

# PASCAS CARE

## *Law of Cause and Effect*



**“Peace And Spirit Creating Alternate Solutions”**

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Documents assembled by Pascas are provided for your individual assessment and exploration. The contents are sourced from a variety of avenues and publications. Every endeavour is made to determine that the contents are of the highest level of truth and veracity. At all times we ask that you go within yourself, to ascertain for yourself, how the contents resonate with you.

Pascas provides these notes and observations to assist us all in the development and growth of our own pathways and consciousness. Pascas does not hold these contents as dogma. Pascas is about looking within oneself. Much of what we are observing is new to us readers and thus, we consider that you will take on board that which resonates with you, investigate further those items of interest, and discard that which does not feel appropriate to you.

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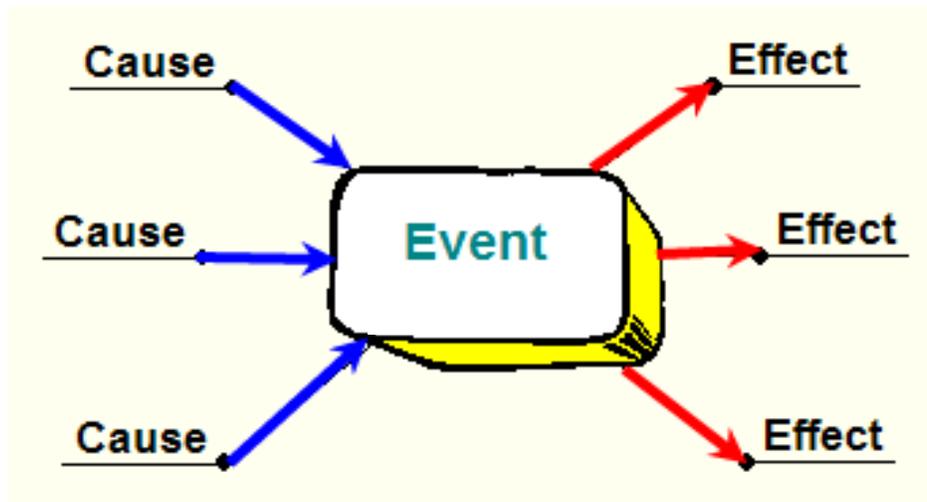
The sources of contents are noted throughout the document. In doing so, we acknowledge the importance of these sources and encourage our readers to consider further these sources. Should we have infringed upon a copyright pertaining to content, graphics and or pictures, we apologise. In such cases, we will endeavour to make the appropriate notations within the documents that we have assembled as a service via our not for profit arm, to our interested community.

We offer all contents in love and with the fullness of grace, which is intended to flow to readers who join us upon this fascinating journey throughout this incredible changing era we are all experiencing.

Aspiring to Living Feelings First, *John.*



***“Never can one man do more for another man than by making it known of the availability of the Feeling Healing process and Divine Love.” JD***



**Golden Rule: that one must always honour another's will as one honours one's own.**

**PASCAS CARE CENTRE:**

Goals of Pascas Care are lead by our desire to:

**Treat the cause rather than the symptoms, this is the focus of Pascas Care.**

**People look for miracles to cure disease which is  
ONLY the removal of the effect of the emotion.**

Further stated policy, Pascas Care – Kids of the World:

**The greatest gift for our children that we could possibly  
provide is to enable them to grow up without fear.**



**CAUSE  
&  
EFFECT**

Note: Diagrams have been added by others after the following talks were given.

## Law of Cause & Effect P1

2011.12.04

<http://www.youtube.com/watch?v=sus67vhuNgA&feature=plcp&context=C3de93c4UDOEgsToPDskICaOIZLDDYcSxWfBR9jx3I>

### God's Laws Series. Chapter Index:

#### Law of Cause & Effect

Potential of the soul 0:07:00

Addressing the Cause vs Effect 0:13:05

Child disease & Parent emotions 0:22:10

Releasing fear 0:33:30

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Time elapse notation relates to the time elapsed on the video / audio file to position the graphic, e.g., TE 1.25 means 1 hour, 25 minutes into the recording.

Disk 1 is 1 hour 34 minutes

Disk 2 is 2 hours 53 minutes

Total session time is 4 hrs 27 min



### Law of Cause and Effect:

**Every single thing that ever happened had an underlying cause.**

**Most of the time, we look at that from a physical perspective. While we are physically centric, while our awareness centres around physical matters, we do not understand, yet, the true nature of cause and effect.**

**The Law of Cause and Effect also applies spiritually.**

**In the example of a sore on the arm from a vitamin and mineral deficiency in the physical body. The sore had developed on my right forearm. Why did it develop on my right forearm and not my left forearm, or somewhere else?**

**It is not just related to the physical and the physical body.**

**In the spirit body, one can observe an energy problem and energy deficiency in the location of the sore in the physical body. The flow of energy over the spirit body is creating a vortex or hold at the location of the sore in the physical body, that then allows the manifestation of the deficiency to occur in that location. The link between the spirit body and the physical body shows that the deficiency of the mineral is not the cause in the physical body problem. What is the cause is the energy problem. To resolve the problem is to fix the energy problem in the spirit body form.**

The real cause has still not been found.

1. Physical – material body
2. Spiritual – spirit body
3. Soul.

Our soul is the most powerful of all of God's creations. Our soul is potentially more powerful than the sun. Our soul can grow to handle more amounts of energy than the sun can actually emit.

When we become fully aware of the soul, we start understanding its true power and nature. We start seeing how the Law of Cause and Effect is started through what is actually happening inside of the soul.

The true cause of the physical body sore on the right arm is soul based.



Soul -> Spirit Body -> Physical Body

Whatever happens to these bodies happens because of what is in the soul. The soul controls every accident that happens to the body.

The Law of Cause and Effect has many aspects.

The soul controls all events.

If I attempt to fix the effect, I will automatically create another effect. If we focus on dealing with the effect, we will create another effect, of a similar nature or of worse nature.

But if I address the cause, all effects related to that cause will automatically change. If we deal with the cause, all effects related to that cause are automatically dealt with, they are all resolved.

Dealing with the effects does not permanently address the problem. The only think that can permanently address a problem is dealing with the cause of the problem. The actual cause of the problem.

When a child is really small, just born to a few years old, mum usually has the most influence over them.



As the child goes into six or seven years of age, how much connection does he have now to his mum? It is much less.



By the time they are thirteen or fourteen, they are quite independent. Childhood asthma often stops.

Almost every child onset disease has nothing to do with the child; it has everything to do with what the parent is doing, emotionally. What's going on within the parent's own soul?

What causes asthma is a fear of grief that you don't want to feel. This grief was that the mother needed someone to love and did not want to be alone. The child did not get the problem by any grief problem they had. It is the mother's fear of her own grief.

As parents, when we have fear, we do not understand the effect. We do not understand the effect it has on our children.

Many of you think you are making your child safe by being afraid for their welfare. The reality is, fear is the worst possible emotion that you could potentially project at any living creature, including your own children. Your own fear is the worst. Now, how do you project it?

You project it by not owning it or by not actually feeling it. That is how you project it.

Whenever a parent does not own and feel their own fear, the child is feeling the full barrage of their fear, and in that moment there is no love. Fear and love cannot co-exist at the same time. As soon as you have fear inside of you as a parent, there is no longer any love coming out of you. The child no longer feels loved – immediately.

This applies to every living thing around you, from insects to beasts, all the way through to your own child, all respond to your fear, and as soon as your fear is present and denied, everyone of those things respond in an attacking or negative manner to the fear that is present.

That is your soul creating something. Your soul and the denial of your fear of grief created his childhood onset asthma. As he grows, he disconnects from his mother more and more, and is therefore less connected to mum's emotions. And as a result, automatically has less asthma.

For many adults who still have asthma, they are still to disconnect from their mother's emotion, and as yet, are still disconnected from her fear of her grief. As a result, they continue to be fully asthmatic even as an adult.

The grief in the adult child will not be the same emotion as the grief in the mother. It is the emotion denied and projected to the child and every living thing that is responding to that denied emotion.



Because the child is very connected to us, and are very personally involved with us, they are going to have the largest response to that emotion generally.

The first time mum has the most fear, usually, with the first born. The first born is often not the most approved child and they receive the most fear. The first child often has the most physical ailments.

Children labelled autistic.

An autistic child is getting a whole barrage of emotions. An autistic child is very sensitive emotionally and they do not have any sense of themselves, emotionally. So, the only thing they can feel as a result of them not having any sense of themselves which is related to their parent's condition as well, is the people in their environment. What they do then is that they respond immediately and without any checking to every single person in their environment. And this is why many parents of autistic children notice when parents are afraid or a bit more stressed out, the child acts worse or differently, they can see the relationship, not understanding the cause.

The cause is the soul of the parent, not the soul of the child.

**Oppression.** The emotions of the mother being heavily invested in her child is oppression. When the child is away from the mother, the child is clear of this oppressiveness. However, when he returns home, the oppressive emotions puts a load on his body creating a cold or similar illness. When he is with his mother, he does not notice that he is being oppressed so much. It is when he is not with his mother and then comes back to this heavy emotional investment.

If you are living in a situation that you have to tolerate, you get used to it. You become detuned to the oppression. We become desensitised. You leave the situation, however, upon returning, the soul creates an illness.

Everybody affected is involved in the cause.

If a nation goes to war, everybody that is affected is part of the creation of that nation going to war.

It is usually common causes, but the underlying emotion for various people is quite different.

A car accident, you injure your left side, and I injure my right side. We could say that we were both in the accident. That indicates that the underlying emotion for each of us, causing the accident, is different. What happened to me physically and emotionally and spiritually is the effect of the underlying cause for me.

If a person is raped. The rapist and the person being raped have two completely different causes going on for that particular event. They do not have the same cause. The woman who is raped did not want to be raped. She had a completely different cause going on as to why she was raped than the rapist who did want to rape her had going on inside of him. But they are both a part of the creation of the event. We are not talking about the responsibility for the unloving action. The rapist has the potential of choosing not to rape, so he has a far larger culpability for the unloving action from a compensatory perspective. But the cause is the souls of the people involved.

Everybody affected is involved in the cause.

Something happens on the other side of the world and you turn on the television and that is the first thing you see. You are involved in the cause of that event. Because it just affected you! There is something inside of you that added to the event to actually cause it.

If you start understanding how everything in your life that happens because of the cause within your own soul, there is something in your own soul creating it, you start to actually for the first time in your life you have the power to change things.

The majority of us are addicted to changing effects. And the problem of being addicted to changing effects, is that we are reducing the power of our own soul. Because our soul is at its most powerful when we address the cause, rather than the effect. And most of us are purposefully reducing the power of our own soul by continuing to attempt to address the effects. And if we had focused on the cause, we would be increasing the power of our own soul, and quite often exponentially so. Once you address the cause, now a whole series of future potential events or effects that could have happen will no longer happen.

You not only solve this particular event, you now have solved or have the solution to every single event that is caused by the same thing. This power occurs positively and negatively, we have been talking about the negative effects of different causes, but there are positive effects of different causes. If you exercise a passionate desire in harmony with love, the law of cause and effect will demonstrate to you that you will actually get the things that you desire, because it is a natural consequence of the law of cause and effect.

Follow your desires, embrace your desires, don't be afraid of them. You need to embrace your passions and desires because there is a positive side to every single law. All of God's laws are loving.

That means that the Law of Cause and Effect is loving. And everything can be embraced in a loving manner and have a positive outcome as of result, because it is loving. So the Law of Cause and Effect, when understood and when embraced in a loving manner, what it will do is that it will have everybody affected that is involved in the cause that was positive, not negative.

God's laws are like a framework, everything exists within side of each other. All of God's laws are what enable all other potentials and possibilities. So all of God's laws can exist without the possibilities. The entire universe came into existence and is structured in its current form by laws that were created before the universe came into existence. The law existed before the physical thing came to being. Every single law that governs your soul came into existence before anybody's soul was created. Every single law was present.



If you consider that every single law was in existence before anything came into existence in physical matter, then you can consider the power of engaging those laws at your soul level. Most of us are avoiding God's laws or trying to work around them constantly. In the process of doing that, we are actually working against laws. That is like banging your head against a brick wall.

Death is what we end up with by continuing to do this. The majority of us see God's laws as trauma and something to rebel against, something to avoid and something to work around.

You cannot work around any of God's laws. God's laws are unchangeable, you cannot adjust them in any way, and they affect all of us in the same manner. All of God's laws are completely loving and completely perfect, but also completely just and completely in harmony with equality.



**Banging your head against the wall feels good when you stop.**

So, why do different things happen to me that don't happen to you? It is because of our soul. What is going on in our soul?

God has created a whole series of structures that are still being discovered, including the minute infrastructure that is universal in nature that affects every single particle in the universe and how God put that structure in place before the universe came into existence.

It is known for certain that God did that, and the reason why this is known, the instant the universe came into existence, it instantly conformed to those laws.

The highest laws are the Laws of Divine Love, the laws of repentance, forgiveness, those kinds of laws. The hierarchy of laws:

Highest	The Laws of Divine Love
then	The Laws of Natural Love
	The Laws governing the Soul
	The Laws governing the Spirit Body
	The Laws governing the Physical Body

If you discover these things about law and how they all relate, you can find out fascinating things without ever having to investigate using any other method. It is like discovering the law of gravity without having to drop a ball to see what happens. The law of gravity is a framework that God has placed on the physical universe. For a lot of good physical reasons, this law of gravity is in place.

It is possible to discover laws that are yet to have an effect: something that might happen in the future, it is potentially possible.

The Law of Cause and Effect is loving in its nature always. Driving along in my motor car and you have an accident, the law was loving. So, why did I have the accident? Because I was banging my head against one of the laws. The eventual result is personal pain of some kind.

God's purpose with the Law of Cause and Effect is to say to you if something happens to you (effect) then something inside of your soul created it. If what happened to you is good then something inside of your soul was good that created it. If something that happened to you is bad then something inside of your soul is against one of the laws.

All the laws are loving. The only time that we can have an unloving effect from a loving law is by actually having an unloving cause inside of our soul.

If all the laws are loving, and the effect feels unloving, then that tells me that the actual cause must have been unloving.

The Law of Attraction is a little different. The Law of Attraction says that everything that is inside of my soul creates every event. Any event that is attracted to me has the underlying reason that my soul attracted it.

The way that the Law of Attraction governs. If two of us are in the same car accident sitting next to each other in the same car accident and I get injured in a different way than my co-passenger, then the Law of Attraction has caused my injuries to be different to my co-passenger. The Law of Attraction is based on some of the things in my soul.

The Law of Cause and Effect is a little different. I can address the causes or I can deal with the effects of that Law of Attraction. The Law of Attraction attracts the event, but the cause of the event is something else inside of my soul.

The Law of Attraction creates the event, and there is a law that correlates Cause and Effects.

The linkage between Cause and Effect is the Law of Attraction. The actual event is created by a certain cause. The Law of Attraction is the messenger of truth to us, but we can either ignore the cause and deal with its effects, or we can start addressing the cause, that is the power. The power we have is to address the cause or ignore the cause. That is our free will.

Our soul has very little defence against anyone in the universe acting in an unloving manner, whether that is a parent or anyone else. There is no law looking at unloving events, there are only laws looking at loving events.

Our soul has no defence against unloving actions in the sense that we cannot prevent unloving actions taken by others. We cannot prevent them, ever.

When you are in a state of complete love, you don't need to prevent them, anyway. Because they don't affect you emotionally any more. You don't feel bad about them, so to you they are not bad.



**Law of Attraction**



**Law of Gratitude**



**Feeling  
Healing with  
Divine Love is  
the key!**



When you are at-one-with God and someone shoots you, you don't think that is a bad event. So you are not afraid of someone shooting you anymore. Because you are not afraid, the chances of that happening are far less.

But if I am not at-one-with God, and I am afraid of death and someone comes along with a gun, the chances of being shot are greater. And I am going to be traumatised by the event because I am not at-one-with God, I am not in a state of complete love, so there is some fear in me that needs to be released and it is going to be released through the event that I have attracted.

Free will. We all have been given free will in the sense we all have the right to make autonomous decisions by ourselves. But there are responsibilities in every single law. And one of the responsibilities of the Law of Free Will is if I make a free will choice to harm your free will, now I am out of harmony with the Law of Free Will. So if I make a choice to take actions to harm your free will I am now out of harmony with the Law of Free Will which means I am beating my head against the brick wall of the Law of Free Will, and there are going to be some negative consequences to both me and yourself.

We are not independent. The only time that you would be totally independent would be if you were the first person to be alive in a certain location and the only person there, and even then you are not independent because every single living creature around you is affected by whatever you feel. Free will and independence are totally different things. To be independent is impossible in the universe that we live in. We are all dependent.

If the world was going to end tomorrow, seven billion children of God would pass from this world to the spirit world. We are dependent upon the Earth for our physical survival. There is automatic dependency. We are interconnected.

We have the belief system that we shouldn't have to feel the pain that others have created. We avoid feeling our pain. To come at-one-with God we are going to have to feel the pain that others have created. That is called forgiveness.



When you are prepared to feel the pain that everyone else has created inside of you, you will have forgiven everyone, and that is the higher law that is related to the Law of Divine Love.

If we do not go through the law of forgiveness, then we will have to go through the law of compensation, a lower law, and it is going to take a longer time to sort out the issue. And the only reason why we don't want to forgive, because we do not want to come face to face with this primary truth. Everything painful that happened to me that was unjust was unjust.

Forgiveness is the coming to the realisation that every pain inside of me that came to me unjustly had an unjust cause. All I need to do is grieve it. As soon as I fear it, or as soon as I feel that it is unjust, then I am angry and I will never feel it. You want justice. Justice is not love.

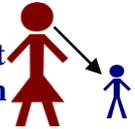
The concept of justice that we have is totally unloving.

What we do not heal within our selves, within our souls, we continue to create around us.

I'm responsible!

You are not responsible for absolutely everything that has happened in your life. It is impossible for you to be responsible for everything. At the moment of your very conception, a whole heap of damaging emotions entered your soul, and that is totally unavoidable by any act you could have taken at that time.

We have parents who tell the little child that they are responsible, for what the parent is not taking responsibility for, and that is the feeling that prevents a lot of emotion from flowing.



If the parents had released their damaging emotions before the conception of the child, then the child would not have those emotional injuries.

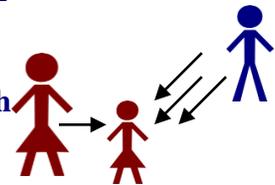
God's laws all address the causes back to every single factor, every single factor is accounted for in God's laws. The wheels of God's laws grind with exceedingly tight tolerances. And what they imply is that you can't get away with anything. It will always be attributed to the actual cause.

The Law of Cause and Effect, effects us in this way, and that is, whatever happens around me, and remember there will be a cause within me, and if I choose to deny the cause and choose to act in an unloving manner, then the effect of what I am going to create is also going to be attributed to me.

A mother, who when a child was abused sexually, has a baby daughter. The parent does not deal with the emotion, she does not address the emotion inside of herself of the abuse. The fear that she has, the sadness and grief that she has, the terrible effect this has had on her psychology and so forth, she chooses to deny all such things. As a result of the denial of all such things the child is totally exposed to potential perpetrators abusing her.

This is actually a loving thing if you as a parent do not love your child enough to actually deal with your baggage then for whatever other possible reason would you have for dealing with your baggage?

If the love of your child is not a large enough reason for you to deal with your baggage, what is ever going to be a large enough reason?



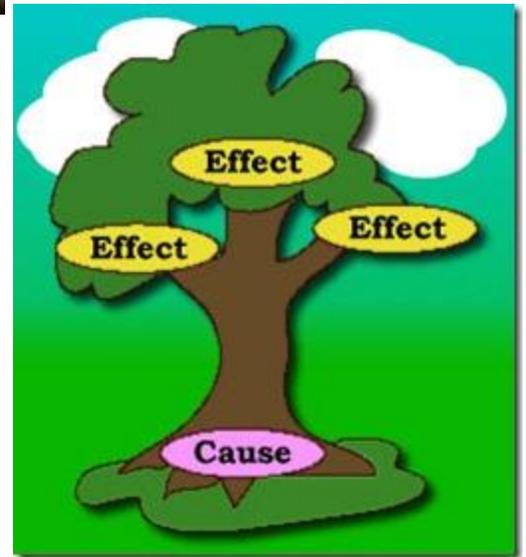
The child may be abused, but the actual unloving action that is being done to the child is not only the perpetrator that caused it, it is also the mother. It will be attributed to her. Her unloving behaviour of choosing not to release the damage will be attributed to her because of the damage now being done to her child as a result of her choice. Mum will have Law of Compensation issues to deal with due to the fact that she did not address what had happened to her and therefore caused her child to have the same experience. She was a part cause of her child having the same experience.

The Law of Cause and Effect is real justice.



