

personalities on Earth with the support and approval of Jesus and Mary, thus some confusion, though the quality of the information is very reliable.

### **You say this is the Second Coming? You say I am living during the time of the Second Coming?**

Yes you are. And it's more than that. This is the Second Coming, the End Times and the Handover!

In fulfilment of the prophecy in the first century, the Second Coming commenced on 31 May 1914 through the writings with James Padgett and concluded in 2014 through the writings with James Moncrief.

The End Times are well advanced. Mary and Jesus are well advanced in handing over their direct involvement with Earth to those within the Celestial Heavens. When this is completed, the Handover will also occur. **The Hand Over is to the Avonal Bestowal pair** and it is they who will guide the population on Earth through their Feeling Healing processes for the next 1,000 years, being the next spiritual age. The Handover will take place after the Avonal pair complete their personal Healing of the Rebellion and Default. Then will follow with their Spirits of Truth being officially liberated in alignment with Mary M and Jesus' Spirits of Truth upon their death.

Major events have occurred with the progression of the Avonal pair's Feeling Healing, which they are also doing whilst embracing our Heavenly Parents' Divine Love, thus they are doing their Soul Healing.

|                  |                                                                                                                                                                                                                         |
|------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Early 1990s:     | The arrest of the Caligastia and Daligastia soulmate pairs.                                                                                                                                                             |
| 22 March 2017:   | Negative spirit influence was blocked.                                                                                                                                                                                  |
| 31 March 2017:   | Angel assisted healing will become available upon the Avonal pair completing their own Feeling Healing, being with Divine Love, thus it being Soul Healing.                                                             |
| 22 May 2017:     | Law of Compensation quickening.                                                                                                                                                                                         |
| 2 December 2017: | Psychic Barriers maintaining the Rebellion and Default were cracked.                                                                                                                                                    |
| 8 December 2017: | Bring on the money to ' <b>house the future of humanity</b> '.                                                                                                                                                          |
| 31 January 2018: | Earth and the seven associated Mansion Worlds (including the two Earth planes) are <b>officially</b> now fully under the control of Celestial spirits. This marks a tangible and real end to the Rebellion and Default. |

**How does this all fit into our future way of living?**

**This time, in the history of humanity, is the most exciting time ever experienced.**

**The whole human race is suffering from repressed childhood and mind control.**

Through one's Feeling Healing, and should we embrace our Heavenly Parents' Divine Love, then with their Love we are doing our Soul Healing, and eventually we can live totally in accordance with our soul based feelings and live free from error – no more fear and no more physical illnesses is possible!

**By living true to ourselves, true to our feelings, we are living true to God. It's that simple.**

Our soul is always perfect. In fact, we are the complete package. All that we need to know is within our soul. This knowledge has been denied from us since the time of the Rebellion and compounded by the Default. That is what was brought upon us by the Lucifers and his cohorts. We have always been meant to live true to our soul based feelings but we were taught to embrace our error riddled mind – this was aided by our parents – unknowingly all parents have taught their children to be mind dominant. **This is the Great U-Turn. We are to feel and live by our feelings and express our feelings, our mind will follow in support, not the other way around.**

“Many people look for a person, spirit, angel, even God, for supreme guidance, however it’s all right there already built in – in our feelings. **Feelings** guide us through our **ascension of truth**. So they are really our Supreme Guides. We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it’s there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feelings is really: **Longing for the truth of our self, because: we are our feelings**. So life stirs up our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings.”

Kevin of the 1<sup>st</sup> Celestial Heaven 26 September 2017

(Kevin Cooper died 10 August 2012, through Feeling Healing became Celestial on 7 August 2017.)

It is through the assistance of the Spirits of Truth of the Avonal Pair, upon the completion of their Soul Healing, that we will be guided through our Feeling Healing process, and should we embrace our Mother and Father’s Divine Love, then our Soul Healing.

Then should we embrace Mary and Jesus as our Spiritual Teachers of Truth, their Spirits of Truth will lead us on the path through the Celestial Heavens where we will certainly meet up with our soulmate and join our soulgroup, which will eventually consist of twelve soulmate pairs. Then as a soulgroup, the Spirits of Truth of Mary and Jesus will lead us up through and out of Nebadon towards Paradise.

It is then our Mother and Father in Paradise who draw us to them and we will eventually meet our Heavenly Parents.

Meanwhile, while we live on Earth, we will have assistance and guidance previously denied to us throughout the era of the Rebellion and Default. Under the Contract controlling and managing the Rebellion and Default, the powers and capabilities of our Celestial Heaven spirit personalities, all three worlds of them, were heavily restricted and almost of no assistance to us at all. Further, Nature Spirits and our Angels were heavily denied contact with us physical people because of the Rebellion and Default, all of which is soon to change, so we can look directly to them for help concerning healing ourselves and understanding all aspects of nature.

As we embrace our Feeling Healing, Celestial spirits will and can greatly assist us. In fact, during the year of 2017 they have blocked all mind spirits from the Natural Love Mansion Worlds: 1, 2, 4 and 6 from interfering with us. Celestials have taken control of all facets of living and life on Earth. Celestials are those spirits who have completed their Feeling Healing and progressed through Divine Love Mansion Worlds 3, 5 and 7 and now live in the higher Celestial Heavens, 1, 2 and 3 (when we

become At One with our Heavenly Parents then we leave the Mansion Worlds and progress through the next three spheres related to Earth, hence the Celestial Heavens are also referred to as being numbered 8, 9 and 10).

The Nature Spirits of Earth, who live in the third Earth plane, can now directly interact with those who are embracing their Feeling Healing. Nature Spirits are essentially ‘angels in waiting’. They have been on Earth prior to anything that we now see living in nature. When they first started to arrive, there was no life in the seas or on land. They have consequently witnessed everything that has happened on Earth, including all prior human civilisations that we continue to largely remain ignorant of. Their knowledge and assistance is of great importance to us. We are to interact with them on an ever increasing scale. They are to become an invaluable source of information for us concerning how we are best to live with nature.



Further, we may become more aware of our **Indwelling Spirit**, which arrives for each of us during our sixth year, as we now progress with our Feeling Healing, or with Divine Love, our Soul Healing.

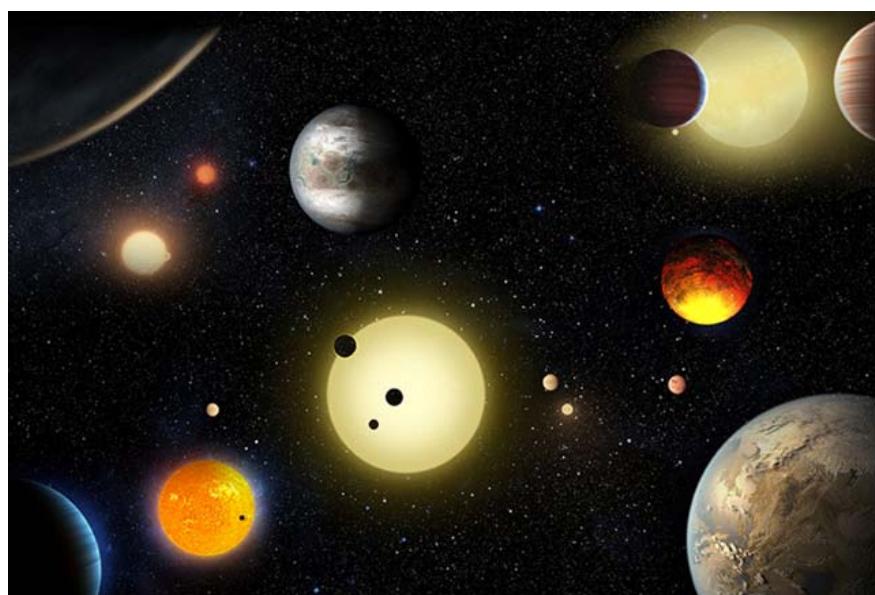
And all of this is possible as we embrace our Feeling Healing process, acknowledge and accept the Avonal pair, acknowledge and accept our Spiritual Teachers of Truth, namely Mary and Jesus, and more importantly, grow to love our Heavenly Parents, our true Mother and Father.

We do not need intermediaries, rituals, liturgy, dogmas, creeds, fancy clothing, or institutions. It is our soul based feelings and expressions that we may exchange directly with our Heavenly Parents. Groups may form to assist each other, and that is our choice and within our free will.

### **This is the greatest event in the history of humanity.**

This is the Great U-Turn that humanity will embrace throughout the next 1,000 years.

MoC 1,480



**Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.**

**DIVINE LOVE does not TRANSFORM one's SOUL  
FEELING HEALING is what TRANSFORMS one's SOUL**

The Divine Love does transform our soul from Natural love into Divine Love. It's our Feeling Healing that 'transforms' or heals our erroneous expression of Natural love. We have to 'heal' and so perfect our Natural love, so it can then be transformed by the Divine Love.

Divine Love does not even begin the real work of transforming one's soul, for those who focus upon receiving Divine Love to the exclusion of embracing one's Feeling Healing, they are just expanding their mind's control over themselves. Should this be one's passion, then upon passing into the spirit Mansion Worlds they will find that they can continue along this path all from within the Divine Love followers segment within the first natural love Mansion World! Yes, only from within the first natural love Mansion World.

Most of humanity on Earth does not want to face the very truth their feelings are making them feel every day of their life. So if they want to keep living in the spirit Mansion Worlds as they did on Earth, in complete denial of their feelings and the truth they are shown about their wrongness, they can.

