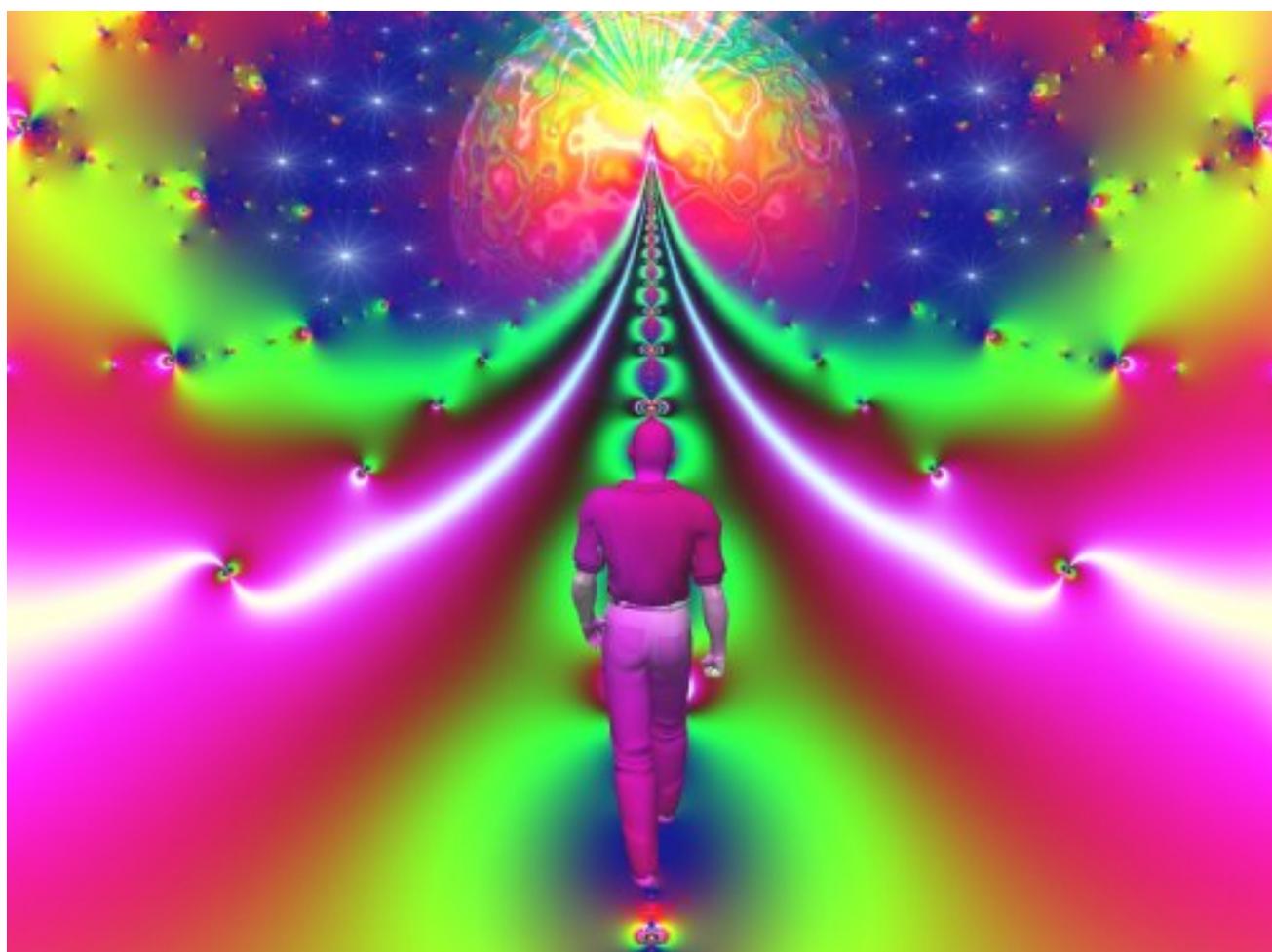


PASCAS CARE

Transcending the Levels of Consciousness

Evolution!



“Peace And Spirit Creating Alternative Solutions”

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PASCAS INTRODUCTION:

Documents assembled by Pascas are provided for your individual assessment and exploration. The contents are sourced from a variety of avenues and publications. Every endeavour is made to determine that the contents are of the highest level of truth and veracity. At all times we ask that you go within yourself, to ascertain for yourself, how the contents resonate with you.

Pascas provides these notes and observations to assist us all in the development and growth of our own pathways and consciousness. Pascas does not hold these contents as dogma. Pascas is about looking within oneself. Much of what we are observing is new to us readers and thus, we consider that you will take on board that which resonates with you, investigate further those items of interest, and discard that which does not feel appropriate to you.

Kinesiological muscle testing, as developed by Dr David R Hawkins and quantified by his Map of Consciousness (MOC) table, has been used to ascertain the possible level of truth of documents. Such tested calibration levels appear within the document. We ask that you consider testing same for yourself. The technique and process is outlined within Pascas documents, such as Pascas Care – Energy Level of Food. From each person’s perspective, results may vary somewhat. The calibration is offered as a guide only and just another tool to assist in considering the possibilities. As a contrast, consider using this technique to test the level of truth of your local daily newspaper.

Contents are not to be interpreted as an independent guide to self-healing. The information sourced herein is not from a doctor or doctors, and any information provided in this document should not be in lieu of consultation with your physician, doctor, or other health care professional. Pascas, nor anyone associated with this document, does not assume any responsibility whatsoever for the results of any application or use of any process, technique, compound or potion as described within this document.

The sources of contents are noted throughout the document. In doing so, we acknowledge the importance of these sources and encourage our readers to consider further these sources. Should we have infringed upon a copyright pertaining to content, graphics and or pictures, we apologise. In such cases, we will endeavour to make the appropriate notations within the documents that we have assembled as a service via our not for profit arm, to our interested community.

We offer all contents in love and with the fullness of grace, which is intended to flow to readers who join us upon this fascinating journey throughout this incredible changing era we are all experiencing.

Aspiring to Living Feelings First, *John.*

“Never can one man do more for another man than by making it known of the availability of the Feeling Healing process and Divine Love.” JD



GEMS for ALL PEOPLE of all AGES to EMBRACE:

The GOLDEN AGE!

Cause No Harm < to OTHERS
to MYSELF

Strive to love others as I am to love myself

At any time, any where, and in any way you so please:

Approach our Heavenly Parents, in reverence, without fear or trepidation, just as we, as a child, approach our earthly parents knowing that open loving arms are extended to receive us at all times. As one's love grows for our Mother and Father in the Heavens, we come to know with absolute clarity and certainty that our Heavenly Parents, loves you and me and everyone in return, at all times, and that fear is an illusion created by man's mind.

God, who is our Heavenly Mother and Father, is almighty, all powerful, infinite, and all loving. The love of the Heavenly Parents for Their children, man, has been and is always infinite and ever present. As one's faith evolves, one's love for our Heavenly Parents will have no limit. As we grow in Their love, so will we grow in love for all of God's creations and our fellow man.

The Source Soul, our Heavenly Parents, simply desires for us to ask for Their Love.

God's Divine Love: Pray for it, ask for it, and receive it.

"I love you Father." "Let the Divine Love flow its energy into my soul."

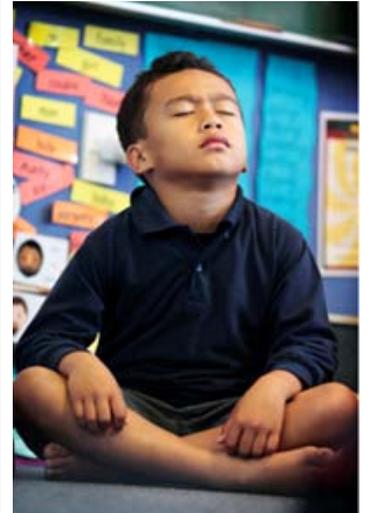
"Mother, Father, I desire your Love and I am loving you."

"Soul God, I love you and I love receiving and experiencing your Divine Love."

"True Soul God, I am here, I am aware of your Love.

Please hear my aspiration for your Love and as I approach you from my soul, I can feel your Love in the way that you are loving my soul."

"Please Father and Mother, may I receive Your LOVE."



Maybe we could simply long for and ask:

Please, Mother and Father, I want some more of your Love!



MoC 1,471

Firstly, consider discovering the truth of your emotional pain through Feeling Healing. Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing. Primary and most important readings are the writings of James Moncrief. Then consider the Padgett Messages, and then The Urantia Book.

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

Golden Rule: that one must always honour another's will as one honours one's own.

Natural Love Flow

Natural love is Creation's love;

One can swap back and forwards between paths

I am God

Intellectual

Self reliant (trust myself)

Self-determination way of life

Mind dominates

Adult like

Control

Millions of paths (man created)

Peak possibility is 6th sphere

time to complete path:

100 years to over 1,000 years

Divine Love Flow

Divine Love is Soul's love.

I am God's son / daughter / child

Emotional

God reliant (God relationship)

Soul-spirit living harmony

Soul dominates

Child like

Feeling

Defined path (God created)

Peak possibility is infinity

(sphere / mansion world are same)

5 years to over 10 years to at-onement

Possible relationship of Map of Consciousness (MoC) with Mansion World Spheres:

8th Sphere	1,081 – 1,251+	Achievement of at-onement on reaching 1,081
7th Sphere	921 – 1,080	Divine love only, transmission to at-onement and Celestial spheres
6th Sphere	841 – 1,000	Natural love mind world – perfect Natural love
5th Sphere	781 – 920	Divine love mansion world
4th Sphere	651 – 840	Natural love mind Mansion World
3rd Sphere	500 – 780	Divine love Mansion World
2nd Sphere	500 – 650	Natural love mind Mansion World
1st Sphere	1 – 499	Natural love mind world predominantly

World 1 embraces the regions of disharmony as well as introduction to Divine Love. All humanity awaken in spirit in the first mansion world. Then they move, if required, upwards to higher mind levels or lower into the hell planes or over into the Divine Love healing worlds. Humanity, overall, calibrates around 212 on the Map of Consciousness.

ENOUGH IS ENOUGH

Andon and Fonta, our first parents to long for our Heavenly Parents, lived nearly 1,000,000 years ago. Naïve humanity was seduced by high spirits, the Lucifer pair, to believe they could be gods through their minds, thus men subjected women to subordination 200,000 years ago. This was added to by the default of the Adamic pair more than 38,000 years ago when they failed in their mission.

REBELLION & DEFAULT **200,000** YEARS

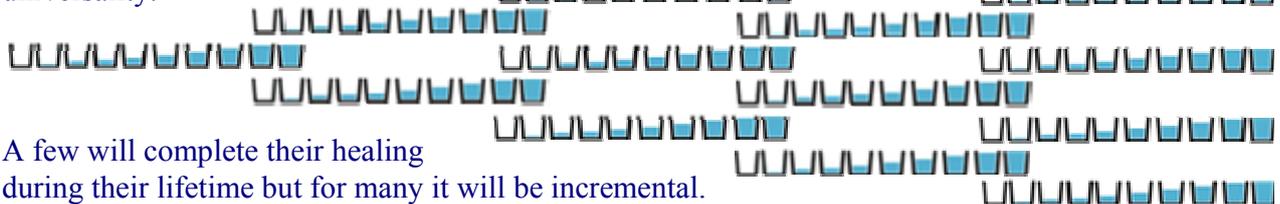
When Jesus with Mary achieved their full Regency of Nebadon, in 26 CE, they immediately had the Lucifer and Satan soulmate pairs / soul partners assigned to a spirit world prison. Since then, the Creator Pair have been preparing for the end of the Rebellion and Default for humanity of Earth. The Avonal Pair now on Earth, once commencing their Healing, brought about the imprisonment of the Caligastia and Daligastia pairs in the early 1990s. As the Avonal Pair advanced with their Healing they brought about the formal end of the Rebellion and Default, on 31 January 2018. It is now for all of humanity to embrace the Spirits of Truth of the Avonal Pair and undertake their healing of the imposts of the Rebellion and Default.

Avonal AGE **1,000** YEARS

Spirits of Truth of the Avonal Pair will guide us through our Feeling Healing and into the Celestial Heavens with Divine Love, then the Spirits of Truth of the Creator Pair will lead us through the Celestial Heavens and out through Nebadon towards our Heavenly Mother and Father in Paradise.



Each generation of 25 years or so will see marginal embracement of Feeling Healing, however 1,000 years will achieve universality.



Universality of Feeling Healing with Divine Love will see the mitigation of discomfort, pain and illness as well as the imposts of global warming and Earth changes. As those events are to ensure that each of us embrace our feelings, both good and bad, down to the very core, so that we fully come to know who we truly are. Sciences will endeavour to remove pain only to see disease manifest in different forms. Earth disturbances are a result of the Harmonic Convergence of the late 1980s, increasing the rotation of the Earth's central core, this will only abate when humanity has universally embraced Feeling Healing. These influences are only imposed upon us so that we do not step back into the Rebellion and Default through complacency. Live Feelings First. We are to become the true personalities we are, that being daughters and sons of our Heavenly Mother and Father.

LONG for the TRUTH!

Above all else, “Longing for the Truth” has not been recognised by humanity. True Prayer is not asking with the mind; it is a longing from the soul. Should we long for the truth then we will be told. This is how we ascend. Earnestly desire to know the truth and it will be revealed to us.

Our soul, our real self, already knows the truth and the answer we are seeking, the truth will come to our awareness through our feelings. Our feelings are soul-based.

Our mind cannot determine what is truth from what is false. Our mind is addicted to being in control and will lead us according to its agenda, all to our detriment. This is what man has embraced for the past 200,000 years – now the mind is to be subjected to our feelings. Accordingly, our mind will learn to assist our feelings.

Longing to our Heavenly Parents for truth will bring about the understandings we are seeking to achieve.

Long for the truth behind any feelings, both good and bad, and we begin to peel off and escape from our childhood repression and suppression, thus escaping from the generational cycle of errors that have been passed from parents to their children, thus continuing the cycle of error and harm. ALL children are harmed in this manner.

Through longing for the truth behind our feelings, both good and bad, we start to bring about harmony and peace to our self, which eventually flows onto our family, then our companions, then our overall community and then country. *This is how harmony will come to all of humanity and peace will prevail with war being set aside. This is what the Great U-Turn will bring about.*

Longing for the truth is the only way that we will come to understand the cause of any physical discomforts, pains, diseases and illness. It is by expressing the understandings of what one is feeling about any emotional event or issue so that we release from our essence the negative energies relating to these feelings arising from past events, particularly those from our childhood forming years. The harm that we each endured during our childhood forming years has set the pattern, at all levels, for our adult life.

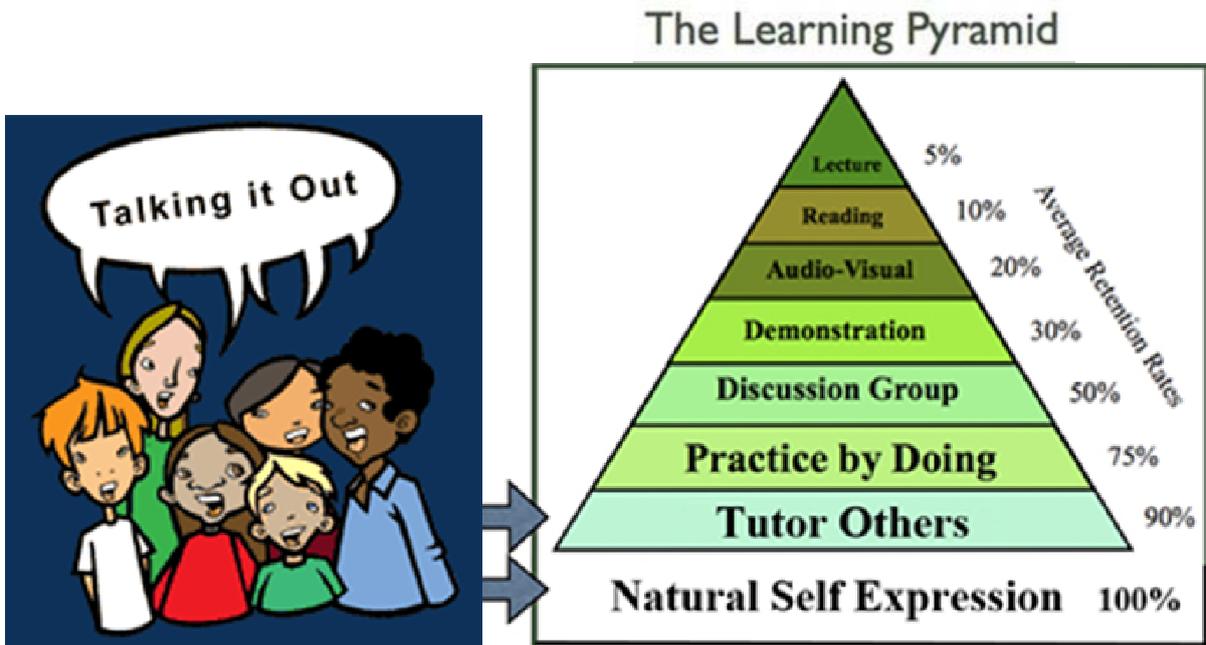
In a variation of those inimitable words uttered by Jack Nicholson, “You CAN handle the truth!” This is how humanity will heal itself and bring about peace for each personality and humanity overall.

By living true to ourself, true to our feelings, we are living true to God. It’s that simple.

LIVE FEELINGS FIRST



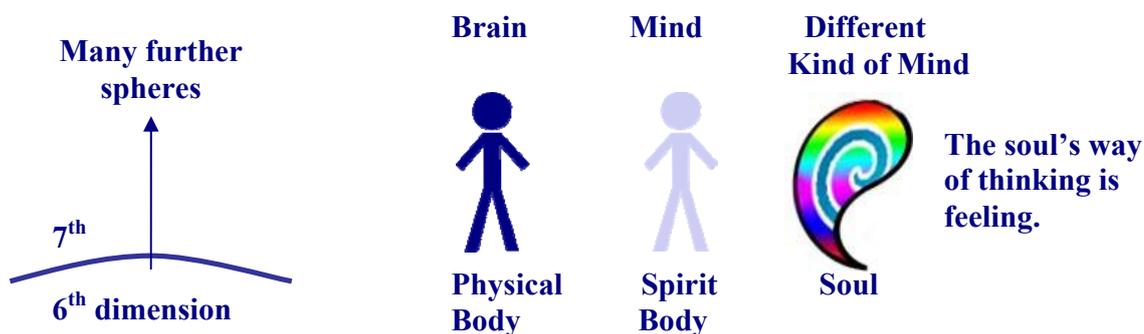
PRAYER
is not asking. It is
a longing of the
SOUL.



Feelings first

LIVE FEELINGS FIRST

FEELINGS FIRST For Kids



New age philosophy and many other philosophies teach that the mind is the way to enlightenment, the mind is the way to grow. But the mind is only a part of the spirit body which could actually disappear because we don't need it, just like we don't need the physical body in order to exist as a soul. In the end, the spirit body mind has to disappear, it has to go away, and therefore the mind dominance has to disappear. We have to start having a soul dominance, rather than a mind dominance. The soul is very logical, it is always logical, it is far more logical than the mind.

If our soul is connected to God's soul, now it becomes very clever, for now it is channelling the feelings, mind, soul of God to our own soul. So now our soul is very clever, it can understand everything in that space.

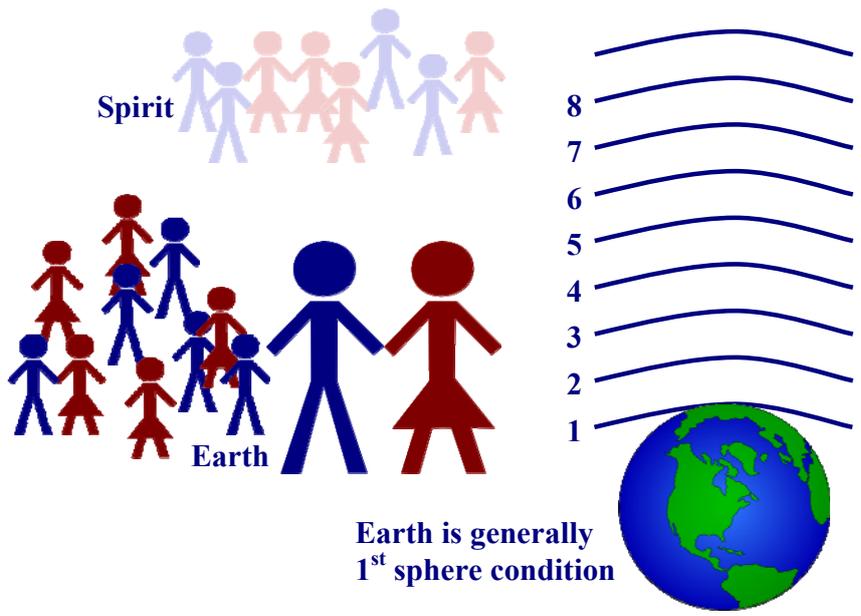
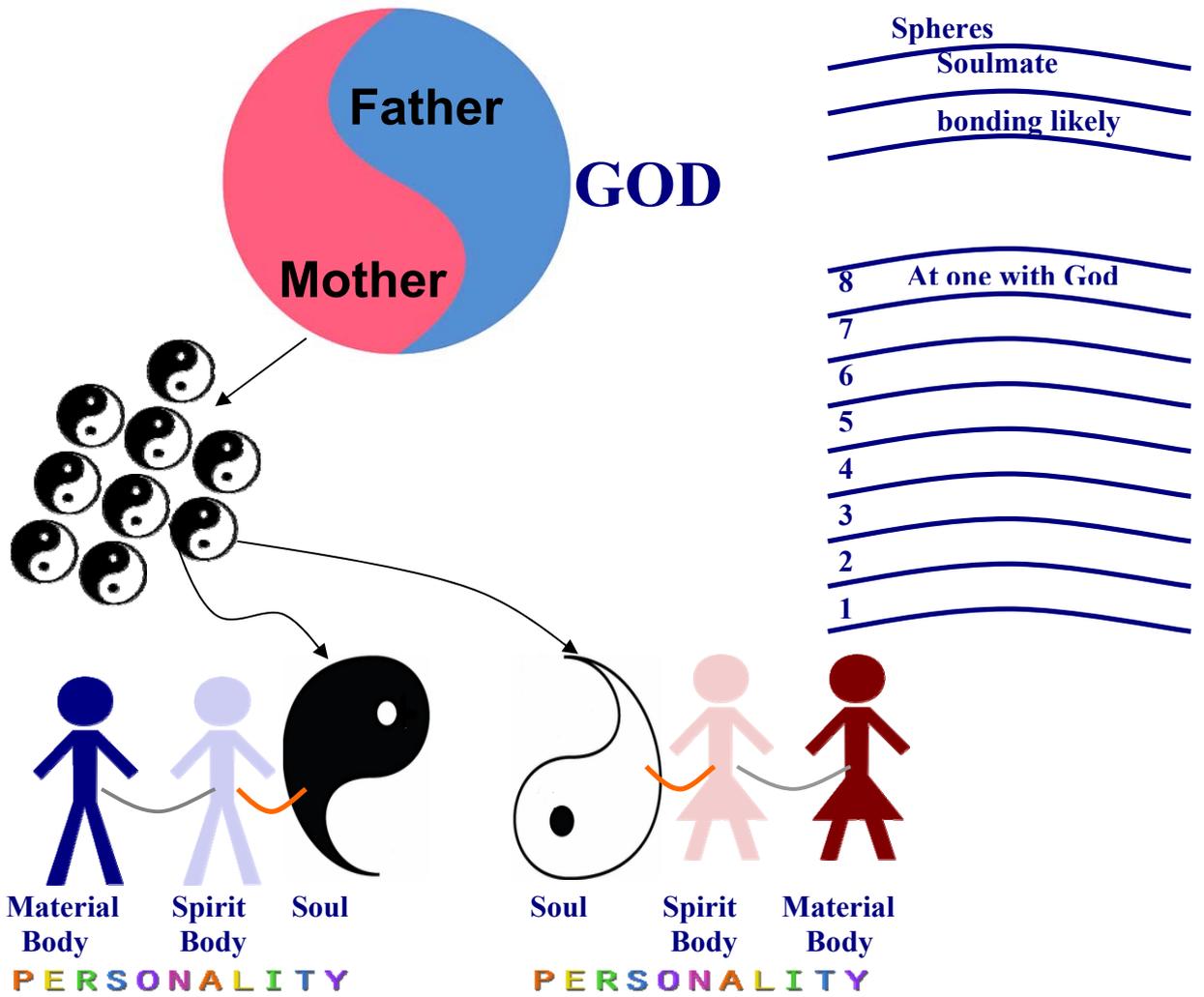
The problem with Buddhist philosophy upon which most new age philosophies are based on is that this mind dominance is done to avoid the process of emotional processing. It was done to get you away from the pain of your own emotions.

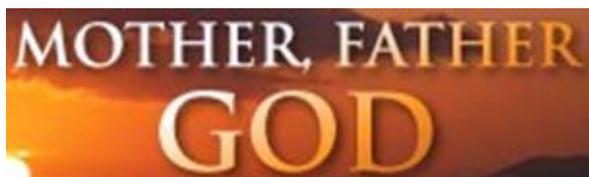
We need to feel the pain of our own emotions because the pain of our own emotions does not exist in the mind, neither does it exist in the physical brain. The pain of our emotions is actually in our soul. That is where our soul based emotional pain exists. Unless we release it, we can never ever be completely free of it. We can use our intellect as much as we like to deny it, many spirits in the 6th dimension have done this, including Buddha himself. But they are not going to progress beyond that dimension without having the soul develop rather than the mind.

The 7th dimension is where you give up the mind, you give up the mind's dominance of your life completely, and you now do everything based on the soul. You don't think about what you say anymore.

The greatest limitation with this mind development is that you would never ever be at one with God using that form of development.

The mind is completely incapable of understanding matters of the soul.





God is God, who is our Heavenly Mother and Father, being SoulMates. There is only one Soul that is God's Soul, that being the Soul of our Mother and Father. Our Heavenly Parents are the First Soulmates; The Two Who Are One who have brought us all into being.

Jesus and Mary are a son and daughter of God.



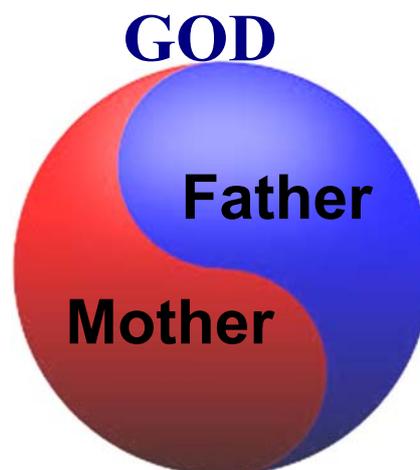
Jesus of Nazareth and Mary of Magdalene, being soulmates / soul partners, where both free of sin. Jesus and Mary, combined in their love for us, are our teachers and guidance for us to find our way home to our Heavenly Parents. To start this journey we are to liberate our souls from being entombed within our suppressive minds, through feeling and longing for the truth of our feelings via our soul and peel away our injuries incurred since conception.

Give yourself time to consolidate your relationship with the Mother and Father through the partaking of Their Love. And whilst you are doing this, you can learn about your healing, all that's involved with it, as there are many willing spirits to share their healing experiences with you.

When you are ready it will start happening simply because you will want it to, it all being orchestrated by your soul. And when that time comes you will have developed a strong foundation in your relationship with the Mother and Father for you to work from. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

It is to make longing for God's Love the priority, and then do one's healing; should one want to include God and the Divine Love in one's feeling healing. This is doing your soul-healing as you are seeking to heal your soul of all evilness – of that which made you become evil, and release all the hurt and pain of not being fully and truly loved.

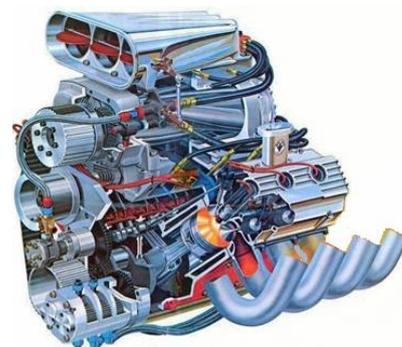
WE ARE Children of God



WE ARRIVE DETUNED!

Our souls are a divine creation of our Heavenly Mother and Father. They could not be any other way! And are designed (such as how it has been for us) to begin incarnation in a Natural love condition reflecting the Natural love state of our world.

And we have also been provided with the opportunity to experience what is being 'evil', to live denying our Natural love, as seen through the denial of many of our feelings. So we here on planet Earth live on a world that has Rebelled (and then also Defaulted), of which there are only 37 within the local universe of Nebadon, consisting of 3.8 million physical worlds under the regency of Mary Magdalene and Jesus – the spiritual parents of truth of all of Nebadon! And we assassinated Jesus, and completely denied Mary not allowing her to have her say about the truth.



As a consequence, we are 'detuned' from our Natural love state and divine origin. You could say we arrived with all parts functional, however, in our untrue, dysfunctional and distorted state, we're badly in need of a severe service, tune up or a complete reconditioning. Our goal being to bring our true self to the fore by doing our Feeling Healing, and then to progress beyond our Natural love state by further advancing our soul condition through the process of Soul Healing and receiving our Parents' Divine Love – becoming divine.

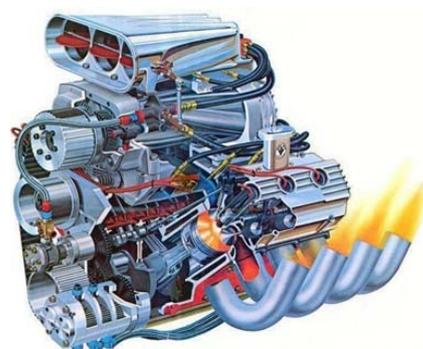


In our feeling- and truth-denying untrue Natural love state, we have been made to use our minds to dominate our feelings, becoming more like that of mind-based creatures of nature than of human souls of truth and feelings. And this is the wrong way for us to develop. So to step beyond this limitation, we are to live true to our feelings. Our heartfelt feelings being the guiding lights to our evolution and growth of truth.

Feelings are what guide us through our ascension of truth. So they are really our Supreme Guides. Many people look for a person, spirit, angel, even God, for supreme guidance, however it's all right there already built in and can be found through our feelings – our soul based feelings.

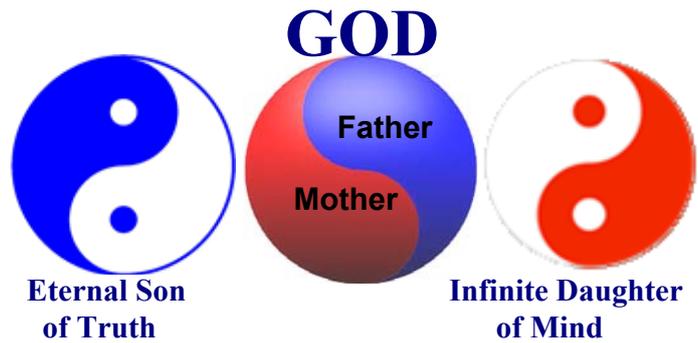
By living true to our self, true to our feelings, we are living true to God. It's that simple.

Thus we are detuned once our incarnation begins. However, the way is now open for us to bring about our full divinity. To completely Heal all that's wrong within us on a Natural love level. To embrace and then transform that Natural love into a divine state through partaking of our Heavenly Parents' Divine Love. All the while attuning ourselves to divine perfection and enjoying the fullness of our divinity and love, as we ascend in truth on our journey all the way to Paradise – the home of our Heavenly Parents.



WE were DIVINE, and
WE are to BECOME DIVINE AGAIN:

Our personality, our soul, our real self, are all creations of our Heavenly Parents. We, our real selves, are not creations of our physical parents. Within our original status, we were of Divine nature.



Our physical parents, from our conception, endeavour to mould us into being ‘little me’s’, that is, replicas of themselves, imposing their beliefs and personality traits upon each of us. They crush our individuality and free will. They destroy our personality, our true self. They inflict upon each of us their ways, all of which are of a result of the Rebellion and Default of many, many generations ago. They drive us into believing and subsequently becoming dependant upon our minds. This is not the way for us to express our true selves and evolve along the path towards our true parents, our Heavenly Mother and Father. We are to embrace the Eternal Son of Truth, not the Infinite Daughter of Mind.



No, we are not in the image of our physical parents. Though we may look like them, and act like them because they have dramatically and successfully crushed our true personality, we are each very unique and independent of our parents and all other family members. When we begin to progress along the path of engaging with our soul based feelings and seek for the Truth of our feelings, we will become free of our parents’ impositions and suppression.



Upon starting our physical life experience on Earth, our divinely created soul begins to express us as one of our soul’s two personalities in Natural love. However because of Earth being in Rebellion, so we are parented into a rebellious and anti truth and anti love state of mind control over our feelings and true self.



Natural love is good, just ‘less’ or different to Divine Love. And it’s that in our rebellious state, we’re rebelling against Natural love, and Divine Love by not taking Jesus and Mary up on their offer and allowing the Divine Love to transform our soul, as we perfect our Natural love by doing our Healing.

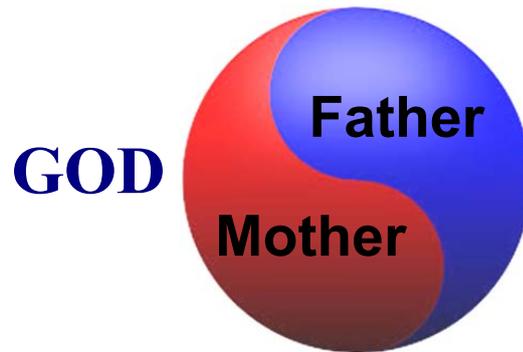
By living true to our self, true to our feelings, we are living true to God. It’s that simple. The revealing of the Feeling Healing process is the commencement of our ability to begin the Great U-Turn and go the right way. Should we then also embrace our Heavenly Parents’ Divine Love, we can also commence our Soul Healing and a returning to that of being divine – this is our destiny.



GREAT UTurn

Negative Spirit Influence blocked
22 March 2017
Law of Compensation quickening
22 May 2017

Rebellion and Default officially ended
31 January 2018

CREATED in THEIR IMAGE:

James: Mary, what does ‘we being created in the image of God’ really mean?

Mary M: It means that our Mother and Father used Themselves as the model or template if you like, upon which to bring us into being, those of us who have existential souls with the potential of expressing their two personalities in Creation.

And although our souls are divine, as in being divinely created, still whilst we start our personality expression in Natural love, so we need the Divine Love to come into our soul and bring it into the levels of Celestial divinity.

Natural love, so basically the whole of Creation, is of the image of God, and we being divinely created souls can be part of God’s Divinity becoming divine ourselves. So through your Healing, James, you become progressively divine by partaking of the Divine Love and healing yourself into perfection – your true self. And by the time you’ve completed your Healing, your soul is of the Divine Love level of Celestial truth, and your personality is an expression of that level of truth, it all being ‘confirmed’ and cemented – fused – into place upon the direct soul-union with your Indwelling Spirit. Then you are of the essence of God, true and perfect to the level of the first Celestial sphere, the first sphere of true divinity.

Mary Magdalene communicating with James 20 November 2017



SPHERE CREATION and the PLANES WITHIN the SPHERES



Spheres to infinity incorporate Celestial Heaven, then Eternal Spheres, and then Spheres of Paradise.

Spheres are activated by a person entering it, then additional people enter the sphere.



Sphere 8 – At one with God. Start of celestial spheres.

Jesus has developed all the spheres above 6 progressively, being the Celestial Heavens.



Sphere 7 – transitional sphere from natural love path to celestial levels of divine love path.



Sphere 6 – highest level for those on the natural love path. In the 6th sphere state, we do not have damaging emotions.

Aman and Amon, not Adam and Eve, were our first parents to receive Divine Love, they elected to be self reliant, not God reliant. What followed was a progressive decline into the lower spheres resulting from being self reliant.



Sphere 5 – divine love focus sphere.



Sphere 4 – natural love focus sphere.



Sphere 3 – divine love focus sphere – point where truth prevails.



Sphere 2 – to progress to the 3rd, truth is told at all times. natural love focus.

The barriers between spheres are referred to as inter stellar boundaries, being dimensions of love.



Sphere 1 – each sphere has many plains within it.

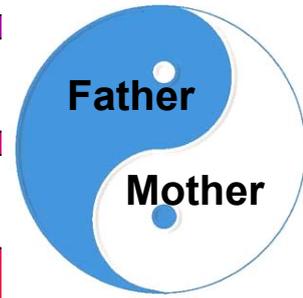
NOTE: The spheres within the celestial realms are not numbered (Spheres 8 and upwards). Spheres 8 and upwards are only nominally numbered as a point of reference and relativity, they are not actually definable in the way that these charts have been set up, numbering is used for guidance only. The energy level of each sphere increases in a logarithmic progression, as does David Hawkins' Map of Consciousness scale.

Note: Following the writings of James Moncrief, one could consider that any reference to the Father, by other relevant writers, may be read as a reference to 'our Mother and Father'. Further, when considering soul healing, then reference to Divine Love could be referred to as 'Feeling Healing with Divine Love'.

SPHERES in the SPIRITUAL REALMS.

Spheres – Celestial Heaven, Eternal Spheres, then Spheres of Paradise:
The realm of the Angels is the Celestial Heavens spheres 8 to infinity.

Spheres to infinity: Soulmate / soul partner bonding can be achieved in most of the spheres. (Celestial Spheres are not numbered per se.)



Eighth Sphere: All emotional baggage of your entire history has been dealt with – born again. This is the point of new birth, being born again. Celestial Heavens 8 to infinity true immortality.

Seventh Sphere: The gateway cycle, perception of sacramental nature of all things. Disappearance of the material mind and the absolute ascendancy of the soul's mind has been achieved. Divine path.

Six Sphere: Cycle of light / love, love / light or unity. A purely intellectual area, increasing one's knowledge, while living life in absolute harmony with God's laws of spirituality. Natural path peak.

Fifth Sphere: Cycle of light or wisdom. All their earthly bonds are gone. We are in one of those soul spheres, which offer great opportunities for obtaining the Love of God.

Fourth Sphere: Work of 'atonement' as guides and spiritual healers now excel. As humanity's helpers, their work is a means for self-realization.

Third Sphere: Truth always told. An area where spirits progress in their awareness. In each sphere, there are many planes. Changing pathways requires dropping back to a lower path, then proceed.

Second Sphere: The sphere of decision which is much more spiritual but which was hidden and outside the range of their perceptions. Spirits can now choose the path they wish to follow – desires.

First Sphere: Cycle of awareness. There are vibrational love barriers between each of the spheres. Highest level of the Earth planes is the point of transition from materiality to the spiritual 2nd sphere. Summerland is the highest part of the Earth planes, but it is still a very material region. Children live in Summerland in great numbers, having died prematurely. Twilight zone, the most populated area in the spirit world, and starting point for most. Various hells descending progressively into greater degrees of darkness. All souls can be assisted out of these hells no matter what level they fall. At the deepest levels, the soul finds it extremely difficult to hold itself together. The hells are not fiery physical places. Actions are fear based.



The 2nd, 4th, 6th spirit spheres provide principally for mental and moral advancement, whereas, the 3rd, 5th, 7th soul spheres provide for Feeling Healing process with Divine Love.



SPHERES of PARADISE

INFINITE and UNIVERSAL SPHERES

ETERNAL SPHERES

CELESTIAL HEAVENS

**Soul spheres
are not
numbered.**

**Soul spheres
are to:**



The New Birth = Become at one with God: sphere 8

Peak Sphere =

6

4

2

1

**NATURAL
LOVE
SPHERES**

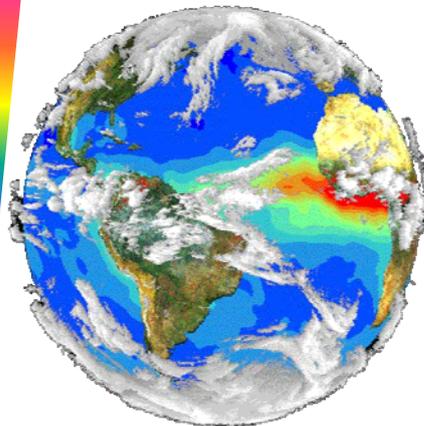
7

5

3

**Spirit body
spheres are
1 – 7**

**DIVINE
LOVE
SPHERES**



**Earth sphere is for
the physical body.**

NATURAL LOVE and DIVINE LOVE SPHERES and FEELING HEALING PLANES:

After the HAND OVER!

Divine Love progress is to infinity

Peak of 7th sphere is where one becomes at one with our Heavenly Parents.

These calibrations are an approximation utilising Dr David Hawkins' 'Map of Consciousness' table:

Natural Love peak is 1,000 on MoC

Natural Love
6th Sphere
Mansion / Mind
Worlds with
Feeling Healing
MoC 840 – 1,000

Natural Love
4th Sphere
Mansion / Mind
Worlds with
Feeling Healing
MoC 650 – 840

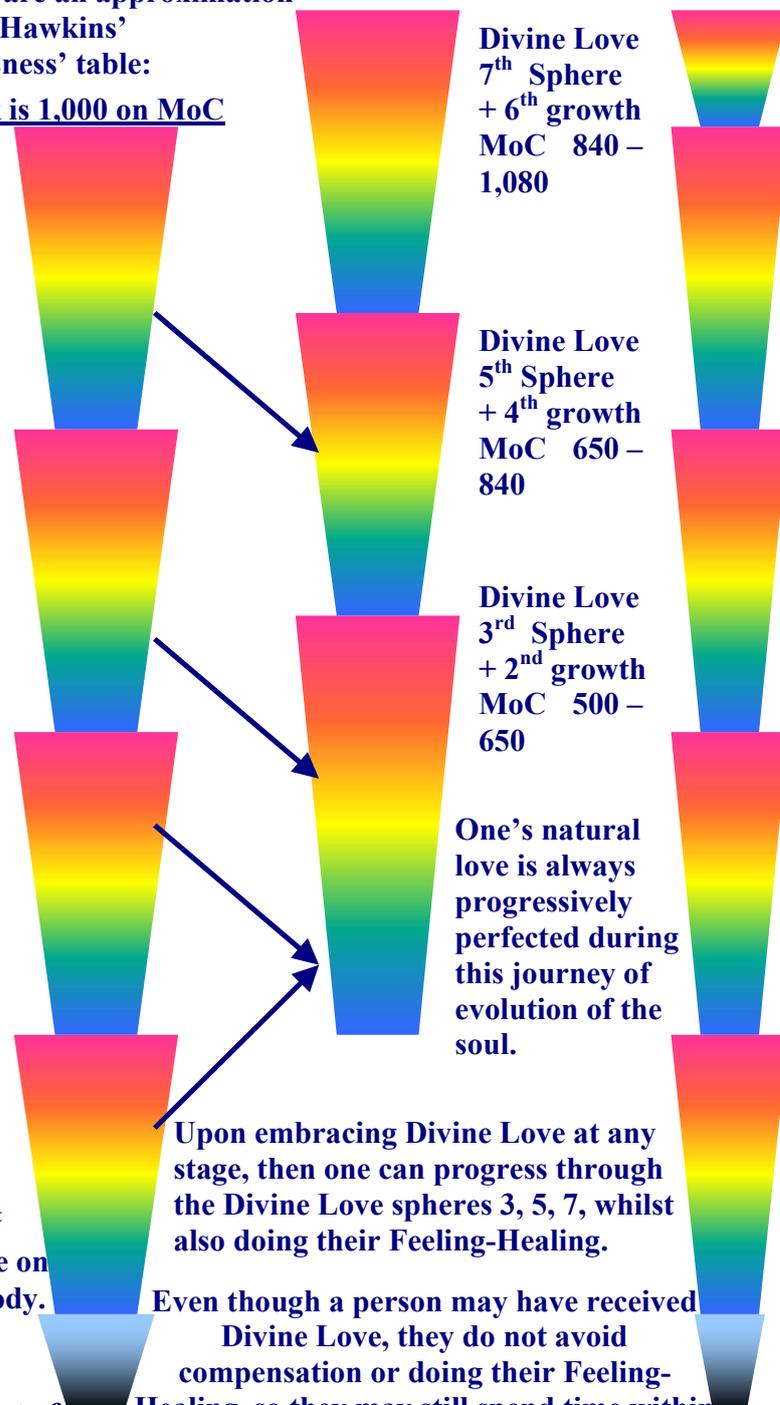
Natural Love
2nd Sphere
Mansion / Minds
Worlds with
Feeling Healing
MoC 500 – 650

Natural Love
1st Sphere

MoC 200 – 500

We all enter the 1st natural love sphere on the death of our body.

HELL planes:
MoC 1 – 200
Hells being a sub-set of 2 Spheres of Disharmony.



Divine Love
7th Sphere
+ 6th growth
MoC 840 – 1,080

Divine Love
5th Sphere
+ 4th growth
MoC 650 – 840

Divine Love
3rd Sphere
+ 2nd growth
MoC 500 – 650

One's natural love is always progressively perfected during this journey of evolution of the soul.

Upon embracing Divine Love at any stage, then one can progress through the Divine Love spheres 3, 5, 7, whilst also doing their Feeling-Healing.

Even though a person may have received Divine Love, they do not avoid compensation or doing their Feeling-Healing, so they may still spend time within the spheres of disharmony.

Natural Love sectors for those doing their Feeling-Healing, without the Love, are within the Natural Love Mansion Worlds:

Progressing through the natural love worlds, within Feeling-Healing sectors, while doing one's feeling healing, upon reaching the 6th Sphere having completed Feeling-Healing, one can then embrace the Divine Love and proceed directly to the 5th Divine Love Sphere.

Then they may prepare to enter the Celestial Heaven Spheres from there.

This pathway is when the Divine Love is unavailable before perfecting one's soul.

Crossover

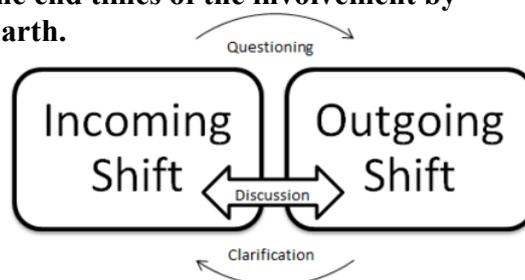
This time, in the history of humanity, is the most exciting time ever experienced.

the Handover

This is the time that man is now able to evolve in its spiritual development. Man has endured 200,000 years of Rebellion and compounded this with the Default of some 38,000 years, now it has been provided with the guidance to put aside the negativities of the Rebellion and Default.

With the guidance that was provided through James Padgett (1914 through to 1923), man became again aware of the availability of Divine Love from our Heavenly Parents. This also heralded the handover. That is, the commencement of the end times of the involvement by Mary and Jesus in the spiritual affairs of humanity on Earth.

Soul groups that have been in place during Mary and Jesus' 2,000 year involvement with Earth have progressively handed over to soul groups that have been forming since 100 years ago. The older soul groups have mostly progressed on further towards Paradise.



The second revelation to follow from the availability of Divine Love is the processes of Feeling Healing and Soul Healing. These are being revealed through and by Marion and James Moncrief. Upon their completion of Soul Healing and upon their deaths they will release their Spirits of Truth which will unify with the Spirits of Truths of Mary and Jesus so that humanity, in whole, will have access to these knowings and guidance for the next 1,000 years.

Mary and Jesus, being responsible for the spiritual wellbeing and upliftment of the whole of Nebadon, are to withdraw from their direct involvement with Earth and hand over the responsibilities to an Avonal Pair who take individual responsibility for the spiritual wellbeing and upliftment of individual planets and their associated Mansion Worlds, in this case, Earth exclusively.

