

# PASCAS CARE



BACK TO  
FRONT

A stylized green graphic below the text, resembling a plant with a central stem and a grid-like base, or perhaps a circuit board.

**“Peace And Spirit Creating Alternative Solutions”**

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## PASCAS INTRODUCTION:

Documents assembled by Pascas are provided for your individual assessment and exploration. The contents are sourced from a variety of avenues and publications. Every endeavour is made to determine that the contents are of the highest level of truth and veracity. At all times we ask that you go within yourself, to ascertain for yourself, how the contents resonate with you.

Pascas provides these notes and observations to assist us all in the development and growth of our own pathways and consciousness. Pascas does not hold these contents as dogma. Pascas is about looking within oneself. Much of what we are observing is new to us readers and thus, we consider that you will take on board that which resonates with you, investigate further those items of interest, and discard that which does not feel appropriate to you.

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We offer all contents in love and with the fullness of grace, which is intended to flow to readers who join us upon this fascinating journey throughout this incredible changing era we are all experiencing.

Living Feelings First, *John.*

***“Never can one man do more for another man than by making it known of the availability of the Feeling Healing process and Divine Love.” JD***



## LUCID DREAMS:

Many of us recall dreams of times when we feel as though we can fly. The fact is we all feel that we may fly when we are in the sleep state, however, we do not.

Amazingly we even feel that we visit other planets while we are in the sleep state. We do not.

In contrast to this, we mainly feel that our physical existence and especially our physical body is the ultimate of our being and of our existence.

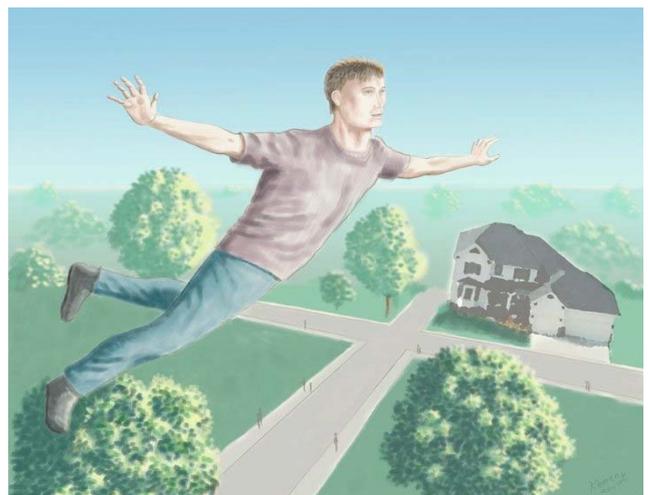
The reality is that our physical body will become redundant. We will ultimately discard our physical body and proceed to experience life through our much more capable spirit body. Our spirit body receives its energy from the Universe.

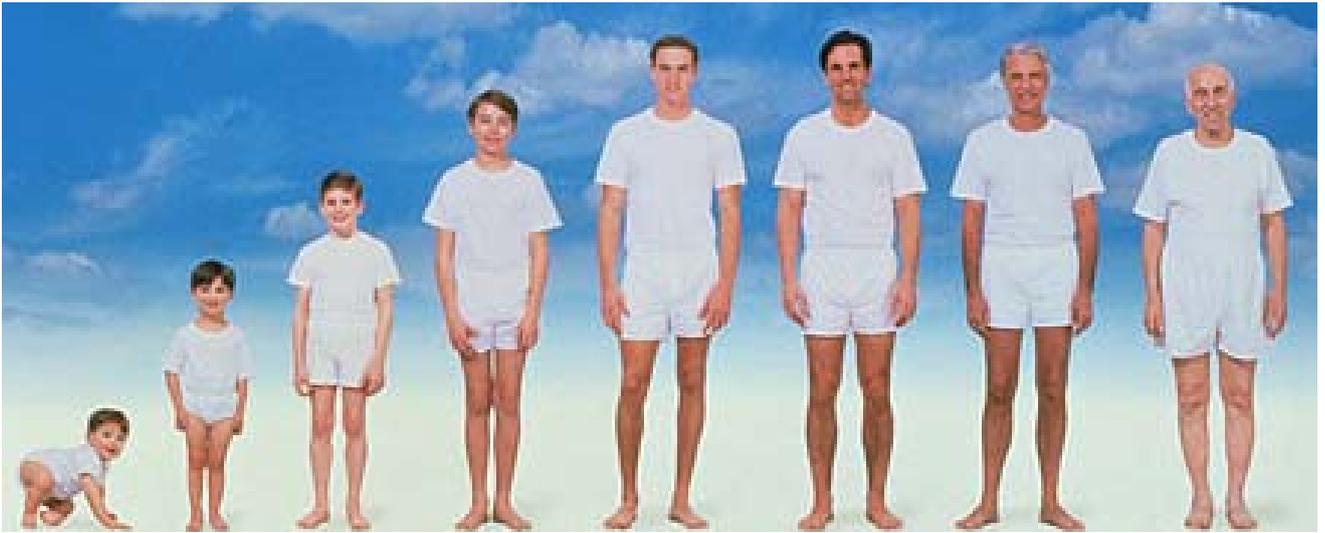
The senses of our physical body are comparatively dumbed down senses from our spirit body. The spirit body enables us to experience only five of the many senses that the spirit body has, and even those five (touch, hearing, sight, smell and taste) are poor cousins to the same senses that our spirit body has.

Our spirit body is so enormously capable, however it remains with the physical body at all times.

You have often considered that ‘I will sleep on that’, meaning that during my sleep I will ponder upon a certain question or issue. Well, your indwelling spirit frequently provides the answers to questions and issues and many other things.

Your spirit body remains connected to you at all times via a silver ambiblical cord. It is when this cord is broken that your spirit body permanently separates from your physical body. This separation results in the death of the physical body. There is no possibility of reconnection of the spirit body and the physical body once this cord is broken.





We go through life feeling and thinking just how incredible our existence is. Well, should you experience the capabilities of your spirit body, and many do, then you would potentially feel that returning to your physical body would be just like putting on this deep sea high pressure suit and endeavouring to function in life with all the constrictions of such a suit.

Our journey of realisation commences with our incarnation. Upon incarnation we achieve individualisation and commence our journey of growth in love. To facilitate this journey we are provided with two bodies. The first body that we become aware of is the first body that will become redundant, that is our physical body. It is ever so cumbersome that few upon discarding the physical body ever want to return to the physical state again.



Upon discarding the physical body, we continue life in our spirit body. As we grow in love we will eventually elect to discard the spirit body and proceed with our journey in the real form that we are and that is the soul. It is the soul that animates the spirit body and subsequently the physical body.

Yes, the real you is your soul.

**SOUL:**

**The Real You is your soul, you are one 'half' of that soul.**

**Each half of the original soul incarnates a spirit and physical body simultaneously, they being connected. The soul expresses each of its two personalities as a woman and man. True soulmates are always of the opposite sex.**

**Sexuality is an attribute of the two personalities the soul expresses; the soul itself does not know sexuality.**



**The soul connects to the two spirit bodies it has created by 'golden cords' of light; and the spirit body is in turn connected to the physical body by 'silver cords' of light.**

**The spirit body is your astral body. The etheric is really the body that is the template for the physical and one that doesn't hold consciousness.**

**The soul remains invisible to the spirit and physical bodies, only being discernible by its luminosity through the spirit body.**

**95%+ of humanity currently are within the 1<sup>st</sup> sphere of development.**

**PERSONALITY**

**Soul    Spirit Body    Physical Body**

**PERSONALITY**

**Physical Body    Spirit Body    Soul**



**The DIVINE UNIVERSE:****via Zara Borthwick and Nicholas Arnold****308. *The study of the spirit body***

19 February 2013

Hello, it is I Eugene, present with you now. I have been asked by the Master to write a series of works that study the spirit body. You have with Zara received a comprehensive Immortal work and now we are asking that you commit to these extensive works on the study of the spirit body. Let us begin.

The thing that has enabled you to work out so much about the spirit world, other than living and being aware of the Divine Love, has been your study of the spirit body and the purpose and function of this attribute. Once you both grasped how it works in relationship with the attribute of soul and personality, you could then begin to identify with the way the mortal spirit world is. The construction and formation of the spirit body has provided you with the necessary means to adequately equate how the mortal personality is situated in a physical human experience and how this experience translates into the life of a spirit.

By understanding how the spirit body works, you could then relate how all the necessary attributes of personality survive the human experience, and for the personality to transition into the spirit world to commence living as a personality in the spirit world. By understanding the purpose of the spirit body, has provided the wonderful insight into how the soul changes in its condition by the result of experiencing the Divine Love. The spirit body and its function to maintain personality in the spirit world, has enabled you to see the vision of how soul progression actually happens as the soul relates in its progressive condition with distinct and various changes that assist in this progression. You have studied the spirit body as enthusiastically and as comprehensively as one may study the human physical body. Your study of the spirit body and its related workings has assisted us greatly and has enabled us to freely communicate with you. By learning how the experience of communication with spirits involves the spirit body, and not just the soul or mortal mind we have together a union of spirit-to-mortal communication.

As you know, this study of the spirit body continues as a more concise and precise understanding and vision of the real and true nature of man, spirit and God, and the spirit world emerges that with your soul perceptions and spirit-senses, provides a true account of the mortal nature and Immortal nature of love and spirit and how the personality individualises this experience as a human and no differently than a spirit.

**309. *Details on the workings of the spirit body***

The spirit body has virtually a non-physical presence as far as it being seen in its place, situated with the physical body. Most people will never see their spirit body, feel or know its presence in their human experience. For those who become aware of the Divine Love, and experience this Love, may be able to perceive the presence of their spirit body as its spirit-systems interface with the physical attributes of the body. Its influence is very real as it has a large role in the forming of the human personality and the way the soul is situated in it. We know that the spirit body is virtually unknown in human awareness, because if it were visible and its presence known, then all humans would be easily able to accept, identify and recognise that they are spirits themselves, with the component and attribute of spirit already present through the duration of a physical life! If the spirit body were commonly visible to the naked

eye, this would solve the problem as to whether a spirit world exists or not. Can you imagine how beautiful human life would be if the spirit body was seen as it truly is, as part of the visibility of the human form and life experience? This should provide you with an image of how beautiful the natural and Divine Love Spheres are, in their presentation of humanity, seen living their spirit lives in their spirit body.

A spirit body is present in each human life. Each person has one and only ever one spirit body. A single spirit body, that is never replaced or reformed or re-used or reincarnated from the spirit world just like each person, will only ever have their single attribute of soul present. As you know, the spirit body develops as the physical body matures and the personality forms. The spirit body is never formed then in that original form, to remain static and unchanged in that original form. The systems of the spirit body mature in their form in the harmony of the forming personality. This has to be so, so that the spirit-mind can integrate the developing forming attributes of the individual human personality. This is paramount so that the experience and memories of a human life lived are retained in that part of memory located in the spirit-mind. We have to remember when we study the spirit body, that this body *is perfect* in its function and design to facilitate the human personality and attribute of soul. The energy of the spirit body is infused with the soul and the human body and its systems form part of the human energetic determination that the physical body has as its genetic origin of being. The spirit body has its own information that is entirely sympathetic with the information in a human being, and part of this information is to provide the means for a human personality to survive physical death and to continue to function in the mortal spirit world. The spirit body never interferes or acts independently to cause a malfunction in the forming of the human bio-function of the physical systems and the forming of the individual personality.

When people have near-death-experiences, a common theme is that one “Sees the Light” or experiences other forms of translucent quality that may change a person’s perception and awareness about the nature of human life. In a general study of these experiences, individuals who experience NDE’s are in fact experiencing part of them selves, which is the spirit-mind. The awareness of the individual and consciousness of the individual experiences their spirit-mind, which exceeds their normal physical and material awareness. This explains why one finds it so hard to explain why they have had such an experience, because humanity has very little knowledge of how the spirit body functions and is present in a human life. People have had so little experience of their spirit body that they cannot identify with that part of their soulful nature and therefore one may find it hard to put into words, what one has experienced. When one is in contact with their spirit-mind, time place and space may seem altered and this explains why one may feel or see themselves as being ‘out-of-their-body’ or in touch with spirits present with them during such times of mortal balance. When a human life is hanging in the balance by a thread, human awareness can move from the physical brain to the presence of the spirit-mind. The spirit body is always active in the life of a human being, though its presence and activity is diminished by the function of the brain and the physical condition of the human body. Some people have survived remarkable experiences and yet they have continued to live and this is due to the spirit-systems enabling the human to energetically survive. Why someone survives and another doesn’t, I can only say, this rests with God.

When an individual has an experience of the presence of their spirit body, this introduces a changed awareness that a person is more than what one perceived as being solely limited to the human body. Communication with the spirit world involves the spirit body and the attribute of soul and there are

many experiences that happen in human lives that involve the spirit body that people cannot easily identify or explain. If one studies the spirit body, then a greater image of the human being identified--especially as far as the soul and the personality function in their respective form. Not everyone, who has a NDE experience, has contact with their spirit-mind however, it does seem that whoever does, has their human awareness changed forever which is in keeping with the fact that they have been in touch with the real spirit-nature that forms part of the human being: form, energy, personality, spirit-mind, soul and self.

When people are in a coma, or deemed brain-dead, and are on a life-support system, the spirit body still remains present as an adjunct to the physical body. Whether one is aware in such a condition of living, that they have a spirit-mind, is another matter. There are no special considerations in the human experience as to the forming and functioning of the spirit body. The spirit body cannot detach itself from the physical body at will, so to speak. One may be in a coma for a considerable length of time but this does not mean, on the grounds of sympathy, that the spirit body suddenly decides on compassionate grounds, to leave the body and take up living in the spirit world. Humans who are compassionate, and who try to preserve and save a human life, may keep a person in a coma or extreme physical condition, for a length of time because of the medical advances that enable this to happen. Under normal survival mechanisms such as the conditions of living hundreds or thousands of years ago, people simply didn't survive such conditions. The spirit body can only leave the physical body when that physical body can no longer function. This moment is determined by the Spirit Law of Life and Death. Only God knows this working by the exactness of this very specific Spirit Law and upon this exactness, the same exactness of the Law that first formed the spirit body at the commencement of a human life, along with the incarnation of the soul, can the spirit body leave the human body at the end of that human life. No matter of the human intervention insofar as trying to save a human life, as soon as that Spirit Law recognises the Truth to the living condition of a human life, as far as its continuance is concerned, this Spirit Law knows that death is present by which this Spirit Law acts upon the spirit body and begins to extract the spirit body from the physical body. With the harmony that preserves the forming personality to retain its integrity as it leaves the influence of the physical body, and is now solely subject to the functioning spirit body. The soul, being in the spirit body, moves with the spirit body from the human being and world into the First Sphere of the Natural spirit world where living continues.

Once the spirit body is subject to this Spirit Law and complete separation occurs from the physical body, the soul and personality are now enclosed in the spirit body and can never be reinstated back into that deceased body or another human body. There has never been a mistake or error committed by God in the timing of a spirit body being extracted from a physical body and transitioning into the spirit world. People die from all sorts of things under normal and extreme conditions, but regardless of the way a person dies or the time that a person dies with regard to age, the personality survives as does the soul and spirit body, and the sum total of a person's life is constructed into the already formed spirit-systems that enable the personality to continue to function and engage now experiencing spirit life.

As we have previously explained in other works, the spirit body has within it the necessary systems and attributes to maintain the functioning and forming of the human personality. The spirit body changes in the spirit world. It becomes more pronounced with form, substance, image and definition. This continues to happen relative with the soul condition of the individual. If a spirit begins to receive Divine Love, the spirit body begins to change and becomes even more defined and identifiable. Those of us who reside in the Celestial Heaven have real spirit definition compared with the development of the

spirit body of those who are predominately living in their natural love soul condition in the social Spheres. The spirit body cannot exceed the development of the soul that resides in the spirit body. The spirit body only ever receives the energy from the Divine Love when the soul has received this energetic Love. The Divine Love, never conveyed by the Spirit directly into the systems or attributes of the functioning spirit body. This be said the same for when the spirit body forms part of the human physical body. Only can the finite attribute of soul receive the Divine Love. The more the soul is developed in its condition of love, the more this condition will be reflected in the functioning of the spirit body and consequently, the personality. And so, it is true when it is said: “Love and soul come first to which all else follows.”

This has been a long and informative message, with much to consider and should prove helpful to those who may desire to study the workings of the spirit body.

### 310. *The preservation of the human personality*

20 February 2013

The fact that the spirit body with the soul attributes are involved in physical human experience, reveals how these attributes are subject to the kind of physical experiences that the diversity of human life covers. People put their bodies through all kinds of experience and yet these attributes of soul and spirit body are never compromised or ruined with regard to their integrity. The soul and spirit body are involved in the dynamic of personality even though most humans have little comprehension or awareness of these attributes. When a person becomes a spirit, and the spirit body reflects the condition of the individual soul irrespective of the human experiences lived, each person is suddenly introduced to the awareness that they were more than they thought themselves to be in their human life. Every single person who commences their life in the spirit world realises that they are with a particular kind of body that was unknown to them when they lived life in the flesh.

Nothing made by humans can obliterate the attribute of soul or spirit body or the Spirit Laws that relate with these attributes in a human experience or their environments. The spirit body serves the purpose of the preservation of the attribute of soul and the individual forming personality. The attribute of the spirit body can never be dismantled by human experience and every single human personality will be preserved so that the individual can continue to live upon entering the spirit world.

### 311. *Optical vision*

21 February 2013

Zara has asked a question about ‘seeing and sight’.

The spirit body has within it, the attribute of optical vision. The capacity to ‘see’ is vital just as it is with most humans and their capacity of see with eyesight. In the spirit world everyone has spirit-optical sight and vision. A constant truth in the spirit world that involves us all is that there are no illusions of reality. There has never been anything created or formed here in the entire mortal or Immortal Spheres, by God or any spirit, that may deceive another as to the reality of spirit living. The only thing that is an illusion are the various natural beliefs that spirits have in the natural social Spheres about the nature of God, their life and how these Spheres came into being. These beliefs are a legacy left over from a respective human life. The Spirit Laws that exist here prevent anything from being made or formed by mortals and Immortals that would be out of harmony with the harmony that exists throughout all the Spheres. On Earth people can make an energy source that pollutes people and their environment. In the spirit world

this can never happen. No one here can make or create anything that is harmful to another or the environment one lives in. No one can cause injury to another and our environments are pristine as they have been since the dawning of man and the first personalities resided here after the completion of their human life.

The optical ability of each spirit body acts truly and is developed as a potential for optical spirit-vision in the spirit world and this is commenced when the spirit body first forms at the conception of a human life. Whilst a person cannot see with this spirit-optical vision of sight, it is nonetheless present and forms part of the systems of the spirit body. There are other senses such as audio for sound, which also develop along side the physical senses. Most people may never experience these senses of their spirit body while during their human experience. Everyone will experience these senses after the completion of each physical human life. Some people have experiences of the spirit-senses from their spirit body and soul in their human experience. When the personality is situated in the spirit body in the First Natural Sphere, these attributes of vision and audio are immediately engaged so that the individual can see and hear and feel connected to their new environment. These senses of the spirit body are automatically engaged and they don't require the individual to activate or cause these senses into action. There are Spirit Laws that do this and for the obvious reason. Most people have little or no idea about their spirit body and so, there is great assistance from God who takes into consideration the workings of the spirit body to ensure mortal life can continue seamlessly without any condition. Individuals learn how to work their spirit-senses as one become familiar with their spirit body and environment that differs from the experience of their previous human life.

If the world knew about the existence of the Divine Love, and for generations this Love actively taught, experienced, socialised, and comprehensively studied, then humans would be well-aware of the relationship between the attribute of soul and spirit body, and how the energy of the Divine Love develops both these attributes. We can theorise that if humans lived a thousand years in the generations of living in the awareness of the Divine Love, then individuals would actively participate with the systems of their spirit body as an adjunct to their living their physical life. This is what the term: Light and Life means. The Spirit Laws that work with the spirit body in the Spheres in the mortal spirit world are not confined to the spirit world alone. These Spirit Laws have complete accessibility to human life because this follows the Truth that God's Divine Love can be experienced in the soul of people living on Earth.

The optical attribute developed in the spirit body is perfectly suited for spirit living. The light source in each spirit Sphere is generated by the existence of spirit energy that acts as the illuminator and this light is substantially present in each of the Spheres. Our light source is not powered by generators, but by a source of energy, spirit energy, generated by the convergence of various Spirit Laws that cause a spirit-fusion to happen. It is endless in supply and sympathetic to accommodate the soul condition and spirit living for each respective Sphere. We never have a darkness such as night is to Earth, for there is no Sun. We have the ability to close out the light in the environments that we reside in, such as our homes, so that our spirit-senses can rest from the light and we can regenerate from our activities much in the way one needs sleep and rest for the physical body to regenerate.

When a person becomes a spirit it takes a little time to adjust to the spirit body. When the optical ability is familiar, along with the other senses, one can see distance and minute detail. The light that is present in each Sphere is in its energetic presence, perfectly made so that the senses of the spirit body can

identify with it. The optical ability in the spirit body never malfunctions and everyone has perfect sight. This is the same with all the other senses of the spirit body.

The only condition that forms part of the functioning spirit body as to its ability to function in the spirit world is the condition of the soul. If the soul condition is poor, then one is limited in their capacity to work with their spirit-senses. Whilst these spirit-senses are perfectly formed, the individual in a weakened soul condition, the individual will have their spirit body functioning with a diminished capacity. As I stipulated before, there are no illusions in the spirit world. No one can make them selves out to be anything other than what they truly are, with regard to their true soul condition. Individuals in a poor soul condition living in their disharmony have optical vision and light fills the Spheres that they reside in. Their spirit-senses are diminished because the various Spirit Laws that assist with harmony, progression and experience, cannot fully operate with harmony upon one's soul condition until that condition of soul, is more sufficiently developed in the responsibility of its natural love.

The spirit body is truly a magnificent creation, a true work of wonder. The optical and other sensory attributes of the spirit body are perfectly suited to interact with the spirit-energy and spirit-material that form each of the distinct and diverse spirit Spheres. The expression: 'light sensitive' really comes to mind to describe the senses of the spirit body. If a spirit in the First Natural Sphere where to visit the Celestial Heaven the optical and sensory condition of that individual would not be developed to the sufficient quality to relate with that Celestial environment. The process of living with the Divine Love develops the soul condition, which in turn, develops the senses of the spirit body so that as one advances in one's condition, the senses of the spirit body are developed to accommodate the changing spirit environments. If you follow the course of this progression, then you will ascertain why it is necessary to receive the Divine Love. Because without it, one will never be able to sufficiently develop their soul condition and thus develop the senses of their spirit body. The spirit body will retain its condition with its soul that exists in its natural love. Without the Divine Love the spirit body cannot progress beyond the natural condition that each soul resides in. The more the soul condition is in harmony with God, the more the senses of the spirit body mature so that the greater vision and reality of God and love emerges and any illusion that one may have had about such existences disappears from the social view of mortal belief.

### 312. *Word on the Social Spheres*

22 February 2013

The audio-sense of the spirit body is as real and audible to the individual as the optical-sense is, one is never overwhelmed by sound-sensory input in the spirit Spheres. Our capacity to hear and experience sound is as real to us as it was when we could hear the sounds in our human experience. I can listen to external sound and I can listen to my internal sounds of inner thoughts, voice and feelings. We don't have vocal chords as such, but we do have ability to form sound when we communicate. This is another remarkable aspect of how the spirit body works in relationship with our attributes of personality. We have all the senses to receive external sound and our spirit-mind is highly organised in its form to make sense of the sound-vision we communicate with. If one lived with a disability of being deaf or blind in their human life, in the spirit world one's spirit body will see and hear. There is never any *dis-ability* in the form and function of the spirit body in the spirit world. Any physical disability caused by the varied conditions of the physical body, are not carried over to continue this disability in the spirit life. The only disability that one is disabled by, in the mortal spirit world, is the disability caused by poor soul condition. This has been explained to you before. The soul condition of the individual determines

everything about how well the spirit body and personality functions. The choice to improve one's poor soul condition is always a choice present and a choice when asked for help, this service of help and hope is never withheld! The Spirit Law of Assistance, always present and the opportunity to improve one's soul condition is, ever present.

The spirit body doesn't create spirit waste as the human body has evolved to do. The energy required for the spirit body comes from the Sphere environment itself, is an abundant energy in supply, and like the light present, this energy provided for by God for one and all. This energy is infused by the spirit body and is the energy that sustains the individual. A Spirit Law enables the spirit body to receive this energy as the normal life force of energy that fuels activity in the spirit body. People who are now spirits may believe that they are consuming 'things' to do with the appetites derived from the habit of their physical lives, but the reality is these individuals are only repeating the actions from their memories and derive no energy from it. The spirit body in its form is perfectly suited to living in these Spheres and these Spheres have been created and formed to facilitate the attribute of individual personality that forms part of the spirit body to function. Spirits require energy for they are not self-sustaining and we know this because not all spirits are receiving the Divine Love that is the direct energy for the soul.

The most important thing to understand about spirit life is soul condition. Everything in these Spheres is personality-friendly. In these natural Spheres, soul condition is apparent even though the individuals may not be aware of the existence of their souls. In this work, we have referred these natural Spheres as *social Spheres*. Individuals living in these social Spheres are not consciously developing their soul condition by receiving the Divine Love. The activity in these social Spheres remains very consistent with the socialising of relationships, as once lived on Earth, the knowledge of the soul and why it exists remains unknown to these individuals just as it is predominantly on Earth, and that one finds it difficult to provide concrete evidence for the existence of the soul.

Why one person or spirit desires to learn about their soul, when another doesn't? The answer is in the social freedom and independent nature of each individual personality. Without sounding judgemental, Celestial spirits include the humanity on Earth as a social environment. There are individuals who are aware of the Divine Love, and individuals who are aware of the Divine Love and are working on their soul condition. All peoples are involved in their social aspects that form and comprise humanity. If one were to see spirit life in the Natural Spheres, one would see how social human nature is and consistent with the differences of beliefs and experiences that make humanity diverse and wonderful. When a person receives a spirit communication from a natural spirit, there will not be much content or substance to any such message, for the soul condition of the spirit will not be sufficiently developed so the communication will more than likely be of a social visit. All the way to the Sixth Natural Sphere, spirits socialise. In the Sixth Natural Sphere, the intellect is the dominant attribute of the personality. Communication by a spirit in the Sixth Sphere with a person may sound like an advanced 'take' on what people already know. This may sound judgemental on my behalf, but I can only report and state what is true. Without the inclusion of the Divine Love, the spirit body can only function to the condition of the soul in its natural love and the personality cannot exceed the condition of the soul and its spirit body and this is just how it is. I will leave you for a moment as we draw breath.

### 313. *The silent participator*

Of course, the personality is now situated in the spirit body as the soul is. For everyone who becomes a spirit this is a new experience. Becoming a spirit doesn't necessarily make one suddenly 'spiritual' or advanced in any special or unique way. Until the spirit body has the active energy of soul engaged and activated by the Divine Love, the individual remains in their natural condition and their soul, the silent participator in their mortal spirit living. The senses of this natural soul condition of the spirit body, is the principle nature of love that the personality functions and experiences one's natural social life.

When a person begins their receipt of the Divine Love in their human experience, whilst the soul and its image with the image of the spirit body may still appear as being 'invisible', the receipt of Divine Love does cause changes in the soul which consequently cause an effect in the spirit body. When that person transitions into the spirit world it does make it easier for that person to continue in their progression, for an awareness of the Divine Love, already known. Spirit living happens when the soul is involved. All the teachings contained within the Padgett Messages reveal this Truth.

The introduction of the term: New-Birth is exactly this. The Divine Love engages the soul, the energy of the soul changes, which in turn progresses the systems of the spirit body, which in turn develops the attributes of the personality. The New-Birth involves the spirit body as much as it does the soul for you cannot change the condition of the soul without causing an effect in the spirit body. This experience of change from the purely natural and mortal into the Divine and Immortal, can take place in a physical life just as it takes place here in the spirit world in a spirit's life. The only difference between a human or spirit beginning their change from the receipt of the Divine Love, is that the physical condition of the human body and the social presence of people in a human life may prevent one from fully recognising that change is happening in their spirit body and soul.

A spirit can visibly see how, with the receipt of the Divine Love, there are visible changes to their spirit body even though the visibility of their attribute of soul remains relatively unknown to them.

### 314. *Distinctive Differences*

23 February 2013

These messages that I have conveyed to you will add wonderful vision on the nature of the spirit body.

I would like to convey a few things to add to the overall vision and experience of this work. In the human experience people form social laws for living, people live within these laws and the drama of social life goes on. Every person is subject to natural laws such as the field of gravity. People live in different Countries and each Country has its respective social laws that have been implemented as the Country has evolved. This has been the way of things for thousands of years. Humanity lives in the diversity of social laws yet humanity all share in one common law, the field of gravity. People create social laws and impose these laws and this is how it has been done throughout the mortal Ages. In the Natural spirit Spheres there is no need for this to happen. The humanity of spirits do not create the social laws for living and every single spirit is subject to the status quo of the Spirit Laws for social living that are existent in each Sphere and relate directly with soul condition irrespective of what the ego may desire or think to the contrary. There is a good reason for this. On the face of the Earth, humanity lives with distance and humanity establishes its own social laws for living. The whole of humanity reside on one surface even though humanity has created a diversity of social laws. In the spirit world the

humanity of spirits reside on different surfaces, as there are numerous Spheres. Humanity is spread among these Spheres all relative to their soul condition and the invisible Spirit Laws work in their unseen way and impose their attraction so that each spirit person resides in the environment that their soul condition is harmonious to.

We have introduced the reality of the First Natural Sphere. If only this Sphere existed as the mortal spirit world, then the humanity of spirit life would converge in this one giant Sphere and everyone would be together irrespective of soul condition – just as you do when living on Earth. Thank goodness this isn't the case. The Spirit Laws establish the ways of social living just like other Spirit Laws establish the way the soul condition is changed from the mortal into the Immortal by the receipt of the Divine Love.

The Spirit Laws here are greater in their working than any social spirit behaviour. The individual in the spirit world cannot forcibly remove or circumvent by their effort these Spirit Laws to cause or by-pass their effect. One need keep in mind that the entire experience and existence of spirit life involves the personality, the spirit body and the soul condition and so, it is with these Spirit Laws that life is acted upon the soul and not solely on the personality or the spirit body. Most individuals living in the Natural Spheres have little idea or awareness as to the nature of these Spirit Laws. One is not of sufficient soul condition for their spirit body senses to identify the existence of these Spirit Laws. Humanity lives like this on Earth and yet it continues to survive just like natural spirits continue to live like this and they continue to survive. Saleeba, the bright and beautiful, lived in the Natural spirit world for four thousand years before the human life of Jesus and the opportunity to receive the Divine Love. During Saleeba's Earth life she lived as a woman of position with little development or interest in her intellectual pursuits. During her long time in the Natural Spheres her attributes progressed slowly and eventuated in the realisation of the perfection of her intellectual development and in this, Saleeba had perfected her natural love only to advance her soul condition once she became aware that she could, by receiving the Divine Love. And now she is in the Celestial Heaven with all her attributes engaged and activated, with the inclusion of the Divine Love and soul condition and spirit body reflecting this wonderful image. She is working along side you in this work and account of her story and experience previously conveyed in the spirit writings of James Padgett.

If one in their experience of this work has ascertained that there is in existence two distinct Loves: the natural love and the Divine Love, then one will ascertain that this forms the structure of the mortal spirit world. The source of the Divine Love is from the Soul, God. In the mortal spirit world there are those who live with God and there are those who don't. There are those who live in their social life in the Natural spirit world and there are those who are participating in their relationship with the universal Soul, God. This is a complete image of the whole of the mortal spirit world in its two halves: the mortal and the Immortal Spheres.

There are many distinctions between the Natural and the Divine Love. Learning about mortal and Immortal life involves sorting through these distinctive differences that depict life lived on Earth and life lived in the spirit world. Every single spirit body is unique just as every single soul is unique and every single personality is unique. There are never twin spirit bodies or identical spirit bodies. Each personality has its unique characteristics that identify that soulful person to be, individually independent.

There are no creatures or animals existing in the mortal Spheres. History and biological species that evolve from the Earth remain of the Earth. There are no dinosaurs or sabre-tooth tigers or mosquitoes living in the mortal Spheres. There are historical references but the actual existence of these species, do not reside in some astral form or another. This be said the same for pets and goldfish. One may find this hard to reason why, when people can love creatures and environments but as one progresses in Divine Love, one will realise that it is the content of soul and spirit body consistent with each mortal personality that provides a human or spirit to personalise their individuality with the living and loving Soul, God. There is an energy field that surrounds everything because everything has some component of energy. Until one is aware of what the human and mortal soul is, and how the spirit body is formed and how it functions with personality, people will always place themselves equal with creatures and love them or kill them, nurture or injure them, construct or destroy natural environments and always present from God's perspective is the Law of Compensation.

With much love and blessings to you both, and I have thoroughly enjoyed contributing these works of Love and Spirit and the nature of the spirit body.

Your Celestial friend,  
Eugene

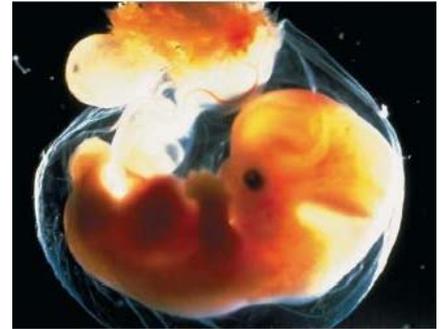
Eugene Morgan was a friend of James Padgett while James was receiving the 'Padgett Messages'.

**The New Way: learning how to live true to ourselves by living true to our feelings.**

**Note:** Following the writings of James Moncrief, one could consider that any reference to the Father, by other relevant writers, may be read as a reference to 'our Mother and Father'. Further, when considering soul healing, then reference to Divine Love could be referred to as 'Feeling Healing with Divine Love'.

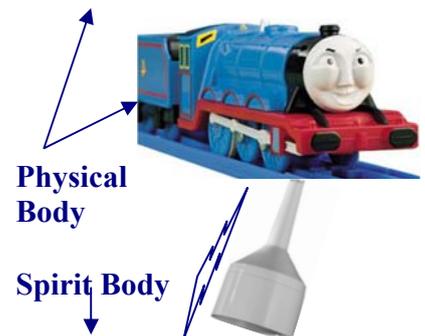
**PRAYER for DIVINE LOVE:** library download pages at [www.pascashealth.com](http://www.pascashealth.com)  
**Kindly visit the library download pages at [www.pascashealth.com](http://www.pascashealth.com) as further recordings are added.**  
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**Prayer for Divine Love – from the Padgett Messages**  
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**The Voice of Divine Love**  
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The creation of the embryo is the creation of both of the physical body and the spirit body as well as the personality. The spirit body is far more capable than the physical body. A soul half is attracted to the embryo thus achieving incarnation of the soul half and completing the individualisation process of the soul half. We are all half of a soul, the other half incarnates into an embryo of the opposite sex.



The soul half individualising is just a tiny invisible spark of the substance, natural love, but even then it is enormously capable.

The life force of the soul takes over the spirit body through the connection of a golden cord. Through this connection some of the senses and capabilities of the soul are fed through to the spirit body. In turn, through a silver cord, the senses and capabilities are further dumbed down into the physical body.

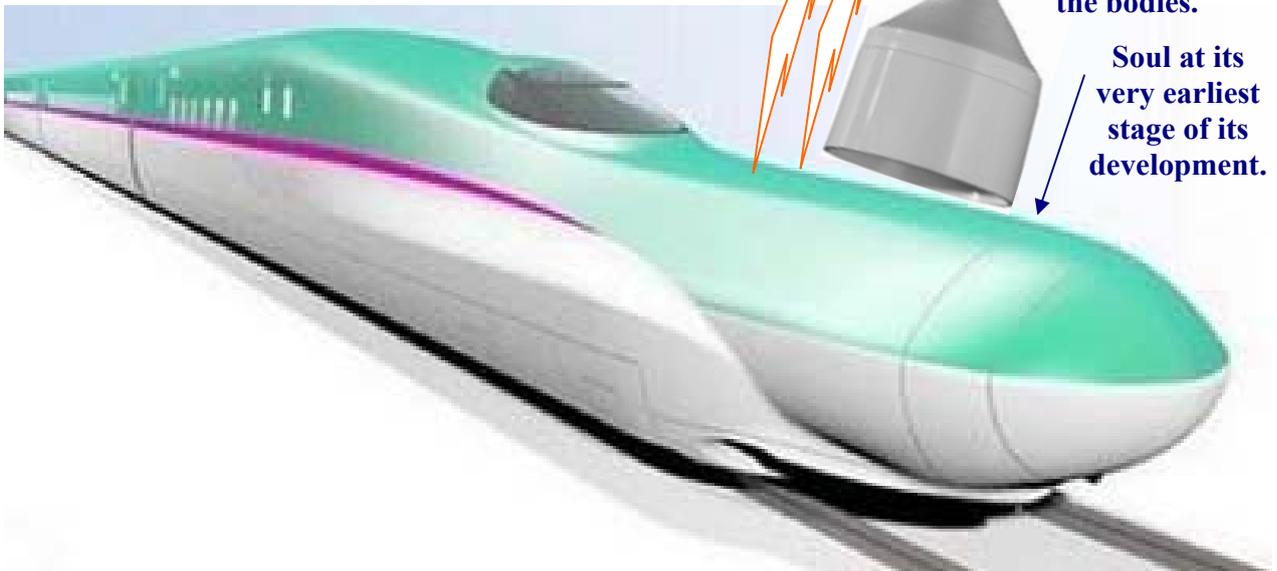


We will discard the physical body as we progress on our journey of growth in love.