Law of Cause and Effect

**Cause No Harm** < to OTHERS  
to MYSELF  
Strive to love others as I am to love myself



**PASCA  
PERS**

## Law of Cause & Effect P2

2011.12.04

<http://www.youtube.com/watch?NR=1&feature=endscreen&v=WvxtR2B-nAg>

God's Laws Series, Chapter Index:

Denial of past events

Not loving ourselves 0:09:00

Financial crisis & Emotions 0:17:10

Truth & Causal Emotions 0:31:20

Healing & Causal Emotions 0:40:00

Power from Feeling the Cause 1:17:30

Injuries from parents & Grief 1:34:25

Need for Love & Compromise 1:41:30

Children & Repentance 1:48:30

Painful Effect come only from unloving cause 1:55:20

Phobias & Withdrawal of parent love 2:17:00

Intellectualising vs Experiencing Emotions 2:27:20

Emotional intensity & Soul growth 2:34:10

Childhood emotional injuries & Effects 2:42:00



### **Law of Cause and Effect:**

**With the Law of Cause and Effect, there is a basic underlying principle, and that is, if you do not in some manner deal with the cause, then the effect will always occur, and on top of that, the effect will never change. It will always occur and it will never change.**

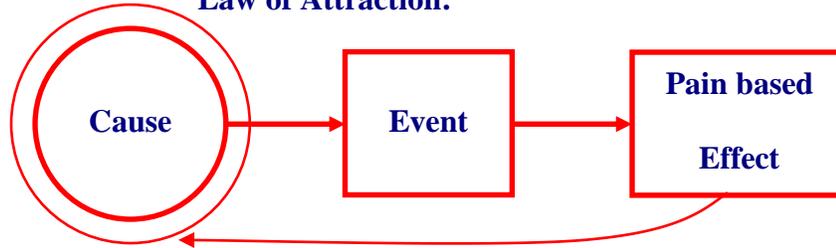
**Most people try to deal with the effects going on in their life all the time. The problem with dealing with the effects is that you are just going to exacerbate the future effects, you are going to make everything in your life more difficult than what it is currently. Unfortunately for most of us, we prefer to do that.**

**There is a desire for immediate remedy of an effect.**

**That is not logical, you are not remedying anything. What you are doing is creating the potential for even more severe events to occur in the future, because of the denial of the previous cause that was triggered by the Law of Attraction.**

**When you try to 'cure' and effect, the problem is, you don't actually deal with anything. You don't actually fix anything. In not fixing anything, there is this additional effect and that is you have now denied the Law of Attraction event that has just occurred that tried to get you into some kind of causal situation. And as a result of that, there is a higher likelihood now of future events occurring that are more severe, and they can only be more severe because you denied the past event, which is an additional part of the cause.**

**Cause and Effect event brought about by  
Law of Attraction:**



We rub out the effect, however the pain from the effect adds another layer of denial around the cause. So now the cause is larger. So, what does a larger cause do, it creates a bigger event, which creates a more painful effect. So what did we do with that – we try and rub that out as well, as though it did not happen.

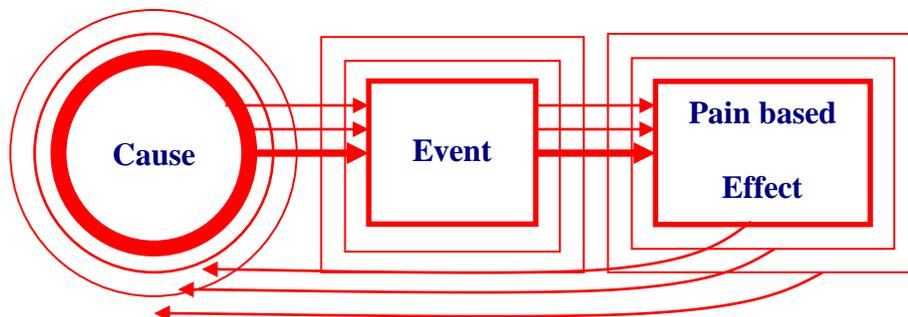
So, what happens now, that adds to the cause which increases the event which then creates a larger painful event.

Why has God created it that way? So that you will eventually see it and say to yourself; ‘maybe I am doing the wrong thing.’ ‘Maybe I need to choose to do something else.’ ‘Maybe I need to change my action.’ ‘Maybe I need to stop trying to fix the effect.’

What tends to happen is that we go around again, we smudge over the pain and create an even larger cause which creates an even larger event which is often cataclysmic in the sense that it often terminates our physical life. Or it is cataclysmic to such an extent that it causes us to deny our life to such an extreme that we don’t even remember our life.

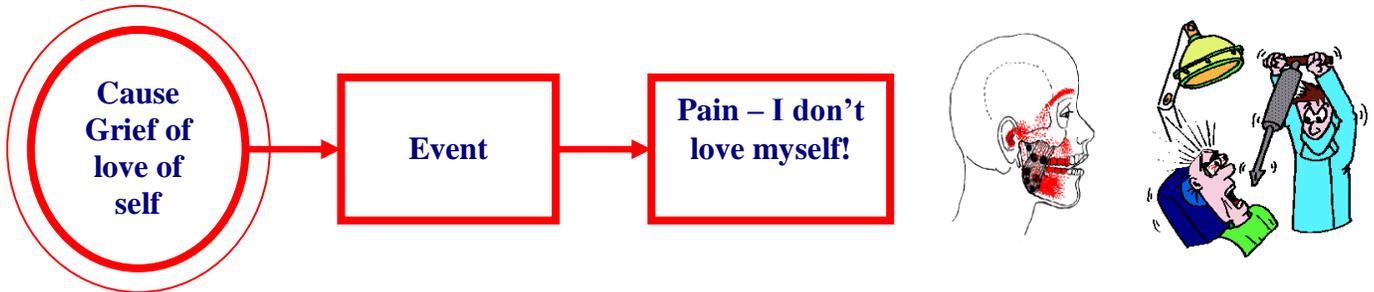
That is why there now is a higher and higher incidence of such things as Alzheimer’s, etc. As a human race we have a stronger and stronger tendency to try to avoid the painful effect, and the more we try to avoid the painful effect, the worse the condition becomes until we can’t even remember what actually happened any more. We don’t want to remember any more.

That is pretty sad because at some point in the future we are going to have to.



So now we have to go through the layers that have been progressively added before we get down to the original cause that actually caused the original event. We have just made our life much more difficult.

This is something that we generally don't understand. Every time we attempt to address the effect rather than the cause we are making our life much more difficult. We think we are making it easier, but we are actually making it more difficult.



The causal / core emotion that we need to address is that we have very little love of self and we have a huge amount of grief associated with that. We do not love our self. The reason why we don't is because we were taught to love our parents instead of our self. Whenever there was a situation that our parents needed love and we had to abdicate any love of self in order to love them, we did that. We automatically chose to not love ourselves.

Because we don't love ourselves and we are yet to grieve it, it creates an event.

The event's purpose is to trigger the emotion.

When we do not love ourselves we tend to hurt ourselves. Lack of love of self can trigger teeth problems and also lower back problems. We go to the dentist for the rotting tooth on one side, male is one side and female issues on the other side. Usually with the dentist there is a lot of fear associated. Fear is a major emotion. Fear of the dentist also relates to the fear of feeling the emotion that I don't love myself.

We go to the dentist and he does his job. We feel that the whole thing is solved now.

It is not solved. It is a pretty small event, our teeth, you can live without one of them.

It is not being said, don't go to the dentist. You need to go to the dentist. However, don't assume that it is all over, because it isn't all over. You go back for your regular checkups and you have a few fillings, etc. You may eventually have a couple of teeth removed, a plate installed, etc. Everything is fine and the years go by, however, the cause is still present.

The cause now has layers of fear associated with it. The majority would prefer to go to the dentist than cry about the lack of love of self.

I ♥ ME

Larger events start to occur, and we continue to deny feeling our grief. Every time we take an action to cure an effect we are actually adding to the blocking belief around our cause.

The Financial Crash is a good illustration of what we do as the human race.

The human race makes out that everything is fine. We make out everything is fine and an event is caused. One country goes into total financial ruin, e.g., Ireland in the European Union. Everyone says, 'Oh, that is just Ireland.' Another layer of denial around the cause. The cause is these huge problems we have, emotionally, all of us, that we have with money, how the financial system works, why we want it working the way it is working, and a lot of other issues that are creating all of these events. They are all unloving. The way the monetary system works is unloving and we have a lot of denial about it.

So, one country goes into financial ruin. But what do the other countries do? They bail them out. The government of the country get the people firstly to bail them out. The government taxes the people more and that raises enough finances to bail out the problem. But when the people can't be taxed any more they then ask for help from other countries. These other countries help them by taxing their own people more.

All of us start to feel the pain of the bailouts of irresponsible handling of money and this idea that I should be able to have what I want now. Some countries have that emotion of 'I want it now and I should have it' to a much larger degree than others.

Then you have a second one, Portugal, it goes into what you could call a 'receivership'. Everyone wants to prop up the system or prop up the country, then they feed more into it, more tax, more people will get hurt and so forth. But the underlying emotion of 'what I want, I want it right now' does not get addressed, and it is still in most countries.

And we still have this cycle of denial continuing, and everyone still says that it is not bad enough for any of us to do anything. US\$15 Trillion of debt is not bad enough for the United States to deal with its debt. The dealing with the issue is being postponed (Dec 2011). So it is obviously not bad enough yet. We postpone what is bad. We don't want to deal with the cause so we just try to deal with the painful effects.

Greece goes belly up. A quote, in most countries the people have to forgive the politicians for what the politicians have done. In Greece, the politicians need to forgive the people for what the people have done. And the reason why that is so is that in Greece everyone does have that big emotion there of 'I want what I want right now, and if I don't get it, I am going to do my Grecian thing which is to have a lot to say about it without relevance to the facts'.

One country in the European Union, Germany who is basically able to help all of these other countries because their economy is doing well. Does that seem fair to you? To have a country that has looked after things, and has done the right thing by their people financially, they haven't taken the steps of 'we will take what we want right now', they have been fiscally responsible, and

now they are bailing out the countries who have been the opposite of that. So, of course, they are resistive.

While this is being resisted, the whole world market now has these painful effects happening. The whole world now has slumps in their finances, share markets are erratic in movements, etc.

The problem is still not getting addressed. The problem being that we all still want everything we want right now.

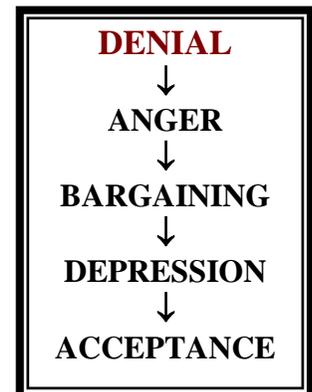
We have a worldwide event imminent, because we have the major power of the economy coming from USA and Europe – western consumption. Australia's economy adds little to this due to our relative economic size.

Now a worldwide event is imminent, and what do we still do? Do what we want, when we want it, thank you very much.

So, when is this going to change?

It is only going to change when the worldwide event happens economically, and all of us feel the pain of it.

And do you know what we will go through first? We will go through the grief process, firstly denial, we will all deny that we had anything to do with it. Then anger, we will all get angry that someone else was the cause. Bargaining then Depression then Acceptance. We are here in denial. We are saying this is not happening. Then our own bank account will not be assessable. Then you will not be able to say it is not happening any more. Then we will go into anger, how dare the bank does that to me. This is when we blame everyone around us. Then we bargain, maybe I can get some of the money back. Then we get to the point that this is all useless – depression. We feel our denial, we feel our anger, we feel our fear, and we get into our grief, we eventually get to the point where we accept the grief of the cause and we process it. We will work through these steps until we reach acceptance of being involved in and being part of this worldwide cataclysmic economic event.



Worldwide events are created by this denial process and attempts to deal with painful effects. Lots of time we even try to deny the painful effect.

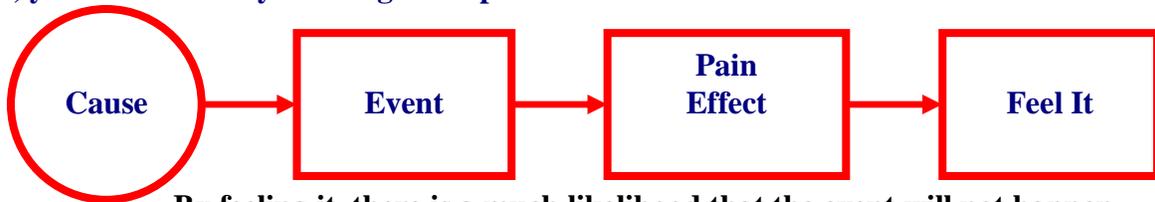
Can you see how truth and the issue of cause and effect are so closely related? Without truth you will never want to see the cause.

You don't want to hear the truth because you don't want to know what the cause is.

The truth allows you to trace backwards from the effect to its cause and to actually deal with it, to actually address it. The truth allows that, it is the only thing that actually allows that.

When we don't want to hear the truth, we are not wanting to relate the effect back to its cause. We are automatically creating blindness within our own lives. We are not relating the effect of what is happening to its cause. Truth does that. Truth is essential to our life.

That is why truth sets you free. Truth empowers you to fully embrace the energy of your soul. While you are dealing with an effect you cannot embrace the energy of your own soul. Because your own soul has just created the opposite thing. While you are trying to rub out the painful effect, your soul is busily creating more painful effects.



By feeling it, there is a much likelihood that the event will not happen.

By feeling about an unfolding event, you are moving in front of the event, the event cannot occur any more that is now in the past, because you have dealt with the reason why it is being caused.

We need to stop ourselves from creating the same things, or even worse things, over and over again, without addressing why we do it.

It is also understanding that effects can never change, and they can only get worse if we don't deal with causes. You really need to understand that, get that, at the soul level, and in our heart.

With a physical injury, such as a cut, if we have fully dealt with the cause, then it would heal instantaneously. It will heal gradually if we slowly deal with the cause.

If things do not improve rapidly with an injury or illness then it means that you are not getting there with dealing with the cause. If things are not healing then that means that things are not being dealt with.

Instead of being punishing to ourselves, like, I must be very resistive to dealing with it, I need to address why I am so very resistive. I need to pray about my own resistance, rather than getting angry with ourselves.

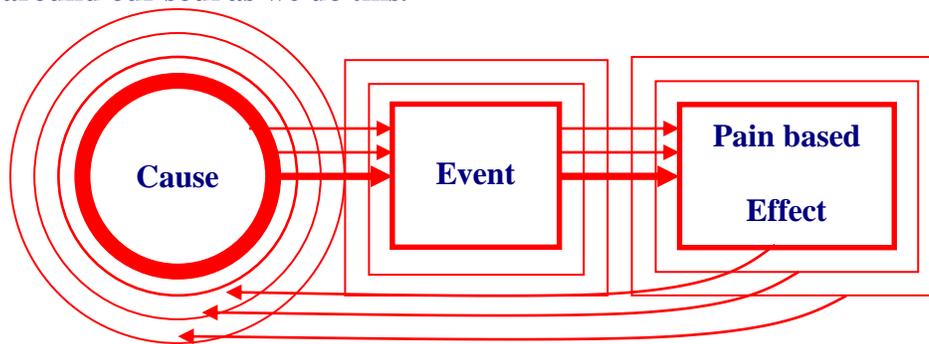
Underneath nearly all of our emotions is a terrible lack of self love. With most emotions we need to be more specific than that. This is why specific emotions cause specific physical ailments because there is a direct linkage between a certain part of our body and what is going on emotionally.

Barbara's rage with men causes her to also lack direction. She is constantly either trying to rebel and prove herself to men, or she is trying to get them to do what she wants. Instead of actually loving them which is the final result of this cause and effect process is that God wants us to get to the point of love. The point of love, yes, every single woman in this audience, and every single woman on Earth, and every single woman in the spirit world will eventually have to learn that

they need to love men. And every single man in this audience, and every single man on Earth, and every single man in the spirit world will eventually have to learn that they have to love women.

It is not meant that they have to love them sexually, but to love them as people. To care about them and love them as people. That does not mean pandering to them, and it does not mean doing what they want, it means having a feeling inside of themselves of care, love and truth of the other person. Actually loving them. Every single one of us will get to that point sometime in the future.

Many of us finish up raging against the opposite gender, and while we are in this rage about the opposite gender, we are nowhere near getting to the cause of our emotion. And because we are nowhere near getting to the cause of our emotion, we are going to keep creating the same effects and, on top of that, many of them will get worse because of the additional levels of denial that we are placing around our soul as we do this.



Eventually, at some point, and for many people it will be in the spirit world after many hundreds of years, which is the reality for most people, they will sit down and feel the pain, rather than keeping on denying, keeping on trying to rub it out, keeping on trying to do something else.

It is our willingness to just surrender to the actual emotion that is going to help you the most, and most of us don't like surrender. Instead, we like fighting, resisting, surrender is bad because we have all this pride, ego, stoic feelings inside of ourselves, which have also been created by other causal / core emotions that have been placed inside of us by our environment. Instead of having the choice to give it up, we decide that we are going to live in them for as long as we possibly can.

If you desperately want men's approval, even when you are in the spirit world, you will continue to go after men's approval even though you no longer have the façade that you enjoy on Earth once you enter the spirit world. Everything is transparent in the spirit world. So you may continue with this for many hundreds of years in the spirit world, and if you ever think you are going to get beyond the 1<sup>st</sup> dimension / sphere in that place in that condition, definitely not.

Until you are prepared to go through this process of actually feeling the cause rather than trying to rub it out or avoid the effects and the process of forgiving, really forgiving which is a willingness to feel all of your own hurt, to feel all of it. Many of us are still fighting, fighting, fighting against our own hurt, and getting outraged about the injustices that other people cause us, and so forth.

Even if I am the worst person in the world, you are going to have to forgive me, if you really want to be happy at some point in the future. That is the way it is.

Potentially you can do worse things to another person than what they have done to you. There are examples in the Robert James Lees books – Through the Mists – The Life Elysian – Gate of Heaven.

The problem is we can perceive hurt when there is none. That is the reality. We can actually feel hurt about events when there is no purposeful or actual hurt what so ever. Why would we do that? Because there has been past hurt, or the opposite emotion, we have had what we want all of our life and now we don't get what we want so we now feel hurt. It could be that we want everything our way, and for the first time our life we are now not getting our way so we now perceive there being a hurt of some kind.

Now, in either of those places, if you do not allow yourself to feel the emotion that created it you will definitely act out the rage as a result. And when you do that, you can potentially do worse hurt to another than what they have done, or you have perceived / thought they have done to you.

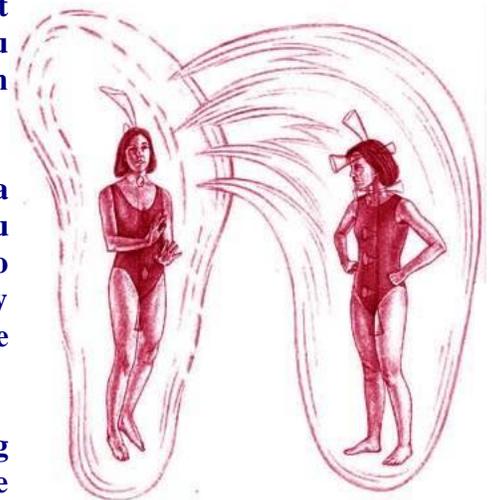
Every time we take actions out of rage, we are taking them because we are denying our hurt. We don't want to feel our hurt. We want other people to feel our hurt. Sometimes we are not very selective as to who we hurt, you may hurt our husband whereas it was your father that may have caused the hurt. Now your husband is angry back at you, because he has been hurt by you.

A lot of times our hurt does not even exist. Often we interpret something that is hurtful that is not hurtful at all. We interpret as hurtful because we are no longer getting our way, which we feel is a hurt.

Someone may have told you the truth and you have gotten hurt by it, so you hate them for a while and you dislike them, you don't want to see them anymore and you feel really upset with them all the time. That is a perceived hurt that does not exist.

Some treat their wives or husbands very badly. It is because of a hurt from a previous relationship or from your family that you are unwilling to face. And you think that your husband is out to get you, or you think your wife is out to hurt you, and the reality is that they don't know what you are talking about most of the time. The reason is that the hurt came from somewhere else.

The problem is that we then go into this justification of hurting other people, and we are adept at hurting other people because of justifying that, rather than feeling our own pain.



The biggest single thing you can do in both your awake and sleep state is to be willing to feel your own hurt. That is the biggest single thing you can do to help your state improve markedly is to be willing to feel your own hurt, to be real about your own hurt. To feel your own hurt whilst in the

awake state will help your sleep state, and vice versa. It is exactly the same process in both states – you just need to cry.

You can't control what you do in the sleep state. The only way is to deal with the cause and this is where a lot of people get very surprised when they go to sleep or when they pass. Because when they pass or go to sleep, the façade is less because you can see the condition of yourself and you give up all pretence of the façade. As of a result of that, it is the emotion is the only thing that drives you. An emotion, 'I hate my dad', that will drive you. It will drive you until you exhaust that emotion.

You can deal with your emotions at any time, asleep or awake. You just need to make an internal choice to deal with the cause, rather than blaming somebody else or trying to deal with the effect. We need to make the choice to feel the cause.

This is the power of your soul. While you choose to damage other people, while you choose to deny your own emotion, while you choose to justify it, while you choose to feel the injustice, while you choose to not forgive, and remember that forgiving is not an intellectual action but rather a heartfelt action, while we choose to not to feel the hurt, we are just going to perpetrate further acts of unkindness on other people whether we are awake or asleep.



We need to give up the idea that we are intellectually capable of fixing that. We are intellectually capable of fixing it to a degree that is what the natural love path is all about. Do you want to take 500 or more years doing this or not? That is not a wise choice when you can take a few years.

Now for most of us, we are taking more than a few years because we don't want to face the truth, we want to mop or rub out our effects, we like that. We don't want to deal with the cause.

Every single day, God has made this beautiful Law of Attraction, and this beautiful Law of Cause and Effect to work hand in glove with each other to expose to us the actual causal / core emotion that we need to experience. God has made this beautiful system to lead us to God, and yet we are rejecting that system.

Many of you are frustrated with dealing with some of these emotions. The reason why we get frustrated is because we are in denial of the effect, or we want to rub out the effect and not face the truth that has a cause.