However, for those who have embraced Divine Love and begin to engage in their Feeling Healing process to begin the transformation of their soul, they will be able to sense the Divine Love already within their soul 'driving them on'. One's understanding and adjusting will be changing rapidly to that of embracing all about the Healing and doing it – all being supported by the Divine Love that one may have received previously. All one may have done with the Divine Love may make their introduction into their real Healing, by using their feelings, much easier than it is for other spirits from the mind worlds who are at the same time having to wrestle with many of their old religious beliefs or mental programming, having to take on a whole new mind-set which one could see would take some of them years, whereas for someone who has been longing for and receiving Divine Love for some time it may be only a matter of weeks. This also applies to those living in the physical.

It is the Feeling Healing process that transforms one's soul towards perfection, towards the ability to fully express one's true personality as given to us by our Heavenly Parents, it is the Divine Love that then fits that transformed soul to be able to enter the Celestial Heavens.

Reference: Pascas Care Letters – Divine Love does not Transform

## WE are INCARNATED with Natural Love, but not with Divine Love:

We are conceived with natural love, however, we are not endowed with anything of the Divine. While we are without anything of the Divine, namely Divine Love, we can grow our natural love attributes and progress to that of being the perfect man whose lodging is found in the 6<sup>th</sup> Sphere. We do not have immortality without having received Divine Love.

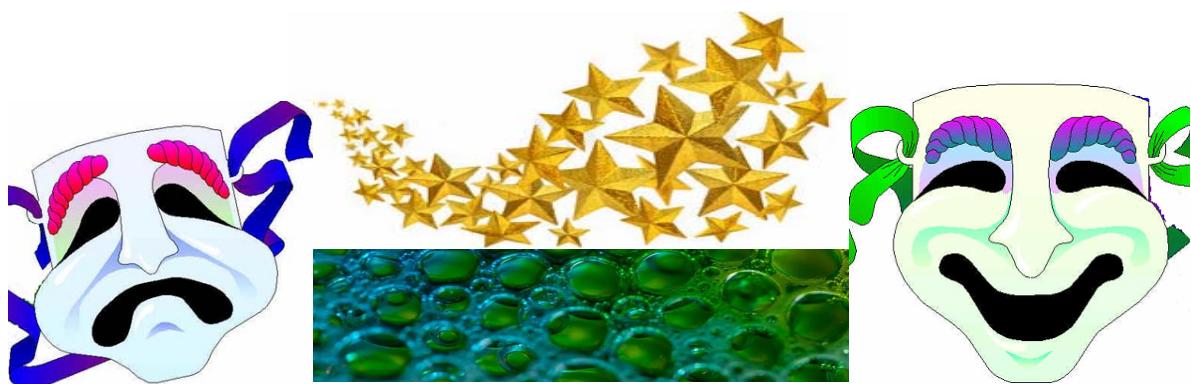


Natural love radiance is very different from that which Divine Love brings.

The two loves complement each other, bringing about greater harmony.



When we become aware of the presence of Divine Love and subsequently ask for and then receive the Divine Love, our soul steadily starts to change to that which is Divine and we achieve immortality. This is the Immortal Choice that we can make whilst here in the physical or later in the spirit world. Once we add Divine Love to our being, we continue then with the two loves, that of the natural love and also that of Divine Love. As we continue and receive Divine Love, our soul condition progresses so that we may eventually enter the Celestial Heaven, 8<sup>th</sup> sphere and above, then progress further to enter the Eternal Spheres and then the Spheres of Paradise.



We are endowed by our Parents with natural love, maybe we neglect this gift from time to time. As we progress in time, we can add the greatest gift there is to our being, that is by asking for and receiving Divine Love. Not only does the infusion of Divine Love, with one's Feeling Healing, repair our natural love attributes, we evolve into a joyous and loving person in all respects. With the infusion of Divine Love, with the two loves, we become the complete being.

**UNIVERSALITY of our HEAVENLY PARENTS' GIFT:**

**By embracing the eleventh commandment:**

"This is my commandment, that ye love one another even as I have loved you."

**Golden Rule: that one must always honour another's will as one honours one's own.**

**Our soul condition steadily grows in love so that we step away from:**

**Any harm that we may cause to others which will also bring about consequences.**

**Also as our soul development progresses, our self love grows which also enables us to step away from:**

**Any self harm that we may cause which also will bring about consequences.**

**And to move along this path we simply develop our embracement of:**

**God's Divine Love; pray for it, ask for it, and receive it.**

**Or it may be even as simple as the caption below:**



**Oliver Twist asked:**

***Please, sir, I want some more!***

**Maybe we could simply ask:**

***Please, Heavenly Parents, I want some more!***

***Never can one man do more for another man than by making it known of the availability of the Feeling Healing process and Divine Love. JD***

**To liberate one's real self, one's will, being one's soul, is by embracing Feeling Healing so to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.**

**Our salvation IS by embracing Feeling Healing with the Divine Love.**

**God's Divine Love: Pray for it, ask for it, and receive it.**

**Please Mother and Father, may I receive Your LOVE.**

**“Every day is a day of devotion.”**

**Follow your heart, follow your love and do that in loving action, your inner love leads in your asking the Soul of God to receive a little of the Love to strengthen one's resolve to heal.**

**“I love you Father.” “Let the Divine Love proclaim its energy into my soul.”**

**“Mother – Father, I desire your Love and I am loving you.”**

**“Soul God, I love you and I love receiving and experiencing your Divine Love.”**

**“True Soul God, I am here, I am aware of your Love. Please hear my aspiration for your Love and as I approach you from my soul, I can feel your Love in the way that you are loving my soul.”**

**Try it; give the Feeling Healing and Love a go! If you want to shine, receive the Love.**

**One can simply receive the Love without following any religious or spiritual teaching taught by man!**

**Emotional errors and injuries cause encrustment around the soul, the soul is never damaged however, the encrustments retard love energy flow to and from the soul. Feeling Healing melts such injuries.**

### **Three Great Truths:**

- **God is Soul, being our Heavenly Mother and Father;**
- **that each individual soul is a duplex – both male and female;**
- **and Feeling Healing with Divine Love is the pathway to Paradise.**



**PRAAYER for DIVINE LOVE:** library download pages at [www.pascashealth.com](http://www.pascashealth.com)  
Kindly visit the library download pages at [www.pascashealth.com](http://www.pascashealth.com) as further recordings are added.

Should you click on the audio files, you will also be able to download the audio file onto your computer.

**Prayer for Divine Love – from the Padgett Messages** (Medical – Spiritual References)

<http://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Prayer%20for%20Divine%20Love%20from%20the%20Padgett%20Messages.mp3>

**The Voice of Divine Love** (Medical – Spiritual References)

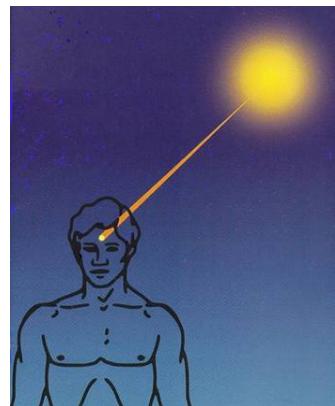
<http://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/The%20Voice%20Of%20Divine%20Love.m4a>

### VISUALISATION with LONGING:

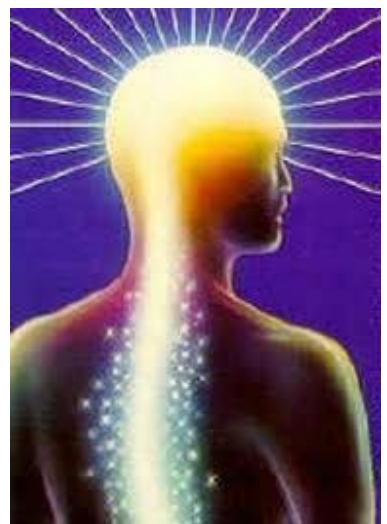
Holy Spirit infusing Divine Love.

Progressive escalation of Divine Love flowing.

Visualise yourself as you were when young and with an empty bowl, and then thankfully ask the Mother and Father for Their Love – Their Divine Love:



**"Please, Mother and Father, I want some more."**



**INDWELLING SPIRIT, THOUGHT ADJUSTER,  
MYSTERY MONITOR (all being the same):**

The external elements, instruments of the Father, do not form attributes of our own soul upon its initial creation by our Heavenly Parents, these are the Spirit of Truth, the Indwelling Spirit, and Divine Love.

The Holy Spirit, conveys Divine Love to your soul should you earnestly and lovingly ask for it. This is the only function of the Holy Spirit – Acting Spirit.

