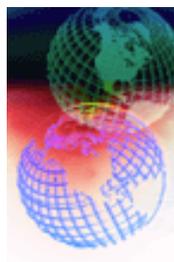
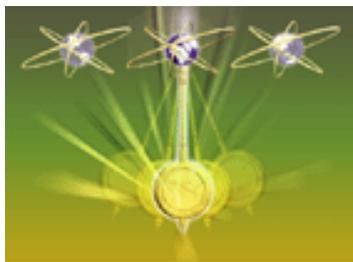
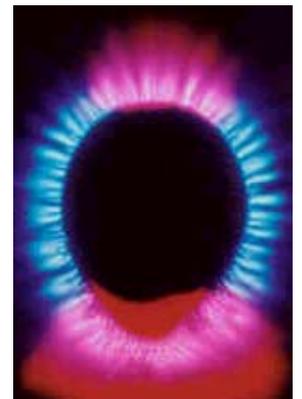


# PASCAS CARE

# SPIRITUAL

# HEALING



**“Peace And Science Creating Alternative Solutions”**

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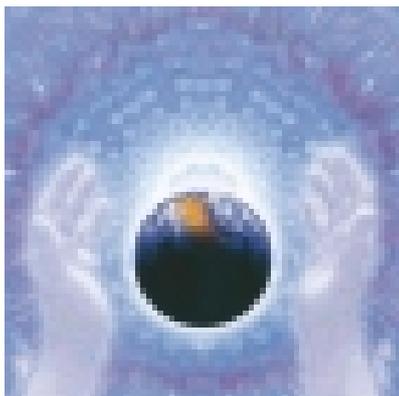
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# PASCAS CARE

## "Beacons of Light"

### around the globe





(Following comments are Natural Love orientated)



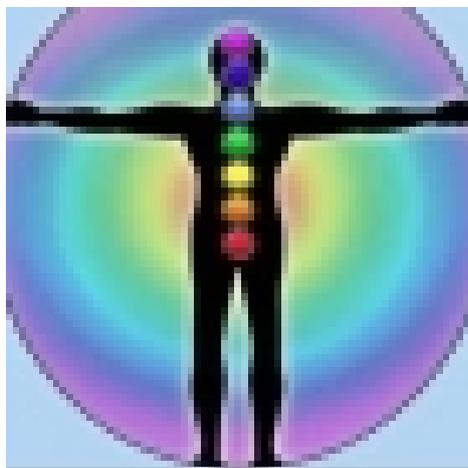
**Spiritual Healing** compliments conventional medicine by channelling life energy to the patient in order to help them recover from illness, injury or distress. Spiritual healing is now beginning to be recognised in the west but in the east has been acknowledged for thousands of years. 'Chi' and 'Prana' are two of the better known names for these energies. A simpler way to describe this is that it is the 'life force'.

Healing energy can be directed by the healer's or healers' consciousness and may flow through the hands of over any distance. This spiritual energy can help speed up the natural healing process of the body and improves recovery time. It can be used to combat serious illness and the effects of treatments such as chemotherapy and radiation therapy.



Spiritual healing is a natural energy that flows through the healer or healers to the subject being healed. You do not have to believe in it for it to work and – although it comes from Creator – no religious faith is required. It is a natural energy that most people have to some extent and which can be used alongside conventional medicine.

The following notes expand upon the real importance and capabilities of spiritual healing.



## OUR INDIVIDUAL STRUCTURE:

Our base and focus is our physical body:

**Ketheric Template Body – Causal Body – Divine Knowing – Spiritual Body (soul, senses and memory)**



**Celestial Body – Divine Loving**



**Etheric Template Body – Divine Will**



**Astral Body – Loving**



**Mental Body (very active mind, consciousness and domain of the ego)**



**Emotional Body – Real Feeling**



**Etheric Body (incorporates Chakras) – I Exist**



**Physical Body (including the brain) – Beingness**



**“All dis-ease is mind generated, and all healing is generated by the love energy of one’s soul.”**



**PHYSICAL HEALTH and POWER:**

Power vs Force by David R Hawkins ISBN 1 56170 933 6

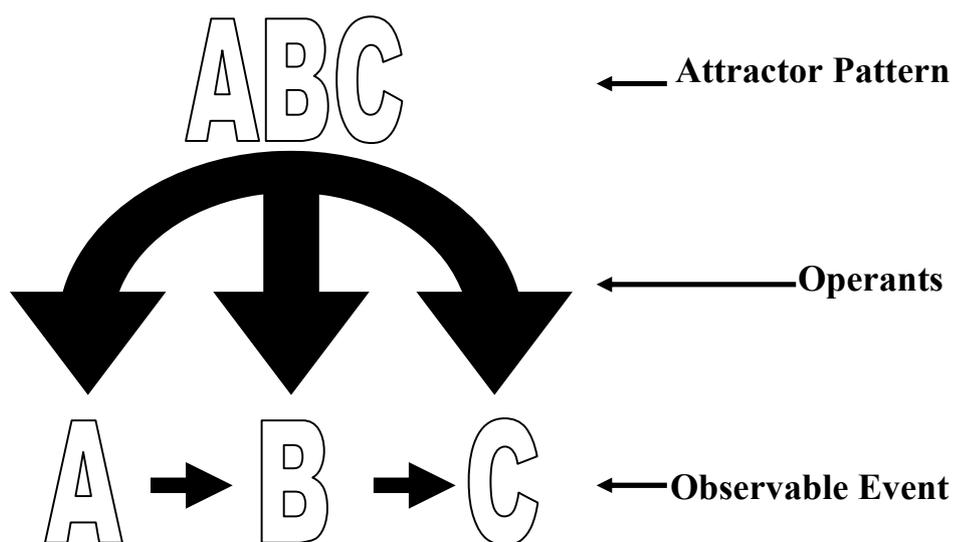
“The Human Mind **cannot** discern Truth from False.”

We become healthy as well as wealthy by being wise. But what is wisdom? According to our research, it is the result of alignment with high power attractor patterns. Although in the average life we find a mixture of energy fields, the pattern with the highest power dominates. We have now explored sufficient material to be able to introduce a basic dictum of nonlinear dynamics and attractor research: **attractors create context**. In essence, this means that one’s motive, which arises from the principles to which one is committed, determines one’s capacity to understand and, thereby, give significance to one’s actions.

The effect of alignment with principle is nowhere more striking than in its physiological consequence. Alignment with high energy attractor patterns results in health; with weak ones, in disease. This syndrome is specific and predictable. That high energy patterns can be proven to strengthen and low energy patterns to weaken through a demonstration meeting the scientific criterion of one-hundred-percent replicability is a fact.

The human central nervous system clearly has an exquisitely sensitive capacity to differentiate between life-supportive and life-destructive patterns. High power attractor energy patterns which make the body go strong release brain endorphins and have a tonic effect on all the organs, whereas adverse stimuli, which release adrenaline, suppress immune response and instantaneously cause both weakness and enervation of specific organs, depending on the nature of the stimulus.

It is this clinical phenomenon upon which treatment modalities such as chiropractic, acupuncture, reflexology, and many others are based. All of these treatments, however, are designed to correct the results of an energy imbalance; unless the basic attitude which is causing the energy imbalance is corrected, the illness tends to return. People by millions in self-help groups have demonstrated that health and recovery from a whole gamut of human behavioural problems and illnesses comes as a consequence of adopting attitudes corresponding with high energy attractor patterns.



Generally speaking, physical and mental health are attendant upon positive attitudes, whereas ill health, both physical and mental, is associated with such negative attitudes as resentment, jealousy, hostility, self-pity, fear, anxiety, etc. In the field of psychoanalysis, these positive attitudes are called welfare

emotions, and the negative ones are called emergency emotions. Chronic immersion in emergency emotions results in physical or mental ill health and a gross weakening of one's personal power.

How does one overcome negative attitudes so as to avoid this atrophy of power and health? Clinical observation indicates that the patient must reach a decision point. A sincere desire for change allows one to seek higher attractor energy patterns in their various expressions.

One does not get over pessimism by associating with cynics; the popular idea that you are defined by the company you keep has some clinical basis. Attractor patterns tend to dominate any field in which they are received; thus, all that is really necessary is to expose oneself to a high energy field and one's inner attitudes will spontaneously begin to change. This is a phenomenon well known among self-help groups – as reflected in the saying, “Just bring the body to the meeting.” If you merely expose yourself to the influence of higher patterns, they begin to “rub off”; as it is said, “You get it by osmosis.”

It is generally held by traditional medicine that stress (fear) is the cause of many human disorders and illnesses. The problem with this diagnosis is that it does not accurately address the source of the stress. It looks to blame external circumstances, without realising that ***all stress is internally generated by one's attitudes***. It is not life's events, but one's reaction to them that activates the symptoms of stress. A divorce can bring agony or relief. Challenges on the job can result in stimulation or anxiety, depending on whether one's supervisor is seen as a teacher or an ogre.

People cherish and cling to their hates and grievances; to heal humanity it may be necessary to pry whole populations away from lifestyles of spite, attack and revenge.

A prime difficulty with thoughts and behaviours associated with the energy fields that calibrate below 200 (see Map of Consciousness) is that they cause counter-reactions. All attacks result in counter-attack. Malice literally makes us sick; we are always victims of our own spite. Even secret hostile thoughts result in a physiological attack on one's own body.

On the other hand, like love, laughter heals because it arises through viewing a small context from a larger and more inclusive one, which removes the observer from the victim posture. Every joke reminds us that our reality is transcendent, beyond the specifics of events.

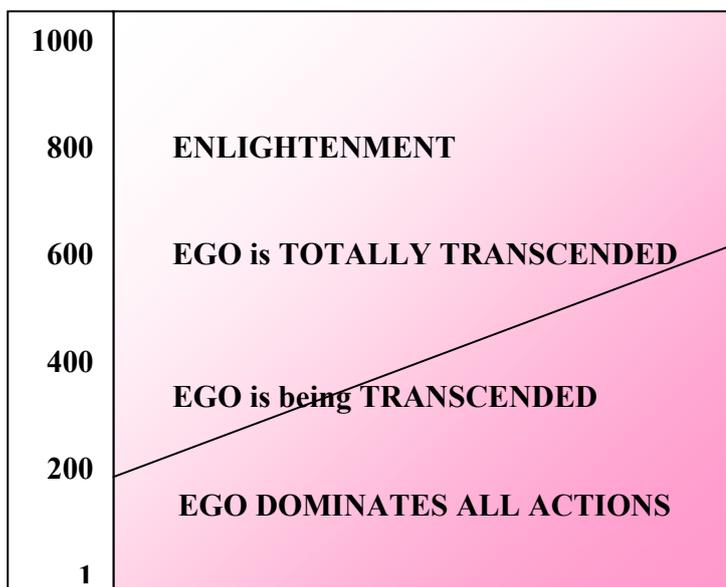
Beware of the humourless, whether in a person, institution or belief system.

The health-care field itself demonstrates how attempts to control only compound themselves into a burgeoning bureaucratic morass. Complexity is costly, and systems are as weak and inefficient as the attitudes that underlie their construct. Systems associated with very weak attractor fields are ineffective because of their inherent dishonesty and become wasteful and cumbersome. The health-care industry is so overburdened with fear and regulation that it can barely function. Healing from individual illness or the healing of the health-care industry itself can only occur by the progressive steps of elevation of motive and abandonment of self-deception, to attain new clarity of vision. There are not any villains; the fault is in the misalignment of the system itself.

Every detail of the belief system that we hold has consequences for better or for worse. It is for this reason that there is no condition that is incurable or hopeless; somewhere, sometime, somebody has recovered from it.

Moreover, the universe does not forget. There are many sides to the question of karma, but every choice of who and how to be is a choice of great consequence. All our choices reverberate through the ages. Thousands of reports of near-death experiences, as reflected in such best-sellers as Brinkley's 'Saved by the Light' or B.J. Eadie's 'Embraced by the Light' – the latter of which calibrates at 595 – confirm that we shall eventually have to accept responsibility for every thought, word and deed we beget and re-experience exactly whatever suffering we have caused. It is in this sense that we each create our own heaven or hell.

Everything in the universe constantly gives off an energy pattern of a specific frequency which remains for all time and can be read by those who know how. Every word, deed and intention creates a permanent record. Every thought is known and recorded forever. There are no secrets; nothing is hidden, nor can it be. Our spirits stand naked in time for all to see. Everyone's life, finally, is accountable to the universe.



In an energy field of 600 or higher, almost anything will heal. It is the power of pure consciousness itself.



**“To live with care and kindness is all that is necessary.”**  
David R Hawkins – Power vs Force – p 301.

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<b>MAP of CONSCIOUSNESS</b>					
<b>Creator-view</b>	<b>Life-view</b>	<b>Level</b>	<b>Log</b>	<b>Emotion</b>	<b>Process</b>
Self	Is	<b>Enlightenment</b>	<b>700 – 1,000</b>	Ineffable	Pure Consciousness
		↑			
All-Being	Perfect	<b>Peace</b>	<b>600</b>	Bliss	Illumination
		↑			
One	Complete	<b>Joy</b>	<b>540</b>	Serenity	Transfiguration
		↑			
Loving	Benign	<b>Love</b>	<b>500</b>	Reverence	Revelation
		↑			
Wise	Meaningful	<b>Reason</b>	<b>400</b>	Understanding	Abstraction
		↑			
Merciful	Harmonious	<b>Acceptance</b>	<b>350</b>	Forgiveness	Transcendence
		↑			
Inspiring	Hopeful	<b>Willingness</b>	<b>310</b>	Optimism	Intention
		↑			
Enabling	Satisfactory	<b>Neutrality</b>	<b>250</b>	Trust	Release
		↑			
Permitting	Feasible	<b>Courage</b>	<b>200</b>	Affirmation	Empowerment
		↓			
Indifferent	Demanding	<b>Pride</b>	<b>175</b>	Scorn	Inflation
		↓			
Vengeful	Antagonistic	<b>Anger</b>	<b>150</b>	Hate	Aggression
		↑			
Denying	Disappointing	<b>Desire</b>	<b>125</b>	Craving	Enslavement
		↓			
Punitive	Frightening	<b>Fear</b>	<b>100</b>	Anxiety	Withdrawal
		↓			
Disdainful	Tragic	<b>Grief</b>	<b>75</b>	Regret	Despondency
		↓			
Condemning	Hopeless	<b>Apathy</b>	<b>50</b>	Despair	Abdication
		↓			
Vindictive	Evil	<b>Guilt</b>	<b>30</b>	Blame	Destruction
		↓			
Despising	Miserable	<b>Shame</b>	<b>20</b>	Humiliation	Elimination

**Power vs Force** by David R Hawkins, MD, PhD – the Hidden Determinants of Human Behaviour  
 ISBN: 1-56170-933-6 published Hay House Australia Pty Ltd [www.hayhouse.com.au](http://www.hayhouse.com.au)  
 Or [www.veritaspub.com](http://www.veritaspub.com) for the trilogy Power vs Force, The Eye of I, and I, Reality and Subjectivity.

## **HEALING the SICK:**

Source: “The Disappearance of the Universe” by Gary R Renard ISBN 0 9656809 5 9

**The acceptance of sickness as a decision of the mind, for a purpose for which it would use the body, is the basis of healing. And this is so for healing in all forms.**

“A Course in Miracles” (references are in bold print) doesn’t use the term spiritual healing, because it says that all sickness and healing is done by the mind. The term itself is a valid one because it can refer to what the mind chooses to identify with.

All sickness is of the mind and has nothing to do with the body.

Sickness has nothing to do with Creator. “The same fountain cannot bring forth both sweet and bitter water.” In other words, only good can come from Creator, and everything else is of your own making – although contrary to popular myth, that making is not really done on this level.

Let’s add another wrinkle to the fact that your life is self-determined. Sickness isn’t personal. You may find that hard to believe, but sickness is not made by you at this level. That’s just another reason why no one should feel bad about it if they get sick. You don’t choose cancer on this level any more than a baby chose to be deformed on this level. Illness was made by your mind at a larger level, and is being acted out here in a pre-determined way. You can get in touch with your power to choose and thus have an enormous influence on whether or not you feel pain, and sometimes lessen or eliminate your physical symptoms.

It is sometime, because unless you’re a master then you won’t always be successful, and if you are successful it doesn’t necessarily make you a master. Besides, it’s the changing of your mind and its result on the way you feel that’s the most important thing.

Every location of time and space that you behold is projected by the mind that is outside of time and space. It’s possible to get in touch with that mind. The best way to do it is to eliminate the barriers that block your awareness. All aspects of healing contribute to removing those barriers.

We are talking about levels here. We are not saying you are not responsible for your experience or that you didn’t choose the script on another level. We’re saying you’ve got to get in touch with your power to choose from where you presently think you are. That’s also true when you’re healing “others”. You never join with bodies, and you never ask the Holy Spirit to heal the body. The body, sick or well, is just a dream. As the Course teaches you in regards to aspects of joining with the dreamer of that dream.

**Choose once again what you would have him be, remembering that every choice you make establishes your own identity as you will see it and believe it is.**

Now, here is the number one rule of all time when it comes to spiritual healing:

**It’s not about the patient.**

All healing is a result of some kind of forgiveness, and all forgiveness leads to self- healing.

Even when it comes to healing the sick it's really about forgiving ones own dream, and forgiving oneself for dreaming it.

As the Psychotherapy pamphlet puts it while talking about how the Course looks at healing in psychotherapy:

**The process that takes place in this relationship is actually one in which the therapist in his heart tells the patient that all his sins have been forgiven him, along with his own. What could be the difference between healing and forgiveness?**

When J told that paralyzed man in the Book of Mark, "Your sins are forgiven you," and the guy got up and walked, J was demonstrating that healing and forgiveness are the same. Of course people freaked out and took it to be J doing something that only Creator was supposed to be able to do, namely forgiving someone his sins. They missed the point.

One should see another person's illness as their own call for help.

Accepting that, you have a chance to be healed in your mind by forgiving that person.

This may seem a little selfish to use another person's difficulties as a way to get home.

It may seem selfish, but it's actually selfless.

Ultimately, forgiveness is saying that neither you nor the person who appears to be sick really exists separately from Creator. Thus you are both free. Furthermore, it's the only way for you to be free! It's all right to want freedom, and the way out is to see both of you as guiltless.

As an example, a great spiritual healer, like Joel Goldsmith, must have gotten in touch with the idea that people think they're guilty or unworthy in some way, and that the way to healing is through forgiveness.

All spiritual healers may not articulate it the same way, but the holiness that comes from unconditional love and forgiveness is essential. In some cases it triggers something in the unconscious mind of the patient – a recognition that they're really innocent and forgiven by Creator. Of course the mind of the healer is being healed simultaneously because there is really only one mind. There is no patient. Not really. The dream is not being dreamed by someone else.

J really did heal that man as described in Mark. After he said, "Your sins are forgiven," he also said, "that you may know the Son of man has authority on Earth to forgive sins." He didn't just mean that he had that authority, he meant that you also have that authority. Do you not appear to be a Son of man on this level? Yet you are really Christ.

Of course there really isn't any such thing as sin, and J did not pardon sins to make them real. His attitude was that everyone in the dream is equally innocent because it's just a dream.

Spiritual Healing, sooner or later, it always comes down to some kind of forgiveness and how willing you are to do it. How willing you are to accept that it's all your dream. How willing you are to release your dream and choose Creator. This takes willingness.

There are certain things you've got to understand when it comes to doing spiritual healing, whether it's with a patient or with yourself. It's not about the patient. Now here's the second biggest rule of all time when it comes to spiritual healing:

**Pain is not a physical process.  
It is a mental process.**

Dr Georg Groddeck used to ask some of his patients what they thought the purpose of their illness was! Why would he ask someone who was in pain such an irritating question? It's simple. He was immediately shifting their mind from effect to cause. He knew that the "It", as he called it, which was roughly equivalent to the Course term "ego", has made the body and was using it for its own purposes. His questioning of his patients was designed to get them to give up their ideas about being a victim and look at their own decision – made on a higher level, although he didn't tell them that – to be sick.

Sometimes when they thought of their pain as being a decision of their own mind rather than a bodily function they got well. Of course, nothing works on the level of form all the time. If it did then the universe would be predictable. The ego is very complex and highly individualised. The universe would have it no other way. Still, the principles of healing as known to a limited extent by Groddeck, and articulated much more completely in the Course, are sound ones. Healing requires a shift in perception, and as the Course asks and answers for you:

**What is the single requisite for this shift in perception? It is simply this; the recognition that sickness is of the mind, and has nothing to do with the body. What does this recognition "cost"? It costs the whole world you see, for the world will never again appear to rule the mind.**

The guiltless mind can't suffer, but even people who still have some guilt in their minds can control their pain and sometimes get well.

A completely guiltless mind would never suffer pain, although it could choose any number of lessons to teach. It's possible for people who are not masters to alleviate their pain and do countless remarkable things with their minds on the road to becoming masters. As J says in that same section of the Manual about a spiritual healer's patient, or for that matter any kind of a patient:

**Who is the physician? Only the mind of the patient himself. The outcome is what he decides that it is. Special agents seem to be ministering to him, yet they but give form to his own choice. He chooses them in order to bring tangible form to his desires.**

Once the patient or the healer accepts the Holy Spirit's forgiveness, then this is his attitude:

**The world does nothing to him. He only thought it did. Nor does he do anything to the world, because he was mistaken about what it is. Herein is the release from guilt and sickness both, for they are one.**

This being an advanced variation on forgiveness, but still the same.

Within that forgiving shift in perception lies your own freedom, as well as that of your brothers and sisters. For the Course elaborates:

**What you behold as sickness and as pain, as weakness and as suffering and loss, is but temptation to perceive yourself defenceless and in hell.**

As J goes on to say, there's an immeasurable reward for those who refuse to buy into these images they see – and instead choose the Holy Spirit's forgiveness and healing.

**A miracle has come to heal Creator's Son, and close the door upon his dreams of weakness, opening the way to his salvation and release.**

Who is being healed – the patient or the healer? The forgiver or the forgiven? The answer is both, for they are one. You can get into the habit of always having a forgiving attitude.

**And thus are miracles as natural as fear and agony appeared to be before the choice for holiness was made. For in that choice are false distinctions gone, illusory alternatives laid by, and nothing left to interfere with truth.**

If you are a master like J then you don't have to be healed, but you can still act as a reminder to the mind of the person you're healing that they're really Christ and that they're innocent – and any teacher of Creator can fulfil that function and also be healed by the Holy Spirit at the same time. The day can't help but come when you end up like J, and you'll be like a light of truth. Either way, you represent the truth to the unconscious mind of others.

The Course says of the patients who are seen by right-minded healers:

**To them Creator's teachers come, to represent another choice which they had forgotten. The simple presence of a teacher of Creator is a reminder.**

The words aren't important; it's the attitude. One person used to think as he looked at a patient, "You are Christ, pure and innocent. We are forgiven now." You'll think whatever feels right for you after you ask the Holy Spirit for guidance. Remembering that any form of sickness is just a dress rehearsal for death, the Course says this of Creator's healers"

**Very gently they call to their brothers to turn away from death: "Behold, you Son of Creator, what Life can offer you. Would you choose sickness in place of this?"**

That quote about how outside agents seem to be ministering to him reminds one of what the Course calls magic, or using illusions as solutions to problems, including sickness, instead of using the right mind. There's not really anything wrong with that. In fact, it might help people accept a healing without fear.

Being right-minded doesn't necessarily mean throwing away your medicine or refusing to see a doctor or therapist. That's been an error of many Christian Scientists. They've made a system of behaviour out of what's supposed to be an exercise in the power of the mind. If taking a certain medication makes you feel better it's because your unconscious mind finds it acceptable. In other words, you can accept that particular remedy without fear.

That's true of anything that seems to work, even though anything except salvation only works temporarily. In most cases it's better to allow the patient, and yourself for that matter, to use a combination of right-minded healing and some form of magic (medicine) – whether it's from the traditional health industry or from other forms of health care. That way the mind can handle getting well

without the fear that might accompany a sudden and spontaneous healing. When there's that kind of healing, the entire unconscious belief system of the patient can be called into question. Some people can handle that and some people can't. Occasionally it can trigger great fear on the part of the ego.

Don't begrudge people their various healing methods and don't put anybody down for using them. In many cases they are still a necessary part of the healing in terms of the mind being able to cope. Just use right-minded healing at the same time, because practice makes perfect. While you're practicing, remember that the world's magic is not evil. That would make it real. As the Course tells you:

**When all magic is recognised as merely nothing, the teacher of Creator has reached the most advanced state.**

At the same time, while an advanced teacher of Creator wouldn't condemn illusory remedies, he'd also know what the Course says is true:

**Only salvation can be said to cure.**

That's an important Workbook lesson. The Course also says in the same lesson:

**Atonement does not heal the sick, for that is not a cure. It takes away the guilt that makes the sickness possible. And that is cure indeed.**

Those last two statements plus the next two are like cornerstones of J's entire attitude about healing:

**Being sane, the mind heals the body because it has been healed. The sane mind cannot conceive of illness because it cannot conceive of attacking anyone or anything.**

He goes on to say:

**The ego believes that by punishing itself it will mitigate the punishment of Creator. Yet even in this it is arrogant. It attributes to Creator a punishing intent, and then takes this intent as its own prerogative.**

One shouldn't join with their body because one is not one with the body. Instead, one should join with them through the Holy Spirit and be of one mind.

**Your minds are not separate, and Creator has only one channel for healing because He has but one Son. Creator's remaining communication link with all His children joins them together, and them to Him.**

And that communication link is the Holy Spirit.