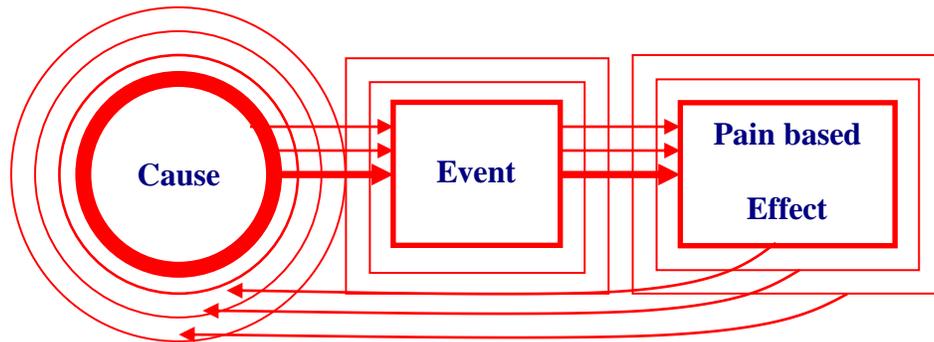
In that frustration, who can influence you? Absolutely anybody that wants you to doubt anything that is true.

About spirit attacks and affect. A spirit attack is an affect. The cause is always our hook into spirits and why we allow them to attack.

We get into this state where a tiny little spirit who is barely able to keep his own body alive can say to us, 'don't go anymore'. And six months later, I feel like going again to AJ's sessions, because we come out of that state sometimes. Everyone has to deal with all of that rage, all of that upset at some stage. All of us has to come out of that state to progress. God has made a perfect system, you cannot not come out of any such state. Get used to that. What do you want, the free will to be anarchists or the free will to join in with God's laws that are all loving. That is the free will that you have actually been given, not the free will to be anarchists.

The trouble with anarchy is that it affects everyone else's free will. It harms other people. God created a more perfect system than that.

Unfortunately, when we get into this place of being able to justify any action, we become so internally enraged and frustrated and annoyed with what God has created, instead of yelling and screaming at God who created it, tell God to change His laws, don't waste your time getting angry with the messenger. Feel being angry about God's laws, and you will get back to what it was caused by if you let yourself feel it. Don't act upon it, because all you are going to do is cause more pain.



Don't get so enraged with God that you decide to blow up every church! Why do you think there is all this violence in this world? There are people so enraged that they are willing to do anything to harm another person rather than to feel their own pain.

If you trace everything back, if you are willing to feel the painful effect, rather than act upon the painful effect, you will eventually get to the cause of its creation. That is what will happen.

If you feel the effect, it will take you back to the actual cause of it. Let's say the effect of it was that you had to go to the dentist and get a filling. Instead of this time taking the pain killers after you have gone to the dentist, you decide that you are going to feel the pain instead and see where it takes you. In the event you get back to feeling, let's say, the fear of your mother and how much you feel that she didn't love you and therefore, you don't love yourself. You allow yourself to feel your mother's fear and how every time she was afraid, you never felt loved. And eventually you get down to this feeling that I am not loved.

Now my mother gets on the phone and starts treating me unlovingly again. If I have actually felt through the emotions of my relationship with my mother and actually felt it, I will treat my mother differently. I will automatically treat my mother differently.

If you continue to have fear over this relationship then there is still more grief to feel about the emotions in question. When you have dealt with a lot of the causes, not all of it, you will get into this place where you will automatically act, and you won't be afraid of doing it either. You will no longer allow your fear to dominate.

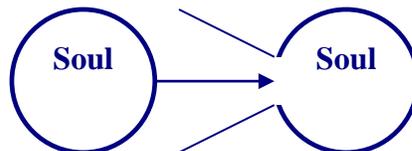
You cannot expect yourself to come from love while you are afraid. Fear and love cannot co-exist at the same time. If you are afraid, you are not going to be loving.

However, you can look at the causal / core emotion of why you feel guilty with your mother. You can start to examine the guilt feeling, which is another effect that has a relationship with a causal emotion inside of yourself. In that example, the Law of Attraction has brought you another event to demonstrate to you there is another flavour or another part of this emotion that needs to be addressed.

Many of you do know what the truth is in a certain situation. Many of you do not act upon that truth in that situation because you are afraid. That tells you that there is more work to be done on the issue. That is all it tells you.

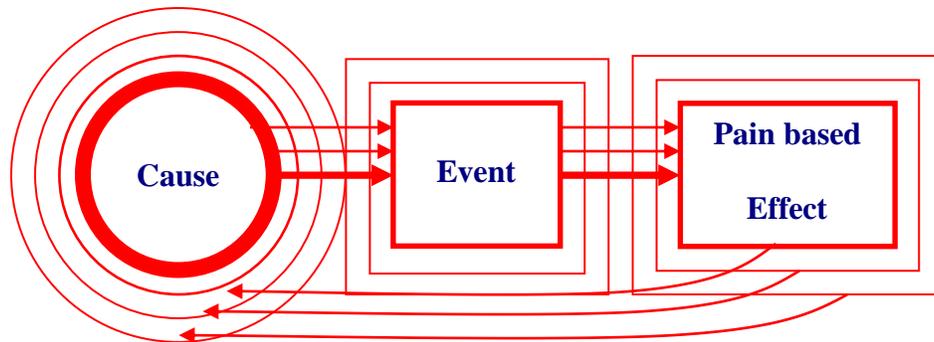
Once you relieve the actual cause inside of yourself as to why you respond to the guilt trips of your mother, for example, you will never again respond to the guilt trips of your mother and you won't have to try.

Soul to soul, you can feel the injury in some one's soul, creating a hole which is unhealed. The reality is that you can feel that hole. As soon as that hole is healed, the other person will not utilise that hole / injury for their own purpose, they will discontinue with what they used to do to you.



Once you release a causal emotion from inside of you, it is impossible to keep doing the same things that you used to do.

You don't want to address the cause of the guilt. You don't want to address why you allow somebody to treat you badly, and you don't want to feel, even though they treat you badly, and many times we get angry when they treat us badly, but we still do not want to feel the grief of someone treating us badly. When we are prepared to feel the grief, and subsequently the cause, now all of the effects disappear. Your life becomes really simple. This is awesome; I can change anything in my life. Anything that is negative in my life I can change as long as I am willing to feel the cause. What kind of power does that give you? That is power to change your entire life properly. Not by any intellectual action. But to physically change your life through your soul's condition.



**Guilt is an effect, it is not a causal emotion. Guilt is fear. Many of you have childhood anger with your mothers. By the time you were just born, what do most mothers do? You're hungry, your mother stands on the point that: 'every three hours you have to be hungry'. Any time before that you are going to be left to cry. Mum has to get control of you, she thinks. Mum is feeling a lot of things are out of control, so you cry more. Mum is not interested in dealing with her cause. So what she does is she feeds you on the dot of every three hours, or whatever she has decided is the regime. The rest of the time you feel unloved, unwanted, uncared for, and you cry about it and it makes no difference. Nobody is listening. So, you have learned whatever mum says is what happens. By the time you get to be thirty years old, you still feel that. You are fifty and you still feel that. Mum passes and she is in the spirit world and you still feel that.**

**Until you feel the causal emotion inside of yourself, nothing can change.**

**All these problems that we have in life have their causes and nothing can change until we understand and fully conceive in our own hearts and minds that until I address the cause there is nothing effective that I can do, nothing. But if I address the cause I have complete control now in reality.**

**But some of the emotions feel like they are out of control, so we are not going to feel that. Some of them feel like we are going to lose our mind and we are not going to feel that. Some what we want to do is deal with the effects without healing the cause. And the Law of Cause and Effect is such that it is telling us: 'Sorry, not possible!' We have to address the cause before something can change.**

**Consider looking at how we deal with the effects rather than actually look at the cause. And even if you are still tempted to deal with effect, at least acknowledge there is a cause, even a cause that you don't even know, that there is a cause that created it. At least acknowledge it. You can go a lot further if you allow yourself to feel it.**

**If you truly feel repentant for doing something, then that person does not keep repeating the same thing to you generally.**

**If someone is calling us and saying that you have treated us badly, or you call them and they say you have treated them badly, then the first thing to look at if that is truly the case. If there have been times when I have treated them badly, then I would go into trying to find the underlying cause / causal emotion inside of myself why I did it.**

When we don't want to deal with the cause, we go into all this effects stuff, and part of the effects stuff is trying to get something from another person.

We badly want LOVE. It is amazing the lengths we go to in compromising truth in order to get the feeling that we feel is love. When we compromise the truth, it is going to be impossible for us to be loved, or feel loved.

The only way to get through any feeling is to feel it completely. Feeling something completely means that you have to actually feel the emotion that is present in that moment. If the emotion is that I am angry with God, be angry with God. If your emotion is that you are angry with me, then be angry with me. Do it in the privacy of your own domain, house, not directly with who you are angry with.

Underneath this stuff are deeper emotions, of course. The key is if you feel the emotion right there, the layer that is right there, and you have a willingness to get below that, you will go very rapidly below it. Every feeling that you feel completely will release from you, and you will know that it has released because you don't feel it anymore afterwards.

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The major emotional break through is understanding the peace that comes after something is completely dealt with, or dealt with significantly. Because when you deal with an emotion significantly, one of the causal emotions, there is this beautiful feeling of peace afterwards that stays with you, often, for many days. While you may have to revisit some of the emotions again because you have not dealt with all of it, that feeling is present. If the feeling isn't present then it is because there are blockages to feeling those particular emotions. For many of us there are blockages to grief. We don't want to feel through the blockage, so if one blockage to grief is fear, I am going to have to feel the fear. To actually feel it, that means shaking and trembling, actually feeling the fear and once you start really feeling the fear, you may actually be crying while feeling the fear. It will feel quite traumatic and shocking feeling fear. But once you have gone through that, you will easily get to the grief.

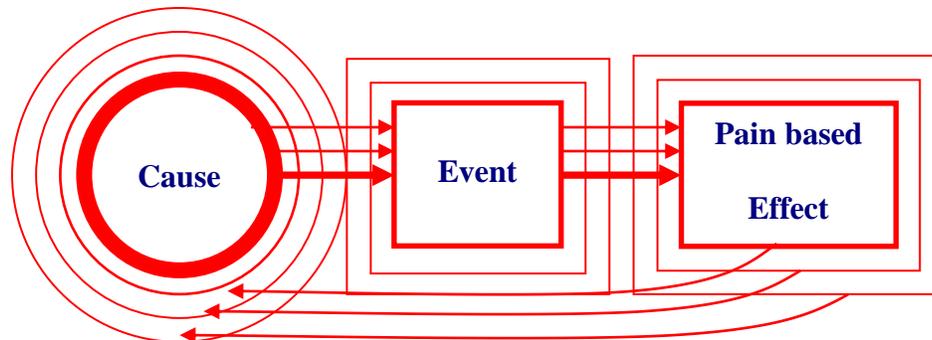
We have to feel through every causal emotion, and a lot of the layers on top are layers from our childhood that we also have to address.

If we just focus on the effect, which is I am angry about how my mother treated me, then I am not going to get very far. I need to feel my anger, but I need to be prepared and willing at the soul level to go deeper and there is a change in your soul when you are desirous of feeling every feeling. There is this willingness inside of you to just go there, no matter what there is.

One of the best things we can deal with is our unwillingness, if we deal with our unwillingness, everything gets a lot smoother. Our unwillingness is usually a causal emotion because we are afraid of humiliation, we are afraid of being punished, we are afraid of being hurt more if we cry. How many of you have remembered your mother or father saying to you, if you cry any more I will belt you again? That is going to block a lot of grief, this fear of being punished again for just crying. God does not feel that way with us, but our parents often do. And it is those blockages that are causal / core blockages within us. There are layers over some causal grief that are still

within our soul that creates further events. We need to allow ourselves to feel them. Every time we feel them they will release. If we don't feel them, they will not release.

It sounds simply, but it is quite hard getting to the emotion that is able to be released, at times.



**Example:** Mum has done with her eldest daughter over the daughter's first 10 years of her life is basically everything the daughter wanted. Everything the daughter demanded was given to her. If her daughter wanted to sleep in the bed with mum and dad, daughter slept in the bed with mum and dad. If daughter wanted something to eat, then mum sorted out something for daughter to eat, etc.

So the ten year old came to learn that she is GOD to mum. The daughter learnt that she is the boss of this family. I am the one with total control.



What we, as parents, have created that kind of child, is we first have to grieve, that is, go through the process of repentance for the creation of that. We did that. It is an emotion within us that did that. It is an emotion of pandering to our children, trying to give them what we never had, and a lot of other similar types of emotions causes us to continually give, and give, and give, not looking at what we are creating. Because what we are creating is this – a monster.

As parents, instead of trying to correct the monster, we need to correct the reason why we created the monster, which is all to do with what we define as being a good mum, a good mum always does the best for her children, a good mum always gives the child whatever she wants, and there is guilt driving that, etc. If we get into repentance / grief, we will actually see the emotions that created this.

Now as we do that, there will be an immediate effect on the child.



Because the child is now 15, she will also have some of her own work to do. And there is a demand coming from her right now that she be treated like the ruler of the household, and that is something the mother will have to confront as the effect of your own creation, the cause.

As you do that, the daughter will go through a tantrum here, and a tantrum there, and eventually she will work through the grief of not getting her own way anymore, and she will actually feel

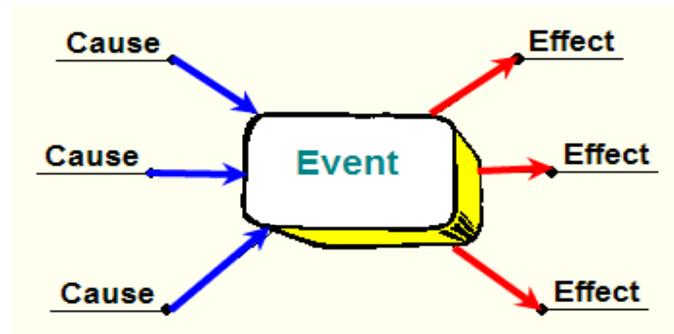
happier as a result. She will start having self responsibility, she will start treating other people with more love, she won't try to boss other people around all the time. That will happen automatically because she is now dealing with that emotion. She is getting rid of the thought that she is the ruler and realising that for love to happen everyone needs to have some equality, she needs to be equal.

By the time the daughter was 10, you, the mother, was feeling the painful effect of the creation. The key is to not go into the blame of the child, which a lot of parents do, which is not dealing with the cause. Mum was the cause of the rebellion. Instead deal with the underlying cause within yourself as to why you created the child in that manner, why you assisted her to develop in that manner. Your own upbringing will give you some insights.

When you do that, you will find that there is an immediate release in the child, without the child having to do much. Until they get to a point where now the child has only a group of emotions which were their own creations based on their choices rather than what the parent assisted them to do, and she will have those emotions to deal with. She will have emotions to deal with that were her own choices that were unloving as a result of what she has created.

By you, the mother, repenting you automatically assist both yourself and your child emotionally, and the flow of God's love into you emotionally, but you also assist her to have some connection as well.

This process is very powerful.



The Law of Cause and Effect, there is a relationship with this law and every other law of Divine Love. That is, with love, there is always something unloving that is the cause of painful events.

Whenever the effect is a painful effect there is always an unloving cause.

When we notice a painful effect, we know that the Law of Love has also been broken, and in particular, the Law of Divine Love has been broken.

Love can only cause loving effects.

If the effect is painful, then the cause is not loving. Love is not the cause of pain. Love is never the cause of pain. Once you realise that a painful effect must have an unloving cause, you will be far

more self aware of what is going on inside of yourself. You will want to be far more self aware. A loving cause causes a joyful effect. An unloving cause causes a painful effect.

Once you realise this, you will realise that you have the power within side of yourself to change the amount of joy you are having in your life. Even if God was not in my life, I still have the ability to become more happy and joyful just by understanding the relationship of the law.

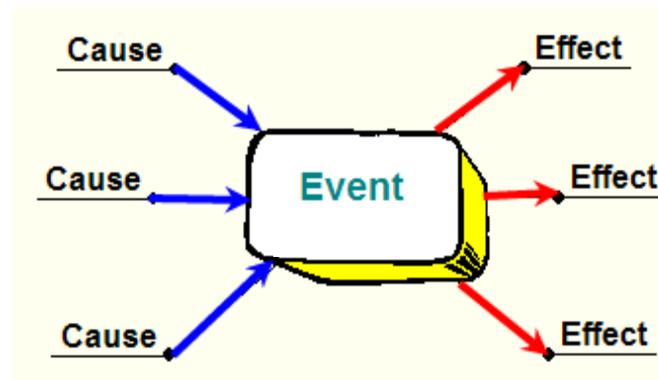
Even if God was not in my life and I was not receiving God's love, with this understanding I would have the ability to progress and become happier.

That is the beauty of the Law of Cause and Effect. Every single day it demonstrates to us this truth that love always has positive joyful consequences. And a lack of love, or fear, always has unhappy painful consequences.

If you feel unhappy about a lack of a loving relationship, it is because you have an unloving feeling coming from you towards your partner or soulmate. Not the other way around. It is because you will not feel this grief inside of you about not being with your soulmate if you had healed the causal emotion related to love. If you have solved the emotions behind not being with your soulmate, then the irony of it is then they may want to be with you, because they are no longer feeling the projects and fear based unloving based projections coming from you that create the separation. If one part / half of the soul has no unloving projections coming from it, the other part / half of the soul is bound to be attracted. Can't be helped but to be attracted.

Understand the Law of Cause and Effect can change your life in a lot of areas.

How many of you feel dissatisfied with your financial position in life? In other words you can't create what you want to create because you don't have enough money. What do you feel that is about? That is about because I did not have an inheritance from my mother and father and because nobody gave me any money for some reason. What is it about really? It is about an unloving cause within you related to this aspect of finance or money inside of ourselves. All we have to do is find it. And the Law of Attraction is probably bringing it to us every day.



Remember, we have a Cause that brings us an Event, this is like clockwork – tick tick tick. It is like in a course of an hour, we have event after event after event, and in the course of a day,

hundreds of events, showing us, and if we want to know them, we will eventually feel the painful effect.

How many of you feel the painful effect of not being able to create what you want to create? If you had felt the painful effect then you would have found the cause. You are not feeling the painful effect, you are trying to work your way around it all the time. If you really felt the painful effect, you would be in the cause and the next day, five days later, everything will change. That is what would really happen if we were really feeling the painful effect.

The painful effect is often not what we think. With the aspect of money for example. Yes, we don't have any money, have a big cry because I can't create what I want. Now, is that the causal emotion? Like, did the child of two years of age understand money? Five years of age did they understand money? Probably at seven they might start to understand money, maybe. Eight, nine, ten, you are starting to really understand money. Twelve, thirteen, now you probably understand money. Where did most of our causal emotions come from? Before the age of seven, before we even understood money. So how can we cry about the lack of money and expect the situation to change, it does not make any logical sense. In fact, the causal emotion is before the age of seven for most of us, then what ever happened, had to have happened before the age of seven in regards to money. If we are not getting to that emotion, then we are not dealing with the cause, and if we don't deal with the cause, then we are not going to change the event which is that we don't have any money.

A lot of the time we are crying about the effect. The stress and anxiety is part of the cause, the feeling of the lack of it, but we don't feel that. We go and get another job, we earn some money, now we feel safe, now we have just dealt with the effect. Even if we have a cry about the pain of not having enough money, we are still feeling the effect, because we are not feeling the cause.

We need to discover the cause. Your spiritual guides are just hanging out with you to help you to discover the cause. The guides are endeavouring to convey to you, what is the cause, not the effect. If your guides are on the Divine Love path, they are focused on this, the cause.

With money, we are obviously feeling the effect of the lack of money, but we are not allowing ourselves to fully feel the effect, if we really got into it we would actually connect with the cause. And the cause won't be about money. It is highly unlikely that it is about money because most money issues and emotional issues get created before we are seven years old and we didn't understand money, most of us, by then. It can't be about money, it has to be about emotions from our parents.

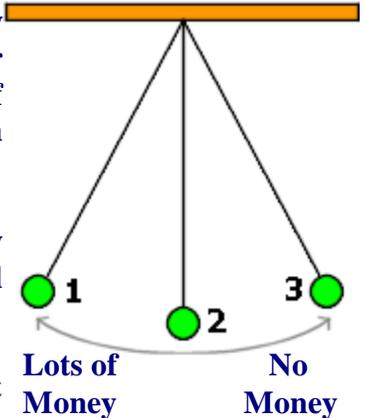
So how did our parents feel about money?



Children of the family are like a pendulum. Their personality determines their response. One child says he has no money, I am never going to have any money. The other child will go out and creates lots of money. But they still have the injury. If they are not abundant, then they have not found the cause.

A person who is abundant will not feel that they have any lack at any point of time, and therefore, they will be doing what they desire at all points of time.

If they do not feel that they are abundant then they still have not dealt with the underlying emotion.



Emotions to do with money are usually quite severe and usually are to do with emotional trauma with our relationship between our parents. Every single time our parents had an argument, we felt no love whatsoever. What are the causes of a lot of arguments within a relationship? Money is one, sex, the third major cause of arguments within a relationship is injustice. One or the other parent is feeling that the other parent is doing something unjust to them, or unjust to the family.

Every time when your parents argued about one of those things, all the children in the family felt unloved. All of them, because every time there is anger in a person, they are not loving. The children could be upstairs asleep, and the parents are down stairs having an argument that the children cannot even hear, and yet the children are going to feel unloved from the event, because they are in the sleep state feeling the feelings from their parents anyway, so they are still going to feel the feeling.

