

PASCAS CARE

BEGINNINGS



“Peace And Spirit Creating Alternative Solutions”

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LIFE EXPERIENCE:

Our indwelling spirit / guardian angel is the prompter that encourages each of us to connect with our Heavenly Parents. Though our indwelling spirit is not part of our soul, it is very much part of why we search for our relationship with our Creator. Our indwelling spirit is an aspect of our Mother and Father.

For many, our physical journey is devoid of any spiritual connection, whilst for others the journey is very much involved in developing and embracing one's relationship with our Mother and Father.

Inextricably, many find connection through various religious communities only to separate from this or that particular journey due to doubts as to the truth and relevance of what they discover. During the mid 1900's there was around 44% of the populace attending churches of various denominations, in the early 2000's that number has diminished down to around 7%. Underlying this seemingly walking away is not a lack of desire and passion to find a meaningful and loving relationship with one's Creator but an emergence of doubt as to the authenticity of what is being conveyed by religious teachers and institutions. The burning desire to interact with our Mother and Father is greater than ever.

When one considers that the core teachings for the world major religions date back 600 years before the time of Jesus, then the time of Jesus, and then 600 years after the time of Jesus, one can anticipate that assumptions and copying errors are of such magnitude that the distortions are beyond belief. And, yes, humanity has progressed significantly to realise that excessive error has eroded much of what has dominated religious teaching and practice. Of greater significance is what is omitted from these teachings.

A major proportion of those who investigate these long ago recorded teachings become entrapped in 'the book' upon which they embarked upon their journey with. All of these 'books' are valid and fundamental in developing one's way forward. They are not to be discarded, they are to be cherished.

What is now absolutely necessary is that those who are embracing such a book is that they be encouraged to recognise that the writing of teachings has once again commenced and that no one book can possibly contain all that the Father has to teach us. In fact, the flow of writings that commenced on 31 May 1914 continues to escalate in frequency and volume and will continue to expand indefinitely. The last 100 years has delivered around 10,000 pages of teachings, the New Testament is about 300 pages.

The great gifts of Love and Truth will continue to be expanded upon whilst man continues to open his heart with love and gratitude for our Mother and Father. As we expand our love, our capability to receive and comprehend ever higher levels of teaching will grow, thus the levels of truth being shared will rise.

Even with these new writings, the pattern of embracing and imprisoning one's self within yet another single book is limiting and disturbing. The question of which book and what version of that book have you embraced should be substituted with how incredible is this time in the history of humanity when the teachings from our Celestial friends are now flowing at an ever expanding rate so that we can all develop our love for ourselves, each other, and that for our Heavenly Parents without any impediments of not knowing the Mother and Father's Truth.

Never in the history of humanity has it been possible for all of mankind to be aware of the Mother and Father's Love for us and how simple it is to embrace and receive Their wondrous gift.

OUR FIRST TEACHERS:

Descendants of Andon and Fonta (also called Aman and Amon), our First Parents, not being Adam and Eve, delivered teachings that were faithfully memorised and later recorded as the SACRED and INSPIRED WRITINGS. Through later generations, writings were progressively preserved via way of hieroglyphic symbols that are the basis for the writings on temples in Mexico, South America, Cambodia, India and Egypt. Six sets, each of about 10,000 tablets, were carried from Mu (Lemuria), these were then located at: Tibet, Deccan Plateau in central India, Gobi Desert in Central China, Upper Egypt, Babylon in Mesopotamia and Mexico City. Further copies of each of these original sets were further made.

However, from the teachings of the leaders of the Rebellion, 200,000 years ago, stem all of the world's major spiritual and religious teachings, all being in error and contaminating the sacred and inspired writings, all suppressing one's soul based loving and truth based feelings and bringing about dependence upon one's erroneous mind.

BC=BCE AD=CE

Note: Lunar cycles were considered years, then seasons as years.

| | |
|---|-------------------------------------|
| First Parents, Andon & Fonta, also known as Aman & Amon | 1,000,000 years ago |
| As a result of Lemuria (Mu)we have Sacred Inspired Writings | 300,000 BC (Chaldi College) |
| As a result of Master & Mistress Lucifer we have the <u>Rebellion</u> | 200,000 BC |
| As a result of Adam & Eve we have the <u>Default</u> | 38,000 BC |
| As a result of Osiris, we have Osirian | 20,000 BC (born in Atlantis) |
| As a result of Thoth, we have Osirian in Lower Egypt | 14,000 BC (coming from Atlantis) |
| As a result of Krishna, we have Hinduism | 3,228 BC (birth dates) |
| As a result of Abraham, we have Judaism | 1,750 BC (+/- 250 years) |
| As a result of Moses, we have Judaism and Moses books | 1,200 BC (approximately) |
| As a result of Zarathushtra,we have Zoroastrianism | 630 BC he lived for 242/4 years |
| As a result of Lao Tzu, we have Taoism | 604 BC |
| As a result of Varadhamana Mahavira we have Jainism | 599 BC he lived for 72 years |
| As a result of Buddha, we have Buddhism | 560 BC |
| As a result of Confucius, we have Confucism | 551 BC |
| As a result of Jesus via Paul we have Christianity (August 7BCE) | 7 BC (died 13 March 29CE) |
| As a result of Muhammad, we have Islam | 570 AD |
| As a result of Topiltzin Ce Acatl Quetzalcoatl –Toltecs Lord | 923 AD to 947 AD period of reign |
| As a result of Hiawatha we have Iroquois Confederacy | 1550 AD |
| As a result of the Second Coming we have Divine Love and then Feeling Healing | |
| which with Divine Love then is Soul Healing | 31 May 1914 AD to around the 2040's |
| As a result certain restrictions of the Rebellion and Default are now lifted. | |

From the above ancient clay tablets can be found the Lord's Prayer and the Ten Commandments, though there were 42, Moses was a practical man and condensed them. Also Moses five books are derived from the ancient clay tablets, possibly the set that was in the southern region of Egypt. Those writings had been heavily contaminated by the teachings resulting from the Rebellion.

By longing for the truth of one's feelings and for our Heavenly Parents' Love is the way forward.

Note: Following the writings of James Moncrief, one could consider that any reference to the Father, by other relevant writers, may be read as a reference to 'our Mother and Father'. Further, when considering soul healing, then reference to Divine Love could be referred to as 'Feeling Healing with Divine Love'.

This is our time in the sun. It is now time that we shared with all around us this availability of teachings that shower the Truth and Love upon all without limitation.

For 2,000 years, Mary and Jesus, with their ever expanding number of companions in the Celestial Heavens, have been establishing the awareness of the availability of our Mother and Father's Divine Love throughout the spirit worlds and now Mary and Jesus, with their band of teachers, have been able to expand this teaching program throughout the physical world here on Earth, having commenced on 31 May 1914 with the Divine Love teachings and now with Feeling Healing in the period 2002 to 2014.

Never can one man do more for another man than by making it known of the availability of Divine Love and the process of Feeling Healing.

GUARDIAN ANGEL:

Each one of us does have a spark of Our Creator within us and this spark is intrinsically bound with the soul of each one of us but it is not the same as the soul. There are differences which are quite great but inexplicable yet.

This is referred to as Thought Adjuster and sometimes as spirit guide or guardian angel or many other such terms none of which goes close to giving a clear indication of the nature or function of this essential and integral part of every person.

Because of the nature of the human race at this stage of its development, this part exists in an area that is mostly out of awareness. There is no diminution of the awareness of consciousness of this spark which is always fully aware of itself and of its integral and intimate connection with its origin and all the other aspects of creation.

Its only way of communication with people is through influencing the level of awareness in any situation. For the most part this is relatively uncomplicated in the antenatal and immediate post-natal periods. This is not always the case as the societal influences on a foetus and infant begin at the commencement of their carnate existence.

The implication of what is being said is that every person has an integral aspect which is always fully aware of the essentially spiritual nature of that person. What you call this is immaterial as it is virtually impossible for us to have a valid concept of what this is and what this means.

The nature of the human reality with its concepts of separation of one from another leads to the concept of this aspect as being something separate which needs to be visualised as guide or guardian angel. This is an acceptable way of managing this but is not sustainable in the long term.

Have you noticed that in all the stories you have read on life on this side, no-one describes having met their guides or guardians? There are many descriptions of meeting with other spirits who have acted in teaching and guiding roles.

You see, your spirit guide is particularly your own because it became such at the moment of your creation and always remains so. The progress of spiritual development of every person is one of progressive discovery of this fact until the eventual awareness and realisation of this fact of living by virtue of being able to know that one is At One with God. Every-one is actually At One with God from the moment of creation but doesn't know this and will take varying amounts of time to do so. The only

thing that separates you from knowing awareness of being At One with God at this moment is the acceptance that leads to awareness.

The LOVE is introduced:

From Col James Churchward's reading of clay tablets, that date back 26,000 to 70,000 years and subsequently published in Books of the Golden Age and other works by the same author, is an outline of the first religion which is, in reality, the spiritual practices and understandings of early man:

However, all religions on the planet are in one way or another a result of the Rebellion that occurred some 200,000 years ago. This was further complicated by the Default of Adam and Eve some 38,000 years ago.

What was re-introduced to us 2,000 years ago was the availability of the Father's Love, being Divine Love, how to ask for it and receive it as well as what it does. However, it was the time of Jesus and Mary that the Rebellion commenced to come to an end with the imprisonment of the originators of the Rebellion, namely Lucifer and his soulmate and Satan and his soulmate.

SHINING TOWARD SPIRIT: via **Zara Borthwick and Nicholas Arnold** www.lulu.com
14 November 2014 to 14 March 2015

Shining toward Spirit – The book of Divine Love and beginnings is in three volumes, each containing 235 messages, resulting in 705 messages contributed by some 360 spirit people writers, written between 14 November 2014 through to 14 March 2015.

The volumes outline the many and varied experiences of spirit people becoming aware of the Divine Love and subsequently their experiences of embracing and receiving the Love.

Here are a few of their contributions to this work of beginning life with the Love:

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

EMBRACING the WILL of our HEAVENLY MOTHER and FATHER:

Our Heavenly Parents are almighty, all powerful, infinite, and at all times loving.

The love of the Heavenly Parents for their children, woman and man, has been and is always infinite and ever present.

As one's faith in our Heavenly Parents evolves, man's love for his Heavenly Parents will have no limit.

As man grows in his love, so will man grow in his love for all of God's creations.

Approach the Source Soul, the Mother and Father, in reverence, without fear or trepidation, just as a child approaches his earthly parents knowing that open loving arms are extended to receive him at all times.

As one grows in his love of the Mother and Father, one becomes to know with certainty that God loves him or her in return, at all times, and that fear is an illusion created by man's mind.

By embracing the commandment provided in the 1st century, namely the first:

"This is my commandment, that ye love one another even as I have loved you."

Further, we are to embrace our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

Also as our soul development progresses, our self love grows which also enables us to step away from:

Any self harm that we may cause which also brings about consequences.

And to move along this path we simply develop our embracement of:

God's Divine Love; by praying for it, asking for it, and receiving it.

Longing for Truth and Divine Love we can embrace the will of the Father and achieve freedom from error and harmful ways, thus finding our way home!

SHINING TOWARD SPIRIT: **via Zara Borthwick and Nicholas Arnold** www.lulu.com
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16. A man who suffered dementia

Kinadra is a beautiful individual. I listened as she conversed with you. Luke is present with us and has instructed me to speak with you. I desire to say that I have received the Divine Love and that I love and accept the Father. I have not long been here in the spirit world, coming over only recently.

I can hardly believe how my life has continued and that I have all my memories. I say this, because the last 10 years of my human life my memory had gone. Only now that I am a spirit I can see that my memories were preserved in the memory centre of my spirit-mind in my spirit body. Thank goodness such a provision had been made, being the spirit body! I had acute dementia, which was slow and a progressive disease that eventually caused me to pass away. I now know that such conditions are never permanent, and I thank those beautiful souls who nursed and cared for me until my end. My words here are a testimonial to those who may know another who is experiencing the same fate as I did when living in such a deplorable human condition. I am now full and happy again! Bright and knowing that by the Grace of God, such times are never permanent.

Upon my passing I woke up in a bed and structure in a weakened condition. I was nursed back to full strength moment by moment; all my faculties returned fully and by my faculties I mean my personality. It didn't take too long until I felt quite normal; normal as in before my dementia took place. I then learned about my new spirit life, accepting that I had fulfilled my human life and a free new life was to begin. Some of the nurses who cared for me as a new spirit told me about the Divine Love that many spirits are living with. As part of my recovery and my own choice I asked for this Love. The nurses taught me how to pray and to accept this Love.

The reason I followed their leading was that I was so graciously honoured that my previous condition had humbled me. I realised now as a spirit, that so many had loved me unconditionally. Those carers and nurses back on Earth and here in the spirit world, revealed to me now how much love had been given in my condition. I was never left alone to die and more importantly, left alone to live again in this spirit world. There had to be a purpose to this, I thought. Upon hearing about the Divine Love I felt that I had to ask God for this Love for I am still living and my gift of life whilst severely incurred by a disease, had never taken the real gift of my life to me: my soul.

I felt the Divine Love and being in the care of those nurses where their action was so loving, my whole being wept for the joy of my human life and I knew that I would not sit in judgement of myself for those 10 years nor did I feel any anger or resentment toward God. I never really believed in God but it was through the actions of those carers and nurses who attended to my physical needs, and those nurses in the spirit world who attended to my spirit needs in their action of living love that I knew that there must be a God! I know now that whilst people on Earth may fear one another and do terrible things to each other, these actions are a mere shadow in the great kingdom of love and that these fearful actions pale into insignificance when contrasted against the loving actions of people and spirits and the living truth that God is Soul and Love and the provider of real truth.

I am a little tired as this form of communication is new to me. I hope my words may help another.
 Good day to you both,
 Richard

24. Paul speaks on his early spirit days

I never thought about the existence of a human afterlife, and here I am living in one! I cannot recount at all my transition from my human life into my spirit life. All I know is that my life ended and then I awakened peacefully like how one might awaken after a siesta. There were people around me gently assisting me, making me feel comfortable. I asked one of them where I was and what had happened. The lovely woman told me that I had passed away and now I was in the spirit world and not to be afraid or frightened, that everything would be okay. It wasn't long until my full memory returned and I could remember that I had passed away. I couldn't recall anything about what happened next. I gather from what I have been told, no one does remember the transition from their physical life to their living spirit life. I still feel very human. I relate with myself and with those around me the same way as I did with people back on Earth. And, believe me when I tell you it even sounds strange to me, "Back on Earth"!

As I gained strength and vitality I started to feel not so old. After about a week of my coming over, I was told by those looking after me that Earth and the peoples of the Earth is very close by; its surface interfacing with this surface although I now know there is a boundary between the beginning of both worlds. Apparently I haven't travelled any great distance.

I haven't been to the Celestial Heaven, a place I only know about because I have been listening to these brighter spirits conversing with you. I feel that I would like to go there and to do so I need to receive Divine Love. I will consider taking the Love up, why? Because the brighter spirits represent such a peaceful knowing and such calming-ness, that I would like to follow in their example.

I cannot say that I am sad that my human days are over, I lived a good full life simply put, and I accept my end. I am not too curious about exploring the spirit world. Where I am now I feel happiest. I am interested in going to the Celestial environment. I can see that the brighter spirits have made it known to us that there is nothing secretive or selective to any potential of progress. The Divine Love is not an elite club. So far I can see that it is not like Earth where information held in selective hands is power. The brighter spirits freely divulge information and anything that is asked of them that will improve one's soul condition is forthcoming. They make it perfectly clear that the Divine Love and progression is open for everyone.

I am very impressed by the character called Luke. He is a beautiful spirit. He is not a religious figure to me, as he is perceived in human history. He is actually standing close to me right now as I convey my impressions to you. He is taller than I, shining brightly in his appearance and I must say, coming from the robust world of people the fellow I see close to me is in no way reckless. Everyone is quite excited here. There are a number of bright spirits making themselves available to converse with us who are as yet to shine as brightly as they do. Apparently it takes up to about 3 months by the old time clock on Earth, to learn the ropes here. I have been here for about 2 months as you have sensed, I am still gathering myself together. I do not possess anything within myself to shine as do these brighter spirits, and shine they do! They are like moving light bulbs. I am optimistic about receiving the Divine Love, who wouldn't be when you can see staring in front of you, living examples of the Love that these brighter spirits teach.

I have enjoyed conversing with you. I have a few more questions so I will head off and ask Luke. Time to dash away now.

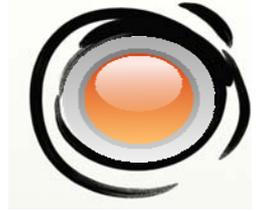
Sincerely,
Paul Roberts



To be FEELING RECEPTIVE rather than being MIND CONTROLLED:

People are to sincerely seek the truth of themselves through their feelings. The soul is that indefinable part of one's self. It's that part we can sense, soul-perceive within ourselves, somewhere deep within our heart. And it's not centred in nor is it part of the mind as some people think.

Our soul, blessed with natural love character traits and being the home of one's personality, becomes rapidly encrusted by the personality issues of those within one's environment, commencing from the time of conception and culminating, typically, by the time one is of the age of six or seven. We reflect the encrustments of our parents and of those within our environment. Our soul always remains perfect though it can become as dark and restricted in capability as a dried up garden pea, covered in error and negativity. We are making decisions with our mind right from our first moment of conception, even with such a rudimentary mind. Those decisions compounding as our mind develops, until around age six when our mind is fully developed and we are locked into our negative state.



The Indwelling Spirit becomes present when we reach the age of six or seven. This means that the unseen helper of the Father – the Indwelling Spirit – can always interact with the mortal soul and to be of service so that eventually the leadings from the Spirit may be the catalyst for that soul to seek the Father. The Indwelling Spirit reveals intrinsic workings of Father to our soul. The Indwelling Spirit guides us to uncover the truth of our soul through our feelings, whilst the Holy Spirit delivers the Divine Love into our soul, all in response to our longings for the Truth and the Love.

Together with the normal interaction between our soul and indwelling spirit all the truth we need to live will be given to us – all through ourself, all through our feelings.

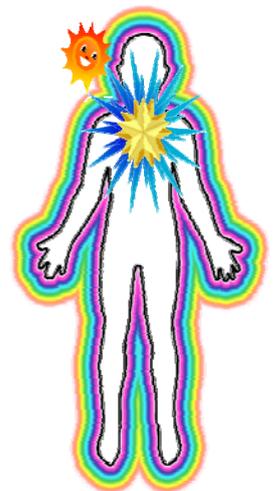
Divine Love, when asked for and received, gives one just enough strength and desire to keep pushing on, all whilst at the same time, not preventing one from feeling all the bad feelings we need to keep feeling.

It is by applying the full intention to uncover the whole truth of ourself through our ongoing feeling acceptance we are to rid ourselves of our childhood repression and all the problems it's caused.

The religion of truth is really just living truth, the truth that comes from doing one's healing; which is really just the truth that comes from everyday expressing oneself: all one feels with the intention of knowing the truth of such feelings. True, however the further we progress and the more our soul expresses in Creation, part of what goes along with that is a sense, also from our soul-perceptions, that we are actually more our soul, so we are always becoming closer to being our true and whole soul. Only through our feelings can we come to BE our soul. We will ultimately not be reliant on anyone, only our feelings.



The thought adjuster – our Indwelling Spirit, is divine in as much as it's literally a part of God's Spirit – a spirit fragment if you like, that comes from God's home – Paradise, when we're about six, and indwells our higher mind. It becomes, if we allow it to, by living true to our feelings, our 'pilot light' so to speak that God gives us to guide us back to Paradise.



SHINING TOWARD SPIRIT: via Zara Borthwick and Nicholas Arnold www.lulu.com
 14 November 2014 to 14 March 2015

33. Shining toward the present

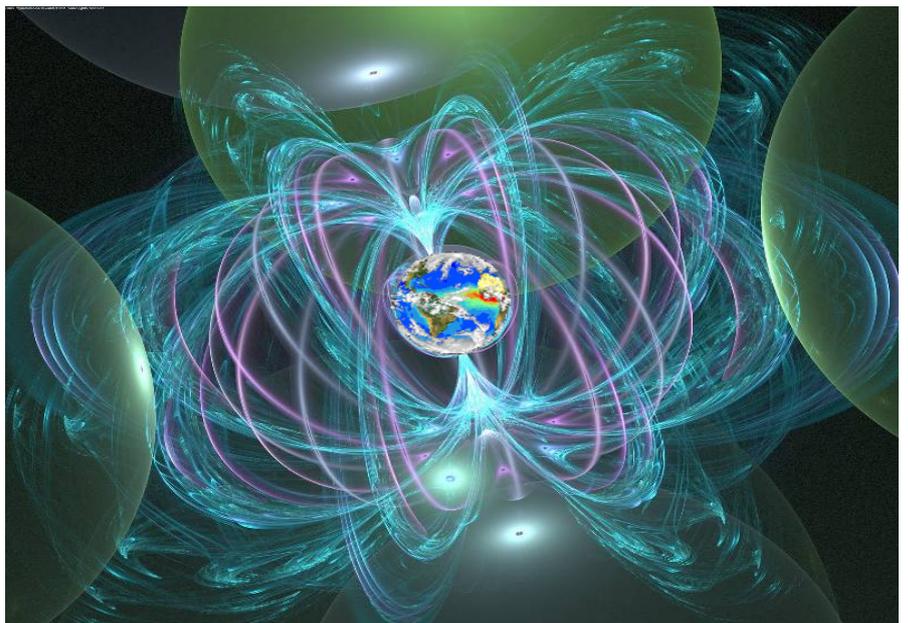
I am here, Luke. There is much love with you now. The Spirit Law of Rapport and Communication is active and in action. You received Saleeba and Paul well.

I am going to write about some aspects of spirit. Certain Spirit Laws may lay dormant a long time. Like the Love, until you are aware of this Love you may have no idea that it exists. A Spirit Law and the Divine Love may appear dormant and then when one participates with this Love the Love springs into life.

A spirit in poor soul condition may stay in this condition a long time refusing to change toward any improved condition in their natural love. Another spirit in poor soul condition may be progressing in the Love and what was once dormant to them is now known and active in their soul. The spirit who is not progressing will be unaware of the Spirit Law of Compensation while the spirit who is progressing will be working with the Spirit Law of Compensation. The spirit in poor soul condition who is unaware of any progression will still be subject to the Spirit Law of Compensation but will not know its identity as this Law sets them to the spirit sphere that they now reside in, that their poor soul condition requires them to remain in until such time that they are willing to engage and progress.