Those are the basics – straight from the Course's mouth. The truth is the truth, but your healing style will be your own. Never forget, all healing is spiritual, not physical. A Course in Miracles is always done at the level of the mind, with some form of forgiveness always being the Holy Spirit's tool. What you do is think right-minded thoughts with the patient or even yourself, if you're the one who's hurting, and sometimes the symptoms will disappear. You can get better and better at making pain disappear. Now here's the third biggest all-time, perhaps hard to believe yet absolutely true rule, when it comes to spiritual healing:

**Ultimately, the universe itself  
is a symptom that will disappear.**

This discussion highlights the idea that everything is caused by the mind – not just sickness, but also miraculous healings.

All things, seemingly good and bad, from miraculous healings to AIDS to anorexia to spontaneous human combustion to stigmata, are done by the mind. Every single disease you know of, and each one to come, is made by the mind. What is bacteria but a projection? What is bi-polar disorder but a form of duality, proclaiming the separation to be real?

The AIDS epidemic is just a newer form of the same old thing.

If it wasn't AIDS it would be something else. In the 14<sup>th</sup> century the Black Death killed over forty million people. The death toll from AIDS is nothing in comparison when you take it as a percentage of the population, although AIDS deaths will eventually pass the forty million mark. Since the mind makes all illness, what happens is that when one disease is eradicated the mind simply makes another one. This gives the illusion of progress and hope while masking the fact that people die just as horrible deaths from disease as ever.

Studies show that when people pray for someone who's sick or being operated on, the person seems to do better as a result.

Since minds are joined, prayers can temporarily help – but they are not a cure in themselves. Only true forgiveness can remove unconscious guilt from the mind. If you will think of the things the Course says about healing, you'll see that they are really true forgiveness being applied to sickness.

Endeavours to heal people are not always apparent in their outcome.

The truth is you can't go by results because you can't see the mind. All you have to go on is the body, which isn't real. The Course's healing is all done at the level of the mind. Sometimes the physical will be affected and sometimes the healing will have some other result you can't see. If someone is doing the Course and they only have one leg, are you going to judge them as a failure if they don't grow back the missing leg? Remember, it's the mind that's being worked on. Once again, don't go by results you may or may not see on the level of form.

You are a healer, so is everyone who practices true forgiveness. As the Course teaches you:

**It is not the function of Creator's teachers to evaluate the outcome of their gifts. It is merely their function to give them.**

Again, who's really being healed? The answer is both as one, for there is only one.

Extracts from The Disappearance of the Universe – pages 408 and 409:

“I love you my brothers and sisters, who are really Me but do not fully know it. Be grateful for the opportunities to forgive each other and thus yourselves. Replace your grievances with love. Let your minds be led to the peace of Creator, and the truth that is within you shall come to your awareness.”

“For Christ is anywhere, because Creator is everywhere. Unlimited forever, there is no distinction made between Them. All that remains is One, and Creator Is.”

Beacons of Light painting by Di Skelly-Heron

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A Course in Miracles	<a href="http://www.acim.org">www.acim.org</a>	Map of Consciousness calibration	620
Hands of Light by Barbara Ann Brennan	<a href="http://www.barbarabrennan.com">www.barbarabrennan.com</a>	Map of Consciousness calibration	710
Light Emerging by Barbara Ann Brennan	<a href="http://www.barbarabrennan.com">www.barbarabrennan.com</a>	Map of Consciousness calibration	710

### **EFFICACY of ALTERNATIVE / COMPLEMENTARY THERAPIES:**

Three distinct aspects have to line up:

- ✓ The modality to be worked with needs to calibrate over 600 on Hawkins' Map of Consciousness.
- ✓ The health care provider's soul condition best calibrate over 600, a minimum being 500.
- ✓ The patient / friend must have faith and ALSO improving his/her soul condition.

If the patient / friend has not the intention of participating and desiring to achieve a release of the underlying cause, being an emotional error of some sort, AND is not desiring or endeavouring to lift one's soul condition to that above the first sphere equivalent (MoC 500) then the exercise will most likely fail. The Earth plane / first sphere peak is considered to be 499 on Hawkins' Map of Consciousness (MoC) scale.

If the three above parameters line up then wonders can be achieved.

Surprisingly, these three elements can be monitored with the application of kinesiology thus pointing the way to health improvement and satisfaction for all. Kinesiology is a guide, it is not infallible in our hands, practice and care is required in the practice of kinesiology.

**Judas of Kerioth**

September 23rd, 2001

Received by H.R

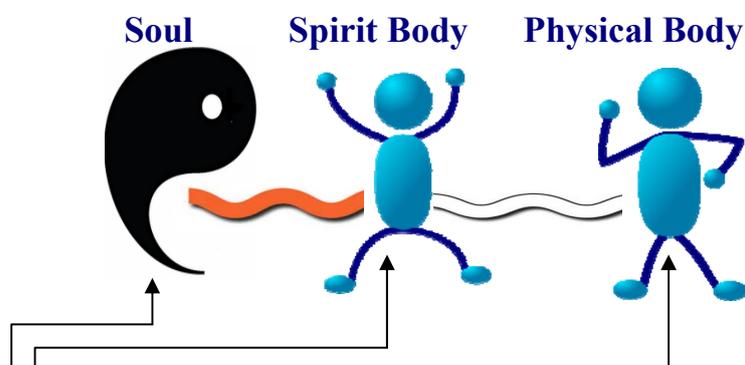
The spirits from the fourth sphere in their work as guides and humanity's helpers in many aspects, of course visit the Earth planes and the Earth itself frequently. They are very interested in the affairs of Earth. But that interest disappears gradually in the course of their spiritual development, as they progress inside this sphere from level to level.

Yes, their art of healing is fabulous. It would be difficult or impossible to give you an idea. Although you have some medical education, you cannot compare what you try to do with what is achieved in the spirit world. To give you a comparison, you would be like working with heavy hammers, and they work with fine instruments used for electronic devices. Diseases which appear so material are not so in fact. The Chinese concept of disease, of the flows of energies, of balance and harmonies, mirrors reality much more than occidental medicine, which certainly has developed a lot by systematic scientific research, but in its materialism it pursues the wrong goals. But you can already notice that many doctors and scientists recognize this weakness and try to widen the reach of their treatments, applying "alternative" methods and pursuing "alternative" goals.

Note: "Occidental medicine" is usually associated with modern medicine since it originated in the West.

**God's Divine Love: Pray for it, ask for it, and receive it.**

## HIERARCHY of HEALING SYSTEMS



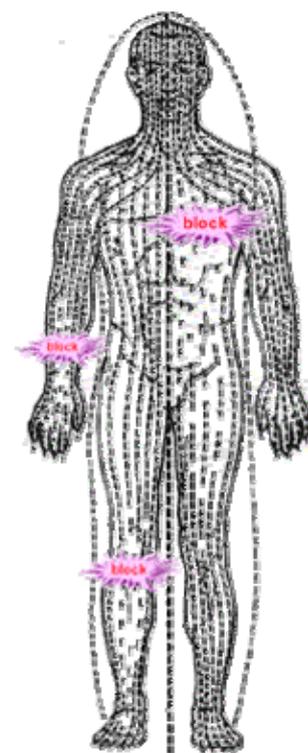
**ALLOPATHIC** – Western Medicine treats the symptoms, is highly regulated and costly as it is cost driven.

**ENERGY HEALING** – Eastern Therapies also treat the symptoms with the assistance from natural love spirits from the realms up to the 6<sup>th</sup> sphere.

Therapy applied to the spirit body is via an energy therapist who may work on the chakras, whereas a chiropractor works on the physical body. Such type of therapy deals with the effects and ignores the soul and the causes.

**EMOTIONAL PROCESSING and CLEARING** deals with the cause. Soul level clearing and growth provides permanent solutions whereas the other two systems provide temporary relief.

If you focus on the soul, that is the most powerful tool to improve yourself.



To liberate one's real self, one's will, being one's soul, is begun by embracing Feeling Healing, so as to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.

**BELIEF to FAITH to KNOWING:****Belief** ➡ **Faith** ➡ **Knowing**

I know, that at times, it seems difficult to grasp the full meaning of faith in the Father and His Love, but if you will earnestly seek for His Love, you will find that there will come to you such a belief in His Wonderful Love and in the nearness of His presence, that you will be free from all doubt.

You have asked me “**what is faith**” and I will answer: **Faith is that which when possessed in its real and true meaning makes the aspirations and longings of the soul a real, living existence; and one so certain and palpable that no doubt will arise as to its reality.**

This faith is not the belief that arises from the mere operation of the mind, but that which comes from the opening of the perceptions of the soul, and which enables its possessor to see God in all His Beauty and Love. I do not mean that the possessor of this faith will actually see God in form or feature, for he has none such, but his soul perceptions will be in such condition that all the Attributes of the Father will appear so plainly to him, that they will be as real as anything that he can see with the eyes of the spirit form. Such faith comes only with constant earnest prayer, and the reception into the soul of the Divine Love.

No man can be said to have faith who has not this Divine Love. Of course, faith is a progressive quality or essence of the soul, and increases as possession of this Divine Love increases, and is not dependent on anything else. Your prayers call from the Father a response that brings with it faith, and with this faith comes a knowledge of the existence of this Love in your own soul. Many persons, I know, understand this faith to be a mere belief, but it is greater than belief, and is existing in its true sense only in the soul. Belief may arise from a conviction of the mind, but faith never can. Its place of being is in the soul, and no one can possess it unless his soul is awakened by the inflowing of this Love.

So that, when we pray to the Father to increase our faith it is a prayer for the increase of Love. Faith is based on the possession of this Love, and without it there can be no faith, because it is impossible for the soul to exercise its function when Love is absent from it.

In my healing of the sick, and the blind and the others of Earth, who needed a cure, when I said: "as your faith so be it unto you," I meant that they must believe that the Father had power to bring about the cure; but I did not mean that if their minds merely had the belief that I might cure them, that then they would be cured. Belief was not sufficient of itself, but faith was required.

Faith is not a thing that can be obtained by a mere exercise of the mind, but has to be sought for with the soul perceptions, and when obtained will be enjoyed only by the soul perceptions.

Your brother and friend, Jesus.

10 October 1915

**Note:** Following the writings of James Moncrief, one could consider that any reference to the Father, by other relevant writers, may be read as a reference to ‘our Mother and Father’. Further, when considering soul healing, then reference to Divine Love could be referred to as ‘Feeling Healing with Divine Love’.

## **Revelation 19: Rapport necessary for spiritual healing.**

<https://new-birth.net/samuels-messages/53-revelations/revelation-19-rapport-necessary-for-spiritual-healing-nt81/>

(This message is referred to as Revelation 30 on page 81 in New Testament Revelations of Jesus of Nazareth)

Received by Dr Samuels

November 28th, 1955

I am here, Jesus:

The question has been raised by one of the members of the Foundation Church of the New Birth, of which I am the Leader, regarding the delays incurred in healing and the possibility of death taking place before such healing is accomplished on the part of spirits assigned to this task.

Healing can be effected as a result of rapport between the ailing person and the spirit healer; for, when rapport has thus been established, the spirit can work directly upon the sick person without an intervening healer being required to accomplish the healing.

The sick person, however, through faith and prayer, must lift himself above the Earth-plane and attain a spiritual condition on a level which is free of Earth bound spirits, and make possible the contact between the spirit healer and the patient. In spiritual healing of this nature the patient actually raises himself to a spiritual plane higher than the one in which he lives, and comes into rapport with spirit healers. The Divine Love is not necessary for this healing, for many of these spiritual healers are devoid of it, but although they are on a high moral and spiritual plane, it is difficult for them to contact mortals who have not been able through lack of faith and prayers to arise out of their Earth plane condition to establish the rapport with these spirit healers. This is accomplished through a soul operation and is not a mere mental operation that does not come from the heart. That is why the usual genuine mediums of the Earth plane who have no faith or understanding of this law, can do no more than to attract undeveloped Earth plane spirits who have no healing powers.

Again, the patient may be healed through a doctor or a healer whose state of soul is such that he can attract spirit healers, yet the mortal healer can do little or nothing unless the positive faith of the sick man has raised him above the Earth condition I have mentioned, so that the spirit healer can make rapport with him.

When the rapport is made, the therapeutic forces and energies from the spirit world can operate through the mortal doctor or healer, and by their transmitting these forces and energies through him into the ailing person, this can become the means by which the spirit healing is brought about. The spirit healing is actually a therapy or therapeutic treatment which is transmitted from the spirit healers to the patient and acts upon the diseased organs to restore them, but the transmittal is made possible only through faith, which acts as a conductor of these healing forces and energies.

Thus you see that faith that God will help and heal will not only set in motion these healing forces and energies of the spirit world, if God so wills it, but puts the patient into the condition which will allow these healers to do their work, either directly or through the intermediary of a mortal who by his own spiritual condition may attract them. Faith is the reality which permits the healer and the sick person to make contact with the spiritual forces. That is why I was able to heal many sinners because of their faith in my healing powers, and not heal righteous persons who had no faith. He who has faith creates a

condition whereby evil spirits – who intensify or cause the distress to persist – are separated from their control and contact with the patient, so that the spirit healers can make the rapport and operate.

Those who have no faith, and who therefore die as a result of the delay, have died not because of any injustice or lack of mercy or loving kindness on the part of the Father, but because their own lack of faith in His ability to help and heal prevented Him from accomplishing the ministry which He so lovingly entrusted to His ministering angels. The prayers and faith of a loved one for the sick person is very often of great benefit to the sick, for the sincere love on the part of a mortal not only attracts the spirit healers but enables the healing force to reach the sick person through the love which is communicated to the ailing person, and it may sound strange to you, yet it is so, that often the best physician is he who in earnestness of love and sympathy and sorrow sends his prayers to the Father in all faith that He will accomplish what man and medicine cannot do.

And such rapport between spirits obedient to God's word and the prayerful soul is brought about thereby, so that the healing forces are transmitted through him to the sick person he loves. Here is a case of the development of the natural human love operating on a high plane to make spirit contact for healing purposes without the Divine Love, but with His Love operating through man, as in my own case in Palestine when I healed, the healing is far more efficacious and rapid, and I was able to perform instantaneous healing.

In a word, I wish to show that love and faith and prayer in earnestness of soul are realities which perform feats of healing that are impossible under conditions wherein cold intellect and Earth plane conditions prevail.

Second part of message

Received February 7th, 1956

The question arising when death occurs to a loved one, in spite of prayers to the Father for His Love, is one which is important for greater understanding of the Father's wonderful Love and Mercy. Healing process depends, aside from the spiritual forces which are engaged in the work, upon the condition of the organ or part of the mortal body to be restored. An organ which when not under pathological attack is in good functioning order can be restored to its pristine health regardless of the pathological disturbance from which it may suffer. That is to say, a healthy organ when attacked by disease or by some condition causing a malfunctioning of the organ may be restored to normal use through the method of spiritual healing which I have already mentioned in my other writings to you on this subject. But where an organ through normal use has reached a condition of weakness or malfunctioning because of that use, it simply means that the organ in question has reached a point in mortal living where it can no longer be restored to a condition of health it no longer enjoys, and any effort on the part of spirit healers to restore that organ would be fruitless and without purpose.

To be sure, spiritual healing can delay death and restore organs to a state of previous health, but spiritual healing is powerless to provide the body with new organs in place of those which have through normal functioning ceased to function in a way to maintain bodily health. This is what one may describe as old age in the mortal world, which is a normal process for all, except that it may occur at different times with various individuals, depending upon many factors, which need not be discussed here. When this condition is reached it simply means that the person's time has come to relinquish his tired and worn out body and enter upon his new life in the spirit world. Again, I repeat that the spirits cannot rejuvenate an organ and restore that organ to a condition of health which it did not originally possess prior to the fatal onset of the disease due to degeneration and decay through normal use in mortal living.

I urge you and the doctor, as well as all interested sincerely and wholeheartedly in helping to save and cure a loved one or oneself, to obey the spiritual laws of soul reality and seek the Father, His Mercy, His Loving Kindness, and, greater than these, His very Essence and Nature in His Divine Love which He seeks to pour out on whomsoever craves it in earnest longing of soul. And this power that was mine, and that of my disciples when I was on Earth, may be yours for the sincere asking. Pray again and again for the Father's Love and At-onement with Him.

Jesus of the Bible  
and  
Master of the Celestial Heavens

**Judas of Kerioth**

October 16<sup>th</sup>, 2001

As I see, you are thinking of your dermatitis. Some days ago you realized that it was no longer there, at least you can no longer detect any symptoms of it.

This really is a healing. I know that you never requested it from me, but you desired it, because the symptoms really bothered you. And look, the healing has already occurred. Here you can see the principle once again, that what you really want, comes true. They are desires that come out from deep inside your soul, and we recognise them, and we try to help.

Yes, you are right, all Celestial spirits have mighty healing powers. It is a healing through Divine Love, and as Jesus has already explained several times, for this kind of cure, the patients must elevate their spirituality above the Earth plane level. You did it, and so your desire was fulfilled.

It is the same principle as in the sincere prayer to the Father for Divine Love. Only the purpose is different.

**Note:** Consider these references:

‘Book of Truths’ containing the Padgett Messages (1914 – 1923) [www.lulu.com](http://www.lulu.com) [www.amazon.com](http://www.amazon.com)

‘New Testament Revelations of Jesus of Nazareth’ via Dr Daniel Samuels (1954 – 1963)  
<https://new-birth.net/samuels-messages/53-revelations/>

‘Judas of Kerioth’ as edited by Geoff Cutler (2001 – 2003) [www.lulu.com](http://www.lulu.com) [www.amazon.com](http://www.amazon.com)

‘The Richard Messages’ via James Reid (2012 – 2013) [www.lulu.com](http://www.lulu.com)

‘The Divine Universe’ via Zara Borthwick and Nicholas Arnold (2012 – 2013) [www.lulu.com](http://www.lulu.com)

‘Shining Toward Spirit’ – Beginnings (2014 – 2015) via Zara and Nicholas [www.lulu.com](http://www.lulu.com)

### **Is it JESUS or MARY TALKING THROUGH a MEDIUM?**

And the chatting / talking with Jesus is the same as we've told you, it's really 'on behalf of Jesus', it is one of the medium's band pretending to be Jesus, which really means the Celestial accessing Jesus' Spirit of Truth within himself (and only we Celestials can do this and are allowed to), and so then speaking 'as if he is Jesus'. It's the same thing as James feeling how close I am to Mary Magdalene in my 'feeling' when we are writing together, because as I said I work with her Spirit of Truth as I feel very close to it – very close to her. And she's said I can use it that way. So effectively, should it be necessary for me to do so, I could 'pretend' to be Mary speaking to people on Earth.

As you have possibly gathered, it's all highly organised as to what and when we can reveal to you. It's all set out in keeping with the Rebellion and Default limitations and then in keeping with the Mansion World levels and all the levels within them. It's all angelically controlled, so we slot in using our minds and be who we need to be to you and how we need to be and what we can say. So as you grow in truth through your Healing, moving progressively up through the levels, so we can come forward and progressively reveal more to you. So what is revealed and how it's presented to someone who's in their wrongness and not wanting to do their Healing, compared to someone wanting to do it and just starting out, compared to someone nearly finishing it, compared to someone who had finished it, might all be so different that you would think it was different spirits relating at each step, when it might be the same spirits. And really we don't change, it's you who changes, or refuses to change.

And added to that, we know how far someone will go in their spiritual progress throughout their Earth life, so part of our interaction with that person is in keeping with that level of progress. So we might say and do and be differently to different people, even though we're the same spirits, because each of those people have very different spiritual paths and levels they will reach.

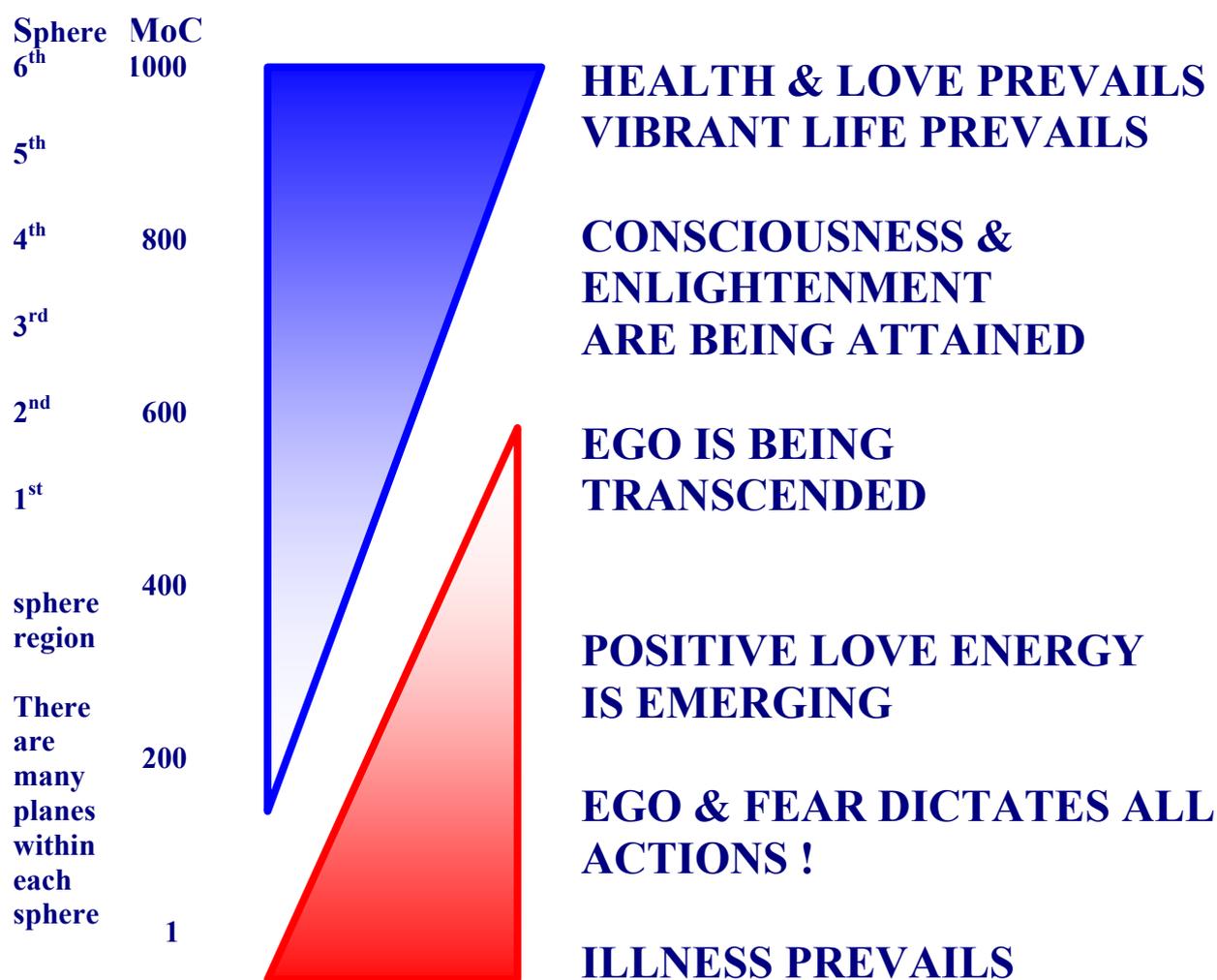
So it's not as straightforward as one might think, which I know causes many misunderstandings, much confusion, even putting a lot of people off, however really until people are well into their Healing, it will all appear like everyone is working at it from opposite ends with no real synthesis or commonality involved. So you can look at it like say a Maypole, with everyone starting out on their separate ends, but the more you do your Healing, the closer you all come to the truth, which will allow the Spirits of Truth to then synthesis you all into what is needed for you to become Celestials. For by the time you are Celestial, then we're all on the same page so far as the Truth is concerned. But even though we Celestials are all living that same truth, how we might relate and start with people on Earth or the lower Mansion Worlds might make us sound and appear like we're all very different.

Nanna Beth, 19 February 2018

**Note:** Jesus has only talked DIRECTLY to James Padgett and James Moncrief. Further, Mary Magdalene has only talked DIRECTLY with James Moncrief. Mary and Jesus are regents of 3.8 million physical worlds and their related spirit worlds. They are also finite – can only be in one place at any one time. Once that is understood, then it is only possible to have 'communications' via their Spirits of Truth in the manner outlined by Nanna Beth.

**“All dis-ease is mind generated, and all healing is generated by the love energy of one’s soul.”**

The Ego (mind based) manifests illness; the lower one’s level of consciousness (soul condition) then the more prevalent will be illness. Below the levels of 200, the ego and fear of the mind dominate; however, as you raise your level of consciousness by growing in love and achieve a level of 500 or higher, you begin to transcend ego dominance. At the level of 600, all healing is possible.