COUNCIL *of* ELDERS

For the next 1,000 years, via the Avonal Pair and the newly forming Soul Groups, Earth will be able to evolve through embracing Feeling Healing, and with Divine Love, one's Soul Healing. These newly formed Soul Groups are effectively 'Council of Elders' to assist humans living in the physical on Earth to enable all to be aware of the way to evolve.

With the absolute end of the Rebellion, this is the first time in 200,000 years that mankind, humanity, can take control of his and her destiny and evolve in love and truth for all eternity!

Throughout this coming era, our spiritual leaders will be an Avonal Pair, yet to be identified.

Feelings first

SPIRIT MIND MANSION WORLDS are numbered 1 to 7:

To PARADISE, the HOME of OUR HEAVENLY PARENTS

Spirit Mansion Worlds are those 1 – 7. They with the Celestial Heaven spheres numbered 8, 9, 10 as well as the 3 Spheres of Disharmony are all within the Earth’s environment, and rather close by. Each sphere can accommodate more than 100 times the people than Earth may do.

Progression from the top Celestial Heaven sphere is to the Eternal Spheres, Infinite and Universal and further onwards to Paradise.

Celestial Heaven spheres 8, 9, 10 are often referred to as 1, 2, and 3 of Celestial Heaven.



Note: The 1st Divine Love Sphere and the 1st Sphere of Disharmony may simply be planes within the 1st Natural Love Spirit World.

WHICH WAY? MIND SELF RELIANT or FEELING AND GOD RELIANT:

To PARADISE, the HOME of OUR HEAVENLY PARENTS

The Way Home

Council of Elders
now around 20
Soulgroups



Maybe something like 30 billion people have recognised that our Mother and Father's Divine Love, together with embracing one's Feeling Healing, that with these two aspects, have progressed through the Mansion Worlds to the Celestial Heavens and onwards.

Mansion World 7: is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving, understanding how your relationships are unloving, how you don't connect properly, how unloving you really are and why and fully accepting the truth of it, coming completely to grips with your parents not loving you as you needed to be loved – sorting it all out, including your self and feeling expression difficulties.

Mansion World 5: is then about going right into the depths of them, feeling how unloved you feel and seeing how unloving you are and how that makes you feel, bringing out the majority of your pain, your misery, fear, anger, guilt, hatred, boredom, terror, rejection, nothingness, feeling powerless, alone and abandoned, and so on.

Mansion World 3: is for waking up to the truth that you're not loving and starting to get in touch with your pain, starting to accept your bad feelings, starting to work with them instead of rejecting them.



More than 200 billion personalities have embraced their mind and self reliance through the misguidance of 'New Age' styled ideologies and the many thousands of different religious platforms, all of which take the person further and further away from our Heavenly Parents.

For a million years, humanity has gone in the wrong direction with its self-denial of self and feeling!

I'D TURN BACK IF I WERE YOU!

The Natural love spirit Mansion Worlds as to how they have been for all these hundreds of thousands of years and as they are set up currently, are to help spirits advance to the fullest of their self-denial that they can. That is, so as to become as evil as they can. And all under the guise of being 'loving'.



It's why they are called the mind worlds, namely Mansion Worlds / spheres 1, 2, 4 and 6. That is because the spirits are using their minds to complete their rebellion – denial of self and feelings, and rejection of our Heavenly Parents as well their Creator Son and Daughter. So yes, the top of Mansion World sphere 6, spirits are the most evil, the most in rebellion, the most in default, the most wrong and unloving and untrue, even though, they appear, because they've trained their mind to do so, to be the most loving, but it's all false and contrived – such as the Eastern gurus. Total mind over feelings, blocking all the bad ones and using your mind to only make you feel good.

Typical of those on their way up in the mind worlds are not open to anything, they do not want to know about feeling bad and going with their bad feelings looking for their truth, because that scares them, that's not nice, that doesn't make one feel good, it threatens their control, they reject that preferring to stay in their nice safe space. Which is how it is for these Natural love mind spirits using their minds to control their feelings.

We've all got to take responsibility for our evilness even though we were made to be that way and rebel by default, but there is no getting away from it, and it has to be compensated right to the last farthing, which is what being in the hell planes is all about, and which keeps being applied right the way through the Mansion Worlds. **In the mind worlds you can continue to use that inner pressure requiring compensation for your bad deeds, to further contrive love and pretend you are all holy and loving and not hurting anyone anymore, which on the surface of it you are not, but underneath still are, all the way up through to the sixth world; or, you can allow it to keep working on you right the way up through the Divine Love Mansion Worlds doing your Healing.**

And apparently what's going to happen is the Natural love mind Mansion Worlds are going to be divided, so within them, there will be spirits doing their Feeling Healing – without the Divine Love, and still limited to the sixth Mansion World, but looking to be true and end their rebellion. And then there will be those still carrying on denying themselves as they have always done. So you will have spirits in the Feeling Healing Natural love sectors that will truly perfect their Natural love; and those spirits still in the mind sectors perfecting their wrongness. The opposites or extremes living side by side. And then you'll still have the Divine Love Healing Mansion Worlds, being spheres 3, 5, and 7, doing their Soul Healing.

And as for a summation: "Divine Love Mansion World / Sphere 3 is the waking up to the truth that one is not loving, also their being a lot of assistance. Sphere 5 is then about going right into the depths of feeling how unloved you feel and seeing how unloving you are and how that makes you feel, also this a time when one can then progress and manage their own progress through their Feeling Healing. Sphere 7 is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving, this is a time of great realisation and comprehension with much of the prior experiences starting to be drawn together."

Mansion World 3: is for waking up to the truth that you're not loving and starting to get in touch with your pain, starting to accept your bad feelings, starting to work with them instead of rejecting them.

Mansion World 5: is then about going right into the depths of them, feeling how unloved you feel and seeing how unloving you are and how that makes you feel, bringing out the majority of your pain, your misery, fear, anger, guilt, hatred, boredom, terror, rejection, nothingness, feeling powerless, alone and abandoned, and so on.

Mansion World 7: is then about still working with the deepest and residual bad feelings, whilst looking to sort out how you wrongly relate to yourself and others, nature and God because of being unloving, understanding how your relationships are unloving, how you don't connect properly, how unloving you really are and why and fully accepting the truth of it, coming completely to grips with your parents not loving you as you needed to be loved – sorting it all out, including your self and feeling expression difficulties.

It is agreed that the lower worlds are about waking up to what's involved, however from then on it depends on how it's all structured for the individual in their negative state as to how much ongoing assistance they might need. Some need help all the way along, whereas others have been able to work with their feelings, themselves, right from the beginning.

And yes, each of the Divine Love healing Mansion Worlds, 3, 5 and 7, are equally painful to work through, just focusing on different aspects of yourself and your Feeling Healing with Divine Love. And then in the higher planes of the 7th world comes the transition, where one's pain starts to end, and you start feeling so much better about yourself, you are fully accepting of your negative unloving state, you are fully unloving although even starting to become more loving – truly loving, of yourself, God, and then other people.

Then onto the Celestial Heavens by progressing into Sphere 8 and then onwards further, all the way home to Paradise.

Maybe something like 6 billion people have recognised that our Mother and Father's Divine Love, together with embracing one's Feeling Healing, that with these two aspects, have progressed through the Mansion Worlds to the Celestial Heavens and onwards.

More than 200 billion personalities have embraced their mind and self reliance through the misguidance of 'New Age' styled ideologies and the many thousands of different religious platforms, all of which take the person further and further away from our Heavenly Parents.

The 1st and 2nd Spirit Mind Mansion Worlds / spheres are jammed to the rafters.

For a million years, humanity has gone in the wrong direction with its self-denial of self and feeling!

Nanna Beth

Sunday, 18 June 2017

LUMINOSITY of the SOUL can be LIKENED to the FOLLOWING:

1st sphere, lower regions – Natural Love MoC 50+/-
The soul condition of a soul that is obliged to spend some time within the ‘hells’ may be no bigger than a dried garden pea. There is no luminosity and the environment is total darkness.

The typical soul condition of humanity is such that they generate the luminosity of a single candle.

1st sphere, mid regions – Natural Love MoC 210

A soul that has grown in love and soul condition equivalent to the 8th sphere – the point of becoming at one with God, the luminosity of such a soul is equivalent to the midday sun.

8th sphere – only possible with Divine Love! MoC 1,000+



Nanna Beth and James:

Tuesday, 26 December 2017

James: Thank you Nanna Beth. I want to ask you about that which is to do with our Healing and where I or someone else like Samantha might be in it relative to the different Mansion World levels.

Nanna Beth: I can read what's in your mind James and will answer accordingly.

Although the Mansion Worlds are divided as you understand, still all spirits, and people on Earth, need to work their way up through all of them. So as you were thinking, a spirit might be in the fifth Mansion World or truth equivalent to that world as a person on Earth, yet being in that world also means the spirit or person has to also work through the fourth level Mansion World and truth equivalent.

So it works like this:

In worlds 1, 2 and 3, the spirit or person decides to progress in self-awareness to a certain degree. If one is wanting to advance one's mind control and so rebellion, one moves through these levels becoming gradually more aware that they can control themselves by using their mind. They will see that certain controlling beliefs are not actually helping them achieve what they want – ultimate mind-mastery (over themselves – their feelings, which they don't understand it is), and so set about using their mind to correct such wrongness. And as they do, they progress, moving into the second and then forth world, yet also doing all that needs to be done in world three to do with increasing such mind control.

Then they move from 4 to 6, yet also doing all that was in 5, although not actually living in the fifth Mansion World. So they do all they'd ordinarily do in 5, part in the upper levels of 4 and part whilst in the lower levels of 6.

And so for people and spirits wishing to give up their mind control looking instead to their feelings and with the Divine Love, they progress through the odd numbered worlds 3, 5, 7, yet within those worlds also doing all they would have done in the even numbered worlds. So whilst in 3, you do 2 and some of 4, in 5 you do the rest of 4 and some 6, and in 7, you complete 6.

So as you see, which is what you were getting James, it's not so readily defined, you can't say simply you are in world 5 or 7 and only that world, it's more blurred for you all in flesh, it being more defined in spirit because you at least have to live in the appropriate world.

And as you also suspect, it's something else entirely different from just which world you're in, and that's because it's really set out on the psychic level of the personality. It's the interplay between the mind and feelings all based around the will – that being, are you willing yourself further into your rebellion; or willing yourself out of it by doing your Healing. Thus the separation between the mind and feeling Mansion Worlds. Then within that, at what level of relationship between your true soul-based or soul-inspired, your real feelings, are you living, and the lessening control your mind has over them; as opposed to its increasing control, being able to control and so contrive your mind-based feelings, your mind-derived ones.

Overall you have experienced that the lower worlds, including world 3 with the Divine Love, are about increasing the awareness of your state, understanding that you are not happy and want to do something

about that – either setting out to further advance your mind control, or get serious about and fully commit to giving it up.

Then through the 5 level (including 4 and lower 6) is about bringing out most of your repressed emotional pain, so your anger, misery, fear, guilt, heartache, pain and so on, emotional trauma, all whilst you break down the controlling beliefs that keep such emotions and feelings repressed and under control.

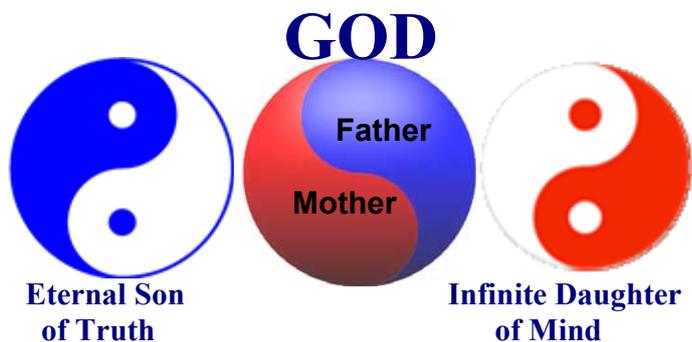
Level 7 (including 6) is about resolving the deep psychological issues, behaviours, mental beliefs and patterns, that underlie and constitute your controlling mind. As well as bringing more to light the deep pain of your trauma of being made to go against yourself. And then ending all the compulsions and addictions that result from such trauma being maintained by such deep controlling beliefs, that part you're about to move into yourself. You are currently sorting through many of your psychological patterns that underpin your whole negative state, finally being able to see them for what they are, how they were put in place and the damage you are doing to yourself by maintaining them.

All, all the way through. Your self-awareness is always increasing, as are still repressed emotions surfacing, as you move into the upper 7 levels, yet they just don't happen as much or be the main focus, you are not as consumed by them; and as you express them, they lead you quickly into helping you see more the hidden controlling psychological patterns and resulting behaviour on an emotional and mental level, and how they relate to each other.

Then when you get into the Celestial spheres or the equivalent on Earth, you keep working on the psychological levels and relationship between mind and feelings, but all in a positive loving way, thereby putting into place the true and loving behaviour reflecting such perfection. This being the main focus in the first three Celestial spheres.

And through your Healing, as you've progressed up through the Mansion Worlds, you are doing some of this as you're perfecting yourself and becoming more aware of what's wrong with you, however the main focus of the Mansion World levels is to become wholly aware of how your childhood was. And so in our cases, fully aware of all our negative state. So as you understand, the more you progress, the more in some ways you feel worse or a different bad compared to how you felt when you started off, because all 7 worlds are all about bringing to light all your wrongness on all the levels and all how bad being so wrong makes you feel. And so although in some ways you do feel better about yourself, that is really only to then help you feel even worse. You needing the better feelings to help show up the worse deeper aspects and levels. So the good helps you to feel bad in this way; whereas once you've crossed over into perfection and are Celestial, then the continuing good makes you feel even better.

So it's to understand that your Healing is not about fixing yourself up so you no longer have that pain or trauma or wrong belief and behaviour, but to express out of you all the pain such bad things are making you feel, which then helps you to see what is causing you such pain on all the different levels. And moving with the inner adjustments as you bring to light the whole truth of your unloving way of being. And when the whole truth has been seen, you know how wrong and bad you are, you feel connected with it all and have expressed all the repressed emotion and feelings of it, you've broken down and let go of all your controlling beliefs and associated behaviour, then your Healing will end. And you will in fact, feel good about feeling bad, feeling good about being of the wrongness, seeing it was all right as it was, even though you were all wrong. And then it will all change and your whole system will reverse, as you start to



CREATION of SOUL and SPIRIT:

God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one's feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.

The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate / soul partner) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves enabling the union with our soulmate / soul partner, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.



Feeling Pathway

Mind Pathway



Soulmate Pair

Angel



Spirit Person

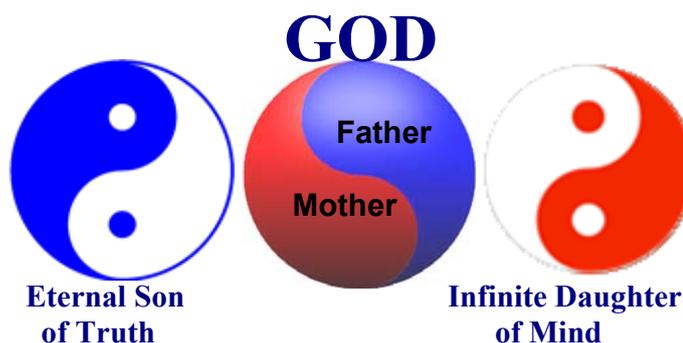
Nature Spirit



The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.



PARADISE TRINITY:

1. **Our MOTHER and FATHER (God) (MF) – Divine Love**
SOUL (God) – One SOUL that is expressing its two PERSONALITIES, our Heavenly Mother and Heavenly Father (Soulmates / Soul Partners)
2. **ETERNAL SON (ES) – Divine Truth**
3. **INFINITE DAUGHTER (ID) – Divine Mind**

Then: The Second and Third Persons of the Paradise Trinity (ES and ID) are stepped down to the local universe trinity (Mary and Jesus, Divine Minister (DM), and her Holy Spirit.

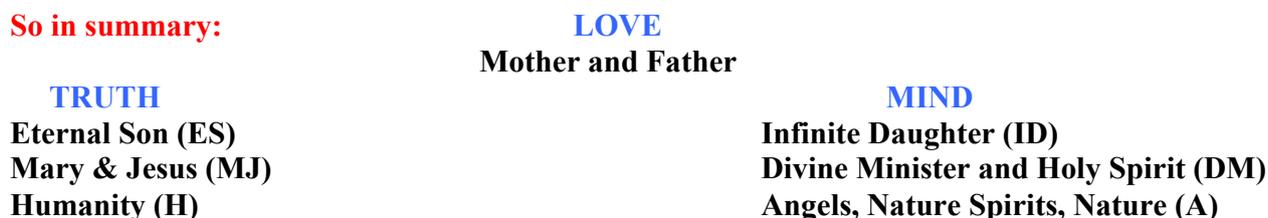
The LOCAL UNIVERSE TRINITY:

1. **MARY M and JESUS (MF) – Love – the Living Truth**
2. **DIVINE MINISTER (ID) – Mind (and her Holy Spirit)**
3. **HUMANITY – Natural love, sons and Daughters – Truth, and our Angels – Mind**

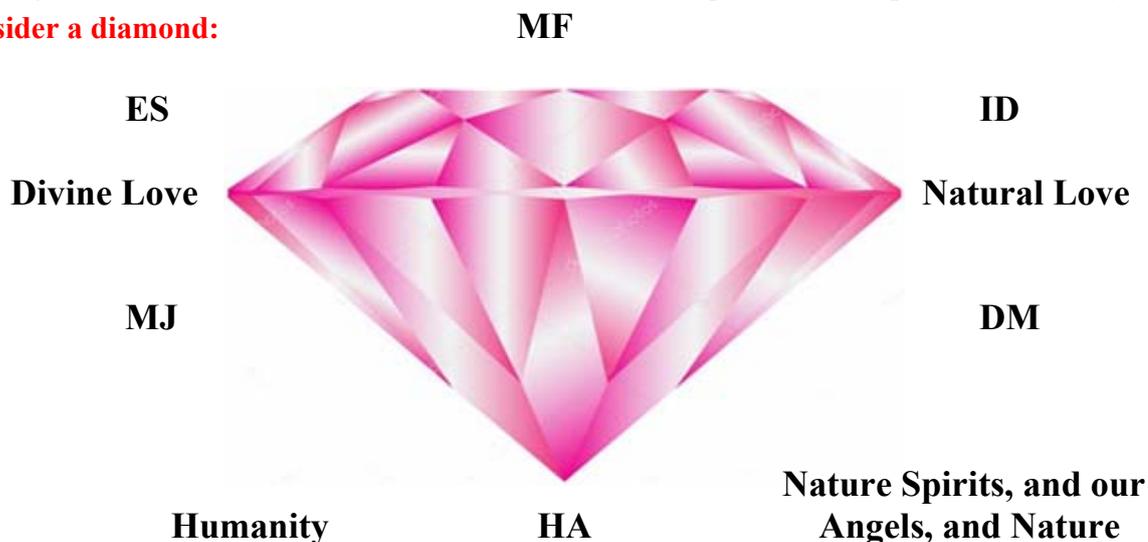
PLANETS that engage in REBELLION:

1. **AVONAL SOUL PARTNER PAIR – the Feeling Healing process – incarnate**
2. **DAYNAL – TEACHER PAIRS – they do not incarnate**

So in summary:



Consider a diamond:



Mother and Father Heavenly Parents

Creator Son & Daughter
Jesus and Mary

Avonals
as soulmate pairs

Trinity Teachers
as soulmate pairs

Melchizedeks – who have taken over from the Caligastians and Daligastians being also all as soulmate / soul partner pairs.

Mortal Souls – human beings who individualise on Earth, then progress through the spirit Mansion Worlds, then into the Celestial Heavens, and beyond.

Mortal Souls – also being ascending spirits, upon completing their Soul Healing, join with their soulmate, then join their soul group of 24 mortal spirits, being 12 soul pairs. It is only as a soulgroup that anyone can progress beyond Nebadon.

The Paradise Pairs are all ONLY concerned with the SPIRITUAL wellbeing and upliftment of the planets and local universe. Currently to do with Earth:

Mary and Jesus – spiritual wellbeing and upliftment of the whole of Nebadon region.

Avonal Pair – Daynal pairs (Trinity Teacher Daughters and Sons) – Spiritual wellbeing and upliftment of individual planets and their associated Mansion Worlds.

The Local universal Sons and Daughters are all about the running of the worlds under their jurisdiction, and ensuring the higher spiritual elements can be employed, or sent astray, as in our cases through the Rebellion and Default.

Lanonandeks – Melchizedeks (and others, such as Life Carriers and Eve and Adam).

As the Lanonandeks all rebelled – the Lucifers, Satans, Caligastias and Daligastias soulmate / soul partner pairs – so the Melchizedeks have taken over their roles, as well as doing their own.

So the Melchizedeks are the governors, overseers, the administrators and advisors and so on for Earth; they are the ‘controllers’, and they will instigate all that needs to be done to do with the ending of the Rebellion and Default. And they will enlist the willing help of ascending mortal pairs, so the mortal Celestials spirits (soulmates when available, and others waiting to unite with their partner), and at times mortal spirits in the Divine Love Healing Mansion Worlds. And the angels help all of us.

Currently the whole of Creation exists for the ascension of mortal souls from their earth planets to Paradise. It’s all one vast Grand Ascension Scheme. With all the higher and lower spiritual Daughters and Sons, together with all the many different angels and other universal spirit personalities, and even including nature and our very own pets, assisting women and men with their Ascension Journey. It being: and Ascension of Truth. Everything we do is done to help us grow in truth. (Only everything we do in our negative state is to deny ourselves our truth from our feelings, which is why we have to do our Healing.) All women and men are ascending (or growing) in truth through their experiences. And as we grow in truth by looking to our feelings to show us that truth, so we’re ascending, moving inwards and upwards through all the worlds and spheres of the Grand Universe to one day arrive on Paradise and meet our Heavenly Parents. God is providing us, Their children, with this spiritual journey called our Ascension of Truth. And by living true to our feelings, so we are progressing on our true Spiritual Path – our Ascension Path.

WE ALL ARE BEING GUIDED HOME:

We need the Spirits of Truth of the Avonal Pair to Heal ourselves; then once Healed, (and for support (overshadowing) as well through your Healing), we need the Creator Pair, Mary Magdalene and Jesus' Spirits of Truth to see us through the Celestial spheres, while at all times embracing our Heavenly Mother and Father.

Until Mary and Jesus died and liberated their Spirits of Truth, no one from any of the worlds could leave Nebadon, because no one knew the way to do so. Nebadon is our local universe containing some 3.8 million inhabited physical worlds and their associated spirit worlds.

When we embrace the truths Mary and Jesus are revealing, and start to do our Feeling Healing, or with Divine Love, Soul Healing, we are then freeing ourselves up from our parental and self control.

Thus our journey to Paradise, to the home of our Heavenly Parents, is of our choosing as to when we progress, however, there is only one way:

HUM: Humanity is to ascend. We are self contained. Our soul is always in truth and perfect at all times. **By living true to ourself, true to our feelings, we are living true to God. It's that simple.**

We are to recognise that being engaged and dominated by our mind is the wrong way for us to evolve and grow in truth. We are to discard the mind enslavement that has been imposed upon us by all of our parents. We are to express our feelings, both good and bad and free ourselves of the indoctrination that humanity has embraced worldwide.

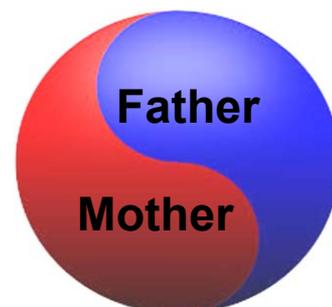
Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of our Mother and Father.

AVO: We are to embrace the truths and guidance of the Avonal Pair through their Spirits of Truth. It is the Avonal Pair's guidance that will lead us through our Feeling Healing, and with Divine Love, we will be able to ascend through the 7 spirit Mansion Worlds and enter the Celestial Heavens where we also interact with other world's spirits.

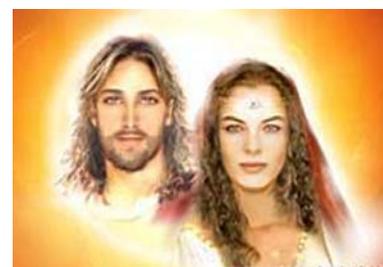
J&M: We are also to embrace the truths and guidance of the Paradise Pair, Mary and Jesus, who will then lead us through the 3 Celestial Heavens that are aligned with Earth, and then further on through Nebadon where we will then depart beyond on towards Paradise.

M&F: Beyond the universal zone of Nebadon, we will be guided by our Heavenly Mother and Father onwards through the universes to Paradise where we will be welcomed by them, home for us all, as we are all Children of God.

GOD



M&F



J&M



AVO

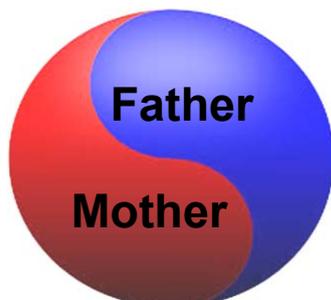


HUM

WE ARE Children of God

WE ALL ARE BEING GUIDED HOME – NOW, HOW TO COMMENCE THE JOURNEY:

GOD



M&F

For 200,000 years, we have been misled into embracing our mind's distortion of wisdom and truth. All such traditional understandings only lead us in the wrong direction, from which we must turn back from. Our soul based feelings are always in truth. Our minds are to follow our soul based truths and feelings, not the other way round, as we have been brought up to embrace.

We are to connect with our deeper repressed feelings.
We are to long for the truth of what we are feeling.
We are to live true to our selves; by living true to our feelings.

Use your surface day-to-day feelings to connect with your deeper repressed feelings. Express your surface feelings and your deeper repressed feelings to uncover the truth of yourself.



J&M

We all have feelings which we communicate and share with each other. And we all have deeper buried and hidden repressed feelings. Feelings from our early childhood we felt, yet weren't allowed to express. These feelings are still within us, waiting to have their say. These feelings, because they are repressed, cause us all our problems.

And as we look to uncover, bring out and accept these deeper feelings, so we're taken into new ways of looking at ourselves, our feelings, and our life. We're setting ourselves free of the controlling patterns that govern our unloving behaviour.

In this way, we progressively begin to express the personality that our Heavenly Mother and Father gave us, not the one imposed upon us by our physical parents and carers. We are to be our true and real selves.



By living true to ourself, true to our feelings, we are living true to God. It's that simple.

AVO



HUM

As we, humanity, long for the truth of our feelings, we can also be assisted by the Spirits of Truth of the Avonal Pair who are our spiritual teachers for Earth over this coming 1,000 years, to assist us through the Great U-Turn, away from mind dominance to being soul based feeling lead. They will assist us through the seven levels of the spirit Mansion Worlds.

Then the Creator Pair, Jesus and Mary, will lead us through Nebadon and into the greater universe. Then our Heavenly Mother and Father lead us home to Paradise.

Collectively, should we embrace them all, as we are to, then our pathway home is a journey in the hands of the Spirits of Truth of the Avonal and Paradise Pairs overseen by our Heavenly Parents.

WE ARE Children of God

HOW TO GET TO PARADISE:

Long for the Divine Love

Long for the Truth

Long for the truth of your feelings

Don't deny any feelings: accept, express and want to know the truth of them

Know your feelings are the key; your feelings are the Way

Want to end your falseness and being untrue

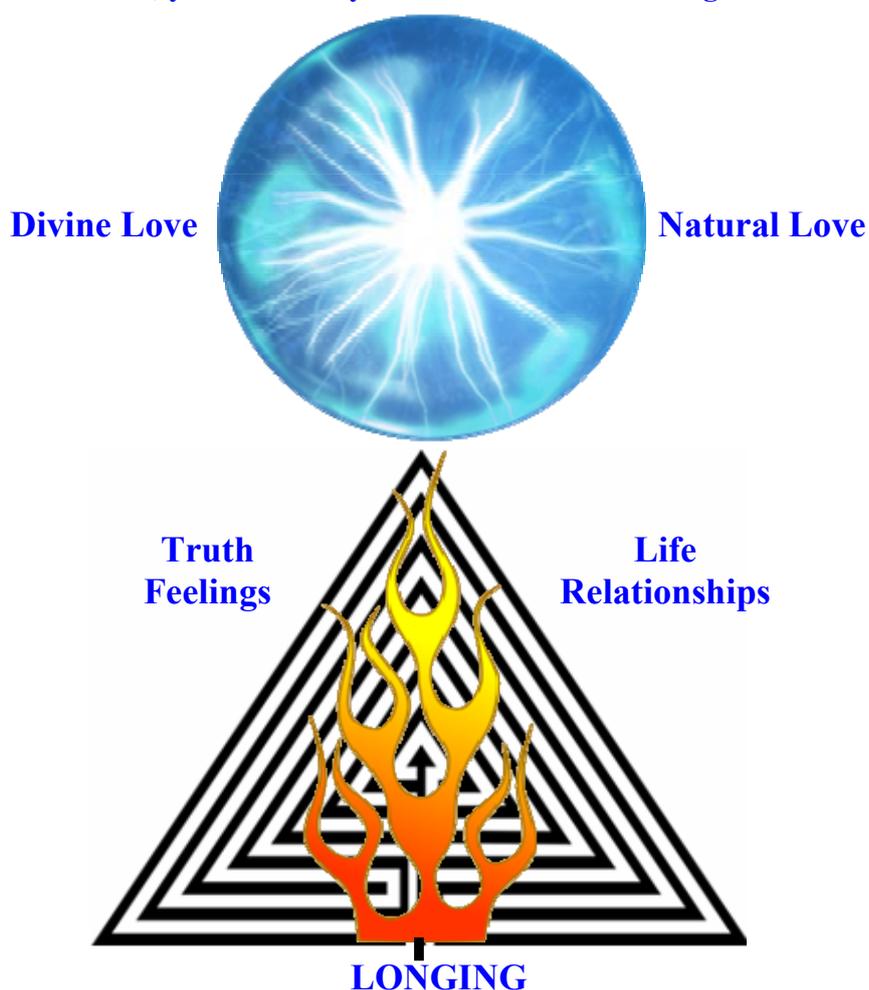
Want to understand the truth of your early life

Use your surface feelings to move deeper into yourself, bringing up your repressed feelings

Want and long to know the whole truth of yourself

Want to do it all with God, your Heavenly Mother and Father – long to Them for help.

The Key



Our longing drives our life. We long with feelings. We can wish for things using our mind, yet long for things with our heart. These things in the pyramid are what to long for. Longing for them, when the longing comes naturally. Longing because you feel you really want them. Long to be true with all your heart. Long to live true to your feelings. Long to understand the whole truth of yourself.

U-TURN for HUMANITY:

Why are we doing a U-Turn?

We are doing a U-Turn **because** the year 2017 heralds the end of the Rebellion and Default. For two hundred thousand years, humanity has been going in the wrong direction.



What is this fundamental step that will change our way of living?

We are to come to understand / know the foundational cause of all our feelings, both good and bad. As we explore and investigate our feelings, each time they arise, one by one, we are to talk them through, express them to a companion or friend or anyone who will listen. As we express them, while at the same time coming to understand how they have come about, we will find that they will be resolved and that they will not come up again.

We will find that all of our feelings / emotions have their foundations from our childhood. And by childhood, that is from the time of one's conception all the way through to about the age of six. It is the repression of our childhood feelings that is the base or foundational cause of each and every one of our adult personality issues, pains, difficulties, illnesses and distressful life experiences.

**Feeling
Healing with
Divine Love is
the key!**



We have to see the whole truth of our negative or self-denial state, before we can heal it and be free of it.

The vital difference between **emotions** and **feelings** is:

- emotions have their roots in the past,
- feelings relate to the present moment,
- emotions represent feelings not previously expressed,
- and these accumulate over time.

Many emotional clearing processes encourage us to look into our feelings, however, none go so far as to drill down into the core foundation of any emotional feeling to the point that we strive to KNOW the core issue, the origin of the feeling, be it good or bad, and actually come to know what it is!

The *Journey Process* is generally known worldwide. It stops short of longing to know, that is asking for the knowing of the events that brought about such a feeling. Yes, we are to acknowledge the feeling, say being angry. Then accept that behind that anger is the feeling of being small, and then look at the underlying reason of why we are feeling small. What is the truth behind that feeling? Ask our Heavenly Parents what is behind all of this feeling. What is the foundation, the origin of the feeling? All the time talking it out, expressing it, with a friend. The expressing of the experience is the release of the emotion / feeling, this is what removes it for ever from within our essence, our **soul**.

Why ask our Heavenly Parents? I thought God was just God – singular?

This is part of the revealings that have been unfolding for us very recently – that is – since 2002.

We are made in the image of God. This has been understood for centuries, for 2,000 years. Our soul is duplex. Our soul expresses itself through two personalities. One soul ‘subdivides’ into two, one half always being female and the other half always being male. We are a reflection of how God is. God being one Soul is expressed as Mother and Father. God is two personalities. They are soulmates / soul partners. And each of us has a soulmate / soul partner, and our soulmate is always of the opposite sex, because the Mother and Father are the opposite sex.

Thus, when we long for the truth behind a feeling, then we can long to our Heavenly Mother and Father. Only they can tell us. No spirit personality can tell us. No canonised saint can tell us, we may as well ask our next door neighbour. That would be just as productive. Mary and Jesus can’t tell us, as they are also spirit personalities.

I was taught that Jesus was God? And what is this about Mary?

Mary of Magdalene and Jesus of Nazareth were both born free from sin. Neither of them are God. They are both children of God, just like you and me.

History needs to be corrected. Both Jesus of Nazareth and Mary of Magdalene became at one (At-One) with our Heavenly Mother and Father during their physical lives here on Earth in the first century; Jesus in the year 26CE and Mary in the year 33CE, or thereabouts. Jesus died aged 35 (born 7BC died 29CE), and Mary died aged 47 or 48 (born 2BC died 47CE).

Further, their sojourn on Earth was the completion of their process to become the full Regents of the sector of planets that is referred to as Nebadon. The region within our super-universe that is referred to as Nebadon contains 3.8 million inhabited planets. If you look into the night sky, each star / sun potentially has between none to three inhabited planets within its orbit. Within Nebadon, the soulmate pair / soul partners, namely Mary and Jesus, are our Spiritual Teachers of Truth. Their domain is all 3.8 million physical planets plus their associated spirit worlds. Each physical world has seven associated spirit worlds, which is the case for Earth being one of the 37 that have rebelled.

Some 200,000 years ago, Lucifer with his soulmate / soul partner and his deputy, Satan with his soulmate, brought about a rebellion on 37 of the inhabited planets within the region called Satania, one of the local universal systems of Nebadon. Earth compounded the situation through the Default of Adam and Eve about 38,000 years ago. Thus the population of Earth, being in the worst condition through the Rebellion and Default, became the location for Mary and Jesus to have their physical experience to complete their ascendancy to full Regency of the local universal system being Nebadon.

Their lives on Earth was the start of the unravelling of the Rebellion and Default. Upon Jesus becoming At-One with our Mother and Father, he was then vested with the authority and power to have the Lucifers and Satans arrested, and they now reside exiled within a prison world.

Notice that there were no records of Jesus and Mary’s teachings and experiences made during their physical life. That was because they did not specifically come here for us, they came for the benefit of all peoples of all planets and spirit worlds throughout Nebadon.

As they are Paradise descending spirits, they have **Spirits of Truth**. Upon Mary and Jesus' death, they released their Spirits of Truth. As spirits, Jesus and Mary are how we will be, once we've finished our Soul Healing. They can only be in one place at any one time. However, it is their Spirits of Truth throughout Nebadon that we can connect with for guidance. It is through their Spirits of Truth that spirit personalities can progress through and out of Nebadon.

Those planets that have Rebelled need further assistance, and they need it on a localised manner. This can only be provided by another bestowal of a **Paradise Pair**, and that is in the form and manner of an **Avonal soulmate pair / soul partners** who come here specifically for us.

What is the purpose of an Avonal pair, and are they here on Earth?

Unlike Jesus and Mary who were always free from sin and did not experience how to heal themselves, the Avonal pair are to experience all of the extremes of evilness and then proceed to heal themselves. Mary and Jesus through their bestowal on Earth ended the Lucifers spiritual rebellion in Nebadon; the Avonals bestowal is primarily concerned with ending the Default of Adam and Eve by the Avonals themselves personally healing the effects of such a damaging Fall.

The soulmate Avonal pair are to be, and have been, subjected to the extremes of childhood suppression and repression, and then, through their Feeling Healing, are experiencing all the facets of emerging truth as they slowly progress through a protracted and difficult healing process. As they reach specific milestones, this also enables those in the Celestial Heavens, (the three worlds where Celestials reside) to be empowered to assist us in the physical on Earth.

The first considered milestone was the arresting and imprisonment of the Caligastia soulmate pair / soul partners and the Daligastia soulmate pair. After the arrest of the Lucifers and Satans in the first century, as nothing further occurred, the Caligastias and Daligastias continued on from spirit as if they were kings and queens, suppressing all of humanity and with plans to take over the universe. It was possibly in the early 1990s that they were 'judged', and 'removed'. They were caught unaware that an Avonal bestowal pair were on Earth.

How is all this becoming known? Has Jesus and Mary communicated directly to Earth?

Unlike in the first century, when no records were kept (as the event related to all of Nebadon and it was actually setting the stage for the Avonal bestowal pair to arrive on Earth), every effort to retain records in great detail of this current series of events is now being attended to. Consider this. The New Testament of the Bible is some 300 pages. The records of the Second Coming, which this is, the primary records are possibly 6,000 pages, with direct complementary records increasing that to over 10,000 pages and with all the supplementary records to date, there may be as many as 40,000 pages, certainly well over 30,000 pages of material presently.

Jesus directly communicated through James Padgett from 1914 to 1923. Mary of Magdalene (Mary M) has directly communicated through James Moncrief from 2002 and is ongoing. Jesus has also communicated directly through James Moncrief. Neither have ever directly communicated through any one else, however, some Celestial Spirit personalities have provided information through other

personalities on Earth with the support and approval of Jesus and Mary, thus some confusion, though the quality of the information is very reliable.

You say this is the Second Coming? You say I am living during the time of the Second Coming?

Yes you are. And it's more than that. This is the Second Coming, the End Times and the Handover!

In fulfilment of the prophecy in the first century, the Second Coming commenced on 31 May 1914 through the writings with James Padgett and concluded in 2014 through the writings with James Moncrief.

The End Times are well advanced. Mary and Jesus are well advanced in handing over their direct involvement with Earth to those within the Celestial Heavens. When this is completed, the Handover will also occur. **The Hand Over is to the Avonal Bestowal pair** and it is they who will guide the population on Earth through their Feeling Healing processes for the next 1,000 years, being the next spiritual age. The Handover will take place after the Avonal pair complete their personal Healing of the Rebellion and Default. Then will follow with their Spirits of Truth being officially liberated in alignment with Mary M and Jesus' Spirits of Truth upon their death.

Major events have occurred with the progression of the Avonal pair's Feeling Healing, which they are also doing whilst embracing our Heavenly Parents' Divine Love, thus they are doing their Soul Healing.

Early 1990s:	The arrest of the Caligastia and Daligastia soulmate pairs / soul partners.
22 March 2017:	Negative spirit influence was blocked.
31 March 2017:	Angel assisted healing will become available upon the Avonal pair completing their own Feeling Healing, being with Divine Love, thus it being Soul Healing.
22 May 2017:	Law of Compensation quickening.
2 December 2017:	Psychic Barriers maintaining the Rebellion and Default were cracked.
8 December 2017:	Bring on the money to 'house the future of humanity' .
31 January 2018:	Earth and the seven associated Mansion Worlds (including the two Earth planes) are officially now fully under the control of Celestial spirits. This marks a tangible and real end to the Rebellion and Default.

How does this all fit into our future way of living?

This time, in the history of humanity, is the most exciting time ever experienced.

The whole human race is suffering from repressed childhood and mind control.

Through one's Feeling Healing, and should we embrace our Heavenly Parents' Divine Love, then with their Love we are doing our Soul Healing, and eventually we can live totally in accordance with our soul base feelings and live free from error – no more fear and no more physical illnesses is possible!

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

Our soul is always perfect. In fact, we are the complete package. All that we need to know is within our soul. This knowledge has been denied from us since the time of the Rebellion and compounded by the Default. That is what was brought upon us by the Lucifers and his cohorts. We have always been meant to live true to our soul based feelings but we were taught to embrace our error riddled mind – this was aided by our parents – unknowingly all parents have taught their children to be mind dominant. **This is the Great U-Turn. We are to feel and live by our feelings and express our feelings, our mind will follow in support, not the other way around.**

“Many people look for a person, spirit, angel, even God, for supreme guidance, however it’s all right there already built in – in our feelings. **Feelings** guide us through our **ascension of truth**. So they are really our Supreme Guides. We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it’s there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feeling is really: **Longing for the truth of our self, because: we are our feelings**. So life stirs up our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings.”

Kevin of the 1st Celestial Heaven 26 September 2017

(Kevin Cooper died 10 August 2012, through Feeling Healing became Celestial on 7 August 2017.)

It is through the assistance of the Spirits of Truth of the Avonal Pair, upon the completion of their Soul Healing, that we will be guided through our Feeling Healing process, and should we embrace our Mother and Father’s Divine Love, then our Soul Healing.

Then should we embrace Mary and Jesus as our Spiritual Teachers of Truth, their Spirits of Truth will lead us on the path through the Celestial Heavens where we will certainly meet up with our soulmate and join our soulgroup, which will eventually consist of twelve soulmate pairs. Then as a soulgroup, the Spirits of Truth of Mary and Jesus will lead us up through and out of Nebadon towards Paradise.

It is then our Mother and Father in Paradise who draw us to them and we will eventually meet our Heavenly Parents.

Meanwhile, while we live on Earth, we will have assistance and guidance previously denied to us throughout the era of the Rebellion and Default. Under the Contract controlling and managing the Rebellion and Default, the powers and capabilities of our Celestial Heaven spirit personalities, all three worlds of them, were heavily restricted and almost of no assistance to us at all. Further, Nature Spirits and our Angels were heavily denied contact with us physical people because of the Rebellion and Default, all of which is soon to change, so we can look directly to them for help concerning healing ourselves and understanding all aspects of nature.

As we embrace our Feeling Healing, Celestial spirits will and can greatly assist us. In fact, during the year of 2017 they have blocked all mind spirits from the Natural Love Mansion Worlds: 1, 2, 4 and 6 from interfering with us. Celestials have taken control of all facets of living and life on Earth. Celestials are those spirit who have completed their Feeling Healing and progressed through Divine Love Mansion Worlds 3, 5 and 7 and now live in the higher Celestial Heavens, 1, 2 and 3 (when we become At One with

our Heavenly Parents then we leave the Mansion Worlds and progress through the next three spheres related to Earth, hence the Celestial Heavens are also referred to as being numbered 8, 9 and 10).

The Nature Spirits of Earth, who live in the third Earth plane, can now directly interact with those who are embracing their Feeling Healing. Nature Spirits are essentially ‘angels in waiting’. They have been on Earth prior to anything that we now see living in nature. When they first started to arrive, there was no life in the seas or on land. They have consequently witnessed everything that has happened on Earth, including all prior human civilisations that we continue to largely remain ignorant of. Their knowledge and assistance is of great importance to us. We are to interact with them on an ever increasing scale. They are to become an invaluable source of information for us concerning how we are best to live with nature.



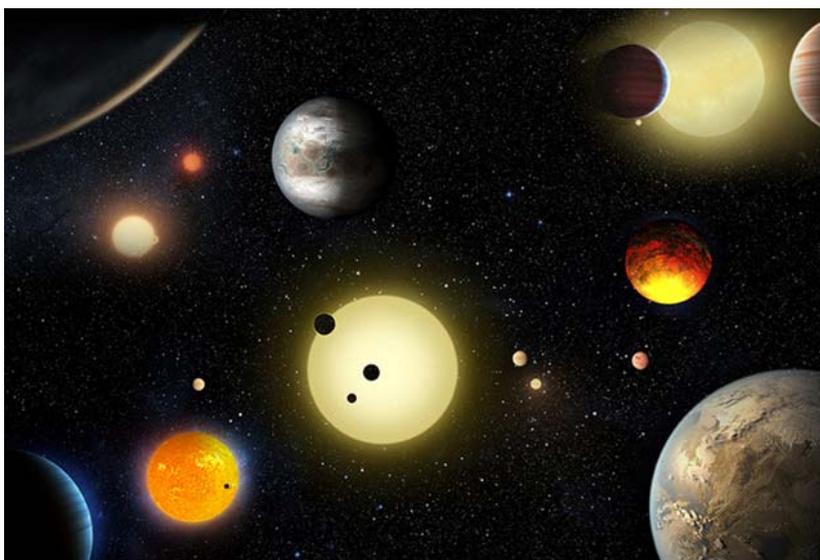
Further, we may become more aware of our **Indwelling Spirit**, which arrives for each of us during our sixth year, as we now progress with our Feeling Healing, or with Divine Love, our Soul Healing.

And all of this is possible as we embrace our Feeling Healing process, acknowledge and accept the Avonal pair, acknowledge and accept our Spiritual Teachers of Truth, namely Mary and Jesus, and more importantly, grow to love our Heavenly Parents, our true Mother and Father.

We do not need intermediaries, rituals, liturgy, dogmas, creeds, fancy clothing, or institutions. It is our soul based feelings and expressions that we may exchange directly with our Heavenly Parents. Groups may form to assist each other, and that is choice and within our free will.

This is the greatest event in the history of humanity.

This is the Great U-Turn that humanity will embrace throughout the next 1,000 years. MoC 1,480



CONSCIOUSNESS and EMOTIONS:

Consciousness = Soul Condition. One's Soul Condition is the compilation of all of the held emotions. Soul condition is the sum total of all of the different emotions, desires, passions, etc., all wrapped up together in terms of how much love there is in every one of those.

MAP OF CONSCIOUSNESS					
God-view	Life-view	Level	Log	Emotion	Process
Self	Is	Enlightenment	700 1000	Ineffable	Pure Consciousness
All-Being	Perfect	Peace	↑ 600	Bliss	Illumination
One	Complete	Joy	↑ 540	Serenity	Transfiguration
Loving	Benign	Love	↑ 500	Reverence	Revelation
Wise	Meaningful	Reason	↑ 400	Understanding	Abstraction
Merciful	Harmonious	Acceptance	↑ 350	Forgiveness	Transcendence
Inspiring	Hopeful	Willingness	↑ 310	Optimism	Intention
Enabling	Satisfactory	Neutrality	↑ 250	Trust	Release
Permitting	Feasible	Courage	↑ 200	Affirmation	Empowerment
Indifferent	Demanding	Pride	↓ 175	Scorn	Inflation
Vengeful	Antagonistic	Anger	↓ 150	Hate	Aggression
Denying	Disappointing	Desire	↓ 125	Craving	Enslavement
Punitive	Frightening	Fear	↓ 100	Anxiety	Withdrawal
Disdainful	Tragic	Grief	↓ 75	Regret	Despondency
Condemning	Hopeless	Apathy	↓ 50	Despair	Abdication
Vindictive	Evil	Guilt	↓ 30	Blame	Destruction
Despising	Miserable	Shame	20	Humiliation	Elimination

	The Final Doorway to Enlightenment / Nonduality
	The beginning of the Nonlinear Realm 500
	The beginning of Integrity 200

The Map of Consciousness (MoC) table is based on the common log of 10. It is not a numeric table.
 A calibration increase of 1 point is in fact a 10 fold increase in energy.
 A calibration increase of 10 points is in fact a 10,000,000,000 fold increase in energy.
 Thus the energy differentials are in fact enormous!