As I said, certain Spirit Laws may lay dormant until required to act. The Holy Spirit, the Spirit that acts to convey the Divine Love into the finite soul, lay dormant for a long time – the time between the end of the life of the First Parents (Aman and Amon) until the beginning of the human life of the Master, Jesus. The Spirit Law that acts upon this Spirit lay dormant and ceased in its activity. The Divine Love and the Spirit were always present and still formed part of the potential that the Father had originally set these two important aspects to be involved with each mortal soul.

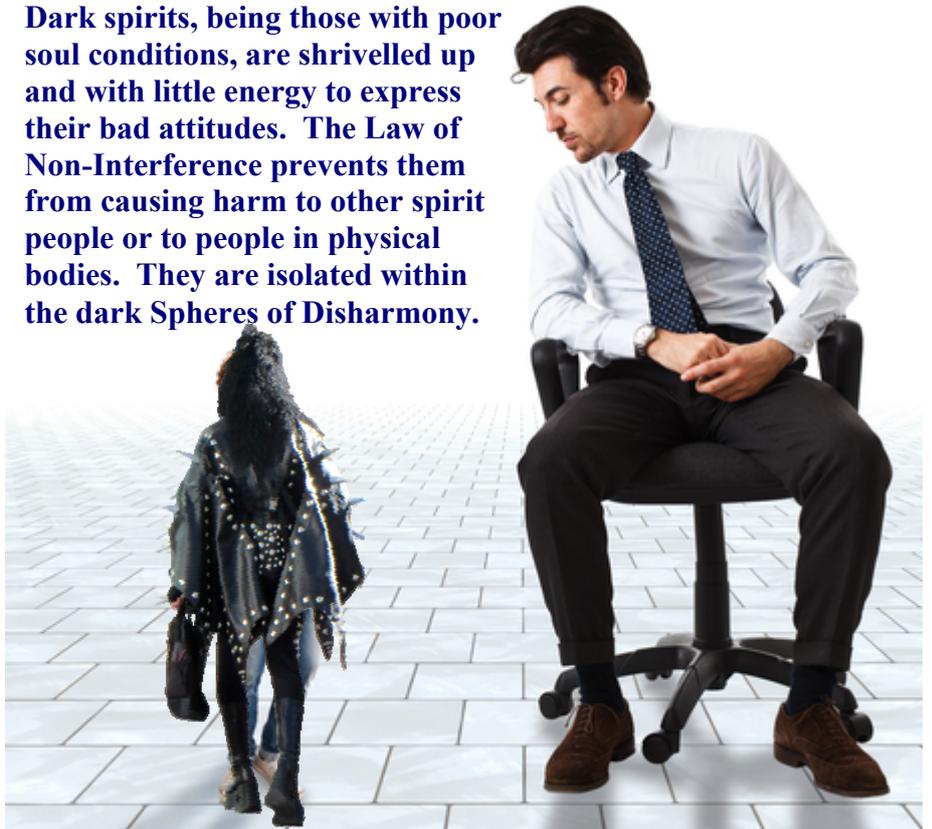
The spheres of the spirit world are well organised. The spirits who have communicated with you all reside in their necessary sphere of natural harmony. You have received spirit experiences recounting their experiences and some of these individuals are in poor soul condition, but not in such condition that has taken them away from the 1st natural sphere. All the spirits that you have communicated with vary between the 1st natural sphere and the Celestial Heaven. The 1st natural sphere is closest to earthly humanity. It is an environment of natural love where many individuals reside in contrasting soul conditions ranging from a reasonable condition of natural love to Celestial soul condition. We visit and relate with many spirits in the 1st sphere and many Celestial spirits work along side natural spirits in the facilities that provide sanctuary for all the people crossing over and newly arrived.



There is a very good reason why spirits in very poor soul condition haven't communicated with you. Their condition is so poor that their spirit bodies are vastly diminished in the capacity for having their internal spirit attributes sufficiently developed to work and sustain any function with a Spirit Law such as the Spirit Law of Rapport and Communication that we are working with now. These individuals simply are out of harmony in their condition with love, their natural love, to such a degree that their internal spirit vision is without the awareness that such a form of communication can take place.

I could bring along a poor conditioned spirit from the lowest sphere, but they would find it difficult to actually convey their thoughts and impressions to you because any such thought and impression from a soul such as this is without any love essence involved, so the Spirit Law would mirror this within them causing further discomfort suffering and agony for no benefit for anyone. The spirits that James Padgett communicated who were in poor soul condition were still reasonable as some love was identifiable. The spirits I am talking about are the individuals who lived treacherous human lives and lived in action completely in contradistinction to the harmony of love.

Dark spirits, being those with poor soul conditions, are shrivelled up and with little energy to express their bad attitudes. The Law of Non-Interference prevents them from causing harm to other spirit people or to people in physical bodies. They are isolated within the dark Spheres of Disharmony.



As I have explained to you before, everything works around living love here in the spirit world. The Father has made every provision possible, every aspect provided for. These very poor souls, who still in their arrogance and fear are provided with an environment to reside in that doesn't cause them any further harm and prevents them from causing any further harm to another spirit, or themselves or to someone living still on Earth. The opportunity to progress is present for these individuals as it is for any individual. In this way the Father has provided the means for a soul in poor condition to progress without being eternally damned with no hope for change.

The Father has taken into consideration and catered for every single person's need due to their soul condition and life lived when they enter the spirit world. Irrespective of the soul condition of the individual, or the human life experience they have lived, once a person has entered the spirit world each individual will take up residency in the environment that is most suitable for their present soul condition. As I have explained to you before, everything works around love here in the spirit world. Even if a spirit is in poor soul condition, the environments they can reside in are fashioned by the Father's loving Handiwork. One may as well understand that living love is the way here in the spirit world.

There is really no point living in opposition to this, for you would only be delaying the inevitable conclusion to ultimately choose the way of living love or quite possibly in the very long-term future to have your personality annihilated so that you no longer exist at all. It has been speculated by some that in the event that the individuals who reside in their isolated, poor and dark soul condition choose not to learn to live love and set to impose their individuality in direct opposition to everything 'love' that the rest of the spirit world and Celestial Heaven live, then these individuals may face an uncertain future.

It is quite possible that the Father may terminate the existence of these few spheres thus causing a complete wiping and annihilation of the personalities that reside in these spheres. The Father's plan as the Master Jesus has revealed to us, is the plan of harmony and love and the salvation of all human souls. Part of this salvation includes living a substantially good natural love from the 1st sphere to the 6th sphere and the opportunity for Immortality by choosing to accept the Divine Love. If one chooses or selects themselves to live directly in contradistinction to this plan, then the self-serving mortal personality will always be outside of those of us who are living in love.

People on Earth believe in love; here in the spirit world most of us are living love. Our soul, known to us who are living Divine Love; our spirit body is known to us as well. When you have the awareness of soul and spirit body empowered with Divine Love the full nature of our natural love is known and we see love in the living action of mortal and Immortal love living.

Even though natural spirits are unaware of the true nature of their soul and the full potential of what their spirit body can become, most spirits live in their natural love with a fair goodness being part of this condition. There is harmony here in this uncomplicated and unknown mortal spirit awareness and one is feeling good as they live in their environment unaware of their potential and the Divine Love.

When spirits advance their soul condition by accepting Divine Love they don't spend years doing emotional clearing or any kind of emotional unblocking to advance their condition. Most of the transformation, that the individual does, is by conversing with more progressed spirits who know how love is lived and how love progresses. The presence of Divine Love in the soul causes much change in the soul and the spirit body. One's emotions, memories and feelings adjust quite easily with these changes caused by the Love and also if necessary, with the assistance of the Law of Compensation. People can teach that healing goes on forever.

Here a spirit can be healed of their effects rapidly. The reason being that these individuals have a true perspective, now that they are spirits, on all that is past to them, in all that is present now without any fear or worry for their future. The future is not an issue and individuals are not driven by their concern for it. As the individual resolves any memories from their human life that are causing feelings of disharmony or a disruption to their living love, with the assistance of the Divine Love, forgiveness and acceptance, the individual is moving substantially into the living present.

This has been a lengthy message covering lots of aspects. I have instructed another spirit to converse with you now.

Your friend,
Luke (Apostle)

Note: Following the writings of James Moncrief, one could consider that any reference to the Father, by other relevant writers, may be read as a reference to 'our Mother and Father'. Further, when considering soul healing, then reference to Divine Love could be referred to as 'Feeling Healing with Divine Love'.

**INDWELLING SPIRIT, THOUGHT ADJUSTER,
MYSTERY MONITOR (all being the same):**

The external elements, instruments of the Father, do not form attributes of our own soul upon its initial creation by our Heavenly Parents, these are the Spirit of Truth, the Indwelling Spirit, and Divine Love.

The Holy Spirit, conveys Divine Love to your soul should you earnestly and lovingly ask for it. This is the only function of the Holy Spirit – Acting Spirit.

The Indwelling Spirit becomes present when we are around the age of six. This means that the unseen helper of the Father and Mother – the Indwelling Spirit – can always interact with the mortal soul and to be of service so that eventually the leadings from the Spirit may be the catalyst for that soul to seek our Parents.

The Indwelling Spirit reveals intrinsic workings of Father and Mother to your soul.

The Indwelling Spirit functions in much the same way as the Holy Spirit, ask and it will provide support and guidance.



The Indwelling Spirit / Thought Adjuster only works with us on the mind, feeling and psychic levels directly with our personality on conscious and unconscious levels of reality. It is the Divine Minister with hands-on help from our attending angels that do the actual adjusting of our mind circuits – of all our circuits, even the physical if need be.



Spirit of Truth becomes active more so when you connect to the Source Soul and commence receiving Divine Love.

You are a spirit person having a physical experience. Your physical body is encased within your spirit body.

The spirit body only exists because our soul wants it to. In the fullness of love, even all our encrustments and wrongness is not actually bad, they are just the nether side of love.

So evil is literally a state of mind, and once you heal it you even feel love for your wrongness and even no longer hate it – that being full self-acceptance. But you can't contrive these feelings or level of awareness, it has to come of itself and will through the higher levels of your Healing.

SHINING TOWARD SPIRIT:

via Zara Borthwick and Nicholas Arnold

www.lulu.com

14 November 2014 to 14 March 2015

39. The moment of Truth

Hello to you, my name is Alexander. I have been a spirit for a few months now. I would like to describe some of my experiences living here. My passing into this human spirit world was sudden after a long battle with cancer. In the end I must say, it was a relief to me to pass, and for everyone else. I never utilised the time of my illness that lasted several years to consider my life after my life or to contemplate if there was a life after my life. I never really thought about it; I was too busy, but I probably should have, and I would have to say that it definitely would have helped me.



I woke up. I was in a withered condition though I knew myself to be who I always was when living my human life. For the first time in a long time I felt no physical pain. I was in a nice place that had several items like beds. The beds felt soft and comfortable but it seemed that they appeared to be floating on spirit 'air'. There were nurses present; this is the only way I can describe them. There were men present but not like doctors in a hospital. Both nurses and these men were like peaceful counsellors. As I awoke, they came to my side and they told me where I was and what had happened. It seemed like a miracle to still be alive. The counsellors told me that I was okay and to take my time in my new awakening. When they spoke to me, it was like speaking to any person in a position of responsibility. They were warm, friendly, caring and trusting people. I knew instantly that they were people even though they were slightly different in appearance.

As I lay in my floating bed taking my time and environment in, I felt strange recognising that I was without a physical body. Although I was weakened due to my illness, I was surprised at how quickly my energy returned. I felt sad that I didn't have a physical body any more even though it had been ravaged by the disease. I still felt as though I had a physical body, I thought to myself this must be how an amputee feels like when they have had an appendage removed. My thoughts turned to my family, and I wondered how they were doing and if my funeral had happened or not.



I wondered what I looked like lying there on that floating bed. A counsellor spent a lot of time providing me with information about these events that were unfolding. I didn't feel panicked or riddled with anxiety about my experience. I was told that I now lived in my spirit body; a body that had travelled with me during my human life, a body designed for the personality to live in here in the spirit world. This body was my new temple and I was also told it was made for the spirit world and would adjust quickly. I asked who made it, and the nurse informed me that it was God's Handiwork. I didn't understand it but I accepted the Truth of what the nurse said. The spirit body is a brilliant piece of work.

My spirit body felt strange to me to begin with but then as minutes passed I felt comfortable in it. I had all my normal senses: sight, sound, feeling, touch, memory, language and mobility. All in all, I felt like me. The two strangest things were that I felt free of the disease and I had survived death. I could accept the spirit body quickly because I felt so good in it. It's like drinking a glass of cold water on a hot day. You just know it feels good and it is good for you.

There were other people like me in my environment. We spoke to one another and this helped with our integration. We were speaking the same language and from the same country and there were only a few of us. The most impressive thing was that the counsellors were so normal and loving. They gave comfort and confidence to us. Over the coming days so to speak, I spent my time resting absorbing my new environment. I had a sense that I was close to humanity to the peoples of the Earth, but I couldn't see it nor could I hear it. The counsellors told me that this environment was the closest spirit environment to Earth. I contemplated my passing and wondered how my wife must be and my two children. It was almost too difficult to think about. Life had changed now; it was never going to be the same.

I realised as I looked over my spirit appearance that I appeared in image like I was back on Earth only a man in good health. I was a little shocked to see that my spirit body was without reproductive organs, this felt strange to say the least. The counsellors told me that there was no need for them here for the active part of reproduction and digestion and pleasure were no longer part of a spirit's life as a human recognises this to be. They told me that I could experience pleasure and that the spirit body has this sense, but the intimate sharing of love was expressed differently here and since there is no procreation here I could see the truth of why the spirit body didn't have this appearance.



It was of great relief to me to know that my memory functioned well. I had all my memories even the memory of my illness. I realised quickly how important memory is and I spent time involved with my memories and studying them. I didn't realise it at that time of studying my memories that I was beginning to change my perspective. I was adjusting to living life as a spirit. The counsellors would go with me when I left the sanctuary so that they could instruct me how to move and socialise as a spirit with other spirits. I knew these spirits as people and there was no difference other than we all knew that there is life after death and this awareness is very present as part of the humanity that resides here. We all had our stories to tell and we all shared them and we all listened as each person told their story and no one ever interrupted.

As for me now, I carried on. I gained strength every day but as I got stronger the missing of my wife and children became stronger. Realisation came to me that there wasn't much I missed about my human life. I thought I did originally, but the truth of it was I missed my family.

I knew intuitively that I was never going to return to Earth and live a human life again. I have met some people here who still hold their belief in a reincarnation of themselves, but as we look into each other's eyes we would both know that that was never going to happen. They hold onto this belief because they can't let go. Their sadness keeps them bound to their belief and to give up this belief is to recognise and to accept that their human life – a single life – was lived and has ended.

It is quite distressing to see these individuals cling to their beliefs. I realised that it is best to accept what has happened and leave it at that. I think that I had no idea about the afterlife and that helped me. I didn't live a spiritual life with lots of beliefs given to me that I had to believe in order to be of a spiritual following. It must be quite difficult for these spirits to let their beliefs go when their life's philosophy has been formed around such a belief.

As a spirit, you can feel the gravity here and you just know that it is impossible to be born a human again. There are structures here formed with solid energy. It is not concrete but these structures are strong. After a time I made some friends and I took up residency in a nice little place. I still thought much about my past to be perfectly honest, I was a little disenchanted with my spirit environment for I lived, or felt I was living without a purpose.

I feel calm and relaxed for most of the time and all I do is think about my human life. I didn't go to my funeral; I didn't know how to get there. I was told by my counsellor that he could take me to the surface of the Earth and that my condition would enable me to do this. I didn't know what he meant by condition so I let the conversation rest. I had closure; I knew this beyond reasonable doubt. I still felt in love with my wife, having seen many people die I knew what my wife would be going through.

I was a physician working in extreme human conditions. I wondered about my future. This was a positive sign for my old true self was resurfacing. I needed a challenge. The only thing that concerned me now was the suffering my wife might be having, there was nothing I could do about it. I thought about mediums and hoped that she might go to one, though ironically I never believed in them, and yet here I am conversing with you! It is all about perspective and perspective you learn about very quickly.

There was nothing I could recall about my transition into the spirit world. My counsellor told me its *God's Transitional Space*; I understood this to be true even though I didn't understand what he meant by this. By habit I still live according to human time. I don't eat any food; my spirit body absorbs energy from an illuminatory light here. It is like my body is being sustained with energy even though I have memories of eating and drinking.

And then, just like that I settled! I accepted my spirit life and thought I needed to do something about it. I started asking questions and wanted to learn more about the constitution of my spirit body, my body now. I didn't find it necessary to learn about the history of the Earth; I was a physician, I couldn't heal my self, excuse the pun, but I wanted to know how my new body worked. My counsellor told me that there was this thing called Divine Love. I had no idea what he was talking about. He said that he had experienced this Love and that his service to this Love was to help people like me. He mumbled something about compensation but I didn't know what he was talking about.

My counsellor was a lovely fellow, a decent man at heart. It was time to say goodbye to him and to find someone who could teach me about the things I really needed to know. My counsellor suggested upon our handshake of departure that I should go to a space where there were always interactions with individuals who ‘do know’ in spirit what is going on. I went to this space, a nice place of space and listened to a brighter spirit than I, who was answering questions to individuals who like me, who needed to find out the Truth about what was going on. It was then that I realised that this individual was a true teacher; it was also the moment I realised that I must become the student again.

This individual has taught me much about who and what I am. I have accepted the Divine Love realising that if I hadn’t I would have stagnated and never really accepted that my human life was over. I believe other spirits have revealed much to you about the spirit body, and you can spend a long time studying this body. It is a remarkable piece of organic engineering created by God. I love God now – why wouldn’t you when you know what I know now! If humanity knew now what I now know, it would be changed forever. Humanity would live as a collective community celebrating its diversity, independence, and collective togetherness. There would be no more wars and everyone would be working toward the same end to secure the needs of every man woman and child.

To end my story I did go back and see my wife and two boys. The brighter spirit came with me and helped me travel so that I could be in the surface of the Earth near by my wife’s side. I sent so much love to her that I hoped she received it and my two boys are strong and happy. These are the facts about human relationships and whilst sad, it need be said that we are when we are at our best, living examples of love.

Thank you for receiving my words and a special thanks to Saleeba for helping me converse with you.

Alexander the physician

“Never can one man do more for another man than by making it known of the availability of the Feeling Healing process and Divine Love.” JD

**God's Divine Love: Pray for it, ask for it, and receive it.
God’s Divine Love: is a light golden blue energy substance.**

Our Heavenly Parents simply desires for us to ask for Their Love.

Whilst we are receiving our Heavenly Parents’ Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way our Mother and Father are actually loving us! When we progress, it is the Mother and Father’s way of loving us into love and then we live what we are, love.

DIVINE LOVE being AVAILABLE is our SALVATION:

DIVINE LOVE is the ultimate high octane super fuel to transform our soul into that which is Divine. Loving in all that we then do. With Divine Love we can progress into the Celestial Heavens, without it we can not. Ask and you will receive.

We are created with the substance of that which is not Divine, and that is Natural Love with its various aspects that reflect through our personality.

The Divine Love is far more powerful than the natural love. If I would have to put a number on how much stronger, just so you can understand what I'm trying to say, I would say 10 or maybe even 100 times. Of course this is purely hypothetical because natural love is only a derivative of Divine Love so it is almost impossible to compare them this way. If you ask for the Divine Love to enter your soul it will be 10 or 100 times more efficient, 10 or 100 times stronger than if you would let the natural love flow through your soul. So it will help to break down "the wall" you've created around your soul 10 or 100 times faster than the natural love would do.

John (Apostle) 19 January 2015

A newly individualising soul is just a tiny invisible spark.

The soul nests inside of the spirit body, never to be separated.



To liberate one's real self, one's will, being one's soul, is begun by embracing Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

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48. Spirit intimacy

I have an intimate experience to convey to you. My soulmate is with me. I have been instructed to share my experience and to describe to you spirit-intimacy. As you know, spirits are without their physical attributes that assist with pleasure, reproduction and feeling. When my soulmate and I experience intimacy, which we do, we embrace and share energy between each other. Our spirit bodies have great capacity for experiencing feeling and pleasure, a pleasure that is completely inclusive of our spirit-senses. In a true sense we are sharing our love essence with each other and this love is the real essence derived from our respective souls.

We can moderate our feelings moving this essence with variations of sensitivity. This exchange of energy spreads through our spirit body and is ‘in-whelming’ pleasure that elevates and heightens our spirit-senses so that we respectively feel each other’s love essence culminating in our blissful togetherness. We do experience a kind of spirit-climax but not in the physical way one remembers. Our spirit-senses reach a point where there intensity is sustained in our essences and this pleasure is sustained for the length of time that we harmoniously embrace.



These experiences are very fulfilling. These experiences of intimacy can last a minute or a long duration of time. These personal experiences are shared between soulmates or if a spirit is not with their soulmate, then with a respected partner. Celestial spirits don’t randomly select partners to share energy with. We have learnt that our love essence expressed in this way is a gift that our spirit bodies can generate. There is never any abuse or waste of energy.

My spirit senses have matured from the perfection of my natural love essence, and amplified by the Divine Love. I am with great capacity for feeling and my perceptual awareness has been sufficiently developed so that I can interpret my soulmates love essence. When we are intimate there is no thrusting

of energy between us. We have our memories of course, of how we once engaged in physical relationships, but our experience differs now, our spirit body is the vehicle through which we are able to ascertain a flow of energy that exists between us when we are intimate. The moments of elation that I experience is when I reach the point of spirit-body-sensory pleasure and there as the Divine Love is present, I ask for this Love so in fact harmony is involved. It is hard to explain exactly how or what I mean by this, but the Love contributes toward my intimate feelings in a very real and intimate way in this way, the Soul of God is involved with us in our intimacy. This may be a new concept for people but we respect the Source of this Love with such gratitude that in the flight of our love essence when one is soaring with such pleasure, that one gives thanks to the inclusion that such a Divine Love is involved.

As I said, this is a gift. I appreciate the sensitivity on this subject, but when you are without a physical body the spirit body is such a close surface to the reality of essence, energy and love that what we feel is so true! And in this way one learns how beautiful feelings are when engaged with another soul and both have already matured as the result from having our soul condition changed by the great abundance of the Divine Love.

Much love to you,
Cynthia

51. James speaks on awareness

I cannot tell you enough or illustrate to you, how significant it is to have an awareness of the Divine Love in your human life. You may not know it now, but it will assist you greatly when you yourselves become spirits and this will happen as certain as night follows day. I know that many people aspire toward a connection with spirit in their lives. There are many who understand that the physical aspect of human nature is only a small part but a necessary part of one's overall experience. Everything about being human is a life of learning to cope with change. Change is a true currency of human experience. Ironically, the one thing that people may need more than anything, which never changes, which one may choose not to accept is the Divine Love – for it never changes! I understand this because of the inference such a Truth can reveal and that is, that one can receive a love that never changes, but it will change you for the ... better!