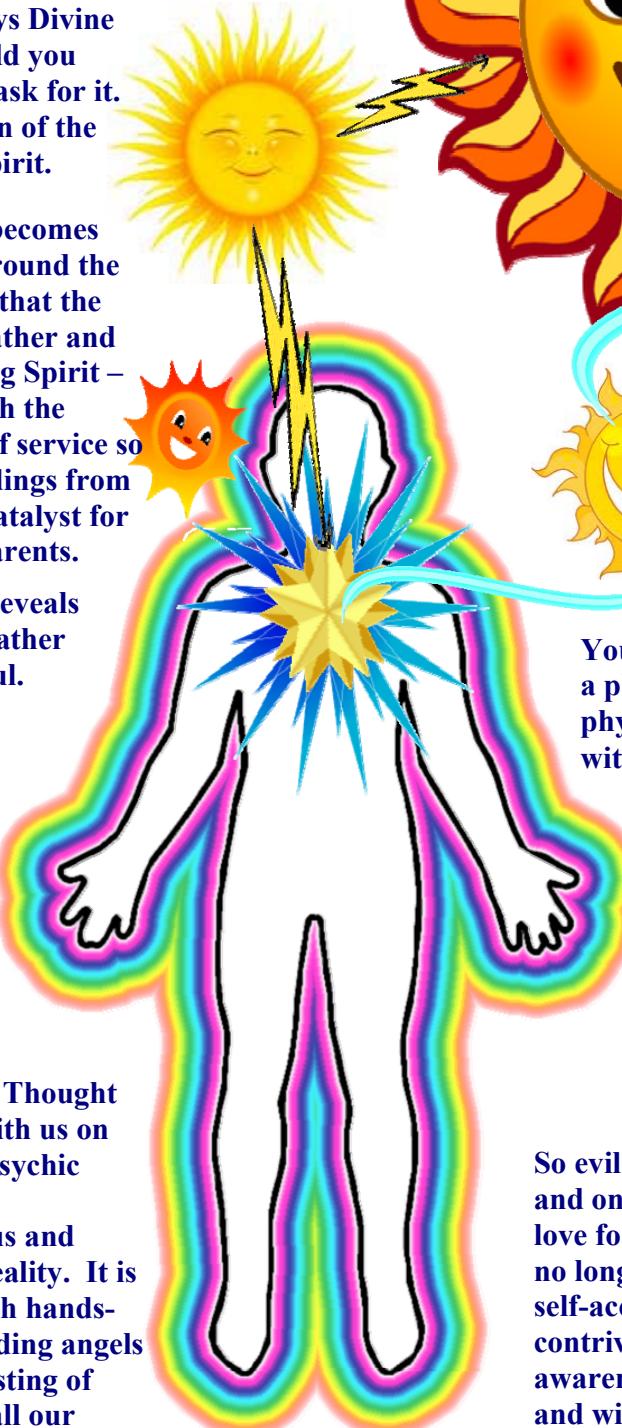
The Indwelling Spirit becomes present when we are around the age of six. This means that the unseen helper of the Father and Mother – the Indwelling Spirit – can always interact with the mortal soul and to be of service so that eventually the leadings from the Spirit may be the catalyst for that soul to seek our Parents.

The Indwelling Spirit reveals intrinsic workings of Father and Mother to your soul.

The Indwelling Spirit functions in much the same way as the Holy Spirit, ask and it will provide support and guidance.



The Indwelling Spirit / Thought Adjuster only works with us on the mind, feeling and psychic levels directly with our personality on conscious and unconscious levels of reality. It is the Divine Minister with hands-on help from our attending angels that do the actual adjusting of our mind circuits – of all our circuits, even the physical if need be.



Spirit of Truth becomes active more so when you connect to the Source Soul and commence receiving Divine Love.

You are a spirit person having a physical experience. Your physical body is encased within your spirit body.

The spirit body only exists because our soul wants it to. In the fullness of love, even all our encrustments and wrongness is not actually bad, they are just the nether side of love.

So evil is literally a state of mind, and once you heal it you even feel love for your wrongness and even no longer hate it – that being full self-acceptance. But you can't contrive these feelings or level of awareness, it has to come of itself and will through the higher levels of your Healing.



## DIVINE LOVE HARMONY:

**Immortal harmony:**

**Transformation of the soul  
is a beautiful harmonious  
gradual awakening.**



In a gradual way with the Divine Love and Feeling Healing, as changes in the soul and spirit body occur, these changes will result in the personality slowly accepting the source of these changes as being the Soul God and with the independent will, one can have complete acceptance of our Heavenly Parents, Mother and Father, God.

People have loved God and felt loved by God and they have in deed received the Divine Love without ever knowing the truthful identity of this Love insofar as the truths relating with its causality in the human soul and affect upon the spirit-mind.

Part of the nature of the Divine Love in our souls is that it activates our spirit body systems and soul so that the nature of God is seen and experienced in the living and this places us in touch with the many Spirit attributes that extend from God and have their existence in God, such as our Indwelling Spirit. God no longer remains inactive to us; inert, inanimate, or an unknown but rather a Soul of living energy whose energy in the harmonies of Love and Spirit, is personified as love that we experience. If I can convey the essence about the nature of Divine Love it is that in its energy, exists the harmony and potential so that one can see the potential that this Love brings to bridge the gap of separation between the individual and God by the harmonies of soulfully living.

**The Divine Love completes the form of the human being.**

In essence, one need only direct their soul and the heart of their soul to our Heavenly Parents, the Soul being God, and in this faith one can experience the Love by humbly asking for this Love. This is all that is needed and the touchstone upon the Love's approachable nature.

The Love is never harmful or given by God that results in a caused effect of disharmony in the individual. The diversity of human individuality is a great characteristic of human nature and as with experience, one needs experience to ascertain a truth about a certain thing. Experiencing the Love provides a substantiated knowing from which a more objective reasoning follows and a maturity happens.



## WE ALL ARE BEING GUIDED HOME:

We need the Spirits of Truth of the Avonal Pair to Heal ourselves; then once Healed, (and for support (overshadowing) as well through your Healing), we need the Creator Pair, Mary Magdalene and Jesus' Spirits of Truth to see us through the Celestial spheres, while at all times embracing our Heavenly Mother and Father.

Until Mary and Jesus died and liberated their Spirits of Truth, no one from any of the worlds could leave Nebadon, because no one knew the way to do so. Nebadon is our local universe containing some 3.8 million inhabited physical worlds and their associated spirit worlds.

When we embrace the truths Mary and Jesus are revealing, and start to do our Feeling Healing, or with Divine Love, Soul Healing, we are then freeing ourselves up from our parental and self control.

Thus our journey to Paradise, to the home of our Heavenly Parents, is of our choosing as to when we progress, however, there is only one way:

**HUM:** Humanity is to ascend. We are self contained. Our soul is always in truth and perfect at all times. **By living true to ourself, true to our feelings, we are living true to God. It's that simple.**

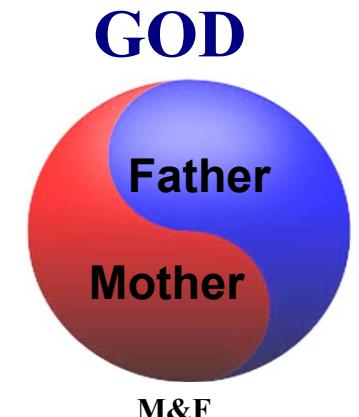
We are to recognise that being engaged and dominated by our mind is the wrong way for us to evolve and grow in truth. We are to discard the mind enslavement that has been imposed upon us by all of our parents. We are to express our feelings, both good and bad and free ourselves of the indoctrination that humanity has embraced worldwide.

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of our Mother and Father.

**AVO:** We are to embrace the truths and guidance of the Avonal Pair through their Spirits of Truth. It is the Avonal Pair's guidance that will lead us through our Feeling Healing, and with Divine Love, we will be able to ascend through the 7 spirit Mansion Worlds and enter the Celestial Heavens where we also interact with other world's spirits.

**J&M:** We are also to embrace the truths and guidance of the Paradise Pair, Mary and Jesus, who will then lead us through the 3 Celestial Heavens that are aligned with Earth, and then further on through Nebadon where we will then depart beyond on towards Paradise.

**M&F:** Beyond the universal zone of Nebadon, we will be guided by our Heavenly Mother and Father onwards through the universes to Paradise where we will be welcomed by them, home for us all, as we are all Children of God.



J&M



AVO

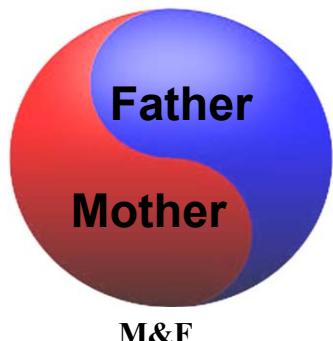


HUM



## WE ALL ARE BEING GUIDED HOME – NOW, HOW TO COMMENCE THE JOURNEY:

**GOD**



**J&M**



**AVO**



For 200,000 years, we have been misled into embracing our mind's distortion of wisdom and truth. All such traditional understandings only lead us in the wrong direction, from which we must turn back from. Our soul based feelings are always in truth. Our minds are to follow our soul based truths and feelings, not the other way round, as we have been brought up to embrace.

We are to connect with our deeper repressed feelings.  
We are to long for the truth of what we are feeling.  
We are to live true to our selves; by living true to our feelings.

Use your surface day-to-day feelings to connect with your deeper repressed feelings. Express your surface feelings and your deeper repressed feelings to uncover the truth of yourself.

We all have feelings which we communicate and share with each other. And we all have deeper buried and hidden repressed feelings. Feelings from our early childhood we felt, yet weren't allowed to express. These feelings are still within us, waiting to have their say. These feelings, because they are repressed, cause us all our problems.

And as we look to uncover, bring out and accept these deeper feelings, so we're taken into new ways of looking at ourselves, our feelings, and our life. We're setting ourselves free of the controlling patterns that govern our unloving behaviour.

In this way, we progressively begin to express the personality that our Heavenly Mother and Father gave us, not the one imposed upon us by our physical parents and carers. We are to be our true and real selves.

**By living true to ourself, true to our feelings, we are living true to God. It's that simple.**

As we, humanity, long for the truth of our feelings, we can also be assisted by the Spirits of Truth of the Avonal Pair who are our spiritual teachers for Earth over this coming 1,000 years, to assist us through the Great U-Turn, away from mind dominance to being soul based feeling lead. They will assist us through the seven levels of the spirit Mansion Worlds.