NATURAL LOVE or HUMANITY'S EMOTIONS:

Our soul, being our real self, is an emotional being. Our soul, though a thought of God, does not possess anything of the divine within it. It existed in a state of bliss, in a natural love state, pending individualisation which is achieved at conception, incarnation being 16 days later when our heart commences to pump blood. Our soul is endowed with natural love emotions, both positive and negative for us to experience through our free will.

MAP OF CONSCIOUSNESS					
God-view	Life-view	Level	Log	Emotion	Process
Self	Is	Enlightenment	700 1000	Ineffable	Pure Consciousness
All-Being	Perfect	Peace	↑ 600	Bliss	Illumination
One	Complete	Joy	↑ 540	Serenity	Transfiguration
Loving	Benign	Love	↑ 500	Reverence	Revelation
Wise	Meaningful	Reason	↑ 400	Understanding	Abstraction
Merciful	Harmonious	Acceptance	↑ 350	Forgiveness	Transcendence
Inspiring	Hopeful	Willingness	↑ 310	Optimism	Intention
Enabling	Satisfactory	Neutrality	↑ 250	Trust	Release
Permitting	Feasible	Courage	↑ 200	Affirmation	Empowerment

Humanity's erroneous emotions are those calibrating below 200 on the Map of Consciousness. The environment around a newly conceived child progressively degrades the condition of that child's soul. When the child reaches about the age of 6, the child's soul condition will reflect the parent's condition. These negative emotions are like a crust around the always pure soul.

MAP OF CONSCIOUSNESS					
God-view	Life-view	Level	Log	Emotion	Process
Man made dis-empowering emotions:			↓ 200	All the negative emotions	
Indifferent	Demanding	Pride	↓ 175	Scorn	Inflation
Vengeful	Antagonistic	Anger	↓ 150	Hate	Aggression
Denying	Disappointing	Desire	↓ 125	Craving	Enslavement
Punitive	Frightening	Fear	↓ 100	Anxiety	Withdrawal
Disdainful	Tragic	Grief	↓ 75	Regret	Despondency
Condemning	Hopeless	Apathy	↓ 50	Despair	Abdication
Vindictive	Evil	Guilt	↓ 30	Blame	Destruction
Despising	Miserable	Shame	20	Humiliation	Elimination

WE ENDURE FOUR LAYERS of PERSONALITY SUPPRESSION!



Unknowingly, our parents pass onto their children (us) their beliefs and way of living that has evolved since the Rebellion, some 200,000 years ago, and then the Default, some 38,000 years ago. In this way, humanity is suppressing the female, rejecting our Spiritual Parents, namely Jesus and Mary, and denying our Heavenly Parents being our true Mother and Father, of Their truth, standing and existence.

The Rebellion is against love, the Default is all the difficulties we have in our relationships because of our rebellion. Healing the Default is becoming true, to ourselves and in our relationships, and ending our unlovingness – our rejection of love, so ending the Rebellion. Nanna Beth 29 June 2017



We are souls, our personality is an expression of our soul. It is our free expression of our soul through our feelings that we are to embrace and follow. This expression may appear to be wilful in nature, from time to time, and consequently our parents' attempt to suppress this expression. They proceed to remodel us when as young children, in the manner their parents treated them and so on for many generations going back.

During our forming years, as a child, we are unable to recognise the suppression of our personality as being extra-ordinarily harmful to our soul based personality and, accordingly, we don't know that things can be any other way. Presently, neither do our parents.



This childhood suppression way of living continues throughout our schooling years, thus we learn this is a way of life that is normal.

Our religions all have been formed based on the tenets of the Rebellion and Default. The teachers and leaders throughout all denominations take us further away from our suppressed feelings that have been hammered into us during our forming years, thus entrenching us further into rejecting our true selves.



The controlling and suppression mechanisms of our parents, educators and spiritual teachers all manifest throughout all of commerce. This control comes heavily and brutally down upon all levels of employment. The capability to express one's soul based attributes and gifts is sealed throughout all of one's working life.

A new way of living is to enable the liberation of one's true personality through the Feeling Healing process AND the transfer of authority to the individual via embracing freedom of expression.

DEVOLUTION

Our childhood suppression of our true and loving soul based feelings is creating global pain and personal isolation amongst all of humanity. We are very sick!

In our struggle to find solace and purpose, we further withdraw into ourselves, becoming ever more self dependent, believing our control addicted mind that it can solve everything. We just drown further.

We embrace an ever expanding and diverse range of pathways to escape from our personal pain, fear and desperation. Alcohol has now been complimented with narcotics, hallucinogens, including caffeine (coffee). Gambling has been complemented with computer games which are generally entraining the mind further into error and pain. Technology is making us sicker!

We bury ourselves in front of the television to further avoid contact with anyone, especially family.

Children endeavour to exert their independent authority from domineering controlling parents (which we all are eventually) by disfiguring their bodies with tattoos and piercings, etc.

We shut out the noise with headphones, thus preventing contact with others. We use electronic devices to 'text' others even at intimate engagements.

Technology will take us further into the depths of our madness. You now can buy headsets that prevent any contact with the outside world while playing mind suppressing and entraining entertainment – games!

No one loves their children, they are ignored, and the controls hammered into them turn them into clones of ourselves. Look at ourselves and we can all see that we have been all messed up by our own parents, as they have for generations over the past 200,000 years.

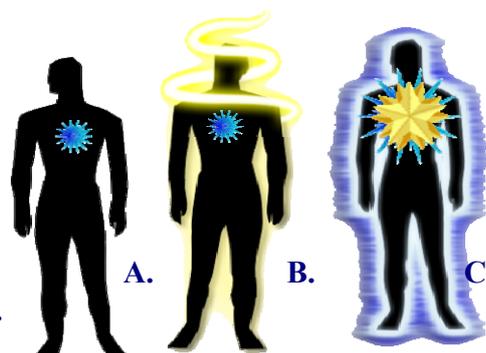
No more of this! We can escape this man made hell!



EVOLUTION

Longing for and receiving Divine Love:

- A. Soul within spirit body prior to receiving Divine Love.
 B. Divine Love being received from the Holy Spirit, covering the spirit body of requesting personality.
 C. Divine Love having been assimilated within one's soul, now being reflected through the radiance of the spirit body.



FEELING HEALING + SOUL HEALING

It is the Divine Love that strengthens one's resolve to persevere with embracing one's suppressed emotional injuries, that occurred from conception through to around the age of six, and longing to know the good and the bad of those feelings, together with talking about them to a friend, partner, one's self and our Heavenly Parents. It is only with the receipt of the Mother and Father's Divine Love and the expressing of suppressed emotional injuries that one can release the emotional injuries and errors to achieve Celestial soul condition and enter the Celestial Heavens.

Further, should one complete their Feeling Healing on Earth, then they will be able to recognise their soul partner, their other soul half, and should their soulmate / soul partner have also embraced Feeling Healing with Divine Love, then their children will be born free from error, free from fear, and free from any deformity and illness. This is the destiny of humanity.

Further, being in this condition of free from error and being in constant communication with our Heavenly Parents, then one can also recognise and form their Soul Group. This will ultimately consist of twelve soulmate pairs, a total of twenty four personalities / individuals.

It is the bringing up of children by the support of soul groups that is to be the ultimate way forward. The group experience and wisdom, as a functioning family, will ultimately be of profound benefit for the blossoming child.

But what we cannot do is contrive the groups ourselves, or even pick who our soulmate is. This will only, and can only happen, as an outworking of the truth we are to live – as we progress in the healing of our soul.

And this is how all of life should be lived: according to the truth we are living. It is how we live, as there is no other way, but currently we live it in the negative, of that being directed by no truth, and so having to make it all up ourselves.



FEELING HEALING + SOUL HEALING

To heal one's self is to simply look to see what feelings we are refusing to let ourself feel, and accept them instead of denying them. And to fully accept them, one needs to express them, speak about them, let them have their say, rather than pushing them aside, refusing to let them make you feel bad.

Doing this all with the intention of seeking the truth of why you are feeling them, of speaking about and expressing all such feelings; all feelings you have, but ALL WITH the INTENTION of UNCOVERING the TRUTH THEY WANT YOU TO SEE ABOUT YOURSELF. And it's the wanting to see the truth of them that is very important, because if you just look to accept them and speak and express them, but not seek their truth, then that's all you'll be doing, speaking and expressing them, but not healing their causes, so not fixing the things within you that are making you feel bad. And it's the truth part of it, seeking the truth of your feelings, and so, seeking the truth through your feelings, that's vitally important. It's the truth of yourself, life, nature and God, that is the spiritual aspect to it all.

You CAN'T find the truth of yourself, or anything else, through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them. So to do our Soul-Healing consists of these steps, all of which are ongoing until it's done:

- **Admit you are feeling bad.**
- **Accept your bad feelings, identify what they are.**
- **Honour fully your bad feelings by expressing them, speaking about them to someone who is willing to hear you talk about them, or tell them out loud to our Heavenly Parents. Long for the truth of them. Long for the truth of why you feel bad – what deep within you is causing your bad feelings?**
- **And remember, bad feelings are Good! Not bad. They are not to be despised. And as hard as it is to accept them, they are still you, and a very real part of you. And if you persist in denying them and not allowing yourself to fully live them, then you are only going to keep yourself in your errors making things harder for yourself.**
- **All sickness and suffering, all bad things that happen to you, all your problems, all your addictions – your whole feeling-denying and untrue life, is all caused by your denial of bad feelings.**
- **Every problem in the world is brought about because everyone has been brought up to deny feelings, and in particular, most of their bad ones.**

If one is intent on spiritually evolving and growing in truth, then it's vital, and this is the key, that one looks to use one's feelings as the means to gain and have access to the truth of oneself. You CAN'T find the truth of yourself or anything else through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

Doing your Soul-Healing with the Divine Love, is really doing your 'Feeling-Healing'. We are designed — created — to be self-revealing of truth, and so we are all to uncover the truth within ourselves and for ourselves, and all being done by living true to our feelings. **If you accept, express and seek the truth of your feelings, then truth will come to you, and you'll grow spiritually. It's as easy as that. Also it is as easy as it is to long for, ask for and receive Divine Love.**

Feeling bad is Good! It's okay to feel bad.

Feeling bad is good.
 Feeling bad is GOOD!
 It's not bad to feel bad – it's good.
 FEELING BAD IS GOOD!
 Very good!!!

And feeling really bad is also good.
 And feeling worse is even better.
 It's all very good!

It's okay to feel bad.
 Bad feelings are okay.
 It's good to feel bad.
 Bad feelings are GOOD!

It's good to feel bad about feeling bad.
 Your bad feelings are YOUR feelings.
 YOUR bad feelings have a right.
 A right to exist.
 A right for you to feel them.

Your bad feelings are a part of you.
 Bad feelings are good and they are your feelings!
 ACCEPT THEM!

It's okay to feel bad, there is nothing wrong with feeling bad.
 You might not like feeling bad, but it's okay to feel bad.
 You are allowed to feel bad. Give yourself permission to feel bad.
 Bad feelings shouldn't be dismissed.
 Bad feelings already feel unwanted, why make them feel more rejected?
 You are your bad feelings – if you reject them, you are rejecting yourself.
 Why are you rejecting yourself? Why are you rejecting your bad feelings?
 Is this how you want to live – rejecting a natural part of yourself?
 Is this how you want to live, rejecting your bad feelings?

Feeling bad is normal. We all feel bad. We all feel bad a lot of the time, even if we won't admit it, or even if we're not aware of it.

There are many bad feelings, all sorts of different bad feelings, and they are a normal part of

you – of everyday life.
 Bad feelings – your bad feelings – are to be welcomed. Bad feelings are to be wanted. Bad
 feelings are to be accepted.
 Bad feelings are to be loved.

If you ignore or deny or dismiss or reject your bad feelings, what are you really doing?
 Denying, dismissing, rejecting yourself. Is this what you want to do? Because if you do, you'll
 only make yourself feel even worse.

You are your bad feelings – Your bad feelings are you.
 Bad feelings have just as much right to life as good feelings.
 Be true to your bad feelings – acknowledge, honour and accept them!
 Accept your feelings.
 Accept yourself.

So Remember:

Feeling bad is Good! Accept your bad feelings.

The full acceptance of your bad feelings, and the seeing of the truth they are trying to show you, comes from having expressed – spoken – about them. And speaking about them to someone who cares about you: a friend.

As you vent your feelings, the pent up ‘bad’ energy goes, often leaving you with the understanding of what they are all about: why you are feeling them. And once you understand and know this truth, then you are healed and free of them.

As young children we were all stopped from freely and fully expressing all our bad feelings. Things were done to us, we were forced to behave in ways we didn't want to, all of which made us feel bad. But we couldn't complain about how unjustly we were being treated. We tried, but often only to be met with harsher rejection treatment.

As adults we still have all this bad treatment going on within us. We formed patterns when we were young based around all the negative unloving parenting we had. And now being unconscious of these patterns we still (also unconsciously) expect bad things to happen to us to make us feel bad – and to feel just as bad as we did back then. And so bad things do happen. And we do feel bad.

So as an adult, we are experiencing life in the moment now as the adult, together with all we felt back when we were young, only we are unaware of it. Something will make us feel bad, and on the surface of it we might know why we are feeling bad, yet underneath, deeper within us, it will key into and trigger repressed bad feelings making us feel even worse in the situation than we might have otherwise felt.

So in doing our Feeling-Healing: healing our repressed childhood bad feelings through the feeling-

experiences of our current adult life, we need to use every bad feeling to help take us back 'down' inside ourselves, to connect with what made us feel the same bad feeling when we were young.

We are our bad feelings, and like them, WE ARE STILL WAITING TO BE HEARD.

The honouring, accepting and expressing of our bad feelings is our attempt to speak up and finally be listened to: to be accepted and loved – not rejected. And as an adult we can now do this, whereas a child we could not.

And so if you no longer want to feel bad then through complete self-acceptance is the ONLY way to heal yourself – allowing yourself to feel as bad as you do feel. If you don't feel good about anything in your life or about anything to do with yourself – if you have one bad feeling at all, that feeling or bad thing will somehow be connected all the way through you to your early childhood. And so simply, if you feel bad about anything, if you are sick or don't like any aspect of yourself or your life, it's all because of how you were treated during your early childhood, and it's still going on deep within you. Your childhood has ended but the resulting mental and will patterns that dictate to a high degree your emotional and feeling state are all still in existence, still unconsciously controlling you. And because you are denying yourself the knowledge of these patterns, so too are you denying yourself the resulting feelings from them – all your bad feelings.

When you see the truth, the whole truth of your negative self-denial state, then with your will you can stop living in rebellion against yourself and choose to live positively. And in that choice you are healed.

The aim of Feeling-Healing

The real aim of doing your feeling-healing is to perfect your relationship with yourself, with others, with nature, and in the end, with God.

Until we are living true to all our feelings and living wanting to grow in truth from our feeling experiences, we can't live a perfect relationship. If we live denying any part of our self we can't have true relationships.

Until we accept all of those parts of us we're denying, and understand why and how our denial came about, we can't live as our soul desires us to, as we have been created to live.

And when we do honour all our feelings and live the truth revealed by them, then naturally without any effort or mind control we'll just be perfect.

Many people try to seek God, try to understand the Greatest of all Mysteries before they try to understand themselves. We will never be able to understand or relate properly to God until we can understand and relate properly to ourselves. We come first. We have to learn how to fully honour and totally accept ourselves and then we can move out into the world and greater universe.

We are to be true to our soul (by living true to our feelings).

To want to live true; true to how you feel, is to want to be perfect.
And your feelings are the way.

Prayers to our Mother and Father

From 'Religion of Feelings' by James Moncrief

Please Mother and Father help me accept my untrue state and bring up all my repressed feelings so I can see the full truth of why I feel so unloved and all that's wrong with me.

Please Mother and Father help me see the truth of myself through my feelings.

Please my beloved Heavenly Parents, fill my soul with Your Divine Love. I long for Your Divine Love; please answer my prayer and yearning to be at-one with You and do Your Will by living true to myself and all my feelings. Please fill my heart and soul with Your Divine Love – please make my soul like Yours – Divine.

Please Mother and Father, I want to uncover the whole truth of myself through my feelings. I want to be able to feel and accept just how bad I am, how bad I feel I am, how bad I've been in my life. I want to know the whole ugly truth of myself, see it and feel it and understand how I came to be it. Please reveal to me through my feelings all the truth of myself You want me to see. I want to be as You want me to be; I want to be true and perfect, Healed of all my rebelliousness and self- and feeling-denial; I want to be good, loving, true and happy, please help me become true to myself, true to my soul, true to You.

Please Mother and Father help me, I'm in such bad pain, I feel so alone, so miserable, so scared, what's going to become of me, I don't understand, what's the point of me, why have You made me; please help me see the truth of myself – all the truths of myself, nature, how to be in the world, of You both. I want to know, I want to know it all through my feelings, all that there is to see, the whole truth and nothing but the truth. Please help all my pain come to the surface of me so I can embrace and accept and express it out of me. I want to use my feelings to uncover the truth they are to show me; please help me to do that.

Please Mother and Father love me. I want You to love me. I want to feel fully loved by You. I don't want anything else, only to be with You. Please, that is all I am asking.

Please make me feel how unloving I am. Please show me the horrible truth that I am. I want to see and feel and understand the worst of me, please take me into my darkest scariest ugliest unwanted rejected places within myself. I don't want to feel all the dreadful pain that I know is there locked away inside me, yet I do also want it all to come up and out of me, and I want to use it to see the truth of my wrongness, the truth of how evil I am, the truth of my fucked up state. I no longer want to be false, pretending I am okay, using my mind to make me falsely believe I am good, happy, loved and loving, when I know I'm not. For how can I be when You've brought me into my unloving state, making me be of it. And as You want me to experience being this negative way, please show me the whole truth of it. I no longer want to deny any part of myself, or any of my bad feelings. I want them all to come up so I can express them, emoting their pain, feeling how bad You've made me feel all my life and all through my early life; I want to see why, and so reveal all the truth to myself. I want to be the living truth of myself, living true to my feelings and the truth they give rise to. Please help me to do my Healing, and please fill my soul with Your Divine Love.

The mind way is the 'dead' way; the feelings way is the 'alive' way.

Examples of some prayers to God:

From 'Feeling Healing' by James Moncrief

Please God show me the truth of myself through my feelings.

Please help me see the truth about myself You want me to see.

And please help me feel all my repressed pain; please bring up all my bad feelings so I can express them and see what it is they are to show me about myself, my life, and You.

And please help me work through my blocks, I want to Heal myself, I want to become true to myself and true to my feelings and true to You – please help me do that.

Heavenly Mother and Father, I feel so bad, and I know I'm doing it to myself, but I can't help it. I can't stop my compulsive addictions, so will you please bring up the buried feelings in me and show me the reasons why I can't stop. Please! I want to know – I REALLY WANT TO KNOW why I do them. Please help me Mother and Father to uncover the truth of myself. Please, I beg you, please, please, please show me the truth of them so I can give them up. I hate feeling bad, yet I know I must so I can keep expressing my bad feelings to see the truth You want me to see, so please help me feel bad.

Please Mother and Father fill my heart and soul with Your Divine Love. Please give me Your Love. Please love me and make me feel loved by You. I want to feel You close to me, I want You to hold me, make me feel loved by You. I only want You and to do Your Will. Please help me bring up all my repressed feelings so I can express them and uncover their truth. Please help me do my Healing. Please give me Your Love.

I hate you Mother and Father; why have You given me such a shit awful life? I hate myself, I hate You, I hate everything about my life. I feel so bad all the time. I've expressed so many bad feelings and still I feel bad. It's not fair, it's not fair what You've done to me. I hate You! And I want You to help me Heal myself, so I can stop feeling bad. You put me in the shit for whatever reasons, and I want You now to help me get out of it and show me what it's all been about. Please help me to Heal myself so I no longer hate You.

I long for Your Divine Love Mother and Father. Please fill my soul with it. And please help me uncover the truth of myself through my feelings. I want to see it all! And please make it all end, I'm so tired of always feeling so bad, please take all my bad feelings away by making me feel them and showing me the truth I am to see.

LOVE
is
Feelings First Spirituality, The New Way

Feelings First Spirituality, The New Way is a contemporary ‘religion’ based on living true to yourself through your feelings. Understanding that all you need in life is contained within your soul and is shown to you through your feelings. And by loving your feelings, by attending to them properly (talking or writing them out of you) and not denying them, you can use them to uncover the truth of yourself – the truth of your soul.

Feelings First Spirituality is not a formalised religion that tells you how to be, that is too controlling and is actually bad for you, limiting your spiritual growth. You can be wholly self-revealing of the truths you need to be, being the person God created you to be, all by living true to your feelings.

Feelings First Spirituality has no formal structure because we understand we don't need one, our soul contains within it all the truth of our spiritual ascent. If we look to our feelings for the truth they want us to see about ourselves, nature and God, then what more do we need! Our true spiritual path is the path our feelings will lead us down, that is, provided we allow them to. This is the most spiritual we can be.

Living the New Way of Feelings First Spirituality

You come to the understanding from your life experiences that how you are is not right, it doesn't make you feel good – that you are wrong in some way. And you want to change yourself, you want to become right, true and perfect – you want to be like God is.

And to do this you need to do your Healing

Your Feeling-Healing is looking to your feelings for the truth of yourself, the truth being hidden in many of the feelings you are not wanting to face in life. So you have to end your feeling denial, accepting all your bad feelings (and good ones), express them (yet not necessarily acting upon them), whilst longing to uncover the truth they are to show you.

Or, you can do your Soul-Healing, which is your Feeling-Healing together with including longing directly to God for God's Divine Love. When you receive the Divine Love into your soul, it will cause your soul to become divine, and it will deepen your personal relationship with God. Long with all your heart to God for God's Divine Love.

<http://religionoffeelings.weebly.com/>

Feelings First Spirituality **The New Way**

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

FEEL *for* TRUTH

The beauty of it all, is the truth comes to you through your own feelings. You don't need to be told it by anyone. You can work it all out for yourself. We are self-revealing of truth, it's how God created us to be, and by being it we'll feel the happiest we can feel. Truth is our great comforter, so when you feel it come up within you, ah it feels so good and you feel just right – perfect!

We know only how to deny feelings, now we can get to know how to accept them. And always with the truth being the most important part.

FEELING TRUTH

If you don't want to uncover the truth of your feelings, then you can keep on expressing them forever but you will never fully heal yourself. Seeing the truth results in the Healing. And to see the truth you need to express all the pain out of you. The two things go hand in hand.

You can accept and express your bad feelings, letting off steam all day long, yet nothing will heal and nothing much will come of it. So this is where wanting your feelings to show you the truth of why you're feeling as you are is so important.

Don't go fishing with your mind, that will shut the truth out from rising up for you. **KEEP YOUR MIND OUT OF IT.** It's a feeling thing, doing your Feeling-Healing. (This is where we erred previously, and this how other modalities are in error.)



You long when you can, then stop longing and keep expressing. And at some point, and it might not even happen immediately, it might happen after days or weeks of expressing the same bad feelings, truth will come to you. And it does, it just comes up suddenly into your consciousness. You just know. You see the picture and you feel it's true. And you know it's true. And THEN your mind can come in and start sorting it out and putting in context.

It's the Truth that we are seeking. It's the End Point. The Reason for doing your Healing. You are to see the whole Truth of yourself. And to begin with, that's the whole truth of your unloving self, of your wrongness, of your evilness, of why you are as you are in your negative unloving mind-controlling state. To be able to fully accept yourself as you are, warts and all. To not fight or resist or try and change yourself, just to accept all you feel and all the truth of all those bad feelings you feel about yourself. And when you do, so you will be healed. You CAN'T heal yourself unless you uncover the truth of your pain, suffering and so the truth of all your bad feelings.

Through our Feeling-Healing we long for the truth of what we're feeling whenever we can. So as often as you can. You want, and REALLY WANT WITH ALL YOUR BEING, ALL YOUR WILL, to know why you are feeling bad. You yearn, want, long and beg and beg and BEG God to show you the truth of yourself through your feelings. So when you are expressing your bad feelings you can stop and long for the truth to show you what's going on, why do you feel so bad, and you can do it any time you think of it or feel to do it.

Notes from 'Feeling Healing' by James Moncrief

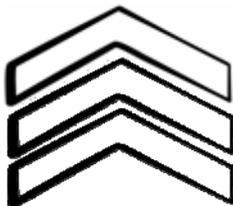
Heartfelt TRUTH

The CHOICE is OURS to MAKE:

Celestial Truth:

Truly all-loving;
 Living true to oneself;
 Mind supporting Feelings;
 Living with the Divine Love;

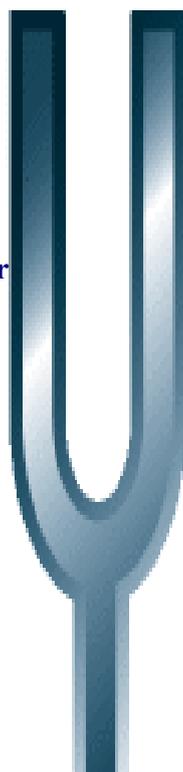
Fully Healed of the Rebellion and Default.



THE FEELING WAY

Feeling – Ascendance
 Unlimited progression

- Living true to your untruth;
- Honouring all your bad feelings;
- Expressing feelings to uncover their truth;
- Healing the Rebellion and Default within yourself;
- Feeling unloved; being unloving;
- Feeling as bad as you can feel;
- Feeling like you are no one special;
- Longing for the Divine Love.



THE MIND WAY

Mind – Transcendence
 Limited progression

- Enlightenment, Nirvana, feeling all-loving;
- All false, mind-contrived. Anti-truth, anti-love;
- Still evolving the Rebellion and Default within yourself;
- Feeling and believing you are the Superior One;
- Living with your mind in control of your feelings;
- Living rejecting all your bad feelings;
- Living with your mind contriving you feel loved;
- Rejecting the Divine Love.



All religions, New Age, agnostic,
 atheists, no spiritual interest,
 Living the Rebellion and Default.

Hell:
 Exploiting the Rebellion and Default.

The Feelings are the doer; the Mind the teller. So we are to go with our feelings, which we can't be told to do with our mind. So the longing for the Divine Love, doing our Healing by expressing our feelings and longing for their truth, are all feelings and doing it with longing. Whereas the mind just wants to tell us what to do and how to be, no feelings in it, all how our parents have treated us.

REVELATIONS



Revelation 1: Our soul becomes encrusted with harmful ways of life, plus negative and erroneous beliefs, these mainly stem from our childhood upbringing and environment. Thus we live untrue to ourselves, we become 'evil'. Whilst we hold to these injuries we limit the amount of Love that we can receive into our soul. To open our soul to the Love we must firstly and progressively feel into our emotional injuries and allow them to be released. Until we emotionally experience past errors and injuries we hold onto them.



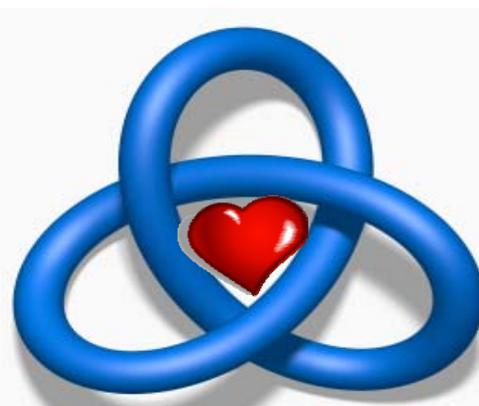
To free our soul of damage and toxic emotions we must open ourselves to experiencing them. This is a progressive, slow and uncomfortable cleansing process that we must all experience. Only by addressing the generational injuries will we, as humanity, evolve in love.



To fully divest one's self of our badness, we have to 'go into' our feelings. Call this process of clearing toxic emotions as 'Letting Go', 'Emotional Processing', 'Journey Process' or 'Feeling Healing'. Embracing Divine Love then Feeling Healing becomes Soul Healing.

As part of our Feeling-Healing we will have to work our way into all our feelings to see if indeed they are coming truly from our heart and soul, or if they are being heavily influenced by our mind. And this will then lead us into questioning and uncovering the truth, if there is any, to our beliefs and why we behave the way we do; and is such behaviour based on truth, or is it based once again on untruth, belief, and rules of our mind.

Revelation 2: We can long for, ask for and receive the Mother and Father's Divine Love. The greater our soul is free of error and injury, the more of the Divine Love can be received and assimilated into our natural love formed soul. The Love does not free us of injury, however, it strengthens our resolve to continue on our journey to be free of error and injury, to step away from evil aspects that have been encapsulated within our humanness and soul. It is this Love, the Divine Love, that brings about immortality of our soul and it is this Love that will eventually fit us to enter the Celestial Heavens and progress for ever more onwards to Paradise. These two revelations free us from error and enable us to grow in love ever more.



Immortality with the Love.

Steps UP!

Quantum Jump 1



REVELATION 1
James Padgett 1914 – 1923

James Padgett bravely introduced the availability of the Mother and Father’s Divine Love and a great deal of additional guidance and information, all of which has been supplemented by Samuels, Judas, Reid and Arnold. All writers were under restrictions of personality and circumstances. Revelation 1 opened the door for humanity.

Quantum Jump 2

REVELATION 2
Marion and James Moncrief 2002
– ongoing

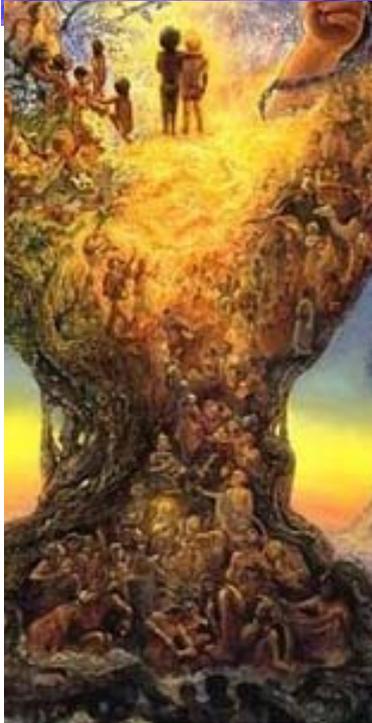
Marion and James Moncrief have recognised the need for one to engage in Feeling Healing and, by their actions, removed restrictions that James Padgett and others above endured, thus JM is able to critique the writings of the past 100 years resolving points of confusion as well as expand on what has been written. Revelation 2 is humanity’s turning point.

Due to the extra-ordinary nature of Revelations 1 and 2, humanity with the first Revelation would have continued on into its negative pathway of living, however, combining the first Revelation with Revelation two, now humanity can embrace this turning point and commence its evolutionary growth that has required two thousand years to put in place. This is the greatest event in the history of humanity and very few are aware of such, until we enable others to become aware.



Negative Spirit Influence blocked
22 March 2017
Law of Compensation quickening
22 May 2017
Rebellion and Default officially ended
31 January 2018





Kingdom of God

Spheres 8 to infinity.

Celestial heavens and where you become an angel, all one with God. Immortality is achieved upon receiving Divine Love which subsequently enables entry to the Celestial Heavens, then the Eternal Spheres, and then the Spheres of Paradise.

Sphere of Transition:

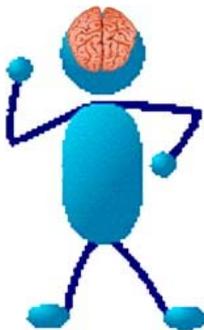
Sphere 7 in your progression is the sphere in which you progress from the Kingdom of Man – mortality, to the Kingdom of God – immortality. On becoming at one with God you are reborn, the rebirth, to progress into the Celestial Realms, namely the 8th Sphere, and then on upwards on the Divine Love path.

Kingdom of Man

Spheres 1 – 6

Sphere 6 is the highest progression that can be achieved on the natural love path.

This is not the domain of angels. Sphere 1 is the Earth plane where all souls arrive upon shedding the material body.



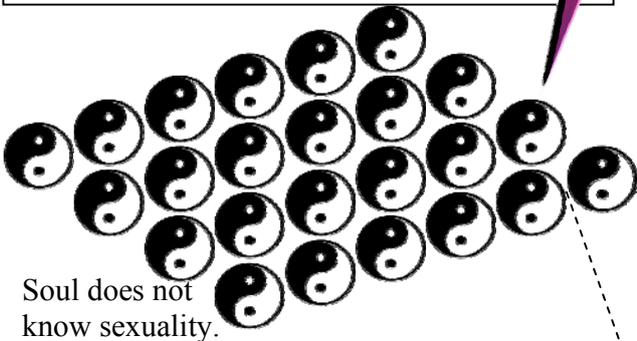
The kingdom of God is in his heart, God’s divine truth reaching his soul transforming him

The kingdom of man is in his head, what he believes, is his own truth.

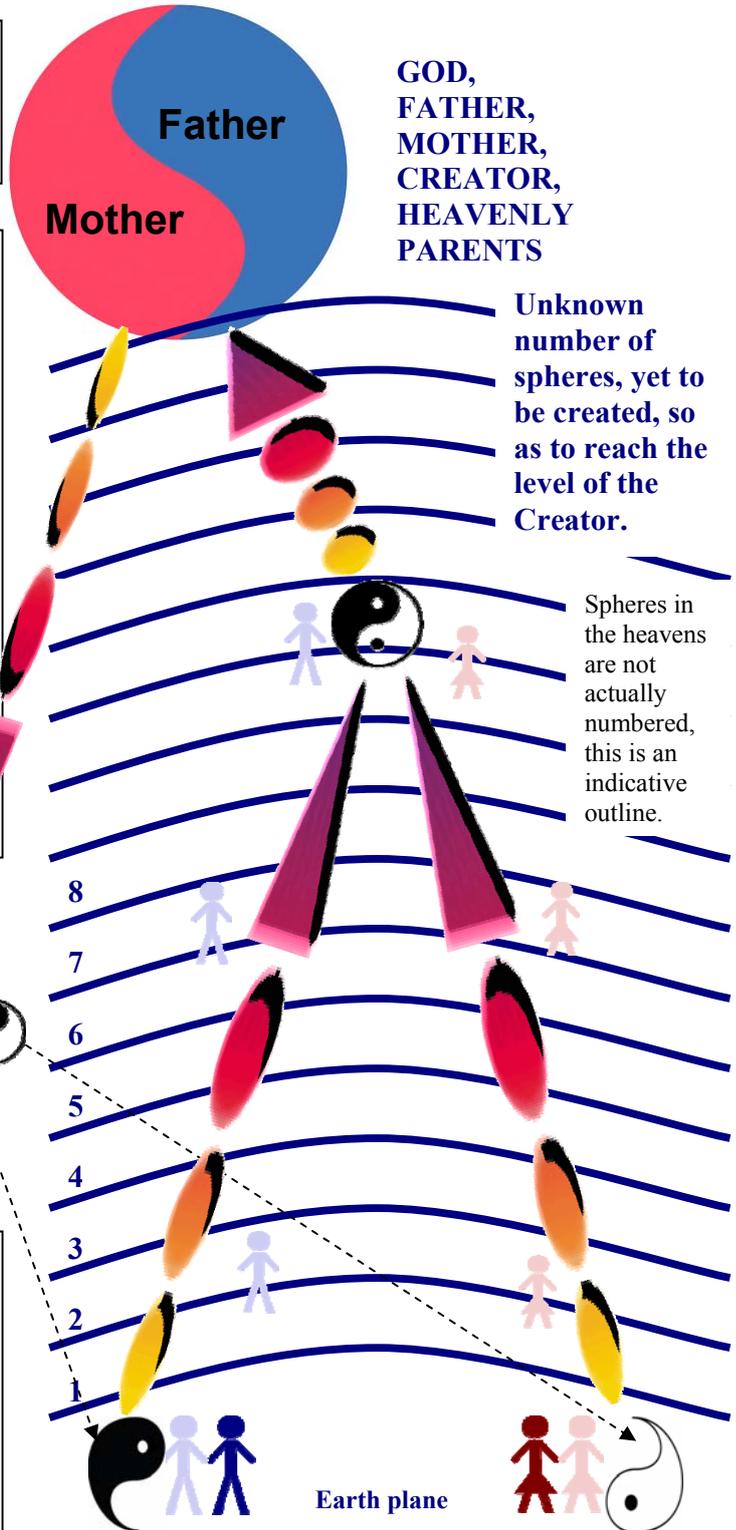


OUR JOURNEY of GROWTH in LOVE
 All we need do is to ask for God's Divine Love – it is that simple.
 Ask directly, no intermediaries needed.

Souls, being thoughts of God, are ready for incarnation in their billions. These souls are at the level of the 6th sphere in a natural love state, however, they are not within the 6th sphere perse. These souls are not self aware. Prior to incarnation, they do not express free will. There is nothing of the Divine within the soul. They have an instinct to incarnate. Incarnation of the two soul halves, male and female aspects, typically occurs within a 5 or 6 year time frame, however the timing may be 20 to 60 years apart. To become conscious of self, you must incarnate. This is the individualisation process.



The soul half that incarnates is the one most suitable for the characteristics and character of the attracting parents. Upon incarnation, one's soul condition adjusts to reflect the soul conditions of those around it, typically reflecting closely the soul conditions of one's parents. Upon completion of individualisation process, that is incarnation which may be only a short experience in the mother's womb, we never need return to the physical state. To be able to return to our Heavenly Parents, we need to use our free will and ask for Their Divine Love.



EMOTION HOUSE CLEANING:

We are emotional beings, a mixture of loving emotions and unloving toxic emotions.

Toxic blocked emotions such as shame, guilt, apathy, grief, fear, unloving desires, anger, and pride, are ultimately physically very damaging. Should these issues not be released they can also assign us to the hells. You can envisage these as being within your untidy basement, each tread in the stairs being one of these emotions.

Praying for God's Divine Love and embracing Feeling Healing will commence to tidy up your basement and bring you into a higher soul condition as well as better physical health.

Continue on with your Feeling Healing and the addressing of your emotional issues while always asking for and receiving Divine Love. This will bring brilliance and lustre to your first floor of your dwelling, now that the basement is clear.

It is far easier to progress up these stairs with the aid of receiving more and more Divine Love than try on your own.

As you grow in love and pass beyond the 1st sphere (floor) into the 2nd sphere (floor) you enter the realms of love, you no longer are dominated by fear. Few achieve this beauty and cleanliness.

Should you progress above the 2nd sphere by continually asking for and receiving Divine Love, then your negative emotional issues are now diminishing. Now being in the 3rd sphere, you are progressing towards the Celestial Heavens. Your home is now one of increasing beauty.

Map of
Consciousness
(MoC) Scale

780
3rd sphere

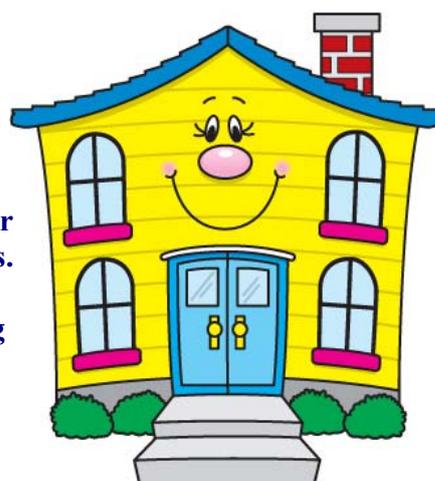
650
2nd sphere

500
1st sphere
upper Earth
planes

fear dominates

200
1st sphere
Earth planes
being the hells

0



SOUL CONDITION / CONSCIOUSNESS sets the pattern of our HEALTH:

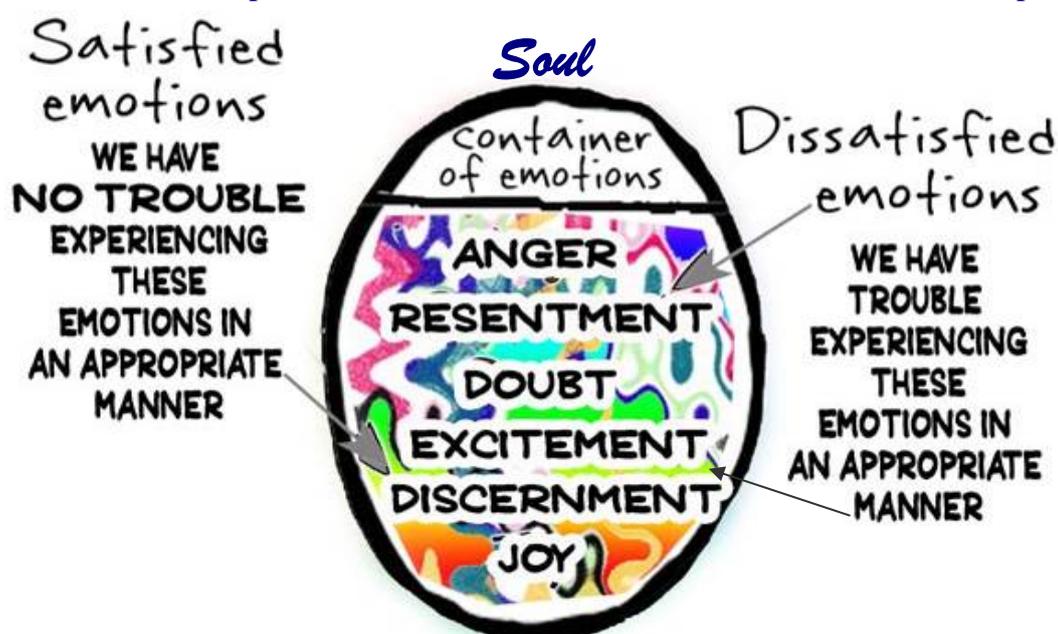
One's soul condition is a predictor of one's life expectancy.

The emotional injuries and errors we harbour are a precursor to related illness episodes.
That is, specific emotional errors are the originators of specific health issues.

Thus, the lower one's soul condition then so is one's life expectancy lower.

MoC	No. of Countries	Average MoC	Average Life Expectancy	Human Development Index	Happiness Index	Education Index	Per Capita Income 2020
400s	10	406	78.50	0.939	6.8	.861	US\$54,010
300s	13	331	71.77	0.798	5.9	.684	US\$17,827
200s	10	232	69.45	0.759	5.8	.648	US\$16,972
High 100s	18	176	69.00	0.724	5.2	.639	US\$9,900
Low 100s	7	129	61.88	0.653	4.7	.567	US\$2,628
Below 100	11	66	52.73	0.564	4.2	.488	US\$2,658
WORLD		220	70				US\$10,900

Dissatisfied emotions, being emotional errors and injuries, harboured within one's soul, is the damage that permeates through to our spirit body which is the template for our physical body. Eventually, these injuries can and frequently emerge as physical issues within our physical body, such issues arise as pains and then as an illness. Release the emotion and the pain goes.



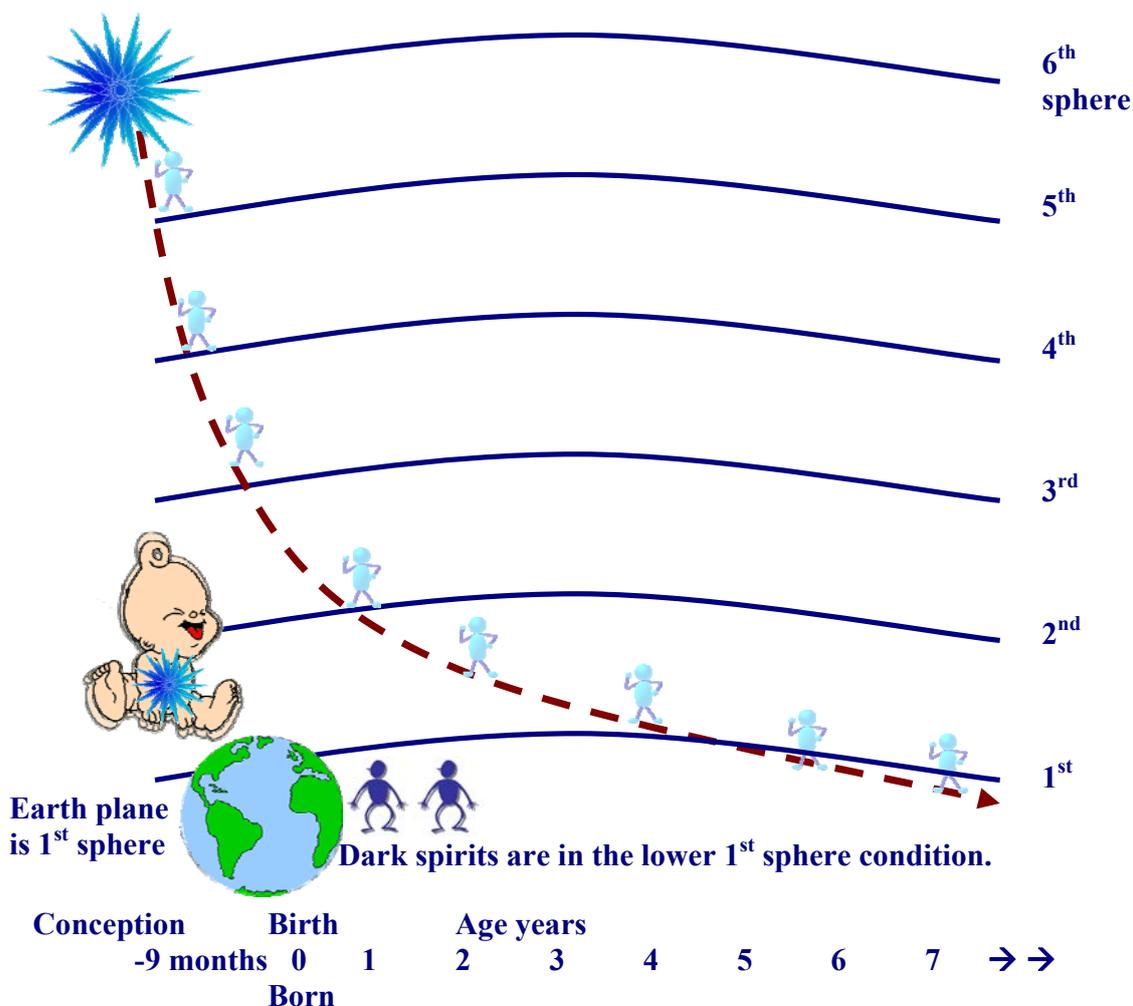
SPIRITS and NEW BABIES:

A newly incarnated soul is immediately being infused with the emotional injuries of those in its environment, that is, the damaging emotions and erroneous beliefs of its mother, its father and of those within its family environment.

This process continues until the child reaches around the age of seven, then it tends to develop its own way from then on, however, closely aligning itself with a parent or both parents.

Poor condition spirits may have previously connect with a young child should the environment be conducive for such a relationship. However, on 22 March 2017, all such spirit connections became blocked. A spirit cannot harm another personality.

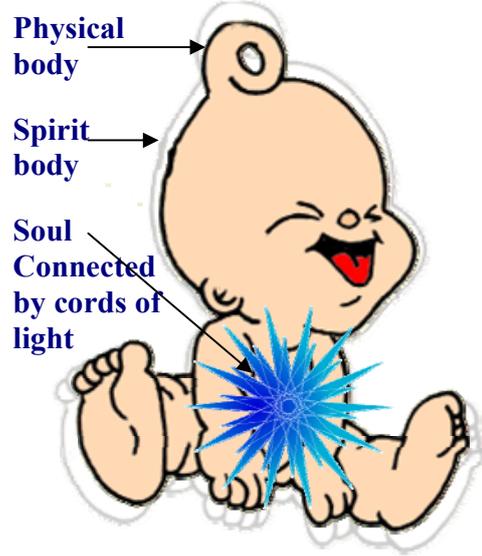
We, as parents, can work on our own soul condition, through feeling healing, which in turn benefits the baby. We can also ask dark spirits to seek help from brighter spirits within their environment.