It is impossible to comprehend the relativities. Consider the soul being equivalent to the most capable high speed train on the planet. This soul is then connecting and animating a powerful steam locomotive, which in turn is connecting to a toy locomotive – Thomas the Tank Engine. Now, it is this little toy locomotive that most of us consider to be our real self! It is our soul that is.

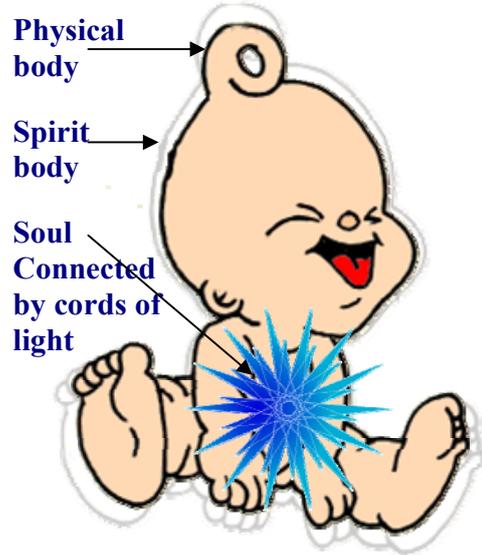


Our physical experience is like being on training wheels while we begin to feel our way forward having completed the individualisation process.



A newly individualising soul is just a tiny invisible spark.

The soul nests inside of the spirit body, never to be separated.



The life force for the spirit body and the physical body is via the soul. The spirit body is connected to the soul via cords of light, and in turn, the physical body is connected to the spirit body via cords of light. Should the light cords between the spirit body and the physical body be disconnected then the physical / material body dies. The physical body is our starting point for learning and experiencing our being. Our learning and growth experience then continues through the existence of the spirit body.

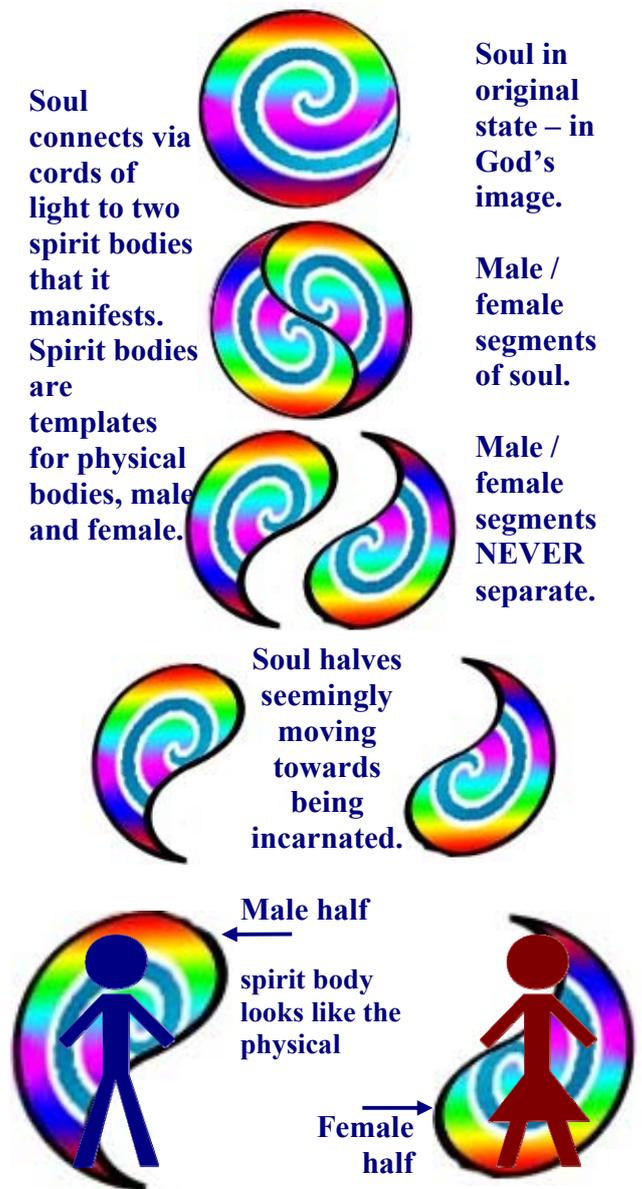
**The SOUL DOES IT ALL.** THE SOUL INITIATES CONCEPTION AND THE GROWING OF THE PHYSICAL AND SPIRITUAL BODIES, AND ALL THAT CONNECTS THEM TO EACH OTHER AND TO THE SOUL ITSELF.

The soul oversees EVERYTHING – we are soul. And our soul is duplex, in that it has bestowed upon it, two unique personalities by its Creator Parents – our Heavenly Mother and Father. So at conception, our soul incarnates you, one of the two personalities into Creation – life. The soul does it all. The soul doesn't come at some point embracing the embryo. The embryo wouldn't exist if it weren't for the soul wanting it to exist. We are never separate from our soul.

We are one of the personality expressions of our soul, our soulmate is the other one, our 'other half'. Our soul can incarnate its two personality expressions at different times on Earth. With each 'half' experiencing life as a full individual and independent personality destined at a predetermined time to meet each other, which will more than likely happen at some point through one's Healing or when one has finished it. And whilst we're living in rebellion against our soul, ourselves, our truth, so it's highly unlikely we'll have anything to do with our soulmate until we start to heal that rebellion, because we are anti each other – anti the truth of ourselves and each other. We can ONLY experience true soulmate love when we are FULLY healed of our rebellion and default – when we've done our Healing.

And our soul would naturally, had we not been unlovingly interfered with by our parents, evolve us in truth through our feelings and the experiences that give rise to them. However because our parents unwittingly got in the way and stopped our soul from doing this, so we've become untrue and have to do our Healing to sort ourselves out, to bring ourselves back into being how we would naturally be were we not screwed around with.

The point of our Healing is to find the whole truth of our unloved state, all through our feelings and not with our mind. So once the truth is revealed, we can be set free of that untrue state. So we're not to look for specific traumas, we're not to try and home in on them, bringing to light all the bad feelings associated with them, then we're 'healed' of it, able to resume our life without the burden of that terrible experience. Certainly our Healing will do that, heal all the bad feelings associated with and resulting from that traumatic experience, however it doesn't stop

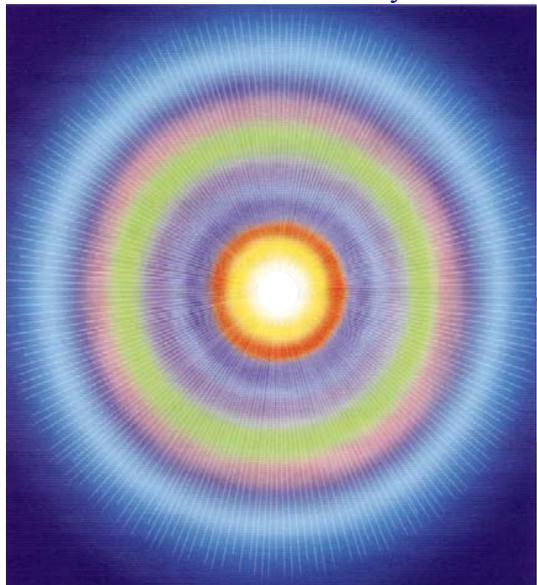


there, it goes on and deeper until every aspect of self-expression that has been thwarted by negative unloving parental and childhood experiences – all one's trauma from feeling unloved, comes out and the truth seen. So healing our specific traumas is only one part of the Healing, with it being much more.

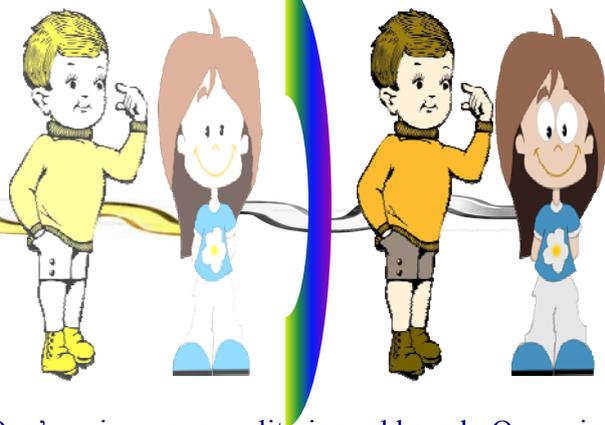
### DIMENSIONS of ONE'S EXISTENCE:

Our SOUL IS NOT ENSOULLED IN OUR SPIRIT BODY. Our soul exists existentially in a whole different level or plane or place or dimension of being – 'soul land'. It doesn't exist in Creation, it's not experiential like Creation is. The soul, all souls, help create their part of Creation by expressing their personalities into Creation, and then by having their personalities do things (further create) in Creation.

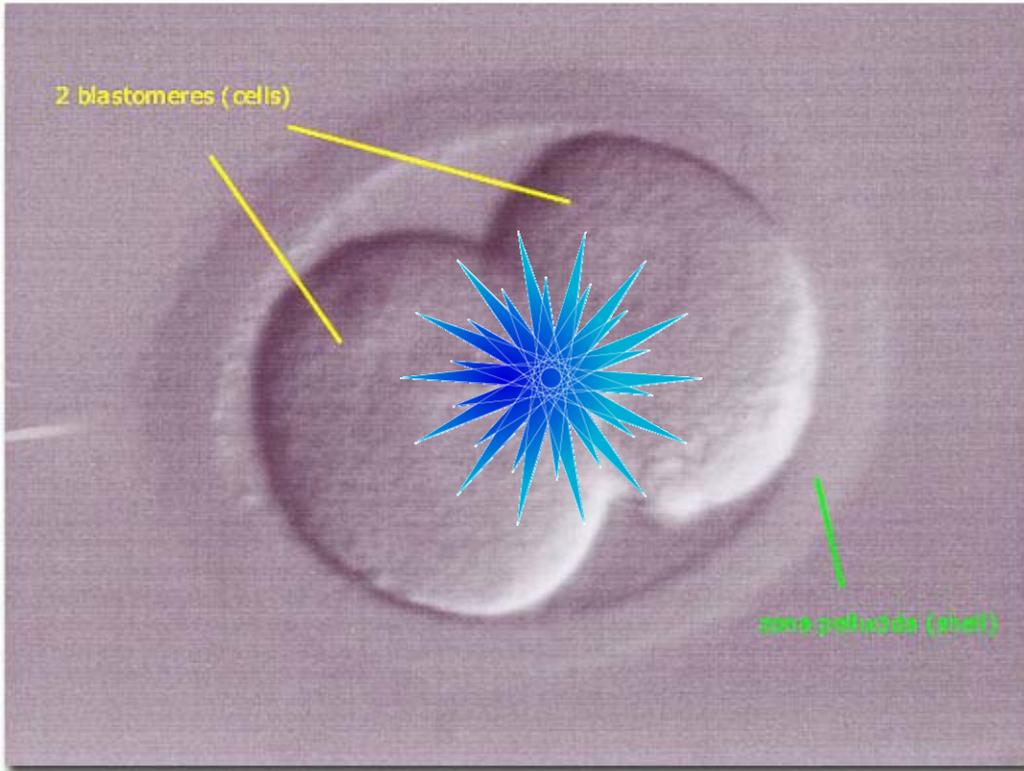
SOUL exists existentially



Our Physical Body and our Spirit Body are of Creation, being linked together by cords of light as are the two spirit bodies, male and female, to the one Soul.



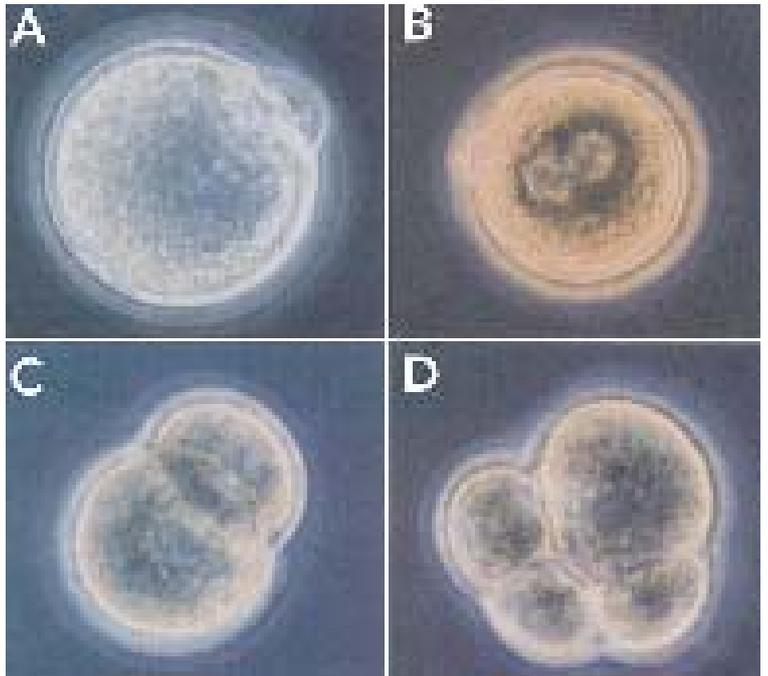
One's unique personality is soul based. Our unique soul expresses its unique personality through the two spirit bodies and physical bodies expressing both the male and female aspects.



The Soul of the newly forming baby, being the life force, connects to the embryo during these very early stages of development.

The soul connects at the moment of conception.

**2 Cell Human Embryo – Photomicrograph (microscopic view) of a 2 cell human embryo that has developed during a cycle of In Vitro Fertilization and Embryo Transfer. Normally, a two cell embryo is seen about 22-44 hours after insemination with sperm.**

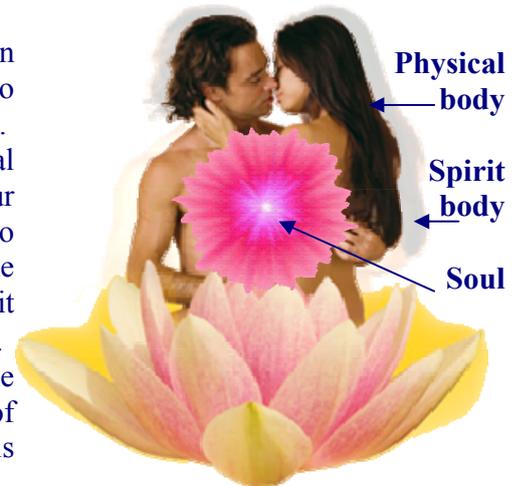


**Initial fertilization events of the *Spisula* embryo:**

- A: Polar body (50 min)**
- B: Pronuclei formation (72 min)**
- C: First cleavage (112 min)**
- D: Second cleavage (173 min)**

### The REAL YOU is the SOUL:

One's personality, natural intelligence, memory and human attributes all are soul based. The soul initiates conception so it can start expressing one of its two personalities in Creation. It creates the will, then 'wills' the spirit body and physical body and all that connects them with the will into being. Our soul constantly sustains or expresses us, one of its two personalities, in Creation. The spirit can't separate from the soul because the soul keeps it in existence. We need our spirit and physical bodies to experience our personality through. When the spirit body separates from the physical body, one continues on living in a different form without losing any of the attributes experienced during physical life. Incarnation is the process of individualisation of the soul.



Without a soul, our physical bodies would function and interact similarly to that of a domestic animal. An unsouled human body (thought not possible) would respond like a household puppy! Domestic animals calibrate on Dr David Hawkins' Map of Consciousness between 200 and 250, the human body calibrates at 200. All animals have spirit bodies, these do not survive into the spirit Mansion Worlds. Our SOUL IS NOT ENSOULLED IN OUR SPIRIT BODY. Our soul exists existentially in a whole different level or plane or place or dimension of being – 'soul land'. It doesn't exist in Creation, it's not experiential like Creation is. The soul, all souls, help create their part of Creation by expressing their personalities into Creation, and then by having their personalities do things (further create) in Creation.



**Our first parents, Andon and Fonta (also called Aman and Amon), were the first to exhibit human perfection hunger some one million years ago (993,500 years ago). Adam and Eve, Adamite bestowals, arrived some thirty eight thousand years ago – or earlier.**

**Aman and Amon** were the first True Humans, which means, the first soul expressing its soulmate pair, its two personalities, in Creation – on Earth. From which came forth the rest of us. So they had a soul from the start, which separated them from their animal parents. It's the soul that wants to fully express itself through its two personalities perfectly in Creation, which is the so-called 'human perfection hunger'. It, our soul, wants to be Perfect like its Heavenly Parents, the Soul that Created it. We, focused as personalities, want to be perfect, like the Personalities of our Mother and Father that are Perfect. Our soul wants to be like Their Soul. Our soul wants to ascend us to Paradise so we can be with Them, as physically close to Them on a personality level that we can be, and then see what happens.

There were aunts and cousins, parents and grandparents. But they were not human like Aman and Amon – they were really animals, though of the same species. Aman and Amon wandered off from the family, since they could find no way of relating to them at all. How could they? They were incapable of rational thought, speech, or anything human. Aman and Amon knew that forevermore that they were apart.

Aman and Amon may have been twins. They were indeed a primate species of humanoids. But they, themselves were more beautiful than their animal relatives, and they knew, even from their very appearance, that they were marked even by Nature to be different.

January 16, 1916 – Paul

Book of Truths by Joseph Babinsky

I am here, Paul, of the New Testament

I come tonight to tell you of a truth that is important for men to know, and which you must place in your book of truths. I have written you before on my alleged writings as they are contained in the Bible, and which, as I have said, were not written by me as they there appear. I desire tonight to write for a short time on the subject of the Resurrection, because, as I see, the church doctrine of the resurrection is founded more on what is ascribed to me than on the writings of the Gospels, though the latter also contain a basis for the doctrine.

I never said there would be a resurrection of the physical body nor of the individual clothed in any body of flesh, but my teachings were that man at death would rise in a spiritual body, and that not a new one made for the special occasion of his departure from the material body, but one that had been with him through life and that came into an individualized form when he first became a living being. This spirit body is necessary to man's existence, and is that part of him which contains his senses and is the seat of his reasoning powers. Of course the organs of the physical are necessary for the utilization of these senses, and without these organs there could be no manifestations of the senses, which are inherent in the spirit body. Even if a man should lose the perfect workings of his physical organs of sight, yet the power of seeing would still exist in him, although he might not be able to realize that fact; and this same principle applies to the hearing and the other senses.

So when man loses his physical organs which are necessary for him to see with, he is dead as to sight, just as dead as he ever becomes with reference to all the other organs of sense when the whole physical body dies; and were it possible to restore these physical organs that are necessary to enable him to see or hear, he would be able to see and hear just as he was before their loss. The restoration of these organs does not, of itself, bring him the power to see and hear, but merely enables the faculties of sight and hearing to again use the organs for the purpose of manifesting the powers which are in and a part of the spirit body.

When the whole physical body dies the spirit body, at the very time of death, becomes resurrected, and with all these faculties of which I have spoken, and thereafter continues to live free and unencumbered from the material body, which, these organs being destroyed, can no longer perform the objects of its creation. It becomes dead, and thereafter never has any resurrection as such material body, although its elements or parts do not die, but in the workings of God's laws enter upon other and new functioning, though never that of reuniting and forming again the body that has died.

So the resurrection of the body, as taught by me, is the resurrection of the spiritual body, not from death, for it never dies, but from its envelopment in the material form which had been visible as a thing of apparent life.

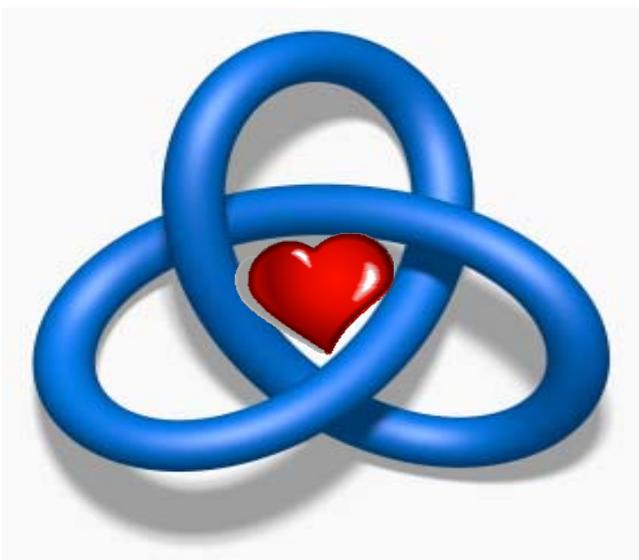
There is a law controlling the uniting of the two bodies and the functioning of the powers and faculties of the spirit body through the organs of the physical body, that limits the extent of the operations of these faculties, to those things that are wholly material – or which have the appearance of the material – and when I say material I mean that which is grosser or more compact than the spirit body. Thus these faculties of sight of the spirit body can, through the organs of the material body, see what are called

ghosts or apparitions as well as the more material things, but never, in this way, see things of pure spirit. And when it is said that men or women see clairvoyantly, which they do, it is not meant or is it a fact, that they see through the organs of the physical eyes; but on the contrary, this sight is one purely spiritual, and its workings are entirely independent of the material organs.

Now when this body (the material) dies, the spirit body becomes resurrected, as it is said, and free from all the limitations which its incarnation in the flesh has imposed, and it is then able to use all its faculties without the limitations or help of the physical organs, and, as regards the sight, everything in nature, both material and spiritual, becomes the object of its vision; and that which the limitations of the material organs prevented its seeing, and which to men is the unreal and non-existent becomes the real and truly existing.

This, in short, is what I meant by the resurrection of the body; and from this you will realize that the resurrection is not to take place at some unknown day in the future, but at the very moment when the physical body dies, and, as the Bible says, in the twinkling of an eye. This saying of the Bible attributed to me, I did write and teach. This resurrection applies to all mankind, for all who have ever lived and died have been resurrected, and all who shall live hereafter and die will be resurrected.

**“The Earth is a mere image of the realities of the spirit world, and exists only as the nursery for the individualizing of the soul.”**



**Immortality with the Love.**

**Feeling  
Healing with  
Divine Love is  
the key!**



May 26, 1919 – Francis Bacon

Book of Truths

If man would only think for a moment of what matter or the material is, they would comprehend the possibilities of its workings and functionings, and also, of what use may be made of the same by the minds of the spirits operating upon it in the spiritual world; that is in the world beyond the comprehension of the five senses of men, which are only the means of the spirits working in the ordinary purview of the physical life.

Matter is eternal, and exists in all the spheres of the spirit world just as it does on Earth, although in different forms and attenuations, and in conditions that may or may not be the objects of the physical senses, or of the senses of the mind which are superior to or exclusive of these mere physical senses. Matter is, in its essential nature, the same, notwithstanding the fact that it assumes different forms – some visible to the ordinary senses of men and some entirely outside of that view or sensation, and as to these senses wholly nonexistent, yet to these other senses of the mind just as real and tractable and subject to the influence of the workings of the mind, as the merely physical matter is to the five senses of men.

The world in which men live is composed of the material, and the world in which I live is also composed of the material, of the same nature, but of different consistencies and objective qualities. The material of the universe is always material, whether or not it be cognizable by man and subject to his thoughts and inventions and uses; and as man progresses in the study of the same – I mean the practical and experimental – he will discover that there are things of the material in nature which to him are being developed and made known, and which a few years before he had no conception of their existence.

Such is the discovery and use of electricity, and the workings of the laws of nature which enables him to make possible the effects of wireless telegraphy. These discoveries and workings of forces of the unseen are nothing more or less than a certain kind of knowledge controlling the same as to his consciousness has become apparent. But in all these operations, matter is the thing made use of and not any spiritual power as commonly understood by men. So you see matter, whether in the grossly physical of Earth or in the more attenuated and invisible of the spirit world, is that which is used to produce effects and is operated on by the mind, whether or not it be tangible and understandable or not. The mind is an entity indivisible and united, and is not separable into the subjective and objective as men frequently teach, except in this: that in its workings, that part of the mind which controls the brain in the ordinary affairs of life may be called the objective, and that part which is suited for and used in controlling the material after it has been transformed into the purely invisible may be called the subjective. But it is all one mind and exists in man while on Earth, just as it will and does when he becomes a spirit.

Man in his journey through life, and I mean when in the Earth existence as well as in the eternal part of his existence, is always of the material, that is his soul has a material covering and appearance, and while this material covering changes in its appearance and quality as he progresses in the spheres, yet the gross physical of his Earth life and the sublimated spiritual of the eternal part of his life, are both of the material – real, existing and tangible – and used for the purpose of their creation, namely: the protection and individualizing of the soul which they contain.

Now this being so, you can readily understand that man, when he gives up the coarser physical of the

human body, does not cease to be of the material but becomes an inhabitant of the finer and purer material of what is called his spirit body; and this body is subject to the laws governing the material just as was his physical body subject to these laws; and the spirit, which in this sense is the real man clothed in the material, controls and uses that material more effectually than it did when on Earth, bound in the physical. All the material of the spirit world is used and formulated by the spirits according to their degree of intelligence and development as the occasions for such uses may arise, and such use or the effects of the same are or can be made known to man according as his limitations admit.

Ordinarily, man's understanding of the effects of the spirit's control of the material of the invisible world is limited by the capacity of his five senses to comprehend, and as these five senses were created for the purpose only of permitting or helping the spirit to manifest itself with reference to those things which belong to the wholly physical of Earth, it rarely happens that men can perceive the invisible material or the workings of the laws controlling the same.

Now in what I have said this spirit is merely the mind of man – the same indivisible mind that he possesses when on Earth, but which because of the limitations of the physical organs he was not able to function as regards the invisible material, so that man could understand that functioning and its results.

Man when he dies is thereafter the same being in all his faculties, desires and thoughts and in his ability to use the material as he was before his death, except that the purely physical organs of his own being are no longer his, and as to them he is dead; but strange as it may seem to you he can and often does control the physical organs of another man who is living in the flesh, if that man will submit to that control. And when you think for a moment you will realize that there is nothing remarkable in this.

The mind of the spirit remains just the same as it was before his departure from the body, having all its powers and thoughts and consciousness, and if it can obtain control of that which is necessary to manifest itself to the consciousness of men, there will be no difficulty in its doing so, and nothing unusual or supernatural. Its own organs of brain and nerves and the five senses having gone, and the brain of every other mortal being subject to the control of its own mind, so long as that mind claims the exclusive use or control of these organs, the mind deprived of its own physical organs cannot control, because it is a law of being that no mind in its normal state can be intruded upon by another mind, and unless the mind whose seat and functioning are within the spirit body which is enclosed in the physical body possessing these organs, consents to the control of such organs by the other mind, it cannot use such organs. But the power is in the disembodied spirit or mind; only the opportunity is wanting.

When the spirit desires to control the invisible material, it is limited only by its intelligence and knowledge of the law governing such control, and its progress in the spirit spheres.

*Thanking you, I will say, goodnight.  
Your friend – Francis Bacon*

**PASCAS  
HEALTH**



March 23, 1916 – Jesus

Book of Truths

I am here, Jesus

I am here according to promise and desire to write you on a subject that all men should be acquainted with – how the Divine Love enters into the soul of a man.

As I have told you before, **man is a creature of God, having a body, spirit and soul.** All these are necessary to make the perfect man. But these three parts of man are different in their characteristics and functions, and are separate and distinct, and have qualities that are unlike in their composition as well as in the duration of their existence.

The body, as you and all men know, has an existence which lasts only during the life of the mortal on Earth, and after that life ends, dissolves into its elements, which no more can form the same body either in the mortal world or in the spirit world, for these elements are merely things of matter and may be and are used to form other bodies and manifestations of the material of nature – not necessarily in the form of human beings, for they enter into other forms both animal and vegetable, and are so disseminated that never again will they become parts of a resurrected body. Your orthodox do not teach this truth, but think in some mysterious way that the mortal body will sometime be resurrected.

No; the body when it has performed its function of maintaining and shielding the soul and spirit of man during his Earth life, is no longer and cannot thereafter be a part of that man, and may be considered as something that is no longer a part of him. This body though, as a matter of fact, even during the life of the mortal is not the same body during that life, for continually is there changes in the elements that compose that body; and one element or set of elements, gives place to others and becomes lost or absorbed in the great sea of elements that help form or constitute the universe of God.

By operation of the laws of attraction and repulsion, these elements, as they replace others which disappear, conform themselves to the general appearance or outline of the parent body, so that the identity of the body as well as of its appearance is preserved; and as a man grows older, the laws which make the changes in his appearance cause these new elements to conform to these changes, so that, even while the material continues to envelop the spirit during the short span of a man's life, yet that material is not the same for any length of time. I make this preliminary statement merely to show that the material part of man is not at all connected with the real man, so far as the persistent nature for him is concerned, and this material need not be considered in discussing the subject that I desire to write about.

The spirit part of man is that part which contains what may be called the functions of life and the force and power existing in him and which immediately control him in his conduct and living. This real, existing principle of life, unlike the body, never dies, but continues to live after the spirit drops its envelope of flesh.

This spirit part of man contains the seat of the mental faculties and reasoning powers, and uses the organs of the material body to manifest these attributes. These faculties live and exist, even though the physical body may be in such imperfect condition that the spirit may not be able to make its manifestations in such a way as to enable the mortal to perceive or sense the material things of nature, as they are called. To specify, even though the material organs of sight may become impaired or

destroyed, yet in that spirit body, which is within the physical body, exists the actual sight just as perfectly and completely as if these impaired or destroyed organs were doing their functioning; and the same is true as regards the hearing and the others of what are called the five senses of man.

As to the reasoning faculties and mental qualities, they exist in the perfect state whether the brain is healthy or not, or whether it performs its work or refuses to do so. These qualities do not depend upon the soundness or perfect workings of the organs of the physical body in order that these spirit qualities may exist in a perfect condition, but the proper workings of the physical organs, or rather the proper and natural movements and manifestations of the brain, and the conscious operations of the mental faculties, do depend upon the spirit faculties being able to use these physical organs in a proper way and in accordance with the harmony of the creation of the relative and correlative parts of man.

The spirit faculties, which man calls the intellect and the five senses, are a part of the spirit body, which is enclosed in the material body, which in turn encloses the soul. When the material body dies, the spirit body continues to exist and live on in the world of spirit, and with it and as continuing parts of it, these spirit faculties, performing all their functions free from the limitations that the physical organs placed upon them. And when this change takes place, these spirit qualities, notwithstanding that they have not the material organs through which they functioned when in the mortal frame, can conceive thoughts of things material and hear and see things of the material just as they did, and even more perfectly, when they were enveloped by the environments of flesh and blood.

So you see, when the mortal dies the only thing that dies and is left behind is the mere physical body, and with the spirit body survives all those things which can be said to be the real man, so far as the mind is concerned. Hence, man never ceases to remember and to progress and to know that he is a being which death cannot destroy or change into something that he was not before death came to him. And thus I answer the question, "When a man dies shall he live again?" He never ceases to live, and his living is not a new life, but merely the continuation of the old life with all the things of mind and conscience that were his in the old life.

In the purely spirit life the spirit body continues to contain the soul and will be its protector and covering so long as that spirit body shall last. But this spirit body then begins to change, and by disintegration into what we may call spirit elements, and the formation of new elements to replace the disappearing ones. This change in this body is not caused by the same laws that operated to change and disintegrate and replace the physical body, but by the law controlling the development of the soul which the spirit body contains.

The soul is the real man, because it is the only thing or part of man that may become immortal, the only part of man that was made in the image of its Creator, and the only part of man that may become a part of the substance of its Maker and partake of His divine nature. I say "may," for that is an important part of this great possibility. I know this possibility of the soul becoming immortal by partaking of the divine nature of God is true, for it is a proven fact in the case of many souls who are now in the Celestial heavens. I also know that there are many souls in the spirit world, who have been there for many centuries, who have never received this divine nature and consciousness of immortality. Whether such souls who have not received this divine nature shall become or are immortal, has never been demonstrated. This I do know, that in the economy of God's plan for the forming of His kingdom, at some time – when, I don't know – this privilege of partaking of His divine nature and the certainty of

immortality will be withdrawn from the souls of men and spirits. Whether these souls who suffer this condemnation will partake of immortality no spirit knows, only God.

There are other things that I know and here tell you, and among them is this, that so long as the soul does not receive this divine nature, the mind, which I have described as being a part of the spirit body, continues to exist and dominates both soul and body; and in its progress it may attain to a condition of purity and perfection such as were possessed by the first created living souls (our first parents). Many spirits now are in this condition, but yet are mere men, and their souls remain only in the image of God – nothing more.

While God is mind, mind is not God; and also while God is spirit, spirit is not God. So that when men teach that mind is God, and that men must seek to attain to that mind, and thus become like God, they fall far short of the truth. The mind is only an attribute of God, and beyond and back of that mind is the real God – the personality, and that is soul, from which emanates all these attributes and manifestations which mortals as well as spirits may be conscious of.

But while God is Soul, yet that soul is a thing of substance with a nature divine, and the seat and fountainhead of all the great attributes that belong to Him, such as love and power and life and omniscience and mercy. And here I must state one fact which may startle those who believe and teach that mind is God, and that is, that which is called the human mind is not a part of the mind of God, for this human mind and all its faculties and wonderful qualities are mere special creatures just as are the spirit body and material body of man. As I have said, man was created in the image of God only as regards the soul (and here always bear in mind that the creation was only an image).

The mind of man was a special creation, just as were the minds of the lower animals, differing only in degree. And if God had not given to man a soul, and the spirit body to envelop it, and in which he placed this mind of man, when man died the death of the physical body, that would have been the end of him. As such, death is of the body, which is not a part of this soul image of God.

As I have heretofore written you, when God created man and made him in His own image as to the soul, he also gave to man the possibility of obtaining the substance of the Father – that is, of having that soul which was a mere image become that soul which is of the substance of the Creator. I have also explained to you how man, by his disobedience, lost that possibility, and for long centuries was deprived of this great privilege, and how it was again restored to him at the time of my coming to Earth, so that he now and for nineteen centuries past has had the possession of this great gift or privilege of partaking of the substance of the Father.

Well, when man, by the way that has been pointed out to him, becomes possessed of the substance of the Father's divine nature, even in an initial degree, his soul commences to change and lose its character as a mere image, and to progress towards the attainment of that condition when this image disappears and the divine substance takes its place. And as the progress continues, he receives so much of the substance that his soul takes on the divine nature of the Father, and his at-onement with the Father becomes so perfect that he becomes an inhabitant of the Father's kingdom. This occurs when he becomes fitted to enter the first Celestial sphere. And just here occurs another thing which may startle those who teach that the mind is the essence of God, and that is that the mind – which man, both as mortal and spirit, possesses up to that point in the progress of the soul where the transformation into the divine nature

takes place – becomes a thing of naught (or rather becomes absorbed in the mind of the soul), which is the real mind of the Father. And then and ever after, only this mind of the soul is that which enables the real divine man to understand the things of God, to help him in his progress.

*I will continue later. You are tired. But remember that I love you and you have me with you at all times to help and sustain and comfort you.*

*Good night my dear brother, your friend and brother – Jesus*

**Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.**

**Follow your heart, follow your love and do that in loving action, your inner love leads in your asking the Soul of God to receive a little of the Love.**

**“I love you Father.” “Let the Divine Love proclaim its energy into my soul.”**

**“Mother Father, I desire your Love and I am loving you.”**

**“Soul God, I love you and I love receiving and experiencing your Divine Love.”**

**“True Soul God, I am here, I am aware of your Love. Please hear my aspiration for your Love and as I approach you from my soul, I can feel your Love in the way that you are loving my soul.”**

**Try it; give the Love a go! If you want to shine, receive the Love.**

**One can simply receive the Love without following any religious or spiritual teaching taught by man!**

**PASCAS  
PAPERS**



**God is God, who is our Heavenly Mother and Father, being SoulMates. There is only one Soul that is God's Soul, that being the Soul of our Mother and Father. Our Heavenly Parents are the First Soulmates; The Two Who Are One who have brought us all into being.**

**Jesus and Mary are a son and daughter of God.**



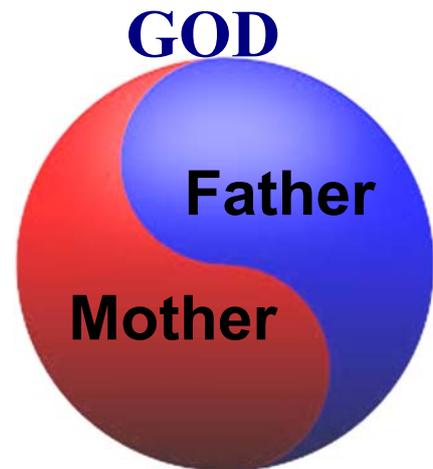
**Jesus of Nazareth and Mary of Magdalene, being soulmates, were both free of sin. Jesus and Mary, combined in their love for us, are our teachers and guidance for us to find our way home to our Heavenly Parents. To start this journey we are to liberate our souls from being entombed within our suppressive minds, through feeling and longing for the truth of our feelings via our soul and peel away our injuries incurred since conception.**

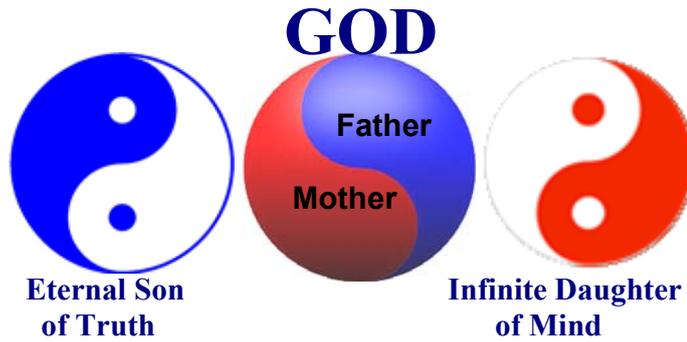
**Give yourself time to consolidate your relationship with the Mother and Father through the partaking of Their Love. And whilst you are doing this, you can learn about your healing, all that's involved with it, as there are many willing spirits to share their healing experiences with you.**

**When you are ready it will start happening simply because you will want it to, it all being orchestrated by your soul. And when that time comes you will have developed a strong foundation in your relationship with the Mother and Father for you to work from. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.**

**It is to make longing for God's Love the priority, and then do one's healing; should one want to include God and the Divine Love in one's feeling healing. This is doing your soul-healing as you are seeking to heal your soul of all evilness – of that which made you become evil, and release all the hurt and pain of not being fully and truly loved.**

**WE ARE Children of God**





PARADISE TRINITY:

1. **Our MOTHER and FATHER (God) (MF) – Divine Love**  
SOUL (God) – One SOUL that is expressing its two PERSONALITIES, our Heavenly Mother and Heavenly Father (Soulmates)
2. **ETERNAL SON (ES) – Divine Truth**
3. **INFINITE DAUGHTER (ID) – Divine Mind**

Then: The Second and Third Persons of the Paradise Trinity (ES and ID) are stepped down to the local universe trinity (Mary and Jesus, Divine Minister (DM), and her Holy Spirit.