Then the Creator Pair, Jesus and Mary, will lead us through Nebadon and into the greater universe. Then our Heavenly Mother and Father lead us home to Paradise.

Collectively, should we embrace them all, as we are to, then our pathway home is a journey in the hands of the Spirits of Truth of the Avonal and Paradise Pairs overseen by our Heavenly Parents.

### HOW TO GET TO PARADISE:

Long for the Divine Love

Long for the Truth

Long for the truth of your feelings

Don't deny any feelings: accept, express and want to know the truth of them

Know your feelings are the key; your feelings are the Way

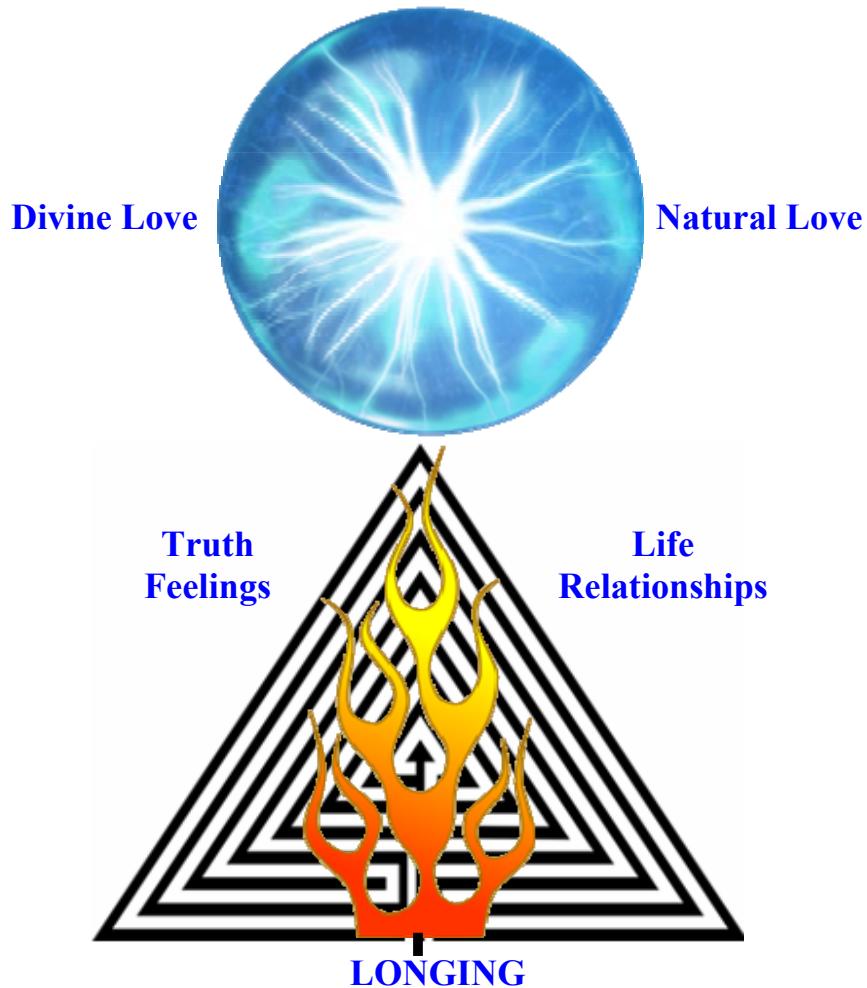
Want to end your falseness and being untrue

Want to understand the truth of your early life

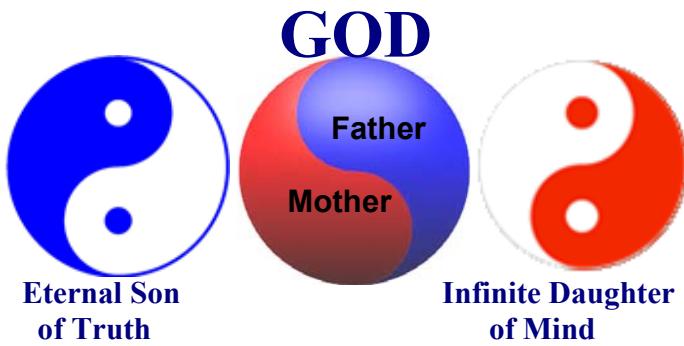
Use your surface feelings to move deeper into yourself, bringing up your repressed feelings

Want and long to know the whole truth of yourself

Want to do it all with God, your Heavenly Mother and Father – long to Them for help.



Our longing drives our life. We long with feelings. We can wish for things using our mind, yet long for things with our heart. These things in the pyramid are what to long for. Longing for them, when the longing comes naturally. Longing because you feel you really want them. Long to be true with all your heart. Long to live true to your feelings. Long to understand the whole truth of yourself.



#### PARADISE TRINITY:

1. Our MOTHER and FATHER (God) (MF) – Divine Love

SOUL (God) – One SOUL that is expressing its two PERSONALITIES, our Heavenly Mother and Heavenly Father (Soulmates)

2. ETERNAL SON (ES) – Divine Truth
3. INFINITE DAUGHTER (ID) – Divine Mind

Then: The Second and Third Persons of the Paradise Trinity (ES and ID) are stepped down to the local universe trinity (Mary and Jesus, Divine Minister (DM), and her Holy Spirit.

#### The LOCAL UNIVERSE TRINITY:

1. MARY M and JESUS
2. DIVINE MINISTER
3. HUMANITY – Natural love, sons and Daughters – Truth, and our Angels – Mind

Our MOTHER and FATHER – Love

- the Living Truth
- Mind (and her Holy Spirit)

#### PLANETS that engage in REBELLION:

1. AVONAL SOULMATE PAIR
  2. DAYNAL – TEACHER PAIRS
- the Feeling Healing process – incarnate
  - they do not incarnate

So in summary:

**LOVE**  
Mother and Father

**TRUTH**

Eternal Son (ES)  
Mary & Jesus (MJ)  
Humanity (H)

**MIND**

Infinite Daughter (ID)  
Divine Minister and Holy Spirit (DM)  
Angels, Nature Spirits, Nature (A)

Consider a diamond:

**MF**



# Mother and Father Heavenly Parents

Creator Son & Daughter  
Jesus and Mary

Avonals  
as soulmate pairs

Trinity Teachers  
as soulmate pairs

Melchizedeks – who have taken over from the Caligastians and Daligastians being also all as soulmate pairs.

Mortal Souls – human beings who individualise on Earth, then progress through the spirit Mansion Worlds, then into the Celestial Heavens, and beyond.

Mortal Souls – also being ascending spirits, upon completing their Soul Healing, join with their soulmate, then join their soul group of 24 mortal spirits, being 12 soul pairs. It is only as a soulgroup that anyone can progress beyond Nebadon.

The Paradise Pairs are all ONLY concerned with the SPIRITUAL wellbeing and upliftment of the planets and local universe. Currently to do with Earth:

Mary and Jesus – spiritual wellbeing and upliftment of the whole of Nebadon region.

Avonal Pair – Daynal pairs (Trinity Teacher Daughters and Sons) – Spiritual wellbeing and upliftment of individual planets and their associated Mansion Worlds.

The Local universal Sons and Daughters are all about the running of the worlds under their jurisdiction, and ensuring the higher spiritual elements can be employed, or sent astray, as in our cases through the Rebellion and Default.

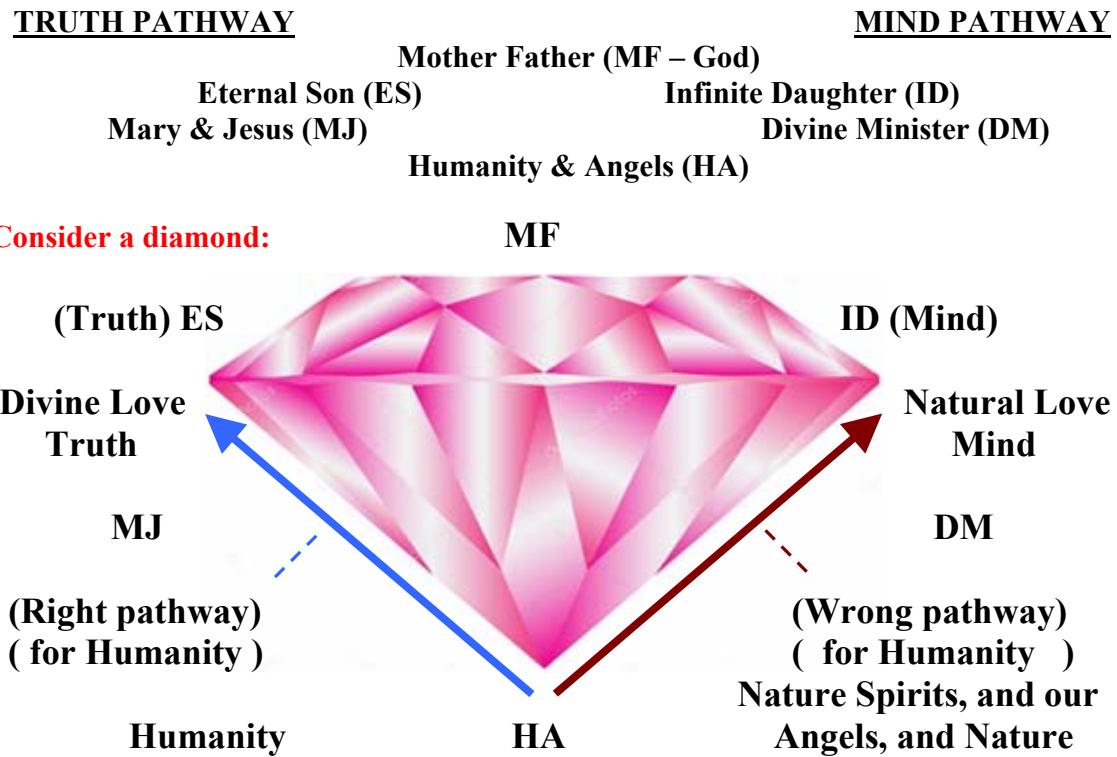
Lanonandeks – Melchizedeks (and others, such as Life Carriers and Eve and Adam).