**Treatment Session =  
Management of energy flow within in our bodies  
= Release of Negative Emotions.**

### **PHYSICIAN, HEAL THYSELF:**

The basic principles that facilitate the process of self-healing:

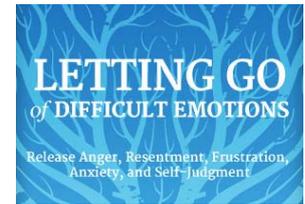
- A thought is a “thing”. It has energy and form.
- The mind with its thoughts and feelings controls the body; therefore, to heal the body, thoughts and feelings need to be changed.
- What is held in mind tends to express itself through the body. What one holds in mind tends to manifest.
- The body is not the real self; it is like a puppet controlled by the mind.
- Worries are chronic fears. Paranoia is its extreme. Sustained and chronic fear gradually suppresses the body’s immune system. Fear is healed by love. Love is the ultimate energy.
- It is fear and guilt that bring about disease and failure in every area of one’s life. We can take the same protective actions out of love, the most of all beneficial energies, rather than out of fear.
- Beliefs that are unconscious can manifest as illness, even though there is no memory of the underlying beliefs.
- An illness tends to result from suppressed and repressed negative emotions, plus a thought that gives it a specific form (i.e., consciously or unconsciously, one particular illness is chosen rather than another).
- It is possible to reverse the disease process by removing the internal stress factors.
- Chronic stress weakens the body’s immune system by blocking the body’s immune system.
- A negative thought or feeling instantly weakens the body and creates an imbalance of the body’s energy flow.
- The price we pay for chronic anger and resentment is sickness and premature death. Is this worth the small satisfaction of being right?
- Forgiveness heals the heart – literally. This also encapsulates self-forgiveness.
- Elimination of guilt accompanies release of all judgments against others and one’s selves.
- Every mistake we make is based on an opinion.
- Love facilitates healing. It transforms life. Love is the energy that silently transfigures every situation.
- The brain is not the origin of the mind, but the other way around. The mind controls the brain. The brain is activated by the mind’s intention and not vice versa. One’s mind is within the spirit body, generally recognised as the auric field or etheric body.
- Thoughts are caused by suppressed repressed feelings. When a feeling is let go, thousands or even millions of thoughts that were activated by that feeling disappear.
- Although a specific belief can be cancelled and energy to it can be refused, it is generally a waste of time to try to change thinking itself.
- We surrender a feeling by allowing it be there without condemning, judging, or resisting it. We simply look at it, observe it, and allow it to be felt without trying to modify it. With the willingness to relinquish a feeling, it will run out in due time.
- Laughing is a method of letting go.
- A strong feeling may recur, which means there is more of it to be recognised and surrendered.
- In order to surrender a feeling, sometimes it is necessary to start by relinquishing the feeling that is there about the particular emotion (e.g., guilt that “I shouldn’t have this feeling”).
- In order to relinquish a feeling, sometimes it is necessary to acknowledge and let go of the underlying payoff of it (e.g., the “thrill” of anger and the “juice” of sympathy from being a helpless victim).
- Feelings are not the real self. Whereas feelings are programs that come and go, the real inner Self always stays the same; therefore, it is necessary to stop identifying transient feelings as yourself.

- Ignore thoughts. They are merely endless rationalisations of inner feelings.
- No matter what is going on in life, keep the steadfast intention to surrender negative feelings as they arise.
- Make a decision that freedom is more desirable than having a negative feeling.
- Choose to surrender negative feelings rather than express them.
- Surrender resistance to and scepticism about positive feelings.
- Relinquish negative feelings but share positive ones.
- Notice that letting go is accompanied by a subtle, overall lighter feeling within yourself.
- Relinquishing a desire does not mean that you won't get what you want. It merely clears the way for it to happen.
- Get it by "osmosis". Put yourself in the aura of those who have what you want.
- "Like goes to like." Associate with people who are using the same or similar motivation and who have the intention to expand their consciousness and to heal.
- Be aware that your inner state is known and transmitted. The people around you will intuit what you are feeling and thinking, even if you don't verbalise it.
- Persistence pays off. Some symptoms or illnesses may disappear promptly; others may take months or years if the condition is very chronic.
- Let go of resisting the technique. Start the day with it. At the end of the day, take time out to relinquish any negative feelings left over from the day's activities.
- Don't look for answers; instead, let go of the feelings behind the question.
- You are only subject to what you hold in mind. You are only subject to a negative thought or belief if you consciously or unconsciously say that applies to you.
- Stop giving the physical disorder a name; do not label it. A label is a whole program. Surrender what is actually felt, which are the sensations themselves. **We cannot feel a disease.** A disease is an abstract concept held in the mind. We cannot, for instance, feel "asthma". It is helpful to ask, "What am I actually feeling?" Simply observe the physical sensations, such as, "Tightness in the chest, wheezing, a cough". It is not possible, for example, to experience the thought, "I'm not getting enough air". That is a fearful thought in the mind. It is a concept, a whole program called "asthma". What is actually being experienced is a tension or a constriction in the throat or chest. The same principle goes for "ulcers" or any other disorder. We cannot feel "ulcers". We feel a burning or piercing sensation. The word "ulcer" is a label and a program, and as soon as we use that word to label our experience, we identify ourselves with the whole "ulcer" program. Even the word "pain" is a program. In reality, we are feeling a specific body sensation. The process of self-healing goes more quickly when we let go of labelling or giving a name to the various physical sensations.
- The same is true with our feelings. Instead of putting labels and names on feelings, we can simply feel the feelings and let go of the energy behind them. It is not necessary to label a feeling "fear" in order to be aware of its energy and relinquish that energy.
- Using the mechanism of letting go, allow yourself to go into all the negative emotions that you may feel you have and allow the feelings to come up one by one, and let them go.
- With courage we can let go: I can look at my feelings. I don't have to be afraid of my feelings anymore. I can handle them. I can take responsibility for them. I can learn how to accept them and be free from them. I am willing to take risks, to let go of old points of view and explore new ones. I am willing to be joyous and share my experience with others. I experience myself as well and able.
- Disease-prone beliefs, we can look at the following questions:
  - Do I worry about my health, holding fear thoughts in mind about what might happen to me?

- Do I get a secret feeling of fear, excitement, and danger when I hear about a new disease that is currently being reported and in vogue?
- Do I spend time on constant checkups, reading about diseases, getting frightened by TV stories about them?
- Am I interested in hearing about the diseases of famous people?
- Do I believe that the environment and foods are full of hidden dangers, or that foods contain additives which are poisonous and will cause disease?
- Do I believe that certain diseases “run in our family”?
- Do I stop or want to stop (but don’t dare) to witness auto accident victims?
- Do I like hospital TV programs?
- Do I like TV programs that include hitting, shouting, fist fights, killing, torture, crime and other forms of violence? (Such programs insult the immune system, on average, 113 times!)
- Am I a guilt-ridden person?
- Am I holding a lot of anger?
- Do I condemn other peoples’ behaviour? Am I prone to be judgmental?
- Do I hold resentments and grudges?
- Do I feel trapped and hopeless?
- Do I say of myself, “Whatever is going around, I’ll probably catch it”?
- Am I concerned with acquisitions and status symbols instead of the quality of relationships?
- Do I carry a lot of insurance and still worry that it’s not enough?
- The mechanism of letting go is concerned with the emotional “what” from moment to moment, without involving the intellect. The “why” becomes apparent of itself once the “what” has been relinquished. Its one thing to analyse the causal basis of depression and quite another to enter fully into the depth of hopelessness by letting go of your resistance to the feeling. By allowing the full feeling of it and by letting go of every sensation, every thought, and every little payoff you are getting from it, you are free. It’s not necessary to probe the “why” of depression to become free from the “what” of it.
- The objective of letting go is the elimination of limiting mental and emotional programs.
- With the mechanism of letting go, there is no patient role and no dependency on another person or theory. The very wellsprings of neurotic patterns automatically unfold as they are acknowledged, relinquished, and disappear.
- The way to change our bodies is to change our thoughts and feelings.
- One’s letting go of the lower energies of guilt, fear, anger, and pride alleviates the weight of the past and clears the clouds of the future. One then can face today with optimism and be grateful to be alive. One can see that yesterday is gone, tomorrow has not yet come, and we have only today.
- Without a change of consciousness, there is no real reduction of stress.
- A state of peace about the situation is reached when all three aspects of illness – physical, mental, and spiritual – have been addressed and the final outcome or wished-for recovery has been surrendered. Peace comes with total inner surrender to *what is*.
- The goal of letting go is the elimination of the very source of all suffering and pain.
- The power of self-healing is now available.

## **LETTING GO with The LOVE:**

Find a comfortable position to relax and be still and free from interruption. This may be for a few minutes or as long as you may please.



Long for and ask our Heavenly Parents for Their Love, the ultimate high octane super fuel being the light golden blue energy substance of Divine Love. Each little drop of the Divine Love received whilst doing one's Feeling Healing prompts one a little further. Ask for assistance and the Love to enable held errors of thought and belief to be released. One's personal intent and involvement in letting go of past incurred difficult emotions is most beneficial.

**Step 1: Focus on an issue that you would like to feel better about, and then allow yourself to feel whatever you are feeling in this moment. Identify the negative feeling.** Focus quietly on the feeling. Breathe into the sensations and allow them to be.

**Step 2: Ask yourself one of the following three questions:**

- Could I let this feeling go?
- Could I allow this feeling to be here?
- Could I welcome this feeling?

The mechanism of letting go is concerned with the emotional “what” from moment to moment, without involving the intellect. What is the benefit of this emotional feeling? What is the point of holding this hurtful belief at all? One may start laughing at the absurdity of long held errors or injuries upon reflection. **Breathe into the sensations and allow them to be.** Your willingness to accept the sensations may intensify them. This is okay.

**Step 3: No matter which question you started with, ask yourself this simple question: Would I? In other words: Am I willing to let go?**

**Step 4: Ask yourself this simpler question: When?** This is an invitation to just let it go NOW.

**Step 5: Repeat the preceding four steps as often as needed until you feel free of that particular feeling.**

**The only way we can truly let go of them is by SPEAKING THEM OUT OF US, getting right into them with the feeling, and emoting and expressing it – whilst longing to see the truth of it...**

Our willingness to let go thinking and accept what's happening is our ticket to inner freedom. Each time you sense a disruption inside, turn down the volume on the thoughts, breathe into the sensations and allow them to be. This is what we need do to let go. Simple. The challenge comes in being vigilant with letting go all negativity – no exceptions.

**Feeling Healing  
with Divine Love is  
the key!**

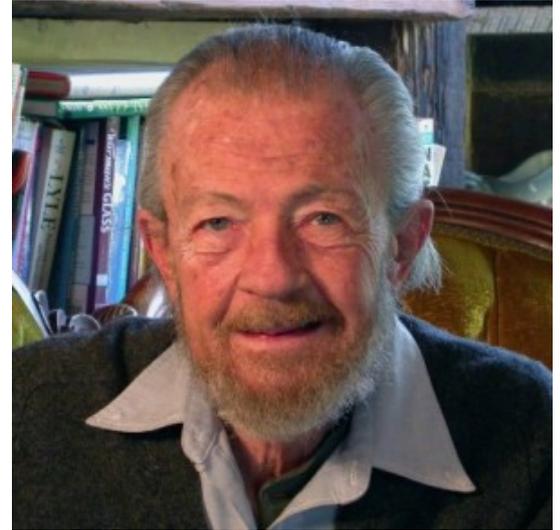
This process is ever so freeing and uplifting, though sometimes difficult.

Reference: ‘Letting Go – The Pathway of Surrender’ by Dr David R Hawkins



### **Dr DAVID R HAWKINS:**

David Ramon Hawkins, M.D. (born June 3, 1927, died 19 September 2012) is an American psychiatrist, mystic, author and controversial spiritual teacher in Sedona, Arizona. He is best known for his book *Power vs. Force*, in which he writes that applied kinesiology can distinguish the truth or falsity of any statement. He directs the non-profit Institute for Advanced Spiritual Research Inc. and operates Veritas Publishing to publish his books and seminars.



“Make a gift of your life and lift all mankind by being kind, considerate, forgiving, and compassionate at all times, in all places, and under all conditions, with everyone as well as yourself. This is the greatest gift anyone can give.”

“Every thought, action, decision or feeling creates an eddy in the interlocking, interbalancing, ever-moving energy fields of life, leaving a permanent record for all of time. This realization can be intimidating when it first dawns on us, but it becomes a springboard for rapid evolution.”

“The downside of spiritual education is the buildup of the vanity of 'I know' and the devaluation of people who are 'not spiritual'. Therefore it is important as a foundation to spiritual training and education to learn how consciousness manifests as the ego and its mechanisms.”

“It is only the minority of people who seek self-improvement or personal growth. This is because whatever one's self-criticisms, one secretly really believes that one's way of being is okay and probably the only correct one. They are alright as they are, and all problems are caused by other people's selfishness, unfairness, and by the external world.”

#### P.55 Healing and Recovery

We can see how powerful the mind is, and one of the difficulties to overcome in self-healing is the willingness to accept the great power of the mind.

Because I (Hawkins) had such a list of illnesses, I had to write them all down in order to remember them because half of them have been forgotten even though all of them last for many, many years. For example, I had a duodenal ulcer that was intractable (not docile; not easily dealt with). I was on all the traditional medicinal treatments and had psychoanalysis and a whole variety of things that began in medical school. Twenty years later, I still had the ulcer, and not only that, it was a different kind of ulcer that was making holes in other parts of my duodenum. It was threatening to perforate and haemorrhage, and it was creating recurrent attacks of pancreatitis. I also had colitis (inflammation of the colon) along with haemorrhage diverticulitis (within the colon). In fact, the diverticulitis was so bad that I landed in the hospital several times and had to have transfusions. I almost haemorrhaged to death with it.

In addition, I had migraine headaches that were intractable. Psychoanalysis had helped to some degree, and I had seen neurologists and famous world experts, but there was really no help for the migraines, which were ostensibly associated with many allergies. I was also sensitive to inhalants in the atmosphere. I could not walk into a place that had been exterminated within the previous couple of

weeks because I could detect one part in one million in the spray and would react with a migraine headache.

In addition, I also had Raynaud's disease (a condition of unknown cause in which the arteries of the fingers are unduly reactive and enter spasm when the hands are cold), which was impairing the blood flow to my extremities, and I had threatening insipient gangrene of the fingertips, circulatory impairment of the hands and feet, and was cold all the time. On top of all that, I had gout and a high uric acid level. Of course, I was on a diet for that. I had gouty arthritis and carried a cane and medication in the back of my car. Can you imagine carrying a cane in the back of your car because when gout comes on, it happens very suddenly with pain that is very paralyzing? That cane was in my car for many years.

At the same time, I had severe hypoglycaemia (a deficiency of glucose in the bloodstream, causing muscular weakness and incoordination, mental confusion, and sweating). I could not eat sugar, sweets, or starches. So, in addition to all the allergies, the ulcer, diverticulitis, other gastrointestinal problems, pancreatitis, and occasional gall-bladder attacks, there were actually very few things I could eat. When I occasionally went to a restaurant, the only thing I could safely eat was lettuce in a salad. I could not eat the tomatoes because the seeds might aggravate the diverticulitis, which had required hospitalisation and blood transfusions in the past. I was also fifty pounds (23 kg) overweight.

From one end to the other, things were wrong with the gastrointestinal tract; the circulatory system; the digestive system; the hormonal balance; the blood chemistries, including elevated blood cholesterol and uric acid levels; and migraine headaches. All these things indicated stress and pressure within the central nervous system and impairment of the autonomic nervous system. Additionally, I had a pilonidal cystic tumour, which normally would require surgery, but it slowly disappeared spontaneously.

Late, I went into severe heart failure from undiagnosed Grave's disease (hyperthyroidism) for which surgery or radiation was prescribed, but I refused. Chest x-rays revealed a tumour in the apex in the right lung. The lung was biopsied, resulting in its collapse and pneumothorax (the collection of air or gas in the space surrounding the lungs). The biopsy revealed that the lesion was a form of aviary (bird) tuberculosis (non-communicable to humans). I refused to take the recommended \$10,000 per month's worth of five antibiotics, which had a low cure rate anyway. The lung lesion slowly disappeared with no physical treatment. The heart failure cleared up, as did the pneumothorax. The thyroid function eventually returned to normal without surgery or radiation. In addition to the above, the left thumb was amputated while I was doing carpentry work and was repaired in surgery without anaesthesia, as was a recurrent right inguinal hernia, also without anaesthesia. The chronic recurrent, intractable duodenal ulcers disappeared after three acupuncture treatment.

The various illnesses disappeared within differing periods of time. Some of them disappeared within a matter of days; some even disappeared within an hour. Others took months, and the hypoglycaemia took the longest, other than a blocked Eustachian tube that took two years.

All the above illnesses and surgeries were processed and handled as described by letting go of resisting in every instant, cancelling the belief systems, and totally surrendering to Divine Will. All healing was accomplished without narcotics or anaesthesia. The whole series of illnesses was consequent to karmic proclivities that were surfaced by intense inner spiritual work, which speeded up their emergence initially but later facilitated their seemingly miraculous healing and disappearance.

An illness is merely our consciousness calling attention to something that needs to be looked at. There is something about which we are feeling guilty, fearful, or other negative emotion. There is a belief system

we are holding that has to be let go of and cancelled. There is something that has to be forgiven, and something within us that has to be loved, so we thank whatever it is for bringing it to our awareness.

We also have the power to say ‘no’ to belief systems that come from our family. Really major allergies ran in my family. My grandmother was allergic, as were my mother and sister. Everybody had hay fever and sensitivity to ragweed, dust, hay, and horses.

All illness is physical, mental, and spiritual, and therefore it is best to utilise all modalities to assist recovery.

How can one know if humility and surrender are complete? They are complete when one is indifferent to whether a healing occurs or not. That is the result of surrender to God at great depth and relinquishment of the desire to control or change the way things are. Become God reliant.

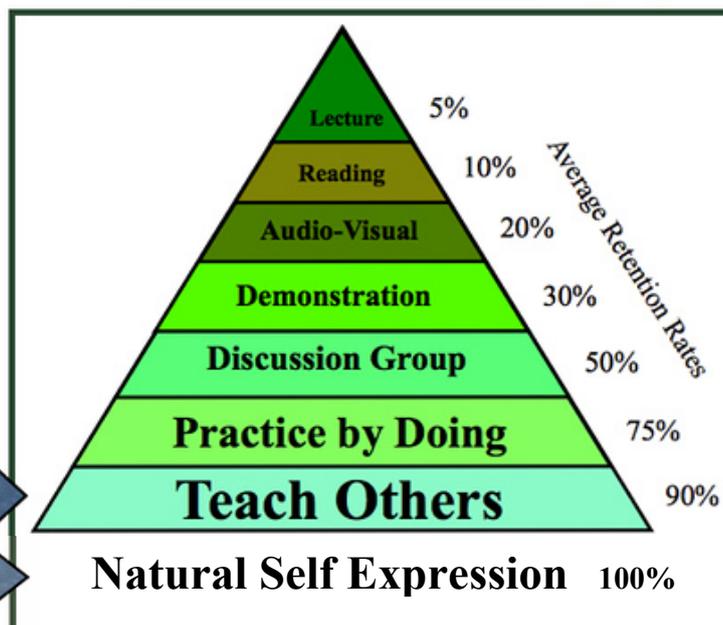
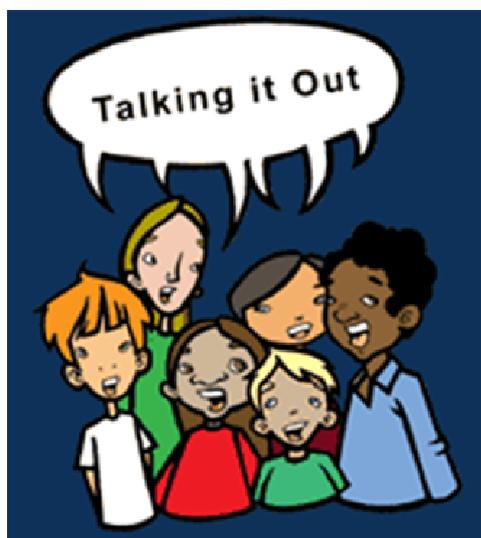
Instead of being ashamed that we are a spiritual seeker with a physical illness, we instead become thankful and say, “Aha! Something is coming up to be healed.” We want that capacity to bring up the various things to be healed; thus, it is a sign of progress, not of falling back. We can be happy that we have a chance to heal these things that, paradoxically, are actually brought up by major or rapid spiritual progress (i.e., karma). Most of the great mystics of history had records of many physical illnesses (e.g., see “Mystics” in Encyclopaedia Britannica).

(You could say that David Hawkins has been a mobile walking talking laboratory test experiment!)

Everything is interconnected.

**Saturday, 5 August 2017: Nanna Beth:** David Hawkins is living in the mind worlds, so I am told, and would be of no benefit to you John. His legacy is again one of those things that sits well with you, that you enjoy and can relate to and use as you do. And really it is now for humanity to use what is available to it having come from the mind worlds, because there won’t be anything further coming through from them. Now it will be up to the natural inspiration of the individual on Earth, and those who are working with us, those people who want to do their Healing. The ways of the Rebellion and Default are to die, to fade away, however this will happen gradually as people of it still try to advance themselves, their lives and humanity in their wrongness, but the next real new inspiration will come from those who embrace the New Way.

## The Learning Pyramid



**Feelings** first

**LIVE FEELINGS FIRST**

**FEELINGS FIRST For Kids**

MUSINGS by JOHN:

Thursday, 28 September, 2017

Kevin died on 10 August 2012 without any thought for spirituality and no passion for any religion, other than showing up. On 7 August 2017, he arrived into the 1st Celestial Heaven. Three days short of 5 years!!! He had met his soulmate, Kathaleen, and she arrived a few weeks before him into the first Celestial Heaven, as you may have read.

The writings that followed from Kevin are outstanding. Kevin is now a world teacher!!! He and Kathaleen both are. Neither would comprehend this, but they are. Kathaleen and Kevin's writings answers and leads anyone to the destination we are to find, in our own time.

I would like to contrast this achievement with someone I greatly respect.

David Ramon Hawkins, M.D. (born June 3, 1927, died 19 September 2012) was an American psychiatrist, mystic, author and controversial spiritual teacher in Sedona, Arizona. He is best known for his book *Power vs. Force*, I have read everything I can about his works – 10 books, plus videos, etc. Miracles happened around him spontaneously. The Catholic Church would make him a saint within seconds.

Hmm – Dr David Hawkins has stayed trapped in his mind and may remain in the mind spirit Mansion World for centuries, unless he embraces his feelings. He will remain stagnant and limited in his mind condition. Whereas Kevin is now a far greater and truer teacher than this great mind of Dr Hawkins. What a switch in roles! Kevin has progressed exponentially past Dr Hawkins in soul development. Go you good things, Kev and Kath.

Cheers John

Same day: Dr David Hawkins: Hello John. I have been asked to speak to you through James in this way, you being one of my ardent fans and followers of the principles I developed through my life on Earth.

Your assessment of me is correct, and I did spend time in the mind worlds trying to assimilate all that I did on Earth with all that was happening to me in my new spirit life.

Upon my arrival over here in the first Mansion World I was greeted as something of a spiritual celebrity with a host of mind spirits (as James calls them) greeting me, they being the ones who 'empowered' me to do the so-called miracles I did on Earth.

I want to tell you, it's quite a humbling experience to realise, like many of us who did such marvellous things on Earth, that it wasn't actually our own doing, we were not the sole instigator of such 'happenings', that it was other spirits working through us. And that although I attributed it to God, still I secretly thought it was all my own incredible doing, so to have to accept that I was just a conduit – that I really was, and having little more than an innate ability to be that conduit, I felt a bit flat.

And to bolster my flagging ego, I would tune into those people on Earth who were still thinking well of me, yourself John being one such person. And here again, by doing this, I gave myself a rude shock having to face the fact and realise that few people truly understood what I was teaching, taking my work and corrupting it for their own gain. And believe it or not, I never thought such a thing would happen. So, who of my 'earthly followers' was staying true to what I taught – who actually got it?

And I kept coming back to you as one of these people John. Admittedly, had I helped you personally, you'd have had an even greater understanding and appreciation of my work, however you accept it as is and haven't corrupted it, and have guided other people to be interested in it. So I have followed you over the years in this, which meant I also took notice of what you were doing in your other spiritual interests, some of which were vastly different to anything I'd ever heard about, or found out about over here in my limited little mind world.

And I write such things in the past tense because I am very happy to say, all of which I am so grateful to you for John, that I have now progressed into the lowest sector of the Divine Love on the first Mansion World. I am learning all about it, and about the Healing, all under the incredibly patient and loving assistance of higher Celestial spirits, like those who wanted me to speak with you today.

So you can chalk me up as one of your admirers, and a mind spirit who has converted to the 'Ways of the Divine Love'. I still have a lot more to understand, this is true, and as it's so different to my earthly and mind spirit way of thinking, will take time to integrate into my way of thinking – which means, to change my way of thinking into a completely new way.

That is all I wanted to say. And although you might think that my coming is rather inconvenient with you having just written about me again, however here I am and this is what I want to say.

All the best to you John. You have no idea how grateful I am to you, and I have a strong pleasant feeling that that gratitude is only going to increase.

Yours respectfully,  
Dr. David Hawkins

(James: As I was reading your comparison of the Doctor with K and K, I started to feel the energy building... oh here we go again... he's wanting to speak to me!)

Friday, 29 September 2017: Dear James and John (Noted from Samantha in England)

To be 'used' so fully by Mind Spirits, to create all he (Dr David) did under their influence, all so cunning, that must have felt quite devastating to him and I am feeling a lot of sadness, emptiness and let down with in myself as I understand how it feels to learn that my whole life has not been my own but that of my parents, their will, control and untruth and I have felt feelings of it all being such a waste of my experience being like that, a waste of the personality God created me to be. I am very sad as Dr David Hawkins realised how 'used' he has been, being a conduit for the Mind Spirits, I feel like that too, used by my parents to be as they wanted me to be instead of nurturing me to be myself and help develop the personality God gifted me.

I (Sam) bought 'Letting Go – the pathway of Surrender' by Dr Hawkins and I was very up with all of his feeling work but then felt the change in me with the mind dominant aspect of Dr Hawkins work, it was that I wasn't drawn to and felt myself draw back from it but now he can go on from what he already knows, go further into the feeling aspect of what he discovered and I am sure he will get so much support in that from the Divine Love spirits that are guided to help him. Isn't that just so wonderful John, to have that help, like you have in Kevin and Kathaleen.

**Feeling  
Healing with  
Divine Love is  
the key!**



**CONCLUSION:**

David Hawkins' own story explains that the 'Letting Go' process is inadequate. The 'Letting Go' publication and process is his own research. Pure and simple; Dr David was knocking on the door, but that process was unable to open the door.

Again, his own story now endorses the Feeling Healing process!

This leaves no doubt as to the veracity of what Marion and James and Samantha are doing. It is THE ONLY WAY! The only way being the Feeling Healing process coupled with Divine Love.