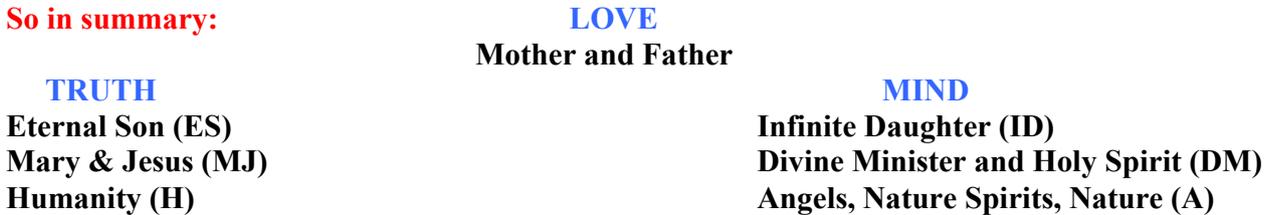
The LOCAL UNIVERSE TRINITY:

1. **MARY M and JESUS (MF) – Love – the Living Truth**
2. **DIVINE MINISTER (ID) – Mind (and her Holy Spirit)**
3. **HUMANITY – Natural love, sons and Daughters – Truth, and our Angels – Mind**

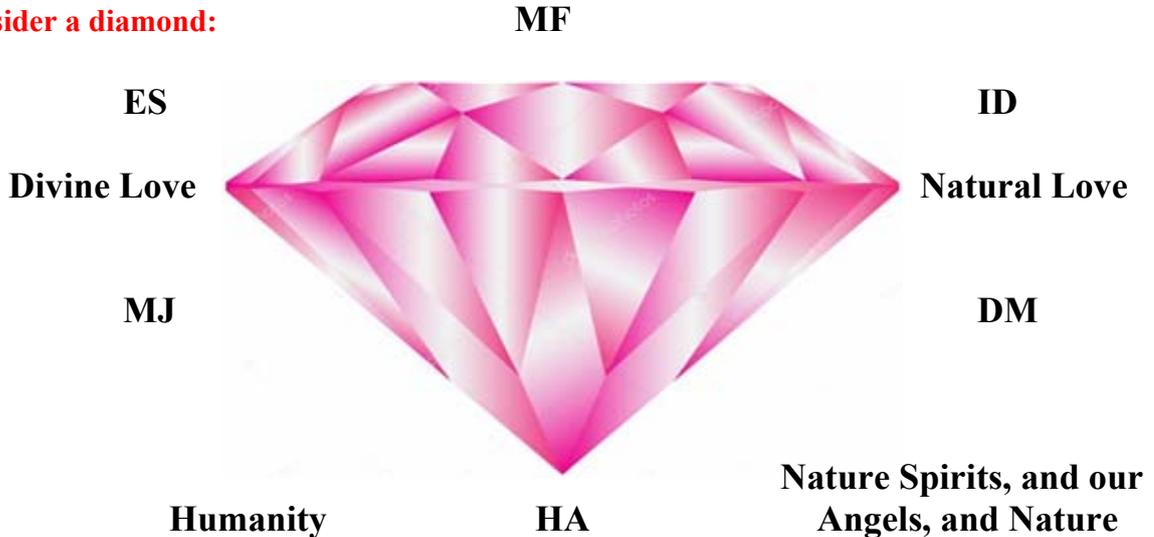
PLANETS that engage in REBELLION:

1. **AVONAL SOULMATE PAIR – the Feeling Healing process – incarnate**
2. **DAYNAL – TEACHER PAIRS – they do not incarnate**

**So in summary:**



**Consider a diamond:**



# Mother and Father Heavenly Parents

Creator Son & Daughter  
Jesus and Mary

Avonals  
as soulmate pairs

Trinity Teachers  
as soulmate pairs

Melchizedeks – who have taken over from the Caligastians and Daligastians being also all as soulmate pairs.

Mortal Souls – human beings who individualise on Earth, then progress through the spirit Mansion Worlds, then into the Celestial Heavens, and beyond.

Mortal Souls – also being ascending spirits, upon completing their Soul Healing, join with their soulmate, then join their soul group of 24 mortal spirits, being 12 soul pairs. It is only as a soulgroup that anyone can progress beyond Nebadon.

The Paradise Pairs are all ONLY concerned with the SPIRITUAL wellbeing and upliftment of the planets and local universe. Currently to do with Earth:

Mary and Jesus – spiritual wellbeing and upliftment of the whole of Nebadon region.

Avonal Pair – Daynal pairs (Trinity Teacher Daughters and Sons) – Spiritual wellbeing and upliftment of individual planets and their associated Mansion Worlds.

The Local universal Sons and Daughters are all about the running of the worlds under their jurisdiction, and ensuring the higher spiritual elements can be employed, or sent astray, as in our cases through the Rebellion and Default.

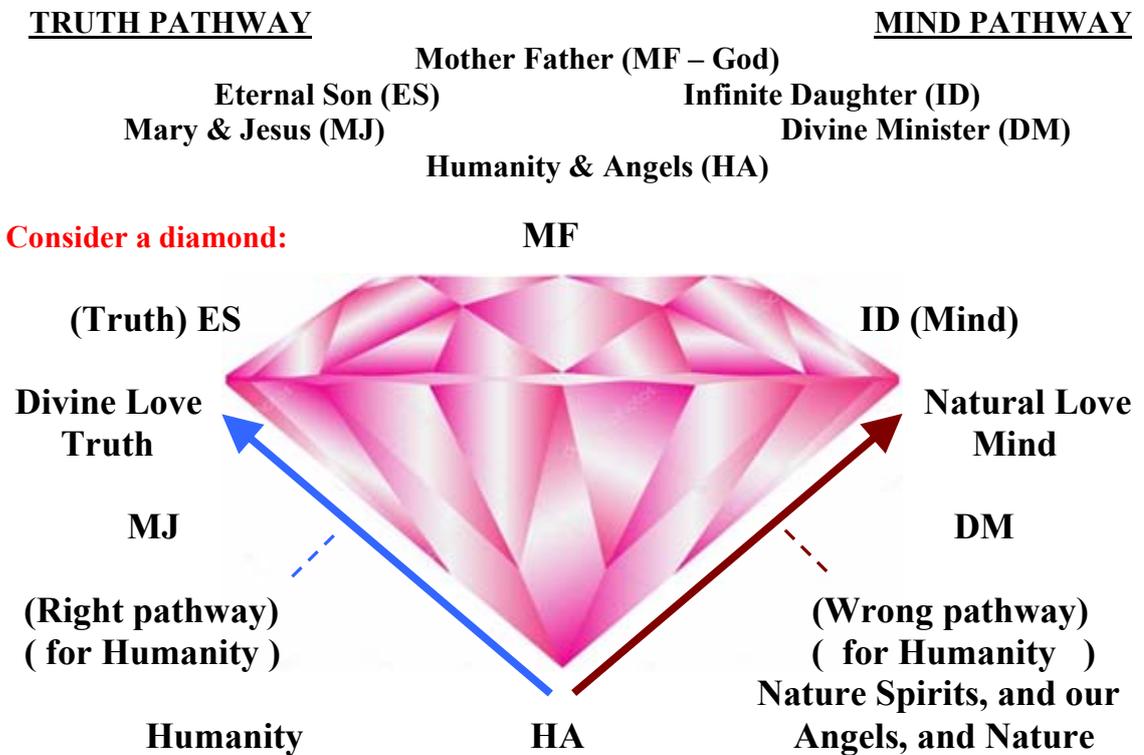
Lanonandeks – Melchizedeks (and others, such as Life Carriers and Eve and Adam).

As the Lanonandeks all rebelled – the Lucifers, Satans, Caligastias and Daligastias soulmate pairs – so the Melchizedeks have taken over their roles, as well as doing their own.

So the Melchizedeks are the governors, overseers, the administrators and advisors and so on for Earth; they are the ‘controllers’, and they will instigate all that needs to be done to do with the ending of the Rebellion and Default. And they will enlist the willing help of ascending mortal pairs, so the mortal Celestials spirits (soulmates when available, and others waiting to unite with their partner), and at times mortal spirits in the Divine Love Healing Mansion Worlds. And the angels help all of us.

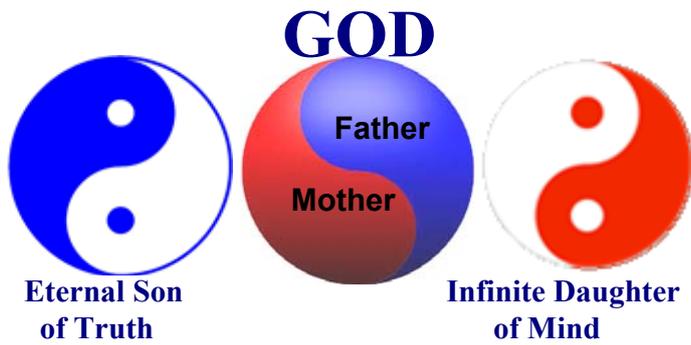
Currently the whole of Creation exists for the ascension of mortal souls from their earth planets to Paradise. It’s all one vast Grand Ascension Scheme. With all the higher and lower spiritual Daughters and Sons, together with all the many different angels and other universal spirit personalities, and even including nature and our very own pets, assisting women and men with their Ascension Journey. It being: and Ascension of Truth. Everything we do is done to help us grow in truth. (Only everything we do in our negative state is to deny ourselves our truth from our feelings, which is why we have to do our Healing.) All women and men are ascending (or growing) in truth through their experiences. And as we grow in truth by looking to our feelings to show us that truth, so we’re ascending, moving inwards and upwards through all the worlds and spheres of the Grand Universe to one day arrive on Paradise and meet our Heavenly Parents. God is providing us, Their children, with this spiritual journey called our Ascension of Truth. And by living true to our feelings, so we are progressing on our true Spiritual Path – our Ascension Path.

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God’s soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.



**Humanity** is to pursue the pathway for Truth through one’s soul based feelings, this is the right pathway. However, humanity commences its journey founded on natural love, which we now know is to be perfected through one’s Feeling Healing process and then made divine through asking for and receiving our Heavenly Parents’ Divine Love.

For 200,000 years, **humanity** has pursued the pathway of the Mind, being that of the brain, this is the wrong pathway. The Mind is the pathway for Angels and that of all of Nature.



**CREATION of SOUL and SPIRIT:**

God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one’s feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.

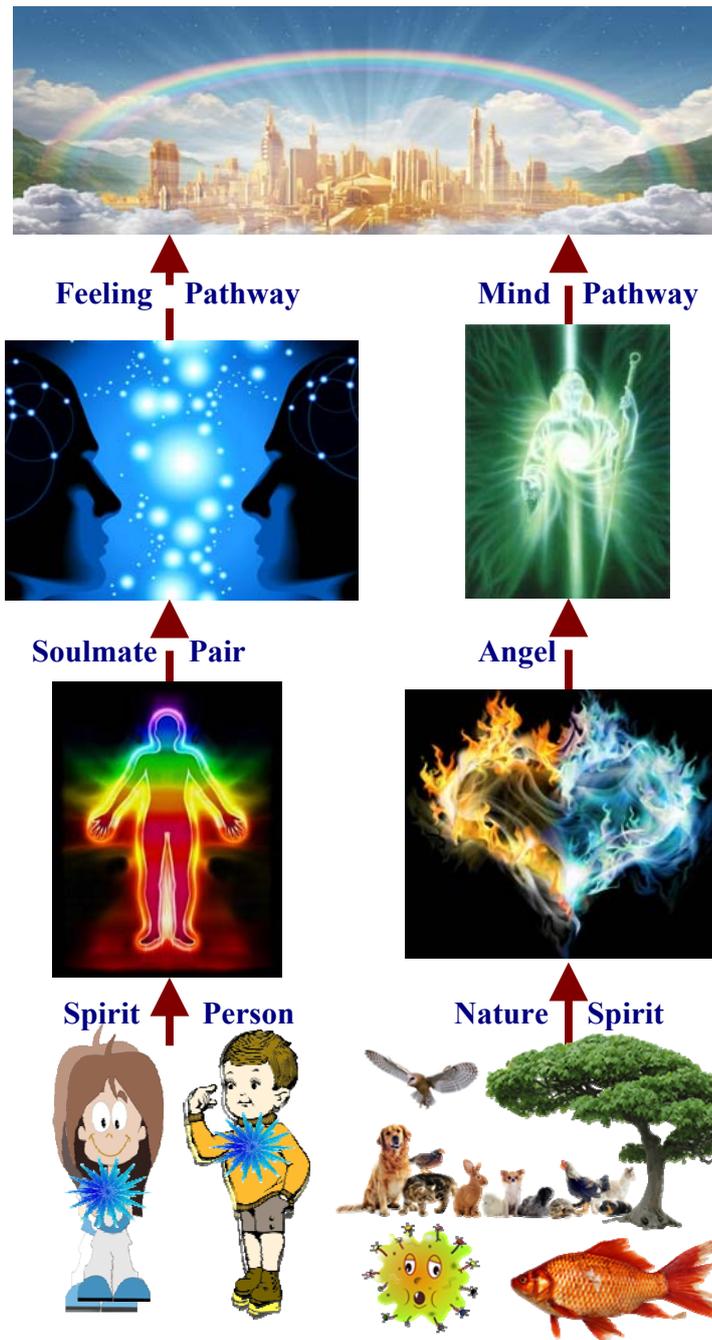
The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves enabling the union with our soulmate, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.

The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective

Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.



**WE ALL ARE BEING GUIDED HOME:**

We need the Spirits of Truth of the Avonal Pair to Heal ourselves; then once Healed, (and for support (overshadowing) as well through your Healing), we need the Creator Pair, Mary Magdalene and Jesus’ Spirits of Truth to see us through the Celestial spheres, while at all times embracing our Heavenly Mother and Father.

Until Mary and Jesus died and liberated their Spirits of Truth, no one from any of the worlds could leave Nebadon, because no one knew the way to do so. Nebadon is our local universe containing some 3.8 million inhabited physical worlds and their associated spirit worlds.

When we embrace the truths Mary and Jesus are revealing, and start to do our Feeling Healing, or with Divine Love, Soul Healing, we are then freeing ourselves up from our parental and self control.

Thus our journey to Paradise, to the home of our Heavenly Parents, is of our choosing as to when we progress, however, there is only one way:

**HUM:** Humanity is to ascend. We are self contained. Our soul is always in truth and perfect at all times. **By living true to ourself, true to our feelings, we are living true to God. It’s that simple.**

We are to recognise that being engaged and dominated by our mind is the wrong way for us to evolve and grow in truth. We are to discard the mind enslavement that has been imposed upon as by all of our parents. We are to express our feelings, both good and bad and free ourselves of the indoctrination that humanity has embraced worldwide.

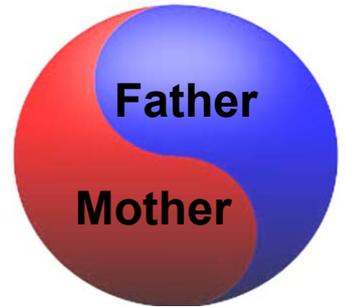
Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God’s soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of our Mother and Father.

**AVO:** We are to embrace the truths and guidance of the Avonal Pair through their Spirits of Truth. It is the Avonal Pair’s guidance that will lead us through our Feeling Healing, and with Divine Love, we will be able to ascend through the 7 spirit Mansion Worlds and enter the Celestial Heavens where we also interact with other world’s spirits.

**J&M:** We are also to embrace the truths and guidance of the Paradise Pair, Mary and Jesus, who will then lead us through the 3 Celestial Heavens that are aligned with Earth, and then further on through Nebadon where we will then depart beyond on towards Paradise.

**M&F:** Beyond the universal zone of Nebadon, we will be guided by our Heavenly Mother and Father onwards through the universes to Paradise where we will be welcomed by them, home for us all, as we are all Children of God.

**GOD**



**M&F**



**J&M**



**AVO**

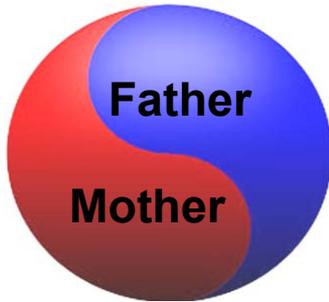


**HUM**

**WE ARE Children of God**

**WE ALL ARE BEING GUIDED HOME – NOW, HOW TO COMMENCE THE JOURNEY:**

**GOD**



**M&F**

For 200,000 years, we have been misled into embracing our mind’s distortion of wisdom and truth. All such traditional understandings only lead us in the wrong direction, from which we must turn back from. Our soul based feelings are always in truth. Our minds are to follow our soul based truths and feelings, not the other way round, as we have been brought up to embrace.

We are to connect with our deeper repressed feelings.  
 We are to long for the truth of what we are feeling.  
 We are to live true to our selves; by living true to our feelings.

Use your surface day-to-day feelings to connect with your deeper repressed feelings. Express your surface feelings and your deeper repressed feelings to uncover the truth of yourself.



**J&M**

We all have feelings which we communicate and share with each other. And we all have deeper buried and hidden repressed feelings. Feelings from our early childhood we felt, yet weren’t allowed to express. These feelings are still within us, waiting to have their say. These feelings, because they are repressed, cause us all our problems.

And as we look to uncover, bring out and accept these deeper feelings, so we’re taken into new ways of looking at ourselves, our feelings, and our life. We’re setting ourselves free of the controlling patterns that govern our unloving behaviour.



In this way, we progressively begin to express the personality that our Heavenly Mother and Father gave us, not the one imposed upon us by our physical parents and carers. We are to be our true and real selves.

**By living true to ourself, true to our feelings, we are living true to God. It’s that simple.**

**AVO**



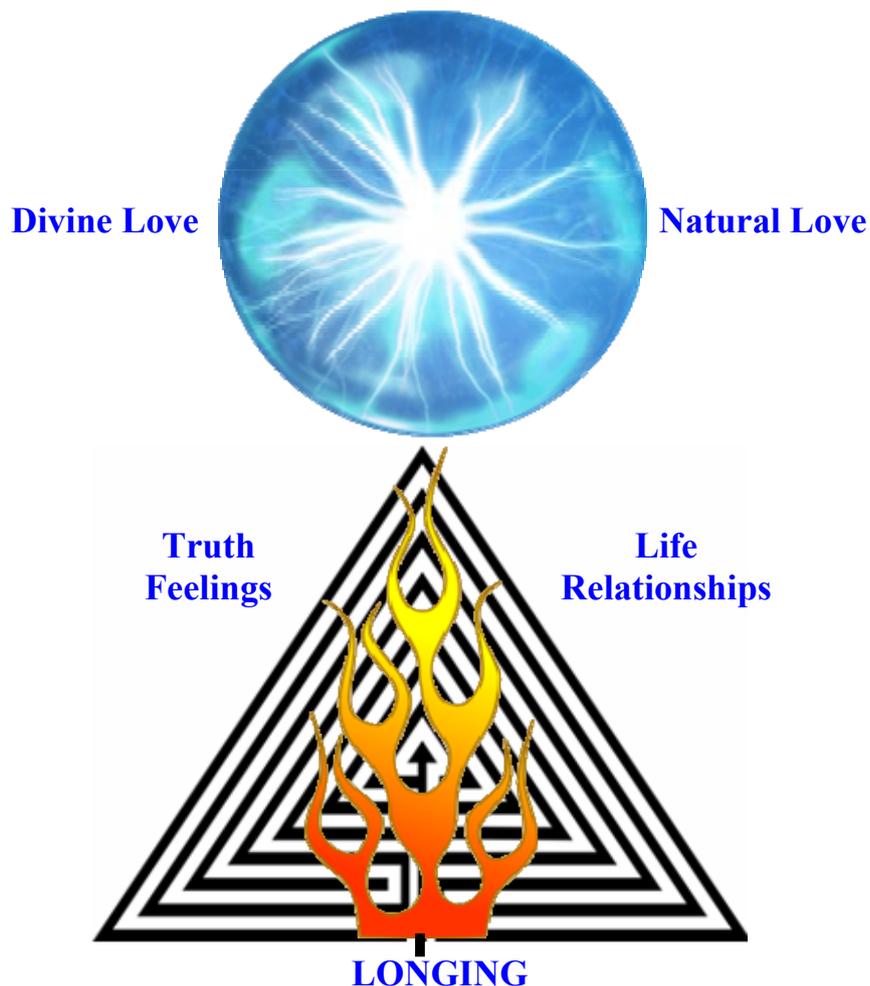
**HUM**

As we, humanity, long for the truth of our feelings, we can also be assisted by the Spirits of Truth of the Avonal Pair who are our spiritual teachers for Earth over this coming 1,000 years, to assist us through the Great U-Turn, away from mind dominance to being soul based feeling lead. They will assist us through the seven levels of the spirit Mansion Worlds.

Then the Creator Pair, Jesus and Mary, will lead us through Nebadon and into the greater universe. Then our Heavenly Mother and Father lead us home to Paradise.

Collectively, should we embrace them all, as we are to, then our pathway home is a journey in the hands of the Spirits of Truth of the Avonal and Paradise Pairs overseen by our Heavenly Parents.

**WE ARE Children of God**

**HOW TO GET TO PARADISE:****Long for the Divine Love****Long for the Truth****Long for the truth of your feelings****Don't deny any feelings: accept, express and want to know the truth of them****Know your feelings are the key; your feelings are the Way****Want to end your falseness and being untrue****Want to understand the truth of your early life****Use your surface feelings to move deeper into yourself, bringing up your repressed feelings****Want and long to know the whole truth of yourself****Want to do it all with God, your Heavenly Mother and Father – long to Them for help.****The Key**

**Our longing drives our life. We long with feelings. We can wish for things using our mind, yet long for things with our heart. These things in the pyramid are what to long for. Longing for them, when the longing comes naturally. Longing because you feel you really want them. Long to be true with all your heart. Long to live true to your feelings. Long to understand the whole truth of yourself.**

**March 2, 1917 – Jesus**

**Book of Truths**

I am here, Jesus. I come tonight to write my message on the soul.

Well, the subject is of vast importance, and difficult of explanation, for there is nothing on Earth known to man with which a comparison may be made. Generally men cannot understand a truth, or the nature of things, except by comparison with what they already know to exist, and with whose qualities and characteristics they are acquainted. There is nothing in the material world that will afford a basis of comparison with the soul, and hence it is difficult for men to comprehend the nature and qualities of the soul by the mere intellectual perceptions and reason.

In order to understand the nature of this great creation, the soul, men must have something of a spiritual development, and the possession of what may be known as the soul perceptions. Only soul can understand soul; and the soul that seeks to comprehend the nature of itself must be a live soul, with its faculties developed to a small degree at least.

First, I will say that the human soul is a “creature” of God and not an emanation from Him, as a part of His soul; and when men speak and teach that the human soul is a part of the “OverSoul,” they teach what is not true. This soul is merely a creature of the Father, just as are the other parts of man, such as the intellect and the spirit body and the material body, which, before its creation, had no existence. It has not existed from the beginning of eternity, if you can imagine that eternity ever had a “beginning.” I mean that there was a time when the human soul had no existence, and whether there will ever come a time when any human soul will cease to have an existence, I do not know, nor does any spirit – only God knows that fact.

But this I do know, that whenever the human soul partakes of the essence of the Father and thereby becomes divine itself, and the possessor of His substance of love, that soul realizes to a certainty that it is immortal and can never again become less than immortal. As God is immortal, the soul that has been transformed into the substance of the Father becomes immortal, and never again can the decree “dying thou shalt die” be pronounced upon it.

As I said, there was a period in eternity when the human soul did not exist, and was created by God. And when it was created by God it was made the highest and most perfect of all God’s creation, to such an extent that it was made in His image – the only thing of all His creations that was made in His image, and the only part of man that was made in His image. For the soul is the man. And all his attributes and qualities, such as his intellect and spirit body and material body and appetites and passions, are merely appendages or means of manifestation given to that soul, to be its companions while passing through its existence on Earth, and also, qualifiedly, while living in eternity. I mean that some of these appendages will accompany the soul in its existence in the spirit world, whether that existence be for all eternity or not.

But this soul, great and wonderful as it is, was created in the mere image and likeness of God, and not in or of His substance or essence, the divine of the universe. The soul may cease to exist without any part of the divine nature or substance of the Father being lessened or in any way affected. And hence when men teach or believe that man, or the soul of man, is divine, or has any of the qualities or substance of the divine, such teaching and belief are erroneous (because man is only and merely the created soul, mere likeness, but no part of the Father or of His substance and qualities). While the soul of man is of

the highest order of creation, and his attributes and qualities correspond, yet he is no more divine in essential constituents, than are the lower objects of creation – they each being a creation and not an emanation of their Creator.

True it is that the soul of man is of a higher order of creation than any other created thing, and is the only creature made in the image of God, and was made the perfect man; yet man (the soul) can never become anything different or greater than the perfect man unless he receives and possesses the divine essence and qualities of the Father which he did not possess at his creation. But with his creation, God bestowed upon man a most wonderful gift – the privilege of receiving this great substance of the divine nature (and thereby become divine himself). A way was provided the perfectly created man whereby he could become the divine angel, if he (the man) so willed it, and pursued the way provided by the Father for obtaining and possessing that divinity.

As I have said, these human souls, for the indwelling of which God provided material bodies, that they might live mortal lives, were created, just as, subsequently, these material bodies were created; and this creation of the soul took place long before the appearance of man on Earth as a mortal. And the soul, prior to such appearance, had its existence in the spirit world as a substantial conscious entity, although without visible form and, I may say, “individuality,” but yet having a distinct personality so that it was different and distinct from every other soul. Its existence and presence could be sensed by every other soul that came in contact with it, and yet to the spirit vision of the other soul it was not visible.

And such is the fact now. The spirit world is filled with these unincarnated souls, waiting the time of their incarnation, and we spirits know of and sense their presence, and yet with our spirit eyes we cannot see them, and not until they become dwellers in the human form (and in the spirit body that inhabits that form) can we see the individual soul.

And the fact that I have just stated illustrates and in a way describes the being of Him in whose image these souls are created. We know and can sense the existence and presence of the Father, and yet even with our spiritual eyes we cannot see Him; and only when we have our soul developed by the divine essence of His love can we perceive Him with our soul perception.

[*Question*] Because you have not words in your language to convey its meaning, and nothing in created nature of which you have knowledge of in which a comparison can be made. But it is a truth; for the vision of the soul perception to its possessor is just as real, as I may say, objective, as is the vision of the mortal sight to the mortal.

It may be asked, in considering this matter of the creation of the soul: Were all souls that have been incarnated, or that are awaiting incarnation, created at the same time, or is that creation still going on? I do know that the spirit world contains many souls such as I have described, awaiting their temporary homes and the assumption of individuality in the human form, but as to whether that creation has ended, and at sometime the reproduction of men for the embodying of these souls will cease, I do not know. The Father has never revealed this to me or to the others of His angels who are close to Him in His divinity and substance.

The Father has not revealed to me all the truths and the workings and objects of His creative laws. And neither has He given to me all power and wisdom and omniscience, as some may find justification for

believing in certain of the statements of the Bible. I am a progressive spirit; and as I grew in love and knowledge and wisdom when on Earth, I am still growing in these qualities, and the love and mercy of the Father come to me with the assurance that never in all eternity will I cease to progress towards the very fountainhead of these attributes of Him, the only God, the All in All.

As I was saying, the soul of man is the man – before, while in the mortal existence, and ever after in the spirit world. All other parts of man, such as the mind and body and spirit, are mere attributes which may be dissevered from him as the soul progresses in its development toward its destiny of either the perfect man or the divine angel. and in the latter progression, men may not know it but it is a truth that the mind (that is the mind as known to mankind) becomes, as it were, non-existent; and this mind (as some say, the carnal mind) becomes displaced and replaced by the mind of the transformed soul, which is, in substance and quality, to a degree, the mind of Deity itself.

Many theologians and philosophers and metaphysicians believe and teach that the soul, spirit and mind are substantially one and the same thing, and that anyone of them may be said to be the man (or the “ego”); and that in the spirit world, one or the other of these entities is that which persists and determines, in its development or want of development, the condition or state of man after death. But this conception of these parts of man are erroneous, for they each have a distinct and separate existence and function, whether man be a mortal or spirit.

The mind in its qualities and operations, is very well known to man, because of its varied manifestations, and being that part of man which is more of the nature of the material, and has been the subject of greater research and study than has been the soul or the spirit.

While men have, during all the centuries, speculated upon and attempted to define the soul and its qualities and attributes, yet to them it has been inconclusive, and impossible of comprehension by the intellect (which is the only instrumentality that man generally possesses to search for the great truth of the soul). And hence, the question of what is the soul, has never been satisfactorily or authoritatively answered, though to some of these searchers, when inspiration may have shed a faint light upon them, some glimpse of what the soul is, has come to them. Yet to most men who have sought to solve the problem, the soul and spirit and mind are substantially the same thing.

But the soul, as concerning man, is a thing of itself, alone – a substance real, though invisible to mortals. The soul is the discernor and portrayer of men’s moral and spiritual condition – never dying, so far as known, and the real ego of the man. In the soul are centred the love principle, the affections, the appetites, and the passions, and possibilities of receiving and possessing and assimilating those things that will either elevate man to the state or condition of the divine angel or the perfect man, or lower him to the condition that fits him for the hells of darkness and suffering.

The soul is subject to the *will* of man, which is the greatest of all endowments that were bestowed upon him by his Maker at his creation, and is the certain index of the workings of that will, either in thought or action. In the soul, qualities of love and affection and appetites and passions are influenced by the power of the will, either for good or evil. It may be dormant and stagnate, or it may be active and progress. And so the soul’s energies may be ruled by the will for good or evil, but these energies belong to it and are no part of the will.

The soul's home is in the spirit body, whether that body is encased in the mortal or not, and it is never without such spirit body, which in appearance and composition is determined by the condition and state of the soul.

And finally, the soul, or its condition, decides the destiny of man as he continues in his existence in the spirit world. Not a final destiny, because the condition of the soul is never fixed; and as this condition changes, man's destiny changes. For destiny is a thing of the moment, and finality is not known to the progress of the soul (unless and until it becomes the perfect man, and, then satisfied, seeks no higher progress).

Now, in your common language, and also in your theological and philosophical terms, mortals who have passed to spirit life are said to be "spirits". And in a certain sense this is true, but such mortals are not nebulous, unformed and invisible existences. They have a reality of substance – more real and enduring than has man as a mortal – and are, in form and features, visible, subject to touch, and the object of all the spiritual senses. So when men speak of "soul, spirit and body," if they understood the truth of the terms, they would say: soul, spirit-body, and material-body.

There is a spirit, but it is altogether distinct and different from the spirit body, and also from the soul. It is not part of the spirit body, but is an attribute of the soul exclusively, and without the soul it could not exist. It has no substance, as has the soul, and it is not visible to even the spirit vision; only the effect of its workings can be seen or understood. It is without body, form or substance. And yet it is real and powerful and, when existing, never ceasing in its operations. It is an attribute of all souls.

Then what is the spirit? Simply this: the active energy of the soul. As I have said, the soul has its energy, which may be dormant or which may be active. If dormant, the spirit is not in existence; if active, the spirit is present, and manifests that energy in action.

So, to confuse the spirit with the soul, as being identical, leads to error and away from the truth.

It is said that God is spirit, which in a sense is true, for spirit is a part of His great soul qualities, and which He uses to manifest His presence in the universe. But to say that spirit is God is not stating the truth, unless you are willing to accept as true the proposition that a part is the whole. In the divine economy, God is all of spirit, but spirit is only the messenger of God, by which He manifests the energies of His *Great Soul*.

And so with man. spirit is not man (soul), but man (soul) is spirit, as it is the instrumentality by which the soul of man makes known its energies and powers and presence.

Remember this: that Soul is God, soul is man, and all manifestations such as spirit and spirit-body are merely evidences of the existence of the soul – the real man.

I have been with you as I promised, and I know that Father will bless you.

*So with my love and blessing, I will say goodnight.*

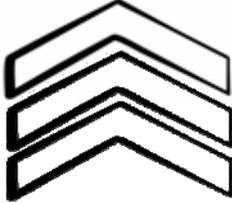
*Your brother and friend – Jesus*

## The CHOICE is OURS to MAKE:

### Celestial Truth:

Truly all-loving;  
Living true to oneself;  
Mind supporting Feelings;  
Living with the Divine Love;

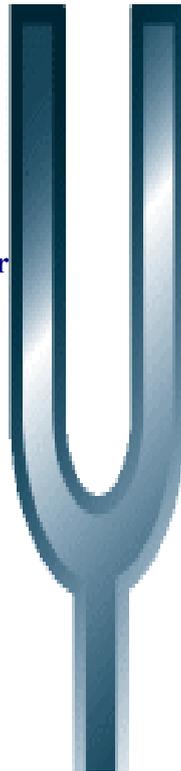
Fully Healed of the Rebellion and Default.



### THE FEELING WAY

Feeling – Ascendance  
Unlimited progression

- Living true to your untruth;
- Honouring all your bad feelings;
- Expressing feelings to uncover their truth;
- Healing the Rebellion and Default within yourself;
- Feeling unloved; being unloving;
- Feeling as bad as you can feel;
- Feeling like you are no one special;
- Longing for the Divine Love.



### THE MIND WAY

Mind – Transcendence  
Limited progression

- Enlightenment, Nirvana, feeling all-loving;
- All false, mind-contrived. Anti-truth, anti-love;
- Still evolving the Rebellion and Default within yourself;
- Feeling and believing you are the Superior One;
- Living with your mind in control of your feelings;
- Living rejecting all your bad feelings;
- Living with your mind contriving you feel loved;
- Rejecting the Divine Love.



All religions, New Age, agnostic,  
atheists, no spiritual interest,  
Living the Rebellion and Default.

Hell:  
Exploiting the Rebellion and Default.

The Feelings are the doer; the Mind the teller. So we are to go with our feelings, which we can't be told to do with our mind. So the longing for the Divine Love, doing our Healing by expressing our feelings and longing for their truth, are all feelings and doing it with longing. Whereas the mind just wants to tell us what to do and how to be, no feelings in it, all how our parents have treated us.



## I'D TURN BACK IF I WERE YOU!

The Natural love spirit Mansion Worlds as to how they have been for all these hundreds of thousands of years and as they are set up currently, are to help spirits advance to the fullest of their self-denial that they can. That is, so as to become as evil as they can. And all under the guise of being 'loving'.



It's why they are called the mind worlds, namely Mansion World / spheres 1, 2, 4 and 6. That is because the spirits are using their minds to complete their rebellion – denial of self and feelings, and rejection of our Heavenly Parents as well their Creator Son and Daughter. So yes, the top of Mansion World sphere 6, spirits are the most evil, the most in rebellion, the most in default, the most wrong and unloving and untrue, even though, they appear, because they've trained their mind to do so, to be the most loving, but it's all false and contrived – such as the Eastern gurus. Total mind over feelings, blocking all the bad ones and using your mind to only make you feel good.

Typical of those on their way up in the mind worlds are not open to anything, they do not want to know about feeling bad and going with their bad feelings looking for their truth, because that scares them, that's not nice, that doesn't make one feel good, it threatens their control, they reject that preferring to stay in their nice safe space. Which is how it is for these Natural love mind spirits using their minds to control their feelings.

We've all got to take responsibility for our evilness even though we were made to be that way and rebel by default, but there is no getting away from it, and it has to be compensated right to the last farthing, which is what being in the hell planes is all about, and which keeps being applied right the way through the Mansion Worlds. **In the mind Mansion Worlds you can continue to use that inner pressure requiring compensation for your bad deeds, to further contrive love and pretend you are all holy and loving and not hurting anyone anymore, which on the surface of it you are not, but underneath still are, all the way up through to the sixth world; or, you can allow it to keep working on you right the way up through the Divine Love Mansion Worlds doing your Healing.**

And apparently what's going to happen is the Natural love mind Mansion Worlds are going to be divided, so within them, there will be spirits doing their Feeling Healing – without the Divine Love, and still limited to the sixth Mansion World, but looking to be true and end their rebellion. And then there will be those still carrying on denying themselves as they have always done. So you will have spirits in the Feeling Healing Natural love sectors that will truly perfect their Natural love; and those spirits still in the mind sectors perfecting their wrongness. The opposites or extremes living side by side. And then you'll still have the Divine Love Healing Mansion Worlds, being spheres 3, 5, and 7, doing their Soul Healing.

And as for a summation: "Divine Love Mansion World / Sphere 3 is the waking up to the truth that one is not loving, also their being a lot of assistance. Sphere 5 is then about going right into the depths of feeling how unloved you feel and seeing how unloving you are and how that makes you feel, also this a time when one can then progress and manage their own progress through their Feeling Healing. Sphere 7 is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving, this is a time

of great realisation and comprehension with much of the prior experiences starting to be drawn together.”