As the Lanonandeks all rebelled – the Lucifer, Satans, Caligastias and Daligastias soulmate pairs – so the Melchizedeks have taken over their roles, as well as doing their own.

So the Melchizedeks are the governors, overseers, the administrators and advisors and so on for Earth; they are the ‘controllers’, and they will instigate all that needs to be done to do with the ending of the Rebellion and Default. And they will enlist the willing help of ascending mortal pairs, so the mortal Celestials spirits (soulmates when available, and others waiting to unite with their partner), and at times mortal spirits in the Divine Love Healing Mansion Worlds. And the angels help all of us.

Currently the whole of Creation exists for the ascension of mortal souls from their earth planets to Paradise. It's all one vast Grand Ascension Scheme. With all the higher and lower spiritual Daughters and Sons, together with all the many different angels and other universal spirit personalities, and even including nature and our very own pets, assisting women and men with their Ascension Journey. It being: and Ascension of Truth. Everything we do is done to help us grow in truth. (Only everything we do in our negative state is to deny ourselves our truth from our feelings, which is why we have to do our Healing.) All women and men are ascending (or growing) in truth through their experiences. And as we grow in truth by looking to our feelings to show us that truth, so we're ascending, moving inwards and upwards through all the worlds and spheres of the Grand Universe to one day arrive on Paradise and meet our Heavenly Parents. God is providing us, Their children, with this spiritual journey called our Ascension of Truth. And by living true to our feelings, so we are progressing on our true Spiritual Path – our Ascension Path.

**Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.**



**Humanity** is to pursue the pathway for Truth through one's soul based feelings, this is the right pathway. However, humanity commences its journey founded on natural love, which we now know is to be perfected through one's Feeling Healing process and then made divine through asking for and receiving our Heavenly Parents' Divine Love.

For 200,000 years, **humanity** has pursued the pathway of the Mind, being that of the brain, this is the wrong pathway. The Mind is the pathway for Angels and that of all of Nature.



### CREATION of SOUL and SPIRIT:

God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one's feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.

The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves enabling the union with our soulmate, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.

The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.

## **The Only Prayer That Man Need Offer to the Father:**

(as given within the first century)

I am here, Jesus

**The Prayer for Divine Love**

2 Dec 1916

<http://www.youtube.com/watch?v=Pg6p3rivAZw>

P.438 Book of Truths through James Padgett / Jesus

Let your prayer be as follows:

**Our Father, who art in heaven, we recognize that You are all Holy and loving and merciful, and that we are Your children, and not the subservient, sinful and depraved creatures that our teachers of old would have us believe. That we are the greatest of Your creation, and the most wonderful of all Your handiworks, and the objects of Your great soul's love and Tenderest care.**

**That Your will is that we become at one with You, and partake of Your great love which You have bestowed upon us through Your mercy and desire that we become, in truth, Your children, through love, and not through the sacrifice and death of any one of Your creatures.**

**We pray that You will open up our souls to the inflowing of Your love, and that then may come Your Holy Spirit to bring into our souls this, Your love in great abundance, until our souls shall be transformed into the very essence of Yourself; and that there may come to us faith--such faith as will cause us to realize that we are truly Your children and one with You in very substance and not in image only.**

**Let us have such faith as will cause us to know that You are our Father, and the bestower of every good and perfect gift, and that only we, ourselves, can prevent Your love changing us from the mortal to the immortal.**

**Let us never cease to realize that Your love is waiting for each and all of us, and that when we come to You, in faith and earnest aspiration, Your love will never be with-held from us.**

**Keep us in the shadow of Your love every hour and moment of our lives, and help us to overcome all temptations of the flesh, and the influence of the powers of the evil ones, which so constantly surround us and endeavour to turn our thoughts away from You to the pleasures and allurements of this world.**

**We thank You for Your love and the privilege of receiving it, and we believe that You are our Father --the loving Father who smiles upon us in our weakness, and is always ready to help us and take us to Your arms of love.**

**We pray this with all the earnestness and longings of our souls, and trusting in Your love, give You all the glory and honour and love that our finite souls can give.**

**Amen**

**MoC**



Note: The 'false teachers' are our parents, as they are also the 'evil ones'.  
Also, the evil ones, being those parts of one's mind, that are controlling you.

**Another version:**

<https://new-birth.net/padgett-messages/true-gospel-revealed-anew-by-jesus-volume-1/the-prayer-given-by-jesus-as-the-only-prayer-vol-1-pg40-2/>

Our Father, who art in heaven, we recognize:

That Thou Art--art all holy and loving and merciful, and that we are the children of Thy care and not the subservient, sinful and depraved creatures that our false teachers would have us believe.

That we are the greatest of Thy creations and the most wonderful of all Thy handiwork, and that we are the objects of Thy great Soul's love and tenderest care.

That Thy will is that we become at one with Thee and partake of Thy great love which Thou hast bestowed upon us through Thy mercy and desire that we become, in truth, Thy children; and not through the sacrifice and death of any one of Thy creatures, even though the world thinks that one Thy equal and a part of Thy godhead.

That Thou will open up our souls to the inflowing of Thy love, and that then will come Thy holy spirit to bring into our souls, this, Thy love in great abundance until our souls may be transformed into the very essence of Thyself; and that there may come to us faith--such faith as will cause us to realize that we are truly Thy children and that we are one with Thee in very substance and not in image only.

Let us have such faith as will cause us to know that Thou art our Father and the bestower of every good and perfect gift, and that only we, ourselves, can prevent Thy love changing us from the mortal to the immortal.

Let us never cease to realize that Thy love is waiting for each and all of us, and that when we come to Thee with faith and earnest aspirations, Thy love will never be withholden from us.

Keep us in the shadow of Thy love every hour and moment of our lives, and help us to overcome all temptations of the flesh and the influence of the powers of the evil ones who so constantly surround us and endeavor to turn our thoughts away from Thee to the pleasures and allurements of this world.

We thank Thee for Thy love and for the possibility of receiving it, and believe that Thou art our Father--the loving Father who smiles upon us in our weakness, and is always ready to help us and take us to Thy arms of love.

We pray thus with all the earnestness and longings of our soul, and trusting in Thy love give Thee all the glory and honour and love that our finite souls can give.



**A Personal Adaptation of the Prayer for God's Divine Love:**

Joseph Babinsky

*Our Father, who art in heaven, I recognise:*

That You are holy and loving and kind, and that I am the child of Your care.

That I am the object of Your great Soul's love and tender most care.

That Your will is that I become at-one with You and partake of Your great love, which You have given me through Your desire that I become, in truth, Your child.

That You will open up my soul to the inflowing of Your love, and that then will come Your holy spirit to bring into my soul, this, Your great love in great abundance until my soul may be transformed into the very essence of Yourself; and that there may come to me faith – such faith as will cause me to realise that I am truly Your child and that I am one with You.

Let me have such faith as will cause me to know that You are my Father and the giver of every good and perfect gift, and that I only can hinder and stop the river of your inflowing love.

Let me never cease to realise that Your love is waiting for each and all of us, and that when anyone comes to You with faith and earnest aspirations, Your love will never be withheld.

Keep me in the shadow of Your love every hour and moment of my life, and help me to remain completely focused on this, your ever-present and unconditional love.

I thank You for Your love and for the possibility of receiving it, and believe that You are my Father – the loving Father Who smiles upon me always and is always ready to help me and take me to Your arms of love.

I pray this with all the earnestness and longings of my soul, and trusting in Your love give You all glory and honour and love.

**To liberate one's real self, one's will, being one's soul, is begun by embracing Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.**

## Prayer for Divine Love

DAS version

My Father, Who is Ever-Present, I recognize that You are All Holy and Loving and Merciful, and that I am Your Blessed Child.

I know that I am the greatest of Your Creations, and the most wonderful of all Your Handiworks, and the object of Your Great Soul Love and Tenderest Care.

I know that Your Will is that I become at-one with You and partake of Your Great Love which You have bestowed upon me through Your Mercy and Desire, so that I may become, in truth, Your Child through Love.

I pray that You will open up my soul to the inflowing of Your Love, and that then will come to me Your Holy Spirit to bring into my soul this, Your Divine Love, in great abundance, until my soul is transformed into the very essence of Yourself; and that there will come to me faith - such faith as will cause me to realize that I truly am Your Child and one with You in very substance.

Let me have such faith, as will cause me to know that You are my Father, and the bestower of every good and perfect gift, and that, only Your Love will change me from the mortal to the immortal.

Let me always realize that Your Love is waiting for each and all of us, and, that when I come to You, in faith and with earnest aspiration, Your Love will always come to me.

Keep me in the shadow of Your Love every hour and moment of my life, and help me to overcome all the temptations of the flesh, and the influence of the powers of the lower ones who are so in need of Your Love. Keep my thoughts and desires on following Your Way with humility and gratitude, always seeking to love and care for myself and others as You do.

I thank you for Your Love and the privilege of receiving it, and I believe that You are my Father - my Loving Father who smiles upon me on my journey, and is always ready to help me and take me into Your Arms of Love.

