

# PASCAS CARE

## Science of Knowing



“Peace And Spirit Creating Alternative Solutions”

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## PASCAS INTRODUCTION

Documents assembled by Pascas are provided for your individual assessment and exploration. The contents are sourced from a variety of avenues and publications. Every endeavour is made to determine that the contents are of the highest level of truth and veracity. At all times we ask that you go within yourself, to ascertain for yourself, how the contents resonate with you.

Pascas provides these notes and observations to assist us all in the development and growth of our own pathways and consciousness. Pascas does not hold these contents as dogma. Pascas is about looking within oneself. Much of what we are observing is new to us readers and thus, we consider that you will take on board that which resonates with you, investigate further those items of interest, and discard that which does not feel appropriate to you.

Kinesiological muscle testing, as developed by Dr David R Hawkins and quantified by his Map of Consciousness (MOC) table, has been used to ascertain the possible level of truth of documents. Such tested calibration levels appear within the document. We ask that you consider testing same for yourself. The technique and process is outlined within Pascas documents, such as Pascas Care – Energy Level of Food. From each person's perspective, results may vary somewhat. The calibration is offered as a guide only and just another tool to assist in considering the possibilities. As a contrast, consider using this technique to test the level of truth of your local daily newspaper.

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The sources of contents are noted throughout the document. In doing so, we acknowledge the importance of these sources and encourage our readers to consider further these sources. Should we have infringed upon a copyright pertaining to content, graphics and or pictures, we apologise. In such cases, we will endeavour to make the appropriate notations within the documents that we have assembled as a service via our not for profit arm, to our interested community.

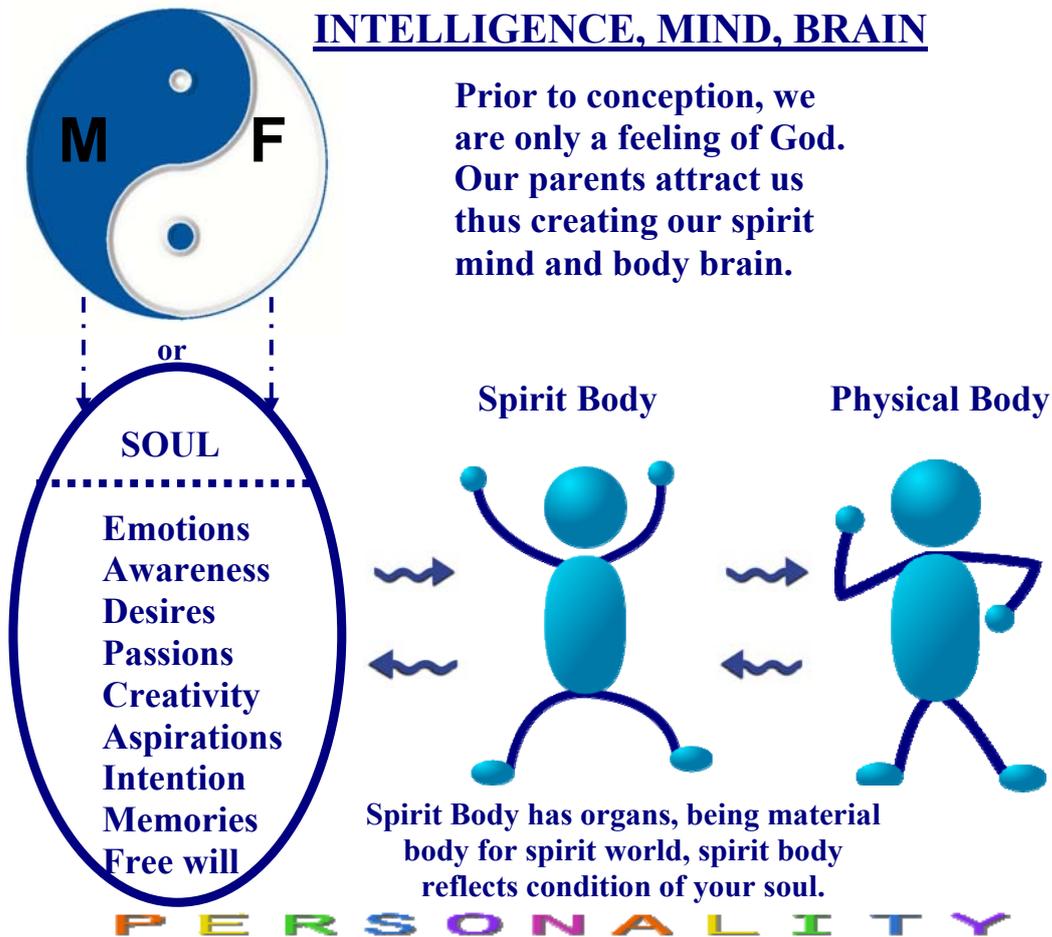
We offer all contents in love and with the fullness of grace, which is intended to flow to readers who join us upon this fascinating journey throughout this incredible changing era we are all experiencing.

Living Feelings First, *John.*



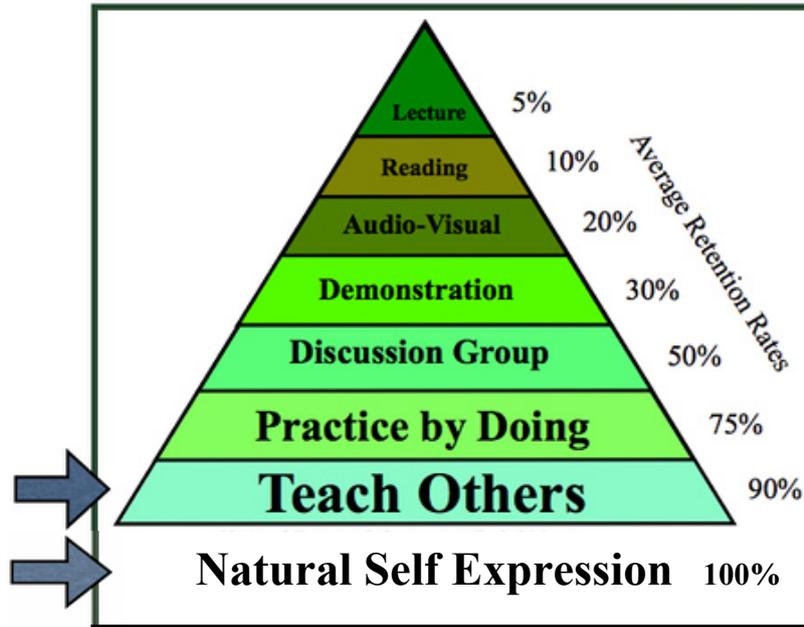
**The truth will set you free**

*“Never can one man do more for another man than by making it known of the availability of the Feeling Healing process and Divine Love.” JD*



Our Intelligence is Soul based. The capabilities of discernment, e.g. by kinesiology muscle testing, expands only with the growth of our Soul's intelligence. Upon conception, the creation of both our Spirit Body and Physical Body occurs, bringing forward our unaware Soul to start our journey. Upon death of the Body, the brain dissolves. The mind continues to grow in the Spirit Body until we progress through the 7<sup>th</sup> sphere into the 8<sup>th</sup> sphere at which point we are 'born again', one with God, entering the Celestial Realms, and the mind is no longer. Our soul intelligence grows as does our soul expands with the ever increasing infusion of Love from God.

### The Learning Pyramid

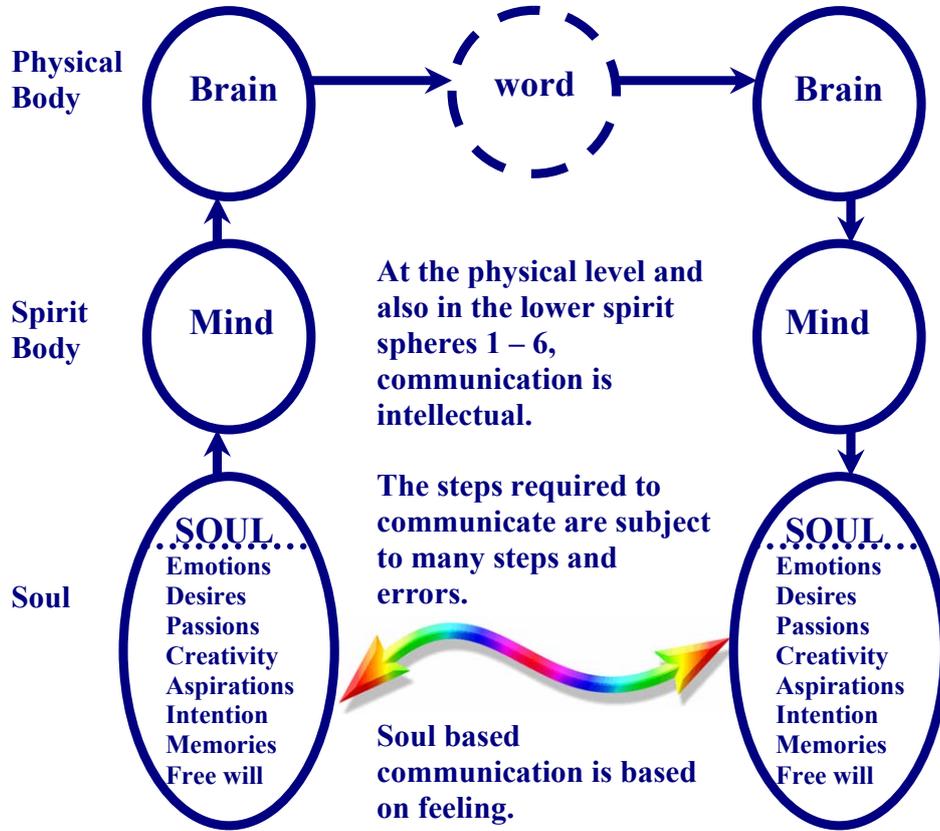


**Feelings first**

**LIVE FEELINGS FIRST**

**FEELINGS FIRST For Kids**

**COMMUNICATION at the PHYSICAL LEVEL**



**COMMUNICATION at the CELESTIAL LEVEL**



### ASSISTED COMMUNICATION with OTHER PHYSICAL PEOPLE:

Through one's soul, one communicates to one's indwelling spirit, who, in turn, is assisted by your angels to connect with the angels associated with the person who you desire to communicate with.



How one works with people carrying out conversations unbeknownst to them, is rather easy from a technical point of view. One's angels speak to the angels of the person involved, conveying what he/she wants to say. Their angels (or the angel active in the experience) 'commune' with the person's Indwelling Spirit, who then creates the reply with all the required information giving it to that person's angels, then those angels relay it back to you, the inquirer, angels who relay it to your Indwelling Spirit who inspires your mind to see and hear what is being 'said' or 'thought' or 'felt' by that person.



This is very unusual and is only permitted in very extenuating circumstances.

**YOU ARE A SPIRIT,  
YOU HAVE A SOUL,  
AND YOU LIVE IN A BODY.**



Around the age of 6, a segment of our Heavenly Parents' essence connects with our soul. This is our personalised Indwelling Spirit. Through our soul, one can communicate with and receive information from one's Indwelling Spirit. Should we proceed to engage in our Feeling Healing and also embrace our Mother and Father's Divine Love, then on completion of our healing, the Indwelling Spirit will fuse with our soul permanently. This event occurs upon the progression from the 7<sup>th</sup> Mansion World (Divine Love Healing World) equivalent to the 1<sup>st</sup> of the Celestial Heavens. The fusion with one's Indwelling Spirit results in a continuous connection with our Heavenly Parents.

Your soul enlivens your spirit body which, in turn, is the template for your physical body. Your soul is assisted and aided by your Indwelling Spirit as well as by your Angels who are soulmate pair.



**TRUTH  
Emotions**

**They each  
construct  
their own  
network.**

**ERROR  
Emotions**

**They each  
construct  
their own  
network.**

**SOUL ~ SPIRIT BODY ~ PHYSICAL BODY  
PERSONALITY**

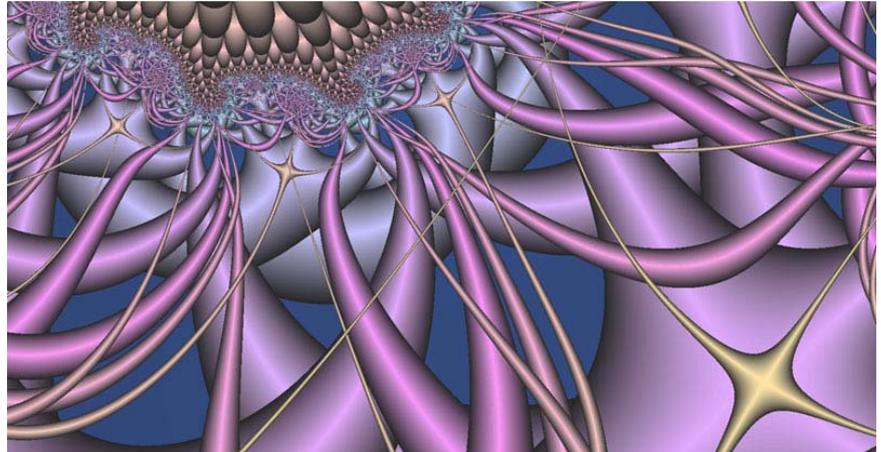
**The soul has pathways similar in construction to your brain. Your memories are stored in your soul, they are then reflected through your spirit body and then your physical body.**

**When an error enters your soul, it sets up a pathway for more error to enter your soul. And when truth enters your soul, it sets up a pathway for more truth to enter your soul. This is what happens to your soul physically.**

**The construction of the soul and brain is very similar. Picture your soul as this energetic pathway of all these connection points. Consider your soul like your brain where all these tiny networks are constructed of each other. Emotion is energy in motion. There are unimpeded pathways through the soul, in the same manner as the brain, for emotions to flow. We have pathways where only errors flow, being error constructed pathways. Similar pathways for truth are separate pathways.**

15 Nov 2009

**The soul has energetic pathways, synapses, in similar fashion as the brain, tiny networks all connected up with each other.**



**All error enters the soul emotionally, all truth enters the soul emotionally.**

**Pathways are sympathetic in error, emotion of truth won't flow when emotions of error creates blockage.**

**Errors create pathways for more errors to flow.**

**Connections allow emotional sympathy to flow. A typical core belief is that when you are bad, therefore punishment is to follow – parents punish. Thus what this means is that love justifies violence – that is error.**

**Further, only beliefs that I have are the ones I continue to accept. You get punished for bad and rewarded for good.**

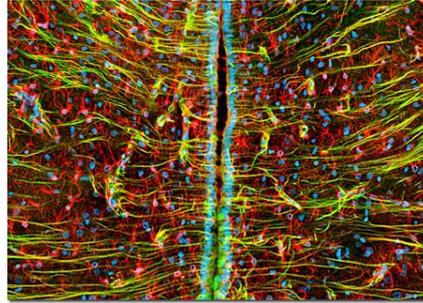


**The pathways, within our brain, these zig zag, synapse like structures are more receptive to error than truth. We need to feel our way through and release before truth will enter into us.**

**The pathways in the soul are for reception and storage.**

**Once a new belief is accepted, it becomes fixed even when it is an error.**

Recognise the relationship between belief, fear and emotion.  
Fear being false expectations appearing real.  
Emotion is energy in motion – e-motion.



All this error gets jumbled up.  
Error is easy to accept.  
Truth is hard to accept.

Truth has a difficult time entering due to the error pathways that we have within us. These are emotional pathways that do not allow us to look at the errors.

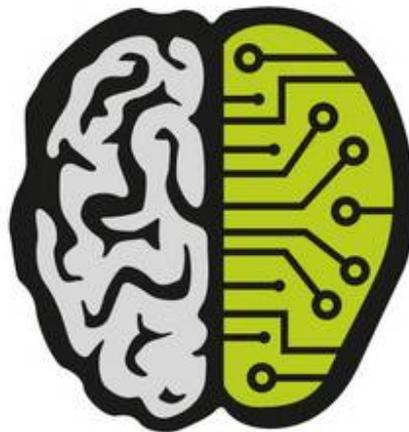
This has become constructed in our soul because error becomes truth in the soul.

Error is always painful at the core level and we are always trying to avoid the painful feeling of the painful core emotion and that is what allows these errors to be constructed.

If I allow all the emotions, including the painful ones, to pass through me, then let's see if I have the same belief.



Truth is always loving.  
Truth is always emotional.

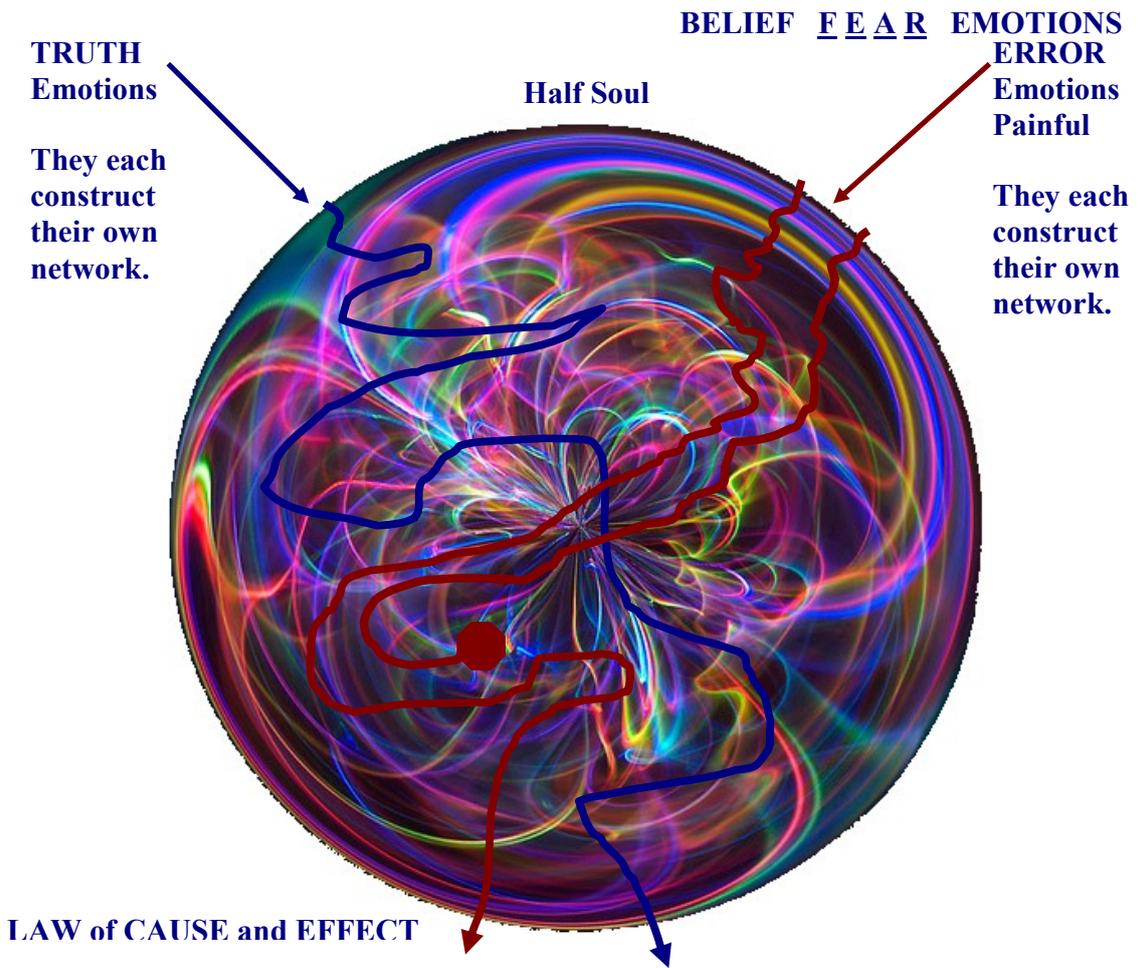


PASCAS  
HEALTH



Feeling  
Healing with  
Divine Love is  
the key!



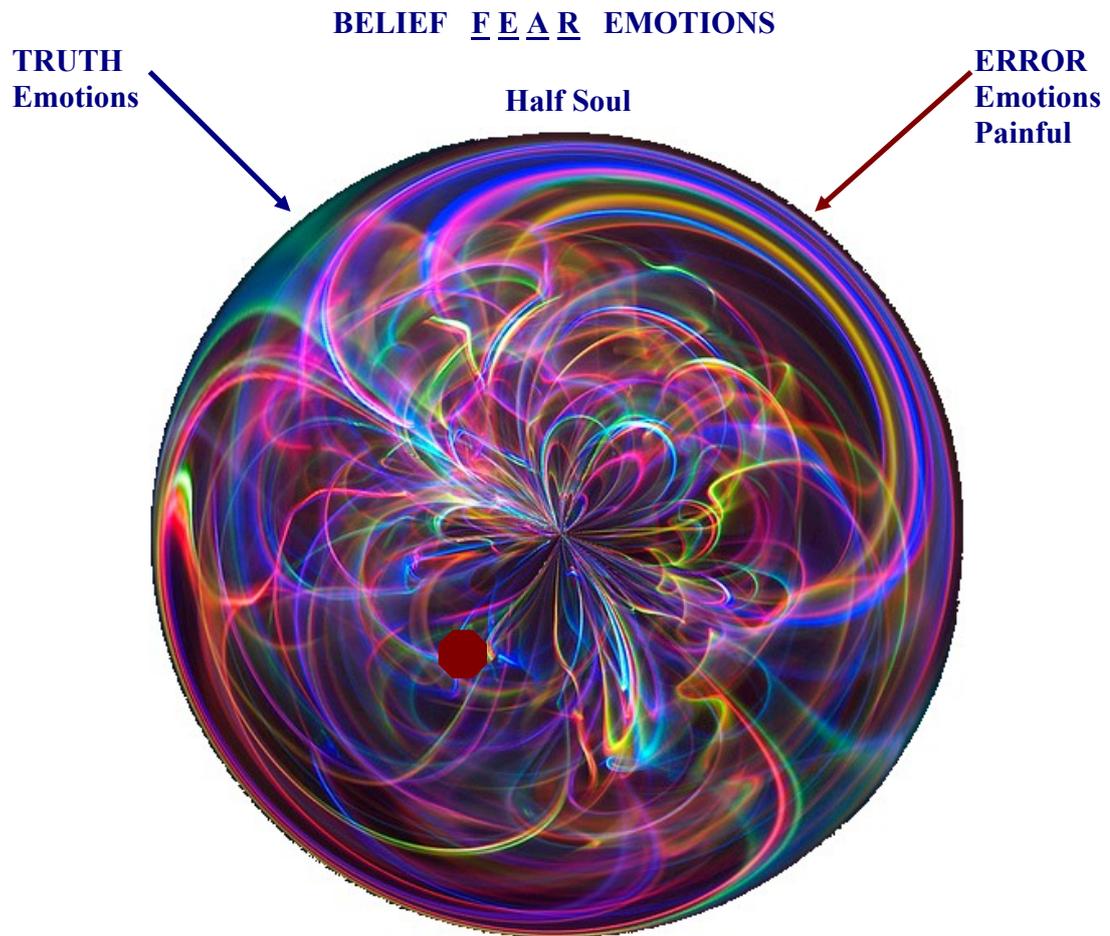


This construction, which has become constructed inside our soul, has been constructed because error has become truth inside of us. Error is always painful at the core level, and we are always trying to avoid the painful feeling of the painful core emotion, and that is what allows these errors to be constructed.

If I allow all of my emotions to pass through me, including the painful ones, then let us see if I have the same belief.

When we are willing to experience all emotions, we start generating these other pathways in our soul. Instead of being a mixed up, jumbled mess that is going on inside of us, there are these very simple and direct pathways that get constructed within our soul that are due to new beliefs, where the emotions can pass through without huge amounts of impedance within our soul.





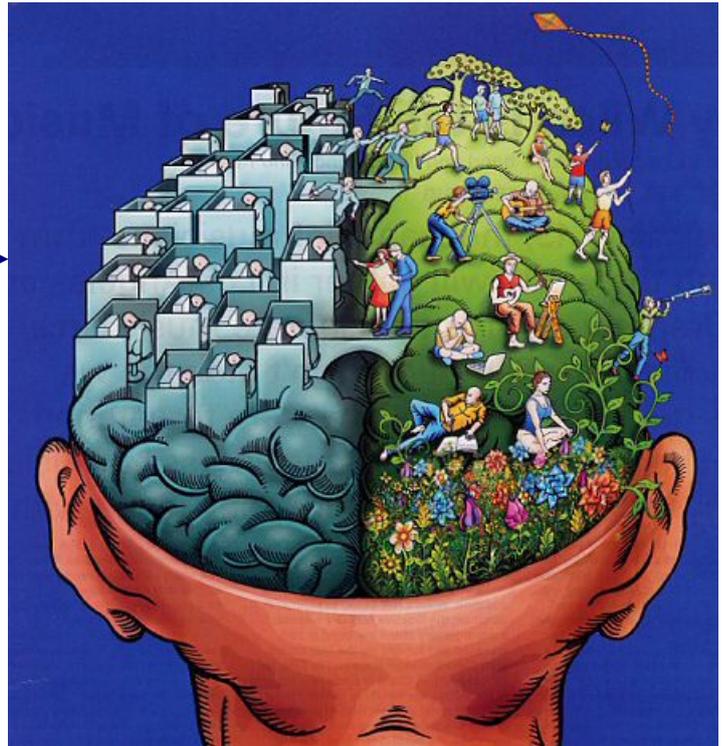
**It is the emotions that allow these false beliefs to enter.**

**What we want is to deconstruct the emotions that allow false beliefs to be attracted to me firstly, and then enter me so that they settle within me. Many of us struggle to get back to the emotion. One of the reasons is that the belief system was created to support the denial of the emotion.**

**We have to be honest about our belief systems, particularly if our belief systems are loving or unloving. How can we allow any belief system to enter our soul? Truth is always loving. If a belief system is loving in all of its aspects, it will be more harmonious with truth than belief systems that are unloving. The more love there is in the belief system, the more truth there must be in the belief system.**

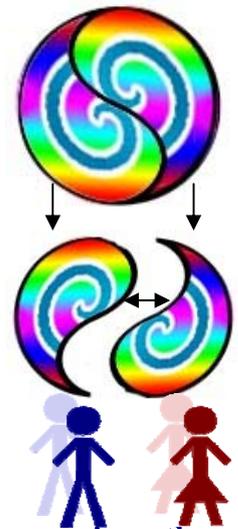
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# Personality



## SOUL PERSONALITY

Each soul, ever created, is unique. Just as each snowflake is unique. Every soul is unique from every other soul ever created. By referring to your soul, we are referring to your complete soul prior to its division into its two halves. Each soul expresses two absolutely unique personalities. Your soul then incarnates into two separate spiritual and physical bodies, one half into a male body and the other half into a female body, thus the personality is further distinguished by its male or female aspects. Your soul half, has a personality separate and distinct from every other soul. Your personality is bestowed complete by our Father and Mother. The soul expresses its two personalities into Creation. Your personality traverses your physical body, your spirit body, and your soul. At the time of death of the physical body, your personality continues on existing in your spirit body and soul.