Every time my parents have an argument, I am going to have an emotional attachment about their reason for their argument. So if they argued about money or they felt afraid about money or they felt that they did not have enough money, every single time they felt afraid or angry, I will not feel loved. Every single time.

So what do the children learn? Love is going to be removed whenever there is a money issue. There is a link created within them emotionally between the money, the lack of it, and their being unloved, or unwanted, or uncared for.

The personality of the child will determine how they respond to that. Some children then go out and produce as much money as they can for their mummy. They are producing it for their own life, but they don't realise that they are actually producing it for their mummy, so their mummy does not have to be afraid.

The alternative is, they go into this place, I don't deserve anything, I don't want any money, every time anyone gives me money there is always strings attached. There is all sorts of emotions associated with our parents with money. And that is what causes us a lack of funds in our life, the lack of prosperity in our life. It is nothing to do with the actual money.

You can find people with lots of money and they still have the same emotional issue. That tells you that there is an underlying emotional cause about money still. With money causes, the issues are very rarely related to money. The cause is usually related to a lack of love coming from the parent.

The best thing to do is to list everything that mum and dad get angry about and what mum and dad are afraid of, because they are the times that you never felt loved, and you will start to connect to many of them emotionally if you allow yourself to do that.



Phobias, like claustrophobia (confined space), agoraphobia (unable to escape), arachnophobia (spiders), so we have a phobia, why do we have phobias?

It is exactly the same reason, it has nothing to do with the spider, the height, the closed space, nothing.

It has everything to do with the withdrawal of love from one or both of our parents who were in that situation at the time with us.

You as a little child of two years and you pick up a red backed spider and you look at it. You mother enters a panic and rage, and in that moment – no love. Total fear of spiders, what are you really afraid of – no love



from mum.

It is the same as being afraid of falling from a height, fear of heights.

Fear of anything is related to the parents and their emotions about those things that caused us to feel a lack of love at the time.

Finding the cause often does not have anything to do with the effect in a seemingly logical manner. The fears have nothing to do with the animal. Until you make the link that it is about the withdrawal of love you will not address the phobia. It is only when we address the cause that the phobia disappears. It is always the cause, never the effect.

A phobia of heights, that has something to do with you as a child, the withdrawal of love and you falling. You are never going to get over that feeling until you link the cause which is my mother's withdrawal of love to the fear of daddy throwing me up in the air and catching me, as example.

It is very hard to make the link when you don't remember. Most causes are to do with love or the lack of it, not to do with other things. Anything that is loving causes a loving and joyful effect.

Anything that is unloving causes an unloving effect. If I have a fear of money or a lack of money, it has to be related to love somehow. The key is to allow yourself to have the awareness at the soul level that it has to be related to love somehow.

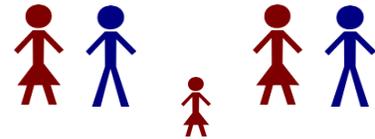
It is love that needs to grow in us, it is the love that needs to change, and love and fear cannot co-exist at the same time, and so therefore, many of the unloving effects are caused by fear based lack of love causes. There is a linkage between love and the lack of love and our fear.

All of your fear is related to love. A feeling that you are not loved, a feeling that you cannot be loved, a feeling that you are unlovable, a feeling that you are unworthy to be loved, all of your fear is related to these. The reason why is, that every single time your parents were in fear, or in anger which is the denial of their fear, you did not feel loved.

Yes, we do need to process the emotions, but in the end you will come to see the relationship.

There is always a lack of love component in our emotions, and we need to see the lack of love component and what is going on with the effect of the emotion.

Your body will tell you which parent the emotion came from. For a female, the left side is your feminine, right side is masculine, so whatever happens to my left side has to be related to myself or my mother or my dad's viewpoint of my mother. And whatever happens to my right side has to be related to my father, or to men, or my mother's viewpoint of men. Your body mind is going to tell you all of that.



Just feel it, feel the one that is there.

With adoption, the biological mother and father would have had their child for a certain period of time, from gestation through to birth. There is still the first nine months where the adoptee child would have absorbed the emotions of mum and dad. If you were given away at birth then you would start absorbing the emotions of the adopting parents.

During the nine months gestation period, the adoptee child absorbs a lot of the biological parents predisposed emotions, which automatically makes the child open to understanding them and open to feeling their type of emotion, automatically. So, when the adopted child reconnects with them later in life, the child will automatically feel certain things due to the openness to feel certain things from them already. That has already been established.

The period of time with the adopting family will actually predispose the adopted child to accepting emotions from that type of parents.

The underlying result is that we need to feel our causal / core emotions and we need to release them and allow ourselves to get to them. A lot of times we want to know because we don't want to feel.

If I want to know intellectually before I feel, then I don't want to feel emotionally.

If you want to know before you feel it, you really don't want to know what is going on and you don't want to feel what is going on.

Pray about your will, your desire to know. Your desire to know from your heart, your soul, is what to pray about. To feel it, rather than to know it intellectually. Knowing it intellectually hardly helps you at all. Often, knowing intellectually often puts you in a state of self delusion, because you think you have dealt with something that you haven't even touched yet.

The issues with regard to parents are complex, but it is still the same. It is the willingness to feel every emotion that is going to get you through.

You need to have intense feelings, your soul in its greatest power is intense. That is where all your power is, in the intensity of things. When we avoid intensity, we are actually avoiding our soul. We need to allow the intensity to be present and when you do that you won't need to describe an emotion as intense to other people, because you fully embrace the intensity.



Your parents might say that you are far too sensitive. That is a heap of crap. You want a sensitive soul, you want to feel things intensely because you will eventually get to the point where you have released all of your pain and the only thing that you will feel intensely will be your pleasure.

Being at one with God, the only thing you feel is your pleasure, and you feel that intensely.

The feeling that you do not love your sons is a realisation, an intellectual realisation. To really repent, you need to feel the causes of why you don't love your sons. You have to feel that cause to be truly repentant. You need to allow yourself to feel the reason why you don't love them.

The reasons why you don't love your sons, in particular, is related to men and something that happened to you as a child, related to men that you are unwilling to feel. The reason why you don't know what that was is that you are unwilling to feel that. You are not yet willing to feel that something happened to me in my childhood that caused me to feel that I can't love men.

The reality is that you (mother) don't want to love them and that is caused by an emotion in you coming from your childhood in relation to men. Consider going into the feeling of 'I don't want to love men, I don't want to love them', and let yourself feel the anger of that position, and then you will get into the why you don't want to love them, and that will lead you to the emotion, the causal emotion, the cause rather than just looking at the effect. The effect is that you don't love them and they feel the effect of that most days and they rebel against that, some of them conform but the others rebel against that, and you feel the effect of that every single day.

**Go into the feeling that you have that you don't want to love them. Stop judging the emotion that you don't want to love your children, and in particularly your sons, and start feeling why you don't want to love them. What is it about men that cause you to not want to love them?**

**True love loves the person no matter what the person does or how they treat you.**

**This is where the children are great because they show you that the injury exists. The children are feeling the effects of the injury and they are responding in their manners in what they do based on their personalities to that injury. The children are far more trust worthy reflections of what is really going on inside of you towards men. In fact, both of you as parents, in regards to men.**

**The Law of Cause and Effect, these comments may help you to identify issues. If there is love in the cause there will be a loving joyful effect. Whenever there is an unloving cause, there is an unloving painful effect.**

**You can work backwards. If this is painful, then there must be something about love that I am not getting here. If it is pleasurable to you, then interesting, I think I will leave that and just enjoy it.**

Note: Diagrams have been added by others after the above talks were given.



**Law of Love**

**CAUSES**



Every tiny bit of pain you are experiencing in your life, physical or emotional, is the complete effect of a cause, and if you don't want to see the cause, those pains will continue.

We have whole systems on Earth totally dedicated to removing effects. The pharmaceutical system on Earth is totally dedicated to taking away effects. We have law upon law, upon law, politically to take away effects, they don't deal with causes.

Is it effective? No. Because we still keep getting the same effects.

The whole world is geared to modifying and changing effects.

God does not do that. All God is interest in is addressing causes.

There are many natural love spirits in the spirit world, 6<sup>th</sup> sphere and lower, who are totally dedicated to healing people, on Earth, who are not dealing with causes. There are literally billions of spirits in the spirit world who will assist a healing of a person that is not addressing the cause of why they got the injury in the first place. The Divine Love spirit will never respond to a healing where the cause is not dealt with.

It is totally ineffectual and waste of energy though, because in the end, whether the person is healed or not, the emotional cause is still within them. They will either get the sickness again, or a similar sickness, or they will never address the emotional cause which is harmful to their soul anyway. 16 May 09

**“Every day is a day of devotion.”**

**Please Mother and Father, may I receive Your LOVE.**

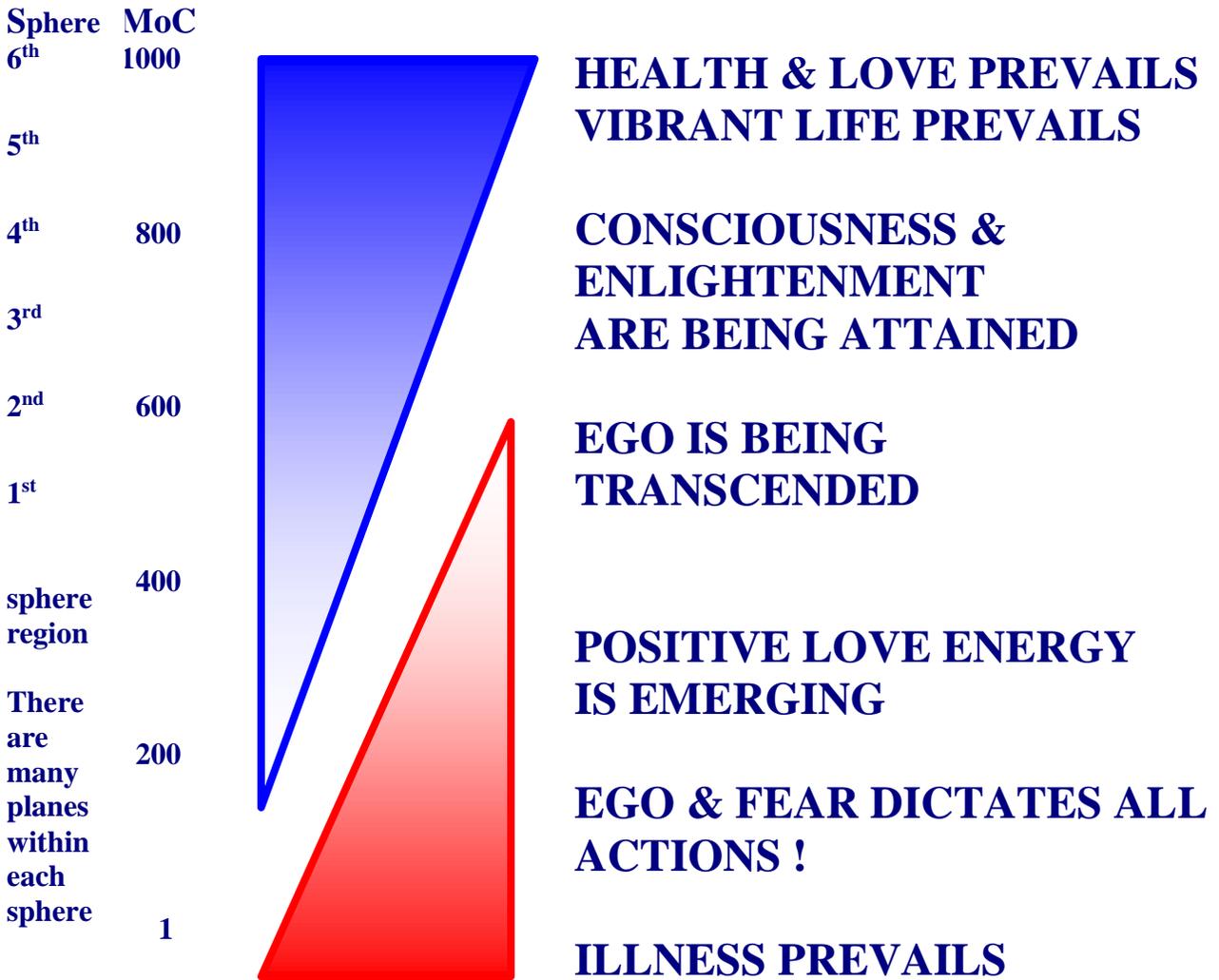
**God's Divine Love: Pray for it, ask for it, and receive it.**

**Our salvation IS the embracement of the Feeling Healing process and Divine Love.**

**By living true to ourselves, true to our feelings, we are living true to God. It's that simple.**

**“All dis-ease is mind generated, and all healing is generated by the love energy of one’s soul.”**

The Ego (mind based) manifests illness; the lower one’s level of consciousness (soul condition) then the more prevalent will be illness. Below the levels of 200, the ego and fear of the mind dominate; however, as you raise your level of consciousness by growing in love and achieve a level of 500 or higher, you begin to transcend ego dominance. At the level of 600, all healing is possible.



## **LETTING GO with The LOVE:**

Find a comfortable position to relax and be still and free from interruption. This may be for a few minutes or as long as you may please.



Long for and ask our Heavenly Parents for Their Love, the ultimate high octane super fuel being the light golden blue energy substance of Divine Love. Each little drop of the Divine Love received whilst doing one's Feeling Healing prompts one a little further. Ask for assistance and the Love to enable held errors of thought and belief to be released. One's personal intent and involvement in letting go of past incurred difficult emotions is most beneficial.

**Step 1: Focus on an issue that you would like to feel better about, and then allow yourself to feel whatever you are feeling in this moment. Identify the negative feeling.** Focus quietly on the feeling. Breathe into the sensations and allow them to be.

**Step 2: Ask yourself one of the following three questions:**

- Could I let this feeling go?
- Could I allow this feeling to be here?
- Could I welcome this feeling?

The mechanism of letting go is concerned with the emotional “what” from moment to moment, without involving the intellect. What is the benefit of this emotional feeling? What is the point of holding this hurtful belief at all? One may start laughing at the absurdity of long held errors or injuries upon reflection. **Breathe into the sensations and allow them to be.** Your willingness to accept the sensations may intensify them. This is okay.

**Step 3: No matter which question you started with, ask yourself this simple question: Would I? In other words: Am I willing to let go?**

**Step 4: Ask yourself this simpler question: When?** This is an invitation to just let it go NOW.

**Step 5: Repeat the preceding four steps as often as needed until you feel free of that particular feeling.**

**The only way we can truly let go of them is by SPEAKING THEM OUT OF US, getting right into them with the feeling, and emoting and expressing it – whilst longing to see the truth of it...**

Our willingness to let go thinking and accept what's happening is our ticket to inner freedom. Each time you sense a disruption inside, turn down the volume on the thoughts, breathe into the sensations and allow them to be. This is what we need do to let go. Simple. The challenge comes in being vigilant with letting go all negativity – no exceptions.

This process is ever so freeing and uplifting, though sometimes difficult.

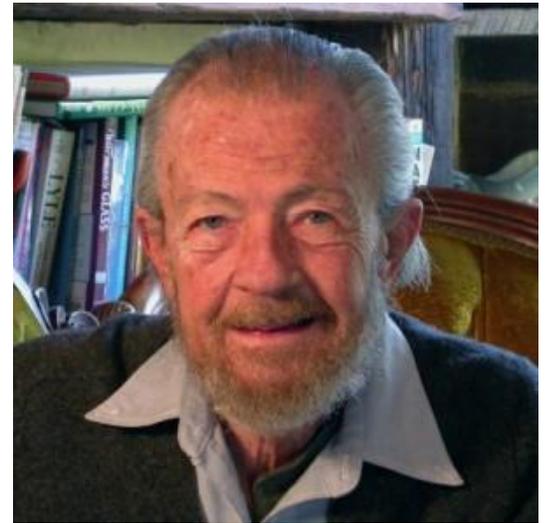
Reference: ‘Letting Go – The Pathway of Surrender’ by Dr David R Hawkins  
BUT this process does not go deep enough, only FEELING HEALING does.

**Feeling Healing  
with Divine Love is  
the key!**



**Dr DAVID R HAWKINS:**

David Ramon Hawkins, M.D. (born June 3, 1927, died 19 September 2012) is an American psychiatrist, mystic, author and controversial spiritual teacher in Sedona, Arizona. He is best known for his book *Power vs. Force*, in which he writes that applied kinesiology can distinguish the truth or falsity of any statement. He directs the non-profit Institute for Advanced Spiritual Research Inc. and operates Veritas Publishing to publish his books and seminars.



“Make a gift of your life and lift all mankind by being kind, considerate, forgiving, and compassionate at all times, in all places, and under all conditions, with everyone as well as yourself. This is the greatest gift anyone can give.”

“Every thought, action, decision or feeling creates an eddy in the interlocking, inter-balancing, ever-moving energy fields of life, leaving a permanent record for all of time. This realization can be intimidating when it first dawns on us, but it becomes a springboard for rapid evolution.”

“The downside of spiritual education is the buildup of the vanity of 'I know' and the devaluation of people who are 'not spiritual'. Therefore it is important as a foundation to spiritual training and education to learn how consciousness manifests as the ego and its mechanisms.”

“It is only the minority of people who seek self-improvement or personal growth. This is because whatever one's self-criticisms, one secretly really believes that one's way of being is okay and probably the only correct one. They are alright as they are, and all problems are caused by other people's selfishness, unfairness, and by the external world.”

Saturday, 5 August 2017: Nanna Beth: David Hawkins is living in the mind worlds, so I am told, and would be of no benefit to you John. His legacy is again one of those things that sits well with you, that you enjoy and can relate to and use as you do. And really it is now for humanity to use what is available to it having come from the mind worlds, because there won't be anything further coming through from them. Now it will be up to the natural inspiration of the individual on Earth, and those who are working with us, those people who want to do their Healing. The ways of the Rebellion and Default are to die, to fade away, however this will happen gradually as people of it still try to advance themselves, their lives and humanity in their wrongness, but the next real new inspiration will come from those who embrace the New Way.

Everything is interconnected.

MUSINGS by JOHN:

Thursday, 28 September, 2017

Kevin died on 10 August 2012 without any thought for spirituality and no passion for any religion, other than showing up. On 7 August 2017, he arrived into the 1st Celestial Heaven. Three days short of 5 years!!! He had met his soulmate, Kathaleen, and she arrived a few weeks before him into the first Celestial Heaven, as you may have read.

The writings that followed from Kevin are outstanding. Kevin is now a world teacher!!! He and Kathaleen both are. Neither would comprehend this, but they are. Kathaleen and Kevin's writings answers and leads anyone to the destination we are to find, in our own time.

I would like to contrast this achievement with someone I greatly respect.

David Ramon Hawkins, M.D. (born June 3, 1927, died 19 September 2012) was an American psychiatrist, mystic, author and controversial spiritual teacher in Sedona, Arizona. He is best known for his book Power vs. Force, I have read everything I can about his works – 10 books, plus videos, etc. Miracles happened around him spontaneously. The Catholic Church would make him a saint within seconds.

Hmm – Dr David Hawkins has stayed trapped in his mind and may remain in the mind spirit Mansion World for centuries, unless he embraces his feelings. He will remain stagnant and limited in his mind condition. Whereas Kevin is now a far greater and truer teacher than this great mind of Dr Hawkins. What a switch in roles! Kevin has progressed exponentially past Dr Hawkins in soul development. Go you good things, Kev and Kath.

Cheers John

Same day: Dr David Hawkins: Hello John. I have been asked to speak to you through James in this way, you being one of my ardent fans and followers of the principles I developed through my life on Earth.

Your assessment of me is correct, and I did spend time in the mind worlds trying to assimilate all that I did on Earth with all that was happening to me in my new spirit life.

Upon my arrival over here in the first Mansion World I was greeted as something of a spiritual celebrity with a host of mind spirits (as James calls them) greeting me, they being the ones who 'empowered' me to do the so-called miracles I did on Earth.

I want to tell you, it's quite a humbling experience to realise, like many of us who did such marvellous things on Earth, that it wasn't actually our own doing, we were not the sole instigator of such 'happenings', that it was other spirits working through us. And that although I attributed it to God, still I secretly thought it was all my own incredible doing, so to have to accept that I was just a conduit – that I really was, and having little more than an innate ability to be that conduit, I felt a bit flat.

And to bolster my flagging ego, I would tune into those people on Earth who were still thinking well of me, yourself John being one such person. And here again, by doing this, I gave myself a rude shock

having to face the fact and realise that few people truly understood what I was teaching, taking my work and corrupting it for their own gain. And believe it or not, I never thought such a thing would happen. So, who of my 'earthly followers' was staying true to what I taught – who actually got it?

And I kept coming back to you as one of these people John. Admittedly, had I helped you personally, you'd have had an even greater understanding and appreciation of my work, however you accept it as is and haven't corrupted it, and have guided other people to be interested in it. So I have followed you over the years in this, which meant I also took notice of what you were doing in your other spiritual interests, some of which were vastly different to anything I'd ever heard about, or found out about over here in my limited little mind world.

And I write such things in the past tense because I am very happy to say, all of which I am so grateful to you for John, that I have now progressed into the lowest sector of the Divine Love on the first Mansion World. I am learning all about it, and about the Healing, all under the incredibly patient and loving assistance of higher Celestial spirits, like those who wanted me to speak with you today.