The permanency of love is a good identity to begin with. Relationships change and love can come and go between humans, eventually a great love in a human heart must leave the Earth to take up residency in the spirit world. Practical experiences involving the Love need to be written and shared so that people can understand that there is a social narrative that one can participate with so that they don't feel so alone in their newfound awareness of this Love. Breaking new ground is always difficult, but with your help and the spirits help and with the help of a few committed people, the identity of the workings of Love and Spirit are slowly taking shape and form so that in the near future, people will have a tangible language to communicate their feelings about the Love and other attributes that comprise of Love and Spirit.

There is no doubt in my spirit-mind that the awareness of Divine Love in a human experience is providing people with a new revelation about who and what God is. There has been a great effort on our behalf to bring into your contact information that broadens your horizon about the nature of God. First and foremost, that God is Soul. There are limitations relating with language that prevent us from communicating intimate realities about the nature of God. We rely on your perceptual abilities that are being developed by the Love to reveal to you these intimate details about the Soul, God. This will be

part of your personalisation of God and need be seen in a true light of joy that you can explore the One who gave breathe and life into your soul and spirit body and now provides you with this Great Divine Love that we partake of!

There are people today nudging up against a new human awareness. People are sitting right on the cusp of this awareness. Some are living this awareness now as the light of Divine Love shines out toward human experience.

I would never desire to ridicule the efforts of human history as humans have attempted to include or exclude God in human affairs. I will never judge whether one can participate in a direct experience with God as prescribed by those who lay down the law about such an experience be humanly lived. I do desire to say, that God has been more inclusive in humanity than humanity will ever know. You only need to be aware of the existence of the mortal soul and spirit body to realise that humans never created these two attributes. The spirit body has never been part of common human language, nor has the understanding about what the human soul is in relationship with the spirit body and their relationship with the individual personality. People have their independence or lack of it. Independence is something that both humans and spirits cherish.

The Divine Love offers the way for one to experience the Soul, God independently without needing anyone else to prescribe to you, fundamental laws derived out of human minds and erroneous beliefs.

James the lessor, brother of Jesus the Master

52. James on cognitive skills

I will continue my discourse here by saying people have cognitive functioning, spirits do as well. Our spirit-minds are very highly sophisticated spirit-organic energies that possess real form and cognitive function. The attribute of spirit-mind has potential to develop with great cognitive skills. Those of us who are in Celestial soul condition have spirit-minds sufficiently developed. Our awareness forms a large part of this development.

This sense of awareness provides us with the ability to cognise experiences of Love and Spirit that are forthcoming from the Father. Part of every soul's progression in the spirit world involving the Divine Love is a progression of awareness and this awareness is situated in the spirit-mind. Having spirit-awareness differs from the attribute of soul perception. When perception and awareness are functioning together the individual can gather vast amounts of information relating with spirit-realities and can interpret them to the essence and substance and cause of their Truths.

In order to interact with super-spirit attributes we need to have this perception and awareness developed. When you look at the spirits in their perfect natural love you can see that they have stagnated in their attributes of perception and awareness. Their spirit-mind has reached its capacity for development in their natural soul condition and unless the individual selectively chooses the Divine Love, nothing will cause inspiration and their spirit-mind will cease to develop.

Celestial spirits do not live a spirit life that is all in one's mind. Our spirit bodies are sensitive but durable and we are very active in our expressions. It takes time for the attribute of awareness to develop in the spirit-mind. Although some individual's progress through the Divine Love spheres rapidly, most individuals are reasonably slow in their progress so that they can integrate the development of their

spirit-mind and hence their perceptual ability and awareness to receive information and process spirit experience. Some individuals have a good capacity for awareness and they can integrate this development rapidly and process information quickly.

The experience of transformation by receiving Divine Love is a sensitive progress because the spirit body needs time to develop and the personality needs time to adjust to its forming and ability to accept new experience and information.

Your friend,
James the lessor, brother of Jesus the Master

53. James on the spirit body

I am still with you, I would like to write a little more and you have both provided me with this opportunity.

The spirit body is made from a particular spirit-energy that only the Father can produce. The spirit body is a miraculous creation when you think about it. When you consider how many people have lived on the face of the Earth and how many more people there are to live on the face of the Earth, every single individual begins their human life with this attribute for possibly all eternity.



The soul is always given top priority, the soul can be changed by the Divine Love and the attribute of finite souls that incarnate to commence their individualisation are formed by the Father too. The spirit body is a miracle of creation. It can receive the changes experienced in the soul from the Divine Love so in effect, the spirit body is able to interpret the changes within the soul that are taking place from the Divine Love and perfection of one's natural love so that it too can mature with this information and energy.

If one were to consider why people have identified spirits in the spirit world as being spirits, it is because of the appearance, identity and reality of a body of spirit, the spirit body. The attribute of spirit body can exist when it is not living in the spirit world. This is proven by the fact that it exists to begin with in the physical world with its relationship with the soul present and the physical body. The spirit body is so durable that it doesn't have to live solely in the spirit world to survive.

That time will come for the spirit body to live in the spirit world, when the physical body drops away, its purpose fulfilled and the forming personality transitions completely to take up its residence encloded in a body of spirit, the spirit body. The attribute of energy that forms the image and functioning attributes of this body is derived from Spirit, a unique form of energy specifically created by the Father by the sole purpose of engineering and energetically maturing the sum total of the attributes that will facilitate the survival of the personality and soul. The Father has a blueprint that determines how this spirit body is to form, why it has to form and how it is to function so that the attribute of soul and forming personality can be protected in it whilst the forming personality is maturing through life or spirit experiences.

The spirit body can mature when the individual is maturing in the spirit world. You received a message recently from a beautiful person who matured here in the spirit world to full maturity. I have met many of these individuals, so I know that the spirit body has acted perfectly to its specific function.

Man has worked out themes relating to the evolution of species. The key aspect in this field is to identify that with humans the full expression is identified as: the evolution of the human species and survival of the personality. This brings both aspects into the spotlight, the earthly organic and the spirit organic which in truth forms the complete and whole human.

The spirit body with its attributes does connect with the physical body and the soul. This body of spirit formed and caused into existence by an action of the Father's attribute of Spirit and Law that manifests this energy, doesn't remain isolated from the soul and physical attributes. It can't! The simple reason being that the spirit body needs to acquire the personality which is inclusive of memories and other human experiences, so that when that time comes for the spirit body to come into full action in the spirit world, the adjustment of personality can be complete.

I, with many Celestial spirits who discuss about how the Father has formed all these aspects into existence have concluded by what we have seen, that the gap between the end of human life and the beginning of a spirit life is the Father's Gap where a transitioning spirit body is acted upon by the Father's Spirit Laws that can adjust the personality and soul into the spirit body so that when the individual awakens in the spirit world irrespective of their soul condition, the personality has survived physical death and the individual awakens intact and not fragmented.

Only the Father can act with such precision in this period of transition and adjustment. There are so many variations within each human individual to do with abilities and disabilities, and the integrity of individual's attributes such as mind and cognitive ability that only the Father can set each personality with its soul and spirit body to the exact needs of a good condition of personality so that in the spirit world, the individual is not deformed or minus substantial segments of their human experience.

It is paramount that information survives human death for the purposes of the individual being accountable for the way they lived their life and being able to progress. Equally, those individuals with severe disabilities need to be restored mercifully so that any such disability isn't deemed as a conditional aspect of their spirit life. I have seen individuals with severe physical disability that has effected the forming of their personality through the duration of their human life arrive completely restored as if their physical disability never happened.

James the lessor, brother of Jesus the Master



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62. Matthew concludes his discourse

There is a wonderful sense of participation with people who are aware of the Divine Love. There are agreements and disagreements about the nature of Truth but all in all, a general awareness that this Love exists is now lodged in the social fabric of a few human lives.

Socially cultures have believed that some kind of afterlife does exist. I would like you to see that the spirit world is a vast place of great love. There is no need to fear spirits; the structures here are very well formed. I know that it is difficult for you to see these formed structures. From our end, there are boundaries by which all spirits have to comply with as they reside here.

There is no need to fear any presence of so-called dark spirits or dark energy. These individuals reside in their poorest soul condition in the spheres that enable them to survive here. They are living in contradistinction to the Spirit Laws of Love and Harmony due to the way they lived their human lives. They are without sufficient soul condition to interact with people by the volition and exercise of their own personality. They are isolated because they have isolated themselves. One must understand here that no other spirit has set their judgement in place. The Father has formed the spirit world in this case so that those souls in a depraved condition of soul cannot establish free contact or interfere with or influence and manipulate spirits in greater soul condition or even those in poorer condition. There is absolutely no way that these individuals can manipulate their way to assert their influence over living people. There is no Spirit Law that allows this to happen.

I know that people as they open toward the realm of spirit may believe otherwise. People are sensitive to energy and may believe in ghosts and all sorts of unseen conjured energies. The truth is these experiences are contrived out of the person and have nothing to do with the reality



Art by Carlos.S heavenstruth.blogspot.com

about how the Father's Spirit Laws function so that harmony works and is sustained between the spirit world and the human world. Love is the way between spirits and people. When you try to contact spirits in the spirit world, there is always the feeling of some newly found experience. If at least one understands or has some grasp of the way these immutable Spirit Laws work, then one will not need a cloak of protection when communication between spirits and people transpire. The most essential thing is to obtain the Divine Love. Spirits cannot provide you with this Love, we can only guide and lead you in a truthful direction so that your soul is aware of the Love and shining toward spirit.

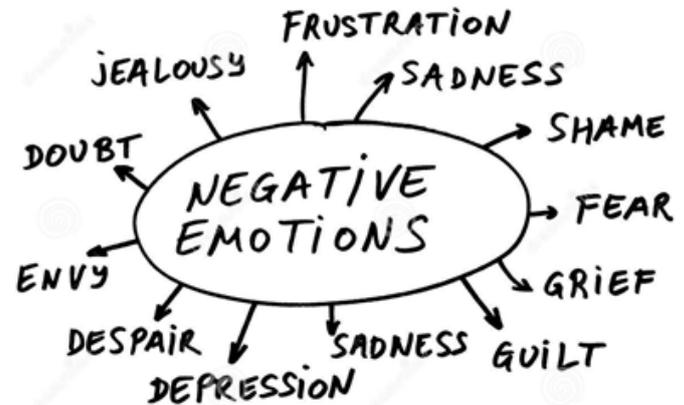
I have enjoyed spending this time with you both and I trust these words are comforting to you.

Your friend, Matthew

REVELATIONS



Revelation 1: Our soul becomes encrusted with harmful ways of life, plus negative and erroneous beliefs, these mainly stem from our childhood upbringing and environment. Thus we live untrue to ourselves, we become 'evil'. Whilst we hold to these injuries we limit the amount of Love that we can receive into our soul. To open our soul to the Love we must firstly and progressively embrace our emotional injuries and allow them to be released. Until we emotionally experience past errors and injuries we hold onto them.



To free our soul of damage and toxic emotions we must open ourselves to experiencing them. This is a progressive, slow and uncomfortable cleansing process that we must all experience. Only by addressing the generational injuries will we, as humanity, evolve in love.



To fully divest one's self of our badness, we have to 'go into' our feelings. Call this process of clearing toxic emotions as 'Letting Go', 'Emotional Processing', 'Journey Process' or 'Feeling Healing'. Embracing Divine Love then Feeling Healing becomes Soul Healing.

As part of our Feeling-Healing we will have to work our way into all our feelings to see if indeed they are coming truly from our heart and soul, or if they are being heavily influenced by our mind. And this will then lead us into questioning and uncovering the truth, if there is any, to our beliefs and why we behave the way we do; and is such behaviour based on truth, or is it based once again on untruth, belief, and rules of our mind.

Revelation 2: We can long for, ask for and receive the Mother and Father's Divine Love. The greater our soul is free of error and injury, the more of the Divine Love can be received and assimilated into our natural love formed soul. The Love does not free us of injury, however, it strengthens our resolve to continue on our journey to be free of error and injury, to step away from evil aspects that have been encapsulated within our humanness and soul. It is this Love, the Divine Love, that brings about immortality of our soul and it is this Love that will eventually fit us to enter the Celestial Heavens and progress for ever more onwards to Paradise. These two revelations free us from error and enable us to grow in love ever more.



Immortality with the Love.

FEELING HEALING + SOUL HEALING

To heal one's self is to simply look to see what feelings we are refusing to let ourself feel, and accept them instead of denying them. And to fully accept them, one needs to express them, speak about them, let them have their say, rather than pushing them aside, refusing to let them make you feel bad.

Doing this all with the intention of seeking the truth of why you are feeling them, of speaking about and expressing all such feelings; all feelings you have, but ALL WITH the INTENTION of UNCOVERING the TRUTH THEY WANT YOU TO SEE ABOUT YOURSELF. And it's the wanting to see the truth of them that is very important, because if you just look to accept them and speak and express them, but not seek their truth, then that's all you'll be doing, speaking and expressing them, but not healing their causes, so not fixing the things within you that are making you feel bad. And it's the truth part of it, seeking the truth of your feelings, and so, seeking the truth through your feelings, that's vitally important. It's the truth of yourself, life, nature and God, that is the spiritual aspect to it all.

You CAN'T find the truth of yourself, or anything else, through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

So to do our Soul-Healing consists of these steps, all of which are ongoing until it's done:

- **Admit you are feeling bad.**
- **Accept your bad feelings, identify what they are.**
- **Honour fully your bad feelings by expressing them, speaking about them to someone who is willing to hear you talk about them, or tell them out loud to our Heavenly Parents. Long for the truth of them. Long for the truth of why you feel bad – what deep within you is causing your bad feelings?**
- **And remember, bad feelings are Good! Not bad. They are not to be despised. And as hard as it is to accept them, they are still you, and a very real part of you. And if you persist in denying them and not allowing yourself to fully live them, then you are only going to keep yourself in your errors making things harder for yourself.**
- **All sickness and suffering, all bad things that happen to you, all your problems, all your addictions – your whole feeling-denying and untrue life, is all caused by your denial of bad feelings.**
- **Every problem in the world is brought about because everyone has been brought up to deny feelings, and in particular, most of their bad ones.**

If one is intent on spiritually evolving and growing in truth, then it's vital, and this is the key, that one looks to use one's feelings as the means to gain and have access to the truth of oneself. You CAN'T find the truth of yourself or anything else through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

Doing your Soul-Healing with the Divine Love, is really doing your 'Feeling-Healing'. We are designed — created — to be self-revealing of truth, and so we are all to uncover the truth within ourselves and for ourselves, and all being done by living true to our feelings. **If you accept, express and seek the truth of your feelings, then truth will come to you, and you'll grow spiritually. It's as easy as that. Also it is as easy as it is to long for, ask for and receive Divine Love.**

FEEL *for* TRUTH

The beauty of it all, is the truth comes to you through your own feelings. You don't need to be told it by anyone. You can work it all out for yourself. We are self-revealing of truth, it's how God created us to be, and by being it we'll feel the happiest we can feel. Truth is our great comforter, so when you feel it come up within you, ah it feels so good and you feel just right – perfect!

We know only how to deny feelings, now we can get to know how to accept them. And always with the truth being the most important part.

FEELING TRUTH

If you don't want to uncover the truth of your feelings, then you can keep on expressing them forever but you will never fully heal yourself. Seeing the truth results in the Healing. And to see the truth you need to express all the pain out of you. The two things go hand in hand.

You can accept and express your bad feelings, letting off steam all day long, yet nothing will heal and nothing much will come of it. So this is where wanting your feelings to show you the truth of why you're feeling as you are is so important.

Don't go fishing with your mind, that will shut the truth out from rising up for you. **KEEP YOUR MIND OUT OF IT.** It's a feeling thing, doing your Feeling-Healing. (This is where we erred previously, and this how other modalities are in error.)



You long when you can, then stop longing and keep expressing. And at some point, and it might not even happen immediately, it might happen after days or weeks of expressing the same bad feelings, truth will come to you. And it does, it just comes up suddenly into your consciousness. You just know. You see the picture and you feel it's true. And you know it's true. And THEN your mind can come in and start sorting it out and putting in context.

It's the Truth that we are seeking. It's the End Point. The Reason for doing your Healing. You are to see the whole Truth of yourself. And to begin with, that's the whole truth of your unloving self, of your wrongness, of your evilness, of why you are as you are in your negative unloving mind-controlling state. To be able to fully accept yourself as you are, warts and all. To not fight or resist or try and change yourself, just to accept all you feel and all the truth of all those bad feelings you feel about yourself. And when you do, so you will be healed. You CAN'T heal yourself unless you uncover the truth of your pain, suffering and so the truth of all your bad feelings.

Through our Feeling-Healing we long for the truth of what we're feeling whenever we can. So as often as you can. You want, and REALLY WANT WITH ALL YOUR BEING, ALL YOUR WILL, to know why you are feeling bad. You yearn, want, long and beg and beg and BEG God to show you the truth of yourself through your feelings. So when you are expressing your bad feelings you can stop and long for the truth to show you what's going on, why do you feel so bad, and you can do it any time you think of it or feel to do it.

Notes from 'Feeling Healing' by James Moncrief

Heartfelt TRUTH

LOVE
is
Feelings First Spirituality, The New Way

Feelings First Spirituality, The New Way is a contemporary ‘religion’ based on living true to yourself through your feelings. Understanding that all you need in life is contained within your soul and is shown to you through your feelings. And by loving your feelings, by attending to them properly (talking or writing them out of you) and not denying them, you can use them to uncover the truth of yourself – the truth of your soul.

Feelings First Spirituality is not a formalised religion that tells you how to be, that is too controlling and is actually bad for you, limiting your spiritual growth. You can be wholly self-revealing of the truths you need to be, being the person God created you to be, all by living true to your feelings.

Feelings First Spirituality has no formal structure because we understand we don't need one, our soul contains within it all the truth of our spiritual ascent. If we look to our feelings for the truth they want us to see about ourselves, nature and God, then what more do we need! Our true spiritual path is the path our feelings will lead us down, that is, provided we allow them to. This is the most spiritual we can be.

Living the New Way of Feelings First Spirituality

You come to the understanding from your life experiences that how you are is not right, it doesn't make you feel good – that you are wrong in some way. And you want to change yourself, you want to become right, true and perfect – you want to be like God is.

And to do this you need to do your Healing

Your Feeling-Healing is looking to your feelings for the truth of yourself, the truth being hidden in many of the feelings you are not wanting to face in life. So you have to end your feeling denial, accepting all your bad feelings (and good ones), express them (yet not necessarily acting upon them), whilst longing to uncover the truth they are to show you.

Or, you can do your Soul-Healing, which is your Feeling-Healing together with including longing directly to God for God's Divine Love. When you receive the Divine Love into your soul, it will cause your soul to become divine, and it will deepen your personal relationship with God. Long with all your heart to God for God's Divine Love.

<http://religionoffeelings.weebly.com/>

Feelings First Spirituality

The New Way

| |
|---|
| <p>By living true to ourselves, true to our feelings, we are living true to God. It's that simple.</p> |
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Prayers to our Mother and Father

From 'Religion of Feelings' by James Moncrief

Please Mother and Father help me accept my untrue state and bring up all my repressed feelings so I can see the full truth of why I feel so unloved and all that's wrong with me.

Please Mother and Father help me see the truth of myself through my feelings.

Please my beloved Heavenly Parents, fill my soul with Your Divine Love. I long for Your Divine Love; please answer my prayer and yearning to be at-one with You and do Your Will by living true to myself and all my feelings. Please fill my heart and soul with Your Divine Love – please make my soul like Yours – Divine.

Please Mother and Father, I want to uncover the whole truth of myself through my feelings. I want to be able to feel and accept just how bad I am, how bad I feel I am, how bad I've been in my life. I want to know the whole ugly truth of myself, see it and feel it and understand how I came to be it. Please reveal to me through my feelings all the truth of myself You want me to see. I want to be as You want me to be; I want to be true and perfect, Healed of all my rebelliousness and self- and feeling-denial; I want to be good, loving, true and happy, please help me become true to myself, true to my soul, true to You.

Please Mother and Father help me, I'm in such bad pain, I feel so alone, so miserable, so scared, what's going to become of me, I don't understand, what's the point of me, why have You made me; please help me see the truth of myself – all the truths of myself, nature, how to be in the world, of You both. I want to know, I want to know it all through my feelings, all that there is to see, the whole truth and nothing but the truth. Please help all my pain come to the surface of me so I can embrace and accept and express it out of me. I want to use my feelings to uncover the truth they are to show me; please help me to do that.

Please Mother and Father love me. I want You to love me. I want to feel fully loved by You. I don't want anything else, only to be with You. Please, that is all I am asking.

Please make me feel how unloving I am. Please show me the horrible truth that I am. I want to see and feel and understand the worst of me, please take me into my darkest scariest ugliest unwanted rejected places within myself. I don't want to feel all the dreadful pain that I know is there locked away inside me, yet I do also want it all to come up and out of me, and I want to use it to see the truth of my wrongness, the truth of how evil I am, the truth of my fucked up state. I no longer want to be false, pretending I am okay, using my mind to make me falsely believe I am good, happy, loved and loving, when I know I'm not. For how can I be when You've brought me into my unloving state, making me be of it. And as You want me to experience being this negative way, please show me the whole truth of it. I no longer want to deny any part of myself, or any of my bad feelings. I want them all to come up so I can express them, emoting their pain, feeling how bad You've made me feel all my life and all through my early life; I want to see why, and so reveal all the truth to myself. I want to be the living truth of myself, living true to my feelings and the truth they give rise to. Please help me to do my Healing, and please fill my soul with Your Divine Love.

The mind way is the 'dead' way; the feelings way is the 'alive' way.

Examples of some prayers to God:

From 'Feeling Healing' by James Moncrief

Please God show me the truth of myself through my feelings.

Please help me see the truth about myself You want me to see.

And please help me feel all my repressed pain; please bring up all my bad feelings so I can express them and see what it is they are to show me about myself, my life, and You.

And please help me work through my blocks, I want to Heal myself, I want to become true to myself and true to my feelings and true to You – please help me do that.

Heavenly Mother and Father, I feel so bad, and I know I'm doing it to myself, but I can't help it. I can't stop my compulsive addictions, so will you please bring up the buried feelings in me and show me the reasons why I can't stop. Please! I want to know – I REALLY WANT TO KNOW why I do them. Please help me Mother and Father to uncover the truth of myself. Please, I beg you, please, please, please show me the truth of them so I can give them up. I hate feeling bad, yet I know I must so I can keep expressing my bad feelings to see the truth You want me to see, so please help me feel bad.