I pray this with all the earnestness and sincere longings of my soul, and, trusting in Your Love, give You all the glory and honour and love that Your Child can give. AMEN

**The Padgett Messages, received 1914 to 1923 and published in the Book of Truths, has now been extended with further session of messages having been received between 2012 and 2013, and titled “The DIVINE UNIVERSE” via Zara Borthwick and Nicholas Arnold.**

## **The DIVINE UNIVERSE**

**79. *Prayer of the Heart***

**16 October 2012**

I encourage the heart that prays to the Father for the Divine Love. I encourage the heart that loves the Love, and with sincere aspiration, feels for the Love. If there be any doubt, loss of faith or hardship of heart, I encourage the heart not to give up or give the Love away. The Father hears your prayers and the heart be rest assured in this. Never will a good heart be forsaken. As the Father does so do I, see and hear your heart, and prayers for the Love and the needs for wellbeing. Never give your heart up; trust in the One who knows your true heart, and there the Father loves you. One may never fully understand the intricate workings of time, past present and future, but the heart knows faith and Love and the Father Loves a good heart. Pray with faith, and in your heart my truth and the Father’s Divine Love meet you there.

I have given you this prayer of the heart so that men and women may draw from its words, strength, love and faith

Your beloved friend and companion,

**Our Heavenly Mother and Father simply desire for us to ask for Their Love.**

**“Every day is a day of devotion.”**

**Please Mother and Father, may I receive Your LOVE.**

**God's Divine Love: Pray for it, ask for it, and receive it.**

**Our salvation IS the embracing of the Feeling Healing process and Divine Love.**

## The DIVINE UNIVERSE

**300. Prayer of Love and Strength**

2 February 2013

I am going to write the Prayer of Love and Strength that may help those with their endeavour of heart in the receipt of the Divine Love:

I pray that I may find the love and strength in my heart to love you more wholeheartedly. I pray that I may feel this strength as a living truth in my heart and soul as my weakness, due to my condition in my physical and material struggle, may not become a hardship that casts a long shadow over my day-to-day living in my faith in Divine Love. I pray that I will not give in to any negativity that surrounds me, or to the way that at times I cannot seem to be able to help or forgive myself for loosing faith in The One I love.

I pray that I am receiving Love, your Divine Love that is in great abundance and that my heart partakes of a small portion of this abundant Love. I ask that your Spirit, The Spirit, convey the Love into my soul as I have already been receiving into my soul your Divine Love. I pray that your Divine Love gives greater love and strength to my heart that I may continue in my prayer to receive this Immortal Love.

God, I love you with all my heart even if there be a shadow across my heart, and a lack of humility in my faith and on my behalf for I recognise that you can love me more perfectly and wholeheartedly than I can accept for myself.

God, I recognise that you are Soul and that I am a finite soul and that your Love and Spirit are true gifts for my heart and soul and that I need this Love that you have provided. I pray that from your Love, more finite love and strength in my faith and heart will enable me to love you even more. I recognise that I am doing my best in all that life has given and taken away from me and that in my resolve, my heart knows that your true Divine Love always remains with me and my faith in you. At times I have left you and left your side and wandered all over the place, lost in the shadows of life and in the near-sightedness of my eye and then, I pray for your Love and your Love fills my heart and my love and strength return and I accept that you are loving me at all times when I am lost and found. I give you all my gratitude, love and strength that my heart can give and I desire not to change the world or the spirit world accepting that your Divine Love will change my soul and in harmony together, I will try for a peaceful world.

I have provided you with the inspiration to give these words of love and strength that such words may help one in their experience of God's Love and Spirit.

**“Mother and Father, open my soul to this Gift, Your Love. Open my soul and may Your Holy Spirit touch my soul and pour within it your essence, your Love that I may be transformed, that I might be your true child, embraced and carried, lit along my life’s path in the glory of your Light and care and protection.”**

Jesus 11 May 2016

## The DIVINE UNIVERSE

**303. *The Immortal Prayer***

6 February 2013

For those of you who are strong, I will continue to sustain this strength because many of you who experience the Father's Divine Love require a great resolve and strength of heart not to give up on the Truth and not to be saddened by the apparent lack of interest in the most beautiful love that you feel and know to be true. I will never prevent myself from being with you, who sincerely desire the Divine Love and, with any feeling of being afraid, alone or insecure, I with my Celestial teachers are present supporting you. There is no shadow in the Divine Love and for those who are aware of this Love in faith love and spirit we celebrate the harmony of God's universe of Love and Spirit.

### ***I pray for the Divine Love, the Immortal Love***

Universal Soul God,

My Father, I love and accept you with my heart. I sincerely pray for your Love that will come by The Spirit and embrace my spirit body conveying your Divine Love into my soul. I humbly ask that you love me as I love you, and that you continue to love me when in those times I cannot love myself.

I ask that you give me the strength to voice my faith and love to you, and that you may love me in my weakness and in my strength. I know that I am a soul beautiful to you as you are to me, and that your Divine Love will be the arrival of Truth that my soul has truly longed for.

I pray that your Divine Love will be the arrival from which will announce the departure of my doubt and that such faith, love, strength will come to me that I will never doubt you again. And I will never stop loving you, in the sunrise and the sunset of each day in my life.

I recognise that you are the Source of the Divine Love and the origin of my soul. I recognise that I may have been lost to you but in truth I was never lost to you and now, I am gathering up all my love out of my lost-ness in great abundance because I am aware that your Divine Love is present for my soul and I am free to receive your Love and feel Its' breath of spirit declare in my heart the Immortal Harmony.

I am receiving your Love, I have received your Love, true Universal God, your Immortal Love.  
Amen

**PA<sup>SCA</sup>PERS**

***Never can one man do more for another man than by making it known of the availability of the Feeling Healing process and Divine Love.***      **JD**

|                                                                                                                                                                     |                                                                                                                     |                                                                    |                          |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------|--------------------------|
| <b>Primary recommended reading:</b>                                                                                                                                 | <b>consider commencing with: Paul – City of Light</b>                                                               |                                                                    |                          |
| <b>The Book of Truths</b>                                                                                                                                           | <b>1914 – 1923</b>                                                                                                  | <b>xxx</b>                                                         | <b>– Joseph Babinsky</b> |
| containing the Padgett Messages or                                                                                                                                  |                                                                                                                     |                                                                    |                          |
| <b>Little Book of Truths</b>                                                                                                                                        |                                                                                                                     |                                                                    | <b>– Joseph Babinsky</b> |
| <b>True Gospel Revealed anew by Jesus Vol I, II, III, IV</b>                                                                                                        |                                                                                                                     | <b>xxx</b>                                                         | <b>– Geoff Cutler</b>    |
| <b>The Rejected Ones</b>                                                                                                                                            | <b>2002 – 2003</b>                                                                                                  | <b>xxx</b>                                                         | <b>– James Moncrief</b>  |
| <b>Messages from Mary &amp; Jesus</b>                                                                                                                               | <b>2003</b>                                                                                                         | <b>xxx</b>                                                         | <b>– James Moncrief</b>  |
| <b>Paul – City of Light</b>                                                                                                                                         | <b>2005</b>                                                                                                         | <b>xxx</b>                                                         | <b>– James Moncrief</b>  |
| <b>Mary Magdalene and Jesus'</b>                                                                                                                                    |                                                                                                                     |                                                                    |                          |
| comments on the Padgett Messages                                                                                                                                    | <b>2007 – 2010</b>                                                                                                  | <b>xxx</b>                                                         | <b>– James Moncrief</b>  |
| <b>Speaking with Mary Magdalene &amp; Jesus</b>                                                                                                                     | <b>2013 – 2014</b>                                                                                                  | <b>xxx</b>                                                         | <b>– James Moncrief</b>  |
| <b>Sage and the Healing Angels of Light</b>                                                                                                                         | <b>2017</b>                                                                                                         | <b>xxx</b>                                                         | <b>– James Moncrief</b>  |
| <b>Road map of Universe and history of Universe:</b>                                                                                                                |                                                                                                                     |                                                                    |                          |
| <b>The Urantia Book</b>                                                                                                                                             | <b>1925 – 1935</b>                                                                                                  | <b>xxx as primary reading</b>                                      |                          |
| <b>Divine Love supporting reading:</b>                                                                                                                              |                                                                                                                     |                                                                    |                          |
| <b>Revelations</b>                                                                                                                                                  | <b>1954 – 1963</b>                                                                                                  | <b>– Dr Daniel Samuels</b>                                         |                          |
| <b>Judas of Kerioth</b>                                                                                                                                             | <b>2001 – 2003</b>                                                                                                  | <b>– Geoff Cutler</b>                                              |                          |
| <b>The Golden Leaf</b>                                                                                                                                              | <b>2008</b>                                                                                                         | <b>– Zara &amp; Nicholas</b>                                       |                          |
| <b>The Richard Messages</b>                                                                                                                                         | <b>2012 – 2013</b>                                                                                                  | <b>– James Reid</b>                                                |                          |
| <b>The Divine Universe</b>                                                                                                                                          | <b>2012 – 2013</b>                                                                                                  | <b>– Zara &amp; Nicholas</b>                                       |                          |
| <b>Family Reunion Afterlife Contact</b>                                                                                                                             | <b>2014 – 2015</b>                                                                                                  | <b>– Joseph Babinsky</b>                                           |                          |
| <b>Traveller, An Immortal Journey</b>                                                                                                                               | <b>2014 – 2015</b>                                                                                                  | <b>– Zara &amp; Nicholas</b>                                       |                          |
| <b>Destiny, Eternal Messages of Divine Love</b>                                                                                                                     | <b>2015 – 2016</b>                                                                                                  | <b>– Zara &amp; Nicholas</b>                                       |                          |
| <b>Feeling Healing</b>                                                                                                                                              | <b>2017</b>                                                                                                         | <b>– James Moncrief</b>                                            |                          |
| <b>Religion of Feelings</b>                                                                                                                                         | <b>2017</b>                                                                                                         | <b>– James Moncrief</b>                                            |                          |
| <b>The Way of Divine Love</b>                                                                                                                                       |                                                                                                                     | <b>– Joseph Babinsky</b>                                           |                          |
| <b>Divine Love – The Greatest Truth in the World</b>                                                                                                                |                                                                                                                     | <b>– Joseph Babinsky</b>                                           |                          |
| <b>The Human Soul</b>                                                                                                                                               |                                                                                                                     | <b>– Joseph Babinsky</b>                                           |                          |
| <b>Divine Love Flowing</b>                                                                                                                                          |                                                                                                                     | <b>– Joseph Babinsky</b>                                           |                          |
| <b>The Truth</b>                                                                                                                                                    |                                                                                                                     | <b>– Werner Voets</b>                                              |                          |
| <b>Through the Mists, The Life Elysian, The Gate of Heaven</b>                                                                                                      |                                                                                                                     | <b>– Robert James Lees</b>                                         |                          |
| <b>Life in the World Unseen</b>                                                                                                                                     |                                                                                                                     | <b>– Anthony Borgia</b>                                            |                          |
| <b>Gone West</b>                                                                                                                                                    |                                                                                                                     | <b>– J M S Ward</b>                                                |                          |
| <b>Post Mortem Journal</b>                                                                                                                                          |                                                                                                                     | <b>– Jane Sherwood</b>                                             |                          |
| <b>After Death / Letters from Julia</b>                                                                                                                             |                                                                                                                     | <b>– William T Stead</b>                                           |                          |
| <b>Thirty Years Among the Dead</b>                                                                                                                                  |                                                                                                                     | <b>– Carl A Wickland</b>                                           |                          |
| <b>A Wanderer in the Spirit Land</b>                                                                                                                                |                                                                                                                     | <b>– Franchezzo</b>                                                |                          |
| <b>Life Beyond the Veil Vol I thru to V – Rev George Vale Owen</b>                                                                                                  |                                                                                                                     | <b>– Geoff Cutler</b>                                              |                          |
| <b>The Holy Bible from the Ancient Eastern Text</b>                                                                                                                 |                                                                                                                     | <b>– Dr George M Lamsa</b>                                         |                          |
| <b>Available generally from:</b>                                                                                                                                    |                                                                                                                     |                                                                    |                          |
| <a href="http://www.lulu.com">www.lulu.com</a>                                                                                                                      | <a href="http://www.amazon.com">www.amazon.com</a>                                                                  | <a href="http://www.bookdepository.com">www.bookdepository.com</a> |                          |
| <b>For Divine Love focused websites and forums:</b>                                                                                                                 |                                                                                                                     |                                                                    |                          |
| <b>Pascas Health:</b>                                                                                                                                               | <a href="http://www.pascashealth.com/index.php/library.html">http://www.pascashealth.com/index.php/library.html</a> |                                                                    |                          |
| <b>Spiritual Development:</b>                                                                                                                                       | <a href="http://new-birth.net/spiritual-subjects/">http://new-birth.net/spiritual-subjects/</a>                     |                                                                    |                          |
| <b>Padgett Books:</b>                                                                                                                                               | <a href="http://new-birth.net/padgetts-messages/">http://new-birth.net/padgetts-messages/</a>                       |                                                                    |                          |
| <a href="http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm">http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm</a> |                                                                                                                     |                                                                    |                          |