So you can chalk me up as one of your admirers, and a mind spirit who has converted to the 'Ways of the Divine Love'. I still have a lot more to understand, this is true, and as it's so different to my earthly and mind spirit way of thinking, will take time to integrate into my way of thinking – which means, to change my way of thinking into a completely new way.

That is all I wanted to say. And although you might think that my coming is rather inconvenient with you having just written about me again, however here I am and this is what I want to say.

All the best to you John. You have no idea how grateful I am to you, and I have a strong pleasant feeling that that gratitude is only going to increase.

Yours respectfully,  
Dr. David Hawkins

(James: As I was reading your comparison of the Doctor with K and K, I started to feel the energy building... oh here we go again... he's wanting to speak to me!)

Friday, 29 September 2017: Dear James and John (Noted from Samantha in England)

To be 'used' so fully by Mind Spirits, to create all he (Dr David) did under their influence, all so cunning, that must have felt quite devastating to him and I am feeling a lot of sadness, emptiness and let down with in myself as I understand how it feels to learn that my whole life has not been my own but that of my parents, their will, control and untruth and I have felt feelings of it all being such a waste of my experience being like that, a waste of the personality God created me to be. I am very sad as Dr David Hawkins realised how 'used' he has been, being a conduit for the Mind Spirits, I feel like that too, used by my parents to be as they wanted me to be instead of nurturing me to be myself and help develop the personality God gifted me.

I (Sam) bought 'Letting Go – the pathway of Surrender' by Dr Hawkins and I was very up with all of his feeling work but then felt the change in me with the mind dominant aspect of Dr Hawkins work, it was that I wasn't drawn to and felt myself draw back from it but now he can go on from what he already

knows, go further into the feeling aspect of what he discovered and I am sure he will get so much support in that from the Divine Love spirits that are guided to help him. Isn't that just so wonderful John, to have that help, like you have in Kevin and Kathaleen.

## CONCLUSION:

David Hawkins' own story explains that the 'Letting Go' process is inadequate. The 'Letting Go' publication and process is his own research. Pure and simple; Dr David was knocking on the door, but that process was unable to open the door.

Again, his own story now endorses the Feeling Healing process!

This leaves no doubt as to the veracity of what Marion and James and Samantha are doing. It is THE ONLY WAY! The only way being the Feeling Healing process coupled with Divine Love.

This clears away confusion for many people who may explore everything. Other emotional processing and releasing modalities simply do not delve far enough into one's injuries and errors of belief. Yes, they provide some temporary relief, but none of them go beyond the mind and into the soul to the core and foundation of our injuries, all of which stem from our childhood upbringing.

Dr David Hawkins has now clearly put aside his own teachings and confirmed that his and all other modalities are inadequate.

Now, we all can focus upon the only way home!

## **FEELING HEALING with DIVINE LOVE is SOUL HEALING:**

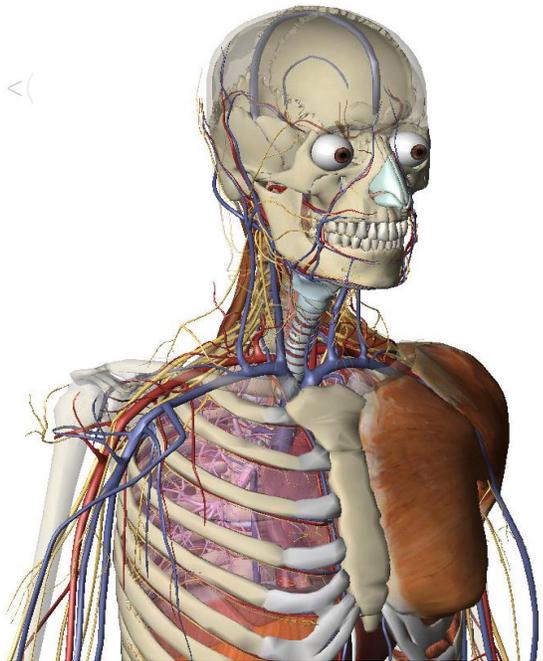
**Firstly, consider discovering the truth of your emotional pain through Feeling Healing.  
Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.  
Primary and most important readings are the writings of James Moncrief.  
Then consider the Padgett Messages, and then The Urantia Book.**

**Release one's pain through expressing one's feelings.**

**in conjunction with**

**Longing for the Truth when also longing for Divine Love.**





**MAP OF CONSCIOUSNESS**

Map of Consciousness represents the emotional and spiritual fields within the kingdom of man which is Spheres 1 – 6.

Consciousness is soul condition, as one's soul condition improves, it expands in size as it grows in love.

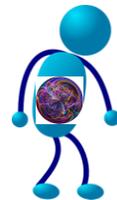
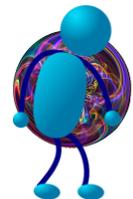
The scale is exponential, grows at a factor of 10.



**Core Emotions**  
 Anger covers over Fear which covers over Grief, these three emotions are the predominant capping emotions.



Soul expands as it grows in love and condition.



Whilst we are receiving our Heavenly Parents' Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way our Mother and Father are actually loving us! When we progress, it is God's way of loving us into love and then we live what we are, love.

**TRUTH**  
Emotions

They each  
construct  
their own  
network.



**ERROR**  
Emotions

They each  
construct  
their own  
network.

**SOUL**  **SPIRIT BODY**  **PHYSICAL BODY**  
**PERSONALITY**

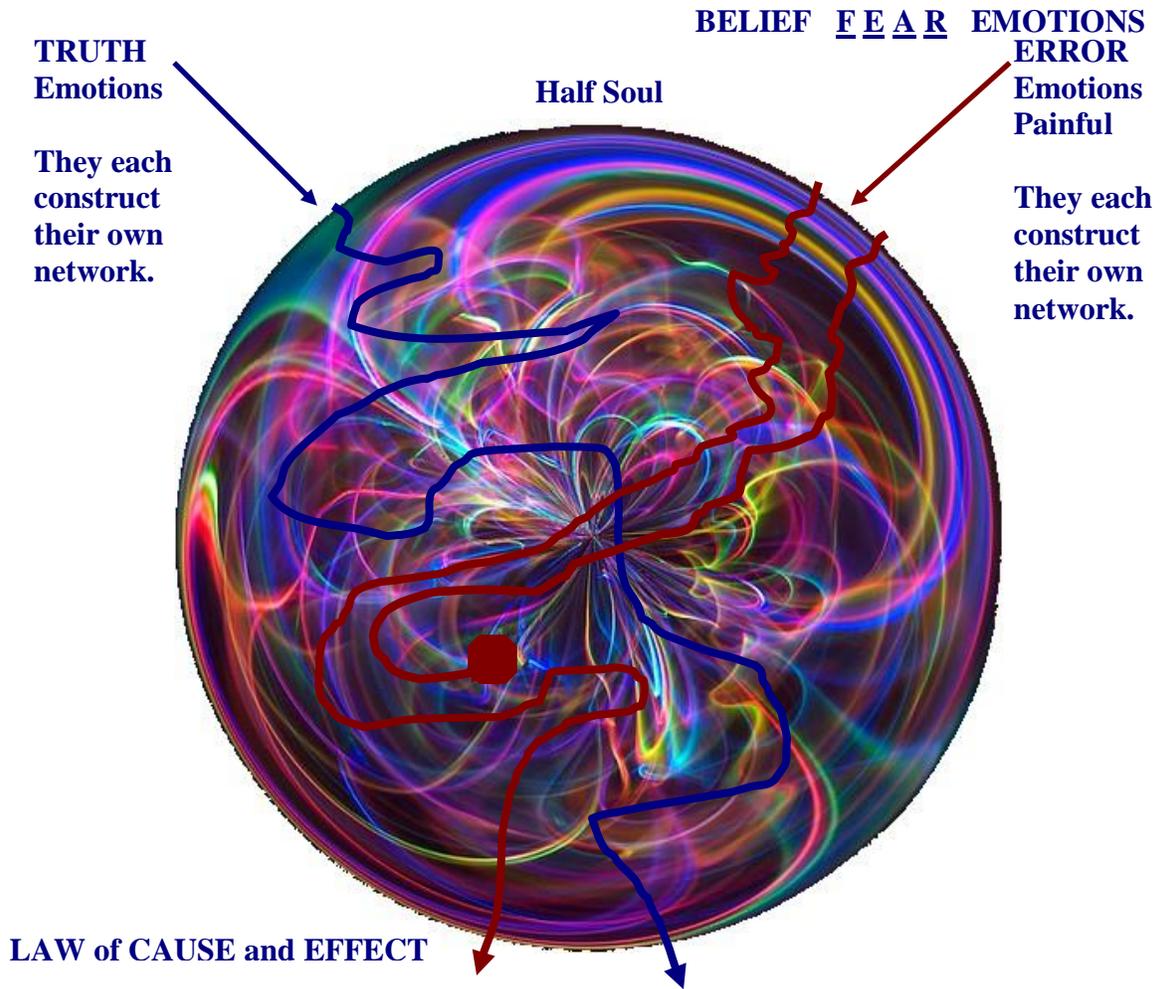
The soul has pathways similar in construction to your brain. Your memories are stored in your soul, they are then reflected through your spirit body and then your physical body.

When an error enters your soul, it sets up a pathway for more error to enter your soul. And when truth enters your soul, it sets up a pathway for more truth to enter your soul. This is what happens to your soul physically.

The construction of the soul and brain is very similar. Picture your soul as this energetic pathway of all these connection points. Consider your soul like your brain where all these tiny networks are constructed of each other. Emotion is energy in motion. There are unimpeded pathways through the soul, in the same manner as the brain, for emotions to flow. We have pathways where only error flow, being error constructed pathway. Similar pathways for truth are separate pathways.

**PASCAS**  
**HEALTH**

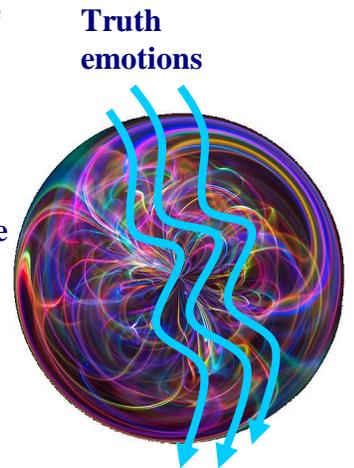


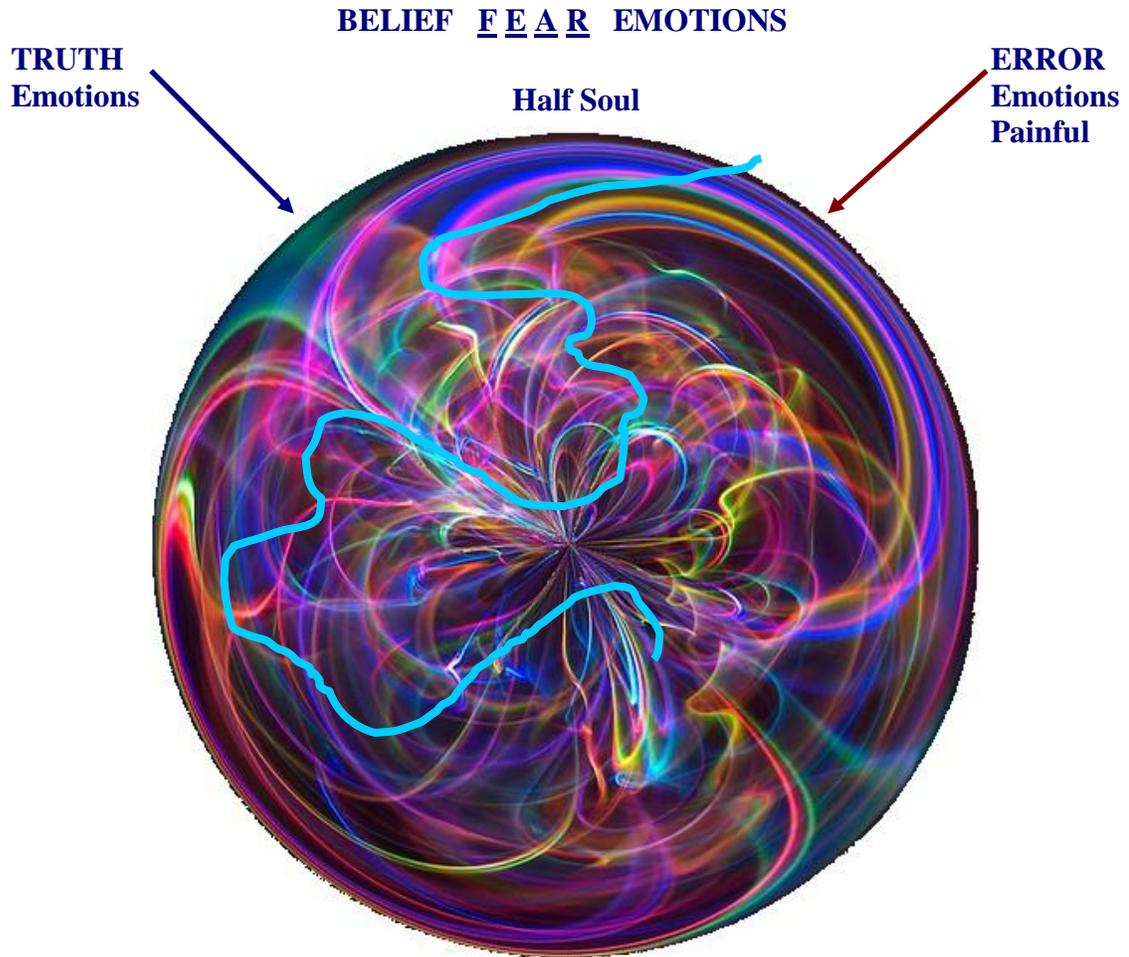


This construction, which has become constructed inside of our soul, has been constructed because error has become truth inside of us. Error is always painful at the core level, and we are always trying to avoid the painful feeling of the painful core emotion, and that is what allows these errors to be constructed.

If I allow all of my emotions to pass through me, including the painful ones, then let us see if I have the same belief.

When we are willing to experience all emotion, we start generating these other pathways in our soul. Instead of being a mixed up jumble mess that is going on inside of us, there are these very simple and direct pathways that get constructed within our soul that are due to new beliefs, where the emotions can pass through without huge amounts of impedance throughout our soul.





**It is the emotions that allow these false beliefs to enter.**

**What we want is to deconstruct the emotions that allow false beliefs to be attracted to me firstly, and then enter me so that they settle within me. Many of us struggle to get back to the emotion. One of the reasons is that the belief system was created to support the denial of the emotion.**

**We have to be honest about our belief systems, particularly if our belief systems are loving or unloving. How can we allow any belief system to enter our soul? Truth is always loving. If a belief system is loving in all of its aspects, it will be more harmonious with truth than belief systems that are unloving. The more love there is in the belief system, the more truth there must be in the belief system.**

# **LIVE FEELINGS FIRST**

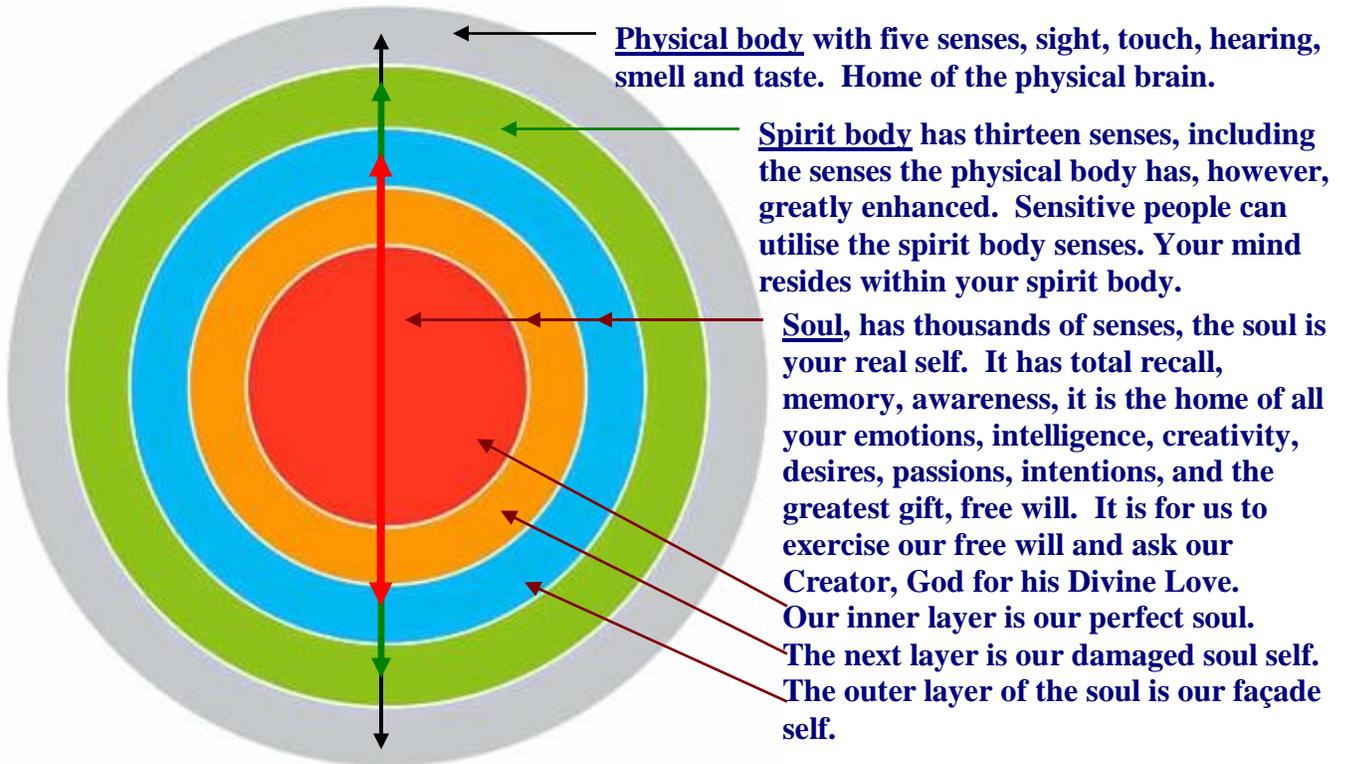


**SOUL**

- Emotions
- Desires
- Passions
- Aspirations
- Intention
- Memories
- Free will



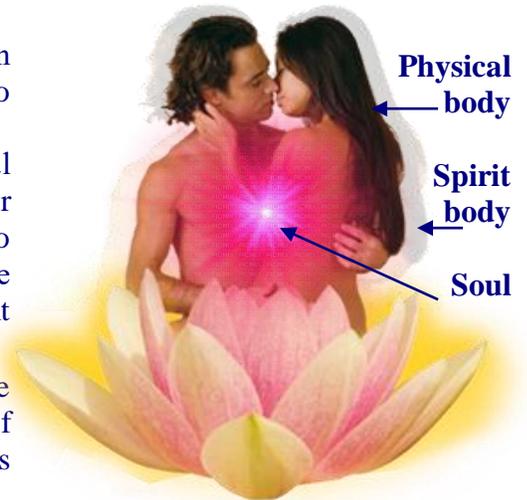
Soul condition is the sum total of all of the different emotions, desires, passions, etc., all wrapped up together in terms of how much love there is in every one of those.



**Our Heavenly Mother and Father simply desire for us to ask for Their Love.**

### The REAL YOU is the SOUL:

One's personality, natural intelligence, memory and human attributes all are soul based. The soul initiates conception so it can start expressing one of its two personalities in Creation. It creates the will, then 'wills' the spirit body and physical body and all that connects them with the will into being. Our soul constantly sustains or expresses us, one of its two personalities, in Creation. The spirit can't separate from the soul because the soul keeps it in existence. We need our spirit and physical bodies to experience our personality through. When the spirit body separates from the physical body, one continues on living in a different form without losing any of the attributes experienced during physical life. Incarnation is the process of individualisation of the soul.



Without a soul, our physical bodies would function and interact similarly to that of a domestic animal. An unsouled human body (thought not possible) would respond like a household puppy! Domestic animals calibrate on Dr David Hawkins' Map of Consciousness between 200 and 250, the human body calibrates at 200. All animals have spirit bodies, these do not survive into the spirit Mansion Worlds. **Our SOUL IS NOT ENSOULLED IN OUR SPIRIT BODY.** Our soul exists existentially in a whole different level or plane or place or dimension of being – 'soul land'. It doesn't exist in Creation, it's not experiential like Creation is. The soul, all souls, help create their part of Creation by expressing their personalities into Creation, and then by having their personalities do things (further create) in Creation.



**Our first parents, Andon and Fonta (also called Aman and Amon), were the first to exhibit human perfection hunger some one million years ago (993,500 years ago). Adam and Eve, Adamite bestowals, arrived some thirty eight thousand years ago – or earlier.**

**Aman and Amon** were the first True Humans, which means, the first soul expressing its soulmate pair, its two personalities, in Creation – on Earth. From which came forth the rest of us. So they had a soul from the start, which separated them from their animal parents. It's the soul that wants to fully express itself through its two personalities perfectly in Creation, which is the so-called 'human perfection hunger'. It, our soul, wants to be Perfect like its Heavenly Parents, the Soul that Created it. We, focused as personalities, want to be perfect, like the Personalities of our Mother and Father that are Perfect. Our soul wants to be like Their Soul. Our soul wants to ascend us to Paradise so we can be with Them, as physically close to Them on a personality level that we can be, and then see what happens.

There were aunts and cousins, parents and grandparents. But they were not human like Aman and Amon – they were really animals, though of the same species. Aman and Amon wandered off from the family, since they could find no way of relating to them at all. How could they? They were incapable of rational thought, speech, or anything human. Aman and Amon knew that forevermore that they were apart.

