# PASCAS CARE Spheres 1 - CARE Diagrams



PASCAS FOUNDATION (Aust) LtdEm: info@pascasworldcare.comABN 23 133 271 593Em: info@pascashealth.comPascas Foundation is a not for profit organisationQueensland, AustraliaWww.pascasworldcare.comwww.pascasworldcare.com

#### PASCAS CARE – SPHERES 1 to INFINITY:

#### Diagrams

Everything that exists has a spirit body. It is the spirit body that governs the structure and appearance of the physical body. The spirit body is the template for the physical body.

From outward, looking within, the universe may appear to be material; from within, looking out, the same universe appears to be wholly spiritual.

Comparisons of naming for different regions:

1.			
	Spirit Worlds & Celestial Heavens	=	Our Satania System within Nebadon
	Capital of Celestial Heavens	=	Jerusem within Nebadon
	Capital of Nebadon	=	Salvington
	Eternal Spheres & Infinite		
	and Universal Spheres	=	Possibly within Nebadon
	Spheres of Paradise	=	Havona traverses around Isle of Paradise
	Super Grand Sphere	=	Isle of Paradise which is stationary
			-

Orvonton is one of seven super-universes that are called the Grand Universes and they revolve around a central universe.

We are located in Nebadon (Milky Way) on a planet called Urantia (Earth). Havona (Eternal Spheres) is located in the Central Universe that rotates inside the ring of seven Super-Universes.

The Central Universe circulates around the stationery Isle of Paradise being the Spheres of Paradise, the home of our Father, the Source Soul.

## EARTH is a very young PLANET within our SUPER-UNIVERSE which is the youngest of the seven super-universes:

There are seven super-universes, and the super-universe that Earth (Urantia) is within the youngest of those seven super-universes.

As one progresses out from the centre of a super-universe, inhabitable planets are younger and younger. The younger the planet then the less likely that it is inhabited. Earth is in the outer reaches of this young super-universe. As you progress further out from the centre, beyond Earth, there are few inhabited planets.

The outer segment that Earth is within is referred to as Satania. Our world, Urantia (Earth), is number 606 in this planetary group, or system, of Satania. This system has at present 619 inhabited worlds, and more than two hundred additional planets are evolving favourably toward becoming inhabited worlds at some future time.

We are not alone within this super-universe!



"Never can one man do more for another man than by making it known of the availability of the Feeling Healing process and Divine Love." JD



Firstly, consider discovering the truth of your emotional pain through Feeling Healing. Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing. Primary and most important readings are the writings of James Moncrief. Then consider the Padgett Messages, and then The Urantia Book.





Earth is within an outer arm of the super-universe in which we reside.



There are 100,000 MICHAEL soulmate pairs as REGENTS throughout our SUPER-UNIVERSE:

One of these 100,000 dots represents Nebadon, our local universe, consisting of 100 constellations with each constellation containing 100 systems which in turn have 1,000 worlds. The system in which Earth is within is called Satania.

Nebadon has some 10,000,000 physical planets, of which 3,840,101 are inhabited. The regents of Nebadon are the soulmate pair being Mary and Jesus.

This structure is repeated throughout our super-universe, called Orvoton, 100,000 times. There are some 100,000 Regent pairs, equivalent to Mary and Jesus, throughout our super-universe.



There are 7 super-universes that rotate around the Isle of Paradise which is the home of our Heavenly Parents, our Mother and Father. Thus, there are some 700,000 Regent pairs equivalent to Mary and Jesus.

When we progress beyond the spirit Mansion Worlds, we enter the first of the three Celestial spheres, the home city being Jerusem, this is also the home city for all 1,000 physical worlds in Satania. From there we will progress to Salvington being the head quarters for Nebadon and the home of Mary and Jesus. Then we progress to Paradise.



Earth

#### **<u>NEBADON, our LOCAL UNIVERSE</u>**:

A Local Universe - Nebadon. One hundred constellations (about 10,000,000 inhabitable planets) constitute a local universe. Nebadon contains 3,840,101 inhabited planets.

A Constellation. One hundred systems (about 100,000 inhabitable planets) make up a constellation.

A System. The basic unit of the supergovernment consists of about one thousand inhabited or inhabitable worlds.

Earth is #606 in the system of Satania and is the latest to have human life. Jerusem is the headquarters of our local system of Satania. Thus Jerusem is the city to which we arrive when we fuse with our indwelling spirit having sufficient Divine Love following our Healing and enter the first of three Celestial Heavens, all being for the 1,000 physical worlds within Satania.



INTERSTELLAR NEIGHBORHOOD

Salvington, in the centre of Nebadon, is the headquarters and home of our Creator Daughter and Son, the Michaels, namely Mary Magdalene and Jesus.

All descending Daughters and Sons of God have high and divine origins. They are dedicated to the descending ministry of service on the worlds and systems of time and space, there to facilitate the progress in the Paradise climb of the lowly creatures of evolutionary origin — the ascending daughters and sons of God (humanity - us). Those Daughters and Sons who come forth from the Deities on the central Isle of Light and Life are called the Paradise Daughters and Sons of God and embrace the following three orders: Creator Daughters and Sons - the Michaels, Magisterial Daughters and Sons the Avonals, the Trinity Teacher Daughters and Sons - the Daynals. All three groups have Spirits of Truth, no others do.

The remaining four orders of descending daughter and sonship are known as the Local Universe Daughters and Sons of God: Melchizedek Daughters and Sons, Vorondadek Daughters and Sons, Lanonandek Daughters and Sons, and Life Carriers.

The chief executive of a local system (such as Satania which includes Earth) of inhabited worlds is a primary Lanonandek Daughter and Son (was the Lucifers), the System Sovereign. The Lucifer Rebellion in the system of Satania was the last and the most widespread of all. Thirty seven (37) inhabited worlds were seduced into rebelling, by following the Lucifers and their deputies, the Satans. Earth then went on to Default at the time of Eve and Adam. Later on we crucified the Creator Son, Jesus, and ignored Mary. So now we have the physical presence of an Avonal Pair. Only the Avonal Pair can take on all of our wrongness and heal themselves. It is their Spirits of Truth that we are to long to so that we, humanity – all of us – can then heal the Rebellion and Default that we have all embraced.

Partly drawn from The Urantia Book (TUB) 7 July 2018

#### Paper 15: The Urantia Book 1925 – 1935

#### The Seven Super-Universes:

Excluding the Paradise – Havona spheres (Eternal Spheres and Spheres of Paradise), the plan of universe organisation provides for the following units:

Super-universes	Each has:	7		
Major sectors	10	70		
Minor sectors	1,000	7,000		
Local universes	100,000	700,000		
Constellations	1,000,000	70,000,000		
Local systems	1,000,000,000	7,000,000,000		
Inhabitable planets	1,000,000,000,000	7,000,000,000,000		
Each of the seven super-universes is constituted, approximately, as follows:				
One system embraces approximation of the system of the sys	mately	1,000 worlds		
One constellation (100 system	100,000 worlds			
One universe (100 constellation	10,000,000 worlds			
One minor sector (100 univers	ses)	1,000,000,000 worlds		
One major sector (100 minor s	sectors)	100,000,000,000 worlds		
One super-universe (10 major	sectors)	1,000,000,000,000 worlds		

<sup>37:10</sup> Within the super-universe of Orvonton is the universe of Nebadon, which even now has more than three million inhabited worlds, with ten million in prospect. In our solar system, Earth is one of 3 inhabitable worlds.

<sup>32:2.9</sup> The organization of planetary abodes is still progressing in Nebadon, a new region within superuniverse of Orvonton, for this universe is, indeed, a young cluster in the starry and planetary realms of Orvonton. At the last registry there were 3,840,101 inhabited planets in Nebadon, and Satania, the local system of your world, is fairly typical of other systems.

All such estimates are approximations at best, for new systems are constantly evolving while other organisations are temporarily passing out of material existence.

Practically all of the starry realms visible to the naked eye on Urantia (Earth) belong to the seventh section of the grand universe, the super-universe of Orvonton. The vast Milky Way starry system represents the central nucleus of Orvonton (Celestial Heavens). The seven super-universes make up the present organised grand universe, consisting of approximately seven trillion inhabitable worlds plus the architectural spheres and the one billion inhabited spheres of Havona (Eternal Spheres).

In our super-universe not one cool planet in forty is habitable by beings of our order. And, of course, the superheated suns and the frigid outlying worlds are unfit to harbour higher life. In our solar system only three planets are at present suited to harbour life. Urantia (Earth), in size, density, and location, is in many respects ideal for human habitation.

An almost endless variety of creature life and other living manifestations characterizes the countless worlds of space.

Orvonton, is one (1) of seven (7) super-universes that are called the Grand Super-Universes, and they revolve around a Central Universe. We are located in Nebadon (Milky Way) on a planet called Urantia (Earth). Havona (Eternal Spheres) is located in the central universe.



## ORVONTON Schematic Representation





## **ORVONTON** Schematic Representation

Our superuniverse is named Orvonton with headquarters being Uversa And each of the regions are also named, such as for those relative to Urantia (Earth):

10 major sectors	Splandon	with headquarters being Umajor the Fifth
Each of which contain		
100 minor sectors	Ensa	with headquarters being Uminor the Third
Of which each contains		
100 local universes	Nebadon	with headquarters being Salvington
Of which each contains		
100 constellations	Norlatiade	k with headquarters being Edentia
Of which each contains		
100 systems	Satania	with headquarters being Jerusem (Heaven)
Of which each contains		
1 000 inhahitahla nlanata	of which o	ur local solar system holds Urantia (Farth)

**1,000** inhabitable planets of which our local solar system holds Urantia (Earth) Thus our superuniverse may have 1 Trillion inhabitable planets of which one third may be inhabited. Most inhabitable planets are around the size of Earth, which is a little undersize.



#### **OUR PATHWAY to our HEAVENLY PARENTS:**

Eternal Spheres & Infinite and Universal Sphereswithin our SolaFurther progression=Jerusem within OrvontonSpheres of Paradise=Havona traverses around Isl	lar System
Subset Su	
Spheres of Furulate for the further of the further	le of Paradise
Super Grand Sphere = Isle of Paradise which is stat	tionary







## 'Aliens Exist' Says Canada's Former Defense Minister

Paul Hellyer, former Canadian defense minister, went on television and declared that not only do aliens exist but that they walk amongst us and are responsible for some of our modern technology. 6 Jan 2014 <u>http://fusion.net/modern\_life/story/aliens-exist-canadas-defense-minister-358002</u>

**'Blue Planet Project'** outlines in greater detail aspects of Paul Hellyer's report: <u>http://web.archive.org/web/20101217215629/http://metatech.org/blue\_planet\_project\_alien\_research.html</u>

#### WE ARE NOT ALONE:

In fact, our SuperUniverse is teaming with life!

The Spirit Worlds, commonly called the mansion worlds, and being numbered 1-7 (TUB numbers them 7-1), and the higher Celestial Heavens (spheres), appear to be within our local solar system, although they are not physical worlds like Earth – we can't visit them in a space ship, only in our spirit bodies, each world and sphere being of a higher spiritual vibration. Each of the spirit worlds and spheres are in close proximity of each other, and provide successive places of residence for us now that we've been individualised / incarnated on planet Earth.

As we develop in Love we progress in and up through these worlds and spheres to ever brighter ones. Progression beyond the 7th Divine Love world results in our migration from the mansion worlds to the Celestial Heavens.