This clears away confusion for many people who may explore everything. Other emotional processing and releasing modalities simply do not delve far enough into one's injuries and errors of belief. Yes, they provide some temporary relief, but none of them go beyond the mind and into the soul to the core and foundation of our injuries, all of which stem from our childhood upbringing.

Dr David Hawkins has now clearly put aside his own teachings and confirmed that his and all other modalities are inadequate.

Now, we all can focus upon the only way home!

**FEELING HEALING with DIVINE LOVE is SOUL HEALING:**

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing.  
Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.  
Primary and most important readings are the writings of James Moncrief.  
Then consider the Padgett Messages, and then The Urantia Book.**

**Release one's pain through expressing one's feelings.**

**in conjunction with**

**Longing for the Truth when also longing for Divine Love.**

**FEELING HEALING with DIVINE LOVE DISSOLVES UNLOVING TENDENCIES:**

For man to be at-one with the Father, the Source Soul, man must become love; that is, his soul must be filled or permeated with this Love, the Divine Love, to such an extent, that it will become impossible for anything that is not of love to be or remain part of his soul. Paul 20 August 1915

But let men know that even while on Earth they can obtain this inflowing of the Holy Spirit in their hearts to such an extent that sin and error will be entirely eradicated.

There is only one thing that saves one from their sins and makes them at-one with the Father, and that is the inflowing of the Divine Love into their souls. As this Divine Love fills their souls, all sin and error must disappear.

Of course this is a relative matter, for it depends upon how much of this Divine Love is in their souls to determine how much of sin or error exists. The more of the Divine Love, the less of sin, and on the contrary, the more of sin the less of the Divine Love. But, I want to say with all the emphasis that I am capable of, that it is possible for a human being to obtain such a quantity of this Divine Love in his soul that sin will be entirely eradicated. This was the doctrine taught by Jesus, and this is the truth of God's law of Love.

The foundation truth is that the Divine Love of the Father can clear our souls from all sins, and make us perfect, to the extent that we receive that Love into our souls.

It is the Holy Spirit which conveys God's Love to man and manifests its workings in a real and irresistible manner and with this Love we are enabled to become over-comers and inheritors of immortality and homes in the Celestial heavens. Paul 31 August 1915

Where love is there can be no sin or unhappiness, and fear is not.

We, who live in the Celestial Spheres, know this to be a fact, and with all the force and authority that knowledge gives, we declare this truth: the love that casts out all fear is the Divine Love of the Father, and when a spirit or human being obtains that, there exists no such thing as fear, and nothing that could create or permit fear to exist.

God wants the souls of men in love and not in fear, and the only way in which such end can be accomplished is for men to see and know Him as a God of Love only. No man can come to the Father except through this New Birth and faith in the Father's Love. Andrew 17 September 1915

It is the Divine Love that slowly but permanently eradicates harmful attitudes, beliefs and practices that one may have gathered along their journey of living. It is only with this Love that erroneous ways are expunged from one's nature and character. This is the great gift to humanity that few are aware of.

***“Never can one man do more for another man than by making it known of the availability of the Feeling Healing process and Divine Love.” JD***

**DIVINE LOVE does not TRANSFORM one's SOUL  
FEELING HEALING is what TRANSFORMS one's SOUL**

The Divine Love does transform our soul from Natural love into Divine Love. It's our Feeling Healing that 'transforms' or heals our erroneous expression of Natural love. We have to 'heal' and so perfect our Natural love, so it can then be transformed by the Divine Love.

Divine Love does not even begin the real work of transforming one's soul, for those who focus upon receiving Divine Love to the exclusion of embracing one's Feeling Healing, they are just expanding their mind's control over themselves. Should this be one's passion, then upon passing into the spirit Mansion Worlds they will find that they can continue along this path all from within the Divine Love followers segment within the first natural love Mansion World! Yes, only from within the first natural love Mansion World.

Most of humanity on Earth does not want to face the very truth their feelings are making them feel every day of their life. So if they want to keep living in the spirit Mansion Worlds as they did on Earth, in complete denial of their feelings and the truth they are to shown about their wrongness, they can.

However, for those who have embraced Divine Love and begin to engage in their Feeling Healing process to begin the transformation of their soul, they will be able to sense the Divine Love already within their soul 'driving them on'. One's understanding and adjusting will be changing rapidly to that of embracing all about the Healing and doing it – all being supported by the Divine Love that one may have received previously. All one may have done with the Divine Love may make their introduction into their real Healing, by using their feelings, much easier than it is for other spirits from the mind worlds who are at the same time having to wrestle with many of their old religious beliefs or mental programming, having to take on a whole new mind-set which one could see would take some of them years, whereas for someone who has been longing for and receiving Divine Love for some time it may be only a matter of weeks. This also applies to those living in the physical.

It is the Feeling Healing process that transforms one's soul towards perfection, towards the ability to fully express one's true personality as given to us by our Heavenly Parents, it is the Divine Love that then fits that transformed soul to be able to enter the Celestial Heavens.

Reference: Pascas Care Letters – Divine Love does not Transform



### NATURAL LOVE BLENDS PERFECTLY WITH DIVINE LOVE:

Both are energies. Natural Love energy forms each soul and each individual soul is unique. Our personality, intelligence, memory, and humanistic characteristics are unique. It is our gift of free will that tends to enable us to error, however, it is the uniform nature of Divine Love and Feeling Healing that brings about our growth and release of man-made negativities.

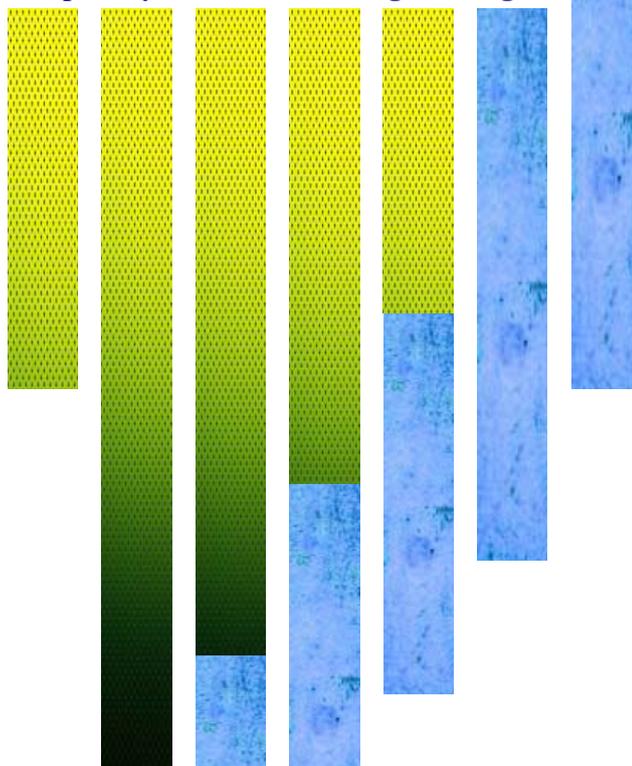
#### MAP OF CONSCIOUSNESS

Level	Log
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At-onement Transition	1080
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ENLIGHTENMENT	700-1000
PEACE	600
JOY	540
LOVE	500
REASON	400
ACCEPTANCE	350
WILLINGNESS	310
NEUTRALITY	250
COURAGE	200
PRIDE	175
ANGER	150
DESIRE	125
FEAR	100
GRIEF	75
APATHY	50
GUILT	30
SHAME	20

One's soul is gifted with the emotions of courage through to enlightenment. Man erroneous emotions are those of pride down to shame – these we can step away from with Feeling Healing.



A. B. C. D. E. F. G.

- A. Unborn child's soul is always perfect and remains that way throughout life.
- B. Child in first seven years absorbs man-made emotional characteristics from environment.
- C. Cognitive capabilities enable each person to choose to ask for and receive Divine Love.
- D. Divine Love strengthens one's resolve to release negative emotions should we continue to ask for more and more of this ultimate high octane super fuel, this light golden blue energy.
- E. Progressively, harmony comes about through our bodies and the inclinations to engage in negative ways and causing harm to others or one's self dissipate.
- F. As we embrace our Feeling Healing with the Love, the Divine Love transforms our soul so that we no longer have any inclinations to do anything other than the will of our Heavenly Parents, no more harm to others.
- G. It is with the blending of the Natural Love with the Divine Love that fits a person to become at one with our Mother and Father and to enter the Celestial Heavens.

## **John – If men would have faith like the Apostles, healing and so-called miracles would exist today.**

You must not think that this is the only age in which spirits communicate with mortals, for I must tell you that in my time it was much more common than now; and in our congregations when worshipping and when in our other gatherings, and often in private, we had these communications.

This was an important part of the services of our meetings, and one that kept us in constant harmony with the soul power of those who lived in the spirit form, and from whom we received powers of healing and of doing good in many other ways.

In those days healing the sick and doing kindred things were a very important part of our work as Christians. We believed what Jesus had told us on Earth, and we increased our faith and performed many works, which the people who did not believe as we did, thought were miracles. To us the healing of the sick and the doing of these other things were just as natural as eating and sleeping. I tell you that our faith then was a certainty. We possessed the Substance that Paul speaks of, namely the Divine Love, and we expected to do the things just as we expected to breathe and be able to do material good to our brothers.

But after a few centuries, when men came into the church for other purposes than to receive the New Birth through the progressive accumulation of the Divine Love within one's soul, and do the will of the Father, faith, such as I speak of, died, and the power to do these things was taken away from men, and the church became a congregation of men having the mere lip worship.

And all through the centuries from then until now, this power has not been with men, except that here and there some true believer with a faith such as we had has appeared, and done wonderful things.

John 12 September 1915

### **Christianity – Early**      calibrations by Dr David R Hawkins

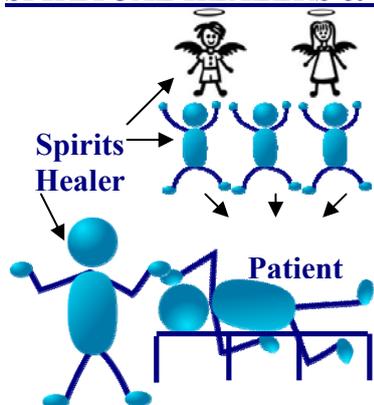
<b>First Century – “The Way” (Divine Love was understood)</b>	<b>980</b>
The Apostles	905 – 990
Gnostics	510
Prior to Council of Nicaea	840
After Council of Nicaea (325 AD)      Constantine took control	485
(Divine Love teaching are now all lost)	

### **Roman Catholicism – calibrations of current position**

As an institution in year 1900	460
As an institution in year 2004	305

<b>Humanity as a whole presently</b>	<b>212</b>
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**SPIRITUAL HEALERS & HEALING:**

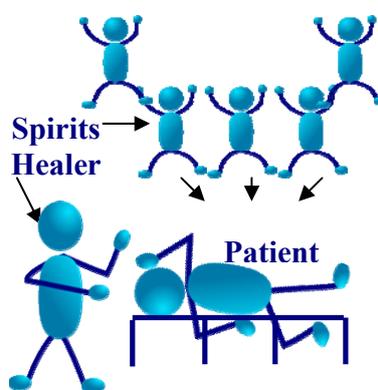


Healer whose soul condition is above Earth plane (2<sup>nd</sup> sphere or higher) and is open and receiving Divine Love will be able to attract Divine Love spirits from 5<sup>th</sup> and 7<sup>th</sup> sphere, and also Celestial Angels (8<sup>th</sup> +++ ) who have healing capabilities.

Patient, should he/she be open and receiving Divine Love, will be cured – permanently. When God is involved this way, wonderful and complete recoveries frequently occur.



God is fully involved, faith is high with all parties.

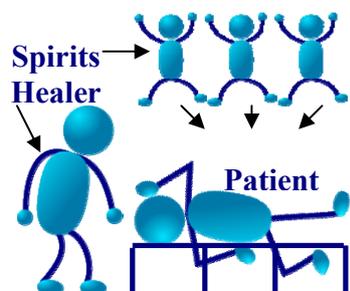


Healer whose soul condition is above Earth plane (2<sup>nd</sup> sphere or higher) and is open and receiving Divine Love will be able to attract Divine Love spirits from 5<sup>th</sup> and 7<sup>th</sup> sphere who have healing capabilities. Patient not being open to Love.

Patient will have relief from health issue. Unless he recognises the underlying cause, the core emotional error, which created the illness, and releases it, then a similar issue may reoccur.



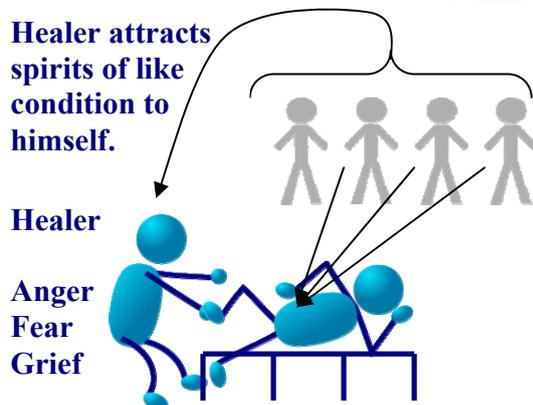
God is welcome and partially involved.



Healer whose soul condition is above Earth plane (2<sup>nd</sup> sphere or higher – over 500 on MoC) will be able to attract natural love spirits from 4<sup>th</sup> and 6<sup>th</sup> spheres who have healing capabilities.

Patient will probably have relief from health issue. Unless he recognises and releases the underlying cause, the core emotional error, that created the illness and releases it, then a similar issue most likely will reoccur.

God not involved. Spirits and people self reliant.



Healer whose soul condition is in the Earth plane state (MoC under 500) will typical attract spirits who have no healing capabilities. Should the patient also be in the Earth plane state (1<sup>st</sup> sphere condition) and have no faith in the practice then healing probability is negligible.

God not involved. All parties self reliant. Patient has no faith.



+++

10

9 MOC Peak

8 1250

7 1080

6 1000

5 920

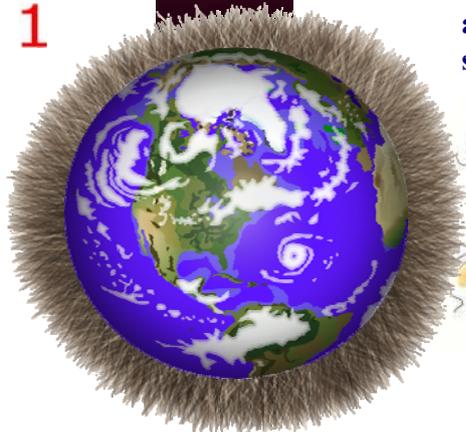
4 840

3 780

2 650

500

1



**SPIRITUAL HEALING CONDITIONS:**

Only when the healer is at one with God (8<sup>th</sup> sphere soul condition) can he, directly with God, heal a person, who has faith.

Practical ultimate conditions for healing: Healer on Earth is engaged in Feeling Healing and seeking and receiving Divine Love and is in a 2<sup>nd</sup> sphere soul condition.

Person seeking healing is also seeking and receiving Divine Love, if only to a limited degree.

Healer will be sent Divine Love angels from the Celestial Realms (8<sup>th</sup> sphere and higher) and they will act as conduit for our Mother and Father. All parties involved have faith and desire to connect with our Heavenly Parents. Healing will be rapid and permanent.

Healer who is above 1<sup>st</sup> sphere soul condition can and does attract natural love spirits from 4<sup>th</sup> and 6<sup>th</sup> sphere to assist with relieving illness.

If healer is asking for and receiving Divine Love then he will attract assistance from 5<sup>th</sup> and 7<sup>th</sup> sphere spirits to assist with healing, bringing relief for the patient.

Should the patient have faith in the process and is endeavouring to grow in love then healings are possible.

Healer, in this condition, is able to break through the cloud of negative emotion enveloping earth.

Healer in 1<sup>st</sup> sphere soul condition cannot develop rapport and assistance from spirits who are above 1<sup>st</sup> sphere. He attracts 1<sup>st</sup> sphere spirits who masquerade as healing spirits. No healing.

### HEALTH with or without the LOVE:

**Divine Love, with Feeling Healing, has a powerful positive effect on the physical body, balancing the hormones and generally promoting physical health, which is really the same thing as saying that the state of a mortal's soul impacts directly on that mortal's physical health.**

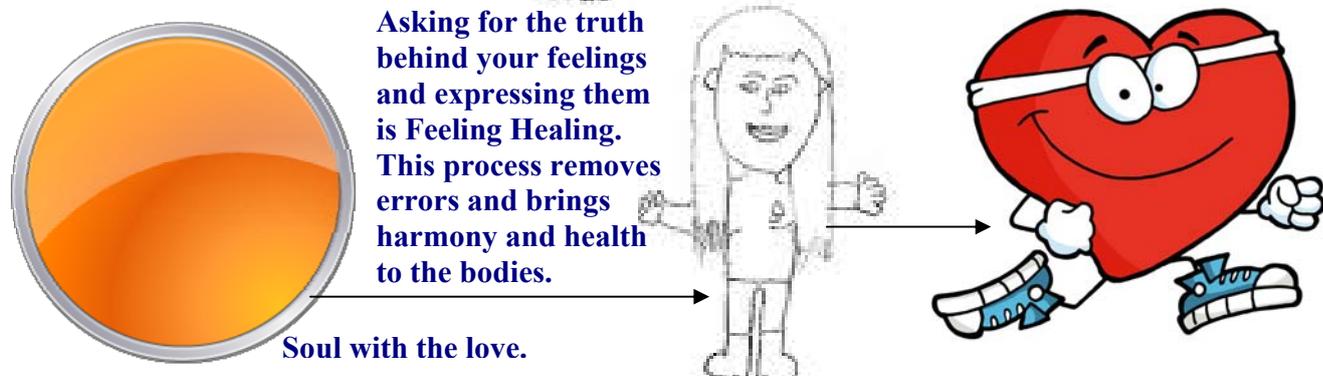
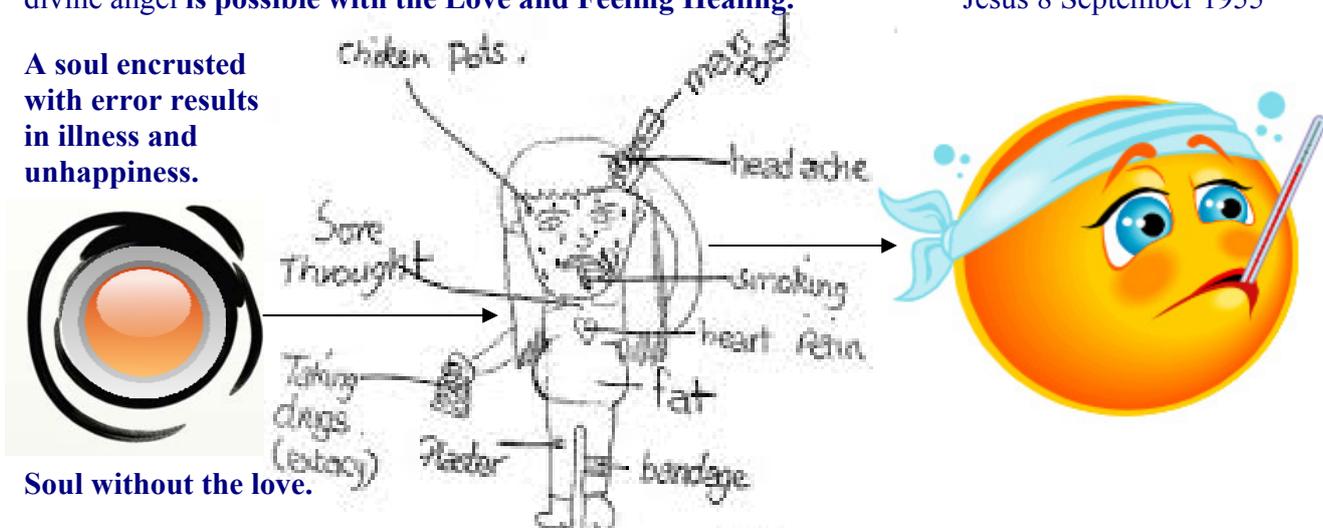
The Master, because he experienced the New Birth soul condition as a mortal, his physical nature was directly affected, so it would be accurate to say that because of this, his nutritional needs were somewhat different from other mortals.

Throughout his ministry (when the New Birth soul condition was his), he was actually in perfect physical health, and this was apparent through a sense of well-being that actually manifested on a physical level as well as a spiritual one.  
Aman 24 January 2007

The influence of sinful emotions and thoughts and actions upon the soul is such that the spiritual emotions and aspirations of man becomes dormant, and as though not existing, and the soul itself is encrusted with evil.

Through prayer, thoughts and soul longings, the spiritual nature in man can be developed so as to dominate the personality, and he will act in accord with the feelings and emotions of his soul. The evolution of man from the natural being to the purified soul and, if he so desires it, to the state of the divine angel **is possible with the Love and Feeling Healing.**  
Jesus 8 September 1955

**A soul encrusted with error results in illness and unhappiness.**



## WE EDURE FOUR LAYERS of PERSONALITY SUPPRESSION!



Unknowingly, our parents pass onto their children (us) their beliefs and way of living that has evolved since the Rebellion of some 200,000 years ago and then the Default of some 38,000 years ago. In this way, humanity is suppressing the female, rejecting our Spiritual Parents, namely Jesus and Mary, and denying our Heavenly Parents being our true Mother and Father, of their truth, standing and existence.

**The Rebellion is against love, the Default is all the difficulties we have in our relationships because of our rebellion. Healing the Default is becoming true, to ourselves and in our relationships, and ending our unlovingness – our rejection of love, so ending the Rebellion.** Nanna Beth 29 June 2017



We are souls, our personality is an expression of our soul. It is our free expression of our soul through our feelings that we are to embrace and follow. This expression may appear to be wilful in nature, from time to time, and consequently our parents attempt to suppress this expression. They proceed to remodel us when as young children, in the manner their parents treated them and so on for many generations going back.

During our forming years, as a child, we are unable to recognise the suppression of our personality as being extra-ordinarily harmful to our soul based personality and, accordingly, we don't know that things can be any other way. Presently, neither do our parents.



This childhood suppression way of living continues throughout our schooling years, thus we learn this is a way of life as being normal.



Our religions all have been formed based on the tenets of the Rebellion and Default. The teachers and leaders throughout all denominations take us further away from our suppressed feelings that have been hammered into us during our forming years, thus entrenching us further into rejecting our true selves.



The controlling and suppression mechanisms of our parents, educators and spiritual teachers all manifest throughout all of commerce. This control comes heavily and brutally down upon all levels of employment. The capability to express one's soul based attributes and gifts is sealed throughout all of one's working life.

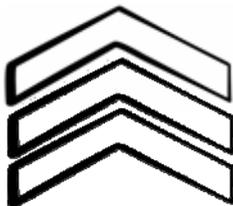
A new way of living is to enable the liberation of one's true personality through the Feeling Healing process AND the transfer of authority to the individual via embracing freedom of expression.

## The CHOICE is OURS to MAKE:

### Celestial Truth:

Truly all-loving;  
 Living true to oneself;  
 Mind supporting Feelings;  
 Living with the Divine Love;

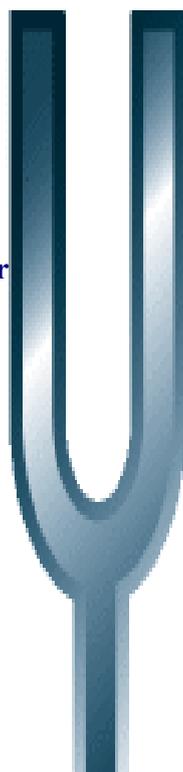
Fully Healed of the Rebellion and Default.



### THE FEELING WAY

Feeling – Ascendance  
 Unlimited progression

- Living true to your untruth;
- Honouring all your bad feelings;
- Expressing feelings to uncover their truth;
- Healing the Rebellion and Default within yourself;
- Feeling unloved; being unloving;
- Feeling as bad as you can feel;
- Feeling like you are no one special;
- Longing for the Divine Love.



### THE MIND WAY

Mind – Transcendence  
 Limited progression

- Enlightenment, Nirvana, feeling all-loving;
- All false, mind-contrived. Anti-truth, anti-love;
- Still evolving the Rebellion and Default within yourself;
- Feeling and believing you are the Superior One;
- Living with your mind in control of your feelings;
- Living rejecting all your bad feelings;
- Living with your mind contriving you feel loved;
- Rejecting the Divine Love.



All religions, New Age, agnostic,  
 atheists, no spiritual interest,  
 Living the Rebellion and Default.

Hell:  
 Exploiting the Rebellion and Default.

The Feelings are the doer; the Mind the teller. So we are to go with our feelings, which we can't be told to do with our mind. So the longing for the Divine Love, doing our Healing by expressing our feelings and longing for their truth, are all feelings and doing it with longing. Whereas the mind just wants to tell us what to do and how to be, no feelings in it, all how our parents have treated us.

## Our FEELINGS are our SUPREME GUIDES:

# Feelings!

Feelings are what guide us through our ascension of truth. So they are really our Supreme Guides. Many people look for a person, spirit, angel, even God, for supreme guidance, however it's all right there already built in – in our feelings. We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it's there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feelings is really: Longing for the truth of our self, because: we are our feelings. So life stirs up our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings. Kevin 26 Sep 2017

## Using our feelings to uncover the whole truth of our negative or anti truth and anti love state.

Kevin: So whilst we're of an untrue state, then all we have got to help us understand why we feel bad, why we are wrong, why we are negative and anti love and truth, is our feelings. So if we focus on our bad feelings, they will lead us to the truth of why we're feeling bad. Which will be the truth of what happened to us to make us be this wrong way, and how we took on the wrong way and keep it going making us feel bad.

## FEELING HEALING

**Note:** The vital difference between emotion and feeling is that emotions have their roots in the past, and feelings relate to the present moment. Emotions represent our feelings which were not previously expressed, and these accumulate with time.