Aman and Amon may have been twins. They were indeed a primate species of humanoids. But they, themselves were more beautiful than their animal relatives, and they knew, even from their very appearance, that they were marked even by Nature to be different

**OUR SOUL is the SOURCE of our WELL BEING:**



Soul Spirit Body Physical Body

The etheric body is the spirit body.

The soul is the real you!

Now your soul, is half of your real self.

Do you observe the following soul attributes in your pet animals anywhere to the extent that you observe them within people around you?

- |                |     |                          |    |                          |
|----------------|-----|--------------------------|----|--------------------------|
| 1. Emotions    | yes | <input type="checkbox"/> | no | <input type="checkbox"/> |
| 2. Awareness   | yes | <input type="checkbox"/> | no | <input type="checkbox"/> |
| 3. Desires     | yes | <input type="checkbox"/> | no | <input type="checkbox"/> |
| 4. Passions    | yes | <input type="checkbox"/> | no | <input type="checkbox"/> |
| 5. Creativity  | yes | <input type="checkbox"/> | no | <input type="checkbox"/> |
| 6. Aspirations | yes | <input type="checkbox"/> | no | <input type="checkbox"/> |
| 7. Intention   | yes | <input type="checkbox"/> | no | <input type="checkbox"/> |
| 8. Memories    | yes | <input type="checkbox"/> | no | <input type="checkbox"/> |
| 9. Free will   | yes | <input type="checkbox"/> | no | <input type="checkbox"/> |

It is our soul that is made in the likeness of our Creator. It is our soul that forms the features of our character. Our soul is our real self, not our physical or spirit body. Our spirit body, as it is for other creatures, is the physical body for the spirit world. We function through our soul whilst living this experience on this physical world.

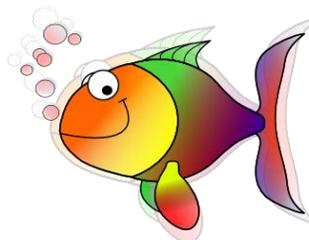
When we are conceived, the embryo borrows from the life force of our parents. The attracted soul half then becomes the life force for us for our physical experience.

Anything with a central nervous system has a spirit body (birds, fish, animals, etc.), however these creatures do not receive a soul.

Your brain is within your physical body, your mind is within your spirit body, however your intelligence, memories, etc., are within your soul.

The five senses within your physical body are enhanced within your spirit body. Some people are sensitive to the enhanced and additional senses (total 13) within our spirit body. The senses within our soul are huge in number and are very much more capable.

The power of our soul influences all living life within its environment, thus many pets reflect the character of its owner.





You could liken the capabilities of the physical body with its five senses to that of a golf buggy.

The spirit body with its enhanced thirteen senses, which include the physical bodies five senses with greater capabilities, to that of a space shuttle. Sight of the spirit body is 360°, the speed it can travel is far greater than that of light, its communication is mainly by feeling, etc.

However, the soul has 1,000s of senses and capabilities far beyond our comprehension, and where it can grow to in love and truth is that which only God knows. Your soul is the real you.



To liberate one's real self, one's will, being one's soul, is by embracing Feeling Healing so to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

**Our salvation IS by embracing Feeling Healing with the Divine Love.**

**God's Divine Love: Pray for it, ask for it, and receive it.**

**Please Mother and Father, may I receive Your LOVE.**

**“Every day is a day of devotion.”**

Follow your heart, follow your love and do that in loving action, your inner love leads in your asking the Soul of God to receive a little of the Love to strengthen one's resolve to heal.

**“I love you Father.” “Let the Divine Love proclaim its energy into my soul.”**

**“Mother – Father, I desire your Love and I am loving you.”**

**“Soul God, I love you and I love receiving and experiencing your Divine Love.”**

**“True Soul God, I am here, I am aware of your Love. Please hear my aspiration for your Love and as I approach you from my soul, I can feel your Love in the way that you are loving my soul.”**

Try it; give the Feeling Healing and Love a go! If you want to shine, receive the Love.

One can simply receive the Love without following any religious or spiritual teaching taught by man!

Emotional errors and injuries cause encrustment around the soul, the soul is never damaged however, the encrustments retard love energy flow to and from the soul. Feeling Healing melts such injuries.

### **Three Great Truths:**

- **God is Soul, being our Heavenly Mother and Father;**
- **that each individual soul is a duplex – both male and female;**
- **and Feeling Healing with Divine Love is the pathway to Paradise.**



**PRAYER for DIVINE LOVE:** library download pages at [www.pascashealth.com](http://www.pascashealth.com)  
 Kindly visit the library download pages at [www.pascashealth.com](http://www.pascashealth.com) as further recordings are added. Should you click on the audio files, you will also be able to download the audio file onto your computer.  
**Prayer for Divine Love – from the Padgett Messages** (Medical – Spiritual References)  
<http://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Prayer%20for%20Divine%20Love%20from%20the%20Padgett%20Messages.mp3>  
**The Voice of Divine Love** (Medical – Spiritual References)  
<http://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/The%20Voice%20Of%20Divine%20Love.m4a>

**LIVE TRUE to YOUR FEELINGS:**

A massive insight and realisation, which became my platform for living life, it was really quite simple; all I could do was honour and be true to my feelings. I had to *obey* myself first – my feelings; I was the important one, not my parents and family, not even the Mother and Father. With this truth I learnt the importance of living true, always honouring my feelings. And I realised that if the Father wanted me to do anything He could show or guide me through my feelings.

**It is through our feelings that we know – feel – how to live the Will of God.**

You will come to see why the doing of your soul-healing is so important, to give up your mind's control over you in favour of **allowing your feelings to dictate and dominate your life**. And when you do, then you will **lovingly obey yourself, your feelings, and no one else**. This is all the Mother and Father ask of you, because **when you are living true, then you will be completely honouring Their Laws, Their Way, Their Love**.

**Your bad feelings are real and true.** They are not evil; they only make you feel bad. They can make you feel sick but this is what they are meant to do, because how you are functioning is wrong – you are sick. And **until you have no more repressed bad feelings within you, you are living untrue to your soul, to yourself, and to the Father and Mother.**

Jesus

message 32, 8 January 2003

The Rejected Ones – Living True to One's Feelings

by James Moncrief

ALWAYS BE TRUE TO YOUR FEELINGS



**LIVE FEELINGS FIRST**

## **WE ARE TO BE OUR TRUE SELF – OUR SOUL BASED FEELINGS!**

We are to use our feelings to uncover the truth of ourselves. Just how important are each of our feelings? Well really, they are ALL as important; as in, nothing else in life even matters other than what we are feeling.

We are all so conditioned and used to living with our mind in control of ourselves, that many of our feelings, and mostly so many of our bad feelings, we dismiss or shut out and refuse to deal with. We should go the other way in life, so instead of denying so many of our feelings, trying to acknowledge them all, to bring them all out, every last bad one, even if means stopping everything else and attending to them; and by attending to them is to make sure we express them, speak about them, the whole idea being not to keep suppressing them, to make sure they come up and out of us as we feel them.

Along with this: we are to long for the truth of our feelings; as in, the truth they are wanting us to see about ourselves, because apparently hidden or behind or within each feeling, is something it's trying to tell us about ourselves. And that is how God wants us to live – it is to live a true spiritual life.

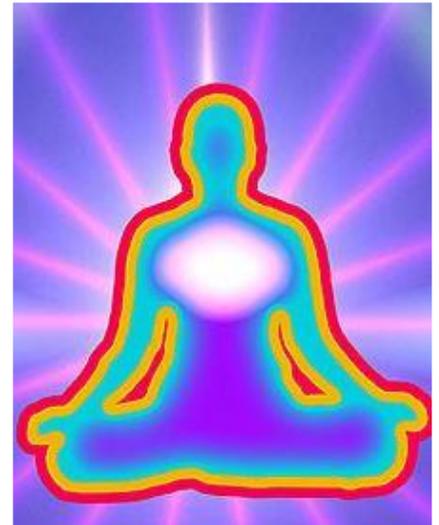
We are not meant to be alone, we are to have someone with whom we can share our whole self with, telling them all we think and feel. If you do not have a companion, talk it out loud to your Heavenly Parents.

If you feel a bad feeling, you don't let it pass, you stop with it, focus on it fully accepting it; and with the emotions of it, express it the best you can; and then at the same time, long for the truth of it – want to see what it's all about – why you're feeling it.

There are hidden deeper underlying causes in us that will come to light as to why we're really feeling bad. So we might, for example, be angry with something that's happening in our life now, but as we express that anger, longing for the truth of it, it will lead us back into our earlier life connecting with the same anger we felt about other things; and then back even deeper into connecting, or it should be reconnecting, with anger we felt with our parents when our parents treated us badly.

That means there will be a lot for us to deal with if the bad feelings we're feeling now are also going to lead us back into buried bad feelings from our past.

Sage and the Healing Angels of Light by James Moncrief



# Feelings First Spirituality

## The New Way

**Feelings First**  
**FF**  
**Feeling Free**

The New Way, Feelings First Spirituality  
 Learn to live with God through your Feelings

Accept, express and long for the truth of your feelings

Be free in your feelings  
 Free your feelings from your mind's control  
 Live true to your feelings; your feelings are your true self  
 Live true to yourself through your feelings



Live true to yourself by living true to your feelings.  
 Long for the truth of your feelings.

Accept / Express / Bring out ALL of your good, and most importantly,  
 BAD feelings.  
 Want to understand why you're feeling them.  
 Use your surface feelings to take you deeper into your repressed and  
 hidden feelings.



The Feeling Way is the True Way.  
 Your feelings are your spiritual guide.  
 Your feelings will take you to God.



Your feelings will show you the truth of your relationships, including your relationship with God; and if anything is wrong, untrue and unloving, then why it is.

Our feelings are sacrosanct and we should respect them accordingly. And we should NEVER block them out, ignore, override, banish, deny or reject them, because if we do, we're only doing that to ourselves, as Our Feelings Are Our Self.

Our feelings are the gateway to our soul. Our feelings are the closest we can get to our soul. Knowing the truth of our feelings is knowing the truth of our soul, and knowing the truth of God.

Feelings First Spirituality is the True path for humanity.  
 It embraces all people.

It completely unifies the world.

Everyone can relate to everyone else through their feelings.

And we can all live the truth that comes from our feelings, all sharing the same truths as we express and have the same feelings.

No one need be left out; no one is more special than anyone else – we are all united in Truth through our feelings.

So with and through our truth we live our lives, therefore without the need of any man-made mind-laws, rules and restrictions that limit self-expression as inspired by our feelings.



The New Way, Feelings First Spirituality is what is to replace all man-made, mind-contrived religions that so many people have enslaved themselves to. The New Way, Feelings First Spirituality will set us free of all that control, ending the Rebellion and Default within ourselves as we do our Feeling-Healing, and ending such control and spiritual stagnation in the world.

Bring on the End Times – get it over and done with! Let's all see that Jesus is not going to come again, that Prophecy has failed all the mind-controlled platforms. Allow such false systems of belief to die their long-awaited natural death, they've overstayed their welcome, it's now time they fade away. So let us show such antiquated, erroneous systems of belief the exit and bring on the fresh liberation of discovering the truth of how we are to live for ourselves, each of us personally in our lives, and all by looking to our own feelings for it. Self-revelation through our feelings is the way to go.

The Way of the Mind is ending, and is really the End Times – the End of our mind control, and **it's about time!** With the Way of our Feelings replacing it.

The End Times means the end and therefore a New Beginning. And that new beginning is a whole new Spiritual Age – an age based on self-revelation of truth through one's feelings, coupled with and supported by higher revelations from the Celestial spirits, angels and nature spirits.



The Feelings First Spirituality is the True Way to God because it helps you get to know God, helping you to reach out, connect and be personal with God, and do God's Will, all through your feelings. It is the only true way of getting to know the God of Feelings – our beloved Heavenly Mother and Father, the Great Soul of Divine Love.

Love comes through our feelings and not our mind, as we've all been wrongly led to believe.

**Feelings First; then comes The Truth; then comes Love.**

**LOVE is the Religion of Feelings, being:**

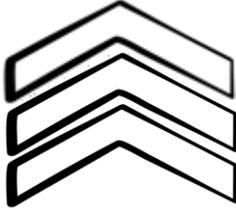
**Feelings First Spirituality, The New Way**



## The CHOICE is OURS to MAKE:

### Celestial Truth:

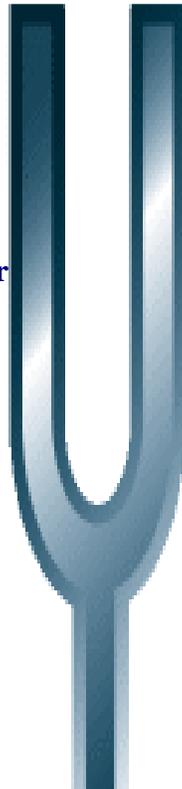
Truly all-loving;  
 Living true to oneself;  
 Mind supporting Feelings;  
 Living with the Divine Love;  
 Fully Healed of the Rebellion and Default.



### THE FEELING WAY

Feeling – Ascendance  
 Unlimited progression

- Living true to your untruth;
- Honouring all your bad feelings;
- Expressing feelings to uncover their truth;
- Healing the Rebellion and Default within yourself;
- Feeling unloved; being unloving;
- Feeling as bad as you can feel;
- Feeling like you are no one special;
- Longing for the Divine Love.



### THE MIND WAY

Mind – Transcendence  
 Limited progression

- Enlightenment, Nirvana, feeling all-loving;
- All false, mind-contrived. Anti-truth, anti-love;
- Still evolving the Rebellion and Default within yourself;
- Feeling and believing you are the Superior One;
- Living with your mind in control of your feelings;
- Living rejecting all your bad feelings;
- Living with your mind contriving you feel loved;
- Rejecting the Divine Love.



All religions, New Age, agnostic,  
 atheists, no spiritual interest,  
 Living the Rebellion and Default.

Hell:  
 Exploiting the Rebellion and Default.

The Feelings are the doer; the Mind the teller. So we are to go with our feelings, which we can't be told to do with our mind. So the longing for the Divine Love, doing our Healing by expressing our feelings and longing for their truth, are all feelings and doing it with longing. Whereas the mind just wants to tell us what to do and how to be, no feelings in it, all how our parents have treated us.

## Our FEELINGS are our SUPREME GUIDES:

# Feelings!

**Feelings are what guide us through our ascension of truth. So they are really our Supreme Guides.** Many people look for a person, spirit, angel, even God, for supreme guidance, however it's all right there already built in – in our feelings. **We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it's there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feelings is really: Longing for the truth of our self, because: we are our feelings. So life stirs up our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings.** Kevin 26 September 2017

Kevin died 10 August 2012, through Feeling Healing became Celestial on 7 August 2017

### **Using our feelings to uncover the whole truth of our negative or anti truth and anti love state.**

Kevin: **So whilst we're of an untrue state, then all we have got to help us understand why we feel bad, why we are wrong, why we are negative and anti love and truth, is our feelings. So if we focus on our bad feelings, they will lead us to the truth of why we're feeling bad. Which will be the truth of what happened to us to make us be this wrong way, and how we took on the wrong way and keep it going making us feel bad.**

## FEELING HEALING

**Note:** The vital difference between emotion and feeling is that emotions have their roots in the past, and feelings relate to the present moment. Emotions represent our feelings which were not previously expressed, and these accumulate with time.

**Note:** **Our feelings are soul-based. Our soul is always in truth. It is our soul based feelings, that when allowed to be freely recognised, we will begin to express and be who we are. This takes time and perseverance as we have encrusted our souls with layers upon layers of errors and false beliefs, it is these layers that will confuse the truth that our soul is conveying to us. Only by our progression with our Feeling Healing will our soul's expression of truth become clear and free of all cloudiness and contamination.**



“What our soul needs in accordance with our own, individual, **Soul-Light-Plan-Of-Destiny** (your life's true destiny plan), They, being our Mother and Father, will give you as required. The only way we can know truly what we need is to honour and follow our true feelings. They, springing from our soul, literally telling us what we need, and so when we genuinely feel we need something, we apply our will to get it. The hard part is knowing if our feelings are true, and until we have done our whole soul-healing, they won't be clear and total true.” James – Introduction Course to Divine Love Spirituality

# LAW OF COOPERATION

The Law of Cooperation

8 October 2022

# LAW OF COMPENSATION

Is to work in conjunction with (cooperating with) the Law of Compensation.

It's a Universal Law potentially to be 'imposed' upon humanity on Earth. It is currently in 'operation' in the Mansion Worlds, ensuring everyone cooperates in a friendly way with everyone else to maintain a certain standard of life as agreed upon by all involved, that which is determined by the Mind (rebellious) or Truth (Healing) way the spirits might be living.

Currently on Earth in our rebellious states, the Laws of Compensation and Cooperation are not active. So we live with the 'every man for himself' ethic, the powerful being the successful 'winners' who dominate the not so powerful 'failures'. Whereas in the Mansion Worlds (and the rest of non-rebellious Creation), equality, so even in a rebellious state, is the Law, and so if you cross the line inflicting dominance over another causing some level of suffering, pain and hurt, you will instantly come under the workings of the Law of Compensation and have to compensate for such transgression by feeling all that pain, hurt and suffering you have caused the other spirit to feel. So naturally, Universal Law and Order is maintained by everyone honouring the Law of Compensation, no one wanting to bring its 'wrath' down upon themselves.

Then added to keeping the peace, is the Law of Cooperation, for everyone in the Mansion Worlds who are happy and content to further their rebellious mind state in worlds 1, 2, 4 and 6; or doing their Healing, starting in world 1 and moving through 3, 5 and 7. So everyone willingly feels they want to cooperate with everyone else. Therefore, in the rebellious mind worlds, all spirits willingly and 'lovingly' cooperate with all other mind spirits; and the same in the Healing worlds, together with everyone willingly cooperating with the Healing. If you don't want to cooperate then you'll feel very bad, so everyone willingly wants to do some 'work' for the greater good of all. So there is no need for spirit money or spirit barter for any work done, because everyone willingly loves to work for other spirits, wanting nothing in return, loving giving and receiving as they feel moved to do. So for example, many spirits make spirit clothes out of the spirit material willingly and lovingly for other spirits to wear, freely giving such spirit clothes away, not wanting anything in return other than the receiving spirit being happy to wear and love their clothes. So, the Mansion Worlds function peacefully in their rebellious states – or in their Healing states.

So, now imagine if the two Laws are activated and applied to humanity on Earth... how would things change – and drastically change they would!

For example, everyone who is wilfully doing anything to make another suffer, feel hurt and pain, would cease their harmful ways, themselves feeling all that suffering, hurt and pain they've inflicted on the other person. So personally, as in personal relationship if you hit someone, emotionally, politically, socially, on all levels. If you run a business or government that is hurting people economically, socially, emotionally, spiritually, mentally, in any way causing anyone to suffer, then you're going to feel all that pain of all the people you're hurting. Even if you're doing it indirectly. If you work for a business or company and are forced to hurt others through policy of those controlling the company, no doubt you will still feel bad for what you've done, and you might leave, but if it's your only source of livelihood,

then the Law of Compensation won't be as harsh or won't possibly be applied at all. So really it applies to those who are wilfully hurting, coercing or deceiving others, who will have to do their Hell Time to compensation for all suffering and pain caused.

So, imagine if suddenly everyone had to stop hurting everyone else, including all animal abuse – how would the world be?

## LAW OF FORGIVENESS

Parents hurting their children are exempt from the Law, in that it will still apply, however it is suspended until the parent does their Spiritual Healing, and then it will come under the greater Law of Forgiveness. So parents doing their Healing and waking up to the truth of how badly and unloving they have treated their children, will feel all the pain of their transgressions as the Law of Compensation works upon them, however it will be apart of their Healing under the Law of Forgiveness, because the Rebellion has been thrust upon us all, and so parents won't have to do actual separate Hell Time, however they will feel like hell doing their Healing when they see and feel how unlovingly they've treated their children.

One could argue that it's not fair everyone being subjected to the Law of Compensation because we've all unwittingly and unconsciously been subjected to the horrors of the Rebellion, however once we're an adult, rebellion or not, we're still answerable for our actions. And so if you cross the line and infringe upon another's will to the degree of making them suffer pain, the the Law of Compensation will apply to you.

So if the Law of Compensation is applied to Earth, one can imagine there will be many of the worlds top controlling people suddenly stricken down with all the pain of their wrongdoing, thereby leaving quite a gap in the way things get done, into which other people will have to step.

And if the Law of Cooperation is applied at the same time, then in theory the world can dispense with the need for money, so no power or wealth accumulation, everyone can have what they want, and no one will want such power over others because of the Law of Compensation – and then how does the world keep functioning when suddenly there is no need to go to work to make money to survive? Hence the need for the Law of Cooperation, because like in the Mansion Worlds, everyone will feel driven to cooperate with the whole, so people will want to go to work for the sake of working to make everything keep working. Not to earn a living, just so they can participate in the whole of making life be as everyone will want it to be, that being a pleasant, good and happy standard of living. So the companies and governments will still work if need be, however their purpose and reason for existence will be for the good of the whole, with workers volunteering to work to keep them going. A utopia heaven on Earth, even a rebellious one, just as the Mansion Worlds are called heaven.

So is the new Spiritual Age that is possibly forthcoming, heralding the end of the 'Lawless' Rebellion? Is humanity on Earth to move to mirror humanity in the Mansion Worlds? So can life over there be applied to life here on the physical Earth? Will people strive to continue living their rebellious ways cooperatively within the overseeing Law of Compensation, all in a 'nice, friendly and loving' evilness, like in the mind Mansion Worlds? Whilst other people will strive to live cooperatively doing their Healing, wanting to finally end being of the Rebellion and Default?