<sup>37:10.</sup> The universe of Nebadon, which even now has more than three million inhabited worlds, with ten million in prospect. In our solar system, Earth is one of three inhabitable worlds. (The Urantia Book TUB)

<sup>32:2.9</sup> The organization of planetary abodes is still progressing in Nebadon, for this universe is, indeed, a young cluster in the starry and planetary realms of Orvonton. At the last registry there were 3,840,101 inhabited planets in Nebadon, and Satania, the local system of our world, Urantia / Earth, is fairly typical of other systems.

The Mansion Worlds of the Celestial Heavens are in the region of Jerusem.

<sup>119:8.8</sup> Urantia (Earth) is the sentimental shrine of all Nebadon, the chief of ten million (100 x 100 x 1,000) inhabitable worlds, the mortal home of Christ Michael, sovereign of all Nebadon, a Melchizedek minister to the realms, a system saviour, an Adamic redeemer, a seraphic fellow, an associate of ascending spirits, a morontia progressor, a Son of Man in the likeness of mortal flesh, and the Planetary Prince of Urantia (Earth). And your record tells the truth when it says that this same Jesus has promised sometime to return to the world of his terminal bestowal, the World of the Cross. This he has done through the Padgett Messages, etc.



system, of Satania.

\*Nassim Haramein – Science behind the Unified Field & Its Application' www.TheResonanceProject.org https://www.youtube.com/watch?v=31YNnK5gRSc&app=desktop

#### MANSION WORLDS for the Humanity of Earth, being spirit spheres 1 to 7: 27 November 2018

James: At least talking about the Mansion Worlds is on safer ground.

Nanna Beth  $-3^{rd}$  Celestial Heaven: Absolutely James, I am always able to shed more light on the Bigger Picture for you, however I'm afraid, that to do with the personal such as about the money and so on, not as much.

The Mansion Worlds (for humanity of Earth) are wholly being used for Urantia (Earth) at this point in time, and have been for a long time. We don't have our own worlds as such, it's just that we've been 'allocated' the use of them for the time being. And that will continue until the end of the Spiritual Age (now commencing for 1,000 years), then Urantian spirits will be joined by others from other 'earths'.

And you understand the quarantine status is because of the Rebellion, so when it breaks and humanity starts to heal itself then humanity will come out of its self-imposed isolation.

There are Mansion Worlds provided for varying numbers of 'earths'. The Urantia Book, which John was talking about, is the universal standard, but nothing about Urantia (Earth) is standard anymore.

James: So how is it for you Healed Celestials, when do you become part of the greater universal whole?

Nanna Beth: From the fourth Celestial onwards we become part of the whole with our focus on our Paradise ascent then being wholly consuming. As I've told you, the first three Celestial spheres are still primarily focused on assisting Urantia – you people on Earth and in the mind and healing Mansion Worlds (spheres 1 to 7), however there is also some progressive universal involvement. We go to classes, which are voluntary, that introduce us to greater universal awareness. We go to 'meet-ups' in which small numbers of our soulgroups might meet small numbers of other soulgroups from other physical worlds. And these are always very interesting to compare our lives with theirs. But these meetings are for the most part for us being still of the first three Celestial spheres, information, they are not as yet about forming relationships with spirits from other planets, nor are we actively involved with universal work with them. However having said that, there are increasing numbers of Celestials from the lower three spheres who are starting to have more personally to do with spirits from other worlds and those spirits with us. Not all the Celestials with us want to be focused on Earth or the Mansion Worlds all the time. We all still have to do something with Earth, but with some of us that is becoming less and less. That's all part of the change. By the end of this forthcoming Spiritual Age, we Celestials won't be needed to have such an intense and personal focus with people on Earth and in the Mansion Worlds, so those Celestials in the lower three spheres (of the Celestial Heavens) will have more immediately to do with spirits from other worlds.

So you can see James, this time now and for the next Age is going to be unique. Every moment is of course unique, however in terms of time, 1,000 years is like a brief moment compared to tens of thousands of years of a normal age. And we'll be doing a lot within it on all levels.

So humanity doesn't start getting let out of its prison until the end of the next Age, however you can start letting yourself out of your own personal one anytime now by doing your Healing.



#### **SPHERES of PARADISE**

#### **INFINITE and UNIVERSAL SPHERES**

#### **ETERNAL SPHERES**

Soul spheres are not numbered.

**CELESTIAL HEAVENS** 

The New Birth = Become at one with God: sphere 8

**Peak Sphere =** 

NATURAL LOVE SPHERES



Soul spheres are to:



Spirit body spheres are 1-7

DIVINE LOVE SPHERES

Earth sphere is for the physical body.

7

5

3

mber 2013
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It has been said that there are many spheres within a Sphere. The truth is there are many environments within a Sphere, much like there are many countries and have been many cultures that have lived on all the lands of the one single Earth. This should give you some idea and clarification on the Spheres. There is only one Sphere with many environments and cultures living in each Sphere.

Archer (the Warrior now progressing to the Celestial Spheres)

Spheres – Flowers in Her Hairmessage: 931 October 2013

The First Natural Sphere is one Sphere that is enormous and it consists of many environments. It is the biggest Sphere of all the Spheres for so many live in a good condition of natural love and, of course, this is the Sphere that receives every human life that enters the spirit world. There are Spheres in the Celestial Heaven and the Eternal Spheres that are larger in space, but have less population residing there.

Mary (who arrived in the spirit world from USA in 1975)

PRAYER for DIVINE LOVE:library download pages atwww.pascashealth.comKindly visit the library download pages atwww.pascashealth.comas further recordings are added.Should you click on the audio files, you will also be able to download the audio file onto your computer.Prayer for Divine Love – from the Padgett Messageshttp://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Prayer%20for%20Divine%20Love%20from%20the%20Padgett%20Messages.mp3The Voice of Divine Love

http://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/The%20Voice%20Of%20Divine%20Love.m4a

To liberate one's real self, being one's soul, is by embracing Feeling Healing so as to clear emotional injuries and errors. With the Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

"Every day is a day of devotion."

Please Mother and Father, may I receive Your LOVE.

God's Divine Love: Pray for it, ask for it, and receive it.

Our salvation IS the embracement of the Feeling Healing process and Divine Love.

#### **NATURAL LOVE and DIVINE LOVE SPHERES:**



#### **NATURAL LOVE and DIVINE LOVE SPHERES and FEELING HEALING PLANES:**

#### **<u>CURRENTLY before HANDOVER!</u>** Divine Love progress is to infinity

Peak of 7<sup>th</sup> sphere is where one becomes at one with our Heavenly Parents.



#### NATURAL LOVE and DIVINE LOVE SPHERES and FEELING HEALING PLANES:

#### After the HAND OVER!

**Divine Love progress is to infinity** 

Peak of 7<sup>th</sup> sphere is where one becomes at one with our Heavenly Parents. These calibrations are an approximation

utilising Dr David Hawkins' **Divine Love** 'Map of Consciousness' table: 7<sup>th</sup> Sphere + 6<sup>th</sup> growth Natural Love peak is 1,000 on MoC MoC 840 -**Natural Love** 1,080 6<sup>th</sup> Sphere Mansion / Mind Worlds with **Feeling Healing** MoC 840-1,000 **Divine Love** Progressing 5<sup>th</sup> Sphere +4<sup>th</sup> growth MoC 650 -**Natural Love** 840 4<sup>th</sup> Sphere **Mansion / Mind** Worlds with **Divine Love Feeling Healing** 3<sup>rd</sup> Sphere + 2<sup>nd</sup> growth MoC 500 -MoC 650 - 840 completed 650 **Natural Love** 2<sup>nd</sup> Sphere **One's natural Mansion / Minds** love is always Worlds with progressively **Feeling Healing** perfected during MoC 500 - 650 this journey of evolution of the soul. **Natural Love** 1<sup>st</sup> Sphere Upon embracing Divine Love at any MoC 200 - 500 stage, then one can progress through the Divine Love spheres 3, 5, 7, whilst We all enter the 1<sup>st</sup> also doing their Feeling-Healing. natural love sphere on the death of our body. Even though a person may have received Love is Divine Love, they do not avoid **HELL planes:** compensation or doing their Feeling-MoC 1 - 200

Hells being a sub-set of 2 Spheres of Disharmony. Natural Love sectors for those doing their Feeling-Healing, without the Love, are within the **Natural Love** Mansion Worlds:

through the natural love worlds, within **Feeling-Healing** sectors, while doing one's feeling healing, upon reaching the 6<sup>th</sup> Sphere having Feeling-Healing, one can then embrace the **Divine Love and** proceed directly to the 5<sup>th</sup> Divine Love Sphere.

Then they may prepare to enter the Celestial **Heaven Spheres** from there.

This pathway is when the Divine unavailable before perfecting one's soul.

Healing, so they may still spend time within the spheres of disharmony.

#### **SPIRIT MIND MANSION WORLDS are numbered 1 to 7:**

#### To PARADISE, the HOME of OUR HEAVENLY PARENTS

**Progression from the top Celestial** Spirit Mansion Worlds are those 1 – 7. Heaven sphere is to the Eternal They with the Celestial Heaven spheres Spheres, Infinite and Universal and 10 numbered 8, 9, 10 as well as the 3 Spheres further onwards to Paradise. of Disharmony are all within the Earth's 3<sup>rd</sup> Celestial **Celestial Heaven** environment, and rather close by. Heaven 9 spheres 8, 9, 10 Each sphere can accommodate more than **Sphere** are often referred 100 times the people than Earth may do. 2<sup>nd</sup> Celestial to as 1, 2, and 3 of Heaven **Celestial Heaven. Natural Love sphere Sphere** progression stops at 6 sphere 6. With only 8 Natural Love **Divine Love perfects one's** the natural love. Mind natural love soul through 1<sup>st</sup> Celestial progression is through the progression via spirit Mansion Heaven spheres 1, 2, 4, and 6 World world spheres 3, 5, and 7. **Sphere** only. Soul-Healing and Atonement is achieved **One can embrace** through the progression **Divine Love at any** 4 into sphere 8 which is the time and move to DL **Natural Love** first of the Celestial Heaven sphere 3 and continue. **Divine Love** Mind spheres namely 8, 9, and 10. Healing Mansion The Divine Love spheres 3, 5, 7, 8, World World 9, and 10 were opened by Jesus. 5 2 **Divine Love** 3 **Natural Love** Healing **Divine Love** Mind World Healing **Mansion** World World Natural Love Mind On death of the physical Earth is for the individualisation of souls Mansion body we all arrive in the being the commencements of one's World 1<sup>st</sup> Natural Love sphere. journey home toward the Source Soul. **The Pre-Incarnational Sphere is** The 2 Planes of Disharmony are the waiting area for souls to be the hells. While one desires to cause 1 individualised / incarnated. harm to others, isolation is applied. There are seven Earth planes around Earth, **Once the Law of Compensation is** which are separate from the Mansion Worlds, completed then one can then but we only have access to two of them, which progress and return to the 1<sup>st</sup> Natural 2 include the 'hells'. Each of the Mansion Love sphere and continue in their Worlds also have their own seven planes progression onto higher spheres. 'around' them.

Note: The 1<sup>st</sup> Divine Love Sphere and the 1<sup>st</sup> Sphere of Disharmony may simply be planes within the 1<sup>st</sup> Natural Love Spirit World.

#### NATURAL LOVE SPIRIT MIND MANSION WORLDS:

6 Natural Love Mind Mansion World

4 Natural Love Mind Mansion World

Following the First Parents and subsequent to the Rebellion by Lucifer and his soulmate, and then the Default by Adam and Eve, and up until the birth of Jesus of Nazareth, the spirit world mind mansion world spheres that were open to habitation to spirit people were only those pertaining to natural love essence, being the substance upon which our soul is formed. Natural love is Creation's love.