Mansion World 3: is for waking up to the truth that you’re not loving and starting to get in touch with your pain, starting to accept your bad feelings, starting to work with them instead of rejecting them.

Mansion World 5: is then about going right into the depths of them, feeling how unloved you feel and seeing how unloving you are and how that makes you feel, bringing out the majority of your pain, your misery, fear, anger, guilt, hatred, boredom, terror, rejection, nothingness, feeling powerless, alone and abandoned, and so on.

Mansion World 7: is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving, understanding how your relationships are unloving, how you don’t connect properly, how unloving you really are and why and fully accepting the truth of it, coming completely to grips with your parents not loving you as you needed to be loved – sorting it all out, including your self and feeling expression difficulties.

It is agreed that the lower worlds are about waking up to what’s involved, however from then on it depends on how it’s all structured for the individual in their negative state as to how much ongoing assistance they might need. Some need help all the way along, whereas others have been able to work with their feelings, themselves, right from the beginning.

And yes, each of the Divine Love healing Mansion Worlds, 3, 5 and 7, are equally painful to work through, just focusing on different aspects of yourself and your Feeling Healing with Divine Love. And then in the higher planes of the 7<sup>th</sup> world comes the transition, where one’s pain starts to end, and you start feeling so much better about yourself, you are fully accepting of your negative unloving state, you are fully unloving although even starting to become more loving – truly loving, of yourself, God, and then other people.

Then onto the Celestial Heavens by progressing into Sphere 8 and then onwards further, all the way home to Paradise.

Maybe something like 6 billion people have recognised that our Mother and Father’s Divine Love, together with embracing one’s Feeling Healing, that with these two aspects, have progressed through the Mansion Worlds to the Celestial Heavens and onwards.

More than 200 billion personalities have embraced their mind and self reliance through the misguidance of ‘New Age’ styled ideologies and the many thousands of different religious platforms, all of which take the person further and further away from our Heavenly Parents.

The 1<sup>st</sup> and 2<sup>nd</sup> Spirit Mind Mansion Worlds / spheres are jammed to the rafters.

For a million years, humanity has gone in the wrong direction with its self-denial of self and feeling!

# REVELATIONS



**Revelation 1:** Our soul becomes encrusted with harmful ways of life, plus negative and erroneous beliefs, these mainly stem from our childhood upbringing and environment. Thus we live untrue to ourselves, we become 'evil'. Whilst we hold to these injuries we limit the amount of Love that we can receive into our soul. To open our soul to the Love we must firstly and progressively embrace our emotional injuries and allow them to be released. Until we emotionally experience past errors and injuries we hold onto them.



To free our soul of damage and toxic emotions we must open ourselves to experiencing them. This is a progressive, slow and uncomfortable cleansing process that we must all experience. Only by addressing the generational injuries will we, as humanity, evolve in love.



To fully divest one's self of our badness, we have to 'go into' our feelings. Call this process of clearing toxic emotions as 'Letting Go', 'Emotional Processing', 'Journey Process' or 'Feeling Healing'. Embracing Divine Love then Feeling Healing becomes Soul Healing.

As part of our Feeling-Healing we will have to work our way into all our feelings to see if indeed they are coming truly from our heart and soul, or if they are being heavily influenced by our mind. And this will then lead us into questioning and uncovering the truth, if there is any, to our beliefs and why we behave the way we do; and is such behaviour based on truth, or is it based once again on untruth, belief, and rules of our mind.

**Revelation 2:** We can long for, ask for and receive the Mother and Father's Divine Love. The greater our soul is free of error and injury, the more of the Divine Love can be received and assimilated into our natural love formed soul. The Love does not free us of injury, however, it strengthens our resolve to continue on our journey to be free of error and injury, to step away from evil aspects that have been encapsulated within our humanness and soul. It is this Love, the Divine Love, that brings about immortality of our soul and it is this Love that will eventually fit us to enter the Celestial Heavens and progress for ever more onwards to Paradise. These two revelations free us from error and enable us to grow in love ever more.



**Immortality with the Love.**



**JAMES** PADGETT **REVELATIONS** 1 Commenced 1914  
 MONCRIEF 2 Completed 2014



**1 Divine Love addresses the issues of the Rebellion.**



**2 Feeling Healing addresses the issues of the Default.**

These two 'headlines' came about from Mother's comments through James.

We are to recognise the degree of the impact that the Default has had on the way humanity lives. That is, it is suggested that the way we remodel our children to become clones of ourselves, the way we suppress their true selves, and cause them to capitulate to be our 'little me's' is a result of the way life emerged directly from the Default some 38,000 years ago.

Whereas the Rebellion, of 200,000 years ago, was the rejection of the Mother and Father as well as our Spiritual parents, Mary and Jesus.

Thus two distinctly catastrophic events.

We need these two events put into perspective, if you please. We need to bring these two separate events into a clear comprehensive way of understanding so that the relevance is clearly understood.

This enables the two revelations to stand out, and as to why one had to follow the other distinctly.

Nanna Beth, 3<sup>rd</sup> Celestial Heaven: The Rebellion, John, is against the Mother and Father, against Their Love, and Their Truth. It is the rejection of Them, saying: there is no God. It's denying the Personalities that God is. It's rejecting and denying personality interaction, which is all about love. So it's unloving. And to hide that, to pretend otherwise, means the mind has to be used to corrupt one's feelings. To claim: 'I am God, I am love, I am Truth', means I am the only one and all the rest should fuck off and leave me alone so I can get on with my greatness. It's being totally mind-consumed with yourself, with such arrogance, that really you only see yourself in your narcissism, and nothing else and no one else exists.

The sadness of the Lucifer's relationship (Lucifer and his soulmate) is they didn't love each other truly, only by using their minds to pretend they did. Really they hated each other, being so unloving, and had they been true to that, they would have moved to the absolute opposite ends of Creation, there to be in their own greatness telling themselves all day long how wonderful they were – being self-loving the wrong way through their minds. Which is all really: self-hating.

And so we have relationships in which we hate ourselves because we are untrue and unloving, then we come together contriving love for one another, then believe we love God as well and want to do His Will. It's all false, all wrong, all evil, all unloving. That's what we've got to see. That we are rejecting

ourselves, and so each other, and God, in every part of ourselves, in every interaction. Really we should be hitting each other continuously on the head, and hitting ourselves too.

The Rebellion is the rejection of true love. Of Natural love and Divine Love.

The Default simply compounds the issue by focusing it all on the relationships. As in, how we live our rebellion is through the Default. Pre-default, humanity was openly rebellious, it was evolving yet lacked personal focus; then with the Default, humanity was able to take it into all that it's become. So we're all living out the truth of Eve and Adam's rebellion, which equals their default.

To heal the Default in us means we have to see the truth of all our unlovingness in our relationships with ourselves, each other, with nature mostly through our relationship with our pets, how we treat animals for food, and the desecration of the environment, and with our Mother and Father. There are lots to it.

And as we see this, it takes us into dealing with our rebellion. We chose to not be loving when we uncover through our feelings the truth of how unloving we are. We chose to live true to our Natural love and the Divine Love, so true to ourselves and our Mother and Father. And these are not mental decisions, they are feeling ones, you want to go that way because you feel it's right and good for you, which it is. You feel you don't want to be unloving because it's not right and bad for you, it feels bad.

So in the expression and depths of our feelings, and particularly our bad ones, we can feel how being unloving makes us feel, and we slowly want to be the other way. Which can be difficult because we don't know how that other way is, never having been wholly or truly loving; but you long for it, you want it, knowing it's a possibility and reality that can somehow be achieved. So this is really 'willing' it, willing ourselves to be loving, and ending our willing ourselves to be unloving; and our soul and God complies with our will and so gradually changes us from being unloving into being loving.

I think to help you summarise it, you could simply say: **The Rebellion is against love, the Default is all the difficulties we have in our relationships because of our rebellion. Healing the Default is becoming true, to ourselves and in our relationships, and ending our unlovingness – our rejection of love, so ending the Rebellion.**

I hope this helps John, it might be a bit much, however I put myself back in it as I was, so James could relate more to it as it was important for him to make the will-connection in it as he did.

There is a lot to be talked about and truth seen concerning both the Rebellion and Default, with every person and spirit making their contribution to it as they uncover such truth within themselves. So it's for you to take what you will putting it in your own words. So if you still don't understand some aspect, please ask.

James: I want to add here, something Marion was talking about last night. It's true technically that we are evil and bad and hate, that all having been put on us by default – we didn't ask for it. So in that light, it's not right to keep hating and blaming ourselves for being bad when we couldn't / can't help it. All we can do is accept how we are, whilst seeing the truth of it through our feelings. If we don't like all we see, we express those feelings, even though they make us feel bad, but we don't have to endlessly punish ourselves for being as we are because of what other people did to us.

**WE are to LIVE BY and EXPRESS OUR TRULY LOVING SOUL BASED FEELINGS:**



We arrive into the physical world (at conception) with a pure and free personality and a soul based will that are to be truly and fully expressed. Unwittingly, our carers, namely our mother and father and those close by, set about remodelling our individuality. That is, they shut our personality and self expression down. The result of this is traumatic. This is reflected through our physical body. This childhood suppression is what brings about all of our pains, illnesses, and mental disturbances. Only by embracing our emotional pain and injuries, either good or bad, and longing for the truth of them, and expressing them (talking) through these experiences to a companion, can we release these dreadful encrustments suffocating our true selves and liberate our personality, being our soul. We are to follow our passions and heart felt desires and to live true to ourselves, this is how our Heavenly Parents know us as and this is what we need to return to so that we can find our way home to Them.



## WE ENDURE FOUR LAYERS of PERSONALITY SUPPRESSION!



Unknowingly, our parents pass onto their children (us) their beliefs and way of living that has evolved since the Rebellion, some 200,000 years ago, and then the Default, some 38,000 years ago. In this way, humanity is suppressing the female, rejecting our Spiritual Parents, namely Jesus and Mary, and denying our Heavenly Parents being our true Mother and Father, of Their truth, standing and existence.

**The Rebellion is against love, the Default is all the difficulties we have in our relationships because of our rebellion. Healing the Default is becoming true, to ourselves and in our relationships, and ending our unlovingness – our rejection of love, so ending the Rebellion.** Nanna Beth 29 June 2017



We are souls, our personality is an expression of our soul. It is our free expression of our soul through our feelings that we are to embrace and follow. This expression may appear to be wilful in nature, from time to time, and consequently our parents' attempt to suppress this expression. They proceed to remodel us when as young children, in the manner their parents treated them and so on for many generations going back.

During our forming years, as a child, we are unable to recognise the suppression of our personality as being extra-ordinarily harmful to our soul based personality and, accordingly, we don't know that things can be any other way. Presently, neither do our parents.



This childhood suppression way of living continues throughout our schooling years, thus we learn this is a way of life that is normal.

Our religions all have been formed based on the tenets of the Rebellion and Default. The teachers and leaders throughout all denominations take us further away from our suppressed feelings that have been hammered into us during our forming years, thus entrenching us further into rejecting our true selves.



The controlling and suppression mechanisms of our parents, educators and spiritual teachers all manifest throughout all of commerce. This control comes heavily and brutally down upon all levels of employment. The capability to express one's soul based attributes and gifts is sealed throughout all of one's working life.

A new way of living is to enable the liberation of one's true personality through the Feeling Healing process AND the transfer of authority to the individual via embracing freedom of expression.

February 15, 1920 – Jesus

Book of Truths

Studies of the different theories of the creation of man there always arise the question has arisen as to the relationship of the spiritual and physical – that is, as to the soul and the material body.

When the physical body is created, it has no consciousness of its having been created, for it is merely of the unconscious creations that are of the other material creatures of nature. It does not feel or sense in any degree the fact that it is a living thing, dependent upon the proper nourishment of its mother for its growth and continued life, in accordance with the laws of nature, and the objects of its own creation. The father and mother, being necessary to the creation or formation of this merely “animal” production, know only that in some way there has come into existence an embryo thing that may eventuate into a human being like unto themselves. If this thing were allowed to remain without the soul, it would soon fail to fulfil the object of its creation and would disintegrate into the elements of which it is formed.

**This physical part of man is really and only the result of the commingling of those forces that are contained in the two sexes, which according to the laws of nature and of man’s creation, are suited to produce a body fitted for the home of the soul that may be attracted to it, and to develop its individuality as a thing of life and possible immortality.**

The result of this commingling is intended only as a temporary covering or protection for the growth of the real being, and does not in any way limit or influence the continuous existence of the soul. And when this body’s functions have ended, the soul, which has then become **individualised**, continues its life in new surroundings and in gradual progression, and the mere instrument used for its individualization is disseminated into the elements forming its appearance and substance. As this body was called from the elements for a certain purpose, when that purpose shall have been served, it returns to these elements.

This physical body, of itself, has neither consciousness nor sensation, and in the beginning has only the borrowed life of its parents. And then when the soul finds its lodgement, it has only the life of the soul; for the human life can exist only so long as the soul inhabits the body.

This, then, is really the true description of the physical body, and if it were all of man, he would perish with its death, and cease to exist as a part of the creation of the universe of God.

But the soul is the vital, living and never-dying part of man. It is really the man, and the only thing that was intended to continue an existence in the spirit world. It was made in the image of God, and there is no reason for its existing for the continuing companionship of the physical body. And when men say or believe that the body is all of man, and when it dies man ceases to exist, they do not understand the relationship or functioning of soul and body, and know only the half truth which is visible to their senses – that the body dies and can never again be resuscitated.

But the questions are asked:

Whence comes the soul, by whom was it created, how does it become incarnated in man, and for what purpose, and what is its destiny?

First, let me state, that man has nothing to do with the creation of the soul or its appearance in the flesh. His work is to provide a receptacle for its coming – a mere host, as it were, for its entry into the flesh and existence as a mortal (or in the appearance of a mortal).

But his responsibility in this particular is very great, for man can destroy that receptacle, or care for it so that the soul may continue in Earth life a longer or shorter time.

And while this receptacle is the creation of man, and without him it could not be brought into existence, yet the soul is no part of his creation, and is independent of the body.

After the Earth life, in the spirit world, the soul will eventually cease to remember that it was ever connected with or dependent upon the creation of its parents. The soul, in the spirit life, as a truth, is so separated from and dissociated with that body which was its home while in the Earth life that it looks upon it as a mere vision of the past and not a subject for its consideration.

As has been told you, the soul was created by the Father long before its appearance in the flesh, and awaited such incarnation for the purpose only of giving it an individuality which it did not have in its pre-existence (and in which it has a duplex personality – male and female – that is needed to be separated and made individual). We, who have had this pre-existence and incarnation in the flesh and have obtained this individuality, know the truth of what I have here stated.

There is a law of God controlling these things that renders these pre-existing souls capable of knowing the desirability of incarnation, and they are always anxious and ready for the opportunity to be born in the flesh, and to assume the separate individuality that they are privileged to assume. As mortals provide the receptacle for their appearing and homing, as it were, they become aware of the fact and take advantage of the opportunity to occupy the receptacle, and become a human being, with the necessary result of **individuality**.

**March 21, 1920 – Jesus**

**Book of Truths**

Man's existence in the flesh is only for the purpose of giving his soul an individualization, and all other apparent objects are only secondary, as you may say, accidental accompaniments of this process of individualization.

Hence you will observe that this great object is accomplished equally in the case of the infant who dies young and in the case of the man who lives to a ripe old age; in each case the object of the soul's incarnation in the flesh is effected. The old man, of course, has his experience – a longer and more diverse existence in meeting and over-coming or submitting to the exigencies of his living than does the infant, but the great object is not more perfectly accomplished in the one case than in the other.

The soul becomes individualized the moment it finds its lodgement in the receptacle prepared by the laws of nature in using the human father and mother as its instruments, and time thereafter does not influence or have any determining effect upon that soul so far as its individualization is concerned; and neither does eternity, for that condition being once fixed never can be changed nor annihilated, so far as is known to the highest spirits of God's heavens.

Of course, the soul as thus individualized is subject to the various influences that surround it in its mortal life, and these influences may be retarding, deadly or destructive to the progress of the soul, but cannot possibly affect the object obtained by that soul's coming into the flesh or ever require a new individualization of that soul. Its identity and character, as an individualized thing are established, and no condition of the soul as to its goodness or badness can ever, in the slightest degree, affect this character or identity. The soul once **individualized** always remains the individual, even though the elements that enter into and make up the form will always find itself being rebuilt and continued by the operations of the law that preserves the individuality of that soul.

Then, I say, the object of the incarnation of the soul is to give it an individualisation, and this in two appearances: First, in that of the physical form which men by their perception of their natural organs of sense can perceive; and secondly, a form that is more sublimated and generally invisible to these organs – a spiritual form.

**At the moment of incarnation the soul takes the form which has been prepared for it by the forces that exist in the parents and retains that form during the natural life; and at the same moment there is created for it or attracted to it, the form of the spirit body, which then and ever afterwards remains with it. Both of these bodies are of the material; one of the visible material of the universe, the other of the invisible but still of the material.**

As you know, that body which is made of the visible material lasts for a little while only and then disappears forever, while that which is of the invisible, and which is more real and substantial than the former and exists all the time of the existence of the visible, continues with the soul after the disappearance of the visible body; and while changeable in response to the progress of that soul, yet the spirit body never in its composite form leaves that soul. This we in the spirit life know to be true, just as certainly as you mortals know the truth of the existence of the physical body. And as you mortals may in the short space of the life on Earth identify the man (which is really the soul) by the appearance of his physical body, so we in the spirit world identify the same man by the appearance of the spirit body, and so this fact must be forever.

Then such being the fact, it must be conceived that the soul has its existence in the physical body for an infinitesimal short time; that is, its life on Earth is only the breath of a moment, and then it enters on its career through eternity, and after a few years, as you may say, it may cease to remember that it ever had a lodgement in the physical body.

The preacher criticized the religion that taught man to think of and prepare for the future of the soul, and emphasized the fact that their thoughts should be more of the present, and that duty and good works towards their fellow man should be the object of their living, and their religion. Well, I recognize the importance of duty and good works and approve of them with all the knowledge that I now have of the demands and requirements of God's love, but on the other hand must say, that their importance to man's future destiny is also the importance of other privileges and obligations possessed by, and resting on man, during the short time that the soul is clothed in the physical body.

Duty performed, and good works will lessen the distress and sufferings of the mortal life, and cause the man who performs the duty and does the good works to become more in harmony with God's laws of mercy and truth, but will never suffice to bring a soul into harmony with the will of the Father as regards the higher destiny of man. These things will tend to lead merely to the purification of the soul, and to cause it to come into accord with the laws of its own creation and their end.

These constitute merely the exercise of compliance with the moral laws, and bring only a moral effect. And when I say moral laws I mean those laws that demand that, and by the observance of which, man comes into the condition of the perfect man, which was his at the time of his creation. He thereby obtains nothing more than belonged to him when he existed as the perfect man and was in complete harmony with God as such perfect man. He then loved God with all the capacity of his soul in the exercise of the love that had been bestowed upon him, and could have loved his brother as himself. And to this condition men are, to a more or less extent, now striving to attain, and many precepts of the Old Testament as well as of the New, will lead men to thus obtain.

And if this were the only destiny of man, then the religion of the preacher, which he says is based on these moral precepts of love to God and love to his fellow man, would be sufficient to obtain the goal sought, and love and duty and service would be all that are required of men while on Earth as well as after they become spirits; and the exercise of these graces by men while on Earth would be just as necessary and helpful as would their exercise afterwards in the spirit world. These things of love to God and love to man, and service and sacrifice constitute the true religion that leads to the perfect man, and makes for that harmony with the laws of God governing the condition of the perfect man, but not the divine man.

These things should be preached by all ministers and teachers, and practiced by men everywhere, for in their practice are happiness and bliss unspeakable. As these things work to a finality, man again becomes the son of God and obedient to His laws, and realizes the meaning of "love God and love your brother."

And so I repeat, the preacher in pronouncing the basis of his religion, declared the truths that will lead him into the condition of the perfect man (natural love), in harmony with God's will as to man's creation.

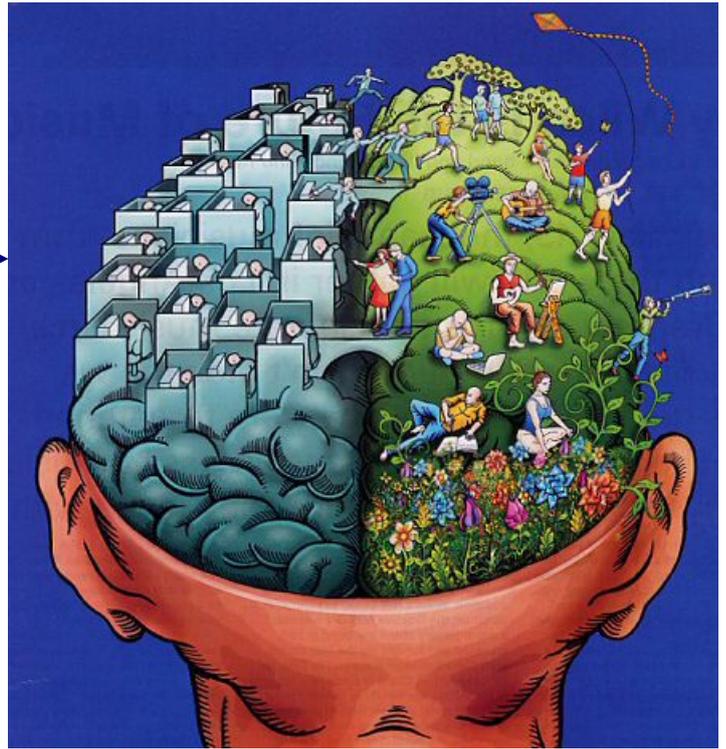
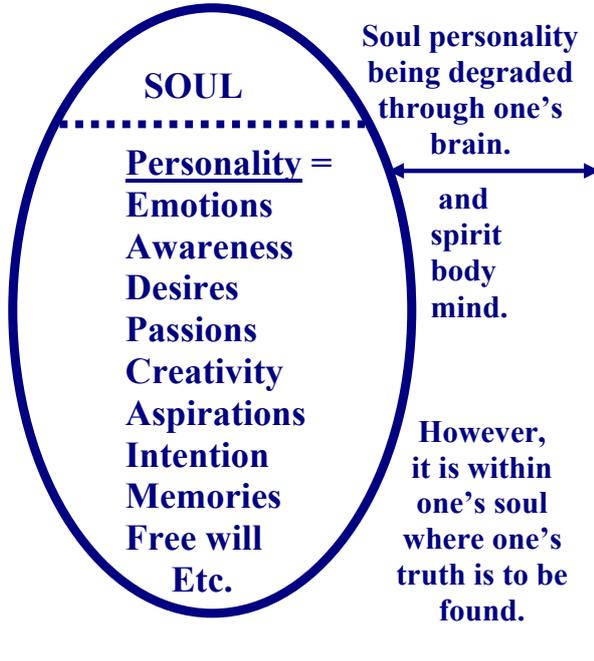
Only pray more and believe that the Father will answer your prayers. So believe that I love you and want you to be happy and free from care.

*Good night.*

*Your brother and friend – Jesus*

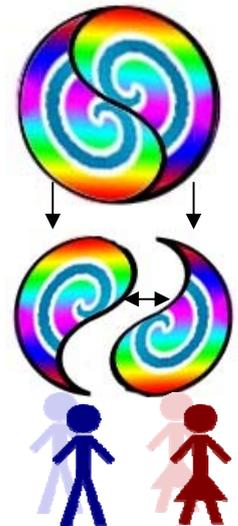
**God's Divine Love: Pray for it, ask for it, and receive it.**

# Personality



## SOUL PERSONALITY

Each soul, ever created, is unique. Just as each snowflake is unique. Every soul is unique from every other soul ever created. By referring to your soul, we are referring to your complete soul prior to its division into its two halves. Each soul expresses two absolutely unique personalities. Your soul then incarnates into two separate spiritual and physical bodies, one half into a male body and the other half into a female body, thus the personality is further distinguished by its male or female aspects. Your soul half, has a personality separate and distinct from every other soul. Your personality is bestowed complete by our Father and Mother. The soul expresses its two personalities into Creation. Your personality traverses your physical body, your spirit body, and your soul. At the time of death of the physical body, your personality continues on existing in your spirit body and soul.



No matter where our two soul halves incarnate, they will be drawn back together again as they grow in love.

The individuality of each soul half is never lost as they grow in love and return together.



The real you is your soul, which remains connected through cords of light to your spirit body.

# FEELING HEALING + SOUL HEALING

To heal one's self is to simply look to see what feelings we are refusing to let ourself feel, and accept them instead of denying them. And to fully accept them, one needs to express them, speak about them, let them have their say, rather than pushing them aside, refusing to let them make you feel bad.

Doing this all with the intention of seeking the truth of why you are feeling them, of speaking about and expressing all such feelings; all feelings you have, but ALL WITH the INTENTION of UNCOVERING the TRUTH THEY WANT YOU TO SEE ABOUT YOURSELF. And it's the wanting to see the truth of them that is very important, because if you just look to accept them and speak and express them, but not seek their truth, then that's all you'll be doing, speaking and expressing them, but not healing their causes, so not fixing the things within you that are making you feel bad. And it's the truth part of it, seeking the truth of your feelings, and so, seeking the truth through your feelings, that's vitally important. It's the truth of yourself, life, nature and God, that is the spiritual aspect to it all.

You CAN'T find the truth of yourself, or anything else, through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them. So to do our Soul-Healing consists of these steps, all of which are ongoing until it's done:

- **Admit you are feeling bad.**
- **Accept your bad feelings, identify what they are.**
- **Honour fully your bad feelings by expressing them, speaking about them to someone who is willing to hear you talk about them, or tell them out loud to our Heavenly Parents. Long for the truth of them. Long for the truth of why you feel bad – what deep within you is causing your bad feelings?**
- **And remember, bad feelings are Good! Not bad. They are not to be despised. And as hard as it is to accept them, they are still you, and a very real part of you. And if you persist in denying them and not allowing yourself to fully live them, then you are only going to keep yourself in your errors making things harder for yourself.**
- **All sickness and suffering, all bad things that happen to you, all your problems, all your addictions – your whole feeling-denying and untrue life, is all caused by your denial of bad feelings.**
- **Every problem in the world is brought about because everyone has been brought up to deny feelings, and in particular, most of their bad ones.**

If one is intent on spiritually evolving and growing in truth, then it's vital, and this is the key, that one looks to use one's feelings as the means to gain and have access to the truth of oneself. You CAN'T find the truth of yourself or anything else through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

Doing your Soul-Healing with the Divine Love, is really doing your 'Feeling-Healing'. We are designed — created — to be self-revealing of truth, and so we are all to uncover the truth within ourselves and for ourselves, and all being done by living true to our feelings. **If you accept, express and seek the truth of your feelings, then truth will come to you, and you'll grow spiritually. It's as easy as that. Also it is as easy as it is to long for, ask for and receive Divine Love.**

## Prayers to our Mother and Father

From 'Religion of Feelings' by James Moncrief

**Please Mother and Father** help me accept my untrue state and bring up all my repressed feelings so I can see the full truth of why I feel so unloved and all that's wrong with me.

**Please Mother and Father** help me see the truth of myself through my feelings.

**Please my beloved Heavenly Parents**, fill my soul with Your Divine Love. I long for Your Divine Love; please answer my prayer and yearning to be at-one with You and do Your Will by living true to myself and all my feelings. Please fill my heart and soul with Your Divine Love – please make my soul like Yours – Divine.

**Please Mother and Father**, I want to uncover the whole truth of myself through my feelings. I want to be able to feel and accept just how bad I am, how bad I feel I am, how bad I've been in my life. I want to know the whole ugly truth of myself, see it and feel it and understand how I came to be it. Please reveal to me through my feelings all the truth of myself You want me to see. I want to be as You want me to be; I want to be true and perfect, Healed of all my rebelliousness and self- and feeling-denial; I want to be good, loving, true and happy, please help me become true to myself, true to my soul, true to You.

**Please Mother and Father help me**, I'm in such bad pain, I feel so alone, so miserable, so scared, what's going to become of me, I don't understand, what's the point of me, why have You made me; please help me see the truth of myself – all the truths of myself, nature, how to be in the world, of You both. I want to know, I want to know it all through my feelings, all that there is to see, the whole truth and nothing but the truth. Please help all my pain come to the surface of me so I can embrace and accept and express it out of me. I want to use my feelings to uncover the truth they are to show me; please help me to do that.

**Please Mother and Father love me**. I want You to love me. I want to feel fully loved by You. I don't want anything else, only to be with You. Please, that is all I am asking.

**Please make me feel how unloving I am**. Please show me the horrible truth that I am. I want to see and feel and understand the worst of me, please take me into my darkest scariest ugliest unwanted rejected places within myself. I don't want to feel all the dreadful pain that I know is there locked away inside me, yet I do also want it all to come up and out of me, and I want to use it to see the truth of my wrongness, the truth of how evil I am, the truth of my fucked up state. I no longer want to be false, pretending I am okay, using my mind to make me falsely believe I am good, happy, loved and loving, when I know I'm not. For how can I be when You've brought me into my unloving state, making me be of it. And as You want me to experience being this negative way, please show me the whole truth of it. I no longer want to deny any part of myself, or any of my bad feelings. I want them all to come up so I can express them, emoting their pain, feeling how bad You've made me feel all my life and all through my early life; I want to see why, and so reveal all the truth to myself. I want to be the living truth of myself, living true to my feelings and the truth they give rise to. Please help me to do my Healing, and please fill my soul with Your Divine Love.

The mind way is the 'dead' way; the feelings way is the 'alive' way.

### Examples of some prayers to God:

From 'Feeling Healing' by James Moncrief

**Please God** show me the truth of myself through my feelings.

Please help me see the truth about myself You want me to see.

And please help me feel all my repressed pain; please bring up all my bad feelings so I can express them and see what it is they are to show me about myself, my life, and You.

And please help me work through my blocks, I want to Heal myself, I want to become true to myself and true to my feelings and true to You – please help me do that.

**Heavenly Mother and Father**, I feel so bad, and I know I'm doing it to myself, but I can't help it. I can't stop my compulsive addictions, so will you please bring up the buried feelings in me and show me the reasons why I can't stop. Please! I want to know – I REALLY WANT TO KNOW why I do them. Please help me Mother and Father to uncover the truth of myself. Please, I beg you, please, please, please show me the truth of them so I can give them up. I hate feeling bad, yet I know I must so I can keep expressing my bad feelings to see the truth You want me to see, so please help me feel bad.

**Please Mother and Father** fill my heart and soul with Your Divine Love. Please give me Your Love. Please love me and make me feel loved by You. I want to feel You close to me, I want You to hold me, make me feel loved by You. I only want You and to do Your Will. Please help me bring up all my repressed feelings so I can express them and uncover their truth. Please help me do my Healing. Please give me Your Love.

**I hate you Mother and Father**; why have You given me such a shit awful life? I hate myself, I hate You, I hate everything about my life. I feel so bad all the time. I've expressed so many bad feelings and still I feel bad. It's not fair, it's not fair what You've done to me. I hate You! And I want You to help me Heal myself, so I can stop feeling bad. You put me in the shit for whatever reasons, and I want You now to help me get out of it and show me what it's all been about. Please help me to Heal myself so I no longer hate You.

**I long for Your Divine Love** Mother and Father. Please fill my soul with it. And please help me uncover the truth of myself through my feelings. I want to see it all! And please make it all end, I'm so tired of always feeling so bad, please take all my bad feelings away by making me feel them and showing me the truth I am to see.

**LOVE**  
is  
**Feelings First Spirituality, The New Way**

*Feelings First Spirituality, The New Way* is a contemporary ‘religion’ based on living true to yourself through your feelings. Understanding that all you need in life is contained within your soul and is shown to you through your feelings. And by loving your feelings, by attending to them properly (talking or writing them out of you) and not denying them, you can use them to uncover the truth of yourself – the truth of your soul.

*Feelings First Spirituality* is not a formalised religion that tells you how to be, that is too controlling and is actually bad for you, limiting your spiritual growth. You can be wholly self-revealing of the truths you need to be, being the person God created you to be, all by living true to your feelings.

*Feelings First Spirituality* has no formal structure because we understand we don't need one, our soul contains within it all the truth of our spiritual ascent. If we look to our feelings for the truth they want us to see about ourselves, nature and God, then what more do we need! Our true spiritual path is the path our feelings will lead us down, that is, provided we allow them to. This is the most spiritual we can be.

**Living the New Way of Feelings First Spirituality**

You come to the understanding from your life experiences that how you are is not right, it doesn't make you feel good – that you are wrong in some way. And you want to change yourself, you want to become right, true and perfect – you want to be like God is.

*And to do this you need to do your Healing*

Your Feeling-Healing is looking to your feelings for the truth of yourself, the truth being hidden in many of the feelings you are not wanting to face in life. So you have to end your feeling denial, accepting all your bad feelings (and good ones), express them (yet not necessarily acting upon them), whilst longing to uncover the truth they are to show you.

Or, you can do your Soul-Healing, which is your Feeling-Healing together with including longing directly to God for God's Divine Love. When you receive the Divine Love into your soul, it will cause your soul to become divine, and it will deepen your personal relationship with God. Long with all your heart to God for God's Divine Love.

<http://religionoffeelings.weebly.com/>

## **Feelings First Spirituality** **The New Way**

**By living true to ourselves, true to our feelings, we are living true to God. It's that simple.**

# FEEL *for* TRUTH

The beauty of it all, is the truth comes to you through your own feelings. You don't need to be told it by anyone. You can work it all out for yourself. We are self-revealing of truth, it's how God created us to be, and by being it we'll feel the happiest we can feel. Truth is our great comforter, so when you feel it come up within you, ah it feels so good and you feel just right – perfect!

We know only how to deny feelings, now we can get to know how to accept them. And always with the truth being the most important part.

## FEELING TRUTH

If you don't want to uncover the truth of your feelings, then you can keep on expressing them forever but you will never fully heal yourself. Seeing the truth results in the Healing. And to see the truth you need to express all the pain out of you. The two things go hand in hand.

You can accept and express your bad feelings, letting off steam all day long, yet nothing will heal and nothing much will come of it. So this is where wanting your feelings to show you the truth of why you're feeling as you are is so important.

Don't go fishing with your mind, that will shut the truth out from rising up for you. **KEEP YOUR MIND OUT OF IT.** It's a feeling thing, doing your Feeling-Healing. (This is where we erred previously, and this how other modalities are in error.)



You long when you can, then stop longing and keep expressing. And at some point, and it might not even happen immediately, it might happen after days or weeks of expressing the same bad feelings, truth will come to you. And it does, it just comes up suddenly into your consciousness. You just know. You see the picture and you feel it's true. And you know it's true. And THEN your mind can come in and start sorting it out and putting in context.

It's the Truth that we are seeking. It's the End Point. The Reason for doing your Healing. You are to see the whole Truth of yourself. And to begin with, that's the whole truth of your unloving self, of your wrongness, of your evilness, of why you are as you are in your negative unloving mind-controlling state. To be able to fully accept yourself as you are, warts and all. To not fight or resist or try and change yourself, just to accept all you feel and all the truth of all those bad feelings you feel about yourself. And when you do, so you will be healed. You CAN'T heal yourself unless you uncover the truth of your pain, suffering and so the truth of all your bad feelings.

Through our Feeling-Healing we long for the truth of what we're feeling whenever we can. So as often as you can. You want, and REALLY WANT WITH ALL YOUR BEING, ALL YOUR WILL, to know why you are feeling bad. You yearn, want, long and beg and beg and BEG God to show you the truth of yourself through your feelings. So when you are expressing your bad feelings you can stop and long for the truth to show you what's going on, why do you feel so bad, and you can do it any time you think of it or feel to do it.

Notes from 'Feeling Healing' by James Moncrief

# Heartfelt TRUTH

**AFTER DEATH / LETTERS FROM JULIA:**

by William Thomas Stead

I did not feel any pain in "dying;" I felt only a great calm and peace. Then I awoke, and I was standing outside my old body, in the room. There was no one there at first, just myself and my old body. At first I wondered I was so strangely well. Then I saw that I had passed over.

Then I left the room and my poor old body, and passed out (left the building). It was so strange; the streets were full of spirits. I could see them as we passed; they seemed to be just like ourselves. My angel had wings; they were very beautiful. She was all robed in white. She, for at first she seemed to be a female, came to me. (Julia speaks of this Guide indifferently as he and she explaining, when I (Mr Stead) asked, that in our sense angels are neither male nor female. Within the spirit world, we have no need for reproductive organs.)

The spirit friends had their life much as it was here; they lived and loved, and if they had not to work for their daily bread, they had still plenty to do.

**The Raiment of Immortal Youth.**

No one seems to be old. We are young, with what seems to be immortal youth. We can, when we please, assume the old bodies or their spiritual counterparts as we can assume our old clothes for purposes of identification, but our spiritual bodies here are young and beautiful.

There is a semblance between what we are and what we were. We might recognize the new by its likeness to the old, but it is very different. The disembodied soul (spirit body) soon assumes the new raiment of youth, from which all decay has been removed.