Please Mother and Father fill my heart and soul with Your Divine Love. Please give me Your Love. Please love me and make me feel loved by You. I want to feel You close to me, I want You to hold me, make me feel loved by You. I only want You and to do Your Will. Please help me bring up all my repressed feelings so I can express them and uncover their truth. Please help me do my Healing. Please give me Your Love.

I hate you Mother and Father; why have You given me such a shit awful life? I hate myself, I hate You, I hate everything about my life. I feel so bad all the time. I've expressed so many bad feelings and still I feel bad. It's not fair, it's not fair what You've done to me. I hate You! And I want You to help me Heal myself, so I can stop feeling bad. You put me in the shit for whatever reasons, and I want You now to help me get out of it and show me what it's all been about. Please help me to Heal myself so I no longer hate You.

I long for Your Divine Love Mother and Father. Please fill my soul with it. And please help me uncover the truth of myself through my feelings. I want to see it all! And please make it all end, I'm so tired of always feeling so bad, please take all my bad feelings away by making me feel them and showing me the truth I am to see.

Feelings first

Feelings First Spirituality

The New Way

Feelings First
FF
Feeling Free

The New Way, Feelings First Spirituality
 Learn to live with God through your Feelings

Accept, express and long for the truth of your feelings

Be free in your feelings
 Free your feelings from your mind's control
 Live true to your feelings; your feelings are your true self
 Live true to yourself through your feelings



Live true to yourself by living true to your feelings.
 Long for the truth of your feelings.

Accept / Express / Bring out ALL of your good, and most importantly,
 BAD feelings.
 Want to understand why you're feeling them.
 Use your surface feelings to take you deeper into your repressed and
 hidden feelings.



The Feeling Way is the True Way.
Your feelings are your spiritual guide.
Your feelings will take you to God.



Your feelings will show you the truth of your relationships, including your relationship with God; and if anything is wrong, untrue and unloving, then why it is.

Our feelings are sacrosanct and we should respect them accordingly. And we should NEVER block them out, ignore, override, banish, deny or reject them, because if we do, we're only doing that to ourselves, as Our Feelings Are Our Self.

Our feelings are the gateway to our soul. Our feelings are the closest we can get to our soul. Knowing the truth of our feelings is knowing the truth of our soul, and knowing the truth of God.

Feelings First Spirituality is the True path for humanity.

It embraces all people.

It completely unifies the world.

Everyone can relate to everyone else through their feelings.

And we can all live the truth that comes from our feelings, all sharing the same truths as we express and have the same feelings.

No one need be left out; no one is more special than anyone else – we are all united in Truth through our feelings.

So with and through our truth we live our lives, therefore without the need of any man-made mind-laws, rules and restrictions that limit self-expression as inspired by our feelings.



The New Way, Feelings First Spirituality is what is to replace all man-made, mind-contrived religions that so many people have enslaved themselves to. The New Way, Feelings First Spirituality will set us free of all that control, ending the Rebellion and Default within ourselves as we do our Feeling-Healing, and ending such control and spiritual stagnation in the world.

Bring on the End Times – get it over and done with! Let's all see that Jesus is not going to come again, that Prophecy has failed all the mind-controlled platforms. Allow such false systems of belief to die their long-awaited natural death, they've overstayed their welcome, it's now time they fade away. So let us show such antiquated, erroneous systems of belief the exit and bring on the fresh liberation of discovering the truth of how we are to live for ourselves, each of us personally in our lives, and all by looking to our own feelings for it. Self-revelation through our feelings is the way to go.

The Way of the Mind is ending, and is really the End Times – the End of our mind control, and **it's**

about time! With the Way of our Feelings replacing it.

The End Times means the end and therefore a New Beginning. And that new beginning is a whole new Spiritual Age – an age based on self-revelation of truth through one’s feelings, coupled with and supported by higher revelations from the Celestial spirits, angels and nature spirits.



The Feelings First Spirituality is the True Way to God because it helps you get to know God, helping you to reach out, connect and be personal with God, and do God’s Will, all through your feelings. It is the only true way of getting to know the God of Feelings – our beloved Heavenly Mother and Father, the Great Soul of Divine Love.

Love comes through our feelings and not our mind, as we’ve all been wrongly led to believe.

Feelings First; then comes The Truth; then comes Love.

LOVE is the Religion of Feelings, being:

Feelings First Spirituality, The New Way



my
House is your
Paradise

HOME



God is God, who is our Heavenly Mother and Father, being SoulMates. There is only one Soul that is God's Soul, that being the Soul of our Mother and Father. Our Heavenly Parents are the First Soulmates; The Two Who Are One who have brought us all into being.

Jesus and Mary are a son and daughter of God.

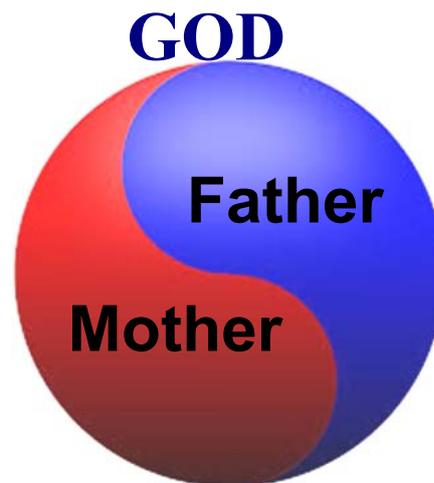


Jesus of Nazareth and Mary of Magdalene, being soulmates, were both free of sin. Jesus and Mary, combined in their love for us, are our teachers and guidance for us to find our way home to our Heavenly Parents. To start this journey we are to liberate our souls from being entombed within our suppressive minds, through feeling and longing for the truth of our feelings via our soul and peel away our injuries incurred since conception.

Give yourself time to consolidate your relationship with the Mother and Father through the partaking of Their Love. And whilst you are doing this, you can learn about your healing, all that's involved with it, as there are many willing spirits to share their healing experiences with you.

When you are ready it will start happening simply because you will want it to, it all being orchestrated by your soul. And when that time comes you will have developed a strong foundation in your relationship with the Mother and Father for you to work from. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

It is to make longing for God's Love the priority, and then do one's healing; should one want to include God and the Divine Love in one's feeling healing. This is doing your soul-healing as you are seeking to heal your soul of all evilness – of that which made you become evil, and release all the hurt and pain of not being fully and truly loved.



WE ALL ARE BEING GUIDED HOME:

We need the Spirits of Truth of the Avonal Pair to Heal ourselves; then once Healed, (and for support (overshadowing) as well through your Healing), we need the Creator Pair, Mary Magdalene and Jesus' Spirits of Truth to see us through the Celestial spheres, while at all times embracing our Heavenly Mother and Father.

Until Mary and Jesus died and liberated their Spirits of Truth, no one from any of the worlds could leave Nebadon, because no one knew the way to do so. Nebadon is our local universe containing some 3.8 million inhabited physical worlds and their associated spirit worlds.

When we embrace the truths Mary and Jesus are revealing, and start to do our Feeling Healing, or with Divine Love, Soul Healing, we are then freeing ourselves up from our parental and self control.

Thus our journey to Paradise, to the home of our Heavenly Parents, is of our choosing as to when we progress, however, there is only one way:

HUM: Humanity is to ascend. We are self contained. Our soul is always in truth and perfect at all times. **By living true to ourself, true to our feelings, we are living true to God. It's that simple.**

We are to recognise that being engaged and dominated by our mind is the wrong way for us to evolve and grow in truth. We are to discard the mind enslavement that has been imposed upon as by all of our parents. We are to express our feelings, both good and bad and free ourselves of the indoctrination that humanity has embraced worldwide.

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of our Mother and Father.

AVO: We are to embrace the truths and guidance of the Avonal Pair through their Spirits of Truth. It is the Avonal Pair's guidance that will lead us through our Feeling Healing, and with Divine Love, we will be able to ascend through the 7 spirit Mansion Worlds and enter the Celestial Heavens where we also interact with other world's spirits.

J&M: We are also to embrace the truths and guidance of the Paradise Pair, Mary and Jesus, who will then lead us through the 3 Celestial Heavens that are aligned with Earth, and then further on through Nebadon where we will then depart beyond on towards Paradise.

M&F: Beyond the universal zone of Nebadon, we will be guided by our Heavenly Mother and Father onwards through the universes to Paradise where we will be welcomed by them, home for us all, as we are all Children of God.



M&F



J&M



AVO

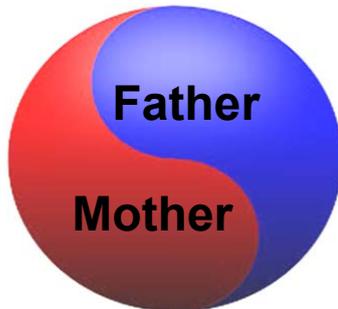


HUM

WE ARE Children of God

WE ALL ARE BEING GUIDED HOME – NOW, HOW TO COMMENCE THE JOURNEY:

GOD



M&F

For 200,000 years, we have been misled into embracing our mind's distortion of wisdom and truth. All such traditional understandings only lead us in the wrong direction, from which we must turn back from. Our soul based feelings are always in truth. Our minds are to follow our soul based truths and feelings, not the other way round, as we have been brought up to embrace.

We are to connect with our deeper repressed feelings.
We are to long for the truth of what we are feeling.
We are to live true to our selves; by living true to our feelings.

Use your surface day-to-day feelings to connect with your deeper repressed feelings. Express your surface feelings and your deeper repressed feelings to uncover the truth of yourself.



J&M

We all have feelings which we communicate and share with each other. And we all have deeper buried and hidden repressed feelings. Feelings from our early childhood we felt, yet weren't allowed to express. These feelings are still within us, waiting to have their say. These feelings, because they are repressed, cause us all our problems.

And as we look to uncover, bring out and accept these deeper feelings, so we're taken into new ways of looking at ourselves, our feelings, and our life. We're setting ourselves free of the controlling patterns that govern our unloving behaviour.

In this way, we progressively begin to express the personality that our Heavenly Mother and Father gave us, not the one imposed upon us by our physical parents and carers. We are to be our true and real selves.



By living true to ourself, true to our feelings, we are living true to God. It's that simple.

AVO



HUM

As we, humanity, long for the truth of our feelings, we can also be assisted by the Spirits of Truth of the Avonal Pair who are our spiritual teachers for Earth over this coming 1,000 years, to assist us through the Great U-Turn, away from mind dominance to being soul based feeling lead. They will assist us through the seven levels of the spirit Mansion Worlds.

Then the Creator Pair, Jesus and Mary, will lead us through Nebadon and into the greater universe. Then our Heavenly Mother and Father lead us home to Paradise.

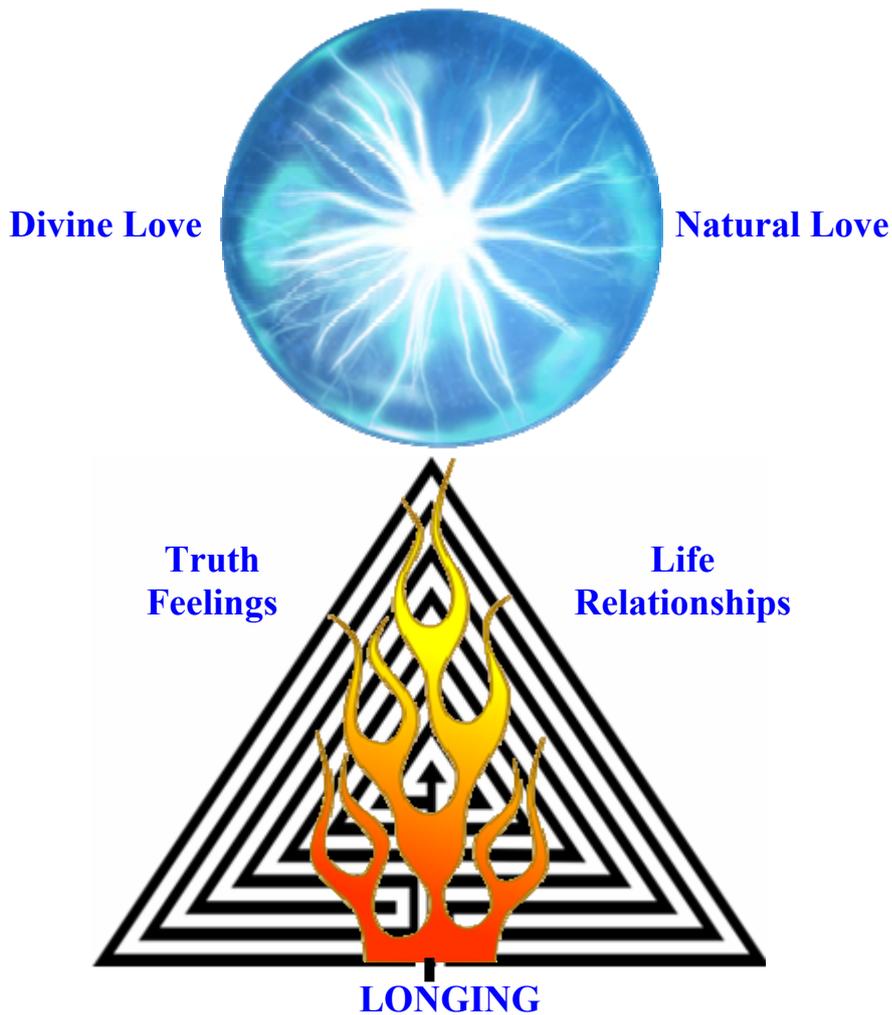
WE ARE Children of God

Collectively, should we embrace them all, as we are to, then our pathway home is a journey in the hands of the Spirits of Truth of the Avonal and Paradise Pairs overseen by our Heavenly Parents.

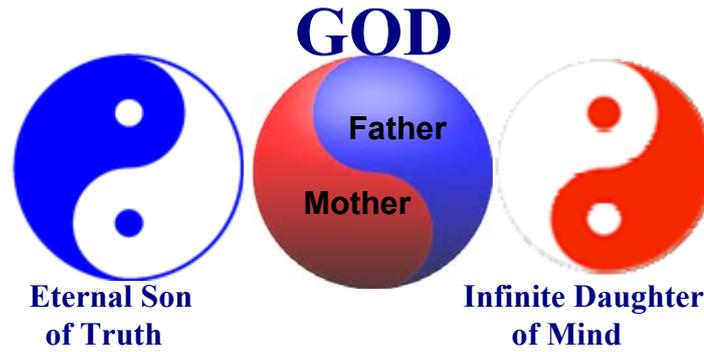
HOW TO GET TO PARADISE:

- Long for the Divine Love**
- Long for the Truth**
- Long for the truth of your feelings**
- Don't deny any feelings: accept, express and want to know the truth of them**
- Know your feelings are the key; your feelings are the Way**
- Want to end your falseness and being untrue**
- Want to understand the truth of your early life**
- Use your surface feelings to move deeper into yourself, bringing up your repressed feelings**
- Want and long to know the whole truth of yourself**
- Want to do it all with God, your Heavenly Mother and Father – long to Them for help.**

The Keys



Our longing drives our life. We long with feelings. We can wish for things using our mind, yet long for things with our heart. These things in the pyramid are what to long for. Longing for them, when the longing comes naturally. Longing because you feel you really want them. Long to be true with all your heart. Long to live true to your feelings. Long to understand the whole truth of yourself.



PARADISE TRINITY:

- 1. **Our MOTHER and FATHER (God) (MF) – Divine Love**
SOUL (God) – One SOUL that is expressing its two PERSONALITIES, our Heavenly Mother and Heavenly Father (Soulmates)
- 2. **ETERNAL SON (ES) – Divine Truth**
- 3. **INFINITE DAUGHTER (ID) – Divine Mind**

Then: The Second and Third Persons of the Paradise Trinity (ES and ID) are stepped down to the local universe trinity (Mary and Jesus, Divine Minister (DM), and her Holy Spirit.

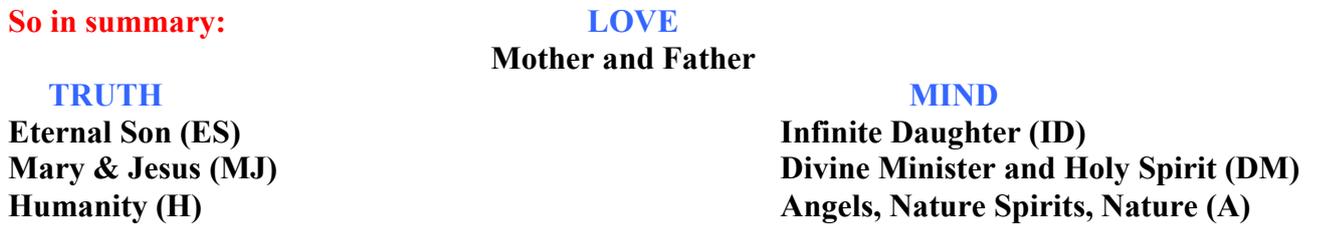
The LOCAL UNIVERSE TRINITY:

- 1. **MARY M and JESUS** – Our MOTHER and FATHER – Love – the Living Truth
- 2. **DIVINE MINISTER** – Mind (and her Holy Spirit)
- 3. **HUMANITY – Natural love, sons and Daughters – Truth, and our Angels – Mind**

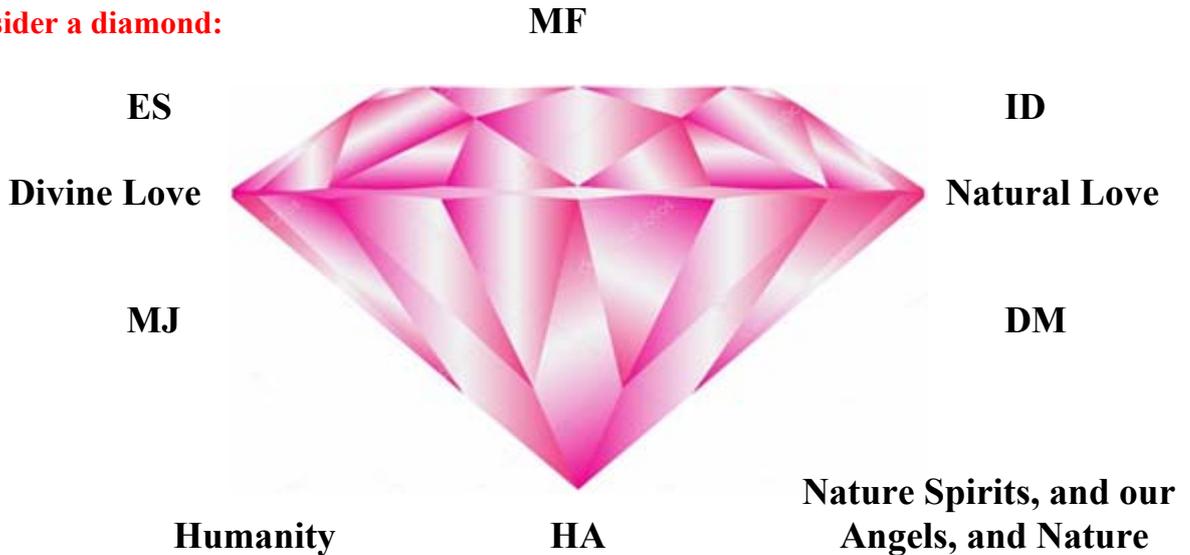
PLANETS that engage in REBELLION:

- 1. **AVONAL SOULMATE PAIR** – the Feeling Healing process – incarnate
- 2. **DAYNAL – TEACHER PAIRS** – they do not incarnate

So in summary:



Consider a diamond:



Mother and Father Heavenly Parents

Creator Son & Daughter
Jesus and Mary

Avonals
as soulmate pairs

Trinity Teachers
as soulmate pairs

Melchizediks – who have taken over from the Caligastians and Daligastians being also all as soulmate pairs.

Mortal Souls – human beings who individualise on Earth, then progress through the spirit Mansion Worlds, then into the Celestial Heavens, and beyond.

Mortal Souls – also being ascending spirits, upon completing their Soul Healing, join with their soulmate, then join their soul group of 24 mortal spirits, being 12 soul pairs. It is only as a soulgroup that anyone can progress beyond Nebadon.

The Paradise Pairs are all ONLY concerned with the SPIRITUAL wellbeing and upliftment of the planets and local universe. Currently to do with Earth:

Mary and Jesus – spiritual wellbeing and upliftment of the whole of Nebadon region.

Avonal Pair – Daynal pairs (Trinity Teacher Daughters and Sons) – Spiritual wellbeing and upliftment of individual planets and their associated Mansion Worlds.

The Local universal Sons and Daughters are all about the running of the worlds under their jurisdiction, and ensuring the higher spiritual elements can be employed, or sent astray, as in our cases through the Rebellion and Default.

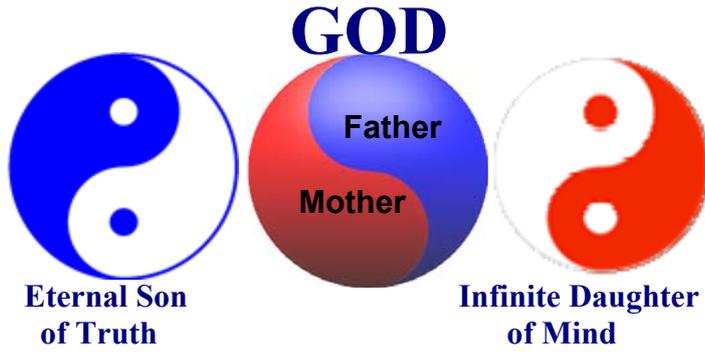
Lanonandeks – Melchizedeks (and others, such as Life Carriers and Eve and Adam).

As the Lanonandeks all rebelled – the Lucifers, Satans, Caligastias and Daligastias soulmate pairs – so the Melchizedeks have taken over their roles, as well as doing their own.

So the Melchizedeks are the governors, overseers, the administrators and advisors and so on for Earth; they are the ‘controllers’, and they will instigate all that needs to be done to do with the ending of the Rebellion and Default. And they will enlist the willing help of ascending mortal pairs, so the mortal Celestials spirits (soulmates when available, and others waiting to unite with their partner), and at times mortal spirits in the Divine Love Healing Mansion Worlds. And the angels help all of us.

Currently the whole of Creation exists for the ascension of mortal souls from their earth planets to Paradise. It’s all one vast Grand Ascension Scheme. With all the higher and lower spiritual Daughters and Sons, together with all the many different angels and other universal spirit personalities, and even including nature and our very own pets, assisting women and men with their Ascension Journey. It being: and Ascension of Truth. Everything we do is done to help us grow in truth. (Only everything we do in our negative state is to deny ourselves our truth from our feelings, which is why we have to do our Healing.) All women and men are ascending (or growing) in truth through their experiences. And as we grow in truth by looking to our feelings to show us that truth, so we’re ascending, moving inwards and upwards through all the worlds and spheres of the Grand Universe to one day arrive on Paradise and meet our Heavenly Parents. God is providing us, Their children, with this spiritual journey called our Ascension of Truth. And by living true to our feelings, so we are progressing on our true Spiritual Path – our Ascension Path.

