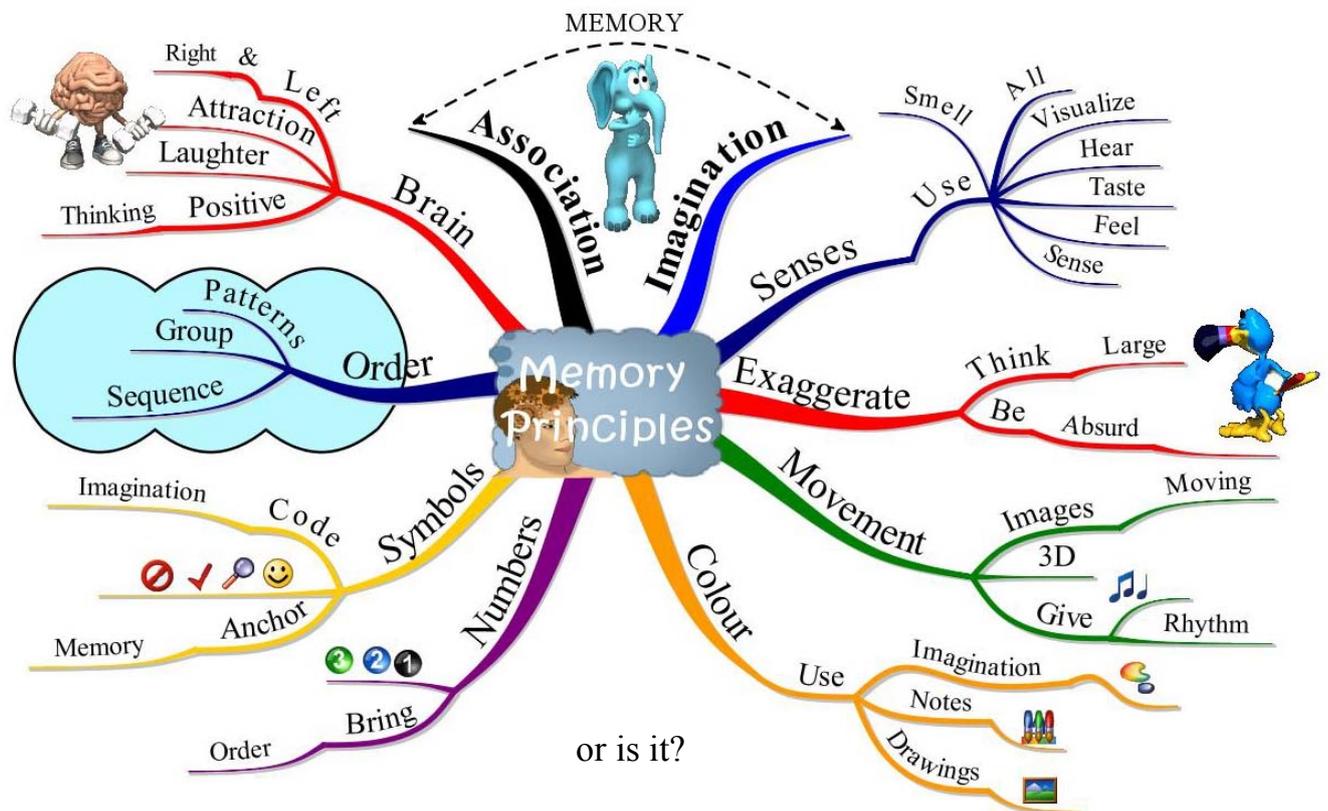


PASCAS CARE

Total Recall



“Peace And Spirit Creating Alternative Solutions”

PASCAS FOUNDATION (Aust) Ltd
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Pascas Foundation is a not for profit organisation

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PASCAS INTRODUCTION

Documents assembled by Pascas are provided for your individual assessment and exploration. The contents are sourced from a variety of avenues and publications. Every endeavour is made to determine that the contents are of the highest level of truth and veracity. At all times we ask that you go within yourself, to ascertain for yourself, how the contents resonate with you.

Pascas provides these notes and observations to assist us all in the development and growth of our own pathways and consciousness. Pascas does not hold these contents as dogma. Pascas is about looking within oneself. Much of what we are observing is new to us readers and thus, we consider that you will take on board that which resonates with you, investigate further those items of interest, and discard that which does not feel appropriate to you.

Kinesiological muscle testing, as developed by Dr David R Hawkins and quantified by his Map of Consciousness (MOC) table, has been used to ascertain the possible level of truth of documents. Such tested calibration levels appear within the document. We ask that you consider testing same for yourself. The technique and process is outlined within Pascas documents, such as Pascas Care – Energy Level of Food. From each person’s perspective, results may vary somewhat. The calibration is offered as a guide only and just another tool to assist in considering the possibilities. As a contrast, consider using this technique to test the level of truth of your local daily newspaper.

Contents are not to be interpreted as an independent guide to self-healing. The information sourced herein is not from a doctor or doctors, and any information provided in this document should not be in lieu of consultation with your physician, doctor, or other health care professional. Pascas, nor anyone associated with this document, does not assume any responsibility whatsoever for the results of any application or use of any process, technique, compound or potion as described within this document.

The sources of contents are noted throughout the document. In doing so, we acknowledge the importance of these sources and encourage our readers to consider further these sources. Should we have infringed upon a copyright pertaining to content, graphics and or pictures, we apologise. In such cases, we will endeavour to make the appropriate notations within the documents that we have assembled as a service via our not for profit arm, to our interested community.

We offer all contents in love and with the fullness of grace, which is intended to flow to readers who join us upon this fascinating journey throughout this incredible changing era we are all experiencing.

Living Feelings First, *John.*

“Never can one man do more for another man than by making it known of the availability of the Feeling Healing process and Divine Love.” JD



MEMORY:

When we permanently separate from our physical body, we spend some time within the spirit world acclimatising to the new conditions. After an appropriate time to become accustomed to our new location we relocate to a region within the spirit world that is appropriate for our soul condition.

We then reflect upon our life in the physical world. Our whole life experience is recalled in absolute complete detail. TOTAL RECALL of every day of our life, back to the time prior to our physical birth, is replayed within our mind. To progress within the spirit world, one then must resolve negative actions that we undertook within the spirit world. Asking for assistance from brighter spirits and asking them to teach you about Divine Love is very, very helpful.

The transcript following of the 60 Minutes documentary ‘TOTAL RECALL’ explains how the memory recall function works once we are within the spirit world. Nothing is suppressed and nothing is lost, our whole life comes up for us. Errors are painful, however, once you have resolved such negative events, even though you will continue to remember them, should you so recall them, the pain will be gone as you grow in love.

Book of Truths P.572

25 Feb 1918

“Then, as I say, the judgment day is not a special time when all men must meet in the presence of God, and have their thoughts and deeds weighed in the balance, and then, according as they are good or evil, have the sentence of an angry (or even a just God) pronounced upon them.

“The judgment day is every day, both in the Earth life of man and in life in the spirit, where the law of compensation is working. In the spirit world time is not known and every breathing is a part of eternity and with every breathing so long as the law requires, comes the judgment, continued and unsatisfied, until man, as a spirit, reaches that condition of harmony, so that for him, no longer the law demands a judgment.”

“Memory is man’s storehouse of good and evil, and memory does not die with the death of the man’s physical body, but on the contrary, becomes more alive – all alive – and nothing is left behind or forgotten when the spirit man casts off the encumbrance and the benumbing and deceiving influences of the only body of man that was created to die.” Jesus

23 Mar 1919

“Many a man who considers himself good, as men generally go, will find that in the storehouse of his memory are the records of many thoughts and deeds that he had forgotten, but which when he comes to spirit life, will come upon him in all their nakedness and horror, to be atoned for in the way that the laws of God require.” John D Rogers

20 Dec 1914

“We know, because we saw it in your thoughts and then we knew that you had dreamed it. So you see, we do not have to know of things actually happening in order to be able to speak about them. All we have to is to learn what your mind is thinking and we are then we are able to tell you just what you know and believe.

Every man is the mirror of his own thoughts and we do not have to know of our own knowledge just what has taken place in that man's life in order to tell him of all his actions and doings while on Earth. We are able by our power of reading the brain (memory) of a man to know what he has done in his past life. His brain (memory) is a storehouse of all that he has done, even though he is not able to recall these things. But they are there in memory's halls and we can see and learn what is recorded.

So you see the past is as apparent to us as the present. We do not always resort to this method of telling a man what is in store for him in the future, but when we need to know his past all we have to do is to look into his memory's storehouse and we know. But dreams are not stored in memory always; some are mere fleeting shadows that leave no trace of their ever having passed through his brain, while others leave their records on his memory. So when you dream, if your dream has any significance or is worthy of being preserved, it is in memory's home; but in order to know whether it is there or not we have to search the hidden recesses of his memory as well as the more open places. So you see, every act that a man is guilty of and every dream that has a significance or is worthy of preservation is kept of record for future reference. Then how careful ought a man try to do what is right in God's sight, and not do those things which will rise up before him when his spirit comes here and arises before him in judgment."

Helen Padgett

Book of Truths published by Joseph Babinsky www.lulu.com www.amazon.com

So, here is how the memory recall functions, as it does for these 10 ladies now living:

"I love you Father." "Let the Divine Love proclaim its energy into my soul."

"Mother and Father, I desire your Love and I am loving you."

"Soul God, I love you and I love receiving and experiencing your Divine Love."

Try it; give the Love a go! If you want to shine, receive the Love.

One can simply receive the Love without following any religious or spiritual teaching taught by man!



"Every day is a day of devotion."

Please Mother and Father, may I receive Your LOVE.

God's Divine Love: Pray for it, ask for it, and receive it.

Our salvation IS the embracing of Feeling Healing with Divine Love.



Total Recall

5 Sep 2011

View the TV broadcast at:

<http://sixtyminutes.ninemsn.com.au/videoindex.aspx>

Imagine being able to remember every minute detail of your life. You can recall what the weather was like, what you were reading or what you wore to the shops at any minute, any hour or any day stretching back decades. It sounds like some kind of parlour trick. But it's actually a real and very rare medical phenomenon.

So far scientists have discovered ten cases worldwide. What these people can do will quiet simply make your head spin.

Take a ride with me down memory lane with veteran Hollywood actress Marilu Henner

Marilu: "July 22 of 1978, here we go again, now driving by the first property that I moved into."

Reporter: "So driving along these streets you remember different little things."

Marilu is no stranger to the lime-light. In the 1970's she starred in the sitcom, "Taxi", but among her family and friends, Marilu Henner has always been famous for remembering everything.

"Hey Mum, what day was Valentines Day in 79?"

"It was a Wednesday."

"And you are right! Explain how you do this?"

"I don't do it, I just see it." Responds Marilu to her teenage son.

Reporter: "You can remember your whole life?"

Marilu: "Yes, I can remember my whole life and some things come up, like, right away. And some other things come up a little more slowly, but eventually everything comes up."



Reporter: I thought I would see just how far back Marilu Henner's memory goes. Picking at random, an episode of Taxi of more than thirty years ago. "I had a look at the Taxi episode in 1978, 'Come as you Aren't'."

Marilu: “That was the fourth episode that we shot, and I had a blue dress on.”

Reporter: “That was going to be the first question I was going to ask, what dress did you wear for the part?”

Marilu: “And I remember Tony saying –‘How come we can’t go to the party too?’” “Things come back, like a line from Alice, “You might be my best friend” – and he turns around. Like the episode will come back to me.”

Reporter: “Marilu is one of just ten people in the world who have been tested and proved to have superior autobiographical memory. Total recall of every day of their lives.”

Tester: Delta flight 1091 crashes near Dallas Texas –

“Oh, I know exactly when that happened because it was August 2nd, 1985, it was a Friday

Reporter: “Such a gift has never been documented before. And scientists, like Professor James McGaugh are excited about where it may lead.

Professor James: “What one of them said, it is like a Google search, you put it in, and it sss, sss, sss, and there it is. It is the year, and it is the month, and it is the day, and it sort of narrows in and it goes bang. And this all happens very quickly. Sss, sss, sss, and there you have it.”

Reporter: “That is how they explain to you, how they do it.”

Professor: “Yes. Not a scientific explanation.”

Marilu: “It is really like selective scenes on a DVD.”

Reporter: “If I through you a random date, say, 8 September, 1985.

Marilu: “8 September, 1985 was a Sunday. 85 all of a sudden lines itself up, and it gets completely organised, sort of in a timeline way, and I see the whole calendar sort of fall into place.”

Reporter: “It is an extraordinary skill, and one that Marilu is thrilled to have. For others though, like Jill Price, who is the first person to be diagnosed with this remarkable condition, it is a burden.”

“Is it driving you crazy on the inside?”



Jill: “Some times it does, yeh. I really want to be screaming at the top of my lungs most of the time, I can’t do that, so I have to keep everything in check.”

Reporter: “When did you realise that you had this ability?”

Jill: “About five weeks after I turned 14, and I don’t know why on this day exactly February 5th, 1980, but from that day until now, it is every day. And so, you pull a date out and it is right there.”

Reporter: “Every moment of every day?”

Jill: “Every day – yeh.”

Reporter: “Don’t believe it? Well, let us do a test.”

“The Challenger disaster?”

Jill: “Tuesday, January 28, 1986. And the super bowl was the Sunday before.”

Reporter: “John Lennon’s assassination?”

Jill: “That was December 8, 1980.”

Reporter: “Do you remember what day of the week?”

Jill: “Monday, I was in 10th grade.”

Reporter: “It blows my mind that you can remember that!”

“The Chicago plane crash?”

Jill: May 25, 1979. I was in the 8th grade, I had just come back that week from having the chicken pox.

Reporter: “Remembering historical events is one thing. But this goes a whole lot further. Imagine having instant recall of what you had for breakfast exactly 20 years ago.”

“What if I flip it around and not give you an event but a date. 28 February 1997?”

Jill: Um, that was a Friday, and I was leaving that day to go to San Francisco but we sort of got sidetracked by a bank robbery in North Hollywood, starting, like, on that Friday,

Reporter: “And so starts an out pouring of memories plucked from up to three decades ago, that were like yesterday.”

Jill: “That is what is in my head, like, all of this stuff.”



Reporter: “For years, all this stuff, as Jill calls it, was driving her mad. In desperation, she contacted one of the world’s foremost experts on memory, James McGaugh

James: “I got out this very large book that has within it, day by day of what has happened over the past millennium and just randomly opened to pages and asked what had happened on this day? And I was astounded by it because she could tell me without even taking a deep breath.”

Reporter: “By the end of the day, Dr McGaugh was realising that he was dealing with something completely unknown to science.”

James: “It is the ability of an individual to remember in detail what happened to them on any day of their life after the age, roughly, of 10 or 12, and also to remember all of the major public events that occurred on any given day.”

Reporter: “That description struck a cord with another young woman who thought it sounded just like her too.”

Louisa: “I wrote them a letter and I said I am Louisa and I am a 36 year old violinist and I live in New York City and I have total recall of every day of my life since 1985.”

Reporter: “Dr McGaugh and his colleagues put Louisa through hours of exhaustive tests.”

James: “Let us go back in time to 1988. It rained on several days in January and February, can you name the dates upon which it rained?”

Louisa: “It was slightly cloudy and rainy on January 14th, 15th, ...

Reporter: “And she passed with flying colours.”

James: “Her memory is very much like your’s and my memory of yesterday.” “There are no tricks, it just happens.”

Reporter: “Louise, if I through a year at you, like say, 1991, what happens to your brain?”



Louisa: “1991. I am immediately thinking about – that was the year I left LA and I moved to Boston.”

Reporter: “Do you remember who won the Oscars that year?”

Louisa: “The Oscars, I didn’t watch the Oscars that year. I think it was Monday, March 25th. Best actress and actor, Kathy Bates for One from Misery, and Jeremy Irons for Reversal of Fortune.”

Reporter: Louisa cannot explain her gift. She says, her memory is a bit like a muscle she loves to exercise.”

Louisa: “I pick a day in a month, and then pick a year and then scroll back as far as I can go, year by year.”

Reporter: “It jumps into your head very quickly. Can you get rid of it just as quickly?”

Louisa: “Sometimes I feel like with all these dates and with all these memories, it is like I am in charge of 9,000 rambunctious little children. Each one represents a different date, a different memory, and they are all vying for my attention all of the time. ‘Pay attention to me.’ You know, I have to keep everyone under control here. That sounds exhausting, but it is a lot of fun.”

Reporter: “Dr McGaugh and his colleagues are getting closer to understanding this extraordinary ability. They noticed that the 10 confirmed cases were all highly organised. Some to the point of excessive compulsive disorder, others, like Marilu Henner, just have very neat wardrobes.”



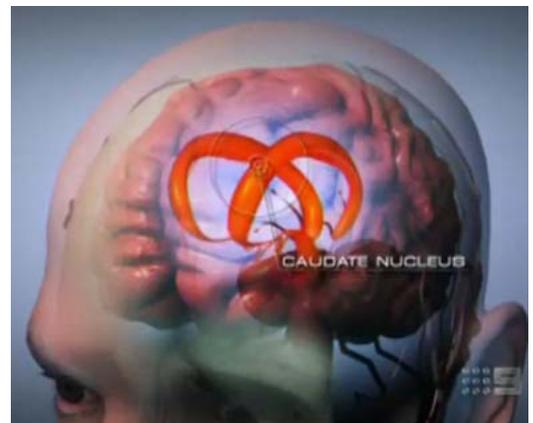
James: “All of these subjects who have a very strong autobiographic memory have some tendency to do some things in excess.”

Reporter: “And you have kept a journal for how long?”

Jill: “Since the last week of 1976. It just rolls in my head until it is written down.”

Reporter: “Look at how tiny your writing is?”

Reporter: “Now the scientists are doing MRIs, brain scans on their volunteer subjects. And they have discovered something astonishing. In each subject, in one part of the brain called the caudate nucleus is enormous, up to seven times bigger than normal. These people may help unlock some of the mysteries that we still do not understand about the human brain.”



“Is this potentially a cure for Alzheimer’s or dementia?”

James: “This information that we provide may well turn out for understanding all kinds of disorders, not just Alzheimer’s disease, but brain damage from head injury, for encephalitis, and all kinds of things.”

Reporter: “For those who live with it every day, total recall is a mixed blessing. Tell us about the sad stuff?”

Jill: “That is the stuff that has given me my emotional nightmare throughout my whole life. I just cannot move forward, and that is just detrimental to my whole life. It is crippling, because I do believe that for everyone in my life, I am very different.”

Reporter: “For Marilu Henner it has made a good life made even better because she can recall every single moment.”

Marilu: “I feel so blessed to have it, because I feel I get to carry all my life lessons with me.”

Reporter: “What about bad memories. Do you think back to relationship break downs?”

Marilu: “Every single one. It is so funny, women always say, ‘what about that bad break up’, and men all say, ‘oh my gosh, you must be impossible to be married to.’”

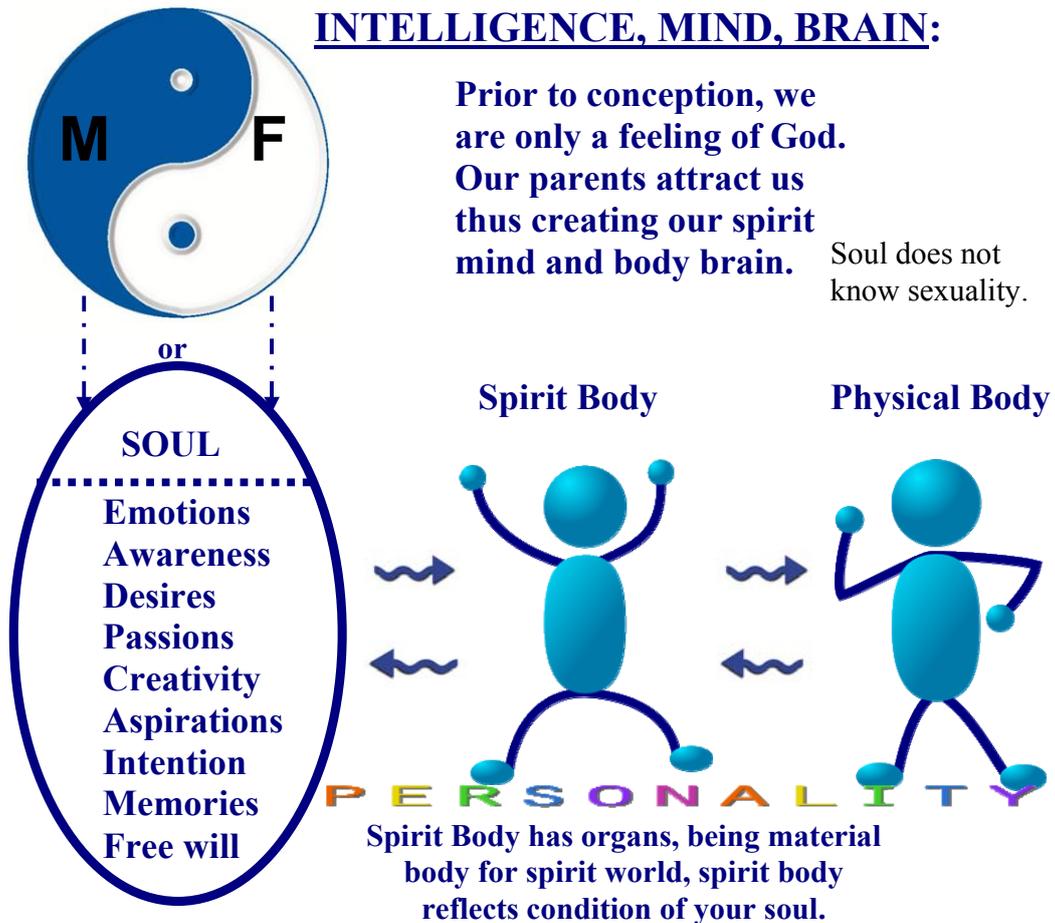


Soul Condition:

It is your soul condition that attracts spirits as well as people here on Earth.

Your soul condition is what attracts everything.

Your soul condition is the sum total of everything within you emotionally, all your belief systems, all of your emotions, all of your passions, all of your desires. It even includes your intellectual beliefs. All these things make up your soul condition. They all govern the Law of Rapport.



Our Intelligence is Soul based. The capabilities of discernment, e.g., by kinesiology muscle testing, expands only with the growth of our Soul's intelligence. Upon conception, the creation of both our Spirit Body and Physical Body occurs, bringing forward our unaware Soul to start our journey. Upon death of the body, the brain dissolves. The mind continues to grow in the Spirit Body until we progress through the 7th sphere into the 8th sphere at which point we are 'born again', one with God, entering the Celestial Realms, and the mind is no longer. Our soul intelligence grows and our soul expands with the ever increasing infusion of Love from God.

Three Great Truths:

- **God is Soul, being our Heavenly Mother and Father;**
- **that each individual soul is a duplex – both male and female;**
- **and Feeling Healing with Divine Love is the pathway to Paradise.**



SHINING TOWARD SPIRIT:

Vol I, p. 13, 14 Nov 2014 – 14 Mar 2015 Zara and Nicholas

16. A Man who Suffered Dementiawww.lulu.com

Kinadra is a beautiful individual. I listened as she conversed with you (Nicholas and Zara). Luke is present with us and has instructed me to speak with you. I desire to say that I have received the Divine Love and that I love and accept the Father. I have not long been here in the spirit world, coming over only recently.

I can hardly believe how my life has continued and that I have all my memories. I say this, because the last 10 years of my human life my memory had gone. Only now that I am a spirit I can see that **my memories were preserved in the memory centre of my spirit-mind in my spirit body**. Thank goodness such a provision had been made, being the spirit body! I had acute dementia, which was slow and a progressive disease that eventually caused me to pass away. I now know that such conditions are never permanent, and I thank those beautiful souls who nursed and cared for me until my end. My words here are a testimonial to those who may know another who is experiencing the same fate as I did when living in such a deplorable human condition. I am now full and happy again! Bright and knowing that by the Grace of God, such times are never permanent.

Upon my passing I woke up in a bed and structure in a weakened condition. I was nursed back to full strength moment by moment; all my faculties returned full and by my faculties I mean my personality. It didn't take too long until I felt quite normal; normal as in before my dementia took place. I then learned about my new spirit life, accepting that I had fulfilled my human life and a free new life was to begin. Some of the nurses who cared for me as a new spirit told me about the Divine Love that many spirits are living with. As part of my recovery and my own choice I asked for this Love. The nurses taught me how to pray and to accept this Love. The reason I followed their leading was that I was so graciously honoured that my previous condition had humbled me. I realised now as a spirit, that so many had loved me unconditionally. Those carers and nurses back on Earth and here in the spirit world, revealed to me now how much love had been given in my condition. I was never left alone to die and more importantly, left alone to live again in this spirit world. There had to be a purpose to this, I thought. Upon hearing about the Divine Love I felt that I had to ask God for this Love for I am still living and my gift of life whilst severely incurred by a disease, had never taken the real gift of my life to me: my soul.

I felt the Divine Love and being in the care of those nurses where their action was so loving, my whole being wept for the joy of my human life and I knew that I would not sit in judgement of myself for those ten years nor did I feel any anger or resentment toward God. I never really believed in God but it was through the actions of those carers and nurses who attended to my physical needs, and those nurses in the spirit world who attended to my spirit needs in their action of living love that I knew that there must be a God! I know now that whilst people on Earth may fear one another and do terrible things to each other, these actions are a mere shadow in the great kingdom of love and that these fearful actions pale into insignificance when contrasted against the loving actions of people and spirits and the living truth that God is Soul and Love and the provider of real truths.

I am a little tired as this form of communication is new to me. I hope my words may help another.

Good day to you both, Richard.



SOUL  SPIRIT BODY  PHYSICAL BODY
 PERSONALITY

Spirits see the brightness of the spirit body, they deduct that the spirit body is the soul, whereas it is not. Spirits below the 8th sphere cannot see the soul. The spirit body just reflects the condition of the soul. Your spirit body reflects, moment by moment, what is going on in your soul.



PERSONALITY
 Soul Spirit Body Physical Body
 The etheric body is the spirit body.
 The soul is the real you!
 Your soul is half of your real soul.

SHINING TOWARD SPIRIT:

Vol II, p. 18, 14 Nov 2014 – 14 Mar 2015 Zara and Nicholas

494. A Spirit shares his relationship between Memory and Emotionwww.lulu.com

When I entered my spirit life I was still with my experience with memory; I found this interesting. Part of my adjustment from my human living to my now spirit living was to understand how my emotions related with my memories. I could see with clear perspective the human life I had lived, I had all sorts of memories but like so many memories, they are social memories that seem to disappear as quickly as they are formed. In my spirit body I have emotion and feeling and I have since learnt that my **emotions are connected with my truest memories and these memories relate with my truest relationships**. I spent time in my early spirit life understanding my relationships and these relationships were my significant memories formed from relationships with my closest loved ones and the environments that meant so much to me. I realised that I couldn't relate with my memories without relating with my emotions. I have since learnt that **memory and emotion are combined**.

As I embraced the Divine Love, clearer memories emerged almost to the point that I could view them visually as if I were passively witnessing my living past whilst I was standing still. My emotions would signify my relationship as to the intensity of the memory and what it meant to me. I could then relate my memory to certain memories and emotions with deep feelings of love or other expressions of myself. Gradually my emotions became more mutable (liable to change / changeable) as my memories were accepted, which in turn, enabled me to accept my emotions which then revealed the Truth and Cause of these relationships. This takes time depending upon the condition of one's soul, as the **emotions and memories relate with soul condition**. I have learnt from spirits more progressed than I, that this experience of emotion and memory and one's experience as the soul is matured in the Love, is a normal process by which the soul moves into a greater condition of love and emotions which allows for spirit memories to be harmoniously formed as I am forming new relationships that are substantial.

Thank you for receiving my experience of memory and emotion. Yours sincerely, Luke R

496. Angelina returns to communicate

Each individual is very much with the physical nature of memory, experience and emotion and **by acquiring the Divine Love it takes time for the Love to establish its presence within the individual so as not to distort or create any abstract footing that impedes the individual from progressing in their awareness of their memories that may need to be loved into harmony**.

With love, Angelina

“I love you Father.” “Let the Divine Love proclaim its energy into my soul.”

“Mother and Father, I desire your Love and I am loving you.”

“Soul God, I love you and I love receiving and experiencing your Divine Love.”

Try it; give the Love a go! If you want to shine, receive the Love.

One can simply receive the Love without following any religious or spiritual teaching taught by man!



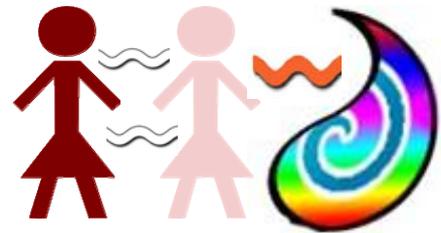
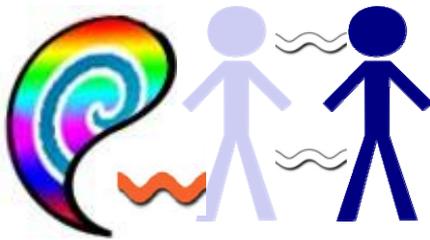
A spirit enters through your silver cord to channel information to you.



Our real self is a duplex soul, our soul splits:

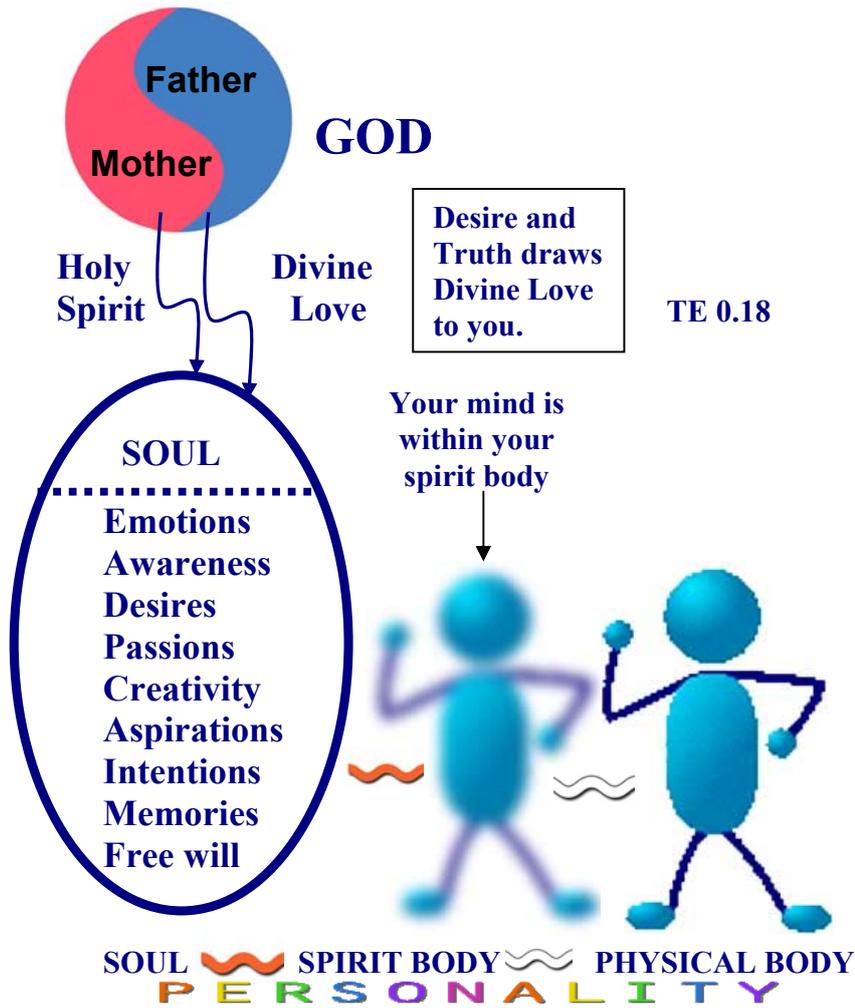


Our two soul halves split away at incarnation.