Feelings first

A newly individualising soul is just a tiny invisible spark.

The soul nests inside of the spirit body, never to be separated.



The life force for the spirit body and the physical body is via the soul. The spirit body is connected to the soul via cords of light, and in turn, the physical body is connected to the spirit body via cords of light. Should the light cords between the spirit body and the physical body be disconnected then the physical / material body dies. The physical body is our starting point for learning and experiencing our being. Our learning and growth experience then continues through the existence of the spirit body.

OVERVIEW:

Consider this, the number of people who have left the planet over the aeons of time, those people being homo sapien sapiens who have existed on planet Earth over the last 200,000 years, such beings could all fit inside one of our modern day nations with plenty of room for many more, then you are realising that not many people / souls have left.

To leave the environment of planet Earth and escape the magnetic field of Earth, ones energy / consciousness level has to have reached 500 or exceeded that as per the calibration by the Map of Consciousness. At 500 one progresses from the Earth sphere / 1st sphere to the 2nd sphere spirit world.

As of 2006, there were currently twelve people on the planet who calibrate at 600 or over with only nine at or above 700 (Dr David Hawkins).

Those who reach these levels of consciousness frequently elect to return, in spirit, to help humanity progress.

Subsequent generations of humanity have initially regressed in consciousness from their original level, however, humanity has been ever so slowly progressing towards love and have now reached a level from which progress is assured. We cannot reincarnate into a lower species and never have. In fact we cannot and do not reincarnate. Our physical life is the individuation of our soul.

Correlation of Levels of Consciousness and the Rate of Happiness		
Level	Log	Percent
Enlightenment (emerging)	700 – 1,000	100
Peace	600	100
Joy	540	99
Unconditional Love	540	96
Love	500	89
Reason	400	79
Acceptance	350	71
Willingness	310	68
Neutrality	250	60
Courage	200	55
Pride	175	22
Anger	150	12
Desire	125	10
Fear	100	10
Grief	75	9
Apathy, hatred	50	5
Guilt	30	4
Shame	20	1

Currently, we are blessed with the presence of teachers who are providing us with a road map to recognise and follow what is available for each of us to greatly enhance our energy and accordingly grow the quality of life for ourselves and all those who are around us irrespective of contact or not. A positive energy field radiates for all humanity – Divine Love, the Love which our Heavenly Mother and Father freely gives us should we so ask for it. The process of Feeling Healing with Divine Love is our pathway to Heaven.

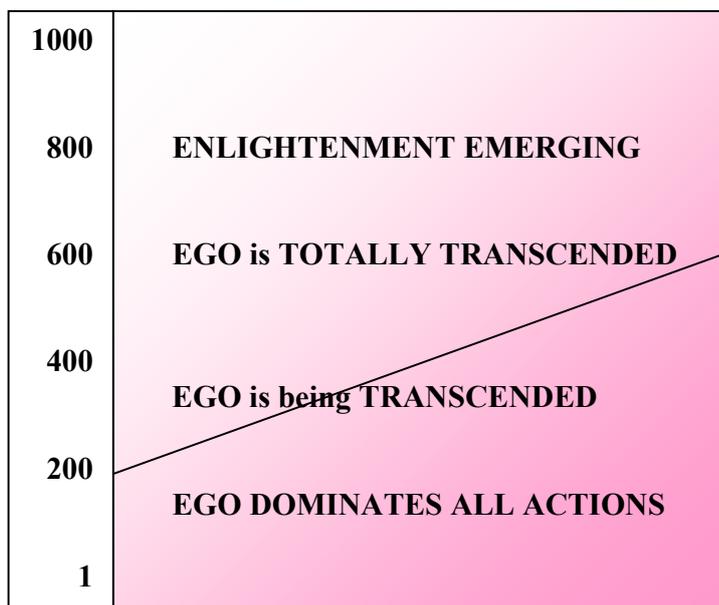
When one considers that the energy / consciousness level that we exist at directly reflects that quality of one's health as well as the quality of one's life then it becomes the centre of focus. Thus our quality of future life is directly related to our level of achieved consciousness during our physical life experience.

The energy / consciousness level that we are at when we leave our current human bio-suite is the energy level at which we enter the spirit world and this determines our initial spirit world life experience. Thus

the benefits of focusing upon raising one’s consciousness level continues for ever cannot be over emphasised.

It is for these reasons that capital punishment is an error. A person in a much diminished level of consciousness is subsequently re-born, in the spirit world so to speak, with the same propensity to cause harm to others, at the same level of consciousness. Thus, capital punishment denies the person the opportunity to recognise errors and recover as well as pushing the issues of rehabilitation to within the spirit worlds to be dealt with for that particular person.

The time of one’s death is set at precisely the time of one’s birth. The way of death is not, but one’s time of death is set, so that is one more thing you do not need to worry about!



Death: If you are living in the exact moment you are not having a problem. Whack. One’s head is severed or some other critical event occurs. At the instant of death one’s soul and spirit arises and he witnesses his head roll away. No one experiences his own death. It's not possible. At the moment of death, one goes out of body and witnesses what is happening in the phenomenal world but it is not possible to experience your own actual death. The actual death of the body occurs as a result of you, being spirit, leaving one’s body! So the exit from ones human bio-suite is no big issue, maybe inconvenient for others at the time, but you cannot experience the death of your body. Physical death is relatively nothing at all. There is a sudden leaving of the body, and life goes on, re-emerging as another embodiment as a spirit within the 1st sphere of the spirit world which blankets Earth at all times.

Correlation of Levels of Consciousness and Society Problems

Level of Consciousness	Rate of Unemployment	Rate of Poverty	Happiness Rate "Life is OK"	Rate of Criminality
600 +	0%	0.0%	100%	0.0%
500 - 600	0%	0.0%	98%	0.5%
400 - 500	2%	0.5%	79%	2.0%
300 - 400	7%	1.0%	70%	5.0%
200 - 300	8%	1.5%	60%	9.0%
100 - 200	50%	22.0%	15%	50.0%
50 - 100	75%	40.0%	2%	91.0%
< 50	95%	65.0%	0%	98.0%

We as children tend to reflect the calibration of one of our parents. The children in any given family tend to calibrate at the same level as each other and also at the same level as one of the parents. Parents tend to calibrate closely together. It is when parents tend to diverge in their levels of consciousness that they tend

to separate and reform new marriage relationships. Children, on reaching maturity and entering into marriage relationships of their own, then tend to find a new level as a result of their new social structure.

When one considers the global consciousness structure as follows, one sees the enormous need from great avatars both present and past.

Progressively, global consciousness level is rising:

Homo sapiens idelta originated at 85.
 At the time of Buddha it was 90.
 At the time of Christ it was 100.
 For centuries it stayed at 190.
 Then in 1987 it increased to 205.
 In November 2003 it rose to 207.

Consciousness Calibrations Worldwide	
Level of Consciousness	Percentage of population
600 +	1 in millions
540 +	0.4%
500 +	4%
400 +	8%
200 +	22%
200 -	78%
World wide average	212

With the evolutionary jump now occurring with the emergence of homo spiritus, there will be a significant achievable shift in consciousness, firstly with that group and then progressively encapsulating an ever expanding proportion of humanity worldwide.

It is important that advantage of the Roger Banister factor be considered and employed. Roger Banister broke the four minute mile, thought to be impossible, now many routinely do so. There are occasional stumbling blocks, namely impediments that a spiritual aspirant does not comprehend that frustrate many who seek enlightenment and they subsequently become stuck at a given point.

Your ultimate guide is actually the inner Self. The Self is the inner Teacher whose qualities need only be noted and appreciated.

The circumstances of our birth and life are precisely karmically perfect. All that we face and endure – the obstacles, the challenges – serves the evolution of consciousness in which we simultaneously undo the negative consequences of the past and derive advancement for spiritually positive choices. (cal. 998)

This discovery – that we are all passengers on an evolutionary train – recontextualizes life in that all that we suffer, endure, and ultimately transcend serves our individual and collective ultimate goals.

Dr David R Hawkins has documented solutions of the pathway for all to comprehend and benefit from.

Nothing replaces his publications, all of which can be found at Veritas Publishing (www.veritaspub.com).

<http://www.pascashealth.com/index.php/library.html>

Library Download – Pascas Papers

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address. info@pascashealth.com

**INDWELLING SPIRIT, THOUGHT ADJUSTER,
MYSTERY MONITOR (all being the same):**

The external elements, instruments of the Father, do not form attributes of our own soul upon its initial creation by our Heavenly Parents, these are the Spirit of Truth, the Indwelling Spirit, and Divine Love.

The Holy Spirit, conveys Divine Love to your soul should you earnestly and lovingly ask for it. This is the only function of the Holy Spirit – Acting Spirit.

The Indwelling Spirit becomes present when we are around the age of six. This means that the unseen helper of the Father and Mother – the Indwelling Spirit – can always interact with the mortal soul and to be of service so that eventually the leadings from the Spirit may be the catalyst for that soul to seek our Parents.

The Indwelling Spirit reveals intrinsic workings of Father and Mother to your soul.

The Indwelling Spirit functions in much the same way as the Holy Spirit, ask and it will provide support and guidance.



The Indwelling Spirit / Thought Adjuster only works with us on the mind, feeling and psychic levels directly with our personality on conscious and unconscious levels of reality. It is the Divine Minister with hands-on help from our attending angels that do the actual adjusting of our mind circuits – of all our circuits, even the physical if need be.



Spirit of Truth becomes active more so when you connect to the Source Soul and commence receiving Divine Love.

You are a spirit person having a physical experience. Your physical body is encased within your spirit body.

The spirit body only exists because our soul wants it to. In the fullness of love, even all our encrustments and wrongness is not actually bad, they are just the nether side of love.

So evil is literally a state of mind, and once you heal it you even feel love for your wrongness and even no longer hate it – that being full self-acceptance. But you can't contrive these feelings or level of awareness, it has to come of itself and will through the higher levels of your Healing.

QUALITIES of DIVINE TRUTH:

- Divine Truth is infinite, ‘If I connect with God then all this truth can become mine.’ If I understand that God’s truth is infinite, then I will enjoy my Law of Attraction, my Law of Attraction is God’s messenger for me.
- Divine Truth is absolute; of itself, a thing apart, and admits of no variations or modifications.
- Divine Truth is fully harmonious with Divine Love, and love is always in perfect harmony, and without Truth, Love cannot be complete.
- Divine Truth does not and cannot compromise, even for the sake of peace.
- Divine Truth itself, with all the power and knowledge that it has as its foundation, will not compel a man to accept it against his will.
- Divine Truth will never accommodate itself to the beliefs of men, doesn’t conform to men’s belief.
- Divine Truth results in freedom.
- Divine Truth results in a fearless existence. Fear comes from lack of reliance on God.
- Divine Truth does not hurt anyone or anything.
- Divine Truth does not allow the lie, no matter what the price.
- The individual’s knowledge of Divine Truth is eternally progressive.
- Breaking the law of Divine Truth results in penalties.
- Divine Truth is demonstrated by actions.
- Divine Truth is felt, it is emotional.
- Personal “truth” must be faced before Divine Truth can be found.
- Personal “truth” must be eternally progressive.

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Firstly, consider discovering the truth of your emotional pain through Feeling Healing. Secondly, consider longing for our Heavenly Parents’ Love as you progress with your healing. Primary and most important readings are the writings of James Moncrief. Then consider the Padgett Messages, and then The Urantia Book.

Chronic illness indicates a huge denial of the soul.

Illness = out of harmony with love and truth.

It is the release of emotions that are out of harmony with Truth and Love, and the praying for the inflowing of Divine Love that brings about health and harmony to our bodies.

MAP of CONSCIOUSNESS CALIBRATIONS reflect the nature of the TOPIC:

The level of truth of a topic or subject is reflected in the calibration through employing Dr David R Hawkins' Map of Consciousness with kinesiology muscle testing. A publication or movie about manufacturing food would be around 200, whereas meals prepared in a loving home would be around 500. The subject of pornography through to war would be less than 200, whereas natural love topics can readily be over 500 and up into the 800's plus. Material introducing Feeling Healing with Divine Love, by its nature, will range between 1,480 to 1,500 on Dr David R Hawkins' Map of Consciousness (MoC), in its purest form of presentation. This has never been previously achieved.

MAP of CONSCIOUSNESS	MoC	calibrations
God, our Heavenly Mother and Father	Infinity	Location being Isle of Paradise
Celestial Heavens peak	1,500	3 rd Celestial Heaven (10 th spirit Mansion World)
Feeling Healing / Divine Love teachings	1,480 – 1,500	3 rd Celestial Heaven spirit guided
Now at one with Heavenly Parents	1,081	1 st Celestial Heaven entry at Jerusem
Feeling Healing with Divine Love	1,080	7 th Divine Love transitional sphere to Heavens
Natural Love peak	1,000	6 th spirit mansion world peak – can't go further!
Pascas WorldCare (as a platform)	880	5 th spirit Mansion World with Divine Love.
Lamsa Bible (minus the Old Testament and Book of Revelation, but including Genesis, Psalms, and Proverbs)	880	4 th spirit Mansion World equivalent being natural love orientated, the Bible is taking one away from truth – their soul based feelings.
Koran	700	4 th spirit Mansion World equivalent.
Torah	550	First five books of the 24 books of the Tanakh.
Cookies made for Family	520	Made with love (this supports cooking shows).
Enter EITHER natural or divine pathway	500	2 nd natural love OR 3 rd Divine Love spirit world.
Peak of mind total orientation	499	1 st spirit Mansion World peak.
King James Bible (from the Greek)	475	
Roman Catholic Church	450	Church (worldwide) – mind controlled – reason.
Home cooked sea fish + organic salad	410	
Home roasted free range chicken + salad	410	
Wine or Beer	330	(in moderation!)
Roman Catholicism administration	305	As an institution in year 2004.
Tea green	300	
Humanity	212	The population of the world overall.
Vegetarianism	205	
Muesli	205	Above 200 is pro-life – positive.
Food	200	At this level and above food is life enhancing.
Food, Commercial Cat	192 – 202	Below 200 is anti-life – negative.
Food, Commercial Machine-made	188 – 200	Energy dense but nutrition poor.
Black Tea	185	Refining of most foods removes nutrients.
Percolated Coffee / Cappuccino / etc	165	
Corn Flakes	85	
Fish (living in ocean)	20	
Bacteria	1	

ENERGY LEVELS of VARIOUS STATES:

To encounter the energy level of God directly would destroy one's physical existence, if not make one non-functional for years.

The Map of Consciousness (MoC) table is based on the common log of 10. It is not a numeric table.

A calibration increase of 1 point is in fact a 10 fold increase in energy.

A calibration increase of 10 points is in fact a 10,000,000,000 fold increase in energy.

Thus the energy differentials are in fact enormous!

Calibrated Scale of Consciousness: The Enlightened and Divine States

The Supreme Godhead – God Unmanifest	Infinity
God Manifest as Divinity / Creator	Infinity
Archangel	50,000 +
“I” as Essence of Creation	1,250
“I” of Ultimate Reality	1,000 +
Christ, Buddhahood, Krishna, Braham	1,000 +
Avatar	985
God (Self) as Logos	850
Self as Beyond Existence or Nonexistence	840
Teacher of Enlightenment	800
“I” / Self-Divinity as Allness (Beatific, Vision)	750
Sage – Self as God Manifest	700
Self as Existence	680
“I Am”	650
Enlightenment	600
Sainthood	575
Humanity on average (2008)	212.

P.151 I, Reality and Subjectivity by David R Hawkins

The need for scaling down the potency of spiritual energies by way of Transmission Meditation becomes self evident.

**PASCAS
HEALTH**



**PASCAS
PAPERS**

**Feeling
Healing with
Divine Love is
the key!**



Review of Dr. Hawkin's "Map of Consciousness" 18 Major Levels

Level #	Level Name	Emotions	Process	Self-View	God-View
1000	Enlightenment	Ineffable	Pure	Is	Self
700	Consciousness				
	enlightened crown chakra radiance halo				
600	Peace	Bliss	Illumination	Perfect	All-Being
	<i>spontaneous healing</i>				
540	Joy	Serenity	Transfiguration	Complete	One
500	Love	Reverence	Revelation	Benign	Loving
400	Reason	Understanding	Abstraction	Meaningful	Wise
350	Acceptance	Forgiveness	Transcendence	Harmonious	Merciful
310	Willingness	Optimism	Intention	Hopeful	Inspiring
250	Neutrality	Trust	Release	Satisfactory	Enabling
200	Courage	Affirmation	Empowerment	Feasible	Permitting
200	<i>Levels ABOVE 200 Love Truth, Integrity, Support Life</i>		<i>Creative Powers</i>	<i>Lift Up</i>	
199	<i>Levels BELOW 200 false, deception, prey on Life</i>		<i>destructive forces</i>	<i>pull down</i>	
	<i>clever predatory entanglements</i>				
175	Pride	Scorn	Inflation	Demanding	Indifferent
150	Anger	Hate	Aggression	Antagonistic	Vengeful
125	Desire	Craving	Enslavement	Disappointing	Denying
100	Fear	Anxiety	Withdrawal	Frightening	Punitive
75	Grief	Regret	Despondence	Tragic	Disdainful
50	Apathy	Despair	Abdication	Hopeless	Condemning
30	Guilt	Blame	Destruction	Evil	Vindictive
20	Shame	Humiliation	Elimination	Miserable	Despising
1	Bacteria				

POWER is creative, constructive, self-sustaining, permanent, stationary, energizing and invincible.
FORCE is destructive, temporary, draining, depletes energy, and moves from location to location.

Logarithmic Energy Field Increases: 1 = 1; 2 = 10; 3 = 100; 4 = 1,000; 5 = 10,000; 6 = 100,000 ...etc.

All levels below 500 are "objective" and all levels from 500 to 1,000 are "subjective."

Note:

The Map of Consciousness (MoC) table is based on the common log of 10. It is not a numeric table.

A calibration increase of 1 point is in fact a 10 fold increase in energy.

A calibration increase of 10 points is in fact a 10,000,000,000 fold increase in energy.

Thus the energy differentials are in fact enormous!

Blessing your food achieves an increase of 15 points which is in fact a quadrillion (10^{15}) jump in energy.

Levels of consciousness are always mixed: a person may operate on one level at one time and quite another level in another area of life. [In fact, we move in and out of fear, anger, guilt, etc. for either brief or extended periods. When we embrace our feelings, begin living Feelings First, even the levels up through unconditional love at 500 are experienced by most. But it is the percentage of time spent in each level that determines the dominant level in which one lives.]

MoC 20 – Shame: Shamed children are cruel to animals and to each other. Later they are capable of forming vigilante groups to project their shame onto others whom they righteously attack. Serial killers have often acted out of sexual moralism with the justification of punishing "bad women". Shame produces false pride, anger, guilt.

MoC 30 – Guilt: associated with victim hood, masochism, remorse. Unconscious guilt results in disease, accident -proneness, suicidal behaviour. Preoccupation with punishment. Guilt provokes rage. Capital punishment is an example of how killing gratifies a guilt-ridden populace.

MoC 50 – Apathy: State of helplessness / death through passive suicide / level of homeless and derelicts / level of streets of Calcutta, abandonment of hope.

MoC 75 – Grief: Level of sadness, mourning over the past / habitual losers / chronic gamblers / notion of being unable to replace what is lost.

MoC 100 – Fear: Fear runs much of the world [in the enmity fearfulness is dominant emotion of 65% of the world] insecurity, vulnerable / leads to jealousy and chronically high stress level / very contagious / fearful people seek strong leaders.

MoC 125 – Desire: Motivates vast areas of human activity. Desire for money, prestige runs lives of many who have risen above Fear. At this level of addiction / desire for sexual approval has produced an entire cosmetics and fashion industry / accumulation / greed. It is insatiable because it is an ongoing energy field. Satisfaction is impossible / frustration is assured.

MoC 150 – Anger: Leads to either constructive or destructive action. Expressed most often in resentment and revenge. Irritable / explosive / leads to hatred.

MoC 175 – Pride: Has enough energy to run the Marines. Is a great leap forward from lower fields / is socially encouraged. Defensive / vulnerable because dependent upon external conditions. Inflated ego is vulnerable / divisive / arrogance / denial. The whole problem of denial is one of Pride.

MoC 200 – Courage: Where productivity begins / zone of exploration / accomplishment / fortitude / determination / exciting / challenging / openness. All of this is achieved through the leap to truth / the courage to face one's flaws.

MoC 250 – Neutrality: Release from a position or opinion / flexible / non-judgmental / realistic. Not getting one's way is less defeating or frustrating. Beginning of inner confidence. One is not driven to prove anything. Does not lead to any need to control others.

MoC 310 – Willingness: Growth is rapid here. Willingness implies that one has overcome inner resistance to life and is committed to participation. Genuine friendliness/ do not feel demeaned by service jobs. Helpful / high self-esteem / sympathetic / responsive to needs of others / resilient / self-correcting / excellent students / readily trained.

MoC 350 – Acceptance: Major transformation takes place when one recognizes that one is the source of the experience of one's life. A full assumption of responsibility for one's self. Acceptance of life without attempting to conform situations to one's own agenda. Denial is transcended / calm / perceptive / balanced / appropriate. No interest in determining right and wrong. Self discipline / honouring of others rights / inclusive / tolerant.

MoC 400 – Reason: Intelligence/ capable of making rapid, complex decisions and abstractions / level of science / capacity for conceptualization / deals with particulars / level of Nobel Prize winners, Einstein, Freud, etc. but ironically reason is often a block to higher states.

MoC 500 – Love: Love is not what the media professes: emotionality / physical attraction / possessiveness/ sentimentality / control / addiction / eroticism / novelty. When lovers or marriages "break-up", they usually were based on these attitudes rather than love, which is why this kind of "love" can lead to hate. It wasn't love in the first place. Love Deals with wholes. Unconditional love is accompanied by measurable release of endorphins. Love takes no position / permanent. Only 0.04% of population lives out of this level of consciousness.

MoC 540 – Joy: Level of saints / effortless / people with near death experiences often have reached this level of consciousness. Healing occurs. Individual will merges with Divine will.

MoC 600 – Peace: Radiance / suspension in time and space / everything connects to everything else / no preconception. Great works of art, music and architecture, which calibrate between 600 and 700, can transport us temporarily to higher levels of consciousness.

MoC 700 – 1,000 – Enlightenment: Buddha and Krishna. Mary Magdalene and Jesus progressed beyond 1,000 to achieve at-onement with God whilst living on Earth. Enlightenment is a never ending process.



Feelings first

CONSCIOUSNESS vs LIFE EXPECTANCY:

Edgar Cayce's Story of Jesus – Summation P. 373:

“What was the length of life then? Nearly a thousand years. What is your life today? May it not be just as He had given, just as He indicated to those peoples, just as He did to the law-giver, just as He did to David – first from a thousand years to a hundred and twenty, then to eighty? Why? Why? The sin of man is his desire for self-gratification.

“What nations of the Earth today vibrate to those things that they have and are creating in their own land, their own environment? Look to the nations where the span of life has been extended from sixty to eighty-four years.

“What is the spirit of a free nation? Most individuals proudly boast “freedom”. Freedom of what? Those nations who have taken those vows that man shall be free should also take those vows “He shall know the truth and the truth then shall make him free”.

https://en.wikipedia.org/wiki/Education_Index

MoC		Level of Consciousness	Life Expectancy Years	Political Rights & Civil Liberties	Education Index 2013	Per Capita Income 2013 USD
400s	Australia	410	80	free	.927	US\$43,000
	Canada	415	79	free	.850	43,100
	Germany	400	77	free	.884	39,500
	Hawaii	405	80	free	.890	44,000
	Hong Kong	400	80	free	.767	52,700
	Netherlands	405	78	free	.894	41,400
	Singapore	405	80	free	.802	62,400
	South Korea	400	74	free	.865	33,200
	Switzerland	400	80	free	.844	54,800
	United States	421	77	free	.890	52,800
	400s upwards average	406	78.5		.861	\$46,690
300s	Bolivia	300	64	partly free	.674	5,500
	Brazil	300	63	free	.661	12,100
	Central America	355	70	partly free		10,000
	China: People's Republic	300	71	not free	.610	9,800
	Egypt	350	63	not free	.573	6,600
	Europe	355	72	free		34,500
	France	305	78	free	.816	35,700
	Greece	300	78	free	.797	23,600
	India	355	63	free	.473	4,000
	Italy	380	79	free	.790	29,600
	Japan	355	81	free	.808	37,100
	Mexico	300	71	partly free	.638	15,600

	Scandinavia	350	80	free		42,500
	300s – 399 average	331	71.77		.684	\$20,508
200s	Argentina	285	75	free	.783	18,600
	Iceland	255	79	free	.847	40,700
	Indonesia	215	68	partly free	.603	5,100
	Manchuria	200	71	not free	.694	4,000
	Nepal	205	58	partly free	.452	1,300
	New Guinea	202	63	partly free	.376	2,900
	Puerto Rico	250	76	free		16,300
	Russia	200	67	not free	.780	18,100
	Taiwan	295	76	free		39,600
	Tibet	200	60	not free		2,300
	Turkey	245	71	partly free	.652	15,300
	200s – 299 average	232	69.45		.648	\$14,927
High						
100s	Balkans	185	70	partly free		6,000
	Bosnia	180	71	free	.655	8,300
	Burma / Myanmar	155	55	not free	.371	1,700
	Cuba	180	76	not free	.743	10,200
	Iran	190	70	not free	.683	12,800
	Israel	190	79	free	.854	36,200
	Jordan	185	77	not free	.700	6,100
	Kuwait	190	76	partly free	.646	42,100
	Middle East	170	67	not free		6,000
	North Korea	175	71	not free		1,800
	Palestine – West Bank	185	72	not free	.662	2,900
	- Gaza Strip	185	71	not free	.662	2,900
	Saudi Arabia	175	68	not free	.723	31,300
	Sicily	175	78	free		24,000
	South Africa	190	51	free	.695	11,500
	Syria	155	68	not free	.553	5,100
	Turkmenistan	150	61	not free	.679	9,700
	Yemen	160	61	not free	.339	2,500
	150s – 199 average	176	69.00		.639	\$12,283
Low						
100s	Iraq	120	67	not free	.467	7,100
	Lebanon	130	71	partly free	.631	15,800
	Madagascar	125	55	partly free	.458	1,000
	Pakistan	140	61	partly free	.372	3,100

	Ukraine	140	66	partly free	.796	7,400
	Vietnam	140	69	not free	.513	4,000
	Zambia	110	37	partly free	.591	1,800
	100s – 149 average	129	61.88		.567	\$6,560
Below						
100	Afghanistan		46	not free	.365	1,100
	Algeria	90	70	not free	.643	7,500
	Angola	50	38	not free	.474	5,700
	Congo	70	47	not free	.511	400
	Haiti	55	49	partly free	.374	1,300
	Libya	90	75	partly free	.698	11,300
	Nigeria	55	52	partly free	.425	2,800
	Oman	90	72	not free	.603	29,800
	Rwanda	70	39	not free	.478	1,500
	Sudan	70	57	not free	.306	2,600
	Uganda	40	43	partly free	.479	1,400
	Zimbabwe	50	38	not free	.500	600
	Below 100 average	66	52.17		.488	\$5,500
World	Worldwide	212	70			US\$13,100

Freedom in the World 2014 Findings		
Freedom Status	Country Breakdown	Population Breakdown
FREE	88 (45%)	2,826,850,000 (40%)
PARTLY FREE	59 (30%)	1,822,000,000 (25%)
NOT FREE	48 (25%)	2,467,900,000 (35%)
TOTAL	195	7,116,750,000

The Map of Freedom reflects the findings of Freedom in the World 2014, which rates the level of political rights and civil liberties in 195 countries and 14 related and disputed territories during 2013. Based on these ratings, countries are divided into three categories: Free, Partly Free and Not Free.

A Free country is one where there is broad scope for open political competition, a climate of respect for civil liberties, significant independent civic life and independent media. Partly Free countries are characterised by some restrictions on political rights and civil liberties, often in a context of corruption, weak rule of law, ethnic strife, or civil war. A Not Free country is one where basic political rights are absent, and basic civil liberties are widely and systematically denied.

<http://freedomhouse.org/sites/default/files/MapofFreedom2014.pdf>

<https://freedomhouse.org/report/countries-world-freedom-2019>

Worldwide Level of Consciousness based on the Map of Consciousness

see Power vs Force by Dr David R Hawkins

6,000 years ago	72
At the time the Vedas were written	74
At the birth of Buddha	91
prior to the conception of Jesus of Nazareth	101
After the birth of Jesus of Nazareth	147
When Christ was taken from the cross	148
At the Last Supper	150
At the death of the last apostle	182
At the birth of Charlemagne	182
In 827 AD (at the death of Charlemagne)	190
When Abraham Lincoln took office as President	190
Lincoln was shot and killed	193
1944: birth of almost 200 Homo-Spiritus children	194
1987: At the time of the Harmonic Convergence but not necessarily related to it, consciousness of humanity jumped	207
2008: Current observation as we move forward to the apparent evolutionary jump, which will be a slow steady process	212
4000: Towards the end of the Aquarian cycle, the average consciousness of humanity will be within this range	450-470

During the Aquarian cycle of 2,160 years, the vast majority of humanity it is anticipated to progress through the first initiation and many will also complete the second initiation

SOUL DEVELOPMENT LEVELS		
Level 6 – Highly Advanced		few
Level 5 – Advanced		1%
Level 4 – Upper Intermediate		9%
Level 3 – Intermediate		17%
Level 2 – Lower Intermediate	31%	73%
Level 1 – Beginner	42%	

MoC – Consciousness Calibrations Worldwide	
Level of Consciousness	Percentage of population
600 +	1 in millions
540 +	0.4%
500 +	4%
400 +	8%
200 +	22%
200 -	78%
212	World wide average

Note: The Map of Consciousness scale is from 1 to 1,000

The Map of Consciousness (MoC) table is based on the common log of 10. It is not a numeric table.

A calibration increase of 1 point is in fact a 10 fold increase in energy.

A calibration increase of 10 points is in fact a 10,000,000,000 fold increase in energy.

Thus the energy differentials are in fact enormous!

MAP OF CONSCIOUSNESS

Map of Consciousness from Dr David R Hawkins, M.D., Ph.D. "Power vs Force".

Level	Log
ENLIGHTENMENT	700-1000
PEACE	600
JOY	540
LOVE	500
REASON	400
ACCEPTANCE	350
WILLINGNESS	310
NEUTRALITY	250
COURAGE	200
PRIDE	175
ANGER	150
DESIRE	125
FEAR	100
GRIEF	75
APATHY	50
GUILT	30
SHAME	20

PERSONALITY TRAITS:

Less than two dozen people on planet Earth.

Would not pick up a weapon let alone use it. These people gravitate to the health industry and humanitarian programs.

Debate and implement resolutions without argument and delay. 470

Debate and implement resolutions in due course. 440

Debate and implement resolutions with some degree of follow up generally needed. 410

Management supervision is generally necessary.

Politics become the hope for man's salvation.

Cause no harm to others starts to emerge. Power overrides force.

Illness is developed by those man erroneous emotions that calibrate 200 and lower.

Armies around the world function on pride. Force is now dominant, not power.

Harm of others prevails, self-interest prevails.

Totally self-reliant, not God reliant.

Fear dominates all motivation.

Suicide is possible and probable.

At these levels, seriously harming others for even trivial events appears to be justifiable.

Poverty, unemployment, illness, etc., this is living hell on Earth.

Map of Consciousness



Feelings
FIRST

Things are Done
AS Me

Things are Done
THROUGH Me

NO HIGHER GLASS CEILING

Things are Done
BY Me

MIND

Things are Done
TO Me

Truth

Integrity

Falsehood

CLEANSING the SOUL:

Years and years of personal endeavours to step away or above harmful habits and personality traits that are harmful to others and one's self have been mainly futile. We all want to grow in our love for ourself and of others.

Our beautiful loving personality that we are blessed with at conception / incarnation becomes encrusted with errors and personality issues of those around us, particularly during our early childhood. The personality of those living around us, during our early years, becomes encrusted over our pristine soul thus clouding our radiance into dullness. We become mind controlled!

Our Heavenly Parents want what is actually best for each of us and there is a source of light that's willing to give it to each of us, but only at our soul and spirit's quest for union with the divine. Not our ego's need for things.

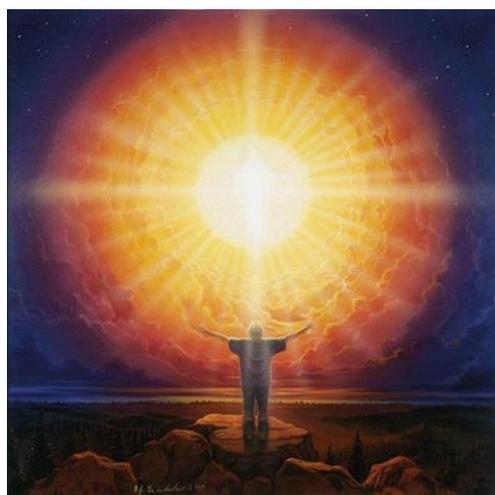
It is only with our Feeling Healing and the infusion of the Love, that the Mother and Father conveys via the Holy Spirit, do we start to dissolve negative issues, habits and personality errors from our soul and personality. Our personality is part of our soul structure.

All we need do is ASK for this Love. An earnest longing and desire for the Mother and Father's love will never be withheld, it will shower over our spirit body, the template of our physical body, and be absorbed into our soul. As the Love permeates through our soul, errors of personality will slowly but surely dissolve.

Over time, as we progress along our path of asking for and receiving this love, the natural love which we were blessed with prior to conception will be progressively transformed into Love that is Divine. This Divine Love will slowly emerge as radiance through our being.

With Feeling Healing and this Love we find harmful habits and personality traits become a distant memory. With this Love, we find ourselves unable to harm others or ourselves. With this Love we find our quality of life blossom and joy starts to emerge in all aspects of our living.

With this Love we become immortal. With this Love we become fitted for the Heavens that the Mother and Father have prepared for us all. Just ask and faith, love, and happiness will follow. Yes, just ask!



Lifting one's community's soul condition and quality of life:

Can man lift himself by his bootstraps? Why not? All he has to do is increase his buoyancy and he will effortlessly rise to a higher state. Force cannot accomplish that feat; power not only, but constantly does. Ask for and receive Divine Love, which is power personified!

The main obstacle to man's development is his lack of knowledge about the nature of consciousness itself. Society constantly expends its efforts to correct effects instead of causes. Example; modern health system endeavours to mask the symptoms rather than treating the cause of illness.

All human endeavours have the common goal of understanding or influencing human experience.

Levels of consciousness are always mixed; a person may operate on one level in a given area of life and on quite another level in another area. An individual's overall level of consciousness is the sum total effect of these various levels.

Although the levels of consciousness span great variation, it is not common for individuals to move from one level to another during their lifetimes. The energy field which is calibrated for an individual at birth (or certainly by their seventh year) only increases, on average, by five (5) points, on the Map of Consciousness, over a lifetime. That an individual's level of consciousness is already in effect at birth is a sobering idea with profound implications. Consciousness itself, in its expression as human civilization, evolves slowly indeed, through innumerable generations.

As a child, we typically will calibrate at the same level as our parents, should they be in harmony with each other. If they are out of harmony then a child may reflect the calibration of one or the other parent. Thus our life experience is heavily influenced by the parents of the family that we are born into.

It has taken humanity 2,000 years to grow from an average calibration of 90 to around 210 currently.

Some family groups have overall calibrations in the high 400's. Other family groups have overall calibrations around 100. The life expectancy differential for them is around 20 years! These comparisons can be considered between villages, suburbs, cities, states, countries, etc. Our parents determine the probability of our life experience should we not lift ourselves up by our bootstraps and investigate, and seek to improve our emotional condition being our soul condition.

A one point growth in our calibration is a 10 fold jump in our condition. The calibrations are based on the common log of 10. Thus, any improvement is massive in progressing the potential for our life experience.

We are a personality having a physical experience in a physical body that has heritage linkages, such as Indigenous or European or Australian, etc. It is our soul condition and personality that we need to focus upon, not our heritage.



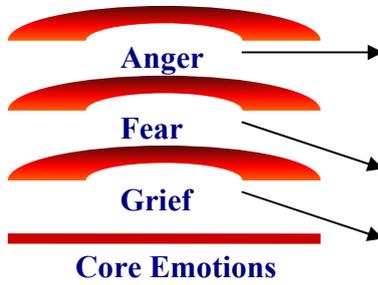
Like Father – Like Son

MAP OF CONSCIOUSNESS

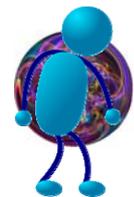
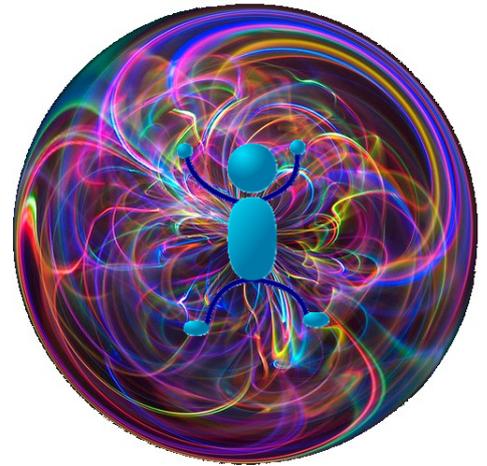
Map of Consciousness represents the emotional and spiritual fields within the kingdom of man which is Spheres 1 – 6.

Consciousness is soul condition, as one's soul condition improves, it expands in size as it grows in love.

The scale is exponential, grows at a factor of 10.



Anger covers over Fear which covers over Grief, these three emotions are the predominant capping emotions.

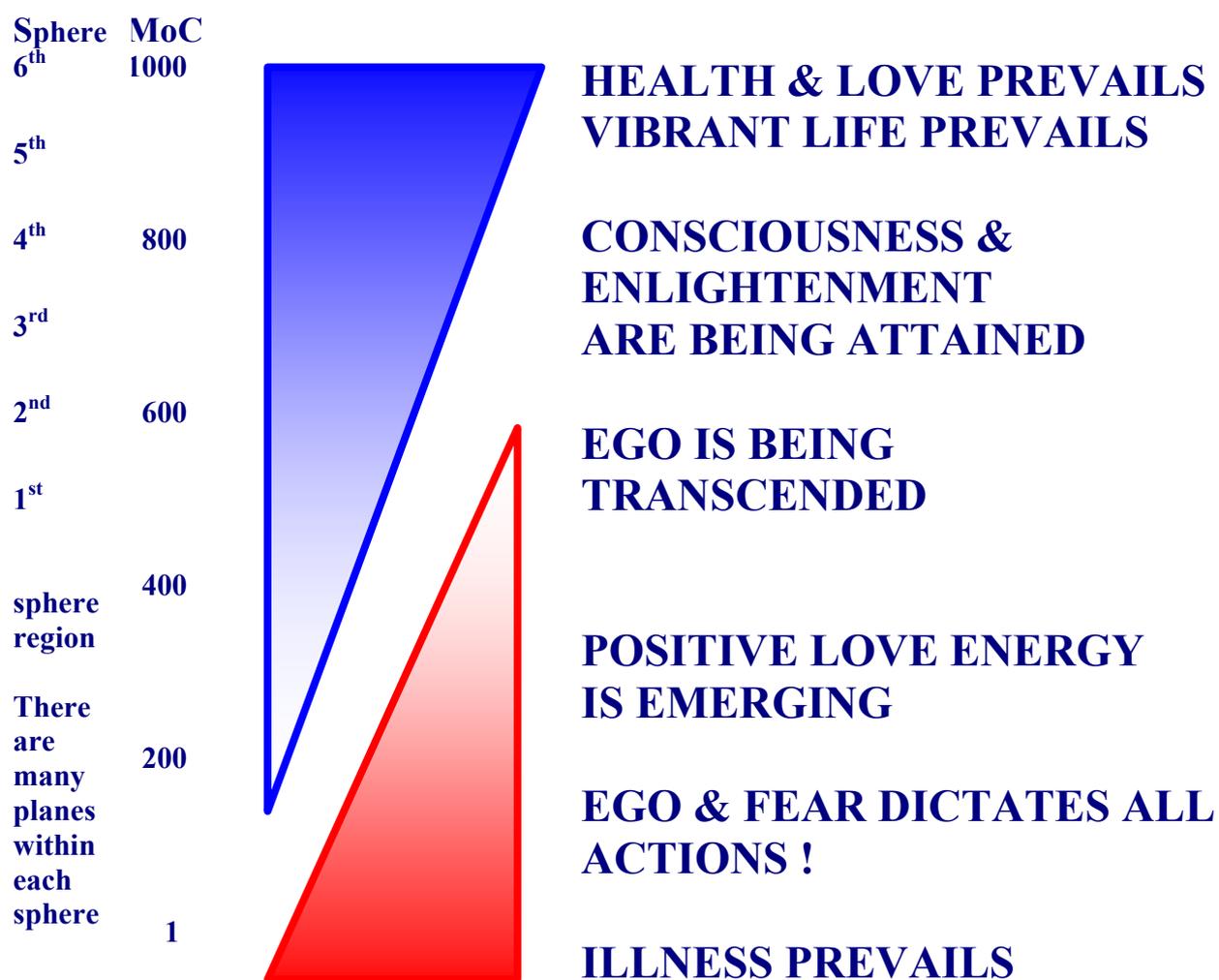


By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

Feelings first

“All dis-ease is mind generated, and all healing is generated by the love energy of one’s soul.”

The Ego (mind based) manifests illness; the lower one’s level of consciousness (soul condition) then the more prevalent will be illness. Below the levels of 200, the ego and fear of the mind dominate; however, as you raise your level of consciousness by growing in love and achieve a level of 500 or higher, you begin to transcend ego dominance. At the level of 600, all healing is possible.



Firstly, consider discovering the truth of your emotional pain through Feeling Healing. Secondly, consider longing for our Heavenly Parents’ Love as you progress with your healing. Primary and most important readings are the writings of James Moncrief. Then consider the Padgett Messages, and then The Urantia Book.

CREATION and EVOLUTION:

Creation and Evolution are actually one and the same process (cal. 1,000). Creation is continuous, ongoing, and witnessed sequentially as evolution.

The most recent advances in scientific theory postulate that there is a common sub matrix to all physical existence, consisting of high-frequency fields of energy (cal. 1,000).

Life is neither subject to nor vulnerable to death but can only be made to change form. Like the laws of conservation of the energy of matter, the law of conservation of life is almost identical. It cannot be destroyed but can only change form (cal. 1,000).

A characteristic of the energy field of consciousness is its innate propensity to evolve to higher and higher levels in order to give expression to the highest potentialities.

In as much as life itself cannot be killed (calibrates as “true”) but can only change form, the animal spirit lives on. In the case of the human, the spirit and soul enter the foetus upon the commencement of gestation / conception of a viable foetus. In the lower animals, it also awaits a viable foetus to energise.

Consciousness seeks to return to the awareness of its own source (calibrates as “true”).

Animal species don’t just die out, their spirits advance / progress to higher levels of advanced consciousness. Once a higher level is achieved, reincarnation as a lesser species does not occur. Thus, the disappearance of species is simply that they have reached the end of their phase as a particular bird, animal, fish, etc., and evolved into the next higher and appropriate level of life. There is an ongoing and continuous migration upwards through all levels of life occurring simultaneously at all times. There is much to be understood of the life of animals and very little is yet conveyed to us in knowledge.

It is of critical importance to note that the capacity to think, reason, and formalize a mental awareness did not *replace* the mental processes of the animal, but instead was merely *added* on to it.

The actual process of evolution itself does not occur within or as a consequence of the physical domain, but instead is merely expressed there as a physicality. The evolutionary process occurs invisibly in the infinite field of consciousness itself. Each branch, as exemplified on the level of the hominids, displays the consequence of a progression of consciousness. Within the physical domain, however, the so-called “missing links” of archaeology or zoology are not found to exist. For example, Neanderthal man did not evolve into Homo erectus but instead was completely supplanted by that higher species. That branch, too, was completed at the time of its appearance. Homo erectus did not evolve into Homo sapiens; instead, Homo sapiens came forth already evolved as its own branch. No transitional “missing links” are to be found within the hominids or within the whole animal kingdom.



ANIMAL KINGDOM					
Observing the calibrated levels of consciousness of the animal kingdom, we see a definite progression of consciousness over great eons of temporal time.					
<i>Exceptions:</i>					
Dog's wagging tail	500	Cat's purr	500	Song bird's song	500
Koko (trained gorilla)	405	Alex, trained African Grey parrot	401		
<i>Grazers:</i>					
Chimpanzees	305	Gorilla	275	Black Crow	250
Family pig	250	Dogs	245	Race horse	245
Family cat	245	Parrot, African Grey	240	Cats	240
Farm horse	240	Monkeys	210	Elephants	210
Range cattle	210	Sheep	210	Dairy cow	210
Elk	210	Domestic pig	205	Bison	205
Deer	205	Zebra, gazelle	200	Giraffe	200
<i>Predatory Mammals:</i>					
Javalina	195	Hippopotamus	190	Wolves	190
Jackal, foxes	185	Black bear	180	Water buffalo	175
Grizzly bear	160	Polar bear	160	Doves	145
Song Birds	125	Baboons	105	Rhinoceros	105
Rodents	105	Birds of prey	105	Migratory birds	105
Dolphins	95	Whales	85	Dinosaurs	60
Alligators	45	Snakes	45	Hyena, lion, tiger	40
<i>Earliest Life Forms:</i>					
Reptiles	40	Komodo dragon	40	Vipers	35
Sharks	27	Octopus	20	Fish	20
Amphibians	17	Arachnids	7	Insects	6
Crustaceans	3	Protozoa	2	Bacteria	1
P.32 Truth vs Falsehood by David R Hawkins					

With consciousness research, it can be discovered that the "prey" does not actually value physical life in the way humans do and, in fact, does not even notice the transition from physicality to its etheric continuation. If a fly or a moth is swatted, it goes right on flying along in its etheric body, unaware of the change, and soon returns in another physical body (calibrates as "true").

According to the ancient *Rig Veda* (cal. 705), each level of organic life "sacrifices" its life to the higher and thus karmically sanctifies its life and earns its own evolution to higher forms (life serves higher life).

P.33+148 Truth vs Falsehood

Human life seems to represent a staging process or dimension by which life, as consciousness evolves from the simplest life energy. Consciousness evolution from such as the cells of the body through elaboration, is formed, and progresses up through the animal kingdom. Henceforth on through the complexity of the primate and the evolution of an intelligence to enable logic and comprehension. As intelligence develops, it becomes capable of investigation and comprehension of meaning and abstract

derivation of essence apart from form, that is, content vis-à-vis context. Out of context arises the inference of and search for, source in the capacity for spiritual awareness.

The animal knows and loves that it is, but it has no knowledge of its source or destiny. The spiritual sage emerges as a consequence of that level of consciousness which discovers its source and proclaims the discovery for the information of all. The spiritual information then illuminates the possibilities of the soul's destiny at the cessation of human physicality.