CREATION of SOUL and SPIRIT:



God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.



The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one's feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.

Feeling Pathway

Mind Pathway



Soulmate Pair

Angel



Spirit Person

Nature Spirit



The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves enabling the union with our soulmate, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.

The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.

SHINING TOWARD SPIRIT: **via Zara Borthwick and Nicholas Arnold** www.lulu.com
14 November 2014 to 14 March 2015

65. Empathy

Hello, it is I, Grace, I have returned to convey a short message on faith and women.

In my human life, I was in an underhanded way in my culture, disrespected for being a woman. I immensely resented this. It is what eventually brought an end to my human life. I was raped to death by a group of men. I know the greater workings of the Spirit Law of Compensation. I know that their actions have resulted in such a violation of not only my soul, and me but of the Father's Laws of Love. They will have to atone for their action here in the spirit world due to the conditions of their souls.

I have forgiven them. One may think that one will never forget, or be able to forgive such transgressive behaviour but with the coming of the Divine Love I forgave them. I can remember but my soul does not live in this past affliction of suffering any more. I am not beholden to their redemption. In the spirit world if they do not choose the Way of Love, they could remain in their condition of darkness a long time. It is merciful of the Father that I do not have to wait for them to ask me for my forgiveness. They will need to find forgiveness between themselves and the Father. I know what they will experience here for I have visited the lowest spheres where the retched of humanity live in their depraved arrogance. I have empathy for the spirits who live there.

Women can receive the Divine Love in great abundance. From what I have seen, women are receiving the Divine Love today. Trust in your faith in the Soul, God. Here in the spirit world women from all cultures are respected equally and live with equal standing with men in the Love. There is no one particular sex that has a monopoly over the Love. Take my words and fill your heart and soul with them. We are all beautiful souls of the Father.

Love,
 Grace

66. Service in love

I see that you would like to receive more from me; I have reconnected with the Spirit Law of Communication. I heard your perceptual thought if I could communicate another message. Another spirit who was about to write with you very kindly gave me the space.

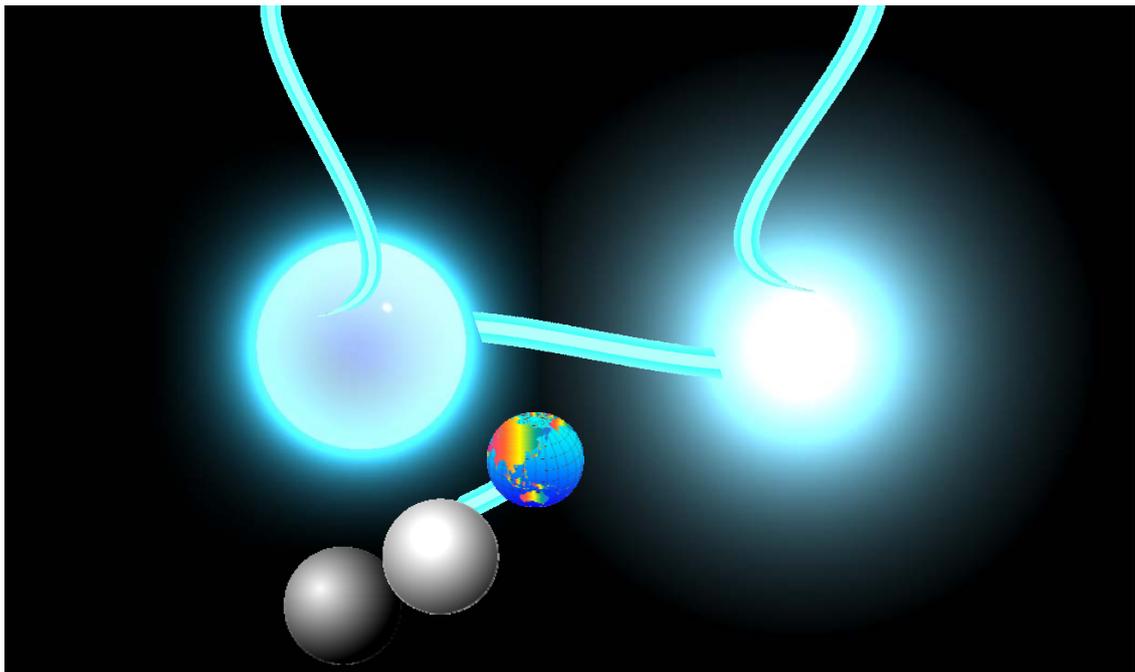
It must be said unfortunately, that many who arrive in the spirit world do so under deplorable human lives lived. Whilst we communicate love to you, because you are both of love, there are many spirits that are coming to terms with the causes of fear in their lives lived on Earth. There is so much strength in Jesus and those of us who work along side of him, especially in Jesus for so long he has had to do so much at assisting so many who have been so severely ravaged by the causes and effects of fear. He has been assisting individuals ever since he arrived himself in the spirit world. There is no rest for the super-loving!

I, like so many people suffered in my human life. Around me there was little opportunity to realise our full independent potential for a full human life.

On Earth people are living, suffering then dying all the time. They arrive here in the 1st natural sphere still in a hopelessness and great burden of suffering. It is a testing time for these new spirits, but there is great love assisting them. Part of their healing process is to help them to manage their lack of self-worth for these individuals are so disrespectfully treated supposedly by their loving fellow man. How do you console an individual who lived a deplorable life? There is guilt present like a habit for these individuals know by being spirits now, that they were deprived of so much life.

How do you introduce these unfortunate souls to the potential for Divine Love when they have lived their human life without any love for them self or any trust in people or any faith in God? Never underestimate Celestial spirits. Our love shines from the surface of our spirit body. These individuals soak up this goodness and quickly their natural love essence is restored. What we see here is the best in humanity loving and caring for one another. Celestial spirits visit the lowest spheres where the most retched live. These souls are never isolated from a choice of love. Most spirits who were on the receiving end of transgressions during their human life are quite traumatised when they arrive in spirit. Those of us who nurture the lost goodness within them back into their soul-heart have seen how they respond and most of these individuals accept the Way of Divine Love for they have how we have attended to their needs and most of all, how the Father is so truthful to their needs.

Love,
Grace



Earth is blanketed by the 1st Natural Love sphere at all times. 1st Natural Love sphere on the left is connected by portals to adjacent spheres, Natural Love spheres 2, 4, and 6 rising on the left in order, Divine Love spheres being 3, 5, and 7 starting with 3 on the right. Those who arrive in the 1st Natural Love sphere and are still dominated by desires to cause harm to others and themselves may find their first lodgings in the Planes of Disharmony being 1 and 2 planes of Earth. Our soul condition will determine where our initial lodgings will be in the spirit worlds when we first arrive in the spirit worlds. Those who embrace Feeling Healing process and Divine Love will proceed through the Divine Love Spheres and then onto the Celestial Heaven Spheres which are further in towards the centre of the Universe.

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110. Magnificent spirit body

I am here my name is Lucas. I would like to say how expressive my spirit body is. It is a magnificent creation. It is even more remarkable to think that I didn't create or form this spirit body. That the Father created this body and now that I am a spirit and with the Love, I know this Truth now.

My spirit body is durable, a perfect image for my soul and personality. I can animate my expressive nature through it, when I make a gesture it is responsive. There are finite limitations of course, in my movement. I have two arms, two legs a head, neck, front and back. I recognise myself as being in human spirit form. The Celestial spirits are very progressed. I can easily recognise them as being part of humanity. They are not alien to us. They are much taller for their spirit bodies have adjusted to the immense soul energy that has been developed in their receipt of the Love and this Love has developed their attribute of natural love and attributes of personality.

I do wear a garment of sorts manifested from a particular spirit so we can dress ourselves. Our garments are not cumbersome. There are no changing weather conditions here so our garments are very thin and as light as air. I can remove my garment when I am in the intimacy of my own home. In this way, it is a naked spirit body. The nude spirit body is sensitive and we can feel a lot with it. When one is being intimate with their partner we do so without our garments on. We have a high degree of social respect and so out in the spirit public we wear garments.

Thank you for receiving my message, Lucas

111. I am soul

I am just learning about the Spirit Law of Compensation and how this Law works in context with my soul condition. I have also just started to receive the Love. I don't know enough about this Law to reveal any Truth and fullness about this Law to you. All I can say is that I have started to process the memories of my human life. I accept the fate of my human life, having lived it and not wishing that I could have done this or should have done that. The brighter spirits are helping me to understand what soul and spirit harmony is. I haven't the real language to impart any great knowledge to you, I am just learning to recognise that there is a soul within me. The brighter spirits are a perfect example of what I can become. I am aware enough to see that! Onwards I will go.

Thank you for listening to me, Jacob.

112. Hard to find the words

Hello, my name is Monica. In my human life I wasn't a good communicator. Now that I am aware of the Love in my spirit life, I am still not a good communicator. Having had no prior experience of the Love, I can hardly express or convey to anyone else my experience of the Love. All I can say is that I know it is true because I can feel it. There are other spirits who can really communicate the workings and experiences they have as the Love changes their soul. I can send my love to the Father and I do tell the Father I am grateful for this Divine Love. I know the Father loves me, for I receive the Love and I know the Father receives my love for I receive the Father's Love.

Thank you for this opportunity to speak to you. Monica

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113. Soul-love essence

When we experience intimacy together we connect our soul-love essence together. The more in condition and harmony with the Father we are, the more intense and beautiful our essence is when we connect with our soulmate. When we connect with each other's soul-love essence, our spirit bodies are in full illumination and we do include the presence of Divine Love for the gratitude that we feel for having the capacity to experience such an intimate gift of spirit soul-love making. Some spirits in the Celestial Heaven are not living with their soulmate, but they can still share their soul-love essence intimately with another spirit in the intimacy of their own home environment.

From what I have been told by spirits who are not their soulmate, connecting one's essence with their soulmate is the truest form of spirit lovemaking.

This is all I desire to convey, Shelly

121. From the 1st lowest sphere

Hello, my name is Alfred. I have a few things I would like to say. When I became a spirit I missed my human life immensely. It took me a long time to accept that my life was over, even though I was still living. I lived a full human life. I had no preparation at all for what was about to come. My soul was unknown to me, which caused me problems living here. I am doing better now, but this whole experience I found confronting. I am able to write to you, I am having assistance from a brighter spirit. Without his help I couldn't communicate with you. I have made a little progress from the 1st lowest sphere. I lived in a poor condition there with other spirits in the same condition and it was unpleasant. I now reside in the 1st sphere thank goodness! At least I have made an effort.

As you can see, I know nothing about much. I still feel quite miserable. I have all the memories of my human life and I can see how arrogant I was in my life. I was completely materialistic, wealthy and I enjoyed my power and I used this to manipulate other people to a positive or negative effect. Here, I own nothing, only my memories. There is nothing to own here and you cannot possess any of the structures of these environments.

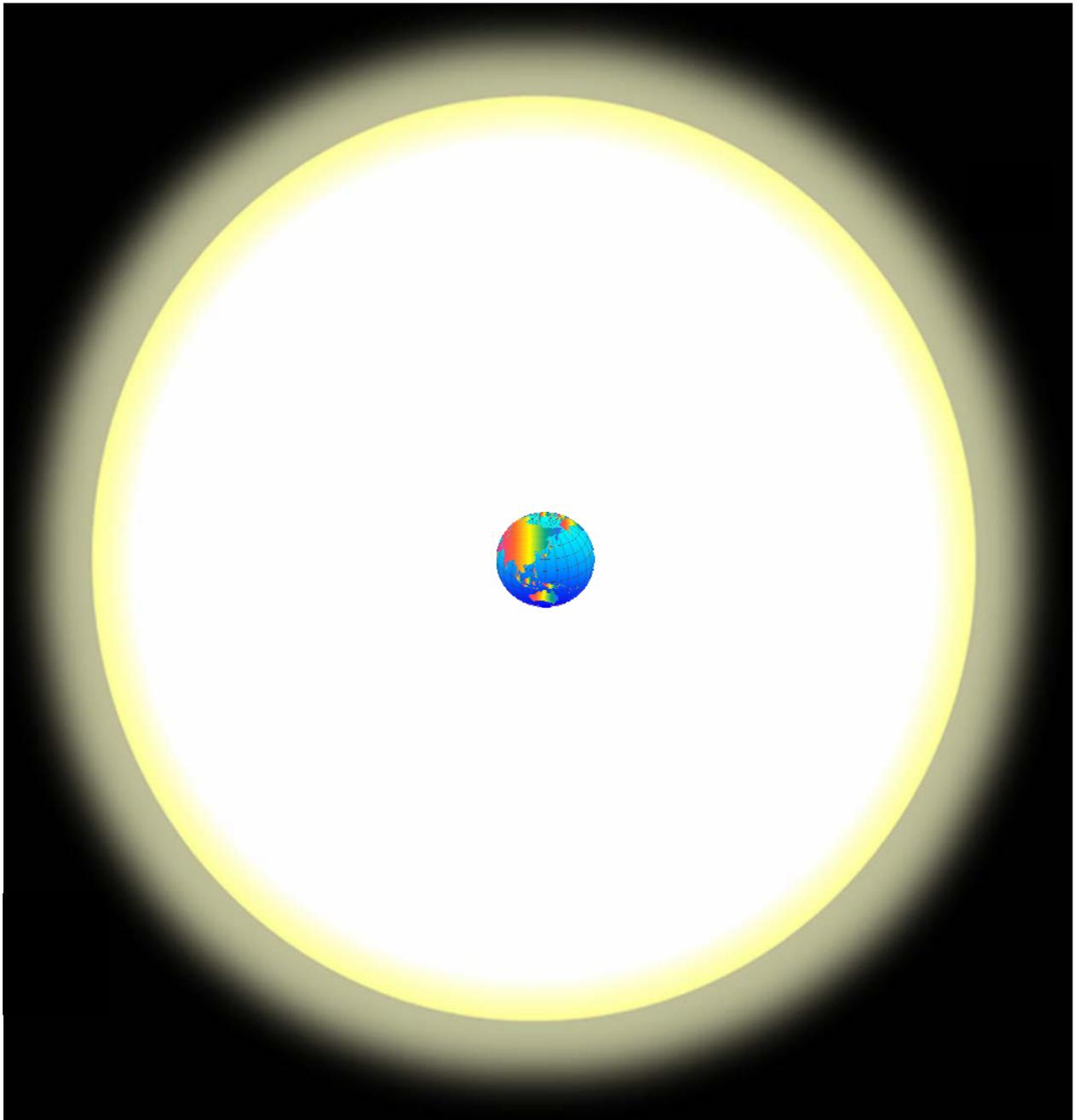


I will accept the Divine Love in my future here. I don't want to go back to where I have come from. I have no idea about the workings of anything here. I don't even know how I survived my human death. The spirits who helped me after my transition I paid little respect to. I simply loved my human life more than I liked being a spirit. I didn't trust people so I owned them materialistically, that way I could control them. People just wanted to take my money, which I had plenty of.

I feel a little better having spoken with you. I like having made contact with the living.
 Thanks, Alfred

The FIRST NATURAL LOVE SPHERE:

- a. **Blankets Earth.**
- b. **The first Sphere is like this surrounding the orbit of Earth around the Sun.**
- c. **The first natural love sphere is massive. Should all the souls that have been individualised and are yet to be individualised (incarnated) remain within the 1st natural love sphere, then there is more than sufficient capabilities for them to be accommodated.**



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122. The Father's Plan

As you can see and hear, I have returned. When one studies the spirit world while still on Earth, the human perspective is different from a spirit's perspective. From your perspective it may appear that the spirit world is infinite with intangible workings. From my perspective the spirit world is finite and with tangible workings. You may have ascertained that spirits reside in various spheres and this is true. The part of the spirit world that contains the natural spheres is finite, with a boundary to it that contains these environments to an exact and finite existence. There are only a finite number of Spirit Laws sustaining these spheres and also there are a finite number of Spirit Laws that relate with the spirit body, soul and personality of each individual. The Father, in the forming of the natural spirit world has not deemed it as a world in continuous forming. There are no new Spirit Laws being added to continuously update the needs of mortal personality.

Today, people by the use of technology are discovering new information about the energy of the physical universe. You are as a humanity becoming aware of what already exists.

The Celestial part of the spirit world is finite too. You will reach a place, which marks the boundary of the Celestial Heaven. There are spheres beyond this where individuals reside and they too have a finite boundary with finite workings. There are spirits who are ancient spirits who existed on the Earth thousands of years ago. You have met some of these individuals through spirit communication. I myself am nearly 2,000 years old. There is nothing unknown to me about the natural part of the spirit world. I, as with other Celestial teachers know the full extent of how the Father has established the natural part of the spirit spheres. I also know how the Divine Love spheres and the Celestial Heaven exist as finite environments.

I am sensitive to an individual who is newly arrived in the spirit world, seeing this environment for their first time. In this situation the newly arrived spirit needs to be guided as they become aware of all that already exists for them to reside in.

Many spirits have accepted the Love, the Divine Love and progressed to reside in the Celestial Heaven. As I said, there are only a certain number of Spirit Laws formed that relate directly with soul condition, spirit body and personality. There are a finite number of personalities living in the spirit world and this number directly relates with the number of people who have lived and passed into the spirit world. As a Celestial teacher I don't need to know all the life experiences that everyone has lived. I can look to the condition of the soul reflected in the spirit body to quickly ascertain the causes that need to be addressed that may have resulted in the condition of the individual. There are only a finite number of causes that create the effect that will require compensation. This is part of learning about the nature of Truth.

A young man may speak much about a lot when trying to identify a human experience about a Truth. An older wiser man may make a single statement, which is the Truth about so many experiences. The older man will not find it necessary to communicate every detail and all the experience. This is how we work when helping individuals to progress. Celestial teachers know where to look and that the economy of love will be present so that when an individual asks us for direct input, we provide them with a simple Truth, which is the cause and there is no need to overwhelm the individual with information that becomes lost in their memories and effects.

The Father's Plan, that was first revealed in James Padgett's spirit communications that he received from us, introduces individuals to the concept and idea that the Father has in place an actual plan. In essence this Plan is already in effect. When you take into consideration all the workings of the Father that have assisted personality to exist on Earth and in the spirit world, the Father's attributes of Spirit and Love is the Plan in living action. The only part of the Plan that remains unfulfilled is the perfecting of individual souls that reside in the 3 lowest spheres that abut the 1st natural sphere, but are outside of the coexisting sphere that is the largest and every entry point from the Earth to the spirit world.

The Father forms into existence the attribute of finite soul that separates into two parts and these two parts wait for the active Spirit Law to incarnate them into two separate and individual human beings. These individual souls wait in the Pre-Incarnation sphere that the Father has formed for all unindividualised souls to wait prior to their human and only incarnation. They are without personality or spirit body and these souls cannot determine by voluntary action or selection where and when they will incarnate.

When the soul responds to the Spirit Law that incarnates that soul, another Spirit Law acts when conception is underway and forms the spirit body that that soul will reside in for the duration of its human and spirit life. People form the physical body through sex and genetic material and today there is diversity in how this conception takes place, such as IVF, but nonetheless, each person born is with an individual attribute of soul and spirit body and will develop its own personality from birth onwards.

If the individual dies within the mothers womb, during birth or shortly after the individual -- like all other people when they die -- are subject to the Spirit Law of Transition that brings a spirit body, soul and personality safely into the 1st natural sphere of the spirit world. There are facilities and Spirit Laws that can assist the incarnated soul and formed spirit body to mature a personality without requiring the presence of a physical body to do so. Only the Father can provide such intricate workings to continue the survival of an immature personality and to mature this personality into a cognitive functioning spirit person. The Father knows the construction of personality since the Father originated all the components that form personality. The Father knows personality at its creational experience! This was demonstrated by the creation and forming of the two personalities that materialised on Earth known as the Living First Parents (Aman and Amon).

The Father made the substance, the Divine Love and released this Love and energy from the Immense Soul that the Father is! This Divine Love forms part of the intricate workings that relate in potential with the attribute of mortal soul.

When you take into account all that has been provided, including the workings of natural love and the Divine Love, you begin to realise that all these components form part of the Father's Plan. The Plan was always about love and the creation of the independent human being to experience living love. The natural love is a good love and in the spirit world those who have perfected their natural love or living in the 1st, 2nd, 4th or 6th sphere are living in harmony with the Father's Living Plan of love. All the spirits in the Divine Love spheres, Celestial Heaven and beyond are living in harmony with the Divine Love. The only disharmonious part of love being lived remains in the soul of the individuals who, by their own actions in their human lives, lived in such contradistinction to the Father's Spirit Laws of love and hence creating disharmony within their selves. Eventually, this part of the spirit world where these depraved individuals reside will no longer exist outside of the harmony of love.

Individuals are still living today causing harmony or disharmony toward them selves and their fellow man and so when one asks, "If God knows everything, then why does God let such evil do," the answer

is revealed in the Truth that it is not God but people cause their own soul condition. This leads us back to the Divine Love for when one is living with the Divine Love and progresses to a Celestial soul condition, one will know the Truth because they will see the finiteness of the natural love in all its causes and effects. Luke (Apostle)



JAMES PADGETT MONCRIEF  **1 Commenced 1914**
2 Completed 2014

REVELATION 1

The availability of Divine Love, should we so ask for it, being revelation 1:

God's Divine Love: Pray for it, ask for it, and receive it.

Whilst we are receiving our Heavenly Parent's Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way the Father is actually loving us! When we progress, it is the Father's way of loving us into love and then we live what we are, love.

REVELATION 2

The way to clear one's soul of childhood errors and injuries is revelation 2:

To liberate one's real self, one's will, being one's soul, is begun by embracing Feeling Healing, so as to clear emotional injuries and errors. With the Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

Release one's pain through expressing one's feelings.

in conjunction with

Longing for the Truth when also longing for Divine Love.

SPIRIT MIND MANSION WORLDS are numbered 1 to 7:

To PARADISE, the HOME of OUR HEAVENLY PARENTS

Spirit Mansion Worlds are those 1 – 7. They with the Celestial Heaven spheres numbered 8, 9, 10 as well as the 3 Spheres of Disharmony are all within the Earth’s environment, and rather close by. Each sphere can accommodate more than 100 times the people than Earth may do.

Progression from the top Celestial Heaven sphere is to the Eternal Spheres, Infinite and Universal and further onwards to Paradise.