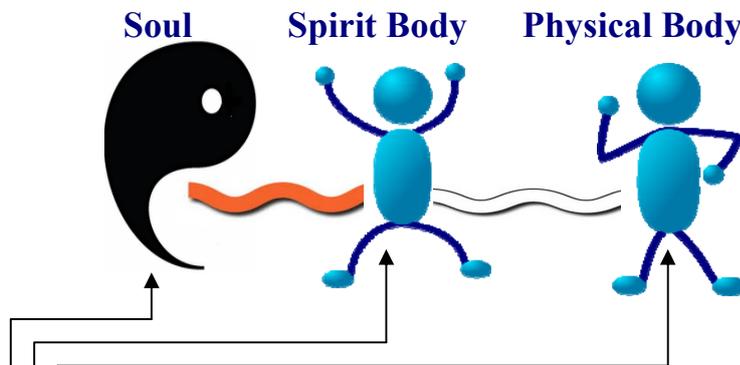
No matter where our two soul halves incarnate, they will be drawn back together again as they grow in love.

The individuality of each soul half is never lost as they grow in love and return together.



The real you is your soul, which remains connected through cords of light to your spirit body.

## HIERARCHY of HEALING SYSTEMS



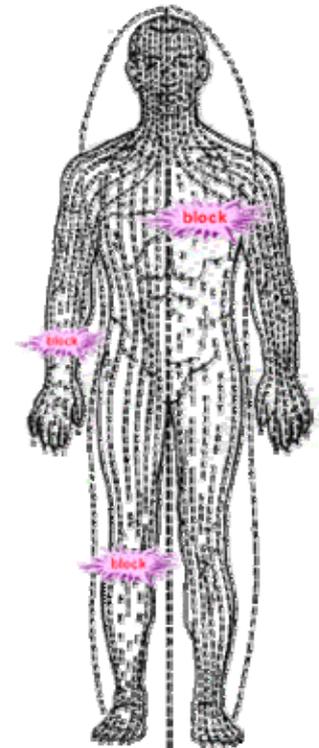
**ALLOPATHIC** – Western Medicine treats the symptoms, is highly regulated and costly as it is cost driven.

**ENERGY HEALING** – Eastern Therapies also treat the symptoms with the assistance from natural love spirits from the realms up to the 6<sup>th</sup> sphere.

Therapy applied to the spirit body by an energy therapist may work on the chakras, whereas a chiropractor works on the physical body. Such types of therapy deal with the effects and ignore the soul and the causes.

**EMOTIONAL PROCESSING and CLEARING** deals with the cause. Soul level clearing and growth provides permanent solutions whereas the other two systems provide temporary relief.

If you focus on the soul, that is the most powerful tool to improve yourself.



What you really want, you get!

Your soul condition defines what you really want.

Law of Attraction = God's messenger of truth to you.

## **FEELING HEALING and the EFFECTIVENESS of EMOTIONAL PROCESSING:**

Hi James and Nanna Beth (questions in blue by John)

Thursday, 13 July 2017

The question to address is:

What is different with the outlines of the Feeling Healing process as against the numerous other emotional processing methods?

Nanna Beth: The difference is the focus on the truth: uncovering the truth of yourself through your feelings – uncovering the truth of your feelings. It's a rebellion against the Truth, so if one doesn't want the truth, nothing will happen, one will only move deeper into one's rebellion against it. And because the focus is on the Truth, so one can use it all the way to uncover the Whole Truth of Oneself. And there is nothing else teaching that.

All the other systems that involve looking to feelings to some degree fail to understand the deeper significance of wanting the Truth. Many people uncover some truth of themselves through their feelings, but mostly they end the process because they don't want to follow it right the way through, which means they only want to heal some momentary pain, and once that is done, are usually happy to continue on in their untrue state.

And because one is wanting to uncover the whole truth of oneself, then it becomes a full spiritual experience, and one that can be done by oneself, so without needing help from another, although at times help is sought and used. So the Feeling Healing embraces Healing the whole seven Mansion Worlds worth of self- and feeling-denial, which is the complete Rebellion and Default. Other systems might only work at some aspect of it, limiting the ascent of truth through all the Mansion Worlds.

And basically no one understands the absolute depth of the problem within themselves, which is only borne out by people and spirits doing their whole Healing. Much of the current psychological understanding falls well short of understanding the depths that are involved because they don't include the overall problems brought about by the Rebellion and Default. You have to understand you are rebelling against yourself: the truth of yourself, and so against your own soul; which is then the truth of God, so the Mother and Father; and that also includes the truth of Mary and Jesus. So at some point you have to rectify all those relationships, which you can't do unless you understand the bigger spiritual picture. And so that's what James has revealed, taking all Marion has said, all the books offer, adding his own stuff, and putting it all together as a way of life, a spirituality that can be lived, and one that initially focuses on Healing oneself of all one's wrongness.

**Why have all other methods of releasing and delving into emotions not been successful?**

Nanna Beth: Because they don't understand the scope of the problem, as I said above. They are not approaching it from the point of view of understanding the nature of one's Repressed Childhood state, the extent of that; and then how one needs to allow oneself to feel all the bad feelings, not reject them; and then bring them out, which is the releasing of them; all whilst wanting to know the truth of them – the truth of what you are feeling. And that truth is what needs to come up within you so you can heal your will and become a truly functioning person, fully self-expressive, self-loving, and growing continually in truth.

All the other systems work within the control of the mind, so once the therapy ends, the mind regains control albeit in a different way. Only the Feeling Healing and Soul Healing with the Divine Love, seeks to entirely break the control of the mind over one's feelings.

#### Why haven't other methods been going deep enough?

Because people are basically afraid to push into such early childhood trauma without understanding where they are going or what it's all about. The leap of faith is too great, as it would mean they would have to rise above and conquer the Rebellion and Default within themselves, and that's simply too much to ask. The negative truth-denying systems within everyone are too deeply entrenched.

However the spiritual structure outlined by James provides a structure that allows you to deal with the Rebellion and Default, allowing you to maintain your faith, and evolve it, as you progress in your growth of truth – it gives one a picture to work with. Very few people, and possibly only Marion in fact, are able to press on into such dark depths without any structure and with only a faith that it's what she and God want to do.

I (Beth) couldn't have done it Marion's way John, I wouldn't have allowed myself to feel such pain, I needed to understand the bigger-picture reasons as to why I was in such pain, and be given the understanding that if I kept at it, one day it would end. Marion doesn't know it will end, she just keeps going one bad feeling at a time, which requires a tremendous amount of faith and over so many years and through so many inner obstacles; and still she doesn't know if it will end, but as she says, there is nothing else she can do other than keep going because she tried everything else. And she doesn't want to let her mind come in, only wanting to stay true to her feelings, so she doesn't want to know about the bigger picture even though she has worked it out along the way for herself and for James to understand which he's worked into his books.

So the spiritual aspect or approach James has provided, even if it's not actually talked about; the simplicity of honouring your feelings, and in particular your bad ones, then by accepting them you allow them to have their say, so you express them, all whilst longing for the truth, includes all one needs to know. And so by doing that, one will be able to fully Heal themselves working it out along the way for themselves; and even if they don't understand it, will be living the highest truest spiritual life one can live in one's wrongness, which in time will lead to one's Healing of one's rebellion and default.

On the surface of it, what James has related seems overly simple, but doing it yourself, and see what happens and what results; and that will take one deep into oneself uncovering the whole truth of oneself.

#### Many will consider that what they have been doing is adequate – why are they wrong in their understandings?

Nanna Beth: Because they don't understand what it's really all about. They don't understand the mind is in control of their true feelings, and that needs to be stopped. They don't understand the significance of their rebellion against the Truth, and how that happened by default. They don't understand that it's about uncovering the whole truth of yourself through your feelings, all your feelings, but focusing to begin with on your bad ones because they are what most people don't want to see. Everyone else sees it that they are doing this feeling type healing to make themselves better, to rid themselves of their pain and trauma, so instead of taking a pill to take the pain away, they are using some sort of emotional clearing system. But that is all still to take the pain away, to fix themselves, to heal themselves, to

effectively take a pill so it all goes away, just like what the ‘Divine Love people’ hope the Divine Love will do for them, but it’s not to uncover the whole truth of themselves. We have to see the truth of our pain, why we’re in it, how it all came about, so what really went on in all our early relationships. It’s not about doing anything that just takes all our suffering away. We have suffered for valid reasons, which all have to come to light. And so only emotional and feeling accepting systems will help one see such truth of one’s pain and suffering are of any worth. And unless you uncover the whole truth of yourself, you’ll never set yourself free of your rebellion and default, of all your soul pain. And the truth means to see the whole truth of why you feel unloved, how unloving your early relationships were, why you don’t love yourself, why you are unloving, why you are evil and wrong, which basically no one wants to face.

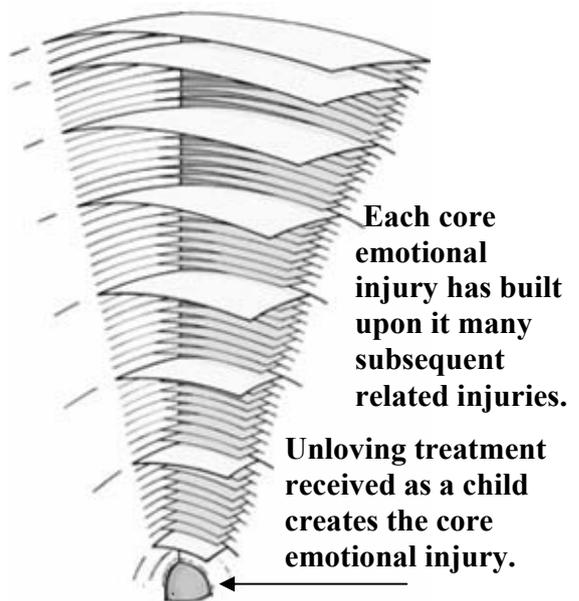
So to summarise: We all have to see the truth of our unlovingness. We can’t avoid it – deny it. We have to face it and feel all it makes us feel. And all those bad feelings lead us into the truth of it. So we have to understand – bring to light through our feelings – all the truth of our unloved, negative, evil, wrong state. And then once we’ve done that, we can be free of it. So until you uncover and feel the whole truth of it, it will never leave you, you’ll remain in rebellion against yourself, you’ll continue to be unloving.

Firstly, consider discovering the truth of your emotional pain and injuries through Feeling Healing.  
 Secondly, consider longing for our Heavenly Parents’ Love as you progress with your healing.  
 Primary and most important readings are the writings of James Moncrief.  
 Then consider the Padgett Messages, and then The Urantia Book.

**LONG to KNOW the TRUTH of EACH INITIAL CHILDHOOD EMOTIONAL INJURY:**

**All emotional processing work address only the top layers over the core childhood repressed injury. None of the modalities reach down to the mother injury, the core of the suppression, thus what relief from such processes is only superficial and at best temporary. Yes, they do identify the underlying cause of the pain and illness, thus this assists in addressing the physical health issues at hand. However, we need to go further, much further.**

**To heal oneself is to simply look to see what feelings we are refusing ourselves to feel, and accept them instead of denying them. And to fully accept them, we need to express them, speak about them, let them have their say, rather than pushing them aside, refusing to let them make you feel bad.**



**Admit you are feeling bad. Accept your bad feelings, identify what they are. Honour fully your bad feelings by expressing them, speaking about them to someone who is willing to hear you talk about them, or tell them out loud to our Heavenly Parents. Long for the truth of them. Long for the truth of why you feel bad – what deep within you is causing your bad feelings? We must always reach to the core issue, that which occurred during our Childhood.**

## The Science of Knowing

### Chapter Seventeen – Ramtha, The White Book



“You have the ability to know everything there is to know. That is what your brain was designed for, so that a god living on a physical plane in a physical body could experience and understand whatever dimension of god he desired, seen through three-dimensional forms.”

– Ramtha

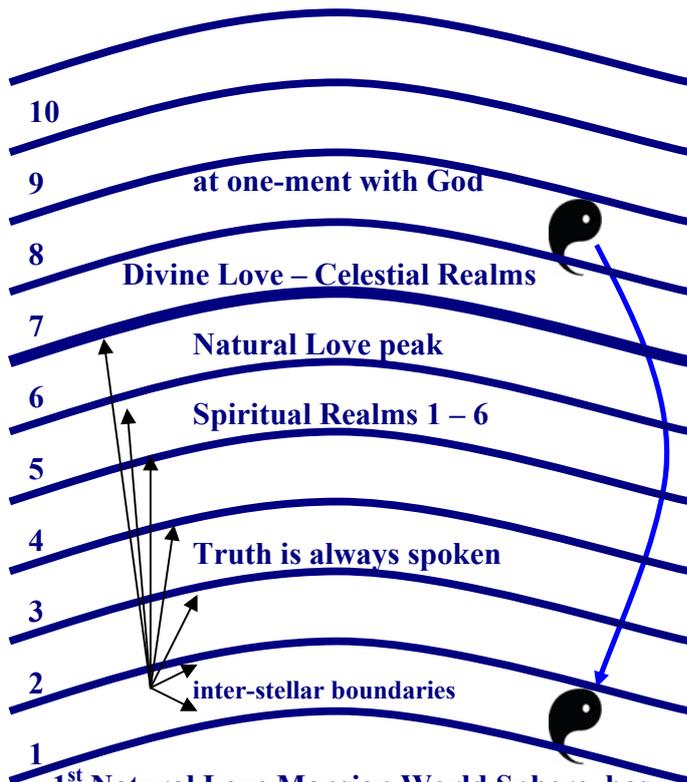
Note: It is common for those who follow the natural love path and progress into the 6<sup>th</sup> sphere mind Mansion World (dimension / sphere) for them to believe that they have attained the level of being god. That is not the case. Progress on the natural love path is based significantly on intellectual development and self reliance. It is known that progress can be made all the way to Isle of Paradise by embracing our Heavenly Mother and Father’s Divine Love, and under going the Feeling Healing process, which is becoming God reliant and feeling orientated, not self reliant (intellect – mind dominated) as for natural love path. As our soul condition improves, so does our capability to feel and comprehend truth.

As one’s level of love grows, being soul condition, then the level of light around one’s self also grows. Growth in love and light elevates one’s own intelligence automatically.

Humanity overall is currently averaging around the level of love and soul condition of the middle level of the 1<sup>st</sup> sphere Mansion World (dimension). Thus, you can consider that we all have much to achieve in growth. As our individual soul condition improves, the light within our plane increases due to our progress up through the planes and eventually, up through the spheres.

**SPHERES: 1-6 Kingdom of Man, Domain of Natural Love; 8 to infinity Kingdom of God. Domain of Celestial Sprits**

Celestial Realms spheres 8 and higher.



Spirits from the 8<sup>th</sup> sphere can visit spirits in lower spheres, but not the other way round.



Summerland is a most beautiful child nursery.



The hells, 2 Planes of Disharmony, are unimaginable places of darkness.

**1<sup>st</sup> SPHERE ASPECTS:**  
**Summerland, etc, nurseries**



**Summerland, etc., are beautiful regions of 1<sup>st</sup> sphere.**

**Summerland, etc, are within the highest planes of the 1<sup>st</sup> Mansion World / sphere.**

**There are 1,000s of plains in the 1<sup>st</sup> sphere.**



**Ambience of mid range plains of the 1<sup>st</sup> sphere is where the majority of humanity pass into.**



**2 Planes of Disharmony / Earth:**  
**The hells are unimaginable places of darkness.**  
**Consider you are stuck at the end of the deepest longest mine ever, on your own, without any lights!**





**SPHERES of PARADISE**

**INFINITE and UNIVERSAL SPHERES**

**ETERNAL SPHERES**

**CELESTIAL HEAVENS**

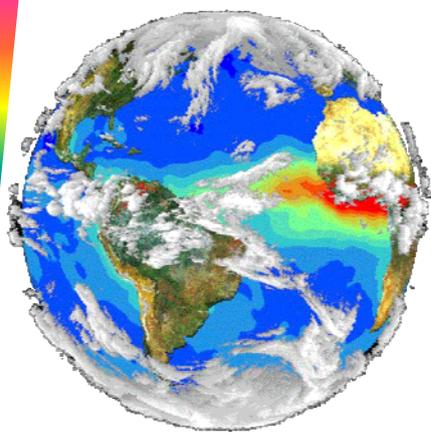
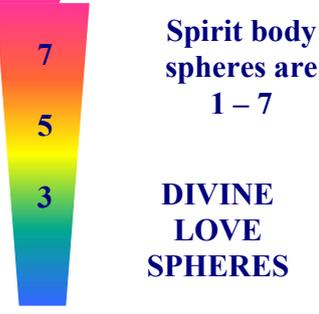
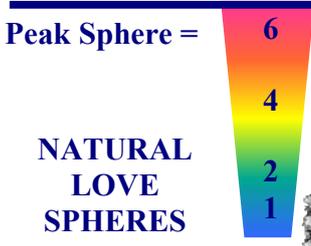
**Soul spheres are not numbered.**

**Soul spheres are to:**



**The New Birth = Become at one with God: sphere 8**

**Spirit body spheres are 1 – 7**



**Earth sphere is for the physical body.**

**Ramtha speaking:           The Science of Knowing**

P. 225 Ramtha, The White Book

There are many upon your blessed planes who are struggling arduously to be enlightened, as it were, a most worthwhile thing to be. Yet there are few who truly understand what that term means. To be enlightened simply means to be in light of, to have knowledge of, and to have knowledge available to you so that you can apply it however you choose.

How do you become enlightened? Not by being anointed. The only way you become enlightened is by allowing thought to enter into your thought processes, embracing it into emotion, and experiencing it into wisdom.

Why is knowledge important? It is your grandest treasure, for when all else has been taken from you, what has not been taken from you and never can be is the knowledge that gives you the ability to create again. When you have knowledge, you have freedom; you have options. When you have knowledge, you can build kingdoms unlimited. When you have knowledge, there is nothing to fear, for then there is no thing, no element, no principality, no understanding that can ever threaten or enslave or intimidate you. When fear is given knowledge, it is called enlightenment.

Knowledge allows your mind to reason and contemplate beyond what you already know. It permits you to see further into the knowingness of all things that are and to grow in your capacity to receive even greater knowledge. Knowledge urges you to expand yourself, to seek an ever-broadening identity, to become. In that, it takes you from the boundaries of a limited life into a more unlimited expanse. Through knowledge and the adventure into learning, you become heightened in simplicity, and in that simplicity you will find peace in being and the joy of life.

Now I wish to give you an understanding of the science of knowing, how you have the ability to know all things. Why is that important? Because whatever you know, you will become. And when you learn how to know all things that are, you become all that is – completely: unlimited knowingness, unlimited life, the totality of thought. And in that you are, once again, the unlimited freedom and joy of being.

To understand how you can know all that is, you must first understand that not only does everything exist from thought, which is the mind of God, but everything emanates the thought of its being back to the mind of God.

Everything has a light-field surrounding it. There is nothing that exists that is not surrounded by a corona of light, for that holds the image of thought and creates the ideal into the form called matter.

Every star system, every particum of dust, every entity seen and unseen from this and all other universes, emanates the thought of its being into the mind of God, for that is where it came from. Everything emanates back to thought. That is how everything is known.

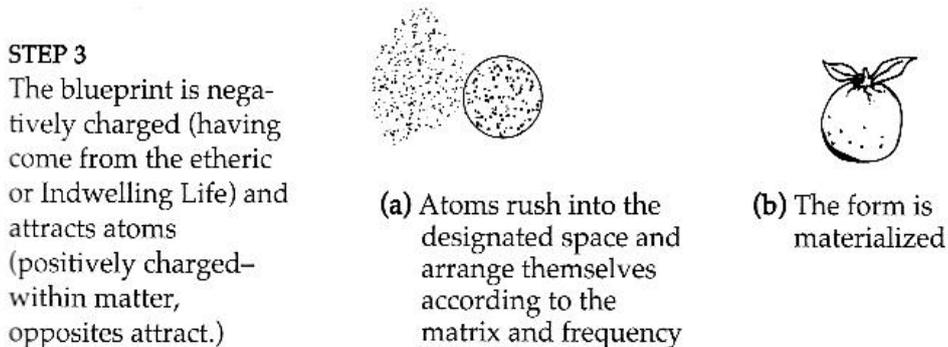
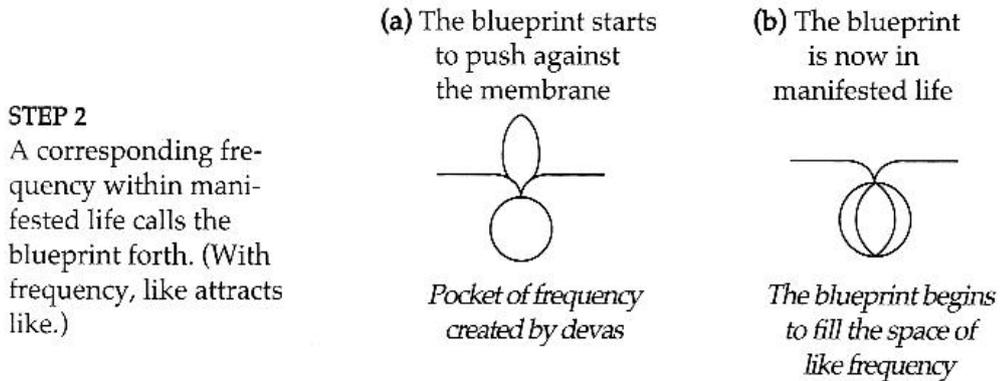
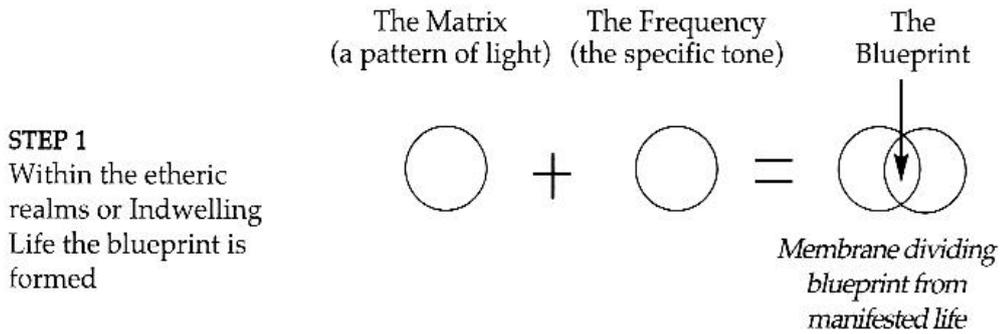
How do you have the ability to know all there is to know? Your physical body is surrounded by a wonderful light-field called the aura or auric field. The aura is the light-field that surrounds and holds together the matter of your embodiment. Through the means of Kirlian photography, your scientists have already photographed the first coronal field of the aura. Yet there are still greater

electromagnetic fields that surround your body, for the aura extends from the density of electricity – the blue corona surrounds the body – into the infiniteness of thought.

## How Matter is Formed

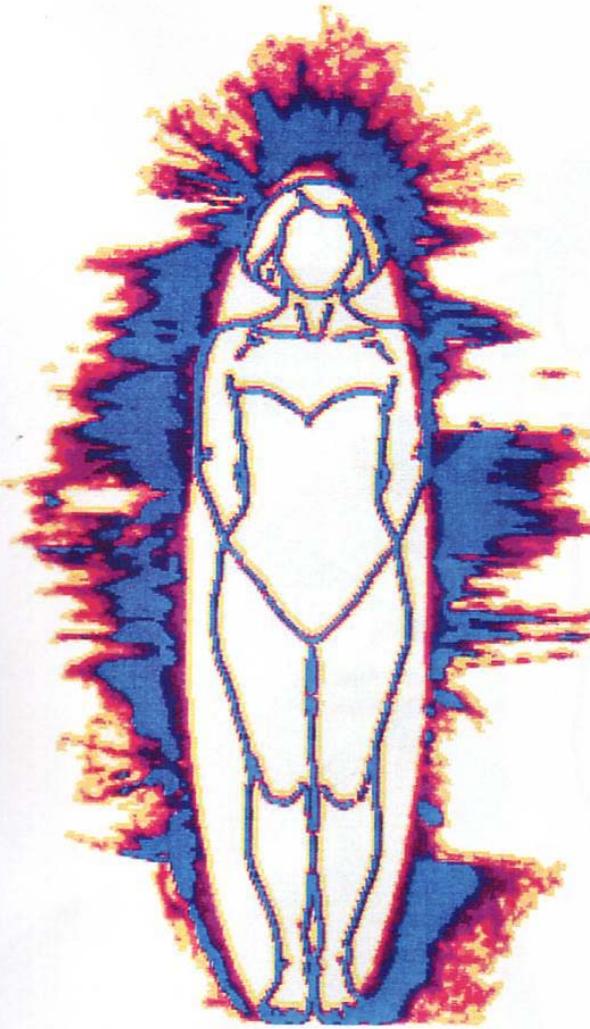
Diagram by Almine

(This is an indicative outline of the possible process.)

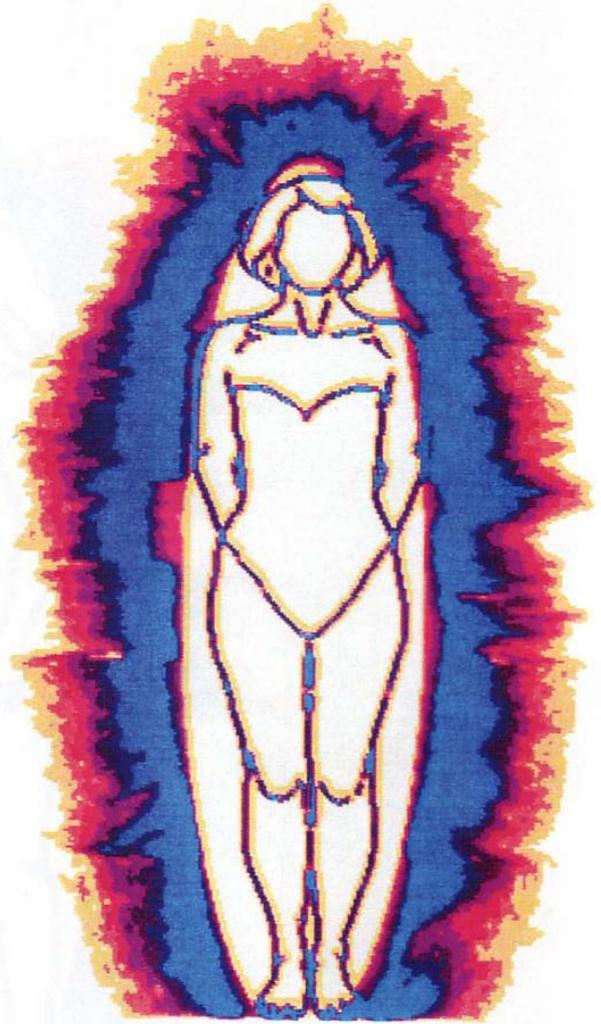


# PHOTOS TAKEN OF THE HUMAN ENERGY FIELD OF PATIENTS OF ALMINE

Kirlian photography



**Subject 1 Before**



**Subject 1 After**

Please note the 'before shots' as compared to the 'after shots', which were taken at the conclusion of a 12-minute healing session with Almine



**Note:**

The first layer of our auric field is often seen as a shadow line around our physical body. The auric field can be seen by some using their broad vision.

This body, the etheric body, is the outline of your spirit body.

Your soul animates your spirit body, and in turn, your spirit body animates your physical body.

When the spirit body disconnects from the physical body, by breaking the silver connecting cords, the physical body can no longer live. The spirit body continues to live and you continue to experience life through the spirit body which looks just like the physical body.