COUNSCIOUSNESS LEVELS of ARCHEOLOGICAL ERAS			
Time Periods Rock Systems	Approx Duration Million Yrs	Life Forms	Calibrated Level of Life
Quaternary	1	Rise and dominance of man	212
Upper Tertiary	60	Modern animals and plants.	212
Lower Tertiary		Rapid development of modern mammals, insects and plants.	112
Upper Cretaceous	60	Primitive mammals; last dinosaurs.	84
Lower Cretaceous		Rise of flowering plants.	
Jurassic	35	First birds, first mammals. Diversification of reptiles; coniferous trees.	68
Triassic	35	Rise of dinosaurs; cycad-like plants; bony fishes.	62
Permian	25	Rise of reptiles. Modern insects. Last of many plant and animal groups.	45
Pennsylvanian (Carboniferous)	85	First of reptiles, amphibians, primitive insects; seed ferns; primitive conifers.	35
Mississippian (Carboniferous)		Climax of shell-crushing sharks.	33
Devonian	50	First amphibians, first land snails. Primitive land plants. Climax of brachiopods.	27
Silurian	40	First traces of land life. Scorpions, first lungfishes. Widespread coral reefs.	17
Ordovician	90	First fish. Climax of trilobites. First appearance of many marine invertebrates.	12
Cambrian	70	First marine invertebrates	8
Proterozoic Archeozoic (Precambrian)	Over 1300	Protozoa	2
		Algae, Lichens, Bacteria	1
Age of oldest dated rocks is about 1,850,000,000 years.			
Source: Adapted from Britannica World Language Dictionary, New York: Funk & Wagnalls Co. P.38 Truth vs Falsehood by David R Hawkins			

The inner core of our soul is blessed with natural love emotions that are all have a high frequency or higher.

Man erroneous emotions all have a low frequency or a very low frequency.



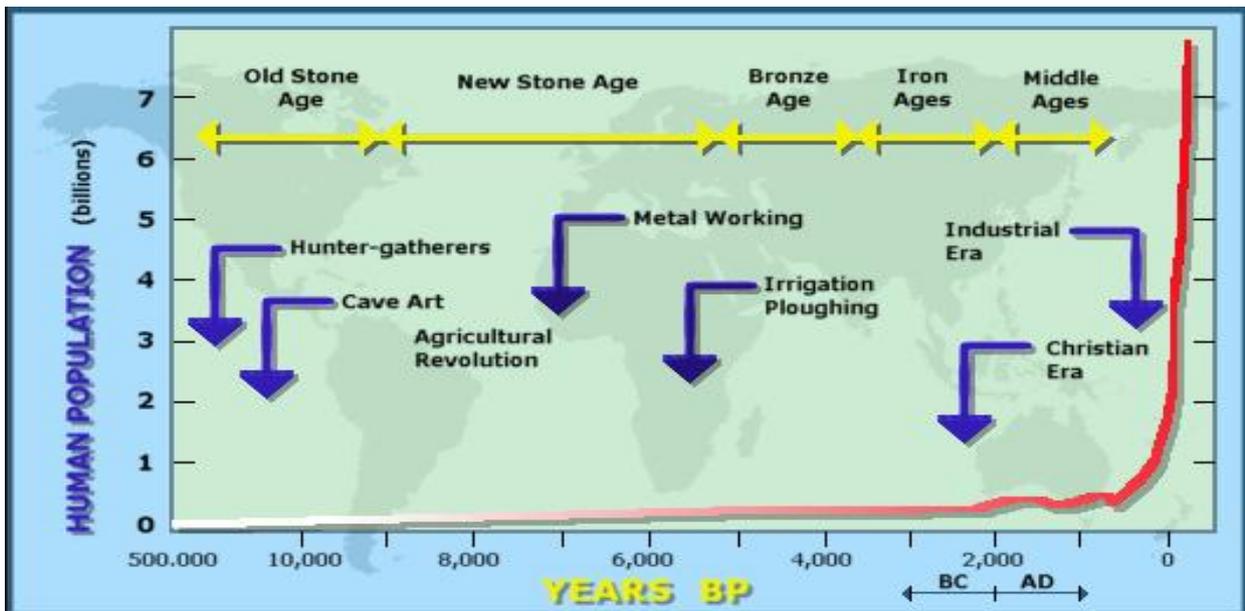
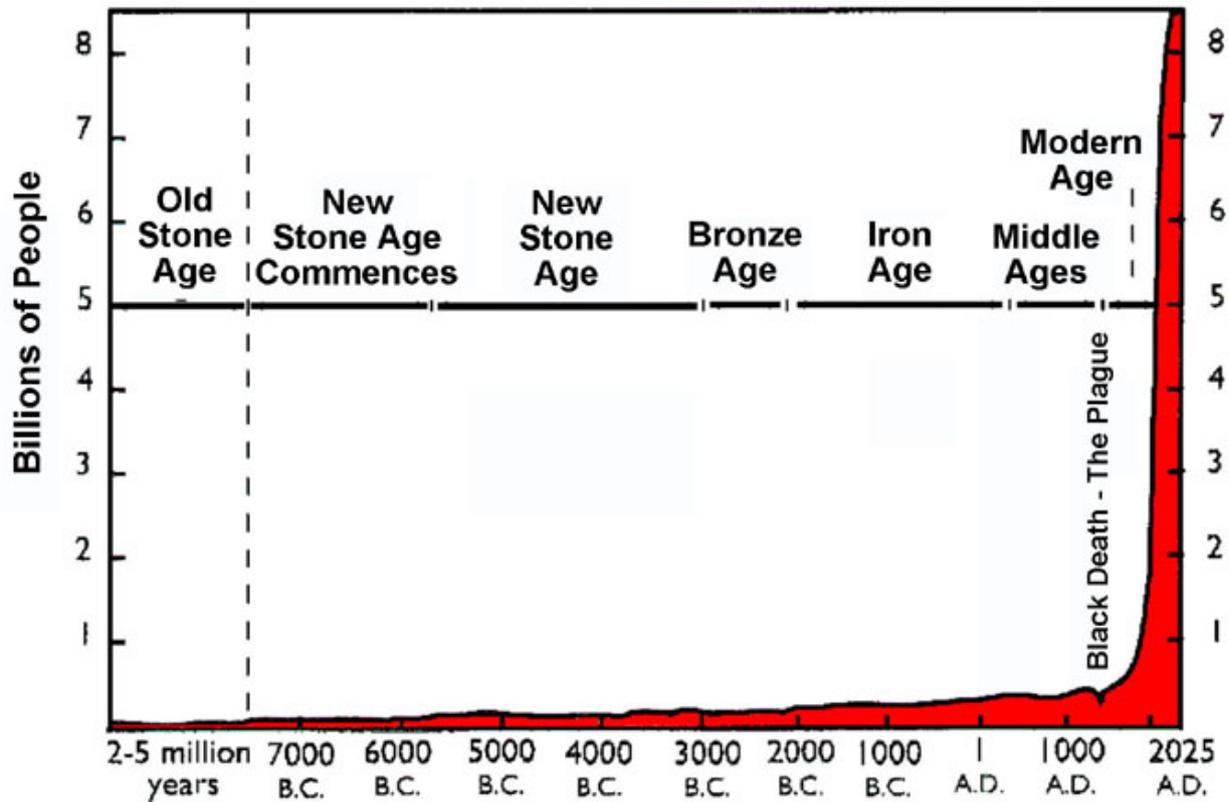
Core Emotions
 Anger covers over Fear which covers over Grief, these three emotions are the predominant capping emotions.

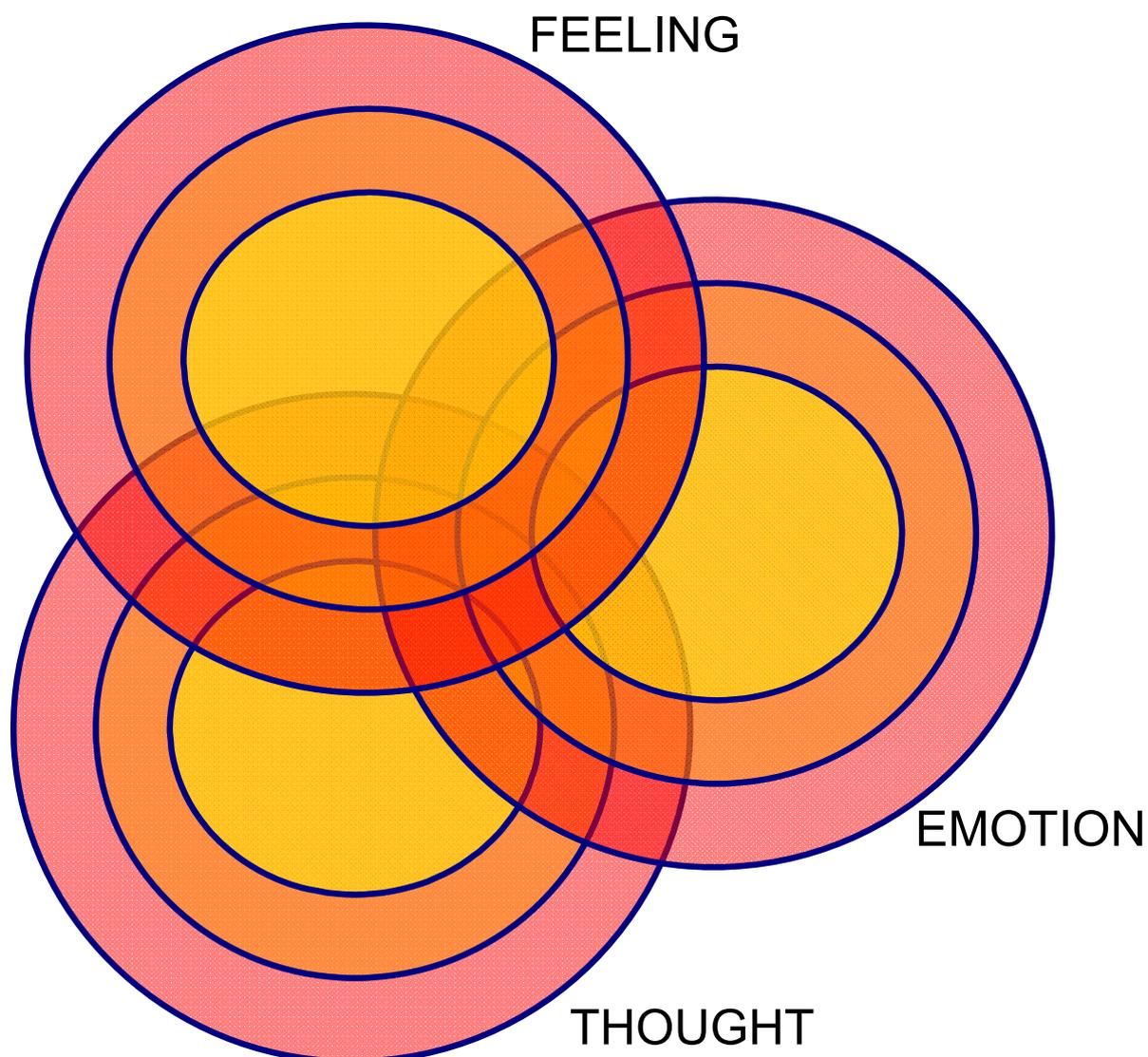
Human Emotion	Energy Frequency	
40.0 Serenity of Being	Ultra-high Frequency	
30.0 Postulates		
20.0 Action		
8.0 Exhilaration		
6.0 Aesthetic		
4.0 Enthusiasm		
3.5 Cheerfulness		Very-high Frequency
3.3 Strong Interest		
3.0 Conservatism		
2.9 Mild Interest		High Frequency
2.8 Contented		
2.5 Boredom	Low Frequency	
2.4 Monotony		
2.0 Antagonism		
1.9 Hostility		
1.8 Pain		
1.5 Anger		
1.4 Hate		
1.3 Resentment		
1.2 No Sympathy		
1.15 Unexpressed Resentment		
1.1 Covert Hostility	Very-low Frequency	
1.05 Anxiety		
1.0 Fear		
0.98 Despair		
0.96 Terror		
0.9 Sympathy		
0.8 Propitiation		
0.5 Grief		
0.4 Making Amends		
0.3 Undeserving		
0.1 Victim		
0.08 Hopeless	Ultra-low Frequency	
0.07 Apathy		
0.06 Useless		
0.06 Failure		
0.04 Pity		
0.03 Blame		
0.02 Regret		
0.01 Dying		
0.0 Body Death		

Happiness Domain

Un-happiness Domain

World Population Growth Through History



TRUE PRAYER:

Thought, feeling, and emotion as unaligned patterns.
In the absence of union, they may lose their focus.

Prayer is a way offered by the Holy Spirit to reach The Creator. It is not merely a question or an entreaty. It cannot succeed until you realize that it asks for nothing. How else could it serve its purpose? It is impossible to pray for idols and hope to reach The Creator. True prayer must avoid the pitfall of asking to entreat. **Ask, rather, to receive what is already given; to accept what is already there.**

“Unless you, yourself, enter the image and think from it, it is incapable of birth.” Examining a specific prayer, such as a prayer of peace, may add a degree of concreteness to these sometimes nebulous concepts.

Much of our conditioning in Western traditions has invited us to “ask” that peace come to pass in specific circumstances of our world. In asking for peace to be present, for example, we may unknowingly be acknowledging the lack of peace in our world, perhaps inadvertently reinforcing what may be viewed as a state of non-peace. From the perspective of the fifth mode of prayer, we are invited to create peace in our world through the quality of thought, feeling and emotion in our body.

Once we have created the image of our desire in our mind and felt the feeling of our desire fulfilled within our heart, it has already happened! Though the intent of our prayer may not have appeared in full view of our immediate senses, we assume that it is so. The secret to the fifth mode of prayer lies in acknowledging that when we feel, the effect of our feelings has occurred somewhere, upon some level of our existence.

Our prayer, then, originates from a very different perspective. Rather than *asking* that the outcome of our prayer come to pass, we acknowledge our role as an active part of creation and give thanks for what we are certain that we have created. Whether we see immediate results or not, our thanks acknowledge that somewhere in creation our prayer has already been fulfilled. Now our prayer becomes an affirmative prayer of thanks, fuelling our creation, allowing it to blossom into its greatest potential.

Following is a summary of our prayer of peace, through the traditional asking and from the perspective of our lost mode of prayer:

<i>Prayer of Asking:</i>	<i>The Fifth Mode of Prayer</i>
1. We focus on conditions where we believe that peace does not exist.	1. We witness all events, those that we see in the absence of peace, without judgement of good, bad, right, or wrong.
2. We ask for intervention from a greater power to change the conditions.	2. Through our technology of thought, feeling, and emotion, we create the conditions from within that we choose to witness in our outer world. For example, “Graceful change on Earth, healing to all life, and peace in all worlds.” Our feeling that it is already so empowers our prayer and brings its outcome to focus. In doing so, we have created a renewed memory of a greater possibility.
3. In the asking, we may be acknowledging that peace and graceful change are not already present in these places.	3. We acknowledge the power of our “inner technology” and assume that our prayer has come to pass; peace and graceful Earth changes are already here.
4. We continue to ask for this intervention until we see the change actually come to pass in our world.	4. Our prayer now consists of: a. acknowledging what we have chosen, b. feeling that it is already accomplished, c. giving thanks for our opportunity to choose, and, in doing so, breathing life into our choice.

HEAVENS:

Research reveals that the non-physical spiritual heavens (celestial realms) calibrate from 200 on up to Infinite and are comparable to the calibrated scale of the levels of consciousness. Spiritual evolution continues on after the soul leaves the body, and it gravitates to the optimal levels for continued evolution.

Within the celestial levels, there are also subregions for various and diverse spiritual / religious groups that share a specific identification. Thus, the claims of “exclusivity” to Heaven made by various religions have a relative, partial validity but are false as a general premise. No group or religion has an “exclusive” on Heaven, but is instead the pipeline to a specific region as a consequence of a shared belief system. No religion has an exclusive on truth, and the claim itself is a limiting fallacy. (This statement calibrates at 985 – p.332 Truth vs Falsehood.) That there are “multiple heavens” resolves contentious religious beliefs that have, in the past, been used to intimidate deviations from orthodoxy.

The non-physical spiritual realms below 200 are traditionally denoted as “astral realms”, which are again stratified from higher to middle to lower (the various depths of the “Hells” – Spheres of Disharmony). The post-mortal fate of the soul, which continues on as conscious subjectivity, is in accord with the absolute justice of Divinity, solely the consequence of the exercise of the spiritual will. Thus, the spiritual fate of the soul is determined by choice and alignment. “Judgement” is therefore a continuous, automatic process (one’s memory coming into full force). Like a cork in the sea, the soul is positioned by its own intrinsic buoyancy. Divinity is thus the very source and guarantee of freedom itself.

Central to religions is the critical concept and subject of sin and its consequences. While theological discussion about the topic is extensive, it can be pragmatically simplified in the context of consciousness research as human action, alignment, or intention that calibrates below level 200. Thus, sin is aligned with falsity:

Venial sin	190	Mortal sin	180
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The level 200 demarcates that which is supportive of life, truth, integrity, and love from that which is antithesis of these qualities. This level also demarcates the levels of Hell (below 200) and lower astral realms from the heavens and celestial realms. This also demarcates the level that differentiates good from bad in the true meaning that refers to intrinsic qualities (*res externa*) rather than opinion (*res interna / cogitans*). This differentiation can be made with some certainty by means of consciousness calibration because the Scale is in reference to an unvarying absolute that is concordant with Divinity.

All religions and spiritual teachings are in accord and agreement as to the deleterious consequences of true sin, which, by definition, is a violation of truth and therefore able to be calibrated on the Scale of Consciousness. Sin is described as error or trespass, and culpability is related to degrees of ignorance and related capacity for moral responsibility, e.g., vincible and invincible. This is reflected by the options of condemnation or forgiveness and opportunities for repentance, undoing, confession, or compensation by good works.

The difficulty in counteracting the spiritual / karmic consequences of sin is offset by the option of salvation for those who “believe in His name” in Christianity, Hinduism, Islam, and Buddhism. In the celestial realm, the saviour is one’s advocate before the judgement of The Creator in the afterworlds of non physicality. In a benign contextualisation, mankind is viewed compassionately as being often intrinsically incapable of transcending the negative forces of the ego if unaided from the earthly / human

realm. In the Hindu and Buddhist views, this results in endless cycles of rebirth and entrapment in the earthbound human dimension with its attendant, inevitable suffering. (Karma calibrates at 999.) However, we do not and cannot reincarnate, nor is there a need to do so.

On the Scale of Consciousness, the levels below 200 are inordinately linked with attitudes, emotions, motivations, beliefs, behaviours, and activities that are spiritually and detrimental in spiritual and karmic, which, in this lifetime as well, result in negative consequences and gravities. They are therefore indicative of spiritual pathology.

While many people attempt to handle the problem of guilt, shame, or fear with denial or atheism (which itself is paradoxically an expression of faith and unprovable), when the psychological defences break down, the inner truth is confrontational at a level of unimagined gravity. The hells are a subjective, experiential reality of awesome and stark degree, as those who have sunk to its depths can attest. The lower levels are experienced as timeless, eternal agony, beyond hope. Redemption by relinquishment of the ego is the only option that remains open due to there being at least an iota of good karma / virtue remaining (cal 990). However, asking for and receiving the Father's Love brings about forgiveness.

The realities of man's spiritual options have been attested to throughout history. While a serious look at spiritual realities may at first seem intimidation, with greater understanding, they guarantee release from fear as well as provide hope and faith based on reliable knowledge. Everybody has some good karma somewhere in their spirit, no matter how seemingly depraved they may be. All that is required is just a spark that, by inner consent, then bursts into the flame of salvation, redemption, and rebirth. In this experiential lifetime, as well as that of others that have been attested to, it is only necessary to call on The Creator. "Oh, God", is the only spark needed to open the doors to the Presence of The Creator. Thus arose the exclamation "Gloria in Excelsus Deo" (Glory to God in the Highest), with which the books by this author open and close.

P. 332 Truth vs Falsehood

Unscrupulous Egyptian priests first invented the devil, then they had to find an abode for him, so they invented hell. Five thousand years ago the devil and hell were unknown.

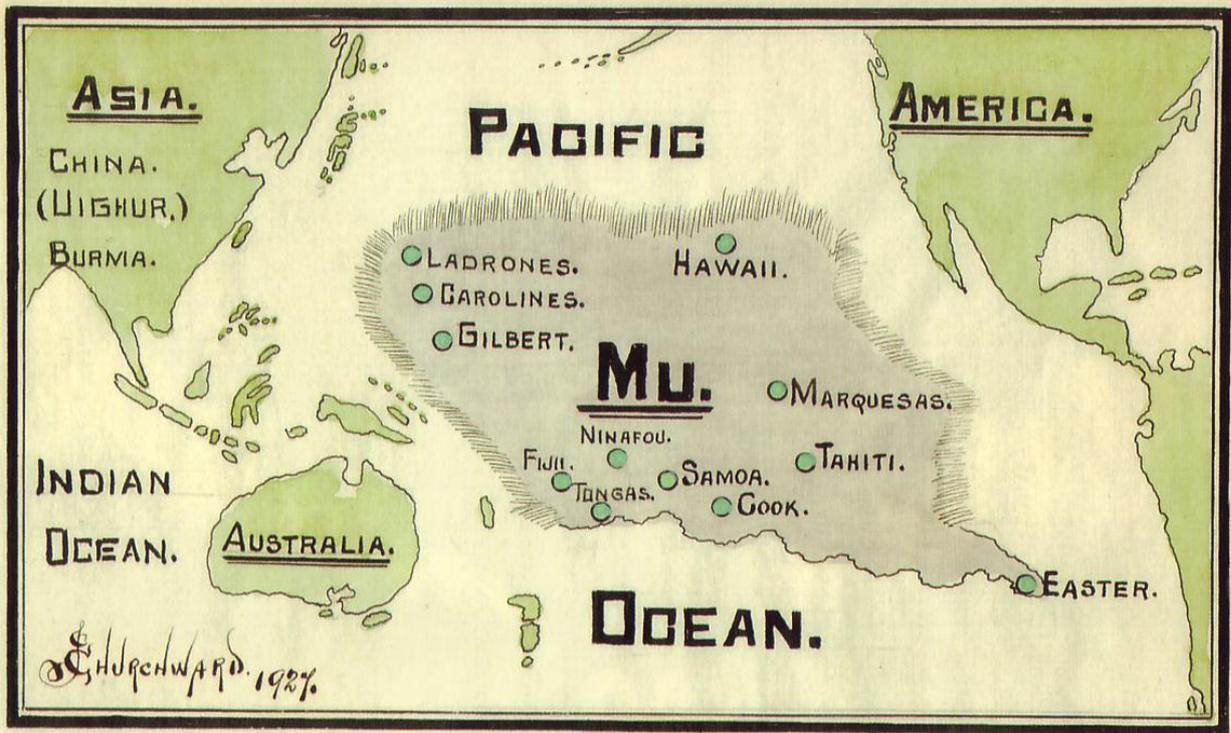
P140 Lost Continent of Mu

Thus, the hells we experience are essentially the lives that we create for ourselves here on Earth during this life time and subsequent life time in the spirit worlds until we have balanced our karmic obligations!

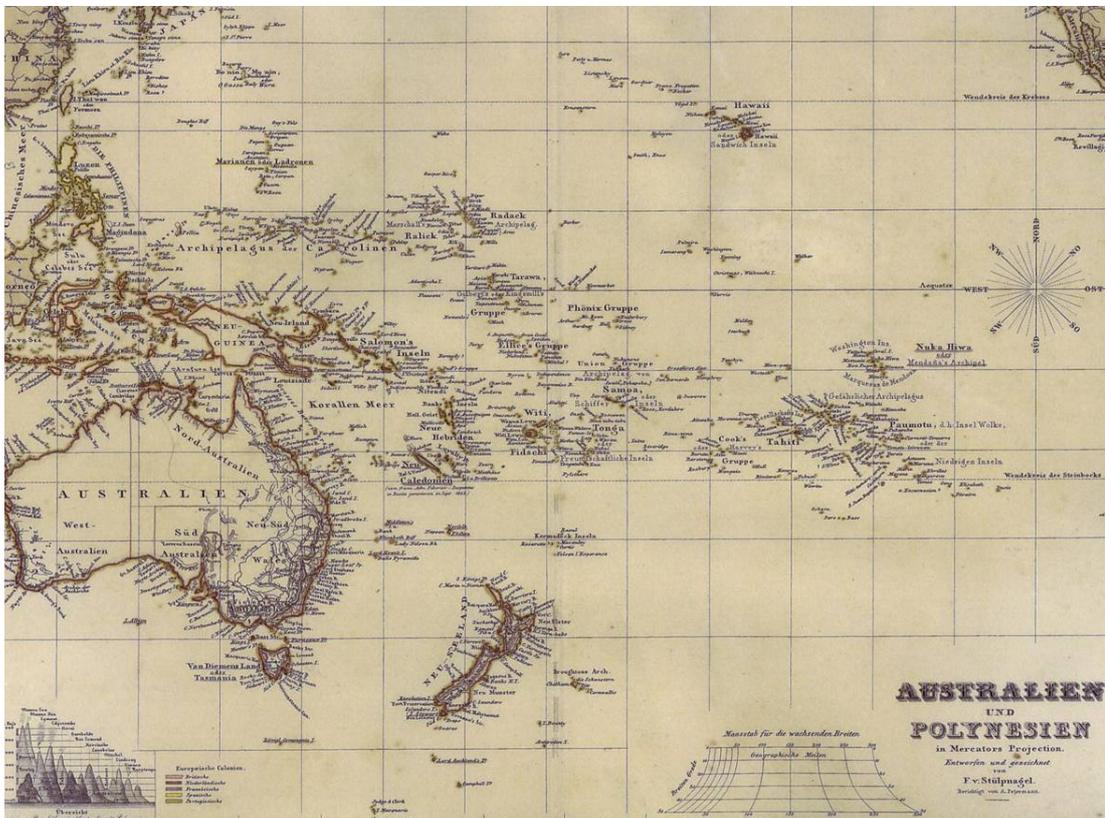
There is nothing to feel guilty about and nothing to blame. There is no one to hate, but there is that which is better avoided and such blind alleys will become increasingly apparent. Everyone has chosen his own level of consciousness, yet nobody could have done otherwise at any given point in time. We can only get "there" from "here". Every leap has to have a platform from which to originate. Pain exists to promote evolution. Its cumulative effect finally forces us in a new direction, though the mechanism may be very slow. How many times is it necessary to hit bottom before a lesson is learned? Perhaps thousands, which may account for the sheer quantity of human suffering, so vast as to be incomprehensible. By inches civilization advances.

All judgment reveals itself to be self-judgment (memory in action) in the end and when this is understood a larger comprehension of the nature of life takes its place.

P. 19 Power vs Force Study Guide



GEOGRAPHICAL POSITION OF - MU. WHERE THE SACRED AND INSPIRED BOOKS WERE WRITTEN. B.C. 70,000.



When the ego / self is progressively surrendered, it is dissolved into and replaced by the Self, which is timeless and self-effulgent, obliterating all doubt forever. The same realization occurs in people who have had a near-death experience or those with advanced consciousness who have gone through transformative realisations. Consciousness research confirms that death is not a possibility. Life itself is supported by its eternal Source from which it cannot be separated. That which is linear, circumscribed, and limited in time comes into existence because of that which is eternal and nonlinear (calibrates at 1,000).

P.115 Transcending Levels of Consciousness

From consciousness research, it becomes clear that we can confirm that the fate of one's soul is the consequence of one's own choices and decisions rather than by retribution of an angry deity.

P.116 Transcending Levels of Consciousness

Eventually even the desire to 'have' a body disappears and it is seen to be an encumbrance although useful for exploring the linear domain.

Operationally, the body could be viewed as a temporary 'space probe' of the linear dimension that subserves spiritual evolution in the process. Attachment to it is based on the illusion of identification with it as 'self' and as the source and locus of life. From the viewpoint of higher states of consciousness, the body may seem like a nuisance and limitation, as well as a distraction. That also then, has to be surrendered. Eventually identification with the body disappears and it then goes about spontaneously as an 'it' rather than a 'me'.

P.132 Transcending Levels of Consciousness

Metallisation is the processing of symbols at random. Linear thought is prone to error as it deals with content. The content is known by virtue of the quality of awareness, which is the attractor field of consciousness by which contextualisation occurs. Content *thinks*; the field *knows*. In contrast, Self *is*.

P.229 Transcending Levels of Consciousness

The transformative energy fields from 500 up can be calibrated and are nonlinear, self-effulgent, radiant, and beyond objectively verifiable scientific definition.

P.231 Transcending Levels of Consciousness

It is a relief to let the mind become silent and just 'be' with surroundings. Peace results, and appreciation and calm prevail. In order to realise that running commentary is not necessary or even authorised, the will gives the mind permission to be silent, when devalued and humbled, the vanity basis of self thinking collapses, and in its place one discovers the joy of inner silence, which actually constitutes ninety-nine percent of the mind. Only one percent is actually chattering.

It is then surprisingly possible to make a decision: *just do not think about anything*.

P.234 Transcending Levels of Consciousness

Reason deals with particulars, whereas love deals with wholes.

Whereas the ego focuses on content, the spirit values context. The ego values quantity, and in contrast, the spirit values quality.

P.246 Transcending Levels of Consciousness

As the Buddha taught, “Rare is it to be born a human being, rarer still to have heard of Enlightenment, and even rarer still to pursue it.”

P.253 Transcending Levels of Consciousness

This capacity to love many people simultaneously is accompanied by the discovery that the more one loves, the more one can love.

P.256 Transcending Levels of Consciousness

No ‘person’ performs miracles; they are the impersonal consequence of the spiritual energy field itself that acts like a catalyst, as does the energy radiating from the auras of advanced teachers that catalyses the spiritual intentions of the spiritual student.

P.260 Transcending Levels of Consciousness

The influence of spiritual intention can therefore be over one thousand times stronger than ordinary intellectual effort (calibrates as ‘true’).

Spiritual endeavour is fulfilling and self-propagating because of the inner satisfaction of subjectively experiencing the fulfilment of potential. Focus of attention in and of itself tends to support progress, which consequently becomes progressively effortless. Delays may be encountered due to strong resistances that may arise out of a long prior karmic history and therefore may take even years to overcome because of their recurrent reinforcement over long periods of time.

P.310 Transcending Levels of Consciousness

Each person experiences, perceives, and interprets the world and its events in accordance with their own predominant level of consciousness.

For comfort and mental reinforcement, people tend to congregate with others who share the same paradigm. Paradigm is also alluded to as ‘dimension’, and more distinctly as ‘context’ or ‘overall field’. The problem is addressed philosophically as ‘metaphysics’, which literally means beyond the physical by which the mind derives levels and categories of abstraction (e.g., species, class, genus, etc.) or common characteristics (living versus inert).

P.311 Transcending Levels of Consciousness

Psychic gifts are to be respected and used for the highest good rather than for personal gain.

The world offers great opportunity for ascent, but also equally of descent, which occurs only as a consequence of an act of the will, and therefore, neither blame nor excuses precludes consequences. Doubt can also be resolved by the utilisation of consciousness calibration techniques that are very simple, such as merely asking whether an action or a decision would serve the highest good.

P.317 Transcending Levels of Consciousness

Some tried-and-true basic tools that have brought about tremendous results over the centuries are as follows:

1. Be kind to everything and everyone, including oneself, all the time, with no exception.

2. Revere all of life in all its expressions, no matter what, even if one does not understand it.
3. Presume no actual reliable knowledge of anything at all. Ask The Creator to reveal its meaning.
4. Intend to see the hidden beauty of all that exists – it then reveals itself.
5. Forgive everything that is witnessed and experienced, no matter what. Remember Christ, Buddha, and Krishna all said that all error is due to ignorance. Socrates said all men can choose only what they *believe* to be good.
6. Approach all of life with humility and be willing to surrender all positionalities and mental / emotional arguments or gain.
7. Be willing to forgo all perceptions of gain, desire, or profit and thereby be willing to be of selfless service to life in all of its expressions.
8. Make one's life a living prayer by intention, alignment, humility, and surrender. True spiritual reality is actually a way of being in the world.
9. By verification, confirm the levels of consciousness and spiritual truth of all teachers, teachings, spiritual groups, and literature with which one intends to be aligned or a student.
10. Accept that by spiritual declaration, commitment, and surrender, Knowingness arises that provides support, information, and all that is needed for the entire journey.

The most powerful tool that is in the province of the will is devotion. Thus, it is not just spiritual truth by the degree of one's devotion to it that empowers it to become transformative.

P.334 Transcending Levels of Consciousness

“Rare it is to be born human being; rarer still to hear the truth, and even rarer still, having heard the truth, to pursue it.” The truth of the statement is verified by consciousness calibration, which identifies that only 0.4% of the world's population is capable of reaching the state of Unconditional Love.

P.347 Transcending Levels of Consciousness

The Teacher is a Servant of Truth and not its originator. All serve The Creator who strive for The Creator.

P.366 Transcending Levels of Consciousness

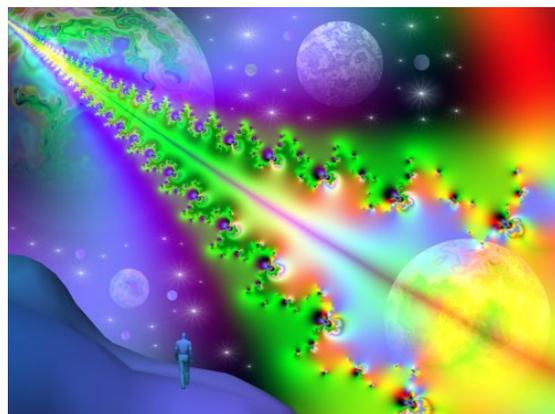
All you need, to progress, is three things:

A love of truth, God's truth, not your own.

A desire for God's love – ask for it!

And humility, which is the desire to experience all of your emotions the moment they occur.

Simple, but not easy.



PEACE, BLISS and ILLUMINATION:**(Map of Consciousness calibration Level 600)****Introduction**

The states of Enlightenment emerge at consciousness level 600 consequent to replacement of the linear by the nonlinear. This energy field is associated with the experience designated by such terms as Transcendence, Illumination, Bliss, and God-consciousness. When this state is reached, the distinction between subject and object disappears, and there is no specific focal point of perception. Frequently, individuals at this level leave the world because the state of bliss precludes ordinary activity. Some persist, however, and become spiritual teachers, and others work anonymously for the betterment of mankind. A few return to the world and become notable geniuses in their respective fields, making major contributions to society. Those who remain within a religion may eventually be officially designated as saints, although at this level, **formal religion is commonly transcended and replaced by the pure spirituality out of which all religion originates.**

Action at the level of 600 and above is perceived as occurring in slow motion, suspended in time and space. All is alive, radiant, and continuously flowing, unfolding in an exquisitely coordinated evolutionary dance in which significance and Source are over-whelming. This awesome revelation takes place without thought or conception so that there is an infinite silence in the mind, which has stopped conceptualising. That which is witnessing and that which is witnessed are the same identity. The observer dissolves and becomes equally the observation. Everything is connected to everything else and unified by the Presence whose power is infinite, yet exquisitely gentle.

Great works of art, music, and architecture that calibrate between 600 and 700 too can transport us temporarily to higher levels of consciousness and are universally recognised as inspirational and timeless.

Discussion

Transcendence from the linear to the nonlinear ‘domains’ of consciousness results in a major shift of paradigm. At this level, there is no ‘this’ or separate ‘person’ witnessing the transition because it is Self-contained, such that the ‘Knower’ and the ‘Known’ are the same. There is the condition of an infinite Peace that is unmistakable as the Presence of The Creator, which is of a different dimension than emotional or psychological peace or tranquillity.

In the stillness, all occurs of its own accord, autonomously and spontaneously. Sound has no effect on the silence that persists even within the sound. The state is traditionally and historically referred to as *satchit-ananda* (silent bliss). Physiological functions can come to a halt. There is no desire to move or speak, and the inner Silence is mute as though suspended in timelessness.

Whether the body continues on and survives or not is uninteresting and actually without meaning. It is a matter of no interest and up to the Universe to direct. If the karmic propensities are aligned with physical continuation, the body survives. If not, the body is simply abandoned, for it came from the Earth and returns to the Earth when it has served the purpose of the spirit.

Approximately fifty percent (50%) of the time, when this level of consciousness is realised the body will be relinquished. If not, then physical continuation is in accord with the response of the world, which may

urge the necessity of eating or drinking. From within, there is no inclination one way or the other, nor is there a need to communicate or speak.

The Presence is self-fulfilling and complete, uniquely exquisitely soft and simultaneously powerful. Its essence pervades all manifestation as the Source of Existence. All is seen to arise when the unmanifested becoming Manifest as Creation from a source that is innate, All Present, and beyond volition.

In Unity and Oneness, everything is simultaneously intrinsic to everything else, but not by virtue of being either the 'same' or 'else'. Within the infinite context of Allness, potentiality is activated by Divine Ordinance, commonly known as The Creator's Will. The term 'Will' is, however, somewhat misleading in that it implies volition. Creation is witnessed as the unfolding and revelation of the emergence of infinite potentiality as Creation. Thus, there is no duality of a 'this' (Creator) creating a 'that' (Creation) for Creator and Creation are one and the same, and Creation is self-effulgent.

Everything that exists is perfect and complete. Creation does not move from imperfection to perfection, as is witnessed by the ego, but instead moves from perfection to perfection. The illusion of moving from imperfection to perfection is a mental process. For example, a rosebud is not an imperfect rose but is a perfect rosebud. When half open, it is a perfect unfolding flower, and when completely opened, it is a perfect open flower. As it fades, it is a perfect faded flower and then becomes a perfect withered plant, which then becomes perfectly dormant. Each is therefore perfect at each expansion of its expression as the emergence and unfoldment of the evolution of Creation. Thus, the illusion of 'change' is replaced by the witnessing of the process of the manifestation of actuality from potentiality (transition, emergence, unfoldment, metamorphosis).

Without interference by mental interpretation, the perfection of All that Exists is evidenced by its intrinsic beauty, which is the transformed physical appearance of its perfection. Without the editing and classification that emanates solely from the linear mind, everything is seen to be equally exquisite. What the world ignores as a weed is a beauty equal to that of the flower. The living-sculpture design of all nature is equal, without classification, and everything is realised to be of the same merit or worth. All is an expression of Divinity as Creation – all is equally sacred and holy.

Equal to anything else, the body is also autonomous and moves about on its own. In the level of the 600s there is no volitional causal locus, such as a personal self, a 'me', or an 'I' that is imagined to be a causal agent or a 'decider' of action.

Dynamics of Peace and Illumination

In ordinary life, the ego claims to be the author of action. This egoistic claim, which is experienced as an inner reality, is a delusion based on the unrecognised function of the ego, that of instant editing. This phenomenon happens 1/10,000th of a second after a phenomenon has actually occurred. The best analogy to this function of the ego is that of the tape-monitor function of a tape recorder. As sound is recorded on the tape, the tape-monitor function allows one to hear what has just been recorded a split second ago. Therefore, one is not experiencing the source but that of a recording with a split-second delay. This delay is intrinsic to all ego experiencing of ordinary life by which the mind does not experience reality but its delayed instant playback through the screen of perception. At level 600, this delay disappears and with it the delusion of a 'this' or a 'that', for without the processing delay, the 'this' and the 'that' are joined in a

unity that is not artificially separated. Without the inner position of the ego's screening device, phenomena are experienced directly and not via the illusion of a spectator.

To be at one with phenomena instead of separate from them results in experiencing the aliveness and Allness of the Presence expressed as All that Exists. All that has existence is not just passively 'there' but instead seemingly presents itself to awareness as a quality of its existence rather than as a volitional intention. Thus, the universe appears to be a gift of exquisite beauty and perfection that shines forth with the intrinsic Radiance of Divinity. It is phenomenal. The witnessing could be described as entrancing as all movement is witnessed as if in slow motion.

Phenomena, movement, and action, which have been previously ascribed to the ego / self, are now seen as autonomous, with no specific focus of origination, much less that of an independent 'I' or 'me'. Instead, the sense of 'I-ness' expands and is all inclusive to a level that is more primordial, all encompassing, and innate as Essence rather than as separate identities. As a consequence, this perception of relationship also disappears because it is a mental construction relating to the perception of separation, which is replaced by the awareness of nonlinear inclusiveness. Thus, without perceived separateness to be explained, the notion of relationship becomes meaningless and inapplicable. The Self does not have a 'relationship' with the world because Existence is its indivisible Essence. (Analogously, science has discovered that there is no identifiable 'centre' to the universe.)

Although the data bank of memory continues to be available, its value is the capacity for descriptive recognition that allows for the continuation of bodily function if that is the karmic option. The body then seems to operate on a principle roughly comparable to momentum. As described in prior works, it is like a 'karmic wind-up toy' that runs its course all by itself.

The transformation at level 600 and over is consequent to the dissolution of the narcissistic core of the ego, which is delusional and presumes itself to be sovereign and therefore a primal causal agent and the author of volition. This inference is included in the meaning of the term 'egocentric'. Thus, the core of the ego is its basic presumption by which it identifies itself as the primary source of existence, action, and decision, and thus usurps the sovereignty of Divinity. This primitive presumption is openly displayed in the pathological state term 'malignant messianic narcissism' in which the core of the ego is actually worshipped. Throughout history, this self-deification has been overtly expressed from the time the Roman emperors when they declared themselves literally to be The Creator, up to present world leaders who exhibit grandiose, omnipotent ego inflation. (The syndrome, *malignant messianic narcissism* [cal. 30])

Transcending Level 600

To ordinary conceptualisation and education, it would seem that the state of Bliss would be the ultimate state. Looking at it from the viewpoint of the ego itself, it is precisely that. Gone are anxieties, anticipation, regret, attraction, or longing. Gone also are rules, objectives, goals, processes, and conditions to be fulfilled or completed or roles yet to be played. At this level, there is no person, self, or others to contend with. All occurs effortlessly and spontaneously and merely presents itself starkly as what it is. Similarly, 'qualities', which are descriptive perceptions, disappear. Everything simply is as it is, without adjectives. The mind is still because, without a subject or an object and with no actor of a 'this' doing a 'that', there is no necessity for verbs. Without qualification, there is no need for adjectives.

In addition, there is the disappearance of volition as there are no decisions to be made, and all evolves spontaneously and autonomously as the expression of the evolution of Creation.

What remains after the dissolution of these ego functions is awareness / witnessing, but actually without a witness; it is consciousness itself that remains. As such, there is no necessity for processing since options are no longer separated by superimposed linear qualities. Thus, there is no necessity to choose or to weigh pro and cons. Operationally, information is sufficient unto itself and thereby action is autonomous. Decision-making is no longer necessary because concordance replaces relationship or options. Also, with no 'doer' nothing 'happens', the experience of which would require the projection of a limited point of view and accompanying mentation.

With cessation of the experience of time, sequence disappears; thus, there is no 'before' or 'after'. The harmony of the Unity of Concordance is evolutionary as potentiality's expressing itself as manifestation but void of intentionality. The best analogy would be the movements of the universe that are harmoniously concordant with the totality. Thus, gravity is intrinsic to Creation and its field is 'concomitant' rather than 'causal' or 'consequential', which are terms that represent mental exploratory hypothetical constructs. Concordance is an expression of Divine Unity and Harmony, which becomes apparent with the transcendence of Descartes' dualistic split of *res interna* (cogitans) and *res externa / extensa* (the world as it is). In the Unity of Oneness, there is no separate 'this' causing a separate 'that'.

To transcend level 600 requires dropping identification with the witnessing / observing qualities, which are actually autonomous qualities inherent to consciousness itself. With deep meditation, it is discovered that these qualities have unconsciously been identified with, which requires the surrender of the illusion or pay-off of being the witness or the observer.

The primary block of moving on to even more advanced levels of Enlightenment is the satisfaction, pleasure, and unwitting attachment to the state of Bliss itself. In addition, it is experienced as completion and totality. Then arises the knowingness that even this, too, as exquisite as it may be, is to be surrendered to The Creator. With its surrender arises an as yet unimagined, even more expansive paradigm.

Chapter 16 – Transcending Levels of Consciousness



SELF-REALIZATION:**(Map of Consciousness calibration Level 700 – 849)**

This is the level of sages, the Great Teachers of *Advaita* or *Vedanta* who described the spiritual realities of Self-realization. It is the level of powerful inspiration as these Enlightened Sages set attractor energy fields in place that influence all of mankind. At this level there is no longer the experience of an individual personal self separate from others: rather, there is an identification of Self with consciousness and Divinity. Divinity Immanent is realised as Self beyond mind. This is near the peak of the evolution of consciousness in the human realm.

Great teachings uplift the masses and raise the level of awareness of all humanity. To have such vision is called Grace, and the gift it brings is infinite Peace that is ineffable and beyond words. At this level of realisation, the sense of one's existence transcends all time and all individuality. There is no longer any identification with the physical body as 'me', and therefore, its fate is of no concern. The body is seen as merely a tool of consciousness through the intervention of mind, with its prime value being that of communication. The self merges back into the Self. This is the level of non-duality, or complete Oneness. There is no localisation of consciousness; awareness is equally present everywhere.

Great works of art depicting individuals who have reached the level of Enlightenment often show the teacher with a specific hand position, called a *mundra*, wherein the palm of the hand symbolically radiates benediction. This is the act of the transmission of this energy field to the consciousness of mankind, which is also depicted by a halo. This is the level of Divine Grace, which can potentially evolve up to 1,000, the highest level attained by any persons who have lived in recorded history, such as the Great Avatars for whom the title 'Lord' is appropriate: Lord Krishna, Lord Buddha, Lord Jesus Christ, and Zoroaster.

Discussion

Beyond Bliss are the levels of the great mystics whereby Knowingness is the consequence of the Presence of Divinity as Self (god Immanent). The distinction of The Creator as immanent versus transcendent is a theological, intellectual, conceptual distinction. The Presence of Self constitutes the classic *perusha*, or Radiance of Self as Source. Self 'knows' by virtue of identity with Divinity itself. It thereby is its own Awareness, and by its Presence it thereby makes itself 'known' as the 'Knower'. Thus, it does not know 'about' but is the Completion of its own Essence.

The transcendence of Bliss may allow for the resumption of limited function by which some re-entry into the world is again possible. This is now, however an emergence within the nonlinear domain rather than a decision, although to external appearance, it is mistakenly perceived to be volitional. Actually, there is no 'decider' to 'decide', nor are there 'options' that would necessitate choice or decision. Life becomes phenomenologically autonomous as an expression of the evolution of Creation and the omnipresent field of consciousness itself, which is also innately versatile by virtue of the quality of its Essence.

Consciousness levels 600 and up are classically termed 'no mind' because sequential thinkingness stops and in its place is the nonlinear awareness of consciousness itself, which is often referred to as Mind in the world's literature. By virtue of Divinity, the Unmanifest as potentiality becomes Manifest as actualisation. The Enlightened Mystic becomes the translator for the explanation of the Innate to the expressed description by which it becomes known to the world. Subjectively, the Presence is that of

consciousness itself whose quality is that of Truth as an expression of Love and, reciprocally, of Love as the effulgence of Truth.

The consciousness levels of 700s are historically classified as the levels of Self-Realisation or of advanced mystics, such as those represented in recent times as Ramana Maharshi, Nisargadatta Maharaj, Sri Aurobindo, Mahatma Gandhi, and Patanjali. Familiar writings at these levels are the Zen teachings of Bodhidharma; the Cloud of Unknowing; the Diamond, Heart, and Lotus Sutras; the Koran; the New Testament (without Revelations); and the Yoga Sutras of Patanjali, as well as the Rig Veda.

Notable is that several of the best-known teachers are relatively recent. Some have been accorded recognition by society at large. Their impact on society is on two levels in that they have expressed specific teachings and simultaneously silently radiated an energy field from their auras into the collective consciousness of mankind. The effect of that radiation is two-fold: the first is to counterbalance the negativity in the world, and the second is to contribute to an upliftment of the overall evolution of consciousness of mankind in general and devotees in particular.