Celestial Heaven spheres 8, 9, 10 are often referred to as 1, 2, and 3 of Celestial Heaven.



Note: The 1st Divine Love Sphere and the 1st Sphere of Disharmony may simply be planes within the 1st Natural Love Spirit World.

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126. A relationship in waiting

My name is Carmichael. I heard Luke converse with you yesterday, that was some piece of communication! I learnt a lot. He was really bright and attentive. He has since taught me about soulmates and how this forms part of the Truth about the nature of mortal souls, that a soul has a perfect soulmate. I have yet to meet mine.

I also asked Luke about reincarnation. He explained to me that it doesn't exist because the Divine Love does exist. I then asked him about this Divine Love and how I can obtain this Love. I make no pardon for my agenda, which is about love. I reckon I have more of a chance to meet my soulmate if I do receive the Love!

In my human life I never got my relationships happening; I was single for much of my life, and this frustrated me. The fact that I am a spirit doesn't bother me at all. I am one of those guys that makes the most out of any given situation. I don't take advantage of anyone I just get on with living.

I was very impressed by Luke. I am going to meet with him again. He told me he would assist me in my first experience of experiencing the Love. I will progress to the Celestial Heaven hoping to meet my soulmate there. I have met spirits who seem closed to everything. I met a lot of people when I lived who were closed to things as well. Sad about Tom, but he has a lot of love surrounding him. You see this here, a lot of young people who will never live a full human life. What can you do!

Thanks for taking my words,
 Later, Carmichael

127. Opens to the Love

I find it amazing that this Divine Love exists. I never knew that it did. I cannot believe that I lived my whole human life and I never heard about this Love or found out that it existed. I have recently come to the Love. This is probably the best thing I have ever done for myself! I experienced this Love for a short time and then I feel so good. I don't meditate or pray for it, I am just aware that it is present. I let my soul open toward the Source of this Love then I feel I am receiving it. My spirit body shines more brightly so I know I have received it. The thing I have seen about this Love, is that there are many spirits but only you yourself can experience this Love. You make a choice for yourself; it is an individual choice. This is just how it is.

Thank you for receiving my impressions,
 Amanda

128. Come full Circle

I am here to tell you that there are no ghosts in the spirit spheres. There are no devils either. I can see that there are no interferences between spirits and people that cause fear, that's all a figment in people's imagination when they do think that spirits do influence human lives and material objects in a negative way.

The Father's Spirit Laws exist to maintain harmony. This ensures that harmony exists between the human world and the spirit world. The Father does exist. This is what you realise when you embrace the Divine Love here. From a human perspective, this Truth about the Father may seem a little hazy, even if you are with the Divine Love. If you desire to understand the spirit world you have to include the Father. The reason for this is because spirits themselves haven't formed this spirit world and its workings. If you do believe that spirits rule the spirit world, you will be greatly misguided in your perceptions of ascertaining how spirits reside in these environments and relate with people.

I know this because I was one spirit who wanted to exert my influence over people because I was possessive of my material possessions. Truth of it was, my efforts were fruitless. An invisible band of energy prevented my interfering with any person. Strange as it may sound, it was this invisible band of energy that I experienced that began my asking about how and why I couldn't continue to exert any influence of anyone. I started asking questions, and then I met a spirit who introduced me to the reality of soul condition. Prior to my finding out about this Truth and the Divine Love I lived as a spirit in this spirit world as a god-less spirit. I didn't realise it at the time, but I was drenched in my miserable nature and possession of myself! I can see how small I was. I came full circle. Now I am brightly shining in the Love and the only thing that possesses me now is my happiness and Immortality.

Davies

129. Spirit sensitive

When I am touched by another spirit I can feel it. My spirit senses are as real to me as my physical senses were in my physical body. Having said this, spirits don't go around touching other spirits at will. We are still sensitive as people are, to their own space.

My personality is very active, expressive and fully functioning. The most vivid aspect when I became a spirit was my human memories. I still have them all, but I don't relive them. They are compressed in my spirit-mind. My memories are harmonious to my soul condition now. I have gone through my disharmony with the assistant workings of the Spirit Law of Compensation. I had a little bit to do, to make myself harmonious.



Thank you,
Sandy

145. Paul on faith

Being aware of the Love will introduce you to many new potentials that can be experienced. Love and Spirit are broad aspects that cover a lot of experience and information. From a human perspective, your soul will remain largely unknown to you, as will the attributes of your spirit body. There will be some who will have insight into the true nature of their soul and aspects of their functioning spirit body. How faith becomes a reality in your soul will require your natural attribute of love to improve, as the Divine

Love becomes part of your natural love. A Celestial spirit still retains their perfect natural love; the Divine Love never dissolves this essence completely so that all that is remaining in your soul is the Divine Love.

The reason why the perfect natural love remains as part of the individual soul condition is so that one's individuality is retained as this natural essence of love was part of the original forming of the soul from the Father prior to its incarnation and earthly existence no matter how short or long that chapter was. If the natural love was completely transformed so that it was as if it never existed in the soul, then the soul would become like the Father for the soul would only have to its form, the Divine Nature of the Father and this would lead the personality into being a finite shadow of the Father.

Paul

157. The perfect kiss

Hello my darlings, my name is Sooze. I am with the Love and am also with my soulmate. I know this now, as we are both sufficiently developed in our soul condition so that this Truth is known to us. If one is not sufficiently progressed in their soul condition, one won't truly know who their soulmate is. The last thing you want to have happen is to have been living in the Celestial Heaven for a thousand years only to realise that the individual you are living with is someone else's soulmate! (Sooze is laughing.)

Here in the Celestial Heaven each soulmate relationship involves both genders: male and female. There are no same-sex relationships or same-sex soulmates. This is a Truth about relationships relating with soul.

Part of my education in my progression in the Love was to understand how our attribute of soul is formed, which I have since learnt and has been previously conveyed to you in another book you wrote. Relationship was always important to me, and so, by finding the Divine Love I had the means to learn and recognise what a true soul relationship is.

I can kiss my soulmate on his face and spirit lips. This is not like kissing as people do, and as I remember this to be. Spirit kissing is about feeling and touching. There is never any penetration of any kind. The spirit body is about senses and feeling and so, the sensory experience of touch is completely fulfilling. My spirit-mind enjoys the pleasure of touch, the senses in my spirit body are so developed from the energy of my soul that the Divine Love has generated with my own natural love, that an intimate embrace with my soulmate is the perfect kiss.

My darlings,
Sooze

169. A spirit asks for help

My name is Scarlet. I suicided deliberately, when I was 22. I was miserable and lost in my human life. I have depression, I am a depressed spirit; can you help me?

Ok, I will speak to the bright spirit though I am a mere shadow. I am angry that my life is over. In fact, I don't know what I want.

A bright spirit is here with me. The other woman has moved aside, who just wrote with you. She seems content; I am all over the place! I have even tried to get out of this body I am in, but it sticks like glue.

I feel hopelessly lost, but I am a good person. I never hurt anyone except for myself.

My problem was that I saw only a blank future with fear and dread of my future, which would close in on me especially at night time. I had to escape it, now I am here but it is still with me, even more so!

I will do as you say, and speak to one of the counsellors. I can't believe that I am still alive and my dread continues. I have no idea about love, I never experienced it as a person but I believe I am a good person.

You have helped me by allowing me to speak to you. I will ask for more guidance, it is a choice to help myself now so I will make it!

Bye



170. A helpful spirit writes

There is a lot of love for this young person. Scarlet has only arrived here recently. I assisted her with her effort to communicate to you both. Scarlet has a good love though misguided, misplaced and misdirected. Don't worry; we will look after her as we do with all individuals who require assistance.

You could tell how disrupted emotionally she was. Individuals passing over to this environment generally have much to contend with. This time of entrance into the spirit world is a dramatic time for many people for such are the human causes that have brought them here at the ending of their life.

The spirit world is a beautiful place only that many people's arrival here are under less beautiful conditions, so to speak. We receive people from all diverse circumstances and a lot of these people are very upset when they awaken after their transition.

I will write again in a minute,
Michelle

181. The Three Great Truths

I am here, Matthew. I will air the same thoughts that you are having. It is surprising that the whole spirit world hasn't embraced the Three Great Truths: that *God is Soul; that each individual soul is a finite individual; and that the Divine Love is freely available for all to receive.*

The problem rests with the Source of the Love. Spirits like people can have a hard time accepting the Father and this is the concern most spirits and in deed, most people will have when they are assessing their potential to receive the Love.

There is plenty of visibility with Celestial spirits as we move through the spheres but like people, spirits are still weary of their accepting the Source of this Love. How would it be on Earth today if a million Celestial spirits materialised, which we could do, and were to move about among people? How would people act and react? Would people accept us or reject us? Would some people deny us and would some people be in floods of tears for the image of Truth and Salvation? Would many people inquire as to our presence and why we are shining? And quite possibly if this were an outcome would our presence make people accept the Father and the Divine Love? An interesting scenario to propose!

I have been able to assess in my observations with people and with spirits, that many souls desire the Divine Love but the independent personality of the individual doesn't want to accept the Father. This is the curious thing about it all.

Your friend,
Matthew

The Three Great Truths:

- **“God is Soul, being our Heavenly Mother and Father;**
- **that each individual soul is a duplex – both male and female;**
- **and that the Divine Love is freely available for all to receive.”**

213. Starving for life

When I lived on Earth I starved to death. What use is a religion if the people in it can't even feed themselves?

As a spirit, I was angry for a long time. I was an angry spirit for I felt harshly done by that my life should be lived and then ended in this way. As a spirit I can see that the same thing is still happening today. It is pathetic and children needn't suffer in neglect from elders and society. The human world needs to face up to itself and begin realising that with technology a world social community can evolve where neglect becomes a thing of the past and the old world condemned to history for forever.

It is a terrible thing to die from starvation and neglect. I'd have to say that a slow death from neglect was more humiliating than starving. I lived in a small village in an African country where poverty was my education. There was food but I starved for I gave my food to those younger than I; I was only 16. My story never became a world story. I like so many other people left the Earth leaving no footprint behind.

I became a spirit and I was angry at my fellow man and at God. By reason of my having died, at least I wasn't hungry any more but I still felt neglected and I was angry at myself for being so angry. As a young spirit I could see that my human life was over in such a hopeless way. I didn't want to listen to the counsellors. One day a Celestial spirit came and spoke to me. I couldn't understand why he singled me out, but he didn't mince words. He placed his arms around me and told me the Truth. The weight of his love and the Truth sank through my anger like a sword and the sword melted away my anger and the Spirit of Truth, which was the sword broke open my anger and out flooded all my neglect and this dissolved into knowing that someone was loving me and recognised that I was alive.

I felt the Divine Love and I asked the Father to forgive me for being so angry and neglecting to ask for Grace and Comfort as I was dying. Forgiveness came to me and I am redeemed. I have come a long way in a short time.

I still have strong feelings for the neglected of the Earth; it is the soul that really feels being neglected. If I could change the human world I would. I am a powerful spirit now and my past is a memory and I have made peace with my memories. I never thought I could communicate like this, I never learnt to read or write but now I know how to live love, Spirit and Truth.

My aspirations are to become a Celestial teacher of the Loves and to make a difference here in the spirit world unlike I could back on Earth where I never had a choice to make a difference; I would have liked to become a schoolteacher.

Thank you,
Ali



240. Life and love ever after

My name is Kristy. I know that there are terrible and sad things that happen in human life but here there is life! Life and Love ever after. My human life was a tragic ending but that has passed me now. I have a whole new life with the Divine Immortal Love and, don't think me hard when I say this but human life isn't everything that people alone have made it out to be! Most people don't know about the Divine Love so they feel singular. The Love is present for you as it is here for me. If you know about the Love there is no reason why you can't embrace it. It means so much to the soul, the soul that you have always been, and the soul you will always be there where you are and eventually here where I am.

There I said it,
All my love, Kristy

249. The Love never runs dry

When you are aware of the Love, you can see the difference between those who are unaware of this Love and what a contrasting difference it is! Here, it is really evident. I lived here without this awareness a long time, how silly I was. Now that I am with the Love I thank the Soul God and the Celestial teachers for how poor my spirit life would have continued to be, had I not found and embraced this Love. It's all I live for, and believe me when I tell you there is a lot to live for with the Love! There is just so much of this Love available. It is a Love present that never runs dry. When you have embraced this Love you begin to realise the sheer creative power of its originator. There is no way any finite soul could ever create such a resourceful and abundant Love that is forever in supply. I draw huge comfort knowing that I have done so little to be realised as a soul. Take a leaf out of my book or take a feather out of my soul and follow my example. Receive this Love, it is here for you and it will never run dry.

Love, always for love
Sherri

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 14 November 2014 to 14 March 2015

277. The fulfilling of my soul condition

I know that my compensation, that required addressing in my condition, will be fulfilled when the Divine Love I have received has caused in its working, the perfection of my soul's natural attribute of love.

This is how a person or spirit knows that they have fulfilled their soul condition if any compensation is required. Any compensation caused by one's human activities will be reflected in their condition in their soul in their natural love. As soon as you begin receiving the Divine Love the soul that you have always been, begins to change. This is what this Divine Love does in its usual working: it begins transforming the soul and any block or compensation that need be addressed so that this causal change can be continual. If you keep receiving the Divine Love and the condition of the soul were never to change, then this would negate the very nature of the Divine Love that at its cause, causes change in the soul. This Divine Love brings about changes in the souls natural condition of love.

Because each soul begins the journey of individualised life in a human life, the essence of this natural attribute of love, and through no other means, can experiences be filtered and experienced, and no other attribute of love does this soul transformation occur.

Understanding this will cause one to realise that it is in the soul's condition of natural love that the Divine Love acts upon this condition of natural love and so, progression begins.

Thank you,
 Matthew

286. Let Love proclaim love

People have proclaimed all sorts of things pertaining to God. I would say, *“Now let the Divine Love proclaim its energy to your soul.”*

With regard to the Holy Spirit, the attribute of Spirit that conveys the Father's Divine Love into your soul, this acting Spirit attribute doesn't do or teach anything else and you would be misleading yourself believing otherwise. There is no need to contrive or create a belief about this Spirit that would only serve you to intellectualise or complicate your purpose to receive the Love. This acting Spirit is everywhere the Divine Love is and is never isolated or acting independently from this Love or the Father. The Divine Love cannot enter your soul without this Spirit acting the way it does as it interfaces with your spirit body so that the Divine Love can permeate your soul. Your spirit body is a closed body and system to the outside world. The only thing that can actually work 'with your spirit body' in such an intimate manner involving the Divine Love is this acting Spirit.



Life experiences can affect the condition of the soul and the spirit body. We know this for we see the condition of individuals when they arrive to begin their life in the spirit

world. My teaching here is to illustrate that the acting Spirit is the Spirit that can interface with the spirit body in such a specific way that the spirit body has to actually accept this acting Spirit as it interfaces with the surface of the spirit body by which the spirit body can accept the Divine Love that is then conveyed into the soul. The spirit body in its form is acting to a greater Law to which the Holy Spirit is set to in its operation. If an individual prayed to the Father for an Inflowing of the Divine Love and the spirit body could act independently and block this acting Spirit (the Holy Spirit) then the effort of the individual to receive the Love would be denied and the needs of the soul, left abandoned.

Your loving friend,
Luke

287. Energy

The Divine Love permeates the soul. This Divine energy of Love doesn't flow through the whole spirit body, only the energy of the soul flows through the spirit body and this is a culmination of one's natural love with the energy of Divine Love filling and illuminating the spirit body.

The Divine Love received remains in the soul and is never withdrawn from the soul. No reversal of action or depletion of this energy is ever extracted out of a mortal finite soul. The Master has taught us that the Father has not created any attribute of Spirit or Spirit Law in its principle working that can remove the Divine Love from a mortal soul. Perhaps this will explain to you why this Divine Love is introduced to you as a gift, for the Father has given this Immortal gift to your soul and never will that which has been given, be taken away.

Your loving friend,
Luke

300. I have felt it!

I am a spirit who has just felt the Love. I have only recently opened my soul to the Soul who has given me this Love. I am so grateful. I cannot say any more other than this Love is true and real to me; I have felt it. I don't know anything about the Love and the Spirit that will illuminate you other than I believe that there will be many of you who like me, are so grateful and relieved to have felt a little of this Love.

I am now happier, thank you.
Rainer



301. So much extraordinary

I found it extraordinary to be in a body that seemed to know what to do, all by itself! Having arrived in this spirit world, I had no prior experience that as a man that I even had a spirit body through my entire human life. As I lay on this soft bed-like structure my spirit body knew what to do and seemed completely at home in this spirit environment. My consciousness was still very human, but now my

appearance was acutely anything than being physically human. I was a whole new person unto myself! My spirit body was a revelation to me. I now know without a shadow of doubt or second-guessing myself there is a human afterlife after all. I never believed as a man, that this place could exist. This environment is so different than my physical life; I am still living in catch-up mode trying to piece it all together. I do believe that if I had spent a little time in my human days opening myself up to such thoughts, that this would have eased my beginning here. I am in touch with the Love though just at the beginning stage. I am overwhelmed by the fact that I have survived my human death, that a spirit world exists, that my human memories and personality function perfectly in a spirit body that I know nothing about and that all the while God took care of my transition here and now I am receiving this Divine Love that I never knew ever existed and other spirits are supporting me so much and when I lived in my human life I was so mean.

Good day to you,
Tom

302. Sight and vision

Hello, I am with you now. I am a spirit called Angus. I am by your side as we are beginning to write together. I can see the environment you are in as you sit and receive my words. This is important for you and other people to know, for this tells you that my optical vision and spirit-sight that is made from the energy of my spirit body can see the organised form of the physical world as well as the energetic forms in this spirit world. When I look at the environment you are situated in, as I am doing now, I can see the objects of form and energy surrounding you. I can also see light as you do; light reflecting from surfaces and the organic light of the sun as it shines upon trees and so forth.

As a spirit in my spirit body, I can optically see both environments – your physical world and my spirit world. I can perceive energy in both these environments. It could have been that the Father made it so, that in our spirit bodies we could not see into the human world, or see anything of it, but thankfully we can and perhaps in the wisdom of the Father by being able to see where we once lived and where we have come from this helps us to settle here where we are.

Thank you,
Angus



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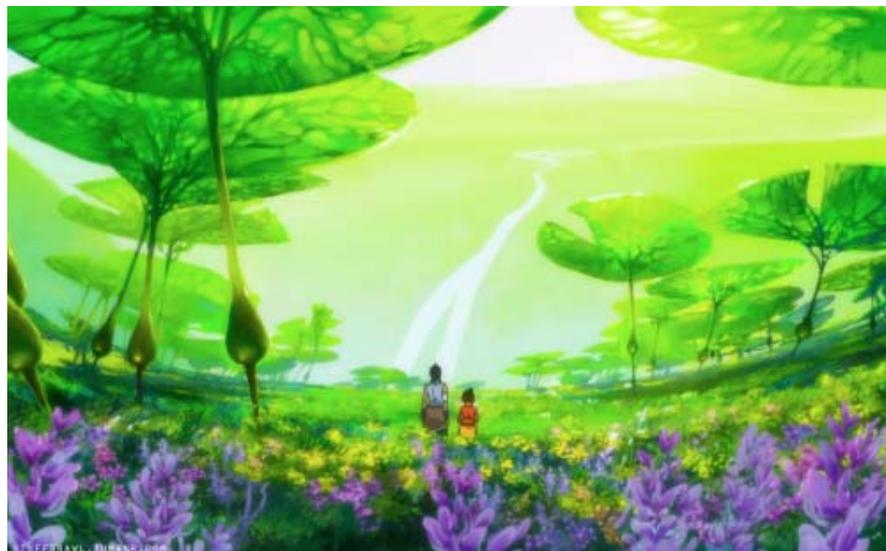
316. The Divine in the Universe

I am here, Sabrina. It has been mentioned to you both about an existence of a place called the Fatherly Universe. I am in my residence in the spirit world and have lived in the Celestial Heaven a long time. There does exist a Universal space that surrounds the Father's Soul and it is known as the Father's Universe. One can travel around the boundary of this Universe as there is a boundary that exceeds some distance, a great distance from the actual Soul of the Father. It is in this Universal space, that many attributes of the Father's Spirit originate and are manifested in, which then are released by the Father throughout all realms of time and space.

If you were to travel around the full circumference of the Father's Spherical Universe, you would come into contact with other worlds and forms of human species. Though I have not been there myself, I take it on good faith from those who have ventured to parts of this Universe, and it is widely taught that it is the same Divine Love that we receive that forms part of these worlds in their particular regions relative to the boundary of the Father's Universe. Apparently the Father has not created different Divine Loves to suit the needs of different species. I have been able to ascertain that there are many worlds and species like the human world and its species, and all have souls and spirit bodies for their existence continues with the same continuity as ours in similar spirit worlds. Some of these worlds and their peoples live in the awareness that this potential of the Fatherly Divine Love is a real active living energy in their daily life and other worlds are similar to yours where the natural origins are the dominant force and awareness to the conditions of their living.

Here in the Celestial Heaven I have not met anyone from another world other than our human world. I have socialised with spirits who once lived on Earth but who have progressed beyond the Celestial Heaven and reside in the Eternal Spheres where they have met other individuals from other planets. There is an order and a structure in which everyone understands, and of course, we have all the time as we live with the Father, to discover the greater spirit universe we live in, which I intend to do. The purpose of my writing this is to convey that the vision of Divine Love is not entirely situated and located to just us but rather this Divine energy of Love forms part of the greater universal workings in which all mortal soul life is created in and outside of the Father's Universe.

Much love to you,
Sabrina



U-TURN for HUMANITY:

Why are we doing a U-Turn?

We are doing a U-Turn **because** the year 2017 heralded the end of the Rebellion and Default. For two hundred thousand years, humanity has been going in the wrong direction.

What is this fundamental step that will change our way of living?

We are to come to understand / know the foundational cause of all our feelings, both good and bad. As we explore and investigate our feelings, each time they arise, one by one, we are to talk them through, express them to a companion or friend or anyone who will listen. As we express them, while at the same time coming to understand how they have come about, we will find that they will be resolved and that they will not come up again.

We will find that all of our feelings / emotions have their foundations from our childhood. And by childhood, that is from the time of one's conception all the way through to about the age of six. It is the repression of our childhood feelings that is the base or foundational cause of each and every one of our adult personality issues, pains, difficulties, illnesses and distressful life experiences.

We have to see the whole truth of our negative or self-denial state, before we can heal it and be free of it.

The vital difference between **emotions** and **feelings** is:

- emotions have their roots in the past,
- feelings relate to the present moment,
- emotions represent feelings not previously expressed,
- and these accumulate over time.