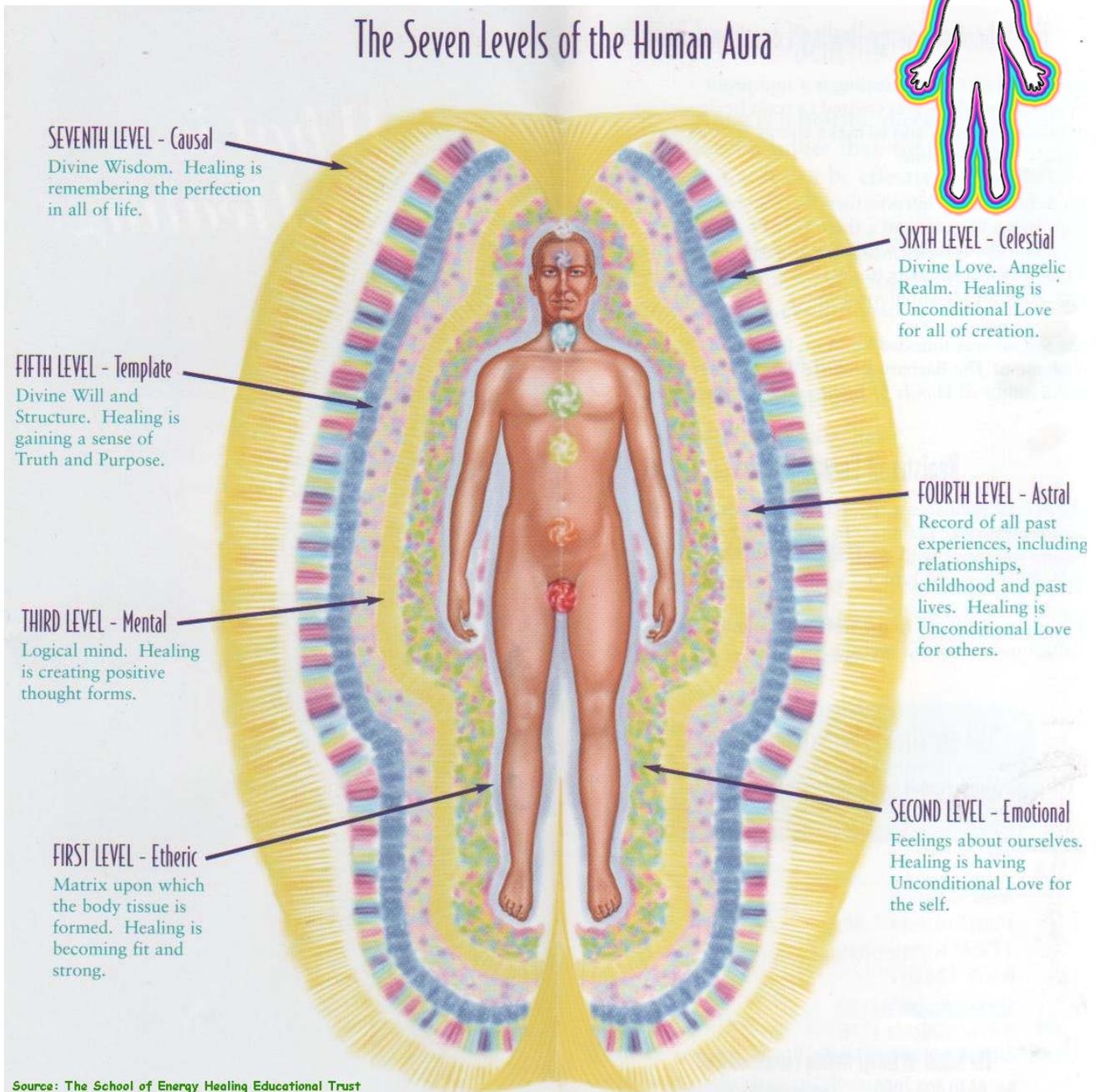
Energy healing relates to health carers working on the energy lines – meridian lines and chakras – which are within the spirit body as outlined by auric etheric body.

Emotional errors within the soul appear in the spirit body as fissures and blemishes. These same manifestations in the spirit body slowly emerge in the physical body as illnesses in the same locations as the fissures and blemishes in the spirit body. Thus, behind every illness is an emotional error or a set of emotional errors.

One's natural intelligence grows as one's soul condition grows.

**All forms of energy give off colours. The spirit body gives off an aura, or a group of colours. If the spirit body is in a poor condition, it will not give off a strong aura, or its aura will be damaged in some way, there will be holes in it. A person who can see an aura will see these different shapes and colours inside the spirit form.**

**That is not the spirit body itself. The spirit body has organs, it is like your body, it is in a different dimensional space. Sometimes you will notice your spirit body operating. The spirit body has a heart – your spirit body's heart beats at a high velocity.**



The aura is the outline of the Spirit of your being. The Spirit of your being houses your mind – connects directly via golden cords to your soul which houses your memory and intelligence.

One part of the aura is a powerful electromagnetic field of positive and negative electrom. Beyond the electromagnetic field, there are no divisions to the electrom. It is an undivided light sphere, which is pure energy. The light sphere allows all thought from the river of knowingness to flow through this great and powerful field. Which thoughts become known to you are determined by your thought processes, for the electromagnetic portion of your aura draws thought to you according to your thinking.

Your Spirit is like a sieve on the bank of the ever-moving, ever-changing river of thought. Through that light you stand in receivership of the mind of God, the thought flow where all knowledge is. Thus you have the ability to know all there is to know, for you are in the continuous flow of all consciousness, the river of all knowledge.

Consciousness is like a river, and your whole self – including every cell of your body – is continuously fed by it, for thought supports and gives credence to your life. You live by thought from consciousness flow. Just as your body lives by the flow of blood that carries the substance of food to every cell, so is your whole self being sustained through the substance of thought emanating from the flow of consciousness.

You create every moment of your existence with thought that comes from consciousness flow. You are continuously taking thought from the river of thought, feeling it in your soul, feeding and expanding your entire being through that emotion, and putting the thought of your expanded self back out into the river, which expands the consciousness of all life. You may contemplate a thought of creativity this day, and as you do, the thought is felt, recorded in your soul as an electrical frequency, and that same frequency leaves your body and goes out into consciousness for someone else to pick up and create from. What you think and feel, everyone else has access to. They feed from your thoughts and you feed from theirs.

(Note: Many inventions have arrived on various parts of the planet at the same time even though there has been no connection between the individual inventors preceding or during these events. Those inventors with similar emotional structures are more likely to pick up on the thoughts of others with similar emotions and passions. This also includes spirit people within the spiritual realms / spheres.)

Consciousness consists of all thoughts emanating from all entities and all things. The thoughts that make up consciousness are of different electrical frequencies. Some are very low or slow frequency thoughts, those which predominate here in social consciousness. Others are higher frequency thoughts, the more unlimited thoughts of super consciousness. Consciousness is the sum of all the different frequency values of thought, with each thought value attracting like values from everywhere.

Social consciousness is a density of electrical thought frequencies, yet one that is lighter than air. The density of social consciousness is constituted of expressed thought, thought that has been expressed through emotion by every entity; that is, it is made up of realized thought, thought that each entity has already taken in, felt in the soul, and distributed through the auric field back into the river of thought for everyone else to feed from.

The thoughts upon which your plane thrives are the limited, low frequency thoughts of social consciousness. (This is clearly reflected by our daily news papers and television programs.) Those thoughts are very restrictive, very judgemental, very harsh, because your lives are governed by attitudes related to survival and the fear of death, whether it is the death of the embodiment or the death of the ego. Thus your consciousness is occupied with thoughts of food, shelter, labour, gold; with judgements of proper and improper, good and bad; with fashion, beauty, acceptance, comparison, age, disease and death. These low frequency thoughts easily come through your auric field because they predominate in the thinking of those around you. So you are continuously being fed by limited

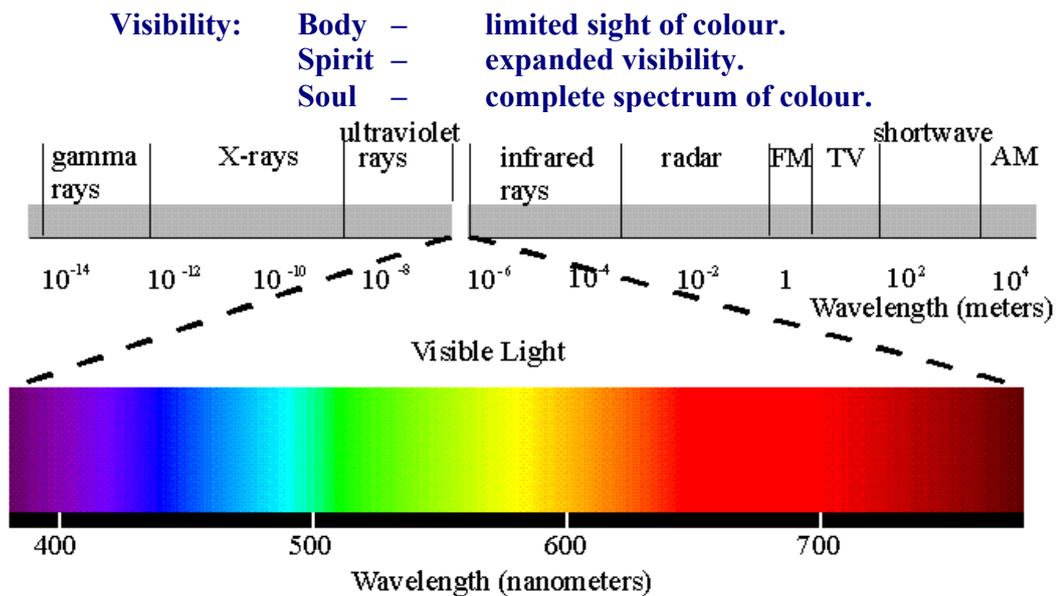
thoughts from a very restrictive, stagnated consciousness. And as you allow these thoughts to feed you, you put the feeling of them back out to regenerate the limited thinking of man.

The consciousness in your great cities is particularly limited because most of those who live there are very competitive, very time and fashion-oriented, and very fearful and un-accepting of one another. Thus all of your great cities are enveloped by a thick density of consciousness. What those who come here from other universes see when they look upon your cities is a dense network of multicoloured lights, low frequency thoughts of a very limited consciousness displayed as a light-field.

The higher frequency thoughts of super consciousness are those of Isness, being, life, harmony, oneness, ongoingness. They are the thoughts of love. They are the thoughts of joy. They are the thoughts of genius. They are the unlimited thoughts that are, in truth, beyond expression even through these words, for the feelings from unlimited thoughts go beyond words of description.

The higher frequency thoughts can be more easily experienced in the consciousness of the wilderness away from the stagnated thinking of man, because there life is simple, timeless, ongoing, and in complete harmony with itself. There, away from the judgement of man, you can hear the heartbeat of your own knowingness.

How do you have the ability to pick up thought from consciousness flow? The electromagnetic portion of your aura draws thought to you according to your thought processes and your emotional state of being. In order for thought to feed you – in order for it to be felt and realised within your being – it first must be lowered into a light-form. Once thought meets the Spirit of your being, the light surrounding your body, it explodes into a burst of light; that is, thought ignites itself once it meets light. Light lowers the substance of thought; thus light has drawn like to it. Thought is unseen and then seen through a burst of light. The thought, in the form of light, enters your brain and is transmuted into an electrical light propellant of a given frequency, according to the value of the thought being received.



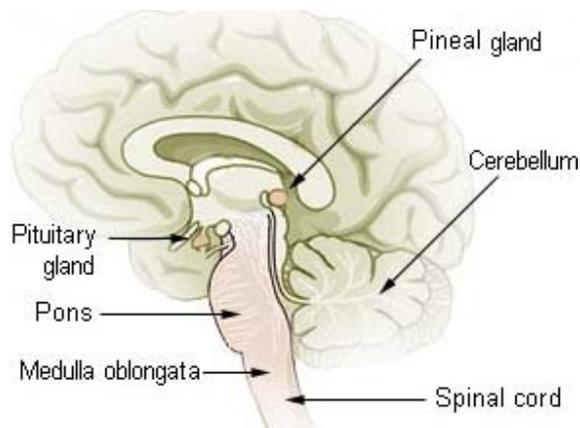
The moment you become aware of any one thing, you are receiving the thought of it. At the moment you are receiving the thought, the light of that thought is received by your brain. There are entities (people) who occasionally see bursts of light, usually out of the side of their eyes (broad vision). What they are seeing in most instances is their own Spirit's acceptance of thought. The very moment they see the light before them in brilliant display is the moment that thought has entered into their auric field and displayed itself within their brain. If you close your eyes and see the movement of colour or the expansion of designs, you are perceiving what thought looks like entering into your brain.

Your brain is a grand receiver of electrical thought frequencies, with different parts designed to receive, house, and amplify the different frequencies of thought. The different parts have different potentials to house and electrify thought, depending upon the density of water in its cellular walls. Some parts are capable of housing and amplifying only the higher thought frequencies; other parts house and amplify only the lower frequencies of thought.

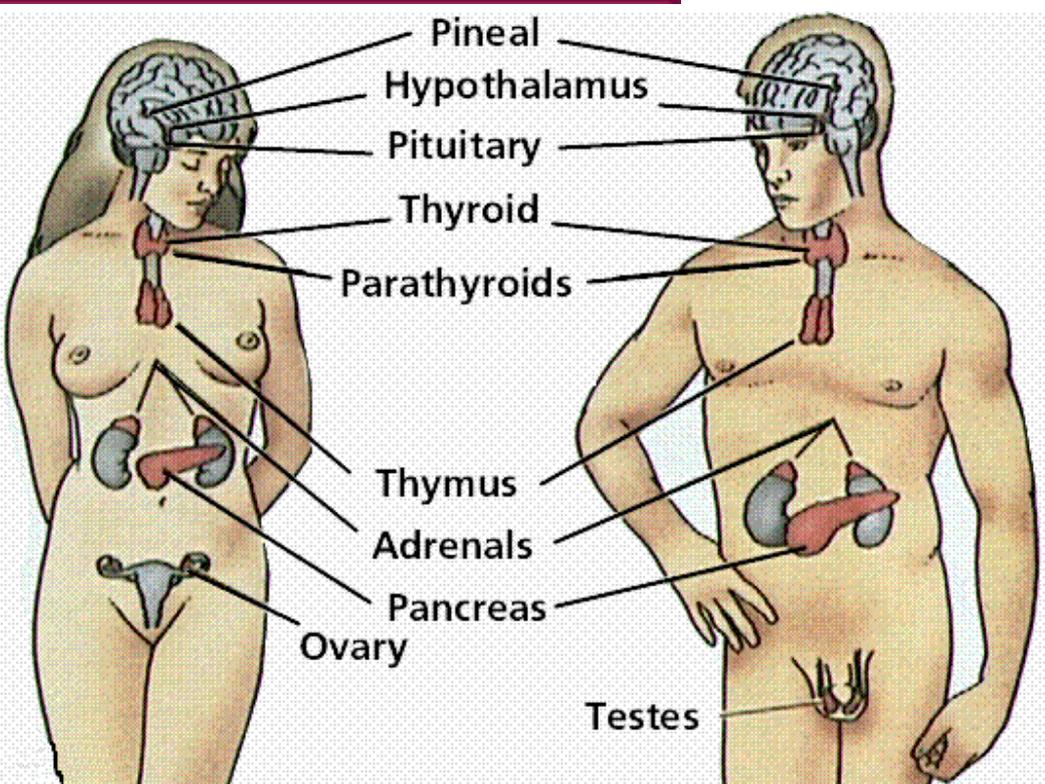
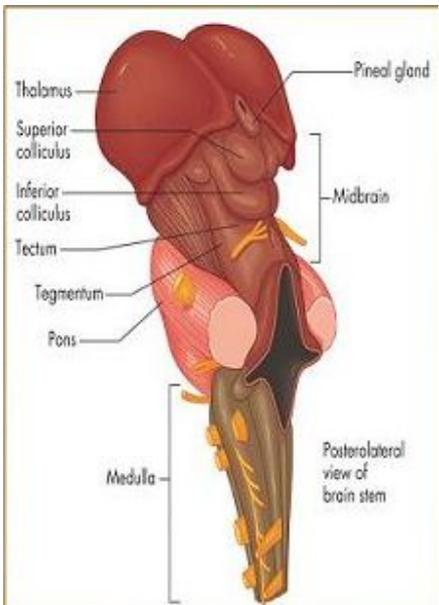
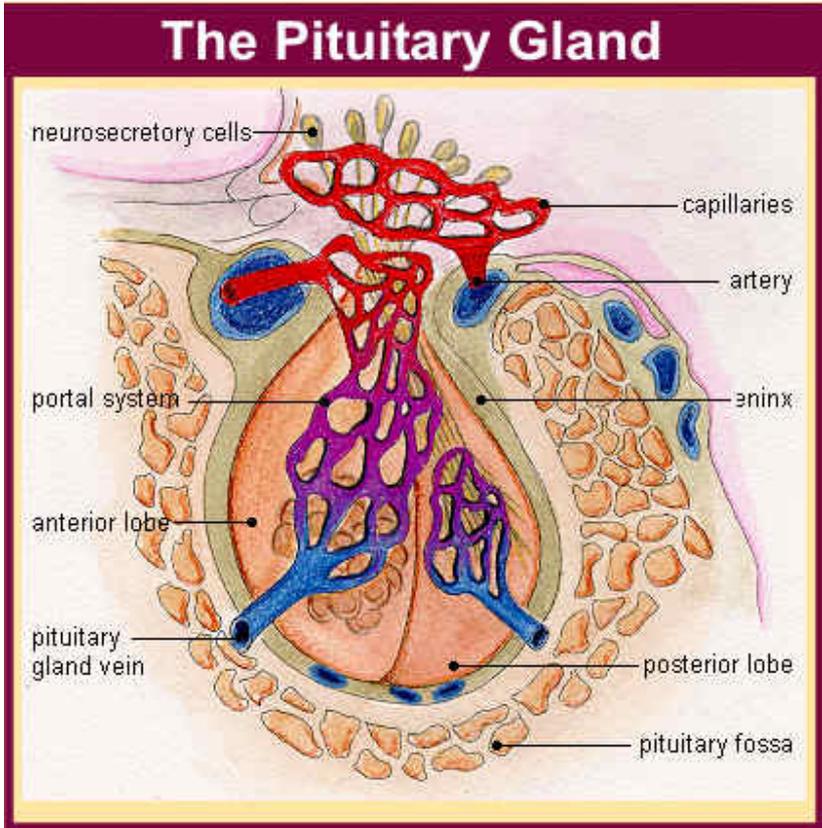
Your brain does not create thought, contrary to popular belief. It simply allows thought to enter into it from consciousness flow. It is an organ designed by God specifically for the purpose of receiving and housing thought that has come through the Spirit of your being, transforming it into an electrical current, amplifying it, and sending it through the central nervous system to every part of your body so that it can be realized for an understanding.

(Note: Natural love spirits mainly consider the spirit body is the soul. A natural love spirit does not progress beyond the 6<sup>th</sup> sphere in development. It is only upon achieving entrance to the 8<sup>th</sup> sphere, in a Divine Love state, that we start to perceive and 'see' the soul, the real you. From the 8<sup>th</sup> sphere and upwards we can see the soul. The soul continues to animate the spirit body in these higher spheres. You can at all times visit lower spheres, hence the need for your spirit body, however, you cannot visit a higher sphere than the one that you have developed to. Thought is conveyed soul to soul, from the soul it is relayed to the spirit mind, and then to the physical body's brain.)

In your technology, you have what is termed radio receivers with gauges to determine sound volume and which megahertz or frequency level is received. Well, the brain is also a receiver with gauges, and it can receive a given frequency only if the part of your brain designed to house that frequency has been activated.



Your brain's ability to receive different thought frequencies is controlled by a powerful gauge called the pituitary gland, which is lodged between the left and right hemispheres of your brain. The pituitary, also called the seventh seal, rules your brain. It is responsible for activating different parts of your brain to receive and house the different thought frequencies. It is the door that opens your capacity to contemplate and reason with thought, realise it throughout your body, and manifest it into an experience for greater understanding.



The pituitary is a very small but very wonderful little gland that many call the third eye. Well, one does not have a third eye; there is no room for it in your head. The pituitary doesn't even look like an eye; it looks like a pear with a little mouth at the narrow point, and it appears to be petal like. Your brain is governed and controlled by the functions of this powerful gland through a complex system of hormone flows. The pituitary, which is a ductless gland, secretes a hormone that flows through the brain into the mouth of the pineal, another ductless gland, which sits near the pituitary at the base of the lower cerebellum and above the spinal column. The pineal, or sixth seal, is the gauge responsible for amplifying thought frequencies so they can be sent throughout the body. The hormone flow from the pituitary into the pineal is what activates different parts of your brain to receive and house the different thought frequencies.

The functions of the body are maintained in a harmony through the flow of hormones coming from ductless glands and issuing into the blood supply. The pineal is responsible for maintaining that harmony. The flow of hormones from the pineal activates all the other glands to secrete their hormones in harmony with each other, thus creating what is termed hormone balance. The level of that balance is determined by the collective thought frequencies being received by the pineal system. The higher the thought frequencies, the greater the hormone flow throughout the embodiment. Also, the greater the frequencies, the more the pineal activates the pituitary to secrete its hormone flow, which activates the brain to receive even higher thought frequencies.

How is thought from consciousness flow realised within your being? When thought comes through your aura, the aura does not define it, meaning it does not judge or alter the thought; it lets it come forth unlimited. When thought propellants reach the brain, they travel first to the upper left hemisphere of the cerebrum, where the intellect or reasoning functions reside and the altered ego is expressed.

Now what is the altered ego? It is the understanding gained from the human experience that is stored in the soul and articulated through the mind within the spirit body and then to the reasoning portions of the brain. It is the collective attitudes of man living merely as a surviving creature, living in the shadow of social consciousness. And that collective view will refuse to accept any thought frequency that does not fit within its security, that does not help to insure the survival of the entity. The altered ego is the refusal to allow all thoughts to be received and entertained for a greater realisation within the embodiment.

Each thought frequency that the altered ego allows to flow into the brain is transferred into an electrical current and sent to that portion of the brain that has been activated by the pituitary to house that frequency. That portion of the brain then amplifies the current and sends it to the pineal system.

The pineal system governs your central nervous system. It collects each frequency of thought given to it, further amplifies it, and propels it through the central nervous system, which runs through the spinal column as a highway of electrical thought. The electrical current coming from the pineal system flows through the fluid of the central nervous system – which is water – down through the spine and then through every nerve to every cell of your body.

Now every cell in your body is fed through the blood supply with gas derived from the action of enzymes on food intake. When the electrical current from the thought enters into the cellular structures, it enters as a spark of light. The spark ignites the cell, causing the gas to expand, which allows the cell to duplicate itself in what is called a cloning process, allows it to create another cell and to regenerate

itself. Thus the whole of the body is fed through that one singular thought. That is how life is substantiated within the molecular structures of the embodiment, through the effects of all the thoughts that you allow yourself to receive every moment of your existence.



Note: God's energy is continually issuing forth from the centre of the universe, from the central black hole, sustaining life throughout the universe. There are various forms of energy issuing.

As thought continuously feeds every cell of your body, your entire body responds to its electrical impulse – your entire body. Thus the effect of thought, experienced throughout every cell creates a feeling, a sensation, an emotion, or what is termed a rush within the body. That feeling is then sent to your soul to be recorded there.

Your soul is a grand recorder, an unbiased computer which records very scientifically every emotion felt within your embodiment. When you feel emotional, you are feeling a thought that has bombarded the light structure of your being, has been accepted through your brain, and has been sent throughout the central nervous system to produce a sensation in every cell of your body. The soul then records that sensation as an emotion for the purpose of referral, what is termed memory.

Memory does not have size; it is an essence. Memory is not a visual accounting; it is an emotional accounting. It is emotion that creates the visual image. The soul does not record pictures or words for the purpose of memory; it records the emotions of those images and words.

The soul takes the emotion created by thought being felt throughout the body and searches through its memory banks for a resemblance, one which the reasoning portions of the brain – what you term intellect – can identify in order to select a word to describe the feeling.

Everything you can describe has certain feelings associated with it, based on experience. You know flowers as flowers because of your emotional experiences with them. You have seen and touched and smelled and worn the structures called flowers. Thus the flower feels a certain way to you. You know silk as silk because you associate with it certain sensations and emotional experiences, which give rise to the understanding termed silk. The soul has recorded all of that information from your emotional experiences. So when the feeling from the thought is felt, the soul records that feeling and searches its memory banks for similar feelings from prior thoughts experienced. It then sends that information back to your brain to indicate that the thought has been realised, understood in its totality throughout the embodiment. Thought is not realised simply through your brain; it is realised in the totality of your body. The reasoning portion of your brain then allows you to formulate a word to describe the feeling.

How is thought realised and known? Through emotion. Knowingness is wholly a feeling. The thought of anything cannot be known until it is first felt; then it has an identity. To know a thought is to accept it into your brain and then allow yourself to feel it, to experience it throughout your body. Knowledge is not the proving of any one thing; it is the emotional ascertainment of it. Once you have the feeling within, then you can say, “I know I have the feeling. I know.”

Within you indeed, my beloved masters, lies the door to all knowledge. The fire that burns within you is the same fire that flickers in every minute atom, in every great star, in every cellular form, in everything that is. It is the same identical fire. Your oneness with all life is realised through the principle of light, for the light that gives credence to emotion in your soul is the same light that gives life to the blossoms, the stars, and to everything else that is. So within you, you possess the ability to know all things. To know anything is not to understand it through intellectual rhetoric that is surrounded with elaborate words that mean nothing. The knowingness of the flower is reached by the inner being through feelings. You can always tell how something is thinking through the frequency it emits called emotion. **If you want to know anything, all you have to do is feel it.** You will always be absolutely correct.

How does thought create the experiences of your life? The pineal is the seal of knowing into manifestation. Whatever knowingness you allow yourself to receive will become a reality first in your body, for the pineal is responsible for sending that thought as an electrical current throughout your body, to be registered as emotion. The more unlimited the thought, the greater and faster the frequency that is shot throughout your body; thus the greater the high or rush experienced in your body. That feeling is then recorded and stored in your soul as a given frequency. The feeling of every thought, recorded in your soul, is then put forth into your aura as an expectancy, and that expectancy activates the electromagnetic portion of your light-field to draw to you – much like a magnet – the likeness of whatever your collective-attitude thinking is. (Law of Attraction – LOA.) It will draw to you situations, things, objects, or entities that will create the same feelings experienced in your body from all of your

thoughts. Why? So you can experience your thoughts through a three-dimensional reality for the prize of experience called wisdom.

How are your desires manifested? A desire is nothing more than the thought of fulfilment seen through an object, entity, or experience. Whatever thought of fulfilment you allow yourself to feel leaves your body through your electromagnetic field, and it goes into consciousness flow to draw to you whatever will produce the same feeling from the desire experienced in your body. The more completely and intensely that desire is felt within your body, the more complete will be its fulfilment. And the more you know with absolute certainty that your desire will be fulfilled, the quicker the manifestation, for absolute knowingness is a high frequency thought that enhances the expectancy put forth through the auric field, thus amplifying your power to manifest your desires.

You have the ability to know everything there is to know. That is what your brain was designed for, so that an entity living on a physical plane in a physical body could experience and understand whatever dimension of God he/she desired, seen through three-dimensional forms. Whatever thoughts you allow yourself to know through your wonderful receiver will become an experienced reality, seen first within your embodiment and then through the conditions of your life. And whatever you desire, you have the ability – through knowing – to manifest into your life in the twinkling of an eye. That is how you created the kingdom of heaven on Earth.