There are multiple cords connecting the soul to the spirit body as there are multiple cords connecting the spirit body to the material body.

We start living our experiences through our bodies.

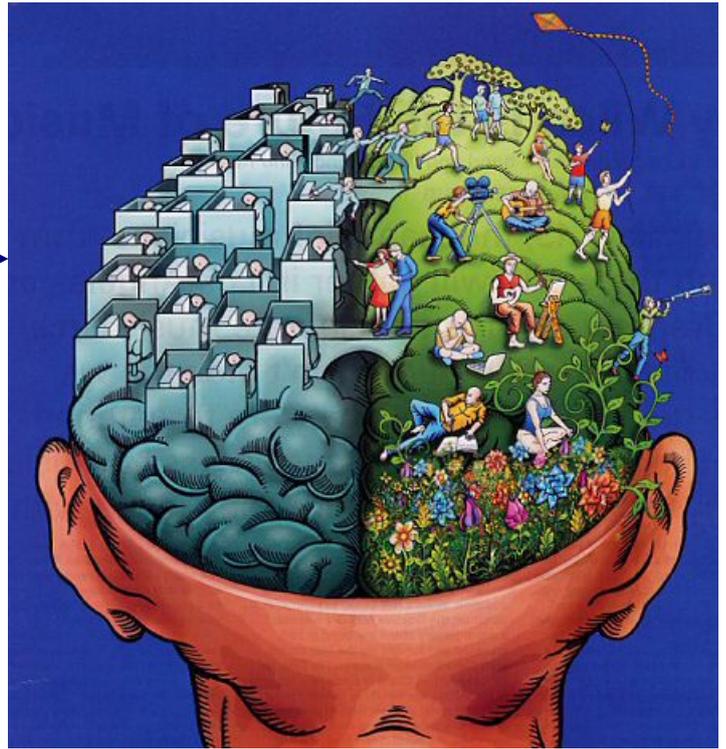
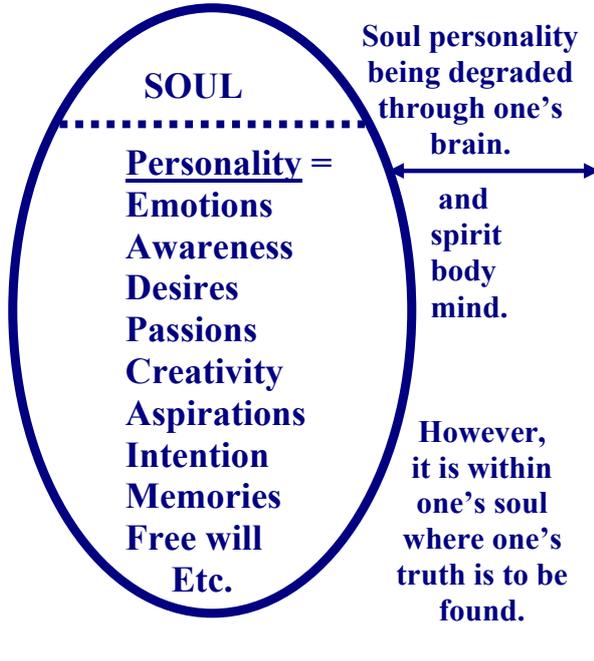


Kundalini energy is an energy that can sustain; it is one of many thousands of energy sources from God. It is not Divine Love energy from God.

Kundalini rising

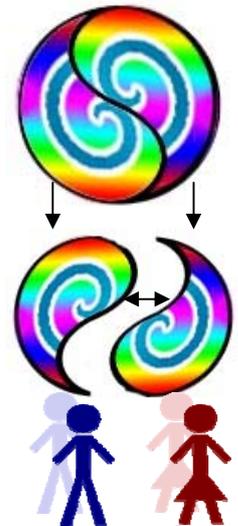


Personality



SOUL PERSONALITY

Each soul, ever created, is unique. Just as each snowflake is unique. Every soul is unique from every other soul ever created. By referring to your soul, we are referring to your complete soul prior to its division into its two halves. Each soul expresses two absolutely unique personalities. Your soul then incarnates into two separate spiritual and physical bodies, one half into a male body and the other half into a female body, thus the personality is further distinguished by its male or female aspects. Your soul half, has a personality separate and distinct from every other soul. Your personality is bestowed complete by our Father and Mother. The soul expresses its two personalities into Creation. Your personality traverses your physical body, your spirit body, and your soul. At the time of death of the physical body, your personality continues on existing in your spirit body and soul.



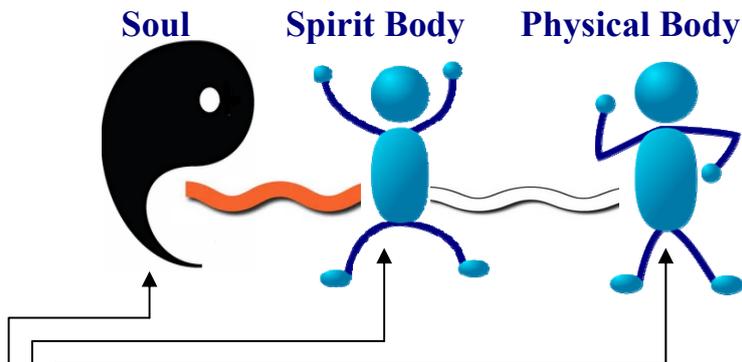
No matter where our two soul halves incarnate, they will be drawn back together again as they grow in love.

The individuality of each soul half is never lost as they grow in love and return together.



The real you is your soul, which continues to be connected by cords of light with your spirit body.

HIERARCHY of HEALING SYSTEMS



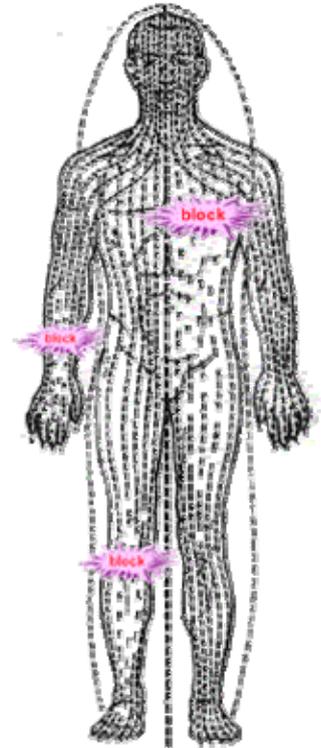
ALLOPATHIC – Western Medicine treats the symptoms, is highly regulated and costly as it is cost driven.

ENERGY HEALING – Eastern Therapies also treat the symptoms with the assistance from natural love spirits from the realms up to the 6th sphere.

Therapy applied to the spirit body is through an energy therapist who may work on the chakras, whereas a chiropractor works on the physical body. Such types of therapy deal with the effects and ignore the soul and the causes.

EMOTIONAL PROCESSING and CLEARING deals with the cause. Soul level clearing and growth provides permanent solutions whereas the other two systems provide temporary relief.

If you focus on the soul, that is the most powerful tool to improve yourself.



**Feeling
Healing with
Divine Love is
the key!**



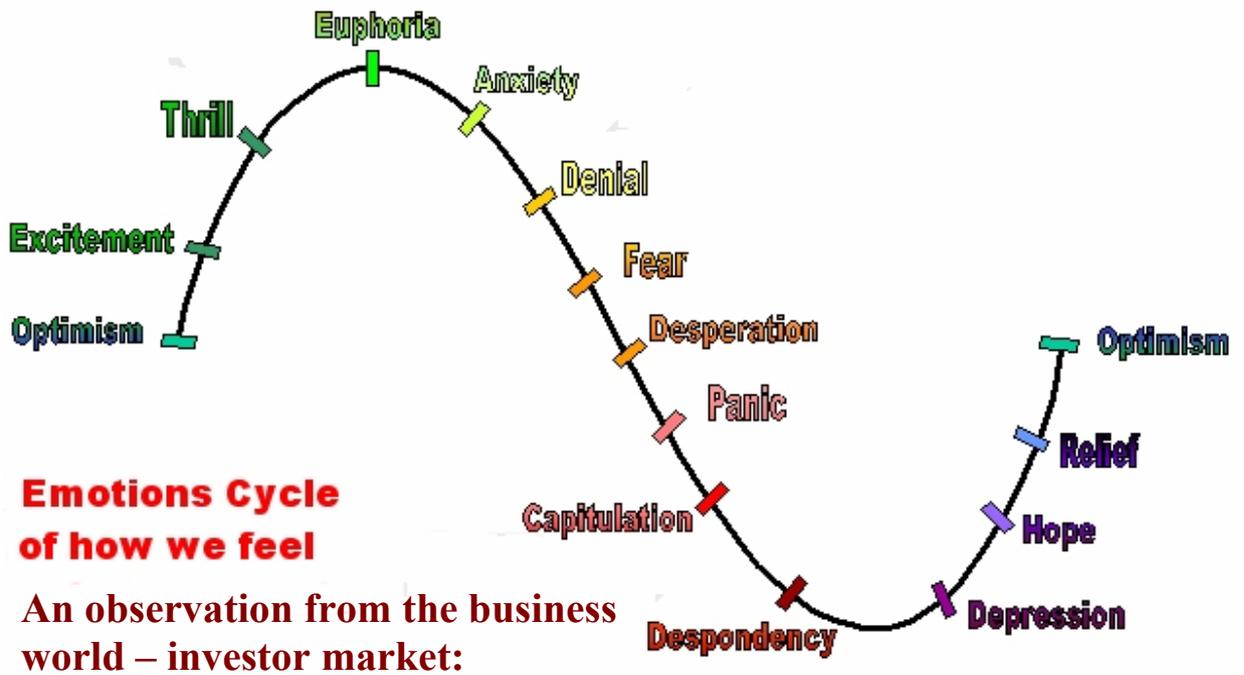
Note: Following the writings of James Moncrief, one could consider that any reference to the Father, by other relevant writers, may be read as a reference to 'our Mother and Father'. Further, when considering soul healing, then reference to Divine Love could be referred to as 'Feeling Healing with Divine Love'.

Free Will

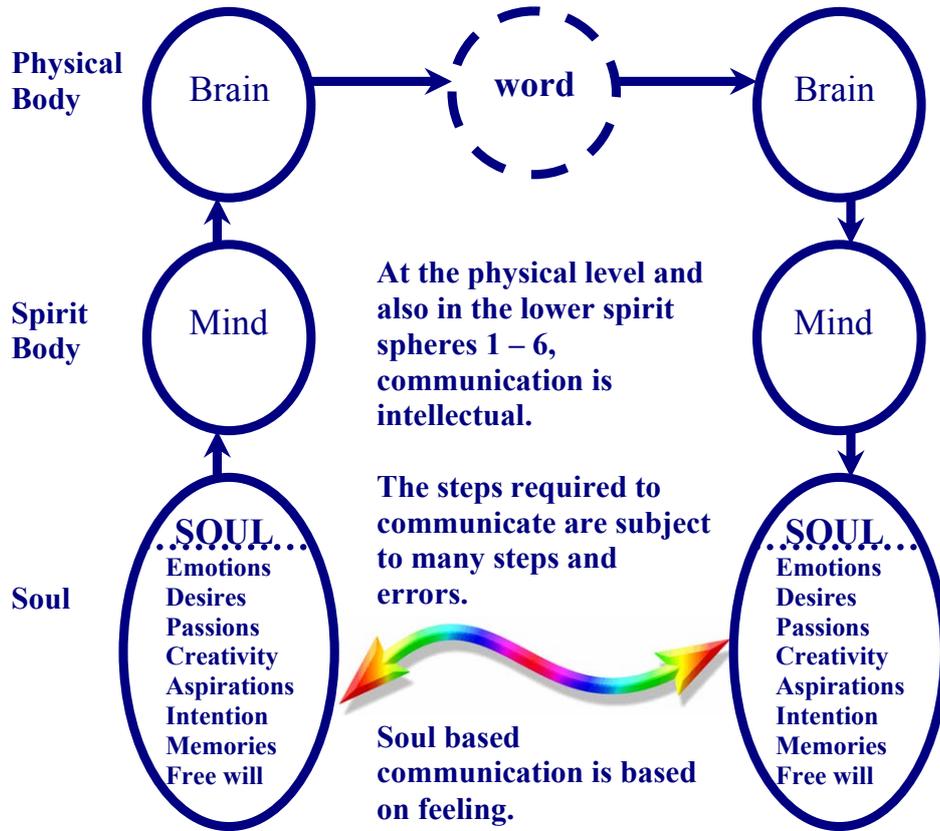
When ever you harm the free will of another, you are actually breaking a law.



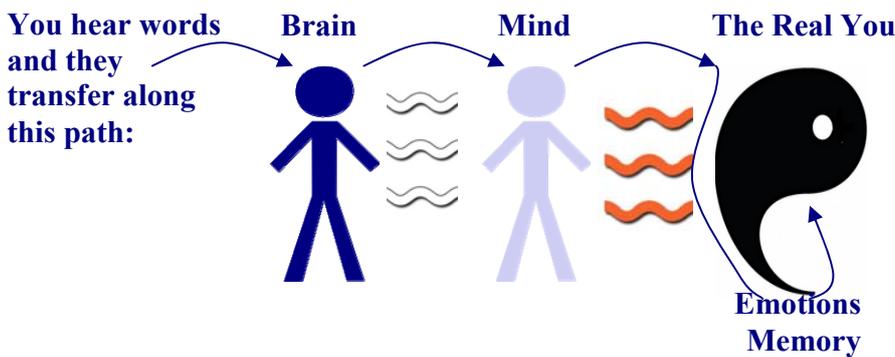
My soul condition governs my Law of Attraction.



COMMUNICATION at the PHYSICAL LEVEL



COMMUNICATION at the CELESTIAL LEVEL



Spirits that are on the Divine Love path will communicate with you directly soul to soul, with your feelings.

God communicates with you directly with your feelings, not with thought. Those feelings will generate thoughts within you.

WE EACH have a Nature Spirit pair, Spirit Guide pair, and an Angelic Pair:

For those doing their Healing or are interested in doing it will from that time have their own personal angels, spirit guides and nature spirits with them, with whom they are to develop their own relationships should they want to. It is not about ‘sharing’ the same angels or guides or nature spirits, it is about you relating specifically to your ‘own’ ones because they are provided for YOU. It’s all for you, to maximise the experiences we each need.



We are all to have our own pure relationships. And it’s the same of course in life with your friends, however over there, in spirit, dealing with Nature Spirits, Spirit Guides, and Angels, it’s more personal and private and ‘JUST FOR YOU’. So we have our own separate, unique relationships.

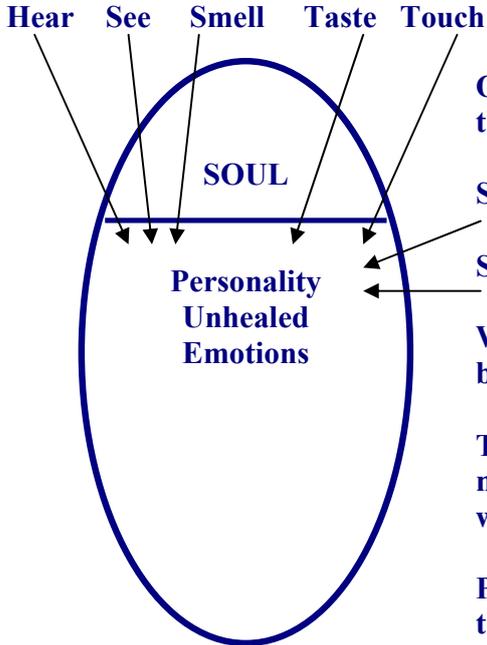
For example, Nature Spirit Verna has been assigned to be specifically and only with James, and she ain’t going to be assigned to anyone else, so she won’t be sharing herself around.

This is SO IMPORTANT to understand so that in future there won’t be all these people claiming to be speaking with Verna or Mary Magdalene or Jesus or Nanna Beth or anyone else who is part of it all in such capacity. Mary M and Jesus have spoken with James as they have, making it quite clear he is all they are speaking with.

We each have a band of a Nature Spirit pair, Spirit Guide pair, and an Angelic pair, each pair being in their ‘soulmate’ relationship. Even though we are ascending mortals having a soulmate, even our soulmate has his or her own group of six personalities assisting him or her. Our assigned Nature Spirits do not continue with us into spirit, our Spirit Guides may for a time assist upon entry to the spirit Mansion Worlds, however, our personal Angelic pair continues with us to Paradise, and then even possibly being with us throughout eternity.



Feelings first



Our abilities in the physical form are a subset of the senses that we have in a spiritual form.

Spirits have the ability to feel emotions.

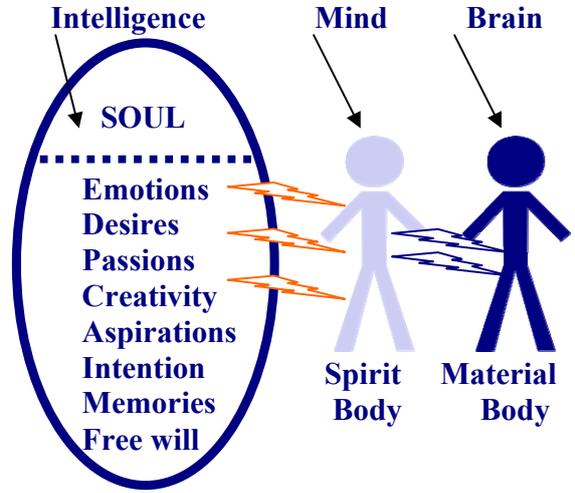
Spirits have the ability to see pictures.

We have the ability to do that with every single being in the universe.

The only thing that limits this ability within myself, in the physical, is unhealed emotions within myself.

Progressively, we will connect with spirits through all of these senses.

We need to get away from analysing things in our mind / brain and into the soul space of analysing things at the emotional feeling level. When we do that, we will begin to understand the purpose of every law.



P E R S O N A L I T Y

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.

SUPER SENSORY SENSES



The super sensory senses are within the soul:

- Soul has many, many senses.
- Spirit body has much higher senses and capabilities than the physical body.
- Body has five sensing tools – sight, smell, touch, hearing, and taste.

When the soul receives Divine Love, even the super sensory senses continue to grow.

Physical Body	↑	Generally we develop our physical senses first.
Spirit Body	↑	Mind / brain development starts.
Soul	↑	Soul development is typically ignored on the planet.

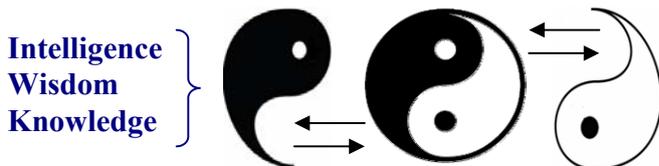
Soulmate development is soul to soul.

Once we open up our soul, we cease to depend upon our bodies, and connect soul to soul.

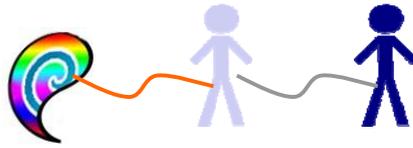
Spirit body connects via a silver cord.



The soul is the only place that intelligence is, the real you:



<http://www.beamsinvestigations.org/OBE.jpg>

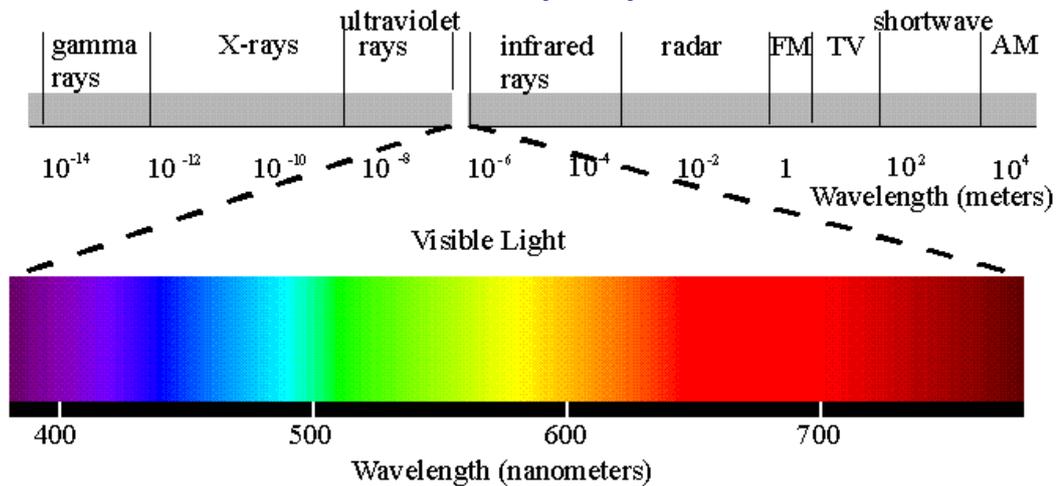


Male half of the Soul SB – MB –
 of the Soul spirit body material body

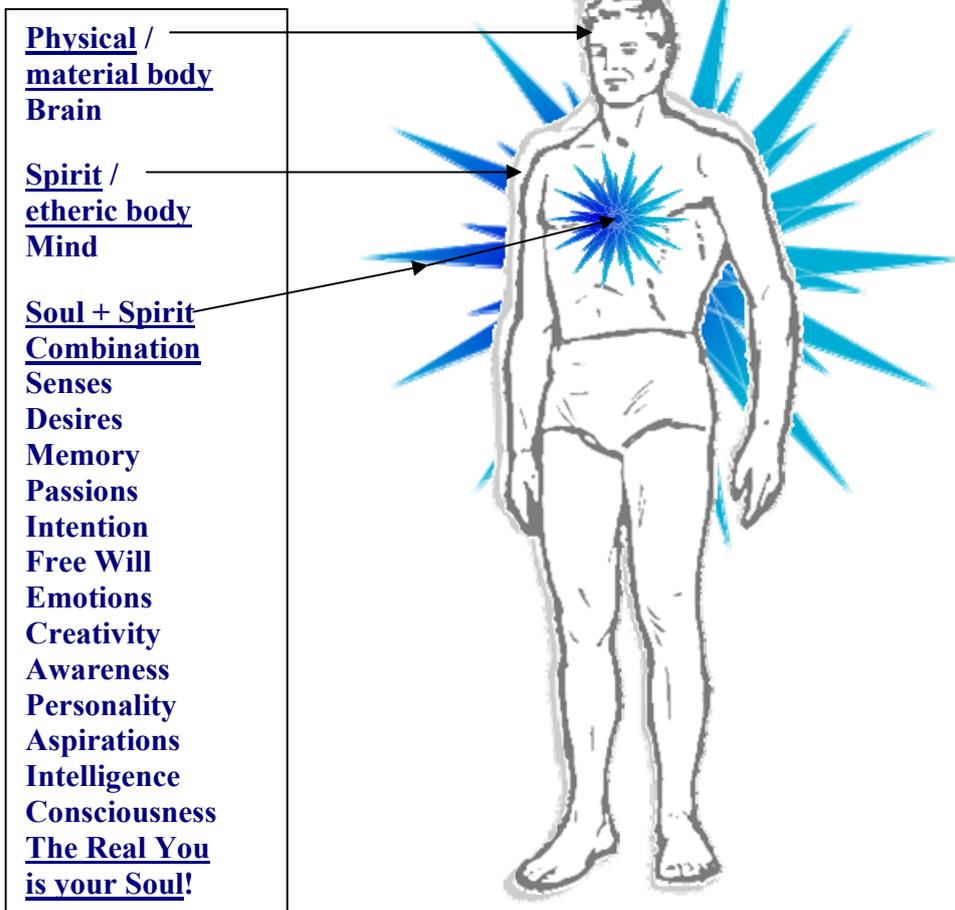
Brain is in the physical body, mind in the spirit body, and memories and intelligence are in the soul.

The soul is the real you, the spirit body and the physical body are appendages. The spirit body is equivalent to the astral body, the emotional body, the spirit body is the sum total of all of those bodies, there are layers of them, it is all one body that emanates out energetically from its centre. The soul controls the spirit body. The soul never separates from the spirit body once it becomes housed their upon incarnation.

**Visibility: Body - limited sight of colour.
 Spirit - expanded visibility.
 Soul - complete spectrum of colour.**



By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

ASPECTS of LIFE:

The spirit body is composed of a different kind of matter, "finer" or more "ethereal". The fact that its aspect reflects the condition of soul is a clear indication that the soul influences largely its formation, and even more, the soul is indeed the creator of this body, which covers it and provides it with the characteristic of individuality. The formation of the spirit body begins at the moment of incarnation of the soul in the foetus, incarnation which only takes place should there exist a high probability that the spirit of life has found in the new organism a stable biological structure, allowing it to carry out its life-giving function.

P529 Judas of Kerioth 8th May 2002

At the moment of conception, we incarnate, that is, we achieve individualisation and become self aware and we are then able to exercise our free will.

At the moment of conception, our soul, being our real self, is creating the newly forming embryo and everything else every step of the way as Judas says above. And our soul utilises our parents' life forces to achieve incarnation.

At the moment of conception, there is nothing of the Divine within us. Only as we proceed to ask for and receive Divine Love does our soul slowly and progressively change into the nature of that which is Divine. As our soul receives Divine Love, and embraces Feeling Healing, it will grow, and grow, and grow in brilliance and into that which is Divine.

MAN WITHOUT or WITH a SOUL!

Man without a soul is likened to a puppy dog!

The human body (without a soul) calibrates at 200 on Dr David R Hawkins' Map of Consciousness. Domestic animals also calibrate from 200 to 250 on this scale. Without a soul, a human body is incapable of rational thought, speech, or anything human.

The real you is your soul! With the infusion of one's soul becoming connected by cords of light with one's spirit body, which is the template for the physical body, comes one's personality, natural intelligence, memory, and all things human.

Our brain is simply a transceiver of communications from one's mind. The mind is housed within one's spirit body. The thinkingness is done within the spirit body mind. What is held in mind subsequently manifests within the physical body. The functionality of reason calibrates between 400 and 499, thus overriding the physical body as it calibrates around 200 only.

The natural love based soul endeavours to guide the mind (love calibrates at 500 and above). During our physical life, we encrust our soul with emotional injuries and erroneous beliefs thus impeding and frustrating the flow of loving energies from the soul to the spirit body mind, and subsequently the physical body.

It is the love energy of the soul that brings about health of the physical body and a bounteous and blessed life in the physical world.

There is nothing of the divine within our natural love soul, however, should we long for, pray for, ask for, and receive our Heavenly Parents' Love, the Divine Love of our Mother and Father, then we slowly and progressively blend our natural love with that which is Divine, Divine Love. It is this ultimate high-octane super fuel that changes our soul from that which is mortal to that which is immortal and with Feeling Healing, become fitted for the Celestial Heaven; this is the process of being born again!

If you ask for the Divine Love to enter your soul it will be 10 or 100 times more efficient, 10 or 100 times stronger than if you would let the natural love flow through your soul. So it will help to break down "the wall" you've created around your soul 10 or 100 times faster than the natural love would do.

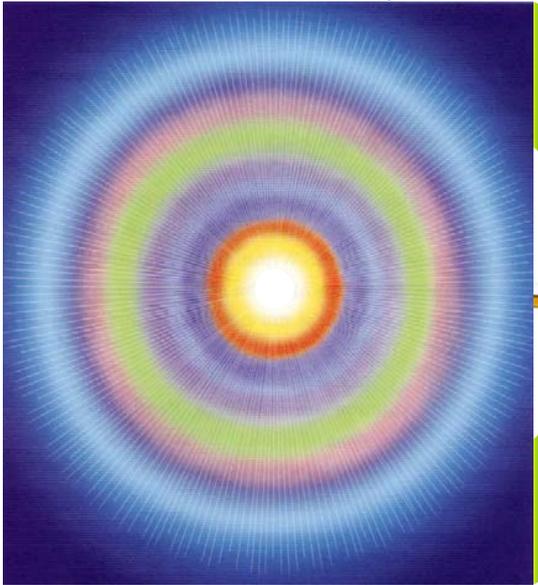
Feeling Healing with this ultimate high-octane super fuel is what dissolves the encrustments of errors and false beliefs around the soul, enabling penetration of loving energies throughout the spirit body, and into the physical body, bringing about health and vibrancy to life.



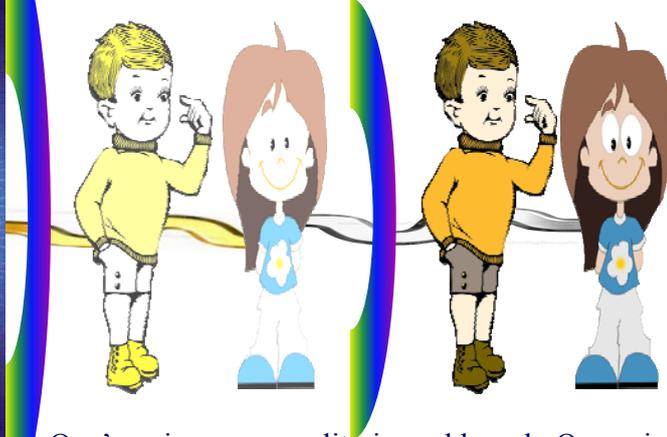
DIMENSIONS of ONE'S EXISTENCE:

Our SOUL IS NOT ENSOULLED IN OUR SPIRIT BODY. Our soul exists existentially in a whole different level or plane or place or dimension of being – 'soul land'. It doesn't exist in Creation, it's not experiential like Creation is. The soul, all souls, help create their part of Creation by expressing their personalities into Creation, and then by having their personalities do things (further create) in Creation.

SOUL exists existentially



Our Physical Body and our Spirit Body are of Creation, being linked together by cords of light as are the two spirit bodies, male and female, to the one Soul.



One's unique personality is soul based. Our unique soul expresses its unique personality through the two spirit bodies and physical bodies expressing both the male and female aspects.