Natural Love sphere progression stops at sphere 6. With only the natural love, progression is through spheres 1, 2, 4, and 6 only. With Divine Love and Feeling Healing one cannot progress beyond sphere 6.

One can embrace Divine Love and one's Feeling Healing at any time and move to Divine Love sphere 3 and continue. This became possible upon the birth of Jesus.

2 **Natural Love** Mind **Mansion** World

On death of the

arrive in the 1<sup>st</sup>

Natural Love Mind Mansion physical body we all World Natural Love sphere.

1

1

2

The 2 Planes of Disharmony are the hells. While one desires to cause harm to others, isolation is applied. Once the Law of **Compensation is completed** then one can then progress and return to the 1<sup>st</sup> Natural Love sphere and continue in their progression onto higher spheres.

Earth is for the individualisation of souls being the commencements of one's journey home toward the Source Soul.

> **The Pre-Incarnational** Sphere is the waiting area for souls to be individualised / incarnated.

There are seven Earth planes around Earth, which are separate from the Mansion Worlds, but we only have access to two of them, which include the 'hells'. Each of the mansion worlds also have their own seven planes 'around' them.

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#### **DIVINE LOVE SPIRIT WORLDS and CELESTIAL HEAVEN OPENED:**

#### To PARADISE, the HOME of OUR HEAVENLY PARENTS



#### SPHERES: KINGDOM of MAN – SPIRIT WORLD

The first 7 spheres have logical and clearly defined end points both at the 6<sup>th</sup> and 7<sup>th</sup> spheres. Therefore a sequence of numbers is useful as a reference. Within each of these lower spheres there are many stations or subspheres so to speak through which beings move. There are barriers preventing movement from one to a higher one until the necessary changes have been made. The 6<sup>th</sup> sphere is the ending point for those who are following what has been referred to as the Natural Love Path.

There exists a barrier between the earthly levels and the spirit levels and this is largely man-made. This barrier has been built on fear and is made of belief.

#### Spheres:

5

4

3

2

1

- 7 The 7<sup>th</sup> sphere is the transitional stage between the lower spheres and up into the Celestial Realms.
- Each of us who are within the Celestial Spheres knows who he or she is and knows what we can do. That one might be a little or a lot further along the path makes no difference to the mutual love that we feel or the level of cooperation that is found in every endeavour. If one is further along, that one is then committed to helping all others to come along. There is absolutely no sense of competition. That was left behind long

There are barriers within the structure of the spiritual realms which constrain beings until they are fit to make the move to a higher level. This is not in anyway competitive or subject to examination but is to ensure that the being concerned does know what they need to know in order to function at the next level. The transition, when it happens, is totally smooth and natural and dependent of the level of knowledge of the being.

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### KINGDOM of GOD – CELESTIAL REALMS

Above the 7<sup>th</sup> sphere we enter into a greater awareness of infinity.

Why attempt to number infinity?

There is a much less clearly defined system of Celestial Spheres with what we could call a blurring of the edges.



Earth is blanketed by the 1<sup>st</sup> Natural Love sphere at all times. 1<sup>st</sup> Natural Love sphere on the left is connected by portals to adjacent spheres, Natural Love spheres 2, 4, and 6 rising on the left in order, Divine Love spheres being 1, 3, 5, and 7 starting with 1 on the right. Those who arrive in the 1<sup>st</sup> Natural Love sphere and are still dominated by desires to cause harm to others and themselves may find their first lodgings in the Spheres of Disharmony being 2 and 3, being planes of Earth. Our soul condition will determine where our initial lodgings will be in the spirit worlds when we first arrive in the spirit worlds.

Those who embrace Divine Love will proceed through the Divine Love Spheres and then onto the Celestial Heaven Spheres which are further in towards the centre of the Universe.



Strive to love others as I am to love myself

Golden Rule: that one must always honour another's will as one honours one's own.

#### **The FIRST NATURAL LOVE SPHERE:**

- a. Blankets Earth.
- b. The first Sphere is like this surrounding the orbit of Earth around the Sun.
- c. The first natural love sphere is massive. Should all the souls that have been individualised and are yet to be individualised (incarnated) remain within the 1<sup>st</sup> natural love sphere, then there is more than sufficient capabilities for them to be accommodated.





First Natural Love Sphere ( $1^{st}$  Sphere) has a surface area approximately 100 times greater than the surface are of the Earth, or much greater. Thus the radius of  $1^{st}$  spirit world sphere may be ten times greater than that of Earth. The Earth is positioned within the centre of the spirit world spheres. Considering the radius of the Earth (6,371 kilometres) and the distance of the Moon from Earth (384,400 kilometres) then the surface of the  $1^{st}$  sphere may be around 1/6 to 2/5 of the distance out from Earth compared to that of the distance the Moon is out from Earth.

"As you proceed away from Earth, upwards, there is no void between any two spheres." "Each sphere, as you progress, is blended into the next by a kind of borderland." The 3 Spheres of Disharmony may be in varying stages between the 1<sup>st</sup> sphere and the surface of Earth, thus creating a negative emotional crust that is further impacted by humanities soul condition resulting in a 'murky fog' around the planet. Note: Comments here are partly assumption based.

#### SPHERES - SPIRIT WORLDS - within the Earth's Solar System:

8 – 10 Celestial Heaven Spheres outside

7<sup>th</sup> Sphere – Transition Divine Love

6<sup>th</sup> Spirit World Sphere natural love

5<sup>th</sup> Spirit World Sphere Divine Love

4<sup>th</sup> Spirit World Sphere natural love

3<sup>rd</sup> Spirit World Sphere Divine Love

2<sup>nd</sup> Spirit World Sphere natural love

1<sup>st</sup> Spirit World Spheres natural love Disharmony is a plane firstly Planes of Disharmony 1<sup>st</sup> (hells) 2<sup>nd</sup>

Earth cloaked in mist and gloom

All souls with their spirit bodies transition firstly to the 1<sup>st</sup> Sphere, this sphere is much closer to Earth than to the Moon. All souls to be individualised through Earth can be accommodated in the 1<sup>st</sup> Natural Love Sphere. The Planes of Disharmony, hells, are possibly between 1<sup>st</sup> sphere and Earth. Natural Love spheres are 1, 2, 4 & 6. The Divine Love spheres are 3, 5 & 7. Celestial Heaven spheres are 8, 9 & 10. Higher sphere systems are not numbered: being the Eternal Spheres, Infinite and Universal Spheres, then Isles of Paradise and then finally the **Super Grand Sphere.** These further sets of spheres interact with life through out the universes.



Note: The 1<sup>st</sup> Divine Love Sphere and the 1<sup>st</sup> Sphere of Disharmony may simply be planes within the 1<sup>st</sup> Natural Love Spirit World.



#### I'D TURN BACK IF I WERE YOU!

The Natural love spirit Mansion Worlds as to how they have been for all these hundreds of thousands of years and as they are set up currently, are to help spirits advance to the fullest of their self-denial that they can. That is, so as to become as evil as they can. And all under the guise of being 'loving'.

## I'D TURN BACK If I were you!

It's why they are called the mind worlds, namely Mansion World / spheres 1, 2, 4 and 6. That is because the spirits are using their minds to complete their rebellion – denial of self and feelings, and rejection of our Heavenly Parents as well their Creator Son and Daughter. So yes, the top of Mansion World sphere 6, spirits are the most evil, the most in rebellion, the most in default, the most wrong and unloving and untrue, even though, they appear, because they've trained their mind to do so, to be the most loving, but it's all false and contrived – such as the Eastern gurus. Total mind over feelings, blocking all the bad ones and using your mind to only make you feel good.

Typical of those on their way up in the mind worlds are not open to anything, they do not want to know about feeling bad and going with their bad feelings looking for their truth, because that scares them, that's not nice, that doesn't make one feel good, it threatens their control, they reject that preferring to stay in their nice safe space. Which is how it is for these Natural love mind spirits using their minds to control their feelings.

We've all got to take responsibility for our evilness even though we were made to be that way and rebel by default, but there is no getting away from it, and it has to be compensated right to the last farthing, which is what being in the hell planes is all about, and which keeps being applied right the way through the Mansion Worlds. In the mind worlds you can continue to use that inner pressure requiring compensation for your bad deeds, to further contrive love and pretend you are all holy and loving and not hurting anyone anymore, which on the surface of it you are not, but underneath still are, all the way up through to the sixth world; or, you can allow it to keep working on you right the way up through the Divine Love Mansion Worlds doing your Healing.

And apparently what's going to happen is the Natural love mind Mansion Worlds are going to be divided, so within them, there will be spirits doing their Feeling Healing – without the Divine Love, and still limited to the sixth Mansion World, but looking to be true and end their rebellion. And then there will be those still carrying on denying themselves as they have always done. So you will have spirits in the Feeling Healing Natural love sectors that will truly perfect their Natural love; and those spirits still in the mind sectors perfecting their wrongness. The opposites or extremes living side by side. And then you'll still have the Divine Love Healing Mansion Worlds, being spheres 3, 5, and 7, doing their Soul Healing.

And as for a summation: "Divine Love Mansion World / Sphere 3 is the wakening up to the truth that one is not loving, also their being a lot of assistance. Sphere 5 is then about going right into the depths of feeling how unloved you feel and seeing how unloving you are and how that makes you feel, also this a time when one can then progress and manage their own progress through their Feeling Healing. Sphere 7 is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving, this is a time

of great realisation and comprehension with much of the prior experiences starting to be drawn together."

Mansion World 3: is for waking up to the truth that you're not loving and starting to get in touch with your pain, starting to accept your bad feelings, starting to work with them instead of rejecting them.

Mansion World 5: is then about going right into the depths of them, feeling how unloved you feel and seeing how unloving you are and how that makes you feel, bringing out the majority of your pain, your misery, fear, anger, guilt, hatred, boredom, terror, rejection, nothingness, feeling powerless, alone and abandoned, and so on.

Mansion World 7: is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving, understanding how your relationships are unloving, how you don't connect properly, how unloving you really are and why and fully accepting the truth of it, coming completely to grips with your parents not loving you as you needed to be loved – sorting it all out, including your self and feeling expression difficulties.

It is agreed that the lower worlds are about waking up to what's involved, however from then on it depends on how it's all structured for the individual in their negative state as to how much ongoing assistance they might need. Some need help all the way along, whereas others have been able to work with their feelings, themselves, right from the beginning.

And yes, each of the Divine Love healing Mansion Worlds, 3, 5 and 7, are equally painful to work through, just focusing on different aspects of yourself and your Feeling Healing with Divine Love. And then in the higher planes of the  $7^{th}$  world comes the transition, where one's pain starts to end, and you start feeling so much better about yourself, you are fully accepting of your negative unloving state, you are fully unloving although even starting to become more loving – truly loving, of yourself, God, and then other people.

Then onto the Celestial Heavens by progressing into Sphere 8 and then onwards further, all the way home to Paradise.

Maybe something like 6 billion people have recognised that our Mother and Father's Divine Love, together with embracing one's Feeling Healing, that with these two aspects, have progressed through the Mansion Worlds to the Celestial Heavens and onwards.

More than 200 billion personalities have embraced their mind and self reliance through the misguidance of 'New Age' styled ideologies and the many thousands of different religious platforms, all of which take the person further and further away from our Heavenly Parents.

The 1<sup>st</sup> and 2<sup>nd</sup> Spirit Mind Mansion Worlds / spheres are jammed to the rafters.

For a million years, humanity has gone in the wrong direction with its self-denial of self and feeling!