**Note:** Our feelings are soul-based. Our soul is always in truth. It is our soul based feelings, that when allowed to be freely recognised, we will begin to express and be who we are. This takes time and perseverance as we have encrusted our souls with layers upon layers of errors and false beliefs, it is these layers that will confuse the truth that our soul is conveying to us. Only by our progression with our Feeling Healing will our soul's expression of truth become clear and free of all cloudiness and contamination.



“What our soul needs in accordance with our own, individual, **Soul-Light-Plan-Of-Destiny** (your life's true destiny plan), They, being our Mother and Father, will give you as required. The only way we can know truly what we need is to honour and follow our true feelings. They, springing from our soul, literally telling us what we need, and so when we genuinely feel we need something, we apply our will to get it. The hard part is knowing if our feelings are true, and until we have done our whole soul-healing, they won't be clear and total true.” James – Introduction Course to Divine Love Spirituality

# FEELING HEALING + SOUL HEALING

To heal one's self is to simply look to see what feelings we are refusing to let ourself feel, and accept them instead of denying them. And to fully accept them, one needs to express them, speak about them, let them have their say, rather than pushing them aside, refusing to let them make you feel bad.

Doing this all with the intention of seeking the truth of why you are feeling them, of speaking about and expressing all such feelings; all feelings you have, but ALL WITH the INTENTION of UNCOVERING the TRUTH THEY WANT YOU TO SEE ABOUT YOURSELF. And it's the wanting to see the truth of them that is very important, because if you just look to accept them and speak and express them, but not seek their truth, then that's all you'll be doing, speaking and expressing them, but not healing their causes, so not fixing the things within you that are making you feel bad. And it's the truth part of it, seeking the truth of your feelings, and so, seeking the truth through your feelings, that's vitally important. It's the truth of yourself, life, nature and God, that is the spiritual aspect to it all.

You CAN'T find the truth of yourself, or anything else, through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them. So to do our Soul-Healing consists of these steps, all of which are ongoing until it's done:

- **Admit you are feeling bad.**
- **Accept your bad feelings, identify what they are.**
- **Honour fully your bad feelings by expressing them, speaking about them to someone who is willing to hear you talk about them, or tell them out loud to our Heavenly Parents. Long for the truth of them. Long for the truth of why you feel bad – what deep within you is causing your bad feelings?**
- **And remember, bad feelings are Good! Not bad. They are not to be despised. And as hard as it is to accept them, they are still you, and a very real part of you. And if you persist in denying them and not allowing yourself to fully live them, then you are only going to keep yourself in your errors making things harder for yourself.**
- **All sickness and suffering, all bad things that happen to you, all your problems, all your addictions – your whole feeling-denying and untrue life, is all caused by your denial of bad feelings.**
- **Every problem in the world is brought about because everyone has been brought up to deny feelings, and in particular, most of their bad ones.**

If one is intent on spiritually evolving and growing in truth, then it's vital, and this is the key, that one looks to use one's feelings as the means to gain and have access to the truth of oneself. You CAN'T find the truth of yourself or anything else through and with only your mind. You HAVE to engage and look to your feelings. And so if you choose to allow your feelings to 'Show You the Way', then the truth will come as you express them.

Doing your Soul-Healing with the Divine Love, is really doing your 'Feeling-Healing'. We are designed — created — to be self-revealing of truth, and so we are all to uncover the truth within ourselves and for ourselves, and all being done by living true to our feelings. **If you accept, express and seek the truth of your feelings, then truth will come to you, and you'll grow spiritually. It's as easy as that. Also it is as easy as it is to long for, ask for and receive Divine Love.**

THE HEALING OF YOUR BAD FEELINGS THROUGH THEIR ACCEPTANCE  
AND FINDING THE TRUTH OF THEM, IS THE ACCEPTANCE OF YOUR  
NEGATIVE, REBELLIOUS, EVIL, IMPERFECT MIND AND WILL CONDITION.

To do our feeling-healing we need to become:

Aware of – Acknowledge – and Admit, our bad feelings.

So we can:

Accept – them and allow ourselves to Be them.

And then if we feel to, take:

Action – Express, speak and emote them.

Talk about them.

All being done whilst longing to, really wanting to, see the TRUTH of our feelings.

So it sounds simple.

So I repeat:

We accept our bad feelings by expressing – speaking about them to someone willing to listen to us and take us seriously. And as we speak we long for the truth of them – why we are feeling them – to be made known to us. And when we uncover and see the truth we are FREE! – healed of the causes that have made us feel bad.

Accept, Express – see the Truth, and you're Free!

ACCEPTANCE OF ALL YOU FEEL, THINK AND ARE, IS THE KEY TO DOING  
YOUR HEALING; THAT, AND WANTING TO SEE THE TRUTH OF ALL YOU  
FEEL, THINK AND ARE.

**Release one's pain through expressing one's feelings.**

**in conjunction with**

**Longing for the Truth when also longing for Divine Love.**

**WE are meant to grow up LIVING FULLY CONNECTED to our FEELINGS:**

Humanity has always had an awareness and involvement with spirits, with life on the other side, because we are all heading that way, we all end up dying and becoming one of the spirits, and were humanity living rebellion-free, then nearly everyone would enjoy some level of spirit involvement either directly or indirectly, loving such an expansive awareness in life.

**We are meant to grow up living fully connected with our feelings in our physical reality, and at the same time with full feeling awareness of spirits and life after death, because after all, God is the greatest Spirit of us all.**

And so having an awareness and involvement with spirits can, and should, help us have more of an awareness with our Mother and Father. And it's not with just spirits, it's also with the angels who are with us all the time, and the nature spirits should we be open to them, and even higher spirits if we are to work with them, such as the Melchizedeks or Trinity Teacher Pairs. But mostly for those people involved with the Divine Love, it will be with the Celestials spirit group that is assigned to help them.



It is very important to understand that spirits and spirit life is meant to be part of life on Earth. However that's not to say everyone need to have an ongoing relationship with their spirit friends, but they can at least still be aware of spirits and spirit life and where we will be going and something about what to expect once we die. And when you are open to it, lessening the grip of one's fears about it, then we will find it will be just another aspect or level of life, and one that can give us quite a lot of comfort.

**TRUTH LOVING SOUL V ERROR INFLICTED MIND**



**Feeling  
Healing with  
Divine Love is  
the key!**



**To liberate one's real self, one's will, being one's soul, is by embracing Feeling Healing so to clear emotional injuries and errors. With the Divine Love, then one is also Soul Healing. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.**

**WE are to LIVE BY and EXPRESS OUR TRULY LOVING SOUL BASED FEELINGS:**



We arrive into the physical world (at conception) with a pure and free personality and a soul based will that are to be truly and fully expressed. Unwittingly, our carers, namely our mother and father and those close by, set about remodelling our individuality. That is, they shut our personality and self expression down. The result of this is traumatic. This is reflected through our physical body. This childhood suppression is what brings about all of our pains, illnesses, and mental disturbances. Only by embracing our emotional pain and injuries, either good or bad, and longing for the truth of them, and expressing them (talking) through these experiences to a companion, can we release these dreadful encrustments suffocating our true selves and liberate our personality, being our soul. We are to follow our passions and heart felt desires and to live true to ourselves, this is how our Heavenly Parents know us as and this is what we need to return to so that we can find our way home to Them.



**FEELING HEALING is to LIBERATE OUR TRUE SELVES:**

**One's soul is always true and perfect. It is the source of our feelings. When we long for the truth of a feeling, we are looking within one's self and the truth of that feeling will progressively unfold.**

**Our mind is that cluttering confused chaos that has imprisoned our soul. Our mind wants control. It demands and causes us great difficulties. One can liken it to a wrecking ball that has encased within it our always beautiful perfect soul, being our real self. The mind dominates our brain. Our mind is stuffed full of our childhood upbringing errors.**

**Our parents typically followed the chaotic path of nurturing that they were subjected to, and so it goes on, generation after generation. By the time we are six we have allowed our will to be encased by the wrecking ball of errors of our nurturing. We now have to feel through those errors and injuries and free our soul, free our will. Our soul based will is always what we are to express.**

**Beliefs become Faith, but when we experience it, then it becomes Knowing. And it is in reaching the Knowing that one becomes perfected in that aspect of who and what we are.**

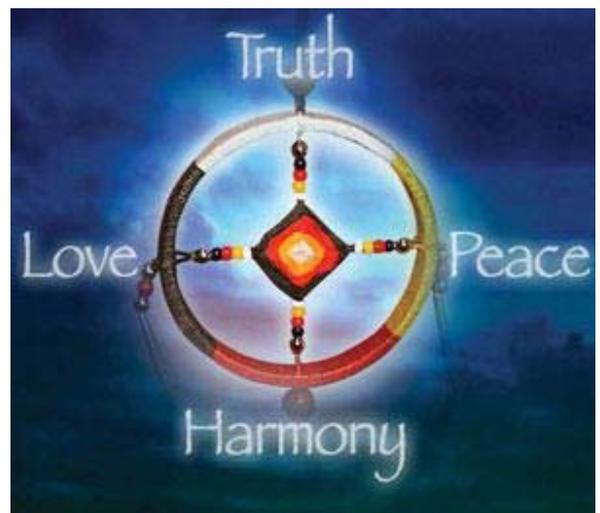
**When we long for the truth of the emotion, it will most often be unsettling to say the least. This is because there is little that our parents taught us that is in truth. Our will has been suppressed by our upbringing so that we could be like them.**

**Childhood repression encrust our wrecking ball mind which in turn suppresses our soul based feelings that are in perfect harmony and peace being based on love and truth as given to us by our Heavenly Parents. To shatter the wrecking ball we are to feel for the truth of all of our feelings, good and bad.**

**MIND**

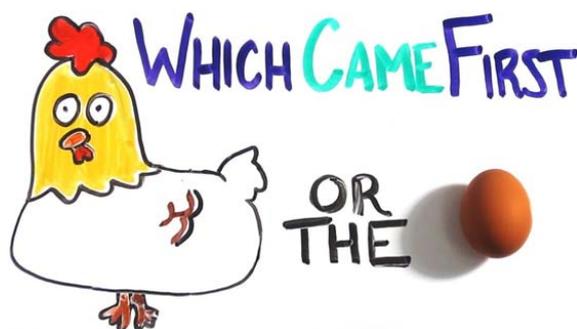


**SOUL**



### FEELING HEALING and DIVINE LOVE:

The revelation of Divine Love came before the understanding that one is to open to their feelings and long for the truth those feelings are trying to show us – wanting to uncover that truth of one's self. We are to embrace our emotional injuries and erroneous beliefs and allow our soul to function.



It's not about trying to empower yourself because we feel powerless, it's about accepting our bad feelings – accepting them as we submit to them, all so we can feel every bit of powerlessness we feel; and understand all why we feel that way, and how all of the parts of feeling it make us feel. It is wanting to uncover the whole truth of it, which is the whole truth of one's self.

We do feel powerless, that is the truth we are living – so accept it! And from there; okay: so why am I feeling this way, and how does feeling this way make me feel; what was done to me to make me feel this bad, and how have I taken it all on keeping myself feeling this way. So we uncover all the ins and outs of it – all the truth. And when we've brought it all to light and brought out all our repressed feelings to do with it, then we'll change, then we'll heal, then our soul will change our negative patterns into positive ones. And that is the only way we can ascend our soul in truth whilst we're of a negative anti-truth state.

When our parents interfere with us when we're young and forming, stopping us from being our true selves, they are in effect causing a part of our personality to stop being expressed by our soul, so in that way, that part of you is being forced to 'die'. You can't however completely eradicate that part of you, it merely stays there waiting for the day you liberate it, however the feelings it makes you feel are like you are being forced to die, which is why you cry and protest and fight. We are de-powered, as the true power of our soul through our will can't be manifested, it's not being able to bring that part of one's self into being.



Feeling healing is the pathway to begin to live fully expressing one's true personality. We are not to live by a set of rules, even if they are self-imposed, we are to live true to our feelings – always! And our feelings will break all mind-imposed rules, but will lead us to fit in with all soul-expressed rules. And by living true to our feelings, true to ourself, we will naturally be living true to God's Feelings (and not true to God's Mind and Thoughts) – true to God, so true to God's will; or, true to God's Way. Living true to one's soul.

Revelation 1 is to embrace our 'feeling healing' in a manner that you feel works for you, and Revelation 2 is that by embracing the Mother Father's Divine Love we are then 'soul healing'.



# REVELATIONS



**Revelation 1:** Our soul becomes encrusted with harmful ways of life, plus negative and erroneous beliefs, these mainly stem from our childhood upbringing and environment. Thus we live untrue to ourselves, we become 'evil'. Whilst we hold to these injuries we limit the amount of Love that we can receive into our soul. To open our soul to the Love we must firstly and progressively embrace our emotional injuries and allow them to be released. Until we emotionally experience past errors and injuries we hold onto them.



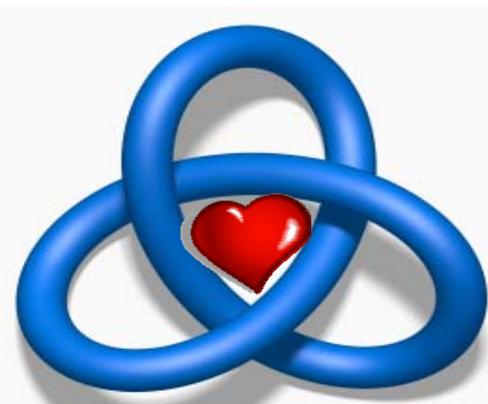
To free our soul of damage and toxic emotions we must open ourselves to experiencing them. This is a progressive, slow and uncomfortable cleansing process that we must all experience. Only by addressing the generational injuries will we, as humanity, evolve in love.



To fully divest one's self of our badness, we have to 'go into' our feelings. Call this process of clearing toxic emotions as 'Letting Go', 'Emotional Processing', 'Journey Process' or 'Feeling Healing'. Embracing Divine Love then Feeling Healing becomes Soul Healing.

As part of our Feeling-Healing we will have to work our way into all our feelings to see if indeed they are coming truly from our heart and soul, or if they are being heavily influenced by our mind. And this will then lead us into questioning and uncovering the truth, if there is any, to our beliefs and why we behave the way we do; and is such behaviour based on truth, or is it based once again on untruth, belief, and rules of our mind.

**Revelation 2:** We can long for, ask for and receive the Mother and Father's Divine Love. The greater our soul is free of error and injury, the more of the Divine Love can be received and assimilated into our natural love formed soul. The Love does not free us of injury, however, it strengthens our resolve to continue on our journey to be free of error and injury, to step away from evil aspects that have been encapsulated within our humanness and soul. It is this Love, the Divine Love, that brings about immortality of our soul and it is this Love that will eventually fit us to enter the Celestial Heavens and progress for ever more onwards to Paradise. These two revelations free us from error and enable us to grow in love ever more.



**Immortality with the Love.**

# Feelings First Spirituality

## The New Way

**Feelings First**  
**FF**  
**Feeling Free**

The New Way, Feelings First Spirituality  
 Learn to live with God through your Feelings

Accept, express and long for the truth of your feelings

Be free in your feelings  
 Free your feelings from your mind's control  
 Live true to your feelings; your feelings are your true self  
 Live true to yourself through your feelings



Live true to yourself by living true to your feelings.  
 Long for the truth of your feelings.

Accept / Express / Bring out ALL of your good, and most importantly,  
 BAD feelings.

Want to understand why you're feeling them.

Use your surface feelings to take you deeper into your repressed and  
 hidden feelings.



The Feeling Way is the True Way.  
 Your feelings are your spiritual guide.  
 Your feelings will take you to God.

Your feelings will show you the truth of your relationships, including your relationship with God; and if anything is wrong, untrue and unloving, then why it is.

Our feelings are sacrosanct and we should respect them accordingly. And we should NEVER block them out, ignore, override, banish, deny or reject them, because if we do, we're only doing that to ourselves, as Our Feelings Are Our Self.

Our feelings are the gateway to our soul. Our feelings are the closest we can get to our soul. Knowing the truth of our feelings is knowing the truth of our soul, and knowing the truth of God.

Feelings First Spirituality is the True path for humanity.

It embraces all people.

It completely unifies the world.

Everyone can relate to everyone else through their feelings.

And we can all live the truth that comes from our feelings, all sharing the same truths as we express and have the same feelings.

No one need be left out; no one is more special than anyone else – we are all united in Truth through our feelings.

So with and through our truth we live our lives, therefore without the need of any man-made mind-laws, rules and restrictions that limit self-expression as inspired by our feelings.

The New Way, Feelings First Spirituality is what is to replace all man-made, mind-contrived religions that so many people have enslaved themselves to. The New Way, Feelings First Spirituality will set us free of all that control, ending the Rebellion and Default within ourselves as we do our Feeling-Healing, and ending such control and spiritual stagnation in the world.

Bring on the End Times – get it over and done with! Let's all see that Jesus is not going to come again, that Prophecy has failed all the mind-controlled platforms. Allow such false systems of belief to die their long-awaited natural death, they've overstayed their welcome, it's now time they fade away. So let us show such antiquated, erroneous systems of belief the exit and bring on the fresh liberation of discovering the truth of how we are to live for ourselves, each of us personally in our lives, and all by looking to our own feelings for it. Self-revelation through our feelings is the way to go.

The Way of the Mind is ending, and is really the End Times – the End of our mind control, and **it's**



**about time!** With the Way of our Feelings replacing it.

The End Times means the end and therefore a New Beginning. And that new beginning is a whole new Spiritual Age – an age based on self-revelation of truth through one’s feelings, coupled with and supported by higher revelations from the Celestial spirits, angels and nature spirits.



The Feelings First Spirituality is the True Way to God because it helps you get to know God, helping you to reach out, connect and be personal with God, and do God’s Will, all through your feelings. It is the only true way of getting to know the God of Feelings – our beloved Heavenly Mother and Father, the Great Soul of Divine Love.

Love comes through our feelings and not our mind, as we’ve all been wrongly led to believe.

**Feelings First; then comes The Truth; then comes Love.**

**LOVE is the Religion of Feelings, being:**

**Feelings First Spirituality, The New Way**



my  
**House** is your  
**Paradise**  
 **HOME**

# Steps UP!

## Quantum Jump 1



**REVELATION 1**  
James Padgett 1914 – 1923

James Padgett bravely introduced the availability of the Mother and Father's Divine Love and a great deal of additional guidance and information, all of which has been supplemented by Samuels, Judas, Reid and Arnold. All writers were under restrictions of personality and circumstances. Revelation 1 opened the door for humanity.

## Quantum Jump 2

**REVELATION 2**  
Marion and James Moncrief 2002  
– ongoing

Marion and James Moncrief have recognised the need for one to engage in Feeling Healing and, by their actions, removed restrictions that James Padgett and others above endured, thus JM is able to critique the writings of the past 100 years resolving points of confusion as well as expand on what has been written. Revelation 2 is humanity's turning point.

Due to the extra-ordinary nature of Revelations 1 and 2, humanity with the first Revelation would have continued on into its negative pathway of living, however, combining the first Revelation with Revelation two, now humanity can embrace this turning point and commence its evolutionary growth that has required two thousand years to put in place. This is the greatest event in the history of humanity and very few are aware of such, until we enable others to become aware.



Negative Spirit Influence  
blocked  
22 March 2017  
Law of Compensation  
quickenning  
22 May 2017  
Rebellion and Default  
officially ended  
31 January 2018



**With FEELING HEALING, the SUBSTANCE of The LOVE brings about PHYSICAL HEALTH:**

December 5, 2003

<https://new-birth.net/contemporary-messages/messages-sorted-year/messages-2003/millions-of-souls-millions-of-paths-ks-5-dec-2003/>

"When you know that you are souls with a spiritual body and a physical body, and that these two bodies reflect the condition of your soul, then how can there be any question about which part of your being is the most important?"

**"If you want to be well and healthy, happy and strong, then you must see that it is important for you to get your souls into the highest and best condition possible."** Apostle Peter

In the same way we will go about achieving our very personal and valued goals so will we go about creating harmony within our communities and peace worldwide.

**"The opening up of the soul permits a permanent exchange with Divinity, a permanent recharge of this healing energy that allows not only the re-establishment of lost health, but the continuity of health, providing such a perfect balance, even in the physical body, that noxious agents like bacteria and virus cannot find any opportunity to unchain pathological reactions, which we commonly call illness.**

**"But it is true that people without the benefit of Divine Love would lack the protective shield, which the intrinsic healing energies of Divine Love provide for those who pray for our Heavenly Father's Grace."** Judas – August 19<sup>th</sup>, 2001

**Divine Love is the Great Gift that God desires to give to the heart-soul that asks, yearns and seeks for It. It is unconditional Love *conditionally* given that requires no preparation. It is conditional only because Divine Love cannot and will not be given to any person without that person first asking and yearning for It.**

**We Inherit our Emotional Errors from the Environment around us during Childhood:**

We are to build but one temple. The Temple of the Living God is the blending of the greater (Divine Love) with the lesser (natural love) through which the lesser becomes one with the greater. The impurity was caused by the separation of the lesser from the greater. The purity is caused by their union, so that no longer is there a greater and a lesser but just the one good, whole, pure air of at-onement. When you let the Love of the Father pour through you to all things, nothing fears you and no harm can befall you. It is separation from the Source Soul, Father, which has caused sin / error, sickness, poverty, and death. It is union with the Creator, Father that causes one to become a whole Being or to become conscious of being whole.

Life and Teaching of the Masters of the Far East Vol I by Baird T Spalding.

**The BEAUTIFUL MIRACLE:**

5 Oct 2012

**The DIVINE UNIVERSE**

The way in which the Spirit conveys the Divine Love into the soul is a beautiful miracle. The attribute of mortal soul prior to incarnation has to it, a potential within it that is part of its formed nature. After the soul incarnates this potential remains part of the soul and even if the forming personality is unaware of such a soul potential, the potential still exists. The Divine Love is entirely suitable in its energy of harmony to be the energy that a mortal soul can utilise. The Spirit covers the spirit body when the individual sincerely asks the Soul of God for the Divine Love and this covering of the spirit body is where the dynamic of this beautiful miracle takes place. From the internal longing of the individual for the Divine Love this activates the Spirit Law that activates the Spirit that is then attracted to the spirit body upon which the Spirit material of the spirit body draws the Divine Love in to its soul and this union completes. The key here is to gain a perceptive insight into realising that the spirit body is not an inert body but that it is living and has activity, recognisable from its first forming from the Spirit Law that materialises a spirit body. The Spirit and the spirit body to give an analogy are like two attracting magnets and when the surface of the spirit body is touched by the Spirit, this causes the automatic response of the Divine Love to permeate into the attribute of soul and so begins the transformation of energy from the natural into the Immortal Divine Harmony. If the individual continues the receipt of Divine Love, the energy that is Divine Love actively begins to change the soul and this is felt in the spirit body systems and can produce feelings of love and elation. The spirit-mind begins to change as all spirit body systems are affected by the changed condition now experienced in the soul as the soul becomes living and vital. In one's progression of this Divine transformation, the soul will mature enough from the amount of Divine energy it receives and at that moment the surface of the spirit body and the Spirit are continuously attracted to each other, then one is living in the presence of the Father in perfect harmony, and this clarifies the truth about what it means to be truly at-one with God.

**Soul within  
spirit body  
prior to receiving  
Divine Love.**



**Divine Love being received  
from The Spirit, covering the  
spirit body of the requesting  
personality.**



**Divine Love having been  
assimilated within one's soul,  
now being reflected through the  
radiance of the spirit body.**



**SHINING TOWARD SPIRIT:**  
**665. The Shining toward Truth**

Vol III, p. 157, 14 Nov 2014 – 14 Mar 2015 Zara and Nicholas  
[www.lulu.com](http://www.lulu.com)

It is I Matthew, a teacher of the Divine Love. I have communicated with you recently, now I desire to provide you with a visual description of the Love.



Imagine a continuous Energy shining light blue that is unbroken with a seamless surface that surround every mortal and Immortal spirit. Imagine if you were to become aware that this energetic field of light-blue Energy existed in its shining radiance just near where you are. Now that you are aware that this unbroken Divine Love is unified energetic field of living Love, by opening toward the Soul of God and aspiring for the Divine Love, the Acting Spirit gently brings a small portion of this shining blue Energy into your soul

The Divine Love that you have received remains part of this great Energy that the Divine Love is and even though this small portion of Divine Love, now within your soul, in its shining radiance and energetic cause, it is never separated from the continuous energetic field of Energy that the Divine Love is. Having partaken of this Energy it is with perception that one is aware that the Divine Love within one's soul is the same Divine Love that every person and spirit who has partaken of this Love, participates with. Even though in our individuality we partake of this Divine Energy, this Love is never broken away from the Source and Origin from which this Divine Love emanates.

The Divine Love is bestowed into our finite soul by the Acting Spirit, but this Spirit remains in contact with our spirit body and does not enter the finite soul to become part of our finite soul essence that we are. No mortal or Immortal spirit can manifest in their soul the Acting Spirit so that this Spirit – this Holy Spirit – becomes part of our existing finite spirit body. Only the Divine Love and its Energy becomes part of our finite soul, which causes the change to our spirit body. The Acting Spirit always remains its own attribute and never does a Celestial spirit claim ownership or take possession of the Acting Spirit within their soul. (The Holy Spirit / Acting Spirit is an instrument of the Source Soul, our Father.)

This is one of the wonderful Truths by which we who have been transformed by the Divine Love understand our personal relationship with the Father's ever-present Acting Spirit. The shining Energy of Divine Love is all around us and when we have partaken of this Love, part of our finite nature becomes independently shining in this true perfect Love.

I provide these words that may appeal to those who are visual and to express the universal appearance of the Divine Love and the personal touch when in contact with the Acting Spirit.