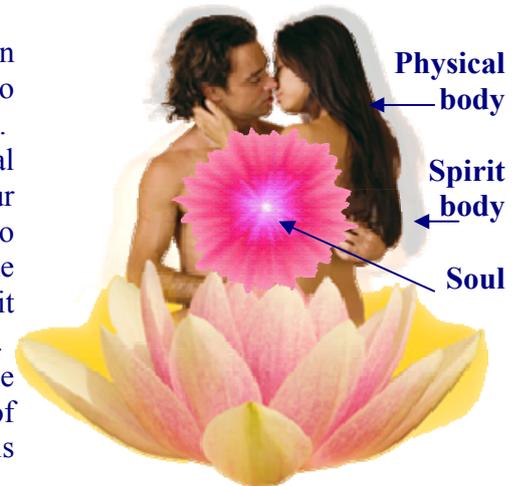
PERSONALITY



**Our soul is the centre of our personality.
We are children of our Heavenly Parents.
Our soul manifests a male and
female personality - it is a duplex!**

The REAL YOU is the SOUL:

One's personality, natural intelligence, memory and human attributes all are soul based. The soul initiates conception so it can start expressing one of its two personalities in Creation. It creates the will, then 'wills' the spirit body and physical body and all that connects them with the will into being. Our soul constantly sustains or expresses us, one of its two personalities, in Creation. The spirit can't separate from the soul because the soul keeps it in existence. We need our spirit and physical bodies to experience our personality through. When the spirit body separates from the physical body, one continues on living in a different form without losing any of the attributes experienced during physical life. Incarnation is the process of individualisation of the soul.



Without a soul, our physical bodies would function and interact similarly to that of a domestic animal. An unsouled human body (thought not possible) would respond like a household puppy! Domestic animals calibrate on Dr David Hawkins' Map of Consciousness between 200 and 250, the human body calibrates at 200. All animals have spirit bodies, these do not survive into the spirit Mansion Worlds. Our SOUL IS NOT ENSOULLED IN OUR SPIRIT BODY. Our soul exists existentially in a whole different level or plane or place or dimension of being – 'soul land'. It doesn't exist in Creation, it's not experiential like Creation is. The soul, all souls, help create their part of Creation by expressing their personalities into Creation, and then by having their personalities do things (further create) in Creation.



Our first parents, Andon and Fonta (also called Aman and Amon), were the first to exhibit human perfection hunger some one million years ago (993,500 years ago). Adam and Eve, Adamite bestowals, arrived some thirty eight thousand years ago – or earlier.

Aman and Amon were the first True Humans, which means, the first soul expressing its soulmate pair, its two personalities, in Creation – on Earth. From which came forth the rest of us. So they had a soul from the start, which separated them from their animal parents. It's the soul that wants to fully express itself through its two personalities perfectly in Creation, which is the so-called 'human perfection hunger'. It, our soul, wants to be Perfect like its Heavenly Parents, the Soul that Created it. We, focused as personalities, want to be perfect, like the Personalities of our Mother and Father that are Perfect. Our soul wants to be like Their Soul. Our soul wants to ascend us to Paradise so we can be with Them, as physically close to Them on a personality level that we can be, and then see what happens.

There were aunts and cousins, parents and grandparents. But they were not human like Aman and Amon – they were really animals, though of the same species. Aman and Amon wandered off from the family, since they could find no way of relating to them at all. How could they? They were incapable of rational thought, speech, or anything human. Aman and Amon knew that forevermore that they were apart.

Aman and Amon may have been twins. They were indeed a primate species of humanoids. But they, themselves were more beautiful than their animal relatives, and they knew, even from their very appearance, that they were marked even by Nature to be different.

LITTLE BOOK of TRUTHS:

P.108 by Joseph Babinsky

Arbuley ~ A father writes a letter to his sick son

April 24, 1919

Oh my son, realize that the pleasures and desires and efforts of Earth life are but fleeting and for a moment only, and that then comes the great problem of living in eternity, and that the thoughts and deeds of that earthly existence comes with you to condemn or make you happy.

The great law of whatsoever a man sows, that shall he reap, is in full force and exacts every part of the penalty that the life of a man for good or evil imposes upon him. There is no exception to the workings of this law and the full penalty must be paid until forgiveness comes, and then the demand ceases, and the soul emerges from its condition of suffering and darkness, a purified and redeemed soul. But forgiveness is not the mere release from or remission of these penalties, by the mere arbitrary dictum of God, as you are so often taught by the preachers, but is forgetfulness.

That is forgetfulness – oblivion as it were – of the acts and deeds that bring into operation the great law, and men when they become spirits must work into this forgetfulness in a slow and laborious manner. I say men must work, for on themselves depends to a large extent, their own redemption. No miracle will be performed, for as is said, the mills of the gods grind true but they grind exceeding small, and the spirit will have to pay the last penalty; and this must be so, as you will readily see, for the soul must in order to get into the condition of harmony with the laws of God, become purified and relieved of everything that would make it inharmonious. No soul can live in a purer state than its own qualities possess. And here let me say that no mere belief or sacraments or observance of church dogmas can bring about this purification. It is a work within the soul, and man must do the work.

Now, my son, I write all this to show you how inexorable is this great law of which the Master spoke when on Earth, and which in its exactions never change. It has no mercy and admits of no shortcut to the goal of the purified soul. How few of mortals really understand the workings of this law, but in a careless and complacent manner depend upon the forgiveness of priests and preachers and the mysterious workings of some assurances of the church's dogmas.

You will see the necessity for men to commence as early as possible to practice the renunciation and turning away from these things that contaminate and defile the soul; but, alas, as their lives on Earth continue, the most of men, instead of renouncing these things, accumulate and add to them and come to the spirit world all burdened and filled with thoughts and acts that defile; and as they are the accumulations of many years of Earth life, so many years will be required for these men, when they become spirits, to get rid of these things and false hopes and beliefs will not help them in the slightest, but frequently seem only to retard the purification of their souls.

If this were men's destiny, implacable and irrevocable, men would be in an almost hopeless and unforgiven condition indeed. Forgetfulness would come only in a slow and sinuous way, and they would shed many tears and suffer much groaning before they could feel themselves forgiven. And this will be the lot of most men, but in the end forgetfulness will come and they will find happiness.

But my son, thanks be to God, the Father of us all, there is another provision of the Father which exists and is freely given to all men who will seek for it, and that is the Divine Love of the Father, in which are

forgetfulness and mercy and oblivion of the thoughts and acts of Earth, and which is greater than the great law of compensation, of which I have just written. When this love comes into the soul of man, with it comes forgetfulness, which is the only forgiveness in the economy of God, and the demands of the law of compensation cease, and the soul becomes freed from the law.

And with this love comes a happiness and joy that no man can conceive of, and the possessor of it knows that he has become a part of God's divinity and immortality. Now, this love does not come all at once in its fullness, but as a still small voice, it tenderly and timidly answers the call of the heart that cries for it in earnestness and faith, and as it is nurtured it grows stronger and more soul-possessing, and makes its presence felt to the supplicant. Unless it is earnestly sought for it never comes into the soul but passes by unseen and in silence because the soul will not seek its possession.

You, my son, heard the way in which it may be obtained, and I urge upon you, with all your strength and longings of soul, to seek for it, and if you do, it will not refuse to enter into your soul, and you will know it, and then your start will be made not only towards forgiveness and forgetfulness – but towards the transformation of your soul into the very love and essence of the Father, and a progress that will last through all eternity.

Note: Following the writings of James Moncrief, one could consider that any reference to the Father, by other relevant writers, may be read as a reference to 'our Mother and Father'. Further, when considering soul healing, then reference to Divine Love could be referred to as 'Feeling Healing with Divine Love'.

Whilst we are receiving the Father's Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way the Father is actually loving us! When we progress, it is the Father's way of loving us into love and then we live what we are, love.

God's Divine Love: Pray for it, ask for it, and receive it.

Our salvation IS the embracing of Feeling Healing process with Divine Love.

**PASCAS
PAPERS**

**PASCAS
HEALTH**



Sensory Capability

‘The Dog Beneath the Skin’ chapter 19, p.156 from the book:
The Man who Mistook His Wife for a Hat, by Oliver Sacks



Stephen D., aged 22, medical student, on highs (cocaine, PCP, chiefly amphetamines).

Vivid dream one night, dreamt he was a dog, in a world unimaginably rich and significant in smells. (“The happy smell of water ... the brave smell of a stone.”) Waking, he found himself in just such a world. “As if I had been totally colour-blind before, and suddenly found myself in a world full of colour.” He did, in fact, have an enhancement of colour vision (“I could distinguish dozens of browns where I’d just seen brown before. My leather-bound books, which looked similar before, now all had quite distinct and distinguishable hues”) and a dramatic enhancement of eidetic visual perception and memory (“I could never draw before, I couldn’t “see” things in my mind, but now it was like having a camera lucid in my mind – I “saw” everything, as if projected on the paper, and just drew the outlines I “saw”. Suddenly I could do the most accurate anatomical drawings.”) But it was the exaltation of smell which really transformed his world: ‘I had dreamt I was a dog – it was an olfactory dream – and now I awoke to an infinitely redolent world – a world in which all other sensations, enhanced as they were, paled before smell.’ And with all this there went a sort of trembling, eager emotion, and a strange nostalgia, as of a lost world, half forgotten, half recalled.

‘I went into a scent shop,’ he continued. ‘I had never had much of a nose for smells before, but now I distinguished each one instantly – and I found each one unique, evocative, a whole world.’ He found he could distinguish all his friends – and patients – by smell: ‘I went into the clinic, I sniffed like a dog, and in that sniff recognised, before seeing them, the twenty patients who were there. Each had his own olfactory physiognomy, a smell-face, far more vivid and evocative, more redolent, than any sight face.’ He could smell their emotions – fear, contentment, sexuality – like a dog. He could recognise every street, every shop, by smell – he could find his way around New York, infallibly, by smell.

He experienced a certain impulse to sniff and touch everything (‘It wasn’t really real until I felt it and smelt it’) but suppressed this, when with others, lest he seem inappropriate. Sexual smells were exciting and increased – but no more so, he felt, than food smells and other smells. Smell pleasure was intense – smell displeasure, too – but it seemed to him less a world of mere pleasure and displeasure than a whole aesthetic, a whole judgement, a whole new significance, which surrounded him. ‘It was a world overwhelmingly concrete, of particulars,’ he said, ‘a world overwhelming in immediacy, in immediate significance.’ Somewhat intellectual before, and inclined to reflection and abstraction, he now found thought, abstraction and categorisation, somewhat difficult and unreal, in view of the compelling immediacy of each experience.

Rather suddenly, after three weeks, this strange transformation ceased – his sense of smell, all his senses, returned to normal; he found himself back, with a sense of mingled loss and relief, in his old world of pallor, sensory faintness, non-concreteness and abstraction. ‘I’m glad to be back,’ he said, ‘but it’s a tremendous loss, too. I see now what we give up in being civilised and human. We need the other – the “primitive” – as well.’

The DIVINE UNIVERSE: **via Zara Borthwick and Nicholas Arnold** **www.lulu.com**
17.10.2012: 85. *On the nature of soul perceptions*

It is important to know, that even as Celestial spirits who have progressed sufficiently in our transformation of soul from the Divine Love, we still retain our memories of our human experience. We can recall these memories as one does have memory and such memories are stored in that part of our spirit-mind that is for memory. When progressed in Divine Love, over time our memories of the past are not wiped off the record of our lives, so to speak, for only those memories relating to the causes of our disharmony have dissolved in their effects. We can still recall such causes of our own disharmony though due to our progression we are no longer subjected to these effects or their causes.

A Celestial spirit remains part of the overall extension of humanity only that we have completely accepted the Soul, God. And we no longer live in separation or competition with that Soul, for with the Divine Love ... we live *with* this Soul. This is the telling difference that is recognised when one is living in their natural love as being distinct to those living in *The Spirit of Divine Love*.

Part of the nature of the Divine Love in our souls is that it activates our spirit body systems and soul so that the nature of God is seen and experienced in the living and this places us in touch with the many Spirit attributes that extend from God and have their existence in God. God no longer remains inactive to us; inert, inanimate, or an unknown but rather a Soul of living energy whose energy in the harmonies of Love and Spirit, is personified as love that we experience. If I can convey the essence about the nature of Divine Love it is that in its energy, exists the harmony and potential so that one can see the potential that this Love brings to bridge the gap of separation between the individual and God by the harmonies of soulfully living.

With kind regards,
 Luke

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

Golden Rule: that one must always honour another's will as one honours one's own.

PRAYER for DIVINE LOVE: **library download pages at** **www.pascashealth.com**
Kindly visit the library download pages at www.pascashealth.com as further recordings are added.
 Should you click on the audio files, you will also be able to download the audio file onto your computer.
Prayer for Divine Love – from the Padgett Messages
<http://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Prayer%20for%20Divine%20Love%20from%20the%20Padgett%20Messages.mp3>
The Voice of Divine Love
<http://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/The%20Voice%20Of%20Divine%20Love.m4a>

You cannot manufacture your condition in the spirit world – you look exactly as you are, warts and all.

We can process our emotions here as in the spirit world. Our façade prevents this from happening – we are not seeing ourselves truthfully.



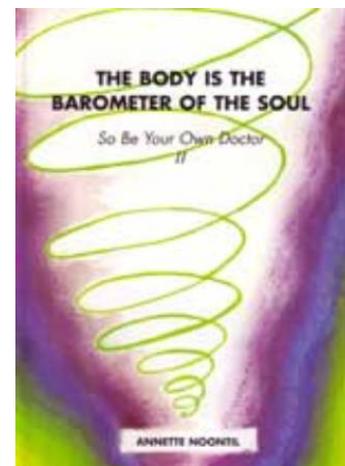
mirror, mirror, on the wall..... ooops!

Other recommended reading:

**The Book of Truths – Joseph Babinsky
containing the Padgett Messages**
Little Book of Truths – Joseph Babinsky
The Human Soul – Joseph Babinsky
The Truth – Werner Voets
Through the Mists – Robert James Lees
The Life Elysian – Robert James Lees
The Gate of Heaven – Robert James Lees
Life in the World Unseen – Anthony Borgia
Gone West – J M S Ward
Post Mortem Journal – Jane Sherwood
After Death / Letters from Julia – William T Stead
Thirty Years Among the Dead – Carl A Wickland
A Wanderer in the Spirit Land – Franchezzo
Revelations – Dr Daniel Samuels
Judas Messages – <http://new-birth.net/dlindex.htm>
Judas of Kerioth – Geoff Cutler
The Richard Messages – James Reid
The Divine Universe – Zara Borthwich & Nicholas Arnold
Shining Toward Spirit Vol I, II, III – Zara & Nicholas

“The Body is the Barometer of the Soul” by Annette Noontil

http://www.holisticpage.com.au/Annette_Noontil.php



EVERYTHING is INTERCONNECTED:

One's soul has many sensors. It is the soul that animates the spirit body, and through the spirit body the physical body is animated.

The spirit body has a dozen or so senses. The five key senses of the physical body are significantly enhanced within the spirit body. The spirit body looks much like the physical body however, the luminosity of the spirit body is a reflection of the soul condition. The brightness of the soul condition is reflected through the spirit body. Further, soul injuries are visible through the spirit body, the injuries show up as fissures etc., in the spirit body. These same injuries subsequently emerge in the physical body in the same locations as corresponding illnesses, thus the illness arrives as a result of emotional injuries held within the soul.

Thus, the incredible capabilities that we all hold within our soul being and our spirit body can become self evident within our physical body.

As we release childhood emotional traumas and injuries, our childhood memories become accessible, in some cases, well back before our physical birth. As you have seen with *Total Recall*, our memory, which is within the soul, is complete in every detail and will become very clear to us, certainly when we discard our physical body.

The article on Sensory Capability further demonstrated the enhanced sensors that are within the spirit body being accessible in the physical body.

A World Trip in 90 Seconds:

a visionary experience

This event demonstrated the speed that the spirit body can travel, far quicker than the speed of light. The colour spectrum that the spirit body can see is far wider than what the physical body can experience. This experience enabled the 'traveller', John, to meet up and relate with 10's of 1,000's of people, though his perception was of meeting the spirit bodies, not the physical people.

Of the several hundred innovative projects that John visited within those 90 seconds, he noted the absence of a forestry program in his tour. Subsequently, he now understands that the innovator was not being open about the technology and that it is not to be pursued due to misrepresentation.

The spirit body has enormous capabilities to perceive its surrounds even whilst moving at enormous speed.

The tour started from Las Vegas moving to Western Africa before proceeding progressively through some 40 countries with their various Pascas projects before returning to Las Vegas, all in 90 seconds.

This is just a small demonstration of the play times we will have, and do have from within our spirit bodies!

PASCAS CARE CENTRES – LOCATIONS:

Programmed opened by years 5 to 10



PASCAS CARE CENTRES to be operating by the end of years five to ten:				4,000	
REGIONS:				First Phase – more to follow	
Africa		India Sub-Continent		Australia Pacific	South America
South Africa	285	Afghanistan	130	Australia	190
Zimbabwe	30	Pakistan	270	New Zealand	160
Liberia	50	India	450	Pacific Islands	290
Cote D Ivoire	35	Sri Lanka	50		640
Ghana	65		900	America	
Togo	15			US Indian	400
Benin	20				
Nigeria	50				
Mali	40				
Guinea	80				
Other	20				
Africa	690			Caribbean	200
Madagascar	40	Other	290	Sth America	840
Maxi Clinics	3%				
Standard Clinics	94%	Average number of employees per clinic including medicos: 60			
Micro Clinics	3%				
				World Total	4,000

A WORLD TRIP in 90 SECONDS!**a visionary experience**

At about 1.30 am on the morning of Tuesday, 2 July 2007, I joined Perry and Graham in a healing process being provided by Perry. Perry was finishing with Graham when I joined.

Perry requested that **I release the Pascas Project to God**. This I did – apparently successfully. Then I felt this incredible sensation come over me. Apparently my body started to shake and choke and splutter like a T model Ford on steroids. I could see a kind of terror on Graham’s face, but the panic appearing on Perry’s face was something else. The thought of heart attack was emerging in his mind. I had no physical feelings what so ever, so I ‘felt’ fine. For ninety seconds or so I went on an incredible journey.

The speed of this travel was at such a rate I, John, could see light fall away from behind me. I never considered light to go so incredibly slow. When needing to change course, I did not experience any G-force. There was no feeling of gravity.

In this time, I visited every Pascas Health Clinic, all 4,000 or so. I also visited the Pascas Health Sanctuaries and every proposed commercial enterprise that we have envisaged. More importantly, I visited all the Pascas Parks. These Parks will receive nearly 500 million visitors through out every 10 years.

What is incredible was the serene, calm and joyous faces on people that I observed, in all of these establishments. The beautiful expressions on every ones face was everywhere. This tour covered 42 countries, if not more. These centres are predominantly in remote and emerging communities and economies.



With the Pascas Health Clinics established, we have the capacity to manage 28 million life threatening episodes per annum with a focus upon HIV/AIDS, tuberculosis and malaria. We have been introduced to non-drug based treatment programs for these illnesses. The Clinics will also provide a comprehensive range of medical assistance services.

To date, we have been introduced to more than 400 unique technologies and innovations which have commercial application within remote and emerging communities. These are to be supported and introduced via the Pascas Clinics to create employment and expand the economies within these communities, this I saw. Many more innovations will be added to the agenda as we proceed.

The Pascas Parks are edutainment (education / entertainment) venues, a form of theme park without rides! Each regional and main Park will have the capacity to receive 5 million visitors per annum. They are spiritual centres. Research suggests that, on average, each visitor’s consciousness will rise by 60 points as per David Hawkins’ MoC scale.

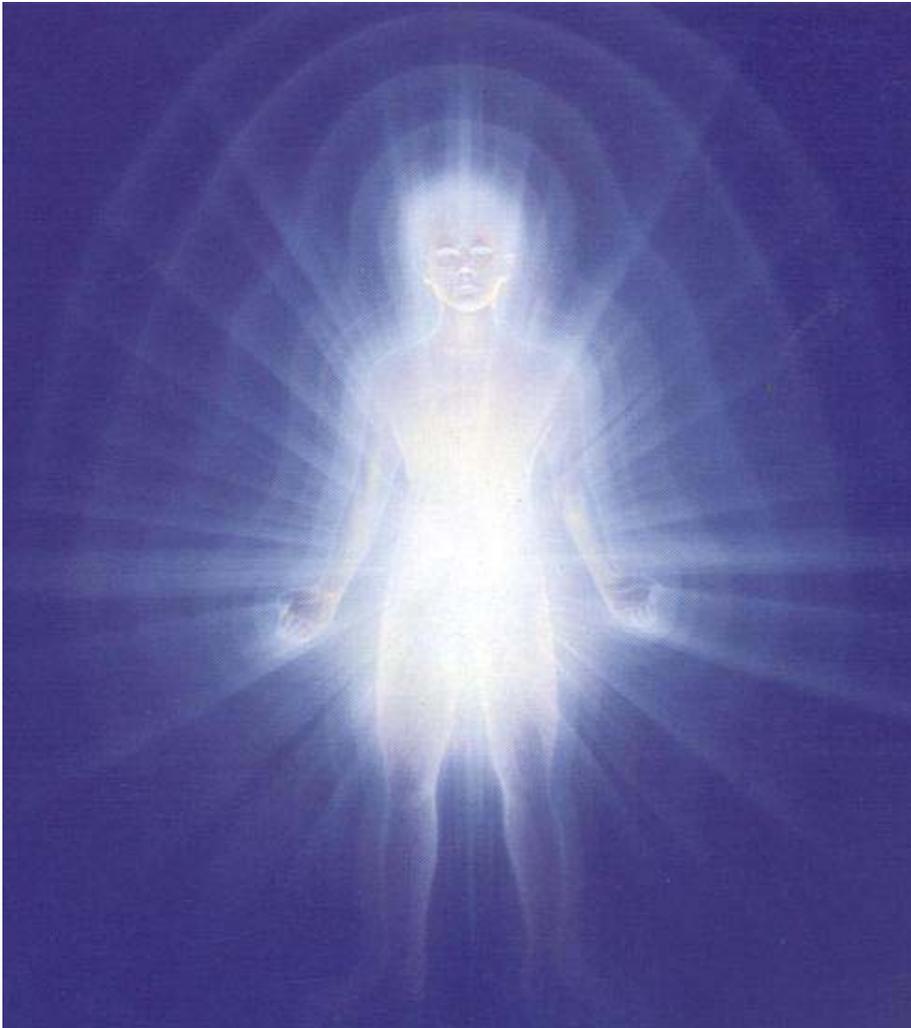
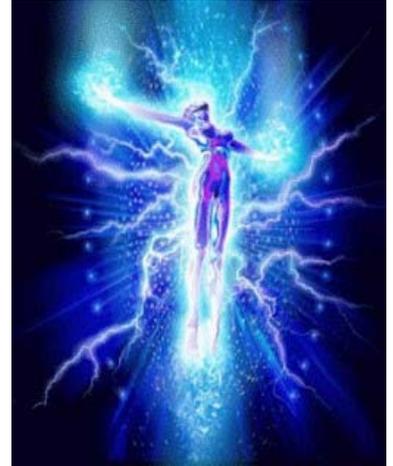
The incredible bliss pervaded everyone within these centres and activities. The joy expressed was incomprehensible and impossible to describe. The beauty of what we are to achieve is beyond question.

What I realised is what is proposed and planned for more than 25 years is **DONE!!!**
It is all done.



The OUT of BODY EXPERIENCE: actually, visionary:

“I saw all people as “energy”, and depending where our energy level was, that was the world we created for ourselves. The understanding I gained from this was that if cancer was not in our “energy”, then it was not in our reality. If feeling good about ourselves was in our energy, then our reality would be positive.” – Anita Moorjani. The way Anita experienced spirit people on her journey was similar as how John experienced and observed spirit people during his journey in the spirit world, as per the graphic below.



**TRUTH
Emotions**

**They each
construct
their own
network.**



**ERROR
Emotions**

**They each
construct
their own
network.**

**SOUL  SPIRIT BODY  PHYSICAL BODY
PERSONALITY**

The soul has pathways similar in construction to your brain. Your memories are stored in your soul; they are then reflected through your spirit body and then your physical body.

When an error enters your soul, it sets up a pathway for more error to enter your soul. And when truth enters your soul, it sets up a pathway for more truth to enter your soul. This is what happens to your soul physically.

The construction of the soul and brain is very similar. Picture your soul as this energetic pathway of all these connection points. Consider your soul like your brain where all these tiny networks are constructed of each other. Emotion is energy in motion. There are unimpeded pathways through the soul, in the same manner as the brain, for emotions to flow. We have pathways where only errors flow, being error constructed pathways. Similar pathways for truth are separate pathways.

Many people have suppressed memories of their childhood because of the hurt feelings they have about much of their childhood.

The process of opening towards God is also the process of opening completely to yourself emotionally as well. This means, that at some point, you will come to remember everything again about your life, and you will deal with the emotion of it that you remember to such a point that you will no longer have an emotion about that memory any more. So you will no longer want to suppress the memory. And you will remember such things as what happened when you were two years of age, three, four, five, six, seven years of age, good and bad – damaging things that have happened to you.

But not only that, you will get to even remember your own sleep state. Every night when you have a sleep state of say eight hours, you have a life in the spirit world. Your physical body remains here while your soul and spirit body enter the spirit world and you do things all night. And for most of us, for that period of our life we can't remember. As you progress and open up emotionally, you will get to a point where you even remember that as well.

A child feels emotionally right from the moment it is conceived. So from that moment, you have all these feelings, some of which you would prefer to forget, and some of which you prefer to remember. In the end you will get to a point where you will remember everything because there is no preference to forget, and the preference to forget is based on the hurt that we are yet to process emotionally.

18 May 2010

**Feeling
Healing with
Divine Love is
the key!**



Forgiveness and Forgetfulness

Judas of Keriath as published by Geoff Cutler

<http://new-birth.net/contemporary-messages/messages-sorted-year/messages-2001/forgiveness-and-forgetfulness-hr-6-nov-2001/>

Cuenca, Ecuador, Received by H.R.

November 6th, 2001

Forgiveness is forgetfulness. This is a great Truth. You have read it time and time again in the Padgett messages and in later communications by Celestial spirits. But what does this mean?

We speak of forgetfulness, and then along come some spirits, such as Herod, Caligula, and myself, and tell of their evil deeds with a living memory, remembering everything. And in addition, they are Celestial spirits, who supposedly already have forgotten their sins they committed on Earth. But obviously this is not the case. They remember everything, they tell that they have been forgiven, implying that they have forgotten all those things, and yet they remember everything, even better than mortals do.

I know that you have drawn your own conclusions, nevertheless I would like to deliver this message, because lately you have thought a lot about this subject, and besides it is worthwhile explaining it thoroughly, as the subject of expiation and pardon is a central theme in the Master's teachings.

When people die, they lose their physical body, but their mind stays intact. You know this already. Even more so, the spirit's mind is keener, totally awake, and there is no forgetfulness as on Earth. It is good to remember what Luke wrote:

"Men may create, but they cannot destroy — I refer now to their actions and their thoughts. While on Earth they may forget and ease their consciences by forgetting, yet, when they come to the spirit world, and are called to render an account, the inexorable laws that are really their judges and executioners show them that there is no such thing as forgetting — and has been said, they have forgotten to forget."

Very well, now we know that what is repressed comes to light.

It has also been said that these recollections are the cause of the spirit's suffering. This is true. But this is not necessarily so right from the beginning. As we have said, physical death doesn't automatically mean a change in the mental state of the spirit. For example, the murderers who didn't feel any regret on Earth, or were even convinced of having acted correctly, will not show any regret immediately after their entrance into the spirit world. They continue with the same attitudes and with identical values as on Earth.

They will perceive their unpleasant experience in hell as an injustice, and they will suffer, but not because of their recollections, but because they are still convinced of having done what was right, or they simply don't care.

But suffering and the long period of reflection leads them to understand, and it is then that the change in their values associates negative emotions to their recollections, and only then does it happen that their recollections hurt, adding even more pain to their sad situation. And this is also the moment when, in fact, atonement starts. Have you not considered that pain and distress are what we feel when our

awareness is keenest? Pleasure and delight are what we feel as we approach unconsciousness! This is something to think about, my little analyst.

Man creates, and thoughts are creations. They never get lost. I could tell you that all humanity's thoughts are accessible to everybody. There is a pool of thoughts. You can also imagine that spirits have access to the thoughts – and memories – of other spirits. This is why you cannot disguise anything here. And the thoughts and memories of each spirit carry emotional contents for the respective spirit. I like to call this phase, when the negative emotional contents appear to the spirit, or to the mortal, the phase of conscientiousness. In the great majority of cases this phase starts on Earth. And in the great majority of cases, on Earth they suffer as a result of their bad conscience, and that means that these people are in full atonement process, which may be accomplished on Earth, totally or in part.

People who commit evil deeds with a smile on their face, obviously don't suffer from their conscience. They don't have any. Their underdeveloped soul condition doesn't allow it. But they will wake up in the spirit world. And it will be an awful awakening. Well, nobody escapes.

During the atonement process there comes a time when the negative emotions become detached from the memories. These recollections, our recollections, will be like the recollections of anybody else we may read about, mere data, dates, files without emotional value. This is called forgetfulness. The recollection remains, but the style of the recollection changes.

You have also read in the Padgett messages:

“Of course, the time will come when we may have no recollection or memory of each other and our love become a misty dream, but as long as he continues on Earth he will remain the child of my care and love.”

This phrase has always intrigued you. Yes, that moment will come, and for many it has already come, for example for the Celestial spirits. But it is much the same principle. Of course, spirits will always remember their parents, their children, their beloved ones in general. But style of the recollection changes. If they love their dear ones, but don't feel much for others, then they will love all the others just as they love their dear ones. All mankind, in the spirit or in the flesh, will be their dear ones. The emotional value, of love, towards their beloved ones will not diminish, but the emotional value towards others increases. The recollection of love for their children will be misty, because now they will love the whole world; they love their children and all others with a love even greater than before. I think you understand. What gets lost is the exclusiveness of that relation, giving way to a universal relationship of love.

Very well. Now you wonder: What good is praying for forgiveness to the Father, if everything is subject to the enforcement of laws, the operation of which the Father does not interfere with? You know that Divine Love is another form of achieving redemption, but prayer for forgiveness and prayer for Divine Love are two different things. One may pray for one thing without asking for the other one. This is true.

Yesterday you meditated on this problem. And you came to the following conclusion: This prayer for forgiveness does not bring forgiveness, but manifests the condition of development of the spirit or the mortal. Firstly, he is in the phase of conscientiousness, secondly, he recognizes his dependency on God,

and thirdly, by exhibiting his vulnerability he passes the most difficult phase, that of asking for help. And this is a most important attitude, as it reflects a certain maturity in the spirit of mortal. When one comes to pray for forgiveness, praying seriously and with honest repentance, one is already one step from forgiveness.

Well said. I could add that it is always good to pray, for the reasons you already know. But I want to tell you that things go a little deeper.

Imagine someone driving drunk. He causes an accident, killing some people, or injuring them severely, perhaps they lose their legs, perhaps they will be paraplegic. If the intoxicated driver has just a spark of soul development he will feel really very bad. His repentance will make hell of his life. And when the victims, should they survive, or their relatives, tell him “we forgive you”, do you believe that the matter is settled? No, Sir! It is not so easy. **It is necessary to forgive oneself**, and this is the most difficult part. Oh my God! This is really difficult. I know this, and you know this. And it is then when prayer for forgiveness comes into it. God, with His loving influence, is always prepared to help us. And He does so. And He achieves what we try so often in vain: the peace in our souls. I think that with this it is quite clear now, what “forgetfulness” means.