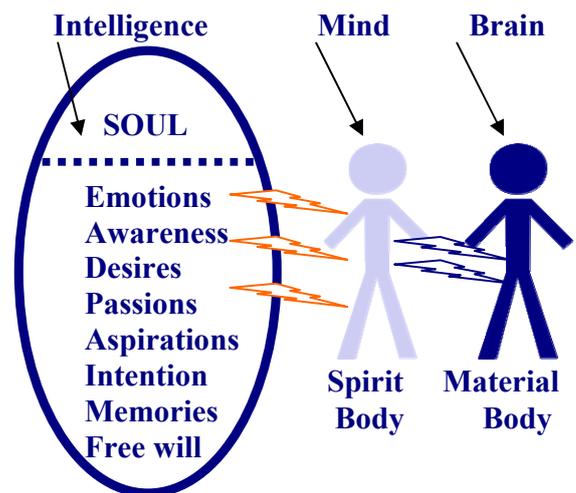
**The Life Beyond.**

I find it so difficult to explain how we live, and how we spend our time. We never weary, and do not need to sleep as we did on Earth; neither do we need to eat or drink; these things were necessary for the material body; here we do not need them. I think we can best teach you what we experience by asking you to remember those moments of exaltation when, in the light of the setting or rising sun, you look out, happy and contented, upon the landscape over which the sun's rays have shed their magical beauty. There is peace; there is life; there is beauty; above all, there is love. Beauty everywhere, joy and love. Love, love is the secret of Heaven. God is love, and when you are lost in love you are found in God.

**The Soul After Death.**

When the soul (spirit body) leaves the body it remains exactly the same as when it was in the body; the soul, which is the only real self, and which uses the mind and the body as its instruments, no longer has the use or the need of the body. But it retains the mind, knowledge, experience, the habits of thought,

**The real you is your soul, that is the bit you want to develop.**



the inclinations; they remain exactly as they were. Only it often happens that the gradual decay of the fleshy envelope to some extent obscures and impairs the real self which is liberated by death.

(The soul is separate and distinct from the spirit body. Within the lower spheres of the spirit world, most entities mistake the spirit body as being the soul.)

### **Spirit Communication Not Harmful to the Spirits.**

I am over the border, but I am in constant communication with you on the Earth-side. To me this has been the means of great blessing. I cannot conceive how anyone can consider that such communications can possibly retard growth. Growth depends upon love and service; and you limit the area of both when you put a wall of iron between the spheres. The conception of Earth as a geographical place is very material. You think too much in matter. You cannot realize that to me and to all on this side **you are spirit-fogged in a little body limited and conditioned by that fog.** But the real self is spirit, not flesh-fog, and life is ministry and sacrifice and service and love. As, therefore, this means of communication enables me to minister to and serve those whom I loved, who are often sorely pressed and troubled, you can see how absurd is the doctrine that it is a hindrance to development.



I awoke standing by my dead body, thinking I was still alive and in my ordinary physical frame. It was only when I saw the corpse in the bed that I knew that something had happened. When the thought of nakedness crosses the spirit there comes the clothing which you need. **The idea with us is creative. We think, and the thing is.** I do not remember putting on any garments. There is just the sense of need, and the need is supplied. When we stand for the first time on this side there is not so much fear as great awe and curiosity. The sense of being in a land altogether undiscovered and unexplored, where there may be all manner of strange beings, perhaps hostile, fills you with a moment's trepidation. And then it is that the good Lord in His kindness sends to the newly-delivered soul the Guardian Angel of whom I wrote before.

### **The Body**

**The body is such a miserable substitute for the spirit in which we live and move and act as we think.** No, if I might come back and live on Earth as I used to do, I would not; it would be all loss and no gain. There is nothing the body could give me, that I do not now enjoy. Only in an etherealized but more real way, and much that I enjoy I should lose by being again in my body.

### **The Senses as Blinkers.**

The soul in the body hears but dimly, and sees not at all the innumerable influences with which it is surrounded. **The first and most startling thing we have to learn is that our senses, material senses, are not so much to help us to see and hear as to bar us off from seeing or hearing.** We are on Earth as it were, with blinkers on. We must not see or hear or know much that surrounds us. The physical consciousness which is part of us, needs for its development the temporary seclusion of life from the realities of the world of spirit into which it is ushered at death. Hence, when we close our eyes in the

sleep of death, it is more of a laying down of the blinkers that limited and confined our vision than almost anything else. I am speaking of the conscious change to our senses.

### **A New Freedom of Movement.**

When I began to move I walked as I used to walk, and it seemed natural to do so. My Guide walked beside me, and we saw the world as it was with spirits moving among men. I did not see at first which was which. They were all living people, it seemed to me. But I saw the spirits pass through matter and move away, as physical bodies could not do. Then I asked my Guide, and he said they were like myself, those who had lived on Earth and had passed on. Then I saw that they moved sometimes as if they were still in the body, and at other times as if they were angels, **coming and going with great speed**, and I remarked upon it to my Guide. And he said, "Yes, they can do as they please, for it is in the power of the mind to go slow or fast."



### **Out of Body Experience**

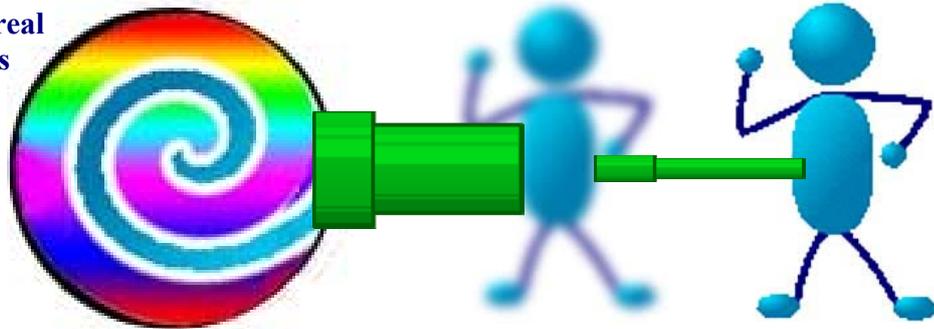
I saw all people as “energy”, and depending where our energy level was, that was the world we created for ourselves. The understanding I gained from this was that if cancer was not in our “energy”, then it was not in our reality. If feeling good about ourselves was in our energy, then our reality would be positive.” – Anita Moorjani

A newly individualising soul is just a tiny invisible spark.



KNOWLEDGE downloading from your source, the SOUL

The real you is your soul.

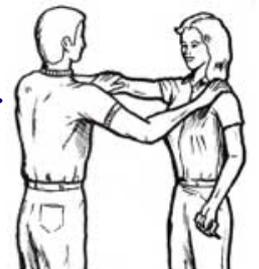


SOUL  SPIRIT BODY  PHYSICAL BODY  
PERSONALITY

The flow of knowledge and sensory capabilities from the soul to the spirit body is constricted by the soul's condition and further restricted by the limited, though great, capabilities of the spirit body. This flow on to the physical body from the spirit body is further constricted by the physical bodies greater limitations.



- Physical Body      ↑      we first generally develop our physical senses.
- Spirit Body        ↑      mind / brain development starts.
- Soul                 ↑      soul development is typically ignored on the planet.



Soulmate development is soul to soul. Once we open up our soul, we cease to depend upon our bodies, and connect soul to soul.

Connecting to the soul can be achieved through kinesiology muscle testing.

**“JUDAS of KERIOTH”** edited by Geoff Cutler  
**The Soul** – 19 August, 2001

[www.lulu.com](http://www.lulu.com)

In soul development we arrive at some point to when the soul definitely takes control, and the material mind, with its seat in the spiritual body, disappears. When this happens, the soul has obtained the capacity to enter the Seventh Sphere, and as long as the material mind exists, the soul could not live in that sphere, since it would be completely wanting of communication.

The Seventh Sphere, then, is the place of the soul’s total opening up, with all its consequences – for example, there is no need for languages because all our feelings, our thoughts, are transmitted in form of information packages, directly from soul to soul, and the contents of our soul lies open for all other souls to see. You could call it the absolute “information society”, with free access to everything, where nothing is hidden from anybody. This abundance of information, these galaxies of positive experiences and feelings, are only one of the factors for our happiness.

You are thinking of your own thoughts – diffuse, unordered, many times even shameful. This is how the material mind works. In the soul, this does not exist.

Faith is the measure for the opening up of the soul; it is the measure for knowledge that has come to us without learning, like a gift. All of us have minimum faith: God exists and He awaits us. You already know that many times even this minimum is secluded and cornered into a dark room of material consciousness, nevertheless, it still exists.

On the basis of this minimum knowledge, we can begin to seek God, a search accompanied by longings, which in turn bring Love and Knowledge, allowing us to open up more to Divinity, and therefore, to increase our true knowledge, that is to say, our faith increases. We need faith to obtain the Father’s Love, and this love in turn increases our faith. It is progress in the form of an exponential, non-linear curve, and the more we progress, the easier the step is to take. The difficult thing is to get started; the difficult thing is to find that entrance, where the Light flows into our soul, and with this discovery, to awaken our curiosity and our longings.

As I have indicated previously, the spiritual body is the seat of the material mind, as men know it. It is also the seat of our senses that, while we live on Earth, are handicapped or restricted by the physical body, which filters all impressions and observations through a rough mesh. Only the coarsest things are retained in that mesh, while the finer stuff passes unnoticed.

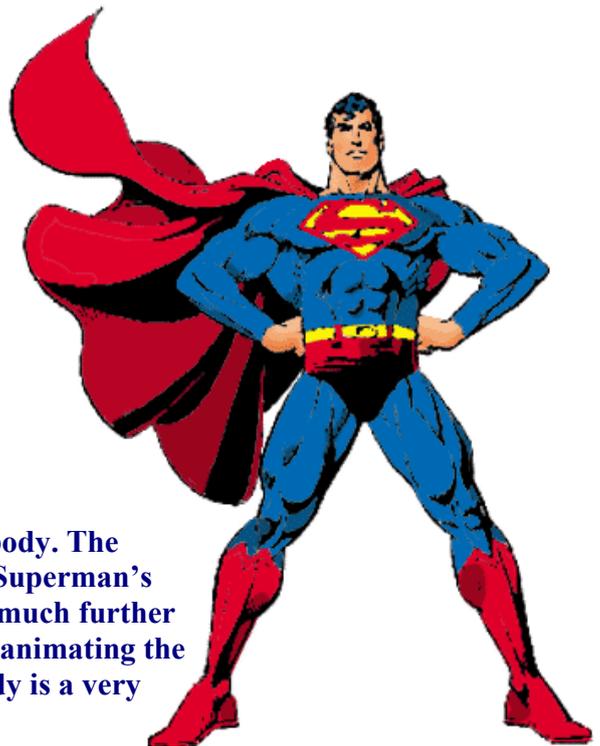
With our physical death, that impediment disappears, and the senses of the spiritual body open for a wider range of perception, and much quicker learning. But these senses will never open up to the fantastic world of the soul. It is only through the opening up of the soul that we can participate in the world of Divinity, and it is the opening up of the soul that launches a fantastic progress without limits, where the dualism of positive and negative no longer exists, where everything is positive, a world without shadows – paradise.

Your world is but a shadow of the spirit world. The spirit world is only a feeble reflection of Divinity’s splendour. Open up and aspire for more...

**The physical body's capabilities, with its five senses, pales into insignificance when compared to the capabilities of one's spirit body, with its many senses, which include the physical body's five senses, however they are greatly enhanced.**



**Your soul animates your spirit body. The spirit body can be compared to Superman's capabilities. Now consider how much further your soul is restricted when it is animating the physical body. Your physical body is a very restrictive and restraining suit.**



**When the physical body is viewed as an entity that is cocooned within a cumbersome restrictive suit and then compared to the capabilities of Superman, then we are starting to compare the capabilities of your physical body with that of your spirit body. Your spirit body, once it leaves your physical body, can travel to the other side of Earth quicker than you can read this sentence! You can travel so fast that you can see the end beams of light.**

**Now, try and imagine the capabilities of your soul which animates your spirit body, and in turn animates your physical body. Your soul has many, many senses and ever increasing capabilities as it grows and grows in love.**



**Your soul is your real self, the home of your personality being your intelligence, your emotions, memories, awareness, passions, desires, creativity, intentions, aspirations, free will, etc. As you grow in love, all these aspects of you grow and expand naturally.**

**Our journey starts by being individualised. Your soul starts its journey of discovery and growth by being incarnated into the physical body which at the same time forms the spirit body attaching to the newly created embryo. The individualisation process is completed once the soul connects to the embryo being the two bodies, the physical and the spirit body, at the same time your personality forms. Upon the soul becoming individualised, the need for the physical body is satisfied and completed. There never becomes another time whereby we need to return to dwell within another physical body. Subsequently, on our journey of development in love our soul remains housed within the spirit body and your personality continues with both the soul and spirit body.**

**Our soul continues to grow in love and beauty on its journey home towards our Creator.**

**TRIUNE BRAIN:**

Different brain structures evolved or were created in higher beings to perform more complicated operations.

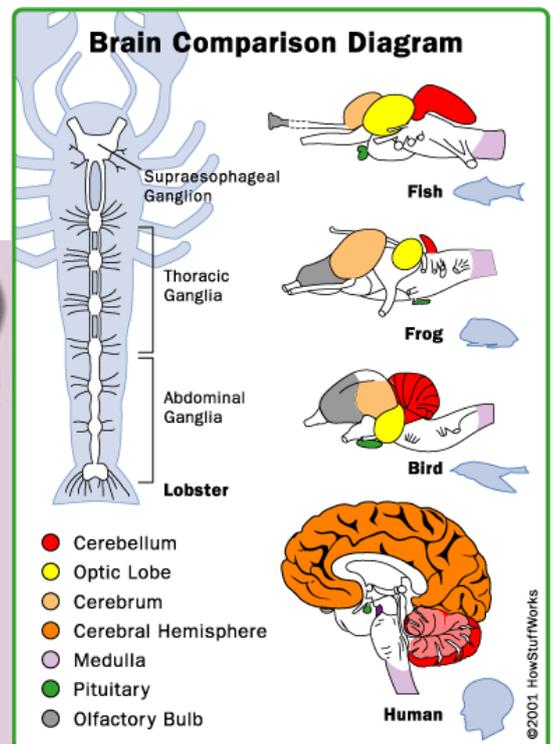
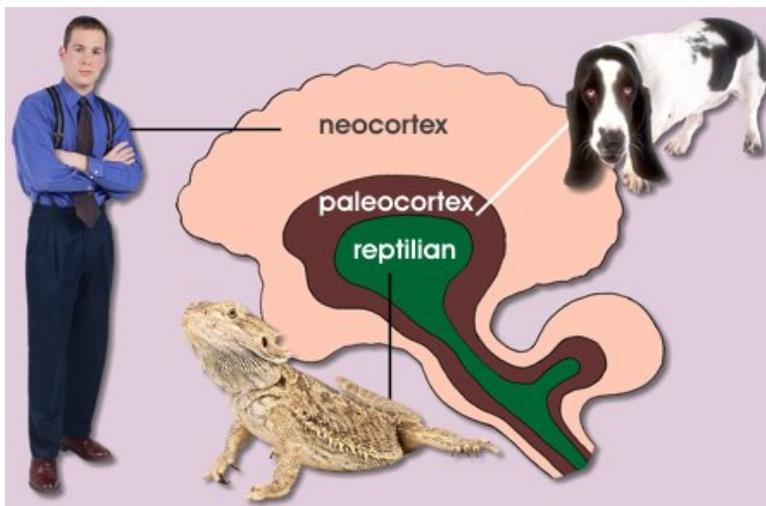
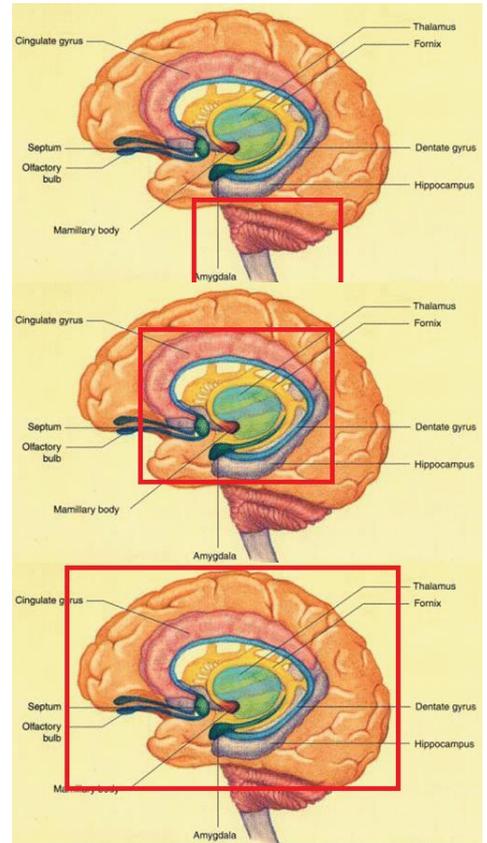
**The Reptilian Brain:** The primitive form of the brain, which controls the vital functions, heart rate, breathing, body temperature, and balance. This form consists only of the brain stem and cerebellum.

**The Old Mammalian Brain:** The brain stem, cerebellum, and limbic system. The limbic system of the brain emerged with the first mammals. Its main structures are the hippocampus (converts short-term memory into long-term), the amygdala (processing and memory of emotional reactions), and the hypothalamus (controls the release of hormones).

**The New Mammalian Brain:** The brain stem, cerebellum, limbic system, and neocortex. The neocortex is attributed to such human developments as language, abstract thought, imagination, and consciousness.

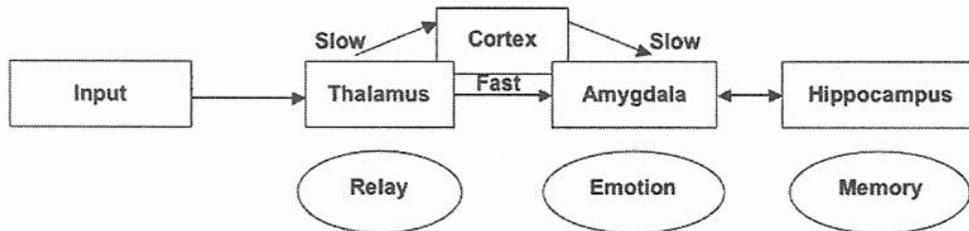
You will note that the Reptilian Brain has no structures that perform any functions that involve emotion or memory. Organisms with reptilian brain do not feel complex emotions, nor do they recall emotional experiences.

**Spirit Body:** Every creature that has a central nervous system has a spirit body, however, it is only human beings that have a spirit body and a soul.

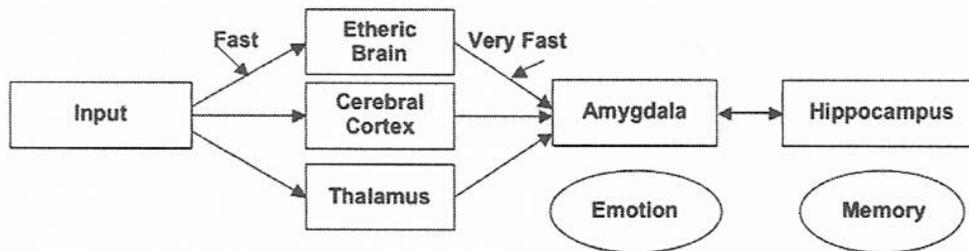


## BRAIN FUNCTION AND PHYSIOLOGY

### Lower Mind (Below 200)



### Higher Mind (Above 200)



### Below 200

Left-brain dominance  
 Linear  
 Stress—Adrenaline  
 Fight or flight  
 Alarm—Resistance—Exhaustion  
 (Selye—Cannon: Fight/Flight)  
 ▼ Killer cells and immunity  
 Thymus stress  
 Disrupt acupuncture meridian  
 Disease  
 Negative muscle response  
 ▼ Neurotransmitters—Serotonin

Track to emotions twice as fast  
 as through prefrontal cortex  
 to emotions  
 Pupil dilates

### Above 200

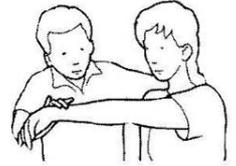
Right-brain dominance  
 Non-linear  
 Peace—Endorphins  
 Positive emotion  
 Support thymus  
 ▲ Killer cells  
 ▲ Immunity  
 Healing  
 Balanced acupuncture system  
 Positive muscle response

Track to emotions slower  
 than from prefrontal  
 and etheric cortexes  
 Pupil constricts

### Importance:

Spiritual endeavor and intention change the brain function and the body's physiology and establish a specific area for spiritual information in the right-brain prefrontal cortex and its concordant etheric (energy) brain.

**Using Kinesiology Muscle Testing** in relation with the Map of Consciousness, consciousness being soul condition, one can determine the level of energy / truth of anything. Thus with kinesiology you can determine which emotion or emotions are directly behind your discomfort / dis-ease, where in your bodies, which overlay each other, this negative energy is stuck, and the size of the energy field. When you have released the emotional energy ball, you can then confirm if it is now gone.



The Map of Consciousness (MoC) table is based on the common log of 10. It is not a numeric table.

A calibration increase of 1 point is in fact a 10 fold increase in energy.

A calibration increase of 10 points is in fact a 10,000,000,000 fold increase in energy.

Thus the energy differentials are in fact enormous!

MAP OF CONSCIOUSNESS					
God-view	Life-view	Level	Log	Emotion	Process
Self	Is	Enlightenment	700 1000	Ineffable	Pure Consciousness
All-Being	Perfect	Peace	↑ 600	Bliss	Illumination
One	Complete	Joy	↑ 540	Serenity	Transfiguration
Loving	Benign	Love	↑ 500	Reverence	Revelation
Wise	Meaningful	Reason	↑ 400	Understanding	Abstraction
Merciful	Harmonious	Acceptance	↑ 350	Forgiveness	Transcendence
Inspiring	Hopeful	Willingness	↑ 310	Optimism	Intention
Enabling	Satisfactory	Neutrality	↑ 250	Trust	Release
Permitting	Feasible	Courage	↑ 200	Affirmation	Empowerment
Indifferent	Demanding	Pride	↓ 175	Scorn	Inflation
Vengeful	Antagonistic	Anger	↓ 150	Hate	Aggression
Denying	Disappointing	Desire	↓ 125	Craving	Enslavement
Punitive	Frightening	Fear	↓ 100	Anxiety	Withdrawal
Disdainful	Tragic	Grief	↓ 75	Regret	Despondency
Condemning	Hopeless	Apathy	↓ 50	Despair	Abdication
Vindictive	Evil	Guilt	↓ 30	Blame	Destruction
Despising	Miserable	Shame	20	Humiliation	Elimination

	The Final Doorway to Enlightenment / Nonduality
	The beginning of the Nonlinear Realm 500
	The beginning of Integrity 200

**NATURAL LOVE or HUMANITY’S ERRONEOUS EMOTIONS:**

Your soul, being your real you, is an emotional being. Your soul, though a thought of God, does not possess anything of the divine within it. It existed in a state of bliss, in a natural love state, pending individualisation which is achieved at conception which is the time of incarnation. Your soul is endowed with natural love emotions noted within the top section of the Map of Consciousness scale, being those emotions calibrating above 200.

MAP OF CONSCIOUSNESS					
God-view	Life-view	Level	Log	Emotion	Process
Self	Is	Enlightenment	700 1000	Ineffable	Pure Consciousness
All-Being	Perfect	Peace	↑ 600	Bliss	Illumination
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Inspiring	Hopeful	Willingness	↑ 310	Optimism	Intention
Enabling	Satisfactory	Neutrality	↑ 250	Trust	Release
Permitting	Feasible	Courage	↑ 200	Affirmation	Empowerment

Humanity’s erroneous emotions are those calibrating below 200 on the Map of Consciousness. The environment around a newly conceived child progressively degrades the condition of that child’s soul. When the child reaches about the age of 7, the child’s soul condition will reflect the parent’s condition. These negative emotions are like a crust around the pure soul it has within.

MAP OF CONSCIOUSNESS					
God-view	Life-view	Level	Log	Emotion	Process
Man made dis-empowering emotions:			↓ 200	All the negative emotions	
Indifferent	Demanding	Pride	↓ 175	Scorn	Inflation
Vengeful	Antagonistic	Anger	↓ 150	Hate	Aggression
Denying	Disappointing	Desire	↓ 125	Craving	Enslavement
Punitive	Frightening	Fear	↓ 100	Anxiety	Withdrawal
Disdainful	Tragic	Grief	↓ 75	Regret	Despondency
Condemning	Hopeless	Apathy	↓ 50	Despair	Abdication
Vindictive	Evil	Guilt	↓ 30	Blame	Destruction
Despising	Miserable	Shame	20	Humiliation	Elimination

## *Meridians – the Pathways of Energy Flow*

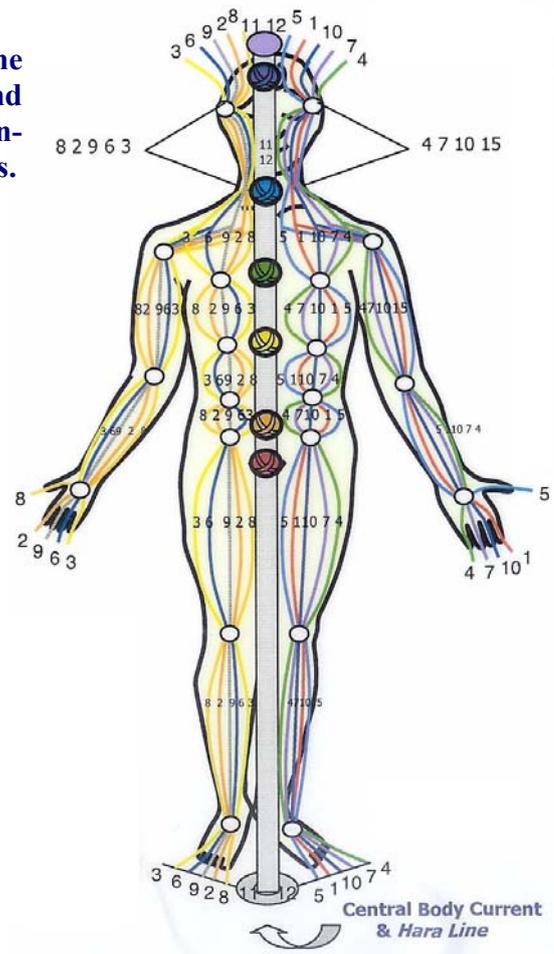
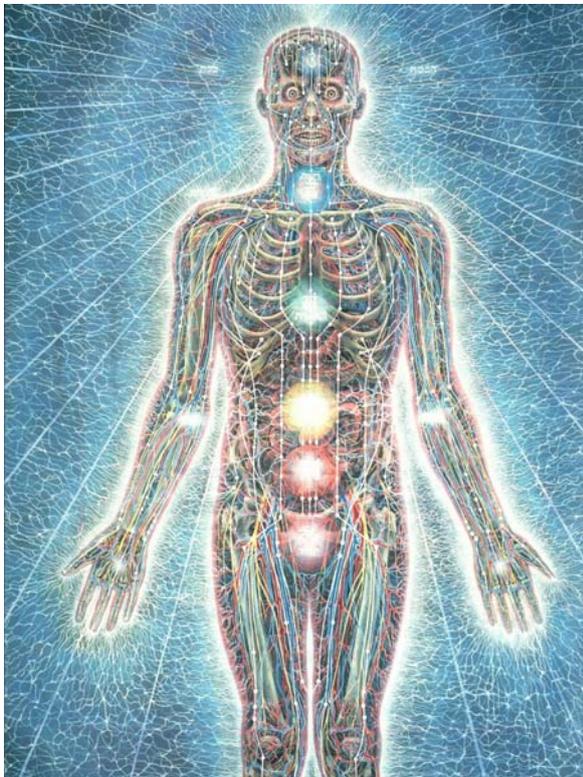
<http://www.crystallotus.com/Acupressure/Index.htm>

The pathways of chi flow are called meridians. Where are the meridians? When a surgeon operates on a person, he does not find any meridians. The surgeon does not see air either, but it is still there. Compare a meridian with a stream. A stream, unlike a pipe, has no defined boundary. It is simply where water flows, and it may constantly change its shape, although the change is so small that it generally maintains a definite line of flow. In the same way, a meridian has no fixed boundary.

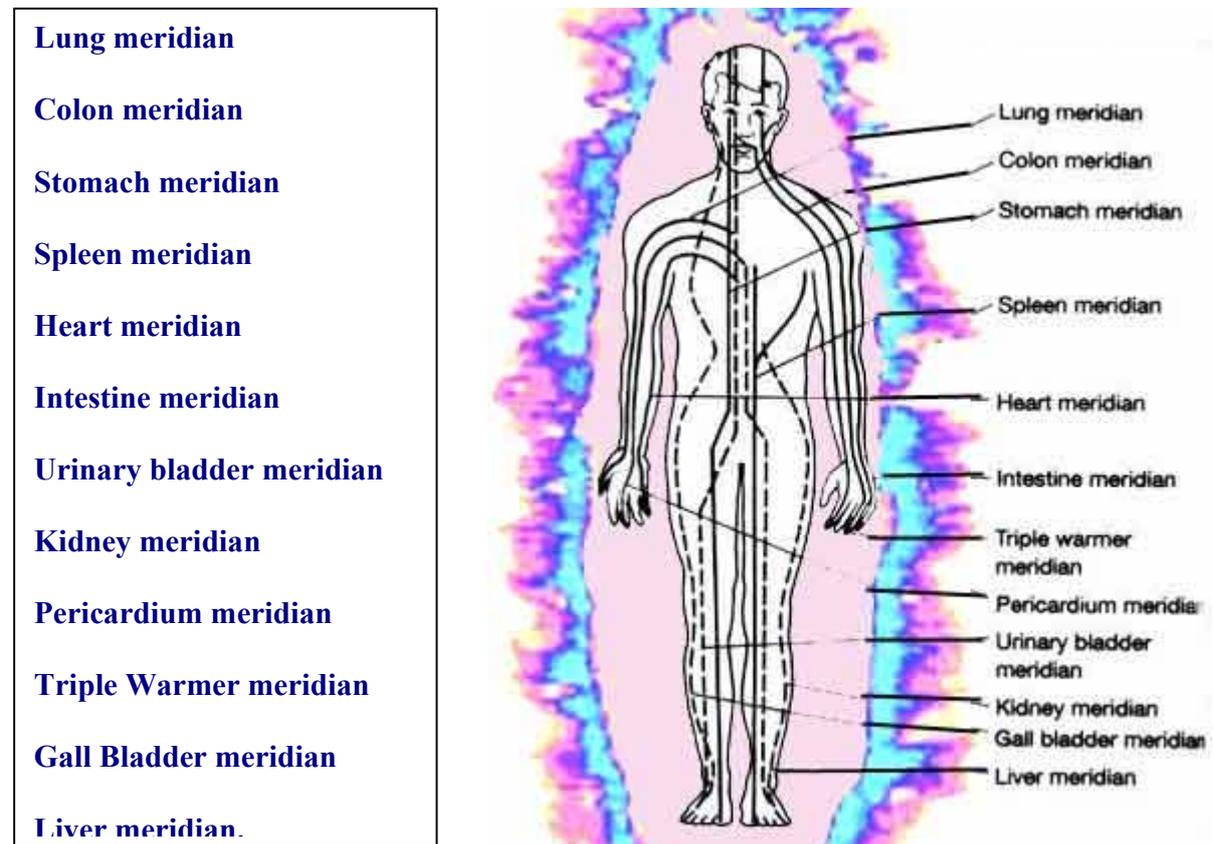
It exists where the chi flow is, though it maintains its general form. Meridians are of two kinds: the main ones are called channels (jing), and the branches are called collateral (luo). However, the term ‘meridians’ is often used to denote channels.

When Chi does not flow easily and smoothly we have what is commonly called a dis-ease. The Chinese believe that a Chi gets trapped in the meridian and the body suffers from all the ailments. To heal this blockage the Chinese healers understood the flow of energy through the various Meridians. They stimulated the energy points to let flow the Chi and, so therefore the healing took place.

Tonal lines create the web-work of energy which the scalar-wave frequencies of the core Katha Grid and DNA Template translate into the Chakra Meridian-Nadius Line (Hara Line) and chemical DNA systems.



Meridians, or channels, can be classified into two groups: primary and secondary: Primary meridians are those that pass through internal organs, secondary meridians do not. There are twelve pairs of primary meridians flowing in a never-ending circle. For simplicity, only one of each pair is described. The twelve meridians are as follows:



Negative energy in the form of holding onto an untruth about anything, being a person or an event, deposits within one's soul as a tiny cell of unwanted energy. This tiny energy blockage can grow and grow should you allow the issue to fester within your being.



Untruths with anger and hatred will slowly, but surely, manifest themselves into your meridian system which resides within your spirit body. This then results in energy flow blockages within your meridian system, being the template for your physical body. Unless these energy blockages are released and allowed to pass through your spirit body, you will begin to feel pains within your physical body, and subsequently, an illness may emerge within your physical body. Such illness is a direct result of an emotional issue, or series of related emotional issues, that could have commenced during your early childhood, or even before birth. Proceeding to release these emotional time bombs while receiving medical assistance for your physical body can result in the permanent recovery from such illness.

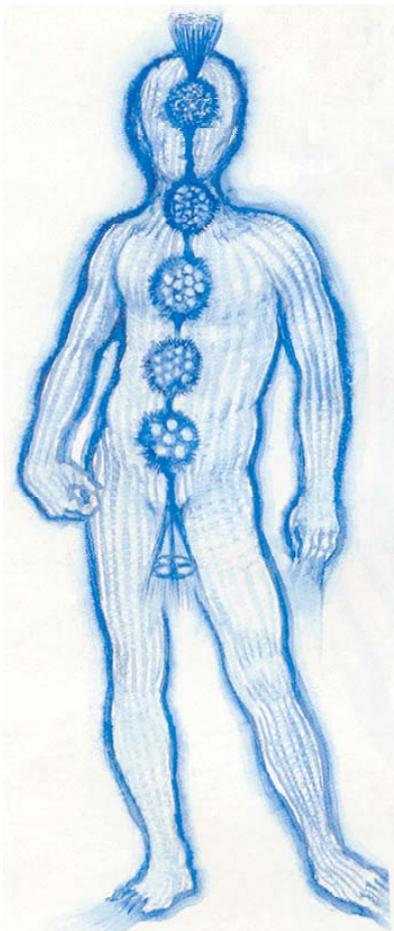
### HEALTHY MERIDIAN or OBSTRUCTED MERIDIAN:

The etheric body, being part of your spirit body, is the template for the physical body. Much of the energy you need for the physical body is supplied by way of chakras and the meridian lines throughout your etheric body. These meridian lines reach from your toes to the end of your fingers or top of your head. Each set of meridian lines is connected to a specific organ of your body. Each organ functions at a different vibrational frequency.



In like, many negative emotions, which are also of different vibrational frequencies, if not allowed to pass through your bodies, will find their lodgement within fields of related frequencies within your body and organs. Such negative emotion, being those calibrating under 200 on Dr David Hawkins' Map of Consciousness, may lodge anywhere in the bodies, typically on the meridian line of the related organ to which it relates to and was attracted to.

Such slow vibrating negative emotion is a plasmatic magnetic energy ball. It can grow and grow by being fed the same fuel coming from a continuation of the same emotional injury. This stuck ball of energy will restrict the movement of needed energy flow along the meridian. This will result in discomfort, then pain, and then may manifest in illness in the organ or in aspects or regions of the body related to that organ.

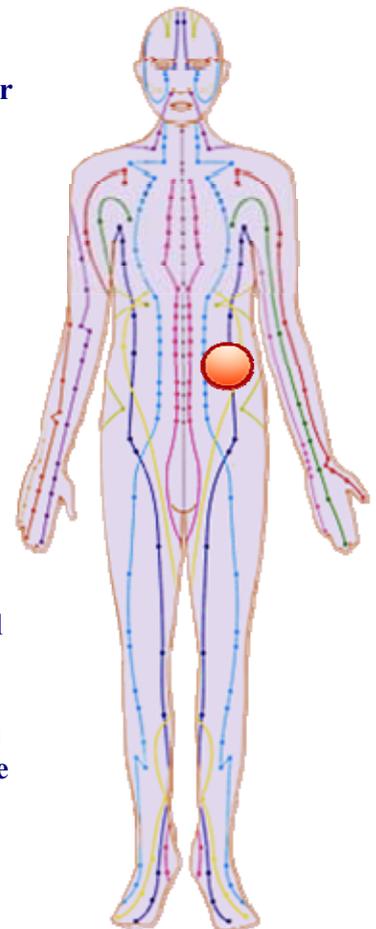


Allopathic / western medicine treats the symptoms, however the cause remains held in the bodies resulting in a further or similar health issue or a reoccurrence.

The negative emotion, possibly having been held since very early childhood, can be easily removed.

Issues within the subtle bodies are energetic magnetic fields that can be removed by your focused intent to recognise the issue, locate the issue, and enable the bodies to release the emotion with the support of additional magnetic energy being provided to your governing meridian down your spine. Such healing modalities include the Emotion Code and Body Code practices, as an example.

The ultimate way to improve your health condition is to long for and receive Divine Love, this love slowly but steadily grows your soul condition and results in erroneous emotions and injuries being released from your bodies.



## ENERGY DETERMINANTS – Relationship between Body, Mind and Soul:

The physical body calibrates at 200 on Dr David Hawkins' Map of Consciousness. Many people feel and believe that their body is their real self, this is not so.

Further, the brain is not the origin of the mind, as science and medicine had believed, but the other way around. The mind controls the brain. The brain is activated by the mind's intention and not vice versa. Reason, which emanates from the mind, calibrates at 400 to 499, thus controlling the brain.

What is held in mind has the power to alter brain activity and neuroanatomy. Thought is powerful because it has a high rate of vibration. We are subject to what we hold in mind. Errors in belief bring about energy flow blockages.

Superimposed around the physical body is an energy body whose form is very much like that of the physical body and whose patterns actually control the physical body. This control is at the level of thought or intention. This superimposed energy body is one's etheric / spirit body, the template of one's physical body and home of one's mind.

The basic dictum to comprehend is that the body obeys the mind; therefore, the body tends to manifest what the mind believes. Illness is generated in the physical body by erroneous held beliefs within one's mind.