Matthew (Apostle)

**Whilst we are receiving our Heavenly Parents' Divine Love, and that this Love is causing change within our soul and spirit attributes, the greatest Truth known to man and spirit is that this is the way our Mother and Father are actually loving us! When we progress, it is God's way of loving us into love and then we live what we are, love.**

**A HEALING MIRACLE:**

**Message 78 Destiny**

What is seen through observation of people with difficult physical conditions and illness, who receive the Love, is that these physical conditions haven't miraculously disappeared. What is seen is the comfort that having awareness that the soul is the real person, and that this soul is recognized by the Father is a healing acceptance that can be a miracle for the heart.  
 Dr Ryan

The simple asking for and receiving of the light golden blue energy substance that enhances the natural energy substance of our soul and personality that progressively, though slowly, enables the release of one's tendencies to engage with negative habit forming emotions and opens us to the realisation of truths that are life enhancing that brings about harmony throughout our bodies, namely the spirit body which is the template for our physical body, and consequently, then the physical body. The vibrancy of the great gift, the Love, enables a return to physical health. Try the experiment.

**Note:** Following the writings of James Moncrief, one could consider that any reference to the Father, by other relevant writers, may be read as a reference to 'our Mother and Father'. Further, when considering soul healing, then reference to Divine Love could be referred to as 'Feeling Healing with Divine Love'.

**FF**

**Feelings first**

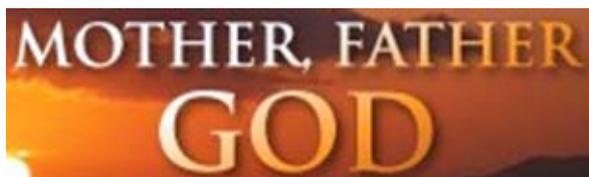
**ASK!**  
**ASK!**  
 Ask!  
**ASK!**  
**ASK!**



**Ask for, long for and receive our Parents' Divine Love.**

**The energy substance of Divine Love assist in releasing errors.**

**The Love will grow one's soul in radiance.**



**God is God, who is our Heavenly Mother and Father, being SoulMates. There is only one Soul that is God's Soul, that being the Soul of our Mother and Father. Our Heavenly Parents are the First Soulmates; The Two Who Are One who have brought us all into being.**

**Jesus and Mary are a son and daughter of God.**



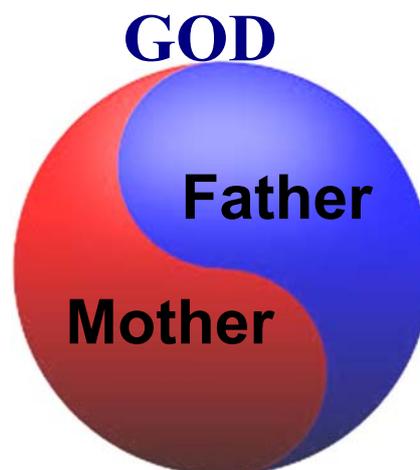
**Jesus of Nazareth and Mary of Magdalene, being soulmates, were both free of sin. Jesus and Mary, combined in their love for us, are our teachers and guidance for us to find our way home to our Heavenly Parents. To start this journey we are to liberate our souls from being entombed within our suppressive minds, through feeling and longing for the truth of our feelings via our soul and peel away our injuries incurred since conception.**

**Give yourself time to consolidate your relationship with the Mother and Father through the partaking of Their Love. And whilst you are doing this, you can learn about your healing, all that's involved with it, as there are many willing spirits to share their healing experiences with you.**

**When you are ready it will start happening simply because you will want it to, it all being orchestrated by your soul. And when that time comes you will have developed a strong foundation in your relationship with the Mother and Father for you to work from. We are to feel our feelings, identify what they are, accept and fully acknowledge that we're feeling them, express them fully, all whilst longing for the truth they are to show us.**

**It is to make longing for God's Love the priority, and then do one's healing; should one want to include God and the Divine Love in one's feeling healing. This is doing your soul-healing as you are seeking to heal your soul of all evilness – of that which made you become evil, and release all the hurt and pain of not being fully and truly loved.**

**WE ARE Children of God**



## **WE ARRIVE DETUNED!**

Our souls are a divine creation of our Heavenly Mother and Father. They could not be any other way! And are designed (such as how it has been for us) to begin incarnation in a Natural love condition reflecting the Natural love state of our world.

And we have also been provided with the opportunity to experience what is being ‘evil’, to live denying our Natural love, as seen through the denial of many of our feelings. So we here on planet Earth live on a world that has Rebelled (and then also Defaulted), of which there are only 37 within the local universe of Nebadon, consisting of 3.8 million physical worlds under the regency of Mary Magdalene and Jesus – the spiritual parents of truth of all of Nebadon! And we assassinated Jesus, and completely denied Mary not allowing her to have her say about the truth.

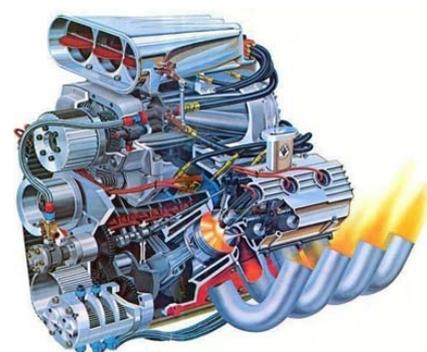
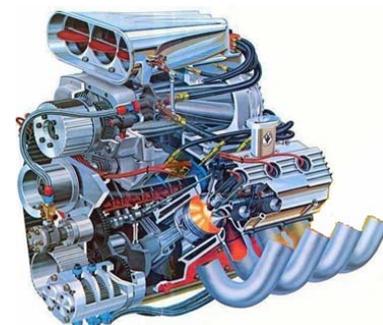
As a consequence, we are ‘detuned’ from our Natural love state and divine origin. You could say we arrived with all parts functional, however, in our untrue, dysfunctional and distorted state, we’re badly in need of a severe service, tune up or a complete reconditioning. Our goal being to bring our true self to the fore by doing our Feeling Healing, and then to progress beyond our Natural love state by further advancing our soul condition through the process of Soul Healing and receiving our Parents’ Divine Love – becoming divine.

In our feeling- and truth-denying untrue Natural love state, we have been made to use our minds to dominate our feelings, becoming more like that of mind-based creatures of nature than of human souls of truth and feelings. And this is the wrong way for us to develop. So to step beyond this limitation, we are to live true to our feelings. Our heartfelt feelings being the guiding lights to our evolution and growth of truth.

Feelings are what guide us through our ascension of truth. So they are really our Supreme Guides. Many people look for a person, spirit, angel, even God, for supreme guidance, however it’s all right there already built in and can be found through our feelings – our soul based feelings.

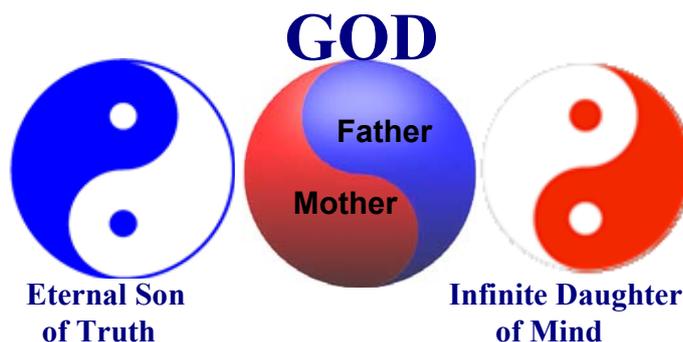
By living true to our self, true to our feelings, we are living true to God. It’s that simple.

Thus we are detuned once our incarnation begins. However, the way is now open for us to bring about our full divinity. To completely Heal all that’s wrong within us on a Natural love level. To embrace and then transform that Natural love into a divine state through partaking of our Heavenly Parents’ Divine Love. All the while attuning ourselves to divine perfection and enjoying the fullness of our divinity and love, as we ascend in truth on our journey all the way to Paradise – the home of our Heavenly Parents.



**WE were DIVINE, and**  
**WE are to BECOME DIVINE AGAIN:**

Our personality, our soul, our real self, are all creations of our Heavenly Parents. We, our real selves, are not creations of our physical parents. Within our original status, we were of Divine nature.



Our physical parents, from our conception, endeavour to mould us into being 'little me's', that is, replicas of themselves, imposing their beliefs and personality traits upon each of us. They crush our individuality and free will. They destroy our personality, our true self. They inflict upon each of us their ways, all of which are of a result of the Rebellion and Default of many, many generations ago. They drive us into believing and subsequently becoming dependant upon our minds. This is not the way for us to express our true selves and evolve along the path towards our true parents, our Heavenly Mother and Father. We are to embrace the Eternal Son of Truth, not the Infinite Daughter of Mind.



No, we are not in the image of our physical parents. Though we may look like them, and act like them because they have dramatically and successfully crushed our true personality, we are each very unique and independent of our parents and all other family members. When we begin to progress along the path of engaging with our soul based feelings and seek for the Truth of our feelings, we will become free of our parents' impositions and suppression.



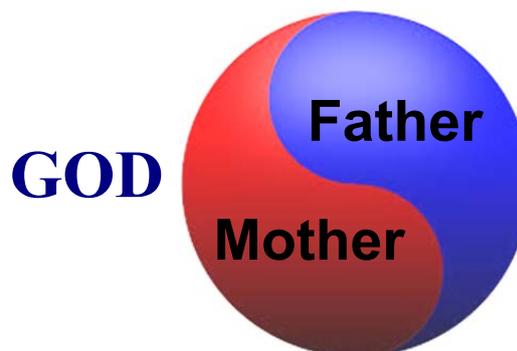
Upon starting our physical life experience on Earth, our divinely created soul begins to express us as one of our soul's two personalities in Natural love. However because of Earth being in Rebellion, so we are parented into a rebellious and anti truth and anti love state of mind control over our feelings and true self.



Natural love is good, just 'less' or different to Divine Love. And it's that in our rebellious state, we're rebelling against Natural love, and Divine Love by not taking Jesus and Mary up on their offer and allowing the Divine Love to transform our soul, as we perfect our Natural love by doing our Healing.

By living true to our self, true to our feelings, we are living true to God. It's that simple. The revealing of the Feeling Healing process is the commencement of our ability to begin the Great U-Turn and go the right way. Should we then also embrace our Heavenly Parents' Divine Love, we can also commence our Soul Healing and a returning to that of being divine – this is our destiny.



**CREATED in THEIR IMAGE:**

James: Mary, what does 'we being created in the image of God' really mean?

Mary M: It means that our Mother and Father used Themselves as the model or template if you like, upon which to bring us into being, those of us who have existential souls with the potential of expressing their two personalities in Creation.

And although our souls are divine, as in being divinely created, still whilst we start our personality expression in Natural love, so we need the Divine Love to come into our soul and bring it into the levels of Celestial divinity.

Natural love, so basically the whole of Creation, is of the image of God, and we being divinely created souls can be part of God's Divinity becoming divine ourselves. So through your Healing, James, you become progressively divine by partaking of the Divine Love and healing yourself into perfection – your true self. And by the time you've completed your Healing, your soul is of the Divine Love level of Celestial truth, and your personality is an expression of that level of truth, it all being 'confirmed' and cemented – fused – into place upon the direct soul-union with your Indwelling Spirit. Then you are of the essence of God, true and perfect to the level of the first Celestial sphere, the first sphere of true divinity.

Mary Magdalene communicating with James 20 November 2017



## WE ALL ARE BEING GUIDED HOME:

We need the Spirits of Truth of the Avonal Pair to Heal ourselves; then once Healed, (and for support (overshadowing) as well through your Healing), we need the Creator Pair, Mary Magdalene and Jesus' Spirits of Truth to see us through the Celestial spheres, while at all times embracing our Heavenly Mother and Father.

Until Mary and Jesus died and liberated their Spirits of Truth, no one from any of the worlds could leave Nebadon, because no one knew the way to do so. Nebadon is our local universe containing some 3.8 million inhabited physical worlds and their associated spirit worlds.

When we embrace the truths Mary and Jesus are revealing, and start to do our Feeling Healing, or with Divine Love, Soul Healing, we are then freeing ourselves up from our parental and self control.

Thus our journey to Paradise, to the home of our Heavenly Parents, is of our choosing as to when we progress, however, there is only one way:

**HUM:** Humanity is to ascend. We are self contained. Our soul is always in truth and perfect at all times. **By living true to ourself, true to our feelings, we are living true to God. It's that simple.**

We are to recognise that being engaged and dominated by our mind is the wrong way for us to evolve and grow in truth. We are to discard the mind enslavement that has been imposed upon as by all of our parents. We are to express our feelings, both good and bad and free ourselves of the indoctrination that humanity has embraced worldwide.

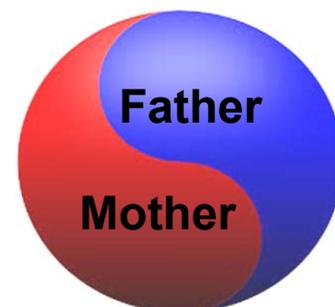
Live true to your feelings, and you ARE living true, not only to your own soul, but also true to God's soul. So doing your Healing by honouring all your feelings, IS living the will of God. And being fully Healed, IS living even more truly the Will of our Mother and Father.

**AVO:** We are to embrace the truths and guidance of the Avonal Pair through their Spirits of Truth. It is the Avonal Pair's guidance that will lead us through our Feeling Healing, and with Divine Love, we will be able to ascend through the 7 spirit Mansion Worlds and enter the Celestial Heavens where we also interact with other world's spirits.

**J&M:** We are also to embrace the truths and guidance of the Paradise Pair, Mary and Jesus, who will then lead us through the 3 Celestial Heavens that are aligned with Earth, and then further on through Nebadon where we will then depart beyond on towards Paradise.

**M&F:** Beyond the universal zone of Nebadon, we will be guided by our Heavenly Mother and Father onwards through the universes to Paradise where we will be welcomed by them, home for us all, as we are all Children of God.

# GOD



M&F



J&M



AVO

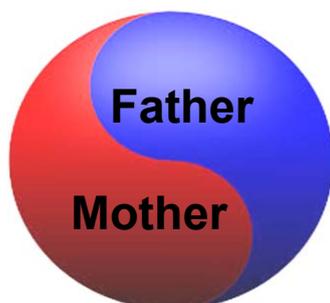


HUM

**WE ARE Children of God**

**WE ALL ARE BEING GUIDED HOME – NOW, HOW TO COMMENCE THE JOURNEY:**

**GOD**



**M&F**

For 200,000 years, we have been misled into embracing our mind's distortion of wisdom and truth. All such traditional understandings only lead us in the wrong direction, from which we must turn back from. Our soul based feelings are always in truth. Our minds are to follow our soul based truths and feelings, not the other way round, as we have been brought up to embrace.

We are to connect with our deeper repressed feelings.  
We are to long for the truth of what we are feeling.  
We are to live true to our selves; by living true to our feelings.

Use your surface day-to-day feelings to connect with your deeper repressed feelings. Express your surface feelings and your deeper repressed feelings to uncover the truth of yourself.



**J&M**

We all have feelings which we communicate and share with each other. And we all have deeper buried and hidden repressed feelings. Feelings from our early childhood we felt, yet weren't allowed to express. These feelings are still within us, waiting to have their say. These feelings, because they are repressed, cause us all our problems.

And as we look to uncover, bring out and accept these deeper feelings, so we're taken into new ways of looking at ourselves, our feelings, and our life. We're setting ourselves free of the controlling patterns that govern our unloving behaviour.



In this way, we progressively begin to express the personality that our Heavenly Mother and Father gave us, not the one imposed upon us by our physical parents and carers. We are to be our true and real selves.

**By living true to ourself, true to our feelings, we are living true to God. It's that simple.**

**AVO**



**HUM**

As we, humanity, long for the truth of our feelings, we can also be assisted by the Spirits of Truth of the Avonal Pair who are our spiritual teachers for Earth over this coming 1,000 years, to assist us through the Great U-Turn, away from mind dominance to being soul based feeling lead. They will assist us through the seven levels of the spirit Mansion Worlds.

Then the Creator Pair, Jesus and Mary, will lead us through Nebadon and into the greater universe. Then our Heavenly Mother and Father lead us home to Paradise.

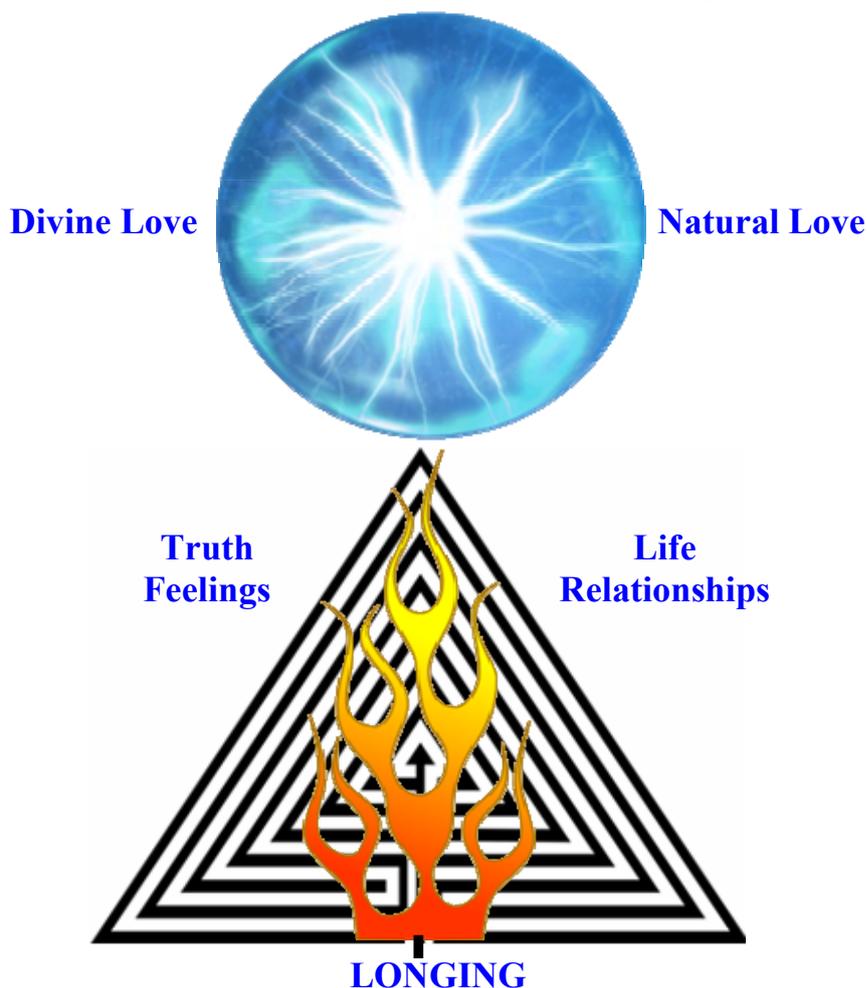
**WE ARE Children of God**

Collectively, should we embrace them all, as we are to, then our pathway home is a journey in the hands of the Spirits of Truth of the Avonal and Paradise Pairs overseen by our Heavenly Parents.

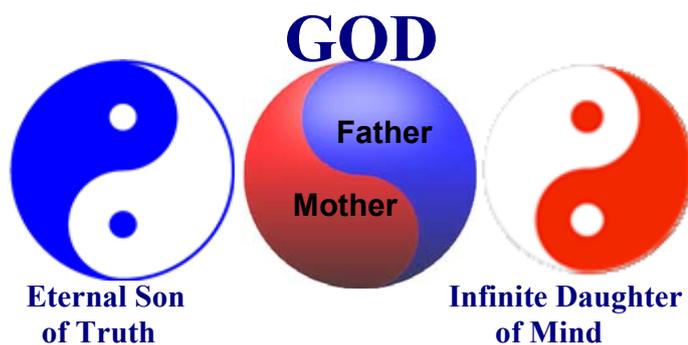
### HOW TO GET TO PARADISE:

Long for the Divine Love  
 Long for the Truth  
 Long for the truth of your feelings  
 Don't deny any feelings: accept, express and want to know the truth of them  
 Know your feelings are the key; your feelings are the Way  
 Want to end your falseness and being untrue  
 Want to understand the truth of your early life  
 Use your surface feelings to move deeper into yourself, bringing up your repressed feelings  
 Want and long to know the whole truth of yourself  
 Want to do it all with God, your Heavenly Mother and Father – long to Them for help.

### The Key



Our longing drives our life. We long with feelings. We can wish for things using our mind, yet long for things with our heart. These things in the pyramid are what to long for. Longing for them, when the longing comes naturally. Longing because you feel you really want them. Long to be true with all your heart. Long to live true to your feelings. Long to understand the whole truth of yourself.



PARADISE TRINITY:

1. **Our MOTHER and FATHER (God) (MF) – Divine Love**  
SOUL (God) – One SOUL that is expressing its two PERSONALITIES, our Heavenly Mother and Heavenly Father (Soulmates)
2. **ETERNAL SON (ES) – Divine Truth**
3. **INFINITE DAUGHTER (ID) – Divine Mind**

Then: The Second and Third Persons of the Paradise Trinity (ES and ID) are stepped down to the local universe trinity (Mary and Jesus, Divine Minister (DM), and her Holy Spirit.

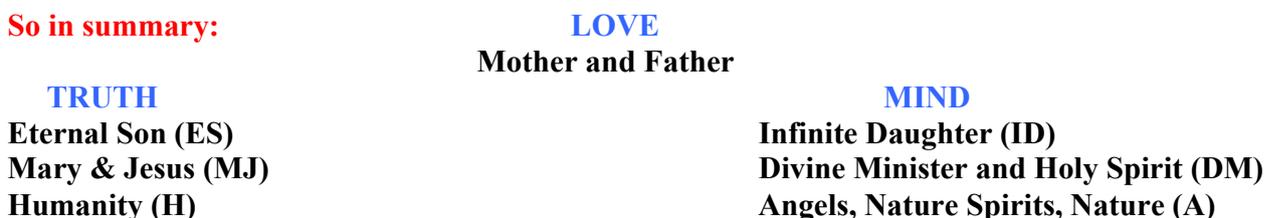
The LOCAL UNIVERSE TRINITY:

1. **MARY M and JESUS (MF) – Love**  
– the Living Truth
2. **DIVINE MINISTER (DM) – Mind (and her Holy Spirit)**
3. **HUMANITY – Natural love, sons and Daughters – Truth, and our Angels – Mind**

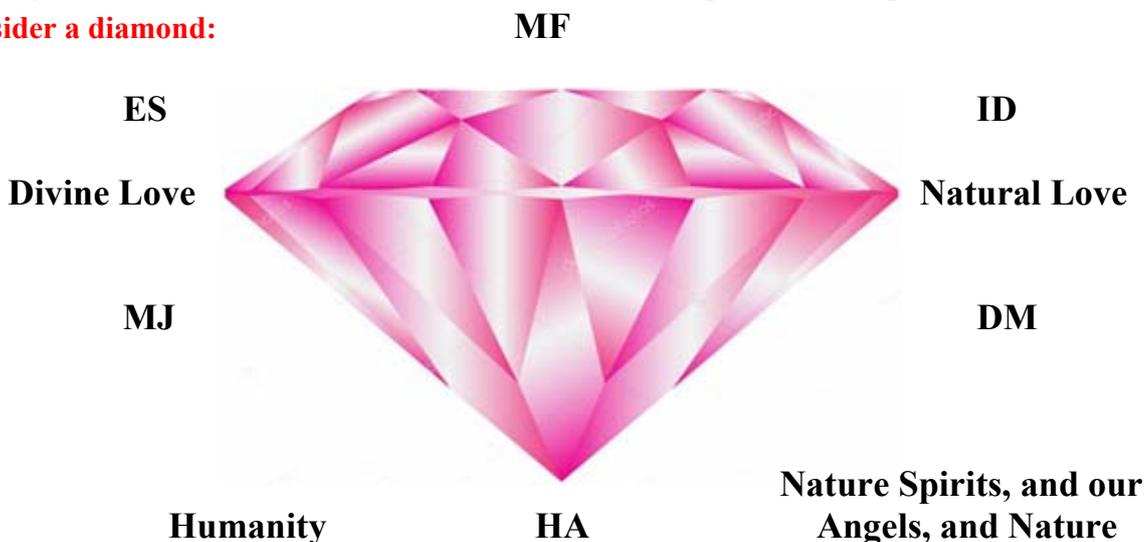
PLANETS that engage in REBELLION:

1. **AVONAL SOULMATE PAIR (AV) – the Feeling Healing process – incarnate**
2. **DAYNAL – TEACHER PAIRS (DP) – they do not incarnate**

So in summary:



Consider a diamond:



# Mother and Father Heavenly Parents

Creator Son & Daughter  
Jesus and Mary

Avonals  
as soulmate pairs

Trinity Teachers  
as soulmate pairs

Melchizediks – who have taken over from the Caligastians and Daligastians being also all as soulmate pairs.

Mortal Souls – human beings who individualise on Earth, then progress through the spirit Mansion Worlds, then into the Celestial Heavens, and beyond.

Mortal Souls – also being ascending spirits, upon completing their Soul Healing, join with their soulmate, then join their soul group of 24 mortal spirits, being 12 soul pairs. It is only as a soulgroup that anyone can progress beyond Nebadon.

The Paradise Pairs are all ONLY concerned with the SPIRITUAL wellbeing and upliftment of the planets and local universe. Currently to do with Earth:

Mary and Jesus – spiritual wellbeing and upliftment of the whole of Nebadon region.

Avonal Pair – Daynal pairs (Trinity Teacher Daughters and Sons) – Spiritual wellbeing and upliftment of individual planets and their associated Mansion Worlds.

The Local universal Sons and Daughters are all about the running of the worlds under their jurisdiction, and ensuring the higher spiritual elements can be employed, or sent astray, as in our cases through the Rebellion and Default.