It is simple science. Remember: thought is; then light is seen; then light is lowered into electrical impulses. Electrical impulses are lowered, lowered, lowered to become mass, and from the mass they are lowered to represent the thought ideal. The same truth works in the body. It is thought, light, receiving unit; from the receiving unit, it takes the electron and runs it through the mass in order for the mass to understand through feeling. To manifest your desires, all you have to do is feel whatever you desire in a loving way, and the feeling is sent back to the Father to fulfil your desires. That is all there is to it. Too simple? You want it more complex?

**PASCAS  
PAPERS**

**Our Heavenly Parents simply desire for us to ask for Their Love.**

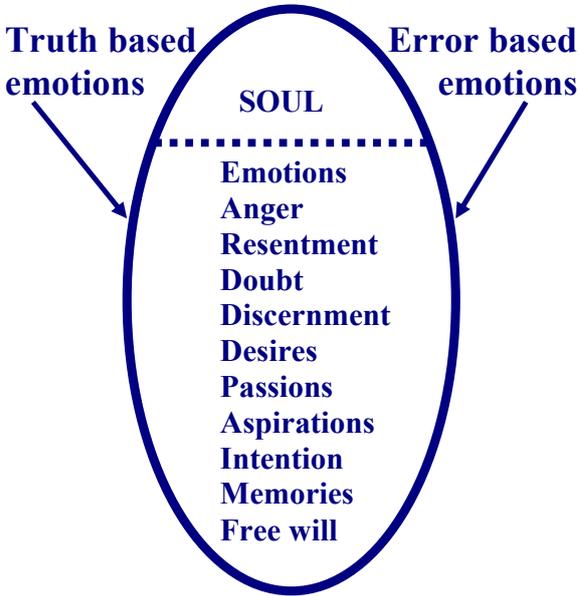
**“Every day is a day of devotion.”**

**Please Mother and Father, may I receive Your LOVE.**

**God's Divine Love: Pray for it, ask for it, and receive it.**

**Our salvation IS the embracing of the Feeling Healing process and Divine Love.**

**TRUTH NEVER HURTS**



A basic misunderstanding is that you can hurt someone with truth. That is never true.

You can never hurt someone with truth.

The way you can hurt someone is by with-holding – that is a lie.

It is error leaving the person that hurts them, not the truth entering them.

If that error was never within you then it would never hurt you to hear the truth.

Once you make the transition from not wanting to feel truth in your life into this transition of absolutely loving truth in your life, that is when you get to this state of absolutely loving truth in your life, that is when you are praying or longing for Divine Truth in God.

This longing for truth of yourself is part of the transition of entering into the 3<sup>rd</sup> sphere. You will feel the truth entering you and you will feel the relief of the error leaving you.



your walk with God

***Cause No Harm*** < to OTHERS  
to MYSELF

Strive to love others as I am to love myself

By living true to ourselves, true to our feelings, we are living true to God. It's that simple.

## QUALITIES of DIVINE TRUTH:

- Divine Truth is infinite, 'If I connect with God then all this truth can become mine.' If I understand that God's truth is infinite, then I will enjoy my Law of Attraction, my Law of Attraction is God's messenger for me.
- Divine Truth is absolute; of itself, a thing apart, and admits no variations or modifications.
- Divine Truth is fully harmonious with Divine Love, and love is always in perfect harmony, and without Truth, Love cannot be complete.
- Divine Truth does not and cannot compromise, even for the sake of peace.
- Divine Truth itself, with all the power and knowledge that it has as its foundation, will not compel a man to accept it against his will.
- Divine Truth will never accommodate itself to the beliefs of men, doesn't conform to men's belief.
- Divine Truth results in freedom.
- Divine Truth results in a fearless existence. Fear comes from lack of reliance on God.
- Divine Truth does not hurt anyone or anything.
- Divine Truth does not allow the lie, no matter what the price.
- The individual's knowledge of Divine Truth is eternally progressive.
- Breaking the law of Divine Truth results in penalties.
- Divine Truth is demonstrated by actions.
- Divine Truth is felt, it is emotional.
- Personal "truth" must be faced before Divine Truth can be found.
- Personal "truth" must be eternally progressive.

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**Divine Truth is always respecting of Free Will.**

**You do not know the truth until you have had the emotional experience.**

**You may think you know it intellectually, but not know it with heart felt feeling, emotionally.**



**Ramtha speaking:**

P.244 The White Book

I tell you, you have the ability to know everything there is to know. And you also possess the ability to manifest everything you ever want. You also possess the ability to live forever in your body, if that is your desire. But to all these things, the altered ego says, “Nay.” So for that you will know who man is, but God will always remain a mystery.

In order to return to a state of unlimitedness, to experience joy and the freedom of being, you must once again become that which holds you together. And the only way to become that – since you are encumbered with a body – is to fully activate your seventh seal, pituitary, so that your brain can receive the unlimited thoughts that lie just beyond social consciousness. That is how you expand your knowingness into the unlimited understanding of God, that which allows and loves and is the totality of itself, which is the totality of thought.

So how do you get this wonderful little gland to awaken the dormant portions of your brain through its hormone flow? Simply through desire. To become a Christ is to desire to know the Father and become the likeness of God. It is the desire to allow all thought to become the reality of self. It is the desire to love in every moment all that you have become. It is the desire to be the Isness of all that you are.

Why is it important to love the totality of what you are? When you do, you immediately transcend social consciousness. Then you rise above acceptance. You transcend judgement. You go beyond the illusion of time. Then you live only for the fulfilment of self. You listen only to the voice within. You follow only the path of joy. And on that path lies the knowingness of all that is.

Note: The state that is discussed here is that of the 8<sup>th</sup> sphere, being at one with God.

**Golden Rule: that one must always honour another’s will as one honours one’s own.**

**PRAYER for DIVINE LOVE:**      library download pages at      [www.pascashealth.com](http://www.pascashealth.com)  
**Kindly visit the library download pages at [www.pascashealth.com](http://www.pascashealth.com) as further recordings are added.**  
 Should you click on the audio files, you will also be able to download the audio file onto your computer.  
**Prayer for Divine Love – from the Padgett Messages**  
<http://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Prayer%20for%20Divine%20Love%20from%20the%20Padgett%20Messages.mp3>  
**The Voice of Divine Love**  
<http://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/The%20Voice%20Of%20Divine%20Love.m4a>

**DIVINE LOVE FEATURES closely match those of SCALAR ENERGY:**



The light golden blue energy substance, being the ultimate high octane super fuel and the greatest gift in all of the universes from our Mother and Father, is closely aligned to be what scientists refer to as “scalar energy”, or “zero-point” energy or as “radiant energy”, which Divine Love is not.

To receive and absorb this wonderful energy into our soul and spirit body, all one need do is to long for and ask to receive it, and the acting spirit, the holy spirit, will answer your call immediately, always.



**Scalar Energy – Qualities reflect those of Divine Love (but is not the same)  
Scalar Energy – A Completely New World Is Possible**

<http://www.dalimara.com/pages/what-is-scalar-energy>

- The scalar energy once embedded into an object, the energy will remain in the object indefinitely and can regenerate and repair itself indefinitely.
- The effect of scalar energy is cumulative, it gets stronger with time.
- Scalar energy is capable of imprinting itself on human DNA.
- Scalar energy do not decay over time or distance from their source.
- Scalar energy does not radiate as waves but expands outwards in circles of energy.
- Scalar energy is more field like than wave like and it tends to fill the environment.
- It is capable of passing through solid objects with no loss of intensity.
- A scalar energy is known as a fifth-dimensional non-linear and non Hertzian field.
- The space the scalar occupies is not a vacuum but comprises a network of harmoniously balanced energies.
- This energy has the capacity to carry information.
- Instead of being focused in beams or running along wires, it tends to fill its environment. They are unbounded and capable of passing through solid matter and implant its signature on them. It can be created by electromagnetic generators or naturally.

- Scalar energy, a stationary energy, cannot be evaluated by our current frequency instruments which are designed to measure Hertzian energy frequencies and wavelengths. However, its effect on objects into which it has been embedded can be strikingly demonstrated with Kirlian photography or Gas Discharge Visualization (GDV).

### The History of Scalar Energy

<http://www.goingscalar.com/scalar-wave-craze/the-history-of-scalar-energy>

The discovery of Scalar Energy, in the mid 1850s, can be attributed to James Clark Maxwell, a Scotsman who was born in the 19th century. Maxwell was a mathematical genius whose work led to the development of quantum physics. Albert Einstein worked on Maxwell's findings and discovered "The Theory of Relativity".

However, it took another fifty years after Maxwell's discovery to prove the existence of Scalar Energy. It took one Nikola Tesla, who was born in Yugoslavia around 1856-1857 to demonstrate the existence of this form of energy. Tesla, who became a US citizen in 1891 carried on Maxwell's work and soon began to harness Scalar Energy without using any wires. Tesla referred to this energy as standing energy or universal

waves. Albert Einstein and Otto Stern acknowledged the existence of this form of energy and made due reference to Scalar Energy in the 1920s. Nikola Tesla is generally considered the father of scalar electro-magnetics. Tesla's name for this was 'Radiant Energy'.

It is not just Albert Einstein and Otto Stern who discovered zero point energy. They were not even the first. As noted above, Scalar Energy was first proposed by James Clerk Maxwell in mid-1800's and was later refined by Tesla who called it "Radiant Energy". Tesla even invented and was building a machine to create and distribute free energy when J. P. Morgan, the oil tycoon who was backing him, discovered what he was doing and put an end to the project.

### Properties of Scalar Energy

*The properties of Scalar Energy include them being non-linear and non-Hertzian. This energy form has the capacity to carry information. It also does not decay with the passing of time or distance.*

*Scalar Energy cannot be measured by contemporary frequency*

## What Is Scalar Energy?

- Scalar Energy is created when two common electromagnetic waves come together from two opposite converging vectors.
- Cancel each other → Stationary Energy
- It has Zero Frequency
- It exists naturally
- Small random Scalar Energy present in environment
- In the body it is also called Bio-Scalar Energy



*instruments as it is depicted to be without frequency. This energy form is static, a stationary form of energy. When two similar frequencies coming from opposite directions meet, they cancel each other out. This results in a stationary energy form.*

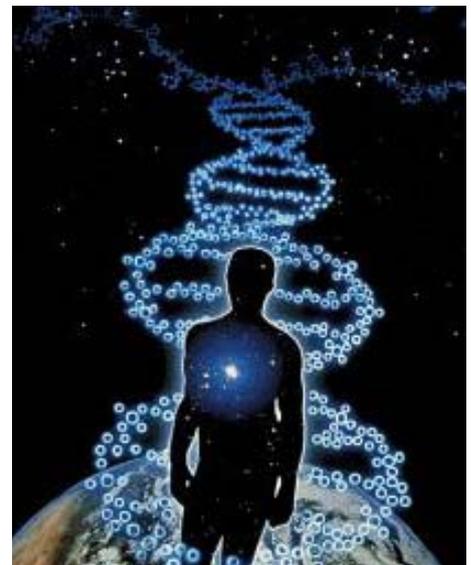
The traditional understanding of energy is that it flows out in the form of waves. However, Scalar Energy does not radiate as waves but expands outward in circles of energy. Occupying space, this spatial mass is not a vacuum but comprises a field of energy systems that is alive. This vibrant and dynamic energy field radiates a network of harmoniously balanced energies.

*Scalar energy can be created naturally. It is always existent in the universe. By applying the conditions required, Scalar Energy can be created artificially. Scalar Energy's expansive and circular movement offers a field of protective shield around the body. This protective shield removes and cancels the effects of man-made frequencies (60 HZ) on the human body. This is achieved by enhancing the body's natural defences against the damaging radiations coming from the various household and industrial appliances that surround us.*

### **Scalar Energy Medicine**

The bio-electrical current present in our bodies is often disturbed by external factors such as electromagnetic (EMF, EMR, RF) waves emitted from computers, mobile cell phones, and many other modern day appliances. Lack of exercise, poor eating habits, poor nutrition, and internal stress further affect this bio-electrical current.

One of the side effects of these stresses is accumulation of lactic acid in the blood and concentrations of abnormally high levels of lactic acid in the muscles. This condition leads to a hindrance of muscle contraction and ultimately fatigue, aging and disease. Examples of how this commonly manifests in our bodies includes headaches, stiffness in shoulders and neck, lower back aches, digestive problems, tiredness, and joint pains.



Energy Medicine acknowledges energy as a subtle, living force: a force that determines the status of one's health and general being. In Energy Medicine, a human body is seen as a network of vital energy both within and outside the physical body.

**According to Energy Medicine, disease begins when there is a disturbance or obstruction in the energy patterns. When we have a physical illness, disease or injury, 'compression' forms in the energy field around the body. Even if you attempt to heal the physical effect, it is unlikely that healing will take place until the energy field is balanced and harmonized.**

In Energy medicine, healing takes place with the body activating its natural healing energies. The healing process also restores energy patterns that have become compromised by nurturing the weak links back to health. This means that in energy medicine, energy is both medicine (natural healing energies) and the patient (weak energy link). Energy medicine is not a new field of science; traditional systems

of medicine in India and China have used and continue to use the principles of Energy Medicine in healing patients. Modern day therapies that use the principles of Energy Medicine include therapies such as breathing techniques, acupuncture, bio-field therapies, bio-magnetic therapies and homeopathy.

Scalar energy is unstructured, available every where and very, very loving. We are graciously gifted with the ability to use this energy for our

developing awareness. Because we exist in a field of this loving energy, in time we will always move toward a more loving attitude. It eventually will influence our will towards the will of Creator and away from our state of judgement. The plasmatic field or scalar energy is the expression of Creator that we can become aware of. It is what created all. It is our source of Divine Love because it is the only aspect of Creator we and the Celestial beings can be aware of.

**SCALAR ENERGY**

- BASED ON LATEST DISCOVERY IN QUANTUM SCIENCE
- AMAZING HEALING PROPERTIES
- SCALAR ENERGY HAS ALWAYS EXISTED SINCE THE BEGINNING OF TIME
- NOW USED BY THE MEDICAL FIELD TO TREAT H.I.V. POSITIVE PATIENTS
- HOWEVER IT IS ONLY RECENTLY THAT SCIENTISTS HAVE DISCOVERED IT AND BEGUN TO MAKE USE OF IT.
- NOW BEGINNING TO BE KNOWN TO MANY PEOPLE, ESPECIALLY THE BIO-MEDICAL PROFESSION
- STRONG SCIENTIFIC EVIDENCE
- A SUBTLE ENERGY THAT CAN BE HARNESSSED TO PRODUCE HEALING ENERGY

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing. Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing. Primary and most important readings are the writings of James Moncrief. Then consider the Padgett Messages, and then The Urantia Book.**

**To liberate one's real self, one's will, being one's soul, is begun by embracing Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.**

**By living true to ourselves, true to our feelings, we are living true to God. It's that simple.**

**LUMINOSITY of the SOUL can be LIKENED to the FOLLOWING:**

**1<sup>st</sup> sphere, lower regions – Natural Love MoC 50+/-**  
**The soul condition of a soul that is obliged to spend some time within the ‘hells’ may be no bigger than a dried garden pea. There is no luminosity and the environment is total darkness.**

**The typical soul condition of humanity is such that they generate the luminosity of a single candle.**

**1<sup>st</sup> sphere, mid regions – Natural Love MoC 210**

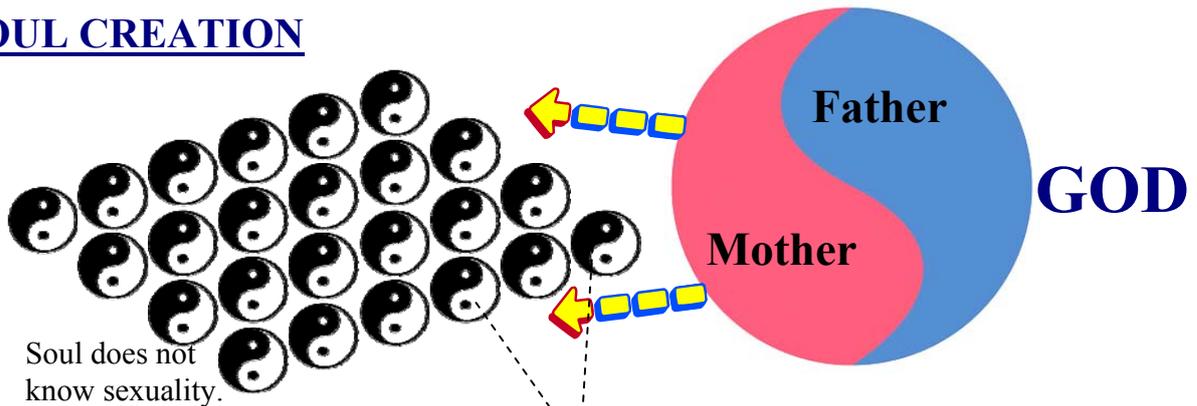
**A soul that has grown in love and soul condition equivalent to the 8<sup>th</sup> sphere – the point of becoming at one with God, the luminosity of such a soul is equivalent to the midday sun.**

**8<sup>th</sup> sphere – only possible with Divine Love! MoC 1,000+**



Whilst we are receiving our Heavenly Parents' Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way our Mother and Father are actually loving us! When we progress, it is God's way of loving us into love and then we live what we are, love.

## SOUL CREATION



**When God gets busy on something, She does a lot of it!**

**Souls, being thoughts of God, are ready for incarnation in their billions.**

**These souls are at the level of the 6<sup>th</sup> sphere in a natural love state, however, they are not within the 6<sup>th</sup> sphere per se.**

**These souls are not conscious of themselves in this state.**

**Prior to incarnation, they do not express free will.**

**They have an instinct to incarnate.**

**Incarnation of the two soul halves, male and female aspects, typically occurs within a 5 or 6 year time frame, however the timing may be 20 or 30 years apart.**

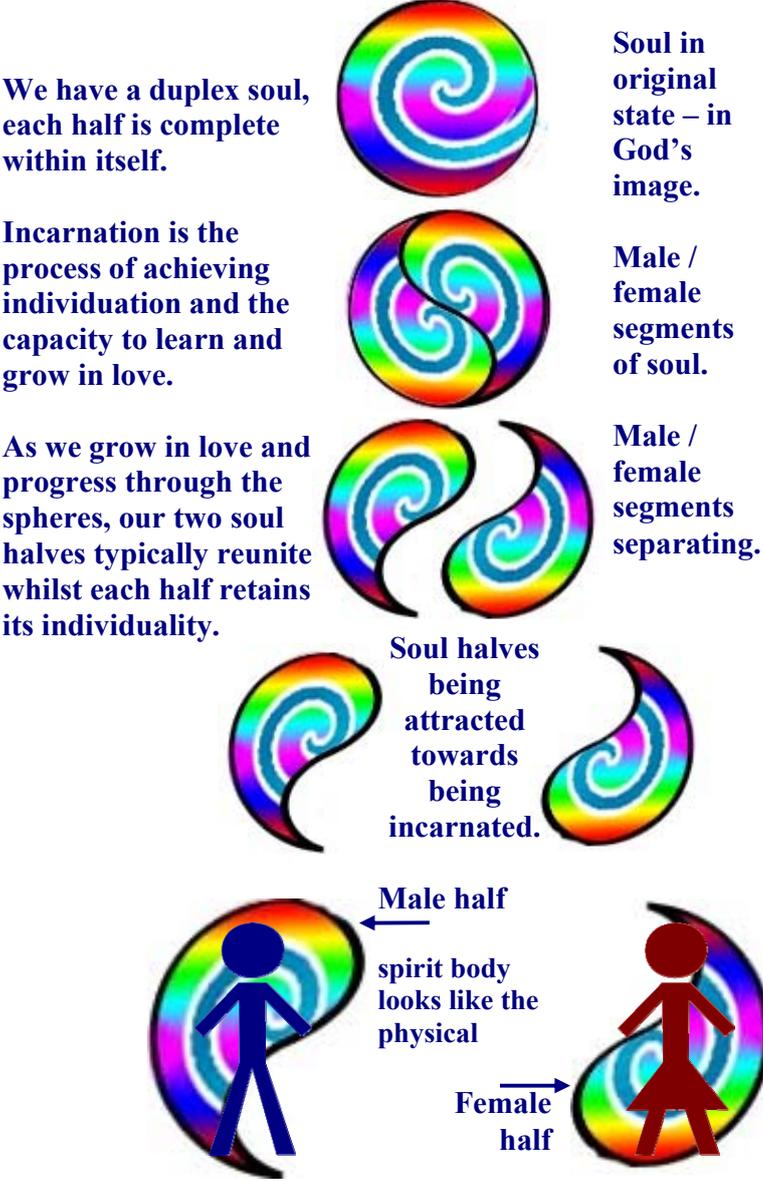
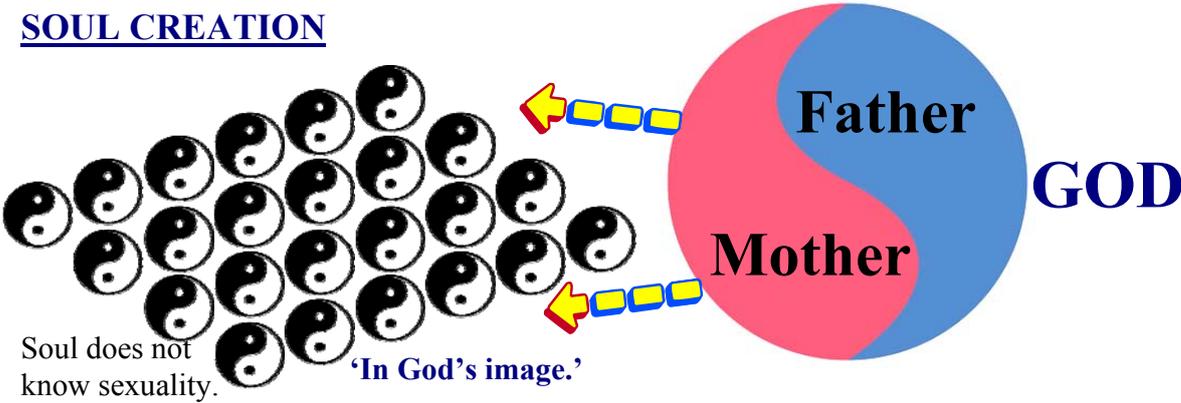
**To become conscious of self, you must incarnate.**

**The soul half that incarnates is the one most suitable for the characteristics and character of the attracting parents.**

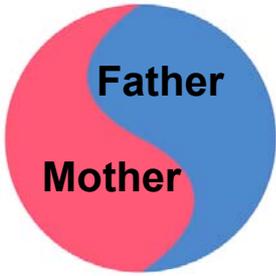
**Upon incarnation, one's soul condition adjusts to reflect the soul conditions of those around it, typically reflecting closely the soul conditions of one's parents.**



SOUL CREATION



The most complex creation that God has ever created is your soul.



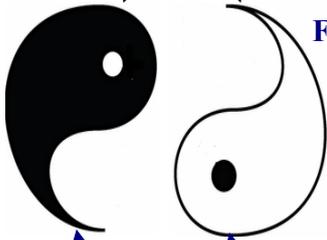
**GOD**

Merged soul prior to incarnation.



Male soul half.

Female soul half.



Truth based emotions

Error based emotions

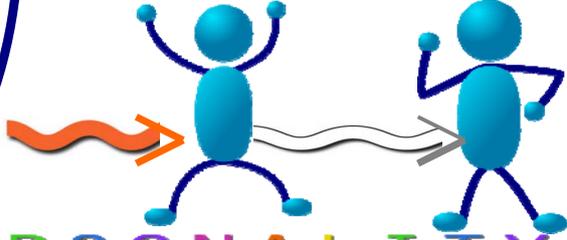
SOUL

- Emotions
- Personality
- Desires
- Longings
- Passions
- Aspirations
- Intention
- Memories
- Free will

Soul halves incarnate as male and female individuals.

Spirit Body

Physical Body



**PERSONALITY**

In your sleep state you express your soul through your spirit body.



**God is God, who is our Heavenly Mother and Father, being SoulMates. There is only one Soul that is God's Soul, that being the Soul of our Mother and Father. Our Heavenly Parents are the First Soulmates; The Two Who Are One who have brought us all into being.**

**Jesus and Mary are a son and daughter of God.**



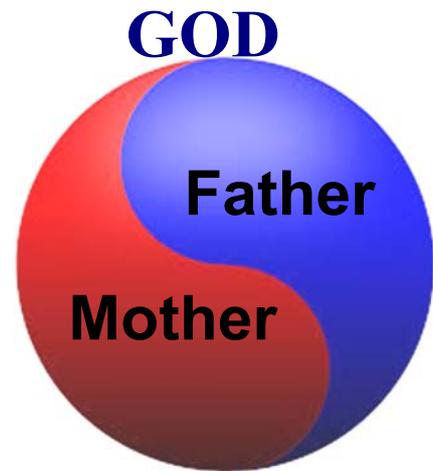
**Jesus of Nazareth and Mary of Magdalene, being soulmates, were both free of sin. Jesus and Mary, combined in their love for us, are our teachers and guidance for us to find our way home to our Heavenly Parents. To start this journey we are to liberate our souls from being entombed within our suppressive minds, through feeling and longing for the truth of our feelings via our soul and peel away our injuries incurred since conception.**

**Give yourself time to consolidate your relationship with the Mother and Father through the partaking of Their Love. And whilst you are doing this, you can learn about your healing, all that's involved with it, as there are many willing spirits to share their healing experiences with you.**

**When you are ready it will start happening simply because you will want it to, it all being orchestrated by your soul. And when that time comes you will have developed a strong foundation in your relationship with the Mother and Father for you to work from. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.**

**It is to make longing for God's Love the priority, and then do one's healing; should one want to include God and the Divine Love in one's feeling healing. This is doing your soul-healing as you are seeking to heal your soul of all evilness – of that which made you become evil, and release all the hurt and pain of not being fully and truly loved.**

**WE ARE Children of God**



**WE ALL ARE BEING GUIDED HOME:**

We need the Spirits of Truth of the Avonal Pair to Heal ourselves; then once Healed, (and for support (overshadowing) as well through your Healing), we need the Creator Pair, Mary Magdalene and Jesus’ Spirits of Truth to see us through the Celestial spheres, while at all times embracing our Heavenly Mother and Father.

Until Mary and Jesus died and liberated their Spirits of Truth, no one from any of the worlds could leave Nebadon, because no one knew the way to do so. Nebadon is our local universe containing some 3.8 million inhabited physical worlds and their associated spirit worlds.

When we embrace the truths Mary and Jesus are revealing, and start to do our Feeling Healing, or with Divine Love, Soul Healing, we are then freeing ourselves up from our parental and self control.

Thus our journey to Paradise, to the home of our Heavenly Parents, is of our choosing as to when we progress, however, there is only one way:

**HUM:** Humanity is to ascend. We are self contained. Our soul is always in truth and perfect at all times. **By living true to ourself, true to our feelings, we are living true to God. It’s that simple.**

We are to recognise that being engaged and dominated by our mind is the wrong way for us to evolve and grow in truth. We are to discard the mind enslavement that has been imposed upon as by all of our parents. We are to express our feelings, both good and bad and free ourselves of the indoctrination that humanity has embraced worldwide.

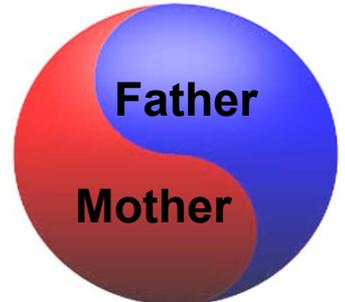
Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God’s soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of our Mother and Father.