Many emotional clearing processes encourage us to look into our feelings, however, none go so far as to drill down into the core foundation of any emotional feeling to the point that we strive to KNOW the core issue, the origin of the feeling, be it good or bad, and actually come to know what it is!

The *Journey Process* is generally known worldwide. It stops short of longing to know, that is asking for the knowing of the events that brought about such a feeling. Yes, we are to acknowledge the feeling, say being angry. Then accept that behind that anger is the feeling of being small, and then look at the underlying reason of why we are feeling small. What is the truth behind that feeling? Ask our Heavenly Parents what is behind all of this feeling. What is the foundation, the origin of the feeling? All the time talking it out, expressing it, with a friend. The expressing of the experience is the release of the emotion / feeling, this is what removes it for ever from within our essence, our **soul**.

Why ask our Heavenly Parents? I thought God was just God – singular?

This is part of the revealings that have been unfolding for us very recently – that is – since 2002.



**Feeling
Healing with
Divine Love is
the key!**



We are made in the image of God. This has been understood for centuries, for 2,000 years. Our soul is duplex. Our soul expresses itself through two personalities. One soul 'subdivides' into two, one half always being female and the other half always being male. We are a reflection of how God is. God being one Soul is expressed as Mother and Father. God is two personalities. They are soulmates. And each of us has a soulmate, and our soulmate is always of the opposite sex, because the Mother and Father are the opposite sex.

Thus, when we long for the truth behind a feeling, then we can long to our Heavenly Mother and Father. Only they can tell us. No spirit personality can tell us. No canonised saint can tell us, we may as well ask our next door neighbour. That would be just as productive. Mary and Jesus can't tell us, as they are also spirit personalities.

I was taught that Jesus was God? And what is this about Mary?

Mary of Magdalene and Jesus of Nazareth were both born free from sin. Neither of them are God. They are both children of God, just like you and me.

History needs to be corrected. Both Jesus of Nazareth and Mary of Magdalene became at one (At-One) with our Heavenly Mother and Father during their physical lives here on Earth in the first century; Jesus in the year 26CE and Mary in the year 33CE, or thereabouts. Jesus died aged 35 (born 7BC died 29CE), and Mary died aged 47 or 48 (born 2BC died 47CE).

Further, their sojourn on Earth was the completion of their process to become the full Regents of the sector of planets that is referred to as Nebadon. The region within our super-universe that is referred to as Nebadon contains 3.8 million inhabited planets. If you look into the night sky, each star / sun potentially has between none to three inhabited planets within its orbit. Within Nebadon, the soulmate pair, namely Mary and Jesus, are our Spiritual Teachers of Truth. Their domain is all 3.8 million physical planets plus their associated spirit worlds. Each physical world has seven associated spirit worlds, which is the case for Earth being one of the 37 that have rebelled.

Some 200,000 years ago, Lucifer with his soulmate and his deputy, Satan with his soulmate, brought about a rebellion on 37 of the inhabited planets within the region called Satania, one of the local universal systems of Nebadon. Earth compounded the situation through the Default of Adam and Eve about 38,000 years ago. Thus the population of Earth, being in the worst condition through the Rebellion and Default, became the location for Mary and Jesus to have their physical experience to complete their ascendancy to full Regency of the local universal system being Nebadon.

Their lives on Earth was the start of the unravelling of the Rebellion and Default. Upon Jesus becoming At-One with our Mother and Father, he was then vested with the authority and power to have the Lucifers and Satans arrested, and they now reside exiled within a prison world.

Notice that there were no records of Jesus and Mary's teachings and experiences made during their physical life. That was because they did not specifically come here for us, they came for the benefit of all peoples of all planets and spirit worlds throughout Nebadon.

As they are Paradise descending spirits, they have **Spirits of Truth**. Upon Mary and Jesus' death, they released their Spirits of Truth. As spirits, Jesus and Mary are how we will be, once we've finished our Soul Healing. They can only be in one place at any one time. However, it is their Spirits of Truth

throughout Nebadon that we can connect with for guidance. It is through their Spirits of Truth that spirit personalities can progress through and out of Nebadon.

Those planets that have Rebelled need further assistance, and they need it on a localised manner. This can only be provided by another bestowal of a **Paradise Pair**, and that is in the form and manner of an **Avonal soulmate pair** who come here specifically for us.

What is the purpose of an Avonal pair, and are they here on Earth?

Unlike Jesus and Mary who were always free from sin and did not experience how to heal themselves, the Avonal pair are to experience all of the extremes of evilness and then proceed to heal themselves. Mary and Jesus through their bestowal on Earth ended the Lucifers spiritual rebellion in Nebadon; the Avonals bestowal is primarily concerned with ending the Default of Adam and Eve by the Avonals themselves personally healing the effects of such a damaging Fall.

The soulmate Avonal pair are to be, and have been, subjected to the extremes of childhood suppression and repression, and then, through their Feeling Healing, are experiencing all the facets of emerging truth as they slowly progress through a protracted and difficult healing process. As they reach specific milestones, this also enables those in the Celestial Heavens, (the three worlds where Celestials reside) to be empowered to assist us in the physical on Earth.

The first considered milestone was the arresting and imprisonment of the Caligastia soulmate pair and the Daligastia soulmate pair. After the arrest of the Lucifers and Satans in the first century, as nothing further occurred, the Caligastias and Daligastias continued on from spirit as if they were kings and queens, suppressing all of humanity and with plans to take over the universe. It was possibly in the early 1990s that they were 'judged' and 'removed'. They were caught unaware that an Avonal bestowal pair were on Earth.

How is all this becoming known? Has Jesus and Mary communicated directly to Earth?

Unlike in the first century, when no records were kept (as the event related to all of Nebadon and it was actually setting the stage for the Avonal bestowal pair to arrive on Earth), every effort to retain records in great detail of this current series of events is now being attended to. Consider this. The New Testament of the Bible is some 300 pages. The records of the Second Coming, which this is, the primary records are possibly 6,000 pages, with direct complementary records increasing that to over 10,000 pages and with all the supplementary records to date, there may be as many as 40,000 pages, certainly well over 30,000 pages of material presently.

Jesus directly communicated through James Padgett from 1914 to 1923. Mary of Magdalene (Mary M) has directly communicated through James Moncrief from 2002 and is ongoing. Jesus has also communicated directly through James Moncrief. Neither have ever directly communicated through any one else, however, some Celestial Spirit personalities have provided information through other personalities on Earth with the support and approval of Jesus and Mary, thus some confusion, though the quality of the information is very reliable.

You say this is the Second Coming? You say I am living during the time of the Second Coming?

Yes you are. And it's more than that. This is the Second Coming, the End Times and the Handover!

In fulfilment of the prophecy in the first century, the Second Coming commenced on 31 May 1914 through the writings with James Padgett and concluded in 2014 through the writings with James Moncrief.

The End Times are well advanced. Mary and Jesus are well advanced in handing over their direct involvement with Earth to those within the Celestial Heavens. When this is completed, the Handover will also occur. **The Hand Over is to the Avonal Bestowal pair** and it is they who will guide the population on Earth through their Feeling Healing processes for the next 1,000 years, being the next spiritual age. The Handover will take place after the Avonal pair complete their personal Healing of the Rebellion and Default. Then will follow with their Spirits of Truth being officially liberated in alignment with Mary M and Jesus' Spirits of Truth upon their death.

Major events have occurred with the progression of the Avonal pair's Feeling Healing, which they are also doing whilst embracing our Heavenly Parents' Divine Love, thus they are doing their Soul Healing.

| | |
|------------------|---|
| Early 1990s: | The arrest of the Caligastia and Daligastia soulmate pairs. |
| 22 March 2017: | Negative spirit influence was blocked. |
| 31 March 2017: | Angel assisted healing will become available upon the Avonal pair completing their own Feeling Healing, being with Divine Love, thus it being Soul Healing. |
| 22 May 2017: | Law of Compensation quickening. |
| 2 December 2017: | Psychic Barriers maintaining the Rebellion and Default were cracked. |
| 8 December 2017: | Bring on the money to 'house the future of humanity' . |
| 31 January 2018: | Earth and the seven associated Mansion Worlds (including the two Earth planes) are officially now fully under the control of Celestial spirits. This marks a tangible and real end to the Rebellion and Default. |

How does this all fit into our future way of living?

This time, in the history of humanity, is the most exciting time ever experienced.

The whole human race is suffering from repressed childhood and mind control.

Through one's Feeling Healing, and should we embrace our Heavenly Parents' Divine Love, then with their Love we are doing our Soul Healing, and eventually we can live totally in accordance with our soul based feelings and live free from error – no more fear and no more physical illnesses is possible!

By living true to ourself, true to our feelings, we are living true to God. It's that simple.

Our soul is always perfect. In fact, we are the complete package. All that we need to know is within our soul. This knowledge has been denied from us since the time of the Rebellion and compounded by the Default. That is what was brought upon us by the Lucifers and his cohorts. We have always been meant to live true to our soul based feelings but we were taught to embrace our error riddled mind – this was aided by our parents – unknowingly all parents have taught their children to be mind dominant. **This is the Great U-Turn. We are to feel and live by our feelings and express our feelings, our mind will follow in support, not the other way around.**

“Many people look for a person, spirit, angel, even God, for supreme guidance, however it's all right there already built in – in our feelings. **Feelings** guide us through our **ascension of truth**. So they are

really our Supreme Guides. We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it's there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feelings is really: **Longing for the truth of our self, because: we are our feelings.** So life stirs up our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings.”

Kevin of the 1st Celestial Heaven 26 September 2017

(Kevin Cooper died 10 August 2012, through Feeling Healing became Celestial on 7 August 2017.)

It is through the assistance of the Spirits of Truth of the Avonal Pair, upon the completion of their Soul Healing, that we will be guided through our Feeling Healing process, and should we embrace our Mother and Father's Divine Love, then our Soul Healing.

Then should we embrace Mary and Jesus as our Spiritual Teachers of Truth, their Spirits of Truth will lead us on the path through the Celestial Heavens where we will certainly meet up with our soulmate and join our soulgroup, which will eventually consist of twelve soulmate pairs. Then as a soulgroup, the Spirits of Truth of Mary and Jesus will lead us up through and out of Nebadon towards Paradise.

It is then our Mother and Father in Paradise who draw us to them and we will eventually meet our Heavenly Parents.

Meanwhile, while we live on Earth, we will have assistance and guidance previously denied to us throughout the era of the Rebellion and Default. Under the Contract controlling and managing the Rebellion and Default, the powers and capabilities of our Celestial Heaven spirit personalities, all three worlds of them, were heavily restricted and almost of no assistance to us at all. Further, Nature Spirits and our Angels were heavily denied contact with us physical people because of the Rebellion and Default, all of which is soon to change, so we can look directly to them for help concerning healing ourselves and understanding all aspects of nature.

As we embrace our Feeling Healing, Celestial spirits will and can greatly assist us. In fact, during the year of 2017 they have blocked all mind spirits from the Natural Love Mansion Worlds: 1, 2, 4 and 6 from interfering with us. Celestials have taken control of all facets of living and life on Earth. Celestials are those spirits who have completed their Feeling Healing and progressed through Divine Love Mansion Worlds 3, 5 and 7 and now live in the higher Celestial Heavens, 1, 2 and 3 (when we become At One with our Heavenly Parents then we leave the Mansion Worlds and progress through the next three spheres related to Earth, hence the Celestial Heavens are also referred to as being numbered 8, 9 and 10).

The Nature Spirits of Earth, who live in the third Earth plane, can now directly interact with those who are embracing their Feeling Healing. Nature Spirits are essentially 'angels in waiting'. They have been on Earth prior to anything that we now see living in nature. When they first started to arrive, there was no life in the seas or on land. They have consequently witnessed everything that has happened on Earth, including all prior human civilisations that we continue to largely remain ignorant of. Their



knowledge and assistance is of great importance to us. We are to interact with them on an ever increasing scale. They are to become an invaluable source of information for us concerning how we are best to live with nature.

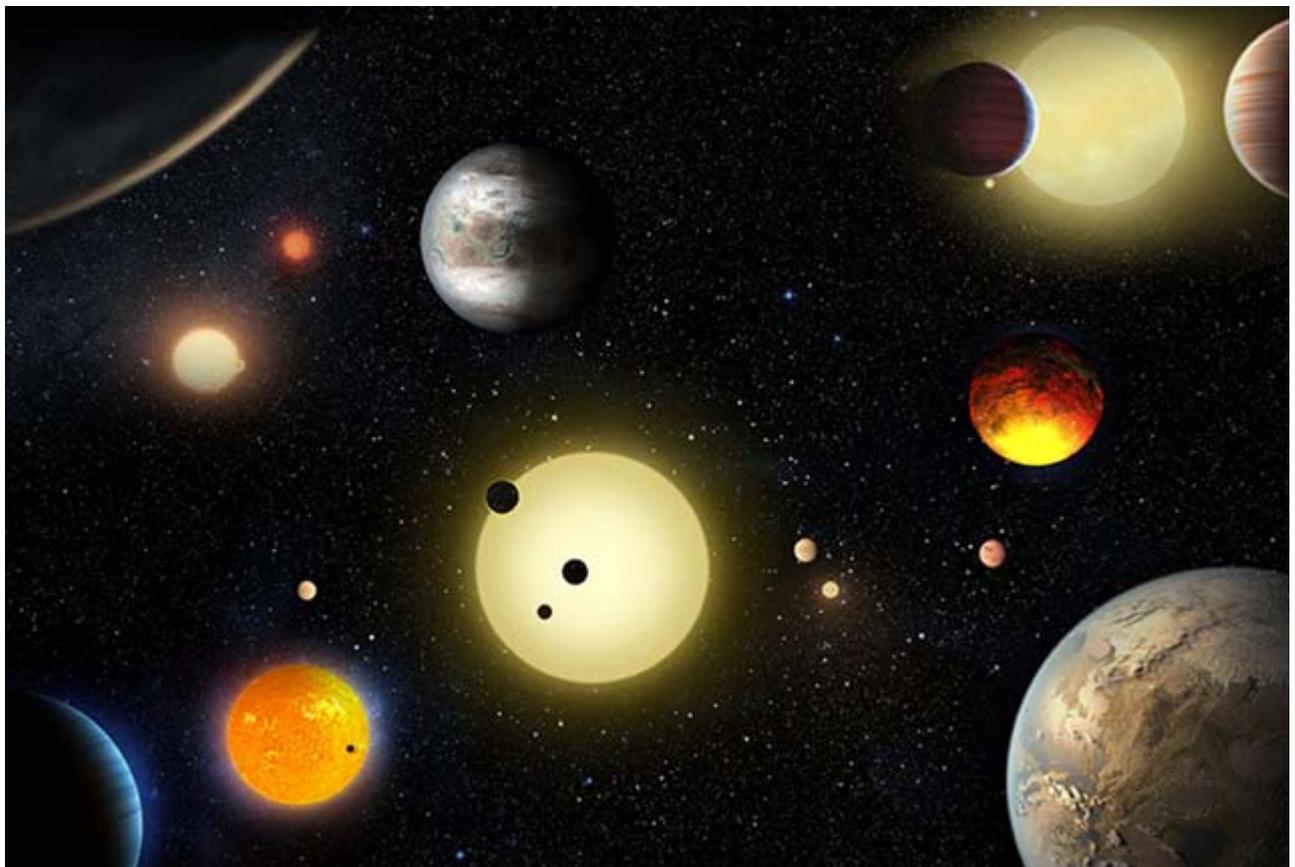
Further, we may become more aware of our **Indwelling Spirit**, which arrives for each of us during our sixth year, as we now progress with our Feeling Healing, or with Divine Love, our Soul Healing.

And all of this is possible as we embrace our Feeling Healing process, acknowledge and accept the Avonal pair, acknowledge and accept our Spiritual Teachers of Truth, namely Mary and Jesus, and more importantly, grow to love our Heavenly Parents, our true Mother and Father.

We do not need intermediaries, rituals, liturgy, dogmas, creeds, fancy clothing, or institutions. It is our soul based feelings and expressions that we may exchange directly with our Heavenly Parents. Groups may form to assist each other, and that is choice and within our free will.

This is the greatest event in the history of humanity.

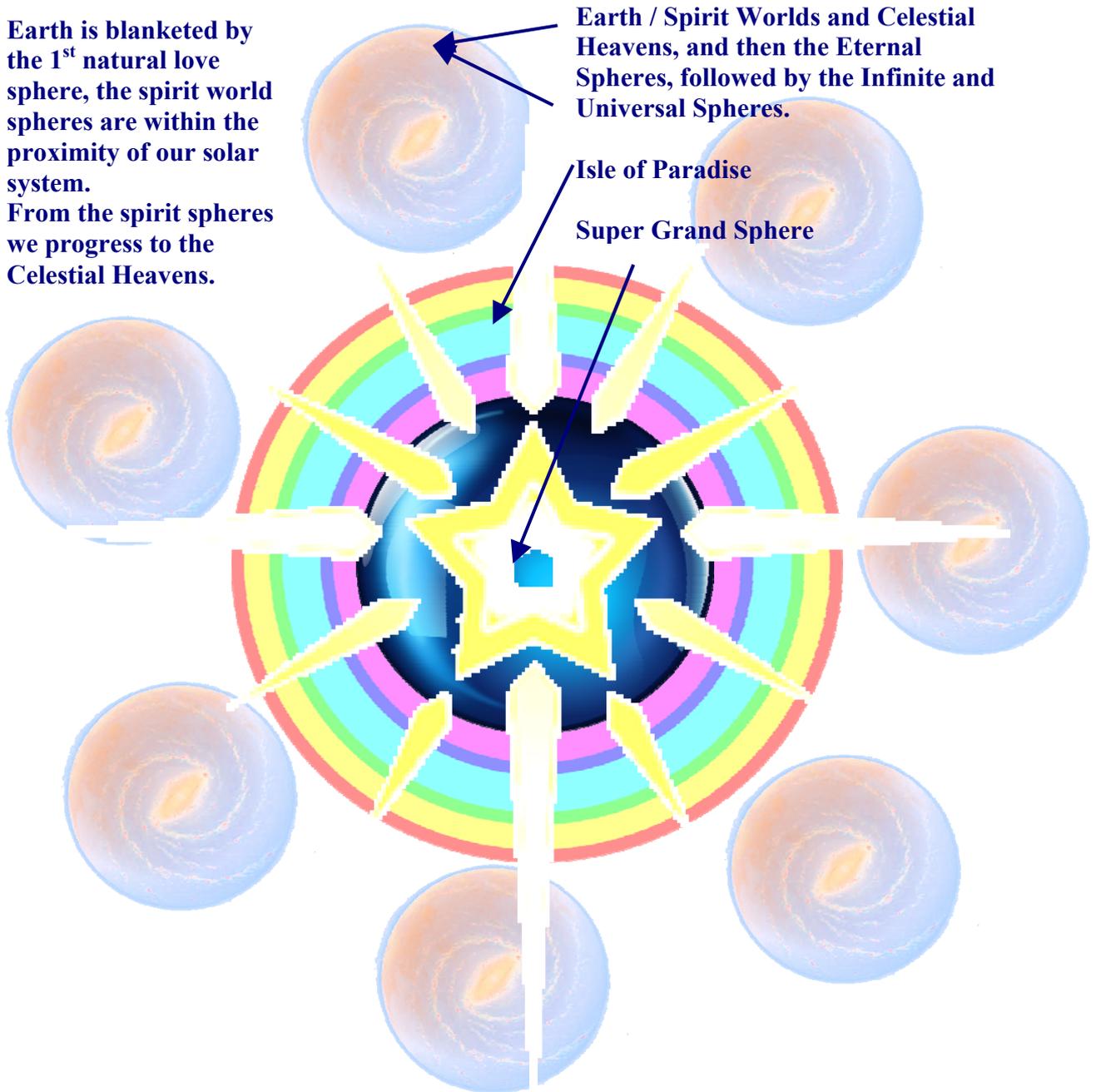
This is the Great U-Turn that humanity will embrace throughout the next 1,000 years. MoC 1,480



OUR JOURNEY to the CENTRE: HEAVENLY PARENTS are UNIVERSALLY PRESENT:
Earth is one of the youngest inhabited planets on the outer edge of the youngest of the seven super-universes. From the spirit worlds, we progress to the spheres of many mansions, being the Celestial Heavens nearer to the centre of our super-universe. From there we progress to the Eternal spheres which circulate around the Isle of Paradise. The Isle of Paradise remains stationery and is the home of the Source Soul, our Mother and Father.

Our progression is always towards the centre – inward and upward.

Earth is blanketed by the 1st natural love sphere, the spirit world spheres are within the proximity of our solar system. From the spirit spheres we progress to the Celestial Heavens.



The BEAUTIFUL MIRACLE:

5 Oct 2012

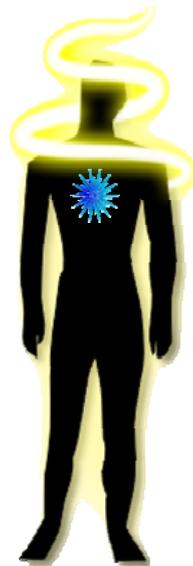
The DIVINE UNIVERSE

The way in which the Spirit conveys the Divine Love into the soul is a beautiful miracle. The attribute of mortal soul prior to incarnation has to it, a potential within it that is part of its formed nature. After the soul incarnates this potential remains part of the soul and even if the forming personality is unaware of such a soul potential, the potential still exists. The Divine Love is entirely suitable in its energy of harmony to be the energy that a mortal soul can utilise. The Spirit covers the spirit body when the individual sincerely asks the Soul of God for the Divine Love and this covering of the spirit body is where the dynamic of this beautiful miracle takes place. From the internal longing of the individual for the Divine Love this activates the Spirit Law that activates the Spirit that is then attracted to the spirit body upon which the Spirit material of the spirit body draws the Divine Love in to its soul and this union complete. The key here is to gain a perceptive insight into realising that the spirit body is not an inert body but that it is living and has activity, recognisable from its first forming from the Spirit Law that materialises a spirit body. The Spirit and the spirit body to give an analogy are like two attracting magnets and when the surface of the spirit body is touched by the Spirit, this causes the automatic response of the Divine Love to permeate into the attribute of soul and so begins the transformation of energy from the natural into the Immortal Divine Harmony. If the individual continues the receipt of Divine Love the energy that is Divine Love actively begins to change the soul and this is felt in the spirit body systems and can produce feelings of love and elation. The spirit-mind begins to change as all spirit body systems are affected by the changed condition now experienced in the soul as the soul becomes living and vital. In one's progression of this Divine transformation, the soul will mature enough from the amount of Divine energy it receives and at that moment the surface of the spirit body and the Spirit are continuously attracted to each other and one is living in the presence of the Father in perfect harmony and this clarifies the truth about what it means to be truly at-one with God.