Nanna Beth

Sunday, 18 June 2017



God is God, who is our Heavenly Mother and Father, being SoulMates. There is only one Soul that is God's Soul, that being the Soul of our Mother and Father. Our Heavenly Parents are the First Soulmates; The Two Who Are One who have brought us all into being.

Jesus and Mary are a son and daughter of God.





Jesus of Nazareth and Mary of Magdalene, being soulmates, where both free of sin. Jesus and Mary, combined in their love for us, are our teachers and guidance for us to find our way home to our Heavenly Parents. To start this journey we are to liberate our souls from being entombed within our suppressive minds, through feeling and longing for the truth of our feelings via our soul and peel away our injuries incurred since conception.

Give yourself time to consolidate your relationship with the Mother and Father through the partaking of Their Love. And whilst you are doing this, you can learn about your healing, all that's involved with it, as there are many willing spirits to share their healing experiences with you.

When you are ready it will start happening simply because you will want it to, it all being orchestrated by your soul. And when that time comes you will have developed a strong foundation in your relationship with the Mother and Father for you to work from. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

It is to make longing for God's Love the priority, and then do one's healing; should one want to include God and the Divine Love in one's feeling healing. This is doing your soul-healing as you are seeking to heal your soul of all evilness – of that which made you become evil, and release all the hurt and pain of not being fully and truly loved.



#### **MONITORING and MANAGING the HANDOVER to the AVONAL PAIR:**



#### **ENVIRONMENTS within SPHERES:**

The First Natural Sphere is one Sphere that is enormous and it consists of many environments. It is an enormous Sphere for so many live in a good condition of natural love and this is the Sphere that receives every human life that enters the spirit world. There are spheres in the Celestial Heavens and the Eternal Spheres that are larger in space, but have less population residing there.

Within the spheres, one's soul condition determines what location one is destined for. At all times, the environment is harmonious for one's soul condition. Thus, spirit people with very similar soul condition will be together. This creates many communities, each being harmonious for a specific soul condition level. In this way, the 1<sup>st</sup> sphere consists of many locations that could be considered as nations, however within each spirit grouping that community consists of only one soul condition level, whereas on Earth we have saints and sinners all living together. People cannot determine or assess another's condition, nor can they assess their own soul condition.

It has been said that there are many spheres within a sphere. The truth is there are many environments within a sphere, much like there are many countries and have been many cultures that have lived on all lands of the one single Earth. There is only one sphere with many environments and cultures living in each Sphere.

A spirit cannot be attracted to an environment or another spirit in which the individual is out of condition to do so. The essence of this is that no spirit can injure another spirit or can put one's self in harms way or travel to an environment that will be harmful to the spirit-senses of that individual. This is part of the way that God maintains harmony in the vast populations of personalities residing in these tremendous spheres.

Generally, as soon as the individual accepts the Divine Love, the individual begins to advance their soul condition and as the attraction of the Spirit Law of Compensation diminishes, the soul condition of the individual enjoys the feelings of harmony produced and changing environments. The purpose of the Divine Love is to enable the individual to live in harmony with God.



The poorest soul in condition can still receive the Divine Love. No human or spirit is ever beyond reach of it.

Notes from Celestial Soul Condition via Zara Borthwick and Nicolas Arnold

#### **ENVIRONMENTAL DESTINATIONS:**

The predominant emotional aspect of each person is clearly visible through one's spirit body. One's soul condition is basically the average of one's emotional makeup. Those with the same appearance will find themselves together having the same emotional / soul condition. Those reflecting a higher level of love will find themselves in a more beautiful and brighter location than those with a poorer soul condition who may find themselves in a dull and dreary location.

From there, we can all develop our love and progressively advance to ever increasing in splendour environments, referred to as planes.









#### **SOUL CONDITION and SPIRIT PLANES:**

Our soul condition determines the environment or plane that we reside within in the spirit world. In this way we are always in harmony with those around us. As we develop our soul condition we then move to a plane that then reflects our personal soul condition.

Moving from one sphere to higher sphere is a major progression achieved with our soul love development.




# LIVE FEELINGS FIRST

#### The URANTIA Book:

- Comparisons of naming for different regions:
  - Spirit World & Celestial Heaven Capital of the Celestial Heaven Capital of Nebadon Eternal Spheres, Infinite and Universal Spheres of Paradise Super Grand Sphere
- Messages received 1925 1935 and published in 1955
  - = Our Satania System within Nebadon
  - = Jerusem within Nebadon
  - = Salvington
  - = Possibly within Nebadon
  - = Havona traverses around Isle of Paradise
  - = Isle of Paradise which is stationary



#### <u>Celestial Heavens</u> = Jerusem within the super-universe Orvonton

All fifty-six of the encircling worlds of Jerusem are devoted to the transitional culture of ascending mortals, but the seven satellites of world number one are more specifically known as the Mansion Worlds.



Comparisons of naming for different regions:

iparisons of naming for anterent regions.		
Spirit Worlds & Celestial Heaven	=	Our Satania System and within Nebadon
Capital of the 1 <sup>st</sup> Celestial Heaven	=	Jerusem within Nebadon
Capital of Nebadon	=	Salvington
Eternal Spheres, Infinite and Universal	=	Possibly within Nebadon
Further stages of progression	=	Beyond Nebadon within Orvonton
Further stages of progression	=	Havona traverses around Isle of Paradise
Spheres of Paradise	=	Isle of Paradise which is stationary

Orvonton is one of seven super-universes that are called the Grand Universes and they revolve around a central universe.

We are located in Nebadon (Milky Way) on a planet called Urantia (Earth). Havona is located in the Central Universe which circulates around the Isle of Paradise.

The Central Universe circulates around the stationery Isle of Paradise, the home of our Mother and Father.

#### The Isle of Paradise, Source and Centre:

The Urantia Book 1925 – 1935

Paradise is not in space; space exists relative to Paradise. The eternal Isle is absolutely at rest; all other organized and organizing energy is in eternal motion. Paradise exists at the focus of space, the Unqualified pervades it, and all relative existence has its being within this domain. Only the Paradise Isle is truly absolute in the "materialized" sense. Neither is it a finite evolutionary creation as are the seven super-universes. Havona (Eternal Spheres) is eternal but not changeless in the sense of being a universe of non-growth. It is inhabited by creatures (Havona natives) who never were actually created, for they are eternally existent. Havona thus illustrates something which is not exactly finite nor yet absolute. Havona further acts as a buffer between absolute Paradise and finite creations.

The universe in which we now live may be thought of as existing on finite, transcendental, and absolute levels. This is the cosmic stage on which is enacted the endless drama of personality performance and energy metamorphosis.

In this universe age we are all witnessing the stupendous repercussions of the far-flung cosmic panorama of the sub-absolute manifestations of the limitless potentials of all these realities. And it is altogether possible that the continued diversification of the original reality of our Heavenly Parents and Centre may proceed onward and outward throughout age upon age, on and on, into the faraway and inconceivable stretches of absolute infinity.











#### **OUR JOURNEY is to the CENTRE while the UNIVERSES PROGRESSIVELY DEVELOP:**

Reality growth is conditioned by the circumstances of the successive universe ages. The central universe underwent no evolutionary change in the Havona age, but in the present epochs of the superuniverse age it is undergoing certain progressive changes induced by co-ordination with the evolutionary super-universes. The seven super-universes, now evolving, will sometime attain the settled status of light and life, will attain the growth limit for the present universe age. But beyond doubt, the next age, the age of the first outer space level, will release the super-universes from the destiny limitations of the present age. Repletion is continually being superimposed upon completion.

The Isle of Paradise remains stationery while Havona (Eternal Spheres) circulates around it, the centre. Then the seven super-universes circulate around Havona. Further out are further forming super-universes.



As the universes expand, and as gravity and love reach out into time-organizing space, we are able to understand more and more of our Heavenly Parents and Centre.

No matter how much you may grow in Mother and Father comprehension, your mind will always be staggered by the unrevealed infinity of the Mother and Father – I AM, the unexplored vastness of which will always remain unfathomable and incomprehensible throughout all the cycles of eternity. No matter how much of God you may attain, there will always remain much more of him, the existence of which you will not even suspect. And we believe that this is just as true on transcendental levels as it is in the domains of finite existence. The quest for God is endless!

The infinity of God should be the supreme assurance that throughout all endless futurity an ascending personality will have before him the possibilities of personality development and Deity association which even eternity will neither exhaust nor terminate.

A life predicated on the living of the Mother and Father's will leads directly to the attainment of spirit supremacy in the personality arena and brings such creatures one step nearer the comprehension of the Mother and Father-Infinite. Such a Mother and Father life is one predicated on truth, sensitive to beauty, and dominated by goodness. Such a God-knowing person is inwardly illuminated by worship and outwardly devoted to the wholehearted service of the universal brotherhood of all personalities, a service ministry which is filled with mercy and motivated by love, while all these life qualities are unified in the evolving personality on ever-ascending levels of cosmic wisdom, self-realization, God-finding, and Mother and Father worship.



Whilst we are receiving our Heavenly Parents' Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way our Mother and Father are actually loving us! When we progress, it is God's way of loving us into love and then we live what we are, love.



#### **GAINING the equivalent of PhDs SPHERE by SPHERE:**

The journey to our ultimate destination is of enormous proportions, however, we have loving assistance and guidance all the way.

Consider that each major sphere that we progress through is capped with the granting of a PhD. Thus our journey to our ultimate home could be said to represent the achievement of gaining some 16 PhDs!!! Incredible!

Yes, we can all do it. As we ask for and receive Divine Love, as well as doing our Feeling Healing, we accumulate this wonderful essence progressively within our every growing soul, all visible due to the luminosity that this wonderful substance generates through our solar plexus of our spirit body. Our solar plexus are called this way due to this radiance emanating from that location of our being.

Major spheres that we may advance through are:

Spirit World (Divine Love) spheres	4	
Celestial Heavens spheres	3	
Eternal Spheres	3	
Infinite and Universal Spheres	3	
Spheres of Paradise	3	then
Super Grand Sphere surrounding God's Spher	e & S	Soul

Total number of graduations **PhDs** 

16

Each sphere contains numerous planes and layers, thus our journey will have an incomprehensible diversity of experiences, all incredibly loving, progressive, evolutionary and creative once we set to commencing by simply longing for to our Mother and Father, please may I receive your Love! Divine Love will never be withheld from us once we ask.

When we arrive we will be amongst the most capped personalities ever imaginable!

This is one time when this statement stands out:

"Never can one man do more for another man than by making it known of the availability of the Feeling Healing process and Divine Love." JD



#### **JOURNEY HOME to OUR HEAVENLY PARENTS:**

As we learn to grow in love and love our Mother and Father, we will progressively move through the superuniverse, into the eternal spheres and then to the Isle of Paradise, our destination is to be near our Parents.

Asking for and receiving Divine Love enables us to enter and progress from the Divine Love spirit world (orange)

then to the Celestial Heavens (red) then to Eternal Spheres (ruby) then Infinite & Universal (blue) then to Isles of Paradise (purple) then to the Super Grand Sphere being our ultimate home.

Pre-incarnational sphere is close to Earth as is the 1<sup>st</sup> natural love sphere. Progression with Divine Love is to infinity.

> Progression with only natural love peaks at the 6<sup>th</sup> spirit sphere.

We separate from our physical body and proceed to the 1<sup>st</sup> natural love sphere. If our soul condition is poor then we proceed to one of the 2 dark Planes of Disharmony to commence our development of love.

Note: The 1<sup>st</sup> Divine Love Sphere and the 1<sup>st</sup> Sphere of Disharmony may simply be planes within the 1<sup>st</sup> Natural Love Spirit World.