# FEELING HEALING + SOUL HEALING

To heal one's self is to simply look to see what feelings we are refusing to let ourself feel, and accept them instead of denying them. And to fully accept them, one needs to express them, speak about them, let them have their say, rather than pushing them aside, refusing to let them make you feel bad.

Doing this all with the intention of seeking the truth of why you are feeling them, of speaking about and expressing all such feelings; all feelings you have, but ALL WITH the INTENTION of UNCOVERING the TRUTH THEY WANT YOU TO SEE ABOUT YOURSELF. And it's the wanting to see the truth of them that is very important, because if you just look to accept them and speak and express them, but not seek their truth, then that's all you'll be doing, speaking and expressing them, but not healing their causes, so not fixing the things within you that are making you feel bad. And it's the truth part of it, seeking the truth of your feelings, and so, seeking the truth through your feelings, that's vitally important. It's the truth of yourself, life, nature and God, that is the spiritual aspect to it all.

You CAN'T find the truth of yourself, or anything else, through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them. So to do our Soul-Healing consists of these steps, all of which are ongoing until it's done:

- **Admit you are feeling bad.**
- **Accept your bad feelings, identify what they are.**
- **Honour fully your bad feelings by expressing them, speaking about them to someone who is willing to hear you talk about them, or tell them out loud to our Heavenly Parents. Long for the truth of them. Long for the truth of why you feel bad – what deep within you is causing your bad feelings?**
- **And remember, bad feelings are Good! Not bad. They are not to be despised. And as hard as it is to accept them, they are still you, and a very real part of you. And if you persist in denying them and not allowing yourself to fully live them, then you are only going to keep yourself in your errors making things harder for yourself.**
- **All sickness and suffering, all bad things that happen to you, all your problems, all your addictions – your whole feeling-denying and untrue life, is all caused by your denial of bad feelings.**
- **Every problem in the world is brought about because everyone has been brought up to deny feelings, and in particular, most of their bad ones.**

If one is intent on spiritually evolving and growing in truth, then it's vital, and this is the key, that one looks to use one's feelings as the means to gain and have access to the truth of oneself. You CAN'T find the truth of yourself or anything else through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

Doing your Soul-Healing with the Divine Love, is really doing your 'Feeling-Healing'. We are designed — created — to be self-revealing of truth, and so we are all to uncover the truth within ourselves and for ourselves, and all being done by living true to our feelings. **If you accept, express and seek the truth of your feelings, then truth will come to you, and you'll grow spiritually. It's as easy as that. Also it is as easy as it is to long for, ask for and receive Divine Love.**

## Feeling bad is Good! It's okay to feel bad.

Feeling bad is good.  
 Feeling bad is GOOD!  
 It's not bad to feel bad – it's good.  
 FEELING BAD IS GOOD!  
 Very good!!!

And feeling really bad is also good.  
 And feeling worse is even better.  
 It's all very good!  
 It's okay to feel bad.  
 Bad feelings are okay.  
 It's good to feel bad.  
 Bad feelings are GOOD!

It's good to feel bad about feeling bad.  
 Your bad feelings are YOUR feelings.  
 YOUR bad feelings have a right.  
 A right to exist.  
 A right for you to feel them.

Your bad feelings are a part of you.  
 Bad feelings are good and they are your feelings!  
 ACCEPT THEM!

It's okay to feel bad, there is nothing wrong with feeling bad.  
 You might not like feeling bad, but it's okay to feel bad.  
 You are allowed to feel bad. Give yourself permission to feel bad.  
 Bad feelings shouldn't be dismissed.  
 Bad feelings already feel unwanted, why make them feel more rejected?  
 You are your bad feelings – if you reject them, you are rejecting yourself.  
 Why are you rejecting yourself? Why are you rejecting your bad feelings?  
 Is this how you want to live – rejecting a natural part of yourself?  
 Is this how you want to live, rejecting your bad feelings?

Feeling bad is normal. We all feel bad. We all feel bad a lot of the time, even if we won't admit it, or even if we're not aware of it.  
 There are many bad feelings, all sorts of different bad feelings, and they are a normal part of you – of everyday life.

Bad feelings – your bad feelings – are to be welcomed. Bad feelings are to be wanted. Bad feelings are to be accepted.  
Bad feelings are to be loved.

If you ignore or deny or dismiss or reject your bad feelings, what are you really doing? Denying, dismissing, rejecting yourself. Is this what you want to do? Because if you do, you'll only make yourself feel even worse.

You are your bad feelings – Your bad feelings are you.  
Bad feelings have just as much right to life as good feelings.  
Be true to your bad feelings – acknowledge, honour and accept them!  
Accept your feelings.  
Accept yourself.

### So Remember:

## Feeling bad is Good! Accept your bad feelings.

The full acceptance of your bad feelings, and the seeing of the truth they are trying to show you, comes from having expressed – spoken – about them. And speaking about them to someone who cares about you: a friend.

As you vent your feelings, the pent up 'bad' energy goes, often leaving you with the understanding of what they are all about: why you are feeling them. And once you understand and know this truth, then you are healed and free of them.

As young children we were all stopped from freely and fully expressing all our bad feelings. Things were done to us, we were forced to behave in ways we didn't want to, all of which made us feel bad. But we couldn't complain about how unjustly we were being treated. We tried, but often only to be met with harsher rejection treatment.

As adults we still have all this bad treatment going on within us. We formed patterns when we were young based around all the negative unloving parenting we had. And now being unconscious of these patterns we still (also unconsciously) expect bad things to happen to us to make us feel bad – and to feel just as bad as we did back then. And so bad things do happen. And we do feel bad.

So as an adult, we are experiencing life in the moment now as the adult, together with all we felt back when we were young, only we are unaware of it. Something will make us feel bad, and on the surface of it we might know why we are feeling bad, yet underneath, deeper within us, it will key into and trigger repressed bad feelings making us feel even worse in the situation than we might have otherwise felt.

So in doing our Feeling-Healing: healing our repressed childhood bad feelings through the feeling-experiences of our current adult life, we need to use every bad feeling to help take us back 'down' inside

ourselves, to connect with what made us feel the same bad feeling when we were young.

We are our bad feelings, and like them, **WE ARE STILL WAITING TO BE HEARD.**

The honouring, accepting and expressing of our bad feelings is our attempt to speak up and finally be listened to: to be accepted and loved – not rejected. And as an adult we can now do this, whereas, a child we could not.

And so if you no longer want to feel bad then through complete self-acceptance is the **ONLY** way to heal yourself – allowing yourself to feel as bad as you do feel. If you don't feel good about anything in your life or about anything to do with yourself – if you have one bad feeling at all, that feeling or bad thing will somehow be connected all the way through you to your early childhood. And so simply, if you feel bad about anything, if you are sick or don't like any aspect of yourself or your life, it's all because of how you were treated during your early childhood, and it's still going on deep within you. Your childhood has ended but the resulting mental and will patterns that dictate to a high degree your emotional and feeling state are all still in existence, still unconsciously controlling you. And because you are denying yourself the knowledge of these patterns, so too are you denying yourself the resulting feelings from them – all your bad feelings.

When you see the truth, the whole truth of your negative self-denial state, then with your will you can stop living in rebellion against yourself and choose to live positively. And in that choice you are healed.

### The aim of Feeling-Healing

The real aim of doing your feeling-healing is to perfect your relationship with yourself, with others, with nature, and in the end, with God.

Until we are living true to all our feelings and living wanting to grow in truth from our feeling experiences, we can't live a perfect relationship. If we live denying any part of our self we can't have true relationships.

Until we accept all of those parts of us we're denying, and understand why and how our denial came about, we can't live as our soul desires us to, as we have been created to live.

And when we do honour all our feelings and live the truth revealed by them, then naturally without any effort or mind control we'll just be perfect.

Many people try to seek God, try to understand the Greatest of all Mysteries before they try to understand themselves. We will never be able to understand or relate properly to God until we can understand and relate properly to ourselves. We come first. We have to learn how to fully honour and totally accept ourselves and then we can move out into the world and greater universe.

**We are to be true to our soul by living true to our feelings.**

To want to live true; true to how you feel, is to want to be perfect.  
And your feelings are the way.

## WE ALL ARE BEING GUIDED HOME:

We need the Spirits of Truth of the Avonal Pair to Heal ourselves; then once Healed, (and for support (overshadowing) as well through your Healing), we need the Creator Pair, Mary Magdalene and Jesus' Spirits of Truth to see us through the Celestial spheres, while at all times embracing our Heavenly Mother and Father.

Until Mary and Jesus died and liberated their Spirits of Truth, no one from any of the worlds could leave Nebadon, because no one knew the way to do so. Nebadon is our local universe containing some 3.8 million inhabited physical worlds and their associated spirit worlds.

When we embrace the truths Mary and Jesus are revealing, and start to do our Feeling Healing, or with Divine Love, Soul Healing, we are then freeing ourselves up from our parental and self control.

Thus our journey to Paradise, to the home of our Heavenly Parents, is of our choosing as to when we progress, however, there is only one way:

**HUM:** Humanity is to ascend. We are self contained. Our soul is always in truth and perfect at all times. **By living true to ourself, true to our feelings, we are living true to God. It's that simple.**

We are to recognise that being engaged and dominated by our mind is the wrong way for us to evolve and grow in truth. We are to discard the mind enslavement that has been imposed upon as by all of our parents. We are to express our feelings, both good and bad and free ourselves of the indoctrination that humanity has embraced worldwide.

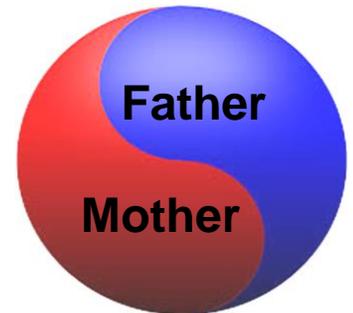
Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of our Mother and Father.

**AVO:** We are to embrace the truths and guidance of the Avonal Pair through their Spirits of Truth. It is the Avonal Pair's guidance that will lead us through our Feeling Healing, and with Divine Love, we will be able to ascend through the 7 spirit Mansion Worlds and enter the Celestial Heavens where we also interact with other world's spirits.

**J&M:** We are also to embrace the truths and guidance of the Paradise Pair, Mary and Jesus, who will then lead us through the 3 Celestial Heavens that are aligned with Earth, and then further on through Nebadon where we will then depart beyond on towards Paradise.

**M&F:** Beyond the universal zone of Nebadon, we will be guided by our Heavenly Mother and Father onwards through the universes to Paradise where we will be welcomed by them, home for us all, as we are all Children of God.

# GOD



M&F



J&M



AVO

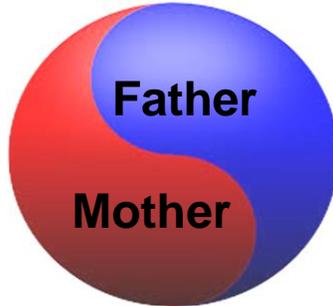


HUM

**WE ARE Children of God**

**WE ALL ARE BEING GUIDED HOME – NOW, HOW TO COMMENCE THE JOURNEY:**

**GOD**



**M&F**

For 200,000 years, we have been misled into embracing our mind's distortion of wisdom and truth. All such traditional understandings only lead us in the wrong direction, from which we must turn back from. Our soul based feelings are always in truth. Our minds are to follow our soul based truths and feelings, not the other way round, as we have been brought up to embrace.

We are to connect with our deeper repressed feelings.  
We are to long for the truth of what we are feeling.  
We are to live true to our selves; by living true to our feelings.

Use your surface day-to-day feelings to connect with your deeper repressed feelings. Express your surface feelings and your deeper repressed feelings to uncover the truth of yourself.



**J&M**

We all have feelings which we communicate and share with each other. And we all have deeper buried and hidden repressed feelings. Feelings from our early childhood we felt, yet weren't allowed to express. These feelings are still within us, waiting to have their say. These feelings, because they are repressed, cause us all our problems.

And as we look to uncover, bring out and accept these deeper feelings, so we're taken into new ways of looking at ourselves, our feelings, and our life. We're setting ourselves free of the controlling patterns that govern our unloving behaviour.

In this way, we progressively begin to express the personality that our Heavenly Mother and Father gave us, not the one imposed upon us by our physical parents and carers. We are to be our true and real selves.



**By living true to ourself, true to our feelings, we are living true to God. It's that simple.**

**AVO**



**HUM**

As we, humanity, long for the truth of our feelings, we can also be assisted by the Spirits of Truth of the Avonal Pair who are our spiritual teachers for Earth over this coming 1,000 years, to assist us through the Great U-Turn, away from mind dominance to being soul based feeling lead. They will assist us through the seven levels of the spirit Mansion Worlds.

Then the Creator Pair, Jesus and Mary, will lead us through Neadon and into the greater universe. Then our Heavenly Mother and Father lead us home to Paradise.

Collectively, should we embrace them all, as we are to, then our pathway home is a journey in the hands of the Spirits of Truth of the Avonal and Paradise Pairs overseen by our Heavenly Parents.

**WE ARE Children of God**

## HOW TO GET TO PARADISE:

Long for the Divine Love

Long for the Truth

Long for the truth of your feelings

Don't deny any feelings: accept, express and want to know the truth of them

Know your feelings are the key; your feelings are the Way

Want to end your falseness and being untrue

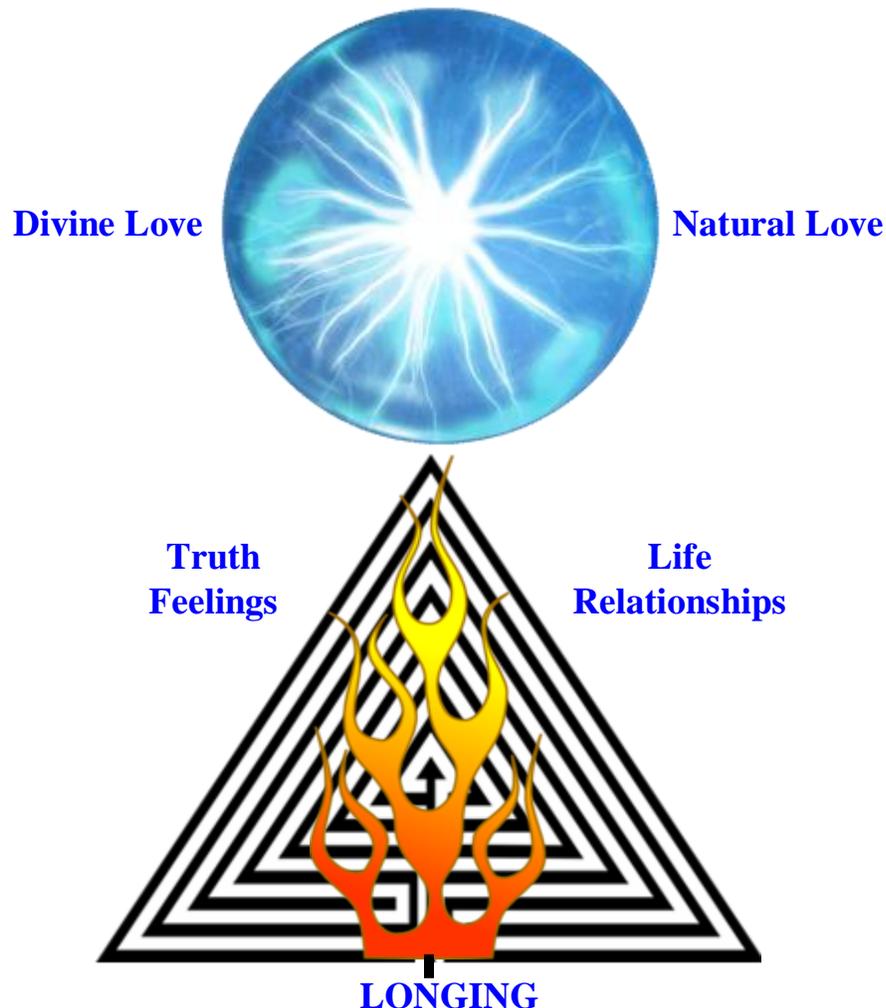
Want to understand the truth of your early life

Use your surface feelings to move deeper into yourself, bringing up your repressed feelings

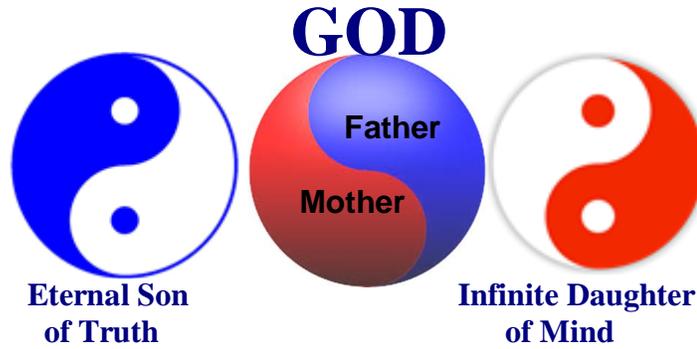
Want and long to know the whole truth of yourself

Want to do it all with God, your Heavenly Mother and Father – long to Them for help.

## The Key



Our longing drives our life. We long with feelings. We can wish for things using our mind, yet long for things with our heart. These things in the pyramid are what to long for. Longing for them, when the longing comes naturally. Longing because you feel you really want them. Long to be true with all your heart. Long to live true to your feelings. Long to understand the whole truth of yourself.



**PARADISE TRINITY:**

1. **Our MOTHER and FATHER (God) (MF) – Divine Love**  
SOUL (God) – One SOUL that is expressing its two PERSONALITIES, our Heavenly Mother and Heavenly Father (Soulmates / Soul Parters)
  2. **ETERNAL SON (ES) – Divine Truth**
  3. **INFINITE DAUGHTER (ID) – Divine Mind**
- Then: The Second and Third Persons of the Paradise Trinity (ES and ID) are stepped down to the local universe trinity (Mary and Jesus, Divine Minister (DM), and her Holy Spirit).

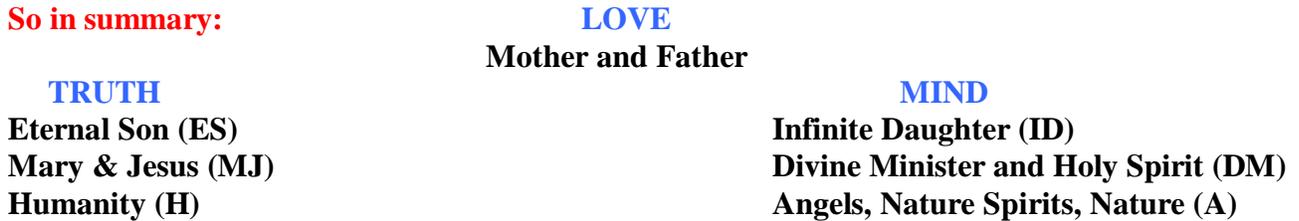
**The LOCAL UNIVERSE TRINITY:**

1. **MARY M and JESUS**      **Our MOTHER and FATHER – Love – the Living Truth**
2. **DIVINE MINISTER**      **– Mind (and her Holy Spirit)**
3. **HUMANITY – Natural love, sons and Daughters – Truth, and our Angels – Mind**

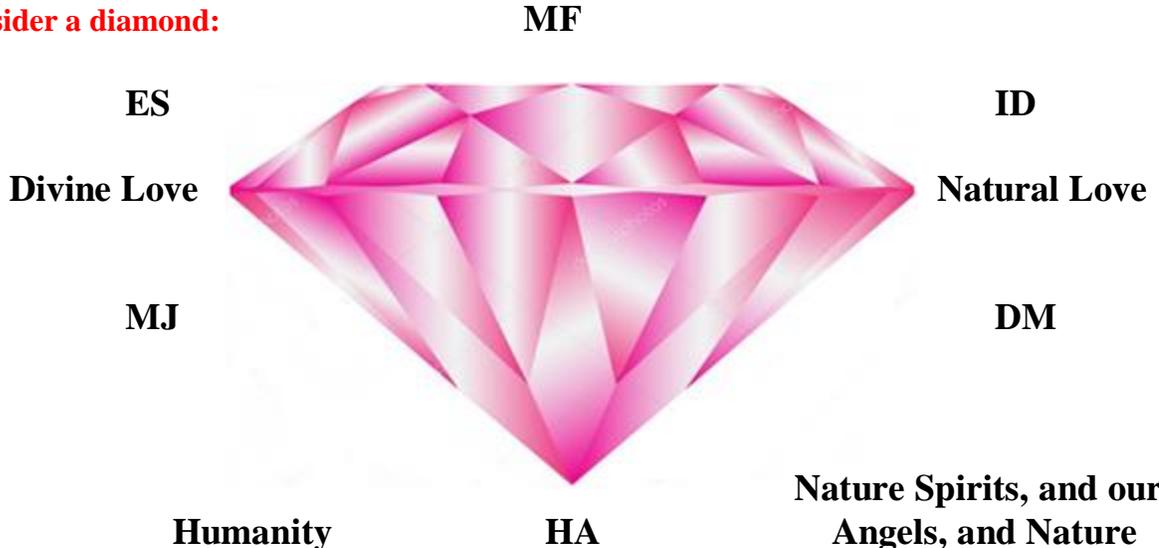
**PLANETS that engage in REBELLION:**

1. **AVONAL SOULMATE PAIR**      **– the Feeling Healing process – incarnate**
2. **DAYNAL – TEACHER PAIRS**      **– they do not incarnate**

**So in summary:**



**Consider a diamond:**



# Mother and Father Heavenly Parents

Creator Son & Daughter  
Jesus and Mary

Avonals  
as soulmate pairs

Trinity Teachers  
as soulmate pairs

Melchizedeks – who have taken over from the Caligastians and Daligastians being also all as soulmate pairs / soul partners.