**AVO:** We are to embrace the truths and guidance of the Avonal Pair through their Spirits of Truth. It is the Avonal Pair’s guidance that will lead us through our Feeling Healing, and with Divine Love, we will be able to ascend through the 7 spirit Mansion Worlds and enter the Celestial Heavens where we also interact with other world’s spirits.

**J&M:** We are also to embrace the truths and guidance of the Paradise Pair, Mary and Jesus, who will then lead us through the 3 Celestial Heavens that are aligned with Earth, and then further on through Nebadon where we will then depart beyond on towards Paradise.

**M&F:** Beyond the universal zone of Nebadon, we will be guided by our Heavenly Mother and Father onwards through the universes to Paradise where we will be welcomed by them, home for us all, as we are all Children of God.

**GOD**



**M&F**



**J&M**



**AVO**

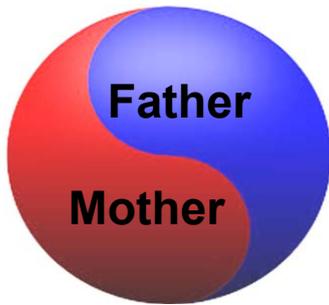


**HUM**

**WE ARE Children of God**

**WE ALL ARE BEING GUIDED HOME – NOW, HOW TO COMMENCE THE JOURNEY:**

**GOD**



**M&F**

For 200,000 years, we have been misled into embracing our mind’s distortion of wisdom and truth. All such traditional understandings only lead us in the wrong direction, from which we must turn back from. Our soul based feelings are always in truth. Our minds are to follow our soul based truths and feelings, not the other way round, as we have been brought up to embrace.

We are to connect with our deeper repressed feelings.  
We are to long for the truth of what we are feeling.  
We are to live true to our selves; by living true to our feelings.

Use your surface day-to-day feelings to connect with your deeper repressed feelings. Express your surface feelings and your deeper repressed feelings to uncover the truth of yourself.



**J&M**

We all have feelings which we communicate and share with each other. And we all have deeper buried and hidden repressed feelings. Feelings from our early childhood we felt, yet weren’t allowed to express. These feelings are still within us, waiting to have their say. These feelings, because they are repressed, cause us all our problems.

And as we look to uncover, bring out and accept these deeper feelings, so we’re taken into new ways of looking at ourselves, our feelings, and our life. We’re setting ourselves free of the controlling patterns that govern our unloving behaviour.

In this way, we progressively begin to express the personality that our Heavenly Mother and Father gave us, not the one imposed upon us by our physical parents and carers. We are to be our true and real selves.

**By living true to ourself, true to our feelings, we are living true to God. It’s that simple.**



**AVO**



**HUM**

As we, humanity, long for the truth of our feelings, we can also be assisted by the Spirits of Truth of the Avonal Pair who are our spiritual teachers for Earth over this coming 1,000 years, to assist us through the Great U-Turn, away from mind dominance to being soul based feeling lead. They will assist us through the seven levels of the spirit Mansion Worlds.

Then the Creator Pair, Jesus and Mary, will lead us through Nebadon and into the greater universe. Then our Heavenly Mother and Father lead us home to Paradise.

Collectively, should we embrace them all, as we are to, then our pathway home is a journey in the hands of the Spirits of Truth of the Avonal and Paradise Pairs overseen by our Heavenly Parents.

**WE ARE Children of God**

**HOW TO GET TO PARADISE:**

Long for the Divine Love

Long for the Truth

Long for the truth of your feelings

Don't deny any feelings: accept, express and want to know the truth of them

Know your feelings are the key; your feelings are the Way

Want to end your falseness and being untrue

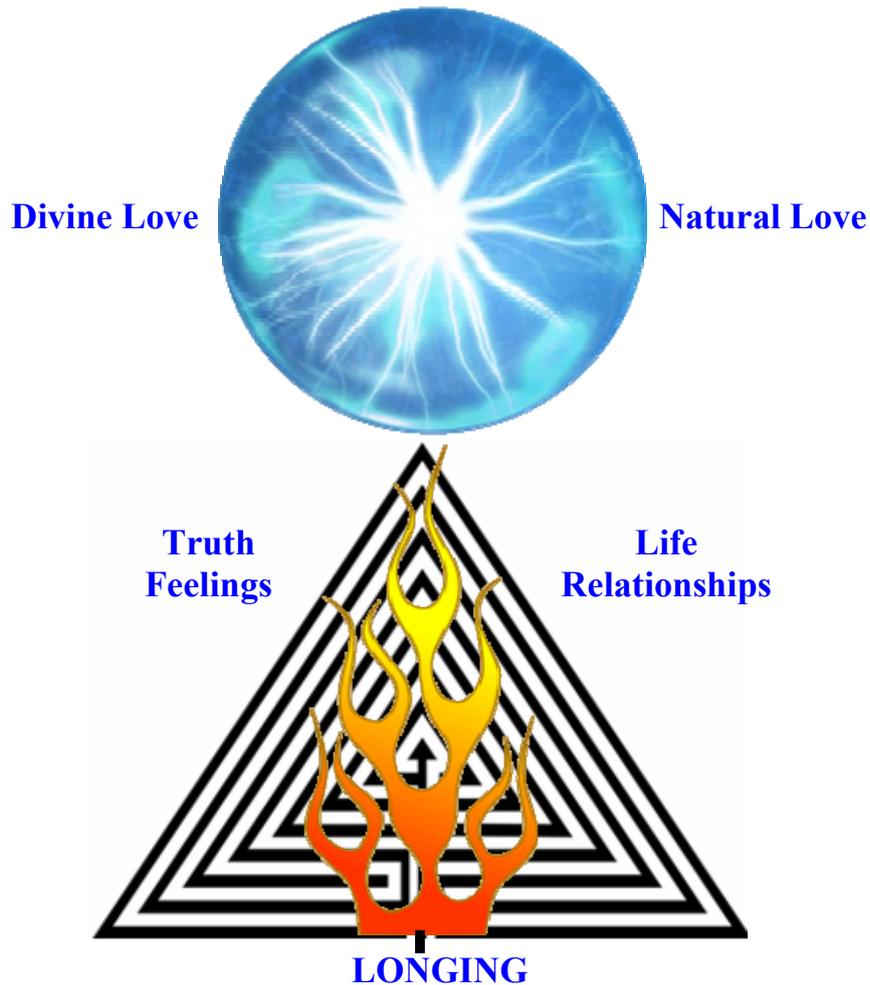
Want to understand the truth of your early life

Use your surface feelings to move deeper into yourself, bringing up your repressed feelings

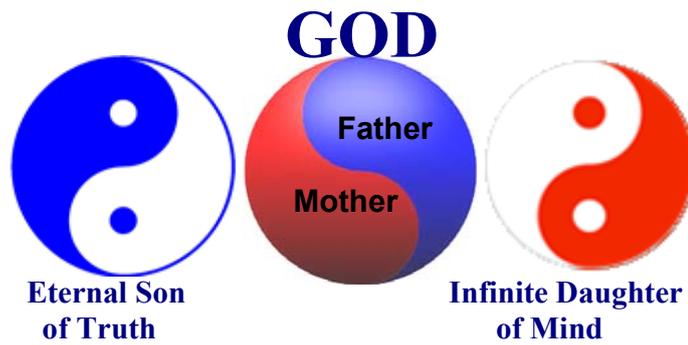
Want and long to know the whole truth of yourself

Want to do it all with God, your Heavenly Mother and Father – long to Them for help.

**The Key**



Our longing drives our life. We long with feelings. We can wish for things using our mind, yet long for things with our heart. These things in the pyramid are what to long for. Longing for them, when the longing comes naturally. Longing because you feel you really want them. Long to be true with all your heart. Long to live true to your feelings. Long to understand the whole truth of yourself.



PARADISE TRINITY:

1. **Our MOTHER and FATHER (God) (MF) – Divine Love**  
SOUL (God) – One SOUL that is expressing its two PERSONALITIES, our Heavenly Mother and Heavenly Father (Soulmates)
2. **ETERNAL SON (ES) – Divine Truth**
3. **INFINITE DAUGHTER (ID) – Divine Mind**

Then: The Second and Third Persons of the Paradise Trinity (ES and ID) are stepped down to the local universe trinity (Mary and Jesus, Divine Minister (DM), and her Holy Spirit.

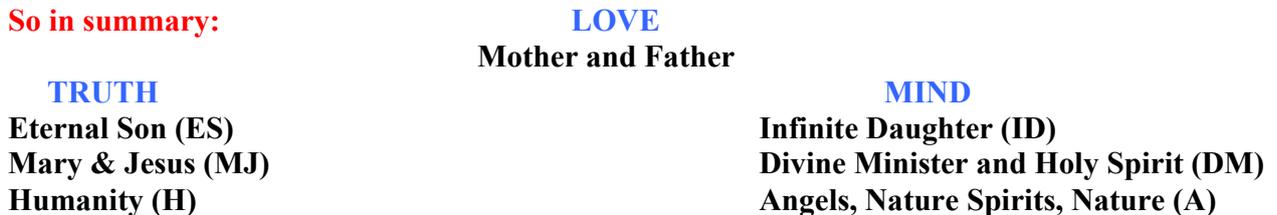
The LOCAL UNIVERSE TRINITY:

1. **MARY M and JESUS (MF) – Love – the Living Truth**
2. **DIVINE MINISTER (ID) – Mind (and her Holy Spirit)**
3. **HUMANITY – Natural love, sons and Daughters – Truth, and our Angels – Mind**

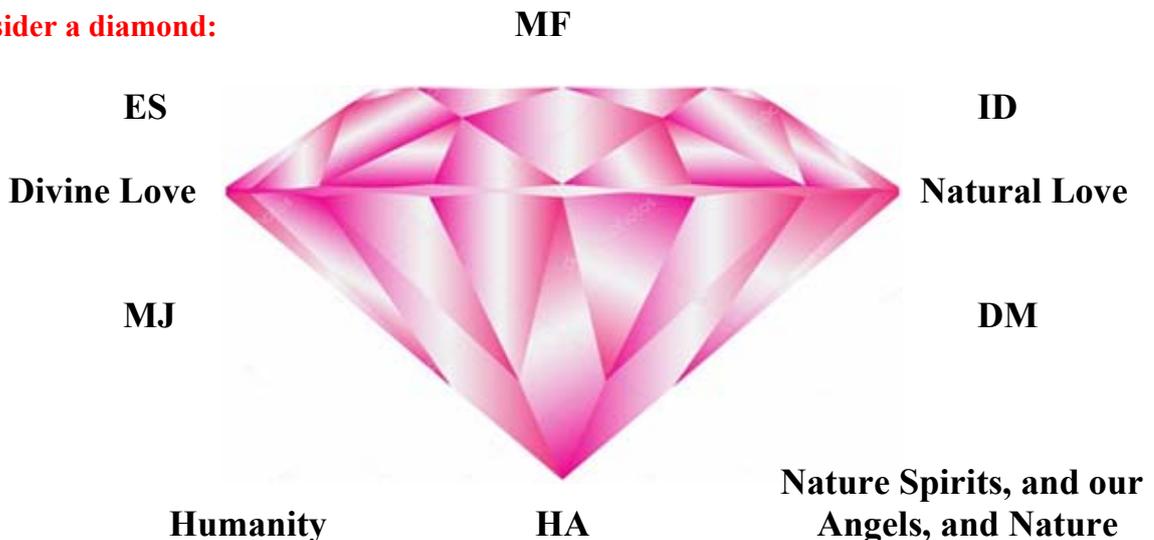
PLANETS that engage in REBELLION:

1. **AVONAL SOULMATE PAIR – the Feeling Healing process – incarnate**
2. **DAYNAL – TEACHER PAIRS – they do not incarnate**

So in summary:



Consider a diamond:



# Mother and Father Heavenly Parents

Creator Son & Daughter  
Jesus and Mary

Avonals  
as soulmate pairs

Trinity Teachers  
as soulmate pairs

Melchizediks – who have taken over from the Caligastians and Daligastians being also all as soulmate pairs.

Mortal Souls – human beings who individualise on Earth, then progress through the spirit Mansion Worlds, then into the Celestial Heavens, and beyond.

Mortal Souls – also being ascending spirits, upon completing their Soul Healing, join with their soulmate, then join their soul group of 24 mortal spirits, being 12 soul pairs. It is only as a soulgroup that anyone can progress beyond Nebadon.

The Paradise Pairs are all ONLY concerned with the SPIRITUAL wellbeing and upliftment of the planets and local universe. Currently to do with Earth:

Mary and Jesus – spiritual wellbeing and upliftment of the whole of Nebadon region.

Avonal Pair – Daynal pairs (Trinity Teacher Daughters and Sons) – Spiritual wellbeing and upliftment of individual planets and their associated Mansion Worlds.

The Local universal Sons and Daughters are all about the running of the worlds under their jurisdiction, and ensuring the higher spiritual elements can be employed, or sent astray, as in our cases through the Rebellion and Default.

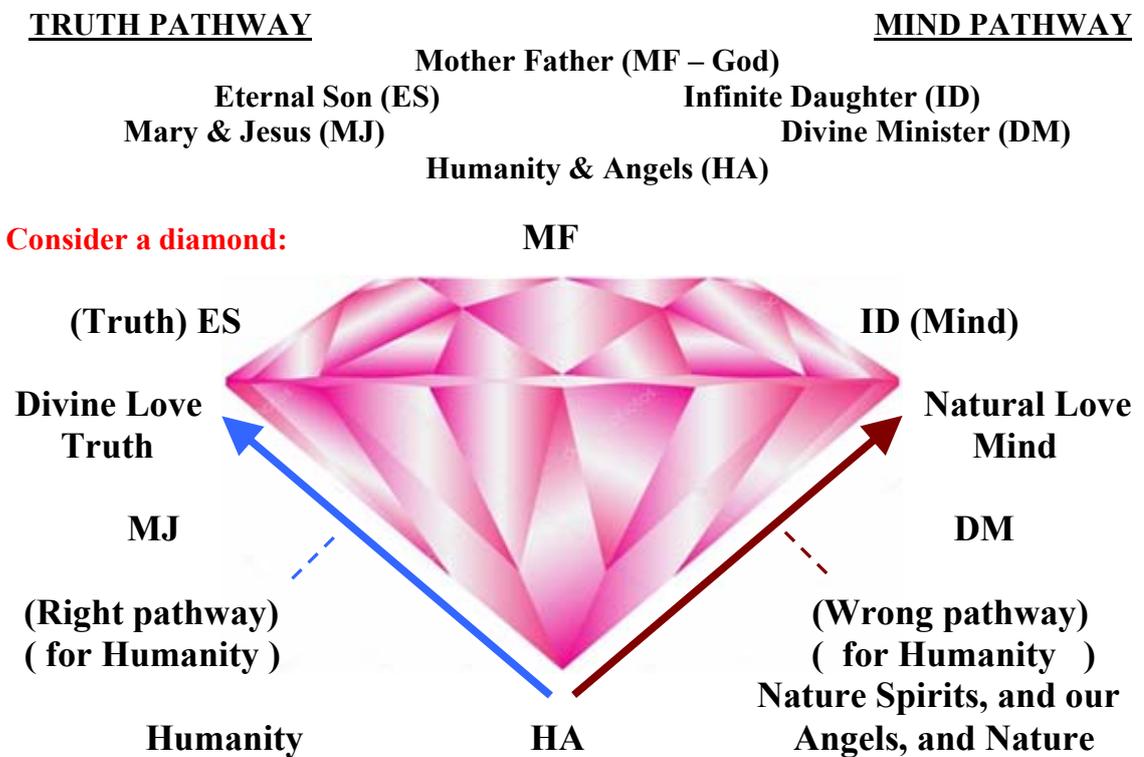
Lanonandeks – Melchizedeks (and others, such as Life Carriers and Eve and Adam).

As the Lanonandeks all rebelled – the Lucifers, Satans, Caligastias and Daligastias soulmate pairs – so the Melchizedeks have taken over their roles, as well as doing their own.

So the Melchizedeks are the governors, overseers, the administrators and advisors and so on for Earth; they are the ‘controllers’, and they will instigate all that needs to be done to do with the ending of the Rebellion and Default. And they will enlist the willing help of ascending mortal pairs, so the mortal Celestials spirits (soulmates when available, and others waiting to unite with their partner), and at times mortal spirits in the Divine Love Healing Mansion Worlds. And the angels help all of us.

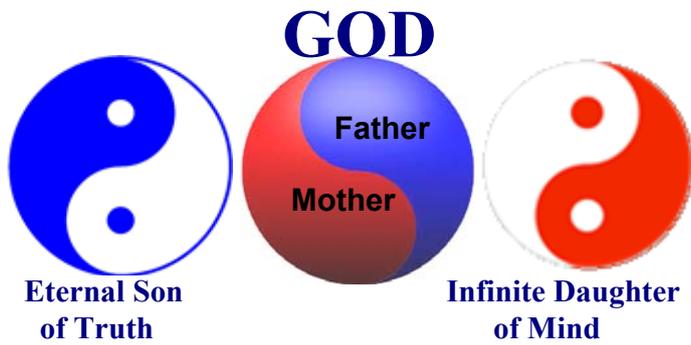
Currently the whole of Creation exists for the ascension of mortal souls from their earth planets to Paradise. It’s all one vast Grand Ascension Scheme. With all the higher and lower spiritual Daughters and Sons, together with all the many different angels and other universal spirit personalities, and even including nature and our very own pets, assisting women and men with their Ascension Journey. It being: and Ascension of Truth. Everything we do is done to help us grow in truth. (Only everything we do in our negative state is to deny ourselves our truth from our feelings, which is why we have to do our Healing.) All women and men are ascending (or growing) in truth through their experiences. And as we grow in truth by looking to our feelings to show us that truth, so we’re ascending, moving inwards and upwards through all the worlds and spheres of the Grand Universe to one day arrive on Paradise and meet our Heavenly Parents. God is providing us, Their children, with this spiritual journey called our Ascension of Truth. And by living true to our feelings, so we are progressing on our true Spiritual Path – our Ascension Path.

**Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God’s soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of your Mother and Father.**



**Humanity** is to pursue the pathway for Truth through one’s soul based feelings, this is the right pathway. However, humanity commences its journey founded on natural love, which we now know is to be perfected through one’s Feeling Healing process and then made divine through asking for and receiving our Heavenly Parents’ Divine Love.

For 200,000 years, **humanity** has pursued the pathway of the Mind, being that of the brain, this is the wrong pathway. The Mind is the pathway for Angels and that of all of Nature.



**CREATION of SOUL and SPIRIT:**

God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one’s feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.

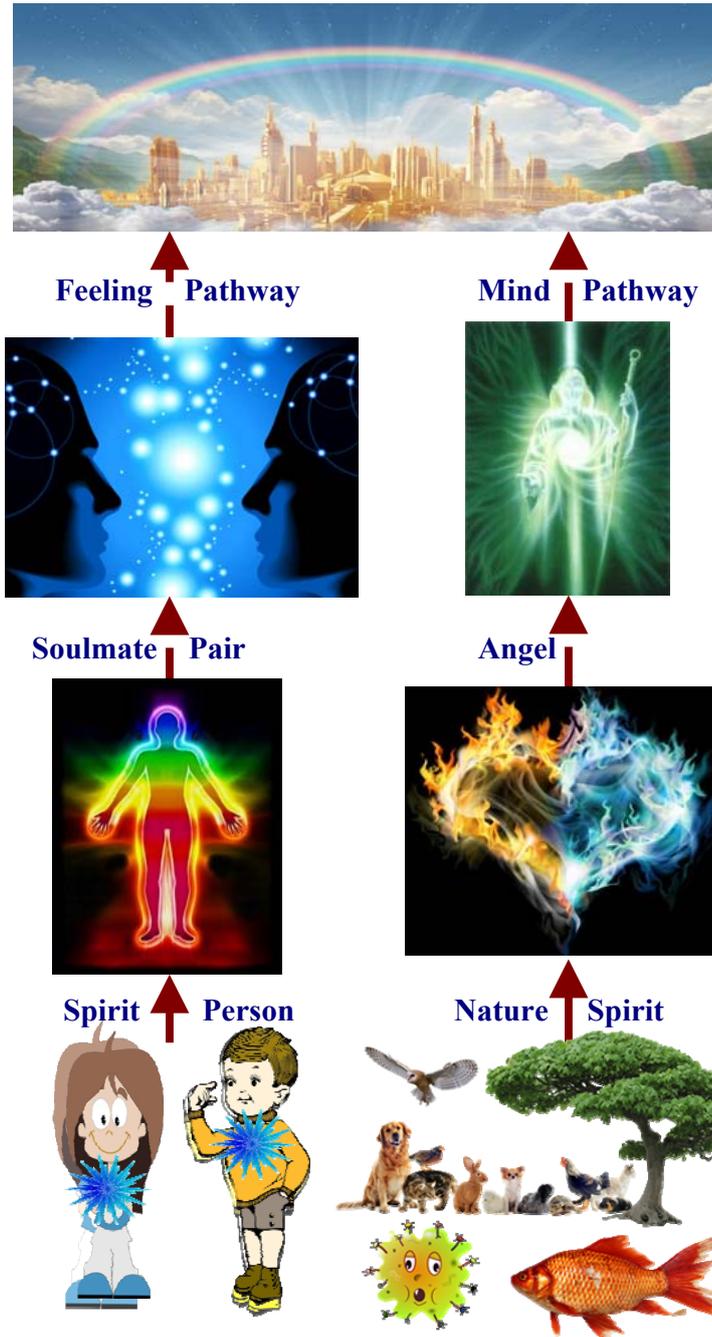
The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves enabling the union with our soulmate, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.

The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective

Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.



**PSYCHIC BARRIERS MAINTAINING the REBELLION and DEFAULT are CRACKED!**



The hounds of the Rebellion and Default have fallen, the psychic barriers have forever been cracked. The sheeple, the mice of humanity, now have the freedom to evolve through Feeling Healing and Divine Love.



Things are pushing ahead, we're working them from our side, and more so every day now. Many of the soulgroups involved in this are getting a feel for what it is they are to do and how they are to do it. So the barriers are giving way on multiple fronts.

There are actually barriers preventing people and humanity as a whole moving deeper into the wrongness, just as there are barriers preventing people and humanity moving out of it. It's all very tightly controlled, the Evil Ones put in a vast amount of controls and on all levels, which, unless you are shown by those spirits who can see them, such as the Melchizedeks, you'd never be aware of them.

So the cracks are appearing as the Divine Love Healing worlds start to 'descend' onto Earth – into the physical. For that's what is going to happen, the Divine Love Healing worlds, from the first introductory sectors on Mansion World one, to the truth of all the three main Healing worlds, being lived by people living them whilst on Earth. All to give rise ultimately to Celestials on Earth. That's what our goal is, to have people living on Earth who have fully Healed themselves.

Nanna Beth and  
Helen  
2 December 2017



PSYCHIC  
BARRIERS  
CRACKED

# Steps UP!

## Quantum Jump 1



**REVELATION 1**  
James Padgett 1914 – 1923

James Padgett bravely introduced the availability of the Mother and Father's Divine Love and a great deal of additional guidance and information, all of which has been supplemented by Samuels, Judas, Reid and Arnold. All writers were under restrictions of personality and circumstances. Revelation 1 opened the door for humanity.

## Quantum Jump 2

**REVELATION 2**  
Marion and James Moncrief 2002  
– ongoing

Marion and James Moncrief have recognised the need for one to engage in Feeling Healing and, by their actions, removed restrictions that James Padgett and others above endured, thus JM is able to critique the writings of the past 100 years resolving points of confusion as well as expand on what has been written. Revelation 2 is humanity's turning point.

Due to the extra-ordinary nature of Revelations 1 and 2, humanity with the first Revelation would have continued on into its negative pathway of living, however, combining the first Revelation with Revelation two, now humanity can embrace this turning point and commence its evolutionary growth that has required two thousand years to put in place. This is the greatest event in the history of humanity and very few are aware of such, until we enable others to become aware.



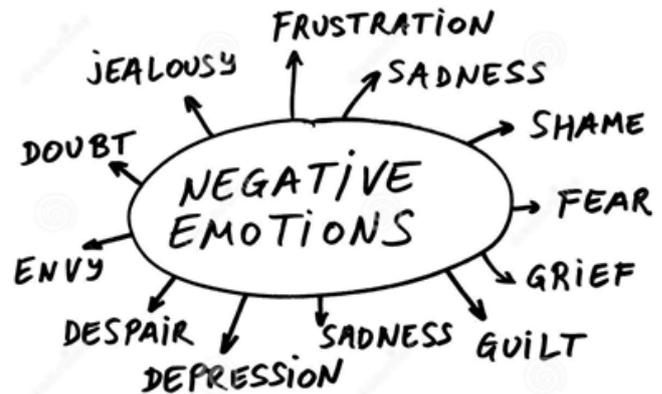
Negative Spirit Influence  
blocked  
22 March 2017  
Law of Compensation  
quickenning  
22 May 2017  
Rebellion and Default  
officially ended  
31 January 2018



# REVELATIONS



**Revelation 1:** Our soul becomes encrusted with harmful ways of life, plus negative and erroneous beliefs, these mainly stem from our childhood upbringing and environment. Thus we live untrue to ourselves, we become 'evil'. Whilst we hold to these injuries we limit the amount of Love that we can receive into our soul. To open our soul to the Love we must firstly and progressively embrace our emotional injuries and allow them to be released. Until we emotionally experience past errors and injuries we hold onto them.



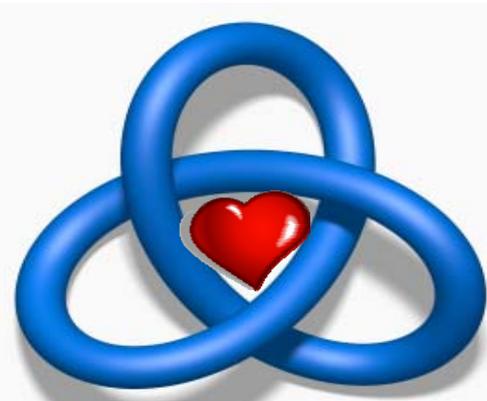
To free our soul of damage and toxic emotions we must open ourselves to experiencing them. This is a progressive, slow and uncomfortable cleansing process that we must all experience. Only by addressing the generational injuries will we, as humanity, evolve in love.



To fully divest one's self of our badness, we have to 'go into' our feelings. Call this process of clearing toxic emotions as 'Letting Go', 'Emotional Processing', 'Journey Process' or 'Feeling Healing'. Embracing Divine Love then Feeling Healing becomes Soul Healing.

As part of our Feeling-Healing we will have to work our way into all our feelings to see if indeed they are coming truly from our heart and soul, or if they are being heavily influenced by our mind. And this will then lead us into questioning and uncovering the truth, if there is any, to our beliefs and why we behave the way we do; and is such behaviour based on truth, or is it based once again on untruth, belief, and rules of our mind.

**Revelation 2:** We can long for, ask for and receive the Mother and Father's Divine Love. The greater our soul is free of error and injury, the more of the Divine Love can be received and assimilated into our natural love formed soul. The Love does not free us of injury, however, it strengthens our resolve to continue on our journey to be free of error and injury, to step away from evil aspects that have been encapsulated within our humanness and soul. It is this Love, the Divine Love, that brings about immortality of our soul and it is this Love that will eventually fit us to enter the Celestial Heavens and progress for ever more onwards to Paradise. These two revelations free us from error and enable us to grow in love ever more.