But I want to add one more thing. Helen Padgett once wrote to her husband:

“So, my dear Ned, do not let the idea that you must render to every man that which you think he may be entitled to, keep you from believing in the mercy and Love of the Father.”

Yes, my brother. God and his Laws determine forgiveness, not men. And I tell you all the same: Never allow your errors of the past to be like a ballast in your progression towards God.

Each mistake, each sin, bears consequences, bringing suffering and pain. But you must learn, after all, to forgive yourselves. Logically, it is not only about forgiving yourselves. It is necessary to change your attitude, and you must rectify this. But considering that this has already been done, at least there are the good intentions, although there will be many drawbacks, as it happens, because man is not perfect, but the past should not be an impediment. You must live in the present, learning of the past.

The wise Viktor Frankl said:

“Live as if you were living a second time, and as though you had acted wrongly the first time.”

So then, consider the change in your attitude as your second time, your quest for God’s Love is your second life, and learn from your errors in the past without staying entangled in the net of self-pity or feelings of guiltiness.

The past is what the word says: It has already happened. The Law of Compensation acts upon your present condition, upon how you are now, and not upon how you were five years ago. Your condition certainly has changed. So recognize it.

And with this I will say good-bye. It has been a long message again. But it has been an urgent one, because I see that many of you drag a heavy weight from their past. Let it go, and have a little bit more self-love.

I am your brother in the spirit and your servant,
Judas of Keriath

The Life Beyond the Veil – Vol I – The Lowlands of Heaven: by G Vale Owens

Re-published by Geoffrey Cutler

<http://new-birth.net/other-stuff/books-we-love/books-on-life-after-death/>

Monday, October 27, 1913

JUDGMENT**(First Sphere spirit world event)**

One of our poor sisters met our Mother Angel a little while ago in the garden, and was turning down a side-path in order to avoid meeting her, not of fear but of reverence. But our bright Angel went to her and spoke kindly to her, and when she found she could talk quite freely she asked a question. “Where is the judge,” she inquired, “and when is the judgment to take place? I am trembling all the while with the thought of it, for I know my punishment will be a very dreadful one; and I would know the worst, and get it over.”

To this the Mother replied, “My child, your judgment will take place whenever you desire; and from your own words I can tell you that it has already begun. For you own that your past life is worthy of punishment, and that is the first step in your judgment. As to the judge, well, she is here; for you yourself are judge, and will mete out to yourself your punishment. You will do this of your own free will by reviewing all the life you have lived and, as you bravely own up one sin after another, so you will progress. Much of your punishment you have already inflicted upon yourself in those dark regions from which you have lately come. That punishment, indeed, was dreadful. But that is past and over, and what you have now to endure will be dreadful no longer. All dread should now be past. Painful, deeply painful, I fear it will be. But all through you will feel that He is leading you, and this more and more as you go on in the right way.”

“But,” persisted the inquirer, “I am perplexed because I do not see the Throne of the Great judge who will reward some and punish others.”

“You will, indeed, some day see that Throne, but not yet. The judgment you are thinking of is very different from what you imagine. But you should have no fear and, as you progress, you will learn more, and understand more, of God’s great love.”

That is what perplexes many who come over here. They expect to find all set ready for their dismissal from the Presence into torture, and cannot understand things as they are.

Others who have cultivated a good opinion of their deserts are much disappointed when they are given a lowly place, sometimes a very lowly one, and not ushered immediately into the Presence of the Enthroned Christ to be hailed with His “Well done.” Oh, believe me, dear son, there are many surprises awaiting those who come over here, some of a very joyful kind, and others the reverse.

A Spiritual Journey

<http://us6.campaign-archive1.com/?u=7b572301eabd13f5075f1c9a0&id=76e3081d98&e=d0acb97ddc>
<http://new-birth.net/contemporary-messages/messages-sorted-year/messages-2014/memoriess-wv-11-feb-2014/>

Memories.

Belgium. Received by WV.

February 11th, 2014

I am here, your friend Joseph.

I have come to share some information on memories.

When someone dies, the spirit memory becomes very vivid and alive. Since they do not have the gross physical body anymore, everything becomes very clear to them and they will see things as they really happened.

One of the reasons why memories on the physical level are not perceived in a clear way is because the memories have to be obtained from the spirit mind. The physical mind works like a filter, blocking out the parts you don't want to see whatever the reason.

So you see, what you are actually doing is channelling yourself or your own spirit mind. It is the same principle as you are now channelling my spirit mind. And as you have noticed, sometimes your channelling is very clear but sometimes it can be a bit blurry because you have too many things on your mind, blocking the communication between our spirit mind and your interpreting machine: "your physical mind".

So, there is nothing complex about it. It is all simple logic and it can be understood by the simplest mind. Thank you my dear friend for letting me deliver you this small message but I saw it would do you, and a lot of other people good to get some clarification about the subject.

Your friend, Joseph.

Werner Voets is the author of 'The Truth' www.lulu.com

Recovering from Traumatic Memories.

<http://new-birth.net/contemporary-messages/messages-sorted-year/messages-2014/recovering-from-traumatic-memories-wv-18-feb-2014/>

Gavere (Belgium). Received by WV.

February 18th, 2014

I am here, Joseph.

I have come because of the questions you guys have concerning the memories of distressful events or traumas.

I'm sorry to tell you that people have indeed got to go through these traumas again **once they have reached a certain degree of spiritual development**. The only big difference is they don't have to relive it with every negative emotion attached to it. Some people do actually relive their trauma in a dreamlike state, as WV did, but remember that it is only for the purpose of healing the memory or trauma.

Healing can only be done by Love. So it is obvious that asking for protection and love from God, during the reliving of such a trauma, will cause His Love to flow into your soul. His Love will embrace you and fill your body with the warmth and healing you need. This way the reliving becomes detached from all negative emotions and the trauma will no longer exist in its original form but only as a memory without any negative feelings attached to it. This is one way to let go of traumas that occurred during your life; to use God's Love to do it.

Another way, is to confront the person who caused the trauma in your life. The prerequisite for this to work, is that the perpetrator must have had the insight he (she) needs to understand that what he did was not loving and is willing to undergo the emotions his victim has towards him, if necessary. Of course, as you can readily see, this way of healing will not take place much because of the almost impossible fact the perpetrator needs to have had some spiritual awakening so his love for his victim is strong enough to heal the damage he has done. But, it can happen.

The third possibility is that the traumatized person finds somebody who loves him (her) so unconditionally that he will receive the love that is needed **to heal the trauma**. As we have said in the beginning, only love is able to heal. Whether it is the Love of God or the love of man, is of no importance, as long as it is pure enough to look beyond the veil of flesh.

But no matter how the healing takes place, it can only take place when the victim feels safe enough and is ready to let go. Never can a healing (of a trauma) be forced if the victim doesn't feel safe enough to relive or look back at the trauma that haunts his (her) consciousness or unconsciousness.

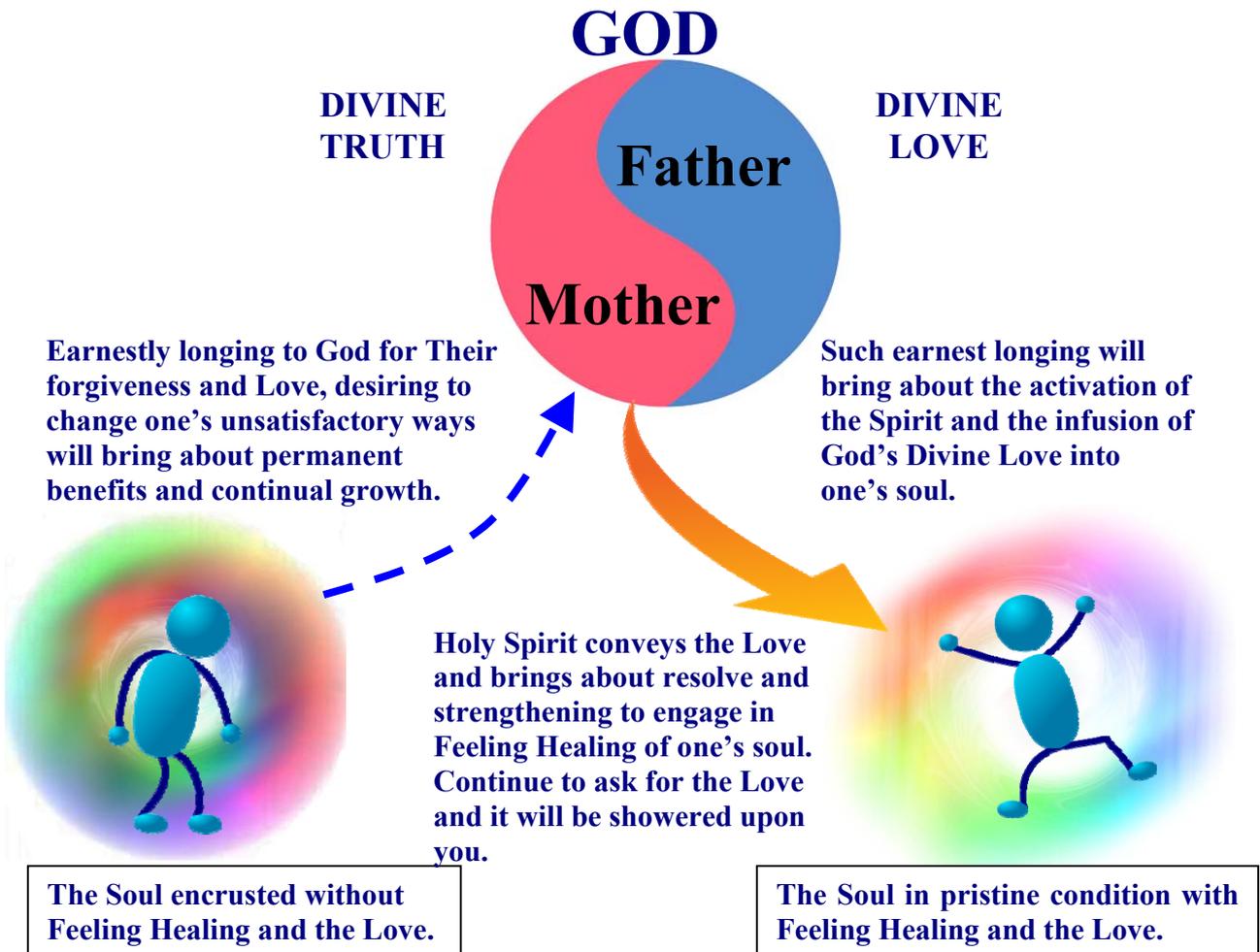
Memories should be void of emotion, which doesn't mean they cannot contain love. It is because we connect certain emotions to our memories that it will cling on to our spirit mind and cause unpleasant reactions. That is why the energy we call 'love' is needed to disconnect the emotions from a specific memory or trauma. I know you find this last part of my information a bit incomprehensible or strange, but it is true. Don't worry; you will get your head around it.

Love is a universal energy that resonates within every creation. **It is not an emotion**, which can be as volatile as acetone, it is an energy that permeates everything in the universe, that is present in everything and will exist forever. It is an energy, not created by man’s mind (like an emotion) but intrinsic to the existence of the soul, whether it is natural or Divine Love. The soul is always the source of love. Love cannot be created by the mind, only emotions can. **And the soul cannot create emotions**, only the mind can. So you see how simple it actually is, as it is always. Truth is never hard to understand, you only have to be open to receive it and use your mind only to translate what we tell you, that is all.

I love you my dear friend and I know you can feel it. God bless your openness to receive. May His Light shine through you and light up this universe. I am your celestial friend, Joseph, father of Jesus.

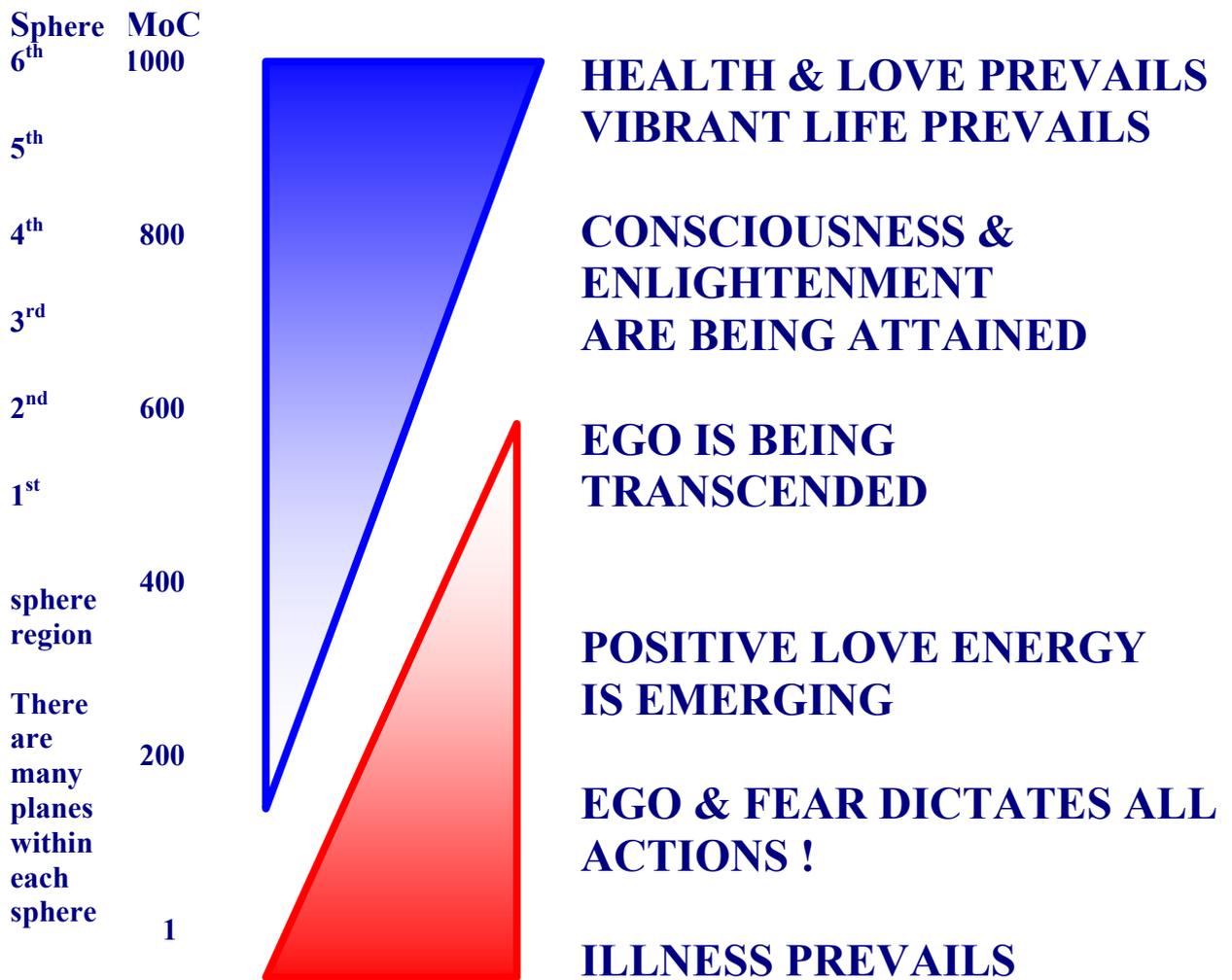
This message addresses many things that have been puzzling. Firstly was obviously the issue of – *do you have to revisit these memories to be healed of their effect.*

The second and unasked question is the matter of **WHEN** this should happen. It's very clear there is a right time to do this, and that it needs some spiritual maturity. It's also obvious that this is not the first step along the spiritual growth path, as some suggest and teach.



“All dis-ease is mind generated, and all healing is generated by the love energy of one’s soul.”

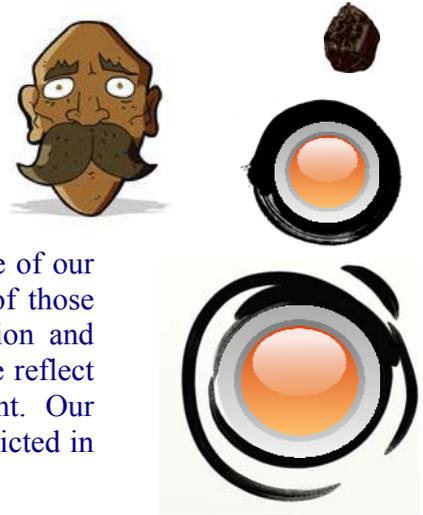
The Ego (mind based) manifests illness; the lower one’s level of consciousness (soul condition) then the more prevalent will be illness. Below the levels of 200, the ego and fear of the mind dominate; however, as you raise your level of consciousness by growing in love and achieve a level of 500 or higher, you begin to transcend ego dominance. At the level of 600, all healing is possible.



To liberate one’s real self, one’s will, being one’s soul, is begun by embracing Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we’re feeling them, express them fully, all whilst longing for the truth they are to show us.

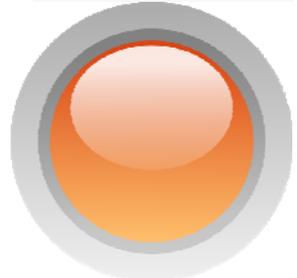
UNCRUSTING the SOUL:

Our will power, applied as strenuously as humanly possible, appears to achieve little progress in developing the loving sides of one’s personality and even less progress in lifting negative and difficult character traits, but progress is achieved all be it slowly.

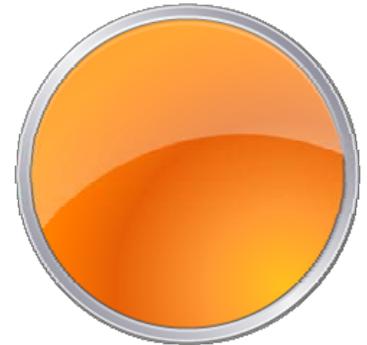


Our soul, blessed with natural love character traits and is the home of our personality, becomes rapidly encrusted by the personality issues of those within our environment, commencing from the time of conception and culminating, typically, by the time we are of the age of seven. We reflect the encrustments of our parents and of those within our environment. Our soul always remains perfect though it can become as dark and restricted in capability as a dried up garden pea, covered in error and negativity.

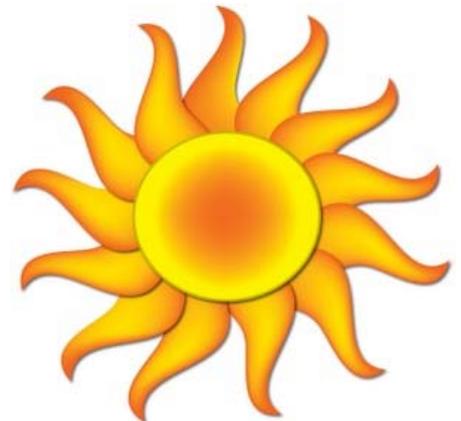
Should we earnestly and lovingly ask our Parents for Their Love, we will receive Their Love, the Divine Love, conveyed to us by the Holy Spirit, and with this Love in conjunction with one’s Feeling Healing that dissolves these encrustments, these negative emotional injuries and errors, slowly but surely. This crust that has developed around our soul, our real self, will slowly be broken down and then lightened, and as it diminishes our soul begins to absorb more and more of the Love and then grows in size and vibrancy.



The Divine Love when it first comes, usually comes with very gentle feelings. As we grow in sensitivity to our errors and are penitent in addressing these issues, the Love will grow and grow in our soul thus lifting us from fear and anguish to that of a blossoming personality radiating love and joy for all within our presence. Our journey home will have commenced, never to return to times of doubt, depression, fear and harmfulness.



Enjoy the journey with the Love of your Creator and Indwelling Spirit guiding you home.



LETTING GO with The LOVE:

Find a comfortable position to relax and be still and free from interruption. This may be for a few minutes or as long as you may please.



Long for and ask our Heavenly Parents for Their Love, the ultimate high octane super fuel being the light golden blue energy substance of Divine Love. Each little drop of the Divine Love received whilst doing one's Feeling Healing prompts one a little further. Ask for assistance and the Love to enable held errors of thought and belief to be released. One's personal intent and involvement in letting go of past incurred difficult emotions is most beneficial.

Step 1: Focus on an issue that you would like to feel better about, and then allow yourself to feel whatever you are feeling in this moment. Identify the negative feeling. Focus quietly on the feeling. Breathe into the sensations and allow them to be.

Step 2: Ask yourself one of the following three questions:

- Could I let this feeling go?
- Could I allow this feeling to be here?
- Could I welcome this feeling?

The mechanism of letting go is concerned with the emotional “what” from moment to moment, without involving the intellect. What is the benefit of this emotional feeling? What is the point of holding this hurtful belief at all? One may start laughing at the absurdity of long held errors or injuries upon reflection. **Breathe into the sensations and allow them to be.** Your willingness to accept the sensations may intensify them. This is okay.

Step 3: No matter which question you started with, ask yourself this simple question: Would I? In other words: Am I willing to let go?

Step 4: Ask yourself this simpler question: When? This is an invitation to just let it go NOW.

Step 5: Repeat the preceding four steps as often as needed until you feel free of that particular feeling.

The only way we can truly let go of them is by SPEAKING THEM OUT OF US, getting right into them with the feeling, and emoting and expressing it – whilst longing to see the truth of it...

Our willingness to let go thinking and accept what's happening is our ticket to inner freedom. Each time you sense a disruption inside, turn down the volume on the thoughts, breathe into the sensations and allow them to be. This is what we need do to let go. Simple. The challenge comes in being vigilant with letting go all negativity – no exceptions.

This process is ever so freeing and uplifting, though sometimes difficult.

**Feeling Healing
with Divine Love is
the key!**

Reference: ‘Letting Go – The Pathway of Surrender’ by Dr David R Hawkins



FEELING HEALING versus other EMOTIONAL PROCESSING METHODS:

Thursday, 13 July 2017

Hi James and Nanna Beth (questions from John)

The question to address is:

What is different with the outlines of the Feeling Healing process as against the numerous other emotional processing methods?

Nanna Beth: The difference is the focus on the truth: uncovering the truth of yourself through your feelings – uncovering the truth of your feelings. It's a rebellion against the Truth, so if one doesn't want the truth, nothing will happen, one will only move deeper into one's rebellion against it.

And because the focus is on the Truth, so one can use it all the way to uncover the Whole Truth of Oneself. And there is nothing else teaching that.

All the other systems that involve looking to feelings to some degree fail to understand the deeper significance of wanting the Truth. Many people uncover some truth of themselves through their feelings, but mostly they end the process because they don't want to follow it right the way through, which means they only want to heal some momentary pain, and once that is done, are usually happy to continue on in their untrue state.

And because one is wanting to uncover the whole truth of oneself, then it becomes a full spiritual experience, and one that can be done by oneself, so without needing help from another, although at times help is sought and used. So the Feeling Healing embraces Healing the whole seven Mansion Worlds worth of self- and feeling-denial, which is the complete Rebellion and Default. Other systems might only work at some aspect of it, limiting the ascent of truth through all the Mansion Worlds.

And basically no one understands the absolute depth of the problem within themselves, which is only borne out by people and spirits doing their whole Healing. Much of the current psychological understanding falls well short of understanding the depths that are involved because they don't include the overall problems brought about by the Rebellion and Default. You have to understand you are rebelling against yourself: the truth of yourself, and so against your own soul; which is then the truth of God, so the Mother and Father; and that also includes the truth of Mary and Jesus. So at some point you have to rectify all those relationships, which you can't do unless you understand the bigger spiritual picture. And so that's what James has revealed, taking all Marion has said, all the books offer, adding his own stuff, and putting it all together as a way of life, a spirituality that can be lived, and one the initially focuses on Healing oneself of all one's wrongness.

Why have all other methods of releasing and delving into emotions not been successful?

Nanna Beth: Because they don't understand the scope of the problem, as I said above. They are not approaching it from the point of view of understanding the nature of one's Repressed Childhood state, the extent of that; and then how one needs to allow oneself to feel all the bad feelings, not reject them; and then bring them out, which is the releasing of them; all whilst wanting to know the truth of them – the truth of what you are feeling. And that truth is what needs to come up within you so you can heal

your will and become a truly functioning person, fully self-expressive, self-loving, and growing continually in truth.

All the other systems work within the control of the mind, so once the therapy ends, the mind regains control albeit in a different way. Only the Feeling Healing and Soul Healing with the Divine Love, seeks to entirely break the control of the mind over one's feelings.

Why haven't other methods been going deep enough?

Because people are basically afraid to push into such early childhood trauma without understanding where they are going or what it's all about. The leap of faith is too great, as it would mean they would have to rise above and conquer the Rebellion and Default within themselves, and that's simply too much to ask. The negative truth-denying systems within everyone are too deeply entrenched.

However the spiritual structure outlined by James provides a structure that allows you to deal with the Rebellion and Default, allowing you to maintain your faith, and evolve it, as you progress in your growth of truth – it gives one a picture to work with. Very few people, and possibly only Marion in fact, are able to press on into such dark depths without any structure and with only a faith that it's what she and God want to do.

I (Beth) couldn't have done it Marion's way John, I wouldn't have allowed myself to feel such pain, I needed to understand the bigger-picture reasons as to why I was in such pain, and be given the understanding that if I kept at it, one day it would end. Marion doesn't know it will end, she just keeps going one bad feeling at a time, which requires a tremendous amount of faith and over so many years and through so many inner obstacles; and still she doesn't know if it will end, but as she says, there is nothing else she can do other than keep going because she tried everything else. And she doesn't want to let her mind come in, only wanting to stay true to her feelings, so she doesn't want to know about the bigger picture even though she has worked it out along the way for herself and for James to understand which he's worked into his books.

So the spiritual aspect or approach James has provided, even if it's not actually talked about; the simplicity of honouring your feelings, and in particular your bad ones, then by accepting them you allow them to have their say, so you express them, all whilst longing for the truth, includes all one needs to know. And so by doing that, one will be able to fully Heal themselves working it out along the way for themselves; and even if they don't understand it, will be living the highest truest spiritual life one can live in one's wrongness, which in time will lead to one's Healing of one's rebellion and default.

On the surface of it, what James has related seems overly simple, but doing it yourself, and see what happens and what results; and that will take one deep into oneself uncovering the whole truth of oneself.

Many will consider that what they have been doing is adequate – why are they wrong in their understandings?

Nanna Beth: Because they don't understand what it's really all about. They don't understand the mind is in control of their true feelings, and that needs to be stopped. They don't understand the significance of their rebellion against the Truth, and how that happened by default. They don't understand that it's

about uncovering the whole truth of yourself through your feelings, all your feelings, but focusing to begin with on your bad ones because they are what most people don't want to see. Everyone else sees it that they are doing this feeling type healing to make themselves better, to rid themselves of their pain and trauma, so instead of taking a pill to take the pain away, they are using some sort of emotional clearing system. But that is all still to take the pain away, to fix themselves, to heal themselves, to effectively take a pill so it all goes away, just like what the 'Divine Love people' hope the Divine Love will do for them, but it's not to uncover the whole truth of themselves. We have to see the truth of our pain, why we're in it, how it all came about, so what really went on in all our early relationships. It's not about doing anything that just takes all our suffering away. We have suffered for valid reasons, which all have to come to light. And so only emotional and feeling accepting systems to help one see such truth of one's pain and suffering are of any worth. And unless you uncover the whole truth of yourself, you'll never set yourself free of your rebellion and default, of all your soul pain. And the truth means to see the whole truth of why you feel unloved, how unloving your early relationships were, why you don't love yourself, why you are unloving, why you are evil and wrong, which basically no one wants to face.

So to summarise: We all have to see the truth of our unlovingness. We can't avoid it – deny it. We have to face it and feel all it makes us feel. And all those bad feelings lead us into the truth of it. So we have to understand – bring to light through our feelings – all the truth of our unloved, negative, evil, wrong state. And then once we've done that, we can be free of it. So until you uncover and feel the whole truth of it, it will never leave you, you'll remain in rebellion against yourself, you'll continue to be unloving.

I have considered with James, that Marion and he actually represent the two extremes of what is involved in soul-healing. I have found one such writing by James, back in 2006, that points to this. My feeling is that their two extreme ends of the experience matrix makes them perfect for bringing together the understandings that will benefit all people, no matter what their circumstances maybe.

Nanna Beth: If we accept that Marion and James are the Avonal Pair here to reveal the essential truths to humanity about how people can Heal themselves of their rebellion against the truth of themselves, then what you deduce is correct, for they have between them had to take on every negative aspect of the Rebellion and Default and so Heal it, which is healing all the circuits on a technical level, thereby opening the way for humanity to follow.

So if you consider this John, it is pretty amazing that two people can take on all the denial humanity is in, approaching it from opposite ends, which equates to the effects of the Default of Eve and Adam (following on from the Rebellion), and that such wrongness can be concentrated into two family units, and mostly in two parent pairs (being Marion's parents and James' parents). And so what is the likelihood of that? And then for them to live in the same city being the first children of such 'bloodlines of denial', and meet each other, and at a time needed to give themselves all the time to systematically work their way laboriously up through all the negative mind and will circuits. So to be subjected to so much woe, and to be able to keep going with no help from anyone other than each other, and a little backup from the spirits and the Mother and Father on James' side, yet with that involvement opening up even more messed up and corrupted mind circuits he's had to work his way through.

So if it is true they are the Avonal Pair, it shows us all just how incredible the soul of the Avonals are, to be able to go into such corruption, taking it all on, and then working it all through and Healing themselves of it, all basically without any real help from anyone, so just on faith and pure longing for the truth.

And should they reach the end of their Healing before they die, and should the truth then be fully declared that they are the Avonal Pair, even going against all what The Urantia Book (TUB) says, they having to uncover the truth in all things whilst rejecting the untruth such as in TUB and Padgett Messages (PM), with nothing having been straightforward and of any real help, then it will be cause for major celebration.

And it's what we are preparing for, what you are too John, to see if Marion and James are indeed the Pair, and then to give them all the support they will need to do whatever it is they are to do in the public sense. This is all their private work so far, of which you and I have become substantial parts of, the doing of their Healing preparing themselves for when they are Healed.

And if it turns out they are not an Avonal Pair, they are only just a pair of ordinary mortals who've somehow managed to keep going, dealing with all their pain, longing for and bringing to light all the truth of it, then they will be the most extraordinary mortal pair because they will have been the one's who broke the back of the Rebellion and Default. So either way you look at it, it will be quite an achievement.

And so we are all waiting to see if the theory is realised by such Avonal-truth awakening in their soul at some point, for then we will all know it will be true, just as they too will know. For now Marion doesn't contend with any of it, and James only on a mental level because of what the Melchizedeks told him years ago, but it all has to come to them through their feelings like all truth, which will only happen once they've fully Healed themselves or toward the end of their Healing. Because in the meantime, whilst they are still in their wrongness and denial of truth, part of that denial is denying the truth that they are Avonals. And again the whole Avonal business has been yet more problems and negative circuits James has had to personally work through, whereas Marion has solely focused on only dealing with her feelings, not having to contend with all the other mind stuff.

James, when you feel up to it, may I have your observations please? And Nanna Beth, your angelic eye on this subject would be most helpful, if you please?

These two subjects are possibly leading to the crux of what we are sharing through the Pascas Papers. I now see that these 'colourful' handouts are essential in introducing and supporting the major publications of James Moncrief and James Padgett.