Lanonandeks – Melchizedeks (and others, such as Life Carriers and Eve and Adam).

As the Lanonandeks all rebelled – the Lucifers, Satans, Caligastias and Daligastias soulmate pairs – so the Melchizedeks have taken over their roles, as well as doing their own.

So the Melchizedeks are the governors, overseers, the administrators and advisors and so on for Earth; they are the ‘controllers’, and they will instigate all that needs to be done to do with the ending of the Rebellion and Default. And they will enlist the willing help of ascending mortal pairs, so the mortal Celestials spirits (soulmates when available, and others waiting to unite with their partner), and at times mortal spirits in the Divine Love Healing Mansion Worlds. And the angels help all of us.

Currently the whole of Creation exists for the ascension of mortal souls from their earth planets to Paradise. It’s all one vast Grand Ascension Scheme. With all the higher and lower spiritual Daughters and Sons, together with all the many different angels and other universal spirit personalities, and even including nature and our very own pets, assisting women and men with their Ascension Journey. It being: and Ascension of Truth. Everything we do is done to help us grow in truth. (Only everything we do in our negative state is to deny ourselves our truth from our feelings, which is why we have to do our Healing.) All women and men are ascending (or growing) in truth through their experiences. And as we grow in truth by looking to our feelings to show us that truth, so we’re ascending, moving inwards and upwards through all the worlds and spheres of the Grand Universe to one day arrive on Paradise and meet our Heavenly Parents. God is providing us, Their children, with this spiritual journey called our Ascension of Truth. And by living true to our feelings, so we are progressing on our true Spiritual Path – our Ascension Path.





**CREATION of SOUL and SPIRIT:**

God is *The Paradise Trinity* — the eternal Deity union of the Personalities: the Universal Mother and Father; the Eternal Son of Truth; and the Infinite Daughter Spirit of Mind.

The soul of each human personality (sons and daughters of truth) is existential, driving our personality expression in the experiential. The soul of each human finds truth by embracing one’s feelings and longing for the truth of them. We are to attain the Eternal Son of Truth. We are a creation of Truth.

The soul of angels is experiential, evolving through their experience by continually progressing in mind development. Angels are to attain the Infinite Daughter (Spirit) of Mind. Angels are a creation of Mind. Our soul is duplex (we have a soulmate) and is created by our Heavenly Parents. Through our Feeling Healing we perfect ourselves enabling the union with our soulmate, as we progress in truth up through the Mansion Worlds, celestial heavens and all the way to Paradise.

The soul of angels is also duplex, yet of the mind, and they progress in mind evolution to Paradise. Animals, plants and nature spirits are also creations of Mind.

Neither we nor animals reincarnate. We never die; upon death, we move into the spirit Mansion Worlds on our journey to Paradise. When animals and plants die, be they the tiny microbe to the mighty elephants of the land and the whales of the ocean, their spirit energy returns to the Spirit Collective Energy. And from this energy are drawn other animals and the nature spirits, who then in turn move onto becoming angels through increasing mind experience.

A nature spirit is an angel in waiting.

## U-TURN for HUMANITY:

### Why are we doing a U-Turn?

We are doing a U-Turn **because** the year 2017 heralded the end of the Rebellion and Default. For two hundred thousand years, humanity has been going in the wrong direction.

### What is this fundamental step that will change our way of living?

We are to come to understand / know the foundational cause of all our feelings, both good and bad. As we explore and investigate our feelings, each time they arise, one by one, we are to talk them through, express them to a companion or friend or anyone who will listen. As we express them, while at the same time coming to understand how they have come about, we will find that they will be resolved and that they will not come up again.

We will find that all of our feelings / emotions have their foundations from our childhood. And by childhood, that is from the time of one's conception all the way through to about the age of six. It is the repression of our childhood feelings that is the base or foundational cause of each and every one of our adult personality issues, pains, difficulties, illnesses and distressful life experiences.

**We have to see the whole truth of our negative or self-denial state, before we can heal it and be free of it.**

The vital difference between **emotions** and **feelings** is:

- emotions have their roots in the past,
- feelings relate to the present moment,
- emotions represent feelings not previously expressed,
- and these accumulate over time.

Many emotional clearing processes encourage us to look into our feelings, however, none go so far as to drill down into the core foundation of any emotional feeling to the point that we strive to KNOW the core issue, the origin of the feeling, be it good or bad, and actually come to know what it is!

The *Journey Process* is generally known worldwide. It stops short of longing to know, that is asking for the knowing of the events that brought about such a feeling. Yes, we are to acknowledge the feeling, say being angry. Then accept that behind that anger is the feeling of being small, and then look at the underlying reason of why we are feeling small. What is the truth behind that feeling? Ask our Heavenly Parents what is behind all of this feeling. What is the foundation, the origin of the feeling? All the time talking it out, expressing it, with a friend. The expressing of the experience is the release of the emotion / feeling, this is what removes it for ever from within our essence, our **soul**.

### Why ask our Heavenly Parents? I thought God was just God – singular?

This is part of the revealings that have been unfolding for us very recently – that is – since 2002.



**Feeling  
Healing with  
Divine Love is  
the key!**



We are made in the image of God. This has been understood for centuries, for 2,000 years. Our soul is duplex. Our soul expresses itself through two personalities. One soul 'subdivides' into two, one half always being female and the other half always being male. We are a reflection of how God is. God being one Soul is expressed as Mother and Father. God is two personalities. They are soulmates. And each of us has a soulmate, and our soulmate is always of the opposite sex, because the Mother and Father are the opposite sex.

Thus, when we long for the truth behind a feeling, then we can long to our Heavenly Mother and Father. Only they can tell us. No spirit personality can tell us. No canonised saint can tell us, we may as well ask our next door neighbour. That would be just as productive. Mary and Jesus can't tell us, as they are also spirit personalities.

### **I was taught that Jesus was God? And what is this about Mary?**

Mary of Magdalene and Jesus of Nazareth were both born free from sin. Neither of them are God. They are both children of God, just like you and me.

History needs to be corrected. Both Jesus of Nazareth and Mary of Magdalene became at one (At-One) with our Heavenly Mother and Father during their physical lives here on Earth in the first century; Jesus in the year 26CE and Mary in the year 33CE, or thereabouts. Jesus died aged 35 (born 7BC died 29CE), and Mary died aged 47 or 48 (born 2BC died 47CE).

Further, their sojourn on Earth was the completion of their process to become the full Regents of the sector of planets that is referred to as Nebadon. The region within our super-universe that is referred to as Nebadon contains 3.8 million inhabited planets. If you look into the night sky, each star / sun potentially has between none to three inhabited planets within its orbit. Within Nebadon, the soulmate pair, namely Mary and Jesus, are our Spiritual Teachers of Truth. Their domain is all 3.8 million physical planets plus their associated spirit worlds. Each physical world has seven associated spirit worlds, which is the case for Earth being one of the 37 that have rebelled.

Some 200,000 years ago, Lucifer with his soulmate and his deputy, Satan with his soulmate, brought about a rebellion on 37 of the inhabited planets within the region called Satania, one of the local universal systems of Nebadon. Earth compounded the situation through the Default of Adam and Eve about 38,000 years ago. Thus the population of Earth, being in the worst condition through the Rebellion and Default, became the location for Mary and Jesus to have their physical experience to complete their ascendancy to full Regency of the local universal system being Nebadon.

Their lives on Earth was the start of the unravelling of the Rebellion and Default. Upon Jesus becoming At-One with our Mother and Father, he was then vested with the authority and power to have the Lucifers and Satans arrested, and they now reside exiled within a prison world.

Notice that there were no records of Jesus and Mary's teachings and experiences made during their physical life. That was because they did not specifically come here for us, they came for the benefit of all peoples of all planets and spirit worlds throughout Nebadon.

As they are Paradise descending spirits, they have **Spirits of Truth**. Upon Mary and Jesus' death, they released their Spirits of Truth. As spirits, Jesus and Mary are how we will be, once we've finished our Soul Healing. They can only be in one place at any one time. However, it is their Spirits of Truth

throughout Nebadon that we can connect with for guidance. It is through their Spirits of Truth that spirit personalities can progress through and out of Nebadon.

Those planets that have Rebelled need further assistance, and they need it on a localised manner. This can only be provided by another bestowal of a **Paradise Pair**, and that is in the form and manner of an **Avonal soulmate pair** who come here specifically for us.

### **What is the purpose of an Avonal pair, and are they here on Earth?**

Unlike Jesus and Mary who were always free from sin and did not experience how to heal themselves, the Avonal pair are to experience all of the extremes of evilness and then proceed to heal themselves. Mary and Jesus through their bestowal on Earth ended the Lucifers spiritual rebellion in Nebadon; the Avonals bestowal is primarily concerned with ending the Default of Adam and Eve by the Avonals themselves personally healing the effects of such a damaging Fall.

The soulmate Avonal pair are to be, and have been, subjected to the extremes of childhood suppression and repression, and then, through their Feeling Healing, are experiencing all the facets of emerging truth as they slowly progress through a protracted and difficult healing process. As they reach specific milestones, this also enables those in the Celestial Heavens, (the three worlds where Celestials reside) to be empowered to assist us in the physical on Earth.

The first considered milestone was the arresting and imprisonment of the Caligastia soulmate pair and the Daligastia soulmate pair. After the arrest of the Lucifers and Satans in the first century, as nothing further occurred, the Caligastias and Daligastias continued on from spirit as if they were kings and queens, suppressing all of humanity and with plans to take over the universe. It was possibly in the early 1990s that they were 'judged' and 'removed'. They were caught unaware that an Avonal bestowal pair were on Earth.

### **How is all this becoming known? Has Jesus and Mary communicated directly to Earth?**

Unlike in the first century, when no records were kept (as the event related to all of Nebadon and it was actually setting the stage for the Avonal bestowal pair to arrive on Earth), every effort to retain records in great detail of this current series of events is now being attended to. Consider this. The New Testament of the Bible is some 300 pages. The records of the Second Coming, which this is, the primary records are possibly 6,000 pages, with direct complementary records increasing that to over 10,000 pages and with all the supplementary records to date, there may be as many as 40,000 pages, certainly well over 30,000 pages of material presently.

Jesus directly communicated through James Padgett from 1914 to 1923. Mary of Magdalene (Mary M) has directly communicated through James Moncrief from 2002 and is ongoing. Jesus has also communicated directly through James Moncrief. Neither have ever directly communicated through any one else, however, some Celestial Spirit personalities have provided information through other personalities on Earth with the support and approval of Jesus and Mary, thus some confusion, though the quality of the information is very reliable.

### **You say this is the Second Coming? You say I am living during the time of the Second Coming?**

Yes you are. And it's more than that. This is the Second Coming, the End Times and the Handover!

In fulfilment of the prophecy in the first century, the Second Coming commenced on 31 May 1914 through the writings with James Padgett and concluded in 2014 through the writings with James Moncrief.

The End Times are well advanced. Mary and Jesus are well advanced in handing over their direct involvement with Earth to those within the Celestial Heavens. When this is completed, the Handover will also occur. **The Hand Over is to the Avonal Bestowal pair** and it is they who will guide the population on Earth through their Feeling Healing processes for the next 1,000 years, being the next spiritual age. The Handover will take place after the Avonal pair complete their personal Healing of the Rebellion and Default. Then will follow with their Spirits of Truth being officially liberated in alignment with Mary M and Jesus' Spirits of Truth upon their death.

Major events have occurred with the progression of the Avonal pair's Feeling Healing, which they are also doing whilst embracing our Heavenly Parents' Divine Love, thus they are doing their Soul Healing.

Early 1990s:	The arrest of the Caligastia and Daligastia soulmate pairs.
22 March 2017:	Negative spirit influence was blocked.
31 March 2017:	Angel assisted healing will become available upon the Avonal pair completing their own Feeling Healing, being with Divine Love, thus it being Soul Healing.
22 May 2017:	Law of Compensation quickening.
2 December 2017:	Psychic Barriers maintaining the Rebellion and Default were cracked.
8 December 2017:	Bring on the money to <b>'house the future of humanity'</b> .
31 January 2018:	Earth and the seven associated Mansion Worlds (including the two Earth planes) are <b>officially</b> now fully under the control of Celestial spirits. This marks a tangible and real end to the Rebellion and Default.

**How does this all fit into our future way of living?**

**This time, in the history of humanity, is the most exciting time ever experienced.**

**The whole human race is suffering from repressed childhood and mind control.**

Through one's Feeling Healing, and should we embrace our Heavenly Parents' Divine Love, then with their Love we are doing our Soul Healing, and eventually we can live totally in accordance with our soul based feelings and live free from error – no more fear and no more physical illnesses is possible!

**By living true to ourselves, true to our feelings, we are living true to God. It's that simple.**

Our soul is always perfect. In fact, we are the complete package. All that we need to know is within our soul. This knowledge has been denied from us since the time of the Rebellion and compounded by the Default. That is what was brought upon us by the Lucifers and his cohorts. We have always been meant to live true to our soul based feelings but we were taught to embrace our error riddled mind – this was aided by our parents – unknowingly all parents have taught their children to be mind dominant. **This is the Great U-Turn. We are to feel and live by our feelings and express our feelings, our mind will follow in support, not the other way around.**

“Many people look for a person, spirit, angel, even God, for supreme guidance, however it’s all right there already built in – in our feelings. **Feelings** guide us through our **ascension of truth**. So they are really our Supreme Guides. We just have to submit to them, allowing them to take us where they will, expressing all the parts we want to express, letting the emotion drive that expression if it’s there to be expressed, or just talking about all we feel and how feeling that feeling is making us feel – or, how we feel about having that feeling, all whilst longing for the truth of our feelings. Longing for the truth of our feelings is really: **Longing for the truth of our self, because: we are our feelings**. So life stirs up our feelings, we feel being alive; or, being alive means we are feeling, always feeling; and when we work out what and why we are feeling what we are, so then we know the truth of how we are. And over time the truth accumulates, and our mind expands our understanding of ourselves, all being driven from our feelings.”

Kevin of the 1<sup>st</sup> Celestial Heaven 26 September 2017

(Kevin Cooper died 10 August 2012, through Feeling Healing became Celestial on 7 August 2017.)

It is through the assistance of the Spirits of Truth of the Avonal Pair, upon the completion of their Soul Healing, that we will be guided through our Feeling Healing process, and should we embrace our Mother and Father’s Divine Love, then our Soul Healing.

Then should we embrace Mary and Jesus as our Spiritual Teachers of Truth, their Spirits of Truth will lead us on the path through the Celestial Heavens where we will certainly meet up with our soulmate and join our soulgroup, which will eventually consist of twelve soulmate pairs. Then as a soulgroup, the Spirits of Truth of Mary and Jesus will lead us up through and out of Nebadon towards Paradise.

It is then our Mother and Father in Paradise who draw us to them and we will eventually meet our Heavenly Parents.

Meanwhile, while we live on Earth, we will have assistance and guidance previously denied to us throughout the era of the Rebellion and Default. Under the Contract controlling and managing the Rebellion and Default, the powers and capabilities of our Celestial Heaven spirit personalities, all three worlds of them, were heavily restricted and almost of no assistance to us at all. Further, Nature Spirits and our Angels were heavily denied contact with us physical people because of the Rebellion and Default, all of which is soon to change, so we can look directly to them for help concerning healing ourselves and understanding all aspects of nature.

As we embrace our Feeling Healing, Celestial spirits will and can greatly assist us. In fact, during the year of 2017 they have blocked all mind spirits from the Natural Love Mansion Worlds: 1, 2, 4 and 6 from interfering with us. Celestials have taken control of all facets of living and life on Earth. Celestials are those spirits who have completed their Feeling Healing and progressed through Divine Love Mansion Worlds 3, 5 and 7 and now live in the higher Celestial Heavens, 1, 2 and 3 (when we become At One with our Heavenly Parents then we leave the Mansion Worlds and progress through the next three spheres related to Earth, hence the Celestial Heavens are also referred to as being numbered 8, 9 and 10).

The Nature Spirits of Earth, who live in the third Earth plane, can now directly interact with those



who are embracing their Feeling Healing. Nature Spirits are essentially ‘angels in waiting’. They have been on Earth prior to anything that we now see living in nature. When they first started to arrive, there was no life in the seas or on land. They have consequently witnessed everything that has happened on Earth, including all prior human civilisations that we continue to largely remain ignorant of. Their knowledge and assistance is of great importance to us. We are to interact with them on an ever increasing scale. They are to become an invaluable source of information for us concerning how we are best to live with nature.

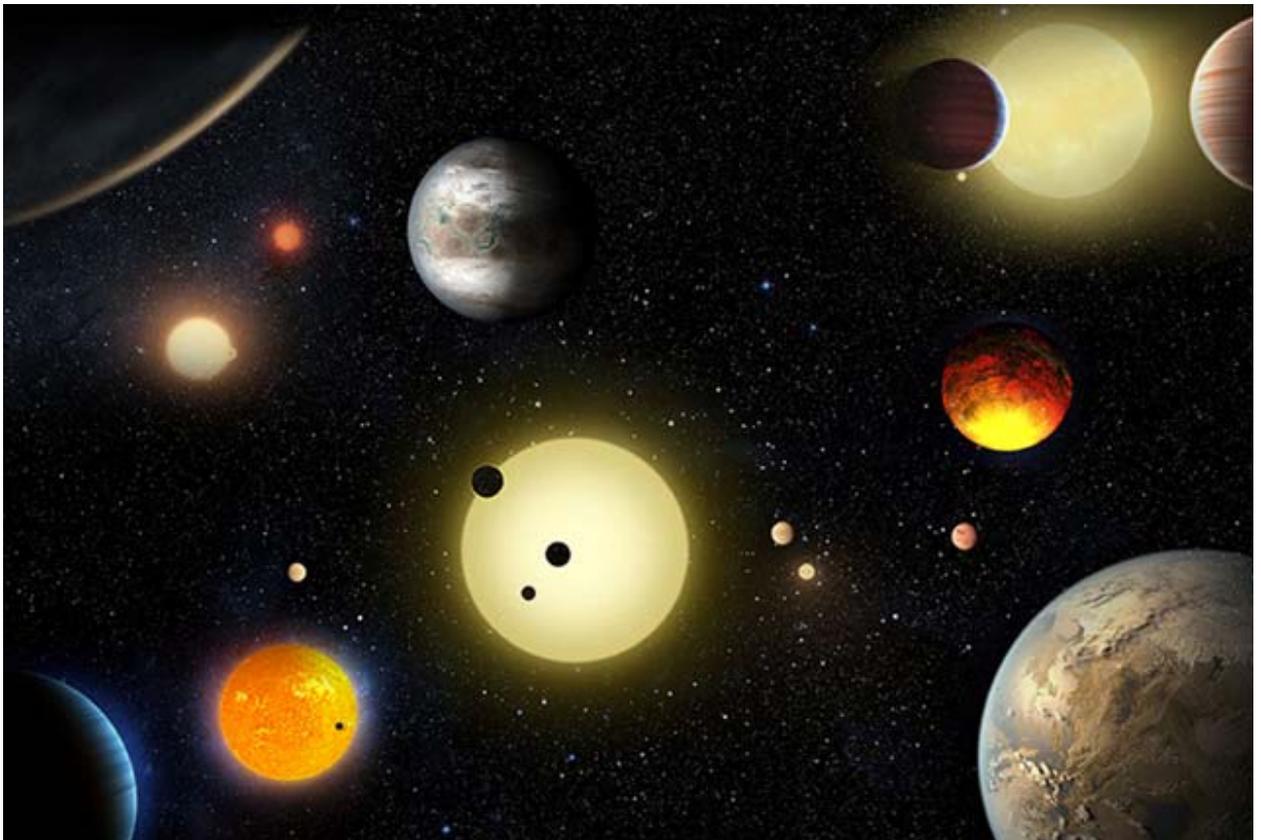
Further, we may become more aware of our **Indwelling Spirit**, which arrives for each of us during our sixth year, as we now progress with our Feeling Healing, or with Divine Love, our Soul Healing.

And all of this is possible as we embrace our Feeling Healing process, acknowledge and accept the Avonal pair, acknowledge and accept our Spiritual Teachers of Truth, namely Mary and Jesus, and more importantly, grow to love our Heavenly Parents, our true Mother and Father.

We do not need intermediaries, rituals, liturgy, dogmas, creeds, fancy clothing, or institutions. It is our soul based feelings and expressions that we may exchange directly with our Heavenly Parents. Groups may form to assist each other, and that is choice and within our free will.

**This is the greatest event in the history of humanity.**

This is the Great U-Turn that humanity will embrace throughout the next 1,000 years. MoC 1,480



**FEELINGS FIRST because OUR FEELINGS are always IN TRUTH!**

It is through our feelings that we connect and communicate with our Heavenly Mother and Father. It is Their Truths that we feel. This is our pathway to freedom, to a joyous existence, a way of living that is so wonderfully light, in as much as our steps forward are always with ease and a true expression of our real personality.

Feelings First is a way of living that liberates all that is unreachable via our minds.

Never before in the history of humanity have the keys to our way to our Heavenly Parents been so clearly demonstrated and provided to us. Now, in the year 2018, we have been provided with the way to liberate our true personality.

We are to embrace our feelings, our soul based feelings, and through them we will find our freedom, and within this freedom we will find the way to heal ourselves of all our repression and suppression, most stemming from our forming years, our childhood from conception through to around the age of six years.

Oh the wonders of becoming superkids. That is, to begin to naturally express ourselves, that being truly the personality of who we are, the personality vested upon us by our Heavenly Mother and Father.

As emotional feelings begin to emerge, we are to long for the truth behind such feelings, both good and bad. It is the longing for the truth of our feelings that has been ignored by us for all these centuries. Instead we have subjected ourselves to our minds that cannot discern truth.

As we shed the encrustment of errors and injuries imposed upon us by the misbeliefs of our physical parents, we can ask for and receive our Heavenly Parents' Love, Their Divine Love, and in this way we will begin to divine ourselves, leading us to the Celestial Heavens.



**Feelings First**  
**Feeling Free**



**SUPERKIDS**

**Natural self Expression through Feelings**

**Self Empowering**  
**Self Revealing**  
**Self Loving**



GEMS for ALL PEOPLE of all AGES to EMBRACE:

The GOLDEN AGE!

***Cause No Harm*** < to OTHERS  
to MYSELF

**Strive to love others as I am to love myself**

At any time, any where, and in any way you so please:

Approach our Heavenly Parents, in reverence, without fear or trepidation, just as we, as a child, approach our earthly parents knowing that open loving arms are extended to receive us at all times. As one's love grows for our Mother and Father in the Heavens, we come to know with absolute clarity and certainty that our Heavenly Parents, loves you and me and everyone in return, at all times, and that fear is an illusion created by man's mind.

God, who is our Heavenly Mother and Father, is almighty, all powerful, infinite, and all loving. The love of the Heavenly Parents for Their children, man, has been and is always infinite and ever present. As one's faith evolves, one's love for our Heavenly Parents will have no limit. As we grow in Their love, so will we grow in love for all of God's creations and our fellow man.

The Source Soul, our Heavenly Parents, simply desires for us to ask for Their Love.

God's Divine Love: Pray for it, ask for it, and receive it.

"I love you Father." "Let the Divine Love flow its energy into my soul."

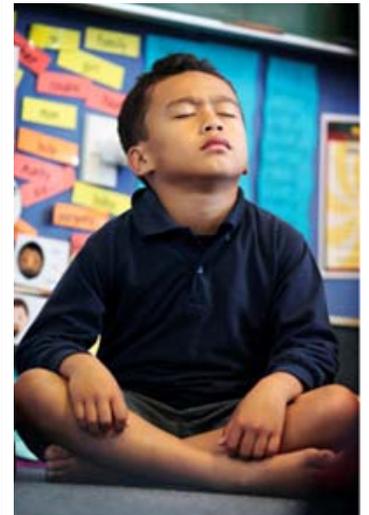
"Mother, Father, I desire your Love and I am loving you."

"Soul God, I love you and I love receiving and experiencing your Divine Love."

"True Soul God, I am here, I am aware of your Love.

Please hear my aspiration for your Love and as I approach you from my soul, I can feel your Love in the way that you are loving my soul."

"Please Mother and Father, may I receive Your LOVE."