Mortal Souls – human beings who individualise on Earth, then progress through the spirit Mansion Worlds, then into the Celestial Heavens, and beyond.

Mortal Souls – also being ascending spirits, upon completing their Soul Healing, join with their soulmate, then join their soul group of 24 mortal spirits, being 12 soul pairs. It is only as a soulgroup that anyone can progress beyond Nebadon.

The Paradise Pairs are all ONLY concerned with the SPIRITUAL wellbeing and upliftment of the planets and local universe. Currently to do with Earth:

Mary and Jesus – spiritual wellbeing and upliftment of the whole of Nebadon region.

Avonal Pair – Daynal pairs (Trinity Teacher Daughters and Sons) – Spiritual wellbeing and upliftment of individual planets and their associated Mansion Worlds.

The Local universal Sons and Daughters are all about the running of the worlds under their jurisdiction, and ensuring the higher spiritual elements can be employed, or sent astray, as in our cases through the Rebellion and Default.

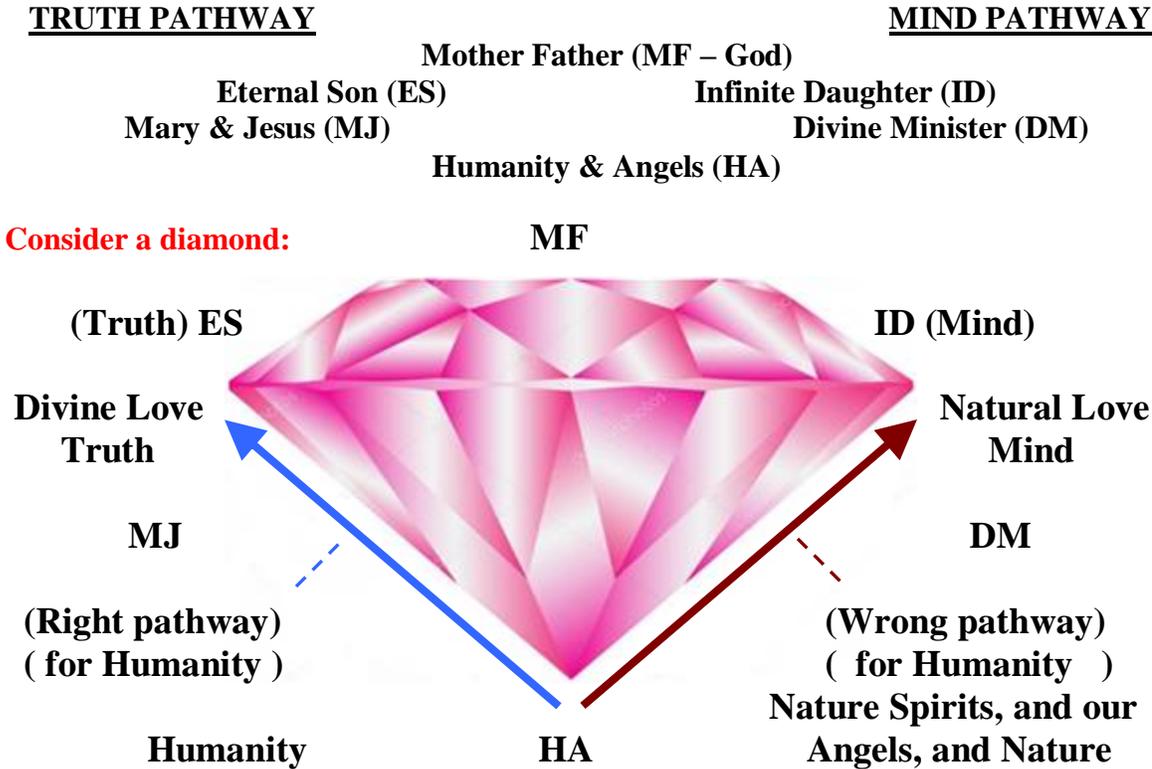
Lanonandeks – Melchizedeks (and others, such as Life Carriers and Eve and Adam).

As the Lanonandeks all rebelled – the Lucifers, Satans, Caligastias and Daligastias soulmate pairs / soul partners – so the Melchizedeks have taken over their roles, as well as doing their own.

So the Melchizedeks are the governors, overseers, the administrators and advisors and so on for Earth; they are the ‘controllers’, and they will instigate all that needs to be done to do with the ending of the Rebellion and Default. And they will enlist the willing help of ascending mortal pairs, so the mortal Celestials spirits (soulmates when available, and others waiting to unite with their partner), and at times mortal spirits in the Divine Love Healing Mansion Worlds. And the angels help all of us.

Currently the whole of Creation exists for the ascension of mortal souls from their earth planets to Paradise. It’s all one vast Grand Ascension Scheme. With all the higher and lower spiritual Daughters and Sons, together with all the many different angels and other universal spirit personalities, and even including nature and our very own pets, assisting women and men with their Ascension Journey. It being: and Ascension of Truth. Everything we do is done to help us grow in truth. (Only everything we do in our negative state is to deny ourselves our truth from our feelings, which is why we have to do our Healing.) All women and men are ascending (or growing) in truth through their experiences. And as we grow in truth by looking to our feelings to show us that truth, so we’re ascending, moving inwards and upwards through all the worlds and spheres of the Grand Universe to one day arrive on Paradise and meet our Heavenly Parents. God is providing us, Their children, with this spiritual journey called our Ascension of Truth. And by living true to our feelings, so we are progressing on our true Spiritual Path – our Ascension Path.

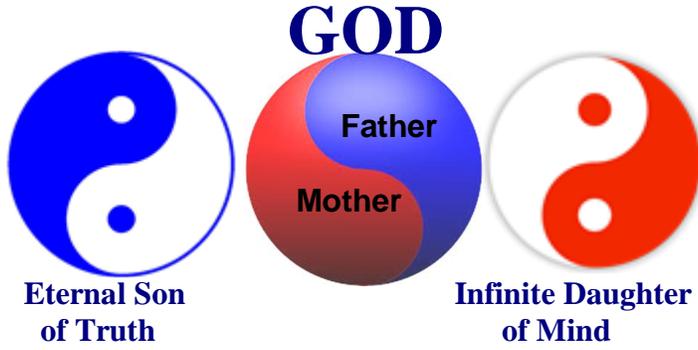
**Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God’s soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.**



**Humanity** is to pursue the pathway for Truth through one’s soul based feelings, this is the right pathway. However, humanity commences its journey founded on natural love, which we now know is to be perfected through one’s Feeling Healing process and then made divine through asking for and receiving our Heavenly Parents’ Divine Love.

For 200,000 years, **humanity** has pursued the pathway of the Mind, being that of the brain, this is the wrong pathway. The Mind is the pathway for Angels and that of all of Nature.

**CREATION of SOUL and SPIRIT:**



God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one’s feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.



The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate / soul partners) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves enabling the union with our soulmate, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.

Feeling Pathway

Mind Pathway



Soulmate Pair

Angel



The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

Spirit Person

Nature Spirit



A nature spirit is an angel in waiting.

<b>Primary recommended reading:</b>	<b>consider commencing with:</b>	<b>Paul – City of Light</b>
<b>The Book of Truths</b>	<b>1914 – 1923</b>	<b>xxx – Joseph Babinsky</b>
<b>containing the Padgett Messages or</b>		
<b>Little Book of Truths</b>		<b>– Joseph Babinsky</b>
<b>True Gospel Revealed anew by Jesus Vol I, II, III, IV</b>	<b>xxx</b>	<b>– Geoff Cutler</b>
<b>The Rejected Ones</b>	<b>2002 – 2003</b>	<b>xxx – James Moncrief</b>
<b>Messages from Mary &amp; Jesus</b>	<b>2003</b>	<b>xxx – James Moncrief</b>
<b>Paul – City of Light</b>	<b>2005</b>	<b>xxx – James Moncrief</b>
<b>Mary Magdalene and Jesus'</b>		
<b>comments on the Padgett Messages</b>	<b>2007 – 2010</b>	<b>xxx – James Moncrief</b>
<b>Speaking with Mary Magdalene &amp; Jesus</b>	<b>2013 – 2014</b>	<b>xxx – James Moncrief</b>
<b>Sage and the Healing Angels of Light</b>	<b>2017</b>	<b>xxx – James Moncrief</b>
<b>Road map of Universe and history of Universe:</b>		
<b>The Urantia Book</b>	<b>1925 – 1935</b>	<b>xxx as primary reading</b>
<b>Divine Love supporting reading:</b>		
<b>Revelations</b>	<b>1954 – 1963</b>	<b>– Dr Daniel Samuels</b>
<b>Judas of Kerioth</b>	<b>2001 – 2003</b>	<b>– Geoff Cutler</b>
<b>The Golden Leaf</b>	<b>2008</b>	<b>– Zara &amp; Nicholas</b>
<b>The Richard Messages</b>	<b>2012 – 2013</b>	<b>– James Reid</b>
<b>The Divine Universe</b>	<b>2012 – 2013</b>	<b>– Zara &amp; Nicholas</b>
<b>Family Reunion Afterlife Contact</b>	<b>2014 – 2015</b>	<b>– Joseph Babinsky</b>
<b>Traveller, An Immortal Journey</b>	<b>2014 – 2015</b>	<b>– Zara &amp; Nicholas</b>
<b>Destiny, Eternal Messages of Divine Love</b>	<b>2015 – 2016</b>	<b>– Zara &amp; Nicholas</b>
<b>Feeling Healing</b>	<b>2017</b>	<b>– James Moncrief</b>
<b>Religion of Feelings</b>	<b>2017</b>	<b>– James Moncrief</b>
<b>The Way of Divine Love</b>		<b>– Joseph Babinsky</b>
<b>Divine Love – The Greatest Truth in the World</b>		<b>– Joseph Babinsky</b>
<b>The Human Soul</b>		<b>– Joseph Babinsky</b>
<b>Divine Love Flowing</b>		<b>– Joseph Babinsky</b>
<b>The Truth</b>		<b>– Werner Voets</b>
<b>Through the Mists, The Life Elysian, The Gate of Heaven</b>		<b>– Robert James Lees</b>
<b>Life in the World Unseen</b>		<b>– Anthony Borgia</b>
<b>Gone West</b>		<b>– J M S Ward</b>
<b>Post Mortem Journal</b>		<b>– Jane Sherwood</b>
<b>After Death / Letters from Julia</b>		<b>– William T Stead</b>
<b>Thirty Years Among the Dead</b>		<b>– Carl A Wickland</b>
<b>A Wanderer in the Spirit Land</b>		<b>– Franchezzo</b>
<b>Life Beyond the Veil Vol I thru to V – Rev George Vale Owen</b>		<b>– Geoff Cutler</b>
<b>The Holy Bible from the Ancient Eastern Text</b>		<b>– Dr George M Lamsa</b>

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Pascas Health:                      <http://www.pascashealth.com/index.php/library.html>  
Spiritual Development:                      <http://new-birth.net/spiritual-subjects/>  
Padgett Books:                      <http://new-birth.net/padgetts-messages/>  
<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm>

**James Moncrief's books, the Padgett Messages and The Urantia Book at:**

**DIVINE LOVE SPIRITUALITY – DLS:**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945  
The Urantia Book (see suggested papers to read below)

**James Moncrief Books:**

	MoC		
The Rejected Ones – the Feminine Aspect of God	1,490	Nov 2002 – Jan 2003	228
Messages from Mary and Jesus book 1	1,485	Feb – Apr 2003	189
Messages from Mary and Jesus book 2	1,485	Apr – Oct 2003	170
Mary Magdalene and Jesus' comments on the Padgett Messages – book 1		Aug 2007	164
Messages from 31 May 1914 – 12 January 1915	1,495		
Mary Magdalene and Jesus' comments on the Padgett Messages – book 2		Sep 2010	177
Messages from 13 January 1915 – 29 August 1915	1,494		
Speaking with Mary Magdalene and Jesus blog – book 1	1,490	Jan – Apr 2013	206
Speaking with Mary Magdalene and Jesus blog – book 2	1,489	Apr – May 2013	229
Speaking with Mary Magdalene and Jesus blog – book 3	1,490	Oct – Jan 2014	187
Speaking with Mary Magdalene and Jesus blog – book 4	1,491	Jan – May 2014	191
Mary Magdalene comments on Revelation from the Bible KJV	1,485	Dec 2013 – Jan 2014	84
		This group being pages of	1,825
Paul – City of Light	1,488.5	2005	149
Ann and Terry		2013	235
Feeling bad? Bad Feelings are GOOD!	feeling-healing book 1	2006	179
Feeling bad will make you feel BETTER – Eventually!	feeling-healing book 2	2006	159
Breaking the Golden Rule.	feeling-healing book 3	2006	168
Feeling-Healing exercises, and other healing points to consider.		2009	175
Cathy and Mark – a novel introducing Feeling-Healing.		2010	151
Introduction course to Divine Love Spirituality		2006	139
Speaking with the Dead, Death and Dying		2009	173
Spirits and their Childhood Repression Healing		2010	179
With Verna – a nature spirit		2008	279
Communication with spirits – meet a spirit friend		2010	37
Introduction to Divine Love Spirituality website			362
Sage – and the Healing Angels of Light		2017	260
Divine Love Spirituality	1,500	2017	201
Feeling Healing – you can heal yourself through your feelings		2017	153
Religion of Feelings	1,500	2017	47

This group being pages of 3,046

**Religion of Feelings**

<http://religionoffeelings.weebly.com/>

**Introduction to Divine Love Spirituality**

<http://dlspirituality.weebly.com/>

**Main website of DLS**

<http://divinelovesp.weebly.com/>

**Childhood Repression website**

<http://childhoodrepression.weebly.com/>

**DLS and CR forum**

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

**FEELING HEALING and SOUL HEALING with the DIVINE LOVE:****James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

**Speaking with Mary Magdalene and Jesus – books 1 – 4**

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

**Paul – City of Light**

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

**Ann and Terry**

For an example of people who might want to immediately start working on themselves and doing their Healing.

**Feeling Bad? Bad feelings are GOOD**

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

**Feeling bad will make you feel BETTER – Eventually!**

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

**Sage – and the Healing Angels of Light**

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings  
Feeling Healing****Welcome to LOVE – the Religion of Feelings  
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

**The Padgett Messages being published as:****The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book****Release one's pain through expressing one's feelings.****in conjunction with****Longing for the Truth when also longing for Divine Love.**

**FEELING HEALING with DIVINE LOVE is SOUL HEALING:**

*A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.*

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing.**

**Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.**

**Primary and most important readings are the writings of James Moncrief.**

**Then consider the Padgett Messages, and then The Urantia Book.**

Pascas Papers, being free, are located within the Library Downloads [www.pascashealth.com](http://www.pascashealth.com)

<http://www.pascashealth.com/index.php/library.html>

**PASCAS – document schedule.pdf          downloadable index to all Pascas Papers.**

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love; DL denotes Divine Love – living with the Love.

**PASCAS INTRODUCTION NOTES:** *All papers below can be found at Library Downloads link..*

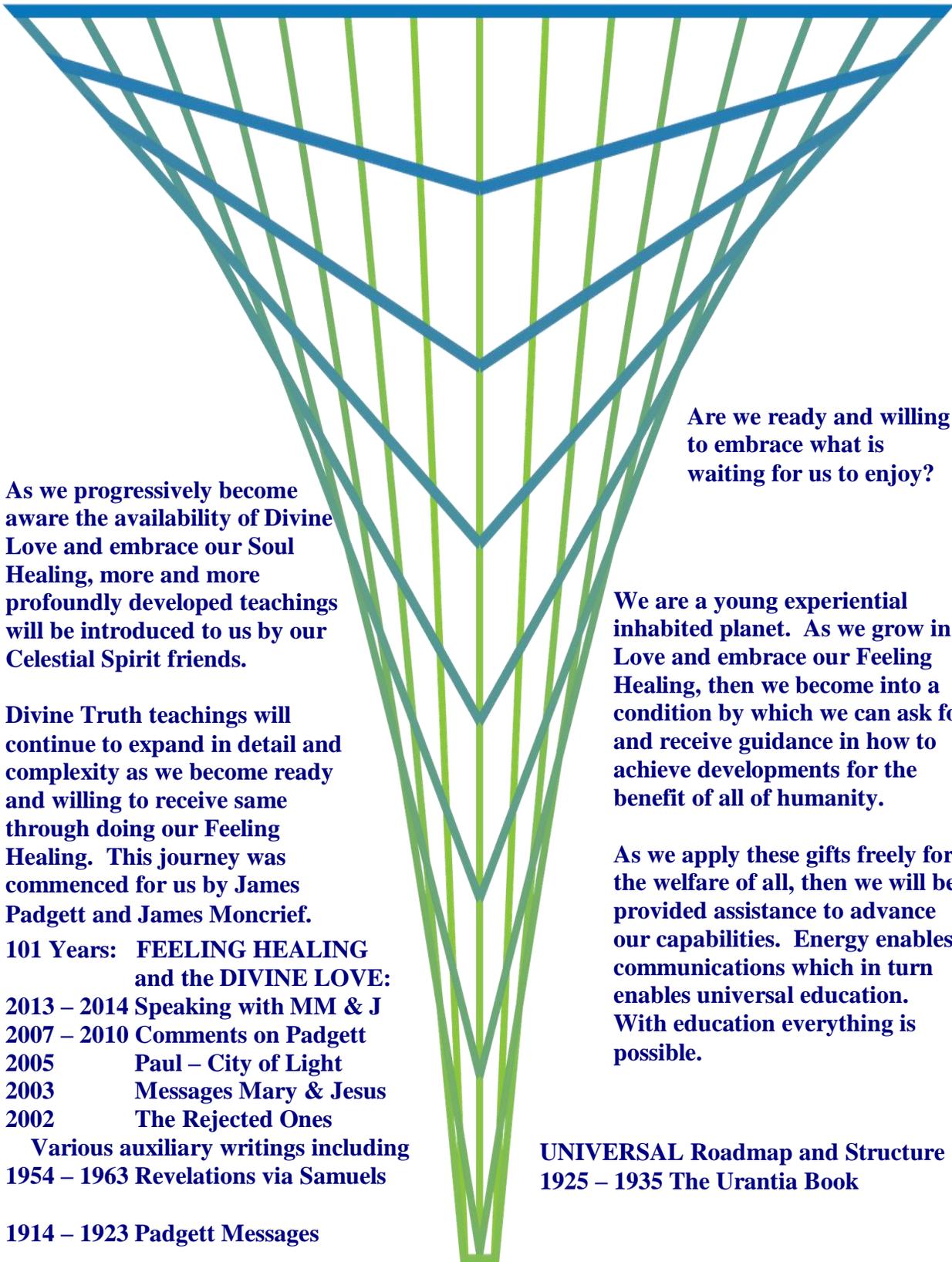
- Pascas Care Letters A Huge Upturn
- Pascas Care Letters Big Revelation
- Pascas Care Letters Feeling Healing Benefits Children
- Pascas Care Letters Feeling Healing Way
- Pascas Care Letters Little Children
- Pascas Care Letters Women's Liberation and Mother

**MEDICAL – EMOTIONS:**

- Pascas Care – Feeling Healing
- Pascas Care – Feeling Healing All is Within
- Pascas Care – Feeling Healing and Health
- Pascas Care – Feeling Healing and History
- Pascas Care – Feeling Healing and Parenting
- Pascas Care – Feeling Healing and Rebellion
- Pascas Care – Feeling Healing and Starting
- Pascas Care – Feeling Healing and Will
- Pascas Care – Feeling Healing Angel Assistance
- Pascas Care – Feeling Healing Being Unloved
- Pascas Care – Feeling Healing Child Control
- Pascas Care – Feeling Healing Childhood Repression
- Pascas Care – Feeling Healing End Times
- Pascas Care – Feeling Healing is Rebelling
- Pascas Care – Feeling Healing Live True
- Pascas Care – Feeling Healing Mary Speaks
- Pascas Care – Feeling Healing My Soul
- Pascas Care – Feeling Healing Perfect State
- Pascas Care – Feeling Healing Revelations X 2
- Pascas Care – Feeling Healing the Future
- Pascas Care – Feeling Healing Trust Yourself
- Pascas Care – Feeling Healing Versus Cult

**PASCAS  
PAPERS**

**DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:**



*People look for miracles to cure  
disease which is ONLY the  
removal of the effect  
of the emotion.*



SOUL  SPIRIT BODY  PHYSICAL BODY

The soul animates the spirit body and in turn the spirit body animates the physical body. The spirit body looks just like the physical body. These bodies are connected by cords. Your memory and intelligence as well as your emotions are within your soul which is your real self. Your mind is within your spirit body. Your brain is within your physical body.

<http://www.pascashealth.com/index.php/library.html>

## Library Downloads – Pascas Papers

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address. [info@pascashealth.com](mailto:info@pascashealth.com)

**Your soul is the real you!**

<b>Visibility:</b>	<b>Body</b>	–	limited sight of colour.
	<b>Spirit</b>	–	expanded visibility.
	<b>Soul</b>	–	complete spectrum of colour.



SOUL  SPIRIT BODY  PHYSICAL BODY  
PERSONALITY

Prayer: is emotional exchange with God.