As mentioned previously, the mass consciousness level was 90 at the time of the birth of Buddha, at 100 by the time of Jesus Christ, and then it rose to 190, where it stayed for many centuries. In the late 1980s, it suddenly jumped to 205, and advanced again in November 2003 to its current (2006) level of 207.

In traditional spiritual literature, there are descriptions and classifications of various advanced levels of consciousness described as states of *Samadhi*. Often these are descriptively associated with states of meditation consequent to transcending the limitations of the ego. Some of these are transitory, such as the various states termed as satori, or awakenings. These are often dependent on the meditative state itself. In the beginning, the satori state necessitates remaining still, with the eyes closed. As it develops, it continues, even with the eyes open. As it advances further, it remains, even with eyes open, and one walks about, resuming activity. As the famous Zen ox-herding pictures, originating in the 1500s, depict, the progression is to first locate and identify the ego (the ox), then tame it, then transcend it, then leave the world, then the world disappears, and then, as a seasoned sage, return to the world. At this point, the world is depicted as merely a reflection on the water (of consciousness itself).

It appears that as consciousness evolves, it seems to remain at a given level for variable periods of time that are described as periods of 'ripening', realignment, and readjustment through the more advanced energy field. There is a necessary realignment with the functioning and location of the body and the resumption of physiological functions, as well as the capacity to speak and communicate. For example, Ramana Maharshi, after a sudden, unexpected Enlightenment, was mute for two years until encouraged to speak. He took no care of the body at all. Nisargadatta Maharaj wandered off on foot to the Himalayas and had to be taken back to Bombay.

The subjective experience of this return is that it is a spontaneous response to love, appeal, entreaty, or the influence of others in the environment. From within, the mind is silent and there is no 'personal' inclination to speak or need to communicate, nor is there even any necessity to continue on in the life of the body itself.

Intrinsically, each advanced level of consciousness is complete within itself. Most sages have stayed at a given level for a lifetime; others have managed to return to functioning in the world in limited areas. To

return to functioning in the world requires readjustments that are difficult to describe. The people in the world consider sage to be an individual person. Initially, this is rather surprising because there is no individual person present to be spoken to. What evolves is the development of an interface with the world, best described as a 'persona'. It is not the inner reality but it meets the world's expectations that perceive the Self to be located as a separate individual body and a separate identity (the 'personality'). In a manner of speaking, these expectations of the world are somewhat humoured by at least approximations in order to dispel comment, for the interchanges are of a greater dimension than the world perceives.

Another difficulty that requires adjustment is, understanding the verbal communication of others. Although the audible word is heard, there is a slight delay whereby some process of inner translation reveals what the speaker intends by the words. Thus, the persona seems to serve as a translative interface, and its development is autonomous. There may be a delay of even years before such a phenomenon occurs. Some sages never did leave their original locations. Ramana Maharshi stayed at Aranachula Mountain all of his life. After his death, the ashram remained active and is still there. Nisargadatta Maharaj, after being brought back from wandering off to the Himalayas, stayed in his attic room in Bombay over the bidi shop. These lifestyles also reflected an interface with cultural traditions.

The truly enlightened sage has no interest in developing a 'following', controlling the lives of followers, the building of edifices, theatrical displays, or worldly possessions. There are no needs or desires to be met, much less the desire to control others. Also, the teacher's remarks may be viewed as cryptic because they are brief, precisely to the point with nothing more needing to be said.

The term 'transcendence' is really a style of language expression, for in the nonlinear domain, there are progressive dimensions rather than actual levels. Instead, the transition could be more correctly likened to the sunlight that emerges consequent to the evaporation of the clouds. On these levels, the condition or state of consciousness may or may not evolve farther during this lifetime, depending on karmic potentiality and Divine will. The surrender of identification with each state releases it, including letting go of any attachment to its familiarity. Consciousness evolves as though attracted to return to its Source. Each advance expands the paradigm of awareness that, transitionally, has a certain sense of 'home'.

Many sages, once they reach the level of the 700s, remain at that level for their lives. Occasionally, however, the process continues spontaneously when allowed to do so. Each level represents the completion of the evolution that precedes it, but it is also the doorway to the next. Subjectively, transition is more like an emergence or an unfolding, which is the province of awareness itself, about which there is no mentalisation because these are the states of 'no mind' (paradoxically also labelled as 'Mind').

From the level 700 on up, resistances that reside in the collective consciousness of mankind have to be transcended within the teacher. This is physically subjectively comfortable until it reaches the consciousness level of approximately 800, at which time painful physical symptoms arise and the nervous system feels like it is carrying too much electricity, resulting in a burning feeling. Each time something comes up from the collective consciousness, it has to be processed. (Jesus Christ sweat blood, and the Buddha remarked that his bones felt like they were being broken. Numerous symptoms have been reported in these previous writings and by various mystics throughout history.)

Unlike ordinary physical symptoms or pains that can be handled by non-resistance, these burning electric sensations persist until the specific error in the collective unconscious is identified and voluntarily

surrendered and cleared. While functioning in the 700s is theoretically possible (e.g. Mother Teresa), there are delays at this level to handle the internally arising phenomena. To facilitate this transition, it is helpful to have knowledge of the chakra systems and the various Jungian archetypes in the collective unconscious. These are represented by various social / cultural subgroups and their endemic attitudes and positions which can be intuited or diagnosed by the consciousness calibration technique.

Surrender at ever-increasing depth becomes invitational to the progression of consciousness / awareness, and this occurs at a level beyond the intention because the process is self-evolving.

The invitational attitude of surrender could be likened to a very ‘Yin’ consciousness posture, which could also be physically likened to a *mudra* (classic hand position). Thus, the overall posture of consciousness is one of ‘allowance’ (to receive) rather than the contrasting ‘Yang’ attitude of intentionality (to get). By alignment with surrender to being a channel of The Creator’s will, one’s life thereby becomes transformed into a prayer by which one *is* that prayer.

Chapter 17 – Transcending Levels of Consciousness

By living true to ourselves, true to our feelings, we are living true to God. It’s that simple.

<u>Characteristics of first Spheres:</u>	MoC
Truth is always told: Sphere 3	651 – 780
Desires are followed: Sphere 2	500 – 650
Actions are fear based: Sphere 1	1 – 499



Feelings!
first

FULL ENLIGHTENMENT:**(Map of Consciousness calibration 850+)****(We never reach full enlightenment, it is a never ending process.)****Introduction**

While consciousness levels over 600 are statistically very rare, those above 850 are rarer still. During the last 1,000 years, for fifty percent (50%) of the time, there has been no one at level 850, and for twenty percent of that time, there has been no one over calibration level 600. The very high energy frequencies of Enlightenment transmit a vibration to the collective consciousness field of mankind in general and become inscribed in the auric fields (etheric spiritual energy bodies) of spiritually aligned people by 'silent transmission'. The frequency vibration of this energy remains within the spiritual etheric body for very long periods of time and (confirmed by consciousness calibration research) can last for as long as twenty five (25) incarnations or up to even one thousand years, where it lies in wait to be claimed.

The unique power of the field of extremely high levels also counterbalances the negative energies that prevail in the majority of the world's population, of whom seventy eight percent (78%) are currently below calibration level 200 (forty-nine percent in the United States). The other service that advanced levels of consciousness provides is information that is of transformative value and usually transmitted down through the centuries for the benefit of spiritual students. Many teachings of this high calibration were originally of very ancient origin and were promulgated via the ancient *Vedas*, such as the *Upanishads* and the *Bhagavad-Gita*, as well as the *New Testament*, the *Zohar*, and others. In some cases the actual authors are unknown but the teachings are from Divinity or the Great Avatars who calibrate at 1,000 (Christ, Buddha, Krishna, Zoroaster).

The Great Teachers themselves primarily taught Truth only at the highest levels. The various world religions were established much later by followers, sometimes many centuries later, which inadvertently allowed for error, as is well known to Biblical scholars. The calibrated teachings of religions themselves per se are therefore less than that of the original founders. It is historically unusual and rare for Great Teachers to be the actual authors of the texts of their teachings. At times, the disparity and error are very great, such as the inclusion of the book of Revelation (cal. 70) in the New Testament. When it is removed, the calibration of the New Testament moves up from 640 to 880 (Lams Bible translation).

Enlightened sages were primarily Self-realised mystics or recipients of Divine Incarnation, such as Jesus Christ. The oldest sources of the highest spiritual truth historically came down from the great Aryan sages of ancient India (i.e., the *Vedas*, the *Upanishads*). These originated in approximately 5,000 BC (the Buddha lived approximately 563 BC). The sages who reach level 850 or over became primary influential teachers, and their teachings form the core of important schools and revered spiritual traditions. Thus, a major teaching retains its intrinsic value over many centuries. The authenticity and validity of teachers and their teachings can now be validated by the emergence of the science of consciousness with its capacity to calibrate confirmable levels of truth.

While the actual numbers of very advanced, enlightened sages that influence mankind have been limited down through the centuries, their teachings have been essentially the same, even though they arose independently in different parts of the world, in different cultures, and in different millennia. Thus, it can be said that truth is always true because there is only one truth to be discovered. The great teachers and their teachings emanate extremely powerful high-frequency energy fields into the collective consciousness of mankind, without which it probably would have exterminated itself (calibrates as 'true').

Dynamics of Enlightenment

At very high levels, the subjective experiencing of existence is no longer limited by the narcissistic ego or the psychological blocks of the positionalities. This condition is the consequence of progressive surrendering at great depth of all limitations and belief systems. The requirement is the persistent 'one-pointedness of mind' processing-out of emotional / mental residuals of lower consciousness levels and surrendering of all self-identities and mental belief systems. This process is assisted and supported by the unimpeded inflow of the spiritual kundalini energy to the higher etheric spiritual bodies above the crown chakra.

The flow of the kundalini energy is a response to surrendering the personal will directly to the Divine Teacher, Avatar, Sages, or Divinity by whatever name invoked (e.g., as per the ninety-first Psalm, or the words of Krishna, or Jesus Christ that "All who call on me by whatever name are Mine and dear to Me").

The love of God by worship, devotion, commitment, declaration, or selfless service is the catalyst and the formal invitation for the intercession of Divinity via the power of the nonlinear field of consciousness itself, which is omniscient, omnipresent, and omnipotent. By surrender of all resistances, this powerful non-linear field becomes progressively dominant and eventually an all-encompassing Presence.



Transcending Level 850

From the viewpoint of the intellect, the problematic duality encountered at consciousness level 850 may seem somewhat academic and therefore the province of metaphysics, theology, or ontology, but when the level is reached experientially, it is far more than that. It is a very major step with very major differences in the outcome because spiritual devotees who reach this level have often been influenced by misinterpretations of the teachings of the Buddha that misidentify the meaning of 'Void' and believe that the Nothingness / Void is the ultimate state, which it decidedly is *not*, as determined by both consciousness calibration research and subjective experience.

In traditional spiritual languaging, each of these advanced levels is ‘guarded’ by the ‘dragons’ of a duality. This is especially true at level 850 where the presenting limitation to be transcended is the conundrum of the seeming opposites / alternatives of whether the ultimate Reality is Allness versus Nothingness, or is Existence versus Non-existence.

The void of Nothingness calibrates at 850 and is the end point of the pathway of negation that denies the reality of *everything* or *anything* (i.e., the linear form or ‘thingness’ as attachment). The error that follows is the presumption that the transcendence of all form is the sole condition of Buddhahood. This is an easy mistake to make because experientially, the condition of the Void is enormously impressive. As it unfolds, it is ineffable, infinite, timeless, Oneness, all encompassing, still, silent, unmoving, and strangely inclusive of the ‘awareness of non-awareness’ that precludes even beingness or existence. This state is definitely and experientially, without question, beyond duality. There is neither subject nor object; there is nothing left to surrender and no one left to surrender; thus, it indeed seems to be the ultimate state of Enlightenment itself. Another difficulty at that level is that there are no teachers with whom to consult, share, or reflect confirmation, much less instruction, for the state is indeed wondrous, and the need for such a direction would not seem to be necessary or present itself for confirmation.

If the state of Void (Nothingness) were the ultimate reality, it would be a permanent condition, and there would be no entity to report it. However, it is not, and therefore, sooner or later, one leaves the Void and returns to conscious existences. Next occurs the subjective experiential phenomenon of suddenly emerging into Existence from the oblivion of the Void. (In this lifetime, for David Hawkins, the occurrence was at age three. Suddenly, out of Nothingness and non-awareness, there was the shock of not only Existence, but also the discovery of physicality and that a body accompanied the return from Nothingness to Beingness. Thus, in this lifetime, the dilemma at calibration level 850 was initially presented strongly in early life, and it recurred later, at which time it was rejected and transcended. It took thirty eight years to resolve.)

The Knowingness that is needed to transcend this level is that Divine Love is also nonlinear and without subject, object, form, conditionality, or location. The limitation (incompleteness) of the Void is reached as a consequence of intense dedication to the pathway of negation; however, missing is the realisation that Love is a primary quality of Divinity and is also nonlinear, and that spiritual love is not an attachment. The error of the pathway or negation is to misidentify and refuse Love because, in its general, ordinary human experience, it is a limitation and an attachment (between a ‘me’ and a ‘you’ or an ‘it’).

In contrast, Divine Love is predominant, powerful, overwhelming, and the primary quality or essence of the Presence. It is profound and unconditional, with no subject or object. It is not an emotionality but a condition or a state that is liberating rather than limiting. The Void (cal. 850) is comparable to infinite, empty, conscious space. In contrast, the Presence of Divinity is like the heart of the sun. There is no mistaking it for the Love is realised as the very core and Source of one’s primary Self.

Clarification of the Problems of The Void

Advantaged by the advent of consciousness calibration research plus subjective experience, the misunderstanding of the subject of the Void can be further clarified. The confusion arises from the pathway of negation as well as from the terminology ascribed to alleged statements by the Buddha (who

advised to not use the term ‘God’ due to widespread misinformation about the true nature of Divinity). To assist understanding, the following calibrations are very useful:

	Calibration Level
Reality as witness / observer	600
Arhat	800
Seeing into one’s ‘self-nature’	845
Void	850
Oneness	850
Nothingness	850
Reality as Consciousness	850
Reality as Awareness	850
Omniscience	850
Omnipresence	850
Omnipotence	850
Allness	855
The Buddha	1,000
The Creator	Infinity
Divinity	Infinity
God / our Heavenly Mother and Father	Infinity

As can be seen from the above, calibration level 850 denotes identification with attributes, qualities, or characteristics of Divinity but not Divinity itself. Thus, Allness, Omnipresence, Nonlinearity, Oneness, etc., are qualities of Divinity but still lack the core identity, which is consciousness awareness of *God* as *Divinity* and thus the Creator of the seen and unseen (the linear and the nonlinear) and the Source of Love and consciousness / awareness. The teachings of the Buddha were ostensibly worded to avoid preconceptions about the term ‘God’, but because the Buddha calibrated at 1,000, he therefore was indeed God Realised.

The transition from calibration 850 to 1,000 is the consequence of rejection of the Void as the ultimate reality and affirmation of the realisation that the Source of Enlightened states is *Divinity* as *God*, which is inclusive of all the attributes calibrate at 850, *plus* God as Infinite *Love*. Full Enlightenment realises the Presence of God and Divinity as the Source and Essence of Life, Creation, Consciousness / Awareness, and Existence. God is therefore descriptively omnipotent, omniscient, and omnipresent, and both Immanent and Transcendent, as well as Manifest and Unmanifest (the Godhead). Calibration level 1,000 is the ultimate state possible within the human domain (calibrates as ‘true’).

Transcending the Void

While spiritual students may consider that the problem inherent to the very advanced, extremely high-level problem of transcending the Void is not likely to be a challenge in this lifetime, they can be quite mistaken, for any student can suddenly find oneself at an extremely high level with no advance warning. Thus, all students should be instructed ahead of time as to how to handle very advanced states of consciousness. It is not just a catchy phrase that says that heaven and hell are only one-tenth of an inch apart. One can, in fact, go from the very depths of Hell to the most extremely advanced states.

One reason for seemingly endless delays on the way to Enlightenment is doubt, which should be surrendered as a resistance. It is important to know that it is actually extremely rare for a human to be committed to spiritual truth to the degree of seriously seeking Enlightenment, and those who do make the commitment do so because they are actually destined for Enlightenment.

At this time, spiritual evolution is proceeding at an ever-exhilarating pace, and spiritual information never before available is now readily accessible. The progress of a spiritual student of today is already accelerated and advantaged by access to spiritual information that in past times was limited to the very select few.

Spiritual progress does not follow in convenient, definable, progressive steps, as a description such as this on transcending the levels of consciousness might seem to imply. On the contrary, unexpected great leaps may very well occur at any time, and all students should be advantaged by having the necessary information of what to know at certain points along the way. The knowledge that is needed at ‘the end’ is essential right from the ‘beginning’.

To know what is necessary to know in order to reach Divine states accelerates progress; otherwise, there is an unconscious resistance of fear due to ignorance. This fear is overcome by the acquisition of the necessary understanding; therefore, there is nothing left to fear, and all fear is an illusion – a knowingness that is also required at very advanced states. Any student who is serious about spiritual alignment and devotion to God, to Love, to Truth, to fellow humanity, or to the alleviation of human suffering or in all sentient beings, is already very far advanced.

Consistent application of any spiritual principle can unexpectedly result in a very major and sudden leap to unanticipated levels. At that point, memory may not even be available, and instead, the Knowingness of Spiritual Truth presents itself silently. Spiritual students should accept the reality that they are *already gifted*. A serious reader of a book such as this could hardly be otherwise. Divinity knows its own; therefore, to accept that truth is to already feel joy. To not experience joy by understanding this means that it is being resisted. This awareness is reinforced by understanding that, contrary to the dualistic Newtonian paradigm of reality, one is not just the consequence of the past. On the contrary, the present position is due to the attraction of potentiality, because both the past and the future are illusions. Therefore, commitment to Enlightenment now becomes like a magnet pulling one towards it, and the rate of evolution is up to the individual’s willingness to surrender resistances.

Enlightenment is not a condition to be obtained; it is merely a certainty to be surrendered to, for the Self is already one’s Reality. It is the Self that is attracting one to spiritual information.

The Final Surrender

At the previous levels of consciousness, the illusions of perception have been surrendered, as have interpretations of superimposed ‘meaning’, value, and significance. This leads to loss of identification with emotionality or linearity in the form of mentalisations and withdrawal of investment of interest in that which is transitory, including the physical body and worldly phenomena.

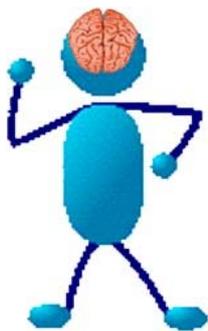
Eventually even the illusion of witnesses / observer / watcher dissolves into awareness / consciousness itself, which is discovered to be non-personal and autonomous. There is no longer the limitation of ‘cause

and effect' or 'change'. The illusion of 'time' also dissolves into the Allness of Divine Concordance. There is neither attraction nor aversion to even existence itself for the even the manifest is seen to be a consequence of discernment by consciousness as a concept.

All has been surrendered to God, and then the very last remnant of the self remains as the seeming source of life – the core of the ego itself, with the conviction that *it* is the author and primordial *source* of one's very life and existence. As this arises, so also does a knowingness that 'even thin, too' must be surrendered to God. This last barrier is signalled by a sudden burst of the last remaining fear, which is very strong and intense – the very basic fear of death. Then arises a knowingness, which has been nascent in the spiritual aura, that 'all fear is an illusion' and 'death is not a possibility'. Then, as a consequence of faith and devotion, the last illusion is surrendered. Next emerges the literal, actual, feared sensation of dying – a brief but very intense agony because, unlike physical death, it has never been faced before. That is the only and final 'death' possible. As the agony dies away, there is an emergence into the Revelation of the Infinite Glory of Divinity. The last vestige of the ego / mind disappears into the Silence of the Presence. The stunning perfection and beauty of the Allness of Creation as Divinity radiates forth, and all is still, beyond all time. *Gloria in Excelsis Deo* (Glory to God in the Highest) is *the State itself*.

Chapter 19 – Transcending Levels of Consciousness

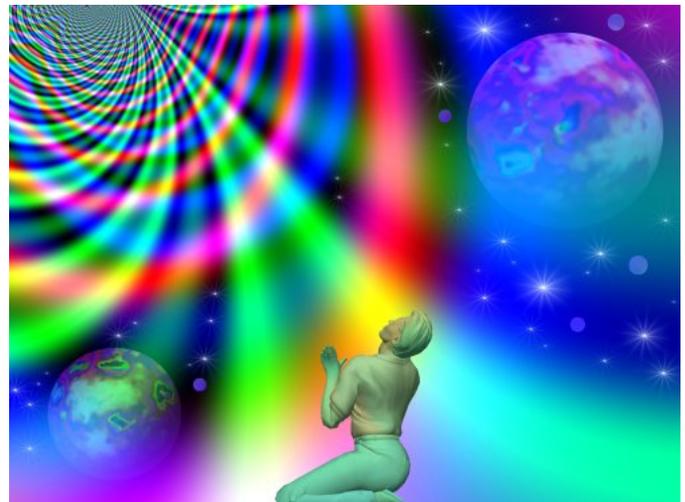
Feelings first

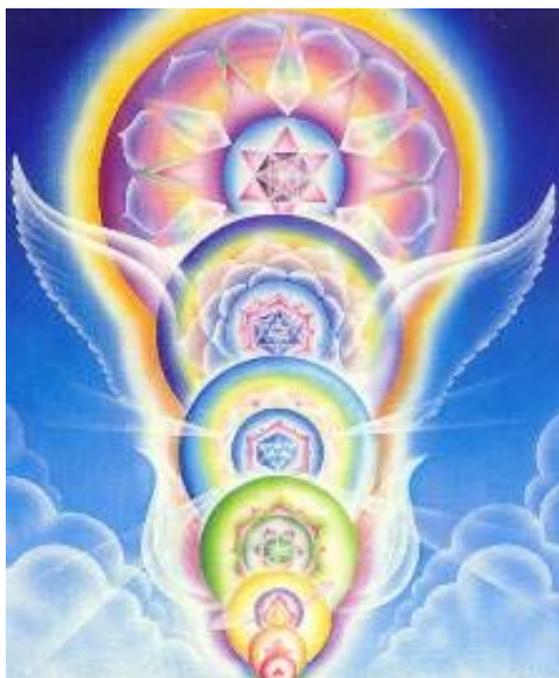


Kingdom of Man
Intellect driven
Spheres 1 – 6



Kingdom of God
Feeling orientated
Spheres 7 onwards





In response to a question posed to David Hawkins, his response was as follows:

There had been prior advances as well as challenges. There was a very advanced state of consciousness that was accompanied by the Knowingness of now being beyond the limitations of personal karma. There emerged a nonlinear state best described as a condition consequent to a greatly expanded context of Reality. In the silence, unasked, there was heard and recognised a silent message that said, “Now that you are beyond all karmic answerability or accountability, even the limitations of personal love, all power is yours over others – own it – take it – use it, for there are no consequences.”

Few in number had passed through these rarefied gates, and it could be seen who had said yes to the temptation who had refused power for its own sake and gain. I saw that Jesus had refused it and passed through, as had the great Avatars and Enlightened sages. While it is termed the ‘Luciferic temptation’, there was no entity present as a source of the temptation. It was presented as a silent temptation: “All power over others is yours – claim it.”

The temptation was refused by the Higher Knowingness that the temptation was a false promise because the Ultimate Reality *is* the Source of all Power. The Self *is* innately the Power and has no need to claim it as an acquisition. Power for its own sake as gain had no appeal. Frankly, it would have been a burden. Subsequent to its refusal, the last doorway opened up, and with the death of the ego, the Glory of God shone forth and went silent.

Subsequently, it was recalled that Jesus Christ and the Buddha described similar confrontive temptations.

P.237 Discovery of the Presence of God.

HOW EMOTIONS EMERGE AS AN ILLNESS: Healing and Recovery P53 by Dr David R Hawkins

Every time someone goes below level 200 (Courage) as per the Map of Consciousness (MoC) scale, we find upon testing that their energy system is imbalanced. Characteristically, most people will 'blow out' one particular acupuncture meridian rather than another.

For example, every time they have negative thoughts or feelings consequent to a negative belief system, they may impair the heart meridian. As the years go by, every time they have a resentment, go into self-pity, or criticise someone else, it disrupts the energy and flows down the heart meridian. This depletes the life energy of the heart, and the continual repetition begins to alter its physiology in very delicate ways. It begins to express itself through irregularities in the autonomic nervous system, which operates in the functioning of the body organs.

As a result, there begins an impairment of the physiology of the heart itself, including the lining of the arteries. As the years go by, the habitual disruption of the heart meridian brings impairment on the physical level, which is an expression of what has been held in mind. That is the basic premise – the body expresses what is held in mind, not vice versa. The body expresses a person's habitual way of thinking.

The mechanics of negativity short-circuit the acupuncture system and the autonomic nervous system. This in turn alters and impairs the sensitive electrical and chemical processes that are going on in the cells, resulting in pathological changes within the anatomy and dysfunction that results in a coronary attack, heart disease, or heart failure. The heart failure comes about partly as a result of years of negative mental attitudes. The mind would like to blame it on cholesterol, stress, one's lifestyle, genetics, what goes on in the family, and so on. These are all merely explanations, excuses, and rationalisation to try to make intelligible that which is not clearly defined.

When looking at the exact mechanics, we see that what we hold in mind begins to manifest on the physical plane because it is the mind that has the power. The mind is within one's spirit body.

One of the difficulties to overcome in self-healing is the willingness to accept the great power of the mind. We cannot let a negative thought go unchallenged. Disease is an expression of one's attitude and habitual way of looking at things.

The specifics of healing a particular illness consist of (1) letting go of resisting the sensory experience of it, (2) no longer putting names or labels on it, and (3) using no words at all. Welcome experiencing what you are experiencing in a very radical way at the same time (4) cancel the thought form and belief system, and (5) choose the energy field of Love, which heals.

To put oneself in an energy field of 540 is to automatically heal oneself. A loving thought then heals, and a negative thought creates illness.

How do we pick up the negative belief systems? We pick them up through television and well-intentioned people. Their intention is to prevent these illnesses in us by educating us about them. Instead, we find that the mind is now programmed to accept a specific belief system. Unconscious guilt then comes up and utilises that belief system, which causes an impairment of energy flowing through the energy fields that run down through the twelve meridians of the acupuncture energy system.

That being said, there is no need to analyse one's condition, just receive healing by embracing, longing for and asking for the light golden blue energy substance being the Divine Love.

The healing of the body alone should never be forced. Complete healing takes place only through the Soul, via the spirit body, via the nervous system and the spirit consciousness of each cell.

Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.

HARMONY within the SOUL = HARMONY within the PHYSICAL BODY:

Emotional injuries, erroneous beliefs, harmful intentions are all damages encrusted upon one's soul. Such injuries are to the spirit body.

Such man made errors degrade the pristine soul and such damages impact upon one's spirit body which in turn emerge as discomforts, then pains, then as illnesses within the physical body.

Medical assistance and treatment may alleviate the illness / pain however the cause remains.

Until we endeavour to remove the errors and injuries, the propensity for the illness remains.

Love energy from our Mother and Father is the only substance that alleviates and progressively removes errors and injuries, and this Love energy is the only substance that permanently brings about harmony and health for our soul which subsequently brings about health to our spirit body and physical body.

Earnestly pray for, ask for, and receive the Love from our Mother and Father, such Love will always be provided to those who ask for same – always!

ENERGY DETERMINANTS – Relationship between Body, Mind and Soul:

The physical body calibrates at 200 on Dr David Hawkins' Map of Consciousness. Many people feel and believe that their body is their real self, this is not so.

Further, the brain is not the origin of the mind, as science and medicine had believed, but the other way around. The mind controls the brain. The brain is activated by the mind's intention and not vice versa. Reason, which emanates from the mind, calibrates at 400 to 499, thus controlling the brain.

What is held in mind has the power to alter brain activity and neuroanatomy. Thought is powerful because it has a high rate of vibration. We are subject to what we hold in mind. Errors in belief bring about energy flow blockages.

Superimposed around the physical body is an energy body whose form is very much like that of the physical body and whose patterns actually control the physical body. This control is at the level of thought or intention. This superimposed energy body is one's etheric / spirit body, the template of one's physical body and home of one's mind.

The basic dictum to comprehend is that the body obeys the mind; therefore, the body tends to manifest what the mind believes. Illness is generated in the physical body by erroneous held beliefs within one's mind.

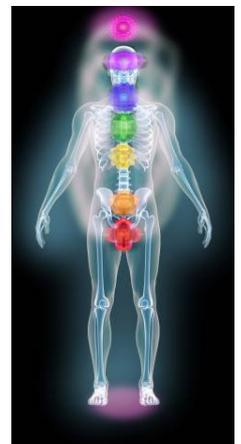
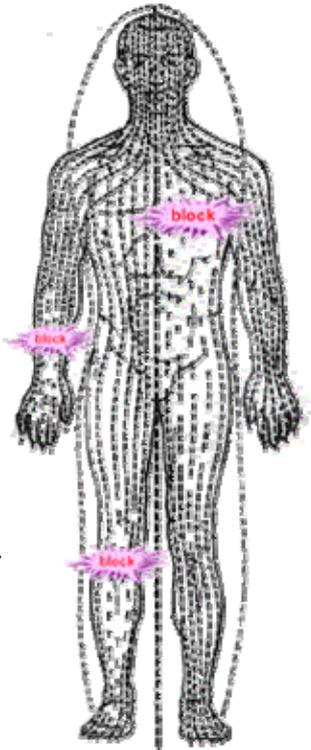
It is the energy level of love that steadily brings about a release from erroneous and harmful man-made emotions and beliefs. The energy level of love calibrates at 500 and higher. One's soul is connected by cords of light to one's spirit body. One's soul is the home of one's personality, natural intelligence and memory, it is our real self.

One's soul is always perfect and is made of the energy substance called natural love. It is by growing one's level of love does one enable sufficient energy to flow through one's chakras of the spirit body and subsequently into one's physical body that erroneous and injurious beliefs are dissolved and the potentiality for health of the physical body to become permanently repaired a possibility.

On the Map of Consciousness (MoC), the **charkas** calibrate as follows:

Crown	600	7 th chakra
Third Eye	525	6 th chakra
Throat	350	5 th chakra
Heart	505	4 th chakra
Solar Plexus	275	3 rd chakra
Sacral or Spleen	275	2 nd chakra
Base or Root Chakra	200	1 st chakra

The greatest infusion of Love, and the easiest way for one to transcend levels of emotions, that is, to evolve, is to long for, pray for, and ask for the Father's Love, Divine Love, being a light golden blue energy substance. Try the experiment.



FREQUENCY MANAGEMENT for HEALTH – for TEMPORARY RELIEF!

Dial into the Frequency of Life for Harmony and Wellness:

*Our body is made of an estimated 7×10^{27} (that's a 7 followed by 27 zeros!) energetic atoms.
Let's use them for good! "For Health Sake".*



Everything on this planet, including animals, plants, and water are made of atoms which produce, emit, and receive energy which operates at a specific frequency.

Everything – all our tissues, cells, organs, emotions and thought patterns – have their own unique electromagnetic fields, as do allergens, viruses, bacteria and fungi.

Every cell has an energetic pattern. Different cell types as well as healthy and dysfunctional cells have different energy patterns and transmissions. Each organ, each energy meridian, each Chakra and each emotion has characteristic patterns. Just like different radio stations have different frequencies, different organs have different waveforms.

Everything in the planet is a frequency, some are beneficial and some harmful to our health and wellbeing. If you are **experiencing any symptoms** this means your body is using large amounts of energy on attempting to heal and recover.

Applied frequencies can target the dysfunctional area in different parts of your body and help to harmonize, rebalance, regenerate and eliminate in order to support normal functionality.

Using a frequency machine is a subtle treatment and **you don't feel a thing**. Example, the GB4000 machine can be programmed to the specific frequencies necessary to facilitate wellness. <http://www.thegb4000.com/> <https://www.quantumbalancing.com/gb4000.htm> Using a frequency machine is a subtle treatment and **you don't feel a thing**

Ones emotions, thoughts, physical health and wellness all have characteristics of electromagnetic waveform and frequencies. Feeling Run Down – Organ functionality – Malabsorption of nutrition – Hormonal deficiency – Brain chemistry imbalance-Digestive problems – Nervous System Stress – plus many more, all are reflecting different frequencies.

Think of a radio station where we can hear the music but we can't feel the frequency. E.g. Ultrasound machines can break up hard kidney stones, however, they do not damage the kidney itself, different frequency applied. Sound frequency can shatter a glass when applied at the correct frequency and not affect the person beside it.

Examples of the frequency technology applied: <https://www.youtube.com/watch?v=zosyirsTLbg>
<https://www.youtube.com/watch?v=nCkupIqbNXo> (Youtube demonstration of Royal Raymond Rife machine frequency used to kill bacteria with frequency within two minutes real time video.)
<https://www.youtube.com/watch?v=rvU9JrWycFI> (Rife-Bare Plasma Experiment Destroys Microorganisms (June 28 '07))

MODERN MEDICINE IGNORES OUR SUBTLE BODIES:

It is the injuries to our subtle bodies caused by our wayward mind that bring about the manifestation of mild discomfort, then acute pain within our physical body, and ultimately the illnesses and diseases that we then seek medical assistance to suppress. Modern medical systems do not address the cause of such illness. Ask yourself, when was the last time that a medical professional told you what the underlying cause of an illness was?

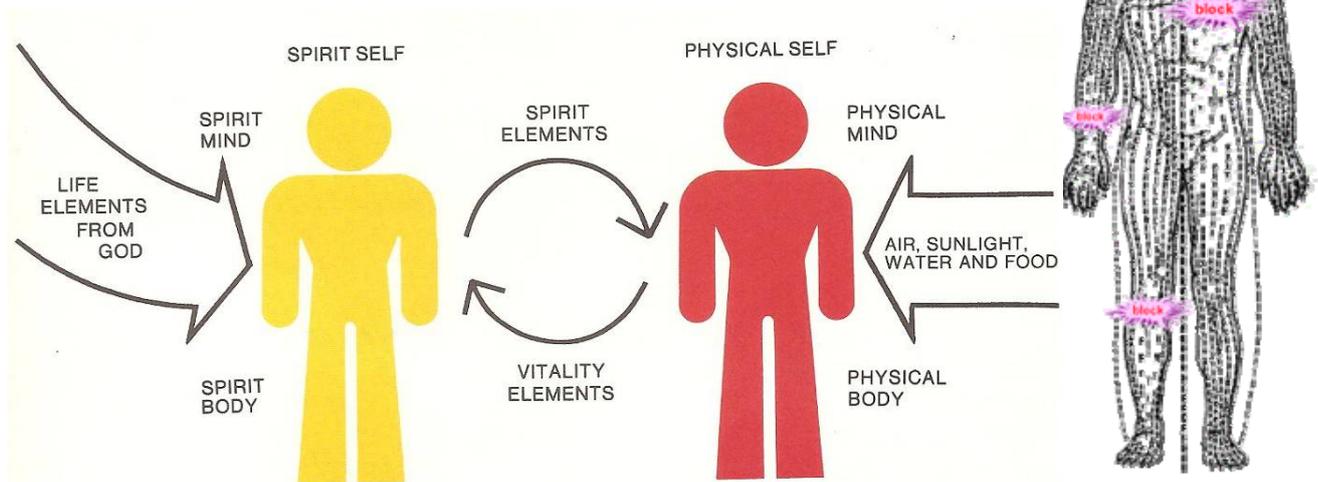
The auric field, that some can see, is the template for our physical body. Childhood Repression brings about energy flow blockages, being stuck and frozen emotional injuries, which then retard the flow of energies within our physical bodies. Modern medicine ignores this reality. The result is that treatments provided are only temporary as the underlying injury remains within our subtle bodies.

We have other bodies that are just as real as the physical body, they are all connected, if we have a problem within these subtle bodies, such problems most likely will manifest on the physical, so why not attend to it utilising a healers help on these subtle levels thereby helping yourself on the physical.

Example, our genes are multi-layered. Our genes are not only part of our physical being but are far reaching. They are:

- on the physical level
- on the emotional level
- on the mental level
- on the psychic level
- on the spiritual level.

We need to understand our **genes are not just physical, but on all levels.**



In fact our issues and illness that we recognise within the physical body are on all levels.

Only by one engaging in the process of Feeling Healing can one delve down into the core emotional issues originating from our childhood, being in the form of childhood repression and suppression, that we can then express and release such injuries and bring about permanent health to our physical body. The process of Feeling Healing is the only way to remove the underlying cause of physical illness and discomfort.

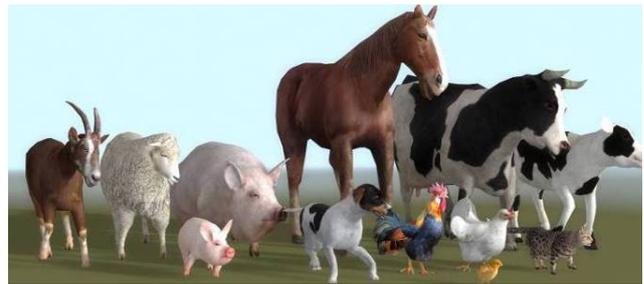
CREATION, DEVOLUTION and EVOLUTION:

Aman and Amon (also called Andon and Fonta), our first parents, physical being was born of natural parents, who in turn had been born of their own parents. Their bodies were not created instantaneously, but evolved just as all of God's creatures evolved. Aman and Amon were both nurtured physically as infants and then children. **But our first parents' souls were placed in them when they were already adults.** They had no clear memories of their earlier life before that great moment. As soon as they possessed a soul, all of the normal human psychological manifestations appeared.

There were aunts and cousins, parents and grandparents. But they were not human like Aman and Amon – they were really animals, though of the same species. Aman and Amon wandered off from the family, since they could find no way of relating to them at all. How could they? They were incapable of rational thought, speech, or anything human. Aman and Amon knew that forevermore they were apart.

They were indeed a primate species of humanoids. But Aman and Amon (they were not Adam and Eve) were more beautiful than their animal relatives, and knew, even from their very appearance, that they were marked even by Nature to be different.

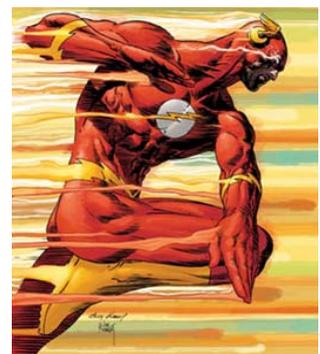
The human body, without a soul, calibrates at 200 on Dr Hawkins' Map of Consciousness. Domestic animals typically calibrate 200 to 250. Our soul is the source of our personality, intelligence, and memory. Our soul is formed from the energy substance of natural love. There is nothing of the Divine within our soul.



The First Parents did have the propensity to receive Divine Love, however it was not yet bestowed upon man, that occurred in the 1st century with Jesus and Mary. Man, left to his own perseverance and determination can develop into the perfect man with only Natural Love, however that is a slow and tedious pathway and limited to perfection of the soul, fit only for the 6th natural love spheres.



By embracing Divine Love and one's Feeling Healing, man can become fitted to enter the Celestial Heaven and higher in rather quick time. One's life on earth, living with the Love and embracing Feeling Healing, can be that of living in Heaven!



Further, Feeling Healing with Divine Love, has a powerful positive effect on the physical body, balancing the hormones and generally promoting physical health, which is really the same thing as saying that the state of a mortal's soul impacts directly on that mortal's physical health.

MAN WITHOUT or WITH a SOUL!

Man without a soul is likened to a puppy dog!

The human body (without a soul) calibrates at 200 on Dr David R Hawkins' Map of Consciousness. Domestic animals also calibrate from 200 to 250 on this scale. Without a soul, a human body is incapable of rational thought, speech, or anything human.

The real you is your soul! With the infusion of one's soul connecting by cords of light to one's spirit body, which is the template for the physical body, comes one's personality, natural intelligence, memory, and all things human.

Our brain is simply a transceiver of communications from one's mind. The mind is housed within one's spirit body. The thinkingness is done within the spirit body mind. What is held in mind subsequently manifests within the physical body. The functionality of reason calibrates between 400 and 499, thus overriding the physical body as it calibrates around 200 only.

The natural love based soul endeavours to guide the mind (love calibrates at 500 and above). During our physical life, we encrust our soul with emotional injuries and erroneous beliefs thus impeding and frustrating the flow of loving energies from the soul to the spirit body mind, and subsequently the physical body.

It is the love energy of the soul that brings about health of the physical body and a bounteous and blessed life in the physical world.

There is nothing of the divine within our natural love soul, however, should we long for, pray for, ask for, and receive our Heavenly Parents' Love, the Divine Love of our Mother and Father, then we slowly and progressively blend our natural love with that which is Divine, Divine Love. It is this ultimate high-octane super fuel that changes our soul from that which is mortal to that which is immortal and with Feeling Healing, become fitted for the Celestial Heaven; this is the process of being born again!

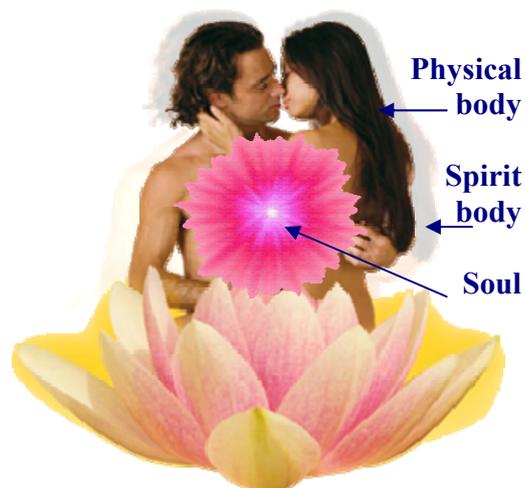
If you ask for the Divine Love to enter your soul it will be 10 or 100 times more efficient, 10 or 100 times stronger than if you would let the natural love flow through your soul. So it will help to break down "the wall" you've created around your soul 10 or 100 times faster than the natural love would do.

Feeling Healing with Divine Love is this ultimate high-octane super fuel that dissolves the encrustments of errors and false beliefs around the soul, enabling penetration of loving energies throughout the spirit body, and into the physical body, bringing about health and vibrancy to life.



The REAL YOU is the SOUL:

One's personality, natural intelligence, memory and human attributes all are soul based. The soul initiates conception so it can start expressing one of its two personalities in Creation. It creates the will, then 'wills' the spirit body and physical body and all that connects them with the will into being. Our soul constantly sustains or expresses us, one of its two personalities, in Creation. The spirit can't separate from the soul because the soul keeps it in existence. We need our spirit and physical bodies to experience our personality through. When the spirit body separates from the physical body, one continues on living in a different form without losing any of the attributes experienced during physical life. Incarnation is the process of individualisation of the soul.



Without a soul, our physical bodies would function and interact similarly to that of a domestic animal. An unsouled human body (thought not possible) would respond like a household puppy! Domestic animals calibrate on Dr David Hawkins' Map of Consciousness between 200 and 250, the human body calibrates at 200. All animals have spirit bodies, these do not survive into the spirit Mansion Worlds. Our SOUL IS NOT ENSOULLED IN OUR SPIRIT BODY. Our soul exists existentially in a whole different level or plane or place or dimension of being – 'soul land'. It doesn't exist in Creation, it's not experiential like Creation is. The soul, all souls, help create their part of Creation by expressing their personalities into Creation, and then by having their personalities do things (further create) in Creation.



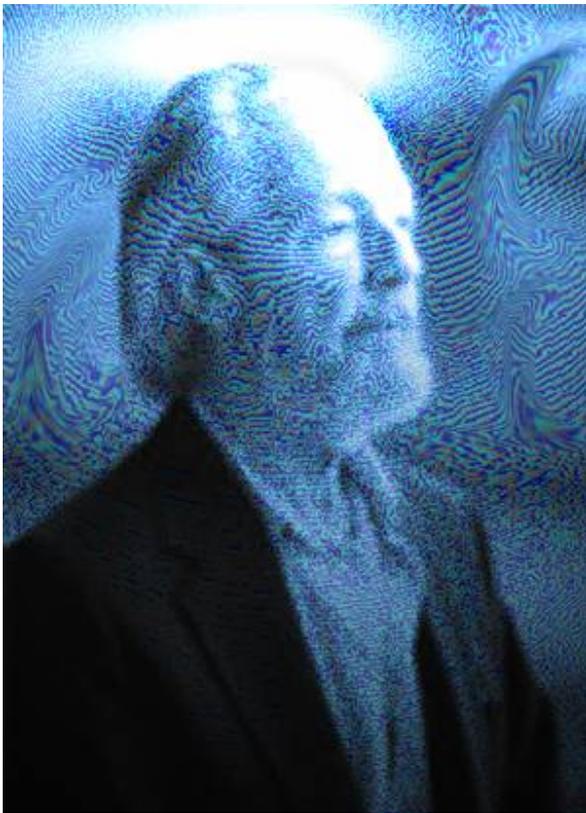
Aman and Amon were the first True Humans, which means, the first soul expressing its soulmate pair, its two personalities, in Creation – on Earth. From which came forth the rest of us. So they had a soul from the start, which separated them from their animal parents. It's the soul that wants to fully express itself through its two personalities perfectly in Creation, which is the so-called 'human perfection hunger'. It, our soul, wants to be Perfect like its Heavenly Parents, the Soul that Created it. We, focused as personalities, want to be perfect, like the Personalities of our Mother and Father that are Perfect. Our soul wants to be like Their Soul. Our soul wants to ascend us to Paradise so we can be with Them, as physically close to Them on a personality level that we can be, and then see what happens.

There were aunts and cousins, parents and grandparents. But they were not human like Aman and Amon – they were really animals, though of the same species. Aman and Amon wandered off from the family, since they could find no way of relating to them at all. How could they? They were incapable of rational thought, speech, or anything human. Aman and Amon knew that forevermore that they were apart.

Aman and Amon may have been twins. They were indeed a primate species of humanoids. But they, themselves were more beautiful than their animal relatives, and they knew, even from their very appearance, that they were marked even by Nature to be different.

ANNEXURES:

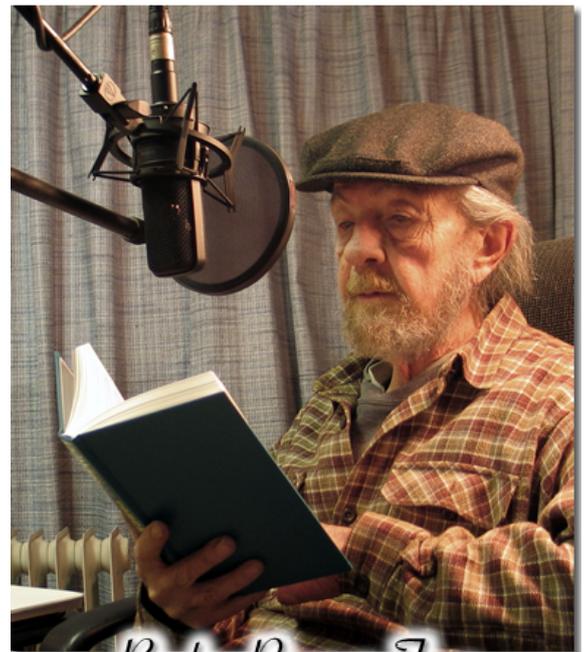
Dr David R Hawkins:



Guy Ritchie Interview



Nightingale-Conant Interview



Reading Power vs. Force

REFERENCE MATERIAL:

Progressively throughout the past 100 years (commencing 31 May 1914), those accredited with parts of what makes up the Bible's New Testament have penned / transcribed comments and truths pertaining to events of the first century for the purpose of clarifying and correcting the many errors and misunderstandings that have been inserted into these historical records that were firstly handed down by word of mouth and then the penned records which were subsequently copied and re-copied over and over again with authors and authorities imposing their interpretations and desires. Many of these comments can now be found noted throughout a King James' version of the New Testament at:

Bible New Testament Review – Part I <http://www.pascashealth.com/index.php/library.html>
<http://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SOUL%20CONDITION%20%26%20HEALTH/Bible%20New%20Testament%20Review%20-%20Part%20I.pdf>

Bible New Testament Review – Part II
<http://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SOUL%20CONDITION%20%26%20HEALTH/Bible%20New%20Testament%20Review%20-%20Part%20II.pdf>

Bible – New Testament, Matthew, Peshitta, Lamsa
<http://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SOUL%20CONDITION%20%26%20HEALTH/Bible%20New%20Testament%20Matthew%20Peshitta%20Lamsa.pdf>

A tool for one to discern truthfulness, or lack thereof, of material for consideration, kinesiology muscle testing is a simple adjunct to one's discernment. Dr David Hawkins, after 20 years research, has fully explained and demonstrated this process within his book and video, both titled 'Power vs Force'. He has then gone on to release a series of teachings containing truth at the level humanity has never has access to previously. Dr Hawkins works is only surpassed by the Divine Love teachings that our Celestial Friends, in their hundreds, have and continue to provide us with.