#### **SPIRIT SPHERES / MANSION WORLDS:**

- Library Downloads PascasPapers <u>www.pascashealth.com</u>
- Pascas Care Big Tick is the Big Trip

Pascas Care – Big Trip with Gandhi

- Pascas Care Death & Dying Transition
- Pascas Care Spheres 1 7
- Pascas Care Spheres 1 Infinity
- Pascas Care Spheres 1 Infinity Diagrams
- Pascas Care Spheres and Exalted Teachers
- Pascas Care Spheres are Close By!
- Pascas Care Spheres Life Beyond the Veil
- Pascas Care Letters Spirit Mansion Worlds Road Map
- Divine Universe Life in the Spheres

**<u>OUR JOURNEY</u>**: From Earth's spirit spheres, to the Celestial Heavens, then to the Eternal Spheres, and then home to the Isle of Paradise.

> Earth Eterna and the interact Jerusem Sphere progree located around From t

Spirit spheres 1 - 7 (Mansion Worlds) may be within Earth's solar system, each sphere connecting to the next, including the 2 dark spheres being planes of Earth. The 3 Celestial Heaven spheres maybe close to Jerusem and isolated for us humans.

Eternal Spheres, 3 progressive spheres, and the Infinite and Universal Spheres interact through out the super universe.

Spheres of Paradise also contain 3 major progression spheres and these are located within the region that circulates around the Super Grand Sphere.

From the 3 progression spheres within the Isle of Paradise, then to the Super Grand Sphere that surrounds the Mother and Father's Sphere and Soul. of our Parents. At this point we have arrived Home!



<u>OUR JOURNEY to the CENTRE</u>: <u>HEAVENLY PARENTS are UNIVERSALLY PRESENT</u>: Earth is one of the youngest inhabited planets on the outer edge of the youngest of the seven super-universes. From the spirit worlds, we progress to the spheres of many mansions, being the Celestial Heavens nearer to the centre of our super-universe. From there we progress to the Eternal spheres which circulate around the Isle of Paradise. The Isle of Paradise remains stationery and is the home of the Source Soul, our Heavenly Parents, Mother and Father.

Our progression is always towards the centre – inward and upward.



## <u>CELESTIAL SOUL CONDITION</u>: via Zara Borthwick and Nicholas Arnold <u>www.lulu.com</u>

#### **Asking for Directions:**

message 127

5 November 2013

I (Bartholomew also known as Nathaniel) would like to reveal an interesting truth to you now. The Master has revealed to us, and it was a long time ago, where the Father actually is. Those of us who reside in the Celestial Heaven know of this information and live with it as part of our normality. When I in my quiet time, accept the Father's Love, I know the direction to face so that I know that I am facing the Absolute Soul that the Father is.

Everyone in the Celestial Heaven can face the direction and location of the Soul, God. Jesus knows this for he has travelled to the last Sphere of the Spheres of Paradise and beyond. He knows the actual direction to travel so that if one were to venture far enough, they would eventually arrive face-to-face with the Father.

This is an important truth to know for everyone who experiences the Divine Love in their human experience will know that anyone can face in any direction and receive the Love. A progression from the Celestial Heaven into the Eternal Spheres and to the Spheres of Paradise and beyond to the Realm of our Mother and Father, is a journey toward the actual finite space that the Soul, God resides in. God is not some nebulous thing that floating around the universe with some intrinsic intelligence to it. God is in an actual place and has been centred there ever since God came into existence.

It is a wonderful thing to live with this knowledge of where God resides in solid form, for much progress in the receipt of the Love is done so from the perspective of accepting that God exists somewhere but in what form one doesn't know, and that there is this Love that appears out of the invisible, and when we receive this mysterious energy, visible changes take affect and we can see these changes in our spirit body and personality.

I have not seen the face of God or ventured to that place in the universe of all universes where the solid form of God resides. I know that the Master cannot teach or reveal an untruth so when he explained to me where God was, I accepted the Master's teaching and I face that direction when I am loving and being loved by God. I have been told that I will progress in my soul condition so that I will be able to sense the solid form of God and that this potential is available for us all.

Your friend, Bartholomew

# LIVE FEELINGS FIRST

http://www.pascashealth.com/index.php/library.html Library Downloads – Pascas Papers All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address.





All that exists is within the embrace of the spirit bodies of our Mother and Father, The Creator, Source Soul.

Even the further super-universes that are currently forming further out than our own super-universe.





#### **DIVINE LOVE HARMONY:**

**Immortal harmony:** 

Transformation of the soul is a beautiful harmonious gradual awakening.



In a gradual way with the Divine Love and Feeling Healing, as changes in the soul and spirit body occur, these changes will result in the personality slowly accepting the source of these changes as being the Soul God and with the independent will, one can have complete acceptance of our Heavenly Parents, Mother and Father, God.

People have loved God and felt loved by God and they have in deed received the Divine Love without ever knowing the truthful identity of this Love insofar as the truths relating with its causality in the human soul and affect upon the spirit-mind.

Part of the nature of the Divine Love in our souls is that it activates our spirit body systems and soul so that the nature of God is seen and experienced in the living and this places us in touch with the many Spirit attributes that extend from God and have their existence in God, such as our Indwelling Spirit. God no longer remains inactive to us; inert, inanimate, or an unknown but rather a Soul of living energy whose energy in the harmonies of Love and Spirit, is personified as love that we experience. If I can convey the essence about the nature of Divine Love it is that in its energy, exists the harmony and potential so that one can see the potential that this Love brings to bridge the gap of separation between the individual and God by the harmonies of soulfully living.

The Divine Love completes the form of the human being.

In essence, one need only direct their soul and the heart of their soul to our Heavenly Parents, the Soul being God, and in this faith one can experience the Love by humbly asking for this Love. This is all that is needed and the touchstone upon the Love's approachable nature.

The Love is never harmful or given by God that results in a caused effect of disharmony in the individual. The diversity of human individuality is a great characteristic of human nature and as with experience, one needs experience to ascertain a truth about a certain thing. Experiencing the Love provides a substantiated knowing from which a more objective reasoning follows and a maturity happens.





**REVELATION** James Padgett

1914 – 1923

James Padgett bravely introduced the availability of the Mother and Father's Divine Love and a great deal of additional guidance and information, all of which has been supplemented by Samuels, Judas, Reid and Arnold. All writers were under restrictions of personality and circumstances. Revelation 1 opened the door for humanity.

# Quantum Jump2

**REVELATION 2** Marion and James Moncrief

2002 – ongoing Marion and James Moncrief have recognised the need for one to engage in Feeling Healing and, by their actions, removed restrictions that James Padgett and others above endured, thus JM is able to critique the writings of the past 100 years resolving points of confusion as well as expand on what has been written. Revelation 2 is humanity's turning point.

Due to the extra-ordinary nature of Revelations 1 and 2, humanity with the first Revelation would have continued on into its negative pathway of living, however, combining the first Revelation with Revelation two, now humanity can embrace this turning point and commence its evolutionary growth that has required two thousand years to put in place. This is the greatest event in the history of humanity and very few are aware of such, until we enable others to become aware.





# FEELING HEALING + SOUL HEALING

To heal one's self is to simply look to see what feelings we are refusing to let ourself feel, and accept them instead of denying them. And to fully accept them, one needs to express them, speak about them, let them have their say, rather than pushing them aside, refusing to let them make you feel bad.

Doing this all with the intention of seeking the truth of why you are feeling them, of speaking about and expressing all such feelings; all feelings you have, but ALL WITH the INTENTION of UNCOVERING the TRUTH THEY WANT YOU TO SEE ABOUT YOURSELF. And it's the wanting to see the truth of them that is very important, because if you just look to accept them and speak and express them, but not seek their truth, then that's all you'll be doing, speaking and expressing them, but not healing their causes, so not fixing the things within you that are making you feel bad. And it's the truth part of it, seeking the truth of your feelings, and so, seeking the truth through your feelings, that's vitally important. It's the truth of yourself, life, nature and God, that is the spiritual aspect to it all.

You CAN'T find the truth of yourself, or anything else, through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them. So to do our Soul-Healing consists of these steps, all of which are ongoing until it's done:

- Admit you are feeling bad.
- Accept your bad feelings, identify what they are.
- Honour fully your bad feelings by expressing them, speaking about them to someone who is willing to hear you talk about them, or tell them out loud to our Heavenly Parents. Long for the truth of them. Long for the truth of why you feel bad what deep within you is causing your bad feelings?
- And remember, bad feelings are Good! Not bad. They are not to be despised. And as hard as it is to accept them, they are still you, and a very real part of you. And if you persist in denying them and not allowing yourself to fully live them, then you are only going to keep yourself in your errors making things harder for yourself.
- All sickness and suffering, all bad things that happen to you, all your problems, all your addictions your whole feeling-denying and untrue life, is all caused by your denial of bad feelings.
- Every problem in the world is brought about because everyone has been brought up to deny feelings, and in particular, most of their bad ones.

If one is intent on spiritually evolving and growing in truth, then it's vital, and this is the key, that one looks to use one's feelings as the means to gain and have access to the truth of oneself. You CAN'T find the truth of yourself or anything else through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

Doing your Soul-Healing with the Divine Love, is really doing your 'Feeling-Healing'. We are designed — created — to be self-revealing of truth, and so we are all to uncover the truth within ourselves and for ourselves, and all being done by living true to our feelings. If you accept, express and seek the truth of your feelings, then truth will come to you, and you'll grow spiritually. It's as easy as that. Also it is as easy as it is to long for, ask for and receive Divine Love.

#### THE HEALING OF YOUR BAD FEELINGS THROUGH THEIR ACCEPTANCE AND FINDING THE TRUTH OF THEM, IS THE ACCEPTANCE OF YOUR NEGATIVE, REBELLIOUS, EVIL, IMPERFECT MIND AND WILL CONDITION.

To do our feeling-healing we need to become:

Aware of – Acknowledge – and Admit, our bad feelings. So we can: Accept – them and allow ourselves to Be them. And then if we feel to, take: Action – Express, speak and emote them. Talk about them.

All being done whilst longing to, really wanting to, see the TRUTH of our feelings.

So it sounds simple. So I repeat:

We accept our bad feelings by expressing – speaking about them to someone willing to listen to us and take us seriously. And as we speak we long for the truth of them – why we are feeling them – to be made known to us. And when we uncover and see the truth we are FREE! – healed of the causes that have made us feel bad.

Accept, Express – see the Truth, and you're Free!

ACCEPTANCE OF ALL YOU FEEL, THINK AND ARE, IS THE KEY TO DOING YOUR HEALING; THAT, AND WANTING TO SEE THE TRUTH OF ALL YOU FEEL, THINK AND ARE.

Release one's pain through expressing one's feelings.

in conjunction with

Longing for the Truth when also longing for Divine Love.

#### **Prayers to our Mother and Father**

From 'Religion of Feelings' by James Moncrief Please Mother and Father help me accept my untrue state and bring up all my repressed feelings so I can see the full truth of why I feel so unloved and all that's wrong with me.

Please Mother and Father help me see the truth of myself through my feelings.

Please my beloved Heavenly Parents, fill my soul with Your Divine Love. I long for Your Divine Love; please answer my prayer and yearning to be at-one with You and do Your Will by living true to myself and all my feelings. Please fill my heart and soul with Your Divine Love – please make my soul like Yours – Divine.

Please Mother and Father, I want to uncover the whole truth of myself through my feelings. I want to be able to feel and accept just how bad I am, how bad I feel I am, how bad I've been in my life. I want to know the whole ugly truth of myself, see it and feel it and understand how I came to be it. Please reveal to me through my feelings all the truth of myself You want me to see. I want to be as You want me to be; I want to be true and perfect, Healed of all my rebelliousness and self- and feeling-denial; I want to be good, loving, true and happy, please help me become true to myself, true to my soul, true to You.