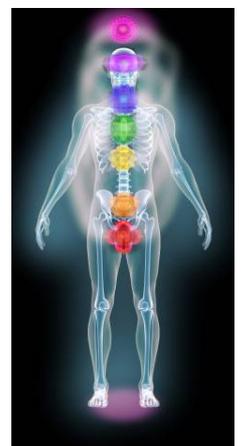
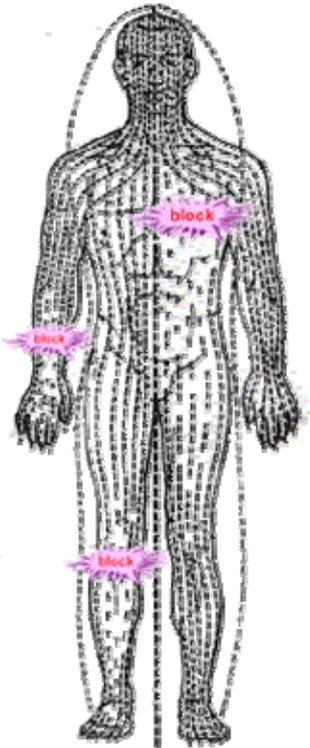
It is the energy level of love that steadily brings about a release from erroneous and harmful man-made emotions and beliefs. The energy level of love calibrates at 500 and higher. One's soul is connected by cords of light with one's spirit body. One's soul is the home of one's personality, natural intelligence and memory, it is our real self.

One's soul is always perfect and is made of the energy substance called natural love. It is by growing one's level of love does one enable sufficient energy to flow through one's chakras of the spirit body and subsequently into one's physical body that erroneous and injurious beliefs are dissolved and the potentiality for health of the physical body to become permanently repaired a possibility.

On the Map of Consciousness (MoC), the **charkas** calibrate as follows:

Crown	600	7 <sup>th</sup> chakra
Third Eye	525	6 <sup>th</sup> chakra
Throat	350	5 <sup>th</sup> chakra
Heart	505	4 <sup>th</sup> chakra
Solar Plexus	275	3 <sup>rd</sup> chakra
Sacral or Spleen	275	2 <sup>nd</sup> chakra
Base or Root Chakra	200	1 <sup>st</sup> chakra

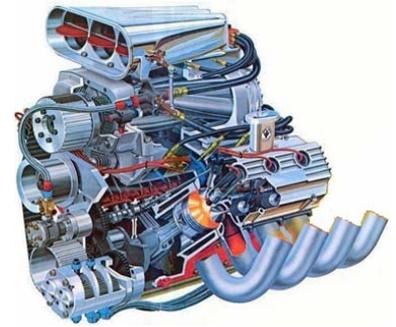
The greatest infusion of Love, and the easiest way for one to transcend levels of emotions, that is, to evolve, is to long for, pray for, and ask for the Father's Love, Divine Love, being a light golden blue energy substance. Try the experiment.



## **WE ARRIVE DETUNED!**

Our souls are a divine creation of our Heavenly Mother and Father. They could not be any other way! And are designed (such as how it has been for us) to begin incarnation in a Natural love condition reflecting the Natural love state of our world.

And we have also been provided with the opportunity to experience what is being ‘evil’, to live denying our Natural love, as seen through the denial of many of our feelings. So we here on planet Earth live on a world that has Rebelled (and then also Defaulted), of which there are only 37 within the local universe of Nebadon, consisting of 3.8 million physical worlds under the regency of Mary Magdalene and Jesus – the spiritual parents of truth of all of Nebadon! And we assassinated Jesus, and completely denied Mary not allowing her to have her say about the truth.



As a consequence, we are ‘detuned’ from our Natural love state and divine origin. You could say we arrived with all parts functional, however, in our untrue, dysfunctional and distorted state, we’re badly in need of a severe service, tune up or a complete reconditioning. Our goal being to bring our true self to the fore by doing our Feeling Healing, and then to progress beyond our Natural love state by further advancing our soul condition through the process of Soul Healing and receiving our Parents’ Divine Love – becoming divine.

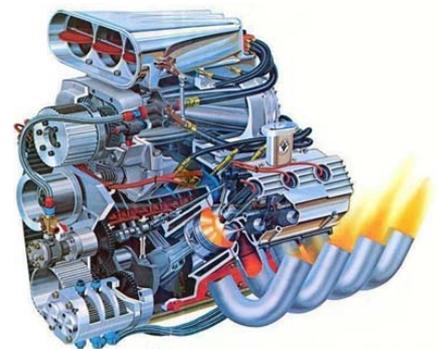


In our feeling- and truth-denying untrue Natural love state, we have been made to use our minds to dominate our feelings, becoming more like that of mind-based creatures of nature than of human souls of truth and feelings. And this is the wrong way for us to develop. So to step beyond this limitation, we are to live true to our feelings. Our heartfelt feelings being the guiding lights to our evolution and growth of truth.

Feelings are what guide us through our ascension of truth. So they are really our Supreme Guides. Many people look for a person, spirit, angel, even God, for supreme guidance, however it’s all right there already built in and can be found through our feelings – our soul based feelings.

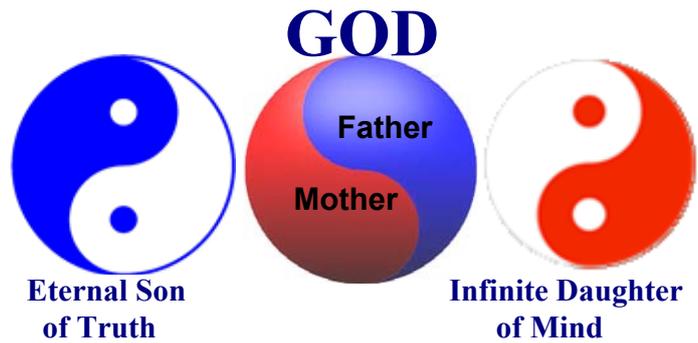
By living true to our self, true to our feelings, we are living true to God. It’s that simple.

Thus we are detuned once our incarnation begins. However, the way is now open for us to bring about our full divinity. To completely Heal all that’s wrong within us on a Natural love level. To embrace and then transform that Natural love into a divine state through partaking of our Heavenly Parents’ Divine Love. All the while attuning ourselves to divine perfection and enjoying the fullness of our divinity and love, as we ascend in truth on our journey all the way to Paradise – the home of our Heavenly Parents.



**WE were DIVINE, and  
WE are to BECOME DIVINE AGAIN:**

Our personality, our soul, our real self, are all creations of our Heavenly Parents. We, our real selves, are not creations of our physical parents. Within our original status, we were of Divine nature.



Our physical parents, from our conception, endeavour to mould us into being ‘little me’s’, that is, replicas of themselves, imposing their beliefs and personality traits upon each of us. They crush our individuality and free will. They destroy our personality, our true self. They inflict upon each of us their ways, all of which are of a result of the Rebellion and Default of many, many generations ago. They drive us into believing and subsequently becoming dependant upon our minds. This is not the way for us to express our true selves and evolve along the path towards our true parents, our Heavenly Mother and Father. We are to embrace the Eternal Son of Truth, not the Infinite Daughter of Mind.



No, we are not in the image of our physical parents. Though we may look like them, and act like them because they have dramatically and successfully crushed our true personality, we are each very unique and independent of our parents and all other family members. When we begin to progress along the path of engaging with our soul based feelings and seek for the Truth of our feelings, we will become free of our parents’ impositions and suppression.



Upon starting our physical life experience on Earth, our divinely created soul begins to express us as one of our soul’s two personalities in Natural love. However because of Earth being in Rebellion, so we are parented into a rebellious and anti truth and anti love state of mind control over our feelings and true self.



Natural love is good, just ‘less’ or different to Divine Love. And it’s that in our rebellious state, we’re rebelling against Natural love, and Divine Love by not taking Jesus and Mary up on their offer and allowing the Divine Love to transform our soul, as we perfect our Natural love by doing our Healing.

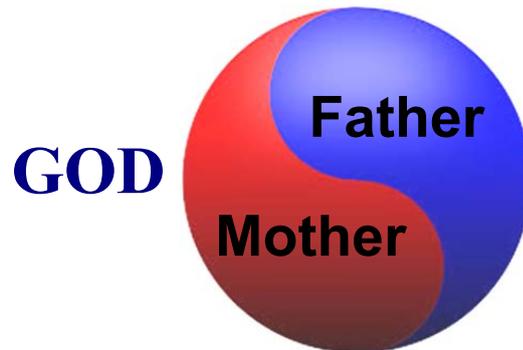
By living true to our self, true to our feelings, we are living true to God. It’s that simple. The revealing of the Feeling Healing process is the commencement of our ability to begin the Great U-Turn and go the right way. Should we then also embrace our Heavenly Parents’ Divine Love, we can also commence our Soul Healing and a returning to that of being divine – this is our destiny.



**GREAT UTurn**

**Negative Spirit Influence blocked**  
**22 March 2017**  
**Law of Compensation quickening**  
**22 May 2017**

**Rebellion and Default officially ended**  
**31 January 2018**

**CREATED in THEIR IMAGE:**

James: Mary, what does ‘we being created in the image of God’ really mean?

Mary M: It means that our Mother and Father used Themselves as the model or template if you like, upon which to bring us into being, those of us who have existential souls with the potential of expressing their two personalities in Creation.

And although our souls are divine, as in being divinely created, still whilst we start our personality expression in Natural love, so we need the Divine Love to come into our soul and bring it into the levels of Celestial divinity.

Natural love, so basically the whole of Creation, is of the image of God, and we being divinely created souls can be part of God’s Divinity becoming divine ourselves. So through your Healing, James, you become progressively divine by partaking of the Divine Love and healing yourself into perfection – your true self. And by the time you’ve completed your Healing, your soul is of the Divine Love level of Celestial truth, and your personality is an expression of that level of truth, it all being ‘confirmed’ and cemented – fused – into place upon the direct soul-union with your Indwelling Spirit. Then you are of the essence of God, true and perfect to the level of the first Celestial sphere, the first sphere of true divinity.

Mary Magdalene communicating with James 20 November 2017



**OUR SOUL is the SOURCE of our WELL BEING:**



**Soul      Spirit Body      Physical Body**  
 The etheric body is the spirit body.  
 The soul is the real you!  
 However, your soul is half of your real self.

Do you observe these soul attributes in your pet animals anywhere to the extent that you observe them within people around you?

- |                |     |                          |    |                          |
|----------------|-----|--------------------------|----|--------------------------|
| 1. Emotions    | yes | <input type="checkbox"/> | no | <input type="checkbox"/> |
| 2. Awareness   | yes | <input type="checkbox"/> | no | <input type="checkbox"/> |
| 3. Desires     | yes | <input type="checkbox"/> | no | <input type="checkbox"/> |
| 4. Passions    | yes | <input type="checkbox"/> | no | <input type="checkbox"/> |
| 5. Creativity  | yes | <input type="checkbox"/> | no | <input type="checkbox"/> |
| 6. Aspirations | yes | <input type="checkbox"/> | no | <input type="checkbox"/> |
| 7. Intention   | yes | <input type="checkbox"/> | no | <input type="checkbox"/> |
| 8. Memories    | yes | <input type="checkbox"/> | no | <input type="checkbox"/> |
| 9. Free will   | yes | <input type="checkbox"/> | no | <input type="checkbox"/> |

It is our soul that is made in the likeness of our Creator. It is our soul that forms the features of our character. Our soul is our real self, not our physical or spirit body. Our spirit body, as it is for other creatures, is the physical body for the spirit world. We function through our soul whilst living this experience on this physical world.

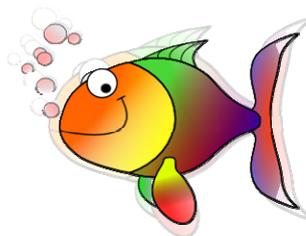
When we are conceived, the viable embryo borrows from the life force of our parents. The attracted soul half then becomes the life force for us for our physical experience.

Anything with a central nervous system has a spirit body (birds, fish, animals, etc.), however these creatures do not receive a soul.

Your brain is within your physical body, your mind is within your spirit body, however, your intelligence, memories, etc., are within your soul.

The five senses within your physical body are enhanced within your spirit body. Some people are sensitive to the enhanced and additional senses (total 13) within our spirit body. The senses within our soul are huge in number and are very much more capable.

The power of our soul influences all living life within its environment, thus many pets reflect the character of its owner.





You could liken the capabilities of the physical body with its five senses to that of a golf buggy.

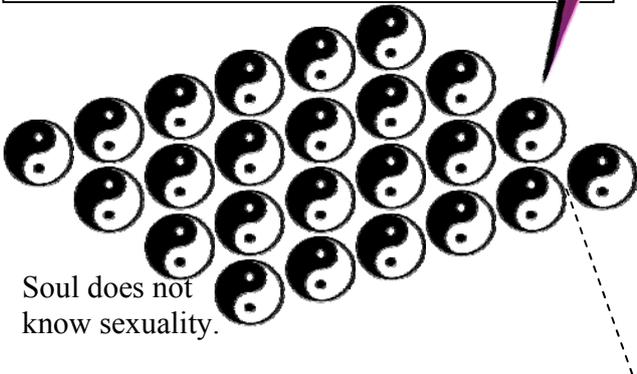
The spirit body with its enhanced senses, which include the physical body's five senses now with greater capabilities, liken to that of a space shuttle. Sight of the spirit body is 360°, the speed it can travel is far greater than that of light, its communication is mainly by feeling, etc.

However, the soul has many, many senses and capabilities far beyond our comprehension, and where it can grow to in love and truth is that which only God knows. Your soul is the real you.

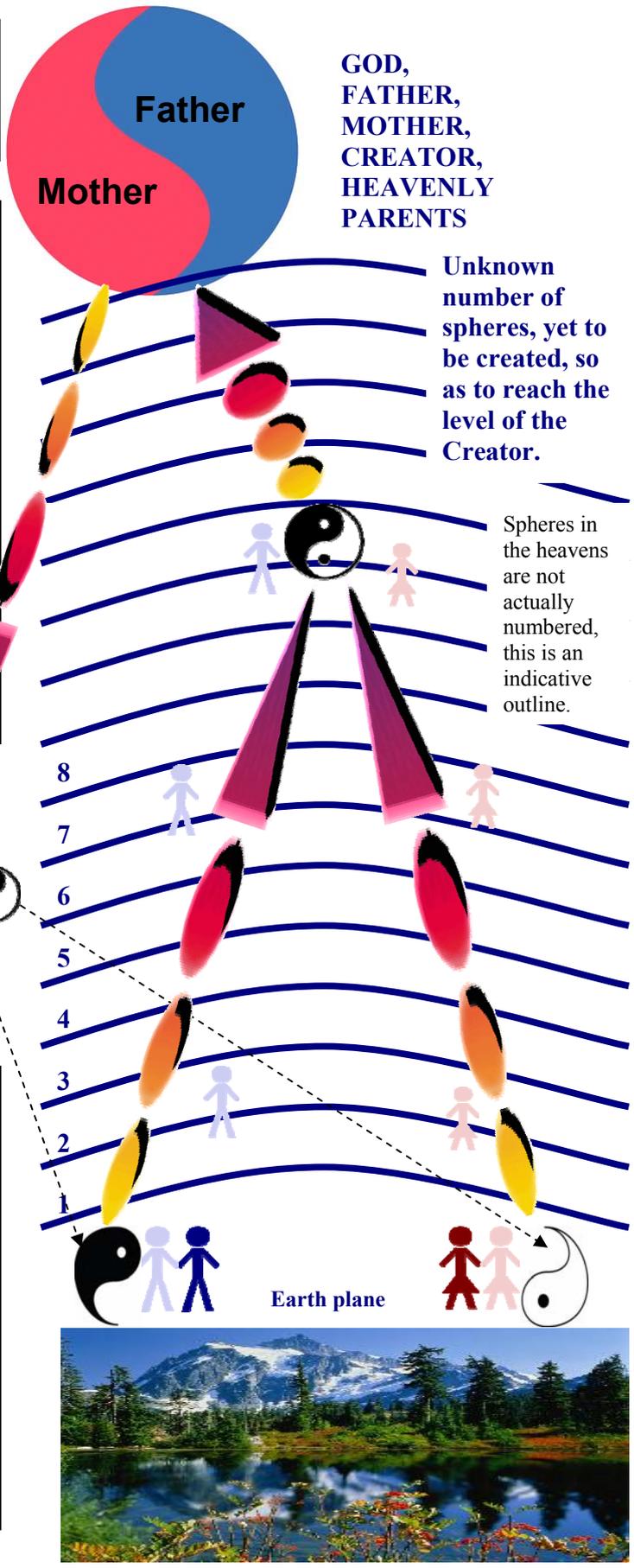


**OUR JOURNEY of GROWTH in LOVE**  
All we need do is to ask for God's Divine Love – it is that simple.  
Ask directly, no intermediaries needed.

Souls, being thoughts of God, are ready for incarnation in their billions. These souls are at the level of the 6<sup>th</sup> sphere in a natural love state, however, they are not within the 6<sup>th</sup> sphere perse. These souls are not self aware. Prior to incarnation, they do not express free will. There is nothing of the Divine within the soul.  
They have an instinct to incarnate. Incarnation of the two soul halves, male and female aspects, typically occurs within a 5 or 6 year time frame, however the timing may be 20 to 60 years apart. To become conscious of self, you must incarnate.  
This is the individualisation process.



The soul half that incarnates is the one most suitable for the characteristics and character of the attracting parents. Upon incarnation, one's soul condition adjusts to reflect the soul conditions of those around it, typically reflecting closely the soul conditions of one's parents. Upon completion of individualisation process, that is incarnation which may be only a short experience in the mother's womb, we never need return to the physical state. To be able to return to our Heavenly Parents, we need to use our free will and ask for Their Divine Love.



**GOD,  
FATHER,  
MOTHER,  
CREATOR,  
HEAVENLY  
PARENTS**

Unknown number of spheres, yet to be created, so as to reach the level of the Creator.

Spheres in the heavens are not actually numbered, this is an indicative outline.

Earth plane





**We have the gift of free will. Should we consider using our free will to ask for God's Divine Love, then we will receive God's Divine Love every time we so ask. Consider Divine Love as being a water droplet. As we grow in love with Divine Love we may receive such love to the extent that eventually we could fill a major water reservoir. Very few ask for this love. Presently there is only a trickle of Divine Love coming onto the planet. Divine Love surrounds us at all time, all we need do is ask for it.**

**Once we starting asking for and receiving Divine Love we will never remain stagnant, such love will forever encourage us to grow and grow further in the love. With the Love, our resolve to engage in our Feeling Healing will strengthen. It is the Feeling Healing with the Divine Love that will enable us to become at one with our Heavenly Parents.**

### **Cause rather than the Effect**

**We are looking at things on the planet that are happening. We are looking for a cause that is outside of ourselves. We are looking for a cause that is not the collective condition of the soul. Like, what is happening to the earth, for example. We need to say, OK, it is my soul that has the greatest effect on everything around me. Not my physical actions. My soul has the greatest effect. My emotions, therefore, have the greatest effect on every single thing around me.**

**If I understood that one basic truth, I would experience the imaging of a building by considering the imagining and pulling the matter into existence. People in the spirit world have experimented and found that they can create things by using that technique, which is obviously a lost faster method of creation rather than getting out a pick and shovel and start assembling the foundation of a building.**

29 Mar 12

**There have been some people on earth who have created very rapidly, some negatively and some positively. And that is the beauty of what God has created, the potential to create in any direction. But God has given us a framework by giving us a feedback. So, when we feel the pain and suffering, we know that we have created in a direction that was not very positive. When we feel the joy and happiness, and other emotions associated with joy, then we know that we have created something in a positive direction.**

**Nothing can exist permanently within the universe that God created that is unloving.**

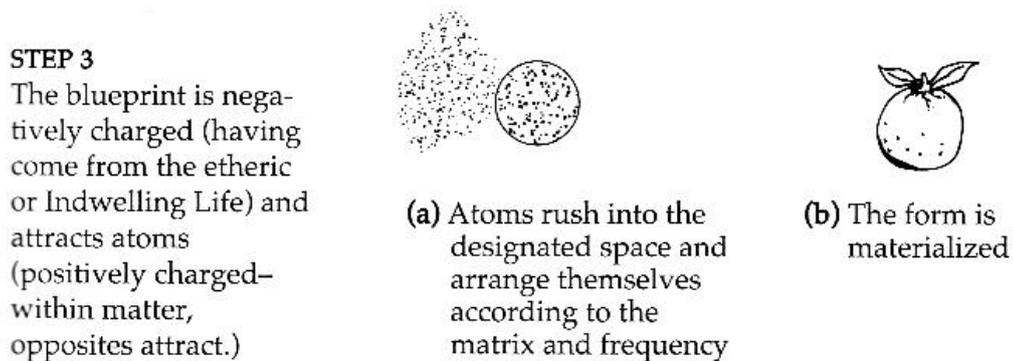
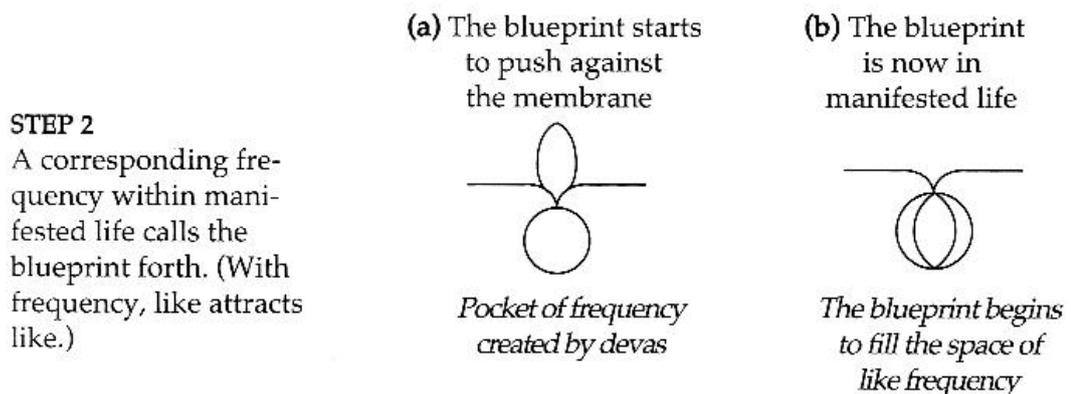
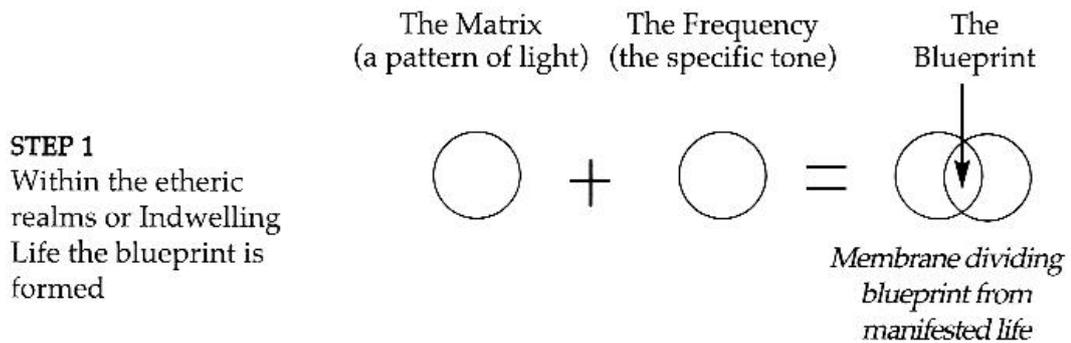
**The way God has created Her universe there is an actual law that every time that I act in an unloving manner then there is pain that is reflected in my own soul as of a result of my own actions. So, eventually the pain gets so much that it creates disease, and eventually the disease gets so painful that it creates so much of incredible suffering that we realise the linkage between what we are creating and the pain and suffering that we are experiencing and we stop.**

**The hells exist because people are creating pain and creating pain within themselves. But they get to a point where they stop creating pain, because the pain is so intense they want to stop. Once they get to that point they stop creating any further degradation, and from that moment on they have the ability to grow. From that moment on they the ability to change in a positive direction.**

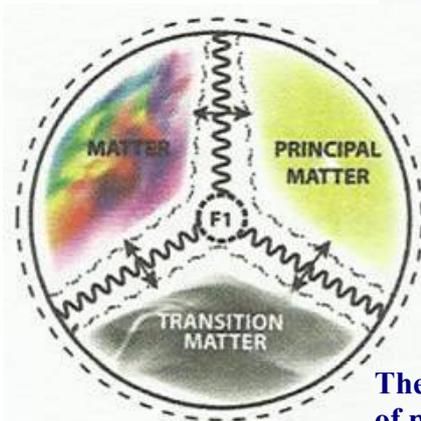
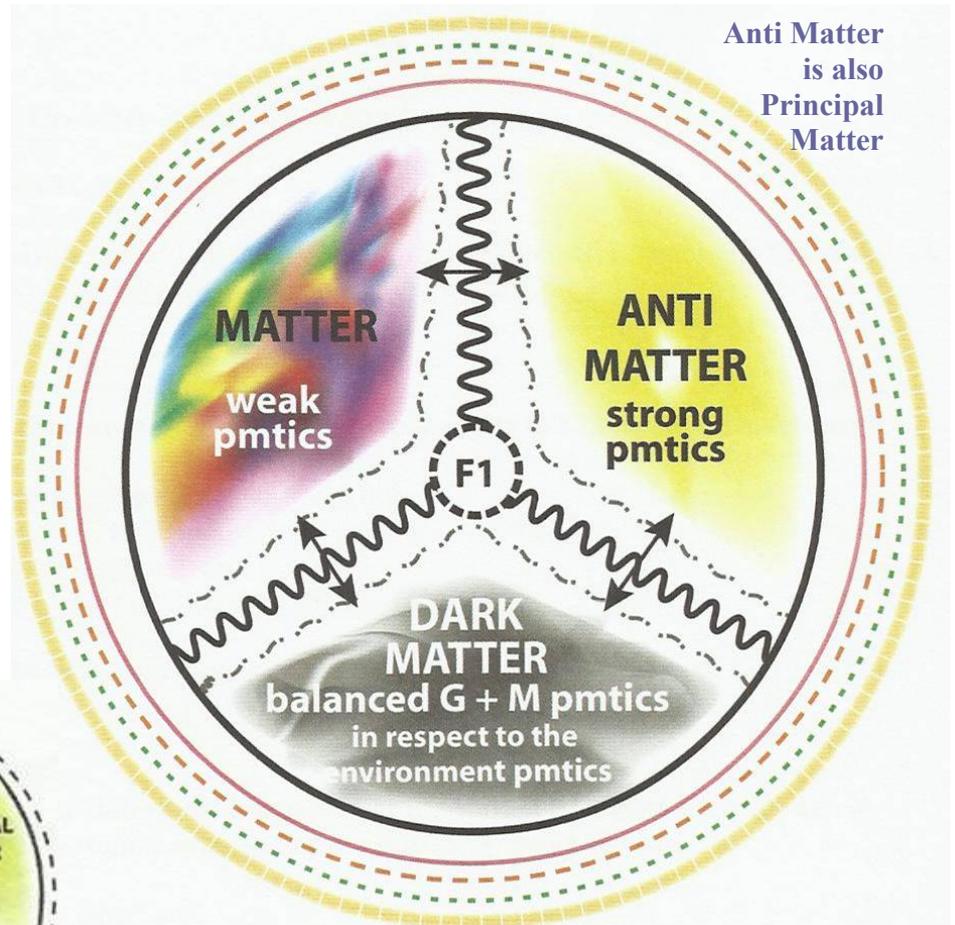
**What God's laws do is they create a framework whereby it is impossible for a person to permanently to stay in that place. You could think of the most wicked people who have been on earth, it is impossible for them to permanently stay in their wickedness due to the way that God has created the universe. Given enough time, they will come to their senses.**

29 Mar 12

# How Matter is Formed



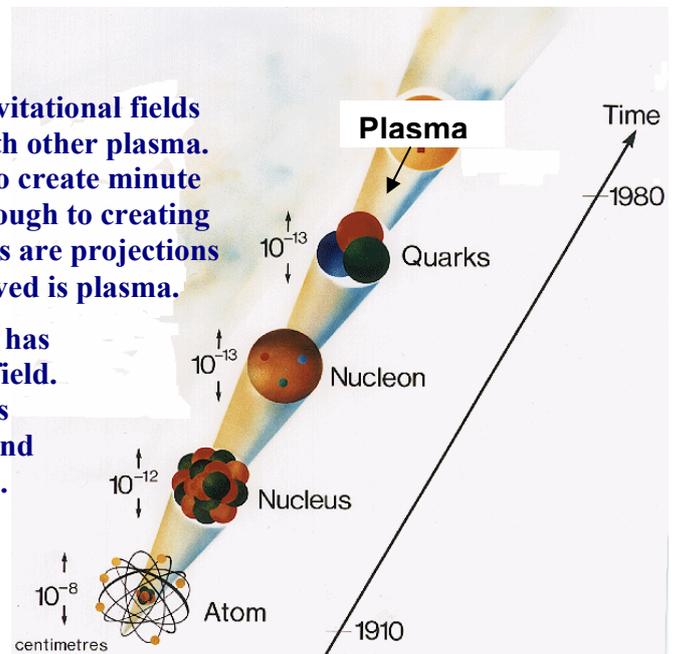
**PLASMA ENERGY:**



**PLASMA:**

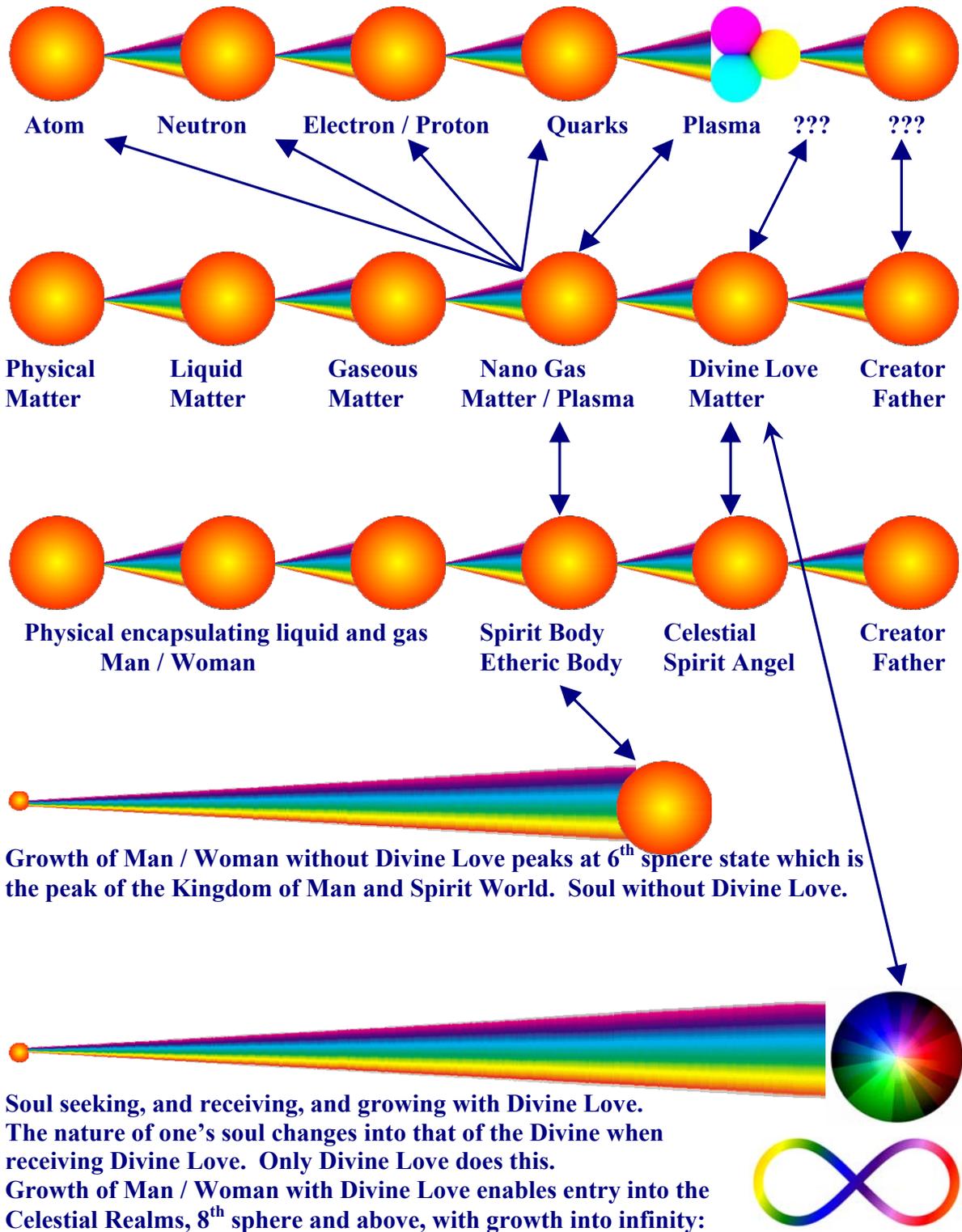
The magnetic and gravitational fields of plasma combine with other plasma. They group together to create minute things, all the way through to creating galaxies. Our thoughts are projections of plasma. Love received is plasma.

Every cell in our body has a plasmatic magnetic field. Our whole body has its own magnetic field. And so it goes on, and on....



**STAGES of MATTER:**

**Matter becomes finer and finer and more incredible within each phase:**



**CANCER is a RESULT of HELD NEGATIVE EMOTIONS within ONE’S SOUL:**

I (Anita Moorjani), while being out of body, saw all people as “energy”, and depending where our energy level was, that was the world we created for ourselves. The understanding I gained from this was that if cancer was not in our “energy”, then it was not in our reality. If feeling good about ourselves was in our energy, then our reality would be positive. If cancer was in our energy, then even if we eradicated it with modern medicine, it would soon come back. But if we cleared it from our energy, the physical body would soon follow. None of us are as “real” or physical as we think we are. From what I saw, while being in the spirit world, it looked like we are energy first, and physical is only a result of expressing our energy. And we can change our physical reality if we change our energy. (Some people have mentioned I use the term “Vibration”). For me, personally, I was made to feel that in order to keep my energy / vibration level up, I only had to live in the moment, enjoy every moment of life, and use each moment to elevate the next moment (which then elevates my future). It is in that moment of elevating your energy level that you can change your future (like my test results). It sounds very simplistic, but it felt very deep when I was experiencing the understanding of it.

**TE 29.20 Part 1**

There was great clarity and understanding as to why I got the cancer. I started to understand that I had never been aware of the truth of who I really was. And the way it is in that spirit realm is really interesting, it is hard to describe, it is almost like, the answer is so obvious why haven’t I seen that before. Why did I not know this? It just felt so obvious and so easy.

**TE 33.10 Part 1**

I started to understand that I have never loved myself enough before and I had always lived in fear. I had always lived in fear of being true to myself and I had grown up trying to do the right thing, or to fit in to my culture, to fit in with what people expected of me, and I was always a people pleaser. In addition to always not being true to myself and always putting myself last, I also lived in a lot of fear. I feared life, I feared not being good enough, I feared cancer, I feared illness, I lived a very fearful life.

It was from this life time, I sensed that I picked up all the fears from this life time. It is just conditioning. A lot of it, I think it is just the world is, whether it is from reading newspapers and everyone being afraid of getting cancer, all the cancer awareness campaigns, but also the other fears of not being good enough, always being a people pleaser, putting myself last, putting myself down, always the negative self talk. All that is probably just generally conditioning from culture and upbringing.

This self loathing was actually the cause of my cancer. This is what I learnt when being out of body. It was in that realisation that I and everyone else, we are absolutely magnificent beings that have come here to express who we are (individualisation process), and be true to who we are. Why would we want to be anyone else other than who we actually are and who we are supposed to be? All we have to do and be is to be true to ourselves. That is all we have to do.

I ❤️  
ME

The feeling, the sensation, the awareness, it was like ‘oh my god, how could I not know that’. How obvious is that, why else would I be on this planet expressing myself if I am supposed to try to be

someone else, or fit somebody else's model of what somebody is supposed to be. I never checked in with myself, like who am I, what do I want to do, what are my feelings. It is basically about following my own emotions because that realm that I visited, it was very real for me was my emotions, just my emotions, they were very, very real. I realised that I had never checked in with my emotions during my life. I had never asked myself, 'how do I feel, how do I feel about my life or what I want in life?' It was all about giving other people what they felt. It was always about putting myself last because I thought it was selfish. I always thought it was selfish to love myself and to give myself what I wanted.

## ***Is this a loving choice for me?***

But I then started to really understand in depth that you can't love another if you don't love yourself first because you don't have anything to give. I realised that only when I love myself can I actually love others and being selfish comes from too little self love, not to much.

Now that you know the truth of who you are, your body will reflect that truth and your body will be healed. Those are the words I would put to that feeling, that sense that I got in that understanding.

Illness starts at an energetic level, then the physical follows suit.

This awareness eradicates the illness from within your energy basically.

I became aware at that point that now if I choose to go back to the physical world, that now that I understood why I had the cancer, I understood that my only purpose was to be myself and that is all. That is only purpose that any of us have is just to be true to who we really are. And I understood at our core, each and everyone of us our essence is one of awareness, it is one of love. At our essence, at our core we are pure love, that essence is pure love, unconditional love. So, if you are being yourself then you are being love, who else could you be if you are in touch with your core.

When I understood that at our core we are love, I understood that my body would reflect this new understanding, my physical body would reflect it, it was at this point that I sensed that both my departed father and departed best friend communicating to me (soul to soul) that now that you know the truth of who you really are go back and live your life fearlessly.