**Immortality with the Love.**

## WE EDURE FOUR LAYERS of PERSONALITY SUPPRESSION!



Unknowingly, our parents pass onto their children (us) their beliefs and way of living that has evolved since the Rebellion of some 200,000 years ago and then the Default of some 38,000 years ago. In this way, humanity is suppressing the female, rejecting our Spiritual Parents, namely Jesus and Mary, and denying our Heavenly Parents being our true Mother and Father, of their truth, standing and existence.

**The Rebellion is against love, the Default is all the difficulties we have in our relationships because of our rebellion. Healing the Default is becoming true, to ourselves and in our relationships, and ending our unlovingness – our rejection of love, so ending the Rebellion.** Nanna Beth 29 June 2017



We are souls, our personality is an expression of our soul. It is our free expression of our soul through our feelings that we are to embrace and follow. This expression may appear to be wilful in nature, from time to time, and consequently our parents attempt to suppress this expression. They proceed to remodel us when as young children, in the manner their parents treated them and so on for many generations going back.

During our forming years, as a child, we are unable to recognise the suppression of our personality as being extra-ordinarily harmful to our soul based personality and, accordingly, we don't know that things can be any other way. Presently, neither do our parents.



This childhood suppression way of living continues throughout our schooling years, thus we learn this is a way of life as being normal.



Our religions all have been formed based on the tenets of the Rebellion and Default. The teachers and leaders throughout all denominations take us further away from our suppressed feelings that have been hammered into us during our forming years, thus entrenching us further into rejecting our true selves.



The controlling and suppression mechanisms of our parents, educators and spiritual teachers all manifest throughout all of commerce. This control comes heavily and brutally down upon all levels of employment. The capability to express one's soul based attributes and gifts is sealed throughout all of one's working life.

A new way of living is to enable the liberation of one's true personality through the Feeling Healing process AND the transfer of authority to the individual via embracing freedom of expression.

# DEVOLUTION

Our childhood suppression of our true and loving soul based feelings is creating global pain and personal isolation amongst all of humanity. We are very sick!

In our struggle to find solace and purpose, we further withdraw into ourselves, becoming ever more self dependent, believing our control addicted mind that it can solve everything. We just drown further.

We embrace an ever expanding and diverse range of pathways to escape from our personal pain, fear and desperation. Alcohol has now been complimented with narcotics, hallucinogens, including caffeine (coffee). Gambling has been complemented with computer games which are generally entraining the mind further into error and pain. Technology is making us sicker!

We bury ourselves in front of the television to further avoid contact with anyone, especially family.

Children endeavour to exert their independent authority from domineering controlling parents (which we all are eventually) by disfiguring their bodies with tattoos and piercings, etc.

We shut out the noise with headphones, thus preventing contact with others. We use electronic devices to 'text' others even at intimate engagements.

Technology will take us further into the depths of our madness. You now can buy headsets that prevent any contact with the outside world while playing mind suppressing and entraining entertainment – games!

No one loves their children, they are ignored, and the controls hammered into them turn them into clones of ourselves. Look at ourselves and we can all see that we have been all messed up by our own parents, as they have for generations over the past 200,000 years.

No more of this! We can escape this man made hell!



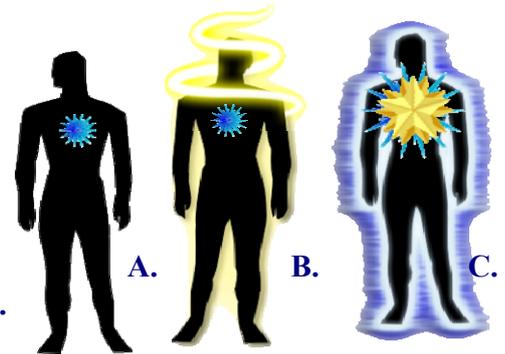
# EVOLUTION

**STEP 1: Longing for and receiving Divine Love:**

**A. Soul within spirit body prior to receiving Divine Love.**

**B. Divine Love being received from the Holy Spirit, covering the spirit body of requesting personality.**

**C. Divine Love having been assimilated within one's soul, now being reflected through the radiance of the spirit body.**



## STEP 2: **FEELING HEALING + SOUL HEALING**

It is the Divine Love that strengthens one's resolve to persevere with embracing one's suppressed emotional injuries, that occurred from conception through to around the age of six, and longing to know the good and the bad of those feelings, together with talking about them to a friend, partner, one's self and our Heavenly Parents. It is only with the receipt of the Mother and Father's Divine Love and the expressing of suppressed emotional injuries that one can release the emotional injuries and errors to achieve Celestial soul condition and enter the Celestial Heavens.

Further, should one complete their Feeling Healing on Earth, then they will be able to recognise their soul partner, their other soul half, and should their soulmate have also embraced Feeling Healing with Divine Love, then their children will be born free from error, free from fear, and free from any deformity and illness. This is the destiny of humanity.

Further, being in this condition of free from error and being in constant communication with our Heavenly Parents, then one can also recognise and form their Soul Group. This will ultimately consist of twelve soulmate pairs, a total of twenty four personalities / individuals.

It is the bringing up of children by the support of soul groups that is to be the ultimate way forward. The group experience and wisdom, as a functioning family, will ultimately be of profound benefit for the blossoming child.

But what we cannot do is contrive the groups ourselves, or even pick who our soulmate is. This will only, and can only happen, as an outworking of the truth we are to live – as we progress in the healing of our soul.

And this is how all of life should be lived: according to the truth we are living. It is how we live, as there is no other way, but currently we live it in the negative, of that being directed by no truth, and so having to make it all up ourselves.



# FEELING HEALING + SOUL HEALING

To heal one's self is to simply look to see what feelings we are refusing to let ourself feel, and accept them instead of denying them. And to fully accept them, one needs to express them, speak about them, let them have their say, rather than pushing them aside, refusing to let them make you feel bad.

Doing this all with the intention of seeking the truth of why you are feeling them, of speaking about and expressing all such feelings; all feelings you have, but ALL WITH the INTENTION of UNCOVERING the TRUTH THEY WANT YOU TO SEE ABOUT YOURSELF. And it's the wanting to see the truth of them that is very important, because if you just look to accept them and speak and express them, but not seek their truth, then that's all you'll be doing, speaking and expressing them, but not healing their causes, so not fixing the things within you that are making you feel bad. And it's the truth part of it, seeking the truth of your feelings, and so, seeking the truth through your feelings, that's vitally important. It's the truth of yourself, life, nature and God, that is the spiritual aspect to it all.

You CAN'T find the truth of yourself, or anything else, through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them. So to do our Soul-Healing consists of these steps, all of which are ongoing until it's done:

- **Admit you are feeling bad.**
- **Accept your bad feelings, identify what they are.**
- **Honour fully your bad feelings by expressing them, speaking about them to someone who is willing to hear you talk about them, or tell them out loud to our Heavenly Parents. Long for the truth of them. Long for the truth of why you feel bad – what deep within you is causing your bad feelings?**
- **And remember, bad feelings are Good! Not bad. They are not to be despised. And as hard as it is to accept them, they are still you, and a very real part of you. And if you persist in denying them and not allowing yourself to fully live them, then you are only going to keep yourself in your errors making things harder for yourself.**
- **All sickness and suffering, all bad things that happen to you, all your problems, all your addictions – your whole feeling-denying and untrue life, is all caused by your denial of bad feelings.**
- **Every problem in the world is brought about because everyone has been brought up to deny feelings, and in particular, most of their bad ones.**

If one is intent on spiritually evolving and growing in truth, then it's vital, and this is the key, that one looks to use one's feelings as the means to gain and have access to the truth of oneself. You CAN'T find the truth of yourself or anything else through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

Doing your Soul-Healing with the Divine Love, is really doing your 'Feeling-Healing'. We are designed — created — to be self-revealing of truth, and so we are all to uncover the truth within ourselves and for ourselves, and all being done by living true to our feelings. **If you accept, express and seek the truth of your feelings, then truth will come to you, and you'll grow spiritually. It's as easy as that. Also it is as easy as it is to long for, ask for and receive Divine Love.**

**PUSH ME,  
PULL ME**

### The NEW WAY of LIFE:

Now for the first time in history, Celestials can be more assertive in making known the availability of Divine Love, and that the only way to progress towards our Heavenly Parents is by engaging in doing one's Feeling Healing.

The Celestials have all but stopped the mind spirits from negatively influencing people on Earth, and the biggest area this is in, is in the religions. So the religions on Earth and all the spiritual systems of the mind, are under pressure in that they are no longer enjoying the input from the mind worlds that they have had. And how this translates into ordinary everyday life, is more in the unseen connection between those in religions on Earth and those of the same religion in spirit, is fading away.

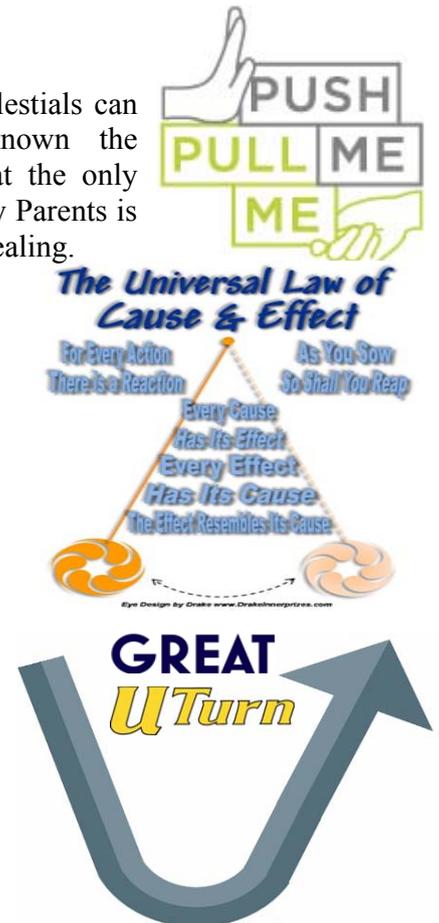
Then at the same time, we, the Celestials, are being allowed to move more freely amongst everyone, both in the mind worlds and with you on Earth. Which means, we can confront and have more of a say in peoples and spirits lives, something that was forbidden the Celestials of the 'old guard'. They were not allowed to interfere at all, having to wait patiently for spirits (as there was rarely anyone on Earth) to show interest in an alternative way to God, which enabled the Celestials to slowly introduce the notion of the Divine Love and then that of doing one's Healing. But it took a long time for mind spirits to show any real interest and being willing enough to give up the power their mind had over them, wanting to seek a higher life.

Celestials can now, following the progress achieved by Marion and James Moncrief, approach and be more freely expressive to spirits on all levels, and also to people on Earth, should they want their help.

Further, those who reject and suppress their children will progressively grow in awareness of their own unloving natures. One will not be able to continue to avoid their feelings of wrongness.

### **Golden Rule: that one must always honour another's will as one honours one's own.**

Thus the three aspects: one, of having more readily available guidance to become aware of the availability of Divine Love; two, the way to become fully expressive of one's soul based personality through the process of Feeling Healing; and thirdly, the quickening of the Law of Compensation through one's greater sensitivity to one's emotional errors and injuries. By having greater personal connection with a Celestial, we are able to move into longing for the Divine Love, and look to healing ourselves and grow in truth, and start to seriously consider embracing one's ascent to Paradise.



**Law of Compensation  
quickenning 22 May 2017**



THE HEALING OF YOUR BAD FEELINGS THROUGH THEIR ACCEPTANCE  
AND FINDING THE TRUTH OF THEM, IS THE ACCEPTANCE OF YOUR  
NEGATIVE, REBELLIOUS, EVIL, IMPERFECT MIND AND WILL CONDITION.

To do our feeling-healing we need to become:

Aware of – Acknowledge – and Admit, our bad feelings.

So we can:

Accept – them and allow ourselves to Be them.

And then if we feel to, take:

Action – Express, speak and emote them.

Talk about them.

All being done whilst longing to, really wanting to, see the TRUTH of our feelings.

So it sounds simple.

So I repeat:

We accept our bad feelings by expressing – speaking about them to someone willing to listen to us and take us seriously. And as we speak we long for the truth of them – why we are feeling them – to be made known to us. And when we uncover and see the truth we are FREE! – healed of the causes that have made us feel bad.

Accept, Express – see the Truth, and you're Free!

ACCEPTANCE OF ALL YOU FEEL, THINK AND ARE, IS THE KEY TO DOING  
YOUR HEALING; THAT, AND WANTING TO SEE THE TRUTH OF ALL YOU  
FEEL, THINK AND ARE.

**Release one's pain through expressing one's feelings.**

**in conjunction with**

**Longing for the Truth when also longing for Divine Love.**

**LOVE**  
is  
**Feelings First Spirituality, The New Way**

*Feelings First Spirituality, The New Way* is a contemporary ‘religion’ based on living true to yourself through your feelings. Understanding that all you need in life is contained within your soul and is shown to you through your feelings. And by loving your feelings, by attending to them properly (talking or writing them out of you) and not denying them, you can use them to uncover the truth of yourself – the truth of your soul.

*Feelings First Spirituality* is not a formalised religion that tells you how to be, that is too controlling and is actually bad for you, limiting your spiritual growth. You can be wholly self-revealing of the truths you need to be, being the person God created you to be, all by living true to your feelings.

*Feelings First Spirituality* has no formal structure because we understand we don't need one, our soul contains within it all the truth of our spiritual ascent. If we look to our feelings for the truth they want us to see about ourselves, nature and God, then what more do we need! Our true spiritual path is the path our feelings will lead us down, that is, provided we allow them to. This is the most spiritual we can be.

**Living the New Way of Feelings First Spirituality**

You come to the understanding from your life experiences that how you are is not right, it doesn't make you feel good – that you are wrong in some way. And you want to change yourself, you want to become right, true and perfect – you want to be like God is.

*And to do this you need to do your Healing*

Your Feeling-Healing is looking to your feelings for the truth of yourself, the truth being hidden in many of the feelings you are not wanting to face in life. So you have to end your feeling denial, accepting all your bad feelings (and good ones), express them (yet not necessarily acting upon them), whilst longing to uncover the truth they are to show you.

Or, you can do your Soul-Healing, which is your Feeling-Healing together with including longing directly to God for God's Divine Love. When you receive the Divine Love into your soul, it will cause your soul to become divine, and it will deepen your personal relationship with God. Long with all your heart to God for God's Divine Love.

<http://religionoffeelings.weebly.com/>

## **Feelings First Spirituality** **The New Way**

**By living true to ourselves, true to our feelings, we are living true to God. It's that simple.**

## Prayers to our Mother and Father

From 'Religion of Feelings' by James Moncrief

**Please Mother and Father** help me accept my untrue state and bring up all my repressed feelings so I can see the full truth of why I feel so unloved and all that's wrong with me.

**Please Mother and Father** help me see the truth of myself through my feelings.

**Please my beloved Heavenly Parents**, fill my soul with Your Divine Love. I long for Your Divine Love; please answer my prayer and yearning to be at-one with You and do Your Will by living true to myself and all my feelings. Please fill my heart and soul with Your Divine Love – please make my soul like Yours – Divine.

**Please Mother and Father**, I want to uncover the whole truth of myself through my feelings. I want to be able to feel and accept just how bad I am, how bad I feel I am, how bad I've been in my life. I want to know the whole ugly truth of myself, see it and feel it and understand how I came to be it. Please reveal to me through my feelings all the truth of myself You want me to see. I want to be as You want me to be; I want to be true and perfect, Healed of all my rebelliousness and self- and feeling-denial; I want to be good, loving, true and happy, please help me become true to myself, true to my soul, true to You.

**Please Mother and Father help me**, I'm in such bad pain, I feel so alone, so miserable, so scared, what's going to become of me, I don't understand, what's the point of me, why have You made me; please help me see the truth of myself – all the truths of myself, nature, how to be in the world, of You both. I want to know, I want to know it all through my feelings, all that there is to see, the whole truth and nothing but the truth. Please help all my pain come to the surface of me so I can embrace and accept and express it out of me. I want to use my feelings to uncover the truth they are to show me; please help me to do that.

**Please Mother and Father love me**. I want You to love me. I want to feel fully loved by You. I don't want anything else, only to be with You. Please, that is all I am asking.

**Please make me feel how unloving I am**. Please show me the horrible truth that I am. I want to see and feel and understand the worst of me, please take me into my darkest scariest ugliest unwanted rejected places within myself. I don't want to feel all the dreadful pain that I know is there locked away inside me, yet I do also want it all to come up and out of me, and I want to use it to see the truth of my wrongness, the truth of how evil I am, the truth of my fucked up state. I no longer want to be false, pretending I am okay, using my mind to make me falsely believe I am good, happy, loved and loving, when I know I'm not. For how can I be when You've brought me into my unloving state, making me be of it. And as You want me to experience being this negative way, please show me the whole truth of it. I no longer want to deny any part of myself, or any of my bad feelings. I want them all to come up so I can express them, emoting their pain, feeling how bad You've made me feel all my life and all through my early life; I want to see why, and so reveal all the truth to myself. I want to be the living truth of myself, living true to my feelings and the truth they give rise to. Please help me to do my Healing, and please fill my soul with Your Divine Love.

The mind way is the 'dead' way; the feelings way is the 'alive' way.

### Examples of some prayers to God:

From 'Feeling Healing' by James Moncrief

**Please God** show me the truth of myself through my feelings.

Please help me see the truth about myself You want me to see.

And please help me feel all my repressed pain; please bring up all my bad feelings so I can express them and see what it is they are to show me about myself, my life, and You.

And please help me work through my blocks, I want to Heal myself, I want to become true to myself and true to my feelings and true to You – please help me do that.

**Heavenly Mother and Father**, I feel so bad, and I know I'm doing it to myself, but I can't help it. I can't stop my compulsive addictions, so will you please bring up the buried feelings in me and show me the reasons why I can't stop. Please! I want to know – I REALLY WANT TO KNOW why I do them. Please help me Mother and Father to uncover the truth of myself. Please, I beg you, please, please, please show me the truth of them so I can give them up. I hate feeling bad, yet I know I must so I can keep expressing my bad feelings to see the truth You want me to see, so please help me feel bad.

**Please Mother and Father** fill my heart and soul with Your Divine Love. Please give me Your Love. Please love me and make me feel loved by You. I want to feel You close to me, I want You to hold me, make me feel loved by You. I only want You and to do Your Will. Please help me bring up all my repressed feelings so I can express them and uncover their truth. Please help me do my Healing. Please give me Your Love.

**I hate you Mother and Father**; why have You given me such a shit awful life? I hate myself, I hate You, I hate everything about my life. I feel so bad all the time. I've expressed so many bad feelings and still I feel bad. It's not fair, it's not fair what You've done to me. I hate You! And I want You to help me Heal myself, so I can stop feeling bad. You put me in the shit for whatever reasons, and I want You now to help me get out of it and show me what it's all been about. Please help me to Heal myself so I no longer hate You.

**I long for Your Divine Love** Mother and Father. Please fill my soul with it. And please help me uncover the truth of myself through my feelings. I want to see it all! And please make it all end, I'm so tired of always feeling so bad, please take all my bad feelings away by making me feel them and showing me the truth I am to see.

# FEEL *for* TRUTH

The beauty of it all, is the truth comes to you through your own feelings. You don't need to be told it by anyone. You can work it all out for yourself. We are self-revealing of truth, it's how God created us to be, and by being it we'll feel the happiest we can feel. Truth is our great comforter, so when you feel it come up within you, ah it feels so good and you feel just right – perfect!

We know only how to deny feelings, now we can get to know how to accept them. And always with the truth being the most important part.

## FEELING TRUTH

If you don't want to uncover the truth of your feelings, then you can keep on expressing them forever but you will never fully heal yourself. Seeing the truth results in the Healing. And to see the truth you need to express all the pain out of you. The two things go hand in hand.

You can accept and express your bad feelings, letting off steam all day long, yet nothing will heal and nothing much will come of it. So this is where wanting your feelings to show you the truth of why you're feeling as you are is so important.

Don't go fishing with your mind, that will shut the truth out from rising up for you. **KEEP YOUR MIND OUT OF IT.** It's a feeling thing, doing your Feeling-Healing. (This is where we erred previously, and this how other modalities are in error.)



You long when you can, then stop longing and keep expressing. And at some point, and it might not even happen immediately, it might happen after days or weeks of expressing the same bad feelings, truth will come to you. And it does, it just comes up suddenly into your consciousness. You just know. You see the picture and you feel it's true. And you know it's true. And THEN your mind can come in and start sorting it out and putting in context.

It's the Truth that we are seeking. It's the End Point. The Reason for doing your Healing. You are to see the whole Truth of yourself. And to begin with, that's the whole truth of your unloving self, of your wrongness, of your evilness, of why you are as you are in your negative unloving mind-controlling state. To be able to fully accept yourself as you are, warts and all. To not fight or resist or try and change yourself, just to accept all you feel and all the truth of all those bad feelings you feel about yourself. And when you do, so you will be healed. You CAN'T heal yourself unless you uncover the truth of your pain, suffering and so the truth of all your bad feelings.

Through our Feeling-Healing we long for the truth of what we're feeling whenever we can. So as often as you can. You want, and REALLY WANT WITH ALL YOUR BEING, ALL YOUR WILL, to know why you are feeling bad. You yearn, want, long and beg and beg and BEG God to show you the truth of yourself through your feelings. So when you are expressing your bad feelings you can stop and long for the truth to show you what's going on, why do you feel so bad, and you can do it any time you think of it or feel to do it.

Notes from 'Feeling Healing' by James Moncrief

*Heartfelt* TRUTH

## Our FEELINGS are our SUPREME GUIDES:

# Feelings!

Feelings are what guide us through our ascension of truth. So they are really our Supreme Guides. Many people look for a person, spirit, angel, even God, for supreme guidance, however it's all right there already built in – in our feelings. We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it's there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feelings is really: Longing for the truth of our self, because: we are our feelings. So life stirs up our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings. Kevin 26 Sep 2017

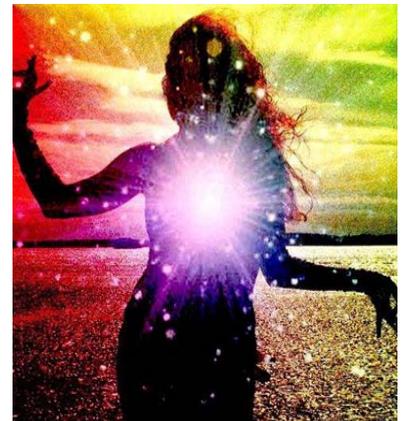
## Using our feelings to uncover the whole truth of our negative or anti truth and anti love state.

Kevin: So whilst we're of an untrue state, then all we have got to help us understand why we feel bad, why we are wrong, why we are negative and anti love and truth, is our feelings. So if we focus on our bad feelings, they will lead us to the truth of why we're feeling bad. Which will be the truth of what happened to us to make us be this wrong way, and how we took on the wrong way and keep it going making us feel bad.

## FEELING HEALING

**Note:** The vital difference between emotion and feeling is that emotions have their roots in the past, and feelings relate to the present moment. Emotions represent our feelings which were not previously expressed, and these accumulate with time.

**Note:** Our feelings are soul-based. Our soul is always in truth. It is our soul based feelings, that when allowed to be freely recognised, we will begin to express and be who we are. This takes time and perseverance as we have encrusted our souls with layers upon layers of errors and false beliefs, it is these layers that will confuse the truth that our soul is conveying to us. Only by our progression with our Feeling Healing will our soul's expression of truth become clear and free of all cloudiness and contamination.



“What our soul needs in accordance with our own, individual, **Soul-Light-Plan-Of-Destiny** (your life's true destiny plan), They, being our Mother and Father, will give you as required. The only way we can know truly what we need is to honour and follow our true feelings. They, springing from our soul, literally telling us what we need, and so when we genuinely feel we need something, we apply our will to get it. The hard part is knowing if our feelings are true, and until we have done our whole soul-healing, they won't be clear and totally true.” James – Introduction Course to Divine Love Spirituality

# Feelings First Spirituality

## The New Way

**Feelings First**  
**FF**  
**Feeling Free**

The New Way, Feelings First Spirituality  
 Learn to live with God through your Feelings

Accept, express and long for the truth of your feelings

Be free in your feelings  
 Free your feelings from your mind's control  
 Live true to your feelings; your feelings are your true self  
 Live true to yourself through your feelings



Live true to yourself by living true to your feelings.  
 Long for the truth of your feelings.

Accept / Express / Bring out ALL of your good, and most importantly,  
 BAD feelings.  
 Want to understand why you're feeling them.  
 Use your surface feelings to take you deeper into your repressed and  
 hidden feelings.



The Feeling Way is the True Way.  
Your feelings are your spiritual guide.  
Your feelings will take you to God.



Your feelings will show you the truth of your relationships, including your relationship with God; and if anything is wrong, untrue and unloving, then why it is.

Our feelings are sacrosanct and we should respect them accordingly. And we should NEVER block them out, ignore, override, banish, deny or reject them, because if we do, we're only doing that to ourselves, as Our Feelings Are Our Self.

Our feelings are the gateway to our soul. Our feelings are the closest we can get to our soul. Knowing the truth of our feelings is knowing the truth of our soul, and knowing the truth of God.

Feelings First Spirituality is the True path for humanity.  
It embraces all people.

It completely unifies the world.

Everyone can relate to everyone else through their feelings.

And we can all live the truth that comes from our feelings, all sharing the same truths as we express and have the same feelings.

No one need be left out; no one is more special than anyone else – we are all united in Truth through our feelings.

So with and through our truth we live our lives, therefore without the need of any man-made mind-laws, rules and restrictions that limit self-expression as inspired by our feelings.



The New Way, Feelings First Spirituality is what is to replace all man-made, mind-contrived religions that so many people have enslaved themselves to. The New Way, Feelings First Spirituality will set us free of all that control, ending the Rebellion and Default within ourselves as we do our Feeling-Healing, and ending such control and spiritual stagnation in the world.

Bring on the End Times – get it over and done with! Let's all see that Jesus is not going to come again, that Prophecy has failed all the mind-controlled platforms. Allow such false systems of belief to die their long-awaited natural death, they've overstayed their welcome, it's now time they fade away. So let us show such antiquated, erroneous systems of belief the exit and bring on the fresh liberation of discovering the truth of how we are to live for ourselves, each of us personally in our lives, and all by looking to our own feelings for it. Self-revelation through our feelings is the way to go.

The Way of the Mind is ending, and is really the End Times – the End of our mind control, and **it's about time!** With the Way of our Feelings replacing it.

The End Times means the end and therefore a New Beginning. And that new beginning is a whole new Spiritual Age – an age based on self-revelation of truth through one's feelings, coupled with and supported by higher revelations from the Celestial spirits, angels and nature spirits.



The Feelings First Spirituality is the True Way to God because it helps you get to know God, helping you to reach out, connect and be personal with God, and do God's Will, all through your feelings. It is the only true way of getting to know the God of Feelings – our beloved Heavenly Mother and Father, the Great Soul of Divine Love.

Love comes through our feelings and not our mind, as we've all been wrongly led to believe.