Please Mother and Father help me, I'm in such bad pain, I feel so alone, so miserable, so scared, what's going to become of me, I don't understand, what's the point of me, why have You made me; please help me see the truth of myself – all the truths of myself, nature, how to be in the world, of You both. I want to know, I want to know it all through my feelings, all that there is to see, the whole truth and nothing but the truth. Please help all my pain come to the surface of me so I can embrace and accept and express it out of me. I want to use my feelings to uncover the truth they are to show me; please help me to do that.

Please Mother and Father love me. I want You to love me. I want to feel fully loved by You. I don't want anything else, only to be with You. Please, that is all I am asking.

Please make me feel how unloving I am. Please show me the horrible truth that I am. I want to see and feel and understand the worst of me, please take me into my darkest scariest ugliest unwanted rejected places within myself. I don't want to feel all the dreadful pain that I know is there locked away inside me, yet I do also want it all to come up and out of me, and I want to use it to see the truth of my wrongness, the truth of how evil I am, the truth of my fucked up state. I no longer want to be false, pretending I am okay, using my mind to make me falsely believe I am good, happy, loved and loving, when I know I'm not. For how can I be when You've brought me into my unloving state, making me be of it. And as You want me to experience being this negative way, please show me the whole truth of it. I no longer want to deny any part of myself, or any of my bad feelings. I want them all to come up so I can express them, emoting their pain, feeling how bad You've made me feel all my life and all through my early life; I want to see why, and so reveal all the truth to myself. I want to be the living truth of myself, living true to my feelings and the truth they give rise to. Please help me to do my Healing, and please fill my soul with Your Divine Love.

The mind way is the 'dead' way; the feelings way is the 'alive' way.

#### **Examples of some prayers to God:**

From 'Feeling Healing' by James Moncrief Please God show me the truth of myself through my feelings.

Please help me see the truth about myself You want me to see.

And please help me feel all my repressed pain; please bring up all my bad feelings so I can express them and see what it is they are to show me about myself, my life, and You.

And please help me work through my blocks, I want to Heal myself, I want to become true to myself and true to my feelings and true to You – please help me do that.

Heavenly Mother and Father, I feel so bad, and I know I'm doing it to myself, but I can't help it. I can't stop my compulsive addictions, so will you please bring up the buried feelings in me and show me the reasons why I can't stop. Please! I want to know – I REALLY WANT TO KNOW why I do them. Please help me Mother and Father to uncover the truth of myself. Please, I beg you, please, please, please show me the truth of them so I can give them up. I hate feeling bad, yet I know I must so I can keep expressing my bad feelings to see the truth You want me to see, so please help me feel bad.

Please Mother and Father fill my heart and soul with Your Divine Love. Please give me Your Love. Please love me and make me feel loved by You. I want to feel You close to me, I want You to hold me, make me feel loved by You. I only want You and to do Your Will. Please help me bring up all my repressed feelings so I can express them and uncover their truth. Please help me do my Healing. Please give me Your Love.

I hate you Mother and Father; why have You given me such a shit awful life? I hate myself, I hate You, I hate everything about my life. I feel so bad all the time. I've expressed so many bad feelings and still I feel bad. It's not fair, it's not fair what You've done to me. I hate You! And I want You to help me Heal myself, so I can stop feeling bad. You put me in the shit for whatever reasons, and I want You now to help me get out of it and show me what it's all been about. Please help me to Heal myself so I no longer hate You.

I long for Your Divine Love Mother and Father. Please fill my soul with it. And please help me uncover the truth of myself through my feelings. I want to see it all! And please make it all end, I'm so tired of always feeling so bad, please take all my bad feelings away by making me feel them and showing me the truth I am to see.

**Note:** Following the writings of James Moncrief, one could consider that any reference to the Father, by other relevant writers, may be read as a reference to 'our Mother and Father'. Further, when considering soul healing, then reference to Divine Love could be referred to as 'Feeling Healing with Divine Love'.

### LOVE

#### 18 <u>Feelings First Spirituality, The New Wav</u>

*Feelings First Spirituality, The New Way* is a contemporary 'religion' based on living true to yourself through your feelings. Understanding that all you need in life is contained within your soul and is shown to you through your feelings. And by loving your feelings, by attending to them properly (talking or writing them out of you) and not denying them, you can use them to uncover the truth of yourself – the truth of your soul.

*Feelings First Spirituality* is not a formalised religion that tells you how to be, that is too controlling and is actually bad for you, limiting your spiritual growth. You can be wholly self-revealing of the truths you need to be, being the person God created you to be, all by living true to your feelings.

*Feelings First Spirituality* has no formal structure because we understand we don't need one, our soul contains within it all the truth of our spiritual ascent. If we look to our feelings for the truth they want us to see about ourselves, nature and God, then what more do we need! Our true spiritual path is the path our feelings will lead us down, that is, provided we allow them to. This is the most spiritual we can be.

Living the New Way of Feelings First Spirituality

You come to the understanding from your life experiences that how you are is not right, it doesn't make you feel good – that you are wrong in some way. And you want to change yourself, you want to become right, true and perfect – you want to be like God is.

#### And to do this you need to do your Healing

Your Feeling-Healing is looking to your feelings for the truth of yourself, the truth being hidden in many of the feelings you are not wanting to face in life. So you have to end your feeling denial, accepting all your bad feelings (and good ones), express them (yet not necessarily acting upon them), whilst longing to uncover the truth they are to show you.

Or, you can do your Soul-Healing, which is your Feeling-Healing together with including longing directly to God for God's Divine Love. When you receive the Divine Love into your soul, it will cause your soul to become divine, and it will deepen your personal relationship with God. Long with all your heart to God for God's Divine Love.

http://religionoffeelings.weebly.com/

## Feelings First Spirituality The New Way

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

# **FEEL**for**TRUTH**

The beauty of it all, is the truth comes to you through your own feelings. You don't need to be told it by anyone. You can work it all out for yourself. We are self-revealing of truth, it's how God created us to be, and by being it we'll feel the happiest we can feel. Truth is our great comforter, so when you feel it come up within you, ah it feels so good and you feel just right – perfect!

We know only how to deny feelings, now we can get to know how to accept them. And always with the truth being the most important part.

If you don't want to uncover the truth of your feelings, then you can keep on expressing them forever but you will never fully heal yourself. Seeing the truth results in the Healing. And to see the truth you need to express all the pain out of you. The two things go hand in hand.

You can accept and express your bad feelings, letting off steam all day long, yet nothing will heal and nothing much will come of it. So this is where wanting your feelings to show you the truth of why you're feeling as you are is so important.

Don't go fishing with your mind, that will shut the truth out from rising up for you. KEEP YOUR MIND OUT OF IT. It's a feeling thing, doing your Feeling-Healing. (This is where we erred previously, and this how other modalities are in error.)

You long when you can, then stop longing and keep expressing. And at some point, and it might not even happen immediately, it might happen after days or weeks of expressing the same bad feelings, truth will come to you. And it does, it just comes up suddenly into your consciousness. You just know. You see the picture and you feel it's true. And you know it's true. And THEN your mind can come in and start sorting it out and putting in context.

It's the Truth that we are seeking. It's the End Point. The Reason for doing your Healing. You are to see the whole Truth of yourself. And to begin with, that's the whole truth of your unloving self, of your wrongness, of your evilness, of why you are as you are in your negative unloving mind-controlling state. To be able to fully accept yourself as you are, warts and all. To not fight or resist or try and change yourself, just to accept all you feel and all the truth of all those bad feelings you feel about yourself. And when you do, so you will be healed. You CAN'T heal yourself unless you uncover the truth of your pain, suffering and so the truth of all your bad feelings.

Through our Feeling-Healing we long for the truth of what we're feeling whenever we can. So as often as you can. You want, and REALLY WANT WITH ALL YOUR BEING, ALL YOUR WILL, to know why you are feeling bad. You yearn, want, long and beg and beg and BEG God to show you the truth of yourself through your feelings. So when you are expressing your bad feelings you can stop and long for the truth to show you what's going on, why do you feel so bad, and you can do it any time you think of it or feel to do it. Notes from 'Feeling Healing' by James Moncrief





## **The CHOICE is OURS to MAKE:**

**Celestial Truth:** 

Truly all-loving; Living true to oneself; Mind supporting Feelings; Living with the Divine Love;

Fully Healed of the Rebellion and Default.



**THE FEELING WAY** Feeling – Ascendance Unlimited progression

- Living true to your untruth;
- Honouring all your bad feelings;
- Expressing feelings to uncover their truth;
- Healing the Rebellion and Default within yourself;
- Feeling unloved; being unloving;
- Feeling as bad as you can feel;
- Feeling like you are no one special;
- Longing for the Divine Love.

**THE MIND WAY** Mind – Transcendence Limited progression

- Enlightenment, Nirvana, feeling allloving;
- All false, mind-contrived. Anti-truth, anti-love;
- Still evolving the Rebellion and Default within yourself;
- Feeling and believing you are the Superior One;
- Living with your mind in control of your feelings;
- Living rejecting all your bad feelings;
- Living with your mind contriving you feel loved;
- Rejecting the Divine Love.

All religions, New Age, agnostic, atheists, no spiritual interest, Living the Rebellion and Default.

Hell: **Exploiting the Rebellion and Default.** 

The Feelings are the doer; the Mind the teller. So we are to go with our feelings, which we can't be told to do with our mind. So the longing for the Divine Love, doing our Healing by expressing our feelings and longing for their truth, are all feelings and doing it with longing. Whereas the mind just wants to tell us what to do and how to be, no feelings in it, all how our parents have treated us.







## **Mother and Father Heavenly Parents**

Creator Son & Daughter Jesus and Mary Avonals as soulmate pairs

Trinity Teachers as soulmate pairs

Melchizediks – who have taken over from the Caligastians and Daligastians being also all as soulmate pairs.

Mortal Souls – human beings who individualise on Earth, then progress through the spirit Mansion Worlds, then into the Celestial Heavens, and beyond.

Mortal Souls – also being ascending spirits, upon completing their Soul Healing, join with their soulmate, then join their soul group of 24 mortal spirits, being 12 soul pairs. It is only as a soulgroup that anyone can progress beyond Nebadon.

The Paradise Pairs are all ONLY concerned with the SPIRITUAL wellbeing and upliftment of the planets and local universe. Currently to do with Earth:

Mary and Jesus – spiritual wellbeing and upliftment of the whole of Nebadon region.

Avonal Pair – Daynal pairs (Trinity Teacher Daughters and Sons) – Spiritual wellbeing and upliftment of individual planets and their associated Mansion Worlds.

The Local universal Sons and Daughters are all about the running of the worlds under their jurisdiction, and ensuring the higher spiritual elements can be employed, or sent astray, as in our cases through the Rebellion and Default.

Lanonandeks - Melchizedeks (and others, such as Life Carriers and Eve and Adam).

As the Lanonandeks all rebelled – the Lucifers, Satans, Caligastias and Daligastias soulmate pairs – so the Melchizedeks have taken over their roles, as well as doing their own.

So the Melchizedeks are the governors, overseers, the administrators and advisors and so on for Earth; they are the 'controllers', and they will instigate all that needs to be done to do with the ending of the Rebellion and Default. And they will enlist the willing help of ascending mortal pairs, so the mortal Celestials spirits (soulmates when available, and others waiting to unite with their partner), and at times mortal spirits in the Divine Love Healing Mansion Worlds. And the angels help all of us.