### TE 22.50 Part 2

The best thing that anyone can do for themselves, I feel is to get in touch with who they really are. It is to get a sense of your own emotions, like, ask yourself, what do I like, what do I like doing, what makes me happy, what makes me tick, what brings me joy, what makes me feel alive. It is that which we forget to get in touch with ourselves and when we feel this joy, this passion, that is when we are healthy and we are happy, that is when we do things we are coming from a state of being, rather than a state of doing. We are always doing things, but are we doing it out of being or are we doing it out of just doing.

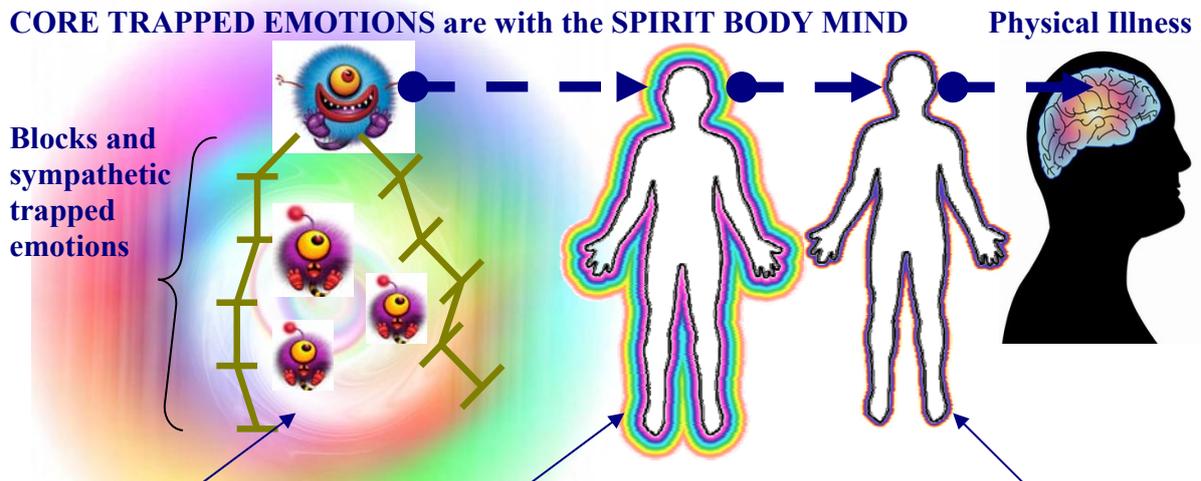
When we live in fear, that is when we are in a state of doing. So when all our emotions and the reason why we do everything is because I am scared, I am scared to be left behind, I am scared I will not have enough money. That is why I have taken this job. I am scared I won't be liked and that is why I am doing this. So when every decision we make that is based on fear then we are constantly doing things

and we loose touch with who we really are. Basically that what happened to me and my soul and spirit went through a real identity crisis, and that is what caused the cancer.

I feel that cancer is not an illness of the body, which is why the body reflected what I was inside. The cancer to me was more an illness of the emotion, an illness of the identity, but it is not an illness of the body.

When you are going to do something, ask yourself is that something that is loving to me. If we are planning to do something is to ask ourselves, how does this make me feel to do this, is it a heavy draining feeling? Or do I feel uplifted, light and passionate about doing it, whatever it is? And those are the kind of questions I would ask.

[Note: Text is drawn mainly from the website <http://anitamoorejani.com/>



**SOUL which animates SPIRIT BODY which animates PHYSICAL BODY.**

**Trapped emotions (frozen energy) create fissures and injuries in the spirit body which inturn emerge as physical illnesses, firstly as pain, in the physical body. Emotional blockages of the same type create illnesses of similar natures in anyone who have the same style of emotional injuries. Each of us carry our own unique cocktail of emotional issues, as we are emotional beings (our soul), thus each of us have unique pathways to recovery.**

THE HEALING OF YOUR BAD FEELINGS THROUGH THEIR ACCEPTANCE  
AND FINDING THE TRUTH OF THEM, IS THE ACCEPTANCE OF YOUR  
NEGATIVE, REBELLIOUS, EVIL, IMPERFECT MIND AND WILL CONDITION.

To do our feeling-healing we need to become:

Aware of – Acknowledge – and Admit, our bad feelings.

So we can:

Accept – them and allow ourselves to Be them.

And then if we feel to, take:

Action – Express, speak and emote them.

Talk about them.

All being done whilst longing to, really wanting to, see the TRUTH of our feelings.

So it sounds simple.

So I repeat:

We accept our bad feelings by expressing – speaking about them to someone willing to listen to us and take us seriously. And as we speak we long for the truth of them – why we are feeling them – to be made known to us. And when we uncover and see the truth we are FREE! – healed of the causes that have made us feel bad.

Accept, Express – see the Truth, and you're Free!

ACCEPTANCE OF ALL YOU FEEL, THINK AND ARE, IS THE KEY TO DOING  
YOUR HEALING; THAT, AND WANTING TO SEE THE TRUTH OF ALL YOU  
FEEL, THINK AND ARE.

**Release one's pain through expressing one's feelings.**

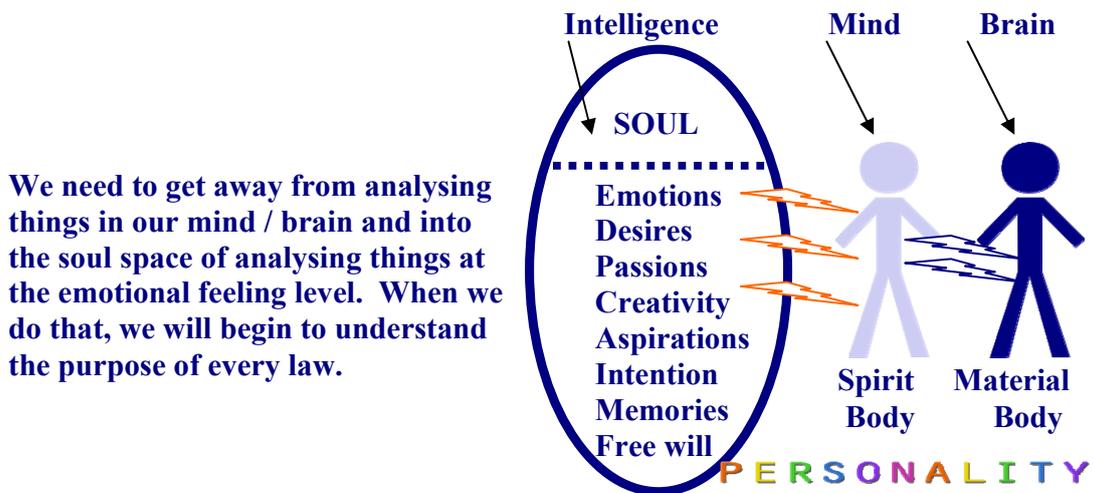
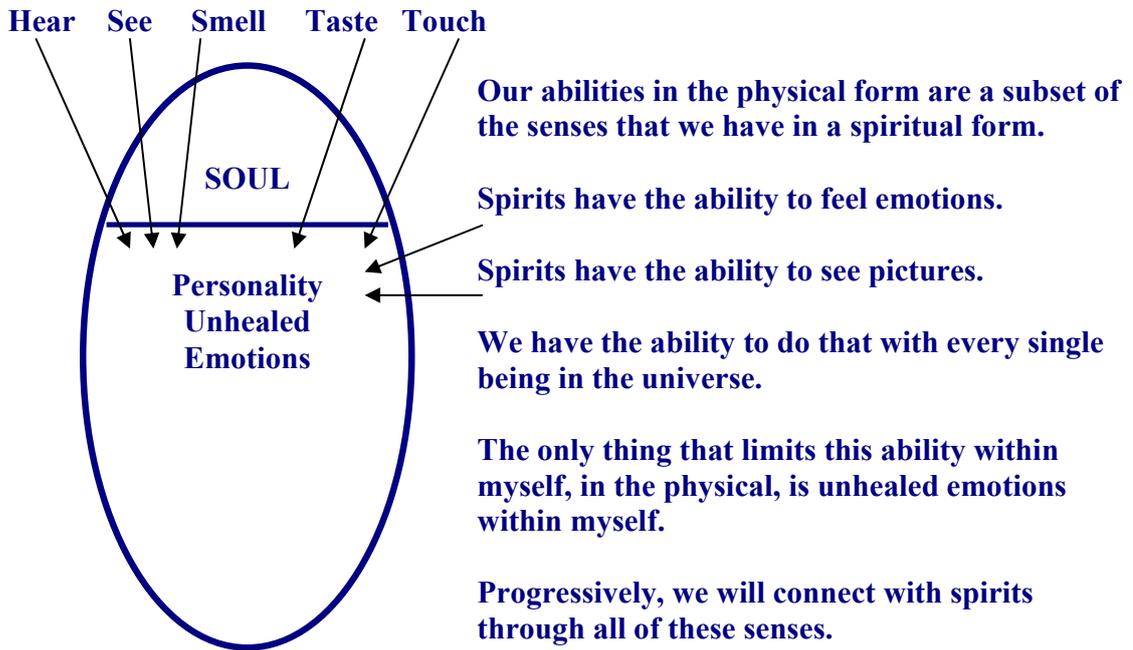
**in conjunction with**

**Longing for the Truth when also longing for Divine Love.**

**MEMORY:**

When we permanently separate from our physical body, we spend some time within the spirit world acclimatising to the new conditions. After an appropriate time to become accustomed to our new location we relocate to a region within the spirit world that is appropriate for our soul condition.

We then reflect upon our life in the physical world. Our whole life experience is recalled in absolute complete detail. TOTAL RECALL of every day of our life, back to the time prior to our physical birth, is replayed within our mind. Our memory resides within our soul. To progress within the spirit world, one then must resolve negative actions that we undertook within the spirit world. Asking for assistance from brighter spirits and asking them to teach you about Divine Love is very, very helpful.



We need to get away from analysing things in our mind / brain and into the soul space of analysing things at the emotional feeling level. When we do that, we will begin to understand the purpose of every law.



**TRUTH  
Emotions**

**They each  
construct  
their own  
network.**

**ERROR  
Emotions**

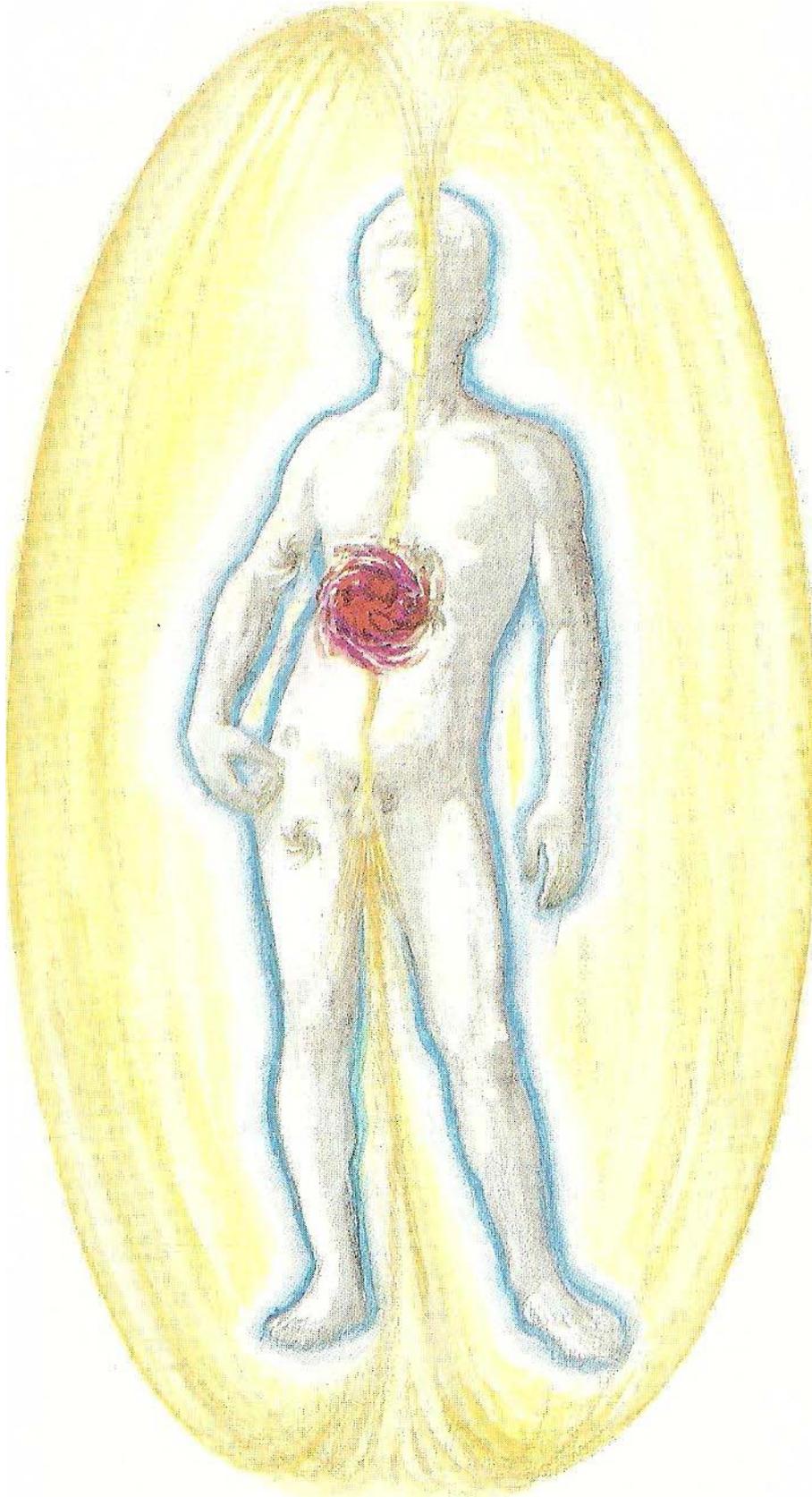
**They each  
construct  
their own  
network.**

**SOUL  SPIRIT BODY  PHYSICAL BODY**

**The soul has pathways similar in construction to your brain. Your memories are stored in your soul; they are then reflected through your spirit body and then your physical body.**

**When an error enters your soul, it sets up a pathway for more error to enter your soul. And when truth enters your soul, it sets up a pathway for more truth to enter your soul. This is what happens to your soul physically.**

**The construction of the soul and brain is very similar. Picture your soul as this energetic pathway of all these connection points. Consider your soul like your brain where all these tiny networks are constructed of each other. Emotion is energy in motion. There are unimpeded pathways through the soul, in the same manner as the brain, for emotions to flow. We have pathways where only errors flow, being error constructed pathways. Similar pathways for truth are separate pathways.**



**Note the torus energy field being observed around the spirit body.**

**Fissures appearing in the spiritual body (etheric body) being clearly visible to a clairvoyant.**

**Such fissures being generated by negative emotional errors held with one's soul.**

**These fissures are a precursor to a physical illness emerging in the material body within a similar location as that seen in the spirit body.**

**Diagrams from  
Barbara A  
Brennan  
Hands of Light and  
Light Emerging.  
Figure 24-1**

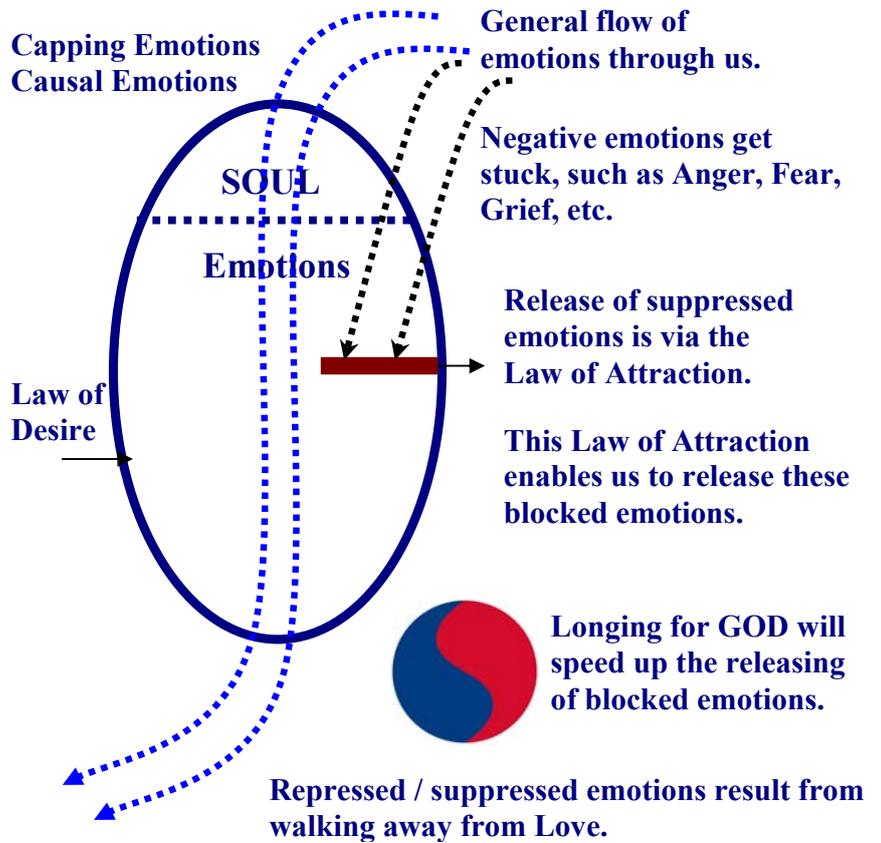
The problem for healers is that the patients own physical soul is generating the problem.

When the person who we are trying to heal, does not want to deal with the cause, the healer's power is severely diminished to assist them because their own soul is generating the problem.

All illness is of a result of the soul having these blocked emotions, which then create the illness in the physical form and the spirit body. If the person's soul condition is not addressed then the person is going to recreate the same type of problem and issues.

It is very important that we start to see things at the causal level, particularly in the medical and healing profession.

**WE are CREATED as EMOTIONAL BEINGS:**



***Only Three Things Needed***

A L O N G I N G for GOD'S LOVE to ENTER YOU  
 A L O N G I N G for GOD'S TRUTH to ENTER YOU  
 H U M I L I T Y  
 Humility is the passionate desire to experience fully  
 ALL of your own emotions,  
 without blame, judgement or condemnation

Many people have suppressed memories of their childhood because of the hurt feelings they have about much of their childhood.

The process of opening towards God is also the process of opening completely to yourself emotionally as well. This means, that at some point, you will come to remember everything again about your life, and you will deal with the emotion of it that you remember to such a point that you will no longer have an emotion about that memory any more. So you will no longer want to suppress the memory. And you will remember such things as what happened when you were two years of age, three, four, five, six, seven years of age, good and bad – damaging things that have happened to you.

But not only that, you will get to even remember your own sleep state. Every night when you have a sleep state of say eight hours, you have a life in the spirit world. Your physical body remains here while your soul and spirit body enter the spirit world and you do things all night. And for most of us, for that period of our life we can't remember. As you progress and open up emotionally, you will get to a point where you even remember that as well.

A child feels emotionally right from the moment it is conceived. So from that moment, you have all these feelings, some of which you would prefer to forget, and some of which you prefer to remember. In the end you will get to a point where you will remember everything because there is no preference to forget, and the preference to forget is based on the hurt that we are yet to process emotionally.

18 May 2010

**Natural Love Flow**

*Natural love is Creation's love;*

*One can swap back and forwards between paths*

*I am God*

*Intellectual*

*Self reliant (trust myself)*

*Self-determination way of life*

*Mind dominates*

*Adult like*

*Control*

*Millions of paths (man created)*

*Peak possibility is 6th sphere*

*time to complete path:*

*100 years to over 1,000 years*

**Divine Love Flow**

*Divine Love is Soul's love.*

*One can swap back and forwards between paths*

*I am God's son / daughter / child*

*Emotional*

*God reliant (God relationship)*

*Soul-spirit living harmony*

*Soul dominates*

*Child like*

*Feeling*

*Defined path (God created)*

*Peak possibility is infinity*

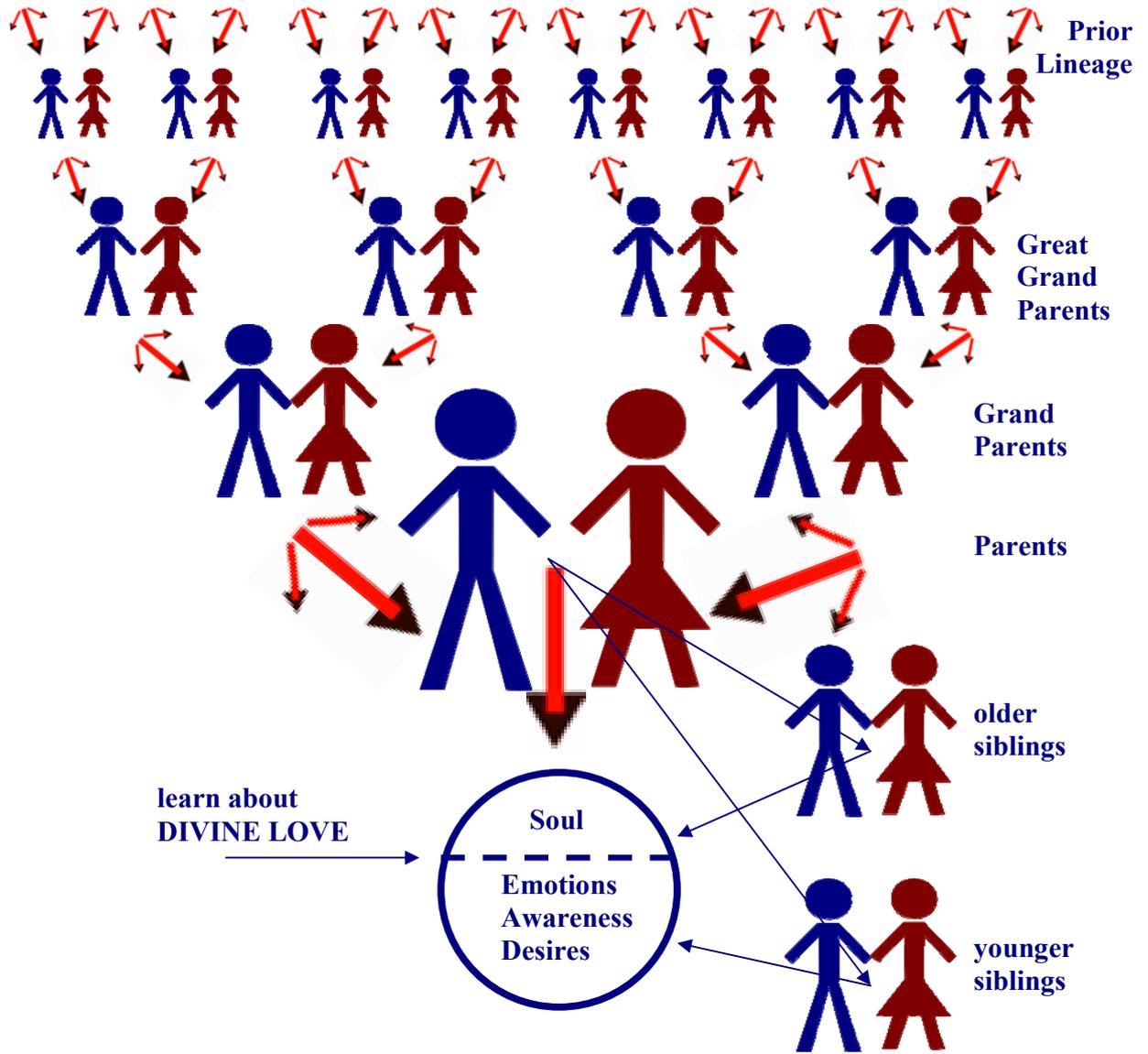
*(sphere / mansion world are same)*

*5 years to over 10 years to at-onement*

**'The difference between what are regarded as two paths, the Natural Love Path and the Divine Love Path, is, essentially, the amount of Divine Love that beings have been able to acquire.'**

Quote from Celestial Spirit Richard 22 Dec 2012

Our environment, namely those who are closest around us, introduce many of the errors we carry with us within our soul body, our real self. Our parents, grand parents and siblings are those who greatly influence and mould our emotions. Prior to birth and during our first years, we absorb the emotions of those within our environment.



As children start to make transitions into their free will, from the age of 5 to 7, progressing until their maturity, their emotions become more and more of their own. Before that, their emotions reflect those of the parents, and close adult relatives.





SOUL SPIRIT BODY PHYSICAL BODY

Our memory and intelligence are housed within our soul, our mind is housed within our spirit body, and our brain is within our physical body. Our soul animates the spirit body which in turn animates the physical body. It is the disconnection of the silver cord between the spirit body and the physical body that results in the death of the physical body. The spirit body, which looks much like the physical body, goes on living. Emotional injuries become blocked within our soul, such injuries are reflected through the spirit body and then into the physical body as illnesses.

**SUPER SENSORY SENSES**

The rea  
you is  
your  
soul.



Spirit people cannot see the soul until they progress to the 8<sup>th</sup> sphere. Spirits tend to believe that their spirit body is the soul, that is not so.

SOUL SPIRIT BODY PHYSICAL BODY  
**PERSONALITY**

The super sensory senses are within the soul:

- Soul has many, many senses.
- Spirit body has much higher senses and capabilities than the physical body.
- Body has five sensing tools – sight, smell, touch, hearing, and taste.

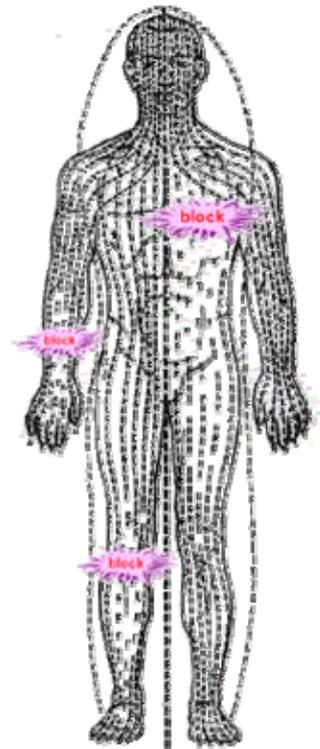
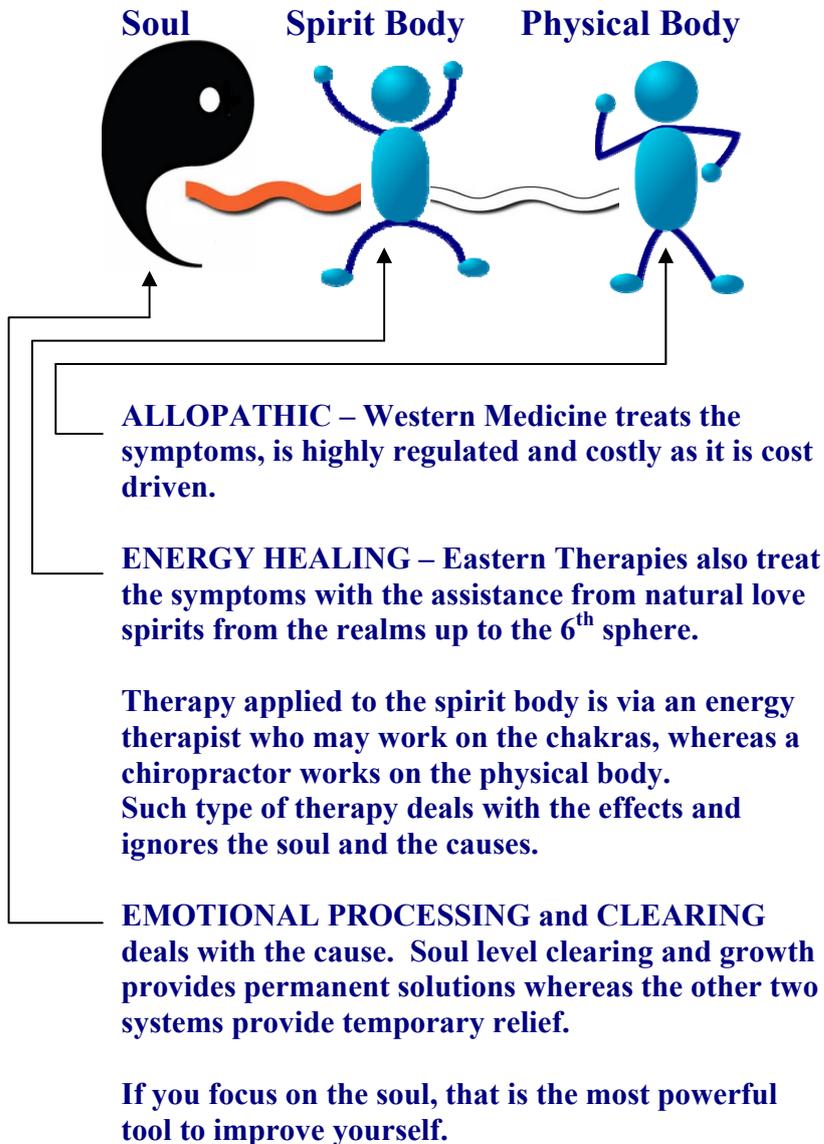
When the soul receives Divine Love, even the super sensory senses continue to grow.

Physical Body	↑	we first generally develop our physical senses.
Spirit Body	↑	mind / brain development starts.
Soul	↑	soul development is typically ignored on the planet.

Soulmate development is soul to soul.

Once we open up our soul, we cease to depend upon our bodies, and connect soul to soul.

## HIERARCHY of HEALING SYSTEMS



<http://www.pascashealth.com/index.php/library.html>

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**MODERN MEDICINE IGNORES OUR SUBTLE BODIES:**

It is the injuries to our subtle bodies caused by our wayward mind that bring about the manifestation of mild discomfort, then acute pain within our physical body, and ultimately the illnesses and diseases that we then seek medical assistance to suppress. Modern medical systems do not address the cause of such illness. Ask yourself, when was the last time that a medical professional told you what the underlying cause of an illness was?

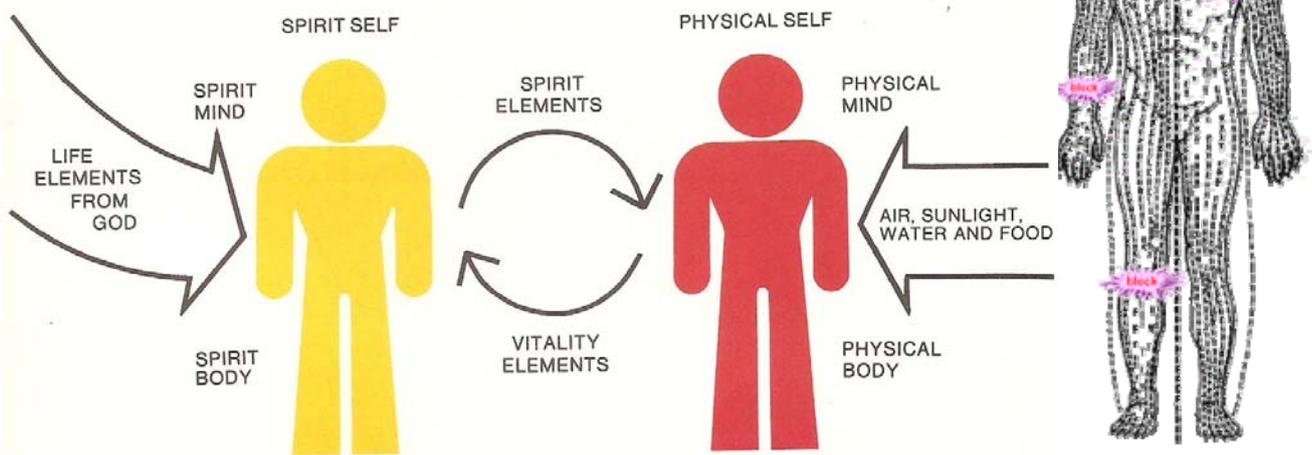
The auric field, that some can see, is the template for our physical body. Childhood Repression brings about energy flow blockages, being stuck and frozen emotional injuries, which then retard the flow of energies within our physical bodies. Modern medicine ignores this reality. The result is that treatments provided are only temporary as the underlying injury remains within our subtle bodies.

We have other bodies that are just as real as the physical body, they are all connected, if we have a problem within these subtle bodies, such problems most likely will manifest on the physical, so why not attend to it utilising a healers help on these subtle levels thereby helping yourself on the physical.

Example, our genes are multi-layered. Our genes are not only part of our physical being but are far reaching. They are:

- on the physical level
- on the emotional level
- on the mental level
- on the psychic level
- on the spiritual level.

We need to understand our **genes are not just physical, but on all levels.**



In fact our issues and illness that we recognise within the physical body are on all levels.

Only by one engaging in the process of Feeling Healing can one delve down into the core emotional issues originating from our childhood, being in the form of childhood repression and suppression, that we can then express and release such injuries and bring about permanent health to our physical body. The process of Feeling Healing is the only way to remove the underlying cause of physical illness and discomfort.

## MEDICAL PROCEDURES and RESEARCH



### Sometimes You Can Find a Needle in a Hay Stack!

While traditional allopathy medical research focuses only upon the physical body to resolve illness events and health issues, they continue to be like blindfolded mechanics endeavouring to repair motor vehicles.



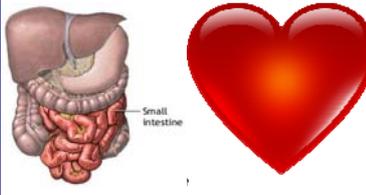
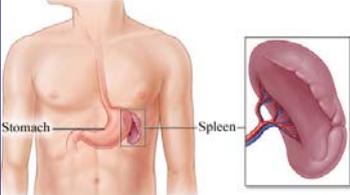
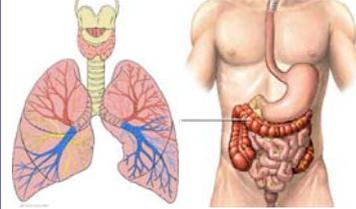
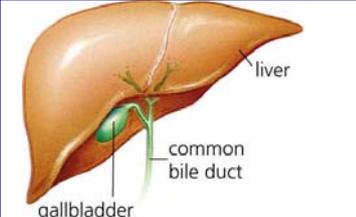
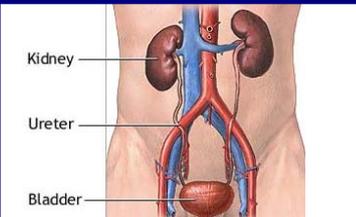
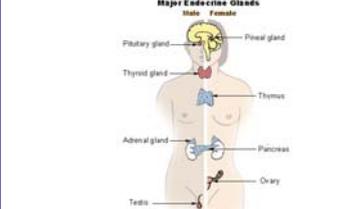
The physical body is animated by the spirit body, and in turn the spirit body is animated by your soul. The spirit body is of much finer substance than the physical body, and the soul is of an even finer substance, hence research technology in the physical world cannot comprehend these bodies.

Your soul is home of your emotional injuries and errors. These emotional issues create fissures and damage within your spirit body. Subsequently the injuries within your spirit body generate illness within your physical body, at the corresponding location as in the spirit body.

Illness is generated by your soul, however, healing is also generated by your soul. Releasing the emotional injury in your soul heals the physical.

**EMOTIONS affect SPECIFIC ORGANS:**

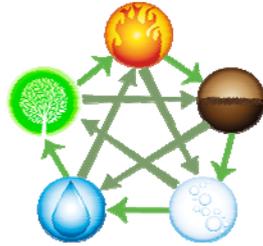
Emotional injuries and held errors have specific energy signatures and vibrations. So does each part of our physical body. Errors held within one’s mind affect the flow of energies through one’s spirit body, the spirit body is the template of the physical body. The resulting energy flow constrictions then initiate issues, and then pain, and then illnesses within the physical body.

Organs	<b>EMOTION CODE™ CHART</b>	
	Column A	Column B
	<p><b>Row 1</b> Heart or Small Intestine</p>	<p>Abandonment Betrayal Forlorn Lost Love Un-received</p> <p>Effort Un-received Heartache Insecurity Over joy Vulnerability</p>
	<p><b>Row 2</b> Spleen or Stomach</p>	<p>Anxiety Despair Disgust Nervousness Worry</p> <p>Failure Helplessness Hopelessness Lack of Control Low Self-Esteem</p>
	<p><b>Row 3</b> Lung or Colon</p>	<p>Crying Discouragement Rejection Sadness Sorrow</p> <p>Confusion Defensiveness Grief Self-Abuse Stubbornness</p>
	<p><b>Row 4</b> Liver or Gall Bladder</p>	<p>Anger Bitterness Guilt Hatred Resentment</p> <p>Depression Frustration Indecisiveness Panic Taken for Granted</p>
	<p><b>Row 5</b> Kidneys or Bladder</p>	<p>Blaming Dread Fear Horror Peeved</p> <p>Conflict Creative Insecurity Terror Unsupported Wishy Washy</p>
	<p><b>Row 6</b> Glands &amp; Sexual Organs</p>	<p>Humiliation Jealousy Longing Lust Overwhelm</p> <p>Pride Shame Shock Unworthy Worthless</p>

# BODY CODE™ CHART

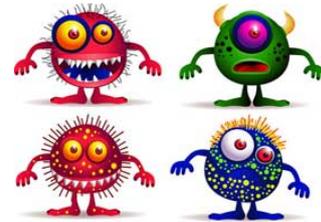
## Energies

- Emotional
- Post-Traumatic
- Allergy or Intolerance
- Mental
- Offensive



## Pathogens

- Parasites
- Fungal
- Bacterial
- Viral
- Mould



## Toxicity

- Heavy Metals
- Free Radicals
- EM Spectrum
- Chemicals
- Microbial



# Body Code System

## Structural

- Bones
- Nerves
- Muscles
- Connective Tissue
- Organs or Glands



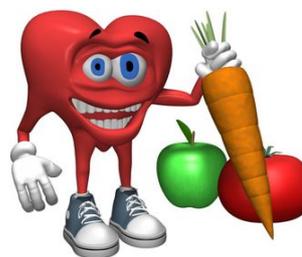
## Circuitry

- Organs
- Glands
- Chakras
- Disconnections
- Meridians



## Nutritional

- Ph Imbalance
- Foods
- Herbs
- Nutrients
- Dehydration
- Magnetic Field





### LOVE.

Let us divide love into two sides. There is the love that comes from within yourself, and that love is what is called, natural love.