**Feelings First; then comes The Truth; then comes Love.**

**LOVE is the Religion of Feelings, being:**

**Feelings First Spirituality, The New Way**



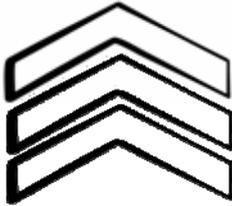
my  
**House** is your  
**Paradise**  
 **HOME**

## The CHOICE is OURS to MAKE:

### Celestial Truth:

Truly all-loving;  
 Living true to oneself;  
 Mind supporting Feelings;  
 Living with the Divine Love;

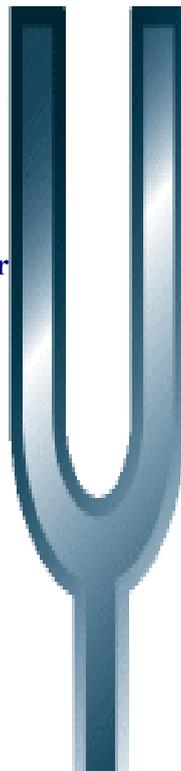
Fully Healed of the Rebellion and Default.



### THE FEELING WAY

Feeling – Ascendance  
 Unlimited progression

- Living true to your untruth;
- Honouring all your bad feelings;
- Expressing feelings to uncover their truth;
- Healing the Rebellion and Default within yourself;
- Feeling unloved; being unloving;
- Feeling as bad as you can feel;
- Feeling like you are no one special;
- Longing for the Divine Love.



### THE MIND WAY

Mind – Transcendence  
 Limited progression

- Enlightenment, Nirvana, feeling all-loving;
- All false, mind-contrived. Anti-truth, anti-love;
- Still evolving the Rebellion and Default within yourself;
- Feeling and believing you are the Superior One;
- Living with your mind in control of your feelings;
- Living rejecting all your bad feelings;
- Living with your mind contriving you feel loved;
- Rejecting the Divine Love.



All religions, New Age, agnostic,  
 atheists, no spiritual interest,  
 Living the Rebellion and Default.

Hell:  
 Exploiting the Rebellion and Default.

The Feelings are the doer; the Mind the teller. So we are to go with our feelings, which we can't be told to do with our mind. So the longing for the Divine Love, doing our Healing by expressing our feelings and longing for their truth, are all feelings and doing it with longing. Whereas the mind just wants to tell us what to do and how to be, no feelings in it, all how our parents have treated us.

**WE are meant to grow up LIVING FULLY CONNECTED to our FEELINGS:**

Humanity has always had an awareness and involvement with spirits, with life on the other side, because we are all heading that way, we all end up dying and becoming one of the spirits, and were humanity living rebellion-free, then nearly everyone would enjoy some level of spirit involvement either directly or indirectly, loving such an expansive awareness in life.

**We are meant to grow up living fully connected with our feelings in our physical reality, and at the same time with full feeling awareness of spirits and life after death, because after all, God is the greatest Spirit of us all.**

And so having an awareness and involvement with spirits can, and should, help us have more of an awareness with our Mother and Father. And it's not with just spirits, it's also with the angels who are with us all the time, and the nature spirits should we be open to them, and even higher spirits if we are to work with them, such as the Melchizedeks or Trinity Teacher Pairs. But mostly for those people involved with the Divine Love, it will be with the Celestials spirit group that is assigned to help them.



It is very important to understand that spirits and spirit life is meant to be part of life on Earth. However that's not to say everyone need to have an ongoing relationship with their spirit friends, but they can at least still be aware of spirits and spirit life and where we will be going and something about what to expect once we die. And when you are open to it, lessening the grip of one's fears about it, then we will find it will be just another aspect or level of life, and one that can give us quite a lot of comfort.

**TRUTH LOVING SOUL V ERROR INFLICTED MIND**



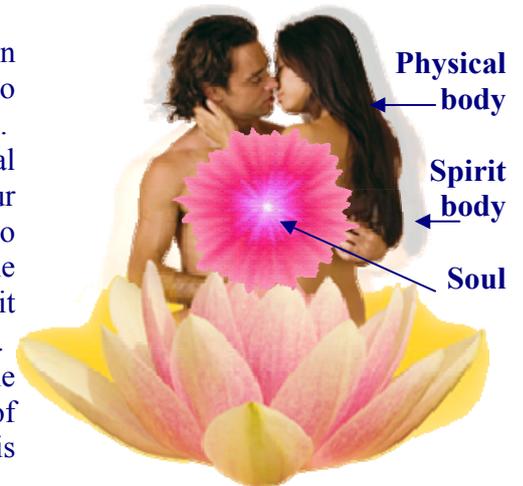
**Feeling  
Healing with  
Divine Love is  
the key!**



**To liberate one's real self, one's will, being one's soul, is by embracing Feeling Healing so to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.**

### The REAL YOU is the SOUL:

One's personality, natural intelligence, memory and human attributes all are soul based. The soul initiates conception so it can start expressing one of its two personalities in Creation. It creates the will, then 'wills' the spirit body and physical body and all that connects them with the will into being. Our soul constantly sustains or expresses us, one of its two personalities, in Creation. The spirit can't separate from the soul because the soul keeps it in existence. We need our spirit and physical bodies to experience our personality through. When the spirit body separates from the physical body, one continues on living in a different form without losing any of the attributes experienced during physical life. Incarnation is the process of individualisation of the soul.



Without a soul, our physical bodies would function and interact similarly to that of a domestic animal. An unsouled human body (thought not possible) would respond like a household puppy! Domestic animals calibrate on Dr David Hawkins' Map of Consciousness between 200 and 250, the human body calibrates at 200. All animals have spirit bodies, these do not survive into the spirit Mansion Worlds. Our SOUL IS NOT ENSOULLED IN OUR SPIRIT BODY. Our soul exists existentially in a whole different level or plane or place or dimension of being – 'soul land'. It doesn't exist in Creation, it's not experiential like Creation is. The soul, all souls, help create their part of Creation by expressing their personalities into Creation, and then by having their personalities do things (further create) in Creation.



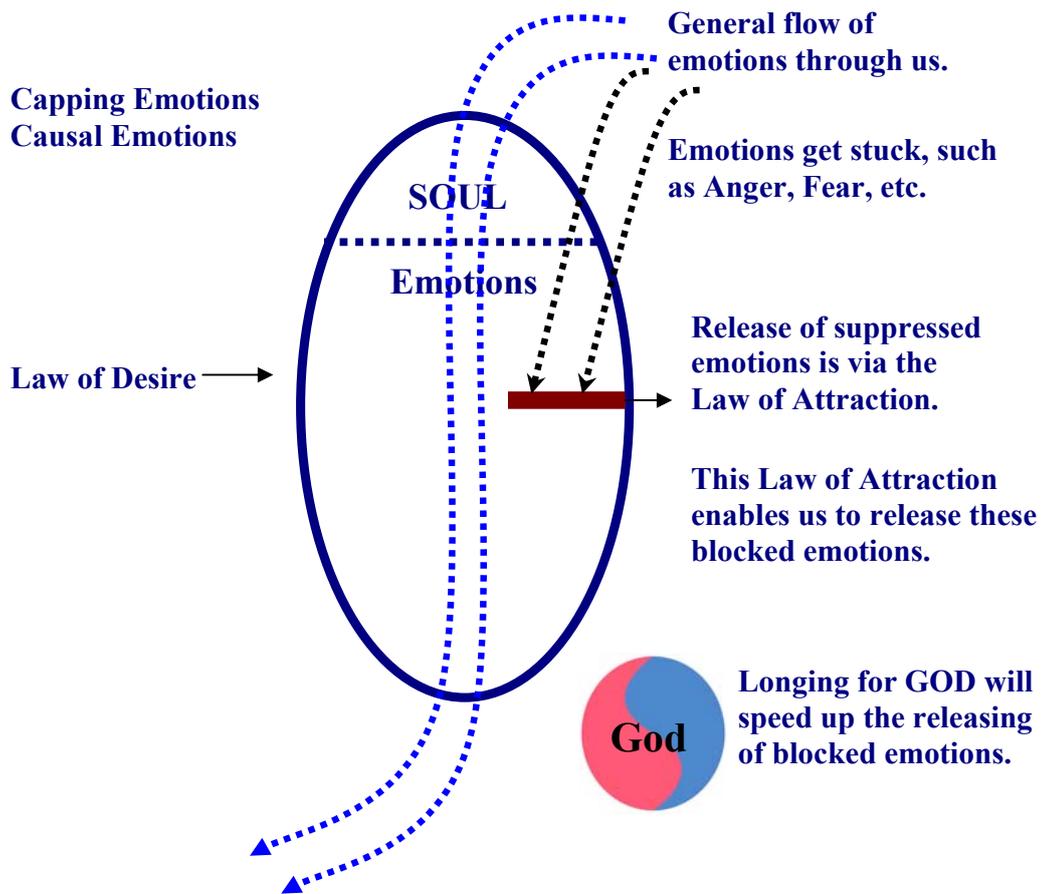
**Our first parents, Andon and Fonta (also called Aman and Amon), were the first to exhibit human perfection hunger some one million years ago (993,500 years ago). Adam and Eve, Adamite bestowals, arrived some thirty eight thousand years ago – or earlier.**

**Aman and Amon** were the first True Humans, which means, the first soul expressing its soulmate pair, its two personalities, in Creation – on Earth. From which came forth the rest of us. So they had a soul from the start, which separated them from their animal parents. It's the soul that wants to fully express itself through its two personalities perfectly in Creation, which is the so-called 'human perfection hunger'. It, our soul, wants to be Perfect like its Heavenly Parents, the Soul that Created it. We, focused as personalities, want to be perfect, like the Personalities of our Mother and Father that are Perfect. Our soul wants to be like Their Soul. Our soul wants to ascend us to Paradise so we can be with Them, as physically close to Them on a personality level that we can be, and then see what happens.

There were aunts and cousins, parents and grandparents. But they were not human like Aman and Amon – they were really animals, though of the same species. Aman and Amon wandered off from the family, since they could find no way of relating to them at all. How could they? They were incapable of rational thought, speech, or anything human. Aman and Amon knew that forevermore that they were apart.

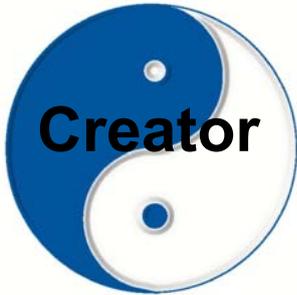
Aman and Amon may have been twins. They were indeed a primate species of humanoids. But they, themselves were more beautiful than their animal relatives, and they knew, even from their very appearance, that they were marked even by Nature to be different.

WE are CREATED as EMOTIONAL BEINGS:



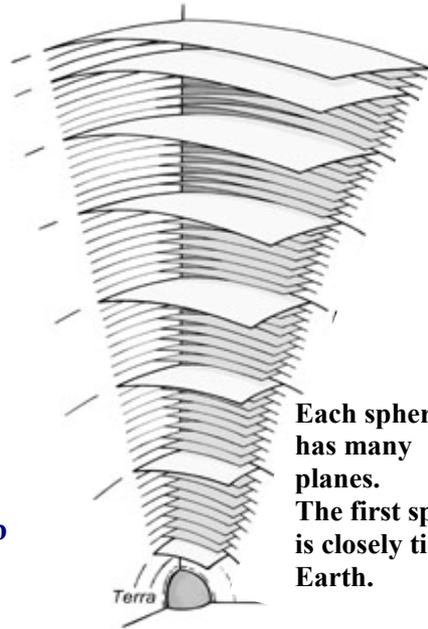
“Repressed / suppressed emotions result from walking away from Love. Amon and Aman – first parents – walked away from God, detuned from God’s love. We misused freewill by acting in disharmony with God”.

**Feelings first**



God creates your personality. Your soul splits into male and female aspects, incarnation of the two parts may be as much as 20 years apart or thereabouts.

Parents attract the unaware soul element at conception. We reflect our parent's emotions. As children we absorb the emotions from surroundings without any filters. From conception we start our journey up the spiritual realms.



Each sphere has many planes. The first sphere is closely tied to Earth.

There are in fact many 'dimensions' of existence in the spirit world. These other dimensions / spheres are all in various locations and conditions of love. To get from one dimension to another dimension that is in a better condition and more joyous, is about learning lessons in love.



**JAMES** PADGETT MONCRIEF **REVELATIONS** 1 Commenced 1914  
2 Completed 2014

**REVELATION** 1 Divine Love addresses the issues of the Rebellion.

**REVELATION** 2 Feeling Healing addresses the issues of the Default.

Level	Calibration
Enlightenment	700 - 1000
Peace	600
Joy	540
Love	500
Reason	400
Acceptance	350
Willingness	310
Neutrality	250
Courage	200
Pride	175
Anger	150
Desire	125
Fear	100
Grief	75
Apathy	50
Guilt	30
Shame	20

The Map of Consciousness (MoC) scale by David Hawkins is a natural love scale.

Allowing yourself to feel past 1,000 on this scale, this will enable you to calibrate Divine Love.

The scale is a scale of love that is ultimately infinite once you consider Divine Love.

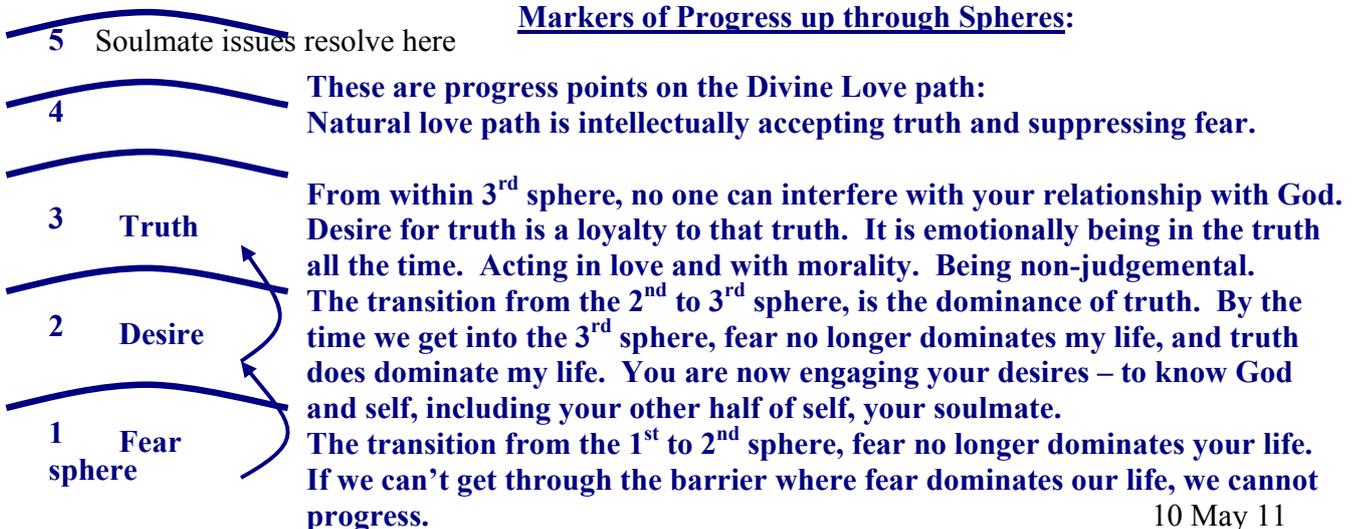
Publications and material in Divine Love and on Divine Love typically calibrate between 1,300 and 1,500 on the MoC.

**Possible relationship of Map of Consciousness (MoC) with Mansion World Spheres:**

- 8<sup>th</sup> Sphere 1,081 – 1,251+ Achievement of at-onement on reaching 1,081
- 7<sup>th</sup> Sphere 921 – 1,080 Divine love only, transmission to at-onement and Celestial spheres
- 6<sup>th</sup> Sphere 841 – 1,000 Natural love mind world – perfect Natural love
- 5<sup>th</sup> Sphere 781 – 920 Divine love Mansion World
- 4<sup>th</sup> Sphere 651 – 840 Natural love mind Mansion World
- 3<sup>rd</sup> Sphere 500 – 780 Divine love Mansion World
- 2<sup>nd</sup> Sphere 500 – 650 Natural love mind Mansion World
- 1<sup>st</sup> Sphere 1 – 499 Natural love mind world predominantly

World 1 embraces the regions of disharmony as well as introduction to Divine Love. All humanity awoken in spirit in the first Mansion World. Then they move, if required, upwards to higher mind levels or lower into the hell planes or over into the Divine Love healing worlds. Humanity, overall, calibrates around 212 on the Map of Consciousness.

Markers of Progress up through Spheres:



**NATURAL LOVE and DIVINE LOVE SPHERES and FEELING HEALING PLANES:**

**After the HAND OVER!**

**Divine Love progress is to infinity**

Peak of 7<sup>th</sup> sphere is where one becomes at one with our Heavenly Parents.

These calibrations are an approximation utilising Dr David Hawkins' 'Map of Consciousness' table:

**Natural Love peak is 1,000 on MoC**

Natural Love  
6<sup>th</sup> Sphere  
Mansion / Mind  
Worlds with  
Feeling Healing  
MoC 840 – 1,000

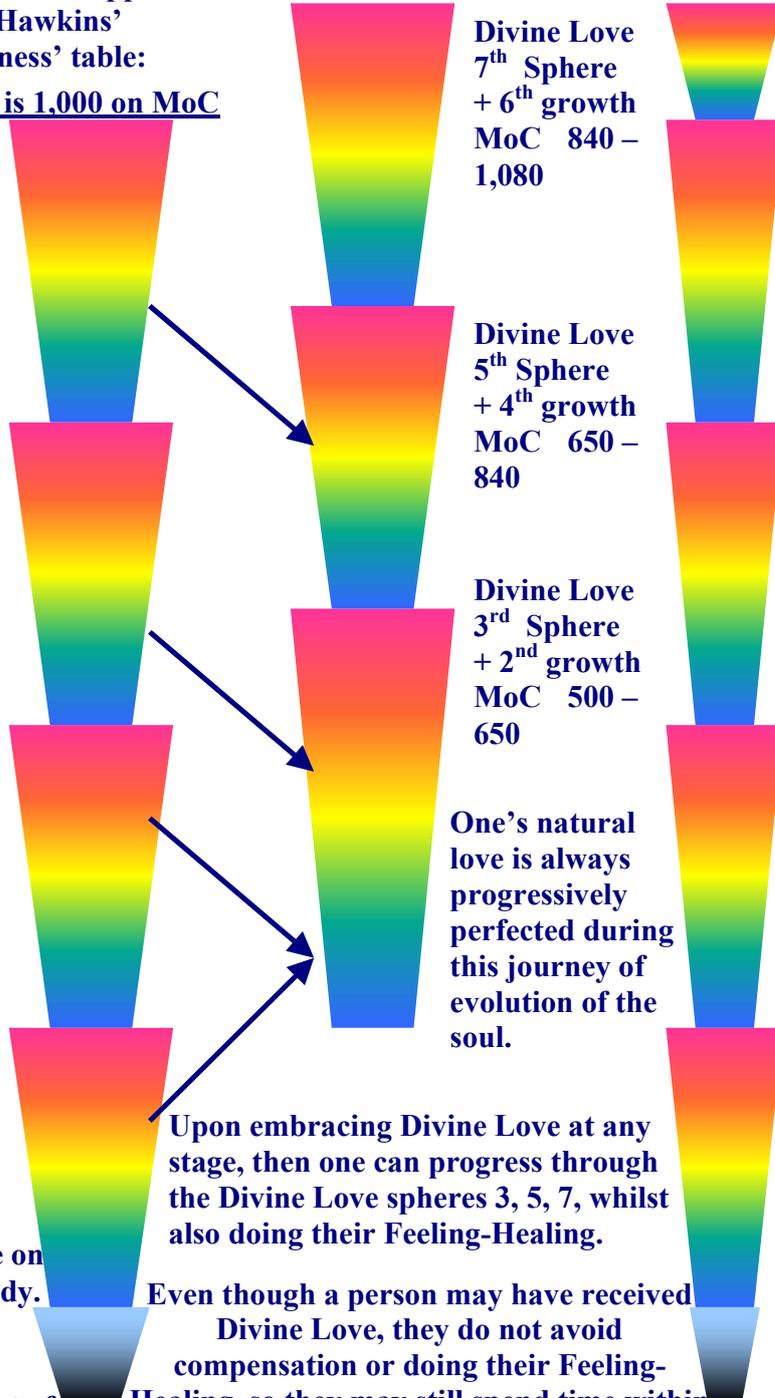
Natural Love  
4<sup>th</sup> Sphere  
Mansion / Mind  
Worlds with  
Feeling Healing  
MoC 650 – 840

Natural Love  
2<sup>nd</sup> Sphere  
Mansion / Minds  
Worlds with  
Feeling Healing  
MoC 500 – 650

Natural Love  
1<sup>st</sup> Sphere  
  
MoC 200 – 500

We all enter the 1<sup>st</sup> natural love sphere on the death of our body.

HELL planes:  
MoC 1 – 200  
Hells being a sub-set of 2 Spheres of Disharmony.



Divine Love  
7<sup>th</sup> Sphere  
+ 6<sup>th</sup> growth  
MoC 840 – 1,080

Divine Love  
5<sup>th</sup> Sphere  
+ 4<sup>th</sup> growth  
MoC 650 – 840

Divine Love  
3<sup>rd</sup> Sphere  
+ 2<sup>nd</sup> growth  
MoC 500 – 650

One's natural love is always progressively perfected during this journey of evolution of the soul.

Upon embracing Divine Love at any stage, then one can progress through the Divine Love spheres 3, 5, 7, whilst also doing their Feeling-Healing.

Even though a person may have received Divine Love, they do not avoid compensation or doing their Feeling-Healing, so they may still spend time within the spheres of disharmony.

Natural Love sectors for those doing their Feeling-Healing, without the Love, are within the Natural Love Mansion Worlds:

Progressing through the natural love worlds, within Feeling-Healing sectors, while doing one's feeling healing, upon reaching the 6<sup>th</sup> Sphere having completed Feeling-Healing, one can then embrace the Divine Love and proceed directly to the 5<sup>th</sup> Divine Love Sphere.

Then they may prepare to enter the Celestial Heaven Spheres from there.

This pathway is when the Divine Love is unavailable before perfecting one's soul.

**The Soul in pristine condition**



**The Soul at conception**



**The Soul changes**



**The Soul damaged**

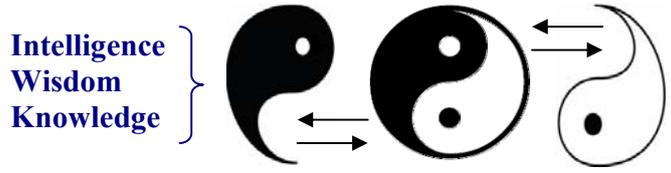


**The soul becomes encrusted with our emotional errors and injuries, however, at the core the soul remains in its pristine condition.**



**For many of us, our soul is so depleted of love that our soul is encased within our spirit and physical bodies.**

**The soul is the only place that intelligence is, the real you:**



**Feelings first**

**SPHERES in the SPIRITUAL REALMS.**

**Spheres – Celestial Heaven, Eternal Spheres, then Spheres of Paradise:**  
The realm of the Angels is the Celestial Heavens spheres 8 to infinity.

**Spheres to infinity:** Soulmate bonding can be achieved in most of the spheres. (Celestial Spheres are not numbered per se.).



**Eighth Sphere:** All emotional baggage of your entire history has been dealt with – born again. This is the point of new birth, being born again. Celestial Heavens 8 to infinity true immortality.

**Seventh Sphere:** The gateway cycle, perception of sacramental nature of all things. Disappearance of the material mind and the absolute ascendancy of the soul's mind has been achieved. Divine path.

**Six Sphere:** Cycle of light / love, love / light or unity. A purely intellectual area, increasing one's knowledge, while living a life in absolute harmony with God's laws of spirituality. Natural path peak.

**Fifth Sphere:** Cycle of light or wisdom. All their earthly bonds are gone. We are in one of those soul spheres, which offer great opportunities for obtaining the Love of God – Divine Love sphere.

**Fourth Sphere:** Work of 'atonement' as guides and spiritual healers now excel. As humanity's helpers, their work is a means for self-realization. Natural love sphere mainly.

**Third Sphere:** An area where spirits progress in their awareness, truth prevails. As with all spheres, there are many planes. Changing pathways requires dropping back to a lower path, then proceed.

**Second Sphere:** The sphere of decision which is much more spiritual but which was hidden and outside the range of their perceptions. Spirits can now choose the path they wish to follow – desires.

**First Sphere:** Cycle of awareness. There are vibrational love barriers between each of the spheres. Highest level of the Earth planes is the point of transition from materiality to the spiritual 2<sup>nd</sup> sphere. Summerland is the highest part of the Earth planes, but it is still a very material region. Children live in Summerland in great numbers, having died prematurely. Twilight zone, the most populated area in the spirit world, and starting point for most. Various hells descending progressively into greater degrees of darkness. All souls can be assisted out of these hells no matter what level they fall. At the deepest levels, the soul finds it extremely difficult to hold itself together. The hells are not fiery physical places. Actions are based on fear.



**The 2<sup>nd</sup>, 4<sup>th</sup>, 6<sup>th</sup> spirit spheres provide principally for mental and moral advancement, whereas, the 3<sup>rd</sup>, 5<sup>th</sup>, 7<sup>th</sup> soul spheres provide for Feeling Healing process with Divine Love.**

## **The Only Prayer That Man Need Offer to the Father:**

(as given within the first century)  
I am here, Jesus

**The Prayer for Divine Love**

2 Dec 1916

<http://www.youtube.com/watch?v=Pg6p3rivAZw>

**P.438 Book of Truths through James Padgett / Jesus**

Let your prayer be as follows:

**Our Father, who art in heaven, we recognize that You are all Holy and loving and merciful, and that we are Your children, and not the subservient, sinful and depraved creatures that our false teachers would have us believe. That we are the greatest of Your creation, and the most wonderful of all Your handiworks, and the objects of Your great soul's love and Tenderest care.**

**That Your will is that we become at one with You, and partake of Your great love which You have bestowed upon us through Your mercy and desire that we become, in truth, Your children, through love, and not through the sacrifice and death of any one of Your creatures.**

**We pray that You will open up our souls to the inflowing of Your love, and that then may come Your Holy Spirit to bring into our souls this, Your love in great abundance, until our souls shall be transformed into the very essence of Yourself; and that there may come to us faith--such faith as will cause us to realize that we are truly Your children and one with You in very substance and not in image only.**

**Let us have such faith as will cause us to know that You are our Father, and the bestower of every good and perfect gift, and that only we, ourselves, can prevent Your love changing us from the mortal to the immortal.**

**Let us never cease to realize that Your love is waiting for each and all of us, and that when we come to You, in faith and earnest aspiration, Your love will never be with-held from us.**

**Keep us in the shadow of Your love every hour and moment of our lives, and help us to overcome all temptations of the flesh, and the influence of the powers of the evil ones, which so constantly surround us and endeavour to turn our thoughts away from You to the pleasures and allurements of this world.**

**We thank You for Your love and the privilege of receiving it, and we believe that You are our Father --the loving Father who smiles upon us in our weakness, and is always ready to help us and take us to Your arms of love.**

**We pray this with all the earnestness and longings of our souls, and trusting in Your love, give You all the glory and honour and love that our finite souls can give.**

**Amen**

MoC



Note: The 'false teachers' are our parents, as they are also the 'evil ones'. Also, the evil ones, being those parts of one's mind, that are controlling you.

The Padgett Messages, received 1914 to 1923 and published in the Book of Truths, has now been extended with further session of messages having been received between 2012 and 2013, and titled “The DIVINE UNIVERSE” via Zara Borthwick and Nicholas Arnold.

## The DIVINE UNIVERSE

16.10.2012: 79.