Maybe we could simply long for and ask:

*Please, Mother and Father, I want some more of your Love!*



MoC 1,471

**‘Light Body Health Sciences’, being Energy Medicine, is the next major advancement in health management – emotional accessing and processing:**

**Kinesiology is the interface between the linear and the non-linear.**

<b>LIGHT BODY HEALTH SCIENCE</b>	<b>Energy Calibration</b>
<b>The Emotion Code</b> DLP adapted 1,280	<b>820</b>
<b>The Healing Code</b> DLP adapted 1,280	<b>710</b>
<b>Matrix Energetics</b> DLP adapted 1,110	<b>690</b>
<b>Young Living Essential Oils</b>	<b>690</b>
<b>Neurolink – Kinesiology</b>	<b>680</b>
<b>Magician Way – William Whitecloud</b>	<b>640</b>
<b>Resonance</b>	<b>640</b>
<b>Ho’oponopono</b>	<b>620</b>
<b>Svaroopaa Yoga</b>	<b>615</b>
<b>Asana Pranayama Mudra Bandha Yoga</b>	<b>610</b>
<b>Body Cleanse – full body cleanse</b>	<b>610</b>
<b>Flower Healing Essence (practitioner + modality)</b>	<b>605</b>
<b>Consciousness Levels Calibrations – Kinesiology</b>	<b>605</b>
<b>Sekhem</b>	<b>600</b>
<b>Pranic Healing</b>	<b>600</b>
<b>Peak States of Consciousness</b>	<b>600</b>
<b>Orion Healing</b>	<b>600</b>
<b>Light Body Work (practitioner + modality)</b>	<b>600</b>
<b>Journey Process</b>	<b>600</b>
<b>Clinical Kinesiology</b>	<b>600</b>
<b>Homeopathy Soham Foundation (practitioner + modality)</b>	<b>550</b>
<b>TWELVE-STEP RECOVERY PROGRAMS</b>	
<b>Alcoholics Anonymous</b>	<b>540</b>
<b>Kundalini Yoga</b>	<b>510</b>
<b>SCIENCE CLINICAL</b>	
<b>Energy Enhancement System</b>	<b>500</b>
<b>Nutri-Energetic System</b>	<b>500</b>
<b>Psychoanalysis (Freud)</b>	<b>460</b>
<b>Psychoanalysis (Jung)</b>	<b>460</b>
<b>Energy Medicine</b>	<b>460</b>
<b>Pharmacology</b>	<b>450</b>
<b>America’s Best Hospitals</b>	<b>450</b>
<b>Surgery</b>	<b>440</b>
<b>Internal Medicine</b>	<b>440</b>
<b>Medicine, General</b>	<b>440</b>
<b>Medicine, Holistic</b>	<b>440</b>
<b>Practices Network Chiropractor</b>	<b>440</b>
<b>Psychiatry</b>	<b>440</b>
<b>Kriya Yoga</b>	<b>410</b>
<b>Acupuncture</b>	<b>405</b>

<b>Oriental Medicine</b>	<b>395</b>
<b>Hatha Yoga</b>	<b>390</b>
<b>DBT Psychology</b>	<b>385</b>
<b>Clinical Psychology</b>	<b>380</b>
<b>Psychiatric Hospitals</b>	<b>355</b>
<b>Reiki as a concept modality</b>	<b>340</b>
<b>Homeopathy General</b>	<b>200</b>
<b>Nursing Homes</b>	<b>200</b>
<b>Hospitals</b>	<b>180</b>
<b>DRUGS &amp; ALCOHOL</b>	
<b>Alcohol Addiction</b>	<b>90</b>
<b>Cigarettes</b>	<b>85</b>
<b>Marijuana</b>	<b>80</b>
<b>Cocaine, Heroin, Methamphetamines</b>	<b>6</b>

The peak of the Earth planes, the 1<sup>st</sup> sphere, is the equivalent to 499 on the Map of Consciousness.

**Note:**

The Map of Consciousness (MoC) table is based on the common log of 10. It is not a numeric table.

A calibration increase of 1 point is in fact a 10 fold increase in energy.

A calibration increase of 10 points is in fact a 10,000,000,000 fold increase in energy.

Thus the energy differentials are in fact enormous!

**Blessing your food** achieves an increase of 15 points which is in fact a quadrillion ( $10^{15}$ ) jump in energy.

**“Every day is a day of devotion.”**

**Please Mother and Father, may I receive Your LOVE.**

**God's Divine Love: Pray for it, ask for it, and receive it.**

**Our salvation IS the embracing of the Feeling Healing process with Divine Love.**

*“Never can one man do more for another man than by making it known of the availability of the Feeling Healing process and Divine Love.” JD*

**By living true to ourselves, true to our feelings, we are living true to God. It's that simple.**

<http://www.pascashealth.com/index.php/library.html>

**Library Downloads – Pascas Papers**

All papers may be freely shared. The fortnightly mailouts are free to all, to be added into the mailout list, kindly provide your email address. [info@pascashealth.com](mailto:info@pascashealth.com)

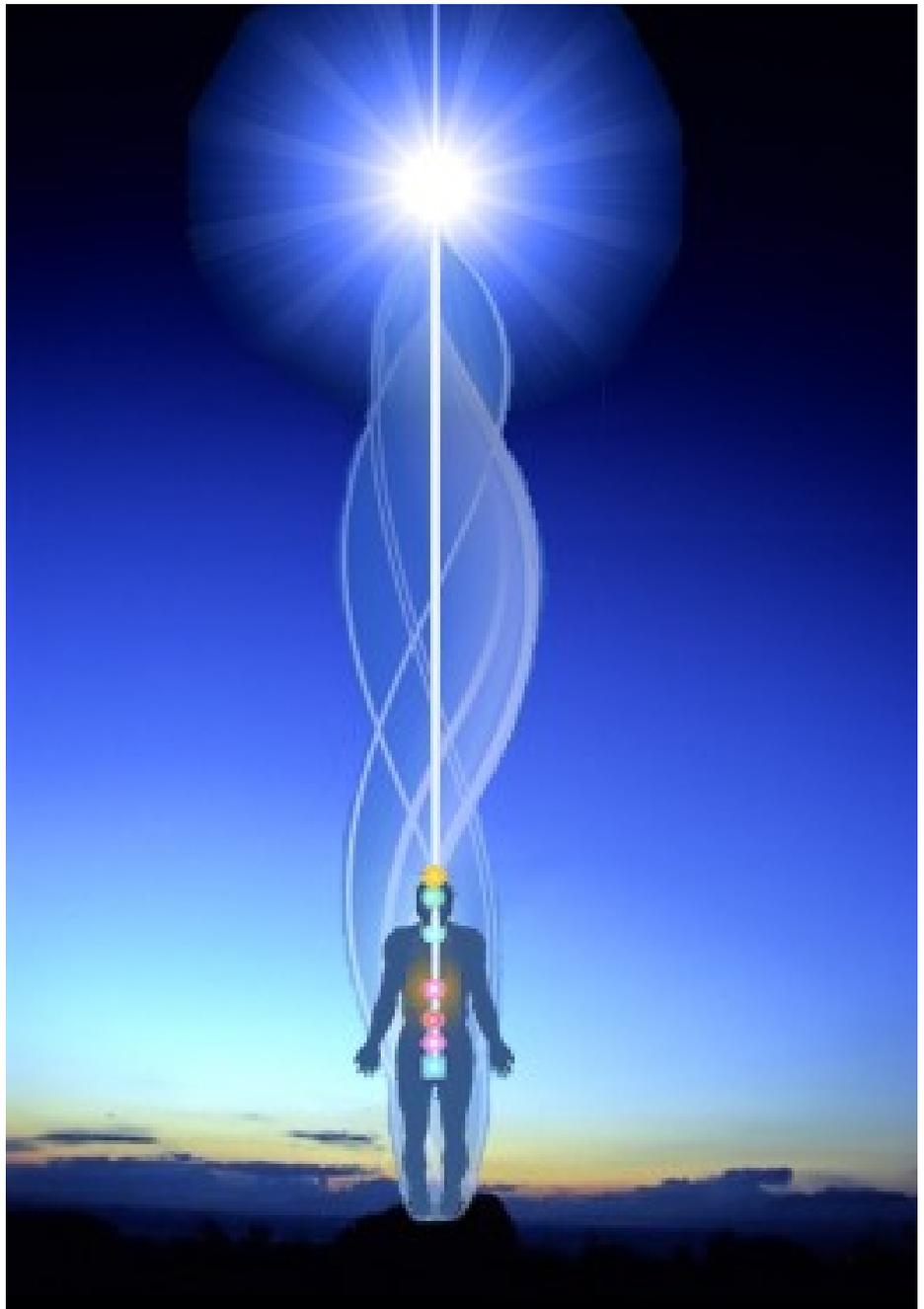
**On the WINGS of a BUTTERFLY:** No 12, Traveller, an immortal journey, via Zara and Nicholas

Once upon a time there was a butterfly sitting with closed wings in a person's heart. This butterfly had been sitting with wings closed for a long time. The person couldn't figure out why they always felt a little sad. One day, this person asked another person why they feel sad. The response happened quickly and the person didn't like the response. It was said that perhaps your soul is sad. Several days passed and soon that person found themselves sitting by the sea. The sea has great longing to it. As the sun shone on a late spring day, the person thought about their soul and that perhaps, the person's remark was true, and that this person was a messenger of some sort. Suddenly a breeze swept through the beach and the person heard a distinct voice speak directly to him! The voice said, "Let your soul breathe in Divine Love." That was all the voice said.

The person didn't know what the Divine Love was or where it was, but now the sadness had greater longing so the person decided to breathe in the Divine Love and just like that – the closed wings of the butterfly opened and the person's sadness started to dissolve. Happiness will be mine the person thought upon feeling the Love and this will take time for me to learn how to live such happiness.

Never again, in the heart of that person, did the butterfly close its wings.

Traveller



<b>Primary recommended reading:</b>	<b>consider commencing with: Paul – City of Light</b>	
<b>The Book of Truths</b>	<b>1914 – 1923</b>	<b>xxx – Joseph Babinsky</b>
<b>containing the Padgett Messages or</b>		
<b>Little Book of Truths</b>		<b>– Joseph Babinsky</b>
<b>True Gospel Revealed anew by Jesus Vol I, II, III, IV</b>	<b>xxx</b>	<b>– Geoff Cutler</b>
<b>The Rejected Ones</b>	<b>2002 – 2003</b>	<b>xxx – James Moncrief</b>
<b>Messages from Mary &amp; Jesus</b>	<b>2003</b>	<b>xxx – James Moncrief</b>
<b>Paul – City of Light</b>	<b>2005</b>	<b>xxx – James Moncrief</b>
<b>Mary Magdalene and Jesus'</b>		
<b>comments on the Padgett Messages</b>	<b>2007 – 2010</b>	<b>xxx – James Moncrief</b>
<b>Speaking with Mary Magdalene &amp; Jesus</b>	<b>2013 – 2014</b>	<b>xxx – James Moncrief</b>
<b>Sage and the Healing Angels of Light</b>	<b>2017</b>	<b>xxx – James Moncrief</b>
<b>Road map of Universe and history of Universe:</b>		
<b>The Urantia Book</b>	<b>1925 – 1935</b>	<b>xxx as primary reading</b>
<b>Divine Love supporting reading:</b>		
<b>Revelations</b>	<b>1954 – 1963</b>	<b>– Dr Daniel Samuels</b>
<b>Judas of Kerioth</b>	<b>2001 – 2003</b>	<b>– Geoff Cutler</b>
<b>The Golden Leaf</b>	<b>2008</b>	<b>– Zara &amp; Nicholas</b>
<b>The Richard Messages</b>	<b>2012 – 2013</b>	<b>– James Reid</b>
<b>The Divine Universe</b>	<b>2012 – 2013</b>	<b>– Zara &amp; Nicholas</b>
<b>Family Reunion Afterlife Contact</b>	<b>2014 – 2015</b>	<b>– Joseph Babinsky</b>
<b>Traveller, An Immortal Journey</b>	<b>2014 – 2015</b>	<b>– Zara &amp; Nicholas</b>
<b>Destiny, Eternal Messages of Divine Love</b>	<b>2015 – 2016</b>	<b>– Zara &amp; Nicholas</b>
<b>Feeling Healing</b>	<b>2017</b>	<b>– James Moncrief</b>
<b>Religion of Feelings</b>	<b>2017</b>	<b>– James Moncrief</b>
<b>The Way of Divine Love</b>		<b>– Joseph Babinsky</b>
<b>Divine Love – The Greatest Truth in the World</b>		<b>– Joseph Babinsky</b>
<b>The Human Soul</b>		<b>– Joseph Babinsky</b>
<b>Divine Love Flowing</b>		<b>– Joseph Babinsky</b>
<b>The Truth</b>		<b>– Werner Voets</b>
<b>Through the Mists, The Life Elysian, The Gate of Heaven</b>		<b>– Robert James Lees</b>
<b>Life in the World Unseen</b>		<b>– Anthony Borgia</b>
<b>Gone West</b>		<b>– J M S Ward</b>
<b>Post Mortem Journal</b>		<b>– Jane Sherwood</b>
<b>After Death / Letters from Julia</b>		<b>– William T Stead</b>
<b>Thirty Years Among the Dead</b>		<b>– Carl A Wickland</b>
<b>A Wanderer in the Spirit Land</b>		<b>– Franchezzo</b>
<b>Life Beyond the Veil Vol I thru to V – Rev George Vale Owen</b>		<b>– Geoff Cutler</b>
<b>The Holy Bible from the Ancient Eastern Text</b>		<b>– Dr George M Lamsa</b>
<b>Available generally from:</b>		
<a href="http://www.lulu.com">www.lulu.com</a>	<a href="http://www.amazon.com">www.amazon.com</a>	<a href="http://www.bookdepository.com">www.bookdepository.com</a>
<b>For Divine Love focused websites and forums:</b>		
<b>Pascas Health:</b>	<a href="http://www.pascashealth.com/index.php/library.html">http://www.pascashealth.com/index.php/library.html</a>	
<b>Spiritual Development:</b>	<a href="http://new-birth.net/spiritual-subjects/">http://new-birth.net/spiritual-subjects/</a>	
<b>Padgett Books:</b>	<a href="http://new-birth.net/padgetts-messages/">http://new-birth.net/padgetts-messages/</a>	
<a href="http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm">http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.htm</a>		

**James Moncreif's books, the Padgett Messages and The Urantia Book at:**

**DIVINE LOVE SPIRITUALITY – DLS:**

<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

All Padgett Messages (for condensed versions – see below) 1914 – 1923 Pages 945  
The Urantia Book (see suggested papers to read below)

**James Moncreif Books:**

	MoC		
The Rejected Ones – the Feminine Aspect of God	1,490	Nov 2002 – Jan 2003	228
Messages from Mary and Jesus book 1	1,485	Feb – Apr 2003	189
Messages from Mary and Jesus book 2	1,485	Apr – Oct 2003	170
Mary Magdalene and Jesus' comments on the Padgett Messages – book 1		Aug 2007	164
Messages from 31 May 1914 – 12 January 1915	1,495		
Mary Magdalene and Jesus' comments on the Padgett Messages – book 2		Sep 2010	177
Messages from 13 January 1915 – 29 August 1915	1,494		
Speaking with Mary Magdalene and Jesus blog – book 1	1,490	Jan – Apr 2013	206
Speaking with Mary Magdalene and Jesus blog – book 2	1,489	Apr – May 2013	229
Speaking with Mary Magdalene and Jesus blog – book 3	1,490	Oct – Jan 2014	187
Speaking with Mary Magdalene and Jesus blog – book 4	1,491	Jan – May 2014	191
Mary Magdalene comments on Revelation from the Bible KJV	1,485	Dec 2013 – Jan 2014	84
		This group being pages of	1,825

Paul – City of Light	1,488.5	2005	149
Ann and Terry		2013	235
Feeling bad? Bad Feelings are GOOD!	feeling-healing book 1	2006	179
Feeling bad will make you feel BETTER – Eventually!	feeling-healing book 2	2006	159
Breaking the Golden Rule.	feeling-healing book 3	2006	168
Feeling-Healing exercises, and other healing points to consider.		2009	175
Cathy and Mark – a novel introducing Feeling-Healing.		2010	151
Introduction course to Divine Love Spirituality		2006	139
Speaking with the Dead, Death and Dying		2009	173
Spirits and their Childhood Repression Healing		2010	179
With Verna – a nature spirit		2008	279
Communication with spirits – meet a spirit friend		2010	37
Introduction to Divine Love Spirituality website			362
Sage – and the Healing Angels of Light		2017	260
Divine Love Spirituality	1,500	2017	201
Feeling Healing – you can heal yourself through your feelings		2017	153
Religion of Feelings	1,500	2017	47
		This group being pages of	3,046

**Religion of Feelings**

<http://religionoffeelings.weebly.com/>

**Introduction to Divine Love Spirituality**

<http://dls spirituality.weebly.com/>

**Main website of DLS**

<http://divinelovesp.weebly.com/>

**Childhood Repression website**

<http://childhoodrepression.weebly.com/>

**DLS and CR forum**

<http://dls cr.freeforums.net/>

<http://withmarymagdaleneandjesus.weebly.com/blog---and-free-books-speaking-with-mary-and-jesus>

**FEELING HEALING and SOUL HEALING with the DIVINE LOVE:****James Moncrief Publications:****all publications are free downloads:**<http://divinelovesp.weebly.com/my-free-books-and-free-padgett-messages.html>

It is suggested for one to consider reading as follows:

**Speaking with Mary Magdalene and Jesus – books 1 – 4**

These four books encapsulate the second of the revelations with the first having been introduced by James Padgett one hundred years previously. These four books provide a wide range of guidance that has never previously been made available.

**Paul – City of Light**

As a gentle intro into the Divine Love and Healing; being James Moncrief's first novel and it's been criticised as being too heavily clichéd, but that's the point because it's a reflection of how he was back then.

**Ann and Terry**

For an example of people who might want to immediately start working on themselves and doing their Healing.

**Feeling Bad? Bad feelings are GOOD**

For more understanding about our denial of our feelings and why we should not deny our feelings, and it includes how it all came about for James, using himself as an example.

**Feeling bad will make you feel BETTER – Eventually!**

This includes specific examples of Marion and James working on expressing particular bad feelings, again with the hope that it will help others gain something of an idea as to what's involved in doing your Feeling Healing.

**Sage – and the Healing Angels of Light**

Through Sage who's 13 years old, the story is primarily about the two aspects of healing; that being, with the help of our angels, and the full Healing we can do by looking to our feelings for their truth.

**Religion of Feelings  
Feeling Healing****Welcome to LOVE – the Religion of Feelings  
you can heal yourself through your feelings**

So these books, including the four Speaking with Mary Magdalene and Jesus books, provide the essence of it all and are examples of James' work. Then it's up to whatever takes one's fancy. Other reading to consider may include:

**The Padgett Messages being published as:****The True Gospel Revealed Anew by Jesus volumes 1 – 4****Book of Truths by Joseph Babinsky****The Urantia Book****Release one's pain through expressing one's feelings.****in conjunction with****Longing for the Truth when also longing for Divine Love.**

**FEELING HEALING with DIVINE LOVE is SOUL HEALING:**

*A collection of 'papers' that draw together specific topics including all of the above and more from other sources of information and revelation designed to help increase one's awareness about why we have the problems we do and how to heal them, all whilst living a more healthy and sustainable life. They provide a brief snapshot of the more complicated topics and issues.*

**Firstly, consider discovering the truth of your emotional pain through Feeling Healing.  
Secondly, consider longing for our Heavenly Parents' Love as you progress with your healing.  
Primary and most important readings are the writings of James Moncrief.  
Then consider the Padgett Messages, and then The Urantia Book.**

Pascas Papers, being free, are located within the Library Downloads [www.pascashealth.com](http://www.pascashealth.com)  
<http://www.pascashealth.com/index.php/library.html>

**PASCAS – document schedule.pdf      downloadable index to all Pascas Papers.**

FH denotes Feeling Healing; SH denotes Soul Healing, which is: Feeling Healing with the Divine Love; DL denotes Divine Love – living with the Love.

**PASCAS INTRODUCTION NOTES:** *All papers below can be found at Library Downloads link..*

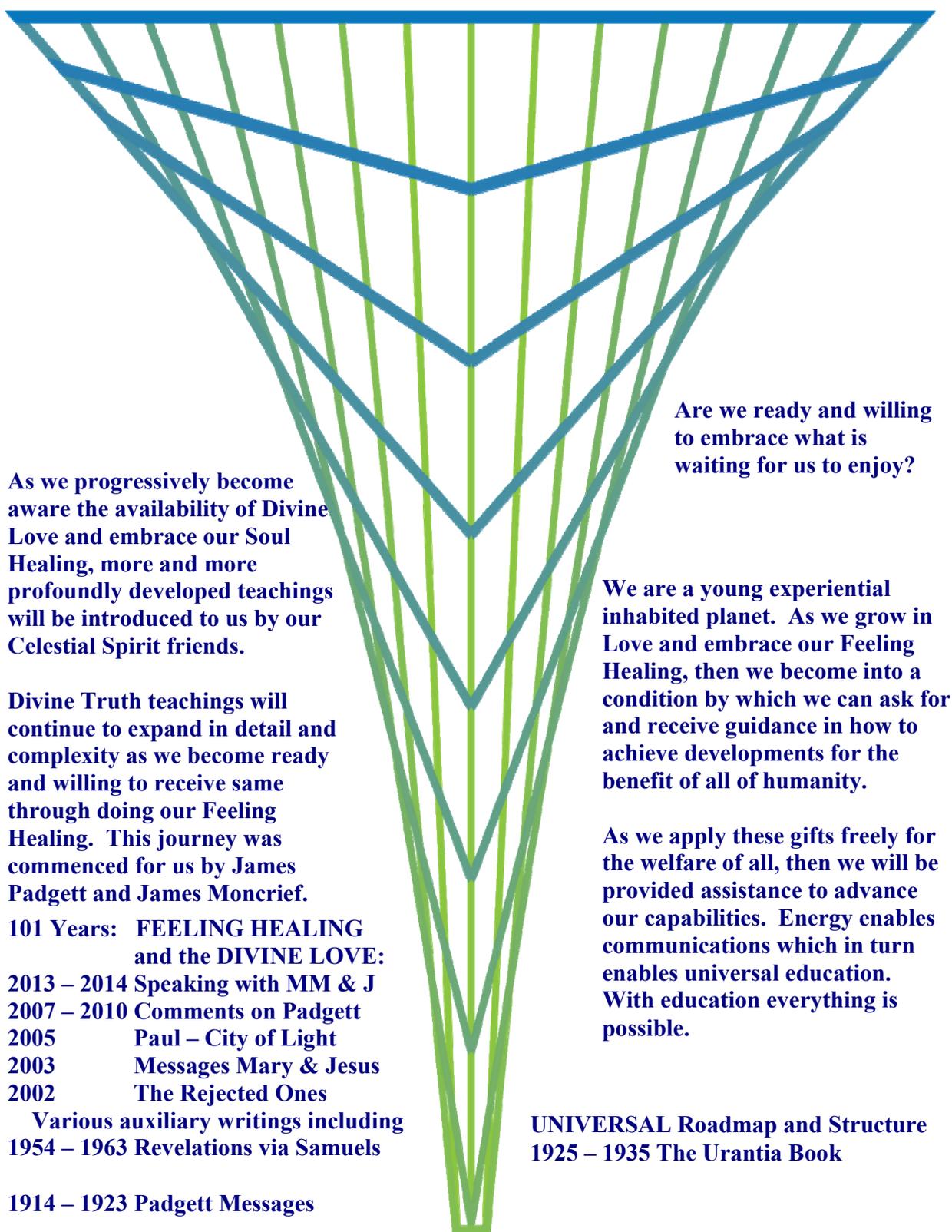
Pascas Care Letters A Huge Upturn  
Pascas Care Letters Big Revelation  
Pascas Care Letters Feeling Healing Benefits Children  
Pascas Care Letters Feeling Healing Way  
Pascas Care Letters Little Children  
Pascas Care Letters Women's Liberation and Mother

**MEDICAL – EMOTIONS:**

Pascas Care – Feeling Healing  
Pascas Care – Feeling Healing All is Within  
Pascas Care – Feeling Healing and Health  
Pascas Care – Feeling Healing and History  
Pascas Care – Feeling Healing and Parenting  
Pascas Care – Feeling Healing and Rebellion  
Pascas Care – Feeling Healing and Starting  
Pascas Care – Feeling Healing and Will  
Pascas Care – Feeling Healing Angel Assistance  
Pascas Care – Feeling Healing Being Unloved  
Pascas Care – Feeling Healing Child Control  
Pascas Care – Feeling Healing Childhood Repression  
Pascas Care – Feeling Healing End Times  
Pascas Care – Feeling Healing is Rebelling  
Pascas Care – Feeling Healing Live True  
Pascas Care – Feeling Healing Mary Speaks  
Pascas Care – Feeling Healing My Soul  
Pascas Care – Feeling Healing Perfect State  
Pascas Care – Feeling Healing Revelations X 2  
Pascas Care – Feeling Healing the Future  
Pascas Care – Feeling Healing Trust Yourself  
Pascas Care – Feeling Healing Versus Cult

**PASCAS  
PAPERS**

**DIVINE LOVE and DIVINE TRUTH Revelations and Teachings escalating:**



## PASCAS INTRODUCTION:

Documents assembled by Pascas are provided for your individual assessment and exploration. The contents are sourced from a variety of avenues and publications. Every endeavour is made to determine that the contents are of the highest level of truth and veracity. At all times we ask that you go within yourself, to ascertain for yourself, how the contents resonate with you.

Pascas provides these notes and observations to assist us all in the development and growth of our own pathways and consciousness. Pascas does not hold these contents as dogma. Pascas is about looking within oneself. Much of what we are observing is new to us readers and thus, we consider that you will take on board that which resonates with you, investigate further those items of interest, and discard that which does not feel appropriate to you.

Kinesiological muscle testing, as developed by Dr David R Hawkins and quantified by his Map of Consciousness (MOC) table, has been used to ascertain the possible level of truth of documents. Such tested calibration levels appear within the document. We ask that you consider testing same for yourself. The technique and process is outlined within Pascas documents, such as Pascas Health – Energy Level of Food. From each person’s perspective, results may vary somewhat. The calibration is offered as a guide only and just another tool to assist in considering the possibilities. As a contrast, consider using this technique to test the level of truth of your local daily newspaper.

Contents are not to be interpreted as an independent guide to self-healing. The information sourced herein is not from a doctor or doctors, and any information provided in this document should not be in lieu of consultation with your physician, doctor, or other health care professional. Pascas, nor anyone associated with this document, does not assume any responsibility whatsoever for the results of any application or use of any process, technique, compound or potion as described within this document.

The sources of contents are noted throughout the document. In doing so, we acknowledge the importance of these sources and encourage our readers to consider further these sources. Should we have infringed upon a copyright pertaining to content, graphics and or pictures, we apologise. In such cases, we will endeavour to make the appropriate notations within the documents that we have assembled as a service via our not for profit arm, to our interested community.

We offer all contents in love and with the fullness of grace, which is intended to flow to readers who join us upon this fascinating journey throughout this incredible changing era we are all experiencing.

Living Feelings First, *John.*



***“Never can one man do more for another man than by making it known of the availability of the Feeling Healing process and Divine Love.”***      **JD**