But there is another love, and that is the love that comes from God into you, and that is what is called Divine Love, and some have spent a lifetime trying to define that and still cannot define it.

One can define the qualities of it, and all the feelings and emotions from it, but the problem of defining that love, Divine Love, God's love, it is such a powerfully blissful emotion that it is impossible to describe with any words that we have here on earth, and therefore, very difficult to define it, unless one can give you the feeling, but one can't give you the feeling because it is God's love that is entering your soul.

So, while one can define natural love, when we look at the word, love, we can certainly define love, but when it comes to actually defining God's love, you will only ever find the definition through your own experience of the Divine Love.

PASCAS  
HEALTH



**God's Divine Love: Pray for it, ask for it, and receive it.**



**Divine Love is a substance!**

**Feeling  
Healing with  
Divine Love is  
the key!**



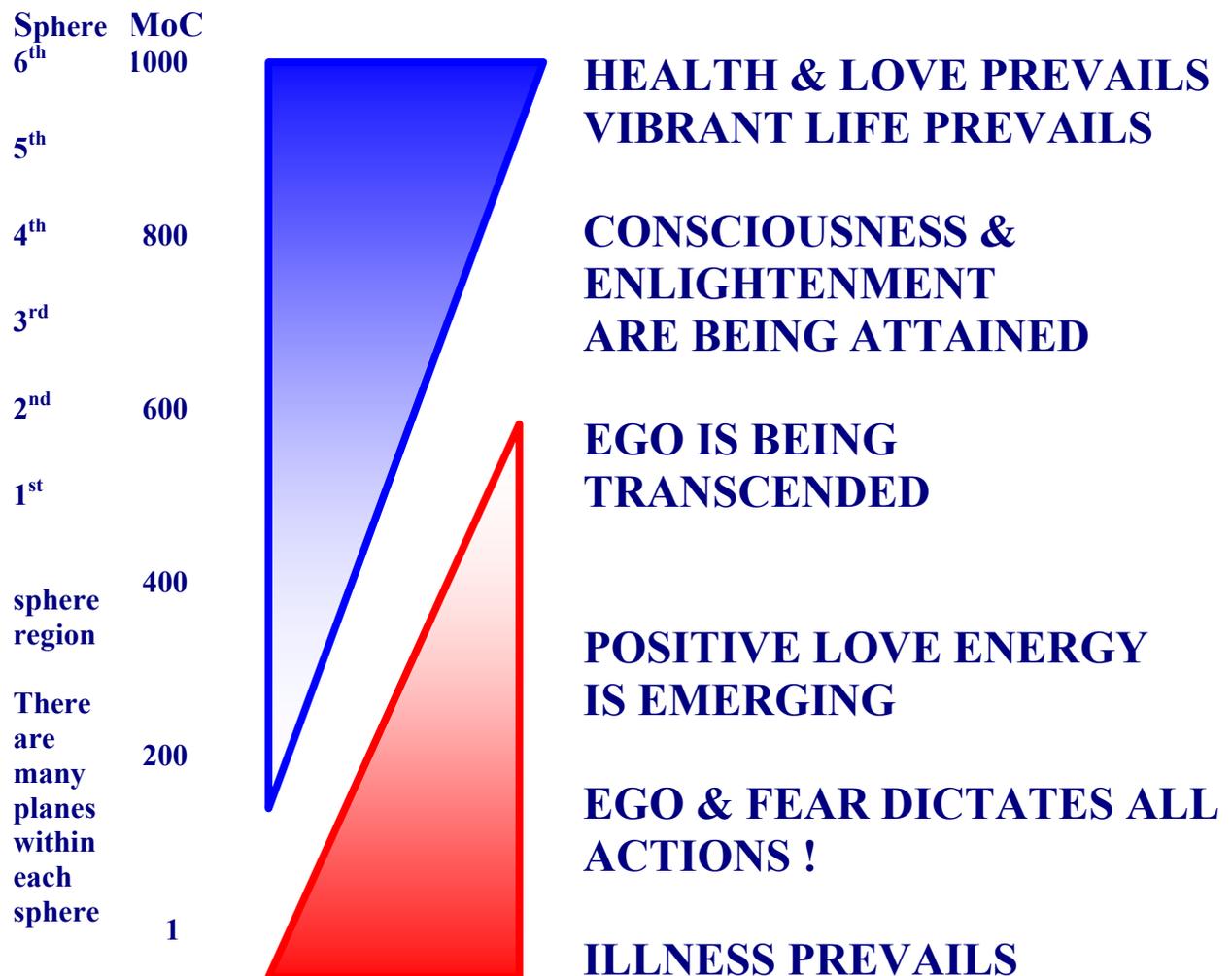
(2018.1) <sup>188:5.2</sup> **Divine Love does not merely forgive wrongs; it absorbs and actually destroys them. The forgiveness of love utterly transcends the forgiveness of mercy. Mercy sets the guilt of evil-doing to one side; but love destroys forever the sin and all weakness resulting there from.** Jesus of Nazareth brought a new method of living to Urantia (Earth). He taught us not to resist evil but to find through God a goodness which effectually destroys evil. The forgiveness of God is not condonation; it is salvation from condemnation. Salvation does not slight wrongs; it *makes them right*. **True love does not compromise nor condone hate; it destroys it.** (The Urantia Book)

(2018.2) <sup>188:5.3</sup> **The beauty of Divine Love, once fully admitted to the human heart, forever destroys the charm of sin and the power of evil.** (The Urantia Book)

**Whilst we are receiving our Heavenly Parents' Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way our Mother and Father are actually loving us! When we progress, it is God's way of loving us into love and then we live what we are, love.**

**“All dis-ease is mind generated, and all healing is generated by the love energy of one’s soul.”**

The Ego (mind based) manifests illness; the lower one’s level of consciousness (soul condition) then the more prevalent will be illness. Below the levels of 200, the ego and fear of the mind dominate; however, as you raise your level of consciousness by growing in love and achieve a level of 500 or higher, you begin to transcend ego dominance. At the level of 600, all healing is possible.



**Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God’s soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.**

**Tell Me Not What Cannot Be:**

27 April 2012

Today I awoke after only 4 hours of sleep. A word came to me, and the word was this: *Tell me not what cannot be ... But tell me what can be.*

And so I remained in bed and listened and then dressed, and went to my office, first to pray, and then to write. And the following is what I wrote:

---

Speak to me –

Tell me not what cannot be, but tell me what can be.

Let me dream the dream of grandeur and possibilities that await the soul being transformed by the great Love of our Heavenly Parents.

Tell me of the Substance of the Divine Love, how it is the ingredient in the soul to change the soul as it has existed since its creation.

Let me see the glories that await the soul of the person that is in the process of being changed by Love.

Tell me not those things that cannot be: Speak to me instead of openness and freedom available for the human who is willing to experiment and dream of things that can be.

And speak to me of what Jesus meant when he wrote through James Padgett and said:

*"...you, in your day, will not receive all the truths of the Infinite. Always new ones will come to the knowledge of men, and the revelations of truth will never have finality – and no man or spirit can ever be able to say that his knowledge is complete. Progress is the one law of the universe that exists always, and man, when he gets in condition, will always be the object and subject of that law."*

And so I heard a voice and it said: Eye has not seen, or ear has heard, all the glories that await the soul being transformed by Divine Love.

Who will sing a new song? Where is the singer of new songs?

Where are the writers of new music of the soul?

And where are the writers of new poems and new stories of the new soul?

How shall the people hear, or how shall they know if the writers and singers remain silent?

Where are the builders of new gardens, those that from their dreams build new homes and new schools and new theatres?

Where are the healers that go forth to bring healing to those that are hurt, and heal those that are lame and deaf and blind?

Where are the bringers of true medicine that truly heals and gives new life and health?

Who will show by their life the reality of the substance of the Divine Love? Will you continue to hide the things of the Divine Love under a basket?

Where are the dreamers – those that see possibilities of what can be and not what cannot be?

The Spirit of God our Heavenly Father sends forth a word to our soul. Who among you listens?

Our Mother and Father calls to us, and asks us to awaken to the glories and grandeur of the soul being transformed by the Great Love – the Divine Love.

Do not limit the extent of Love's great possibilities.

Dare to dream; dare to allow Love to bring forth new life so that the world may behold the new man and the new woman.

Allow the Substance of Love to change you thoroughly through and through; allow Love to be the change that you desire.

Allow Love to change you ... to change the way that you see your world, and the way that you think about yourself and your life. Allow Love to change you.

Do not limit the work of your transformation. Do not say what Love will not do, but rather talk about what Love will do.

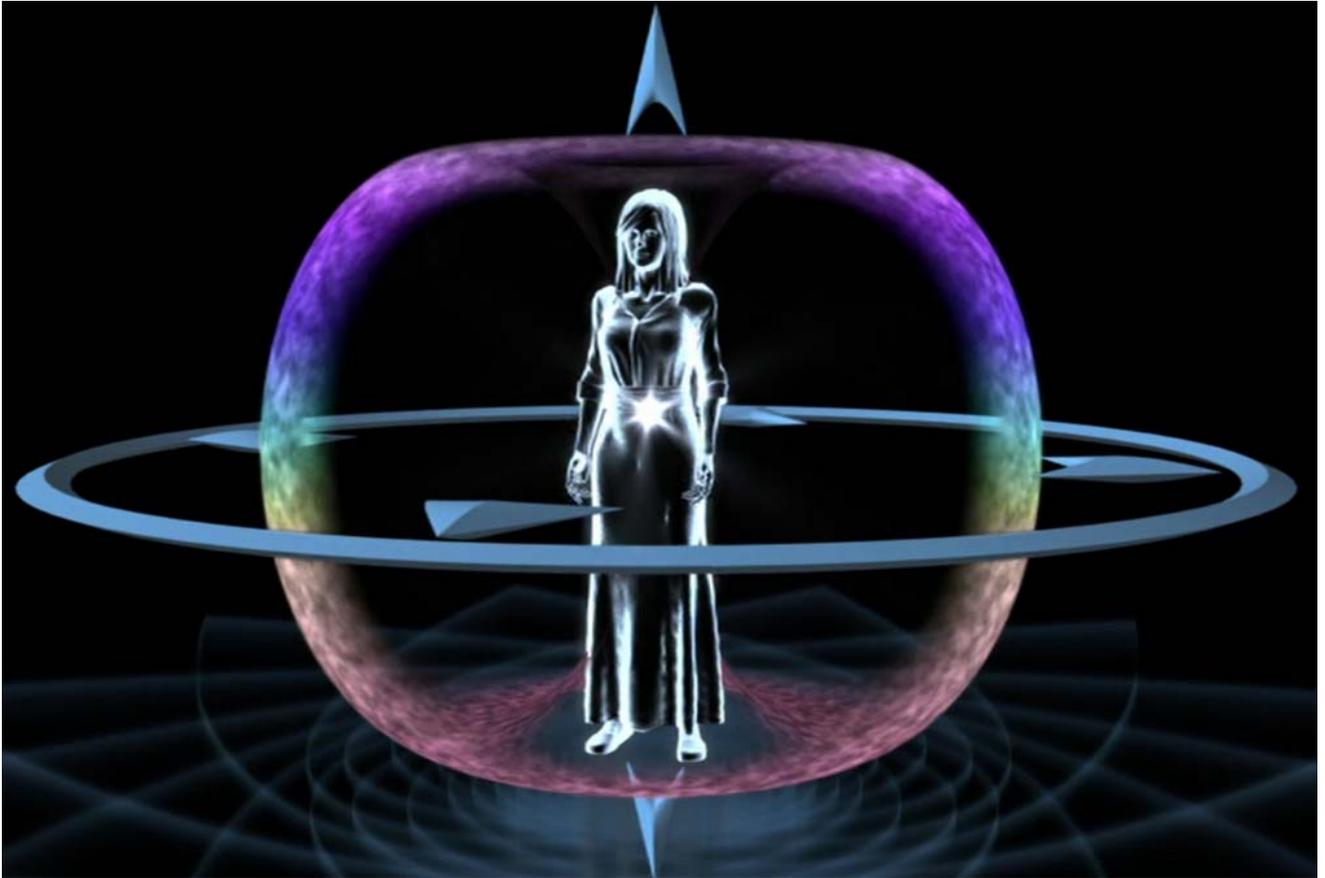
Look to Love – the Divine Love – and what it will do. Allow your soul to expand and breathe new life into existence. Love – the Divine Love – is limitless; and so also is the experience and expression of Divine Love limitless.

The world awaits the children of God to show what the Divine Love will do and what human life can truly be.

Shared with love,

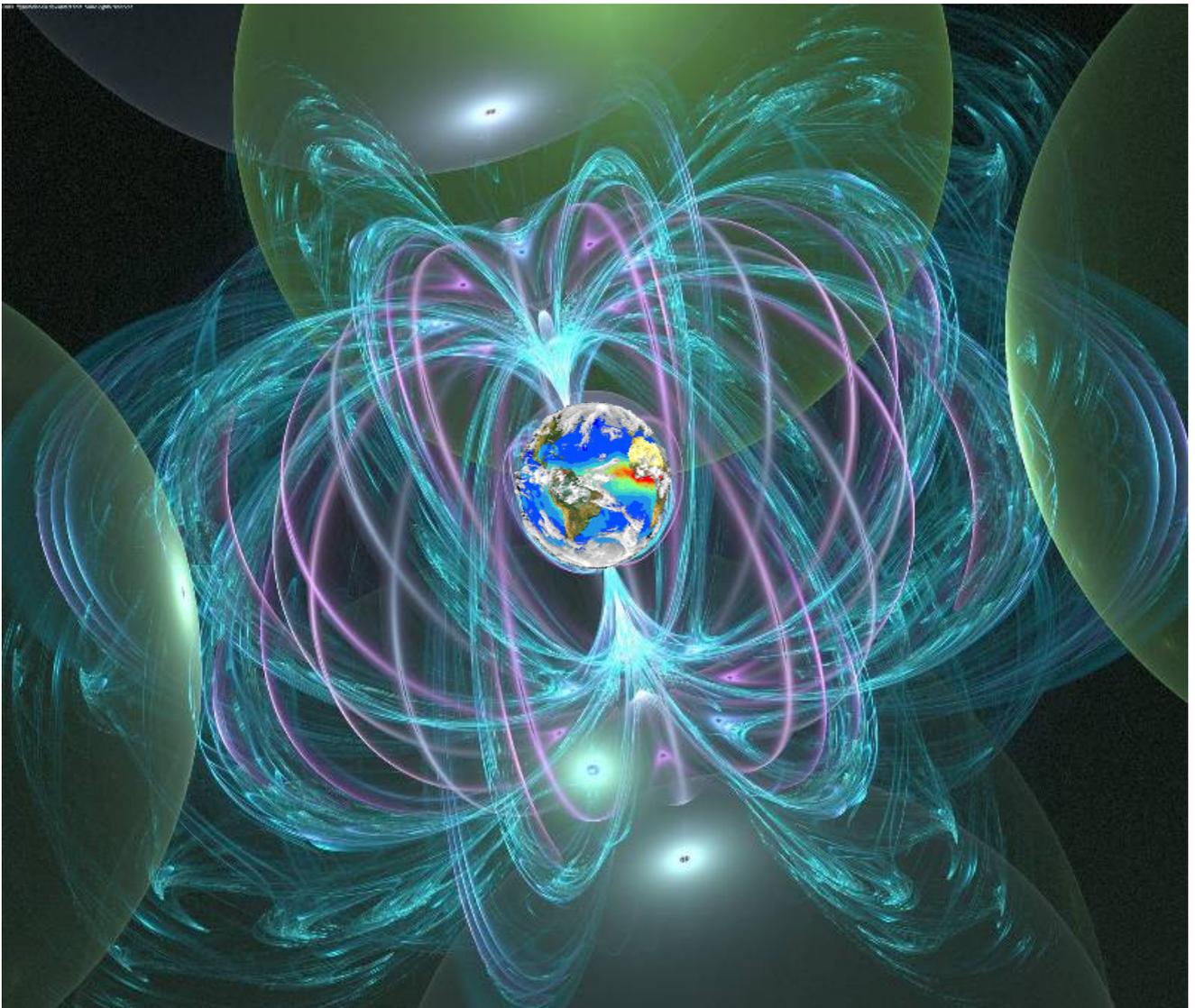
Joseph





**An earnest longing for God's Divine Love is the only way to transform one's soul. This longing is severely retarded and the reception of God's love impaired whilst one's soul is dominated by erroneous beliefs which are in the form of negative emotions. The releasing of and clearing of these emotions are essential to progress from the lowest levels of the 1<sup>st</sup> sphere and also to progress through the 2<sup>nd</sup> sphere. These major emotional blocks are generally removed as one progresses through Divine Love Feeling Healing spheres 3, 5, and 7.**

As we progress along our journey, growing in love and truth, we progress from the physical state of the human body into the spirit body, still having a similar appearance but with a significantly lighter density but with increased energy and capabilities and senses. We then progress to atonement with God, at which time our soul becomes our being with our spirit body being subordinate to our soul, at this point we can see other people's souls. We still continue on our path, progressively growing in love and truth, our energy continues to grow whilst we progressively become even lighter in density, thus further enhancing our capabilities. No one knows even if there is a limit to our growth and progression in love and capabilities. At all times, we are emotional beings.



**Our Heavenly Parents simply desire for us to ask for Their Love.**

# JOURNEY HOME

Our journey home is an ever growing expansion of truth being revealed to us. For Earth's humanity, as for the 37 humanities that have Rebelled, we are quarantined and isolated. Having also Defaulted, Earth's humanity is possibly the most evil of all. Firstly, we are to understand that living through our minds is why we are addicted to untruth and control of others and nature – we are going the wrong way! We are to live feelings first and then heal our Childhood Repression and Suppression – we are to live and express our true personality, the one given to us by our Heavenly Mother and Father. Then our journey home begins!

The Isle of Paradise is stationary within the circle of seven super-universes. Spheres here are also for us to further grow in truth before arriving Home to become Finaliters. Our Heavenly Mother and Father guide us out of our Local Universe of Nebadon, through the rest of our super-universe of Orvonton and into super, superuniverse Havona which circulates around the Isle of Paradise, being home.

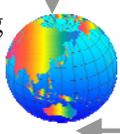
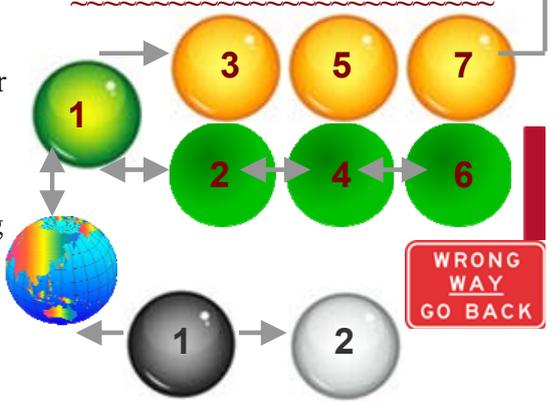
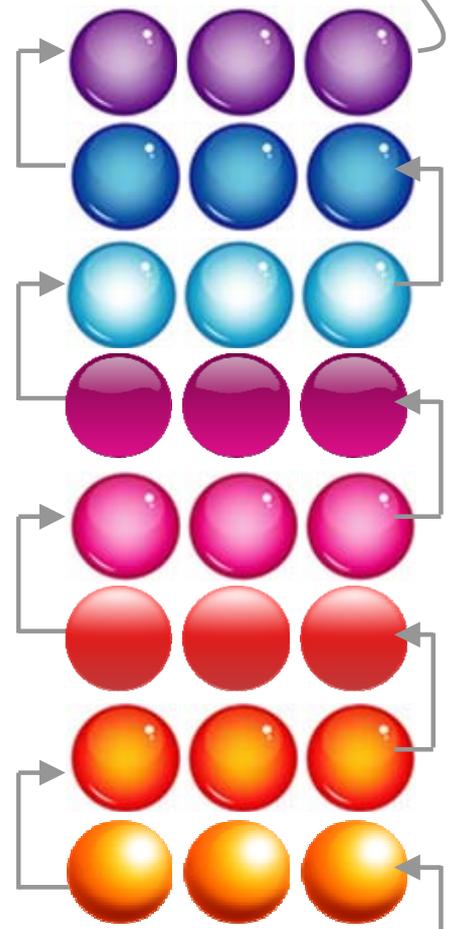
Each of the seven super-universes are constituted, approximately, as follows and with 1,000,000,000,000 inhabitable worlds:

- One super-universe is 10 major sectors
- One major sector is 100 minor sectors
- One minor sector is 100 local universes
- One local universe is 100 constellations
- One constellation is 100 systems
- One system embraces approximately 1,000 physical worlds

Once we attain the Celestial Heavens (spheres) we start to come in contact with spirits from other 'Earth' worlds. So in spirit and once we've finished out Healing and are Celestial, we interact, sometimes directly and otherwise indirectly, with potentially 10,000,000 physical worlds of which 3,840,101 are with humanities. Our Avonal Daughter and Son lead us to Mary Magdalene and Jesus (Michael soulmate pair, our Creator Daughter and Son), through our healing of the Rebellion and Default by guiding us into the first three Celestial Heavens and out of isolation from all other physical and spirit humanities.

Mary and Jesus then lead us through the Celestial Heavens for the system Satania (that Earth is in), then our constellation and then out of our Local Universe.

Isolation from all other humanities prevails before completing our soul's healing and progress into the Celestial Heaven spheres 1, 2 and 3. Hell planes 1 and 2 are of Earth, those who have compensation may have this experience and might then progress up through mind Mansion Worlds 1, 2, 4 and 6 before turning around to progress through Healing Mansion Worlds 3, 5 and 7 to transition into Celestial Heaven.





To liberate one's real self, one's will, being one's soul, is by embracing Feeling Healing so to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

**Our salvation IS by embracing Feeling Healing with the Divine Love.**

**God's Divine Love: Pray for it, ask for it, and receive it.**

**Please Mother and Father, may I receive Your LOVE.**

**“Every day is a day of devotion.”**

**Follow your heart, follow your love and do that in loving action, your inner love leads in your asking the Soul of God to receive a little of the Love to strengthen one's resolve to heal.**

**“I love you Father.” “Let the Divine Love proclaim its energy into my soul.”**

**“Mother – Father, I desire your Love and I am loving you.”**

**“Soul God, I love you and I love receiving and experiencing your Divine Love.”**

**“True Soul God, I am here, I am aware of your Love. Please hear my aspiration for your Love and as I approach you from my soul, I can feel your Love in the way that you are loving my soul.”**

**Try it; give the Feeling Healing and Love a go! If you want to shine, receive the Love.**

**One can simply receive the Love without following any religious or spiritual teaching taught by man!**

**Emotional errors and injuries cause encrustment around the soul, the soul is never damaged however, the encrustments retard love energy flow to and from the soul. Feeling Healing melts such injuries.**

### **Three Great Truths:**

- **God is Soul, being our Heavenly Mother and Father;**
- **that each individual soul is a duplex – both male and female;**
- **and Feeling Healing with Divine Love is the pathway to Paradise.**



**PRAYER for DIVINE LOVE:** library download pages at [www.pascashealth.com](http://www.pascashealth.com)  
 Kindly visit the library download pages at [www.pascashealth.com](http://www.pascashealth.com) as further recordings are added. Should you click on the audio files, you will also be able to download the audio file onto your computer.  
**Prayer for Divine Love – from the Padgett Messages** (Medical – Spiritual References)  
<http://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Prayer%20for%20Divine%20Love%20from%20the%20Padgett%20Messages.mp3>  
**The Voice of Divine Love** (Medical – Spiritual References)  
<http://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/The%20Voice%20Of%20Divine%20Love.m4a>

<b>Primary recommended reading:</b>	<b>consider commencing with:</b>	<b>Paul – City of Light</b>
<b>The Book of Truths</b>	<b>1914 – 1923</b>	<b>xxx – Joseph Babinsky</b>
<b>containing the Padgett Messages or</b>		
<b>Little Book of Truths</b>		<b>– Joseph Babinsky</b>
<b>True Gospel Revealed anew by Jesus Vol I, II, III, IV</b>	<b>xxx</b>	<b>– Geoff Cutler</b>
<b>The Rejected Ones</b>	<b>2002 – 2003</b>	<b>xxx – James Moncrief</b>
<b>Messages from Mary &amp; Jesus</b>	<b>2003</b>	<b>xxx – James Moncrief</b>
<b>Paul – City of Light</b>	<b>2005</b>	<b>xxx – James Moncrief</b>
<b>Mary Magdalene and Jesus'</b>		
<b>comments on the Padgett Messages</b>	<b>2007 – 2010</b>	<b>xxx – James Moncrief</b>
<b>Speaking with Mary Magdalene &amp; Jesus</b>	<b>2013 – 2014</b>	<b>xxx – James Moncrief</b>
<b>Sage and the Healing Angels of Light</b>	<b>2017</b>	<b>xxx – James Moncrief</b>
<b>Road map of Universe and history of Universe:</b>		
<b>The Urantia Book</b>	<b>1925 – 1935</b>	<b>xxx as primary reading</b>
<b>Divine Love supporting reading:</b>		
<b>Revelations</b>	<b>1954 – 1963</b>	<b>– Dr Daniel Samuels</b>
<b>Judas of Kerioth</b>	<b>2001 – 2003</b>	<b>– Geoff Cutler</b>
<b>The Golden Leaf</b>	<b>2008</b>	<b>– Zara &amp; Nicholas</b>
<b>The Richard Messages</b>	<b>2012 – 2013</b>	<b>– James Reid</b>
<b>The Divine Universe</b>	<b>2012 – 2013</b>	<b>– Zara &amp; Nicholas</b>
<b>Family Reunion Afterlife Contact</b>	<b>2014 – 2015</b>	<b>– Joseph Babinsky</b>
<b>Traveller, An Immortal Journey</b>	<b>2014 – 2015</b>	<b>– Zara &amp; Nicholas</b>
<b>Destiny, Eternal Messages of Divine Love</b>	<b>2015 – 2016</b>	<b>– Zara &amp; Nicholas</b>
<b>Feeling Healing</b>	<b>2017</b>	<b>– James Moncrief</b>
<b>Religion of Feelings</b>	<b>2017</b>	<b>– James Moncrief</b>
<b>The Way of Divine Love</b>		<b>– Joseph Babinsky</b>
<b>Divine Love – The Greatest Truth in the World</b>		<b>– Joseph Babinsky</b>
<b>The Human Soul</b>		<b>– Joseph Babinsky</b>
<b>Divine Love Flowing</b>		<b>– Joseph Babinsky</b>
<b>The Truth</b>		<b>– Werner Voets</b>
<b>Through the Mists, The Life Elysian, The Gate of Heaven</b>		<b>– Robert James Lees</b>
<b>Life in the World Unseen</b>		<b>– Anthony Borgia</b>
<b>Gone West</b>		<b>– J M S Ward</b>
<b>Post Mortem Journal</b>		<b>– Jane Sherwood</b>
<b>After Death / Letters from Julia</b>		<b>– William T Stead</b>
<b>Thirty Years Among the Dead</b>		<b>– Carl A Wickland</b>
<b>A Wanderer in the Spirit Land</b>		<b>– Franchezzo</b>
<b>Life Beyond the Veil Vol I thru to V – Rev George Vale Owen</b>		<b>– Geoff Cutler</b>
<b>The Holy Bible from the Ancient Eastern Text</b>		<b>– Dr George M Lamsa</b>

Available generally from:

[www.lulu.com](http://www.lulu.com)

[www.amazon.com](http://www.amazon.com)

[www.bookdepository.com](http://www.bookdepository.com)

For Divine Love focused websites and forums:

Pascas Health:

<http://www.pascashealth.com/index.php/library.html>

Spiritual Development:

<http://new-birth.net/spiritual-subjects/>

Padgett Books:

<http://new-birth.net/padgetts-messages/>

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm>

**James Moncrief's books, the Padgett Messages and The Urantia Book at:**

**DIVINE LOVE SPIRITUALITY – DLS:**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945  
The Urantia Book (see suggested papers to read below)

**James Moncrief Books:**

	MoC		
The Rejected Ones – the Feminine Aspect of God	1,490	Nov 2002 – Jan 2003	228
Messages from Mary and Jesus book 1	1,485	Feb – Apr 2003	189
Messages from Mary and Jesus book 2	1,485	Apr – Oct 2003	170
Mary Magdalene and Jesus' comments on the Padgett Messages – book 1		Aug 2007	164
Messages from 31 May 1914 – 12 January 1915	1,495		
Mary Magdalene and Jesus' comments on the Padgett Messages – book 2		Sep 2010	177
Messages from 13 January 1915 – 29 August 1915	1,494		
Speaking with Mary Magdalene and Jesus blog – book 1	1,490	Jan – Apr 2013	206
Speaking with Mary Magdalene and Jesus blog – book 2	1,489	Apr – May 2013	229
Speaking with Mary Magdalene and Jesus blog – book 3	1,490	Oct – Jan 2014	187
Speaking with Mary Magdalene and Jesus blog – book 4	1,491	Jan – May 2014	191
Mary Magdalene comments on Revelation from the Bible KJV	1,485	Dec 2013 – Jan 2014	84
		This group being pages of	1,825

Paul – City of Light	1,488.5	2005	149
Ann and Terry		2013	235
Feeling bad? Bad Feelings are GOOD!	feeling-healing book 1	2006	179
Feeling bad will make you feel BETTER – Eventually!	feeling-healing book 2	2006	159
Breaking the Golden Rule.	feeling-healing book 3	2006	168
Feeling-Healing exercises, and other healing points to consider.		2009	175
Cathy and Mark – a novel introducing Feeling-Healing.		2010	151
Introduction course to Divine Love Spirituality		2006	139
Speaking with the Dead, Death and Dying		2009	173
Spirits and their Childhood Repression Healing		2010	179
With Verna – a nature spirit		2008	279
Communication with spirits – meet a spirit friend		2010	37
Introduction to Divine Love Spirituality website			362
Sage – and the Healing Angels of Light		2017	260
Divine Love Spirituality	1,500	2017	201
Feeling Healing – you can heal yourself through your feelings		2017	153
Religion of Feelings	1,500	2017	44
		This group being pages of	3,043

**Religion of Feelings**

**Introduction to Divine Love Spirituality**

**Main website of DLS**

**Childhood Repression website**

**DLS and CR forum**

<http://religionoffeelings.weebly.com/>

<http://dls spirituality.weebly.com/>

<http://divinelovesp.weebly.com/>

<http://childhoodrepression.weebly.com/>

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

**FEELING HEALING and SOUL HEALING with the DIVINE LOVE:****James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

**Speaking with Mary Magdalene and Jesus – books 1 – 4**

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

**Paul – City of Light**

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

**Ann and Terry**

For an example of people who might want to immediately start working on themselves and doing their Healing.

**Feeling Bad? Bad Feelings are GOOD**

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

**Feeling bad will make you feel BETTER – Eventually!**

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

**Sage – and the Healing Angels of Light**

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings  
Feeling Healing****Welcome to LOVE – the Religion of Feelings  
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

**The Padgett Messages being published as:****The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book****Release one's pain through expressing one's feelings.****in conjunction with****Longing for the Truth when also longing for Divine Love.**

**FEELING HEALING with DIVINE LOVE is SOUL HEALING:**

*A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.*

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing.**

**Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.**

**Primary and most important readings are the writings of James Moncrief.**

**Then consider the Padgett Messages, and then The Urantia Book.**

Pascas Papers, being free, are located within the Library Downloads [www.pascashealth.com](http://www.pascashealth.com)

<http://www.pascashealth.com/index.php/library.html>

**PASCAS – document schedule.pdf      downloadable index to all Pascas Papers.**

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love;

DL denotes Divine Love – living with the Love.

**PASCAS INTRODUCTION NOTES:** *All papers below can be found at Library Downloads link..*

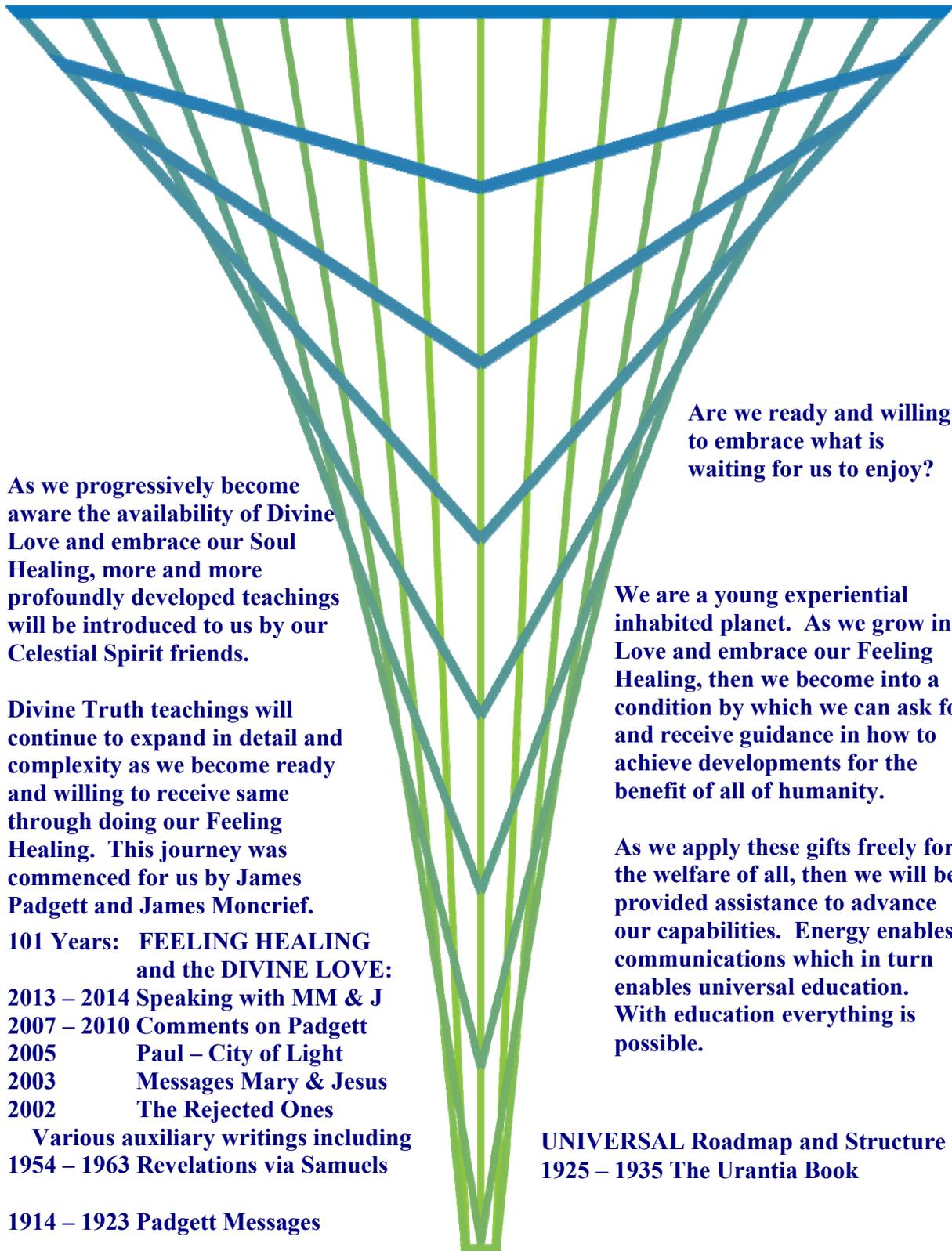
- Pascas Care Letters A Huge Upturn
- Pascas Care Letters Big Revelation
- Pascas Care Letters Feeling Healing Benefits Children
- Pascas Care Letters Feeling Healing Way
- Pascas Care Letters Little Children
- Pascas Care Letters Women's Liberation and Mother

**MEDICAL – EMOTIONS:**

- Pascas Care – Feeling Healing
- Pascas Care – Feeling Healing All is Within
- Pascas Care – Feeling Healing and Health
- Pascas Care – Feeling Healing and History
- Pascas Care – Feeling Healing and Parenting
- Pascas Care – Feeling Healing and Rebellion
- Pascas Care – Feeling Healing and Starting
- Pascas Care – Feeling Healing and Will
- Pascas Care – Feeling Healing Angel Assistance
- Pascas Care – Feeling Healing Being Unloved
- Pascas Care – Feeling Healing Child Control
- Pascas Care – Feeling Healing Childhood Repression
- Pascas Care – Feeling Healing End Times
- Pascas Care – Feeling Healing is Rebelling
- Pascas Care – Feeling Healing Live True
- Pascas Care – Feeling Healing Mary Speaks
- Pascas Care – Feeling Healing My Soul
- Pascas Care – Feeling Healing Perfect State
- Pascas Care – Feeling Healing Revelations X 2
- Pascas Care – Feeling Healing the Future
- Pascas Care – Feeling Healing Trust Yourself
- Pascas Care – Feeling Healing Versus Cult

**PASCAS  
PAPERS**

**DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:**



*People look for miracles to cure  
disease which is ONLY the  
removal of the effect  
of the emotion.*



SOUL  SPIRIT BODY  PHYSICAL BODY  
PERSONALITY

The soul animates the spirit body and in turn the spirit body animates the physical body. The spirit body looks just like the physical body. These bodies are connected by cords. Your memory and intelligence as well as your emotions are within your soul which is your real self. Your mind is within your spirit body. Your brain is within your physical body.