### *Prayer of the Heart*

I encourage the heart that prays to the Father for the Divine Love. I encourage the heart that loves the Love, and with sincere aspiration, feels for the Love. If there be any doubt, loss of faith or hardship of heart, I encourage the heart not to give up or give the Love away. The Father hears your prayers and the heart be rest assured in this. Never will a good heart be forsaken. As the Father does so do I, see and hear your heart, and prayers for the Love and the needs for wellbeing. Never give your heart up; trust in the One who knows your true heart, and there the Father loves you. One may never fully understand the intricate workings of time, past present and future, but the heart knows faith and Love and the Father Loves a good heart. Pray with faith, and in your heart my truth and the Father’s Divine Love meet you there.

I have given you this prayer of the heart so that men and women may draw from its words, strength, love and faith

Your beloved friend and companion,

**Note:** Following the writings of James Moncrief, one could consider that any reference to the Father, by other relevant writers, may be read as a reference to ‘our Mother and Father’. Further, when considering soul healing, then reference to Divine Love could be referred to as ‘Feeling Healing with Divine Love’.

<http://www.pascashealth.com/index.php/library.html>

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**The BEAUTIFUL MIRACLE:**

5 Oct 2012

**The DIVINE UNIVERSE**

The way in which the Spirit conveys the Divine Love into the soul is a beautiful miracle. The attribute of mortal soul prior to incarnation has to it, a potential within it that is part of its formed nature. After the soul incarnates this potential remains part of the soul and even if the forming personality is unaware of such a soul potential, the potential still exists. The Divine Love is entirely suitable in its energy of harmony to be the energy that a mortal soul can utilise. The Spirit covers the spirit body when the individual sincerely asks the Soul of God for the Divine Love and this covering of the spirit body is where the dynamic of this beautiful miracle takes place. From the internal longing of the individual for the Divine Love this activates the Spirit Law that activates the Spirit that is then attracted to the spirit body upon which the Spirit material of the spirit body draws the Divine Love in to its soul and this union completes. The key here is to gain a perceptive insight into realising that the spirit body is not an inert body but that it is living and has activity, recognisable from its first forming from the Spirit Law that materialises a spirit body. The Spirit and the spirit body to give an analogy are like two attracting magnets and when the surface of the spirit body is touched by the Spirit, this causes the automatic response of the Divine Love to permeate into the attribute of soul and so begins the transformation of energy from the natural into the Immortal Divine Harmony. If the individual continues the receipt of Divine Love, the energy that is Divine Love actively begins to change the soul and this is felt in the spirit body systems and can produce feelings of love and elation. The spirit-mind begins to change as all spirit body systems are affected by the changed condition now experienced in the soul as the soul becomes living and vital. In one's progression of this Divine transformation, the soul will mature enough from the amount of Divine energy it receives and at that moment the surface of the spirit body and the Spirit are continuously attracted to each other, then one is living in the presence of the Father in perfect harmony, and this clarifies the truth about what it means to be truly at-one with God.

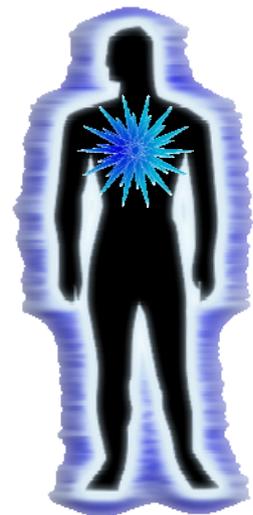
**Soul within  
spirit body  
prior to receiving  
Divine Love.**



**Divine Love being received  
from The Spirit, covering the  
spirit body of the requesting  
personality.**



**Divine Love having been  
assimilated within one's soul,  
now being reflected through the  
radiance of the spirit body.**



**SHINING TOWARD SPIRIT:**  
**665. The Shining toward Truth**

Vol III, p. 157, 14 Nov 2014 – 14 Mar 2015 Zara and Nicholas

[www.lulu.com](http://www.lulu.com)

It is I Matthew, a teacher of the Divine Love. I have communicated with you recently, now I desire to provide you with a visual description of the Love.



Imagine a continuous Energy shining light blue that is unbroken with a seamless surface that surround every mortal and Immortal spirit. Imagine if you were to become aware that this energetic field of light-blue Energy existed in its shining radiance just near where you are. Now that you are aware that this unbroken Divine Love is unified energetic field of living Love, by opening toward the Soul of God and aspiring for the Divine Love, the Acting Spirit gently brings a small portion of this shining blue Energy into your soul

The Divine Love that you have received remains part of this great Energy that the Divine Love is and even though this small portion of Divine Love, now within your soul, in its shining radiance and energetic cause, it is never separated from the continuous energetic field of Energy that the Divine Love is. Having partaken of this Energy it is with perception that one is aware that the Divine Love within one's soul is the same Divine Love that every person and spirit who has partaken of this Love, participates with. Even though in our individuality we partake of this Divine Energy, this Love is never broken away from the Source and Origin from which this Divine Love emanates.

The Divine Love is bestowed into our finite soul by the Acting Spirit, but this Spirit remains in contact with our spirit body and does not enter the finite soul to become part of our finite soul essence that we are. No mortal or Immortal spirit can manifest in their soul the Acting Spirit so that this Spirit – this Holy Spirit – becomes part of our existing finite spirit body. Only the Divine Love and its Energy becomes part of our finite soul, which causes the change to our spirit body. The Acting Spirit always remains its own attribute and never does a Celestial spirit claim ownership or take possession of the Acting Spirit within their soul. (The Holy Spirit / Acting Spirit is an instrument of the Source Soul, our Father.)

This is one of the wonderful Truths by which we who have been transformed by the Divine Love understand our personal relationship with the Father's ever-present Acting Spirit. The shining Energy of Divine Love is all around us and when we have partaken of this Love, part of our finite nature becomes independently shining in this true perfect Love.

I provide these words that may appeal to those who are visual and to express the universal appearance of the Divine Love and the personal touch when in contact with the Acting Spirit.

Matthew (Apostle)

**Whilst we are receiving our Heavenly Parents' Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way our Mother and Father are actually loving us! When we progress, it is God's way of loving us into love and then we live what we are, love.**

To liberate one's real self, one's will, being one's soul, is by embracing Feeling Healing so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

**Our salvation IS by embracing Feeling Healing with the Divine Love.**

**God's Divine Love: Pray for it, ask for it, and receive it.**

**Please Mother and Father, may I receive Your LOVE.**

**“Every day is a day of devotion.”**

**Follow your heart, follow your love and do that in loving action, your inner love leads in your asking the Soul of God to receive a little of the Love to strengthen one's resolve to heal.**

**“I love you Father.” “Let the Divine Love proclaim its energy into my soul.”**

**“Mother – Father, I desire your Love and I am loving you.”**

**“Soul God, I love you and I love receiving and experiencing your Divine Love.”**

**“True Soul God, I am here, I am aware of your Love. Please hear my aspiration for your Love and as I approach you from my soul, I can feel your Love in the way that you are loving my soul.”**

**Try it; give the Feeling Healing and Love a go! If you want to shine, receive the Love.**

**One can simply receive the Love without following any religious or spiritual teaching taught by man!**

**Emotional errors and injuries cause encrustment around the soul, the soul is never damaged however, the encrustments retard love energy flow to and from the soul. Feeling Healing melts such injuries.**

### **Three Great Truths:**

- **God is Soul, being our Heavenly Mother and Father;**
- **that each individual soul is a duplex – both male and female;**
- **and Feeling Healing with Divine Love is the pathway to Paradise.**



**PRAYER for DIVINE LOVE:** library download pages at [www.pascashealth.com](http://www.pascashealth.com)  
 Kindly visit the library download pages at [www.pascashealth.com](http://www.pascashealth.com) as further recordings are added.  
 Should you click on the audio files, you will also be able to download the audio file onto your computer.  
**Prayer for Divine Love – from the Padgett Messages** (Medical – Spiritual References)  
<http://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/Prayer%20for%20Divine%20Love%20from%20the%20Padgett%20Messages.mp3>  
**The Voice of Divine Love** (Medical – Spiritual References)  
<http://www.pascashealth.com/index.php/library.html?file=files/opensauce/Downloads/MEDICAL%20-%20SPIRITUAL%20REFERENCES/The%20Voice%20of%20Divine%20Love.m4a>

**NATURE and STAGES of FUSION:**

**Seventh stage of Fusion** of individuality is the transition from the Eternal Spheres to the Spheres of Paradise. The individual is now fully fledged in their union with God and can travel around the entire soul Sphere that God is and resides in.



**Sixth stage of Fusion** truly demonstrates how the personality is infused with extended attributes of mind-spirit function as the individual progresses from the Celestial Heaven and enters the Eternal Spheres.

**Pre-Incarnational Sphere:**

**First stage of Fusion** is the separating of the soul into two, each soul half being complete on their own.



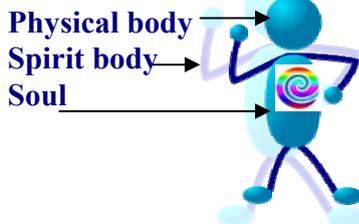
**Fifth stage of Fusion** transpires when their natural love changes and one's soul progresses to the condition to be of Celestial soul quality, one enters the Celestial Heaven.

**Fourth stage of Fusion** involves the Divine Love. This can happen at any time during the natural life experience of the individual. Happens when the Immortal Divine Love enters the attribute of the soul for the first time, either when in the physical body state or spirit body state.



**Second stage of Fusion** is simply defined by the incarnation of the finite attribute of the soul to acquire a spirit body and living attribute of personality, which commences the finite soul's individualisation of mortal life experience.

Spirit body →  
Soul →



**Third stage of Fusion** in a soul's life is its transition into the First mortal natural spirit Sphere. This stage is defined as the ending of the physical incarnation and the beginning of life in the spirit world.



**On the WINGS of a BUTTERFLY:** No 12, Traveller, an immortal journey, via Zara and Nicholas

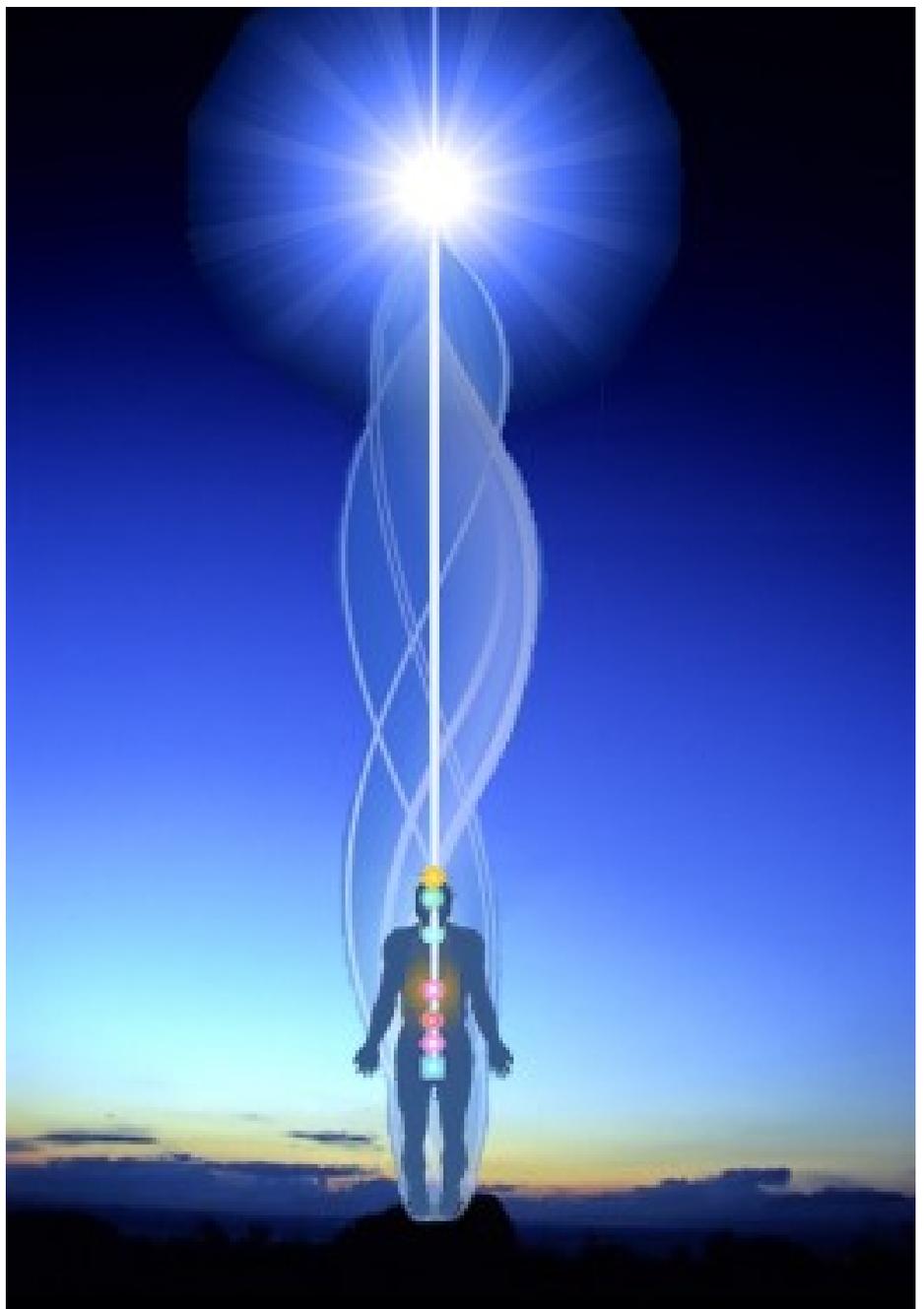
Once upon a time there was a butterfly sitting with closed wings in a person's heart. This butterfly had been sitting with wings closed for a long time. The person couldn't figure out why they always felt a little sad. One day, this person asked another person why they feel sad. The response happened quickly and the person didn't like the response. It was said that perhaps your soul is sad. Several days passed and soon that person found themselves sitting by the sea. The sea has great longing to it. As the sun shone on a late spring day, the person thought about their soul and that perhaps, the person's remark was true, and that this person was a messenger of some sort. Suddenly a breeze swept through the beach and the person heard a distinct voice speak directly to him! The voice said, "Let your soul breathe in Divine Love." That was all the voice said.

The person didn't know what the Divine Love was or where it was, but now the sadness had greater longing so the person decided to breathe in the Divine Love and just like that – the closed wings of the butterfly opened and the person's sadness started to dissolve.

Happiness will be mine the person thought upon feeling the Love and this will take time for me to learn how to live such happiness.

Never again, in the heart of that person, did the butterfly close its wings.

Traveller



<b>Primary recommended reading:</b>	<b>consider commencing with: Paul – City of Light</b>	
<b>The Book of Truths</b>	1914 – 1923	xxx – Joseph Babinsky
<b>containing the Padgett Messages or</b>		
<b>Little Book of Truths</b>		– Joseph Babinsky
<b>True Gospel Revealed anew by Jesus Vol I, II, III, IV</b>		xxx – Geoff Cutler
<b>The Rejected Ones</b>	2002 – 2003	xxx – James Moncrief
<b>Messages from Mary &amp; Jesus</b>	2003	xxx – James Moncrief
<b>Paul – City of Light</b>	2005	xxx – James Moncrief
<b>Mary Magdalene and Jesus'</b>		
<b>comments on the Padgett Messages</b>	2007 – 2010	xxx – James Moncrief
<b>Speaking with Mary Magdalene &amp; Jesus</b>	2013 – 2014	xxx – James Moncrief
<b>Sage and the Healing Angels of Light</b>	2017	xxx – James Moncrief
<b>Road map of Universe and history of Universe:</b>		
<b>The Urantia Book</b>	1925 – 1935	xxx as primary reading
<b>Divine Love supporting reading:</b>		
<b>Revelations</b>	1954 – 1963	– Dr Daniel Samuels
<b>Judas of Kerioth</b>	2001 – 2003	– Geoff Cutler
<b>The Golden Leaf</b>	2008	– Zara & Nicholas
<b>The Richard Messages</b>	2012 – 2013	– James Reid
<b>The Divine Universe</b>	2012 – 2013	– Zara & Nicholas
<b>Family Reunion Afterlife Contact</b>	2014 – 2015	– Joseph Babinsky
<b>Traveller, An Immortal Journey</b>	2014 – 2015	– Zara & Nicholas
<b>Destiny, Eternal Messages of Divine Love</b>	2015 – 2016	– Zara & Nicholas
<b>Feeling Healing</b>	2017	– James Moncrief
<b>Religion of Feelings</b>	2017	– James Moncrief
<b>The Way of Divine Love</b>		– Joseph Babinsky
<b>Divine Love – The Greatest Truth in the World</b>		– Joseph Babinsky
<b>The Human Soul</b>		– Joseph Babinsky
<b>Divine Love Flowing</b>		– Joseph Babinsky
<b>The Truth</b>		– Werner Voets
<b>Through the Mists, The Life Elysian, The Gate of Heaven</b>		– Robert James Lees
<b>Life in the World Unseen</b>		– Anthony Borgia
<b>Gone West</b>		– J M S Ward
<b>Post Mortem Journal</b>		– Jane Sherwood
<b>After Death / Letters from Julia</b>		– William T Stead
<b>Thirty Years Among the Dead</b>		– Carl A Wickland
<b>A Wanderer in the Spirit Land</b>		– Franchezzo
<b>Life Beyond the Veil Vol I thru to V – Rev George Vale Owen</b>		– Geoff Cutler
<b>The Holy Bible from the Ancient Eastern Text</b>		– Dr George M Lamsa
<b>Available generally from:</b>		
<a href="http://www.lulu.com">www.lulu.com</a>	<a href="http://www.amazon.com">www.amazon.com</a>	<a href="http://www.bookdepository.com">www.bookdepository.com</a>
<b>For Divine Love focused websites and forums:</b>		
<b>Pascas Health:</b>	<a href="http://www.pascashealth.com/index.php/library.html">http://www.pascashealth.com/index.php/library.html</a>	
<b>Spiritual Development:</b>	<a href="http://new-birth.net/spiritual-subjects/">http://new-birth.net/spiritual-subjects/</a>	
<b>Padgett Books:</b>	<a href="http://new-birth.net/padgetts-messages/">http://new-birth.net/padgetts-messages/</a>	
<a href="http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm">http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm</a>		

**James Moncreif's books, the Padgett Messages and The Urantia Book at:**

**DIVINE LOVE SPIRITUALITY – DLS:**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945  
The Urantia Book (see suggested papers to read below)

**James Moncreif Books:**

	MoC		
The Rejected Ones – the Feminine Aspect of God	1,490	Nov 2002 – Jan 2003	228
Messages from Mary and Jesus book 1	1,485	Feb – Apr 2003	189
Messages from Mary and Jesus book 2	1,485	Apr – Oct 2003	170
Mary Magdalene and Jesus' comments on the Padgett Messages – book 1		Aug 2007	164
Messages from 31 May 1914 – 12 January 1915	1,495		
Mary Magdalene and Jesus' comments on the Padgett Messages – book 2		Sep 2010	177
Messages from 13 January 1915 – 29 August 1915	1,494		
Speaking with Mary Magdalene and Jesus blog – book 1	1,490	Jan – Apr 2013	206
Speaking with Mary Magdalene and Jesus blog – book 2	1,489	Apr – May 2013	229
Speaking with Mary Magdalene and Jesus blog – book 3	1,490	Oct – Jan 2014	187
Speaking with Mary Magdalene and Jesus blog – book 4	1,491	Jan – May 2014	191
Mary Magdalene comments on Revelation from the Bible KJV	1,485	Dec 2013 – Jan 2014	84
		This group being pages of	1,825

Paul – City of Light	1,488.5	2005	149
Ann and Terry		2013	235
Feeling bad? Bad Feelings are GOOD!	feeling-healing book 1	2006	179
Feeling bad will make you feel BETTER – Eventually!	feeling-healing book 2	2006	159
Breaking the Golden Rule.	feeling-healing book 3	2006	168
Feeling-Healing exercises, and other healing points to consider.		2009	175
Cathy and Mark – a novel introducing Feeling-Healing.		2010	151
Introduction course to Divine Love Spirituality		2006	139
Speaking with the Dead, Death and Dying		2009	173
Spirits and their Childhood Repression Healing		2010	179
With Verna – a nature spirit		2008	279
Communication with spirits – meet a spirit friend		2010	37
Introduction to Divine Love Spirituality website			362
Sage – and the Healing Angels of Light		2017	260
Divine Love Spirituality	1,500	2017	201
Feeling Healing – you can heal yourself through your feelings		2017	153
Religion of Feelings	1,500	2017	47
		This group being pages of	3,046

**Religion of Feelings**

<http://religionoffeelings.weebly.com/>

**Introduction to Divine Love Spirituality**

<http://dls spirituality.weebly.com/>

**Main website of DLS**

<http://divinelovesp.weebly.com/>

**Childhood Repression website**

<http://childhoodrepression.weebly.com/>

**DLS and CR forum**

<http://dlscr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

**FEELING HEALING and SOUL HEALING with the DIVINE LOVE:****James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

**Speaking with Mary Magdalene and Jesus – books 1 – 4**

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

**Paul – City of Light**

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

**Ann and Terry**

For an example of people who might want to immediately start working on them selves and doing their Healing.

**Feeling Bad? Bad feeling are GOOD**

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

**Feeling bad will make you feel BETTER – Eventually!**

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

**Sage – and the Healing Angels of Light**

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings  
Feeling Healing**

**Welcome to LOVE – the Religion of Feelings  
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

**The Padgett Messages being published as:****The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book**

**Release one's pain through expressing one's feelings.**

**in conjunction with**

**Longing for the Truth when also longing for Divine Love.**

**FEELING HEALING with DIVINE LOVE is SOUL HEALING:**

*A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.*

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing.**

**Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.**

**Primary and most important readings are the writings of James Moncrief.**

**Then consider the Padgett Messages, and then The Urantia Book.**

Pascas Papers, being free, are located within the Library Downloads [www.pascashealth.com](http://www.pascashealth.com)

<http://www.pascashealth.com/index.php/library.html>

**PASCAS – document schedule.pdf          downloadable index to all Pascas Papers.**

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love; DL denotes Divine Love – living with the Love.

**PASCAS INTRODUCTION NOTES:** *All papers below can be found at Library Downloads link..*

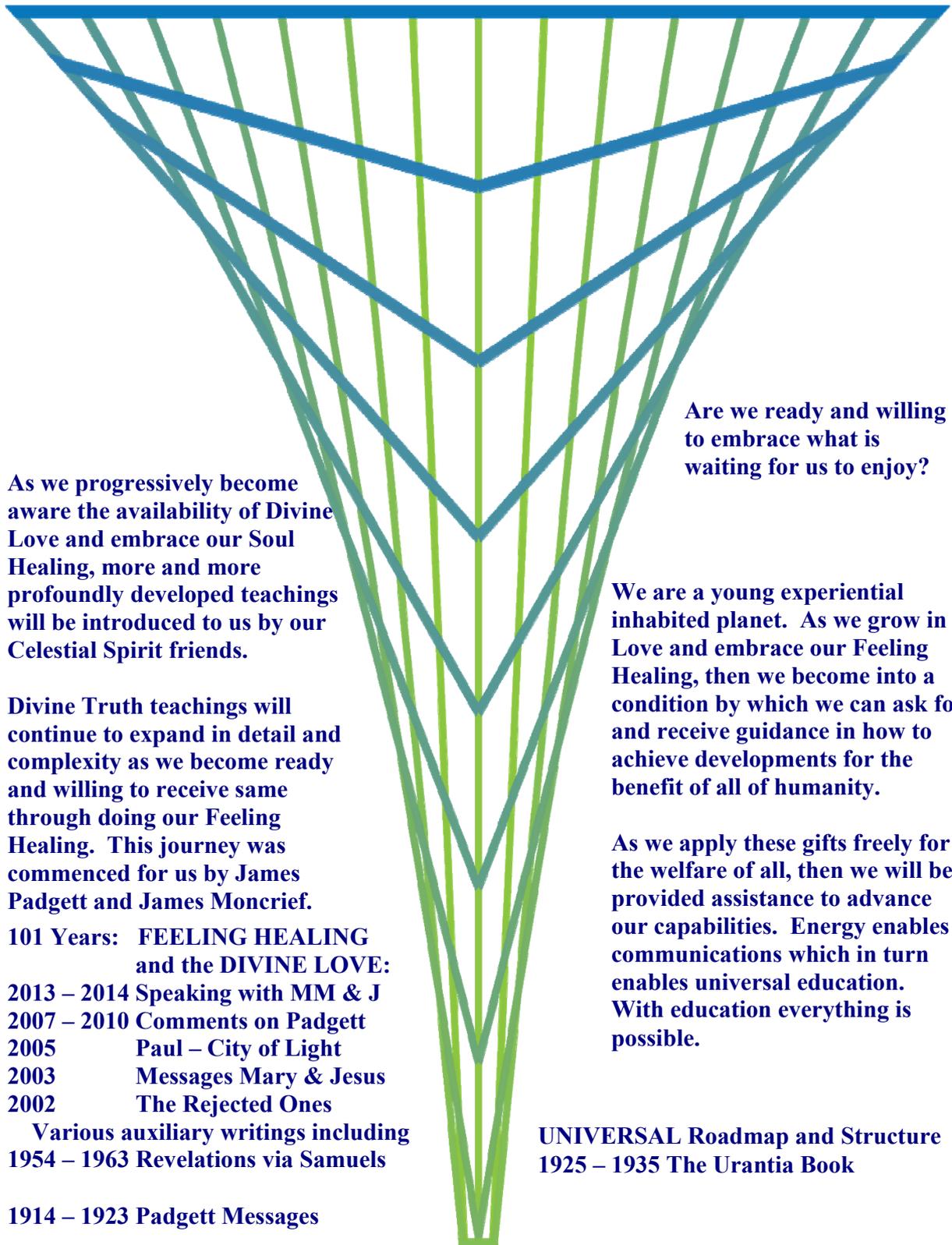
- Pascas Care Letters A Huge Upturn
- Pascas Care Letters Big Revelation
- Pascas Care Letters Feeling Healing Benefits Children
- Pascas Care Letters Feeling Healing Way
- Pascas Care Letters Little Children
- Pascas Care Letters Women's Liberation and Mother

**MEDICAL – EMOTIONS:**

- Pascas Care – Feeling Healing
- Pascas Care – Feeling Healing All is Within
- Pascas Care – Feeling Healing and Health
- Pascas Care – Feeling Healing and History
- Pascas Care – Feeling Healing and Parenting
- Pascas Care – Feeling Healing and Rebellion
- Pascas Care – Feeling Healing and Starting
- Pascas Care – Feeling Healing and Will
- Pascas Care – Feeling Healing Angel Assistance
- Pascas Care – Feeling Healing Being Unloved
- Pascas Care – Feeling Healing Child Control
- Pascas Care – Feeling Healing Childhood Repression
- Pascas Care – Feeling Healing End Times
- Pascas Care – Feeling Healing is Rebelling
- Pascas Care – Feeling Healing Live True
- Pascas Care – Feeling Healing Mary Speaks
- Pascas Care – Feeling Healing My Soul
- Pascas Care – Feeling Healing Perfect State
- Pascas Care – Feeling Healing Revelations X 2
- Pascas Care – Feeling Healing the Future
- Pascas Care – Feeling Healing Trust Yourself
- Pascas Care – Feeling Healing Versus Cult

**PASCAS  
PAPERS**

**DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:**



**The real you is your soul.**



SOUL  SPIRIT BODY  PHYSICAL BODY  
PERSONALITY

Prayer: is emotional exchange with God.



# PASCAS CARE

## "Beacons of Light"

### around the globe