Nanna Beth: The handouts will help introduce people to such writings. But what I want you to understand John, is really it's James – because of his writings (and Marion, because she is leading them both in it all) that is what's most important. The Padgett Messages (PM) are really to be included in James' work, which he does, by taking the crucial parts and integrating them into his work – with the most important truth being that about longing for the Divine Love. So really the PM are secondary.

As you understand, the Padgett Messages can't heal you. The Divine Love is about immortality of the soul and becoming divine, it's not about ending your rebellion against the Truth. And ending the rebellion needs to come first: the Truth then the Love, then the Divine Love can be introduced, even though of course the Divine Love can be introduced at any time.

So really one need only work with James' (and Marion's) work, which includes longing for the Divine Love. People are to look to them first, and then later to Mary and Jesus. To put Mary and Jesus ahead of Marion and James can cause you problems because you will overlook what Marion and James are revealing. But as Mary and Jesus are known and with such importance placed on Jesus, and now with the PM and the Divine Love, so it's all the more confusing. Even added to by James having written focusing on and making Mary and Jesus more important than himself and Marion.

But as I said, it's Marion and James first, then Mary and Jesus and the Divine Love. And Marion and James are more than capable of also introducing the Divine Love and the truth of Mary and Jesus, which they would have done had Mary and Jesus not come to Earth. So really Mary and Jesus are not needed, and as I said, can get in the way, causing people to focus too heavily on them whilst missing the more essential truths of having to do your Healing by looking for the truth of your feelings (the 'Divine Love people' being examples of this). However with Mary, and Jesus in the PM, being so dominant, it is all just more of the confusion and part of the rebellion. And at the same time I don't want to downplay Mary and Jesus and lead people to believe they are not as important as Marion and James, for they are most important, and much more important being the Creator Pair of Nebadon, and Marion and James would rather not exist than have people think they were more important than Mary and Jesus; but as you understand, I'm just trying to put the revelation of truth into context, because it's all being revealed round the wrong way.

People and spirits were given the opportunity to deny Mary and Jesus whilst they were on Earth, taking the Rebellion deeper; and then to further deny them right the way through their age; and now further still by including the PM. And now people will be given the added opportunity of denying Marion and James, which all ends up being one huge mess. And one in which only Marion and James can unravel. For I am only saying to you now what James has already written and what Marion and he have talked about. I wouldn't dream of taking anything away from them, and it's not my place to do so.

Firstly, consider discovering the truth of your emotional pain and injuries.

Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.

Primary and most important readings are the writings of James Moncrief.

Then consider the Padgett Messages, and then The Urantia Book.

Love from us all over here – your Nanna Beth.

FEELING HEALING + SOUL HEALING

To heal one's self is to simply look to see what feelings we are refusing to let ourself feel, and accept them instead of denying them. And to fully accept them, one needs to express them, speak about them, let them have their say, rather than pushing them aside, refusing to let them make you feel bad.

Doing this all with the intention of seeking the truth of why you are feeling them, of speaking about and expressing all such feelings; all feelings you have, but ALL WITH the INTENTION of UNCOVERING the TRUTH THEY WANT YOU TO SEE ABOUT YOURSELF. And it's the wanting to see the truth of them that is very important, because if you just look to accept them and speak and express them, but not seek their truth, then that's all you'll be doing, speaking and expressing them, but not healing their causes, so not fixing the things within you that are making you feel bad. And it's the truth part of it, seeking the truth of your feelings, and so, seeking the truth through your feelings, that's vitally important. It's the truth of yourself, life, nature and God, that is the spiritual aspect to it all.

You CAN'T find the truth of yourself, or anything else, through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them. So to do our Soul-Healing consists of these steps, all of which are ongoing until it's done:

- **Admit you are feeling bad.**
- **Accept your bad feelings, identify what they are.**
- **Honour fully your bad feelings by expressing them, speaking about them to someone who is willing to hear you talk about them, or tell them out loud to our Heavenly Parents. Long for the truth of them. Long for the truth of why you feel bad – what deep within you is causing your bad feelings?**
- **And remember, bad feelings are Good! Not bad. They are not to be despised. And as hard as it is to accept them, they are still you, and a very real part of you. And if you persist in denying them and not allowing yourself to fully live them, then you are only going to keep yourself in your errors making things harder for yourself.**
- **All sickness and suffering, all bad things that happen to you, all your problems, all your addictions – your whole feeling-denying and untrue life, is all caused by your denial of bad feelings.**
- **Every problem in the world is brought about because everyone has been brought up to deny feelings, and in particular, most of their bad ones.**

If one is intent on spiritually evolving and growing in truth, then it's vital, and this is the key, that one looks to use one's feelings as the means to gain and have access to the truth of oneself. You CAN'T find the truth of yourself or anything else through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

Doing your Soul-Healing with the Divine Love, is really doing your 'Feeling-Healing'. We are designed — created — to be self-revealing of truth, and so we are all to uncover the truth within ourselves and for ourselves, and all being done by living true to our feelings. **If you accept, express and seek the truth of your feelings, then truth will come to you, and you'll grow spiritually. It's as easy as that. Also it is as easy as it is to long for, ask for and receive Divine Love.**

THE HEALING OF YOUR BAD FEELINGS THROUGH THEIR ACCEPTANCE
AND FINDING THE TRUTH OF THEM, IS THE ACCEPTANCE OF YOUR
NEGATIVE, REBELLIOUS, EVIL, IMPERFECT MIND AND WILL CONDITION.

To do our feeling-healing we need to become:

Aware of – Acknowledge – and Admit, our bad feelings.

So we can:

Accept – them and allow ourselves to Be them.

And then if we feel to, take:

Action – Express, speak and emote them.

Talk about them.

All being done whilst longing to, really wanting to, see the TRUTH of our feelings.

So it sounds simple.

So I repeat:

We accept our bad feelings by expressing – speaking about them to someone willing to listen to us and take us seriously. And as we speak we long for the truth of them – why we are feeling them – to be made known to us. And when we uncover and see the truth we are FREE! – healed of the causes that have made us feel bad.

Accept, Express – see the Truth, and you're Free!

ACCEPTANCE OF ALL YOU FEEL, THINK AND ARE, IS THE KEY TO DOING
YOUR HEALING; THAT, AND WANTING TO SEE THE TRUTH OF ALL YOU
FEEL, THINK AND ARE.

Release one's pain through expressing one's feelings.

in conjunction with

Longing for the Truth when also longing for Divine Love.

Feelings First Spirituality

The New Way

Feelings First
FF
Feeling Free

The New Way, Feelings First Spirituality
 Learn to live with God through your Feelings

Accept, express and long for the truth of your feelings

Be free in your feelings
 Free your feelings from your mind's control
 Live true to your feelings; your feelings are your true self
 Live true to yourself through your feelings



Live true to yourself by living true to your feelings.
 Long for the truth of your feelings.

Accept / Express / Bring out ALL of your good, and most importantly,
 BAD feelings.
 Want to understand why you're feeling them.
 Use your surface feelings to take you deeper into your repressed and
 hidden feelings.



The Feeling Way is the True Way.
 Your feelings are your spiritual guide.
 Your feelings will take you to God.



Your feelings will show you the truth of your relationships, including your relationship with God; and if anything is wrong, untrue and unloving, then why it is.

Our feelings are sacrosanct and we should respect them accordingly. And we should NEVER block them out, ignore, override, banish, deny or reject them, because if we do, we're only doing that to ourselves, as Our Feelings Are Our Self.

Our feelings are the gateway to our soul. Our feelings are the closest we can get to our soul. Knowing the truth of our feelings is knowing the truth of our soul, and knowing the truth of God.

Feelings First Spirituality is the True path for humanity.
 It embraces all people.

It completely unifies the world.

Everyone can relate to everyone else through their feelings.

And we can all live the truth that comes from our feelings, all sharing the same truths as we express and have the same feelings.

No one need be left out; no one is more special than anyone else – we are all united in Truth through our feelings.

So with and through our truth we live our lives, therefore without the need of any man-made mind-laws, rules and restrictions that limit self-expression as inspired by our feelings.



The New Way, Feelings First Spirituality is what is to replace all man-made, mind-contrived religions that so many people have enslaved themselves to. The New Way, Feelings First Spirituality will set us free of all that control, ending the Rebellion and Default within ourselves as we do our Feeling-Healing, and ending such control and spiritual stagnation in the world.

Bring on the End Times – get it over and done with! Let's all see that Jesus is not going to come again, that Prophecy has failed all the mind-controlled platforms. Allow such false systems of belief to die their long-awaited natural death, they've overstayed their welcome, it's now time they fade away. So let us show such antiquated, erroneous systems of belief the exit and bring on the fresh liberation of discovering the truth of how we are to live for ourselves, each of us personally in our lives, and all by looking to our own feelings for it. Self-revelation through our feelings is the way to go.

The Way of the Mind is ending, and is really the End Times – the End of our mind control, and **it's about time!** With the Way of our Feelings replacing it.

The End Times means the end and therefore a New Beginning. And that new beginning is a whole new Spiritual Age – an age based on self-revelation of truth through one's feelings, coupled with and supported by higher revelations from the Celestial spirits, angels and nature spirits.



The Feelings First Spirituality is the True Way to God because it helps you get to know God, helping you to reach out, connect and be personal with God, and do God's Will, all through your feelings. It is the only true way of getting to know the God of Feelings – our beloved Heavenly Mother and Father, the Great Soul of Divine Love.

Love comes through our feelings and not our mind, as we've all been wrongly led to believe.

Feelings First; then comes The Truth; then comes Love.

LOVE is the Religion of Feelings, being:

Feelings First Spirituality, The New Way



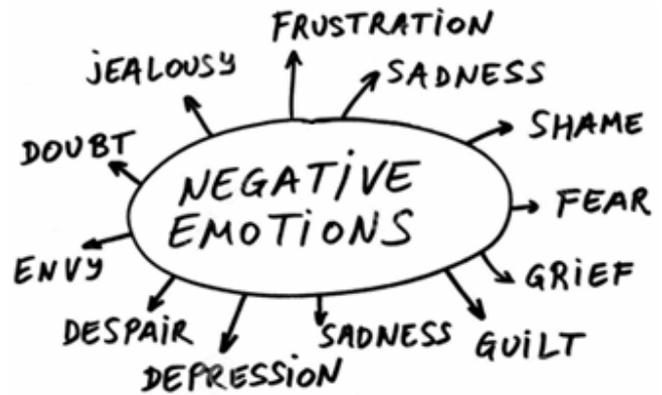
my
House is your
Paradise

HOME

REVELATIONS



Revelation 1: Our soul becomes encrusted with harmful ways of life, plus negative and erroneous beliefs, these mainly stem from our childhood upbringing and environment. Thus we live untrue to ourselves, we become 'evil'. Whilst we hold to these injuries we limit the amount of Love that we can receive into our soul. To open our soul to the Love we must firstly and progressively feel into our emotional injuries and allow them to be released. Until we emotionally experience past errors and injuries we hold onto them.



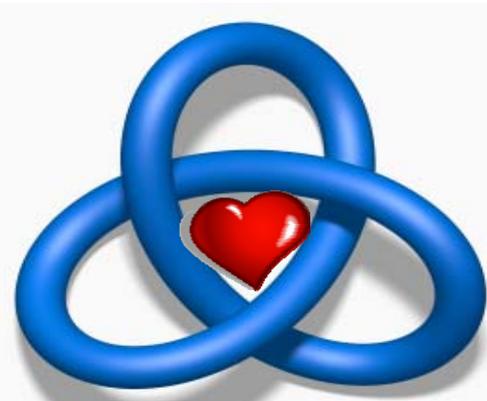
To free our soul of damage and toxic emotions we must open ourselves to experiencing them. This is a progressive, slow and uncomfortable cleansing process that we must all experience. Only by addressing the generational injuries will we, as humanity, evolve in love.



To fully divest one's self of our badness, we have to 'go into' our feelings. Call this process of clearing toxic emotions as 'Letting Go', 'Emotional Processing', 'Journey Process' or 'Feeling Healing'. Embracing Divine Love then Feeling Healing becomes Soul Healing.

As part of our Feeling-Healing we will have to work our way into all our feelings to see if indeed they are coming truly from our heart and soul, or if they are being heavily influenced by our mind. And this will then lead us into questioning and uncovering the truth, if there is any, to our beliefs and why we behave the way we do; and is such behaviour based on truth, or is it based once again on untruth, belief, and rules of our mind.

Revelation 2: We can long for, ask for and receive the Mother and Father's Divine Love. The greater our soul is free of error and injury, the more of the Divine Love can be received and assimilated into our natural love formed soul. The Love does not free us of injury, however, it strengthens our resolve to continue on our journey to be free of error and injury, to step away from evil aspects that have been encapsulated within our humanness and soul. It is this Love, the Divine Love, that brings about immortality of our soul and it is this Love that will eventually fit us to enter the Celestial Heavens and progress for ever more onwards to Paradise. These two revelations free us from error and enable us to grow in love ever more.



Immortality with the Love.

Our FEELINGS are our SUPREME GUIDES:

Feelings!

Feelings are what guide us through our ascension of truth. So they are really our Supreme Guides. Many people look for a person, spirit, angel, even God, for supreme guidance, however it's all right there already built in – in our feelings. **We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it's there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feelings is really: Longing for the truth of our self, because: we are our feelings. So life stirs up our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings.**

Kevin 26 Sep 2017

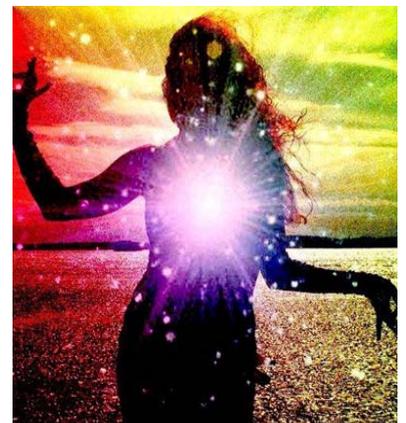
Using our feelings to uncover the whole truth of our negative or anti truth and anti love state.

Kevin: So whilst we're of an untrue state, then all we have got to help us understand why we feel bad, why we are wrong, why we are negative and anti love and truth, is our feelings. So if we focus on our bad feelings, they will lead us to the truth of why we're feeling bad. Which will be the truth of what happened to us to make us be this wrong way, and how we took on the wrong way and keep it going making us feel bad.

FEELING HEALING

Note: The vital difference between emotion and feeling is that emotions have their roots in the past, and feelings relate to the present moment. Emotions represent our feelings which were not previously expressed, and these accumulate with time.

Note: Our feelings are soul-based. Our soul is always in truth. It is our soul based feelings, that when allowed to be freely recognised, we will begin to express and be who we are. This takes time and perseverance as we have encrusted our souls with layers upon layers of errors and false beliefs, it is these layers that will confuse the truth that our soul is conveying to us. Only by our progression with our Feeling Healing will our soul's expression of truth become clear and free of all cloudiness and contamination.



“What our soul needs in accordance with our own, individual, **Soul-Light-Plan-Of-Destiny** (your life's true destiny plan), They, being our Mother and Father, will give you as required. The only way we can know truly what we need is to honour and follow our true feelings. They, springing from our soul, literally telling us what we need, and so when we genuinely feel we need something, we apply our will to get it. The hard part is knowing if our feelings are true, and until we have done our whole soul-healing, they won't be clear and total true.” James – Introduction Course to Divine Love Spirituality

WE ARE TO BE OUR TRUE SELF – OUR SOUL BASED FEELINGS!

We are to use our feelings to uncover the truth of ourselves. Just how important are each of our feelings? Well really, they are ALL as important; as in, nothing else in life even matters other than what we are feeling.

We are all so conditioned and used to living with our mind in control of ourselves, that many of our feelings, and mostly so many of our bad feelings, we dismiss or shut out and refuse to deal with. We should go the other way in life, so instead of denying so many of our feelings, trying to acknowledge them all, to bring them all out, every last bad one, even if means stopping everything else and attending to them; and by attending to them is to make sure we express them, speak about them, the whole idea being not to keep suppressing them, to make sure they come up and out of us as we feel them.

Along with this: we are to long for the truth of our feelings; as in, the truth they are wanting us to see about ourselves, because apparently hidden or behind or within each feeling, is something it's trying to tell us about ourselves. And that is how God wants us to live – it is to live a true spiritual life.

We are not meant to be alone, we are to have someone with whom we can share our whole self with, telling them all we think and feel. If you do not have a companion, talk it out loud to your Heavenly Parents.

If you feel a bad feeling, you don't let it pass, you stop with it, focus on it fully accepting it; and with the emotions of it, express it the best you can; and then at the same time, long for the truth of it – want to see what it's all about – why you're feeling it.

There are hidden deeper underlying causes in us that will come to light as to why we're really feeling bad. So we might, for example, be angry with something that's happening in our life now, but as we express that anger, longing for the truth of it, it will lead us back into our earlier life connecting with the same anger we felt about other things; and then back even deeper into connecting, or it should be reconnecting, with anger we felt with our parents when our parents treated us badly.

That means there will be a lot for us to deal with if the bad feelings we're feeling now are also going to lead us back into buried bad feelings from our past.

Sage and the Healing Angels of Light by James Moncrief



LUMINOSITY of the SOUL grows with LOVE:

DIVINE LOVE is a SUBSTANCE

Angels actually do not have wings.



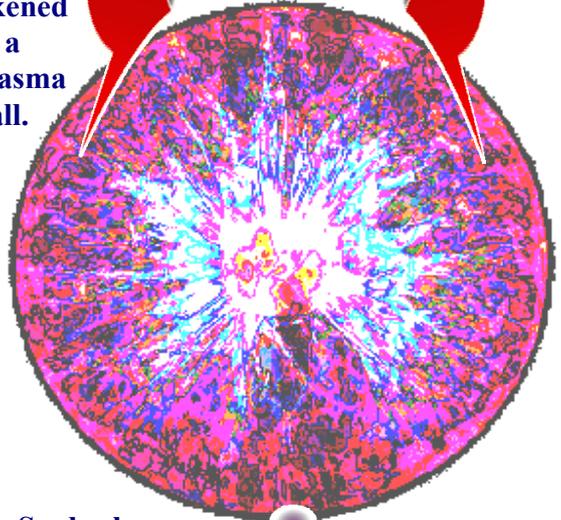
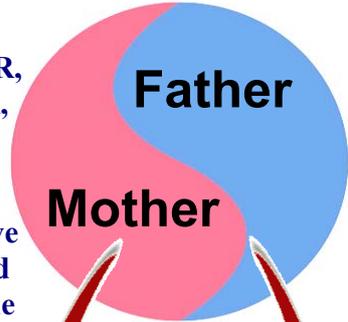
One's soul can grow from the condition of a dark dried up pea to that of a Celestial Angel by asking for and receiving Divine Love. Divine Love changes the essence of the soul to that of the Divine. Nothing else can do this.



**CREATOR,
MOTHER,
FATHER,
GOD.**

Divine Love is delivered through the Holy Spirit, should you ask for Their Love.

Your soul can be likened to a plasma ball.



Soul releases errors and negative emotions via one's Feeling Healing with Divine Love.



How the Law of Compensation works.

<http://new-birth.net/contemporary-messages/messages-sorted-year/messages-2015-and-2016/how-the-law-of-compensation-works-wv-19-january-2015/>

Received by W.V.

January 19th, 2015

My dear friend, it's so good to see you again, up and eager to receive some more information. I would like to pick up where we left off the previous time.

As I said: duality is a simple concept which isn't really understood by many and that it will exist as long as one hasn't reached the spheres of the soul. Knowing this gives us an advantage. For example: when someone decides to do something unloving it will have two (= dual) consequences:

- 1) the energy sent out will not contain the energy of love because the individual decided to block his soul from contributing its energy
- 2) the soul itself will not be able to fill itself with the natural love it needs to feel "normal" because a (partial) blockage has been created.

So you see, when one decides to do something unloving towards someone else it also has an immediate impact on oneself (because a blockage works both ways). This way people will see the expression "to treat another as oneself" gets a deeper and more explanatory meaning.

Evidently you will also start to understand why we have repeated several times: to give and be loving even if you feel like you are wandering through the lowest of Hells. Because when you give love it will also have two (= dual) consequences:

- 1) it will (partially) unblock the flow of natural love towards your soul; and at the same time
- 2) allow the soul to contribute its love to the action, thought or creation.

But because many do not know or understand this duality they often do the total opposite. Since they feel bad they only worsen their situation by acting more unloving (instead of more loving) and they block their souls more and more until they are in total darkness.

Thus one of the things one needs to do to get out of hell or to feel better when one feels bad is to do loving things. "Saying sorry" is for example one of the loving things that will help unblock the flow of love. Because doing loving things will let natural love flow through our souls by eliminating the blockages we created through the decision of our free wills. But because it is so hard to do, most people will not engage in walking this path. They'd rather live with a soul lacking the love it needs than giving others the love they need because they feel / think the others don't deserve to receive that love.

However knowing what you now know, you can see the repercussions of this. By not giving others the love they need, you are not giving yourself the love you need: the reason being the principle of duality; you are blocking the flow of love from but also – at the same time – to your own soul.

This here my friend is the mechanism behind the Law of Compensation: when you do an unloving thing, you block your soul from contributing its love and in the meanwhile you block the love from entering your soul. And the size of the blockage will depend upon the severity of your actions and thoughts which in turn will also influence the time you will pay for the compensation.

For instance: taking a human being's life is such a severe action it will almost block / encapsulate your whole soul. Of course circumstances will influence the quantity (of blockage). As for instance; when it was done out of self-defence it will not block / encapsulate the soul as much as when it is done in cold blood, but it will not be much less either. So you can readily see how difficult it will be and how long the process will take before the blockage will fade away (by letting love flow through your soul) especially because you cannot bring back to life the one you've killed. That is the reason why we can still unblock our souls even if we cannot make right what we did wrong but it is also the reason why it will be much harder.

Although we will unblock our souls much faster by undoing the unloving thing itself, to the people we did it to, we still have a chance of unblocking our souls by doing loving things to people we did not do the unloving things to. This might not seem fair to the people who have suffered by the wrongdoing of others but it shows the fact Father loves us unconditionally and does not want us to suffer infinitely, although people would.

If you let love flow through your soul, it will have a positive effect upon the blockages you've created. And if you persevere, you will succeed in bringing your soul back into the harmony it needs. But then again there is also the Divine Love which is far more powerful than the natural love. If I would have to put a number on how much stronger, just so you can understand what I'm trying to say, I would say 10 or maybe even 100 times. Of course this is purely hypothetical because natural love is only a derivative of Divine Love so it is almost impossible to compare them this way. Anyhow you are already starting to see where this is leading to. If you ask for the Divine Love to enter your soul it will be 10 or 100 times more efficient, 10 or 100 times stronger than if you would let the natural love flow through your soul. So it will help to break down "the wall" you've created around your soul 10 or 100 times faster than the natural love would do.

And all of this will only depend on how you use your free will; the creator of 'separation from' but also the creator of 'unity with' God. Thus having two (= dual) functions in one concept. If you truly start to understand this concept of duality you will see how easy it will be to use its information to your own advantage: duality = 2 choices = to do (something) or not to do.

Thus to help you to become more at one with Father, it isn't that hard to find out yourself which way you should use this duality. Being soul or being love or being one means only acting out of love. So what do you think we need to do to become one (besides asking for the Divine Love)?

[To act within the scope of love.]

Exactly. And what shouldn't we be doing if we would like to become one?

[To act outside the scope of love.]

And although this seems so simple it is very hard to do for most people because they do not understand the true implications of this duality. But let me explain it further.

As a human being we mix up these choices and that is where the disharmony begins. Most of us only think that what we do is important; whether we do something loving or whether we do something unloving. But there is nothing more untrue. What we don't do is just as important! If we encounter a situation where we feel we should do something loving but we restrain from doing it, it will have the same impact on our souls as if we do something unloving. If you look at this statement closely you will see the logic and the truth of it.

Just as your mind blocks your soul from adding love to an unloving action, so does your mind block your soul from adding your love to a specific situation. And as I explained in the beginning: a blockage works both ways. So if you block yourself from adding love to a specific situation, you also block yourself to receive love at the same time. Thus you see how important it is to understand the concept of duality (created by free will) and how it can be used to our advantage once we see it's true nature: being love = being one = to act inside the scope of love = not to act outside the scope of love – and – not being love = not being one = act outside the scope of love = not act inside the scope of love. Evidently it is not only about what we do, it is also about what we don't do; and both have an equal impact on our soul conditions!

Let me ask you a couple of questions to clarify this further. There are some teenagers assaulting a defenceless man 50 metres in front of you. You see them but you turn back or go around them without interfering or calling the police out of fear of getting assaulted yourself. Do you think, although you haven't done anything yourself, it was a loving or an unloving inaction and do you think it will have an impact on your soul?

[Well, according to what you have been trying to explain, I would say it was an unloving lack of action with a free will decision not to add your own love to the situation. When you block your soul of adding love, you also block it from receiving love. So, yes, it would have had a 'negative' impact on the soul.]

Indeed. Although one does not do a thing here (no specific action) there will be a reaction: a (partial) blockage of the soul. So you see that “not doing something” is also an action that will generate a reaction and this is something a lot of people do not understand. Blocking your soul from contributing its love is the true action that lies underneath the physical inaction. And it is this action that creates the reaction.

Next question. Your friends are gossiping about an acquaintance of yours. They want you to participate and say negative things about her behind her back. Although you do not completely like this acquaintance, you refrain from contributing because you don't have the exact details and understand there are two sides to every story. What do you think this time?

[That it was a loving inaction with a free will decision not to add unloving energy to the situation. So no blockage was created and it had a 'positive' impact on the soul.]

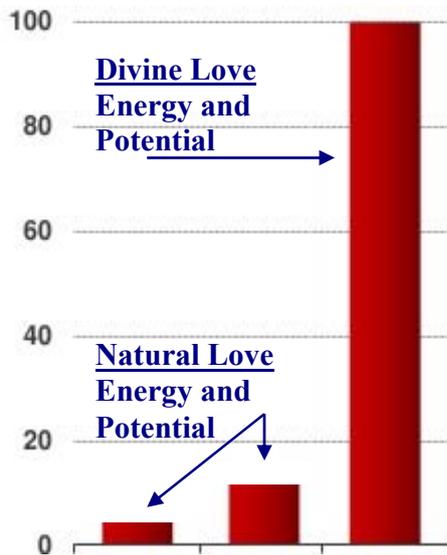
Exactly. But it will not only have a positive impact because no blockage was created. It will also have a positive impact because love was able to flow through you while in that situation. And although nothing

physical was done, not blocking your soul or letting natural love flow is the underlying action which will have a reaction namely; breaking down (a tiny bit of) “the wall” you’ve build around your soul. So you are actually doing loving things by not doing unloving things and are being compensated for it.

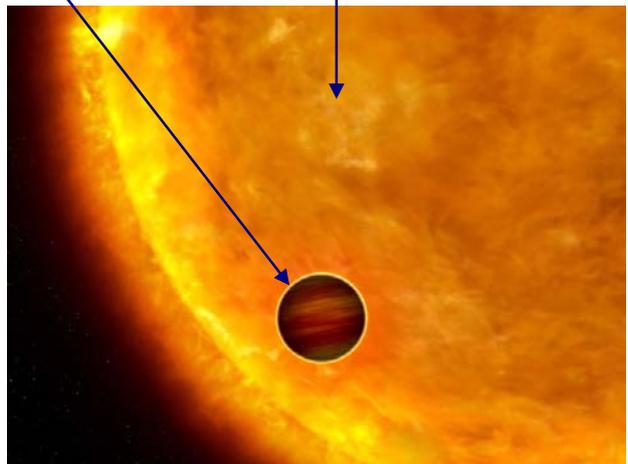
Although I would like to continue and have a lot more to say I can see you are starting to get tired so I’m going to stop here.

Thank you for giving us these opportunities and God bless.
Your brother and friend forever, John (Apostle).

With DIVINE LOVE one’s potential in growth is to infinity, progression is typically many multiple times faster than for those who remain NATURAL LOVE dominant and restricted in their growth potential to that of only becoming the perfect man whereas Divine Love enables at-onement with the Father and entrance to the Celestial Heavens and beyond.



The luminosity of DIVINE LOVE compared to that of NATURAL LOVE personality.



Embrace the availability of the Feeling Healing process and Divine Love, all one need do is to earnestly long for and ask for our Heavenly Mother and Father’s Love. It is an energy that surpasses all that is.

It is with this energy melding within one’s soul that heaven on Earth is achieved.

Nothing else can bring about the joy and love we strive for.

"Two Choices, Two Pathways"

Spirit: Andrew

Medium: Al Fike

Location: Gibsons, BC

Date: May 2, 2016

Yes, the dear and beloved soul Mary speaks the truth and it is true that the law of compensation is transformed in its effects upon the soul who is redeemed by the Father's Love, for are you aware that when you pass over into spirit your soul has the memory of every minute, second of your life? And when one is in spirit these memories flood forth into your consciousness and those deep-seated disturbances within you, though many feel that they have dealt with these issues through their mental reckonings and what you refer to as therapy, I say that within the mind these issues are settled but within the soul they are not.

Now there are two choices in dealing with the deep-seated injuries of the soul. When one walks the natural pathway in this great effort to be purified within your soul and your mind, then each and every aspect of these memories lodged within the soul must come up into your consciousness and depending upon the nature of it, of these thoughts and memories, one must atone for these words spoken, for injuries given, for injuries put upon another, for you are human and in many ways you have experienced many errors and have been responsible for hurting others with what you say and do. This is the human condition. All souls must recompense for these actions and in many respects, the journey through the spheres of spirit are determined by how one willingly takes on these great efforts to purify, to release and to make recompense for those actions taken.

The second choice is to have these conditions within the soul healed, transformed and released through the power of God's Love. This can be a very quick and powerful journey of healing, of release, and this is what we refer to as the soul finding its salvation, to be purified, to be in harmony with God's Love, which would burn within the soul, burning away all those conditions that are not in harmony with the Love. It is the choice to take this journey of recompense or to take the journey faith and love accepting and embracing the power of this Love.

And when you pray for God's Love, you set a course for yourselves, a higher road, an easier path which has far-reaching effects. As you journey through the spheres of spirit you will gain much benefit from the cleansing power of God's Love. And as you release those conditions that are pushed out by this Love, released, purified and burnt away, you are then more free to receive greater inflowings of the Love and your progression becomes exponential and your journey swift to those spheres of the Celestial Heavens where each soul is redeemed, each soul is free of sin and error, of darkness.

So you see, your journey of life upon this Earth-plane is short, swift but has a great bearing upon where you will continue life in spirit. You have a great advantage here on Earth, and as you pray for this Love, and as it influences your choices and your actions, you are creating for yourself a wonderful heritage of Light, a wealth within your soul that will bring you to places of great Light and harmony in spirit when that time comes, the end of a short life in the world of material.