Firstly, available from: www.veritaspub.com www.amazon.com www.bookdepository etc. are:

Power vs Force by David R Hawkins (also Video of the same name – video is a demonstration and training for kinesiology muscle testing)	Map of Consciousness calibration	850
The Eye of the I by David R Hawkins	Map of Consciousness calibration	980
I – Reality and Subjectivity by David R Hawkins	Map of Consciousness calibration	999.8
Truth vs Falsehood by David R Hawkins	Map of Consciousness calibration	850
Transcending the Levels of Consciousness, The Stairway to Enlightenment by David R Hawkins	Map of Consciousness calibration	900
Discovery of the Presence of God, Devotional Non-duality by David R Hawkins	Map of Consciousness calibration	955
Reality, Spirituality, and Modern Man by David R Hawkins	Map of Consciousness calibration	750
Healing and Recovery by David R Hawkins	Map of Consciousness calibration	880
Letting Go by David R Hawkins	Map of Consciousness calibration	980

MUSINGS by JOHN:

Thursday, 28 September, 2017

Kevin died on 10 August 2012 without any thought for spirituality and no passion for any religion, other than showing up. On 7 August 2017, he arrived into the 1st Celestial Heaven. Three days short of 5 years!!! He had met his soulmate (soul partner), Kathaleen, and she arrived a few weeks before him into the first Celestial Heaven, as you may have read.

The writings that followed from Kevin are outstanding. Kevin is now a world teacher!!! He and Kathaleen both are. Neither would comprehend this, but they are. Kathaleen and Kevin's writings answers and leads anyone to the destination we are to find, in our own time.

I would like to contrast this achievement with someone I greatly respect.

David Ramon Hawkins, M.D. (born June 3, 1927, died 19 September 2012) was an American psychiatrist, mystic, author and controversial spiritual teacher in Sedona, Arizona. He is best known for his book Power vs. Force, I have read everything I can about his works – 10 books, plus videos, etc. Miracles happened around him spontaneously. The Catholic Church would make him a saint within seconds.

Hmm – Dr David Hawkins has stayed trapped in his mind and may remain in the mind spirit Mansion World for centuries, unless he embraces his feelings. He will remain stagnant and limited in his mind condition. Whereas Kevin is now a far greater and truer teacher than this great mind of Dr Hawkins. What a switch in roles! Kevin has progressed exponentially past Dr Hawkins in soul development. Go you good things, Kev and Kath.

Cheers John

Same day: Dr David Hawkins: Hello John. I have been asked to speak to you through James in this way, you being one of my ardent fans and followers of the principles I developed through my life on Earth.

Your assessment of me is correct, and I did spend time in the mind worlds trying to assimilate all that I did on Earth with all that was happening to me in my new spirit life.

Upon my arrival over here in the first Mansion World I was greeted as something of a spiritual celebrity with a host of mind spirits (as James calls them) greeting me, they being the ones who 'empowered' me to do the so-called miracles I did on Earth.

I want to tell you, it's quite a humbling experience to realise, like many of us who did such marvellous things on Earth, that it wasn't actually our own doing, we were not the sole instigator of such 'happenings', that it was other spirits working through us. And that although I attributed it to God, still I secretly thought it was all my own incredible doing, so to have to accept that I was just a conduit – that I really was, and having little more than an innate ability to be that conduit, I felt a bit flat.

And to bolster my flagging ego, I would tune into those people on Earth who were still thinking well of me, yourself John being one such person. And here again, by doing this, I gave myself a rude shock having to face the fact and realise that few people truly understood what I was teaching, taking my work

and corrupting it for their own gain. And believe it or not, I never thought such a thing would happen. So, who of my 'earthly followers' was staying true to what I taught – who actually got it?

And I kept coming back to you as one of these people John. Admittedly, had I helped you personally, you'd have had an even greater understanding and appreciation of my work, however you accept it as is and haven't corrupted it, and have guided other people to be interested in it. So I have followed you over the years in this, which meant I also took notice of what you were doing in your other spiritual interests, some of which were vastly different to anything I'd ever heard about, or found out about over here in my limited little mind world.

And I write such things in the past tense because I am very happy to say, all of which I am so grateful to you for John, that I have now progressed into the lowest sector of the Divine Love on the first Mansion World. I am learning all about it, and about the Healing, all under the incredibly patient and loving assistance of higher Celestial spirits, like those who wanted me to speak with you today.

So you can chalk me up as one of your admirers, and a mind spirit who has converted to the 'Ways of the Divine Love'. I still have a lot more to understand, this is true, and as it's so different to my earthly and mind spirit way of thinking, will take time to integrate into my way of thinking – which means, to change my way of thinking into a completely new way.

That is all I wanted to say. And although you might think that my coming is rather inconvenient with you having just written about me again, however here I am and this is what I want to say.

All the best to you John. You have no idea how grateful I am to you, and I have a strong pleasant feeling that that gratitude is only going to increase.

Yours respectfully,
Dr. David Hawkins

(James: As I was reading your comparison of the Doctor with K and K, I started to feel the energy building... oh here we go again... he's wanting to speak to me!)

Friday, 29 September 2017: Dear James and John (Noted from Samantha in England)

To be 'used' so fully by Mind Spirits, to create all he (Dr David) did under their influence, all so cunning, that must have felt quite devastating to him and I am feeling a lot of sadness, emptiness and let down with in myself as I understand how it feels to learn that my whole life has not been my own but that of my parents, their will, control and untruth and I have felt feelings of it all being such a waste of my experience being like that, a waste of the personality God created me to be. I am very sad as Dr David Hawkins realised how 'used' he has been, being a conduit for the Mind Spirits, I feel like that too, used by my parents to be as they wanted me to be instead of nurturing me to be myself and help develop the personality God gifted me.

I (Sam) bought 'Letting Go – the pathway of Surrender' by Dr Hawkins and I was very up with all of his feeling work but then felt the change in me with the mind dominant aspect of Dr Hawkins work, it was that I wasn't drawn to and felt myself draw back from it but now he can go on from what he already knows, go further into the feeling aspect of what he discovered and I am sure he will get so much support

in that from the Divine Love spirits that are guided to help him. Isn't that just so wonderful John, to have that help, like you have in Kevin and Kathaleen.

CONCLUSION:

David Hawkins' own story explains that the 'Letting Go' process is inadequate. The 'Letting Go' publication and process is his own research. Pure and simple; Dr David was knocking on the door, but that process was unable to open the door.

Again, his own story now endorses the Feeling Healing process!

This leaves no doubt as to the veracity of what Marion and James and Samantha are doing. It is THE ONLY WAY! The only way being the Feeling Healing process coupled with Divine Love.

This clears away confusion for many people who may explore everything. Other emotional processing and releasing modalities simply do not delve far enough into one's injuries and errors of belief. Yes, they provide some temporary relief, but none of them go beyond the mind and into the soul to the core and foundation of our injuries, all of which stem from our childhood upbringing.

Dr David Hawkins has now clearly put aside his own teachings and confirmed that his and all other modalities are inadequate.

Now, we all can focus upon the only way home!

FEELING HEALING with DIVINE LOVE is SOUL HEALING:

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing.
Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.
Primary and most important readings are the writings of James Moncrief.
Then consider the Padgett Messages, and then The Urantia Book.**

Release one's pain through expressing one's feelings.

in conjunction with

Longing for the Truth when also longing for Divine Love.

**Feeling
Healing with
Divine Love is
the key!**



Feelings! first

SCRIPTURES and SPIRITUAL WRITINGS	P.366 Truth vs Falsehood by David R Hawkins
calibrations by Dr David Hawkins	
Abhinavagupta (Kashmir Shaivinism)	665
A Course in Miracles (workbook)	600
A Course in Miracles (textbook)	550
Aggadah	645
Apocrypha	400
Bodhidharma Zen Teachings	795
Bhagavad-Gita	910
Book of Kells	570
Book of Mormon	405
Book of Revelation (New Testament of the Bible)	70
Cloud of Unknowing	705
Dead Sea Scrolls	260
Dhammapada	840
Diamond Sutra	700
Doctrine and Covenants: Pearl of Great Price	455
Genesis (Lamsa Bible)	660
Gnostic Gospels	400
Gospel of St Luke	699
Gospel of St Thomas	660
Granth Sahib-Adi (Sikhs)	505
Heart Sutra	780
Huang-Po Teachings	960
Kabbalah	605
King James Bible (from the Greek)	475
Koran	700
Lamsa Bible (from the Aramic)	495
Lamsa Bible (minus the Old Testament and Book of Revelation, but including Genesis, Psalms, and Proverbs)	880
Lao Tsu: Teachings	610
Lotus Sutra	780
Midrath	665
New Testament (King James Version after deletion of the Book of Revelation)	790
New Testament (King James Version from the Greek)	640
Psalms (Lamsa Bible)	650
Proverbs (Lamsa Bible)	350
Ramayana	810
Rhubyat of Omar Khayyam	590
Rig Veda	705
Talmud	595
Tibetan Book of the Dead	575
Torah	550
Upanishads	970
Vedanta	595

Vedas	970
Vijnane Bhairava	635
Yoga Sutras, Ptanjah	740
Zohar	905

Note: Following calibrations done by others:

Divine Love based truths	calibrate over 1,000
Book of Truths (containing the Padgett Messages)	1,492.4
True Gospel Revealed anew by Jesus (Padgett Messages)	1,492.4
Revelation	1,490
Judas of Kerioth	1,482.1
The Golden Leaf	1,480
The Richard Messages	1,484
The Divine Universe	1,494.7
Celestial Soul Condition	1,480
Shining Toward Spirit Vol I, II, III	1,484
Family Reunion Afterlife Contact	1,486
Traveller, and Destiny	1,485
James Moncrief 10 major publications which reveal	1,490
Feeling Healing and with Divine Love, Soul Healing	

Only the writings of James Moncrief are free of the imposts of the Rebellion and Default. These writings contain the revelations that are to become universally embraced by Earth's humanity throughout this coming Avonal Age of 1,000 years.

Divine Love was taught and understood by early Christianity up until the Nicaean Council 325 AD/CE:

Christianity – Early calibrations by David Hawkins

First Century – “The Way” (Divine Love was understood)	980
The Apostles	905 – 990
Gnostics	510
Prior to Council of Nicaea	840
After Council of Nicaea (325 AD) Constantine took control	485
(Divine Love teaching are now all lost)	
Roman Catholic	
Papacy	570
College of Cardinals	490
Faith and Liturgy	535
Clergy	490
Jesuit Order	440
Church (worldwide)	450
Roman Catholicism – calibrations of current position	
As an institution in year 1900	460
As an institution in year 2004	305
Position on contraception	180

(Contraception itself calibrates at 205)	
Theological Theory on Contraception	180
Position on Clergy Paedophilia	125
(Paedophilia itself calibrates at 135)	

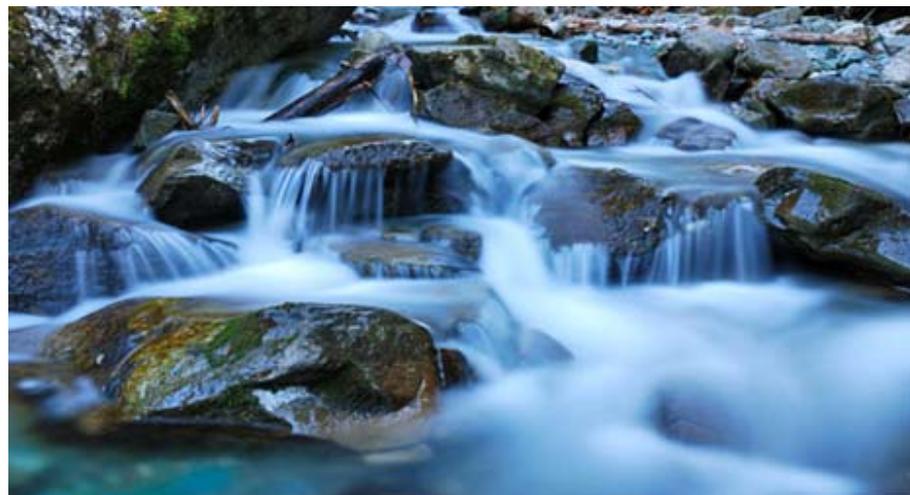


REBELLION and DEFAULT formally ended 31 January 2018:

All in keeping with the **outworking of the Rebellion and Default**. Humanity is so shut off to anything that one's feelings provide, we are all but minds robotically carrying out instructions; nothing is fluid, intuitive nor feeling-free. Our whole world can't change as it is, because everyone and everything is so bogged down in the mire of artificial laws and procedures. Zelmar – Melchizedek 11 March 2017

**WE'VE BEEN SCREWED BY
LUCIFER REBELLION**

now for
river of **feeling** life



ANCIENT TRANSCRIPTS and GROWTH of HUMANITY

Musings by John
Hello Nanna Beth

Monday, 7 January 2019

John: The observation is that what we, through the Pascas Papers, have been sharing is premature. That is, are we beginning the introduction of elements of the Great U-Turn and subsequently The Change too early? Are we to wait until an official starting point?

Nanna Beth – 3rd Celestial Heaven: It's not a matter of whether you are or are not doing anything at the right or wrong time. You are doing it as you feel to do it, so that is the right time. And then as you progress, you're able to put it into context, so you're able to see that it is still what might be termed, preparation. And to make the point: all life is preparation for what's to come; however in the context of SI (Solid Investment) and introducing the Truths and to answer your next question, yes, there will be an official starting point, as it has also already started with there being this build up to it, which started years ago, and which in the context of the bigger picture means you have already started and are well underway. So possibly what you are trying to say is: is all that you envisage Pascas becoming actually going to happen, or is it all just what you've made up with a little help from your unseen spirit friends? And if it is going to happen, when? Which we can't tell you. You have to live either it starting or it not starting; it progressing or you putting it aside; or it being something entirely different, starting in a different way or ending in a different way. Not much help, am I?

Contrary to that, how do we start to build our team to introduce the Great U-Turn without sharing the Pascas Papers and other introductions?

Nanna Beth: Again it's what you have to wait and see. You see John, if you were meant to you would be doing it. So as you can only do what you are, so you go with that. Any concerns and worries, difficulties, of course, were you wanting to actively do your Healing, you'd use to express more of your inner conflict so as to help you understand why they are such problems, but if you don't want to live that way, then you do what you want to do and that's it.

I can't tell you what to do, when to do it or how to do it. You're to do it, not me. So my answers will avoid those details, focusing more on the feelings side of things, helping you see other basic life principles which help you live a feeling-led life as opposed to the mind one which you are wanting to live.

When you need the help, it will come. You know this, but living it I understand is hard. And as I've told you, you won't have to worry, which I know is also very difficult to understand because there are a million and one things to worry about.

People will come when they are needed. There is NOTHING more important on the world at this time than the Truths being revealed, however as to how they are taken out into the world is to be all very specific and given complete support. If humanity is to receive such Truth, it will, nothing can or will prevent it, only you'll have to wait and see how that is going to happen. So in the meantime, because you are part of helping the Truth come to light through your relationship with James and Marion, so that's what continues to be the focus.

The Truth, as in the Truths to be revealed, is also very specific. You could liken them to being needed to build your house in which you are to safely live, and yet if one of the tiniest truths is left out, your house will be flawed and comprise your safety. And there's a lot of truth being revealed, it's a big house to be built John. So there needs this time and all that goes on it, to ensure that the required Truths all come to light. And so firstly within Marion and James for their Spirits of Truth, and then slowly moving out through your 'inner circle' and then wherever they are to go after that.

And part of what also needs to keep happening is most of the truth needs to be rejected, because you're still in a truth-rejecting Age. So when the truth-accepting new Age commences, you'll find more people receptive to it. And there's a little way to go before that begins, as the Truth also needs to be initially revealed within the untruth, so in a rejecting environment, which is all that Mary's and Jesus' age is. Which causes you your frustration. You understand the Truths as they are being presented, so can see the value of it, and you want it to go out there so other people will too, all so humanity can start dealing with its problems giving people at least a picture they can work with that's different to the one you've all been trapped in. And a picture of the way out.

However it's not up to you John, nothing you can do will make it happen sooner or later than it will. You are to play your part like we all are, including Marion and James. We're just actors and actresses in our Mother and Father's play of Creation, and things have to happen in a certain way, including the Rebellion and Default, their outworking, and then their eventual end and demise.

What I can tell you is, should it start to happen, it's not going to be a slow affair, it's going to happen very swiftly. And it might not happen how you envisage it happening John, however a vortex of 'happening energy' will be upon you, and everything that you've done up to now will work for you allowing you to deal with it. The whole Avonal Age is going to be intensely dynamic, the world is mired in the slime and yuk of thousands of years of rigid controlling beliefs and the negative behaviour that keeps them in place and which they determine. Nothing changes, despite the advent of certain 'technical advances'. All that really happens are millions upon millions of souls are conceived into the sludge so as to experience having their wills slammed into an unloving wall, and working out how to best cope in a shit system. So, introduce a good shot of light from the Truth, and like a laser cutting away the rotting flesh, the pot is going to be stirred hard and fast. And that's going to happen for the whole Age. A Spiritual Age of 1,000 years, which you can read a little about in TUB (The Urantia Book), is a very dynamic age, a massive injection of spiritual light all centred and coming from the Truth. And so because humanity is so stuck in the darkness of its untruth, the mechanism so rusted up that it barely functions, suddenly it will take off racing ahead, with many parts falling apart as they can't keep up, and with other parts enjoying the thrill of being finally set free.



Bubble, bubble toil and trouble

My experience of 1,000 innovators / inventors showing up in my office between the years 2000 to 2004 demonstrates how our Invisible Friends do draw people to a 'honey pot' so to speak, so I guess we will see

something along those lines unfold again so that we bring together a crew or teams to launch onto the world stage.

Nanna Beth: Yes, exactly, that being something of a taste of what to expect, only the people who come will all be willing and able to work with you, so it won't just be an intellectual exercise, it will be all to get things done.

John: Yes, we presently feel up to being much more pro-active with folks who may become interested in comprehending what has been revealed. And, yes we do feel like getting the show rolling all be it rather slowly as it will be a pathway of discovery as we go.

On the Solid Investment front, it does appear as though Simon's solicitors will make appropriate contact with Crystal and her lawyer once Simon's solicitors know they will and are being paid. Further, the German's appear ready to make tentative contact with Crystal. The Courier with the package appears to know that she will be paid and that instructions are pending. And the Queens Counsel in London is possibly ready for contact from Crystal.

So, what are we waiting for please?

Nanna Beth: You're waiting for the wheel to turn. Things are still slotting into place.

John: James appears to be fine tuning his understandings. In this he appears to be resolving the linkages of past civilisations with what is unfolding relating to the events now occurring and the Revelations that will be introduced to all of humanity, both in the physical and in spirit.

I have often wondered why it is so that very ancient writings that Dr David R Hawkins has calibrated so highly when one would have considered previously impossible due to the perceived nature of ancient civilisations from which these writings occurred. The Christian writings do not calibrate at all strongly. Why was that possible and what are the ramifications upon the events now unfolding please?

Nanna Beth: The calibrations are based on 'perceived truth'. Is there any, or the potential for, truth within these writings, within the civilisation, within the individual? So on the surface the writings or person might not show such truth, however the calibration shows there's potential for it. And yet that potential might not get realised, it might continue to live dormant. So you can't judge the calibrations by what you see or think you see on the surface.

Some of the calibrations are also influenced by the person undertaking them, in that's how they perceive or wish to perceive such writings being included or deducted from the reading. However as to what extent is hard to say. Ideally you'd need to ask someone, like a young child who has no idea or interest in such things, to see what they calibrated, or someone who is very open and objective without any perceived biases.

Something like A Course in Miracles for example, within it are the seeds of much natural love truth, however to uncover, plant and then nurture those seeds would need someone doing their Healing. Which means, someone who'd be able to pick out all the truth-relevant bits and discard the rest. So the Course has potential, however it's not much good to anyone unless you want to further your untruth; which

means, taking the potential truths and corrupting it into your denial. So the Course calibrates relatively highly, however that's not a true indication of how helpful spiritually it might be. As I said, it will spiritually help you move deeper into your Wrongness. And so it is with all these things in your list John, other than James' work, which really shouldn't be included in the list, it being of a different list, that which is resulting from people doing their Healing, and would need other calibration parameters.

So Nicholas calibrates high compared to other work that doesn't include the Divine Love, however as you know yourself from reading his work, it's in potential, he involves and covers a lot of what potentially might be beneficial, yet with that benefit only coming were you doing your Healing. Otherwise, it calibrates high giving it a high potential for people to use to further their Wrongness by including much of the truths associated with the Divine Love.

So do you see what I'm getting at? In so far as using David's Map for spiritual purposes, it needs to be taken into account as to whether it's to further your spiritual denial or helping you Heal it. So you have these calibrations reflecting relative truth potential, whilst being understood it's all within an anti-truth system. And then another list of calibrations based on the Healing, being down within the Healing or Celestial level.

Now these calibrations can also be related to the historical observations by Dr David Hawkins:

Worldwide Level of Consciousness based on the Map of Consciousness

see Power vs Force by Dr David R Hawkins

6,000 years ago	72
At the time the Vedas were written	74
At the birth of Buddha	91
prior to the conception of Jesus of Nazareth	101
After the birth of Jesus of Nazareth	147
When Christ was taken from the cross	148
At the Last Supper	150
At the death of the last apostle	182
At the birth of Charlemagne	182
In 827 AD (at the death of Charlemagne)	190
When Abraham Lincoln took office as President	190
Lincoln was shot and killed	193
1944: birth of almost 200 Homo-Spiritus children	194
1987: At the time of the Harmonic Convergence but not necessarily related to it, consciousness of humanity jumped	207
2008: Current observation as we move forward to the apparent evolutionary jump, which will be a slow steady process	212
4000: Towards the end of the Aquarian cycle, the average consciousness of humanity will be within this range	450-470
During the Aquarian cycle of 2,160 years, the vast majority of humanity is anticipated to progress	

Firstly, the calibrations of ancient writings are calibrated on the line of one perfecting their mind without consideration of one's soul healing and the availability of Divine Love. Thus the ancient writings were all leading to the dead end that still left the personality restrained within the mind mansion system of worlds 1, 2, 4 and 6 and then having to recognise the Feeling Healing pathway and to return to the first of the healing worlds and progress through 3, 5 and 7 before being able to enter the Celestial Heavens with Divine Love having completed their soul healing through Feeling Healing which is now only being introduced to humanity within the physical. Is this not so?

[Nanna Beth: Yes.](#)

Secondly, are all these ancient writings indirectly or directly orchestrated by Lucifer soulmate pair / soul partners through their deputies to further the Lucifers' personal objectives still taking humanity further away from our Heavenly Parents and our ultimate home in Paradise?

[Nanna Beth: Yes.](#)

Dr David Hawkins observed that the impact upon humanity through the arrival of a bestowal pair in the first century, namely Mary and Jesus, resulted in a profound overall shift in the calibration of humanity. ([Nanna Beth: Which was the unseen and unknown influence of their Spirits of Truth.](#)) The estimated population number at their time was 300 million. Hawkins' observations reveal that humanity has sat at 190 on the Map of Consciousness scale until the 1980s.

Since the 1980s the calibration for humanity overall has steadily shifted from 190 to 207, then 212, and now at this time (2019) of writing 215. The population for the world is now 8 billion, a 27 fold increase thus depleting the impact of a bestowal pair on the calibration relatively speaking compared to the 1st century as against now being the 21st century with the planet's huge population. ([Nanna Beth: It depletes in the context you are suggesting, however just dealing with the 'truth-potential' it's still relevant.](#))

Are these 'Map of Consciousness' calibration increases for humanity overall being the direct result of the presence and progression of the bestowal pair?

[Nanna Beth: Yes. And will increase rapidly as people embrace the Truths and do, or at least understand, the need to do their Healing.](#)

Has the Harmonic Convergence of the 1980s had anything to do with the increases of the calibrations for humanity?

[Nanna Beth: Yes, as in it signifies astronomical \(as in what's happening in the stars\) change, which is then symbolic of the underling Creational changes \(changes of light, both Truth-Light and Mind-Light\) being continuously brought about to effect changes in humanity and to the Earth.](#)

“The **Harmonic Convergence** is the name given to one of the world's first globally synchronised meditation events, which occurred on August 16–17, 1987. This event also closely coincided with an exceptional alignment of planets in the [Solar System](#). Although the event had been predicted by author [Tony Shearer](#) in his book *Lord of the Dawn* (1971), the principal organiser of the Harmonic Convergence event was [José Argüelles](#).

“Since the initiation of the Harmonic Convergence, there have been measurable increases in the energy of our planet Earth. After resonating at a base resonant frequency of 7.83 Hz per second for thousands of years, during which Earth has essentially been asleep, her frequency is now rising. She appears to be rising to a fundamental vibration of 13 cycles per second, as predicted by the Fibonacci series (mathematical proportions based on the Golden Mean, also called the harmonics of the universe). Accompanying this energy boost is a rapid decrease in the magnetic field that surrounds the planet. Our magnetic field has served us in the past by creating an illusion of separation and protection from energies outside ourselves. It will eventually reach zero when there will be no artificial barriers, so it is essential that we take our power individually and collectively, honoring others and ourselves in the process.”



Nanna Beth: It's not an illusion, it is what it does. And it varies in intensity, becoming weaker and stronger thereby affecting the conditions on Earth.

James, from my perspective, is fine tuning what is to be introduced publicly? This is all very new experiences and is difficult to define and articulate. With what we have to introduce is an enormous volume of information that can only increase. For most this is overwhelming. It is only through a slow start that what is introduced is refined to the salient points. For those who want to investigate further then they will have a field day!

Everything that I investigated and experienced prior to connecting up with Marion and James all appears now very relevant, as if a second was not off target for what is to unfold. Even the year or so I enjoyed investigating rocks – dimensional stone industry. I do hope that we do not have to chisel all this data onto rock faces to ensure longevity of the revelations!!!

Nanna Beth: James (and Marion) are revealing the truths needed by humanity to enable them to grow spiritually up through the seven Mansion Worlds as they do their Healing. Then once of a Celestial truth they can pick up with Mary and Jesus' Spirits of Truth. So because Marion and James are so heavily focused on the Mansion Worlds, it's more about Natural love, sorting it out and seeing why it's being lived in denial and so in an unloving, an anti Natural love way. This is their focus, so there's a lot of ground to cover, and needing to cover it relatively quickly. James bemoans the fact that it's taking so long to do his Healing, however many spirits spend many years in each of the Mansion Worlds, with only a minority being so focused and determined to approach their Healing and in a way 'fast track it' as Samantha is. She is not the norm, others will dedicate themselves to it, but few will do it so quickly. Most will start now and finish it in spirit, and over there still taking a long time relatively speaking. But time, unless you've got James' problems with having to always finish it off quickly and get to the better future, becomes less relevant as you are content to flow along doing what your soul and God is wanting you to do.

James writing out his confusions is to show in a small way, as he doesn't write it all out, what people might be able to expect, or if they find themselves in a similar situation, that it's okay and to keep going. There needs to be just enough connection for everyone to make personally with Marion and James even if

they never meet them. It has to be something they live that everyone in some way can relate to, which is why it's taking them both much longer to do their Healing than it would were they only doing it for themselves.

The Healing is a massive undertaking. You have no real idea what is involved John. Really it's two hundred thousand years of change having to be condensed into the truth of how to conduct that change within a person's lifetime. It's a big ask. And it's going to keep us Celestials fully occupied for the whole Avonal Age.

From our side, with Samantha, one person doing her Healing, already there have been huge spin-offs that we've had to deal with. It doesn't affect her other than help her keep going with her Healing, however behind the scenes you have one person who is growing daily in the highest light vibration that one can grow in, the Light of Truth. This truth-light emanates from her aura. She lives surrounded by a whole nation of people emanating anti-truth, a dark life-destroying light. So what effect does her truth light of ever increasing vibration have on untruth light, and how do we work it with her so as to keep her safe and protected from the untruth? And yet she still has to go out shopping and participate in the world, so what sort of shielding do her angels give her? And then how much of the yuk do they allow to penetrate so as to keep her feeling bad so she can keep bringing to light more truth? And that's just one person.



So imagine what it's going to be like when lots of people start embracing the truth and wanting to do their Healing. And although you can't see all the subtle goings on within the auric level, they are very real and important and need to be dealt with and attended to properly. So it's a highly ordered U-Turn John, all so as to maximise that which everyone needs to experience. And everyone's experience no matter what level of truth or untruth they are on, needs to be fully supported so they can live it fully.

And so to one day have people living a Celestial level of truth on a world where other people are living the furthest you can from that deep in their untruth, it's simply unheard of John, it's never been done before, so we're all flying by the seat of our pants. And so for me to say don't worry John, it's all going to unfold smoothly, rather than it's going to be so chaotic John and you'd better get out while the going's good, I can only tell you because of how we're all going to help and how it's all to unfold from within the souls of all of us involved.



And as to why you're one of those souls John, well that's just life, it's what you've been created to do, to play your role in it as we all have. It just is how it is, and we might not like it, and we're free to complain about it, wish we weren't or we had someone better or whatever, but that's all really so we can use those feelings to further our advancement of truth. Because the one thing we can all live and know is, as it's all God's Creation, with God doing it all, and with God being perfect, so it will all perfectly happen, the perfect will be perfect, as the imperfect will be perfectly imperfect, and it can't be any other way.

Thank you Nanna Beth and cheers from John.

OUR FIRST TEACHERS:

Descendants of Andon and Fonta (also called Aman and Amon), our First Parents, not being Adam and Eve, delivered teachings that were faithfully memorised and later recorded as the SACRED and INSPIRED WRITINGS. Through later generations, writings were progressively preserved via way of hieroglyphic symbols that are the basis for the writings on temples in Mexico, South America, Cambodia, India and Egypt. Six sets, each of about 10,000 tablets, were carried from Mu (Lemuria), these were then located at: Tibet, Deccan Plateau in central India, Gobi Desert in Central China, Upper Egypt, Babylon in Mesopotamia and Mexico City. Further copies of each of these original sets were further made.

However, from the teachings of the leaders of the Rebellion, 200,000 years ago, stem all of the world's major spiritual and religious teachings, all being in error and contaminating the sacred and inspired writings, all suppressing one's soul based loving and truth based feelings and bringing about dependence upon one's erroneous mind. BC=BCE AD=CE

Note: Lunar cycles were considered years, then seasons as years.

First Parents, Andon & Fonta, also known as Aman & Amon 1,000,000 years ago
 As a result of Lemuria (Mu) we have Sacred Inspired Writings 300,000 BC (Chaldi College)
 As a result of Master & Mistress Lucifer we have the Rebellion 200,000 BC
 As a result of Adam & Eve we have the Default 38,000 BC
 As a result of Osiris, we have Osirian 20,000 BC (born in Atlantis)
 As a result of Thoth, we have Osirian in Lower Egypt 14,000 BC (coming from Atlantis)
 As a result of Krishna, we have Hinduism 3,228 BC (birth dates)
 As a result of Abraham, we have Judaism 1,750 BC (+/- 250 years)
 As a result of Moses, we have Judaism and Moses books 1,200 BC (approximately)
 As a result of Zarathushtra, we have Zoroastrianism 630 BC he lived for 242/4 years
 As a result of Lao Tzu, we have Taoism 604 BC
 As a result of Varadhamana Mahavira we have Jainism 599 BC he lived for 72 years
 As a result of Buddha, we have Buddhism 560 BC
 As a result of Confucius, we have Confucism 551 BC
 As a result of Jesus via Paul we have Christianity born August 7 BC died age 35, March 29CE
 Mary of Magdalene, born 2 BC, died age 48, and Jesus of Nazareth, both born free from error.
 As a result of Muhammad, we have Islam 570 AD
 As a result of Topiltzin Ce Acatl Quetzalcoatl –Toltecs Lord 923 AD to 947 AD period of reign
 As a result of Hiawatha we have Iroquois Confederacy 1550 AD
 As a result of the Second Coming we have Divine Love and then Feeling Healing
 which with Divine Love then is Soul Healing 31 May 1914 AD to around the 2040's
 As a result certain restrictions of the Rebellion and Default are now lifted.

From the above ancient clay tablets can be found the Lord's Prayer and the Ten Commandments, though there were 42, Moses was a practical man and condensed them. Also Moses five books are derived from the ancient clay tablets, possibly the set that was in the southern region of Egypt. Those writings had been heavily contaminated by the teachings resulting from the Rebellion.

By longing for the truth of one's feelings and for our Heavenly Parents' Love is the way forward.

KINESIOLOGY MUSCLE TESTING – GENERAL INFORMATION:

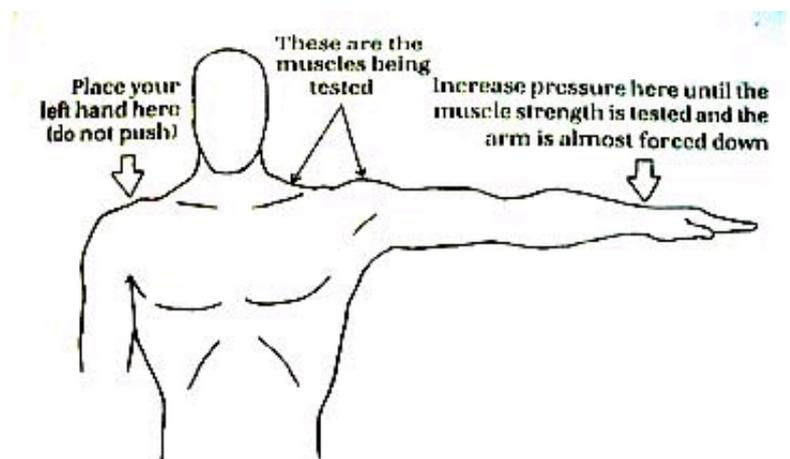
David R Hawkins – Transcending the Levels of Consciousness P.372

The energy field of consciousness is infinite in dimension. Specific levels correlate with human consciousness, and these have been calibrated from “1” to “1,000”. See the Map of Consciousness. These fields reflect and dominate human consciousness.

Everything in the universe radiates a specific frequency or minute energy field that remains in the field of consciousness permanently. Thus, every person or being whoever lived and anything about them, including any event, thought, deed, feeling, or attitude, is recorded forever and can be retrieved at any time in the present or the future.

TECHNIQUE

The kinesiological response (muscle testing) is a simple “yes” or “not yes” (no) response to a specific stimulus. It is usually done by the subject’s holding out an extended arm and the tester pressing down on the wrist (bony bit) of the extended arm, using two fingers and light pressure. Usually the subject holds a substance to be tested over their solar plexus with the other hand. The test says to the test subject, “Resist”, and if the substance being tested is beneficial to the subject, the arm will be strong. If it is not beneficial or has an adverse effect, the arm will go weak. The response is very quick and brief.



Basics of Muscle Testing

It is important to note that the intention, as well as both the tester and the one being tested, must calibrate over 200 in order to obtain accurate responses.

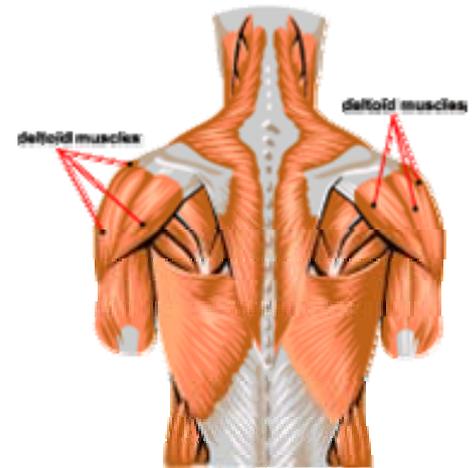
If either the tester or the one being tested is dehydrated, errors will occur. A large glass of water will promptly remedy this situation.

Solar plexus is that region about 2.5 inches above your belly button. The test subject holds the item over their solar plexus with one hand and extends the other arm for response in the normal way.

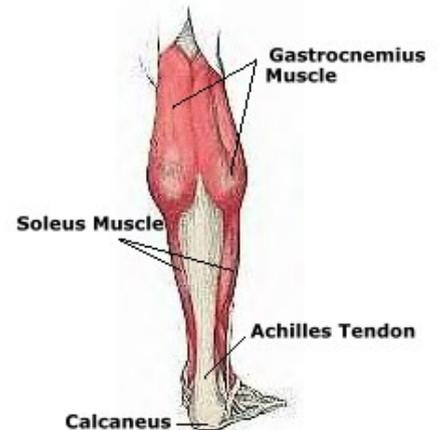


The higher the levels of consciousness of the test team, the more accurate are the results. The best attitude is one of clinical detachment, posing a statement with the prefix statement, “In the name of the highest good, _____ calibrates as true. Over 100 on the Map of Consciousness. Over 200, etc.” The contextualization “in the highest good” increases accuracy because it transcends self-serving personal interest and motives.

For many years, the test was thought to be a local response of the body's acupuncture or immune system. Later research, however, has revealed that the response is not a local response to the body at all, but instead is a general response of consciousness itself to the energy of a substance or a statement. That which is true, beneficial, or pro-life gives a positive response that stems from the impersonal field or consciousness, which is present in everyone living. This positive response is indicated by the body's musculature going strong. For convenience, the deltoid muscle is usually the one best used as an indicator muscle; however, any of the muscles of the body can be used, such as the gastrocnemias, which are often used by practitioners such as chiropractors.



Before a question (in the form of a short statement) is presented, it is necessary to qualify 'permission'; that is, state "I have permission to ask about what I am holding in mind." (Yes / No) Or, "This calibration serves the highest good."



If a statement is false or a substance is injurious, the muscles go weak quickly in response to the command "Resist". This indicates the stimulus is negative, untrue, anti-life, or the answer is "no". The response is fast and brief in duration. The body will then rapidly recover and return to normal muscle tension.

There are three ways of doing the testing. The one that is used in research and also most generally used requires two people: the tester and the test subject. A quiet setting is preferred, with no background music. The test subject closes their eyes. *The tester must phrase the 'question' to be asked in the form of a statement.* The statement can then be answered as "yes" or "not yes" (no) by the kinesiological response. For instance, the incorrect form would be to ask, "Is this a healthy horse?" rather than make the statement, "This horse is healthy", or its corollary, "This horse is sick."

After making the statement, the tester says "Resist" to the test subject who is holding the extended arm parallel to the ground. The tester presses down with two fingers on the wrist of the extended arm sharply, with mild force. The test subject's arm will either stay strong, indicating a "yes", or go weak, indicating a "not yes" (no). The response is short and immediate.

A second method is the "O-ring" method, which can be done alone. The thumb and middle finger of the same hand are held tightly in an "O" configuration, and the hooked forefinger of the opposite hand is used to try to pull them apart. There is a noticeable difference of the strength between a "yes" and a "no response. (Rose, 2001).



The third method is the simplest, yet, like the others, requires some practice. Simply lift a heavy object, such as a large dictionary or merely a couple of bricks, from a table about waist high. Hold in mind an image or true statement to be calibrated and lift. Then, for contrast, hold in mind that which is known to be false. Note the ease of lifting when truth is held in mind and the greater effort necessary to lift the load when the issue is false (not true). The results can be verified using the other two methods.

CALIBRATION of SPECIFIC LEVELS

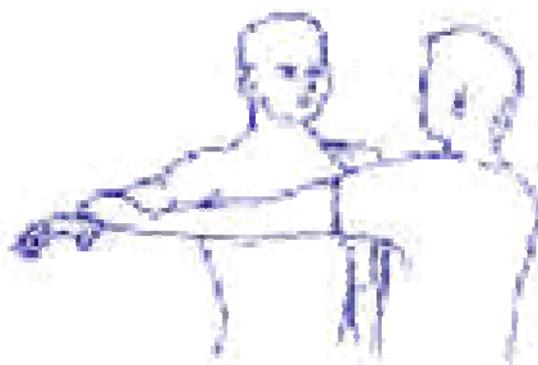
The critical point between positive and negative, between true and false, or between that which is constructive or destructive, is at the calibrated level of 200 (see Map of Consciousness). Anything above 200, or true, makes the subject go strong; anything below 200, or false, allows the arm to go weak.

Anything past or present, including images or statements, historical events, or personages, can be tested. They need not be verbalized.

NUMERICAL CALIBRATION

Example: “Ramana Maharshi’s teachings calibrate over 700.” (Y / N)

Or, “Hitler calibrated over 200.” (Y / N) “When he was in his 20s.” (Y / N) “His 30s.” (Y / N) “His 40s.” (Y / N) “At the time of his death.” (Y / N)



APPLICATIONS

The kinesiological test cannot be used to foretell the future; otherwise, there are no limits as to what can be asked. Consciousness has no limits in time or space; however, permission may be denied. All current or historical events are available for questioning. The answers are impersonal and do not depend on the belief systems of either the tester or the test subject. For example, protoplasm recoils to noxious stimuli and flesh bleeds. Those are the qualities of these test materials and are impersonal. Consciousness actually knows only truth because only truth has actual existence. It does not respond to falsehood because falsehood does not have existence in Reality. It will also not respond accurately to nonintegrated or egoistic questions, such as should one buy a certain stock.

Accurately speaking, the kinesiological response is either an “on” response or it is merely “not on”. Like the electrical switch, we say the electricity is “on”, and when we use the term “off”, we just mean that it is not there. In reality, there is no such thing as “off-ness”. This is a subtle statement but crucial to the understanding of the nature of consciousness. Consciousness is capable of recognising only Truth. It merely fails to respond to falsehood. Similarly, a mirror reflects an image only if there is an object to reflect. If no object is present to the mirror, there is no reflected image.

To CALIBRATE a LEVEL

Calibrate levels are relative to a specific reference scale. To arrive at the same figures as in the Map of Consciousness, reference must be made to that table or by a statement such as, “On a scale of human consciousness from 1 to 1,000, where 600 indicates Enlightenment, this _____ calibrates over _____ (a number).” Or, “On a scale of consciousness where 200 is the level of Truth and 500 is the level of Love, this statement calibrates over _____.” (State a specific number.)

GENERAL INFORMATION

People generally want to determine truth from falsehood. Therefore, the statement has to be made very specifically. Avoid using general terms such as a “good” job to apply for. “Good” in what way? Pay scale? Working conditions? Promotional opportunities? Fairness of the boss?

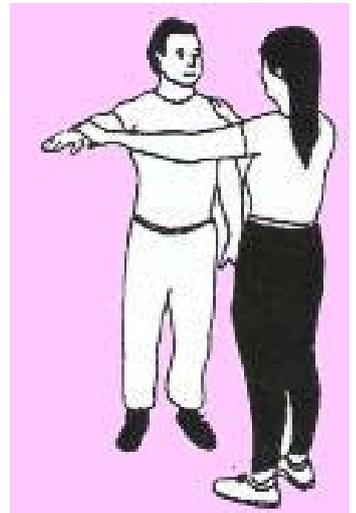
EXPERTISE

Familiarity with the test brings progressive expertise. The “right” questions to ask begin to spring forth and can become almost uncannily accurate. If the same tester and test subject work together for a period of time, one or both of them will develop what can become an amazing accuracy and capability of pinpointing just what specific questions to ask, even though the subject is totally unknown by either one. For instance, the tester has lost an object and begins by saying, “I left it in my office.” (Answer: No.) “I left it in the car”. (Answer: No.) All of a sudden, the test subject almost ‘sees’ the object and says, “Ask, ‘On the back of the bathroom door.’” The test subject says, “The object is hanging on the back of the bathroom door.” (Answer: Yes.) In this actual case, the test subject did not even know that the tester has stopped for gas and left the jacket in the restroom of a gasoline station.

Any information can be obtained about anything anywhere in current or past time or space, depending on receiving prior permission. (Sometimes one gets a ‘no’, perhaps for karmic or other unknown reasons.) By cross-checking, accuracy can be easily confirmed. For anyone who learns the technique, more information is available instantaneously than can be held in all the computers and libraries of the world. The possibilities are therefore obviously unlimited, and the prospects breathtaking.

LIMITATIONS

Approximately ten percent of the population is not able to use the kinesiological testing technique for as yet unknown reasons. The test is accurate only if the test subjects themselves calibrate over 200 and the intention of the use of the test is integrous and also calibrates over 200. The requirement is one of detached objectivity and alignment with truth rather than subjective opinion. Thus, to try to ‘prove a point’ negates accuracy. Sometimes married couples, also for reasons as yet undiscovered, are unable to use each other as test subjects and may have to find a third person to be a test partner.

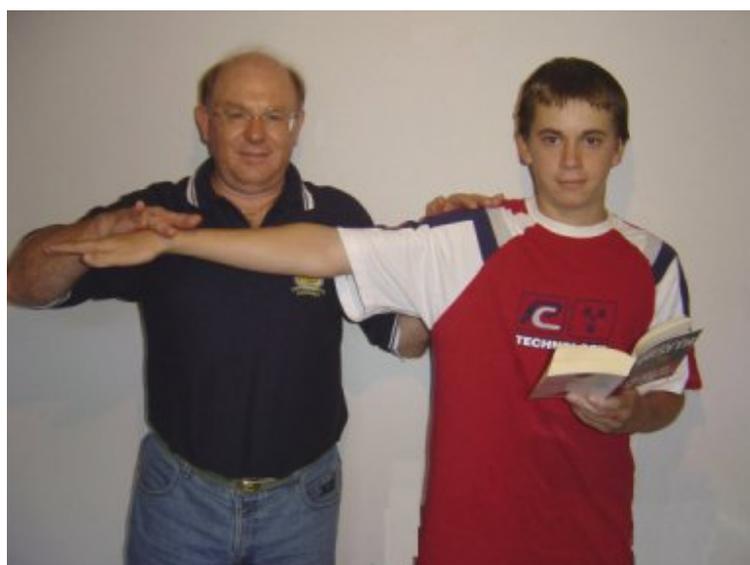


A suitable test subject is a person whose arm goes strong when a love object or person is held in mind, and it goes weak if that which is negative (fear, hate, guilt, etc.) is held in mind (e.g., Winston Churchill makes one go strong and bin Laden makes one go weak).

Occasionally, a suitable test subject gives paradoxical responses. This can usually be cleared by doing the “thymic thump”, as was discovered by Dr John Diamond. (With a closed fist, thump three times over the upper breastbone, smile, and say “ha-ha-ha” with each thump and mentally picture someone or something that is loved.)