## James Moncrief's books, the Padgett Messages and The Urantia Book at:

### **DIVINE LOVE SPIRITUALITY – DLS:**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

|                      |                                      |             |       |     |
|----------------------|--------------------------------------|-------------|-------|-----|
| All Padgett Messages | (for condensed versions – see below) | 1914 – 1923 | Pages | 945 |
| The Urantia Book     | (see suggested papers to read below) |             |       |     |

#### **James Moncrief Books:**

|                                                                     | MoC   |                           |       |  |
|---------------------------------------------------------------------|-------|---------------------------|-------|--|
| The Rejected Ones – the Feminine Aspect of God                      | 1,490 | Nov 2002 – Jan 2003       | 228   |  |
| Messages from Mary and Jesus book 1                                 | 1,485 | Feb – Apr 2003            | 189   |  |
| Messages from Mary and Jesus book 2                                 | 1,485 | Apr – Oct 2003            | 170   |  |
| Mary Magdalene and Jesus' comments on the Padgett Messages – book 1 |       | Aug 2007                  | 164   |  |
| Messages from 31 May 1914 – 12 January 1915                         | 1,495 |                           |       |  |
| Mary Magdalene and Jesus' comments on the Padgett Messages – book 2 |       | Sep 2010                  | 177   |  |
| Messages from 13 January 1915 – 29 August 1915                      | 1,494 |                           |       |  |
| Speaking with Mary Magdalene and Jesus blog – book 1                | 1,490 | Jan – Apr 2013            | 206   |  |
| Speaking with Mary Magdalene and Jesus blog – book 2                | 1,489 | Apr – May 2013            | 229   |  |
| Speaking with Mary Magdalene and Jesus blog – book 3                | 1,490 | Oct – Jan 2014            | 187   |  |
| Speaking with Mary Magdalene and Jesus blog – book 4                | 1,491 | Jan – May 2014            | 191   |  |
| Mary Magdalene comments on Revelation from the Bible KJV            | 1,485 | Dec 2013 – Jan 2014       | 84    |  |
|                                                                     |       | This group being pages of | 1,825 |  |

|                                                                  |                        |                           |       |
|------------------------------------------------------------------|------------------------|---------------------------|-------|
| Paul – City of Light                                             | 1,488.5                | 2005                      | 149   |
| Ann and Terry                                                    |                        | 2013                      | 235   |
| Feeling bad? Bad Feelings are GOOD!                              | feeling-healing book 1 | 2006                      | 179   |
| Feeling bad will make you feel BETTER – Eventually!              | feeling-healing book 2 | 2006                      | 159   |
| Breaking the Golden Rule.                                        | feeling-healing book 3 | 2006                      | 168   |
| Feeling-Healing exercises, and other healing points to consider. |                        | 2009                      | 175   |
| Cathy and Mark – a novel introducing Feeling-Healing.            |                        | 2010                      | 151   |
| Introduction course to Divine Love Spirituality                  |                        | 2006                      | 139   |
| Speaking with the Dead, Death and Dying                          |                        | 2009                      | 173   |
| Spirits and their Childhood Repression Healing                   |                        | 2010                      | 179   |
| With Verna – a nature spirit                                     |                        | 2008                      | 279   |
| Communication with spirits – meet a spirit friend                |                        | 2010                      | 37    |
| Introduction to Divine Love Spirituality website                 |                        |                           | 362   |
| Sage – and the Healing Angels of Light                           |                        | 2017                      | 260   |
| Divine Love Spirituality                                         | 1,500                  | 2017                      | 201   |
| Feeling Healing – you can heal yourself through your feelings    |                        | 2017                      | 153   |
| Religion of Feelings                                             | 1,500                  | 2017                      | 47    |
|                                                                  |                        | This group being pages of | 3,046 |

#### **Religion of Feelings**

<http://religionoffeelings.weebly.com/>

#### **Introduction to Divine Love Spirituality**

<http://dlspirituality.weebly.com/>

#### **Main website of DLS**

<http://divinelovesp.weebly.com/>

#### **Childhood Repression website**

<http://childhoodrepression.weebly.com/>

#### **DLS and CR forum**

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

## **FEELING HEALING and SOUL HEALING with the DIVINE LOVE:**

**James Moncrief Publications:**

**all publications are free downloads:**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

### **Speaking with Mary Magdalene and Jesus – books 1 – 4**

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

### **Paul – City of Light**

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

### **Ann and Terry**

For an example of people who might want to immediately start working on themselves and doing their Healing.

### **Feeling Bad? Bad Feelings are GOOD**

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

### **Feeling bad will make you feel BETTER – Eventually!**

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

### **Sage – and the Healing Angels of Light**

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings  
Feeling Healing**

**Welcome to LOVE – the Religion of Feelings  
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

**The Padgett Messages being published as:**

**The True Gospel Revealed Anew by Jesus volumes 1 – 4**

**Book of Truths by Joseph Babinsky**

**The Urantia Book**

**Release one's pain through expressing one's feelings.**

  
**in conjunction with**

**Longing for the Truth when also longing for Divine Love.**

### **FEELING HEALING with DIVINE LOVE is SOUL HEALING:**

*A collection of ‘papers’ that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one’s awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.*

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing.**

**Secondly, consider longing for our Heavenly Parents’ Love as you progress with your healing.**

**Primary and most important readings are the writings of James Moncrief.**

**Then consider the Padgett Messages, and then The Urantia Book.**

Pascas Papers, being free, are located within the Library Downloads [www.pascashealth.com](http://www.pascashealth.com)

<http://www.pascashealth.com/index.php/library.html>

**PASCAS – document schedule.pdf**      **downloadable index to all Pascas Papers.**

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love; DL denotes Divine Love – living with the Love.