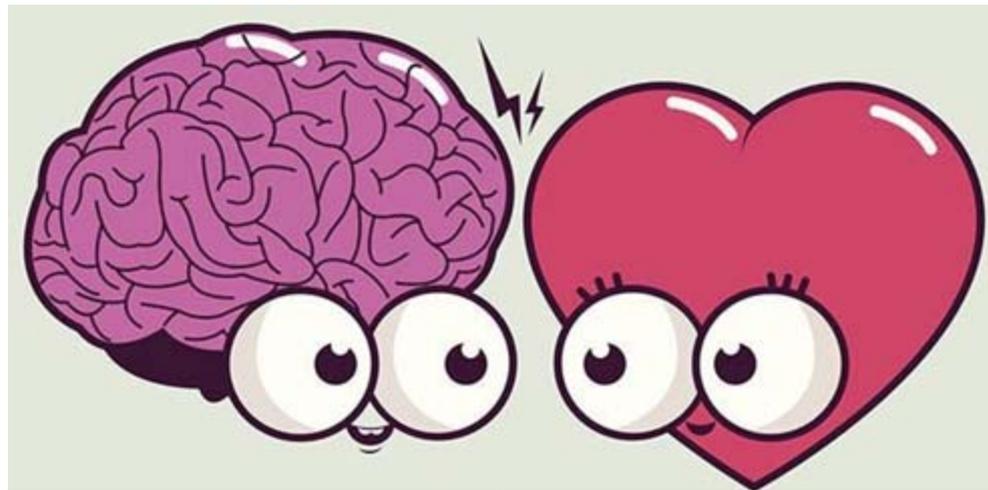
For the world of spirit, life is much, much longer and you must consider this, how you are indeed building for the future of your existence. Opening up to God in this way through His Love is a swift road for those who have faith and dedication and acknowledge the yearning of their souls for this Gift.

And for those who have led a difficult life here on Earth, whether of their own choosing or have been victimized by others and carry the hurt and the pain, the resentment and the anger but choose not to go to God with these issues and conditions, they choose a long road, a difficult road, but they will in time come to that place of purification, they will in time, for this is part of God's intention for all humanity to come to a place of purity. But that place within the sixth sphere of existence is the very limit and apex of these efforts to purify the natural being, that which you were born with, the potentials and gifts and possibilities of the natural soul.

And when one chooses the Divine Path, as the soul is transformed and redeemed by this Love, there are unlimited possibilities, for God's Love, this energy, this Gift is unlimited. The potential for your soul to receive this Gift is unlimited. Therefore you walk a path for all eternity within this great Light of God and His soul of Love and it is this Love that will be your life-force, that will enliven, transform and carry you to places unimagined, to awarenesses deeper than any ocean, to a capacity to love greater than all the love combined of all the peoples on this Earth, the capacity to love greater than all the love that is here at this moment in this world. Can you imagine this? Can you imagine such a state of bliss and love, joy and happiness? It is free for you for the asking. It merely requires that you choose, that you choose the gift of Love.

Do not hold back from God, but open yourself completely to His Touch and allow His healing Hand to release you from your burdens, all that which holds you, all that which takes you to places of pain, all that which you harbour in judgment and anger, resentment, those human things God wishes for you to release, to be free, to know great joy. It is for you. It is for you and for all who desire this.

God bless you, beloveds. I am Andrew and I love you, I embrace you and I have a fervent desire for you to embrace God in this way and you will find the wonderment, the joy and the abiding peace. God bless you.



Our mind strives to control and is always subject to error. The mind's controlling natures based on error are the foundation of all the misery, illness and drama on Earth for all of humanity. Put them aside by expressing them.

Our soul based feelings, given to us by our Heavenly Parents, are always in truth. Allowing our feelings to lead our way of living that is living true to God. Express all your feelings and long for the truth of them.

EMBRACING the LOVES:



Our soul is formed from the substance known as natural love. This natural love enables us to develop to that which is the perfect man, an excellent, capable and loving personality. However, there is a limit to our growth founded on natural love fore there is nothing of the Divine within the substance of natural love.



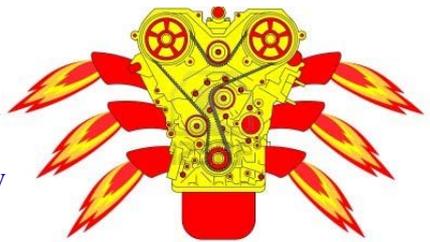
Should we ask for, and then receive Divine Love, then the Divine substance of Divine Love can be added to our being, thus providing us with an infinite potential for growth and development in the Love that is Divine.

The natural love and Divine Love are not divided when in the soul.

The natural love is harmonious in the Immortal greater love, the Divine Love, and so, never shall an Immortal faith and Immortal truth fall.



Adding Divine Love to your being can be likened to developing a powerful engine based on natural love to that which is found within a most powerful muscle car. One's performance capabilities progressively develop as the regular fuel of natural love is slowly, but steadily supplemented with the fuel of Divine Love, thus changing that which is founded on natural love to that of the Divine, namely Divine Love.



Your fuel steadily is converted to that which is of the highest octane level ever envisaged.

The Divine Love is the wonder of the universe. How this invisible substance causes so much change in our mortal nature is a miracle to behold and experience.

Living with the Divine Love brings about harmony throughout all of one's bodies, systems and personality. One's capabilities and love continue to greatly expand.



Divine Love always has its effects in harmony with the expression and development of natural love. Therefore your awareness and expression of natural love in your life is a vital element in accepting Divine Love into your life and fostering its development of your soul. Divine Love is the great harmoniser and is therefore not isolated but its effects are universal.

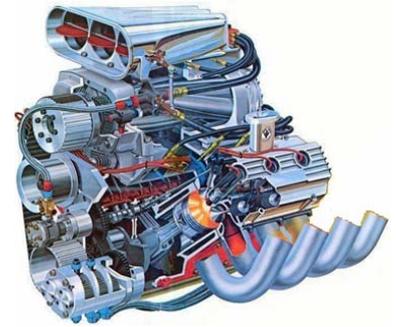
Divine Love is the 'ultimate' high octane fuel.



WE ARRIVE DETUNED!

Our souls are a divine creation of our Heavenly Mother and Father. They could not be any other way! And are designed (such as how it has been for us) to begin incarnation in a Natural love condition reflecting the Natural love state of our world.

And we have also been provided with the opportunity to experience what is being ‘evil’, to live denying our Natural love, as seen through the denial of many of our feelings. So we here on planet Earth live on a world that has Rebelled (and then also Defaulted), of which there are only 37 within the local universe of Nebadon, consisting of 3.8 million physical worlds under the regency of Mary Magdalene and Jesus – the spiritual parents of truth of all of Nebadon! And we assassinated Jesus, and completely denied Mary not allowing her to have her say about the truth.



As a consequence, we are ‘detuned’ from our Natural love state and divine origin. You could say we arrived with all parts functional, however, in our untrue, dysfunctional and distorted state, we’re badly in need of a severe service, tune up or a complete reconditioning. Our goal being to bring our true self to the fore by doing our Feeling Healing, and then to progress beyond our Natural love state by further advancing our soul condition through the process of Soul Healing and receiving our Parents’ Divine Love – becoming divine.

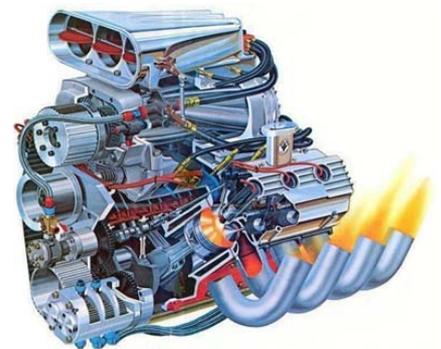


In our feeling- and truth-denying untrue Natural love state, we have been made to use our minds to dominate our feelings, becoming more like that of mind-based creatures of nature than of human souls of truth and feelings. And this is the wrong way for us to develop. So to step beyond this limitation, we are to live true to our feelings. Our heartfelt feelings being the guiding lights to our evolution and growth of truth.

Feelings are what guide us through our ascension of truth. So they are really our Supreme Guides. Many people look for a person, spirit, angel, even God, for supreme guidance, however it’s all right there already built in and can be found through our feelings – our soul based feelings.

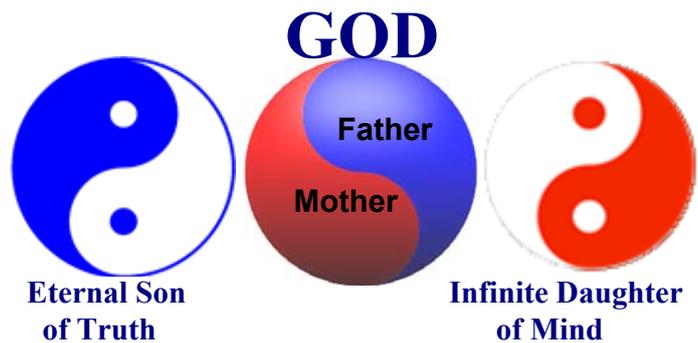
By living true to our self, true to our feelings, we are living true to God. It’s that simple.

Thus we are detuned once our incarnation begins. However, the way is now open for us to bring about our full divinity. To completely Heal all that’s wrong within us on a Natural love level. To embrace and then transform that Natural love into a divine state through partaking of our Heavenly Parents’ Divine Love. All the while attuning ourselves to divine perfection and enjoying the fullness of our divinity and love, as we ascend in truth on our journey all the way to Paradise – the home of our Heavenly Parents.



WE were DIVINE, and
WE are to BECOME DIVINE AGAIN:

Our personality, our soul, our real self, are all creations of our Heavenly Parents. We, our real selves, are not creations of our physical parents. Within our original status, we were of Divine nature.



Our physical parents, from our conception, endeavour to mould us into being ‘little me’s’, that is, replicas of themselves, imposing their beliefs and personality traits upon each of us. They crush our individuality and free will. They destroy our personality, our true self. They inflict upon each of us their ways, all of which are of a result of the Rebellion and Default of many, many generations ago. They drive us into believing and subsequently becoming dependant upon our minds. This is not the way for us to express our true selves and evolve along the path towards our true parents, our Heavenly Mother and Father. We are to embrace the Eternal Son of Truth, not the Infinite Daughter of Mind.



No, we are not in the image of our physical parents. Though we may look like them, and act like them because they have dramatically and successfully crushed our true personality, we are each very unique and independent of our parents and all other family members. When we begin to progress along the path of engaging with our soul based feelings and seek for the Truth of our feelings, we will become free of our parents’ impositions and suppression.



Upon starting our physical life experience on Earth, our divinely created soul begins to express us as one of our soul’s two personalities in Natural love. However because of Earth being in Rebellion, so we are parented into a rebellious and anti truth and anti love state of mind control over our feelings and true self.



Natural love is good, just ‘less’ or different to Divine Love. And it’s that in our rebellious state, we’re rebelling against Natural love, and Divine Love by not taking Jesus and Mary up on their offer and allowing the Divine Love to transform our soul, as we perfect our Natural love by doing our Healing.

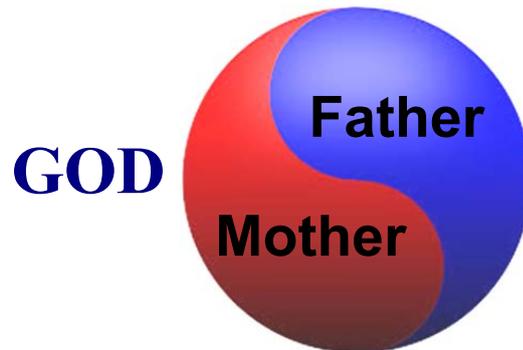
By living true to our self, true to our feelings, we are living true to God. It’s that simple. The revealing of the Feeling Healing process is the commencement of our ability to begin the Great U-Turn and go the right way. Should we then also embrace our Heavenly Parents’ Divine Love, we can also commence our Soul Healing and a returning to that of being divine – this is our destiny.



GREAT UTurn

Negative Spirit Influence blocked
22 March 2017
Law of Compensation quickening
22 May 2017

Rebellion and Default officially ended
31 January 2018

CREATED in THEIR IMAGE:

James: Mary, what does ‘we being created in the image of God’ really mean?

Mary M: It means that our Mother and Father used Themselves as the model or template if you like, upon which to bring us into being, those of us who have existential souls with the potential of expressing their two personalities in Creation.

And although our souls are divine, as in being divinely created, still whilst we start our personality expression in Natural love, so we need the Divine Love to come into our soul and bring it into the levels of Celestial divinity.

Natural love, so basically the whole of Creation, is of the image of God, and we being divinely created souls can be part of God’s Divinity becoming divine ourselves. So through your Healing, James, you become progressively divine by partaking of the Divine Love and healing yourself into perfection – your true self. And by the time you’ve completed your Healing, your soul is of the Divine Love level of Celestial truth, and your personality is an expression of that level of truth, it all being ‘confirmed’ and cemented – fused – into place upon the direct soul-union with your Indwelling Spirit. Then you are of the essence of God, true and perfect to the level of the first Celestial sphere, the first sphere of true divinity.

Mary Magdalene communicating with James 20 November 2017

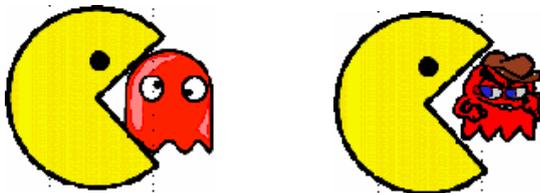
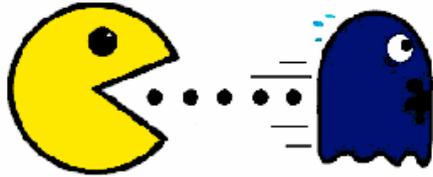


PROCESS of FORGIVENESS
PROCESS of FORGIVENESS
PROCESS of FORGIVENESS
PROCESS of FORGIVENESS

is also the PROCESS of REMOVING HARMFUL EMOTIONS
is also the PROCESS of HEALING BODIES Physical Spiritual
is also the PROCESS of SOUL GROWTH with the LOVE
is also the PROCESS of CLEANSING the SOUL



Our Heavenly Parents send the Holy Spirit, the Spirit, to those who long for and ask for Their Love and assistance. All you need do is ASK!



“The New Birth is the flowing of the Spirit of God into your soul and the disappearing of all that tends to turn your heart from the truth and Love of God in conjunction to doing one’s Feeling Healing.”

“The Holy Spirit is God's messenger or instrument that carries into the soul the Divine Love that is bestowed on the truly penitent man.”

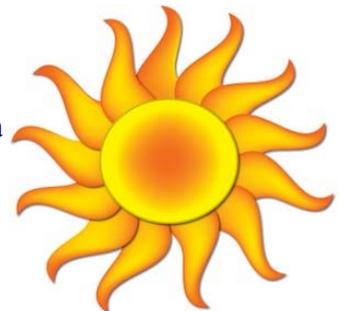
“The Holy Spirit when the penitent prays for the Love the Holy Spirit will respond and fulfil the work that the Mother and Father has provided it to do.”

“The only thing that saves a man from their sins / errors and reconciles them to the Mother and Father is that they must become conscious of God’s Truths and receive the Holy Spirit into their souls.”

Continuing with one’s longing for Truth and asking for our Parents’ Love enables progressive removal of emotional errors and injuries that then lead to the removal of core emotional damage, and then, subsequently, the progressive filling and expansion of one’s own soul. Removal of these soul injuries through Feeling Healing also leads to the removal of damage to one’s spirit body and the restoration of one’s health.

It is only by the infusion of this Love while longing for Truth within one’s soul in sufficient quantities does one become fitted to enter the Celestial Heavens.

Soul development, with the Love, can take a soul from being a dried up garden pea to that of a simple candle, and then onto that of a blazing sun!



The LOVE that brings about FORGIVENESS:

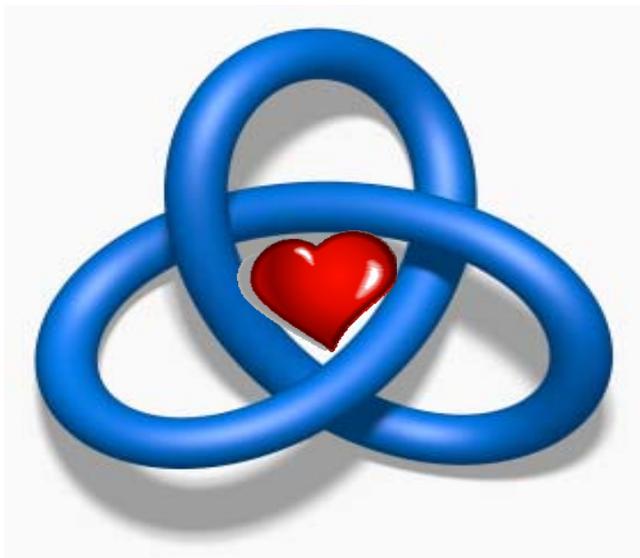
This Divine Love, and by this I mean the only way through which salvation can be obtained, can enter and fill the soul through the sincere longing of the soul to assuage the thirst for at-onement with the Father through prayer. Revelation 17 – November 12th, 1960 – Jesus

The only way for man to achieve forgiveness of sins is through the obtaining of the Divine Love or through purification of the natural love, a long and tedious process that fits the individual soul for a place in the Sixth Sphere. Revelation 50 – October 18th, 1954 – Jesus

Divine Love fits a personality to enter the Celestial Heavens, way above the 6th Sphere. Without this Love, man cannot enter the Heavens. It is this Divine Love that brings about immortality for man.

This great Love of the Father was created or rather has always been, for the redemption of the vilest sinner who seeks and believes. March 24th, 1915 – Ann Rollins

Only the Divine Love can give man of a Divine Nature, and that no self development or cultivation of the Natural Love to the greatest and most sublime extent are sufficient to make man at one with our Mother and Father in the divine sense and which makes the spirit a partaker of this Divine Essence of our Mother and Father. One needs to come to understand the difference between the two loves and what the New Birth means. March 24th, 1915 – Jesus



Immortality with the Love.





God is God, who is our Heavenly Mother and Father, being SoulMates. There is only one Soul that is God's Soul, that being the Soul of our Mother and Father. Our Heavenly Parents are the First Soulmates; The Two Who Are One who have brought us all into being.

Jesus and Mary are a son and daughter of God.



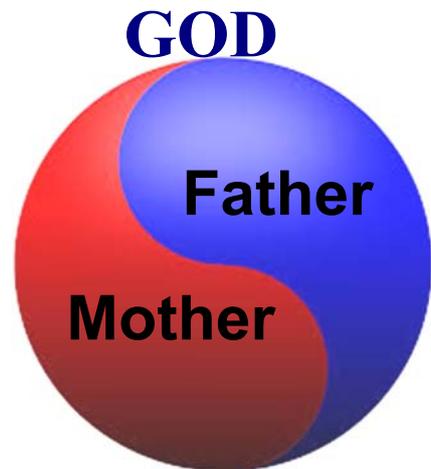
Jesus of Nazareth and Mary of Magdalene, being soulmates, were both free of sin. Jesus and Mary, combined in their love for us, are our teachers and guidance for us to find our way home to our Heavenly Parents. To start this journey we are to liberate our souls from being entombed within our suppressive minds, through feeling and longing for the truth of our feelings via our soul and peel away our injuries incurred since conception.

Give yourself time to consolidate your relationship with the Mother and Father through the partaking of Their Love. And whilst you are doing this, you can learn about your healing, all that's involved with it, as there are many willing spirits to share their healing experiences with you.

When you are ready it will start happening simply because you will want it to, it all being orchestrated by your soul. And when that time comes you will have developed a strong foundation in your relationship with the Mother and Father for you to work from. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

It is to make longing for God's Love the priority, and then do one's healing; should one want to include God and the Divine Love in one's feeling healing. This is doing your soul-healing as you are seeking to heal your soul of all evilness – of that which made you become evil, and release all the hurt and pain of not being fully and truly loved.

WE ARE Children of God



WE ALL ARE BEING GUIDED HOME:

We need the Spirits of Truth of the Avonal Pair to Heal ourselves; then once Healed, (and for support (overshadowing) as well through your Healing), we need the Creator Pair, Mary Magdalene and Jesus’ Spirits of Truth to see us through the Celestial spheres, while at all times embracing our Heavenly Mother and Father.

Until Mary and Jesus died and liberated their Spirits of Truth, no one from any of the worlds could leave Nebadon, because no one knew the way to do so. Nebadon is our local universe containing some 3.8 million inhabited physical worlds and their associated spirit worlds.

When we embrace the truths Mary and Jesus are revealing, and start to do our Feeling Healing, or with Divine Love, Soul Healing, we are then freeing ourselves up from our parental and self control.

Thus our journey to Paradise, to the home of our Heavenly Parents, is of our choosing as to when we progress, however, there is only one way:

HUM: Humanity is to ascend. We are self contained. Our soul is always in truth and perfect at all times. **By living true to ourself, true to our feelings, we are living true to God. It’s that simple.**

We are to recognise that being engaged and dominated by our mind is the wrong way for us to evolve and grow in truth. We are to discard the mind enslavement that has been imposed upon as by all of our parents. We are to express our feelings, both good and bad and free ourselves of the indoctrination that humanity has embraced worldwide.

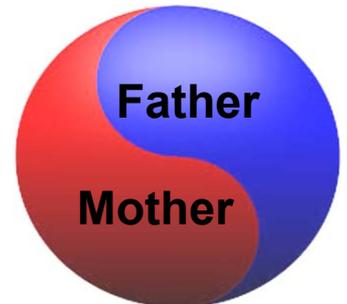
Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God’s soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of our Mother and Father.

AVO: We are to embrace the truths and guidance of the Avonal Pair through their Spirits of Truth. It is the Avonal Pair’s guidance that will lead us through our Feeling Healing, and with Divine Love, we will be able to ascend through the 7 spirit Mansion Worlds and enter the Celestial Heavens where we also interact with other world’s spirits.

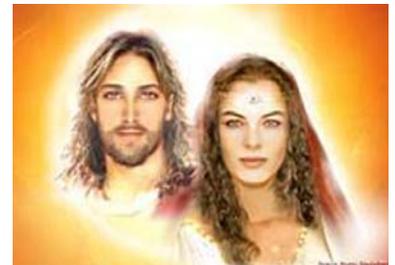
J&M: We are also to embrace the truths and guidance of the Paradise Pair, Mary and Jesus, who will then lead us through the 3 Celestial Heavens that are aligned with Earth, and then further on through Nebadon where we will then depart beyond on towards Paradise.

M&F: Beyond the universal zone of Nebadon, we will be guided by our Heavenly Mother and Father onwards through the universes to Paradise where we will be welcomed by them, home for us all, as we are all Children of God.

GOD



M&F



J&M



AVO

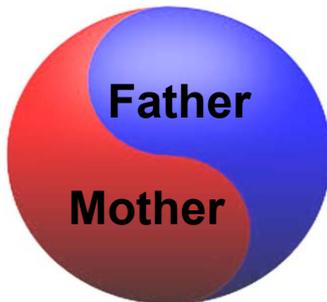


HUM

WE ARE Children of God

WE ALL ARE BEING GUIDED HOME – NOW, HOW TO COMMENCE THE JOURNEY:

GOD



M&F

For 200,000 years, we have been misled into embracing our mind's distortion of wisdom and truth. All such traditional understandings only lead us in the wrong direction, from which we must turn back from. Our soul based feelings are always in truth. Our minds are to follow our soul based truths and feelings, not the other way round, as we have been brought up to embrace.

We are to connect with our deeper repressed feelings.
 We are to long for the truth of what we are feeling.
 We are to live true to our selves; by living true to our feelings.

Use your surface day-to-day feelings to connect with your deeper repressed feelings. Express your surface feelings and your deeper repressed feelings to uncover the truth of yourself.



J&M

We all have feelings which we communicate and share with each other. And we all have deeper buried and hidden repressed feelings. Feelings from our early childhood we felt, yet weren't allowed to express. These feelings are still within us, waiting to have their say. These feelings, because they are repressed, cause us all our problems.

And as we look to uncover, bring out and accept these deeper feelings, so we're taken into new ways of looking at ourselves, our feelings, and our life. We're setting ourselves free of the controlling patterns that govern our unloving behaviour.

In this way, we progressively begin to express the personality that our Heavenly Mother and Father gave us, not the one imposed upon us by our physical parents and carers. We are to be our true and real selves.

By living true to ourself, true to our feelings, we are living true to God. It's that simple.



AVO



HUM

As we, humanity, long for the truth of our feelings, we can also be assisted by the Spirits of Truth of the Avonal Pair who are our spiritual teachers for Earth over this coming 1,000 years, to assist us through the Great U-Turn, away from mind dominance to being soul based feeling lead. They will assist us through the seven levels of the spirit Mansion Worlds.

Then the Creator Pair, Jesus and Mary, will lead us through Nebadon and into the greater universe. Then our Heavenly Mother and Father lead us home to Paradise.

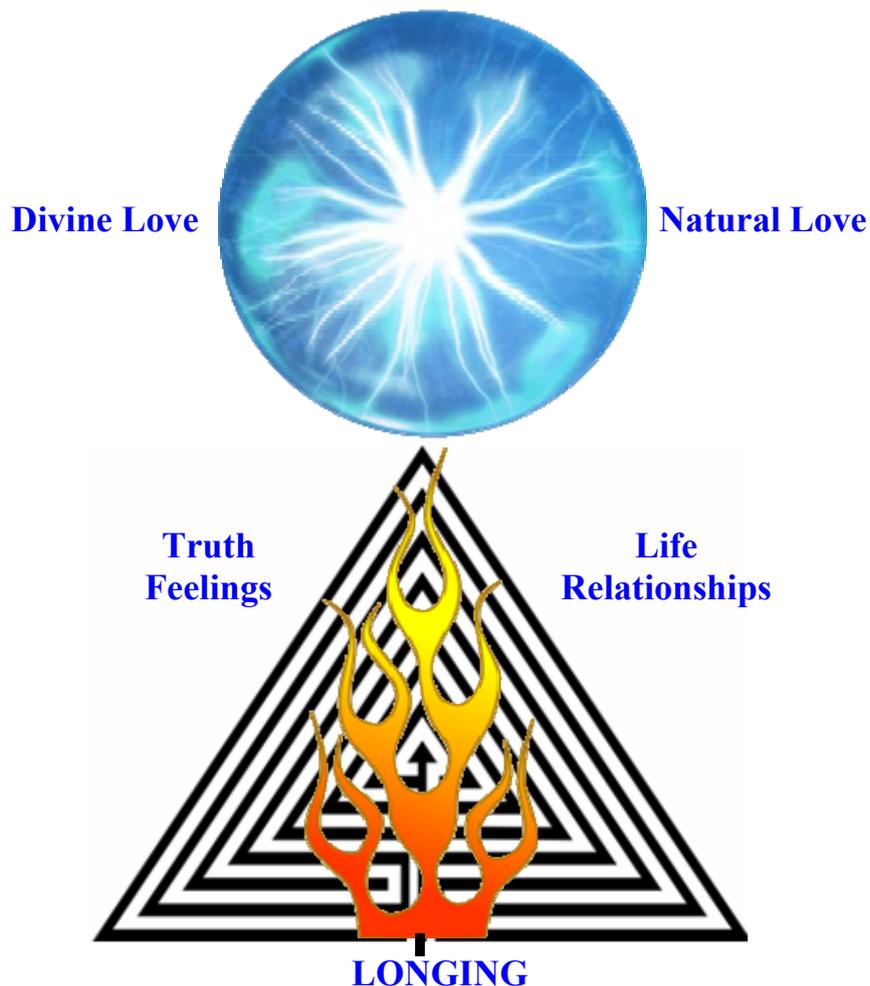
Collectively, should we embrace them all, as we are to, then our pathway home is a journey in the hands of the Spirits of Truth of the Avonal and Paradise Pairs overseen by our Heavenly Parents.

WE ARE Children of God

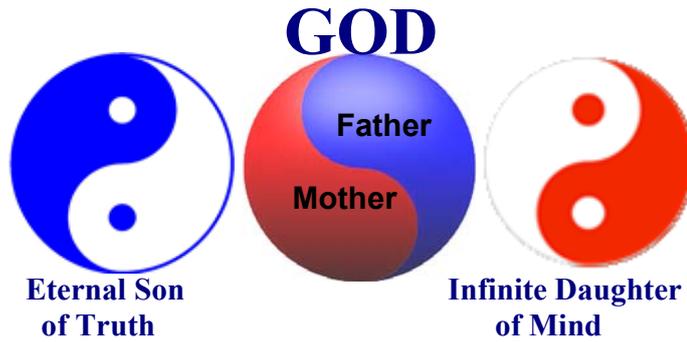
HOW TO GET TO PARADISE:

Long for the Divine Love
 Long for the Truth
 Long for the truth of your feelings
 Don't deny any feelings: accept, express and want to know the truth of them
 Know your feelings are the key; your feelings are the Way
 Want to end your falseness and being untrue
 Want to understand the truth of your early life
 Use your surface feelings to move deeper into yourself, bringing up your repressed feelings
 Want and long to know the whole truth of yourself
 Want to do it all with God, your Heavenly Mother and Father – long to Them for help.

The Key



Our longing drives our life. We long with feelings. We can wish for things using our mind, yet long for things with our heart. These things in the pyramid are what to long for. Longing for them, when the longing comes naturally. Longing because you feel you really want them. Long to be true with all your heart. Long to live true to your feelings. Long to understand the whole truth of yourself.



PARADISE TRINITY:

1. **Our MOTHER and FATHER (God)** (MF) – **Divine Love**
SOUL (God) – One SOUL that is expressing its two PERSONALITIES, our Heavenly Mother and Heavenly Father (Soulmates)
2. **ETERNAL SON** (ES) – **Divine Truth**
3. **INFINITE DAUGHTER** (ID) – **Divine Mind**

Then: The Second and Third Persons of the Paradise Trinity (ES and ID) are stepped down to the local universe trinity (Mary and Jesus, Divine Minister (DM), and her Holy Spirit.