**Soul within
spirit body
prior to receiving
Divine Love.**



**Divine Love being received
from The Spirit, covering the
spirit body of the requesting
personality.**



**Divine Love having been
assimilated within one's soul,
now being reflected through the
radiance of the spirit body.**



SHINING TOWARD SPIRIT:
665. The Shining toward Truth

Vol III, p. 157, 14 Nov 2014 – 14 Mar 2015 Zara and Nicholas
www.lulu.com

It is I Matthew, a teacher of the Divine Love. I have communicated with you recently, now I desire to provide you with a visual description of the Love.



Imagine a continuous Energy shining light blue that is unbroken with a seamless surface that surround every mortal and Immortal spirit. Imagine if you were to become aware that this energetic field of light-blue Energy existed in its shining radiance just near where you are. Now that you are aware that this unbroken Divine Love is unified energetic field of living Love, by opening toward the Soul of God and aspiring for the Divine Love, the Acting Spirit gently brings a small portion of this shining blue Energy into your soul

The Divine Love that you have received remains part of this great Energy that the Divine Love is and even though this small portion of Divine Love, now within your soul, in its shining radiance and energetic cause, it is never separated from the continuous energetic field of Energy that the Divine Love is. Having partaken of this Energy it is with perception that one is aware that the Divine Love within one's soul is the same Divine Love that every person and spirit who has partaken of this Love, participates with. Even though in our individuality we partake of this Divine Energy, this Love is never broken away from the Source and Origin from which this Divine Love emanates.

The Divine Love is bestowed into our finite soul by the Acting Spirit, but this Spirit remains in contact with our spirit body and does not enter the finite soul to become part of our finite soul essence that we are. No mortal or Immortal spirit can manifest in their soul the Acting Spirit so that this Spirit – this Holy Spirit – becomes part of our existing finite spirit body. Only the Divine Love and its Energy becomes part of our finite soul, which causes the change to our spirit body. The Acting Spirit always remains its own attribute and never does a Celestial spirit claim ownership or take possession of the Acting Spirit within their soul. (The Holy Spirit / Acting Spirit is an instrument of the Source Soul, our Father.)

This is one of the wonderful Truths by which we who have been transformed by the Divine Love understand our personal relationship with the Father's ever-present Acting Spirit. The shining Energy of Divine Love is all around us and when we have partaken of this Love, part of our finite nature becomes independently shining in this true perfect Love.

I provide these words that may appeal to those who are visual and to express the universal appearance of the Divine Love and the personal touch when in contact with the Acting Spirit.

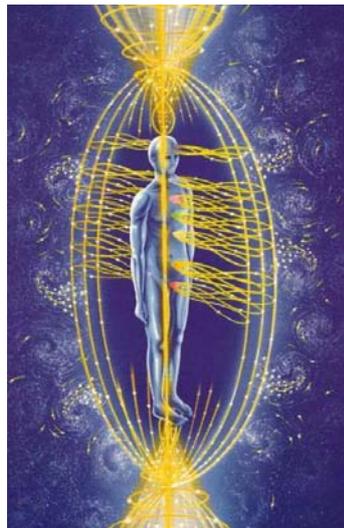
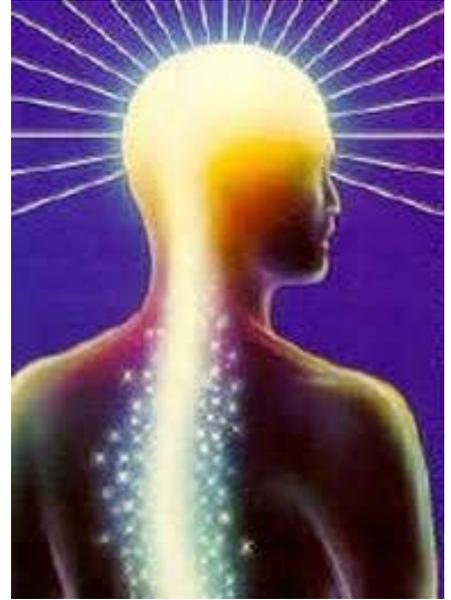
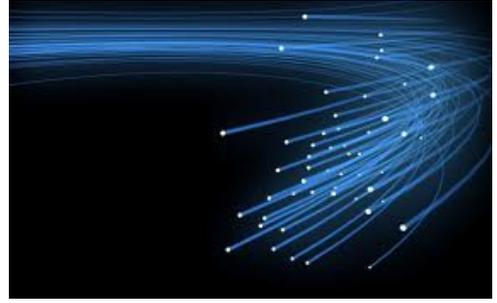
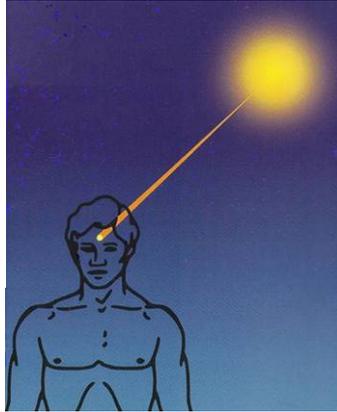
Matthew (Apostle)

Whilst we are receiving our Heavenly Parents' Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way our Mother and Father are actually loving us! When we progress, it is the Mother and Father's way of loving us into love and then we live what we are, love.

CONNECTION with GOD:

**Holy Spirit / the Spirit
infusing Divine Love.**

**Progressive escalation of
Divine Love flowing.**



EXPERIENCING RECEIVING DIVINE LOVE:

Be still and quiet; reflect in silence. Love is present. Keep asking, longing, and never cease: this is your part. It is your cooperation actively engaged that brings the transformation and continues the process.

You cannot see it; sometimes you will experience it as simple quietness and calmness. This is as pure and real as any other experience, whether demonstrative joy through laughter and dance, or other expressions.

Divine Love is present; it is always present. It does not fade or disappear. Rest, relax and breathe. Pray and wait.

Maintain daily prayer and meditation. When you do this you are building a home for the dwelling of the Divine Love. Your continual invitations establish an attitude of welcome to the Divine Love. These build a bridge for the Divine Love to carry you to new and higher levels of change and transformation: places of new realms for your soul growth and development.

The Voice of Divine Love

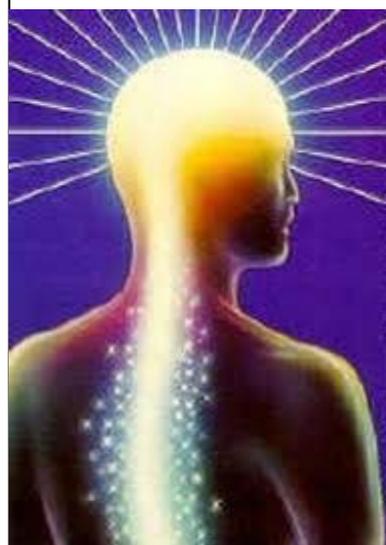
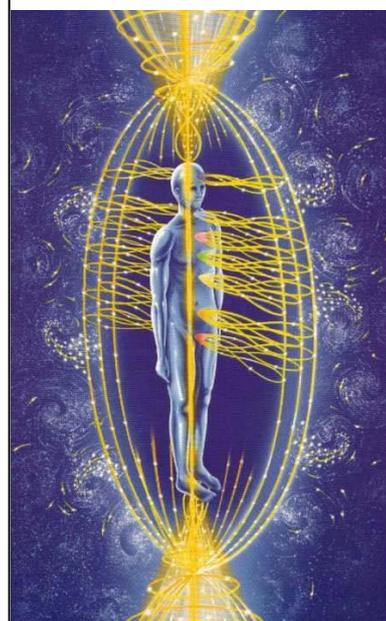
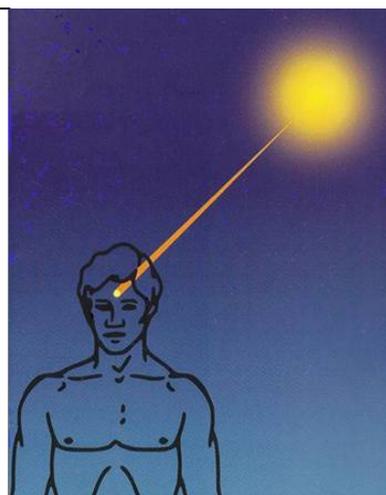
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As the receiving of the Love is always assured when longed for and asked for, the experience of receiving may become apparent by the occurrence of a warming embrace in the region of the third eye chakra, or with some, around the heart chakra region. This may be very subtle and gentle for some and may be for a few moments or extend for some time. Many do not physically feel the Love embracing them and this is totally fine, nevertheless the Love is being received.

On a few occasions, one may feel the love through the third eye region and then feel it expand as if it were to become a warming buzzing 'hat band' progressively expanding around one's head. This can intensify and feel as though one's cranium is about to pop off! Should this continue to intensify, then the sensation may flow down one's main meridian to the base of one's spine. Now that is something else! Relax and enjoy the great gift for this can be an experience that may continue for a short while or for quite some time.

Always, when one longs for the Love, it will shower over one's body and be absorbed in through the spirit body chakras into one's soul. Occasionally the Love will overflow from one's soul and some will reside within one's spirit body. At no time will you be discomforted. This light golden blue energy substance is the ultimate high octane super fuel gifted to us by our Heavenly Parents to us all.

MoC 1,500



To liberate one's real self, being one's soul, is by embracing Feeling Healing so to clear emotional injuries and errors. With the Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

**Our salvation IS by embracing Feeling Healing with the Divine Love.**

**God's Divine Love: Pray for it, ask for it, and receive it.**

**Please Mother and Father, may I receive Your LOVE.**

**“Every day is a day of devotion.”**

Follow your heart, follow your love and do that in loving action, your inner love leads in your asking the Soul of God to receive a little of the Love to strengthen one's resolve to heal.

**“I love you Father.” “Let the Divine Love proclaim its energy into my soul.”**

**“Mother – Father, I desire your Love and I am loving you.”**

**“Soul God, I love you and I love receiving and experiencing your Divine Love.”**

**“True Soul God, I am here, I am aware of your Love. Please hear my aspiration for your Love and as I approach you from my soul, I can feel your Love in the way that you are loving my soul.”**

Try it; give the Feeling Healing and Love a go! If you want to shine, receive the Love.

One can simply receive the Love without following any religious or spiritual teaching taught by man!

Emotional errors and injuries cause encrustment around the soul, the soul is never damaged however, the encrustments retard love energy flow to and from the soul. Feeling Healing melts such injuries.

#### **The Three Great Truths:**

- **“God is Soul, being Mother and Father;**
- **that each individual soul is a duplex, both male and female;**
- **and that the Divine Love is freely available for all to receive.”**



**PRAYER for DIVINE LOVE:** library download pages at [www.pascashealth.com](http://www.pascashealth.com)  
 Kindly visit the library download pages at [www.pascashealth.com](http://www.pascashealth.com) as further recordings are added.  
 Should you click on the audio files, you will also be able to download the audio file onto your computer.  
**Prayer for Divine Love – from the Padgett Messages** (Medical – Spiritual References)  
<http://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Prayer%20for%20Divine%20Love%20from%20the%20Padgett%20Messages.mp3>  
**The Voice of Divine Love** (Medical – Spiritual References)  
<http://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/The%20Voice%20Of%20Divine%20Love.m4a>

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|--------------------------------------------------------------------|----------------------------------|-------------------------------|
| <b>Primary recommended reading:</b>                                | <b>consider commencing with:</b> | <b>Paul – City of Light</b>   |
| <b>The Book of Truths</b>                                          | <b>1914 – 1923</b>               | <b>xxx – Joseph Babinsky</b>  |
| <b>containing the Padgett Messages or</b>                          |                                  |                               |
| <b>Little Book of Truths</b>                                       |                                  | <b>– Joseph Babinsky</b>      |
| <b>True Gospel Revealed anew by Jesus Vol I, II, III, IV</b>       | <b>xxx</b>                       | <b>– Geoff Cutler</b>         |
| <b>The Rejected Ones</b>                                           | <b>2002 – 2003</b>               | <b>xxx – James Moncrief</b>   |
| <b>Messages from Mary &amp; Jesus</b>                              | <b>2003</b>                      | <b>xxx – James Moncrief</b>   |
| <b>Paul – City of Light</b>                                        | <b>2005</b>                      | <b>xxx – James Moncrief</b>   |
| <b>Mary Magdalene and Jesus'</b>                                   |                                  |                               |
| <b>comments on the Padgett Messages</b>                            | <b>2007 – 2010</b>               | <b>xxx – James Moncrief</b>   |
| <b>Speaking with Mary Magdalene &amp; Jesus</b>                    | <b>2013 – 2014</b>               | <b>xxx – James Moncrief</b>   |
| <b>Sage and the Healing Angels of Light</b>                        | <b>2017</b>                      | <b>xxx – James Moncrief</b>   |
| <b>Road map of Universe and history of Universe:</b>               |                                  |                               |
| <b>The Urantia Book</b>                                            | <b>1925 – 1935</b>               | <b>xxx as primary reading</b> |
| <b>Divine Love supporting reading:</b>                             |                                  |                               |
| <b>Revelations</b>                                                 | <b>1954 – 1963</b>               | <b>– Dr Daniel Samuels</b>    |
| <b>Judas of Kerioth</b>                                            | <b>2001 – 2003</b>               | <b>– Geoff Cutler</b>         |
| <b>The Golden Leaf</b>                                             | <b>2008</b>                      | <b>– Zara &amp; Nicholas</b>  |
| <b>The Richard Messages</b>                                        | <b>2012 – 2013</b>               | <b>– James Reid</b>           |
| <b>The Divine Universe</b>                                         | <b>2012 – 2013</b>               | <b>– Zara &amp; Nicholas</b>  |
| <b>Family Reunion Afterlife Contact</b>                            | <b>2014 – 2015</b>               | <b>– Joseph Babinsky</b>      |
| <b>Traveller, An Immortal Journey</b>                              | <b>2014 – 2015</b>               | <b>– Zara &amp; Nicholas</b>  |
| <b>Destiny, Eternal Messages of Divine Love</b>                    | <b>2015 – 2016</b>               | <b>– Zara &amp; Nicholas</b>  |
| <b>Feeling Healing</b>                                             | <b>2017</b>                      | <b>– James Moncrief</b>       |
| <b>Religion of Feelings</b>                                        | <b>2017</b>                      | <b>– James Moncrief</b>       |
| <b>The Way of Divine Love</b>                                      |                                  | <b>– Joseph Babinsky</b>      |
| <b>Divine Love – The Greatest Truth in the World</b>               |                                  | <b>– Joseph Babinsky</b>      |
| <b>The Human Soul</b>                                              |                                  | <b>– Joseph Babinsky</b>      |
| <b>Divine Love Flowing</b>                                         |                                  | <b>– Joseph Babinsky</b>      |
| <b>The Truth</b>                                                   |                                  | <b>– Werner Voets</b>         |
| <b>Through the Mists, The Life Elysian, The Gate of Heaven</b>     |                                  | <b>– Robert James Lees</b>    |
| <b>Life in the World Unseen</b>                                    |                                  | <b>– Anthony Borgia</b>       |
| <b>Gone West</b>                                                   |                                  | <b>– J M S Ward</b>           |
| <b>Post Mortem Journal</b>                                         |                                  | <b>– Jane Sherwood</b>        |
| <b>After Death / Letters from Julia</b>                            |                                  | <b>– William T Stead</b>      |
| <b>Thirty Years Among the Dead</b>                                 |                                  | <b>– Carl A Wickland</b>      |
| <b>A Wanderer in the Spirit Land</b>                               |                                  | <b>– Franchezzo</b>           |
| <b>Life Beyond the Veil Vol I thru to V – Rev George Vale Owen</b> |                                  | <b>– Geoff Cutler</b>         |
| <b>The Holy Bible from the Ancient Eastern Text</b>                |                                  | <b>– Dr George M Lamsa</b>    |

Available generally from:

[www.lulu.com](http://www.lulu.com)

[www.amazon.com](http://www.amazon.com)

[www.bookdepository.com](http://www.bookdepository.com)

For Divine Love focused websites and forums:

Pascas Health: <http://www.pascashealth.com/index.php/library.html>

Spiritual Development: <http://new-birth.net/spiritual-subjects/>

Padgett Books: <http://new-birth.net/padgetts-messages/>

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm>

**James Moncreif's books, the Padgett Messages and The Urantia Book at:**

**DIVINE LOVE SPIRITUALITY – DLS:**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945  
The Urantia Book (see suggested papers to read below)

**James Moncreif Books:**

|                                                                     | MoC   |                           |       |
|---------------------------------------------------------------------|-------|---------------------------|-------|
| The Rejected Ones – the Feminine Aspect of God                      | 1,490 | Nov 2002 – Jan 2003       | 228   |
| Messages from Mary and Jesus book 1                                 | 1,485 | Feb – Apr 2003            | 189   |
| Messages from Mary and Jesus book 2                                 | 1,485 | Apr – Oct 2003            | 170   |
| Mary Magdalene and Jesus' comments on the Padgett Messages – book 1 |       | Aug 2007                  | 164   |
| Messages from 31 May 1914 – 12 January 1915                         | 1,495 |                           |       |
| Mary Magdalene and Jesus' comments on the Padgett Messages – book 2 |       | Sep 2010                  | 177   |
| Messages from 13 January 1915 – 29 August 1915                      | 1,494 |                           |       |
| Speaking with Mary Magdalene and Jesus blog – book 1                | 1,490 | Jan – Apr 2013            | 206   |
| Speaking with Mary Magdalene and Jesus blog – book 2                | 1,489 | Apr – May 2013            | 229   |
| Speaking with Mary Magdalene and Jesus blog – book 3                | 1,490 | Oct – Jan 2014            | 187   |
| Speaking with Mary Magdalene and Jesus blog – book 4                | 1,491 | Jan – May 2014            | 191   |
| Mary Magdalene comments on Revelation from the Bible KJV            | 1,485 | Dec 2013 – Jan 2014       | 84    |
|                                                                     |       | This group being pages of | 1,825 |

|                                                                  |                        |                           |       |
|------------------------------------------------------------------|------------------------|---------------------------|-------|
| Paul – City of Light                                             | 1,488.5                | 2005                      | 149   |
| Ann and Terry                                                    |                        | 2013                      | 235   |
| Feeling bad? Bad Feelings are GOOD!                              | feeling-healing book 1 | 2006                      | 179   |
| Feeling bad will make you feel BETTER – Eventually!              | feeling-healing book 2 | 2006                      | 159   |
| Breaking the Golden Rule.                                        | feeling-healing book 3 | 2006                      | 168   |
| Feeling-Healing exercises, and other healing points to consider. |                        | 2009                      | 175   |
| Cathy and Mark – a novel introducing Feeling-Healing.            |                        | 2010                      | 151   |
| Introduction course to Divine Love Spirituality                  |                        | 2006                      | 139   |
| Speaking with the Dead, Death and Dying                          |                        | 2009                      | 173   |
| Spirits and their Childhood Repression Healing                   |                        | 2010                      | 179   |
| With Verna – a nature spirit                                     |                        | 2008                      | 279   |
| Communication with spirits – meet a spirit friend                |                        | 2010                      | 37    |
| Introduction to Divine Love Spirituality website                 |                        |                           | 362   |
| Sage – and the Healing Angels of Light                           |                        | 2017                      | 260   |
| Divine Love Spirituality                                         | 1,500                  | 2017                      | 201   |
| Feeling Healing – you can heal yourself through your feelings    |                        | 2017                      | 153   |
| Religion of Feelings                                             | 1,500                  | 2017                      | 47    |
|                                                                  |                        | This group being pages of | 3,046 |

**Religion of Feelings**

<http://religionoffeelings.weebly.com/>

**Introduction to Divine Love Spirituality**

<http://dlspirituality.weebly.com/>

**Main website of DLS**

<http://divinelovesp.weebly.com/>

**Childhood Repression website**

<http://childhoodrepression.weebly.com/>

**DLS and CR forum**

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

**FEELING HEALING and SOUL HEALING with the DIVINE LOVE:****James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

**Speaking with Mary Magdalene and Jesus – books 1 – 4**

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

**Paul – City of Light**

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

**Ann and Terry**

For an example of people who might want to immediately start working on themselves and doing their Healing.

**Feeling Bad? Bad feelings are GOOD**

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

**Feeling bad will make you feel BETTER – Eventually!**

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

**Sage – and the Healing Angels of Light**

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings  
Feeling Healing**

**Welcome to LOVE – the Religion of Feelings  
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

**The Padgett Messages being published as:****The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book**

**Release one's pain through expressing one's feelings.**

**in conjunction with**

**Longing for the Truth when also longing for Divine Love.**

**FEELING HEALING with DIVINE LOVE is SOUL HEALING:**

*A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.*

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing. Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing. Primary and most important readings are the writings of James Moncrief. Then consider the Padgett Messages, and then The Urantia Book.**

Pascas Papers, being free, are located within the Library Downloads [www.pascashealth.com](http://www.pascashealth.com)  
<http://www.pascashealth.com/index.php/library.html>

**PASCAS – document schedule.pdf      downloadable index to all Pascas Papers.**

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love; DL denotes Divine Love – living with the Love.

**PASCAS INTRODUCTION NOTES:** *All papers below can be found at Library Downloads link..*

- Pascas Care Letters A Huge Upturn
- Pascas Care Letters Big Revelation
- Pascas Care Letters Feeling Healing Benefits Children
- Pascas Care Letters Feeling Healing Way
- Pascas Care Letters Little Children
- Pascas Care Letters Women's Liberation and Mother

**MEDICAL – EMOTIONS:**

- Pascas Care – Feeling Healing
- Pascas Care – Feeling Healing All is Within
- Pascas Care – Feeling Healing and Health
- Pascas Care – Feeling Healing and History
- Pascas Care – Feeling Healing and Parenting
- Pascas Care – Feeling Healing and Rebellion
- Pascas Care – Feeling Healing and Starting
- Pascas Care – Feeling Healing and Will
- Pascas Care – Feeling Healing Angel Assistance
- Pascas Care – Feeling Healing Being Unloved
- Pascas Care – Feeling Healing Child Control
- Pascas Care – Feeling Healing Childhood Repression
- Pascas Care – Feeling Healing End Times
- Pascas Care – Feeling Healing is Rebellious
- Pascas Care – Feeling Healing Live True
- Pascas Care – Feeling Healing Mary Speaks
- Pascas Care – Feeling Healing My Soul
- Pascas Care – Feeling Healing Perfect State
- Pascas Care – Feeling Healing Revelations X 2
- Pascas Care – Feeling Healing the Future
- Pascas Care – Feeling Healing Trust Yourself
- Pascas Care – Feeling Healing Versus Cult

**PASCAS  
PAPERS**

**DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:**