Currently the whole of Creation exists for the ascension of mortal souls from their earth planets to Paradise. It's all one vast Grand Ascension Scheme. With all the higher and lower spiritual Daughters and Sons, together with all the many different angels and other universal spirit personalities, and even including nature and our very own pets, assisting women and men with their Ascension Journey. It being: and Ascension of Truth. Everything we do is done to help us grow in truth. (Only everything we do in our negative state is to deny ourselves our truth from our feelings, which is why we have to do our Healing.) All women and men are ascending (or growing) in truth through their experiences. And as we grow in truth by looking to our feelings to show us that truth, so we're ascending, moving inwards and upwards through all the worlds and spheres of the Grand Universe to one day arrive on Paradise and meet our Heavenly Parents. God is providing us, Their children, with this spiritual journey called our Ascension of Truth. And by living true to our feelings, so we are progressing on our true Spiritual Path – our Ascension Path.

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.



**Humanity** is to pursue the pathway for Truth through one's soul based feelings, this is the right pathway. However, humanity commences its journey founded on natural love, which we now know is to be perfected through one's Feeling Healing process and then made divine through asking for and receiving our Heavenly Parents' Divine Love.

For 200,000 years, **humanity** has pursued the pathway of the Mind, being that of the brain, this is the wrong pathway. The Mind is the pathway for Angels and that of all of Nature.





Feeling Pathway



Soulmate Pair







Mind Pathway



#### **CREATION of SOUL and SPIRIT:**

God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one's feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.

The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves enabling the union with our soulmate, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.

The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective

> Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.

#### WE EACH have a Nature Spirit pair, Spirit Guide pair and an Angelic Pair:

For those doing their Healing or are interested in doing it will from that time have their own personal angels, spirit guides and nature spirits with them, with whom they are to develop their own relationships should they want to. It is not about 'sharing' the same angels or guides or nature spirits, it is about you relating specifically to your 'own' ones because they are provided for YOU. It's all for you, to maximise the experiences we each need.

We are all to have our own pure relationships. And it's the same of course in life with your friends, however over there, in spirit, dealing with Nature Spirits, Spirit Guides, and Angels, it's more



For example, Nature Spirit Verna has been assigned to be specifically and only with James, and she ain't going to be assigned to anyone else, so she won't be sharing herself around.

This is SO IMPORTANT to understand so that in future there won't be all these people claiming to be speaking with Verna or Mary Magdalene or Jesus or Nanna Beth or anyone else who is part of it all in such capacity. Mary M and Jesus have spoken with James as they have, making it quite clear he is all they are speaking with.

We each have a band of a Nature Spirit pair, Spirit Guide pair, and an Angelic pair, each pair being in their soulmate relationship. Even though we are ascending mortals having a soulmate, even our soulmate has his or her own group of six personalities assisting him or her. Our assigned Nature Spirits do not continue with us into spirit, our Spirit Guides may for a time assist upon entry to the spirit Mansion Worlds, however, our Angelic pair continue with us for eternity.





#### WE ALL ARE BEING GUIDED HOME:

We need the Spirits of Truth of the Avonal Pair to Heal ourselves; then once Healed, (and for support (overshadowing) as well through your Healing), we need the Creator Pair, Mary Magdalene and Jesus' Spirits of Truth to see us through the Celestial spheres, while at all times embracing our Heavenly Mother and Father.

Until Mary and Jesus died and liberated their Spirits of Truth, no one from any of the worlds could leave Nebadon, because no one knew the way to do so. Nebadon is our local universe containing some 3.8 million inhabited physical worlds and their associated spirit worlds.

When we embrace the truths Mary and Jesus are revealing, and start to do our Feeling Healing, or with Divine Love, Soul Healing, we are then freeing ourselves up from our parental and self control.

Thus our journey to Paradise, to the home of our Heavenly Parents, is of our choosing as to when we progress, however, there is only one way:

**HUM:** Humanity is to ascend. We are self contained. Our soul is always in truth and perfect at all times. By living true to ourself, true to our feelings, we are living true to God. It's that simple.

We are to recognise that being engaged and dominated by our mind is the wrong way for us to evolve and grow in truth. We are to discard the mind enslavement that has been imposed upon as by all of our parents. We are to express our feelings, both good and bad and free ourselves of the indoctrination that humanity has embraced worldwide.

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of our Mother and Father.

**AVO:** We are to embrace the truths and guidance of the Avonal Pair through their Spirits of Truth. It is the Avonal Pair's guidance that will lead us through our Feeling Healing, and with Divine Love, we will be able to ascend through the 7 spirit Mansion Worlds and enter the Celestial Heavens where we also interact with other world's spirits.

**J&M:** We are also to embrace the truths and guidance of the Paradise Pair, Mary and Jesus, who will then lead us through the 3 Celestial Heavens that are aligned with Earth, and then further on through Nebadon where we will then depart beyond on towards Paradise.

**M&F:** Beyond the universal zone of Nebadon, we will be guided by our Heavenly Mother and Father onwards through the universes to Paradise where we will be welcomed by them, home for us all, as we are all Children of God.



M&F



J&M







#### WE ALL ARE BEING GUIDED HOME - NOW, HOW TO COMMENCE THE JOURNEY:



M&F



J&M







For 200,000 years, we have been misled into embracing our mind's distortion of wisdom and truth. All such traditional understandings only lead us in the wrong direction, from which we must turn back from. Our soul based feelings are always in truth. Our minds are to follow our soul based truths and feelings, not the other way round, as we have been brought up to embrace.

We are to connect with our deeper repressed feelings. We are to long for the truth of what we are feeling. We are to live true to our selves; by living true to our feelings.

Use your surface day-to-day feelings to connect with your deeper repressed feelings. Express your surface feelings and your deeper repressed feelings to uncover the truth of yourself.

We all have feelings which we communicate and share with each other. And we all have deeper buried and hidden repressed feelings. Feelings from our early childhood we felt, yet weren't allowed to express. These feelings are still within us, waiting to have their say. These feelings, because they are repressed, cause us all our problems.

And as we look to uncover, bring out and accept these deeper feelings, so we're taken into new ways of looking at ourselves, our feelings, and our life. We're setting ourselves free of the controlling patterns that govern our unloving behaviour.

In this way, we progressively begin to express the personality that our Heavenly Mother and Father gave us, not the one imposed upon us by our physical parents and carers. We are to be our true and real selves.

## By living true to ourself, true to our feelings, we are living true to God. It's that simple.

As we, humanity, long for the truth of our feelings, we can also be assisted by the Spirits of Truth of the Avonal Pair who are our spiritual teachers for Earth over this coming 1,000 years, to assist us through the Great U-Turn, away from mind dominance to being soul based feeling lead. They will assist us through the seven levels of the spirit Mansion Worlds.

Then the Creator Pair, Jesus and Mary, will lead us through Nebadon and into the greater universe. Then our Heavenly Mother and Father lead us home to Paradise.

Collectively, should we embrace them all, as we are to, then our pathway home is a journey in the hands of the Spirits of Truth of the Avonal and Paradise Pairs overseen by our Heavenly Parents.

#### **HOW TO GET TO PARADISE:**

Long for the Divine Love Long for the Truth Long for the truth of your feelings Don't deny any feelings: accept, express and want to know the truth of them Know your feelings are the key; your feelings are the Way Want to end your falseness and being untrue Want to understand the truth of your early life Use your surface feelings to move deeper into yourself, bringing up your repressed feelings Want and long to know the whole truth of yourself Want to do it all with God, your Heavenly Mother and Father – long to Them for help.



Our longing drives our life. We long with feelings. We can wish for things using our mind, yet long for things with our heart. These things in the pyramid are what to long for. Longing for them, when the longing comes naturally. Longing because you feel you really want them. Long to be true with all your heart. Long to live true to your feelings. Long to understand the whole truth of yourself.

The Key

#### **JOURNEY of HUMANITY into and through the GREAT U-TURN:**

Humanity reaching its most evilness, the most lost, the most separation of soulmates. Humanity can begin its Healing. The Great U-Turn begins, the dawning of the Spiritual Age.



This is the Great U-Turn. We are to feel and live by our feelings and express our feelings, our mind will follow in support, not the other way around.

Feelings First, you can be sure about that! Once women get that message and start living it, then the tide will really change, with men either deciding to support them by looking to their own feelings or being left on the outer wondering what the fuss is all about.

The feminine light is going to sweep through humanity and purge it of all the yuk and darkness, helping to bring the whole of humanity back into a nurturing loving mother state of being, from which the supportive, caring father can support her and together they can make the world great again, they can bring humanity up into its natural love perfection whilst at the same time offer those people who want to spiritually grow the truths of how to embrace the Divine Love and move on to the Celestial level.

By living true to ourself, true to our feelings, we are living true to God. It's that simple. (Passage in blue calibrates on the Map of Consciousness at 1,500)

#### **DIMENSIONS of ONE'S EXISTENCE:**

Our SOUL IS NOT ENSOULED IN OUR SPIRIT BODY. Our soul exists existentially in a whole different level or plane or place or dimension of being – 'soul land'. It doesn't exist in Creation, it's not experiential like Creation is. The soul, all souls, help create their part of Creation by expressing their personalities into Creation, and then by having their personalities do things (further create) in Creation.

**SOUL** exists existentially



Our Physical Body and our Spirit Body are of Creation, being linked together by cords of light as are the two spirit bodies, male and female, to the one Soul.



One's unique personality is soul based. Our unique soul expresses its unique personality through the two spirit bodies and physical bodies expressing both the male and female aspects.

### PERSONALITY



Our soul is the centre of our personality. We are children of our Heavenly Parents. Our soul manifests a male and female personality - it is a duplex!



- We are to live Feelings First.
- We've been made to use our mind to live against many of our feelings.
- Our mind control commences at conception and is developed through our childhood.
- All the bad feelings we didn't express as we were growing up are still repressed inside us.
- And all such hidden, buried and unwanted feelings have to come out.
- And whilst they remain repressed within us, they will continue to make us feel bad and unloved.
- We get sick, depressed, suffer, have bad things happen to us because of our repressed childhood feelings.
- Humanity was brought into this state of living against itself by higher rebellious spirits.
- These Evil Ones caused the Rebellion and Default.
- We are made to rebel by default as we have no idea we're doing it through our parenting in wrongness.
- We are all parented unlovingly against ourselves, against our will.
- Some parenting in the wrongness is done with more love, yet it's all still wrong.
- To heal this unloving state within ourselves we have to do our Healing.
- Our Healing is our Feeling-Healing or Soul-Healing with the Divine Love.
- We can long to God for Their Divine Love, and this will help us with our Healing.
- God is our Heavenly Mother and Father, the Feminine Aspects of God having been kept hidden from us by the Evil Spirits.
- All humanity's religions and spiritual systems are designed to keep the wrongness going, to keep us away from God.
- Only by living Feelings First Spirituality, The New Way can you become right, and truly find God.
- Long for the Divine Love.
- Long for the Truth of your Feelings.
- Accepting all you feel is accepting all of yourself, it's your greatest act of self-love.
- And wanting to know the truth of your feelings, is your next greatest act of self-love.
- Love yourself through your feeling-acceptance, and the Truth will set you Free!

31 May 1914 and ongoing

To liberate one's real self, one's will, being one's soul, is by embracing Feeling Healing so to clear emotional injuries and errors. With the Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

Our salvation IS by embracing Feeling Healing with the Divine Love.

God's Divine Love: Pray for it, ask for it, and receive it.

Please Mother and Father, may I receive Your LOVE.

"Every day is a day of devotion."

Follow your heart, follow your love and do that in loving action, your inner love leads in your asking the Soul of God to receive a little of the Love to strengthen one's resolve to heal.