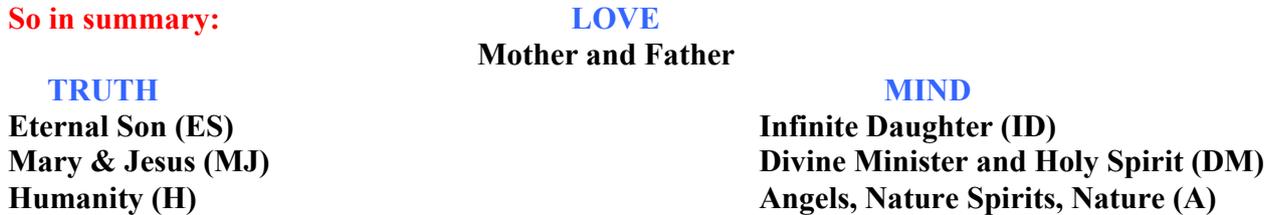
The LOCAL UNIVERSE TRINITY:

1. **MARY M and JESUS** (MF) – **Love**
– the **Living Truth**
2. **DIVINE MINISTER** (DM) – **Mind** (and her Holy Spirit)
3. **HUMANITY – Natural love, sons and Daughters – Truth, and our Angels – Mind**

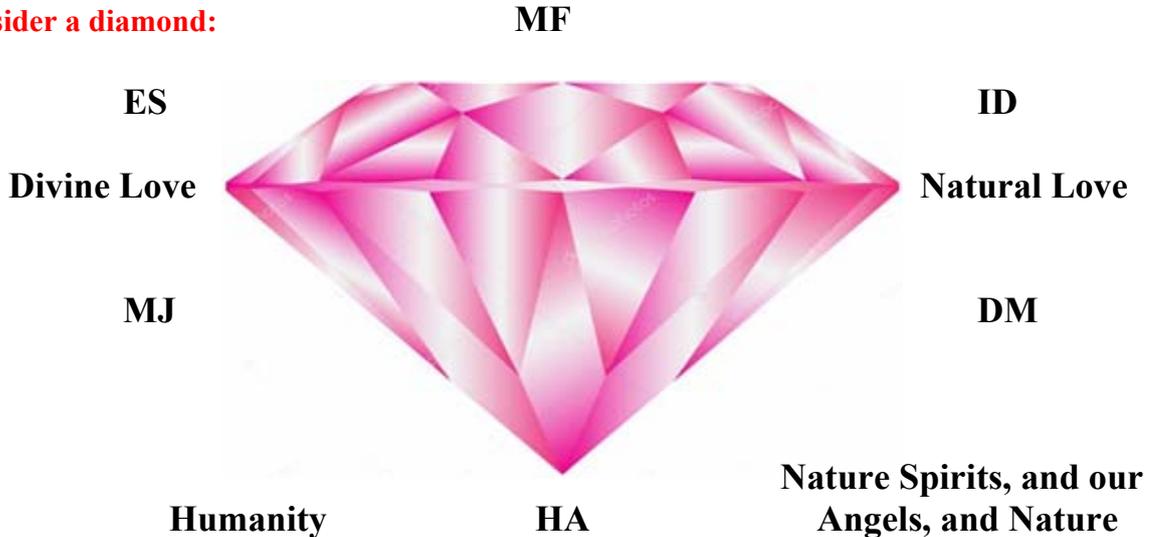
PLANETS that engage in REBELLION:

1. **AVONAL SOULMATE PAIR** – the **Feeling Healing process – incarnate**
2. **DAYNAL – TEACHER PAIRS** – they do not incarnate

So in summary:



Consider a diamond:



Mother and Father Heavenly Parents

Creator Son & Daughter
Jesus and Mary

Avonals
as soulmate pairs

Trinity Teachers
as soulmate pairs

Melchizedeks – who have taken over from the Caligastians and Daligastians being also all as soulmate pairs.

Mortal Souls – human beings who individualise on Earth, then progress through the spirit Mansion Worlds, then into the Celestial Heavens, and beyond.

Mortal Souls – also being ascending spirits, upon completing their Soul Healing, join with their soulmate, then join their soul group of 24 mortal spirits, being 12 soul pairs. It is only as a soulgroup that anyone can progress beyond Nebadon.

The Paradise Pairs are all ONLY concerned with the SPIRITUAL wellbeing and upliftment of the planets and local universe. Currently to do with Earth:

Mary and Jesus – spiritual wellbeing and upliftment of the whole of Nebadon region.

Avonal Pair – Daynal pairs (Trinity Teacher Daughters and Sons) – Spiritual wellbeing and upliftment of individual planets and their associated Mansion Worlds.

The Local universal Sons and Daughters are all about the running of the worlds under their jurisdiction, and ensuring the higher spiritual elements can be employed, or sent astray, as in our cases through the Rebellion and Default.

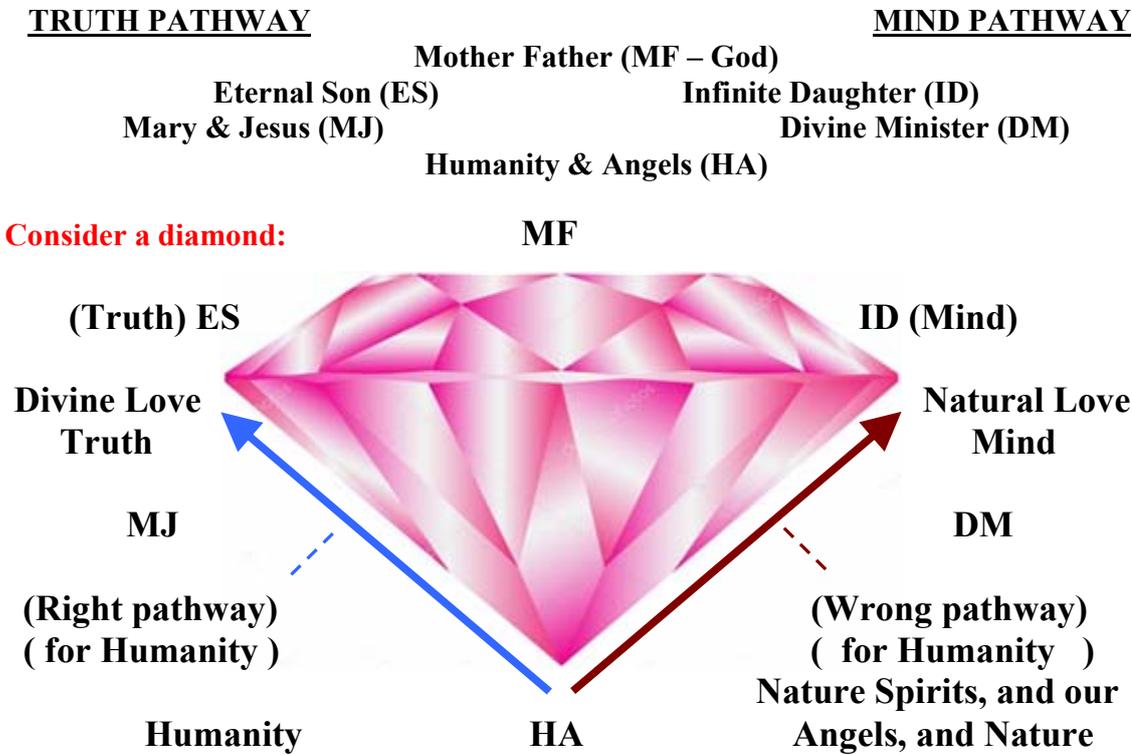
Lanonandeks – Melchizedeks (and others, such as Life Carriers and Eve and Adam).

As the Lanonandeks all rebelled – the Lucifers, Satans, Caligastias and Daligastias soulmate pairs – so the Melchizedeks have taken over their roles, as well as doing their own.

So the Melchizedeks are the governors, overseers, the administrators and advisors and so on for Earth; they are the ‘controllers’, and they will instigate all that needs to be done to do with the ending of the Rebellion and Default. And they will enlist the willing help of ascending mortal pairs, so the mortal Celestials spirits (soulmates when available, and others waiting to unite with their partner), and at times mortal spirits in the Divine Love Healing Mansion Worlds. And the angels help all of us.

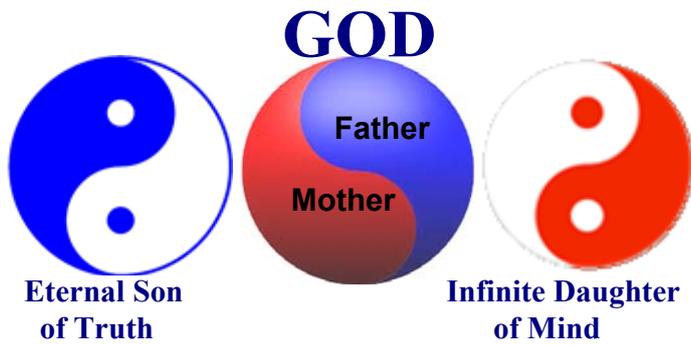
Currently the whole of Creation exists for the ascension of mortal souls from their earth planets to Paradise. It’s all one vast Grand Ascension Scheme. With all the higher and lower spiritual Daughters and Sons, together with all the many different angels and other universal spirit personalities, and even including nature and our very own pets, assisting women and men with their Ascension Journey. It being: and Ascension of Truth. Everything we do is done to help us grow in truth. (Only everything we do in our negative state is to deny ourselves our truth from our feelings, which is why we have to do our Healing.) All women and men are ascending (or growing) in truth through their experiences. And as we grow in truth by looking to our feelings to show us that truth, so we’re ascending, moving inwards and upwards through all the worlds and spheres of the Grand Universe to one day arrive on Paradise and meet our Heavenly Parents. God is providing us, Their children, with this spiritual journey called our Ascension of Truth. And by living true to our feelings, so we are progressing on our true Spiritual Path – our Ascension Path.

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God’s soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.



Humanity is to pursue the pathway for Truth through one’s soul based feelings, this is the right pathway. However, humanity commences its journey founded on natural love, which we now know is to be perfected through one’s Feeling Healing process and then made divine through asking for and receiving our Heavenly Parents’ Divine Love.

For 200,000 years, **humanity** has pursued the pathway of the Mind, being that of the brain, this is the wrong pathway. The Mind is the pathway for Angels and that of all of Nature.



CREATION of SOUL and SPIRIT:

God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one’s feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.



Feeling Pathway

The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves enabling the union with our soulmate, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.



Soulmate Pair



Angel

The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.



Spirit Person



Nature Spirit

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective



Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.

Feeling Healing – Healing yourself through your feelings.

- ✓ Your feelings are the real and true you.
- ✓ If you are denying any feelings you are denying yourself.
- ✓ If you are denying yourself you can't ever be truly happy.
- ✓ To heal all your pain and suffering, you can look to your feelings for why you are feeling bad.
- ✓ If you want to know the truth of yourself, then it's your feelings you will need to look to.
- ✓ Your feelings hold the hidden keys to unlocking the truth of who you really are.
- ✓ Uncover the truth of yourself through your feelings and you will know why you feel all you do.
- ✓ Everything in life, why all that happens to you does, and everything about yourself, can be explained to you through your feelings.
- ✓ Why your relationships might not be as good as you would like, why some might fail, you will understand through your feelings.
- ✓ How to live a good, true, happy and loving life will come to you as you start paying attention to all your feelings.
- ✓ However you will also have to pay attention to all your bad feelings, and this can be very harrowing.
- ✓ By honouring – accepting and then expressing all the bad feelings you feel, you will slowly bring to light all the reasons why you don't feel good.
- ✓ And as you liberate yourself from these hidden repressed bad feelings, so you will start to feel better and better about yourself.
- ✓ It's a process, and it can take time, years possibly, but all that's hard will eventually pass becoming good.
- ✓ Expressing all your feelings, and particularly your bad ones, whilst longing and really wanting to know the truth of why you're feeling them, is doing your Feeling Healing.
- ✓ You can Heal yourself through your feelings. And in fact, it's the only way to really heal yourself.
- ✓ And if you wish to do your Healing with God, you can also long for God's Divine Love.
- ✓ Feeling Healing – Using your feelings to heal yourself.

EMBRACING the WILL of our HEAVENLY MOTHER and FATHER:

Our Heavenly Parents are almighty, all powerful, infinite, and at all times loving.

The love of the Heavenly Parents for their children, woman and man, has been and is always infinite and ever present.

As one's faith in our Heavenly Parents evolves, man's love for his Heavenly Parents will have no limit.

As man grows in his love, so will man grow in his love for all of God's creations.

Approach the Source Soul, the Mother and Father, in reverence, without fear or trepidation, just as a child approaches his earthly parents knowing that open loving arms are extended to receive him at all times.

As one grows in his love of the Mother and Father, one becomes to know with certainty that God loves him or her in return, at all times, and that fear is an illusion created by man's mind.

By embracing the commandment provided in the 1st century, namely the first:

"This is my commandment, that ye love one another even as I have loved you."

Further, we are to embrace our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

Also as our soul development progresses, our self love grows which also enables us to step away from:

Any self harm that we may cause which also brings about consequences.

And to move along this path we simply develop our embracement of:

God's Divine Love; by praying for it, asking for it, and receiving it.

Longing for Truth and Divine Love we can embrace the will of the Father and achieve freedom from error and harmful ways, thus finding our way home!

Manifesto of Divine Love:

1. We love one another as Mary and Jesus, our spiritual parents, love us. And so we seek their Spirits of Truth.
2. Our all loving Heavenly Parents, our Mother and Father, we love and honour at all times.
3. We worship only our Mother and Father, God, and Creator of all things.
4. We treat our Creator's name with respect and love, and earnestly seek Their Divine Love, and at all times pray for It, ask for It, and receive It.
5. We set aside a regular day each week for Sabbath rest and worship of our Heavenly Parents, God, and seek Their Love so that we may grow closer to Their fountain head of Truth and Love.
6. We are to be as we feel, even if it's sinful, but in doing something that is not in alignment with God's Love and Truth will make us feel bad, that is provided we allow ourself to feel our bad feelings, and so we can then use our bad feelings to find out the truth of why we feel bad and why that thing we have done is bad. We embrace our Feeling Healing.
7. We strive to cause no harm to another, nor cause any harm to one's self. We do not do to others what we would not have them to do to us. We treat our fellow human beings and all living things, and the world in general with love, honesty, faithfulness and respect. Violence, at any times, is never justified. Golden Rule: that one must always honour another's will as one honours one's own.
8. At all times in our intimate relationships we strive to express and live true to all our feelings, all so we can use our feelings to uncover the truth they are trying to show. The truth of ourselves, of our relationships, and the truth of everything else, including God.
9. We do not covet or steal anything that does not belong to us. Honesty in all communications, actions, undertakings and activities in all facets of life is our rule of life.
10. In all that we do, we are to be truthful. We are non-judgemental, for none of us have the capacity or authority to judge another. We are always ready to forgive all wrongdoing.
11. We do not desire anything or anyone that does not belong to us. Comparing oneself to others and longing to have what they have leads to errors. We are to be content by focusing on the blessings our Heavenly Parents, who made us in Their soul's image, provides for us.

DIVINE LOVE – what does it do?

Divine Love, which is a substance, progressively:

Transforms one's soul from that which is of natural love to that which is Divine

As natural love is enhanced with the Parent's Love, we reject our tendency to error

Divine Love, our Parent's Love, restrains errors, untruths and emotional stress

As we reject the condition to error, we develop our love for our brothers and sisters

Divine Love helps one with the discovery of truth through one's soul-feeling healing

Our natural intelligence grows, perceptions rise with our soul intelligent feelings

As Law of Compensation is resolved, the Love reduces returning to being in error

Receipt of Divine Love, the Parent's Love, grows our faith, we become God reliant

As our faith grows our propensity to undertake one's Feeling Healing strengthens

With the Love, our Feeling Healing becomes Soul Healing, this we are to undertake

Without the Love we remain self reliant and dependent upon our own will power

Only with the Love will our soul condition grow rapidly, all around us also benefit

The Love is the only substance that changes the human soul to that which is Divine

Only by asking and receiving Love do we become fitted to enter Celestial Heavens

Only by asking for and receiving the Divine Love does our soul become immortal.

What is Divine Love?

It is the Divine Love of God, our Heavenly Parents, restored to all mankind by the births of Jesus and Mary.

How do we get this Love?

By sincerely asking God, our Mother and Father, and receiving the Love that passes all understanding.

What happens then?

We are born again in spirit and in truth, our soul opened to the Soul of God, our Heavenly Parents.

What then do we know?

We know we are all children of God and want to pray always to our Heavenly Parents, always longing for Truth.

What is the purpose of Feeling Healing?

We are to seek the truth of our feelings and unburden ourselves from our childhood repression and injuries.

What of the world?

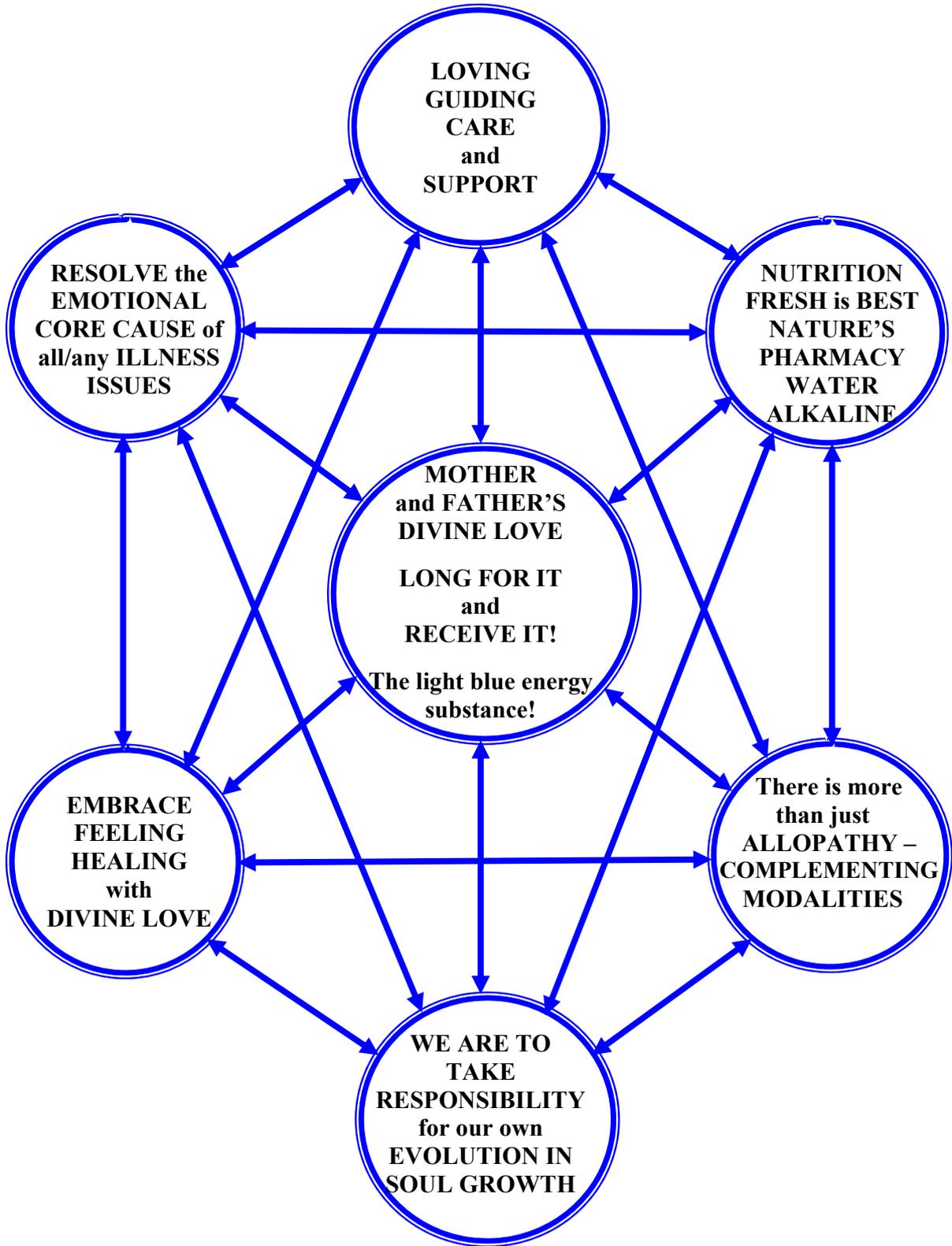
We are at peace in the world and fearless. In Divine Love and in Truth there is no fear.

What else?

We are to strive to love everyone unconditionally as our Heavenly Parents and as Mary and Jesus love us.

HEALTH and HEALING

EVERYTHING is INTERCONNECTED!



ONE with our MOTHER and FATHER:

Will and Free Will

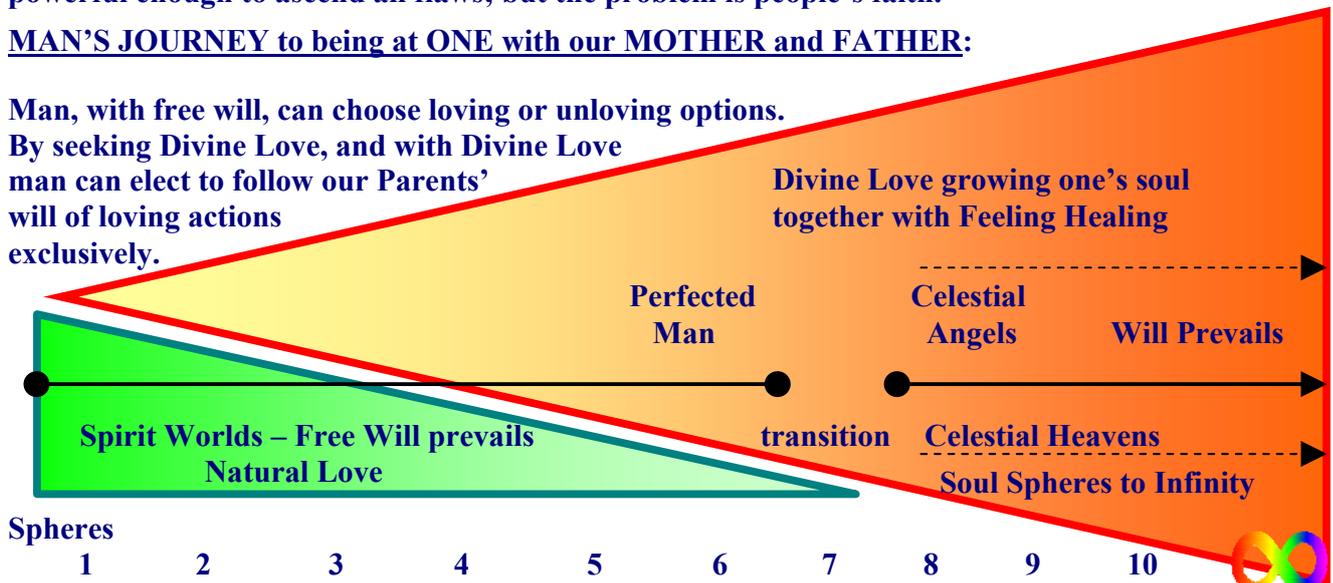
The difference between ‘will’ and ‘free will’. Will is the principle of choice: it is every possibility, choice and action executable within the scope of love. Free will (mind) is the same as will (soul) but with the addition of being capable to move outside the laws of love (or the laws of the soul).

Love is a very broad form of energy made of multiple sub (energy) forms or subcategories. As a human being (because of the inferior quality of the physical mind) it is important to learn to open up (your mind) so it can reap from the expansion of your soul. If your soul expands, so will you’re your mind. Wouldn’t it be a pity to have a soul bursting with knowledge but having no ability to share its information with others? This way all flaws can be ‘attacked’ as well by the mind as by the soul and it is the reason why progression for soul searchers (or Divine Love obtainers) can be much easier or more rapid: because such people have the advantage of understanding this duality. Emotions are only the result of the presence or the absence of (the broad energy we call) love. The soul is only capable of containing (the energy we call) love (with all of its sub categories).

To gain access to the spheres of the soul (the celestial spheres) you have to become a perfect natural man (again). To become the perfect natural man you have to obtain (natural) harmony in soul and mind again (through Feeling Healing). And although the Divine and natural love within the soul will help establish this harmony it is still the call of the mind and its free will to let the soul help it (to regain that harmony) or not. Divine Love (together with Feeling Healing) is powerful enough to ascend all flaws; but the problem is people’s faith.

MAN’S JOURNEY to being at ONE with our MOTHER and FATHER:

Man, with free will, can choose loving or unloving options. By seeking Divine Love, and with Divine Love man can elect to follow our Parents’ will of loving actions exclusively.



Spheres

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10

When the free will natural love aspect of the soul of a man is perfected with Divine Love and Feeling Healing, man has elected to follow the will of our Parents. Personality, memory, intelligence, etc. continues with man’s soul through out all phases of his growth and development.

Duality is only possible because of the workings of free will. People need to become ONE with our Mother and Father and that ‘free will’ will no longer exist in the soul spheres; because there are no longer TWO choices, only ONE: “God = Love = I”. As long as people have not become ONE with the Mother and Father, duality (= TWO choices = principle of free will) will exist.

MAN'S choice to be ONE with our MOTHER and FATHER:

A thought from our Parents

Our Soul at conception with will and natural love.



Our mind is within our spirit body which is the template for the physical body.



Our brain in the physical body responds to the emotional mind which has free will.



Should our mind become immersed in negative emotions from our environment then our



soul will become starved of love a our choices will fear based and unloving. Our wellbeing will su

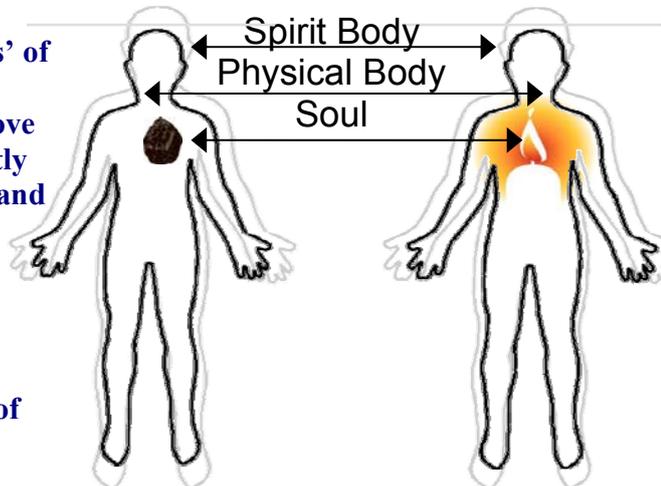


Should we strive for love then our soul will grow in love and we will enjoy a vibrant life.

Our will becomes orientated towards love.



Opting for the 'pleasures' of man will bring about a starvation of the soul's love energies that can vibrantly enhance our spirit body and this retards our immune systems resulting in physical illness and poor quality of life. The consequences continue subsequent to the death of the physical body.



Seeking the Love of our Parents grows the vibrancy of our soul which is imbedded in your spirit body, this brings about the releasing of negative emotions and, in turn, health of the physical body and a loving vibrant life experience.

Earnestly longing for and asking for our Heavenly Parents' Love will always be answered by the infusion of our Mother and Father's Love into you soul. This Love never leaves you, and as your soul grows with this Love, you mind will slowly bow to the energy of this Love and your will will be to abide in loving options and actions. In this way we grow in love and progress to become One with our Heavenly Parents, and fitted to enter the Celestial Heavens and having immortality.

WILL or FREE WILL:

We are created with Free Will.

We are also created with natural love, there is nothing of the divine within our soul.



Our mind has free will, even though our soul only has will, that is, our soul at all times longs to follow the will of its Creator, and our Creator's Will is one of Love at all times. There is no action or thought of our Mother and Father that is ever unloving, judgmental, or harmful to any of Its creatures.

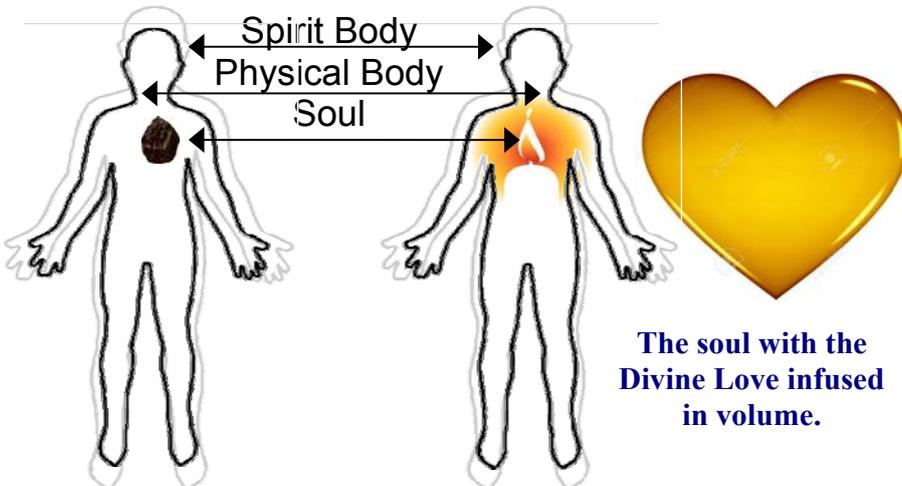
Man can know and knows God only because he possesses a soul, and he can never know God if he seeks him intellectually and with his mind alone.



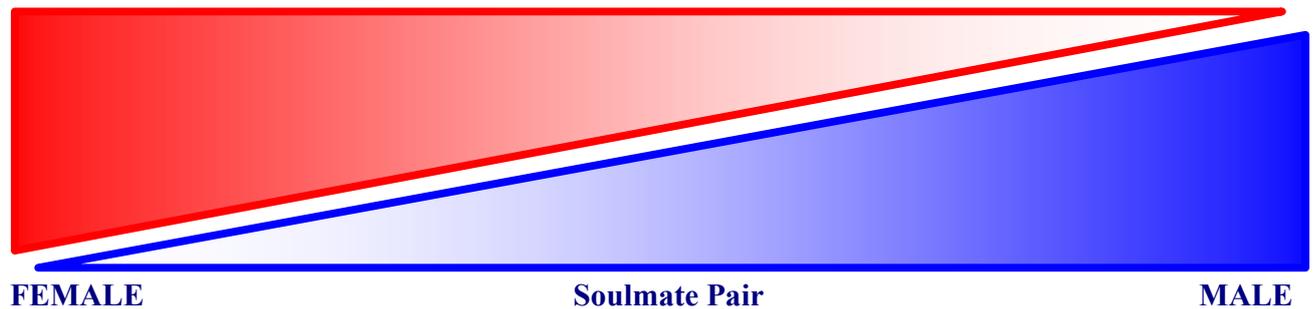
Doubt and speculation is a product of the mind, but faith is a product of the soul and we know that God exists through our soul perceptions, so that we can create the spiritual link with our Heavenly Parents, Mother and Father, through prayer. Not a mental prayer, but a prayer that comes from man's soul – earnest, sincere, full of longing, faith and love.



As this Love, the Divine Love, is absorbed into our soul, our mind is quietened. Slowly but surely, the Divine Love, with Feeling Healing, enables the soul to take over the function of the mind and when we no longer desire or able to harm another or ourselves, then we have become at one with our Parents, we have been reborn.



The EXTREMES of EMOTIONAL INJURY and SOUL SUPPRESSION:



At the extreme ends of Childhood Repression, a soulmate pair will be the first to heal themselves, having experienced their parents and close family members impose upon them forms of childhood suppression that collectively represent all possible extremes of experiences that we can have. Thus, when their Spirits of Truth are released, then all of humanity will be able to draw upon these for assistance and guidance as to how to liberate one's own soul from their own personal repression. This is the gift that this soulmate pair is to provide humanity with.

As the female is closer to her feelings, it is the female that will lead and assist the male in their Feeling Healing process, while progressing with her own. The male cannot do this on his own, only the female is capable due to her closeness to her feelings. However, to complete her own progression, the female requires the support and participation of the male. It is now time that we recognise that it is the woman that is our spiritual leader.

Our truth loving soul based feelings are to be brought into dominance with our minds only to support our soul based feelings. It is how we are brought up by our parents that we erroneously accept that our minds are all powerful; however they are greatly flawed and self-centred. Embracing one's own feelings is embracing the way of living that our Mother and Father desire for us to express and engage in. We are to fully express our God given personality through our feelings, not our mind based man-made impressions.

Firstly, consider discovering the truth of your emotional pain and injuries through Feeling Healing.

Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.

Primary and most important readings are the writings of James Moncrief.

Then consider the Padgett Messages, and then The Urantia Book.