**PASCAS INTRODUCTION NOTES:** All papers below can be found at Library Downloads link..

Pascas Care Letters A Huge Upturn

Pascas Care Letters Big Revelation

Pascas Care Letters Feeling Healing Benefits Children

Pascas Care Letters Feeling Healing Way

Pascas Care Letters Little Children

Pascas Care Letters Women’s Liberation and Mother

### **MEDICAL – EMOTIONS:**

Pascas Care – Feeling Healing

Pascas Care – Feeling Healing All is Within

Pascas Care – Feeling Healing and Health

Pascas Care – Feeling Healing and History

Pascas Care – Feeling Healing and Parenting

Pascas Care – Feeling Healing and Rebellion

Pascas Care – Feeling Healing and Starting

Pascas Care – Feeling Healing and Will

Pascas Care – Feeling Healing Angel Assistance

Pascas Care – Feeling Healing Being Unloved

Pascas Care – Feeling Healing Child Control

Pascas Care – Feeling Healing Childhood Repression

Pascas Care – Feeling Healing End Times

Pascas Care – Feeling Healing is Rebelling

Pascas Care – Feeling Healing Live True

Pascas Care – Feeling Healing Mary Speaks

Pascas Care – Feeling Healing My Soul

Pascas Care – Feeling Healing Perfect State

Pascas Care – Feeling Healing Revelations X 2

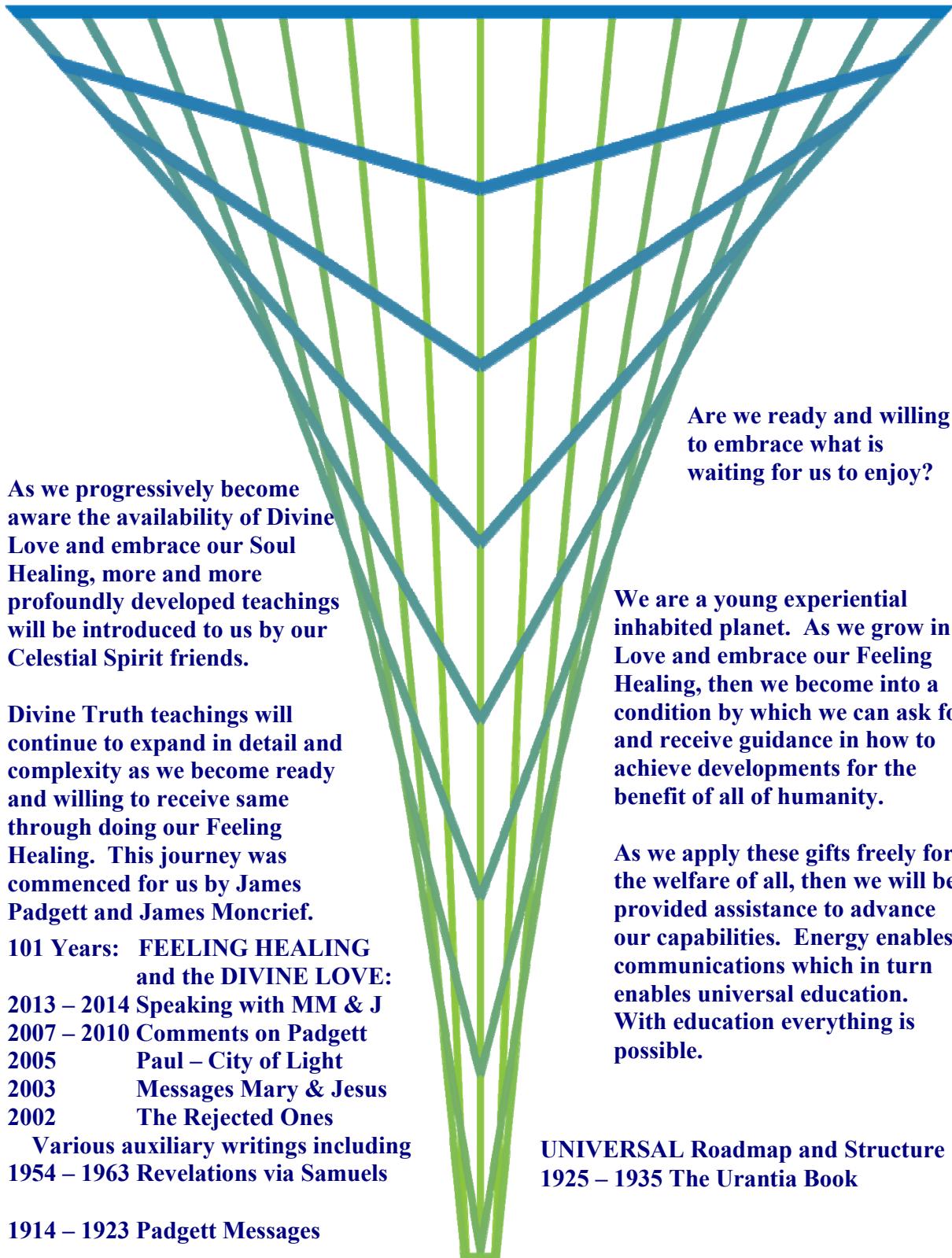
Pascas Care – Feeling Healing the Future

Pascas Care – Feeling Healing Trust Yourself

Pascas Care – Feeling Healing Versus Cult

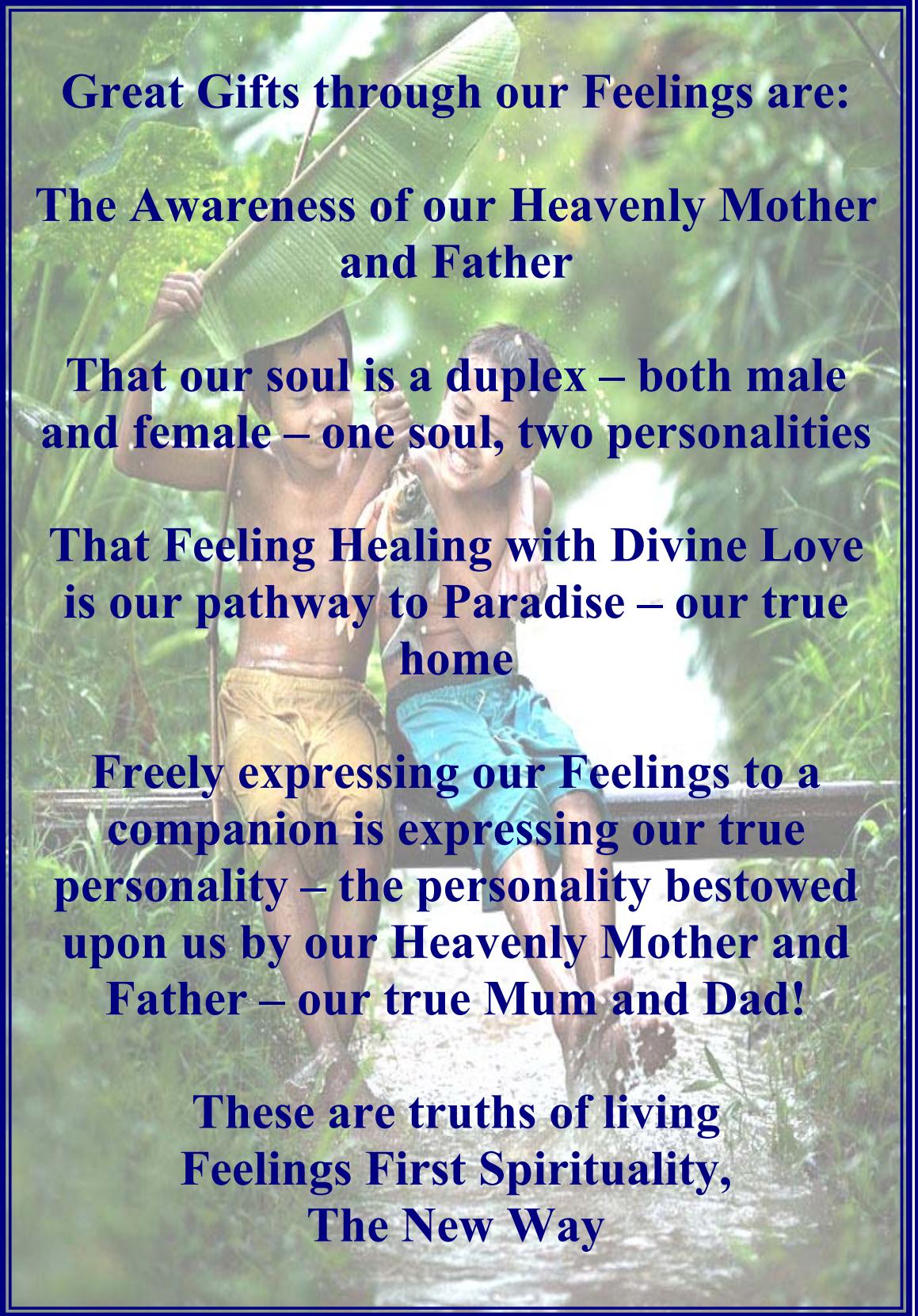
**PASCAS  
PAPERS**

## DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:



**LOVE and LIGHT:** The luminosity of a loving soul shines through the spirit body.





**Great Gifts through our Feelings are:**

**The Awareness of our Heavenly Mother  
and Father**

**That our soul is a duplex – both male  
and female – one soul, two personalities**

**That Feeling Healing with Divine Love  
is our pathway to Paradise – our true  
home**

**Freely expressing our Feelings to a  
companion is expressing our true  
personality – the personality bestowed  
upon us by our Heavenly Mother and  
Father – our true Mum and Dad!**

**These are truths of living  
Feelings First Spirituality,  
The New Way**