The temporary imbalance will then clear up. It can be occasioned by recently having been with negative people, listening to heavy metal rock music, watching violent television programs, playing violent video games, etc. Negative music energy has a deleterious effect on the energy system of the body for up to one-half hour after it is turned off. Television commercials or background are also a common source of negative energy.

As previously noted, the kinesiological method of discerning truth from falsehood and the calibrated levels of truth has strict requirements. Because of the limitations, calibrated levels are supplied for ready reference in prior books by David R Hawkins, and extensively in *Truth vs Falsehood*.



EXPLANATION

The kinesiological test is independent of personal opinion or beliefs and is an impersonal response of the field of consciousness, just as protoplasm is impersonal in its responses. This can be demonstrated by the observation that the test responses are the same whether verbalised or held silently in mind. Thus, the test subject is not influenced by the question, as they don't even know what it is. To demonstrate this, do the following exercise:

The tester holds in mind an image unknown to the test subject and states, “The image I am holding in mind is positive” (or “true”, or “calibrates over 200”, etc.). On direction, the test subject then resists the downward pressure on the wrist. If the tester holds a positive image in mind (e.g., Abraham Lincoln, Jesus, Mother Teresa, etc.), the test subject's arm muscle will go strong. If the test holds a false statement or negative image in mind (e.g., bin Laden, Hitler, etc.), the arm will go weak. Inasmuch as the test subject does not know what the tester has in mind, the results are not influenced by personal beliefs.

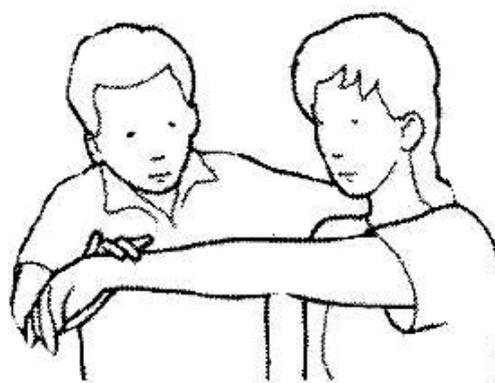
CORRECT KINESIOLOGICAL TECHNIQUE

Just as Galileo's interest was in astronomy and not in making telescopes, the Institute for Advanced Spiritual Research is devoted to Consciousness research and not specifically to kinesiology. The video, *Power Versus Force* (Veritas Publishing, 1995), demonstrates the basic technique. More detailed information about kinesiology may be found on the Internet by searching for 'kinesiology'. Numerous references are provided, such as the College of Applied Kinesiology (www.icak.com), and other education institutions.

DISQUALIFICATION

Both scepticism (cal. 160) and cynicism calibrate below 200 because they reflect negative prejudgement. In contrast, true inquiry requires an open mind and honesty devoid of intellectual vanity. Negative studies of behavioural kinesiology *all* calibrate below 200 (usually at 160), as do the investigators themselves.

That even famous professors can and do calibrate below 200 may seem surprising to the average person. Thus, negative studies are a consequence of negative bias. As an example, Francis Crick's research design that led to the discovery of the double helix pattern of DNA calibrated at 440. His last research design, which was intended to prove that consciousness was just a product of neuronal activity, calibrated at only 135.



The failure of investigators who themselves, or by faulty research design, calibrate below 200 (all calibrate at approximately 160), confirms the truth of the very methodology they claim to disprove. They 'should' get negative results, and so they do, what paradoxically proves the accuracy of the test to detect the difference between unbiased integrity and non-integrity.

Any new discovery may upset the apple cart and be viewed as a threat to the status quo of prevailing belief systems. That a clinical science of consciousness has emerged that validates spiritual Reality is, of course, going to precipitate resistance, as it is actually a direct confrontation to the dominion of the narcissistic core of the ego itself, which is innately presumptuous and opinionated.

Below consciousness level 200, comprehension is limited to the dominance of Lower Mind, which is capable of recognizing facts but not yet able to grasp what is meant by the term 'truth' (it confuses *res interna* with *res externa*), and that truth has physiological accompaniments that are different from falsehood. Additionally, truth is intuited as evidenced by the use of voice analysis, the study of boy language, papillary-response EEG changes in the brain, fluctuations in breathing and blood pressure, galvanic skin response, dowsing, and even the Huna technique of measuring the distance that the aura radiates from the body. Some people have a very simple technique that utilizes the standing body like a pendulum (fall forward with truth and backward with falsehood).

From a more advanced contextualization, the principles that prevail are that Truth cannot be disproved by falsehood any more than light can be disproved by darkness. The nonlinear is not subject to the limitations of the linear. Truth is of a different paradigm from logic and thus is not ‘provable’, as that which is provable calibrates only in the 400s. Consciousness research kinesiology operates at level 600, which is at the interface of the linear and the nonlinear dimensions.

DISCREPANCIES

Differing calibrations may be obtained over time or by different investigators for a variety of reasons:

1. Situations, people, politics, policies, and attitudes change over time.
2. People tend to pursue different sensory modalities when they hold something in mind, i.e., visual, sensory, auditory, or feeling. “Your mother” could therefore be how she looked, felt, sounded, etc., or Henry Ford could be calibrated as a father, as an industrialist, for his impact on America, his anti-Semitism, etc.

One can specify context and stick to a prevailing modality. The same team using the same technique will get results that are internally consistent. Expertise develops with practice. There are some people, however, who are incapable of a scientific, detached attitude and unable to be objective, and for whom the kinesiological method will therefore not be accurate. Dedication and intention to the truth have to be given priority over personal opinions and trying to prove them as being “right”.

[Veritas Publishing](#)

Veritas Publishing publishes the works of Dr. David R. Hawkins, MD, Ph.D., DVD by the same name as the book, Power vs Force, is an excellent demonstration of the process. www.veritaspublish.com

Note:

The Map of Consciousness (MoC) table is based on the common log of 10. It is not a numeric table.

A calibration increase of 1 point is in fact a 10 fold increase in energy.

A calibration increase of 10 points is in fact a 10,000,000,000 fold increase in energy.

Thus the energy differentials are in fact enormous!

Blessing your food achieves an increase of 15 points which is in fact, a quadrillion (10^{15}) jump in energy.

At the level of 200 on the scale of 1 to 1,000 you achieve a positive level, below is negative.

Example: Any food calibrating below 200 is not life enhancing.

Each time you go into an “arm bending” session:

– Ask permission to ask these questions / test these statements.

– Ask **TO BE SHOWN THE TRUTH.**

Always ensure you are hydrated – drink a glass of water.



The BRAIN at the CONSCIOUSNESS LEVEL 200 CROSSOVER:

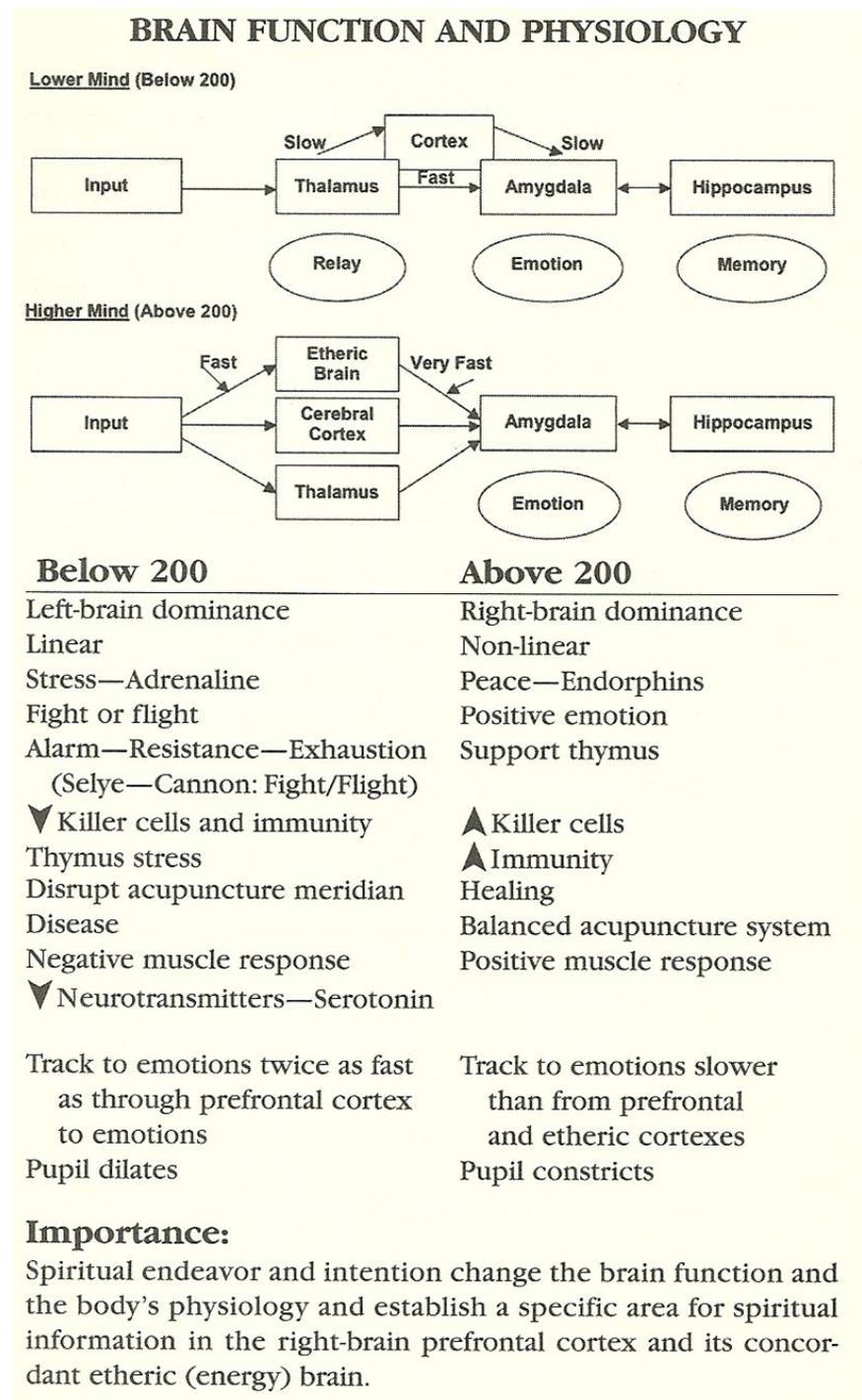
While these following basic differences in brain physiology that occur above and below the important consciousness level of 200 are decisive, even more significant change occurs at that level because above level 200 in consciousness as per the Map of Consciousness, a unique energy field emerges for the first time in evolution. It is concordant operationally with the physical right brain but is specific to spiritual awareness and consciousness. For want of better terminology, this specific energy field has been labelled the “etheric brain” to denote that it is purely energetic and not protoplasmic or anatomical in nature.

This etheric brain, or spiritual energy body, registers higher energy frequencies to which protoplasm is unable to respond.

The reality of an energy body that exists independently of the physical brain has been recognised in all cultures throughout history.

Upon attaining the consciousness level of 200, the brains neurochemistry changes in a positive direction, and like a butterfly out of a cocoon, the etheric brain springs forth as a consequence of the onset of the flow of spiritual (i.e., kundalini) energy, and the experience of life and the self in the world begins to transform.

It is with the emergence of the etheric brain at the calibration level of 200 which enables the capabilities to employ kinesiology muscle testing to determine the existence of truth or the lack thereof.



The HUMAN SOUL – Pathway Home:

P.196 Joseph Babinsky

What is the soul?

It is not the intellect and it is not the mind. The soul may be identified with its qualities of emotions, feelings, aspirations, longings, passions and many other similar things. When the individual soul begins to open, she will experience feelings and emotions as never before in all her existence. And when she recognises and realises what is happening, and chooses to continue to allow her soul-feelings to be felt (meaning that she does not suppress her feelings and emotions), and seeks and asks her Heavenly Mother-Father to fill her soul with Divine Love, a wonderful experience will begin to envelope and enter her innermost being.

Divine Love is a real spiritual substance that comes from God in response to the soul which desires to know the truth about its origin, purpose and destiny. Divine Love comes from outside self and feeds the hungry soul. When the desires and passions of the soul are engaged through the process of the inflowing of Divine Love, there is actually no limit as to what may take place in the outer manifestations of the soul's newfound energies. The soul that was buried by the concerns, appetites and energies of the physical body now awakens to its true identity. When the human begins to feel its authentic and real self (which is its soul), this real self bursts with freedom. Where the human willingly follows the scent of Divine Love, a new leadership and path develops in its life. A key difference is that the soul on the Divine Love path expresses God-reliance, whereas the soul on the natural love path expresses self-reliance. Knowing the truth about itself (its origin and destiny) is the truth that sets the soul free.

A vision may come to the person whose soul – now God-reliant and infused with the flow of the Divine Love – becomes the leading energy in her life. The soul on the Divine Love path is the life of the spirit body and of the physical body too where it has been given the freedom to *be* so. On this path it now becomes possible to envision herself as a true child of the Heavenly Mother-Father, fully cared for and provided for. Her soul may now soar to Heaven's Gate so that she may say with complete trust: *Thy will be done on Earth as in Heaven*. This inner soul-vision will unfold and continue to unfold in greater and deeper degrees, until she begins to experience in the outer (the physical realm) what she has already felt to be true in the spirit realm.

A Vision

*For this was my soul created in pristine condition;
This I become in truth.
Divine Love is the gift which enables it to be so.
As in Heaven – so on Earth;
It is done:
The Heaven-born child,
At-one with God.*

Golden Rule: that one must always honour another's will as one honours one's own.

261. *Jude on Life*

17 – 18 January 2013

Hello and good morning. I am one who studies the mind and how it works. It has been my observation that as the Divine Love transforms the spirit body, the mind adjunct of the personality is also transformed. As an attribute the mind is concluded in its definition, form, and image like any other spirit body sense and attribute. Each aspect of the spirit body senses and attributes are organised in their proper place according to the forming of the principle-mind attribute that acts as the premier consciousness in the individual. There are detailed workings as to how the total consciousness of the life that is human and mortal is organised in the spirit body, and like the human brain, the spirit organ that acts as the spirit-brain is located in the head of the form of the spirit body.

This organ in the spirit body is *spirit energy* that has solid form and acts just like the human brain only this attribute can vary as the conditions of the soul and the spirit body change. Our environments are spirit-energy-material sensitive and so the forming of the spirit-brain, as I call it, forms so that one can immediately begin to identify with the new spirit surroundings when one enters the spirit world as a newly arrived spirit. In most circumstances the personality has already had time to develop and so the spirit body and its systems have developed accordingly during a person's human life.

When a person commences a spirit life, human experience is already a known thing to the individual. Obviously some individuals enter the spirit world in their infancy or have such involuntary disabilities that may impede cognitive experience and human awareness so that experience has condition to it. In all variations of human diversity, the adjustment phase upon one's entrance into the spirit world is the critical period of transition. The senses and attributes in the spirit body become active when the personality moves from their physical life and the conditions of the human body no longer dominate the personality, or the personality no longer dominates the human body.

An example that I choose to give is a common one: the person has memories along with active physical senses in the physical body. Suddenly as if no time has passed at all, and a human death has occurred and transition happens, the individual in their spirit life still has their memories and the experience of their physical senses and attributes except now the location of their life has changed and these attributes have changed location now functioning in a spirit body and not solely in a physical body. The personality with all its attribute has changed environments. The human body and the organic environment of Earth have been exchanged for the spirit body and the spirit environments of the Sphere. The spirit body takes over the personality, for it is in control now. This needs to be, for the personality and attributes of soul that forms part of the personality in order to survive physical death.

The spirit body commences its forming as soon as the soul incarnates at the time of a human conception. The spirit body and its systems have already been part of the personality during a person's physical life and so, when one is living in the spirit world these systems need not be created for the systems of the spirit body have already been originated in their potential and form for spirit living, when the soul incarnated and began life in the physical body. Even when the human is without any awareness of the spirit body, these systems are primed and ready and functioning so that the personality and its attributes of experience relate with the spirit body and are fit for survival after physical death.

Once one adjusts through these early stages of spirit living, the personality is integrated into the spirit body and these new spirit senses come to life, seamless in forming and acting in the personality. This be said the same for the mind attribute and its function in the spirit body personality. So perfectly modelled are the Spirit Laws formed by God to ensure that this phase of an individual's transition into the spirit world happens without disturbance, interference or disharmony in the reconstitution of the personality from the physical body, to the individual spirits life now living in their spirit body. This is what the identity of death actually is, why it happens and why death is a required part of living. Humans do not live on the face of the Earth forever. Our experience has a finite conclusion with a continuance of life in the spirit world. Death provides the time that God's Spirit Laws safely integrate the shifting of each personality from their human living to their now spirit living.

From God's perspective, these workings were set in place before or prior to the first attribute of soul incarnating and the first mortal personality formed in soulful physical nature. And so, whilst what I am explaining sounds new the truth of the fact to these workings have been a reality for thousands of human years. Although human culture and social beliefs, experience and awareness has changed with the years, these Spirit workings and their act at ensuring the correct passage and survival of the individual personality from the human experience into the spirit experience have never changed or been altered to work or function in any other way.

The whole human body doesn't need to be reconstituted upon the completion of its life and immediate living in the spirit world, only that part of the individual that can function in this spirit environment needs to survive and this part of the human is the collective attribute of the personality which includes the attribute of soul. Most of the physical body remains to the Earth and its decomposition according to the social culture of its day. I say most because, aspects of the personality are influenced by the physical body and one has memory, and memory of their physical personality and so, whilst there is no physical evidence of the physical body present, most can remember and have memory of their physical body now they are in their spirit body. A human life is soul first, then spirit body, then human body. Of course all three attributes compose one individual finite personality. From my perspective living with the Immortal Love, I have learnt that everything human is soul and this is demonstrated in the condition of each soul reflected in the spirit body and the personality of the individual upon the commencement of their living in the spirit world.

God is Soul and Spirit. This is a brief description of the most complex individual universal creation ever formed. For the purposes of this work, this description is more than adequate otherwise we can become lost in the detail. Truth of it is that one could write on a page that lasts forever about the nature of God and still there would not be enough ink in the world to fill it. God has other mortal universes going on in other places and the same Immortal Divine Love that is present for us is present to those mortal personalities. There is only one Immortal Love that serves every single finite mortal personality, and for good reason! The economy of God reveals perfect nature and because there are many formations of mortal personality in their own universe, this doesn't require unique Immortal Loves to exist to fulfil the potential of us all.

The attributes of the human personality are spirit body fit. The attributes of the spirit body are soul perfect. And, the attributes of each finite mortal soul encompass the spirit body with its attribute and the physical body with its attribute. The determining principle in the way the Spirit Laws work at the time of transition of the personality from the human world into the spirit world act in accord with the soul and not

with various other intrinsic aspects of information and experience. In a snapshot of vision, God works from Soul in accord with soul and from this fundamental position, which includes the most telling of Spirit Laws, all other Spirit Laws that act with the spirit body and the physical body must follow in accord with these greater soul Laws. Quite literally, God the Soul takes or brings each human soul across The Great Divide of human death and birth into spirit life whilst perfectly integrating, maintaining and sustaining the attributes of personality in the spirit body and establishing the spirit body fit for spirit living so that when the individual awakens in their awareness that one is alive it is complete and yet each person is unaware that such a soulful journey has happened.

A human death marks the end of a soul's capacity to survive in that environment and so, a transition must take place or something must happen, or else the attribute of soul that is incarnated would be compromised in its continuance of life. Fortunately this doesn't happen. God has ordained it to be that each soul continues to live and for this to happen, a transition of environments takes place.

If there has been a disturbance in the mind when one was human, and if this disturbance was involuntary then the mind is reconstituted between the spirit body and the personality to a normal function in the spirit world. If the mind attribute has a disturbance due to an affliction placed upon it that deformed its form by the voluntary nature of doing something to one's self or having one thing done to one's self by another, then, this cause of disharmony can create compensation which one will need to make amends for. And so, in the transition of a personality from the human world into the spirit world, the Spirit Laws in their workings will not co-mingle to negate the Law of Compensation, which after the reconstitution of a life into the spirit world, the personality may be subject to this Law of Compensation. There is no confusion to this although the Law of Compensation does not come into effect until the greater Laws have acted upon the soul in the time of personality transition from the human world into the spirit world.

And so, it is with these Spirit functions that allow for the personality to continue its existence in the spirit living in the spirit world, by no other means does this happen. I along with all of us here can see how, what I am explaining works because we have survived our physical human lives. Obviously, when we were living as people in our human experience on Earth, I along with most here had little or no idea about this experience of such intrinsic functions and their workings that ensure individual survival in a life after death. Now, we do know in our living proof of this survival, and we can look back on our human lives as spirits from our position of knowing our once unknowing of such things. I have learnt and can see how death is vastly important to the survival of the personality.

Are people meant to know about such realities? This is an individual concern, for such reality to become commonplace in the human world would mark a significant shift and change in the collective human world of experience and awareness. For those who do explore the afterlife and are seeking genuine answers in their experience, these works will certainly help adding a clearer picture so that one might have clearer vision on the nature of such spirit workings and how the soul, the spirit body and the personality form the image by which one can then move forward in their quest to identify the simultaneousness of these two existing environments – the physical human world and the spirit mortal world – and how they interrelate with one another.

There is no doubt that from my observations observing people who are aware of the Divine Love, that one relates this Love as being other than human-made, though made for the human soul. As far as I have seen, we who know and live with this Divine Love in our lives take a keen interest in how the experience of

Divine Love transpires in a human experience. It gives me good delight that most who enjoy and participate with this Love recognise its true Spirit value and potential. The Divine Love comes from the Soul origin, God and I see, most agree on this and this be the Truth as to the origin of the Immortal Love. Also, most experience or see the Divine Love as a truth of spirit and soul and so by being aware of this Love one feels that they are in touch with a Truth that becomes part of one's soul nature therefore this experience places one in touch with their spirit-nature which in turn causes one to recognise that there is a life living after human life and that a spirit world and spirits exist. It is important to recognise that spirits were once human ourselves! And that even though we selectively choose – as you do – to participate with God and involve our selves in the experience of the Immortal Love, that we here in spirit visibly see that the Divine Love still has Its origin in God the Soul and that a Divine Love experience doesn't end by one being simply a spirit in the spirit world.

I like to observe with discretion how the experience of Divine Love in a human life and so, I am fascinated at how people experience this Love and learn about Its nature when clothed and immersed in their physical body. I have learnt, as many of us have, about this aspect of living with the Father from people's human experience. I never judge another's experience for I have seen how individuals judge their own experience as they hew out their destiny with God. Most people in their Divine Love experience have very little contact with Celestial spirits or can perceive the reality of how the spirit world works. I have the advantage of seeing what people cannot see and I know what most deem as unknowable on how the intrinsic workings of the Spirit Laws function with the soul, spirit body and personality. In no way does one's inability to see and converse with Celestial spirits belittles the experience of one who is endeavouring to embrace the Immortal Love in the trials and tribulations of their human life. To me and to all of us here, there is no separation of experience, for we know that the Divine Love present and available here and wherever mortal souls experience life and so, each unique environment perceived by us as being an equality and part of the great forming of environments in which God has enabled mortal nature and Immortal nature to live and experience Love and Spirit in.

If a person struggles in their experience of integrating, identifying and accepting the Divine Love and Its origin, Celestial spirits understand this and I admire one's persistence of faith as one may continue to doubt the actual validity of what they are doing by trying to accept an invisible Immortal Love into a soul that one hardly knows to be the true individual nature of ones' self. I like how the nature of God is explored, by those who recognise God's universality and how a personalised experience in the Love, the Divine Love of God inspires or settles one's heart and mind.

The only thing I don't like to see in a Divine Love experience is when one who has experienced the Love and found the Truth of It then by reason of their own desire for self-importance in the deceit of power, manipulates other people to suit one's self so that the individual error is then confirmed as a truth and deceives people who are honestly and sincerely trying to find the Immortal Gift, the Divine Love and to learn of Its' related truths. Anyone who does this, and there are those who have, there are those doing this and there will be those who will, will pay a heavy price in their compensation that will be collected by that kind of individual when they commence their living here in the spirit world. Even when living with the Divine Love no human escapes the Spirit Law of Compensation. It is an error for one to think that simply because one is with the Divine Love and one has this awareness as one is living among people who have yet this awareness of the Love, that the one with the Love has more authority and power over another by imposing themselves simply because one knows a Divine Truth when the other lives solely in their natural truth. The Celestial teachers go to great lengths when teaching us about the correct way of introducing the

Origins' Love and how this Love might be obtained. We learn so that in our help to create this awareness of the potential for this Immortal Love, we do not commit an error when teaching or introducing the Love.

It must be said there is a responsibility living with the Divine Love. And, living with the Love ultimately teaches one self-respect and universal responsibility. This is visible here in the Celestial Heaven and from this universal responsibility comes great vision and freedom. If you look at life on Earth everyone is on the way in their learning of how to take responsibility for one's self or another and, for the environment they live in even though this experience is often immersed in complete irresponsibility. The choice for Immortality can never be taken for granted, treated lightly or highly underestimated. Where would the world of man and spirit be if it were not for God?

This has been a well-received message, thank you
Your Celestial friend
Jude

WE are INCARNATED with Natural Love, but not with Divine Love:

We are conceived with natural love, however, we are not endowed with anything of the Divine. While we are without anything of the Divine, namely Divine Love, we can grow our natural love attributes and progress to that of being the perfect man whose lodging is found in the 6th Sphere. We do not have immortality without having received Divine Love.



Natural love radiance is very different from that which Divine Love brings.

The two loves complement each other, bringing about greater harmony.



When we become aware of the presence of Divine Love and subsequently ask for and then receive the Divine Love, our soul steadily starts to change to that which is Divine and we achieve immortality. This is the Immortal Choice that we can make whilst here in the physical or later in the spirit world. Once we add Divine Love to our being, we continue then with the two loves, that of the natural love and also that of Divine Love. As we continue and receive Divine Love, our soul condition progresses so that we may eventually enter the Celestial Heaven, 8th sphere, should we have engaged in the proves of Feeling Healing, and above, then progress further to enter the Eternal Spheres, then the Infinite and Universal Spheres, and then further on towards the Spheres of Paradise.

Feelings first

The Only Prayer That Man Need Offer to the Father:

(as given within the first century)

The Prayer for Divine Love

2 Dec 1916

I am here, Jesus

<http://www.youtube.com/watch?v=Pg6p3rivAZw>

P.438 Book of Truths through James Padgett / Jesus

Let your prayer be as follows:

Our Father, who art in heaven, we recognize that You are all Holy and loving and merciful, and that we are Your children, and not the subservient, sinful and depraved creatures that our teachers of old would have us believe. That we are the greatest of Your creation, and the most wonderful of all Your handiworks, and the objects of Your great soul's love and Tenderest care.

That Your will is that we become at one with You, and partake of Your great love which You have bestowed upon us through Your mercy and desire that we become, in truth, Your children, through love, and not through the sacrifice and death of any one of Your creatures.

We pray that You will open up our souls to the inflowing of Your love, and that then may come Your Holy Spirit to bring into our souls this, Your love in great abundance, until our souls shall be transformed into the very essence of Yourself; and that there may come to us faith--such faith as will cause us to realize that we are truly Your children and one with You in very substance and not in image only.

Let us have such faith as will cause us to know that You are our Father, and the bestower of every good and perfect gift, and that only we, ourselves, can prevent Your love changing us from the mortal to the immortal.

Let us never cease to realize that Your love is waiting for each and all of us, and that when we come to You, in faith and earnest aspiration, Your love will never be with-held from us.

Keep us in the shadow of Your love every hour and moment of our lives, and help us to overcome all temptations of the flesh, and the influence of the powers of the evil ones, which so constantly surround us and endeavour to turn our thoughts away from You to the pleasures and allurements of this world.

We thank You for Your love and the privilege of receiving it, and we believe that You are our Father --the loving Father who smiles upon us in our weakness, and is always ready to help us and take us to Your arms of love.

We pray this with all the earnestness and longings of our souls, and trusting in Your love, give You all the glory and honour and love that our finite souls can give.

Amen

MoC



Note: The 'false teachers' are our parents, as they are also the 'evil ones'. Also, the evil ones, being those parts of one's mind, that are controlling you.

The BEAUTIFUL MIRACLE:

5 Oct 2012

The DIVINE UNIVERSE

The way in which the Spirit conveys the Divine Love into the soul is a beautiful miracle. The attribute of mortal soul prior to incarnation has to it, a potential within it that is part of its formed nature. After the soul incarnates this potential remains part of the soul and even if the forming personality is unaware of such a soul potential, the potential still exists. The Divine Love is entirely suitable in its energy of harmony to be the energy that a mortal soul can utilise. The Spirit covers the spirit body when the individual sincerely asks the Soul of God for the Divine Love and this covering of the spirit body is where the dynamic of this beautiful miracle takes place. From the internal longing of the individual for the Divine Love this activates the Spirit Law that activates the Spirit that is then attracted to the spirit body upon which the Spirit material of the spirit body draws the Divine Love in to its soul and this union completes. The key here is to gain a perceptive insight into realising that the spirit body is not an inert body but that it is living and has activity, recognisable from its first forming from the Spirit Law that materialises a spirit body. The Spirit and the spirit body to give an analogy are like two attracting magnets and when the surface of the spirit body is touched by the Spirit, this causes the automatic response of the Divine Love to permeate into the attribute of soul and so begins the transformation of energy from the natural into the Immortal Divine Harmony. If the individual continues the receipt of Divine Love, the energy that is Divine Love actively begins to change the soul and this is felt in the spirit body systems and can produce feelings of love and elation. The spirit-mind begins to change as all spirit body systems are affected by the changed condition now experienced in the soul as the soul becomes living and vital. In one's progression of this Divine transformation, the soul will mature enough from the amount of Divine energy it receives and at that moment the surface of the spirit body and the Spirit are continuously attracted to each other, then one is living in the presence of the Father in perfect harmony, and this clarifies the truth about what it means to be truly at-one with God.

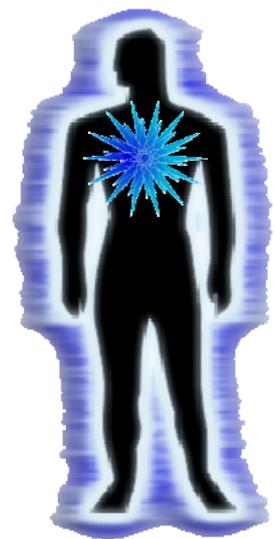
**Soul within
spirit body
prior to receiving
Divine Love.**



**Divine Love being received
from The Spirit, covering the
spirit body of the requesting
personality.**



**Divine Love having been
assimilated within one's soul,
now being reflected through the
radiance of the spirit body.**



SHINING TOWARD SPIRIT:
665. The Shining toward Truth

Vol III, p. 157, 14 Nov 2014 – 14 Mar 2015 Zara and Nicholas
www.lulu.com

It is I Matthew, a teacher of the Divine Love. I have communicated with you recently, now I desire to provide you with a visual description of the Love.



Imagine a continuous Energy shining light blue that is unbroken with a seamless surface that surround every mortal and Immortal spirit. Imagine if you were to become aware that this energetic field of light-blue Energy existed in its shining radiance just near where you are. Now that you are aware that this unbroken Divine Love is unified energetic field of living Love, by opening toward the Soul of God and aspiring for the Divine Love, the Acting Spirit gently brings a small portion of this shining blue Energy into your soul

The Divine Love that you have received remains part of this great Energy that the Divine Love is and even though this small portion of Divine Love, now within your soul, in its shining radiance and energetic cause, it is never separated from the continuous energetic field of Energy that the Divine Love is. Having partaken of this Energy it is with perception that one is aware that the Divine Love within one's soul is the same Divine Love that every person and spirit who has partaken of this Love, participates with. Even though in our individuality we partake of this Divine Energy, this Love is never broken away from the Source and Origin from which this Divine Love emanates.

The Divine Love is bestowed into our finite soul by the Acting Spirit, but this Spirit remains in contact with our spirit body and does not enter the finite soul to become part of our finite soul essence that we are. No mortal or Immortal spirit can manifest in their soul the Acting Spirit so that this Spirit – this Holy Spirit – becomes part of our existing finite spirit body. Only the Divine Love and its Energy becomes part of our finite soul, which causes the change to our spirit body. The Acting Spirit always remains its own attribute and never does a Celestial spirit claim ownership or take possession of the Acting Spirit within their soul. (The Holy Spirit / Acting Spirit is an instrument of the Source Soul, our Father.)

This is one of the wonderful Truths by which we who have been transformed by the Divine Love understand our personal relationship with the Father's ever-present Acting Spirit. The shining Energy of Divine Love is all around us and when we have partaken of this Love, part of our finite nature becomes independently shining in this true perfect Love.

I provide these words that may appeal to those who are visual and to express the universal appearance of the Divine Love and the personal touch when in contact with the Acting Spirit.

Matthew (Apostle)

Whilst we are receiving our Heavenly Parents' Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way our Mother and Father are actually loving us! When we progress, it is God's way of loving us into love and then we live what we are, love.

To liberate one's real self, one's will, being one's soul, is by embracing Feeling Healing so as to clear emotional injuries and errors. With the Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

Our salvation IS by embracing Feeling Healing with the Divine Love.

God's Divine Love: Pray for it, ask for it, and receive it.

Please Mother and Father, may I receive Your LOVE.

“Every day is a day of devotion.”

Follow your heart, follow your love and do that in loving action, your inner love leads in your asking the Soul of God to receive a little of the Love to strengthen one's resolve to heal.

“I love you Father.” “Let the Divine Love proclaim its energy into my soul.”

“Mother – Father, I desire your Love and I am loving you.”

“Soul God, I love you and I love receiving and experiencing your Divine Love.”

“True Soul God, I am here, I am aware of your Love. Please hear my aspiration for your Love and as I approach you from my soul, I can feel your Love in the way that you are loving my soul.”

Try it; give the Feeling Healing and Love a go! If you want to shine, receive the Love.

One can simply receive the Love without following any religious or spiritual teaching taught by man!

Emotional errors and injuries cause encrustment around the soul, the soul is never damaged however, the encrustments retard love energy flow to and from the soul. Feeling Healing melts such injuries.

Three Great Truths:

- **God is Soul, being Mother and Father;**
- **that each individual soul is a duplex – both male and female;**
- **and Feeling Healing with Divine Love is the pathway to Paradise.**



PRAYER for DIVINE LOVE: library download pages at www.pascashealth.com
 Kindly visit the library download pages at www.pascashealth.com as further recordings are added.
 Should you click on the audio files, you will also be able to download the audio file onto your computer.
Prayer for Divine Love – from the Padgett Messages (Medical – Spiritual References)
<http://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Prayer%20for%20Divine%20Love%20from%20the%20Padgett%20Messages.mp3>
The Voice of Divine Love (Medical – Spiritual References)
<http://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/The%20Voice%20Of%20Divine%20Love.m4a>



Immortality with the Love.

The opening up of the soul permits a permanent exchange with Divinity, a permanent recharge of this healing energy that allows not only the re-establishment of lost health, but the continuity of health, providing such a perfect balance, even in the physical body, that noxious agents like bacteria and virus cannot find any opportunity to unchain pathological reactions, which we commonly call illness.

But it is true that people without the benefit of Divine Love would lack the protective shield, which the intrinsic healing energies of Divine Love provide for those who pray for our Heavenly Mother and Father's Grace.

Judas – August 19th, 2001

Our Heavenly Parents simply desire for us to ask for Their Love.

<http://www.pascashealth.com/index.php/library.html>

Library Downloads – Pascas Papers

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address.

info@pascashealth.com

Primary recommended reading:	consider commencing with: Paul – City of Light	
The Book of Truths	1914 – 1923	xxx – Joseph Babinsky
containing the Padgett Messages or		
Little Book of Truths		– Joseph Babinsky
True Gospel Revealed anew by Jesus Vol I, II, III, IV	xxx	– Geoff Cutler
The Rejected Ones	2002 – 2003	xxx – James Moncrief
Messages from Mary & Jesus	2003	xxx – James Moncrief
Paul – City of Light	2005	xxx – James Moncrief
Mary Magdalene and Jesus'		
comments on the Padgett Messages	2007 – 2010	xxx – James Moncrief
Speaking with Mary Magdalene & Jesus	2013 – 2014	xxx – James Moncrief
Sage and the Healing Angels of Light	2017	xxx – James Moncrief
Road map of Universe and history of Universe:		
The Urantia Book	1925 – 1935	xxx as primary reading
Divine Love supporting reading:		
Revelations	1954 – 1963	– Dr Daniel Samuels
Judas of Kerioth	2001 – 2003	– Geoff Cutler
The Golden Leaf	2008	– Zara & Nicholas
The Richard Messages	2012 – 2013	– James Reid
The Divine Universe	2012 – 2013	– Zara & Nicholas
Family Reunion Afterlife Contact	2014 – 2015	– Joseph Babinsky
Traveller, An Immortal Journey	2014 – 2015	– Zara & Nicholas
Destiny, Eternal Messages of Divine Love	2015 – 2016	– Zara & Nicholas
Feeling Healing	2017	– James Moncrief
Religion of Feelings	2017	– James Moncrief
The Way of Divine Love		– Joseph Babinsky
Divine Love – The Greatest Truth in the World		– Joseph Babinsky
The Human Soul		– Joseph Babinsky
Divine Love Flowing		– Joseph Babinsky
The Truth		– Werner Voets
Through the Mists, The Life Elysian, The Gate of Heaven		– Robert James Lees
Life in the World Unseen		– Anthony Borgia
Gone West		– J M S Ward
Post Mortem Journal		– Jane Sherwood
After Death / Letters from Julia		– William T Stead
Thirty Years Among the Dead		– Carl A Wickland
A Wanderer in the Spirit Land		– Franchezzo
Life Beyond the Veil Vol I thru to V – Rev George Vale Owen		– Geoff Cutler
The Holy Bible from the Ancient Eastern Text		– Dr George M Lamsa
Available generally from:		
www.lulu.com	www.amazon.com	www.bookdepository.com
For Divine Love focused websites and forums:		
Pascas Health:	http://www.pascashealth.com/index.php/library.html	
Spiritual Development:	http://new-birth.net/spiritual-subjects/	
Padgett Books:	http://new-birth.net/padgetts-messages/	
http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm		

James Moncrief's books, the Padgett Messages and The Urantia Book at:

DIVINE LOVE SPIRITUALITY – DLS:

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945
The Urantia Book (see suggested papers to read below)

James Moncrief Books:

	MoC		
The Rejected Ones – the Feminine Aspect of God	1,490	Nov 2002 – Jan 2003	228
Messages from Mary and Jesus book 1	1,485	Feb – Apr 2003	189
Messages from Mary and Jesus book 2	1,485	Apr – Oct 2003	170
Mary Magdalene and Jesus' comments on the Padgett Messages – book 1		Aug 2007	164
Messages from 31 May 1914 – 12 January 1915	1,495		
Mary Magdalene and Jesus' comments on the Padgett Messages – book 2		Sep 2010	177
Messages from 13 January 1915 – 29 August 1915	1,494		
Speaking with Mary Magdalene and Jesus blog – book 1	1,490	Jan – Apr 2013	206
Speaking with Mary Magdalene and Jesus blog – book 2	1,489	Apr – May 2013	229
Speaking with Mary Magdalene and Jesus blog – book 3	1,490	Oct – Jan 2014	187
Speaking with Mary Magdalene and Jesus blog – book 4	1,491	Jan – May 2014	191
Mary Magdalene comments on Revelation from the Bible KJV	1,485	Dec 2013 – Jan 2014	84
		This group being pages of	1,825

Paul – City of Light	1,488.5	2005	149
Ann and Terry		2013	235
Feeling bad? Bad Feelings are GOOD!	feeling-healing book 1	2006	179
Feeling bad will make you feel BETTER – Eventually!	feeling-healing book 2	2006	159
Breaking the Golden Rule.	feeling-healing book 3	2006	168
Feeling-Healing exercises, and other healing points to consider.		2009	175
Cathy and Mark – a novel introducing Feeling-Healing.		2010	151
Introduction course to Divine Love Spirituality		2006	139
Speaking with the Dead, Death and Dying		2009	173
Spirits and their Childhood Repression Healing		2010	179
With Verna – a nature spirit		2008	279
Communication with spirits – meet a spirit friend		2010	37
Introduction to Divine Love Spirituality website			362
Sage – and the Healing Angels of Light		2017	260
Divine Love Spirituality		2017	250
Feeling Healing – you can heal yourself through your feelings		2017	153
Religion of Feelings	1,500	2017	44
		This group being pages of	3,092

Religion of Feelings

Introduction to Divine Love Spirituality

Main website of DLS

Childhood Repression website

DLS and CR forum

<http://religionoffeelings.weebly.com/>

<http://dlspirituality.weebly.com/>

<http://divinelovesp.weebly.com/>

<http://childhoodrepression.weebly.com/>

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

FEELING HEALING and SOUL HEALING with the DIVINE LOVE:**James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

Speaking with Mary Magdalene and Jesus – books 1 – 4

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

Paul – City of Light

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

Ann and Terry

For an example of people who might want to immediately start working on themselves and doing their Healing.

Feeling Bad? Bad Feelings are GOOD

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

Feeling bad will make you feel BETTER – Eventually!

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

Sage – and the Healing Angels of Light

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings
Feeling Healing**

**Welcome to LOVE – the Religion of Feelings
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

The Padgett Messages being published as:**The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book**

Release one's pain through expressing one's feelings.

in conjunction with

Longing for the Truth when also longing for Divine Love.

FEELING HEALING with DIVINE LOVE is SOUL HEALING:

A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.

Firstly, consider discovering the truth of your emotional pain through Feeling Healing.

Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.

Primary and most important readings are the writings of James Moncrief.

Then consider the Padgett Messages, and then The Urantia Book.

Pascas Papers, being free, are located within the Library Downloads www.pascashealth.com

<http://www.pascashealth.com/index.php/library.html>

PASCAS – document schedule.pdf downloadable index to all Pascas Papers.

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love; DL denotes Divine Love – living with the Love.

PASCAS INTRODUCTION NOTES: *All papers below can be found at Library Downloads link..*

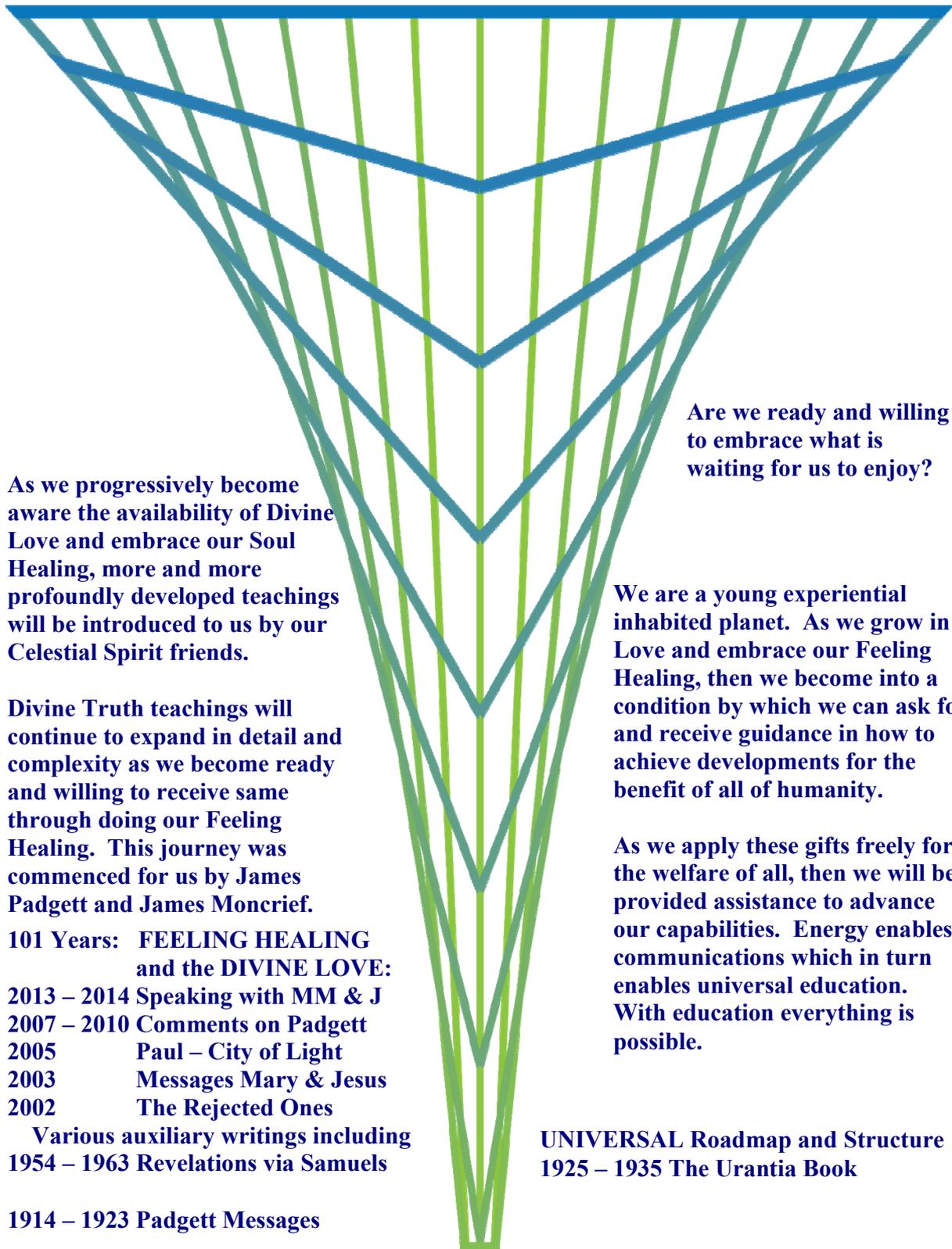
- Pascas Care Letters A Huge Upturn
- Pascas Care Letters Big Revelation
- Pascas Care Letters Feeling Healing Benefits Children
- Pascas Care Letters Feeling Healing Way
- Pascas Care Letters Little Children
- Pascas Care Letters Women's Liberation and Mother

MEDICAL – EMOTIONS:

- Pascas Care – Feeling Healing
- Pascas Care – Feeling Healing All is Within
- Pascas Care – Feeling Healing and Health
- Pascas Care – Feeling Healing and History
- Pascas Care – Feeling Healing and Parenting
- Pascas Care – Feeling Healing and Rebellion
- Pascas Care – Feeling Healing and Starting
- Pascas Care – Feeling Healing and Will
- Pascas Care – Feeling Healing Angel Assistance
- Pascas Care – Feeling Healing Being Unloved
- Pascas Care – Feeling Healing Child Control
- Pascas Care – Feeling Healing Childhood Repression
- Pascas Care – Feeling Healing End Times
- Pascas Care – Feeling Healing is Rebelling
- Pascas Care – Feeling Healing Live True
- Pascas Care – Feeling Healing Mary Speaks
- Pascas Care – Feeling Healing My Soul
- Pascas Care – Feeling Healing Perfect State
- Pascas Care – Feeling Healing Revelations X 2
- Pascas Care – Feeling Healing the Future
- Pascas Care – Feeling Healing Trust Yourself
- Pascas Care – Feeling Healing Versus Cult

**PASCAS
PAPERS**

DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:



*People look for miracles to cure
disease which is ONLY the
removal of the effect
of the emotion.*



SOUL  SPIRIT BODY  PHYSICAL BODY
PERSONALITY

The soul animates the spirit body and in turn the spirit body animates the physical body. The spirit body looks just like the physical body. These bodies are connected by cords. Your memory and intelligence as well as your emotions are within your soul which is your real self. Your mind is within your spirit body. Your brain is within your physical body.