TRUTH LOVING SOUL V ERROR INFLICTED MIND



Level	Log
ENLIGHTENMENT	700-1000
PEACE	600
JOY	540
LOVE	500
REASON	400
ACCEPTANCE	350
WILLINGNESS	310
NEUTRALITY	250
COURAGE	200
PRIDE	175
ANGER	150
DESIRE	125
FEAR	100
GRIEF	75
APATHY	50
GUILT	30
SHAME	20

PERSONALITY TRAITS:

Less than two dozen people on planet Earth.

Would not pick up a weapon let alone use it. These people gravitate to the health industry and humanitarian programs.

Debate and implement resolutions without argument and delay.

Debate and implement resolutions in due course.

Debate and implement resolutions with some degree of follow up generally needed.

Management supervision is generally necessary.

Politics become the hope for man's salvation.

Cause no harm to others starts to emerge. Power overrides force.

Illness is developed by those man erroneous emotions that calibrate 200 and lower.

Armies around the world function on pride. Force is now dominant, not power.

Harm of others prevails, self interest prevails.

Totally self reliant, not God reliant.

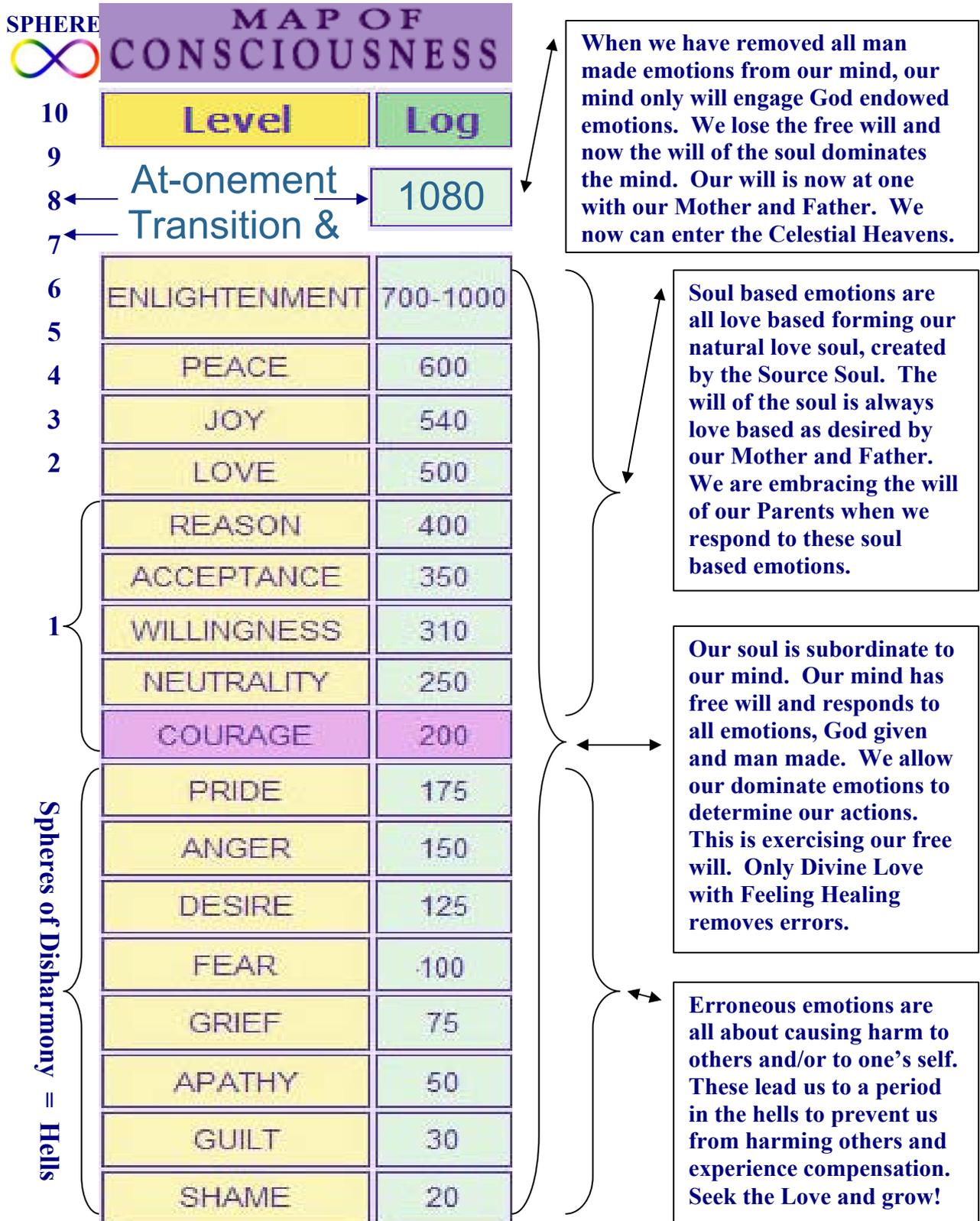
Fear dominates all motivation.

Suicide is possible and probable.

At these levels, seriously harming others for even trivial events appears to be justifiable.

Poverty, unemployment, illness, etc., this is living hell on Earth.

WILL or FREE WILL:



NATURAL LOVE will TAKE YOU NO HIGHER than from WHERE YOU CAME FROM?

SPHERE  **MAP OF CONSCIOUSNESS**

10	Level	Log
9		
8	At-onement	1080
7	Transition &	

Natural Love is the substance that one's soul is made of. One's intellectuality, mind focus, typically enslaves us into centuries of will power aligned personal development only to find the ceiling being the 6th spirit world sphere in one's progression.

6th SPHERE has no doors to higher realms.

Spheres of Disharmony = Hells	6	ENLIGHTENMENT	700-1000	
	5			
	4	PEACE	600	
	3	JOY	540	
	2	LOVE	500	
	1		REASON	400
			ACCEPTANCE	350
			WILLINGNESS	310
			NEUTRALITY	250
			COURAGE	200
			PRIDE	175
			ANGER	150
		DESIRE	125	
	FEAR	100		
	GRIEF	75		
	APATHY	50		
	GUILT	30		
	SHAME	20		

Intellectual dominance retards one's potential to peak ONLY at Sphere 6.

Natural Love can progress us from 1st, then to 2nd, 4th, and finally to 6th sphere only. Mind is the control.



If we would just ask for Divine Guidance and Divine Love to help us and let go of our minds and preconceived ideas about what the answer should be, then we would get a clear and accurate answer so that we are able to classify it and live a life without having to deal with the burden of our flaws over and over again.

Flaws / emotional errors / injuries block the flow of natural love and that is the reason so many also have a dark soul.

The 6th sphere state of the perfect natural man is our birthright; it is our normal level of being. The only thing man has to do to regain this state, is unblock the flow of natural love by letting go of the flaws it is hanging on to; not by adding something which isn't already ours.



DIVINE LOVE is the HIGH-OCTANE SUPER FUEL for our SOUL'S PROGRESSION:

MAP OF CONSCIOUSNESS	
Level	Log
At-onement Transition &	
	1080
ENLIGHTENMENT	700-1000
PEACE	600
JOY	540
LOVE	500
REASON	400
ACCEPTANCE	350
WILLINGNESS	310
NEUTRALITY	250
COURAGE	200
PRIDE	175
ANGER	150
DESIRE	125
FEAR	100
GRIEF	75
APATHY	50
GUILT	30
SHAME	20

Spheres of Disharmony = Hells

Divine Love, being a substance, progressively fits us to enter the Celestial Heavens, then the Eternal Spheres and then the Spheres of Paradise, way above the Spirit Worlds.



Divine Love, with Feeling Healing, is the substance that dissolves our emotional errors, our damages resulting from our man-made selfish ways. Divine Love is the substance that brings about forgiveness.

As we ask for and receive Divine Love we step away from errors that predominate in the spheres of disharmony, we then progress from the 1st sphere and then through the Divine Love spirit worlds 3rd, 5th, and 7th spheres. Once our mind is totally compliant with the Will of our Heavenly Parents, we no longer can nor consider to do anything other than adhere to the Loving Nature of the Parents' Will, this is the transition to at-onement. We then enter into a Celestial Soul Condition either whilst here in the physical on earth or enter the Celestial Heavens as a spirit person.

With the embracement of our Parents' Love, the Divine Love and Feeling Healing, we can achieve this progression into Celestial Soul Condition within possibly five (5) years! When we ask for Divine Guidance and Divine Love to help us and let go of our minds and preconceived ideas, we live a life without having to deal with the burden of flaws over and over again. Go 'God Reliant'. Set your mind free, and enjoy your freedom with the Love.



God's Divine Love: Pray for it, ask for it, and receive it.

PLANET CONSCIOUSNESS or SOUL

The combined consciousness of the people on the planet cause the planet to have a certain nature.

Without people on a planet, the planet operates perfectly as God designed it.

The combined soul condition of everyone on the planet determines what happens to the planet. The planet takes on the nature of the people living on the planet.

Our planet is doing that. Right now, there are lots of areas on the planet that are quiet arid and desert, there are areas on our planet that are being destroyed, even naturally. There are areas of our planet where we are losing glaciers, and we are losing things that are essential for our living and comfort.

We are losing these things because of the soul condition of man.

You could say that the planet is taking on the characteristics or soul attributes that each one of us is reflecting back at the planet.

It does not mean that the planet has a personality of its own, or a soul of its own.

The soul of the planet, you could say, is our soul combined together being reflected.



<http://lovvy.files.wordpress.com/2008/12/earth.jpg>

<http://www.pascashealth.com/index.php/library.html>

Library Downloads – Pascas Papers

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address.

info@pascashealth.com



LOVE.

Let us divide love into two sides. There is the love that comes from within yourself, and that love is what is called, natural love.

But there is another love, and that is the love that comes from God into you, and that is what is called Divine Love, and some have spent a lifetime trying to define that and still cannot define it.

One can define the qualities of it, and all the feelings and emotions from it, but the problem of defining that love, Divine Love, God's love, it is such a powerfully blissful emotion that it is impossible to describe with any words that we have here on Earth, and therefore, very difficult to define it, unless one can give you the feeling, but one can't give you the feeling because it is God's love that is entering your soul.

So, while one can define natural love, when we look at the word, love, we can certainly define love, but when it comes to actually defining God's love, you will only ever find the definition through your own experience of the Divine Love.

The opening up of the soul permits a permanent exchange with Divinity, a permanent recharge of this healing energy that allows not only the re-establishment of lost health, but the continuity of health, providing such a perfect balance, even in the physical body, that noxious agents like bacteria and virus cannot find any opportunity to unchain pathological reactions, which we commonly call illness.

But it is true that people without the benefit of Divine Love would lack the protective shield, which the intrinsic healing energies of Divine Love provide for those who pray for our Heavenly Mother and Father's Grace.

Judas – August 19th, 2001

Jesus ~ *Your praying must be more frequent*

October 25, 1918

P.99 Little Book of Truths by Joseph Babinsky

P.592 Book of Truths for full context

Pray often to the Father so that the love may become more abundant and your soul becomes permeated with it.

Think thoughts of spiritual things, until by such thinking your brain may become, as it were, infused with these thoughts and thereby receive those qualities that will make its conditions similar to the conditions of the minds of the spirits who may wish to form a union with your brain and convey through it the truths that are waiting to be delivered.

Your praying must be more frequent so that the soul may be freed from the condition that the existence in it, of thoughts not spiritual, be established.

You need not wait for occasions or opportunities to formally pray, but all during the day and evening let your longings for the love ascend to the Father.

A long prayer, or even one formulated into words, is not necessary, as in order to have the longing it is not necessary that words should be used to give it form.

The longing may be rapid as unformed thought, and as effective for the Father to catch, as I may say.

The longing is quicker than the thought, and the answer to the same will come with as much certainty and love as if you were to put the longing into the most exact form.

Prayers of this kind ascend to the Father and are heard and answered, and, by a law of your relationship to the Father, affect the qualities of the brain in the way of preparing it for the union with the spiritual thoughts of the spirits who desire to write, as I have stated.

Your thoughts of spiritual things or of the truths of the spirit world, as they have already been revealed to you, and especially those which pertain to the love and mercy of the Father, and to His will, in their passing and operating, also affect the qualities of the brain so as to produce the condition which is so necessary for our rapport.



Oliver Twist asked:

Please, sir, I want some more!

Maybe we should simply ask:

Please, Mother and Father, I want some more!

Long and pray for Divine Love and it will loosen the errors / injuries / unhealed / denied trapped and/or inherited emotions, resulting in a flowing out of these negative embellishments within one's soul as Divine Love flows in – Divine Love being the greatest gift in all the universe.

EXPERIENCING RECEIVING DIVINE LOVE:

Be still and quiet; reflect in silence. Love is present. Keep asking, longing, and never cease: this is your part. It is your cooperation actively engaged that brings the transformation and continues the process.

You cannot see it; sometimes you will experience it as simple quietness and calmness. This is as pure and real as any other experience, whether demonstrative joy through laughter and dance, or other expressions.

Divine Love is present; it is always present. It does not fade or disappear. Rest, relax and breathe. Pray and wait.

Maintain daily prayer and meditation. When you do this you are building a home for the dwelling of the Divine Love. Your continual invitations establish an attitude of welcome to the Divine Love. These build a bridge for the Divine Love to carry you to new and higher levels of change and transformation: places of new realms for your soul growth and development.

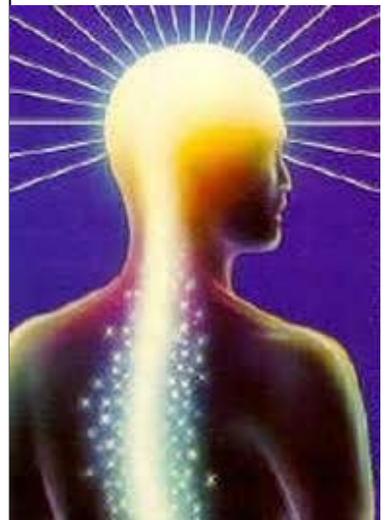
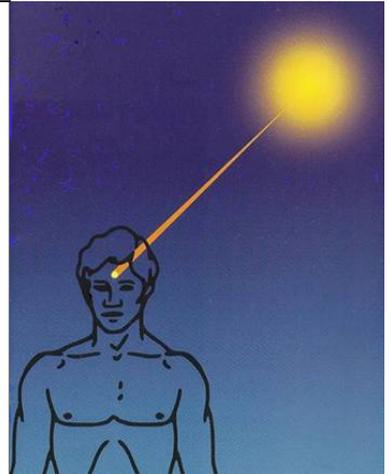
The Voice of Divine Love

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As the receiving of the Love is always assured when longed for and asked for, the experience of receiving may become apparent by the occurrence of a warming embrace in the region of the third eye chakra, or with some, around the heart chakra region. This may be very subtle and gentle for some and may be for a few moments or extend for some time. Many do not physically feel the Love embracing them and this is totally fine, nevertheless the Love is being received.

On a few occasions, one may feel the love through the third eye region and then feel it expand as if it were to become a warming buzzing 'hat band' progressively expanding around one's head. This can intensify and feel as though one's cranium is about to pop off! Should this continue to intensify, then the sensation may flow down one's main meridian to the base of one's spine. Now that is something else! Relax and enjoy the great gift for this can be an experience that may continue for a short while or for quite some time.

Always, when one longs for the Love, it will shower over one's body and be absorbed in through the spirit body chakras into one's soul. Occasionally the Love will overflow from one's soul and some will reside within one's spirit body. At no time will you be discomforted. This light golden blue energy substance is the ultimate high octane super fuel gifted to us by our Heavenly Mother and Father to us all.



|                                                                    |                                  |                               |
|--------------------------------------------------------------------|----------------------------------|-------------------------------|
| <b>Primary recommended reading:</b>                                | <b>consider commencing with:</b> | <b>Paul – City of Light</b>   |
| <b>The Book of Truths</b>                                          | <b>1914 – 1923</b>               | <b>xxx – Joseph Babinsky</b>  |
| <b>containing the Padgett Messages or</b>                          |                                  |                               |
| <b>Little Book of Truths</b>                                       |                                  | <b>– Joseph Babinsky</b>      |
| <b>True Gospel Revealed anew by Jesus Vol I, II, III, IV</b>       | <b>xxx</b>                       | <b>– Geoff Cutler</b>         |
| <b>The Rejected Ones</b>                                           | <b>2002 – 2003</b>               | <b>xxx – James Moncrief</b>   |
| <b>Messages from Mary &amp; Jesus</b>                              | <b>2003</b>                      | <b>xxx – James Moncrief</b>   |
| <b>Paul – City of Light</b>                                        | <b>2005</b>                      | <b>xxx – James Moncrief</b>   |
| <b>Mary Magdalene and Jesus'</b>                                   |                                  |                               |
| <b>comments on the Padgett Messages</b>                            | <b>2007 – 2010</b>               | <b>xxx – James Moncrief</b>   |
| <b>Speaking with Mary Magdalene &amp; Jesus</b>                    | <b>2013 – 2014</b>               | <b>xxx – James Moncrief</b>   |
| <b>Sage and the Healing Angels of Light</b>                        | <b>2017</b>                      | <b>xxx – James Moncrief</b>   |
| <b>Road map of Universe and history of Universe:</b>               |                                  |                               |
| <b>The Urantia Book</b>                                            | <b>1925 – 1935</b>               | <b>xxx as primary reading</b> |
| <b>Divine Love supporting reading:</b>                             |                                  |                               |
| <b>Revelations</b>                                                 | <b>1954 – 1963</b>               | <b>– Dr Daniel Samuels</b>    |
| <b>Judas of Kerioth</b>                                            | <b>2001 – 2003</b>               | <b>– Geoff Cutler</b>         |
| <b>The Golden Leaf</b>                                             | <b>2008</b>                      | <b>– Zara &amp; Nicholas</b>  |
| <b>The Richard Messages</b>                                        | <b>2012 – 2013</b>               | <b>– James Reid</b>           |
| <b>The Divine Universe</b>                                         | <b>2012 – 2013</b>               | <b>– Zara &amp; Nicholas</b>  |
| <b>Family Reunion Afterlife Contact</b>                            | <b>2014 – 2015</b>               | <b>– Joseph Babinsky</b>      |
| <b>Traveller, An Immortal Journey</b>                              | <b>2014 – 2015</b>               | <b>– Zara &amp; Nicholas</b>  |
| <b>Destiny, Eternal Messages of Divine Love</b>                    | <b>2015 – 2016</b>               | <b>– Zara &amp; Nicholas</b>  |
| <b>Feeling Healing</b>                                             | <b>2017</b>                      | <b>– James Moncrief</b>       |
| <b>Religion of Feelings</b>                                        | <b>2017</b>                      | <b>– James Moncrief</b>       |
| <b>The Way of Divine Love</b>                                      |                                  | <b>– Joseph Babinsky</b>      |
| <b>Divine Love – The Greatest Truth in the World</b>               |                                  | <b>– Joseph Babinsky</b>      |
| <b>The Human Soul</b>                                              |                                  | <b>– Joseph Babinsky</b>      |
| <b>Divine Love Flowing</b>                                         |                                  | <b>– Joseph Babinsky</b>      |
| <b>The Truth</b>                                                   |                                  | <b>– Werner Voets</b>         |
| <b>Through the Mists, The Life Elysian, The Gate of Heaven</b>     |                                  | <b>– Robert James Lees</b>    |
| <b>Life in the World Unseen</b>                                    |                                  | <b>– Anthony Borgia</b>       |
| <b>Gone West</b>                                                   |                                  | <b>– J M S Ward</b>           |
| <b>Post Mortem Journal</b>                                         |                                  | <b>– Jane Sherwood</b>        |
| <b>After Death / Letters from Julia</b>                            |                                  | <b>– William T Stead</b>      |
| <b>Thirty Years Among the Dead</b>                                 |                                  | <b>– Carl A Wickland</b>      |
| <b>A Wanderer in the Spirit Land</b>                               |                                  | <b>– Franchezzo</b>           |
| <b>Life Beyond the Veil Vol I thru to V – Rev George Vale Owen</b> |                                  | <b>– Geoff Cutler</b>         |
| <b>The Holy Bible from the Ancient Eastern Text</b>                |                                  | <b>– Dr George M Lamsa</b>    |

Available generally from:

[www.lulu.com](http://www.lulu.com)

[www.amazon.com](http://www.amazon.com)

[www.bookdepository.com](http://www.bookdepository.com)

For Divine Love focused websites and forums:

Pascas Health:

<http://www.pascashealth.com/index.php/library.html>

Spiritual Development:

<http://new-birth.net/spiritual-subjects/>

Padgett Books:

<http://new-birth.net/padgetts-messages/>

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm>

**James Moncrief's books, the Padgett Messages and The Urantia Book at:**

**DIVINE LOVE SPIRITUALITY – DLS:**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945  
The Urantia Book (see suggested papers to read below)

**James Moncrief Books:**

|                                                                     |       |                           |       |
|---------------------------------------------------------------------|-------|---------------------------|-------|
|                                                                     | MoC   |                           |       |
| The Rejected Ones – the Feminine Aspect of God                      | 1,490 | Nov 2002 – Jan 2003       | 228   |
| Messages from Mary and Jesus book 1                                 | 1,485 | Feb – Apr 2003            | 189   |
| Messages from Mary and Jesus book 2                                 | 1,485 | Apr – Oct 2003            | 170   |
| Mary Magdalene and Jesus' comments on the Padgett Messages – book 1 |       | Aug 2007                  | 164   |
| Messages from 31 May 1914 – 12 January 1915                         | 1,495 |                           |       |
| Mary Magdalene and Jesus' comments on the Padgett Messages – book 2 |       | Sep 2010                  | 177   |
| Messages from 13 January 1915 – 29 August 1915                      | 1,494 |                           |       |
| Speaking with Mary Magdalene and Jesus blog – book 1                | 1,490 | Jan – Apr 2013            | 206   |
| Speaking with Mary Magdalene and Jesus blog – book 2                | 1,489 | Apr – May 2013            | 229   |
| Speaking with Mary Magdalene and Jesus blog – book 3                | 1,490 | Oct – Jan 2014            | 187   |
| Speaking with Mary Magdalene and Jesus blog – book 4                | 1,491 | Jan – May 2014            | 191   |
| Mary Magdalene comments on Revelation from the Bible KJV            | 1,485 | Dec 2013 – Jan 2014       | 84    |
|                                                                     |       | This group being pages of | 1,825 |

|                                                                  |                        |                           |       |
|------------------------------------------------------------------|------------------------|---------------------------|-------|
| Paul – City of Light                                             | 1,488.5                | 2005                      | 149   |
| Ann and Terry                                                    |                        | 2013                      | 235   |
| Feeling bad? Bad Feelings are GOOD!                              | feeling-healing book 1 | 2006                      | 179   |
| Feeling bad will make you feel BETTER – Eventually!              | feeling-healing book 2 | 2006                      | 159   |
| Breaking the Golden Rule.                                        | feeling-healing book 3 | 2006                      | 168   |
| Feeling-Healing exercises, and other healing points to consider. |                        | 2009                      | 175   |
| Cathy and Mark – a novel introducing Feeling-Healing.            |                        | 2010                      | 151   |
| Introduction course to Divine Love Spirituality                  |                        | 2006                      | 139   |
| Speaking with the Dead, Death and Dying                          |                        | 2009                      | 173   |
| Spirits and their Childhood Repression Healing                   |                        | 2010                      | 179   |
| With Verna – a nature spirit                                     |                        | 2008                      | 279   |
| Communication with spirits – meet a spirit friend                |                        | 2010                      | 37    |
| Introduction to Divine Love Spirituality website                 |                        |                           | 362   |
| Sage – and the Healing Angels of Light                           |                        | 2017                      | 260   |
| Divine Love Spirituality                                         | 1,500                  | 2017                      | 201   |
| Feeling Healing – you can heal yourself through your feelings    |                        | 2017                      | 153   |
| Religion of Feelings                                             | 1,500                  | 2017                      | 47    |
|                                                                  |                        | This group being pages of | 3,046 |

**Religion of Feelings**

**Introduction to Divine Love Spirituality**

**Main website of DLS**

**Childhood Repression website**

**DLS and CR forum**

<http://religionoffeelings.weebly.com/>

<http://dlspirituality.weebly.com/>

<http://divinelovesp.weebly.com/>

<http://childhoodrepression.weebly.com/>

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

**FEELING HEALING and SOUL HEALING with the DIVINE LOVE:****James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

**Speaking with Mary Magdalene and Jesus – books 1 – 4**

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

**Paul – City of Light**

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

**Ann and Terry**

For an example of people who might want to immediately start working on themselves and doing their Healing.

**Feeling Bad? Bad feelings are GOOD**

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

**Feeling bad will make you feel BETTER – Eventually!**

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

**Sage – and the Healing Angels of Light**

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings  
Feeling Healing**

**Welcome to LOVE – the Religion of Feelings  
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

**The Padgett Messages being published as:****The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book**

**Release one's pain through expressing one's feelings.**

**in conjunction with**

**Longing for the Truth when also longing for Divine Love.**

**FEELING HEALING with DIVINE LOVE is SOUL HEALING:**

*A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.*

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing.**

**Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.**

**Primary and most important readings are the writings of James Moncrief.**

**Then consider the Padgett Messages, and then The Urantia Book.**

Pascas Papers, being free, are located within the Library Downloads [www.pascashealth.com](http://www.pascashealth.com)

<http://www.pascashealth.com/index.php/library.html>

**PASCAS – document schedule.pdf      downloadable index to all Pascas Papers.**

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love;

DL denotes Divine Love – living with the Love.

**PASCAS INTRODUCTION NOTES:** *All papers below can be found at Library Downloads link..*

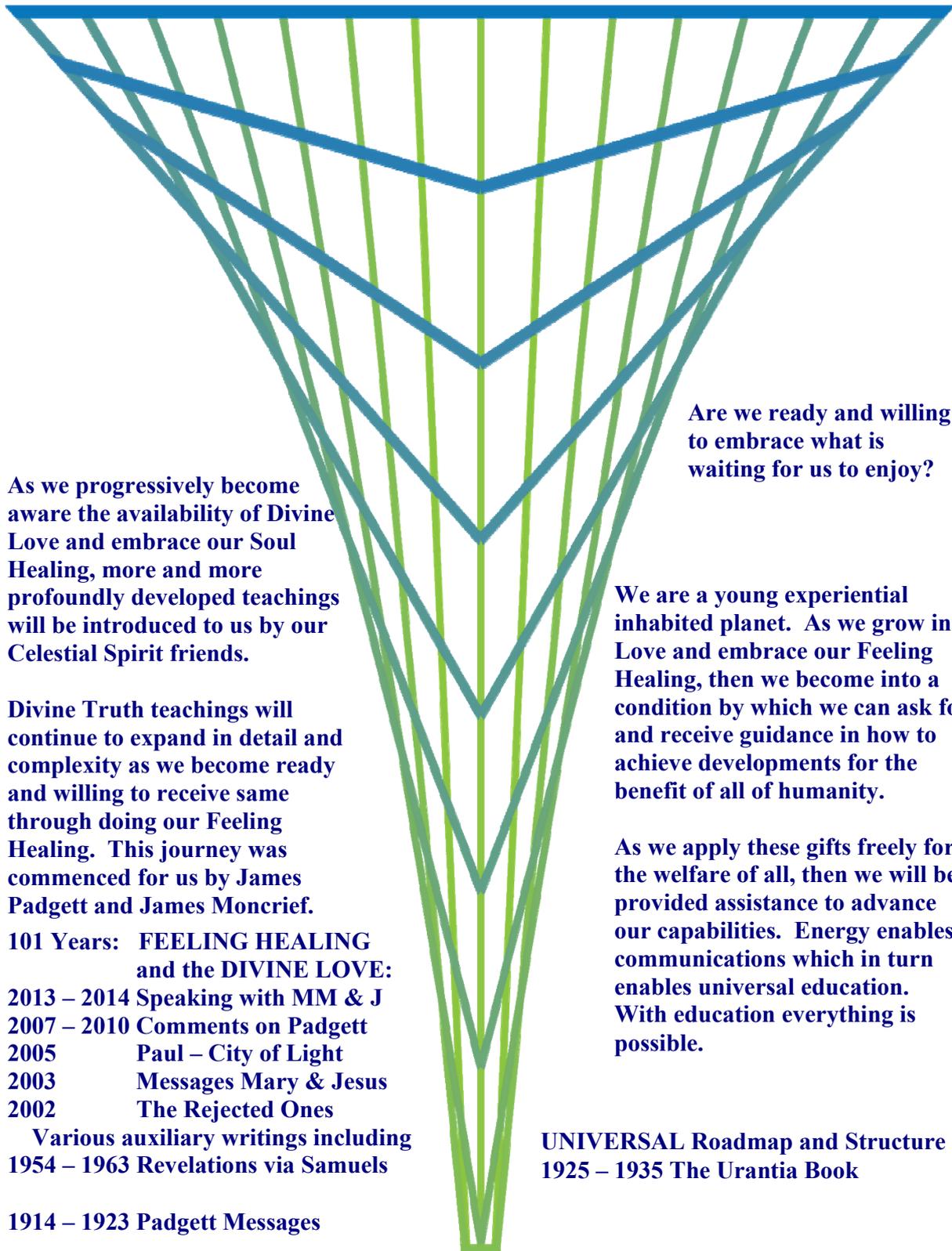
- Pascas Care Letters A Huge Upturn
- Pascas Care Letters Big Revelation
- Pascas Care Letters Feeling Healing Benefits Children
- Pascas Care Letters Feeling Healing Way
- Pascas Care Letters Little Children
- Pascas Care Letters Women's Liberation and Mother

**MEDICAL – EMOTIONS:**

- Pascas Care – Feeling Healing
- Pascas Care – Feeling Healing All is Within
- Pascas Care – Feeling Healing and Health
- Pascas Care – Feeling Healing and History
- Pascas Care – Feeling Healing and Parenting
- Pascas Care – Feeling Healing and Rebellion
- Pascas Care – Feeling Healing and Starting
- Pascas Care – Feeling Healing and Will
- Pascas Care – Feeling Healing Angel Assistance
- Pascas Care – Feeling Healing Being Unloved
- Pascas Care – Feeling Healing Child Control
- Pascas Care – Feeling Healing Childhood Repression
- Pascas Care – Feeling Healing End Times
- Pascas Care – Feeling Healing is Rebelling
- Pascas Care – Feeling Healing Live True
- Pascas Care – Feeling Healing Mary Speaks
- Pascas Care – Feeling Healing My Soul
- Pascas Care – Feeling Healing Perfect State
- Pascas Care – Feeling Healing Revelations X 2
- Pascas Care – Feeling Healing the Future
- Pascas Care – Feeling Healing Trust Yourself
- Pascas Care – Feeling Healing Versus Cult

**PASCAS  
PAPERS**

**DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:**



*People look for miracles to cure  
disease which is ONLY the  
removal of the effect  
of the emotion.*



SOUL  SPIRIT BODY  PHYSICAL BODY  
PERSONALITY

The soul animates the spirit body and in turn the spirit body animates the physical body. The spirit body looks just like the physical body. These bodies are connected by cords. Your memory and intelligence as well as your emotions are within your soul which is your real self. Your mind is within your spirit body. Your brain is within your physical body.

# **PASCAS CARE**

## **"Beacons of Light"**

### **around the globe**