"I love you Father." "Let the Divine Love proclaim its energy into my soul."

"Mother – Father, I desire your Love and I am loving you."

"Soul God, I love you and I love receiving and experiencing your Divine Love."

"True Soul God, I am here, I am aware of your Love. Please hear my aspiration for your Love and as I approach you from my soul, I can feel your Love in the way that vou are loving my soul."

Try it; give the Feeling Healing and Love a go! If you want to shine, receive the Love.

One can simply receive the Love without following any religious or spiritual teaching taught by man!

Emotional errors and injuries cause encrustment around the soul, the soul is never damaged however, the encrustments retard love energy flow to and from the soul. Feeling Healing melts such injuries.

**Three Great Truths:** 

- God is Soul, being Mother and Father; •
- that each individual soul is a duplex both male and female;
- and Feeling Healing with Divine Love is the pathway to Paradise.

**PRAYER for DIVINE LOVE:** library download pages at www.pascashealth.com Kindly visit the library download pages at www.pascashealth.com as further recordings are added. Should you click on the audio files, you will also be able to download the audio file onto your computer. (Medical – Spiritual References) **Prayer for Divine Love – from the Padgett Messages** http://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Prayer%20for%20Divine%20Love%20from%20the%20Padgett%20Messages.mp3 The Voice of Divine Love (Medical – Spiritual References) http://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/The%20Voice%20Of%20Divine%20Love.m4a



Primary recommended rea	ding: consid	er commencin	g with	: Paul – City of Light
The Book of Truths		1914 - 1923	XXX	– Joseph Babinsky
containing the Padgett Me	essages or			
Little Book of Truths	_			– Joseph Babinsky
True Gospel Revealed anev	v by Jesus Vol	I, II, III, IV	XXX	– Geoff Cutler
The Rejected Ones	·	2002 – 2003	XXX	– James Moncrief
Messages from Mary & Jes	us	2003	XXX	– James Moncrief
Paul – City of Light		2005	XXX	– James Moncrief
Mary Magdalene and Jesus	s.			
comments on the Padgett N		2007 - 2010	XXX	– James Moncrief
Speaking with Mary Magd	0	2013 - 2014	XXX	– James Moncrief
Sage and the Healing Ange		2017	XXX	– James Moncrief
Road map of Universe and	0			
The Urantia		1925 – 1935	XXX S	as primary reading
Divine Love supporting rea		1725 1755	ллл (	is primary reading
Revelations	ung.	1954 - 1963		– Dr Daniel Samuels
Judas of Kerioth		2001 - 2003		– Geoff Cutler
The Golden Leaf		2001 – 2003 2008		– Zara & Nicholas
				– James Reid
The Divine Universe	8			
Family Reunion Afterlife C	ontect	2012 - 2013 2014 - 2015		– Joseph Babinsky
Traveller, An Immortal Jou		2014 - 2013 2014 - 2015		– Joseph Dablisky – Zara & Nicholas
Destiny, Eternal Messages	•			– Zara & Nicholas
•	of Divine Love	2013 – 2010 2017		– James Moncrief
Feeling Healing		2017 2017		
Religion of Feelings		2017		– James Moncrief
The Way of Divine Love	T	Varia		– Joseph Babinsky
Divine Love – The Greatest	t I ruth in the	world		– Joseph Babinsky
The Human Soul				– Joseph Babinsky
Divine Love Flowing				– Joseph Babinsky
The Truth				– Werner Voets
Through the Mists, The Lif	e Elysian, The	Gate of Heav	en	– Robert James Lees
Life in the World Unseen				– Anthony Borgia
Gone West				– J M S Ward
Post Mortem Journal				– Jane Sherwood
After Death / Letters from				– William T Stead
Thirty Years Among the De				– Carl A Wickland
A Wanderer in the Spirit L			_	– Franchezzo
Life Beyond the Veil Vol I			Owen	
The Holy Bible from the A		Text		– Dr George M Lamsa
Available generally	from:			
www.lulu.com	www.amazon		www.	<u>bookdepository.com</u>
For Divine Love focused we	ebsites and for	ums:		
Pascas Health:				ex.php/library.html
Spiritual Development:				
Padgett Books:		rth.net/padget		
http://divinelovesp.weebly.	<u>com/my-free-b</u>	ooks-and-free	-padge	<u>tt-messages.htm</u>

## James Moncrief's books, the Padgett Messages and The Urantia Book at: DIVINE LOVE SPIRITUALITY – DLS:

L	DIVINE LOVE SPIRITU			necences	html
All Padgett Messages	(for condensed versions – see bel		<u>1914 – 1923</u>	Pages	
The Urantia Book	(see suggested papers to read belo	/	1714 - 1723	1 ages	745
	(see suggested papers to read being	<i></i>			
James Moncreif Book	s:	MoC			
	e Feminine Aspect of God	1,490	Nov 2002 – J	an 2003	228
Messages from Mary a	-	1,485	Feb – Apr 20		189
Messages from Mary and		1,485	Apr – Oct 20		170
	esus' comments on the Padgett Mes	,	Aug 2		164
	1914 – 12 January 1915	1,495	C		
	esus' comments on the Padgett Mes	sages – book 2	Sep 2	010	177
Messages from 13 Janu	ary 1915 – 29 August 1915	1,494	-		
Speaking with Mary M	agdalene and Jesus blog – book 1	1,490	Jan – Apr 20	13	206
Speaking with Mary M	agdalene and Jesus blog – book 2	1,489	Apr – May 20	013	229
Speaking with Mary M	agdalene and Jesus blog – book 3	1,490	Oct – Jan 201	4	187
Speaking with Mary M	agdalene and Jesus blog – book 4	1,491	Jan – May 20	14	191
Mary Magdalene comm	nents on Revelation from the Bible	KJV 1,485	Dec 2013 – J	an 2014	84
		This g	roup being pag	ges of 1	,825
Paul – City of Light		1,488.	5	2005	149
Ann and Terry		1,400.		2003	235
Feeling bad? Bad Feel	ings are GOOD!	feeling-healin	ng book 1	2015	179
-	you feel BETTER – Eventually!	feeling-healin		2006	159
Breaking the Golden R		feeling-healin	-	2006	168
-	ses, and other healing points to con	•	15 000K 5	2009	175
	vel introducing Feeling-Healing.			2010	151
	Divine Love Spirituality			2006	139
Speaking with the Dead				2009	173
	ood Repression Healing			2010	179
With Verna – a nature s				2008	279
Communication with sp	birits – meet a spirit friend			2010	37
Introduction to Divine	Love Spirituality website				362
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Divine Love Spiritualit	у			2017	250
Feeling Healing – you	can heal yourself through your feel	ings		2017	153
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			roup being pag		
<b>Religion of Feeli</b>			offeelings.wee		/ -
	Divine Love Spirituality		uality.weebly.c		
Main website of			ovesp.weebly.c		,
Childhood Repro			odrepression.w	<u>eebly.co</u>	<u>m/</u>
DLS and CR for		http://dlscr.fro			
http://withmarymagdale	eneandjesus.weebly.com/blogand	1-tree-books-sp	eaking-with-m	ary-and-	<u>jesus</u>

#### FEELING HEALING and SOUL HEALING with the DIVINE LOVE:

**James Moncrief Publications:** 

all publications are free downloads:

http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html

### It is suggested for one to consider reading as follows:

#### Speaking with Mary Magdalene and Jesus – books 1 – 4

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

#### Paul – City of Light

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

#### Ann and Terry

For an example of people who might want to immediately start working on themselves and doing their Healing.

#### Feeling Bad? Bad Feelings are GOOD

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

#### Feeling bad will make you feel BETTER – Eventually!

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

#### Sage – and the Healing Angels of Light

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

<b>Religion of Feelings</b>	Welcome to LOVE – the Religion of Feelings
Feeling Healing	you can heal yourself through your feelings

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

The Padgett Messages being published as: The True Gospel Revealed Anew by Jesus volumes 1 – 4 Book of Truths by Joseph Babinsky The Urantia Book

Release one's pain through expressing one's feelings.

in conjunction with

Longing for the Truth when also longing for Divine Love.

#### **FEELING HEALING with DIVINE LOVE is SOUL HEALING:**

A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.

Firstly, consider discovering the truth of your emotional pain through Feeling Healing. Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing. Primary and most important readings are the writings of James Moncrief. Then consider the Padgett Messages, and then The Urantia Book.

Pascas Papers, being free, are located within the Library Downloads <u>www.pascashealth.com</u> http://www.pascashealth.com/index.php/library.html

#### **PASCAS – document schedule.pdf** downloadable index to all Pascas Papers.

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love; DL denotes Divine Love – living with the Love.

**PASCAS INTRODUCTION NOTES:** All papers below can be found at Library Downloads link..

Pascas Care Letters A Huge Upturn Pascas Care Letters Big Revelation Pascas Care Letters Feeling Healing Benefits Children Pascas Care Letters Feeling Healing Way Pascas Care Letters Little Children Pascas Care Letters Women's Liberation and Mother

#### **MEDICAL – EMOTIONS:**

Pascas Care – Feeling Healing Pascas Care – Feeling Healing All is Within Pascas Care - Feeling Healing and Health Pascas Care – Feeling Healing and History Pascas Care - Feeling Healing and Parenting Pascas Care - Feeling Healing and Rebellion Pascas Care – Feeling Healing and Starting Pascas Care – Feeling Healing and Will Pascas Care – Feeling Healing Angel Assistance Pascas Care - Feeling Healing Being Unloved Pascas Care – Feeling Healing Child Control Pascas Care - Feeling Healing Childhood Repression Pascas Care – Feeling Healing End Times Pascas Care – Feeling Healing is Rebelling Pascas Care – Feeling Healing Live True Pascas Care – Feeling Healing Mary Speaks Pascas Care - Feeling Healing My Soul Pascas Care – Feeling Healing Perfect State Pascas Care – Feeling Healing Revelations X 2 Pascas Care – Feeling Healing the Future Pascas Care – Feeling Healing Trust Yourself

Pascas Care - Feeling Healing Versus Cult



**DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:** 

As we progressively become aware the availability of Divine Love and embrace our Soul Healing, more and more profoundly developed teachings will be introduced to us by our Celestial Spirit friends.

Divine Truth teachings will continue to expand in detail and complexity as we become ready and willing to receive same through doing our Feeling Healing. This journey was commenced for us by James Padgett and James Moncrief.

101 Years: FEELING HEALING and the DIVINE LOVE:
2013 – 2014 Speaking with MM & J
2007 – 2010 Comments on Padgett
2005 Paul – City of Light
2003 Messages Mary & Jesus
2002 The Rejected Ones
Various auxiliary writings including
1954 – 1963 Revelations via Samuels

1914 – 1923 Padgett Messages

Are we ready and willing to embrace what is waiting for us to enjoy?

We are a young experiential inhabited planet. As we grow in Love and embrace our Feeling Healing, then we become into a condition by which we can ask for and receive guidance in how to achieve developments for the benefit of all of humanity.

As we apply these gifts freely for the welfare of all, then we will be provided assistance to advance our capabilities. Energy enables communications which in turn enables universal education. With education everything is possible.

UNIVERSAL Roadmap and Structure 1925 – 1935 The Urantia Book

# Cause No Harm < to OTHERS to MYSELF

### Strive to love others as I am to love myself

To liberate one's real self, one's will, being one's soul, is by embracing Feeling Healing so to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.



## **God's Divine Love: Pray for it, ask for it, and receive it.**

Feeling Healing with Divine Love is the key



to enter the Celestial Heavens:



perceived truth MoC 880 - relative truth potential MoC 1,480